

September 2008

September 2008

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NEWS MAGAZINE



*As Autumn Approaches...*



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**Michael Joseph Foundation  
to Benefit "Families in Crisis"**

**Barrington's 5th Annual  
Family Freedom Festival**

**Barrington Concours  
d'Elegance Oct. 3 to 5th**



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## Editor's Ink

September 2008

Dear Reader,

As Autumn Approaches... our focus in the issue of *Barrington Lifestyles*. September seems to mark a new beginning to so many things. School is underway, clubs and organizations resume, people begin fixing up their homes for winter and the fast-approaching holidays, and fashion stores display the current styles. And let's not forget, the autumn season is beautiful, offering bright colors and crisp nights.

And as we enjoy this lovely time of year, let us not forget those who give us peace of mind. On Sept. 6 at the Barrington Metra Station, the 5th Annual Family Freedom Festival will be held. I urge you to join in and celebrate our freedoms and thank our soldiers and their families for all they have given.

On Oct. 11, the 15th annual Michael Joseph Dinner and Auction will be held to benefit "Families in Crisis." Do show your support and attend.

Lastly, a big congratulations to the Peter Daniel store, located in the Ice House Mall. They are celebrating 35 years in business!

Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal, Editor  
*Lifestyles Magazines*



## About Our Cover

**Autumn is Approaching.** Soft camel leather ¾-sleeved cropped jacket tops a soft camel merino wool bateau-neck sweater. A thunder cloud sharkskin A-line pleated skirt completes the look. A perfect ensemble for the upcoming cool days. Liz Claiborne Fall 2008.





## Michael Joseph Foundation Benefit Dinner and Auction for "Families in Crisis"



Pictured (from left) are benefit committee members (back row) Ida Cardelli, Jane Taylor-Fletcher, Lynn Acerra, Barbara Parquette, Shirley Michelotti, Tresa Cherry, Anne Berglund, (front row) Carol Bielenda, Joyce Kofkin, Nancy Herr, Mary Pavlik and Sandy Brigante. Absent are Rebecca Harris, Wally Legat, Laura Sanfilippo, Susan Spak and Linda Rizzo.

The 15th annual Michael Joseph Dinner and Auction "Somewhere In Time" will be held on Oct. 11 at the beautiful 58-acre Sanfilippo Estate in Barrington Hills.

The gala evening will begin with docent-led tours of the Sanfilippo's grand Victorian Palace, which includes the world's largest collection of restored music machines amongst many other artifacts. Following the tours, guests will retreat to the magnificent Eden Palais, which houses the most spectacular hand-painted European salon carousel in existence. Hors d'oeuvres and beverages will be served while the festive silent auction tables are reviewed.

Dinner and an impressive live auction will follow. Auction items include a Chicago Cubs game sky box for 14, a stay at a condo on Marco Island, a Labrador puppy, a cocktail party for 50 people at the Sanfilippo home, a pig roast, a hand-

carved rocking horse, golf outings at Medinah and Barrington Hills country clubs plus much more. We are deeply grateful to the many friends of the Michael Joseph Foundation who have so generously contributed to this spectacular event. Additional items are always welcome.

The Barrington-based, all-volunteer Michael Joseph Foundation works with well-known charitable groups, such as Catholic Charities, CEDA, Home of the Sparrow and Wings as well as other groups that assess and provide counseling and job skill training for "families in crisis." The foundation has provided transitional housing, primarily in the Northwest Suburbs, for over 450 of these families who have eventually achieved self-sufficiency. This year, the need is greater than ever.

For more information, call Ida Cardelli at 1-847-639-2334 or visit their Web site at [www.michaeljosephfoundation@8M.com](http://www.michaeljosephfoundation@8M.com).

## Barrington Lyric's "Soprano Boys" Return They Won't SING! They'll SWING!



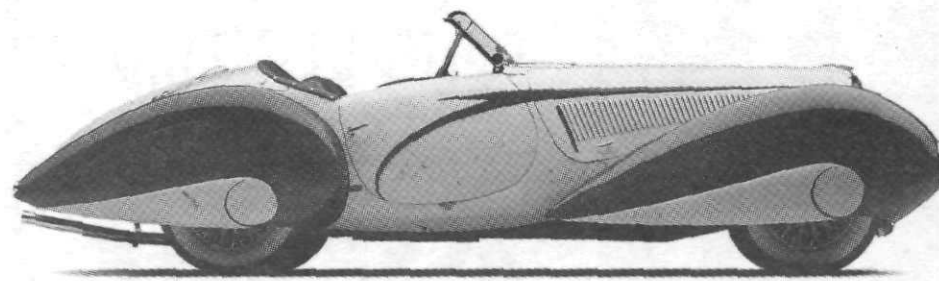
The Golfing "Soprano Boys" are (from left) Jim McMonigal of Crystal Lake; Fritz Fredrickson, Chairman Romeo Mura and Joe Joallier of Lake Barrington; and David Nellesmann of St. Charles. Not pictured is Nick Katris of Northbrook.

The Golfing "Soprano Boys" of the Barrington Chapter of Lyric Opera of Chicago (BCLOC) will host their first BCLOC Golf

Outing on Monday, Oct. 6 on Lake Barrington Shores' beautiful golf course.

All golfers (including single golfers) are

## Barrington Concours d'Elegance to be Held Oct. 3 to 5th



1937 Delahaye 135M

The second annual Barrington Concours d'Elegance, *Legends & Legacies*, will be held Oct. 3 to 5th in Barrington and at Arlington Park. The event is hosted by two Barrington-area charities: Barrington Area Conservation Trust and Hospice of Northeastern Illinois, with one hundred percent of the proceeds benefiting these two organizations.

The Concours will be limited to 100 automobiles in 12 classes. As new features in 2008, *Legends & Legacies* will also be including concours couture and motorcycle classes.

The weekend will begin on Friday, Oct. 3, with a special "Celebration of Speed" at the Autobahn Country Club raceway in Joliet, Ill. A Friday night welcome dinner in Barrington and Saturday's Road Rally and "Village Day" will highlight the cars throughout the Barrington area. Saturday evening's gala will be held at the magnificent Sanfilippo Estate in Barrington Hills and will feature a first look at some of the fabulous Concours automobiles. As the grand finale, the Sunday Concours will be held at the magnificent Arlington Park just outside Barrington. Arlington has made a special exception to allow us to present our showfield of cars on the most beautiful infield in the world, with the stunning winner's circle available for our awards ceremony.

The inaugural *Legends & Legacies*, which was held in September 2007, was a phenomenal success and featured 94 stunning automobiles with nearly 3,000 people in attendance. Best of Show went to the 1933 Packard Model 1005 Coupe owned by Terry Love of Ottawa, Ill.

Located just 40 miles northwest of Chicago and 30 minutes from O'Hare International Airport, the Barrington area is renowned for its expansive horse farms, wide-open prairie vistas, rolling hills, and magnificent country estates. *Legends and Legacies* is a result of the collaborative vision of the event's hosts and beneficiaries, Barrington Hills Conservation Trust and

Hospice of Northeastern Illinois, who believe in the strength of partnership and who work diligently to preserve and promote some of the most important legacies of the Barrington area: compassion, conservation and community involvement.

"The success of the inaugural Barrington Concours proved that not only could our organizations host a fabulous celebration of classic automobiles, but that we could also provide an example of how a community can embrace an idea and work together for the benefit of area charities," said Mary Bradford-White, event co-chair and president of the Barrington Area Conservation Trust.

Barrington Area Conservation Trust was founded in 2001 to help preserve the open land, the rural character, and the scenic, historic, recreational, and ecologically significant resources of the Barrington area. With tools including conservation easements and land-acquisition programs, BACTrust works with private landowners to protect critical lands in emerging growth areas within the region. Barrington Area Conservation Trust holds the largest private conservation easement in the state of Illinois on the 420-acre Horizon Farms property at Sutton and Algonquin roads in Barrington Hills.

Hospice of Northeastern Illinois provides clinical care for adults and children at the end of life, bereavement for individuals and families, integrative therapies such as massage, hypnotherapy, art, music and pet therapies, and community and professional education. Hospice of Northeastern Illinois is also one of a few hospices in Illinois to provide pediatric palliative and hospice services. The organization is rooted in the community, with approximately 5,200 donors contributing \$3.3 million annually and more than 400 volunteers donating nearly 15,000 hours of time.

For more information, call 1-847-381-4291 or go to [www.barringtonconcours.org](http://www.barringtonconcours.org).

welcome! The schedule: 10 a.m., registration, driving range and putting green opens; 11 a.m., lunch; noon, shotgun start. Glorious opera music will send golfers humming to their tees.

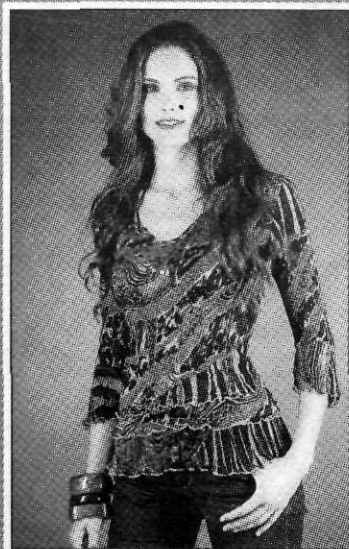
Cocktails and appetizers at the clubhouse at 5 p.m. will be followed by a 6 p.m. dinner and entertainment on the patio overlooking the lake. The Golf Outing with lunch and dinner is \$110. Dinner only is \$30. Cash bar. Send checks payable to BCLOC by Friday, Oct. 3 to: Margit Vogel, 260A Timber Ridge Rd., Lake Barrington, IL 60010. For more information, call 1-847-304-0422.

The Golf Outing is chaired by Romeo Mura of Lake Barrington. Other Barrington Lyric Golfing "Soprano Boys" are Fritz Fredrickson and Joe Joallier of Lake Barrington, Nick Katris of Northbrook, Jim McMonigal of Crystal Lake, and David Nellesmann of St. Charles.

In 2002, the "Soprano Boys" presented "Gypsies, Lovers & Thieves" at Arlington Park, an evening of creative music and dance, which benefited Lyric Opera of Chicago's Education Programs.

For information on the BCLOC, please phone George Obermaier 1-847-985-0837.





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## Federal Court Holds Negative Reference Violated Settlement Agreement

by Joette S. Doran, J.D.

A particular concern of any departing employee is what the former employer is going to say in response to a reference check by a potential employer. Because of this concern, severance and other settlement agreements typically state what the former employer will disclose in response to a reference check. Due to concerns of liability for making a statement that could prevent a former employee from obtaining future employment, many employers have a policy which provides that only basic information will be disclosed in response to a reference check. This is typically



referred to as a neutral reference policy, where the employer will confirm only that the former employee worked for

## Fall's Best Ideas—The Major Must-Haves Now!!!—at Assemblé For Her

Come celebrate fall. Get a jump on what's hot now. We're loaded with great finds to launch you into a Super September. Key pieces are:

**The Blouse:** Designers fascination with prints and paisleys is still on go with interesting cuts, demure tones and modern, sleeker silhouettes. Selections from Alberto Makali, Matty M and K. Celine are just a few waiting here to provide you with a profusion of irresistible options. Play it feminine and girly or crisp and minimal, we've got the blouse for any mood.

**The Sweater:** A super selection of all the Best Trends are now in stock. Hoodys in fleecy Moroccan blue and sweet grape. Cardigans in delicious dip dyes, clubby little argyles and tweedy caplets!

**The Tee:** Falls palette of ruby, rich plum, violet and bright peacock provide a cheerful punch in tees from Grassroots, OYB and Cut Cute, to name just a few. Henleys, tunics, turtle necks and trapeze silhouettes are guaranteed to elevate both your wardrobe and your mood.

**The Jacket:** Our toppers are a must. From chic, hip corduroys to soft drapery basketweaves, to that perfect fitted knit trench, we've got the jacket that's right for you.

**The Pant:** For comfy and chic, the color palette is understandably earthy. Our luxe cords from Christopher Blue put you into the country casual mode. Cotton canvas from Billy Blues is sleekly tailored for that perfectly cut trouser. And from Liquid comes the tweedy, high-waisted pant—a smartly sophisticated addition to your closet!

**The Dress:** Comfortable and modern—sleek for day and evening—in prints and solids—wraps and shirtwaists, our selection is designed to please you.

This September at **Assemblé** is all about interesting collections that aren't everywhere. It's about clothes that can be worn all times of day or night—fun and evocative—chic and comfortable—guaranteed to have people asking “Where did you get that!?”

See ya soon!

## Now It's YOUR Turn to be Pampered

You worked so hard getting everyone to school looking their best. Now it's time to pamper yourself! The team at **Elevation Salon** is here to do just that. Stop in and let one of the highly trained team members explain what cut, color or style would be perfect for you and your lifestyle. Whether you just want to freshen up your existing color and cut, an update, or a complete transformation, **Elevation Salon** is the place for you.

Stop in for your complimentary consultation. **Elevation Salon** is conveniently located at 28686 W. Northwest Highway in Petersen Plaza, one block west of Kelsey Road, in Lake Barrington. Call **1-847-304-5970** for an appointment.



## Camera Club to Meet Sept. 4

The Lake County Camera Club's first meeting of the season is being held Thursday, Sept. 4, 7 p.m., at The Lake County Center for Independent Living, 377 N. Seymour Ave., Mundelein. They invite you, digital, film or slide devotee, hobbyist or

professional photographer, to share, have fun, and to be part of the club! Their will be a presentation by Jon Sall, online video manager, Sun-Times News Group.

For more info, call 1-847-362-5945 or visit [www.lakecountycameraclub.org](http://www.lakecountycameraclub.org).

the company, the dates of employment and job title. Recently, the Seventh Circuit Court of Appeals found that an employer violated a settlement agreement between the former employee and employer where the settlement agreement provided that the employer agreed to provide information confirming only that the plaintiff had worked there, the dates of her employment, and her last position. In that case, the plaintiff filed suit against her former employer alleging breach of the settlement agreement since the former employer disclosed to the plaintiff's job consultant that plaintiff had sued the employer for employment discrimination several times. Based on this information, the job consultant removed the former employer from the plaintiff's resume which left a 20-year gap in her work experience. Because the plaintiff expected that the reference from her former employer as provided for in

the settlement agreement would make her a more competitive candidate in gaining future employment, the Court held the negative information disclosed by her former employer could impair her ability to find employment.

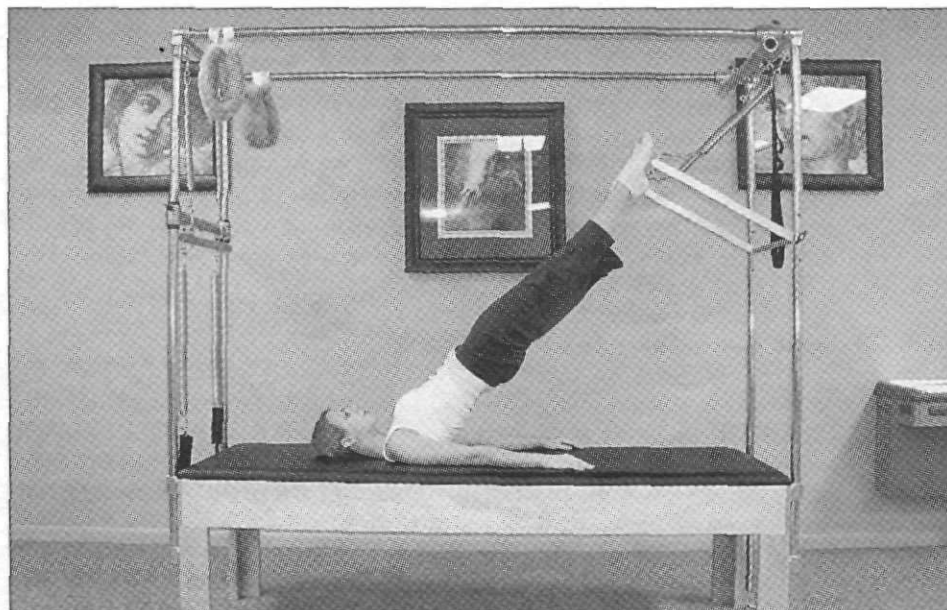
For additional employment information, please visit our Web site at—[www.joettedoran.com](http://www.joettedoran.com).

*This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.*

*Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.*



## Fall into Fitness with Pilates Classes



New season, new focus, new commitment. Fall offers a perfect opportunity to begin an exercise program. **Studio Pilates**, the refreshing mind-body exercise studio, can help you achieve the perfect harmony of body and mind using principles based on the techniques developed by legendary fitness trainer Joseph Pilates in the 1920s.

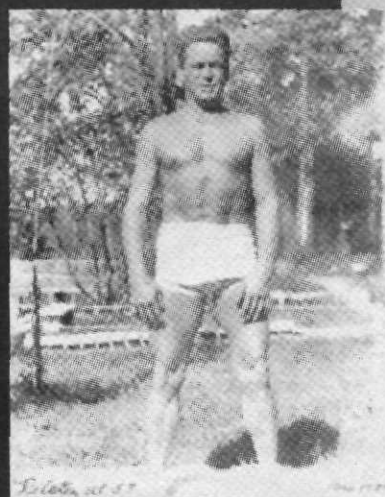
Different from any other exercise program, Pilates is a safe, sensible system that helps you look and feel your very best, no matter what your age or condition. Pilates helps you develop agility that is balanced by strength, coordination. It enhances cardiovascular health, and provides a sense of physical confidence and overall well-being.

Under the direction of the experienced staff at **Studio Pilates**, you'll learn techniques to help you focus on building strength without "bulking up;" develop optimal core control; and create flat abdominals as well as slender thighs and a strong back.

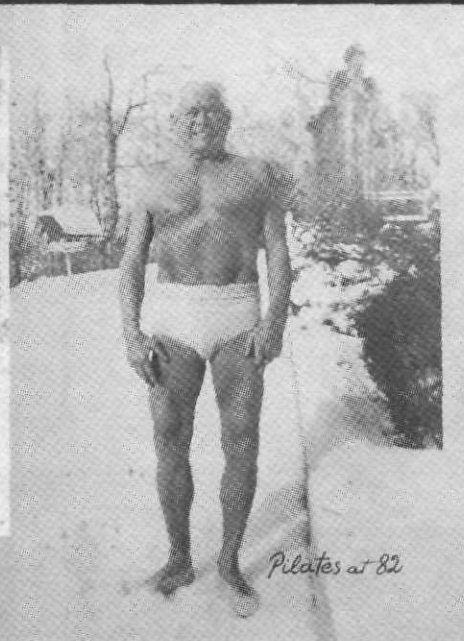
No other exercise system is so gentle to your body while giving it a challenging workout. Many of the exercises are performed in reclining or sitting positions, and most are low impact and partially weight bearing.

**Studio Pilates Centre of Balance** is located in downtown Crystal Lake at 46 Brink St. Call **1-815-455-4900** to reserve a class. Visit [www.studiopilates.net](http://www.studiopilates.net).

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Fitness expert Joseph Pilates at age 57, above, and age 82, right.



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## Gallery Caters to Collectors



*River Ford-Tiger* by Robert Bateman

Valuable art is subjective. To some, it's a rare, vintage advertisement poster. To others, it's a child's cherished first drawing. **Woodland Art Gallery** understands that each work of art they frame is important to its collector. So whether you're the lucky owner of an original circa 1906 *Maurin Quina Le Puy* by Italian poster art designer Leonetto Cappiello, or the proud parent of a budding artist whose drawings of green fairies are destined to be highly collected, the gallery's same standards for artwork preservation and framing excellence applies. Expert framing is just one of the ways that **Woodland Art Gallery** caters to collectors of all kinds.

