arrington

NEWS MAGA

Spring Happenings Galore!

BAAC's "The Feel of Fiber" Exhibit

Art Associates Celebrate 40th Year with Spring Tea

> CFC Holds 30th Anniversary Celebration

> > PRSRT STD U.S. POSTAGE PAID G.M. McMonigal ENTERPRISES

P.O. Box 293 Crystal Lake, IL 60039-0293



Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Fort trolog

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

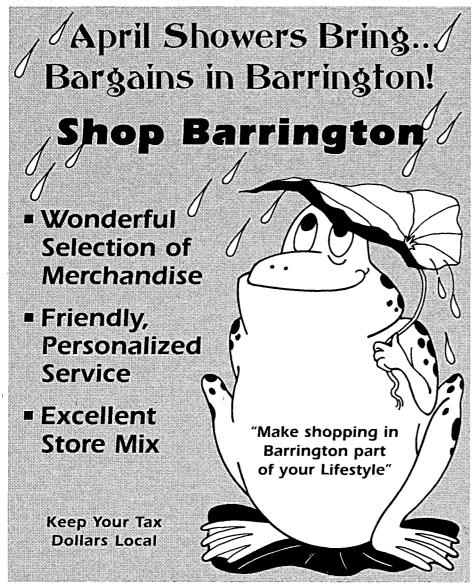
son is obvious—su make an unbeatab what you have left own charm and a Phone Clear Reflection where the control of the contr

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

Clear Reflections has provided 25 years of service at the same location.



LIFESTYLES**

Published by G.M. McMonigal ENTERPRISES Glenne M. McMonigal, Editor P.O. Box 293 Crystal Lake, IL 60039-0293 (815) 459-4820

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Editor's Ink

April, 2001

Dear Reader,

It's here at last! Spring. Or have the last few days been just a tease? With this glorious season come many events. Space allows me to highlight but a few.

The Art Associates are celebrating their 40th anniversary with a Spring Tea on May 3 at the Presbyterian Church of Barrington. History of the organization will be shared. The group began with 42 members and has grown to over 400. Also on

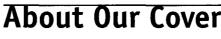


the program will be "Conservation of Paintings at the Art Institute of Chicago". "The Feel of Fiber" will be the April exhibition at the Barrington Area Arts Council. This is always a very popular exhibit and a very elegant one. Fourteen artists will be represented showing their exquisite artwork of such items as: woven paper jackets, shibori silks, handpainted silk and velvet clothing, mixed media fiber paintings and more. It is very worthwhile.

Congratulations to Citizens for Conservation on their 30th anniversary. Thanks to their efforts, many wonderful things have happened to make the greater Barrington area a more beautiful place to live.

Until next time, happy Easter and may all your thoughts be sunny.

With warm regards, Glenne McMonigal Editor, *Lifestyles Magazines*



s Saint

Smart suiting from the Yves Saint Laurent rive gauche collection.

Art Associates Celebrate 40th Anniversary with a Spring Tea

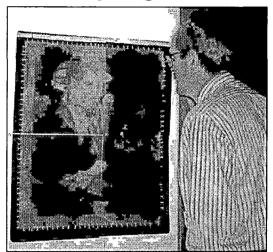
On Thursday, May 3, the Annual Spring Tea of the Barrington Community Associates of the Art Institute of Chicago will be especially festive as the organization celebrates its 40th anniversary. Past chairs are invited to share highlights of the group's history. Club scrapbooks will show changes through the years since the group was founded in 1961 with Mrs. Newton Noble as the first chairwoman.

The initial membership of 42 women grew to 300 within six years. Today, membership exceeds 400 men and women throughout the northwest suburbs of Chicago.

Tim Lennon will present an illustrated talk, "Conservation of Paintings at the Art Institute of Chicago." Tim has an MA from the University

of Notre Dame, did post-graduate studies at the School of the Art Institute of Chicago and, in 1968, under the guidance of Conservator of Paintings Alfred Jakstas, began an extensive five-year training program in painting conservation, including recreation of museum paintings, study of historic materials and techniques, microscopy, photography and practical conservation studio work.

Using examples of paintings at the Art Institute, Timothy Lennon, Conservator of Paintings, will discuss the structure of paintings and some of the work related to their care. The maintenance of the Art Institute's collection on view and in storage is an ongoing task for the museum conservators. The examination and conservation of paintings is based on an understanding of their construction and the factors that cause their aging. The materials of painting; supports made of wood and canvas; and the composite layers of ground, paint, varnish and other materials are subject to many factors that can break down and delaminate over time.



Timothy Lennon, Conservator of Paintings, examines an X-ray of Paul Gauquin's Portrait of a Woman.

X-rays are part of the technical equipment frequently used to examine the structure of paintings and their constituent layers. The X-ray in the photo shows. the artist tried numerous variations on the composition before he arrived at the final

There will be an opportunity for the audience to ask questions about the work and upcoming exhibitions at the museum.

Members, guests and persons interested in joining the Barrington Community Associates are invited to this free program at 1 PM at the Presbyterian Church of Barrington, 6 South Brinker Road. For further information, call Anne Sebastyan, 847-

The Barrington Community Associates of the Art Institute of Chicago encourages membership in the Art Institute of Chicago and supports and promotes adult education in the visual fine arts. The \$60 annual dues include family membership to the Art Institute of Chicago. For information, contact Pat Fein, 847-382-5953, or Genny Ellefson, 847-381-5228.

CFC Holds 30th Anniversary Celebration



Joseph Nevius, General Superintendent, Forest Preserve District of Cook County, presents recognition to Sharon Pasch, CFC President, and Patsy Mortimer, board member, (left), for CFC's part in the recent successful restoration of the heron rookery at Baker's Lake. Mortimer spearheaded CFC's effort in the project.

ing, Citizens for Conservation bestowed Park. CFC also spotlighted dozens of

At its recent 30th anniversary annual meet- its highest honor to the Village of Deer

"The Feel of Fiber" is a Touch of the Arts



Lava & Rain by Gima Designs

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery's April Exhibit, "The Feel of Fiber," on April 6, 2001. The exhibit features an exciting array of unique two- and threedimensional fiber art by 14 artists. The variety of exquisite artwork includes paper, acrylic, metal and wood sculpture; woven paper jackets; shibori silks, handpainted silk and velvet clothing; woven beadwork; sterling silver jewelry; and mixed media fiber paintings.

Exhibiting artists include: Judy Bales, Iowa City, IA; Ilse Bolle, Palatine, IL; Dyllis Braithwaite, Barrington, IL; Sandra Clark, Barrington; IL; Ellen Deutsch, Buffalo Grove, IL; Linelle Dickinson, Lake For information, call 847-382-5626.

Barrington, IL; Elaine Gima, Kula, HI; Ann Hall-Richards, Minneapolis, MN; Laura Hunter, Seattle, WA; Amy Karash, Philadelphia, PA; Thomas Pries, Forest Park, IL; Amy Putansu, Thomaston, ME; Ruth Ross, Portland, OR; and Elaine Trimble, Elgin, IL.

The Barrington Area Arts Council invites the public to attend an Opening Reception on Friday evening, April 6, from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue, Barrington, IL. The exhibit is on view from April 6 through April 28, 2001. Gallery hours are Tuesday through Friday, 10 AM to 4 PM, and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays.

people in the community who had benefited from its land preservation, restoration and education programs.

With more than 150 people in attendance at the Barrington Area Library, incoming president John Wagner gave the William H. Miller Conservation Award to the Village of Deer Park for efforts by its village officials to preserve the historic Vehe Farm on Cuba Road, one of only two Centennial farms in Lake County.

The award is named after the founder

The 14-acre Vehe farm was about to be sold to a developer in 1999 when village officials stepped in quietly to purchase the property, one of the last remaining open spaces in the village.

"What a positive impact our local governments can have on protecting open space and biodiversity in our communities," said Wagner, who presented the award to Deer Park Village President Richard Karl.

CFC also received a special award from the Forest Preserve District of Cook County for its part in efforts to restore the heron rookery at Baker's Lake. Board member Patsy Mortimer spearheaded the CFC ef-

fort. The restored rookery attracted 315 nesting pairs of birds last year, including eight pairs of black-crowned night her-

"Thirty Years in Thirty Minutes" featured presentations by more than a dozen Barrington residents who represented the far reach of CFC's programs into the community over the years.

"This room, filled with hundreds of people, is a far cry from the early days of the organization when I was one of six board members whose job frequently was to collect the newspapers from our recycling program that had scattered behind the bank," said retired Barrington Area Council of Government executive president Don Klein.

Thanks to CFC's Junior Naturalist classes, I can now beat my mom at '20 Questions," said Owen Hull, a fourthgrade student at North Barrington School.

Waid Vanderpoel, CFC board member. spoke of CFC's success*in expanding its Flint Creek Savanna preserve by the purchase of 65 acres from Lakewood Homes. "This has been a pivotal year for CFC," Vanderpoel told the audience of officials, members, volunteers and supporters.

April 1st thru 15th 2001

Come in and ask how you can receive a FREE "Romantic Heart" Sunglass Case with the purchase of any pair of Brighton Sunglasses.



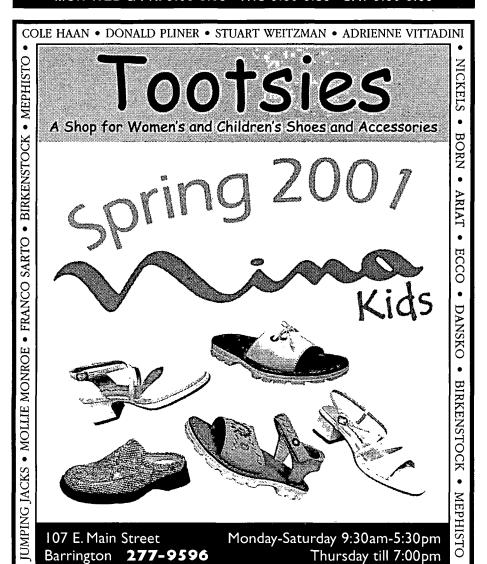


Brighton.

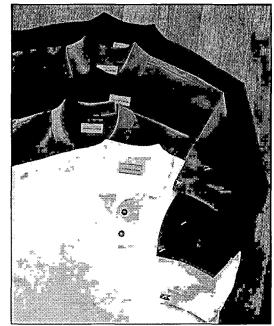


141 W. Main • Barrington • 381-6616

MON-WED & FRI 9:30-6:00 THU 9:30-8:30 SAT 9:30-5:00



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ike our country itself, American style is characterized by a heritage of invention. Unlike any other nationality, we flavor our respect for tradition with a yearning for the new. Though we honor the classics, we refuse to be controlled by the status quo. As Americans, we consider the rulebook only a starting point. We're always saying, "This is nice. Let's make it better." That's why you can always recognize American style, but you can never pin it down. Cutter & Buck infuses this indomitably inventive spirit into each and every product we produce. We are continually reinterpreting American style, building on the best and making it better. Contemporary fabrics and timeless construction. Innovative styling that respects the traditions of design. A balance of modern comfort and classic confidence.

Cutter & Buck is available at Chuck Hines, fine apparel and accessories for men, women and boys. Located on Main Street in downtown Barrington.

Ambassadorial Scholarships Offered by Rotary

tion Ambassadorial Scholarships are now available from Rotary Clubs throughout the area.

The scholarships, which are designed to further international understanding and goodwill, provide for study abroad in more than 150 countries where Rotary clubs are located. Some 12,300 scholarships of various types will be available from clubs worldwide. Academic Year Ambassadorial Scholarships are for one academic year abroad and provide funding for round-trip transportation, tuition and fee, room, board, some educational supplies and language training (if necessary) up to a maximum award of \$25,000.

Also available are Cultural Ambassadorial Scholarships, which provide three or six months of intensive language study and cultural immersion in another country, including transportation, tuition and homestay expenses, up to a maximum of

Applications for 2002-2003 Rotary Founda- \$12,000 and \$19,000 respectively. During their studies abroad, Rotary Foundation Ambassadorial Scholars act as "ambassadors of goodwill." Through appearances before Rotary clubs and districts, schools, civic organizations and other forums, the scholars represent their homelands and work to further international understand-

> For applications, contact a local Rotary club or call Jerry Piper, Barrington Breakfast Rotary Club, at 847-381-6341. The local Rotary club must receive completed applications by July 1, 2001.

> The Rotary Foundation Ambassadorial Scholarship program is the world's largest privately sponsored international scholarship program. Focused on humanitarian service, personal diplomacy and academic excellence, the program has sponsored more than 30,000 Rotary Scholars abroad since it began in 1947.

We're Ready for Easter at Tootsies

We have all the latest dress shoes, sandals apply, and when your card is full, you reand brands for Mom and the children, and they are going fast. Sandals and slides rule the fashion for both dress and casual. Color is everywhere. Patent leather is wonderful again, and thongs are mainstream.

We also have the best sales staff around. They are mature, experienced and professional. Fitting your children properly is the norm and is fully expected at Tootsies. Our staff could work at the mall but choose to work at **Tootsies** for the lovely clientele and atmosphere of Barrington.

We offer Club Tootsies (a frequent buyer program). All regular price shoes

ceive the average purchase price in free merchandise of your choice. Did you know that means you receive an 8 1/3% discount on every regular price pair of shoes and Capezio dancewear at Tootsies? We also have a hosiery club that even includes our Calvin Klein and Biella.

New for Mom from Donald Pliner-designer sunglasses. We also expanded our handbag department with great bags from Donald Pliner, Perlina, Tusk, Christian Livingston and others. And we have new arrivals in our sterling jewelry.

Pilates Method Encourages Strong Mind and Fluent Body

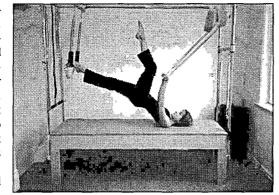
Developed in the 1920s by legendary physical trainer Joseph H. Pilates, the Pilates Method focuses on improving flexibility and strength for the total body; building more defined, longer, leaner muscles without building bulk. Professional dancers have used it for decades. Top athletes use it to develop coordination and prevent injury. Celebrities and top models use it to maintain beautiful form.

S.T. Body Balancing is pleased to offer the Pilates Method, an ex-

ercise method that you look forward to, that engages you and that leaves you refreshed and alert with a feeling of physical and mental well-being.

"The workout is surprisingly relaxing and revitalizing, yet challenging enough for the super-fit. It's as close as you can get to a perfect workout," says S.T. Body Balancing owner/instructor Sondra Teasdale.

Certified in the Pilates Method, Teasdale is a former Principle Dancer with the Nevada Ballet Theater and holds a degree in Dance Medicine Therapy. She and her staff provide individualized instruction, tailoring each session to your specific needs, based on a series of approximately



500 specific exercises using specially designed spring-resistance equipment including The Reformer, Trapeze Table (Cadillac) and Wunda Chair. Mat classes are also offered.

Regardless of your current level of fitness, the Pilates Method can be your primary mode of body conditioning. According to Teasdale, in just ten sessions, you'll feel the difference; in 20 sessions, you'll see the difference; and in 30 sessions, vou'll have a new body.

S.T. Body Balancing is located at 83 E. Woodstock Street in downtown Crystal Lake. The studio is open six days a week. Day and evening sessions are available. For information, phone 815-477-0140.

NISRA Foundation Hosts 10th Annual Spring Golf Outing

is scheduled for Monday, May 21, at the Golf Club of Illinois. Take this opportunity to "give the gift of fun" to local children and adults with disabilities. Proceeds from the outing benefit Special Olympics and NISRA's Summer Day Camp scholarship program. The day begins with a 7 AM buffet breakfast, followed by an 8 AM scramble format shotgun start. The outing will feature 18 holes of golf with cart, special contests, prizes and a BBQ luncheon. Register now for early ties. Call 815-459-0737 for information

Spring is just around the corner, and booking rates at \$120 per player by May NISRA Foundation's Annual Golf Outing 1, 2000. Inquire about special corporate packages. Anyone not playing in the outing who wishes to volunteer or make a contribution may call Ruth at 815-459-

> The NISRA Foundation is a not-forprofit charitable organization providing funding assistance for NISRA. NISRA provides year round recreation activities and Special Olympics for residents with disabilities in nine communities in McHenry County and parts of Lake and Kane Coun-

Celebrate Cinco De Mayo at Julio's

Julio's Latin Cafe is a wonderful change of pace for lunch or dinner. Well known for their selection of excellently prepared dishes from countries throughout South America, including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean, you'll feel as though you've been transported south of the border. Julio's has also gained popularity with their live entertainment on the weekends.

Cinco De Mayo will be celebrated in true Mexican style on Sunday, May 6, starting at 4:30 PM. A delicious 4-course upscale Mexican dinner and lots of margaritas will be offered, along with entertainment by the strolling guitar duo of Lombardo Raul. The cost is \$28.75 per

Julio's on Mother's Day, May 13. Julio's will be open for your dining pleasure. Call for reservations.

Julio's Latin Cafe is open for lunch be made by calling 847-438-3483.



Treat Mom to a delicious dinner at Monday through Friday and dinner service begins nightly at 5:00 PM. Entertainment is provided on the weekends and reservations are always recommended and can



- · Creates a Long, Lean Body
- · Develops Strength, Flexibility, Coordination and Posture
- Restores Physical Vitality, Invigorates the Mind, and Elevates the Spirit



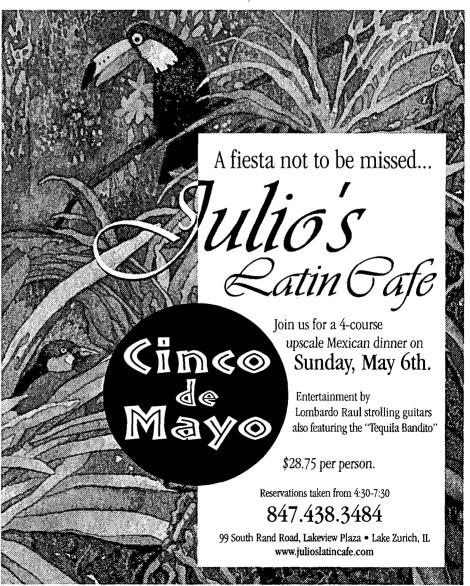
Empower your body. Empower your mind.

The Power of Pilates.

Individualized Instruction by **Sondra Teasdale**

Certified in the Pilates Method Degree in Dance Medicine Therapy, UNLV Former Principle Dancer with Nevada Ballet Theatre DAY and EVENING SESSIONS Space is extremely limited. Reserve Today.

83 E. Woodstock Street • Downtown Crystal Lake • 815-477-0140







May Friendship Day to be Celebrated at St. Anne

Church Women United of the Barrington at the service, help support global projects area will celebrate May Friendship Day on Friday, May 4, at St. Anne Catholic Church, 120 N. Ela St., Barrington, at 11:15 AM. The theme "For Such a Time as This: a Call to End Racism" is based on the story of Esther and was written by Lois Dauway from the women's division of the global ministries board of the United Methodist

Offerings received on May Friendship Day support the local unit of Church Women United in its ecumenical work toward strengthening families worldwide in the 21st century. Fellowship of the Least Coin offerings, which also will be received

benefiting women and children.

Church Women United is an ecumenical grassroots movement of Christian women. Representatives of churches in Barrington, Cary, Fox River Grove, Island Lake/Prairie Grove, Lake Zurich and Wauconda worked together to take part in the service and potluck salad luncheon. The public is welcome; each participant is asked to bring a salad to share.

Childcare is available. Please bring a sack lunch for each child; beverages will be provided. For further information, call Sandie Paxton at 847-304-4806 or Faith Semla at 847-381-2094.



Barrington [CE HOUSE MAL]



Classic Taste with an Attitude

Ready to freshen up your spring wardrobe? Think Savvy Spirit. Our Spring 2001 Collection, arriving daily, promises to be the best ever with lots of luscious colors and fabrics you won't be able to resist. Look for bright pinks and blues, oranges and limes. Spring is bursting with color at Savvy Spirit. Capris are stronger than ever in every pattern, color and length, and Savvy Spirit now offers a line of shoes for one stop shopping to complete your look.

Small unusual purses and belts (worn several at a time) are important for spring as is jewelry in colors and metals. Fabric and metal flower pins are updating spring looks.

Remember to think of Savvy Spirit for all your party, travel, work and play needs. As always, we enjoy giving personal attention and will help you put together a look that is yours and yours alone, a look that will give you confidence and comfort.



Canterbury Shoppe Hosts Christopher Radko Spring Store Event!

Calling all collectors! The Canterbury Shoppe is hosting its first Christopher Radko Spring Event! Come and see Christopher's incredible collection of beautiful ornaments, tableware and home accessories that will turn any room into a celebration of spring! Christopher Radko Representative Kevin Fenton will be on hand to personalize and showcase Christopher's new introductions. He will be bringing the special edition "Spring Chillin" Snowman that will be available for purchase during this event only! Register to win one of these keepsake ornaments during the event! No purchase necessary.

Do you have to buy a special gift this year and don't quite know what to get? Ornaments are a gift of the heart that help celebrate life's best

memories year after year. The Canterbury Shoppe is filled with Christopher's collections that were designed with these special occasions in mind!

New Baby-Designed to celebrate baby's first day, Christmas, steps or binkie, this collection is a keepsake of the heart!

Birthday-Birthday cakes, candles, glitter globes and bright number ornaments make up this happy collection.

Graduation—Celebrate the scholar with Christopher's school days collection of caps, diplomas and grad ornaments!

First Holy Communion and Confirmation—Cross and dove ornaments are available in pink or blue (a gift for baptisms

Wedding—Whether you're hosting or attending a bridal shower, a keepsake ornament box is a wonderful gift to help the new couple start their happy, holiday tra-

Luck o'the Irish—St. Patrick's Spreaders, Pot of Gold Trees, Leprechauns, Killarny



Available at The Canterbury Shoppe, Radko's new pink or blue crosses are the perfect baptism or First Holy Communion gift!



Set your spring table with Christopher Radko's wonderful new spring collection of teapots, mugs, plates, vases and frolicking hand-painted ceramic bunnies! Available at The Canterbury Shoppe!

cottages and shamrock trees make up this Celtic collection!

Mother's Day-Come and see the beautiful ivy topiary ornament holders designed to hold the beautiful garden and mother ornaments designed for Mother's

Christopher's 2001 charity ornaments have just arrived. Stop by and see this glistening collection whose 100% profits are used to support research for breast cancer, AIDS, pediatric cancers, animal rescues and children's charities. Our staff will be happy to help you with any questions about these true gifts of the heart! Please call 847-304-9627!

The Canterbury Shoppe is open seven days a week: Monday, Tuesday, Wednesday, Friday and Saturday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; and Sunday, 11:00 AM to 3:00 PM. Located in the Barrington Ice House Mall, 200 Applebee Street, in downtown Barrington (behind the Jewel store). Happy Spring!





Hop to Shop with the Easter Bunny

The Easter Bunny will appear live and in person at the Barrington Ice House Mall on Friday, April 13, from 1 to 4 PM and on Saturday, April 14, from 11 AM to 4 PM. There will be treats for the children, so bring your camera and video for memorable photo opportunities at no charge.

There will also be an Easter Egg Hunt in the Tommy-Terri Children's Store with treats and other fun, plus, fresh flower market Thursday through Saturday with Prairie Basket Florist.

For further information, call the Barrington Ice House Mall at 847-381-



Peter Daniel Presents a Spectrum of Color for Spring/Summer 2001

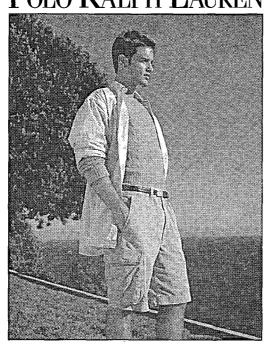
The word for menswear this spring is color-with shades of tangerine; lavender; lemon yellow; pink; fresh blues; greens from lime to forest; and reds from raspberry to Nantucket. Polo Ralph Lauren is out front with a great Spring 2001 Collection of bright colors and wonderfully-comfortable fabrics like cotton madras, sanded and pima cottons and linen.

Johnny Walker has quickly become one of the hottest new sportswear lines in the country, and it's available at Peter Daniel of Barrington. This is an updated traditional line with terrific fabrics and great style. Come in and see what's causing all the excitement.

Our spring collection is further enhanced by several top international lines: Gran Sasso, Zanella, Riscatto, Como Sport, Zanzara, Tallia and Marcello. Don't forget, we also rent and sell tuxedos for weddings and the upcoming prom season.

In our ladies' department, you're in for a dynamic season of blending elegant sophistication with all the womenswear this spring have been energized with exotic hues of pink, fuchsia, We've added some exciting new collections including Lafayette 148 and Dana Buchman. And for that special occasion, see! Happy Spring!

POLO RALPH LAUREN



See the Polo Ralph Lauren Spring 2001 Collection now at Peter Daniel.

colors of the rainbow. The colors in don't miss our fabulous wedding and special occasion dress selections. We can order for you if you don't find your size coral, apple green, tangerine and lilac. or color. Our selection includes sizes 4 through 18.

Stop in! We think you'll like what you

Harper College Design Students Add "Pizazz" to BAAC Show

Those attending Barrington Area Arts Council's annual wearable art fashion at 11 AM with social hour and boutique show and luncheon on April 26 at Biltmore Country Club in North Barrington will be treated once again to several of the innovative fashion designs created by Harper College students in Palatine. These often unusual, always creative outfits lend themselves to the uniqueness of

"Stepping Out With Pizazz" will begin shopping featuring affordable wearable art pieces and accessories, such as handmade purses, hand-painted scarves, jackets, shawls and jewelry. Among the offerings will be jackets hand-crafted by Screaming Women of Grand Rapids, MI.

There will also be time for prizes like this show sponsored by Friends of BAAC United Airlines round trip coach class as a major fundraiser for the arts council. tickets for two anywhere in the contigu-





ous U.S. Or perhaps your heart's set on artists as well as from the BAAC Gallery's a condo vacation in Snowmass, CO; a mixed case of wine from Chalone Wine Foundation in California; a cheese platter set shaped like an artist's palette from Eminent Domain; an elegant pin from Estate Jewelers; a spa day from Ben E. Salon; a \$100 gift certificate from Tootsies shoe store; or a portrait sitting and an 8"x10" package from Portraits by Thomas.

Following the luncheon, the runway fashion show of one-of-a-kind artistic ensembles and creative fiber pieces will begin, coordinated by fiber artist Jan Macklin with commentary by Kiki Stinek. Many of the items shown will be from area fiber as the summer art fair in June.

April fiber art exhibit.

Co-chairmen Arline Aalfs and Sharon Kantanen cordially invite you to gather your friends around a table for 10 (12tops limited) and enjoy the ambiance of this popular springtime occasion. Tickets, \$40 each, are available by calling the arts council, 847-382-5626. Table sponsorships are also welcome. Proceeds support BAAC's programming in the visual, literary and performing arts, including, among others, Young Artists Weeks, the Young Writers Program, music programs and monthly art exhibits in the Gallery as well

Mother's Day Blitz

Friday, April 13, 2:00 to 5:30 pm Saturday, April 14, 1:00 to 5:00 pm









30 N. Williams Street • Brink Street Market Downtown Crystal Lake • 815.455.1092

STEP INTO SPRING WITH A MORE BEAUTIFUL YOU

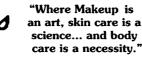
with Syd Simons

Package Plans Available or Make Your Own

- Micro-dermabrasion
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- Deep Pore Facials
- Rapid Exfoliating **Treatment**
- Makeup Lessons
- Body Massages
- Spa Manicures & Spa Pedicures
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- Body Facial "
- Body Bronzing
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Dr. Murad's Exclusive Products

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117 Barrington Commons **Barrington** 381-8727

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It's What She Really, Really, Really Wants...



