

April 1999

# THE STYLES<sup>TM</sup>

NEWS MAGAZINE



*Spring Ahead...*  
**TO BEAUTY, HEALTH  
AND FITNESS**

## **BAAC's Unique Wearable Art Fashion Show**

**"Carousel" Theme  
for Michael Joseph Foundation**

**Great Ideas for Making  
Your Garden Sparkle**

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Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

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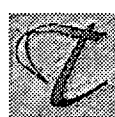
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## Editor's Ink

April, 1999

Dear Reader,  
Judging from the news articles in this issue of *Lifestyles*, spring is definitely in the air!

Take, for example, the presentations planned by the Council of Barrington Garden Clubs. Co-sponsored by the Barrington Park District, the first topic will be on "annuals" and the second on "container gardening." The topics will be discussed by very qualified speakers. Plan to attend these worthwhile meetings.

Another event that certainly reminds us spring is here is Friends of the BAAC Auxiliary's wearable art fashion show scheduled for April 22 at the Biltmore Country Club. This event is always fun and not to be missed. "A Touch of the Arts" will feature elegant and creative designs, exciting prizes and a wonderful luncheon.

A fund-raiser to benefit the Michael Joseph Foundation is slated for April 24. Held in a private residence, the theme of this year's event is "Carousel." A formal dinner, fabulous entertainment and great prizes await party-goers—all for a great cause.

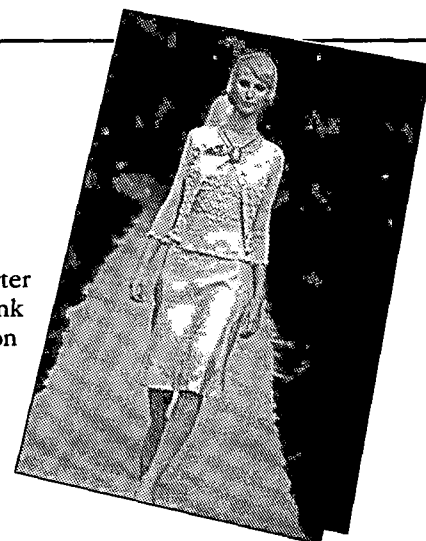
Until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*

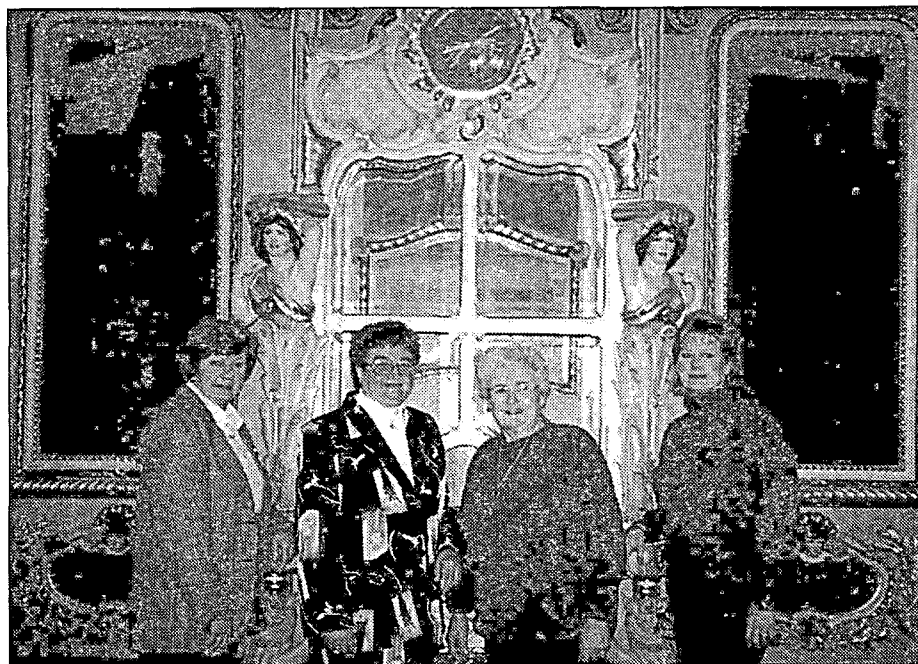


## About Our Cover

From the Christian LaCroix Pret-a-Porter Collection, Spring-Summer 1999. A pink twin set tops a short bright yellow cotton and silk skirt with embroidered frieze.



## "Carousel" Theme for Michael Joseph Fundraiser



Committee members for "Carousel" include Corinne Anderson, Sister Lorraine Menheer, Ida Cardelli and Lee Simpson.

On April 24, the Michael Joseph Foundation will hold their annual fundraiser at a private residence in Barrington Hills!

The theme of the gala is "Carousel" and will include an open bar cocktail hour, a formal dinner and a live auction featuring many unique, interesting items including tickets to faraway places courtesy of American Airlines. Party goers will be able to view many music machines from yesteryear amid a myriad of other museum quality collections. Lyn Larson, world fa-

mous organist, will be playing the largest theatre organ in the US.

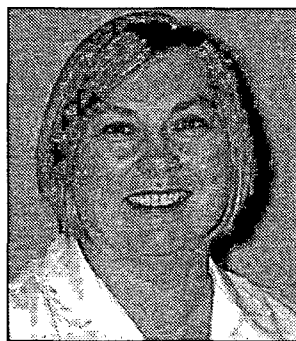
The Michael Joseph Foundation is dedicated to providing transitional housing for people who are in dire straights in the Northwest Suburbs. The Foundation is in partnership with Catholic Charities, Home of the Sparrow and Project Hope. Presently, the organization has 16 apartments and will be adding 8 more during 1999.

For more information, please call Hildegard Zimmerman at 847-382-3375.

## Great Ideas for Making Your Gardens Sparkle

One of the delightful attractions about the greater Barrington area is the community-minded Council of Barrington Garden Clubs and the "Gardeners' Specials" they offer to the public.

Co-sponsored by the Barrington Park District, this is the fifth year that these programs are being made available. Two timely topics are scheduled for two Thursday evenings—April 22 and April 29 from 7:30 to 9:30 PM at Langendorf Field House on Northwest Highway in Barrington. Presenting "Annuals Can Be An Asset Everywhere" will be Susanne Lankin of Wheaton. She has an Associate Degree in horticulture from the College of DuPage, is a Master Gardener and a consultant and designer for Planters Pride in Glen Ellyn, has been with the Morton Arboretum for 15 years where she teaches school groups and adults. She has also been involved with



Susan Lankin will speak on "Annuals Can Be an Asset Everywhere."

teaching plant therapy at nursing homes.

Annuals continue to be an important aspect of gardening, offering answers for any problems you may have. They offer three-season color to lend balance to your borders, but it is important to plan before you plant. This evening of information will help you choose the right plants.

Be it a shady nook, all day sun, background or screen, groundcover or accent plants, you will need some guidance as you make your choices. With the wealth of plant material that is available today, using annuals is an exciting way to bring constant color to our gardens.

The second program in this series on April 29 is an extension of the use of annuals, "Container Gardening." Debra Philips, owner of Sentimental Gardens in St. Charles, will do the honors.

Ms. Philips is a Master Gardener and a



Debra Philips will speak on "Container Gardening."

## "A Touch of the Arts" Features Unique Fashion Show, Boutique

Invitations to lunch and much more are now out for Barrington Area Arts Council's 4th annual wearable art fashion show and luncheon on Thursday, April 22 at Biltmore Country Club. The location is new this year, and co-chairmen ReAnn Scott and Dede Wamberg promise there will be other new turns of the hem as well!

Fashions and commentary will be interspersed with the luncheon. Keyboard music will be provided throughout by Rick Cornwall as the models take to the runway and meander through guest tables. Elegant and creative designs by recognized fiber artists of local and national renown, many of whom are showing in the BAAC Gallery exhibit for April called "The Feel of Fiber," will make conversation over lunch. A series of "oohs" and "aahs" will surely be heard as the show unfolds into ensembles and accessories for all ages and figures. This eagerly awaited event, "A Touch of the Arts," traditionally sells out quickly and once again promises to be another much talked-about creative experience orchestrated by members of the Friends of BAAC auxiliary.

Arrive at 11 AM and spend time pampering yourself or someone you know with offerings from the silent auction tables. Among the featured items are themed gift baskets, sports tickets, a winery taste and tour, hunt seat horseback riding lessons, custom framing services, a gift certificate for one child to Barrington Area Soccer Association's summer camp, membership for a family of five to JFK Health World, restaurant gift certificates, two cases of wine from Chalone in California and more!

### The Boutique

New this year is a boutique section, featuring the sale of handmade accessories such as hats from Eva May of Chicago, imported Irish knits (sweaters and other apparel too delectable to describe) from Knit Wits in Evanston, unique one-of-a-kind purses from Bags 'N Bloom (Pam Masse and Jeani Jernstedt of Barrington), quilts, jewelry and more! BAAC will also have a booth filled with wonderful creations from artists who most generously help BAAC raise funds to continue its programs and services in the visual, literary and performing arts. Be sure to give yourself ample time before and after lunch to treat yourself to a little something new!

Perhaps, too, you will be lucky enough to receive one of the prizes: V3620 tiny wearable cellular phone with black



Friends of BAAC invite you to come along to "A Touch of the Arts" fashion show and luncheon on April 22.

leather carrying case suitable for wrist or belt, donated by Motorola University; Walter E. Smith custom chair, choice of style and fabric, or \$400 toward an upholstered piece; Barbecue Basics, 30 lbs. of ribs donated by Stan and Janice Pajerski, 5 lbs. hamburger patties from Prime Meats of Barrington, 5 lbs. boneless, skinless chicken breasts with barbecue sauce and other accessories donated by Teddi Martin. Other prizes feature two round trip economy tickets on American Airlines to anywhere within the continental USA, Mexico, the Caribbean, Bermuda, the Bahamas or Canada... generously donated by Traveler Intl. in Hoffman Estates.

### Friends at Work

Assisting Scott and Wamberg are the following Friends of BAAC committee members: Sue Abare, Sharon Advani, Kathleen Amatangelo, Kathy Ard, Trowby Brockman, Sheila Clarkin, Paula Dau, Krista DeBueckelaer, Dorothy Dobrath, Francine Fossler, Michele Gillett, Donna Hannay, Crickett Kelly, Cathy Lee, Carol McGregor, Louise MacKenzie, Teddi Martin, Arlene Michelotti, Charlotte Poje, Nancy Spaulding, Lynn Sprague, Pamela Stephenson, and Jane Washburn. Executive Director Sarah Bowers and the BAAC staff generously provide additional support and assistance.

Guarantee a place for yourself and your friends (\$45 each, a table of 10 for \$400 or a table of 12 for \$480) by returning your response card today! Or call the Gallery at 382-5626 for additional information.



lecturer at the College of DuPage and Cantigny Gardens. She leads annual study trips to England to view grand estates and small cottage gardens and will share her slides and her knowledge.

For those gardeners who are downsizing, containers offer a great way to continue to use favorite plants or experiment with new ones and customize to the restrictions of shade and sun. They allow busy people to bring color to difficult areas, to add focal points and to change plants as the seasons progress. Debra will

include tips on starting plants from seed and discuss the three specific times for starting annuals. Whether it be an old boot, a coffee pot or an old car tire, you will be intrigued by the wide variety of containers that can be put to use, as well as the improved varieties of herbs, vines, and vegetables that can be combined.

You may register by mail or in person at Langendorf Park, 235 Lions Drive, Barrington, IL, 60010. Early in-district registrants are \$8 or, for all others, \$10. The price at the door will be \$10 per person.



## See Our Beautiful Spring Arrivals

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## See Our Beautiful Spring Arrivals

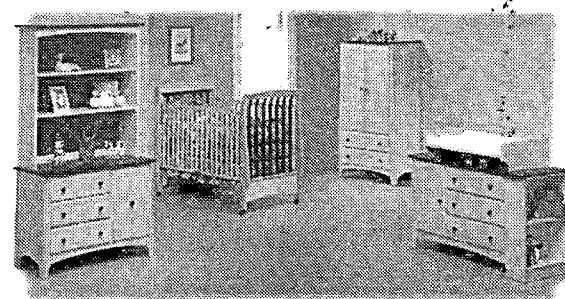
As we approach the spring season, the latest clothing collections are arriving—all the brands you love! Accessories such as hair bows, bonnets, caps and hats to coordinate are arriving as well. Available sizes are preemie to four toddler.

**Be sure to clip the coupon in the Little Munchkins ad and save \$4 OFF any purchase of \$20 or more!** Some restrictions apply.

**Little Munchkins** also carries the exquisite upscale Ragazzi furniture. Levin beds, bunk beds, dressers, cribs and bedding, along with the latest in cradles and strollers, are available as well.

*See why shopping at Little Munchkins is a Grandmother's Dream!*

**Little Munchkins** is conveniently located at 200 N. Hough Street in downtown Barrington.



## First Communion Gifts to Remember

Looking for a meaningful First Communion or Confirmation gift?

**The Canterbury Shoppe** has beautiful handmade moiré keepsake boxes (available in white, and navy/white) adorned with a simple cross. These boxes are perfect to keep special cards, letters, Bibles and gifts from this special day or keepsakes from Confirmation. And special occasions can be added to this box over time.

**The Canterbury Shoppe's** Collection of Tasha Tudor's beautifully illustrated

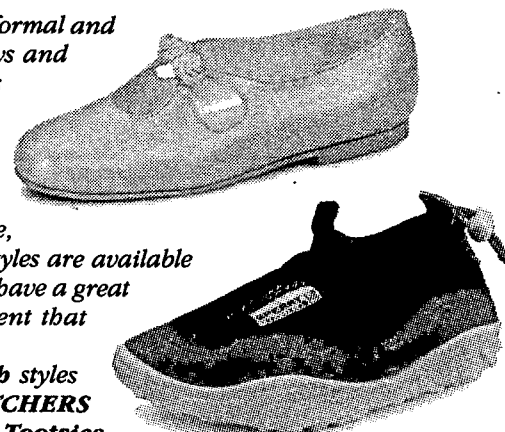
books (*The Lord's Prayer*), pillow cases and travel pillows covered in brightly illustrated Graces and Prayers, and Gratitude Journals could all bring meaningful gift giving to your special day.

**The Canterbury Shoppe** is open six days a week—Monday through Friday from 10 AM to 5 PM and Saturday from 10 AM to 4 PM—and is located at 117 East Station Street in downtown Barrington (across from Starbucks Coffee). Any Questions? Call us at 847-304-9627! *Happy Spring!*

**T**ootsies has a complete selection of formal and First Communion dress shoes for boys and girls as well as infants. Brands include *Stride Rite, Jumping Jacks, Perfection, Mollie Monroe, elephanten, Nine West for Kids, Kenneth Cole* and shoe be doo. Color choices include white, bone, pink, black and navy. Many styles are available in narrow and wide widths. We also have a great selection of dress socks to complement that special outfit.

For spring casual, the new *Koosh* styles from *Converse* have joined *SKETCHERS* and *adidas* as the hot new brands at Tootsies.

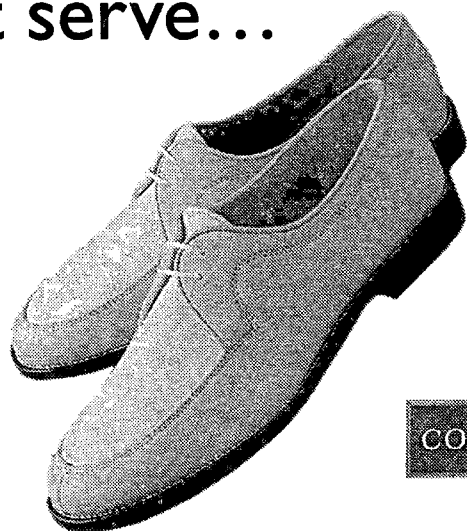
For in-water shoes and sandals, *Birkenstock* and *Teva* are joined by *Sperry Aqua Shoes*. There's also a complementing selection of socks in many new styles and colors.



# Tootsies

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spring style that is soft and fluid

## Memoirs of a Geisha

Barrington Newcomers Club is proud to present Barbara Rinella's dramatization of Arthur Golden's best selling book, *Memoirs of a Geisha*.

A breakfast buffet will be offered at Spasso Restaurant in Wauconda on April 13 beginning at 9 AM followed by Barbara Rinella's exuberant performance.

Mrs. Rinella is renowned in our area for her charismatic portrayals of literary characters in contemporary literature. In *Memoirs of a Geisha*, Barbara Rinella becomes a geisha in Kyoto, Japan in the 1930's. She unlocks the secrets of a young girl who falls into the mysterious life of a geisha and describes the metamorphosis of a young girl to a geisha. The life of a geisha comes alive as Mrs. Rinella weaves the mystique of painted faces, symbolic hairdo, the tradition of kimonos, obi sashes and the tea house customs as described in Golden's stirring novel.

Please join us for this very special event. Once you have seen one of Bar-



**Barrington Newcomers Club will sponsor a performance by Barbara Rinella at Spasso Restaurant on April 13.**

bara Rinella's characterizations, you will long for more. Members should contact Janet at 382-2802 for reservations. Women new to the area are welcome to attend by calling Darlene at 382-1331.

107 E. Main Street  
Barrington 277-9596

Monday-Saturday 9:30am-5:30pm  
Thursday till 8:00pm



## Bateman's First Underwater Scene Chosen as Last Earth Day Print of the Century



Earth Day 1999, *Ocean Rhapsody* by Robert Bateman

There's plenty of excitement in the art world surrounding this year's Earth Day celebration. Not only does this month mark the last Earth Day celebration of the century, but the event will be officially commemorated by the first underwater scene by world-renowned wildlife artist Robert Bateman.

Entitled *Ocean Rhapsody*, the 1999 limited edition Earth Day print will benefit wildlife organizations and be available in a canvas edition as well as a giclée canvas edition. Just released, reserve your copy now at **Woodland Art Gallery**.

And from the artist Pino, a beautiful tribute to the special relationship of a mother and daughter is just released. *Mother's Shadow* is an extremely limited giclée, embellished using oils making each work unique to the edition. It's a wonderful Mother's Day gift idea!

Visit **Woodland Art Gallery and Frame Shoppe** at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday from 9 AM to 5 PM and Saturday until 3 PM.

Please call **815-459-0460** for additional information.

## Celebrate Cinco De Mayo at Julio's

**Julio's Latin Cafe** is a wonderful change of pace for lunch or dinner. Well known for their selection of excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean, **Julio's** has also gained popularity with their live entertainment on the weekends. Diners will have an opportunity to sample their cuisine at the following events:

On **Secretary's Day, April 21**, **Julio's** will host a special lunch. Tell your boss to make reservations early. You won't want to miss this afternoon of delicious food!

**Cinco De Mayo** will be celebrated in true Mexican style starting at 5:30 PM on **Wednesday, May 5**. A specially prepared

four-course menu will be offered along with Mexican entertainment. The "Tequila Bandido" will be offering up "shots" of **Julio's** different varieties of tequila!

Treat Mom to a delicious dinner at **Julio's** on **Mother's Day, May 9** beginning at 12:30 PM. Call **438-3484** for reservations.

**Julio's Latin Cafe** is open for lunch Monday through Friday and for dinner Monday through Saturday. On Friday evenings, the Dan McIntyre Duo entertains diners with their smooth jazz sounds and on Saturday, Paulinho Garcia, a Brazilian recording artist, sets a romantic tone with his Latin sounds. Reservations are always recommended and can be made by calling **847-438-3484**.

## New Oratorio Singers' Spring Performance

The New Oratorio Singers will celebrate the spring portion of their 20th anniversary season when Music Director Alan Heatherington conducts the chorus in two performances of Johann Sebastian Bach's *St. John Passion*.

Join Maestro Heatherington, the 120-voice critically acclaimed chorus, the *Ars Viva!* Orchestra, professional soloists Kurt Hansen as *The Evangelist* and Peter Van De Graaff as *Jesus*, in addition to Patrice Michels-Bedi, Emily Lodine, Calland Mets and Douglas Anderson. The performance will be held on April 16 at 7:30 PM and April 18 at 7:00 PM. Both performances will be at Divine Word Chapel, 2001 Waukegan Road, Techny, IL.

Musicologist John Melcher will give a

lecture 45 minutes prior to each concert about Bach's music and his life. *St. John Passion* was composed in 1724 and Bach hoped it might last until the end of that century. Now, 275 years later, this vibrant account of "The Passion" story endures.

The New Oratorio Singers now have three CDs: *Psalms, Hymns and Spiritual Songs; Masters in This Hall*; and the most recent *Wearin' of the Green*, a collection of Scottish, Irish and English folk tunes performed a cappella by The Ensemble. All three CDs may be purchased at both concerts.

Don't miss the opportunity to partake of this musical masterpiece. Call 847-604-1067 for tickets and for more information about CDs.



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Mother,  
Like  
Daughter*

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**TREAT MOM TO DINNER ON MOTHER'S DAY, MAY 9.** Julio's will be open at 12:30 PM for your dining pleasure. BE SURE TO CALL FOR RESERVATIONS.

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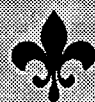
## "Amazing Graze" Benefit Gala

The Little Sisters of the Poor will hold their 6th Annual Amazing Graze Benefit Gala on Sunday, April 18 at Mia Cucina to benefit St. Joseph's Home for the Elderly in Palatine.

Guests will feast ("graze") on Italian cuisine prepared by amazing host and chef Andy Webber. All prizes are donated and include: a \$10,000 cash grand prize; round trip United Airlines economy tickets to Europe; diamond and precious gem rings; an estate gold watch; a camcorder; a Weber Genesis gas grill; a 25" Philips Magnavox television; a Victorian doll house; a \$1,000 bond; four, limited-edition signed prints by Barrington watercolorist Florette Sokulski; and home furnishings.

Dinner tickets are \$100 and are available at St. Joseph's Home located at 80 West Northwest Highway in Palatine. Call 847-358-5700 for tickets or Kay Hartlieb at 630-307-0035.

The Little Sisters of the Poor have invited the Honorable Peter G. Fitzgerald, United States Senator from Illinois, to join the benefit guests in celebrating The International Year of Older Persons, a worldwide opportunity to honor the elderly and to promote the dignity and value of their lives. Members of the Fitzgerald family have been longtime supporters of St. Joseph's Home, and the Senator's mother has been an Auxiliary volunteer for many years.



Barrington  
**ICE HOUSE MALL**



## We've Done it Again at Savvy Spirit

Our Spring '99 Collection promises to excite you with innovative fabrics and alluring colors. Komarov, a new line from California, is a lightweight washable, package woven fabric that will delight the traveler. Very chic! Need it shortened? Just grab your scissors. You must see it to believe it.

And our sweater lines from Dalya Handloomed Knits, Mia Nola, Joseph A, Rico and Abraxas promise to add that special feminine touch to your spring wardrobe.

As always, we offer the best in accessories and personal attention. Hope to see you soon.



## Fine Arts at the Ice House Mall

**Tina Han Gallery**, a fine art gallery showcasing original paintings and limited edition graphics by major, internationally-renowned artists, is now open in the Ice House Mall in Barrington.

Tina Han-Snow, the proprietor of one of the loveliest galleries in the Northwest suburbs, has been in the art business for the last 15 years. Tina is expanding her inventory of fine paintings to include the works of such luminaries as Viktor Shvaiko, Rebecca Hardin, Leroy Neiman, Ting Shao Kuang, Hailan, Rick Garcia, Mark King and the originals and reproductions of Vintage Posters. She is also expanding her display of fine art pottery.

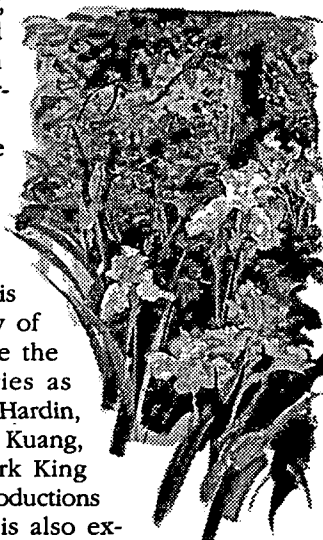
The gallery also offers museum-quality custom framing. **The Tina Han Gallery**

works with private as well as corporate collectors and designers.

The gallery is currently featuring some of the new collection of Viktor Shvaiko's serigraphs on canvas. Viktor Shvaiko produces some of the most outstanding visualizations of street scenes available in contemporary art. Tina is also continuing a collection of Rebecca Hardin's Spring Paintings, her latest collection of large nature paintings, some as large as five feet by eight feet tall.

**The Tina Han Gallery** is also planning a series of art events to highlight the importance of fine arts in the Barrington area. She invites ev-

eryone to stop in and explore their artistic desires.

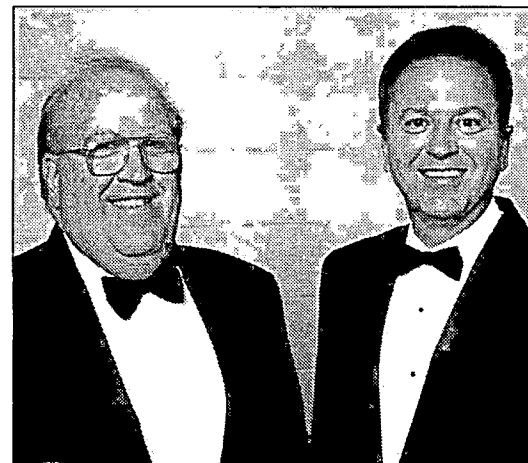


## Barrington Lyric's Spring Program

Barrington Chapter of Lyric Opera of Chicago's spring program will begin at 7 PM on Friday, April 9 at the Inverness Golf Club at 102 N. Roselle Road in Inverness. Under the direction of Alan Heatherington, The New Oratorio Singers' (TNOS) Ensemble will perform a potpourri of English/Irish Folk Songs composed and arranged by R. Vaughan Williams, Alice Parker, Percy Grainger and Edward Bairstow.

Coordinated by hostesses Barbara Keegan (Schaumburg) and Bonnie Westphal (Hoffman Estates), a lavish sweet table will be presented following the program. The cost is \$20 for members or \$25 for guests. Kindly respond to Susan Obermaier by April 2 at 847-985-0837.

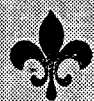
For inquiries on the Barrington Chapter (well over 200 members and still growing), please call Mary Robins in Arlington Heights at 847-437-2158. To share



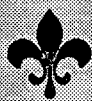
Among the singers for Barrington Lyric's evening of music will be Dave Priniski, tenor and Bob Alberding, tenor, both from Barrington.

rides, please call Evelyn Hammond in Palatine at 847-359-3545.





## Barrington ICE HOUSE MALL



### Swing Into Spring at the Ice House Mall with the Rhythm Rockets... Vintage Jump Blues and Swing Band

The **Ice House Mall** is celebrating the arrival of spring with a free musical concert on Thursday, April 22, 5:30 to 8:00 PM featuring the Rhythm Rockets.

The Rhythm Rockets, a seven piece show band, have succeeded in recreating the musical style of the '40's and '50's while staying true to the original genre of the era. From toe-tapping music to the vintage microphones, the Rhythm Rockets will take you back to a simpler time... when you actually danced with a partner! This jumpin' and swingin' band will take you back to the days when music was simple, understandable and danceable... the days of the jitterbugs, lindy hoppers and swing dancing—a musical sound that is the essence of Chicago!

Families are invited to come out and listen to this talented band while enjoying complementary beverages and hors d'oeuvres. So, "Get Hip and Make the Trip" to the **Ice House Mall** to see the Rhythm Rockets.

Mark your calendars! On Friday and Saturday, April 2 and 3, the Easter Bunny will be at the **Ice House**. On Friday, he will be here from 11:00 AM to 3:00 PM. On Saturday, the Bunny will appear from

10:00 AM to 3:00 PM. Children and parents are invited on Saturday to participate in the famous Ice House Easter Egg Hunt. All children who attend will receive an Easter Egg and candy. Irwin Kaiser, from Kaiser's professional photo lab, will be present both days to take Polaroid photos of children with the Easter Bunny. A nominal fee will be charged for each photo, which will include a Happy Easter Polaroid Folder.

The **Barrington Ice House Mall Village Shops** and **Chessie's Restaurant** is a historic community mall nestled in the heart of downtown Barrington. Home to 14 lovely boutique shops, the mall offers men, women and children's apparel, accessories and jewelry, art and gifts, nautical artifacts and model ships, stationary, cosmetics and image consulting. And, if you are interested in pampering yourself, **She & I Hair and Nail Salon** offers haircuts, colors, perms, manicures and pedicures.

Take the hassle out of shopping and come to the **Barrington Ice House Mall** located at 200 Applebee Street in downtown Barrington, next to Jewel/Osco. For information, please call 847-381-6661.

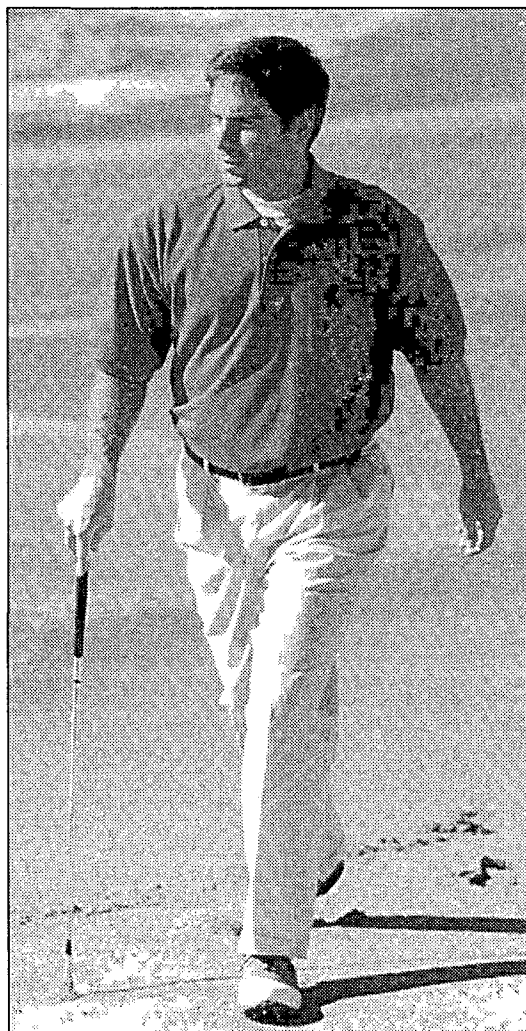
**S**pring has arrived at **Peter Daniel** with style, bright colors and fabulous apparel arriving daily for both men and women.

Look for our expanded sportswear and golf collections from your favorite designers, including Ashworth, in our men's department.

**Peter Daniel** now carries selected gift accessories including candles, potpourri, pillows and much more.

These gifts are perfect for a hostess or just as an added bonus to your apparel purchase.

**Peter Daniel** offers special orders upon request, free alterations, free gift wrapping, and UPS service for all our customers. And we are open seven days a week for your shopping convenience.



## Barrington ICE HOUSE MALL

village shops & restaurant



### Swing into Spring at the Ice House

Swing Dance  
Demos

with the **Rhythm Rockets**

VINTAGE JUMP BLUES AND SWING BAND

Swing Dance  
Instructions

Thursday, April 22, 1999, 5:30 - 8:00 PM

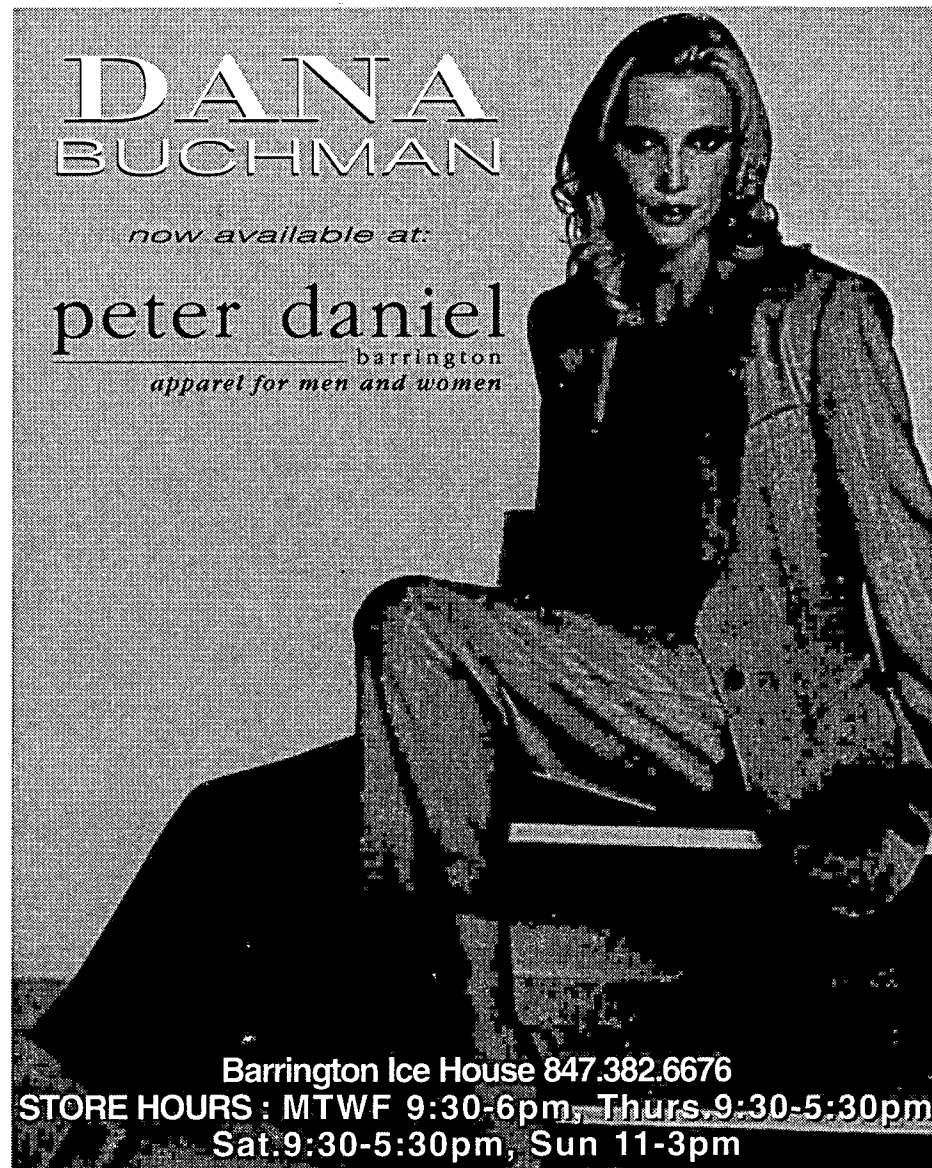
Kickoff the Spring Season with this high-energy seven-piece show band that has just stepped out of the 1940's—dressed to the nines in zoot suits and hats—with a rhythmic style that will "swing you into Spring." Free concert for the entire family with complimentary beverages and hors d'oeuvres.

Reservations are not required but for more information or directions to the mall, please call (847) 381-6661.

# DANA BUCHMAN

now available at:

**peter daniel**  
barrington  
apparel for men and women



Barrington Ice House 847.382.6676

STORE HOURS : MTWF 9:30-6pm, Thurs. 9:30-5:30pm

Sat. 9:30-5:30pm, Sun 11-3pm

## Deadline!

The deadline for the **May Issue** is **Thursday, April 15.**

Please send your press release/advertising materials to:

Editor

**Lifestyles Magazines**

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: (815) 459-4820



*She & I*  
Hair and Nail Salon

## Welcomes Karen Rice



Mon. - Sat.  
Wed. & Thurs. Evenings

The Ice House Mall

Walk-Ins Welcome • Gift Certificates Available

**381-5043**

200 Applebee  
Barrington

## She & "I" Salon Welcomes Karen Rice

**She & "I" Hair and Nail Salon** would like to welcome their newest hair stylist, Karen Rice. Karen enjoys working with today's styles and coloring techniques.

*As a special offer, any first time color service with Karen will receive a style, cut and blow-dry free! This offer is available*

*Wednesday, Friday and Saturday.*

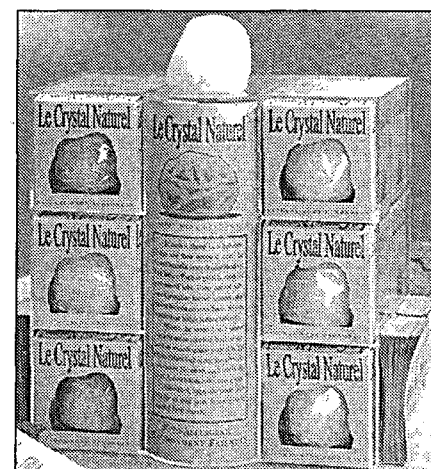
**She & "I" Hair and Nail Salon** offers hair styling and cutting, perms, color, facial waxing, manicures and pedicures and is located in the Barrington Ice House Mall in downtown Barrington. Call **381-5043** for your next appointment.

