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Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported in the medical journals since 1875, more than a century ago.

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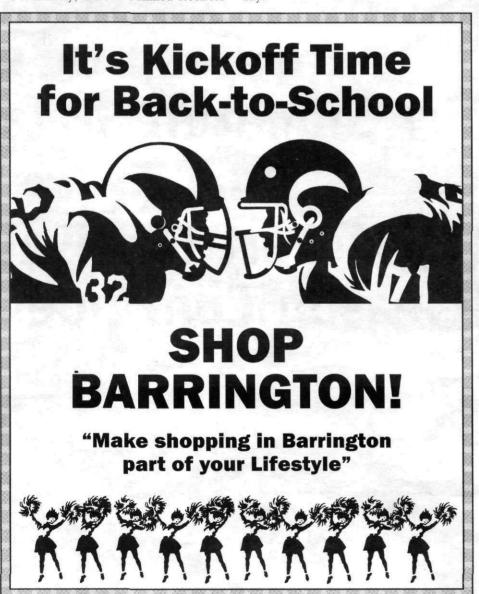
gist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

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# **Editor's Ink**

August 2007

Dear Reader,

The Barrington Youth and Family Services Auxiliary members and their guests had a wonderful time May 4 at their Kentucky Derby-themed gala. The event was held at Makray Memorial Golf Club and offered a live auction with unique packages, and music by Ron Bedal. The proceeds benefit the agency's comprehensive outreach, prevention and counseling programs for the area's youth and their families.



The Woodstock Mozart Festival's 21st season continues at the charming Woodstock Opera House. Tickets for the remaining performances are still available. It's a wonderful way to wrap up the summer season.

Mark your calendar for Sept. 8. That's the date the Signature Gala Committee of Advocate Good Shepherd Hospital has selected for their annual fund-raiser. This year's theme is "shaken... not stirred," James Bond-style. The proceeds will benefit the Center for Cancer Care at the hospital.

Have a great ending to summer and get ready for some fall excitement in *Lifestyles* next issue.

Until next time, may all your thoughts be sunny.

With warm regards, Glenne McMonigal Editor, *Lifestyles Magazines* 

# **About Our Cover**

Simplicity, precise tailoring and new proportions are key to Liz Claiborne's Fall 2007 line. Shown is a dark asphalt wool sharkskin shift dress that would take you nicely into the early fall.



# **Woodstock Mozart Festival 21st Season Continues**

The Woodstock Mozart Festival's 21st season opened on Saturday, July 28 and continues through Sunday, Aug. 12 at the Woodstock Opera House, Woodstock.

Each weekend will feature 8 p.m. Saturday evening and 3 p.m. Sunday afternoon orchestral concerts preceded by artist and conductor introductions. A 2 p.m. Chamber Music Sampler concert on Saturday afternoon, Aug. 11, replaces the preconcert discussions during the third and final weekend of the festival.

### Aug. 4 and 5th

Conductor Robert Bernhardt will open the weekend's concerts with Samuel Barber's Adagio for Strings. He will then be joined by clarinetist Alexander Fiterstein in around the world to the Vienna Chamber Mozart's Clarinet Concerto in A major, K. 622 and Rossini's Variations for Clarinet and Orchestra. The program's closing selection will be Haydn's London Symphony, No. 104.

Robert Bernhardt is music director of the Chattanooga Symphony and also the principal pops conductor of the Louisville Orchestra. He has been artistic director and principal conductor of the Rochester (NY) Philharmonic, principal guest conductor of the Kentucky Opera, artistic director of the Lake Placid Sinfonietta and music director of the Amarillo Symphony Orchestra. Guest engagements have taken him to the Pittsburgh, Detroit, St. Louis, Seattle, Nashville, Colorado, and Pacific Symphony orchestras amongst others.

Clarinetist Alexander Fiterstein has been a first-prize winner of the Carl Nielsen International Clarinet Competition and also of the Young Concert Artist International Auditions. His appearances have taken him



Robert Bernhardt, conductor, Aug. 4 and 5th



Alexander Fiterstein, clarinet, Aug. 4 and 5th

Orchestra, Polish Kammerphilharmonie, the Danish Radio Symphony Orchestra, Israel Chamber Orchestra, Jerusalem Symphony, Tokyo Philharmonic and the China National Symphony Orchestra. In recital he has appeared in New York at Carnegie's Weill Recital Hall, the 92nd Street Y, and also at the National Gallery in Washington, D.C., the Louvre in Paris, Suntory Hall in Tokyo and the Tel-Aviv Museum. A member of the Chamber Music Society of Lincoln Center, Fiterstein also appears regularly on New York's Bargemusic programs as well as at many international festivals.

## Aug. 11 and 12th

Three concerts are scheduled including a Chamber Music Sampler Concert matinee on Saturday afternoon Aug. 11 at 2 p.m.; and orchestral performances on Saturday evening, Aug. 11 at 8 p.m. and on Sunday afternoon, Aug. 12 at 3 p.m.

The Festival's artistic advisor and principal guest artist Mark Peskanov will first be joined by guest cellist Wendy Warner in the Saturday afternoon chamber music matinee along with the festival's general director, Anita Whalen as well as pianist, Karin Kelleher, violin, and Erin Pipal, viola. This concert is designed for adults and children as a family concert experience with a narration and projected visuals of Mozart's life entitled The Middle Years. The musical selections to be presented alternately with segments of the discussion will be Mozart's Divertimento in B-flat for piano, violin and cello, K. 254, Allegro assai; and the String Quartet No. 14 in G

The evening concert on Saturday, Aug.

11 and Sunday afternoon concert on Aug. 12 will again feature Peskanov, this time as violinist and conductor along with Hecker in the following program: Vivaldi's Concerto for Violin and Cello in A Major. RV546: Havdn's Cello Concerto in C Major, Hob. VIIb:5; Mozart's Violin Concerto No. 4 in D Major, K. 218; and Sarasate's Carmen Fantasy on Themes of Bizet.

Mark Peskanov's career has taken him on numerous occasions to all the major concert halls, orchestras and festivals in the United States and to many in Asia and Europe. He was the first recipient of the Frederick R. Mann Award, the Avery Fisher Career Grant and Carnegie Hall's Isaak Stern Award. As recitalist and ensemble player, he has collaborated with Isaak Stern, Yo-Yo Ma, Mstislav Rostropovich, Jean Pierre Rampal, Yefim Bronfman, and others. He performs regularly in the unique New York Bargemusic concerts for which he serves as president and director. Upcoming engagements as soloist will be with the Russian State Orchestra, with the Virtuosi Italiani at Italy's Emilia Romagna Festival, and with the Mendelssohn Chamber Orchestra of Leipzig.

A native of Chicago, Wendy Warner's early music studies were at the Music Institute of Chicago and later at the Curtis Institute of Music. She has received the prestigious Avery Fischer Career Grant and debuted at New York's Carnegie Hall. Her many solo performances include appearances with the major symphony orchestras of Chicago, Boston, London, Berlin, Philadelphia, Minneapolis, Baltimore, Paris, Iceland and Hong Kong. Recently she performed the Brahms Double Concerto with



Mark Peskanov, violinist and conductor, Aug. 11 and 12th



Wendy Warner, cello, Aug. 11 and 12th

Anne-Sophie Mutter and the L'Orchestre de Paris and as soloist while on a tour of Japan with the NHK Symphony and the Japan Philharmonic. Regularly involved in teaching and helping to develop young musical talents, she also offers master classes and lecture/demonstrations at major music institutions.

Mozart Festival tickets are available at the Woodstock Opera House Box Office for \$50, \$40 and \$20. Tickets for the 2 p.m. Saturday Aug. 11th Chamber Music Sampler concert are \$15. Discounts are available for group reservations on Sunday afternoons and for the Saturday, Aug. 11 Chamber Music Sampler concert mati-

Orders for tickets may be made with Visa, MasterCard and Discover online at www.woodstockoperahouse.com, by calling 1-815-338-5300, or by writing to the Woodstock Opera House, 121 Van Buren St., Woodstock, IL 60098.

The Woodstock Mozart Festival is partially funded by the Illinois Arts Council, a state agency, and through private and corporate contributions. The 2007 season concert sponsors are the AptarGroup Charitable Foundation, Home State Bank, Mr. and Mrs. Ervin J. LeCoque, Geraldine Grennan, Farlin Caufield and Marjory Hansen. Media sponsorship is provided by the Northwest Herald newspaper. Prizes have been donated by the Woodstock Mozart Festival and the Radisson SAS Palais Hotel for a Viennese Holiday via Austrian Airlines; and by the Geneva Inn of Lake Geneva, Wisc. for a weekend getaway for

More information about the festival can be found online at www.mozartfest.org.

# Don't Let Me Be Lonely Tonight!



**Broadway** 



Everitt

The Animal House Pets of the Month for They are both sweet, gentle and cute. We July are two of our longtime residents. think they've simply been overlooked by



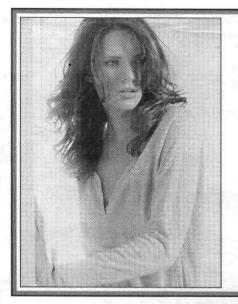
people because they are quiet. Will you be the great person who takes notice of their charms and cures their loneliness this month?

Our Dog of the Month is Broadway, a male German shepherd whose coat is an unusual rich chocolate brown color. He's only 1 year old but he was picked up as a stray by animal control. Despite his hard life, he must have been raised by a nice family because he is very friendly and excellent with both children and pets.

Everitt, our Cat of the Month, has been with us a long time. He's a male domestic shorthair who is 11 years old and just needs a lap to retire on. If you take him

home, Everitt will talk to you constantly but he's sometimes afraid to speak up when he's in the cat room. He gets so depressed in there sometimes that he won't eat. But all he needs is to be the king of a one-cat home for the rest of his life.

If you want to meet Everitt, Broadway or some of our 200 other adoptable animals, come to see us at 13005 Earnesti Road in Huntley. There's no need for an appointment but if you want to call us to talk about the animals or to get directions, we're at 1-847-961-5541. Won't you give a home to a lonely animal? They'll warm up your life this fall.

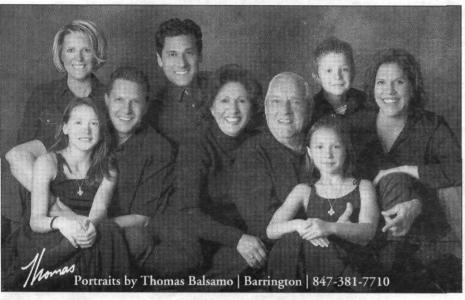


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# Illinois Whistleblower Act and Claims of Retaliation by Joette S. Doran, J.D.

The Illinois Whistleblower Act, enacted in 2004, provides that an employer may not retaliate against an employee for disclosing information to a government or law enforcement agency, where the employee has reasonable cause to believe that the information discloses a violation of a state or federal law, rule or regulation. Recently, the 7th Circuit Federal Court considered two cases which addressed whether an employee fired for making an internal complaint about company wrongdoing was protected by the Act. In the first case, the employee claimed she was terminated after she complained internally to her su-



pervisor and CEO about a rat infestation in a rehabilitative care center. In the second case the employee claimed retaliatory

# Get In on the Season's Trends—In Demand and Arriving Daily at Assemblé...

flexibility and power to put our own spin on what's hot and happening. There's a new kind of freedom that is evolving in the fashion world-trouble-free dressing that's casually chic. We're as excited about our collections arriving throughout August as we are about offering you some sharp pointers on how to put it all together.

The jacket this fall has a ladylike looknot with a prim girly effect but in a superchic way—with structure to the shoulder. a pouf at the end of a sleeve, or a ruffle to the collar. Our collections are arriving this month in warm tones of olive, burgundy and chocolate.

Fall is all about texture and a sophistication that's feminine but fun. Sweaters continue to be important, especially the cardigan jacket. Pair one of our knits with a tweedy trouser from Fibers for a very English country vibe.

"Must haves" are our cozy twill brushed cotton pants from Christopher Blue and G-1. Their autumnal hues of acorn, graphite and chocolate are the colors du jour.

This fall, designers are giving us the Throw on a fleecy jacket from Nick & Mo or a mosaic-printed cardy from One Girl Who for this season's spin on classics.

> Jeans have many silhouettes for fall. For an urban style, wide legs have replaced super skinny. If you want to keep to classic, a modified boot or straight leg will do you well. Pair Lucky Brand trousercut jeans with a great wrap top from Sweet Pea, and you're fashionably good to go! Our individualized styles and prints from Sweet Pea and Westonwear are specifically designed with you, the Assemblé customer, in mind.

> The story for fall is great jackets, tops and sweaters with plenty of versatility, so you can mix and match for work. evenings or weekends. Whether it be our trendy little thermals and hoodys, chunky wrap sweaters, slimmer, more sophisticated tops or great dresses, you couldn't be more in luck for this new season at Assemblé. We're here offering loads of options, lots of direction and some sharp ideas for a unique and chic new you.

See va soon!

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tion of custom-made Holiday Cards that can be personalized using your image and greeting and as always, Gift Certificates are available and make great holiday gifts.

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# Canoeing and Kayaking Trip

Lakeshore Ski and Sports Club will host an afternoon canoeing and kayaking on the Skokie Lagoon on Saturday, Aug. 4. The afternoon's activities will begin at the Tower Road Launch in Winnetka and we will paddle north to the Chicago Botanic Gardens in Glencoe and back.

The cost is \$37 per person which includes canoes, kayaks and paddles. Single kayaks are available for an additional \$10. Dinner afterwards at Barnaby's Restaurant in Northbrook not included.

For further information, call 1-312-560-4000 or e-mail smcg@chicagogsb.edu.

discharge for complaining to company executives about alleged mold problems in a plant that manufactured sterile therapy bottles for use by respiratory patients. In each case, the court considered whether a solely internal complaint regarding a company violation which results in the employee's termination constitutes a violation for retaliatory discharge under the

To determine whether a cause of action existed, the court looked to the language of the Whistleblower Act which requires disclosure to a government or law enforcement agency. Based on this language the court determined that merely making an internal complaint does not suffice to constitute a violation of the Act. The court reasoned that an employee has a cause of action for retaliatory discharge under the Act only if the employee has revealed the information he or she reasonably believes discloses a violation of law or regulation Professional Women.

to some government or law enforcement agency. Because the employee has revealed this information only to the employer, there is no cause of action for retaliatory discharge. Accordingly, to state a cause of action under the Whistleblower Act for retaliatory discharge, the employee must make the complaint to a government or law enforcement agency as an internal complaint will not suffice under the Act. For further information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is a past president of Barrington Area

# New to Yoga or Pilates? All You Need is Your Body, Mind, and a Bit of Curiosity

Many people think that they need to be flexible to begin yoga or Pilates, but that's a little bit like thinking that you need to be able to play tennis in order to take tennis lessons. At Studio Pilates, we encourage you to come as you are. With our professional instruction, you will find that yoga and/or Pilates practice will help you become more flexible. This new-found agility will be balanced by strength, coordination, and enhanced cardiovascular health, as well as a sense of physical confidence and overall well-being.

One of the quintessential voga poses is The Warrior II, or Virabhadrasana II, pictured here. This particular pose provides a long list of benefits such as strengthening and stretching of the legs and ankles; stretching of the groins, chest and lungs, shoulders; increased stamina; and relief of backaches, especially through second trimester of pregnancy. It's also therapeutic for carpal tunnel syndrome, flat feet, infertility, osteoporosis and sci-

Learn more about the power of yoga at Studio Pilates, where you can also learn about the wonders of the Pilates method of mind-body exercises developed by the legendary exercise guru Joseph Pilates.



Pilates workout techniques are as unique as the results-stretching and strengthening routines that work with your body, not against it, and emphasize the muscles around your center of gravity-a gentle workout that isolates and simultaneously works those muscles you didn't even know you had.

Studio Pilates Centre of Balance is an innovative, refreshing, mind-body exercise studio conveniently located in downtown Crystal Lake at 46 Brink St. Visit online at www.studiopilates.net or call 1-815-455-4900. Pilates and yoga class sizes are limited to maximize the experience. Call for available class times.



# **Wellness Place Honors Outstanding Volunteers Bob and Anne Lee**

Barrington residents Bob and Anne Lee were honored as outstanding volunteers for Wellness Place, a cancer resource center, at an award ceremony July 23 at Twin Orchard Country Club, Long Grove. The Lees received the Jack Curran Volunteer Star Award following the 9th annual Wellness Challenge Golf and Tennis outing to benefit Palatine-based Wellness Place.

Long-standing Wellness Place volunteers, the Lees attended the first Wellness Place organizational meeting in 1998. Both are avid photographers and have contributed their time and talent regularly to photograph Wellness Place events since 2003. "We are so grateful for the many hours of photography services donated by the Lees each year. We have saved thousands of dollars over the years due to their generosity," said Wellness Place volunteer coordinator, Jeannie Reichard. Anne also volunteered for several years helping with mailings and greeting visitors at the recep-

Anne and Bob were both present at the award ceremony on July 23. Bob is currently engaged in his "Ride for 3 Reasons" (www.3reasons.org) to raise \$500,000 to be equally divided among the Les Turner ALS Foundation, the American Cancer Society, and the National Hospice Foundation for Public Awareness. He took a short break from his cross-country trek to attend the award ceremony in Long Grove. Bob was diagnosed with colon cancer in 2003. Today, thanks to early detection and



Pictured are Longtime Wellness Place volunteers Anne and Bob Lee of Barrington at the Wellness Place Auxiliary Gala in 2005. Wellness Place President Jack Wood presented the couple with the Jack Curran Volunteer Star Award on July 23, at Twin Orchard Country Club in Long Grove.

a successful surgery he is enjoying life cancer-free.