By Gal Friday

Gal Friday here with a little suggestion for a Mother's Day gift. Want a hint? Only you can give it, and CLIX will help.

Give up? No, darlin', it's not chocolate, although that was a mighty good guess. It's you, or at least a photo of you with the kids. There's no two ways about it. She will treasure it always, after she gets over the shock of learning that you actually did this yourself. But don't worry. We've got just the thing to help you pull

Mother's Day Blitz Friday, April 13, 2:00 to 5:30 PM Saturday, April 14, 1:00 to 5:00 PM

Let me explain. A CLIX blitz is a miniphoto session. We take three or four pictures, no change of clothes or backgrounds. It's just a quick and clean way to take care of business at a great price. Here's how it works:

Call 815-455-1092 for an appointment. Gather the kids. (Warning: They're not going to want to come. We suggest you promise them a free meal as an incentive). Follow the map to the right, and get yourselves to CLIX. Then, click, click, click, pay up and you're on your way. In about three weeks, we'll call, and you can come in and chose which 4" x 6" photograph captures you and your kids. Not only that, we'll pop it into one of our

fabulous frames and wrap it up. Could it get any easier?

And do we need to discuss what the reaction will be when you present this on May 13? My dear! I don't care if it's for your wife, mother or girlfriend, there won't be a dry eye in the house. And there's a bonus, although you might not get it for a decade or two. One day your portrait will be a priceless memory for your children. Stop laughing and ask yourself how important to you is your favorite photo with Dad? Don't have one? Bring him along and make three appointments: one of the three generations, one with you and the kids and one with you and your dad. You'll never be sorry you did it. Call today.

Oh, and by the way, we're doing a Father's Day gift special on May 11 and 12. That ought to give her a way to do the same favor for you.



CLIX is located in downtown Crystal Lake.

Spring into Spring at Syd Simons

We are rapidly approaching spring, the special night and hear just how much season that is kindest to the skin. The extreme temperature changes of winter are behind us, and the harsh summer not yet upon us. Take advantage of the natural benefits of spring by boosting them with special care. Continue scheduling facials to help overcome winter's damage and prepare for summer's moisture drain. Make an appointment for a full skin evaluation. Remember, your skin changes along with the seasons, so your skin care routing may need a few changes. Ask our esthetician to recommend the perfect mask for your skin's needs, and use at home as prescribed. If winter has left you with dry, flaky skin, ask for an exfoliant to add to your home routine. The appropriate moisturizer can keep your skin soft and dewy —a must for spring's natural look. Don't forget your Sun Protection Factor (SPF) even though the sun may not be at its brightest! Use a recommended product with a SPF of at least 15 on your hands and face, and use professionally selected eye moisturizer and lip emollient at all times. Don't forget to wear sunglasses! Everyone feels wonderful in the spring. Make sure you look and feel great right into summer. Consult our estheticians to find out how to spring into spring!

To help you look your best this spring, we are introducing our new lift facial, also commonly known as the Cocktail Facial. This facial is like an aerobic exercise for the face, leaving it firmed and toned. Just imagine all the glowing admiration you will receive when you go out on that

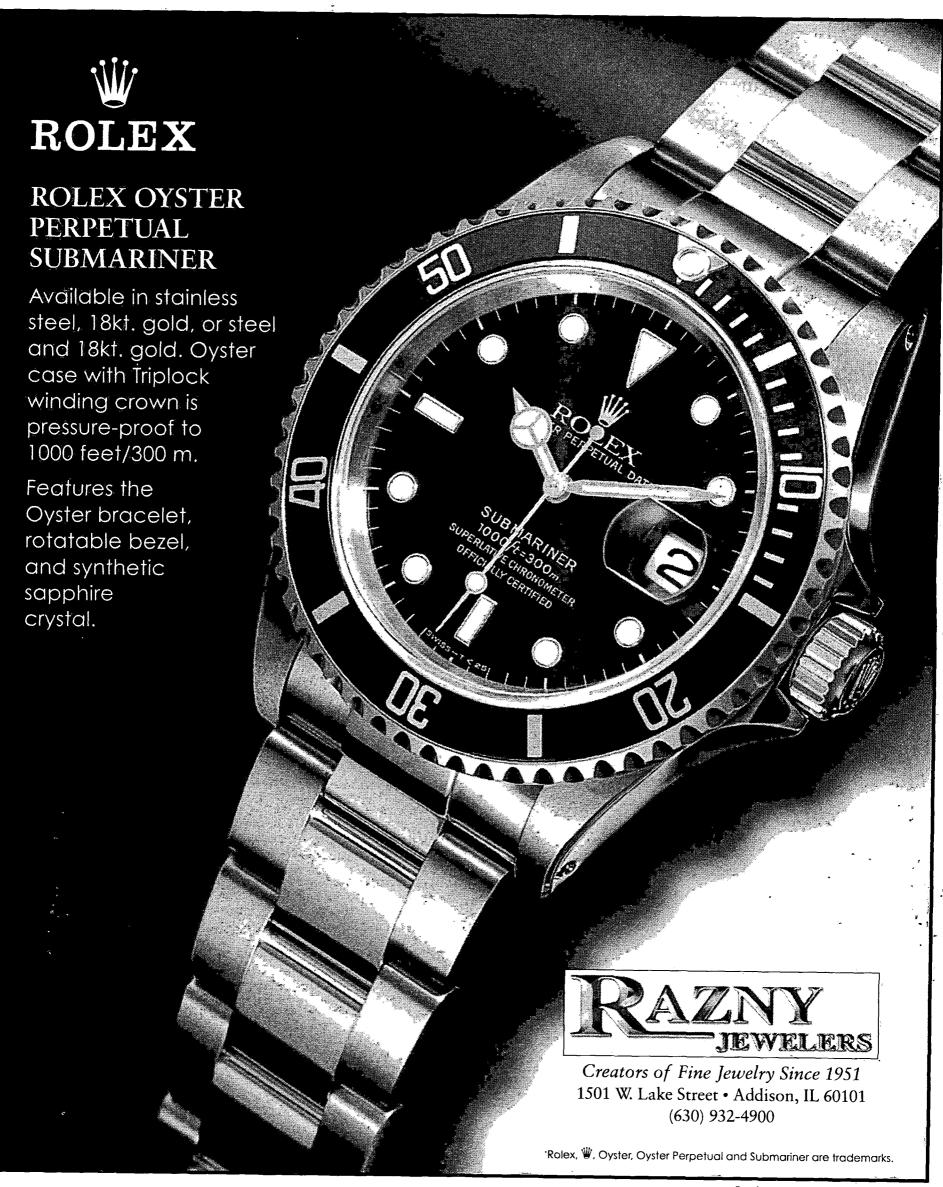
younger you look and how your skin is positively glowing! Ab, every woman's dream can now come true—younger, fresher looking skin that feels as firm as it looks. The lift facial is also great at calming eczema, psoriasis and rosacea. What more could a woman ask for?

Spring is a good time to have a\new make-up look. Spring make-up is totally different from winter—the application a bit softer, the colors lighter and brighter, a little bit more natural. Why not come in and let us teach you how to look your absolute best this spring! We also offer lessons for teens and pre-teens.

Our shoes are soon going to become 'strappy," so treat yourself to a pedicure today. Our nail technicians do a fabulous job, first starting off with a relaxing foot soak in our bubble jet foot spas. Next, they smooth out all of the rough spots on our feet, allowing softer skin to shine through. If you are receiving our spa pedicure, an exfoliating scrub is used on the feet and calves, sloughing away dead, dry skin. In a spa pedicure, a hydrating mask is then applied to replenish lost moisture. A relaxing massage is next, a truly delightful experience. Follow with the polish color of your choice, and you once again have feet to be envious of.

I hope to see all of you in our studio and day spa soon. Have a happy, healthy Easter, and most of all, have fun!

> Sincerely, Cathy Ramstadt, Owner Syd Simons Day Spa



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OSCAR HEYMAN & BROTHERS

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Malzell & Co.

Dalzell & Co. Fine & Antique Jewelry. • Direct diamond importers specializing in engagement rings, wedding bands and anniversary bands, from classic to extraordinary. * Owned and managed by Graduate Jewelers and

Graduate Gemologists of the prestigious Gemological Institute of America (GIA). * Visit today and see our superb collection of fine jewelry, watches and Waterford® Crystal.

23 N. Williams Street, Historic Downtown Crystal Lake * (847) 382-3944 Monday through Saturday and also by appointment. Open late Thursday.

Claude Thomas Hair Design & Spa



Taking care of you is serious business...but we make it fun too!

Claude Thomas has exciting and innovative services that are new to our industry. Check out these exclusive services and our April Specials in our editorial.

20% OFF to All New Clients

Does not apply to already discounted services, products, massage, hair extensions, wigs, virtuals, permanent makeup & exclusive services.

See Our Editorial For April Specials →

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Spring into Action with Fine Jewelry from Dalzell & Co.

True love, like fine jewelry, stands the test man bands look stunning worn alone, of time. Spring into action and show her you'll love her for centuries to come with the ring of her dreams from Dalzell & Co. Fine & Antique Jewelry—a direct diamond importer—offering superior quality and competitive prices on styles from classic to extraordinary.

At Dalzell & Co., you'll find at your service three Graduate Gemologists, three Designers and three Graduate Iewelers of the renowned Gemological Institute of America (GIA). These professionals have the education and expertise to advise you through every step of your selection and to assist you with custom jewelry designed to your specifications.

Dalzell & Co. features breathtaking creations by Oscar Heyman & Brothers, one of the most prestigious names in fine jewelry since 1912. Select from an exquisite collection of wedding and anniversary rings comprised of carefully matched round diamonds set within an elegant channel of gold or platinum; the distinctive look of alternating square diamonds and sapphires, rubies or emeralds; and dazzling bands of cross set baguette diamonds or colored gemstones. Oscar Hey-

complimentary alongside an engagement ring and sophisticated when stacked to-

Dalzell & Co. is a full-service jewelry store also offering McHenry County's largest selection of Waterford® Crystal giftware and stemware (gift registry service available), fine watches, and antique estate pieces. Jewelry repairs, appraisals and custom designs are performed on the pre-

In addition, Dalzell & Co. is a member of The American Gem Society-an organization dedicated to proven ethics, knowledge and consumer protection. Membership is only awarded to selected jewelers who possess proven gemological knowledge and the highest ethical standards. It is your assurance of the reliability and capability of this firm.

Dalzell & Co. Fine & Antique Jewelry, 23 N. Williams Street in Historic Downtown Crystal Lake. Open Monday through Friday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; Saturday, 9:30 AM to 4:00 PM; and also by appointment. Please call 815-455-3600 or 847-382-3944.

DZ Alumns Are Getting Organized

On Wednesday, April 4, at 7 PM, there will be a monthly chapter meeting of the area Delta Zeta Alumnae. Meeting place is The Container Store

Prepare for spring cleaning and learn some organization tips! For more information and to RSVP, call Michelle at 847-843-9052 or Laura at 847-358-0135.

Claude Thomas' **Exclusive Services-**

Microdermabrasion, The Non-Surgical Facelift, Glycolic Peel, Permanent Make-Up, Hair Extensions and Add-On Hair & Wigs

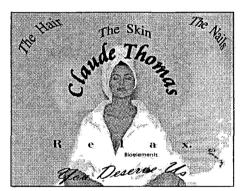
Along with hair, nail and spa services, Claude Thomas is introducing exclusive and exciting new services. One is Microdermabrasion. Compared to a chemical peel, this exfoliation treatment offers higher precision. Other benefits of this treatment are many:

- Works on all skin types
- Elimination of fine lines and wrinkles
- Lightens and can even eliminate age spots and hyperpigmentation from sun
- Reduction of open pores
- Reduction and/or elimination of broken capillaries, scars, stretch marks, whiteheads and blackheads
 - Restores sun damaged skin

Claude Thomas also has the Stimulating Lift Treatment. This program will help take years off the appearance of aging skin without surgery. The most important function of the Stimulating Lift is to tone up and contract the underlying muscles of the face and neck.

Expert eyelash tinting and eyelash perming is available at Claude Thomas.

Another exclusive service is Hair Extensions. Not all hair extensions are alike. We only carry the most innovative methods in our industry—the ones that celebrities and models use. Our system does not damage your own hair like so many systems in other salons. The Polymer At-make-over for \$30.



tachment System attachments are polymers equal to the human hair structure, not glue, wax or twisting and braiding that damages your own hair. We use the best 100% human hair—not synthetic with the cuticles all going the same direction. This hair is easy to perm or color. After a consultation, we would determine what would be right for you.

Permanent Make-up is now at Claude Thomas. This service will be done by Claudia and Jennifer. Who benefits from Intradermal cosmetics?—Busy people with little time to apply make-up; people with allergies to make-up; people who seek corrections of asymmetrical facial features; people who wish to look their best all the time; athletic people; entertainers; actresses and models; and those who are physically incapable of applying make-up. Call and find out more about this service.

Claude Thomas specializes in wedding and special occasions! Gift certificates available.

Not sure what style you want for spring? Come in for the computerized virtual

What's Happening at Starr Couture

I have just returned from another buying trip, this time from Paris. Each season keeps getting better and better. We have had so many requests from our customers to bring shoes. I decided this fall to introduce a collection from Italy of limited, very special shoes, handbags, wallets, beautiful belts and outstanding custom hats. We will also be hosting an accessory show sometime in August, so be sure to watch for upcoming dates. Last year, I conducted a wardrobe seminar, and I was asked throughout the year to do it again. You will not want to miss out on all the tips and knowledge you will get,



along with finding out what to took forward to for fall, as I share with you the latest trends from Paris and Milan. Be sure to call and reserve your seat early due to limited space. I would like to once again thank all our wonderful customers for all your support and constant referrals we receive every day. Look forward to seeing you

Protect Your Furs after the Coldest Winter in 20 Years!

Don't let summer sneak up on you! Because of the harsh effects of an early and long-lasting winter, we at Shari's urge our customers to clean and store their coats soon. This is a must. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will help give it extended wearing life.

We at **Shari's** feel spring storage gives us the perfect opportunity and time to make the small repairs and major remodels so your fur will be ready for next year's inevitable blast of winter.

Spring is a good time to choose a new

Opening Reception



fur for next season. Shari's offers the finest selection of new and used furs. Our (Please continue on page 49)

All Welcome to April 27

It is with great pleasure that Dunton Gallery invites the public to join in the opening receptions for two fabulous artists, David Hettinger and Bonnie Paruch, on Friday, April 27, from 6 to 9 PM and Saturday, April 28, from 10 AM to 4 PM. Their show will then continue through May 19.

David Hettinger, a native son of Aurora, IL, is a "lifetime" artist who started drawing at age six and hasn't looked back since. After studying with the American Academy of Art, David has studied with such masterful teachers as Joseph Vanden Brouck and



Harmony by Bonnie Paruch, 9" x 14", oil.

David Leffel. The winner of numerous national and regional awards, David is now turning his considerable talents to landscapes and interiors with figures which capture the interactions of the people to their environment and the energy of the relationship between the people.

Bonnie Paruch, a signature member of the Pastel Society of America, is a native of Wisconsin and has distinguished herself in both her pastel and her oil paintings. In the October 2000 issue of Southwest Art Magazine, Bonnie was named "an artist to collect" and then was the cover-featured artist in the November 2000 American Artist Magazine. As a plein aire painter, Bonnie depicts and captures the beauty of ordinary



Tin Roof by David Hettinger, 18" x 24", oil.

life—rural landscapes, still-lifes, interiors. Whatever her subject, they all come vibrantly alive through her impressionistic style.

Both artists will be in **Dunton Gallery** on Friday and Saturday, the 27 and 28. Dunton Gallery is lócated on the Dunton Avenue end of the Evergreen Center in downtown Arlington Heights (two blocks south of Northwest Highway and two blocks west of Arlington Heights Road). Open Tuesdays through Saturday, appointments are gladly accommodated at other times. Just call us at 847-818-0694 or visit our website atwww.duntongallery.com.

STARR COUTURE

WARDROBE SEMINAR

Thursday, April 19th, 11:00am and 6:30pm

Find Out About:

Distinctive Apparel

& Accessories

- Creating a Wardrobe that Works for You
- Day into Evening Looks
- Accessorizing & Updating Your Existing Wardrobe
- Career, Social & Fun Looks
- Travel Tips & Much More

Limited Seating Available. RSVP by April 13th.

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Hours: Monday-Saturday 10 a.m. to 6 p.m. • Evenings by Appointment

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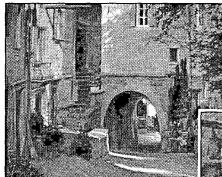
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TWO ARTIST SHOW

APRIL 27 to MAY 19



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BONNIE PARUCH

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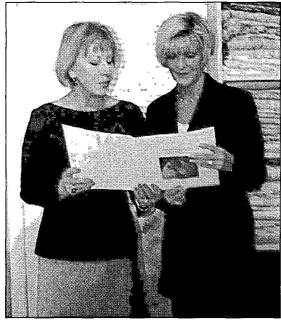
18 S. EVERGREEN AVE.

(the Dunton Ave. end of Evergreen Center)

ARLINGTON HEIGHTS, IL 60005 (847) 818-0694 • FAX (847) 818-0695

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Infant Welfare Fashion Show, April 11



Diane Geiger (right), President of Fashionique Productions, and Mira Horoszowski of Mira Couture in Chicago discuss the upcoming Barrington Infant Welfare Society Fashion Show to be held on April 11 at Biltmore Country Club in Barrington.

The members of the Barrington chapter produced by Fashionique Productions of the Infant Welfare Society of Chicago have been meeting and gathering silent and features well-known designers and auction donations in preparation for their annual Spring Luncheon and Fashion riers, Beloux Knits, Chacok and Ultimo. Show. The event is being held on Wed- Prizes include round trip tickets for two nesday, April 11, at the Biltmore Country to Paris. For information or an invitation Club. The Fashion Show is professionally to this event, please call 847-381-8695.

with Diane Geiger, President and Director, boutiques such as Mira Couture, York Fur-

BWC's April Showers Bring... **Flowers**



Practicing for the Barrington Woman's Club annual party, April Showers Bring... Flowers, are: (left to right) Claire Lee Erickson, Marge Mehrtens, Mary Therese Stephens and Janine Radke.

The Barrington Woman's Club presents April Showers Bring... Flowers. This annual event takes place on Wednesday, April 18, at Inverness Golf Club. All proceeds go to the club's scholarship fund to benefit college-bound students and to assist young women returning to college.

Festivities begin at 9:30 AM with registration and a continental breakfast. As in the past, there will be a wide variety of prizes and many interesting door and table items. The games will conclude at 12:30 PM when luncheon will be served.

All game players in the area are wel-

come: mah-jongg, backgammon, chess and any other card or board game. Supplies for bridge players will be provided. All other players need to bring their own

The cost for this event is \$45. Luncheon only is \$40. If you cannot attend, donations would be appreciated. Checks should be made payable to the Barrington Woman's Club and mailed to Nancy Anderson, 944D Oak Hill Road, Lake Barrington, IL, 60010, no later then Saturday, April 14. Call Claire Lee Erickson at 847-382-4234 for more information.

A Local Merchant Speaks—"Concern for Making America Work"

by Nate Casement, Michal's Jewelry (Nathan Casement & Associates, Inc.), 105 E. Main St., Barrington, IL, 60010

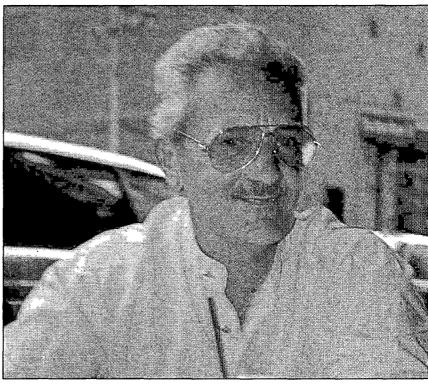
How redundant is the idea that "We The anarchy or insurrection, the debate from People" can make this great country of diversified concepts and cultures collide in strategic agreement? Can we keep this philharmonic orchestra of untested instruments together in any harmonic melody? The recent shootings in California by a reckless wandering boy call attention to the malady of our national heart and soul.

The answer for a fresh and new start lies in the understanding of the democratic ideals of the republic by the Founding Fathers. The very fact that those from the far left and those from the extreme right propagate their agendas from the Bill of Rights and the Constitution without going to war is the American Way. The election of 2000 tested every fabric in the tapestry of the Founding Fathers once again. Again, the crisis of controversy was resolved in orderly debate. America was tested and its leadership steadied and stayed the course. The underpinnings supporting the Republic worked once more. This man was privileged to attend the Inaugural of President G.W. Bush. Democrat and Republican stood together in the pouring rain to Pledge their Allegiance and swell with internal pride as Hail To The Chief was trumpeted. This was a phenomenal picture, after all of the heated debate over the election, of America working.

We are republicans! Many of our friends are Democrats. In reality and principle, our Democracy remains indifferent to both points of view! It exists to allow a plurality of viewpoints. It allows for vast divergence of opinion within the framework of the laws of the land. As long as these expressed views do not promote

"both sides" may coexist without prejudice. Even the civil rights movement produced a harmonious result and common goal to remind us that "all menare created equal." Yes, this is a country where Jerry Fallwell, Jesse Jackson, Ronald Reagan, Ted Kennedy and Billy Graham can sing "God Bless America" in perfect academic harmony. There is no country like these United States. These vast diversity of peoples and cultures from multitudinous backgrounds and ethnic roots can stand together in purpose and destiny under the stars and stripes. They can defend one another's right to separate points of view and still exist in harmony. How can these diametrically opposing philosophies and ideas ever come to a forum of reconciliation? The answer is that they may never do so. One side never has to concede to the other's points of view. One may view that the other is wrong and the other right or that the truth lies somewhere in-between, but both sides have the intrinsic right to exist. We can all keep the debates civil and friendly until we derive the Democratic solutions.

We strongly support the President's Tax Proposal. We think it is good for America and working people as well as Corporate America. The economy needs an injection of faith and fuel for consumer confidence to return to the market place. We can resolve this debate, and those on the other side will find a comfortable compromise. We may not be able to forecast the economy out ten years, but the relevance of today's need obscures the need to solve the problems of the next decade!



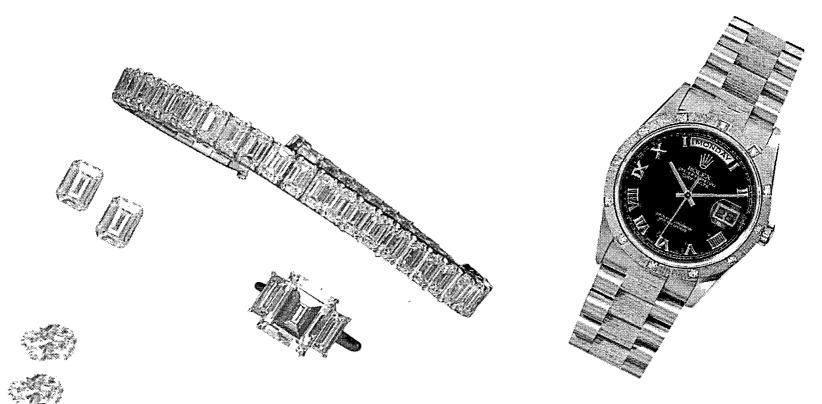
However, the real enemy is not the tax issue. America needs a return to moral values and ethics. Faith, religion and families teaching right from wrong to children are the missing link. A new form of "soft money" is corrupting the television networks and the internet. Corporate giants promoting their products and agendas have polluted the airways with promiscuous sex and violence that mirrors an undesirable lifestyle to America's youth. Murder, rape, incest and illegal drugs dictate the direction and proclivity to moral

disaster. Churches, schools and dedicated parenting are America's hope for a new and better day. Republicans and Democrats are not at the heart of the Nation's malady. We believe that the new administration in Washington endorses this kind of a renewal of old and better ways!

America is not controlled by Washington. "The People" are the power behind legislative and moral positive changes! Add your opinion and contact your Congressman and Senator today.

E-mail us at rpublican@aol.com.

20 Years of Service in the Northwest Suburbs

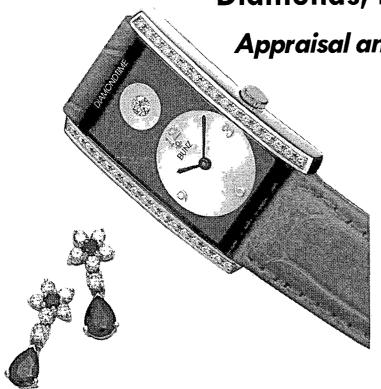


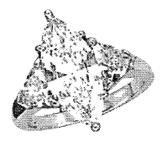
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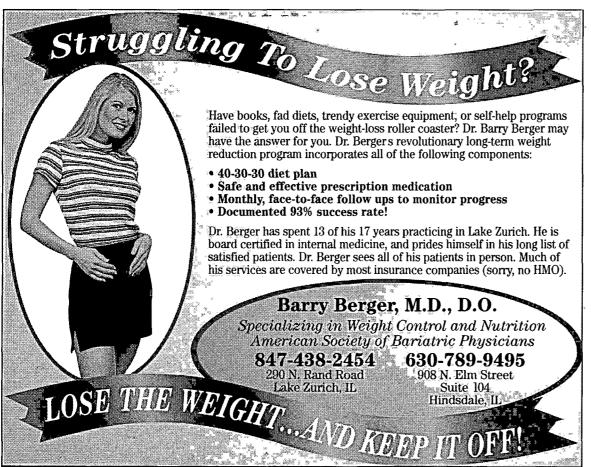






Nathan Casement & Associates, Inc.

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New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbo-



hydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 847-438-2454 in Lake Zurich or 630-789-9495 in Hinsdale to make an appointment for your consultation today.

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Kildeer WC Fundraiser Luncheon

Kildeer Women's Club will host its second bers are welcome. The affair will feature fundraiser luncheon on Thursday, May

a fashion show compliments of Talbot's 17, 2001, at 11 AM at the Wynstone Counand prizes. Call 847-438-3289 for informatry Club in North Barrington. Please mark tion and reservations. Cost is \$35. Come your calendars. Members and nonmem- join us for a very enjoyable afternoon.

•Hair Design•Tanning•Nail Enhancment•Facials•Pedicures•



Get the Look You Want for Spring!

- Enhance Your Haircolor
 - Update Your Style
 - Revitalize Your Skin
 - · Have a Golden Tan
- Pamper Your Fingers & Toes!

Just Minutes South of Deer Park Town Center

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Pi Beta Phi Alumnae Club

The Arlington Heights Pi Beta Phi Alum- their sisters for a Founder's Day celebranae Club meets monthly, usually the tion. The next meeting, commemorating second Wednesday of the month, at vari- 134 years of Pi Beta Phi, is on Wednesous members' homes in the Northwest day, April 11 at 7:30 PM. Please call Angie Suburbs. All Pi Phis are welcome to join at 847-478-5140 for more information.

