

January 2005

January 2005

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A NEW YEAR, A NEW YOU

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Friends of Home of the
Sparrow Gala A Success

Barrington Architect
Wins Award for CL Church

Grief Group and Workshop
Offered by Hospice



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Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrolo-

gist at **Clear Reflections** in the Barrington Commons who can remove those tell-tale hairs quickly and conveniently in the privacy of a professional office.

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Glenne M. McMonigal, Editor

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(815) 459-4820

e-mail: editor@lifestylesmagazines.com

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Editor's Ink

January, 2005

Dear Reader,

And so a new year begins. Have you made any resolutions? *Lifestyles* has a special focus in this issue, A New Year, A New You. Maybe that will get you started on the way to optimal health.

Last November, Friends of Home of the Sparrow raised over \$150,000 for their cause. Over 225 guests attended the harvest celebration at the Biltmore Country Club. The theme "The Enchanting Vineyard" consisted of dining, dancing and a live auction. But the best part of the evening was when a recent graduate of Home of the Sparrow spoke to guests about how the shelter program gave her the confidence to finish her degree and support herself and her two children. All proceeds from this event will benefit Home of the Sparrow, which has facilities in Palatine, Crystal Lake and McHenry. Over 2,000 individuals have been helped over the past 17 years to become independent, self-sustaining members of society. What a great cause!

Hospice of Northeastern Illinois is another wonderful organization I can't say enough about. In January, they will begin grief groups and workshops, all age-appropriate for those who have lost a loved one through illness or sudden death. From children to widows and widowers, Hospice is there to help.

Until next time, peace and happiness and a great new year!

With warm regards,
Glenne McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

WHITE OUT! White wool coat with detachable belt is topped off with a faux silver fox collar. Liz Claiborne.



A Successful "Vineyard" Evening!

"The Enchanting Vineyard" dinner dance Saturday evening, held Nov. 6 at Biltmore Country Club in North Barrington, raised in excess of \$150,000 for Home of the Sparrow!

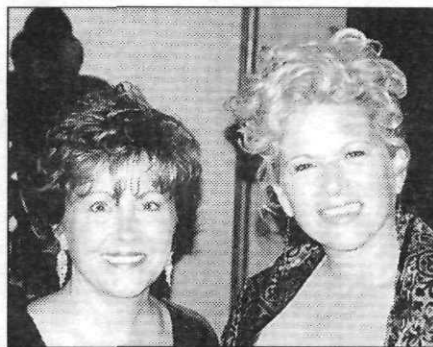
"A wonderful cause and always a wonderful party," said Barrington attendee Shirley Welch of the annual event, organized by Friends of Home of the Sparrow.

In the ambience of a harvest celebration, 225 guests enjoyed a lovely dinner as well as the opportunity to purchase dinner wine selections presented by Riboli Family Wine Estates.

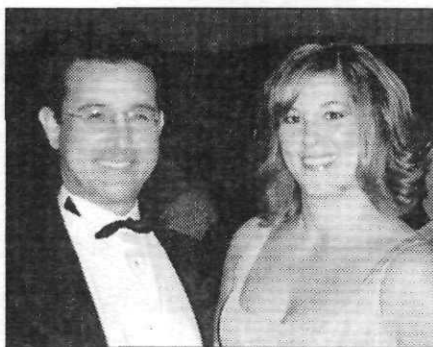
"That dance music was wonderful," said Jill Davis of Kildeer who, along with Jan Broughton of North Barrington, was overall co-chairman of the event. "I wanted to dance more but kept seeing people and getting into conversations."

Over 150 items were assembled for silent bidding, while Dave Nelson of Barrington was a fabulous auctioneer for the live auction, which included a very popular category entitled "Second Start". Many people prefer giving a program contribution rather than buying a donated item, and this gives them an opportunity to directly support a program participant for a given period of time.

All proceeds of this annual event benefit Home of the Sparrow, which has facilities in Palatine, Crystal Lake and McHenry. Its program of job skills training, life



Co-chairs of "The Enchanting Vineyard" dinner dance were (from left) Jan Broughton of North Barrington and Jill Davis of Kildeer.



Ira and Denise Woolwich of Kildeer enjoyed the evening.

skills counseling, and transitional housing for homeless women and their children has enabled over 2,000 individuals during the past 17 years to become independent self-sustaining members of society.

A recent graduate of the program, Stephanie, was in attendance and spoke to guests about how the shelter's program gave her the confidence to finish her degree and support herself and her two children.

Women come into the program for so many different reasons: failed marriages, failed jobs, abusive situations, death of a spouse, failure to take advantage of past opportunities or past lack of opportunity. There is no one reason or one age group needing this help, but all want a chance to reverse the situation and are willing to work for it! Recent new additional housing facilities now allow women with adolescent male children to become a part of its (approximately) 18-month program.

If you would like to become involved in the work of aiding this local organization, please contact Jan at 1-847-277-0407. Friends of Home of the Sparrow, which provides volunteer, monetary and advocacy support to Home of the Sparrow, has various involvement opportunities. New members are always welcome!

John Sullivan of Riboli Family Vineyards chatted with Michelle Gillett of Barrington and an active member of Friends of Home of the Sparrow.



(From left) Executive director of Home of the Sparrow the Rev. Karen Stunkel introduced Stephanie, a recent graduate of the program who is now employed and purchasing a home.



Lakeshore Ski & Sports Club's New Year's Eve Bash

Lakeshore Ski & Sports Club will host its First Annual New Year's Eve Bash at TJ's Restaurant, located in the Purple Hotel (formerly Ramada Plaza) at 4500 W. Touhy at Lincoln and Lincolnwood.

The evening's festivities will begin with appetizers at 7 p.m., followed by the din-

ner. Dancing will begin at 9 p.m.

Cost is \$70 per person, which includes appetizers, dinner, dancing, live music and a champagne toast at midnight. There will be a cash bar.

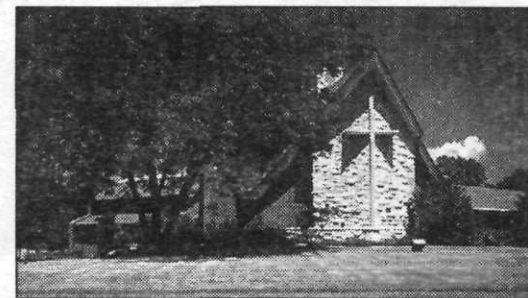
For further information and to make reservations, call 708-786-3992. Advanced reservations are required.

Local Church Architect Wins AIA Award

Architect David F. Schultz, AIA, NCARB, of the firm David F. Schultz Associates, Ltd. of Barrington, recently won a Distinguished Building Award for Merit in Architecture from the American Institute of Architects Northeast Illinois Chapter. Mr. Schultz's firm won the award for the addition and remodeling of First United Methodist Church in Crystal Lake.

Jury comments included: "Innovative interior with a nice, light feel. It has some nice features; the liturgical cabinet work is nicely done."

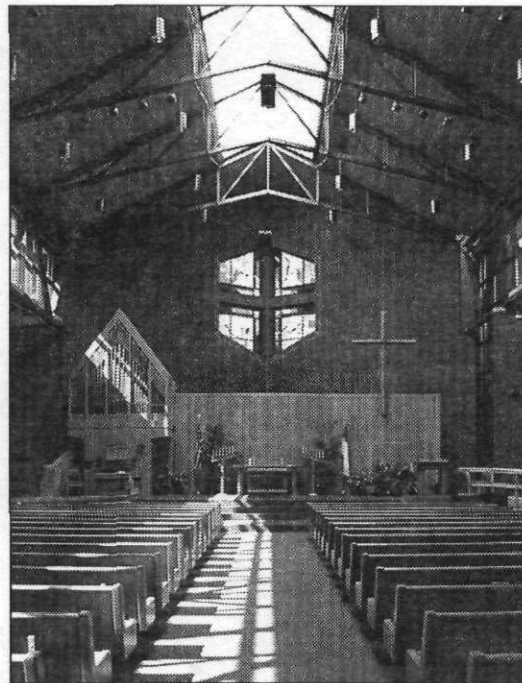
Originally, First United Methodist Church wished to erect a new sanctuary, associated support spaces, classroom and office areas and expanded parking. They



First United Methodist Church, Crystal Lake, Ill.

also desired the existing sanctuary to be preserved in some way. The existing building had dead-end corridors, five different floor levels and was not fully accessible. Access to available land areas was through an hourglass-shaped "neck" in the site. Available land areas for building and parking expansion were at the basement floor level, making it essential that the new sanctuary and narthex be visually "linked" with upper level circulation and the existing narthex/entry.

Today, the creation and orientation of a new two-story vaulted narthex with large expanses of glass into the new sanctuary effectively links the upper level to the new sanctuary/narthex. The prow shape of the sanctuary floor plan is a pattern reflected in both the large chancel window and the new chancel furnishings. The front third of the existing sanctuary was converted into a memorial chapel, thus preserving the history of the existing sanctuary.



Interior View of the Nave, First United Methodist Church

Grief Groups and Workshop Offered by Hospice of Northeastern Illinois

Hospice of Northeastern Illinois is offering a variety of age-appropriate grief groups in Barrington, Palatine and McHenry. All Hospice of Northeastern Illinois grief support services are open to community and hospice families who are grieving the death of a loved one, either through illness or sudden death. The registration fee is \$10; Hospice of Northeastern Illinois families are free.

Support Group Listing

- A Time of Transition, a group for people who seek support and practical ideas after the death of a spouse, will meet on Thursdays, Jan. 6 to Feb. 10, from 1:00 to 2:30 p.m. at Church of the Holy Apostles, 5211 West Bull Valley Road, McHenry.

- Adult Loss of a Parent, a support group for people who are grieving the loss of a parent, will meet on Mondays, Jan. 10 to Feb. 28, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- Grief to Hope, a support group for people grieving the loss of a loved one

from cancer, will meet Tuesdays, beginning Jan. 18 to March 8, from 6:30 to 8:30 p.m. at Wellness Place, 1619 W. Colonial Parkway, Palatine.

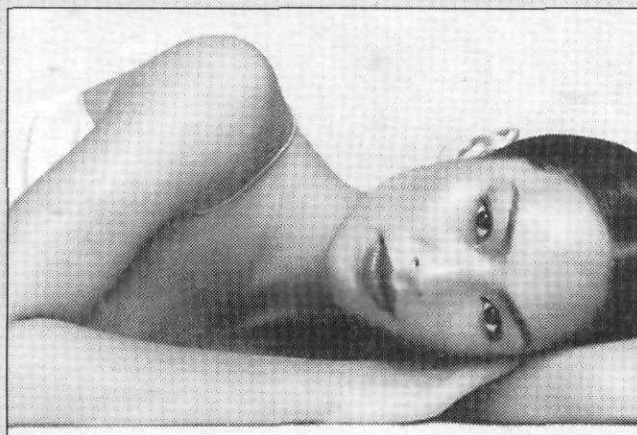
- Children's & Junior High Grief Group, support groups for children ages 6 to 14 grieving the loss of a loved one, will meet on Wednesdays, beginning Feb. 9 to March 16, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- Young Widows and Widowers, a support group for people grieving the death of a spouse, will meet on Wednesdays, beginning Feb. 9 to March 16, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- Building the Bridge is a workshop for parents to learn and share with other parents whose children are grieving a loss on Wednesday, Feb. 2, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

To register for any of the grief support groups offered at Hospice of Northeastern Illinois, call bereavement support services at 1-847-381-5599.

Renew You



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Our construction is over, and what has emerged is a beautiful spa, quiet and spacious, designed to accommodate any service request. Our spa is available for meetings and parties or just a special time for one. Traditional spa services are available, including the new Aveda Caribbean Treatment, a nurturing body wrap, steam treatment, using the plant wisdom of the Caribbean. All the stress of the environment and everyday living disappear under the caring hands and rejuvenating touch of our therapists.

Enjoy salon services in a relaxing space with our staff of talented and experienced professionals whose commitment to ongoing education keeps them on the cutting edge of new techniques and trends. **Ben E. Salon Spa** enjoys the privilege of having an Aveda Cut and Color Educator on staff.

Ben E. Salon Spa is located in a vintage shopping center at the corner of routes 14 and 59 in Barrington. Celebrating our 25th year in January 2005!

BACOA Offers Low Vision Education

The Barrington Area Council on Aging invites Barrington-area residents of all ages to attend its low vision education and support group. Meetings are held at 1 p.m. on the second Thursday of each month at Lake Barrington Woods, 22320 Classic Court, Lake Barrington. Transportation is available to residents of the Barrington area.

New Year's Resolutions?

January's meeting, on Thursday, Jan. 13, will feature Don Golembiewski from the Hadley School for the Blind in Winnetka. Golembiewski will present information about the school's distance education programs. Hadley courses are for individuals who are legally blind as well as their families and professionals who work in the blindness field. The school has an annual enrollment of 10,000 students worldwide,

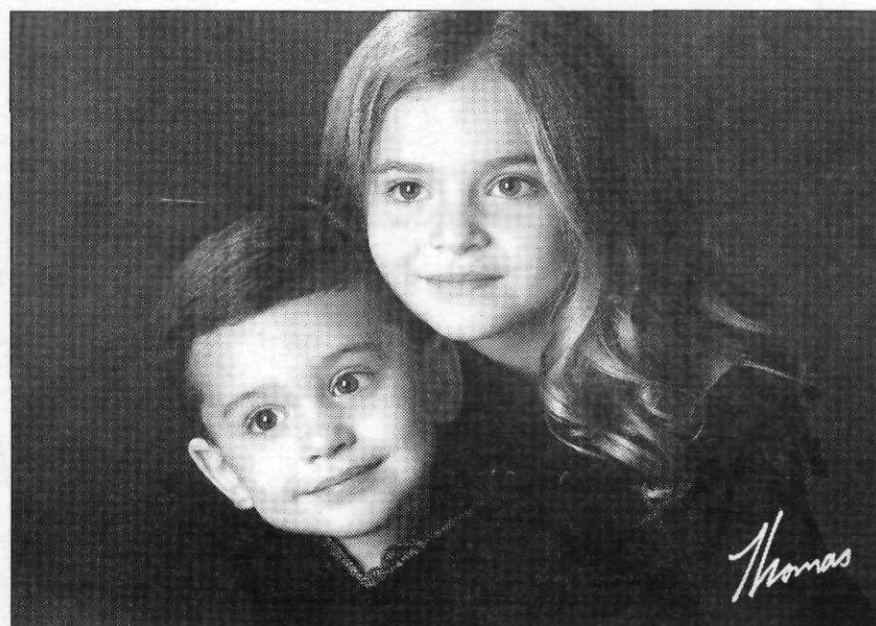
and students can take courses at no cost. Four programs serve distinct audiences: the Continuing Education Program, the High School Program, the Family Education Program, and the Professional Education Program.

Need a Ride?

Bryce Word, special project manager from Pace Suburban Bus Service, will speak at the February meeting on Thursday, Feb. 10. He will discuss Pace's contribution to area transportation with a special emphasis on the ADA Paratransit service, which serves individuals with disabilities. He will explain how the service works and how to access it; he will also bring take-home information regarding the service.

For general information on the group, call BACOA at 1-847-381-5030. For transportation, call Denise at Lake Barrington Woods at 1-847-842-8900.

Save \$200 During Portrait by Thomas' Annual Children's Special



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Save \$200 off your
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A minimum order is required.

Life is short. Time is valuable. Children grow so fast, they seem to change every day. At **Portraits by Thomas**, we believe in the timeless value of black and white portraiture. Our goal is to be accurate and true about the people and relationships represented, to bring feelings of warmth and love into your home that are not available with any other kind of artwork. It is truly a wonderful investment, having lasting benefits that will reward you through the years. Take time now to capture these precious moments. You will be so glad you did! **Schedule your children's portrait session during the month of February and save \$200 off your portrait order!** A minimum order is required. Call our studio for more details. **Portraits by Thomas** has been serving the Barrington area since 1978. Call our studio today at **1-847-381-7710** to reserve an appointment for your children's portrait session. As always, Gift Certificates are available. **Portraits by Thomas is located at 557 North Hough Street in Barrington. Visit us on our Web site—www.portraitsbythomas.com.**

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Studio Pilates Shapes Mind & Body

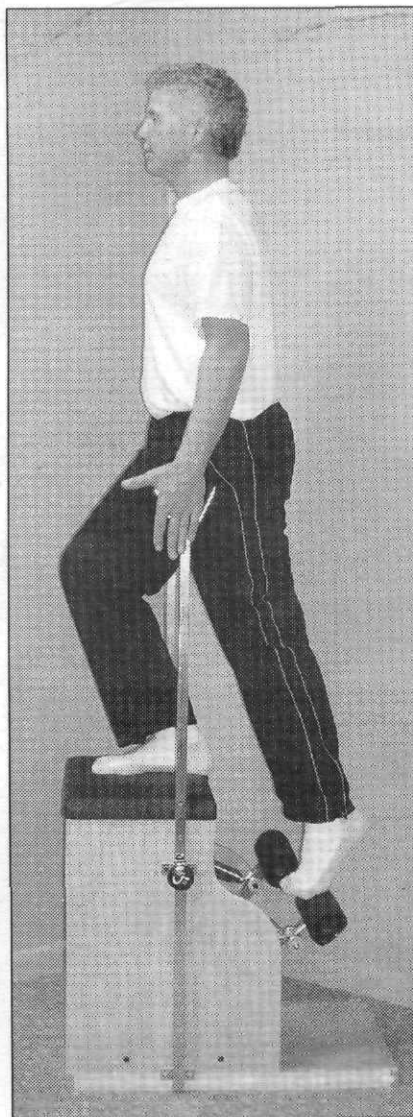
New year. New you. It's all shaping up at **Studio Pilates Centre of Balance** where you can **save 50% on the Pilates Introduction Class** when you sign up before Jan. 31, 2005.

Using principles based on the techniques developed by legendary fitness trainer Joseph Pilates in the 1920s, Pilates is a safe, sensible system that helps you look and feel your very best, no matter what your age or condition.

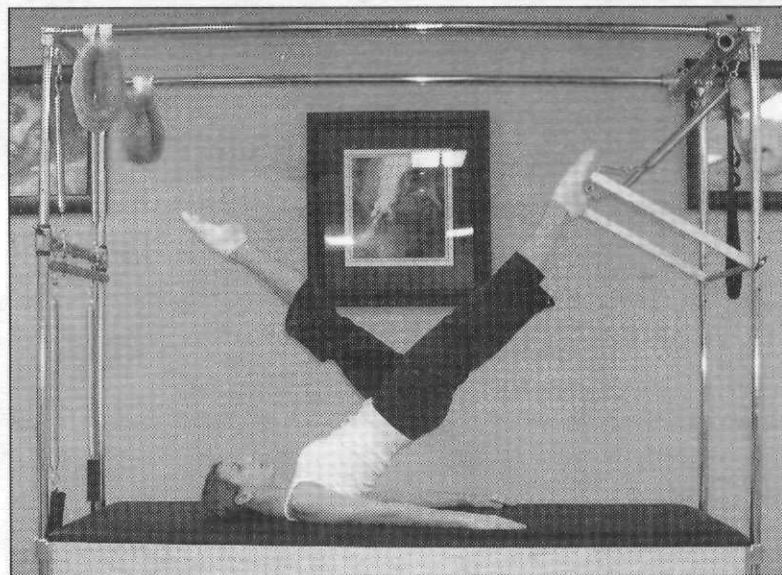
At **Studio Pilates**, you'll master the exercise techniques under the direction of an experienced staff who help you focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back. Overall, it's a refreshing mind-body workout. No other exercise system is so gentle to your body while giving it a challenging workout. Many of the exercises are performed in reclining or sitting positions, and most are low impact and partially weight bearing.

Yoga classes are also offered at the center, which offers a convenient, warm, relaxing environment designed to maximize your workout experience. Class size is limited, so please call early to assure availability.

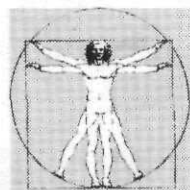
Studio Pilates is located in downtown Crystal Lake at 46 Brink Street. Phone **815-455-4900** or visit online at—www.studiopilates.net.



**Sign Up Before January 31, 2005
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"It is the mind itself which builds the body" —Joseph Pilates



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Four Seasons Garden Club Meeting

Our monthly meeting will be held on Tuesday, Jan. 4, at 9:30 a.m. at the Barrington Area Library. We will have a video starring Pat Welsh of *Better Homes and Gardens* magazine. Afterwards, there will be an informal discussion in which mem-

bers will be encouraged to speak on their individual gardening expertise. Guests are welcome.

Please call Lenore Lawrence at 1-847-381-2883 if you have any questions regarding the program.

Warm Up with a Spring Fashion Forecast at Peter Daniel

The spring and resort wear for 2005 approaches fashion with a new level of energy and design. Get away **Peter Daniel** style with resort wear that's comfortable, easy to wear and all in breezy colors like lime, tangerine, rosy pink and luscious lavenders.

For the confident and fashion-conscious woman, **Peter Daniel** offers resort wear and separates that can take you from day to evening all in the highest quality fabrics that are a pleasure for the senses. New collections are arriving daily.