Wellness Place provides professional, cancer-related counseling, services and programs at no charge to enhance the lives of people living with cancer, their families and caregivers. The cancer resource center serves 60 communities in the northwest suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For information, call 1-847-221-2400 or visit www.wellnessplace.org.



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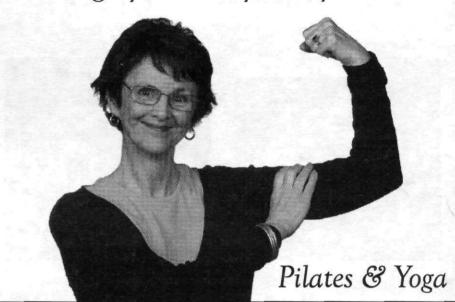
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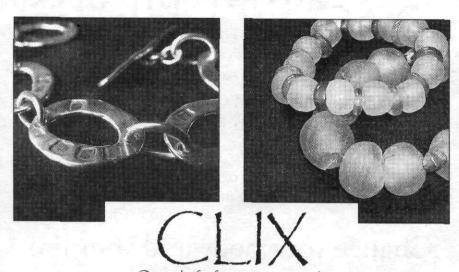
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# It's Here... CLIX Annual Jewelry Sale

You've wished. You've hoped. And now your dreams have come true... the CLIX Just Jewelry Sale is back! Yippee!! All, and we mean all, our jewelry will be specially priced Aug. 4 to 18th and it works like this: Every time you purchase a bracelet, necklace, pin, ring or pair of earrings at the regular price, your second bracelet, necklace, pin, ring or pair of earrings of equal or lesser value is HALF OFF!!!

So find a beautiful necklace for your daughter and get an equally faaabulous bracelet at half price for yourself. What about an oh-so-cool pair of earrings for your sister and snag a just-right pair for yourself. Get the picture? One for you, one for me... two for you, two for me!!! Is that great or what?!

You know CLIX jewelry is known for our huge variety of handcrafted, unique and original quality pieces. Isn't it time for you to treat yourself after weeks of garden watering, kid running, vacation driving and back-to-school dreamin? Come on.

# **Annual Jewelry Sale** August 4-18

P.S. We have created a new, money saving way to shop at CLIX. It's called DIBS... just log on to our Web site, www. clixvilleusa.com, and click on "DIBS." About every three weeks (more or less) we'll select three very, very cool items to discount. If it's something you absolutely luuuv, call and we'll charge it or you can come in and pick it up. DIBS is strictly a first-come, first-served event, so don't dillydally... when it's gone, it's gone. What do you think? We'd love your feedback on this idea. It's always fun to try something new, but not when it's a pain in the... uh... neck.

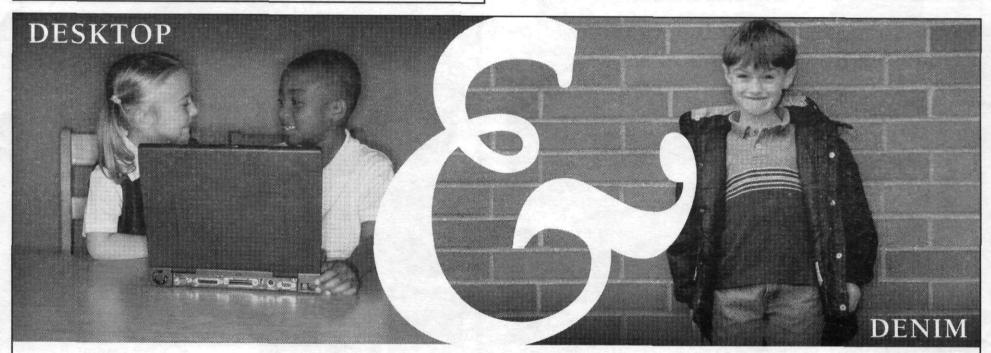
# **BAPW Wine Tasting and Dinner**

Join the Barrington Area Professional Womthey welcome Catherine Koelling of Heritage Wine Cellars Ltd. at the annual Wine Tasting and Dinner fund-raising event.

This year, the Barrington Bistro will host the five-course dinner accompanied by five different wines. Koelling will provide colorful wine commentary through- 1-847-207-8403 by Friday, Aug. 31. out the event as each course is served.

BAPW members, who represent busien (BAPW) on Thursday, Sept. 6 when ness and community professionals, are dedicated to providing area women with networking opportunities and educational programs.

The Wine Tasting and Dinner will begin at 6 p.m. New members and guests are always welcome. For reservations, call



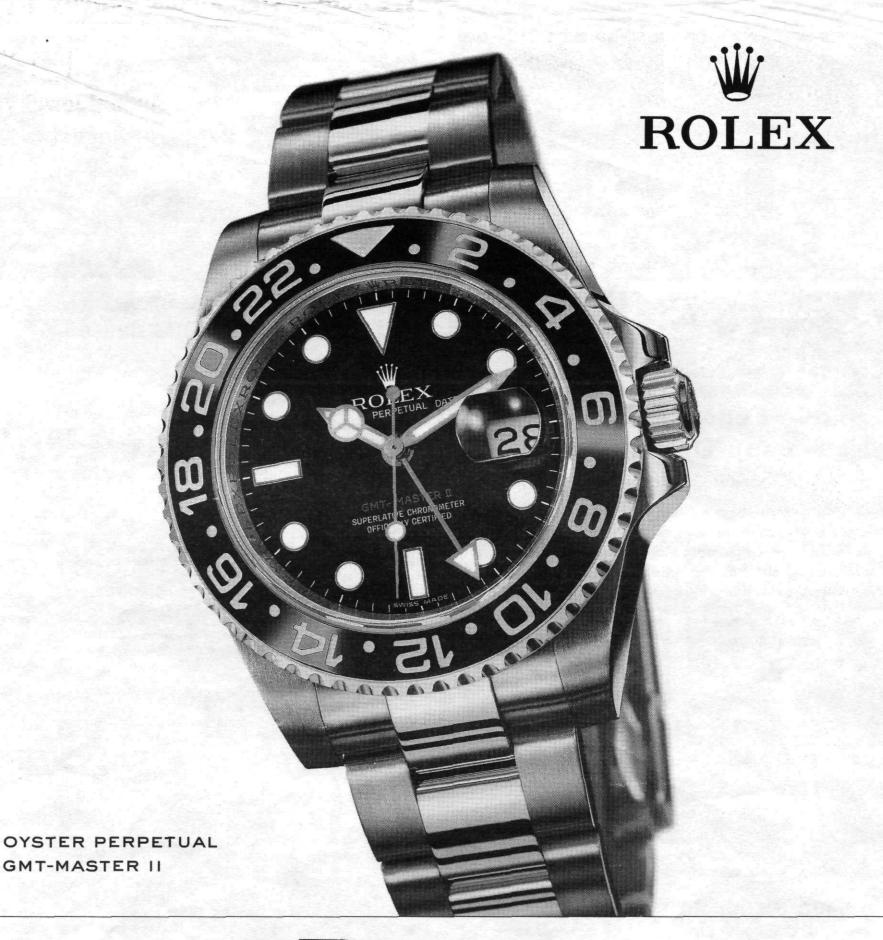
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Check www.rauecenter.org for a complete season listing!

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# Holy Land Bishop to Speak Here

The Rev. Dr. Munib A. Younan, Bishop of the Evangelical Lutheran Church in Jordan & the Holy Land (ELCJHL) will be in Chicago for the Churchwide Assembly of the Evangelical Lutheran Church in America (ELCA) as guest and speaker. During his stay, Younan will speak at Lutheran Church of the Atonement, 909 E. Main St. in Barrington, on Wednesday, Aug. 8 at 7:30 p.m. and at Grace Lutheran Church, 200 N. Catherine Ave. in La Grange, on Sunday, Aug. 12 at the 8:45 a.m. and 10:15 a.m. worship services.

Younan was born in Jerusalem and did graduate study in Finland and at the Lutheran School of Theology in Chicago. He has published several articles and books

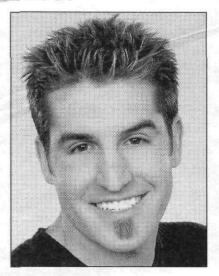


including Witnessing for Peace: In Jerusalem and the World (Augsburg Fortress 2003). He initiated and participated in several interreligious dialogues among Chris-

# It's Time for Back-to-School

Before you head back to school, schedule an appointment at Elevation Salon to get your hair back in shape. A Malibu treatment will draw out all the chlorine that has accumulated from your time at the pool and will brighten your hair. Elevation Salon specializes in color and uses only the best Italian haircolor for greatlooking multidimensional highlights. Let one of their experienced stylists help you decide what is best for you. And don't forget a great cut!

Elevation Salon is conveniently located just one block west of Kelsey Road on Northwest Highway in Barrington. Call 1-847-304-5970.



# Raue Center For The Arts Announces 2007-2008 Season

es it's 2007-2008 season. The new season, Raue Center's seventh, will feature a dazzling variety of world-renowned performing artists, speakers and musicians, including 2007 Tony-award-winner Jay Johnson, acclaimed author Alexander McCall Smith, Diavalo, Ramsey Lewis, Count Basie Orchestra, Marc Cohn, Melissa Manchester and many others.

New Seating, New Prices, New Series

The 2007-2008 season is the first that Richard Kuranda, executive director, who joined Raue Center in November 2006, has participated in planning and reflects his input on several levels. Discounts have been increased, new subscriptions have been added and year-round programming has been initiated. In addition, online ticketing will be available on a limited basis starting in July and on a full-time basis in August.

**Exciting Artists** 

For the 2007-2008 season, Raue Center will host great artists in every art formdance, music, lecture, comedy, theatre, and film. Emerging artists to mastersfrom Caroline Rhea to Colin Quinn, Ramsey Lewis to Delfeavo Marsalis, and Jim Brickman to Melissa Manchester-will all grace the stage at Raue Center.

In addition, patrons will be treated to a wide selection of the world's finest-from distinguished jazz ensembles such as The Philip Hamilton Group and Ramsey Lewis Trio to the nation's best orchestras and symphony groups including the Northwest Indiana Symphony, Count Basie Orchestra and The Nashville Country Caba-

A new, three-day, Raue Cabaret Festival presented by the Northwest Herald will feature the best in the industry-Michael

Raue Center For The Arts today announc- Bush, Joel Silberman, Amanda McBroom and Penny Fuller-and will attract a regional audience. In addition, a new lecture series with literary titans including Alexander McCall Smith and Evelyn Echols will welcome patrons of all ages.

Finally, Raue Center is pleased to welcome back Leahy, 3 Blonde Moms, Jim Brickman and Big Bad Voodoo Daddy this season. These shows were all sellouts last season!

# **Family-Friendly Performances**

A focus on families will offer exciting events including Cyro Baptista & Beat The Donkey, Corky Seigel's Traveling Chamber Blues Show (Billboard's current chart topper!), Festival of Four, Chris Brubeck's Triple Play, Footworks Percussive Dance Ensemble, Winnie the Pooh, Fred Garbo Inflatable Theater Company, If You Give A Mouse A Cookie & Other Story Books, Nothin' Up My Sleeve 6, One Man Star Wars, Romeo and Juliet, The Mystery of King Tut and Arthur LIVE! Arthur Tricks The Tooth Fairy.

In addition to the above, Raue Center is pleased to announce that it will continue its partnership with Emerging Pictures, The New York Times and Sundance in order to bring the best of independent cinema to Crystal Lake every Wednesday and Sunday.

### Tickets on Sale Now!

Raue Center will offer six new ticketing options. Each ticketing option offers flexibility, cost savings and the ability to choose your favorite performances throughout the season.

For more information, including complete performance listings, dates and ticket prices, visit the Raue Center Web site at www.rauecenter.org or call the box office at 1-815-356-9212.

# the stress of the stress of the stress of the stress of the

tians, Muslims and Jews in Israel and Palestine. He is president of the Board of Managers of the International Christian Committee (ICC) of Jerusalem, serving with the three patriarchs and nine other bishops of Jerusalem. He is also vice-president of the Lutheran World Federation, President of the Fellowship of Middle East Evangelical Churches, and serves on the Executive Committee of the Middle East Council of Churches.

Younan is highly sought after internationally as a passionate lecturer on what makes for a just peace in Israel/Palestine from a Palestinian-Christian perspective. He has received several awards including one from the Finnish Christian Peace Movement.

For more information, call Lutheran Church of the Atonement at 1-847-381-0243 or Grace Lutheran Church at 1-708-352-0730.

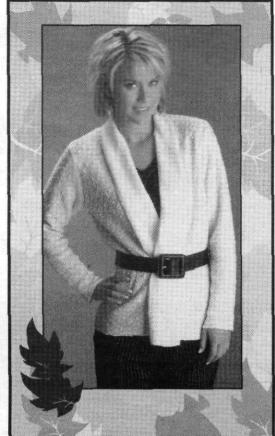
# Fall Arrives in Style at Peter Daniel

The new fall colors of The North Face Denali Jackets for men, women and kids have arrived at Peter Daniel in the Ice House Mall. Exciting new colors include sparrow pink, icy blue, foam green, cantaloupe orange and dawn pink, joining some favorites like brownie, moonlight ivory, jewel blue, white and black-and they're all at Peter Daniel right now! This year, The North Face has added XS and XXS to the youth sizes. These will fit kids down to a size 4, so almost everyone in the family can now wear this great fleece jacket. Take advantage of our coupon to save 20% on a new North Face backpack for back-to-school!

We are pleased to introduce our fall men's collections from such fine manufacturers as Tommy Bahama, Lacoste, Cutter & Buck, Paul & Shark, Allen-Edmonds, Raffi, Scott Barber, Robert Talbott, St. Croix, Jack Victor and Croon.

Highlights in our Ladies Department include new collections from Spanner—fabulous separates, glitz from Christine Alexander, novelty creations from Canvasbacks,

and classic knits from Carolyn Eve. This fall, look for classic to be reinvented. Trendy animal prints with ruffles, bold houndstooth and traditional pinstripes, glen plaids, and argyles-all with a contemporary twist-are making a fashion new for fall!



statement for fall.

Mark your calendar for our Pandora Trunk Show on Sunday, Sept. 29. Watch for details in next month's issue.

Stop in-we'd love to show you what's



Did you know every child should be seen by an eye doctor before they enter kindergarten? It's true. Hidden vision problems interfere with learning, yet often go undetected by the school nurse's basic vision screening test. Only an eye doctor has the equipment to perform a thorough examination and the training needed to detect any vision problems. Children also need to be examined regularly during their growing years. Kids grow rapidly and their eyes can change in as quickly as one season-and you thought they grew out of their shoes fast!

So before school starts, be sure to call The Eye Works and schedule an appointment with Dr. Gebert or Dr. Prate. Our doctors of optometry will ensure your child is ready for the upcoming school year!

The Eye Works has been providing the community with quality eye care for almost 30 years. Our certified opticians specialize in hard-to-fit and custom eyewear. Come in for unique styling not available anywhere else in the area. If you're looking to be the trendsetter this year at school or in the office, we have what you want!

Join us for our back-to-school celebration on Aug. 15 from 3 to 7 p.m at the Lake Zurich location. We will be serving light refreshments as we focus on unique eyewear for children and teenagers. Learn the ABCs of good vision at The Eye

We have two convenient locations: Barrington and Lake Zurich. Call 1-847-381-0391 in Barrington or 1-847-540-1144 in

Deadline!

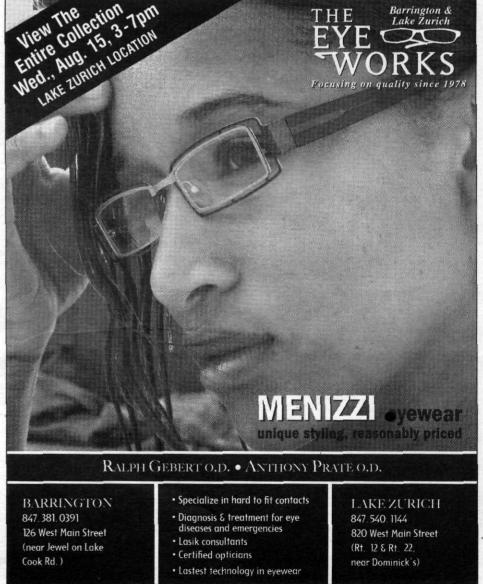
The deadline for the September Issue is Thursday, August 16.

