

April 2005

April 2005

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The Spring Season
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BJWC Presents "Meet Me
in Monte Carlo Again"

GSH Auxiliary to Hold
"A Taste of Spring"

"Breakfast at Tiffany's"
Theme for WC of Inverness
Fashion Show

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Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

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gist at **Clear Reflections** in the Barrington Commons who can remove those tell-tale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

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e-mail: editor@lifestylesmagazines.com

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Editor's Ink

April, 2005

Dear Reader,

April may bring spring showers, but it also brings on a myriad of exciting events. So peruse this issue of *Lifestyles* and mark your calendar for happenings you won't want to miss.

On Friday, April 15, the Women's Club of Inverness will present "Breakfast at Tiffany's and Fashions All Day Long," a spring fashion show sure to lighten your heart. Plus the event will offer an elegant luncheon, many prizes and shopping! So don your hat and pearls and join in the fun.

The Barrington Junior Women's Club will present "Meet Me in Monte Carlo Again" on April 2. The evening will offer live and silent auctions, games, food stations and entertainment.

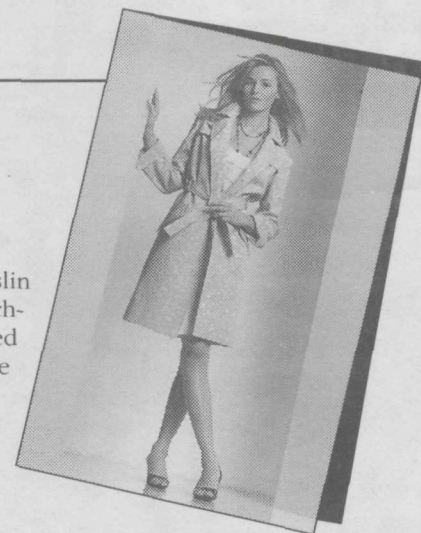
Do you love to sample gourmet food? Then mark Thursday, April 21, down on your calendar for the Good Shepherd Hospital Auxiliary's "A Taste of Spring." Twenty-two restaurants will serve their specialties, providing tasty and generous samplings. Attire is business casual, and the delicious event runs from 6:30 until 9:00 p.m. Proceeds will be used for the auxiliary's pledge of over \$1 million to the beautiful new Wayne and Patricia Kocourek Family Cardiac Care Center.

Enjoy this busy season! Until next time, peace and happiness.

With warm regards,
Glenne McMonigal
Editor, *Lifestyles Magazines*

About Our Cover

Trench Twist. Willow green and muslin beige butterfly-print water-repellent trench-coat tops a fresh green georgette tiered shell and white linen skirt. Liz Claiborne Spring 2005.



GSH Auxiliary to Hold "A Taste of Spring"



Touch of Sweets Bakery, Lake Zurich, participated in the 2004 Chef Fest.

The Auxiliary of Good Shepherd Hospital will hold its third annual Chef Fest, "Taste of Spring", on Thursday, April 21, at the Crystal Lake Holiday Inn, 800 South Route 31.

Twenty-two restaurants will serve their specialties. Those providing tasty and generous samplings include: (Algonquin) Decadent Deserts, The Italian Gourmet, Port Edward Restaurant; (Barrington) Abrosia Euro-American Patisserie, The Barn of Barrington, Clarke's Bakery, and Taste-fully Yours; (Lake Zurich) Cipperoni's Deli and Market, D & J Bistro, Culver's and Touch of Sweets Bakery. Others serving food include: Brothers' Ribs & Catering (Cary), Three Oaks Lodge (Crystal Lake), The Grape Vine (Island Lake), Onion Pub & Brewery (Lake Barrington), Amore Mio Italian Cuisine (Hoffman Estates), Enzo &

Lucia (Long Grove), Yolanda's (McHenry), Pinas Culinary Experience (Roselle), Duke's Grill (Wauconda), Emmett's Tavern & Brewing Co. (West Dundee), and J. Fitzwoody's Lakeside Grill (Twin Lakes, Wis.).

Cash bar and food service will be available from 6:30 until 9:00 p.m. along with prizes and silent auction items. Attire is business casual. All proceeds will be used for the auxiliary's pledge of over \$1 million dollars to The Wayne and Patricia Koucourek Family Cardiac Care Center.

Tickets are \$50 per person. Mail checks payable to Auxiliary of Good Shepherd Hospital Chef Fest to: Auxiliary of GSH, 450 W. Hwy 22, Barrington, IL, 60010. Paid tickets will be held at the door. For information, call 1-847-381-0123, ext. 26-4417.

BJWC Presents "Meet Me in Monte Carlo Again"

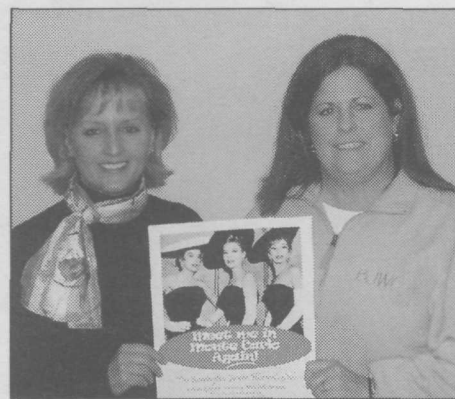
Barrington Junior Women's Club proudly presents "Meet Me in Monte Carlo Again" on Saturday, April 2.

Tickets are now on sale for the second annual event, presented by the club and co-chaired by Janet Magee and Karen Sutter. This major fund-raising event will be held at the Stonegate Banquet and Conference Centre in Hoffman Estates. Festivities will begin at 6:30 p.m.

The night will offer a variety of food stations, live and silent auctions, Monte Carlo-style games, and much more! All proceeds will benefit over 23 local charities within the Barrington area and surrounding suburbs.

Major sponsors of this event include: Bridgestone/Firestone Trust Fund, Gateway Chevrolet, Good Shepherd Hospital, Suburban Associates in Ophthalmology, Brad Sutter (State Farm), Skopek Orthodontics, Michael J. Graft Builder, Inc., Neubauer-Perkins, Inc., Bright Light Radiology, and Barrington Bank and Trust.

BJWC is in its 68th year of helping local organizations through philanthropy and community service. Through this spring fund-raiser, BJWC hopes to significantly increase the funds that are available through their well-established grant request process. BJWC provides grants to



Co-chairs Janet Magee and Karen Sutter welcome you.

numerous groups in the area including BHS scholarships, WINGS, PADS, Cowboy Dreams and the Jeffery Pride Foundation. They also run Safety Town, Kids on the Block, and help with Meals on Wheels, Barrington Giving Day and Service to Seniors.

Tickets for "Meet Me in Monte Carlo Again" are \$125 per person and include \$25 in "playing" chips, food stations, and entertainment. To find out more about this event or to order tickets, please visit the BJWC Web site at www.bjwc.org or call the BJWC hotline at 1-847-622-3838.

"Breakfast at Tiffany's and Fashion All Day Long" April 15



(From left) Denise Wright; Jay Kist, chair; Nancy Olson; and co-chair Jane Cazel

The Women's Club of Inverness will present "Breakfast at Tiffany's And Fashion All Day Long"—the theme for this year's spring fashion show, which will be held Friday, April 15, at The Stonegate Conference and Banquet Center.

Jay Kist, chairman, and co-chairs Rosemary Insolia and Jane Cazel are busy putting together this wonderful day. You will not want to miss it! And don't forget your hat and pearls.

A highlight of the day is the runway show by ZZAZZ Productions featuring a tribute to the classic style and grace of the inimitable Audrey Hepburn. While it never goes out of fashion, classic dress is part of the current fashion trend and also seen in the Jacqueline Kennedy fashion retrospective currently featured at The Field Museum.

As well as a fashion icon, Audrey Hepburn was a wonderful role model for her tireless commitment to the work of UNICEF, and it is this connection and contribution of women to their commu-

nity that we celebrate and continue.

Doors open at 9:30 a.m. for shopping, hors d'oeuvres and our signature champagne cocktail, the "Holly GoLightly". The day will be full of fantastic prizes. Please make sure to come early to be eligible for several prizes. This year, we have added a live auction to our agenda. Auctioneer Robert Roggeveen of The Auction Services Group of Benj. E. Sherman & Sons will assist us in this fun event. Some of the wonderful items from the silent and live auctions will be all-inclusive trips, fabulous jewelry, spa packages, a catered dinner for eight in your home, an Odyssey dinner cruise, sporting events and more!

In addition to the auctions, there will be several boutiques, basket prizes and, to top it off, an elegant lunch. Wearing a hat would not be out of place at this event. So come join in on the fun and put on your favorite hat and pearls.

For reservations, call Ruth at 1-847-202-1423.

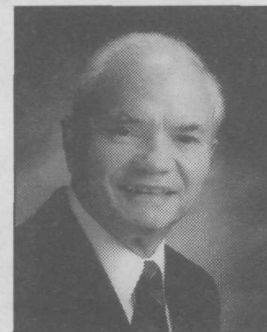
S'Wonderful Luncheon Benefits BWC

The Barrington Woman's Club has put together a unique program for their spring fund-raiser. They have engaged local keyboardist Lee Bassett and his trio of singers to present George Gershwin and his music.

This specially prepared musical biography of one of America's most beloved geniuses will feature famous showtunes like *Swanee*, *S'Wonderful*, *Foggy Day in London Town* and *Our Love is Here to Stay*. Bassett will take the audience on a musical journey through Gershwin's life, showing how he brought fresh and controversial concepts of rhythm and harmony to his music.

Bassett and his digital piano have been popular for many years, playing background music for local affairs. This program gives him the opportunity to share his knowledge and passion for music to tell Gershwin's life story. The talented singers who will join him are Marcy Novit, Kathryn Mann and Marjorie (Bobbie) Orlando.

This spring fund-raiser for the Barrington Woman's Club will take place at the Stonegate Conference Center, 2401 West Higgins Road, on Wednesday, April 20. A hospitality hour will begin at 11 a.m. Many lovely spring items will be prizes.

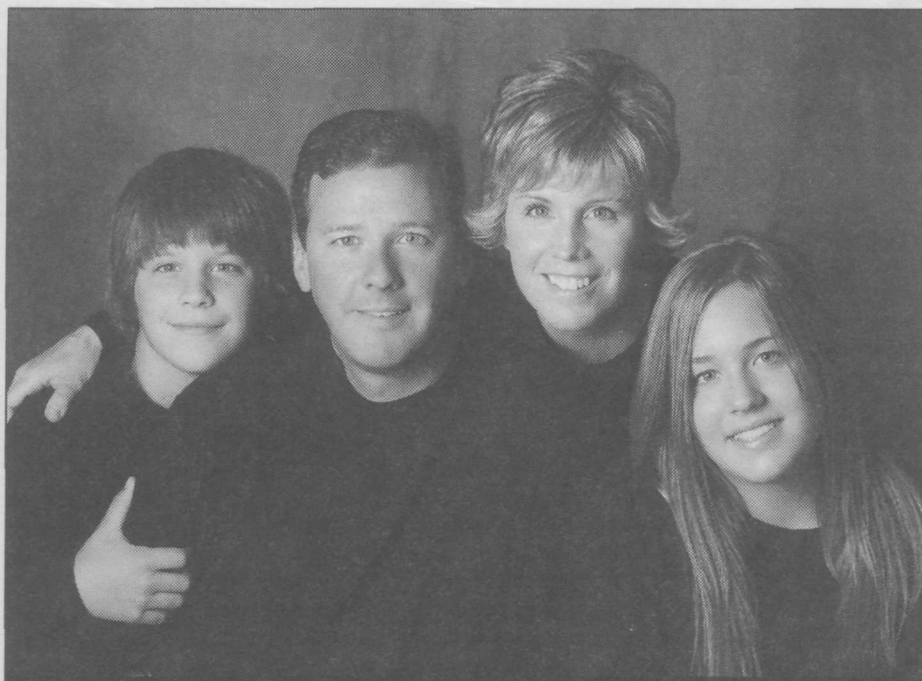


Keyboardist Lee Bassett will entertain at the Barrington Women's Club spring fund-raiser.

Lunch will be served at noon, followed by the musical program at 1 p.m. A check in the amount of \$37 made out to Barrington Women's Club will secure your reservation. Please send it to Mickey Brown, 10 Pembury Way, S. Barrington, IL, 60010. The deadline is April 8. For more information, call 1-847-304-5715.

Funds generated from this event will go toward philanthropic, cultural and civic projects in the Barrington area.

Membership in Barrington Women's Club is open to any woman residing in the greater Barrington area. For more information, contact Judy Gentile, membership chairwoman, at 1-847-882-6450.



FAMILY PORTRAIT SPECIAL

Take this opportunity to capture your family with a portrait by Thomas Balsamo - one that reveals their true personalities. Schedule your family's portrait session during the month of April and save \$200 off your entire portrait order. Limited sessions are available. A minimum order is required to receive this discount. Call today to schedule your appointment.

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Hospice of Northeastern Illinois Seeks Energetic Volunteers to Plan Fund-Raising Events

Hospice Foundation of Northeastern Illinois is seeking volunteers who are creative planners and detail-oriented workers that want to have fun while helping to support a quality, community-based hospice program for adults and children with a life-limiting illness and their families.

The Friends of Hospice is a new volunteer group created to help promote the benefits of quality hospice care in your community. A major commitment of the group is to assist the Hospice Foundation of Northeastern Illinois by coordinating special events that raise funds to support patient care programs.

The Friends of Hospice will plan four events in 2005 including a gala in June, the annual duck race in August, a barn dance and barbecue in October, and a tree lighting remembrance celebration in November. The group is also seeking volunteers for a Friends of Hospice that will plan events in McHenry County.

Friends of Hospice is looking for people who have a desire to make a difference. Whether you have an hour a week or can help out once a year, we have something for any volunteer. Contact Karen Donovan, Friends of Hospice volunteer coordinator, at 1-847-991-0436 or ksuetd@aol.com for more information.



The Friends of Hospice Board of Directors, founded in October 2004, raises funds to support Hospice of Northeastern Illinois patient care programs: (front row, from left) Katrina Drudge, Lake in the Hills; Margaret Kiple, Roselle; Conni Hummel, Cary; (back row, from left) Lynda Bollman, Inverness; Lisa Murphy, Hawthorne Woods; Marcia Gilbreth, Inverness; Karen Donovan, Palatine; and Hospice Foundation Development Officer Beth Raseman. (Not shown are Becky Grimm, Barrington Hills; Sharon Kantanen, Barrington Hills; and Beth Johanson, Barrington.)

Hospice of Northeastern Illinois is a not-for-profit community resource serving individuals at the end-of-life and their families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Since 1984, Hospice of Northeastern Illinois has provided care to more than 12,000 patients and their families.



COLLECTION

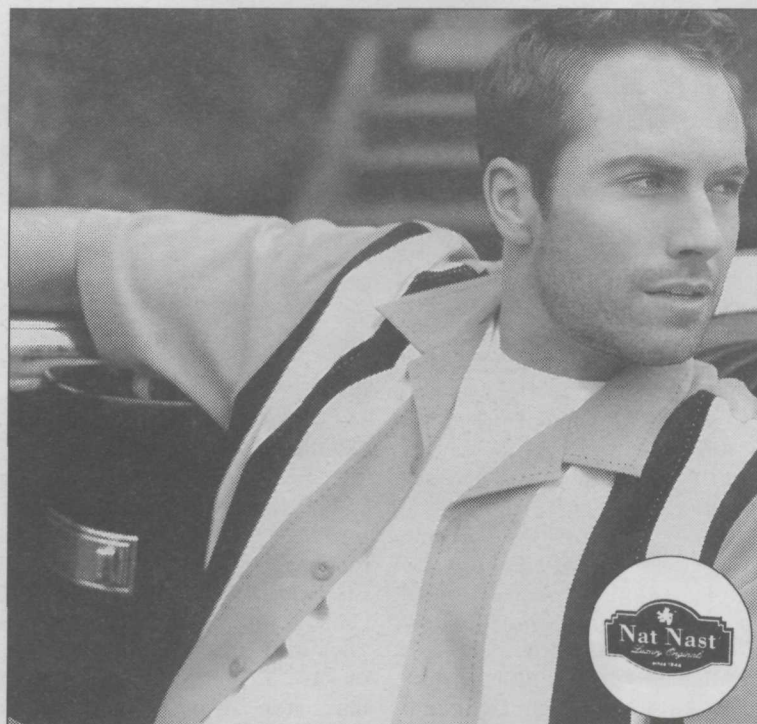
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One today is worth two tomorrows. Or three, if it is spring. And while some may complain about the rains, Nat Nast could always be counted on to step out, turn his face to the clouds, and say, "Think how green the fairways are going to be." Nat was a man who could sail in all winds. A man who would hope for the best, get ready for the worst, then take whatever life chose to send and smile about it. If you like to look at life's high ball glass as half full, then know Nat's little secret: Good humor is the best article of dress one can wear.

True today, true tomorrow, and forever true... as time goes by.

Nat Nast luxury originals are available at **Chuck Hines** on Main Street in downtown Barrington.

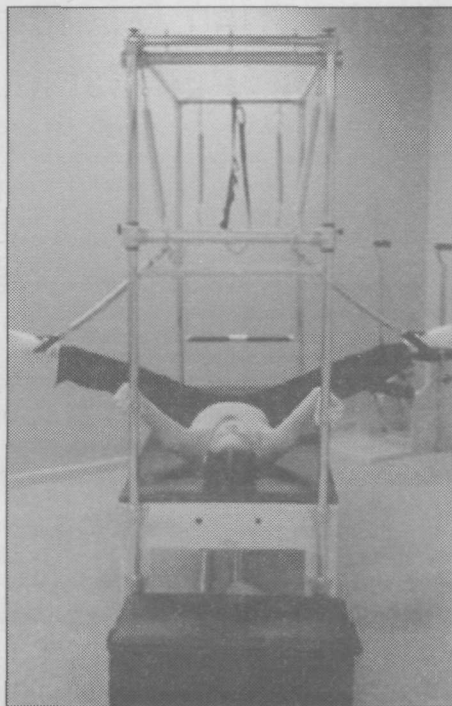
Exercise Your Mind and Body at Studio Pilates

Whether you're a fair weather fitness enthusiast—one who needs a little extra help shaping up before you put on a pair of shorts, or a serious student of your body's well-being, **Studio Pilates Centre of Balance** invites you to discover how Pilates and yoga can help you reach your individual goals.

Quite different than any other exercise program, Pilates is based on unique exercises and equipment designed 70 years ago by acclaimed fitness expert Joseph Pilates. Derived from the original program first developed by Pilates, the **Studio Pilates** method of working the deeper muscles to achieve efficient and graceful movement, improve alignment and breathing, and increase body awareness simultaneously delivers stretching and strengthening in a non-impact balanced system of body/mind exercise.

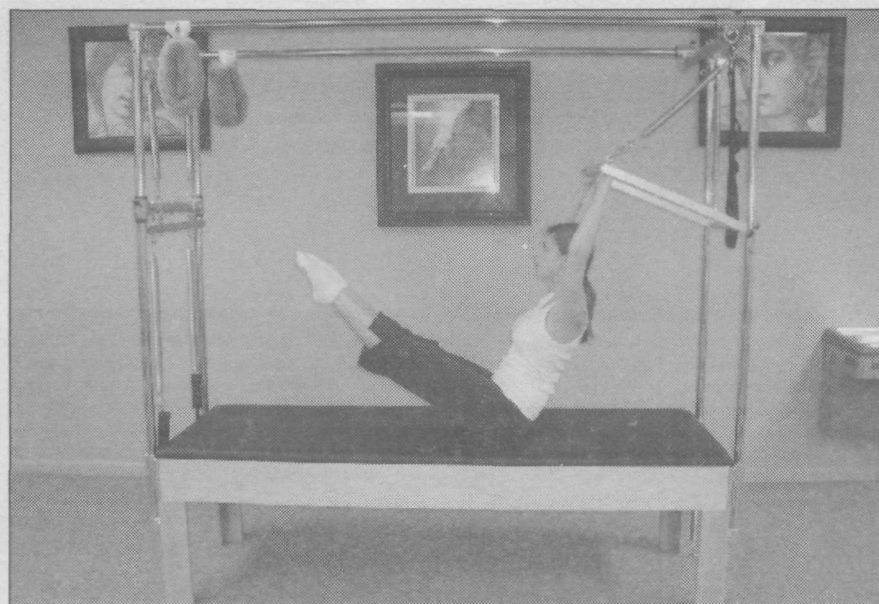
Flexible, self-pacing and affordable, **Studio Pilates** offers private sessions as well as group equipment under the direction of an experienced staff who focus on building strength without "bulking up"; increasing flexibility and agility; developing optimal core control; creating flat abdominals, slender thighs and a strong back; and promises a refreshing mind-body workout.

The principles of yoga are also taught at **Studio Pilates**, including proper exercise, breathing, relaxation, positive thinking and meditation. The challenging and physical yet introspective class promotes



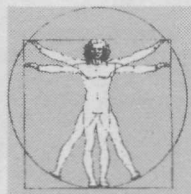
patience and serenity, connecting your mind and body through relaxation, body awareness and flexibility exercises. Class size is limited to maximize the experience. Sign up today for a new Monday afternoon yoga class.

Studio Pilates Centre of Balance offers a convenient, warm, relaxing environment designed to maximize your Pilates experience. **Studio Pilates** is located in downtown Crystal Lake at 46 Brink Street. Phone **815-455-4900**. Visit online at www.studiopilates.net.



"It is the mind itself which builds the body"

—Joseph Pilates



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Originals, Prints, Photos and Glassware—It's All Art

After almost 30 years of exclusively featuring limited edition artwork by the world's most collected artists, **Woodland Art Gallery and Frame Shoppe** recently added original art to its vast selection. Gallery owner Scott Teasdale personally chooses the works and evidently his choices have agreed with the buyers—his first shipment featuring artist Catherina Chung was a sell-out. A new shipment of original art at the gallery this month is expected to receive the same reception.

Woodland Art Gallery is also pleased to once again feature the photographic works of Thea Schrack whose works have been featured in the San Francisco Examiner, numerous panoramic books on San Francisco and the California Wine Country, and other publications.

Schrack's ability to capture the changing qualities of natural light has attracted a varied mix of collectors. Her Heartland Series features signed sepia-toned photographs of graceful, towering trees and soft blades of grass that balance brilliantly illuminated clouds, offering a glimpse into a world of serene, dreamy places out of time. One of the photographs in the limited edition series, *Honey Locust Grove*, is featured on this page and available at the Gallery.

Featuring limited edition works by Carl Brenders, Greg Olsen, Don Hatfield, Thomas Kinkade, Jim Daley, Pino, Terry Redlin, Owen Gromme, John Seerey-Lester, Jeanne Bonine, Bev Doolittle, Terry Issac,



*Honey
Locust Grove*
© Thea Schrack

Peter Ellenshaw, Nita Engle, David Maass, David Armstrong, and many others, as well as repligraphs by masters such as Van Gogh, Monet, and Rembrandt, **Woodland Art Gallery** can assist you in choosing the perfect artwork for any room. Museum mounting, custom matting and framing are a standard service of the gallery.

Loton Studios art glass vases, perfume bottles and paperweights are also featured at **Woodland Art Gallery**. These highly collectable signed and dated works, magnificently colored and world-famous for their distinctive style, are a natural complement to the gallery's limited edition prints, serigraphs, giclées, and, now, originals.

Located at 71-B East Woodstock Street in downtown Crystal Lake, **Woodland Art Gallery and Frame Shoppe** is open Monday through Friday, 9 a.m. to 5 p.m., Saturday, 9 a.m. to 3 p.m. Phone **815-459-0460**.

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Gardening Experts to Present at "Gardenfest 2005" on April 16

Explore indoor and outdoor gardening ideas at "Gardenfest 2005—Ready, Set, Grow" from 8:00 a.m. to 4:00 p.m. on Saturday, April 16, at McHenry County College in Crystal Lake.

"Gardenfest 2005" features a comprehensive selection of workshop topics including ornamental shrubs, water gardens and butterfly gardens. Participants may choose to attend up to four different workshop sessions.

This year's special guest speaker will be Pam Duthie, author of *Continuous Bloom* and *Continuous Color*. She will present "Continuous Color: The E-Z U-CAN Way" from 8:40 to 10:00 a.m. and "Right Plant: Right Place" from 10:10 to 11:30 a.m. Duthie is an instructor at the Chicago Botanic Garden and lectures nationally and in Canada. She won the Benjamin Franklin Award for Best New Garden Book of the Year in 2001.

This year, five MCC instructors will team up with master gardeners and University of Illinois extension educators in presenting over 38 different workshops, including "Japanese Gardens", focusing on the Zen garden elements and design presented by Laureen Reu Liu, art instructor.

MCC's horticulture chair Bruce Spangenburg will present two workshops. In the first, "Gardening 101—Deciduous Trees", he will suggest how to select deciduous trees for use in area landscapes and how to keep them healthy. In a sec-



Pam Duthie is this year's special guest speaker for "Gardenfest 2005" at MCC in Crystal Lake.

ond session, "Ornamental Grasses in the Landscape", Spangenburg will provide tips for selecting popular grass species and how to care for them.

Greg Stack of the University of Illinois Extension will present two workshops. One includes an overview of groundcovers, and the other focuses on growing roses in the Midwest.

Master gardeners Bonnie Simon and Ray Granzow will conduct two sessions on butterfly gardens.

New York Shopping Brings Your Spring Essentials to Assemblé

Just returning from a week in New York and reviewing what's hot and coming in for you to **Assemblé** this month:

Lots of great jackets! Casual cottons in lime—white—cosmo pink. Trench coats from Kenzie in creamy canvas and khaki poplin. Safari style tie dyes from XCVI. Silk dusters by Tapestry Fibers. Denims with crystal buttons.

Newness in tops continues with gem encrusted tunics, scrunchy cotton blouses and crisp white shirts (great look under our shrugs!). Lace front feminine blouses and sexy Essendi halters in luster red, lemon and mint are also scheduled to arrive this month. We're bringing in the chiffon triple-tiered tops for you, too (oh la la!). And yes, this season's lingerie look is here in a variety of fits and colors. Tie dye continues to be important, and we've got all the tees to fill your needs!

Capris and shorts are rolling in with all the Spring brights and safe neutrals.

Kenzie shorter shorts are in lots of colors. We also found great new walking shorts with embroidered detail in pale pink and seafoam green. And skirts! In Batiks—gauze dip dyes—prints—crinkles—they're longer and quite the look for this Spring. Sweaters from Charlotte Tarantola will include an adorable black shrunken cardigan with a see-thru lace back.

Denim jeans and capris will sport embroidered waistbands and nailhead cuffs this Spring. Meanwhile, David Kahn and Vitamina remain strong in cotton twills and denim. Of course, we always have stock in their capris and jeans!

Not to overlook our daily essentials—belts, purses, jewelry. Hip, one-of-a-kind. Items for which we're quite well-known.

Now, that's a look at our April Fashion Roundup at **Assemblé**. Visit daily—we "move it in and move it out" fast.

See ya soon!

Protecting Your Legal Rights— Independent Contractor or Employee?

by Joette S. Doran, J.D.



With few exceptions, employment laws apply only to employees and not to independent contractors. Federal and state laws vary regarding the criteria to legally determine whether an individual is considered an independent contractor or an employee. Generally, an independent contractor is an individual that performs services free from the direction and control by the company with regard to both the manner and method that the work is performed. The determination is important since, unlike an employee, an independent contractor is not eligible for overtime pay, benefits, unemployment or workers' compensation benefits. Moreover, an independent contractor is exempt from protection under Title VII and the Age Discrimination in Employment Act, which protects employees from employment discrimination.

To clarify the relationship, the individual and the business should have a contract which defines the independent contractor relationship. Such an agreement should state that the contractor is not an agent or employee of the company and that the contractor has the sole discretion to determine when, during what hours and where the work will be performed. Additionally, the contract should specify the amount of compensation to be paid for the services performed and provide that the independent contractor will invoice the business for those services. Importantly, the agreement should specify that the independent contractor will be responsible for the payment of all taxes. To better protect the contractor and the business, the contract should provide under what terms the agreement may be

terminated.

Because the designation of an individual as independent contact has significant legal consequences for the individual and the business, the relationship should be carefully analyzed and a contract should be prepared which details the terms of the relationship. Of course, the best time to determine the legal effect of the relationship is before the commencement of work. As such, it is highly advisable to consult with an attorney to analyze the proposed relationship and to prepare a valid and enforceable independent contractor agreement. For further information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the past president of Barrington Area Professional Women.

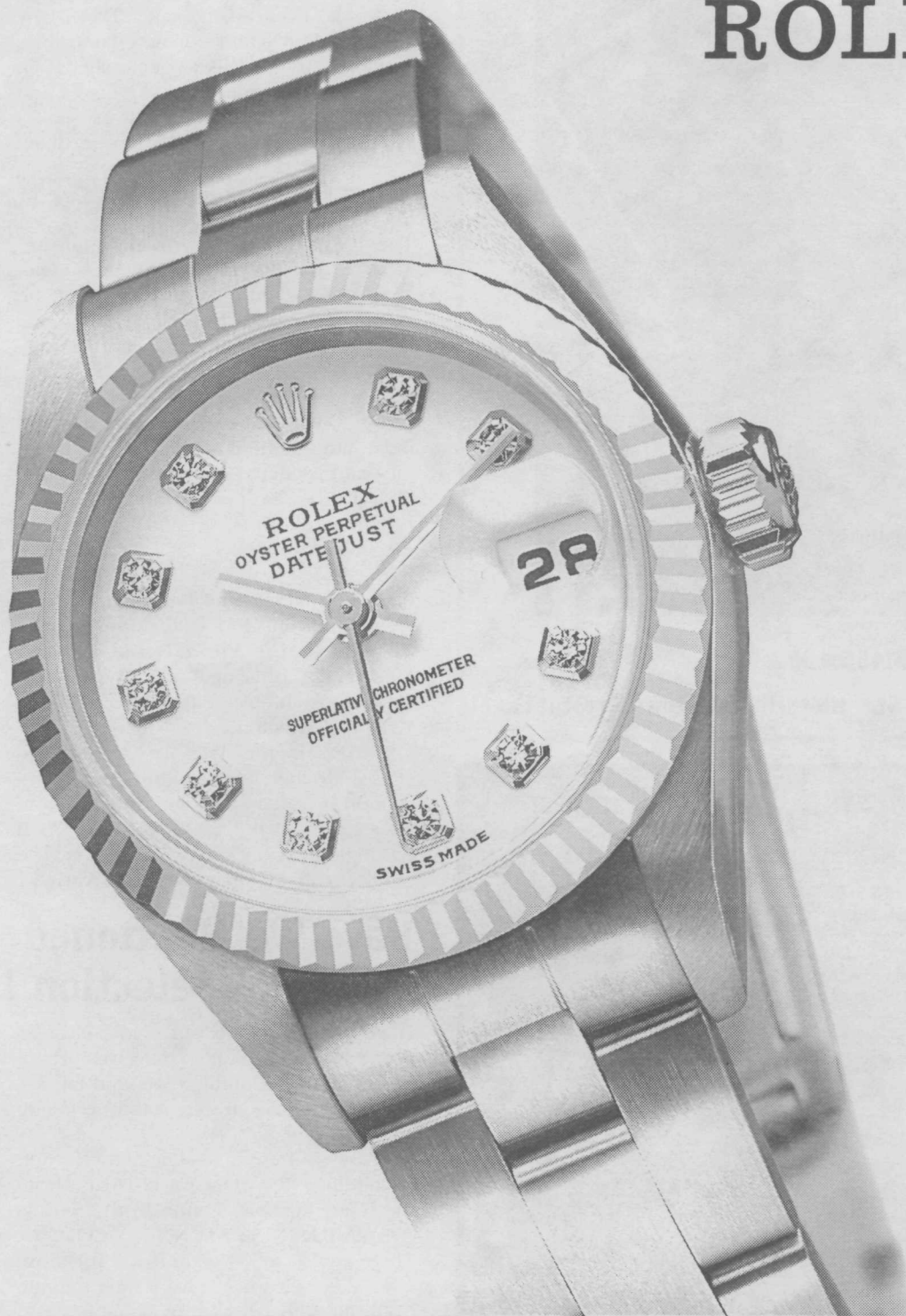


The event is co-sponsored by MCC and University of Illinois Extension, McHenry County Master Gardeners. Cost is \$35,

which includes lunch. To request a registration form, call Molly Walsh, conference center coordinator, at 815-455-8697.