**Woodland Art Gallery** understands how to frame any work of art, from the use of specialized museum-mounting techniques to choosing the proper glass to protect your piece from harmful light, such that it can be taken out of the frame in 20 years exactly as it went in.

In addition to custom framing, **Woodland Art Gallery** caters to collectors of

limited-edition prints by today's most sought-after artists such as the world-renowned Robert Bateman who has just unveiled his latest work entitled *River Ford-Tiger*. From an exquisite original painting by Bateman, no attention to detail has been overlooked in this painting of a tiger cooling off in the river. The colors are subtle, yet rich, varied and realistic. Each signed and numbered by the artist, availability is extremely limited. Interested collectors should call to reserve a copy today.

In addition to outstanding art and custom framing, **Woodland Art Gallery** specializes in beautiful antique furniture, lamps, and glassware as well as Middle Eastern textiles. The gallery recently added Art Deco and Edwardian-style jewelry including bracelets, necklaces and rings.

**Woodland Art Gallery and Frame Shoppe**, 44 Brink St., downtown Crystal Lake, is open Monday through Friday 9 a.m. to 5 p.m., Saturday 9 a.m. to 3 p.m. Phone **1-815-459-0460**.

## Master Framing Trusted by Vintage Art Collectors



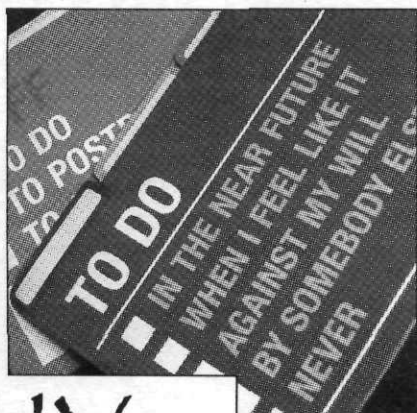
Circa 1906 Vintage Advertisement by Leonetto Cappiello.  
Framed by the Gallery's master framer Scott Teasdale in 2008



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## Yeah, We're Smart Alecks...

CLIX can't deny it (check out our photos of some of our favorite things... crazy desk toys, napkins and office organizers—are we kidding, or what?) Sure, we try to dress it up a little and disguise our smirky grins with some exquisite handmade jewelry and outstanding tabletop and entertaining items. Then we mix it up with our faaaabulous staff ready to help you find a nifty gift or whatever is needed, but we always like to go for the joke, 'cause if you're not smiling, what's the point.

There are plenty of serious things in this world, but CLIX isn't one of them. We're looking for the "smile factor" in every thing we do because it is our sincere belief that we all need to lighten up a bit. CLIX can help you do just that. Come on in and experience our great-smelling candles, expanded children's goodies, colorful ribbons and papers, and our huge assortment of unique and smart-aleck cards, paper goods, magnets and hard-to-define funny stuff.

Some of it costs a lot, and some of it doesn't, but all of it was chosen with our wild, whacky and wonderful customers in mind. If you're looking for something unique and you have a smile in your heart, please join us. CLIX is your kind of store, and you'll fit right in.

And speaking of faaaabulous:

### CLIX Wearable Art Weekend Oct. 9 to 11th only

Featuring handmade, unique and original jackets, scarves, sweaters and more custom clothing in a variety of sizes and styles.

All designed and created by American textile artists.

CLIX traditionally carries a small quantity of handmade clothing, but that's about to change for **ONE WEEKEND ONLY!** From the **Opening Party on Thursday evening, Oct. 9**, through Oct. 11, we're redoing CLIX with dressing rooms, plenty of mirrors and a **full spectrum of Wearable Art in a variety of styles and sizes.**

The work of four talented artists/designers will only be here one weekend. So, Fashion Divas, take your vitamins, call your girlfriends and prepare to join CLIX for a rare thing: a hands-on display and sale of the finest clothing from these talented and very creative fabric magicians. This is gonna be fun. Don't miss it.

Look for photos and details at [www.clixvilleusa.com](http://www.clixvilleusa.com) or call CLIX for information at **1-815-455-1092**.

### Tri Delta Dinner

The Chicago Northwest Alumni Chapter of Delta Delta Delta Sorority will meet for dinner on Tuesday, Sept. 9 in Palatine. For directions, please call 1-847-381-5228.

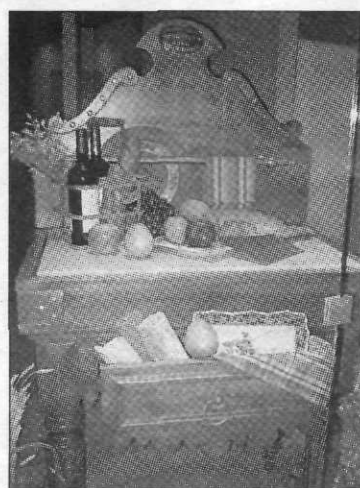
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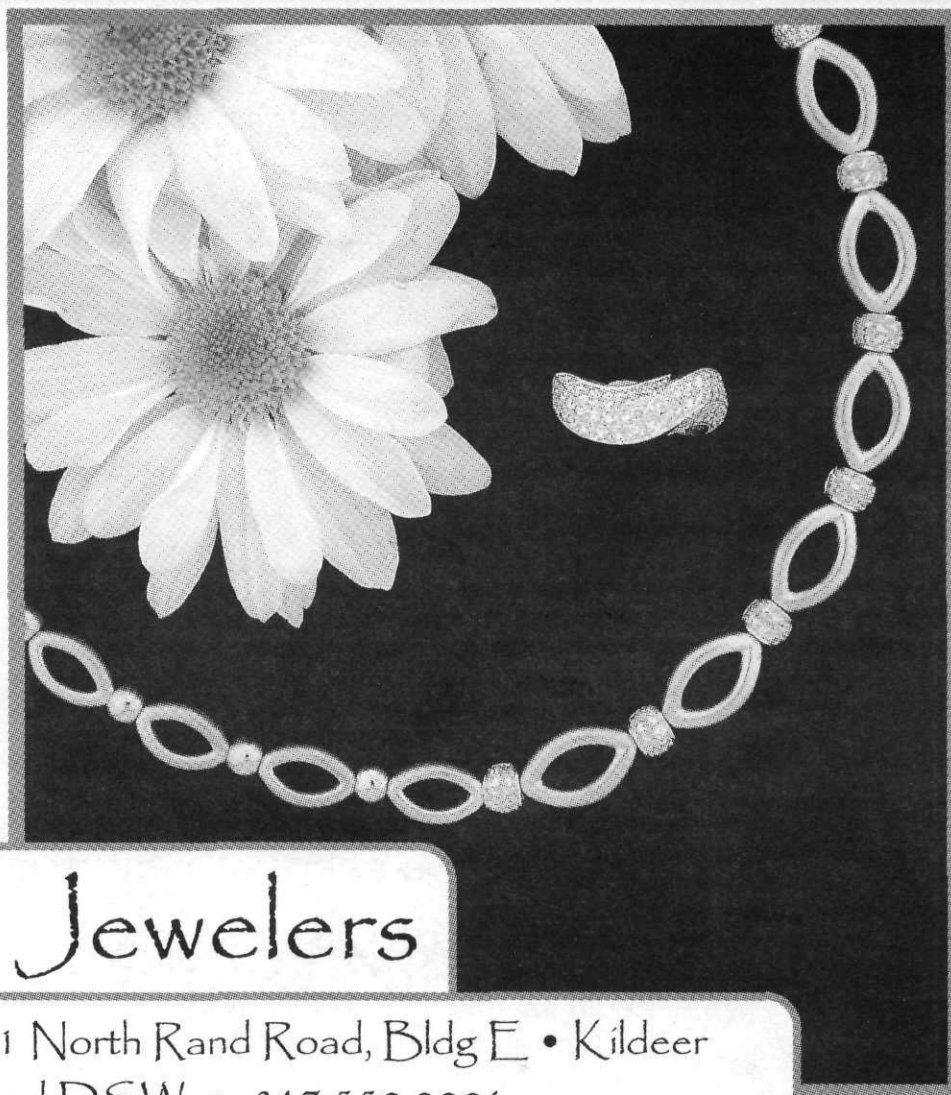
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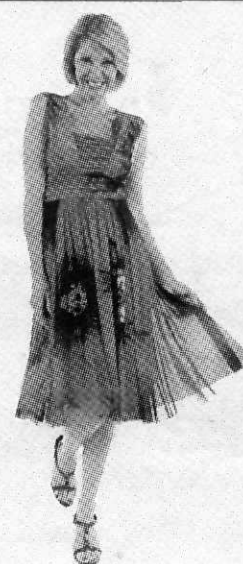
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## BWC to Experience a "Taste of Italy"

A "Taste of Italy" awaits the Barrington Woman's Club (BWC) members and guests at their Sept. 17 luncheon meeting. This will take place at Enzo & Lucia Ristorante Italiano, 343 Old McHenry Road in Long Grove at 11:30 a.m. Enzo and Lucia Cavallino along with their son, Angelo, own this family business where everything is made fresh.

Our hostess, Lucia Cavallino, will demonstrate the preparation of a delectable Italian dish followed by our luncheon service. A check for \$35 made out to Barrington

Woman's Club will hold your reservation. Bonnie Vaughan, 1301 Oak Hill Rd., Lake Barrington, IL 60010, is collecting the checks (due Sept. 10). For more information call 1-847-382-5324.

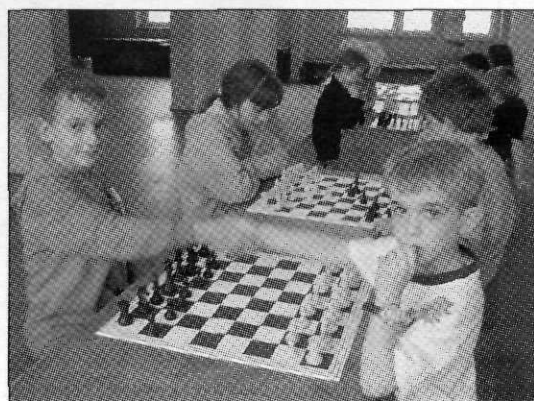
Each year the Barrington Woman's Club provides support for many local philanthropic, cultural and civic projects. Membership is open to any woman residing in the greater Barrington area. For information, contact Judy Gentile, membership chairwoman, at 1-847- 882-6450.

## Chess Without Borders Sponsors a Tournament in Berlin, Germany

Yury Shulman's Chess Without Borders volunteers traveled to Berlin, Germany where they organized a chess tournament at the Berlin Metropolitan School. This was the first chess tournament held at the school and the students, as well as the principal Cornelia Donner, were thrilled to be introduced to tournament chess.

Grandmaster Shulman and his students are happy to make these opportunities possible for children around the world. These projects are a source of pride as they help them connect with other cultures, students and schools.

The next chess tournament will be held at St. Matthew's Lutheran Church in Hawthorn Woods on Sept. 20. More information is available at [www.shulmanchess.com](http://www.shulmanchess.com).



Berlin Metropolitan School students shake hands at the beginning of a chess game.

thorn Woods on Sept. 20. More information is available at [www.shulmanchess.com](http://www.shulmanchess.com).

## Mothers of the Wedding Fashion Show Sunday, Sept. 14

A L'Amour Showcases Fabulous Fashion for Mothers of the Wedding

Limited Seating. Make your reservations early—1-847-381-5858. Food... fashion...fun... ideas... information.

This is the second most important dress you will ever wear!

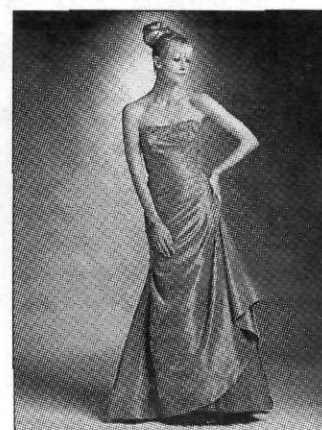
Your daughter or son is getting married—doesn't anyone care about you?

Are you the "Forgotten Woman?"

Maturity should not compromise style!

If you are unable to attend our fashion show, A L'Amour invites you to "The Loft." Amazing selections for Mother of the Bride await you... selection unsurpassed in the Chicagoland area. Our attentive staff will assist you. We have all the accessories to complement your look. View the appealing styles from classic to contemporary... simple to elegant... unique to high fashion... offering quality and value.

Achieve the look you desire... the attractive appearance suitable to the formality of the wedding.



ity of the wedding.

One recent guest summed it all up—"finally a place for me." I love the selection and the attention!

Make your reservations now for our fashion show and plan to visit us soon to try on our amazing collection of dresses.

**Trunk Show on Sept. 13, 14th and 15th**  
Daymor Couture and Damianou

For more information, please visit us at [www.alamour.com](http://www.alamour.com).

## Barrington Noon Rotary Receives Wal-Mart Grant



The Barrington Noon Rotary Club accepts a \$2,000 grant from Wal-Mart.

The Barrington Noon Rotary Club has received a \$2,000 grant from Wal-Mart which will help buy gifts this Christmas for needy children in Barrington and Cuba townships. The Christmas project is part of the club's charitable giving program and more than 65 children received gifts last year when club members with wish lists

in hand went shopping.

Last month, the Noon Rotary Club purchased \$2,000 worth of food and goods to help replenish the Barrington Township Food Pantry. In June, the Club disbursed \$15,000 to 20 local charities and \$3,000 to the Kenya Water for Life project.



# Peter Daniel Celebrates 35 Years!

## WITH SPECIAL EVENTS & ANNIVERSARY SALE

To our Customers,

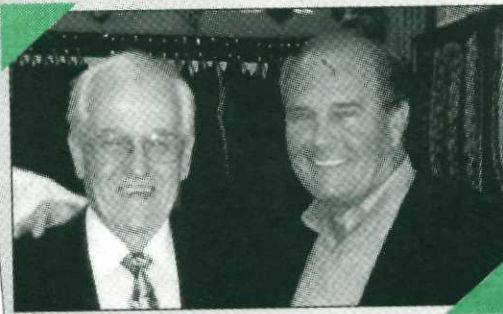
It's such an exciting time for us at **Peter Daniel** as we celebrate our **35<sup>th</sup> Anniversary** this fall! The month of September will be filled with special events and our Anniversary Sale. Please join us to celebrate this milestone anniversary.

Over the years Peter Daniel has evolved with the fashion times. We have seen plenty of styles come and go, but we have always kept to our classic roots.

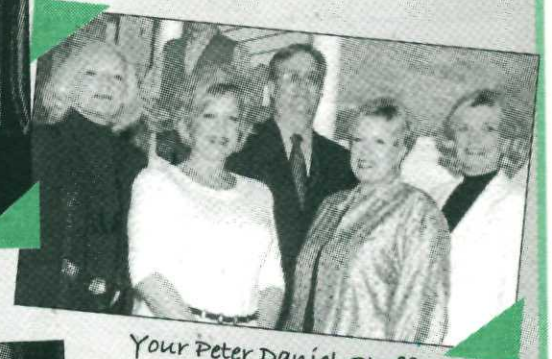
Today our **Men's Department** continues to flourish with a more casual mix of sportswear, active wear and outerwear. Our **Ladies' Department** is always evolving. We're constantly looking for new lines, new accessories, and new ways to make our customers feel and look fabulous, and we love every minute of it.

Thanks so much for shopping with us over our 35 years. It has been a privilege to have such wonderful customers. We will continue to offer beautiful and unique clothes, exceptional service, an enthusiastic and knowledgeable staff, and an enjoyable shopping experience. We look forward to seeing you soon.

*From all of us at Peter Daniel*



The Founders - Peter Hammond & Daniel Thomson



Your Peter Daniel Staff



Owners Evelyn & the late Peter Hammond



Peter Daniel's next generation



**peter daniel**  
barrington  
apparel for men and women  
Still Going Strong  
2008

847-382-6676  
Ice House Mall  
200 Applebee Street  
Barrington, IL 60010

Please Join Us Throughout September For  
Special Events, Sales, Trunk Shows And Give-Aways  
*We're Celebrating!*



### Emmelle Collection Trunk Show

Sep. 17<sup>th</sup> - Sep. 21<sup>st</sup>

Exclusive fabrics for fall include the **Peony Silk Georgette** and the **4-ply silk Crane**

prints. Please join us to view the entire Emmelle collection for fall and holiday. It's gorgeous!

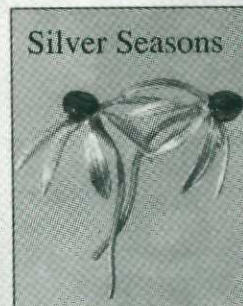


Great Men's Fashions



### Introducing

Patagonia Jackets  
for Men & Women



Outstanding Accessories



### RAFFLE TICKET!

Celebration Give-Aways  
One Gift Every Week Throughout September

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
TOWN \_\_\_\_\_ ZIP \_\_\_\_\_  
EMAIL \_\_\_\_\_  
NO PURCHASE NECESSARY.  
PLEASE DROP OFF AT PETER DANIEL FOR A CHANCE TO WIN!

*I've shopped at Peter Daniel for 35 Years!*



"The Shopping Chick"

Wonderful Women's Clothing



The **North Face** backpack as seen on **Good Morning America**.  
Rated the #1 backpack in the country.  
See the entire **North Face** line at Peter Daniel.



## Your Town, Your Store!

### Barrington Home Shoppe celebrates 1 year



Join us  
September 18 - 21  
and celebrate with us  
10% off storewide.

Offer excludes special orders, customized or other sale items.

### TAILGATE PARTY

In North America, a tailgate party is a social event held on and around the open tailgate of a vehicle. Tailgating often, but not always, involves consuming alcoholic beverages and DEFINITELY grilling food. Tailgate parties usually occur in the parking lots at stadiums and arenas before, and occasionally after or during, sporting events and rock concerts. People attending such a party are said to be "tailgating." Many people participate even if their vehicles do not have tailgates.

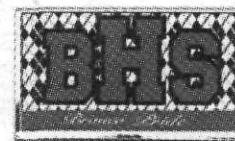
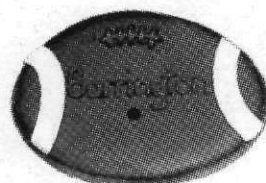
Popular tailgate party foods include picnic staples such as hamburgers, hot dogs, baked beans, and cold salads like coleslaw or potato salad. Various tailgating games include beer pong, ladder ball, corn toss, washer pitching and flip cup.



Sure to complement any tailgate party are our variety of **Stonewall Kitchen** and **Rothchild Farms** Dipping and Grilling Sauces, guaranteed to spice things up. Stop in and sample.

### BARRINGTON PRIDE

Just in time for back-to-school and the start of the Football Season. Exclusive items from the Barrington Home Shoppe which include pens, wallets, key rings, ID/card holders and custom made cookies.



### "Now Shipping"

#### COLLEGIATE CARE PACKAGES

A simple way to say congratulations, or send a taste of home to the collegiates in your life with our very own "60010" products of snacks and gourmet coffees.



Collegiate Tervis Tumblers: Whether a team fan, alumni, student, or college town resident, you'll love the collegiate tumblers! They'll go wherever you go; to the game, to work, or just out to the backyard. You'll love the fact that Tervis Tumblers are durable and insulated. Also available with Sorority and Fraternity logos. These can be customized with name or initial(s). Call for details, or stop by to view the extensive collection.

## 20% off

Good for any one in-stock item  
during the month of September.

Coupon not valid with other promotional offers,  
special orders or customized items.