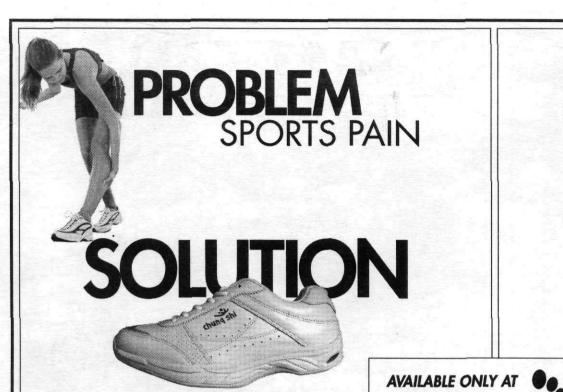
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# Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster? Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

♦ BALANCED, MODIFIED ZONE DIET PLAN

FOOT SOLUTIONS.

- **♦** SAFE AND EFFECTIVE PRESCRIPTION MEDICATION
  - **♦ MONTHLY FACE-TO-FACE FOLLOW-UPS** TO MONITOR PROGRESS
    - **♦ DOCUMENTED 93% SUCCESS RATE!**

Dr. Berger has spent 13 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person.

# Dr. Barry Berger, D.O.

Specializing in Weight Control and Nutrition American Society of Bariatric Physicians

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Lose the Weight... and Keep It Off!

# **New Weight Loss Program** Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/ 30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 1-847-291-0772 in Northbrook to make an appointment for your consultation today.



# What's Happening at Starr Couture?

This is your final chance to save on all sportswear, knitwear, suits, dresses, special occasions, shoes and accessories. We have taken drastic reductions up to 80% & more to make room for our Winter shipments arriving from Europe. Most items are priced under \$99.

No Adjustments on Prior Purchases



Starr Kondos, Owner

# Chers Amis...

mainly because the sun beats on the local fields as well and 'tis the season for delicious fruit and vegetable. This allows Masato, chef/partner, to come up with innovative salads to cool you off on a sunny day while having lunch on our sidewalk

Since I mentioned our outside tables, did you know that your "pooch" is a welcomed guest, like children, as long as it behaves, of course! (We even have a printed menu for our four-legged friends.) And now for our **True Bistro Dish** of the mum of one week, go to diparisapartment. month—"The Bistro Paella," a baked assemblage of saffron rice, shrimp, scallop,

Summer is beating on us and we love it— clams, calamari, chicken and Spanish sausage; perhaps not the most innovative dish we do, but certainly a great rendition of a delightful classic that is not easily found in our area.

> Our wine suggestion of the month: try a glass of dry rosé from Provence... yes, it is trendy! But more important, it

> FYI: D & J turns 20 in October, check our Web site in September for more info.

> Last but not least... if you are planning to rent an apartment in Paris for a minicom. We may tempt you!

# Anna Lotan's New Green Marine Peel

International Hair Designs now excluminutes) of the treatment. sively offers a new service, the Green Marine Peel.

The purpose of the Green Marine Peel is to exfoliate and rejuvenate the skin. The product is made of totally natural ingredients: crystalline sponges, seaweed, minerals, plankton and purifying clays. Similar to other modern skin renewal techniques, the peel activates the skin's own repair mechanism relying on its own defense mechanism. The peel provokes and activates a chain reaction which causes the facial epidermis to peel off within 3 to 6 days following treatment.

By doing this, the treatment induces an accelerated cell renewal that may reveal a livelier, smoother and more radiant underlying skin. Unlike other popular peels, the intensity of the treatment is not determined by the concentration of certain chemicals (such as acids, phenols, etc.), but merely by the duration (measured in

Although it feels somewhat similar to a mechanical dermabrasion (especially in the last two to three minutes of treatment), its mode of action is unique and quite different-offering a less painful procedure with deeper exfoliation and better results.

Who may benefit from Green Marine

- · People with mature, dry skin with fine
- · People with oily, impure skin with enlarged pores (post acne)
- · People with dull, tired skin that lacks vitality
  - · People with orange, peeling skin
  - · People with uneven skin tone

For more information on any of our innovative products and services, please call International Hair Designs at 1-847-438-8636 or visit-

www.internationalhairdesigns.com.

# **Barrington Lyric Presents Lectures** for Lyric Opera's 2007-2008 Season

The Barrington Chapter of Lyric Opera of Chicago's Outreach Community Education Program will again sponsor lectures provided by Lyric Opera of Chicago Lec-

Presented at The Garlands of Barrington, 1000 Garlands Lane in Barrington (just south of Barrington Area Library on Northwest Highway), each of the lectures with musical illustrations will precede the featured operas in the upcoming season at Lyric Opera of Chicago. The lectures are free and open to the public. All lectures begin promptly. To reserve a seat for the lectures, please phone Jill-Lund, activity director at The Garlands, at 1-847-756-3200.

The lectures, their dates and times, and the lecturer are: La Traviata at 7:30 p.m. on Thursday, Sept. 20, Denny Hayes; La Boheme at 7:30 p.m. on Tuesday, Sept. 25, Barbara Roseman; Julius Caesar at 7:30 p.m. on Thursday, Oct. 18, Kip Kelley; Die Frau ohne Schatten at 7:30 p.m. on Tuesday, Nov. 13, Linda Nussbaum; Doctor Atomic at 3:30 p.m. on Wednesday, Dec. 12, Gary Pett; Falstaff at 3 p.m. on Tuesday, Jan. 15, 2008, Howard and Mary Robins; The Barber of Seville at 3 p.m. on Tuesday, Feb. 12, 2008; Babs Lieberman; and Eugene Onegin at 3:30 p.m. on Wednesday, Feb. 20, 2008, Rochelle Klapman.

Co-chairing Lyric Opera of Chicago's award-winning Lecture Corps. are Bar-

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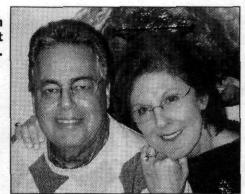


**Howard and Mary Robins of Arlington** Heights will lecture on Falstaff at 3 p.m. on Tuesday, Jan. 15, 2008.

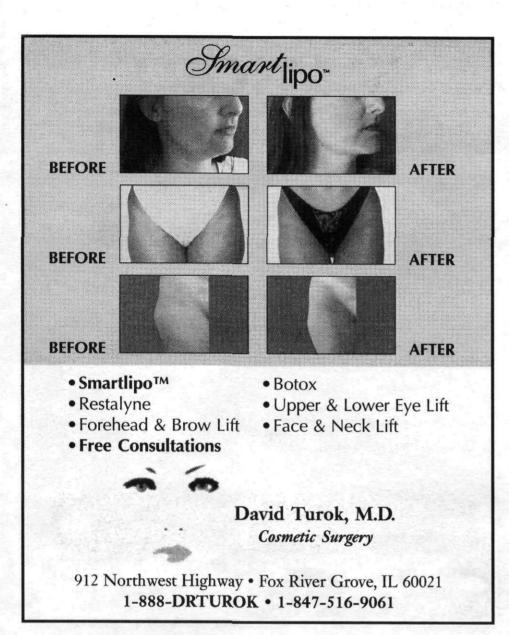
rington Lyric's past presidents Howard and Mary Robins of Arlington Heights.

For inquiries on membership in the Barrington Chapter, call George Obermaier at 1-847-985-0837.

You may also visit Lyric Opera of Chicago's Web site, www.lyricopera.org.



Barrington LIFESTYLES August 2007



# **OMNI to Host Annual Open House**

The Staff of OMNI Youth Services invites you to their Annual Open House on Friday, Aug. 24 at the Buffalo Grove office located at 1111 W. Lake Cook Road. From 1 to 4 p.m., guests will have the opportunity to learn about exciting new programming, OMNI services, and OMNI's treatment philosophy.

Please stop by! The OMNI staff looks forward to presenting innovative approaches in experiential learning and answering any questions. Topics include: gender-specific programming, community service, violence prevention, bullying, substance abuse, delinquency, experiential and wilderness treatment, low-risk offender programming, multicultural ser-

Refreshments will be served. You are welcome to come for a few minutes or stay for the entire afternoon.

vices, family and prevention services.

Since 1972, OMNI Youth Services has been a leader in providing life-changing counseling and prevention services. With a specific expertise and passion for serving youth in overlooked and underserved communities, OMNI's experiential approach supports learning through doing and the development of skills these youth can use for a lifetime.

# Summer Serenade

Summer Serenade will present a free out- members are invited to bring lawn chairs, door concert for the public on Wednesday, Aug. 1 at 8 p.m. The event will be held at the Fred P. Hall Amphitheater, 262 E. Palatine Road in Palatine. Audience

Keith Helmken, youth and family

counselor and experiential team leader, demonstrates an OMNI experiential learning exercise with Tricia Williams of Maine Community Youth Assistance Foundation. The labyrinth initiative can be used with a variety of treatment

issues such as family conflict, communication, and substance use. The ball can represent the client, the labyrinth, his or her path, and the holes as obstacles or pitfalls one must overcome to reach their goals.

For information on OMNI Youth Services, please contact Linda Ballard at 1-847-353-1602.

or blankets plus food and beverage and enjoy classical music under the stars. Free parking is available close by.

Summer Serenade is a professional sym-

# **Recently Approved Smartlipo™** Now in Your Area

As more women—and men—want to look than conventional liposuction. Because and feel better about themselves, body contouring and liposculpture continue to grow in popularity, making liposuction the most popular cosmetic surgery performed today.

Dr. David Turok is one of the first surgeons in Chicagoland to offer the new FDA-approved Smartlipo™ procedure. Smartlipo™ is the first and only laser lypolysis system to offer a revolutionary and minimally invasive procedure for the removal of fat. Using high-powered laser, Smartlipo™ offers less downtime and less side effects than traditional liposuction.

# How does the Smartlipo™ procedure

A very small tube, approximately 1 mm to 2 mm in diameter, containing a laser fiber is inserted into the skin. The tube is moved back and forth delivering the laser's energy directly to the fat cells, causing them to rupture and easily drain away. The laser energy also interacts with the dermis, resulting in collagen shrinkage.

Smartlipo™ is a minimally invasive procedure and can be performed under local anesthesia. The laser causes small blood vessels to coagulate immediately on contact, resulting in less bleeding, swelling and bruising—and a quicker recovery time

general anesthesia is unnecessary, the procedure is very safe, with only minimal side

## Who is a good Candidate for Smartlipo™?

If you have areas of fat that will not respond to diet and exercise, then you're a candidate. Ideal candidates are in good health, of normal body weight, and have realistic expectations for the results.

# Do I have to do anything post-treat-

After the treatment, you will need to wear a compression garment for several days to several weeks, depending on the body area being treated. Rest is recommended and activity may be resumed gradually. Refrain from hot tubs or strenuous exercise for two weeks.

# Does Smartlipo™ provide lasting re-

Yes! Adults do not create new fat cells. When a person gains weight, the fat cells expand. The Smartlipo™ procedure permanently removes the fat cells. Should you gain weight, most fat will be deposited in areas where the procedure was not performed.

For more information, call Dr. David Turok's office at 1-847-516-9061

# **Barrington Newcomers & Neighbors Elect New Board**



The Barrington Newcomers & Neighbors recently elected their new board. Pictured (from left, back) are Jean Ann Harmon, Andrea Flolid, Sally Mooney, (middle) Donna Worcester, Debbie Smith, Kristine Danelz, (front) Sally Bollenbacher, Louise Nelson, Janet Perry, Mary Dale, Sue Rogers

and Mickey Brown.

Membership is open to anyone residing in the 60010 ZIP code or Barrington CUSD 220, whether new to the area or a longtime resident.

For more information, call Donna at 1-847-387-3398 or Nicky 1-847-387-3051.

## the sales the sales

phony orchestra conducted by Jan Paul Varney, a local musician and businessman. The orchestra employs musicians from the Lyric Opera Orchestra, the Ravinia Festival Orchestra and many of the Chicago theater orchestras. Should the weather be inclement, the concert will be given across the street at Cutting Hall, however, food and beverage may not be consumed in the hall.

The orchestra is supported by gifts, grants and advertising from individuals, local businesses, the Palatine Park District and the Illinois Arts Council. Readers who are interested in assisting in the sponsorship of classical music in the Northwest Suburbs may want to consider membership on the orchestra's board of directors. Further information may be obtained at 1-847-438-2042.

# Hypnosis

# by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. It is particularly helpful with stopping smoking.

I'm a licensed clinical professional counselor and have been in private practice for over 33 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 32

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call 1-847-934-6555 for information.

# Northwest Dermatology Welcomes Dr. Inderjit Gill

The physicians and staff of Northwest tive hair removal with the GentleLASE la-Dermatology welcome Dr. Inderjit Gill as she joins our practice. Dr. Gill received her combined bachelor of arts and doctor of medicine degrees in the six-year program at the University of Missouri-Kansas City. She was awarded membership in the Alpha Omega Alpha Medical Honor Society. Dr. Gill completed her dermatology residency at the University of Illinois and is a welcome addition to the practice.

Northwest Dermatology provides quality medical, surgical and cosmetic dermatology. In addition to general and surgical dermatology, we provide services for facial spider veins, rosacea, port wine stains, warts and hemangiomas with the V-Beam pulsed dye laser and fast, effec- or to schedule an appointment.

ser. To enhance your skin's appearance, we have Portrait® skin regeneration, Restylane and Botox injections, organic microdermabrasion and BetaLift peels. We accept Medicare and many PPO insurance plans as well as affordable financing plans

The physicians of Northwest Dermatology-Susan Liebovitz, M.D., Patricia Ledwig, M.D., Leslie Beaird, M.D. and Alka Madan, D.O.—extend a warm welcome to Inderjiit Gill, M.D. We look forward to serving you and your family with dermatology expertise in a caring, friendly atmosphere. Please call our office, 1-847-884-8096, for further information

# Holistic Healthcare for Women

by Marilyn L. Mitchell, M.D., WomanCare

Holistic Healthcare for women is in great demand. Women today are well educated and practical. They expect to be heard, and are willing and capable of taking charge of their own health and wellness. Holistic Healthcare is the answer for these women because it combines the best of traditional and alternative medicine in an individualized manner, and facilitates a partnership.

In health care, when talking about holistic medicine or healing, what I mean is a conscious or intuitive approach to human beings that individualizes their care. I consider any illness, health issue, crisis or transition as an opportunity for healing. Rather than consider these as inconveniences, they provide a critical interruption; an opportunity to listen to our bodies and our inner journey. Imbalance and illness provide a doorway back into bal-

The traditional medical approach is a grand body of knowledge that has a focus on alleviating symptoms and curing disease and relies on linear thinking for its implementation. The holistic approach enlarges upon the medical knowledge base by using intuition to listen to the body and compassion to listen to the spirit. Many believe that to use a holistic



model necessitates using only herbs, vitamins and other alternative methods, while shunning anything medical and technological. This is not whole but merely trades in one "cure" for another. Yesterday's medicines (herbs and botanicals) are today's alternatives. Holistic medicine uses the best of both approaches.

At WomanCare, our Integrated Healing Team works to design a program of healing unique for each women and her situation. We may use herbs, botanicals, vitamins, bioidentical hormones and healing through the human energy field. We also use medical technologies (and medical arts, such as surgery) when necessary. At WomanCare we have been privileged

(Please continue on page 16)

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# The physicians of NORTHWEST DERMATOLOGY

Susan Liebovitz, M.D. Patricia Ledwig, M.D. Leslie Beaird, M.D. Alka Madan, D.O. are pleased to welcome Inderjit Gill, M.D.

For more information or to schedule an appointment, please call:

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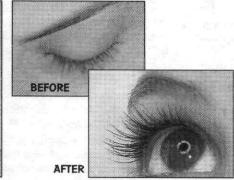
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Don't let just anyone near your eyes. Leelee is an award-winning Technician and the head makeup artist for www.BleechMagazine.com.



# Wednesday, August 15 McHenry County College

8900 US Hwy 14, Crystal Lake 10 am - 3 pm

The Hearthstone Senior Fair is an expo of services and products geared to active seniors as well as a day of fun and entertainment!

# Featuring:

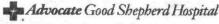
- 110 Businesses/organizations exhibiting their products & services
- Mercy Health System wellness screenings
- Entertainment by the Vito Buffalo Orchestra
- Expanded indoor venue
- Bingo







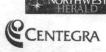














Visit our website at wclsil.org or call Deb at 815-321-4039

# Hearthstone Senior Fair Set for Aug. 15

Hearthstone Senior Fair, an annual tradition for thousands of McHenry County seniors, will take place on Wednesday, Aug. 15 from 10 a.m. until 3 p.m. at Mc-Henry County College.

Hearthstone Senior Fair is an expo of services, products, information and wellness exhibitor booths geared toward people age 50 plus, as well as a day of fun and entertainment. "Seniors and their families are at the heart of what is interesting and important in McHenry County. The Senior Fair is an excellent resource for them and Home State Bank Senior Class Club is proud to be a sponsor for such a great event. People from all over the county and northern Illinois will enjoy the big band sound of Vito Buffalo and his orchestra while accessing the latest information at the Hearthstone Senior Fair. It's a winning combination," says Kitty Nash of Home State Bank.

Fair activities include a health and wellness expo from Mercy Health System. Tom Jensen, director of marketing for Mercy Health System said, "We have been a sponsor of the Hearthstone Senior Fair for all eight years because we feel it is a very beneficial event for seniors in Mc-Henry County and the surrounding areas. It is an important outlet for health information." Jensen went on to say, "We do screenings at the Fair for the convenience of the seniors. This year we will offer free body fat analysis, grip testing and blood pressure testing." Advocate Good Shepherd will offer free osteoporosis screenings and blood pressure readings.