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OYSTER PERPETUAL LADY-DATEJUST

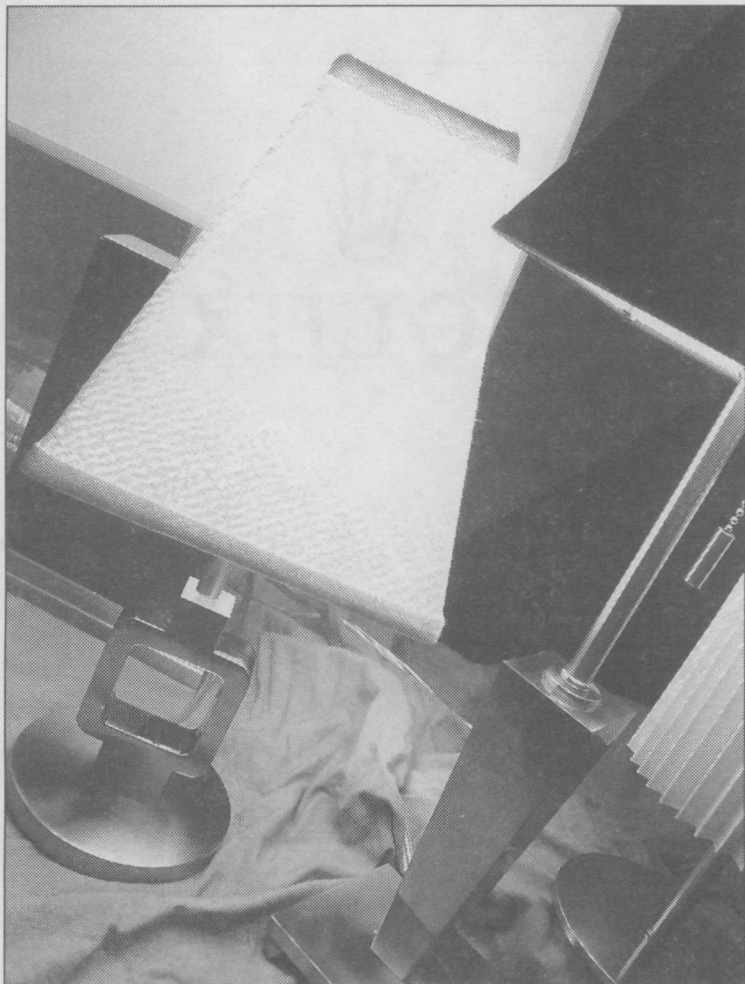
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Let There Be Light

We like lamps. Different lamps. They are the perfect accessory to brighten a dark corner, accent a table or highlight a collection. But why go for ordinary illumination when the possibilities are endless? ...especially at **CLIX**.

Did we mention that we like lamps? They set the tone for a room like jewelry does for an outfit; the period to the sentence, the icing on the cake. That's why we think you'll find our new lamp lines extraordinary, just like your home. Each piece looks like a lit-up work of art. Clean design, rich patinas and luxurious shades are the features that made us want them

for our store. They are exclusive to **CLIX**.

Tabletop, hanging and floor lamps may be new products to our fans, but they are a natural extension of our effort to showcase unusual and unique home accents for our customers, so come see for yourself. We'll leave the lights on for you.

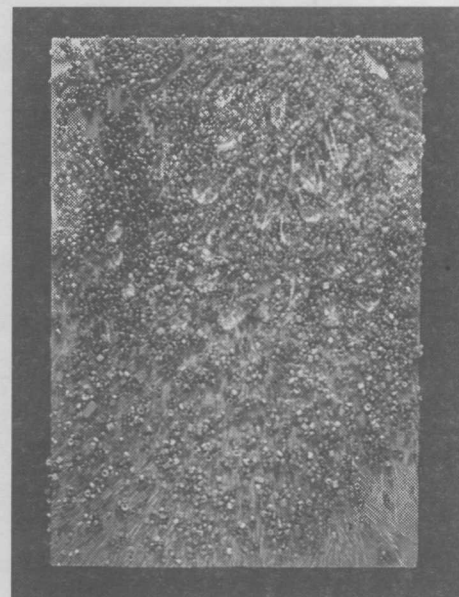
Oh, and one last thing: Save The Date: **May 6th and 7th, The Garden Party**, Downtown Crystal Lake. Garden ideas, sales, drawings (no purchase necessary) and demonstrations will abound. **CLIX** will do the same and use the opportunity to introduce three new jewelry lines. OOO La La.

BAAC Gallery Presents *Facets of Fiber*

The Barrington Area Arts Council announces the opening of the BAAC Gallery's April exhibit, *Facets of Fiber*, on Friday, April 22. The exhibit features a fabulous presentation of exceptional two- and three-dimensional fiber art by 10 Illinois artists. The comprehensive showing of artwork includes embroidered paintings, hand-painted wool and silk hangings and a unique collection of beautiful fiber art-wear accessories and fashions.

Exhibiting artists include: Joanna Alot-Ciecholewski, Skokie; Dyllis Braithwaite, Barrington; Suzanne Garnier, Bloomington; Sara Itami, Lake Barrington Shores; Deborah Stromsdorfer, Rockford; Justine Vaughn, Prairie View; Debra Virgens, McHenry; Catherine Wahl, St. Charles; Gabrielle Wahlquist, Palatine; and Sharon Wright, Barrington.

The Barrington Area Arts Council invites the public to attend the opening reception on Friday evening, April 22, from 7 to 9 p.m. at the BAAC Gallery, 121-B Barrington Commons Ct., Barrington. The exhibit will be on view from April 22



Fallen Wings II by Sharon Wright

through May 26. The gallery hours are Monday through Friday, 10 a.m. to 5 p.m. For more information, call 1-847-382-5626.

Bursting with New Spring Fabrics and Colors

Spring is in the air and we're ready! We're proud to announce even more new treasures for you to take a look at.

We offer Anichini, Ann Gish, Anali, Anne de Solene, Bella Notte, Bellino, Christian Fishbacher, Dans Nos Maisons, Eastern Accents, Leitner, MUSE, Mystic Valley, Peacock Alley, SDH, Thief River, Tomasini, Zieppritz and more. We also carry fabulous nursery and children's collections from Bella Notte, Luv Stuff, Pine Creek, California Kids, Peacock Alley Baby & Purist Baby.



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www.luxurylinensofbarrington.com

Designers welcome!

Have We Mentioned Our Color Selection Lately?

Have we mentioned our color selection lately? We just can't help ourselves! There are so many beautiful colors and fabrics, that it seems we are constantly bringing in more.

• **Abyss**—Here it is—finally a selection of fabulous 700 gram towels made from the finest Egyptian cotton in the world—AVAILABLE IN 56 STUNNING COLORS. There is also a 500 gram towel for those who like their towels just a little thinner. Come in with paint chips or fabrics and we will certainly find towels to match. Don't forget, we also carry the wood fiber towels by **SDH** and fine Egyptian cotton towels by **Sferris Bros.** and **Peacock Alley**.

• **L Erba**—These are silk bedding ensembles like you have never seen before. They are unique in style and texture. With ensemble names like Serenity and Tranquility, they are meant to create a haven for pure relaxation.

• Some of our favorites have added new colors too. **Bella Notte** has a new Maise (buttery yellow) to add to their 22-color palette. **Little Giraffe** (remember those bathrobes?) now has a sage green, black, brown, darker blue and red. Remember, these can be ordered in adult blanket sizes

too.

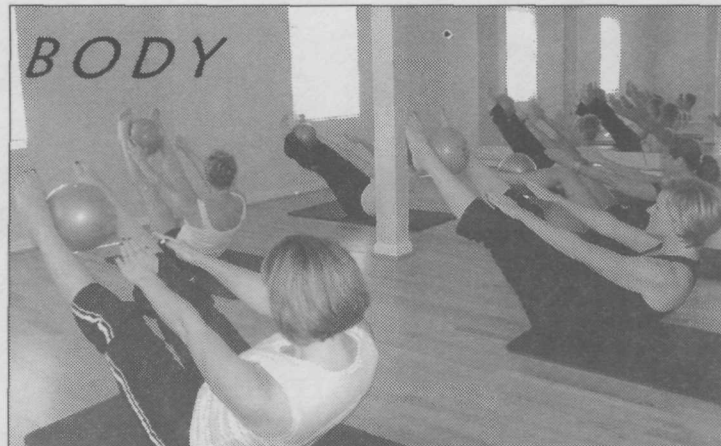
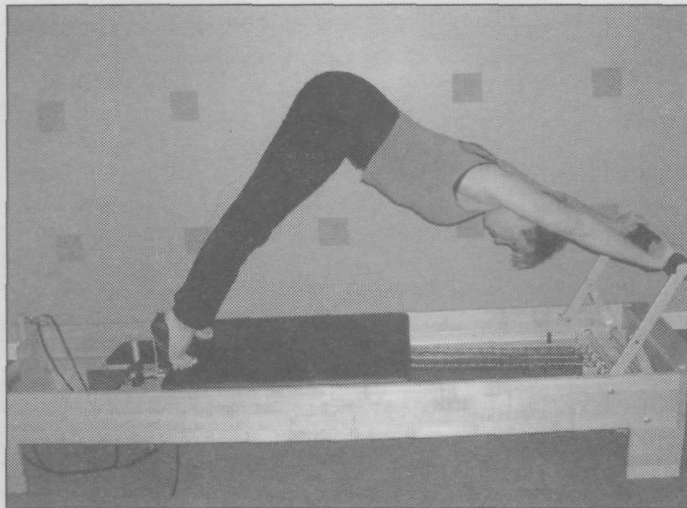
As always, you can find 42 colors in sheeting from **Christian Fischbacher**, over 25 colors of throws from **Zieppritz**, and over 10 great blanket colors from **Anichini**. Don't forget to check out our washable silks from **Settings By Mona** available in nine colors and the **Ann Gish** washable silk Ready-to-Bed line available in 13 colors.

Austin Horn swatches and catalogs have arrived, and the Faux Furs from **Second Impressions** are in. You must come in and feel the pure luxury in these fabrics.

Once again, we thank you for the support as we continue our quest to provide you with the largest selection of fine linens from all over the globe.

Our hours are Monday to Friday, 10 a.m. to 5 p.m., and Saturday, 10 a.m. to 3 p.m. As always, other times are available by request. You can reach us at 1-847-277-1480, email us at **ensembles@sbcglobal.net** or check out our Web site at **LuxuryLinensofBarrington.com**. We are located in downtown Barrington behind Egg Harbor. Although our street address is 220 South Cook, our store faces Lake Street, Suite 103.

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(Over 30 classes per week)

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- Early Morning Challenge
- Spin
- Yoga
- Bosu

PERSONAL TRAINING:

- General Fitness
- Athletes—Adult & Child
- Pre/Postnatal

Tri Delta Alumnae

The Chicago Northwest Alumnae Chapter of Delta Delta Delta Sorority meets the second Tuesday of every month from Sep-

tember through April.

This month's meeting on April 12 will feature sailing techniques. For further information, call Genny Ellefson at 1-847-381-5228.

Your Spring Break Continues

Your spring break doesn't have to end. Enjoy a relaxing hour or two at **Ben E. Salon Spa**. Choose a spa service from a classic facial to the very enjoyable Caribbean Therapy Body Treatment. Whether your skin is winter dry or seen too much vacation sun, our Aveda treatments are the

answer. Enjoy treatments in our beautifully designed spa. Amenities include a locker room, a steam shower, a quiet room and multiple treatment rooms. Plan your getaway now. Call our spa coordinator at 1-847-381-2160.

Your Spring Break Continues...



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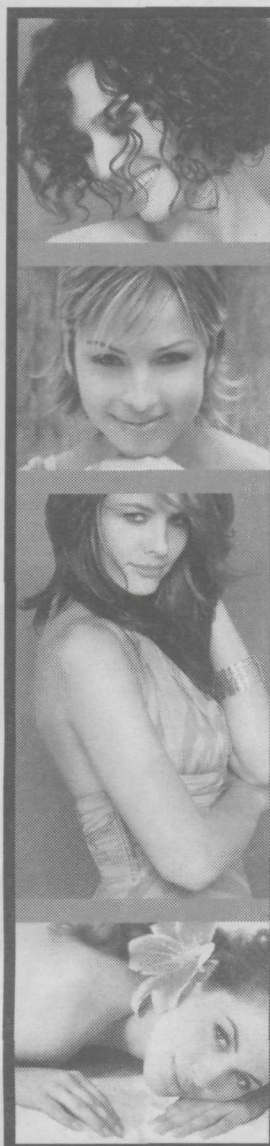
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wash & styles not included



847.381.5043 200 Applebee Street
Downtown Barrington Next to Jewel

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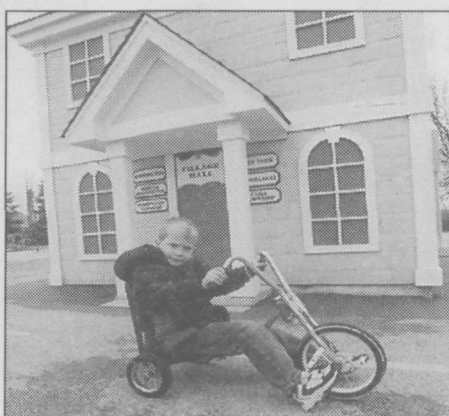
Date Set for Barrington Safety Town Registration

The Barrington Junior Women's Club announces the 2005 Safety Town program registration for campers and volunteers will be held on Saturday, April 2, between the hours of 8:30 and 11:30 a.m. at Health World, located at 1301 South Grove in Barrington, and Monday, April 4, from 5:30 to 7:30 p.m. at the Barrington Area Library, located at 505 North Northwest Highway in Barrington.

Safety Town will be offered June 13 to 24 and July 11 to 22. During the two-week sessions, children attend classes Monday through Friday for two hours each day at Health World in Barrington. Three class times are offered during each month: 8:30 to 10:30 a.m., 11:15 a.m. to 1:15 p.m., and 2:15 to 4:15 p.m.

Children entering kindergarten or first grade in Barrington Community Unit School District #220 who have not previously participated are eligible to register at walk-in registration. The Safety Town enrollment fee for campers is \$80, which includes a supply and snack fee. Scholarships are available based on financial need.

Students who have completed sixth, seventh and eighth grade may register as volunteers for the program. There is no fee for volunteers. Volunteers arrive 15 minutes before the campers and depart 15 minutes after the campers and help facilitate the program under the direction of the Safety Town site director and teaching staff.



Safety Town is an educational summer program sponsored by Barrington Junior Women's Club. During a two-week Safety Town session, a variety of important safety lessons are taught through actual participation and demonstrations. Safety topics covered include pedestrian, motorist, fire, bicycle, water, poison, electrical, animal and playground safety as well as stranger danger. Children also review their address and phone number and how to properly use 911 for an emergency.

An integral part of the program is the Safety Town permanent site at Health World built in 1997 through community support. This miniature town provides children with hands-on experience using safety information taught in the curriculum. Movies, songs, poems, and field trips to the Barrington Public Safety Building to visit the police and fire departments along



Sanctuary Salon & Spa Features Special Offer

The Sanctuary Salon & Spa in Barrington has an exciting offer for clients. The spa features four treatment rooms and offers personalized facials, massages, body wraps, exfoliating treatments and aromatherapy. Makeup lessons, applications, and touch ups are a specialty and waxing services are available. Plan a girl's day out and schedule your hair, nail, body, and makeup appointments today! It's therapy for the soul.

Our team of estheticians, massage therapists, stylists, and nail techs are the best

in the industry. They consider it an honor to be at your service and look forward to working with you on a regular basis.

To schedule your customized appointment, please call **847-381-5043**. The Sanctuary Salon & Spa is currently offering a **complimentary manicure with any full-service hair or spa service** through May 31, 2005. The Sanctuary Salon & Spa is located in Barrington Ice House Mall located at 200 Applebee Street, downtown Barrington.

Benefit Fashion Show and Champagne Luncheon

The Crystal Lake Country Club is once again the site for the Assisi Animal Foundation's annual benefit luncheon and fashion show.

The event, held since the early '90s, is an annual sellout featuring gorgeous spring stylings from the upscale shops—Savvy Spirit, Savvy Casual and Peter Daniel—of Barrington's popular Ice House Mall.

Added to those fashion treasures, there will be an added feature this year. The show's narrator will be Mrs. Illinois, Yvette Cotorino, who will introduce not only fashions from Barrington's Savvy shops and Peter Daniel but also stunning gowns from Mira of Delaware Street along Chicago's "Magnificent Mile". Mira's reputation is internationally known and respected, with each unique gown being individually designed and completed hand-sewn until perfect for the client, often a celebrity. It's often a task of a few months.

The event begins at 11:30 a.m. on April 16 with gathering and greeting, viewing of auction items, then lunch with executive chef Pajich's selected menu. The luncheon service will be followed by an informal modeling of inspired spring selections,



Rosemary Doherty of Savvy Spirit and Savvy Casual and Beth Johansen coordinate the April 16th fashion show selections for the Assisi Animal Foundation.

covering casual spring days, special events and career "must-haves".

Reservations are required, and tickets will not be available at the door. Show organizers recommend early reservations to avoid disappointments. For information or reservations, please call The Assisi Animal Foundation at 815-455-9411.

with a visit to a local park are included to help children enjoy and understand the important lessons.

On a daily basis, the campers are separated into small groups, where the student volunteers assist with the presentation of safety material and help the campers to practice the safety lessons. It is in the small group where the campers make friends and the volunteers develop important leadership skills. Eligible students willing to volunteer are encouraged to register on April 2 at Health World or April 4 at the Barrington Area Library.

New this year, bike helmets will be offered to Safety Town participants at discounted prices to reinforce the use of safety helmets when bicycling, skating and skateboarding. Thanks to the generosity of Bikes Plus, we will be offering a high-end bike helmet at a reduced cost. We'll also have experts on hand to help parents

appropriately fit the helmet for their child during camp orientation on June 13 and July 11.

Mail-in registration is available for in-district families unable to attend walk-in registration and for out-of-district families. All mail-in registrations will be processed on a first-come first-serve basis after April 4. Applications are available at the Barrington Area Library and at the Barrington Area Park District as well as at the Barrington Junior Women's Club Web site (www.bjwc.org). Applications must be signed and fully completed. A check for \$80 made payable to BJWC must accompany the application. Applications can be mailed to: BJWC Safety Town, P.O. Box 803, Barrington, IL, 60011.

All questions about Safety Town and registration should be directed to the Barrington Junior Women's Club Safety Town program at 1-847-622-3838.

The Invitations are Arriving...

Don't Panic. **Peter Daniel** always has the right solution, the perfect dress and the answer to accessories questions for summer parties, weddings and black-tie affairs. Our selection of special event dresses is beautiful this spring. One of the trends this season is the layered dress in sumptuous shades of coral, turquoise and fuchsia.

Think separates to add dimension to your party wardrobe. Different tops, ponchos and accessories can change the look and feel of an outfit for several occasions.

So let the parties begin with beautiful looks and gorgeous dresses from **Peter Daniel!**

SAVE THE DATE!

**Treat Yourself to an
Informative and Fun Day
at the Ice House on
Thursday, April 28**

We've planned seminars, informal modeling, trunk shows and other special events throughout the day just for you. In fact, bring your friends and make a day of it. Refreshments will be served. Look for the details and invitations soon!

**Henry Jacobsen Collection of sportwear
and golf apparel—available at Peter Daniel**



*Into the
night*

Peter Daniel
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the special
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Sat 9:30-5:30 pm • Sun 12-4 pm



Surf's Up!

at the
**Canterbury Shoppe
Beach Party
Thursday, April 21st**

Ready for some fun? Grab a friend
and join us for our Girls Day Beach Party!

An all-day party (11-7) featuring:

Vietri Trunk Show—Meet John Miller from Vietri (11-3).
Our new line from **Mariposa**—beautiful and sassy!
Fresh and easy summer appetizers from **Rothschild**.
Area's largest **Nambé** selection featuring its newest pieces.
Cool discounts, beach beverages & lots of fun!

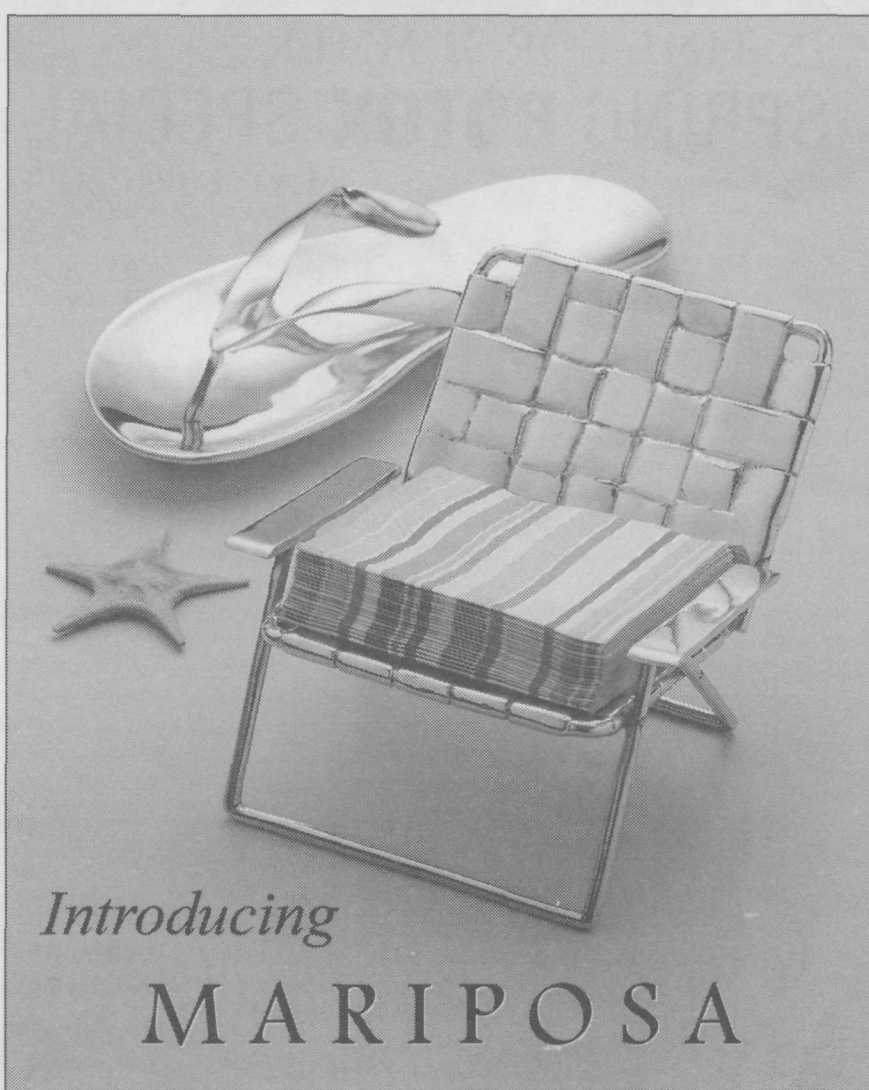
A perfect chance to shop for Mother's Day!

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Introducing

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\$19.⁹⁵ to \$24.⁹⁵

Select Girls & Boys Styles from Stride Rite, Columbia & Timberland

Village Shoes : 6304 Northwest Hwy. Crystal Lake 815-455-9211

monday-friday 9:30-8:00 saturday 9:30-6:00 sunday 11:00-5:00

Sale runs Wednesday, April 13th through Sunday, April 24th

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Everything is Coming Up Green at Village Shoes

Green is the color of spring. The hottest fashion color happens to be green. At **Village Shoes** we have lime, Kelly, apple, pistachio, and even "spring" green sandals and flats. This light fresh color green, by whatever name, is a great compliment to the popular pinks and fuchsias as well as other citrus colors. Step up to the color plate this summer with a bold choice. Why should the kids be the only ones to have all the fun?

Speaking of green, any gardeners out yet? **Village Shoes** has several colorful tall rain boots, muck boots and clogs for rainy muddy gardens. (Or the grocery store and bus stop.) This spring weather gear is whimsical, fashionable, and practical all at the same time. Now that's a

trend I can embrace! And for kids we have adorable gear by Kidorable. Raincoats, umbrellas, backpacks and boots in dinosaur to ladybug design. Don't get wet!

Summer is just around the corner. Time to get everyone ready for vacations and summer camps with sandals, gym shoes and water shoes at **Village Shoes**. We carry Stride Rite, Jumping Jack, Merrell, Ecco, Timberland, Teva, Keen, Birkenstocks, Dansko, and Naot. Choose from closed-toe fisherman, flip-flops, sport, play, and dress sandals. **Village Shoes** has you covered.

Sport Sandal Sale Wednesday, April 13 through Sunday, April 24. Select kid sandals from Stride Rite, Columbia, and Timberland, \$19.95 to \$24.95.

FUR-SURE! It's Time to Protect Your Winter Coats!

Everyone at **Shari's Furs, Leathers & Shearlings** urges our customers to clean and store their coats soon. This is a must. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will **help give it extended wearing life.**

Spring storage gives you the perfect opportunity to make small repairs or major remodels—so your fur will be ready for next year's inevitable blast of winter.

Spring is also a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. And with our resale racks, you can sell your old fur or purchase an affordable pre-owned one.

At **Shari's Furs, Leathers & Shearlings**, when you purchase a new fur gar-



ment, **all alterations, monogramming, and first-year storage are included.** There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."

"A Roaring '20s Run for the Roses" to Benefit Holy Family Academy

The committee is currently preparing for what will be the Third Annual Auction Benefit Gala "A Roaring '20s Run for the Roses" to be held on Friday, May 6, at Maggiano's in Schaumburg. The event is a dinner dance with a live and silent auction.

The event serves as the main source of revenue in providing tuition assistance to families in need and to defray start-up costs associated with growing our academy.

The ticket price is \$100 per person with open bar. For more information and to purchase tickets, please call 1-847-359-0042, ext. 172. Interested parties may also visit <http://hfca.maestroweb.com> to pur-

chase tickets, make a donation or view the online catalogue.

In 2002, the academy accomplished two historic hallmarks. After 38 years, they became the first Catholic elementary school to open in the Northwest Suburbs of Chicago and the first school to open in Inverness. They began with 29 students under the "Grow a School" Model where they added a grade each year. It is now their third year, and they are up to the third grade with 146 students.

The core principles of the academy are to provide students with academic excellence while developing moral character in a Catholic Christian environment.

25th Annual Young Artists Exhibit

The Barrington Area Arts Council invites everyone in the Barrington area and surrounding communities to attend the 25th annual Young Artists Exhibit on view from April 4 through 24 at the Ice House Mall, 200 Applebee Street, Barrington.

Colorful original artwork created by the elementary and middle school students in District 220 and St. Anne's School are displayed throughout the Ice House Mall.

Over 800 pieces of art ranging from watercolor to collage will be on shown for all to enjoy. Exhibiting schools include Countryside, Grove Avenue, Lines, North Barrington, Hough Street, Rose, Roslyn Road, Sunny Hill, BMS Prairie and Station campuses, and St. Anne's.

For more information, call BAAC at 1-847-382-5626.

Silk 'n Things Hosts Ladies Night Out

Silk 'n Things in the Deer Park Town Center is hosting their first **Ladies Night** event and extending their hours on **Thursday, April 7!** Mark your calendars and plan to join us for a fun evening of shopping with your friends. Unannounced specials and discounts are just a couple of the surprises you won't want to miss! The **Silk 'n Things** staff is ready to be your host at the Deer Park Town Center location on Thursday, April 7, from 6:30 to 10:00 p.m. for an enjoyable evening of shopping, fun and refreshments.

Visit both locations to see how you can complement your home with some of the finest accent pieces and creative silk florals available. Should you be in search of beautiful silk floral arrangements, life-like green plants, magnificent front door wreaths, striking pieces of framed art, or one-of-a-kind home accessories, your search will end at **Silk 'n Things**. You will also find lamps of different sizes and styles, an array of accent furniture from end tables to amours (old and new!), impressive tabletop dinnerware with coordinating serving pieces and accessories, complementing linens, pillar and taper candles of every color, the latest in glass

jar candle scents, and more.

Ongoing arrivals of new merchandise provide fresh ideas for clients and also add to the exciting **Silk 'n Things** shopping experience. The downtown Barrington location is highlighted by its two-story Victorian home setting where each room is themed out to its own design. The style of the Deer Park Town Center location provides a refreshing contrast to Barrington with its endless ceiling height and wide spaces that allow for larger and more elaborate displays. Each location features its own style with different accessories. Amongst a wide variety of merchandise, you can find a fabulous line of handmade, Italian dinnerware and accessories at the Deer Park location, while in Barrington you can see the latest in garden iron.

Both stores also carry personal gifts, including special jewelry pieces, natural lotions and perfumes, and distinctive, handmade purses. Whether shopping for your home, yourself or gift giving, the **Silk 'n Things** staff is eager to serve you and your needs!

Interior designers are welcome to inquire about our designer program!

BACOA Annual Meeting April 27

The Barrington Area Council on Aging, Inc., will hold its 20th Annual Meeting on Wednesday, April 27, from 6:30 to 9:30 p.m. at The Garlands of Barrington. This year's theme will be "BACOA: Leading the Way to the Future".

The annual meeting is open to the public; cost of the dinner is \$40 per person. For more information or to make a reservation, please call BACOA at 1-847-381-5030 by Wednesday, April 20.

Ladies Night Out

Join **Silk 'n Things** for an Evening of Fun!

Deer Park Town Center location only

Thursday, April 7, 2005

6:30pm - 10:00pm

- Special Sale on Featured Items
- Draw Your Discount at Time of Purchase
- Bring a Friend...receive a free gift
- Extended Hours
- Refreshments

silk 'n things



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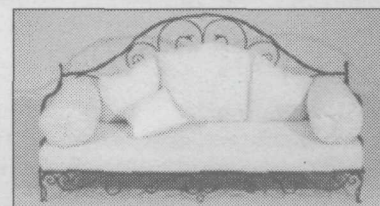
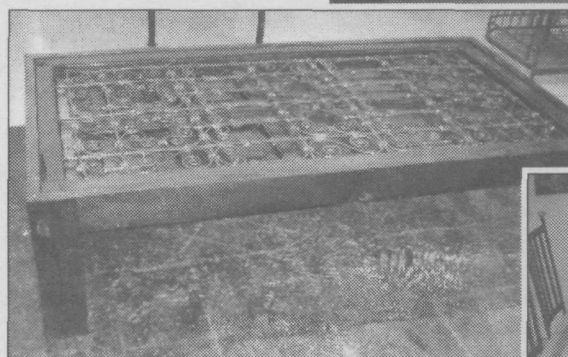
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New Hours: Open Tuesday, Thursday, Friday 10 to 5, Saturday 10 to 3
Monday, Wednesday, Sunday by appointment (call Nadine at 630.330.3854)

CFC Native Plant, Shrub and Tree Sale

Citizens for Conservation will hold its Ninth Annual Native Plant, Shrub and Tree Sale on Saturday, May 7, from 9 a.m. to noon.

Choose from a selection of more than 150 varieties of hardy native plants. Whether your yard is sunny, shady, wet or dry, you can find a native plant to enhance your garden. There will be grasses, sedges and many different forbes (wildflowers). Some will be simple and subtle; others will be brassy and more declarative. When you garden with native plants, you provide habitat for butterflies, beneficial insects and birds.

All proceeds from this sale will be used to support CFC's mission to "save living space for living things" through protection, restoration and stewardship of land, conservation of natural resources and education.

The plant sale will be held at CFC's headquarters, 459 W. Highway 22. Look for the white farmhouse with a silo across the street from the entrance to Good Shepherd Hospital in Lake Barrington. Call 1-847-382-SAVE for additional information.



Marcia Share (left) and Beth Cripe are among many Citizens for Conservation volunteers preparing for CFC's Ninth Annual Native Plant, Shrub and Tree Sale to be held Saturday, May 7, from 9 a.m. to noon.

Gardeners will find native plants for landscaping in sunny, shady, wet or dry locations. The sale will be held at CFC's headquarters, 459 West Highway 22. (Look for the white farmhouse with a silo across from the entrance to Good Shepherd Hospital in Lake Barrington.)

BACOA to Present Information on Costa Rica Tour

It's not just another vacation.

The Barrington Area Council on Aging and Collette Vacations will present information on a Smithsonian Journey Travel Adventure to Costa Rica on Tuesday, April

26, from 4 to 6 p.m. in the Performing Arts Center at The Garlands of Barrington, 1000 Garlands Lane, Barrington. The 10-day tour will begin Nov. 3.

