

April 2000



Spring Happenings

...you won't want to miss!

**Elegant Gala *L'Opera*
Rendezvous to Benefit
Young Singers**

**Wearable Art Takes
to the Runway**

**Infant Welfare Event
to Feature Fashions with Flair**

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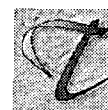
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Editor's Ink

April, 2000

Dear Reader,

There are many spring events you won't want to miss! Take, for example, Barrington Chapter of Lyric Opera of Chicago's elegant gala *L'Opera Rendezvous* on May 13. This event will benefit Lyric Opera Center for American Artists (LOCAA), an internationally renowned young artist professional development program. Reservations are limited to this outstanding event, so make them now to avoid disappointment.

Wearable art hits the runway on Friday, April 14, as BAAC (Barrington Area Arts Council) presents "A Touch of the Arts." Presented will be unique, one-of-a-kind fashions and accessories sure to delight the audience.

The Barrington Chapter of the Infant Welfare Society of Chicago will hold their Annual Spring Fashion Show on April 19 at the Biltmore Country Club. Proceeds will go to the Infant Welfare Clinic in Chicago. In addition to lovely fashions, a boutique sale and silent auction will be held. Among the items to be auctioned is a beautiful Victorian-style dollhouse created by Barrington's own Don Larsen.

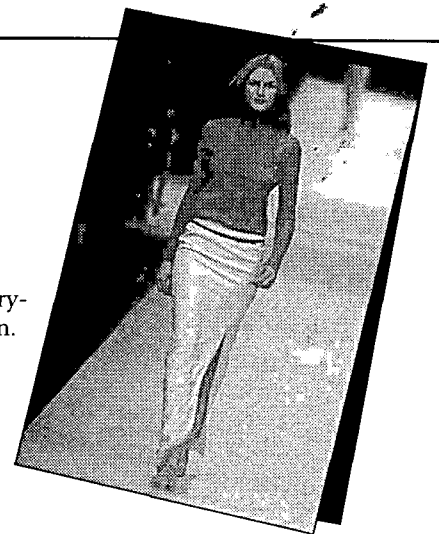
Until next time, may all your thoughts be sunny.

With warm regards,
Glenne McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

An ensemble that could take you everywhere. From the Guy Laroche Collection.



Wearable Art Takes to the Runway for BAAC's Annual Spring Show

Friends of BAAC (Barrington Area Arts Council) cordially invite those who love unique, one-of-a-kind fashions and accessories to join them on Friday, April 14, for the 5th annual wearable art luncheon and fashion show benefit for BAAC. This festive midday occasion called "A Touch of the Arts" will be held this year at Biltmore Country Club in North Barrington, getting underway at 11 AM, with social hour and limited silent auction. There will be complimentary valet parking.

According to co-chairmen Kathy Ard and Louise MacKenzie, luncheon begins at noon with fashions interspersed throughout the meal. Models wearing creations handmade by local and nationally acclaimed artists specializing in fiber art will be seen on the runway with commentary provided by fashion consultant Starr Kondos of Starr Couture in Barrington. Many of the selections in the show will come from the juried exhibit featured in the BAAC Gallery during the month of April, entitled "The Feel of Fiber." Once again, fashion design students from Harper College will also participate and there will be an occasional treat of European influence as well.

Boutique

A boutique area is also planned, open from 11 AM to 3 PM, featuring the work of several talented artisans whose creations include sweaters, scarves, jackets, jewelry, hats, purses and more. Among those expected to participate are: Liñy Freeman of Deerfield, (scarves and shawls); Mary Derbyshire of Knit Wits, Evanston, (Irish imports, sweaters, etc.); Eva May of Chicago, (hats, handbags and more); Debra Stromsdorfer of Rockford, (unique jackets); and Joann Bauman, (jewelry).

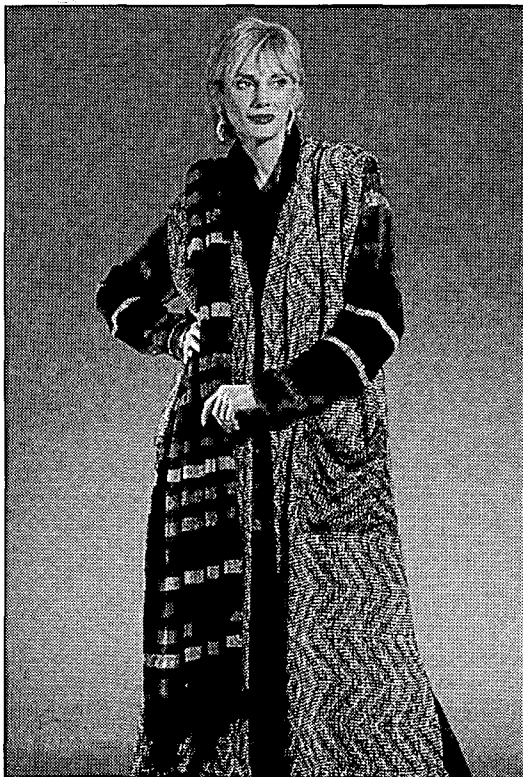
This year, a select silent auction features baskets with themes such as gardening, wine connoisseur, holidays of all kinds, an Easter basket fit for the Easter Bunny and one for soup lovers among others.

Special Features

Four "A Touch of the Arts" prize items include Motorola Talkabouts walkie talkies, a mink Teddy bear from Furs by Talidis, a case of 1998 Chalone Echelon Syrah from Chalone Wine Foundation and a \$200 gift certificate from Starr Couture distinctive apparel and accessories in Barrington. Tickets are \$10 each or three for \$25.

In addition, there will be a special prize; a piece of jewelry generously offered by M.J. Miller & Co. in Barrington.

Michelle Szczesny and her staff at In the Spa Light Salon in Barrington will provide



Handwoven chenille garments by Santa Fe artist Barbara Holloway will be among the ensembles shown at "A Touch of the Arts."

table favors as well as hair and make-up styling for models. Music is by Rick Cornwall of Fox River Grove and Barrington Flower Shop is assisting with centerpieces.

Tickets are \$50 or a table of 10 for \$500. This event sells out quickly, so avoid disappointment by reserving promptly. Proceeds from "A Touch of the Arts" benefit BAAC's programming in the visual, literary and performing arts. For an invitation or additional information, please call the BAAC Gallery at 847-382-5626.

Committee

Assisting Ard and MacKenzie in the planning of this popular spring benefit are: Dede Wamberg, Donna Hannay, Sarah Bowers, Janese Killian, Sharon Advani-Kantanen and Kathleen Amatangelo, all of Barrington Hills; Trowby Brockman, Arline Aalfs and Dorothy Dobrath of Lake Barrington Shores; Michele Gillett of Tower Lakes; Crickett Kelly of North Barrington; Betsy Smentek of Fox Point; Nancy Spaulding of Lake Barrington; Teddi Martin, Pam Stephenson and Sue Abare of the Village of Barrington; Paula Dau of Lake Forest; and Anne Blanchard of Palatine.

Models include: Sharon Advani-Kantanen, Gretchen Grant and daughter, Claire, Colleen Noyes and Janese Killian, all of Barrington Hills; Cheri Schleich, Cary; Lu Gustafson and Kiki Stinek of Lake Barrington Shores; Mary Ann Roeser of Crystal Lake; Dyllis Braithwaite of Barrington; and Lesley Zappen of Fox River Grove.

Young Artists Exhibit

The Barrington Area Arts Council invites you to their annual Young Artists Exhibit to be held April 22 through May 7 at the Ice House Mall, 200 Applebee St., in Barrington. The exhibit is partially sponsored by Junior Women's Club of Barrington.

Stroll the mall and enjoy artwork from

elementary and middle school students in District 220 and St. Anne. Each school will display up to 75 pieces of artwork. An opening reception to honor the artists will be held on Thursday, April 27, from 6 to 8 PM at the Ice House Mall. For more information, please call 847-382-5626.

Barrington Lyric to Host Biennial Gala to Benefit Lyric Opera Center for American Artists



During a recent *L'Opera Rendezvous* planning session in Marian and Jasper Sanfilippo's Eden Palais, Barrington Chapter of Lyric Opera of Chicago benefit committee members are pictured on the exquisite 18th century carousel: (from left), Louise Sullivan, Barrington Hills; Chairmen Louis and Anne Gross, Inverness; and Marilyn Hayden, Barrington Hills.

At 5 PM on Saturday, May 13, Jasper and Marian Sanfilippo will graciously open their Barrington Hills Victorian Palace and Eden Palais for Barrington Chapter of Lyric Opera of Chicago to host their biennial benefit *L'Opera Rendezvous*. This elegant gala will benefit Lyric Opera Center for American Artists (LOCAA), Lyric Opera of Chicago's internationally renowned young artist professional development program. William Mason, General Director of Lyric Opera of Chicago, will serve as Honorary Chairman. Tickets are \$150 per person, (\$75 tax deductible). Valet Parking included. Limited reservations. Please respond by May 1 to Mrs. Roger Gabbei, 602 E. Ivy Lane, Arlington Heights, IL, 60004. Or call 847-392-0388.

The social hour will take place in the magnificent Eden Palais which houses the most spectacular hand-painted European salon carousel in existence. Guests will enjoy passed hors d'oeuvres as they review the many extravagant silent auction items. Following a gourmet Bordeaux beef tenderloin dinner, guests will be transported to Sanfilippo's Victorian Palace for a docent-led tour of the world's largest collection of restored antique music machines. This memorable evening will conclude in the glorious private theatre

with musical entertainment provided by the superb young artists from LOCAA.

The silent auction items will include golf days at Biltmore and Inverness Country Clubs, a diamond and tourmaline ring courtesy of F.K. Jewelers; Elgin Symphony Orchestra's Gala Concert featuring violinist Itzhak Perlman and reception with Mr. Perlman; Pfaelzer Brothers' "A Steak for all Seasons"; Louis Vuitton carry-on luggage; Arlington International Racecourse Day at the Races in The Million Room; gift certificates; gourmet restaurant packages; and more. Advance bids, checks and credit cards accepted.

Assisting Co-Chairmen Anne and Louis Gross of Inverness are committee members: Kathleen Amatangelo, Tressa and Ben Borkon, Dorothy Dobrath, Marilyn Hayden, Penny Knopik, Rosemary Maude, Catherine Mura, Elizabeth Nearing, Heather Sholeen and Louise Sullivan, Barrington; Dorothy Gabbei, Mary and Howard Robins, Arlington Heights; Vincent Galati, Niles; Glenne McMonigal, Crystal Lake; David Nelleman, St. Charles; Susan and George Obermaier, Schaumburg; Janice Semerad and Maribeth Totten, Inverness; and Mary Wajda, Palatine.

For inquiries on the Barrington Chapter, phone Howard Robins at 847-437-2158.

Hawthorn Woods Woman's Club Spring Charity Luncheon and Fashion Show

The Annual Hawthorne Woods Woman's Club Spring Luncheon and Fashion Show will be held on April 29 at Kemper Lakes Golf Course at Old McHenry Rd. in Long Grove.

This year, we are very pleased to feature designs from The Arts and Fashion Department of Harper Community College. This show promises to be a new and refreshing look at the fashion trends

for now and the future.

Please join us at 11 AM for cocktails and our Charity Silent Auction followed by lunch at noon. Tickets are \$35 per person for members or \$40 for non-members.

All proceeds will support local organizations and charities.

For more information, please call 726-1015.



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Stride Rite, Mollie Monroe
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Woodland Art Gallery Features Artist Gerhartz



Alaskan Autumn by Robert Bateman

Woodland Art Gallery is pleased to announce the addition of Daniel F. Gerhartz to its collection of featured artists. Working primarily with oil paints, Gerhartz publishes his originals as limited edition serigraphs. His newest release, *Dream Lake*, is now on display at the gallery for your pleasure.

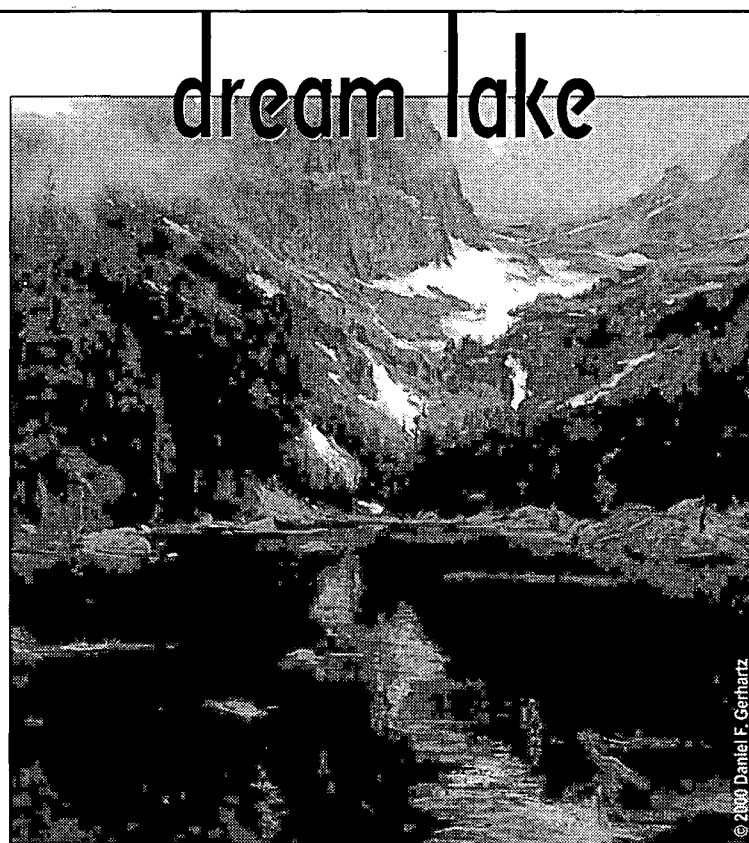
Woodland Art Gallery is pleased to announce another new release this month, this one from the gallery's most famous and popular artist, Robert Bateman. Entitled *Alaskan Autumn*, this limited edition print shows the diversity of nature from the palette of this world-renowned wildlife artist as a grizzly bear mother is followed by her cub amidst a backdrop of autumn colors in the tundra. The work, along with another new release from Bateman, *Eyes in the Grass*, is also on display at the gallery.

play at the gallery.

Both new releases are available exquisitely matted and framed, along with works by dozens of other artists: Carl Brenders, Donald Hatfield, David Armstrong, Pino, Terry Redlin, Arleta Pech, Dean Morrissey and many others.

Gallery owner Scott Teasdale is also a master framer which means your artwork receives museum-quality custom matting and framing to assure its value and integrity for years of enjoyment.

Visit **Woodland Art Gallery** at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 3 PM. Phone **815-459-0460**. Visa and MasterCard accepted. Shipping is available anywhere.



Dream Lake

by Daniel F. Gerhartz

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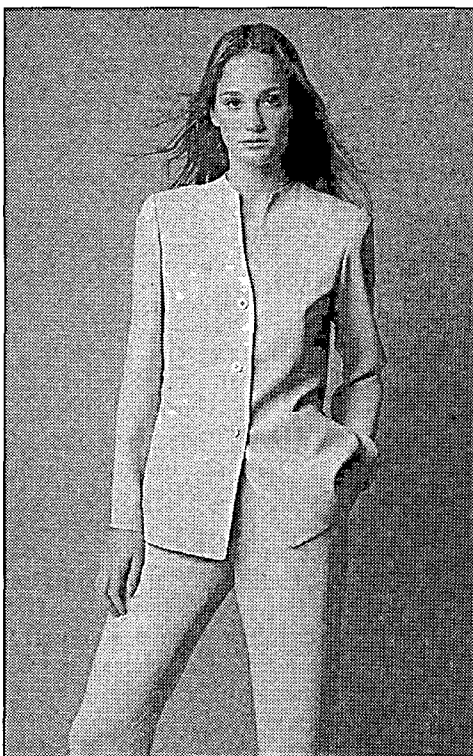
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Peter Daniel Offers Women Style and Elegance with the Tamotsu Collection

Catch the "spirit of understatement" with Tamotsu. This beautiful line of designer women's separates is now available exclusively at **Peter Daniel**. Known for elegance and refinement, the new spring line is glamorous with sophisticated fabrics that shimmer and textures that stretch and crinkle. Your choices are modern and polished, yet still classic, making these clothes perfect for social or professional occasions. Comfortable and easy to wear, all women can wear Tamotsu. Hillary Rodham Clinton, Rosie O'Donnell and Joan Lunden are just a few women who have discovered this fabulous line. Stop in and try on something from one of our new collections.

Visit our updated and expanded men's department. We've added new collections which offer an international fashion appeal: elegant dress shirts and ties from XMI; soft tailored suits and sport coats from Kenneth Cole, Jack Victor, Oliver and Hilton; great casual ideas in dressy tee shirts and sportswear from Gran Sasso, Zanella, Barry Bricken, Como Sport and Raffi. We haven't forgotten the traditionalists either. New lines from Bills Khakis, Scott Barber, Robert Talbott and Gitman have just arrived. Traveling soon? Try our great wrinkle-resistant khakis from Passport available in four colors. And don't forget the feet. Try on a pair of Mephistos—the world's most comfortable walking shoe. You won't be-

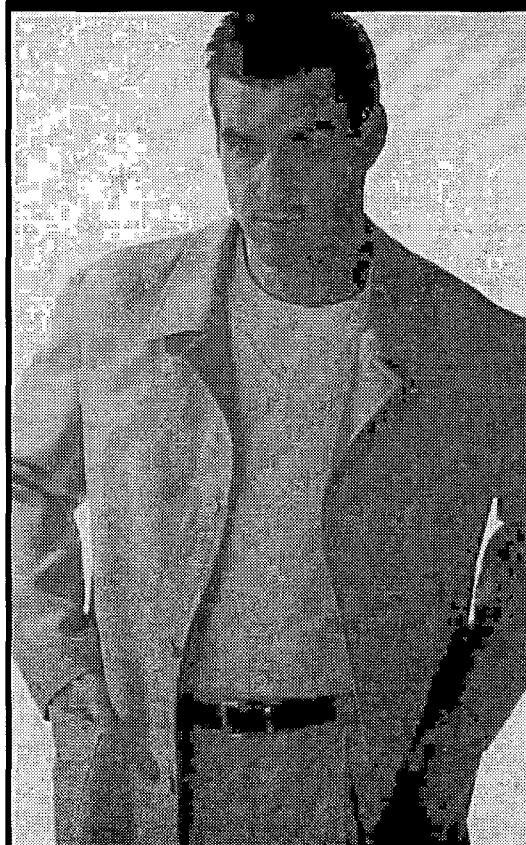


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tioning hair color?

Don't forget a manicure and pedicure for the final touch!

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the same time as the program registration.

Participants and volunteers who are unable to attend the in-person registration may apply by mail. Mailed applications will be processed after April 15 as they are received. Applications are available at Health World, the Barrington Public Library, the Barrington Park District, area preschools and District 220 grade schools and middle schools.

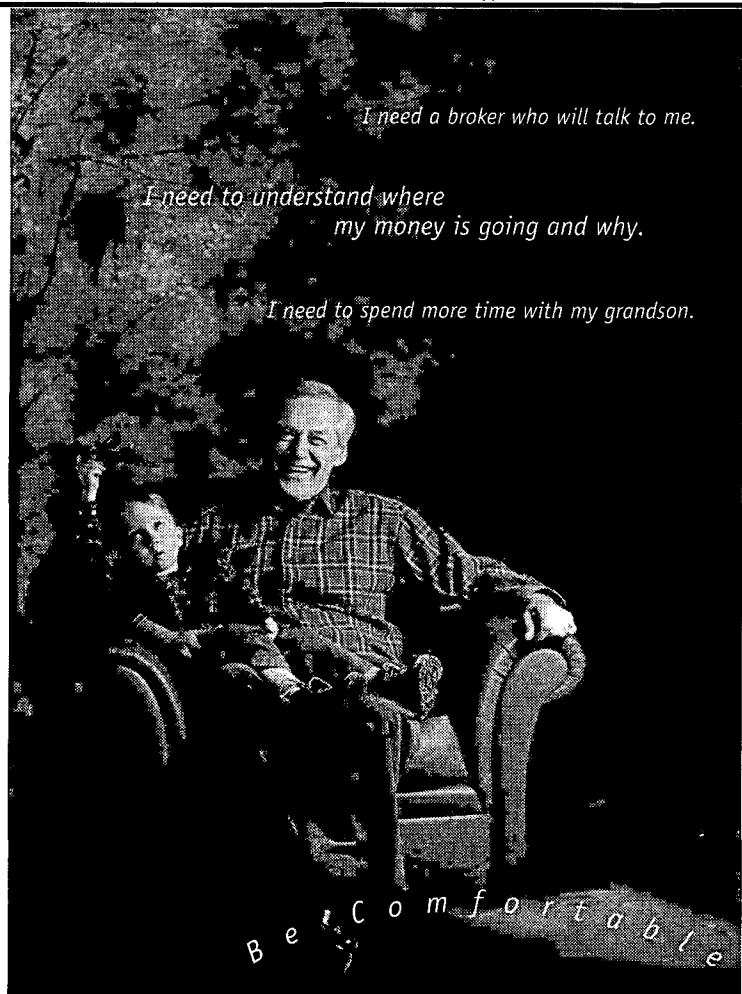
Safety Town is affiliated with and certified by the National Safety Town Center in Cleveland, OH. Locally, Safety Town has been operated for more than 20 years by

the nonprofit Barrington Junior Women's Club along with many local businesses who lend their support financially and otherwise. During the program, children learn safety behavior through role-playing in simulated and actual life situations. Among the issues taught during classroom lessons, field trips and on the streets of Safety Town are: bicycle, vehicle and pedestrian safety; stranger danger; poison/drug safety; and electrical and fire safety. For further information about Safety Town, please call BJWC at 847-622-3838.

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Time for Learning, Volunteering at Safety Town

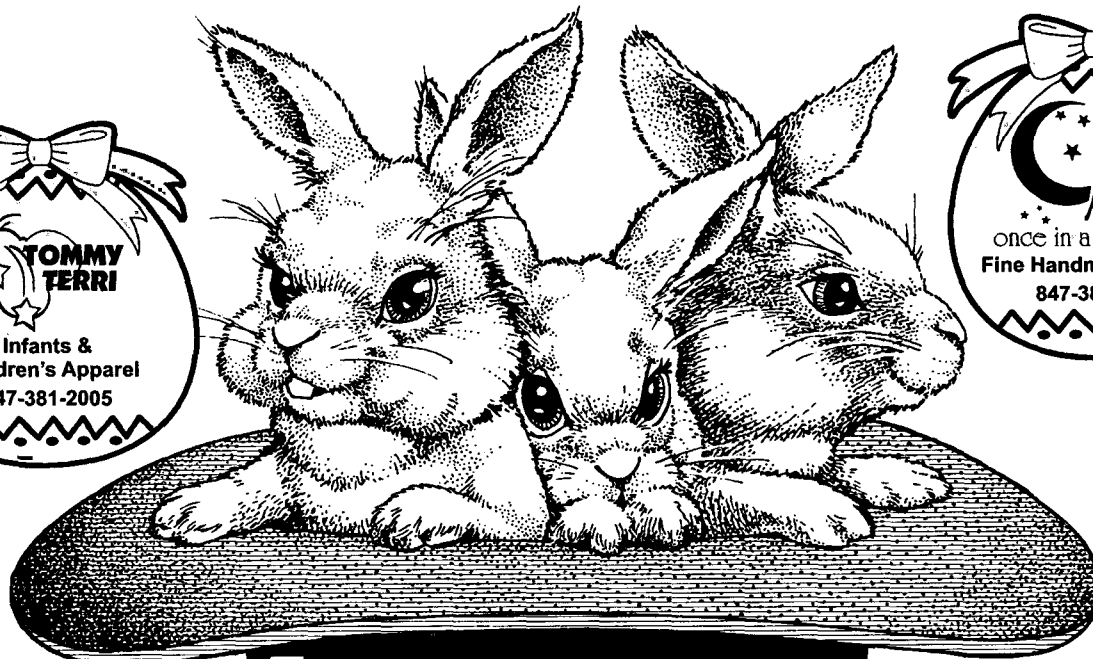
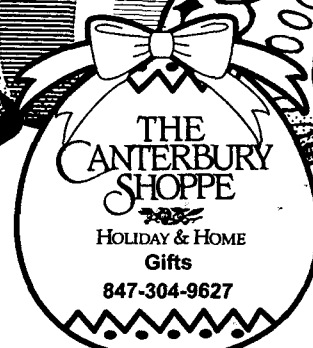
Safety Town is once again welcoming area kindergartners and volunteers this summer for learning and fun!