## From France Comes a New Idea...

A completely natural body deodorant!

Le Crystal Naturel comes in the form of a crystal opalescent stone and is available as a "Rock" or a Twist-Up Stick. Made of natural mineral salts, Le Crystal Naturel is completely free of perfumes and chemicals. Le Crystal Naturel is exceptionally effective at eliminating body odor.

Moisten the stone and gently rub on the underarm area. Invisible mineral salt deposits remain on the skin to prevent odorous bacteria from forming. It can be used daily and is guaranteed to last a minimum of a year. Le Crystal Naturel will not stain clothing, will not leave white flakes and is recommended for all skin



types, for both men and women.

Now available at **Lauren's Lingerie** in the Ice House Mall.

## Wacoal...

dedicated to providing beautiful, well-fitting, high-quality intimate apparel.

AVAILABLE AT:

*Lauren's*  
lingerie

The Ice House • 200 Applebee St.  
Barrington • 847.381.0715



## It's All in the Package!

Spring Fairy Tales! They really do come true! Everyone really can wear the season's sheer shimmering pinks. Some women look wonderful in the warm pinks of the "Cinderella" face, while others shine in "Rapunzel's" cool hues.

Our spring complexions need and are dependent on radiant skin. For a healthy glow, try our facial services. This month, all customers will receive a complimentary skin evaluation and \$10 off of our facial services, including our fabulous "Skin Renewal Alpha Hydroxy Exfoliation Treatment" followed by "Lea Mineral Mist." A great way to get ready for spring!

Men and woman can enjoy any of these services in the "Complete Total Back Massage Chair!" Kick back and relax as you enjoy our facial services and indulge in the massage that you will truly enjoy. **Lea Image Studio** offers private consultations to include facials, deep pore cleansing and overall image improvement.

We offer the finest in products for home or office demonstrations, and in store parties! We specialize in the ultimate skin care regimen for men and woman. Our special wrapping and certificates are a great way of presenting a gift.

Another aspect of **Lea Image Studio**



**Karen Lea Cline**  
**Mrs. Illinois America 1998**

applies to the modeling and acting industry. Lea Modeling and Talent Consultants offer expertise to clients, pursuing a career, by leading them through the preparation process and to give them an understanding of the business.

For the special occasion of prom night, or the fabulous weddings in spring or summer, we offer makeup applications and everyday use. Let us show you how to naturally sparkle!

Our motto is "There is something special about you and it has everything to do with looking and feeling beautiful."

SPRING FAIRY TALES

## Lea Image Studio

LEA MODELING & TALENT CONSULTANTS, LTD.  
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Gift Certificates Available



Karen Lea Cline

*"There is something special about you and it has everything to do with looking and feeling beautiful."*

*Lea*

200 Applebee St. • Barrington, IL • 847.382.6640



**\$10 OFF**  
A PURCHASE OF  
\$50 OR MORE!  
thru April

## Citizens for Conservation Schedules Earth Week Activities in the Barrington Area

Citizens for Conservation will provide two opportunities for first-time and seasoned volunteers to help restore one of Mother Earth's local native landscapes during work sessions on Thursday, April 22 and Saturday, April 24.

On Earth Day, April 22, volunteers can spend the morning working on the earth's behalf. Meet by the retention pond in front of the Foundry Shopping Center at the corner of Northwest Highway and Hart Road, northwest of the village. The group will leave at 9 AM and return at 11 AM. Dress for work and the weather. Bring

work gloves.

On Saturday, April 24, volunteers can wind up Earth Week by helping with further restoration work. Volunteers will be working all day, but those wishing to volunteer from 9 to 11 AM should again meet by the retention pond in front of the Foundry Shopping Center. The group will leave at 9 AM for a local, natural area. Workers are advised to dress for work and the weather. Bring work gloves.

If there are questions on either of the work days, call Citizens for Conservation at 382-SAVE (7283).

## Seasonal Delights

The Garden Club of Inverness has a special treat in store for its members and guests when it holds the last meeting of the club-year on Thursday, April 15, 1999. The program is entitled "Seasonal Delights" and will be presented by Judith Schafernak, a name which is very familiar to members of garden clubs all over Illinois. Judith is a Master Flower Show Judge, a Landscape Design Critic, a Garden Study Consultant, and has held the position of President of Garden Clubs of Illinois, Inc. She will use her creative talents in making six spring floral designs using flowering branches and flowers of the spring season. With Judith's imagina-

tive skills and experience, this will be a program not to be missed. We shall have the rare treat to observe, up close, a true expert in floral design. We hope to see many of our members at this last meeting of the club-year which will again be held at Holy Family Church, 2515 West Palatine Road, Inverness, at 9:30 AM on April 15. As always, we extend a cordial invitation to interested guests. For further information, please contact Mary Jo Bregenzer at 776-6557.

Also, save the date of Thursday, May 20 for The Garden Club's Spring Luncheon at the Inverness Golf Club. Look for further information next month.

## IK Design Jewelry Offers Solutions for Mother's Day

The big question on everyone's mind this time of year is... "What should we get Mom for Mother's Day?"

You'll find the answer by browsing through **IK Design Jewelry**, the Barrington area's showplace for original jewelry and sculptures by designer Isaac Kornhauser, located at 141B Northwest Highway in Barrington. The store is the perfect solution for Mother's Day gifts that Mom will cherish for a lifetime.

For instance, this year, present Mom with a beautiful heirloom piece that will last generations. Kornhauser offers a variety of jewelry crafted with the highest quality precious and semiprecious stones in gold, silver and platinum. His collection includes lockets, pendants, earrings, rings, bracelets, pins and pearls—timeless gifts. Kornhauser and his wife, Ellen, recently hand-picked several Tahitian black cultured pearls and strands, as well as traditional cultured pearls.

Kornhauser also specializes in setting designer-cut stones with unusual shapes from well-known gem cutters such as Bernd Munsteiner, Larry Winn, Michael Dyber and others. He can be commissioned to create original pieces for your family.

**IK Design** also offers a line of 18 karat gold and sterling silver orchid jewelry and sculptures from The Golden Orchid. The

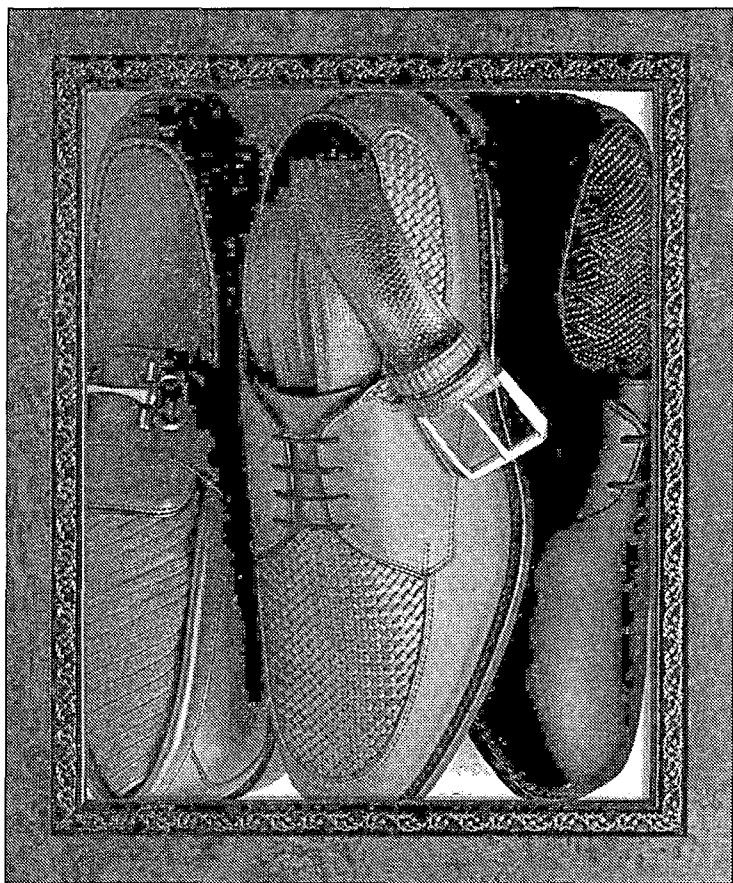
collection is made through a proprietary process developed by Kornhauser that creates exact reproductions of actual flowers or plants in precious metals, preserving their beauty eternally.

"The grace and simplicity of a leaf or blossom is cast in gold or silver to capture the total essence of Mother Nature," Kornhauser said. "The jewelry has the texture of the actual flower from which it was created. It adds to the jewelry's originality and organic nature," he said.

The sculptures by Kornhauser immortalize the elegance of orchids in a movable art form. They have won awards in numerous regional and national orchid shows and are now becoming sought after accents for the home and office.

The son of a diamond setter, Kornhauser studied at the Fashion Institute of Technology in New York under head jewelry designers from Bulgari and Van Cleef and Arpels. He worked for Gimbels of New York; Black, Star and Frost in New Jersey; The Jewelers of Bond Street in Long Island; and OC Tanner of Salt Lake City. Kornhauser opened **IK Design Jewelry** in Barrington in 1987.

You can visit **IK Design Jewelry** on Thursdays from 9 AM to 8 PM, Fridays from 9 AM to 6 PM or Saturdays from 9 AM to 5 PM; or by appointment for custom work by calling **847-381-8626**.



**P**lease join us to preview the complete line of Allen Edmonds men's shoes and accessories on Saturday, April 17 at our Trunk Show from 10 AM until 4 PM.

This exciting preview takes place at **Chuck Hines** on Main Street in downtown Barrington.

## Young Artists Exhibit

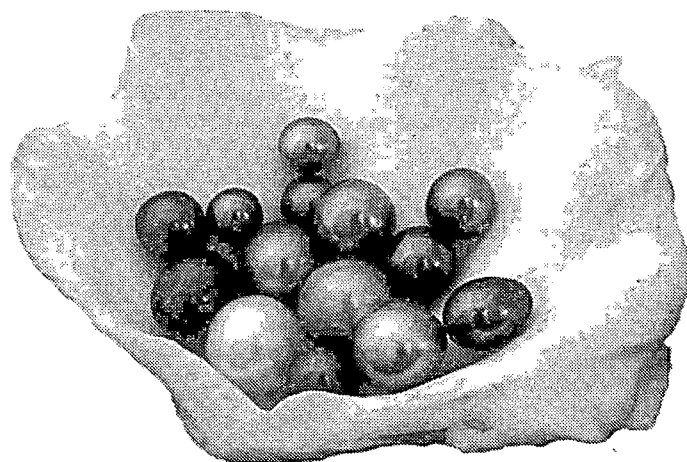
The Barrington Area Arts Council (BAAC) is pleased to announce their annual Young Artists Exhibit to be held April 24 through May 9 at the Ice House Mall, 200 Applebee St. in Barrington. Stroll the mall and enjoy artwork from elementary and

middle school students in District 220 and St. Anne. Each school will display up to 75 pieces of artwork.

An opening reception to honor the artists will be held on Saturday, April 24 from Noon to 4 PM at the Ice House Mall. For more information, please call BAAC at 847-382-5626.



## Pearls of Tahiti



"Considered an emanation from the gods, a symbol of escape to the world of dreams; crystal clear lagoons, lush tropical growth, and beautiful people and a delightful culture."

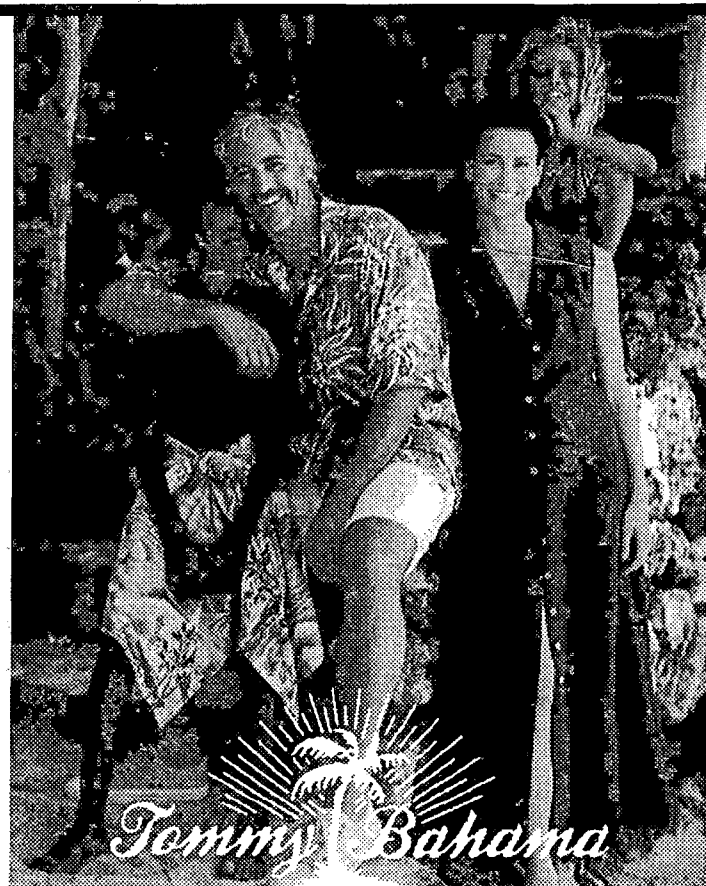
### THE TAHITIAN BLACK PEARL

presented by



**IK DESIGN, Inc.**

141-B S. Northwest Hwy. • Barrington  
(847) 381-8626



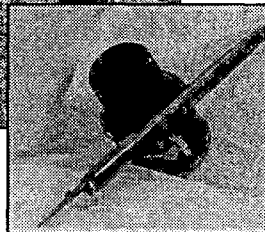
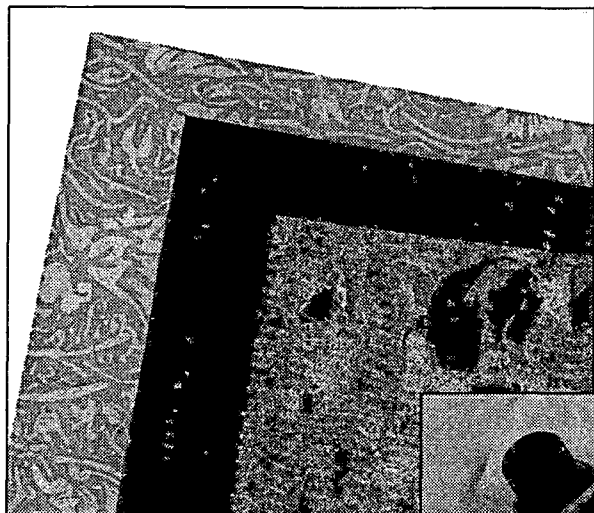
Purveyor of island lifestyles. Available at Chuck Hines... fine apparel and accessories for men, women and boys.

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MON-WED & FRI 9:30-6 THUR 9:30-8:30 SAT 9:30-5



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## The 49th Annual Ms. Fitz Rummage Sale is Coming!



Shown with items donated by a local resident are committee members (left to right) Connie Conway, Stella Hedden and Annette Midland. Other members not shown include Sharon Barnardo, Joanne Bradley and Karen O'Malley.

What began as a small rummage sale at Countryside Elementary School back in 1950 has now turned into one of the most anticipated events in the community.

Over the past 48 years, Ms. Fitz has made tremendous contributions to Countryside Elementary School. The sale has delighted thousands of shoppers and treasure hunters. Most importantly, Ms. Fitz has continued to unite parents, students, teachers and the community in a volunteer effort.

This year promises to have more quality items such as furniture and clothing.

The sale begins on Saturday, April 10 from 8 AM to 4 PM.

Donation drop off days include April 5, 6 and 7 from 9 AM to 3 PM. The drop off address is Countryside School located at 205 West County Line Road in Barrington Hills.

If you are interested in donating quality items to this event or would like more information, please call Stella at 551-1908.



## Random Acts of Kindness

By Gal Friday



Hi, kids!

Just dropping by to tell you the latest about the new things at **CLIX Photographs & Savables**.

Just when I thought it was safe to bring my checkbook out... WHAM! I got a whiff of this place and I mean to tell you... Heaven Scent.

They just added some lovely soaps and lotions to the mix of this eclectic place, including natural Lemon Verbena and smooth, slightly sweet Linden—A new aroma, but wait 'til you sniff this one. Yum! How about a long relaxing bath with French milled soaps? Or even organic Rosemary, Peppermint Oatmeal or Sally's Sea Soap? Have I ever steered you wrong? This stuff is made the old fashioned way; with honest ingredients and time-tested recipes. If you deserve the very best (and what goddess doesn't?) stop by **CLIX** and pick up a treat.

And speaking of old things getting another look, ole' Ed wrote me a little note for my birthday this year. He must have stopped in at **CLIX** when I wasn't lookin' and picked up some of their handmade note paper. I guess chaining him to the lounge chair during my Oprah tapes has finally paid off.

What can I say? It was short, sweet and said just what I needed to hear. After I came to, (the shock nearly took me out), I just cried a little, gave him a big ole' smack and went back in the kitchen to finish frosting my cake. It was the best

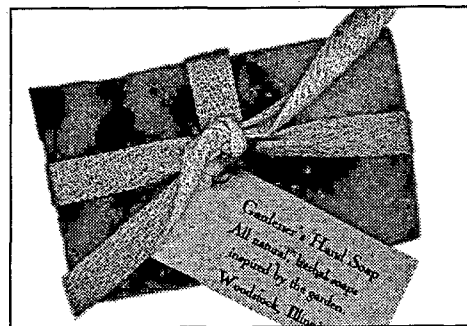
birthday ever.

There is just nothing like a little bit of love scribbled on wonderful paper. **CLIX** has all that you'll need to create that something special for *your* someone special: everything from a large selection of handmade papers—just got in a new shipment—to calligraphy pens and ink to sealing waxes in fabulous new colors to stamps, glues and other fun playthings.

Maybe you're a bit more ambitious and would like to custom make a photo album as a graduation gift or wedding journal? The nice people at **CLIX** have lots of ideas to help you out and they just got a bunch of bookbinding kits that will make the whole job a snap.

These are the kinds of gifts people remember, and they treasure them just about as much as they appreciate the giver. Just ask Ed. I don't think he's been this "appreciated" in a looong time and his face is gonna crack if he doesn't quit smiling about it.

Well, I gotta scoot. Don't forget, random acts of kindness are worth a whole lot more than the wonderful paper they're written on. Bye for now!



## "Lunching for Literacy"



Chairpersons, Noell Poidomani and Dayna Imhoff of Barrington pictured with Susan Neely of Arlington Heights at a recent planning meeting for the Junior League of Chicago's "Lunching for Literacy" event planned for May 7, 1999 at the Rosemont Convention Center.

The Junior League of Chicago is busy planning their 5th Annual fundraising luncheon event in support of Chicago area literacy programs.

The event will take place at the Rosemont Convention Center on Friday, May 7, 1999 at 10:30 AM.

The featured authors and their books will be: Bob Greene, *To Our Children's Children Journal of Family Memories*; Robert Hellenga, PHD, *The Fall of a Sparrow*; JoAnn Mapson, *The Wilder Sisters*; Sugar Rautbord, *The Chameleon*; and Joanna Trollope, *Other People's Children*.

For information, please contact the Jun-

ior League of Chicago at 312-664-4463.

The Junior League of Chicago, Inc. is a metropolitan organization of women committed to promoting voluntarism, developing the potential of women and improving the community through effective action and leadership of training volunteers. In 1998, more than 2,000 JLC members contributed over 150,000 hours of volunteer service to 31 Chicago-area projects that focus on at-risk families, especially women and girls. The Junior League of Chicago reaches out to women of all races, religions and national origins.



## Make Spring More Inviting...



As the daffodils come up, so do opportunities for springtime parties!

Start your party out on the right foot with the perfect invitation from the **Little Shop of Papers**. They have invitations to suit every occasion: confirmations, birthdays, weddings or baby showers. Choose from many designs to help convey your party theme including a pasta party, a

Mexican fiesta or just a "welcome spring" theme. Tie your party package together with coordinating tableware and you've got an entertainment success story!

Stop in to **Little Shop of Papers** to get your spring entertaining off the ground! Their hours are Monday through Saturday from 9:30 AM to 5:30 PM, and Thursdays until 7:00 PM.

## L'Auberge Celebrates Second Anniversary

On behalf of **L'Auberge**, we wish to thank all of our guests who have visited us as we celebrate our second anniversary. We realize there are many choices for everyone in the area, so we want to take the time to thank all of you who choose **L'Auberge**.

For the entire month of April, we are celebrating. Come on in and try any of our services, from our famous Repechage 4-Layer Facial to one of our extraordinary therapeutic massages. Also, try our manicure or one of our Spa Pedicures, so soothing to the fingers and toes. Everyone can use a little pampering.

Our hair designers pride themselves on the level of advanced education they continually seek out and exercise. Their dedication to always knowing the latest trends is amazing. If you're looking for something new, give us a call and we will be happy to provide you with a complimentary consultation.

This year, **L'Auberge** wants you to be part of the celebration. With any service, you will receive a special gift... our way of saying thanks.

Call **847-277-7000** for an appointment today. We look forward to you being a part of our celebration.

## Protect Your Furs for the Millennium

Don't let summer sneak up on you! We at **Shari's** would strongly urge our customers to clean and store your coats early this year. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will help give it extended wearing life.

We at **Shari's** feel spring storage gives us the perfect opportunity and time to make the small repairs and major remodels so your fur will be ready for next year's inevitable blast of winter.

Spring is a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. Our resale racks offer an option to our patrons of selling their old fur and possibly reinvesting in a new one, and at the same time, making affordable furs available to others.

At **Shari's**, when you purchase a new fur garment, **all alterations, monogramming, and first-year storage are**



**included.** There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."

## BJWC Spring Fling—"Seniors on Safari"

Seniors! Come join the Barrington Junior Women's Club as we celebrate the arrival of spring with a real Jungle Safari!

On Tuesday, May 4 from 11:00 AM to 2:30 PM, BJWC is hosting their Spring Fling for seniors. "Seniors on Safari" will take place at the Barrington Park District.

From cuddly to scaly, the terrific team of Ed & Annette's "Monkey's and More" will tantalize your animal curiosity with seven entertaining animals including a

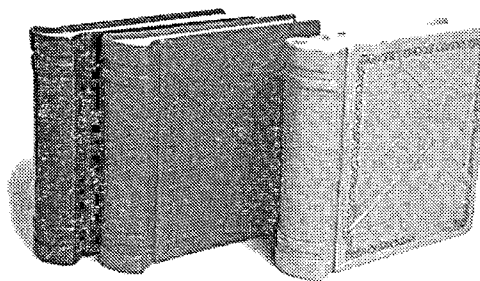
baby cougar!

Also, The Rain Forest Café will join us with their three Macaws! You won't need your binoculars for this event; you'll be up close and personal.

Don't forget, a delicious lunch will be served along with games and prizes.

So, wear your safari gear and join us for a day of adventure. Please call Linda Avalon at 381-5030 at the Barrington Area Council on Aging for reservations!

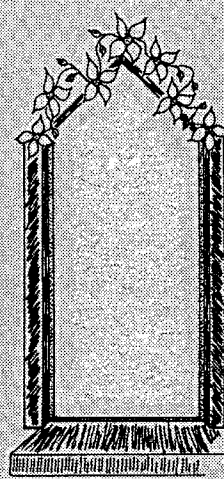
## Capture the Moment



An outstanding collection of photo and memory albums to preserve the pictures and mementos of your most unforgettable times—a special vacation, a new baby, school graduations...all stored in beautifully crafted albums. Our designs feature handmade specialty papers and fabrics, unique handmade art pieces and beautiful leathers, all with acid-free pages.

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## First National Alcohol Screening Day

Barrington Youth Services (BYS) is offering free, anonymous screenings for alcohol problems as part of the first-ever National Alcohol Screening Day, April 8, 1999. The free screenings will be held at BYS located at 110 S. Hager Avenue in Barrington. There will be two screening sessions offered, one from noon to 2 PM and one from 6 to 8 PM.

National Alcohol Screening Day (NASD), being held in April as part of Alcohol Awareness Month, is a program of the nonprofit National Mental Illness Screening Project in partnership with the National Institute on Alcohol Abuse and Alcoholism (NIAAA), a part of the Na-

tional Institutes of Health. It is being held across the country at 2,000 screening sites including hospitals, alcohol and addiction treatment centers and colleges.

Participants at the BYS screenings will hear an educational presentation on alcohol problems, have the opportunity to complete a written self-test, and talk one-on-one with one of the BYS mental health counselors. There is also an educational video, pamphlets, brochures and flyers, and for those who appear to need further evaluation, referrals to local treatment and support resources.


For more information on the free BYS screenings, please call 847-381-0345.

**The Popular 1998-99 Lecture Series Continues**


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**Internationally Recognized Speakers**




**Dr. Elliot Engel**  
April 14, 1999



**Peter Bogdanovich**  
May 12, 1999

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Linda Ellerbee	Bob Mackie
Dr. Elliot Engel	Rita Moreno
Chef Henry Haller	Judith Viorst

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- Presentation begins at 10 a.m.
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- Bid on hundreds of exciting items including round trip tickets to Paris

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*For Reservations or More Information Call (815) 759-7142*

## A Reminder to Animal Owners

The Hooved Animal Humane Society would like to remind all animal owners that as the spring planting and bedding season approaches, special consideration should be given to the source and base of bedding materials used. Free or very low priced wood chips can contain lethal levels of toxic plants, namely black walnut. Freshly cut black walnut can be absorbed by large animals hooves and create serious or fatal health problems in animals. Anyone using mixed wood chips in areas where animals reside should be certain that black walnut is not present. Hayfields, barnyards and paddocks can be contaminated with the toxins leeching

out of these wood chips.

If horses have been exposed to toxins from hardwood bedding with unknown toxins, owners should be on the watch for swollen lower limbs, fever, heat in the hooves or loss of appetite. With any signs of trouble, the animals should be removed from the affected area and given veterinary attention immediately.

Animal owners and keepers should be aware of these potential health problems. Any wood chips that are used in context with any animal should be guaranteed free of walnut particles by the seller. Those wood chips that cannot be guaranteed free of walnut should be avoided at all costs.

## Elgin Enrichment Series Speakers to Share Fascinating Stories

Motivational and inspirational stories... trade secrets from high profile celebrities in the know... These are some of the ingredients that make the nationally recognized speakers of the **Elgin Enrichment Series (EES)**-Morning Forum an enriching experience for attendants.

The '98-'99 Series presents English professor and scholar Dr. Elliot Engel, who will bring the "Brilliant and Bizarre Brontë Sisters" to life on April 14, 1999. Engel will explore the extraordinary lives of authors Charlotte and Emily Brontë who produced two of the greatest English novels, *Jane Eyre* and *Wuthering Heights*. His presentation examines, with insight and humor, the unique genius of these two women and their work. This is Dr. Engel's return appearance after his surprisingly delightful and informative "The Dickens Nobody Knows" which won rave reviews last year.

Hollywood director, screenwriter, actor and critic Peter Bogdanovich keys in on his best seller *Who the Devil Made It* about the film industry as he ends the '98-'99

series on May 12, 1999. Bogdanovich takes the audience on a fascinating exploration of the difference between making movies "then" and "now." He'll bring stories to life, complete with his dead-on impersonations from Hitchcock to Cary Grant. Bogdanovich directed 18 films, including *The Last Picture Show*, *Paper Moon* and *Mask*.

Each Morning Forum starts at 10 AM at the Visual Performing Arts Center at Elgin Community College, which is located on the west side of Elgin near Route 20 and Randall Road. Tickets are \$25 for each speaker. They may be purchased at the Elgin Community College-VPAC Box Office the morning of the event. For ticket information, call 847-289-4332.

**The Elgin Enrichment Series** is a not-for-profit organization established in 1995 by a board of 10 volunteers for the purpose of bringing to the Fox Valley high profile speakers from the fields of education, entertainment, communications and other professions in order to truly enrich the lives of community members.

## Chicago Area Artist Creates Original Piece for Pioneer Foundation Auction

Excitement grows as The Pioneer Foundation's final plans come together. Donations are being secured for their upcoming 15th Annual Auction and Dinner Dance Gala "An Evening in Paris" to be held at the Holiday Inn of Crystal Lake on April 24. This Gala has become the largest social event of the year in McHenry County. Last year's event raised more than \$160,000 to benefit Pioneer Center. And, this year's Goldrush will be no exception!

The true highlight of the live auction, this year, will be an original art piece created by Nancy Steinmeyer, an award winning, nationally recognized artist. She has created this onetime original acrylic painting entitled *An Evening in Paris* which reflects the style of a famous French artist, Henri de Toulouse-Lautrec. The Pioneer Foundation will use this outstanding artist's work as the cover for the invitation to promote their upcoming Dinner Dance and Auction, and to advertise that the artwork itself will be available for live auction. Don't miss an opportunity to enjoy your own original Steinmeyer!

Nancy L. Steinmeyer has been a professional artist for 20 years. Her talents extend over many mediums and techniques. Included are pulp paper sculpting, murals, paintings on screen wire and constructions which combine to create a dual image. An innovator in paper relief, Steinmeyer produces art through recycled paper that is reduced to pulp, dyed and usually shaped into human forms. Suspended over several pulp sculptures are screen wire paintings that mirror the same image at a different point in time. Her series of three pulp paper and screen wire constructions are on display in Lt. Governor Corinne Wood's office in Chicago. Entitled "The Art of Casting a Vote," each



**Artist Nancy Steinmeyer is shown with the painting she created and donated to the foundation for this year's invitation and live auction.**

depicts an image of a voting amendment showing both those who fought for the vote and those who realize the privilege today. For more information about Nancy Steinmeyer, call Dobbe & Associates at 815-459-5080.

The Foundation proudly announces that this year's Gala co-hosts will be Mrs. Nancy Klemm and Mrs. Debby Franks, both wives of two of Illinois' most respected Republican and Democratic State Representatives.

The evening will feature hundreds of live and silent auction items to suit anyone's purse: two round trip tickets to Paris, France; a Ranch Mink Coat; four Pro Tour Drivers; Restaurant Packages; Baskets of Wine; and much more. The evening will include "Music by Mario" during cocktails followed by superb entertainment performed by the band Park Avenue. Guests will truly have an evening to remember!

Several other prizes will also be available during the gala event. Some of the most exciting prizes will be the 1st prize

*(Please continue on page 53)*

## Getting Married? Consider Pret-A-Poser Photography

Mark Sojdecke has been a professional photographer for over 14 years. His work has been published in *Chicago Wedding Magazine*, *Good House Keeping and Decorating*, *Glass America*, *International Library of Photography* and many more sources.

His experience as a wedding and por-

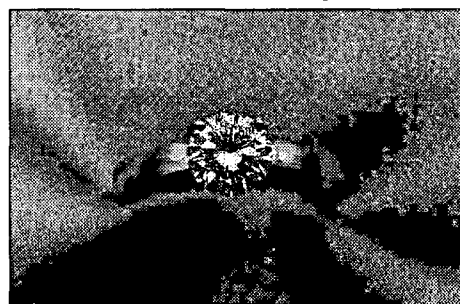
trait photographer adds depth and versatility to his overall experience in the industry. His style and professional attitude is certain to make the most important day of your life—your wedding day—a much less stressful experience. Give Mark a call to discuss the many available options at 847-382-2211.

## Know Your Diamond Before You Buy

Buying a diamond can be confusing with all the different grading systems out there. In fact it is probably one of the most blind items you will ever buy. When you buy a house, you can have an inspector report its condition. When you buy a car or some other product, you can check with consumer reports. But when it comes to buying a diamond, not many customers walk around with a gemologist in their back pocket.

So when buying a diamond, you need to know more than just the four C's: *Carat, Color, Clarity, and Cut*—you need to know what these words mean. *I've always said that there is a fifth "C" and that is CONFIDENCE!* If you don't have confidence in the jeweler, then the other four C's don't mean a thing.

When you visit **Mitchell's Jewelers** we



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take the time to show you under a microscope, what to look for in a quality diamond.

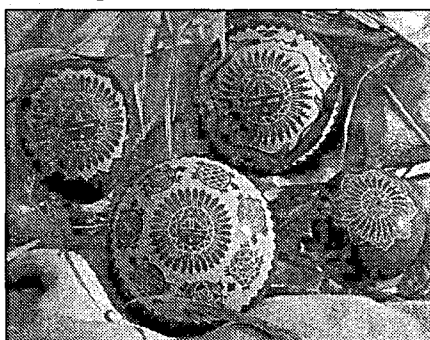
Douglas A. Mitchell, Co-owner  
Recipient: GIA Diamond  
Grading Certificate

## Hopi & Santa Clara Pottery

Preston Duwyenie, Hopi jeweler and ceramist, will be joined by his wife Debra Trujillo-Duwyenie, a potter from Santa Clara Pueblo, to present an ongoing pottery demonstration, show and sale at **Tribal Expressions** in Arlington Heights. They will discuss pottery techniques used in the context of their work. They will demonstrate hand pot building techniques, sand papering, stone polishing and scraffito-style etching.

Preston Duwyenie seems to favor clay as a medium of expression. Preston's series, entitled "Shifting Sands," was inspired by a moment of solitude experienced on the Hopi reservation. He observed a pebble in ripples of windblown sand, and was struck by the simplicity of it. As a result, the shifting sands image is often a characteristic part of his jewelry and pottery.

Debra's splendid ceramic vessels are easily recognized by shape, size and shine. Her Santa Clara red and black pottery typically have rounded bottoms, very



Pottery by Preston Duwyenie and Debra Trujillo

high polish and are surface etched with delicate images.

Debra and Preston invite the public to view their individual styles and collaborative work. A reception for the artists is planned from 6 to 9 PM on Friday, April 9 with a continuing open house from noon to 5 PM on Saturday and Sunday, April 10 and 11, at **Tribal Expressions**. The public is invited to participate at this event at no cost.

## Safety Town Registration and Sign-Up on April 10

Safety Town, the miniature layout of a town, is an educational setting in which all types of safety lessons are taught through actual participation and demonstrations. Movies, songs, poems, art and field trips to the Police Department, Fire Department and an area playground help the child enjoy and understand the safety rules and lessons he or she is learning. There is also a representative from Commonwealth Edison who visits to teach the children about electrical safety; as well as a nurse from Good Shepherd Hospital who talks about poison safety.

One day registration and sign-up is on Saturday, April 10 at JFK Health World from 9:00 AM to Noon. Application forms for Safety Town will be available starting April 1, 1999 for children residing in School District 220 who will be age 5 and entering Kindergarten or first grade in the fall. Application forms will be available at the Barrington Library, the Barrington Park District, JFK Health World and the Barrington area preschools and elementary schools.

Classes will be held Monday through Friday from 9:15 to 11:15 AM, Noon to

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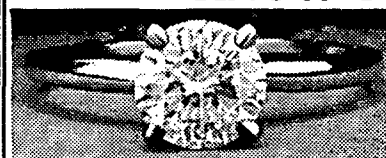


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to Elegance

## KNOW YOUR DIAMOND BEFORE YOU BUY!!



When buying a diamond you need to know more than carat, cut, color and clarity. You need to understand what these words mean and what to look for in a quality diamond. At Mitchell's Jewelers we will take the time to show you under a microscope the difference between poor, good and excellent quality.

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## TRIBAL EXPRESSIONS®

Featuring Hopi Jeweler & Ceramist

**Prestone Duwyenie**

Santa Clara Ceramist

**Debra Trujillo**

Artist's Reception

Friday, April 9, 1999, 6:00 - 9:00 P.M.

Demonstration and Sale

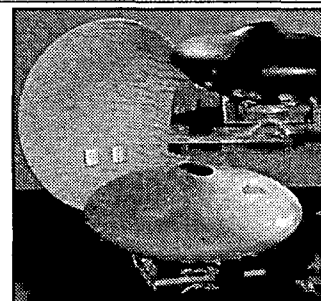
Saturday & Sunday, April 10 & 11, 12:00 - 5:00 P.M.

Alive with the Art & Spirit of Native America

7 South Dunton, Arlington Heights, IL 60005

www.tribalexpressions.com

(847) 590-5390



2:00 PM and 2:30 to 4:30 PM. Each child attends one two-hour time slot per day for the two-week session.

Session I will be held June 14 through 25; Session II will take place June 28 through July 9. Both sessions will be held at JFK Health World, 1301 South Grove Avenue in Barrington.

Please note that this is not a Park District or JFK Health World program. Safety Town of Barrington is sponsored by the Barrington Junior Women's Club which is a not-for-profit organization of women volunteers. For more information, please write to the Barrington Junior Women's

Club at PO Box 803, Barrington, IL, 60011 or call 847-622-3838.





# PINE CONE CHRISTMAS SHOP

will host its annual

## -Spring Open House-

Sunday, April 25 from 10:00 am - 2:00 pm

Come preview the new Department 56 village



SEASONS BAY  
as well as all the new houses for 1999.