We've added an abundance of fabulous accessories for spring including Simon Sebbage sterling silver flower and frog pins and cuff bracelets that really complete an outfit!

Don't miss our great **Peter Daniel January Sale**. And while you are here, brighten your January with something new for spring.

Wishing you a very Happy New Year!



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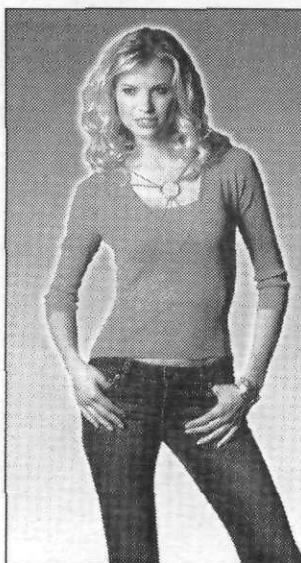
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Protecting Your Legal Rights—

Civil Rights Tax Relief Act of 2004 by Joette S. Doran, J.D.

On Oct. 22, 2004, President George W. Bush signed the Civil Rights Tax Relief Act (or CRTRA), a provision included in the American Jobs Creation Act of 2004 (H.R. 4520). The CRTRA ends the double taxation of attorneys' fees and costs applied to individuals who win or settle employment discrimination and related cases. Section 703 allows plaintiffs to exclude attorneys' fees and costs from their adjusted gross income, ending double taxation of fees and costs and avoiding any problems with the Alternative Minimum Tax. The law applies to civil rights cases, employment discrimination cases, Fair Labor Standards Act and other wage and hour cases,



ERISA benefits cases, and cases under any federal, state or local statute, or common law regulating the employment relationship.

It's New! Introducing Alta Baby Cribs!

Little Munchkins is proud to announce the arrival of Alta Baby, a new line of baby cribs and changing tables. Crafted in Italy, the Alta Baby Collection is made from 100% beechwood. Stop by the store to see a floor model. We think you're going to like what you see!

Little Munchkins is an authorized dealer of Ragazzi and EG furniture. Stop by our spacious showroom to see the latest designs in children's furniture. During the month of January, Little Munchkins is offering 10% off all new crib orders.

Our regular business hours are Monday



through Saturday from 10 a.m. to 5 p.m. Please call 1-847-381-3960 for more information on our products.

Storewide Winter Blowout Begins!!!

ENTIRE STOCK OF WINTER MERCHANDISE 30% - 50% OFF
Starts Tuesday, Dec. 28 @ 10:00 a.m.

Everyone who shops Assemblé knows about our SALES—nothing is held back! Twice a year—only! We clean out to make room for the new season. So come take advantage of us. Winter's not over, ya know.

Speaking of a New Season, our Vacationwear is what's arriving for you daily this month! Daily arrivals call for your daily visits. Our goodies move out of here as fast as we can open the boxes—no joke. Here's a sampling of the vacationwear you can expect from us this month:

- Tees—Lots of newness and cool choices from California and NYC, and our tops are always unique for you guys. Look to us for tie dyes with foil underlay • paisley silk halters with beaded straps • sheer gauzy tunics in shades of rose petal and white sand • bright "French" abstract patterned tees • dip dyed tanks in soft watercolor hues of sunset, copper and flamingo.

- Pants—Poplin capris in neutral colors

with subtle top stitching detail, cotton capris tie dyed in understated watermark shades of cameo/brown and silver/pink—with corresponding tees—fun and novel for you!

- Denim—"Cigarette capris"—bootleg jean silhouettes with spider-pocket detailing • jackets trimmed in washable orange-pink or lime suede.

- Jackets—Stretch corduroy "shrunk" blazers in sparkle white and daisy yellow. Little boucle numbers in terrific tweeds.

- Sweaters—Zip cardys with ribbon pulls • shoulder lacing on tanks • shirred straps and double layers • this season's newest colors of lavender • lime • aqua • strawberry • pink.

This and much more will be arriving daily throughout January so stock up for your warm weather needs. Assemblé will always endeavor to provide our one-of-a-kind customers with one-of-a-kind clothing.

See ya soon!

Until the passage of the CRTRA, complications existed with nearly every settlement of an employment discrimination case since the IRS required a civil rights plaintiff who won or settled a case to pay taxes on the entire award or settlement including the payment that went to the plaintiff's attorney. For instance, if the plaintiff won an award of \$100,000, the plaintiff would be required to pay tax on the entire amount even though a contingent fee of \$30,000 went to the plaintiff's attorney and even though the plaintiff's attorney would have to pay taxes on the \$30,000.

The IRS position was that since the entire award went to the client, it should be taxed to the client regardless of whether the client actually received the money since it was money received to extinguish a debt owed by the plaintiff to an attorney. The plaintiff argued that the IRS position did not take into account that there would be no recovery without the assistance of the attorney creating a "joint venture" between the attorney and the plaintiff. This issue has been the subject of numerous court cases throughout the country with mixed results. Some circuits followed the "joint venture" approach siding with the plaintiff. However, in the

majority of the courts, including our Seventh Circuit, the IRS position has prevailed.

Although the law is now in effect, in early November, the United States Supreme Court heard oral argument on the issue in a case where both plaintiffs won awards in employment disputes and challenged the IRS based on tax bills based on the full amount of the recovery including attorney's fees. The Supreme Court's decision remains important to the issue since the CRTRA applies to fee payments made after Oct. 22, 2004, when the law became effective. As such, plaintiffs who have received awards or settlements before Oct. 22, 2004, do not benefit from the new enactment. A decision is not expected from the Supreme Court until the spring of 2005. For further information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association.



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Shari would like to take this opportunity to thank our wonderful customers for their loyal support and for telling their family and friends of our wonderful, unique store, making it such a successful season. And now, enjoy large discounts on our entire inventory during our **Winter Clearance Sale**.

Shari's Furs, Leathers & Shearlings is ready for you. Shari's carries the fur that fits your lifestyle, your mood and, most importantly, your pocketbook. Their superb new collection of furs includes the **finest lightweight shearlings**, minks (sheared and unsheared), beavers (sheared and unsheared) and knitted furs. Coats are available in all sizes from the petite to the full size woman. They also have added a wide variety of **new leathers**, some reversible, some with removable fur or Thinsulate™ liners.

You will also find the finest variety of capes, gloves, hats, earmuffs, headbands and designer scarves. **Shari's** has increased the variety of our men's garments to include lightweight shearlings and leather jackets.

Shari's resale racks are now bulging with luxurious furs. There is now an affordable fur for everyone!

At **Shari's** you will find warmth, friendliness and professional guidance to help you find the fur style that works best for you. Men who wish to treat that special woman in their lives, will find patient salespeople to help in making a selection.



Shari's does not want to be just a point of purchase. They are full service furriers. They have climate controlled storage, do repairs, make alterations and restyle all types of leather and fur, including shearing the long hair of your old mink or beaver garment and bringing new life to your old friend—at a reasonable price.

Shari's Furs, Leathers & Shearlings is located at 22 South Evergreen in downtown Arlington Heights. **1-847-255-1300**.

Have a happy and healthy 2005!

New Faces and New Location for Home of the Sparrow's Offices



Retail Director Joyce E. Goldburgh

Home of the Sparrow's administrative offices have relocated to 6213A Factory Road in Crystal Lake. The new phone number is 815-444-1660, and the new fax number is 815-444-1436.

The new facility offers the agency the space necessary to house a new job training initiative currently under development.

Home of the Sparrow also welcomes two new directors to its staff. Kathryn L. Ross, development director, brings to the agency 20 years of corporate operations experience plus 14 years in the nonprofit sector. Previously, she held the position of executive director for both WINGS and



Development Director Kathryn L. Ross

Northwest Suburban PADS as well as director of development for St. Vincent de Paul Center and Little City Foundation. Home of the Sparrow is delighted to have this proven leader working to enhance agency fund-raising.

Joyce E. Goldburgh is now Home of the Sparrow's director of retail. She, too, brings an excellent set of experiences to the agency, including positions as manager of operations for a technical company and director of development for Bear Necessities Pediatric Cancer Foundation.

Home of the Sparrow is a nonprofit agency that provides a comprehensive liv-

Nursing Assistants Make Hospice History

For the first time in its 20-year history, Hospice of Northeastern Illinois is proud to announce that seven certified nursing assistants passed the National Nursing Assistant Hospice and Palliative Care Exam in November. This gives them the Certified Hospice and Palliative Care Nurses Aide credential.

The new CHPCNAs are: Lea Ehrke, Wonder Lake; Lisa Hackler, Walworth, Wis.; Tracy Knutson, Round Lake Beach; Denise LeTourneau, Marengo; Shelly Solarz, Woodstock; Tina Spath, Rolling Meadows; and Karen Troka, Cary.

The 100-question exam focuses specifically on the individual and is an indication of current competence in a specialized area of practice. Certification is highly valued and provides formal recognition of basic hospice and palliative nursing assistant knowledge.

"We are so proud to see our CNAs seek out a higher level of excellence not only to perform their jobs better, but also for

their own personal growth and development," said director, clinical operations Pat Flaherty. "It impresses me to no end."

To be eligible, the National Board for Certification of Hospice and Palliative Nurses requires that candidates should have at least two years of experience in hospice and palliative nursing assistant practice.

Hospice and palliative care nursing assistant practice is the provision of nursing care, under the supervision of a registered nurse, for the patient and family, with the emphasis on their physical, psychosocial, emotional and spiritual needs when experiencing a life-limiting illness. This is accomplished in collaboration with an interdisciplinary team in a setting, which provides pain and symptom management, family support and 24-hour nursing availability. The nursing assistant is integral to achieve a high standard of hospice and palliative care as a member of this team.



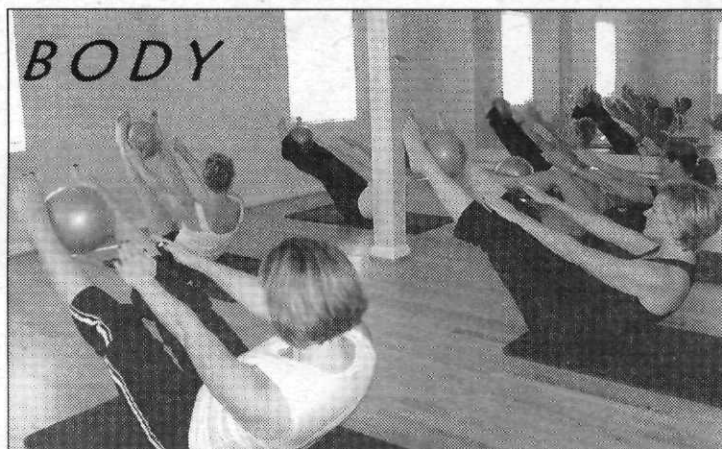
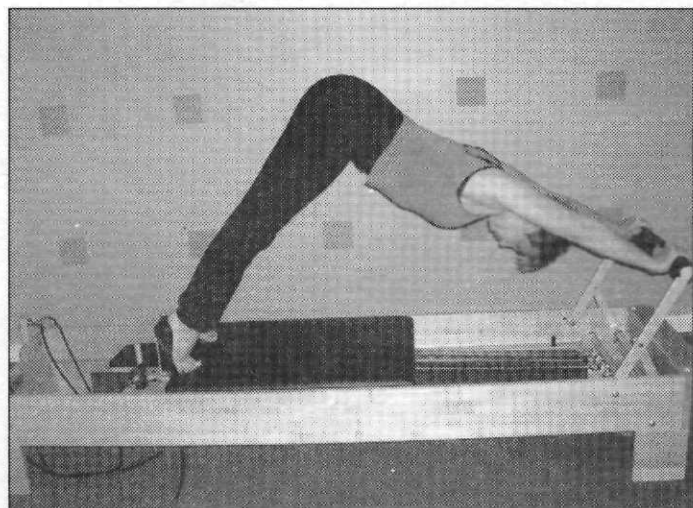
ing program for homeless women and children aimed at removing the barriers to permanent housing. The organization strives to eliminate hunger, homelessness and joblessness by guiding individuals through a series of comprehensive compassionate programs designed to enhance self-respect, independence and self-reliance.

Home of the Sparrow is based in Crys-

tal Lake and maintains shelters in McHenry, Crystal Lake and Palatine. A significant portion of Home of the Sparrow's annual budget comes from sales at the three Sparrow's Nest stores located in McHenry, Cary and Palatine.

For more information about Home of the Sparrow or to find out how you can help, call 815-444-1660 or visit www.homeofthesparrow.com.

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- Pre/Postnatal

"Poems, Pints & More"

BAAC invites storytellers, poets, comedians, musicians, performance artists and variety acts to audition for "Poems, Pints & More", to be performed on Saturday, Jan. 29. Come and show us what you can do. We encourage all types of acts, from short play scenes to skits (comedic or otherwise) to monologues, short essays, solo musical acts to small musical groups (original works or covers accepted).

Auditions will take place on Tuesday and Thursday, Jan. 11 and 13, from 7 to 10 p.m. at the BAAC Gallery, 121-B

Barrington Commons Court, downtown Barrington (in the Barrington Commons Plaza, bordered by Franklin and Cook streets). Please bring the piece or pieces you intend to perform. Performance times range from five to 20 minutes, depending on the type of performance and the amount of acts selected.

To reserve an audition time (auditions will take place at 15 minute intervals) or for further information, please call 1-847-382-5626.

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For more on Ruth L. Kern, visit:
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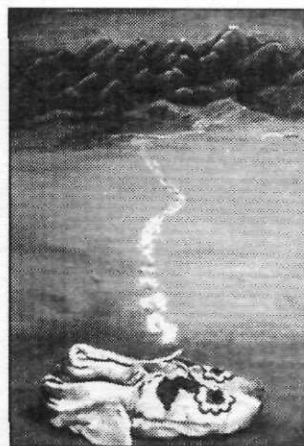
Designers welcome!

Take a "Journey" Into Art

Studio 2909 invites you to come and take a "journey" into the world of art. Each work of art created by a Studio 2909 member has its own journey.

Now through Jan. 30, you can explore the journey of each piece and its meaning at the Schaumburg Prairie Center for the Arts, located at 201 Schaumburg Court, Schaumburg. Gallery hours are Monday through Friday, 8 a.m. to 6 p.m. To meet the artists, a reception will take place on Sunday, Jan. 16, from 5 to 8 p.m. Exhibiting artists include Dee Abbate, Susanne Clark, Lucy Dellapina, Judith Hollister, Julie Janzen, Pam Lachman, Bert Leveille, Becca Lozan, Carole Matthews, Veronica Potter, Victoria Senn, Diane Ward and Johanna Gullick Yoder.

Studio 2909 meets on the third Wednesday of each month. The group has met monthly since its start in the summer of 1997. The group provides a networking system for area artists as well as a way for them to receive some feedback on the work they create.



Journey to Chocolate Mountain
by Dee Abbate, Acrylic, 20" by 16"

This is Studio 2909's seventh show and seventh year together as a group. For more information about the group or the show, please contact Julie Janzen at 815-356-9925. You may also contact the Schaumburg Prairie Center for the Arts at 1-847-895-3600.

Welcome Wagon Club "Game Day"

Welcome Wagon Club of Barrington invites you to join us for a "Game Day" and Luncheon on Jan. 11. This fun-filled day will be held at Inverness Golf Club and will begin at 9:30 a.m.

Attendees are to bring a favorite game to play. (Party bridge supplies will be on hand.) You can then sign up to play any of the variety of games. Refreshments will be provided during play, and the lun-

cheon will be served at noon with a cash bar.

Reservations need to be made no later than Jan. 8, 2005. The cost is \$30 per person and includes the refreshments and the lunch. You need not be a member to attend.

For further information, please contact Lynn at 1-847-304-1074.

Start the New Year with Fabulous New Bedding!

Happy New Year! We hope everyone enjoyed a happy and healthy holiday season. We also hope you are ready for some new linens. We know we are ready to show you a wonderful assortment of the newest trends and fabrics for 2005. Once again, we have added to our long list of available mills. We are excited to announce the addition of three new fabric lines offering great silks, washables, and prints for any style.

- Tomasini has introduced a new line of bedding that offers transitional/contemporary styles that are quite regal and are available in stunning color combinations

- Our new line "Laavanya" from India offers custom embroidery in your choice of threads. We now have samples of the washable silks (that only get softer with each wash) and embroidery patterns.

- Our big blanket blowout is still going on with 20% off the best blankets in town. We have added the award-winning "Downtown" Blankets. Named "Best Buy" by *Consumer Digest*, these are worth staying in Chicago for the winter! We also still have the fabulous Anichini Cotton Candy Blankets, Peacock Alley's Nesting Blankets, and the super soft Zieppritz Blankets. Don't forget to check out our throws as well.

- If you are already thinking about spring flowers, you'll love our new Peetipoint decorative pillows. The colors are vibrant and would make a great addition

to any room. We also have these pillows available with animals, bugs (they are too cute), and more.

- We now have our Austin Horn swatch rings. These fabrics are so decadent and elegant, you have to see them to appreciate them.

- For those of you that just love tassels, fringes, and cords, we have added three lines with great sample boards to help you decide that "final touch".

- If you didn't receive that bathrobe you were pining over, you can still drop the hint for Valentine's Day. Our bathrobes are so luxurious; you'll find excuses to not get dressed.

- Don't forget to ask us about our custom upholstered headboards and furniture.

- And... as always, feel free to ask us to bring our ideas, fabrics, and catalogs to your home for a free in-home consultation.

We are located on the northeast corner of Lake Street and Route 59 (Hough), just kitty-corner from Angelina's.

We are open Monday through Friday, 10 a.m. to 5 p.m. and on Saturdays from 10 a.m. to 3 p.m. Sundays and evenings are available upon request.

Please call us at 1-847-277-1480, e-mail us at ensembles@sbcglobal.net; or visit on the Web at—
www.LuxuryLinensofBarrington.com

"Bright and Bold Impressions"

BAAC Gallery at the Garlands presents "Bright and Bold Impressions" by Richard Helland, featuring watercolor paintings. The exhibit will run from Jan. 7 to Feb. 27.

Since leaving the graphic design and art direction business and pursuing painting full time, Mr. Helland has found a passion for the watercolor medium, which allows him to experiment with many techniques and gives him creative freedom to express himself in new and challenging ways.

He enjoys allowing the medium to lead him through the creative process. The fresh, accidental effects created by charging wet paint onto wet paper and letting it flow and blend can only be accomplished with this medium. The challenge comes in techniques of brush strokes, washes, color theory, value and composition.

His paintings currently are focused on landscapes and outdoor scenes, both urban and rural. Subjects include scenes



Untitled by Richard Helland,
Watercolor, 20" by 28"

from Italy, France, Mexico, Door County, Wis., and the rural Midwest.

The opening reception for this exhibit will be Friday, Jan. 28, from 4 to 6 p.m. at the Garlands of Barrington.

The Garlands of Barrington is located at 1000 Garlands Lane, Barrington. Regular hours are 9 a.m. to 5 p.m., other hours by appointment. If you would like to view the exhibit, please call 1-847-756-3000 to arrange an art tour.

CFC Adventures in Nature Study— "Learning From Owl Pellets"

On Monday, Jan. 17, Martin Luther King Jr. Day, children and adults will have the fascinating opportunity to learn more about owls and their habitat by dissecting owl pellets. The class will be held at Citizens for Conservation's headquarters, 459 W. Hwy. 22 in Barrington. (Look for the white farmhouse with a silo across the street from the entrance to Good Shepherd Hospital.) This class is for ages 7 and up;

younger children are welcome with parents. Class time is 2:30 to 3:30 p.m.

While all classes are geared for children, adults are welcome and encouraged to come. The cost for each class is \$4 for members or \$6 for nonmembers. There is no fee for adults who come with a child. All participants are asked to register at least one week in advance. Call CFC at 1-847-382-SAVE (7283).

What's Happening at Starr Couture

Don't miss the savings of the finest European Fashions and accessories not found in other stores at **50% to 70% off**. We offer these savings only twice a year, now and in July. This is the only time we bring all the merchandise out on the racks. Sizes 2 - 20.

Have fun shopping!

—Starr



Starr Kondos, Owner

TriDelta January Meeting

The Chicago Northwest Alumnae Chapter of Delta Delta Delta Sorority will meet at a member's home at 7 p.m. on Jan. 11, 2005. Please call Genny Ellefson, 1-847-381-5228, for directions and information.