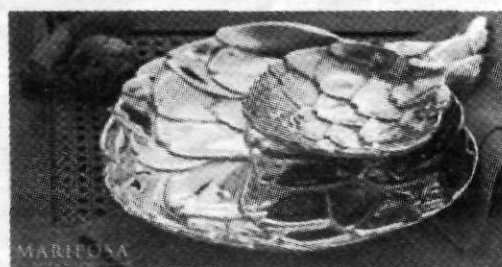
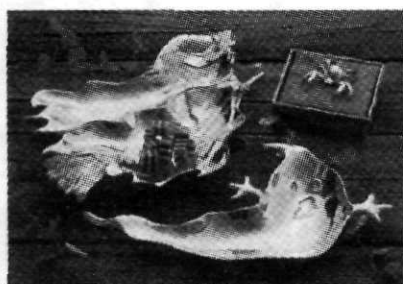
**Barrington Home Shoppe at the Ice House Mall**  
**200 Applebee Street, Barrington, IL 60010**  
**(847) 304-9627**



## Celebrating Autumn and the Holidays!

### NEW ARRIVALS EVERY DAY

Now that school is in full swing, it is time to prepare for the fall season and all the celebrations that come with what has always been our favorite time of the year; Harvest, Halloween and Holidays! Our Harvest and Halloween collections are in with an array of rich earth tones, spectacular and spooky, yet whimsical designs. In addition, come see a sneak peak of our Holiday collection including all new **Christopher Radko**, **John Toole** and many more!



**bellini brie**

Made with **Bellini Jam**—an Italian classic with the taste of white peaches and prosecco, a sparkling white Italian wine, to create a light and refreshing flavor.

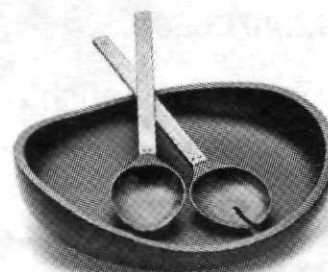
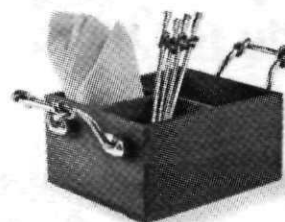
#### Ingredients

- 1 sheet frozen puff pastry
- 1 jar Stonewall Kitchen Bellini Jam
- 1 wheel of Brie (skin can be removed if preferred) - 5" wheel
- 1 egg white (optional)

#### Directions

Preheat oven to 350°F. Allow pastry to thaw, and then flour a surface and roll out pastry until increased in size by 1/3. Move dough to a lightly greased cookie sheet. Place Brie in center of dough, form into a flat circle and indent the center of the top. Pour the entire jar of Bellini Jam into the top of the Brie. (It's okay if it overflows.) Bring all sides of the dough up to the center top, forming a bag shape. Carefully gather the dough, pinching tightly above the Brie. Brush with egg whites; this will make the finished dough shine. Place in oven and bake 25-30 minutes or until dough is golden brown. Remove and cool for a few minutes. With a spatula, transfer the pastry to a large plate and circle with your favorite crackers. Serve hot.

**Gourmet Foods  
Corner**



Your one stop connection for all wedding, anniversary, special occasion gift needs, or just simply treat yourself!

SAVE THE DATE  
FRIDAY, OCTOBER 17TH  
BARRINGTON HOME SHOPPE'S  
**"GIRLS DAY OUT"**  
PRESENTING  
**FRANCES GRAVELY**  
FOUNDER OF VIETRI  
**'HOLIDAY ITALIA EVENT'**  
INCLUDING  
VIETRI TRUNK SHOW & SIGNING  
MARIPOSA TRUNK SHOW  
LADY PRIMROSE ENGRAVING EVENT  
AND MUCH MORE!  
CALL TODAY FOR DETAILS

**Barrington Home Shoppe at the Ice House Mall**  
**200 Applebee Street, Barrington, IL 60010**  
**(847) 304-9627**



## Robots Make Great Gifts!

### iRobot® Vacuums Floor Cleaners



\$149.99 and up

### Awesome Robot Toys!



\$99.99



\$39.99

**Free Gift Wrap!**

### Auto Pet Care



\$329



**Feeders  
Waterers  
\$79 and up**

Ask about our **ExpressPlay** easy-open toy service!



**Order by Phone Now**

PARADISE ROBOTICS.com (847)960-8520



Catherine Zedan-Grandi

**Have you been  
looking for me?**

Sorry I haven't called.

I am in transition,  
you can reach me at  
**312.401.6609.**

I miss you all very much.  
Love, Catherine

# BRITTO



### Britto Tours America Monumental Sculpture Exhibit

On display at Deer Park Town Center from  
August 22 - September 14, 2008

#### Locate the Sculpture Contest

August 22 - September 14, 2008

Visit Bose, Chico's, Crate & Barrel, Silk 'n Things, Stride Rite or The Children's Place to pick up a "clue sheet" with 12 clues, each particular to only one sculpture. Complete the sheet and return it to any one of the stores listed for a chance to win a \$100 center shopping spree. One winner will be drawn from entries with all correct answers and awarded a \$100 center gift card. No purchase necessary.

For more information on Britto Tours America, visit [www.brittotoursamerica.com](http://www.brittotoursamerica.com).

Sponsored by:



QuestAcademy



For more information please visit:  
[www.shopdeerparktowncenter.com](http://www.shopdeerparktowncenter.com) • 847.726.7755  
Located at Rand Rd. (Rt. 12) & Long Grove Rd.  
Owned & Managed by Developers Diversified Realty • [www.ddr.com](http://www.ddr.com)

## New Service Makes Toys Easy to Open

Are you annoyed by toy companies that make it so difficult to open toy packages that you want to throw the toy in the garbage? This is especially difficult during the busy holiday season. You would rather be visiting with family, but instead you are fighting a toy package! Worse yet, when you finally open it, you realize the batteries are not included or you don't have the right ones!

**Paradise Robotics** has the solution. We have launched a new service called **ExpressPlay** you can use for any robot toy purchase. Place your order for Wowwee Roboquad or Flytech Dragonfly by phone and request the ExpressPlay op-

tion. For only \$10 more, we will open the box, install the batteries and then restore the toy in the box in a way that allows it to be removed easily. The ExpressPlay option **includes batteries and free gift-wrap.**

But wait, there's more! For a limited time, we are offering **free gift-wrap** with purchase of all robot vacuums, floor cleaners, robot toys, and some auto pet care products.

Order by phone. Barrington area residents: we deliver **FREE!** Call 1-847-960-8520. Visa, MasterCard, COD, or personal check with approximate 10 day delivery delay.

## Barrington's 5th Annual Family Freedom Festival and 9.11 Mile Freedom Run

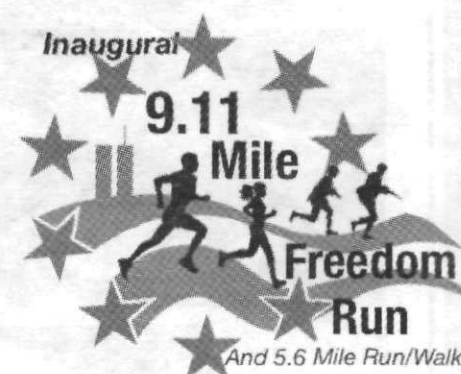
Freedom. It's something most of us take for granted nearly every day. For one full day, Barrington honors Freedom in a very big way.

Thanks to the Barrington-based We-Do-Care Organization ([www.we-do-care.org](http://www.we-do-care.org)) we have a unique opportunity to spend a full day celebrating our many freedoms. The 5th Annual Family Freedom Festival is nationally admired as a meaningful, hometown event that allows us to personally honor, thank and support our "freedom fighters." United States veterans, enlisted, and their families. The festival will be held Sept. 6 at the Barrington Metra Station.

The 9.11 Mile Freedom Run (and 9.11k Run/Walk) is new to the annual event, raising the event to a higher level of inspiration, while taking the event global. The Freedom Run through Barrington Hills, set to begin at 9:11 a.m., will be raced simultaneously with nearly 200 army personnel in Guantanamo Bay. Each mile will represent the spirit of the day: donor, duty, respect, selfless service, integrity, personal courage, loyalty and commitment.

"Families love this event because it not only provides family entertainment and activities, but gives parents a tangible way of teaching their children about our country's fight for freedom, the honor we owe our veterans and enlisted; and, Freedom Fest gives us all the chance to personally thank and support our troops and their families," explains Dirk Beveridge, We-Do-Care executive director. "The run adds an exciting new element and provides area athletes an opportunity to support freedom in their own way—while enjoying a challenging run through our hills."

Headquartered at Barrington's Metra Train Station, the 5th Annual Family Freedom Festival begins with a bugle call at



11:55 a.m. A mayoral welcome followed by a gun salute and a memorial wreath laying to honor our fallen soldiers is followed by a full battalion of family fun and center-stage entertainment, noon to 10 p.m., from IROAD, Salt & Pepper and Bataille Academie of the Danse, highlighted at 8 p.m. by Vertigo USA, the U2 tribute band. Anchoring the event is the Freedom Festival's signature Care Village, a collection of caring networks and organizations that support America's veterans, active duty soldiers and their families with moral support, financial assistance and packages of care.

The event will include family favorites like *Guitar Hero*, Face Painting and a Climbing Wall. A local family favorite, Wool Street Bar & Grill of Barrington, will serve food and sponsors the festival's Beer Garden, provided at no charge for our military and veterans of our military.

"The Freedom Festival has become a hometown favorite while making a difference in the lives of so many of our service people across the globe," added Beveridge. "We guarantee, you will be inspired, challenged and entertained."

Go to [www.we-do-care.org](http://www.we-do-care.org) for a full listing of bands and activities. For more information, to volunteer, or to make a donation to We-Do-Care, call 1-847-381-7797.

## Four Seasons Garden Club

The October meeting will be held on Oct. 7. James Peabody will present "The Autumn Bounty," featuring creative arrangements with fruits and vegetables of the season and accented with colorful foliage and flowers.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of each month, August through June. The

meetings are usually held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests.

For more information, please contact Arlena at 1-847-438-3981.



## Hard to Believe Christmas is Coming!



It's not too early to select your holiday cards, especially when **Little Shop of Papers** is offering a **15% savings** if your order is placed by Sept. 30.

There are over 40 Christmas albums to choose from and the variety is endless—religious, traditional, and more! Many albums are devoted entirely to photo cards for that special personal touch!

So mark your calendars—Sept. 1 through Sept. 30—to enjoy **big savings!** Plus, when you personalize your cards, you get **free return address** with many companies (to double your savings)!

**Little Shop of Papers** is conveniently located in the Barrington Foundry, corner of Hart Road and Northwest Highway. Hours are Monday through Saturday 9:30 a.m. to 5:30 p.m.; Thursday 9:30 a.m. to 6 p.m.

**A**utumn/winter fashions arriving at **Satin Filly**, 714 W. Northwest Highway in The Foundry of Barrington. Phone **1-847-381-1019**.



## Women's Club of Inverness Board Members Visit Wellness Place

On July 25, a group of board members from the Inverness Women's Club of Inverness (IWC) visited Wellness Place. Wellness Place is a cancer resource center in Palatine that provides life-altering care, support and guidance to the many people in our community who are living with cancer. Since the Wellness Place is a not-for-profit 501(c)(3) organization that provides all its programs and services, offered at no cost to participants, and is funded entirely through donations, the Inverness Women's Club has supported them through their general fundraising.



ident), Raisa Brativ, Kathy Hickey, Jay Kist, Lenore Lawrence, Patti Stejskal and



Not a Creature was stirring,  
not even a Mouse!



It was

## Little Shop of Papers'

Annual Christmas Card Sale  
that got *him* out of the house!

Come in for **BIG SAVINGS!**

**15% OFF**

Personalized custom Christmas Cards  
the entire month of September.

Choose from our large selection of custom books—photo cards, traditional, whimsical, religious, artistic... there's a style to fit your family.

And many companies offer **Free Return Address** when you order personalized cards!

Hurry in—

this offer ends Tuesday, Sept. 30th

*Little Shop of Papers*

740 W. Northwest Hwy.—The Foundry

9:30-5:30 Mon.-Sat., Thursdays till 6

(847) 382-7733



*Satin Filly*  
WOMEN'S CLOTHING

714 W. NORTHWEST HWY.  
THE FOUNDRY • BARRINGTON  
847.381.1019



Cherryl Trubeck were welcomed by Lori Mackey, Pamela Reiss, Kathy Scartino and Kara Williams of Wellness Center with a wonderful banner that read "Give a Hand for the Inverness Women's Club" and was decorated with imprints of hands.

The tour of the facilities, the abundant resources that are available to the clients of Wellness Place, and the dedication of the staff, impressed all the representatives of IWC.

Their mission statement says it all: "Wellness Place enhances the quality of life for those touched by cancer, their family members, friends and caregivers through education, encouragement and empowerment."

The Wellness Place is located at 1619

W. Colonial Parkway in Palatine. For more information, call 1-847-221-2400.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed to local community-based organizations and scholarship grants to graduating seniors, college students and returning adults residing within the boundaries of school districts 211 and 220.



# Happenings!

*in the area*

## BACOA's "Aged to Perfection" Celebrates Life and Wine



BACOA will hold its annual wine tasting fundraiser "Aged to Perfection," on Friday, Oct. 17 at La Strada Ristorante in Hoffman Estates. Members of this year's wine-tasting committee include (from left) Meg Peirce, Karen Pfeiffer, Joyce Palmquist, Joyce Strout, Sandy Stevens, Lois Wollney, Jody Paine and Mary Moy.

The Barrington Area Council on Aging's (BACOA) annual wine tasting will be held Friday, Oct. 17 from 6 to 9 p.m. at La Strada Ristorante, 2380 Lakewood Blvd., Hoffman Estates.

"Aged to Perfection: A Celebration of Life & Wine," is presented by returning sponsors Advocate Good Shepherd Hospital, Fifth Third Bank, The Garlands of Barrington, and Barrington Cellars. Guests will be able to sample a selection of more than 50 kinds of wines while enjoying a buffet supper and bidding on an array of live and silent auction items, including a Caribbean cruise for six on a private yacht,

lunch with Barrington firefighters, custom packages for sporting events and a variety of fine dining opportunities.

The wines, provided by Barrington Cellars, will offer guests the chance to taste favorite varieties and try new vintages. Favorite selections will be available for purchase, and BACOA will receive 20 percent of the sales generated by wine purchases.

Tickets are \$95 per person and include valet parking. For advance tickets or more information, call the Barrington Area Council on Aging at 1-847-381-5030 or visit BACOA's Web site, [www.bacoa.org](http://www.bacoa.org).

## Art Associates Membership Tea

Men and women throughout the Northwest Suburbs who have an appreciation of art and an interest in art-related subjects are invited to join the Barrington/Northwest Community Associates (B/NWCA). This unique organization is sponsored by the Art Institute of Chicago and offers members opportunities to participate in excursions and programs designed to illuminate varied aspects of art. The itinerary for the 2008-2009 season will be presented at the Fall Membership Tea which will take place on Thursday, Sept. 4 at the Presbyterian Church of Barrington, 6 S. Brinker Road. The purpose of the annual tea is to welcome returning members and to encourage guests to join this outstanding organization founded in 1961.

Beginning at 1 p.m., members and guests will enjoy a delectable array of tea pastries and assorted condiments. Following the tea, James Yood will present a unique program addressing common queries about artists and the art world. James Yood is an instructor of Contemporary Art History at the Art Institute and as director



**Golden Bird by Constantin Brancusi, 1919, bronze, stone and wood.**

of the Arts Journalism Program, is skilled at asking and answering questions. There is no fee or registration required for the program. Members and guests are wel-

## Service Club of Chicago Lunches at Trump Tower



Enjoying a day at the new Trump Tower are Service Club members Peggy Scoville (lower left) and her two daughters, Laura Ekstrom (upper left) and Cindy Seibert (lower right), all from Barrington, with Susan Gohl of Barrington (upper center) and Cookie Cohen of Wayne (upper right).

The Service Club of Chicago held their Spring Luncheon at the new Trump International Hotel & Tower, Chicago's newest landmark! The Service Club ladies were among the first to view the newest Tower, to "Trump" the Chicago skyline. Even more unusual, as it is still under construction! The upper levels of the building are bare steel framework, yet on the lower levels, one could enter and dine as if the building was already complete!

All of the ladies were treated to an exclusive tour including a suite, The Spa at Trump, and their signature bar and restaurant overlooking the river. The river view is fabulous and the décor is definitely modern and steel grey—very minimalist. The bar, "Rebar," added touches of red and incorporated dramatic photographic murals and columns covered with small

picture frames.

An interesting fact was that windows that might reveal construction cranes and activity were cleverly sealed off and turned into temporary walls in order that patrons would not be aware of the construction outside.

Hats off to the luncheon in the Grand Ballroom, offering up a trio of unique chilled soups, a delicate stuffed chicken entrée and classic crème brûlée to finish. Exotic and original hats were everywhere to be seen adding a wonderful whimsy to the afternoon.

The Service Club of Chicago is a non-profit organization of women, which has continually provided for the educational, health, welfare and cultural needs of Chicago and surrounding communities since 1890.

come.

Another feature of the fall tea is the presentation of the B/NWCA board for the upcoming season. The 2008-2009 board members include: Chair Carole Bula-kowski; Program Chairs Jo Brynildssen and Judy Segebrecht; Program Committee, Denise Hook, Bonnie Murray, Virginia Tolk and Ellen Young; Secretary Jean Tittle; Treasurer Mary Hart; Membership, Carol Merritt; Transportation, Sally O'Brien; Exploring Art, Mary Wajda; Seminar Series, Kim Curtis; Hospitality Chair Emma Gerosa; Hospitality Committee, Peg Gabala, Judy Hogan, Peggy McCotter, Diane Raak and Jane Riley; Historians Anne Sebastian and Mari Harrer; Publicity, Sandy Ross; Ex-Officio Lenore Elsener. The major responsibility of the board is designing and scheduling the exceptional programs offered each season.

The 2008-2009 itinerary offers members seven diverse excursions beginning with a trip on Sept. 18 to the Art Institute to view the spectacular new exhibit entitled *Kings and Rituals: Court Art from Nigeria*. Visiting two lovely artist retreats, Crab

Tree Farm and Ragdale, is a wonderful fall trip scheduled for Friday, Oct. 10. In November, two trips to the Art Institute will feature enticing subjects. On Thursday, Nov. 6, Sarah Alvarez will focus on the AIC's unparalleled tapestry collection which is featured in an exciting new exhibition. The Combined Associates Annual Lecture on Nov. 14 will feature artist John Himmelfarb. Winter and spring excursions in 2009 also offer enriching programs which are available only to B/NWCA members, but members and guests are invited to attend events throughout the season as well. These include two "Exploring Arts" programs, three lectures in the "Seminar Series" (scheduled for January 2009) and on Wednesday, Dec. 10, a special Holiday Treat. The Biltmore Country Club is the destination for a delicious lunch beginning at noon followed by illustrator Warren Hanson's exciting demonstration entitled "A Cup of Christmas Tea."

For information regarding membership requirements and benefits, contact Carol Merritt at 1-847-991-2889 or Carol Bula-kowski at 1-847-358-5837.



## You Are What You Eat: Foods That Have Your Eyes in Sight

We've all heard the term "heart-healthy" diet, but what about an eye-healthy diet? Studies conducted by accredited organizations such as the Yale New Havens Teachers Institute found that in the same way that a well-balanced diet increases the life of our heart, a diet rich in certain vitamins and minerals also helps maintain and improve the long-term health of our eyes. By incorporating the right types of foods into our diet, we can actually reduce our risk of developing diseases such as cataracts, glaucoma and blindness.