- Doug Wade, our Department 56 Representative, will be on hand to answer questions.
- Win a Dicken's Village "Heathmoor Castle" (call for details)
- Door Prizes (no purchase necessary)
- Complimentary Orange Juice, Coffee and Apple Cider Donuts

Call to reserve your Department 56 1999 pieces!

847-634-0890

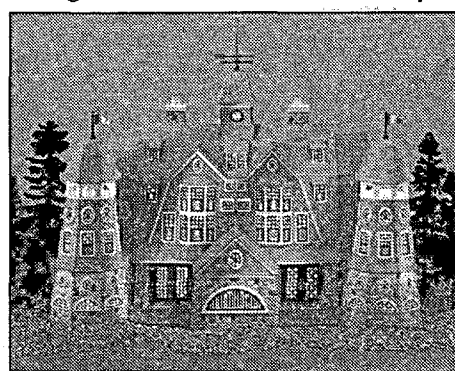
210 Coffin Rd., Long Grove

## Pine Cone's Open House to Preview Department 56's Seasons Bay

Spring is in bloom for Seasons Bay, Department 56's new-year round porcelain village. In celebration of this charming year-round village, Pine Cone Christmas Shop will hold its annual Spring Open House on Sunday, April 25 from 10 AM to 2 PM.

During this event, the six new buildings from Seasons Bay will be on display and are expected to be available for purchase on that day. Seasons Bay is an interactive town. With accessories available for every season, the display may be kept up and changed all year long.

The First Edition of Seasons Bay, which includes gold flags and detail on four of the six lighted pieces, will be available only to Gold Key Dealers, such as Pine Cone. These buildings include: "Grandview Shores Hotel," "Bay Street Shops," "Chapel on the Hill," "Side Porch Café," "Inglenook Cottage #5" and "The Grand Creamery."



"Grandview Shores Hotel"



"Heathmoor Castle"

Snow Village and Heritage Village's new houses will also be available to preview. Some of the most exciting new buildings include: "...Another Man's Treasure Garage" from Snow Village, "Big Ben" from Historical Landmark Series, "Franklin Hook and Ladder" from New England, "Sound of Music Von Trapp Villa" from Alpine, "Precinct 25 Police Stations" from Christmas in the City and "Reindeer Flight School" from North Pole. There will also be a special limited edition "Heathmoor Castle" from Dickens' Village (see photo).

During the open house, win a "Heathmoor Castle." Details will be available at the Spring Open House. There will be complimentary orange juice, coffee and apple cider donuts. Plus, there will be hourly door prizes, (no purchase necessary). To reserve your favorite houses of 1999, call 847-634-0890.

## \$270,000 Raised to Help Children With Cancer



Pictured are (left to right) Greg Kosinski, Naperville; Lori Amonte and Tony Amonte, Chicago Blackhawk; Kathleen Casey, Executive Director; Allison Parise, Board of Director, Arlington Heights, Vito Parise; Sandy Fencik and Gary Fencik, Former Chicago Bear, Chicago.

It's more than appropriate that the 6th Annual "Thank Heaven for Little Bears" dinner dance broke all previous records. The very prestigious event is the major fundraiser for Bear Necessities Pediatric Cancer Foundation, Inc. which is facing ever increasing cases of pediatric cancer. Bear Necessities funds research for pediatric cancer and attends to the immediate needs of cancer stricken children and their families.

The 1999 Bear Necessities dinner and auction drew a soldout group of generous contributors at the Four Seasons Hotel in Chicago! Accounts from outside reports indicate this Annual Bear Necessities gala evening has become so popular, it is

ranked among the Top Ten Fundraisers in Chicago. The evening opened with the "Hope Awards" being bestowed to an individual and corporation extending outstanding support and understanding of pediatric cancer. The 1999 honorees were Ms. Stacey Marks-Bronner, Vice President and General Manager of WFLD-TV and Ms. Jill Carter of Baxter International.

Along with corporate officers, celebrity personalities pitched in to help the cause: Walter Jacobson and Robin Robinson of WFLD Fox 32-TV; ex-Bear Gary Fencik and his wife, Sandy; and Chicago Blackhawk Tony Amonte and his wife, Lori.

To volunteer or to learn more about pediatric cancer, please call 847-952-9164.

## Nine Barrington Churches Join Hands to Build Affordable Housing for Those in Need

On Saturday, February 20, nine Barrington area churches joined hands in a Habitat for Humanity partnership. The group's objective is to do their part in reaching Habitat for Humanity's goal of eliminating homelessness and poverty housing from the face of the earth... one household at a time. The new union, known as the Joyful Hands Habitat Partnership, became the fourth partnership of the organization's local affiliate, Habitat for Humanity of the Northern Fox Valley.

Since 1976, when Millard Fuller founded Habitat for Humanity International, volunteers have built more than 70,000 simple, sturdy houses worldwide. In most cases, local churches were the catalysts. Showing the same spirit of togetherness that has led to other successful, local ministry efforts like the Crop Walk and Meals with Wheels, Barrington area churches are again joining hands.

Currently, several properties are being considered for Joyful Hands' first Habitat project. Once a property has been acquired, responsibility for construction of the house will be shared by representatives from St. Anne Catholic Community, Village Church of Barrington, Lutheran Church of the Atonement, First Church of Christ Scientist, Barrington Presbyterian Church, Salem United Methodist, St. Michael Episcopal Church, Community Church of Barrington and Barrington

United Methodist Church. These partners will share responsibility for raising the estimated \$40,000 needed to buy building materials and for recruiting the volunteer labor necessary to construct the house.

The churches, through the Joyful Hands Steering Committee, will work with the future homeowner to build an affordable house. Partner families are carefully screened, not only from a need perspective, but also from a credit standpoint and their history of meeting commitments. They make a down payment and are expected to invest at least 500 hours of "sweat equity" in the construction of their home. Once the house is completed, the partner family assumes all the traditional responsibilities of ownership, including a mortgage.

The Habitat project represents another example of the Barrington area's commitment to reaching out to those in need. In the weeks ahead, the partner churches will be seeking donations from the surrounding communities in the form of volunteer labor, construction materials, food for the workers and monetary contributions. Those interested in helping out or who just want to learn more about the Joyful Hands Habitat Partnership can call Adrienne Kalmes at 847-382-3626; Bob Nash at 847-516-3958; or the Northern Fox Valley Affiliate of Habitat for Humanity at 847-836-1432.



## Preschool Fun Year Around

Summer is around the corner! Come join the fun at **Barrington Community Child Care Center**. No appointment is necessary to tour the center. Registration is now being accepted for all age groups. We are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

Have peace of mind while you work and know that your child is in a safe environment. Summer at the **Barrington Community Child Care Center** means water play, sandbox fun, gardening and picnics in the shade.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as

a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

**Barrington Community Child Care Center** is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

**Barrington Community Child Care Center** offers year around preschool curriculum and care. Applications are now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

## Christopher Radko— A Special Invitation

Please join us as we welcome Kevin Simmons, our Christopher Radko representative, for our Spring Garden Party at **Fine Things**! This is your ideal opportunity to have your purchase personalized and your *only* opportunity to obtain "Mrs. Iceberg," available exclusively at this event!

Spring time refreshments will be served as you stroll through our newly remodeled shop, featuring the latest in Home and Garden decor. As a thank you to our special customers, **Fine Things** will be offering a free gift with every Christopher Radko purchase made at this event.

*Happy Spring!*



Mrs. Iceberg

## Parents Turn to Learning Centers to Prep Children for State-Wide Proficiency Tests

With almost every state now requiring proficiency tests, parents are turning to learning centers with increasing frequency in hopes of giving their children an educational edge. Not surprisingly, with schools being graded on the results of these tests, many teachers give trips to learning centers their blessing. This *de facto* collaboration seems to benefit all parties and helps to better define the role of the growing supplemental education industry.

Dr. Raymond Huntington, a pioneer in the supplemental education field, says, "Our specially trained staff work with the child's regular classroom teacher, along with the child's parents, to help the child improve his or her skills, confidence and motivation. At **Huntington Learning Center**, we see ourselves as the advocates of the child and that is what guides us."

According to Dr. Huntington, "At **Huntington Learning Centers** across the country, our individually prescribed learning programs help students do better in school all around, not just on standardized proficiency tests. Before enrolling, every student first takes a battery of diagnostic and achievement tests to assess academic strengths and weaknesses. Then a private conference is held with the child's parents to review test results and make specific recommendations. However, with parents clamoring for test preparation, we are developing some test-specific pieces of curriculum which might be included in a comprehensive educational program."

For further information, or to discuss a specific problem, parents are encouraged to call the **Huntington Learning Center** in Barrington at 847-382-3655.

## Pi Beta Phi Alumnae Club

The Arlington Heights Pi Beta Phi Alumnae Club meets monthly, usually the second Wednesday of the month, at various members' homes in the Northwest Suburbs. All Pi Phis are welcome to join

their sisters for a Founders' Day celebration. The next meeting, commemorating 132 years of Pi Beta Phi, is on Wednesday, April 14. Please call Sherrill at 847-358-4147 for information.

## Barrington Community Child Care Center

### Summertime Fun & Convenience

Openings Available  
for Children 6 Weeks - 6 Years.

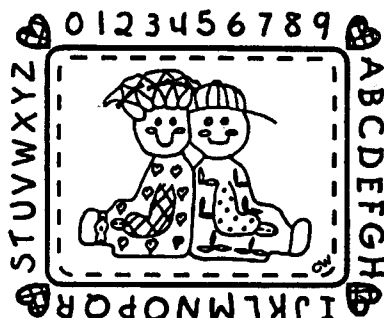
Applications Now Being  
Accepted for Summer & Fall

Hours: 7am - 6:30pm

560 Carl Avenue  
(1 blk. west of Burger King  
off Northwest Hwy.)

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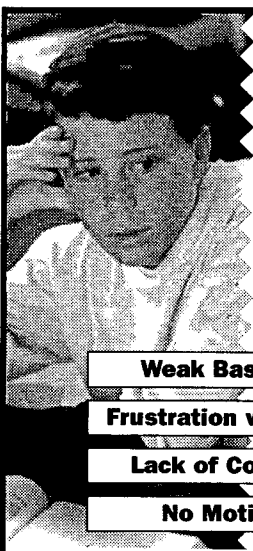
*Fine Things* you are cordially invited  
to our

**Spring Garden Party**  
featuring Christopher Radko

**Saturday, May 1st**  
**11:00 am-3:00 pm**

**Springtime Refreshments • FREE Gift with Purchase**

291 S. Rand Rd. • Lake Zurich    RSVP    **847.726.9577**



## Why Do Smart Kids Struggle?

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

**382-3655**

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Barrington



**THE HUNTINGTON LEARNING CENTER®**  
Your child can learn.

## Fashion Show Brunch

Kemper Lakes Golf Club will provide the perfect backdrop for Millennium Fashions, a Spring Fashion Show and Brunch presented by the Hawthorn Woods Women's Club. The Fashion Show will be held on Saturday, April 17 at 10:30 AM at Kemper Lakes Golf Club. Guests will have an opportunity to sip mimosas, coffees and teas while viewing wonderful gift baskets. Following brunch, we will present swim, golf and tennis apparel; casual wear perfect for backyard barbecues and pool parties; and conclude with our "After 5" Collection. Fashions will be featured from local retailers such as Kemper Lakes Pro Shop, Peter Daniel's, Petite Sophisticate, Gantos, Casual Corner

and A'L'Amour.

Gift baskets will include themes such as "After 5," "Gone Golfing," "Call It Love" and "In the Swim." For example, the "Millennium New Year" basket will be filled with goodies such as Waterford Millennium champagne flutes, chocolates and champagne—a perfect way to toast the next century!

All proceeds from Millennium Fashions will be used to support the philanthropic efforts of the Hawthorn Woods Women's Club. Reservations will be accepted through April 10.

For additional information on the show or the club, contact Michelle at 540-9387 or Marla at 550-0755.

# Happenings! *in the area*

## BWC Annual Card/Game Party



Mike Miller of M. J. Miller & Co. Jewelers presents a pair of earrings to Luisa Bremer and Lisa Frese for the Barrington Woman's Club annual card/games party on April 21. Mr. Miller's generosity over the years has helped the club to attain its scholarship and philanthropy fund goal.

The Barrington Woman's Club (BWC) begins its 85th birthday celebration with "In the Pink," an annual card/game party and luncheon at 9:30 AM on Wednesday, April 21 at Inverness Golf Club. Chairperson Luisa Bremer said, "We chose Inverness again because of its excellent food and lovely surroundings."

The annual affair is one of BWC's fundraising efforts to benefit its Scholarship Fund which attempts to award \$25,000 annually. A high school student is selected to receive a \$2,000 renewable scholarship; other special grants to a Harper student or other deserving individual(s) and community organizations may be awarded.

Helping the chairperson with the many arrangements, decorations, prizes and res-

ervations are Judy Ligman and Lisa Frese. Any game—Mah Jong, etc.—may be played; playing cards and bridge boards will be provided while other game boards must be provided by the players. Members and friends are encouraged to arrange a foursome or the committee will pair those who do not have a foursome. Please call Luisa Bremer at 382-1251 or Judy Ligman at 304-8812 for additional information.

Send checks for \$35 per person, made to BWC, to Judy Ligman, 468 A Valley View, Barrington, IL, 60010 by April 16. Your check is your reservation and includes a continental breakfast, luncheon and prizes. Those who wish to attend only the luncheon at 12:30 PM may send a check for \$30.

## Barrington Lyric Features *Bel Sonore* at Biltmore Country Club

The Board of Directors of the Barrington Chapter of Lyric Opera of Chicago will welcome members and guests to their year-end celebration at 6:30 PM on Friday, May 7 at Biltmore Country Club located at 160 Biltmore Drive in North Barrington. The cost is \$55 for members and \$65 for guests. Kindly respond by May 3 to Susan Obermaier, 198 Farmgate Drive, Schaumburg IL 60193. For additional information, please phone 847-985-0837.

Coordinated by hostesses Barbara Keegan of Schaumburg and Bonnie Westphal of Hoffman Estates, the social hour (cash bar) with hors d'oeuvres of fresh fruit, crudites, grilled veal, meatballs and watermelon Rumaki will be followed with a Beef Tenderloin and Chicken Breast Piccata dinner. As dessert ices are served, the incoming Barrington Lyric Board will



Deborah Bulgrin, Lyric Soprano

be presented. Guests will then enjoy selections from operas by Mozart, Rossini, Schubert, Strauss, Puccini, Gershwin and others by the *Bel Sonore Chamber Players*.

The *Bel Sonore Chamber Players*,

## Art Associates to be Given Demonstration

Jean Fraher will give a watercolor painting demonstration at the Barrington Area Library at 1 PM on Thursday, April 8. This is the final of the four "Members Present Art" programs sponsored by the Barrington Community Associates of the Art Institute of Chicago.

Fraher has been involved in the arts for over 20 years. Using watercolor as her medium, she explores a variety of subject matter including landscapes, still lifes and abstract florals. Most of her watercolors are painted with just three colors—Lemon Yellow, Thalo Blue and Thalo Crimson.

Fraher's work has been seen at many art fairs in the Northern Illinois area and she has had one-woman exhibitions at the Barrington Area Library, Rolling Meadows Library and the Suburban Bank of Barrington. She has also participated in many group shows in the area: the Woodstock Opera House and Court House, the Reicher Gallery at Barat College, Kemper Insurance Group and the Lake County Museum.

"Watercolor Painting on Glass" is the title of Fraher's demonstration. It is free



Artist Jean Fraher will give a watercolor demonstration.

and the public is invited. For more information, please phone Evelyn Richer at 847-381-5349.

## Love, Lullabies and Lunch



Iolanda Goodfellow, President of the Barrington Infant Welfare Society, stands with the "Love, Lullabies and Lunch" chairman Dottie Rzeszutko and Barbara Schulz. The fashion show and luncheon will be held on April 28, 1999 at Biltmore Country Club.

The Barrington Chapter of the Infant Welfare Society, celebrating 60 years as a chapter, will hold a Fashion Show and Luncheon on Wednesday, April 28, 1999 at Biltmore Country Club in North Barrington.

Barbara Schulz and her committee will

present fashions by Robin Elliott, Liliana Couture and Star Couture. In addition, a Silent Auction and prizes of beautiful theme baskets will be available.

Seats for this event fill up quickly. For information and tickets, contact Penny at 382-4648.

formed by Thomas Bulgrin in New York City, is now based in Chicago. It consists of flutist Lisa Becker, clarinetist Kristi Vohs and bassoonist Thomas Bulgrin. Soprano Deborah Bulgrin will be the soloist. The ensemble has often performed at social, civic and corporate functions and recitals in New York. In Chicago, they have played at Harold Washington Library, Music Mart and Fourth Presbyterian Church.

This relaxed musical evening in the el-

egant Biltmore Country Club has been organized through the combined efforts of Bob Plagemann, Arlington Heights; Louise Sullivan, Barrington Hills; and Mary Wajda, Palatine.

For inquiries on the Barrington Chapter (well over 200 members and still growing), please phone Mary Robins of Arlington Heights at 847-437-2158. To share rides, please phone Evelyn Hammond of Palatine at 847-359-3545.



## Thai Avenue Restaurant Celebrates Song Khan—The Thai New Year!

If you have traveled to Thailand during mid-April, you'll never forget the experience of how we celebrate the new year in Thailand! Every year, people will spend the whole three days doing nothing else but celebrating. The towns will be colorful because people dress up in different colors and parade along the streets. There will be musicals and Thai dance shows everywhere in town, especially in the temple where most people gather. People splash water on each other as a blessing. We believe that the water will wash away all the bad things and leave only the good remaining.

There will be foods being sold everywhere on the street. You'll find Thai egg rolls, satay, Pad Thai noodles and lots more. You won't go hungry while you're enjoying the shows.

This year, **Thai Avenue** would like to share some of the experience with you and you won't have to go all the way to

Thailand to eat those foods. **Thai Avenue Restaurant** is offering our own version of the new year's celebration. On Sunday, April 18, **Thai Avenue** will feature an enticing **Grand Dinner Buffet** from 4 to 9:30 PM. Our buffet table will offer more than 20 items from appetizers to main courses—a great opportunity to sample many traditional Thai dishes. The price per person is just \$10.50 which includes all soft drinks and Thai sweet table. Thai beer will be specially priced for the occasion. Reservations are recommended. Please call **847-726-0036**.

Of course, our regular menu and carryout will also be available during the celebration. Lunch specials are offered Tuesday through Friday from 11 AM to 2 PM for \$4.95 to \$5.50 per person and include the soup of the day. Friday lunch buffet—11:30 AM to 2:30 PM—only \$6.95 per person.

## Enjoy a Unique and Traditional European Menu at Fritzl's

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as Wiener Schnitzel, Rauladen of Beef, Sauerbraten, and Pork Schnitzel. **Fritzl's** continental favorites include Shrimp Scampi, Chicken de Jonge, Herb Crusted Pork Tenderloin, and Chicken Piquant. Sizzling steaks, fresh seafood, and Prime Rib round out the menu. Also offered is Surf 'n Turf and Lobster Tail nightly.

Or why not join **Fritzl's** for their plate style brunch on Sundays. Served from noon to 3:00 PM. Choices include Tender-

loin Benedict, Salmon Filet in Puff Pastry, Pecan French Toast, Chicken Linguine, Shrimp and White Asparagus Omelette, and more. Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **(847) 540-8844** for reservations.

**Fritzl's** elegant banquet facilities accommodate up to 150 people.

The facilities are perfect for weddings, rehearsal dinners, wedding showers, and anniversaries.

**It's not too early to book your Mother's Day reservations for Sunday, May 9!**

And, **Fritzl's** has the friendliest staff in town!

## Prime Steaks, Italian & Fresh Seafood

For over 10 years, the **Taylor Street** name has been synonymous with homemade Italian specialties. Now located at 235 South Rand Road, (North Lake Commons), **Taylor Street Steakhouse** offers a blend of authentic Italian Entrees, Prime Steaks and Chops, and Fresh Seafood.

Adjacent to the Restaurant are private dining rooms catering to groups of 20 to 80 people and have full access to all of **Taylor Street's** offerings. You are invited to sit back while the staff anticipates your every need.



## Artist to Speak at Welcome Wagon April Luncheon

The Welcome Wagon Club of Barrington will hold its April luncheon on Tuesday, April 13 at the Biltmore Country Club.

The featured speaker will be Barbara Baynes Mahoney, a well-known architectural artist. Ms. Mahoney was educated at the Art Institute of Chicago and Mundelein College in Chicago. She has an extensive resume of exhibitions including

the Artistic Guild of Chicago, the American Water Color Society in New York and at the Wisconsin Festival of Arts.

In the Nixon years, Ms. Mahoney was commissioned by Pat Nixon to do a painting for the White House and to participate in a formal presentation of her creation. Her painting of Orchestra Hall became the official poster of the Chicago Sym-

## Thai Avenue Restaurant

*cordially invites you to celebrate*

**"Song Kahn" ... "Thai New Year"**

**APRIL 18, 1999 - 4 - 9:30 PM**

*The staff wishes all a very prosperous 1999 and proudly presents our enticing*

**...Grand Dinner Buffet...**

*All for \$10.50/person*

115 S. Rand Rd.  
Lake Zurich  
(Lakeview Plaza)

Reservations Call:  
**(847) 726-0036**

## Grand Dinner Buffet

**Appetizer:** Thai Spring Roll  
Pork Satay  
Crabmeat Rangoon

**Soup/Salad:** Thai Hot & Sour Soup  
Thai Salad Bar

**Main Course:** Ginger Catfish Filet  
Basil Mussel  
Cashew Chicken  
Pad Thai Noodle  
Spicy Noodle Shrimp  
Beef w/ Oyster Sauce  
Thai Curry  
and many more!

**Dessert:** Thai Sweet Table

**Beverage:** Soft Drinks, Coffee, Tea  
Specially-Priced  
Thai Drinks and Beer

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Specialties

**Join Us For Mother's Day**  
(Open at Noon)

*Enjoy a traditional European menu of hearty schnitzels, potato pancakes, and Hungarian goulash. Come and experience the singular and unique tastes from Europe: the Veal Geschnetzeltes from Switzerland, the Kassler Ribs from Germany, along with the incomparable Sauerbraten, Pork Shanks, Steak Tartar and Roast Duck. Steak, Seafood, and Prime Rib round out the menu.*

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STEAKHOUSE**

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**235 S. Rand Road  
Lake Zurich  
(near Dominicks)  
Fax 847-438-4984**

## Barrington Suzuki Strings Concert

The Barrington Suzuki Strings will hold their spring concert on Sunday, April 18 at 3 PM at the College of Lake County Auditorium at 19351 West Washington Street, Grayslake, Illinois. This concert will feature all of the Suzuki repertoire

players, ranging in age from 3 to 18. They will be performing classical and contemporary music on classical guitar, cello, flute, violin, bass and piano. For more information about this free concert, please contact the Suzuki office at 847-382-7517.

phony Orchestra in the 80's. And she was chosen by the City of Chicago to do the official poster, "An American Celebration," when Chicago hosted the Democratic National Convention in 1996.

At the Welcome Wagon luncheon, Ms. Mahoney will present a slide show explaining how she uses photos taken around the world to inspire her beautiful architectural watercolors. She will high-

light two recent trips to the new Guggenheim Museum in Spain and her visit to the Miko Museum in Japan.

All women in the Barrington area are invited to attend this informative and entertaining event. The cost of the luncheon is \$28. Cocktails begin at 11 AM with lunch at noon and the program to follow.

For additional information, please call Joan at 382-0886.

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PROUDLY PRESENTS

### NANCY MARKS



"Anticipation" Oil 24" x 18"

## DUNTON GALLERY

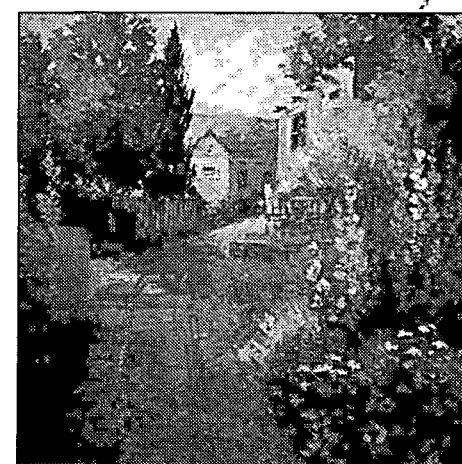
18 So. Evergreen Ave., Arlington Heights, IL  
Phone (847) 818-0694 • Fax (847) 818-0695  
www.duntongallery.com

## "A" Isn't Just for April Showers

Art, like music, has the intrinsic ability to soothe the soul and even transport the viewer into another place or time. **Dunton Gallery** is delighted to offer the discriminating collector, new or established, the opportunity to "get carried away." Artists from around the globe await your discovery in this nearby gallery.

Whether you enjoy traveling to distant lands (Australia, New Zealand, Vietnam, Portugal, France, England or others) or to other parts of America (New England, the Southwest or the West) we have a painting for you. Perhaps you yearn for times past to the gentler days of teas and garden parties; golden days of childhood; whatever, you will most likely find something to bring a smile.

As the days lengthen so do the times at which you can enjoy the gallery. The



**Backroad by Hans Rensdorf,**  
Oil, 24" x 24".

gallery's operating hours are now Tuesday, Wednesday and Friday from 11 AM to 5 PM, Thursday from 11 AM to 8 PM and Saturday from 10 AM to 4 PM. Appointments and/or on-your-site consultations are gladly accommodated at other times.

**Dunton Gallery** is located in the heart of downtown Arlington Heights at the Dunton Avenue end of the Evergreen Center. Feel free to visit our website at [www.duntongallery.com](http://www.duntongallery.com).



**Tea & Roses by Cathy Edgar, Oil, 20" x 28".**



## Enjoy an Elegant Mother's Day Brunch

### Mother's Day Champagne Brunch

Eggs Benedict  
Scrambled Eggs  
French Toast  
Bacon  
Sausage

Roast Prime Eye of Rib  
Baked Glazed Ham off the Bone  
Roast Leg of Spring Lamb Roast  
Turkey with Dressing  
Broiled Whole Salmon  
Stuffed Chicken Breast  
Beef Bourguignon

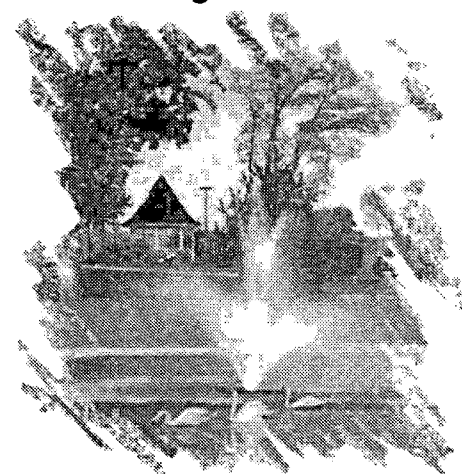
Potatoes Lyonnaise  
Wild Rice Mix  
Potatoes Au Gratin  
Greek Style Green Beans  
Chilled Angel Hair Pasta  
Hot Pasta and Vegetable Mix

Salad Bar and Fruit Salad

Pastry Table

Assorted Breads  
Croissants  
Orange Juice

Coffee • Tea • Decaffeinated Coffee  
Milk for Children  
**Champagne for Adults**



**Concorde Banquets**, surrounded by beautiful grounds and secluded from everyday intrusions, lets one escape into a world of elegance and fine banquet dining.

**Concorde Banquets** is the perfect place for your wedding reception, awards dinners or corporate breakfasts, luncheons or dinners. Facilities are available for groups of 25 to as many as 1,000 people. At **Concorde Banquets**, every occasion is special, no matter how large or small. Their expert staff takes pride in helping you plan your function with their personal touch. A variety of affordable and distinctive package plans are available. For more information and a personal meeting, please call **438-0025**.

**Concorde Banquets** is located one mile north of Lake-Cook Road on Rand Road just west of Quentin Road in Kildeer.

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### LAVISH BRUNCH BUFFET

including

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Call for Reservations



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(West of Quentin Rd.)

438-0025  
Kildeer

## Chers Amis...

Jacqueline and I are just back from a short trip to France. Eventhough we went primarily for personal reasons, (Jacqueline's brother got married), we also went about in Lyon and Paris and observed the restaurant scene! So what's hot and what's not?

In Lyon, the better "Bouchons" are doing a fantastic business serving very regional dishes as classic as the local architecture... the top stars of the industry are doing good as well, yet all the "starred" chefs felt it was a proven "preventive medicine" to also open their version of Bistros or Brasseries.

In Paris, basically the same applies, but

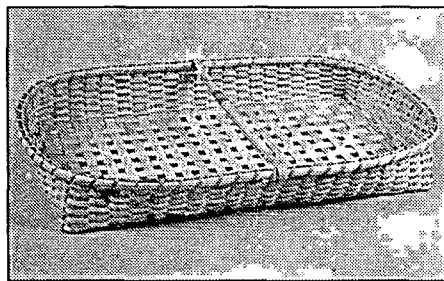
something else is taking place... a couple of restaurant groups have opened a series of "Bistros" that serve value like we've been doing here at **D & J Bistro** for 12 years—prix-fixe, ambiance, warm service, et. al.—but they do it one better than us. They are so confident of the success of their formula that two have gone "public"... Brings a thought... would you like to buy stock in **D & J**?

Just kidding folks! But please keep patronizing **D & J Bistro** as faithfully as your budget allows, and we will keep working hard to make **D & J** the place that offers a great meal at a reasonable cost. *Merçi!*

## Palatine's 4th Annual Artisan Walk

Circle your calendars for the last Saturday of the month when the **April Artisan Walk** will be held in downtown Palatine from 11 AM to 3 PM on April 24. If you haven't seen the unique specialty shops in downtown Palatine, this is a great time to see what all the fuss is about. This popular event features guest artisans with demonstrations of original craft, fine art exhibits and original works for purchase. Ten shops are expected to participate in this annual event to be held near Slade and Brockway.

**Varied Treasure Artisan Shoppe** features basketweaver Sarah Hartmann with handwoven Mother's Day gifts and a variety of basket styles and sizes to order. Catherine Grunewald will exhibit some of her original folkart this year while signing print purchases at **Foxglove Cottage**. Also planned is a fascinating demonstration of pergamano paper at **Desiree's Stamps & Crafts**. **The Painted Rose** welcomes their new watercolor instructor, Rhonda Shouf, with a demo and original paintings in tow. Also, you won't want to miss the floral design sessions at **Patti's**



Meet Varied Treasure's basketweaver at Palatine's Artisan Walk.

**Pretties** or the fine art show at **The Frame Corner** on Palatine Road. Other participating shops will be **The Music Room**, **Country Cousins II**, **Zimmer Hardware** and **Crystal's Hallmark** (formerly The Village Hallmark).

The April Artisan Walk is sponsored by the Downtown Palatine Merchant's Association and is free to the public. (Free weekend parking is always available in the Palatine Road lot at Brockway.) For more information or a listing of events, please contact **Varied Treasure Artisan Shoppe** at 847-202-0509.

## Brunch Fundraiser at Medinah Country Club



Attending the successful brunch were: (l to r, back row) Agent Jeremy Solomon; Chairperson Barbara Barrett, Auxiliary President Vivian Kaczmarek; (l to r, front row) President Margaret McSweeney; and author Amy Krouse Rosenthal.

The Palatine-Inverness Chapter of the Infant Welfare Society of Chicago sponsored the ABC Benefit "Authors, Brunch and Conversation" held at the newly redeco-

rated Medinah Country Club in Medinah, Illinois on Thursday, March 4, 1999. One hundred twelve guests enjoyed a bountiful brunch followed with a program by



## D & J Bistro

Est. 1987 "Where Things Are Happening"

Example of **VALUE** at **D & J**:

**Ris De Veau Braises**—Sweetbreads on Purée of Acorn Squash, Spinach Demi-glace

**Filet De Raie Simple**—

Skatewing, Fresh Basil, Thin-sliced Tomatoes in Extra Virgin Olive Oil

**Black Cherry Cake**—

with Homemade Cherry Ice Cream

The above is but one example. We have much more to offer.

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Masato, Dominique, Jacqueline

**\$24.00 Prix-fixe**



## SLADE STREET SPECIALTY SHOPS

The best-kept secret in town.

A Matter of Time - Varied Treasure Artisan Shoppe  
The Painted Rose - The Music Room - Desiree's Stamps  
Country Cousins II - The Nelson Group

DISCOVER downtown PALATINE  
(1 block N. of Palatine Rd., Brockway to Bothwell)

## The Four Seasons Garden Club

On April 6, the Four Seasons Garden Club will meet at the Barrington Area Library, 2nd Floor.

A representative of the University of Illinois-Cooperative Extension Service will speak on "Basic Vegetable Gardening." The basics of growing vegetables will be covered, such as planning the garden (site selection, vegetable selection and supplies), preparing the soil, proper planting

techniques and caring for the established garden. Planting times for warm and cool season vegetables will be discussed as well as techniques for maximizing garden space.

At the May 4 meeting, Dave Stickel from the Chicago Botanic Garden will speak on "Contain This!—Container Gardening." For more information, call Marilyn Dempsey at 304-9328.



author and humorist Amy Krouse Rosenthal and her agent, Jeremy Solomon. All proceeds benefit the Infant Welfare Society Clinic in Chicago.

Rosenthal spoke about books and the writing process and signed her recently published *Book of Eleven*. Miriam Mayorga, Health Education Coordinator for the Infant Welfare Clinic, explained the agency's "LEER" program, designed to instill an appreciation for reading and promote reading readiness among the pediatric patients and their families.

Prizes included \$500 cash, a hand-painted and furnished Greek Revival doll house and a Palm Springs trip for two, complete with hotel accommodations (the Hyatt Corporation) and round trip air fare provided by American Airlines, the official airlines of the Infant Welfare Society. Eleven theme baskets were also available.

Guests came from as far as Wisconsin, Chicago, Oakbrook and Riverwoods. Palatine-Inverness member Barbara Barrett chaired the event. Margaret McSweeney

serves as president of the group, which is part of the 27 auxiliary chapters (a total of 1,500 individual members) of the Infant Welfare Society of Chicago.

The Society's mission is "to provide services for the healthy physical and mental development of disadvantaged children to give them a foundation for a productive and wholesome future." The Society's services include medical, dental and mental health care for the working poor and medically indigent women and children. The staff includes three full-time pediatricians, three full-time dentists, four full-time pediatric nurse practitioners and five full-time counselors in family services. The clinic is located at 1931 N. Halsted in Chicago.

Further information about the clinic can be obtained from Executive Director Frances Ginther or Auxiliary Coordinator Maria Penland at 312-751-2800. The Palatine-Inverness chapter is actively seeking new members. If interested, call Margaret McSweeney at 847-304-7903.



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## Call for Entries: Fine Artists and Artisans



Fine artists and artisans are invited to apply for participation in the 4th Annual Ela Festival of Arts Juried Fine Art Exhibition & Sale. This popular area arts event is scheduled to be held Saturday, September 11 from 10:00 AM to 5:30 PM on the lake-side grounds of Paulus Park in downtown Lake Zurich. Accepted artists will be eligible for private and corporate cash and purchase awards.

The deadline for entry is June 30, 1999 and all applications should be postmarked by that date. Acceptance into the show will be judged from quality slides or 8" x 10" photographs by the festival's fine art committee. A jury comprised of fine art professionals makes the final decisions on

participants.

The Fine Art Exhibition & Sale features a wide array of artwork including watercolor and oil paintings, mixed media, photography, ceramics, hand blown glass, hand-woven fiber, sculpture, fine wood-working, jewelry and limited edition prints.

This unique festival will also feature all of the performing arts including music, dance and theatrical performances on three stages, with over 250 performers from Chicago and area communities.

The purpose of this annual family event is to showcase all of the arts and to provide cultural enrichment for all ages. It also serves as a fundraiser for the festival

## New Tax Developments

by Sharon L. Keller, J.D., LL.M.



*Spring is here!* March 20 ushered in the first day of spring. April 15 brings us to the end of another tax year. As we begin a new tax year, I thought it would be a good time to discuss the new tax developments for 1999.

**Proposed Bills**—Early in the 106th Congress, several new tax bills were introduced. On January 6, 1999, a new bill was introduced that would repeal the federal estate, gift and generation-skipping transfer taxes. The proposed legislation is called the Heritage Preservation Bill.

Another bill was introduced that would accelerate the phase-in of the \$1 Million exclusion for estates of persons dying and gifts made after December 31, 1999. Under the current law, the \$1 Million exclusion will be available in 2006.

The American Dream Tax Fairness Equity Bill was introduced to reduce the maximum capital gains tax for individuals, replace the estate and gift tax unified tax rate with an estate and gift capital gains tax and establish a capital gains tax on trust property at the death of the contributor.