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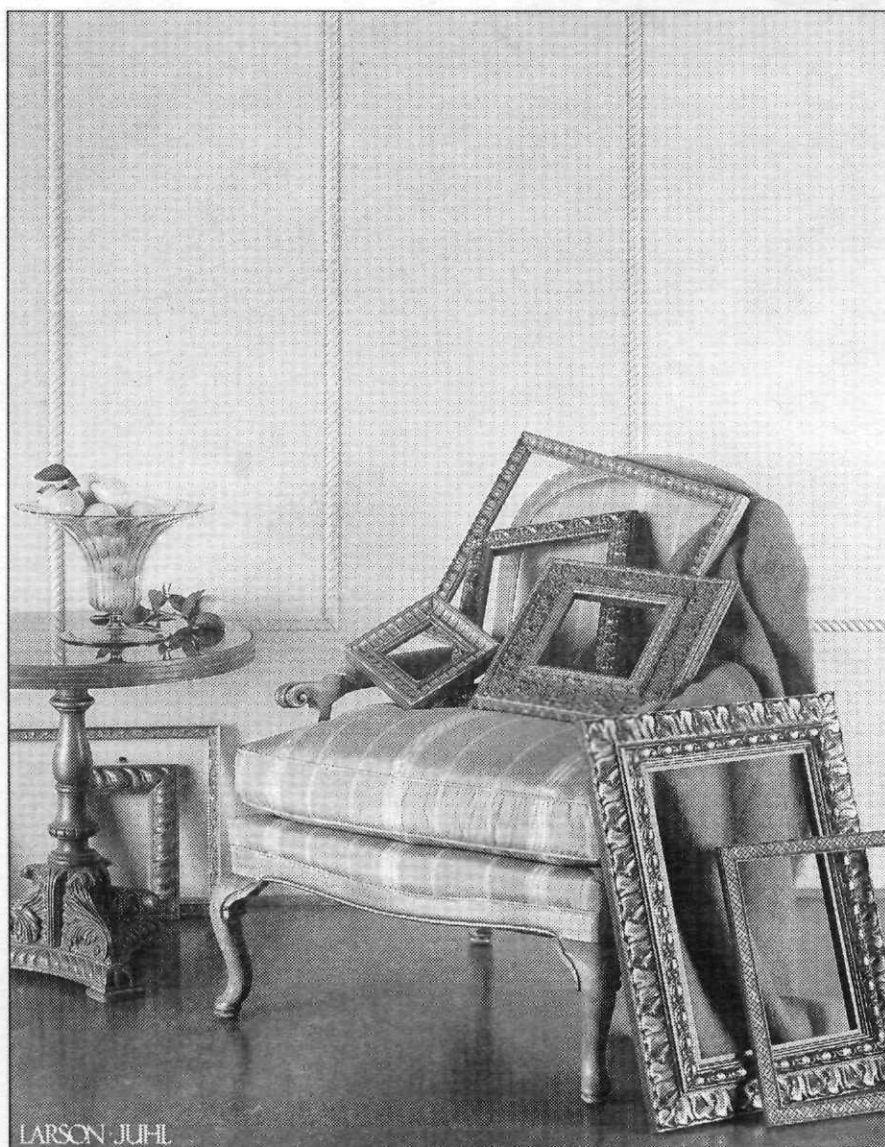
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 Barrington, IL 60010 Sat. 10am-5pm Sun. Noon-4pm

Receive a FREE AI Root® votive Candle with any purchase during January '05.

Deer Park Town Center Welcomes Silk 'n Things

Deer Park Town Center welcomes the new addition of **Silk 'n Things** to their repertoire of noteworthy storefronts. Located next door to Smith and Hawken on the south side of the mall, **Silk 'n Things** is excited to have grown into their second location.

With 14 years of success in their 100-year-old Victorian home in downtown Barrington, the Deer Park location provides a refreshing breadth of display space for their ever-expanding unique merchandise and silk floral arrangements. The ceiling elevation and overall depth of the new space can accommodate an array of heights and sizes in silk arrangements, plants, trees, accessories, furniture, containers and more. **Silk 'n Things** is thrilled to take advantage of this new-found freedom, expanding their vignettes to accommodate the interior design of any client's home.

Shoppers will find new merchandise lines within the Deer Park storefront as part of this exciting development. Vietri® dishware and flatware, a handmade Italian product, is available for purchase and special order. The Thymes lotions and soaps inspired by nature's purity and made with

all-natural products are also being carried. Personal lady accessories such as Mary Frances purses, David Aubrey jewelry, Maaz shawls and more are on display and can enhance an outfit for any event or occasion. In addition to these highlighted lines, **Silk 'n Things** provides an array of merchandise for home decorating, personal needs and gift giving.

Take advantage of their newest service and join the "Wish List" program. This program was created to simplify gift shopping for friends and family members of **Silk 'n Things** customers. Customers can fill out their own "Wish List" while shopping and list items they wish to have. The completed "Wish Lists" stay on file for friends and family to use as a gift guide, and they are available upon request.

The staple services that note **Silk 'n Things** such as silk florals of the highest quality, custom orders, in-home consultations and customer satisfaction will remain a priority as they expand to a second location. Although the endless charm of the Barrington store is hard to match, don't miss **Silk 'n Things'** exquisite expansion to Deer Park Town Center!



Enjoy the Winter Season from Inside the Warmth of Deer Park Town Center

With the holiday season at an end, January is the month where most people choose to relax and unwind. However, it's also the time that the deep winter of the Midwest sets in. Why not choose to warm up and enjoy the season from inside by shopping **Deer Park Town Center**? The center features a vast array of specialty and national retailers ready to cure the winter blues and heat the senses.

Enjoy hot buttered popcorn and a movie while snuggling up with that significant other in the famous loveseats at Century Theatres. The theatre features stadium seating, digital surround stereo, and 16 movie screens, creating a paradise for moviegoers.

Curl up at Barnes & Noble Booksellers with a good book and a hot Starbucks coffee drink from the café. Get lost in the world of a mystery, science fiction or chick-lit novel in one of the many plush armchairs throughout the store while savoring the gourmet tastes of Starbucks. Barnes & Noble also offers the "most" in music, magazines and specialty office accessories.

Indulge in luxurious fabrics while lounging in front of the crackling fireplace at Coldwater Creek. The store takes a unique approach to casual clothing for women and combines product with the natural ambiance of a woodland creek. Wander around the expansive space and take in the sights and sounds of the creek-like water feature while also browsing their collection of one-of-a-kind jewelry and home accents.

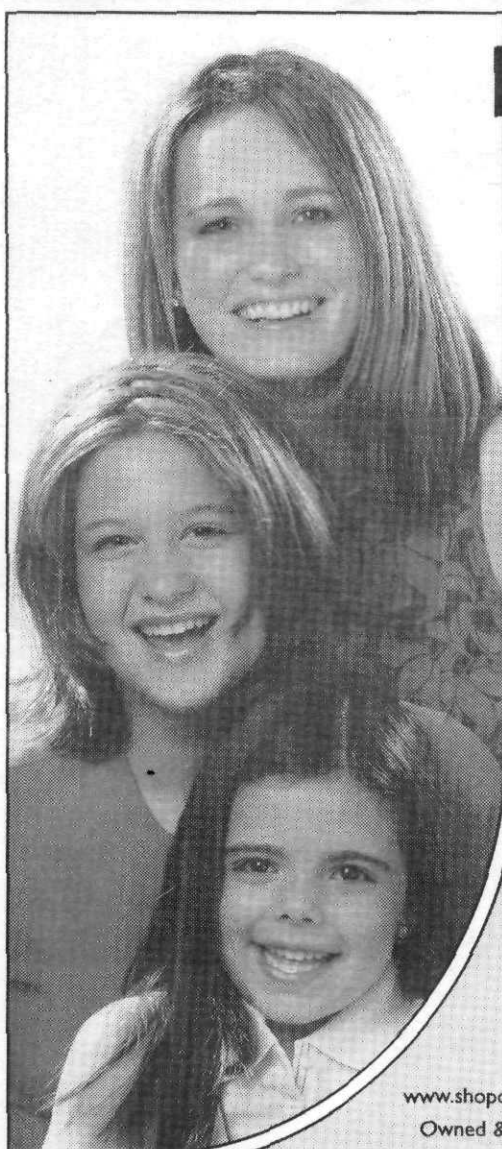
Refresh and unwind in a ski-lodge setting at Caribou Coffee while choosing

from a vast menu of coffee and specialty beverages. Caribou has the look and feel of an Alaskan lodge, with knotty-pine cabinetry, a fireplace, and soft seating. The store provides the perfect environment in which to watch the snow fall and visit with friends and family.

Warm the body and spirit with a tanning package from Planet Beach Tanning Salon. The salon operates five different levels of tanning equipment and offers lotions, apparel and novelty items along with their services. Whether you tan regularly or just need to get that 'glow' for a special event, Planet Beach is an ideal destination to escape from the winter weather.

Dream of the possibilities by visiting Select Comfort to learn your "sleep number." The number is based on a scale of 0-100 and is tailored to each person's preferences. Providing luxurious comfort, the world-renowned beds are guaranteed to give you the best nights sleep possible and keep you cozy on those cold winter nights!

Deer Park Town Center features more than 65 stores and restaurants including: La Hacienda, Restoration Hardware, Le Gourmet Chef, and Chico's. Shopping hours are Monday through Saturday, 10 a.m. to 9 p.m., and Sunday, 12 to 5 p.m. For more information about the center including the center-wide gift card program, please call 1-847-726-7755 or visit www.shopdeerparktowncenter.com. **Deer Park Town Center** is owned and managed by Developers Diversified Realty (www.ddr.com).



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The newest stores and services are theatre-side with:

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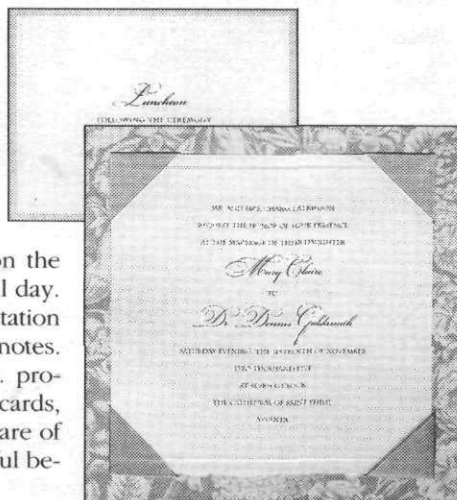
Owned & managed by Developers Diversified Realty

A Beautiful Beginning

The excitement of the holidays is dimming. You've got your ring and now it's time to get down to the business of planning your wedding. First stop—the **Little Shop of Papers**—to look through their extensive library of custom wedding invitation books and save-the-date books. There's something to please every couple (and their new in-laws!)

Let their experienced staff guide you on the proper wording and style to fit your special day. And every bride who places a wedding invitation order, receives 50 personalized thank-you notes.

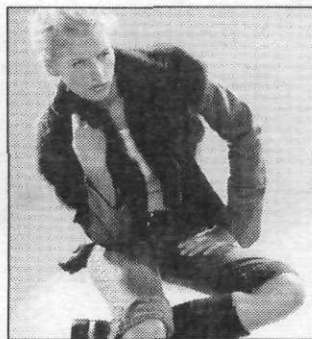
No detail of a wedding is overlooked... programs, menus, place cards, save-the-date cards, napkins. **Little Shop of Papers** can take care of it all, and get your wedding off to a beautiful beginning.



Happy New Year Everyone!

2005... I wonder what it will bring? I hope lots of health, happiness and peace. For **Satin Filly**, 2004 was a good year. We like our location in the Foundry more and more, and we were pleased to make many new customers. In case some of you don't know it, we not only have wonderful clothing but also wonderful people who shop here. We have many great conversations. Some are serious, of course, but others are just fun and silly, and do we laugh! Thank you to all of you that come by to shop, talk, laugh and sometimes bring a tear to my eye. I love you. My **Satin Filly** experience has always been a good one, or I wouldn't be here for, guess how long? 27 years! Whew!

Well, on to fashion! **Satin Filly** will



present the **Spring Collection of Yansi Fugel, Jan. 13, 14 and 15**. People ask that we call, write, send a pigeon to let them know about Yansi's trunk show. It's the best! Then on **Feb. 1 through 3**, we will have **LaFayette 148**. Mark your calendars. We would love to see you.

Happy New Year!

—Karen

Happy New Year from Lakeview Portraits!



"Tropicals in Glass" Demo Offered at Garden Club of Inverness Meeting

The Garden Club of Inverness meeting on Thursday, Jan. 20, will feature a flower-arranging demonstration by Joyce Grattoni, coordinator of the Plant and Science Technology and Golf Maintenance programs at William Rainey Harper College in Palatine. Ms. Grattoni will show how to arrange tropical flowers in glass containers for dramatic effect. Members and their guests will have the opportunity to win the completed arrangements.

The meeting will take place at All Saints Lutheran Church, 630 S. Quentin Road, Palatine, starting at 9:30 a.m. with a short business session. Refreshments will be

served.

Ms. Grattoni holds a bachelor's degree from National-Louis University and is a member of the American Institute of Floral Designers. She runs a successful floral business and serves as faculty adviser to the Harper College Student AIFD chapter, which is one of only 13 chapters in the nation.

For more information, call the membership chair at 1-847-358-8994.

Garden Club of Inverness is a member of Garden Clubs of Illinois, Inc., District IX, and of National Garden Clubs, Inc., Central Region.

**Get a head start
on next year's Holiday
at 40% OFF!**



Ornaments, cards, invitations, wrap, ribbon and decorative accessories are all on sale, starting Monday, Dec. 27th at 9:30 am! So, come in and start stocking up now for next year!

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Newcomers Membership Coffee

Now that the holidays are over, it's time to make plans to avoid cabin fever! The Barrington Newcomers Club invites all current members and new residents to a membership coffee on Wednesday, Jan. 12, from 7 to 9 p.m. in Meeting Room A at the Barrington Area Library.

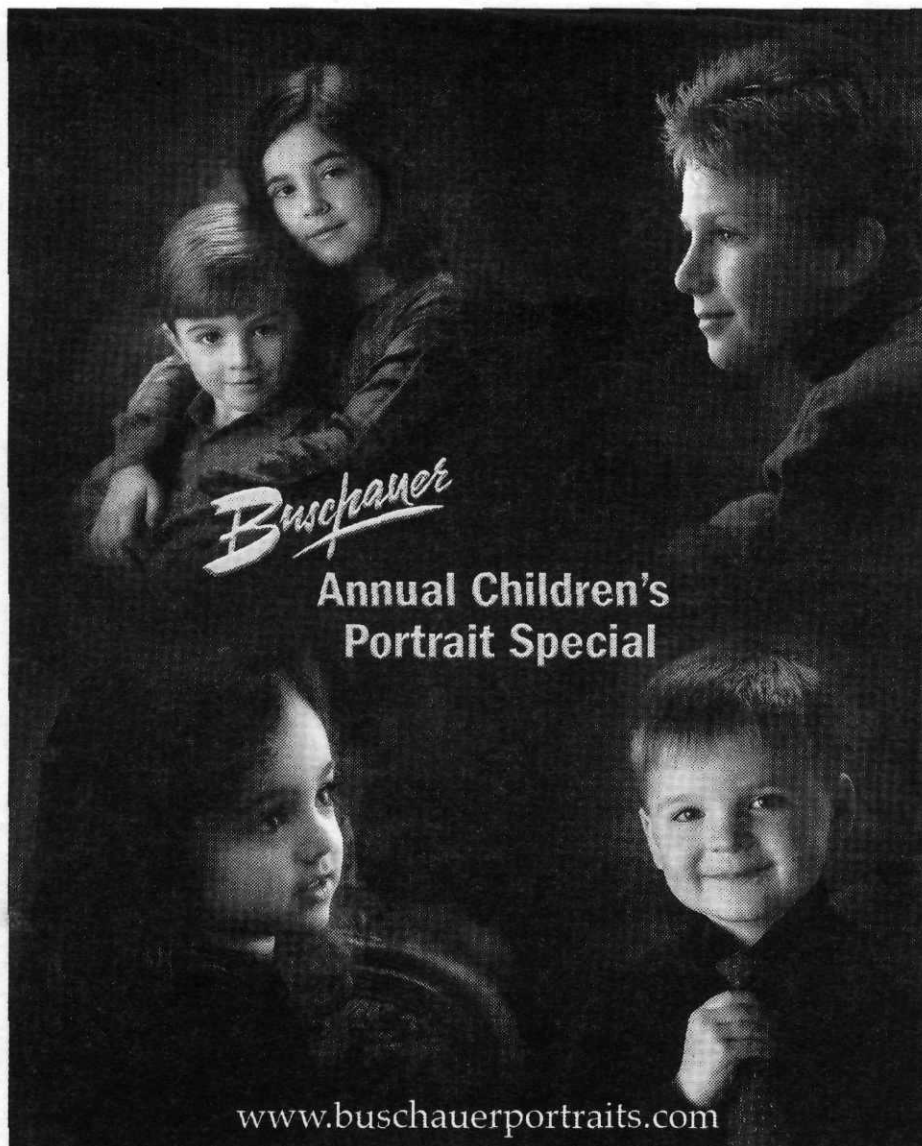
"Winter can be a difficult time for new community members to get out and meet friends," noted Sue Rogers, president. "We offer something fun for everyone from new moms to empty nesters. Newcomers membership is also a stress-free commitment; you can do as much or as little as you like."

The coffee is a great opportunity for new community members to learn about

the club and its activities and meet some new friends. Membership is open to anyone who has moved into the 60010 area code or 220 school district in the past three years.

The Newcomers Club is a social organization offering a wide variety of activities and interest groups for new residents of all ages including: Almost Gourmet, Moms and Tots, Bunko, Destination Dinner, Bowling, and more. Our monthly meetings offer members a chance to get together and enjoy an informative program or adventurous outing.

For more information, call membership chairperson Debbie Walker at 1-847-382-4393.



Buschauer
Annual Children's
Portrait Special

www.buschauerportraits.com

15th Annual Children's Special

Please join us as we celebrate our 15th annual Children's Special from February 1 through March 8, 2005. Parents, bring your big or little ones into our studio and have them photographed like never before. Our style is simple and compelling. Many of our clients wait patiently in anticipation of this time-honored annual event. Because we understand that your children are your true treasures in life, we are committed to working hard for you. That means spending as much time as it takes to get the "Buschauer" look you want and expect.

For those customers we haven't seen recently, know that we would love to see you again. To those of you who have yet to venture inside our studio for the first time, we believe you will be thrilled with the portraits of your children and the manner in which you are treated.



We are continually being complimented on how well we work with children. The fact is, we consider it a privilege to interact with them. They are fun, honest and often unpredictable. We think the key to photographing anyone well is first to make them feel comfortable. When that

happens, inhibitions melt and you end up with endearing images.

The Details

- The official dates of the special are February 1 through March 8. However, you may schedule January appointments as our schedule permits.

- Children must be between the ages of 2 and 15 years old.

- Sessions are **only \$50 per child** (regularly \$175).

- **10% off on your entire print order** if placed at your original viewing appointment

Why Is It Important To Have Your Children Photographed Individually?

It seems like a natural thing to have your kids photographed together and we agree it's good to do so occasionally. However, as parents you know how different your children are one from another. In a group photo (two or more people), we may accurately depict personalities of some subjects but not all. That's because of their uniqueness. When we're able to focus on only one child for the better part of an hour, that's when the magic happens.

Of Course We Will Photograph Multiple Children Together If You Wish

If you do desire portraits of your children together, it's no problem. We will work with each child individually as well as all of them together. Consultations can be done in person or over the phone. We will send out information to help you prepare for your portrait session.

Call now to secure your time and date. If you call early you will get the optimum times.

1-847-382-8484

Elgin Academy Prepares Students for Lifelong Learning, Top Colleges

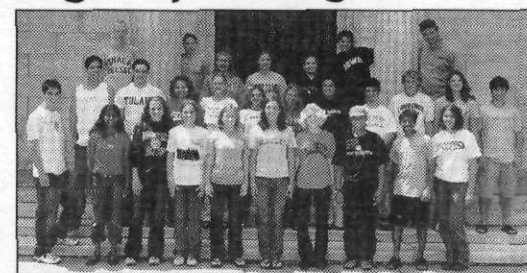
As enrollment at suburban public schools continues to swell, more northwest suburban families are looking to private schools like **Elgin Academy**, with its small classes sizes and expert instruction, to prepare their children for the nation's top colleges and a lifelong love of learning.

And their investment is paying off. Each year, 100 percent of **Elgin Academy's** graduating seniors are accepted at some of the nation's best four-year colleges. In the last three years, **Elgin Academy's** high school seniors have been admitted to Yale University, Northwestern University, University of Chicago, Wellesley College, University of Virginia, Duke University, and Johns Hopkins University to name a few.

"Because of our small classes and experienced teaching staff, we can give each student maximum challenges and maximum support to develop his or her individual talents and abilities," said Dr. John Cooper, head of school at **Elgin Academy**.

Serving students from preschool through high school, **Elgin Academy** in the last few years has developed a new campus master plan for its historic campus, and added exciting initiatives in technology, global awareness and active learning.

Chartered in 1839, the independent,



Graduating seniors at Elgin Academy are admitted to the nation's best universities.

nonsectarian school increasingly draws students from the northwest and western suburbs and is currently composed of students from North Barrington, South Barrington, Tower Lakes, Barrington, West Dundee, St. Charles, Bartlett, Naperville, Geneva, Bartlett, Cary, Crystal Lake and many other suburbs.

"We focus on developing the intellectual, moral and artistic talents of each child," said Cooper. Each student is challenged to develop discriminating judgment and independence of thought through varied work in literature, music and the arts. The academy also offers a variety of athletic opportunities for its students.

Elgin Academy is currently accepting applications for its fall 2005 preschool through high school classes. For more information, visit its Web site at www.elginacademy.org or call Erik Calhoun at **1-847-695-0300**.