The most commonly cited vitamins necessary for good eye health are **vitamins A and C**. **Vitamin A's** active form, retinol, in part makes up the pigment of our eyes. It is especially important for good vision in dimly lit settings, such as nighttime driving. Deficiencies in vitamin A can cause a disorder in the retina that not only causes dry eye, but also a disease called night blindness or nyctalopia. Night blindness is characterized by an inability to adapt to low-lit settings. The risk of developing such conditions can be reduced, however, by eating sources of food high in vitamin A like liver, carrots, spinach, broccoli leaves, sweet potatoes and kale, among others.

An equally important vitamin in terms of our ocular health is **vitamin C**. Vitamin C is found in very high concentrations in the clear gel layer of our eye, also known as the vitreous humor. Recent studies have posited a connection between vitamin C deficiency and the development of cata-



**Dr. Ralph J. Gebert Dr. Anthony Prate**

acts and glaucoma, both of which blur our vision. Good sources of vitamin C include citrus fruits such as grape fruit or oranges, brussels sprouts, strawberries, cantaloupe and cauliflower.

Other nutrients to look out for are the minerals **lutein and zeaxanthin**. Lutein and zeaxanthin are found in the eyes, where they act like antioxidants protecting us from harmful particles. Some studies even state that one of the two minerals acts as a natural pair of sunglasses, guarding our eyes from the damaging effects of sun exposure. These minerals can be found in dark fruits and vegetables such as spinach, dark green lettuce, prunes, grapes, peppers, kiwi, melon and others.

To learn more about other ways to keep your eyes in sight at your next grocery store visit, stop by **The Eye Works**, located in **Barrington and Lake Zurich**. **Dr. Ralph Gebert and Dr. Anthony Prate** are not only extremely knowledgeable about the different methods for living an eye-healthy lifestyle, but for the past 30 years have also diagnosed and treated the types of eye diseases that compromise vision. Call **1-847-381-0391** or **1-847-540-1144** to set up an appointment today.

## Healthy Pregnancy

by **Claudine M. Kasinak, M.D., WomanCare**

Many women become more interested in their health once they find out that they are pregnant. However, the foundation for a healthy pregnancy begins before conception. All women, who are thinking about becoming pregnant, should see their health care provider to gain some insights into nutrition, vitamin supplements, exercise and laboratory testing, which can ensure a successful pregnancy.

Women who are planning pregnancy and who are pregnant should choose a well-balanced diet to get the essential nutrients they need each day. Women need several servings of protein-rich foods (meats, poultry, fish and eggs), grains, calcium-rich foods, vegetables and fruits per day. Women also need adequate fluid intake; eight or more 8-ounce servings per day. Women who are vegetarian may need to take additional supplements. The recommended weight gain in pregnancy is normally between 25 to 35 pounds. Women who are underweight may need to gain a little more and women, who are overweight, should limit weight gain to 15 to 20 pounds.

Women often have questions concerning the safety of certain foods in pregnancy. Caffeine can be consumed in moderation, as studies have not shown that it causes birth defects. Artificial sweeteners, such as aspartame and Splenda, are also acceptable. Certain fish, such as swordfish, should be avoided because of high mercury levels.



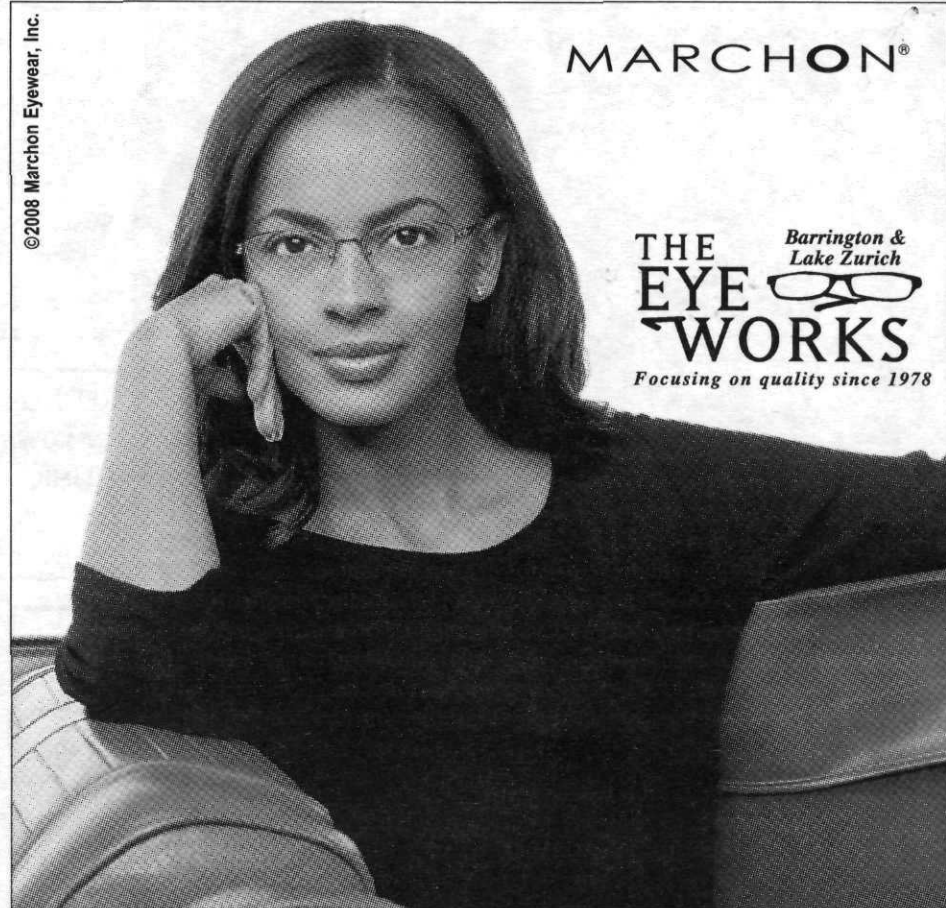
A prenatal vitamin, which contains folic acid, is essential to a healthy pregnancy. Many studies have shown that folic acid reduces the risk of a baby developing a type of birth defect called a neural tube defect.

Unhealthy behaviors, such as smoking, alcohol or drug use, should ideally be addressed before conception. Pregnant women are advised to avoid alcohol because this has been linked to learning disabilities and birth defects in babies. Smoking can lead to poor fetal growth, preterm birth and sudden infant death syndrome.

Most women can continue to exercise in pregnancy. In fact, this may benefit the health of both the mother and the fetus. Women who maintain a fitness program have decreased weight gain and fat deposition during pregnancy and an improved sense of well-being. They may also have

(Please continue on page 21)

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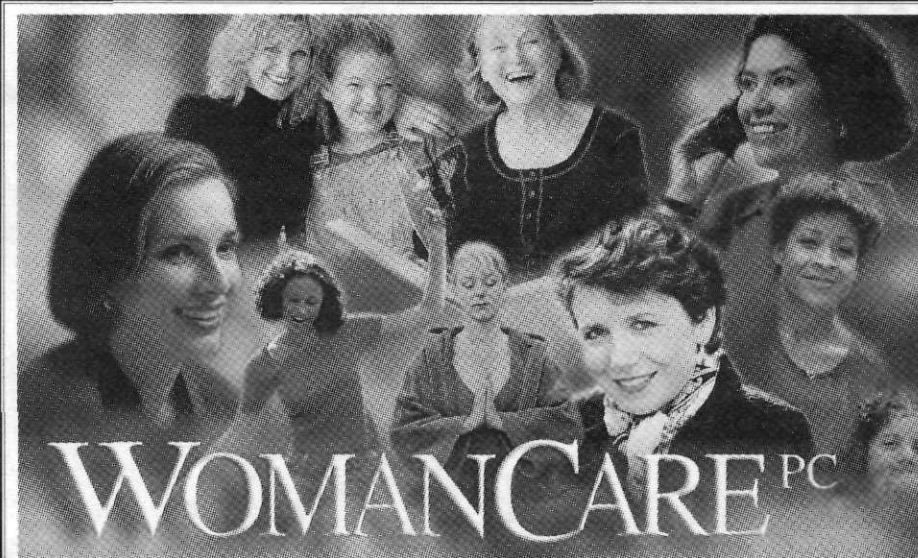
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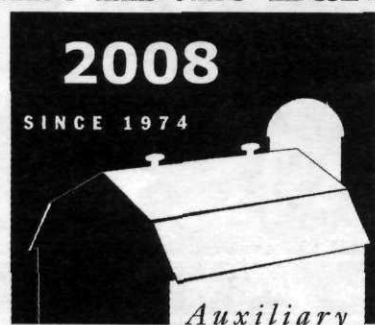
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## Art In the Barn 34th Annual Art in the Barn Fine Arts Festival



Saturday, Sept. 27 & Sunday, Sept. 28  
10 a.m. to 5 p.m.

Admission: \$5, 12 and under FREE

Over 160 Artists  
Fine Art for Sale in All Media  
Children's Art Activities, Pony Rides 11-3  
Entertainment & Food Concessions

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**NO PETS**

## "Fall Frenzy" Returns to Benefit Area Families in Crisis

House of Hope Resale, downtown Barrington, will host its annual Fall Frenzy event Sept. 10 through 13th to benefit northwest suburban families in crisis. "We call it 'Fall Frenzy' because absolutely everything currently in our store will be half off as we get ready for the upcoming season," explained Caryn Habley, store manager. "All furniture, collectibles, vintage treasures, housewares, clothing, toys—everything is half price." Every penny raised during Fall Frenzy will benefit Project Hope, a nonprofit organization established in 1986 to lend emergency assistance to area families in need.

"This fundraiser will provide us with an extra boost of resources to meet the increasing need for assistance during these tough economic times," said Sister Lorraine Menheer, founding director of Project Hope. "Fall and winter months can be especially difficult for families in crisis. Our goal is to provide as many as possible with timely, short-term support that enables them to become self-sufficient again."

This is the first Fall Frenzy hosted in the newly-expanded House of Hope Resale Shop. "Many customers look forward to this annual event and thanks to our new space, it will be bigger than ever," said volunteer Janet Daboub. "This is bargain hunting at its absolute best. We offer unbelievable deals, all with the satisfaction of knowing that every purchase helps someone in need."



**"Fall Frenzy" returns to House of Hope Resale Sept. 10 through 13th, with all proceeds benefiting area families in crisis through Project Hope.**

Fall Frenzy runs 10 a.m. to 4 p.m. and wraps up with a special \$3-per-bag sale on clothing and accessories, shoes, toys, books and linens, all-day Saturday. Come early for the best selection!

The House of Hope Resale Shop is located at 200 N. Hough St., just north of Hough and Main streets, in downtown Barrington. Hours are Wednesday through Saturday, 10 a.m. to 4 p.m. Delivery service is available for a nominal fee. For more information, call the House of Hope Resale Shop at 1-847-756-4673.

## Art in the Barn Returns for the 34th Year on Sept. 27 and 28th

Hosted by the Auxiliary of Advocate Good Shepherd Hospital, the 34th annual **Art in the Barn** festival will be held on **Saturday, Sept. 27 and Sunday, Sept. 28.**

**Art in the Barn** is a unique fine arts festival, which can be enjoyed by the entire family. Located in the old historical barns on the grounds of Good Shepherd Hospital, there will be fine art for sale from more than 160 juried artists from across the nation. The artwork of varying media will range from painting, glass and photography, to sculpture, ceramic and wood, to name a few.

The beautiful Barrington countryside sets the stage for this year's activities, which include pony rides from 11 a.m. to 3 p.m. (weather permitting), pumpkin

decorating, continuous live music, prizes, and a variety of food vendors. All activities will be available on both days of the festival. Some of the sponsors for this year's **Art in the Barn** event are Square D, Chicago Center for Cosmetic and Implant Dentistry, Deer Park Town Center, Schaumburg Audi, The Garlands of Barrington, Inland Bank, The John and Bobbie Sfire Family and the Paul Hills Family.

**Art in the Barn** will be open from 10 a.m. to 5 p.m. on each day and is held on the grounds of Good Shepherd Hospital in Barrington (on Route 22, two miles west of Route 59). Admission is \$5. Children under 12 are free. No pets.

**Net Proceeds from the festival are to Benefit Advocate Good Shepherd Hospital.**

## St. Anne's Women's Club is Accepting New Members

The St. Anne Women's Club (SAWC) consists of dynamic and diverse women who give their time, talents and support to the many ministries and charities they serve. The club is open to all members of the St. Anne community and has been in existence for over 60 years. SAWC has helped raise significant funds for area organizations including Wellness Place, GiGi's Playhouse, BACOA, Hospice of Northeastern Illinois, Project Hope—just to name a few. Over the past few years they have given support overseas by way of collecting and packaging school supplies for Iraqi and Afghan children. They are currently taking new members.

Their Mission: The women of St. Anne Catholic community are called together by God to be an organization united through prayer, hospitality, and ministry. They are committed to provide Christian service and to further the spiritual, intellectual and social growth of its members and the larger community.

Through their monthly general meetings and other events, the club offers the chance for women to enjoy programs and speakers that encourage them to grow spiritually and personally.

Just a few of the events and activities they sponsor: Retreat; FISH (For I Shall Help); Church Women United; Scripture

Sharing; monthly speakers and programs; Ladies Night Out; Funeral Luncheon Ministry, preparing and serving meals for bereaved families; Shawl Knitting Ministry, shawls are knit and blessed and then passed on to someone in need either going through chemotherapy or a new mother who needs a shawl for nursing; the Annual Club Fundraiser; Playgroup; and the Mother/Daughter and Mother/Son Event.

The SAWC meets September through May. Their first general meeting is Tuesday, Sept. 9, 7 p.m., in the St. Anne School Cafeteria. For information and a membership form, please call Margie Wedinger at 1-847-382-5425 or by e-mail [marwedinger@sbcglobal.net](mailto:marwedinger@sbcglobal.net). Come join this dynamic group of women.

Mark your calendars and bring your whole family to the St. Anne's Women's Club second annual Gospel Brunch on Sunday, Nov. 16 at Makray Memorial Golf Club. Music will be provided by Harmony Hope and Healing (HHH). HHH is a creative music program offering dignity and spiritual healing to the homeless and undeserved in Chicago. HHH is a unique organization which works in collaboration with Chicago-area social agencies, church and community-based organizations and shelters to provide therapeutic music programs.



## Chers Amis...

Fall is on its way, with some locally picked **wild mushrooms** that start showing up, along other offerings from Mother Nature!

It is also the start of our **fall wine selection**, valid through December. Venture through this well-thought-after list—always featuring great values. And now, for our **"Regional Bistro Dish"** of the month... **"La Fricassée de Poulet Chasseur"**... traditional seasonal comfort dish, especially with the arrival of fresh wild mushrooms... braised chicken in light creamy white wine broth reduced with wild mushroom and pearl onion, and roasted potatoes!

Check our Web site for upcoming

### events and specials...

Come and enjoy **"Indian Summer"** in our **Outdoor Café**... seating available (when weather permits) and where your little four-legged friends are welcome to enjoy our "Menu du Cabot."

Did you know we have a **Private Room** that can hold up to 50 guests? Call or check our Web site... a great location for holiday parties, dinner-seminars, birthdays or other celebrations!

Looking forward to seeing you in our friendly neighborhood eatery.

À bientôt,  
—Stephane, Dominique

## CWU Volunteers Help Children of Inmates

"It's one of the most rewarding volunteer experiences I've ever had," said Bill Muench of Crystal Lake. He and his wife Jeanette have recently begun traveling to Dixon Correctional Center to assist with the Storybook Project. In the past year, 4,209 children experienced the joy of receiving a new book and hearing their incarcerated parents' voices reading to them—again and again if they wanted. In 13 jails and prisons in Illinois, volunteers work with the parents who read and record the books on cassette tapes.

"After one of the parents read the book he had chosen from the wonderful collection, he asked if he could say a prayer for his child on the tape. I have to admit that I was close to tears after that," Bill added. "I really encourage people to get involved in this worthwhile project," said Jeanette, who is active in Church Women United (CWU) of the Barrington Area that supports the Storybook Project with volunteers and cassette tapes. "It just takes part of a Saturday, and you can do it once a month or once a year," she emphasized.

Mary Anderson of Barrington also volunteers to help keep children connected with their incarcerated parents. For about 13 years, she has driven children and their caregivers to visit mothers, usually at Dwight or Kankakee correctional centers. "There is almost nothing that I do that can compare with sharing the excitement of little ones as we drive to visit their moms. Just the trip from their homes in Chicago to the prisons is an adventure. Some of these kids have never been outside of the cement and busyness of the city, and are all eyes as we drive through farmland and open spaces. And, of course, seeing their moms is their ultimate joy."

Both the Storybook Project and the Connections Visits are among the volunteer opportunities of Lutheran Social Services of Illinois Prisoner and Family Ministries. To learn more, contact Jeanette Muench at [j.a.muench@sbcglobal.net](mailto:j.a.muench@sbcglobal.net), or Mary Anderson at [rlameander@aol.com](mailto:rlameander@aol.com). Both are available to speak with groups or individuals.

## Long Grove Historical Society Annual Fundraiser

The Long Grove Historical Society proudly presents Barbara Rinella, book dramatist extraordinaire, on Monday, Sept. 29, 9 a.m., at the Arboretum Club in Buffalo Grove, 401 Half Day Road (southeast corner of Route 22 and Buffalo Grove Road). Barbara Rinella will present "Loving Frank," by Nancy Horan.

What a love story! Nancy Horan has written a powerful historical debut novel about the emotional, romantic, daring love affair between the gifted architect Frank Lloyd Wright and beautiful, intellectual Mamah Borthwick Cheney, respected wife of Edwin Cheney. Rinella will bring to life the intriguing character of Mamah, who fights unsuccessfully to control her passion and her destiny. The force of this overwhelming attraction will ultimately take them to Europe. Can "great love" counter the gossip running rampage back in the press in the States? Will Frank Lloyd Wright return to his wife and six children? "Loving Frank" is better than fiction!

The event will include a full breakfast, and is only \$27 per person. So mark your



Barbara Rinella, book dramatist

calendar now. To register, please send your name, telephone number and names and numbers of your guests attending, along with the payment, by Monday, Sept. 22 to: Long Grove Historical Society, c/o Ms. Marie Borg, 4363 RFD, Long Grove, IL 60047. For more information, please contact Marie Borg at 1-847-438-7656 or Laurie Borawski 1-847-949-5264.

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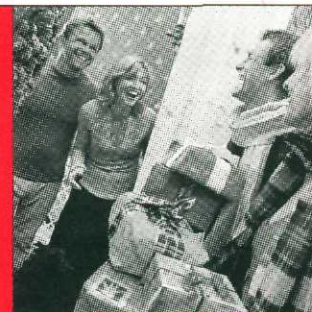
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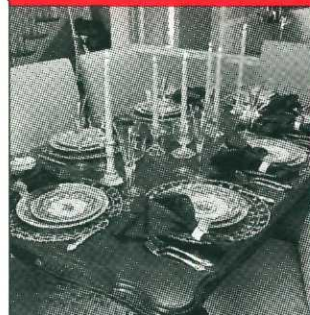
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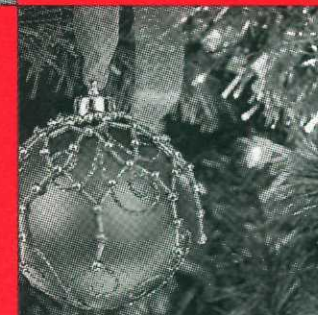
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## This Holiday Season.