Renew Yourself for Spring!

Spring is in the air. Put away your heavy winter clothes and lighten up your look. Now is a great time to renew yourself.

Liven up your hair color. Highlights, sunstreaks, glazing, toning, grey coverage, blending, brights, lowlights... we do it all. Or are you unhappy with your hair color? Why not allow any of our experienced staff correct those past mistakes while we improve the condition of your hair. Why not consider a new hairstyle? Whether for day-to-day needs or special occasions, our only goal is client satisfac-

Your hands and feet have been hiding all winter. It is time to prepare to have them uncovered. Who wouldn't love to have a hand paraffin treatment, a manicure and pedicure? Start pampering yourself now to have perfect nails. Are you looking for immediate results? Why not consider acrylic nails.

- Add some color to your skin and prepare yourself for exposure to the natural sun with our tanning packages.
- Eliminate unwanted hair with waxing. We can wax your legs, bikini lines, arms, underarms and facial hair.
- For men, we can remove the hair on your back and/or chest.
- Define your eyebrow arch by having them professionally shaped.
- · Accentuate your eyes with lash and brow tinting.
- Relieve tension and stress; treat yourself to a therapeutic full body massage.

Who wouldn't love to have revitalized. glowing skin and a youthful appearance? ment at 847-934-1112.



Esthetician Michelle Arnold

Our experienced esthetician, Michelle Arnold, will analyze the skin and design a program that will address your specific needs. There are facials to smooth and tone your skin by cleansing and exfoliating. Michelle can customize your facial with a masque specifically for your skin type. A Glycolic Peel or Cellabrasion™ Series will give you the maximum results. Cellabrasion™ is an epidermal renewal system. Unlike laser treatments, chemical peels or vacuum-based microdermabrasion, you'll see minimal redness with Cellabrasion™, and there's no "downtime", bruising or streaking. We also include both the antioxidant cream and repair barrier cream for at home follow-up.

The Right Dimension Salon & Spa uses only the highest quality products for all our services. We are proud of the professionalism and competence of our entire staff. We invite you to meet with us.

The Right Dimension Salon & Spa is located in the Foxfire Plaza at Hicks and Rand Road just south of the new Deer Park Town Center. Call for an appoint-

Barrington LIFESTYLES April 2001

Reiki... A Responsibility, A Gift, A Powerful Ancient System of Healing

Reiki classes are now being offered in learn, it is in no way simplistic," she con-815-455-4502.

Reiki (ray-key) means "spiritually guided universal life force energy," (ki). Life force energy animates matter, balances our body, mind and spirit; it keeps us healthy when in balance; it makes us ill when out of balance. Imagine what learning to vitalize, enhance and guide this life force can do for the state of your emotional and physical health! Reiki is a holistic method which reaches all levels of one's existence and works to bring them into balance, thereby addressing the cause rather than the symptoms of disease or disharmony. You may experience Reiki as love, the original home of the soul. However it is not linked to any specific faith, religion or belief.

The practice of Reiki was lost for many centuries, but Dr. Mikao Usui rediscovered this ancient healing method in the middle of the nineteenth century in Japan. Whether your goal is self-healing, providing assistance to loved ones, or becoming a professional Reiki Master Teacher or Practitioner—all that is required is the desire to learn Reiki and use it ethically. It was intense desire which led Dr. Usui to his discovery

"I believe Reiki is a great gift which engenders great responsibility," states Ms. Arwine. Reiki is taught in four levels, each requiring a full day seminar at a cost of \$150 per day each for Levels I and II; \$200 each for levels III and IV. "Simple to May 5 or June 24.

Crystal Lake through Pamela Arwine, tinues. "We learn most deeply that which we experience directly both from being the giver and the receiver. Our Reiki work will be refined as we use it and questions will arise. Therefore, I have developed two Advanced Spiritual Healing Workshops. Each 2-day program is \$200. I also offer supplemental classes two evenings a month for sharing, practice and further development. These very beneficial classes are offered to all my Reiki students free of charge. It is a unique bonus and my way of giving back for all that I have received through learning, practicing and teaching Reiki."

Pamela is a teacher and practitioner of the art of Rubenfeld Synergy (body/ mind/spirit integration), a Clinical Hypnotherapist, a Gestalt Therapist and a Reiki Master Teacher. She teaches and certifies hypnotherapists with an emphasis on past life regression work. She brings a rich blend of experience to this work dedicated to health and balance with the focus on unity of mind, body, spirit and emotion. Each step along her path has brought her closer to her goal of teaching and assisting others in alleviating pain, disease, dysfunction and discomfort. Along the way, she has discovered that the true goal and the true joy is to take wing and soar; alleviating pain is just the necessary first step in the process.

She offers both classes and private sessions. The next Reiki Level I Class is on

Renew and Rejuvenate Your Skin at Dermessentials

Dermatology Physicians & Surgeons, Ltd. has just what you need to revive your skin from the winter blues at Dermessentials skin care center and boutique. Dermessentials is your source for the finest skin care products selected by our staff of board certified dermatologists. Dermessentials has a wide array of products suited for your specific skin care needs, including product lines from MD Forte, SkinCeuticals and Kinerase.

During the month of April, Dermatology Physicians & Surgeons, Ltd. is offering 15% off all products sold at Dermessentials when you schedule a free skin care regimen consultation with our licensed cosmetologist, Jennifer Fant.

Also within Dermessentials, Dermatology Physicians & Surgeons, Ltd. can help you renew and rejuvenate your skin with the widely acclaimed Derma Peel™ microdermabrasion treatment. Derma Peel™ exfoliates the skin with a pressurized stream of sterile, micro-fine crystals of sodium bicarbonate that gently buff and polish the skin surface. The skin looks and feels smoother immediately after

In addition to improving the appear- Dermessentials at 815-455-4433.

ance of normal skin, conditions like acne also improve significantly faster with a series of Derma Peel™ treatments when used as a supplement to medical therapy prescribed by your doctor. Fine lines, age spots, irregular pigmentation and minor acne scars have also been shown to improve with Derma Peel™ treatments.

Derma Peel™ has all the benefits of a chemical peel but none of the disadvantages. There are no chemicals applied to the skin, and there is no delayed peeling. "Recovery time" is the time is takes to return to work or school after the treatment. Derma Peel™ is an invigorating treatment for the face, neck, chest and hands. Call us or stop by Dermessentials to learn more about how this treatment will fit with your skin care regimen.

Dermessentials is open to the public between 9 AM to 5 PM, Monday through Friday, and on Saturday mornings. No appointment is needed, so stop in and look around. You may find just what your

Schedule your free consultation with Jennifer and get 15% off your Dermessentials purchases. Walk in today or call



Reiki

EXPERIENCE THE HEALING FORCE

Profoundly healing, Reiki gently and effectively opens blocked meridians, nadis and chakras clearing the energy bodies and leaving one feeling relaxed and at peace. It feels like a wonderful glow of radiance permeating your body/mind.

REIKI LEVEL I TRAININGS NOW FORMING

May 5 or June 24, 10 am - 5 pm

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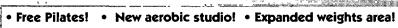
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New Skin Technology Debuts at Northwest Dermatology

Northwest Dermatology is pleased to skin cells and rejuvenate the health of the announce the addition of the Diamond Peel™ microdermabrasion system to their practice. Microdermabrasion, the most progressive new therapy in skin care, is being widely recognized by professionals throughout the U.S. for its effective, gentle skin peeling capabilities. It's been featured in all the major magazines including Vogue, New Woman, Allure, Elle and others and continues to be the most talked about new treatment for people in search of a more youthful appearance and healthy looking skin.

The Diamond Peel™ uses micro diamond-shaped crystals to remove dead

skin. Treatments are fast and pain-free, leaving little or no redness. They last less than an hour and do not interrupt your busy schedule.

The Diamond Peel™ can treat aging and sun-damaged skin, some types of acne and acne scarring, altered pigmentation, fine lines, melasma and enlarged and clogged pores.

According to the American Society for Dermatologic Surgery, microdermabrasion is "skin care for the new millennium. It greatly enhances poor, dull skin texture by gently resurfacing the superficial skin

(Please continue on page 49)

Forest Grove Athletic Club

Owned and operated by TCA, a recognized leader in the fitness and recreation industry for 29 years, Forest Grove Athletic Club offers its members not only a state-of-the-art fitness facility, but the personal touches and comfortable surroundings that set it apart from the crowd.

Just step into our beautiful lobby, with its soaring ceiling and contemporary furnishings, and you can tell this place is different. We are a serious health facility with a fun atmosphere.

Trial memberships are available—some restrictions apply. And, the club offers a 30-day, unconditional, money-back guarantee.



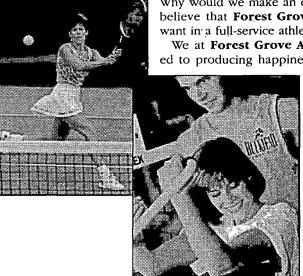
If you are not completely happy with the club during your first month of membership, we will refund your initiation fee and every dollar you have paid for monthly

dues-no hassles, no pressure, no questions asked. Why would we make an offer this bold? Because we believe that Forest Grove is everything you could want in a full-service athletic club.

We at Forest Grove Athletic Club are committed to producing happiness for people by providing

the finest in athletic club services, facilities and our professionals to serve your

Call or visit our club soon. See the adjoining ad for information about special enrollment programs and generous trial memberships throughout the month. Hope to see you soon at Forest Grove Athletic Club.



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- Contemporary lounge with big-screen television
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- HealthSouth Physical Therapy Center

Hop into Your New Look This April!

This April, we are reaching out to new clients to experience all of our talents. Our staff has attended all of the most recent hair, makeup and spa educational events. We're full of ideas for you! This month, refer two new clients and receive a \$25 gift certificate to spend on any of our tantalizing services.

Hot News-Michelle Szczesny has been accepted as the Northwest Territory Educator for Hair Extensions (the hottest trend in hair). She is looking for creative people to join her team. Please inquire within, 847-381-3688. Join now while it's hot!

Plan ahead for Mother's Day. Stop in to purchase one of our custom gift baskets, or choose a gift certificate in any amount Glamour packages are available!



for that special woman in your life. Phone orders are also available.

Book now for your prom reservations.

Carole Comments

by Carole Childers, C.N., L.N.C., All Ways Healthy

A friend asks: "Are energy food bars a good source of nutrition?"

Carole Comments: There are many types of "energy" bars out there (Balance Bar, Power Bar, Cliff Bar, Luna and Atkins), and my best advice is to read the label on each to determine their nutritional value.

As a snack or a mid-morning pick-meup, an energy bar is a fine choice, especially as an alternative to something like a doughnut, candybar or other nutritionally void item.

However, make sure you know what's in your energy bar. Check the fat grams and opt for one with total fat grams accounting for less than 10% of the calories.

In addition, don't rely on energy bars as a replacement for a nutritional meal. They are meant to offer a healthy way to achieve quick energy, not a substitute for whole, fresh foods.

Some manufacturers have developed bars that address specific health concerns such as weight-management, musclemass-building and sports. Because of their convenience, price and nutritional elements, energy bars will continue to appeal to many. As with any other manufactured product, I urge you to read the label and be informed.

Visit All Ways Healthy and let our experienced staff help you. Or for a consultation with Carole, call 847-438-9200.

Affairs of the Heart

Throughout life, we all have experiences that have touched our hearts and souls in a special way. Those experiences help define who we are and what we are all about. Our values and integrity can either be graced or damaged by affairs of the heart. For the benefit of this article, I will refer to affairs of the heart as any relationship with a person with whom you have an emotional bond, experienced joys and sorrows, feel love and compassion for and with whom your life has deepened, changed or been influenced by in some way. The question at hand is, are your affairs of the heart providing you with positive energy or negative loss of energy?

People enter our lives at different times and for different reasons based on where we are at, both literally and figuratively, at any point in our development. For example, the book Tuesdays with Morrie is a wonderful story of an affair of the heart of the relationship born out an old man's journey toward death and a young man's sense of compassion, duty and honor toward that painful eventual loss. It provided the opportunity for them both to share the complete range of human emotions with one another. On the other hand, affairs can take on a terribly troubling connotation when they interfere with the future of a marriage, perhaps where the "illusion" of a relationship robs energy from the primary relationship creating heartbreak in the wake. It is important to understand what role all relationships play in your life.

So, affairs of the heart can take the 842-9365.

by Judy Kaplan, MS

form of friendship, courtship, youthful romance, illicit romance, collaborative work efforts, going through tragedy or joy with another or mentoring. They each add meaning to our lives in some way. The beauty in a heartfelt relationship is in the depth of emotion that can be experienced. Conversely, that depth of emotion can cause excruciating pain as well, depending on the life circumstances around the situation (i.e., illness or loss of a loved one or marital betrayal) and the integrity of the relationship. I believe that we engage with people every day of every year that have powerful effects on us, our lives and how we conduct ourselves that are positive and inspirational and healing. And they too are affairs of the heart.

I would like to suggest, as spring begins to unfold, for you to consider those "affairs of the heart" that might be influential in your life. Are they providing joy, support, compassion and connection? If so, how can you salute them and let those people know how they have contributed to your life? By the same token, are any of the relationships in your life creating pain, damaging circumstances and endorsing behavior that is not congruent with your values and beliefs? Whether you were drawn to this article by an affair that is damaging your marriage or whether you were drawn by the positive effect of relationships in your life, taking time to think about either possibility is a good idea. Call if you would like to discuss the powerful effect in your relationships-847-

HAPPY EASTER! — April Special — **Refer Two New Clients &** Receive a \$25 Gift Certificate Creative Cutting ■ Creative Color Massage ■ Texture & Perms Glamour Packages Hair Extensions & Thickening . Permanent Makeup Facials Makeup Application & Lessons ■ Full Service Waxing ■ Manicures & Paraffin Waxing **Walk-ins Welcome** REDKEN RUSK BIOELEMENTS OPI 2 S. Northwest Hwy. Barrington (3 biks South of Main St.) 847.381.3688 Spa Light Salon



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My specialty is helping people through difficult times...

assessing the problem

✓ lending clarity to the problem

☑ offering support & objectivity

☑ collaborating on solutions

■ establishing goals

☑ providing education & awareness ☑ providing feedback

☑ consulting with schools or others

Occasionally we all need a little help.

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(847) 842-9365

A Look at Public Education with a Special Emphasis on Young Women

For an intriguing look at what's happen- Harvard University Graduate School of ing to support the education of young women in the public schools, join us at the April 5th meeting of Barrington Area Professional Women with featured speaker, Peggy Mueller. Peggy, a Senior Fellow in Education at the Chicago Community Trust, will share her experiences in public high school initiatives and provide insights into the recently established Young Women's Leadership School where she serves on the steering committee. She received a doctorate degree in administration, planning and social policy from the

Education.

The dinner meeting begins with a social hour at 6:15 PM at Barrington Country Bistro, the Foundry Shopping Center, Northwest Highway at Hart Road, Barrington. The cost is \$28 for members and \$33 for non-members and guests.

BAPW is open to all women who livé and/or work in Barrington and surrounding communities. For information and reservations, call Kathleen Connelly at 847-382-4843 or e-mail at kamadden@ interaccess.com.



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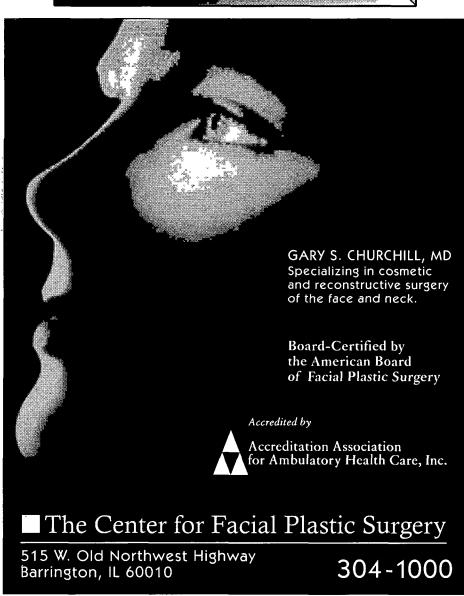
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Cary Woman's Story Featured in Chicken Soup for the Mother's Soul 2

A personal essay by Beth Copeland Vargo of Cary will appear in Chicken Soup for the Mother's Soul 2. Her story is one of 101 stories, poems and cartoons selected from thousands of submissions for publication in the book. Vargo's story, Leaving Home, describes the experience of sending a child to college. Her daughter, Sarah, 21, is now a junior at the University of Illinois in Champaign-Urbana. Her son, Joe, is a senior at Prairie Ridge High School.

Leaving Home is not the first of Vargo's works to be published. Her poetry book, Traveling Through Glass, was selected as the winner of the 1999 Bright Hill Press National Poetry Book Award. Her poems have been published in Carolina Quarterly, The Greenfield Review, The Hiram Poetry Review, The Mid-America Poetry Review, Mississippi Valley Review, Moving Out, Naming the Daytime Moon: Stories and Poems by Chicago Women, Night Roses, Oyez Review, Passages North, Phoebe: An Interdisciplinary Journal of Feminist Scholarship, Rhino, Southern Poetry Review, The Spoon River Quarterly and other literary magazines and antholo-

Vargo's personal essays have been pub-



Beth Copeland Vargo

lished in The Chicago Tribune and The Christian Science Monitor. Her short story, Painted Angels, received First Place in the Sheila K. Smith Short Story Competition (2000) from The National League of American Pen Women, Nob Hill, San Francisco Branch.

Vargo received a Master of Fine Arts degree in Creative Writing from Bowling Green State University in 1975 and currently is employed as director of the Chester Gould-Dick Tracy Museum.

For more information, contact Beth Copeland Vargo at 847-516-1759 or at bethvargo@aol.com.

Focus on Rhinoplasty

"It's as plain as the nose on your face."

This old adage says a lot about this central feature of our anatomy. Occupying the middle third of the face, probably no other single feature can so dramatically affect our appearance. The nose determines to a great extent the balance and symmetry of our faces. If one's nose is out of proportion to the rest of their features, it can dominate their looks. Someone who doesn't like their nose can focus on it, becoming self-conscious and insecure. A change in the appearance of their nose can make all the difference in the world to them. This is why rhinoplasty surgery is one of the most common plastic surgical procedures being performed in the United States today.

What is rhinoplasty?

This is the part of nasal surgery that changes the outer shape of the nose. This is accomplished by a combination of removing and/or repositioning cartilage and bone which is already present. The goal is to shape the nose in a natural way so it is balanced and in harmony with the rest of the face and does not appear to have been "done."

What is external rhinoplasty?

In traditional rhinoplasty there are multiple incisions made inside the nose in order to reach the cartilage and bone. In addition, the cartilage usually needs to be "delivered" or pulled out of the nostril in order to operate on it.

External rhinoplasty is a technique we use in which one single incision is made starting just inside the nostril on one side and extending across the base of the nose to the other side. This allows the cartilage to be worked on in its natural position without distortion and provides a much greater visibility during the operation. Also, there is very little bleeding during

by Gary S. Churchill, MD



Gary Churchill, MD

external rhinoplasty due to the single incision. We have found this technique gives much better control and predictability of the final result. We can also eliminate the need to pack the nose which significantly reduces the post-operative discomfort. External rhinoplasty is used on the majority of our patients.

What is a septoplasty?

The central support structure of the nose is the septum. It is made up of cartilage in the front of the nose and bone further back. This is what divides the nose lengthwise into two separate sides. The septum is often "deviated" or crooked due to some type of trauma earlier in life. This can lead to sinus infections as well as a chronic stuffy nose. If the deviation is located just beneath the bridge of the nose, it can cause the external form to look crooked. During a septoplasty, both the cartilaginous and bony portions of the septum are straightened and repositioned to the midline in order to improve the airway. This can be done as a separate operation or in conjunction with a rhinoplasty.

Computer Imaging

Computer imaging allows a patient to preview what changes are possible and how they might look after surgery. This is done with a special computer and software. Computer imaging is available in our office and used on all our rhinoplasty consultations.

Field and Flower Garden Club and Plant Sale



Field and Flower Garden Club members: (I to r) Cathy Robinson, Lorraine Westcott, Sheila Solyom, Lauren De Jesu and Arlene Martin.

Field and Flower Garden Club members, and other unusual plants. including Cathy Robinson, Lorraine Westcott, Sheila Solyom, Lauren De Jesu and Arlene Martin, went on an outing to Jamaican Gardens in Morton Grove to get in the mood for spring and the annual

Field and Flower Garden Club will hold its annual plant sale, rain or shine, on Saturday morning, May 12, at the Jewel Food Store parking lot on West Main Street in Barrington. Hours are 8 AM until sold out, which usually happens early. All plants are freshly dug from members' gardens. Plants for different kinds of gardens will be featured, such as: Rock Garden, Xeriscape Garden, Butterfly Garden, Water or Bog Garden, Day Lily Garden, Hosta, Woodland-Shade, Night Blooming, Vegetable/fruit/herb Garden, Ground Cover lection.

Field and Flower is a not-for-profit garden club, and this is our only fundraiser. Proceeds from this annual sale are used: to provide a college scholarship to a Barrington High School senior; to purchase, gardening-related books for the Barrington Area Library; to support educational programs; and to support Chicago Botanic Garden and other not-for-profit gardening groups. Our goal is to get people interested in gardening. Therefore, our healthy, hearty, hand-dug (our members' gardens) plants are priced very reasonably. There will be handouts which tell you how to plant and care for the plants that you buy. Members will also be available to answer questions and offer sound advice about care and planting. Come early for best se-

Young Artists Exhibit at Ice House Mall

The Barrington Area Arts Council invites and middle school students in District 220 on April 21 through May 6 at the Ice to 75 pieces of artwork. House Mall, 200 Applebee Street in Barmall and enjoy artwork from elementary information, call BAAC at 847-382-5626.

you to their annual Young Artists Exhibit and St. Anne. Each school will display up

An opening reception to honor the artrington, partially sponsored by Junior ists will be held on Thursday, April 26, Women's Club of Barrington. Stroll the from 5 to 7 PM at the Ice House Mall. For

Staff Welcomes New Leader and Friend

In April of last year, the lives of our staff and patients were changed when Dr. Kotz's health compromised his ability to continue with his dental practice. Everyone's initial thoughts and concerns were for Dr. Kotz. We are pleased to report that he has made a substantial recovery but was left with the difficult task of finding a dentist who could continue providing his patients with the same high-quality dentistry

that they had been accustomed to.

Dr. Kotz contacted the Dawson Center for Advanced Dental Study in St. Petersburg, FL, where he and the staff had attended many continuing education courses. He also spoke to his technicians at the dental laboratory and to his colleagues. One name kept coming up—Dr. Jim Gavrilos. Dr. Gavrilos had completed all of the advanced training that Dr. Kotz had received and was using the same dental laboratory. When Dr. Kotz contacted Dr. Gavrilos, it turned out that he and his family lived right here in Bar-

At the time, Dr. Gavrilos was commuting to Addison where he ran his own



Renee Diak Office Manager



Dawn Cochran Business Coordinator



Lisa Feddor Dental Hygienist

practice for 11 years. In order to fully commit himself to our Barrington Practice and our patients, Dr. Gavrilos made arrangements for his patients in Addison to be cared for by his former partner.

Thanks to the efforts of Dr. Kotz and Dr. Gavrilos, we have remained an office that works together in providing our patients with the best care possible. As our patients have met with Dr. Gavrilos for the first time, it's become evident to them that the underlying priority of quality and the commitment towards achieving optimal oral health remains among all of us at our office. We feel incredibly fortunate to have Dr. Gavrilos as our new leader and friend.

is there a better cause for celebration? WATER, EARTH, LIFE—CELEBRATE EARTH MONTH IN APRIL 2001

Every living thing is replenished and supported by water. Basic, profound, it has the power to bloom beauty in a barren desert. But water needs your help to stay pure, clean and plentiful.

You can take action during Earth Month just by enjoying a service at our salon. We will donate a percentage of the proceeds from your service—called an Appointment for the Earth during April—to regional nonprofit environmental organizations that work for clean,

safe water. And that, in turn, helps preserve biodiversity—the complex web of animals, plants, air, soil and people that together create a healthy planet.

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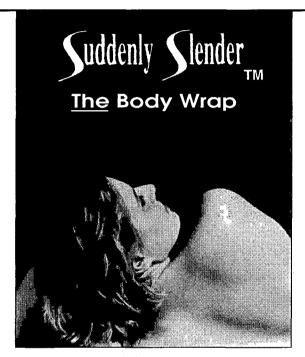
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Make your appointment today!

After Prom for 2001

Spring is coming, and with spring comes Prom! Time to shop for party dresses and rent the tuxedo. This year's Prom and After Prom Party promises to be unlike any before.

Dave and Buster's is the venue for the 2001 Barrington High School After Prom Party. Dave and Buster's was founded in the 1970's when Buster's restaurant combined with Dave's "Slick Willy's World of Entertainment." Today, there are several Dave and Buster's around the country, each averaging around 40,000 square feet. Outrageous fun and games for "big" people combined with eclectic menus and friendly service are their claims to fame.

Following the Prom on May 19, all "Evening of Elegance" attendees will be

transported directly from the Wyndham Hotel, site of the dance, to the huge Dave and Buster's in Itasca, a short ride away.

Dave and Buster's will belong entirely to the Barrington High School couples as well as singles. This is truly a party designed for everyone to attend, date or no date. There will be plenty for all to do at this safe destination facility. With over 300 games and simulators, from pocket billiards and shuffleboard to the latest virtual reality interactive games, there is no place like Dave and Buster's for a party.

Upon their arrival, the guests will enjoy the Sportz Comedy Improv Group, sure to bring smiles and chuckles to all. There will be dancing in the 50,000-square-foot ballroom, relaxing in front of the roaring

The European Art of Nail Care

Are you looking for a way to relieve filed acrylic, gel and sculptured nails, are stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. Nails Design, located at 557 N. Hough Street in Barrington, has been in business six years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

Complete nail services, featuring hand- and additional information.

available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all Nails Design has to

Call 847-304-9205 for an appointment

Spring into Shape—A New You

Reshape your Body—A Perfect Solution

Unwanted inches! "I don't like what I see in the mirror." "Can't fit into my favorite clothes." "I feel bloated!"

We are your solution—the bodywrap. Lose inches, shape your body, reduce your dress size and remove toxins with our bodywrap in the first visit. Both the original wrap and the new anti-aging wrap produce great results with a guaranteed 10 to 20 inch loss with the first wrap.

What personal figure goals do you have? Are you fighting cellulite, an expanding waistline, a paunchy stomach or hips that bulge? Need to get back in shape for the coming summer? How will that bathing suit look on the upcoming cruise you're taking? We can help. The Suddenly Slender Bodywrap is ideal for achieving rapid inch loss because it's the only "non-dehydrating" slenderizing wrap in the world. There's no water loss. You will feel wonderfully refreshed and invigorated. How many dress sizes would you like to reduce? We can help you achieve your permanent goal, a new you for the new year.