Maximum Challenge & Maximum Support



Elgin Academy is a Preschool through Grade 12 independent, college preparatory, coeducational day school.

- rigorous academic experience and character education
- the best student-teacher ratio in our area
- highly qualified teachers who are passionate about student learning
- 100% acceptance rate to four-year colleges
- close-knit and caring community

Web Address
www.elginacademy.org



Admission Office
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The Spring and Summer 2005 Carlisle Collections Presented by Leslie Roberts: Spring Fashion Forecast: COLOR

Carlisle, your exclusive style source, offers wild, wonderful colors that set the stage for spring. Tropical heat raves colors such as the *Aqua* of the Mediterranean. Seductive. *Bermuda Pink*—our signature shade, on the sophisticated prep side.

Intensely pale *Key Lime*. Well-chilled with *Sugar-Coated Off White*. Bold and beautiful *Black and White*, tuned in with red-hot *Chili* and sizzling *Canary Yellow*. Sandswept neutrals such as cool and breezy *Dune* and accented with lustrous reddish brown, our *Luggage*. *Biscuit* is a tone a tad deeper than *Dune*, more desert than beach. Perfect with *Tangerine*. Navy, as sophisticated as black. Lastly, **Carlisle** offers sun-drenched pales you can feel: *Lemon Chiffon*, *Pastel Blue* and *Sunset Coral*.

Colors you love in styles that are fun, fanciful, witty and so **Carlisle** worldly. To see the Spring and Summer Collections,

JANUARY 8 THROUGH 24,

call **Leslie Roberts** at 1-847-381-4959.



Leslie Roberts,
Carlisle Fashion
Consultant



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SPRING
2005

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WONDERFUL
COLORS**

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SAT	Talkeetna/Denali/Fairbanks
SUN	Fairbanks
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*Prices are per person, double occupancy,
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on-board Summit. Air is additional, please
inquire.

How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

Facility—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes—Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) *Is the teacher well organized and pleasant?*

2) *Is he/she knowledgeable?* (Check the school brochure for teachers' backgrounds.)

3) *Are the teacher's corrections made clearly and in a positive way?*

4) *Are the students well behaved and attentive for their age?*

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!

BACOA's Lunch and a Movie

The Barrington Area Council on Aging will show the comedy *Calendar Girls* on Wednesday, Jan. 26, at Langendorf Park. The film, starring Helen Mirren and Julie Walters, tells the story of two women's scheme to produce a somewhat unique fund-raising calendar. At noon, lunch will

be served, and the movie will follow. The film will be shown on a large-screen television, and popcorn will be provided.

Please call BACOA by noon on Monday, Jan. 24, at 1-847-381-5030 to register for lunch. The suggested donation for lunch is \$3 per person.

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Angels from BYDE's *Nutcracker*

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Home of the Barrington Youth Dance Ensemble

382-6333 Brochure Available Upon Request

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Steven Cohen, Auctioneer

Friday, January 21st, 6 to 9 p.m.
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*Works by these famous artists
will also be presented:*

**Pablo Picasso • Jamali
Csaba Markus • Roy Fairchild
Joseph Lorusso • Jürgen Görg
...and many others!**

Pictured pieces subject to prior sale.

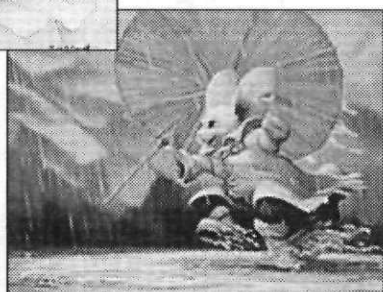
**A sale of specially-priced works begins
Saturday, Jan. 22nd at Hilligoss Galleries**



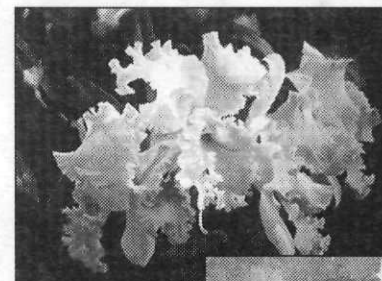
Rembrandt



Olivia
Bennett



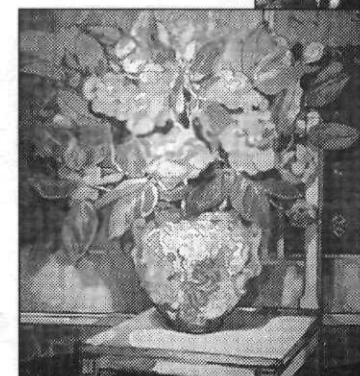
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Happenings!

in the area

Garden Club of Inverness Holiday Luncheon Sparkles



Garden Club of Inverness holiday luncheon committee members are: (from left) Mary Jo Bregenzer, chairperson Liz Todish, Georgia Lazzaro, club president Sally Hard and Linda Denison.

Members of the Garden Club of Inverness and their guests gathered to celebrate the

holiday season at the club's luncheon and fund-raiser on Dec. 2 at Medinah Country Club in Medinah, Ill.

Liz Todish, luncheon chairperson, organized the event with the talented help of committee members Georgia Lazzaro, club president Sally Hard, director Linda Denison and past-president Mary Jo Bregenzer.

The event began at 11 a.m. with a social hour. Club member Shula Luber entertained with holiday favorites on the piano while guests viewed an array of attractive prize baskets and bid on silent auction items.

Following the lunch, members learned how to create a dramatic outdoor holiday arrangement using spruce tips and other evergreens and natural plant materials.

Proceeds from the luncheon and silent auction will be used to fund college scholarships for local students majoring in horticulture, landscape architecture, environmental sciences, and other fields related to plants and the environment.



Club member Shula Luber entertained guests with piano renditions of holiday songs.

Rare Glimpses on Eccentric Divas

The Barrington Chapter of Lyric Opera of Chicago's first program of 2005 will feature nationally acclaimed speaker on opera Babs Lieberman, who will entertain her audience with vignettes on eccentric divas and tenors. She is a friend of renowned tenor Pavarotti and will give a rare personal insight into the tempestuous life of this most fascinating man.

The program will be presented at the Barrington Arts Council Gallery, 121-B Barrington Commons in Barrington, on Sunday, Jan. 9, at 2 p.m. Wine and hors d'oeuvres will be served immediately following the program. The cost is \$20 for members or \$25 for guests. Please make checks payable to BCLOC and mail it to reservation chairperson Sue Obermaier, 198 Farmgate Dr., Schaumburg, IL, 60193 no later than Jan. 4. Call 1-847-985-0837 for more information. Your check is your reservation.

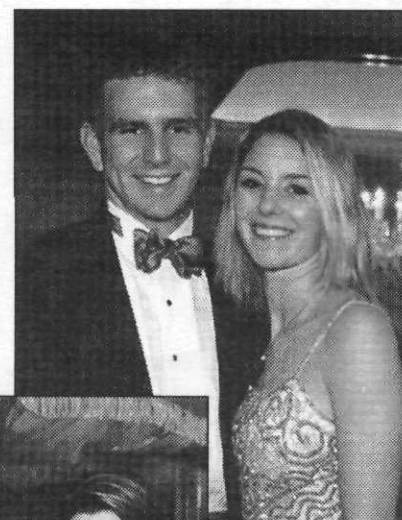
To reach the Barrington Arts Council



Babs Lieberman

Gallery from Route 59 (Hough Street) and Lake-Cook Road (Main Street), go north on 59. Immediately after crossing the railroad tracks, turn right (east) at Franklin, the first street. The entrance to Barrington Commons is immediately on the right under the archway. The gallery is next to the Village Bakery.

The Maharaja Ball Raises Funds for Cancer Research



Among the guests attending the ball were: (upper left photo) Amy Vandenberg of Cary; (upper right photo) Mark Vandenberg and Amy Steichen Vandenberg of Barrington; and (bottom photo, from left) co-chair Lena Helms, executive director Mary Ellen Connellan and co-chair Joanne Schell.

On Saturday, Nov. 13, the University of Chicago Cancer Research Foundation Women's Board, together with Cartier and Diners Club International, hosted the 38th Annual Grand Auction Gala "The Maharaja Ball" at the Four Seasons Hotel in Chicago.

That night, over 500 guests ventured back to the opulent and fabled era of the maharajas. The exotic melody of the sitar and the refined movements of the colorfully costumed Indian dancers enticed all into the coronation tent, an atmosphere of shimmering lights, luxurious fabrics and grand elegance. Guests were treated as royalty as they dined and danced in this gloriously jeweled and mystical environment.

The evening celebrated great discovery in the field of cancer research at the University of Chicago. The Grand Auction featured high-profile auction items including the luxurious Aman Resort, Amanbagh, in Rajasthan, India; a deluxe Private Retreats

vacation provided by Abercrombie and Kent Destination Clubs; and accommodations at the Four Seasons Hotels in Jackson Hole, Costa Rica, Whistler and Great Exuma at Emerald Bay. All proceeds will go to continued support of cancer research at the University of Chicago and its NCI-sponsored Cancer Research Center.

The University of Chicago was founded by the great philanthropist John D. Rockefeller 111 years ago and has been honored with 76 Nobel Prizes for the distinguished achievements of its intellectual and research community.

The board raised nearly \$700,000 last year in net proceeds in support of cancer research at the University of Chicago. Elizabeth Adams is the president of the Chicago Cancer Research Foundation Women's Board. Lena Helms and Joanne Schell were co-chairs of the 2004 Grand Auction.

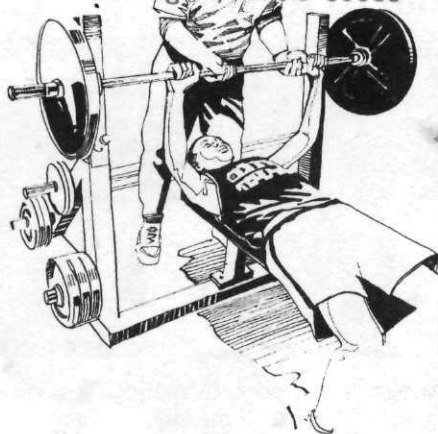
Barrington Women's Club Events

The Barrington Woman's Club held its annual card party and benefit luncheon at the Inverness Country Club in November. This event broke past attendance records and earned more for their philanthropic fund than ever before. The club wishes to thank those who supported this endeavor.

Special recognition goes out to the following businesses who donated prizes: Chessie's Restaurant, Egg Harbor Cafe, Port Edward Restaurant, Peter Daniel, Savvy Spirit, M.J. Miller Jewelers, Payton Floral, Doncaster of Barrington, and John Tyrpin, vice president of Oberweis Securities.

Next on the agenda for BWC will be a

program entitled "A Friend in Deed" featuring Pam Paulman. This will be a humorous account of two women and their friendship through the years. It will be held on Wednesday, Jan. 19, at Gino's East, 516 W. Main St. in Lake Zurich. Social time will begin at 11:30 a.m. followed by lunch at noon and the program at 1:00 p.m. Lunch choices will be either a hamburger or a chicken sandwich. A check made out to Barrington Woman's Club for \$15 for members or \$16 for nonmembers with your menu choice indicated should be sent to: Fran Collins, 26848 W. Highway 22, Barrington, IL, 60010.

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FITNESSBody & Sol Adds Two New Services...
Body Wraps and Massage

Body & Sol has added body wraps and massage to its exclusive Mist-On Tan just in time to help you keep that New Year's resolution you made to take better care of yourself.

What is a Body Wrap?

A body wrap is a toxin cleanse. Cotton cloth strips are soaked in an aloe vera and herb solution, heated to a comfortable temperature and then applied in a "mummy-style" wrap. The wrap is applied gently so you can lie comfortably under a blanket for 45 minutes.

What are the Benefits of a Body Wrap?

Most clients experience a feeling of well-being and increased energy levels. They also note a measurable size loss because

toxins have been expelled into the lymphatic system. The aloe vera moisturizes, tones and tightens the skin, leaving it soft and smooth.

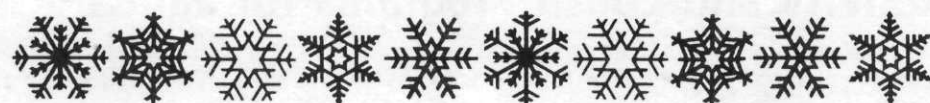
Can Body Wraps Reduce Cellulite?

After 10 to 15 wrap treatments, you can experience up to 80% success in cellulite reduction.

How Often Should Treatments be Done?

For maximum results, you should schedule treatments every four to five days, with no more than seven days between wraps.

Call **Body & Sol** today to schedule your body wrap, massage or Mist-On Tan. We are located at 836 S. Northwest Highway, just a half-mile south of Lake-Cook Road before the traffic light at Hillside.



"I Hate My Teeth!"

by James T. Gavrilos, DDS



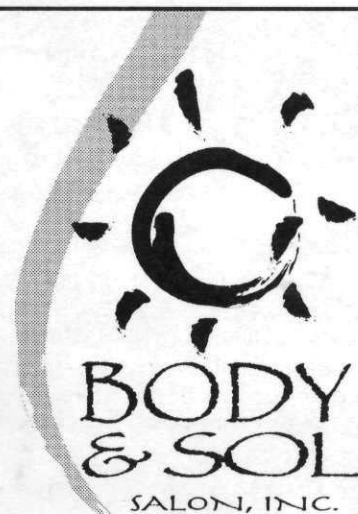
Those words are heard in dental offices every day. But when the dentist asks the patient, "What do you hate about them?" the answer is usually, "I don't know, I just hate them!"

So many factors contribute to the appearance of teeth. These factors may not be clearly identifiable by the patient but are clearly evident to the dentist that has had training in smile design. When evaluating a smile, the dentist needs to ask himself many questions. Are the edges of the teeth worn? What is the patient doing to wear them down? Do the gums show when smiling? If they show, do they appear to follow the lips or are they canted? Do the edges of the upper teeth follow the shape of the lower lip? Do the upper teeth show while the patient is speaking? Does the midline of the upper teeth line up with the midline of the lower teeth? Do the teeth have a "windswept" appearance that makes the spaces between the teeth look angled? Is the pointed gum tissue that drops down between the teeth even from one side to the other? Is the tooth color appropriate for the patient? The list goes on and on, and it's important to identify what the problem is before trying to fix it.

How do we know if these changes for the patient are the right ones? The dentist can take digital photos of the teeth and make any of the above changes. He can sit down with the patient and show them what their smile could look like. If the patient is pleased, the dentist can then discuss with them their options for treatment.

Learning what to do when you "hate" your teeth should not be a stressful experience. Visit your dentist and ask him to review your smile and give you some guidance so you can someday say, "I love my teeth!"

For a smile evaluation, please contact **Dr. Gavrilos** at 1-847-381-4040 for an appointment.



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Dr. Berger has spent 13 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person.

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Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results

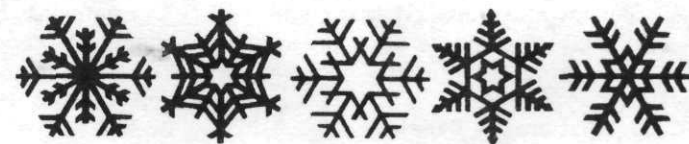
Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.



Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.



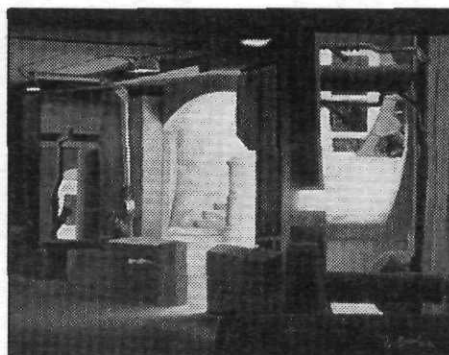
BAAC Gallery Presentation

The Barrington Area Arts Council announces the BAAC Gallery exhibit by Nick Bridge, "Through a Car Darkly", on view from Jan. 7 through Feb. 25, 2005.

Bridge's work explores the urban environment: its textures, unlikely juxtapositions, surprising beauty and monumentality. Recent paintings incorporate multiple views, abstract shapes, patterns and distortion to convey the way we view the urban landscape as a rapidly changing scene through the windshields of our cars.

He's drawn to Chicago's Underground Wacker Drive. Its particular mixture of space, lighting and rhythm has given him grist for numerous paintings. Not to be ignored is the drive's almost mythic status as a haunting nether world, literally the very bowels of the city, having relatively recently ceased being a haunt of the homeless.

The Barrington Area Arts Council invites the public to attend the Opening



Light Chamber by Nick Bridge, 2003, Oil on Canvas, 24" x 30"

Reception on Friday, Jan. 14, from 7 to 9 p.m. at the BAAC Gallery, 121-B Barrington Commons Ct., Barrington, IL. Refreshments will be served.

BAAC Gallery hours are Monday through Friday, 10 a.m. to 5 p.m. For more information, call 1-847-382-5626.

Heartland Voices Auditions

Heartland Voices, the Fox Valley's critically acclaimed choral ensemble, is pleased to announce midyear auditions for new members for its 2004-2005 season.

Professionally trained singers of all voice types, especially soprano I and bass II, are encouraged to join Heartland Voices for the remainder of its sixth season. Please prepare one selection for the audition, an accompanist will be provided; some sight-reading and tonal memory will

also be included.

Audition appointments can be scheduled through Jan. 20, 2005, by calling Heartland Voices at 1-847-429-9486. Rehearsals are Tuesdays from 7:00 to 9:30 p.m. at the First United Methodist Church of Elgin.

For further information about Heartland Voices, check out their Web site at www.heartlandvoices.org.

Barrington Area Council on Aging Senior Activity and Lunch Programs for January

The suggested donation for the Monday lunch program is \$3. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required.

• Monday, Jan. 3—We will play games and eat lunch. Come start out the new year by bringing a friend!

• Monday, Jan. 10—We will play games and eat lunch. The program will be on Glaucoma Awareness Month (speaker TBA).

• Monday, Jan. 17, Martin Luther King Jr. Day—We will have no lunch program on this day.

• Monday, Jan. 24—Along with games and lunch, there will be a program on Medicare fraud presented by Larissa Elia-shevsky, BACOA SHIP (Senior Health Insurance Program) volunteer.

• Monday, Jan. 31—Along with games and lunch, Officer James McNamee of the Barrington Police Department will present a program on personal protection.

Hospice of Northeastern Illinois Elects New Board Member

Kathy Reno, RN, was recently appointed to the Hospice of Northeastern Illinois board of directors.

A Barrington Hills resident, Reno was newly appointed to the board of directors for a three-year term. She is executive vice president and chief operating officer of clinical services at Northwest Community Hospital in Arlington Heights.

Hospice of Northeastern Illinois is celebrating its 20th anniversary in 2004. The community-based, not-for-profit organization serves families throughout McHenry, Lake, northwest Cook, Kane, Boone and DuPage counties. Hospice of Northeastern Illinois provides patient care and bereavement services to all who need them, regardless of ability to pay. Hospice of Northeastern Illinois is Medicare certified



Kathy Reno, RN

and accredited by the Joint Commission of Accreditation of Health Care Organizations.

Celebrating 15 Years—The Fraxel Laser Revolution

by Gary S. Churchill, MD

We are so pleased to announce the celebration of our 15th year in practice. The **Center for Facial Plastic Surgery** was established in 1989 in Barrington. From the beginning, our mission was to provide our patients with the highest quality care available anywhere.

What makes our practice unique? First, and above all else, we specialize exclusively in facial plastic surgery. Patients need the best trained, most qualified and experienced, board-certified surgeon they can find. This is what they get when they come to us. Whether it is a facelift, eye lift, nasal surgery or some other facial procedure, it is something we perform routinely and, in the opinions of our patients, we do it better.

But there are other reasons to come to the **Center for Facial Plastic Surgery**. We truly care about our patients. Everyone makes that claim, but we demonstrate it every day, in every way—from how each member of our staff treats our patients to our outstanding physical facility. We provide a safe, private and comfortable environment for our patients.

To demonstrate our commitment to patient safety, 10 years ago, we were the first plastic surgery office in the greater Chicago area to receive accreditation from the AAAHC, the gold standard in outpatient accreditation.

To demonstrate our commitment to staying in the forefront of new technology, we received our first laser in 1992. No one else had in-office lasers at that time. Today, we utilize five different laser systems and two radio-frequency devices.

The laser we acquired most recently is the revolutionary Fraxel laser. Our Fraxel laser was the 27th one installed nationally,



Stacie McClane, MD



Gary Churchill, MD

and as of this writing, there are only 35 in use in the nation. This latest addition to our repertoire of systems and solutions will help us extend our commitment to providing our patients with the best possible state-of-the-art care.

Fraxel Laser Revolution

We now have one of the few Fraxel lasers in the country. This remarkable technology is truly amazing. It has been called "the holy grail of lasers" by one of the surgeons doing the FDA testing. It delivers thousands of microscopic pulses per square centimeter through the outer layer of skin, stimulating new and appreciable collagen formation, reducing capillaries, removing excess pigment and improving the tone, texture and smoothness of the skin. The outer layer of skin, however, stays intact so the skin is not irritated as it is in some laser resurfacing. The applications and benefits of this technology have only begun to be explored. We have treated over 30 patients so far and the response has been remarkable. I will write a full article in the next issue of *Lifestyles* about this fantastic new advance. If you desire more information, there is a Web site—www.drchurchill.com—or call our office at 1-847-304-1000.

