# BARRINGTON LIFESTYLES

The News Magazine for the Greater Barrington and Surrounding Areas

Done

BAAC's "Camelot" Was A Most Congenial Evening

Mental Health Gold Bell Gala Raises \$100,000

National Search Begins For 1995 Henry B. Betts Laureate

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#### Electrolysis Is The Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the only method which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

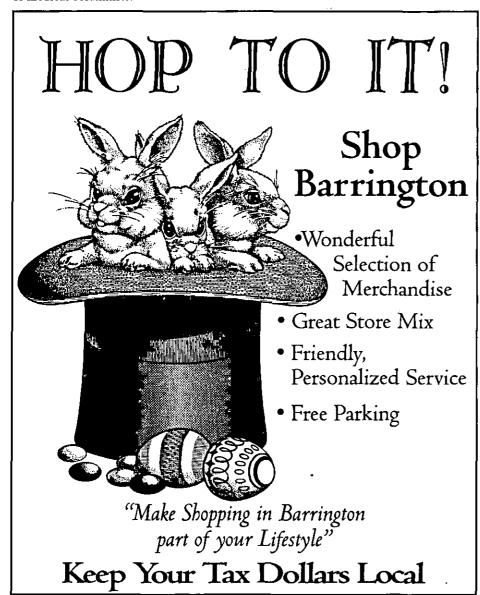
Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors of service at the same location. or medical columnists.

Fortunately, there is a skilled electrologist at Clear Reflections in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious-success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone Clear Reflections at 381-9020 for your appointment.

Clear Reflections has provided 19 years



## **BARRINGTON** IFESTYLES

The News Magazine for the Greater Barrington Area

Published by G.M. McMonigal ENTERPRISES

Glenne M. McMonigal, Editor P.O. Box 293 Crystal Lake, IL 60039-0293

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#### Editor's Ink

April, 1995

Dear Reader,

'Tis the season for wonderful things! For one thing, its time to focus on our homes and gardens. And that's just what Lifestyles has done. There are many exciting and beautiful ideas in our special section to help you give your home that spe-

Its also the season for fashion shows-lots of them! And aren't they fun. Its always great to see the bright, cheerful colors of Spring, especially in what we wear. This change in seasons lifts the spirits.

It looks like BAAC's "Camelot" was lovely, complete with costumes, song, meade and merriment. The money supports the Arts Council's events of which there are many. The event was chaired by Maureen Yates and Anna Haller.

The Mental Health Gold Bell Gala sounded like a great time, too. Over 500 partygoers helped raise \$100,000 for the advocacy organization concerned with the entire spectrum of mental and emotional disorders. You did a terrific job, Gloria!

Until next time, may all your thoughts be sunny.

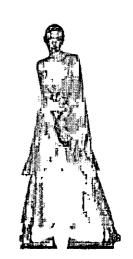
With warm regards,

Glenne Mc monegal Glenne McMonigal

Editor, Lifestyles Magazines

# **About Our**

For that very special evening... this breathtakingly beautiful look is from the Jean-Louis Scherrer Haute-Couture Printemps-ete 1995 Collection of Paris.



#### A Most Congenial Evening



L to R: "Camelot" Co-Chairperson, Maureen Yates; Betsy Smentek, BAAC President; Sarah Bowers Ware, BAAC Executive Director; and "Camelot" Co-Chairperson, Anna Haller.



"Camelot" committee member Jan Cox, is greeted at the door by members of the Barrington Dance Ensemble.

On the evening of February 18, The Barn of Barrington became the everlasting kingdom of "Camelot" when the Barrington Area Arts Council (BAAC) held its annual benefit for the arts. From the moment guests were greeted at the door by the Barrington Youth Dance Ensemble, the revelry continued through the night. The halls of the The Barn were decorated with banners and flags from King Arthur's Court. The entertainment continued with the Barrington Children's Choir Madrigal Singers dressed in traditional costumes, Chris Fasicione, mime, Jeff Fredrickson, magician and Marie Christine and the 1st Choice Orches-

Chairpersons, Maureen Yates of Barrington and Anna Haller of Wilmette were among many dressed in costume. Betsey Smentek, BAAC President, was royally attired in her red velvet gown and matching

Winners of two round trip tickets to London courtesy of Americans Airlines were



Robert and Christine Sherman, Barrington, look over the program book.

Donna and Bill Hannay of Barrington Hills. Three other prizes: first, a \$500 gift certificate from Chuck Hines of Barrington, went to Mr. & Mrs. Robert Hendrix of Hoffman Estates; second, an overnight at The Geneva Inn on the Lake, was won by Robert Reilly of Barrington Hills; and third, a \$100 gift certificate for groceries from Scotty's Home Delivery, was awarded to Trowby and Dan Brockman of Barrington

The event raised more than \$20,000 for BAAC which promotes and presents that arts in Barrington and the surrounding area. "The money supports the Arts Council's events specifically our arts development/ outreach program Arts Boost which grants \$10,000 to non-profit groups doing arts programs and Arts Weeks which grants \$1500," said Executive Director, Sarah Bowers Ware of Barrington Hills. The Barrington Area Arts Council is a non profit arts organization that serves the Barrington



L to R: BAAC Advisor Lolly Siemon and husband, Charlie, view silent auction with BAAC Development Director, Carol McGregor.

#### Seventh Annual Shining Star Ball To Benefit Clearbrook Center

On Friday, April 28 hundreds of celebrated Shining Star Ball are \$300. For more in-Chicagoans will gather together as Clearbrook Center presents its seventh annual Shining Star Ball at the Ritz-Carlton Hotel in Chicago. This elegant evening features a gourmet dinner, outstanding prizes and dancing to the sounds of the Stu Hirsh

of Illinois, and his wife Marge are the Co-Chairmen of the seventh annual Shining Star Ball. "Clearbrook Center is an extraordinarily important program because of the dignity it brings to its very special children and adults and the model it provides for what the rest of the programs in Illinois can and should be," comment Neil and Marge

Prizes include, an all expense paid trip to the 1996 Superbowl; trips around the

formation on the Shining Star Ball, please call Kathy Kocian at (708) 251-0933.

The proceeds from the Shining Star Ball will benefit Clearbrook Center's Clinic. The Clinic is an innovative program which provides evaluation and therapy services, behavior intervention and psychological Neil Hartigan, former Attorney General counselling to Clearbrook's clients. Through these therapies, Clearbrook provides more service to the developmentally challenged than many other organizations in the area.

Clearbrook Center's Early Intervention program, known as the C.H.I.L.D. program. (Clearbrook Helps Infants Learn and Develop), will celebrate its twentieth anniversary with an Open House on Saturday, April 29 from 1 to 4 p.m. at Clearbrook Center, 2800 W. Central Road in Rolling Meadows. world to exciting locations such as Madrid, A special presentation, "Reflections of London, Tokyo and Paris; shopping sprees; Early Intervention," will be given by refine jewelry and much more. Tickets for the nowned psychologist, Dr. Ken Moses:

#### Music Scholarship Competition

Young musicians are invited to participate North Barrington, South Barrington, Lake in the Barrington Area Arts Council's (BAAC) 3rd Classical Music Scholarship Competition on Saturday, June 24, 1995, at the Presbyterian Church of Barrington, 6 Brinker Road, Barrington. The competition is for piano, winds and strings. BAAC hopes to encourage the education of talented musicians, between ages 14 and 21, by presenting five monetary-awards partially funded by a grant from the Illinois Arts Council, a state agency. First prize \$600; second, \$300; Third, \$150; and two honorable mentions of \$75 each.

The competition is open to students residing in Barrington, Barrington Hills,

District 220 students. Residents of McHenry County, Carpentersville, East and West Dundee, Hawthorn Woods, Inverness, Kildeer, Lake Zurich and Long Grove are also eligible. Applicants will be required to perform two pieces, in addition to a sight reading. One should be Baroque or Classical and the

Barrington, Tower Lakes, Deer Park and

other Romantic or Contemporary. Selections must be submitted to the BAAC Music Scholarship Committee by May 1, 1995 for approval. For complete competition guidelines and more information, contact the BAAC Gallery at (708) 382-5626.

For more information on the Clearbrook C.H.I.L.D. Open House Anniversary Celebration, please call Kathy Schrock, Clearbrook's Director of Children's Services at (708) 392-2812.

Clearbrook Center is a private, not-forprofit agency serving over 650 children and adults with developmental challenges in-

cluding mental retardation, autism, cerebral palsy, epilepsy and other neurological disorders. Clearbrook provides therapies, vocational training, residential services, children's services and operates 23 facilities throughout the northwest suburban area



#### **Earth Day Celebration!**

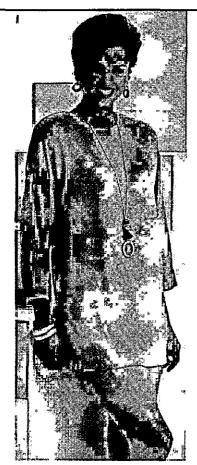
Discover the essence of Earth Day and all it symbolizes at Tribal Expressions April 21, 22 & 23, 1995. You are invited to meet nationally acclaimed Navajo painter

Clifford Brycelea

Artists Reception Friday 6 to 9 p.m. Saturday & Sunday 12 to 5 p.m.

Alive with the Art & Spirit of Native America 7 S. Dunton, Arlington Heights (708) 590-5390





## Silk Sophistication

#### for **Easter**

2 piece tunic fully lined

Available in: Royal Coral **Purple Ivory** 

Betty's of Barrington 382-3054

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#### Earth Day Celebration!

Each April, Earth Day generates a new wave of excitement and renewed interest in the environment. For many people, Earth Day is more than an annual event—it is a call to action to conserve and protect our natural resources and to take measures to preserve the earth for future generations.

This April 22nd marks the 25th anniversary of Earth Day. In keeping with the essence of Earth Day and all it symbolizes, Tribal Expressions will host a special appearance of the nationally acclaimed Navajo painter Clifford Brycelea. A man of the earth, and known for his landscapes, Brycelea will exhibit his translucent water color paintings and bright, colorful acrylic canvases. Whether using watercolors, or acrylics, Clifford Brycelea evokes images of the land and the spirit of Native America. Brycelea's appearance in Arlington Heights will invigorate the northwest suburbs with his mystical and spiritual sensitivity for the environment.



The Quiet Thunder, 22" by 28" acrylic on linen canvas by Clifford Brycelea

Earth Day festivities at Tribal Brycelea's work will continue on Saturday Expressions commence Friday, April 21st and Sunday from noon to 5 p.m. This event with an artists reception from 6 to 9 p.m. is free to the public. For more information An open house and exhibit of Clifford please call the gallery at 708-590-5390.

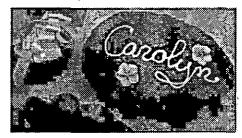
#### The History Of The Easter Bunny

brought to you by Morkes Chocolates

Every year people celebrate Easter with the giving of Easter Baskets and Easter Bunnies. Why bunnies, though? How did rabbits ever get associated with Easter in the first place? Well chocolate stores like Morkes Chocolates didn't invent the association, it all started many decades ago...

The word "Easter" is derived from Eostre or Ostara who was the Anglo-Saxon goddess of the dawn. The festival in her honor was celebrated on the first day of Spring. It was she who changed a bird into a rabbit and thus this four-footed little creature joined the egg as an Easter symbol.

In Germany the hare (rabbit) is a very important Easter symbol, almost as important as Santa Claus is in the United States for



Christmas. The hare is responsible for laying eggs and hiding them. The hare and egg provide a link between the pagan faith's welcoming of Spring and Christianity's Easter celebration.

So come to Morkes Chocolates and celebrate Easter with any one of our many beautifully sculptured Easter Bunnies!

he Sea Gull jacket; generously cut to look great over a cotton sweater and casual pants. Perfect to take along for the cool evenings by the seaside or suburban errands. Just one of the many wonderful Spring things arriving daily at Betty's of Barrington.

Whether you're looking for something cute and casual, that special Easter dress or lovely evening wear, Betty's has the selection you'll enjoy. The wonderful Spring colors and motifs are a lift to the spirit!

Betty's of Barrington is located on Cook Street in downtown Bar-



#### The Wonder Of A Wilderness Encounter

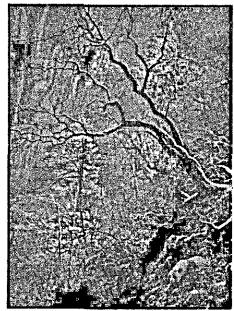
Experience a grandeur that few will ever see—a rugged terrain of secluded waterfalls and towering bamboo-the reserve of the giant panda. It's the central focus of artist Robert Bateman's newest release, Giant Panda in the Wild, now on display at Woodland Art Gallery.

"The old growth forests are absolutely essential to the way of life of the panda. This painting is symbolic in thát it is the habitat, not the panda, which is the central focus, for only by preserving the habitat have we any chance of preserving the panda," says Bateman.

Sold as a set which includes the limited edition print and an original lithograph of a panda detail enhanced with hand coloring, Giant Panda in the Wild is an outstanding work by today's most respected wildlife artist. Reserve your set today.

Also at the gallery, artist Carl Brenders continues his annual tribute to Earth Day. In commemoration of the 25th anniversary of the event, Brenders has released his delightful study of a saw whet owl and brood of five entitled The Family Tree. Very collectable. Very Brenders.

Woodland Art Gallery and Frame Shoppe features the largest collection of limited edition prints in the suburbs. Some of the artists you'll find include Dean Morrissey, Terry Redlin, John Seerey-Lester, Bev Doolittle, Arleta Pech, Peter Ellenshaw, Bradley J. Parrish, Don Hatfield, Jim Daly and Terry Isaac, Owner and master framer Scott Teasdale is also the area's most respected and knowledgeable worth collecting.



'Giant Panda in the Wild' by Robert Bateman

source on the secondary market for locating sold out works. And, of course, custom matting and framing by Woodland Art Gallery assures the integrity of your art for years to come.

Woodland Art Gallery is located at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday-Friday 9-5, Saturday 9-3. Phone (815) 459-0460.

Visa and MasterCard are accepted and shipping is available anywhere.

Visit the gallery soon and discover the art



The Family Tree Carl Brenders

In commemoration of the 25th anniversary of Earth Day



708/381-7900

**WOODLAND ART GALLERY** and Frame Shoppe Est. 1980

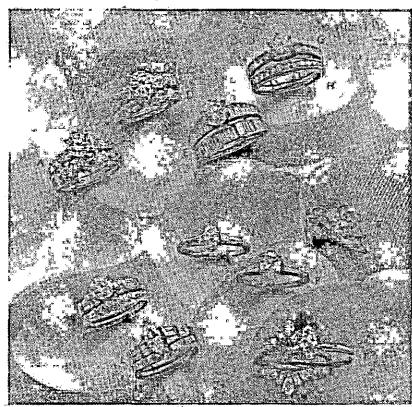
71-B East Woodstock Street, Downtown Crystal Lake

(815) 459-0460

Mon.-Fri. 9-5; Sat. 9-3

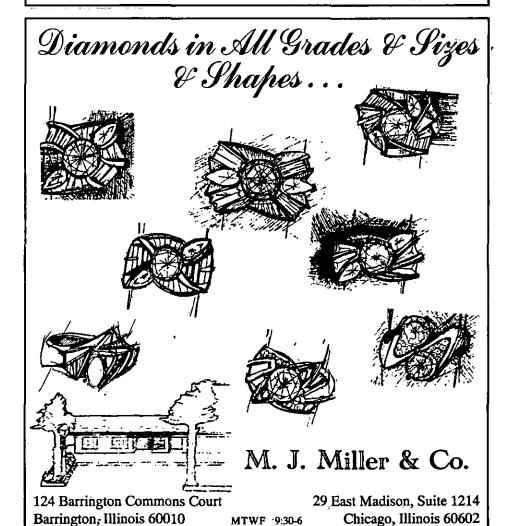
Visa and MasterCard Accepted • Shipping Available Anywhere

#### The Perfect Beginning For A Lifetime To Share . . .



Barrington's oldest and finest jewelry company-in business for over 26 years. We have a full service showroom, open to the public, in the Barrington Commons Center. Our fine craftsman and designers will be happy to create a custom jewelry piece for

M. J. Miller and Company is proud to be you. M. J. Miller and Company has the area's largest inventory of finished jewelry, estate jewelry, loose diamonds, and colored stones. We do appraisals and repairs on premises; same day service is available. We have the finest jewelry at the best price.



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### AT THE BARRINGTON **ICE HOUSE**

#### **Entertainment Made Easy**

spring entertaining! Traditionally we gather together with friends and family to celebrate the Earth's rebirth. At Gourmet Faire, we want to make entertaining easy. Just added are beautiful placemats, napkins, and napkin rings! Imported Italian glassware has arrived, too, featuring wine glasses, beer mugs, and everyday beverage glasses. And, of course, we have Easter goodies galore!

For the ultimate dessert or perfect hostess gift, nothing beats Joseph Schmidt truffles. Pastel truffles are colored like speckled chocolate eggs. These candies are fancy enough to set at each place setting for Easter dinner! Stop by to pick up our chocolate "poppers"—delightful chocolate pieces rolled into shiny foil tubes will make an eye-catching "edible" centerpiece! And 'tary. Stop in today!

The month of April begins the season of don't forget chocolate bunnies, chocolate eggs, and chocolate ducks that make great additions to your Easter baskets!

> New to our housewares selections are the Pizza Pan Gift Pack and accessories from Sassafras. The gift pack combines a deep dish pizza pan, two delicious crust mixes, pizza seasonings, pan grabber, and recipe book-all for \$29.95! Also available are pizza cutters and spatulas. All make great shower and housewarming gifts.

> Gourmet Faire features gourmet coffees, specialty foods, glassware, linens, and accessories perfect for entertaining and gift giving. Easter baskets are available as Gifts to Go" for hurried shoppers or we can customize a basket just for you while you wait. Gift wrap is always complimen-

#### Easter Baskets Sure To Pamper

ries selected from Barrington Bath Shoppe's extensive selection of fine toiletries and home fragrances. Easter baskets are prepared while you wait and our staff is always ready with suggestions! Remember, our gift baskets are guaranteed low-calorie!

Barrington Bath Shoppe specializes in bath luxuries from Crabtree & Evelyn, Scarborough, The Thymes Ltd., Terranova (Rain), and Caswell-Massey. We have over fifty different fragrances to choose from to delight your senses! Bath gels, soaps, lotions, powders, and colognes are sure to please.

This month we welcome Essentiel Elements to our family of fragrances. A true aromatherapy line, Essentiel Elements uses pure essential oils to produce changes in skin condition, relaxation, and stimulation. or call today!

This Easter, pamper your loved one in luxu- Choose from gels, lotions, and bath salts that feature the essential oils of lavender, rosemary, ylang ylang, neuroli, and more. Trial sizes are available, so choose several and experiment!

> Spring home fragrances from Claire Burke are now available including Caribbean Fruit, The Sea, Country Sunflowers, and Vanilla Orchids. Come enjoy these enchanting smells and bring a bit of spring indoors

> For all your gift needs for Easter, Mother's Day, birthdays, or any occasion, Barrington Bath Shoppe will happily wrap your gift while you wait. We also accept phone orders, so when you run out of your favorite products, or need to send a gift fast, just phone in your order. We ship UPS! For friendly, prompt service, stop by

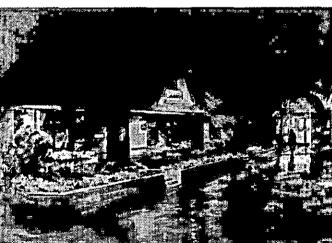
#### Breakfast With The Easter Bunny

Chessie's Restaurant is planning a very special event in April, "Breakfast With The Easter Bunny." You won't want to miss this fun event to be held Saturday, April 15th. There will be two seatings; 8 AM and 9:30 AM. Reservations are required by calling 382-5020. A buffet breakfast will be offered. Prices: \$6.25 adults, \$2.95

children. Call early so you won't be disappointed.

Now that Spring is in the air, it's the perfect time to dine at Chessie's. The ambiance is perfect whether you are seated in the skylit atrium overlooking the village shops, the vintage railroad car or the old Barrington train station grill room.

From their extensive menu you'll enjoy a varied selection from fresh fish, prime rib, lage Shops, next to the new Jewel.



pasta primavera to chicken teriyaki. For the lighter appetites, large salads, sandwiches and pasta are always available.

Remember, ladies, every Wednesday and Friday afternoons between noon and 1:30 p.m., fashion shows are held featuring the latest trends in Spring styles-from the Ice House Village Shops.

Located at the Barrington Ice House Vil-

## AT THE BARRINGTON **ICE HOUSE**

#### April Events At The Ice House

and Restaurant is celebrating the re-opening of the Jewel/Osco! Just bring in your Barrington Jewel/Osco receipt between April 17-30 and receive same day 20% discounts on regular priced items at our shops. Some of our shops are even offering discounts storewide! For details contact any one of our stores or call (708) 381-6661.

STREET STEED STEED

as

You will want to mark your calendar for April 15. Chessie's Restaurant is hosting "Breakfast with the Easter Bunny". There will be 8:00 and 9:30 seatings for this buffet breakfast. Prices are \$2.95 for children

The Barrington Ice House Village Shops and \$6.25 for adults. Reservations are required and can be made by calling Chessie's at 382-5020. If you miss the breakfast, be sure to bring the kids to the Ice House before noon as the Easter Bunny will be passing out "goodies" to everyone who comes to visit him at the Ice House.

Our 18 boutique shops, located in this historic mall, offer friendly and personalized service. At the Ice House you will find a wide selection of items including men's, women's and children's apparel, accessories and jewelry, art, stationery, and shoes,

(Please continue on page 46)

#### A Message From Sundance

Beautiful jackets and blazers by designers, Canvasbacks, Lynn Murray, and Mary Flanigan are always a great addition to your wardrobe. They always play off of natural, black and white with exciting detail. They will be perfect for Easter as well as many occasions.

New casual coordinates have arrived made of raw silk, cotton, and linen-rayon in soft pastels and brights.

Exciting new watches have arrived along with exciting new jewelry lines.

New furniture in metal and wood have arrived which look dynamite! And for your buckaroos young and old, visit our westem rooms for the latest in accessories and furniture. All these terrific artisans custom build to suit your needs.

New department—floral arrangements custom made for all decor. You must see be said for patience. In time, even an egg these new corn husk flowers in all sizes, shades and colors. Great in a vase or de- ter Another. signed in arrangements.

Quote for the month: "There is a lot to

will walk." From Just One Fool Thing Af-

Nanci Horton Sundance

pring is arriving and it's time to clean off the golf clubs, to sign up for the league, and to visit Peter Daniel to spruce up your golf wardrobe for the season. This year Beth has selected sporty designs that will look sharp on the course and in the club. Select entire outfits coordinating shorts /skirts/slacks with tops and jackets. That way you'll be prepared for whatever unpredictable spring weather appears while on the course.

This year's collection includes crisp cotton chambray in cheery pastels (soft blue, pink and white solids) as well as blue-and-white stripes. The short and jacket coordinates (not shown) will breath in the heat of the sun and allow you the freedom for a full swing.

Shown here is a colorful golf skirt in postage stamp print on navy background. The European appliques in this collection echo Europe's most famous vacation and golf destinations. Coordinates in white, red, navy and khaki are accented with gold lurex ac-

No matter what your selection, your best choice for golf fashions is Peter Daniel in the Barrington Ice House.



#### Barrington <u> [CE HÕUSF</u>

village shops & restaurant



Historic Enclosed Mall • 18 Unique Diverse Shops Personalized Service Plenty of Parking Convenient Downtown Location

#### VISIT THE EASTER BUNNY! 20% OFF IN CELEBRATION

Breakfast at Chessie's, 8:00/9:30 Reservations Required; And in The Mail 'til Noon Saturday, April 15

**OF JEWEL'S RE-OPENING!** Bring in your Barrington Jewel/Osco receipt for same day discounts • April 17-30

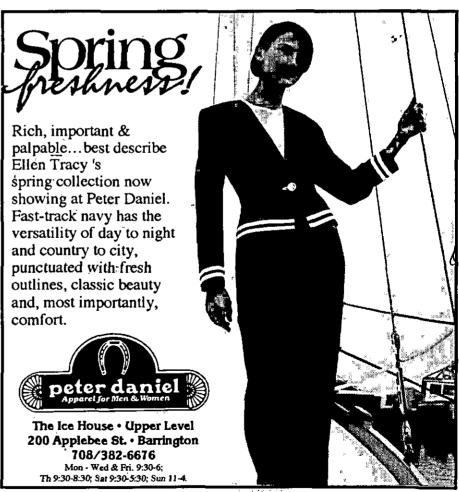
e accompanying editorial for details

Mon. - Sat. 9:30-5:30

Thurs. 9:30-8:30; Sun. 12:00-4:00

708-381-6661 200 Applebee Street





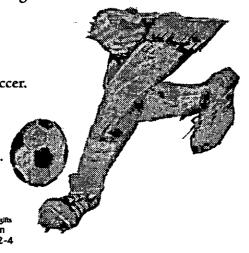


A T-Shirt doesn't have to be boring. Or have a stupid saying.

It can be bright. Bold. Fun to wear. Even comfortable. Golf, cycling, hockey, tennis, soccer. Or flowers. Fish, elephants. For the coach, the kids or you.

For gift that people remember...

a unique collection of artisan jewelry, wearable art 8. Imaginative gifts 724 W. Northwest Hwy., The Foundry, Barrington Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4





### The Round Crib

This Unique Patented Design:

- ☆ Meets all CPSC Safety Standards
- ☆ Finishes Match Most Popular Lines of Children's Furniture
- ☆ Has Double Drop Sides



#### Kids Country Furnishings

Grandmother's Delight • (815) 477-0368 Corner of Oak St. & Rt. 176, Crystal Lake, IL Mon.-Fri. 10-5:30, Sat. 10-5, Thu. 'til 8, Closed Sunday



#### Celebrate Spring! Celebrate

**Sports** Earth Day **Easter** 

Humor Hank Aaron Dummies

Gardening Honesty

40,000 Books & Magazines to Fill your Easter Baskets

JORDAN TEMPLE BOOK CENTER

Crystal Court • (Next to Cub Foods & Wal-Mart) • 5613 Northwest Hwy. • Crystal Lake (815) 477-0985 • Open Daily 9-9, Sunday 10-8

Deadline for May Issue is Thursday, April 13

Please send your press release/ advertising materials to:

> **Editor Lifestyles Magazines** P.O. Box 293 Crystal Lake, IL 60039-0293 or call: (815) 459-4820

#### Anything But Boring . . . At G. Whiz!

are anything but boring! From the West Coast, sports designs that are bright, bold and dramatic. From the South, floral shirts packed in a pot or a birthday flower shirt celebrating the flower of the month. For the animal lover, our front and back animal prints are a knock out. The front of the shirt shows the front and the back the tails! We have horses, pandas, cats, dogs, giraffes, elephants, pigs and more. T-shirts for the cat lover, coffee enthusiast, cook, golfer and help celebrate the summer! A great selection of shirts perfect for gift giving.

With Easter just around the corner, we have spectacular bunny boxes for those hard to buy for kids over seven. Each box is filled with 10 unusual items and priced under \$25.00. Add some Jelly Belly's or

Our new spring and summer T-Shirt designs Bunny Corn and your holiday is complete.

Need a hostess gift—wonderful ideas for Easter include a white-washed pot covered with hand calligraphed sayings and filled with notecards: Or how about Pasta for Two-pasta, oil and sauce in a great package. Better yet, flavored vinegars filled with vegetables and spices and refillable! Now you can actually use that gorgeous bottle of vinegar, then refill it with your own vin-

Lots of new jewelry is arriving daily. Toe gardener. Plus a nice selection of prints to rings (yes, they're back), worry bead rings, and sterling bubble wand necklaces. We've had so much fun finding new artists, we know you'll have fun looking!