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# Garlands Offers Founders Club Savings on Second Phase of Deluxe Retirement Residences

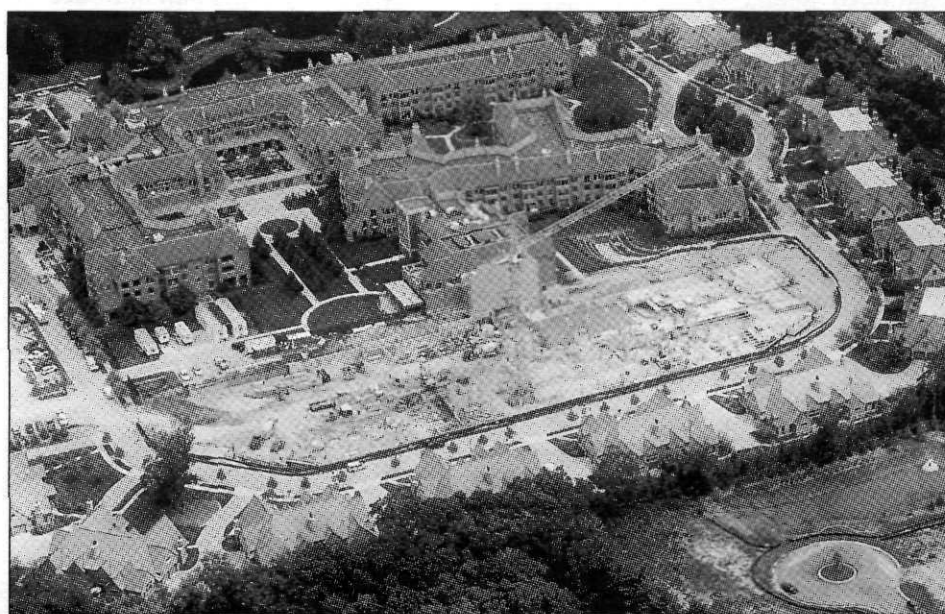
**The Garlands of Barrington**, located at 1000 Garlands Lane, off Northwest Highway near the Barrington Area Library, is currently offering Phase II Founders Club pricing and options to personalize finishing touches on a total of 85 new, private residences. The new homes are scheduled for occupancy starting as early as fall 2010 and include 20 one-bedroom, 49 two-bedroom and 16 fourth-story, one-of-a-kind, two- and three-bedroom Penthouse Suites. Phase II Founders Club pricing—available now through the end of the year—reflects pre-construction savings of 15% over opening day prices. In addition to these savings, Founders Club members, those who make a deposit of 10% on their Phase II home in 2008, will have the opportunity to personalize their premium cabinetry, appliance and flooring selections.

The Garlands, located near the heart of Barrington, is a unique community for people ages 55 and older that provides residents an uncompromising lifestyle in a resort-like setting. This premier community is currently home to over 200 older adults. In fact, The Garlands first phase of development is nearing capacity—only a

few of the original Phase I residences remain.

"Over the years people have come to The Garlands from far and near in search of larger residences, higher standards and environment that is suited to their active lives," says Tom Herb, President and CEO of Barrington Venture, LLC, the local owners of **The Garlands of Barrington**. "In fact, over half of the seniors we currently serve hail from well outside the immediate area, bypassing other retirement lifestyle options in favor of The Garlands unprecedented quality and the chance to be closer to children and grandchildren. With our second phase of development, we look forward to extending this resource to more families throughout the northwest suburbs."

The Garlands Phase II architects, Cochran, Stephenson and Donkervoet Inc., have predominantly featured the Northern European influences, heavy timber accents and quality materials that have become the hallmark of The Garlands award-winning design. Each private Phase II residence—many of which feature one-of-a-kind floor plans—will boast 9- to 16-foot



Overhead view of The Garlands Phase II construction.

ceilings, gracious crown moldings and millwork throughout, a master bedroom suite and full gourmet kitchen with granite countertops. Floor-to-ceiling windows let the fantastic views and an abundance of natural light pour in. Floor plans range in size from 1,000 to over 3,000 square feet.

The Garlands Phase II residences will also feature the high-quality, signature services that have become synonymous with The Garlands unique lifestyle. Service plans include housekeeping, interior and exterior maintenance, landscaping, snow removal, dining programs, social, education and cultural programs, 24-hour security and emergency response system, utilities and membership to The Garlands Fitness Center. Plus, all Garlands members and their families have access to The Garlands amenities including the restaurants, pool, theater and spa.

Sales are strong. "The 55+ market appears to be far less stagnant than other demographics, perhaps this is because that over the years they've gained such appreciation in their homes," says Marilyn Hoffman, Director of Sales. "Right now people are choosing The Garlands—both new Phase II pre-sales and what remains of existing Phase I inventory—at a pace that is far greater than previous summers."

One reason for this phenomenon is that The Garlands makes moving so easy.

They offer several relocation resources to help ensure a smooth move. Garlands relocation resources include:

## Personal Real Estate Counselor

From obtaining an independent analysis of an existing home's current value, to helping select the real estate agent who is most qualified for the job, to presenting a seller's home in its best light, The Garlands Personal Real Estate Counselor helps soon-to-be Garlands residents navigate the sale of their existing home.

## Six Month's Deferred Occupancy

The Garlands deferred occupancy program lets buyers secure their preferred Phase I Garlands home for six months while they sell their current home and plan their move. Of course Phase II Garlands residents have until 2010 to sell their existing home while their new home is being built.

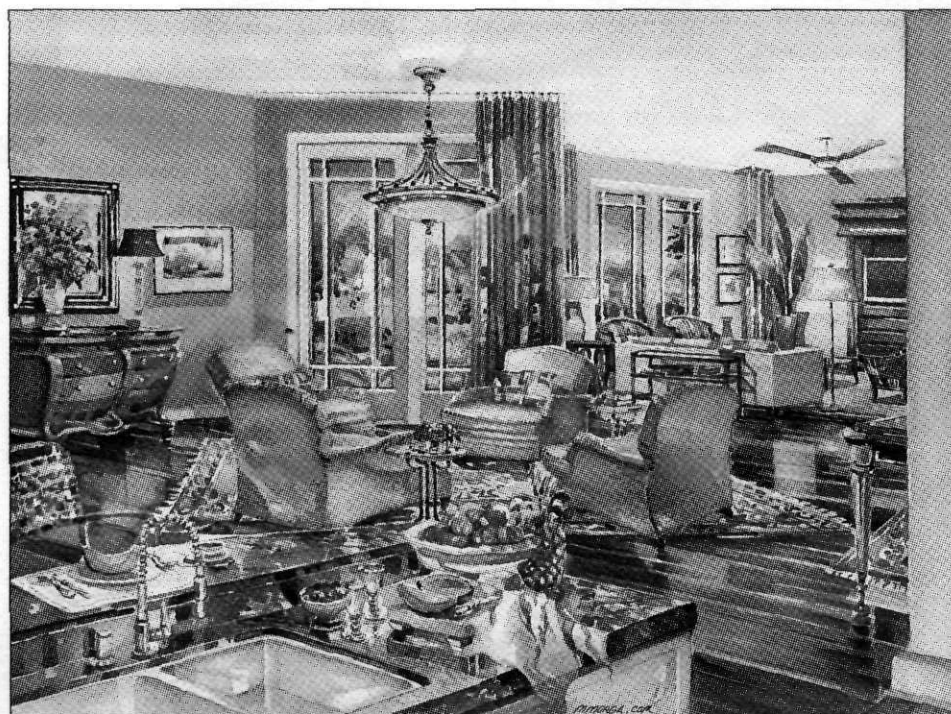
## The Brass Tacks

When it comes to actually preparing for moving day, Garlands experts are available to assist new residents with their preparations by helping create the perfect floor plan arrangement and even recommending the best packing and moving companies.

For more information, please call 1-847-304-1996 or visit the Web site at [www.TheGarlands.com](http://www.TheGarlands.com), or call to schedule an appointment to review Phase II floor plans.



An artist's rendition of The Garlands 85-residence, Phase II expansion.



The Garlands Phase II residences feature large, open and sun-filled floor plans.

## September Wine Tasting Dinner

You are cordially invited to join the Barrington Area Professional Women (BAPW) for a special Wine Tasting Dinner at The Barrington Country Bistro on Thursday, Sept. 4 from 6 to 8:30 p.m. Everyone, including guests, will enjoy a five-course dinner accompanied by five different wines. A wine expert will be on hand to share expertise and colorful commentary throughout the meal. The Barrington Country Bistro is located in The Foundry of Barrington, 700 W. Northwest Highway (corner of Highway 14 and Hart Road).

Don't miss the opportunity to interact with a wonderful group of people! The dinner is open to BAPW members and their guests. The cost is \$85 for members; \$90 for guests. Please make your reservation

to Victoria Cook, BAPW marketing chair, at [victoria@theguiltfreecoach.com](mailto:victoria@theguiltfreecoach.com) or 1-847-516-0190.

Barrington Area Professional Women is a group of business and professional women who live or work in the northwest suburbs of Chicago. BAPW provides a forum for the exchange of information and experiences among professional women. The objective of each meeting is to provide educational and informational programs for the professional and personal development of members and their guests.

Members of BAPW typically meet the first Thursday evening of each month. New members and guests are always welcome. For more information about BAPW, go to [www.bapw.org](http://www.bapw.org).



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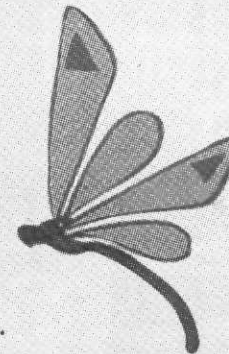


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Over the past few years, more than 200 people have happily chosen The Garlands lifestyle as their own. Phase II membership will only be extended to a select few more. Act now to take advantage of pre-construction savings, and then plan ahead to **start savoring the sweet rewards of a custom-made Garlands lifestyle**.

### HOW SWEET IT IS!

As with a freshly opened box of chocolates, selection is currently at its finest. Choose now for best views and options to personalize your finishing touches.



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1000 Garlands Lane, Barrington

We invite you to preview

### THE CRÈME DE LA CRÈME

A chocolate tasting and preview of The Garlands new Phase II floor plans, finishes and amenities.

**Dates:** Please call for next available reservation

**Time:** 1 p.m.-3 p.m.

**Place:** The Garlands Timbers Lounge

Call 847-304-1996 to reserve your place and start savoring the sweet rewards of a custom-made Garlands lifestyle.



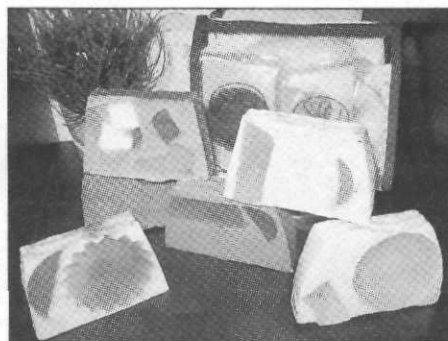


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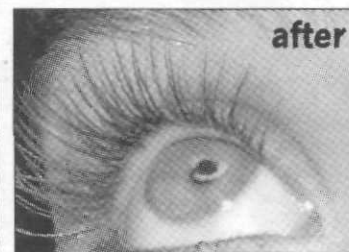
Many of our clients love to display our soaps as pieces of art—we recommend that you use them!

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before

after

**How Do You Make Your Table Beautiful?**

**Table Linens**  
**Sept. 13 Trunk Show**  
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## Wickham Interiors Table Linen Trunk Show

Sumptuous, refined, vibrant, subdued and luxurious describe many different styles or moods that can be created with beautiful table linens.

Come view the gorgeous table linens shown by rep Diane Baker at a **table linen trunk show on Sept. 13 at Wickham Interiors** from 10 a.m. to 4 p.m. Bring your best china, everyday dishes, or photos of your room, to learn the many possible ways you can enhance your table.

One impressive line that Baker will show, the linen company Beauville, has been making glorious, high quality linens from the heart of Alsace, France, as part of more than two centuries of textile history. Uncompromising, unparalleled and remarkably creative, Beauville has per-

fect the art of engineered silk screen printing.

Jacquard French-woven prints from Garnier Thibaut bring a simpler elegant style to the trunk show. Designs by Mono offers opaque, sheer linens that are especially outstanding for holiday use. These beautiful designs make dazzling table toppers.

Whether traditional, French country, contemporary, or any other style, this linen show is a rare opportunity to view, rethink, plan and acquire table linens to dramatically finish your table.

Visit **Wickham Interiors** at 67 N. Williams in Historic Downtown Crystal Lake or contact them at **1-815-455-6202** or [www.wickhaminteriors.com](http://www.wickhaminteriors.com).

## Hospice Selects New Board Members

Two new board members have recently been appointed to the two governing boards at Hospice of Northeastern Illinois (HNI).

Dr. David Van Dam, of Barrington has joined the HNI Board of Directors, while Anne Fortune Stroll of Libertyville has taken a seat on the board of trustees for the Hospice Foundation of Northeastern Illinois.

Van Dam, who is president of Van-Dam Dermatology and Laser Center in Barrington, said his past experiences with hospice care prompted him to become involved with the agency. "I have experienced firsthand the spiritual and practical benefits of hospice care for family and friends," he said. "Hospice of Northeastern Illinois is an outstanding organization. It is my hope that my background and experience in medicine and business will allow me to contribute to its continuing success."

As a client advisor for The Bensman Group in Bannockburn, Fortune Stroll has served as a corporate attorney for more than 10 years, in addition to serving as counsel to medical staff and as a registered lobbyist for the health care industry.

"Hospice serves such an important role in the community and has tremendous impact in the lives and well being of individuals and families through its many programs and services," Fortune Stroll said. "It is an honor and privilege to be a part of this great mission and service."

In addition to serving on the board of trustees at HNI, Fortune Stroll is a volun-



Anne Fortune Stroll



Dr. David Van Dam

teer member of the American Cancer Society and the Chicago Zoological Society Women's Board.

"We are very pleased to have Dr. Van Dam and Mrs. Fortune Stroll join our boards," said Bill Ries, interim president and CEO at HNI. "Their unique backgrounds combined with their dedication to helping those in need will complement wonderfully the talents of our current board members that help Hospice and its foundation fulfill its missions."

Currently, more than 40 volunteer members sit on the HNI Board of Directors and the Hospice Foundation of Northeastern Illinois Board of Trustees.

Hospice of Northeastern Illinois is a community based, not-for-profit organization serving families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Celebrating its 26th year of service, Hospice of Northeastern Illinois provides comprehensive end-of-life care to nearly 1,300 patient families each

## Signal Hill Chapter NSDAR First Fall Meeting

Signal Hill Chapter of the National Society Daughters of the American Revolution (NSDAR) will hold their first meeting of the fall season, Tuesday, Sept. 16 at the Barrington Area Library, Room A, 505 N. Northwest Highway, Barrington. The business meeting will start at 11:30 a.m., with a social period and refreshments to follow at noon. The hostesses will be Donna Fesselmeyer, Leora Hofmeister, Judy Koral, Mary Ostrom and Carolyn Rolnik.

Shirley Beene, a former U.S. Marine, will present the program at 1 p.m. Her topic will be "Marines—In the Era When Women Were in Favor."

Members, guests or those wanting to know more about Daughters of the Ameri-

can Revolution (DAR) are invited to attend at noon for refreshments and the program.

An applicant for membership in DAR must be no less than 18 years of age. Lineal bloodline of descent from an ancestor who aided in achieving American Independence must be proven. She must provide documentation of each statement of birth, marriage and death. This shall include the applicant's birth certificate naming her parents. This applies to new ancestors and for previously accepted lineages for which documentation was not required at the time of acceptance.

For more information regarding membership, please call Leslie Rohrer at 1-847-587-5301.

## Coterie of Barrington Game Day

Coterie of Barrington and surrounding communities announces their fall Game Day will be on Tuesday, Sept. 9 at Inverness Golf Club. Starting time will be at 10 a.m. Lunch will be served at noon. A cash bar and valet parking will be available. Guests are welcome.

Bridge, mah-jongg, dominos and board games that the ladies bring will be enjoyed by those playing. Playing cards will be

provided for bridge and other card games. Players must bring their own supplies (other than cards).

Coterie of Barrington is a ladies social club with philanthropic goals. It offers a variety of activities for its members. All women in Barrington and the surrounding communities are invited to join. For additional information, please call 1-847-277-7179.

year. Hospice of Northeastern Illinois is Medicare certified and accredited by the

Joint Commission. For information, visit its Web site at [www.HospiceAnswers.org](http://www.HospiceAnswers.org).





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"The instructors here are such great role models—they really inspire the students to excel in life." —Karma, Wynstone mother of two



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## PHD Resale Boutique is Ready for Fall!

The last of summer's hot and lazy days may still be with us here in the northwest suburbs, but the **PHD Resale Boutique**, 140 W. Northwest Highway, Palatine, is ready for the cool days of fall with some fabulous fashions for your family and home. They have stylish and affordable brand named, new and gently used clothing and accessories that will surely enhance and expand your cold weather wardrobe. Their houseware department has a wonderful selection of autumn decorations that might provide that special seasonal touch your home needs at a budget friendly price.

**PHD**, the Society for the Preservation

of Human Dignity, is a counseling center for pregnancy help and education also located in Palatine. Shopping at the Resale Boutique directly supports the free services the agency provides to women and families facing the challenges of pregnancy and parenting.

Another way to support the work of **PHD** is by attending their upcoming **Fashion Show, Thursday, Oct. 9**. Call 1-847-359-4967 ext. 19 for more information about this terrific **PHD** event or visit their Web site at [www.sphd.org](http://www.sphd.org). Please call the boutique at 1-847-991-1770 with questions or for more information about making a donation.

## Don't Miss Fritzl's Oktoberfest and Casual Friday Lunches Too!

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as wiener schnitzel, rouladen of beef, sauerbraten, and pork schnitzel. **Fritzl's** continental favorites include veal medallions, roast duck, tilapia filet, sauteed shrimp, shrimp de jonghe, herb-crusted pork tenderloin, and chicken piquant. Sizzling steaks and fresh seafood round out the menu.

Mark your calendar for **Fritzl's famous Oktoberfest** to be held **Saturday, Oct. 18**. The fun begins at 6:30 p.m., dinner at 7:30 p.m., and dancing at 8:30 p.m. Dinner includes Austrian mixed salad, unlimited bratwurst and Thuringer, chicken schnitzel, spaetzle, homemade potato salad, sauerkraut, red cabbage, dinner rolls, Colombian coffee and warm apple strudel for only \$29.95 per person. The price includes dinner and entertainment; add \$5 for tax and gratuity. The fest will be held in the Banquet Hall.

Enjoy **Fritzl's Casual Fridays** with a delicious lunch. They offer 10 lunch items for under \$10! It includes a fish fry (Icelandic cod), schnitzels, sandwiches, burgers, brats, salads, soups and more. Enjoy their outside patio! What a great way to wind down the week!

Enjoy **Fritzl's Casual Fridays** with a delicious lunch. They offer 10 lunch items for under \$10! It includes a fish fry (Icelandic cod), schnitzels, sandwiches, burgers, brats, salads, soups and more. Enjoy their outside patio! What a great way to wind down the week!

**Reviewed and recommended by Zagat Survey.**

Visit [www.fritzl.com](http://www.fritzl.com) for more information.



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# Early Deadline!