**1999 Inflation Adjustments**—The IRS has announced the inflation adjusted items that will affect taxpayers for 1999:

- **Special Use Valuation**—If an executor of an estate of a person who dies in 1999 elects to use the special use valuation method for qualified real property, the aggregate decrease in the property's value may not exceed \$760,000.

- **Annual Exclusion for Gifts**—The \$10,000 gift tax annual exclusion stays the same. However, the first \$101,000 of gifts to a non-citizen spouse are excluded from gift tax.

- **GST Exemption**—The generation-skipping transfer tax exemption is increased to \$1,010,000 for 1999.

- **Installment Payments of Estate Tax**—The dollar amount used to determine the amount of estate tax subject to 2% interest is now \$1,010,000.

**New Law for Disclosure of Gifts**—If you give more than \$10,000 (in cash or property) to someone during a single year, you normally must file a gift tax return by April 15 of the following year to report the gift. Since most people give far less than this amount, few are required to file a gift tax return. However, a change in the law in 1997 and a recent issuance of Proposed Regulations from the IRS, now means that some people should file a gift tax return even though their gifts do not exceed \$10,000.

For gifts made after August 5, 1997, the tax law requires adequate disclosure of a gift on a gift tax return before the three-year statute of limitations begins to run for

that gift. Once the statute of limitations is up (3 years), the new rules prohibit the IRS from revaluing the gift when determining any future liability for gift or estate tax.

The good news is that still most gifts do not need to be reported. For example, it is unnecessary to report gifts of cash, publicly traded stocks or mutual fund shares or other easily valued property as long as they and any other gifts to the same person don't total more than \$10,000 for the year. However, gifts of interests in closely held businesses and other hard-to-value assets, plus gifts on which a valuation discount was claimed probably should be reported on a gift tax return even if total gifts to that particular donee are no more than \$10,000 for the year.

**The Cost of Luxury**—The federal luxury tax on new cars is 6% this year, down from 7% in 1998. The luxury tax is scheduled to be phased out by 2003. The tax is assessed on the amount of the purchase price that is in excess of \$36,000.

**Savings Bonds to Charity**—In a recent Private Letter Ruling, the IRS ruled that the distribution of savings bonds in kind to charities would not result in the recognition of income by an estate.

According to the Service, the accrued interest on the bonds will be includable in the gross income of the charities when the bonds are disposed of, redeemed or reach maturity. The accrued interest will be exempt from tax when it is recognized by the charities because they are tax-exempt organizations.

I hope this information will help you with your tax planning for 1999. It is never too early to start. I will keep you informed of new tax changes and proposals during the year.

I would like to encourage anyone who is interested to participate in the Barrington Relay for Life sponsored by the American Cancer Society. The walk will take place on June 5 and 6. To start a team or to get involved, please call the American Cancer Society at 847-358-3965. *Have a healthy and prosperous April!*



and to help underwrite other healthy community programs throughout the year. Ela Festival of Arts is presented by Ela Communities for SUCCESS (ECS) and Cultural Arts Connection (CAC), a non-profit organization.

The Ela Festival of Arts is located at Paulus Park on Rand Road (Route 12) just

a half mile north of Main Street (Route 22) in downtown Lake Zurich.

For more information or to receive an application form, artists should write to: Ela Festival of Arts, c/o Barbara Evans, Director, PO Box 365, Lake Zurich, IL 60047 or call Barb Benstein of the Fine Arts Committee at 847-726-7604.



# BEAUTY, HEALTH & FITNESS

## SPECIAL SECTION



### Gearing Up for Golf

#### Injury Prevention

More than 25 million Americans play golf yearly. Unlike many other sports, golf play itself has little benefit on muscular strength, cardiovascular condition, joint flexibility and body fat reduction. However, surprisingly just like other sports, injuries to muscles, joint structures and connective tissue are fairly common due to the explosive swinging motion.

The areas of the body at greatest risk of injury are the lower back, hips and shoulders. Lower back pain can be effectively prevented and treated with properly performed exercises. Additionally, a regular exercise routine that strengthens and stretches not only the primary muscles—like chest, back and large leg muscles—but one that includes smaller muscle structures—like the internal and external rotators of the shoulder and extensors and flexors of the neck—should be included.

#### Improving Your Game

Although injury prevention is important to the continued enjoyment of the game, what might be more interesting is how



much your golf game can be improved by a golf-specific training program. The 1996 study of 25 golfers by Wayne Wescott, PHD, concluded that following an eight-week strengthening and stretching regimen showed a significant improvement in golfers' driving power (6%) by increasing club head speed from 82 MPH to 87 MPH. Additional conclusions were notable changes in body composition, muscular strength and joint flexibility.

Members of the **Body Constructors** staff have been specifically educated and skilled in this highly specialized form of training. Our golf-specific program is designed to enhance power production, swinging action, club control and force transfer. Participants will also reap the benefits of overall fitness. We will be offering small group exercise programs locally beginning mid-April as well as individual instruction offered at your convenience.

For information on this program or our in-home personal training services, please call 847-277-0707 or e-mail us at [bodyconstructors@prodigy.com](mailto:bodyconstructors@prodigy.com).

### BJWC is Here for the Community

Did you know that in 1998 Barrington Junior Women's Club (BJWC) donated over \$60,000 to more than 20 local organizations? The club also donates well over 500 hours each year to numerous groups including Barrington Giving Day, Home of the Sparrow, Blood Drives, PADS, Meals on Wheels and Service to Seniors to name a few.

BJWC has been helping the community for over 60 years through volunteer work, raising money and having fun with numerous social events.

The Board of Directors includes Mary Ice of the Lakeview area; Liz Partyka of Lake Barrington; Megan Chody, Ginny Connors and Kathy Maca all of Barrington; and Karen Hamilton of Fox River Grove.

The organization hosts three major fundraisers including the recent Spring Luncheon, which netted over \$42,000, Fall Cornucopia set for October 29 and 30, 1999 and the Bi-annual Designer Showcase House set for 2000.

BJWC is always looking for new members. If you are interested in joining this hard working team, please come to our



Pictured are Co-chairs of BJWC's social group. Becky Monek and Sue Randall are all smiles during a dinner dance they hosted for members and their spouses at Maggiano's.

next two general meetings on Tuesday, April 6 and May 4 at JFK Healthworld in Barrington. Or feel free to call us 847-622-3838 for more information.

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"I am going to take control!"

"I must improve my health!"

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## Scotty's—Groceries and More Right to Your Door!

Don't have time to get to the grocery store? Hate those long, frustrating lines? Find it difficult taking the kids? **Scotty's Home Market** can help. For more than seven years, **Scotty's Home Market** has made shopping easier. We deliver to thousands of customers in 70 communities in the North, Northwest and Western suburbs. Best of all, you pay grocery store prices, and most times **no delivery fee**, to have everything brought to your door!

All of our customers receive our free catalog with more than **8,000 items**. It includes all your favorite brands and specialty items, such as fresh butcher meat, seafood and whole grain breads and bagels baked daily. In fact, we feature the **finest fresh produce** received daily from Chicago's South Water Market.

Ordering is simple. You can order by phone, fax or computer, indicating the item numbers you want delivered. You can pay by check or credit. **You don't even have to be home to accept delivery.** In fact, 50% of our customers are not home. We deliver all of our refrigerated

and frozen items in temperature-controlled coolers with dry ice packs, so even ice cream stays frozen solid for up to 12 hours. Dry products are delivered in waterproof boxes with lids. If you are not going to be home, simply tell us where to leave your groceries, such as in the garage or back porch, and everything will be waiting for you when you arrive. If you are home, we unload everything on your counter for you. It's that simple! And it's that convenient!

**Scotty's** is the only grocery store that only delivers. We guarantee the quality of all our products. We also provide weekly specials, fully prepared Scotty's Diner meals, and a special kid's menu. We make it easy to plan and order meals for an entire week, and provide suggestions from our wine and dessert selections to accompany them.

For more information and our **FREE catalog**, just give us a call at **1-847-SCOTTYS (726-8897)**. Or visit our **new website at [www.scottysmarket.com](http://www.scottysmarket.com)**. We are here to help!

## High School Students to Participate in Future Physician Program

After a hiatus of several years, the popular Future Physicians Program at Good Shepherd Hospital will be held again this summer.

Twelve high school students are being sought to participate in the program. The six-week educational program offers students the opportunity to observe the daily activities of various hospital areas including surgery, radiology, the laboratory, obstetrics, the emergency room, orthopedics and nursing units. Participants also will spend time with specialists from Good Shepherd's medical staff.

The full-day sessions will be held each weekday from June 14 through July 23. Students will be paid a stipend at the end of the program.

Good Shepherd's Future Physicians Program is open to all high school students entering their senior year in the fall of 1999 who are interested in pursuing medical careers. Preference will be given to applicants who live within the hospital's

service area.

Applications are now being accepted for review. Candidates will be evaluated on criteria including their academic records, maturity and reasons they wish to pursue a health care career. The deadline for applications is April 15. The 12 program participants will be announced May 24.

Since it began in 1991, over 50 students have completed the Future Physicians Program at Good Shepherd Hospital. The only program of its kind in the Chicago area, it is funded by Dr. and Mrs. Richard Smith, Good Shepherd's medical staff, the Auxiliary of Good Shepherd Hospital and community donations.

For information about the program or an application form, contact Olympia Mott, Good Shepherd Hospital Future Physicians Program, at 847-842-4811. Contributions to the Future Physicians Program can be directed to Good Shepherd Hospital's development department, 450 W. Highway 22, Barrington, IL, 60010.

## Friends of Sparrow Spring Luncheon

Join Friends of Home of the Sparrow-Barrington at their Spring Luncheon on Thursday, April 29 at the Barrington Hills Country Club, 300 West County Line Road in Barrington Hills.

This annual meeting of volunteers and supporters gives everyone not only a chance to socialize, but provides an opportunity to summarize the progress over the past year as well as catch up on plans for the future.

Persons interested in the work of the group or available volunteer opportunities are invited to attend.

Friends of Home of the Sparrow-Barrington provides volunteer, financial and advocacy support to Home of the Sparrow which is headquartered in McHenry with branches in Palatine, Crystal Lake and Woodstock.

Home of the Sparrow is the much applauded program of transitional housing and support services for homeless women and their children. The program aids in the women's efforts to climb from dependent to independent living.

For more information about the luncheon, please call Gail at 847-304-0066.

## Health Advocate



### Health & Wellness Programs—April

#### Morning Stretch Class—Yoga Style

**Tuesdays, April 6 - May 25, 9:30 - 10:45 a.m.**

A program for older adults to learn breathing techniques and yoga postures that help flexibility. \$40 for 8 weeks. Call to register.

#### Immunization Clinic

**Tuesday, April 6, 4 - 6 p.m., \$8 per shot**

Beginning April 6, the monthly Immunization Clinic sponsored by Good Shepherd Hospital and the Lake County Health Department will be moving to a new location at St. Peter's United Church of Christ, 47 Church Street, Lake Zurich. Bring a copy of the child's immunization record

#### Cardiac-Pulmonary Open House

**Saturday, April 10, 2 - 4 p.m., FREE**

The Cardiac-Pulmonary Rehabilitation Department at Good Shepherd will hold an Open House for past participants of the program and anyone interested in learning about an exercise program for people with heart or lung problems.

#### Stress Management Workshop

**Saturdays, April 10 - May 1, 9 - 10:30 a.m.**

Although we cannot eliminate stress from our lives, we can learn to master it. This class helps individuals define their stress factors and the impact on their physical and mental well-being. Learn how to control stress and make it a productive and positive part of everyday life. Call for fees and registration.

#### Depression Workshop

**Thursday, April 22 & 29, 6:30 - 8:30 p.m.**

Learn the symptoms, signs and types of depression and how they can be treated. Medication and other therapies will be discussed and referrals are provided, if needed. The class is led by a licensed behavioral health social worker. Call for fees and registration.

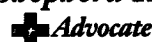
#### "Stroke Awareness"

**Friday, April 30, 10 a.m. - 3 p.m., FREE**

May is "Stroke Awareness Month" and Good Shepherd Hospital's Neuro Diagnostic Department is presenting an informative day-long event with handouts and displays on stroke prevention. Special guest speaker is two-time stroke survivor Nancy Halamar of Cary, winner of the 1998 Triumph of the Human Spirit Award. Call for speaker times.

**To register for any of Good Shepherd's Health & Wellness Programs, call Health Advisor at 1-800-323-8622.**

**Good Shepherd Hospital**



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## Dermatology News Flash— Lasers Remove Unsightly Leg Veins, Facial Spider Veins and Unwanted Hair

Tired of unsightly spider veins on your legs or face? These annoying blood vessels can now be removed without scarring or surgery with the unique VascuLight™ System. This exceptional instrument brings together two treatment devices that eliminate problem blood vessels. One half of the VascuLight™ System is a powerful laser and the other half is an intense pulsed light source. The VascuLight™ System is available on a full-time basis at **Dermatology Associates** in Crystal Lake.

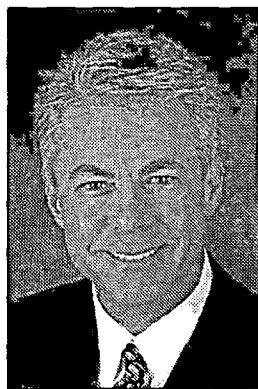
The intense light source is called PhotoDerm™ and is primarily used to treat blood vessels on the face. The laser system is called VascuLight™ and is especially useful for removing leg veins.

Together, PhotoDerm™ and VascuLight™ provide a highly-versatile instrument system that also allows us to treat tattoos and various pigmented lesions such as age spots and discoloration of the neck.

Facial vessels treated with PhotoDerm™ require no anesthetic and disappear immediately. A temporary blush following treatment lasts only a few hours and is gone by the next day.

Leg veins treated with VascuLight™ also require no anesthetic, thus avoiding all use of needles. Small red and blue leg veins disappear immediately. Larger, blue or purple vessels (up to 1/8" in diameter) fade over a period of a few weeks following treatment.

Summer will be here soon and now is the time to eliminate those unattractive



David P. Van Dam, MD

vessels that make you self-conscious or keep you from wearing the comfortable, warm-weather clothes you prefer.

At **Dermatology Associates**, we perform many different laser procedures that improve the quality of your skin, including laser skin resurfacing for elimination of wrinkles, scars and signs of aging. In addition, in the past year, we have helped over 350 patients eliminate unwanted hair with the EpiLight™ Hair Removal System.

Leading edge skin care from the hands of experience—that's what you have come to expect from the board-certified dermatologists at **Dermatology Associates**. *During the month of April, we are offering 25% off your first treatment with the VascuLight™ System and the EpiLight™ Hair Removal System.* As in the past, liposuction consultations are free. Call **815-455-4434** for your skin... for your life!

## On the Line with Fresh Start Weight Reduction

My name is **Pamela Arwine** and I'm putting myself on the line. I'm a practitioner of the Rubinfeld Synergy Method, a Reiki Master Teacher and a Ct. Hypnotherapist. What I've noticed over the past few years is that as many clients and students resolved their inner conflicts, released old pain and harmful messages, and relearned to love themselves, they began to get thinner... and I didn't! I needed the support my clients were receiving also and I wasn't getting it. So, I created a program called Fresh Start Weight Reduction for you and for me. And it's working. I've released the first 23 pounds!

Let me tell you about the program. It addresses the mind, body, spirit and emotions by putting into action an effective mix of nutrition, hypnosis, energy work, group Gestalt therapy and supportive community. It's a 12-week program, so we have time to get to know and care about one another. We have time to do hypnosis and reinforce it again and again. We have time to delve into the issues which are preventing us from being successful. We have time to find the patterns we use to sabotage ourselves and break these patterns through awareness. We have time to succeed and fail and succeed again, for this is not just a diet plan; I've been there and done that! This is the development of a new life-style which will support our deep richness and allow our




inner beauty to manifest outwardly. This program is for the person who wants to look at the many psychological, mental and physical factors which conspire to sabotage our highest good. However, we do incorporate the nuts and bolts of a good diet plan and sensible exercise.

The bottom line is this. Even as we work through our emotional issues and mental blocks to thinness, most of us will still probably have to do the work of the diet and exercise. But this will no longer be an exercise in futility. Now, we have a chance at real, lasting success. And I'm completely invested in your success because it means my success as well.

The cost of the program is \$165 which includes 12 two-hour sessions, two hypnosis reinforcement tapes and a complete notebook with all the materials you'll need. The Summer Session is 6 weeks at \$85. If you need to continue into the next 12-week program after a two-week break, you'll receive a 10% discount. Some people will need the long term support... some won't. We'll meet every Tuesday from 6 to 8 PM or 10 AM to noon. You can register by sending your name, ad-

# HOT LINE FOR YOUR LIFE... FOR YOUR SKIN.



## DERMATOLOGY associates

David P. Van Dam, M.D.    Jerome D. Fallon, M.D.

---

Crystal Point Office Center  
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(815) 455-4434

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27401 West Highway 22, Lake Barrington, IL 60010  
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## FRESH START WEIGHT REDUCTION\*

Tues. 6-8pm or 10am-12 noon • 12 weeks! • New sessions begin April 6 or July 20

\$165 includes 12 two-hour sessions, two tapes & all materials

Address the mind, body, spirit and emotions by putting into action  
an effective mix of nutrition, hypnosis, energy work,  
group Gestalt therapy and supportive community.

**Pamela Arwine**  
*Reiki Master Teacher, Rubinfeld Synergist, Ct. Hypnotherapist*

### 815-455-4502

\*See accompanying article for registration details. As is always the case, you should consult your physician before embarking on any weight reduction program. This program is offered as an educational tool only and is not intended to be a substitution for medical care.

!Summer session, 6 weeks, \$85.

## Things are Heating Up for Ski Club

The snow may be gone, but at Lake Shore Ski Club, that just means a change of equipment.

Trips and events planned for the spring and summer include diving, biking, blading, golf and year round tennis events.

Dances are scheduled too, including a night of cruising and dancing on the lake while the sun sets.

Lakeshore Ski Club is an organization of almost 1,200 people doing active fun things together. Go to a meeting at Joe's Sports Bar at 940 W. Weed Street in Chicago. Mark your calendar for April 7 and 21, May 12 and June 2 and 23.

For more information, call the Hot Line at 708-763-0500 or visit our web site at [www.lssc.org](http://www.lssc.org).

dress and phone number along with a \$50 deposit to: **Pamela Arwine, CRS, RM, C.Ht., 1701 Marguerite St., Crystal Lake, IL, 60014**. If you'd first like further information about my work, call **815-455-4502** and leave your mailing address. Space is limited, so act quickly.

I'm tired of being at the mercy of a body and an unconscious mind continually striving to keep me heavy. If you're tired too, join me and we'll explore how this can be changed on a very deep level once and for all. Let's do it together... you, me and spirit.

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Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

**Raymond P. Kotz, DDS, PC**

129 Park Avenue  
Barrington, Illinois 60010  
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GENERAL AND RECONSTRUCTIVE DENTISTRY



## Keep Your Teeth! Get Stable!— How Do These Relate?

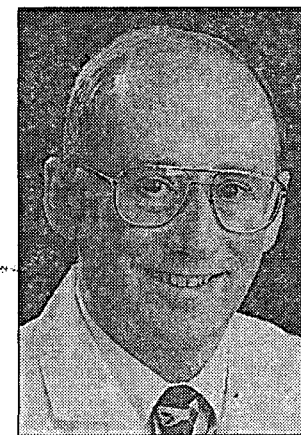
by Raymond Kotz, DDS

Going back in history, people have associated dental and medical problems with pain. Treatment was primarily designed to alleviate that pain.

My medical colleagues today have been somewhat more successful in convincing patients to allow regular diagnostic tests to discover problems before their patient experiences discomfort.

In many dental offices, dental disease is treated only when it hurts or when it breaks. Insurance companies encourage such treatment. This philosophy does not take into account physical instabilities which may slowly cause breakdown in the jaw joint, teeth and supporting bone and gums. However, as people live longer, the results of these instabilities become more significant.

For instance, receding gums are often blamed on incorrect tooth brushing when the real cause is probably a bite that is off, causing excessive side pressure on those teeth where the recession occurs. The disintegration is called abfraction and occurs frequently. Other loss of tooth structure at the gumline can occur from a stomach problem called reflux esophagitis. Both problems occur slowly and frequently, without pain.



Another dental instability is caused by fillings which slowly wear or chip away, resulting in food packing into and damaging the tissue between your roots. Headaches or even jaw joint arthritis may be caused by a shift in bite or even teeth out of alignment since childhood.

Continuing dental breakdown is not inevitable if discovered early. Don't panic—just ask your dentist to help you *Get Stable!*

For careful evaluation, call **Dr. Raymond Kotz** in Barrington at **847-381-4040**.

## A Gentle, Safe, Fast Solution

**Cosmetic Laser Centers** are pleased to offer the most recent advance in laser treatment for patients desiring a comfortable, effective way to remove unwanted hair. We are one out of only three that provide this service using the Advanced Apogee Laser in the whole Chicagoland area.

This recent scientific advance in medical laser technology gives us a gentler, safer and faster solution to the problem of unwanted hair. It's called TKS and it's only available in the type of laser used at this facility. Our advanced technology makes it possible for laser energy to "select" only hair follicles, while sparing surrounding skin from damage. Most patients describe the treatment as a series of slight pin pricks to the skin that is easily tolerated. Minimal redness in the treated

area disappears quickly. This brings the cosmetic results you want with the clinical results you need.

Unlike traditional methods of hair removal, this clinically-advanced procedure is performed under the guidance of a qualified physician, with whom you will have a **free** initial consultation. It would take only 15 minutes out of your busy schedule to be treated for an area such as the upper lip or the chin. The results are amazing!

If you are concerned about unwanted hair, you are probably a good candidate for laser hair removal.

The Apogee laser with TKS has helped thousands of patients around the world unveil their beautiful skin. Why not unveil yours too!

## Barrington American Legion Post 158 10th Annual Golf Outing

Barrington American Legion Post 158 will host its 10th Annual Golf Outing on Monday, May 24 at Cary Country Club. Men and women friends of Barrington Baseball are invited to share a day of golf and fun in support of American Legion Baseball. Everyone is welcome to participate or contribute to golf cart and hole sponsorships.

The \$110 donation for the day covers green fees, cart, refreshments and postgolf dinner. Non-golfers are welcome to attend the afternoon activities and dinner for a \$50 donation. If you don't have a foursome, the committee will be happy to match you with playing partners for this best-ball, scramble event. Make reservations now and purchase your tickets by calling Ray Tourville at 847-381-4142 or Bob Kruse at 847-381-7031.

Proceeds will benefit Barrington's American Legion Baseball team under the

direction of Coach Jim Hawrysko. Hawrysko, newly appointed head baseball coach at Barrington High School, takes over after the retirement of legendary Coach Kirby Smith. Smith had coached the Barrington American Legion Baseball team for 31 years, winning seven state championships. Last year's team finished second in the state tournament to Edwardsville, the eventual national champion.

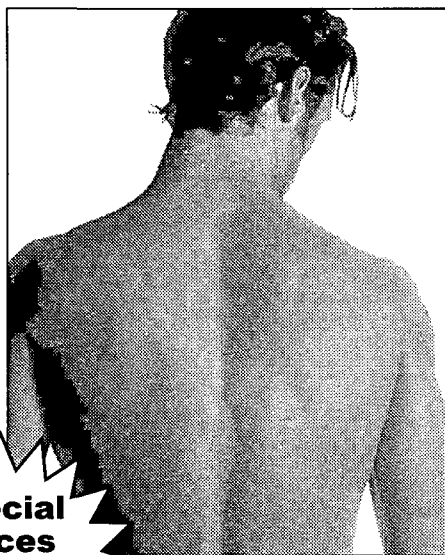
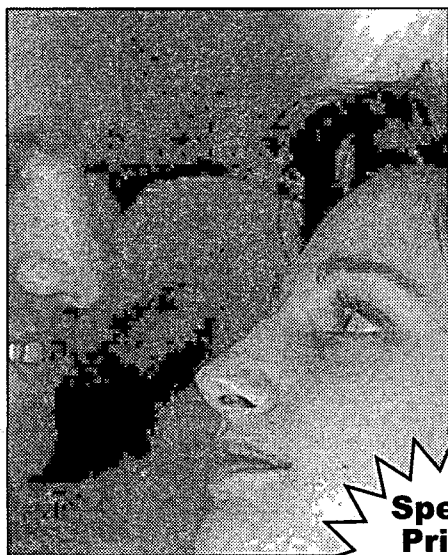
The Barrington American Legion Baseball team, comprised of outstanding Barrington area high school and college players, will play a 55-game schedule during June, July and August. The public is invited to attend home games at Barrington High School Varsity Baseball Diamond. The future success of the team will be assured by community support and the continuation of funding from Post 158 and its golfing friends.



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<b>\$99 Upper Lip</b>	<b>\$150 Hands</b>	<b>\$190 Chin</b>
<b>\$230 Sideburns</b>	<b>\$290 Bikini Line</b>	<b>\$560 Lower Legs</b>
<b>\$250 Underarms</b>	<b>\$560 Men's Back</b>	

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## Body Wraps—A Family Affair

"During the first few weeks that our shop was open, I think half of the customers were my relatives," says Cindy Krebeck, manager of **Wrap Me Slender** in Lake Zurich. "I thought at first that they were just coming in to help us get started, but they are still coming—because they like it! And now, we're finding that lots of our customers are sending or bringing in their loved ones."

Several women have brought or sent their husbands because it is a healthful, soothing and refreshing experience, as well as a way of reducing "love handles."

One woman bought a gift certificate for her sister, to help and encourage her with a weight loss program she has started.

One man plans to send his wife as soon as she recovers from having a new baby. They both agree that this is the fastest way for her to get back in shape.

One mom has brought her high school

age daughter in twice. They've found it's not only a great way to lose inches and feel really good, but it's also a fun bonding experience.

Getting wrapped up like a mummy in Ace bandages that have been soaked in a mineral solution and then doing light exercises for an hour looks even sillier than it sounds. But it works! We guarantee women a loss of 6 to 20 inches in their first wrap, (men a minimum of four inches). Try it! You'll like it!

Get ready for summer. Call now for an appointment at **847-550-8978**.

PS: We've heard from another golfer! Bill, age 58, who golfs at Thunderbird, Cary Country Club and anywhere or anytime he gets a chance, says the wraps have helped his game by making him more limber. His shoulders, back and arms are much more flexible and his swing speed has increased.

## Spring Celebration!

**In The Spa Light Salon** is proud to introduce Maria Festa, Nail Technician; Kathy Settler, Makeup Artist; and Chris Regalmuto, Hair Stylist/Makeup Artist to our clientele.

Maria is a graduate from Illinois Nail Technicians Academy and loves the excitement of the salon atmosphere and pampering her clients. She is a warm friendly professional with a great attitude.

We are also thrilled to have Kathy as part of our team. Kathy's expertise is in the area of makeup application and image consulting. She specializes in video and photo makeup. Kathy is committed to the makeup industry and loves educating clients in makeup application.

Chris graduated from North Carolina Cosmetology Institute and then attended Joe Blasco Makeup Classes in Orlando, Florida. Chris's past employment includes one of the top ten busiest Glamour Shots and Salon Rico.

We are very proud of our new professionals and hope you will enjoy their services.

April Specials include **10% OFF all makeup and nail services**. As always, current clients can sign up every time they come in for our monthly drawing to win a free makeover and hair style. Our VIP Program has been a great success and many of you have reached your free haircuts.

It's been a year! We would like to thank all our clients for the support you have



**Maria Festa**  
Nail Technician



**Kathy Settler**  
Makeup Technician

shown the salon.

Hair Extensions are one of the salon's specialties. The single strand bonding technique used will enable you to have the hair of your dreams in one visit. Longer, curlier or straighter—we can do it! Come in and see why extensions and thickening procedures are so popular. Consultations are complimentary.

Getting Married? We are committed to making your wedding day a dream come true. Our highly trained hair stylists, nail technicians and makeup artists can service you and your bridal party for all your wedding day needs. Can't make it to the salon? We can travel to you. Call for more information on your complimentary hair and makeup consultation.

**In The Spa Light Salon** is located at 702 S. Northwest Highway in Barrington. Salon hours are Monday through Thursday from 9 AM to 9 PM; Friday from 9 AM to 7 PM; and Saturday from 9 AM to 6 PM. Please call the salon for appointments at **847-381-3688**.

## LWV to Discuss Water Quality

For its April meeting, the League of Women Voters of the Barrington Area has invited Andrew H. Quigley, Executive Director of SWALCO (Solid Waste Agency of Lake County), to discuss water quality issues with League members. SWALCO is responsible for preparing, adopting and implementing a plan for the management of municipal waste generated within Lake County.

In collecting and containing solid waste, it is important that provisions be made for preventing water contamination and for monitoring any changes in water quality

that might result. Mr. Quigley's discussion will focus on the purity of water in our immediate area and what pollutants and contaminants are important to eliminate from our water supplies. Since the villages in the Barrington area receive their drinking water from the shallow aquifers, Mr. Quigley will also discuss the impact of tapping into the aquifers by large commercial and residential land developments.

The meeting will be held at the Barrington Area Library on Tuesday, April 20 at 9:30 AM. There is no charge and the public is welcome.



## Wrap Me Slender

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- ✓ Trim, Tighten and Tone Your Skin
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Left to right: (top) Terry Bley, Ang Angelos, Marlaina Mariano, Sylvia Maas, (bottom) Kathy Settler, Sharon French, Michelle Szczesny and Vicky Settler.

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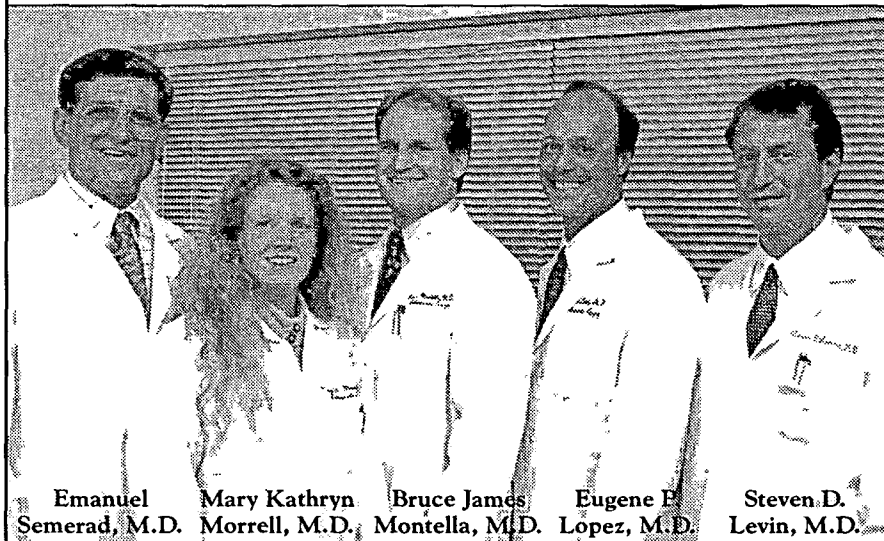
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**In the Spa Light Salon**

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# Cosmetic Surgery Solutions Are Not Just For The Rich or Famous

*An Interview with Dr. Frank Madda,  
Board-Certified Plastic Surgeon,  
Suburban Plastic Surgery Associates*

"It could happen to you," says Dr. Frank Madda, as he reflects on the dramatic rise in people seeking cosmetic and plastic surgery procedures.

"You innocently walk into the bathroom to begin your morning routine, stop and take a glance in the bathroom mirror, and get the shock of your life—your mother's or father's older face, complete with bags under the eyes, drooping eyelids and deep facial lines, has somehow attached itself to your body."

"Worse yet for some is the timing of this discovery: en route to the high school or family reunion, the daughter's wedding, the company outing, the monumental anniversary or birthday. My patients have taught me the most intense scrutiny of personal aging happens just when you least want it to—when you'll be seeing people you haven't seen for a long time."

Cosmetic surgery is no longer exclusively reserved for celebrities and movie stars. Housewives, secretaries, male and female business executives and people just like you are turning back the hands of time with cosmetic surgery procedures and reporting back with an enormous increase in self-confidence.

With more than 20 years experience in facial cosmetic and body contouring procedures, Dr. Madda believes the increase in cosmetic surgery has primarily been driven by societal changes that have dictated that "you don't have to be rich or famous to want to look good." Additionally, he cited increased affordability, innovative financing programs, low surgical risks and dramatically shortened recovery times as major reasons for the increase. Cosmetic surgery has become an attractive option for those who want to "look as good as they feel."

Society puts a lot of emphasis on physical and mental health. Working out, healthful eating and maintaining mental sharpness are distinguishing features of the movers and doers in our society. "Patients have told me that it is disastrous to look in the mirror when they feel twenty years old in their head and see fifty looking back," says Dr. Madda.

Physical changes are inevitable with time. The pull of gravity causes faces and bodies to sag. Lines form on our faces from the continual rein-

forcement of expression, emotion and muscular activity. According to Dr. Madda, "Patients complain that deep facial lines may make them look like they're always tired, depressed or angry. It's frustrating for the patient when mentally they feel young, vibrant and full of life, but their appearance says old. Aging is depressing for those who feel they can still take on the world and do anything. They believe their aging appearance takes away their competitive edge and robs them of self-esteem—thereby giving others the impression that they're not as quick or vibrant as they truly are."

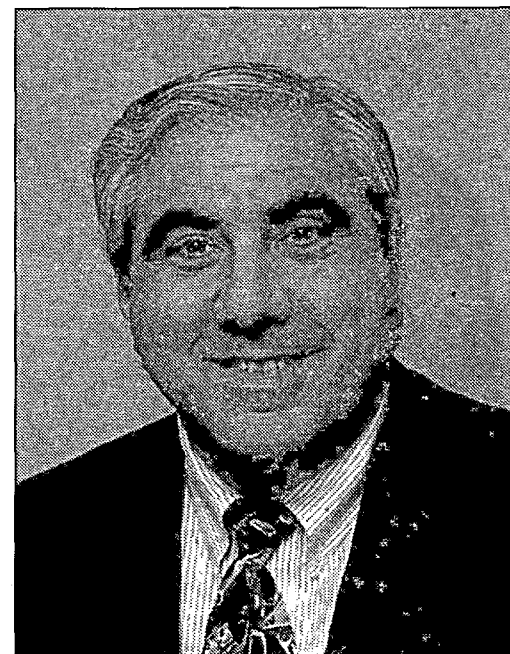
Dr. Madda has learned first hand from his patients. "We are all our own worst critics. When we look in the mirror and something is bothering us, we think the whole world is staring at that one thing. It colors and affects our personality and even the way we deal with people. It affects how we see ourselves and how we interact with the rest of the world."

The good news for all of us is that all of these "problems" are completely fixable and solutions can be very affordable. Innovative plastic and cosmetic surgery procedures have made real and lasting improvements in the lives of many people. No longer is cosmetic surgery something that is reserved for the elite. It has instead become a service that can provide "dramatic results for real people."

Dr. Madda encourages people to seek information on cosmetic surgery options if they can answer "yes" to any of the following questions:

- Does your appearance undermine your self-esteem and self-confidence?
- Do the lines in your face give you an angry looking scowl that intimidates?
- Do concerns about your appearance distract you from the more important things you have to do?
- Do you see something in the mirror that makes you think, "Boy! I really hate that?"

Dr. Madda cautions people to not cheat themselves out of self-confidence and feeling good. "Results from cosmetic surgery are lasting and will be with you every day for the rest of your life. I've spent the last 20 years watching the dramatic differences that have occurred in people's



Dr. Frank Madda

*Dr. Madda was trained in both plastic and general surgery at Rush Presbyterian St. Luke Medical Center. He is board-certified in plastic surgery and is a diplomat of the American Board of Plastic Surgery. Additionally, he has a degree in dental surgery from Loyola University. Dr. Madda currently serves as an assistant professor in the department of Plastic Surgery at the University of Illinois Medical Center in Chicago. He is active in several professional societies and has served as the President of the Chicago Society of Plastic Surgery. Dr. Madda is also a published author.*

lives once they felt better about their physical appearance. Patients have recognized these procedures as an investment in themselves. Don't be afraid to explore and consider your options."

"Most importantly," says Dr. Madda, "if you're thinking about plastic surgery, seek the council and advice of a physician who is specifically trained and board-certified in plastic surgery. Their training has qualified them to be able to discuss realistic goals and expectations as well as what does or doesn't make sense for you."

For more information or to schedule a complimentary consultation with Dr. Madda or one of his associates, call **Suburban Plastic Surgery Associates** toll free at **1-877-TURN HEADS (887-6432)**.

**Suburban Plastic Surgery Associates** has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village and Downers Grove.

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## Did winter do a number on your skin?

Chicagoland winters with subzero windchills can do a number on your skin. Frigid temperatures, inside heat and the normal aging process can create overdried skin that makes you look older than you actually are.