Registration for the early childhood safety education program will be held on Saturday, April 15 from 8:30 to 11:30 AM at Health World in Barrington. The program is open to any child residing within the School District 220 area who has just completed kindergarten or who will be entering kindergarten in the fall. Applications may be made in person at registration for one child and one additional friend at the same time. Instruction will be offered during two sessions: Session One runs from June 12 to 23; Session Two runs

from June 26 to July 11 (no classes July 3 and 4). Class times during each session are 9:15 to 11:15 AM; noon to 2:00 PM; and 2:30 to 4:30 PM. The program will be held Monday through Friday during each session at Safety Town, a permanent miniature town at JFK Health World in Barrington. The fee is \$40 per child.

Volunteers are at the heart of making Safety Town work. Under the direction of two site directors and their assistants, about 150 area sixth-, seventh- and eighth-graders are needed to pair up as team leaders to guide the Safety Towners through their lessons. Volunteer sign-ups will occur at Health World on April 15 at

HOP TO SHOP AT THE BARRINGTON ICE HOUSE

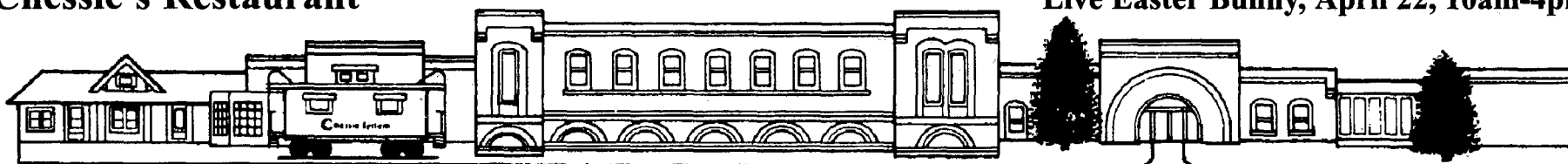


This Easter season at the **ICE HOUSE**, open up your own Easter egg and find a discount coupon of up to 40% off your purchase. Wear the latest fashions, featured at our men's and women's shops, and visit the area's largest children's store, who will fit your child in the perfect Easter fashion. You will find jewelry, skin care cosmetics, lingerie, hair and nail salon, plus antiques and collectibles. The shops at the Ice House combine friendly service with great merchandise at the right price. Remember Passover, Easter cards and our Village Shops full of unique, specialty gifts. With every purchase you can ask to open your own Easter egg which will reveal a 5% to 40% discount coupon, good on April 13, 14, 15 and 16. So, HOP TO SHOP and meet our lovable EASTER BUNNY, Saturday, April 22, from 10:00 AM to 4:00 PM, with treats for the children, and bring your camera for memorable photos or see our on-location photographer.

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Convenient Downtown Location • Also Open Thursdays Till 8pm & Sundays 11am-3pm
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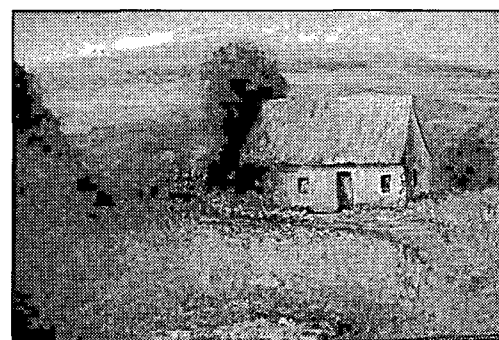
www.duntongallery.com

Tax Free Day, April 15 Long Grove Artist Show, April 28

Dunton Gallery invites you to purchase original fine art *Tax Free* on Saturday, April 15, 2000. This offer will apply to purchases made in the gallery but only made that day. We hope that this will give both loyal current and new clients an opportunity to bring home treasures that will last a lifetime while getting a break from the tax man.

On Friday, April 28, from 6 to 9 PM, the gallery will be hosting an opening reception for a one-woman show featuring the work of Georgia Maskalunas, a Long Grove artist. The artist will also be in the gallery on Saturday, April 29, from noon to 4 PM.

This show, entitled "A Floral Celebration," will feature Georgia's still-life as well as a few of her landscape paintings. Just as we have with many of our local artists, this will be a first formal gallery show fea-



Cottage by Georgia Maskalunas, 30" x 48"

turing her work exclusively. Georgia has received some of her training at the Art Institute as well as through workshops with many of today's leading artists such as David Leffel, Ovanes Berberian and Clyde Aspivig.

The gallery will also be hosting a fund-raising benefit for the Metropolis Youth Symphony on Sunday, April 30. For additional information, feel free to call the gallery for details.

Dunton Gallery is located at the Dunton Avenue end of the Evergreen Center in downtown Arlington Hts. Our primary operating hours are: Tuesday through Thursday, 11 AM to 5 PM; Friday, 11 AM to 8 PM; and Saturday, 10 AM to 4 PM. Appointments are gladly accommodated at all other times. Just call us at 847-818-0694 or visit us on the web at www.duntongallery.com.



Still-life by Georgia Maskalunas, 24" x 24"

Whisk Your Spring Cleaning Chores Out the Door

The ritual of spring cleaning has mellowed since the age of wood and coal burning stoves. Nonetheless, the need for a thoroughly deep cleaned house still courses through our veins each year. But who has the time or the energy after a grueling day at work to scrub floors, pumice hard water deposits and wipe down baseboards?

The Maids' system is your answer to spring cleaning. Supported by customer surveys that testify to our excellent service, the staff at The Maids takes pride in the professionalism and reliable workmanship the teams deliver to each home.

The Maids' trained and uniformed, four-person cleaning teams will whisk your home into shape by following a rigorous 22-step Healthy Touch process. It's perfect for spring cleaning or for weekly maintenance cleaning. And, The Maids' 22-steps guarantee your satisfaction by

being the most thorough cleaning system in the industry. In fact, The Maids' Healthy Touch cleaning system is scientifically engineered to remove up to 50% more dirt and contaminants than conventional cleaning methods. So, your home will be noticeably cleaner and healthier.

Speaking of health and spring, we are all aware of the beginning of spring allergies for many people. While The Maids can't do anything about the pollens and other irritants outside the home, their multi-filtration vacuuming system removes more of the dander, mold spores and dust mites that cause health and respiratory problems inside your home.

For more information or to schedule a cleaning appointment, contact The Maids at 368-1250. You've tried the rest. This spring, why not call the professionals who know the best!

Caregiver Education and Support Programs

The Barrington Area Council on Aging, Inc. (BACOA) and the Lutheran Church of Atonement invite you to participate in the following Caregiver Education and Support Programs being held at the Barrington Library, 505 North Northwest Highway. All programs will be from 7 to 9 PM.

• Tuesday, April 4, "Thinking of Becoming A Caregiver: Things You Need To Know"—Presented by Joyce Palmquist, Executive Director of BACOA, this pro-

gram will present an overview of the many aspects of being a caregiver including developing a plan, resources and caring for yourself.

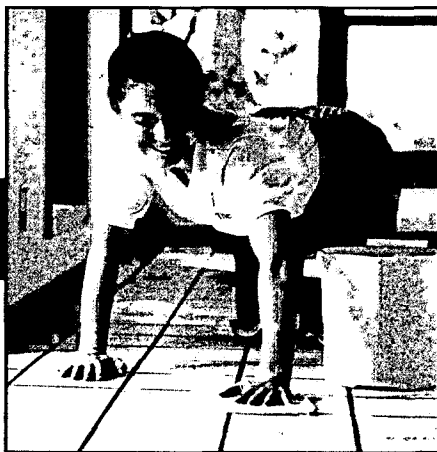
• Tuesday, May 2, "Tools and Toys to Support Independence."

• Tuesday, June 6, "The Normal Aging Process."

For more information or to register, call BACOA at 847-381-5030.

Let us do the
**DIRTY
WORK.**

Trust your
spring cleaning to
the quality experts!



Dreading your annual spring cleaning chores? Don't put them off any longer — call THE MAIDS! We'll tackle your toughest seasonal cleaning jobs to help you get a jump on Spring!

Healthy
Touch®

The Maids®
Because You Have Better Things To Do.™

Our Healthy Touch® Service includes:

1. Edge/Vacuum Carpeting
2. Vacuum Stairs
3. Vacuum Upholstered Furniture
4. Dust Furniture
5. Vacuum Hard Surface Floors
6. Remove Cobwebs
7. Dust Sills & Ledges
8. Dust Wall Hangings
9. Pick Up & Straighten
10. Clean Entry & Patio Door Windows
11. Clean & Disinfect Toilets, Tubs & Showers
12. Clean Bathroom Sinks & Counters
13. Clean & Disinfect Bathroom Floors
14. Make Beds/Change Linens
15. Change Towels
16. Wash/Wax Kitchen Floors
17. Clean Kitchen Sinks
18. Damp Wipe Cabinet Doors
19. Clean Outside of Appliances
20. Load Dishwasher
21. Wash Counters
22. Remove Trash

• Trained cleaning professionals

• Bonded & Insured

• Employment taxes paid

Call for a FREE estimate:
847-368-1250



An Independent Franchise of THE MAIDS International

What's Happening at Starr Couture

Spring is in full swing and we are having an overwhelming response for our spring collections. If you have not yet had the opportunity to visit us, we invite you to come in and to let us show you our latest fashions. This month, our focus will be on the career woman, including an in-store seminar. Subjects covered will include: putting together a wardrobe that works for corporate and business casual; accessorizing and updating your existing wardrobe; travel tips; and transitioning from day into evening looks.

Our March Trunk Shows were a tremendous success. If you missed them this



Starr Kondos, Owner

time, we hope you will plan on attending our next trunk shows in July.

—Starr

Special Savings at Little Munchkins

\$4.00 OFF Any Purchase Of \$20.00 Or More

Not Valid With Other Sales • Present Coupon At Time Of Order
1 Coupon Per Purchase Per Customer • Expires 4/30/2000

Little Munchkins has moved! **Little Munchkins** is now located at 141 S. Northwest Highway, (formerly Pittas Greenhouse).

At this new larger space, they continue to have wonderful children's clothing for sizes preemie to four toddler as well as exquisite, upscale Ragazzi furniture, twin beds, bunk beds, dressers, cribs and bed-

ding, along with the latest in cradles.

Easter will soon be here and our spring fashions are arriving daily—all the brands you love! Accessories such as hair bows, hats and caps give the finishing touch.

So look for **Little Munchkins** at their new address—141 S. Northwest Highway in Barrington.

Step into Spring with a More Beautiful You

I can't believe spring is here; it is the most beautiful season when the flowers start to grow and the trees are budding.

Now is the time to book for your facial, to have your esthetician look at your skin through our mag lamp to see if there is any damage from the winter. The epidermal layer of the face has a difficult time changing with the season. Dead cells appear and the skin becomes lifeless, casting a sallow look. In our facial room, we treat the skin for the condition it's in. We steam, vacuum, remove black heads, brush, exfoliate, massage and then a special mask is applied according to the skin type.

Spring is a good time to have a new make-up look. Spring make-up is totally different from winter.

We have a couple of new services now. Body Bronzing—you can have a beautiful tan all over your body and face without any sun damage. It is fantastic! Our other new service is for the hands and feet using glycolic acid to remove dead skin and help remove sunspots and then a moisturizing treatment is given.

Our wonderful day spa is going very well. People are coming for the Vichy Shower to have a spa glow. What a great treatment! Having the warm Parafango Mud on their back or placed on problem areas of the body is a great stress remover.

Rediscover your skin with Micro-Peel, a progressive, non-invasive procedure for skin resurfacing. Microdermabrasion

works in two ways, correction and stimulation. For correction, the speed of the crystal flow causes an abrasive action that gently removes the surface layers of the skin, allowing smoother, fresher skin to emerge. In stimulation, the vacuum action helps to stimulate microcirculation, increasing the blood supply that provides nutrients needed for skin regeneration. It also stimulates formation of new collagen and elastin to improve texture and elasticity.

Many different skin problems can be treated with microdermabrasion, such as:

- Sun-Damaged Skin
- Fine Lines and Wrinkles
- Uneven and Granular Skin
- Enlarged Pores
- Blackheads and Comedones
- Superficial Scars
- Some Stretch Marks

I am very pleased to announce that my son, Jeffery Powers, will be coming into the business as a manager in April. The business has grown so much in the past years—"I need help!" Now I can spend more time with lectures, product developing and teaching.

I hope to see all of you in our studio and day spa soon. Have a happy, healthy Easter and, most of all, have fun!

Sincerely,
Cathy Ramstadt, Owner
Syd Simons Day Spa



seminar "fashion in the workplace"

April 12 & 13, 7:00PM

LIMITED SEATING • PLEASE RSVP TO CONFIRM SEATING



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Hours: Monday-Saturday 10 a.m. to 6 p.m. • Evenings by Appointment

April 6, 7 & 8

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WE'VE MOVED! WE'VE MOVED! WE'VE MOVED!

LITTLE MUNCHKINS

HAS MOVED TO:

141 S. NORTHWEST HWY.
(FORMERLY PITTAS GREENHOUSE)

"Shopping at Little Munchkins is a Grandmother's Dream"

WE'VE MOVED! WE'VE MOVED! WE'VE MOVED!

STEP INTO SPRING WITH A MORE BEAUTIFUL YOU

with Syd Simons

Package Plans Available or Make Your Own

- Micro-dermabrasion
- Makeup Applications
- Deep Pore Facials
- Rapid Exfoliating Treatment
- Makeup Lessons
- Body Massages
- Spa Manicures & Spa Pedicures
- New Hand & Foot Treatments
- Spa Glow Treatments
- Body Facial
- New Body Bronzing
- Body Wraps (Lose 6-15 inches)



Dr. Murad's Exclusive Products & Treatments

"Where Makeup is an art, skin care is a science... and body care is a necessity."

Syd Simons
Day Spa

117 Barrington Commons
Barrington **381-8727**

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SPECIAL OF
THE MONTH**
"Just the
Right Shoe"

- Fantastic Selections
- Great Prices
- Old Fashioned Service

LIMITED EDITION
COLLECTIBLE ART
NAUTICAL & GOLF GIFTS
CLOCKS & WATCHES
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PORCELAIN, PEWTER
& BRONZE FIGURINES
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GIFT SHOP & GALLERY

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"Historical Architecture" Topic for Art Associates

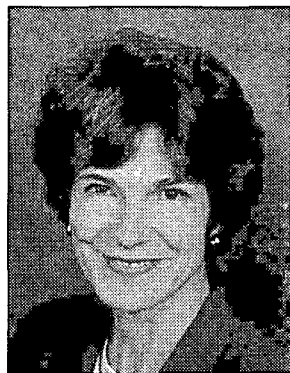
The final lecture of the Members Present Art Series of the Barrington Community Associates of the Art Institute of Chicago will be Thursday, April 6, 1 PM, at the Barrington Area Library, 505 N. Northwest Hwy.

"Historical Architecture," a slide lecture by Mary Thennes, will highlight various styles of architecture including the historic beginnings of Greek, Classical and Tudor architecture and their eventual revivals in the United States. Styles most popular in the Midwest will be included, such as: Queen Anne, 2nd Empire, Prairie Four-square and Craftsman.

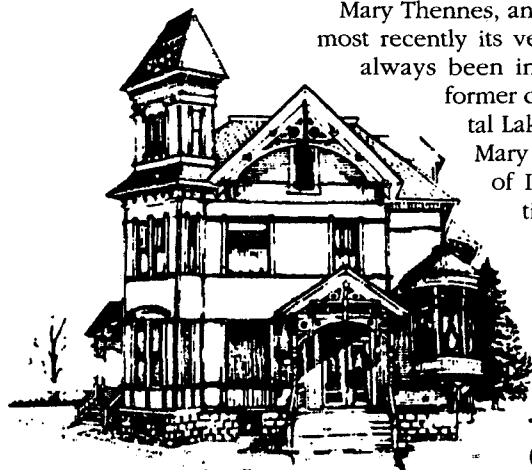
Mary Thennes will explain why architectural styles came into fashion and also the reasons for their inevitable fall from grace. Changes in building technology, such as The Balloon Frame, and their effect on architectural styles will also be included.

Mary Thennes, an Associates member for 15 years and most recently its very capable Publicity Chairman, has always been interested in old houses. She is the former chair and current member of the Crystal Lake Historic Preservation Commission. Mary is the current Illinois State President of International Quilters, an organization dedicated to antique study and historic preservation.

This lecture is free; the public is invited. For further information, please call Evelyn Richer at 847-381-5349.



**Mary Thennes, lecturer
for "Historical Architecture"**

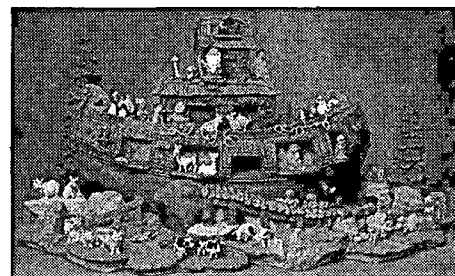


**The F.W. Patrick House, 1885,
Queen Anne Style**

Time & Treasures Gift Shop— Your Gift Destination

Time & Treasures Gift Shop and Gallery is located at 21198 Commercial Drive in Hawthorn Woods/Mundelein on Gilmer Road just east of Midlothian.

Kathy Marcus, the owner of **Time & Treasures Gift Shop and Gallery** has selected a unique blend of elegant gifts from around the world not commonly found in your local mall. Even though her



Limited Edition Noah's Ark

store is not in a major shopping area, the store has earned the support of the community because of her beautiful selection of gifts, art and collectibles. Most of the customers are delighted with the store's charm and the personal attention they get from the owner. **Time & Treasures** represents many fine brands, such as: Armani, Fenton, Howard Miller, Edna Hibbel, Windsor Bears and Willet Shoes to name a few. The store is worth the trip, so make it one of your shopping destinations. This month, they are featuring many gift items for the Easter holiday.

Their store is a refreshing experience and well worth the trip.



Amy Rebecca's Floral Garden

Spring Gardening Programs

Spring is here! Whether you are an avid gardener or just starting to experience the joys of gardening, you will want to attend the classes offered from 7:30 to 9:30 PM on April 13 and 27 at Langendorf Park in Barrington.

In the first class, "Water Gardens," Richard Walsh will show how to add a new dimension to your garden by teaching the basics of water gardens. A well-designed pond or water garden can require as little as 15 minutes maintenance per week. Mr. Walsh will cover all aspects of water gardening from the materials to start the design and construction to the best plant selection. You will be shown how to select plants for beauty and for maintaining the health of your water garden as well as how to use special stones in your pond or waterfall. Maintaining a "balanced" water garden, large or small, will be demonstrated. The "balance" is provided by different types of plants such as deep water aquatics and oxygenators as well as aeration, so that algae does not form and the pond does not become a mosquito haven.

On the second evening, April 27, two separate programs will be presented. The first, "Between a Rock and a Hardscape," will show how to unify your garden and add interest with benches, fences, edgings, arches, pathways, patios, walls, gazebos and statuary. You've seen the perfect bench; you've fallen in love with a little statue; but where do you place them? Will they add to or distract from your garden? Lisa Pollman, founder of Landmark Design, Inc. in Bartlett, will show how to choose hardscapes which will achieve balance, rhythm and contrast.

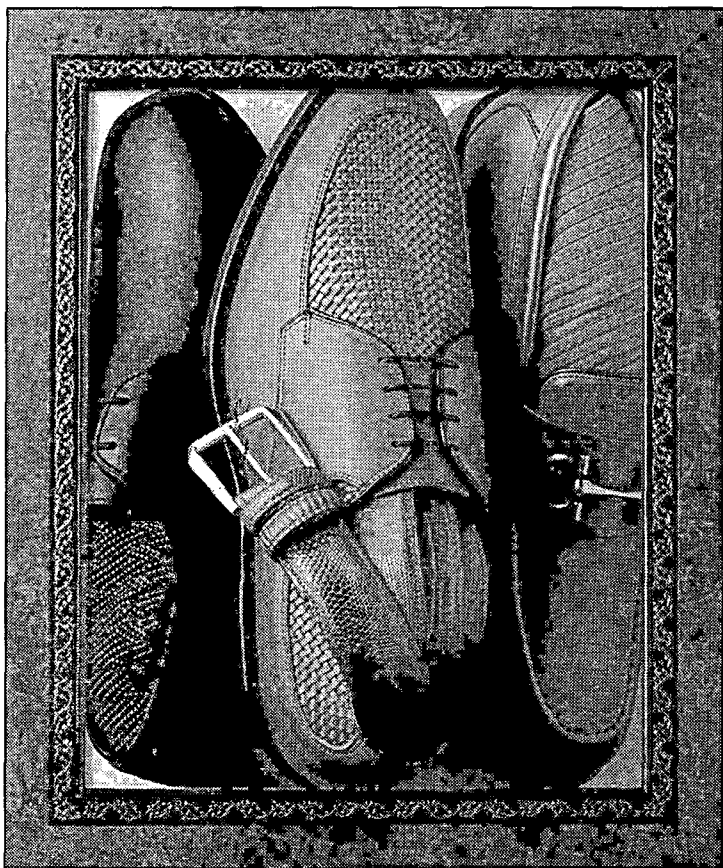
The second program on April 27 will cover exterior lighting. Learn how to pro-



Lisa Pollman will focus on hardscapes.

duce the drama of exterior lighting, softening the night and adding a new perspective to a garden while illuminating pathways and promoting safety. Dave Askelson will show how to achieve the best results with exterior lighting. Presenting today's possibilities, you will be able to weigh the factors of durability and cost when making choices and setting priorities for the evening garden.

These programs are sponsored by the educational focus committee of the Council of Barrington Garden Clubs and the Barrington Park District and will be held at Langendorf Park, 235 Lions Drive in Barrington. The fee is \$10 for each evening. Barrington Park District residents who preregister pay only \$8. All are encouraged to preregister as they will be guaranteed copies of handout material. Contact the Barrington Park District at 847-381-0687 or council representatives at either 847-526-2590 or 847-381-0085.



Please join us to preview the complete line of Allen Edmonds men's shoes and accessories on Saturday, April 8 at our Trunk Show from 10 AM until 4 PM.

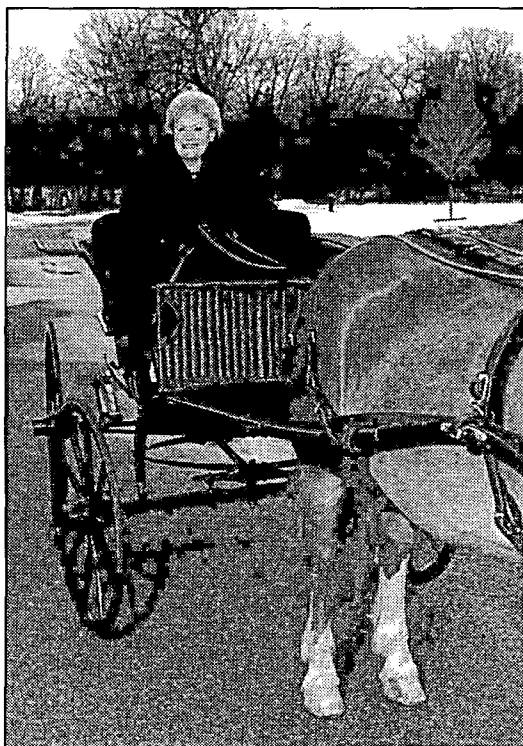
This exciting preview takes place at **Chuck Hines** on Main Street in downtown Barrington.