The custom-created tours from Smithsonian Journeys Travel are created for ad-

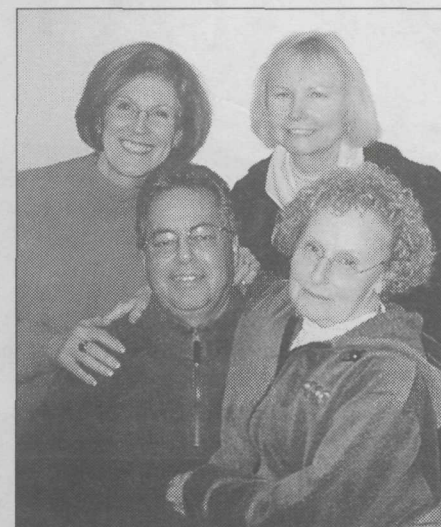
Barrington Lyric's 2005-2006 Board of Directors Announced

The 2005-2006 officers and executive board of Barrington Chapter of Lyric Opera of Chicago invite new members to share in a year of entertainment, education and unmatched camaraderie, including Lyric Opera of Chicago special invitations, concert privileges and much more.

For inquiries on Barrington Chapter membership, please phone George Obermaier at 1-847-985-0837.

As presented by the 2004-2005 nominating committee chair Mary Green and her committee—Norma Carey, Barrington; Mary Robins, Arlington Heights; and Toni Savadel, Carpentersville—the 2005-2006 officers and executive board will be: president Maureen Brown, Lake Zurich; first vice president George Obermaier, membership, Schaumburg; Toni Savadel, second vice president in charge of programs; Norma Carey, recording secretary; and Dave Nelleman, treasurer, St. Charles. Immediate past president is Mary Robins.

Committee chairpersons will be: Mary Robins, archivist; Catherine Mura, community relations, Barrington; Howard Robins, development, Arlington Heights; hospitality chair Mary Green, Barrington; Kathryn Black, invitations, Barrington; Dennis Hayes, outreach education, St. Charles; Diane Johnson, Operathon, Ar-



Before the March BCLO board meeting are (clockwise, from lower left) Howard Robins, Mary Robins and Diane Johnson from Arlington Heights, and Maureen Brown from Lake Zurich.

lington Heights; reservations, Margit Vogel, Barrington; and Martha Kersey, volunteers, Schaumburg. And nominating chair Fritz Fredrickson will be assisted by Norma Cary and Margit Vogel, Barrington.

You may visit Lyric Opera of Chicago's Web site at www.lyricopera.org.

venturous travelers who seek the thrill of discovery and learning. The tours offer flexibility and economical rates as well as

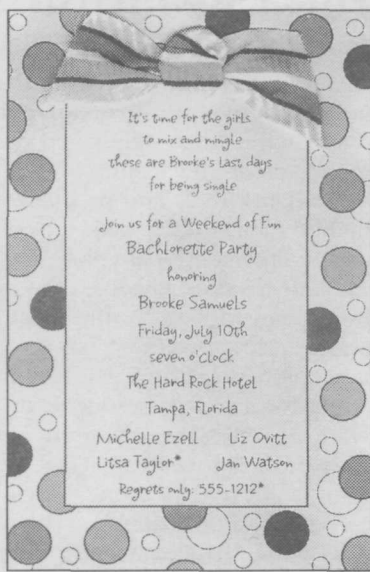
local expert speakers.

For further information or to make a reservation, call BACOA at 1-847-381-5030.

Spring Showers

From the inviting selection of invitations to the prettiest paper goods around, **Little Shop of Papers** showers you with great ideas for spring entertaining. Our helpful staff will assist you with the wording for your invitations and print them up for you right in our shop! And fresh new gift ideas and cards make sure you arrive at any party in style.

Little Shop of Papers, Ltd. is located at The Foundry, 740 W. Northwest Highway, Barrington. Call 1-847-382-7733.



Chers Amis...

Spring is finally here... and to celebrate, we are featuring an April tradition in France: "**Le Gigot D'Agneau Printanier**"—a roasted leg of spring lamb, hand-rubbed with garlic and herbs de Provence, served pink with flageolets and haricots verts... Simply delightful!

It is also the time of the year when we like to feature all these wonderful seasonal items: fiddleheads ferns, beer-battered smelts, artichokes... Please do not hesitate to ask your waiter if these are available.

We have also reconfigured our menus. Hope you have noticed all the changes and all the information we have inserted!

If you own a "car of interest", preferably a collectible, classic, muscle, sport, etc., then plan to attend our **June 12th**

event "**Wheels and Meal**".

Lots of changes at **D & J Bistro** lately. And for one, Dominique has handed me the "plume" to let me write our monthly editorial... I have been at the bistro since 1995. I started as a waiter and, shortly after, was offered the position of host, then maitre d', now general manager since 1999. Who am I? I am Stephane (or as Dominique likes to call me, Mr. Goupil)! I am looking forward to seeing you at **D & J Bistro** and assisting you for any special request, private party or special dinner you would like us to host for you.

Thank you for supporting our "non-corporate" eatery!

—Stephane
General Manager

Joe Zeller from River Trading Post to Speak

Signal Hill Chapter of the Daughters of the American Revolution will welcome the spring season on April 19 at the Barrington Library, Room B, 505 N. Northwest Highway, Barrington. The business meeting will be at 11:30 a.m. with social period and refreshments to follow at noon.

Joe Zeller will present the program "Native American Art and Weaving". Mr. Zeller conceived and implemented River Trading Post in East Dundee after he retired from over 40 years in the advertising agency business. During the early '60s, he became an avid collector of Native American art, especially of the Navajo, Hopi and other Pueblo people. His idea behind River Trading Post was to share his enthusiasm for this art and artifacts with others.

Hostesses for the day will be Donna Fesselmeyer, Lois Lee, Helen Mellin, Candice Meyer and Barbara Sullivan.

To be eligible for membership, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriotic service. We are eager to help prospective members trace their ancestry. A lineage workshop will be held Saturday, April 23, and private assistance may also be arranged. Anyone needing to know more about membership may contact Margaret Christiansen, 18478361758, or Judy Koral, 18475264054. For more information about the meeting or Children of the American Revolution, please call Sally Hansen, 18476587292.

"Fashions and Flowers"

On Thursday, April 21, the Royal Melbourne Country Club in Long Grove will be the site of this year's annual Kildeer Women's Club fund-raiser luncheon and fashion show, "Fashions and Flowers". The event will begin at 11:00 a.m. with lunch at 12:15 p.m. followed by a fashion show presented by Mary Anne's Closet of Long Grove.

In a garden setting of spring flowers, the guests will have the opportunity to bid on silent auction items such as a week at a condo in Myrtle Beach, S.C. The pro-

ceeds from this fund-raiser will benefit local not-for-profit charities. Lee Bassett of Long Grove will once again provide music for the occasion.

Tickets are \$40 per person. Guests are welcome.

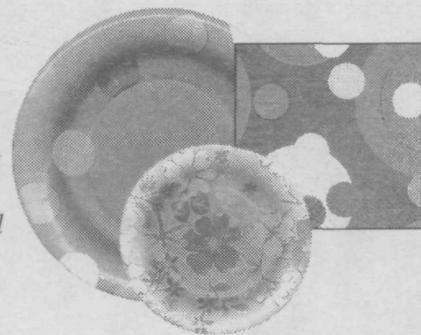
The Kildeer Women's Club membership is open to all women in the surrounding communities. For further information on this April 21st event or our organization, please contact Leslie at 1-847-438-3696. Or visit www.kildeerwomensclub.com on the Web.

Festive & Fun Tableware

All new tableware for your early spring entertaining—glorious colors to brighten the gloomiest day! Whimsical yet stylish designs are perfect for special parties and celebrations. See the new crop of invitations that will inspire some wonderful parties for the new season. There's so much to choose from at...

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Sunday, May 8th

Mother's Day



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The Mad Hatter Hosts Friends of Sparrow Luncheon

Hurry! You don't want to miss this important date!

The Hatter has agreed to host his famous "Mad Hatter's Tea Party" just in time for the annual meeting of Friends of Home of the Sparrow. It should be a wacky, upside-down, disorganized day, since The Hatter is in charge!

All is set for Wynstone Country Club, 1 Wynstone Drive, North Barrington, at 11 a.m. on Thursday, April 14. Call Jan at 1-847-277-0407. For \$30, she promises you a permanent spot at The Hatter's table. And, she vows not to ask you "the riddle" if you bring a gift card (of any amount) for use by program graduates from one of the following: Jewel-Osco, Dominick's, Target or Wal-Mart. Whew!

Participate in an interesting update celebrating the continuing work of Home of the Sparrow which, in 2004, provided transitional shelter and services to 129

homeless women and children ranging in age from newborn to 60 years. In addition to housing, the home provides educational opportunity and counselling within a structured compassionate environment and enables these motivated individuals to become independent employed members of society. The (approximately) 18-month program is conducted within facilities located in the Northwest Suburbs of Palatine, Crystal Lake and McHenry.

Friends of Home of the Sparrow is comprised of members from throughout the northwest communities who provide advocacy, financial and volunteer support to Home of the Sparrow. New members are welcome to participate in a variety of projects.

It's always time for tea and a story! Bring a friend and join us! Hats encouraged!

Welcome Wagon Club Coffee

On April 12, 2005, the Welcome Wagon Club of Barrington will present a flower-arranging demonstration. The "Red Geranium" will teach us how they create their gorgeous arrangements and bouquets. The coffee will be held at a member's home and is open to both members and nonmembers.

This will be a wonderful chance to meet new friends and to socialize with ladies from Barrington and the surrounding communities. So please join us at 10 a.m. for coffee and refreshments.

For directions and more information, please call Lynn at 1-847-304-1074.



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Hours are Mon. 8-4, Tue. 8-5:30, Wed., Thu. 8-8, Fri 8-5:30, Sat 8-4

For a Beautiful Transformation

The team at **Elevation Salon** is excited to share all that they learned at the world-famous Midwest Beauty Show. The event covered the latest trends and techniques in cut, color and texture waves, as well as the latest tools and products. Soft, romantic hair is back with lots of texture and multidimensional color. The team at **Elevation Salon** witnessed lots of models being transformed by the most talented and world-renowned stylists, and they are anxious to transform you. So if you are ready for a trendy new look or you just want to refresh your current style, give **Elevation Salon** a call. They are conveniently located just one block west of Kelsey Road on Northwest Highway. Call **1-847-304-5970** for your appointment.



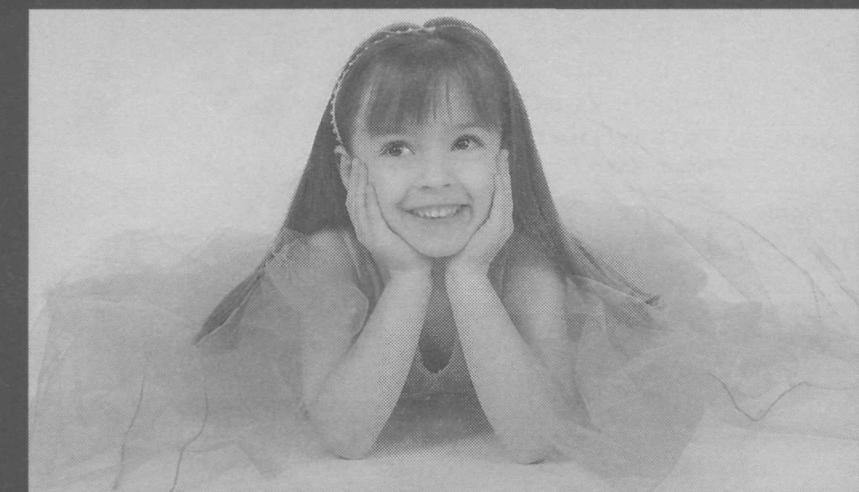
Portrait Collages by Lakeview Portraits



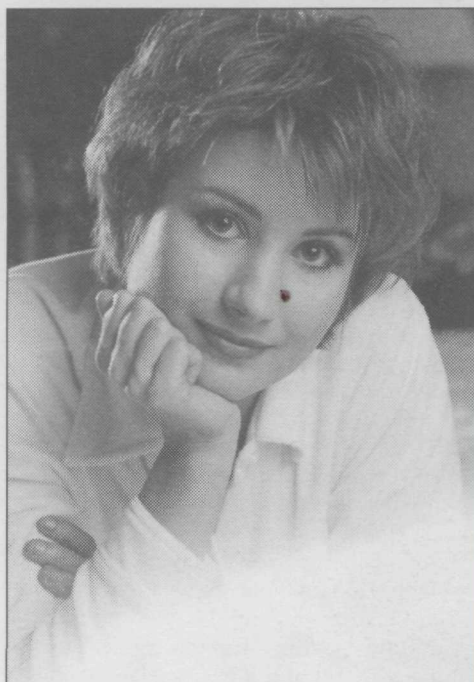
Lakeview Portrait Studio is looking forward to providing you with images of your family and children that you will treasure for years to come. Photographers **Larry** and **Shannon Backe** specialize in creating images that express the true character and emotion of their clients. Their

goal is to make the experience of having a portrait done fun, easy and memorable, and to create one-of-a-kind portraits of their customers.

Call **Lakeview Portrait Studio** at **847-540-6100** to find out about the many photographic services available.



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Humorist Loretta LaRoche Mixes Wit, Stress Management in "Life is Short" April 16

Acclaimed humorist and PBS/WTTW personality Loretta LaRoche will present "Life is Short—Wear Your Party Pants" at 7:30 p.m., Saturday, April 16, at the Harper College Performing Arts Center at Algonquin and Roselle roads, Palatine.

Wellness Place, a nonprofit cancer resource center in Palatine, is sponsoring the program.

"We are thrilled to bring Loretta to the Northwest Suburbs for this special event," said Lois Coldeway, Wellness Place program coordinator. "Loretta will mix her irreverent humor with solid techniques for reducing tension and bringing joy to life."

LaRoche has won six Emmy awards for

her public television specials and is the author of six books, including *Life is Short—Wear Your Party Pants*. A pioneer in the field of stress management, she is a faculty member of the Mind/Body Medical Center in Boston, an affiliate of Harvard Medical School.

The program, open to the community, is presented in cooperation with Harper College and with support from Royal American Bank. Tickets are available by visiting www.harpercollege.edu/boxoffice or calling 1-847-925-6100. For further information, contact Wellness Place, 1619 W. Colonial Parkway, Palatine, 1-847-221-2400.

Green Thumbs of Barrington Garden Club

Members of the Green Thumbs of Barrington Garden Club will meet on Monday, April 18 at the Barrington Area Library at 12:30 p.m.

Mr. Ted Leonard, photographer, will present "An Introduction to the Friendly world of Wild Mushrooms." Since 1969 he has collected, identified, and photographed mushrooms. Over the past 15 years he has given programs for garden clubs and many other organizations in the Chicago

area.

Mr. Leonard will present slides of local and exotic mushrooms featuring safe edible varieties as well as deadly poisonous specimens with information on how to tell the difference. There will be recipe sheets, and time will be allowed for questions.

Visitors and guests are welcome to attend. Those interested may contact Carol at 1-847-526-1118 for further information.

What's Happening at Starr Couture: Spring 2005 Trends

This spring look fabulous and celebrate with beauty, glamour, style and luxury. With so many choices there are great styles and options for everyone. Here is a brief interpretation of what I saw on the runways in Europe.

The big talk is about...



Starr Kondos, Owner

VOLUME

Flared skirts, slouchy pants balancing the very full with the fitted. For example a short fitted jacket or top with a full bottom or a skinny pant with a tunic or a loose fitting top. It's controlling volume with shaping keeping it in balance.

NOVELTY

Intricate details such as folds-tucs, pleats and unusual stitching. Sparkles, crystals and a touch of glitter for daytime. Embellishment. Beautiful embroideries, pearls and sequins sewn and pinned onto everything from tops to bottoms, to dress up casual cotton or linen.

COLORS

Gold metallic or glistening gold work with basic white or khakis.

All white

Blast of color. Azalea, Brilliant turquoise

Sherbert colors of Mango, Lemon, and Key Lime

Ocean Hues of Jade, Aqua, and teal

Rich shades of greens, all shades of lavender, sky blues and earthy browns

ACCESSORIES

Its about more versus less.

BOLD JEWELRY

Statement pieces, pearls clustered with a brooch. Cascading pendant necklace, exciting colors, semi precious stones, beaded and natural elements.

FLOWERS

Worn on hair, hats, jackets, belts, shoes and bags.

BELTS

Leather with brooch buckles, multistrand pearls, sashes and waist wraps.

BAGS

Go for luxurious leather, eye popping novelty prints with a mix of dazzle, glitz and sparkle. Set yourself apart with an incredibly well made bag that is chic-functional and something to talk about.

SHOES

Fun and colorful styles from ornamentation and appliques to prints and special leather treatments. Novelty details like flowers, bows, buckles, jewels and glitz. Metallics, exotic skins, wedges, and chic sexy sandals.

Don't miss our limited edition shoes introduced in the U.S. for the first time. They are unlike anything else out there. They are like jewels and a work of art so get them while they last.

For the latest European Fashions—shoes and accessories not found at any other store visit our store and see for yourself. So get ready to have fun and turn up the volume.

—Starr



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THE GARLANDS



OF BARRINGTON

Explore

THE FINE ART OF RETIREMENT

From underwater sea exploration...

...to arranging for a whole new lifestyle, Garlands member Don Hansen doesn't shy away from adventure. Don's career has taken him and his wife, Janet, from Iowa to England to New York and finally to Barrington where they made their home for the last 32 years. As the former chairman of The Park Corporation, Don watched The Garlands development with interest, and, subsequently, the Hansens were among the first residents to move in.

"As Garlands pioneers, our friends frequently ask us how we like living here, and we tell them in all sincerity, 'We just love it!' We looked a number of other retirement places, and we found The Garlands to be a good value as well as a very prestigious location. We're delighted we moved."

In the winter, the Hansens explore Hawaii where Don scuba dives and Janet perfects her personal fitness routine. "In preparation for Hawaii, I swim three times a week in The Garlands pool, and Janet practices yoga and lifts weights. Exercise is important to a lot of us at The Garlands—we need to stay fit to keep up with our active lifestyles!"

The Garlands offers homes with award-winning architecture designed for ageless beauty...the utmost in hospitality and services...fantastic dining...an unmatched selection of amenities for pleasure and business...a spa, fitness and aquatic center offering the ultimate in fitness and relaxation...a myriad of activities from which to choose...and good neighbors who make great friends. You provide the artistry that makes it all uniquely you.

Orchestrate a rewarding and satisfying life by transforming your retirement from ordinary to outstanding. And begin by selecting The Garlands, Chicagoland's most desirable retirement address.



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Or come for a personalized tour and see first hand what makes this community so appealing.

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Learning. Independence. Freedom. Enrichment.

Discover the true meaning of living well in a community distinguished by a zest for living LIFE to the fullest.



Alexian Neurosciences Institute Memory Loss Series to be Held at Prairieview at The Garlands

Prairieview at The Garlands, 6000 Garlands Lane, Barrington, has extended its series of community education programs by hosting a **four-part educational series on Alzheimer's disease and related memory disorders**. The programs are designed to help caregivers of aging parents or friends better understand their options and resources. Offered in conjunction with and led by professionals from The Memory Disorders Center of The Alexian Neurosciences Institute, this series is offered for family members and professional caregivers of persons with memory loss. It is offered the second Tuesday of the month from April to July. Participants are invited to register for the whole series or just one class by calling **1-847-852-3500**. There is no charge to the public.

• **Part I: Memory Loss 101, Tuesday, April 12, 7 to 8 p.m., Garlands Center for The Performing Arts**—Part I of the series offers a basic understanding of the diagnosis, treatment and prognosis for people experiencing symptoms of memory loss.

• **Part II: Planning Ahead and Community Resources, Tuesday, May 10, 7 to 8 p.m., The Garlands Surround Sound Theater**—Part II of the series is about planning ahead for the future legal, financial and care needs of a person with a memory disorder. Discover the local resources, programs and services for people who are affected by memory loss.

• **Part III: Behavior as Communication, Tuesday, June 14, 7 to 8 p.m., The Garlands Center for The Performing Arts**—This session will help caregivers and fam-

ily members adapt to alternative ways of communicating with their loved one. Learn about behavioral changes, how to think of these behaviors in terms of the messages they are trying to relate, and how to understand and make adjustments.

• **Part IV: Taking Care of the Caregiver, Tuesday, July 12, 7 to 8 p.m., The Garlands Center for The Performing Arts**—This session will help participants explore the needs of the caregiver and will offer suggestions on how to avoid burnout.

The Alexian Neurosciences Institute specializes in advanced assessment techniques, diagnostic procedures and individualized treatment strategies to achieve the highest quality of life possible for people who suffer from neurological disorders including memory loss. The institute's Memory Disorders Center is currently conducting clinical research trials and actively enrolling patients with dementia and Alzheimer's disease, making the next generation of medical technology available to patients seeking alternative approaches to care.

The Garlands and Prairieview at The Garlands, located near the heart of Barrington off Highway 14 near the Barrington Area Library, is a unique community for people 55 and older that, in addition to offering fine dining and lifelong learning programs to the public, provides residents an uncompromising lifestyle in a resort setting. For more information, please phone **1-847-756-3000** or **800-822-0267** or visit our Web site at—www.TheGarlands.com.

Powerful Prayer: A Workshop on Practical Spirituality and Ageless Living

Powerful Prayer: A Workshop on Practical Spirituality and Ageless Living will be held Sunday, April 17, from 2:00 to 3:30 p.m. at The Garlands Center for The Performing Arts. There is no charge for the event itself. The textbook, *Science and Health with Key to the Scriptures*, will be available for \$10.

Co-sponsored by the Arlington Heights and Barrington Christian Science churches, this ecumenical exploration of practical spirituality and ageless living is presented by Maryl Walters, board of lectureship for the Christian Science Church in Boston. Walters is an inspirational speaker from St. Louis, Mo., who has practiced prayer-based healing for 28 years. She has traveled throughout the United States and Canada as a public speaker on the subject of spirituality as a natural and practical source of healing.

Participants are invited to come with a desire to be healthier and happier, a con-

viction that prayer improves outcomes, and an interest in the impact of thought on experience. Walters will explore real-life examples of "prayer-power", the relationship between spirituality and health, and the spiritual laws you can rely on for healing. Participants will leave with a new approach to ageless living and the realization that spiritual healing is practical as well as the resources to prove this for themselves.

The Garlands and Prairieview at The Garlands, located near the heart of Barrington off Highway 14 near the Barrington Area Library, is a unique community for people 55 and older. In addition to offering fine dining and lifelong learning programs to the public, The Garlands provides residents an uncompromising lifestyle in a resort setting. For more information, phone **1-847-756-3000** or **800-822-0267** or visit our Web site at www.TheGarlands.com.

May 5th Membership Tea

Nanette Luarca, lecturer, museum education, will discuss "Art with a Conscience: Social Awareness in Art," the topic for the Spring Membership Tea, on May 5, sponsored by the Barrington Community Asso-

ciates of the Art Institute of Chicago.

The tea will begin at 1 p.m. at the Presbyterian Church of Barrington, 6 South Brinker Road. The public is welcome. There is no charge.

Customized Facials by Irina

Irina, a highly qualified Bioelements certified esthetician, is now offering customized treatments at **International Hair Designs**. One such treatment is manual microdermabrasion. This unique treatment is designed for clients who want the smoothing and rejuvenating effects of professional microdermabrasion but wish to avoid machine treatments or have an allergy to machine crystals. It's a safe, effective and affordable option for smoothing out fine lines and wrinkles, resurfacing minor acne scarring, reducing hyperpigmentation and de-aging the skin.

Also experience our new customized facial with skin care products by Anna

Lotan Ltd. These products are very well known throughout Europe. The main ingredients in these wonderful products are Siberian Seabuckthorn and Dead Sea minerals. Seabuckthorn was known for centuries in many northern countries (Siberia, Tibet, Mongolia, Scandinavia, etc.) as a skin care remedy and as a nutritional supplement with restorative qualities.

Body wax service is also available, featuring a low-melting Aloe Vera wax or a new hard wax for a more comfortable Brazilian bikini wax.

For more information visit our Web site at www.internationalhairdesigns.com or call **1-847-438-8636**.

Welcome to La Petite Crêperie

We would like to introduce ourselves and welcome all to our crêperie on the square in historic downtown Woodstock. We are a small, casual place where you will find a great meal, pleasant service and a nice wine list, all at an affordable price. Our bistro was created to share our passion for good food and our joy of entertaining friends and family.

Our menu features a variety of savory and sweet crêpes for breakfast, lunch and dinner. Our breakfast crêpes include La Complete... fried eggs with country ham, mushrooms, Gruyère, sautéed spinach, tomatoes and pommes rissolées. Or La Santa Fe... scrambled eggs, guacamole, cheese and pommes rissolées. We also offer a variety of eggs Benedict choices, omelettes and a French breakfast consisting of a basket of French pastries with toasted baguettes, confiture et café. Our savory crêpes include L'Azuren... sautéed bay scallops served with creamed leek; La Bourguignon... braised beef in red wine sauce, served with julienne of carrot and baby pearl onions; La Reine... velouté of poached chicken served with fresh herbs

and sautéed mushrooms. Our sweet crêpes include the "Oo la la"... Nutella with toasted hazelnut and bananas; "French Kiss"... caramelized apple and vanilla ice cream; and "Suzette"... crêpes flambé in beurre d'orange et Grand Marnier. This is just a small sample of the many different crêpes we offer. Our menu also features a variety of appetizers, salads, soups, gourmet sandwiches, and traditional bistro dishes such as half roasted duck and steak frites. We also serve lattes, cappuccino, espresso, wine and beer. Daily specials are offered.

Come spend a day shopping the quaint shops on the square in beautiful downtown Woodstock and stop by **La Petite Crêperie** to relax, laugh, and enjoy old and new friendships at our cozy bistro/crêperie.

Outdoor seating will be available during the warmer months. We will kindly host private parties. Reservations accepted. Call **815-337-0765**.

Please visit our Web site to view our complete menu at www.lapetitecreperie.net.

Bon Appetit,

—Frank, Kristine and Katherine

Independent Private School Information Fair

Are you satisfied with your child's education? Is your son or daughter experiencing a challenging and fulfilling academic experience with small class sizes, combined with a broad offering of extra curricular activities?

If the answer is no, and you'd like to explore some excellent local options, you'll be interested in the **Independent Private School Information Fair**, hosted by area private schools at the Barrington Public Library on Tuesday, April 19, from 7 to 9 p.m.

Families will have the opportunity to speak with representatives of schools in the Fox Valley area. All four participat-

ing schools are accredited members of the Lake Michigan Association of Independent Schools. As such, they maintain a recognized standard of excellence.

"Families often aren't aware of their educational options in the Barrington area," says Judy Jankowski, co-president for the LMAIS Admissions Group. "There are clearly many parents in our area searching for positive learning environments for their children."

The participating schools feel that by working together, they are providing an opportunity for families to get the information they need to find the school that best fits their children's needs and interests.

BACOA's Lunch and a Movie to Feature Gentlemen Prefer Blondes

Gentlemen Prefer Blondes will be the featured film of the Barrington Area Council on Aging's Lunch and a Movie Program for April.

The 1953 classic, starring Marilyn Monroe and Jane Russell, will be shown on Wednesday, April 20, at Langendorf Park. Lunch will be served at noon, and the

movie will follow. The movie will be shown on a large-screen television. Popcorn will be provided.

Please call BACOA by noon on Monday, April 18, at 1-847-381-5030 to register for lunch. The suggested donation is \$3 per person.

New Customer Special Consultation, Cut & Style Only \$25 Reg. \$35-\$45 • Long Hair Additional 1ST VISIT ONLY <small>One coupon per customer. Not valid with any other offer. Valid with this coupon only. Offer expires 5/15/05</small>	Customer Appreciation 10% OFF Any One Hair Service Over \$40 <small>One coupon per customer. Not valid with any other offer. Valid with this coupon only. Offer expires 5/15/05</small>	Day Spa Services (Tues., Wed., Thurs.) \$10 OFF • Manicure/Pedicure Combo • Full Set Nails • One Hr. Facial • Full Leg Wax <small>One coupon per customer. Not valid with any other offer. Valid with this coupon only. Offer expires 5/15/05</small>
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Ask About Our Private Parties!

Your Child's Education: Are You Satisfied?

Come to an Independent School Information Fair

**Tuesday, April 19, 2005 • 7:00-9:00 pm
Barrington Public Library**

Da Vinci Academy Fox River Country Day School
Elgin Academy Quest Academy

Participating schools are accredited members of the
Lake Michigan Association of Independent Schools

A Few Moments at This Fair Could Make the Difference in Your Child's Future

For more information, call **847-888-7920**

Genealogy Workshop Planned by DAR

Signal Hill Chapter of the Daughters of the American Revolution will hold a genealogy workshop on Saturday, April 23, 10 a.m., at the Barrington Area Library, Room A, 505 N. Northwest Highway, Barrington.

Patricia Stahler, chairman of the NSDAR Membership Task Force for the state of Illinois, will conduct the meeting. Pat is also the regent of Perrin-Wheaton NSDAR Chapter in Wheaton, Ill. Anyone who would like to know more about researching their family history or interested in becoming a prospective member of NSDAR is invited to attend. Following the program, the speaker and volunteers will be available to assist those present. A light

lunch will be served.

Hostesses for the meeting will be Renee Alborn, Linda Brown, Deborah Jung, Beth Brown Quinn and Leslie Rohrer.

To be eligible for membership in NSDAR, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriotic service. The chapter is eager to help prospective members trace their ancestry. In addition to workshops, private assistance can also be arranged.

If you plan to attend or need to know more about the workshop, please contact Margaret Christiansen, 1-847-836-1758, or Judy Koral, 1-847-526-4054.

Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.



Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.



Chicago Rumble Tournament Trophy Winners



(From left) Mr. Paul Andraschko, John Andraschko, Reeya Shah, Ben Miller, Brian Etienne, Kreena Patel, Jayna Patel, Matthew Dyer, Raveena Shah and Mr. David Antczak Sr.

The following local Barrington and Lake Zurich residents brought home 14 trophies from the Chicago Rumble Tournament held at Parkland Junior High School in McHenry on Feb. 6.

- Kareem Abbas—Third Forms
- John Andraschko—First Forms
- Mr. Paul Andraschko—Second Forms
- Mr. David Antczak Sr.—First Forms
- Mr. David Antczak Sr.—Third Sparring
- Kevin Eiring—Third Forms
- Brian Etienne—First Forms

- Evan Lindroth—Second Forms
- Ben Miller—Third Forms
- Kreena Patel—Second Forms
- Jayna Patel—Second Forms
- Steve Rubak—Third Forms
- Raveena Shah—Third Forms
- Reeya Shah—First Forms

Master Lawson, master instructor and owner of Barrington Martial Arts, is proud of his students for their great accomplishments.

"Making Sense of Memory Loss" Program Focuses on Family Members

Some memory loss is normal as we age. But there are older people who experience frequent forgetfulness. What should family members know, and what can they do to help someone who is beginning to experience memory loss or other cognitive difficulties?

The Barrington Area Council on Aging and the Barrington Area Library will present "Making Sense of Memory Loss", a five-part educational program to help family members of persons in the early stages of memory loss. The program was developed by the Mather Institute on Aging and the Greater Illinois Chapter of the Alzheimer's Association.

The program will be presented on Wednesdays from April 6 through May 4. Each class will meet from 12:30 to 3:00

p.m. at the Barrington Area Library, 505 N. Northwest Highway, Barrington.

Topics will include: an overview of memory loss and related symptoms (April 6); communication strategies (April 13); dealing with changing roles and relationships (April 20); planning for the future (April 27); and effective ways of coping and caring (May 4).

Cost for the class and materials, including the class text, is \$20, although some scholarship funding may be available. Registration is required at least a week in advance, and participants are encouraged to attend all five sessions.

For registration and further information on the program, call BACOA at 1-847-381-5030.

Food Expert to Give Healthy Lifestyle Tips at Wellness Place March 31

Food expert Joyce Angell will present "The Adventure of a Lifestyle" on Thursday, March 31, from 6:30 to 8:00 p.m. at Wellness Place, a cancer resource center located at 1610 W. Colonial Parkway in Palatine. The free presentation to observe National Nutrition Month is open to everyone, but preregistration is required by calling 1-847-221-2400.

Angell, who enjoyed a long career in the food industry, is currently manager

of healthy living programs at Wellness House, a Hinsdale-based cancer resource center.

Wellness Place, a community-based, nonprofit organization, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties.

Kentucky Derby Runners Inspire Native Artist



Freedom
by Joe
Cajero, Jr.