Entertainer Vito Buffalo performs at the 2006 Hearthstone Senior Fair.

Borderline, a strolling barbershop quartet from the Country Gentlemen will begin performing at the main entrance to greet attendees as they come in to the fair. Bingo (non-cash prizes), sponsored by Alden Network, will begin at 11 a.m.

After paying a \$1 entrance fee, all activities are free. The entrance fee will be waived for anyone who brings a nonperishable donation for a local food pantry. "Buy One-Get One Free" coupons are also available at www.wclsil.org (click on "Event Calendar").

The fair is hosted each year by Hearthstone Senior Living Community as a community service and fund-raising event. Proceeds from last year's fair were used to purchase rehabilitation equipment, a mechanical lifting device, exercise equipment and more.

For more details, contact Deb Rabine at Hearthstone, 1-815-321-4039 or at www. hearthstoneil.org (click on "Event Calen-

# **Garden Club of Inverness** Visits Author's Garden

and informative morning in the Northbrook garden of Pam Duthie, author of two outstanding Midwestern gardening books, Continuous Bloom and Continuous Color. While the cicadas chirped in the background, Pam shared practical tips on designing both sun and shade gardens that will have color and texture from spring through fall. Her lively, informal presentation included planting and pruning techniques and a visit to the special butterfly garden she designed for the Northbrook elementary school that adjoins her prop-

Garden club members spent a pleasant erty. Members took home cuttings and extra pots from Pam's garden so that they can continue the sharing that gardeners

Although the garden club doesn't officially start its 2007-2008 activities until September, members are already planning special programs and events and are designing table decorations for our Dec. 6 luncheon at Medinah Country Club.

For information regarding the Inverness Garden Club, please contact Beth at 1-847-934-7929.

# Enhanced Skin Rejuvenation with the **Gemini Laser System** by Gary S. Churchill, MD

In the quest for less invasive procedures to rejuvenate the skin we have found one technique incorporating two different lasers, each with unique tissue effects, to be the most effective treatment we've tried. This technique is called Enhanced Skin Rejuvenation.

The Gemini laser system, made by Laserscope, is a combination of a KTP green light laser and a YAG infrared wavelength laser. When these two lasers are combined, they produce a gentle, well tolerated treatment with little or no down-time that improves broken capillaries, brown discolorations of the skin, and can reduce fine lines, pore size, and breakouts. The treatment is appropriate for the face, neck, chest, and hands-anywhere sun damage exists. It is non-ablative and non-invasive, the surface of the skin is not damaged or removed as with other more invasive la-

### What are the treatments like?

A thin layer of cool gel is applied over the treatment area and the laser light is applied to the skin through a cooled contact hand piece. When the energy is delivered it feels like a warm pulse against the skin. Patients experience minimal discomfort during the procedure. A session typically takes about 30 minutes depending on the size of the treatment area.

### What happens after the treatment?

Patients can apply makeup immediately following the treatment and it is recommended they wear a sunscreen daily. There may be some slight swelling and/ or redness for a few hours to a few days. Pigmented areas may actually darken as





Stacie McClane, MD Gary Churchill, MD

the pigment beneath the surface separates and comes to the surface flaking off after a few days. Because the lasers reduce wrinkles by encouraging collagen growth, fine line improvement is gradual. Multiple treatments are usually given as improvement in lines is usually evident after the third treatment about nine to twelve weeks after treatment begins. Most patients get from four to eight treatments three to four weeks apart, and a maintenance treatment two to three times yearly. The lasers' stimulation of new collagen should help existing fine lines as well as slow the appearance of new wrinkles.

### Why should I choose **Enhanced Skin Rejuvenation?**

Enhanced Skin Rejuvenation is a wonderful, cost-effective alternative for patients who want a more youthful appearance without needles, surgery, or a prolonged recovery

We would be happy to answer any questions you have regarding this or any other cosmetic procedures performed at the Center For Facial Plastic Surgery-1-847-304-1000. We would be happy to assist you.



# Cosmetic Dentistry: Need vs. Want by James T. Gavrilos, DDS

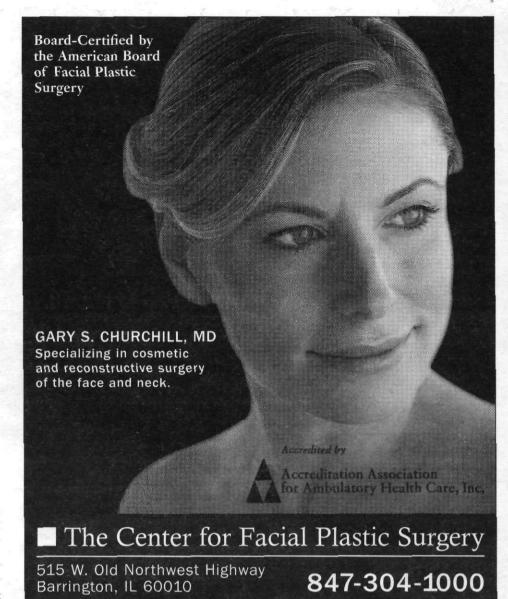
Tremendous changes are taking place in dentistry. It has become one of the most appealing professions to young college graduates. Dental school GPAs have surpassed medical school GPAs for the first time ever. Applications have quadrupled from 10 years ago. Why the big change? Patients are now going to the dentist and instead of asking if they have any cavities, they are asking about ways to improve their appearance. This shift from "needbased" dentistry to "want-based" dentistry is what is fueling these changes.

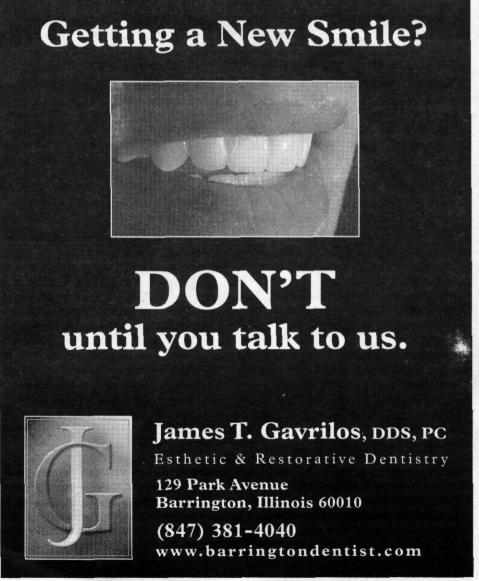
During the "dark ages" of dentistry, the dentist was seen as a necessary evil. Taking care of needs like decay, infection and trauma was the norm for a dentist back then. He had to manage with the same technology that had existed for the past 50 years. Little changed in the technology because little changed in the procedures that he was doing. In the mid-1990s, advancements in dental porcelains and implants aided the boom in cosmetic dentistry. People saw that crowns and veneers could be made to look natural. But these advancements required new technologies and continuing education. For dentists who invested the time and money, the



results have been tremendous. The patients come to the office excited about seeing their new smile instead of dreading a procedure that will not have any affect on their appearance.

Want-based" dentistry is here to stay. It has created a demand that is changing the scope of the dental profession. With it comes the necessity to adapt to new technologies. Our office will be closed for the month of August so that we can update our technologies again. Starting in September, we will have updated every one of our systems from clinical to IT. Stop by and ask us for a tour... we'll be happy to show you around. Our office is located in downtown Barrington, on Main Street, just one block east of Hough Street.





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Chicago Tribune

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For more information, e-mail LGArtFest@aol.com

# Holistic Healthcare for Women

(Continued from page 13)

i. for women through surgeries, during menopause, for permanent weight loss, for hormone imbalances and PMS, during pregnancy and birth, for infertility, for sexual function issues, for incontinence and other issues.

Dr. Marilyn Mitchell, director of the Integrated Healing Team at WomanCare, is a physician and energy healer. She received a Doctor of Medicine degree from unique and varied needs of women.

to fiveilitate tremendous growth and heal- Rush Medical College 1980, and completed a residency in obstetrics and gynecology from the University of Chicago in 1984. She has received certification from Barbara Brennan School and the Energy Touch School for Advanced Healing. Mitchell practices holistic gynecology and bealing, and with ber team brings bealing and alternative practices together with traditional medicine to best serve the



# A Great Sitter is Always Just a Phone Call Away

Whether you need a day off, a night out, and care for your children. This can inor a weekend away, we're here for all of your childcare needs. Mother's Helpers provides qualified, pre-screened sitters for temporary, permanent, full-time, part-time, or occasional care in your home for children of all ages.

Mother's Helpers has been providing quality sitters to parents in the Boston area since 1961. We expanded to Denver in 2005, and continue to provide the same quality service and peace of mind for parents in the Northwest Suburbs of Chicago.

We provide three levels of service:

- · Babysitters will care for your children any time of day, including driving them to and from activities upon request.
- · Mother's Helpers will provide overall assistance, including caring for your children, running errands, and performing light housekeeping (e.g. laundry, dishes, picking up toys).

· Overnighters will stay in your home

clude driving to and from activities, as well as light housekeeping.

Your children's care is our first concern. We only recruit sitters whom we would trust to care for our own children. Our sitters are at least 18 years old, experienced with children, and responsible. Our screening process includes a personal interview, criminal background check, DMV check, and references check. Our sitters are carefully screened, engaging adults who provide their own transportation to and from vour home.

No booking fees. No hassles. There is an annual registration fee of \$75 for use of our service. Babysitters start at \$12 an hour (based on the number of children). Our phone number is 1-847-202-9100 or you can e-mail us at contact@mothershelpers.net.

It's easier with Mother's Helpers.

# "We Want Your Party!"

Yes indeed, it is true! We want to cater, serve and clean up your party! With summer heat upon us, our fruits, vegetables and meats are totally fresh and delicious 3 -all that farmer's market produce like raspberries, asparagus and nectarines goes into your menu and it's all handmade by my awesome staff!

If you're planning on having a grand event, like a wedding—call us to discuss a special menu and service options. In my opinion, as a caterer, a full-service wedding at your home, garden or off-site venue is much more memorable, romantic and personal than at a "banquet hall," and think of the value! Please call us, check out our Web site and stop in our beautiful new storefront for a delicious bitewe do want your party!

# **SWEET POTATO SALAD** Ingredients:

sweet potatoes-peeled, cut into 1" cubes

onion-peeled, julienne-cut

1/3 cup olive oil

1/4 cup red wine vinegar

1 tbsp. pure vanilla extract, top-quality

1 tbsp. herbs de Provence

1 tbsp.

1 pinch salt and pepper

### Method:

Simmer sweet potatoes in water until tender-do not overcook. Drain and set aside. Place rest of the ingredients in large bowl and whisk very well. Toss with sweet potatoes. Enjoy! The salad will keep chilled up to one week. Bon Appétit!



# 19th Annual Long Grove Art Fest-Fine Affordable Art in a Beautiful Setting

The 19th Annual Long Grove Art Fest Diane Holm of Lockport, Illinois. will be held on Saturday and Sunday, Aug. 18 and 19th, in Historic Long Grove Village. One hundred fine artists from across the country will showcase their original work. Featured media will include painting, sculpture, ceramics, jewelry, fiber, glass, photography, wood and mixed media. All work is professionally juried and judged with cash awards presented for top honors.

Nestled among the unique and delightful shops of Long Grove, artists will be located at the Stempel Municipal Parking Lot. Long known for its combination of fine art and relaxed setting, the festival understandably enjoys a strong following.

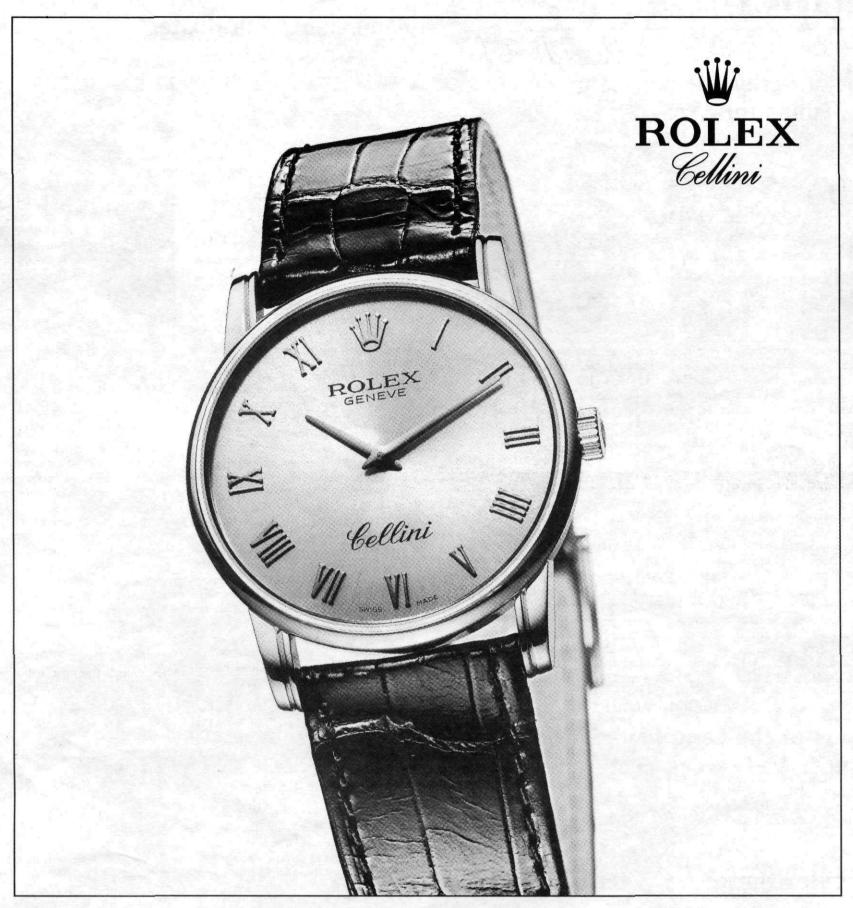
We rarely miss a year. The art is wonderful and the prices are surprisingly affordable. We always come home with at least two or three memorable pieces," says

In addition to viewing and purchasing fine art, visitors will also enjoy the smooth sounds of continuous live music and a wide variety of specialty foods. The Children's Activity Corner offers free fun for kids of all ages.

Festival sponsors include the Chicago Tribune, The Arlington Rehabilitation & Living Center, National City, Woodland Grove Gallery, and Waste Management.

Don't miss The 19th Annual Long Grove Art Fest. It's a wonderful event with something for everyone!

Festival hours are Saturday, Aug. 18, 10 a.m. to 5 p.m., and Sunday, Aug. 19, 10 a.m. to 5 p.m. Located south of the intersection of Old McHenry and Robert Parker Coffin roads, admission and parking to the art fest is free. For further information, e-mail LGArtFest@aol.com.



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# Happenings!

in the area

# Kentucky Derby-Themed Gala **Raises Funds for BYFS**



The Barrington Youth & Family Services Auxiliary members are (from left, back row) Angie Wallin, Debbie Argianas, Linda Zabkiewicz, Nicole Jacobsen, Jim Daluga (auctioneer), Cinda Pittman, Terry O'Brien, Karen Mazzulla, (front row) Kathy Maca Mangan, Gayle Maraval, Judy Tolle, Donna Penyak, Tracy Bischof, Joann Rogers, and Amy Wickstrom. Christina Currie, Linda Maselli, Gail Sapio and Lynn Topping are not pictured.

& Family Services (BYFS) Auxiliary held its Kentucky Derby-themed Annual Gala at Makray Memorial Golf Club to benefit the agency's comprehensive outreach, prevention and counseling programs offered to area youth and their families.

Auctioneer Jim Daluga led the evening's live auction, featuring unique travel and entertainment packages, as well as an Adopt-a-Family donation drive to assist counseling clients facing financial difficulties. A silent auction was also conducted offering a variety of merchandise and services donated by local merchant and patron supporters. Attendees were entertained by the music of Ron Bedal and his

Primary Gala sponsors included Harris formation.

On Friday, May 4, the Barrington Youth Bank, James & Rebecca Martell, Stan & Chris Pepper, US Cellular Corporation, Ruth Weiler, Tom & Jeannie Tisbo, Richard & Mimi Lappin, Dave & Donna Penyak and Dave & Cinda Pittman. Eventspecific merchandise and services were donated by AND Staffing Solutions, Jim Daluga, The Jenca Family and HSBC Corp., Long and Co. Jeweler, Tom & Joanne Mitchell of Re/Max of Barrington, Wallin Design Group and Wickstrom Ford Lincoln Mercury of Barrington.

The event was chaired by Donna Penyak and Nicole Jacobsen.

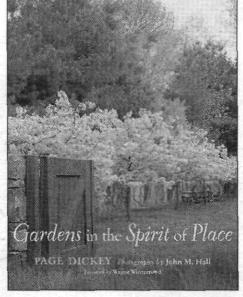
Next year's Annual Gala will be held Saturday, April 12, 2008 at Barrington Hills Country Club. Contact BYFS at contactbys @aol.com or 1-847-381-0345 for more in-

# "Keepers of the Land Day" is the Theme of Frances M. Peacock Lecture Series

"Keepers of the Land Day" is the theme of this year's annual Peacock Lecture series, sponsored by The Garden Club of Barrington, a member of the Garden Club of America, with admittance free of charge to the public. This year, the lecture will feature speakers who will discuss both the conservation of the land and its importance in our lives.