Ms. Fitz Rummage Sale

Mark Saturday, April 15, on your calendar for this year's Ms. Fitz Rummage Sale at Countryside School in Barrington Hills, (corner of Brinker and Lake Cook Roads). The annual sale is celebrating its 50th year in service to the surrounding communities.

Announcing this year's historical event is Ms. Fitz, (a.k.a. Mrs. Jean Mason, Principal of Countryside School), seen here in one of the beautiful carriages at Tudor Oaks Farm, the home of Mr. And Mrs. Richard Stephenson.

As has been true over the years, the parent volunteers supporting Ms. Fitz are busy collecting really wonderful items from which to select bargains, including furniture, housewares, electronics, sports equipment, books and tons of clothes. As always, there will be a special boutique with lovely goodies. The sale will be from 8 AM to 2 PM. There will be a bag sale from 3 to 4 PM. If you should have any questions, please contact Stella Hedden at 551-1908.



**Mrs. Jean Mason, Principal
of Countryside School in Barrington.
Photo by Portraits by Thomas.**

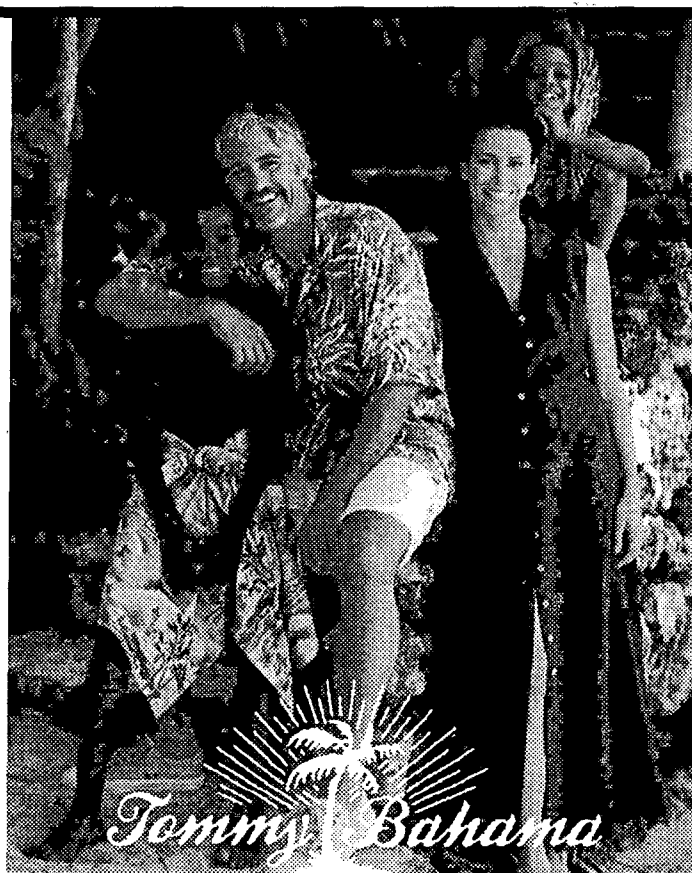
Join Ben E. Salon Spa During April for Our Earth Month Promotions

Ben E. Salon Spa, for the 12th year, is hosting its Annual Earth Month Event. Call or stop in to schedule an appointment on April 14 for a relaxing Aveda Stress Relieving Treatment, hand massage and makeup application.

Donations will be accepted for the Mississippi River Basin Alliance. This group protects and preserves the Mississippi River Basin for future generations. Also,

during the month of April, we will be accepting pledges for our annual Walk-A-Thon to raise money for a chosen recipient, which this year is the Mississippi River Basin!

Ben E. Salon Spa is located at the intersections of Rts. 14 and 59 in Barrington. Call **847-381-2160**. Now celebrating our 20th Anniversary!



Purveyor of island lifestyles. Available at Chuck Hines... fine apparel and accessories for men, women and boys.

Chuck Hines

141 W. MAIN • BARRINGTON • (847) 381-6616
MON-WED & FRI 9:30-6 THUR 9:30-8:30 SAT 9:30-5

AVEDA
the art and science of pure flower and plant essences™



Celebrate Earth Day.

Make a Difference with Aveda's Appointments for the Earth.

In April, Aveda will donate a portion of the proceeds from services and select products to organizations that work for biodiversity. Be an instant environmentalist - and activist - and look better, too. Make your Appointment for the Earth today.

Awake. Aware. Aveda.

**SEE US ON APRIL 14 FOR OUR
SPECIAL EARTH MONTH PROMOTIONS!**

**BEN E. SALON
SPA**

123 W. Northwest Hwy.
(Intersection of 14 & 59)
Barrington
381-2160

Hours: **Tuesday-Thursday 9:00-8:00**
Wednesday-Friday 9:00-6:00
Saturday 8:30-4:00



20 Years of Service in the Northwest Suburbs

50% OFF LIQUIDATION

"any reasonable offer accepted"

— SELECT MERCHANDISE —

ONLY 3 WEEKS LEFT!

Michal's Jewelry

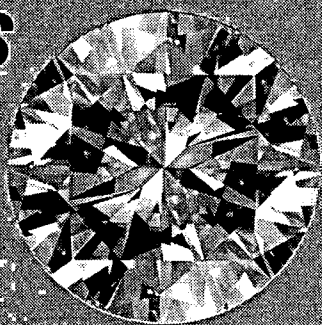
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**The Finest and Largest Selection
of Pre-Owned Rolex,
Diamonds, Designer Pieces**

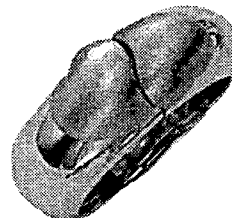
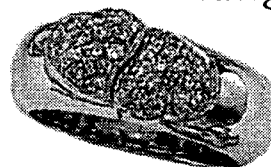
Appraisal and Repair Service

**new 2000 jewelry line
now showing**

**Quantity
Selection of
Large, Loose
Diamonds
Available**



*the Secret
"I Love You"
Rings*



Not an authorized Rolex dealer.

Protect Your Furs for the Millennium

Don't let summer sneak up on you! We at **Shari's** would strongly urge our customers to clean and store your coats early this year. Our cold vault storage and expert cleaning/conditioning will not only keep your fur looking its best, but will **help give it extended wearing life.**

We at **Shari's** feel spring storage gives us the perfect opportunity and time to make the small repairs and major remodels so your fur will be ready for next year's inevitable blast of winter.

Spring is a good time to choose a new fur for next season. **Shari's** offers the finest selection of new and used furs. Our resale racks offer an option to our patrons of selling their old fur and possibly reinvesting in a new one, and at the same time, making affordable furs available to others.

At **Shari's**, when you purchase a new fur garment, **all alterations, monogramming, and first-year storage are**



included. There are no hidden charges. This is a wonderful time to think layaway for the following winter at today's prices.

Shari says: "Bring in your coat soon. Both you and your garment will be glad you did."

Inches and Toxins

Wondering how to look your best without starving yourself for the next week or two? How do the movie stars and models do it, both men and women?

Call **Barrington Bodywrap** and we will wrap you in mineral soaked ace bandages which will assist with detoxification of chemicals, pesticides, medications and metabolic waste through the skin. The bodywrap is not a dehydrating wrap which only decreases inches by pulling out water from the cells. With our wrap,

you retain the water but lose the toxins that are responsible for adding the extra inches.

You will lose unwanted inches quickly and keep them off, feel better and look good. **Barrington Bodywrap** is located at 557 N. Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy Lube.

Call **847-277-0742** for information or to make an appointment.

The European Art of Nail Care

Are you looking for a way to relieve stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. **Nails Design**, located at 557 N. Hough Street in Barrington, has been in business four years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

Complete nail services, featuring hand-

filed acrylic, gel and sculptured nails, are available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **847-304-9205** for an appointment and additional information.

Lakeside Moms and Tots Announces April Activity Schedule

Lakeside Moms and Tots has announced their April calendar of activities including the first Park Play Day of the season.

Lakeside Moms and Tots aims to provide a social and educational outlet for parents, caregivers and children. The group provides a monthly newsletter to each member detailing the planned activities taking place throughout the community. All parents or caregivers of young children are invited to come to an event to find out more about the group.

For more information about joining, please call Elizabeth at 726-8567 or Janice at 540-8571.

April Calendar of Events

- April 3, Noon, Rinkside Sports, Gurnee
- April 5, 10:30 AM, Fantasia at IMAX in Lincolnshire
- April 6, 9:30 AM, Members Breakfast, New Life Church, Lake Zurich

- April 7, 10:30 AM, Sesame Street Live.
- April 8, 10:00 AM, Hot Wheels Roller Rink, Mundelein
- April 10, 11:00 AM, Open Gym at Wauconda Parks and Recreation
- April 11, 2:30 PM, Buffalo Restaurant and Ice Cream Parlor, Buffalo Grove
- April 13, 10:00 AM, *Beauty and the Beast*
- April 17, 11:30 AM, Lunch at McDonalds, Lake Zurich
- April 19, 9:30 AM, Mall Walk and Meet the Easter Bunny
- April 25, 10:00 AM, Serpent Safari and Lunch at the Food Court, Gurnee Mills
- April 26, 3:00 PM, Star Wars Exhibit at Lake County Museum
- April 27, 7:30 PM, Mom's Night Out Fundraiser with Various Home-Based Businesses, Lake Zurich
- April 28, 1:30 PM, Park Play Day at Old Mill Grove Park in Lake Zurich

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10% OFF

Cleaning and Storage

With this ad
Not valid with any
other offers

Complete
Remodeling and
Repairs Available

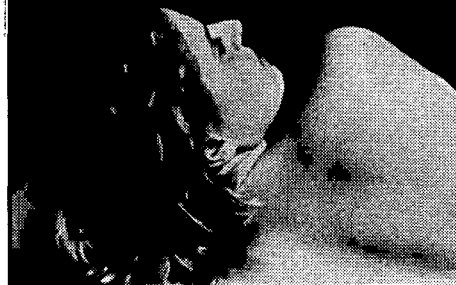


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Suddenly Slender™
The Body Wrap



Lose 6-20 Inches Fast!

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BODYWRAP

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Make your appointment today!



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NAILS DESIGN
SPECIALS

Sculptured Nails Only \$40
Manicure & Pedicure Only \$35
1st Time Clients Only

- Manicure • Pedicure
- French Manicure • Sculptured Nails
- Nail Wrap • Gel
- Paraffin Dip • Waxing

Call for Your Appointment

557 N. HOUGH
(INTERSECTION OF 14 & 59)
BARRINGTON

847.304.9205

MON. 10-4, TUE.-FRI. 9-7, SAT. 9-5

NEW!
Sculptured
Pink-and-White
French Acrylic Nails
with Gloss Finish
\$45 Full Set
\$33 Fill-In

New Generations Presents Evening of Fun and Information for Teens

New Generations, a nonprofit organization that gives local teens the opportunity to plan and implement activities for themselves and the community, will present "Keeping It Real," an evening of fun and information, on Wednesday, April 19, 2000, from 6 to 9 PM at the Barrington Park District. The program is for high school age young adults and high school seniors preparing for college are especially encouraged to attend.

Three different areas of interest will be explored, presented by adult professionals with plenty of time for questions and

answers. "Good Nutrition on a Budget" will be presented by Here's Health Barrington and Melissa Dotson, CPA. Jeanette Repp, a 2nd degree blackbelt in Ceido Karate, will demonstrate "Self Defense" techniques. "Massage Techniques for Stress Reduction" will be demonstrated by Kara Ehrle, certified therapeutic masseuse.

Dinner will be served and door prizes awarded. There is no fee for this program, but registration is required.

For more information and to register, call Libby Rieke, Executive Director of New Generations, at 381-2277.

From Classic to Extraordinary



OSCAR HEYMAN & BROTHERS

Dalzell & Co.

23 North Williams Street, Historic Downtown Crystal Lake
(847) 382-3944 or (815) 455-3600

Monday - Saturday and also by appointment. Open late Thursday. Complimentary catalog available.

"Direct Diamond Importer"— What Does it Mean to You?

Dalzell & Co. Fine & Antique Jewelry is your nearby direct diamond importer, specializing in engagement, wedding and anniversary rings in styles from classic to extraordinary. A direct diamond importer buys in volume and cuts out the "middle man," thus providing you with the best quality, selection and price—in fact, better values than you'll find in Chicago!

Of course, providing exceptional jewelry means even more when an expert staff stands behind it. That's why **Dalzell & Co.** employs a full-time team of three Graduate Gemologists, two Designers and three Graduate Jewelers of the renowned Gemological Institute of America (GIA).

These professionals have the education and expertise to advise you through every step of your selection and to assist you with custom jewelry designed to your specifications. Repairs are also performed on the premises, often while you wait.

Dalzell & Co. Fine & Antique Jewelry is located at 23 N. Williams Street, Historic Downtown Crystal Lake—*closer than Woodfield Mall and with easy parking too!* Open Monday through Friday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; Saturday, 9:30 AM to 4:00 PM; and also by appointment. In Barrington, please call **847-382-3944**.

Claude Thomas' Exclusive Services—

The Smart Peel, The Non-Surgical Facelift, Facial Treatments, Permanent Make-Up, Hair Extensions and Add-On Hair and Wigs

Along with all of our services, **Claude Thomas** is introducing our exclusive and exciting new service, **The Smart Peel**. Compared to a chemical peel, this exfoliation treatment offers the benefits of higher precision and enhanced results. The combination of skin exfoliation and slight suction stimulates the production of new living cells at the base level of the skin. This causes cell turnover and improved blood flow. The result is a healthier, fresher skin with enhanced elasticity and skin texture.

The Smart Peel is a new treatment in the U.S.A. Having been used for many years in the most exclusive spas in Europe, this service has an immediate healing time. There is no need to hide away for days and weeks before returning to your normal lifestyle.

The benefits of this treatment are many:

- Works on all skin types
- Elimination of fine lines and wrinkles
- Lightens and can even eliminate age spots and hyperpigmentation from sun damage
- Reduction of open pores
- Reduction and/or elimination of broken capillaries, scars, stretch marks and white- and blackheads
- Restores sun damaged skin

Along with **The Smart Peel**, **Claude Thomas** has the **Stimulating Lift Treatment**. This program will help take years off the appearance of aging skin without surgery. Signs of aging, such as sagging skin and wrinkles, are usually the results of poor muscle tone. The most important function of the **Stimulating Lift** is to tone up and contract the underlying muscles of the face and neck, helping to restore and recondition the tone and elasticity of both the skin and muscles to provide a firmer, more youthful condition. The treatment minimizes wrinkles, blemishes, age lines, crepe-like throats and sagging facial and neck muscles.

Another one of our exclusive services is **Hair Extensions**. Not all hair extensions are alike. We only carry the most innovative methods in our industry. Our systems do not damage your own hair like so many systems in other salons. We only use the best hair in our industry. Not all hair is equal. Many systems use hair that



Taking care of you is serious business... but we make it fun too.

is substandard and will knot and appear dull and fake-looking in a very short time. We use two systems. One is the **Polymer Attachment System** and the **Micro-Links System**. The **Polymer Attachment System** attachments are polymers equal to the human hair structure, not glue, wax or twisting and braiding that damages your own hair. We use 100% human hair, with the cuticles all going the same direction. We do not use synthetic hair or hair without cuticles that get tangled and become dull after a few washes. This hair is easy to perm or color. After a consultation, we would determine what would be right for you.

Permanent Makeup will be offered at **Claude Thomas** exclusively in May. This service will be done by Claudia. Call us and find out more about these exclusive services. Check out our **Easter Break Specials** too.

Our Spring Break & Easter Specials are **20% off on all gift certificates** for our spa services. This makes a great Easter gift! **Claude Thomas** has **weekend nails** that last for a week or more without damage to your natural nails. The cost for weekend nails this month is **\$40**.

Special introductory offer—**Mark**, our European stylist, and **Maureen**, our nail technician, are offering **20% off** for first-time clients. Plus, **re-book** and receive **30% off** your next visit.

Not sure what style you want for the spring and summer? Come in for the **computerized virtual make-over** for **\$30**. Or maybe you have a friend or relative that needs a change? Send them on in.

Happy Easter from Claude Thomas!

The Hair *The Skin* *The Nails*

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You Deserve Us

Claude Thomas has exciting and innovative services that are new to our industry. Check out these exclusive services and our April Specials in our editorial.

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See Our Editorial For April Specials →

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Spring has arrived at **A'L'Amour** with beautiful selections for Prom and Blacktie as well as mothers and guests of the wedding.

Spring also brings special events. **A'L'Amour** is proud to feature two very special trunk shows.

On April 7, 8 and 9, **Watters and Watters** and **Watters** too will be showcased. These award winning designs for bridesmaids, mothers of the wedding and informal bridal are always exciting to preview.

On April 20, 21 and 22, **Mera Couture Bridal** will be showcased. Valerie Michelle, the designer for **Mera**, will be on hand to personally assist you with her designs and customize your selection so you can make it uniquely your own.

Reserve your appointment now for these special events at **847-381-5858**.

May events include a spectacular Bridal Sample Sale on May 5 and 6 and a special Mother's Day Celebration on May 13 with sales and service strictly dedicated to moms!

Martha, Martha, Martha!

She's everywhere: T.V., newspapers, cable, the floor of the New York stock exchange and don't forget the books and magazines! Talk about super woman. Seems she has an opinion on everything and everyone has an opinion on *her* opinion. But there's one thing we can't dispute—she has great taste. From the wreath on her door to the bow on her package to the deckled edge on her stationery, each element is produced with natural elegance and clean simplicity, an unbeatable combo.

There is only one real way to create these mini-masterpieces. Pair your idea with great tools and materials. At **CLIX Photographs & Savables, Inc.**, we try to find and stock the papers, pens, inks, stamps, waxes and seals that will give your correspondence the quality that will be cherished and saved for generations. Why not write a love letter to your child on Mulberry paper from Thailand for a graduation present? Or dedicate an Italian leather journal to your mother and

have your siblings, nieces and nephews do the same on successive pages? Or put together a memory book of Dad's best fish pictures—no offense, but they probably outnumber the pics he has of you—and add maps so he can mark his best fishing hole. What a hit that would be! Very thoughtful and very "you."

Are your ambitions grander than that? **CLIX** has dozens of choices in handmade paper, calligraphy pens and archival scrapbooks. Let your imagination fly or visit us first and we can get your brain jump-started. Maybe you're more the "Martha wannabe-type." Never fear. We've got you covered there too. Even if you don't want to deal with the cut/color/glue thing yourself, we can find something that will look like you do. All you'll have to do is wrap it up.

Join the handmade revolution. Even Martha has to start with materials and tools. **CLIX, Photographs & Savables** is where to start.

Tell them Martha sent you!

GSH Auxiliary Scholarships

For the twenty-first year, the Auxiliary of Good Shepherd Hospital is offering scholarships for students residing in the hospital service area who will be attending school in the State of Illinois and pursuing an education in a health-related field. The hospital is located north of Barrington and its service area includes the following zip codes: Algonquin, 60102; Barrington, 60010; Carpentersville, 60110; Cary, 60013; Crystal Lake, 60012 and 60014; Dundee, 60118; For River Grove, 60021; Hoffman Estates, 60195; Island Lake, 60042; Lake Zurich, 60047; McHenry, 60050; Mundelein, 60060; Palatine, 60067 and 60074; Round Lake, 60073;

Wauconda, 60084; and Woodstock, 60098.

The number of scholarships to be awarded will be based upon the numbers and qualifications of applicants. Applicants will be evaluated on the basis of attitude and desire toward education, leadership, citizenship, personality and financial need.

Applications must be postmarked or hand-delivered and filed with the Scholarship Committee no later than April 30. The recipients will be notified by early June. For further information and applications, call the Volunteer Office at Good Shepherd Hospital at 847-381-0123, ext. 5093 or 5104.

Artists Needed

Artists are needed to exhibit at the 41st Annual Art Showcase on August 19 and 20 at the Hemmen's Cultural Center in Elgin, IL. This is a juried fine arts show and sale. Only original work, displaying quality and creativity, will be accepted.

Art Showcase has been presented in the Elgin area for the past 40 years by the Elgin Area branch of American Association of University Women. For the past 8

years, it has been a centerpiece of the Elgin Fine Arts Festival, a weekend celebration of art. The festival features a wide range of entertainment, including a free concert by the Elgin Symphony Orchestra on Friday evening, August 18.

Entry deadline is May 1 or until all sites are filled. For an entry form, send a #10 SASE to: Art Showcase, 602 Prospect Street, Elgin, IL, 60120.



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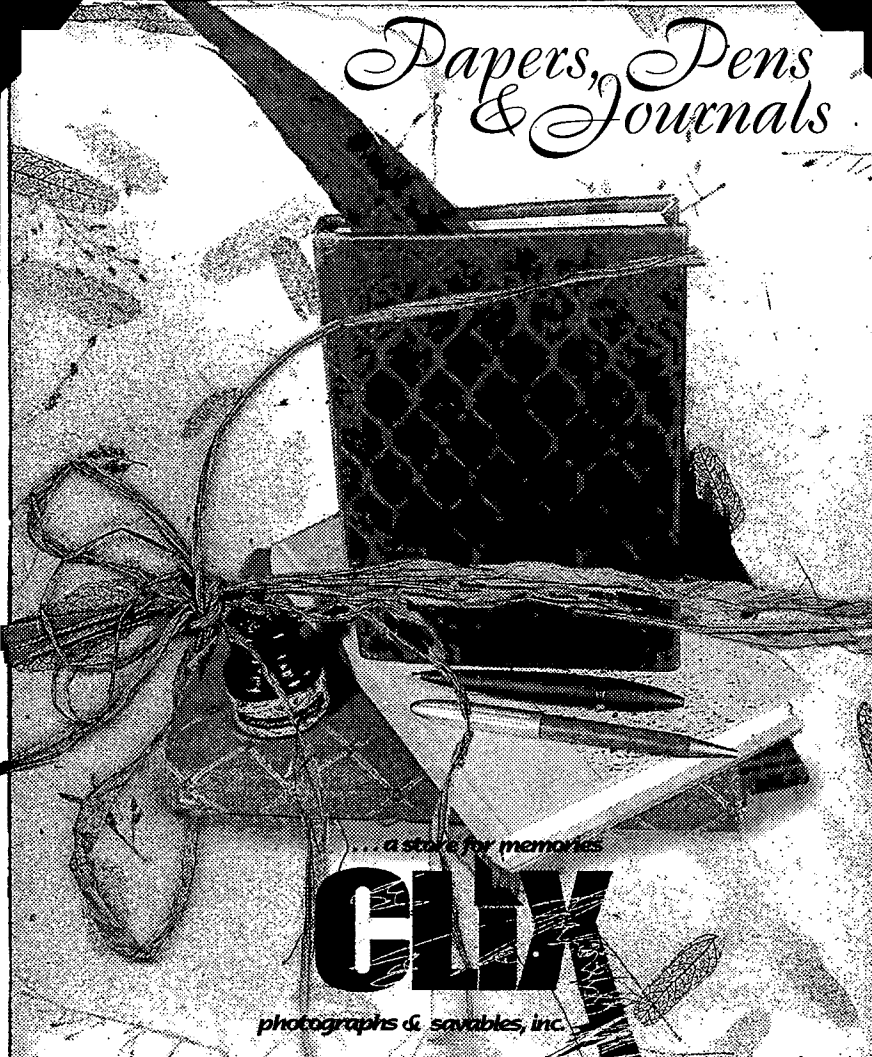
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Deadline!