Indian sculptor Joe Cajero, Jr. was invited to show his artwork at the 2003 Kentucky Derby. While there, he had the opportunity to view the thoroughbreds up close and to touch them.

"Looking into their eyes, there was so much depth. It was there that the image I would portray came to me," Cajero tells us.

"While the horses are bred and primed for athletic competition, there is a part of them that will always be wild and untamed. This spirit of freedom is what I saw in their eyes and actions, and how the title of this piece came to be.

"On the right shoulder blade are three circle designs. These circles are a common theme in my work, symbolizing the journey of the soul and its progression towards greater enlightenment or knowl-

edge. On both thighs is a handprint. The circled handprint on the right thigh represents the divine guidance that humans and animals alike receive from the non-physical realm. The left handprint recognizes the relationship between man and horse. The horse has aided us in war, agriculture and travel."

Cajero, of Jemez Pueblo, has cast 30 *Freedom* bronze sculptures that measure 16" high, 21" wide and 7" deep. The sculpture is on display at **River Trading Post** in East Dundee.

Cajero's work is on display at the Museum of Indian Arts & Culture in Santa Fe, N.M., and his work is represented exclusively at the **River Trading Post** galleries in East Dundee, Santa Fe, N.M., and Scottsdale, Ariz.

Spring into Warm Weather at Deer Park Town Center

As the weather warms up and the skies become a little more blue, it seems everyone is afflicted with spring fever. So get out and enjoy the beautiful spring days to come. **Deer Park Town Center** is ready to help you kick off the spring season with a special giveaway, enticing enter-to-win contest, and hot new spring fashions.

Deer Park Town Center will celebrate the start of the spring season with a special giveaway. When you present \$200 in same-day center-wide receipts at Deer Park Town Center's Penelope's Fine Jewelry; you will receive a **FREE crystal embellished brooch** (\$25 value and available in assorted styles), while quantities last. Penelope's Fine Jewelry, in suite 124, theatre-side, offers a wide selection of the finest handcrafted jewelry. Most designs are exclusive to this independent jeweler that also offers a customizing service, where customers can order pieces crafted according to their own designs and preferences.

You can also enter into a drawing now through April 18 at Cold Stone Creamery (suite 106, theatre-side) to win a **Cake-a-Month for an entire year**. This delectable prize is valued at \$400 and three winners will be selected from the entries. No purchase necessary, but rules and restrictions do apply. One entry per family, please. Cold Stone Creamery offers premium ice cream, yogurt and sorbet; all made fresh daily. To indulge in this favorite warm-

weather treat, you can choose to add one or more of an almost unlimited variety of "mix-ins" including; fresh fruit and nuts, pie fillings, brand name chocolate and gummy candies, cookie dough, soft fresh baked brownies and more.

Offering the latest in spring fashions, visit the vast selection of Deer Park Town Center's national apparel stores. Women's fashions for the season are sunny and vibrant, bursting with bright color and clean lines, while still incorporating the silks and floral patterns of the decidedly feminine styles. Accessorize with fun printed bags and simple jewels to complete your look. These trends and your trusted basics are available at your favorite stores at **Deer Park Town Center** including: Ann Taylor, Acorn, Coldwater Creek, Gap, J.Jill, Talbots, Banana Republic, Chico's and more.

Deer Park Town Center features more than 70 stores and restaurants including: Charmed, The Children's Place, L'Occitane, April Cornell, Noodles and Company and Pottery Barn. Shopping Hours are Monday through Saturday 10 a.m. to 9 p.m., and Sunday 12 to 5 p.m. For more information about the center including the storewide gift card program, please visit www.shopdeerparktowncenter.com or call 1-847-726-7755. **Deer Park Town Center** is owned and managed by Developers Diversified Realty (www.ddr.com).

River Trading Post

Arts of Native America
www.rivertadingpost.com

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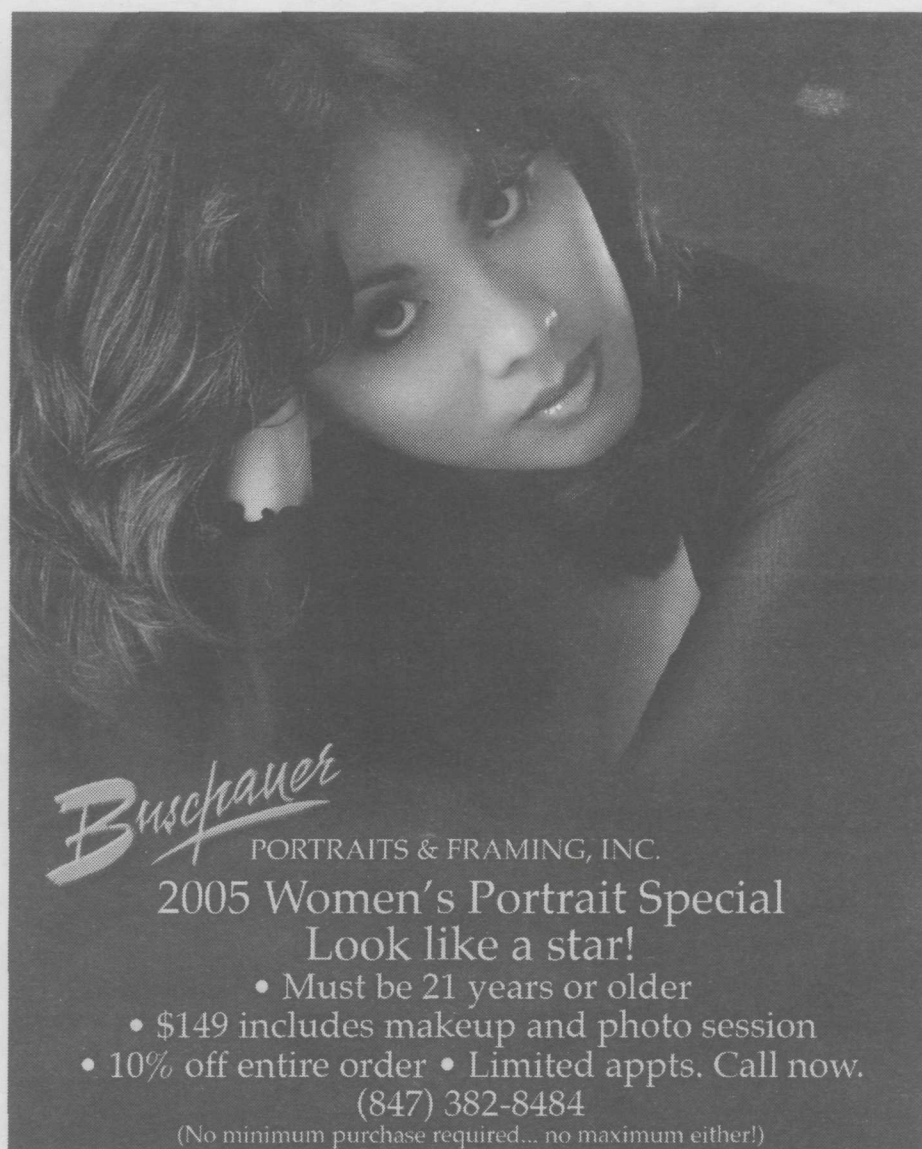
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Enter from March 18 - April 18, 2005.
One entry per family. Rules apply.
No purchase necessary. Enter only at Deer Park Town Center location. Call for details.

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Strings Attached Plays Tribute to Award Winners

Beautiful music greeted members and friends as they arrived at Citizens for Conservation's recent annual meeting. Strings Attached, composed of students Patrick Lee, Laura Poglitsch, Haran Tae and Erin Vukovich of Barrington High School, provided background music for the social hour. Attendees viewed many displays, including a special tribute to all past recipients of the William H. Miller Conservation Award on its 20th anniversary.

Guest speaker Rob Carmichael, founder and curator of Wildlife Discovery Center in Lake Forest, presented "A Scaly Tale—Reptiles of Illinois" and introduced the crowd to several "guests" including a venomous rattlesnake, the massasauga.

Cathy Bayer of Barrington was elected to the CFC Board of Directors and officers elected were Karen Hunter, president; Edith Auchter and Meredith Tucker, vice presidents; Melissa Washow, secretary; and David Kullander, treasurer.

News briefs on monitoring, conservation easements and the Spring Creek Forest Preserve joint project were given by Rob Neff, Edith Auchter and Jo Seagren.

Mighty Oak Awards, for nonboard members volunteering 50 hours or more in the last year, were presented to Joyce Allen, Donna Ducay, Demmy Giannis, Katherine Grover, Helen Hawthorne,



(From left) Karen Hunter, Citizens for Conservation president, congratulates Mary McCarthy and Penny Horne of the Garden Club of Barrington for their work in editing the multiaward winning publication *Keepers of the Land*. Each received a special CFC Thank You Award at Citizens for Conservation's annual meeting.

Carol Hogan, Amy Kuo, Cathy LeFevre, Jerry Masino, Neil Timlin, Gail Vanderpoel, Jim Vanderpoel, Ruth Vanderpoel, Stephen Wulff and Lucy Wyatt.

Shooting Star awards, given to CFC volunteers active for 10 years or more, were given to Cathy Bayer, Ken Cowan, Tom Crosh, Grace Eckstrum, Gail Vanderpoel, John Vanderpoel and Melissa Washow.

Special Thank You awards went to Kiran Frey, M.D.; Penny Horne and Mary McCarthy, Village Planters Garden Club; and to Ed Vrablik and Scott Vukovich for a number of very special and creative con-

Don't Miss Our 3rd Annual Women's Portrait Special—Look Great. Feel Great. It's Never Been Easier... Really!

Dear Ladies,

It's no secret that Hollywood celebrities use every tool and trick available to present themselves in the best possible light for special events. Even with this knowledge, it's hard not to sometimes envy the final results. We lament the seeming impossibility of occasionally achieving that same fantastic impression in pictures of ourselves.

Well, lament no more. The truth is you can look stunning too, given the techniques all the stars routinely employ. When it comes to portraits, it's about hair, makeup, lighting, clothing, posing and digital retouching to emphasize better features and minimize others.

I was first motivated to offer a women's portrait special years ago because of a particular makeup book. It demonstrated proper makeup and lighting techniques using celebrities for the subjects/models. Quite honestly, many of the stars we dub as gorgeous, didn't look so astonishing in their before pictures. In fact, the vast majority of them are and look like ordinary people without the benefit of hours of time spent with multiple talented artists that prepare them for and complete their photo shoots. To witness the transformations resulting from utilizing all of the right "ingredients" is truly remarkable. The best part is, I can offer you the same level of options available to Hollywood's elite,

right here in Barrington!

We'll coach you through each step of the journey, from initial wardrobe selections and custom makeup to the posing and lighting that suits you best, including comprehensive yet natural retouching. This is not a cookie cutter process. Each client is individually considered as to what will render her optimal results.

If you are heavier than you want to be at the moment, no need to be concerned. Digital capabilities provide for me to effectively and subtly remove up to thirty pounds from a three quarter or full body image. Particular body areas can be enhanced or reduced, as you desire.

We totally guarantee our work. If you're not completely thrilled with your pictures, I'll either do them over or refund your money, whichever you prefer. There is absolutely no risk on your part. How often do you get a guarantee that solid? Keep in mind that a celeb style portrait need not be glamorous. These options work just as superbly in casually styled images.

This special is currently in progress and won't last much longer. If you're game to participate, don't delay. With my being the sole photographer, there are a limited number of appointments. Thanks for your interest.

Sincerely,
 Al Buschauer

Lake Zurich Area Chamber of Commerce Seeks Scholarship Applicants

The Lake Zurich Area Chamber of Commerce is seeking applicants for four \$1,500 scholarships available through its annual scholarship program.

To be eligible for one of these scholarships, qualified candidates must be high school seniors who have been employed by a current LZACC member for not less than two summer seasons or for at least a six-month period prior to the application deadline. Candidates must also have a cumulative grade point average of 3.0 (letter grade of B) or greater and reside in Deer Park, Hawthorn Woods, Kildeer, Lake Zurich, Long Grove or North Barrington. The students will be evaluated by their application, school awards, extracurricular activities, community service, essay and an interview.

Scholarships are funded by proceeds collected from a silent auction held at the LZACC Annual Oktoberfest celebration at Mount St. Joseph the last weekend in September.

Lake Zurich Area Chamber of Com-

merce President Don Snetsinger of Village Bank and Trust said, "Investing in the futures of our young people is one of the most rewarding aspects of the Lake Zurich Area Chamber of Commerce. We look forward to meeting the local students during the interview process."

Area businesses and individuals interested in contributing to the scholarship program can contact the LZACC office at 1-847-438-5572 for more information.

Since 1915, The Lake Zurich Area Chamber of Commerce has been dedicated to building a vibrant community by promoting a strong business environment. It currently serves as an advocate and resource for over 400 businesses and organization members in Deer Park, Hawthorn Woods, Kildeer, Lake Zurich, Long Grove and North Barrington.

Contact the Lake Zurich Area Chamber of Commerce by telephone at 1-847-438-5572, by e-mail at info@lzacc.com or via their Web site at www.lzacc.com for more information.



tributions to the cause of conservation in this area.

The Great Blue Heron Award, in recognition of outstanding contribution toward conservation within CFC activities, went to board member Dorothy Sigel and college student Greg LeFevre.

CFC's highest award, the William H.

Miller Conservation Award honoring CFC founder and longtime president Bill Miller, was presented to Daria Sapp of Barrington Hills in recognition of her outstanding contribution toward conservation in the Barrington area in a wide variety of productive conservation efforts over a period of 20 years.

Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call **1-847-934-6555** for information.

Body Wrap Today... So You'll be Ready by May

Swimsuit and short season is right around the corner! Don't panic! A series of body wraps is just the thing to make sure you are sitting pretty by the poolside and looking sassy in your shorts.

What is a Body Wrap?

A body wrap is a toxin cleanse. Cotton cloth strips are soaked in an aloe vera and herb solution, heated to a comfortable temperature and then applied in a "mummy-style" wrap. The wrap is applied gently so you can lie comfortably under a blanket for 45 minutes.

What are the Benefits of a Body Wrap?

Most clients experience a feeling of well-being and increased energy levels. They also note a measurable size loss because toxins have been expelled into the lym-

phatic system. The aloe vera moisturizes, tones and tightens the skin, leaving it smooth and soft.

Can Body Wraps Reduce Cellulite?

After 10 to 15 wrap treatments, you can experience up to an 80% success in cellulite reduction.

How Often Should Treatments be Done?

For maximum results, you should schedule treatments every three-to-four days, with no more than seven days between wraps.

Call **Body & Sol** today to schedule your body wrap, massage or one of our exclusive Mist-On tan sessions. We are located at 836 S. Northwest Highway, just a half-mile south of Lake Cook Road before the traffic light at Hillside.

When Facing Separation or Divorce

Because most states require that assets be split equitably, not equally, unfortunately many divorced women end up losing economically. Debbie Schoendorf, CFP® and second vice president-investments with **Smith Barney** in Barrington, suggests considering the following issues.

• *Resolve how college tuition will be paid.* Both parents' contributions to college expenses will need to be addressed in the divorce agreement. Be cautious about using your retirement assets as a source of education funding, as these assets could take a very long time to replace. College costs can be met through a patchwork arrangement of low-interest loans, financial aid and part-time student jobs. Keep in mind, most women will have fewer financial resources in retirement than their children will have in college.

• *Re-evaluate your retirement plan.* Plan on Social Security as a supplementary income, not a major source of retirement wealth. To complement your retirement savings, you may need to rely on an investment portfolio, through which you may assume varying amounts of risk to achieve varying investment returns.

• *Consider health insurance coverage.* If one parent has access to health insurance at a reasonable cost, most states have laws permitting or requiring the court to order that parent to keep the children on

the plan. Children are typically covered until they reach age 18. If health insurance becomes an expense, it should be factored into the child support award.

• *Keeping the house* may help preserve some continuity in your children's lives. It is also a very valuable asset. But a home is an illiquid asset that can be very expensive to maintain. Mortgage, taxes, utilities and maintenance add up. Make sure you run the numbers ahead of time before you fight to keep your home.

Any reduction in your standard of living during this transition period may be used as grounds for providing less support in the future. Tuition, extracurricular costs, childcare, health care, recreation, transportation, housing and food should all be accounted for as part of your settlement. Therefore, when negotiating the terms of your separation agreement, remember that these choices will likely serve as the basis for your final divorce decree.

You can reach Debbie Schoendorf at 1-847-304-3530 for a complimentary consultation.

Smith Barney does not give tax or legal advice. Please consult your personal advisors for such guidance.

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Deadline!

The deadline for the **May Issue** is **Thursday, April 14.**

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Happenings!

in the area

Art Associates to View "Jacqueline Kennedy: The White House Years"

On Thursday, April 14, the Barrington Community Associates of the Art Institute of Chicago will sponsor a bus trip to the Field Museum to view "Jacqueline Kennedy: The White House Years".

This popular exhibition highlights her influence on American statesmanship and diplomacy through her style, intelligence and charisma. By demonstrating respect for other cultures, she helped promote international goodwill.

The more than 70 garments selected from the John F. Kennedy Library and Museum reveal how Mrs. Kennedy carefully shaped her image to reflect her vigor, ideals and internationalism of her husband's administration. The rarely seen photographs, handwritten notes, documents and film clips show excerpts from her husband's election campaign, state visits during his presidency, and her passion for the arts and history.

Her keen interest in other cultures during state visits abroad made Mrs. Kennedy very popular among people around the world. Her charm and skill with languages impressed foreign leaders including Soviet Premier Nikita Krushchev.

The exhibition highlights over 300 objects including original clothing, jewelry, hats, letters, programs and other documents from Mrs. Kennedy's time in the White House. The audio tour includes comments by Mrs. Kennedy and remembrances by Letitia Baldridge, Arthur Schlesinger, Jr., Oleg Cassini and Hubert de Givenchy.

The cost of \$65 for BCA members or \$75 for nonmembers includes admission to the museum and exhibit, the audio



Jacqueline Kennedy in a two-piece dark-red wool bouclé day dress worn at a White House presentation ceremony on Dec. 5, 1961, as well as a televised tour on Feb. 14, 1962.

tour, and lunch at Maggiano's Little Italy.

The bus will depart from Langendorf Park in Barrington at 9:15 a.m. and from Chicago at 2:30 p.m.

To register, contact Patricia Fein at 1-847-382-5953.

"Celebrating 100 Years of Rotary Service" Theme of Gala

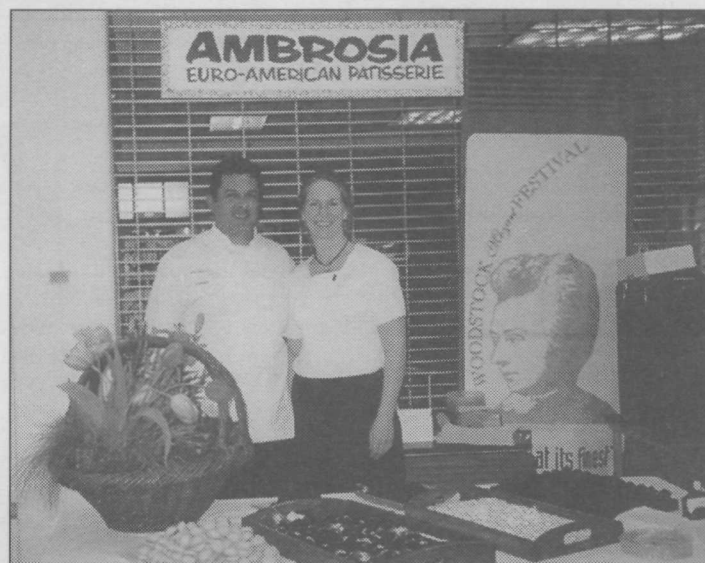


The Rotary Club of Barrington Planning Committee for the May 7th fund-raiser: (from left) Steve Kuehl, chairman; Burke Groom; Carol Beese; Kurt Marquardt; Belinda Bauer; and Mike Pinter. (Gary Hines and Carl Walsh are not shown.)

"Celebrating 100 Years of Rotary Service" is the theme of the Rotary Club of Barrington's gala fund-raiser slated for May 7 at the Stonegate Conference and Banquet Centre in Hoffman Estates. The celebration

will begin at 6:30 p.m. and will include a gourmet dinner, live and silent auctions, and dancing to the music of the Peter Miletic Orchestra. All proceeds of this event will benefit Barrington community

Mozart Festival Annual Jazz Brunch



A spectacular culinary extravaganza awaits those who attend the Woodstock Mozart Festival's Annual Spring Chefs' Showcase Brunch on Sunday, April 24, from 11 a.m. to 2 p.m. at the McHenry County College, Lucas Road and Route 14, Crystal Lake.

Twenty three area restaurants will vie to create the most delectable specialties and standard favorites. During the afternoon of this unique dining opportunity, guests will be invited to browse a silent auction of unusual treasures while enjoying background music by the Mike Knauf Jazz Quartet.

Restaurants that have agreed to partici-

pate to date are: 1776, Ambrosia Euro-American Patisserie, Bimbo's Restaurante, Bistro Wasabi, Bone Fish Grill, Bull Valley Golf Club, Chef Peter's Bistro, Chez Pierre's Crêperie, Eclectic, Harvest Moon Café, Incognito, Indian Cuisine, La Petite Crêperie, Le Vichyssois, Le Petit Marché, Michael's Bistro, Montarra, Pirro's Restaurante, Porter's Oyster Bar, Starbuck's Coffee, The Jail House Restaurant, Tip Top Bistro and the Woodstock Public House.

Tickets are \$35 per person or \$12 for children 12 and under. For reservations, contact Beth Wester at 1-847-497-3269 or e-mail bethwester707@comcast.net.

Barrington Hills Equestrian Site of Gala Event for Hospice of Northeastern Illinois

An equestrian estate in Barrington Hills is the location for "Lighting the Way," a gala to support Hospice of Northeastern Illinois on the evening of Saturday, June 25. Harris Bank is committed as a presenting sponsor.

The event's committee chair is Cary resident Conni Hummel with the support of Hospice Foundation of Northeastern Illinois Trustee Kim Duchossois and the assistance of Friends of Hospice, a new volunteer group that raises awareness and funds for Hospice of Northeastern Illinois.

"Lighting the Way" proceeds will benefit supportive care programs at Hospice of Northeastern Illinois, including its new children's care program, Hope's Friends;

a comprehensive integrative therapy program; inpatient units; and adult palliative care services. The gala proceeds will also assist grief support services; charity care; and professional staff education.

For sponsorship opportunities or to request an invitation, call Beth Raseman, Hospice Foundation of Northeastern Illinois, at 1-847-381-5811, ext. 252.

Hospice of Northeastern Illinois is a not-for-profit, community resource serving individuals at the end-of-life and their families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Since 1984, Hospice of Northeastern Illinois has provided care to more than 12,000 patients and their families.



projects as well as humanitarian service efforts around the world.

"We're planning a fun-filled evening, which will culminate in the excitement of a prize award," commented Steve Kuehl, chairman of the fund-raiser.

Rotary is an international service organization founded 100 years ago in Chicago; it now has over two million members in clubs around the world.

The Rotary Club of Barrington was founded 45 years ago. In its history, the club has raised thousands of dollars to benefit local and international charities. Recent past and ongoing projects include annual college and vocational scholarships to Barrington high school students; \$30,000 to Barrington High's Field of

Dreams; a founding sponsorship of the annual Fourth of July Festival; restoration of Bakers Lake shoreline and bird sanctuary; help in constructing and equipping a handicapped accessible park facility; \$90,000 donated to the worldwide Rotary campaign to eradicate polio; and shipping more than \$1 million in medical equipment and aid to countries in need.

"We thank the Barrington community for all their past support and invite your participation in this exciting event," commented Kurt Marquardt, president, Rotary Club of Barrington.

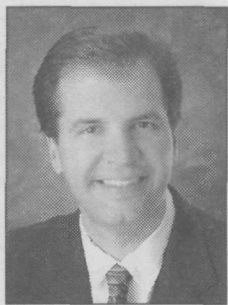
For further information, contact Steve Kuehl, 1-847-382-3476, or Kurt Marquardt at 1-847-381-2100.

Jack of all Trades

I recently received a dental advertisement at my home that had these words in it. "We specialize in fillings, bonding, braces, bleaching, extractions, gum surgery, veneers, crowns, nitrous oxide, implants, dentures, partials, root canals." The ad was for a single practitioner that was trying to market his practice to a broad consumer base. It reminded me of my dental school days, because we were all required to do the things mentioned in the ad. What we didn't realize then is that we all knew a little about a lot.

When a dentist graduates school and gets his license, he is allowed to perform any of the above mentioned procedures. As he continues to practice, he discovers what procedures he is best at. These are typically the ones that he enjoys most. He may choose to go back to school in order to become a specialist in the area that he enjoys. Many dental schools offer two-to-four-year specialty programs that graduates or practicing dentists can attend and learn more about the procedures they are interested in. Upon graduation, they receive a specialty license and are required to limit their practice to their specialty. Endodontics (root canals), orthodontics (braces), periodontics (gum surgery) and oral surgery are just a few of these spe-

by James T. Gavrilos, DDS



cialties. You can identify a specialist when you see the words "practice limited to..." in front of the specialty name.

What happens if a specialist does not want to limit himself? He can continue to maintain his general license and practice the specialty he learned on his own patients. This scenario rarely occurs, because the specialist will want to focus on what he really enjoys. If he does not declare a specialty, it is unlikely that other dentists would refer to him. General dentists rely on specialists to do the best work possible for their patients just like physicians rely on their specialists in the medical field.

For evaluation, call **Dr. James T. Gavrilos** in Barrington at **1-847-381-4040**.

Plastic Surgery and People's Fears

by Gary S. Churchill, MD

Many people think and talk about getting plastic surgery for years but fear prevents them from taking that final step and actually carrying through with it. Their concerns are understandable, and undergoing surgery is certainly not something to be taken lightly. Yet many of these fears can be eased with a little more knowledge and some accurate information.

Fear of the Results

A facelift is probably the procedure most feared by patients. One concern they have is that a facelift won't look natural; nobody wants to look pulled or too tight. The goal is to look refreshed and not as if surgery was performed. So how is this accomplished? Rather than depending on extensive skin undermining and pulling as is commonly done, we use a less invasive technique that depends more on tightening the deeper layers beneath the skin. This lifts and tightens the skin in a more natural way, distributing the tension from beneath the skin rather than directly from the incisions. The result is a faster recovery, a longer lasting result and a very natural look. This technique also minimizes the tension on the incisions resulting in far better healing.

Fear of Scars

Patients also worry that their scars will show. Unfortunately, many surgeons still use incisions that result in visible scars. But this is not the case with our incisions. After years of experience and constant refinements, we have developed an incision that is virtually undetectable when it has healed. The uniqueness of our incision is that it preserves the hairline in its natural position. While most surgeons place their incision in a straight line in front of the ear where a telltale scar will be seen, we hide the incisions in all the natural creases



Stacie McClane, MD Gary Churchill, MD



around and then just inside the ear. We also use dissolving sutures in all the incisions so no staples or sutures ever need to be removed.

Fear of Pain

The fear of post-operative pain prevents some people from considering undergoing surgery. However, facial surgery is not generally painful. During a facelift, the skin around the incisions is lifted. The skin will be numb at first, reducing post-operative pain. Most patients describe a facelift as feeling "tight." Very few people complain about pain.

Fear of Anesthesia

Anesthesia is far safer now than ever before. The newer anesthetic medications and monitoring equipment have revolutionized the field of outpatient surgery. There are new and effective medications to reduce or eliminate post-operative nausea even in those very sensitive patients. Patients recover from anesthesia and feel better sooner than ever before.

Fear of Hospitals

Many people don't like going to the hospital or having medical procedures of any kind. At **The Plastic Surgery and Laser Center**, we have made every effort to make your experience as pleasant and personal as possible. The atmosphere is

(Please continue on page 34)

COMMITTED to the HIGHEST STANDARDS of ORAL HEALTH

Your looks and smile are as important to us as they are to you – always. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an esthetic approach to your appearance.

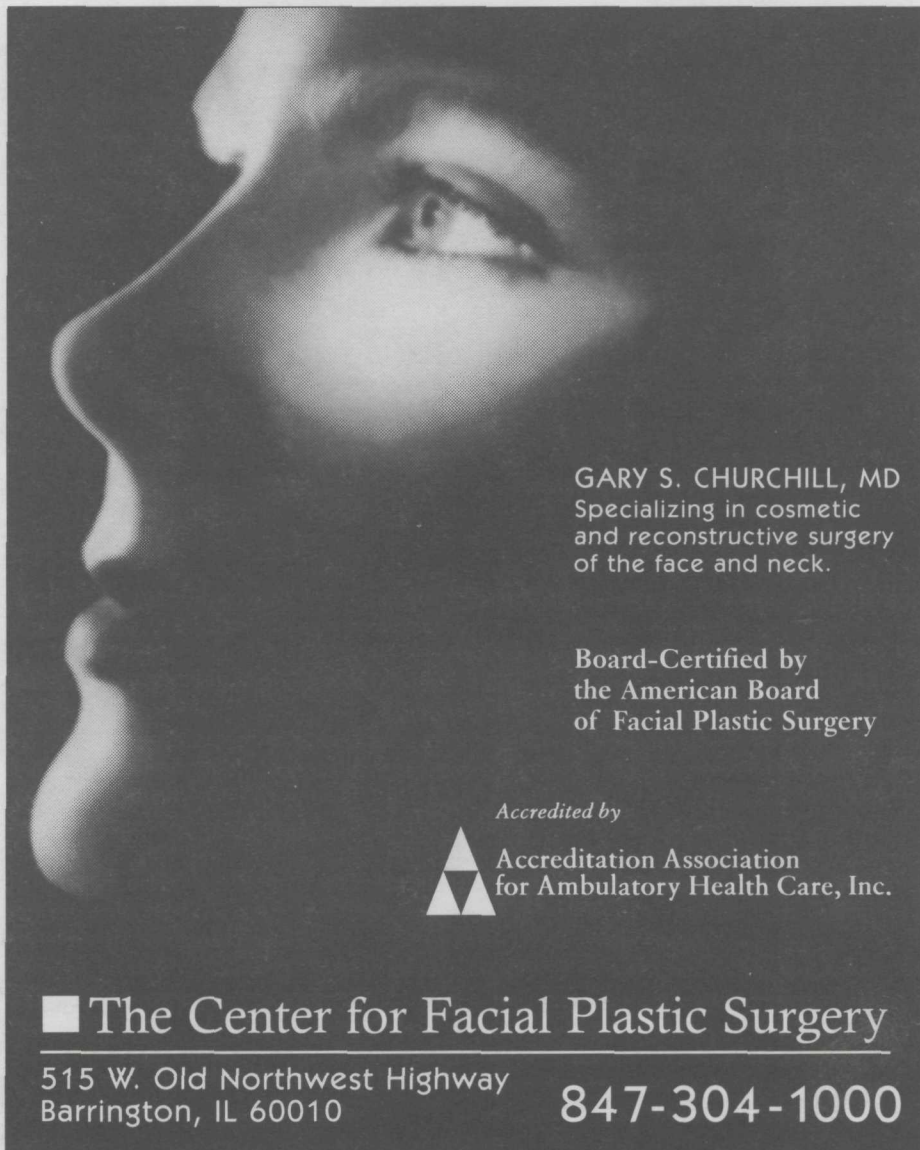
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- Reshape facial and body contours

Your goals are possible at **Van Dam Dermatology** with Botox®, Fraxel SR®, Intense Pulsed Light therapy, tumescent liposuction and Restylane®.

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A division of Van Dam Dermatology.

Medically-based skincare that **renews and refreshes the face and body** in a comfortable, relaxing environment.

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BOTOX®
Cosmetic
Botulinum toxin type A

National Education Faculty

Sensational Skin: The Key to Beauty

Regardless of age, what is the undisputable factor that defines natural beauty? Healthy, glowing, smooth skin that is free of wrinkles, discoloration and blemishes. But how is beautiful skin possible when stress, sun, toxins and even a lack of nutrition impair skin health and beauty? It is possible with the experienced care and proven treatments offered at Van Dam Dermatology and Versa Medi-Spa.

Do your skin problems include fine lines, wrinkles, dull skin and pigmentation changes? Consider the latest innovation in skin resurfacing, **Fraxel® Skin Resurfacing**. This unique laser reduces fine and moderate lines and provides a clear and even skin tone with firmer, smoother texture. Fraxel® SR resurfaces the skin of your face, neck, chest, hands and arms in a series of treatments with minimal downtime. Visible improvement can be seen within days of your first treatment and, in the weeks following treatment, your skin continues to form new collagen, producing continued improvement in your skin's appearance.