Wendy Paulson, an internationally known conservationist and environmental educator, will deliver her unique perspective on conservation and nature-based education. As the wife of Henry M. Paulson Jr., Secretary of the Treasury, she calls both Washington, D.C. and Barrington Hills home. She and her husband both enjoy the outdoors, spending much of their free time traveling and enjoying outdoor pursuits including birding, cycling and kayaking.

Author Page Dickey will speak about her latest book, Gardens in the Spirit of Place. Her book is described as "advocating gardens that are in harmony with the landscape rather than imposed upon it."



Fourteen gardens across the United States are profiled in her stunning book, each garden representing an original response

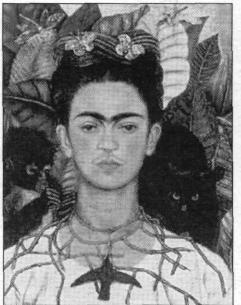
# **Membership Tea Hosted** by Art Associates

July 6 marked the centennial of her birth and parties honoring her life and her work occurred all over the world, including the National Museum of Mexican Art in Chicago. Merchandise displaying her portrait or her art is found in boutiques throughout Mexico City and a 2002 movie starring Salma Hayck illuminated her extraordinary life, her volatile marriage and produced a legend.

To learn more about Frida Kahlo and her passionate, destructive relationship with famed painter and muralist Diego Rivera, highlight Thursday, Sept. 6 on your calendars and plan to attend the Barrington/Northwest Community Associates (B/NWCA) Fall Membership Tea held at the Presbyterian Church of Barrington, 6 S. Brinker Road, Barrington. The purpose of this annual event is to greet returning members, welcome new members, and encourage guests to consider joining this outstanding organization, founded in 1961, which is under the auspices of the Art Institute of Chicago. There is no cost for the

Beginning at 1 p.m., members and guests will enjoy sampling the delectable array of refreshments provided by B/NWCA members. Among topics discussed during the "Tea" portion of the program, the itinerary for the 2007-2008 season will undoubtedly elicit positive responses. The calendar of events for this season includes unique excursions planned for B/NWCA members and enticing lectures available to members and to guests. Members can select a trip to the Anderson Japanese Gardens in Rockford; attend wonderful lectures at the Art Institute including a holiday related theme "Angels in Art;" enjoy a Valentine's Day lunch and lecture at Medinah Country Club; or tour some of Chicago's Art Galleries. Lectures available to members and guests feature eclectic topics such as Feng Shui, Matisse, American Decorative Arts from the Colonial Period to the Civil War, and Arts and Crafts in Chicago.

At 1:30 p.m., after the members and guests have proclaimed "kudos" to the Program Committee, the featured speaker will begin her enlightening discussion of one of art world's most enigmatic couples. Jennifer Hereth captivated audience members who attended the B/NWCA's "Semi-



Self-Portrait with Thorn Necklace and Hummingbird by Frida Kahlo, 1940.

nar Series" held on three dates in January 2007. Her ebullient personality and phenomenal resources make her lectures memorable events. Hereth's 18-year partnership with the Art Institute of Chicago; her divergent teaching experiences in Egypt, Costa Rica, Mexico and Brazil; her 30 museum exhibitions in North and South America attest to her professional expertise. For her discussion of the artists Kahlo and Diego she plans to examine their passionate, tempestuous relationship as an artist couple in 20th-century Mexico, Detroit, and New York. She will also explore the myth of women muses as wives, mothers and/or seductresses and the competition within a marriage of two painters.

Plan to attend this initial event and the many others which will follow throughout the 2007-2008 season. Membership is open to men and women throughout the northwest suburbs who have an interest in and appreciation for art. It is necessary to join the Art Institute but annual dues of \$85 dollars includes an Art Institute family membership as well as one B/NWCA membership. For further information, contact Membership Chair Carol Merritt at 1-847-991-2889 or Board President Lenore Elsener at 1-847-255-9492.

to its surroundings. For those who want to make their own regional gardens, her lecture will be full of new ideas and in-

The program begins with Garden Club of Barrington members Penny Horne and Mary McCarthy discussing "Keepers of the Land," an award-winning conservationminded book published by The Garden Club of Barrington as a public service for new and current residents of the Barring-

Sam Oliver, executive director of Citizens for Conservation in Barrington, will also give a short introduction and speak of how her organization is "Saving Living Space for Living Things" through protection, restoration and stewardship of land, conservation of natural resources, and education.

The Peacock Lectures series will be offered from 9 to 11:30 a.m. on Friday, Sept. 14 at the Chicago Marriot Northwest in Hoffman Estates, located at 4800 Columbine Blvd. People visiting the Peacock lectures are also invited to view the Photography Competition and the Horticulture Challenge exhibits that will be featured as part of the Garden Club of America, Zone XI Annual Meeting, which is taking place at the same time. The Lecture Series is free of charge but space is limited. For reservations or additional information, please call 1-847-304-0066.



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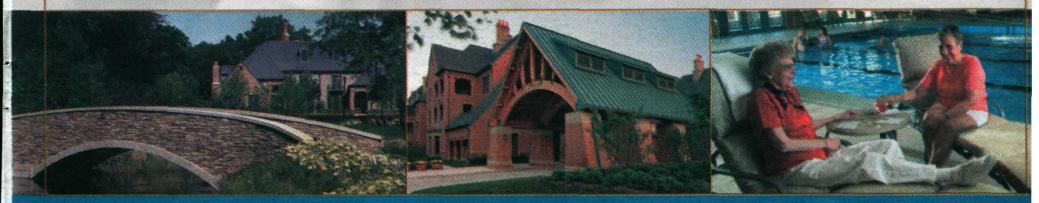
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# SNEAK PEEK

Wednesdays, August 22 and 29, 3-5:30 PM

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"sbaken...not stirred" Good Shepherd Hospital's Signature Gala 2007

Saturday, September 8
Proceeds to benefit the Center for Cancer Care at Advocate Good Shepherd Hospital

ortunities to help support the Gala are endless! sorship options or to reserve a table, please contact the Development Office at 847.381.9103.





# "Belongings" Provides Three Ways to Further the Mission of Wellness Place Shop, Donate or Consign at Belongings on Cook Street

If you haven't been to Belongings its time to stop in at 205 S. Cook St.! For the past two years, Belongings has been operating for the benefit of Wellness Place, a cancer resource center. The proceeds from your donated or consigned goods go directly to support programs and services for those diagnosed with cancer, their friends and family members and are provided at no cost to the participant.

Belongings has an ever-changing variety of merchandise that includes select furniture and accessories in a number of styles. Our donors and consignor standards remain high so you can count on quality items and many of the finest brands and manufacturers are represented.

Your donations and consignments at Belongings contribute directly to providing support for people diagnosed with cancer here in your own community and the greater northwest suburban area.

We look forward to seeing you at Belongings...stop in frequently, you never know what you're going to find! Shop hours are Tuesday through Saturday, 10 a.m. to 4:30 p.m., and Sunday 10 a.m. to 2 p.m. Free pick of your desirable

# Midlife Crisis or Ordinary Life Changes?

Are you 50 to 65 years old and experiencing changes in your life which have you confused and troubled? Transitions such as young adult children leaving home, a child getting married, job and career changes, marital stress, divorce, menopausal issues, spiritual crisis, retirement, and problems with grown adult children or aging parents can cause confusion, uncertainty, and perhaps out-of-control feelings in your life. An unclear course of action can produce many questions about how to handle these difficult times. Because of the stress produced by such difficulties, emotional, physical and spiritual issues often surface.

Dr. Barbara Grace has been helping people negotiate these life changes since

1979. She will help you see the change clearly, put it in its larger life context, identify possible choices and their likely outcomes so that you can choose the correct path for you at this time. Dr. Grace then will coach you through the changes to improve your life situation. Whatever the midlife problem, there is a solution that will improve your quality of life, allow you to be at peace, and see the higher purpose of the difficulty.

Call Dr. Grace today for a phone consultation to see how she can help you discover clear solutions to your issues. Then you can have a more fulfilling life during your midlife transition. 1-847-382-

# Advocate Good Shepherd Hospital's 2007 Signature Gala is "shaken...not stirred"



Pictured are (from left, front row) Michele Wuertz, Arden Kolb-DeBolt, Denise Bertagni, Christine Griffin, Norine Bertagni, Suzanne Crandall, (middle row) Bettye Traylor, Susan Barsness, Karen Darch, Susan Huttinger, Christine Black, Jeanne Cliff, Mary DiGiulio, JoAnn Mellini, Maggie Gorman, (back row) Barbara Hills, Chrissie Mena and Marc Barbeau. Not pictured are Karl Fruecht, D.D. Gallagher-Johnson, Mary Giangrasso, Jan Hoeltgen and Dave Nelson.

On Sept. 8, the Signature Gala Committee will host its annual gala-James Bondstyle. Members of the committee are designing an evening of entertainment and dancing amid a mysterious 007 spy theme, "shaken...not stirred."

The highly acclaimed Afrodisiacs will provide the evening's musical entertainment and a silent auction featuring an exclusive wine auction will be presented. To complete the evening, a James Bondstyle Aston-Martin will be offered for professional pictures. This black-tie event is being held at the Westin-Chicago North Shore, 2150 E. Lake Cook Road, Wheeling.

Several hundred people representing civic, corporate and social communities in the Northwest Suburbs and Chicago are

expected to attend the gala. The proceeds from the 2007 Signature Gala are being directed toward the Center for Cancer Care at Advocate Good Shepherd Hospital. The 2006 Signature Gala raised a record-high \$250,000 for Good Shepherd Hospital's Emergency Department expansion. In its first 10 years, the Signature Gala generated more than \$1 million to benefit such projects as the Good Shepherd Hospital Breast Care Center, Cardiac Services, Spine Center, Emergency Department and Cancer Care Program.

Sponsorship opportunities for the 2007 Signature Gala are available. For information on the 2007 Signature Gala, call Advocate Good Shepherd Hospital's Development Office at 1-847-381-9103.

# Lafayette School Summer Chess Camp

Grandmaster Yury Shulman's Chess Without Borders program will hold a summer chess camp on Aug. 16 from 10 a.m. to 1 p.m. at Lafayette Elementary School, 2714 W. Augusta Blvd., Chicago. Shulman and his chess students will provide instruction. Refreshments will be provided to campers through donations from student leaders.

Please join Chess Without Borders in 1-847-382-5410.

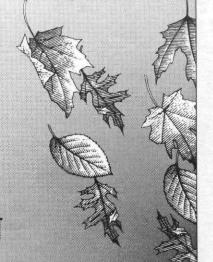
promoting education through chess and volunteer service. Any community member is welcome to serve. Students will be given service hours for the time they spend teaching. A curriculum will be provided for the student coaches. They will also be shooting a video on this project.

For more information, call Rishi Sethi at

tion, call Belongings at 1-847-304-0504.

donations is available. For more informa- For information about Wellness Place services, call 1-847-221-2400.

# BACK TO SCHOOL



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-Mr. D, Deer Park

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father of 2 daughters 37 CLASSES TO CHOOSE FROM FOR CHILDREN - ADULTS - FAMILIES - PRESCHOOLERS - WOMEN - MEN - BEGINNERS - ADVANCED

# How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves clearly and in a positive way? unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal

Facility—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes-Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) Is the teacher well organized and pleasant?

2) Is be/she knowledgeable? (Check the school brochure for teachers' backgrounds.) happy with for years to come!

3) Are the teacher's corrections made

4) Are the students well behaved and attentive for their age?

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be

# Parkinson's Disease Group

Joyce Palmquist, executive director of the Barrington Area Council on Aging ton, 1000 Garlands Lane, Barrington. (BACOA), will discuss communicating with health care professionals at the August meeting of BACOA's Parkinson's Disease Education Group.

The meeting will be held Saturday, Aug. 25 from 10 to 11:30 a.m. in the Eastlake

Dining Room at The Garlands of Barring-

The group is open to Parkinson's disease patients and their family members who wish to learn more about the disease. It meets on the fourth Saturday of each month at The Garlands.

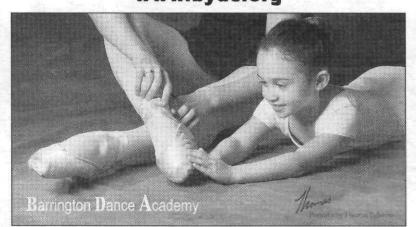
For more info, call 1-847-381-5030.

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COMPLIMENTARY

# **Creative Dance Workshops** Friday, Aug. 10th

Ages 3-4 yrs. & 5-7 yrs. • Costumes, props and a trip to the Treasure Box will enchant your little boy or girl!

Barrington LIFESTYLES August 2007 21

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### **OPEN HOUSE**

Barrington Public Library Saturday, August 11, 2007, 1:00 to 4:00

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# Seeking a loving preschool for your precious child?



Barrington United Methodist Church's

# Noah's Ark Christian Preschool

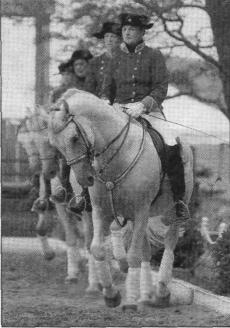
www.BarringtonUMC.com

98 Algonquin Road (at Route 59) - Barrington

Classes for 2-, 3- and 4-year-olds!
Call (847) 844-3738 for a tour of our facility!

# The Tempel Lipizzan Stallions Celebrate 25 Years of Summer Performances





The Tempel Lipizzans will perform the Ballet of the White Stallions (right) every Wednesday at 10:30 a.m. and Sundays at 1 p.m., now through Sept. 2, in northern Lake County, Ill. In celebration of 25 years of performances, a special post-show tour to visit the Lipizzan mares and their young foals in pasture has been added.

The dancing white Lipizzan stallions will perform through Sept. 2 at their country-side home in northern Lake County. Tempel Farms, home of the Tempel Lipizzans, is the only place in America where rare Lipizzan horses are bred, trained and perform on the same property. In celebration

of 25 years of public performances, a special addition will include a tour to visit the mares and their young foals following the performances every Wednesday at 10:30 a.m. and Sunday at 1 p.m.

This season, as a special anniversary addition, the public will be invited to visit

# Is it Too Soon to Start Music Lessons?

The Suzuki Method is based on the idea that music study should begin as early as during preschool years. The issue is not "is my child ready," but "are mom and dad ready?" **The Suzuki Music School of Barrington** prides itself on helping every **family** be successful.

We are currently offering a **TUITION SPECIAL OF \$100 OFF** Session 1, with classes beginning the week of Aug. 20. This special applies to all instruments except piano. Register by Aug. 15.

- New students range in age from 4 to
- We offer instruction in violin, viola, at 1-847-382-9517 or visit cello, bass, flute, classical guitar and pi-www.barringtonsuzuki.org.

ano

- Our program includes private lessons, repertoire classes and music reading/theory classes.
- We have an outstanding and experienced Suzuki-trained faculty. Some of the faculty perform regularly in Chicago-area professional orchestras.

Come to our **OPEN HOUSE** at the Barrington Public Library on **Saturday, Aug. 11**, 1 to 4 p.m. See various sizes of instruments from several music stores, and meet our faculty.

For more information, contact our office at **1-847-382-9517** or visit our Web site, www.barringtonsuzuki.org.

# Noah's Ark Christian Preschool Registering for Fall

After three incredibly successful years, Noah's Ark Christian Preschool is now registering for the 2007-2008 school year! Noah's Ark Christian Preschool classes are for 2-, 3- and 4-year-olds (by Sept. 1) in Barrington United Methodist Church's (BUMC) wonderful facility at 98 Algonquin Road (at Route 59) in Barrington. Classes are half day, from 9 to 11:30 a.m.

A ministry of BUMC, **Noah's Ark** is located in the education wing of the church, which consists of five bright, spacious classrooms equipped with developmentally appropriate materials. There is also an expansive outside playground and an indoor motor room. "Our preschool provides an environment which nurtures and stimulates the development of young children and surrounds them with God's presence," says Director Mary Bradley. "**Noah's Ark** uses "The Creative Curriculum (www.

teachingstrategies.com)," to ensure that we are addressing each area of development with the children. We believe in the importance of a hands-on approach to learning, and understand that children learn the most through play and by taking an active role in the learning process. In addition, we introduce "Jolly Phonics," a stimulating literacy program, in our 4year-old program, and introduce pre-math skills. We also nurture each child's spirituality by teaching Bible stories, and we closely monitor social and emotional development." Noah's Ark offers low student to teacher ratios, plus all instructors meet state qualifications, and are trained in CPR and first aid.

For tours of the facility and registration, please call **1-847-844-3738**. You may also visit www.BarringtonUMC.com.

# Night to Benefit PHD

The Society for the Preservation of Human Dignity (PHD) will benefit from a night of family fun at the Schaumburg Flyers "Jerseys Off Their Back" night on Tuesday, Aug. 21 at Alexian Field, 1999 Springinsguth Road. With game time at 7:05 p.m., fans not only will enjoy a night at the ballpark, but they also can bid on autographed jerseys of their favorite Flyers ballplayers. The first 2,000 fans through the door receive a free Brian Urlacher bobblehead.