Suburban Plastic Surgery Associates can help restore your skin to a much healthier and youthful state with a facial aesthetics program. This non-surgical procedure is a

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customized treatment and rejuvenation process that utilizes pharmaceutical grade products for maximum results. All treatments are conducted under the supervision of a board-certified physician and can usually be performed over a lunch period.

If you're looking for non-surgical options to take years off your face and turn heads, call toll-free anytime:

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PLASTIC SURGERY



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The board-certified plastic surgeons of Suburban Plastic Surgery Associates specialize in performing affordable cosmetic and reconstructive surgery that produces exceptional results and will turn heads. As Chicagoland's largest plastic surgery practice, we've spent the last 20 years helping patients improve their appearance and counter the aging process.

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**DRAMATIC RESULTS FOR REAL PEOPLE<sup>SM</sup>**

Frank C. Madda, M.D. Philip N. Bushnick, M.D. Damian D. Gress, M.D. Robert C. Caridi, M.D.

**SUBURBAN  
PLASTIC  
SURGERY  
ASSOCIATES**



*Red and White*

36" x 48"



*Lavender and White*

30" x 36"



*White on Blue*

48" x 36"

## The Studio of Long Grove Presents Beyond Realism: The Florals of Michael Gerry by Michael T. Williams

Throughout history, the image of the flower has held a special place in the human imagination. Despite their prominent role in our lives and their frequent representation in our artistic heritage, flowers have retained an air of mystery and an almost enigmatic beauty. In both visual and literary representation, flowers are associated with that which is most basic and essential to our experience. They possess an unwavering ability to symbolize purity, love and the cyclical nature of life. It is this link between visual imagery and such universal themes that lies at the heart of the work of painter Michael Gerry, whose original oil

paintings and limited edition reproductions represent some of the most breathtaking and original florals since the Impressionists.

Gerry's work consists of oversized, almost photo-realistic representations of a wide variety of floral images, taking as his subject matter different blossoms from all over America. **The Studio of Long Grove** has been Michael's largest gallery, but **The Studio** has also involved nearly 40 top galleries in other parts of the country to represent this quality artist. Meet Michael and witness his talent at **The Studio Gallery** during his "Celebration of Spring" on April 24 and 25.



*Orchids*

24" x 18"



*Straw Hat*

48"

Life-sized Fountain in Bronze  
by Bets Holland Lundeen.  
Part of the Water Garden  
Presentation and Exhibit by  
The Studio of Long Grove.

### "Spring in Bloom" in Long Grove

The shops in Long Grove have teamed with Geimer Greenhouses (soon to open at old Hwy. 53 north of Lake-Cook Rd.) to host a Home & Garden Show at Seasons Restaurant and The Studio Fine Art Galleries. Kicking off on Earth Day, April 22 through Sunday, April 24, there will be workshops and presentations by Geimer Greenhouses and many Long Grove merchants.

Call the Long Grove Information Center at 847-634-0888 for workshop schedules and registration.

Participating presenters providing helpful information on home and garden subjects include:

**Geimer Greenhouses • Crock N' Block**

**Keeping Room • Night and Day**

**Dakota Expressions • Gingersnaps**

**Mangel's Gifts**

**The Studio of Long Grove**

**Seasons Restaurant**

**Nancy Burgess**

**Cassandra's of Long Grove**

**Red Oaks**

**Feathered Friends**

**Little Viking**

**Farmside Country Store & Winery**

**Pine Cone Christmas Shop**



*Irises in Purple*

40" x 30"



# *Michael Gerry at The Studio Galleries*



*Casa Blanca Lilies*

48" x 36"

## *The Master of Floral Painting*

### *Artist's Reception*

*Saturday, April 24 and Sunday, April 25, 1:00 - 4:00 pm*

*Original oils and limited edition prints on canvas*

## *The Studio of Long Grove*

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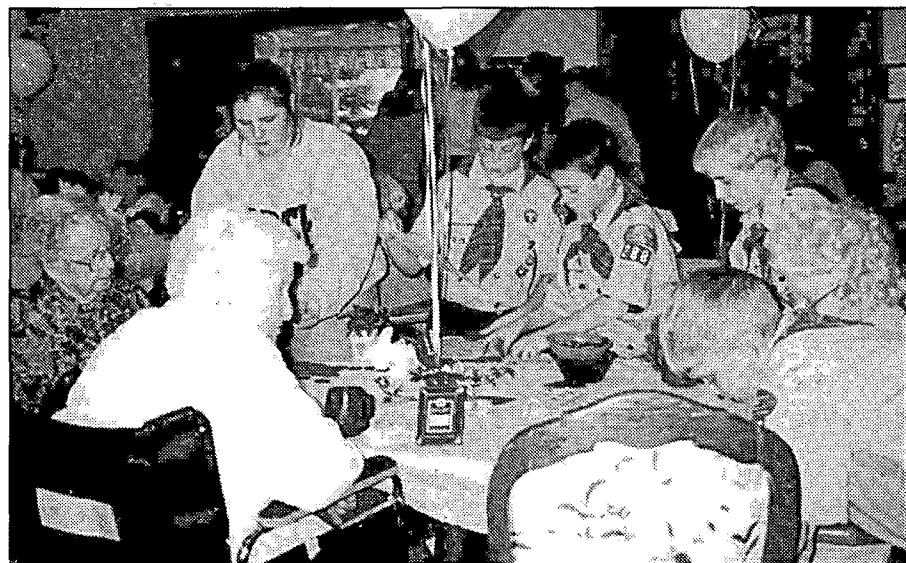
Spa Facials	Paraffin Body Wrap
Spa Glow	Body Massage
Make-Up Applications	Manicures
Waxing	Pedicures
Body Mask	Body Wraps
Murad Treatments	(Lose 10 to 20 inches)

*Syd Simons* Day Spa

"Where Makeup is an art, skin care is a science... and body care is a necessity."

117 Barrington Commons  
Barrington 381-8727

## "Let Me Call You Sweetheart" Valentine's Day Party



Cub Scout Pack 288 (Lines School) Den 8 are helping with games.

Pink, white and red balloons adorned the room and joy filled the hearts of the guests at Governors Park Senior Center in Barrington on Sunday, February 7. While enjoying cake and beverages, music danced through the air and special song requests were taken by accordion musician Ray Barkus. Cub Scouts from Pack 288 (Lines School) Den 8 were there to brighten the day of everyone with their lively participation in the sing-a-longs to helping with games. Danielle Shanahan and Kelly Comyn were also special help-

ers of the day. The enthusiasm of these kids truly made the day special.

BJWC Service to Seniors Co-Chairs Mary Etherington and Emelie Ventling and the committee members are looking ahead to the Annual Spring Fling scheduled for May 4, 1999 from 11:00 AM to 2:30 PM to be held at the Barrington Park District. Seniors are invited to enjoy the scrumptious luncheon. There will be wonderful entertainment and an exciting game with prizes. For more information, please call 847-622-3838.

## Face and Body for Spring— Experience the Excellence

*Spring is here at last!*

Skin goes through a lot of changes with the seasons. We look in the mirror; dead cells are there. The skin appears very sallow. We see bad color and no luster. It is time to change our skin care program and have a Deep Cleansing Facial.

The Estheticians with **Syd Simons Day Spa** are licensed and have much experience with skin treatment. They will help and talk with you about solving any problems you may have. We use many different methods to repair the abuse your skin endures from the elements such as furnace heat, poor diet, tanning beds, stress, etc.

One of our fabulous and very popular treatments is Dr. Murad Rapid Exfoliating Peel. This peel cleans and removes dead cells so new ones can be reproduced. The skin will feel as smooth as glass.

Now we must touch on the body which also builds up dead cells and becomes rough and wrinkled. One of the most popular services at **Syd Simons Day Spa** is the Spa Glow. The finest of sea salts are used to exfoliate dead cells and stimulate circulation. Skin feels baby smooth and rejuvenated. A vichy shower and body lotion finishes this off. A lot of people have

the Body Massage after or the Marine Mud Mask. I can not believe the difference.

Our next body treatment is fantastic—The Body Wrap. People are losing 6" to 16" and gaining more energy. It smoothes out the skin and helps you look better in your clothes. The procedure takes only 1½ hours.

Now that we have the face and body rejuvenated, let's have a Spa Manicure and Pedicure. They are the best!

We will move forward now to a very exciting place, The Make-Up Room. We will create a look that enhances your bone structure to make you more beautiful. Spring make-up is entirely different than winter make-up.

We hope to see all of you real soon in **Syd Simons Day Spa**. I will be leaving April 30 for the International Skin Care Convention in Las Vegas to learn all the latest techniques in Skin Care and Make-Up. I will be sharing what I learn with all of you.

We are celebrating our 28th year in Barrington. Where does all the time go? Thanks to all who made this possible.

Sincerely,  
Cathy Ramstadt, owner  
**Syd Simons Day Spa**

## BJWC Raises Over \$42,000



The Spring Luncheon was a hit for BJWC keynote speaker Marci Shimoff (middle) and co-chairs Roseann Loesch of Lake Barrington and Sue Kogan of Long Grove.

On Saturday, March 13, the ladies of Barrington Junior Women's Club (BJWC) raised over \$42,000 at their annual Spring Luncheon, "Rekindle Your Spirit."

The day included an array of wonderful live auction items donated by various businesses, including American Airlines, MJ Miller Co., Shari's Furs, Sheri Meketa & The Studio of Long Grove, Marcene's Frame Shop, Dalzell & Co., The Mink Barn and Charlie Trotters. Barrington's own Bob Roggeveen donated his live auctioning talents for the day.

The guest speaker for the event was nationally renowned co-author Marci Shimoff of the *Chicken Soup* book fame. She combined her very energetic style with real life stories that touched the hearts of over 550 women who attended the event.

The hard working committee included

co-chairs Sue Kogan and Roseann Loesch. Other BJWC members were: Laura Branski, Beth Bucker, Rebecca Dan, Joanna Dietrich, Teresa Gauvreau, Kathy Gilbert, Darlene Kober, Laura Lilterer, Vicky Perille, Kathy Pinkus, Judy Reese, Stephanie Skopek and Elizabeth Stringham. These ladies contributed hundreds of hours over the last 10 months.

The over \$42,000 raised will be allocated to numerous local, non-for-profit organizations including Barrington High School Scholarships, After Prom Services, Service to Seniors, Home of the Sparrow, BHS Student Council, BYS and Meals on Wheels to name just a few.

All and all, the Spring Luncheon proved to be an overwhelming success thanks to BJWC members and the local and corporate donations, which were so generously given. Thanks to all!

# Plastic Surgery and People's Fears

by Gary S. Churchill, MD

Many people think and talk about getting plastic surgery for years but fear prevents them from taking that final step and actually carrying through with it. Their concerns are understandable, and undergoing surgery is certainly not something to be taken lightly. Yet many of these fears can be eased with a little more knowledge and some accurate information.

## Fear of the Results

A facelift is probably the procedure most feared by patients. One concern they have is that a facelift won't look natural; nobody wants to look pulled or too tight. The goal is to look refreshed and not as if surgery was performed. So how is this accomplished? Rather than depending on extensive skin undermining and pulling as is commonly done, we use a less invasive technique that depends more on tightening the deeper layers beneath the skin. This lifts and tightens the skin in a more natural way, distributing the tension from beneath the skin rather than directly from the incisions. The result is a faster recovery, a longer lasting result and a very natural look. This technique also minimizes the tension on the incisions resulting in far better healing.

## Fear of Scars

Patients also worry that their scars will show. Unfortunately, many surgeons still use incisions that result in visible scars. But this is not the case with our incisions. After years of experience and constant refinements, we have developed an incision that is virtually undetectable when it has healed. The uniqueness of our incision is that it preserves the hairline in its natural position. While most surgeons place their incision in a straight line in front of the ear where a telltale scar will be seen, we hide the incisions in all the



Gary Churchill, MD



Iliana Sweis, MD

natural creases around and then just inside the ear. We also use dissolving sutures in all the incisions so no staples or sutures ever need to be removed.

## Fear of Pain

The fear of post-operative pain prevents some people from considering undergoing surgery. However, facial surgery is not generally painful. During a facelift, the skin around the incisions is lifted. The skin will be numb at first, reducing post-operative pain. Most patients describe a facelift as feeling "tight." Very few people complain about pain.

## Fear of Anesthesia

Anesthesia is far safer now than ever before. The newer anesthetic medications and monitoring equipment have revolutionized the field of outpatient surgery. There are new and effective medications to reduce or eliminate post-operative nausea even in those very sensitive patients. Patients recover from anesthesia and feel better sooner than ever before.

## Fear of Hospitals

Many people don't like going to the hospital or having medical procedures of any kind. At **The Plastic Surgery and Laser Center**, we have made every effort to make your experience as pleasant and personal as possible. The atmosphere is

(Please continue on page 53)

# Get the "Spring" Back into Your Step

With warmer weather just around the corner, sweatsuits are stored away and replaced with shorts and tanks. Workout gear and swimwear have become evermore stylish and revealing. In order to look good this spring and summer, the time to get in shape is now! And a package of personal fitness training sessions with one of our knowledgeable trainers at **Personalized Fitness** is the answer.

In addition to your strength training program, another way to improve fitness and melt those winter calories away may be to begin a running program. Our recommendation is to start out slowly and progress gradually.

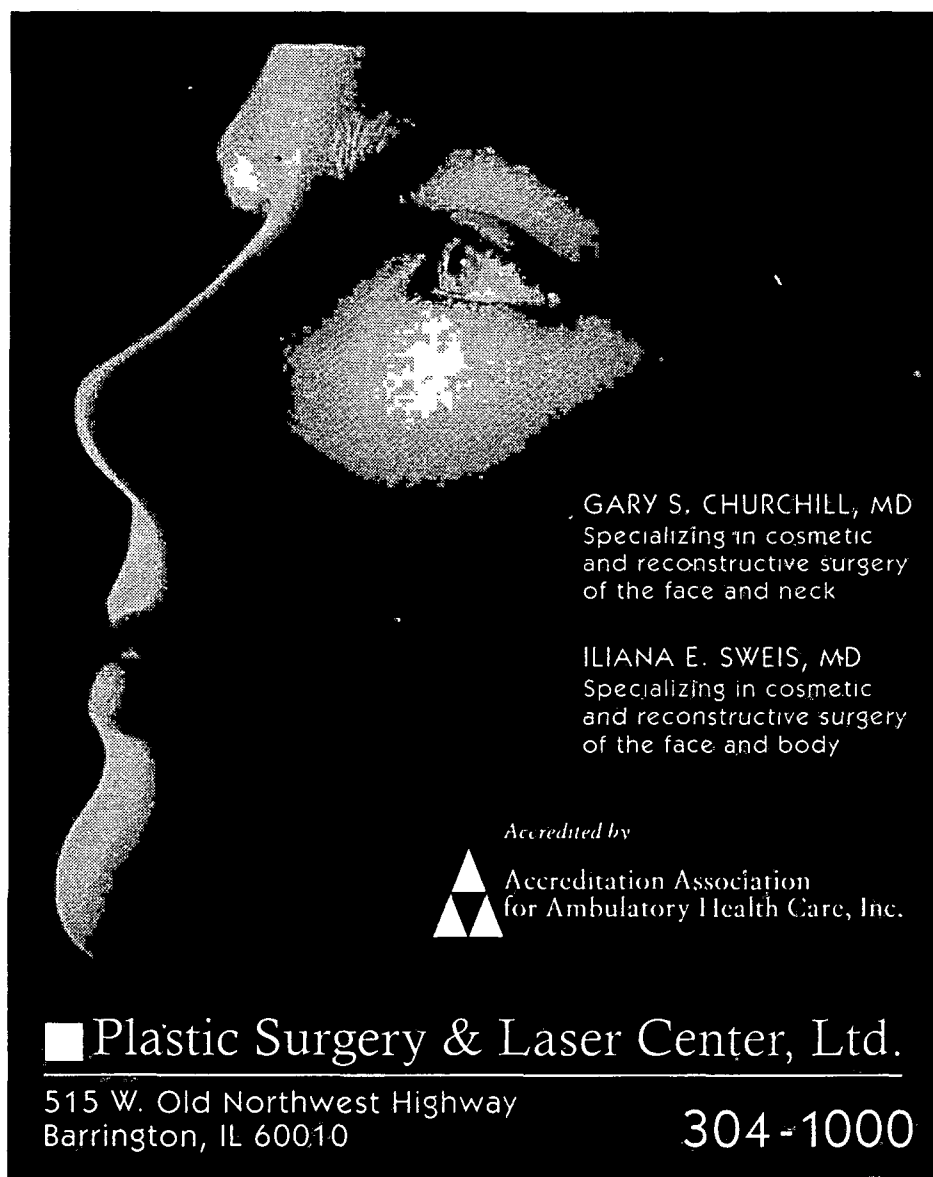
Although running is a great way to exercise, it has drawbacks. We do not advise running with knee, hip or back problems. There is a tremendous amount of compressive force on the joints that can create or exacerbate injuries. One of the most common injuries associated with running is shin splints. Shin splints feel like a sharp or dull ache on either side of the shin near the bone. The tibialis anterior and posterior, which are muscles that run along side the shin bone and into the foot, become tight. This condition can be a result of muscle imbalances, improper foot wear or frequent running on hard surfaces.

**Personalized Fitness** has a staff of

certified trainers committed to the treatment and prevention of injuries such as shin splints. Prevention may consist of a program focused on strengthening and stabilizing the lower body. Treatment of shin splints at **Personalized Fitness** begins with massage and soft tissue therapy to relieve tight muscles and reduce trigger points. Corrective exercises are then added to improve circulation, strength and range of motion to the muscles. Cross training is an excellent way to avoid over use injuries. **Personalized Fitness** recommends trying our Spin Classes, which is a great way to cross train or supplement your running program.

Another important part of training and keeping the joints healthy is proper nutrition. Nutritional guidance and support is also offered at **Personalized Fitness**. Pre- and post-workout meals as well as maintenance programs are recommended based on individual needs.

We encourage you to visit either of our private studio locations in Palatine or Barrington or call us to set up your complimentary fitness assessment. Whatever you are aiming for, **Personalized Fitness** is committed to providing you with all the resources necessary to reach your personal goals and achieve a higher quality of life and well being.

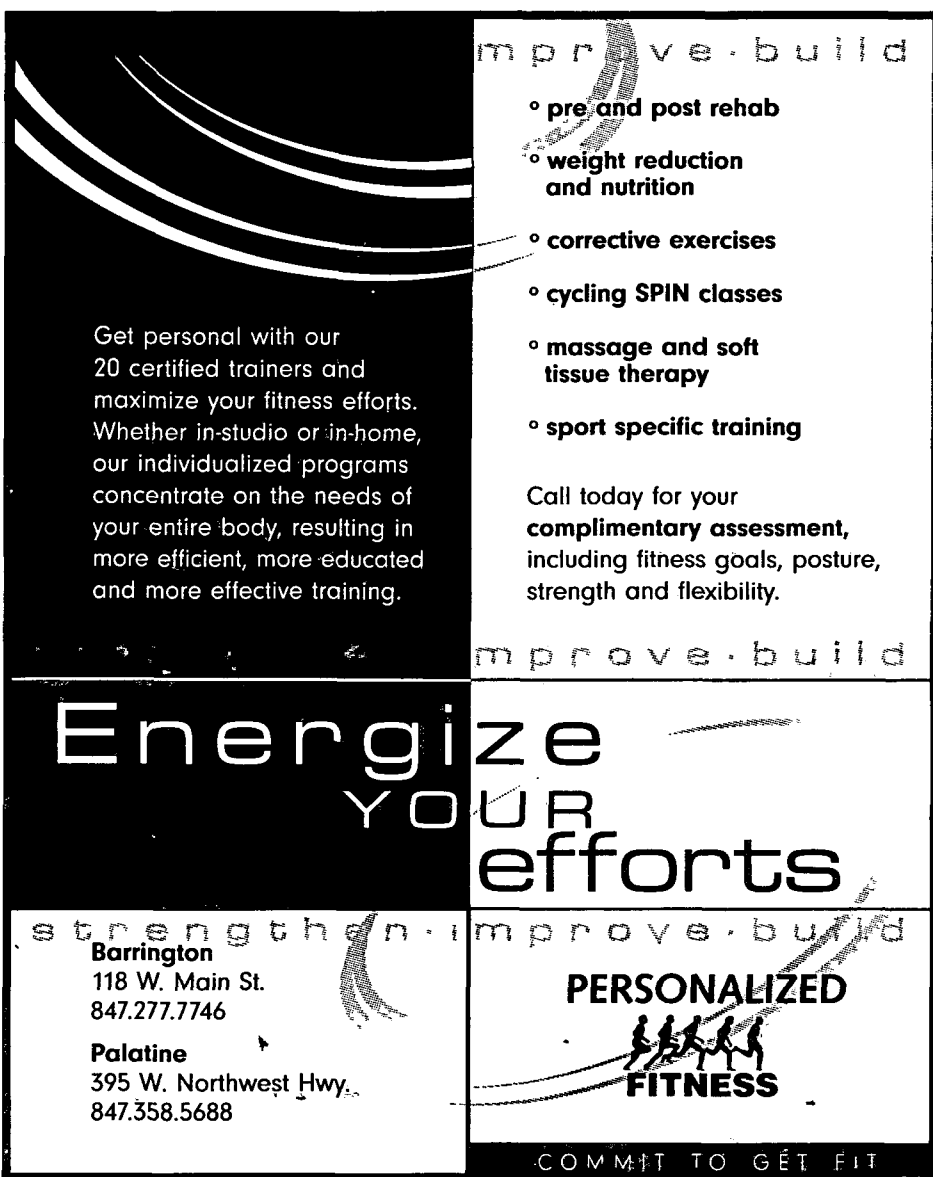


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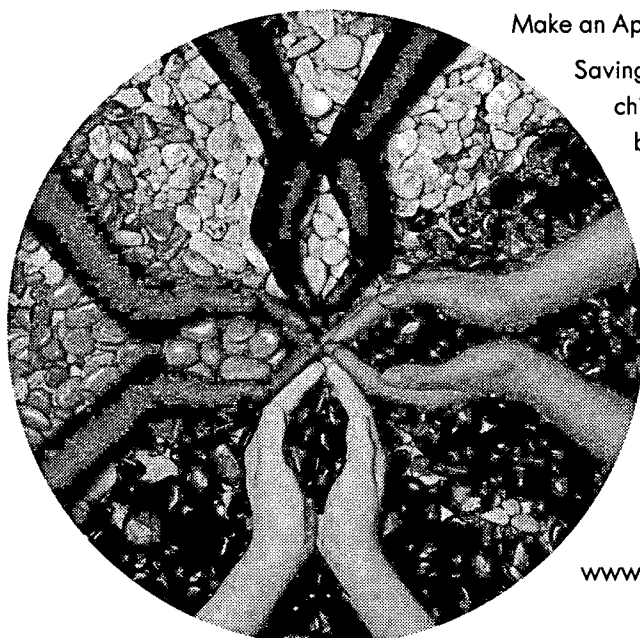
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Saving the planet for our children (and theirs) may be as easy as making an appointment. During our **Earth Month Celebration**, pledge for our walk-a-thon. All money raised will be donated to the Superior Wilderness Action Network.

[www.aveda.com/earthday](http://www.aveda.com/earthday)

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Hair Care | Skin Care | Natural Colour™ | Plant Pure-Fume® | Body Care

Massage | Manicures | Pedicures | Make-up

## Ben E. Salon Spa's Annual Earth Day Walk-A-Thon

During the month of April, **Ben E. Salon Spa** will once again host its annual Earth Day Walk-A-Thon. For the past 10 years, **Ben E. Salon Spa** has spent the month of April filling pledge sheets for their staff's 6 mile walk at Moraine Hills State Park. Last year \$2,000 was raised for the Give to the Earth Foundation.

A new goal of \$2,500 has been set for 1999. All money raised will be donated to the Superior Wilderness Action Network. SWAN focuses on regional issues affecting the national forests in Minnesota, Wisconsin and Michigan. Their goal is to raise awareness in local communities about the issues of deforestation and to motivate people to educate their elected officials about this issue. The Superior Wilderness Action Network is a small, non-profit or-

ganization that partners with other groups to increase their effectiveness.

**Ben E. Salon Spa** is an Aveda Concept Salon. Nationwide, this network of salons raises \$250,000 annually which is given directly to a carefully selected group of charities.

Along with your pledge, the Aveda Rainforest Candle and a Greener Planet Gift Set are available for purchase with all proceeds going to Earth Day Charities.

**Ben E. Salon Spa** is located at the intersection of highways 14 and 59 in Barrington. They are open Tuesday through Saturday; Tuesday and Thursday until 8 PM. **Ben E. Salon Spa** offers hair services, nail services, facial services, make-up and massage therapy. Call today at 847-381-2160.

## Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

**Dr. Barry Berger** is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. **Dr. Berger** performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Here are some additional reasons why the Soft Light Laser is the best choice of hair removal for you:

- Low occurrence of side effects, which are all temporary. This means no burning, blistering, scarring or discoloration of the

skin. The majority of patients resume daily activities immediately following treatment.

- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

- No tanning restriction prior to treatment. Some hair removal methods require no tanning four weeks prior to treatment. With the gentle Soft Light Laser, patients have no inconvenient tanning restrictions prior to treatment.

**Dr. Berger** has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.

# "Hello laser, goodbye razor."

Alexandra Parnass  
Beauty Editor  
Marie Claire Magazine

The hair removal process that has everybody talking:

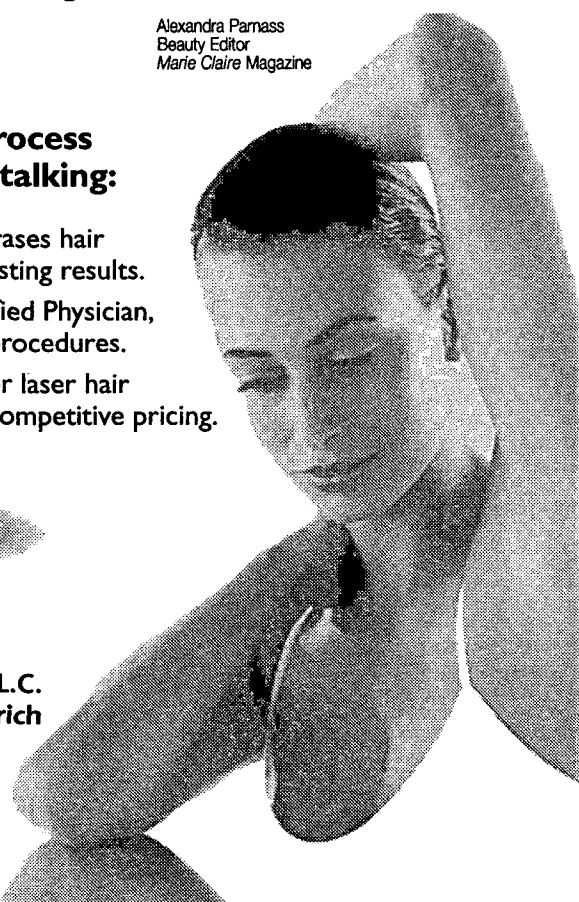
- Patented laser process erases hair quickly and gently with lasting results.
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- First licensed physician for laser hair removal in Illinois. Very competitive pricing.

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(847) 550-0600

Call today for a complimentary consultation.



## WC of Inverness Spring Luncheon/Fashion Show

"Celebrating the Spirit of Volunteerism" conveys the can-do, upbeat spirit of the annual fashion show and luncheon to be presented by the Women's Club of Inverness on Friday, April 16, 1999. This sensational runway show, coordinated by "Fashions with Flair" of Oak Brook, will present beautiful designer fashions, professionally modeled amid dramatic music and lighting in the ballroom of the Hyatt Regency Woodfield, 1800 East Golf Road, Schaumburg. A gift boutique will begin at 10:00 AM, cocktails at 11:00 AM, and luncheon at 12:30 PM. Tickets are \$45 per person and will be held at the door; call Denise at 847-382-5976 for reservations.

The fashion show is a fundraiser for the Women's Club of Inverness. Money raised is allocated to college scholarships and other charities, which in the past have included: Children's Advocacy Center, Girl's Hope, Community Crisis Center, Northwest Action Against Rape and many other worthwhile organizations. The title



Trina Toms and Raisa Bratkiv of the Women's Club of Inverness display Mikasa vases that will be featured in centerpiece arrangements at the April 16 fashion show and luncheon at the Hyatt Regency-Woodfield.

"Celebrating the Spirit of Volunteerism" was chosen by Chairwoman Raisa Bratkiv to recognize the extraordinary efforts of women on behalf of others, including over 30 years of service to the community by members of the WC of Inverness.

## Two Ways to Change Your Life

by Martin Nathan, M.A., C.P.C., Licensed Clinical Counselor

*Short term counseling* and *hypnosis* are two separate ways you can change your life. They can be used independently of each other or in conjunction with each other.

Most people don't have the time, don't wish to spend the money, and don't have the desire to enter into long term counseling programs. They have a concern about going to therapy sessions week after week for years. And worse... they fear not really getting anything out of it.

Today, *short term counseling* techniques are being used to identify the real issues, and quickly resolve them. These methods are especially useful for marriage and family issues which seem so awful when you're in the middle of them.

This more efficient process is also effective for emotional disorders, such as depression, anxiety, panic attacks and uncontrolled anger.

And for those people who want no counseling but want to make some changes, *hypnosis* offers a safe, reliable, fast and low cost alternative. Most of the emotional issues are successfully treated with hypnosis in days rather than weeks

or months.

Smoking can be treated in as little as three days. Eating habits can be altered in as few as ten to twelve brief hypnosis sessions. Most drug abuse including alcohol and marijuana, can be treated successfully.

*Hypnosis* is for people who want to change, but lack the will power or, for some other reason, find it difficult to do what they want to do, or to stop doing what they want to stop doing. Many of the blocks preventing you from accomplishing your goals are in the unconscious part of your mind. So, while you're telling yourself that you don't want to eat the candy bar, your unconscious mind is saying, "eat it. Go ahead, you deserve it." When you tell yourself that you're going to exercise today, your unconscious says, "you're too tired. You can start next week."

*Hypnosis* allows changes to be made at the unconscious level as long as the changes are what you really want. Hypnosis cannot make you do something that you don't want to do.

For more information call **Marty Nathan** at **The Northwest Institute For Rational Counseling**, (847) 934-6555.

## How Can You Benefit from a Trainer?

There was a time when a personal trainer was for the professional athlete or the movie star. Not any more. People from the couch potato to those with six-pack abs are working with a trainer. Some want to be pushed more and make their workouts more efficient and some need to be pushed literally, just to get on the treadmill. Whatever the goal, the age or the fitness level, most people will benefit from working with a trainer. Our current client age ranges from 10 to 81 years of age.

Are you using your exercise equipment? If you have found that the equipment that you purchased has been collecting dust and you would like to get some use out of it, a personal trainer can help. Many people are not sure what to do with their equipment or cannot seem to get on a consistent program. A personal trainer can

show you what to do, take you through your workouts and modify exercises to better accommodate you. Perhaps you recently bought some equipment and would like to know how to get the most out of it? If you don't have any equipment at all, that's OK too. We have plenty of programs that will get you into shape.

**Pro-Fit Personal Training** has been in the area for nearly five years. We have trainers in the western and northwestern suburbs. Most of our trainers are degreed and all are certified. We travel to your home or office and can work with you mornings, daytimes or evenings, whatever is most convenient. We hold several seminars and workshops throughout the year on nutrition, golf, menopause and other topics.

If you are interested, please give us a call at our main office at **630-261-1013**.

## Save Your Smile, Wear Your Mouthguard

by Drs. Michael Hayward & Robert Skopek

According to the American Dental Association, more than 200,000 oral injuries are prevented annually in this country by sports mouthguards. While this is an impressive preventative figure, it is unfortunately estimated by the National Youth Sports Foundation that more than 5,000,000 teeth will be knocked out in sporting activities this year. In fact, dental injuries are the most common type of injury sustained during participation in sports. Therefore, the American Dental Association recommends that a mouthguard be worn during any sporting activity.

Trauma from falls at home or on the playground, flying objects or from athletic participation are frequent causes of injury to teeth and soft tissues of the mouth. Obviously if teeth are severely protruded, they are at a much higher risk for traumatic injury. Studies have shown that children with protruded front teeth are 10



**Dr. Michael Hayward**



**Dr. Robert Skopek**

times more likely to sustain an injury than children with a normal bite relationship. Early orthodontic treatment is often directed towards correcting this relationship and reducing the risk of fracture and injury to these teeth. But whether you are finished, just starting or have never had orthodontic treatment, please wear your mouthguard.

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Nail Biting • Stress & Fears • Anxiety • Depression  
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## DAR to Meet at Chicago Botanic Gardens

Signal Hill Chapter, National Society Daughters of the American Revolution plan a spring meeting at Chicago Botanic Gardens located at 1000 Lake Cook Road in Glenview, IL on April 13. This will be a Conservation Tour of the Gardens by Grand Tram. All members and prospective members who wish to attend should meet at the Barrington Area Library at 11 AM to carpool to the Gardens. Everyone planning to attend this event may call Carolyn

Rolnik at 847-934-7905 or Mary Ostrom at 847-426-5022 for information and to make arrangements for carpooling. Casual dress is suggested. Lunch will be served in the cafeteria overlooking the pool.

Any woman is eligible for membership in the DAR who is descended from a man or woman who served in the states or united colonies as a recognized patriot. For membership information, please call Iva Lea Van Buren at 847-382-4449.

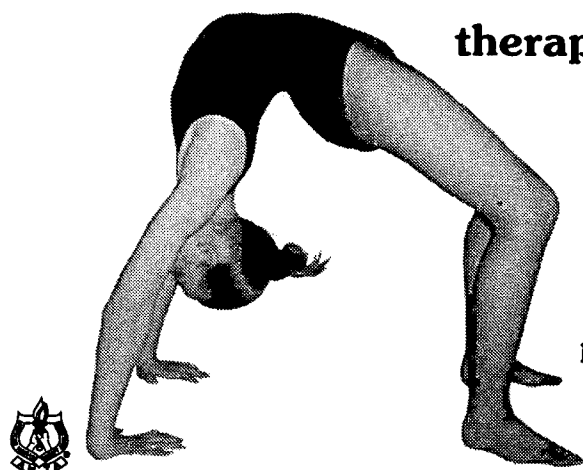
An examination by age seven allows the orthodontist to determine how and when a child's particular problem should be treated to provide the greatest benefit to their appearance and oral health. **Drs.**

**Michael Hayward** and **Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington, **847-382-5588**, and Palatine, **847-359-7980**.

## TRANQUILITY

THE SALON/DAY SPA

**Is Your Back TAXING You?**  
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for a



therapeutic,

relaxing

massage.



The Chicago Tribune has once again named us as a top Salon & Day Spa. We are also a Goldwell Preferred Salon. Come visit us and see why.



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BARRINGTON

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## Health Benefits of Massage

April is tax time and you're taxed to the max. How about taking a "stress-buster" break? Relax a bit and get a therapeutic massage at **Tranquility Salon and Day Spa**.

Most people know that massage can help make them feel relaxed and give them a sense of well-being, but did you know scientific studies have shown massage offers numerous health benefits? Some of these include enhancing general health by promoting well-nourished and healthy skin; relaxing muscles and improving joint mobility; improving immune system function; and improving energy flow in the body. Massage can also help relieve certain common physical problems such as tension headaches, muscular back pain, poor circulation and stress and anxiety. Massage can be an im-

portant adjunct to a fitness or sports program and also combats the negative effects of aging.

With all these benefits you can see that regular massage is a boon to your health and not just an occasional "pampering" treat. **Tranquility** offers 30-, 60- and 90-minute sessions.

Massage is for you. Seven-time New York Marathon champ Grete Waitz says, "I believe everyone who runs should be massaged. In fact, everyone who lives should be massaged." You change your car oil every 3,000 miles. Don't you deserve to take care of your body as well? After all, you can't trade it in for a new model. So, give yourself a break from taxes and get a relaxing, therapeutic massage at **Tranquility**.

Deduct a little stress from your week!

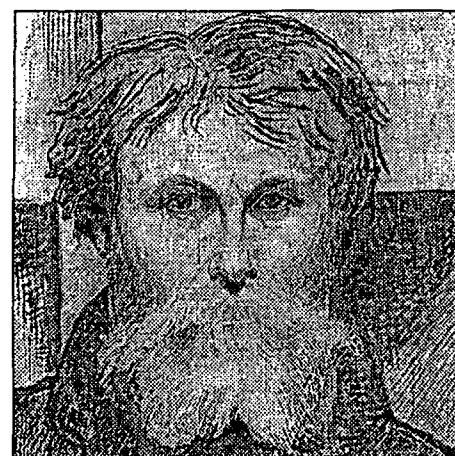
## Gustave Moreau Exhibit to be Viewed by Art Associates

Gustave Moreau's exotic and fantastical world awaits visitors to the current exhibit at the Art Institute of Chicago. The Barrington Community Associates of the Art Institute is sponsoring a trip to the Moreau exhibit "Between Epic and Dream" on Thursday, April 22.