Don't forget our spectacular Open House, April 28th, 29th and 30th. Sales, demonstrations and artists on site.

#### Now That Spring Has Arrived

Now that the weather has turned to Spring, you'll want to visit Kid's Country Furnishings in Crystal Lake. Adorable clothing in wonderful bright colors is arriving daily in the brands you love...Donna Capozzi, Zoodles, Lyka Wear, Pasty Aiken, Monster Wear, Sweet Potatoes, Blue 4 Kid and others.

Also, don't miss the stroller sale in progress...while supplies last.

Have you seen the Round Crib? That's right, "round" crib. Very unique, this patented design comes in finishes that match most popular lines of children's furniture and meets all the safety standards. New at Kid's Country Furnishings.

If it is the unique and beautiful you want in children's clothing, decorating and furniture visit Kids Country Furnishings on Route 176 and Oak Street in Crystal Lake.



#### Jordan Temple

Spring ushers in excitement and anticipation for us all. Daydreams of Little League and soccer fill the hearts of our children. Jordan Temple Book Center offers a series of children's books perfect for kids who put the bases and goal nets out in the yard even before the last snow melts. Author Matt Christopher has written over 30 sports books for 5-12 year olds. They are delightful tales of soccer, baseball, football and basketball. This spring let your young sports fan fill out a coupon, available at Jordan Temple Book Center, telling which is his favorite Matt Christopher book and why. One lucky customer will win an official baseball autographed by author Matt Christopher.

Gardeners were blessed with an early spring. "Several days of warm weather allowed me to clean out my beds," says Elizabeth Temple. Wildflowers and herb gardens are very popular styles and tastes have shifted toward natural bed designs utilizing plants found in English cottage gardens. Browse through the beautiful books on wildflowers, herbs and old fashioned plants

that are having a resurgence in popularity.

Finally, April is National Awareness Month for many diverse groups: National Stress Month, Keep America Beautiful Month, National Humor Month, and National Garden Month. There are April days to commemorate International Children's books, Earth Day, National Honesty Day and even Hank Aaron Home Run Record Day. Books on any one of these topics could fill the Easter baskets of friends too old for chocolate bunnies!

Not to be left out, Jordan Temple Book Center has proclaimed April to be Dummies Month. "Dummies" is a series of bestselling computer books for beginners and intermediates, laughs Elizabeth Jordan Temple. Easy to read and follow, there are over 75 Dummies books illuminating specific computer programs and applications. All Dummies books are on sale for 15% off throughout April

So come and celebrate...just about everything this month at Jordan Temple Book Center in Crystal Lake.

#### Barrington Newcomers Club Coffee

and speaker, Carmen Schmidt, Interior Designer, will talk about the new color trends of what's "hot" and what's not and the world of paint and finishes. This coffee will

On Wednesday April 12, 9:30 a.m., our host take place in her own home. For more information please call Laura, Miller at 304-5852 or Barbara Brinkman at 382-9362. Hope to see you there!

#### Chamber Members Host "A Jewel Of -A Celebration" Scheduled For April 22

Barrington's new Jewel-Osco, the Retail Committee of the Barrington Area Chamber of Commerce is planning its spring open house in 85 participating stores to feature "the many jewels of Barrington...our retail member." The new Jewel-Osco is scheduled to open just before Easter. The promotion will be held the following weekend, April 22-23. Barrington shoppers visiting participating Chamber stores that weekend will have the opportunity to win

In conjunction with the opening of 6 precious jewels, 41 carats in all (courtesy Harris Bank Barrington) and \$450 in gift certificates donated by the new Jewel store. We look forward to the return of Barrington's Jewel! The chamber congratulates John Heinz of Barrington's Public Works Department for his leadership in coordinating the village's responsibilities during the construction and Gary Hine's for acting as the Chamber's business liaison on the

#### "Hole-In-One" Golf Bonanza

Hev Golfers! Win a 1995 Buick Riviera and other fabulous prizes in a "Hole-in-One" Bonanza at Barrington American Legion Post 158 Sixth Annual Golf Outing on May 22 at Cary Country Club. The automobile, valued at more than \$30,000, will be awarded for a hole-in-one on the 167yard twelfth hole. A hole-in-one at other locations on the course will also win valuable awards. Two Continental airline tickets to any destination in the continental USA will be given for an ace on the 179-yard fourteenth hole. At the 167-yard fourth hole, a perfect tee shot will win a complete set of Voyager portable golf clubs. A 138-yard ace into the sixth hole earns a four-day and three-night golf vacation for two at Sandestin Beach Hilton Resort in Destin, Florida. Recently, these outstanding prize package arrangements were generously donated to Post 158 by Larry Marquardt, of Marquardt Buick, 1421 S. Barrington Rd.,

Each year, the popularity of the Post 158 Golf Outing has grown significantly and now, with the addition of these fabulous prizes, another sell-out crowd is anticipated. A few spaces remain and are available for a \$100 donation. Included are green fees, golf cart, refreshments, and evening banquet. Best Ball Scramble Golf will begin with a shot gun start at 12:30 p.m. Non-

golfers are invited to attend the afternoon activities and banquet for a \$50 donation. To avoid missing out on this challenging opportunity, place reservations as soon as possible with Ray Tourville at 381-4142 or Bob Traver at 382-3471.

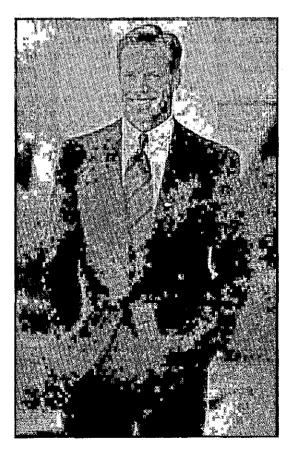
Proceeds from the event will benefit Barrington's 1995 American Legion Baseball team under the direction of Coach Kirby Smith. The team, comprised of outstanding area high school and college players, will play a 55-game schedule during June, July and August. The public is invited to attend home games at Barrington High School Varsity Field.

The Barrington High School Field will be the site of two special events this summer. The Third Annual Barrington Classic Tounament on June 23, 24 and 25 will feature the Olympic Baseball Team from Russia along with host Barrington and four outstanding Legion Baseball Teams from neighboring states. August 10, 11 and 12 are the dates for the Illinois American Legion Tounament where Barrington and five other teams will vie for the state title.

Baseball fans recognize the Barrington Legion program as the best in the area. A measure of future success will be attributed to the continuation of funding from Post 158 and its golfing friends.

very businessman knows the importance of image. Hart Schaffner & Marx's Corporate Collection leaves nothing to chance. Executive dressing at its finest: classic, sophisticated, always appropriate. Visit our store today and discover fashion "For The Quality Of Your Life."

Chuck Hines is located on Main Street in downtown Barrington. Fine clothing for men, women and boys.



# A Jewel of a Celebration!

The 85 members of the Barrington Area Chamber of Commerce Retail Committee are celebrating the reopening of our new Jewel/Osco, Stop in at participating stores during our Spring Open House weekend, April 22 & 23 and register to win:

#### 6 magnificent jewels

over 41 karats in all (certificates of appraisal included) on display at & courtesy of Harris Bank

and

\$450 in Jewel/Osco gift certificates

Register During Spring Open House April 22 & 23

Sponsored by **Barrington Area Chamber of Commerce** Retail Committee



#### 5th Annual "Cute Kid" Photo Contest



Now in progress! April 1-May 15th

382-8484

**PHOTOGRAPHY** 

Special Occasión : Bridal

#### Spectacular Selections for Spring

1st Communion, 8th Grade Graduation, Prom.

Evening & Blacktie, Bridal, Bridesmaids & Mothers of the Wedding, Preteen, Junior, Missy, Womens to 24

708-381-5858

236 West Northwest Hwu. Barrington

Bridal By Appointment

Mon.-Thurs. 10-8 Fri. & Sat. 10-5 Sundays, April 9, 22 & 30,



#### Why Do Smart Kids Struggle? · Weak Basic Skills · Lack of Confidence



Frustration No Motivation with School

Your child may be smarter than his or her grades show. Our certified teachers help children of all ages overcome frustration and failure, and realize their potential. A few hours a week can help your child improve weak study skills and gain the Educational Edge. Our testing pinpoints problems and we tutor in reading, phonics, study skills, math and SAT/ACT prep to help students in all grades do better in school.

Call us and let us help your child.

382-3655 722 W. Northwest Hwy.

**Barrington** 

ACT/SAT Prep Course **Available** 

459-5939

₹ 135 N. Arlington Hts. Rd. **Buffalo Grove** 

THE HUNTINGTON LEARNING CENTER®

#### Making The Most Of Your Parent/Teacher Conference

opportunity for parents to get involved in their children's education. In addition to the grades on a child's report card, meeting with the child's teacher can give you a rein school.

According to Dr. Raymond Huntington, founder and president of Huntington Learning Centers, "Meeting with your child's teacher can give you objective insight to his or her academic, social and emotional development. You learn about a side of your child that you may not see at home every day."

Parent/teacher conferences are a valuable questions as a guideline for parents to get the most out of their parent/teacher confer-

1. How is my child's classroom behavior? Listening and following directions, focusalistic measure of his or her performance ing attention on the task at hand, completing assignments on time, putting forth their best effort and working with others are important skills that children should be learning in the classroom each day. In addition, ask about how your child gets along with other children. Is your child easily distracted? Does he or she cooperate with others? Can he or she work well independently? By asking these questions, parents Dr. Huntington suggests the following can learn more about-their child's attitude 1995 Photo Contest . . . Better Than Ever!

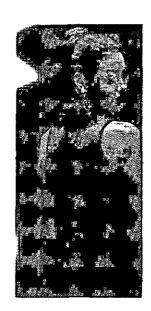
April 1st - May 15th Award-Winning Photography 3 Age Categories... 2-12 Yrs. Old More Prizes This Year

We Take Our Time... No Rushing You In and Out Photos Judged by Shirley Hamilton Agency New Props and Backgrounds No High Pressure Sales FREE Pre-portrait Consultation Black and White or Color One Fee of \$85 includes Consultation, Session and One Complimentary Photograph **Guaranteed Satisfaction** Limited Reservations! Call Now, 382-8484.

#### A'L'Amour Presents Prom 1995 . . .

Are you searching for the hottest looks for prom? A'L'Amour has a fabulous selection of beautiful dresses for that very special night—the latest designs from Alyce, Nadine, Flirtations, Jessica McClintock, Roberta and more. A'L'Amour has wonderful styles—soft and romantic, short and glittery, long and elegant-also the hottest designs in evening pants, slinkys, slip dresses, and ball gowns-something for everyone with an added plus. A'L'Amour's dress registry assures that only one of a kind will be sold to your school.

A'L'Amour has the "special dress" for every special occasion in a woman's life. Let A'L'Amour dress your dreams.



#### Welcome Wagon Coffee

will meet for coffee on Thursday, April 27, Holly at 836-5006 for directions. Baby sit-1995, 9:30 AM, at a member's home. "An ting is available. Overview of Stained Glass" will be pre-

The Welcome Wagon Club of Barrington sented by Maria Stulpenfuss. Please call

toward school, as well as their academic a minimum of two months should be able

2. As a parent, is there anything I can tell you about my child that may help you be more successful as a teacher? Nobody knows your child like you do. Wise teachers understand this and seek to tap your wealth of information. Family tension, financial concerns, health issues or marital problems directly impact a child's ability to concentrate in school. When parents share this information, teachers are often able to take measures that can reduce stress for the student. Creating a partnership between school and home is a responsibility that both teachers and parents share.

3. In what academic areas do you see my child progressing and are there areas where a lack of progress has you concerned? The key to this question, and to the value of the conference, is the word "progress." We know that every child develops at a different rate. Whether a child is "above grade level" or "below grade level," the amount of progress the child is making is the most important information parents need to have. The lack of progress is a red flag that cannot and should not be ignored. A child who is not progressing is a child who is falling behind. How does your child handle new material? Do they catch on easily or do they require more explanation and attention? A teacher who has taught your child to talk knowledgeably about student

4. Do you have samples of work that reflects my child's progress? Many teachers are beginning to collect and use portfolios of student work to assist in the evaluation process. The portfolios can be particularly helpful to see where a child is struggling and to measure a child's progress during the course of the school year.

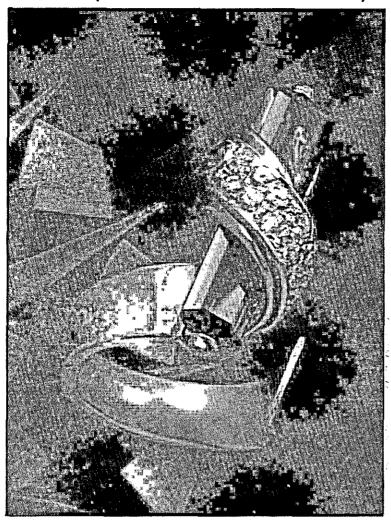
5. What specific recommendations do you have for me to help my child at home? With 25 other children in one classroom, even the best teacher is limited in their ability to provide individualized attention. Helping your child at home shows that you care enough to make their education a priority and are, involved in their schooling as well.

If your child is struggling in school, he or she may need more help than you can provide. A weakness in just one area can prevent a child from grasping new, more difficult material and keeping up with the rest of the class. At the Huntington Learning Center, individualized programs are designed to strengthen weak skills in reading, writing, math, and related areas.

For more information, or to discuss your particular situation, contact the Huntington Learning Center at (708) 382-3655 in Barrington or (708) 459-5939 in Buffalo Grove.

Page 10 Barrington-LIFESTYLES - April, 1995

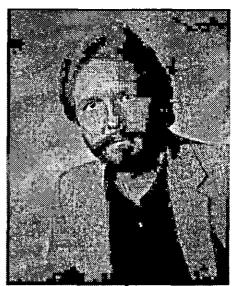
#### National Award Winning Jeweler James Phillips Joins Michals Jewelry



James Phillips, the standout model maker and jeweler, formerly with Wenzel's Jewelry for eleven years, joins our staff of professionals. James' exceptional and exclusive designs will now be available to our clients and friends. You may see him by appointment and have him draw and design the jewelry of your desire.

Former jeweler and manager Matthew Snell also is available for your jewelry designs and sales help. Specializing in diamonds and colored stones, Matt can help you select a special or unusual gemstone for your design. Engagement rings are a specialty with Michal's ranging from thesimple elegance of a solitaire setting to themagnificence of invisibly set diamondmountings.

So stop in any time and Ted, Ro or Raby will be able to help you in whatever jewelry needs you may have; anything from fine jewelry, watches and gold are their specialty.



James Phillips, to join staff at Michal's Jewelry





## MICHAL'S JEWELRY



We Are Opening Our Beautiful New Store **April 11, 1995** 

## 105 East Main Street

Southeast Corner of Hough Street and Main Street

## GRAND OPENING APRIL 22ND

Moving Sale Now In Progress • Most Items 50% OFF Retail

Financing Available

90 Days Same As Cash



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20 Years in the Northwest Suburbs

**Döwntown Barrington** 



Remember . . . Sunday, April 23rd Spring Open House



Lingerie, Leisurewear, Activewear, Mastectomy, Maternity Lingerie

BARRINGTON • 123 W. Main Street 708-382-2262 PALATINE • Regency Plaza • Quentin/Euclid • 708-358-2220



"The Best Gourmet Coffee House and Gift Shop in the Area."

**SPECIAL** "Sale of the Week" Items Up to 50% OFF · Items change weekly ·

## Spring Delights

We brew 5 different coffees daily and change them daily

- Gourmet Coffees (100 Varieties)
- Exotic Teas (9 Major Brands)
- Gourmet Soup Mixes
- Cookies/Candies
- Gourmet Seasonings
- Cards & Gift Wrap
- Everything for the coffee or tea lover

382-0777 S.E. Corner of Rt. 14 & Main **Barrington** 



#### The Time Has Come!

Barrington Area Earth Week April 17-22, celebrating the 25th anniversary of Earth Day. Earth Day celebration April 22, 1995.

The 25th Anniversary of Earth Day will be recognized the week of April 17-22 in the Barringotn area. Many activities are being planned by the community. These in-

Tuesday, April 18, 7:30 p.m. Workshop for Homeowners on Flint Creek, Sponsored by Citizens for Conservation, 211 N. Ela Rd. Presenters: Susan Vancil, Lake County Stormwater Management and Randy Stowe, Biotechnical Erosion Control, Ltd. Free, RSVP requested, 382-SAVE (7283).

Wednesday, April 19, 3:00 p.m., Bird Walk at Crabtree Nature Center.

Thursday, April 20, 9:00-11:00 a.m. Plant ter.

Rescue-Citizens for Conservation. Meet at The Foundry northwest of Barrington (Route 14 and Hart Rd.) to rescue plants from a construction site for transplanting to Flint Creek Savanna or Baker's Lake Savanna.

Thursday, 'April 20, 7:30-9:30 p.m.: Gardeners' Special—Gardening in the Shade. Sponsored by Council of Barrington Garden Clubs at Barrington Park District. Speaker: Marilyn Alaimo, lecturer, writer and award-winning landscape designer. Fee: \$10 (\$12 couple), Fair Share (Barrington Park District Residents/Members) \$8 (\$10 couple).

Friday, April 21, 12:00 noon "Nature at Noon" exploration at Crabtree Nature CenCelebrate Lingerie Week April 23rd-29th

Celebrate Lingerie Week with Frankly Feminine April 23rd through April 29th. We will have exciting festivities every day-events and promotions of new spring merchandise. Drawings will be held for fabulous gifts, fit clinics and gift-with-purchase promotions.

You will also enjoy 20% off all merchandise during Lingerie Week and Spring Open House, Sunday, April 23rd.

Frankly Feminine is located on Main Street in downtown Barrington and in the Regency Plaza on Euclid Avenue in Pa-

Call 382-2262 in Barrington or 358-2220 in Palatine for more details.



The Spirit of a Woman

#### Special Coffees For Every Taste

Nothing beats a great cup of coffee but each dered flavors to add to your cup or to the of us has a different idea of what "great" is. Caffe Espresso brews fresh coffee every day-five different varieties including at least one decaffeinated coffee-something to please every taste. And, the varieties change daily.

Caffe Espresso stocks over 100 varieties of coffee including seven varieties of organically grown coffee. Twenty five varieties of decaffeinated coffee are soldsome straight varieties, some blends and some with flavors added. Pick up your favorite fresh ground beans today. If you prefer tea, choose from nine brand names, gournet teas from all over the world.

grounds before brewing. Liquid flavors are also available for coffee, tea or for cold drinks.

You can find all of your coffee and tea needs at Caffe Espresso. You'll find replacement parts—filters, baskets, lids, aerators and carafes, for your Braun, Melitta or Krups coffee makers. Or choose a vacuum bottle by Thermos, Tiger or Coffee at a Touch-many different sizes, shapes and colors.

This beautiful coffee house is located on the southeast corner of Route 14 and Main Street in Barrington. Come in soon -- enjoy a great cup of coffee, espresso or If you'd like to create your own flavor, cappuccino—and see all the wonderful Caffe Espresso sells Coffee Accents, pow-things Caffee Espresso offers.

#### Applause—New Look

Come in and see what we have done at into shape. Perms and colors along with Applause. You will be pleasantly surprised! As an incentive we will be offering a 10% discount on all in-stock hair and facial products during the month of April.

If you bring in this ad and you are a firsttime customer, we will give you 10% off any one service on a Hair Cut, Blow Dry, Hair Set or Manicure. Come visit us soon!

Our facials and massages are customized to what you really need to get yourself back

foils are our specialty. We do artificial nails, pedicures and manicures too.

The retail lines of products we carry are: Matrix, Essentials, Vavoom, Biolage, Paul Mitchell, Logics and Helma B. skin prod-

Gift certificates are always available. We are a complete service salon and open 7 days a week.

Have a Happy Spring and Easter!

#### New Member

Barrington Woman's Club would like to welcome the following new member: Joann Rickel.

Saturday, April 22—Celebration. 8:30- W. Brookside Ridge Subdivision, entrance 10:30 a.m. Bird Watch and Wildflower Walk at Baker's Lake Savanna. Meet at parking area on Highland Ave. south of Hillside Ave. 9:00-11:00 a.m. Plant Rescue (see Thursday Plant Rescue). 10:30-1:30 Expo at Barrington Middle School-Prairie Campus, Commons Area. Interactive displays and exhibits, hands-on activities, food. Exhibits include: Schools, environmental organizations and businesses. 1:30 GAIA Family Theater Presentation: "Use It Again", BMS-Prairie Commons. 2:45 and prairie. Meet at Flint Creek Savanna, tion 382-SAVE (7283).

west of Harbor Rd. south of Route 22.

Special Barrington Earth Day T-shirts available for sale at Park Districts, Barrington Middle Schools, Barrington Village Hall, Chuck Hines, Citizens for Conservation and at the Expo. Sponsors: Barrington Park District, South Barrington Park Dist trict, Citizens for Conservation, Community Unit School District 220, Village of Barrington. Corporate sponsor: BFI-Browning Ferris Industries of Illinois Inc. Service Club Sponsor: Barrington Breakfast Rotary p.m. Flint Creek Tour-filter marsh, creek Club. Information: Citizens for Conserva-

#### Fill Your Easter Basket With Goodies From Little Shop Of Papers

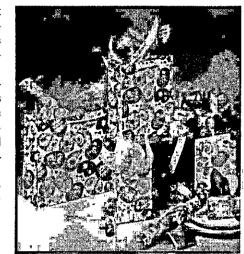
Easter splendor is reflected with these gift bags, wrap, cards, napkins and tissue, beautifully capturing the festive elegance of the holiday with vibrant colors and shimmering touches of gold.

To fill these gift bags (or maybe an Easter basket) visit the Little Shop of Papers located in the Foundry of Barrington. See the unique candy creations shaped like bunnies and chicks formed of gum drops and gum balls sitting on marshmallow cloudsalmost too cute to eat!

Be sure to include American Bear miniature bunnies, chicks and swans, not only adorable but washable!

A lovely touch and addition to your Easter bag or basket would be a folio of decorated notes, handmade journals or stationery for those non-believers in the Easter Bunny.

Hop to it! It's all at the Little Shop of Papers.



#### Seeing In Black & White

Black & White portraiture has a timeless, artistic, and unique quality about it that stays in vogue for a lifetime.

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Through the use of light and shadow, tonality and contrast, Portraits by Thomas can create an image for you or loved ones that will have you as excited to display it as it was for us to create it. So give us a call now to set up your black & white

"We appreciate the care and attention Tom gave to our family portrait, his work is outstanding!!"

—The Peterson Family



#### Join Us For "Travels Around The World"

by Eleanor Nelson & Sally Hayward

Great News! Travel House and Citibank of Wauconda have now joined together to form the Citi-Travelers V.I.P. Travel Club. All Citibank of Wauconda clients can be eligible to become an exclusive member of this fabulous travel club. Travel House has custom designed several exciting trips for Citi-Travelers.

Come and join us on Friday April 7, 3 p.m.-6 p.m. when Citibank and Travel House will be celebrating "Travels Around the World." The address is 475 W. Liberty Street in Wauconda. We will be explaining our plans for travel to San Francisco, Europe, Hawaii, and some small weekend getaways as well as other bank privileges.

Come and meet Robyn and Jill at the Citibank Open House and they will be delighted to speak with you and answer your questions regarding this new exciting Travel Club. If you cannot attend either of Wauconda at 526-8622 to obtain additional these events, please phone CitiBank of details.



#### Spring Fling For Seniors

The Barrington Junior Women's Club will activities. host a Spring Fling for seniors on Tuesday, Coffee and socializing begins at 11 A.M. and games with prizes to finish the day's ervations by May 2.

You may sign up at Good Shepherd May 9 at Langendorf Park in Barrington. Manor, at Langendorf Park (381-0687) or BACOA (381-5030). Don't miss this fabu-Lunch at noon. There will be entertainment lous day of fun, friends and festivities. Res-

#### Fill Your Easter Basket With Goodies from Little Shop of Papers



- **© Unique Candy Creations**
- **Miniaturé Bunnies, Chicks** & Swans
- ⊕ Folios of Colorful Notes, Journals or Stationery
- Use a "90's Easter Basket"a Gift Bag with Grass & Goodles

Little Shop of Papers, Ltd. 740 W. Northwest Hwy. 382-7733





**CUSTOM FRAMING SHOP** presents our . . .

**BLACK & WHITE** SPECIAL

381-7710

1. We'll photograph you or your group. • FREE (No sitting fee-a \$65 value.)

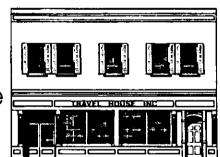
In-studio sessions only, to qualify. Bookings must be made before April 30th.

557 North Hough • Barrington

Gift Certificates Available

## Travel House, Inc.

Travel With Experience



**Quality** Service

## "First in Barrington for 25 years"

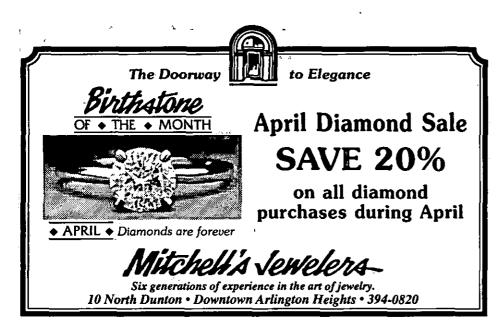
Air • Cruises • Hotels • Cars • Rail International Destinations • Adventure Travel Tours • Groups • Incentives • Meetings Free Delivery • Passport Photos Book With Us or Airlines and Pick-up Tickets Here

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133 PARK AVENUE/AT MAIN BARRINGTON 24 HOUR EMERGENCY SERVICE

HOURS MON.-FRI. 9:00-5:30 SAT. 9:00-2:00

Barrington LIFESTYLES - April, 1995 Page 13





#### Barrington Women Given Hard Hat Tour



Left to right, Mary Sigmond, Barrington, Northwest Community Gala Committee; Marilyn Ortinau, Barrington, Alexian Brothers Gala Committee; and Sharon Oliverio, Nordstrom Woodfield store manager.

In anticipation of the Nordstrom Woodfield cepts. Oliverio introduced guests to Alexian Brothers Medical Center and Northwest Community Hospital.

tour of the Woodfield store from store man- than \$200,000 for Alexian Brothers Mediager Sharon Oliverio. Guest's toured the cal Center's Interactive Senior Health Care new Nordstrom and previewed its unique Program and Northwest Community's Pefeatures and state-of-the-art design con- diatric Program.

opening gala, Nordstrom hosted a hard hat Nordstrom's "lifestyle" merchandising aptour for gala committee members from proach, decentralized buying team and special services.

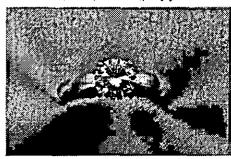
The Woodfield opening gala was held Committee members enjoyed a private Thursday, March 2,1995 and raised more

#### Page 14 Barrington LIFESTYLES - April, 1995

#### Know Your Diamond Before You Buy

Buying a diamond can be confusing with all the different grading systems out there. In fact it is probably one of the most blind items you will ever buy. When you buy a house, you can have an inspector report its condition. When you buy a car or some other product, you can check with consumer reports. But when it comes to buying a diamond, not many customers walk around with a gemologist in their back

So when buying a diamond, you need to know more than just the four C's: Carat, Color, Clarity, and Cut-you need to know what these words mean. I've always said that there is a fifth "C" and that is CONFIDENCE! If you don't have confidence in the jeweler, then the other four C's don't mean a thing.