Give yourself a "lift" for the new year with our nonsurgical face tightening. You will be amazed at the results, a fresher, younger look. We are now carrying the new line of Suddenly Slender anti-aging products. Our no diet-diet carb stopper and fat stoppers are also available. Have that dessert and also stop the carbs and fats from being absorbed into your system. Our new sublingual sprays are the newest in the all-natural fight against aging and cellulite.

Give a Gift Certificate

Give Mom a gift certificate for a face taping, and she will look and feel younger. For your wife, your sister, your husband, take the wrinkles away painlessly and have a

Barrington Bodywrap is located at 557 North Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy-Lube. Call 847-277-0742 for an appointment and more information.

"Party Time" Luncheon

The Northwest Suburban Christian Wo-showers, corporate parties and much men's Club invites you and your friends to our "Party Time" luncheon on April 12, 2001, from noon to 1:30 PM at Concorde Banquets in Kildeer. The cost is \$10 inclusive.

Mary Gertz from Party Treasures will be showing us party favors that can be used for anniversaries, bridal showers, baby more.

There will be a surprise guest musician. Lisa Anderson will talk about her "Love Story with America."

Free baby-sitting and lunch reservations are needed by Friday, April 6.

Call Carol at 359-5089 or Lisa at 478-5358 for more information.

fireplace and gathering with friends for prizes, expensive prizes and clever prizes conversation in a quiet corner. In addition, there will be tarot card readers, photographers and more! Fabulous food will be served throughout the morning hourspizza, burgers and desserts-followed by breakfast before the party comes to an end. There's truly something for everyone at this Prom Party.

All Barrington High School juniors and seniors are encouraged to attend the 2001 Prom and After Prom for a new and safe Prom experience. If you take your fun and games seriously, this will be the party sure to please you and your friends. Over 100 prizes and giveaways will be passed out during the party. Large prizes, small

will be given away to the lucky attendees.

This entire event is sponsored by the Barrington High School PTO. If you would like to become involved in this worthwhile experience for our students, either by joining a planning committee or by contributing prizes, contact Joyce Strout at 842-1141. Other ways to support the Prom and After Prom evening are "Shop and Share" coupons for shopping at the Jewel, contributing to the "Bronco Clubs," or purchasing from the high school Market Day.

Encourage your son or daughter and their friends to attend this safe, exciting





Osteoporosis: It Could Happen to You!

Circle any that apply: Female, Smoker, Caucasian, Asian, Use of Corticosteroids, Small-Framed, Low-Calcium Diet, Advanced Age, Inactive Lifestyle, Excessive Alcohol Use, Anorexia or Bulimia, Family History of Osteoporosis, Abnormal Menstrual Periods, Early Menopause.

If you circled any on the list, you are at a higher risk for developing osteoporo-

Did You Know?—Women can lose up to 20% of their bone mass in the five to seven years following menopause, making them more susceptible to osteoporo-

Did You Know?—One out of every two women will have an osteoporosis-related fracture in their lifetime?

Osteoporosis or porous bone is a condition in which decreased bone mass and structural deterioration of bone tissue occurs. This results in bone fragility and in-

Are you at risk for developing osteoporo- creased risk of fracture to the wrist, hip or spine. This disease affects more than 28 million Americans, 80% of whom are

> The good news is that osteoporosis can be prevented and treated! Learn more about osteoporosis prevention and treatment at the Women's Physical Therapy Institute's Osteoporosis Wellness Program. See adjacent advertisement for details or call **WPTI** at **847-550-9784**.

> Women's Physical Therapy Institute (WPTI) is a unique facility dedicated to serving the rehabilitation needs of women of all ages. They specialize in treating incontinence, fibromvalgia, osteoporosis, orthopedic conditions, lymphedema, pelvic pain and pre- and post-childbearing conditions. WPTI also offers acupuncture, exercise groups and yoga with small class sizes. It is located at 715 Ela Road, Suite 2A, in Lake Zurich. They can be reached at 847-550-9784, by e-mail at wpti@earthlink.com or fax at 847-550-9780.

Now is the Time to Eliminate Unwanted Hair

Estates is happy to announce we now System, the latest and most effective technology to treat undesired hair growth. We have had remarkable results treating both men and women. The EpiLight System enables pulsed light to penetrate deeply and with sufficient energy to damage the hair follicle without damaging the surrounding tissue. Our most enthusiastic patients have had electrolysis in the past and are singing the praises of the impressive results with minimal discomfort. We are able to treat all parts of the body in a safe, effective way. We are pleased to make the EpiLight treatment available to

Northwest Dermatology in Hoffman you at new reduced pricing. We are confident that you will be as excited with the have available the EpiLight Hair Removal results as we are. The EpiLight treatment works best on dark hair. For every blond or white hair, we have waxing and electrolysis available. Please call 847-884-8096 to schedule a free consultation appointment.

> We also have betahydroxy peels available at a special promotion of \$50. The light peel uses salicylic acid to unclog pores, clear up acne, soften fine lines around the eyes and lighten brown spots.

> If you have any questions regarding our services or would like to set up an appointment, please contact our office at 847-884-8096.

Why is an Orthodontic **Retainer Important?**

One of the most commonly asked questions of an orthodontist is, "When will I be getting my braces off?" When that important day comes, braces are removed and retainers are placed. It is critical that the teeth be held in place with retainers while they stabilize in their new position.

A retainer does what it implies; it "retains" or holds teeth. For the majority of patients, an upper removable and lower permanent retainer are used. It is recommended that retainers be worn 24 hours a day for the first year. The orthodontist may

then suggest that the patient continue to wear retainers on a more limited basis. Eating, sleeping, attending school and most other activities are possible with retainers in place. Certain sports which require the wearing of a mouth guard necessitate removal of retainers and careful storage.

Shifting of teeth may occur if retainers are not worn on a regular basis and for the recommended length of time. In most cases, if detected early enough, the orthodontist can either adjust the current retainer or realign the teeth with a new one. However, it is sometimes necessary to use braces again to bring the teeth back into their desired positions.

If you have any questions regarding retainers or orthodontics, please contact us at either our Barrington, 847-382-5588, or Palatine, 847-359-7980, offices or visit our website at www.haywardorthodontics.com.





Dr. Michael Hayward

Osteoporosis Wellness Program

4 Lecture & Exercise Sessions

Tuesdays & Thursdays, April 24th & 26th, May 1st & 3rd, 7:00-8:30pm

- Come learn about body mechanics, balance, bone scans, nutrition, medications and more!
- Cost \$60 for 4 sessions or \$20 per session
- Call **847-550-9784** and reserve your spot <u>TODAY!</u>

Women of all ages welcome!

Women's Physical Therapy Institute

A Medicare Approved Facility 715 Ela Rd., Suite 2A, Lake Zurich, IL

Eliminate Unwanted Hair

with **EpiLight** HAIR REMOVAL SYSTEM



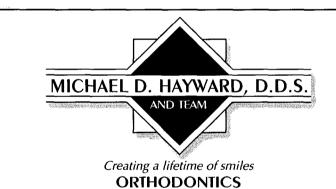
The most advanced hair removal process available. Hair removal on any part of your face or body is possible without shaving, plucking or electrolysis.

FREE CONSULTATION • New Discount Pricing

$oldsymbol{N}$ orthwest $oldsymbol{D}$ ermatology

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600 N. NORTH CT. • SUITE 220 PALATINE, IL 60067 847-359-7980 • FAX: 847-359-7585

133 PARK AVENUE BARRINGTON, IL 60010 847-382-5588 • FAX: 847-382-6044

EMERGENCY PAGER: 847-210-1850

Author Recognition Party and Reception

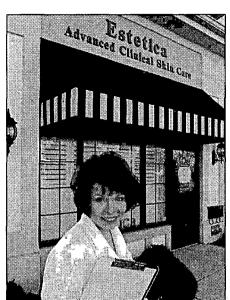
The Barrington Writers' Workshop, a pro- has been helping area writers improve gram of the Barrington Area Arts Council, is holding an Author Recognition Party and Reception at the Barrington Area Library, Sunday, April 29, from 1 to 4 PM. With scheduled author readings, question and answer sessions and more, this is an opportunity for BAAC members and the public to come learn firsthand about the wonderful literary achievements of the Barrington Writers' Workshop members. Come chat with the authors and awardwinning members of the BWW as well as learn what the Barrington Writers' Workshop is all about. For 23 years, the BWW

their skills to achieve literary awards and publishing contracts. Come join in the celebration of one of the longest running programs of the Barrington Area Arts Council on Sunday, April 29.

For more information, contact the BAAC at 847-382-5626 or BWW member Gregory Leifel at 815-479-9302.

BWW published and/or award winning author participants include: Maureen Brown, Betty Casey, Nancy Classen, Toni Diol, Gene Kimmett, Diane Kostick, Gregory Leifel, Jane Mathews, Catherine Quigg and Janet Souter.

Estetica^m



For Your Private Consultation With Catherine Zedan Grandi, L.E. • Micropeels

Please call us at 847 • 438 • 2100 45-A South Old Rand Rd. LAKE ZURICH (by appointment only)

"Now You Can Restore **And Enhance The True Beauty Of Your Skin**"

Estetica takes a very personalized, customized approach to each and every patient. "We believe that the skin is like a fingerprint...no two individuals are alike."

Our skin care specialist, Catherine Zedan Grandi is certified and extensively trained in medical aesthetics.

Procedures Include:

- Microdermabrasion
- Chemical Exfoliation
- Permanent Cosmetics
- Hair Removal
- Eyebrow Shaping/Design
- · Eyelash Tinting
- Candling
- Body Massage

Custom Gift Certificates Available!

Lt. Gov. Honorary Chairperson of Gala to Help Needy



Members of the Michael Joseph Foundation Youth Auxiliary: (left to right) Colleen Smithe, Lisa Mitchell, Katie Bauer, Katie Weissner, Caitie Smithe, Lauren Fitzgerald, Amy Noyes and Ashley O'Dell, all of Barrington.

If spending a full day luxuriating in a two of the items highlighting the prizes, world class spa or enjoying a spending spree at a full service home furnishings store sounds tempting to you, you may want to secure a reservation for the 8th annual Michael Joseph Foundation dinner, dance and gala, "April in Paris."

Gift certificates to Syd Simons Day Spa and Walter E. Smithe Furniture are just

which also include jewelry from M.J. Miller and airline tickets.

Honorary Chairperson Corrine Woods, Lieutenant Governor of the state of Illinois, will kick off the festivities on April 21 at 6:30 PM at the magnificent estate home of Jasper and Marian SanFilippo in Barrington Hills. Guests will travel in vin-

Give Your Face a Lift with Permanent Makeup at Estetica

When a mature woman wants to look younger and prettier, permanent makeup can make her look 15 years younger without surgery, according to Catherine Zedan Grandi of Estetica Advanced Clinical Skin Care. Many women now have rejuvenating procedures such as face-lifts or chemical peels but are not totally satisfied with the outcome. Often, permanent makeup can add the finishing touch they are looking for.

Ms. Zedan Grandi, who is equally versed at working with medical and beauty professionals, explains that clinical esthetics requires focusing on three critical components: sculpture, texture and graphic. Sculpture implies the shape of something. A surgeon is a sculptor of the body and changes its underlying contours. Texture is the appearance and tone of the skin. A clinical skin care specialist works on this aspect of the skin, improving tone or the appearance of wrinkles. Graphic focuses on shape and color. A Permanent Cosmetic Technician works as a graphic artist with the skin using intradermal color to simulate conventional cosmetics creating the finishing touch.

Permanent Cosmetics is a rapidly growing field because, for many women, after the botox, the collagen, the implants... they still have issues of shape and color. They may still have sparse eyelashes, pale lips or patchy eyebrows, all of which impact their appearance. All of this can be

corrected by a well trained, permanent cosmetic technician. A skilled technician can augment brows, make lashes look thicker, make lips look vibrant and youthful. Permanent cosmetics can also be used to camouflage flaws such as rhytidectomy (face-lift) scars and blepharoplasty (eyelid surgery) incision lines.

As with most things in life, if you are considering permanent cosmetics, it is important to select someone highly skilled and well trained. Ms. Zedan Grandi works with one of the country's top practitioners and industry experts, Jeffery Lyle Segal. Mr. Segal is a motion picture makeup artist and a permanent cosmetic technician with many years of experience. He and Catherine are members of the Society of Permanent Cosmetic Professionals and Mr. Segal will be featured in the May issue of Cosmopolitan magazine as an industry expert on permanent makeup. Mr. Segal is well known for creating results as soft, natural looking and pretty as a woman's regular makeup. He is also known for his hair-by-hair simulation of eyebrows for clients who have lost theirs to alopecia. chemotherapy or trauma. Although his primary office is in Beverly Hills, he is a guest artist at Estetica once a month and is available by appointment.

To schedule a free consultation about your permanent cosmetic needs, call Estetica at 847-438-2100.

Time for Learning, Volunteering at Safety Town

Safety Town walk in registration for District 220 students will be held Saturday. April 7, from 8:30 to 11:30 AM at Health World in Barrington. Mail in applications will be accepted after April 7 for District 220 students and out of district students. The early childhood safety education program is open to any child who has just completed kindergarten or will be entering kindergarten in the fall. Session dates are June 18 through June 29 and July 9 through July 20. Classes are offered during each session from 8:30 to 11:30 AM, 11:15 AM to 1:15 PM and 2:15 to 4:15 PM. The program is held Monday through Friday during each session of Safety Town at Health World. Fee for the course is \$40. Applications will be available at the Barrington Library, Park District, area preschools and District grade schools. For further information, please call Barrington Junior Women's Club at 622-3838.

Students entering 6th, 7th and 8th grade

in the fall are needed to volunteer at Safety Town this summer as team leaders. Volunteers work under the direction of a Site Director to guide kindergartners in this early childhood safety education program. One hundred and eighty volunteers are needed. Volunteer registration will be held Saturday, April 7, from 8:30 to 11:30; AM at Health World in Barrington. Session dates are June 18 through June 29 and July 9 through July 20. Classes are offered during each session from 8:30 to 11:30 AM, 11:15 AM to 1:15 PM and 2:15 to 4:15 PM. The program is held Monday through Friday during each session of Safety Town at Health World. Applications will be available at the Barrington Library, Park District, area preschools and District grade schools. Mail in applications will be accepted after April 7. For further information, please call Barrington Junior Women's Club at 622-3838.



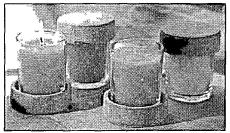
tage style trolley cars from the fascinating people in need throughout Cook, Lake home to the Carousel House that holds a spectacular turn-of-the-century carousel along with several museum quality antiquities. The evening promises to be a night to remember.

The Michael Joseph Foundation is a housing, job and family counseling for 382-3375.

and McHenry counties. Currently, there are over 40 apartments in use, and more are needed.

Tickets to the black-tie optional event are \$150 per person. Call Dana Eilersten at 847-381-2344 for reservations. For gennot-for-profit organization, founded in eral information regarding the Founda-Barrington, that provides transitional tion, call Hildegard Zimmerman at 847-

Easter Celebrations Begin at Little Shop of Papers





For Easter and springtime entertaining, Little Shop of Papers has bright colorful new tableware to welcome the season. We have unique candles in many new styles to add a festive glow as well!

Children will delight in an Easter Basket wrapped with our decorative cellophane and topped by a beautiful Midori ribbon bow!

G. Whiz Gets Ready for Easter

peek at our collection of adorable plush bunnies (you can never have too many) or our fantastic selection of sterling earrings for your favorite little girl! We guarantee you'll find something perfect for any girl's Easter basket, no matter what age. And while you're at it, be sure to sneak Jelly Belly or some chocolate candy from Russell: Stover

on Saturday, April 14, along with a petting zoo and free photos with the Easter Bunny. Stop by and bring your camera.

And don't forget confirmations and first communions! Praying bears, porcelain boxes, frames, ceramic bisque crosses and

Easter is just around the corner, so take a angels from Margaret Furlong along with wonderful angels with tin wire wings are just a few gift ideas.

This spring is full of special events at our store. April 27 through 29 is our Spring Open House featuring new Brighton designs and introducing Crabtree & Evelyn's newest scent, Cayman Winds. in a few of the new sour jelly beans from Then join us on May 17 from 1 to 3 PM for a Tea Party with Patricia Locke. This is a spectacular event, but you must regis-The Jelly Belly will be at our store again ter in advance as space is limited! Tickets are \$5 and include a tea cup.

With the largest selection of Brighton in the area, you'll have no problem finding the perfect accessory! The free sunglass promotion is an unbelievable offer, a \$40 retail value, so please stop by.

We're Treasure Hunting—Join Us!

We are not just another antique store. Come visit us at Antique Gallery, 108 N. Benton, on the Square in Woodstock, 815-337-1490. Discover why we're referred to as the "quality antique store." You'll realize the difference as soon as you walk through the front door.

We're Shopping for Old Stuff

Oh, we sell all manner of items, but did you know we buy from people like you? To keep things fresh, we count on people like you to let us know when you are looking to sell your old things. If you've ever been in our gallery, you'll know we look for glassware, china, figurines, flatware, textiles, furniture, decorative objects, toys, military items and all kinds of old stuff. If you'd like an evaluation of the items you just don't need anymore and you think would be better turned into cash to buy the things you do want, give us a call at 815-455-4177 and ask for Stephanie. I'd be happy to stop by and offer an evaluation of your old stuff. Who knows? You just might find out you have hidden treasure.

Are you buying a gift for a friend and can't decide? We offer gift certificates to make your gift giving easy. We also offer 815-455-4177 and ask for Stephanie. flexible layaway programs so you can get the best price now.

and estate jewelry, vanity items, fine porcelain china, silver and glass. Shop for fine furnishings for your home. We carry

the finest imported European, Asian and American antiques. Art, both painting and sculpture, is something we always maintain the finest assortment of, from shabby chic to exquisite oil paintings and lithographs. Lighting is always brightening the Antique Gallery, and we keep a constant assortment of decorative items for all rooms in your home and always include something for the gentlemen and the lady. Our professional staff will guide you as you shop for the quality antique or the current look alike, and you always know the difference. Whatever your preference, visit often as the assortment changes all the time.

Visit on Saturday and meet our resident Japanese collector, specializing in Japanese ancestral and WWII samurai swords and artifacts. We are expanding our military collections to include European and Civil War items as well.

At Antique Gallery, we provide appraisals and estate liquidation. We sell, we buy and we are always looking for consignments of the finest quality antiques and current production items. Please phone our offices for information and details at

Enjoy your visit to Antique Gallery and take the afternoon to enjoy Historic Wood-Choose from vintage textiles, vintage stock Square. Bring your friends and enjoy the day. We at Antique Gallery look forward to meeting you.







724 W. Northwest Hwy, The Foundry, Barrington 304-0255 Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4

- Come visit with the Jelly Belly Bean from 10-2, April 14th
- Open House April 27-29
- Patricia Locke Tea Party May 17

Antique Gallery 108 N. Benton • on the square Woodstock, IL 60098 Gallery 815.337.1490 • Office 815.455.4177

Fine Antiques - European, American and Asian Furniture, Art, Silver, Glass, China, Vintage Jewelry, Lighting, Objects D'Art and Collectibles

Textiles redesigned exclusively by "Cultur"

Specializing in Japanese Samurai Swords and other Militaria

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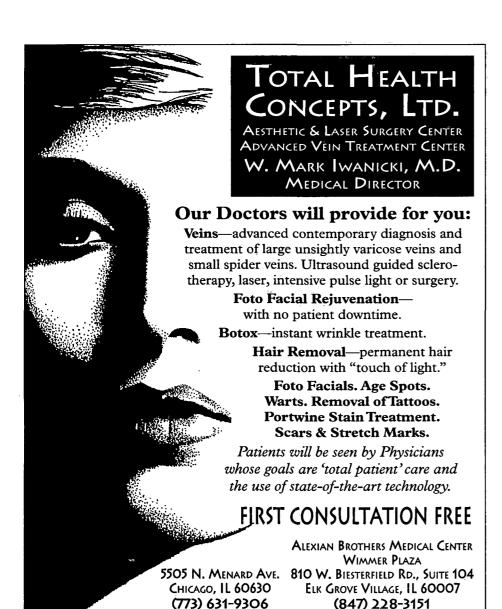
The deadline to purchase tickets for Barrington Junior Women's Club "An Affair to Remember" spring fundraiser is April 9. The Hollywood-themed charity gala will begin at 6 PM, Saturday, April 21, at the magnificent Stonegate Conference and Banquet Centre in Hoffman Estates.

Opportunities for sponsorship and Walk of Fame stars are still available. Guests attending the event will stroll down a "Walk of Fame" lined with stars containing names of individuals and businesses who have helped support The Union, a multigenerational community center being planned for District 220 or the Barrington area. Choice of "stars" includes: Premier

Stars (18" x 18" for \$500); Shooting Stars (12" x 12" for \$250); or Family Stars in family name for \$100.

Guests of the event will enjoy hors d'ouevres, six-course dining, an open bar and live entertainment provided by the Barrington High School Jazz Combo and the world-famous band, Afro-Disiacs.

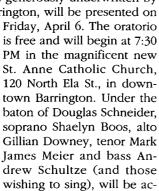
Tickets for the BJWC event are \$100 per person. BJWC is a nonprofit organization serving women, seniors and children as well as homeless, abused and disadvantaged individuals. For an invitation or more information or to inquire about making a charitable contribution, please call 847-622-3838.

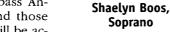


Barrington Lyric and Northern Trust Bank Offer a Do-It-Yourself Easter Messiah

As a gift to the greater Barrington area, a Do-It-Yourself Easter Messiah, sponsored by the Barrington Chapter of Lyric Opera of Chicago and generously underwritten by Northern Trust Bank in Barrington, will be presented on







companied by a chamber ensemble of trumpet, harpsichord and string quartet.

Limited scores will be available for sale. For more information, please phone 847-382-6997 or 847-382-2613.

Senior Activity and Lunch Program

The Barrington Area Council on Aging with Park District preschoolers. (BACOA) invites you to join us for our weekly lunch programs at Langendorf Park from 10:30 AM to 2:30 PM.

Games are played at 11:00 AM, lunch is served at noon and programs begin at 12:30 PM unless otherwise indicated. Suggested donation for lunch is \$2.50 per person and requires advance registration.

Monday, April 2—Games & Lunch

for games, lunch and coloring Easter eggs * Pam Hanley.

• Monday, April 16—Games, lunch and enjoy a program on Woodcarving presented by Randy Carson. Randy will be demonstrating the art of woodcarving and displaying some of his own.

• Monday, April 23—Games, lunch and, at Noon, have your blood pressure taken.

• Monday, April 30-Games, lunch and celebrate April Birthdays with the Barring-• Monday, April 9, Easter Party—Join in ton High School Swing Choir directed by

Feel Good and Look Great

The doctors at Total Health Concepts, Ltd. Aesthetic & Laser Surgery Center are proud to introduce Foto Facial, Wrinkle Light & Laser Laxity Vector Treatment and Skin Rejuvenation—the outstanding new procedure for an aging skin treat-

W. Mark Iwanicki, MD, the founder of the corporation, is one of the only few physicians in Illinois who are fully trained and licensed to perform this procedure.

Phtotorejuvenation is a new and very unique procedure that visibly improves the appearance of the skin and reduces signs of aging, rosacea, enlarged pores, irregular pigmentation, spider veins, fine wrinkles and flashing of the face. We are very excited about this procedure which has gained tremendous acceptance because it appears to be a non-invasive alternative to laser facial skin resurfacing and has an excellent safety record and no down time. A patient can return to work right after treatment. There is practically no pain. More sensitive patients can use local anesthetic cream. Treatment of the face is most common but other parts of the body, such as the neck, chest and arms, can also be successfully treated. This procedure is suitable for both women and men.

The treatment usually consists of few sessions lasting about 30 minutes.

Advanced Vein Treatment Center at Total Health Concepts, Ltd., provides the patient with the most advanced and contemporary varicose vein diagnosis and treatment: laser treatment of spider veins, sclerotherapy, advanced ultrasound guided sclerotherapy, non-invasive evaluation of venous flow and insufficiency, etc.



At Total Health Concepts, Ltd. their doctors combine years of medical experience with the latest techniques in 21st century technology. For more information, call 847-228-3151.

The clinic also provides several procedures to improve your appearance.

Botox Injections—This relatively simple medical procedure helps eliminate wrinkles, especially those frown lines and crow's feet around the eyes, and takes not more than 15 to 20 minutes of your time.

Hair Removal—Permanent hair reduction from all parts of the body with a flash of gentle light".

We also offer treatments for age spots, stretch marks, warts, scars, portwine stains and many others.

Dr. Iwanicki and associates have been practicing medicine in the Schaumburg area for over 20 years. "We get older together with our patients and we understand their needs." Their friendly staff is waiting to help you.

The office is located at Wimmer Plaza-Professional Building, 810 Biesterfield Road, Suite 104, adjacent to Alexian Brothers Medical Center in Elk Grove Village.

For additional information or directions. call 847-228-3151.

Preview Opening to Benefit BACF

"Northern Trust Brings the World to Barrington" is the theme of the preview opening of the new Northern Trust Company office at the Foundry Shopping Center to benefit the Barrington Area Community Foundation (BACF). Chaired by Kim Duchossois with her committee, Frederica Smith-Pederson and George Yapp, the festivities will be from 4 to 7 PM on Sunday, April 22. The champagne and hors d'oeuvre reception will allow guests time to tour the new facility with Managing Director Ray Schmeh and his staff and review the unique silent auction items donated from many of the Northern Trust offices around the world.

A live auction with a mystery auctioneer will include fantastic getaway packages and other outings such as: four grandstand seats for the Kentucky Derby including air transportation and three nights accommodations; a \$5,000 shopping spree; a week in a ski country condo in Park City, Utah, home of the 2002 Olympics; a reprieve in a lovely home in Savannah on Skidaway Island; a dining adventure for eight on the fabulous Blue Moon, a 165-foot yacht moored in Chicago; an 18-hole golf outing foursome with Dave Nelson at Barrington Hills Country Club; a family membership to the Good Shepherd Health & Fitness Club; and much more. The festivities will cul-



Ray Schmeh, Managing Director, Northern Trust Company, and Kim Duchossois, Director, Barrington **Area Community Foundation**

minate with the presentation of grants totaling approximately \$7,500 to the 2001 recipients.

Invitations are in the mail. However. tickets may be purchased for \$25 by April 20. Please phone Frederica Smith-Pederson at 847-381-3081. Tickets will be held at the door.

Chers Amis...

The cycle of seasons will hopefully be on serve—D & J Bistro! schedule, and spring should be in full bloom as your read this. As far as your neighborhood bistro is concerned, this means all kinds of different things. Here is a partial list, which I hope will entice you to come and visit us.

- Fresh Michigan asparagus, salade Lyonnaise, spring lamb, Fiddlehead ferns, Shad roe, etc.
- Our "true bistro dish" for the whole month of April (weekdays and weekends) is Rognons de veau, flamed with Calvados and served with a Dijon mustard sauce on pappardelle pasta.
- · Wednesday, April 25, was declared Secretary's Day by Mr. Hallmark, so treat your secretarial staff to what they de-

• On Sunday, April 29, D & J presents its 6th "A Passion for Paris," a slide introduction to Paris by Melanie Karsen, followed by a true Parisian bistro dinner. The cost is \$46.50 per person, all inclusive: presentation, food, wine, tax and gratuity. A great time, a great deal, que de plus veut le people?