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Please send your press release/advertising materials to:

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Barrington Lyric Presents "Inside Lyric Opera"



Rick Jarvie, Lyric Opera of Chicago's wigmaster and make-up guru, applies make-up on Samuel Ramey for his role as Mefistofele.

The Board of Directors of Barrington Chapter of Lyric Opera of Chicago takes pleasure in inviting you and your guests to "Inside Lyric," a behind the scenes lecture by Lyric Opera of Chicago's Rick Jarvie, wigmaster and make-up guru. The program will begin at 2 PM on Friday, April 7, in a lovely Barrington Hills residence. Members are \$15; nonmembers are \$20. Reservations are limited. Send

checks payable to BCLO to: Judy Allen, 1350 Carlisle, Barrington, IL, 60010. Or call 847-382-6750.

Coordinated by Jan Semerad, Inverness, a light dessert buffet will be served. For information, phone program chairwoman Bonnie Westphal at 847-885-2794.

For inquiries on the Barrington Chapter, (over 240 members and still growing), phone Howard Robins at 847-437-2158.

The "Skinny" on Body Wraps!

Wrapsody recently took over the spot that Wrap Me Slender has occupied for the past 18 months.

"We are using the same Suddenly Slender™ Body Wrap technique that the former owner was offering. We have added an aromatherapy line and expanded our inventory of all natural supplements and bath and body products," Says Donna Anthony, the owner of **Wrapsody**.

Donna was a Body Wrap Technician for Wrap Me Slender when the owner decided to retire. "I saw this as a great opportunity to help people immediately feel better about themselves. We guarantee a loss of 6 to 20 inches in the first wrap, and the inches will stay off unless you gain weight. However, this is not a weight loss wrap, but a size loss technique. It's a non-invasive procedure which tones and firms the skin and decreases cellulite while removing toxins from the body and shrinking the spaces between fat cells."

How does it work? Before you are wrapped, measurements are taken. Next, porous elastic bandages soaked in a mineral solution are wrapped around the body, concentrating on problem areas such as the thighs, hips and midriff. The client then does mild movement for an hour while the solution works on removing everyday toxins such as sugar, caffeine, nicotine and pollution which build up in the body. This contributes to a feeling of renewal and well-being, as well as the pleasure of having clothes that were too tight suddenly fit again.

Who gets the body wrap? Anyone who wants to look and feel better. Clients range in age from 6 to 73, and about 85% of them are female. Many people come in to prepare for a vacation or wedding. This time of year, most are trying to get back into their summer clothes (or buy a completely new wardrobe in a smaller size)!

It's time to get in shape for spring... call **Wrapsody** for an appointment at **847-550-8978**.

Creating a New Look

Are you in the throes of redecorating or remodeling? As you proceed, you may find the artwork you have is not working in your newly designed space. Perhaps the colors now clash, the frames do not blend with your new furniture style or the pictures look dated.

Many times, we like the actual artwork but are tired of the mat colors or frame style. These pictures or canvases can be easily updated with new framing. When you choose to bring out a different color in an image with new mats and frame, you change the whole look of the art

piece. In this way, the piece can be designed to compliment your new décor.

Frame styles are changing with decorating styles. Very distressed looking woods with a gold trim are very new now. Gold and silver hand-gilded frames are now available. Dark woods have made a recent comeback. The Asian influence has inspired some exciting frame mouldings.

Visit us at **Maura's Frame Shop & Art Gallery of Lake Zurich** to see the newest trends in art and framing. We're at 91 S. Rand Rd., Lake Zurich. Or, for more information, call **847-438-6878**.

BWC "April Showers" Benefit



Ginny Schomberg and Luisa Bremer and planning an "April Showers" card party on April 19 to raise funds for the Barrington Woman's Club Scholarship Fund.

"April Showers," the Barrington Woman's Club annual fundraiser to benefit its scholarship fund, will be held on April 19 at Inverness Golf Club.

It will begin with a continental breakfast at 9:30 AM. Cards and score sheets for all bridge games will be provided. Board game players will bring their own games. A duplicate tournament, boards and cards

provided, will be held; players must arrange for their own partners.

Reservations are due by April 15 and checks for \$40, made to BWC, may be sent to: Ginny Schomberg, 986 Hampton Park, Barrington, IL, 60010. Non-game players may attend the luncheon only for \$35. Your check is your reservation. For information, call 847-382-1251.

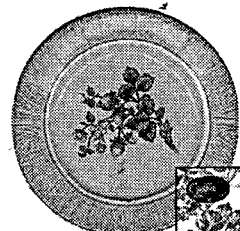
The FOUNDRY of BARRINGTON

We are Celebrating Our 3rd Anniversary!

This April, we want to make you part of our celebration. It is our way of saying "Thanks." The **L'Auberge** Hair Design Team has just finished an extensive education with the Toni and Guy Artistic Team. Our stylists have just learned the latest looks for spring of 2000! Texture is

in and we want to share it with you. Let us create a new look and provide you with the tools to make it happen. This month, check out the 2-for-1 specials with our KMS Hair Care line. Join in the celebration and call **847-277-7000** for your appointment.

Easter Celebrations Begin at Little Shop of Papers



For Easter and springtime entertaining, **Little Shop of Papers** has new tableware from Caspari and Paper Products in bright, colorful designs. Our candles, in solids and plaids from Beeswax, will add a glow to your holiday table.

Children will delight in our bunny, packed to his ears with snickerdoodle cookies. Or, fill a basket for them, wrapped with our decorated cellophane and topped with a bow!



G. Whiz, It's Almost Easter

Easter is just around the corner, so be sure to stop by and see all of our wonderful Easter and spring collections. Peek through our Boyd's Bear collection of adorable plush bunnies or our fantastic selection of sterling earrings for your favorite little girl! We guarantee you'll find something perfect for any girl's Easter basket—no matter what age! And while you're at it, be sure to sneak in a few of the new sour jelly beans from Jelly Belly—they've just added five new flavors!

The Jelly Belly will be at our store again on Saturday, April 22, along with a petting zoo and free photos with the Easter Bunny. Lookout for some special sur-

prises this year!

While you're shopping for Easter, preview our fantastic new selection of spring items. From birdhouses and butterfly houses to stationary and gourmet foods, our selection is endless and quite unusual! You're sure to pick up spring fever after you preview our new collections!

And don't forget confirmations and first communions—praying bears, rosaries, porcelain boxes and wonderful ceramic bisque crosses and angels from Margaret Furlong are just a few of the many ideas we can share with you!

Spring is in the air—so come in and take a peek!

The Blue Flower Discussed

The Barrington Area Branch of the American Association of University Women (AAUW) Luncheon Book Club will discuss *The Blue Flower* by Penelope Fitzgerald on Wednesday, April 12, 2000, at the Kelsey Road House, 352 Kelsey Road, Barrington, from 12:30 to 2:30 PM.

AAUW is a national organization com-

mitted to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For information, call 847-381-5012.

BHS Choir to Travel to Washington D.C. and Havana, Cuba

The Barrington High School Madrigal Singers and Chamber Choir are competing on April 10 in the Gold Choral Festival at the Kennedy Center. Four members of the choir—Caitlin Tomaszczek, Kent Haina, Tim Shelton and Capron Hannay—have been named to the National Honor Choir. They join fellow singers Beth Stittle, Kevin Keleher and Scott Viohl, All-State Honorees in high accomplishment of expertise.

While in Washington DC, under the direction of Dr. Ottley, retired conductor of the Mormon Tabernacle Choir, our singers will join 24 invited choirs from across the

U.S. and Canada for three mass choral numbers as well as our own presentation. Arrangements have been made for several performances at national monuments. The singers are juniors and seniors under the direction of Nancie Tobison.

In May, members of the Barrington High School Choir have been invited to the first ever International Music Festival in Havana. It is sponsored by the Cuban Ministry of Culture. Our singers will perform in the famous 16th-Century Basilica as well as perform an exchange concert in a Havana High School and sing mass in the cathedral. Joining over 400 singers




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Come visit with the Jelly Belly Bean from 10-2, April 22nd!

Bunny Hop While You Shop

The Foundry of Barrington wants you to meet the Easter Bunny, the Jelly Belly Bean and Madeline! On Saturday, April 22, from 10 AM to 2 PM, The Foundry will be hosting the Easter Bunny, the Jelly Belly Bean, Madeline and a petting zoo. Bunny helpers will be taking free photos with the Easter Bunny who will be located near Baird & Warner. Each child will also receive an egg and treats from the bunny. The Jelly Belly Bean will be in front of G. Whiz handing out bunny corn and jelly

bean samples! Madeline will be in front of The Toy Connection ready to pose for pictures. A petting zoo featuring baby ducks, chicks, rabbits, pigs and over 35 animals will be available free of charge to all visitors. All merchants will be offering treats to any child that stops in!

The Foundry is located on Northwest Highway in Barrington, one mile west of Route 59. Please call 847-304-0255 for further information or questions.



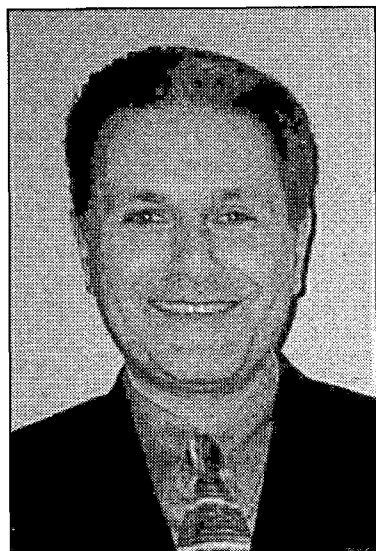
from around the world, they will perform the finale in German—Beethoven's 9th Symphony. A benefit for this group will

be held at the home of Dede and Tom Wamburg on April 15. Call Jan Sauer at 847-304-8115 for tickets.



Teenage and Adult Foot Problems

by Erwin Friedman, D.P.M.



Erwin Friedman,
D.P.M.

Do you suffer from **LOW BACK PAIN? HIP PAIN? KNEE PAIN?**

All are very painful, disabling and not uncommon. Sometimes **FLAT FEET** or **HIGH ARCH** can contribute to low back pain, hip pain and knee pain. Treating the foot deformity with orthotics—custom made arch supports—may get rid of your back, hip or knee pain.

INGROWN TOENAILS: This painful condition results when the nail grows into the skin.

Treatment: A wedge of the nail and the underlying nail bed is removed by chemical treatment.

WARTS: Plantar warts caused by a virus grow painfully into the bottom of the foot.

Treatment: Topical acid, liquid nitrogen or surgical removal is recommended.

FUNGUS: Fungus infections of the foot and nails spread in warm moist areas.

“Athlete’s Foot” makes skin itchy and scaly, nails thick and yellowish.

Treatment: Creams, oral antifungal medication or nail surgery is recommended.

HAMMERTOES: An inherited muscle imbalance, short shoes can make smaller toes buckle. Corns form when these toes rub against the top of shoes.

Treatment: Square, open toed or prescription shoes may increase comfort. If corns keep growing back, surgery may be recommended.

BUNIONS: An enlargement of bone in the joint at the base of the big toe, bunions are most often inherited; tight shoes don’t cause bunions, but they can aggravate them. Bunions cause pain, swelling and skin irritation.

Treatment: Wearing wide shoes and protective pads can ease the pressure, but surgery is often required to correct bunion formation. The procedure used varies with your age and the amount of deformity.

PLANTAR NEUROMA: When two metatarsal bones are abnormally positioned and tight shoes squeeze them together, the nerve between them is irritated. An enlargement or growth called a neuroma results. The neuroma causes sharp pain in the ball of the foot and numbness between the two toes.

Treatment: Orthotics or cortisone injections are applied. If pain persists, surgical removal of neuroma is recommended.

If you suffer from any of the above foot conditions or any other foot condition and would like state-of-the-art treatment, please contact me at 847-437-9889 or schedule an appointment for an evaluation.

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A truly full-service stylist, she can create the most fashionable hair styles, do roller sets—if the client so desires—as well as the latest cuts, colors and texture waves.

Stacy's professional dedication, positive attitude as well as her spontaneously cheerful disposition toward the clients and fellow employees alike undoubtedly deserve our most sincere thanks and congratulations!



Improving Your Skin

by Gary S. Churchill, MD

It is inevitable. We will all age. And as we do, we will all experience certain signs of aging such as fine lines and uneven discoloration of the skin. Almost everyone has some degree of damage on their skin, whether it is from the sun or some skin condition such as acne. The good news is that usually even problem skin that hasn't responded to the common treatments can be improved through the modern products and techniques employed by our clinical esthetician.

The first step in improving your skin is to design a custom treatment program that addresses your particular needs and desires. This is done in consultation with our licensed clinical esthetician. You may want to start with a simple home skin care regimen for which there are many new and effective products available. If you would like to go further, our clinical esthetician can offer a number of different techniques that would enhance the results of your home care. We would like to highlight two of these new treatments—The Micropeel and Microdermabrasion.

The Micropeel

The Micropeel treatment is a 30-minute, non-abrasive treatment that will leave your skin free of dead, flaky skin and bring it back to a smoother texture.

Step One—The Micropeel treatment begins by cleansing the face with a mild medical cleanser and a toner. The first process is called dermaplaning and consists of exfoliating the outer epidermis. The esthetician accomplishes this by using a scalpel edge to exfoliate, or slough off, dead skin on the surface of the face. With each scrape, flaky, dead skin accumulates on the scalpel and although the procedure sounds painful, it is not.

Step Two—During this step, the esthetician will decide what chemical solution would be best for your particular treatment. Everyone's skin type and concerns are different. The most common skin types treated are hypersensitive, environmentally damaged, hyperpigmented, acne prone or active acne. The solution will be applied and left on the face anywhere from 30 seconds to two minutes followed by a cold water rinse. Most patients claim

they feel a light tingle or a light burning sensation which subsides once the cold water rinse is applied.

Step Three—The final step consists of extracting any blackheads or whiteheads. At this point in the treatment, the extractions are easier because the pores are free of any skin that blocks their way out. Once the extractions are completed, a smoothing moisturizer along with a sunblock is applied.

Following Micropeel treatment, the skin feels refreshed and appears to have a healthy, pink glow.

Microdermabrasion Treatment

Step One—The skin will be cleansed using a medical cleanser and toner. Once the skin is completely dry, step two will begin.

Step Two—This step is the most beneficial part of the treatment. During this step, aluminum oxide crystals are circulated through a plastic handpiece and are projected through a small opening in the handpiece allowing the crystal particles to come in contact with the skin. There is a suction-like sensation as the handpiece glides over the area being treated. Once this process is completed, the crystals are either brushed off or vacuumed.

Step Three—The final step consists of extractions of any blackheads or whiteheads. Once completed, a soothing moisturizer is applied with a sunblock.

Once the moisturizer has been absorbed, make-up can be applied and the patient can resume normal daily activity. There is virtually no downtime with either procedure. Monthly treatments are recommended to accomplish desired skin rejuvenation results.



Gary Churchill, MD

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Garden Club of Inverness

The final meeting of the club year for members of the Garden Club of Inverness will take place on Thursday, April 20, 2000. The meeting will feature the appearance of Kay MacNeil, who is the Birds and Butterflies Chairman on the Board of the Garden Clubs of Illinois, Inc. She is an author, conservationist and garden designer. Kay has chosen to discuss the Bluebird, one of the best loved songbirds of North America, because of its beautiful colors and its sweet song. She entitles her program "More Than You Wanted To Know About Bluebirds." This beautiful songbird is found east of the Rocky Mountains from Southern Canada to the Gulf of Mexico and fortunate is the

person who spots one. They are named for the bright blue feathers that cover the head, back, wings and tail of the adult male. Kay will bring in bird houses, explain monitoring, will give bird feeder information and what books to use. She will also show bird nests, have handouts and will share many anecdotes with good humor.

It will be a fun-filled and most informative program, so plan on attending. The date again is April 20, at 9:30 AM, at Holy Family Church, 2515 West Palatine Road, Inverness. If more information is needed, please contact Membership Chair, Mary Jo Bregenzer, at 776-6557. Hope to see you there.



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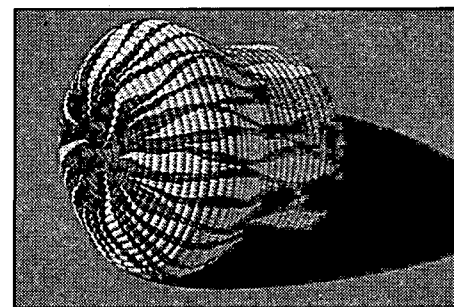
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Due to popular demand, we are extending our offer to include, with your private consultation, same-day procedure to be billed at half price...up to a \$75 value!

"The Feel of Fiber" Brings a Touch of The Arts to The BAAC Gallery

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery's April exhibit, "The Feel of Fiber," on April 7, 2000. The exhibit features an exciting array of unique fiber art: woven silk hangings; painted floor cloths; a wool felt wall-piece created by six artists; hand-painted silk and velvet clothing; beaded and metal jewelry; and a variety of scarves, hats and purses. The body of work on display is presented by 17 fiber artists and students from the Fashion Design Department at William Rainey Harper College.

Exhibiting artists from Illinois are: JoAnn Baumann, Glencoe; Diane Bloomer, Dyllis Braithwaite and Sandra Clark,

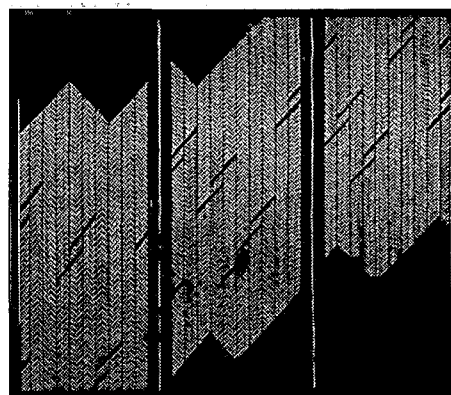


Reaching by Char Wiss of Wilmette, IL. 8½" x 7" x 7".

Barrington; Leslie Eaton and Marla Florio, Hoffman Estates; Kathy Herrman, Itasca; Sharon Joseph and Barbara Nelson, St. Charles; Jennifer Dunbar Pompe, Roselle; Pat Semple and Deborah Stromsdorfer, Rockford; Fan Chih Tsai and Char Wiss, Wilmette.

Out-of-state exhibitors include: Barbara Holloway, Galisteo, NM; Jennifer Moore, Sante Fe, NM; Susan Shinnick, Iowa City, IA; and Alice Watterson, Sante Fe, NM.

The BAAC invites the public to attend an Opening Reception on Friday, April 7, from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue, Barrington, IL. The exhibit is on view from April 7 through 29, 2000. Gallery hours are Tuesday through Friday, 10 AM to 4 PM, and Saturday, 10 AM to 2 PM. The gallery is closed Mondays. For more information, call 847-382-5626.



Daybreak by Jennifer Moore of Sante Fe, NM. 28½" x 32½".



Execute a Will for Your Peace of Mind

by Sharon L. Keller, J.D., LLM



The untimely death of a friend, relative or even a celebrity, such as John F. Kennedy Jr., reminds us how precious and fragile life is. If you have suffered the sudden loss of a loved one, you know how painful the loss can be. However, in many cases, the initial pain is just the beginning of a long process that can be costly and time consuming.

If a person dies intestate, without a will, the process can be fraught with problems. It is not unusual for single individuals and young couples to put off executing estate documents. They may assume that an estate plan is for those with children or money or both.

However, if you die intestate, without a will, your property will be divided according to the laws of the state in which you reside. For example, if you have no children and you and your spouse die together, your estate will be divided among your next of kin. In most states, that means your parents. If they are deceased, your estate will be divided among your siblings.

If one spouse dies and there are no children, the surviving spouse usually inherits the entire estate. This could create a problem if you have family heirlooms. Without a will, there's no way to ensure those items remain in your family. And upon your spouse's death, your in-laws could be the beneficiaries of everything that you owned.

Drawing up a will is not a complicated

process and it is well worth the time and effort to reduce the pain and expenses that your loved ones will incur if you die intestate. Make a complete inventory of everything you own. Make sure the beneficiaries of your life insurance policies and retirement plans are up to date and be sure to identify a contingent beneficiary. Then, if your beneficiary has predeceased you, the proceeds will go directly to the contingent beneficiary without having to go through probate.

Compile a list of personal and sentimental items and decide to whom you wish to leave them. An estate plan can include provisions that will make a difference after you are gone. You can provide for elderly parents, disabled individuals or special friends and charities. You can even name a guardian for your dog. Take the time now to provide for those that you care for and lessen the pain of your loved ones.

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New Treatment for Unsightly Varicose Veins

Ambulatory Phlebectomy is a "custom-made" office procedure that removes leg veins which are too large for sclerotherapy (injections).

Ambulatory Phlebectomy can safely and permanently remove painful and/or unattractive varicose veins from your legs without the inconvenience or expense of hospital-based surgery.

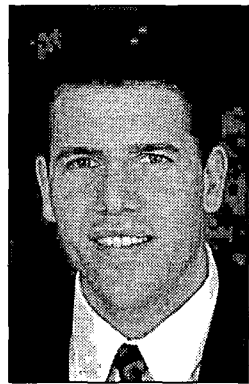
This new procedure is performed entirely with a local anesthetic that produces complete and long-lasting numbness in the areas treated. No narcotics, intravenous drugs or inhalation anesthetics are needed.

The advantages of Ambulatory Phlebectomy for the treatment of varicose veins include:

- It is extremely safe
- There is minimal pain after the procedure and minimal blood loss
- The micro-incisions require no stitches and produce minimal scarring
- It can be combined with other treatments (such as sclerotherapy)
- There is minimal time lost; patients are encouraged to resume activities on the same day of surgery
- It is an office-based procedure that is cost-effective

If your legs feel heavy and tired at the end of the day and you have varicose veins, relief can be possible with Ambulatory Phlebectomy. If you are dissatisfied with the appearance of your legs because of spider veins, varicose veins or both, Ambulatory Phlebectomy may help improve the appearance of your legs so that you can be free to wear the clothing that you want!

Ambulatory Phlebectomy is performed in the privacy of our office surgical suites by Jeffrey J. Berti, MD. It allows for the



Jeffrey J. Berti, MD

office-based treatment of even the most complicated cases of varicose veins and produces the long-term results of traditional surgery with less inconvenience, better cosmetic results, a lower cost and no interruption of the patient's work or social activities.

Doctor Berti is board certified by the American Board of Dermatology, is a member of the American College of Phlebology and has trained with some of the world's leading authorities in Ambulatory Phlebectomy.

Call **Dermatology Physicians & Surgeons, Ltd.** at 847-382-5111 or 815-455-4434 for a complimentary consultation with Dr. Berti to learn how you may benefit from Ambulatory Phlebectomy. Drs. David P. VanDam, J.D. Fallon and Anthony M. Janiga are also available to help you with the concerns you may have about your skin. As always, please feel free to visit our **Dermessentials Skin Resource Center** on the second floor of our Crystal Lake Office. We invite you to evaluate for yourself the outstanding skin-care products we have assembled so that you can maximize the beauty of your skin.

Art Associates to Attend "An Artistic Legacy: The Chicago Renaissance"

On Friday, April 14, members of The Barrington Community Associates of The Art Institute of Chicago will attend the Joint Program 2000 at the Art Institute and Symphony Center. "An Artistic Legacy: The Chicago Renaissance" is based on the traveling art exhibit "To Conserve a Legacy: American Art from Historically Black Colleges and Universities." The Art Institute is the only Midwest venue for this nationally touring exhibit.