When you visit Mitchell's Jewelers we take the time to show you under a microscope, what to look for in a quality dia-

> Douglas A. Mitchell, Co-owner Recipient: GIA Diamond Grading Certificate

#### Easter Celebrations Begin At The Canterbury Shoppe

Easter ideas! Filled with irresistible bunnies (some even dressed in moire bubble suits & bridal gowns!) and basket stuffers, you're sure to find the perfect gift for everyone on your list! Set your Easter table with our beautiful porcelain serving pieces. These serving pieces are made to compliment your table. Used alone, or mixed and matched with other collections, they are sure to create a stunning presentation at your table! Select from the classic simplicity of white on white platters, candlesticks & teapots adorned with roses, lace, or bunnies to the vibrant garden colors of strawberries, roses and vines. Our Jenna Hawkins spring porcelain serving platters include her new watercolor bunny designs and her brilliant sunflower bowls. Our spring floral collection will also provide a refreshing accent to your home; choose from gorgeous peonies, roses, foxgloves and wildflowers.

What's new at The Canterbury Shoppe? Our new lines of Bulova, minia-

The Canterbury Shoppe is bursting with ture brass clocks, and whimsical pendulum wall clocks are just perfect for adding a little accent in a room, or giving a gift that is both practical and delightful. Select from English floral designs to classic styles in woods & brass. Presents wrapped with a bow, hearts, golf balls, pianos, book volumes and grandfathers clocks are just a sampling of our beautiful miniature brass clock collection. You'll find Purple Cats, hearts, mermaids, space ships and frogs as some of the designs in our whimsical clock collection. Perfect as graduation gifts, or for those who delight in contemporary art!

> Don't forget, Secretary's Week is April 24th through 28th. Our gift basket service delivers to Chicago and all suburbs! Call for our specials!

> The Canterbury Shoppe is located one block south of Main Street, on Station Street between Rte. 59 and Cook St. Our hours Are Tuesday through Friday 10-5:30, Saturday & Sunday, 10-4. (We are closed Monday) Stop by or call (708) 304-9627, our staff will be delighted to serve you!

#### **Daylilies**

Club of Inverness, members will turn their attention to the subject of daylilies—those popular garden perennials with a rich and colorful history. The daylily has been culornament for over 2,500 years. Daylilies first came to Europe in the mid-sixteenth century. The lemon or yellow daylily presumably arrived first in Hungary via Mongolia, and the familiar tawny daylily was brought to Venice by Arabs and to Lisbon by Portuguese merchants. Both species took well to their adopted homes and quickly naturalized. By the nineteenth century, new species and hybrids were exported to the United States and Europe from China and Japan.

Today, daylilies are one of the most popular and varied perennials. As their name implies, individual flowers last only a day, but hybrids produce dozens of flowers on each stalk, extending the summer bloom

At the April 20th meeting of the Garden season for weeks. These summer garden favorites will be discussed in detail when the Garden Club of Inverness hosts a presentation by Michael Buckley on April 20,1995, at 9:30 a.m. at Holy Family tivated in China for food, medicine, and Church, 2515 West Palatine Road, Inverness. Mr. Buckley currently owns a small home nursery business specializing in perennials, daylilies and bearded iris. He has designed, constructed and still maintains his large country English flower garden. He holds a degree in ornamental horticulture from the University of Illinois and a certificate of garden design from the College of Garden Design in London, England.

The Garden Club of Inverness is a member of the Garden Clubs of Illinois, Inc. and the National Council of State Garden Clubs, Inc. All meetings are open to the public and guests are cordially invited to attend. For more information, please contact Membership Chair, Janet Sholiton (991-4861).



#### 1995 Infant Welfare Showcase House

Thorndale Manor is a gracious manor home with beautifully landscaped gardens on 20 acres in Lake Forest. Originally built in 1916 by renowned architect Howard Van Doren Shaw, with landscape design by Jens Jensen, the home still retains its original architectural details, both inside and out. The Ronald P. Boardman family has owned and lived at Thorndale Manor since 1937. Mr. Darius Miller, for whom the house was built, was president of the Chicago, Burlington & Quincy Railroad.

The Showcase House will be open to the public Saturday, April 29 through Sunday, May 21, 1995. Admission is \$15.00 at the door, or \$12.50 if tickets are purchased by April 24. The hours will be as follows:

Monday, Tuesday, Wednesday and Friday—10:00 a.m. to 3:00 p.m.

Thursday—10:00 a.m. to 7:30 p.m. Weekends—11:00 a.m. to 4:00 p.m. Proceeds benefit the Infant Welfare So-



ciety, a not-for-profit organization, which has provided medical, dental, educational and psychological services for children, and gynecological, social work and child care education to women since 1911.

Co-Chairing the 1995 Infant Welfare Showcase House are Mrs. Frank T. Westover and Mrs. Richard R. Davis. For information or tickets call: (708) 295-4706.

#### A New Name—A New Focus

Tibor Furs is now Shari's Furs & More. Although the name is new, the store's location is the same, Evergreen Shopping Center, Arlington Heights. Shari's Furs and More will continue to offer the same wonderful service and the same luxurious furs that their many customers have come to expect. But now there will be a new focus too. Shari's Furs & More will offer leathers, shearlings and recycled furs.

Spring is fur storage time! Your fur coat treated you well this past winter. Now is the time to return the favor. Proper storage and reconditioning will keep your fur coat looking its best. Shari's Furs & More provides cold vault storage, cleaning, repair and remodeling for each of your fur coats. Bring in your coat soon—it will be glad you did.

The end of the season is a good time to



choose a new fur for next year. And remember, when you buy a new fur coat at Shari's Furs and More, alterations, monogramming and first-year storage are included free.

#### Traveling . . . with Carlson Wagonlit Travel

Le Shuttle & High Speed Trains

The introductory rates on Le Shuttle, the trains that carry passengers and vehicles through the Channel Tunnel, are expiring, and the new rates are 50% higher or more. Effective April I, the one-way fare will range from \$167 to \$240, depending on season and departure time. Eurostar, on the other hand, is lowering fares for the high speed passenger trains, in what could be a burgeoning fare war with airlines and ferries. The high-speed rail network is expanding in Europe, according to Rail Europe, marketers of the famous Eurailpass. This vear, travel from Paris to Amsterdam will be reduced from six hours to fewer than five; in 1996, Brussels-to-Paris will take just 85 minutes, making air travel almost irrelevant. These improvements are part of a French-Belgian-Dutch-German high speed network called Thays, and will include high speed links between Antwerp and Amsterdam and from Brussels to Aachen.

ATMs Popping Up Everywhere

It's getting so easy to use Automatic Teller Machine (ATM) cards to get cash abroad that travelers checks may become a dying species. Between them, the two major ATM networks—Cirrus and Plus—now boast nearly 300,000 ATM locations worldwide. But don't look for them in Denmark, Finland, Switzerland or Ireland. Although ATM

transactions give you the best possible exchange rate, there is a fee: per usage charges run as high as \$5. If you're a frequent user of ATM services overseas, look for a bank that charges less: some charge the same rate as the U.S. To find an ATM near you, call Cirrus at 800 424-7787 or PLUS at 800 843-7587.

#### No Substitutions, Please

What happens if a tour operator substitutes a part of your package—say one hotel for another—or eliminates something entirely? Read the fine print of the brochure or contract. Most tour companies' contracts allow substitutions and changes, but they'll reimburse you if something promised isn't delivered with any alternative arrangements. If a lesser hotel is substituted, you should be eligible for a refund of the difference in value. It's a good idea to check how the tour company handles substitutions before you put any money down.

#### Kids Rule at Hotels

Children are becoming increasingly important customers at hotels nationwide. Country Inns and Suites by Carlson offers a "Kids' Stuff' program which includes a fun-filled amenities package and a special effort to treat children as special guests themselves rather than the children of guests. Each child gets a fun-filled activity book with word games, puzzles, and stick-

(Please continue on page 46)



The Lake Forest Chapter of The Infant Welfare Society of Chicago presents the



#### 1995 SHOWCASE HOUSE AND GARDEN WALK

The Ronald P. Boardman, Sr. Estate: Thorndale Manor built by Howard Van Doren Shaw gardens designed by Jens Jensen.

Admission: \$15.00 at the door; \$12.50 presale by April 24
Shuttle Bus Service to the House

Hours: Thursday 10 - 7:30; Other Weekdays 10 - 3; Weekends 11 - 4
For information or tickets call: (708) 295-4706

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## Recalling "The Streak"

Byron Nelson Recalls His 11 Straight Wins

Byron Nelson's streak was an astonishing feat of 11 victories in a row with a total of 18 victories for the season and a scoring average of 68.33. Those consecutive victories were won during WWII during the months of March through August of 1945. Byron said he rarely practiced before he played which is unheard of today. Byron used his winnings to purchase his 740-acre ranch in Roanoke, Texas, and at age 34 he retired. He resides there today with his wife, Peggy.

#### 1945: THE UNFORGETTABLE YEAR

#### 11 IN A ROW • 18 TOTAL **68.33 SCORING AVERAGE**

March 11 Miami International Fourball • Won

e four matches with Harold "Jug" McSpaden March 21 Charlotte Open • Tied Sam Snead at 272, 16-under, won playoff \*\*\*

March 25 Greater Greensboro Open • 271, 13-und

April 1 Durham Open • 276, 4 under, won by 5 April 8 Altania Open • 263, 13-under, won by 9

June 10. Montreal Open • 268, 20-under, won by 10. June 17 Philadelphia inquirer invitational : 269,

July 1 Chicago Victory National Open • 275,

13-under, wori by 7
July 15 PGA Championship Moraine CC, Dayton Defeated Sam Byrd 4&3, 37-under for 204 holes

July 30 Tam O'Shanter All American • 269 19-under, won by 11

August 4 Canadian Open - 280, even, won by

Also won Phoenix Open, Corpus Christi Open, New Orleans Open, Knoxville Invitational, Esmeralda Open Seattle Open and Glen Garden Invitation

Top Ten 30 times, including seven seconds and one third



A 50-year celebration of PGA Tour golf's greatest achievement by the incomparable Texas gentleman rancher, Lord Byron... winner of 11 in a row, 18 for the season with a 68.33 scoring average.

Historic Golf Classics offers a wide variety of golf prints and photographs, golf antiques and collectibles, and autographed memorabilia. Many of these items make very attractive gifts, prizes or awards and can be personalized through engravings, embossing or imprinting.

Historic Golf Classics also offers a fine line of WBH custom made clubs.

WHB custom club fitting and repair is offering a special on regripping of 10 clubs or more for \$3.50 per club.

Complete Spaulding Set Specials: Spaulding Stainless Steel Dots for Men-8 Irons / 3 Woods \$229.00. Spaulding Stainless Steel Lady Eagle—8 Irons / 3 Woods for \$229.00. Spaulding Oversized Driver 10.5 Graphite Shaft-\$69.95.

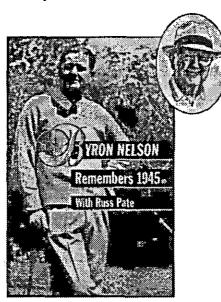
WHB also offers some private label-Seville (8 Irons / 3 Woods) for \$199.00. Private label complete sets are also available starting from \$199-\$500.

Once used King Cobra Complete Set, 11 Irons / 4 Woods—\$1000.00.

Historic Golf Classics provides custom

club fittings for both men and women as well as full service repair work.

A visit to our shop is indeed a pleasurable experience.



With a 57-minute live audio cassette of the great champion recalling the unforgettable year tournament by tournament!

#### COMMEMORATING THE STREAK

Fifty years later, much is being made of Byron Nelson's streak of 11 consecutive victories and 18 total victories in 1945:

■The \$10,000 Byron Nelson Eleven Straight Golf Tournament will be Sept. 7 8 at the Four Seasons Resort and Club. It is for teams from the sites at which Nelson won his 18 titles in 1945 and his major championships. Apro and three amateurs from each club will be represented.

■ Tiffany & Co. is designing a trophy for the Eleven Straight Tournament. The

winning team will receive a replica.

Cleveland Golf is selling a special 50th anniversary set of two copper wedges, with 56- and 60-degree lofts.

■ E. Magrath has a full line of Eleven Straight golf apparel.

■ Byron Nelson's Timeless Golf Lesson video has been produced by Dallas' Mickey Holden and is due out in April.

Artist Bart Forbes has done a watercolor portrait of Nelson. Limited-edition prints, posters and note cards are available.

■ Historic Golf Classics of Palatine, Ill. is producing a framed 28-by-34-inch commemorative package with headlines of Nelson's victories, plus uncirculated photos, a medallion and a 57-minute audio cassette of Nelson recounting his '45 season. 1-800-BYRON 45.

■ The GTE Byron Nelson Classic will display a card on each tee commemorating his 18 wins.

# Listoric Golf Cla Golf Art & Collectibles

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#### —Byron Nelson—

1945 Winner of 11 Consecutive Tournaments—18 Total for the Year

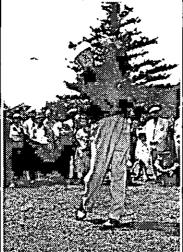


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- Photographs
- Collectibles
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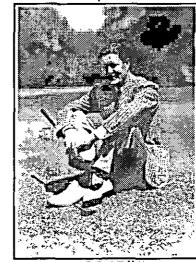
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1-800-BYRON-45 April Special - 25% OFF Framed Art

**Gift Certificates** Available

#### 2nd Annual Student Doll Show

Society's Child has just returned from the Annual American International Toy Fair and has exciting new collectible dolls for all ages.

Until recently, fine dolls by prestigious artists were often unattainable by the average collector. But in the past few years, a handful of companies devoted to increasing the accessibility of such pieces has sprung up and at Society's Child you'll find a little bit of heaven once you step through our doors.

The new 1995 storybook doll lines featuring Ashton Drake's "Little Women", Madame Alexander's new Alice & Wonderland along with the famous "Patsey Dolls" by Effanbee are all now available.

Society's Child has virtually made a fashion statement of what is happening with dollmakers of every description. That is why we work so hard to comb the globe for new dolls we know our customers will be interested in seeing. You may not like them all but you'll be the first to know what the trends are and who's doing what with whom. Like Special Occasions, a new series from Alexander Doll Company featuring six new 8-inch vinyl dolls that celebrate important dates from Happy Birthday and Tooth Fairy, to Mother's Day and First Communion and Easter Bonnets.

April 1st will kick off our 2nd Annual Student Doll Show. Please stop in and vote, seminars coming in June. for your favorites. All our wonderful gals



"Kallie" by Jane Zidjunas You can make this doll in our classes!

have been working hard on creating images of beauty for friends and family. You may join in on the fun by signing up today to create the heirloom you always wanted. Please call Society's Child at 381-9559 for class times. Teenagers welcome!

No other boutique can compare to Society's Child. Our shop is complete with designer doll clothes to fit the smallest doll, and of course we cater to the American Girl Collection. Watch for our new "Doll House" doll collection and our wonderful

Stop by today!

## Kumon Math And Reading: It's A Family Affair

Kumon Math and Reading Centers serve over 2,000,000 students worldwide. Students of all ages are provided with an individualized program that will develop their math and reading skills. Kumon develops the academic abilities of its students by instilling confidence, concentration, and the ability to calculate numbers without the use of a calculator or computer technology. Because of these ingredients for academic success, many Kumon students have math and reading skills beyond their grade level. Interestingly, Kumon is not only a program that can enhance the academic ability of any child. It also develops and supports family and community relationships.

Many families enjoy Kumon because it has developed their child's success in math. Parents are able to witness their child's progress as they work with them at home nightly. This commitment to Kumon has nurtured many family relationships. The parents' participation in their child's homework is an integral component in the success of the child in Kumon math and reading. Moreover, the time spent is also important in the development of the parentchild relationship.

Finally, Kumon develops community. If one were to enter any Kumon Center, they would find parents socializing with one an- YES-MATH.

Green Thumbs To Meet April 17

Nardo will be the program on Monday, April 17,1995 at the meeting of The Green Thumbs Garden Club which is being held in the Barrington Library Meeting Room at 12:30 pm. Kathy Nardo is a member of the National Herb Society and will be telling

by Petrina L. Jesz



other. Because "Kumon Families" are ethnically and racially diverse, families get to know each other on a personal and cultural level, with a common bond being the education of children. This great exposure to diverse groups, particularly within a specific area or neighborhood, assist to foster greater understanding and support within that community.

For more information, on Kumon locations in the Chicagoland area, enrollment, or operating a Kumon franchise, call the Kumon Educational Institute at 1-800-

"Herbs in the Garden" presented by Kathy us all we need to know about growing and using herbs. New members are welcome.

A Reminder that The Green Thumbs 5th Annual Perennial Plant Sale will be held on Saturday, May 20,1995 at 9 am at Langendorf Park.





## Happenings In The Area

#### DAR Topic To Be Water Conservation

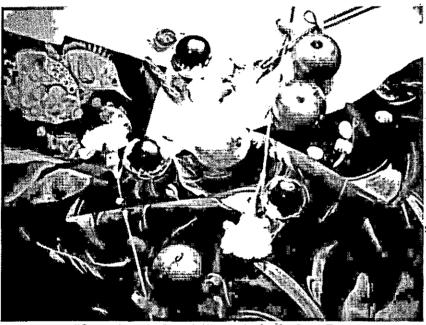
hold its regular April 11 meeting at 12:30pm at the Barrington Library meeting room "A".

The program "Water Conservation in the Barrington Area" will be given by chapter member Jeanette Muench of North Barrington. Jeanette received the DAR National Council of Garden Clubs on Environ- Fiedler (381-5531).

Signal Hill Chapter, National Society mental Studies, served in a committee of Daughters of the American Revolution, will five on the Long Range Plan for Management of the Grassy Lake Forest Preserve, was in charge as Committee Chairman of the Recycling Plan of Lake Barrington, and served on the Board of Barrington Citizens for Conservation.

Hostesses for this meeting include Helen Mellin, Mary Pettis, Marion Vowell, Anitz tional Award for Conservation, was in the Heron, and Grace Sharpe. For membership first class and a certified trainee for the Na- information, please contact Registrar Anne

#### "Arrangements" April Exhibit At BAAC Gallery



"Carnations And Apples" watercolor by Jane Frey

The Barrington Area Arts Council (BAAC) Riverwoods, adds his original hand-blown invites the public to a gallery opening and 'artists reception for the April exhibit on Friday, April 7 from 7 to 9 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington. The shows theme "Arrangements" exhibits the original artwork of three Illinois artists.

Jane Frey, Taylorville, and Joyce watercolors composed of collections of fa- April 7 - 29, 1995. miliar objects and fabrics which have been For more information, call the BAAC interestingly arranged. Peter Patterson, Gallery. (708) 382-5626.

glass fish and other shapes to complete the

The exhibit is underwritten by Norm and Pat Fein, and Jim and Annette Stormont of Lake Barrington Shores, and a grant from the Illinois Arts Council, a state agency.

The exhibit will be on view Tuesday Matteson, Decatur, paint colorful still life through Saturday, 10 a.m. to 4 p.m. from

#### And Be Sure To Wear A Hat!

day, April 19 at the Biltmore Country Club. Hospitality begins at 11:00 A.M., lunch 12 noon. The program gets underway at 1:00 Lady".

Alvina, who has appeared on the David Letterman Show, will be back, by request, with her myriad of hats. Be sure to wear a hat—new Easter bonnet, old, or created just

Mrs. Sellers has saved every hat she has their own special features. ever owned. She has also acquired them 'now consists of more than 5,000 hats. There reservation. And don't forget to wear a hat!

The Barrington Woman's Club General are big hats, small hats, hats with lots of Meeting and Program will be held Wednes- plumes; veiled hats, beaded hats, and hats that take up four bedrooms, the basement and the attic of her large home. Still others are on display throughout her home. The P.M. The topic "Hats and Happiness" will hats in her collection range from antique be presented by Alvina Sellers, "Iowa's Hat ones to zany, homemade ones. She even has ones to zany, homemade ones. She even has a hat, the oldest item in her collection, that was a 1820s mourning hat. Her hats come from 46 different countries.

Alvina tells hat history, recites poetry and quotes scripture. The underlying message is that people-like each of her hats-have

Please send checks for \$21.00 per perfrom friends (and strangers) and relatives son to Nancy Sandquist, 1638 Galloway, and frequents antique stores. Her collection Barrington by April 12. Your check is your

#### "Morning, Noon & Night" Fashion Show



Members (back row) Cynthia Miller, Kathleen Johnson, Maureen Yates, Jane Gibbons (front row) Anna Haller and Ann Pascoe invite you to "Morning, Noon & Night"

& Night." The event will be held Thursday, May 4th. Cocktails 11 a.m. Luncheon and cress Banquets on Northwest Hwy. in Pa- or Janet Cox at 934-1735.

١,

The Daughters of the British Empire invite latine. The donation is \$20. Fashions will you to their fashion show, "Morning, Noon be provided by A'L'Amour, Sundance and Betty's of Barrington. Proceeds benefit the British Home and Home of the Sparrow. show 11:30-2:30, to be held at the Water- For tickets call Maureen Yates at 381-3475

#### Art Associates April/May Plans

of the Art Institute of Chicago (the "Associates") for their annual Spring program on Japanese Woodblock Prints. George Schneider, Associate Director of the Museum Education Department-General Programs, will lecture on the method of printing with intricately carved designs on wood and the extensive collection at the Art Institute of Chicago (AIC). Among the artists represented are Jihei Sugimura and Ando Hiroshige, whose superbly composed works captured the serenity of the Japanese landscape. The program will be held on Thursday, April 20, 1995, at the Presbyterian Church of Barrington, 6 South Brinker Rd. at 1:30 p.m. Coffee will be available form 1:00 p.m. to 1:30 p.m. Members, guests and those interested in joining the 'Associates" are invited to attend.

Babysitting will be available; call Nancy Quintana at 708-382-6165.

The "Associates" have planned a special evening for May, 1995. A bus trip is planned to the Sara Lee Corporation for a wine reception and tour of its art collection on Thursday, May 11, 1995. The art works that will be viewed are from the collection of the late Nathan Cummings, who was the founder of the Sara Lee Corporation. The first painting that he purchased was by

Join the Barrington Community Associates Camille Pissarro (1830-1903). He continued to collect other works of the French Impressionists including Edgar Degas (1834-1917) and Pierre August Renoir (1841-1919). As Modern Art came upon the scene (emerged, flourished) he collected the works of Georges Braque (1882-1963), Henri Matisse (1869-1954) and Fernand Leger (1881-1955) among other favorites.

The bus will depart the Langendorf Park parking lot, Lions Drive, Barrington; at 3:30 p.m. and will depart from Chicago at 7:00 p.m. Since this tour will be limited to 45 people; people are encouraged to make their reservations early. Reservations will be made on a first-come-first-serve basis. Each member may bring one guest. Reservations must be made by May 4, 1995. For more information and/or to make a reservation, please contact Evelyn Richer at (708) 381-5349.

Membership in the Barrington Community Associates of the Art Institute of Chicago is open to men and women of the Northwest Chicago area. The annual dues is \$50.00 which includes a family membership to the Art Institute of Chicago. For more information, please call either Mary Lou Iverson at (708) 359-0941, or Norma Carey at (708) 381-2041.

#### Inverness Women's Club Fashion Show And Luncheon

The Women's Club of Inverness will hold boutique begins at 11:00 A.M. The lunits annual spring luncheon and fashion show beginning at 11:00 A.M. on Friday, April 7 at the Hyatt Regency Woodfield, 1800 E. Golf Road in Schaumburg.

"Making a Difference" is the theme for this year's show, with fashions provided by Saks Fifth Avenue, Oak Brook.

A cocktail hour and gift and accessory local philanthropies.

cheon begins at 12:30 and the fashion show at 1:30 P.M.

This years' committee chair is Leslie Luther-Jeschke with Karen Victor assisting.

Tickets are \$40.00 per person and are available by calling 991-3136. Proceeds from the event will directly benefit many

Page 18 Barrington LIFESTYLES - April, 1995



## Health, Beauty AND FITNESS

Special Lifestyles Section



#### The Invisible Benefits Of Exercise

The invisible benefits of exercise are even ration of the exercise program, the resting more significant than the cosmetic changes of longer, flatter denser muscles that shape the body and reduce subcutaneous and intramuscular fat stores.

Profound physiological changes occur in the body as early as four weeks into an aerobic exercise program. A long term "training effect" follows within about three

Oxygen is used more efficiently. While lung capacity is improved, on a microscopic level your cells are also more efficient in using oxygen. When you increase their strength and endurance, you increase your body's ability to take in, use and transport oxygen. Within the muscle cells, structures called mitochondria—used to supply energy-increase in both number and size. Cellular changes such as these throughout the body are the reason why an exercise program increases your overall energy. Many studies have shown that fit people move more readily and more frequently. than people who are not physically fit, and this increased expenditure of energy is mostly unrecognized by the individual.

The heart enlarges. As the body's most significant muscle, the heart receives the most important benefits of exercise. As does any muscle, the heart's muscle fibers increase in size and weight to adapt to the demand put on it. The vessel tree surrounding the heart enlarges, and the heart becomes a stronger and more efficient organ. More blood is pumped per stroke, which in turn lessens it workload during day-to-day activities.

The resting heart rate lowers. Because of the heart's larger size and better efficiency, it now needs to pump fewer strokes per minute. Depending on the intensity and du-son.

submitted by All Ways Healthy,

heart rate can be lowered by about five to fifteen beats per minute. A resting heart rate normally varies from between 60 and 100 beats per minute, depending on factors such as age, weight, height and of course, fitness.

The capillaries increase in number as the muscle fibers increase in size. The number of capillaries also increase which enhances the blood flow to the muscle. The delivery of oxygen is improved as is the removal of waste products such as carbon dioxide. With adequate blood going to such essential organs as the kidneys and liver during vigorous exercise, blood is more accessible and circulation is better controlled. Ordinarily strenuous exercise may deprive these organs of blood as circulation is focused toward the large muscles in your legs and arms. The increased number of capillaries may also lower your blood pressure because peripheral resistance decreases.

Blood volume increases. Both the amount of blood and the number of red blood cells increases when physically fit. A regular exercise program can increase five liters of blood to 51/4 or 51/2 liters. Note, however, that the number of red blood cells does not increase in proportion to the blood volume. A blood test could reveal a hemoglobin count, and a strenuous workout could lead a sedentary person to feel faint. This condition is called temporary anemia.

All in all, the body becomes a lean, fatburning engine. A fitness program increases the amount of fat-burning enzymes in the muscle cells. During exercise, a fit body can use the fatty acids in the blood more efficiently and readily. As the fatty acids are put to use, more fat is released. Therefore, the entire body system changes for a fit per-

#### **Barrington Infant Welfare** Plans Spring Luncheon

The Barrington Chapter of the Infant Welfare Society of Chicago will hold its annual Spring Fashion Show and Luncheon April 26,1995. This event will be highlighted by fashions from the Satin Filly of Barrington. The luncheon will consist of orange asparagus salad, chicken, mushroom and spinach strudel and a dessert of chilled lemon souffle. These outstanding recipes are all taken from the Infant Welfare Society of 382-8785.