The deadline for the **October Issue** is **Thursday, September 11.**

For advertising inquiries, contact:

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For news submissions, contact the editor:

Glenne McMonigal, P.O. Box 293, Crystal Lake, IL 60039-0293  
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Please include your business name and phone number on all communications.

## WomanCare

(Continued from page 15)

a shorter, less complicated birth and a more rapid recovery after the birth. Recommended forms of exercise in pregnancy include walking, cycling, swimming and yoga. It is safe to exercise several times per week at a comfortable intensity. Women with complications in their pregnancy, such as bleeding, preterm labor or

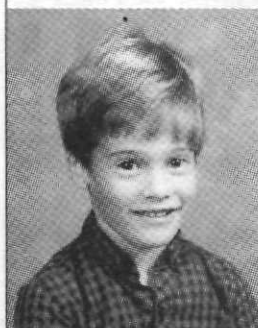
other medical conditions, should check with their health care provider before embarking upon an exercise program.

Pregnancy can be a wonderful time for women to boost their overall health. A well-balanced diet, vitamin supplements and exercise are all components to a successful pregnancy.

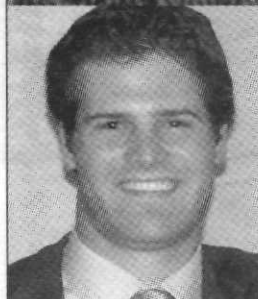




## Meet Quest Academy Alumnus Brandon Igyarto



At 24, Brandon is on top of the world. Not just because he gets to live in the Big Apple, but also because he is employed as an Analyst at JPMorgan Securities in New York City, specializing in the marketing and sale of structured investments. "Every once in a while I have to pinch myself to make sure I'm not dreaming. I am convinced that the foundation to my success is in the education I received. The best investment my parents ever made was in my early years of school at Quest. My experiences at Quest helped me to become a confident, creative, critical thinker well-grounded in values based on responsibility, personal discipline and respect."



Brandon credits his days at Quest for successes such as these:

### Fremd High School, Class of 2002

4.6 GPA; Top 5% of Class 35 ACT score  
10 AP Courses; designated AP scholar  
National Honor Society; All-State Academic  
All-Conference Football selection

### University of Chicago, Class of 2006

Based on AP exam performance, placed out of 25% of courses  
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# Quest Academy

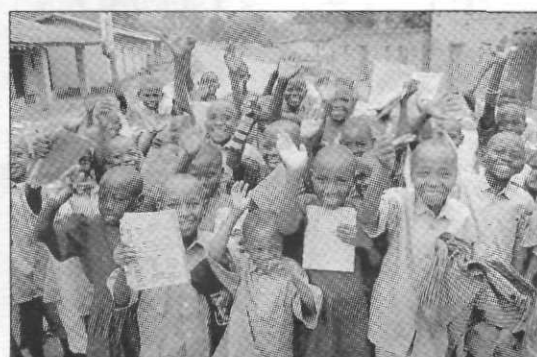
500 North Benton Palatine, IL 60067  
847.202.8035 www.questacademy.org

## Celebrate the Celtic Way with Educate The Children

This year, it's "A Celtic Celebration" on Friday, Oct. 3 at 6:30 p.m. Since 2001, Barrington-based Educate The Children Foundation has been hosting a taste of a different country every year. These annual charitable events help support the education of children in impoverished countries.

Educate The Children helps build schools, purchase equipment and subsidize the education of children in India, the Philippines, Vietnam, Uganda, Rwanda, Ethiopia and Bolivia... paying for the school fees of over 900 children on an ongoing basis. This year, children from Benin and Cambodia have been added to the big list of Educate The Children's scholars. Details on the projects in each country can be reviewed at [www.educatechildren.org](http://www.educatechildren.org).

Educate The Children needs items for



Some of the 216 children in Rwanda helped in partnership with IBS.

their silent and live auctions and volunteers for the Celtic Celebration event and to tutor local children. To contribute, make a reservation, or for more information, call Marianna Zeidler at 1-847-726-9371 or visit [www.educatechildren.org](http://www.educatechildren.org).

## BCLOC's Afternoon at the Opera

Barrington Chapter of Lyric Opera of Chicago's (BCLOC) *Afternoon at the Opera* will be held at the spectacular Seahorse Palace at Woodland in Barrington Hills. Beginning at 2 p.m. on Sunday, Sept. 7, the program will feature Juilliard-trained Maire O'Brien who will be accompanied on the piano by Mark Riggelman, a graduate of Shenandoah Conservatory. Riggelman currently serves as Lyric Opera of Chicago's director of education. Follow-

ing the program, members and guests will enjoy wine, gourmet hors d'oeuvres and desserts.

The cost is \$90 for members; \$100 for guests. Reservations are very limited—please phone Susan Obermaier at 1-847-985-0837 for availability.

Join them for a wonderful *Afternoon at the Opera*.

You may wish to visit Lyric Opera of Chicago's Web site, [www.lyricopera.org](http://www.lyricopera.org).

## Quest Academy Offers a Full-Time Gifted Education, a Challenging Curriculum and a Nurturing Environment

Serving over 300 students in preschool through eighth grade, **Quest Academy** offers a **full-time gifted education** with an equal emphasis on academics and the arts. Why is a full-time gifted education important? "Children aren't only gifted in academic classes; they can't 'turn it off' when they go to art or PE. It's important that these students have teachers in every subject area who truly understand the needs of gifted kids," says Mary Cunningham, Director of Admissions and Marketing.

**Quest Academy** provides gifted children with a **challenging curriculum and a nurturing environment**. "We recognize that, although a 6-year-old may be able to do long division in his head or read and comprehend at a ninth-grade level, he's still a 6-year-old with the same emotional and social needs as other children his age," Cunningham says. "He needs to have a peer group with whom he can enjoy both intellectual challenges and socially appropriate interactions. Our interdisciplinary, concept-based curriculum is open-ended, thereby allowing students to progress as far as possible in any given

area. **Quest** doesn't teach students *what* to think; we teach students *how* to think."

For the 2008-09 school year, preschool students have the option of "Stay and Play." This time is not designed to be an extension of the curriculum-based preschool; rather, students who choose to participate will be engaged in a variety of developmentally-appropriate activities which encourage social interaction.

**Quest Academy's** testing facility can provide you with valuable insight into your child's particular learning style. From achievement tests to IQ tests, **Quest's** educational consultants are equipped to help you find the answers to give your child the greatest chance at success in his or her educational career. We are also able to conduct testing for the Davidson Institute.

A few openings for new students still exist for the upcoming school year. **To learn more about Quest Academy and to schedule a campus tour for your family**, please contact Mary Cunningham at 1-847-202-8035 ext. 438, or [mary.cunningham@questacademy.org](mailto:mary.cunningham@questacademy.org).

## Kids Aren't the Only Ones Heading Back to School This Fall

### Area Seniors Remain Lifelong Learners with LaFarge

While this time of year might conjure memories of fresh haircuts, new shoes and dashing out to meet the bus, the tradition of heading back to class in the fall is no longer limited to kids. Adults 50 years and better are also returning to the classroom with LaFarge Lifelong Learning. Presented by St. Anne's Catholic Community in Barrington, this program is designed to provide all area seniors with continuing education opportunities close to home but far from the usual fare.

"We are so pleased with the continued growth of our program," said Sister Margaret Eisele, LaFarge program director. "Our high number of returning students speaks to the enjoyment that comes from continued personal growth and the quality of the courses that we offer." Now in its seventh year, Sister Eisele is especially proud of the instructors who volunteer their time and talent teaching in their area of expertise. "Their enthusiasm is contagious," Sister Eisele continued. "That, combined with a love for learning gives our courses an extra spark."

This fall, LaFarge will offer courses in beginning and advanced computer skills, digital photography, water color painting, woodcarving and more. The nonprofit program is funded in part by a grant from the Barrington Area Community Foundation, in recognition of its significant contribution to the quality of life for seniors in the area.

Sister Eisele is pleased that the program



LaFarge Lifelong Learning Program instructors (from left) Tom Huguelet, Jim Kennedy, Jim Hoffman, Joan Quinn, Doug Jones and Mike Konie will share their expertise and enthusiasm this fall teaching a variety of courses for adults 50 years and better.

helps seniors keep active and connected in the community. "Mature adults have a perspective on learning that is uniquely different than at any other stage of life," she remarked. "This is learning for the sheer joy of it. It is a time for continued personal growth, not a 'retirement' from new ideas and knowledge; lifelong learning is vital to living—it's like a fountain of youth."

Fall term courses start the week of Sept. 15. Nominal fees are charged to cover course materials. Classes are held once per week on the St. Anne's campus in Barrington. Registration will be held Sept. 8, 9th and 10th, from 9 to 11 a.m. in the St. Anne Senior Center, 120 N. Ela St., Barrington, or may be completed by appointment at the LaFarge Program office. For more information, call 1-847-381-5799.



## Cosmetic Dentists: How to Find One

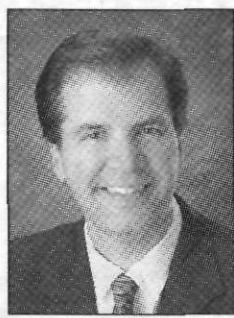
by James T. Gavrilos, D.D.S.

When it comes to making choices about cosmetic dentistry, what factors should you use to evaluate your new dentist? With the possibility of developing a relationship that could last for years, it is only logical that your investment of time and money be with a person who will provide you with what you expect.

Family or friends are usually where most people go for referrals, prior to calling a new office. An even better source is a practicing dental specialist like an orthodontist, oral surgeon or periodontist. Unlike friends and family, they will be able to comment on the quality of dentistry from a technical level. Ask them where they send their own family and you can be assured that the standards in that office will be high.

The following is a list of things you can consider during your initial visits to a new dental office:

- Does the office specialize in esthetic, cosmetic and restorative dentistry?
- Are employees mature and professional?
- Does the office appear clean and orderly?
- Were you asked to fill out an extensive medical and dental questionnaire?
- Is sufficient time allowed for a careful evaluation of that medical and dental



history?

- Does your initial examination include measurements of the crevice or "pocket" around each tooth (approximately 100 measurements)?

- Do the dentist and hygienist then spend adequate time with you finding out your goals for the appearance of your smile?

- After this careful evaluation, is a comprehensive treatment plan presented to show you the esthetic changes in your mouth?

Dentists who follow the above procedures care about their patients. Their treatment and preventive education helps these patients keep their teeth all of their lives. There are no shortcuts, so chose your dentist carefully.

**Dr. Jim Gavrilos** can be reached by calling **1-847-381-4040** in Barrington.

## Organist Andrew Senn Concert

The Presbyterian Church of Barrington will present a concert by the well-known organist Andrew Senn of Philadelphia on Sunday, Oct. 5 at 4 p.m.

Admission is free, a musical contribution to the community. Contributions will

be accepted for the Church Mission Fund.

The Presbyterian Church of Barrington is located at 6 Brinker Road (corner of Brinker and Lake Cook roads), Barrington. For more information, call 1-847-381-0975 or visit [www.pcbarrington.com](http://www.pcbarrington.com).

## What's New in Botox?

by Gary S. Churchill, MD

Botulinum toxin type A, better known as Botox, has been used for cosmetic purposes for about 13 years. I first used Botox for frown lines in 1995. The vertical frown lines between the eye brows are caused by overactive corrugators muscles and paralyzing these muscles can help soften or eliminate these lines. Botox obtained FDA approval for use on the corrugators muscles. Physicians quickly found that they could use Botox for off-label treatment of other areas of the face. The most common other areas treated were the forehead and the crow's feet. In 1997 there were about 65,000 Botox treatments nationwide, while in 2006 there were over 3 million treatments. The results have so good that Botox became the most popular nonsurgical treatment performed in the U.S.

**The Center for Facial Plastic Surgery** is currently in the 95th percentile nationwide for the number of injection procedures we perform annually according to statistics obtained from Allergan, the manufacturer of Botox. Maureen, our nurse injection specialist, just returned from an advanced technique seminar where the newest uses of Botox were discussed. While Botox has traditionally been used around the forehead and eyes, newer techniques help refine the use in these areas. In addition, with advanced tech-



Gary Churchill, MD

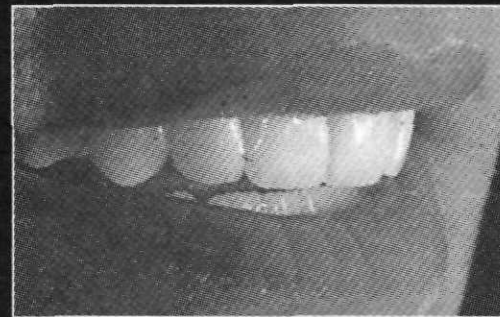


Stacie McClane, MD

niques, we can now also treat areas in the lower face. To name a few, Botox treatments can now treat the down turned corners of the mouth, the vertical lines of the lips, and even help lift the tip of the nose. We are modifying the concentrations of Botox used to get different effects as well as to increase our precision and reduce the discomfort of injections. Combining soft tissue fillers with Botox injections is another advanced technique that can greatly improve results.

If you have considered Botox or even received Botox in the past, it is a good time to explore what exciting new techniques are available at **The Center for Facial Plastic Surgery**. Botox is a safe, minimally invasive and highly effective treatment with typically no bruising or recovery time. For questions or schedule and appointment, call **1-847-304-1000**.

## Getting a New Smile?



# DON'T

until you talk to us.



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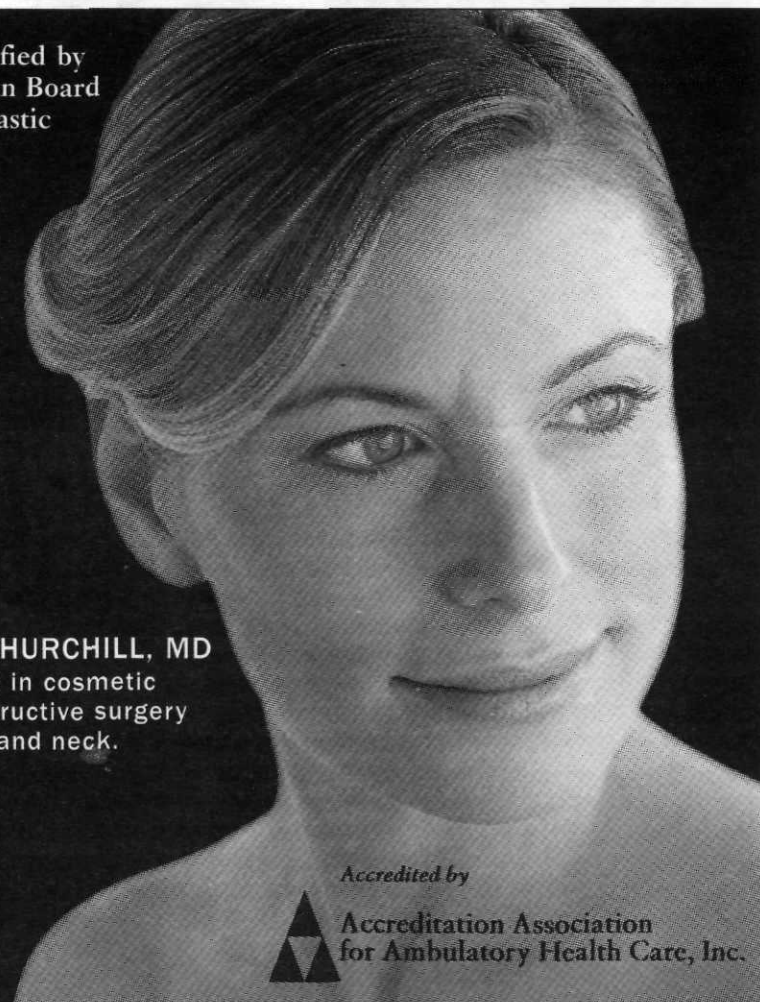
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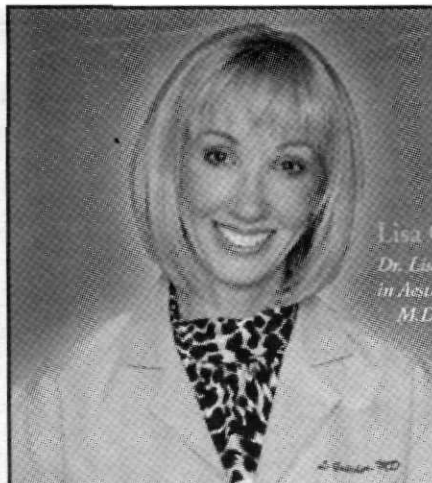
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**Lisa Gulcher M.D.**  
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The Pearl is the ultimate  
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Go to [www.pearlskin.com](http://www.pearlskin.com) for additional information.

*Dr. Gulcher and her staff have personal experience with PEARL...*

*As physician/owner of Advanced Medical Aesthetics, I have always strived to have beautiful skin, which has been a challenge due to years of suntanning during the 1980's.*

*When the Pearl laser was launched last year, I couldn't wait to have my first treatment. Now, 2 months later, I can't believe how great my skin looks and feels. My pores are smaller, my acne is better and my sun spots are barely visible. I am so excited to offer this new laser treatment that can truly reverse years of sun damage, aging and even acne scarring. I can't wait can't wait for my 2nd Pearl treatment.*

DR. LISA GULCHER

*...having suffered with ACNE SCARRING for 15 years, the PEARL Laser has been my magic wand. I am thrilled with the results on my scarring, and no longer dread looking in the mirror. I look good and I am so grateful...*

SIOBHAN SCIANNA - Laser Specialist

*I was always hiding my skin under foundation because I was so self conscious about my melasma, sun damage and uneven skin tone. After my first Pearl treatment, my sun damage, uneven skin tone and melasma IMPROVED so much that I love showing off my new skin. A single treatment was all I needed!*

DARLENE DOUVRIIS - Business Manager



Unretouched photos from Siobhan's Pearl Treatment.



Under eye lines

Before Pearl treatment 1 week after 1st Pearl treatment



Facial wrinkles

Before Pearl treatment 15 days after 1st Pearl treatment

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*The best BOTOX price in town!*  
Crows feet around the eyes..... Approx. \$200  
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## Your Empowered Self Sept. 26 to 28th at Good Shepherd Health Center

**Your Empowered Self** is wanting to rise to the occasion of a **New You** and is asking to be found, asking for a say in your life right now.

**The New You** will be able to see beyond the limiting boundaries of old belief systems and patterns of behavior. If you have ever entertained the idea that you are really unlovable, or perhaps you are in a certain financial bracket and that is all you can ever expect from life, because after all...

These are limiting beliefs hard wired into your thought patterns by your ego. Why you ask? Because they worked for you 20 years ago. They kept you seemingly safe and out of harms way. But like all hard-wired thought patterns they become stale, atrophied and difficult to change. They can cause physical pain and discomfort in many cases because energy does follow consciousness, and energy must move to stay alive.

Your ego, or that part of each of us that is hard wired to keep us in a place that continually forgets who we truly are, must be retrained and rewired to accept success, to accept love, and to release fears and limitations in all forms. For some, that process may have already begun. **The New You is emerging.** Layers of fear and self-deprecation will begin to give way to the awareness that you are much more than you may have thought.

You are certainly endowed with worthiness, goodness, abundance and simply need to open your heart and mind to receive and accept that fact.

The Key is to allow the **New You** to set **New Intentions** that allow old patterns and beliefs to rise to the surface. As the light of awareness touches the shadows of the

ego, light shall prevail. Just as when you enter a room and turn on a light, the darkness does not argue. It simply goes away. The same principle is at work here. Turn on your light to change and hope and positive thought patterns.