If facial creases and a loss of youthful fullness bother you, consider injection therapies. David P. Van Dam, M.D., is one of the country's leading providers of injection therapies using Botox® Cosmetic and Restylane®. Because of his leadership, safety and expertise with Botox®, Dr. Van Dam is a member of the Allergan, Inc. National Education Faculty. Botox® is the leading antiaging treatment in the world, preventing and softening wrinkles and creases of the brow and eye

region. **Botox is affordable! Your first treatment is \$300 per region.** In 2004, Botox® treatments were performed nearly three million times in the United States. To soften or eliminate creases and wrinkles and to restore fullness and shape to the soft tissues of the face, Dr. Van Dam offers natural results with Restylane.

Excess hair, acne, sun spots and irregular vessels can be effectively and economically treated with Intense Pulsed Light (IPL). Photo-rejuvenation with IPL eliminates brown spots, facial veins and redness and improves overall skin tone. Powerful pulses of visible light safely treat multiple skin conditions and skin types, often with a single or limited cycle of treatments. Permanent hair reduction is also performed using IPL. Van Dam Dermatology is a national physician training center for Intense Pulsed Light (IPL) therapy.

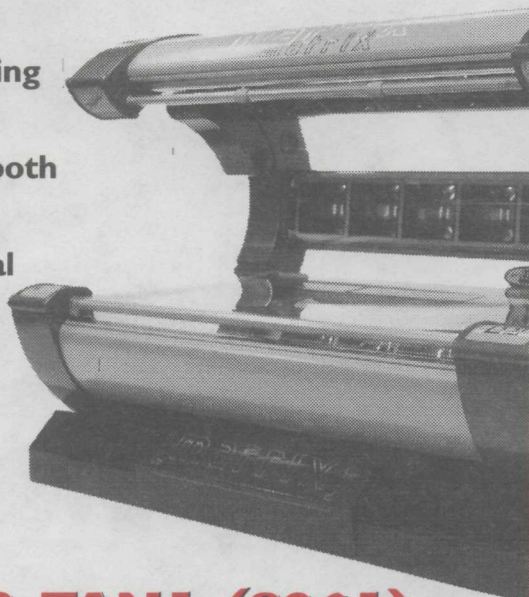
To gently restructure the skin and maintain a well-toned, creamy complexion, try GentleWaves™ photo-modulation. This treatment uses pulsating LED lights to enhance skin from the inside out by altering skin chemistry in a beneficial way. Two fast and totally painless treatments per week for four weeks are recommended to achieve even skin tone, impart firmness, to reduce pore size and to produce a luminous, creamy complexion.

Versa Medi-Spa is your source for treatments to refine skin texture, appearance and clarity. Our estheticians
(Please continue on following page)

COME SEE WHAT EVERYONE'S TALKING ABOUT!

Radiant Tan
Upgrade to First Class

- 5 Levels of Tanning
- High Pressure Tanning
- 200 Watt Booths
- Mystic Tan Spray Booth
- Vacation Packages
- Clean & Professional Facility
- Certified Staff
- Walk-Ins Welcome
- Huge Selection of Lotions
- Open 7 Days



847-382-TAN1 (8261)

420 W. Northwest Hwy. • Barrington
Across the Street from Blockbuster Video

Do You Have a Dream?

Most of us dream about feeling and looking better. Barrington native and young entrepreneur Samantha Masino has the solution. She invites you to, "Come see what everyone is talking about!"

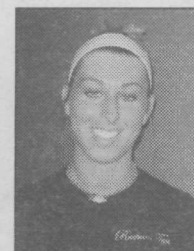
Her family's new tanning salon business, **Radiant Tan**, has brought state-of-the-art tanning systems to Barrington—the likes of which you won't find in this area.

Samantha convinced her family to make a dream come true by developing a salon which would meet the needs of clients who want safe, high performance tanning beds and booths in a relaxing and elegant atmosphere. **Radiant Tan** offers nine deluxe accommodations for bulb tanning and spray misting.

"My family has all worked hard to make this happen," Samantha recalls. "My stepdad and I traveled to Boston three times to select the best equipment in the industry. My mom (Michelle) did all the interior design work."

Artisans and craftsmen have completed a sophisticated space which provides a romantic European ambience in which patrons will find it easy to relax and make dreams come true.

The **Radiant Tan** family brings plenty of talent, experience and enthusiasm to this business. They are very familiar with running businesses and look forward to staffing this one with family members. Samantha, the salon manager, is certified by the International Smart Tan Network. She is conscientious about her clients' well-being and tanning experience. She



Samantha Masino

has been in the tanning business for six years and is able to recommend the very best in individual treatments.

Radiant Tan offers a variety of tanning options: one may tan for as little as \$9 or select from a menu of choices, some of which are packages for multiple visits. If you dream of getting a deeper, darker and richer tan in as few as three visits, ask for The Matrix. This is the most efficient system available. It uses high pressure with almost exclusive UVA light, while removing the UVB component, which is the burning ray.

Brand new to the market is the Mystic Tan 5000. For those who dream of the ultimate in a mist system, this is the answer. This multi-mist process is completely touch free with voice guided instructions.

Samantha's special recommendation is the Mystic Cocktail which utilizes both the Matrix and Mystic Tan 5000. She says, "The key is to have clean skin prepared for the treatment." The salon also provides lotions and accessories as well as pre-tanning solutions.

Radiant Tan is located at 420 West Northwest Highway in Barrington. Call **1-847-382-TAN-1 (8261)**. Open seven days a week.

April Showers Bring May Flowers!

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, has many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our theme-based curriculum includes activities such as art, circle time, sensory experiences, fine motor development and phonics. The themes for April include: Around the World, Weather and Pond Life.

The summer schedule is set, and we

are accepting enrollment! We are looking forward to a fun-filled summer. Our summer program fills quickly, so plan ahead. Please call for information. We would be happy to discuss it with you or send information.

Barrington Community Child Care has limited spaces in rooms ages 6 weeks to 6 years. This year, we also provide bus-ing to Roslyn Road School for Kindergartners! For enrollment information or to schedule a tour, contact Terri Knaack, director, at 1-847-381-0272.

Owl Houses and Deer Tracks

On a recent day at **Fox River Country Day School**, you might have seen a group of second-graders gathered around a tall tree, watching attentively. The owl house they helped to create was being mounted on the tree they had chosen, based upon their study of barred owl habitats. Or you might have recently spotted fourth-graders learning to distinguish between deer and fox tracks.

"Environmental education is fundamental to the learning experience here," says John Friberg, head of school.

With dozens of 200-year-old oak trees and rare wetlands, the 53-acre wooded campus lends itself to experiential learn-

ing at all grade levels. The campus naturalist works regularly with students and teachers to incorporate the environment into the curriculum. Students might learn about freshwater ecology at the pond, learn land stewardship practices by clearing invasive species, keep a journal about a favorite site in our Forested Fen, or observe a flying squirrel, blue heron, great-horned owl or a passing flock of cranes.

Combined with an emphasis on character building and strong enrichment opportunities, the environmental education program contributes to making **Fox River Country Day School** one of the hidden treasures of our region.

FREE Yourself of Unwanted Hair Permanently!

Absolutely! Electrolysis Salon provides safe, gentle and effective permanent hair removal by a board-certified registered nurse. Debbie Beller, RN, CPE, has helped men and women achieve permanent hair removal on the upper-lip, chin, neck, eye-brows, hairline, underarms, back, arms, legs and the bikini line for over 11 years.

Electrolysis is the only safe, sensible and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary hair removal methods such as lasers, waxing, shaving, bleaching, tweezing and depilatories. These temporary methods will only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis is the *only* form of *permanent* hair removal approved by the Food and Drug Administration and the American Medical Association. Consistent treatment is the most important factor contributing to the success of reaching your goal of permanent hair removal. Your first appointment will consist of a thorough explanation of the process of electrolysis and the development of a personalized treatment plan that is appropriate for you.

Any prospective client seeking electrolysis treatment should inquire about the

methods of sterilization of equipment, use of sterile disposable probes, gloves and a mask. Questions to ask of the electrologist include:

- What professional organizations do you belong to?
- What is your educational background?
- Are you board certified?
- What types of continuing education classes have you attended in the past year?
- Will you be eligible for licensure in 2005?

It is your right to be an informed consumer. Please ask these questions of your *current* electrologist.

Electrolysis will lift your spirits and your self-confidence as the look you desire is achieved, as the troublesome hair disappears forever! Electrolysis has been known to improve your physical appearance and self-image and help you feel more attractive and socially acceptable. You are making a *permanent* choice for a lasting impression!

Absolutely! Electrolysis Salon is located at 28662 W. Northwest Highway in Lake Barrington. Call Debbie at 1-847-308-9020 to discover the difference... you will love the results!

BACOA to Provide AARP Income Tax Assistance

The Barrington Area Council on Aging, Inc., is once again participating in the AARP Income Tax Assistance Program. A trained AARP volunteer will assist seniors with their taxes on Wednesday and Thursday mornings at the BACOA office in the Prairieview Building at The Garlands of

Barrington, and on Saturdays at Barrington Bank and Trust, 201 S. Hough Street. Assistance is by appointment only and will run through April 15.

Appointments fill quickly, so please call as early as possible to schedule your appointment. During the session, seniors

Barrington Community Child Care Center

- Programs available for children ages 6 weeks to 6 years
- Large, child-friendly classes with diverse, enriching environment
- Saturday Playdates for non-enrolled children
- Summer Camp up to age 6
- Phonics-based Prekindergarten Program



560 Carl Ave., Barrington • 847-381-0272

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ACADEMICS ENRICHMENT ETHICS COMMUNITY

You are invited to visit one of the oldest private schools in the area.

- Preschool through Grade 8
- Emphasis on character building
- Environmental education
- Small class size, differentiated curriculum
- Swimming, pottery, music, sports
- Summer enrichment program

OPEN HOUSE
April 21 & 26
9:15 am

Conveniently located at the intersection of I-90 and Route 25, just minutes from South Barrington. For more information and to schedule a visit, please contact the Admissions Office.

847-888-7910 • admissions@frcds.org • www.frcds.org

ELECTROLYSIS IS THE ONLY ANSWER FOR PERMANENT HAIR REMOVAL!!!

ABSOLUTELY! ELECTROLYSIS SALON

For Women, Men & Teens

Debbie Beller RN, CPE

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• Electrolysis Provided by a Registered Nurse

• Board Certified Electrologist

• Highest Sterilization Standards

• Physician Recommended

• 2005 License Compliant

Sensational Skin

(Continued from preceding page)

are medically trained to perform specially formulated facial peels and advanced microdermabrasion. We also offer physician-based skincare products, including **Prevage™**, a powerful new antioxidant cream, MD Forte, SkinCeuticals, Kinerase, Jane Iredale mineral-based cosmetics and our very own line of specialized skincare products. Versa is your source for effective professional skincare in an inviting, relaxing and indulging setting.

Why should you choose Van Dam Dermatology? At Van Dam Dermatology

and Versa Medi-Spa, we care about you and your skin. We believe you cannot find a higher quality of skin care. We are friendly, open and interested in your skin beauty concerns. So whether you are simply curious or seriously committed to improving the beauty of your skin and your appearance, call us to schedule a personal consultation: **Van Dam Dermatology, Ltd.**, at 1-847-382-5111 and **Versa Medi-Spa** at 1-847-382-6800, located at The Foundry of Barrington. You can also find us online at www.yourskinforlife.com.

may also file claim forms for the Illinois Department on Aging's Circuit Breaker/Pharmaceutical Assistance program.

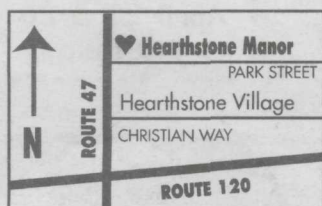
For more information or to schedule an appointment, please call BACOA at 1-847-381-5030.



The decision to move a loved one into a care facility is never easy. There comes a time, especially for people with **Alzheimer's disease and dementia**, when home care is no longer safe or feasible. When that time comes, *Traditions* is here to provide a comfortable alternative to home care.

- Traditions Specializes In:**
- Person Centered Care
 - Activity Based, Social Model
 - Homelike Environment
 - Specialized Caregivers
 - High Staff to Resident Ratio

Traditions is located at Hearthstone Manor, right in the heart of Woodstock. *Traditions*...guiding families through the difficult journey of Alzheimer's disease and related dementia.



Traditions

Long Term Care for Persons with Alzheimer's Disease or Related Dementia

920 N. SEMINARY • WOODSTOCK
815-338-1749 • www.wclsil.org

Hearthstone Manor Provides Care for Alzheimer's Disease and Dementia

How many times have you heard someone joke about "having a senior moment" or "having Alzheimer's?"

While it is true that forgetting where you put your keys can be exasperating, there is nothing to joke about when someone you love has Alzheimer's disease or other age-related dementia. The Alzheimer's Association estimates there are 211,000 people with Alzheimer's disease in Illinois. One out of 10 people aged 65 to 84 and one out of two aged 85 plus will be at risk. As our population ages, chances grow that this disease will cast its shadow over someone we love.

People with Alzheimer's disease are our grandparents, parents, spouses, teachers, doctors, ministers, best friends and next door neighbors. They are the people who have cared for us, taught us, loved us and mentored us. Alzheimer's disease and related dementia affects the entire family. An elderly spouse may try to care for their loved one at the expense of their own health. Adult children agonize over how to make the right decision for a mother

or father whose condition is deteriorating.

There comes a time when home care is no longer safe or feasible. When that time comes, **Traditions** is here to provide an ideal alternative to home care.

Located within **Hearthstone Manor Rehabilitative and Nursing Care**, **Traditions** meets the community's need for a homelike program designed to provide quality residential care for those with Alzheimer's disease or related dementia.

Traditions Specializes In:

- Person Centered Care
- Activity Based, Social Model
- Homelike Environment
- Specialized Caregivers
- High Staff to Resident Ratio

Traditions is part of the **Hearthstone Senior Living Community** and is located in the heart of Woodstock. **Traditions**...guiding families through the difficult journey of Alzheimer's disease and related dementia.

For information, please call Joy Brin at **815-338-1749**.

Wellness Place Presents Two Mind-Body Topics in April Workshops

Medical hypnotist Dr. C. Scot Giles will present "Affirmations for People with Cancer" at 6:30 p.m., Thursday, April 7, at Wellness Place, a cancer resource center located at 1619 W. Colonial Parkway in Palatine. This free workshop, one of two April programs about the power of the mind, will teach participants how to mobilize their own natural healing power. It is open to everyone; preregistration is required by calling 1-847-221-2400.

Lois Coldewey, Wellness Place program coordinator, will present an "Introduction to Mindfulness Based Stress Reduction" at 6:30 p.m., Tuesday, April 12. She will note highlights of an eight-week committed class that is forming this spring. It is based on the stress reduction program founded

by Jon Kabat-Zinn at the University of Massachusetts and offers in-depth training and extensive hands-on experience with a variety of mindfulness practices.

"What you tell yourself in the privacy of your mind has the greatest power to affect how you feel and how you fare," says Dr. Giles, a board-certified hypnotist and chaplain. He will explain how to construct affirmations to talk to yourself and what to avoid.

Wellness Place, a community-based, nonprofit organization, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties.

The Most Advanced Treatment for Effective Hair Removal Just Imagine...

Eliminate unwanted or annoying hair on any part of your body without the hassle, inconvenience and pain of plucking, waxing, shaving or electrolysis. Do it quickly, easily and permanently.

You may be surprised to learn that just about your entire body is covered with hair. Most of this hair is fine and pale and not usually visible to the naked eye. But when darker coarser hair appears in places that make us uncomfortable, we search for ways to remove it. The traditional methods of removing unwanted hair include plucking, shaving, waxing and chemical depilatories. They are inconvenient, some are painful, some are messy and all are only temporary. Increasingly, men and women of all ages are turning to a more effective solution, **LightSheer laser hair removal**. The LightSheer diode laser is a state-of-the-art system specifically designed to remove unwanted

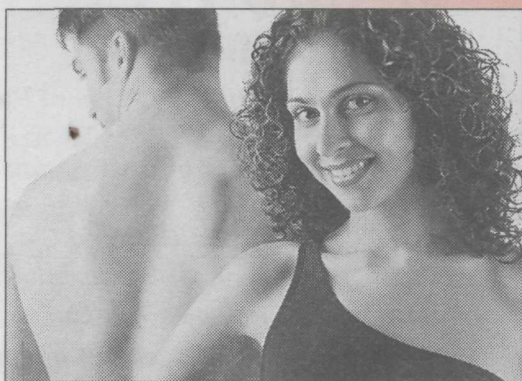
hair faster, with less discomfort and more reliably than any other method—and it permanently reduces your unwanted hair.

Allure Laser Clinics shares facilities with multiple day spas for the convenience of our guests. By performing our services in day spas, our guests can come in and relax in a beautiful atmosphere while we perform the hair removal treatment.

Allure Laser Clinics is dedicated to providing a high quality of care and service in a confidential, comfortable and relaxed environment. Utilizing the most advanced laser technology on the market, the LightSheer Diode Laser System delivers the most advanced treatment for effective removal of unwanted hair.

Call us at **1-877-LASER-911** or visit us at www.allurelaserclinics.com to schedule a complimentary initial consultation with our nurse.

Allure Laser Clinics



Experience Quick, Painless and Permanent Hair Removal in a Relaxing Spa Setting

All Services Provided by an Experienced Nurse

Call or Visit Our Web Site to Schedule a Complimentary Initial Consultation

APRIL SPECIAL!!!

Mention this ad to receive \$75 off your first treatment

Palatine Bloomingdale

1-877-LASER-911

www.AllureLaserClinics.com

Free Cosmetic Evaluations at Dentistry on the Lake

A Smile Makeover Can Change Your Life

You will feel more confident and have more self-esteem because you know you're looking great.

Smile Makeovers Aren't Extreme

They're comfortable procedures that can typically be completed in two to three easy visits!

Any Smile Can Be Enhanced

- Crooked, overlapped teeth can be straightened.
- Gaps can be closed.
- "Gummy" smiles can be recontoured.
- Stained, discolored teeth can be whitened.
- Chipped, broken, teeth can be repaired.
- Missing teeth can be replaced.

"Older & Wiser" Luncheon

The Northwest Women's Connection invites you and your friends to our "Older & Wiser" Luncheon on April 14 from noon to 1:30 p.m. at Concorde Banquets in Kildeer. Cost is \$15 inclusive.

Joyce Palmquist from the Barrington Area Council on Aging will talk about options and opportunities for the elderly. Cindy Modrich will inspire us with her

Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to **Dentistry on the Lake**, where you will receive the finest dental care available.

Call **1-847-526-2831** today for a free cosmetic evaluation!

singing. And Karen Hampel will speak about how she went "From No Boundaries to a Life in Control".

Free preschool childcare is available. (The nursery is located off premises.) Lunch reservations are needed by Friday, April 7. Call Carol at 1-847-359-5089 or Karen at 1-847-818-9016.

A More Youthful Neck

Diplomat of The American Board of Plastic Surgery, Inc. by Gregory M. Bazell, M.D.,

I create younger appearing necks using a combination of techniques that I learned in Hollywood. At that time, we had to have people camera ready in two weeks following their neck and face surgery. As with my specialized techniques in face lift surgery, only natural looks are achieved after my neck lift surgeries. There is little discomfort and downtime and the results are dramatic.

Dictated by both heredity and behavioral influence, the inevitable process of neck aging occurs in a specific pattern over time yet the changes quickly become bothersome to us. Specifically, our neck skin begins to form creases and sags as it loses its elasticity. Excess fat accumulates in the central portion adding to a sense of fullness to the region. Vertical bands of our relaxed neck muscles become more prominent leading to the turkey gobbler. A weak or recessed chin often magnifies these structural problems.

If you look in the mirror and see any of these changes in your neck—or you frequently avail yourself of scarves and turtle necks—you may benefit greatly from a neck lift. I do not, however, recommend nor perform liposuction of the neck in women over 30 as this inferior technique does not correct the problems at hand and frequently leads to avoidable and less than desirable results that can be difficult to correct even by a highly trained specialist such as myself.

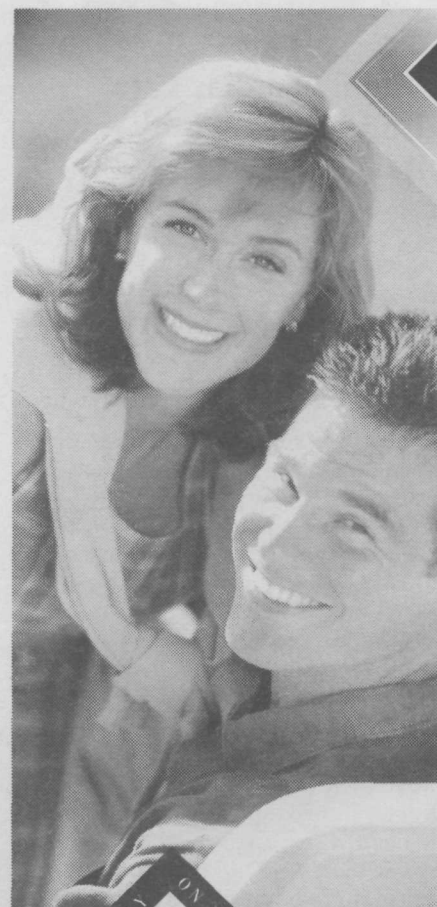
I routinely perform neck lifts on an outpatient basis using effective techniques that are actually designed to safely arrest and reverse the aging process in the neck. In my hands, women experience very

little discomfort. Women wash and style their hair as they wish the following day and are up and about as they please. Women look noticeably better, not different and they look natural, not surgical.

Trust The Hands of Experience: you can regain the look and confidence you used to have while avoiding the stigma and embarrassment of the surgical look predictably seen when individuals choose the wrong surgeon.

The American Board of Plastic Surgery, Inc (ABPS) is the Board that certifies individuals in plastic surgery of the face and entire body. There is only one American Board of Plastic Surgery, Inc (ABPS) and any other Boards containing the word "facial" or "cosmetic" have no relationship to the American Board of Plastic Surgery, Inc (ABPS). Both The American Society for Aesthetic Plastic Surgery and The American Society of Plastic Surgeons only accept individuals who are certified by The American Board of Plastic Surgery, Inc (ABPS). So if an individual is not certified by The American Board of Plastic Surgery, Inc ask yourself 1) why not? and 2) what then are they really certified in? Nothing could be more important than when it comes to your face and neck.

If you would like to schedule a consultation customized to your goals and desires and would like to get honest answers to all of your questions in aesthetic plastic surgery from a qualified plastic surgeon, please contact us at **1-847-382-4160**. Do not forget to visit our Web site and see some examples of natural looking neck lifts at www.barringtonplasticsurgery.com.



Advanced Dentistry.
It's another reason
to love your smile.

New technologies have made dental care more thorough and comfortable than at any time in the past. Because you demand the most advanced dental care, choose Dentistry on the Lake for all your dental needs.

At Dentistry on the Lake, we provide:

- Digital X-rays that limit radiation exposure
- Intra-oral cameras for detailed images of your teeth
- Smile imaging tools that let you see in advance how your new smile will look on you
- BriteSmile in-office whitening system that will make your smile up to 9 shades brighter in a single office visit

The health of your smile is just as important as how it looks. Call Dentistry on the Lake today at 847-526-2831 for a smile consultation.



Dr. Dan V. Follmer • Dr. Thomas E. Krupa

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Dedicated to Hearts

The Wayne and Patricia Kocourek Family Cardiac Care Center Enjoys a Grand Opening with the Community at Advocate Good Shepherd Hospital

Before opening the area's most advanced center for heart patients on March 15, Good Shepherd Hospital celebrated the milestone opening with the community that made it all possible.

Heartfelt Thanks

"Tonight we not only celebrate the opening of this center—tonight is also a celebration of partnership," remarked Karen Lambert, president, Good Shepherd Hospital, at the new heart center's ribbon-cutting ceremony on Feb. 15. "As I look around the room, I see more than friends... I see partners who exhibited their alliance through acts of kindness, generosity and trust."

Moments later, Wayne and Patricia Kocourek took charge of the ceremonial scissors and pulled back the red velvet curtains to reveal the new cardiovascular intensive care unit (CV-ICU). Along with the Kocourek family, longtime philanthropists and supporters of Good Shepherd Hospital, Paul and Barbara Hills, Frank and Mary Morgan, and Pat Houlihan, representing the Good Shepherd Auxiliary, enjoyed the first preview tours of the newly constructed center.

On behalf of their entire family, Mr. and Mrs. Kocourek made a \$5 million donation toward the center's \$33 million development cost. Following a serious cardiac event in the family, the Kocoureks more fully appreciated the complexities of cardiovascular disease and the critical importance of timely access to advanced therapies and services.

"With so many of us at risk for heart disease, we believe we should invest in advancing heart care in our hometown, here at Good Shepherd Hospital. We hope our gift might motivate others to see a physician to assess their risk for cardiovascular disease," said Mr. Kocourek.

Donors and community activists dedicated to building a center of excellence in the heart of the Northwest Suburbs had much to celebrate: the heart center's philanthropic campaign resulted in nearly 2,000 donors and almost \$15 million dollars. In recognition of the community support for a much-needed health facility, the campaign was topped off with an \$850,000 challenge grant from the nationally prestigious Kresge Foundation.

The beautiful 54,000-square-foot facility was pumping with excited energy as guests peeked down the wide, travertine-tiled corridors lined with cherry wood cabinetry and flat panel LCD screens. Cardiologists, surgeons, cardiac nurses and technicians brought enthusiastic guests through tours of the center's highlights.

Open to the Community

A few days later, community members rolled up their sleeves for the Heart Smart Challenge at the new center. The soaring ceiling and dramatic walls of windows in the main family waiting room stopped participants in their tracks, long enough for a quick cholesterol screening test. Participants then followed a self-guided tour through heart disease risk assessment

and prevention while winding their way through the brand-new facility.

"The best way to celebrate the opening of Good Shepherd's advanced center for heart care is to give the gift of heart health to our community," said Lambert. "Although we can care for the heart using the most advanced therapies and minimally invasive surgical techniques, we'd much rather prevent heart disease altogether."

More than 150 participants received a full array of cardiovascular health screening tests and enjoyed complimentary heart healthy cooking demonstrations, yoga sessions and a complimentary pass from the Good Shepherd Hospital Health & Fitness Center. Heart Smart participants were encouraged to join a 12-week program of education events to learn how to improve their heart health.

"If we can make people more aware of their heart disease risk factors and help them get started on the right program for exercise, nutrition and lifestyle, we have a greater chance for keeping our community healthy and at a lower risk for serious illness," explained Vincent Bufalino, MD, medical director of The Wayne and Patricia Kocourek Family Cardiac Care Center.

Rhapsody in Red

High fashion was the backdrop for the grand opening finale event, *Rhapsody in Red*.

"Today, we celebrate the hearts of the women of our community!" exclaimed Karen Lambert as she welcomed area women to a heartwarming fashion event.

The American Heart Association developed the *Go Red for Women* initiative in 2004 to raise awareness that heart disease is the number one killer of women. Taking it up a notch, Good Shepherd Hospital hosted a fashion show featuring heart patients and their caregivers as models of the red-hottest fashions.

Mrs. Patricia Krauliedis kicked off the event with a "heart-to-heart survivor's story", recounting her experience with heart surgery. As guests enjoyed a heart healthy lunch, Michael Fortsas, MD, medical director for interventional cardiology at Good Shepherd, presented an update on women and heart disease.

"It is encouraging to see that heart disease is where breast cancer was about five years ago in terms of education and awareness," said Jan Cunningham, owner of G. Whiz and fashion sponsor. "Many of my vendors, such as Brighton and Swarovsky, offer heart-themed products to support heart disease education and research."

Local retailers worked with event organizer Fashions with Flair (Oak Brook) to outfit the models with their hottest red fashions for the season: Peter Daniels (Barrington), Marshall Fields (Schaumburg), G. Whiz (Barrington), Hana K (Glencoe) and Jani's Bridal Affair (Crystal Lake). Even a few children accompanied grandparents in fashions from Little Munchkins (Barrington).



Minimally Invasive Ribbon-Cutting—Wayne Kocourek make the first cut at Good Shepherd Hospital's new heart care center, named to honor his family's generous commitment to the area's most advanced heart care facility. Facility philanthropists applaud the milestone at the ribbon-cutting ceremony: (on the left) Paul and Barbara Hills; Frank and Mary Morgan; and Pat Houlihan, representing the Good Shepherd Auxiliary; (on the right) Dr. Pat Pappas, medical director for cardiovascular surgery; Jim Skogsbergh, president and CEO, Advocate Health Care; and Wayne's wife, Patricia.

A Virtual Tour of The Wayne and Patricia Kocourek Family Cardiac Care Center

All 54,000 square feet of the Chicago area's newest and most advanced center for the care of heart disease are dedicated to making a spacious, comforting and healing home to care for the hearts of its community.

• Experience = Optimal Outcomes:

The center boasts 48 multi-disciplined cardiologists, including 13 certified interventional specialists experienced in advanced techniques and therapies, and nine cardiovascular surgeons from the area's top hospitals who have performed more than 1,700 open-heart surgeries in 2003.

• Cardiac Catheterization Lab:

Interventional cardiologists use catheters to perform minimally invasive interventional procedures, such as angioplasty and stenting, and diagnostic angiograms. This lab features the most comprehensive cardiac catheterization package available, the latest generation imaging equipment from Philips, the Integris Allura, and currently the only one in use in the area.

• Surgical Suite is Home to Minimally Invasive Surgery and Off-Pump Procedures:

Good Shepherd surgeons have the experience and capabilities to provide minimally invasive approaches to surgical repairs for appropriate patient candidates. Some of the procedures available are the off-pump procedure for bypass graft and the minimally invasive surgery used to repair Abdominal Aortic Aneurysms and for robotic valve repair.

• **Electrophysiology Lab:** Cardiologists trained in electrophysiology will provide expert therapies for treating heart rhythm disorders, including Atrial Fibrillation. Later this year, Good Shepherd cardiologists will have access to the very latest in the technology, including computer assisted 3-D mapping which allows pinpoint accuracy for treating Atrial Fibrillation and other rhythm disturbances. Pacemaker and

defibrillator implantation will also be provided by physicians experienced in this specialty care.

• Cardiovascular Intensive Care Unit Features the "Universal Bed" Care Model:

Since the center follows the "universal bed" care model, it enables the heart patient to stay in the same environment throughout the continuum of care for a seamless transition from illness to health. A first for an Illinois hospital, this model improves quality standards and patient satisfaction (*American Journal of Critical Care*) because of the: decreased need to transport patients; the shorter lengths of stay for patients; and the enhanced collaboration between cardiologist, interventionalist, cardiac surgeon and cardiac nurses.

• **The Center for Heart Quality:** A marriage of technology and patient care, the Center for Heart Quality supports the leading edge technology employed at the cardiac care center. Using a breakthrough in the digitization of medical imaging, physicians have the unique ability to transfer moving images in real time, from cath lab to the OR or from the OR to the physician's office and consultation rooms. Physicians can use bedside multimedia technology to review a patient's diagnostic results, explain interventional procedures, and educate patients and their families on how lifestyle choices affect their heart health.

• **Restorative Space:** Healing in a soothing environment is an important part of the cardiac care center. The recovering patient can draw comfort from a scenic walk around the beautiful day atrium that overlooks the Healing Gardens or utilize the private consulting rooms which provide patients and their families a quiet, calming space to meet.

• **Private Healing:** The center boasts 43 private patient rooms, including 18 CV-ICU rooms, all featuring expansive window views, flat-panel television screens, multimedia, bedside screens for caregiver consultation and extensive family waiting space.