Miranda Hofelt will lecture in the morning on the master painter and teacher. Hofelt has been Collection Manager for the Department of European Painting and is currently a lecturer in General Programs for the Art Institute.

Gustave Moreau is remembered as a painter of enchanting and intricate mythical and Biblical scenes and also as an exceptional teacher adored by his students. Unlike the Impressionists of his time, Moreau explored the realm of the imagination and dreams rather than the daily scenes of modern life. Angels, centaurs and unicorns are seen in this exhibition of more than 175 of the artist's most enchanting and beautiful works. Many items are from the Musee Gustave Moreau, the first private museum in France. It got its start when Moreau died of stomach cancer in 1898 and bequeathed to Paris his town house and its contents.

Moreau encouraged his students, among them Matisse and Goerges Rouault, not to emulate his style but to experiment with



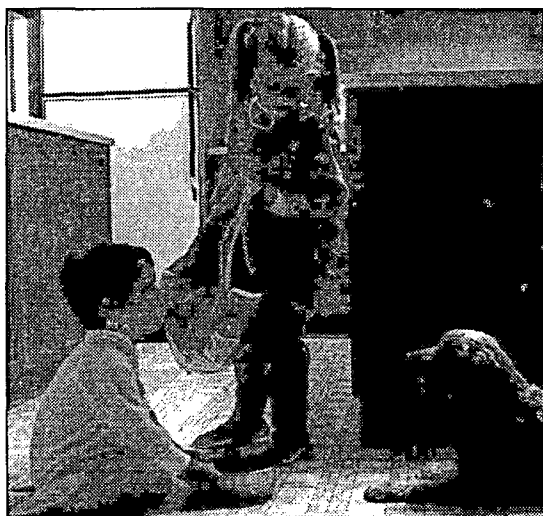
Gustave Moreau. Self-Portrait (detail), 1872-75. Musee Gustave Moreau.

color and technique, and to follow their own artistic inclinations—which they did. Moreau's interest in depicting states of mind or emotions influenced the Surrealist movement.

This exhibition opened in Paris and, after this Chicago venue, opens at New York's Metropolitan Museum on June 7.

Buses leave Langendorf Park Parking Lot at 9:15 AM. All reservations are due April 8. Fees for the day are \$20 for members and \$25 for nonmembers.

Please phone Pat Fein at 847-382-5953 for reservations or more information.



- It's dirty.
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**germs & bacteria**  
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| 4. Dust Furniture                             | 15. Change Towels                     |
| 5. Vacuum Hard Surface Floors                 | 16. Wash/Wax Kitchen Floors           |
| 6. Remove Cobwebs                             | 17. Clean Kitchen Sinks               |
| 7. Dust Sills & Ledges                        | 18. Damp Wipe Cabinet Doors           |
| 8. Dust Wall Hangings                         | 19. Clean Outside of Appliances       |
| 9. Pick Up & Straighten                       | 20. Load Dishwasher                   |
| 10. Clean Entry & Patio Door Windows          | 21. Wash Counters                     |
| 11. Clean & Disinfect Toilets, Tubs & Showers | 22. Remove Trash                      |

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cleaning for health. They remove dirt from your home—not just spread it around. Their four-person teams are specially trained on **The Maids'** exclusive Healthy Touch system. Their equipment and cleaning supplies remove up to 50% more dirt and contaminants from homes than ordinary cleaning systems. **The Maids** leave your home cleaner and healthier.

Don't put your family at risk. Already, the air inside of your home is two to three times more polluted with concentrated contaminants than outside air. Don't add to the problem with conventional cleaning techniques. For more information and for a free estimate, call **The Maids** today at **847-368-1250**.



## "The Feel of Fiber" Brings a Touch of the Arts to the BAAC Gallery

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery's April Exhibit, "The Feel of Fiber." The exhibit features an exciting array of fiber art; mixed media sculpture; floor designs; quilts; clothing; jewelry; and various accessories created by 19 artists.

Exhibiting artists from Illinois include: Judy Barnes Baker, Barrington; Ilse Bolle, Palatine; Barbara Briggs, Barrington; Sandra Clark, Barrington; Cat Chow, Chicago; Debra Gust, McHenry; Betty Kirk, Lemont; Beatrice Morris, Chicago; Leah Nelson, Cary; Jenny Pompe, Roselle;

Kathleen Tegmeier, Edwardsville; and Diane Urso, Hinsdale. Out-of-state exhibitors include: Maureen Fuhr, Shorewood, MN; Carol Grape, Villa Hills, KY; Renee Harris, Cincinnati, OH; Carolyn Kallenborn, Stoughton, WI; Akiko Sugiyama, Ormond Beach, FL; Svetlana, Burdett, NY; and Char TerBeest-Kudla, Baraboo, WI.

The exhibit is on view from April 2 through April 30, 1999. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM; Saturday, 10 AM to 2 PM; and closed Mondays. For more information, call 847-382-5626.

## 60-Minute Mineral Wrap Can Make 6 to 20 Inches Disappear

**Barrington Bodywrap** offers a safe, effective way to help you lose 6 to 20 inches in one wrap.

The Bodywrap, as seen on Fox television and Extra, is a rehydrating mineral wrap that pulls out toxins and compresses the fat cells in the body. Lost inches will not return if you do not gain weight. The Bodywrap will slenderize and contour your figure and tighten your skin. This process even gets rid of cellulite. This unsightly condition can disappear in a matter

of days after a single wrap or a series of wraps. Many customers get wrapped regularly because of the calming and soothing effect that the wrap gives them.

**Barrington Bodywrap** is located on Route 59 (Hough St.) and Route 14 in the mall next to the Jiffy Lube. Parking and entry are in the rear of the building. If you would like more information, a brochure or an appointment, please call 847-277-0742. One wrap is \$75 and a series of five wraps is \$325.

## Spring Cleaning

It is that special time of year again when the sun shines a little more often, the snow melts—making way for the grass underneath to get green and the bulbs to come forth with the first blossoms of color—and buds are appearing on the trees and the urge to lighten up, clear out and clean up is upon us. The oppression of winter gives way to the lightness of spring. As with the change in the clocks, "spring forward," and the days lengthen in brightness and light, our souls undergo a similar change, like a breath of springtime. People crave getting out, feeling free, and all of that goes hand in hand with cleaning up the residue that winter has built up: salt, snow, lots of clothing and heavy gear. Spring cleaning is a metaphor for one of the cycles we experience in life. It is the casting off of clothing,

by Judy Kaplan, MS

boots, mittens and scarves and letting our skins' surface meet the atmosphere. It is the unveiling of outdoor furniture and lawn and garden equipment. It is the opening up of our minds to the new possibilities that this season brings.

Often our aspirations for the springtime get pushed aside by the necessities of hectic schedules, handling of crises or running away from responsibilities (contracting spring fever). If things are not allowing you to cast off the oppression of winter to let spring unfold, perhaps you could use some assistance. Get a new perspective or an objective look at your expectations and desires. Do some "mental health" spring cleaning in preparation for summertime.

Call 847-842-9365 for further information or help.

## Living With Grief Conference

The Church of Holy Apostles, located at 5211 West Bull Valley Road in McHenry, and Hospice of Northeastern Illinois will co-host the Hospice Foundation of America's 6th annual *Living With Grief*, live-via-satellite teleconference on Wednesday, April 14, 1999.

This conference is offered nationally in cooperation with The Association For Death Education and Counseling, Mothers Against Drunk Driving and The Compassionate Friends, with additional support from Service Corporation International, Inc., and, from our community, by The Church of Holy Apostles and Hospice of Northeastern Illinois, Inc.

This year's topic, *Living With Grief: At Work, At School, At Worship*, moderated by ABC News Correspondent Cokie Roberts, will feature a panel of experts who

will explore the ways that grief influences us in various settings.

Joining Ms. Roberts will be: *Kenneth J. Koka*, PhD, Lutheran minister and professor of gerontology at the College of New Rochelle, past president of the Association for Death Education and Counseling and president of the International Work Group on Death, Dying and Bereavement; *Michael Jemmott*, BS, Mdiv., Senior Staff Chaplain at the Johns Hopkins Hospital, co-facilitator of the grief encounter group, "A Time of Sharing," and 1995 recipient of Maryland's Mayoral Citation for Merit for public service; *Michael Kirby*, MSW, a 25-year veteran of the New York State Police, currently Director of the New York State Police Employee Assistance Program, a licensed social worker and adjunct lecturer at Dominican College; and *Marcia*



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Graduate degrees from Northwestern University & The Family Institute



**If your family is in crisis... Counseling may help.**

*My specialty is helping people through difficult times...*

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback                |
| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

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**(847) 842-9365**



*Lattanzi-Licht*, RN, MA, LPC, co-founder of Hospice of Boulder County, an internationally known speaker, educator, consultant and recipient of the 1995 Heart of Hospice Award.

Lunch will be served from 11:30 AM to 12:15 PM, compliments of Robert Mrachek, owner of Peter M. Justen Colonial Funeral Home of McHenry. The teleconference will be from 12:30 to 3:30 PM. The teleconference is hosted at no cost to the participant. This will include the cost of the companion books which are being donated by The McHenry County Funeral Directors Association.

CEU's will be available from the Hospice

Foundation of America for nurses, counselors, funeral directors, clergy and social workers at a processing fee of \$20. Illinois Funeral Directors from the McHenry County Funeral Directors Association can receive the CEU's at no charge. A half-hour local discussion is required following the teleconference for CEU approval and will conclude at 4:00 PM.

Chaplain Gary Blobaum from The Hospice of Northeastern Illinois will moderate the discussion.

Registration deadline is Friday, April 9, 1999. For reservations and additional information, you may call The Church of Holy Apostles at 815-385-LORD (5673).

**Barrington LIFESTYLES April 1999 35**

## Fitness Training Services



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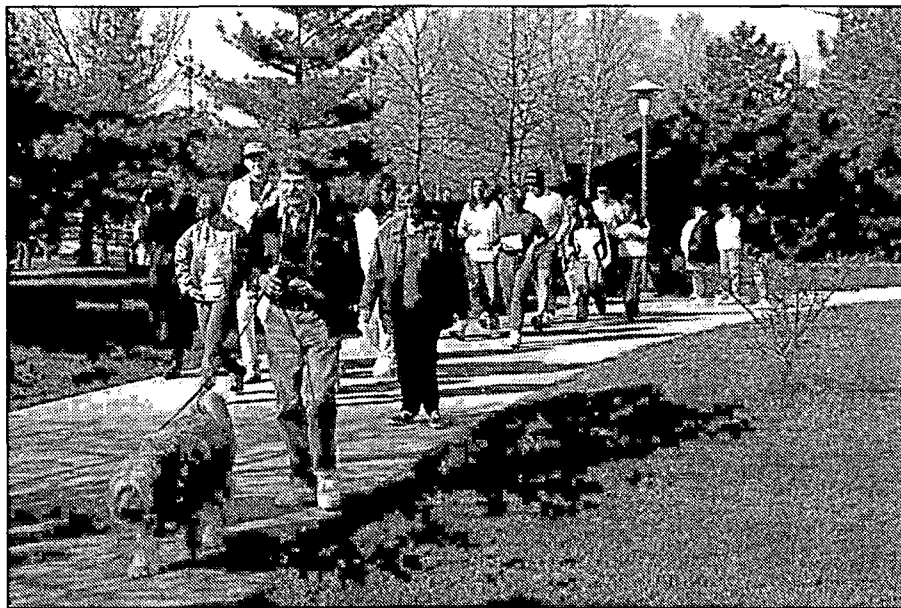
**Call (847) 991-5230**  
*"your partner in fitness"*

#### The Fitness Partners Guarantee:

*If after the initial fitness assessment, you don't feel our services are the best for you, the session is free.*

*Doing business as a corporation*

## Eleven Area Routes Planned for MS Walk<sup>SM</sup>



Forest preserves, city neighborhoods and riverside trails will be among the scenes experienced by participants in the 10th anniversary Jewel-Osco MS Walk presented by Mercedes-Benz on Sunday, April 18 at routes in 11 northern Illinois communities.

The 10th anniversary Jewel-Osco MS Walk<sup>SM</sup> presented by Mercedes-Benz will be held in 11 northern Illinois communities on Sunday, April 18. Goals of 10,000 walkers and proceeds of \$1.8 million have been set for the pledge-based event organized by the Chicago-Greater Illinois Chapter of the National Multiple Sclerosis Society.

The local routes, which will be among 700 sites across the country, include: Chi-

cago along the seven mile Lakefront route beginning at Avery Field at 10th St. and Columbus Dr.; DeKalb along the Kiwanis Bike Path; Fox Valley beginning at Pottawatomie Park, St. Charles; Joliet/Lockport at Pilcher Park; McHenry County in Crystal Lake; Morris at Gebhard Woods; Naperville's Riverwalk; North Shore (Highland Park); Northwest Suburban in Busse Woods Forest Preserve, Elk Grove Village/Schaumburg; South Suburban at

## Achieve Your Fitness Goals with Fitness Partners' Personal Training

By Jeff Bobek, C.S.C.S., C.P.T.

The ever-growing popularity of personal fitness trainers can be easily explained in one brief statement—**personal training works!** It is well known that athletes, models and fitness conscious celebrities rely on their personal trainers to keep them fit. However, a variety of fitness seekers, novice or experienced, affluent or not, can gain from the guidance of a personal trainer.

Generally, a personal trainer's services will include an initial fitness assessment, the design of a personalized exercise program and supervision of the program. The design of the program should be based on the fitness assessment and personal goals, and it should address the strength, aerobic and flexibility components of fitness.

*How can Fitness Partners help you achieve your fitness goals?*

Fitness Partners is committed to providing the highest quality and best value in fitness services by exceeding the common standards of personal training service. Fitness Partners will take the time to educate you on the principles of fitness and exercise, teach you to exercise independently, regularly adapt your exercise program, guide you on appropriate nutrition and provide the motivational support you need to stick with your exercise program. By following your Fitness Partners' program, you will achieve your fitness goals!

#### Reasons to consider hiring a personal trainer to assist you with your fitness program:

- You're inexperienced with exercise.
- You're out of shape due to a sedentary lifestyle.
- You're not getting the desired results from your current exercise routine.
- You want to update or add variety to your exercise routine.
- You're training for a specific purpose or goal.
- You're coming back from an injury or illness.
- You need motivational support.

Fitness Partners, Inc. can develop and guide you through an exercise program tailored to your fitness goals, health concerns, lifestyle and budget. Whether you're seeking extensive supervision or periodic services, a variety of program options are available from Fitness Partners.

Our exercise programs are carefully designed to achieve an appropriate balance of muscular strength and endurance, cardio-respiratory fitness and flexibility, to enhance general fitness, physical appearance, quality of life and/or athletic performance.

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, at 847-991-5230 to discuss your fitness goals.

## Senior Activity and Lunch Program

Join us at Langendorf Park at 12:30 PM for these activities in April.

**Monday, April 5**

*Don't forget to don it  
Your favorite Easter bonnet  
With friends, please come to sing  
And welcome in the spring!*

The Easter Bunny is preparing a surprise lunch and we will have the 1st BACOA Easter Egg Hunt with eggs colored by the seniors and the Park District

Preschoolers. Our fearless leader, Joyce, will entertain us with her mandolin. Reservations are required for lunch (served at noon) at least one week in advance.

**Monday, April 12**

Ray Lipovitch will present "How To Keep Your Car Running to 140,000 Miles."

**Monday, April 26**

Darlene Horsleve and Carolyn Roussel will play piano and entertain us with spring selections.



Oak Forest's Yankee Woods Forest Preserve; and in Rockford beginning at the YMCA Log Lodge.

Walkers will seek pledges from sponsors to support their effort as they follow routes varying from seven to nine miles. Participants may walk on their own or as part of teams made up of families, friends or coworkers.

Check-in time at each Walk site is between 8:00 and 9:30 AM with the official kickoff ceremonies at each route planned for 9:00 AM.

Walkers will receive snacks and beverages at rest stops along each route. Prizes will be awarded according to funds raised beginning with an official T-shirt at the \$160 level, a Walk sweatshirt at \$300 and a commemorative 10th anniversary Walk jacket at \$400. From \$500 to \$7,500, walkers will receive graduating values of

Lettuce Entertain You certificates. The grand prize will be tickets for two to anywhere in the continental US, courtesy of American Airlines.

Multiple sclerosis is a chronic, often disabling disease of the central nervous system that generally strikes people between the ages of 20 and 40. Symptoms range from numbness in the limbs, paralysis and loss of vision. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatments are giving hope to those affected by the disease.

Potential walkers are invited to call the MS chapter at 312-922-8000 or 1-800-922-0484 for more information on registration, route details, how to seek sponsors, how to form teams or how to take part as a volunteer.

## Carole Comments

by Carole Childers, C.N., L.N.C., All Ways Healthy

*A friend asks:* "Are energy food bars a good source of nutrition?"

**Carole Comments:** There are many types of "energy" bars out there (Balance Bar, Power Bar, Cliff Bar, etc.) and my best advice is to read the label on each to determine their nutritional value.

As a snack or a mid-morning pick-me-up, an energy bar is a fine choice, especially as an alternative to something like a doughnut, candybar or other nutritionally void item.

However, make sure you know what's in your energy bar. Check the fat grams and opt for one with total fat grams ac-

counting for less than 10% of the calories.

In addition, don't rely on energy bars as a replacement for a nutritional meal. They are meant to offer a healthy way to achieve quick energy, not a substitute for whole, fresh foods.

Some manufacturers have developed bars that address specific health concerns such as weight-management, muscle-mass-building and sports. Because of their convenience, price and nutritional elements, energy bars will continue to appeal to many. As with any other manufactured product, I urge you to read the label and be informed.

## Let Claude Thomas Help You Look Great for Spring!



Taking care of you is serious business... but we make it fun too.

**Claude Thomas** has the latest, innovative concepts in hair and fashion.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each print out.

Come in for a hair color change and receive a 20 % discount.

Now is the time to start thinking about open-toed shoes and sandals. **Claude Thomas** has a special on a manicure and pedicure package. This is regularly a \$45 value but, in the month of February, it is \$38.

Want something fun and different?

Then try nail art or nail charms! Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

Why not pamper yourself with a beneficial facial and/or a body wrap? **Claude Thomas** makes this easy by offering you a 20% discount this month. Also this month, we have a 10% discount on any waxing.

**Claude Thomas's** doesn't follow fashion... we create it!

## Barrington Eighth Graders to Get a Taste of the Real World

All 8th grade students at Barrington Middle School, Prairie Campus, will participate in "Welcome to the Real World," a career exploration and money management program distributed by the University of Illinois Extension Service on Friday, April 23 from 8:00 AM to 12:30 PM at the Prairie Campus. The program allows students to live their lives financially for one month at the age of 25. The program is sponsored by the Barrington Area Branch of the American Association of University Women (AAUW).

After selecting a career, the student gets

a monthly salary and must pay taxes; obtain living arrangements; get a car; buy food, clothing and entertainment; set aside something for a rainy day; and then have that rainy day happen. The student will subtract each expense from their salary, reassessing their decisions as necessary. Forty volunteers from the Barrington business community, as well as AAUW members, will run the "booths" where students will make their life decisions.

If you would like to volunteer to help at the event or would like more information, call 847-842-8452.

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## Claude Thomas Hair Design & Spa

*Claude Thomas specializes in  
repairing \$8 haircuts, nightmare hair  
color and botched-up nail work!*

Time to make a change but afraid  
of how you might look?

**Claude Thomas has the answer...**

**The virtual make-over.**

**See how you look in all kinds of styles.**

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← See Our Editorial For April Specials

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**MONDAY 1-9**  
**TUES-FRI 9-9**  
**SAT 9-5**

## Women to Learn About Good Health

As part of a series on health issues affecting women, the Junior League of Chicago and the Barrington Area Council of Aging will be presenting an informative lecture entitled "A Woman's Guide to Good Health—Learn the Key Questions to Ask Your Health Care Provider."

The speakers will include Dr. Patrick O'Leary, Cardiologist; Dr. Dona Kortas, Gastroenterologist; and Dr. Debra Gierut, Gynecologist. This preventative health care symposium will provide information to help perimenopausal women under-

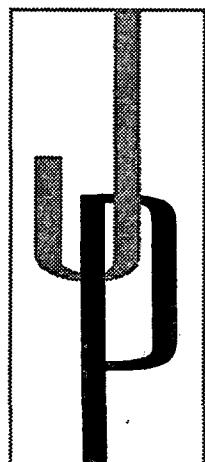
stand the important health issues facing them in the new millennium. Heart disease, colon cancer, osteoporosis and gynecological cancer screening and prevention are among the many topics to be discussed.

The program will be presented on Thursday, April 15 from 7 to 9 PM at the Barrington Area Public Library located at 505 North Northwest Highway in Barrington in the Library's Main Meeting Room on the first floor. Refreshments will be served.





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(Clock Tower Plaza—Next to Euro Fresh)

Salon Hours: Tues-Thurs 9-9, Fri 9-7, Sat 9-4

## International Etiquette Consultant Speaks to European Audience



**After the seminar, the attendees crowd around Ruth with still more questions.**

Ruth Kern, International Etiquette Consultant from North Barrington, recently spoke at a seminar in the Canary Islands. She spoke on Modern Etiquette at the convention of the company Beauty for All Seasons. This international company has over 5,000 reps around the world who sell fine cosmetics and skin care products. It also has a very sophisticated, computerized color system for determining the best colors an individual should wear.

This was the first convention that this

company held outside the United States and the great majority of reps who attended were from European countries including Russia, Latvia, Estonia, etc. Ms. Kern answered questions ranging from international etiquette to dress codes. The women, especially the eastern European women, seemed fascinated by all things American.

In addition to answering etiquette questions, Ruth set up a place setting to duplicate one which would have been

## Welcome to Spring!

Our Full Service Team at **Jon Paul** would like to be your Beauty Experts during the busy season of spring.

Brides, come in for a free consultation. Let us set up your beauty agenda and customize all the details for that special day. We'll help you organize a schedule for hair, nails and skin and body care. And we will provide a full make-up consultation.

Prom and graduation packages are available. We're now offering an Ultimate Pampering Prom Day; come in for this special up do, spa manicure and spa pedicure, and make-up application with a free lipstick.

We have a Mother's Day Special as well at **Jon Paul Hair Salon**. Indulge Mom with a specialized body treatment or full body massage, spa manicure and spa pedicure, facial or a "Sampler Package" designed specifically for Mom: ½ hour massage, ½ hour pampering facial and manicure. Mom will receive free samples of customized skin care products with any purchased package.

Gift Certificates can be purchased to suit any of your needs.

We would like to introduce our new Customized Body Treatments. Come in for one of our pampering, energizing or therapeutic treatments. We offer an "Aromatherapy Body Wrap" which rebal-

ances the system and calms and soothes the body and soul.

Herbology is a fine blend of essential oils, sprinkled with Chinese herbs. This treatment retextures, smoothes and exfoliates the skin. The herbs help the body's own natural processes and improve its physiological functioning.

Arctic Algae is a wrap that detoxifies and purifies the skin, energizes the system and softens skin texture. Our algae is 100% pure seaweed, harvested in the Arctic. It's a natural source of trace minerals, amino acids, vitamins and natural antioxidants.

We also offer a Rejuvenating Body Shaping Treatment which increases micro-circulation and regenerates tired, aching legs. All our treatments are customized to your body type and the needs of your system.

Come in and try one of our Pampering Facial Treatments. This is a perfect time to rehydrate dry winter skin. We offer a menu of Massage Treatments for your body needs. Massage is beneficial to eliminate stress from the system.

Bioelements has created a system of skin care, body care and make-up that can be freshly customized just for you.

Call **Jon Paul Hair Salon** for an appointment or free consultation today at **847-991-3600**.

## Home of the Sparrow's Palatine Activities

At the Home of the Sparrow's Palatine Advisory Committee meeting in March, major topics discussed were The Sparrow's Nest and fundraisers. Those attending were: Mayor Rita Mullins, Chairman Rita Canning, Marty Hanna, Laura Langley, Terry Leight, Debbie Luna, Linda Mikkelsen, Dan Pellettiere, Diane Pellettiere, Barb Richter and Pam Smith.

The Sparrow's Nest is a 3-month-old thrift shop that helps to support the women and children of the Palatine Home of the Sparrow residence. Located at 1818 W. Northwest Highway in Arlington Heights, it's across the street from the Race Track and next door to a McDonald's restaurant. If you have items for the thrift shop or would be willing to help out behind the counter, please call 847-705-6852. The Sparrow's Nest is open from 10 AM to 4 PM, Monday through Saturday, with the exception of Thursday when the hours are longer, until 8 PM. Donations are gratefully accepted Monday through Saturday from 10 AM to 3 PM.

On the horizon is the Harper College Women's Luncheon on April 24, which will benefit Harper College, Home of the Sparrow and other worthy organizations. Television anchor Mary Ann Childers is

the keynote speaker. Her topic is "Behind the Scenes of Television News in Chicago," promising an exciting talk. The event starts at 11 AM at the Cotillion located at 360 S. Creekside Dr. in Palatine. For reservations, (\$50), call Rita Canning at 847-359-1558 or Harper College Women's Program at 847-925-6558.

"Step Out With the Sparrow," the Second Annual Dinner Dance arranged by Cook County-based Palatine Partners, will be held on May 8 at the Arlington Park Hilton. For tickets or information, please call Co-Chairman Linda Mikkelsen at 847-991-1275 or Pam Smith at 847-202-5662. It'll be hard to top last year, but that's what they plan to do.

A charity golf event is in the works for September. More will be announced on that later, says Chairman Dan Pellettiere.

If you're interested in volunteering, the best way to start is to sign up for a Volunteer Orientation. This will take you through the residence on Oak Street in Palatine and help you learn about the program and different ways to get involved. Some of the orientations will be on Wednesday, April 14 and Thursday, April 15. Call Laura Langley at 847-705-6850 to register or for information.



typical of a first class place setting on the Titanic. At the end of the seminar, Ruth explained what each utensil, glass, etc. was and its use.

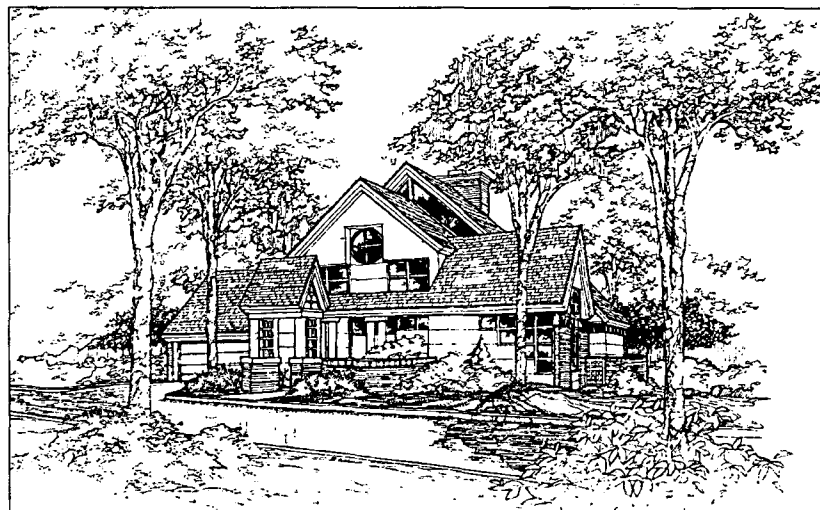
Ms. Kern had her video, *Modern American Dining and Entertaining Etiquette*, specially formatted to play on the European system. It was being shown just

before the seminar as she was getting ready to speak. Since many of the women were not fluent in English, translations in six different languages were being offered. Ruth states that she had to remember to speak slowly and distinctly enough so that the interpreters could understand her.

# BEAUTIFUL

## HOMES & GARDENS

### Special Seasonal Section



### Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

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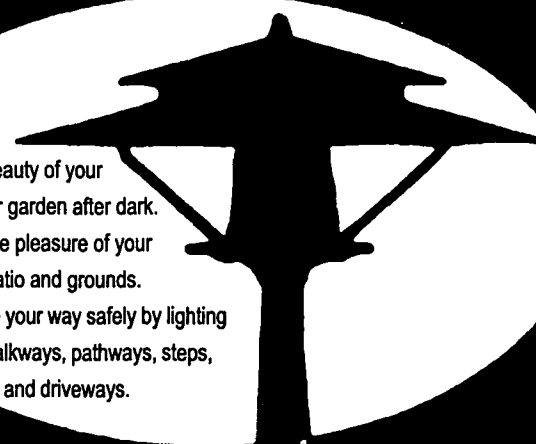
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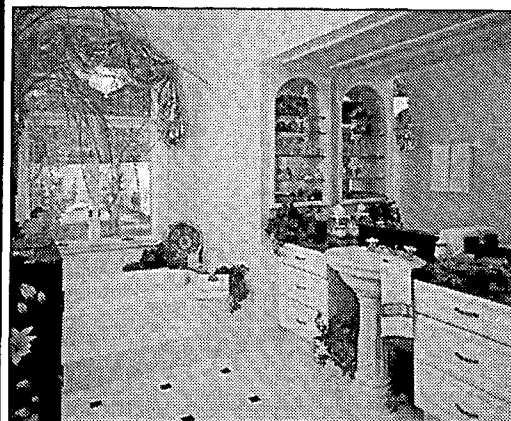
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### From One Great Year into Another...

According to the *Kitchen and Bath Business Magazine*, 1998 was a record year for the number of kitchen and bath remodeling jobs nationwide and 1999 is projected to bring 4.45 million kitchens and 7.11 million bathroom projects to a close as well.

Add this to the high quality designs, service and products the **Barrington Kitchen and Bath Studio** provides, and you can see why we are busier than ever and why we had to add another talented and experienced designer to our staff. We would like to welcome Kaye Hathaway to our team of professional designers. Kaye is a Certified Kitchen Designer with amazing creativity in her designs. She is a complement to the finest staff of designers in the area.

Along with a new year also comes new trends. The year 1999 will continue to stay with more natural woods and rubbed-on

finishes rather than the painted finishes we have seen in years past. Adding different molding combinations and changing the heights and depths of the cabinets, to give each design a look all its own, will also remain a hot trend. Ceramic tile is a very popular material for flooring as well as backsplashes. The wide variety of slate and natural stone looks seem to be endless; they have more warmth and depth than the clean white or high gloss marble looks—looks that were common a few years ago.

With all there is to offer in this new year, **Barrington Kitchen and Bath Studio** would like to make your future project a thing of the past. Our showroom is a great place to view design ideas and get expert advice from our designers.

We are located at 319 West Northwest Highway in Barrington, or call us to set up an appointment at **847-381-3084**.

### Mentor Training Offered in April '99

The Bridge Youth & Family Services seeks adult volunteers, called Youth Advocates, to mentor young people 7 to 15 years old. The one-to-one relationship focuses on self-esteem, friendship and problem solving skills. The pair meets weekly to have fun and build a trusting relationship.

Despite the many obstacles these children have to overcome, they do make progress in the program. The magic of the program is that the child knows the adult volunteer chooses to be in the relationship. The advocates believe they get more

from the program than they give, and this belief is relayed to the children who flourish. Unfortunately, the number of boys waiting to be matched exceeds the number of male volunteers willing to make the commitment to be advocates. While waiting to be matched—sometimes a year or more—the children attend monthly groups activities organized by The Bridge.

Spring training begins April 26 from 6 to 9 PM. To make a difference in a child's life, call Lisa Hanson-Braun at The Bridge at 847-359-7490.



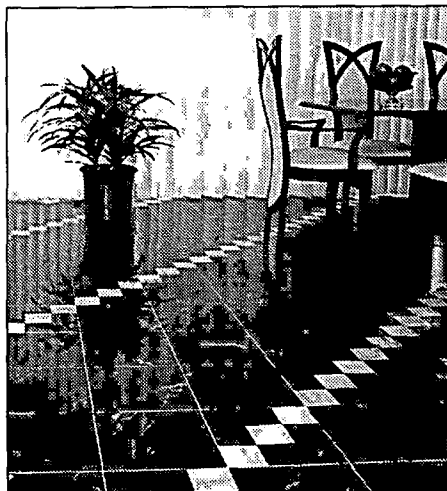
## Euro Tile and Stone, Inc.—New Name & New Management, The Best Selection

**Euro Tile and Stone, Inc.**, located at 775 West Main Street in Lake Zurich, is celebrating its 12th year of service by increasing its already large inventory of ceramic tile and stone. We specialize in the sales and installation of ceramic, porcelain, marble, granite and all types of natural stone, as well as the fabrication of counters, vanity tops and fireplaces.

At **Euro Tile and Stone**, we take the time to know and understand our clientele. Our clients recognize excellent quality and workmanship when they see it. Therefore, we must pick the best and finest materials from all over the world, whether it be ceramic or stone.

Whether it be a kitchen backsplash and granite countertops or a complete new bathroom, **Euro Tile and Stone** is the only resource you will need.

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at competitive prices, stop in our showroom or call us for a free estimate at **847-438-3838**.

## What is "Custom" Residential Architecture?

We see this word "custom" on everything lately. What does "semi-custom" mean? Why do some people think that anything made custom is only for the wealthy?

"As residential architects, we are constantly asked to define and dispel the myths associated with this word," says John C. Cazzetta, of **Kemper Cazzetta, Ltd., Architects** in Barrington.

The definition of the word "custom" as it relates to residential architecture is actually quite simple. A true custom design is something that is solely created by the architect from the specifications and desires of the client. For example, a traditional colonial can be designed as a custom plan. A custom plan is never repeated or sold to other clients, and the architect and homeowner maintain the only originals.

Anything short of this definition is NOT a custom design. Plans that already exist which are revised by the architect per the owners or builder's program is a "customized plan." "Semi-custom" is when a



builder offers model plans and the homeowner selects "a la carte" upgrades to the plan.

The biggest myth of custom residential architecture is the expense. "We have many clients who want a simple plan and have a limited budget, but do not want to choose from 'Plans A through F.'" They want their housing dollars to be utilized to the fullest potential.

If you wish to discuss a custom design with us or customize an existing plan that you have, please call Principals Cheryl Ferguson and John C. Cazzetta at **Kemper Cazzetta, Ltd., Architects** at 382-8322.

## Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed plan.

Master planning is simply defined as the areas of a yard that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc. then a budget plan can be created.

The homeowner will then be able to utilize their plan for years in the future,



installing each segment of the plan as it relates to their budget and use of space.


To learn more about Master Planning and our firm, **Bonner Codd Associates**, please contact principals Cheryl Ferguson and John C. Cazzetta, Landscape Architect, at **847-382-4838**. We look forward to hearing from you.



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## "Looking Through the Lens"

The Barrington Area Arts Council's (BAAC) Gallery at the Library exhibit for April is entitled "Looking Through The Lens." The exhibit features the photographs of R. Emile Huber, a resident of Barrington, IL.

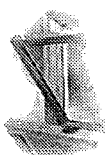
Mr. Huber's interest in photography began in 1937. His early army training as a combat photographer was an excellent basis for future work in commercial and fine art photography. In 1979, after a 24 year hiatus, he expanded his fine art activities to include art fairs, gallery exhibits and one-person shows

Huber produces silver gelatin, black and white and C-41 color prints. Subjects are chosen based on his interest in nature and the outdoors. Huber's goal is to select a specific landscape area; then interpret and isolate a moment of time that a viewer will want to browse, inspect and become a part of.

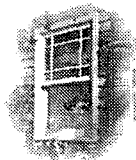
"Looking Through the Lens" is on view at the Barrington Area Library located at 505 N. NW Highway in Barrington through April 30, 1999 during regular library hours. For more information, call the BAAC Gallery at 847-382-5626.