Proceeds benefit PHD, a counseling center for pregnancy help and education located in Palatine.

Tickets are \$9 and are available for purchase at PHD's Resale Boutique, 140 W. Northwest Highway, Palatine, 1-847-991-1770 or by calling the PHD Counseling Center at 1-847-359-4967 ext. 25.

For more information about PHD's programs and services, visit their Web site at www.sphd.org.

Tempel Farms' newest stars with their mothers in their pasture. Just up the hill from the performance arena, farm staff will be on hand to answer questions about the surprisingly dark-colored foals (nine are due this spring). These youngsters won't turn the breed's characteristic white color until they are 7 to 8 years old. Guests can also learn about the disciplined breeding program, a hallmark of Tempel Farms, which maintains the original six Lipizzan bloodlines.

Recognized as the first of the warm-blood horses, Lipizzans originated in Imperial Austria more than 425 years ago when the Royal Court imported Spanish horses to the town of Lipizza in an effort to improve its domestic stock. The strength, grace and intelligence of these Spanish horses that made them one of the most sought-after horses in Europe during the late Renaissance. It is the Spanish origins

of the Lipizzan breed from which the world's most storied bastion of classical horsemanship, Vienna's Spanish Riding School, derives its name.

Tempel Farms is located in northern Lake County, Ill., a 50-minute drive from either Chicago or Milwaukee, near Great America. Tickets are available at the gate. Prices, including post-show tours to the mares and foals pasture and the performance stables, are \$17 for adults, \$15 for senior citizens and \$10 for children, ages 4 through 14. Veterans and current military with identification receive half-priced admission. Discounts for groups of 15 or more may be arranged by calling 1-847-244-5330. In case of inclement weather, performances are held indoors. Parking is free. Lunch is available in the farm's outdoor café. For additional information, call 1-847-623-7272 or visit www.tempelfarms.

# Pick Up Your Children and Dinner Too!

Barrington Community Child Care is challenge young minds. happy to introduce, along with Dinner By Design, our new free meal delivery service. Families now have the option of ordering healthy and delicious meals from an extensive monthly menu. Dinner By Design does all of the preparation and assembly. The meals will be ready for pick up at our center on specific dates.

Our center is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first-school experience. Our curriculum contains activities designed to at 1-847-381-0272.

We offer full-day childcare for children ages 6 weeks to 6 years. Some age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, childfriendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Barrington Community Child Care focuses on the whole child, with all areas of development included in our program.

For enrollment information or to schedule a tour, contact Terri Knaack, director,

# The Last Hurrah...

Fire up the barbecue, invite over your friends and neighbors, and throw the last party of this "too short" summer

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Fall for the Arts at Kaleidoscope

Little Shop of Papers is located at The Foundry of Barrington -740 W. Northwest Highway. Phone 1-847-382-7733.

Get ready to fall for the arts when you enroll in a fine art class at Kaleidoscope School of Art in Barrington. Founded in 1986 with the belief that art is for everyone, Kaleidoscope invites students age 4 through adults to share the joys of art and build the skills necessary to reach their creative potential.

Students enjoy our friendly, inspiring, yet structured environment, Kaleidoscope's knowledgeable, experienced teaching staff, and the exhilaration and satisfaction of creating successful artwork. Class sizes are kept small in order to provide each student individual attention, and the opportunity to learn at their own ability and pace. Students will gain confidence, stretch

their creativity, and develop and refine their skills.

With over 85 classes offered each session there is something for everyone! Some of Kaleidoscope's Fall class offerings include: Meet the Masters, Media Extravaganza, Discovering Drawing, Klay Kids, Introduction to Clay Sculp-

ture, Illustrating Wildlife, Cartooning, Drawing With Confidence, Teen Pottery, Oil Painting, and Homeschool Art. Check out our free brochure for a full listing of classes.

Adults don't miss out on the creative fulfillment that an art class can offer. Kaleidoscope has a special adult fall promotion: sign up for a six-week adult class with a friend and SAVE \$20 EACH OFF OF YOUR TUTTION! Adult classes for fall include: Success in Drawing, Oil Painting, Watercolor, Mosaics, Pottery, Calligraphy, Nature's Beauty, Portraits, Papiér-Mâché, Stylish Steel and more! Whatever your ability or experience, there is sure to be a class for you.

Kaleidoscope offers two six-week sessions of fall classes: Fall I classes begin Sept. 4 and Fall II classes begin Oct. 22. Call now for details and a free brochure: 1-847-381-4840. Fall Registration begins Saturday, Aug. 4. Kaleidoscope is located in Barrington, at 316 W. Main St., two blocks west of Jewel.

# Four Seasons Garden Club

The Four Seasons Garden Club will hold its August meeting at the Atrium Garden Center at 11 a.m. on Tuesday, Aug. 11. The Atrium Garden Center is located at the corner of Cuba and Rand roads.

A program will be given on the care and nurturing of roses. It is sure to be and informative and interesting morning. The public is welcome.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of each month, August through June. The meetings are typically held in a member's home or at the Barrington Library. Meetings include a social coffee, visiting among members and guests, a short business meeting and a presentation or demonstration concerning some aspect of gardening and gardening interests. For further information regarding the club or its activities, please contact Lenore Lawrence at 1-847-381-2883.

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Kaleidoscope School of Art

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# Lakeshore Ski and Sports Club's **Annual End of Summer Picnic**

Lakeshore Ski and Sports Club (LSSC) will tivities planned, including a Labor Day hosts its Annual End of Summer Picnic on Saturday, Aug. 25 at the Bunker Hill Forest Preserve-Grove 1, Caldwell and Devon, Chicago from noon to dusk. All who are interested are cordially invited to join the club's members for an afternoon of food, drinks and games. A DJ will provide music for dancing. The cost is \$30 per person. Advanced reservations are recommended.

The summer will soon be over and the ski season is around the corner. But in the meantime, LSSC has many exciting fall ac-

Weekend at Double JJ Ranch and Golf Resort in Rothbury, Mich., a Breast Cancer Charity Golf Event on Saturday, Sept. 15 which will benefit the Susan G. Komen Breast Cancer Foundation, and a Bicycle Trip to Port Washington, Wisc. from Sept. 28 to 30th. These events will also present an opportunity to learn about the exciting ski trips which are planned for the

For further information and to place reservations, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.

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# **Gospel Brunch Arrives in Barrington**

The St. Anne Women's Club (SAWC) proudly presents the first-ever St. Anne's Gospel Brunch! On Sunday, Aug. 26, you will have the opportunity to feed your body with a delicious brunch and feed your soul with the spiritual music of a gospel choir.

The beautiful upstairs dining hall and terrace at Makray Memorial Golf Club will be the site for this one-of-a-kind local event. Music will be provided by Harmony Hope & Healing (HHH). HHH is a creative music program offering dignity and spiritual healing to the homeless and underserved in the Chicago area. HHH is a unique organization which works in collaboration with Chicago-area social agencies, church and community based organizations and shelters to provide on-site therapeutic music programs. The programs provide healing from the negative effects of poverty, homelessness, domestic violence, drug and alcohol abuse and aging.

The St. Anne Women's Club is an organization united through prayer, hospitality and ministry. It has been committed to provide Christian service and to further the spiritual, intellectual and social growth of its members and the larger community for over 60 years. SAWC fund-raising efforts have culminated in significant contributions over the years to local charities including, but not limited to, Northeastern Hospice, Barrington Area Council on Aging (BACOA), GiGi's Playhouse a Down's Syndrome Awareness Center, Wellness Place, and Project Hope. Over the past several years, overseas support has been given in the way of school supplies for Iraqi children and Afghan children.

SAWC has been a leader in the For I Shall Help (FISH) program. SAWC also offers several internal ministries such as Outreach, offering meal assistance for those in need, Funeral Luncheon Ministry, offering to plan and serve funeral lun- pass the muffins!



The Gospel Brunch Committee members are (from left) Katie McGeady, Angela Nordgren, Eva Kolasinski (chair), Patricia Kolasinski and Margie Wedinger. Not pictured are Mary Sneed and Lisa Angelina.

cheons for bereaved families, Shawl Knitting Ministry, whereby shawls are knit and blessed before being passed to someone in need-whether they are in hospice or undergoing chemotherapy or simply in need of warmth and love. Eva Kolasinski, president 2006-2007 and chair of the Gospel Brunch, states, "This club offers so much, of course there is the common drive we have to offer helpful hands and raise helpful funds, and it is exactly this common drive or call to service that gives us something in return. That something is a strong bond and enduring friendships."

Bring your family to the Gospel Brunch! Seatings are at 10:15 a.m. and 12:15 p.m. at Makray Memorial Golf Club, 1010 S. Northwest Highway, Barrington. Tickets are \$40 per person, \$15 for children age 4 to 10, children 3 and younger are free. There will be a cash bar. Checks should be made out to St. Anne Women's Club and must be received by Aug. 13. Please note which seating is requested and mail to: Gospel Brunch, St. Anne Women's Club, 120 N. Ela St., Barrington, IL 60010. Hurry, seating is limited! Call 1-847-381-9118 for more details. Praise the Lord and

# St. Joseph's Home for the Elderly **August Porch Sale**

hold a Porch Sale from 9 a.m. to 3 p.m. on Saturday, Aug. 4. St. Joseph's Home is at 80 W. Northwest Highway in Palatine.

The Porch Sale will include items such as small appliances, toys, pictures, lamps, books, videos, DVDs, baby items and fur-

St. Joseph's Home for the Elderly will niture. The sale will be topped off with a special Bake Sale made possible by Sister Mary Timothy and her baking staff. Funds from the sale will benefit the Little Sisters of the Poor in their ministry of caring for the elderly poor at St. Joseph's Home.

The Little Sisters of the Poor at St. Jo-

# New Life for Leather and Vinyl

Summertime is a great time to enjoy the pleasures of owning and driving a great car. It's also a time when heavy use, transporting sporting equipment, and other active endeavors can cause staining and damage to vehicle interiors. Likewise, fun days out on the water can inadvertently lead to damaged leather and vinyl on the boat. At Color-Glo Quality Leather Restoration our mobile techs can repair tears, restore surfaces, re-dye, and remove stubborn stains. Well beyond standard detailing services, our lineup of leather care products along with the skill of our technicians can bring new life to your worn or damaged vehicles and water craft.





In addition, Color-Glo Quality Leather Restoration specializes in the cleaning, repair and restoration of leather furniture. We are happy to inform our customers that there is hope for their worn and faded leathers. We can custom mix a dye to match your original color. We finish our restoration work with a protectant/conditioner to help prolong the life of the furniture.

Color-Glo Quality Leather Restoration is known for dependable service and expert workmanship. To see photos of our work, go to our Web site at www. qualityleatherrestoration.com and click on "gallery." For a free estimate, call Color-Glo Quality Leather Restoration at 1-847-719-2934.

# Barrington Lyric's 40th Season Opens with "An Afternoon of Arias and Classical Piano"

The Barrington Chapter of Lyric Opera of Chicago (BCLOC) invites members and guests to celebrate its 40th season. Beginning promptly at 2 p.m. on Sunday, Sept. 9, "An Afternoon of Arias and Classical Piano" will feature soprano Tina Beverly and pianist Luciano Laurentiu. Following the program, guests will enjoy wine with a bountiful buffet of hors d'oeuvres, desserts, and Barrington Lyric's usual camaraderie.

The cost is \$65 for members; \$75 for nonmembers. Reservations are limited! Please send checks payable to BCLOC by Sept. 4 to Margit Vogel, 380 Oak Hill Road, Lake Barrington, IL 60010. For more information, call 1-847-304-0422.

A native of Chicago, Tina Beverly earned her bachelor of music degree from DePauw University and her master of music degree from Boston University. Her apprenticeships include the Aspen Music Festival, Indianapolis Opera, Rome Opera Festival and, most recently, Patrick G. and Shirley W. Ryan Opera Center for American Artists (formerly Lyric Opera Center for American Artists). She has "dazzled the audiences" of Indianapolis Opera, Florentine Opera of Milwaukee and performed roles with Lyric Opera of Chicago's Rising Stars concert under Sir Andrew Davis.

Born in Timisoara, Romania, Luciano Laurentiu attended the "Ion Vidu" Music Academy until 1987 when he came to the United States and continued studying privately with Jean Ellsworth in Wheaton, Ill. Laurentiu is currently music director at Resurrection Catholic Church and auditions director for the Apollo Chorus of Chicago. He performs throughout the United States and works as both accompanist and vocal coach. His performances



Soprano Tina Beverly



Pianist Luciano Laurentiu

in the Chicago area include the Elmhurst Symphony, American Opera Group, Holy Name Cathedral, The Chicago Cultural Center, Harold Washington Library, The Cuneo Museum, as well as performing in the Resurrection Concert Series which he helped establish five years ago.

For inquiries on membership in the Barrington Chapter, call George Obermaier, 1-847-985-0837. You may wish to visit Lyric Opera of Chicago's Web site, www.



organization. The Little Sisters are committed to serving the needs of the elderly poor regardless of race, creed, sex or nationality. They offer a loving home, familylike atmosphere, care, compassion and re-

seph's Home are a 501(c)(3) not-for-profit spect, while striving to meet the individual, physical, social, spiritual and emotional needs of the residents and helping them to maintain their sense of dignity and self-esteem. For more information, visit www.LittleSistersHome.org.



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"AFTER"

sign solution takes this into account so as to ensure a comfortable process. We have designed some projects to allow the owner to move into the new addition before renovating the existing space." The quality of life during the process is as important as the design itself. "The homeowner is amazed at how their 'old' home has come back to life," concludes Cazzetta.

If your home needs updating, additional space or reconfiguration, call John C. Cazzetta at The Cazzetta Design Group, Ltd., 1-847-487-8177, for a no-obligation consultation today. "We feel you will be pleasantly surprised at the potential of your existing home."

Visit www.thecazzettadesigngroup.com.

# **BACOA Senior Activity and Lunch Programs for August**

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call BACOA at 1-847-381-

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- Monday, Aug. 6—Hawaiian Luau— Games and lunch and a special musical program—a performance by the female dancers of the Polynesian Review. The program will be co-sponsored by BACOA and the Barrington Park District. The cost per person will be \$8 for a summer lunch and giveaways. Call Linda Avellon at BACOA at 1-847-852-3892 by Aug. 1 for reservations.
- Monday, Aug. 13—Games and lunch.Monday, Aug. 20—Games and lunch.
- Jeffrey Seidman of SAS Comfort Shoes in Diane Vos Hansen.

Arlington Heights will present a program on footwear and will bring samples of shoes. SAS Comfort Shoes specializes in shoes that have a natural healthy approach

· Monday, Aug. 27-Annual Senior Picnic-Games and lunch. Singer Cat Catalani will entertain. The cost per person will be \$9.50 for a picnic lunch and music. Call Linda Avellon at BACOA by Aug. 23 for reservations. August birthdays will be celebrated, and blood pressures will be taken by BACOA's social service coordinator,

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# **Barrington Residents Support People with Challenges** at Clearbrook's 19th Annual Shining Star Ball



(From left) The 2007 Shining Star Ball co-chairs Tracy Scurto of Barrington Hills and Cindy Pirron of Prospect Heights smile pretty with their fellow planning committee members Joy O'Connell of Delavan, Wis. and Christine Scholl of Golf.



It's a family affair: (from left) Christopher and Carla Riley of Chicago, Clearbrook Chairman David and Linda Riley of South Barrington, and Kevin and Amy Riley of Chicago take a break from dancing at this year's Shining Star Ball.

Clearbrook's 19th Annual Shining Star Ball, benefiting children and adults with developmental challenges, lit up the night on Friday, April 20 at the Four Seasons Hotel in Chicago. From the approximately 400 guests to the numerous volunteers who made this event possible, everyone had a "ball."

Since its establishment in 1955, Clearbrook has emerged as a leader in the field of developmental disabilities by creating innovative opportunities for more than 2,900 children and adults, as well as their families. Based in Northern Illinois, Clearbrook provides residential, day training and vocational services at more than 40 locations in many suburban communities of Chicago. With approximately 600 individuals on the current waiting list for residential services, 83 cents of every dollar



Mike and Debby Piraino of South Barrington check out the silent auction during the 19th Annual Shining Star Ball, held on Friday, April 20 at the Four Seasons Hotel in Chicago.

raised by Clearbrook goes directly into programs and services.

# AAUW Art Showcase

Elgin Area Branch, American Association of University Women presents its 48th annual Art Showcase, a centerpiece of the City of Elgin's FoxFireFest, on Aug. 4, 11 a.m. to 6 p.m., and Aug. 5, noon to 6 p.m., in Festival Park, South Grove Avenue, Elgin. This is a fine art and fine craft show, with more than 70 artists from all over the Midwest.

There will be nonstop music and entertainment (including The Buckinghams,

The Outlaws, FoxFireFest Idol, and a waterfront fire show), food, and children's activities. In addition, there will be a free, secure bike check. On Friday at 7:30 p.m., the Elgin Symphony Orchestra will perform. There is no admission fee for any of the FoxFireFest events.

For further information about Art Showcase, call 1-847-741-6264. For other Fox-FireFest info, call the City of Elgin at 1-847-531-7005 or go to www.cityofelgin.org.