I could go on and on about what our bistro has to offer, but space and time are limited. So please, keep coming to D & J and try and discover something you did not know about us each time.

> -Thank You, Merci, Gracias, and Danke Schoen, Dominique

D& J Bistro The Original Chicagoland Bistro "A Passion for Paris" slide presentation & true Parisian Plan Now for Your bistro dinner Sunday, April 29 Rehearsal Dinner in Our April "True Bistro Dish"— Our Provence Room Rognons de veau Seating Capacity 50

S.E. Corner Rte. 12 & 22 Lake Zurich, IL 60047

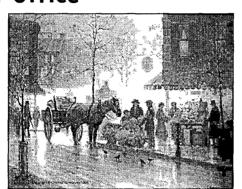
(847) 438-8001

Fine Art for Home or Office

Maybe you are trying to figure out what to do with that extra money from your tax refund, or you're waiting for the stock market to make you another fortune. Well, Art and Frame Galerie has the right investment for you-fine art for your home

Art and Frame Galerie specializes in creating just the right piece of art for your wall decor, using pieces from an extensive stock or reframing pictures which you cherish but have been left in outdated mat colors and frames. For the past 15 years, Art and Frame Galerie has specialized in custom framing almost everything one can imagine. But the important aspect of this longevity is the personal service and quality workmanship that goes into each and every piece of art.

This month, in addition to our regular 20% off coupon in this ad, we are offering a select group of fine art prints absolutely **FREE** when you frame them at **Art** new images for the gallery. So, use your taurant.



Morning Market by G. Harvey

20% off coupon for as much custom framing as you wish, or get a free print when you frame at our everyday low

Terry Ingerson and his highly experienced staff invite you to stop in for a free consultation for any of your art needs. Art and Frame Galerie is located at the southeast corner of Rand Road (Rt. 12) and Frame Galerie. There are no gim- and Main Street (Rt. 22) behind the Bank micks! We simply want to make room for One building and next to D & J Bistro res-

Langdon's

of Barrington

of fine location portraits"

CALL 847.382.5463

or check our website at

Professional Portraiture Bursting with Vibrant Color and Detail

From start to finish, Langdon's of Barrington and Joe Rush, Master Photographer, orchestrates all the facets of the location portrait process. The final portrait is the outcome of a well-planned five-step process. This includes a pre-portrait consultation, the sitting, a proof evaluation, finished portrait viewing and finally a framing and portrait presentation. This process will ensure an original and natural portrait, one which will cast you and yours in the "best light."

The result?—a cherished professional portrait bursting with vibrant color and detail. Joe's portraits keenly capture the essence of the character of his subjects.

For a closer look at our work, check our schedule or too early to plan. Gallery of Portraits at our new websitewww.langdons-barrington.com.

Let Langdon's 25 years of experience takes place in a friendly environment.



in excellence work for you. When would you like to see the portrait of your dreams a reality? Call today at 382-5463 and begin the process. It is never to soon to

A portrait on location, in your home or outdoors, is original, efficient and always









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"Your Pet's Country Home"

BOARDING * GROOMING BATHING & PET SUPPLIES



SPRING SPECIAL \$5.00 OFF

Boarding or Grooming
Expires 5/1/01
Open Mon-Fri 9-6, Sat 9-12, Sun 4-6

- Special Care Cottages
- Indoor/Outdoor Runs
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- I Veterinarian Recommended

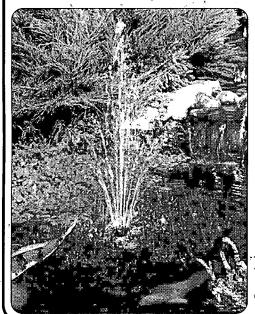
27645 W. Case Road, Wauconda • (847) 526-1388



Rick's Pet Shop 381-1515 Corner of Rts. 14 & 59 • Barrington

"Everything-for-Your-Pond Early Bird Special Z LARGEST 20% DISCOUNT

on Entire Stock of Preformed Ponds, Liners, Pumps, Filters, Fountains, Chemicals, Foods, Decorations, Plants (as weather permits), Parts, Fish, etc... EVERYTHING!



·FREE · Delivery of Complete Pond Systems



Pond Fish with Purchase of \$150 or More

Must present AD. Excludes net-priced sale items. Cannot be combined with any other offer Expires 4-30-2001

Ela Library Friends Host Annual Spring Luncheon

celebrate their 25th anniversary at their intrigue, passion and loss. annual spring luncheon on Eriday, April 27, at the Twin Orchard Country Club in start at 11 AM with the luncheon served, baskets will also be available. at noon. The public is invited to attenda Tickets cost \$40 and must be purchased

Popular book dramatist Barbara Rinella will entertain guests with her interpretation of Sandra Gulland's The Last Great *Dance on Earth about the beautiful, beloved wife of Napoleon Bonaparte. This final novel in Gulland's trilogy about Josephine focuses on her life as empress and

Friends of the Ela Area Public Library will is told against the backdrop of revolution,

. The Garden Club of Lake Zurich willprovide fresh floral centerpieces and will Long Grove. Socializing and cocktails will, sell them after the luncheon. Beautiful gift

> The friends of Ela Library is a nonprofit group of volunteers who support the library through various fundraising activities. All proceeds from the luncheon are used to benefit Ela Area Public Library programs and services.

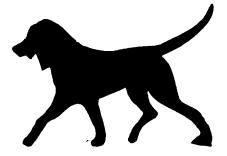
For tickets or membership information, please call Terri Meyer at 847-540-6511 or the Ela Area Public Library at 847-438-

Oakview Says, "Be Sure to Make an Early Reservation for Your Pet's Summer Vacation

Here at Oakview Kennel and Cattery we pride ourselves by doing a good job for a fair price. Call us here at the Kennel and check our rates. We do bathing daily and our professional groomer is here most weekdays and Saturdays.

Our "Cozy Cottages" are definitely a hit! This is a special room for our small dogs, puppies or cats that are elderly, have special needs or just need very pampered care. Pets are hand-walked and played with three to four times daily and given lots of T.L.C. Cottages are all indoors (for better climate control) and are fully carpeted. Bring your own bed, toys, chews, etc., if you like. Call for rates.

Summer Vacation will be here soon, so

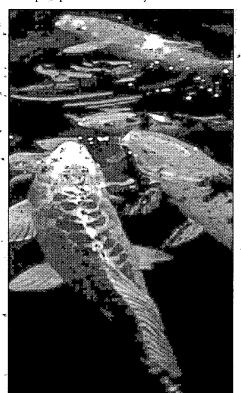


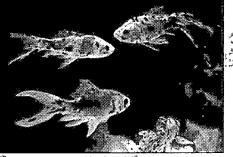
Oakview. We are Veterinarian-recommended and we provide a clean and bright atmosphere for your pet. Trust your pet with us at Oakview Kennel. Call 526-1388 for your reservation.

A Water Garden— In Your Own Backyard!

Rick's Pet Shop invites you to escape to the calming serenity of a beautiful water garden in your own backyard!

Rick's specializes in ponds/water gardens, fish, pond plants and all the accessories to make a pond complete! These tranquil ponds are easy to install and





Shubunkin

simple to maintain when properly set up. Choose the style that best meets your needs. They are available in a variety of shapes and sizes to which you can add appealing accessories such as a waterfall or a fountain or both. The addition of flowering and floating pond plants along with a colorful selection of goldfish and Koi will enable you to achieve a perfect balance in your pond. For a little magic, put some colorful or white spotlights in your pond. Your family and friends will admire this touch of nature for years to

Visit Rick's Pet Shop where you'll find great selection, competitive prices and a knowledgeable staff. Pond consultations and assessments are available by appointment. Please call Rick's at 381-1515. Located on the southwest corner of Routes 14 and 59 in Barrington, next to Pizza

BWC to Enjoy *Mame*

Warn the stuffy, the snobs and the studgy. Mame is coming to town to prove once and for all that "Life's a banquet."

She's everyone's favorite Auntie Mame! Eccentric, Outspoken, And totally outrageous. Three of Chicago's favorite leading ladies of theatre bring this classic musical to life at the Marriott Theatre in Lincolnshire on May 9. Included in our theatre day will be bus transportation from Langendorf Park at 10:45 AM, lunch at King's Wharf before the performance and Mame.

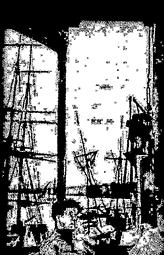
Cost for the day is \$50. Reservation deadline is April 9. Send check made out to Barrington Women's Club to: June Dienes, 326 Old Sutton Road, Barrington Hills, IL, 60010. You do not have to be a member to attend. Choose from Chicken Vegetable Pot Pie with Dilled Biscuit Topping, Baked Salmon with Cucumber and Watercress Relish or Smoked BBQ Beef Brisket with Horseradish Mashed Potatoes. Please indicate lunch selection on your check.

Helleu, Whistler, Haden

FINE PRINTS FROM THE MASTERS



Hellen, Madame Henri Lettelier, 22" x 131/2"





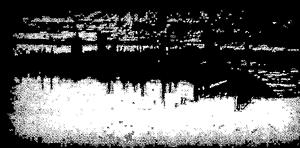
Helleu, Femme au Chapeau, 20" x 111/2"



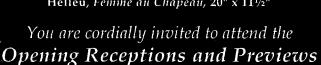
Haden, Kensington Garden,



Whistler, Annie Seated, 51/8" x 33/4"



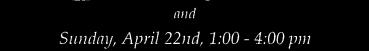
Haden, Little Calais Pier, 4" x 9"



Saturday, April 21st, 5:30 - 8:30 pm



at The Studio of Long Grove







Helleu, Portrait of Femme an Chapeau,



Haden, Cardigan Bridge, 61/2" x 81/2"

Featuring works by great masters from the 19th and 20th century including the largest collection of drypoints and originals by Belle Epoque artist Paul Helleu.



Whistler, Greenwich Park, 5" x 8'



Hilligoss Galleries at The Shops at North Bridge on Chicago's Michigan Avenue 520 N. Michigan Avenue, Chicago, IL 60611 (312) 755-0300



The Award-Winning Studio of Long Grove Galleries 360 Historical Lane, Long Grove, II 60047 (847) 634-4244

Happenings!

in the area

"Step Into the Future" with the WC of Inverness



Women's Club of Inverness prepares for their big Fashion Show Fundraiser, "Step Into the Future." Co-chair Eileen Kohne, Chairman Bo Tyler and President Carol Parke consider a way to put their best foot forward.

Friday, April 20, is the date to attend the al prizes. After lunch, Chairman Bo Tyler ever-popular Annual Fashion Show and Luncheon Event, "Step Into the Future," presented by the Women's Club of Inverness. Over 500 women will meet at The Hyatt Regency Woodfield for a fabulous boutique, lovely luncheon and professional fashion show. Begin your day at 10:30 AM with shopping in the boutique for favorites and new items. By 11:00 AM, you may enjoy a glass of wine while shopping. Luncheon will begin at 12:30 PM as you dine with friends and win exception- philanthropic endeavors.

has an exciting fashion show planned, by Fashions with Flair showcasing the latest

Tickets are selling quickly, but are still available for \$45 per person. For information concerning the event, please contact Bo at 382-7169 or Eileen at 202-0044. Great tables are still available, but they sell quickly through April.

Proceeds from this event assist the Women's Club of Inverness in all its many

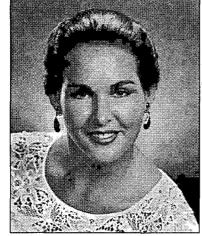
Barrington Chapter's Spring Program to Feature Lisa Saunderson

The Board of Directors of the Barrington Chapter of Lyric Opera of Chicago invites present and perspective members to join them for an afternoon of music, camaraderie and refreshments at 2 PM on Sunday, May 6, in a lovely Barrington Hills residence.

The program is free. Members are encouraged to bring guests. There is limited seating, so please respond by May 2 to Susanne Wells, 225 Timber Ridge, Barrington, IL, 60010. For more information, phone Bob Plagemann, Program Chairman, at 847-347-5236.

Soprano Lisa Saunderson, Glen Ellyn, will sing Verdi and Puccini arias as well as Italian and German art songs. She will be accompanied by Lisa Lord, Chicago.

Anne Gross, Inverness, will introduce attending past presidents and the 2001-2002 Board of Directors. Following the introductions, a light dessert buffet will be Hayden, Barrington Hills, and her commit- Arlington Heights, at 847-437-2158.



Lisa Saunderson, Dramatic Soprano

tee. A historical video on the Barrington Chapter of Lyric Opera will be available

For inquiries on membership in the presented by Hospitality Hostess Marilyn Barrington Chapter, call Howard Robins,



Interior Designer is Luncheon Speaker for Welcome Wagon

On April 10, 2001, the Welcome Wagon of Barrington is holding a luncheon at the Royal Melbourne Country Club. The members welcome all women from Barrington and surrounding communities to join them for what will be an interesting and informative program.

The luncheon speaker will be Janie Petkus FIIDA, an interior designer from Hinsdale who will talk on "The Making of a Showhouse Room." Janie is the owner of Janie Petkus Interiors in Hinsdale, IL. She has been in business since 1977. Known for her traditional style with focus on historic preservation, her projects have been in Atlanta, Charleston, Washington D.C., as well as the Chicago area. Her work has been published nationally in numerous publications including House Beautiful, Interior Design, Traditional Home, Better Homes and Gardens, Midwest Living and Design Times. In addition, local publications include Chicago Tribune, Chicago Sum Times and Chicago Home and Garden.

The Chicago Design Sources and The Chicago Merchandise Market selected Ms. Petkus as recipient of the "Residential Designer of the Year." In 1994, she was elected to the College of Fellows for the International Interior Design Association (IIDA) for "outstanding service to the organization and notable achievements in the field of interior design." In 1997, she was awarded the "Rising Star" award by Interior Design magazine in conjunction with the Beacon Hill showrooms. Most recently, she was elected as one of "Ten early; numbers are limited.



Jane Petkus FIIDA will speak at Welcome Wagon Club of Barrington's luncheon on April 10, 2001.

Interior Designers to Watch" by Design Times magazine. Locally, she has been actively involved with the Grace Episcopa, Decorator Showhouse, The Hinsdale Historical Society and the Community House

Jane Petkus also appears as a regular guest on a Home and Garden Cable Network Television program, "Decorating with Style.'

Mark your calendars now and join us for a social hour at 11 AM, with a delicious luncheon and speaker to follow. The cost will be \$25. To make your reservation, call Carol at 277-1316 before April 5. Call

Can You Top This? **Barrington Newcomers Can!**

Join the Barrington Newcomers Club at Millrose Restaurant in Barrington on Wednesday, April 18, at 11:30 AM to see a one-of-a-kind program. Susan Kohl-Jankowski, Artist and Collector of Treasured Toppers, has enjoyed collecting hats and accessories for a number of years, and her collection of hats has grown to 400. Set to music, her delightful narration includes historical, humorous, personal anecdotes about her Treasured Toppers and the people who wore them. The program will also include an interactive fashion show featuring men's and women's vintage hats and accessories. Her collection dates back to the early 1900s. Find out how the economy and world situations have influenced the men's and women's fashion industry. Laugh along with us as we celebrate the glamorous, zany, seductive and whimsical hat!

Just for fun, wear your own style of hat. This is a good time to dig out those hats you wore once, or buy a new "fun hat." based on creativity, color, humor or

Lunch will be served at Millrose Restau-



Susan Kohl-Jankowski, Artist and **Collector of Treasured Toppers**

There will be a prize for the best hat, rant. For a reservation for this event or more information about Newcomers membership and activities, please call 847-842-0733.

Fritzl's Country Inn... So Many Delicious Possibilities

Is the family getting together for Easter Dinner? Why not make reservations at Fritzl's! They'll be featuring fresh smoked ham and spring leg o' lamb in addition to their regular menu.

Fritzl's traditional European menu is something to experience too! Hearty schnitzels, potato pancakes and Hungarian goulash, veal Geshnetzeltes from Switzerland, Kassler ribs from Germany, incomparable sauerbraten, steak tartare, roast duck, prime rib and Viennese past-

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try Fritzl's restaurant and pub. They have the friendliest staff in town.

Reviewed and recommended by Zagat Survey.

Porter's Can Make Any Occasion Special!

or dinner. Our house specialties will tantalize your taste buds! "The Famous Grilled Pepperloin" is marinated 48 hours, rolled in cracked peppercorn and served with our "secret" mustard sauce. If you have room, try any one of the made-fromscratch desserts: Carrot or German Chocolate Cake, Key Lime Pie or Cheesecake to name a few. See why What's Happening! said, "Once you experience the delicious food and welcoming ambiance at Porter's, you'll be back for more."

Porter's Steakhouse is the choice for your parties, meetings and special events. next visit!

Join us at **Porter's Steakhouse** for lunch We feature exquisite banquet and meeting room accommodations, along with on and off premise catering. Let Porter's Steakhouse help you create the most memorable event, no matter what the occasion!

Porter's Steakhouse is located in the Town Center at 100 McHenry Road in Buffalo Grove. Lunch is served Monday through Friday and dinner begins at 5 PM every night. For reservations and inquiries, call 847-808-9200. Visit our website @ PORTERSSTEAKHOUSE,COM for a listing of locations and a preview of current "Special Incentives" you can use on your

Great Steak, No Debate!

Lake Zurich's unique Italian Steakhouse. Taylor Street Steakhouse offers mouthwatering homemade Italian specialties, fresh seafood and succulent steaks and chops. If you have room, try any one of the made-from-scratch desserts: Carrot or German Chocolate Cake, Key Lime Pie or Cheesecake to name a few. See for yourself why the Daily Herald said, "Taylor Street Steakhouse char-grills the finest beef this side of the city.'

Taylor Street Steakhouse also has exquisite banquet and meeting room accommodations along with on or off premise catering. We can help you create the most

Discover the downtown atmosphere in memorable event, no matter what the occasion! If you want to impress the very best, Taylor Street Steakhouse is the choice for your future parties and meet-

> Taylor Street Steakhouse is located in the North Lake Commons at 235 S. Rand Road in Lake Zurich. Lunch is served Monday through Friday and dinner begins at 5 PM every night. For reservations and inquiries, call 847-438-4499. Visit our website @ PORTERSSTEAKHOUSE. COM for a listing of locations and a preview of current "Special Incentives" you can use on your next visit!

St. Anne Gala 2001 Hosts "Monopoly" on Fun



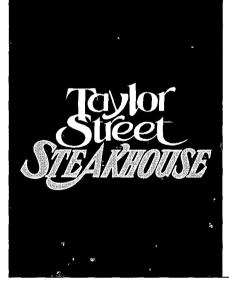
St. Anne Gala 2001 committee members are already having a good time preparing a memorable night. Seated are: (I to r) Co-Chairs Molly Montrie and Katie McGeady. Standing are: Anne Ward, Angela Nordgren, Colleen Kipferl, Lisa Oehler, Jeannie Arnold, Tracy Braun, Lisa Torrance and Marjie Malia.

"Monopoly," the black-tie (and top hat) ballroom in Hoffman Estates.

St. Anne Catholic Community in Barring- evening on Saturday, April 28, will feature ton is gearing up for its annual Gala fund- dinner, dancing, silent and live auctions raising event. Based on the popular game and prizes in the elegant, new Stonegate







Great Steak, No Debate!

We specialize in:

- · Rehearsal Dinners
- Anniversaries
- Christenings
- Showers
- Business Meetings

Open for lunch Monday thru Friday

235 Rand Road **North Lake Commons** Lake Zurich 847-438-4499

Breastfeeding Class

Good Shepherd Hospital offers a Breastfeeding Class on April 2 and 24 in the evenings from 7:00 to 9:30 PM. Increase the likelihood of successful breastfeeding by taking this one-session class. Learn about the myths and misconceptions regarding breastfeeding. Find out how you

can work breastfeeding into your busy

Support persons are encouraged to attend with Mom. The fee is \$25. To register or for more information, call HealthAdvisor at 1-800-3ADVOCATE (323-8622).

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Top prizes include two United Airlines round-trip business class tickets to any United destination worldwide, a glittering diamond necklace from F.K. lewelers of Barrington and a \$500 gift certificate from Starr Couture of Barrington. The auctions will offer a range of exciting "properties" including travel packages, sports and en-

tertainment event tickets, gift certificates from greater Barrington area businesses and restaurants, club memberships, golf packages and more.

All proceeds from Gala 2001 will be donated to the St. Anne campus development fund. For more information, please call 847-381-3554.



Wellness Place Programs Support Cancer Survivors

The following courses, lectures, stress 11:45 AM continuing April 4, 11 and management programs and support groups are among those being offered in April by the staff and guest speakers at Wellness Place Cancer Support Center. All programs are offered without charge and are held at Wellness Place, 1619 W. Coloniał Parkway, Palatine.

Expert Advice Lectures

Designed to offer opportunities to hear current, cancer-related information:

- Managing Lymphedema, Tuesday, April 3, 7:00 to 8:30 PM—Join Teri Elliott-Burke, MHS, PT, for a discussion on the prevention, management and treatment of Lymphedema.
- Healthier Eating: Take It One Step at a Time, Wednesday, April 4, 7:00 to 8:30 PM-Carol Dregenberg, RN and licensed clinical professional counselor, will address what to eat, how to make changes and integrate new foods into one's lifestyle. The program also offers a sampling of healthy food.
- The Impact of Cancer on the Family, Wednesday, April 25, 7:00 to 8:30 PM, with Joan Schmitz, LCSW, presenter-Learn how to talk to each other about cancer, what to say to children and how a family member being diagnosed with cancer impacts relationships

Stress Management

Programs developed to educate participants in stress management skills:

• Tai Chi Chih with Sally McLaughlin; Wednesdays (six-week series), 10:30 to

18; Tuesdays (four-week series), 6:00 to 7:15 PM continuing April 3, 10 and 17-A course on gentle movements to soothe the body and mind, done standing or seated. Due to limited space, this class is reserved for cancer survivors and their caregivers.

• Writing for Healing (no writing experience necessary), Mondays (three-week series), April 16, 23 and 30, 11:00 AM to 12:30 PM, presented by Lara Krawchuk, LCSW-Learn how to release difficult emotions, decrease stress and positively affect the immune system.

Please RSVP to 847-221-2400 for all lectures and stress management programs.

Support Groups

- Wellness Place is forming committed support groups designed to encourage trust and sharing by participants who see each other routinely in the group. If interested, contact Susan Ash Lee, 847-221-2400, to schedule a personal planning session.
- Cancer Survivor is a drop-in support group for cancer survivors to support one another and explore ways to manage their cancer experiences. The group meets every Thursday, 7:00 to 8:30 PM, and is facilitated by Lara Krawchuk and Susan Ash Lee

Monthly Networking Groups

Facilitated by Wellness Place clinical staff: • Breast Cancer, Tuesday, April 3, special Lymphedema lecture, 7:00 to 8:30 PM.

For Beautiful Skin



Skin Treatment for Men-Includes a complete skin assessment, custom blended deep cleansing, steam and Enzyme Therapy exfoliation and a conditioning mask personalized for your skin. You'll also experience a de-stressing massage of the face, neck and shoulders that will leave you feeling totally relaxed and refreshed. For maximum benefit, this revitalizing treatment should be done once a month.

Customized Maintenance Treatment— A personalized 30-minute booster treatment that helps keep your skin in perfect balance between your regular monthly facials. We recommend you have a minimum of one Maintenance Treatment per

Hair Removal Treatments-Available for legs, arms, underarms, backs and bikini lines. Our waxing treatments are done with a calming chamomile and azulene wax. Your skin will feel silky smooth.

For more information on any of our treatments, call Elona at International Hair Designs, 540-8445.

St. Anne Catholic Community **AM Awakenings Presents** John Donahue Grossman

Are you truly present in your relationships, your work and your prayer? Are you looking to prioritize your life's activities so that you might realize your most prized hopes and dreams?

"Making Time For Our Values," presented by John Donahue Grossman, will leave you spiritually renewed and at peace with vour life.

Grossman started his own ministry, CreativEmpowerment, five years ago. He has been a director of parish youth ministry at St. Isadore in Bloomingdale and St. John Neuman in St. Charles. John taught theology at Marmion Academy and had worked with more than 100,000 cat-

echists, parents, professional ministers and students of all ages across the Midwest. Grossman's style is humorous and reflective, leaving people feeling warm, challenged and wanting to grow further.

Please come join St. Anne's AM Awakenings to reflect on the values and rhythms of your life on Thursday, April 26, from 9:00 to 11:30 AM in the Hospitality Room in the new church building. St. Anne Church is located on N. Ela Street in Barrington. A \$10 fee payable at the door (\$8 for those 65 and older) includes continental breakfast. Childcare is provided in the Parish Center located near the church.



- Prostate Cancer, Tuesday, April 17, 7:00 to 8:30 PM. Please RSVP.
- Lymphoma, Tuesday, April 17, 7:00 to 8:30 PM, offered in partnership with the Leukemia and Lymphoma Society. Family and friends invited. Please RSVP.
- Family and Friends; Tuesday, April 10, (special caregiver lecture), or Tuesday, April 24, (open discussion); 7:00 to 8:30 PM. Please RSVP.

Wellness Place is a not-for-profit, community-based center dedicated to encouraging, educating and empowering those living with cancer, their family and friends. Anyone considering participation is invited to have a tour of Wellness Place and attend one of the welcome sessions for those interested in learning more about services and programs. Please call 847-221-2400 for specific information.

Crafting Classic Good Taste— Ambrosia Patisserie

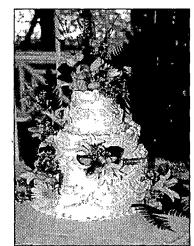
Nestled among the other shops at The Foundry of Barrington, Ambrosia Patisserie is your destination for premier taste and classic ambiance. Open Tuesdays through Sundays.

From crafting world-class pastries in their kitchen at their patisserie in Barrington to a feature appearance on The Discovery Channel's Great Chefs Series, Deborah and Richard Rivera and their fine staff have been crafting good taste for over a decade

At Ambrosia Patisserie, they know their reputation precedes them! This is why, since 1989, everything they do is focused toward creating exquisite products in a comfortable and enjoyable environ-

From your first, sense-awakening step into their shop to your last sip of your favorite beverage, their friendly and experienced staff is dedicated to making your visit a memorable and enjoyable one.

Their signature bakery and pastry prod-



ucts are only prepared in the way they were meant to be-the classic, old-world European tradition!

Indulge in layers of pure, harmonious natural flavors, sweet pure buttercreams, imported fine chocolates, pure fruit mousses and fresh, tender cakes!

Dear Friends,

During this Lenten Season, remember that Le Vichyssois serves several different selections of fresh fish each evening. We also include at least one fish entree, a 4course meal for \$25, on our Bistro Menu. This exceptional menu is available on Wednesday, Thursday, Friday and Sunday

Le Vichyssois is also planning special evenings in April. We will feature Cassoulet on April 5 and Bouillabaisse on April 13. On Easter Sunday, we will open at 1 PM. Make your reservations now! Call 815-385-8221. -Bon Appetit!