Free Cosmetic Evaluations at Dentistry on the Lake

A Smile Makeover Can Change Your Life

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- Chipped, broken, teeth can be repaired.
- Missing teeth can be replaced.

Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to **Dentistry on the Lake**, where you will receive the finest dental care available.

Call 1-847-526-2831 today for a free cosmetic evaluation!

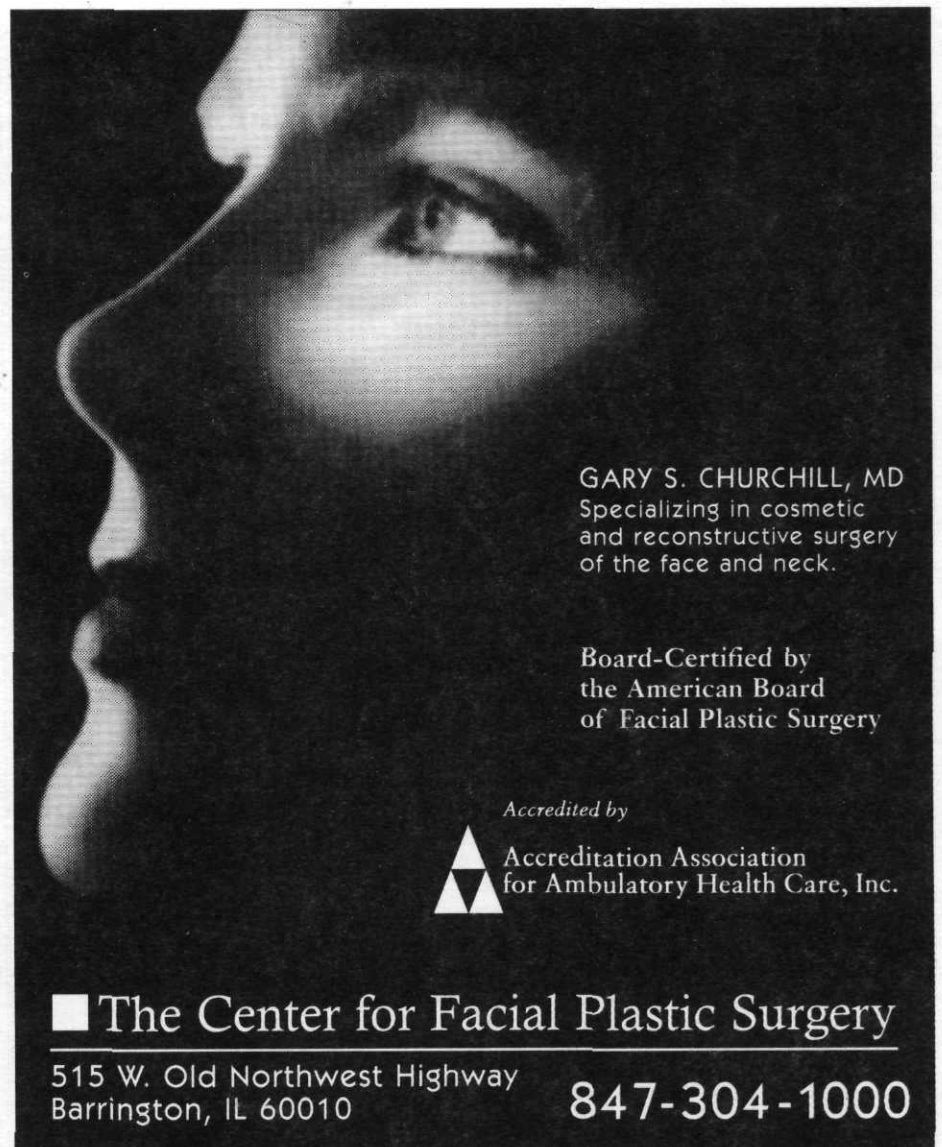
Alpha Gamma Delta January Meeting

The Northwest Suburban Alumnae Club of Alpha Gamma Delta will meet on Thursday, Jan. 27, at 7:30 p.m. in the home of a Mount Prospect member.

Members will jury artists and prepare mailings for the 33rd Annual Kirk School

Spring Showcase of Arts and Crafts to be held on March 5 and 6 at the Samuel A. Kirk School, 520 S. Plum Grove Road, in Palatine.

For more information, call 1-847-358-8450 or 1-847-215-0042.



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Dental Implants—Are You a Candidate?

Implants are revolutionizing dentistry! In most cases, patients no longer need to struggle with removable appliances to eat and smile comfortably. Dental implants have been successfully replacing missing teeth over the past 20+ years.

A tooth has two parts, a crown and a root. The crown is the part seen above the gumline. The root is in the jawbone. The crown and root are fused together in one unit. In order to replace a missing tooth, both the crown and root need to be replaced.

What Exactly are Dental Implants?

The dental implant functions as the root of the tooth. It is placed in the jawbone where the original root was located. Essentially, a dental implant is an artificial root system made of pure titanium and is biologically compatible with the human body.

After the dental implant is placed in the jawbone, a crown can be fabricated to fit on top of the dental implant; therefore, replacing the missing tooth is two separate pieces.

Who is a Candidate for Dental Implants?

- Patients missing only one tooth.
- Patients missing multiple teeth.
- Patients currently wearing a denture



Dr. Phillip Lee Patrone

or partial denture who would like to replace it with nonremovable bridgework.

• Patients who would like their current dentures or partial denture to be more secure and stable.

Dr. Patrone surgically places dental implants for all types of implant cases and specializes in the most challenging implant reconstructions. **Dr. Patrone** is able to restore lost bone for future implants when there wasn't enough bone support in the past. If you have been told that you are not an implant candidate, we may be able to help.

Dr. Patrone is partners with Dr. Stanley Treidler and Dr. Terry Sandroff with offices in Barrington, Arlington Heights, Bloomingtondale and Vernon Hills. Please give us a call at **1-847-277-0181** if you have any questions.

Woodstock Early Learning Center's First Dinner, Auction a Success

Woodstock Early Learning Center held their first dinner and auction fund-raiser on Nov. 6 at Bull Valley Golf Club. Called 'Little Hands Big Dreams', this event benefited the upcoming expansion project at the center.

Over 150 guests attended the dinner and participated in the auction, raising \$53,000 on behalf of the project. Sixty-eight donated auction items included weekend getaways, sports tickets, Marvin patio doors, architectural services and cell phones. Generating \$1,300 for the center, grand prizes included an IPOD MP3 Player and a Webber Grill.

Sponsors for 'Little Hands Big Dreams' were Clarity Telephone, *Northwest Herald*, Blue Ribbon Millwork, AArchitects, HDS Services and two anonymous community donors.

"We're very grateful for our sponsors and the many individuals that helped make this event a success. We are excited to break ground on the project in March," said Terry Egan, CEO and president.

Woodstock Early Learning Center serves 200 area children as a preschool, early learning center and kindergarten. It is a United Way agency and collaborates with



Guests peruse the auction items.

Head Start to provide services for area families.

The center has a waiting list going back several years. To meet the needs of the growing community, two new classrooms are being constructed, and the playground will be refurbished. This expansion will allow the center to serve 40 additional children.

Woodstock Early Learning Center is a division of Woodstock Christian Life Services, a 501c3 charitable organization. For information about giving opportunities, call LeeAnn Atwood at 815-334-6200.

"How to Arrange Supermarket Flowers" on Program

Members of the Green Thumbs of Barrington Garden Club will start off the new year by gathering on Monday, Jan. 10, at 12:30 p.m. at the Barrington Area Library. (This particular meeting is scheduled for the second Monday of the month rather than the usual third Monday.)

The program will certainly be a practical one. A florist from the Jewel-Osco

floral department will demonstrate "How to Arrange Supermarket Flowers." We can all use these reasonably priced bouquets to brighten up our homes during the winter season.

Visitors and guests are welcome to attend. For more information about the club or this program, please contact Carol at 1-847-526-1118.

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Your Health Questions Answered

by Dr. David C. Kolbaba

So OK... It's the beginning of a new year and the pressure is building! Let's not put any more stresses on you. The sustaining effects of your **New Year's resolutions** in the past have not had the staying power anyway, so why stress yourself out. When was the last time you heard a person say, "Yeah, I smoked my last cigarette 23 years ago! It was a New Year's resolution that did it! I made a New Year's resolution to quit smoking and I'm proud to say that I haven't had a cigarette in 23 years!"

I am not saying that New Year's resolutions are a complete waste of time and effort. **However, what I am saying is that New Year's resolutions are a complete waste of time and effort, most of the time!** So, no pressure here! Let's take a more successful approach to making personal changes. I have about 500 of these "baby steps" that I use in our office to promote lifestyle changes. These "babies" make a lot of sense and they work, too! Here are a few for you to ponder and utilize in your daily life.

Make a case for washing your hands. Do you know that washing your hands can reduce your chances of getting sick by 50%? Yes, antibacterial sanitizers work well, very well! Yet they do not defend against every infectious microbe you may encounter. A generalized washing of the hands can be more effective due to the flushing away of any infectious agent that is present on your skin surface.

The virtue of sunlight. At this time of year, it's important to spend time in the sun. Some of us are affected by the shortened amount of daylight in our geographic area. I recommend "soaking up the sun" during the months of November through February. Ten to 15 minutes of sunshine 3 times weekly is adequate to produce the body's requirement of vitamin D. Full spectrum lighting can help, too! See our Newsletter to find a source for this "indoor sunshine".

The dangers of that "new car smell". Ahhh... that new car smell! Buy a new car, get a new car smell. It's as easy as that! Have you heard of a "new breed" of poisoning in recent days? The rude and crude word is termed "out gassing". The "new and improved" word is "xenobiotics". Either way, when you are enjoying that new car smell, you are being poisoned by an emission of toxic plastic residue left over from the manufacturing process. On those hot days of summer, dashboard plastics cook even more and emit toxic gasses! What can we do about it? Open the windows and let the fresh air in! Clean the dashboard plastic with an oil based cleaner.

Essential fatty acids for dry skin problems. Do you have those "little itty bitty bumps" on the back of your upper arms? Rumor has it that you have an essential fatty acid deficiency, the culprit behind this year's "winter dry and itchy skin" problem. You have **three choices** you can make to help yourself this winter.

First, you can do what most people do and buy those exotic skin moisturizers and steroid creams. The benefits are not long-lasting and the steroids, like most ev-

ery drug, are extremely dangerous to your present and future health, no matter what your doctor says! "Remember the Alamo!" ... "Remember Vioxx, too!" **Secondly**, you can move to the Arctic circle, live with the Eskimos for about three years, eating seal fat, and whale blubber! This will get you back on track, but it won't last too long unless you choose to relocate to the northern ice pack. **Thirdly**, you can take a nutrient supplement we carry in our office called **"Fishy Lube"**. It contains all of the missing Omega 3 and 6 fatty acids needed to care, repair and replenish your skin. Taking **Fishy Lube** is like giving your skin and other body tissue a "spa-like" vacation! It helps get your body back up to speed and improves your immune response to infections, too!

Eat before you eat! This is a holiday technique for better health and weight loss too! Eat something good and nutritious before leaving for a holiday party or get together. Choosing something of higher value will quell your food craving later on. Call our office and request a **Crave Arrest** information packet. **Crave Arrest** can lower your unwanted food cravings. Ask for **Crave Arrest**, it works!

Losing weight now versus later. Critical consequences (positive or negative) may occur for those that choose to lose weight now compared with those that choose not to. You lose more weight in the winter climate as the body burns more calories in colder temperatures. **The truest key to successful weight loss is to burn more energy than you take in as food.** A close second to burning more and eating less is **DO IT NOW!** The longer you wait, the more difficult it will be for you to lose weight and keep the weight off no matter what your age! Remember, losing weight does not have to be compromising to your health nor does it have to be sensationalized or overstated either. Just ask the CortaSlim people or should I say "CortaSlime" people. (See them appearing on Court TV with the Federal Trade Commission soon!)

To help you get on the right track this year, join our **"GET HEALTHY! GET LEAN! CHALLENGE" for 2005**. This safe and effective 12 week weight loss and therapeutic lifestyle program is proven to help you lose unhealthy fat while maintaining lean muscle. **Participants in the program have lost up to 11% fat in just 12 short weeks!**

Do more than just lose weight! This program promotes nutrition, diet and exercise while raising your own level of health, too! Losing weight and gaining higher health can really pay off! **The top winners at the "GET HEALTHY! GET LEAN! CHALLENGE" will literally win big prizes! Nationally, our office has won two of the top three awards in the last 2 years, accounting for over \$8,000 in prize money.** Join this year's **"GET HEALTHY! GET LEAN! CHALLENGE!"** You can be a winner, too! In our office, we play to win!

We want to encourage you to play your LIFE to win! Call us for details on how you can join our winning team! **DO IT NOW!**

Call us today and be on your way to better health!

Dr. David C. Kolbaba, DC, DACBN, CCN, CAP is dedicated to the sharing of **natural healing** principles and remedies relating to conservative **Chiropractic care**, and all of its' branches and specialties. He is founder and show host of **Health Quest Radio**, Chicago's longest running health news and science show.



The spirit and central theme of **Dr. David C. Kolbaba & Associates** revolves around loving care. Our goal is to treat the "entire" person - physically, emotionally, relationally, and spiritually while helping to attain the highest possible level of wellness for everyone.

Our Clinic provides the following services to compliment our chiropractic care:

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- Functional Medicine
- Health Coaching
- Nutritional Counseling
- Treatment of Addictions
- Analysis and Testing
- Family Health Care



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- **"Your Health Questions Answered"** Fax questions or e-mail directly to Dr. K at docharleyday@aol.com

Remember... "Your Best Days Are Ahead of You"

Dr. David C. Kolbaba & Associates
Office: 847/428-8850 • Fax: 847/428-8887



Kiss your snow shovel goodbye and start enjoying the carefree life at **Lake Barrington Woods** – the premier senior rental retirement community.

Join us for lunch on Tuesdays or Wednesdays (advanced reservations required) and tour our vital and active community. See our one-bedroom w/den and two-bedroom, two-bath model apartments. And check out our weekly schedule of activities.

Where would you rather spend your winter?

Move in on or before December 31, 2004, and take advantage of 2004 rental rates!

For more information on independent or licensed assisted living at **Lake Barrington Woods**, call 1-847-842-8900 – and come in from the cold!



This rental retirement community is professionally managed by Senior Lifestyle Corporation, a Chicago-based company that has been an active, innovative leader in the development, operation and ownership of senior housing since 1985.

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Lake Barrington Woods Residents Support Our Heroes



Lake Barrington Woods residents and In Home Personal Services, Inc., support our heroes.

November was a whirlwind of activity at **Lake Barrington Woods** as residents of the popular senior retirement community worked together with In Home Personal Services to write holiday cards and assemble and gift wrap packages for our heroes in Iraq. The recipients of their efforts will be the 25th Brigade, 1st Infantry stationed in Mosul.

Pat Livesay Smith, owner of In Home Personal Services and host of the evening event at **Lake Barrington Woods**, has a son stationed in Mosul. **Lake Barrington Woods** residents were delighted to show their appreciation and dedication to the troops as well as the opportunity to meet new friends. The residents have invited

the soldiers who received the cards and packages to visit **Lake Barrington Woods** and meet their new friends when they return from their tour of duty.

Lake Barrington Woods is a rental retirement community offering independent and licensed assisted living. The community is professionally managed by Senior Lifestyle Corporation, a Chicago-based company that has been an active and innovative leader in the development, operation and ownership of senior housing since 1985.

Lake Barrington Woods is located at 22320 Classic Court in Lake Barrington. For more information, call Kathy or Pam at 1-847-842-8900.



Getting Your Tummy Back

by Gregory Michael Bazell, M.D., Diplomate of The American Board of Plastic Surgery, Inc.

Liking the way you look in your lingerie or tight-fitting clothing can be a reality again and being embarrassed to wear a two-piece bathing suit in the summer can be a thing of the past!

A tummy tuck or abdominoplasty is the outpatient procedure designed to produce dramatic improvements in the shape of your abdomen while improving your self-esteem.

Many women spend countless hours in the gym and months, if not years, dieting in an effort to recapture the youthful look of their tummy and waistline. Unfortunately for many women, consistent exercise and weight loss do not produce the results they desire. Even more unfortunate is that many women begin to feel guilty about the appearance of their abdomen and start to believe it is their own fault. This is especially true for women who have had children. With a single pregnancy, the pressure of a baby resting against the abdominal wall along with hormonal changes can permanently stretch the skin, weaken the abdominal muscles, and lead to fat accumulation that is very difficult to get rid of.

Fortunately, the tummy tuck procedure is specifically designed to remove excess abdominal skin, fat, and stretch marks and to restore the abdominal wall muscles to a more youthful position.

Women who undergo this procedure come from many different backgrounds—homemakers, fitness trainers, models, teachers, and other professionals—and they all share the common, predictable appearance of an abdomen subjected to one or more pregnancies.

From a technical standpoint, the tummy tuck incision is hidden in the bikini line, women go home the same day after surgery, swelling and bruising are minimal, pain/discomfort is quite tolerable, and visible results are immediate. Recovery time is about 7 to 10 days with most women returning to light, normal activity within one week following surgery.

Women who undergo this procedure have a profoundly improved appearance of their abdominal area and they will tell you that their body image and self-esteem are greatly improved, that their clothes fit better, that their posture is improved, that they no longer bloat after eating, and that they no longer have to "suck it in" while in public.

Don't forget to make an appointment with our plastic surgery skin care specialist Catherine Zedan Grandi, LE. Catherine is one of the most experienced aestheticians in Illinois and only offers the safest and most effective treatments... Experience the Difference!!!

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Elevation Salon Welcomes Meghan Fruhauff

The team at **Elevation Salon** is excited to welcome Meghan Fruhauff to their team of experienced and friendly stylists. Meghan is a young, energetic stylist who specializes in customizing a haircolor and cut that will suit your fashion sense and lifestyle. Meghan would like to invite you to ring in the new year with a complimentary hair-cut and style with any haircolor service.

The team at **Elevation Salon** specializes in dimensional haircoloring using only the best products imported from Italy. They are conveniently located just one block west of Kelsey Road on Northwest Highway. So break yourself out of the winter blues by scheduling an appointment to refresh your existing hair color or even create a whole new color and style.

Elevation Salon is located at 28686 W. Northwest Highway in Barrington. Call 1-847-304-5970 for an appointment.



Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call 1-847-934-6555 for information.

ChiroFit Opens Its Doors on Cook Street

For the last four years, **ChiroFit** has provided in-home chiropractic care and personal fitness. Now, we proudly open our doors at 117 S. Cook to offer you a complete range of services in our stimulating, fun atmosphere. All services are performed by Dr. Gregory S. Hoffman or one of our two certified personal trainers. Dr. Greg is a former top-level amateur bodybuilding champion and our staff is richly qualified with athletic and clinical experience.

ChiroFit was formed to promote a higher quality of living through care of the human frame, dietary direction, and fitness expertise. Our goals are to assist in disease prevention, enhance physical performance, and help clients enjoy a higher quality of life. We pride ourselves on per-

sonalized and professional service that grows with our clients.

We can assist with acute or preventative chiropractic care, sport-specific training (to minimize related injuries), general personal fitness, therapeutic exercise programs.

Dr. Hoffman, a Palmer graduate of 1996, completed certification levels by the Chiropractic Council of Sports Physicians, and is currently completing his Diplomate of The American Chiropractic Board of Sports Physicians.

ChiroFit welcomes your inquiries at 1-847-382-3194 or chirofit@sbcglobal.net. We dedicate our time to our members so please leave your contact information if we are not able to answer your calls immediately.

BACOA Caregiver Class

The Barrington Area Council on Aging will begin its next six-week "Powerful Tools for Caregiving" class on Thursday, Jan. 13.

The course is designed for the nonprofessional caregiver who is helping to care for a parent, spouse or friend who lives at home, in a nursing home or across the country. This program helps family caregivers reduce stress, improve self-confidence, better communicate their feelings, balance their life, and enhance their ability to make tough decisions and to locate helpful resources.

The course consists of six weekly sessions and is conducted on an ongoing basis throughout the year. The next class, which will run through Feb. 17, will be held from 10:00 a.m. to 12:30 p.m. at Harris Bank, 201 S. Grove, Barrington.

The suggested donation is \$30 per person to cover the cost of materials and instruction. But no one will be turned away due to an inability to pay.

For more information on upcoming courses or to register, please call BACOA at 1-847-381-5030.

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Dr. Gregory S. Hoffman
Chiropractic / Personal Exercise

Appointments: 847-382-3194
chirofit@sbcglobal.net

117 S. Cook St. (Upper) Barrington, Illinois 60010

Community Volunteers Sought

Barrington Area United Way is seeking community volunteers to help evaluate funding requests submitted by health and human care service organizations desiring funding during 2005.