Chicago's Women's Auxiliary cookbook, Sugar Snips and Asparagus Tips. Mary Cate Hanson is chairperson for this fundraiser, being assisted by Krista Debeuckelaer, co-chairman in charge of the silent auction. Also serving on the commit-tee is Sheryl Schneider, Jane Washburn and Iolanda Goodfellow. Limited tickets available for \$35.00 from Mary Cate at

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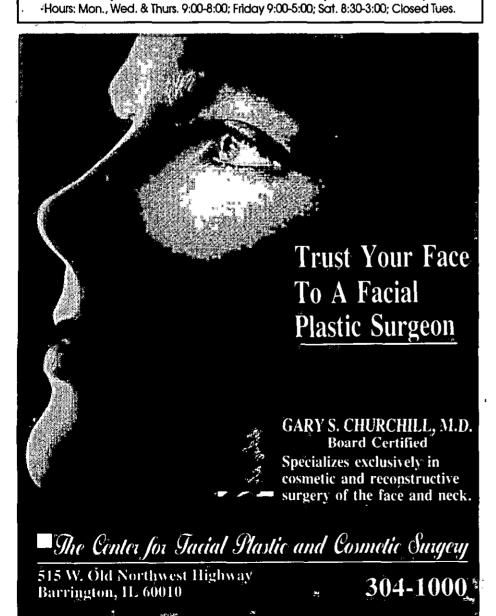
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#### Page 20 Barrington LIFESTYLES - April, 1995

#### Be Free Of Unwanted Hair, Permanently,

Absolutely! Electrolysis Salon provides safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 15 years, Debbie received specialized training in electrolysis and has taken the National Board exam to become a Certified Professional Electrologist (CPE). State-of-the-Art computerized equipment assures every client of a most comfortable treatment.

Electrolysis is the only safe, sensible, and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary remedies (tweezing, waxing, bleaching, or depilatories) which only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis will lift your spirits and your self confidence as the look you desire is achieved and the troublesome hair is gone forever!

Electrolysis in this office provided by a Registered Nurse, assures the client of a safe and effective treatment, Strict sterilization standards are adhered to as the requirements for sanitation and asceptic technique are strictly followed. Absolutely! Electrolysis Salon is located at 759 W. Main St. in Lake Zurich (S.W. corner of Rts.12 & 22 in the courtyard between Just Oak and Pasta Makers). Call Debbie Fritzshall R.N., C.P.E. at (708) 550-0100 to receive a FREE treatment (first time clients only).

#### Curl Up And Dye

a little worse for the wear, Spring ahead with a fresh perm from Hairs to You in the Village Square in Lake Zurich.

When inquiring about perms be sure to ask about the new Lockwell perms. It unlocks the secret of soft silky curls and

Our highlighting special that is good with Sally only, may be used by new and regu-

If your Christmas perm is starting to look lar customers. Highlighting your hair with foil will give you the natural look of having been out on a sunny beach.

As for dying your hair (we never like to use the word dye) but our professional staff are experienced in the field of hair coloring. So please call and set up an appointment at Hairs to You for the coming holi-

#### Facial Plastic Surgery, Looking Your Best

Dr. Churchill specializes in plastic and reconstructive surgery of the face and neck. He has an office and private surgical suite in Barrington, and is one of a handful of physicians in the country to complete extensive subspecialty training through a fellowship with the prestigious American Academy of Facial Plastic and Reconstructive Surgery. Dr. Churchill is board certified and on staff at a number of local hospitals and surgery centers. The following is an excerpt from an upcoming news-



"The eyes are the windows to the soul!" Eyes are one of the most expressive features we have and reveal a lot about us. Subtle changes in their appearance let people know if we are happy, sad, well rested, or tired. We are able to "read" people and at the same time be "read" by others through our eyes. Many have found that an energetic, youthful appearance can enhance others' perceptions of their performance at work. If their eyes look half closed due to excess upper eyelid skin or have "bags" beneath them because of excess fat bulging from beneath the lower eyelids, the overall appearance is one of tiredness and lack of energy. Even when they get plenty of sleep they can still look tired. Many people just feel younger than they look and would like in the upper lid. to improve their overall appearance.

These are some of the reasons that a large In the upper eyelid excess skin is removed portion of the cosmetics industry is devoted to enhancing the appearance of our eyes; through makeup, anti-aging and rejuvenating creams. Cosmetic companies realize that a first step in improving our looks is to improve the look of our eyes.

How Do The Eyes Change As We Age? The effects of aging are usually seen first in our eyes. As we get older the skin of the upper eyelid tends to increase and become are used in Oriental eyes and selected othredundant. This can hide the smooth skin just above the eyelashes where womenwear eyeshadow. If enough excessive skin

forms, it can actually hang over the eyelashes and obstruct vision. There can also be bulging of fat from behind the eyelid, causing a fullness or discreet bulge in the middle corner of the eyelid.

In the lower eyelids the first sign of aging normally seen is a bulging of the orbital fat creating the puffiness most people refer to as "bags". This is caused by a relaxation of the septum, a membrane beneath the eyelid muscles, which allows the fat of the eyesocket to bulge out beneath the skin. This relaxation is a normal consequence of aging but can occur in young people as a family trait. As pressure is applied to the closed eye one can see this bulge increase. Excess skin of the lower eyelid can also form but not usually to the same degree as

What Can Surgery Accomplish?

to allow a smooth contour when the eye is gently closed. When the eye opens this results in a normal crease approximately 7mm above the lash line. Excess fat, if present, is removed with the skin to reduce the fullness of the upper eyelid. The incision line is closed precisely at the crease to hide it during the healing process. Eyelid skin heals very rapidly. Special techniques ers to create a more prominent crease.

In the lower eyelid an incision is made (Please continue of page 22)

#### Doesn't Mom Deserve A Wonderful Day At Tranquility?

giving Mom a gift certificate from Tranquility. You can spend anywhere from \$10 to \$195 for a relaxing full day at Tranquility.

If you should decide to give Mom a full day, her experience will be as follows: She will be greeted by Lori, our certified and trained massage therapist and gently introduced into a hydrotherapy bath with oils and herbs to pamper her skin. She may choose to have a cup of coffee or tea and read a magazine or simply relax while the hydrotherapy jets sooth away the tension. Following this, Lori will gently and therapeutically massage all of Mom's tension away.

She will then be escorted into our facial room. Maxine, our facialist and skin care tasy that most women dream of. specialist, will examine her skin and then be cleansed, steamed, exfoliated, massaged and then masked. When her facial is completed, makeup will be applied for a daytime or evening look.

Maxine will then introduce Mom to one of our nail care technicians, Julie or Eliza-

This Mother's Day, show your love by beth. Mom's feet will be immersed in a foot spa to begin her manicure and pedicure while enjoying her manicure, she will receive a wonderful hand massage. Next, during the pedicure, callouses will be removed, nails will be clipped, and the polish of Mom's choice will be applied.

Mom will then be eased into a private corner, given her choice of reading materials, coffee, tea, wine or soda. Her lunch will then be served.

At this time, she will be escorted to our shampoo room where her hair will be luxuriously shampooed and massaged. A salon conditioner will be applied. Once shampooed, she may go to a stylist of her choosing to have her hair styled.

Your Mom will have expecienced a fan-

Tranquility feels that their staff is spewill recommend the best treatment. She will cial. All stylists have had at least seven years experience.

So, for as little as \$10 or up to \$195, you can treat Mom to a total experience at Tranquility, The Total Salon, located at 123 West Main Street in Barrington. 382-6001.



More Snacks, More Trouble

Few people realize that the frequency of snacks may be more important than their content. It's not so much what you eat, but how often you eat that affects your dental

For example, a college freshman who had relatively healthy teeth until she left home, a businessman who has recently quit smoking and starts chewing gum or a secretary who constantly sips Pepsi at her desk, may suddenly develop multiple cavities or a failure of existing dental work.

After any meal or snack there are approximately 20 minutes of significant cavity producing activity by the bacteria in your mouth. It doesn't matter how thoroughly you clean your teeth, some bacteria always remain. People who constantly sip soft drinks, have a jar of candy in their office, or use breath mints/spray or chewing gum, may be promoting cavity formation or gum disease literally all day long. Reduce the frequency of your snacks and disease, and longer lasting dental restora- 129 Park Avenue in Barrington.



Of course the content of snacks and their consistency may provide the bacteria with more or less sugar over a greater or lesser time. Try to limit the sugar content-your body and your pocketbook will benefit.

For more information on what you can do to minimize your dental problems, conthe result is fewer new cavities, less gum tact Dr. Raymond Kotz at (708) 381-4040,

#### Personal Training And Fitness In The Comfort Of Your Home

- throughout the day?
  - Wish you had the time to exercise?
- You would love to exercise at home, but are not sure how or what type of activity to do?
- -Tired of the health club scene?

AerobiCompany In-Home Personal Training, Inc. is for you! Aerobi-Company specializes in personal training and fitness programs in the comfort of your own home.

That's right, we make house calls! Susan Piluski, President, is a Certified Trainer who will come to your home and help de-

- Tired of not having enough energy sign your own fitness program to get you back into shape permanently and maintain or increase your level of fitness.

> Learn the latest in STEP, Slide, Low-Impact aerobics, Toning, Body Sculpting, Weight and Strength Training, and BodyWalk for the smoothest curves and defined cuts. We design different programs for your needs.

> AerobiCompany also offers Fitness Assessments. These assessments help you understand your strengths, such as Cardiovascular Test, Body Fat Composition, Flexibility, Posture, and Body Circumference.

This can be a one time session or you can





#### Raymond P. Kotz, D.D.S., P.C.

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- Fluoride Treatments
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COMPANY Aerobics in the comfort of your own home.

**In-Home Personal Training** & Fitness Programs

Free Consultation (708) 726-9136



#### Gary Hines Recipient Of Award

Gary Hines, owner of Chuck Hines in Bar- which was given at a reception at the Exrington, was honored by First Lady Brenda Edgar as one of the recipients of the Illinois Reaches Out Award, which recognizes volunteers from around the state of Illinois for their contributions to their communities.

Gary was nominated by the Barrington Area Chamber of Commerce for this honor,

ecutive Mansion in Springfield on March 24. In January he received the Chamber of Commerce's highest honor, the Award of Merit, in recognition for his service to the business community.

A hearty congratulations, Gary!

sign up for the assessment and the fitness package to make your goals complete.

AerobiCompany also offers nutritional education sessions. Nutritional guidance is sponsored by "Lean Bodies" author Cliff Sheets. This book guides you to eat and cook healthier foods for you and your family. We'll even go Grocery Shopping with

Call AerobiCompany now to get in shape for good!

Call Now for Your Free Consultation at (708) 726-9136. Sign up now and receive \$5.00 off a 12 pack session. (First time clients only). Gift certificates available.

Barrington LIFESTYLES - April, 1995 Page 21

## The Jotal Look Cosmetic Studio

#### April Spring Special Non-Surgical Face Lift and Facial (reg. \$72) \$30

- Manicuring Pedicuring
- WaxingSpa Masques
- Body Wraps Lash Dying

We Cater to Working People

Open Late Nights;

Tues. 'til 7:00, Thurs. 'til 8:00

Body Massage

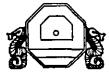
Test (section) Gift Certificates Barrington



382-6646

### Summer Means Hot Tubs/Spas

- Spas Hot Tubs Saunas Jacuzzi Whidpool Baths
- Custom Hot Tub Covers \* Ozone Water Purification
- "Rubber Duckies" 24 Hour Service Installation
- Chemicals Accessories Scheduled Maintenance



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HOURS: Mon.-Frl.: Noon-4:00; Sat. 11-4:00; Evenings by Appt.

#### Facial Plastic Surgery, Looking Your Best

(Continued from page 20)

just beneath the lashes or in selected patients on the inside of the lower eyelid. The excess fat, which is contained in three separate compartments, is then removed. Any excess skin is removed taking care not to place too much tension on the lower eye-

An upper and lower blepharoplasty can be performed together or in combination with other facial rejuvenation procedures such as a facelift or rhinoplasty. The eyelids can also be improved in certain individuals with chemical peeling and/or brow lifting. These procedures will be discussed in future newletters. The need for these are determined at the preoperative consultation.

Where Is Surgery Performed? Eyelid surgery is most often performed in our office surgical suite, however if preferred, surgery can be performed at a number of different hospitals or ambulatory surgery centers in the area.

What is the Recovery Period?

Dissolving sutures are used in the lower eyelids and do not have to be removed.

Nonabsorbing sutures are normally used in the upper eyelids and are removed on the seventh postoperative day. Makeup can be worn the day following suture removal and most people return to work at this time. There can be swelling of the eyes for one to two days following the operation which might interfere with vision so we recommend not driving until the swelling is down. After this most people can easily be out in public with sunglasses. Any bruising that occurs fades in the first 7 to 10 days. Makeup can conceal this after the second postoperative day.

Facial Surgery News is an informative auarterly newsletter written by Dr. Churchill and his office staff. It covers various procedures and the newest advances in facial plastic surgery. The newsletter is available without obligation on a complimentary basis. If you would like to be added to the mailing list or obtain any further information, simply contact the office at (708) 304-1000.

#### Landscape Exhibit Continues

The twenty landscape drawings from the estates in the area between 1920 and 1950. Barrington Area Historical Society's John Larkin Bell archival collection will continue on display until April 16th at the Comerica Bank-Illinois. Bell was the landscape archi-Park. He also designed landscapes for other 381-1730.

The exhibits can be seen during the Comerica Bank's normal business hours-9:00-4:00 Monday, Tuesday, and Thursday; 9:00-6:00 Friday, and 9:00-noon on Saturtect commissioned to design the landscape day. For more information on the exhibit, plan for the Jewel Headquarters and Jewel contact the Barrington Historical Society at

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#### **April Spring Special** Nonsurgical Face Lift & Facial

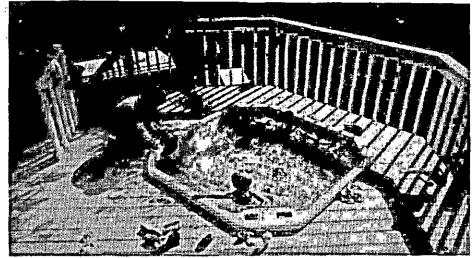
With Spring on its way, we are offering the Nonsurigcal Face Lift at 30 dollars (with a facial). The program is designed to have three lift masks in ten days. The lift is a unique blend of proteins, vitamins, enzymes, herbs and minerals, plus the benefits of ancient aloe vera and modern vitamin C combined to attack such common skin problems as wrinkles, blemishes, age lines, dry flaky skin, brown spots, crepy throat and sagging muscles.

Your first visit will be 30 dollars and the next two at 22 dollars. First time clients only. Gift certificates available.

Marcy Ramagnano The Total Look 120 Lageschulte, Suite 106, Barrington 382-6646



#### Would Your Family Enjoy This?



Summer will soon be here. With it comes night, turn it steamy again. carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to and refreshing. And, on a cool Summer Zurich. Why put it off any longer?

For a spa set in a perfect setting (your design or theirs), call Swanson Home be hot in Summer. You can have them cool Leisure Products on Rand Road in Lake

#### Clearbrook's "An Evening With Friends"



Tom Waddle of the Chicago Bears addresses the guests at the Friends of Clearbrook Dinner Dance entitled, "An Evening With Friends." Mr. Waddle served as Honorary Chairman of the evening. All proceeds from the fundraiser will benefit Clearbrook Center.

Nearly 400 people aftended "An Evening proceeds from the event will benefit With Friends," a fundraiser held recently for Clearbrook Center, sponsored by the Friends of Clearbrook. Guests were treated to an elegant dinner, dancing to the sounds of the Ron Bedel Orchestra, a fabulous silent and live auction.

Patti Jostes of Arlington Heights and Jan McHugh of Highland Park chaired this year's event, along with Tom Waddle of the Chicago Bears as Honorary Chairman. The

Clearbrook's Vocational Training and Services programs. "The Friends are pleased to assist Clearbrook with this critical area. Whether the clients work in the Clearbrook workshop or in the community, everyone has a chance for a productive life," commented Patti Jostes, Chairman.

Special thanks to the sponsor of the evening, NBD Bank Arlington Heights.

#### No One Could Ever Guess It Isn't Real

dreamed about is now possible in only one day. A hair extension method that takes thin hair and makes it thick, takes short hair and makes it long, and takes flat hair and makes it full. Too good to be true? "Not so", says Gabrielle Montana, a licensed cosmetologist for over 20 years, who has chosen to specialize in hair extensions.

Many professional hair dressers have said to their clients, "You could have the hairstyle you want-if we could only glue on hair". Well, "That dream has come true", says Gabrielle, "We can attach hair to your own natural hair, and create a hairstyle you have always dreamed of." Women today are now experiencing long hair overnight. Fullness that they could not obtain in the past adding strength, body, bounce, length and color to your hair. Hair extensions by to a year if properly maintained. No more Gabrielle, owner of Tropical Tan, in East bad hair days.

Now it's possible hair that you only Dundee invites you to call for a free consultation at 426-9290.

> In her third year in Dundee Gabrielle has noted much more interest in hair extensions which have been popular on the Coasts for over 10 years. It's a totally new option rather than a wig or hair integration. The quality of the human hair in the extensions by Gabrielle is exceptional. They can be colored to match your hair, permed, and shampooed. They don't collect oil as your natural hair does.

> The process involves "bonding" human hair to your natural hair and will require about four hours. After that Gabrielle will assist you with maintenance which is monthly and the use of special products and brushes to give you luxurious and volumious hair. Extensions can be worn up

#### OOPS! . . .

Forgot about that New Years Resolution of getting in shape and here it is almost Eas-

Well Bodies That Fitt is your answer! We are A.C.E. Certified Personal Trainers who will come to your home and individualize your "Get Fit" program.

It won't be long until summer is upon us and you can't hide inside those sweats forever! So if you want to feel good about yourself then let those fingers do the walking and dial Bodies That Fitt for a free consultation—Barbra Sciame at 708-894-4247 or Linda Martorano at 708-438-1717.

#### Spring Is Here!

cold wind, furnace heat, and the general stress of coping with driving in snow and

Now we must think about Repair! The necessity of a facial (it is no longer a treat or a luxury). Licensed estheticians at Syd Simons are trained many months to recognize problems in the skin.

We have many methods of treating each skin type and texture, in our treatment rooms. Every client receives individual attention for 1-1/2 hours. The skin is thoroughly cleansed, dead cells exfoliated, black heads removed, dry skin is moisturized, oily skin is treated in a totally different way. We strive to improve each skin type, so every client notices a difference. This is why we have been in the business for over 40 years, 24 of those in Barrington. Our treatments make a difference!

When thinking Spring, we always think Easter. of our new spring clothes, which brings us into a new look for the face. Spring makeup is very different than our old winter look.

Winter does a lot of damage to the skin. The Ask your make-up artist at Syd Simons to design a new look to complement your skin and your spring clothes. We have just returned from a make-up seminar in Chicago. Learning the new trend for Spring, eye make-up and cheeks are very different this year. Lips are back! Now is a good time to have your make-up lessons.

Getting your feet in shape is another important factor for the coming Spring. Our pedicures take one hour and they are wonderful! Terry has been in the business a long time and she can make your feet look and feel brand new.

All of our services are given six days a week, by appointment only. Do this for yourself! It is a necessity!

A Gift Certificate from Syd Simons placed into her Easter Basket or card is something she would love!

I wish all of you a very happy, healthy

Sincerely, Cathy Ramstadt, Owner **Syd Simons Cosmetics** 

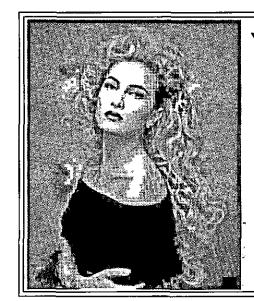
#### Bunny Hop While You Shop

meet the Easter Bunny! On Saturday, April 15 from 10 a.m. to 2 p.m., The Foundry will be hosting The Easter Bunny and a petting zoo. Bunny helpers will be taking free photos with the Easter Bunny. Each child will also receive an egg and treats from the bunny. A petting zoo featuring baby ducks, chicks, rabbits, pigs and over 35 animals will be available free of charge to all visitors. Participating stores will be sponsoring special events. Children are invited to visit each store for a special surprise.

Last year over 320 families participated

The Foundry of Barrington wants you to in the event. "It's a wonderful alternative to the huge shopping mall celebrations. It's nice to show our customers and their families, that we appreciate their business. Plus, we all have a lot of fun!", stated Jan Cunningham, owner of G. Whiz and Promotion Chairperson. This year Cunningham is dressing up as a Jelly Bean to help promote the event.

The Foundry is located on Northwest Highway in Barrington, one mile West of Route 59. Please call 708-304-0255 for further information or questions.



You Can Have the Hair of Your Dreams with Extensions by

#### Gabrielle

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#### At Syd Simons Skin Care Studio We have a great facial!

#### **NEW TREATMENTS**

- Face Lifting Mask
- · New, improved, stronger rapid exfoliating peel
- Dr. Murad's Acne **Treatment Mask**
- New Seaweed **Treatment**



Why not place a Gift Certificate into her Easter Basket? For your private appointment, call us

at 381-8727. Visa and MasterCard

accepted.



 Makeup Applications Makeup Lessons Spa Facials

· Manicures & Pedicures

Body Wraps

Body Massages

• Therafin Hand &

Feet Treatment

Lash/Brow Dyeing

· Hair Removal Waxings

• Teen Lessons

STUDIO

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Where Makeup is an Art and Skin Care is a Science

Barrington LIFESTYLES -- April, 1995 Page 23



#### Mental Health Gold Bell Gala Raises \$100,000



MHAI Board Member Helen Keledgian, and husband, Jim, (Long Grove) purchase tickets at the MHAI 8th Annual Gold Bell Gala, "Mardi Gras Carnivale."

Leading a parade of floats and 500 closed the Wednesday before our event, but partygoers into the Grand Ballroom of Chicago's Hyatt Regency Hotel, Chicago's newest celebrity resident, Tony award winning actor-singer-dancer, Ben Vereen grand marshalled the Mental Health Association in Illinois' (MHAI) 8th Annual Gold Bell Gala to the \$100,000 mark in support of its public education and advocacy missions on Saturday, March 4, 1995. Vereen looked right at home, wearing the crown of Mardi Gras Grand Marshal, as he tossed beads and doubloons to guests who followed him through a giant harlequin masque to enter "Mardi Gras Carnivale", the theme for this year's ball.

"What an incredible individual Ben is", said Gloria Moats of Barrington, this year's event chair, "to share his talent with MHAIto make our event the success that it was. Mardi Gras Court for Comdisco's signifi-It was clear that guests were captivated by him as he sang and danced with his incredible style, and personally greeted masqueraders in attendance. We can't thank him enough."

Moats also gave credit to her event committee, co-chaired by Alicia Stephenson of Barrington Hills and Madeleine Ward of Naperville, who put together a collection of prizes and silent auction items which alone netted \$40,000 for MHAI. Said Ward of the evening, "Mardi Gras might have officially to Ben for sharing his remarkable gift with

someone must have forgotten to tell MHAI. All those who attended are grateful they did. The decorations, the music, the wonderfully dressed people, were only surpassed by the stellar performance of Ben Vereen. The added benefit of helping a worthwhile cause; the evening couldn't have been better!"

Evelyn Zuehlke of Glenview won the

1995 Honda Civic, donated by Mojor Werks of Barrington and Brooke Thrall of Palos Park won the Chicago Bears skybox package and helicopter ride, donated by Friends of MHAI and the Mardi Gras Getaway donated by Hŷatt Regency Hotels and Resorts and American Airlines.

Mr. & Mrs. Nicholas Pontikes of Chicago were crowned "King and Queen" of the cant event underwriting, which in addition to Vereen featured dancers in elaborate costumes, a Zydeco band, mimes and even a song by Baton's "Miss Continental", Maya. Guests loved the Dennis Keith Band's music so much, that many couples jumped up on the risers to dance before the crowd filling the burgeoning dance floor.

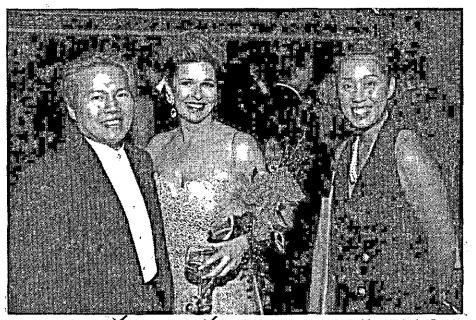
Jan Holcomb, MHAI's Executive Director, expressed the Association's delight with Vereen's participation. "We are so grateful

#### Learn "At Home Hair Stylings For The Nineties" In Salon Workshop

Are you constantly having "Bad Hair Days" or confused about what make-up would look right for you or you need some advice on manicure problems? At Corriccis' Hair Studio we are having a special evening just for you to solve those dilemmas. Bring your, favorite at-home hair styling tools and let us educate you about the easiest methods that you will be able to use day after day. Corrine Avanti, owner of Corriccis' Hair Studio and national educator, along with her staff invite you to sign up now for a very special evening.

A special \$5.00 gift certificate will be given to all that attend. So call now for more information about when you can plan your fun-filled evening of learning how to get that special look with your hair, makeup and manicure at home!





Masqueraders Perry and Mimi Moy of Bull Valley pose with Gold Bell Gala Chair, Gloria Moats (center) of Lake Barrington Shores at the MHAI "Mardi Gras Carnivale".

the Mental Health Association in Illinois, in order to raise money for our critically important programs. MHAI is faced daily with the problems that the more than 2,300,000 people in Illinois who suffer from mental illnesses must overcome to access mental health care in this state. Ben recognizes the seriousness of mental illnesses and is willing to help raise public awareness."

An affiliate of the National Mental Health Association, the Association is Illinois' only statewide non-profit, non-governmental advocacy organization concerned with the entire spectrum of mental and emotional disorders. MHAI maintains a variety of activities in support of its mission, which include conducting unannounced site inspections of state-operated hospitals, community mental health centers and residential care facilities; implementation of violence prevention/social competency programs in city and suburban school districts; coordinating statewide money management and bill payer services for elderly citizens at risk; and serving as a source of educational information and referral for family members, mental health professionals and the media. Through its Self-Help Center, MHAI publishes a directory of over 2,700 self-help and mutual aid groups, linking both mental health professionals and indi-

viduals in need of emotional support with appropriate resources. MHAI also provides consultation to self-help groups and to institutions wishing to establish groups.

The Association also maintains a strong advocacy both in Chicago and Springfield to ensure that the state effectively allocates its resources to meet the needs of its citizens who may be suffering from mental and emotional disorders. For more information about MHAI and its programs call (312) 368-9070.

Area committee members included: Kathleen Amatangelo, Barrington Hills, Judith Coll, Invitation Chairperson, Lake Barrington Shores; Jennifer Deevy, North Barrington; Sandra Derickson, South Barrington; Iolanda Goodfellow, Wynstone, North Barrington; Robert and Penny Knopik, Barrington Village; Kenneth Lorentz, Barrington Hills; Gloria Vanderborg Moats, Gala Chairman, Lake Barrington Shores; Nila Schwab, decorating chairperson, Barrington Hills; Raynette Seger, Auction Chairperson, Barrington Hills; Alicia Stephenson, Gala Co-Chair, Barrington Hills; and Barrie Swanson, North Barrington.

Photography by Alex Claney

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#### A Healthy Deal

We know you care about your health! At your life happier and healthier. Carole's Cafe we care too! We think there should be a place to get great tasting reduced fat gourmet food that fits in with your busy life style. Look no further. At Carole's Cafe you'll find wonderful soups, salads, entrees, etc. that not only taste great but come in a variety of ways—cafe, deli, carry out and catering-all designed to make

Take advantage of our catering service to make your Easter holiday less work. How about a tempting mixed fruit cobbler or bread pudding. Perhaps honey roasted vegetables or lemon chicken salad. Call Rusty at 550-6060 and take the work out of any

#### Put A Little Zest In Your Life—Try Thai

For a dining experience that is a little different—delicious cuisine with just a bit of spice and an exotic atmosphere of authentic art and antiques-try Thai Avenue Resrecognized by the Chicago Tribune and the Daily Herald.