Travel Czar Arthur Frommer and **Humorist Loretta La Roche Continue Elgin Enrichment Series This Spring**

The Elgin Enrichment Series looks formessage we constantly receive is to do as ward to its upcoming spring presentations with travel czar Arthur Frommer and humorist Loretta La Roche to be held at the Elgin Community College/Visual Performing Arts Center, 1700 Spartan Drive, Elgin.

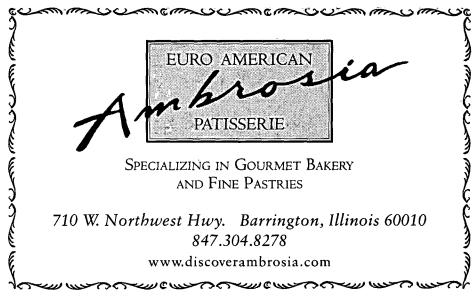
Arthur Frommer, America's Travel Czar, presents "Unusual, Exotic & Dream Vacations" on Wednesday, April 11, 2001, at 10:00 AM. Frommer is famous for his novel vacation ideas which bring high romance and adventure to the most standard. destinations. In a colorful and fast-paced presentation, he'll roam the world from the Florida Keys to the island of Bali, describing resorts that are both full of value and fun... and attractions that are full of learning and growth for the viewer.

Loretta La Roche presents "How to Prevent Hardening of the Attitude" on Tuesday, May 1, 2001, at 7:30 PM and Wednesday, May 2, 2001, at 10:00 AM. La Roche is a bundle of dynamite who's got audiences of usually sane people rolling in the aisles with uncontrollable laughter. Chances are, she's unlike anything you've ever seen! We are fast becoming a nation of crazed and humorless individuals. The

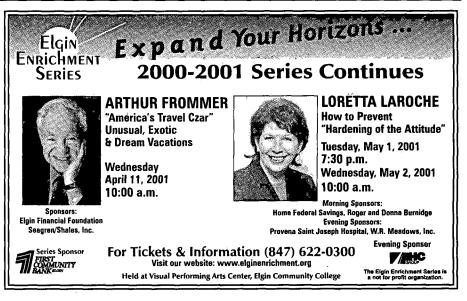
much as we can in one day, do it perfectly and then feel guilty for not doing more. La Roche says it is possible to create excellence, play along the way and enjoy life! She was featured on PBS providing her wacky sense of humor to promote a happier, healthier society.

"Our Series ticket holders have given us very positive feedback about the variety of our nationally recognized presenters," said Donna Burnidge, Board President of The Elgin Enrichment Series. "We are eagerly anticipating Arthur Frommer and Loretta La Roche and will also be ready to announce our new 2001-2002 Series presenters following Ms. La Roche's preentation. The best is still yet to come!"

Ticket information for both presentations can be obtained by calling the Elgin Community College Box Office at 847-**622-0300**. A limited number of luncheon tickets are still available for each morning presentation at \$18 for each Luncheon by Series Ticket holders only. All luncheons are held at the Elgin Country Club in Elgin immediately following the presentation. Seating is limited to 200 people. Visit







Newborn Basics Class

This onetime class covers the many facets of caring for the newborn in your life. Bathing and diapering, cord and circumcision care, bottle feeding, comforting, pets and more are covered in this class. Increase your parenting confidence! Once baby has arrived, you can register for the

Baby is Here Class.

Newborn Basics will take place April 7, 1:00 to 3:30 PM; April 17, 7:00 to 9:30 PM; and April 25, 7:00 to 9:30 PM. The fee is \$25 and includes Baby is Here class. To register, call HealthAdvisor at 1-800-3ADVOCATE (323-8622).

the website at www.elginenrichment.org.

This 2000-2001 Series kicked-off successfully with legendary film critic Roger Ebert of the Chicago Sun Times and "Ebert & Roeper at the Movies" and Chicago restaurateur Chef Rick Bayless of Fronterra Grill and Topolobompo restaurants.

The Elgin Enrichment Series, recipient of the 2000 Elgin Image Award, is an independent nonprofit organization established in 1995 by a board of 10 volunteers. Its purpose is to bring to the Fox Valley area a variety of high-profile speakers from the fields of education, entertainment, communications and other professions, to truly enrich the lives of community members. First Community Bank in Elgin sponsors The Elgin Enrichment Series-Morning Forum. IHC Group in Elgin is this year's Evening Series sponsor.

Barrington Community Child Care Center

Now Enrolling Infants & Toddlers

Child Care Openings Available @ 0123456789 & for Children 6 Weeks - 6 Years.

Applications Now Being Accepted

Hours: 7am - 6pm

560 Carl Avenue (1 blk. west of Burger King off Northwest Hwy.)



381-0272

Barrington



Joette S. Doran & Associates, P.C.

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- Disability

- Severance Agreements
- Non-Compete Agreements
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Call for an Appointment

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VISIT OUR WEB SITE AT WWW.JOETTEDORAN.COM

Severance Agreements— **Protecting Your Future** by Joette S. Doran, J.D.

As you may know, a severance agreement is intended by an employer to provide a terminated employee with a specific sum of money and/or benefits in exchange for the release of the employee's legal rights against the company. Although employers are not required by law to offer severance, often employers will offer severance pay in situations of a layoff or downsizing. Under those circumstances, severance is usually defined by a company policy which sets forth the calculation of pay based on the employee's length of service and position with the company. Another reason for the offer of severance is to resolve an employee dispute related tion, an agreement may be negotiated. A



to the termination. In some situations, the employer may not offer a severance package. However, depending on the particular situation which led to the termina-

Now Enrolling Infants & Toddlers

Center offers a year-round preschool-type program. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Ave. in Barrington, (one block west of Burger King off Northwest

Registration is now being accepted for all age groups in our child care and preschool programs. Have peace of mind while you work and know that your child is in a safe environment. Being at the Barrington Community Child Care Center means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the Barrington **Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. Program enrichments are also offered, such as "Computer Tots." And, as a convenience, haircuts by a stylist from the fun!

Barrington Community Child Care a Barrington salon are offered every six weeks. We also have a reading and writ, ing specialist on staff, available for private tutoring.

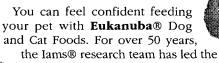
One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

Barrington Community Child Care Center is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

Barrington Community Child Care Center offers year around structured activities and care. Registration is now being accepted! We are happily celebrating our 8th year in the community. Come join

Eukanuba®-A Decade of Research Results in New Groundbreaking Tradition

After a decade of meticulous research and ongoing studies, the veterinarians and nutritionists that brought you Iams® bring you the most advanced nutrition available for dogs and cats—Eukanuba® Vital Healthy System™ Formula Dog and Cat Foods.



way with formulas that support the optimal health of dogs. Their nutritional advances are years ahead, so your dog will have optimal health in the future.

Eukanuba® can be found at Rick's Pet Shop located on the southwest corner of Routes 14 and 59 in Barrington, next to Pizza Factory. Call 381-1515 for more information.

Lunch and Movie

dorf Park on Wednesday, April 18. Lunch 381-5030 for reservations. will be served at 12:30 PM, followed at

The Barrington Area Council on Aging 1:00 PM with the movie, Singing in the (BACOA) and the Barrington Park District Rain. The suggested donation for lunch will present lunch and a movie at Langen- is \$2.50 per person. Call BACOA at 847-

employer where it desires to avoid future litigation.

A properly drafted severance agreement is enforceable and therefore should be carefully considered by both the employer and the employee. Before you sign a severance agreement, it is extremely important to know your legal rights and to understand exactly which rights the company wants you to relinquish.

Sometimes, terminated individuals are fearful and agree to sign away their legal rights in exchange for inadequate compensation or terms which may restrict future employment. For instance, carefully consider a severance agreement if it includes a "non-compete" agreement or "restrictive covenant" provision. If such provisions are properly drafted, they are enforceable and will legally affect your ability to accept future employment. As such. Area Professional Women.

severance agreement is beneficial to an it is recommended that you consult with an attorney to determine whether the severance pay offered is adequate when compared against any restrictions the agreement may place upon you and the legal rights which you release in favor of the company. If you are presented with a severance agreement, I encourage you not to delay receiving information regarding your legal rights. You may start by visiting our website at www.joettedoran.com for further information.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois Federal Courts. She is the Chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the President of Barrington

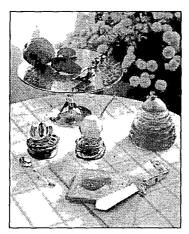
Stop In and See All the New **Indulgences Waiting to be Discovered at Eminent Domain**

It's spring... a time to "renew" your home with accessories, a time for showers and weddings. Eminent Domain has new and exciting giftware and accessories arriving daily.

Discover the sophisticated whimsy of metalware from designer Michael Aram or bud vases which are little works of art by blacksmith Steven Bronstein.

Add some drama to a room with rustic storage jugs from Turkey, antique candlesticks from India or stoneware from potter Jim McCelland. Also, look for art glass and stemware in the latest color trends. Not sure how your new discovery will look in your home? Don't forget about our free in-home consultation. We also offer a gift and bridal registry.

Eminent Domain is located in the Barrington Commons Shopping Center along with Satin Filly, Syd Simons and Grandpa's Deli.



Spring Tom Lynch Show at Gallery Northwest

Spring is here and so is the perfect opportunity to add color to your home. Gallery Northwest offers a wide variety of high quality art and framing.

Stop in for our annual spring show with Chicagoland artist Tom Lynch on Saturday, April 28, from noon to 4 PM.

We are also pleased to present pop artist Clemens Briels, official artist of the Salt Lake City 2002 Winter Olympic games. All pieces contain a three-dimensional relief whether in his serigraphs, originals or wall sculptures. With every Clemens Briels purchase, you will receive A Jump of Joy Olympic release print.



Autumn Sunset by Tom Lynch

lection of frame and matting choices for any style piece you may want to have custom framed.

Gallery Northwest is located two blocks north of Palatine Road on North-In addition to our art, see our vast se- west Highway in Palatine. 847-991-0014.

Sniff, Sniff... is That Spring I Smell?

of hibernation yet?

I am counting the days!

A great big thank you to all who made it a fabulous holiday season for us and even right through March. Now that we have a momentum going, how about you joining the ever growing family of Lydia's

Here is what we offer. Now take a big breath cuz I am going to list it all in one overrun sentence. We do intimate dinners for two, dinner parties, luncheons, showers, ladies' events, theme parties such as Mexican Fiestas (Dick and Harriot of Barrington started us on those), graduations, birthdays, anniversaries, just any old reason to party, weddings, open houses, all corporate events, christenings, funerals, day care, church functions, etc., etc., etc. Phew! We do as simple as a continental breakfast to the elegant dinner. We have done it all! And hey, we haven't goofed up yet! Okay, okay. Except for the flowers that went on Irma and Don's wedding

Hello! Are you considering coming out cake. But hey, that was the florist who goofed up. I kept my end of the bargain and made a fabulous orange flavored cake with apricot filling and a wonderful frosting. Why, they even recommended us to a customer who had never used us before and was a little hesitant. Well, guess what? He was so happy with our work that he has been recommending us to all of his associates

> Now folks, I have friends who cringe when I write this kind of stuff, but I am laughing all the while. I very much enjoy doing what I do and sharing with you in a funny way what it is that I do... hmm... now what did I just say?

> Check out our ad next to this article, and give us a call. Easter and graduation are just around the corner, and I have another semester to pay for college! I warn you though, we won't be as expensive as the Ritz, but we will try and work within your budget to get the best for your dollar anyway.

Wellness Challenge Golf Outing Set for July 9 in CL

Save the date! The third annual Wellness Challenge will be played on Monday, July 9, 2001, at Boulder Ridge Country Club and Crystal Lake Country Club. The pubness Place Cancer Support Center in Pa-

lic is cordially invited to be part of a day filled with animated play and good fellowship focused on fundraising for Well-



éclectic objects for the home designed and produced by artisans from around the world

EMINENT DOMAIN

124 Barrington Commons Court Barrington, Illinois 60010 Tel: 847.304.1445 Tuesday - Friday: 10am - 6pm Saturday: 10am - 4pm Evenings by Appointment

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234 N. Northwest Hwy., Palatine, IL (2 Blks. North of Palatine Rd.)

Easter & Graduation are Just Around the Corner!

IT'S TIME TO BOOK YOUR PARTY!

- Weddings
 Christenings
- AnniversariesBirthdays
 - Any Occasion at All!

Zvdia's Gatering 847.431.9605



Growing Peonies Topic for Garden Club of Inverness

Gardeners! Get ready... set... go! As these garden beauties and update us on April showers and sunshine promise to make our gardens grow, so the Garden Club of Inverness plans its last general meeting of the season on Thursday, April 19. The topic to be discussed is "Peonies, the King of Flower," presented by Laurie Skrzenta. Knowledgeable in many aspects of horticulture and garden design, Laurie will share methods for easy growing of

the very newest flower varieties.

Our club meets at Holy Family Church, 2515 W. Palatine Road, Inverness, at 9:30 AM. Refreshments and our program follow a brief business agenda. We invite new members and welcome guests. For additional information, call Phyllis Ewert

participation or sponsorship details, please call Wellness Place at 847-221-2400. Join in supporting this nonprofit center dedicated

latine. Non-players are also welcome. For to providing programs and services at no cost to participants, thus empowering people living with cancer in the northwest suburban area including McHenry County.

Portraits by Thomas

Family Special

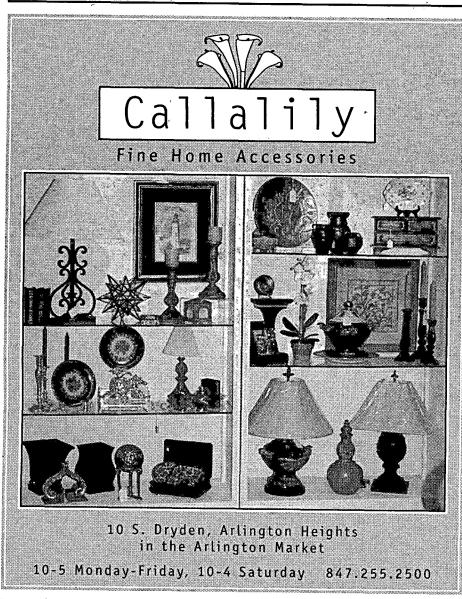
Save \$50 off our regular creation fee April 1st through 30th.

Limited sessions are available so call our studio today to reserve your family's portrait appointment

Portraits by Thomas 847-381-7710



557 North Hough Street # Barrington, IL 60010 www.portraitsbythomas.com



Twelve School Students Sought for Advocate Good Shepherd Future Physician Program Participants

The Future Physician Program of Good Shepherd Hospital is seeking twelve high school seniors for the prestigious, one-ofa-kind program for students interested in health-related careers. Selections will be based upon personal interviews, written essays and recommendations as well as academic record, maturity and motivation for choosing a medical career. This program is available only for students that will be between their junior and senior years of high school and who have a permanent address in Good Shepherd Hospital's primary or secondary service areas.

The Future Physician Program is a sixweek, summer educational program that offers students the opportunity to observe the daily activities of various hospital areas including surgery, radiology, the laboratory, labor and delivery, the emergency room, orthopedics and nursing units. Physicians, registered nurses or other department staff members accompany participants in the various departments. Participants also will spend time with primary care doctors and specialists from Good Shepherd's medical staff in their offices.

Comments by Thomas

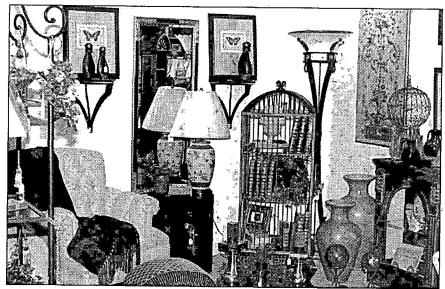
Our lives are very busy and we often live in the moment. We are so busy doing what we feel is important that we don't always notice the days racing by and our children sprouting up before our eyes. It is important to stop what we are doing and make plans to preserve this time for when our children grow up and leave the nest. If you don't make time to capture your family at the present stage, it will be too late.



At Portraits by Thomas, our approach to family portraiture is unique. Our objective is to gather families together so they can enjoy each other's company and have a few moments of fun. The resulting portraits capture the truth about these relationships; about the personalities of the people represented, and the true feelings we have for our loved ones. We enjoy creating stories of families hugging, touching and having fun with each other. I believe these moments will become our most prized positions in the future.

The time is now to invest the time and resources required to capture accurate time capsules that will grow in value exponentially for the long term. Call our studio today at 847-381-7710 to set up your consultation appointment where we will help you create once in a lifetime images that your family will cherish for generations to come.

Home Accessory Store in Arlington Heights



Callalily Fine Home Accessories opened its doors in 1999 with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed by experienced designers. They will work with customers to select and place acces-

sories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts. in the Arlington Market. From Rtg. 14, approximately ½ mile east of Arlington Heights Rd., turn north on Dryden St. and go one block. Call 847-255-2500.

Good Shepherd Manor Luncheon

The Barrington Area Council on Aging and Catholic Charities. (BACOA) invites you to attend a luncheon, held every Thursday at Good Shepherd Manor, 445 East Main Street, in Barrington. This program is a partnership between BACOA, Good Shepherd Manor

Lunch is served at noon and is open to the public. Suggested donation for lunch is \$2.50 per person, and advance registration is required. Call BACOA at 847-381-5030 to register.

The full-day sessions will be held each weekday from June 18 through July 27. Students will be paid a stipend at the end of the program. The monies for the program have been donated by a leadership gift from The Marvin and Kay Lichtman Foundation, additional support from Dr. and Mrs. Richard Smith, members of the Good Shepherd Hospital medical staff, the Good Shepherd Hospital Auxiliary and the hospital administration.

Applications are being accepted for review. The deadline for applications is April 27. The twelve program participants will be announced May 25.

students have completed the Future Physician Program at Good Shepherd Hospi-

For additional information about the program or an application, visit Good Shepherd Hospital's website at www. advocatehealth.com/goodshep (see Future Physicians Program), contact your high school guidance counselor or call Syl Boeder of Good Shepherd Hospital Community Relations at 847-381-0123, ext.

Contributions to the Future Physicians Program can be directed to Good Shepherd Hospital's development department, Since it began in 1991, more than 80 450 W. Highway 22, Barrington, IL, 60010.

Barrington American Legion Post 158 Hosts 12th Annual Golf Outing



Larry Marquardt, President of Marquardt of Barrington, hands keys of a 2001 Buick to Bob Brandt, Commander of Barrington American Legion Post 158. The automobile will be awarded for scoring a hole-in-one at the 12th Annual Post 158 Golf Outing on May 21 at Cary Country Club. In the background are committee members Corliss Anderson, Jr. and Bill Raymond.

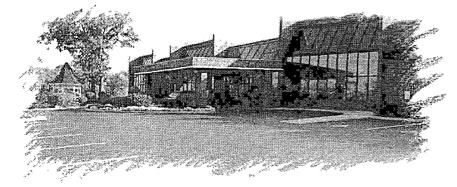
Barrington American Legion Post 158 will host its 12th Annual Golf Outing on Monday, May 21, at Cary Country Club. Men and women friends of Barrington Baseball are invited to share a day of golf and fun in support of American Legion Baseball. Everyone is welcome to participate or sponsor a golf cart or golf green.

The \$115 donation for the day covers green fees, cart, refreshments and postgolf dinner. Non-golfers are welcome to attend the afternoon activities and dinner for a \$55 donation. If you don't have a foursome, the committee will be happy to match you with playing partners for this best-ball, scramble event. Make reservations now and purchase your tickets by calling Treasurer Bob Kruse at 847-381- this team.

Proceeds will benefit Barrington's American Legion Baseball team under the direction of Coach Jim Hawrysko. This year's team is looking very promising, with several college-bound athletes planning on playing.

The Barrington American Legion Baseball team, comprised of outstanding Barrington area high school and college players, will play a 50-game schedule during June and July. The public is invited to attend home games at Barrington High School's varsity baseball diamond. Community support and the continuation of funding from Post 158 and its golfing friends will assure the future success of

Join the Easter Bunny for Easter Brunch

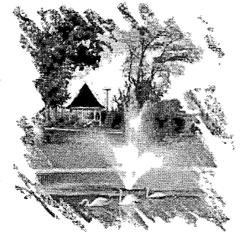


beautiful grounds and secluded from Road just west of Quentin Road in Kildeer. everyday intrusions, lets one escape into a world of elegance and fine banquet din-

Concorde Banquets is the perfect place for your wedding reception, awards dinners or corporate breakfasts, luncheons or dinners. Facilities are available for groups of 25 to as many as 1,000 people. At Concorde Banquets, every occasion is special, no matter how large or small. Their expert staff takes pride in helping you plan your function with their personal touch. A variety of affordable and distinctive package plans are available. For more information and a personal meeting, please call 438-0025.

Concorde Banquets is located one

Concorde Banquets, surrounded by mile north of Lake-Cook Road on Rand



THOMAS KINKADE



-IN PERSON-FOR A **PRIVATE** APPEARANCE **MAY 12**TH

Thomas Kinkade Deer Park Gallery is proud to announce the private appearance by Thomas Kinkade Saturday, May 12th.

Purchase a limited edition canvas now through May 12th and have the opportunity to have it hand signed by the artist!

Not only will your limited edition canvas be hand signed, you will be invited to hear Thom speak as he creates an original sketch on canvas that will be auctioned off at the end of the event.

> Signing opportunities and attendance is extremely limited. Purchase your canvas today to reserve space!

For more information on this exclusive event please contact:

DEER PARK GALLERY

Deer Park Town Center, Corner of Quentin Rd. and Rt. 12 Deer Park, IL (847) 550-0900

Bring this ad into our gallery to receive a free gift.



Concorde Banquets

Join the Easter Bunny for

EASTER SUNDAY CHAMPAGNE BRUNCH

April 15, 2001—10:30 a.m. to 2:00 p.m.

LAVISH BRUNCH BUFFET

including

EUROPEAN PASTRY TABLE

Complimentary Polaroid Picture for All Children Taken with the Easter Bunny

> For Information and Reservations Please Call 847-438-0025

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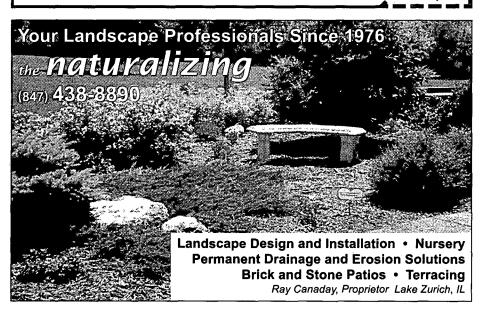
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A new product for Closet Masters is the Wall Bed-a real bed, hidden when not in use behind an attractive cabinet. It easily pulls down to provide a comfortable rest for your guests. Available in twin, full or queen sizes. The queen only takes 66" of wall space. Drawers and shelves can be added to the sides of the cabinet.

Call Closet Masters at 847-669-7015 and simplify your life.

Landscaping...Dumb Money/Smart Money

Dumb money goes for free design advice from lawn maintenance services and relatives. Smart money knows that lifestyle-compatible design concepts of the non-cookie cutter variety are had from a design professional.

Dumb money buys what looks good today, on sale, and often guided by the label or sales clerk. Smart money knows labels are often incomplete and misleading; and aims for long term and low maintenance color for all the seasons.

Dumb money downsizes materials to excess, sacrifices quality, and puts off fundamental problems when the budget is squeezed. Smart money takes on one area at a time, does it well, then moves on as budget allows.

Dumb money is cutting back, digging out, and replacing what died or overgrew their bounds in just a few years. Smart money is lining up the next putt.

Spend wisely... the naturalizing landscapes. 847-438-8890.

Handbell Concert by Exaltation!

Exaltation! Fox Valley Community Hand- music written and arranged by several of bell Ensemble will present its seventh annual spring concert on Friday, May 4, 2001, at 8 PM at St. Francis de Sales Church located at the corner of Route 22 and Buesching Road in Lake Zurich. Exaltation! is an auditioned ensemble, recruiting members from several of the area's churches. This spring's dynamic program combines secular and sacred

today's most popular handbell composers. The handbell ensemble will be accompanied on various pieces by clarinet, flute, piano and organ. A freewill offering will be taken. Exaltation! has an excellent reputation for providing audiences with exciting performances. For more information, call Linda Kranz at 312-507-5306.

Five Famous Women Visit St. Anne School

St. Anne Catholic School in Barrington recently celebrated Black History Month and National Women's History Month with special portravals of five of the most famous 100 women in American history. Volunteer parents portrayed the late African-American Olympic athlete Wilma Rudolph, renowned physician Dr. Virginia Apgar, Cherokee Indian Chief Wilma Mankiller and U.S. Supreme Court Justice Ruth Bader Ginsberg. Captain Patrice Clark Washington, the first female African-American airline captain, appeared in person at the school on February 20.

The Women in History program at St. Anne School seeks to introduce students to the many significant contributions women make to our society and to help close the gap in women's history that still exists in history and social science textbooks.

The live presentation offers insights into each woman's life and accomplishments and historical footnotes about life in America. The program also offers the opportunity for students to correspond with the living women who are being portrayed.



(Clockwise from upper left) Terry Dallas Prunskis as Wilma Rudolph; Mary Pat McAuliffe as the Honorable Ruth Bader Ginsberg; Linda Lopez as Wilma Mankiller; Captain Washington portrayed herself; and Dr. Carol Laning as Dr. Apgar.

BEAUTIFU

HOMES & GARDENS

Special Seasonal Section



Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed

Master planning is simply defined as the areas of a property that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home, and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc., then a budget plan can be created.

The homeowner will then be able to

utilize their plan for years in the future, installing each segment of the plan as it relates to their budget and use of space.

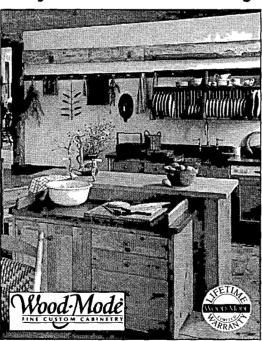
To learn more about Master Planning and our firm, BonnerCodd Associates, please contact principals Cheryl Ferguson and John C. Cazzetta, Landscape Architect, at 847-382-4838. We look forward to hearing from you.

Down on the Farm by Distinctive Kitchen Design

When most of us dream of the rural America of a century ago, visions of Dorothy's Kansas or Huck Finn's Missouri might drift through our thoughts. We'd imagine a Victorian frame farmhouse, tall windows, lace curtains, a front porch swing and a freshly baked apple pie cooling on the window ledge of Grandma's kitchen. No wonder so many homeowners seek to recreate the comforts and peace of this vanished time in the decor of their modern kitchens.

Any of Wood-Mode's traditional door styles can successfully capture the "farmhouse" look. Lightto mid-range wood stains or the opaque series will provide the appropriate color, while Wood-Mode's extensive trim mouldings and hardware assortments supply the right touches to complete your journey back to a gentler time.

Today's Shaker look of clean, uncluttered lines in simple design ethic satisfies many homeowners' desire for an authentic country motif. Wood-Mode offers several door styles that work perfectly, with natural or aged looking stains on pine, cherry or maple to enhance the integrity of the wood. Custom colors that match those actually used by the Shakers are also possible. If Shaker is your choice, appointment.



then Wood-Mode should be your cabinet.