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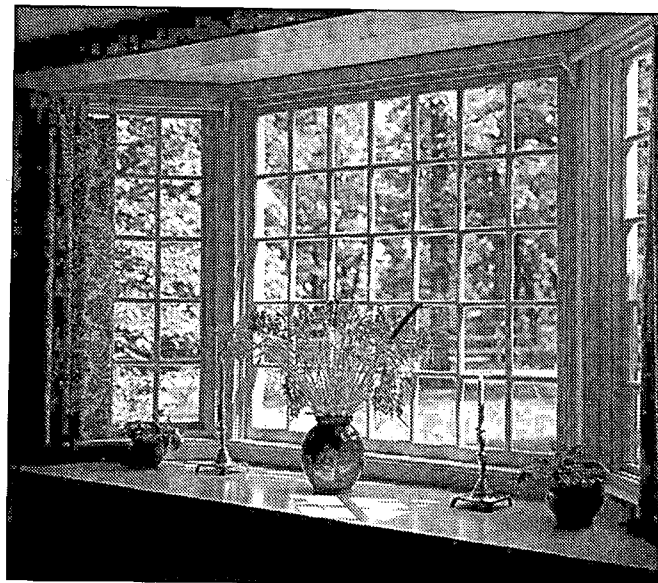
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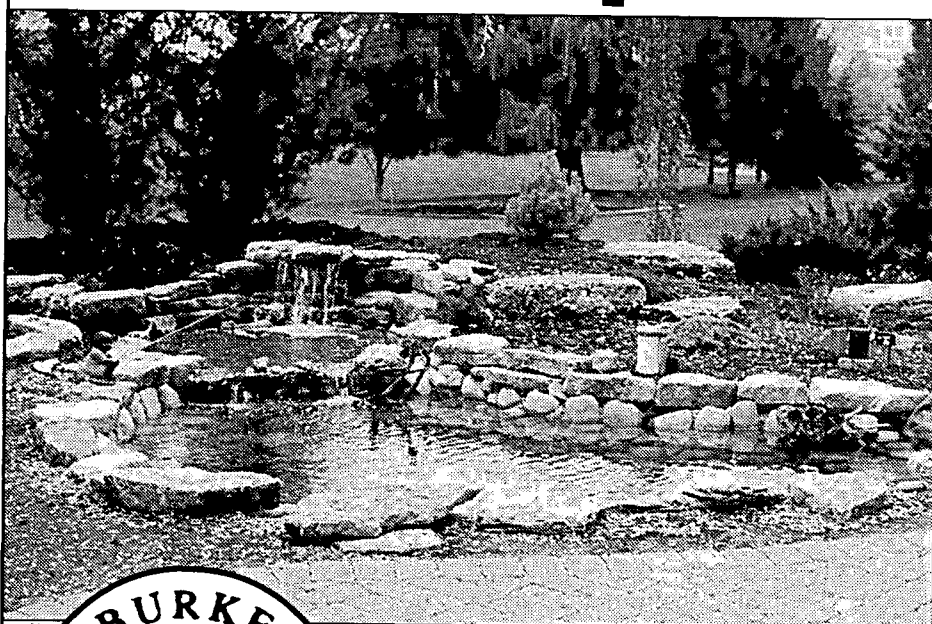
If you're planning to build a new house, add an addition to an existing home or simply replace a window or patio door, **Blue Ribbon Millwork** and **Marvin Windows** have the answer for you.

With a showroom full of Marvin window and patio door displays, the knowledgeable sales staff at **Blue Ribbon Millwork** can lead you through the vast amounts of options available to you. Marvin windows are aluminum clad and come in five standard colors with special colors available. All windows and doors are custom made just for you. With so many options on colors, glass, grilles and hardware, Marvin has the door or window for your project.

Looking for a new front door? Whether you're looking for steel, fiberglass or wood, **Blue Ribbon Millwork** can help you find the perfect one. Therma Tru Classic Craft fiberglass doors, Pease and Peachtree steel doors and Simpson wood doors are just some of the options.

Considering new kitchen or bath cabinet this year? **Blue Ribbon Millwork** offers Butch and Legacy cabinets for your home. These all wood cabinets offer a variety of door styles and colors to choose from. They offer excellent quality at an affordable price. **Blue Ribbon** offers free estimates and computer drawings to help you select your cabinet look.

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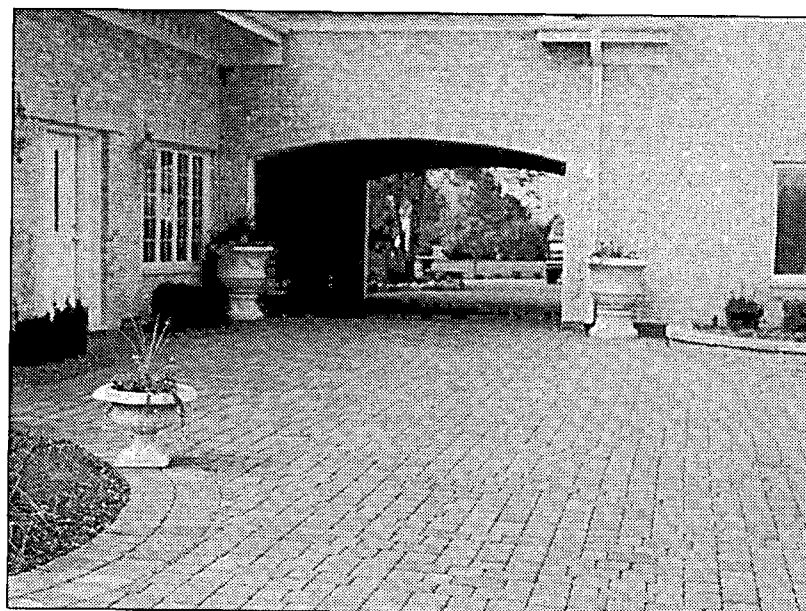
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## Spruce Up Your Home for Spring— With Quality Furniture and Flooring!

As the weather warms and you breathe the fresh air of spring, why not give your home a boost too... with quality furnishings from **Mayfair Carpet & Furniture**!

Aside from an endless array of unique accessories and flooring options, **Mayfair** has the finest selection of quality furniture including Berne, a top furniture maker with a lifetime construction guarantee.

Looking for a new sofa or loveseat? With more than 450 styles and 1,000 distinctive fabrics to choose from, you're bound to find a perfect fit for your individual style and decor.

Berne has been manufacturing fine custom upholstered furniture for more than 67 years, and assures a lifetime of enjoyment in its lasting design and beauty.

Each fabric is cut, matched and fit with meticulous skill by experienced tailors, and each sofa and loveseat is designed to fit any desired floor plan.

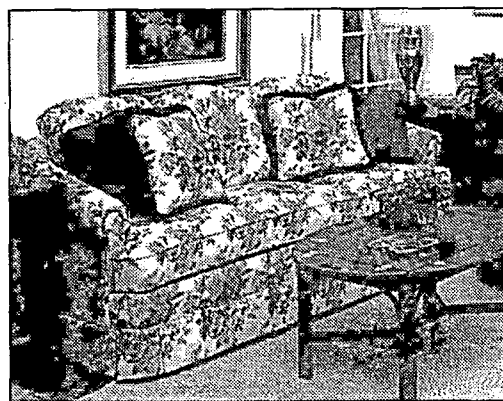


And there's still more at **Mayfair**, including furniture from other top makers such as Bernhardt, Hooker, Bob Timberlake, Lexington and Leeazanne. And a full-service flooring department is at your service, with a broad range of choices, including carpet, wood, vinyl, marble, ceramic and Pergo.

So while you're sprucing up this spring, be sure to stop by the **Mayfair** showroom to find quality items at affordable prices. We're your one-stop shop, conveniently located on Main Street just south of Route 14 and west of Route 31 in Crystal Lake.

The showroom hours are Monday through Thursday from 9 AM to 8 PM, Friday and Saturday from 9 AM to 5 PM and Sunday from 11 AM to 4 PM.

**Mayfair Carpet & Furniture**—  
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## Spring is a Blooming Good Time for Interior Painting and Decorating!



**Bill Schafer—President**

Spring is here, and the daffodils and tulips are springing up all over to prove it. After the house has been closed up all winter, the spring cleaning starts. As you're cleaning the curtains, blinds and windows, you start to notice the living room needs to be repainted. Then you notice that the rest of the house really needs redecorating.

With the kids and dogs running around the house, those marks just don't seem to wipe off anymore, not to mention those little dings in the walls that just seem to happen. With the weather starting to turn warm, who wants to spend their time inside the house painting? Let **Schafer Builders Inc.** do the work for you, and you can spend your time doing something more fun with your family like going to the zoo, soccer, baseball or playing Nintendo.

We take the time to prepare your home, from the moving and covering of furniture, masking off trim, protecting floors with drop cloths, and, when the day is done,



**Joe Schafer—Vice President**

daily clean-up of your home. We will repair the dings in the walls, cracks in the ceiling, kill the water stains and use only the highest quality primer and paint in any finish and color you can imagine.

If you're tired of basic white walls, why not pick a color that's warm and inviting and easy to clean? Add texture to the walls and a personal touch to your home with a faux, rag roll or sponge treatment. Or maybe wallpaper is more your style! New wallpaper and border can give a room a whole new look and feel. Add a chair rail or crown moulding and the look is complete.

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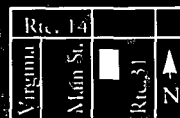
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## Hearts for the Homeless



Pictured with Honored Guest Francis Cardinal George, OMI, are Dr. James Nuzzo (back) with his children (from left): Jenelle from Oak Park, and Mathea and Frank from South Barrington. The benefit was dedicated to the memory of Stephanie Nuzzo, a loyal and compassionate volunteer for Hearts for the Homeless, a woman who always put others' needs before her own.

The 10th Hearts for the Homeless Dinner Auction to benefit the Families in Transition Program took place on Sunday afternoon, February 21 at the Cotillion in Palatine. This gala is the major fundraising event for The Catholic Charities' Northwest Suburban Shelters based in the Northwest Suburbs. This year, the event netted well over \$73,000.

All proceeds from this benefit are used to support the Catholic Charities' Northwest Suburban Families in Transition

Shelter program which places homeless families with children in apartments to stabilize their lives while they receive employment and education support. This service is just one of the Catholic Charities' northwest suburban programs which help people in a compassionate, professional manner, regardless of religious, racial, national or economic backgrounds. Ninety-eight percent of Hearts for the Homeless' contributions goes directly into the service program.

## Elementary Gifted Art Show

The Annual Elementary Gifted Art Show will be held in the Barrington High School Art Gallery and auditorium lobby from March 31 to April 16.

Everyone is invited to an opening reception from 7:00 to 8:00 PM on Tuesday April 6. Barrington school district students from gifted art classes, grades 1 through

8, will have an opportunity to see their work on display weekdays from 7:30 AM to 3:00 PM when school is in session.

The show will also be open from 7:00 to 9:00 PM on April 9, 10 and 14 and from 2:00 to 4:00 PM on Sunday, April 11.

For additional information, please call 842-3214.

## "Be Our Guest" Luncheon

A luncheon is being planned by the Northwest Suburban Christian Women's Club. Everyone is invited to the luncheon on April 15, 1999. Joanne Bielenda from Galena will tell us all about running a bed and breakfast. Music will be provided by college student Lisa Lutzer. The rest of the festivities will be provided by speaker Pam Thompson, mother of three, from

Davenport, Iowa.

The luncheon will be held on Thursday, April 15 from noon to 2 PM at Concorde Banquets on Rand Road (just north of Quentin in Kildeer). The cost is \$10 and there will be free baby-sitting for pre-schoolers. Call Ginny at 382-1202 for reservations and information. Reservations should be honored by you or a friend.

## Caregiver Program

The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend the following Caregiver Program to be held at the Barrington Library, 505 N. Northwest Highway from 7 to 9 PM.

Tuesday, April 27, "Alternative Health Therapies"—A panel of four experts will discuss alternative health therapies. Dr. Eric Hwang will discuss acupuncture and herbal remedies; Dr. Jason Van Ness will

cover chiropractics, spinal health and massage therapy; JoAnn Todd, Nutrition/Wellness Educator with the Cooperative Extension Service, will explore reasons to use or not to use vitamin, mineral and other food supplements; and Aromatherapist Cathy Bargaenquast will discuss enhancing wellness through scent.

For more information or to register for the program, call BACOA at 847-381-5030.

## BHS Art Gallery

The Clair E. Smith Art Gallery in Barrington High School is spotlighting the work of BHS senior students from the Advanced Placement art program. Students are chosen for the "AP" class through a portfolio audition process. Mr. Blake

Mueller is the Advanced Placement Art Instructor. You are invited to an opening reception for this exhibit on Thursday, April 22 from 7 to 9 PM.

For additional information, please call 842-3214.

## Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

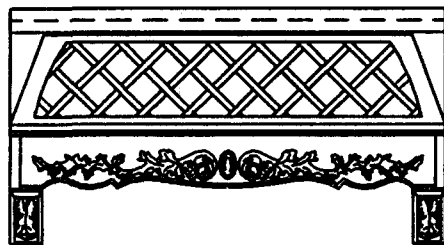
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

### Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian, Colonial, French Chateau, Prairie School, Eclectic or any other style, our people have the background and experience to fit the kitchen



Scale= 1/2"=1'-0"

Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

### Come See Us

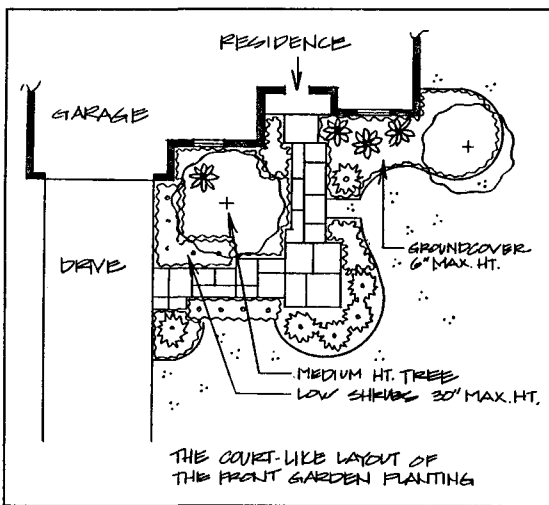
**McCauley Design** is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at 381-2742.

## Your Personal Landscape II— The Front Garden Planting

In our previous article, we discussed the importance of the entry walk. The same principles discussed there are true for the front planting. The planting of the front garden should compliment and enhance the architecture, and lead your eye to the front door.

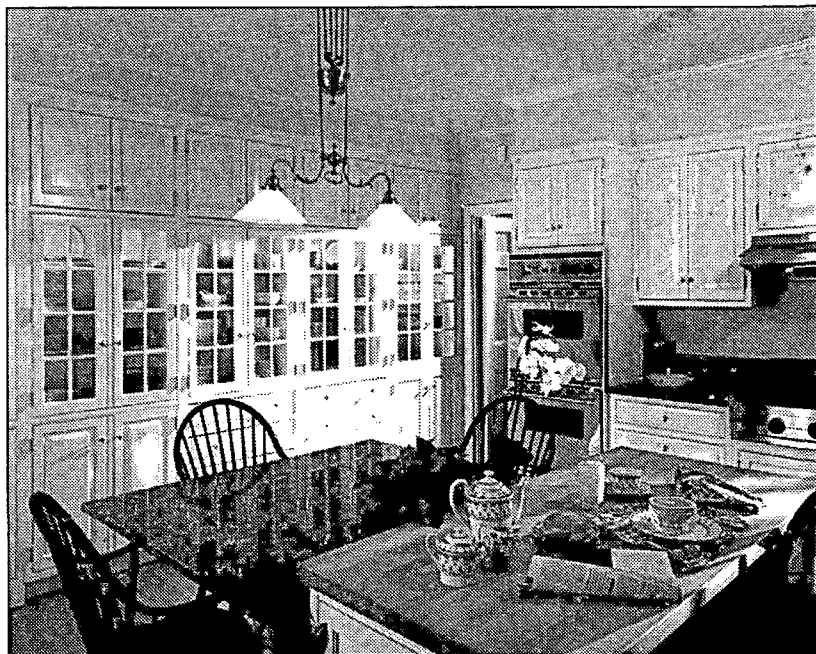
The scale of the plant material utilized around the entrance walk and home is one of the most important aspects of planting design. We have all seen residences where the selected plants have grown above windows or over doors and generally obscured the home from sight. The majority of plants used in the front garden should maintain a low profile, growing anywhere from six inches (6") to thirty inches (30"). As these plants mass together, (as opposed to a series of individually trimmed geometric shapes), they provide a unified appearance that compliments the home. Another advantage to using smaller scale plants that mass together is the reduction of pruning and maintenance.

Avoid the common practice of planting visually strong plants such as those that



are predominately yellow, red, variegated, have contorted branching, etc. Many of these plants, in addition to being short-lived, are visually distracting as opposed to complimentary. It is difficult to find the entrance through all of this type of commotion. If you love these types of plants, then plant them away from the public side of the home.

In our next article, we will discuss the importance of screen planting for privacy for the front garden.

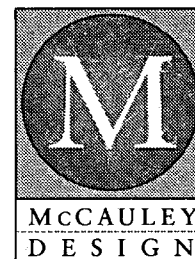


*Each and every McCauley Design project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.*

*No two projects are ever the same.*

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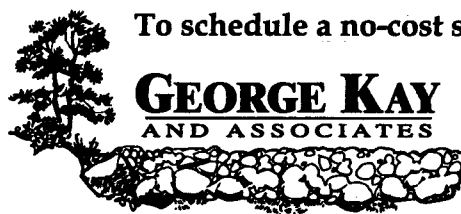
—Forbes Magazine



## Landscape Design & Construction A View from Outside

The rewards of planning your landscape are many: the well-placed walk that complements the architecture, trees properly placed to effect summer shade and allow the warmth of the sun through when the leaves have fallen, the softening of a roofline or bold wall, and specific plants arranged to assure unification of the house to their surroundings. Walking through and viewing an attractive landscape prepares one for the day.

To schedule a no-cost site consultation, call 232-6890.

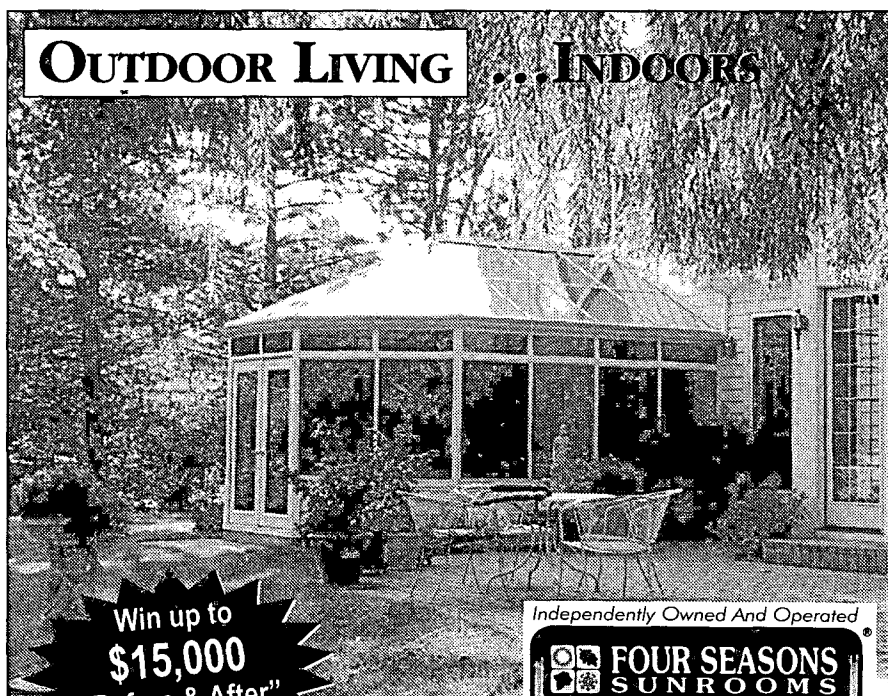


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## Local Food Pantry Benefits from \$3 Million Raised by US Rotary Clubs

Thanks to local Rotarians and Rhode Island philanthropist Alan Shawn Feinstein, the Barrington Food Pantry recently received a share of more than \$3 million raised as a result of Mr. Feinstein's challenge to US Rotary Clubs. Mr. Feinstein offered to match, up to \$1 million, all funds donated by Rotary clubs to food banks, food pantries and soup kitchens.

According to the terms of the challenge, all funds donated by Rotary Clubs between October 16, 1998 (World Hunger Day) and October 31, 1998 would be matched up to \$1 million. If more than \$1 million dollars was raised, challenge funds were to be divided proportionally amongst all beneficiaries. If Rotarians failed to raise \$1 million, no funds would be donated. Beneficiaries had to be 501(c)(3) food providers.

Rotary clubs throughout the country raised a total of \$2,011,811.70 during this 2-week period. To this was added the \$1 million dollars from the Feinstein foundation. The Barrington Rotary Club donated \$1,770 to the Barrington Church Women United Food Pantry and this was matched by an additional \$879 from the Feinstein Foundation. A check was recently given to Mary Anderson who received the money on behalf of the food pantry.

A staunch advocate for the alleviation of hunger, Alan Shawn Feinstein is the founder of the Youth World Hunger Brigade, the Institute of Public Service at Providence College, the Hunger Program

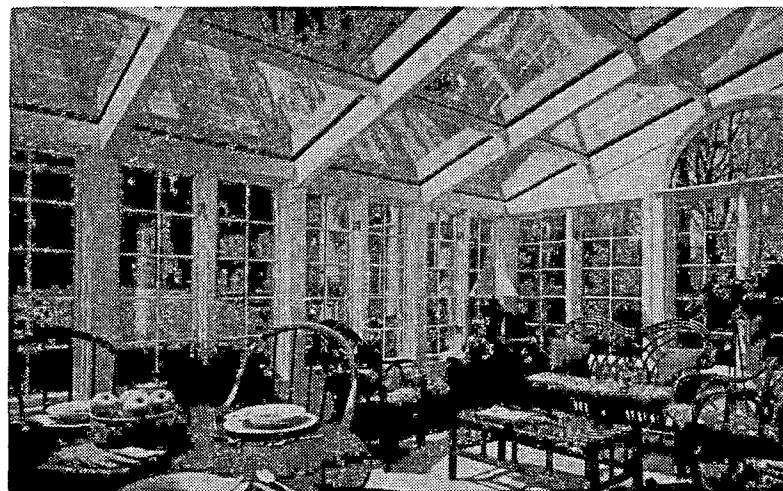
at Brown University and the Feinstein International Famine Center at Tufts University. He also heads the Feinstein Foundation, which supports many hunger-related and educational causes. This challenge to US Rotary Clubs was Mr. Feinstein's second million dollar challenge in 1998 to help fight hunger. His first challenge, issued to food providers in February 1998, brought in a total of \$33 million. Although not a Rotarian himself, Mr. Feinstein has expressed his admiration for Rotary's humanitarian work, particularly the organization's efforts to alleviate hunger throughout the world.

Earlier in February, 1999, Feinstein issued his third challenge in the battle against hunger. He has pledged to match all donations made during the month of March, up to \$1 million, to all nonprofit agencies nationwide fighting hunger anywhere. Feinstein is asking other philanthropists to add to that \$1 million.

Rotary International is a service organization of more than one million members in 158 countries around the world. The international headquarters of Rotary International is in Evanston, IL. The Barrington Rotary Club, established in 1960, is actively involved in a variety of local and international service projects, including projects in community service, international service and vocational service.

The Barrington Food Pantry serves people in the Barrington School District. Clients are referred by church pastors and

## An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

**Armcor Design & Build** craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations.

New MC<sup>2</sup> glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

**Armcor Design & Build** will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC<sup>2</sup> glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 277-9880.

## Mardi Gras Themed Dinner Dance Brings The Bridge to the Bayou



Carolyn Dessimoz and Jeff Boundy, both from Barrington, received plaques thanking them for their contributions as co-chairs of "Bridge on the Bayou," the dinner dance gala benefiting The Bridge Youth and Family Services of Palatine. Becky Brooks (right), Chairperson of The Bridge Board of Directors, presented the plaques with the help of Jawad Koradia (far left), a member of The Bridge Youth

Council who, in keeping with the evening's Mardi Gras theme, dressed in costume. The Voyager Orchestra under the direction of Rob Curtis (in the background) provided the evening's music. The March 6 gala at the Woodfield Hyatt Regency raised over \$106,000 for The Bridge, which offers counseling and prevention programs for youth and their families.

members, social and government agencies and by friends. Requests for funds for emergency needs are also considered. In addition to providing food and gift certificates for fresh food throughout the year,

the Food Pantry co-sponsors Barrington Giving Day with the Salvation Army; on this one day in December each year, more than 300 area families receive food, used clothing and Christmas gifts.



## We Make House Calls!

Thinking about spring cleaning? Kevin Gray, owner of **Brite Blind Cleaners** in Wauconda, has the perfect answer for cleaning your dirty vertical blinds, venetians, pleats and duettes.

Kevin operates an on-site, ultrasonic blind-cleaning service, bringing his cleaning equipment to the client's home or business. The equipment cleans blinds much like a jeweler cleans jewelry—through sound waves.

Kevin removes the shade, then washes it with the equipment in his truck. When the blind is dry, he reinstalls it. Kevin is able to clean both metal and fabric blinds and shades. The charge is about \$10 per blind with a discount for a larger number of windows.

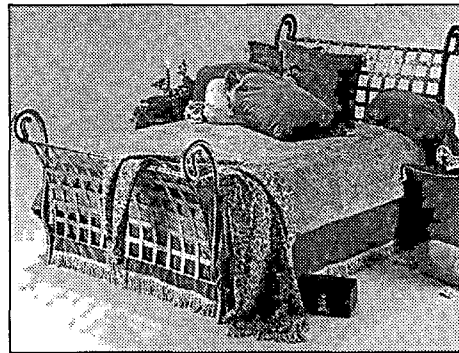
Having recently moved from Barrington to Wauconda, Kevin has been in business since 1990. **Brite Blind Cleaners** can be reached at 847-526-0697.

## Up to 60% OFF Inventory Clearance Sale

From fine furniture, framed artwork and unique accessories to interesting soaps and candles, you can save big during our annual inventory clearance. Beautiful pieces from Leeazanne Lamps, Lexington, Cox Upholstery, Dauphine Mirrors and many more are being offered at fabulous savings throughout the month of April to make room for all of the new and wonderful merchandise **Decorating Connections** has brought in!

**Decorating Connections** unites interior design expertise with a vast array of decor resources to provide you with the utmost in design services. The talented interior design staff at **Decorating Connections** can make decorating an easy and enjoyable experience for you! Call, or come in and schedule an in-home consultation with one of our designers today.

If you are looking for interior design,



commercial design, furniture, artwork, lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Route 59 and Kelsey Road.

## The Carpet Mart—Spring Sale

**The Carpet Mart**, (Tim's Carpet and Tile, Inc.), is conveniently located in the Deerpath Court Shopping Center in Lake Zurich.

With over 15 years of experience in the flooring industry, owner Tim Murphy services the needs of residential and commercial clients in the Chicagoland area. **The Carpet Mart** offers a complete variety of quality flooring products and services at competitive prices. Whether you are in the market for carpet, area rugs, hardwood flooring, ceramic tile, sheet vinyl or discounted remnants, **The Carpet Mart** is your one-stop-shop.

We invite you to browse through our beautiful showroom, or allow a member of our friendly qualified personnel to come to your home or office to assist with

your flooring selection.

### Why Shop The Carpet Mart?

- Top quality merchandise from brand name manufacturers at great values
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- Highly professional, experienced and knowledgeable staff
- Compare our "base" rebonded pad to the competitor's base pad
- No high pressure sales
- No hidden charges
- **FREE** convenient measuring service in your home or business
- **Lifetime Quality Guarantee on all Carpet Installations**
- We will **Meet-or-Beat** all prices
- Professional experienced installers

## Lakeside Moms and Tots Makes Donations to Community

Lakeside Moms and Tots is more than just a social group. Following their 1998 community service projects, the organization donated money, clothes, food and toys to several local groups.

"We had a successful year thanks to the generosity and efforts of many Moms and Tots members," said Mary Beth Singel, vice president. "We made donations to the children's department at the Elia Library, to the pediatric unit at Good Shepherd Hospital, as well as food and clothes to the St. Francis pantry and toys for the local Toys for Tots drive. We are pleased to be able to give back to the community."

Lakeside Moms and Tots has been an established community group for more than 10 years. It started as a group of mothers who began meeting regularly to

establish new friendships and find playmates for their children. The group has now grown to over 100 members and includes mothers and fathers, caregivers and children in the Lake Zurich and surrounding communities of Barrington, Hawthorn Woods, Vernon Hills, Mundelein, Deer Park, Wauconda and Kildeer. A monthly newsletter and calendar is provided to each member detailing the planned activities.

For more information about joining Lakeside Moms and Tots, call Suzanne at 438-4415 or Nancy at 438-3102.

### Lakeside Moms and Tots Events for April 1999

April 6, 9:30 AM, nursery rhyme time at Barrington Library; April 7, 9:30 AM, new member breakfast at Quigs in Mundelein;

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## AARP Income Tax Assistance

The Barrington Area Council on Aging, Inc. (BACOA) is once again coordinating AARP Tax Assistance for low-to-medium income seniors on Wednesdays through April 14. The tax assistance will be pro-

vided at the BACOA office located at 301 East Main Street, Suite 111 in Barrington by appointment only.

For more information or to make an appointment, please call 847-381-5030.

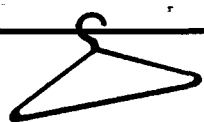
April 8, 10:00 AM, tour of Petland, Arlington Heights; April 9, 11:00 AM, open gym at Wauconda Parks and Recreation Department; April 11, 5:30 PM, family night at Pasta Makers in Lake Zurich; April 12, 8:15 PM, mom's night out at the movies, Lake Zurich theater; April 13, 11:00 AM, Leap 'n Lizards, Crystal Lake; April 14, 11:30 AM, storytime at Elia Library; April 16, 1:00 PM, kid's day at the movies, Lake Zurich theater; April 19, 9:00 AM, Child's

Play, Buffalo Grove; April 21, 11 AM, park play day, Paulus Park, Lake Zurich; April 22, 10:30 AM, Sesame Street Live, Rosemont; April 23, 10:00 AM, US Gymnastics Training Center, Lake Zurich; April 26, 10:30 AM, park day at Old Mill Grove Park, Lake Zurich; April 27, 7:00 PM, mom's night out at Chessies' in Barrington; April 29, 4:00 PM, walking at Cuba Marsh; and April 30, 10:30 AM, Sunshine Crafts in Wheeling.

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## Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring Closet Masters custom designed closet and storage components to your home, Closet Masters can increase the investment value of your existing closets and storage spaces while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use Closet Masters' custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

**Closet Masters. Your Local Closet Professionals.**

## Children's Choir Prepares for Austria Tour



The Barrington Children's Choir performs their annual Spring Concert on Sunday, May 23 at 3 PM at the Barrington High School Auditorium. The school is located at 16 West Main Street in Barrington. For ticket sales and information, call 847-381-6607.

The Barrington Children's Choir recently dined at Fritzl's Country Inn, Restaurant and Pub in Lake Zurich as part of their cultural preparation for this summer's tour of Austria and Hungary.

Representing the State of Illinois in the "American Celebration of Music in Austria," the choir will perform in Austria's four imperial cities—Vienna, Salzburg, Graz and Innsbruck—from June 12 through June 25. The choir will finish their tour in Budapest, Hungary.

Learning the music is only a part of the touring experience. Forty members of the choir, and the parent chaperones who are traveling to Austria and Hungary, partici-

pate in a series of meetings and events to learn about culture and customs.

In 1997, The Barrington Children's Choir toured throughout Great Britain in London, Oxford, Stratford-on-Avon and the famous Canterbury Cathedral. In preparation for that tour, they had a nutritionist teach them about English cuisine and how to eat properly when traveling overseas.

The choir is extensively involved in the preparation of their music for the tour and their annual spring concert under the direction of Founding Director Peggy Crawford, a nationally recognized teacher and conductor of children's voices.

## "Volunteering Through the Ages"

Julie Zuidema, the new Executive Director of The Volunteer Center of Greater Barrington will present "Volunteering Through the Ages" on Monday, April 19 at the monthly meeting of the Barrington Area Branch of the American Association

of University Women (AAUW) at 7 PM in the Barrington Area Library.

AAUW, founded in 1881, promotes equality for all women and girls, life-long education and positive societal change. For more information, call 847-382-1210.



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## Citizens for Conservation 3rd Annual Native Plant Sale

Citizens for Conservation will hold its third annual native plant sale on Saturday, May 1 from 9 AM to noon.

A large selection of hardy plants will be available including perennial wildflowers, prairie grasses, sedges and native shrubs.

A free seminar titled "Home Landscaping with Native Plants" will be held at 10 AM. Experts will be on hand to answer your questions. Free handouts will be available to help you create the gardens and native landscapes you desire, whether you have shady woodlands, full sun or wetland areas.

There are numerous advantages to planting a native landscape, including the following:

- Once established, native plants tend to thrive and do not require as much water, chemicals or maintenance. And they are resistant to many pests.

- Native plants are beautiful, distinctive, hardy and benefit the environment.

- Native plants act like a magnet for songbirds, butterflies, insects and other wildlife.

- Native plants have extensive root systems which allow the plants to better tolerate droughts. And their deep roots also slow rain water runoff and help prevent soil erosion.

All proceeds from this sale will be used to support CFC's mission of "saving living space for living things through protection, restoration and stewardship of land, conservation of natural resources and education."

The plant sale will be held at CFC's headquarters at 211 N. Ela Road in Barrington, located north of Lake Cook Road and south of Cuba Road on the east side of the street.

## How Do I Work with a Kitchen Designer?

You've decided that the time has finally come to remodel your kitchen. You're facing a multitude of decisions to make your dream kitchen become a reality. What wood, style and finish do I want for my new cabinetry? Should I choose a free-standing range or a built-in model? Would I like solid surface or laminate for the countertop?

You know you should contact a kitchen designer but you're not sure how to work with one. Many potential remodelers have questions about the role of a designer, according to Star Norini-Johnson, CKD, ASID, owner of **Distinctive Kitchen Designs, Inc.** in Wauconda IL. Her answers to some of the most common questions might help you in achieving your dream kitchen.

1) Will a designer try to sell me what I don't really need? "Most good designers won't oversell. They'll try to make you aware of the options available to you," Norini-Johnson says. And there will be more than you may realize: cabinets packed with ingenious storage aids; new labor-saving, high-tech appliances; and a broad range of revolutionary countertop materials, just for openers. "Your designer should present different ideas to help you make the right decisions."

2) Suppose my designer won't do what I want? "When a designer disagrees with what you want, the professional designer will usually discuss the pros and cons of the issue," says Norini-Johnson. "Perhaps the designer is concerned about a safety issue, such as proper clearances. However, it's your money and you have the final decision. If, on the other hand, you feel that the designer is not interpreting your needs or ideas, it may be a good idea to look for another professional to assist you."

3) Why does the designer need to know how much I want to spend? The obvious answer, according to Norini-

Johnson, is so you won't end up with an elaborate commercial-type installation if you're interested in a simple, family kitchen. The designer also has to know your family's special needs. What about a baking center or a snack counter for toddlers? Or an island with a vegetable sink to allow more than one person to participate in food preparation? A good designer is usually very practical and should make recommendations as to which cabinets or finishing materials may best maximize your budget.

4) If I use a designer, how can I be sure what my kitchen will look like? "Only a few clients can visualize what their kitchen will look like from a floor plan. As a rule, I will often draw a perspective rendering of the finished kitchen. If you are not certain, or do not understand any element of the design, be sure to ask the designer to clarify the design concepts before placing the order for cabinets or other materials."

5) Will my kitchen cost more if I use a designer? "Quite often, the very opposite is true," says Norini-Johnson. "As mentioned before, designers can usually maximize the client's budget and avoid costly mistakes. However, don't be surprised if the designer has the policy of asking for a retainer at some point prior to your commitment for a purchase. After all, our time is valuable too, and we all have to make a living. The retainer usually covers the drawing and design time that the designer will invest prior to your ordering the kitchen. The retainer can usually be applied as part of the deposit for the order. It is a good idea to ask the designer about the billing policy during the first interview."

For a free brochure showing cabinet styles and special features, call or write to **Distinctive Kitchen Designs, Inc.** at 201A S. Main Street, Wauconda, IL 60084, 847-526-7822.