Volunteer training for the allocation process will be held on Monday, Feb. 7, from 6:00 to 8:00 p.m. at Saint Paul United Church of Christ, Barrington. This training is mandatory for all new volunteers. Volunteers will be divided into service areas that are funded by the Barrington Area United Way. Additional duties include a visit to the health and human care service organization assigned, a review of agency proposals, and attendance at an agency request presentation meeting to be held

at the Village Hall on Thursday, March 3, from 6:30 to 9:30 p.m.

The volunteers will review requests against the needs of the community and available funds. Recommendations are discussed with the Barrington Area United Way board of directors who makes the final allocation decisions. The entire process is from Feb. 7 to March 10, 2005, for approximately 10 hours of service, mostly evenings.

Allocations are one of the most critical activities of the Barrington Area United Way and have an impact the community as a whole. Interested volunteers are asked to contact the BAUW office at 1-847-382-8778.



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Dementia Program

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Licensed Nursing Care for
those who require daily
assistance with medical
and personal needs

Hearthstone Village
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Rehabilitative and Nursing Care

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An Appeal to Help the Young and Old

For 120 years, **Woodstock Christian Life Services** (or WCLS) has served the very young and very old of McHenry County. Today, their early learning centers in Woodstock and Belvidere serve a record 598 children, and their Hearthstone Senior Living Community serves 277 seniors in Woodstock.

Over one third of the residents at **Hearthstone Manor** have outlived their personal savings and rely on Medicaid state funding. WCLS loses nearly \$50,000 every month in uncompensated costs for nursing home care. Over half the children at **Woodstock and Belvidere Early Learning Centers** are from families who rely on financial assistance. In 2004, WCLS contributed over \$50,000 toward the cost of tuition for these children. In total, WCLS received \$627,000 less than their costs in

the last year. As a charitable organization, WCLS receives limited tax dollars and must rely on gifts and monetary donations to continue their mission.

WCLS conducts fund-raising appeals twice a year, hosts several major fund-raising events, is the recipient of grants, and is the beneficiary of annuities, trusts and bequests. Bequests from individuals remembering WCLS in their estate planning provide the majority of the funds.

Folks give to WCLS for a variety of reasons, such as working or volunteering there, because they have a family member or friend living in the community, or they know the value of the mission.

To learn how you can help WCLS during the holiday season and throughout the year, please call Deb Rabine at **815-321-4039**.

Election of the District 220 Foundation Board of Trustees and Officers



(From left) Jon Stickney, Jodi Young, David Buckley Jr., Carol McGregor and Dave Tilles

The District 220 Educational Foundation elected officers and four new trustees to the board of directors at its annual meeting last September. The new trustees are: David P. Buckley Jr., Jon C. Stickney, David Tilles and Jodi Young.

David Buckley Jr. is a partner in a law firm in Barrington and has been an officer on the board of St. Michael's Episcopal Church.

Jon Stickney is a local banker and member of several community organizations. He also serves on the fund-raising committee of the Juvenile Diabetes Research Foundation.

David Tilles' background is in remedial education. He owns a local business and has served on the foundation's Public Relations Committee since 2002.

Jodi Young has been active in several community groups, including the Countryside School PTO and Barrington Children's Choir. In addition, she has co-chaired several of the foundation's special events.

Both Buckley and David Tilles are 1986 graduates of Barrington High School. All

four newly elected trustees have children in District 220 schools.

Retiring from the board of directors are Willard Brown Jr., Daniel Jones, Ed Tilly and Denise Meroni Vollman. Willard Brown served as trustee since 1999, when the foundation was chartered. Each of the retirees has shared a strong commitment to the community for excellence in education by taking part in the leadership of the foundation.

Also elected at the foundation's annual meeting were Susan L. McGrath, chairman; Penny Kazmier, vice chairman of projects; Joanne C. Bradley, vice chairman of resource development; R. Richard Lamkey, secretary; and Joseph P. Connelly, treasurer.

The mission of the District 220 Educational Foundation is to acquire and distribute resources throughout Barrington Community Unit School District 220. The resources support programs and projects aimed at enhancing, enriching and supplementing learning opportunities for students, staff and community.

Indiana.

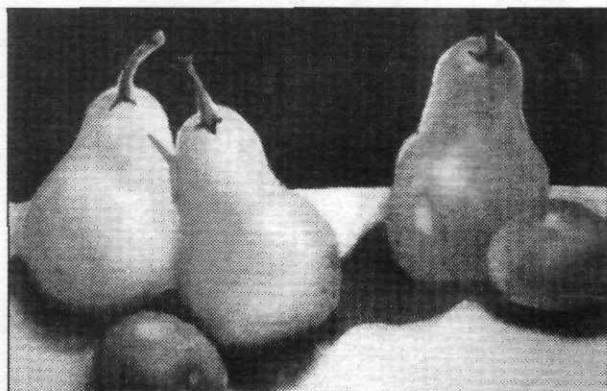
Arlene has been painting in watercolors for the last 10 years. She exhibits and sells her paintings at various local art shows. She has received awards from summer art fairs, the DuPage Art League Gallery and has achieved signature status in the Illinois Watercolor Society. Her award-win-

ning paintings are in private collections in Wisconsin, Illinois, Arizona and Florida.

This interesting program begins at 1 p.m. at the Barrington Area Library, 505 North Northwest Highway. There is no charge; the public is invited.

For additional information, please contact Mary Wajda at 1-847-991-1207.

The History of Watercolors Art Associates Program



Pears by Arlene Martin, Watercolor

On Jan. 18, in the next Exploring Art program for the Barrington Community Associates of the Art Institute of Chicago, Arlene Martin will discuss the history of watercolors as a medium with a slide presentation of present-day watercolorists from the TWSA (Transparent Watercolor Society of America) 2004 show.

There are many watercolor societies that provide opportunities to exhibit "water-based media". But the TWSA is one of the few whose unique purpose is to preserve and present transparent watercolor as a major medium.

Arlene will explain the specific guidelines that must be followed. She was born in Elkhorn, Wis., and grew up on a dairy farm. She received a bachelor's and a master's degree from the University of Wisconsin in Madison and then a master's in education degree from National-Louis University in Illinois.

After retiring from many years of teaching, she felt fully released to concentrate on developing her creative skills through her art. No longer acting as a "Sunday painter" because it was fun, she now feels Sundays aren't long enough to say she is serious about her painting.

Arlene is an avid gardener too. She maintains a beautiful flower garden. In her flower paintings, she is trying to convey a close up view of nature's beauty in each bloom and preserve her impression of each flower for years through her art.

She has studied drawing; design; painting in watercolor; acrylics, oils, pastels; ceramics using the potter's wheel; drawing live models of figures and portraits; and art history. Arlene has studied with professional watercolorists Jan Kuntz of Oregon, Thomas Trausch of Illinois, Mel Stabin of New Jersey and Joe Fettingus of

Happy New Year!!

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, would like to wish everyone a happy and prosperous new year! With the new year, many people take this time to evaluate their child's current educational setup. We have many activities to keep young minds busy. Our highly-qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our theme-based curriculum includes activities such as art, circle time, sensory experiences, fine motor development and phonics. The themes for January will be Winter, Space, Hibernation, School Spirit Week and Same/Different.

It is not too early to be thinking about your summer plans! We are in the process of writing the summer curriculum. Why not get a jump on everyone else and schedule a tour? In the summer, we of-

fer a summer camp type atmosphere. We schedule field trips for the children 3 to 6 and offer many in-house activities for the 2-year-olds.

Starting in January, we will offer **play-dates for nonenrolled children!** It will be on a Saturday from 9:00 to 11:30 a.m. We will have a circle time, a craft activity and a small snack. It will be a great way to check out our facility and see if it is the right place for your child! The first scheduled playdate will be **Saturday, Jan. 8**. To schedule your child, please call the center.

Barrington Community Child Care has limited spaces in rooms ages 6 weeks through 6 years. **This year, we also provide busing to Roslyn Road School for kindergartners!** For enrollment information or to schedule a tour, contact Terri Knaack, director, at **1-847-381-0272**.

Investment Resolutions for the New Year

Here are a few New Year's resolutions from Debbie Schoendorf, CFP® and second vice president-investments with **Smith Barney** in Barrington, that may be easier to stick with than many of the traditional January vows.

Analyze the holdings in your portfolio in light of your investment objectives, time horizons and your stage of life. For example, if you have mostly stocks and you are approaching retirement age, think about reallocating a portion into bonds or fixed-income investments. Their long-term return potential may not be as great as stocks, but neither is the short-term volatility. Even if you are of retirement age and want to invest conservatively, try to maintain at least a portion of your portfolio in equities to help guard against the potential negative effects of inflation.

Consider the quality of an investment and investigate its long-term track record before committing money. When evaluating your portfolio, do not judge your investment solely by returns for the past year. Past performance is no guarantee of future results, and a good investment can have an off year and still provide good

returns over the long term.

Always be prepared for unexpected cash needs: medical bills, childcare, home repairs and living expenses in case of a job loss. Keep part of your portfolio liquid as a cash reserve.

The amount you keep after taxes is the most accurate measure of your investment's performance. Your tax bracket, investment objective and changes in tax codes can make changing your investment strategy worthwhile.

Develop a strategy to leave an estate for your children, grandchildren, other heirs or a favorite charity. Ask your financial consultant about helping your beneficiaries eliminate probate and other estate-planning issues.

You may want to save this article as a checklist for your next appointment with your financial consultant.

Smith Barney does not provide tax or legal advice. Please consult your tax or legal advisor for such guidance.

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AAUW Upcoming Events

The American Association of University Women promotes equity for all women and girls, lifelong education, self-development, and positive societal change. Membership is open to any graduate of an accredited university/college.

On Saturday, Jan. 29, the Barrington Area Branch will network with other Northwest Suburban branches at the Deerfield Hyatt with luncheon at 11:30 a.m. Deborah Card, president of the Chicago Symphony Orchestra Association, will be the featured speaker. She was executive director of the Seattle Symphony prior to joining Chicago in August 2003.

This is the 22nd annual Networking Luncheon. Tickets are \$32 with a choice of salmon or chicken or vegetarian for an entree. Deadline for reservations is Jan. 22; checks should be payable to the 22nd Networking Luncheon. Call Bobbie at 1-847-381-3315 for reservations.

Starting Jan. 25, the Barrington Area Branch of AAUW sponsors a weekly Great

Decisions study and discussion group, which uses the annual publication from the Foreign Policy Association. This year's topics include: U.S. Intelligence, Russia, China, the Global Poverty Gap, the Middle East, Global Water Issues and Outsourcing Jobs. Meetings are held Tuesdays at 1:00 p.m. at the Barrington Library starting Jan. 25. The program will run for eight weeks. Call Bobbie at 1-847-381-3315 for more information.

The January Luncheon Book Discussion group meets Jan. 12 at The Garlands to discuss *The No. 1 Ladies' Detective Agency* by Alexander McCall Smith. The Evening Book Discussion group will meet in a member's home Jan. 25 at 7:30 p.m. to discuss *The Girls with the Grandmother Faces* by Frances Weaver.

Shirley Conibear is president of the Barrington Branch. Kathryn Black is program vice president. Preeti Gupta is membership vice president. For more information, call Mary Lou at 1-847-382-5989.

Barrington Community Child Care Center

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- Large, child-friendly classes with diverse, enriching environment
- Saturday Playdates for non-enrolled children
- Summer Camp up to age 6
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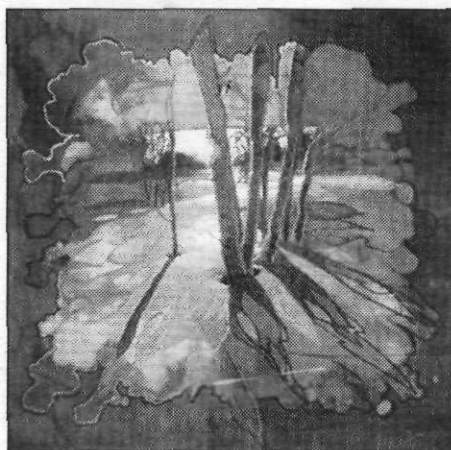


Exhibit at the Library Gallery

The Barrington Area Arts Council's Gallery at the Barrington Area Library presents "Landscapes of the Inner Eye" by Suzanne Garnier featuring fiber paintings and encaustic mixed media.

The common thread throughout her body of work is that of spiritual awareness and inner journey. She's found an important goal in realizing the sacred in creation: the beauty of color, pattern and shape in landscape whether of nature or of the soul. She portrays her vision of this deeper dimension through juxtaposition, interplay and redefinition of beauty as discovered in symbol. To create beauty out of chaos is always a challenge.

The exhibit will be on view at the Barrington Area Library located at 505 N. Northwest Highway in Barrington from Jan. 14 to March 6, 2005, during regular



Winter Color by Suzanne Garnier

library hours.

For more information, call the BAAC Gallery at 1-847-382-5626.

Meet the Author Diane P. Kostick

The Barrington Area Arts Council and the Barrington Writers Workshop invites you to meet author and educator, Diane P. Kostick, who will read from and sign copies of her book, *Voices of Barrington* (Arcadia Publishing), on Saturday, Feb. 12, from 2 to 4 p.m. at the Barrington Area Library. She will also show a slide presentation, speak about her research for the book and answer questions. Light refreshments will be served.

Those featured in *Voices of Barrington* include Sam Oliver of Citizens for Conservation, Bill Rose of Rose Packing, science fiction writer Gene Wolfe, photographer

T.R. Youngstrom, Jack Noyes DVM, Volunteer of the Year Audrey Veath, town barber Ray Tourville, lifetime resident Lola Rieke, and Harold Lipofsky, department store owner, developer and civic leader.

Diane Kostick is a longtime resident of Barrington, a member of the Barrington Writers Workshop, recently retired after more than 25 years of teaching at both Arnett C. Lines Elementary and Barrington Middle School Prairie Campus in Barrington. She has published many handbooks on writing, improving writing skills for schoolage children and other subjects.

AGWERX Offering Customized Futures Portfolios for Customers

AGWERX, a Barrington-based futures brokerage firm, is developing customized futures portfolios and trading systems for investors interested in diversification beyond stocks, bonds and real estate.

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folio to cover. At that point, AGWERX will begin developing and testing different investment methodologies based on *your specific criterion*.

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For more information and a FREE introductory package, call Mark Anderson at 1-847-756-4390 or visit www.agwerx.com.

BCLOC Officers and Board Members



Pictured are the Barrington Chapter officers and board members at the post concert party following the recent celebration of Lyric Opera of Chicago's Golden Jubilee. The concert showcased many of today's finest operatic talent singing the significant repertoire from Lyric's first 50 years. Standing (from left) are Mary Robins, Arlington Heights, co-president; George Obermaier, Schaumburg, vice president membership; Toni Savadel, Carpentersville, vice president programs; Howard Robins, Arlington Heights, director of development; and Terry Bolger, Palatine, BCLOC member. Seated are Norma Carey, Barrington, recording secretary; Maureen Brown, Barrington, co-president; and Sue Obermaier, Schaumburg, BCLOC board member.

Barrington Chapter of Lyric Opera board members plan and prepare the chapter's monthly program events. Vice president programs Toni Savadel of Carpentersville (center) is supported by her hospitality co-chairs Elaine Mateucci (left) and Mary Green, both of Barrington.



A well-known and active member of the Barrington community, she was recently a contributing columnist to the *Barrington Courier Review*, where her monthly showcasing of people who have lived in Barrington all of their lives, some since the early 1900s, was well received by those who value the history of Barrington and its citizens. This served as a prequel to her book, *Voices of Barrington*. Diane plans another similar writing project in the future, drawing out yet more stories of Barrington and those who have made their mark here.

This event is one of several in a new se-

ries entitled "Meet the Author", a program sponsored by the Barrington Arts Council and the Barrington Writers Workshop.

For further information or to make reservations, please contact Anna at 1-847-382-5626.

The Barrington Area Arts Council, now in its 27th year, is a not-for-profit arts organization that supports, promotes and sustains programs in the visual, literary and performing arts. It is partially funded by individual and corporate support, grants from the Illinois Arts Council, a state agency, and the Village of Barrington.



LIFESTYLES

Homes & Interior Designs

SECTION

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committed to creating imaginative yet practical **ORG**anizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your ever-changing **ORG**anizational needs. Check out some ideas and solutions at www.homeorg.com.

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A "One-Stop Shop" for Kitchen Redesign

by Tamara Tabel

Mary Ann and Tom Thilmany of Palatine were looking to make some substantial changes to their 30-year-old kitchen—the removal of a wall, new cabinets, new flooring, new lighting, new appliances—a whole new look! After visiting the showroom, the Thilmans felt that **Barrington Kitchen & Bath Studio** and **Delta Renovations** had the quality products and hands-on expertise to handle their kitchen remodel from start to finish.

"We didn't want to use multiple individuals for the job," said Tom Thilmany. "And **Barrington Kitchen & Bath** and **Delta Renovations** offered a 'one-stop-shopping' experience. We knew that they'd been in business for many years and were impressed by their past work, their referrals and the quality of the cabinetry they offered. They could do everything."

Originally, the Thilmany kitchen had a small island and built-in, bench-style seating area for dining. They wanted to eliminate the wall between the kitchen and family room, and add a larger island that was decorative, yet functional, with a cook top, plenty of storage and seating for three.

Both the Thilmans and **Barrington Kitchen & Bath** designer Marybeth Baum also wanted to create lots of visual interest. The final design includes varying cabinet heights, both wood and glass cabinet doors, and a dramatic lighted display case in the island—a warm, inviting addition that welcomes guests as they first enter the kitchen.

The Thilmans wanted a look that was not too contemporary, but also not extremely ornate. They chose cherry Crystal cabinetry with a honey tone and a port wine glaze. The granite is Santa Cecilia, golden with black veins and wine-colored spots. The edges of the cabinetry are softened with rounded edges and a picture frame design. And the curve is also picked up in the granite—bull nose edges and a slight curve on the ends to further soften the look and give a slightly more formal feel.

To create a seamless look and feel between the kitchen, family room and the hallway, oak flooring was used throughout, finished with a stain that complements both the family room's oak bookshelves and the kitchen's cherry cabinets.



The Thilmans love their new kitchen and say they "wouldn't change a thing!"

The extensive renovation and installation was expertly performed by **Delta Renovations**. Delta oversaw every detail, from the removal of the wall between the kitchen and family room (a load-bearing wall requiring extensive electrical and duct work) to the final finishing touches.

"The quality is excellent!" said Ron Woods. "Our designer from **Barrington Kitchen & Bath** and our foreman from **Delta Renovations** treated our project as if it were their own kitchen."

At the completion of their kitchen, Mark Zurek, president of **Delta Renovations** asked the Thilmans what they'd change if they could go back and do it all again. Mary Ann Thilmany replied, "I wouldn't change a thing."

If you're considering an update to your kitchen or bath, or a whole new addition, talk to the experts at **Barrington Kitchen & Bath Studio** (847.381.3084) and **Delta Renovations** (847.277.1305). They can add new life to your home!



BEFORE: The original kitchen was closed off from the family room by a wall.



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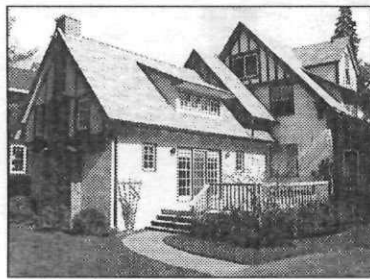
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Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring." And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to August.

We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to complete your plans, collect construction bids, and pull permits by March or early April. You would then be able to enjoy your new space for the majority of this new year



and not have your entire summer/fall "under construction."

Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to discuss your project. Please feel free to contact John C. Cazzetta at **Kemper Cazzetta Architects**, to arrange an appointment and to preview our extensive residential portfolio.

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DEER PARK	28	87	\$573,000	\$584,482	\$835,000	\$400,000
HAWTHORN WOODS	125	96	\$568,500	\$584,579	\$1,035,000	\$315,000
INVERNESS	59	139	\$640,000	\$687,253	\$1,272,000	\$287,000
KILDEER	66	123	\$705,000	\$767,405	\$1,945,000	\$360,000
LAKE BARRINGTON	35	147	\$695,000	\$714,154	\$1,300,000	\$301,000
LAKE ZURICH	294	57	\$324,500	\$338,012	\$875,000	\$110,000
LONG GROVE	111	101	\$725,000	\$785,174	\$1,800,000	\$340,000
NORTH BARRINGTON	55	188	\$850,000	\$937,636	\$2,670,000	\$285,000
PORT BARRINGTON	17	74	\$284,000	\$289,874	\$405,000	\$178,000
SOUTH BARRINGTON	49	191	\$875,000	\$1,111,602	\$3,785,000	\$527,500
TOWER LAKES	8	105	\$492,500	\$482,500	\$812,500	\$264,000

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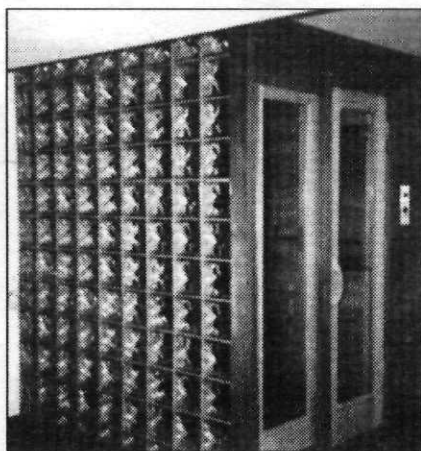
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital and of Finland,'" according to *Spa and Sauna Magazine*.