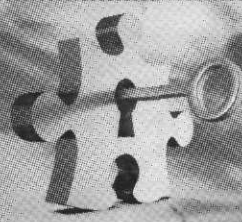
You will benefit greatly from this course as you learn to find blocks and distortions that keep you attached to limiting thoughts and actions. Long-forgotten memories come to the surface for healing. Once understood and embraced, the damaging effects of these memories let go and release. This process will bring you back into your power.

**The New You** is lived from your heart. As you recognize your true value, you easily embrace your new consciousness, replacing and rewiring the old. New choices will be easy to make and keep. Fears subside and joy will bubble all around you. Inner Focus teaches practical healing skills designed to be used immediately in your daily life.

### A Change of Consciousness Is Guaranteed

Expect to have a great time in the **Your Empowered Self** class, to laugh a lot and to leave empowered to begin to do and have the things you really value. The class is **Sept. 26 to 28** at the Good Shepherd Health Center, 1301 S. Barrington Road, in Barrington. Teaching is **Dr. AlixSandra Parness, DD**, founder and director of the Inner Focus School for Advanced Energy Healing. See our accompanying ad.

BARRINGTON, IL SEPTEMBER 2008



## EMPOWERMENT For a New You



Dr. AlixSandra Parness, DD

♥ Move Beyond Ego Choices

♥ Recognize Your True Value

♥ Heal and Release Limiting Beliefs

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## New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 14 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.



Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.

## Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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- ◆ **DOCUMENTED 93% SUCCESS RATE!**

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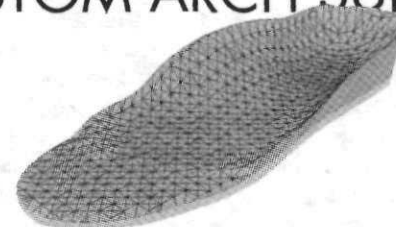
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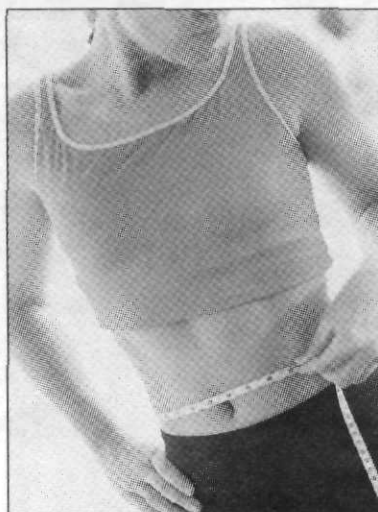
## Innovative Fitness Solutions In-Home Personal Training

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We want you to be in the best shape of your life, look better than you ever thought imaginable, and have the knowledge to be able to maintain it.

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## Did Your Fitness Motivation Go on Summer Vacation? It's Time to Get Back to Working Out!

### In-Home Personal Training

If there's one thing to be learned about exercise, it's that good intentions aren't enough to get you off the couch and get moving in the right direction towards your health and fitness goals. At **Innovative Fitness Solutions In-Home Personal Training**, we continue to use our time-tested approach of the three C's to achieve your personal goals—**commitment, consistency, and convenience**.

**1. Commitment**—Although this word can sound a bit scary to some, all it means is that you will make weekly commitments to meet with your personal trainer. During your scheduled workouts, your certified trainer will be completely focused on you and your specific fitness goals. It's too easy to skip a workout when you're working out alone.

**2. Consistency**—Not only are you investing money into your exercise program, you're investing time as well. Scheduling standing appointments with your personal trainer will provide added accountability to your workouts. Our personal trainers come with built-in motivation. Even if you don't have a scheduled session, your trainer will be asking if you did your planned workouts. Just knowing that makes it harder to skip your workouts and keeps you on track to meet your goals.

**3. Convenience**—Is your life busy and it's just too hard to fit exercise in to your day despite your best efforts? Our personal trainers will come to you (where ever is most convenient for you—your home, office or gym of your choice) allowing you to just focus on your workout and get on with your day without wasting time. If you'd like to exercise at home but either don't have a lot of equipment or aren't sure how to use what you do have, in-home personal training is an excellent choice. A trainer can show you exactly how to use what you have to get the best workout for you or they can bring equipment with them to give you a great workout too.

**Innovative Fitness Solutions** is an in-home personal training company looking to create a customized program designed to meet all of your individual health and fitness goals. Whether you're an experienced fitness enthusiast or a just looking to get started, we can provide you with the tools specific for your success.

We specialize in providing professional in-home personal training services—fully mobile within the Chicagoland Northwest (Please continue on following page)



Nicci Grabs



## Centegra Says, Lose the Weight and Find Yourself

The disease of obesity either causes or worsens many medical conditions such as diabetes, cardiovascular disease, joint/arthritis conditions, high blood pressure, and even cancer. If excessive weight is an issue, a person's health, wellness, energy, appearance and self-esteem are dramatically affected.

Obesity is described as a body mass index or BMI of over 30. BMI is measured using a formula of height and weight. For example, a person who is 5 feet 10 inches and weighs 250 pounds has a BMI of 36. With all of its inherent problems, obesity is a life-threatening disease. However, it is emotionally daunting as well, causing depression, frustration, socialization problems because of poor self-esteem, and can hold a person back from all that they can be.

### Knowing Your New Options

Often people who have been in the weight loss wars feel a sense of defeat or hopelessness because of severely restricted diets, lack of success, and eventual regain of the lost weight. Now, however, there are surgical options for those looking for an effective weight loss solution.

Amir Heydari, M.D., medical director of the **Centegra Weight-Loss Surgery Center** says, "Laparoscopic Roux en Y Gastric Bypass and LapBand surgery are minimally invasive which leads to safer and quicker recovery. We offer the two surgeon technique which shortens surgical time, and the time that the patient is under anesthesia. Weight loss and improvement of medical conditions can be dramatic in a relatively short amount of time. Many patients with diabetes can have their diabetic medications reduced and even eliminated soon after surgery."

Men and women achieving significant weight loss reduce their risk of the diseases that accompany obesity. Every 10 percent of weight loss may lower blood pressure, lessen prescription medication needed, and finally can eliminate medication for diabetes, cholesterol and high blood pressure.

### About the Program

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*Nicci Grabs, owner of **Innovative Fitness Solutions**, graduated Magna Cum Laude with a BS in Exercise Physiology from Western Illinois University. She is a Certified Personal Trainer through NASM, the National Academy of Sports Medicine, and has over 13 years of experience in the fitness and personal training industry.*

## League of Women Voters Barrington Area Candidate Forum

The League of Women Voters of the Barrington Area will host a Candidate Forum on Wednesday, Sept. 17 at the Barrington Area Library from 7 to 9 p.m. Candidates have been invited from U.S. Congressional Districts 8 and 16, Illinois Senate Districts

26 and 27, and Illinois House Districts 51, 52 and 64.

For more information, contact Jane Hansen, publicity chair, League of Women Voters of the Barrington Area, 1-847-951-0778.



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## "Women Fore Women" Golf Outing

The second annual "Women Fore Women" Golf Outing organized by Friends of Home of the Sparrow will be held Monday, Sept. 8 at Makray Memorial Golf Club, 1010 E. Northwest Highway in Barrington.

Reserve your place now for this "non-serious" nine-hole scramble with an emphasis on FUN!

Golf registration will begin at 8:30 a.m. with carts rolling at 9 a.m.!

Able to attend only the luncheon/auction portion of the day? Arrive anytime after 11:30 a.m. for auction viewing. Lunch will be served at 12:30 p.m., followed by the live auction.

Either way, your participation will benefit Home of the Sparrow, which aids those women living in our area who find themselves in personal distress with nowhere to go. Since 1986, Home of the Sparrow has provided motivated individuals with a structured program of transitional housing, counseling and job-skills training to assist over 2,000 persons in overcoming their unfortunate situations caused by loss of a job, death of a family



The golf carts are ready for tee-off at Makray Sept. 8!

member, divorce, abuse or illness. The goal is an independent self-sufficient lifestyle for themselves and their children. Facilities are located in McHenry and Crystal Lake.

Tickets for the full day of golf and lunch are \$150. For the luncheon/auction portion only, \$50.

Please RSVP to this event as soon as possible. Call Judy at 1-847-382-6572 for more information or your reservation.

So, get together your foursome, two-some or just yourself, and plan for a lively day to benefit a serious cause within our community.

## Stillman Nature Center Activities

### Bird Banding Open House

On Sunday, Sept. 7 from 9 a.m. until noon, watch Mark Spreyer, a licensed bird bander, measure, weigh and record data about our resident and migratory birds. Birds are not caught in a predictable manner, so come prepared to hike the trails. With luck, you'll see a bird in the hand

and two in the bush. If it is raining, the event will be cancelled. There is no fee.

### Sunday Morning Bird Walks

On Sunday, Sept. 14 at 8 a.m., Mark Spreyer will lead a morning bird walk. Binoculars and field guides are a must. If you don't have any, don't worry, Stillman does. The rain date is Sept. 21.

## Your House is Still on the Market?

Your house has been on the market longer than you'd hoped and now it's time to do something about it. Statistics show that a staged home sells quicker and for more money than an unstaged home and Realtors agree! **LaStanza Interiors** can showcase your home's best features by rearranging furniture, adding accessories and re-purposing underused rooms. In addition, a little de-cluttering and depersonalizing goes a long way to giving your house the "WOW" factor.

After a consultation, you may choose to do the work yourself or let us come in for about four hours, depending on the scope of the project, and transform your home. Give **LaStanza Interiors** a call today and get your home sold today—1-847-382-3052! E-mail lastanzainterior@aol.com. Visit us at www.lastanzainteriors.com.

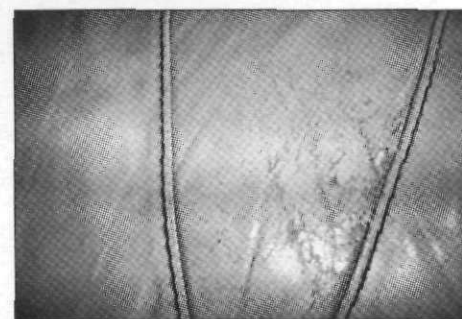


Before



After

## Attention Turns to Home Interior: Leather Furniture



Before



After

As Summer outdoor activities dwindle away, it's time for homeowners to turn their attention to their home's interior. It may be time for cleaning and conditioning your leather furniture. Ron Nelson, of **Color-Glo Quality Leather Restoration** states, "Leather furniture manufacturers recommend cleaning and conditioning every six months. Our professional cleaning and conditioning treatment will keep your leather furniture looking great and will prolong the life and beauty of your leather furniture investment."

**Color-Glo Quality Leather Restoration** is a mobile service that can give your leather furniture the professional cleaning and protecting conditioning treatment that will protect and preserve the color and supple feel of the furniture. Without proper care, leather furniture can become dry, cracked, and faded. Natural body oils

can accumulate from regular use, and create dark stained areas that will eventually cause the leather to crack and be permanently damaged.

**Color-Glo Quality Leather Restoration** is known for dependable service and expert workmanship. They utilize products specifically designed for finished, aniline or nubuck leathers. In addition to cleaning care services, they also re-dye, repair and restore faded, torn, and damaged leathers. Complete restoration services can bring new life to your worn leather furniture. They are an authorized Restoration Center specialists. To see "before" and "after" photos of their work, visit [www.QualityLeatherRestoration.com](http://www.QualityLeatherRestoration.com) and click on "Gallery." For an estimate, call **Color-Glo Quality Leather Restoration** at 1-847-719-2934.

## Dr. Luke Tsai, Author of Book on Autism

Dr. Luke Tsai, professor of psychiatry and pediatrics at the University of Michigan Medical School and author of *Taking the Mystery Out of Medications in Autism/Asperger Syndromes*, will be the featured speaker at a two-day seminar at the Metropolitan Performing Arts Centre, 111 W. Campbell St., Arlington Heights.

On Monday, Sept. 22 from 7 to 8:30 p.m., Tsai will speak directly to parents about the use of medication therapy to improve behaviors or emotions that may coexist as disorders in persons on the autism spectrum. In addition to his professional expertise, Tsai will also share his perspectives as a parent of a son living with autism. This presentation is open to

the public for a fee of \$20 per person.

Tsai will lead a professional seminar on Tuesday, Sept. 23 from 9 a.m. to 4 p.m. The presentation will focus on the causes and treatments, including medication therapy, of Autism Spectrum Disorders. Tsai will also address the current state of the art and science in early intervention. A question-and-answer session will follow each lecture. The cost of the full-day seminar is \$125 per person. An optional conference lunch is available for an additional \$15 per person.

This two-day seminar is sponsored by Clearbrook. For more information or to register, please contact Denise Rau at 1-847-385-5346.



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## 2008 Greater Chicago Prostate Cancer Run, Walk 'n Roll Sept. 14



Runners, walkers, strollers and weekend athletes alike are invited to participate in the fourth annual Greater Chicago Prostate Cancer Run, Walk 'n Roll on Sept. 14 from 8 a.m. to 2 p.m. at Lower Hutchinson Field (Columbus and Balbo) in Chicago's Grant Park. The event benefits prostate cancer programs and services developed by Us TOO International and Wellness Place—two cancer organizations that have joined forces in an effort to increase awareness, education and support to combat prostate cancer.

"Today, a man confronted with prostate cancer faces much of the same obstacles that women faced years ago when they

were told they had breast cancer—they don't know where to turn," said Myrna D. Porter, RN, LCSW, event chairperson and co-founder of Wellness Place. "This event is helping us communicate the urgent message that treatment options are available and that support and information is accessible through organizations like Us TOO International and Wellness Place," she added. Porter, a breast cancer survivor, said she was surprised by the lack of uniform agreement regarding treatment when her husband was diagnosed with prostate cancer six years ago. According to the American Cancer Society, over 232,000 men are diagnosed with prostate

## Protect Your Ash Trees

**Emerald Ash Borer (EAB)** has arrived in our area. This invasive beetle is responsible for killing approximately 50 million ash trees in neighboring states. Confirmed cases of EAB infestation have been detected in many of our neighboring towns. If you have ash trees, taking a proactive approach to protect them now could save you the high cost of removal and replacement later.

**Background**—EAB is native to Asia and is believed to have hitchhiked here in wood packing crates. Young EAB's feed inside ash trees, disrupting the tree's ability to transport vital water and nutrients, ultimately killing the tree.

**Symptoms**—Visual signs of EAB infestation usually go unnoticed for 1 to 3 years and once they are apparent it is usually too late to save the tree. Visual signs can be yellowing of foliage, thinning of canopy, shoots sprouting from the trunk, branch dieback, and death.

**Invasiveness**—EAB spread so fast through Michigan that it left 40 million dead ash trees in its path in just six years. On July 1, a single tree was discovered in Algonquin, Ill. that was infested with EAB. Within one month, 42 trees in three different nearby areas were destroyed, as they were found to be infested as well. Officials believe that the first ash tree was infested for approximately five years before EAB was noticed. Although there have been no confirmed cases in Barrington, experts believe EAB is probably al-

ready here and trees have just not shown any symptoms yet.

**Recent Breakthroughs**—Luckily for Illinois residents, a chemical control known as TREEage was approved for use this April. TREEage has proven to be highly effective at controlling EAB when it is injected into the trunk of the tree. Studies at Michigan State University found that injections of TREEage were 99 to 100 percent effective on EAB. Single treatments of TREEage were also found to give long-term protection, lasting approximately two years inside the tree.

**Take Action Now**—Don't make the mistake and wait until your ash trees start to show symptoms, as it will probably be too late to save the tree. The Illinois Department of Agriculture and many municipalities have the right to force private homeowners to cut down their ash trees at their own expense if they find EAB or suspect that a tree has EAB.

**What Can You Do?**—Call **Tree Care by Turf Care** to have your ash trees protected with TREEage. **Tree Care by Turf Care** is located in Barrington and is one of the first companies the Village of Barrington approved for TREEage injections. Their team of ISA Certified Arborists are experts in dealing with EAB. They have injected over 200 trees in Barrington for EAB in just the last three months. For more information on their services, contact them at **1-847-304-4144**.

## Women's Club of Inverness' New Member Welcome Meeting

Please join us on Thursday, Sept. 11 at the Inverness Golf Club for the 2008-2009 Kickoff Meeting and High Tea. A brief business meeting will begin at 9 a.m., followed by the High Tea. All current and prospective members should call Marcia at 1-847-358-5325 for reservations.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed

to local community-based organizations and scholarship grants to graduating seniors, college students and returning adults residing within the boundaries of school districts 211 and 220.

### The Shoe Box Express

The club is always looking for donations and names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary donation payable to The Inverness Women's Club and marked "Shoe Box Express" will be specifically earmarked to be used for postage to mail these packages. The list of items needed by soldiers changes from month to month, so please call Kim at 1-847-934-1456 for more information.

cancer each year, making prostate cancer the second most common male cancer risk after skin cancer.

Individual participants and teams of survivors, families and friends are currently being enrolled for the event which will feature a 5K Run, 3K Family Walk 'n Roll and new this year, a Kid's Dash. Organizers are preparing a fun, family event for all ages, including performances by the Jesse White Tumblers, face painting, live music by R-Gang, inflatable activities and exciting prizes for fundraising. A simple prostate cancer screening, known as a prostate-specific antigen (PSA) blood level test, will be offered free-of-charge by the Chicago Department of Public Health and the Illinois Department of Health. Chicago

Mayor Richard Daley, Governor Rod Blagojevich and Secretary of State Jesse White are honorary chairs for the event. The master of ceremonies is Robert Jordan, prostate cancer survivor and weekend anchor for WGN-TV News at Nine.

Cost for participating in the 5K run or 3K walk is \$25 per adult and \$15 per child by preregistration or \$35 per adult and \$20 per child for day-of registration. Children rates are for ages 6 to 15. Children 5 and under are free. All paid participants receive an event T-shirt, pizza lunch buffet and event good bag. All proceeds will benefit the programs and services of Us TOO International and Wellness Place. For more information, call 1-847-241-5972 or visit [www.chicagoprostatewalk.org](http://www.chicagoprostatewalk.org).



## Where Have All the Bees Gone?

Field and Flower Garden Club's first program of the new club year will feature Terrence Ingram presenting a very pertinent topic—"Honeybees, Nature's Wonder." The meeting will be held in a member's home on Wednesday, Sept. 3, 7 p.m.

If you are a grower of vegetables and fruits, you may have noticed a decrease in your garden's production in the last few years. Or if you have only flowers gracing your landscape, you may have noticed that there are fewer bees visiting blooms. It's a fact—there are fewer honeybees!

Topics covered will be: the life cycle of bees, how honey is produced/harvested, the health benefits of honey products, why bees are one of the essential pollinators in our gardens, orchards, farm fields, prairies and forests, and the latest information on the hive collapse syndrome

issue that has been affecting hives.

Ingram is publisher of the *Small Beekeeper's Journal*, *Bald Eagle News*, and *Nature News*. He has also written a coffee table book entitled *Eagle*. For over 30 years he has been instructing in and directing environmental workshops.

Field and Flower Garden Club has been a part of the greater Barrington Area for over 50 years. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include program, a short business meeting, refreshments and time to ask gardening questions. Visitors are most welcome to attend. Field and Flower is a member of Garden Clubs of Illinois Inc. and National Garden Clubs Inc. For information, please call 1-847-277-7901 or 1-847-382-1869.

## BACOA Senior Activity and Lunch Programs for September

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3.50. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call BACOA at 1-847-381-5030.