"To Conserve a Legacy" highlights the invaluable treasures from the permanent collections of six historically black colleges and universities: Clark Atlanta University, Fisk University, Hampton University, Howard University, North Carolina Central University and Tuskegee University. The more than 200 paintings, prints, drawings, sculptures, photographs and collages recognize the extraordinary collections of these universities and celebrate their significant contributions to American society.

The exhibition features the works of celebrated 19th- and 20th-century African-American artists including: Romare Bearden, Aaron Douglas, Frederick C. Flemister, Jacob Lawrence, Mary Edmonia Lewis,



Jazz: (Chicago) Grand Terrace Ballroom—1930s, Romare Bearden, 1964. Collection of Howard University Gallery of Art, Washington DC. Photo Courtesy of The Addison Gallery of American Art, Andover, MA, and The Studio Museum in Harlem, New York, NY. Photo Courtesy of the Art Institute of Chicago.

Archibald Motley, Jr., Horace Pippin, Henry Ossawa Tanner, Charles White and Hale Woodruff. In addition, the exhibit includes important modernist works by Georgia O'Keeffe, Arthur Dove, Charles Demuth and Marsden Hartley.

At 10:15 AM, Daniel Schulman, Associate Curator of the 20th-Century Galleries

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<p>David P. Van Dam, M.D.</p> <p>Jeffrey J. Berti M.D.</p> <p>Crystal Point Office Center 183 Heritage Drive, Crystal Lake, IL 60014 (815) 455-4434</p>	<p>Jerome D. Fallon, M.D.</p> <p>Anthony M. Janiga, M.D.</p> <p>Smith Professional Building 27401 West Highway 22, Lake Barrington, IL 60010 (847) 382-5111</p>
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Barrington Suzuki Recital Concert

The Barrington Suzuki Strings Group Recital Concert will be held at the Elgin Community College Visual and Performing Arts Center (Renner Drive in Elgin) on Sunday, April 9. The concert will begin at 1 PM with the Piano and Classical Guitar Students. There will be a short reception

before the 3 PM performance of the violin, cello and flute students. The concert is free to the public and will include all levels of players ranging in age from 3 to 18. For more information, contact the Suzuki School at 847-382-7517.

at the Art Institute and coordinator of the Chicago exhibit, will discuss selected works concentrating on the Chicago ties of the artists represented. In Orchestra Hall at 11:15 AM, Dr. Johann Buis, Musicologist at the Center for Black Music Research, Columbia College Chicago, will discuss the musical implications of the culture in which these painters lived. Many of them flourished during the pe-

riod 1933-1950, now referred to as The Chicago Renaissance. Their vibrant social life revolved around music, both sacred and secular, and many images in the paintings relate directly to musical subjects. Music performed by a string quartet and pianist from The Chicago Symphony Orchestra will feature the works of important black composers. The program includes: *Fantasy Negre*, *Troubled Water*, *Sonata for Violin and Piano*, *Lamentations*, *Calvary* and *Wade in the Water*.

The fee for this interesting day is \$55 and includes lunch. The bus departs from Langendorf Park at 8:30 AM and the Art Institute at 3:00 PM. For information on this members-only event, contact Bonnie Maturano at 847-359-7059. For membership information, call Pat Fein, 847-382-5953, or Sue Johnson, 847-381-4551.



Man With a Brush, Frederick C. Flemister, 1940. Collection of Clark Atlanta University Art Galleries, Atlanta, GA. Photograph Courtesy of The Addison Gallery of American Art, Andover, MA, and The Studio Museum in Harlem, New York, NY. Photo courtesy of The Art Institute of Chicago.



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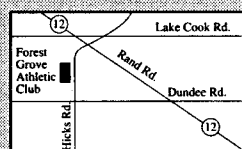
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ing hundreds of individuals in that journey over the last nine years.

Ms. Pol's unique style of reading/sensing a body through intuitive and energetic touch transcends massage technique into individualized bodywork with emphasis on allowing a body to sense itself and thus feel/respond differently.

Massage Movement invites you to call 304-5112 today.

"The therapeutic massage I have been receiving for the past six years has made a tangible difference in both my mental and physical well-being. As a middle-aged recreational athlete with a high-stress professional career, the work of Therese Pol has facilitated greater relaxation in the workplace and heightened ability with a reduction in injury in my athletic pursuits."

—David S. Architect, Age 43

The 10 Most Asked Questions About Forest Grove Athletic Club

1. *Question—When I've gone to clubs in the past, I've had to wait for equipment and classes. Won't the same thing happen to me at Forest Grove?*

Answer—No. Here's why: You can choose from more than 125 pieces of cardiovascular conditioning equipment treadmills, stair climbers, bikes and weight equipment. We have 70 aerobics classes every week. And, we have lots of room—more than 110,000 square feet of floor space.

2. *Question—OK. There's enough to do. But how do I keep from getting bored while walking on a treadmill or riding a stationary bike?*

Answer—Watch TV! Bring your headphones and plug into the sound of TV or radio stations located right at your exercise machine.

3. *Question—Tell me about your present members. Who are they?*

Answer—We're an adult-oriented athletic club. The age group is about 35 to 65. Most members are in managerial, professional, technical or sales positions. Most live close to the club in Barrington, Lake Zurich, Hawthorne Woods, Inverness, Buffalo Grove, Palatine, Arlington Heights, Kildeer and Long Grove.

4. *Question—OK. I join. When can I expect to see a different "me"?*

Answer—Within two weeks, you'll see a definite improvement in your cardiovascular fitness if you work out for 30 minutes, three times a week. Muscular changes will take a little longer.

5. *Question—I know looking at all that equipment will intimidate me. How can you make me comfortable with what I'm doing?*

Answer—First, you receive a personal, "yours-alone" MicroFit Fitness profile from our exercise physiologist. That means you know your current fitness level. Then we make exercise recommendations based on your personal goals. Next, our fitness trainers take you through the equipment and stay with you until you're comfortable with what you're doing.

6. *Question—Sounds good. But how do I know how qualified your staff is?*

Answer—Good question. We have six exercise specialists degreed in exercise science or exercise physiology; 20 certified personal trainers; 10 qualified floor trainers; and 20 certified aerobic instructors. There is a trainer on the fitness floor every hour the club is open!

7. *Question—I work odd hours. When are you open?*

Answer—Almost anytime you want. Here's our schedule: Monday to Friday, 5:00 AM to 10:30 PM; and Saturday and Sunday, 6:00 AM to 8:00 PM.

8. *Question—I've always wanted to join a club. But who will take care of my children?*

Answer—We will. They will be cared for in a beautiful 5,000-square-foot nursery that includes a crib area, toddler area and a play area with a Space Maze. There's a separate games area for basketball, soccer and sports-conditioning classes. Family movies are played all day. Arts and crafts are taught by our experienced counselors. And here's the best news—the nursery is only \$24 per month per family. This means you join the club for less than the cost of a baby-sitter two mornings a week.

9. *Question—OK. Let's have a rundown of everything that's available to me.*

Answer—Take your pick:

- 70 aerobic classes and 11 aqua aerobic classes every week

- Lectures by health professionals from the HealthSouth for Physical Therapy

- Leagues and tournaments in basketball, racquetball and tennis; frequent fitness competitions and health fairs

- Massage therapy, boutique pro shop, deli-style cafe with a coffee court, yoga, kickbox, ballroom dancing, family swim program, children's "fitness fun" classes and much more.

10. *Question—Sounds good. But I'd like to see everything first.*

Answer—Good decision. Try us before you buy us. Your two-week complimentary membership is included in accompanying ad. (And bring your children too, if you like.)

Call us at 847-991-4646 and we'll be waiting to show you around.

Materials Matter

Did you ever wonder why one dentist is more expensive than another or why your dentist's fees are more than the "usual and customary" pronounced by your employer's insurance company? A major factor is the amount of time allowed for careful execution of dental procedures. A second factor is the amount of time allowed for consultation and patient education. A third large cost in progressive offices is the cost of continuing education. A reason less obvious to the patient is the quality and cost of the materials the dentist uses.

Selecting materials from the myriad of products advertised and promoted by dental suppliers is a difficult endeavor. We are annually attending courses and reading the literature to evaluate new products. To further complicate matters, products are occasionally recalled or our laboratory will report that other customers are having problems with a product. Price requires a further evaluation. They helped us select the most accurate and the most durable materials available and these are usually very expensive.

For example, there is a 450% difference in the cost of impression materials used to make crowns. The top priced material has one of the top quality ratings by the

by Raymond Kotz, DDS



American Dental Association. The least expensive material is not nearly as accurate, but is often used in price driven, insurance oriented practices, PPO's and HMO's. The same is true of the amalgam used to make "silver fillings" where a 420% difference exists. The difference in the quality of materials makes a big difference in the accuracy of the fit of a dental restoration and also in the longevity of that restoration.

Materials matter and the best are usually very expensive. To ensure use of quality materials, call **Dr. Raymond P. Kotz** in Barrington at **847-381-4040**.

Square D Foundation Commits \$75,000 to Home of the Sparrow

Square D Foundation recently committed a \$75,000 grant to Home of the Sparrow, Inc., a transitional shelter program for homeless women and children.

Home of the Sparrow operates shelter homes in Palatine, Crystal Lake and McHenry. The agency focuses on helping women achieve self-sufficiency through employment and education.

The Square D grant, which will be awarded to Home of the Sparrow over three years, will be used to support the Palatine shelter.

"Square D has been one of our largest sponsors and supporters in the Palatine area," said Rita Canning, Chairwoman of

the Palatine Advisory Committee. The advisory committee works in conjunction with Home of the Sparrow's Board of Directors.

"Not only has the Square D Foundation contributed much needed money to us, but many of their employees volunteer and contribute a lot of work to the shelter. In every respect, the company has totally supported Home of the Sparrow," Canning said.

For the past four years, Square D has also sponsored the Palatine 5K Home Run, a run/walk held each fall to benefit Home of the Sparrow. This year's run will be on October 1 in downtown Palatine.

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has had hundreds of satisfied



patients and has incorporated the use of a new fat blocker, Xenical®, and an appetite suppressant into this diet. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **847-438-2454** in Lake Zurich or **630-789-9495** in Hinsdale to make an appointment for your consultation today.

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Dr. Berger has spent 12 of his 16 years in practice in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients face-to-face. His services are covered by most insurance companies (sorry, no HMO).

Dr. Berger is happy to announce the opening of a second office in Hinsdale.

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Buffet Brunch and Antique Appraisal Benefit

This benefit buffet will be held on Saturday, April 8, 2000, at 10 AM at Turnberry Country Club, 9600 Turnberry Trail, Lake-wood, IL.

The Crystal Lake Auxiliary of the Children's Home and Aid Society of Illinois is the proud sponsor of this spring brunch featuring area appraiser of fine arts and antiques Mr. Frederick Dose. Mr. Dose's lifelong vocation has been dedicated to this expertise. The appraisal of one antique (no jewelry please) is included in the ticket price. In addition to the program, a silent auction, bakery goods and sale items will be available.

All the proceeds from the benefit will

go to the care of children. The Children's Home and Aid Society offers a variety of care programs that nurture children, help parents and strengthen families.

Reservations may be made by sending your check for \$25, made payable to CHASI, for the brunch and one appraisal to Edith Hill, 670 Country Club Rd., Crystal Lake, IL, 60014. For more information, call 815-459-6263. No checks accepted after April 3. No tickets will be mailed but your name and those of your guests will be added to the reservation list. We look forward to seeing you. It will be a fun time for all.

Healing Through Balance

It never ceases to amaze me how perfectly ordered life is. What appears to be a tragedy in the microcosm of existence is actually a perfect balancing in the macrocosm of existence. Does this mean that all past action, thought and belief must be balanced? Of course! One very dramatic example of this dynamic showed itself during a past-life regression session with Linda.

Linda's Story

"Linda, look down at your feet; tell me what you're wearing." ... a standard question posed to anchor a scene and begin expanding awareness. Linda had been through several past-life regressions and her awareness was usually quite acute. A highly respected and well educated school administrator, Linda was not prone to flights of fancy. "I don't know," she replied, "maybe sandals... yes, with brown leather straps going up my legs. My legs are hairy; I must be a man. I'm wearing some kind of a tunic, looks like a soldier, I don't know... I hear the name Caesar Augustus." As soon as she said this, the scene switched and this time came in very clearly.

"Now I'm a little girl. I'm naked with my sister in a cattlecar. I'm going to be put to death in the concentration camps; it's the holocaust... there's a soldier... he's, ah, herding us. I don't like him; *he's just doing what he's told.*"

Linda and I stayed in that lifetime for

about 45 minutes doing deep healing/forgiveness work. I then asked, "What does this have to do with the Roman soldier?"

Immediately, she went back to the time of Caesar Augustus; this time the meaning was very clear. Linda, at one time, had been one of the soldiers participating in putting Jesus Christ to death. She was a soldier *just doing what he's told.* The synchronicity of the universe is unfailing.

Karmic balancing happens through awareness, understanding, forgiveness, resolution and grace. What appears to be balancing through punishment is only an unwillingness to take the steps which lead to natural grace.

Are you willing now?

Rubenfeld Synergy is a dynamic system designed to integrate the mind, body and emotional system through the use of gentle intentional touch, movement and dialogue. Hypnotherapy, as I utilize it, helps to access causes which need to be cleared through regression to either early childhood or past lives. Reiki is a lovely system of channeling spiritually guided life force energy. This is a highly effective mix of modalities upon which to draw. As we shuttle through the different systems, we focus upon healing, self-empowerment, expression, love and forgiveness.

If you feel this could be useful in your healing process, please call **815-455-4502**. Private sessions and classes are available by appointment only.

New Laser Removes Wrinkles with No Visible Wound and No Recovery

The Cool Touch™ Laser is the latest wrinkle-removing breakthrough to become available at **Dermatology Physicians & Surgeons, Ltd.**

The Cool Touch™ Laser eliminates wrinkles with no visible external wound! Imagine having a 20-minute, nearly painless office treatment and immediately returning to your daily routine with no signs that you've actually had anything done. With just a few treatments, the payoff becomes evident—wrinkle reduction with **no recovery.**

The Cool Touch™ Laser uses some ingenious technological innovations to achieve these remarkable results. First, a laser beam is used to send a pulse of energy deep into the skin. Normally, this pulse would briefly raise the temperature of both the surface and the deeper skin. But, to prevent a visible reaction, we want to avoid heating the skin's surface. Brilliantly, the Cool Touch™ engineers designed the instrument to spray a brief spurt of a special coolant onto the skin a split second before the laser beam is released. This momentary chilling keeps the laser beam from producing too much heat on the skin surface. The laser beam does, however, successfully produce enough heat in the deeper skin to cause new collagen fibers to begin forming. Since collagen fibers provide the framework and structural support for the skin, more

fibers mean fewer wrinkles.

While Cool Touch™ won't eliminate all signs of aging, it works on most mild to moderate wrinkles. For more advanced aging of the skin, we will soon be providing the most recent advancement in skin resurfacing—The Refinity Coblaction System. This new device can erase wrinkles and age spots with only three to five days of healing time—faster than any of the laser resurfacing treatments currently available.

Our new ultraviolet photography system lets you see what the sun has done to your skin and where your skin needs help. And, it allows us to show you all the benefits of the treatments you receive.

We'll tell you more about all of the exciting new additions to our skin care in coming articles. For now, however, you can call doctors David P. Van Dam, J.D. Fallon, Jeffrey Berti or Tony Janiga at **Dermatology Physicians & Surgeons** to learn more about the **no recovery** way to eliminate the signs of aging with The Cool Touch™ Laser as well as all of the other things we can do to improve the appearance of your skin. Call **815-455-4434** or **847-382-5111** to schedule your private consultation with one of our board-certified dermatologists and receive a \$100 gift certificate good towards hair removal with EpiLight™ or microdermabrasion with Derma-Peel™.



Orthodontics Can Be Affordable for Everyone

Today, everywhere you look, you are likely to see someone undergoing orthodontic treatment. We believe orthodontic treatment is much more common now for several reasons. Probably the most important is that orthodontics is something that almost every family can fit into their budget.

In the last decade, we have seen orthodontic insurance become almost a standard employment benefit, which has greatly assisted families in reducing their "out-of-pocket" expense.

In addition to the benefit that insurance offers, other financing options exist, not just the usual down payment when the patient begins treatment followed by monthly payments. We are excited to offer our patients a more flexible form of financing their treatment called Orthodontics Fee Plan or "OFP."

Orthodontics Fee Plan has many advantages that most traditional payment options cannot offer. The most appealing benefit of "OFP" is there is no initial down payment required; you only make monthly payments to pay off your fee. You can also select a monthly payment that fits within your budget. Depending on how long you would like to spread out your

payments for, you are able to determine what your interest rate will be. Their low interest rates start at 9.99% and range to a maximum of 11.99% if you extend your payments to 48 months.

Another benefit of "OFP" is that there is no prepayment penalty. Many people choose to finance their treatment out for the full 48 months to get the lowest monthly payment possible and then are able to pay off their balance sooner than expected and save themselves any additional interest.

Their application process is fast and confidential using their toll-free number—1-800-637-3393—or their secure website address—www.feeplan.com

If you have any questions regarding Orthodontics Fee Plan or about orthodontics, please feel free to contact us at either our Barrington office at 382-5588 or our Palatine office at 359-7980. You can also contact us through our website address: www.haywardorthodontics.com.



Dr. Michael Hayward

Effective Exercise at Home With Fitness Partners

The home is an increasingly popular venue for the fitness enthusiast to exercise. Beyond its obvious convenience and timesaving advantages, working out at home can be very effective and a more economical alternative to exercising at a health club.

A quality health club membership's enrollment fee and monthly dues can cost several thousand dollars in just the first few years. In contrast, a complete and effective workout can be implemented with low-cost, quality strength training and aerobic equipment for substantially less in the comfort and convenience of home. Over time, a home exerciser could use that savings to invest in personal training instruction and quality, durable strength and aerobic equipment that will last for many years.

Be sure to select the most appropriate equipment by consulting with a fitness training professional prior to making a purchase. **Fitness Partners** has the experience and knowledge to select equipment that provides quality, versatility and utility for the unique needs of the purchaser. In addition, **Fitness Partners** can help get the purchaser the best value and price on significant equipment purchases.

Whether you have exercise equipment or not, **Fitness Partners, Inc.** can develop and guide you through a balanced exercise program tailored to your fitness goals, health concerns, lifestyle and budget. A variety of program options are available from short- to long-term and

Quality, Low-Cost Home Fitness Equipment:

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- Jump Ropes
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- Balance Boards

from periodic to extensive supervision.

Fitness Partners designs its exercise programs to achieve an appropriate balance of muscular strength and endurance, cardiorespiratory fitness and flexibility, to enhance general fitness, physical appearance, quality of life and/or athletic performance.


Fitness Partners is committed to providing the highest quality and best value in fitness services by exceeding the common standards of personal training service. We will take the time to educate you on the principles of fitness and exercise, teach you to exercise independently, regularly adapt your exercise program, guide you on appropriate nutrition and provide the motivational support you need to stick with your exercise program. By following your **Fitness Partners** program, you will achieve your fitness goals!

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, at 847-991-5230 to discuss your fitness goals.

BJWC Serves Seniors Fun at Spring Fling

The crocuses and tulips have poked their first green leaves through the soil. Spring can't be far behind!

At Barrington Junior Women's Club, this is cause for celebration. The BJWC Service to Seniors committee invites all area



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seniors to join them at their Annual Spring Fling scheduled for May 2, 2000, from 11 AM to 2 PM at the Barrington Park District. The fun will include a delicious luncheon, wonderful entertainment and exciting games with prizes. Seating is limited to 120 persons and will be on a first come/first served basis.

Spring Fling is the finale to a year full of fun for the Seniors committee. Most recently, Valentine's Day offered the occasion for a party at Governor's Park Rehabilitation Center in Barrington. The room was bright with balloons and streamers. While the guests enjoyed cake, ice cream and beverages, Andy Olrich, (North Barrington), and Kevin Keleher, (Fox Point), two students from the Barrington High School Music Department, played musical

selections on guitar and violin. The entertainment also included a sneak preview performance of the variety show act by Girl Scout Troop 968 (4th graders from Roslyn Road School). The girls provided special assistance with the games and the refreshments as well.

Last November, the committee entertained the residents at Good Shepherd Manor for a fun-filled Thanksgiving/Winter Holiday Party which included cake, coffee, prizes and a beautiful holiday vocal presentation by the Barrington High School Madrigal Singers. The party went smoothly with the help of local Girl Scouts who assisted by serving refreshments and by cheering on game players. For more information about Spring Fling or about BJWC, call 847-622-3838.

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Area 3rd Graders Meet "The Kids on the Block"



"Kids on the Block"—3rd graders at Grove Avenue School in Barrington meet Jennifer (learning disability) and Brenda (a friend) at a recent performance.

Each year, the Barrington Junior Women's Club (BJWC) sponsors "The Kids on the Block," a nationally organized educational puppet program developed by a teacher in 1977. The curriculum involves a series of programs which enlighten children on the issues of disability awareness, medical-educational differences and social concerns. Its goal is to address children's questions, concerns and needs in a lively and entertaining manner.

The performances are definitely lively! Students and their teachers are encouraged to ask questions, play games and interact with the puppets. This year, the puppets will address such issues as asthma, divorce, cerebral palsy, hearing impairment, blindness, Down's Syndrome

and learning disability.

The local BJWC "Kids on the Block" troop performs for hundreds of 3rd grade students at various Northwest Suburban schools, from Barrington to Mundelein, from Palatine to Crystal Lake and more. The committee is co-chaired by Penny Bartlett and Heidi Schmeling of Barrington and the "Troopers" include: Jan Ackmann, Laurie Gray, Mary Ice, Holly Koepsel, Michele Polvere, Janet Ramsey, Jackie Schneider and Stephanie Skopek of Barrington; Mary Mathews and Sue Fassel of Deer Park; Elisabeth Partyka of Lake Barrington; Suzanne Allison of Lake Zurich; Lynne Nozizka of Palatine; and Chris Girard and Susan Viohl of South Barrington.

Now is the Time to Eliminate Unwanted Hair Before Summer

Northwest Dermatology in Hoffman Estates is happy to announce we now have available the EpiLight Hair Removal System, the latest and most effective technology to treat undesired hair growth. We have had remarkable results treating both men and women. The EpiLight System enables pulsed light to penetrate deeply and with sufficient energy to damage the hair follicle without damaging the surrounding tissue. Our most enthusiastic patients have had electrolysis in the past and are singing the praises of the impressive results with minimal discomfort. We are able to treat all parts of the body in a safe, effective way. We are pleased to make the EpiLight treatment available to

you at new reduced pricing. We are confident that you will be as excited with the results as we are. The EpiLight treatment works best on dark hair. For every blond or white hair, we have waxing and electrolysis available. Please call **847-884-8096** to schedule a free consultation appointment.

We also have betahydroxy peels available at a special promotion of \$50. The light peel uses salicylic acid to unclog pores, clear up acne, soften fine lines around the eyes and lighten brown spots.

If you have any questions regarding our services or would like to set up an appointment, please contact our office at **847-884-8096**.

National Bereavement Teleconference—"Living with Grief: Children, Adolescents and Loss"

On Wednesday, April 26, Hospice of Northeastern Illinois and The Church of Holy Apostles will join more than 2,400 organizations across the United States and Canada as a local host for the Hospice Foundation of America's 7th Annual National Bereavement Teleconference. "Living with Grief: Children, Adolescents and Loss," a live-via-satellite video teleconference, will focus on ways to help children and adolescents cope with loss. The program will offer insight and practical suggestions for those assisting young people with issues that include death, serious illness, divorce and other traumatic incidents. The program will be moderated by Cokie Roberts of ABC News and will feature a distinguished panel of experts.