The design staff at Distinctive Kitchen Design can help renovate your home into a haven for work, play and display! Visit our showroom nestled among charming antique stores and boutiques at 201-A South Main Street in downtown Wauconda. Our hours are Monday through Friday, 9 AM to 5 PM; evenings and Saturday by

<u>Rackarakarakarakarakarakan</u>







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Kelley Hutzell Project Designer

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Unique Designs for New Construction and Remodeling Projects

Decisions Made Easy is a design service to help you and your contractor's project run smoothly, efficiently and within your budget. We help you design the detailing with special effects such as trim mouldings, fireplaces, faux painting, marble, countertops, tile, etc.

Kelley Hutzell, owner, has been in the design and construction industry for 14 years. She has helped in the design detailing for upscale residential clients, architectural firms and building contractors. Her work has been nominated to enter into the American Living Awards contest for Professional Builder Magazine. Kelley has participated in Homeshows and Parade of Homes in other states, which has resulted in several awards for her clients.

Decisions Made Easy has done work throughout the United States. No project is too far to complete the unique one-ofa-kind look for you. For more information, please contact Kelley Hutzell with Decisions Made Easy at 312-961-0445 or 847-934-3201.



Kelley Hutzell, Owner and Designer for Decisions Made Easy

Caregiver Support Group

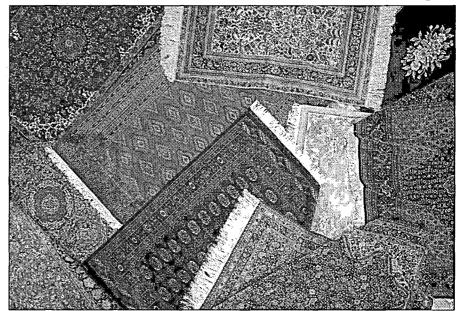
The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend our Caregiver Support Group meetings, held the first Wednesday of each month at the Barrington Village Hall (Community Meeting Room), 200 South Hough Street, from

On Wednesday, April 4, a presentation on "Understanding Medicare and Sup-

plemental Plans" will be given by Ivette Camarano and Angela Parker with the Senior Health Insurance Program (SHIP). Discussion, questions and sharing will follow the presentation.

For more information or to register, call BACOA at 847-381-5030. Registration is not required.

Fine Handmade Persian & Oriental Rugs



A thing of beauty is a joy forever. Handmade oriental rugs are known to last for hundreds of years while beautifying your home. As the rugs are passed from generation to generation they appreciate in value.

Rugport provides one of the area's largest selections of silk and wool estate and palace-sized rugs—over a 20 million dollar inventory. Now is a good time to beautify your home with a fine handmade oriental rug.

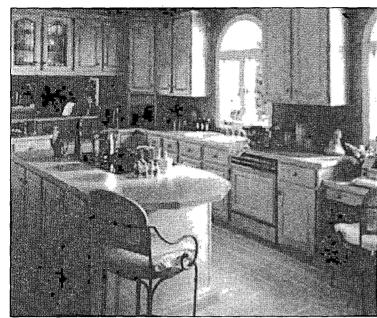
Rugport is able to offer low prices on quality handmade Oriental rugs because Rugport is a direct importer and sells retail and wholesale. Compare our price, selection and quality on fine Persian rugs

which include Tabriz, Heriz, Serapi, Isfahan, Nain, Kashan, Sarouk, Mashad, Qum and many more. Rugport is a family-oriented business which prides itself on being professionals in the art of handmade rugs.

The owner representatives at Rugport will be happy to provide a FREE appraisal of your oriental rug. Rugport provides full service and care for Oriental rugs, including cleaning, restoration, buying old and antique rugs, and appraisal. Handmade rugs last for years, so Rugport provides long-term customer satisfaction.

Visit Rugport for the largest selection of nomadic and city-made Persian and Oriental rugs. SEEING IS BELIEVING!

K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

from K.D.A.

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., 815-477-4800.

Depression Screening

ten seem hopeless. You, or a loved one, may feel sad or anxious. Many people don't seek treatment, because they don't realize they are depressed. They may feel that the problems will take care of themselves or "why bother"? Depression is more information, call 847-842-4493.

In these times of heavy stress, life may of- treatable, however. There is no need to continue feeling hopeless, exhausted or trapped.

> The Center for Stress Medicine at Good Shepherd Hospital offers Free Depression Screenings all year. For an appointment or

Stress Relief!



Burke Landscaping is a fully insured and licensed Hardscape Contractor with 15 years experience in creating beautiful and functional extensions of your exterior leisure areas. Using interlocking brick, flagstone, bluestone, granite and other hardscape products, we can construct your driveway, patio, walkway, entryway, swimming pool deck, pond, waterfall, retaining wall, pergola, seatwall... and there are many other options available.

Your creation begins with an initial, on-site inspection and measurement of the work area. Our designer will show you

pictures, listen to your ideas, answer any questions and offer any additional suggestions. The measurements are then used to compose a scale drawing which is presented to you along with a written proposal.

Burke Landscaping considers their work a craft and takes pride in every job no matter what size. To ensure your work will stand the test of time, we back it up with a 5 year guarantee.

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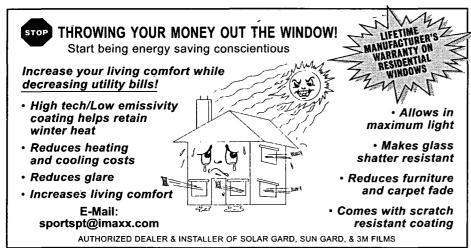




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Now offering Silestone, an engineered stone that is stain, heat and scratch resistant.

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Deadline!

The deadline for the May Issue is Thursday, April 12.

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Crystal Lake, IL 60039-0293

or call: (815) 459-4820

Glare-Not Window Tinters **Provides Savings Year Round**

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by Glare Not, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon re-

We look forward to saving you money!!! For further details, please call 847-382-8468 or 815-363-8468.

Bridging the Gap Between Nature and Technology

In addition to a large selection of the finest natural granite and marble, Stonecrafters now offers Silestone, an engineered stone that is more durable than natural materials.

Silestone is made of 93% natural quartz materials and 7% resins and pigments, which results in a material that is scratch resistant and easy to maintain. Although Silestone is a hard surface, it retains a measure of flexural strength that makes it less likely to chip or crack than natural stone. Available in a wide variety of colors, Silestone is virtually maintenance free and resists permanent stains.

Stonecrafters specializes in kitchen countertops, island countertops, shower/ tub surrounds, reception desks, full height splashes, full wall fireplaces, fireplace surrounds and hearths, custom tub decks and columns and many other architectural stone details.

Visit our Wauconda studio to learn more about Silestone and to view firsthand our inventory of 1,500 slabs in 25 colorations. Our expert craftsmen will educate you on the process of choosing a stone that will produce a quality finished product.

Call Stonecrafters today at 847-526-9594 or fax at 847-526-9507.

Art Associates to Tour Chicago West Town Art Galleries

The Spring Excursion for the Barrington Community Associates of the Art Institute of Chicago on Thursday, May 17, will be a tour of the Chicago West Town Art Galleries. The tour will be led by Justine Ientes and her staff at Inside Art.

The West Loop has become a destination for curators and collectors and represents an important array of contemporary art. The day will include a visit to the Fassbender Gallery, 835 W. Washington, for an exhibition of work by German minimalist artist Ugo Noger. His experiments with light, white paint and fabric are fascinating. The group will also see a show of gallery artists in the back space.

Across the hall from Fassbender at the Thomas McCormick Gallery, there will be a show of large-scale paintings by Robert Natkin. Born in Chicago in 1930 and educated at the Art Institute, Natkin has gone on to great success nationally and internationally with paintings in most major museums.

A stop will be made at the brand new

gallery space of Judith Racht at 942 W. Lake Street. She has worked for two years to transform this former stable and printing business into a spectacular two-floor gallery. There will be an invitational on view, curated by corporate advisor Emily Nixon and Chicago Cultural Center Curator Greg Knight.

A sculpture show featuring national and international superstars will be at the Wood Street Gallery, 1239 N. Wood. The pieces will be on display inside this stunning gallery space—which began as a Jewish Orphanage, then became a Polish Army Veterans Hall-and outside in the newly landscaped sculpture garden.

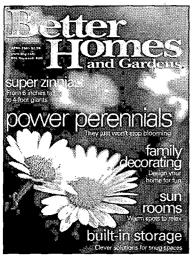
The fee, \$60 for members or \$70 for guests, includes a lunch in a trendy area restaurant.

Buses will depart from Langendorf Park in Barrington at 9 AM and from Chicago at approximately 3 PM. To register, contact Alyce Anthony at 847-526-2051 by April 26.



Cover Story: Barrington's Best **Designers Get Noticed—Again**

If you have any thoughts of remodeling no further. There is no high pressure at your kitchen, please don't miss this month's issue of Better Homes and Garderful article about the latest McCauley Design kitchen to receive national attention for design excellence.



This month's Better Homes and Gardens features a kitchen by McCauley Design.

The article illustrates many of the reasons why so many Barrington homeowners have relied on McCauley Design to come up with great ideas for transforming tired old kitchens into spaces that wind up on the glossy pages of books and national magazines.

Starting from a cramped, dark cubby overlooking a neighbor's garage, McCauley Design created a light filled room with all the function that a busy pair of cooks could hope for. Everything about the kitchen was re-thought, re-shaped and, ultimately, renewed. When the project was complete, the homeowner came to our office and sighed, "I can't believe I'm living in something this beautiful." Better Homes and Gardens caught the homeowner's reaction with this quote: "We love it!"

This is not the first time that McCauley Design has received national attention for its kitchen designs. For over 10 years Mc-Cauley Design has been receiving industry awards and catching the attention of authors and magazine editors. The reason is simple: At McCauley Design, great creative work takes precedence over everything else. While we do sell the finest inkitchen cabinets, appliances, stone, and tile, nothing is more important to us than making sure that our clients wind up living in something beautiful.

When you come to McCauley Design, you get the best designers, you get the finest cabinets (in virtually every price range), and you get the attention to detail that will make your new kitchen a "cover story." Don't settle for less than the best. Come to McCauley Design.

Why the Best Doesn't Cost Extra

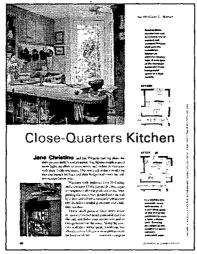
Our initial consultation is free of charge that consultation you'll have a chance to see whether our ideas are the best before you commit to design fees. We'll also show you the difference between our design work and the type of design work you can expect from the typical cabinet our design fees make sense, you need go station. Call 381-2742.

McCauley Design.

Most people opt to proceed with us bedens. At pages 66 to 68 you'll find a won- cause they like our ideas and because our design fees are fully credited against the ultimate cabinet purchase. Because our cabinets are competitively priced, there is no need to go bargain hunting. At McCauley Design you get the best design and the best value.

Marble and Granite

For years McCauley Design has specified stone counters for virtually all of its projects. Granite is a special favorite because of its special adaptability to kitchens. Virtually impervious to stains and scratches, granite will keep its looks for the life of the kitchen. Granite's natural beauty is unsurpassed, as each slab features a unique grain pattern that adds life and drama to kitchen counters.



Now Barrington has a new source for stone countertops, floors, and ceramic tile, because Euro Marble and Granite has taken its place in the studio of McCauley Design. Euro Marble has a great track record in Barrington for careful attention to detail, helpful service, courtesy to customers, and high quality results. Euro has been McCauley Design's full time mar-ble and granite specialist since 1997

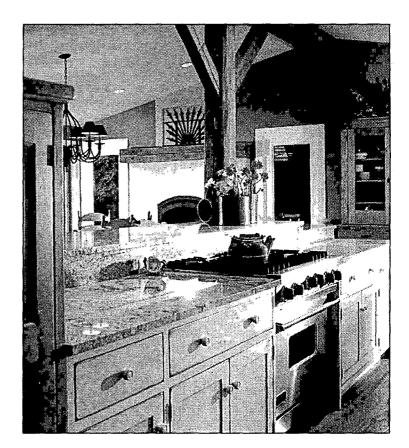


Come in and see samples of marble, and can take place in your home. During limestone, kirkstone, and other manmade aggregates, as well as exotic quartz and semiprecious stone tiles. Euro Marble has large stone samples on hand so that homeowners can get a true feeling for the appearance of the stone they select.

McCauley Design is located at 211 salesperson. If you are not convinced that Park Avenue in Barrington, near the train

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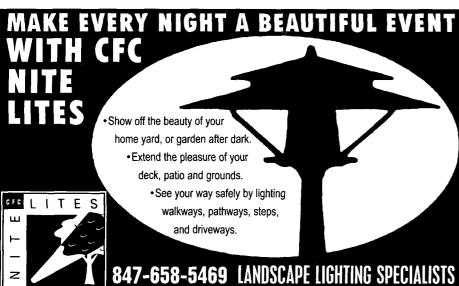
You'll Love What We Do for Your Life."

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Hospice of Northeastern Illinois **Receives Donation**



Barbara Bond (right) of Barrington, Illinois State President of the Daughters of the British Empire (DBE), recently presented a check from the Barrington Court Daughters of the British Empire to Hospice of Northeastern Illinois for use in the Hospice Bereavement Services program. Bereavement services supports individuals as they deal with the passing of a loved one including one-on-one counseling, education and resource materials, grief support groups for all ages and Camp Courage, a day-camp for children aged 6 to 12 who have lost a family mem-

The Daughters of the British Empire are a national charitable organization founded in Chicago in the early 1900's to foster community relations through the support of nonprofit organizations.

Also shown left to right are: Hospice Vice President of Development and Public Relations John Small: Chairman of DBE Fundraisers, Helen Pollock; DBE Vice Regent Carol Dymond of Barrington; Mrs. Bond; and seated, DBE member Jo McGee with her children William and Hannah.

Hospice of Northeastern Illinois is a not-

New Garden Center Opening in Long Grove

Construction is underway on Geimer Greenhouses' new 14-acre garden center and nursery complex in Long Grove. After 73 years in Arlington Heights, the family-run garden center is pulling up its roots and transplanting itself three miles away on old IL State Rte. 53 (Hicks Road), half-mile north of Lake-Cook Road.

Curious commuters have wondered for months about the tall steel forms jutting out of the former soybean field like some sort of modern Stonehenge. It will be gardening enthusiasts though, and not Druids, that the structure will soon be at-

In fact, Geimer's has already completed the first phase of its big move by relocating its nursery and landscaping operations to Long Grove last summer. "Weather permitting, we hope to reopen as early as this weekend for tree and shrub sales," says third-generation owner

"The garden center and the rest of our operations we anticipate having up and running sometime in April," Geimer con-

The family-owned garden center has long been known for its immense selection of nursery stock, including many eclectic varieties of trees and shrubs in hard-to-find sizes, as well as one of the Chicago area's largest selection of annuals and perennials.

"We'll be open for business while construction progresses, and we hope our customers really grow with us as our new garden center takes root," Geimer muses. "No pun intended," he adds.

Geimer Greenhouses, Inc. is a family-owned nursery and garden center serving the Northwest suburbs since 1928. Geimer's is located at 2727 IL Rte. 53, half-mile north of Lake-Cook Rd. in Long Grove. For more information, call 847-

Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of CFC Nite Lites, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day-flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fire-

Call CFC Nite Lites at 847-658-5469 for your free estimate.

BYDE Winter Gala

"Love is in the Air" was the theme for Barrington Youth Dance Ensemble's (BYDE's) Winter Gala held in February to benefit the company's June 2001 premiere of the ballet Coppelia at Barrington High School. Participating in the elegant evening at Biltmore Country Club were BYDE dancers Whitney Schwartz and Meredith Sislow, Barrington.

For information on Coppelia and BYDE, call 847-382-6333.









for-profit community-based organization providing primary caregiver services inserving patients faced with life-limiting ill- cluding physical, emotional, spiritual and ness and their families in six counties in practical needs for patients in a home, the Chicagoland area. HNI specializes in nursing home or hospital setting.

What is "Custom" **Residential Architecture?**

We see this word "custom" on everything lately. What does "semi-custom" mean? Why do some people think that anything made custom is only for the wealthy?

"As residential architects, we are constantly asked to define and dispel the myths associated with this word," says John C. Cazzetta, of Kemper Cazzetta, Ltd., Architects in Barrington.

The definition of the word "custom" as it relates to residential architecture is actually quite simple. A true custom design is something that is solely created by the architect from the specifications and desires of the client. For example, a traditional colonial can be designed as a custom plan. A custom plan is never repeated or sold to other clients, and the architect and homeowner maintain the only originals.

Anything short of this definition is NOT a custom design. Plans that already exist which are revised by the architect per the owners or builder's program is a "customized plan." "Semi-custom" is when a



builder offers model plans and the homeowner selects "a la carte" upgrades to the

The biggest myth of custom residential architecture is the expense. "We have many clients who want a simple plan and have a limited budget, but do not want to choose from 'Plans A through F'." They want their housing dollars to be utilized to the fullest potential.

If you wish to discuss a custom design with us or customize an existing plan that you have, please call Principals Cheryl Fergusen and John C. Cazzetta at Kemper Cazzetta, Ltd., Architects at 382-8322.

Granite is a Cook's Best Friend

tertops, consider granite! More and more people are finding that nothing beats the durability and beauty of granite in today's kitchens. Granite is a non-porus material that won't harbor bacteria. Along with being stain and scratch resistant, granite is so heat resistant that you can even set a hot pot directly on it! These beautiful countertops are custom made to your exact specifications, using one of nature's oldest and hardest natural substances. It's so

If you are considering solid surface counhard that only diamond is used to cut and fabricate the finished product. Carved from the earth in its natural state, granite offers as wide a range of colors as nature herself. Whether you're building your dream home or remodeling your dream kitchen, let Artistic Granite Creations help you choose the style that's right for your taste and needs. We offer competitive pricing and quality workmanship. Call us for a free estimate at 847-548-0240.

Bravi! St. Anne Students



Patiently awaiting their cue to go on stage during Acts I and II of The Magic Flute are costumed fourth grade St. Anne students. Pictured, from left, are: Amy Madden, Kelsey Mazeski, Blake Mazzei, Billy Keeler (back), Katie MacKendrick and Matt Hyde.

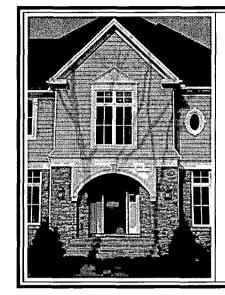
The Barrington Chapter of Lyric Opera of Chicago annually sponsors opera outreach education in area elementary schools. Participating in this unique program, Opera in the Classroom, were St. Anne students of Mrs. Callahan and Mrs. Arlington Heights, at 847-437-2158.

Curran who presented their version of Mozart's The Magic Flute on March 1.

To share what opera is about (the story and music), a Lyric Opera lecture corps member works with the classroom teacher during several visits to the school. The final visit culminates in a costumed, lip synched mini-production of the studied

For inquiries on membership in the Barrington Chapter, call Howard Robins,







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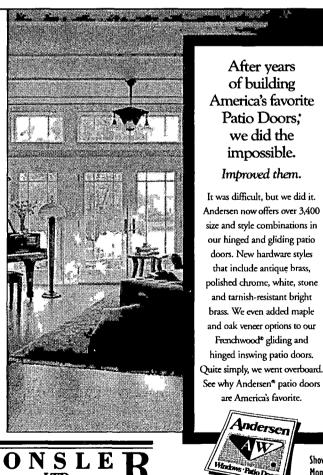


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REMODELING 2001...STORY #4

Peter and Danette Sills of Tower Lakes recently sought to remodel their '70s era ranch to add a home office. The plan, which local architect David Lindquist developed, included a new kitchen space that almost doubled the size of their existing kitchen. The Sills' liked the clean lines of the Arts and Crafts period, but they didn't want simple to mean boring. They came to Barrington Kitchen & Bath Studio seeking professional help to make this once-in-a-lifetime project everything they wanted. Debbie Vinopal, a certified professional member of ASID, the American Society of Interior Designers, worked with the Sills' to create a kitchen so striking in its detail that it was awarded a 1st place prize in the recent Corsi Cabinet National Design Contest.

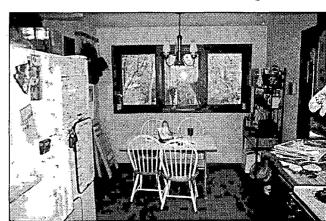
The focus of Arts and Crafts styling is combining the integrity of natural materials with exquisite workmanship. The Sills' chose Corsi cabinets in a warm medium finish on cherry wood. The countertops were Black Impala granite and the new floor was a matte finished porcelain tile in shaded stone colors. "Designing in the Arts and Crafts style is an interesting challenge," says Debbie. "I find myself walking the thin line between too little detail and too much." And it is the details that make this kitchen shine. Support posts at the island eating area are trimmed with

linear appliques of cherry. The island was designed to include two countertop heights. An "L"-shaped center section, 42" off the floor, allowed the microwave to be positioned at a comfortable height for both Peter and Danette and their two small sons. The raised section also divides the burners from the eating area, creating a safer and more pleasant dining experience. Next to the stainless steel built-in refrigerator is the couple's coffee center. Debbie had the tambour door custom-sized to allow easy removal of the coffee pot. Other special touches are the custom-designed mullion detail on the glass paned wall cabinets and the scoopedfront spice drawers which allow convenient storage of small items.

Debbie designed the cabinet backsplash to provide a very custom look without the custom price. The same tile used on the floor was cut into mosaic size pieces to create a repeating detail. A dark tile was inserted into the mosaic to provide just the right amount of contrast. "Since the addition was built by our sister company Delta Renovations, I felt comfortable designing these special details. In a clean-lined style like Arts and Crafts, it is the details and workmanship that make the difference between a bland space and one that sings. I knew



The Sills' stunning new Arts & Crafts style kitchen designed by Debbie Vinopal, ASID, was a recent winner in Corsi Cabinets National Design Contest.



The Sills' kitchen before remodeling.

that our master carpenters and our in-house tilesetter would provide the expertise required for this project to be a success."

If you would like your new kitchen to come to life with professional assistance, you should contact Barrington Kitchen & Bath **Studio**. We specialize in creating special places for special people. You can put our team on your team by visiting our beautiful showroom at 319 W. Northwest Highway or calling us at 847-381-3084 to discuss your project.

> BE SURE TO STOP BY FOR OUR ANNUAL PARKING LOT SALE APRIL 215T & 22ND. ODDS & ENDS AND DISPLAY PIECES WILL BE PRICED TO SELL!



Note the custom design of the glass doors and the striking tile detail —both designed especially for the Sills.



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ABC's of Decorating

The ABC's of a good interior decorator's education include five basic principles of design: harmony, proportion, balance, rhythm and focal point. Before tackling any decorating project, it helps to have an understanding of these five elements. A well-designed room uses each of these principles.

Harmony is the eye-appealing arrangement of parts to form a consistent, satisfying whole. For instance, a rustic ladderback chair may look completely out of harmony placed next to the classic elegance of a Georgian console. As a rule of thumb, formal design works best with other pieces of formal design, just as country pieces mix well with other provincial pieces.

Proportion relates to composition and size. A room with good proportions will consist of width, length and ceiling height in relation to one another as well as the scale of the windows, doors and other architectural aspects. Like architecture, good proportion applies to well-designed furniture. Proportion is extremely important in decorating from the complicated art of furniture placement and window treatment design to simply hanging artwork or

Balance is the art of keeping two parts in a state of equality. There are two types of balance: symmetrical (formal) and asymmetrical (informal). An example of formal balance is two identical end tables flanking a sofa, creating a sense of formal order. Informal balance is achieved by creating a sense or illusion of balance using two design elements that are not identical. Bright colors seem to "weigh" more than soft pastels, and irregular shapes take on more weight than regular shapes.

Rhythm is the measure of motion. Just as music develops rhythm through a repetition of beats, decorating can develop its rhythm through recurring patterns or colors. When a design, line or color is repeated, the eye is carried along the rhythm (motion) of the design.

Last but not least, every beautifully designed interior has a focal point—a special quality that makes the space unique. In a family room, a fireplace is a built-in focal point. In a formal living room, a black baby grand piano makes a spectacular statement. On a smaller scale, focal point can be created using a gorgeous landscape painting or a coffee table adorned with sentimental family photos in just the right frames.

Decorating Den Interiors of Barrington can show you how to make the ABC's of decorating work for you in your home. Decorating Den Interiors features a full range of products for your home, and there is never a separate fee for our design services. Call 847-934-9215 to schedule an appointment today.

BAAC Presents the Elgin Symphony Piano Quartet

the Elgin Symphony Piano Quartet, featuring Sandra Carey (piano), Dan Davies (cello), Susan Posner (violin/viola) and Susan Young (violin), on Sunday, April 29, 3 PM, at a private residence in Barrington Hills. This benefit concert, sponsored by Harris Bank Barrington, includes a champagne and dessert reception.

Enjoy an afternoon of Schumann, Mozart and Milhaud in an intimate setting

The Barrington Area Arts Council presents and delight in the music of these experienced musicians. Collectively, their experience includes teaching and performing as soloists, in symphonies, in operas and in other theatre productions both here and abroad.

> Tickets are \$20 for BAAC members, \$25 for nonmembers. For tickets or for more information, call the BAAC at 847-382-

Bring The Outdoors In!

The residents of the Barrington community are surrounded with the magnificent views of nature's beauty.

Some of us look out our windows to see the parklike settings of lovely landscape greens. Others enjoy looking upon the rippling blue waters of a lake or pond. And still others are treated to the sights of a well manicured golf course.

Look out your window and imagine how beautiful your view would be as a mural on your interior walls.

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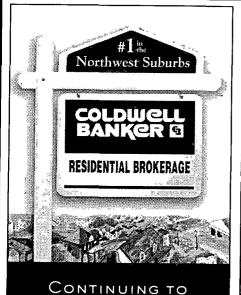
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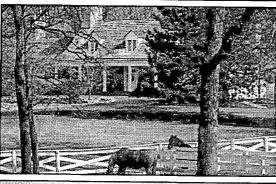
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Donna Veller 847/465-2228



Barrington Hills \$1,439,000 Gated entry to home & grounds. Light & bright w/vol ceil, gournet kit & pantry. MS w/sitting rm & frplc, lux BA w/ stm shwr & whrlpl. Fin LL. 5 exquisite acres Celeste Lockhart 847/465-2272



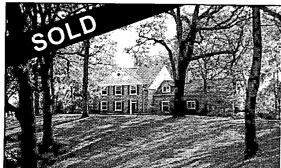
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Oak Shade estate nestled amid 10 rolling. wooded acres epitomizes warmth & charm. Features include spacious rooms w/gleaming pine flooring, newer country kitchen & baths, gated entry & for the hobbyist—facilities for 7 cars. Picturesque landscaping & sweeping views grace the pool & patio area in harnonv w/ nature. A rare find!