The menu offers 50 exciting and unique choices. From more than a dozen appetizers select Spring Rolls, Pot Stickers, Paradise Chicken Wings or Satay. Popular entrees include Rama Thai: chicken or shrimp sauteed in peanut curry and laid on top of steamed spinach or broccoli. For those who love noodles, Pad Thai is recommended. Pad Thai is rice vermicelli stir-fried with

chicken, shrimp, or vegetables with eggs, crisp bean sprouts, fresh tofu, and topped with roasted peanuts.

Your dessert might include something a taurant. It's dining excellence has been little different—Lychees in Light Syrup, Thai Custard or maybe a Mango or Pineapple Shake.

Thai Avenue has a full service bar including fine wines, and domestic and imported beers.

Now for the Chicago sports fan, things are really heating up at Thai Avenue. Now during any Bulls game 15% will be taken off the total purchase of any carryout. This offer is good until the last championship game this season. Let's be optimistic!

#### Casual Dining in an Elegant Atmosphere

Jovan's Grill has firmly established its reputation as the place to meet in downtown Barrington, offering casual dining in an elegant atmosphere.

Executive chef, Jean-Marie, adds his own unique talents to the menu. With his creativity, dishes are as pleasing to the eye as they are to the palate. With a wide variety of daily specials, as well as unique pasta dishes and prime steaks and seafood, diners will find something to please every taste. Of course, there is always an array of tempting appetizers and homemade desserts to add the finishing touches to your

The atmosphere remains elegant—whitetopped, candlelit tables overlooking downtown Barrington from the second floor dining room and the spacious, woodtrimmed bar on the main level.

Jovan's also offers excellent values with their monthly specials. For April, Jovan's Grill highlights their succulent grilled Norwegian Salmon on a bed of Spinach with Lemon Dill sauce. This complete dinner includes rice pilaf, salad with house dressing, coffee and your choice of apple cobbler with ice cream or chocolate delight with ice

Jovan's Grill serves lunch Monday-Friday, 11:30 am-4:30 pm and dinner Monday-Saturday, 4:30 pm-10:30 pm. Reservations are recommended, especially for the weekends, by calling (708) 381-4422. Offering a full range of services from a quiet dinner for two to a large celebration, from attentive service to an extensive wine list, you'll enjoy all that Jovan's Grill has to

#### Four Seasons April & May Meetings

The Four Seasons Garden Club of Barrington will meet on Tuesday, April 4 at 9:30 AM at the home of Pat Fein. Suzanne Lankin-Master Gardener, will speak on "Groundcovers for Your Landscape." Guests are welcome. Phone 382-9006 for further information.

The Four Seasons Garden Club of Barrington will meet on Tuesday, May 2 at the home of Marilyn Dempsey. Paul Pfeifer from the Speaker's Bureau, Chicago Botanic Garden will speak on "Container Gardening." Guests are welcome. Phone 382-9006 for further information.

#### Herbal Shampoo Helps Baldness

Finally! A cure for baldness that really works! A revolutionary new herbal kit, called Foli-Kleen 2000, has just exploded onto the scene, giving fresh hope to millions of Americans who, until now have helplessly watched their hair fall out.

In fact, the product's intrepid inventor, Jacqueline Sabal, suffered through the same agony of hair loss.

"There it was in the mirror," the 50-something cosmetologist tells us from her laboratory in Pompano Beach, Fla. "I was going bald. There was nothing out there that seemed to work, so I invented my own so-

"Now I have an incredible head of hair.". The magical ingredients in Jacqueline's painless potion are top secret, but she will reveal that they're a special combination of natural herbs.

And a clinical study of Foli-Kleen 2000 showed conclusively that users of the shampoo experienced progressive growth of hair—an amazing 33.9 percent increase over just three months!

"Cleanliness is the key to hair growth," she says. "We simply deep cleanse the scalp of all the debris that's accumulated over the years and allow the hair to push through the scalp.

Foli-Kleen 2000 is available at In Hair Número Uno P.C. on Northwest Hwy. in Palatine.

The All Ways Healthy Place to Eat



Carole's is Cooking Up A Healthy Deal on a Delicious Meal

10% OFF on any Holiday Catering Order OR 10% OFF Lunch or Dinner

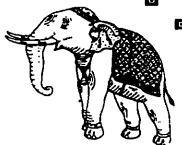
Good through April 30.

Monday Thru Saturday "Rusty" Baetz ∨ 11:00AM to 8:00PM Gourmet Chef/Manager

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127A RAND ROAD -– Lakeview Plaza LAKE ZURICH

15% OFF on Carryout when the Bulls Play the rest of This Season



Thai Avenue Restaurant

Full Bar & Carry Out Service Available

> 115 S. Rand Rd. Lake Zurich (Lakeview Plaza)

(708) 726-0036

Tues. - Thurs. 11:00- 9:30 Fri. - Sat. 11:00- 10:30 Sun. 4:00- 9:00

### Grilled Norwegien Salmon

on a Bed of Spinach with Lemon Dill Sauce with House Salad, Rice Pilaf, Coffee & Dessert



Complete Dinner

During April

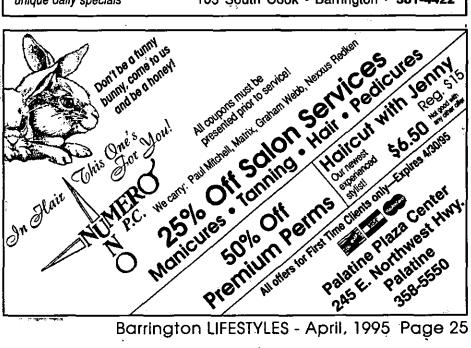
Lunch:

Mon.-Fri. 11:30 a.m. - 4:30 p.m. Dinner:

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The place in the NW suburbs for prime steaks, fresh seafood and unique daily specials"

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Barrington LIFESTYLES - April, 1995 Page 25



# Spring Fix-Up Time! We have the solutions to your home repair problems!



- Interior/Exterior Painting and Staining
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- Roofing and Window Replacement
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#### SCHAFER BUILDERS, INC.

CARPENTRY, PAINTING & GENERAL CONTRACTORS "Building Clients For Life"

Visit our Showcase Office at 12 E. Crystal Lake Ave., Crystal Lake, Illinois 60014

## Savings And Selection On Indoor-Outdoor Furniture

S & H Products has an elegant array of patio and sun-room furniture on display at their spacious showroom in Crystal Lake. As many as 75 units are available for your inspection in their 5,000 square foot display area. Many pieces can be used either indoors or outdoors. For example wicker, PVC, and rattan are finding their way into not only sunrooms but also family, dining, and living rooms. And wicker is now available in all-weather models suitable for the patio or deck—and that's guaranteed in writing.

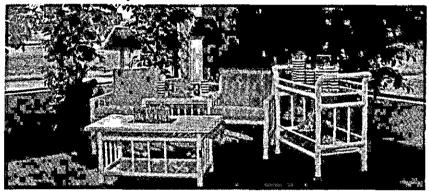
For the past 15 years, S & H Products has manufactured a complete line of lovely PVC furniture—in three colors. Plump cushions are available in many attractive colors and designs. S & H Products offers an exclusive unlimited warranty on these items.

All items are on sale and many are available for immediate delivery.



Free replacement cushions or slings after 2 years from date of purchase.

So if your pool area, patio, deck, porch or some room in your house needs dressing up, you are cordially invited to visit and are welcome to browse the S & H Products showroom located on Virginia Road in Crystal Lake.



Care-free PVC Furniture made locally by S & H Products

#### The Joy Of Home Ownership

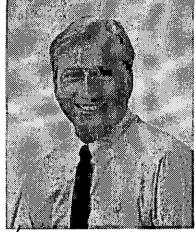


Bill Schafer—President

It never fails this time of year. The sun warms the air. The birds sing their songs. The flowers splash their color in our yards.

But our houses! We wince in pain at their appearance. The color of the paint is washed out from the harsh winter. The siding is cracked and warped. That roof, repair long postponed, is dripping, dripping, dripping from the spring showers. You can still feel the winter drafts from your worn out windows. And you need that new room addition for the growing family.

Add to this a dose of apprehension. You paid top dollar for a property that is perhaps losing its value due to your own neglect. You need to act now to save one of the largest investments you'll ever make.



Joe Schafer—Vice President

Spring means renewal! So do something about those home improvement, remodeling and maintenance projects you've been putting off. Then watch your pain turn to joy and pride.

There's no better source for turning your pain into joy than Schafer Builders, Inc. in Crystal Lake. Long on reputation in the building community, Schafer Builders, Inc. has been restoring homes back to health and beauty for over 23 years.

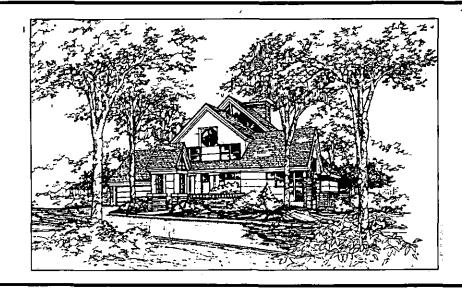
You can't beat their experience. Give Schafer Builders, Inc. a call for a complimentary consultation at 815-459-1333 or stop by their award-winning office at 12 E. Crystal Lake Avenue in Crystal Lake across from the Park District office.



# BEAUTIFU

#### HOMES & GARDENS

Special Seasonal Section



Painted, pleated, oiled, fringed . . .

#### Quick & Easy— A Decorating Idea For Spring!

Nothing can perk up your favorite corner Many people don't realize how much of a as quickly and inexpensively as the perfect new lampshade...and never before have there been so many tantalizing options.

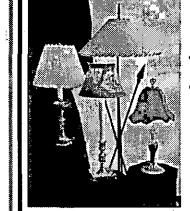
Just take a look around L & W Lamps in Barrington, known throughout Chicagoland for its superb shade inventory: hardbacks, softbacks, linens, cottons, silks, papers, parchments and more in every conceivable configuration. And that's just what's in stock. For a truly unique look you can also opt for a custom shade, done in a fabric you can pick from L & W Lamps' fifty plus gorgeous fabric selections...or you can bring your own. "We have people bring in designer bedsheets, curtain panels—you name it. As long as there is enough fabric, we can make a shade out of it!" says Jeff Woodale, owner of L & W Lamps.

Any suggestions? "Yes. Bring your lamp with you when you look for a new shade.

difference a slightly raised harp...a somewhat more extreme angle...or fabric texture can have on the overall look of a lamp. Buying a shade without your lamp is like buying clothes without trying them on first.'

What's new? "Parchments, handoiled, in more than 25 different colors...gorgeous printed fabric shades with gold braided trim, French silks...we have a lot of exciting new shades this Spring."

If all this makes you start thinking about shades—now is the perfect time to go shopping. Because all shades—in stock and custom ones—are presently on sale for 20% off the regular price during L & W Lamps' great annual Spring Shade Sale. Don't miss this once-a-year opportunity. L & W Lamps is open from 9 am to 5 pm on Mon., Tues., Wed., Fri., and Sat.; Thursdays from 9 am to 7 pm.



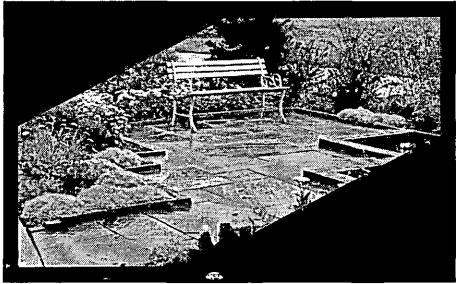
#### SPRING SHADE LE Save 20%

on any shade in the store—silks, linens, cottons, the latest parchments . . . more on any custom made shade bring your own fabric or pick one of ours Gorgeous styles . . . sensational savings.

Now through April 30th, at

Distinctive Lamps and Shades 710 S. Northwest Hwy. Barrington Phone (708) 382-3195 

#### Dream Gardens

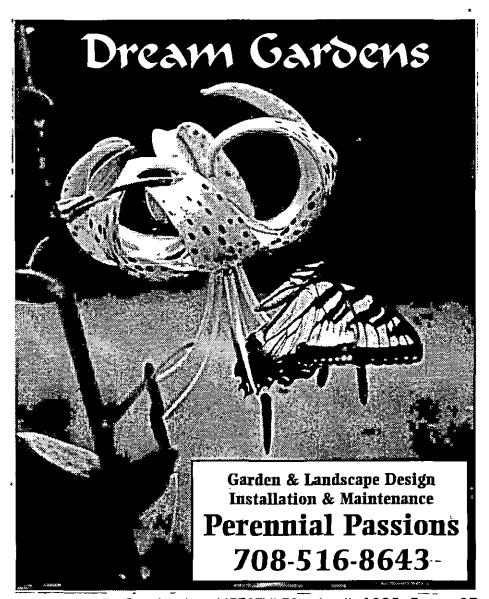


stroll through, gathering flowers to bring inside? Did you ever wish for a private sitting area where you were surrounded by colorful blooms, butterflies drifting about? How about a cascading waterfall where the gentle sounds of water soothe your stressed out soul? Well, dream no longer. Perennial Passions can make those dream gardens come true.

JoAnna Duensing is the owner of Perennial Passions, a landscape firm whose specialties include adding perennials

Have you ever dreamed of a garden you can to the landscape. Her own collection of hundreds of varieties of perennials, shrubs and small ornamental trees can be seen this upcoming season (by appointment). The color displays change weekly from April through November. "It's not static," says JoAnna. "Something different is always blooming. That's what I find so exciting about adding perennials to your landscape. They can transform a yard into a garden without the yearly expense of annuals. Once they're planted and established, they

(Please continue on page 46)



## Barrington Flower Shop



#### Fresh Flower Specials for April

Alstroemeria	\$7.95 bu.	Stargazer Lily	\$34.95 bu
Forsythia	\$12.95 bu.	Eucalyptus	9.95 bu
Freesia	9.95 bu.	Asters	
Iris	9.95 bu.	"Monte Casino"	8.95 bu
Tulips	8.95 bu.	"Blue Gown"	8.95 bu
Daisymums	6.95 bu.	Bear Grass	7.95 bu

Cash and Carry

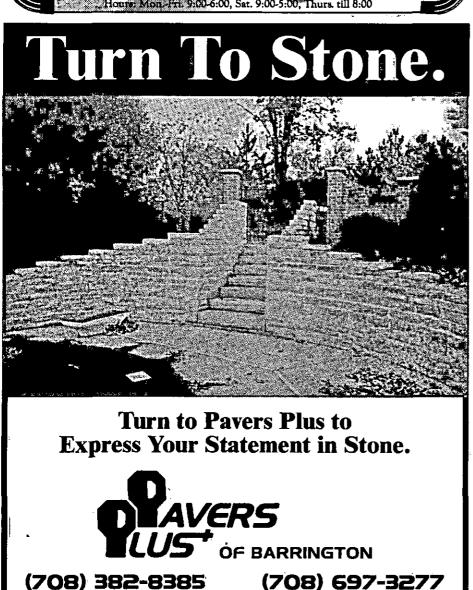
Bunch equals 10 stems except mums 5 stems

Hours: Monday-Saturday 9-5

201 S. Cook St.

382-4090





#### Barrington Arbor Day Celebration

The Council of Barrington Garden Clubs lion trees were planted in Nebraska on April is setting April 28, 1995 for the Arbor Day Celebration in the Barrington School District 220, with Chairman, Roe Malmgren from the Green Thumbs Garden Club and Co-Chairman Rayette Seger from the Little Garden Club of Barrington in charge of the

In the mid 1800's a far sighted member of the Nebraska Board of Agriculture, J. Sterling Morton, wisely pictured people living on treeless plains of that state instilling in them the need for planting trees. He brought to their minds the value, beauty and comfort the planting of trees would bring. After wide publicity and support over a mil10 of 1872 which became known as the first Arbor Day.

The Council of Barrington Garden Clubs consists of the following: Country Home and Garden Club, Country Garden Class, Field and Flower Garden Club, The Garden Club of Barrington, Green Thumbs, Little Garden Club of Barrington and the Village Planters. Representatives of each Club will participate in the ceremony that will inform the children about Arbor Day, the value of trees to their every day living and also about the Thornless Cockspur Hawthorn tree that will be planted on the grounds of each school in the district.

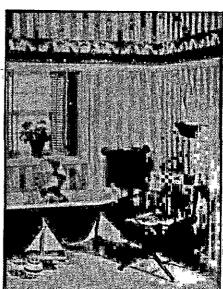
#### Spring Spruce-Up Sale

Now is the time to take advantage of Decorating Connections' Spring Spruce-Up Sale. Save up to 50% on beautiful draperies, blinds and wallpaper. This sale will be going on through the month of April.

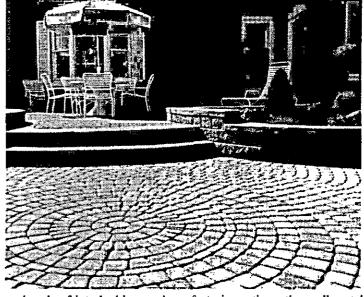
Let Catherine Michiels and her experienced staff assist you in selecting the right pieces for your home at tremendous savings. Whether you need a special room accent piece or several rooms completely enhanced, they are the professionals who can

Decorating Connections' large showroom has hundreds of fabrics and wallpapers with beautiful furniture and lamps to

Decorating Connections is located in The Marketplace shopping plaza on Route 59 and Kelsey Road.



#### Imagine The Possibilities



With over a decade of interlocking paving experience, Pavers Plus of Barrington has a reputation for quality workmanship and service, specializing in residential and commercial work in the northwest suburbs.

Through the years, Pavers Plus has worked successfully with homeowners, builders and landscapers, all of whom understand the importance of first impressions. Interlocking paving stones and retaining walls are available in a wide variety of shapes and colors that resist fading. This lasting beauty is echoed in its durability three times stronger than poured concrete. Perfect for patios, walkways, driveways, pool decks and roadways.

Along with paving stones, Pavers Plus also specializes in artistic masonry work

featuring patio seating walls, retaining walls and staircases. Lannon stone and boulder mortarless garden walls and outcroppings for aesthetic landscapes. All of our hardscapes are constructed with the utmost care for the longevity of your outdoor

And for a finished touch, Pavers Plus installs Nightscaping, a low voltage landscape lighting system to enhance all of your brick paving and stone work.

Don't settle for concrete or wood decking. Call Pavers Plus in Barrington. Call (708) 382-8385 for a free consultation on your next outdoor project. Use interlocking paving stones for maintenance free beauty that will last for years to come.

#### Where Great Design Meets Great Cabinets—R. K. Tech Mounts Its First Exhibition Of Cabinet Design

McCauley is one of the most highly credentialed kitchen designers in the country; and Lisa's firm, R. K. Tech, has reached out from Barrington to gather national recognition for innovative cabinet

The kudos have come not only for kitchens, but also for libraries, entertainment centers, paneled rooms, studies, and other projects "where great design and great cabinets meet," to quote R. K. Tech's slogan.

R. K. Tech both designs and provides fine cabinets; and its award winning work has been featured in national publications, as well as in beautiful homes throughout the

Gallery Exhibition at Iveta

Now R. K. Tech wants to show its Barrington neighbors what Lisa can do. Through April 30. R. K. Tech has mounted a show of Lisa's more prominent and interesting projects at Iveta, the gallery and espresso bar formerly known as Yvette's, 220 S. Cook Street, Barrington Village.

"I want to show people that we have breadth, scope, that we can enhance their lives in many ways," Lisa explains as she moves from one photographic exhibit to the next.

"We've been lucky to find some wonderful kitchen work, but we can do so much

"Here is a deep mahogany stained cherry entertainment center with so many curves and angles we had to build a model before the craftsman could start assembly. The art glass in the stylized pediment is by the same man who did the expressionistic glass at the Italian Village restaurant in downtown Chi-

"And here is a pale maple library with lines so simple and classic that it will look as timely in two hundred years as it does today. We even made the matching desk, which someone has called "minimalist mission" because it takes elements of the popular mission style and strips them down to the purest essentials.

"Here's a drawing for an exhibit that is just about to arrive. This piece is massive. Seven and a half feet tall and over six feet

Trained in architecture and design, Lisa wide, it looks on the outside like a wonderful old American primitive armoire: Bun feet. Fluted pilasters. Solid hickory can't even guess how much it's going to

> "On the elevation you can see how we varied the depths to create visual interest. When the afternoon light moves across this piece it will look like a mountain range, with constantly changing shadows and col-

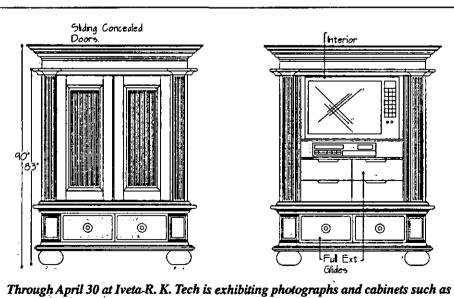
> "Open the doors and you will find an interior custom built for state of the art television and stereo components. And those fluted pilasters pull out to reveal storage for VCR tapes."

> Turning to a suite of photos showing a graceful washed pine kitchen with glass display cabinets, Lisa explains, "This was the Showcase House for the Silver Anniversary of the Chicago Chapter of the American Society of Interior Design. Six weeks from idea to finished product, and it wound up on the cover of Kitchen and Bath Design

> Over here is a kitchen that took territory honors in Sub-Zero's inaugural kitchen design competition. This one proves that dark cabinets do not necessarily mean a dark kitchen. High ceilings, a soaring palladian window, and light fixtures concealed under and over the cabinets together create a room that's bright and warm any time of day or

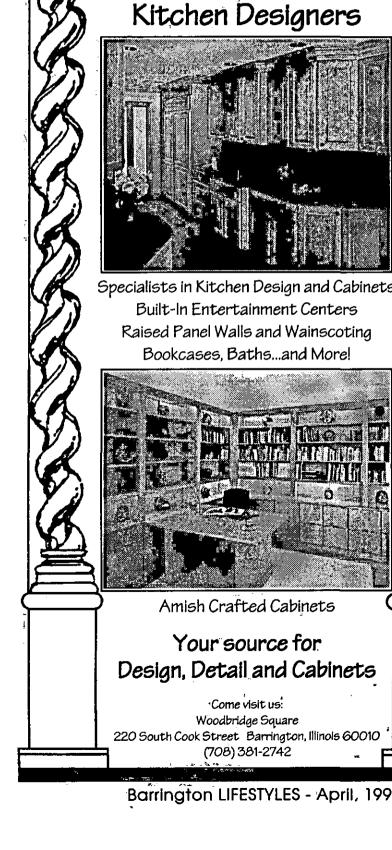
> Our clients tend to be very sophisticated people who come to us with strong ideas about what they want to achieve on any given project. We provide more than our design ideas and some of the best cabinetry you can get anywhere. We provide knowledge of the materials and a professional's eye for function that only comes from solving the same problems hundreds of times

> R. K. Tech is located at 220 S. Cook Street, Suite 210, in Barrington, one block east of Hough Street (Route 59) and two blocks south of Main Street (Lake Cook Road). Call 381-2742 for information about R. K. Tech or about its Exhibition of Cabinet Design at Iveta through April 30.



the massive hickory entertainment center shown here in schematic drawings. Iveta

(formerly known as Yvette's) is located at 220 S. Cook Street in Barrington Village.



R. K. Tech

Kitchens...and More!

Barrington's

Most Honored

## Interiors by L.M.L. & Associates

Specializing in Residential & Commercial Design

Unique Window Treatments and Accessories

Contact us NOW as we Celebrate our New Location and Enjoy Special Savings!

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The Grove Country Offices 22 East Dundee Rd., Suite 9 Barrington 304–9676

(near the new Barrington Post Office)



#### "Imperial Ball" Creates Round Of Profit



Left to right, are: Monique Crossan, CAF Trustee and 1995 gala chairman greets Barrington residents Shepard Swift and his wife, Patty McHugh, who is a CAF Trustee.

The 1995 Chicago Architecture Foundation our honorary chair despite the pressures on February 17 gala benefit, the "Imperial Ball" netted \$70,000, the largest profit in years. The proceeds will benefit Chicago youth through CAF's design education programs. "The ball is the largest single source of contributions every year and we couldn't be more pleased with the wonderful support of all the dedicated CAF volunteers, explains benefit chair, Mrs. John Crossan. as 450 guests dined at tables covered with "We are also deeply grateful to Japan's golden parasols and danced to music by the Consul General, the Honorable Mutsuyoshi Stanley Paul Orchestra. Nishimura, for his presence and support as

his office due to the Kobe earthquake disaster, just at this time," said Crossan. The -theme, "Imperial Ball" was taken from the name of Frank Lloyd Wright's Imperial Hotel, which stood in Tokyo until the late

The Grand Ballroom at Hotel Nikko was reminiscent of an intimate Japanese garden

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#### **Hubbard Street Dance Chicago**



Christine Carrillo and Josef Patrick in Twyla Tharp's "Nine Sinatra Songs

ter stage at the Shubert Theatre for a four week run, Wednesday, April 19 through Sunday, May 14,1995. HSDC's Spring Festival of Dance appearance will be the first Chicago engagement since the company's triumphant Manhattan debut in October of 1994. Chicagoans will be able to see HSDC at the top of their game - described by Janice Berman of New York Newsday as "utterly superb. . . nothing short of spectacular." For the second consecutive year, Lexus returns as principal sponsor. Engagement highlights include works by renowned choreographers Kevin O'Day and James Kudelka.

The engagement will also feature several special events that benefit HSDC, includ-Wednesday, April 19 and the Dancin' the 663-0853 for information and reservations.

Hubbard Street Dance Chicago takes cen- Night Away party for young professionals on Friday, April 28. Gala tickets include HSDC's opening performance and black tie dinner and reception at The Palmer House Hilton. The Dancin' the Night Away party features pre-performance dinner and postperformance dance party with the company. For Opening Night Gala and Dancin' the Night Away information, call (312) 663-

Ticket prices range from \$12 balcony seats to \$38. HSDC Subscribers save 20% when they purchase two or more HSDC performances. Groups of ten or more save 20% off the original ticket price. Spring Festival of Dance Subscribers save up to 30% when purchasing tickets to HSDC and other performances in the Spring Festival. Call ing the annual Opening Night Gala on Hubbard Street Dance Chicago at (312)

#### At Last. An Agent To Call Your Own.

Traditionally, Realtors—even those working with homebuyers—were responsible to the homesellers. They were sub-agents of the seller's agent. And though they were ethically bound to pursue a fair deal for both parties (buyer and seller) they were obliged to strictly keep the seller's confidences and work in his behalf.

Now, however, when a Realtor works with a buyer, he works for the buyer and is responsible to him. This means, in addition to providing information on market trends, schools, shopping, transportation, and the amenities of neighborhoods, he can discuss the value of properties, specific negotiating strategies, and personal financial buyer his opinions as to the condition of list your property, call her on her private properties and the importance of their imlines: 708/465-2261 or 708/991-3345.

provements, whatever knowledge he has of the sellers' motivation, and any other pertinent information sellers' agents cannot

You must remember, the Realtor who lists the seller's home, still owes his allegiance to the seller and cannot provide potential buyers with all of the above.

It obviously behooves a buyer to have his own agent.