Hospice Foundation of America, a non-profit organization that assists those who cope either personally or professionally with terminal illness and the process of death, grief and bereavement, produces the teleconference. Service Corporation International sponsors the teleconference with additional support from Project on Death in America. Last year's teleconference was seen by more than 150,000 people in over 2,400 communities.

The program will begin at 11:30 AM with light lunch provided free by Robert Mrachek, owner of Peter M. Justen Colonial Funeral Home, McHenry. The teleconference will begin at 12:30 PM and continue until 3:30 PM. It will include discussion sessions with bereavement

counselors and chaplains from Hospice of Northeastern Illinois. McHenry County Funeral Directors Association is providing companion books for the program.

Ms. Roberts will moderate the 2½-hour panel discussion. The panel will include Nancy Boyd Webb, DSW, BCD, RPT-S, a social worker and expert on play therapy for bereaved children; Charles Corr, PhD, professor and author who has written extensively on children, adolescents and grief; Kenneth J. Doka, PhD, Lutheran minister and professor of gerontology at the College of New Rochelle; Margarita Suarez, RN, PNP, MA, a pediatric nurse, former school teacher and Executive Director of AVANTA in Washington state; Dottie Ward-Wimmer, a pediatric nurse and children's bereavement counselor with the Wendt Center for Loss and Healing in Washington, DC; and Sheila Holt, a counselor with the DC Public School System, will join the panel for a discussion on intervention.

Continuing Education Unit (CEU) credits are available for the teleconference for a wide variety of professions including nurses, social workers, counselors, funeral directors, clergy, psychologists, physicians and nursing home administrators. While the teleconference itself is free, there is a \$20 CEU processing fee payable to Hospice Foundation of America.

Reservations or more information on the teleconference can be made by calling The Church of Holy Apostles at 815-385-5673.



Currently, the group is actively seeking new "Troopers." The experience is fun and rewarding, and puppeteers are generally responsible for just one or two performances a month as schedules allow. Interested individuals, whether members of BJWC or not, are encouraged to learn more about "Kids on the Block" by calling 847-622-3838.

"Kids on the Block" is just one of the ways in which BJWC serves the children

of our area. Another is the Safety Town Program, held each summer at Health World. The program is open to District 220 children who are entering or just finishing kindergarten. Registration for this summer's sessions will be held at Health World on April 15 from 8:30 to 11:30 AM. Volunteer sign-up for 6th, 7th and 8th graders will also be held that day. For further information on Safety Town, please call 847-622-3838.

Creating a New Look

Are you in the throes of redecorating or remodeling? As you proceed, you may find the artwork you have is not working in your newly designed space. Perhaps the colors now clash, the frames do not blend with your new furniture style or the pictures look dated.

Many times, we like the actual artwork but are tired of the mat colors or frame style. These pictures or canvases can be easily updated with new framing. When you choose to bring out a different color in an image with new mats and frame, you change the whole look of the art

piece. In this way, the piece can be designed to compliment your new décor.

Frame styles are changing with decorating styles. Very distressed looking woods with a gold trim are very new now. Gold and silver hand-gilded frames are now available. Dark woods have made a recent comeback. The Asian influence has inspired some exciting frame mouldings.

Visit us at **Maura's Frame Shop & Art Gallery of Lake Zurich** to see the newest trends in art and framing. We're at 91 S. Rand Rd., Lake Zurich. Or, for more information, call 847-438-6878.

Snuggable, Huggable, Lovable Lovies

Lovie character blankets are snuggable, huggable sleep-time friends for all ages. This cozy security blanket is just right for naptime snuggles and bedtime hugs.

Babies and preschoolers will love the feel of Lovies with their soft, huggable fabric and satin trim. Machine washable.

The Lovie character blankets have been selected as one of the "10 Best Toys" by Dr. Toy (Dr. Steevanne Auerbach).

Lovies are available at **Initial Impressions Plus** on Station Street in Barrington, along with baby blankets and throws. Initial Impressions Plus also has wonderful gifts that can be personalized for all ages. Why not personalize your gift for your special friend?



"The Barrington View"—Focus Groups Now Forming

by Judy Kaplan, MS

The millennium has brought us so much in the way of change. One of the biggest changes from "yesteryear" is the open, broad range of communication that goes on in our world. Topics range in scope from the most worldly current events to the most private personal issues. People from all walks of life and of all ages communicate on the media, the internet, social groups, networker groups, schools, businesses, focus groups and one-on-one.

There is something so positive and stimulating about groups of people sharing their views, learning from one another and broadening their individual perspectives. As an offshoot of the "craze in communication," I have recently begun facilitating small, local focus groups within the community. For example, women who are interested in establishing goals and objectives and wishing to communicate with others to get feedback can gain new

ideas and receive support. There are numerous topics that are of "universal" interest to men and women, like relationships, finances and raising children. There are also topics that are geared specifically to women or men. Men have expressed interest in the male mid-life crisis phenomenon, career changes and loss of interest in their relationships. Likewise, women have expressed special interest in their growing needs to move toward achieving their highest potential (especially in mid-life), dealing with an empty nest, the feelings that erupt and continue after divorce and depression or anxiety.

"Collective wisdom" can be very powerful. If you are interested in forming a focus group on a particular topic or would like to participate in a group that might be forming, call me at 847-842-9365 or e-mail me at mstherapy@aol.com. I will be happy to help you get involved.

7th Annual Amazing Graze Benefit

The Little Sisters of the Poor and members of the St. Joseph's Auxiliary have completed plans for the Annual Amazing Graze Benefit Gala at Mia Cucina Restaurant to benefit the St. Joseph's Home for the Elderly in Palatine. It will be on Sunday, April 30.

Amazing Graze has grown from a small gathering of dedicated benefactors who raised \$30,000 seven years ago to a sold-out event in 1999 that netted \$212,000. Thanks to the committee members who solicit donations for all the prizes, the silent auction, printing, door prizes, etc.

With gratitude to the owners and staff of Mia Cucina who donate the majority of their time and treasure, 95% of all proceeds last year went directly to the care of the elderly!

For the seventh consecutive year, the owners of Mia Cucina will host the party in support of the mission of the Little Sisters. Restaurateurs Dan and Andrea Heuret and Jay Heuret will welcome guests to the 4 PM reception with abundant appetizers, antipasto, cocktails and wine and followed by a gourmet Italian dinner and entertainment. Winners of the

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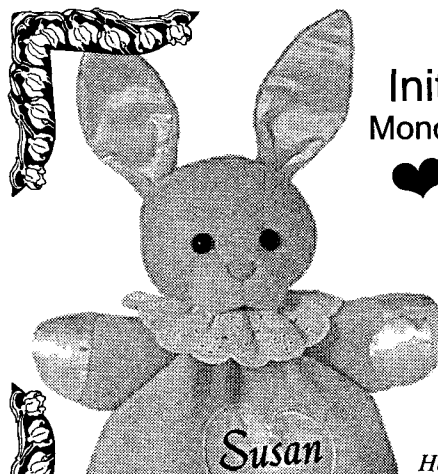
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- ☑ providing feedback
- ☑ offering support & objectivity
- ☑ consulting with schools or others

Occasionally we all need a little help.

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Amazing Graze prizes will be selected throughout the evening, including the \$10,000 cash grand prize, airline tickets for travel in the 50 United States and a dozen more premium and silent auction prizes.

Dinner tickets are \$125 and are available at St. Joseph's Home, 80 W. Northwest Highway, Palatine. Call 847-358-5700. Or, call Kay Hartlieb at 630-307-0035.

For 33 years, the Little Sisters of the Poor, an international missionary commu-

nity, have owned and operated the home in Palatine. Every day of every year for 24 hours a day, the Little Sisters provide loving and gracious care for the elderly poor until the Lord calls them home to Heaven. With only half of the financial needs of the Home being met by state and federal benefits, the Little Sisters depend on the generosity of benefactors and fund-raising events to meet their escalating operating expenses for medicine, utilities, insurance, maintenance and employee wages.

Alan Wolton Returns to The Studio of Long Grove *Revisiting Venice*

A Master Impressionist, Alan Wolton revisits Venice and brings to canvas his interpretations of the "City of Romance." Without a doubt one of the world's most important impressionist painters, Wolton has discovered subjects that stimulate and challenge the artist. In this exhibit, his new works include paintings of the canals of Venice depicted both during the day and at night, as well as some of his finest American landscapes.

Appearing in seven previous shows, Wolton has become the gallery's leading artist. **The Studio of Long Grove** will present this exciting new collection of original paintings on Friday, April 14 from 6 to 9 PM and continuing through May 11. The artist will not be present at this preview event, but will be in attendance at The Studio's largest-ever showing of Alan Wolton's work in the fall.



Spettacolo

40" x 72"



Acqua Brillante

32" x 36"



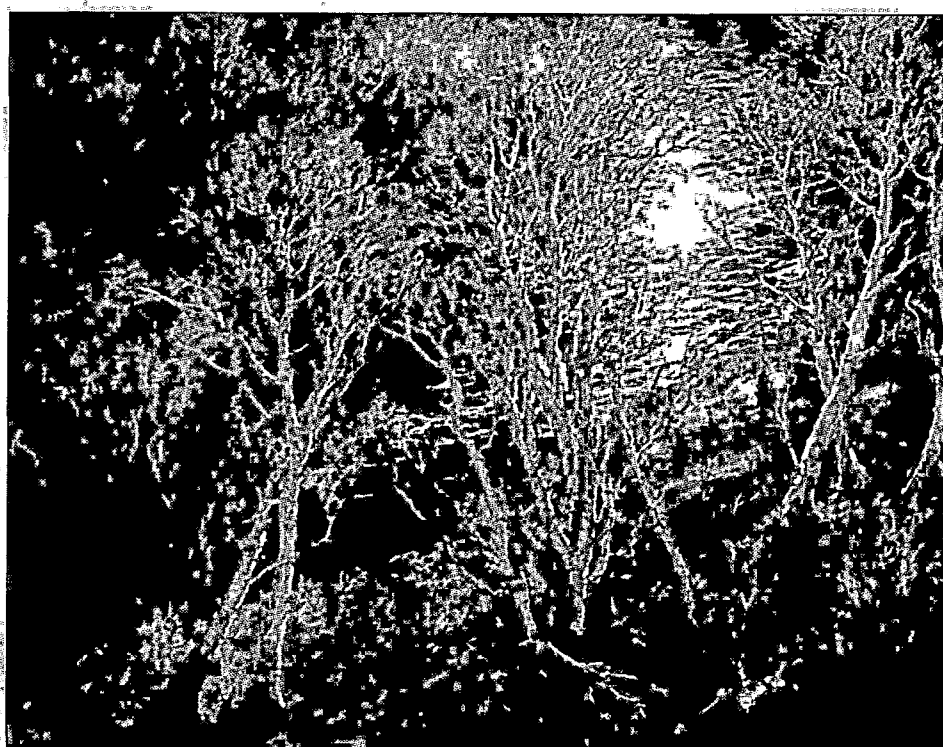
Hawaiian Rhapsody

60" x 60"



Transparent Reflections

48" x 50"



Joy of January

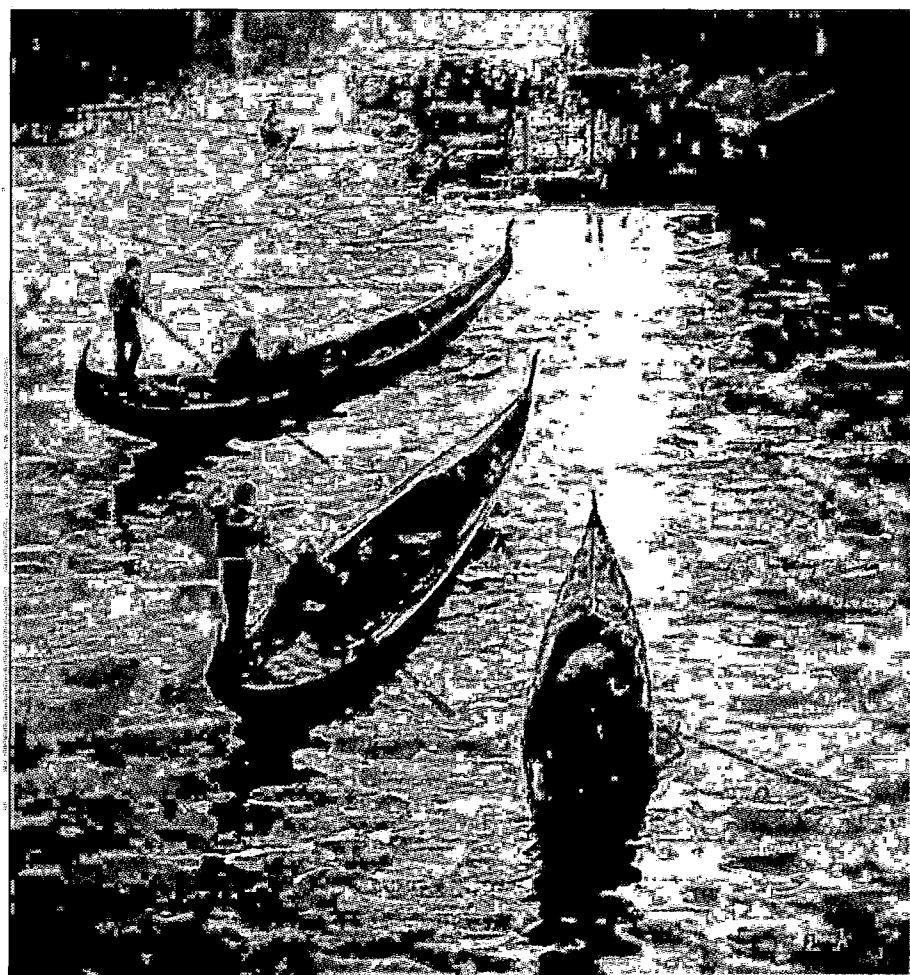
48" x 60"

ALAN WOLTON O.P.A.



Evening Lights

40" x 40"



Tre Gondolieri

30" x 28"



Misty Dawn

48" x 50"

The Studio of Long Grove

*Invites you to attend this preview exhibit
of Master Artist*

Alan Wolton

*featuring the Venice Scenes
and American Landscapes*

Opening Event

Artist will not be present

Friday, April 14, 6:00 - 9:00 pm

Continuing through May 11

Reservations are appreciated, but not required

*Be sure to look for upcoming information on an exhibit
with the artist present which will be held in the fall*

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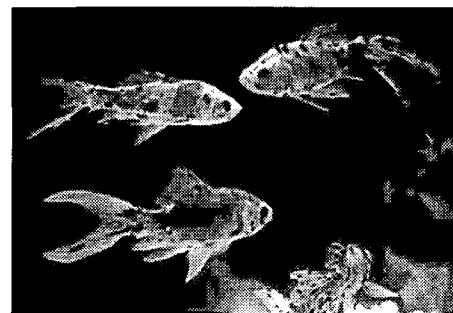
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Rick's Pet Shop invites you to escape to the calming serenity of a beautiful water garden in your own backyard!

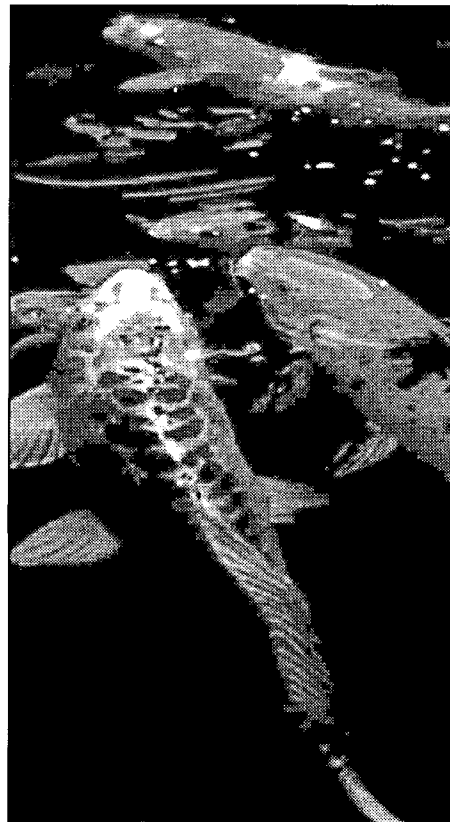
Rick's specializes in ponds/water gardens, fish, pond plants and all the accessories to make a pond complete! These tranquil ponds are easy to install and



Shubunkin

simple to maintain when properly set up. Choose the style that best meets your needs. They are available in a variety of shapes and sizes to which you can add appealing accessories such as a waterfall or a fountain or both. The addition of flowering and floating pond plants along with a colorful selection of goldfish and Koi will enable you to achieve a perfect balance in your pond. For a little magic, put some colorful or white spotlights in your pond. Your family and friends will admire this touch of nature for years to come!

Visit **Rick's Pet Shop** where you'll find great selection, competitive prices and a knowledgeable staff. Pond consultations and assessments are available by appointment. Please call **Rick's** at **381-1515**. Located on the southwest corner of Routes 14 and 59 in Barrington, next to Pizza Factory.



Koi

"Monet to Moore: The Millennium Gift of Sara Lee Corporation"



Camille Pissarro, French, *Woman Bathing Her Feet*, 1895.
Oil on Canvas; 28½" x 36". A Millennium Gift of Sara Lee
Corporation to The Art Institute of Chicago, [Cat. 39].

The Art Institute of Chicago is the final venue on a five-city worldwide tour of the exhibition "Monet to Moore: The Millennium Gift of Sara Lee Corporation." The exhibition of 52 works represents a concise survey of European avant-garde painting and sculpture from 1870 to 1960 by artists ranging from the great French Impressionists of the 19th century to 20th-century masters of early modern art. Among those represented in the exhibi-

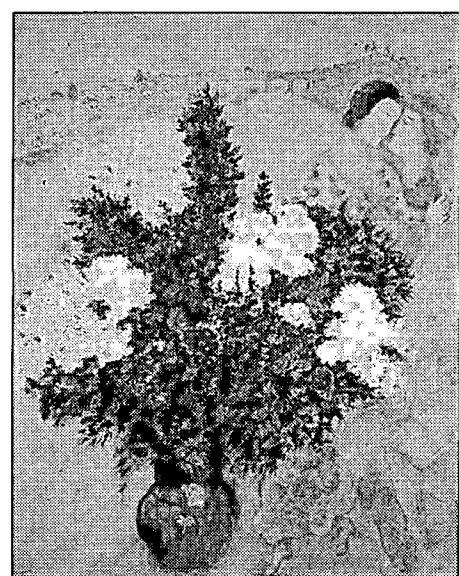
tion are: Claude Monet, Edgar Degas, Camille Pissarro, Alfred Sisley, Berthe Morisot, Paul Gauguin, Henri de Toulouse-Lautrec, Pierre Bonnard, Edouard Vuillard, Pablo Picasso, Georges Braque, Raoul Dufy, Henri Matisse, Marc Chagall, Fernand Léger, Alberto Giacometti and Henry Moore.

In June 1998, Sara Lee Corporation embarked upon a remarkable act of corporate philanthropy. In a ceremony held at

the Art Institute and attended by First Lady Hillary Rodham Clinton, the Chicago-based corporation announced that it would distribute the entire top tier of its distinguished art collection to museums around the world. In all, a remarkable 52 works were ultimately chosen to be presented to 40 institutions on four continents. While other American corporations have dispersed their art collections by sale or have gifted individual museums with artworks, Sara Lee is the first corporation to donate a collection of important works by many of the public's favorite artists to a truly global network of institutions.

After the announcement of the Sara Lee Millennium Gift, an exhibition of the 52 paintings, sculptures and works on paper that comprise the gift was assembled for a final tour to five international museums. Following the tour, the works will be installed in their new homes. The Chicago presentation of "Monet to Moore" (on view now through May 29, 2000), offers the public one last chance to view the best of Sara Lee's renowned collection in one place.

Recipients of Millennium Gifts literally span the globe. The 25 U.S. museums range from New York to Los Angeles, and from Chicago (including The David and Alfred Smart Museum of Art) to Mississippi. The 15 institutions outside the United States can be found in Canada, Great Britain, Europe, Asia, Australia and Israel. All of these museums are located in cities where Sara Lee or its subsidiar-



Marc Chagall, French, Born Vitebsk,
Russia; Present-Day Belarus;
The White Lilacs, 1930-34.
Oil on Canvas, 35" x 28½".
A Millennium Gift of Sara Lee
Corporation to the New Orleans
Museum of Art, New Orleans, LA.
©Artist Rights Society, [Cat. 6].

ies do business.

The Art Institute is the greatest beneficiary of Sara Lee's generosity, with 12 masterworks donated to the permanent collection. These include two paintings by Georges Braque, *Antwerp* (1906) and *Woman at an Easel (Green Screen)*, (1936); an Edgar Degas pastel, *Breakfast*

(Please continue on page 55)

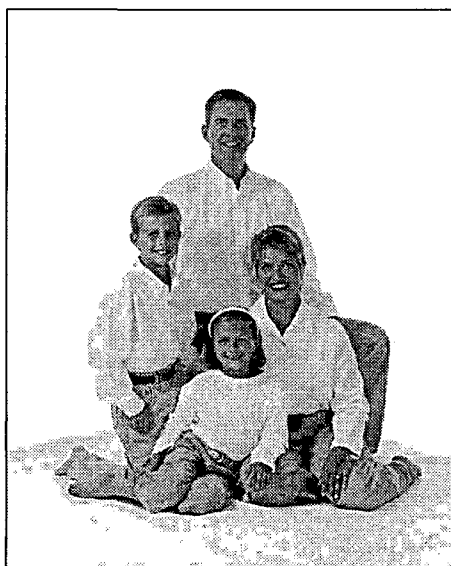
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Shirley's Dollhouse Celebrates 25th Anniversary

Shirley's Dollhouse is celebrating its 25th anniversary. Shirley started the doll shop in one room doing mostly doll repairs. Now, she has a thriving retail business. In the last 25 years, the shop has expanded into two large buildings. The doll shop carries the finest in dolls, accessories, doll furniture, books, trunks and anything a doll collector or that little girl could desire. She has a very nice selection of antique and collectibles also.

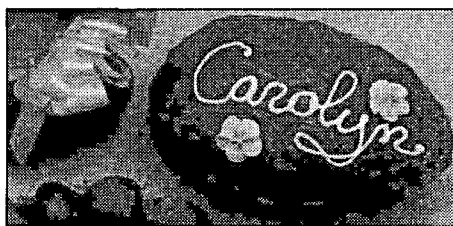
Her second shop, **Shirley's Annex**, is full of teddy bears, plush animals and beanies. She is having sales throughout the entire year. Stop by and take a look.



The doll shop is located on Milwaukee Ave. between Lake Cook Rd. and Deerfield Rd. at the Sale Barn Square. There are many other nice shops in the complex, so plan on spending some time and having a look around. Hours are 10 AM to 5 PM everyday or 11 AM to 4 PM on Sunday. (The annex is closed Mondays.)

Eastertime with Morkes Chocolates

You will have more choices for Easter chocolates at **Morkes Chocolates** than you will have anywhere else! **Morkes Chocolates** guarantees it! Bunnies on motorcycles; bunnies with golf clubs; bunnies with split ears; bunnies with straight ears; sleeping bunnies; bunnies in cars; bunnies in milk chocolate, white chocolate or dark chocolate. We have eggs filled with peanut butter, butter cream, fruit and nut, mixed chocolates, or an egg so big, we can put a huge stuffed animal inside. We have chocolate baskets filled with more chocolate or just a basket filled with anything your little heart desires. We have jelly beans, bunny carts, suckers and lambs. Crosses, Easter lilies,



tulips and swans.

Wow! You have to stop by **Morkes Chocolates** to see the selection. You will be amazed, happy, excited and motivated. Fresh made, personalized, creative and good **Morkes Chocolates** is the only place to go.

Open Monday through Saturday and the Sunday before Easter.