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

In fact, many feel it's one of the most effective detoxifying treatments available.

Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations with spouses, friends and children," *Spa and Sauna Magazine* continues.



For more information about the benefits of sauna, see **Swanson's Spas & Saunas** on Rand Rd. in Lake Zurich.

Citizens for Conservation Restoration Volunteers Start Winter Schedule

Citizens for Conservation restoration volunteers have begun their winter schedule. Volunteers will clear brush every Saturday morning from 9 to 11 a.m. All work is done on preserves in the greater Barrington area.

New volunteers from all communities are welcome to join this hardy group.

Meet at CFC Headquarters, 459 West Highway 22 in Barrington; look for the white farmhouse with a silo across from the entrance to Good Shepherd Hospital. Bring work gloves and dress for the weather. Equipment will be furnished.

Call CFC at 1-847-382-7283 for more information.

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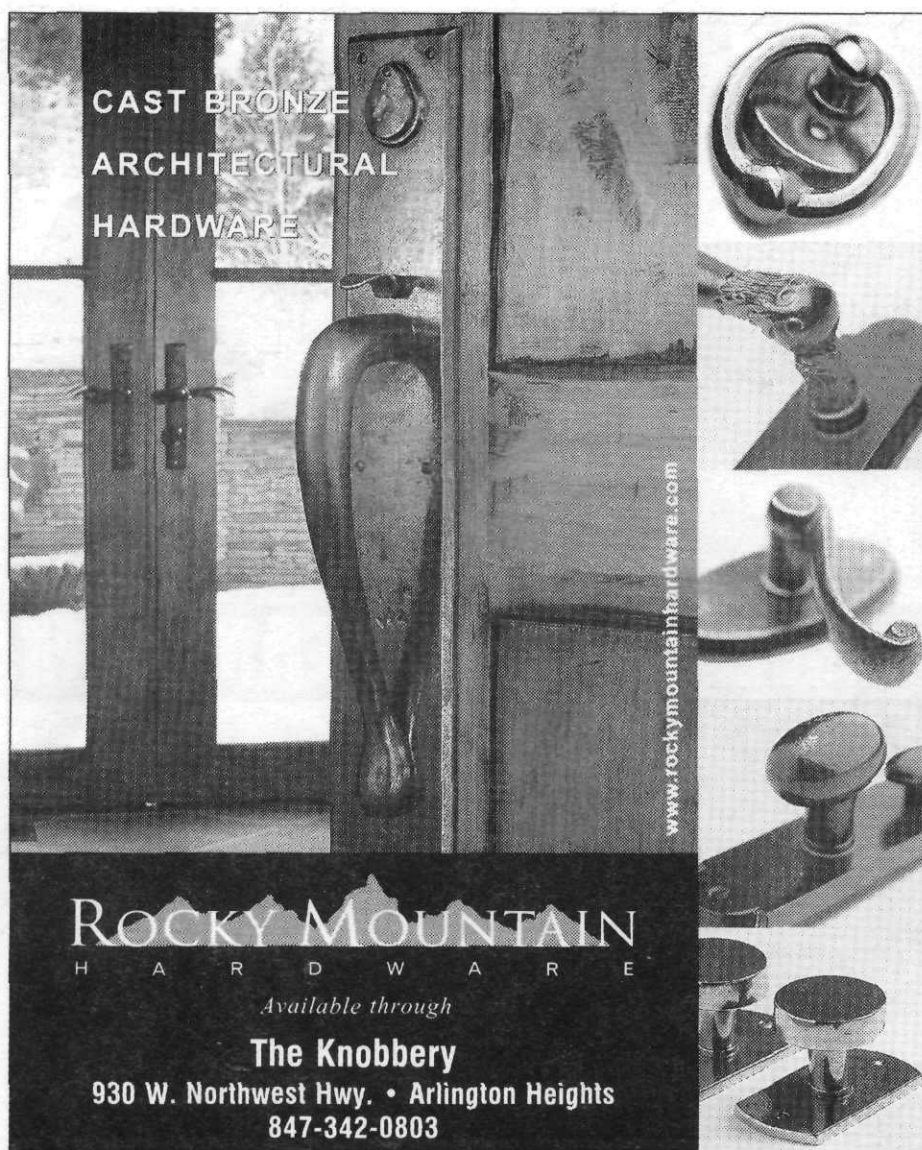
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Family Heirloom Textiles Topic for DAR

Signal Hill Daughters of the American Revolution will start the new year with a meeting on Jan. 18, 2005, at the Barrington Area Library, 505 N. Northwest Highway, Room B. The business meeting will start at 11:30 a.m. with refreshments and program to follow at noon.

Lynne Mickie Smaczny from the Des Plaines History Center will present the program "Family Heirloom Textiles". Lynne will tell us all about the proper steps of folding, padding and packing your heirlooms. Bring a treasured item to show.

Hostesses for the day will be Bonnie Free, Phyllis Garner, Peggy Scoville, Linda Wichman all of Barrington, and Iva Lee VanBuren of North Barrington.

Anyone needing more information or

a ride to the meeting may contact Sally Hansen, 1-847-658-7292.

Have you ever thought about becoming a member of DAR or wondered what you needed to qualify for membership? Come to the meeting and talk to our registrar or membership chairman. To be eligible for membership, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriot service. We are eager to help prospective members trace their ancestry. Lineage workshops are held in April and October or you may arrange for private assistance by contacting Margaret Christiansen, 1-847-836-1758, or Judy Koral, 1-847-526-4054.

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Starfire Homes maintains solid relationships with professionals and suppliers, which means better pricing. **Starfire Homes** also combines exhaustive research and advanced engineering skills to stretch construction dollars further, while not compromising building integrity.

Starfire Homes will provide you with an accurate bid for your project. And we always review final bids and proposals with you.

We would sincerely appreciate a chance to show you what we can do. If you have any questions, do not hesitate to call me, Matthias Jans, president of **Starfire Homes**, at **1-847-359-3800 ext. 20**.

Patrick A. Finn, Ltd. Now Building Custom Homes in Barrington

Patrick A. Finn, Ltd., an established quality builder of custom estate homes and fine quality renovations, has begun doing business in the Barrington area after over a decade of experience in the Northwest Suburbs, the North Shore, and Chicago.

One of their latest projects is a home located at 535 S. Division in Barrington. It is a newly built custom home, designed in the arts and crafts style by local architect Linda F. Grubb. It is Patrick A. Finn's second project in Barrington in the past year.

Company owner Patrick Finn says his company specializes in "infill" development: renovating, restoring, or replacing older homes in more established areas of town so that they blend in and complement the surrounding neighborhood. "Most of the homes we build are traditional in style, and one of the areas in which we specialize is the arts and crafts style of building," he said. "It's a popular style today, and it gives us a chance to show just how skilled our craftsmen are in their trades."

They must be very skilled. Patrick A. Finn, Ltd. has had four of their projects featured on HGTV, three on the program *Before and After* and another on *New Spaces*.

When asked what makes his company different from other builders, Finn replied, "There are three things that make us different—our experience, our skilled craftsmen, and most of all, our attention to detail." They've built, remodeled, or renovated over 100 homes in the Chicagoland area. Their skilled team is made up of experienced journeymen carpenters who are dedicated, long term employees. "Attention to detail is our most important difference." Finn gives his personal attention to each project, and meets with his clients on a regular basis until the project is complete.

In the coming months, there are plans to expand the business to include an upscale kitchen and bath division, with a showroom that will be open to the public in their Mt. Prospect office.

Completed projects can be viewed on their web site at www.patrickafinn.com.

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Long Grove-Kildeer Garden Club

The next meeting of the Long Grove-Kildeer Garden Club will be held on Jan. 10. We plan to tour the library and plant information center at the Chicago Botanical Garden in Glencoe. We will depart

from Reed Turner Woodlands in Long Grove at 9:30 a.m. sharp. After the tour, we will have lunch at the Garden Café. For more information, contact Penny at 1-847-540-8212.

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Incomparable estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



BARRINGTON HILLS

Set on 9+ private, rolling & wooded acres, this brick residence is abundant in character & charm. This 1930s classic features 4 br, 3.2 ba, exquisite architectural detail, 3 fpls and finished LL. The magnificent grounds offer extensive brick paver terraces, sparkling pool, delightful pool house. Garage parking for 5 vehicles.

OFFERED AT \$1,750,000



BARRINGTON HILLS

Outstanding 6 br, 8.5 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Magnificent architectural design and detail. It includes a stunning gourmet kitchen, sumptuous master suite, 6 fireplaces, finished walkout lower level, Stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,990,000



BARRINGTON HILLS

This enchanting country home is set on 6+ rolling acres w/ sparkling pool, pool house, tennis court & 4-stall barn. The updated & expanded residence offers a country kit, fabulous master suite, study, formal LR & DR, inviting FR & fin walkout LL. Walls of glass capture idyllic views of magnificent prof landscaped grounds & countryside.

OFFERED AT \$1,289,000



BARRINGTON HILLS

Build your dream home on this magnificent wooded hilltop overlooking a private secluded lake. 5 tranquil lakefront acres in a most prime location just minutes to the village. This unmatched site is ideal for walkout lower level construction. Enjoy the giant oaks, hickory, spruce, and beautiful Lacey Lake.

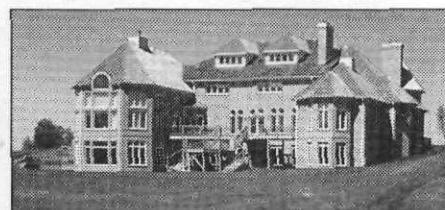
OFFERED AT \$999,000



INVERNESS SHORES

Spectacular waterfront residence. This custom, original-owner home is set on a quiet peninsula on a private lake. Architectural Digest quality kit has custom cherry cabinetry, granite countertops and top-of-the-line appliances. A fin w/o LL, inground pool & extensive outdoor entertaining areas enhance the resort-like ambiance.

OFFERED AT \$1,195,000



BARRINGTON

No expense was spared in creating this beautiful waterfront home in Braymore. Offering state of the art features, the home reflects the finest architectural design & detail throughout. Volume ceilings, 5 fpls, 2 gorgeous kits & incredible indoor pool. A remarkable home on a lovely site in a wonderful neighborhood.

OFFERED AT \$2,849,000



BARRINGTON HILLS

Set on over five wooded lakefront acres, this gracious, renovated 100 year old Victorian offers elegant appointments, six bedrooms four full and two half baths and a charming guest house. The epitome of refined country living, it enjoys idyllic views of a sparkling private lake.

OFFERED AT \$1,499,000



BARRINGTON HILLS

This outstanding, custom designed, Nantucket style residence is set on five private, heavily wooded acres. The five bedroom, six full and two half bath home offers the highest quality design, detail and finishes, a magnificent two story kitchen, conservatory, generous room sizes & five car garage. Enjoy the spirit and style of New England in this gorgeous home and beautiful setting.

OFFERED AT \$2,995,000



SOUTH BARRINGTON

A home for the ages. Reminiscent of the great houses of Europe, this magnificent residence offers unmatched architectural design and detail, 15 fireplaces, stunning, top of the line kitchen, luxury baths, volume ceilings and full, finished walkout lower level. All bedrooms have sitting areas with fireplaces. There is an indoor sport court with "skybox", Roman spa and 10 car garage.

OFFERED AT \$7,250,000



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Opera Lectures Offered



The Barrington Chapter of Lyric Opera of Chicago's Outreach Community Education Program sponsors lectures with musical illustrations preceding the featured operas at Lyric Opera of Chicago.

As part of the Garlands of Barrington's Lifelong Learning Center, BCLOC presented a lecture on *The Cunning Little Vixen*. Following the lecture, guests gathered to enjoy camaraderie with BCLOC members, guests and residents of the Garlands.

Pictured at the Garlands were (from left) Catlin and Dori Hoyne. Mary and

Howard Robins (seated) from Arlington Heights, co-founders of LOC's award-winning lecture corps, presented the lecture.

Upcoming BCLOC lectures at the Garlands of Barrington are:

- *Fidelio*, Thursday, Jan. 13, 3:30 p.m.
- *Tosca*, Friday, Jan. 21, 3:00 p.m.
- *Ring Cycle*, Friday, March 18, 3:00 p.m.

Lectures are free, but seating is reserved. Please phone Jill Lund, director of activities at The Garlands, at 1-847-756-3200.

For information on BCLOC, please call 1-847-985-0837.



Good Shepherd Hospital Auxiliary Invites Community to "Gift of Hope, Organ and Tissue Donor Network"

The Auxiliary of Good Shepherd Hospital will hold its general meeting and installation of officers at a luncheon on Friday, Jan. 14, 2005, at the Wynstone Country Club, 1 Wynstone Drive, North Barrington. Social time will begin at 11:00 a.m., followed by the meeting and installation at 11:30 a.m. The luncheon will be at noon, and the program will conclude at 2:00 p.m.

This year's program is from Gift of Hope, Organ and Tissue Donor Network. Speakers will include Roxanne L. Cauwels, hospital development manager from Gift of Hope; Anne Gulotta, a Barrington resident and donor; and Steve Ferkau who is a double lung recipient.

Last year, Gift of Hope Organ & Tissue Donor Network worked with 309 families who said "yes" to organ donation. Through their generous decision to donate life, Gift of Hope provided 972 life-saving organs for transplant. In addition, 870 families consented to tissue donation,

enabling tens of thousands of patients to receive medical transplants of bone, heart valves and other tissues. To learn more about organ and tissue donation, please visit www.giftofhope.org.

If you have any questions regarding the auxiliary or would like additional information about the luncheon, contact Marion Wulff at 1-847-382-4720 or 1-847-738-5296.

To place a reservation for the luncheon, send a \$20 check, payable to the Auxiliary of Good Shepherd Hospital, to: Marion Wulff, 477 Eton Drive, Barrington, IL, 60010. Reservation deadline is Jan. 6. Auxiliary members are encouraged to bring a guest and all community members are welcome.

Advocate Good Shepherd Hospital is located on Route 22, two miles west of Highway 59, northwest of Barrington. For more information regarding the Auxiliary of Good Shepherd Hospital, call 1-847-381-0123, ext. 265104.

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

Happy New Year! I do hope your holiday was cheerful and bright. With the new year upon us, it is the traditional time to recall the past year and to be truly thankful for the graces we have received. This year, I am humbled by the fact that our dealership has four employees that were honored for their 20 years of service to **Wickstrom Ford**: service director Lee Liotta, parts manager Pat Morgan and his assistant, Ted Gens, and sales manager Doug Olsen.

Unlike major corporations that have little collective memory, our family can readily remember the days when we first opened Barrington Ford in 1984. These four men were our backbone that first year. I know that I cannot expect that they will be working here another 20 years—we'll have retirement parties before then—but I can hope that they will remain healthy in spirit and strong in mind for the next 20 years! Thank you for 20 won-



derful years!

Wickstrom Ford Lincoln Mercury is pleased to showcase a number of new 2005 models for your inspection: Ford Five Hundred sedan, Ford Freestyle cross-over and Mercury Montego sedan. In their second model year are the Ford Freestar and Mercury Monterey vans. Stop in and pick out yours for the new year!

Sharon Prassel Interiors— A Full-Service Interior Design Firm

Sharon Prassel Interiors is a full-service interior design firm that offers consultation, space planning and purchasing services for furniture, floor coverings, wall coverings, lighting, fabrics and window treatments.

We feature distinctive and unique custom-made Amish cabinets. These cabinets are great for kitchens, bathrooms, bars, bookcases and entertainment centers. Our prices are so competitive; you don't have to settle for mass-produced cabinets.

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Whether it is an hourly consultation or a full-service design, **Sharon Prassel Interiors** has the creativity and experience to bring it all together in a dynamic new look for your entire home. If you want that exciting new look, call **Sharon Prassel Interiors** today at **1-847-381-3888** to schedule your appointment or e-mail sharon@sharonprassel.com.

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Oakview Kennel offers a full-service grooming facility for all your pets' beauty needs. With over 16 years experience in the grooming industry, our grooming staff can bathe or groom your pet seven days a week.

Please call to make an appointment. We also have boarding and obedience training. Just ask!



Oakview Kennel & Cattery—1-847-526-1388.

Women's Club of Inverness Announces 2005 Fashion Show Theme

The Women's Club of Inverness held their annual Holiday Luncheon on Thursday, Dec. 9, at the Inverness Golf Club. The entertainment was a wonderful single act of *A Christmas Carol* by Ed Dzialo and Rose Productions. The program was a delightful kickoff to the holiday season.

The mystery is over and the waiting to hear what this coming year's fashion show theme will be has come to an end. Chairperson Jay Kist and co-chairs Rosemary Insolia and Jane Cazel announced the 2005 Fashion Show theme using an entertaining video of *Breakfast at Tiffany's*, this year's theme.

Their plans are quickly coming together, and the fun has just begun. Jay has already



Around the poster of Audrey Hepburn in *Breakfast at Tiffany's* are (from left) Rosemary Insolia, Jay Kist and Jane Cazel.

started putting her team together, who are all brainstorming wonderful ideas in or-

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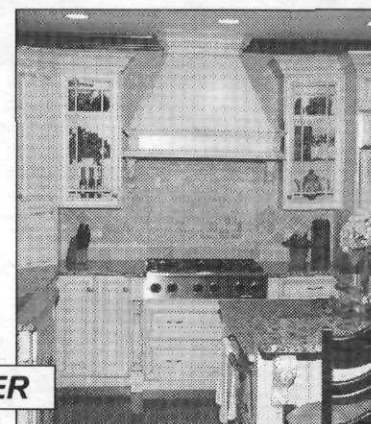
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NEW YEAR'S

JAN. 2

9 A.M. - 6 P.M.

9 A.M. - 12 P.M.

3 P.M. - 6 P.M.

9 A.M. - 4 P.M.

CLOSED

12 P.M. - 6 P.M.



der to put on another wonderful day for everyone. The fashion show will be held on Friday, April 15, 2005, at The Stonegate Conference Center, by ZZAZZ Productions. Don't miss it! Volunteers are welcome.

The committees are as follows: Ad Book, Carolyn Orr, Sue Farmer; Baskets, Cindy Parkin; Boutique, Eileen Newton, Ginger Winder; Centerpiece Decorations, chair Judy Decker, Sue Cox, Georgia Lazzaro, Sherilyn Sorem, Liz Todish; Invitations, Pattie Stejskal; Ticket Sales, chair Jane Cazel, Sue Cox, Denise Pepper; Reservations, chair Ruth Guillaume, Raisa

Bratkiv, Georgia Lazzaro; Database, Susan Dewar; Silent Auction, chair Susan Slapke, co-chair Nancy Olson, Jan Lohs, Rosemary Insolia; and Publicity, Susan Slapke.

For those interested in helping the troops in Iraq, the club has started up "The Shoe Box Express". We will send much needed items to the troops, which they can use or share with their friends. We have already received wonderful feedback from some of the soldiers. Please contact us to find out how you can help.

For information on the club's activities or membership, please call Georgia at 1-847-304-9671.

CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE



Barrington Hills \$3,490,000

Magnificent gated 16-ac estate w/ 4 BR luxury suites, 5.2 BA, superb craftsmnsp, pool & pool house, 6-car heated gar, exceptional private retreat.

Frank & Lynne Caiazza 847/277-2767



Barrington Hills \$3,245,000

Exquisite 3 yr new French manor, 6 BR suites, 7 FP, cherry library, gentleman's office, w/o ll w/ wet bar/kit/exercise room, finest amenities, set on 5 wooded acres.

Frank & Lynne Caiazza 847/277-2767



Barrington \$1,299,000

Exquisite 5 br, 3.5 ba home on cul-de-sac overlooking pond. Volume ceiling, hwd ins on 1st level, granite countertop. Fin walkout LL. Deluxe mstr. Fully furnished.

Bonnie Paice & Shannon Paice 847/277-2723



Antioch \$1,295,000

Fantastic equestrian estate on 13 ac! Custom log home, 4400 sq ft, 3/5 br, 3 BA, indoor pool, sunroom. Huge 2-story great room. Finished basement, FP, decks.

Margaret Semrad 847/277-2250



Inverness \$949,500

Great 4 br, 5.1 ba home. Vaulted great rm w/ flr-to-ceil fpic & windows. 1st flr MBR, fin English ll w/ media center, 4-car gar, sep 1st flr apt. Pool, deck & gazebo.

Frank & Lynne Caiazza 847/277-2767



Barrington \$929,000

Surround yourself w/ beauty, grace & allure! Antique gates to 8 ac arboretum estate, 880' drv. Botanic hillside meadow awash w/ seasonal color. Unbelievable.

Loretta Kallas 847/277-2285



Barrington \$699,000

Fabulous 4 br, 2.5 ba brick Georgian on beautifully landscaped acre. Neutral decor, red birch hrdwd floors. Granite kit w/ stainless appls. Fin ll w/ rec rm & office.