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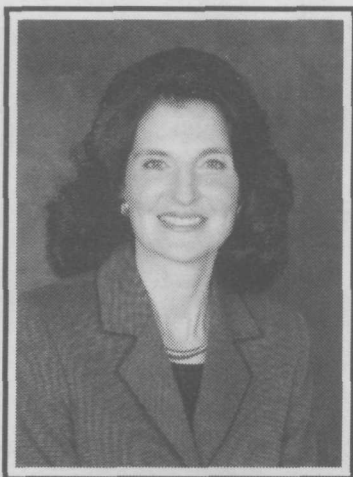
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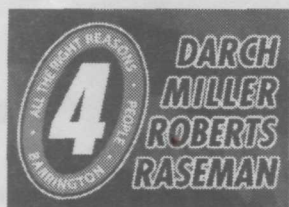
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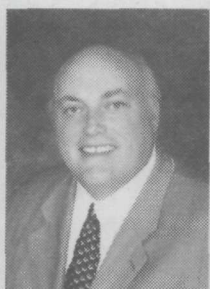
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Team on April 5**

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- ✓ **Safety Town Permanent Site Committee Co-Chair 1996-1997**
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- ✓ **Harris Bank Barrington, N.A. Director**
- ✓ **Advocate Good Shepherd Hospital Development Council**
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- ✓ **Village Trustee Since 1995**

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Peterson Says Governor's Priorities Off Track

State Senator Bill Peterson (R-Long Grove) says the fiscal year 2006 budget reflects another year of shortchanging pension deals in order to fund state operations.

Governor Rob Blagojevich presented his third budget address to the General Assembly recently. Much like last year, the governor is offering tax and fee hikes while increasing spending and ignoring pension funding. Some of his new initiatives include imposing a 75-cent cigarette tax increase, a tax on computer software, diverting money from specially allocated state funds to use for educational purposes and expanding FamilyCare.

Governor Blagojevich is further cutting the state's pension obligation to future employees as a way of reducing the \$2 billion projected budget deficit.

"The governor is finding creative ways to avoid adhering to the 1995 pension law," said Peterson. "He is projecting overly optimistic estimates of the pension savings and spending the \$800 million on his administration."

Actual savings in fiscal year 2006 for the changes the governor endorses would be much lower than his \$800 million. Actual savings are estimated at less than \$75 to \$100 million. These front-loaded "savings" may relieve some of the governor's current financial pressures, but his forecasts

provide no solid protection against future benefit changes. There is no guarantee that the savings will ever materialize. Their existence assumes the courts bless the proposed reforms, which are expected to be challenged as unconstitutional diminutions of pension benefits.

This is the same pattern of irresponsible spending behavior the General Assembly witnessed with his bonding; future governors and legislators are left to deal with the shortfall, while future children and grandchildren are left with the bill.

"This is about more than funding pensions; it is about employing a sound fiscal policy that can include future accountability and protection," said Peterson. "While I applaud the governor's recognition of the crisis at hand, I fear it is translucent."

Illinois ranks last in the nation for funding pensions, with approximately \$40 billion more in liabilities than assets. The governor laments this problem, but is still not fully funding the system.

"His priorities fall in quick fixes to a longterm budget jam," said Peterson.

The General Assembly now has the opportunity to scrutinize over the governor's proposed blueprint and impose its priorities on the administration. The Senate Republican caucus looks forward to addressing these issues.

Winner of *The Apprentice* Keynote Speaker at Luncheon

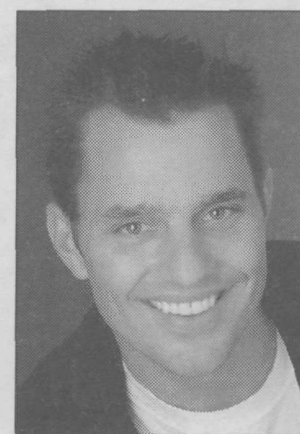
Bill Rancic, the first winner of the hit television show *The Apprentice*, will deliver the keynote address at The Apprentice Luncheon on Tuesday, May 24, at Concorde Banquets in Lake Zurich.

Last April, with more than 40 million viewers watching on NBC, Donald Trump told Rancic, "You're hired," and awarded him a starting salary of \$250,000 to oversee the construction of the Trump International Hotel and Tower in Chicago.

Rancic, who grew up in Orland Park, will speak to business professionals from many of the area's leading companies about his unique experiences and lessons he has learned. In addition to his high profile position with the Trump Organization, Rancic is also the author of a best-selling book, *You're Hired: How to Succeed in Business and Life*.

Attendees at The Apprentice Luncheon will enjoy hearing this dynamic speaker at noon. But starting at 10:00 a.m., everyone will also have the opportunity to meet and network with the type of serious business professionals not found at most other events. A sit-down lunch will be served at 11:00 a.m., and Rancic will conclude the day's activities around 1:30 p.m. following his keynote address and a question-and-answer session.

A limited number of individual tickets are available at \$85 per person, or an entire table of ten seats may be reserved for \$800. Quantity discounts on multiple tables are available. Register quickly and easily online at www.enetworkers.com or call eNetworkers toll free at 1-888-583-4940 to purchase tickets today, before this much anticipated business event is sold



**Bill Rancic, Keynote Speaker
at The Apprentice Luncheon**

out.

Bill Rancic was already a successful entrepreneur long before becoming an overnight celebrity on national television. He founded Elite Boat Wash and Wax while still in college and Cigars Around the World at the age of 24. Rancic used the substantial profits from this online cigar company to begin a venture into real estate, which has led to the rehabbing and development of several building projects in Chicago.

The Apprentice Luncheon is presented by eNetworkers International LLC. eNetworkers considers every business to be an important part of today's global marketplace and strives to provide innovative networking opportunities and success for its customers and business partners throughout the world.

Concorde Banquets is located at 20922 N. Rand Road (Route 12) in Lake Zurich.

Enhance Your Skin's Appearance at Northwest Dermatology

Northwest Dermatology in Hoffman Estates is offering microdermabrasion, which is a safe and controlled skin abrasion, at a reduced fee of \$50 for the initial treatment through April 30. Utilizing sterile crystals which are propelled at a high speed across the skin's surface to abrade the skin's tissue, microdermabrasion results in a vibrating healthy appearance and complexion. Benefits include increased firmness, minimized pores, more even skin tones, and reduced pigment marks and scars.

Additional services provided at **Northwest Dermatology** are: the V-Beam Pulsed Dye Laser for the treatment of facial spider veins, rosacea, scars, port wine stains, warts, hemangiomas, poikiloderma, psoriasis and wrinkles; the Gentle-LASE Laser for fast, effective treatment of unwanted hair; collagen for fine lines and wrinkles; BetaLift peels to unclog pores,

clear up acne and soften fine lines; Botox® for dynamic facial lines and wrinkles and hyperhidrosis; and Narrow Band UVB and PUVA light treatment for the treatment of psoriasis and vitiligo.

For skin rejuvenation, we have many products available including the much sought-after TNS Recovery Complex from SkinMedica.

Providing expertise in general, surgical and cosmetic dermatology, the doctors in our practice—**Susan Liebovitz, MD, Patricia Ledwig, MD, Leslie Beaird, MD, and Alka Madan, DO**—are all board-certified dermatologists who continually strive to provide the utmost in quality dermatologic care in a caring, friendly atmosphere.

Please call our office, **1-847-884-8096**, for additional information or to schedule an appointment.

Four Seasons Garden Club of Barrington Events

From September through June, the club holds its meetings on the first Tuesday of the month at either a member's home or at the Barrington Library. A social coffee and visit among members is followed by a short business meeting and then a presentation or demonstration connected to some aspect of gardening and gardening interests. For further information on a particular meeting, call Lenore Lawrence at 1-847-381-2883.

The April meeting will be held at the home of member Mary Therese Stephens on Tuesday, April 5, at 9:30 a.m. Joe Heid-

gen of the Shady Hill Gardens Nursery will present a program entitled "All types of Geraniums".

The May meeting will be held at the home of Carolyn Rousell on Tuesday, May 3, at 9:30 a.m. A speaker from Lake County Extension will present a program on sturdy plants that require minimal care.

Please direct any questions about the club to Elaine Bontempo, 1-847-304-8207, or Lenore.

You are encouraged to come and bring a guest whether you may or may not desire to join the Four Seasons Garden Club.

Gum Recession—What Does it Mean?

Exposed roots are the result of gum recession, not the natural aging process. There are many factors that contribute to a receding gumline. First, receding gums may be caused by bone loss beneath the gums, which cannot be seen. The supporting bone of the tooth could be deteriorating without the patient realizing it. Periodontal disease (bacterial infection) is most often painless and needs a dentist to diagnose the problem by X-rays and a clinical examination. Second, a receding gumline may be caused by a lack of strong gum tissue around the tooth. Genetics play a role in having strong or weak gum tissue surrounding particular teeth. Everyday brushing and chewing can make weak receding gum tissue even worse. Aggressive tooth brushing can damage fragile gum tissue as well.

Dr. Patrone specializes in advanced periodontal procedures to stop gum recession, repair/re-establish the missing gum tissue, and improve the esthetics of your gumline and smile. Perhaps you wish to enhance your smile by covering one or more roots that make your teeth appear too long? Maybe you're not bothered by the appearance of those areas, but you are concerned about the bone support around your teeth or you cringe because the exposed roots are sensitive to hot or cold



Dr. Phillip Lee Patrone

foods or liquids? You may not be in control of what caused the recession. Prior to treatment, **Dr. Patrone** will help you identify the factors contributing to the problem. Once these contributing factors are controlled, a soft-tissue graft procedure will repair the defect and help to prevent additional recession and bone loss.

Dr. Patrone is also a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. **Dr. Patrone's** goal is to provide his patients with a comfortable treatment experience.

Dr. Patrone is partners with Dr. Stanley Treitler and Dr. Terry Sandroff with offices in Barrington, Arlington Heights, Bloomingtondale and Vernon Hills. Please give us a call at **1-847-277-0181** if you have any questions.

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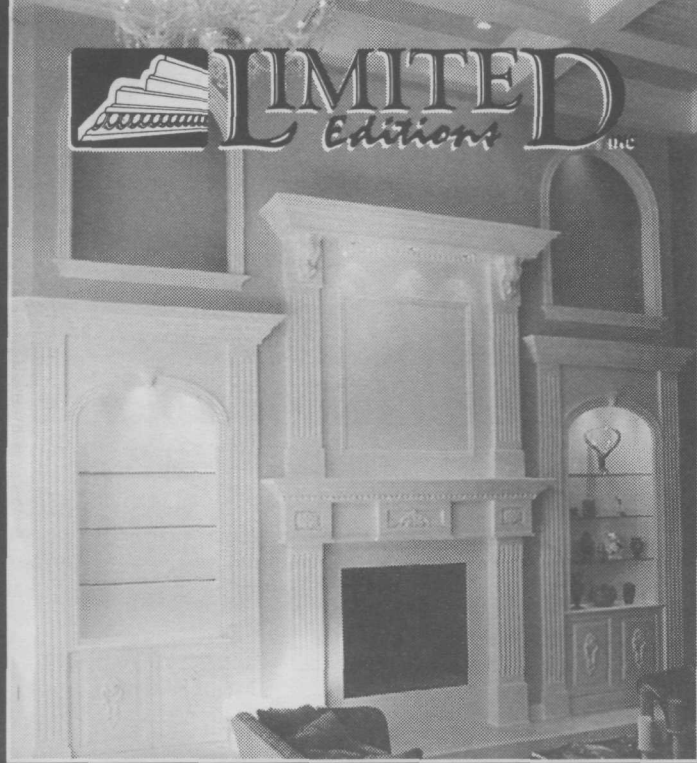
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Barrington Area Council on Aging Senior Activity and Lunch Programs for April

All programs are held at Langendorf Park. The suggested donation for the Monday lunch program is \$3. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required for all programs.

• Monday, April 4, Diabetic Awareness Month—We'll play games and have lunch. A representative from the Phoenix Medical Outreach Program will discuss proper diabetic foot care and the Medicare Medicaid Shoe Program. Come learn how you may be eligible for diabetic shoes at no

cost!

• Monday, April 11—We'll play games and have lunch.

• Monday, April 18, National Volunteer Week—We will celebrate our volunteers and volunteerism in the Barrington community while we have lunch and play some games.

• Monday, April 25, Crime Prevention Program—We'll play games and have lunch. Also, Officer James McNamee of the Barrington/Inverness Police Department will present a program on personal protection.

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Grief Groups & Workshop Offered by Hospice of Northeastern Illinois

Hospice of Northeastern Illinois is offering a variety of age-appropriate grief groups in Barrington, Crystal Lake and Arlington Heights. All Hospice of Northeastern Illinois grief support services are open to community and hospice families who are grieving the death of a loved one, either through illness or sudden death. The registration fee is \$10; Hospice of Northeastern Illinois families are free.

"Five People You Meet in Heaven" is a discussion group for adults who read the book *Five People You Meet in Heaven* by Mitch Albom. In this group, we will learn new grief-coping skills on Tuesday, April 5, from 7:00 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 South Hager Avenue, Barrington.

"Adult Loss of Parent", a support group for people who are grieving the loss of a parent, will meet on Mondays, April 4 to May 23, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 South Hager Avenue, Barrington.

"Grief to Hope", a support group for

people grieving the loss of a loved one, will meet Mondays from April 4 to May 23 from 1:00 to 3:00 p.m. at Catholic Charities NW Senior Services, 1801 W. Central Road, Arlington Heights, and Tuesdays from April 26 to May 31 from 1:00 to 3:00 p.m. at Hospice of Northeastern Illinois, 1 N. Virginia Avenue, Crystal Lake.

"Helping Our Children", a workshop for parents to learn and share with other parents of children who are grieving the loss of a loved one will meet on Tuesday, April 19, from 7:00 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 South Hager Avenue, Barrington.

"Young Widows and Widowers", a support group for people grieving the death of a spouse, will meet on Tuesdays from April 26 to May 31 from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 South Hager Avenue, Barrington.

To register for any of the grief support groups offered at Hospice of Northeastern Illinois, call bereavement support services at 1-847-381-5599.

Coppelia—A Comedy in Three Acts

The Barrington Youth Dance Ensemble is excited to announce its spring production of *Coppelia* on June 17 and 18 at Barrington High School. This enchanting tale of a mysterious toymaker and his beautiful doll who comes to life is sure to delight the entire family!

Coppelia performances will be Friday, June 17, at 7 p.m. and Saturday, June 18, at 2 p.m. Tickets will go on sale Monday, April 4, at the Barrington Dance Academy, 758 West Northwest Highway in the Foundry, or by phone at 1-847-382-6333. Ticket prices are \$22 for adults; \$18 for children, students and seniors; or \$25 for preferred seating. For additional information or to purchase tickets, please call the BYDE at 1-847-382-6333.

Shannon Bullen of Barrington will portray the Coppelia doll.



Plastic Surgery and Fears

(Continued from page 25)

extremely comfortable, and we have undergone the rigors of obtaining the first AAAHC accreditation of any private plastic surgery center in the greater Chicago area. This means you can feel confident in knowing your procedure is being performed in a state-of-the-art and safe environment.

Fear of Surgery and Recovery

Some people are just extremely afraid of undergoing surgery. It may help to know that modern techniques make all plastic surgical procedures safer than they have ever been. A facelift is actually not an in-

vasive surgery. This means it is not physiologically taxing on the body. The incision may seem extensive to some, however the actual procedure is done just beneath the skin. This results in a rapid recovery in almost all patients. There is not usually any extensive amount of bruising and most people can be out in public within two weeks.

Please call us at **The Center for Facial Plastic Surgery, 1-847-304-1000**, if you have any questions regarding facial plastic surgery.

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Dumb money buys what looks good today, on sale, and often guided by the label or sales clerk. **Smart money** knows labels are often incomplete and misleading; and aims for long-term and low-maintenance color for all the seasons.

Dumb money downsizes materials to excess, sacrifices quality, and puts off fundamental problems when the budget is squeezed. **Smart money** takes on one area at a time, does it well, then moves on as budget allows.

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Recapturing the Charm of Shady Oaks Part I: Basic Construction

by Tamara Tabel

"When people step through the gate, we want them to feel like they're slipping back 100 years," says Suzanne Branding about her vintage home along the shores of Lake Zurich.

Keeping the look and feel of the Victorian era was of utmost importance as Fred and Suzanne Branding began renovating the former Shady Oaks boarding house into a Bed & Breakfast. And finding a general contractor who was sensitive to the historical nature of the project, who could retain the period styling yet seamlessly blend modern amenities, was critical. When they met Mark Zurek, president of **Delta Renovations**, they knew they'd found their man.

"Mark got it," says Suzanne. "After viewing his own home (a renovated four-square house built in 1907), we knew that Mark could capture the comfortable, relaxed feel we wanted. With Mark's experience and commitment to quality, we knew **Delta** would make our home look the best that it could be."

Constructed in 1910 and used as a boarding house during Lake Zurich's resort years, the Branding's home had small rooms, narrow hallways and only one bathroom. **Delta Renovations** expanded the space by adding a whole new wing, with a turret enclosing a spectacular three-story spiral staircase. The new floor plan melds private livings spaces with public seating and dining areas, and seamlessly incorporates the Branding's own antiques—wooden mantels, carved columns and refurbished pocket doors—with modern amenities, such as an expansive new kitchen and private bathrooms for each sleeping room.

"Throughout the project **Delta** made design suggestions, such as choosing a wider ceiling molding to better complement the high ceilings," says Suzanne. "And they offered practical advice, like sealing the balcony floors to protect the balconies and lower level from water damage."

Mark Zurek of **Delta** helped the Brandings source many detail items, including period light fixtures and historically accurate paint. **Delta** replicated masonry of the period (using a smaller brick size and thinner layers of masonry between the bricks), and added visual interest



The Branding's home was formerly Shady Oaks boarding house where guests could rent a bed, a boat and even a bathing suit.

with chimney pots and inset bricks to create shadows along the chimney's exterior façade.

"An important element to maintain the Victorian era look and feel is the right windows," says Zurek. "That's why we chose **Marvin Ultimate Double-Hung Windows**. **Marvin Windows** offer detail sensitivity that accurately replicates the home's original period design. The outstanding quality means we can get it done right and get it done to last."

And the Brandings have been pleased with the progress. "Everyone that has come into our home to work has been a true professional and has done a quality job. We're very excited to see the end result!"

While historic renovations are **Delta Renovation's** specialty, we have been providing quality remodeling services within the Northwest Suburbs for almost 20 years. Room additions, kitchens and baths, and interior casework are all attended to with the same commitment to detail by our dedicated, in-house carpentry crew. Give us a call at **1-847-277-1305** and discover the **Delta** difference for yourself!



Delta constructed a new wing and a turret housing a dramatic 3-story spiral staircase.

The new wing perfectly matches the gable roof and dormer windows of the original home.



Coming soon: Part II of the Shady Oaks Project: Finishing Touches.



Delta's sensitivity to traditional, time-honored detailing is at the core of who they are and the quality of their work.

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All good things must come to an end and so **Brookstone**, an intimate neighborhood of fabulous custom homes next to a magnificent forest preserve in Long Grove, is coming to a close.

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Access to the magnificent nature preserve setting is made possible through walkout or English basements on each of the homes. The natural setting is simply breathtaking. Homeowners can enjoy fishing, kite flying, bird watching, wildlife photography and deer watching from their back yard. It's secluded and totally immersed within a natural oasis, yet it's close to all the necessities homeowners demand.

To make the outdoors an extension of the home, we offer amenities such as oversized balconies extending off the master bedroom, brick paver heated patios, year-round fire pits, outdoor fireplaces, and screened and heated sun rooms.

All homes are personalized to your perfection and offer the latest products and amenities. Both lot and custom home packages start at \$1.3 million. Typical luxury inclusions are an eight-foot, stained oak front door; a custom circular staircase; marble, limestone or cherry hardwood

flooring; French doors; tray ceilings; oversized crown moldings; highly detailed casings and base trim; sculpted limestone or marble fireplace; gourmet kitchen with varying height maple or cherry wood cabinets; granite countertops; Sub Zero, Dacor, Thermador, Bosch and Maytag appliances; and Kohler plumbing fixtures. Other appointments include cedar shake roofs; Eagle wood windows; elaborate entertainment systems; television and data communications systems; state-of-the-art phone system; and a nine-foot basement.

At **Brookstone**, you will be impressed with the architectural design of each residence. We take pride in creating impressive homes with European architecture; some resemble French chateaus with charming two-story octagonal turrets, while others look like English manor homes or luxurious country estates. All our homes are adorned in brick, stone and stucco along with limestone accents. Our careful attention to detail and dedication to quality construction protect our customer's investment.

Located in southeast Long Grove, **Brookstone** has been described as a multimillion dollar island of lavish estate homes surrounded by the rural ambiance of a magnificent forest. Yet it's close to everything important to you. To see for yourself, please call for a private tour at **1-847-541-2100**.

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Barrington Kitchen & Bath Studio by Tamara Tabel

Barrington Kitchen & Bath Studio has just added another quality name to its offerings—**Hofemeier**. Long-known and respected in Europe, Hofemeier kitchens carry on the German tradition of fine craftsmanship and design.

Barrington Kitchen & Bath has been chosen as the exclusive source for Hofemeier in the Chicagoland area. And through a direct relationship with Hofemeier, **Barrington Kitchen & Bath** is able to offer this exquisite kitchen line at an exceptional price substantially below that of comparable European lines.

Smart, Timeless Design

Truly a case where form follows function. Each element is carefully thought out for ease of use, maximum storage and ultimate durability. Everything you need is within easy reach. And you'll be amazed how much you can fit into a small space—not one inch is wasted. For example, a special "sink" drawer wraps around the basin to utilize all available space.

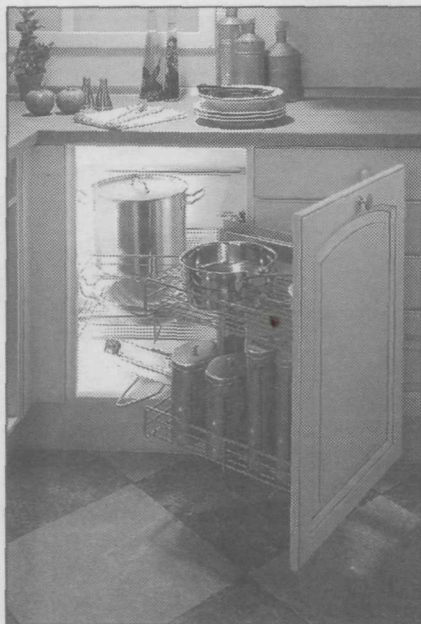
Not only are Hofemeier kitchens practical, they're also beautiful. The clean, smooth lines create an understated elegance that's not subject to passing fashion, so you'll enjoy the timeless beauty of your kitchen for years to come.

A Place for Everything

"Smart" organizational systems create space and keep things in order. Adjustable drawer systems and pullouts organize your items and provide easy access. There's a special space for cooking supplies, pots, plates, glassware and silverware, and many options for organizing drawers. Simply slide adjustable tracks or move pegs to fit your individual items. Drawer divisions remove for easy cleaning.

Meticulous Attention to Every Detail

Hofemeier kitchens are made to exacting specifications by fine European craftsmen. Every seam, every hinge, every light is perfect every time. This quality construction means incredible durability—cabinets and surfaces won't warp, crack or split. Doors open smoothly, close tightly; drawers pull open effortlessly; and rollup fronts slide easily and stay in place, no matter where you stop.



Timeless beauty, exacting craftsmanship and ergonomic design are hallmarks of Hofemeier Kitchens.

As Individual as You Are

You can choose from a wide assortment of cabinet styles and finishes, lighting options, counter top materials, door designs and drawer pull styles—to create a space that exactly matches your tastes and needs. Hofemeier offers an appealing range of front styles, colors and finishes including red, white, blue, stainless steel, wood... in gloss, matt or natural. You can choose the exact edge solution for your worktop, such as a rounded, metal or wooden edging. And you have endless possibilities with lighting—integrated halogen lighting, lighted shelves or hanging lights to brighten work areas.



The modular design lets you "mix and match." Combine straight, sleek lines with gentle curves; mix natural wood frames with white doors; or add lighted, frosted glass cabinet doors for extra drama and light. You'll be amazed at all you can do!

Beautifully Engineered, Surprisingly Affordable

If you've long admired fine European cabinetry, but couldn't find availability near you—or if you're discovering it for the first time—**Barrington Kitchen & Bath** now offers you the opportunity to enjoy the elegance of Hofemeier at an affordable price. Visit our **Barrington Kitchen & Bath** showroom or call 1-847-381-3084. Add a touch of Europe to your home!



Exceptional Hofemeier Kitchens—exclusively available from Barrington Kitchen & Bath Studio.

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Whether you are building, renovating or just sprucing up your home, you will find something you love for every room at **The Knobby**. Enhance the details of your most beloved belonging, home, with beautifully handcrafted hardware from

Rocky Mountain. Creating outstanding architectural hardware for over a decade, this line incorporates everything you can think of to trim your home: entry door locksets, interior knobs and levers, sinks, switch plate covers, mail slots, balusters, handrail brackets, towel bars, hooks, door knockers, faucets, house numbers, and doorbells all made out of solid bronze with beauty and character that cannot be denied.

To see what is truly possible, visit our showroom at 930 W. Northwest Hwy. in Arlington Heights or call **1-847-342-0803** for more information.

"Rodgers & Hart: A Celebration"

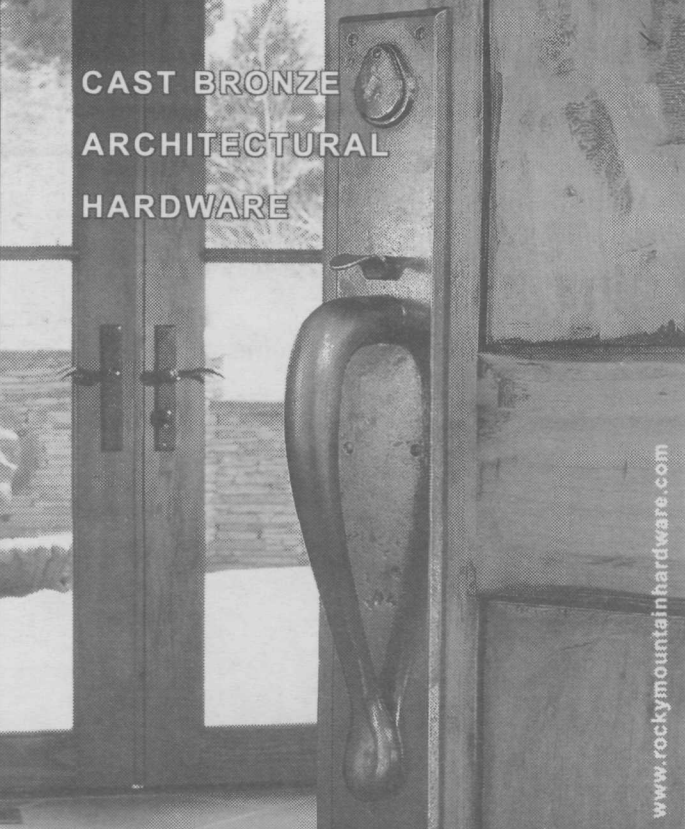
Music On Stage is proud to present the timeless classics of the songwriting team of Rodgers and Hart in the musical revue "Rodgers & Hart: A Celebration". The show will run weekends, April 16 to May 1, at Cutting Hall, 150 E. Wood Street, Palatine.

The prolific team of Rodgers and Hart redefined musical theater with their wit, intelligence and freshness from their first hit song in 1925 through their final showstopper in 1943. The few lines of narration in this fun, fast-paced revue highlight their careers, but it is the songs that explain their success. This wonderful revue has over 30 of the very best known songs from this celebrated team, including the evergreens *Johnny One Note*, *Bewitched*, *Bothered & Bewildered*, *There's A Small Hotel*, *The Lady Is A Tramp*, and *Falling In Love With Love*.

The outstanding cast will include Bill Brown of Arlington Heights, Carrie Dablow of Palatine, Susan Falbo of Lake In The Hills, David Gall of Glenview, Alison Hage of Crystal Lake, Warren Karas of Chicago, Peggy Lyons of Streamwood and Kevin Pierce of Naperville.

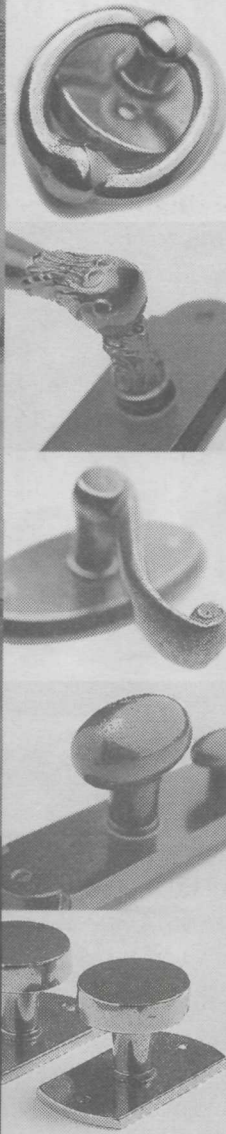
Show dates are Fridays and Saturdays, April 16, 22, 23, 29 and 30 at 8 p.m. and Sundays, April 17, 24 and May 1 at 3 p.m. Tickets are \$14 when paid in advance or \$18 at the door. Group rates are available. Don't miss the dinner/theater package with Palatine's premiere Italian restaurant, Mia Cucina—only \$30 per person and includes a theater ticket and a choice of entree, plus soup or salad or dessert. For ticket information, send an e-mail to tickets@musiconstage.org, call 1-847-289-4419 or visit www.musiconstage.org.

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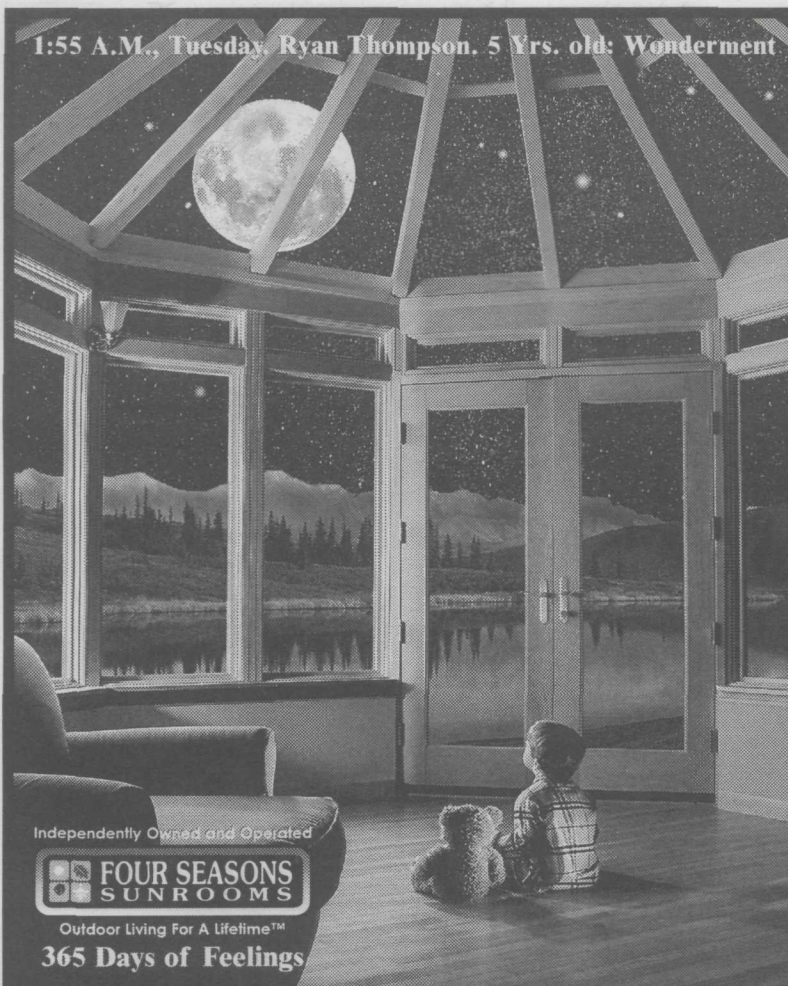


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In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons Sunrooms**, the nation's largest manufacturer of sunrooms for residential and commercial use.

Each **Four Seasons Sunrooms'** product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons'** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons Sunrooms'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons Sunrooms**, and all products are designed to meet or exceed building code structural requirements and have successfully withstood more than 200,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons'** sunroom is virtually maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

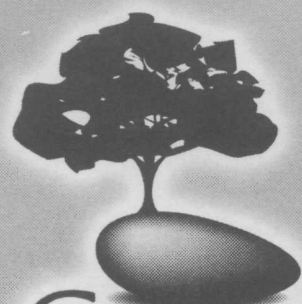
Armcor Design & Build's showroom is at 951 N. Old Rand Rd. (Main St.) in Wauconda. **1-847-487-7900**.



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The Spring "Spruce" Up

Want to Revitalize Your Outdoor Living Area? Here are Four Easy Tips to Get You Started:

• **Clean Up Your Act**—Remove all leaves and debris from your beds and lawn areas. If you never got around to trimming or pruning your shrubs at the end of last season, you may consider doing this prior to debris removal.