Sparrow's Palatine Charity Gala

Palatine Friends of Home of the Sparrow is holding their third annual fund-raiser, "Splendor of the Night," to support Home of the Sparrow's local shelter on April 15, 2000, at 7 PM at The Cotillion in Palatine. Home of the Sparrow, Inc., founded in 1986 in McHenry, is a transitional shelter program for women and their children.

Starting with shelters in McHenry and

Crystal Lake, the non-profit agency expanded into Northwest Cook County with the opening of its Palatine shelter in June, 1997. Home of the Sparrow also operates several graduate apartments in McHenry and Cook Counties and Sparrow's Nest Thrift Stores in McHenry, Cary and Arlington Heights.

Home of the Sparrow provides support

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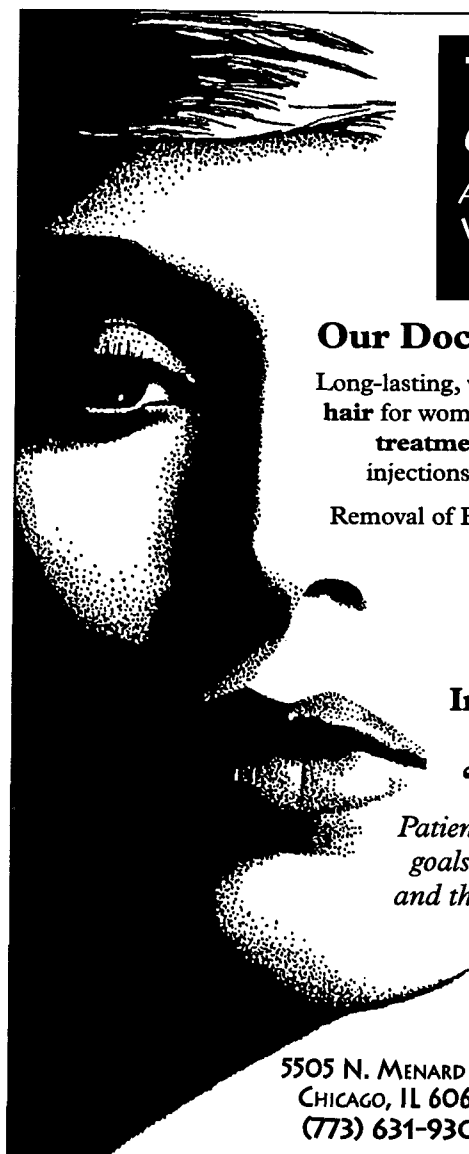
for its residents through education, counseling and job-skills training. In turn, the shelter residents are expected to share communal responsibilities, respect house rules, secure employment within two weeks of entering the program, save 70% of their net income after expenses towards future housing and participate in counseling and training sessions.

Palatine Friends of Home of the Sparrow, a volunteer group dedicated to supporting the Palatine home, is organizing this year's benefit gala to help fund the shelter's operating costs. Co-chairs Linda Mikkelsen, Chairwoman of Palatine

Friends, and Faith Alexander invite everyone to the big event. The evening's festivities will include cocktails, a silent auction, dinner, a live auction and dancing "under the stars."

Individual tickets for the gala are priced at \$100 each. Table sponsorships are available at two different levels—\$3,500 for Grand Benefactor or \$1,500 for Benefactor. A table will seat ten people. Dress is black tie optional.

Contact either Linda Mikkelsen at 847-991-1275 or Faith Alexander at 847-634-1001 for reservations or additional information.



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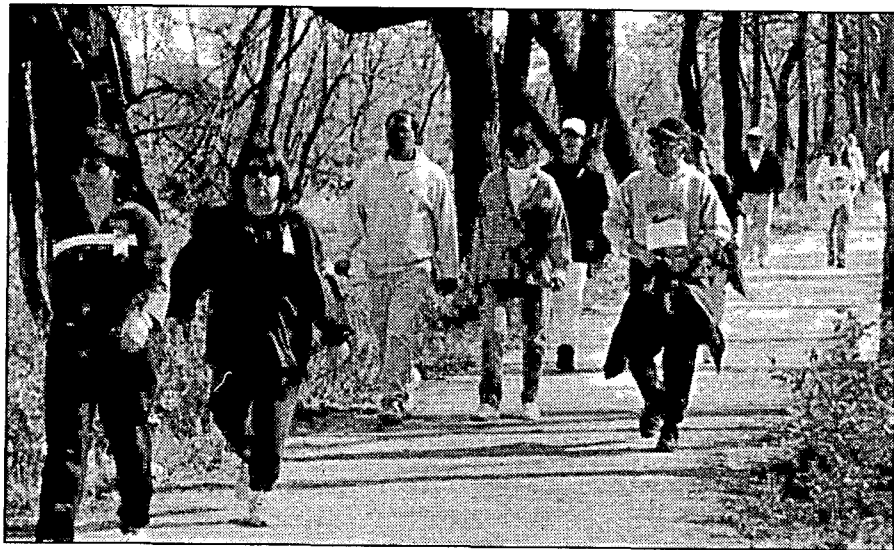
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(847) 228-3151

Eight Routes Available for 2000 MS Walk on April 9



Chicago's lakefront, forest preserves and riverside trails will be among the landscapes experienced by participants in the Mercedes-Benz 2000 MS Walk on Sunday, April 9, at routes in eight northern Illinois communities. Proceeds of the pledge-based event will benefit research and

program services offered by the Greater Illinois Chapter of the National Multiple Sclerosis Society to 11,000 persons with MS in 73 Illinois counties. For sponsor forms and route details, call the MS chapter at 312-423-1179.

Countryside Association Presents "Swing Into Spring"

Countryside Association, which has been serving individuals with developmental disabilities since 1954, is hosting its first fund-raising event of the new millennium, "Swing Into Spring." The event will be on

Sunday, April 30, 2000, at 12:30 PM at the elegant Harrison Manor House in Lake Bluff, IL. Enjoy a lavish buffet and dancing to the wonderful big band sound of the 16-piece Bobby Sanders Orchestra.

32 Barrington LIFESTYLES April 2000

Feel Good and Look Great

The doctors at **Total Health Concepts, Ltd.**, an Elk Grove Village based medical clinic, are happy to introduce new ways of treating patients by combining years of medical experience with the latest advances and techniques in 21st century technology.

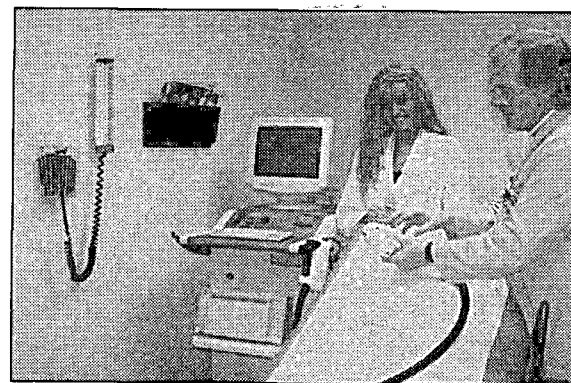
"We are very excited about our new wave laser equipment," says W. Mark Iwanicki, MD and founder of **Total Health Concepts, Ltd.** "We can do things now that we couldn't imagine of doing just a few years ago."

Now, unsightly spider veins can be effectively treated with lasers, no needles and practically no pain. The VascuLight Laser utilized for this procedure is the last word in vein treatment.

PhotoDerm, the most sophisticated laser-like device, is very effective in long lasting hair removal from all parts of the body. An amazing "flash of light" can gently remove unwanted hair for both men and women. No more waxing or electrolysis. Doctors can also effectively treat portwine stains, age spots, stretch marks, remove tattoos and large post surgical scar tissues (Keloids).

Botox—This relatively simple medical procedure can eliminate wrinkles, especially those frown lines and crow's feet around the eyes. Very popular in Hollywood, this safe procedure takes only 15 to 20 minutes of your time.

PhotoDerm Facial Rejuvenation—



At Total Health Concepts, Ltd., their doctors combine years of medical experience with the latest techniques in 21st century technology, such as VascuLight lasers for spider vein treatment and PhotoDerm lasers for hair removal. For more information, call 847-228-3151.

Originated by Dr. Bitter, this procedure rejuvenates facial skin with no patient down-time. This treatment eliminates broken capillaries, redness and brown spots and reduces large pores and fine wrinkles. A more youthful appearance can be achieved in a flash of light.

Dr. Iwanicki and associates have been practicing medicine in the Schaumburg area for over 20 years. "We get older together with our patients and we understand their needs." Their friendly staff is waiting to help you.

The office is located at Wimmer Plaza—Professional Building, 810 Biesterfield Road, Suite 104, adjacent to Alexian Brothers Medical Center in Elk Grove Village.

For additional information or directions, call 847-228-3151.

Find Out How You Can Offer Low-Cost Benefits at the April WIM Meeting

The April meeting of the Lake Cook Chapter of Women in Management will feature Karen Wells of AFLAC who will discuss low-cost, no-cost benefits for businesses.

The meeting on April 26 will begin with breakfast at 7:30 AM at Holiday Inn Mundelein, 510 E. Route 83 in Mundelein. The cost is \$14 for members or \$17 for non-members. (No shows will be billed.) To make a reservation, call 847-855-4768 or

fax to 847-855-4502. Please RSVP by Wednesday, April 19.

To become a member of the Lake Cook Chapter of WIM, call 847-855-4768. The membership fee is \$100 plus a one-time application fee of \$20.

Women in Management, Inc. is a support organization for professional women founded to facilitate the exchange of experiences and ideas and to promote self-growth in management.



There will be an exciting silent auction including many celebrity items, sports memorabilia, beautiful jewelry, great entertainment and dining gift certificates as well as many other surprises. It is hoped that over \$20,000 will be raised to assist the hundreds of people with disabilities that Countryside serves.

Tickets for this fantastic event are available for only \$50 each for adults or \$35 for their disabled children and those under 12.

Through special events such as this, Countryside is better able to achieve their mission to promote personal growth and

encourage movement toward living and working in the communities for the disabled individuals that they serve. Countryside Association is a 501(C)3 non-profit social service organization serving over 700 individuals with developmental, physical and mental disabilities and their families in Lake and Northern Cook Counties. They operate two work and training centers, located in Palatine and in Waukegan, as well as respite and home-based community outreach programs.

To reserve tickets, donate auction items or for more information, call Karen Harter at 847-438-8855, ext. 3705.

DAR Program "Stitches in Time"



Guest Speaker Marge Edwards to present program, "Stitches in Time."

Signal Hill Chapter, National Society Daughters of the American Revolution will meet at the Barrington Area Library in Room A, first floor, on April 11, at 11:30 AM. Regent Linda Wichman welcomes all members for refreshments and a social period followed by a business meeting and election of officers.

The program, "Stitches in Time," will be presented by our guest speaker, Marge Edwards, President of West Dundee Historical Society. Marge Edwards and her husband, David, have lived in the Dundee area for more than 30 years. Their three children grew up surrounded by reminders of the past. An interest in collecting and history lead to her involvement with Dundee Township Historical Society and, as Program Coordinator, granted her the opportunity to research the people and events of the past. Collecting has become a passion and the Edwards house is filled

with a variety of collections including quilts.

Part of the joy of having these treasures is sharing them with others. "Stitches in Time" is a program which relates the history of quilting, tells of the superstitions and customs involved in the craft and, as each quilt unfolds, a story is told. Although every quilt may not appear to be beautiful to the viewer, each has something that makes it special. Each member is encouraged to bring a quilt to share with other chapter members.

Any woman who is at least 18 years of age and lineally descended from a man or woman who served in the United Colonies or States as a recognized patriot is eligible for membership in the Daughters of the American Revolution. For further information, call Registrar Iva Lea Van Buren at 847-382-4449 or Membership Chairman Becky Kartalia at 847-381-0133.

New Home Accessory Store Opens in Arlington Heights



Callalily Fine Home Accessories opened its doors in 1999 with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed

by experienced designers. They will work with customers to select and place accessories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

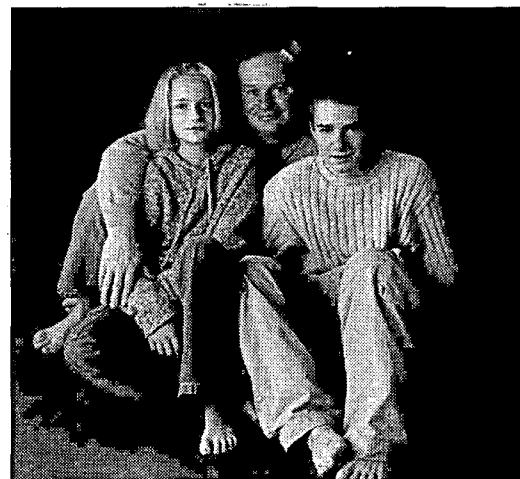
Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts. For more information call 847-255-2500.

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...preserving feelings and relationships, not just recording what you look like. We strive to create art that is not only visually pleasing, but that captures emotions and relationships throughout generations to come.

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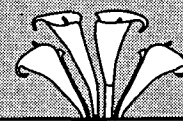
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INVITATIONS AND ANNOUNCEMENTS, STATIONERY,
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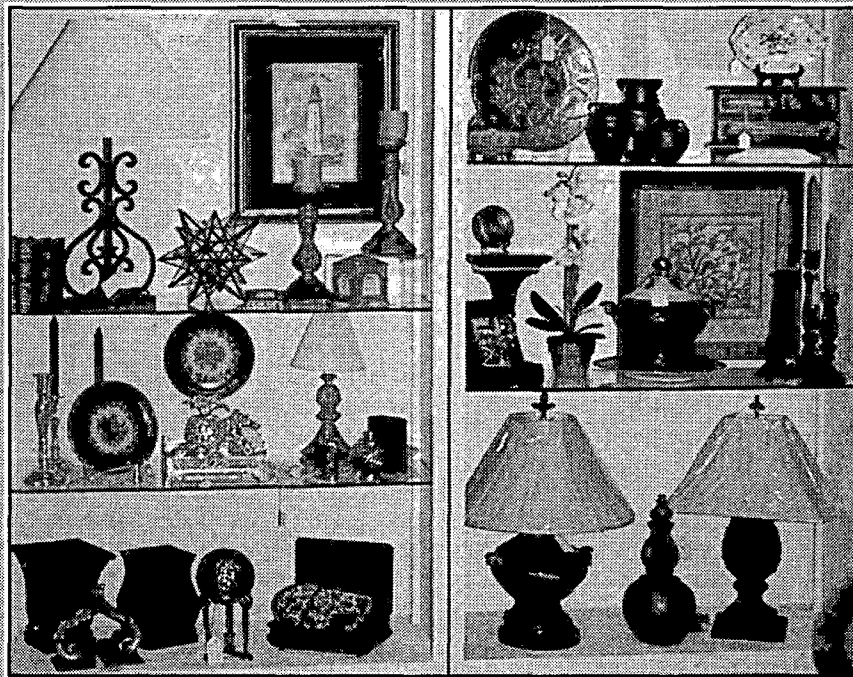
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AND LET US HELP WITH ALL YOUR
SPRINGTIME CELEBRATIONS

Come in and experience the art of true customer service!



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Fine Home Accessories



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in the Arlington Market

10-5 Monday-Friday, 10-4 Saturday 847.255.2500

Happenings!

in the area

Infant Welfare Spring Fashion Show and Luncheon



Lisa Schor, Silent Auction Chairperson, and Liz Rodosky, VP Projects, admire the hand-crafted Victorian-style dollhouse to be auctioned at the Infant Welfare Fashion Show on April 19.

The Barrington Chapter of the Infant Welfare Society of Chicago has scheduled their annual Spring Fashion Show and Luncheon fund-raising event on April 19, 2000, at the Biltmore Country Club in North Barrington. The benefit will include a silent auction, boutique sales and a luncheon and fashion show produced by Fashions with Flair of Oak Brook.

The main attraction of this year's expanded silent auction is a hand-crafted Victorian-style dollhouse created with meticulous detail and care by Don Larsen of Barrington Hills. His dollhouses are well known throughout the area and this lovely creation is greatly admired by all that view it.

The members of the Barrington Chapter meet monthly September through May in the spirit of volunteerism and compas-

sion for those in need. We help support—along with 28 other Auxiliary Chapters throughout the whole Chicagoland area—the Infant Welfare Clinic located at 1931 N. Halsted in Chicago. We concentrate on fund-raising for the clinic but are also committed to interacting with the families that the clinic serves through reading programs, field trips for the children and supportive clerical work.

The Infant Welfare Clinic has been providing comprehensive healthcare to the families of the uninsured, working poor of Chicago and beyond since 1911. The Barrington Chapter was founded 60 years ago and continues to this day to help further the well-being of those less fortunate.

We welcome your participation and questions about the work we do. Please feel free to call 381-8695 for information.

Barrington Sparrow Plans Annual Luncheon

Join Barrington Sparrow at its "Carousel" Luncheon for a 360° look at the work of this local organization!

Barrington Sparrow invites the community to attend its spring meeting "Carousel" on Thursday, April 27, from 11 AM to 2 PM, at Barrington Hills Country Club, 300 W. County Line Rd., Barrington Hills.

At this time, an annual report will be given concerning accomplishments of past Sparrow work as well as an overview of goals for future activities. Speaker will be the Reverend Karen Stunkel, Executive Director of Home of the Sparrow, which is headquartered in McHenry and has additional locations in Crystal Lake and Palatine. Home of the Sparrow provides transitional housing and counseling ser-

vices to women and children who are engaged in efforts to overcome and/or avoid homelessness.

Barrington Sparrow is a local organization providing advocacy, financial support and volunteer contributions to Home of the Sparrow. Presentation of the "Wings" Award will honor an individual who has provided outstanding volunteer service over the past year or years.

Join us for a lovely spring outing and a chance to update information about this worthwhile local program. Baby-sitting is available.

For information concerning the luncheon or to reserve a place by April 21, please contact Gail at 847-304-0066 or Sue at 847-526-3981. Tickets are \$30 each.

WC of Inverness Spring Luncheon



Committee Chairmen for the Women's Club of Inverness Annual Spring Luncheon and Fashion Show Benefit include: Trina Toms, President; Bo Tyler, Co-Chairman; Carol Parke, Ad/Program Book; Lisa Englehardt, Prizes; and Raisa Bratkiv, Chairman.

The Women's Club of Inverness' enormously popular spring fund-raiser luncheon and fashion show is scheduled for Friday, April 14, 2000. This year's original theme, "Volunteers are a Work of Heart," celebrates the women who worked for so many worthy causes in the last century. In the 21st century, they are unstoppable, working through their hearts!

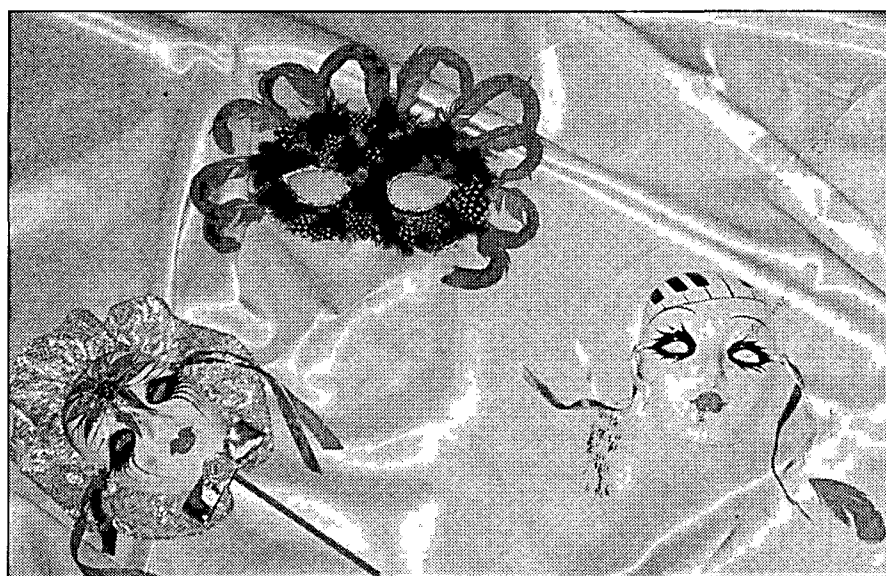
The Hyatt Regency, Woodfield, is the location for the day. The popular boutique will open at 10:00 AM for old favorites and new delights. At 11:00 AM, cocktails will be available to share with friends. At 12:30 PM, the luncheon will be served. To greet the 21st century, we will have 21 prizes during the lunch. American Airlines has donated 2 tickets as a prize, as has the

Drury Lane Theatre. Each prize grouping will also include a retired beanie baby. For information, please contact Raisa at 847-991-3136.

The spectacular fashion show this year is presented by "Fashions with Flair" of Oakbrook. Some designers featured this year will be Patricia Rhodes, St. John and Luca Luca.

Donations for this wonderful day are only \$45 per person. Tickets will be available at the door. Please call Debbie at 847-934-0363 for reservations for you and all of your friends! It will be a delightful day, with proceeds benefiting the many worthy causes supported by the Women's Club of Inverness!

April 29 Draws Near for MJF



On April 29, The Michael Joseph Foundation will hold their annual fund-raiser at a private residence in Barrington Hills.

"Millennium Masquerade" has been selected as the theme of the gala and will include a cocktail hour, a formal dinner and many unique and interesting items to bid on. Those attending will have the opportunity to view many museum pieces of yesteryear. The After Five Orchestra has

been secured for an evening of music and dance. American Airlines has been generous in donating two tickets to both Europe and the continental United States.

Since 1992, The Michael Joseph Foundation has been dedicated to assisting those in serious need of transitional housing in the Northwest Suburbs.

For more information, please call Hildegard Zimmermann at 847-382-3375.

Celebrate Cinco De Mayo at Julio's

Julio's Latin Cafe is a wonderful change of pace for lunch or dinner. Well known for their selection of excellently prepared dishes from countries throughout South America, including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean, you'll feel as though you've been transported south of the border. **Julio's** has also gained popularity with their live entertainment on the weekends.

Cinco De Mayo will be celebrated in true Mexican style on **Thursday, May 4**, starting at 5:30 PM. A delicious four-course Mexican dinner and lots of margaritas will be offered, along with entertainment by the strolling guitar duo of Lombardo Guerrero.

Treat Mom to a delicious dinner at **Julio's** on **Mother's Day, May 14**. **Julio's** will be open at 12:30 PM for your dining pleasure.

Julio's Latin Cafe is open for lunch Monday through Friday and dinner ser-



vice begins nightly at 5:00 PM. Entertainment is provided on the weekends and reservations are always recommended and can be made by calling **847-438-3483**. Open at 4:30 PM for dinner on Easter Sunday too!

Handbell Concert by Exaltation!

Exaltation! Fox Valley Community Handbell Ensemble will present its annual spring concert on Friday, May 5, 2000 at 8 PM at St. Paul's United Church of Christ located at 485 Woodstock Street in Crystal Lake.

Each of the auditioned members is a music director at his/her home church or an accomplished ringer. This year's dynamic program will entertain you with superb original compositions along with some familiar songs such as *Amazing Grace* which will include handbells, brass quintet and organ. The Crystal Brass will

also be performing a solo piece for the freewill offering. Tom Wibbels, organist at First United Methodist Church in Crystal Lake, will be opening the concert with a solo organ introit. Cindy Salvino will be featured with her flute on *Suo Gan* and percussion will accompany Exaltation! on a lively arrangement of *Ride the Chariot in the Mornin'*. Exaltation! has become well known in the area for its high level of exciting performance. The 2000 spring concert promises to carry on the tradition. For information, call 815-455-3325.

Michael York to Headline Elgin Enrichment Series Presentations

"Women's Lives in Historical Perspectives," "Rouges and Vagabonds"... These are the upcoming presentations as the **1999-2000 Elgin Enrichment Series (EES)** continues in the new millennium with Dr. Patricia Palmieri and actor Michael York at the Elgin Community College/Visual Performing Arts Center.