Arlene Cullen is a national award-winning Realtor and Certified Homefinding Specialist with The Prudential Preferred Properties in Barrington. She prides herself on exceptional service tailored to meet the unique needs of each of her customers matters. The Realtor is free to offer his and clients. For buyer representation, or to

#### Hate Cleaning Your Blinds? Call Brite Blind Cleaners

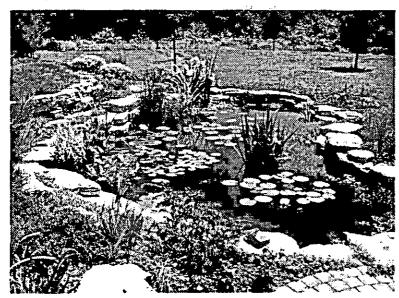
Spring is almost here! So is "Spring Clean- thoroughly cleans your entire blind. All ing. " Do you enjoy cleaning your blinds? You probably don't. Hand cleaning usually takes many hours, sometimes an entire or otherwise damaged.

new again and save yourself a lot of aggravation, give Brite Blind Cleaner's a call. We do on-site cleaning using soundwaves in a warm water solution that gently and

work is performed in our customized truck

So, call now at 382-4880 and take weekend. Often times, blind slats are bent advantage of our special offer of 20% off blind cleaning. Offer ends April 30th. If you would like your blinds to be like Join the ranks of our ever-growing satisfied clientele. We guarantee you'll be pleased. Leave the dirty work to Brite Blind

#### Adding Water To Your Landscape



Private garden tours are available this up- ing fish and aquatic plants to thrive in an Duensing Gardens located on two acres outside of Cary on the Fox River.

David Duensing is the owner of D. B. Duensing & Co., a Waterscaping firm whose specialties include designing, building and maintaining of waterfalls, watergardens and ponds. His clients include homeowners, landscapers, designers and architects. David's slide presentations on the installation and maintenance of water gardens are highly attended.

David has transformed his love of nature, particularly ponds and water features, into a unique and thriving business. His progressive methods create practically care-free eties of perennials, shrubs and ornamental natural looking environments ranging in size from small intimate water gardens to large corporate falls. D. B. Duensing & Co.'s natural, non-chemical purification system keeps the water clarity high allow-

coming season (by appointment) of the ecologically sound environment thus ensuring natural insect control.

Duensing's talents are displayed on his own grounds. He has built a babbling brook which leads to a cascading waterfall and a small water garden complete with schools of fish and water lilies. Walks, walls and patios can also be seen in various types of stone including brick, bluestone and flag-

David has a perfect "marriage" so to speak, of careers with his wife JoAnna whose own business, Perennial Passions specializes in adding perennials to the landscape. Her collection of hundreds of varitrees are displayed in large beds beneath tall Oak and Hickory trees which surround their

Although the Duensing's garden is a (Please continue on page 46)

#### What every 1995 homebuyer should know.

For years, you were told that Realtors represented the sellers of homes.

Now, Illinois law says that Realtors who work with homebuyers represent those buyers. A simple-sounding idea,

but of major importance to you. (PLEASE READ ON AT LEFT.)

Call Arlene Cullen

Prvt. lines 465-2261 or 991-3345

The Prudential Properties



ndently Owned and Operated Member of The Prudential Estate Affiliates, Inc. Barrington

# Early Bird Spring Offer

#### **SAVE 20**%; All Blind Cleaning

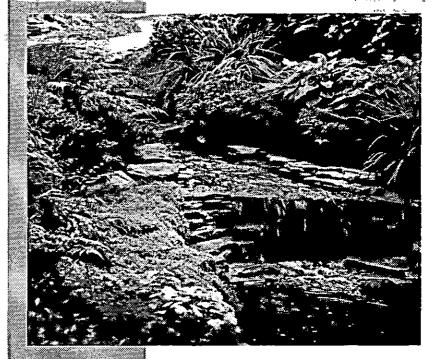
Mini-Blinds - Verticals Pleated Shades - Micros & More

- Amazing Results -Blinds Look Like New
- Remove Dirt, Dust, Grease & Grime
- Ultrasonic Most Effective **High-Tech Process**
- On-Site Customized Truck Unit

#### BRITE BLIND CLEANERS [708]382-4880

Must Mention Ad - Minimum Job \$50 - Expires 4/30/95

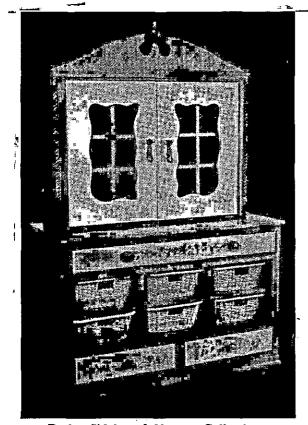
## DISTINCTIVE WATERSCAPES



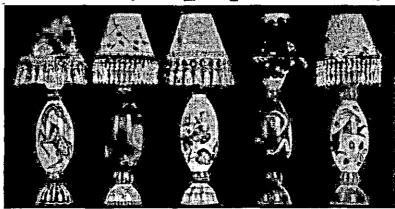
- Wäterfalls
- Water Gardens
- Water Fountains
  - Design
- Installation
- Maintenance
- D.B. DUENSING & CO.

708-516-8643

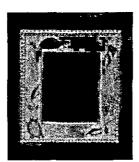
**ENJOY A TRANQUIL PARADISE** 



Basket Sideboard. Natures Collection.



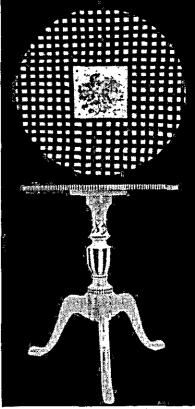
Giraffe. Fruits. Floral. Monkey. Rabbit. Lamps.



Picture Frame. Turtle.



Panel Mirror. Flower Pots.



Round Tables. Havanna Plaid.

#### Something About Stonehouse Farm Goods

A peaceful sanctuary, a gentleman's farm, a quiet place for the mind make for a time-less artistic haven in which to create the exquisite line of hand-painted furniture and accessories known as Stonehouse Farm Goods. With a play on realism, nature's spirited patterns flow forth on ageless designs built to weather the years beautifully. Born of these images and ideals, John and Tracy Porter's Stonehouse Farm Goods play a gracious part in the seasons of abundance. Beloved country calls for me... it is the simple pleasures that are important.

Inspired by things collected over a lifetime and held close to the heart, the wares of Stonehouse Farm Goods are brought to-

gether in an adventurous blend of color and whimsy. From the quite simple to the exquisitely complex, an ample table is set for the eye to play and enjoy. Using the talents of local craftsmen to build the canvases for their delights, John and Tracy design each segment of the line. On the 21-acre Stonehouse Farm in rural Princeton, Wisconsin, our talented assembly of artisans engages in the creation of each delightful hand-painted treasure.

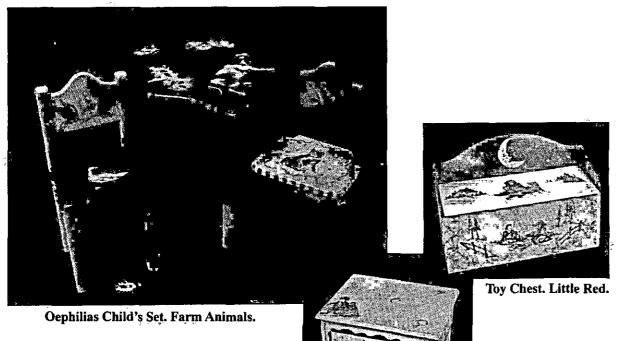
John and Tracy Porter began their journey in the basement of their Chicago rowhouse. Growing upon a local interest in the one-of-a-kind treasures Tracy brought from her cellar studio, a larger audience was attracted. Acting on their desire to work together using their collective creative process, John and Tracy abandoned their urban cares and moved the studio to their farm in Princeton in 1991.

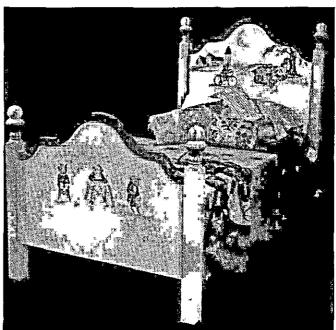
Raised on a horse farm in Fond du Lac, Wisconsin, Tracy spent each new morning at Stonehouse Farm renewing old acquaintances. A snort and high whinny from their horse, Judge, and a chorus of bleats from their herd of Jacob sheep helped to return Tracy to her roots. Born and raised in Evanston, Illinois, John's segue into country living wasn't quite complete without an introduction to the blessed event of morning chores.

John and Tracy Porter's Stonehouse Farm Goods are continually evolving. Constantly searching with curious enlightenment for delectable inspirations the entire line is reviewed and transformed to bring forth an abundant variety of beautiful pieces. All Goods are signed and dated and, since each piece is hand-painted, no two items are exactly alike.

Nature's bounty has returned to us a peaceful sanctuary... my beloved country.

From the peaceful countryside of rural Wisconsin to the charming shop of the Lamplighter in downtown Barrington.





Twin Finial. Fables.

"I would rather be able to appreciate things I can not have than to have things I am not able to appreciate."—Elbert Hubbard

Page 32 Barrington LIFESTYLES - April, 1995

Child's Nitestand. Nursery Rhymes.

## from the peaceful countryside of rural wisconsin to the charming shop of the Lamplighter ...

"Nature holds for us in the

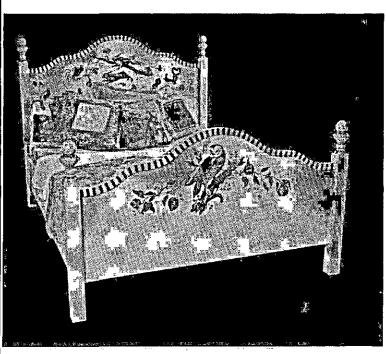
and correct—no more, and no less, than what is necessary."



Nightstands. Floral. Birds of a Feather.

htire

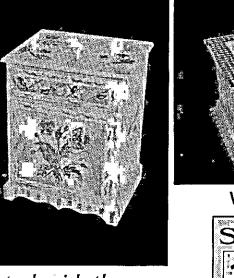
"Surely it is an error to banish the orchard and the fruit garden from the pleasure grounds of modern houses."



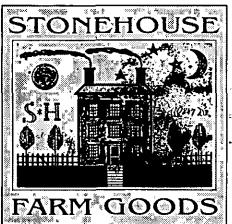
Finial Bed. Flora and Fauna.

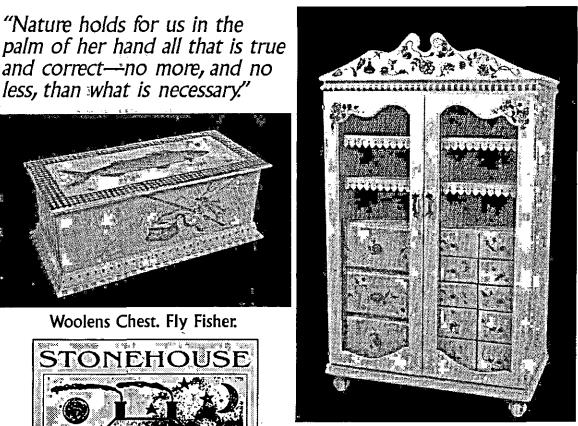


Candleholders. Rabbits.



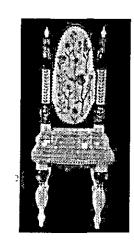
Woolens Chest. Fly Fisher.



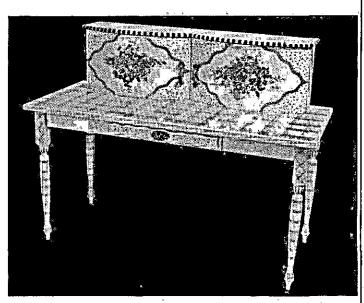


Linen. Wardrobe. Nosegay.

"Writing and Gardening these two ways of rendering the world in rows, have a great deal in common."



The Seat of Envy. **Florals** 



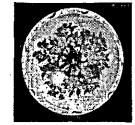
Curved Wood Desk. Fragrance of Splendor.

## The Lamplighter

118 West Main Street Barrington, Illinois 60010

381-0739

Hours: Monday-Saturday 9:30-5:00, Closed Sunday



Bowl. Florals.



**20%**FF In-Store Paintings\* & Lamps

during April

\*excludes Rick Benda & Anthony Pettera

> Adele Lampert A.S.I.D

320 E. MAIN ST. BARRINGTON, IL 60010 (708) 382-1001

PAGE ONE

Hours: Mon.-Thurs. 10-5; Fri. 10-4; Sat. 10-1

#### **We Welcome Trade-Ins**

- •Trade in your old mower for a
- •Any model, any condition accepted\* new Simplicity
- Fast and fair trade-ins negotiated Trade-ins are part of our business The value of our Simplicity product offering goes beyond the shiny, new model you select. It extends to the fast and easy trade-in policy we offer. So why put up with a machine that keeps letting you down? Stop in for a test drive, and step up to the quality of a Simplicity lawn

tractor, garden tractor or riding mower. Simplicity. Innovation brought down to earth.

\* Trade's value varies depending upon trade-in model and condition. Ask for complete details. Limited time offer.



#### Rowland's Power Equipment, Inc.

200 W. Northwest Hwy., Barrington (1 Block West of Rt. 59 on Rt. 14)

CONVENIENT NEW HOURS: Mon., Tues., Thurs., Fri. 8:00-6:00 Wed. 8:00-12:00, Saturday 8:00-3:00

(708) 381-1084

#### Let Page One Interiors Help You With Your Important Design Decisions

Page One Interiors will be offering 20% and freshness to your fireplace mantel, den month of April.

home accessories and bring in unique accessories from our showroom to enhance and update your home.

Spring is a wonderful time to dust off and rearrange your accessories and add color Pettera.

off in-store paintings\* and lamps during the or living room. You are probably in need of a change, maybe something softer and Our design staff can work with your more elegant. Let Page One Interiors help you with those important design decisions.

Stop in soon to discuss our accessorizing

\*Excludes Rick Benda and Anthony

#### BY.S Auxiliary's "Hooray For Hollywood"



Invitation's Committee: Robin Hamlin, Nancy Nadig, Dena Bellow and Sue McGrath.

Barrington Youth Services Auxiliary invites all fans of the agency to a "star studded" evening at the Barrington Hills Country Club on Friday, May 5, at 7:00 p.m.

Directing this year's annual fundraiser are Leigh Furda and Kim Penning of Barrington. Their theme this year is "Hooray for Hollywood". Frequent organizational meetings with the committee have resulted in many exciting and fun ideas regarding the schedule of events at the gala. Perhaps guests should bring along their cameras and autograph books?

Cocktails and silent auction precede a sumptuous dinner, then dancing with music provided by the popular jazz band, "Just Friends". After five attire is the suggested dress, but those planning to attend should keep in mind that anything goes in Holly-

wood!"

Deluxe prizes highlight the evening which include two round trip airline tickets on American Airlines to a destination anywhere within the continental U.S. courtesy of The Travel House of Barrington, four 2nd row, main floor tickets to see the Chicago Bulls donated by Suncast Corporation, and a \$200.00 gift certificate from Chuck Hines Clothing Store. Silent auction items include other sporting events, vacation homes to unique destinations, housewares and accessories, and much, much more.

Tickets for "Hooray for Hollywood" are \$100.00 per person. Please call Robin Hamlin at 382-0706 for reservations and additional inquiries.

#### 'Eggs-Travaganza' Luncheon

Women's Club invites all women to their April "Eggs-Travaganza" luncheon. Featured will be the designer home stencil store illustrating wall stenciling techniques. Rita McGregor will share her musical favorites and guest speaker will be Martha Glade."

The luncheon will be held on Thursday, ervations.

The Northwest Suburban Christian April 13th from 12:00 P.M. to 2:00 P.M. at Concorde Banquets on Rand Road (just north of Quentin) in Kildeer. The cost is \$10.00, and baby-sitting for infants through preschoolers is free.

Please call Renate at 359-4751 or Ginny at 382-1202 by Monday, April 10th for res-

#### Trade-In/Dealer Advantage

Ever felt like pushing your old garden trac- to a difficult question? No problem-lawn tor off the nearest cliff? Well, before you do anything rash, give Rowland's Power Equipment a call. You might have some other options. You won't get more for your trade-in anywhere else.

It's just part of the Simplicity dealer advantage. Professionals who match your exact gardening needs with just the right piece of innovative, common sense equipment to get the job done simply and easily.

But don't take our word for it. Stop by for a test drive. You won't waste any time looking for our lawn and garden department-that's all we do!- Need an answer

and garden is our specialty!

And when it comes to finding quality parts or expert service long after the sale, we stand behind each purchase with a level of service and support no chain store can

The right equipment. The right value. The right answers. That's the Simplicity Dealer advantage. You'll be amazed how simple it is. But then that's Simplicity. Innovationbrought down to earth.

Rowland's Power Equipment is located on Northwest Hwy, in Barrington

#### Painted Ladies

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Swanson Painting was recently honored in the 8th annual "Chicago's Finest Painted Ladies" competition, which is sponsored by the Chicago Paint and Coatings Association. Swanson Painting was presented with two awards for homes artfully painted in Harvard and in Richmond, Illinois, Homes were judged on the beauty of the paint application, how the colors chosen fit the home, and how the colors fit the surroundings of the property. Swanson Painting has received nine awards, more than any other painting contractor, during the eight years of the competition.

"Painted Ladies" are only a small portion of the services Swanson Painting offers. Other services include exterior painting, interior painting, wallpapering, design service, and wallpaper sales.



stop by our wallpaper showroom at 114 W. Main Street, Cary. The showroom will be open Tuesday, Wednesday, Friday and Saturday 10:00 AM to 4:00 PM. Thursday the showroom will be open noon to 7:00 PM. The showroom is closed on Sunday and

For further information or a price quota-Call today for a free price quotation or tion call (708) 639-0480 or (815) 356-0480.

#### **Wallpaper Solutions**

- Thousands of Wallpaper Choices
- In-Home Design Service
- Wallpaper Installation
- Interior Painting
- Exterior Painting
- Speciality Finishes



Nancie Selzer, wallpaper specialist



#### SWANSON PAINTING COMPANY WALLPAPER STUDIO

114 W. Main Street, Cary

(708) 639-0480 (815) 356-0480

#### Glare-Not Window Tinters Provides Savings Year Round

of window film. Solar Gard residential films are now backed by a lifetime warranty. Solar Gard films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, displays, etc.

Solar Gard also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning

Improve appearance with the elegant look less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, burglar, etc.

Glare-Not Inc. has provided savings and security for 8 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard films are backed by a lifetime residential warranty. References are available upon request.

We look forward to saving you money!!! For further details please call (708) 382-8468 or (815) 363-8468,

#### TUFETIME. THROWING YOUR MONEY OUT THE WINDOW! WARRANTY ON Start being energy saving conscientious increase your living comfort while decreasing utility bilis! High tech/Low emissivity coating helps retain winter heat · Allows In maximum light · Reduces heating Makes glass and cooling costs shatter resistant · Reduces glare Reduces furniture and carpet fade Increases living comfort Comes with scratch resistant coating AUTHORIZED DEALER & INSTALLER OF SOLAR GARD FILMS GLARE-NOT, INC. (708) 382-8468 WINDOW TINTING & WINDOW CLEANING (815) 363-8468

#### K.D.A. Kitchen Distributors Of America "For The Heart Of Your Home"



K.D.A., 380 West Virginia, Crystal Lake, cabinets from K.D.A. can open up a whole new world of beauty Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it

Beautiful, meticulous construction, easy and convenience for your new kitchen with care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new should reflect warmth and timeless quality. kitchen, choose the quality cabinetry of That's just what you'll get with Merillat Merillat from K.D.A., (815) 477-4800.



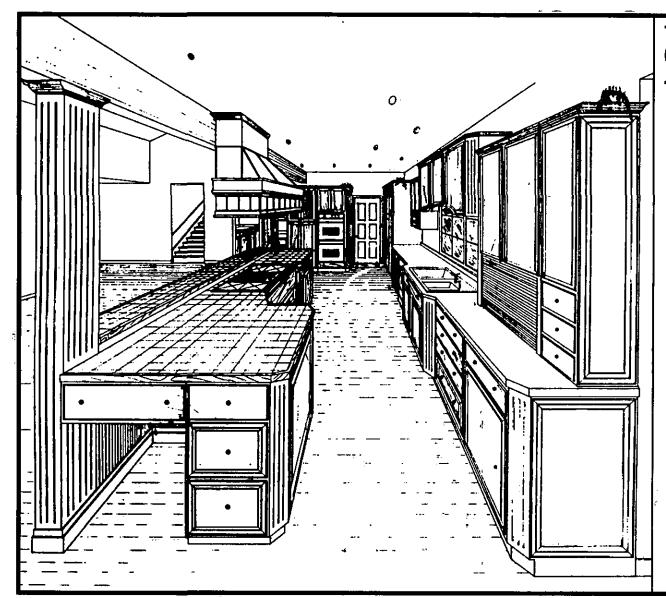
If you've always wanted an attractive kitchen with lots of convenient storage space, look at cabinets and accessories from Merillat. Set your imagination free with the wide variety of styles and materials to choose from. And you can count on years of trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat - America's Cabinetmaker.

Kitchen Distributors of America, Inc.

380 W. VIRGINIA, CRYSTAL LAKE, ILLINOIS 60014

(708) 705-7005 FAX (815) 477-4830

MON. & THURS, 8:30-8:00 p.m. TUES., WED., FRI. 8:30-5:00 p.n SAT. 9:00-1:00; SUN. CLOSED



## CI QUALITY CRAFT INCORPORATED

hen a homeowner decides to remodel or build an addition they must go through a series of evaluations and decisions. First, they interview a designer. Next they look at plans, products, and services. Finally, they select a contractor and hope that everything comes out as it was planned.

At QUALITY CRAFT, INC. our professional designers and contractors work together to take the anxiety out of the remodeling experience. **QUALITY CRAFT, INC.'s** reputation is based upon hands on project management of budget and scheduling and the use of our own experienced craftsmen who maintain the attention to details and quality that you deserve. Call **QUALITY** CRAFT, INC. today for your free home consultation at 708.893.2929 and let us help you build your dreams.

#### Hawthorn Woods Womens' Club Presents Spring Fling '95

The Hawthorn Woods Womens' Club will Limited Express, Pink Fox, The Limited, be presenting the Spring Fling '95 Luncheon and Fashion Show on Saturday, April 8. The event will begin at 11:00am at the Kemper Lakes Clubhouse, located on Old McHenry Road, just north of Rt. 22.

The shops presented in the fashion show will be Peter Daniel, Kemper Golf Shop,

#### "April In Paris" April 29

"April in Paris" will be the theme for the gala to be held on Saturday, April 29, 1995 to benefit the Michael Joseph Foundation. The event will take place in the palatial Barrington Hills home of one of the foundation's most generous benefactors. Cocktails, a French dinner, a live auction and a concert should make for a lively evening. Lyn Larsen, named organist of the year by the American Theatre Organ Society, will perform on the authentic Wurlitzer theatre organ featured in the grand music salon.

The home houses an elaborate collection of musical antiques and treasures that delight the eyes as well as the ears. What began as a collection of steam engines, and arcade and slot machines rapidly grew into an extensive collection of automatic musical instruments. The amazing array of working musical machines ranges from phonographs to music boxes, and even-a two-story mechanical orchestra replete with organ, horns and drums. One of the owner's favorite music machines is a violano which contains a piano and a violin that plays a beautiful melancholy refrain.

Gap Kids, He-Ro's and Limited 2.

Tickets are \$30 with proceeds to benefit the Hawthorn Woods Scholarship Fundi which awards scholarships to collegebound residents. There will be a cash bar and door prizes. For reservations, contact Shari Brady at 726-7713.

Apropos to the Parisian theme is their most recent acquisition, a French Grand Carousel, "Eden's Palais," undergoing renovation, several of the beautiful wooden horses line the balcony of the grand music salon, reached by an elevator with a stained

The entire collection will be on display on the evening of April 29. The Victorian furnishings in the family's warm and lovely living quarters may also be viewed by guests.

The Michael Joseph Foundation is a charitable not for profit organization dedicated to finding, renovating, and/or building homes for families in need. Additional social and educational support is given to help stabilize those who seek help while in transition. The selected families are chosen by various criteria including need, assessed motivation and ability to again become self

We hope you will take this opportunity to participate in a unique evening of entertainment with friends while helping needy families to maintain their dignity during cri--sis. Your invitation to this magnificent soi-

#### Two Spring Classes For Gardeners

Time to think Spring! Area gardeners have lenge a gardener. Learn what plant materian opportunity to attend two classes that als will thrive in shady areas—grasses, will provide answers to many gardening questions before planting season arrives. "Critter Control", to be held on Thursday, April 6, 7:30 - 9:30 p.m., will address the control of pests that damage gardens and grounds. Experts Sharon Yiesla, University of Illinois Cooperative Extension Service horticulturist; Marty Jones, Illinois Department of Conservation urban deer project manager; and Scott Garrow, Illinois Department of Conservation district wildlife biologist, will outline multiple ways of handling the various critters that invade your prop-

On Thursday, April 20, 7:30 - 9:30 p.m. "Gardening in the Shade" features Marilyn Alaimo, lecturer, writer and landscape designer. The beautiful trees and native shrubs that adorn our personal landscapes chalground covers, bulbs, shrubs, flowers and understory trees, as well as how to make those plant materials thrive.

In a cooperative effort with the Barrington Park District, these classes have been arranged by the Educational Focus Committee of the Council of Barrington Garden Clubs. Both classes will be held at Langendorf Park, 235 Lions Drive, Barrington. Fees per class are \$8.50 (\$10 per couple) for in-district residents and \$10 (\$12 per couple) for out-of district residents. To register by mail, use the registration form in the Spring park district brochure or stop by the park district office to register in person. For further information, telephone the Park District office at (708) 381-0687 or (708) 381-1484 to reach an Educational Focus Committee member.

#### BARNO Meeting April 11th

The Barrington Area Registered Nurses Mission to Vietnam and Hong Kong" with Organization (BARNO) will meet Tuesday, April 11, 1995 at 7 P.M. in the Meadow room at Good Shepherd Hospital, 450 W. Highway 22 in Barrington. Social hour 7-7:30, Business Meeting 7:30,8:00, Program at 8 P.M. Mildred Gustafson R.N., B.S.N., M.A. in family and community counseling will speak on "Psychodrama in Health Care". Gustafson spent two weeks in October, 1994 with a "People to People Study

a group of U.S. Specialists on Post-Traumatic Stress Disorder and the Creative Arts Therapy. She will relate her experiences of this journey and its outcome in her topic.

All Registered Nurses active or inactive, residing or working in the Barrington area or surrounding communities are invited to attend this meeting.

For more information, please call Cheryl Jellovitz at 708-382-7038.

limited so respondez vous s'il vous plait. date: April 29, 1995!

ree will arrive soon in the mail. Seating is Remember to mark your calendar with the

Page 36 Barrington LIFESTYLES - April, 1995

#### What Is "Custom" Residential Architecture?

We see this word "custom" on everything lately. Some builders build the same five house plans every year and yet they call themselves "custom" builders! What does "semi-custom" mean? Why do some people think that anything made custom is only for the wealthy? "As residential architects, we are constantly asked to define and dispel the myths associated with this word," says John C. Cazzetta, of Kemper Cazzetta, in Barrington.

The definition of the word "custom" as it relates to residential architecture is actually quite simple. A true custom design is something that is solely created by the architect from the specifications and desires of the client. In some cases, a very traditional colonial is actually a custom plan. A custom plan is never repeated or sold to other clients, and the architect and homeowner maintain the only originals.