• **Get Crabby**—Want to prevent that pesky crabgrass from popping up everywhere this year? The key is to apply a fertilizer with pre-emergent crabgrass control. The ideal time for application is based on temperature, but the general rule is that when you see the Forsythia (yellow flowering shrub) starting to bloom, it's time, typically around mid-April.

• **Live on the Edge**—One of the easiest ways to improve the overall look of your landscaping is to edge tree rings and plant beds. For a professional look, make sure that tree rings are uniform circles and that the bed lines are smooth and flowing curves. A sharp spade shovel is just the tool for cutting a definitive edge.

• **TuMULCHuous Plant Beds**—Tree and shrub beds should be replenished with mulch every one or two years. Recommended mulch depth is about three inches. Perennial, ground cover and annual areas should have one-to-two inches of compost. Mulch and compost help plants retain moisture throughout the growing season.



• **The First Four Letters of Plant Spell "PLAN"**—Before putting shovel to ground, get it down on paper. Consider areas for entertaining, trees for providing shade and flower beds to add a burst of color. It is far easier to change ideas on a plan than to relocate plants and stones.

• **Between a Rock and a HARDscape**—For most landscape projects, it is best to complete decks, patios, driveways, walks and retaining walls (hardscape) first. A wide variety of material options are available for these projects. Consider durability, aesthetics and cost when making your final selections.

• **It's Alive!**—Plants can add a great deal to your environment. The right blend of plants can add color, fragrance and texture while highlighting the architectural features of your home.

• **Water! I Need Water!**—Not you. The plants. Give your plants a big drink, and then sit back and enjoy your handywork.

For added insight to your next landscape project, call Brian Schmidt at **Greenstone Landscaping Inc.**, 815-675-2950. He has been helping homeowners in the greater Chicagoland area convert their dreams to reality for over 20 years.

Want to Expand Your Outdoor Living Area? Here are Some Suggestions:

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New Windows Can Add Style and Character to Your Home

As we all know, windows are functional—they let in light, provide fresh air, and can create access to the outdoors. But did you know that windows can also add an

element of style to your home's interior and exterior design? The numerous types of windows that are now available offer new ways of expressing creativity to your home.

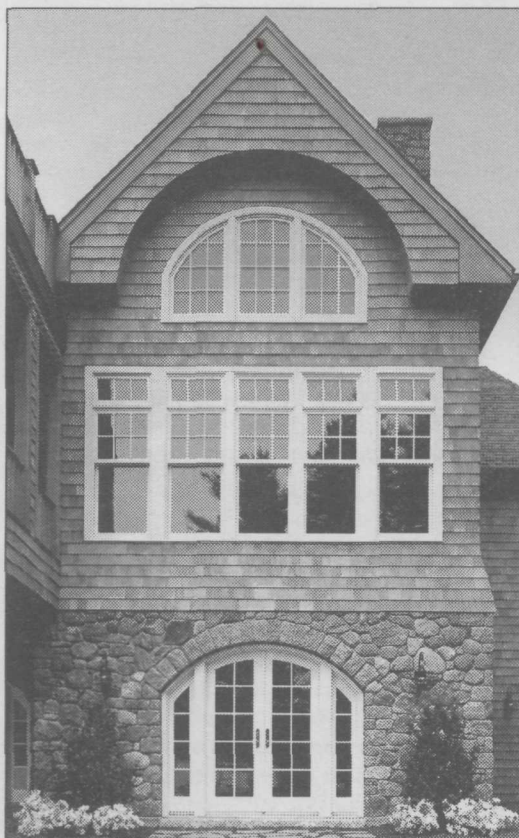
Pat Finn, of **Patrick A. Finn, Ltd.**, a custom home builder and remodeler working in the Northwest Suburbs, says that he only uses the finest windows and doors in the homes he builds and remodels. "Windows can give a distinctive look to a home's exterior, and add character to the home's interior."

Marvin Windows and Doors, a manufacturer of top quality custom windows and doors, offers several tips for using windows in the design of your home:

- A lavishly decorated space will benefit from a simple window design, while a more understated room gains impact from more elaborately configured windows.

- Non-traditional window shapes, such as octagons, triangles, and hexagons work especially well in roof lines and vaulted ceilings. Pair them with a basic rectangular shape to achieve a stunning contrast.

- If you buy an older home because of its charm and character, don't spoil the effect by installing modern looking windows. You can install new, energy-efficient windows and still preserve the look of



The arched windows and doors on this home give a distinctive look to the exterior.



These windows create a work of art by providing a frame for the beautiful view in this kitchen.

the house by choosing the proper design in your home.

- Special windows, such as round-top windows, Palladian windows, and eyebrow windows are designed to have impact and draw your eye to the window. Forget the curtains and blinds—think of these windows as a work of art on display

Patrick A. Finn, Ltd. has valuable experience in installing custom windows and doors in new custom built homes and in many remodeled homes. They can work with you, your designer, or your architect to create the look you want in your home.



KEMPER CAZZETTA

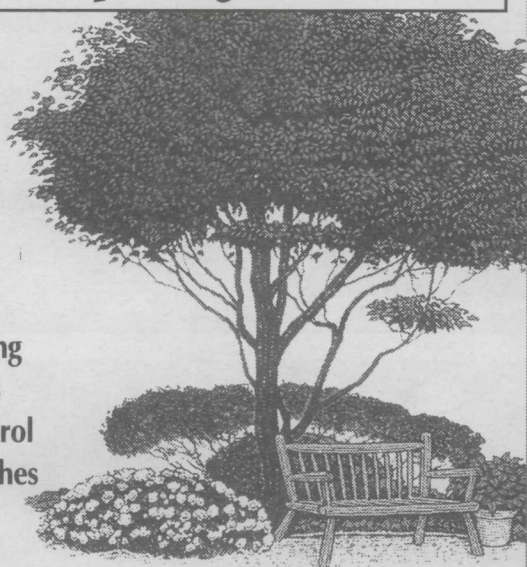
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League of Women Voters Study Full-Day Kindergarten

At its April 20th meeting, The League of Women Voters of the Barrington Area will begin an in-depth study on the feasibility of full-day kindergarten in Community Unit School District 200.

The goal of the study is to evaluate both the educational and the financial impact of imposing a full day of school for 5-year-olds to the district. The LWVBA has assembled a panel of experts lead by Dr. Glenn "Max" McGee, former state superintendent, who has done extensive

research on this topic. This panel, which will also include teachers who have taught extended kindergarten, will discuss the academic and social pros and cons of this program. League members and guests will have an opportunity to question the panelists after the presentation.

The meeting will be held at the Barrington Area Library, 505 N. Northwest Highway, Barrington, on Wednesday, April 20, from 7 to 9 p.m. Guests are welcome to attend.



Can't Find The Room? Let Us Help!



"BEFORE"



"AFTER"

"As architects, it's our job to solve your spatial needs," says John C. Cazzetta, President of **Kemper Cazzetta Architects** in Barrington. "A large majority of our work is in remodeling, and because our clients need everything from small additions to complete estate makeovers, we tend to see it all. Our philosophy is to listen to our clients, study their existing conditions, calculate their budget and endeavor to aesthetically resolve their space needs."

Many homeowners struggle with the thought of "taking apart their house," especially while they continue to live there. "This dilemma is the biggest hurdle in some projects," adds Cazzetta. "The de-

sign solution takes this into account so as to ensure a comfortable process. We have designed some projects to allow the owner to move into the new addition before renovating the existing space." The quality of life during the process is as important as the design itself. "The homeowner is amazed at how their 'old' home has come back to life," concludes Cazzetta.

If your home needs updating, additional space or reconfiguration, call John C. Cazzetta at **Kemper Cazzetta Architects**, **1-847-382-8322**, for a no-obligation consultation today. "We feel you will be pleasantly surprised at the potential of your existing home."

Bravi! St. Anne Students



St. Anne Students performed a wonderful rendition of Mozart's *The Magic Flute* on Feb. 22: (back row, from left) Mrs. Sharon Curran, St. Anne fourth-grade teacher; cast members Kari Osowski, Julia MacKendrick, Hannah McLaughlin, Emily Jagmin; (behind Emily) Toni Savadel, BCLOC vice president in charge of programs and a Lyric Opera lecture corps member from Carpentersville; cast member Nick Schuberth; and (forefront, from left) Desi Cooney and Taylor Foderaro (who portrayed Camino and the Dragon).

As part of the Barrington Chapter of Lyric Opera of Chicago's "Opera in the Classroom" outreach program, Barrington's St. Anne fourth-grade students performed their version of Mozart's *The Magic Flute* on Feb. 22.

This classic tale of triumph through reason, truth and virtue combines captivating music, humor and fantasy in depicting a prince's quest to save the princess he loves.

Under the chapter's program, a Lyric Opera lecture corps member works with the classroom teacher during several visits to the school. During these visits, the

member shares what opera is about, the story and music. The final visit culminates in a costumed, lip-synched miniproduction of the studied opera.

If you are interested in having "Opera in the Classroom" presented in your school for grades fourth to sixth, please call Toni Savadel at 1-847-428-1102.

For inquiries on membership in the Barrington Chapter, call George Obermaier, BCLOC first vice president in charge of membership, from Schaumburg at 1-847-985-0837.

You may wish to visit Lyric Opera of Chicago's Web site at www.lyricopera.org.

Sharon Prassel Interiors— A Full-Service Interior Design Firm

Sharon Prassel Interiors is a full-service interior design firm that offers custom-made Amish cabinetry. Only the highest quality stains and finishes are used on our cabinets, each piece is hand-rubbed to create cabinetry of rare beauty and functionality. This is an excellent choice for kitchens with the rise in cabinetry to appear as furniture. We have the knowledge, creativity, experience and attention to detail to bring a dynamic new look not only to your kitchen, but to the entire home.

In order to obtain the best interior for your home, you want someone who is experienced with not only cabinets but all the other facets of interiors, including space planning, flooring, wall covering, furniture, fabric and lighting.

The best designs are all about details. Be selective. Work with a professional. The results will show in your home.

If you want that exciting new look, call **Sharon Prassel Interiors** to schedule your appointment today—1-847-381-3888, sharon@sharonprassel.com.

Keep Indoor Air Healthy

Dirty Carpet Aggravates Allergies and Makes Cold and Flu Symptoms Linger

Dirty carpeting acts as a breeding ground for the pollutants trapped inside airtight homes. Bacteria growing in your carpet can aggravate allergy, cold and flu suffering. The easiest way to improve your indoor air quality is to clean the allergens and bacteria from your carpet.

Clean Carpet Looks Great and Lasts Longer Too!

Check out the carpet in your entryway;

take a look down the hallways, under the table and in front of your favorite chair. Is the carpet clean? Regular visits from **JNR Cleaning Service Inc.** will help keep your carpet bacteria-free and looking like new for years to come.

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Everyone goes through a tribulation or two when doing a new kitchen. Which is why as Wood-Mode design professionals, we do more than create a kitchen that uniquely reflects who you are. We go to great lengths to make the entire process, from concept to installation, go as smoothly as possible...so you're confident every step along the way.

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Larry Holland



Patricia J. Kelly

4105 W. Crystal Lake Road (one block south of Route 120) in McHenry. Call us at 815-363-8482.

DAR to Meet Sunday, April 3

Phillips Hatch Society of the Children of the American Revolution, sponsored by the Signal Hill Chapter NSDAR, will hold an organization planning and application help meeting on Sunday, April 3, at Barrington Area Library, 505 N. Northwest Highway, Barrington.

Harriett M. Lothrop (1844-1924), NSDAR member and well-known author, founded the NSCAR in 1895 to instill patriotic values in the youth of America. During the 1895 NSDAR Continental Congress, Mrs. Lothrop delivered a moving speech to its members urging them to join her in helping create a patriotic organization for their children. Mrs. Lothrop's vision was well received, and the Children of the American Revolution was founded on April 5, 1895. There are now 28 societies in Illinois with over 500 members statewide.

Any child under the age of 21 is eligible for membership. A parent's membership

in DAR or SAR is not necessary. But as in DAR, genealogical proof of lineal descent from a patriot is required. This may be on either the maternal or paternal side of the family.

NSCAR's mission is to train good citizens, develop leaders and promote love of the United States of America and its heritage among young people.

Anyone wishing to know more about CAR is invited to attend. Sally Hansen, president of the society, will be on hand to discuss and answer any questions you may have.

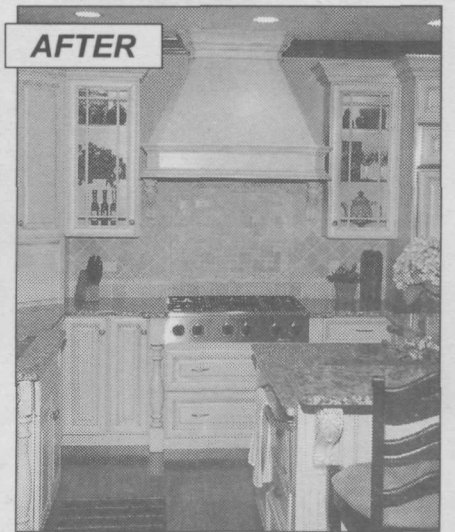
If we as DAR members want to ensure our own existence in perpetuity, CAR membership is a gift well worth giving. Enroll your children, grandchildren, nieces and nephews in this society.

For further information about the meeting or becoming a member, please contact Sally at 1-847-658-7292.

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AAUW Upcoming Events

The American Association of University Women promotes equity for all women and girls, lifelong education, self-development and positive societal change. Membership is open to any graduate of an accredited university or college.

On Monday, April 11, the Barrington Area Branch will meet at the Barrington Library at 7:00 p.m. Dr. Tabinda Bashir will speak on "Women in Moslem Countries." Born in Pakistan, Dr. Bashir is an obstetrician/gynecologist and has worked for many decades in Pakistan and Nigeria. Currently a resident of a Chicago suburb, she teaches about Islam at the Institute for Continued Learning at Roosevelt University.

The Luncheon Book Discussion group will meet Wednesday, April 13, at noon at The Garlands to discuss *Girl with a Pearl Earring* by Tracy Chevalier. The Evening Book Discussion group will meet in a member's home on Tuesday, April 26, at 7:30 p.m. to discuss *Elizabeth and Mary: Cousins, Rivals, Queens* by Jane Dunn. The Women's Issues Book Discussion will discuss *Founding Mothers* by Cokie Roberts. Guests are welcome at the book groups.

Shirley Conibear is president of the Barrington Branch. Kathryn Black is program vice president. Preeti Gupta is membership vice president. For more information, call Mary Lou at 1-847-382-5989.

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New Generations of Barrington Treat Inner-City Children to Tubing and Lunch at Villa Olivia



The group enjoyed their day of tubing and the luncheon at Villa Olivia on Saturday, Feb. 5.

New Generations treated a group of children, ranging from 7 to 15, to two hours of tubing at Villa Olivia on Saturday, Feb. 5. After tubing, they enjoyed a luncheon.

New Generations is a youth-driven organization committed to providing Barrington area high school students with opportunities to be involved in various service and social activities. The annual

tubing trip aims to treat young residents of the Cabrini-Green housing project who are participants of the Hope Alive Program run by Northfield-based Holy Family Ministries Foundation.

New Generations offers Barrington High School teens many opportunities to enjoy a positive involvement in their community and beyond the borders of Barrington.

Barrington Area Council on Aging Offers Luncheon at Greencastle of Barrington

The Barrington Area Council on Aging, Inc., and Greencastle of Barrington (formerly Good Shepherd Manor) invite all Barrington-area seniors to attend the

Tuesday and Thursday lunch programs at Greencastle of Barrington from 11:30 to 1:00 p.m. and to participate in the Senior Social following lunch.

Clearbrook's Wine Tasting is a "Grape" Success "A Grapevine of Friends" Fund-Raising Event Supports Clearbrook's Employment Services

Clearbrook President Carl M. La Mell of Evanston (left) congratulates Paula Kucharski of Arlington Heights as the winner of the Key to the "Grape Escape" prize at Clearbrook's Wine Tasting, held on Saturday, Feb. 19, at Stonegate Conference and Banquet Centre in Hoffman Estates.

Paula can now lease one of six exciting cars, including the Ferrari 348 Spider, Ferrari Mondial T, Porsche Boxter S, Viper, Hummer Sport or Plymouth Prowler donated by Exotic Car Share in Palatine for three days and enjoy a two-night stay courtesy of The Inn at Union Pier in Harbor County, Mich.

Over 400 guests dined on delicious food and tasted wines donated by Whole Foods Markets. New to the event was a VIP room featuring a selection of champagnes and decadent chocolates courtesy of Whole Foods Market and Chocolate Potpourri/Veritas Chocolatier. All proceeds



from the evening help to raise funds for Clearbrook's Employment Services Program. This program offers career training, counseling and placement in the workforce, supported employment at the Clearbrook work site and occupational skills training to adults with developmental disabilities.



Greencastle is located at 445 E. Main in Barrington. Parking is available next door at First Church of Christ Scientist. (Enter the lot from Main Street.) Lunch is served at noon for a suggested donation of \$3,

with no additional charge for the Senior Social programs. Advance registration is required. Call BACOA at 1-847-381-5030 for your reservation.

Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great?

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steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** at **1-847-438-4582**. They're on Rand Road in Lake Zurich. Why put it off any longer?

Plan Spring Containers at Garden Club of Inverness April Meeting

Garden Club of Inverness will present a demonstration of the latest techniques in creating spring planters at its meeting on Thursday, April 21. The meeting will be held at 9:30 a.m. at All Saints Lutheran Church, 630 South Quentin Road, Palatine.

After a short business session, Hawthorn Gardens' Joni Cotten, perennial manager, and Marge Beiser, display specialist, will

prepare a container garden of spring plants. Hawthorn Gardens is located on North Old McHenry Road in Hawthorn Woods.

For more information, call the membership chair at 1-847-358-8994.

Garden Club of Inverness is a member of Garden Clubs of Illinois, Inc., District IX, and of National Garden Clubs, Inc., Central Region.

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The idea of extending your living area outdoors is gaining popularity. Gone are the days of a plain concrete pad with a picnic table and umbrella. Today's outdoor living areas now include grills and cooktops, seat walls, firepits, and water features such as ponds and waterfalls.

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door environments using natural and cultured stone, brick and clay pavers, and colored and patterned concrete in all applications. A new patio, walkway, driveway, entryway, or stone facade can instantly change the look of your home. Add a tranquil pond or a custom water feature for quiet serenity, and your yard becomes an oasis and refuge from a hectic world.

StoneCraft artisans offer over 30 years of experience in masonry and concrete as well as an eye for detail that will set your home apart. They can even incorporate a new gazebo, deck or pergola into your landscape design. **StoneCraft, Inc.**, offers an extensive team of craftsmen to satisfy every dream you have for your outdoor living space.

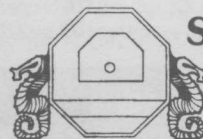
Don't spend another summer wishing for a relaxing time outdoors. This spring, call **StoneCraft, Inc.**, and make your home the most comfortable, beautiful place in which to live, entertain and enjoy for years to come.

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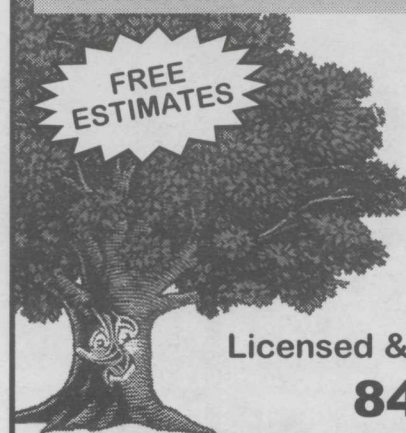
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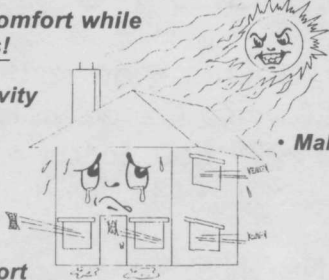
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Chicago Swedish Glee Club to Perform in Barrington

Celebrate spring with song.

The Barrington Area Council on Aging and The Garlands of Barrington will co-sponsor the Chicago Swedish Glee Club's "Valborgsmassofaften: A Swedish Celebration of the Coming of Spring" on Saturday, April 30, at the Center for the Performing Arts at The Garlands.

The 35-voice Chicago Swedish Glee Club performs a broad selection of music, including classical, contemporary, folk and ethnic selections. The group, which performs nationally and internationally, was

organized in 1869 and is the second-oldest continuous performing male chorus in the United States.

A Swedish-style lunch will be served before the concert. A cash bar will be available at 11:30 a.m.; lunch will be served at noon; and the concert will begin at 1:00 p.m. Tickets are \$28. The registration deadline is Friday, April 22. For more information or to register, call The Garlands' Lifelong Learning Center at 1-847-304-1996.

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Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

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pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

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We look forward to saving you money!!!

For further details, please call 1-847-382-8468, 815-363-8468 or 1-847-812-5499 cel.

April Events at the Library

The Barrington Area Library, 505 N. Northwest Highway, Barrington, will present "Get to Know Your Neighbor" during April 2005. The library will spotlight talented residents of the Barrington area who will perform a series of programs for other residents. From Middle Eastern folk dances to eclectic jazz fusion, there's no limit to the skill and talent found in the Barrington area. Register for this program at 1-847-382-1300 or visit—www.barringtonarealibrary.org.

• Family Karaoke Night, Friday, April 1, 7:00 to 9:00 p.m.—Celebrate April Fool's Day by discovering the hidden talents (or the hilarious tone deafness) of your family, friends and neighbors as they sing along to a wide variety of songs for children and families. Enjoy pizza as you wait for your 15 minutes of fame! No registration is required.

• Pilates Primer, Thursday, April 7, 7:00 p.m.—Pilates dramatically transforms the way your body looks, feels and performs. It builds strength, teaches body awareness and improves the mind-body connection. Barrington Pilates instructor Sandy McKee-own of Full Circle Pilates will show you that no matter what your age or condition, Pilates can work for you. Bring a towel or mat if you wish to participate.

• Yoga for Kids, Tuesday, April 12, 4:00 to 4:45 p.m. (for grades kindergarten through second) and Thursday, April 14, 4:00 to 4:45 p.m. (for grades third through fifth)—Exercise your mind and your body with accomplished yogi Chad Satlow, director of Barrington's Yogawerks studio.

• Book Discussions with Lanny Ori—Share the pleasure of discussing books and ideas with your neighbors. On Tuesday, April 19, from 7:30 to 9:00 p.m., and Thursday, April 21, from 2:00 to 3:30 p.m., the subject will be *The Curious Incident of the Dog in the Night-Time* by Mark Haddon. In an endearing voice, Christopher, an autistic math genius, investigates the murder of his neighbor's dog and uncovers a secret about his mother's death in the process in this inventive novel.

• Antiques of All Ages!, Thursday, April 21, 7:00 p.m.—Dust off your family heirlooms and bring them along! Appraisals

often uncover the unusual or valuable in things around your house. Don't miss this opportunity to consult with Barrington antiques expert Gwendolyn McMurray of Tivoli Garden Antiques, along with Laurence McMurray and Carole VandenBrook.

• Hobby Fair, Sunday, April 24, 2:00 to 5:00 p.m.—Looking for a relaxing pastime or an outlet for your creativity? The library's Hobby Fair is your chance to see hobbies, crafts and collections while getting to know the people behind them! With an exciting lineup of Barrington area collectors and crafters demonstrating their skills, displaying finished products and sharing clues on how to get started, you'll have ample opportunity to explore a wide range of possibilities. If you would like to display your collection or artistic creations, call 1-847-382-1300, ext. 258, or e-mail hstewart@barringtonarealibrary.org. People of all ages are invited to attend and display. Light refreshments will be served. No registration required.

• Encore! Afternoons, Second Wind, Tuesday, April 26, 2:00 p.m.—Barrington husband-and-wife team Second Wind features Doug Saylor on guitar and Joyce Palmquist on mandolin. Their delightful program is a humorous mix of eclectic folk music with old and new pop standards done in their own unique style.

• Troupe Namaste, Tuesday, April 26, 7:00 p.m.—Troupe Namaste is a local group of women of all ages and backgrounds who have come together in celebration of folk dance. The troupe showcases authentic Middle Eastern dances as well as world styles including gypsy, tribal and Turkish. Their fun and lively dances are family friendly and appeal to a wide variety of audiences.

• The Chameleon Sextet: An Eclectic Fusion Band, Friday, April 29, 8:00 p.m.—Presenting an eclectic blend of jazz and rock traditions encompassing fusion, funk and blues, The Chameleon Sextet is one of the area's most exciting bands. Joe Altshuler, Jon Ailabouni, Prashant Jayaraman, Mike Cloney, Mike Day and Marty O'Donnell, all BHS students, will perform their crowd-pleasing mix of original arrangements and compositions.

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Celebrate Spring at Geimer's Long Grove Garden Show



Take a train tour through Geimer's bridge and three-acre nursery during their Long Grove garden show, Saturday and Sunday, April 9 and 10.

Get ready for gardening at **Geimer Greenhouses' Fourth Annual Spring Garden Show** at their Long Grove garden center on **Saturday and Sunday, April 9 and 10**.

The free garden show will feature a full weekend of garden-related fun with plant specials, workshops, product demonstrations, make-it take-it crafts for kids, live entertainment and refreshments.

A 30-foot passenger train will also be on hand, offering tours around the nursery behind the garden center. Bring the whole family and take a train ride to check out **Geimer's** three-acre selection of trees and shrubs! The train will run from ap-

proximately 10 a.m. to 2 p.m. on both days of the garden show.

In addition to **Geimer's** renowned selection of houseplants and casual furniture, garden enthusiasts will find a variety of cool weather annuals, trees and shrubs, and, weather permitting, a few perennials ready to take home.

Geimer's Fourth Annual Spring Garden Show will take place Saturday, April 9, from 9 a.m. to 5 p.m. and Sunday, April 10, from 10 a.m. to 4 p.m.

Geimer's is located a half-mile north of Lake-Cook Road on Old Illinois Route 53 (Hicks Road) in Long Grove. For more information, call **1-847-358-6363**.



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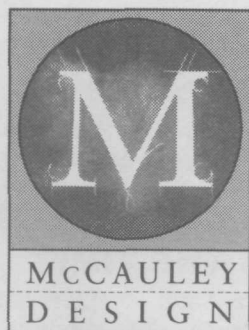
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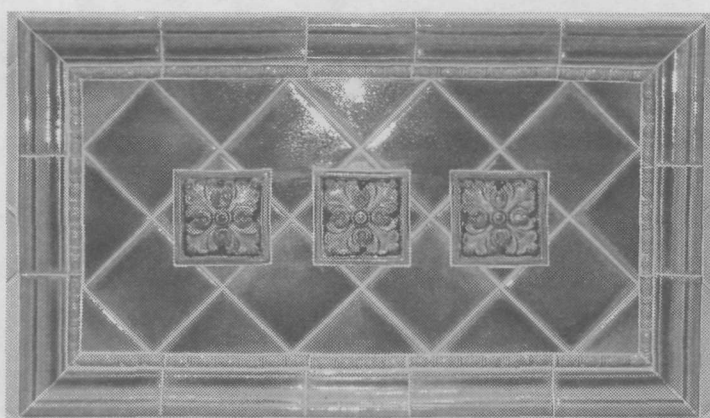
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We're not naming names, but everybody knows about places that try to provide rock-bottom prices by stripping away service. Which is perfectly fine and appropriate if you are buying a sink or a screwdriver or a package of light bulbs.

If you are trying to complete a kitchen or bath, you will find that the rock-bottom prices are not really so rock-bottom, or you will find that the low price reflects a difference in the quality of materials and workmanship.

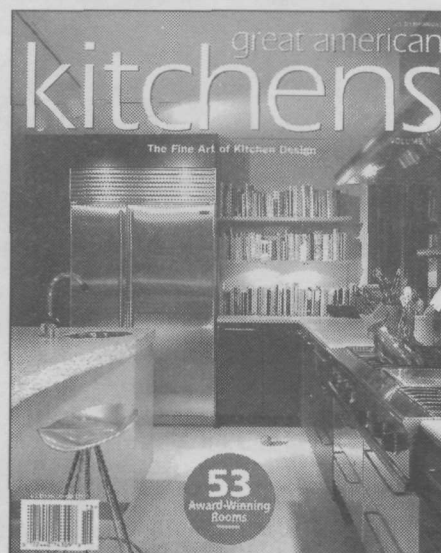
You will also find that the expertise and support necessary to do the job is—to put it mildly—absent.

So you wind up paying somebody on the back end to do the work that should have been done on the front end.



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At **McCauley Design** we work constantly to provide the right level of service and the highest level of value. We make sure that the design reflects your ideas. We show you the latest innovations in space planning, materials, appliances, hardware, and finishes. We help you through the construction process and make sure that the job is done right.



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McCauley Design has created a collection of stone and ceramic tile by artists from small studios around the country. Each artist has a unique style and point of view. In our studio you can see colorful mosaics with fanciful motifs taken from nature. You'll also see architectural elements such as columns and pediments with unique glazes. We have metal tiles both solid and surfaced for differing applications.



Chicago Magazine has recognized **McCauley Design** for "one of the area's largest selections of imported, handmade, and specialty tiles."

We have the design expertise to create unique patterns and one-of-a-kind vignettes. Once the design has been completed we take the next step, ensuring quality control and guiding the installation process.



American Harvest Cooking School

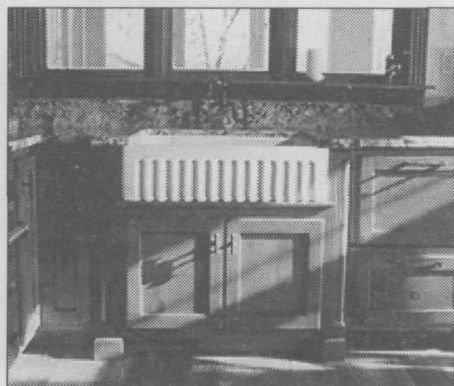
McCauley Design is host to the **American Harvest Cooking School** under the direction of Chef David Koelling. David is the impresario who founded *The Greenery* and *Biloxi Grill*. Join David for a relaxing evening of entertainment and instruction. Classes this session include, "New Orleans Cooking," "Girls' Night Out," "Seafood," "Sauces," "Healthy Eating," and more. For details, visit our website at www.mccauleydesign.com or drop by to pick up a class schedule.