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· Does the contractor have general liability

This is to protect your home from their damage.

Do they have workman's compensation? This will protect you in case a worker is hurt on your job. Ask for a Certificate of Insurance from the contractor's insurance agent before starting any

### LICENSE & BONDING

 Are they licensed?

Do they carry the proper licenses that are required. by the state and local cities/villages/towns? Many contractors do not carry the proper licenses required to legally perform the work on your home. Call your local building department and ask.

Are they bonded?

In most towns there is a bond requirement to perform home improvement work. If they don't have a bond, don't hire them.

### **BUSINESS STANDING**

 Do they have a place of business?

Do not hire them if their address is just a P.O. Box. We recommend that they have an actual office that you can visit.

• Is the company a member of the Better Business Bureau? Go online to www.bbb.com or call the BBB to

request a report of the company's standing.

Are they associated with any National

mples are: NARI (Natl. Assn. of Remodeling ute) or the NAHB (Natl. Assn. of Home Building). Belonging to these organizations shows a commitment to their field.

### Do they have current references?

They should be able to provide you with at least three current references that apply to your type of project. They are not worth hiring if you can't check on projects they've done previously

### TYPE OF WORK

# Can they perform the type of job you want

A lot of contractors take on work they are not qualified to do. Be sure the company you hire can and has done the type of work you want completed.

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Require that detailed written specifications showing you what's included in your project by supplied.

Do they have high pressure sale people? Often times high pressure sales tactics are used to "sell the job." Most times they really don't have your best interests at heart. If their tactics are too "high pressure" show them the door!!!.

 Is the cheapest price the best? Usually not. If the price looks too good to be true, it probably is. As in most things in life, "you get what you pay for" and home improvement is no exception. Stay happy and buy on VALUE, NOT

# **SCHAFER** HOME IMPROVEMENTS

Home Improvement projects can be a delightful worries that come with it. We are here to help you have an enjoyable experience

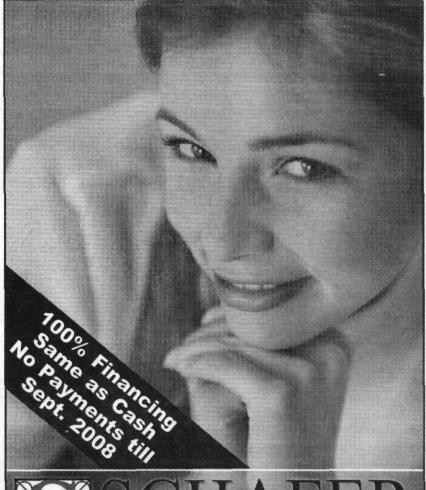
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# Consumer Guide to Home Remodeling

Helps you judge any remodeling company before committing to them or giving them a dime. Available at:

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# CJ Consulting & Interior Design can make your renovation or new home project go smoothly.

Whether you are starting a renovation project or building a new home, hiring an interior designer in the beginning phase is a smart decision. Although it can be exciting and fun to select some of the elements that will go into your new project, it can get overwhelming and tiresome further in. CJ Consulting & Interior Design can fine tune your plans and narrow down the choices for you. Here are some of the ways we can make the process easier for you and add more character to your home.

- · Select materials for flooring, bathrooms, kitchens & cabinetry
- · Plan the layout of the items above
- Design custom cabinetry and storage
- · Select architectural trim, moldings, railings & ballisters
- Select lighting and suggest additional places to add sconces, fixtures or accent lights
- · Create a floor plan with existing and new furniture so you can plan ahead for floor outlets, television placement & new furniture purchases
- Coordinate fabrics and materials for window treatments and furnishings to create continuity throughout your home
- · Select wall colors and decorative wall finishes or wallpaper



Testimonials— "Celeste Jackson is creating a wonderfully warm and welcoming feeling throughout our home. Her designs are consistently beautiful and in keeping with our preferences, needs and budget. When faced with an obstacle, she approaches it with creativity and professionalism. With Celeste's expert assistance, we have done things we would never have thought to do on our own-always with great results. It is a pleasure to work with Celeste."

"We have worked with Celeste for the past few years in all areas of our home. Every time we look at the spectacular and creative design ideas, we know it is because she -Paul & Shannon



# CJ Consulting & Interior Design Group, Inc.

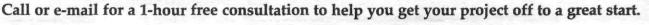
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BARRINGTON AREA CHAMBER OF COMMERCE

IN THE INTERIOR DEJIGN JOCIETY



Celeste Jackson Barrington Resident



# Renovating, Not Relocating

by Tamara Tabel

Would you love to lose your outdated kitchen or family room ...yet love to keep your neighborhood? More and more families are choosing to do just that, by remodeling their existing home to gain more space, modern amenities and a brand new look.

That's what Claudia and Tom Stark of Arlington Heights decided to do with their 1960s-era home. Instead of moving out, they decided to move some walls-expanding out from the back of their home to add 800 square feet of new dining and family room space...while at the same time, totally remodeling their kitchen.

"We wanted a larger, more comfortable area for entertaining," says Claudia Starck, "Including a larger kitchen and eating area, and an expanded family room."

The result is an open floor plan where the kitchen, dining area and family room flow effortlessly together, giving a sense of spaciousness and continuity. Yet each room offers its own surprises.

Taking its cue from the arched kitchen island, the dining area is built in the shape of an octagon. And the spacious family room features a graceful barrel ceiling, adding bold architectural drama, yet keeping with the country French style the Starcks had chosen for their new living space.

"When you create an open plan, you want to delineate and define the different areas within that space," said Mark Zurek of Delta Renovations, the general contractor. "The arched ceiling in the family room and the turret in the eating area accomplish that beautifully."

The Starcks chose Delta Renovations and **Barrington Kitchen & Baths** after admiring the work they'd done on other homes in the area.

The casual, yet sophisticated country French style is also evident in the newly-remodeled kitchen. Claudia Starck chose a unique angled island and maple cabinets finished with a light, three-step glaze, giving them soft coffee-colored accents. And to complement the finish, the cabinets are topped with granite in mottled brown tones.

Throughout the kitchen, designer Ross Gerami of Barrington Kitchen



The unique angled island offers functionality and architectural interest.

& Baths, addressed Claudia's desire to easily keep countertops clean and clutter-free. The microwave is built in above the oven, the island's cook top ventilation system slides down out of sight when not in use, and a small television tucks under one of the kitchen cabinets.

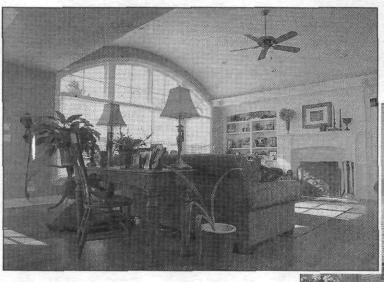
And the addition of a laundry room gives Claudia the convenience of first floor facilities, something she hadn't had in the 17 years she and Tom lived in their home.

So what do the Starcks think of their new space?

"It's great!" says Claudia. "It's where we spend all of our time. It's light and bright, and fits our lifestyle and needs. It's exactly what we wanted."

And the new addition/renovation gives the Starcks something else they wanted—the added benefit of staying right where they wanted to live.

If you're considering updating your current home instead of uprooting to a new one, talk to the experts at **Barrington Kitchen & Bath** and Delta Renovations. Just call **1-847-381-3084**. They'll help give your home new life.



The octagonal eating area features a turret ceiling with generous windows for lots of light.

The Starck's spacious living room offers a dramatic barrel ceiling.



The new addition is as beautiful outside as in.

Claudia and Tom Starck's home was featured in the Arlington Heights Kitchen Walk to benefit

Journeys: From PADS to HOPE.





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www.BKBSINC.com

# Turn Beauty Into Elegance with Stanford Building & Remodeling

with wrought iron or stainless steel balusters and wondered how much it would cost to replace your old wooded balusters? Well, it's surprisingly affordable. Stanford Building and Remodeling, Inc. is one of only a few staircase specialists nationwide that can take your existing stairs and transform them into a work of art without undertaking a time consuming and expensive renovation project. Company founder Jake Stanford's unique staircase conversion system allows you to keep your existing railing and newel posts while replacing your old balusters with new forged iron or stainless steel pieces available from an extensive selection of styles and finishes.

"The average staircase can be converted in one day with a minimum of mess and disruption," says Stanford, who does each conversion personally to insure quality installation and customer satisfaction. "I've seen rooms take on a whole new look and staircases transform from drab and uninspiring to exciting and dramatic simply by

Have you ever seen a beautiful staircase replacing the staircase balusters," he added.

The company's "Turn Beauty Into Elegance" motto is backed up by a huge selection of handcrafted wrought iron and stainless steel balusters that Stanford presents to prospective customers during the consultative phase of the project. After the style, material and finish are selected, the new balusters are ordered and shipped, which usually takes about two weeks. Upon receipt of the new units, a date for installation is set and usually within a day of that date, the homeowner is enjoying a completely new look for that staircase and in that room or foyer. Staircase conversion has proven an economical and expedient way to improve the look and value of a home and is gaining in popularity as an alternative to more expensive and disruptive staircase replacements.

Stanford Building & Remodeling, Inc. is known for quality products and quality installation. Call Jake Stanford today at 1-630-890-5253 for a free quote. More information is available online at www.StanfordBuilding.com.

# BACOA Alzheimer's Group to Meet

The August meeting of the Alzheimer's Association Support Group, sponsored third Thursday of every month in the by the Barrington Area Council on Aging (BACOA), will meet Thursday, Aug. 16, from 1 to 3 p.m.

The group provides education, speakers and support for families and care- BACOA at 1-847-381-5030 to register.

givers of Alzheimer's patients. It meets the Eastlake Dining Room at The Garlands of Barrington, 1000 Garlands Lane, Barring-

We ask that first-time participants call



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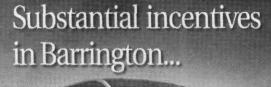
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# Motorcycle Ride to Benefit Little City Aug. 26

Call it what you want-a Sunday bike ride for a good cause, or simply a great day riding your "hog" through the beautiful northern Illinois countryside, while raising money for the Palatine-based Little City Foundation.

On Sunday, Aug. 26, more than 400 motorcycle enthusiasts will gather to support one of the most well-respected nonprofit organizations in Illinois by participating in the Little City Foundation's 2007 Ride for Smiles. The event features bikers embarking on a scenic 100-mile tour that starts at the Little City campus in Palatine and, after meandering Illinois' back roads, ends with a huge post-event celebration at the legendary Penny Road Pub in Barrington.

Little City Foundation was founded in 1959 by a group of caring and committed parents who rejected the pressures and advice of professionals who said that children with disabilities should be institu-



Linda "Jo" Giovannoni with Little City residents outside the foundation's Palatine campus.

tionalized. Little City was created to provide opportunities for children and adults living with intellectual and developmental disabilities and to lead rewarding, fulfilling and dignified lives. For almost 50 years, Little City has provided these individuals a place to call home and the love, their lives as they choose and to always say the words "I can."

A myriad of pit stops are planned along the way with prizes being awarded for various contests and competitions. One grand prize-a brand new 2007 Harley registration form.

support and nurturing to be able to live Davidson Dyna Street Bob motorcycle and free motorcycle lessons through City Limits Harley Davidson of Palatine.

Cost to participate is \$25 per rider and \$15 per passenger. For more information, call the "Ride" Hotline at 1-847-221-7892 lucky person will walk away with the or visit www.littlecity.org to download a

# "Investments for Women" Topic at Luncheon

The Northwest Women's Connection invites you and your friends to our "Investments for Women" luncheon on Aug. 9 from noon to 1:30 p.m. at Concorde Banquets, 20922 N. Rand Road, Kildeer. The cost is \$17 inclusive. Free preschool childcare is available (off premises nursery).

Mary Polnow from Barrington will talk about investments for women and how to manage your money.

International speaker Robin Reese from Brighton, Mich. will share "How to be secure in an insecure world." Robin recently lived six years in South Africa.

Lunch and childcare reservations are needed by Friday, Aug. 3-call Jill at 1-847-358-5830 or Karen at 1-847-818-9016.

Take time to enjoy a fabulous lunch while connecting with other women in your community.

# LEADING THE WAY TO REMARKABLE PROPERTIES



### **BARRINGTON HILLS**

A grand allée of trees leads to this gracious Barrington is estate. Set on 9.8 rolling & wooded acres, it features 5 BR, 5.1 BA, 3 fireplaces, generous public & private areas and lovely views from every window. The magnificient grounds offer a sparkling pool, tennis court, delightful 4-stall barn, dressage arena & caretaker's cottage.

## **OFFERED AT \$4,900,000**



BARRINGTON

Lovely home in maintenance free community! Set in a premium cul-de-sac location, it offers a 1st flr master, 2 additional generous BR, den, 2 story family room w/ custom built-ins, cherry kitchen w/granite counters. A lovely deck overlooks private setting

## **OFFERED AT \$699,000**



**BARRINGTON HILLS** 

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

## **OFFERED AT \$3,599,000**



**BARRINGTON HILLS** 

Classic stone & cedar ranch is set on 5 verdant acres offering 4 BR & 5 BA, w/ 2 master suites, Large, eat-in kitchen with Poggenpohl cabinetry & top-of-the-line appliances. Delightful sunroom, cathedral ceilinged in family room, 4 fireplaces & 3 car garage, Includes tennis court & direct access to the extensive riding trails.

# **OFFERED AT \$1,349,000**



**BARRINGTON HILLS** 

Set on a private, wooded site, this 5 BR classic is the epitome of refined country living. Abundant in character & charm, & designed for personal comfort & festive gatherings, it features exquisite architectural detail. 5 FPs, gourmet kitchen, stunning views, sparkling pool, 4 car gar, stunning grounds & expansive stone terraces.

## **OFFERED AT \$1,699,000**



**BARRINGTON HILLS** 

A private, winding lane leads to this stunning 3 BR, 3.1 BA brick residence. Renovated to perfection, it offers a gourmet kit w/ custom cabinetry and granite counters, inviting family room, generous room sizes & hardwood floors. Delightful sunroom, luxurious BAs & 2 FPs. Peaceful 6.7 acre setting, 2-stall barn.

**OFFERED AT \$1,235,000** 



**BARRINGTON HILLS** 

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Awe-inspiring architectural design and detail. It offers a grand gourmet kitchen, sumptuous master suite, 6 fplcs, finished walkout LL, stone terraces and 4 car garage. It is elegant, warm & very livable

# **OFFERED AT \$4,990,000**



**BARRINGTON HILLS** 

Set on private lane in the heart of horse country, this 4 BR home offers open, flowing floor plan, three-season porch, dark room, wine cellar & walls of windows overlooking wooded setting. Expansive deck w/ new inground pool, 2 gar & 9-stall barn w/ ample turnouts.

\$1,299,000 on 6 acres or \$1,549,000 on 7.54 acres



**BARRINGTON HILLS** 

Presenting "Willow Run." This exceptional custom brick & cedar residence is set on over 5 beautiful priv acres in the heart of horse country. Designed and built with meticulous attention to detail & quality craftsmanship, it features elegant appointments, 4 generous BR, 4.1 luxurious baths, 3-car garage, and finished walkout LL.

**OFFERED AT \$1,499,000** 



**BARRINGTON HILLS** 

Five spectacular lakefront acres on a private secluded lake. On a quiet cul-de-sac, it is in a prime location on a private lane, just moments from all Village conveniences. Enjoy idyllic views and beautiful Lake

**OFFERED AT \$1,390,000** 



**BARRINGTON HILLS** 

Significant estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless

**OFFERED AT \$5,190,000** 



**Greg Bradley** 847-863-2424



303 E. MAIN ST. SUITE 101 BARRINGTON

Meg Cleavenger 847-212-0917



# Fall Design Days—Saturday, Sept. 8

If you missed our first Design Days seminars this spring, save this date for fall: Sept. 8. As part of our annual customer appreciation weekend, we will be offering three of our favorite seminars again. The schedule is: 10 a.m., "Perennial Gardening for Fall;" 11 a.m., "Spruce Up Your Yard for Fall-Adding Color with Trees, Evergreens and Grasses;" noon, "Easy Design Tips from the Pros II: Putting Together a Basic Landscape Plan." Our talented landscape design staff will be on hand to meet with you and discuss your landscape needs. Call

us today at 1-847-658-3883 for reservations and more information.

The Barn Nursery is a landscape design and construction company which has been creating lasting landscapes in the Barrington area for the last 30 years. Our Landscape Division provides full service landscape design and construction including patios, outdoor kitchens, water features, hardscapes, and custom-built pergolas. We are excited by all sizes and varieties of projects from small planting areas to brick driveways to estate landscape design and construction. We employ four full-time landscape designers and a staff of over 100 certified landscape professionals. We also have a retail garden center in



We specialize in unique outdoor living spaces.

### Tip of the Month

Proper watering of newly planted perennials is critical! As the heat of summer intensifies, make sure you monitor moisture levels closely. Deep, thorough waterings that are less frequent are preferred. Frequent, light watering tends to keep the roots shallow and susceptible to drying out. Established plants that have been dry for several weeks may also need watering. If at all possible, water early in the day to reduce potential fungal problems and to conserve on water (by reducing evaporation). However, beware of over watering! An automatic irrigation system may be one of many perennials biggest threats. This is also a good time to apply fertilizer to heavy feeding perennials.