Anything short of this definition is NOT which are revised by the architect per the owners or builder's program is a "customized plan." "Semi-custom" is when a home that 'we' design."



builder offers set model plans and the homeowner "a la cartes" upgrades to the

The biggest myth of custom residential architecture is the expense, "We have many clients who want a simple plan and have a limited budget, but do not want to live in 'Plans A through F'." They want their housing dollars to be utilized to the fullest po-

If you would like to discuss a custom design with us or customize an existing plan a custom design. Plans that already exist that you have, please contact John C. Cazzetta at Kemper Cazzetta, Ltd., in Barrington. "We feel that you will enjoy the

#### Come Home To Modern Home

Modern Home Products, the people who pioneered gas BBQ grills and gas yard lamps introduce Sear Master new state-of the-art cooking system.

In 1961 they started a back yard tradition which has grown and flourished over the years to proportions they did not even imagine. That was the year they introduced the world's first gas fired barbecue for at home use. An introduction which revolutionized an existing tradition and created an entirely new industry.

Modern Home Products grills are supeporcelain briquets which have a 5 year warranty. These exclusive briquets are self cleaning and have excellent heat transfer for fast warm up.

ıď

They also virtually eliminate hot and cold spots and reduce flareups. It features all aluminum components for rust free perfor-

Options available with the Sear Master see the newest gas BBQ grill.

rior! They have exclusive Flavor Master include: permanent post patio base, L.P. Cart, quick disconnect natural gas cart, inground post.

> For all your gas grill parts and accessories, stop in and talk to our knowledgeable staff, pictured are some of the replacement

> Stop in at House of Fireplaces in Elgin, 824 East Chicago Street (Route 19), and

#### All Your Landscaping Needs

Mark Cook's Garden Center on East Main St. in Lake Zurich; is a full service garden center, landscape contractor and nursery stock grower with our nursery in Woodstock, Illinois. We can provide you with a complete program for new or existing home landscaping design and construction. The majority of our work over the last nine years has been providing our satisfied customers with quality landscapes, patios, sidewalks, water gardens and natural amenities to their outdoor living space.

Consider where you purchase most of your products and services. Consider where and with whom you are dealing. Then, think for about three seconds, get in your car and drive to our garden center or call us at (708) 438-2120. We will be happy to familiarize you with our products and services and provide you with a better understanding of the landscape possibilities for your home or business.



Quality products and services are just down the road at Mark Cook's Garden Center: perennials, annuals, ground covers, ornamental grasses, trees, shrubs, evergreens, hanging baskets, herbs, water lilies, aquatic plants, bird houses, bird feeders, quality bird and deer food, decorative pots, wind socks, flags, lawn and garden fertilizer, and pond and lake herbicides.

#### Fashionable Fund Raising With Style

To raise money for the Buehler YMCA's and Tannis of Barrington Lingerie; scarves Annual Giving Campaign, the Health Enhancement Staff will hold their 2nd annual fashion show and luncheon Sunday, April 30, 1995 from 11:30 a.m. to 3:30 p.m. at Cotillion Banquets in Palatine.

"April in Paris" promises to be very stylish especially since its first of five grand prizes is two round trip tickets to Paris, France, compliments of American Airlines. In addition, other prizes and free gifts will be a part of this exciting day.

Fashions in this year's show are being supplied by A'L'Amour, Betty's of Barrington, Peter Daniel, Satin Filly, Sundance, Buehler YMCA, 359-2400.

and bodywear selections by Cosabella and Yolanda Lorente will also be shown. Professional models are being provided by Stewart's Northwest Talent.

Our goal this year is to raise over \$8,000 This annual event, the theme of which is to support the YMCA's Annual Giving Campaign which provides disadvantaged youth, low income families, seniors and disabled the opportunity to take part in YMCA values-oriented programs that help to improve the quality of life.

Tickets to "April in Paris" are on sale at a cost of \$25.00 each. For more information please contact Shelly Larson at the



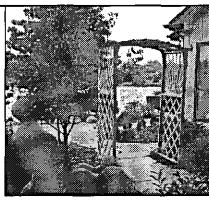




 Nursery Stock Arriving Daily From Our Nursery

> Natural Stone Patios & Walks

> > Water Gardens



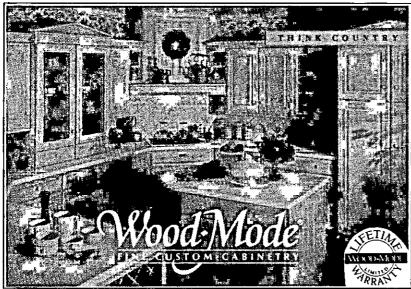
MARK COOK'S GARDEN CENTER, INC.

101 E. MAIN STREET • LAKE ZURICH, ILLINOIS

(708) 438-2120

# THE MANY MOODS OF COUNTRY

Wood-Mode Traditionals



Country. It's the look that makes you feel at home. It's warm, inviting and appealing. And Wood-Mode traditional cabinets set the mood. Meticulously crafted, with finishes and styles to suit the most discriminating country connoisseur, they're the best selling line of custom-built kitchens in America.

If you're interested in country classics, stop by our showroom. From English to French, Shaker to Victorian and beyond, we have the "mood makers" you're looking for.

#### Distinctive Kitchen Designs, Inc.

203 S. Main Street, Wauconda, IL 60084 (708) 526-7822 Monday-Friday 9:30-5, Saturday by Appointment

Catholic Charities' "Hearts For The Homeless" Raises \$24,000 For Northwest Suburban Family Shelter



With Dr. James Nuzzo from Barrington are Fr. Dennis Stafford, left, and Fr. Jack Dewes from St. Anne parish in Barrington.

Sponsored by Catholic Charities Northwest or beef brochette were served, During des-Suburban Services, the sixth annual Hearts for the Homeless held in the Valentine month of February at the Cotillion in Palatine raised \$24,000 to help homeless families throughout the northwest suburbs.

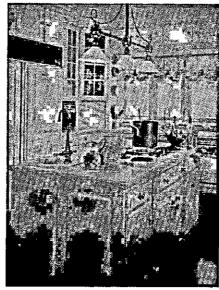
The benefit was chaired for the sixth year by Mary Jane Nelson from Arlington Heights and Phyllis Nicholson from Mt. Prospect. They welcomed guests from many parishes in the northwest suburbs to the social hour and review of the silent auction and "coffee can" items.

With the background of lovely piano

sert, Mr. Prospect's Joe Kerr, master of ceremonies, welcomed guests, introduced Bishop-elect, Edwin Conway, director of Catholic Charities of Chicago, Stephen O'Brien Combs, regional services director, and Kent Nelson from Arlington Heights. Kent served as auctioneer.

Catholic Charities very sincerely appreciates the generosity of major donors which includes The Dychossois Foundation; Michael Wilkins, Jack Smiths and James Maffias from Mt. Prospect; Boho family, Pat Roppo, Dr. James and Stephanie Nuzzo, music by Marilyn Wade form Mr. Prospect, and Joseph D. Foreman & Co. form Barchilled wines and a dinner of chicken bercy rington; Victoria Kauss from Schaumburg;

How To Survive A Kitchen Remodeling Project



With the snow clearing and temperatures rising, many people are looking ahead to spring and to home remodeling projects. While remodeling can be exciting, people often procrastinate remodeling a kitchen because of the mess and inconvenience.

Star Norini, CKD, owner of Distinctive Kitchen Designs in Wauconda says,

"We try to make the remodeling as painless as possible. As soon as we have finalized the design and cabinets have been ordered for our clients, we begin to work out a realistic plan and schedule for remodeling. We can usually keep the "mess" confined

to the area being remodeled, but what our clients find most inconvenient is being without the use of their kitchens.

Certainly going out to eat is an option. This option can be expensive and even the worst "Junk-food Junkie" will tire of eating fast food for three or four weeks. Instead, we will often suggest an area for a "temporary kitchen". We will move a refrigerator, microwave, and/or electric cooking appliance to an adjacent room. This enables the clients to prepare meals while the new kitchen is being installed. We also suggest that the client prepare meals weeks in advance and freeze individual servings in plastic bags that can be reheated in the microwave and served on disposable plates and cups. Clean up (which can be challenging without a sink) is, therefore, kept to a minimum.

Your friends and family can be a great help during the remodeling. Most clients find that once they announce plans for a kitchen project, dinner invitations follow quickly.

Lastly, Norini adds, I try to describe the remodeling process as realistically as possible. I let them know that it will probably be a difficult time for a few weeks. In that way, they have time to plan, prepare and look forward to their new kitchen.

Distinctive Kitchen Design is located at 203 South Main Street in Wauconda, (708) 526-7822.



At Catholic Charities' sixth annual "Hearts for the Homeless" benefit are, from left, event Chairwoman Mary Jane Nelson, first cousin to Rev. Conway, from Arlington Heights; bishop-designate Rev. Edwin M. Conwdy, director of Catholic Charities of Chicago; and Stephen O'Brien-Combs, Catholic Charities' Northwest Suburban Director. Rev. Conway was ordained in March at Holy Name Cathedral.

Glenview; and Ansco Photo Optical from Elk Grove Village. Many more donors and active bidders contributed to the evening's great financial success.

Hearts for the Homeless is more important that ever as a source of support for the Family Shelter. It is also an opportunity for us to celebrate the many ways the northwest suburban churches take action yearround to support the Family Shelter and many other efforts to help people who are homeless regardless of their religious, racial, ethnic and economic backgrounds.

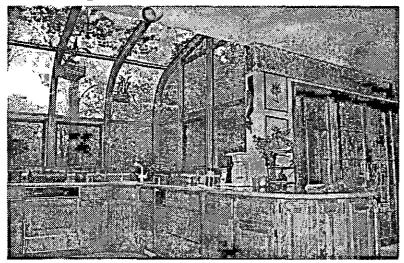
The Family Shelter places homeless families in apartments for several months to stabilize their lives while they seek em-

Illinois Tool Works Foundation from ployment and receive counseling. Experienced Catholic Charities social workers help the families to set goals, access services and take action to get back on their feet. The CARA program creates opportunities for motivated families to move out of shelters and achieve self-sufficiency through education and employment", said Stephen O'Brien Combs, regional services director, Catholic Charities' Northwest Suburban Services based in Rolling Meadows. Stephen is assisted by Sister Jenny VandenBergh, S.S.N.D.

·For information on Catholic Charities and how they may help you or someone who needs help, please call 708/870-0560.

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#### An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, Armcor Design and Build is your local store for Four Seasons, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each Four Seasons product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a Four Seasons sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations. HeatMirror®

glass, specially designed to keep summer heat out and winter heat in, is one key to Four Seasons' success-especially in our Chicagoland climate.

Many patented features are available exclusively from Four Seasons, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every Four Seasons greenhouse/solarium product is maintenance-free, weather-tight and comes with a five year warranty on parts and a one year warranty on labor. There are numerous shades options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (708) 358-4860, or visit our showroom at 2001 Rand Road, Pa-

#### Fields Of Green Landscape Management Corporation Offers A Blend Of Art, Science, And Customer Service

The first thing you will probably ask your-Green for my landscape design and main-

Our response... because our degreed designers and architects artistically combine their horticultural knowledge with your home's (or office's) interior style and create timeless low maintenance designs. High quality plants and materials ensure beautiful results for each of our private and corporate clients.

...because we know the success of any design-or lawn maintenance program depends on how it is implemented. Our results reflect the latest technologies and creative cost-effective approaches to common concerns. We provide professionally planned programs with appropriate services to meet your individual needs.

...because we are service orientated. self is, "Why should I choose Fields of .Fields of Green consistently goes beyond what is required to create style and elegance. Our well-trained, experienced staff will work with you to create your desired effect and enhance the natural beauty of your property.

Fields of Green provides complete personalized landscape services to our clients. Renovations, new construction, problem areas, or just a touch of color-we are always eager to discuss your plans and ideas. Most importantly, we take pride in our work and ensure that it is to your satisfaction.

After all, enhancing Mother Nature is a bit of art, a bit of science, and a touch of ingenuity! Challenge Fields of Green by inviting us to review your particular landscape requirements at (708) 487-8878. Members of ILCA, APLD, and LDG.

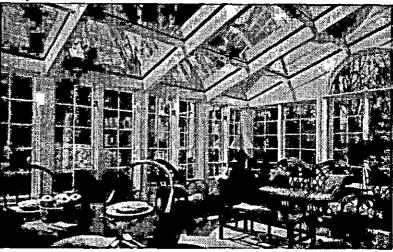
#### Welcome Wagon Club Of Barrington Luncheon

This month our luncheon is a special treat. We will meet at the old Church Inn in St. Charles at noon. Over a century old, the inn was formerly St. Patrick's Church. Fashions from St. Charles' lovely stores and boutiques will be presented. Plan time to browse through the nearby antique stores

following lunch. The menu will include soup, chicken crepes, and red raspberry surprise. Cost is \$13.00.

Please call Mary at 381-6074 for reservations and directions. Baby sitting is available. The luncheon is scheduled for Tuesday, April 11.

#### Move Up or Move Out . . . WITHOUT MOVING AWAY



FROM CONCEPTION THROUGH COMPLETION, OUR PROFESSIONAL STAFF OF ARCHITECTS AND DESIGNERS WILL CREATE A NEW LIVING SPACE WITH FIRST AND SECOND FLOOR ADDITIONS ESPECIALLY FOR YOU! CONSIDER THE IMPACT OF INTEGRATING OUR ENERGY EFFICIENT, LUXURIOUS "FOUR SEASONS' SUNROOM" INTO THE NEW LIVING SPACE OF YOUR DREAMS!

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**Residential** Commercial

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LANDSCAPE MANAGEMENT CORPORATION

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- Clears and mulches leaves creating valuable mulch
- •Chips branches up to 3" in diameter •Wide 25" vacuum
- •Adjustable Quick-Pik™ nozzle control
- •Zippered bag holds up to four bushels of shredded leaves

Whether it's cleaning up from winter or managing fall's leaves, the Chipper Vacuum from Simplicity is up to the task. It's the easy, practical way to care for your lawn. Simplicity. Innovation brought down to earth.

Simplicity Outdoor Power Equipment

#### REED LAWN & LEISURE, INC.

1 Mile North of Lake Cook On Rand Palatine, Illinois (708) 438-5220

Half-Million Dollar Grant For Heroes Continues; National Search For 1995 Henry B. Betts Laureate Begins



JOIN THESE HEROES.

The call for nominations for the 1995 Henry B. Betts Award has been issued. The five Betts Laureates are (1 to r): Dr. Ernest Johnson (1991), Marca Bristo (1993), Ralf Hotchkiss (1994), Jackie Brand (1992) and Judy Heumann (1990). The \$50,000 award is given annually to a living individual who has made extraordinary efforts to improve the quality of life for people living with physical disabilities. Deadline for entries is June 26 1995. For nominations contact: Henry B. Betts Award, 303 E. Wacker, Suite 1031, Chicago, IL, 60601, (312) 616-1006.

lars to be awarded over a 5-year period to heroes who make life better for people with change social attitudes and service delivery people with physical disabilities.

Washington, D.C. In 1989, Prince Chariaffecting the growing number of those with table Trusts donated a quarter-million dol- physical disabilities. Once again the call for nominations for the 1995 Henry B. Betts Award is being issued nationwide. The disabilities. Now Frederick H. Prince has \$50,000 unrestricted prize will be awarded renewed the grant for another 5 years, in- in 1995 to a living individual for extraorvesting a half million dollars in people who dinary efforts to improve quality of life for

Page 40 Barrington LIFESTYLES - April, 1995

#### Is A Spring Tune-Up In Order?



The grass will be needing its first cutting in just a couple of weeks. Is your mowing machine tuned and sharpened and ready to go? Probably not.

Reed Lawn & Leisure can get your tractor, rider or walk behind mower in tip-top shape for that first mowing. But, make arrangements now for your maintenance work and have your machine ready when you need it. If you delay for 5 or 6 weeks, you may face a month backlog. Call today to schedule the pick-up and delivery of your

Maybe your old mower is beyond salvage. Chipper vacuums, tractors, riders, walk behinds, all the latest in lawn care

equipment and accessories in name brands can be found at Reed Lawn & Leisure on Rand Road. These lawn care experts suggest you stop in, browse around, ask questions, and purchase your favorite Simplicity, Snapper, Toro, Honda, Echo or John Deere. And at Reed Lawn & Leisure, they not only sell the equipment but they also service it.

Reed Lawn & Leisure also carries a complete line of rototillers, chainsaws, power blowers and string trimmers.

If you need to unclutter your garage, consider a Heartland Barn for the storage of all your,lawn and garden equipment.

#### NSCA To Host Spring Banquet

The Northwest Suburban Christian Academy (NSCA) will host a Spring Banquet at 7:00 p.m., Thursday, April 6, at the Village Church of Barrington, 1600 E. Main St. The banquet will be a celebration of God's goodness to our school during the last five years. Those who would like to join in this festive evening are invited to be the school's guests. For reservations and complimentary tickets, please call the school, 526-8673.

The featured speaker, Brannon Howse, is the Midwest Representative of the Family Research Council, which is led by Gary Bauer. Howse also heads up the American

Family Policy Institute and has written Cradle to College: Stopping the Educational Abduction of America's Children.

NSCA is also co-hosting Howse's seminar on Saturday, April 8, from 8:30 a.m. to 12:30 p.m. at the Evangelical Free Church of Wauconda, Route 176 and Anderson Road (west of Rt. 12). Please call 526-8254 for more details.

NSCA, a non-denominational school, serves students grades K-8 and is located at the Wauconda Baptist Church, 150 Bonner Road.

#### Role Models from Anywhere, USA

Anyone can nominate any individual from any discipline; including business, science, medicine, advocacy, arts, media, research, technology, education, allied health and nursing, for example. Selection criteria include: vision, scope and continuing influence demonstrated by the nominee.

The award is named for Dr. Henry B. Betts, the pioneering physiatrist (fizzy á trist) and CEO of the Rehabilitation Institute of Chicago. The Betts Award ranks as the richest humanitarian award in this field, granted to non-clinical personnel and "ordinary" citizens. It is the "Nobel Prize" of such awards because of its generous unrestricted character, broad criteria for leadership and visionary challenge to improve quality of life for millions of people with disabilities.

Past Betts Laureates: True Heroes For Millions of People with Disabilities To date, five heroes have been named Henry B. Betts Laureates: Ralf Hotchkiss (1994), a wheelchair inventor/designer and technical director of the Wheeled Mobility Center at San Francisco State University; Marca Bristo (1993), founder of Access Living of Chicago and chairman of the National Council on Disability; Jackie Brand (1992), mother, teacher, computer specialist and founder of the Alliance for Technology Access; Dr. Ernest Johnson (1991), a

physiatrist, pioneer in rehabilitation medicine and educator at the Ohio State University School of Medicine; and Judy Heumann (1990), co-founder of the World Institute on Disability and assistant secretary, Office of Special and Rehabilitative Services, U.S. Department of Education. Some live with physical disabilities, others do not. Each represents a powerful story of achievement, both personally and in the arena of disability and rehabilitation.

The Laureate is selected through a twostep process. All nominations are reviewed and ranked by a board of examiners who send the top ranked nominees to a national jury for final selection. The hundreds of nominations submitted each year are reviewed for completeness of information and examined for the scope and effect of life contributions to people with disabilities. Women and men from communities large and small across the nation are carefully considered in the double review process. This year the call for nominations concludes on June 26. The Henry B. Betts Award will be presented in the autumn of 1995 in Washington, D.C. To obtain official nomination forms call or write to: Secretary, The Henry B. Betts Award, 303 East Wacker Drive, Suite 1031, Chicago, IL 60601, 312/616-1006. Nominations must be postmarked by June 26, 1995 to be eligible for consideration.

#### Spring Planning With Sanfilippo Landscape

important. It gives you a direction and helps you get where you want to go. Sometimes the planning can be done without help but more often than not a professional is needed.

At SanFilippo Landscape we offer the planning help you need when it comes to the landscaping of your home. Through education and experience our architects must be able to take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of what creating a design is all about. Everything must be consideredbuilding location, drainage, lot size and direction, neighbors, existing plantings, budget-and don't forget the most important consideration-what you want! Do you entertain a lot, do you enjoy gardening, have plans for a pool, require low maintenance? Remember no one can give you what you want until they know-what's important to

Once you've established your needs and have the plan in front of you, how do-you know if it's a good design? Many people look at a landscape plan as just a bunch of circles on a piece of paper so we thought

No matter what you do in life, planning is we'd share with you some ways to understand what the plan is trying to tell you.

All plans should place your residence and all other structures on the property in their proper location (a survey is required to do this) and drawn to scale. The diameter of each circle represents the tree or shrubs' spread. Architects/designers usually have a style of drawing that helps you differentiate the different types of plants used i.e. deciduous, evergreen, groundcovers. And always keep in mind, "the right plant for the right location". The plants mature size must always be considered so you don't have a too large or too small a plant for a

Pay attention to variety in the texture. color and size of your plant materials. A good mix of heights give the landscape dimension while large groupings of the same plant can help create variety in texture and color throughout all the seasons.

Whatever you do, start out with a plan. Everything doesn't need to be done in one season but if you know where you're headed, you're more likely to get there. Please give Mike or Eileen SanFilippo a call at 708-381-1611. We'd be happy to help you with your landscaping needs.

#### Spring Is Home Decorating Time

need of wallpapering, painting, staining, or faux finishing?

Maybe you need a whole new different cleaned in your home. Whatever your need Papering Service Inc. 708-658-5562. is, we have 32 years experience of work-

NOW is the time to decorate! Are you in ing with homeowners and designers. We have the latest equipment and the skills to handle any job, LARGE or small!

We are a fully insured company. For a look with wallpaper, or perhaps you just free in-home estimate call us now. "Beat need to have the walls and woodwork the rush—use our brush". Ralph's

#### What Is A Certified Kitchen Designer?

While there are many designers who "do" kitchen will look like. kitchens, only a limited number hold credentials as Certified Kitchen Designers (CKD). Jim Walker, a partner at Barrington Homeworks Kitchen Center, and himself a Certified Kitchen Designer, says, "CKDs work very hard to help you determine what you really want. The plans they show you, the options they describe, the products they recommend, reflect your individual needs. They remember alwaysthis is your kitchen."

The kitchen is the most technically complex room in the house, and the most expensive to install. Designing a good kitchen, making it work as well as it looks, requires very specialized skills.

From the beginning, the back-and-forth exchange of information with a CKD will reassure you. In your initial meetings, the CKD interviews you at great length to discover how you cook and live in a kitchen space. This is the time to share all your ideas-notes and pictures, too.

In a short time, you will review preliminary designs. The CKD will go over them with you, discussing the advantages of each, describing the choices and the relative investment figures. Together, you and your CKD will perfect the plan and make product decisions.

The CKD will have final plans prepared for your review—including interpretive drawings so you will see what your new

Some CKDs offer a design service only. But Walker is affiliated with Barrington Homeworks Kitchen Center and can offer a complete showroom. Both types of specialists submit a clear and complete proposal encompassing all of the work planned. The specifications describe in detail all construction work, cabinetry, countertops, fixtures, wiring, plumbing, lighting. There should be no surprises when you work with a CKD.

CKDs make sure you understand all of your choices during the planning process. They know kitchens from the inside out: from the wiring, venting and plumbing hidden inside the walls, to all the technical and aesthetic alternatives you weigh as you look at cabinetry, appliances and surfacing ma-

CKDs keep up-to-date on new equipment and new construction materials, as well as building codes, safety rules and environmental regulations. They will make sure that your new kitchen meets all standards for safe use by you and your helpers.

CKDs understand budgets and can explain the pros and cons of products as they relate to the required investment. The CKD's sound advice will help you make the right decisions for your new kitchen.

It takes years of training and expertise to earn those coveted CKD initials. Require-

(Please continue on page 46)

We are Full Service Landscape Contractors dedicated to making your home more beautiful!

#### LANDSCAPE ARCHITECTS

Quality Plant Materials Installed Terraces – Paveloc Pavers **Retaining Walls** Stonework – Lighting

Free Landscape Plan with signed contract.

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#### Ralph's Papering Service Inc.



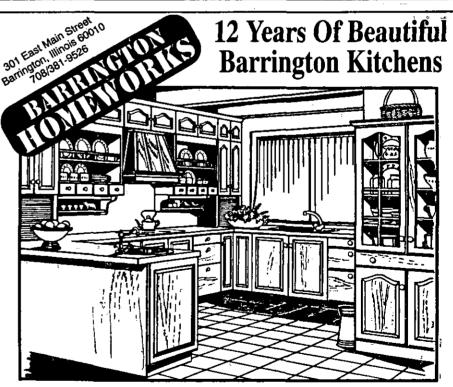
Spring Is Home Decorating Time!

- Wallpapering
- Painting
- Staining
- Faux Finishing

"Beat the Rush--- Use Our Brush"

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Call us Now for a FREE Home Estimate



Your new custom kitchen begins in our showroom when you, discuss your needs with a Certified Kitchen Designer. We'll show you furniture quality cabinetry, labor saving accessories, and the kind of innovative kitchen plans that really work.

As Always, Free Estimates, No Hidden Fees.

#### THERE'S NO SUBSTITUTE FOR CREATIVE PROFESSIONALS

SHOWROOM HOURS:

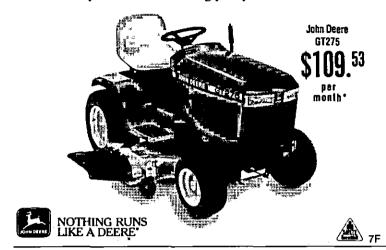
9:00 a.m. to 5:00 p.m. Monday through Friday; 9:00 a.m. to 2:00 p.m. Saturday; Evenings by Appointment

(708) 381-9526

Member, National Kitchen & Bath Association

# Takes "work" out of lawn and garden work

With all that our affordable GT275 Lawn and Garden Tractor has to offer, it's no wonder taking care of your lawn is no longer work. A 17-hp engine and hydrostatic transmission supply the power and versatility to cut even the biggest jobs down to size. And with convenient extras like speed and direction foot controls, and a rotary-dial cutting height adjuster, it's amazingly easy to operate. And its low price makes it amazingly easy to own.



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EQUIPMENT

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29800 N. Highway 12 • Wauconda, IL 60084 Hours: Mon. - Fri. 8-6, Sat. 8-4

\* Monthly payments based on John Deere Credit Revolving Plan. 10% down payment required.

Price and product may vary due to dealer participation.

# An ounce of Prudential is worth a pound of cure.

Whether you're getting your house ready to put on the market very soon or sometime down the road, don't gamble. If you under-improve, over-improve, or change in a way that isn't compatible with current and future trends, you could be throwing your money away.

What to do? Call our Barrington office. Our Prudential Realtors can tell you what's in, what's out, and what direction buyers' tastes are taking. We don't have a crystal ball. What we do have is special training and exceptional experience with buyers in all price ranges — to guide us and you!

We're the real estate professionals with the business expertise.

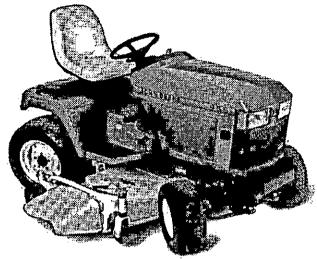


BARRINGTON OFFICE 330 E. Main St. 382-3600



An Independently Owned and Operated Member of The Prudential Real Estate Affiliated

#### Nothing Runs Like A Deere . . .



John Deere Tractor-It works hard for the money

Another Spring is here, and along with it, Town & Country Power Equipment, the John Deere dealership in Wauconda, is celebrating its First Anniversary in business. Ed Bradle says, that "their convenient location coincides with the largest landscape supply company, in northern Illinois, with 12 acres, located on Route 12 just North of 176 in Wauconda." Their show room, which also includes Ertl toys, has allowed him to meet many customers and their whole families. He would like to thank everyone for making 1994 a successful year.