• Monday, Sept. 8—Games and lunch. Michael A. Bearce, executive director of Fall Prevention Clinics of America, will present a program.

• Monday, Sept. 15—Games and lunch.  
• Monday, Sept. 22—Games and lunch. VanNess Chiropractic of Barrington will present a program.

• Monday, Sept. 29—Games and lunch. Barrington Park District preschoolers will perform autumn songs and do fall crafts with the seniors. September birthdays will be celebrated.

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—Paula and Dan Colbert, Barrington

—Michele and Scott Barber, Inverness

—Paul Gadbut & Shannon Kennedy, Hinsdale



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## From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

As I write this month's article, our family is crossing the Rainbow Bridge from Niagara Falls, Ontario into Niagara Falls, New York in an RV. We've had the good fortune to be able to take two other RV vacations this year as well—to Gatlinburg, Tenn., over spring break and the Wisconsin Dells for a three-day weekend in July. Along the way we've seen some spectacular sights (Niagara Falls, the Smoky Mountains, the Wisconsin Dells "Ducks"), and more miniature golf courses, go-cart tracks, Ripley's Believe It or Not museums and T-shirt/souvenir/homemade fudge shops than I care to admit. Oddly enough, our kids get more excited about the tourist traps than the beauty of the natural wonders that surround them. I'm going to chalk that up to their young ages and some really good advertising...

There are a few good reasons we've chosen to take RV trips this year: access to an RV (pretty important), the desire to

create quality family time and treasured memories with our kids, and the advice and example of our RV guru, John Pencak. John has been with us at **Wickstrom Ford Lincoln Mercury** since 1989, and he met and married his wife Dawn while she was working in our office. Dawn left the dealership in 1998 to take on the challenges of raising their new twin boys, Kenneth and Steven. About three years ago, the Pencaks started taking trips in their RV, and after hearing about their great experiences and crazy stories, we caught the bug. The fact that John has *MacGyver*-like skills when it comes to all things mechanical and can fix pretty much anything on wheels does inspire confidence when we're far from home.

John has also achieved the status of **Senior Master Technician**, Ford Motor Company's highest possible level of training. Nationally, less than 10 percent of Ford technicians ever reach this certifi-

cation. With John leading the way, over a third of our Service Tech team members are Senior Master Techs. **Wickstrom Ford Lincoln Mercury** has one of the largest parts and service departments in the entire Chicagoland market, and we

can service any brand of vehicle.

If you're in for service and see John, ask him about the lobster boat trip they took in Maine or the bear that Dawn met in the mountains last summer. Maybe you'll catch the RV bug, too. —Amy

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### BARRINGTON HILLS

Set on five secluded acres on a private lane, this enchanting home features 4 BR, 3.1 BA, 4 fireplaces, cook's delight kitchen with fire-lit hearth room, dramatic great room with vaulted ceiling and romantic 1st floor master suite. The peaceful setting offers a sparkling pool. 4 stall barn with ample turnouts and outdoor sand arena.

**OFFERED AT \$1,095,000**



### BARRINGTON HILLS

A grand allée of trees leads to this gracious Barrington Hills estate. Set on 9.8 rolling & wooded acres, it features 5 BR, 5.1 BA, 3 fireplaces, generous public & private areas and lovely views from every window. The magnificent grounds offer a sparkling pool, tennis court, delightful 4-stall barn, dressage arena & caretaker's cottage.

**OFFERED AT \$2,500,000**



### BARRINGTON HILLS

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

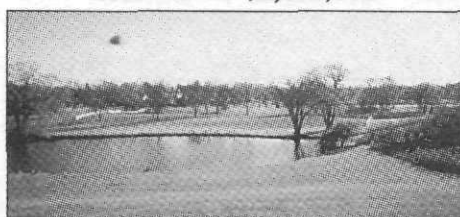
**OFFERED AT \$3,599,000**



### BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Awe-inspiring architectural design and detail. It offers a grand gourmet kitchen, sumptuous master suite, 6 fplcs, finished walkout LL, stone terraces and 4 car garage. It is elegant, warm & very livable.

**OFFERED AT \$4,490,000**



### BARRINGTON HILLS

Five spectacular lakefront acres on a private secluded lake. On a quiet cul-de-sac, it is in a prime location on a private lane, just moments from all Village conveniences. Enjoy idyllic views and beautiful Lake Melissa.

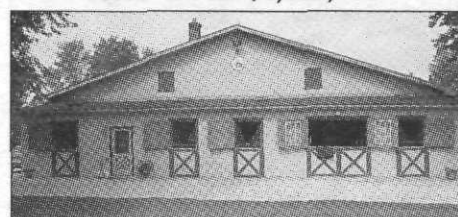
**OFFERED AT \$1,390,000**



### BARRINGTON HILLS

This stunning 12,500+ sq ft new construction residence is set on 5 acres on quiet private lane. Exquisite architectural design and detail are evidenced throughout its comfortably elegant interior. It offers 6 BR, 7.1 luxurious baths, 8 FPs, *Architectural Digest* quality kitchen with soaring 2-story beamed ceiling and 5-car garage.

**OFFERED AT \$5,000,000**



### BARRINGTON HILLS

Set on five acres, this delightful, fully functional equestrian property offers an updated 2 br home, 6-stall barn with club/tack/viewing room w/ 1/2 bath, wash rack, large hayloft & attached 60x80 indoor arena. Also includes an outdoor sand arena & abundant turnouts & pasture areas. All this in a most prime location!

**OFFERED AT \$1,199,000**



### BARRINGTON HILLS

Classic stone & cedar ranch is set on 5 verdant acres offering 4 BR & 5 BA, w/ 2 master suites. Large, eat-in kitchen with Poggenpohl cabinetry & top-of-the-line appliances. Delightful sunroom, cathedral ceilinged in family room, 4 fireplaces & 3 car garage. Includes tennis court & direct access to the extensive riding trails.

**OFFERED AT \$1,349,000**



### BARRINGTON HILLS

This beautiful equestrian property offers 5 bedrooms, 5 baths, a dramatic 2-story family room with stone fireplace, gorgeous gourmet kitchen, finished walk-out lower level with theatre and kitchen, master suite with sitting room, 4-stall barn.

**OFFERED AT \$1,425,000**



### BARRINGTON HILLS

Masterpiece on 14.5 acres with spectacular views of Goose Lake. This 7-BR, 8.4-BA home combines elegance with exquisite design and state-of-the-art technology. Beautiful architectural detailing, formal floor plan, home theatre, fin LL w/ wine cellar, rec room with bar, exercise room & billiard room, 8 FPs, 6-car gar & sparkling pool.

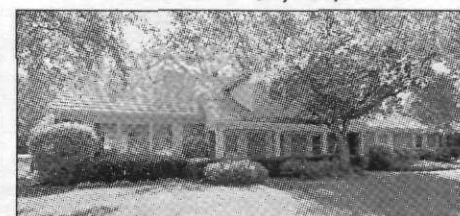
**OFFERED AT \$17,000,000**



### BARRINGTON HILLS

Set on a private, wooded site, this enchanting 5 BR classic is the epitome of refined country living. Abundant in character & charm, and designed for personal comfort and festive gatherings, it features exquisite architectural detail, 5 fireplaces, exceptional gourmet kitchen, a sparkling pool, 4 car garage and magnificent grounds.

**OFFERED AT \$1,695,000**



### KILDEER

This beautiful home is set on a magnificent 1.4 acre professionally landscaped lot in a prime neighborhood. It offers 4 BR, 2.1 BA, gourmet kit w/custom cabinetry, sunroom, great room and inviting FR. Surrounded by nature's beauty, the grounds feature a sparkling inground pool and pool house with bath and bar.

**OFFERED AT \$599,000**



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### BARRINGTON HILLS

Entertainer's dream! Spectacular idyllic sanctuary set on over 5 wooded scenic, prof landscaped acres w/ pond, beach, gazebo, terraced patios & pool. It offers a dramatic 4 BR, 4.1 BA home & awe-inspiring 1 BR guest house w/ gourmet kitchen, great room, loft, office & fabulous screening room. Truly a one-of-a-kind offering.

**OFFERED AT \$2,450,000**

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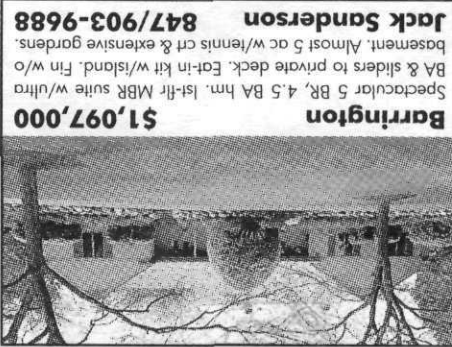
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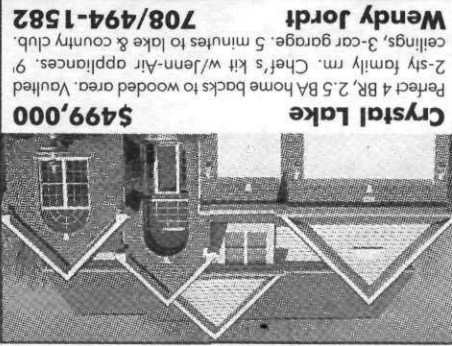
**Barrington \$1,097,000**  
Spectacular 5 BR, 4.5 BA h.m. 1st flr MBR suite w/ultra BA & sliders to private deck. Eat-in kit w/island. Fin w/o basement. Almost 5 ac w/tennis ct & extensive gardens.



**Inverness \$710,000**  
Updated Ranch in exclusive Macintosh Inverness features stunning LR w/views of lush property & paneled FR. Near Metro, plane & tollroad. TheLubyGroup.com



**Kildeer \$623,900**  
Newer look to a classic 4 BR, 3 BA Colonial. New kit, upd BAs, unique beamed FR, hwd flrs, 3 fpl, new carpet, newer roof & mechanicals on 1+ ac adj to conservancy.



**Crystal Lake \$499,000**  
Perfect 4 BR, 2.5 BA home backs to wooded area. Vaulted ceilings, 3-car garage. 5 minutes to lake & country club.



**Barrington Hills \$3,997,000**  
New all stone manor offers 4 BR suites, 5.3 BA, 4 FPL, 10' cigs all 3 levels, gourmet kit, 4 car gar, on 5 acres. A Car Collector's Dream w/14 Car Showroom!



**North Barrington \$1,750,000**  
Spectacular new 4 BR, 4.2 BA h.m w/5 fpl in Barrington's Wynstone. 10' ceilings, gourmet kit w/Viking appl, granite, walnut fl, full fin W/O LL w/moist qtrs. Hm has it all.



**Inverness \$825,000**  
4 BR, 3.5 BA new home w/wlkout LL. Lrg kit+eating area w/kit/her walk-in closets & luxe BA. TheLubyGroup.com



**Barrington \$650,000**  
4 BR, 3 BA home w/ character and charm. Rich hardwood floors, custom kitchen w/granite, breakfast bar, skylights, upd luxe baths. W/O LL w/full BA. TheLubyGroup.com



**Lake Barrington \$599,000**  
4BR, 3.1BA h.m in park-like setting. Kit w/granite, hwd flrs, Thermoator cktop & dble convection ovens. Lux MBR suite w/lrg closets & dressing area. TheLubyGroup.com



**Barrington \$475,000**  
New point throughout, 2 BR, 2 BA + sunrm, full fin. LL in yard, deck & everything is done for you! Motivated seller.



**Barrington Hills \$2,900,000**  
Waterfront on Hawley Lake. Totally rehabbed 4 BR, 3.5 BA h.m. New mechanicals, roof, baths, kitchen appl, carpet, front door, patios, firepit & boat dock.



**Barrington \$1,499,900**  
Nearly new luxury home in the Sanctuary of Inverness w/ quality construction, tasteful appointments & full finished W/O w/rec rm, ex rm, otc & more. TheLubyGroup.com



**Kildeer \$800,000**  
Robert Parker Coffin contemporary home in Farmington sits atop hill with views of the lake. 100 year old trees - Gorgeous updated & dramatic - cathedral ceilings.



**Palatine \$649,900**  
Pristine main-free 4 BR home. Dramatic open flr, plan, lux master suite, 2 sty fam. rm, outstanding walkout LL w/ rec room & bath. 3 car gar. Private wooded site.



**McHenry \$549,000**  
Beautiful 5 BR, 4.5 BA brick h.m in Martin Woods. Gourmet kit w/maple cabs, SS appl & granite, 2-sty FR w/double-sided fireplace, den, year round sunrm. 3-car gar & more.



**Barrington \$324,900**  
Beautiful Kensington model. 2-story living room w/see-through fireplace. 1st-floor family room plus direct access. Fin walkout lower level. 2-car gar. Lovely views.



**Lake Barrington \$1,825,000**  
Fab 4 BR, 4+ BA home w/Old World charm. Custom finishes, stone arches, balconies, W/O LL & elevator. Resort lifestyle w/pool & hot tub. TheLubyGroup.com



**Barrington Hills \$1,150,000**  
Sprawling 4 BR, 4 BA Ranch w/vol cig & fin Eng bsmt. Many updates/imprvs. Views of own nature sanctuary. 2-stall barn+pastures. Adj to trails. TheLubyGroup.com



**Barrington \$699,000**  
Pristine charm on 1 ac park-like site in choice location. 4 BR, 3.5 BA home updated thru-out. Hardwoods, kit w/granite & SS, great walkout LL w/BA, 2 FP & sun porch.



**Barrington \$625,000**  
4BR, 2.2BA h.m on approx 1/2 ac in Toll Trees. Upd kit w/eating area. FR w/hwd flrs, FP & Pella slider to deck & pergola. Fin LL w/RR, 1/2 BA & off. TheLubyGroup.com



**Barrington \$499,900**  
Stunning Tower Lakes home w/lake views. Beautiful hwd. Wonderful kit w/granite counters & SS appl. Multi-tier deck overlooking water. Lrg scnd porch overlooking garden.



**Mundelein \$2,800**  
FOR RENT-Beautiful 5 BR, 4 BA ranch w/80' of frontage on Sylvan Lk. Gourmet kit w/SS appl. 1st flr MBR w/BA. Vaulted ceil, hwd flr, fplc, pvt beach. Also for sale.



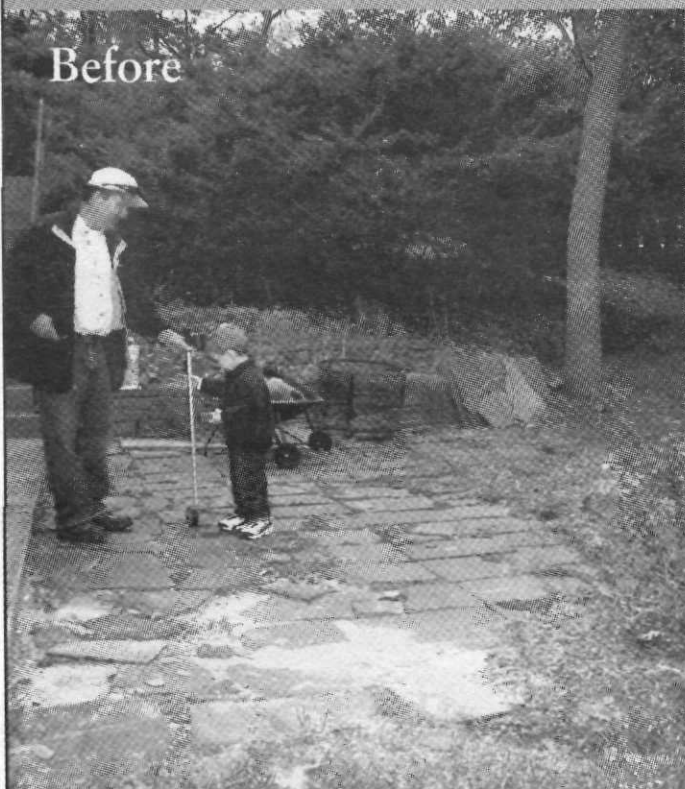
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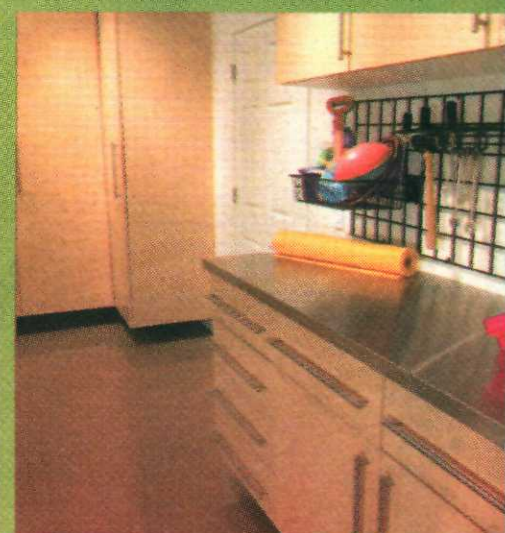
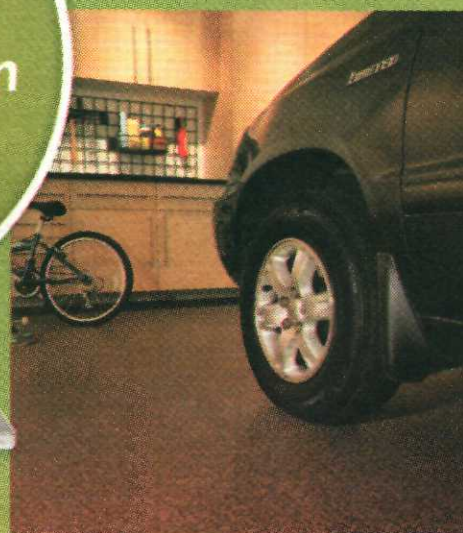


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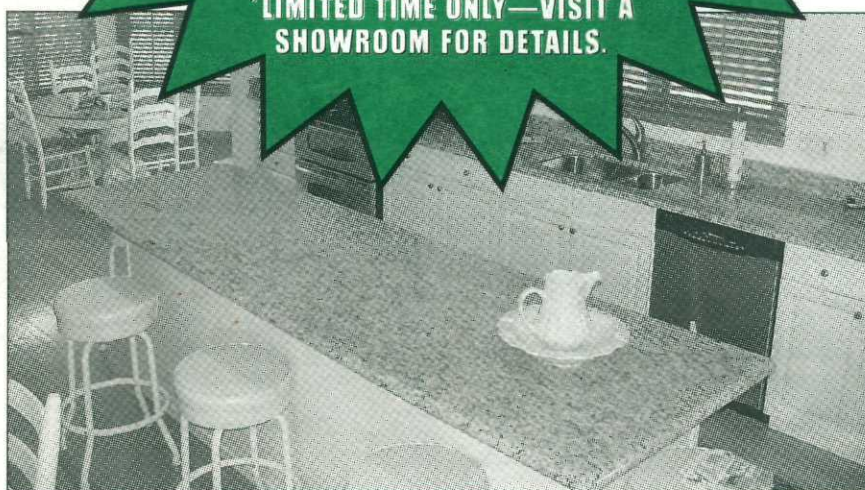
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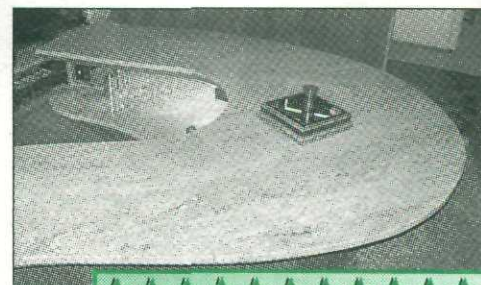


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