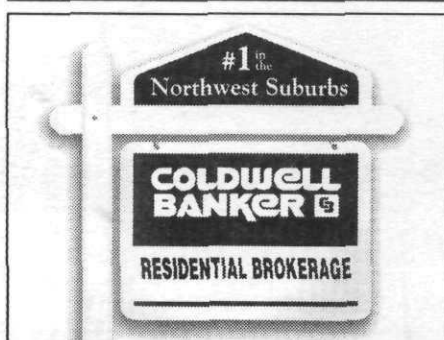
Bonnie Paice & Shannon Paice 847/277-2723



Barrington \$679,900

Great value! Delightful 4 br, 2+ ba home on 1 acre wooded lot. Brand new carpet & appl. Spacious kitchen. 2 fplc. Lrg 1st flr den/office. 3 car garage. Full basement.

Ron & Jeanine VanDeVelde 847/277-2282



Palatine \$589,000

Gorgeous 4 br, 3.5 ba home in Cedar Grove. Bright & white eat-in kit opens to FR. Vaulted ceil, hwd flrs. Lux MBR w/ tray ceil & walk-in closet. Jacuzzi tub.

Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$579,000

Sprawling 4 br, 2.5 ba 2-story Colonial on 1.7-acre lot w/ pond. Center entry. Cathedral ceil, spacious FR, wet bar, refin hwd flrs. 3-car gar. Freshly painted exterior.

Bonnie Paice & Shannon Paice 847/277-2723



Lake Barrington Shores \$329,900

End-unit townhome. New hwd flrs on 1st flr. Wooded setting. Eat-in kitchen. Every room updated w/ class. Finished ll. New roof. Newer furnace.

Ron & Jeanine VanDeVelde 847/277-2282

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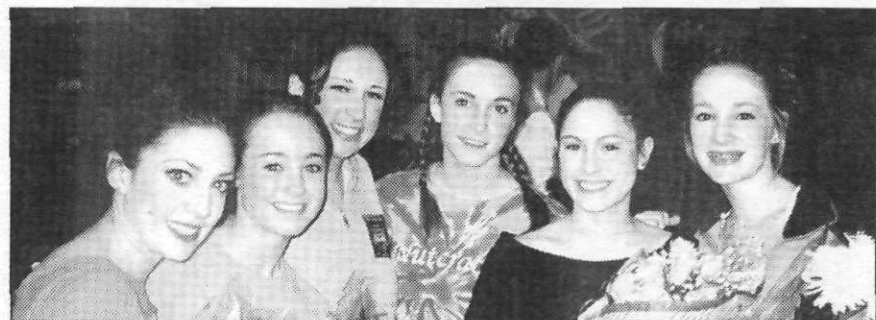
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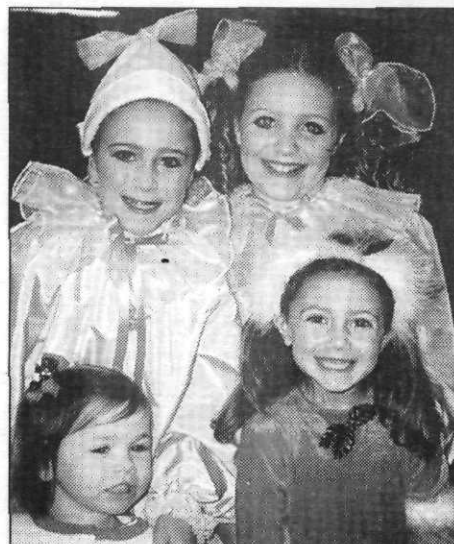
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Following the Performance



(Above) following one of four sold-out performances of the Barrington Youth Dance Ensemble's 10th spectacular full-length production of *The Nutcracker* at Barrington High School last December were (from left) Kate Lamberta, Inverness; Kelsey Allison, Deer Park; BYDE executive director Jessica Gumowski, Chicago (formerly of Barrington); Shannon Spicer, Barrington; Carly Czach, Palatine; and Katelyn Schmidt, Barrington. For information on BYDE, phone 1-847-381-5745.



(At left, clockwise from upper left) Haley Mallon, Fox River Grove; Taylor Holmes, Barrington; Ashley Mallon, Fox River Grove; and Olivia Hanson, Bartlett. Haley and Taylor danced as BonBons.

Jacqueline Kennedy Exhibit, Tea at the Drake Planned for BACOA and Park District Trip

The Barrington Area Council on Aging and the Barrington Park District will co-sponsor a special day trip on Jan. 19 to "Jacqueline Kennedy: The White House Years" at the Field Museum of Natural History. The exhibit spotlights the former first lady's inimitable style and features suits, gowns and accessories designed by "haute couture" masters such as Givenchy, Oleg Cassini, Christian Dior and others. A museum docent will provide a guided tour.

High tea at the Drake Hotel will follow

the museum tour. Transportation will be provided on a motorcoach bus, and a box lunch by Tastefully Yours will be provided on the bus ride to the museum.

The cost is \$70 and includes admission to the exhibit, high tea, transportation and the box lunch. The motorcoach will leave Langendorf Park at 9:30 a.m. and return at approximately 6:00 p.m. Registration deadline is Jan. 10, 2005; call the Barrington Park District at 1-847-381-0687 for a reservation.

Barrington Youth Services Auxiliary's "Frat House Formal"

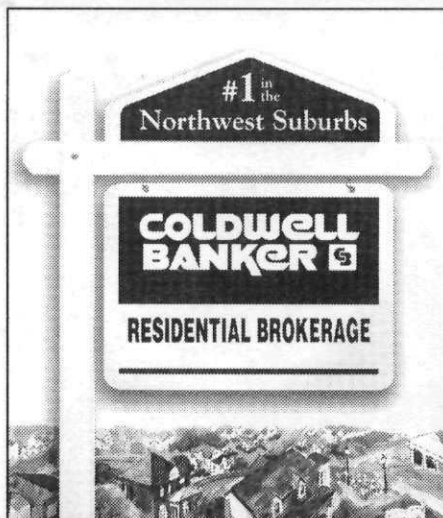
Barrington Youth Services Auxiliary is going back to campus for the Winter 2005 Gala "Frat House Formal". This legendary gala will be held March 5 at Wynstone Golf Club. The co-chairs for this year's event are Lynn Topping, Carol Sandmeier, Mary Beth Koelling and Kathy Maca Mangan. For information on the event, including sponsorship opportunities, please contact BYS at 1-847-381-0345.

Through the years, BYS has developed into a full-service provider of prevention

programs, counseling services and youth outreach programs. The agency provides services for youth and their families residing within District 220. The mission of Barrington Youth Services is to support the social, psychological and emotional well-being of young people and their families in Barrington area communities by offering relevant programs and services delivered by competent professionals in an atmosphere of trust and caring.



CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE



303 E. MAIN ST.
SUITE 101
BARRINGTON



South Barrington \$4,895,000
Spectacular waterfront 7 BR, 8.4 BA home. 33x28 grand entry & custom stair. 10' cigs, 40' cgl in FR Granite flrs, gourmet kit, walkout LL w/ stage & dance flr. Priv beach.
Celeste Lockhart 847/277-2272



Barrington Hills \$2,995,000
5 br, 4+ ba home w/ pond. Shows like new. 2-story entry w/ custom molding, paneling & trim. 11' ceils in LR, FR. Library. Kit w/ Viking stove, SubZero, sunrm, fin LL.
Celeste Lockhart 847/277-2272



Barrington Hills \$3,750,000
New construction—Terrific 5 br, 6.5 ba home on wd site w/ stream & pond. Dramatic 2stry entry & FR. State-of-the-art kit. Fabulous views. Ready 4-05.
Celeste Lockhart 847/277-2272



Barrington Hills \$1,899,000
Waterfront—4 br, 4+ ba home on 5 acres. 2-stry fam rm, kit w/ 2 granite islands, sun rm. Mstr w/sitting rm. 4 fplc, loft & walkout w/rec rm, off, exercise rm, 4 c gar.
Sherl Wheeler 847/370-3808



Barrington Hills \$3,160,000
2 yr new Williamsburg w/ 4 BR, 5+ BA situated in an idyllic 5 ac wooded setting. Handsome walnut study & sun-filled conservatory w/ lantern ceiling.
Suzanne Luby/Liz Luby 847/277-2777



Inverness \$1,750,000
New Const w/ 5 br, 4 ba on lush 1.7 acres. Vaulted great rm w/ stone FP. 1st flr MBR, gourmet kit w/ cherry cabs & isle w/ brkfst bar & granite, sunrm w/ FP.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$1,725,000
Beautiful 6 br, 4.5 ba hilltop Colonial w/ sweeping countryside views. Fin lower level w/ rec rm, exercise rm. Sunny patio w/ pool, cabana, 3-stall barn. Quiet setting.
Mary Spinner 847/277-2284



South Barrington \$1,599,000
Outstanding 4 br, 5.5 ba estate on 1.75 acres. 10,300 sq ft of liv space. Bright, neutral decor. 2-story foyer & fam rm. 1st flr lib, 4 fplcs. Huge mstr ste, steam shower.
Bob Untch 847/277-2295



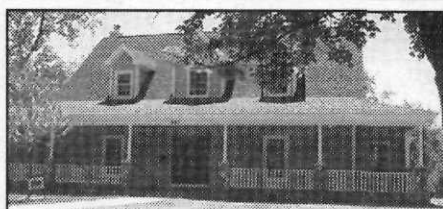
Lake Bluff \$1,344,000
Traditional 4 br, 2.5 ba home w/ 2-stry grand entry, 9' cigs, hrdwd flrs, butlers pantry w/ wet bar off DR, kit w/ Subzero, top appl, FR w/ frpl, lux 1st fl MBR, priv & wd.
Celeste Lockhart 847/277-2272



Lake Barrington \$1,195,000
Stunning 2 yr old 4 br, 3.5 ba home w/ 4700 sq ft. Palladian windows, curved staircase & 2-stry foyer. Expanded FR w/ flr to ceil stone FP, kit w/ center isle & brkfst bar.
Suzanne Luby/Liz Luby 847/277-2777



Algonquin \$869,000
Magnificent 5-level contemp with fabulous water views. Open floor plan, marble entry & bath, oak trim & cabinets, hot tub, deck, gazebo, 3 car garage, & ramp access.
Richard A. Lis 847/277-2740



Barrington \$829,000
New const on .87 acres in Village. Backs to Bakers Lake. 4 br, 3.5 ba, 9 ft ceil thruout. Walk out LL w/ 9 ft ceil, 62 ft rear deck, cherry flr, maple/granite, 3+ car gar.
Kerry Franze 847/277-2703



Barrington \$834,900
Magnificent 4 BR, 4.1 BA Georgian offers superior architectural design & detail. 1st flr. Lux. MBR, designer kit, fin walkout LL. Marble columns, 3 staircases, hrdwd flrs.
Suzanne Luby/Liz Luby 847/277-2777



North Barrington \$799,000
Stunning 3 BR, 3.5 BA prairie style home set on approx. 2.5 acres w/ award-winning kit & BA. Frank Lloyd Wright inspired updates. Bluestone flrs, leaded glass, & more.
Mary Spinner 847/277-2284



Barrington Hills \$749,000
Charming 4 br, 3 ba New England Colonial on 5 acres. Upgraded kitchen & baths. Screened porch, 7/8 stall barn. Several pastures.
Barbara Cunningham 847/277-2262



North Barrington \$668,000
Fabulous rehabbed Biltmore home w/ 3 br, 3.5 ba on wooded lot overlooking creek & pond. Kit w/ granite counters & stainless steel appls. Fin bsmnt w/ rec room.
Sherl Wheeler 847/370-3808



SOLD IN 3 WEEKS
Kildeer \$649,900
4 br, 2.5 ba Colonial. 2-story entry, crown moldings. Kit w/ Braker cherry cabinets. Study. luxury master w/ whirlpool tub, cathedral ceiling & skylight. Fully fin LL.
Celeste Lockhart 847/277-2272



Lake Barrington \$645,000
Poised high on lush landscaped acre. 4 bedroom, 3.1 BA Cape Cod has it all! First floor master, fin English LL, 3-car garage. Backs to conservatory.
Suzanne Luby/Liz Luby 847/277-2777



Inverness \$549,000
Outstanding 3 bedroom, 2.5 bath contemporary. Updated kitchen with cherry cabinets, granite counters, hrdwd flrs. Updated baths. 4 rooms w/ vaulted ceilings.
Bob Untch 847/277-2295



Lake Zurich \$389,900
4 br, 2.5 ba with hardwood floors, oak trim & doors, family room with wet bar master suite with walk-in closet & steam shower. 1/2 acre wooded lot with 3-car garage.
Bob Untch 847/277-2295



Cary \$359,900
Spectacular 2 yr old Colonial w/ 3100 sq ft of quality! 4 BR + bonus rm, 2.1 BA, kit w/ Corian & maple, 1st flr den, hrdwd flrs, 3 car garage, lrg fenced yd. Perfect!
Bob Untch 847/277-2295



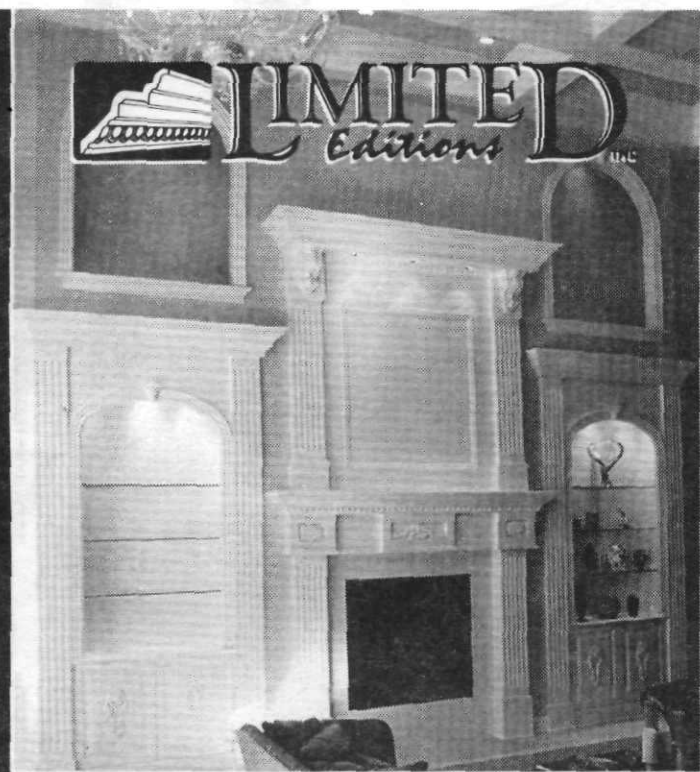
Palatine \$204,900
2 br, 2 ba. Updated to the max. Fresh paint & carpet. Updated kitchen & baths. Outdoor pool, exercise room, game room, billiard room. Garage available.
Sherl Wheeler 847/370-3808



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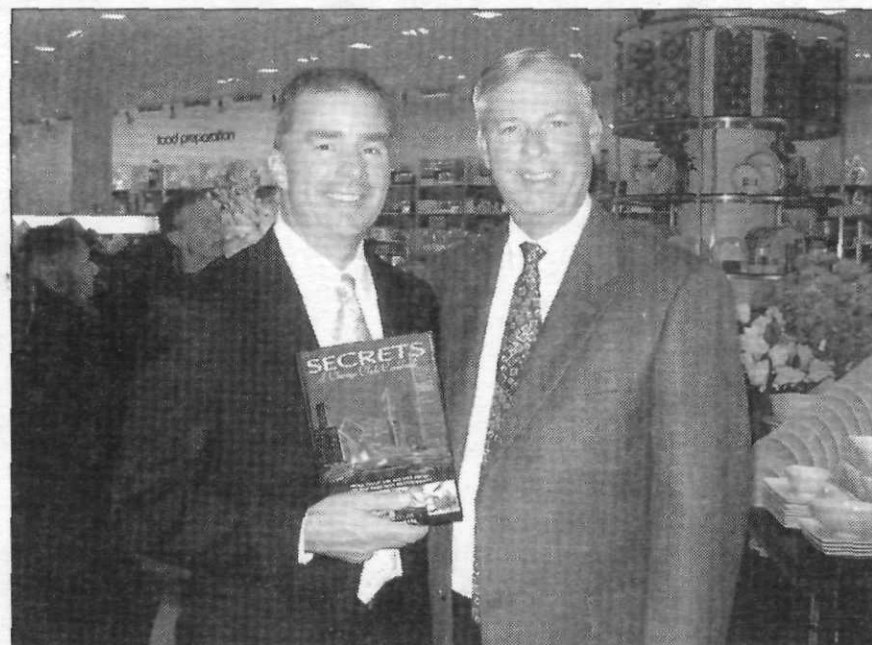
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Clearbrook "Serves Up" Cookbook Launch Party at Bloomingdale's



John Tobe (left), publisher of *Secrets of Chicago Chefs*, proudly shows off the cookbook with David P. Riley of South Barrington, Clearbrook's chairman of the board.

On Thursday, Nov. 18, Clearbrook, a non-profit organization creating opportunities for individuals with disabilities, hosted approximately 200 guests at its cookbook launch party at Bloomingdale's Medinah Temple location in downtown Chicago.

While dining on gourmet delights pre-

pared by 17 of the Windy City's top chefs, guests also had the opportunity to purchase the newly published cookbook, *Secrets of Chicago Chefs*, with partial proceeds benefiting Clearbrook's Shining Star Ball.

Call for Artists

"Man and Nature" is a photographic exhibition, slated to run June 1 to July 31, 2005, that will explore the relationship of man and nature. All forms of photography and digital imagery will be accepted. There is a \$20 jury fee, and cash awards

will be presented.

The deadline for slides is March 16, 2005. Send a #10 SASE for prospectus to: NWCC Corporate Gallery, 5999 New Wilke Rd., Suite 307, Dept. 40, Rolling Meadows, IL, 60008.

We Personalize to Your Perfection

It has been said that some opportunities only come around once in a lifetime. This may be your only opportunity to purchase a Long Grove estate home in a highly desirable community. **Brookstone** is an intimate neighborhood of fabulous custom homes next to a magnificent forest preserve. And best of all, we personalize to your perfection.

You can still choose a one-of-a-kind home on a one-to-1.75-acre wooded site situated on rolling terrain with a walkout or English basement. Only four home sites remain, backing up to a majestic 400-acre forest preserve. To make the outdoors an extension of the home, we offer amenities such as oversized balconies extending off the master bedroom, brick paver heated patios, year-round fire pits, outdoor fireplaces, and screened and heated sun rooms.

Typical luxury inclusions are an 8-foot, stained-oak front door; a custom circular staircase; marble, limestone or cherry hardwood flooring; French doors; tray ceilings; oversized crown moldings; highly detailed casings and base trim; sculpted limestone or marble fireplace; gourmet kitchen with varying height maple or cherry wood cabinets; granite countertops; Sub Zero, Dacor, Thermador, Bosch and

Maytag appliances; and Kohler plumbing fixtures.

Other appointments include cedar shake roofs, Eagle wood windows, elaborate entertainment systems, television and data communications systems, a state-of-the-art phone system, and a 9-foot basement.

At **Brookstone**, you will be impressed with the architectural design of each residence. We take pride in creating impressive homes with European architecture; some resemble French chateaus with charming two-story octagonal turrets, while others look like English manor homes or luxurious country estates. All our homes are adorned in brick, stone and stucco along with limestone accents. Our careful attention to detail and dedication to quality construction protect our customer's investment.

Located in southeast Long Grove, **Brookstone** has been described as a multimillion dollar island of lavish estate homes surrounded by the rural ambiance of a magnificent forest. Yet it's close to everything important to the homeowner. If only the best will do, **Brookstone** may be your dream realized. Please call us for a guided tour of our impressive community at 1-847-541-2100.



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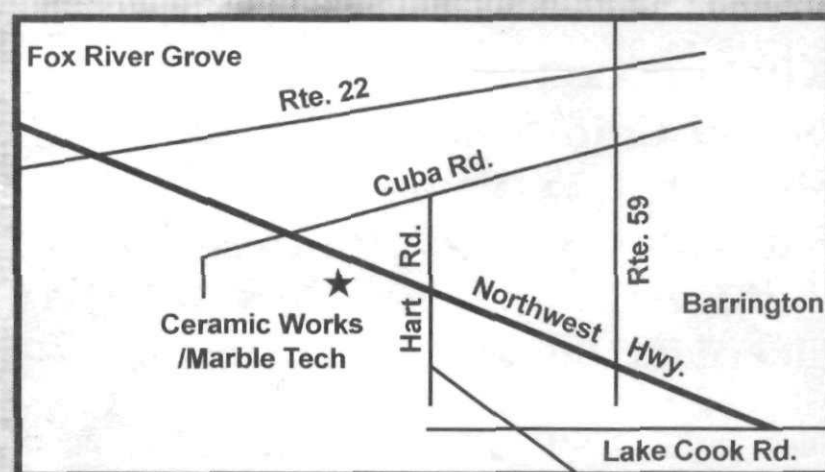
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