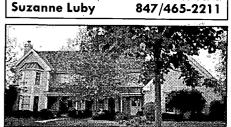
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Barrington \$669,000 Beautiful traditional 4-BR, 3.5-BA home. Gourmet kit w/

granite, gleaming hardwood floors, 2 fireplaces & Donna Veller 847/465-2228



Barrington

\$649,999 Handsome stone hillside ranch set on 2 wooded acres w/pond offers open floorplan, soaring ceilings & great

finished walkout lower level w/ 2nd kitcher Suzanne Lubv 847/465-2211



Barrington Hills \$630,000 Spacious country ranch w/ 4 BR, 4.5 BA, ultra master

suite, huge FR, 3 fireplaces & rec room w/ sauna. 5 acres w/ fenced pastures, 5-stall barn. A horse lover's delight! **Donna Veller** 847/465-2228



\$594,900

4-BR, 3.5-BA Cape Cod on 2+ acres in Macintosh Inverness is near schools, shops & trains. Gorgeous sunroom addition w/ vaulted ceiling & skylights

Suzanne Luby 847/465-2211

> From \$525,000-\$750,000 "POND GATE FARM"—An affordable opportunity in BARRINGTON HILLS offering only 28 5-acre select homesites. A special lifestyle prevails in this outstanding new community bordered by forest preserve & miles of riding trails for the equestrian

Barrington Hills



Barrington

\$574.900 Sleek sophistication awaits you in this stunning contemporary w/ 4 BR, 2.1 BA w/ fin basement & 3-car garage

on a premium interior lot in Barrington schools 847/465-2211 Suzanne Luby



Barrington

This charming 4-BR, 2.5-BA updated farmhouse set on 6 acres is perfect for family & pets. The horses & animals can call the 6-stall barn, paddocks & kennels home Suzanne Lubv 847/465-2211



Barrington \$469,900 to \$562,900 "SAVANNAH"—Barrington's New Construction Opportunity! 10 lux designs on min 2-acre sites. Space &

quality w/ extensive amenities. Location is choice **Donna Veller** 847/465-2228



\$449,000 Very spacious 5-BR, 3.5-BA Colonial. Huge 1st floor

study w/ full bath. Enjoy the country lifestyle. Space, privacy & quiet surroundings. Huge 1st floor study **Donna Veller** 847/465-2228



Wauconda

\$217,900 Elegant 2-bedroom, 2.5-bath 2-story. Sun-filled living room offers fireplace w/ custom mantle, dining room w/ sliding glass door to private patio, full bsmnt

Barbara Wessberg 847/465-2298



Barrington

\$499,900

Exceptional property in Fox Point, Beautifully landscaped interior lot. 4-BR, 2.5-BA brick Georgian expanded w/spacious FR w/frplc. Finished LL, deck & study. 847/465-2211



Wauconda

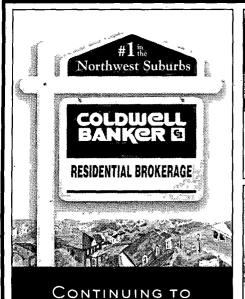
\$199.900

Harbor model w/2-story LR w/frplc. 1st flr den, hrdwd flring in foyer, kit & brkfst rm. MBR w/ vault ceil, walk-in clst & lux MBA. Appl stay! Enjoy pool, beach & marina. Barbara Wessberg 847/465-2298





BARRINGTON AREA OFFICE





Barrington Hills Incomparable estate set on 17 rolling, wooded acres. Designed to accommodate a gracious lifestyle, this stone & cedar residence offers only the finest custom finishes throughout its substantial yet comfortable interior. This beautifully-presented estate also includes two delightful guest houses, pool, tennis court & 4-stall barn. Its location is prime & protected, its appeal, timeless. Also available on approximately 10 acres for \$3,999,000. \$4,999,000 Meg Cleavenger 847/465-2259



Barrington Hills

\$3,900,000

No expense was spared with this outstanding water-front home in Braymore. State-of-the-art features, finest design & detail t/o. Vol. ceil, 5 frplcs, 2 kit & indoor pool.

847/465-2259 Meg Cleavenger



Magnificent proposed construction set on 10 private, heavily-wooded acres, minutes from the village. Elegant in design & detail. Beautiful 5 BR, 6+ BA home v Meg Cleavenger & Greg Bradley 847/465-2259



Barrington Hills \$2,775,000

Exceptionally beautiful lakefront home set on over 7 private, wooded acres. 5 bedrooms, 5.2 baths. Abundant in character & charm, it has been extensively renovated & expanded to delight the most discerning individual. Surrounded & enhanced by nature's beauty, the property also includes a tranquil pool, pool house & 1-bedroom

Meg Cleavenger 847/465-2259



SERVE BARRINGTON

AS THE #1 OFFICE.

Barrington Hills \$2,175,000 5 BR, 5+ BA stone estate on 12+ lakefront acres w/ expansive views of Hawley Lake. Enormous room sizes. Full fin walkout LL. Quality finishes & superior construct

Meg Cleavenger & Greg Bradley 847/465-2259



Barrington Hills \$1,999,000

Stately 5-bedroom, 5.5-bath all-brick French Provincial residence set high on a wooded ridge. Beautiful millwork, mouldings & architectural detail. 5 fireplaces, solid mahagany woodwork. Fire-lit custom cherry kitchen. Master suite w/ sitting room, fireplace & sumptuous bath. Sparkling pool, beautiful gardens, gorgeous setting.

Meg Cleavenger 847/465-2259



Barrington Hills

\$799,000

character & charm of 1875 classic, updated & expanded to suit today's needs. 3-stall barn, lovely gardens

Meg Cleavenger & Greg Bradley 847/465-2259



Barrington Hills \$1,775,000

Outstanding 4-bedroom, 4.5-bath home. Elegant, warm & very livable. Highest quality finishes throughout. Kitchen w/ fire-lit hearth room, dramatic family room, delightful unroom, finished walkout lower level, 4 fireplaces & 5-car garage. The magnificent private grounds offer lovely gardens, sparkling pool, extensive patio areas & beautiful views. A truly special retreat!

Meg Cleavenger 847/465-2259



Barrington

\$789,900 11-room, 4-bedroom, 3.5-bath home in Hillshire Estates. Hardwood floors, open floorplan, tray ceilings. Custom millwork. 1st floor office. 2-story foyer. 3-car gar. Deck. Ron & Jeanine VanDeVelde 847/465-2282



Barrington

\$749,900

Waterfront 3-BR, 3.1-BA home in Wynstone. Maint-free. Granite countertops. Open flrpln, 2-story marble foyer. 1st floor MBR. Deck w/ hot tub. 3-car gar

Ron & Jegnine VanDeVelde 847/465-2282



Barrington (Fox Point) \$749,900 5-BR, 3.5-BA home. Beautifully updated inside & out.

Kitchen w/ custom cabinets & apple. Fabulous new great oom, 2 master suites, Finished lower level, Dock 847/465-2272 Celeste Lockhart



Barrinaton

\$689,000

Brick colonial w/ 4 BR, 4.1 BA & full fin walkout lower level. Vol entry w/ arched staircase, vaulted FR w/ kit & lux MS. Relax on the deck, overlooking inground pool 847/465-2211 Suzanne Luby



Barrington

\$675,000

Vacant land, Opportunity for small subdivision, 10 acres w/ 2-acre zoning. Upper bracket homes. Possible for priv estate. Close to town, train & co Sherl Wheeler 847/465-2272



Kildeer

\$599,900

Immaculate, custom 5-BR, 4-BA ranch w/ indoor pool, coaring ceilings, 8-person hot tub & spacious wet bar. Billiard rm, huge master suite & pro landscaped grounds Barb Wessberg & Jack Sanderson 847/465-2298



Barrington Hills

3-BR. 3.5-BA custom-built home. 6+ wooded acres. Comfortable floorplan, vault ceil & scrnd prch. Designed for entertaining & relaxation. Also available for rent

847/465-2259 Meg Cleavenger



Antioch

497,824

New 4-bedroom, 2.5-bath home in heavily wooded community w/ new homes, 2-story entry, open floorplan, 9' ceilings, walkout basement, Luxury feature

847/465-2272 Celeste Lockhart



Barrington

3-bedroom, 4.5-bath Augusta in Lake Barrington Shores. Each BR has its own BA. Large white kit, hardwood floors, 1st floor den, vaulted ceils & home

Ron & Jeanine VanDeVelde 847/465-2282



Barrington

3-BR, 2-BA skylit farmhouse in historic district. Restored & enlarged to perfection. FR w/ fireplace, updated kit, ood floors, deck & patio, fen

Sherl Wheeler

847/465-2290



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Grand Tour Our listings are on the Internet for buyer convenience. Each listing contains color photos and information. To view our properties on-line

simply contact: http://www.homesbymitchell.com

Tom & Joanne Mitchell Barrington's Home Town Reactors





RIVER POINTE

Setting the stage for drama in this custom 4 bedroom, 3 full bath home filled with quality. This captivating home is well suited for any type of entertaining. Open airy floor plan highlighted by custom architectural www.01040778.emailhomes.com

Ask for Tom or Joanne Mitchell

\$639,000



BARRINGTON VILLAGE

Shades of New England enhance this village charmer on large lot. Spacious rooms, 5 bdrms, 2 full bths finished lower level, 9' ceilings & hdwd firs. You'll love this newer kitchen. Walk to train & shopping. www.00201592.emailhomes.com

Ask for Tom or Joanne Mitchell

\$405,000



BARRINGTON-FAIRHAVEN

Updated two-story Fairhayen Colonial with updated kitchen and large rooms. The sun room with hot tub is just the right addition. Enjoy the warmth of two fireplaces and plenty of space www.01045859.emailhomes.com

Ask for Tom or Joanne Mitchell

\$333,000



BARRINGTON

One wooded acre perfectly landscaped provides the setting for this tastefully updated Colonial with new hardwood floors, 17x10 ultra master bath and new garage door. The child's play house will provide hours of fun for the kids.

www.01044156.emailhomes.com

Ask for Tom or Joanne Mitchell

\$395,000



BARRINGTON HILLS

A perfect blend of house & nature with tennis court, inground pool & lake frontage on Mirror Lake. Spacious 4 bdrm, 4.1 bath home with walls of glass, new dream come true kitchen, 1st flr private master suite & 2nd flr bonus rm. www.00203071.emailhomes.com

Ask for Tom or Joanne Mitchell

\$1,195,000



BARRINGTON HILLS

A circular drive paves the way to a custom all brick traditional home on 5 wooded acres. Beautiful craftsmanship, fine detailed woods, moldings & hardwood firs. Spacious gourmet kitchen with Viking stove, Sub Zero & all the Bells & Whistles! www.00162685.emailhomes.com

Ask for Tom or Joanne Mitchell

\$989,000





BARRINGTON HILLS COUNTRY GENTLEMEN'S ESTATE

This Estate is much more than a mere residence, it evokes an aura of elegance and distinction. The spacious Estate projects a stately air of courteous and comfortable country living. Public rooms comprise most of the first floor with a separate guest wing, while five additional bedrooms and ultra his & hers master bath grace the second floor. A spacious two-story foyer with curved staircase and hardwood floors welcomes with elegance and style. Cherry judges paneling, hardwood floors and a custom carved fireplace (6 in all), adds a special glow to the library. Generous windows grace all 21 rooms plus walkout lower level. An umbrella of billowy oaks lies a spacious patio for the most extravagant entertaining.

Ask for Tom or Joanne Mitchell

\$4.900.000 Ask for Tom or Joanne Mitchell \$4,900,000

Tom or Joanne Mitchell 381-8800 or (847)381-3535



306 W. Northwest Hwy. **Barrington**





Housing Opportunity

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

The all new 2002 Explorer will be in our showroom very soon. Ford Motor Company sent us a new Explorer in advance. Tim and I have been driving it for a few months so that we can give them feedback

The new 2002 Explorer is larger. It's four inches wider which gives it more stability and smoothness of ride. It has new independent rear suspension which also contributes to a smoother ride.

Not only does it feel roomier, it now has a third seat for a total passenger seating of seven. The lift gate in the rear is larger on top so you can load your groceries with opening the bottom hatch. The third seat folds down in half for greater storage

The new Explorer is safer than ever with side curtain airbags available that cover up 75% of 1st and 2nd row side glass.



years ago, and each year, Tim asks me if I'd like to drive something different. But I've definitely found my comfort level with the Explorer. From driving my granddaughter around to loading it with plants I started driving an Explorer over ten for my garden, it definitely fits my lifestyle.

Specialty Vehicles for Short-Term Rent

Emkay Car Rental offers a great se- the Chrysler Town & Country Lxi will fit lection of specialty vehicles for short-LTD, Volvo S-40, Saab 9.5 or the Mercury Mountaineer. If you want to drive someor the BMW 5 series are available. If a Oldsmobile Premier with built-in VCR or motive needs.

your needs. Call us for other unique seterm rent. Emkay has the Jeep Cherokee lections, availability and price. In addition to Emkay's great rental selection, we also have an outstanding inventory for sale. thing sporty, the Saab 9.3 convertible (These are from Emkay's corporate lease returns.) Emkay also offers maintenance van is needed for the family vacation, the and body shop services for all your auto-

Four Seasons Garden Club Events

Tuesday, April 3, at 9:30 AM.

Speaker Lynn Kunz will offer a new perspective for the Garden Club by revealing Biblical flowers as used in today's gardens. She will provide a bit of Biblical history to enrich our understanding of some familiar plants.

The subject for the May 1st meeting at rington Area Library.

The next meeting of the Four Seasons 9:30 AM is "Model Trains in Gardening." Garden Club of Barrington will be on All Aboard for the enthusiast's hottest new adventure into gardening with Bernie Rich, president of the Chicago Area Garden Railroad Society. Through slides and commentary, discover the playful magic of this increasingly popular incorporation of model trains in garden design.

Both meetings will be held at the Bar-

Assisi Animal Foundation's **Benefit Fashion Show/Luncheon**

Luncheon at the Crystal Lake Country

Festivities start at 11:30 AM with a reshops of Barrington's Ice House. The date 455-9411. celebrates the beginning of spring and

April 21 is the date for the next annual benefits the work of the Assisi Animal benefit Fashion Show and Champagne Foundation which built the first no kill animal shelter in McHenry County.

Reservations are available individually or for tables of ten. Tickets are \$25 for the ception, followed by lunch and modeling event. Please call the Assisi Animal Founof spring ensembles from the popular dation for details and reservations at 815-

Volunteer Open House

Welcome one and all! On April 19, the Auxiliary Committee of Wellness Place will host an Open House for anyone interested in learning about the Wellness Place facility, programs and volunteer opportunities. From 6:30 to 8:30 PM, you are invited to tour our "home," meet Auxiliary and staff members and enjoy refreshments. Wellness Place, a nonprofit facility, provides free-of-charge programs of sup- how you can make a difference.

port, education and encouragement to those coping with cancer and their loved ones. We are located in Palatine in the Williamsburg office complex off Roselle Road at Euclid (1619 West Colonial Parkway). If you would like to find out more about this fun and informative evening, please contact Barb Smith at 277-1007 or Nancy Pierce at 428-4308. Come find out







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Protect Your Furs after the Coldest Winter in 20 Years! (Continued from page 11)

of selling their old fur and possibly reinvesting in a new one, and at the same time, making affordable furs available to

fur garment, all alterations, mono- you did."

resale racks offer an option to our patrons gramming, and first-year storage are included. There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. At Shari's, when you purchase a new Both you and your garment will be glad

New Skin Technology Debuts at Northwest Dermatology

(Continued from page 16)

layers; softens and modifies fine 'expression' lines typically seen on the forehead and around the mouth; and it polishes and reduces fine lines on the cheeks generally caused by aging and sun damage."

The Diamond Peel™ treatment erases epidermal layers at varying depths in a safe, controlled manner, minimizing skin trauma. This approach respects the integrity of the skin and promotes even healing. Maintaining level cellular growth on the surface aids in the freshness of the skin's appearance. Regular treatments support a healthy, balanced skin surface.

The Diamond Peel™ complements other treatments offered at Northwest Dermatology, such as EpiLight hair removal, Botox, Collagen, Beta-Lift peels as well as general and surgical dermatology. Please call our office in Hoffman Estates at 847-884-8096 for more information.

Tips from the Top

in 2000. This year, buyers and sellers will arrive at a compromise in negotiation which is always a win/win for everyone. Sounds simplistic? It is!

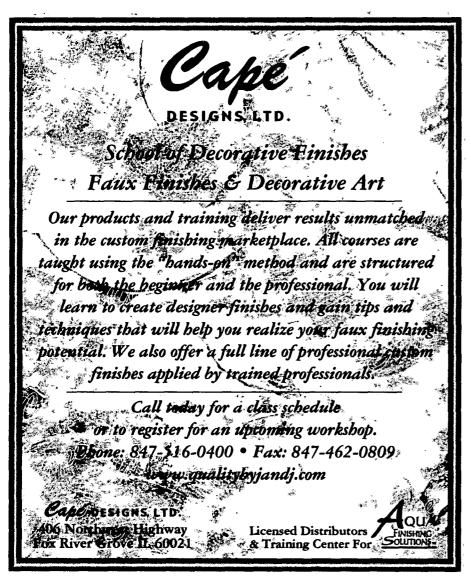
Ok. Now it's the perfect time to get started in building your wealth. Why not And we wish you a Happy Easter.

(Continued from page 50)

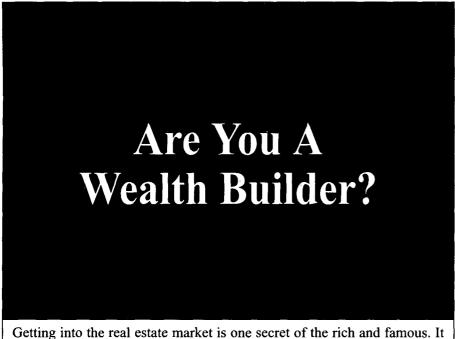
call one of our experienced, professional. well-trained Coldwell Banker Realtors today and start your path to riches? We'll assist you every step of the way.

We are the Dream House Headquarters.

Barrington LIFESTYLES April 2001 49



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starts with a plan. We urge you to make one too. Starting with the home you're in today and the home you want to be in tomorrow. Let us help you understand all the possibilities so that you can make a wise decision and maximize your dollars. Call us today.

We're the real estate professionals with the business expertise.



BARRINGTON OFFICE 330 E. Main St.

RESIDENTIAL BROKERAGE

382-3600





Faux-Nominal School Opens Doors to All

Capé Designs Ltd. is proud to announce bring the old family name and the Old the opening of our new Decorative Faux Finishing School.

It's clear; decorative finish is reaching a more mature stage. We have taken sponging and ragging with paint products to a whole new level of incredible finishes such as Stone, Marble, Wood Textures, Dimensional Applications along with Old World and Millennium finishes that appeal to everyone from the professional painting contractor to the Interior Designer to the "do-it-vourselfer."

The demand on these finishes is not just for the homeowner. Retail stores of all types, restaurants, business establishments and interior designers are choosing faux finishes in their designs. People looking for knowledge of these finishes have been limited to how-to-books, videos and HGTV. That's where we come in. John and Jan Cappi, owners of Capé Designs **Ltd.**, have a reputation for constantly keeping in touch with the latest techniques by learning the most desired designs in faux finishing

A Little History

In the early 1900s, the Capé family immigrated to the United States via Ellis Island from their homeland Italy. As often was the case with many of the immigrants in those days, their name was misspelled to Cappi. John, who had been striving to

World flair, added the accent for its artistic touch. The school's Old World design was reminiscent of the textures and finishes of Italy. Hence the name Capé Designs Ltd. was born.

Quality Reputation

John knows paint! With nearly 20 years of experience and a reputation in the field for quality work, he is excited and eager to share his techniques and tips that will help students realize hands-on training can achieve their passion.

Our ongoing classes will include guest instructors as well as local artisans that will also be offering workshops in Advanced Faux, Painted Furniture, Metallic Finishes, Stenciling, Painted Floor Cloths, Murals, Tromp L'oiel, Marbles and Textures.

For those of you who would rather have a professional create a perfect looking finish for your home or business, come on in and see all the possibilities we offer in our showroom. Or ask about our free in-

John and Jan of Capé Designs Ltd., along with their associates, welcome you to experience an opportunity that could change your life and home. We are located at 406 Northwest highway (Route 14) in Fox River Grove. Call today and register or ask for our new schedule at 847-516-0400.



Tips from the Top

Margaret R. Semrad Broker/Manager Barrington Office



RESIDENTIAL BROKERAGE

Cabin fever? Let's get out and celebrate the spring housing market.

The American dream of owning your own home has never been more affordable. The most fortunate people are the first time homebuyers. Interest rates are down, down,... so now is the perfect time to trade in the rent receipts for a mortgage book.

Many times, I have talked about real estate being a wealth builder. And with our slowing economy, it's the one industry that is strong. This is due partially to a 10% increase in population, according to the recent U.S. Census and, of course, the modest interest rate. A home is the one asset you buy which does not depreciate the day you purchase it. The home consistently builds equity while you live in it. Each time you improve it, if done right, the investment increases and so does your wealth. You and only you are

So how does one begin? First thing is to call a Realtor. You want a Realtor who is familiar with the area and is a good listener. Tell the Realtor about your dream and all about your "dream home". Before you get too involved, get pre-approved for a home mortgage. We at Coldwell **Banker** are fortunate to have an in-house one-stop-shopping mortgage company

that can secure an approval letter for you in less than an hour. Then you are ready to begin your search for that special home. The perfect team—you, your Coldwell Banker Realtor and your pre-approval -

What's next? You're going to get educated-educated on community, neighborhoods, housing, value, schools, shop-, ping and on and on. After you decide where you want to live, then you get educated on the type of housing available in the area. Just how close can you get to the wish list you have for your dream home? You may have to compromise on some wish list items you want in that dream home or you may be lucky enough to find exactly what you desire. Most often though, we have to compromise and negotiate with ourselves to get what is really important. In real estate, however, it's still location, location and now its price.

The good news is that with the slowing economy, we will see sellers becoming very realistic about pricing their homes to sell. So it's time to kick it up a notch. It's time to select. It's time to write the contract and start the negotiation. This year, even though we have a strong market, it will be unusual to see multiple purchasing contracts that we Realtors witnessed

(Please continue on page 49)

3 Questions that Demand an Answer

It can't be denied. The world is changing... the way we work, the way we live. In the words of Joel Barker, author of Paradigms, "To ignore the power of paradigms, to influence your judgment, is to put yourself at risk when exploring the future." In other words, don't judge your future on the results of your past. The only way to create change in your life is to do things differently. A definition of inexpecting different results.

The Way People Work

Corporate downsizing... two income families... no time or money... Where's the balance and what's the answer? In the book The New Professionals, the authors breakdown an old employment model

keting business helps people breakout of the corporate mold. Answer these questions honestly and see how it fits in your

- What are you trading your life for? -Look at your work, your family, your health. Do you feel balanced, happy? What are you putting off to do in the fu-
- If you didn't need to work for a living, sanity is doing things the same way and bow would you spend your days?—Many people work at a job that provides material income but aren't tending to what makes them happy (Psychic Income). A balanced life is spending your days doing what you truly love while earning the money you need for the things you want, to live the way you choose.
- Which money earning strategy do you and show how building a network mar- follow?—Most people trade time for mon-

ey. They're only paid for the time they put in. Bad strategy, because time is limited for all. A better way is to earn through investing. Problem is, many don't have the money to start. Third and best is establishing income through multiple sources, i.e., have employees (which is stressful) or build a network of independent business people whose common goal is helping

Ask Questions to Get Answers

If these concepts intrigue you, allow me to tell you about Nikken, a 26-year-old, billion dollar company doing business in 24 countries, leading the world to balance and health. If you suffer from not enough time or money, it won't change unless you make a change.



Eileen SanFilippo Nikken Independent Distributor 847-382-4973

Growth Stock—Landscaping Adds Value in Many Ways

Mother Nature's quite the artist. Her canvas is the great outdoors, and we enjoy becomes, what to do?

At SanFilippo Landscape, we recommend copying some of the lessons of nature, not haphazardly but crafted by someone with experience. That's where birds and other wildlife. we come in.

Economic Value

- According to the American Assn. of Nurserymen, a well-landscaped home sells more quickly and at a higher price.
- · Money magazine says landscaping can have a 100% to 200% recovery value.
- Landscaping can provide cooling in
- in the winter from wind and snow. A well-planted tree can reduce inside temperatures by as much as 9° F.

Environmental Value

- A mature tree removes 26 lbs. of carher beauty in all seasons. The question bon dioxide from the air and releases 13 lbs. of oxygen.
 - Plantings slow soil erosion and allow water to be absorbed by the soil.
 - Plantings provide shelter and food for

Curb appeal is every homeowner's goal. But a lot of money can be spent and efforts made in vain. The following are four common mistakes. Keep these in mind when making your decisions.

Improper Choice of Plants and Shrubs

• Trees add value as they grow in size. The choice of specific plants is key to ensuring that they are adapted to our the summer through shade and sheltering climate and will thrive on your property. We recommend materials that have been grown in Northern Illinois/Wisconsin nurseries. For instance, evergreens can be

finicky, sometimes browning out or losing growth. At the top of the failure list which have a 50% survival rate. Why? Without enough snow coverage to protect the trees, our winters may be too cold.

Planting in the Wrong Place

location. A plant's mature size must always be considered. Sun vs. shade tolerance is also an issue. Popular shrubs like Rhododendrons have to be replaced after one season if they receive too much sun-

Many types of shrubs remain puny if planted in northern exposures, and broadleaf evergreens planted under trees may die. When the trees lose their leaves, the winter sun is too strong nor is there a barrier from the wind.

Lack of Variety and Imagination

are Global Arborvitaes and Capitata Yews In your design, try to pay attention to variety in the texture, color and size of your plant materials. A good mix of heights give a landscape dimension, while large groupings of the same plant can help create variety in texture and color throughout Keep in mind the right plant for the right all seasons. All green is boring. Also, mixing deciduous with evergreens creates interest in all seasons.

Not Having an Overall Plan

When creating a plan, it's important to envision the finished result while keeping in mind that landscaping is a process, not just a destination. When dealing with living things, change is constant. A plan creates direction.

So many reasons to improve the landscaping of your home! Call Michael San-Filippo at 847-381-1611.

Imagine having your outdoor spaces designed as beautifully as the inside of your home.

- Licensed Architects
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- Retaining Walls Stone, Timber
- Cedar Decks, Planters & Gazebos
- Stonework Patios, Walkways

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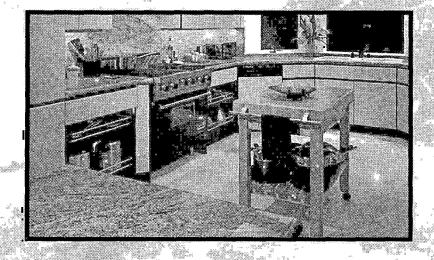
'Tis the Season to "SPRING" into Marble Tech for

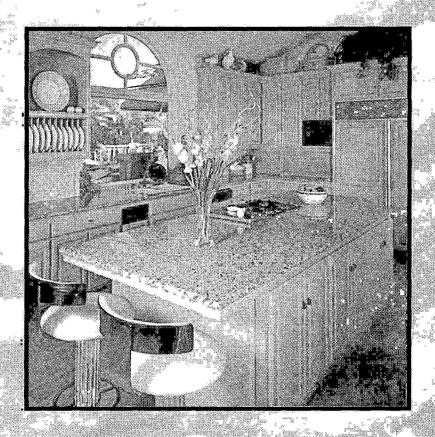
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