"It's time to remind everyone to get their John Deere Lawn & Garden Tractor ready for another cutting season. By taking advantage of our Spring Service Special, let us give your John Deere Tractor & Mower Deck a complete service check that includes

Another Spring is here, and along with it, FREE pick-up and delivery, if signed up Town & Country Power Equipment, the before April 15, 1995."

When It comes to caring for your lawn and garden, having it all is easy. Your John Deere dealer can do it all for you. Not only do we offer the finest quality tractors, riders, lawn mowers, trimmers, edgers, chipper/shredders, and more, we also offer convenient ways to buy. Plus parts and experienced service work. Since nothing runs like a Deere... perhaps you're thinking of adding or replacing your lawn mower or tractor. Stop by the showroom to view the latest John Deere fine line of products. The hours are: Monday through Friday 8:00 a.m. to 6:00 p.m., Saturday 8:00 a.m. to 4:00 p.m. and Sunday 10:00 a.m. to 2:00 p.m.



## Tips from the Top of The Rock™

Margaret R. Semrad Broker/Manager Barrington Office



#### Enhancing Value

Recently an article appeared in *Home Mechanix* by Michael Chotiner reviewing Thomas Moore's bestseller "Care of the Soul". Moore, a psychotherapist and scholar, discusses the importance of making beauty part of our everyday lives through attention to our homes...home maintenance and repair tasks. In one passage he writes that: "Care for our... homes... however humble, is also care of the soul". Thought provoking, isn't it.

Spring is comparable to New Year's Eve in that many a homeowner, handy or not, resolves to do something to improve and enhance the value of his home. Before spending your \$'s on improvements such as painting the exterior or interior or "adding on", call a real estate counselor at The Prudential Preferred Properties who can offer you in-depth advice concerning improvements that will enhance the value of your home both in today's market and in projected future markets.

#### Seeing the Big Picture

Our Realtors don't just market and sell homes. They are part of your lifestyle team

as is your architect, lawyer, banker, accountant and investment advisor.

#### An Ounce of Prudential

Safeguards in remodeling decisions start with a call to the expert...the Realtor. Major changes which accurately anticipate the future market add thousands of dollars to your property's value. Conversely, remodeling based on inaccurate projections can negatively impact the value. Spend your \$'s to lower value? Not smart.

For example, redoing a basement rather than adding a state-of-the-art family room, or tiling floors and walls using trendy colored tiles because you like showy things may not be what the year 2000 buyer (or even the 1995 buyer) looks for in a home.

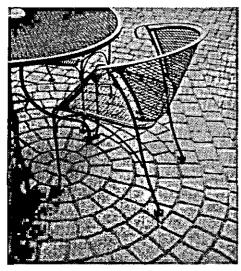
How do you anticipate or project future styles? Call a Prudential Preferred Realtor. Why the Prudential Preferred Realtor? Because:

1. They recognize the trends that have been developing over the last five years.

2. They understand the current market (because they know what's selling)

3. They work with a variety of buyers, (Please continue on page 46)

#### **Brick Paving/Stamped Concrete: The Unique Alternatives**



The alternative to plain concrete or asphalt is here! Choose either colored interlocking concrete pavers or for the look and feel of natural stone but at a more affordable price, the choice is stamped colored concrete. Choose from many different styles, patterns and colors.

Touchstone Pavers, Inc. specializes in the design and installation of this durable and decorative alternative. They have been a leader in the industry for more than 9 years, with countless references.

So, this Spring, make your home a more beautiful and comfortable place in which to live and entertain for many years to come.

Call Touchstone Pavers today at (708) 516-0777. (A fully insured contracting company.)

#### 'Preventative Maintenance"

lend a natural, woodsy look to your home. But as with many things, their beauty and longevity require preventive maintenance.

According to Barbara Murry of ISK-Biotech, unless protected from the intense sun and moisture that foster mildew and other fungi, cedar roofs may last less than one-fourth their potential lifespan.

According to Better Homes and Gardens,

Cedar shingle roofs can last 50 years and cedar must be maintained to last. Sta-Brite R, a water-base preservative, seals cedar shingle wood fibers to repel moisture and prevent splitting and mold. The preservative also shields cedar roofs from the damaging ultraviolet rays of direct sunlight.

> For more information about Sta-Brite R and what it can do for your roof, call RGs Cedar Roof Service, 708-658-5562.

#### An Exhibition Of International Artists At The French Door Boutique

The French Door Boutique is pleased to liam Jardine. A wide variety of European during the month of May. Come visit our new art gallery filled with beautiful paintings and prints. You will find an exciting range from original lithographs by French satirist honore Daumier, silk embroidered framed in burled maple. We also carry exexotic bird prints by Scottish botanist Wil-something at the show.

present an exhibition of international artists oils are also on hand to whet your appetite for our exclusive showing of over 900 originals on May 4th and 5th.

What a great idea for Fathers Day: choose from our oil golf scenes by European artist Anderson or our hand colored equestrian scenes matted in suede and fish prints. And we have not forgotten Mom either; a beautiful botanical or maybe a floclusive hand-colored botanical prints by ral still life. Whatever your home decor 18th century botanist-William Curtis and tastes may be, you will be sure to find

#### Schafer Builders, Inc. Nominated For Better Homes And Gardens National Home Remodeling Award

National Home Remodeling Awards sponsored by Better Homes and Gardens Maga-

modeling and room addition projects, as the Pride in Crystal Lake Award.

Schafer Builders, Inc. located in Crystal Schafer Builders, Inc. own corporate office Lake has received five nominations for the remodel project was nominated for outstanding restoration. The office, located at 12 E. Crystal Lake Ave. has already received an award from the McHenry County In addition to family room, kitchen re- Historic Preservation Commission as well

#### The New Oratorio Singers To Present Spectacular Spring Concert

present one performance of the Verdi Re-Divine Word Chapel, 2001 Waukegan Road, Techny. Preferred seating \$20. General \$15. Student and Senior citizens \$12. For tickets and information, please phone 708-604-1067:

The 130 voice auditioned chorus, under the direction of Alan Heatherington, Mu-

The New Oratorio Singers (TNOS) will sic Director, will sing with a professional 55 piece orchestra drawn from The Chicago quiem on Sunday, April 23 at 7 p.m. at the Symphony, The Chicago String Ensemble and the Lyric Opera Orchestra. Concert Master will be David Taylor, who is the Assistant Concert Master of the Chicago Symphony. Soloists are soprano-Rochelle Ellis, alto-Emily Lodine, tenor-Alberto Mizrahi, bass-Peter Van De Graaff.











Specializing in European Accessories, Furniture and Linens, Eccentricities



April Showers bring May Flowers and Other Surprises Blooming at The French Door Boutique

GALLERY SHOWING OF INTERNATIONAL ARTISTS Thurs., May 4th, 6-9pm Friday, May 5th, 10-5pm

At Bell's Orchard 1005 W. Highway 22 • Barrington IL 60010 (708) 438-2333 Hours: Mon. - Sat. 10-6 • Sun. 11-5

#### Countryside Associates Sponsors Murder Mystery Night Dinner

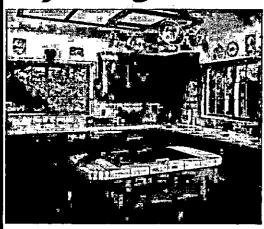
Someone at Countryside Association has available for bidding. Please come join us been murdered and we need YOU to help us figure out "who done it!" The Board of Directors of Countryside Association will be holding a fundraising Murder Mystery Night Dinner on Saturday, May 6,1995 at. the work and training center facility in Palatine. Cocktails will begin at 7:00 PM with dinner at 7:45 PM. Pasta Makers of Lake Zurich will be catering the cook-to-order pasta menu including your pasta entree, garlic rolls, tossed salad and a cash bar. Tickets are \$30 and a silent auction will be

for a great evening of food and entertainment.

Countryside Association is a social service, non-profit agency serving over 650 individuals with developmental disabilities in Lake and northern Cook counties. For more information or to order tickets, please call Tami Scully at 708-438-8855, ext. 216. Call for your tickets as soon as possible as there is limited seating available and all tickets must be ordered no later than April 17,1995.

Barrington LIFESTYLES - April, 1995 Page 43

## We have the ingredients for a gourmet kitchen:



☐ In-House Design Services

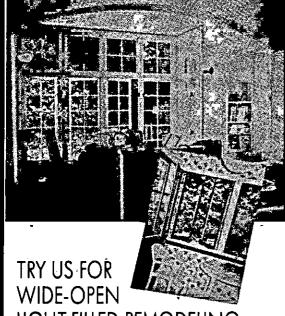
- ☐ Full Display of **Cabinet Styles** and Finishes
- ☐ Extensive Kitchen and Bath Showroom ☐ Latest Countertops
  - Available

Our New Showroom is located at 20066 N. Rand Road Suite C in Palatine (Next to Northshore Refrigeration at the corner of Route 12 and Lake Cook Roads).

# $\_$ BARRINGTON $_{ extstyle 1}$

SHOWROOM HOURS: MONDAY THROUGH FRIDAY 9:00 A.M. TO 6:00 P.M. SATURDAY 9:00 A.M. TO 3:00 P.M. OR BY APPOINTMENT APPOINTMENTS ARE SUGGESTED FOR DESIGN AND PLANNING CONSULTATIONS.

# 



It's amazing. If you've got a room or a home that you think could use some brightening up, let us show you how spectacular it can be. We'll start with an endless selection of beautiful, made-toorder Marvin windows and doors. We'll leave. you with a beautifully remodeled home, spacious and full of light. Call us today!

LIGHT-FILLED REMODELING

MARV



Design & Construction 776-0121

#### Page 44 Barrington LIFESTYLES - April, 1995

#### A Winning Combination

What a perfect time to come into our showroom and meet with one of our Barrington Kitchen and Bath Studio's designers.

We provide a unique "award winning combination". With the personal touch that is offered by our highly trained professional designers and our installations being handled by our sister company, Delta Renovations, Inc., we really do have the best of both worlds for you and your family as you go through this exciting time.

During your planning consultation, our professional team will help design your kitchen or bath and will estimate the project for you. During this estimating process, we are able to work with you to come up with different options in cabinet lines, countertops, whirlpools, plumbing fixtures and other items. This gives you a choice when it comes down to design and price.

The questions that you need to ask yourself prior to your first visit is 1. What do I really want to gain by the remodeling of my kitchen or bathroom? 2. What budget do I want to try to stay within? 3. Collect pictures from books, magazines on ideas that you've seen that you like. Then come in and let us do the rest of the planning for you!!

This exciting time is also an unsettling one as well. Unsettling only because the kitchen and bathrooms of your home are your most used rooms. We do work with you to try to make your life as comfortable as possible, but it does require teamwork from everyone involved, the homeowner, the designer, the installers, as well as, the other subcontractors providing such services as electrical, plumbing or tile work.

Once your new kitchen and baths are completed, you'll be so glad that you decided to create a new beginning for your home! And in the future when it comes to selling your home, the kitchen and the bathrooms will help you receive top dollar.

We invite you to meet with our design staff at our new showroom located at Route 12 and Lake Cook Road (next to Northshore Refrigeration) at 20066 N. Rand Road Suite C, Palatine, IL. Showroom Hours are Monday through Friday 9:00 A.M. TO 6:00 P.M. Saturday 9:00 A.M. TO 4:00 P.M. Appointments are suggested for design and planning consulta-

Remodeling is a win-win situation for everyone. Do it!!



Delta Renovations, Inc. has built it's business by analyzing the needs of its clients and finding the best way to meet those needs.

"Every project presents a unique situation and requires services tailored to specifically meet the client's desires in their remodeling needs", says Mark Zurek, President of Delta Renovations. "The whole process is by nature an emotional one because it involves entrusting others with not only money but the comfort and security of home and family."

Their approach to renovation as a specialized field of construction, provides attention to detail only experience and commitment can bring.

Delta Renovations is one of a very few remodeling firms in the Northwest Suburbs able to offer their clients the ability to coordinate all of their remodeling needs in "one location".

Barrington Kitchen and Bath Studio was founded three years ago by Mark Zurek to offer clients the unique advantage of a beautifully detailed showroom with expert designers on staff.

"We have spent years developing this concept, as well as, developing our relationship with suppliers, and sub-contractors, who provide, at a fair price, the best products and top-notch service I demand," says Mark Zurek. "This concept creates that winwin situation that is so important during the renovation project and provides a finished remodeled home that the homeowner will be proud of and can admire for years to

Mark Zurek invites you to call him at 708-776-0121 and make an appointment to discuss your future renovation project so that it can become a reality.

#### From A Woman's Point Of View

by Gail Wickstrom, Wickstrom Ford

Tim and I received official notification that our dealership won the Chairman's Award again in 1994. Since our customers are the ones that determine if we win this award, Tim and I both feel extremely proud of this achievement.

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The Chairman's Award means you can expect nothing but the best when considering us for your new vehicle. And us is definitely a large plural. We have what we consider one of the finest group of employees you could assemble. We have very little turnover and after attending last year's Chairman's Award we found that was a reoccurring theme from most of the award winners. We share the pride in our reputation for service excellence with all our employees. They know the Chairman's Award is a reminder of your trust and that your customer loyalty gives us a competitive plan to work hard to stay there. There is

We are in first place so far this year and ers' complete satisfaction.



nothing more important than our custom-

#### Paving Stones Add Elegance!

We all enjoy that perfect setting-that beautiful landscape—surrounding a home and office complex. Such a setting didn't happen spontaneously. Special settings that generate feelings of wonderment, tranquility, and contentment depend on both the perfect design created by a professional landscape architect and the perfect installation completed by well trained installers.

Such beautiful landscapes aren't limited to shrubs, trees, and other selected plants. They can include a variety of elegant patio, sidewalk, and driveway designs utilizing Paveloc Paving Stones that exquisitely enhance the entire setting. Combined with natural landscape borders and timbers or lush ground covers, the Paveloc Paving ing service-perfect designs, beautiful in-Stones, used in contemporary, traditional, or country designs, promote the desired effect.

Create your own perfect setting—call the scaping. They provide complete landscap- involvement can assure.



stallation, meticulous care, and year-round maintenance. Tom's Lawn and Landscaping is family owned and operated, providing the personal touch and genuine care for professionals at Tom's Lawn and Land- its clients that only owner participation and

#### Barrington Lyric Presents Opera Lite

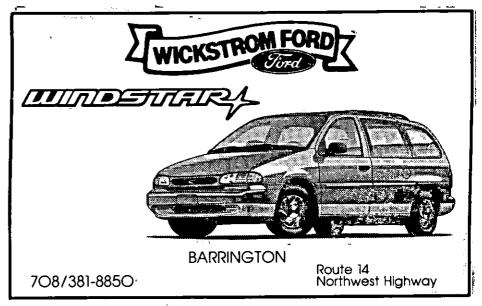
Inverness Golf Club will be the lovely springtime setting for Barrington Lyric's Opera Lite program on Friday, April 21. Beginning promptly at 8:00 p.m., the evening of lighter operatic arias will feature soprano Eileen Berman from Skokie. She will be accompanied on the piano by George Tenegal from Chicago. Selections will be from well known operas by Puccini, Mozart, Strauss, Gilbert & Sullivan and Leonard Bernstein, A luscious dessert buffet will follow the program.

\$20 for members. \$25 for non-members. Cash bar. Please send checks by April 17 to Anne Gross, 1014 North Blackburn Drive, Inverness 60067.

The Barrington Chapter of Lyric Opera of Chicago is delighted with its enthusiastic and still growing membership of 233. Your inquiries are always welcome! For information on the Barrington Lyric, its programs and downtown privileges, please phone Lynne Grimshaw (708) 381-5273.









#### Kids with cancer can't exercise stock options, but your company's option can pay huge dividends.

There are more children diagnosed each year with pediatric cancer than any other major condition or disease. Shamefully, research dedicated to pediatric cancer lags far behind that of other less prolific diseases.

Bear Necessities Pediatric. Cancer Foundation. Inc. was established to help provide hope for more todays and omorrows for kids with cancer.

respond favorably with their hearts and their pocketbooks to corporate sponsored programs.

And your company can help too! Our kids need a company like yours as a sponsor, as a contributor, as a volunteer group, as a champion of this very life-giving cause. We ask that you and your fellow corporate officers consider.



tti, My name is Bear and my Mom named this foundation after me to help other Kias with concer in all sorts of ways,

My friends and I want to thank you for your help. about Bear Necessities or further events you can call: Kathleen

Thanks.Love Bear.

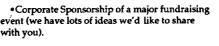
A "Matching Contribution" program with your employees.

Your visible participation in corporate charitable giving of this nature (some call it causerelated marketing) can afford your company a strategic advantage in your highly competitive business world.

Please understand our determination. Our kids with cañcer have very few todays and tomorrows without the help of corporate America.

"With our kids... the most precious day of the week is tomorrow.'

Please, Please, send for a brochure and video or call Kathleen Casey at the Foundation to schedule a meeting in your offices to explore the many sponsorship options available.



• A corporate donation earmarked for research, or for a salaried Foundation staff person (we are currently 100% volunteer), or other identified needs.

An employee support program that encourages volunteering or individual contributions.



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#### April Events At The Ice House

(Continued from page 7)

bath, gourmet foods and furniture. Some of our shops also sell gift certificates, offer free gift wrapping and UPS service. Chessie's Restaurant offers informal modeling from our shops on Wednesdays and Fridays from noon to 1:30. If you need to pamper yourself you can stop by the She and "I" Hair and Nail Salon for a hair cut, color or perm, manicure and pedicure. 381-6661.

There is something for everyone at the Ice House!

The Barrington Ice House is located at 200 Applebee Street in downtown Barrington off Harrison which is two blocks west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street). For further information please call (708)

#### Traveling . . . with Carlson Wagonlit Travel

(Continued from page 15)

ers, all contained in a recyclable paper bag quire installing cement pathways in place whose artwork was designed by 10-yearold Dawn Jensen of Grand Rapids, Minn.

In Naples, a Zoological Oasis "Caribbean gardens, home of Jungle Larry's "Zoological Park" the 52-acre park in Naples, Fla., is perhaps the least commercialized, most natural, and most pleasant animal park imaginable. There's no noisy tram, because running one would re-

of the more natural dirt and pebble walkways. And the resident monkeys and whitehanded gibbons are housed on their own separate, unfenced islands, which visitors tour by an unobtrusive boat. A must see if you're touring this part of Florida's Gulf Coast. The address: 1590 Goodlette Road, Naples, Fla. tel. 813 262-5409.

#### Adding Water To Your Landscape

(Continued from page 31)

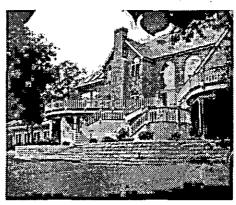
majority of their guests are their clients. They come to see examples of the various plants and stone materials available. Says David "when someone has a chance to see our work, first hand, in a landscape setting, it simplifies the decision making process. It truly is a living portfolio.

Their home is also included in the third annual Parade of Ponds tour scheduled for

popular spot with visiting garden clubs, the July 15th and 16th. It is a unique opportunity to visit over 50 water gardens in the Northwest Chicago area. The tour, a self guided program, allows you to speak with a variety of water gardeners and view professional and homeowner built ponds.

For further information regarding Water Features or garden tours please call (708)

#### Now Is The Time To Plan For That Deck



"It's not just a deck," says Larry Kirchner, chief designer and president of Deck-A-Roo Decks. "A deck is a pleasant addition to any home and a necessity."

Decks are great investments. If properly built, a deck will give the owner years and years of wonderful use as well as add more to the value of the home than the initial cost. However, an improperly built deck will soon become an eyesore as well as a financial burden on the owner.

At Deck-A-Roo Decks every aspect of the deck design is considered: what style will best fit the house; what are the size and design needs of the client; what materials best suit the location and design of the deck; how the design affects price both now and over the lifetime of the deck; and how maintenance will be affected by the design.

In addition to a proper design, the actual

construction of the deck and the follow through of the builder are very important. Questions you should ask: Who actually will perform the work? What quality of material will be used? What construction practices will be used? And, who will service the deck if needed? Larry's favorite phrase. "You get what you pay for, if you're lucky!"

Deck-A-Roo Decks is a full servicebuilder, working with the home owner from the beginning of the design to the final completion of the deck. No subcontractors are used. All employees have been trained to a high level of quality and given the amount of time needed to complete the job properly. Only high quality materials are used by Deck-A-Roo as well as new environmentally friendly products. Every deckis serviced promptly as well as courteously. We also offer deck cleaning and deck sealing to all our customers as well as those who have decks already.

A special note from Larry: "Now is the time to plan having your deck built if youwould like it for spring. It's important to give yourself as much lead time as possible if you are planning a party or event that the deck will be used for. Spring is approaching and we have a tendency to fill our April and May schedules early. So please call now."

For more information or an in-home consultation, please call us at (708) 381-3325. Thank you.

#### Dream Gardens

come back year after year like old friends." clients, David says, "When someone has an

specializes in stonescaping walks, walls and waterfalls. His talents are also displayed on their grounds, where he has built several water features and patios. Of their visiting

(Continued from page 27)

JoAnna has a perfect "marriage" so to opportunity to see our work, first hand, in speak, of careers, with her husband David, a landscape setting, it simplifies the deciwhose own business. D. B. Duensing Co. sion making process. What we have here is a living portfolio!"

For more information call (708)

#### What Is A Certified Kitchen Designer?

(Continued from page 41)

ments go far beyond the demonstration of space planning and design talent. The "look" if it is to work, requires thorough knowledge of building, construction, mechanical and electrical systems. It requiresthe ability to write specifications and draw plans that plumbers, electricians and cabinet installers can interpret. It means keeping up-to-date on local building codes, safety and environmental regulations, not to mention all those new products-everything from high-tech appliances to cabinet sponsibility CKDs take seriously." finishes to custom door knobs.

Walker notes that before CKDs can sit for their final exam, they must file affidavits' from fellow professionals, letters of reference from past clients, and submit samples of their design work for review by the Societies, the accreditation agency of the National Kitchen & Bath Association.

"The kitchen and bath industry is dynamic," said Walker, "with new products and new technologies constantly being introduced. Keeping up with all this is a re-

#### Tips From The Top Of The Rock

(Continued from page 42)

ers are seeking.

4. They can project the features desired by the future homebuyer.

I like to call this the Ounce of Prudential—Prudential Preferred Properties,

Our Prudential Preferred Properties Realtors know the marketplace and understand the value that today's buyers place on specific improvements. Our Realtors recognize the value of a neighborhood. They will caution against over-improvements that

hence they develop a sense for what buy- make a home the most expensive in their neighborhood with is generally not a strong investment position.

What kind of changes are you planning? Don't fall into the trap of spending money just to make a change. You will get the most bang for your buck by calling us first. Changes that are value enhancements are investments to be cashed in later. Remember, first call our Prudential Preferred Realtors at our Dream House Headquar-

Happy Easter to you all.

Page 46 Barrington LIFESTYLES - April, 1995

#### Nine-To-Five Dog

Dogs thrive on routine: walk, play, feed, destructive, overexcited, and do things that train, owner leaves for work, hang around the house, owner arrives home, walk, play, feed, train, hang around with owner, walk sleep, etc. Once they know the routine, they expect it. Changes in routine means trouble. Anticipation can cause problems. Dogs who are normally well behaved can fall apart if you go out in the evening after being away all day.

If your dog is left alone all day on its own, without physical or mental stimulation, a dog can develop stereotypical routines. Just like a caged wolf in a zoo, it might pace relentlessly or it might run up and down the stairs, bark incessantly, or even urinate and defecate in the house. Separation anxiety and this kind of obsessive behavior occur most frequently in dogs rescued from animal shelters or animals with an inadequate exercise routine.

Most dogs get worked up at the sign of your departure or your arrival home. Canine extroverts behave in a relentlessly gregarious way, but so do highly strung or neurotic individuals. Prolong boredom can also induce over excitement. The tendency to be excitable is partly inherited and partly learned. Excitement is a gratifying feeling. It acts as its own reward, which is one of the reasons dogs behave this way.

Dogs do not like being alone. They are a sociable species, and it is unnatural for them not to have companionship or activity. A dog needs to be mentally active for about half of its time, and if it is not its brain aclook glum and lie around, but many become

craves attention.

Dogs do not like being left alone for long periods of time, without physical or mental stimulation, a dog can become bored, frustrated, worry, show signs of separation anxiety or become destructive. Signs of your dog having these traits are chewing and tearing of things, and digging and soiling anywhere in the house. Further examples, your dog may exhibit any of the following: Picking up a towel or throw rug and shake it as if it is prey; howling, barking, especially continuous, rhythmic barking; chewing up the newspaper. These are signs of anxiety, frustration and boredom.

The Role of Exercise

Stress affects dogs just as it can people. Think how stressed you would be if your family came and went as they pleased, never telling you where they were going, when they would return or what they were up to. A dog, being naturally social, is particularly stressed by hours of isolation mandatory in today's world. Situations that create stress for you-a new job with different hours, a new child or problems in your relationship can all add up to increased stress for your dog.

Like humans, dogs need to release stress. Meditation and biofeedback are not possible, so exercise and play become the main avenues of release for your dog. The more stress he is under the more exercise he needs or more importantly, a consistent exercise routine. With problem dogs the imtually shrinks in size. Most bored dogs just portance of exercise and reassurance in-

cise your dog, Vestee Jackson owner of Barrington Pet Sitters sites that regular mood, your dog must be exercised in the exercise keeps your dog fit and healthy.

"Dogs which don't have enough exercise become obese. All the grooming in the world will not make a dog beautiful if his diet or exercise are poor, and the latter is more apt to be deficient than the former these days. Most of us seem to think that if we throw the dog outdoors every once in a while he will get all the exercise he needs. This is not altogether true, and it is not even possible if you live in the city or suburbs where leash laws are strictly enforced."

According to Jackson, the dog who lives most of his life indoors presents the most difficult problem. "He may need to run, even like to run, but because he is confined. he cannot". As a result, his physique, coat and temperament all suffer.

A long walk is so beneficial for both you and your dog, and in many cases, especially among the giant breeds, a walk provides adequate exercise. Of course the walk must be more than just giving the dog the opportunity to relieve himself. You must be prepared to spend an absolute minimum of twenty minutes, but preferably a half an hour to forty-five minutes once or twice a day. Walking in combination with some indoor or outdoor play is even more invigorating, and you may continue the same games you instituted when the dog was a puppy-retrieving, and pulling rubber toys with his mouth.

The single factor that guarantees you a happier nine-to-five dog with fewer problems, is exercise. Both mental and physi-

Besides all the previous reasons to exer- cal exercise are important. Regardless of weather, your energy level, schedule or morning or midday if you expect him to be well behaved during the long day alone.

Hiring a walker for the middle of the day is a kindness to your dog. Barrington Pet Sitters offers several exercise programs to fit the particular needs of both you and your dog. Our professional pet care staff is responsible and is aware of the adequate amounts of exercise each pet requires. But most importantly, you and your pet can expect a reliable individual to be there when promised. All dogs are leashed, and monitored for any signs of over exercise, fatigue or heat exhaustion. Safety is our primary concern in the care of your dog and home.

Barrington Pet Sitters is offering readers of this article an introductory special offer of one month of service, which includes; five visits per week, thirty minutes of exercise, fresh water, a treat, fifteen minutes of brushing your pet three times a week, and a monthly report card and monthly notes as to your pets progress and reactions. Make your reservation before April 30 and receive a free gift for you and your dog for trying our service for one month. Call Barrington Pet Sitters, 381-7387, and mention that you read the article in Lifestyles and you are interested in Nine-To-Five Dog Program for the introductory offer of \$130, plus the free gift valued over \$35. Complete retail value of over \$270 for an introductory offer of \$130. Call for additional information or to set up your appointment. Evenings and weekends appointments are welcomed.



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