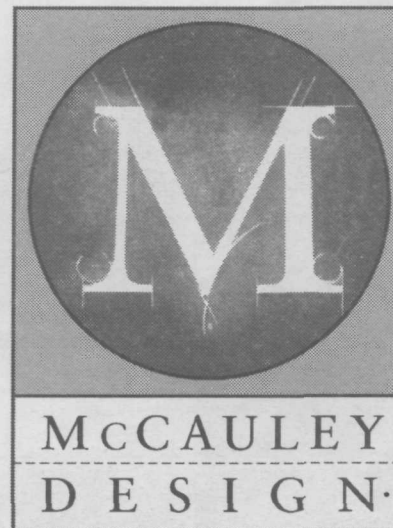
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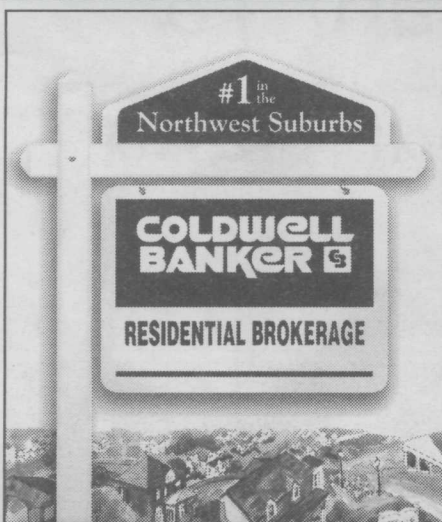
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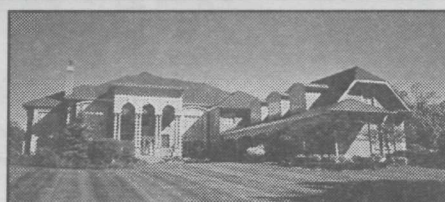
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303 E. MAIN ST.
SUITE 101
BARRINGTON



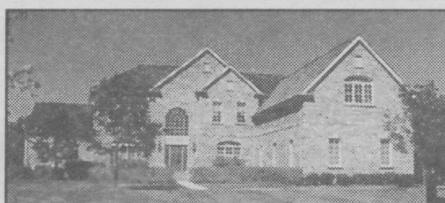
Barrington \$1,099,000
Upgrades Galore...was Toll Bros. model home. 4 br, 5.5 ba in the Estates at Lake Barrington. Custom throughout. Dual staircases. Gourmet kit. Hardwood flr. WOW!
Ron & Jeanine VanDeVelde 847/277-2282



South Barrington \$4,895,000
Spectacular waterfront 7 BR, 8.4 BA home. 33x28 grand entry & custom stair. 10' clgs, 40' clg in FR Granite flrs, gourmet kit, walkout LL w/ stage & dance flr. Priv beach.
Celeste Lockhart 847/525-0411



Barrington Hills \$1,725,000
Beautiful 6 br, 4.5 ba hilltop Colonial w/ sweeping countryside views. Fin lower level w/ rec rm, exercise rm. Sunny patio w/ pool, cabana. 3-stall barn. Quiet setting.
Mary Spinner 847/277-2284



Lake Barrington \$1,095,000
Stunning 2 yr old 4 br, 3.5 ba home w/ 4700 sq ft. Palladian windows, curved staircase & 2-stry foyer. Expanded FR w/ flr to ceil stone FP, kit w/ center isle & brkft bar.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$3,750,000
New const! Terrific 5 br, 6.5 ba, fab 5 ac wd site w/ pond. 2-stry entry & FR. Gourmet kit. Front & back stairs. Fab views t/o. Approx. 10K sq. ft. Fin w/o. Horse trails.
Celeste Lockhart 847/525-0411



Barrington \$1,195,000
4 br, 4+ ba BR waterfront home. Marble flrs. Stone FP, wet bar. MBR ste w/ whirlpl, sep shower, walk-in clst. Fin LL w/ kit, ba, rec rms. Yd w/ sprinkler. City sewer & water.
Celeste Lockhart 847/525-0411



Barrington \$949,000
Harris built English country home on gorgeous private 2+ wooded ac. 4 BR, 4.2 BA, stunning custom kit w/ granite, 1st flr den, fab MBR ste, full fin walkout, scrn porch.
Tressa Borkon 847/277-2256



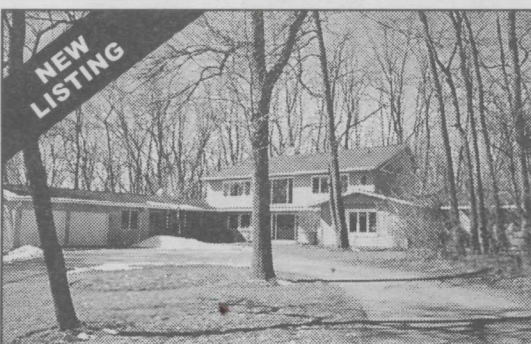
Barrington Hills \$2,795,000
Classic all brick Colonial 5 BR/4.2 BA set on one of B.H. finest 5 ac sites w/ pond. Oversized moldings, 10' & 11' ceilings T/O. Sunroom, fin Eng LL.
Celeste Lockhart 847/525-0411



Barrington Hills \$1,149,000
Larch Hill Farm. Enchanting 5 br, 4 ba Victorian. 1st flr English oak lib. Custom colors. Carefully maintained w/ large front porch, gazebo, mature trees & perennials.
Lois Olivari 847/917-2469



North Barrington \$895,000
Stunning 3 BR, 3.5 BA prairie style home set on approx. 2.5 acres w/ award-winning kit & BA. Frank Lloyd Wright inspired updates. Bluestone flrs, leaded glass, & more.
Mary Spinner 847/277-2284



Barrington Hills \$989,000
'Contemporary Flair for the Individualist!' Boasting tree-top views & wooded privacy, this 5 bedroom, 5 1/2 bath home offers a unique lifestyle. The dramatic open floor plan features a stunning master get-away, fabulous kitchen, finished walkout with 2nd kitchen adjoining indoor pool wing & 5-car garage. Adjacent to forest preserve. Renovated in 1992 w/ many newer features.
Donna Veller 847/277-2728



Barrington \$834,900
Magnificent 4 BR, 4.1 BA Georgian offers superior architectural design & detail. 1st flr. Lux. MBR, designer kit, fin walkout LL. Marble columns, 3 staircases, hrdwd flrs.
Suzanne Luby/Liz Luby 847/277-2777



Deer Park \$749,000
Striking 4 br, 3.5 ba contemporary ranch on 2.7 wooded acres w/ magnificent views. Travertine marble flrs, stone accents. Lux mstr ste. Screened porch, deck w/ hot tub.
Mary Spinner 847/277-2284



Fox River Grove \$719,000
Custom 4 br, 3+ ba newer home. Barrington schools. So many upgrades. Master suite w/ sitting rm w/ 2-sided fireplace. Office. Huge, finished bonus rm. 4-car garage.
Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$674,500
Great value! Delightful 4 br, 2+ ba home on 1 acre wooded lot. Brand new carpet & appl. Spacious kitchen. 2 flr. Lrg 1st flr den/office. 3-car garage. Full basement.
Ron & Jeanine VanDeVelde 847/277-2282



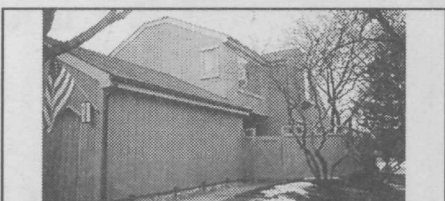
Barrington \$669,000
Classic all brick on 1 acre w/ open floor plan. Hrdwd, brick frplc, Sunrm, spacious MBR Suite, full bsmt w/ game rm, & 3 car gar. Also, new carpet, roof & driveway.
Donna Veller 847/277-2728



Lake Barrington \$645,000
Poised high on lush landscaped acre. 4 bedroom, 3.1 BA Cape Cod has it all! First floor master, fin English LL, 3-car garage. Backs to conservatory.
Suzanne Luby/Liz Luby 847/277-2777



Palatine \$589,000
Gorgeous 4 br, 3.5 ba home in Cedar Grove. Bright & white eat-in kit opens to FR. Vaulted ceil, hwd flrs. Lux MBR w/ tray ceil & walk-in closet. Jacuzzi tub.
Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$379,900
LBS-3 br, 3.5 ba end unit. Overlooks golf course & pond. Vaulted ceils. Hwd flrs. Den/Off. Sun rm. Full fin walkout LL. Priv courtyard & deck. Direct entry. 2 car gar.
Ron & Jeanine VanDeVelde 847/277-2282



Barrington \$342,500
Lakefront! Lakefront! Lake Barr Shores-End unit 3-level townhome. Cul-de-sac location. 2 BR, 2.5 baths. Cozy lower level w/ FP. Deck overlooks glorious main lake.
Ron & Jeanine VanDeVelde 847/277-2282



Wauconda \$137,900-\$139,900
2 BR, 1.5 BA Townhome is better than new. New Berber carpet, Pergo, & ceramic flooring and new SS Kitchen appl. 2nd floor Laundry. Patio fenced for privacy.
Donna Veller 847/277-2728

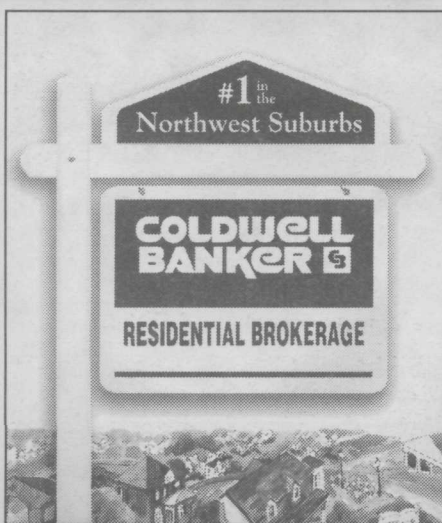


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Barrington Hills **\$1,495,000**
Extreme makeover on Goose Lake! 4 br, 3.5 ba home updated w/ granite counters, carpet, hwd, painted, drive. 2-stry foyer/liv rm, library, walkout, sun rm, porch.
Bob Untch **847/277-2295**



Barrington **\$849,900**
Exceptional 4 BR, 3.5 BA home w/ front & rear water views. 2-story entry, hrdwd flrs, cook's kit w/ granite, study, fin English LL w/ 3-car gar & prof Indscpd lot.
Suzanne Luby/Liz Luby **847/277-2777**



North Barrington **\$668,000**
Fabulous rehabbed Biltmore home w/ 3 br, 3.5 ba on wooded lot overlooking creek & pond. Kit w/ granite counters & stainless steel appls. Fin bsmnt w/ rec room.
Sherl Wheeler **847/370-3808**



Elgin **\$234,900**
Gorgeous & immaculate end 2 BR townhome. Vaulted ceiling, upgraded kit w/ granite & eat-in area, loft, formal dining area, fin. LL, deck.
Robert Colvin **847/277-2782**



Barrington Hills **\$3,490,000**
Magnificent gated 16-ac estate w/ 4 BR luxury suites, 5.2 BA, superb amenities, pool & pool house, 6-car heated gar, exceptional private retreat.
Frank & Lynne Caiazza **847/867-3424**



Barrington Hills **\$1,988,000**
4 br, 3.5 ba waterfront home on Hawley Lake. 6.73 acres. All new mechanicals. Study, 3-season rm. Cathedral ceilings. 5 fplcs-LR-FR-MBR-Kit-LL & 3-car garage.
Sherl Wheeler/Jane Pohlman **847/370-3808**



Barrington Hills **\$1,399,000**
Outstanding 10 yr new 5 br, 5.5 ba, 7500 sq ft brick, 3-stry Colonial on 5 acres. 2-story fam rm, 1st flr br, den, fin walkout, bonus rm, 4-car gar. Hdwd, neutral colors.
Bob Untch **847/277-2295**



Barrington **\$795,000**
Custom 4-5 br, 3 ba village home new in '99! Gourmet kit w/ Viking & new SubZero. 1st flr study w/ full ba adj, hwd, fin LL, brick patio, fenced yd, extras galore.
Lois Olivari **847/917-2469**



Barrington **\$649,000**
Fabulous 4 br, 2.5 ba home in premier area. Beautifully updated. Study, huge master BR & stylish BA. Finished LL. In ground pool w/ diving board. Private & wooded.
Sherl Wheeler **847/370-3808**



Union **\$309,900**
Country living w/ great Huntley schools! 3 BR, 2 BA brick & cedar ranch sits on 1.22 acres. Living rm w/ frplc, FR w/ wdbng stove, kit w/ oak, Corian, new appls, fin LL.
Jackie Edwards **847/277-2266**



Barrington Hills **\$2,980,000**
2 yr new Williamsburg w/ 4 BR, 5+ BA situated in an idyllic 5 ac wooded setting. Handsome walnut study & sun-filled conservatory w/ lantern ceiling.
Suzanne Luby/Liz Luby **847/277-2777**



Barrington Hills **\$1,899,000**
Waterfront-4 br, 4+ ba home on 5 acres. 2-stry fam rm, kit w/2 granite islands, sun rm. Mstr w/sitting rm. 4 fplc, loft & walkout w/rec rm, off, exercise rm, 4 c gar.
Sherl Wheeler **847/370-3808**



Inverness **\$949,500**
Great 4 br, 5.1 ba home. Vaulted great rm w/ flr-to-ceil fplc & windows. 1st flr MBR, fin English LL w/ media center. 4-car gar, sep 1st flr apt. Pool, deck & gazebo.
Frank & Lynne Caiazza **847/867-3424**



Algonquin **\$789,000**
Magnificent 5-level contemp with fabulous water views. Open floor plan, marble entry & bath, oak trim & cabinets, hot tub, deck, gazebo, 3 car garage, & ramp access.
Richard A. Lis **847/277-2740**



Barrington **\$449,900**
Well-maintained 3 BR, 1.5 BA home, approx 1 acre. Rec rm w/ fplc, 2+ car gar. Enclosed porch, gazebo, hot tub. Appl incl. Newer roof, furnace, water heater.
Richard A. Lis **847/277-2740**



Palatine **\$204,900**
2 br, 2 ba. Updated to the max. Fresh paint & carpet. Updated kitchen & baths. Outdoor pool, exercise room, game room, billiard room. Garage available.
Sherl Wheeler **847/370-3808**



Barrington Hills **\$2,199,000**
Spectacular 7 br, 7+ ba estate on 6 acres. Approx 9000 sq ft of liv space w/ guest house. 6 fplcs, sun rm. Updated kit. Tennis, pool. 3-stall barn, paddocks, 4-car gar.
Bob Untch **847/277-2295**



South Barrington **\$1,599,000**
Outstanding 4 yr new, 4 br, 5.5 ba estate on 1.75 acres. 10,300 sq ft of living space on 4 levels. 2-story foyer & fam rm. 4 FP, 2nd & 3rd flr bonus rms, fin walkout.
Bob Untch **847/277-2295**



Arlington Heights **\$897,500**
Beautiful new 4 br, 3.5 ba home on 1 acre. Hdwd flrs, 6-panel drs. Fam rm w/ brick fplc. Granite & maple kit w/ stainless appls. Central vac, surround sound, sec system.
Jackie Edwards **847/277-2266**



Cary **\$699,000**
Spectacular 4 br, 3+ ba 3700 sq ft custom home to be built on 3/4 acre wd lot. 1st flr den. Maple, granite, hwd, English LL. Texas-size MBR closet. Brck fplc. 3-car gar.
Bob Untch **847/277-2295**



Inverness **\$369,900**
2 BR, 2.5 BA TH on culdesac offers sunfilled LR, spacious DR w/ brk FP, kit open to eating area w/ patio access & fin LL. Close to every convenience+pool, tennis & clbhs.
Suzanne Luby/Liz Luby **847/277-2777**



Island Lake **\$158,000**
Great Value! 3 bedroom, 1.5 bath desirable Bristol model with open front and back views. Guest parking nearby. All appliances stay. Fabulous location.
Helen Cantieri **847/277-2287**



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Leading The Way To Remarkable Properties



BARRINGTON HILLS

This outstanding, custom designed, Nantucket style residence is set on five private, heavily wooded acres. The five bedroom, six full and two half bath home offers the highest quality design, detail and finishes, a magnificent two story kitchen, conservatory & five car garage. Enjoy the spirit and style of New England!

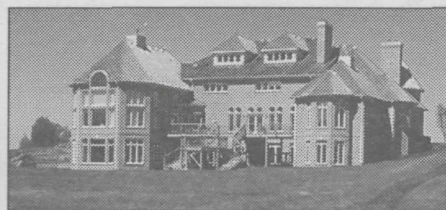
OFFERED AT \$2,995,000



BARRINGTON HILLS

Set on over five wooded lakefront acres, this gracious, renovated 100 year old Victorian offers elegant appointments, six bedrooms four full and two half baths and a charming guest house. The epitome of refined country living, it enjoys idyllic views of a sparkling private lake.

OFFERED AT \$1,499,000



BARRINGTON

No expense was spared in creating this beautiful waterfront home in Braymore. Offering state of the art features, the home reflects the finest architectural design & detail throughout. Volume ceilings, 5 fpls, 2 gorgeous kits & incredible indoor pool. A remarkable home on a lovely site in a wonderful neighborhood.

OFFERED AT \$2,849,000



INVERNESS SHORES

Spectacular waterfront residence. This custom, original-owner home is set on a quiet peninsula on a private lake. *Architectural Digest* quality kit has custom cherry cabinetry, granite countertops and top-of-the-line appliances. A fin w/o LL, inground pool & extensive outdoor entertaining areas enhance the resort-like ambiance.

OFFERED AT \$1,195,000



BARRINGTON HILLS

Set on 9+ private, rolling & wooded acres, this brick residence is abundant in character & charm. This 1930s classic features 4 br, 3.2 ba, exquisite architectural detail, 3 fpls and finished LL. The magnificent grounds offer extensive brick paver terraces, sparkling pool, delightful pool house. Garage parking for 5 vehicles.

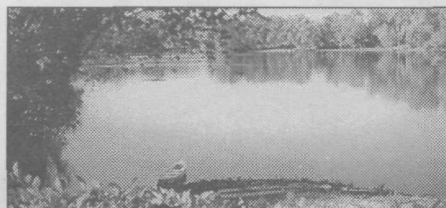
OFFERED AT \$1,750,000



BARRINGTON HILLS

Outstanding 6 br, 8.5 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Magnificent architectural design and detail. It includes a stunning gourmet kitchen, sumptuous master suite, 6 fireplaces, finished walkout lower level, Stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,990,000



BARRINGTON HILLS

Build your dream home on this magnificent wooded hilltop overlooking a private secluded lake. 5 tranquil lakefront acres in a most prime location just minutes to the village. This unmatched site is ideal for walkout lower level construction. Enjoy the giant oaks, hickory, spruce, and beautiful Lacey Lake.

OFFERED AT \$999,000



BARRINGTON HILLS

This enchanting country home is set on 6+ rolling acres w/ sparkling pool, pool house, tennis court & 4-stall barn. The updated & expanded residence offers a country kit, fabulous master suite, study, formal LR & DR, inviting FR & fin walkout LL. Walls of glass capture idyllic views of magnificent prof landscaped grounds & countryside.

OFFERED AT \$1,149,000



BARRINGTON HILLS

Incomparable estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



SOUTH BARRINGTON

Reminiscent of the great houses of Europe, this magnificent residence offers unmatched architectural design and detail, 15 fireplaces, top of the line kitchen, luxury baths, volume ceilings and full, finished walkout lower level. Bedrooms have sitting areas with fireplaces. There is an indoor sport court, Roman spa and 10 car garage.

OFFERED AT \$6,750,000



DEER PARK

This stunning, Harris built residence is set on an idyllic site with mature landscaping and tranquil pond. Rich in detail, it offers an open, flowing floor plan, volume ceilings, first floor master suite, gourmet kitchen, finished walkout lower level and four car garage. Extensive brick terraces for warm weather entertaining.

OFFERED AT \$1,289,000



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Meg Cleavenger
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Church Women United Elect Officers



The annual meeting of Church Women United of the Barrington Area was held Feb. 11 at St. Paul United Church of Christ, Barrington. Officers elected included: (front row, from left) Mindy Fransen, president; Joanne Miller, nominating committee; (back row, from left) Joan O'Halloran, nominating committee; Laurie Badovinac, treasurer; Lorraine Metzler, nominating committee; Alice Buchholz, recording secretary; Betty Reed, director; Mary Anderson, corresponding secretary; Candee Nustra, nominating committee; Faith Semla, program chair; and Kelly Kepes, president-elect.

Church Women United of the Barrington Area, at its annual meeting held Feb. 11 at St. Paul United Church of Christ in Barrington, named officers for the year 2005-2006.

Those installed by Director Evelyn Pritchett included: Mindy Fransen, president, St. Anne Catholic Church, Barrington; Kelley Kepes, president-elect, Faith Community United Church of Christ, Prairie Grove; Laurie Badovinac, treasurer, Lutheran Church of the Atonement, Barrington; Alice Buchholz, recording secretary, Presbyterian Church of Barrington; Mary E. Anderson, corresponding secretary, Lutheran Church of the Atonement, Barrington; Faith Semla, program chair, member at large.

Nominated committee members for 2006 include: Joanne Miller, Messiah Lutheran Church, Wauconda; Candee Nustra, Wauconda Federated Church; Kaye Zook, St. Mark's Episcopal Church, Barrington; Betty Reed, Barrington United Methodist

Church; Joan O'Halloran, Sts. Peter and Paul Catholic Church, Cary; and Lorraine Metzler, St. Peter United Church of Christ, Lake Zurich.

Serving as directors are past presidents Bonnie Floor, Cary United Methodist Church; Evelyn Pritchett, Faith Community UCC; Liz Chase, Community Church of Barrington; Rozann Shackleton, a chaplain at Good Shepherd Hospital; Jeanette Muench, Cary United Methodist; Mary E. Anderson; and Betty Reed.

Church Women United is a national ecumenical movement which sponsors three yearly celebrations. The Barrington Area Unit includes the participation of 19 area churches in Barrington, Cary, Fox River Grove, Lake Zurich, Prairie Grove and Wauconda. It supports ministries to women in prison; Hope for the Children in Rantoul, Ill.; the Fellowship of the Least Coin; Barrington Giving Day; area food pantries; and special needs, like the tsunami disaster and Florida hurricane areas.

Landscaping as an Art... Keys to Creating Your Personal Landscape Miracle

"Every plant has fitness and must be placed in its proper surroundings so as to bring out its full beauty. Therein lies the art of landscaping."

—Jens Jensen, landscape architect

How are your outdoor surroundings? Looking a little shabby? As spring begins to peek its way back into our lives and the drudgery of winter starts to wane, your outdoor surroundings are perhaps showing their true "colors", reminding you of the beauty that will soon be here... or definitely letting you know that something must be done!

At **SanFilippo Landscape** our job description involves being a visionary, creator, coordinator and communicator of your project. Our daily goal is to tap into your vision and when combined with nature, create for you a design that fulfills your needs. This is achieved through coordination, communication and our professional knowledge base. The end result? A landscape environment that makes you feel as if you are indeed living with and in the miracle of nature.

So, how do you decide what company will provide you with the best result? There are many factors to consider and the best place to begin is by asking questions.

Q: Are your plans done by a designer or an landscape architect?

The landscape plan is the backbone of a quality job so who creates the plan is a

key factor. The main difference between an architect and a designer is education. An architect has a university degree, is state registered and has completed 4 to 5 years of study involving horticulture, soil, surveying, site plans and construction. Currently, there are no educational requirements for a designer designation and most have received their experience on the job.

Another major difference is in the execution of the plan. Architect plans are hand drawn as opposed to being created on a computer. An architect drawn plan results in a more comprehensive design which can only result in a higher quality product. The better the plan, the better the result.

Q: What should a plan look like?

Every plan should be drawn to scale showing the placement of the home or office with property lines and other structures clearly marked. It will also indicate plant type and location, existing and new, drawn in with differing shapes indicating size and spread of the plant. If drives, walks, walls, etc are part of the design, they also will be shown. This "birds-eye-view" drawing will be accompanied by a list of materials indicating quantities and prices.

Q: What is the cost of a landscape project?

Cost is determined by your needs and budget combined. At the initial meeting, we ask a series of questions to determine

what you're looking for and how much you have budgeted. Your answers become the direction of the plan. We then take this information, do a preliminary design and cost estimate. After this is presented, any changes will be noted, revisions will be made and the final plan will be created. Costs for plans depend on the scope of work and can range from \$250 to \$1,500.

Q: Where do your plants come from?

All plants are not created equal. We only buy from northern Illinois/Wisconsin nurseries to ensure a plant that is adapted to our climate and conditions. We do not use plants shipped in bulk with undersized root systems (because of volume shipping) as many garden centers do. When professional nursery stock is used you will receive a larger plant that has a more pleasing look during the first season before the plants are established.

Q: Are you a full-service contractor and what subcontractors do you use?

We are full-service meaning we manage all aspects of exterior work. Our crews do planting, maintenance and stone work. Subcontractors used would be for concrete, carpentry and pools. Full service companies have a better handle on a job for three reasons— 1) **TIME SAVINGS:** We co-ordinate better, faster and smoother. Subcontractors are used to working with us and give preferential treatment and a better time frame. 2) **QUALITY:** Good design has unique elements. We don't allow



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Eileen Smith SanFilippo is a corporate presenter/actor, a health coach and co-owner of a landscape business. Her personal journey in creating balance and health in her own life has resulted in programs designed to motivate others to do the same.

outside contractors to take shortcuts. This results in a better job. 3) **PRICE:** We hire subs more often and can get you not only a better price but also better service.

I hope this has been helpful. For other questions or to arrange a consultation, please call us at **1-847-426-9190**.



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Award Given to Crop Walk Committee



Leaders of the Barrington Area Crop Walk Committee recently received an award at Church World Service, sponsors of CROP Leadership Day for Northern Illinois. The award was granted for the increase in donations for the 2004 walk.

At the event were (from left) Adrienne Kalmes, St. Anne's Catholic Community Church of Barrington, and chair of the 2005 Barrington Area Crop Walk; Konrad Bald, Lutheran Church of the Atonement

and 2004 Barrington Area Crop Walk co-chair; Janet Young, director of Church World Service for Northern Illinois; Mary Anderson, Lutheran Church of the Atonement and 2004 Barrington Area Crop Walk co-chair; and Dwight Reed, Barrington United Methodist Church and treasurer of Barrington Area Crop Walk.

The 2005 Barrington Area Crop Walk will be held on Sunday, Oct. 16.

Women in Management Celebrates National Women of Achievement

Women in Management, Inc., an organization committed to providing professional development and mentoring to female entrepreneurs and executives, will host its Annual Conference and Awards Banquet "Celebrating Women of Achievement" on Friday, May 13, at the Stonegate Banquet & Conference Centre.

Toast this year's Women of Achievement, National Charlotte Danstrom Award recipients and Community Scholarship winners at the champagne brunch. Hear their inspirational stories and experience their commitment to excellence.

"Making the Corporate Connection as a Women's Business Enterprise" is the afternoon panel presentation sponsored by the Women's Business Development Center. Explore your opportunities to do business with corporations, governments and female business owners.

Keynote speaker Marilyn Miglin, world-

renowned beauty authority, author and speaker, holds a place among the nation's top 500 women business owners. She will move, encourage and inspire attendees with her insights, reflections and practical lessons on the art of living.

In addition to the speaking schedule, the WIM conference will include a personal and professional development expo and networking opportunities.

Full conference information and event registration, in addition to corporate sponsorships/partnerships and business exposition opportunities, can be found by visiting the Women in Management Web site at www.wimonline.org.

Women in Management is a diverse organization dedicated to expanding the horizons of professional women in their chosen field. Celebrating 30 years in 2006, the organization offers five chapters in the Chicagoland area.

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

By now, I am hoping to safely say, "Welcome to spring." I am looking forward to spring planting and the lovely flowers that result. I have the patience to watch things grow, but I really don't like the waiting until the flowers "pop".

Brian Cook, our new service director, hasn't the patience to wait either. He and his team have been making things happen for our customers. We realized that our Quick Lane needed a shot in the arm, and they set out to make it even better. The results have been fantastic! With our rededication to teamwork of the service advisors, cashiers and oil-change crew, customers can expect to spend an average of 25 minutes or less for an oil change done through our Quick Lane. We track your time carefully and hope to have you wait even less than that.

Our Quick Lane is not limited to Ford, Lincoln or Mercury vehicles either. We will gladly service any Toyota, Chrysler,



GM, Nissan, Honda and more through our Quick Lane. We also sell and install batteries, tires and brakes while you wait.

One of Quick Lane's greatest conveniences is the Saturday hours of 7:30 a.m. to 3:30 p.m. Be sure to stop by and experience the difference of **Wickstrom Quick Lane**, located at 600 West Northwest Highway in Barrington.

Daria Sapp Receives Citizens for Conservation's William H. Miller Conservation Award

At its recent annual meeting, Citizens for Conservation awarded its highest honor, the William H. Miller Conservation Award, to Daria Sapp.

This year marks the 20th anniversary of the award that honors CFC founder and longtime president Bill Miller and recognizes outstanding contributions toward conservation in the Barrington area.

In presenting the award, CFC board member Patsy Mortimer spoke of how Sapp had started her conservation work with Citizens for Conservation.

"[Daria] has gone on to share her interest, knowledge and enthusiasm with many other organizations in the Barrington area," said Mortimer. "She is someone to whom every Thursday is a conservation day as well as any other day it takes to get the job done."

Mortimer continued. "She was on the CFC's Prairie Committee in the mid-80s and helped make the momentous decision to recreate a prairie on the old farmland, which is now known as Grigsby Prairie. She initiated CFC's restoration program, now a model among restoration programs, by organizing a group of callers, including herself, to call all CFC members to collect seed three times a week—Thursday, Saturday and Sunday—in the fall of 1986. This schedule continues for CFC restoration workers today. She was on the CFC board of directors over five years, serving as restoration chairman and vice president.

"At about the same time, she became steward of the Forest Preserve District of Cook County's Spring Creek Nature Preserve, but only the 500 high-quality acres immediately south of Lake-Cook Road. Often, she worked alone, clearing brush from overgrown areas that became beautiful prairies, sometimes revealing fields of

culver's root or calalia the following year, especially after a burn. She recruited Barrington Hills neighbors to help, rewarding them with a cocktail party at the end of the day.

"In 1992, she transferred her Thursday morning restoration focus to Stillman Nature Center, working with a small group of volunteers to create seven acres of prairie there. She also started a small prairie next to the Barrington Hills Village Hall.

"She continued to support CFC preserves, manning her brush clearing machine for a group of volunteers who wanted to work Thursdays during the winter to clear brush encroaching on the Wagner Fen island in Tower Lakes, allowing rare fen plants like grass-pink orchids and beaked spike rush to bloom again.

"As a member of the Garden Clubs of Illinois, she started one of the first environmental schools in the country in Springfield in the '90s, bringing the school to the Chicago area the next year. Certified environmental consultants are now available to lead garden club tours throughout Illinois.

"Today," continued Mortimer, "she continues her conservation work at Stillman, on BACOG's Water Resources Committee and League of Women Voters of the Barrington Area's recycling survey and as founder of a group, the Not-At-Home Prairie Companions, who expand their appreciation of natural areas by visiting different Chicago area prairies to see the first pasqueflowers in March, through the waving prairie grasses in October.

"She has doggedly worked to further natural area restoration in the Barrington area for 20 years, both as a leader and a hands-in-the-dirt worker," Mortimer concluded.





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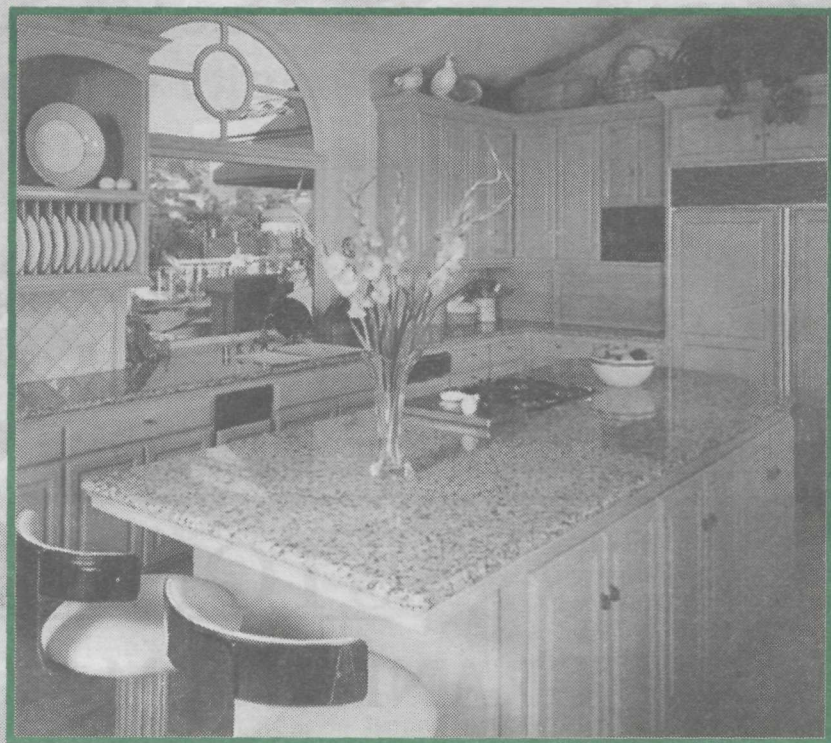
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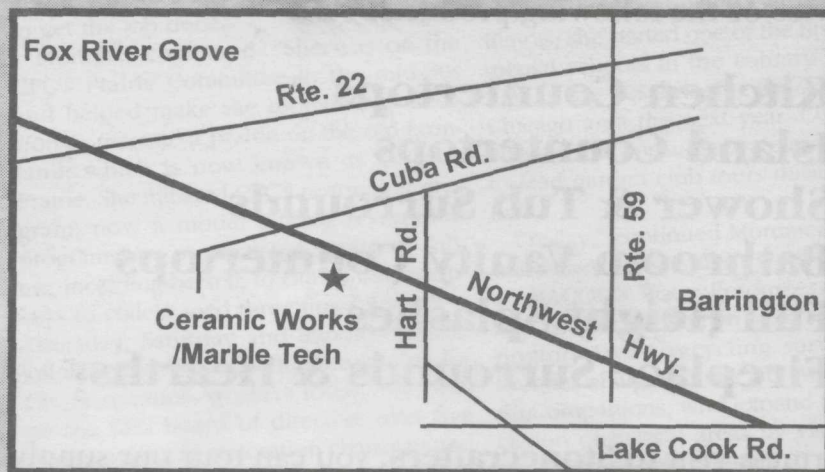
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