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# An Exciting Home Addition

In addition to providing custom room additions with bathrooms, kitchens and fireplaces, Armcor Design and Build is your local store for Four Seasons Sunrooms, the nation's largest manufacturer of year-round, heated and air-conditioned sunrooms for residential and commercial



Each Four Seasons Sunrooms' product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your

Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New CONSERVAGLASS, with a Lifetime Warranty, is specially designed to keep summer heat out and winter heat in and is one key to Four Seasons Sunrooms' success-especially in our Chicago-

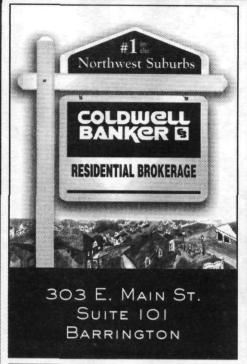
Many patented features are available exclusively from Four Seasons Sunrooms, and all products are designed to meet or exceed building code structural requirements and have successfully withstood more than 250,000 installations.

Armcor Design & Build can provide you with a complete "turn key" room addition project or you can build it yourself. Every Four Seasons' sunroom is virtually maintenance-free, weathertight and comes with a lifetime limited warranty on CONSERVA-GLASS, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

Armor Design & Build's showroom is at 951 N. Old Rand Road (Main St.) in Wauconda. 1-847-487-7900.



# CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE





**Barrinaton Hills** \$2,195,000 9000+ sq ft 4 BR, 5.1 BA on 5 acres. 2-story family room Granite kit w/octagon eating area. Huge study w/fplc. Tray ceil, elaborate molding. Full fin lower level w/kit Sherl Wheeler 847/370-3808



**Barrington Hills** \$1,899,000 5 BR, 5+ BA brick & stone estate on 5 acres & new private cul-de-sac location. Huge gourmet kit. 7000+ sq ft. 4-car garage, fin walk-out.

Marie Stallone 847/226-7492



**Barrington Hills** \$1,750,000 Amazing 4 BR, 2.5 BA home on 5+ acres. Updated kitchen w/cherry & granite. Hdwd flr. Huge Sunrm, gazebo, great pool. 2 stall barn, paddocks, trails **Sherl Wheeler** 847/370-3808



Barrington \$1,650,000 Stunning 5 BR, 5.1 BA on 3.6 acres. 4 fplc, sunroom, media room, library, gourmet granite kit. Huge finished lower level. Security system, fenced yard. 5-car heated gar. Ron & Jeanine VanDeVelde 847/277-2282



**Barrington Hills** \$1,650,000 5-acre estate property. Private circle. Perfect for natural walkout. Can accommodate pool and tennis courts Great location

Marie Stallone 847/226-7492



New construction in Village. 5 BR, 5 BA Georgian. Master bath w/frpl, every BR w/BA, 3 car gar. 9' ceilings, hdwd floors, granite, cherry, marble

Sherl Wheeler/Jane Pohlman 847/370-3808



Lake Barrington \$1,299,000

Elegance added to quality custom home. 4 BR, 4+2 BA. 2-story family room w/fireplce, dark hardwood, custom paint. Granite gourmet kitchen with cherry finishes & stainless steel appl. 4-car garage.

**Kerry Franze** 847/277-2703



**Barrington** Under construction. Fabulous Village custom brick home offers 5 BR, 5 BA, gourmet kit, master bedroom suite w/ whirlpool, basement & 3 car garage.

Sherl Wheeler/Jane Pohlman 847/370-3808



\$1,185,000 **Barrington Hills** BARRINGTON HILLS 4 BR, 3.5 BA country home on 5+ acres. 5 fplcs, hot tub on deck & gardens. Barrington schools & low Cook County taxes.

Marie Stallone

847/226-7492



Barrington \$949,000 4 BR, 5.1 BA brick & cedar Georgian. Gourmet kitchen w/granite & SS appls, butler's pantry. Sunrm. Great rm

w/fplc. Fin English LL w/full BA. Backs to Conservancy John Nemz 847/277-2289



**Barrington Hills** \$849,000 4 yr. New custom colonial on 5 acres w/outbldng

horse potential adjoining Forest Preserve. 4 BR, 3.1 BA, Fin. Lower level & 3 car garage. MOVE-IN-READY! **Donna Veller** 847/826-1530

Barrington \$825,000 Charming 4 BR, 2.1 BA Michael Graft built home on almost 6 acres w/panoramic views, fencing, 5 minutes from town, train, shopping & school.

Marie Stallone 847/226-7492



Entertainer's Dream! 4 BR 3.5 BA w/whole house gudio system. Finished lower level w/5th BR, full bath, steam shower, theater surround sound system. Pool

847/815-9171 Jessica Paxton



Barrington \$685,000 5 BR, 3.1 BA on 5 private acres has full fin walkout lower

level w/fplc. Guest room w/full bath, screened porch, deck & patio in park-like setting. Horses allowe Sherl Wheeler 847/370-3808



Lake Zurich \$649,900 Renovated 4 BR, 2.1 BA. Updates include granite counters in kit, dbl island. Carpet thruout. All light fixtures, triple window in kit. Heated garage

Sherl Wheeler/Jane Pohlman 847/370-3808



Barrington \$650,000 Fabulous 3 BR, 2.5 BA barn converted to a house in 1982 by architect Dennis Blair. Cath ceil, hand-hewn posts. 5 wooded acres w/sparkling pond

Sherl Wheeler 847/370-3808



Barrington \$499,900 This pristine home set on quiet wooded lane on gorgeous lot offers updated kit. and baths, 2 frpl, hrdwd flrs, sunrm, great patio & firepit

Sherl Wheeler

847/370-3808



Chicago \$479,000 LUXURY CONDO. Stunning 2 BR, 2 BA corner residence w/extensive custom features. Enjoy sunset views & City lights. Full amenity bldng w/24 hr. doorman & adj. Park. **Donna Veller** 847/826-1530



Lake Barrington Shores \$459,000 Sensational 3 BR, 3.5 BA townhome. Completely updated. Beautifully maintained, granite kit with matching table. Custom designed open floor plan

Ron & Jeanine VanDeVelde 847/277-2282



Lake Barrington Shores \$333,000 2 BR, 2+2 BA TH. Walk to clubhouse, pool, tennis, exercise, etc. Updated w/hdwd flr, new kit, ba. Fin LL, deck, patio. Lake, beach rights.

Ron & Jeanine VanDeVelde 847/277-2282

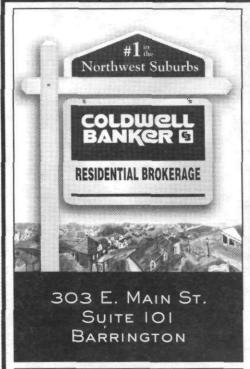


Barrington \$298,500 Old world charm abound in this 3 BR/2 BA 1930's Sears catalog home. Hardwood floors. Incredible price! Great income/rehab property.

847/277-2758 Wendy Fern



# CONTINUING TO SERVE BARRINGTON AS THE #1 OFFICE





Barrington

Stunning Dior built 5 BR, 5+BA home w/many upgrades thruout. Dream kit, walkout LL w/rec rm, media rm, décor unsurpassed. AAA+. Must see!

847/277-2760 Alison Dougherty



**Lake Barrington** 

\$1,925,000

Stunning 4BR, 4+BA w/Old World charm. Elevator, splendid custom finishes, stone arches, balconies, & W/O LL. Resort lifestyle w/pool, firepit & hot tub.

Suzanne Luby/Liz Luby 847/277-2777



**Barrington Hills** 

\$1,800,000

5 BR, 5+ BA on wooded acreage w/creek that flows through pool, waterfall. Marble & granite kit & ba. W/O LL w/wet bar, 2nd kit, changing rms. Zoned for horses.

**Mary Spinner** 

847/277-2284



South Barrington

\$1,799,900

New const on 1.25 ac. Brk & stone French Countr 5 BR, 4.2 BA, 2 sty entry, 9' & 10' clgs on 1st flr & 9' clg. LL, 4 frpl. "Smart House" Fin LL w/cellar, bar & home theatre. 847/525-0411 Celeste Lockhart



Long Grove

\$1,650,000

Unique 3 ac retreat includes: 4000 sf main hor + 3BA, 2800 sf pool, spa + fitness center, 2500 sf guest house w/priv ent. Great for extended family or office. Suzanne Luby/Liz Luby 847/277-2777



South Barrington \$1,499,900

Totally Renovated! 1.8 ac w/go 6 BR, 4.5 BA w/mrble, Hdw Fls, MB Ste w/jac, steam shwr. Kit w/island, SS appl, cherry cab, gran cntrs, W/O fin LL.

847/525-0411 Celeste Lockhart



**Tower Lakes** 

\$1,200,000 Magnificent Estate on long winding drive. 5BR, 4+BA Huge mstr ste. Large kit w/granite cntrs, great rm, media rm, wine rm, walkout bsmt. Beautiful Property!

Alan Leibovitz 847/207-2246



Barrington

Nantucket-style 4 BR, 3.5 BA w/ Brazilian cherry flr. granite, stone fplc in FR & master suite. Front porch, brick valkway, driveway & patio. Smartly

Barbara Cunningham 847/277-2262



Barrington

\$1,175,000

Exceptional 4BR, 4.1BA w/2-story fam rm, vol. foyer, cherry study, granite kit, octagonal breakfast rm, fin English LL. Tucked on treed lot.

Suzanne Luby/Liz Luby 847/277-2777



Barrington

\$1,149,000

Brick lakefront hme on 1.75 ac w/4BR, 3.3BA, dramatic entry, kit w/pvt patio off EA, 1st flr mstr bdrm w/luxury mstr BA, full fin walkout LL, extensive deck + 3c Gar.

Celeste Lockhart 847/525-0411



## Barrington

\$899,900

Gorgeous Braymore 4 BR, 3.2 BA on lacre+ lot. Formal LR w/cath clng, marble FP. Kit & EA w/skylights & atrium. pacious DR. Elegant FR w/FP. Deluxe MBR ste. Patio Celeste Lockhart 847/525-0411



**Deer Park** 

\$775,000

Fabulous 3 BR. 3.1 BA Prairie-style ranch on cul-de-sage in great location. Updated & open w/cook's kitchen, breakfast & great rooms & full fin LL. Suzanne Luby/Liz Luby 847/277-2777

Barrington

\$750,000

Sunny 3BR brick ranch on 5.23 wooded acrs. Super opportunity to expand or update. LR w/bay window & stone frpl. DR opens to screen porch. Updated kit. Suzanne Luby/Liz Luby 847/277-2777



Palatine

\$700,000

Pristine 4 br, 3.5 ba home w/volume ceilings, gorgeous hdwd flr. Granite & cherry kitchen. Family room w/black granite fplc. Luxury master suite.

Suzanne Luby/Liz Luby 847/277-2777



### Barrington

\$629,900

Updated 4 BR, 2.5 BA Colonial in Flint Creek. Newer kitchen. Family rm w/fplc. Den/library. Sun rm. Deck. 3car garage. Newer furnace. Newer 847/277-2276

Sue Goodfellow



\$599,900

Well designed home on 1.75 acre lot features 4 BR, 2.1 BA, 3 frpl, bonus rm & finished LL. Relax on the screened porch. Close to every conve

Suzanne Luby/Liz Luby 847/277-2777



Lake Zurich

\$585,000

Luxurious Lakeside villa offers 4BR, 3.1BA, a loft and over 3800 sf of pampered living. Enjoy a 1st floor MB and fin Eng. basement.

Suzanne Luby/Liz Luby 847/277-2777



Island Lake

\$334,900

4 BR, 2 BA serene lakeside home is adj to sandy beach on Island Lake. Liv & din rms. Enclosed porch/fam rm, priv dock. Updated kitchen

Suzanne Luby/Liz Luby 847/277-2777



Lake Zurich \$569,000 Sophisticated 3 BR, 3.1BA TH w/vol. clngs, HW flrs, faux

painting, 1st flr MBR, cherry kit., loft & finished LL w/ Suzanne Luby/Liz Luby 847/277-2777



Lake Barrington

Completely rehabbed 2 BR, 2 BA unit w/open kit, breakfast bar, hdwd flrs, in-unit laundry & more. Secure, resort-type gated community.

Loreen Darlington 847/277-2701



Barrington

\$276,900

Beautiful 2 BR, 2 BA waterfront unit. Vaulted ceilings Master ste w/walkin closets, double sink vanity. Eat-in kit w/maple cab Great Location

Alan Leibovitz

847/207-2246



Lake Barrington

\$269,900

Enjoy the lifestyle of a gated community in this lovely 2 BR, 2.2 BA twnhm. Hdwd flrs. Crown mldg. New carpet & appls. Golf course views & amenities await you 847/277-2707

Laura Balistreri



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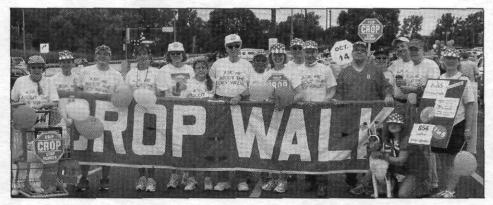


Expires 8/31/07.

Barrington

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# **Barrington Area CROP Hunger Walk** March in Parade



The Barrington Area CROP Hunger Walk Fourth of July Parade, entertaining the was well represented at the Barrington crowds with their kazoo band. Pictured

# From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

The severe storms that passed through Barrington this week brought some muchneeded rain to the area and a lot of excitement to Wickstrom Lincoln Mercury. Lightning struck a transformer around 4:30 p.m. and ignited the oil inside of it, causing smoke to go through the conduit into the service department of the dealership. Fortunately the Barrington Fire Department responded quickly and had the situation under control before any serious damage occurred, and our local ComEd crew worked well into the night to have us back in business for our customers in the morning.

Events like this serve to remind me of how fortunate we are to live and make our living in this community. I received several calls from friends and neighbors who had heard about the lightning strike and were concerned about our dealership and employees. Over the years our family and business has needed the services of the Barrington Fire and Police departments, and they have always been fast,



professional and effective in handling the situation. The local ComEd team also does a great job of keeping all of us "up and running," and they're also great peopleour neighbor Erin is one of them.

As the rest of July continues to fly by, I hope you all have a fun and safe summer. Let's also hope that lightning never strikes the same place twice.

> Until next month, -Amy

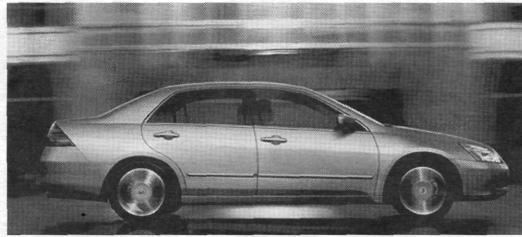
(from left) are Betty Reed, Barrington United Methodist Church; Mary Anderson and Don Hitchcock, Lutheran Church of the Atonement; Pat Enders, Salem United Methodist Church: Dell Bald, Lutheran Church of the Atonement; Barbara Schmidt, St. Mark's Episcopal Church; Konrad Bald, Lutheran Church of the Atonement; Carlos Gumaya; Barbara

Schwartz, Presbyterian Church of Barrington; Rick Jurs, St. Paul United Church of Christ; Paul; Kirk Murdock, St. Paul United Church of Christ; Gail and Dennis Rossow, Barrington United Methodist Church; David Chidley; and Adrienne Kalmes, St. Anne Catholic Community.

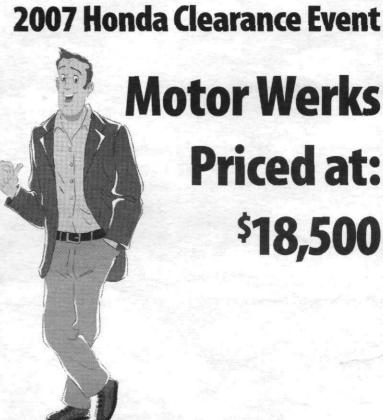
The 25th anniversary of the Barrington Walk is being planned for Oct. 14.

# Mr. Opportunity says... "Your wallet will thank me later."

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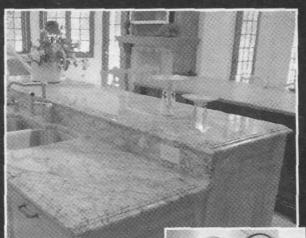
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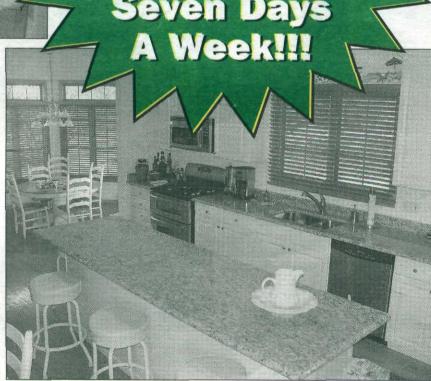
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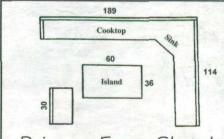


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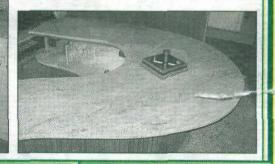
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