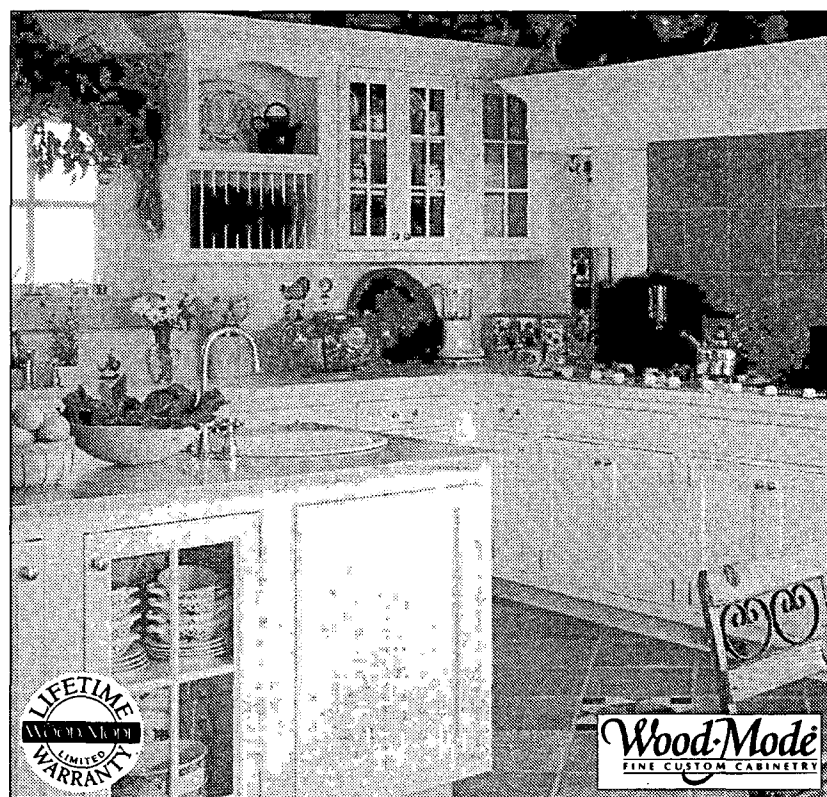
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(847) 526-7822 Monday-Friday 9:30-5, Saturday 9:30-1

## Green Thumbs

The Green Thumbs Garden Club will present a demonstration on creative flower arranging by Judith Schafernak. Ms. Schafernak, who is a master flower show judge, will explain to the club the revised rules in the latest edition of *Handbook for Flower Shows* which is published by the National Council of State Garden

Clubs. Her fresh flower designs will reflect the newest trends in flower arranging. The meeting will be held on Monday, April 12 at the Barrington Area Library at 505 N. Northwest Highway at 12:30 PM. Guests interested in membership are welcome. For additional information, please call 847-381-5358.

## The Welcome Wagon Club News

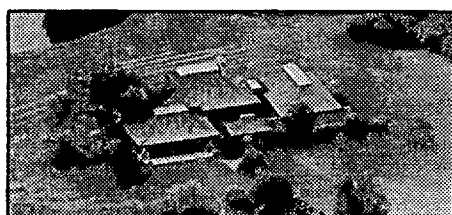
The Welcome Wagon Club of Palatka has a coffee for prospective members every month. Coffees are held in members' homes and refreshments are provided. Our April coffee will be held at 10:30 AM on Tuesday, April 20. Please call Arleen at 847-776-6228 or Pam at 847-202-5662

for additional information.

Tuesday, April 13, we will learn how to create beautiful and unusual topiary animals for our gardens, as demonstrated by Thomson Topiaries. This luncheon will be held at a local restaurant. Call Carlee at 847-358-5778 or Helen at 847-776-3958.







**Barrington Hills \$1,700,000**  
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**North Barrington \$1,275,000**  
Brick Georgian in Wynstone w/ California flair. Master bedroom w/ fireplace & sitting room. 2-story FR, full finished walkout lower level... gazebo & pond.  
Sheri Wheeler 847/465-2290



**Barrington Hills \$1,100,000**  
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.  
Meg Cleavenger & Barb Wessberg 847/465-2259



**North Barrington \$1,050,000**  
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen pillars, 4/5 BR, bonus room. You will fall in love!  
Sheri Wheeler 847/465-2290



**Barrington \$929,000**  
Classic beauty w/ 5 bedrooms and 5.1 baths, 4 fireplaces. Walkout lower level to pool and spa. Features extensive media area. Very private.  
John Nemz 847/465-2289



**North Barrington \$890,000**  
Private & wooded—located in gated country club community. 1st floor master suite. Sunken LR & library, kit opens to 2-story FR w/ outstanding 3-sided fireplace.  
Nancy Herr 847/465-2267



**Barrington Hills \$850,000**  
Custom split level home on 7+ acres. 4 bedrooms, 4 baths, study, rec room, wine cellar, sunroom, huge deck w/ hot tub. 2 garages for 6 cars, + huge storage building.  
Margaret Semrad 847/465-2250



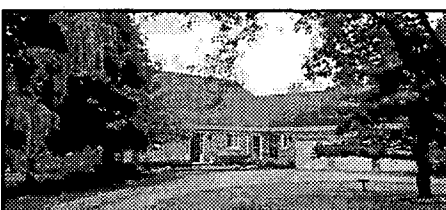
**Barrington Hills \$799,000**  
On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.  
Meg Cleavenger 847/465-2259



**Barrington \$799,000**  
Lovely 4-BR, 4.2-BA home w/ gorgeous views, sumptuous master w/ sitting room, handsome study, 4 fireplaces, enticing kitchen, finished LL, lush landscape & pool.  
Meg Cleavenger 847/465-2259



**Barrington \$669,000**  
Like a head start? This stunning 11-room new home is waiting for your personal choices! Situated on 1+ wooded acres, privacy abounds.  
Donna Veller 847/465-2228



**Barrington Hills \$649,000**  
Lovely home on 5+ acres, offering all the reasons to move to Barrington Hills. Tastefully decorated, 1st floor master. Upgrades throughout. Inground pool/spa.  
Barbara Cunningham 847/465-2262



**Barrington \$590,000**  
Stunning colonial 6-BR cottage nestled on an acre lot. 3.1 BA, 2-car garage, 2 master BR. Has rec room & family room w/ top-of-the-line features. Shows like a model.  
Donna Lavin 847/465-2270



**Lake Barrington \$589,000**  
New construction. Brick Georgian, 4 BA, hardwood floors, 9' ceilings, kitchen w/ granite counters, study on 1st floor, master BR w/ sitting room & 3-car garage.  
Sheri Wheeler 847/465-2290



**Barrington Hills \$537,000**  
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.  
Meg Cleavenger 847/465-2259

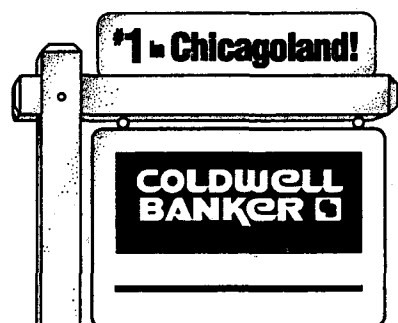


**Barrington \$393,000**  
Looking for a home that feels like new but has everything done for you? Come & delight in this stunning home w/ vaulted ceiling, skylight, lake rights.  
Tressa Borkon 847/465-2256



**Barrington \$359,900**  
Biltmore at its finest—perfect setting w/ a wall of windows to enjoy the view of pond & lush gardens. 4 bedrooms, 2.1 baths, updated kitchen.  
Greg Bradley 847/465-2232

## Barrington Area Office



**Lake Zurich \$364,900**  
Fabulous 1-year-old home in Wicklow Village. Set on a cul-de-sac w/ beautiful views. This lovely home has volume ceilings, hardwood floors & lower level walkout.  
Barbara Wessberg 847/465-2298



**Barrington \$305,000**  
Stunning ranch on golf course w/ private wooded site. Freshly decorated & "move-in ready." This architectural gem offers low, low taxes!  
Donna Veller 847/465-2228



**Lake Barrington \$289,900**  
A winner! Lovely 3-level townhome w/ 2 master suites. Newer carpet. End unit. Private English courtyard. Finished lower level w/ windows, half bath & fireplace.  
Ron & Jeanine VanDeVelde 847/465-2282



**Barrington \$279,900**  
Village colonial, low Cook County taxes, formal living & dining. Family room w/ sliders to private deck. Master w/ walk-in & bath.  
Greg Bradley 847/465-2232



**Lake Zurich \$230,000**  
Cozy country raised ranch. 4 bedrooms, 2 baths, nestled on 1 acre. Heated garage. Extra room—den/office/5th bedroom. Well maintained. Finished lower level.  
Donna Lavin 847/465-2270



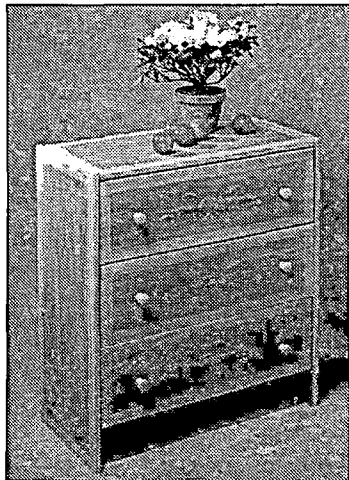
**Lakepointe, Wauconda \$159,000**  
Open floorplan, den, FR, vaulted ceilings, 2 BR/2 ceramic tile BA & garage. Balcony, sandy beach, marina, lake privileges, fishing, maintenance free + fully appliances.  
Barbara Wessberg 847/465-2298

## Have You Been to The Painted Attic in Historic Long Grove?

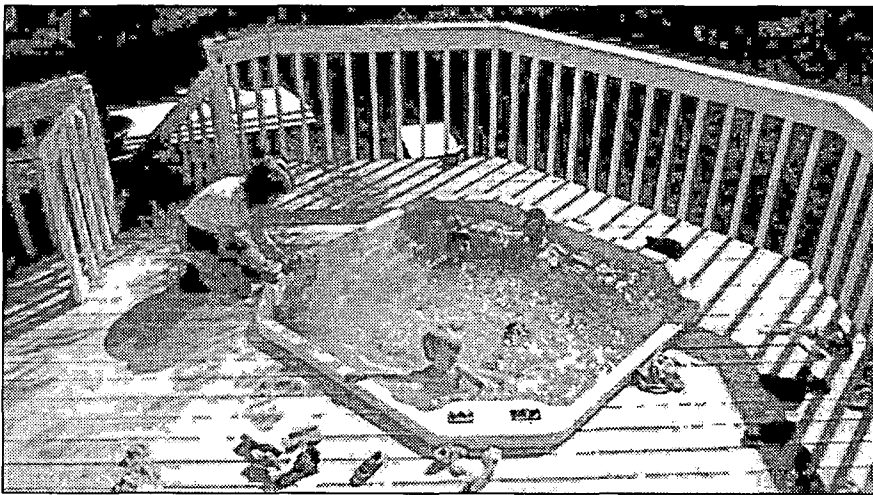
Spring is here! Spruce up a room with an accent piece of furniture or accessory from **The Painted Attic**. We have hand-painted dressers, hutches, desks, cabinets, bookcases, tables, chairs, and mirrors. Styles include shabby-chic, whitewashed, crackled, distressed, color-washed, glazed and stained.

Check out the small stuff, too—lamps, candlesticks, framed prints, clocks, mobiles, accent antiques and plant stands.

Browsers are welcome at **The Painted Attic**. Stop by and visit us at 330 Old McHenry Road in Long Grove next to Red Oaks Furniture. We're open seven days a week. Or give us a call at 847-634-3440.



## Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

## Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

**Glare-Not Inc.** has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are tinted by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call (847) 382-8468 or (815) 363-8468. **UltraSonic blind cleaning available.**

## The Jim Gibbons 5K Run and Walk

The April Committee Meeting for the 5th Annual Jim Gibbons 5K Run and Walk will be held at Marcello's at 645 West North Avenue in Chicago on Wednesday, April 14, 1999 beginning at 6:30 PM. The annual event will be held on Thursday, June 17, 1999 along Chicago's downtown

lakefront.

The event is held in memory of Jim Gibbons, an Investigative Reporter at WLS TV, Channel 7.

All who are interested are cordially invited to attend. For further information, call Debbie Hamilton at 847-424-0600.

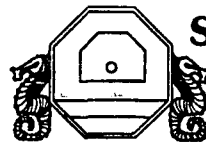
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Eric & Jeri Swanson

HOURS: Tues.-Fri. Noon-4:00, Sat. 11:00-3:00, Closed Sun.-Mon., Evenings by Appt.

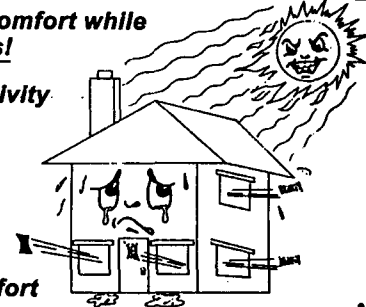


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• Reduces furniture and carpet fade

• Comes with scratch resistant coating

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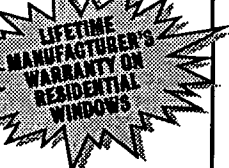
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## Historical Society Treasure Sale

The Barrington Area Council on Aging, Inc. (BACOA) will again be participating in the Third Annual Barrington Historical Society Treasure Sale on Saturday, April 17 from 8 AM to 4 PM at the Advocate Good Shepherd Hospital Barns. BACOA needs your former treasures to sell on the day

of the event and will hold a Bargain Bag sale beginning at 3 PM. We can also use help with set up, take down and the manning of our booth.

Please call BACOA at 381-5030 regarding donations of sale items or to volunteer your help.

## Evening Book Group

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *A Certain Justice* by PD James on Tuesday, April 27 at 7:30 PM at a member's home.

AAUW is a national organization committed to educational equity for women

and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For additional information, please call 847-381-4791.





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## Elegant and Serene Landscape Design

**Tom's Lawn & Landscaping** is a family-owned business that has served the greater Chicago area for 13 years with quality designs, installations and maintenance. The staff at Tom's believes that a beautiful setting to call home is definitely one of the sweetest comforts in life. But, they are also very aware that peaceful home settings don't just happen. They are dedicated to professional and quality-crafted landscape design and installation.

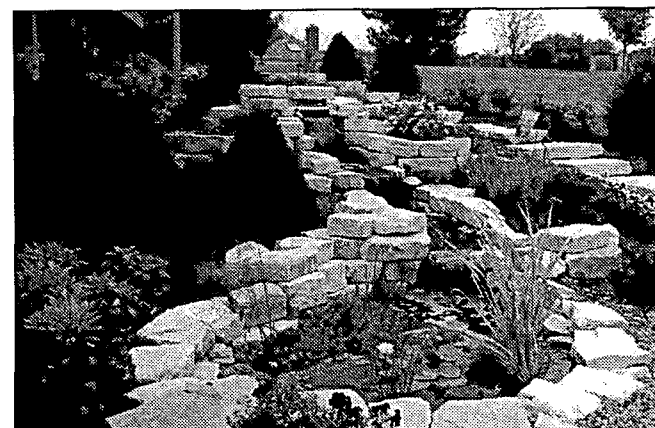
Tom's is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Vice President of Landscape Sales at Tom's, says, "Any knowledgeable and experienced landscape architect will

be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that **Tom's Lawn & Landscaping** doesn't resort to "cookie cutter" designs for landscapes. Tom's provides their customers with a custom design that is tailored for each customer's specific needs and desires. Tom's creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined

plant beds and lawn areas with Brick Pavers has augmented Tom's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at **Tom's Lawn & Landscaping.** They pro-



vide complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.

## The house you build: dream or disappointment?

There is great potential for both.

How do you tip the scales in the dream direction?

You choose carefully—with all the expertise you can muster—the location, the land, the builder, and the plans.

And how does a stranger in paradise do that? With the guidance of a Realtor who has been around the block. A Realtor who can help you make informed decisions from the beginning. Who can not only help with the answers, but can help you know the right questions.

Call Coldwell Residential Brokerage. We'll help you dream with your eyes open.

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*The  
new*

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## Tips from the Top

Margaret R. Semrad  
Broker/Manager  
Barrington Office

*The  
new*

**COLDWELL  
BANKER**

Building a home is not only a major project but a complex one. This is what my friend Napoleon came to understand when considering new home construction.

Napoleon called to tell me it was time to make a change. He was not going to do any more updating or maintenance on his present home. He wanted a change... and thought about building a home. Since Napoleon knew nothing about new construction, it was time for him to learn about being a new construction home buyer.

"Napoleon, you did the right thing by calling me first. Why? Because Realtors are trained to listen to buyers and question them until they crystallize their ideas so their needs, wants and expectations are satisfied in the home that they build."

**A Major Mistake**—Some new home construction buyers go out of their way to avoid working with a Realtor under the mistaken assumption that it will cost them extra money. When in reality, using a Realtor's expertise is extremely helpful in the purchase of new construction. And most builders have already included the

Realtor's fee in the new home package price, whether the buyer buys through a Realtor or not.

Realtors do have knowledge of new construction and can help create a value-packed relationship between builder and buyer. Realtors know the questions to ask of any builder before final selections are made.

**Where to Start: The Educational Process**—"Napoleon, you must wind your way through three phases of new home construction. First, deciding whether to be a buyer of a custom home or a pre-designed home in a subdivision. Some builders specialize in grand, up-scaled homes while other builders specialize in homes of different periods, smaller sizes and prices."

Once the Realtor understands what the buyer is looking for, the Realtor will find the right builder. "This is much more time efficient, Napoleon, then driving around until you find the right builder."

**Where to Start: Finding the Builder**—  
(Please continue on page 53)



## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

Tim and I are sitting in his office trying to come up with a theme for our next set of television commercials.

Tim has always enjoyed developing our ads for all the mediums we use. Tim has never liked to do price ads because most of the ads out there are somewhat less than truthful and he doesn't want to compete on that level. But deciding what else you want to do can be difficult.

We pride ourselves on our facility and we try to make that part of our ads. We also feel we have a statement to make because our whole family is involved. But it's hard to find a way to convey all that in a 30 second television commercial.

Right now, he thinks we want to stay with our theme, "Your Good Neighbor Ford Dealer." And I agree!



## Rentals for Special Occasions

**Emkay Car Rental** offers a great selection of specialty vehicles for short term rent. **Emkay** has the Jeep Grand Cherokee LTD, Lincoln Continental and the newly restyled Chrysler Concorde. If something sporty appeals to you, the BMW convertible and BMW 5 series are also available. If a van is needed for the family vacation, the Chrysler Town & Country and the Pontiac Montana

will fit your needs. Call us for other excellent selections, availability and price.

In addition to **Emkay's** great rental selection, we also have an outstanding inventory of late model used vehicles for sale. These vehicles are from **Emkay's** corporate lease returns. **Emkay** also offers service shop and body shop services for all your automotive needs.

## Artist's Forum

Join local artists at the Barrington Area Arts Council's (BAAC) Artist's Forum on Tuesday, April 13, 1999 at 7 PM at the BAAC Gallery located at 207 Park Avenue in Barrington, IL. April's gathering features Timm Etters, Professional Muralist.

Etters, owner of Odyssey Creations Incorporated, has painted over 170 murals in schools and businesses in the Chicago-land area and has studied at The American Academy of Art in Chicago and airbrush techniques in New York. His art reveals

personal experiences and his surreal approach encompasses nature's elements as well as those elements that are man made.

Artist's Forum gives visual artists the opportunity to share ideas and experiences about art and the creative process. The group is open to all artists. An artist may attend one gathering free of charge to determine if they would like to join. The membership fee is \$15 for BAAC members and \$35 for nonmembers.

## Tri Delta Pansy Luncheon

The Chicago Northwest Suburban Chapter of Delta Delta Delta meets the second Tuesday of every month, September through May. Meetings are scheduled to begin at 7 PM in members' homes.

The Tuesday, April 13 meeting will be

held at Knupper's Nursery in Palatine at 7 PM.

The Pansy Luncheon will be at Inverness Country Club on May 2.

For additional information, please call Genny Ellefson at 381-5228.

## Robin Hood at Harper College

Robin Hood, Little John, Friar Tuck and the Merry Men of Sherwood Forest will appear on stage at Harper College on Saturday, April 10 at 2 PM during the American Family Theater's presentation of "Robin Hood" in the Theatre of the Busi-

ness and Social Science Center, J143, 1200 W. Algonquin Road in Palatine.

Tickets are \$3 for children 12 and under; \$5 for Harper students; and \$7 for general admission. For tickets and information, call 847-925-6100.

## Plastic Surgery...

(Continued from page 31)

extremely comfortable, and we have undergone the rigors of obtaining the first AAAHC accreditation of any private plastic surgery center in the greater Chicago area. This means you can feel confident in knowing your procedure is being performed in a state-of-the-art and safe environment.

### Fear of Surgery and Recovery

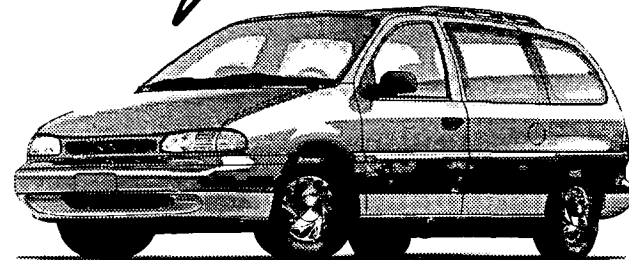
Some people are just extremely afraid of undergoing surgery. It may help to know that modern techniques make all plastic surgical procedures safer than they have ever been. A facelift is actually not an in-

vasive surgery. This means it is not physiologically taxing on the body. The incision may seem extensive to some, however the actual procedure is done just beneath the skin. This results in a rapid recovery in almost all patients. There is not usually any extensive amount of bruising and most people can be out in public within two weeks.

You may have other fears or questions that can be addressed in a private consultation at **The Plastic Surgery and Laser Center**.

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and Many Other  
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## Chicago Area Artist Creates Original Piece...

(Continued from page 12)

of \$10,000 Cash, the 2nd prize of \$500 and the 3rd of \$250. Another prize is a \$1,500 travel voucher to anywhere the lucky winner wishes.

Tickets to the Goldrush Auction and Dinner are \$100 or \$125 per seat. Tables are also available. The evening begins at 6:00 PM with cocktails and a silent auction. Dinner will be served at 7:30 PM with dinner music by Park Avenue. There

will be a special performance by the "Pioneer Players" during dessert. For tickets or other information, please contact Carolyn Wotring at 815-759-7142. All proceeds benefit the Pioneer Foundation.

The Pioneer Foundation benefits the Pioneer Center of McHenry County. This year they celebrate their 40th year offering quality programs and services to people with disabilities.

## Tips from the Top

(Continued from page 52)

Realtors are responsive to the buyer's budget and will guide the buyer to a builder with a solid reputation and who will best serve that buyer's needs. Realtors work with buyers from the onset by submitting and negotiating a sales contract and resolving issues during and after the construction phase. The Realtor acts as an intermediary with the builder. Many new home buyers feel uncertain when dealing with a builder and will rely on their Realtor to help settle issues.

As I mentioned before, builders are different in talent and specialty. Some are builders of developments and subdivisions. Others only build their specialty such as high-tech contemporary homes. Still others are custom builders who build the home to your vision, not theirs.

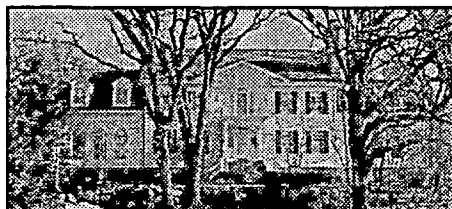
While some builders work with architects to help produce your dream home, other builders perform the design role themselves.

**Where to Start: Decision Time**—New construction buyers have many decisions to make. The foundation of the home cannot be started until a floor plan has been agreed upon. Again, Realtors assist buyers in making informed choices in all selections and help the new home buyer stay within their budget by making decisions in a timely manner.

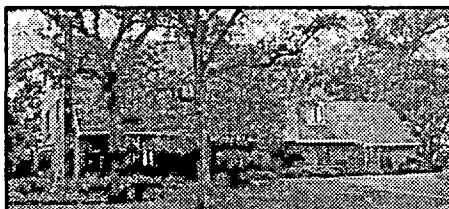
Building a new home is a big decision. Picking the right Realtor and working with that Realtor through the new construction process does make an extraordinary difference. To smooth the way, why not call one of our professional Realtors and make sure your decision to build your dream home turns out to be the dream you envisioned?

"Yes, Napoleon. All our dreams can come true—if we have the courage to pursue them." Walt Disney said that.

Have a wonderful spring from *The Dream House Headquarters*.



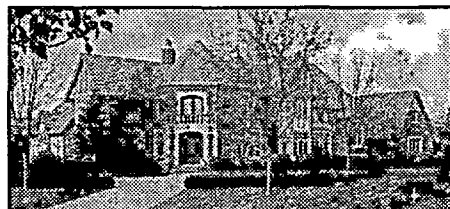
**Barrington \$1,575,000**  
Authentic 5-bedroom Chesapeake traditional designed by renowned architect Glen Hjort. A work-of-art in Wynstone Golf Course Community. Exquisite!  
**Mary Balistreri 847/465-2296**



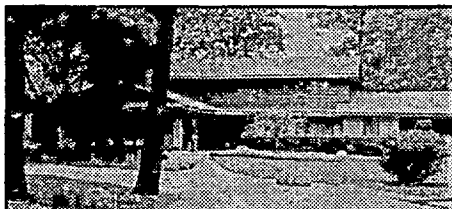
**Barrington Hills \$1,390,000**  
Set on 6 wooded acres, this Barrington Hills home is totally renovated, limestone & hardwood floors, new kitchen w/ sub zero, granite, Viking & new baths.  
**Sheri Wheeler 847/465-2290**



**Barrington Hills \$1,300,000**  
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.  
**Meg Cleavenger 847/465-2259**



**Barrington \$1,295,000**  
Charming European elegance & outstanding presence distinguish this 10+ room estate. 4/5 BR, 4 fireplaces, white kitchen, volume ceilings, walkout lower level.  
**Bonnie Paice Legue 847/465-2223**



**Barrington Hills \$899,000**  
A 4-bedroom home w/ a flexible floor plan on 10+ acres w/ barn & attached in-law apt. Adjacent to trail system—perfect for horse farm.  
**Suzanne Luby & Barb Gould 847/465-2211**



**Barrington Hills \$825,000**  
A long drive leads through nature's beauty to this 4-bedroom home offering high ceilings, enormous rooms, 3 fireplaces, finished walkout lower level & barn.  
**Meg Cleavenger 847/465-2259**



**Inverness \$774,900**  
Charming colonial set on almost 2 acres. Home includes a gourmet kitchen, hardwood floors, 9' ceilings plus sunroom & office. Warm and inviting!  
**Mary Spinner 847/465-2284**



**Barrington Hills \$659,000**  
Georgian colonial on 8.9 acres. Beautifully landscaped, very private. New carpet, hardwood floors in family room & kitchen. Backs up to Hill & Dale Farm.  
**Barbara Cunningham 847/465-2262**



**Lake Barrington \$629,000**  
Gorgeous traditional brick home on beautiful acre plus site backing to conservancy w/ serene views of pond from screen porch. Pristine!  
**Mary Balistreri 847/465-2296**



**Barrington \$619,000**  
Outstanding brick colonial w/ over 4500 square feet! Features include 2-story foyer, den, 4 bedrooms, 4.1 baths, finished lower level, 1.2 acre interior lot.  
**Mary Spinner & Bob Untch 847/465-2284**



**Barrington \$599,900**  
Great house on 2 acres in Oak Meadows... huge kit... sunroom... 4 1/2 baths... 3rd floor bonus room Fabulous ll w/ bath & office... close to town & train. A joy!  
**Sheri Wheeler 847/465-2290**



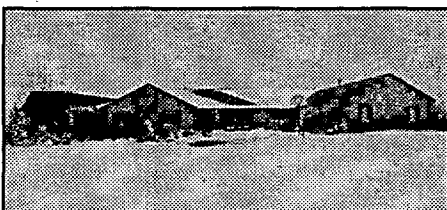
**Barrington Hills \$599,900**  
Wonderful 5-bedroom home, horse property, updated throughout, outbuilding, screen porch, in-ground pool. Enjoy the lifestyle!  
**Mary Balistreri & Greg Bradley 847/465-2296**



**Barrington Hills \$589,000**  
Great horse property w/ 4-stall barn & pool. The lovely 4-bedroom home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished lower level w/ 2nd kitchen.  
**Meg Cleavenger 847/465-2259**



**Barrington \$585,000**  
A tranquil hilltop setting in Deer Lake Meadows. Gourmet kitchen w/ granite. Study w/ view of lake. 3-car gar. Fin bsmnt. Close to town & train. You will love it!  
**Sheri Wheeler 847/465-2290**



**Barrington \$484,900**  
Brick ranch sits on 2.5 acres w/ serene views of pond. Deck w/ hot tub & sauna. A private retreat set in a lovely neighborhood. 5 bedrooms, 4 baths.  
**Mary Balistreri 847/465-2296**



**Kildeer \$449,900**  
Irresistible & wonderful! Spectacular home featuring volume ceilings, white kitchen, hardwood floors, 3-car garage & full basement.  
**Bonnie Paice Legue 847/465-2223**

## Barrington Area Office



**Barrington \$449,700**  
Breathtaking & perfect! 2-story in Deer Park's coveted Oak Ridge sub w/ 2 mstr suites. New mstr w/ vlted ceilings, ultra BA w/ 2-person whirlpool. Mature 1+ acre lot.  
**Jack Sanderson 847/465-2278**



**Barrington \$415,000**  
Captivating 5-bedroom, 3.1-bath home in Jewel Park. 1st floor master w/ ultra bath, eat-in kitchen, fresh decor. Expansive deck, perfect for summer suppers.  
**Meg Cleavenger 847/465-2259**



**Barrington Hills \$379,000**  
Entry-level Barrington Hills! 5 acres on trails, very private, 1994 kit/BA, hwt, skylight, FR w/ fireplace, 3-car gar, barn w/ electric & water. Barrington schools!  
**Bonnie Paice Legue 847/465-2223**



**Bartlett \$397,700**  
Absolute perfection in construction, design & function in this Keim-built custom home. Fireplace, vaulted ceilings in FR & master, gourmet kitchen w/ hardwood.  
**Jack Sanderson 847/465-2278**



**Barrington \$224,900**  
Beautiful Cape Cod close to town, 3 bedrooms, 3 baths, 2-car garage. Walkout lower level—with office—rebuilt in 1994. It's a great house just waiting for you.  
**Sheri Wheeler 847/465-2290**



**Crystal Lake \$139,900**  
Stunning expanded ranch offers 3 bedrooms, 1.1 baths, large FR w/ fireplace, finished basement, 1-car garage & fenced yard. Neutral decor & hardwood floors.  
**Barbara Wessberg 847/465-2298**

# The Art of Landscape Design

*"Every plant has fitness and must be placed in its proper surroundings so as to bring out its full beauty. Therein lies the art of landscaping."*

*Jens Jensen, landscape architect*

The Art of Landscaping is how we approach every design we create. While an architect designs buildings and interior spaces, our main concern is forming external spaces and furnishing them with plants, pavings and structures related to outdoor activities. So even if you're only changing a patio or a walkway, consulting with a landscape architect will not only produce a more creative design but will help you save time and money by planning ahead.

So, why should you consider **SanFilippo Landscape**? Unfortunately, finding a contractor isn't like buying an appliance where you can get a model number, compare prices and find your best price. With landscaping there are a lot of variables and knowing the right questions to ask will help you decide who will be your best choice. So to help you decide, we've put together a list of questions you should ask prospective firms. The answers that follow are ours.

## **Q: WHO DOES THE LANDSCAPE PLAN AND WHAT DOES IT TELL ME?**

A good landscape plan is the basis for a quality job. An architect or designer can be used. An architect has completed 4-5 years of study involving horticulture, soil, surveying, site plans and construction while a designer may have had a wide range of courses. As to what the plan will tell you, it will indicate plant location, existing and new, plus pedestrian patterns, grading and hardscapes.

## **Q: HOW DO YOU DETERMINE WHAT MY LANDSCAPE REQUIREMENTS ARE?**

At an initial meeting with the homeowner, we ask a series of questions involving your lifestyle and needs. Your answers become the direction of the plan and is the first step to creating an outdoor living space that fits your family's requirements.

## **Q: WHAT'S IT GOING TO COST?**

Cost is determined by your needs and budget. Once those are determined, we draw up a plan along with a proposed budget. It's important for you to be satisfied with the design of the plan at this point. If you aren't, we will continue to revise the plans until you are satisfied. We

do not charge for our plans when the customer contracts us to do the installation. Until a contract is signed, though, we consider the plan to be our property and it cannot be put out to bid.

## **Q: WHERE DO YOUR PLANTS COME FROM?**

All plants are not created equal. We only buy from Northern Illinois/Wisconsin nurseries to ensure a plant that is adapted to our climate. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. These same plants often come from the south, allowing them to be more prone to disease and unable to handle our winters. Another thing to consider is plant size. Professional nursery stock is larger and helps create a more pleasing look during the first season before the plants are established.

## **Q: WHAT GUARANTEES DO YOU OFFER?**

Our plant materials carry a guarantee for one full year from date of completion. Exceptions are perennials at 50% guarantee. Hardscape work is guaranteed for 6 years. We are not responsible for acts of

God or damage by others. If the owner elects to enter into a separate contract for maintenance services, all plant materials, except annuals will be guaranteed for the length of the contract.

## **Q: ALONG WITH OUR LANDSCAPING, WE WANT A PATIO... (CONCRETE WORK, DECK, A POOL, ETC.) WOULD I HIRE THE SEPARATE CONTRACTORS OR SHOULD YOU?**

As a full service company we feel that having us handle all exterior development results in a better quality job for four reasons: 1) The job is completed faster because we have better control. 2) We supervise subcontractors to follow the intended design and effect of the plan. A superior design has many unique elements and many contractors will take shortcuts if not supervised. 3) We hire subcontractors more often and are able to get better service because of an established relationship. And 4) we've shopped around and work with those businesses that offer quality at a reasonable price.

So, whether you're thinking about a few changes or a complete renovation, we would be happy to help you out. There's no obligation, so what have you got to lose? Give us a call at **847-381-1611**.



Imagine...having your outdoor spaces designed as beautifully as the inside of your home.

## **LICENSED ARCHITECTS**

Free Landscape Plan with signed contract

## **Design/Build Landscape Contractors Commercial and Residential**

- **PAVELOC** Pavers
- Retaining Walls – stone, timber
- Cedar decks, planters & gazebos
- Stonework – patios, walkways

**SANFILIPPO**  
**LANDSCAPE 847-381-1611**



# Manufacturers of Granite Counter Tops

**G  
R  
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E**

**Granite Competitively Priced with  
Solid Surface Products with the Lifetime  
Durability and Beauty of Natural Stone**

**G  
R  
A  
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E**

*Quality Installation of:*

- Granite & Marble Counter Tops
- Limestone, Marble & Ceramic Floors & Walls
- Fireplace Surrounds
- Hardwood Floors

*Our Showroom  
Features  
200 Different  
Marble & Granite  
Samples*

♦ *Ceramic Tiles*



**Andian Limestone with Hand-Rolled  
Edges for Extraordinary Beauty.**

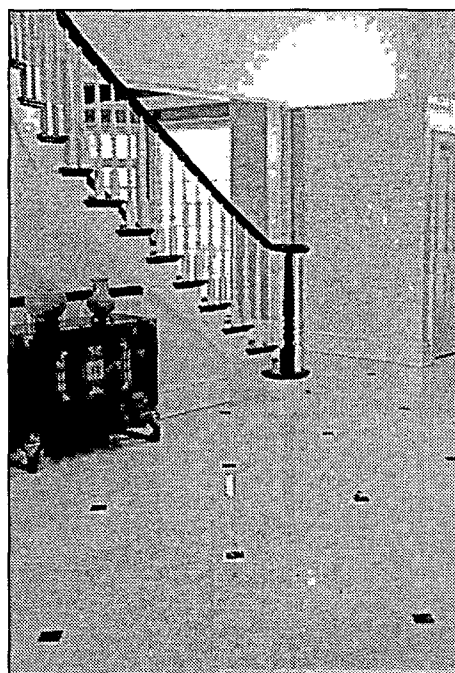
♦ *Limestone  
& Travertines*

♦ *Many Wood  
Floor Samples*

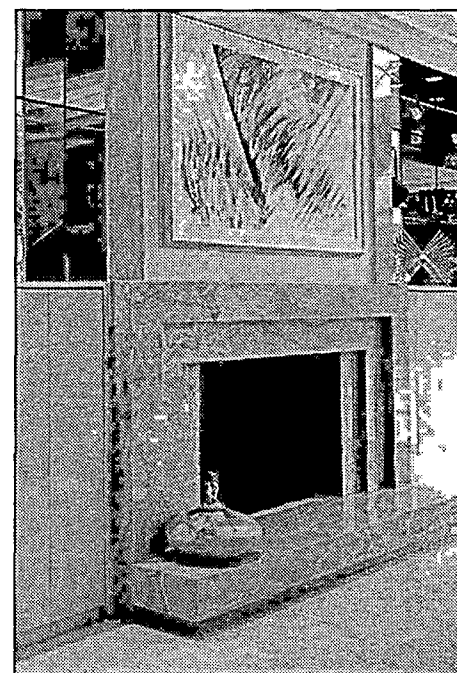
**COMPETITIVE  
PRICING**



**Uba Tuba Counter Tops  
with Oak Floors.**



**18" x 18" Crema Marfil  
with Black Granite Dot.**



**A Stone Surround Fireplace  
Enhances the Beauty  
of Any Room.**

## **CERAMIC WORKS/MARBLE TECH, INC.**

**811 W. NW Hwy.**

**382-1120 Phone**

**382-1152 Fax**

**Barrington**

**Hours: Monday-Wednesday-Friday 9am-5pm, Tuesday & Thursday 'til 8pm, Saturday 10am-4pm**