Dr. Patricia Palmieri, scholar/author, presents "Women's Lives in Historical Perspective" on Wednesday, April 12, 2000, at 10 AM. Her presentation clarifies the contributions American women made to our culture. Why have many of these contributions been rendered invisible? She makes family history, women's history and U.S. social history come alive! Sponsors are the Hoffer Plastics Corp. and Marison Industries.

Michael York, award-winning actor, performs and lectures about art and the profession of acting on Wednesday, May 10, 2000, at 10 AM in "Rouges and Vagabonds," the term used in Elizabethan times to describe performers. His creative program highlights the last five centuries of theatre and includes a lighthearted review of the critics' contribution. Sponsors are Home Federal Savings and Seagren/Shales, Inc.

Complimentary coffee will be available starting at 9 AM. Remaining series package for both presentations is \$35. Luncheon tickets may be purchased individu-

ally or for both presentations at \$18 each by Series Ticket holders only. All luncheons are held at the Elgin Country Club in Elgin immediately following the presentations. Seating is limited to 200 people.

The **Elgin Enrichment Series** is a non-profit organization established in 1995 by a board of 10 volunteers for the purpose of bringing to the Fox Valley high-profile speakers from the fields of education, entertainment, communications and other professions, to truly enrich the lives of community members. First Community Bank in Elgin sponsors the **Elgin Enrichment Series-Morning Forum**.

Palmieri and York follow a successful first-half of the 1999-2000 **Elgin Enrichment Series** with popular actor Edward Asner, scholar Dr. Elliot Engel and marine biologist Dr. Sylvia Earle. Since the introduction of its first 1997-1998 series, powerful presenters such as fashion designer Bob Mackie, retired White House Chef Henry Haller, scholar Dr. Elliot Engel, actress Rita Moreno, mental health advocate Kathy Cronkite, journalists Bill Kurtis, Linda Ellerbee and Judith Viorst, and director/screenwriter Peter Bogdanovich have all been a part of the successful **Elgin Enrichment Series**.

The total cost for both presentations is \$35 to attend Dr. Palmieri and Michael York's presentations. Call **847-289-4332** for information.

Julio's Latin Cafe

INVITES YOU TO CELEBRATE

CINCO DE MAYO

IN TRUE MEXICAN STYLE!

May 4, 2000

A FIESTA NOT TO BE MISSED! THE FUN BEGINS AT 5:30 PM WITH A DELICIOUS 4-COURSE MEXICAN DINNER AND LOTS OF MARGARITAS. CALL FOR DETAILS AND RESERVATIONS. ENTERTAINMENT BY THE STROLLING GUITAR DUO, LOMBARDO GUERRERO.

TREAT MOM TO DINNER ON MOTHER'S DAY, May 14. Julio's will be open at 12:30 PM for your dining pleasure. BE SURE TO CALL FOR RESERVATIONS.

OPEN FOR LUNCH Monday thru Friday • DINNER 7 nights a week
ENTERTAINMENT ON WEEKENDS
RESERVATIONS RECOMMENDED

(847) 438-3484

99 South Rand Rd., Lakeview Plaza, Lake Zurich, IL

Please Join Us...
For An Enriching Experience!

Dr. Patricia Palmieri
(Scholar and Author)
Women's Lives in Historical Perspective
10:00 a.m.
Wednesday, April 12, 2000

Michael York
(Award-Winning Actor)
Rouges & Vagabonds
10:00 a.m.
Wednesday, May 10, 2000

\$35.00 for this series of two speakers!
Complimentary Coffee and Rolls - 9:00 a.m. to :45 a.m.
The Elgin Enrichment Series presentations are held at Elgin Community College, Visual Performing Arts Center (VPAC) in Elgin, just south of Route 20 off Randall Road.

For tickets, information, and directions call us today!

(847) 289-4332

Forum Series Sponsor: First Community Bank, Elgin
The Elgin Enrichment Series is a not for profit organization.

Thai Avenue Restaurant

invites you to... Song Kahn, "Thai New Year"
April 16, 2000

Every April Thais celebrate their New Year by splashing water on each other as a gesture of good luck for the new year. They believe that the water washes away the bad, leaving only the good.

The staff of Thai Avenue Restaurant wants to wish you a very prosperous year in 2000 and proudly present this special four-course meal with appetizer...

There will be Thai classical music, performed on traditional Thai instruments ...live!

- *There will be a **souvenir** for everyone!*
- *All Thai beer and specialty drinks are specially-priced for the occasion!*

Don't miss out... for more information and reservations, call 847-726-0036.

Cost: \$22.75/person

Children under 12 are ½ price tax & gratuity extra

Menu

Appetizer: Thai Avenue Sample Platter

Soup: Thai Toam Yum Soup

**Entrees: Buffet-Style...featuring...
Ginger Catfish Filet
Basil Mussel
Pumpkin Curry
Cashew Shrimp
Thai Avenue Fried Rice
Thai Avenue Steak
Pad Thai Noodle
and many more!**

**Dessert: Thai Sweet Table...featuring...
Homemade Pies
Homemade Custards
Tropical Fresh Fruit
including Papaya,
Mango, Pineapple
and many more!**

SEATINGS ARE AT 4:30 & 7:30 PM.

115 S. Rand Rd., in Lakeview Plaza, Lake Zurich • 847-726-0036

Thai Avenue Restaurant Celebrates Song Khan—The Thai New Year!

If you have traveled to Thailand during mid-April, you'll never forget the experience of how we celebrate the new year in Thailand! Every year, people will spend the whole three days doing nothing else but celebrating. The towns will be colorful because people dress up in different colors and parade along the streets. There will be musicals and Thai dance shows everywhere in town, especially in the temple where most people gather. People splash water on each other as a blessing. We believe that the water will wash away all the bad things and leave only the good remaining.

There will be foods being sold everywhere on the street. You'll find Thai egg rolls, satay, Pad Thai noodles and lots more. You won't go hungry while you're enjoying the shows.

This year, **Thai Avenue** would like to share some of the experience with you and you won't have to go all the way to Thailand to eat those foods. **Thai Avenue Restaurant** is offering our own version

of the new year's celebration. On Sunday, April 16, **Thai Avenue** will feature an enticing 4-course meal including appetizer, soup, buffet-style entrees and a sweet table, Thai beer and Thai specialty drinks will be specially priced for the occasion.

There will be a traditional Thai musical show featuring Thai instruments to entertain you while you enjoy dinner.

Don't miss our first time celebration event of the year! Reservations are being taken for two seatings. The first seating will be at 4:30 PM; the second seating will begin at 7:00 PM. Only \$22.75 per person. For reservations, call **847-726-0036**.

Carryout will also be available during the celebration. Lunch specials are offered Tuesday through Friday from 11 AM to 2 PM for \$4.95 to \$5.50 per person and include the soup of the day. Friday lunch buffet—11:30 AM to 2:30 PM—only \$6.95 per person.

Visit us on City Search at—
www.thaiavenue.com.

Lake Shore Ski Club Will Host Spring Banquet

Lake Shore Ski Club will host its Annual Spring Banquet at Galleria Marchetti in Chicago on Friday, April 28, 2000. The evening's festivities will include cocktails at 6:30 PM and dinner at 7:30 PM. Following the dinner at 8:30 PM, the Ski Awards for the 1999-2000 ski season will be presented and the 2000-2001 Board of Directors will be announced. Dancing will begin at 9:30 PM. All who are interested are cordially invited to attend and learn about the exciting year ahead as well as

the advantages of becoming a Lake Shore Ski Club member. Cost is \$48 per person and advance reservations are required by April 26, 2000.

Lake Shore Ski Club was founded in 1955 and has over 1,200 members from throughout the Chicago metropolitan area, Northern Indiana, Southern Wisconsin and Western Michigan.

For further information and to place reservations, call 312-777-1200 or visit our website at www.lssc.org.

Join the Easter Bunny for Easter Brunch

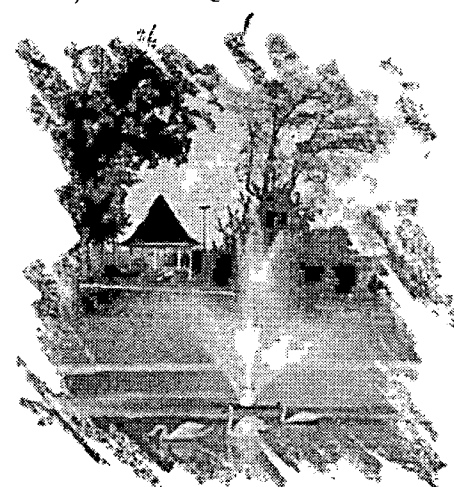


Concorde Banquets, surrounded by beautiful grounds and secluded from everyday intrusions, lets one escape into a world of elegance and fine banquet dining.

Concorde Banquets is the perfect place for your wedding reception, awards dinners or corporate breakfasts, luncheons or dinners. Facilities are available for groups of 25 to as many as 1,000 people. At **Concorde Banquets**, every occasion is special, no matter how large or small. Their expert staff takes pride in helping you plan your function with their personal touch. A variety of affordable and distinctive package plans are available. For more information and a personal meeting, please call **438-0025**.

Concorde Banquets is located one

mile north of Lake-Cook Road on Rand Road just west of Quentin Road in Kildeer.



Concorde Banquets

Join the Easter Bunny
for

EASTER SUNDAY CHAMPAGNE BRUNCH

April 23, 2000—10:30 a.m. to 2:00 p.m.

LAVISH BRUNCH BUFFET

including

EUROPEAN PASTRY TABLE

Complimentary Polaroid Picture
for All Children Taken
with the Easter Bunny



For Information
and Reservations
Please Call
847-438-0025

20922 N. Rand Rd. (Rt. 12)
(West of Quentin Rd.)

Kildeer

Fritzl's Country Inn... So Many Delicious Possibilities

Is the family getting together for **Easter Dinner**? Why not make reservations at **Fritzl's**? They'll be featuring fresh smoked ham and spring leg o' lamb in addition to their regular menu.

Fritzl's traditional European menu is something to experience too! Hearty schnitzels, potato pancakes and Hungarian goulash, veal Geshnetzeltes from Switzerland, Kassler ribs from Germany, incomparable sauerbraten, steak tartare, roast duck, prime rib and Viennese pastries.

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

Reviewed and recommended by Zagat Survey.

Every Town Needs a Good Tavern— Come and Enjoy Emmett's

Emmett's Tavern and Brewing Company located in historic downtown West Dundee is the restaurant everyone is talking about. The winning combination of outstanding food, warm inviting atmosphere, friendly attentive service and handcrafted ales, brewed right on the premises, have people coming back again and again. Try Emmett's Peppercorn Sirloin Steak, cooked to order on a wood-burning grill and topped with a cracked peppercorn brandy sauce, or the Grilled Mustard Dill Salmon, served over a bed of julienne confetti vegetables and topped with crispy shoestring potatoes and a light lemon butter sauce. Or, try any of Emmett's other acclaimed entrees.

On Easter, Emmett's will feature a special brunch from 11:00 AM until 3:00 PM. Mother's Day will again be a time for Emmett's special brunch served from 11:00 AM until 1:00 PM or enjoy a relaxing dinner served from 4:00 until 9:00 PM.

Emmett's serves dinner daily starting at 5:00 PM. Beginning in May, Emmett's will be open weekdays for lunch from 11:30 AM until 2:00 PM. Private parties and banquets from 20 to 100 people are accommodated Sunday through Thursday. Enjoy live music in the pub on Friday evenings. Emmett's is only eight miles from downtown Barrington. For further information, call **847-428-4500**.

Terrific Trattoria Now Open!

Four months ago, Franco and Patti Bruno opened **Frantonio's Trattoria** in the space adjacent to their charming Italian deli on Northwest Highway. Just south of the Barrington Library, the deli, cafe and catering business has been thriving for over six years.

The **Trattoria's** menu consists of carefully prepared cuisine that makes you feel you are in Italy. The appetizers consist of so many homemade specialties; the fresh mozzarella wrapped in prosciutto flavored with basil, olive oil and spices is delicious. Franco makes four different sausages at the deli. A few are featured on the menu; the Luganaga is made with white wine,

roasted black olives and thyme and is very flavorful!

The menu has a nice variety of pastas, seafood, veal, chicken and steak dishes to choose from. The salmon, sea bass and veal marsala are our favorites. A garden salad is also included with each entrée. The wine and beer selection is expanding weekly.

The ambiance at the **Trattoria** is very cozy with grapevines and faux exposed brick on the walls. Frantonio's menu is moderately priced as well. Enjoy your dining experience at **Frantonio's Trattoria**.

Buon Appetito!

BHS Fine Arts Calendar Update— Dates and Locations

Due to the ongoing renovation at Barrington High School, there have been changes in the locations of several events that would normally take place in the Richard C. Johnson Auditorium. If a location is to be announced, please call the Fine Arts Department at 842-3214 as the date approaches to confirm the location. Please take time to mark your calendar for the following fine arts events that you won't want to miss:

- April 5-6, Choir Concert, 7:30 PM, BMS Station Campus
- April 14-15, Orchestis Dance Concert, 7:30 PM, location TBA
- April 16, Orchestis Dance Concert, 2:30 PM, location TBA
- April 20-22, Experimental Theatre, 7:30 PM, location TBA

- April 28, Java & Jazz, 7:30 PM, BHS Student Resource Center

- April 26, Orchestis auditions, 3:00 PM, location TBA

- April 29, Master Dance Class, 10:00 AM, BHS Wrestling Gym

- May 4-6, *Vanities* and *The Invitation*, two one-act plays, 7:30 PM, location TBA

- May 7, Band Banquet, time and location TBA

- May 11, Band Concert, 7:30 PM, location TBA

- May 16, Choir Concert, 7:30 PM, location TBA

- May 18, Orchestra Concert, 7:30 PM, location TBA

- May 25, Honors Recital, 7:00 PM, location TBA





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Fri-Sat 9 am to 5 pm

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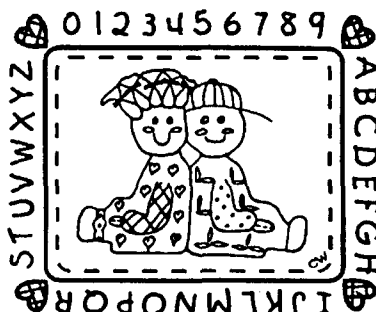
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A Mixture of Laughter and Medicine at the Garden Ball

It's one thing to laugh with him every weeknight on national television. Now, Chicago area residents will have the opportunity to see world-acclaimed comedian and talk show host Jay Leno live and in person as he headlines the 14th Annual Garden Ball hosted by Alexian Brothers Medical Center (ABMC) Foundation on Saturday, May 20, 2000.

One of the country's premier comedians, Jay Leno is best known as the host of NBC's Emmy Award-winning and number one late-night talk show, "The Tonight Show with Jay Leno." Since 1992, Leno has lead the show with his signature topical monologue as well as welcoming thousands of guests and performing hilarious comedy bits throughout the late-night television performance.

The 14th annual Garden Ball will be held in the Grand Ballroom of the Drury Lane in Oakbrook Terrace on Saturday, May 20, 2000. Tickets are \$250 each. For more information on this historic and extraordinary Alexian Brothers Medical Center Foundation 2000 "Millennium"

Garden Ball, please contact the ABMC Foundation Office, 800 Biesterfeld Road, Elk Grove Village, Illinois, 60007. Or call 847-437-5500, ext. 4388.



Jay Leno, Headline Entertainer
for The Garden Ball

Far From the Madding Crowd Discussed

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *Far From the Madding Crowd* by Thomas Hardy on Tuesday,

April 25, 2000, at 7:30 PM at a member's home.

AAUW is a national organization committed to educational equity for women and girls. The Barrington Area Branch

Openings Now Available for Toddlers

Barrington Community Child Care Center offers a 5-day preschool program. The classes are for children ages 3 through 5 years who are toilet trained. The hours for the preschool day are 9:00 to 11:30 AM or 9:00 to 12:30 PM with a hot lunch provided. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Avenue in Barrington, (one block west of Burger King off Northwest Highway).

Registration is now being accepted for all age groups in our child care program also. Have peace of mind while you work and know that your child is in a safe environment. Being at the **Barrington Community Child Care Center** means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the en-

vironment. Program enrichments are also offered, such as "Computer Tots." And, as a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

Barrington Community Child Care Center is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

Barrington Community Child Care Center offers year around structured activities and care. Registration is now being accepted! We are happily celebrating our 7th year in the community. *Come join the fun!*

Poor Report Cards—What to do?

Report card day brings stress to many families. If you and your child are unhappy about a report card, what should you do? When you look at your child's report card and performance record, the most important things to evaluate are these: Is your child doing his or her best? Is he or she achieving his or her highest potential?

According to Dr. Raymond Huntington, founder and president of **Huntington Learning Centers**, "Parents know their own children. If you believe your child could be doing better than his or her grades show, you owe it to your child to remedy the situation."

"More than current grades are at stake," Huntington continues, "If grades are mediocre or poor, it means your child is not gaining valuable skills. This can come back to haunt your child later. The skills children learn in school are like building blocks. If a skill is not learned adequately, future skills will suffer. When a child tries to build advanced skills on a shaky foundation of knowledge, there is likely to be trouble ahead."

Mediocre or poor grades can result from a variety of problems. Dr. Huntington offers the following suggestions for what to do when a child brings home a poor report card:

1. *Examine the situation realistically.* It's important to remember that every drop in grades indicates that valuable skills are being missed. An effort should be made to learn and reinforce those missing skills. While this is being done, it's also important to identify and remedy

the basic problem, so it does not continue to hurt your child's education.

2. *What is really the problem?* Is there a behavior problem? Sometimes, bright students get bad grades for behavior related activities. Does your child hand in homework? Is it correct and on time? Is your child bored with schoolwork, and so is not paying enough attention? These are not excuses; they are symptoms of different problems. You must identify the problem before you can remedy it.

3. *Talk with your child.* Why does your child think he or she got poor grades? Does he or she take the situation seriously? How does he or she plan to do better? It is important that your child knows you take the situation seriously. Work with your child to develop a plan that will help him to achieve better grades. Let your child know that you are supportive and that you believe in his or her abilities.

4. *Talk with your child's teacher or counselor.* Your child's teacher or counselor is a professional educator. What are his or her observations? What does he or she recommend?

It is important to remember that the difficulty that caused these poor grades may be a serious problem. Your child may have missed one or more important basic skills. It is vital that you get help for your child as soon as possible, before the problem gets worse.

Parents who want additional information or who wish to discuss a specific problem are encouraged to contact the **Huntington Learning Center** in Barrington at 847-382-3655.



sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to any-

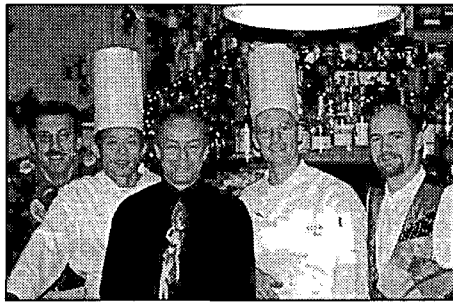
one with a baccalaureate or higher degree from an accredited college or university. For information, call 847-381-4791.

Chers Amis...

April in Paris...

That sure sounds great, so if you have a chance to go, well... just do it!

But for the ones who won't get that lucky this soon, here is the alternative... "Travel to Paris" at **D & J Bistro** on Sunday, April 30, 5 PM. Mrs. Melanie Karsen, reputed travel consultant, Francophile and francophone, will present her collection of slides and great knowledge of Paris. She will enlighten and entertain you with anecdotes and recommendations. We will then follow with a three-course dinner, typical of a Parisian bistro, along with the appropriate wines—the whole package for the very fair cost of



\$46 per person all inclusive. The seating is limited, so please reserve soon. Menu: amuse bouche; assiette de crudités; steak frites; iles flottantes; café.

—Merci, Dominique

Experience Disney Magic through Carlson Wagonlit Travel's Enchanting Offers

Looking for the perfect, magical getaway? Nothing provides magic and excitement quite like a Disney vacation and the **Carlson Wagonlit Travel** location in Barrington announces special offers that capture the magic of Walt Disney World, Disneyland and Disney Cruise Line vacations. The **Carlson Wagonlit Travel/Disney** offers can be booked from March 19 to April 30 for travel throughout most of 2000.

"A Walt Disney World experience is the most popular vacation among our customers and with the ongoing Walt Disney World Millennium Celebration, there is no better time to visit," stated Carol Slipper, Manager of the local **Carlson Wagonlit Travel**. "Epcot serves as the focal point for a spectacular celebration of this exciting passage of time into the 21st century."

Focused at Epcot, the Walt Disney World Millennium Celebration takes place from now until January 1, 2001, and features show-stopping entertainment, ground breaking technologies and sights, sounds and tastes from around the globe. Each night, the celebration is topped off by a dazzling processional and an all-new pyrotechnic and laser spectacular.

Starting at \$462 per person (based on double occupancy), **Carlson Wagonlit Travel's** offer combines three-night accommodations at a select Walt Disney World Resort hotel; unlimited Magic Passes for unlimited admission to the Magic Kingdom, Epcot, Disney-MGM Studios, Disney's Animal Kingdom, Disney's three themed water parks and Pleasure Island; and one choice per person from Disney's Flex Feature options including a special

millennium-themed memory box, picture frame, a Walt Disney Records symphony millennium CD and much more.

The **Carlson Wagonlit Travel/Disney Cruise Line** offering provides two exciting vacation options that start as low as \$799 per person, based on double occupancy. The first option is Disney's seven-day itinerary to exotic eastern Caribbean ports of call. Another exclusive package features a seven-day land and sea vacation package combining a three- or four-day cruise to the Bahamas with a three- or four-night stay at the Walt Disney World Resort.

This August, Disney Cruise Line guests can set sail on a magical new, seven-day cruise experience aboard the Disney Magic to the ports of St. Maarten, St. Thomas and St. John as well as Castaway Cay, Disney's private Bahamian island paradise. Packages for the seven-day cruise are available for most sailings between August 24 and November 16, 2000. The exclusive Disney Cruise Line seven-day land and sea package, good for most sailings between April 30 and November 16, 2000, features a stay at the Walt Disney World Resort and a visit to the Bahamas.

"As an added bonus, **Carlson** will provide our cruise customers a \$50 shipboard credit that can be applied toward beverages, spa services, gift shop items, photographs and shore excursions. In addition, **Carlson Wagonlit Travel** will give away one Disney Cruise vacation for a family of four. To register for the promotion and review the complete terms, visit our Barrington location or www.carlsontravel.com.

Carole Comments

by Carole Childers, C.N., L.N.C., All Ways Healthy

A friend asks: "Are energy food bars a good source of nutrition?"

Carole Comments: There are many types of "energy" bars out there (Balance Bar, Power Bar, Cliff Bar, etc.) and my best advice is to read the label on each to determine their nutritional value.

As a snack or a mid-morning pick-me-up, an energy bar is a fine choice, especially as an alternative to something like a doughnut, candybar or other nutritionally void item.

However, make sure you know what's in your energy bar. Check the fat grams and opt for one with total fat grams ac-

counting for less than 10% of the calories.

In addition, don't rely on energy bars as a replacement for a nutritional meal. They are meant to offer a healthy way to achieve quick energy, not a substitute for whole, fresh foods.

Some manufacturers have developed bars that address specific health concerns such as weight-management, muscle-mass-building and sports. Because of their convenience, price and nutritional elements, energy bars will continue to appeal to many. As with any other manufactured product, I urge you to read the label and be informed.



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Sunday, May 14 "Mother's Day"

Friday, June 2 "Golf Outing"

Sunday, June 4

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FOR MORE INFORMATION, CALL:

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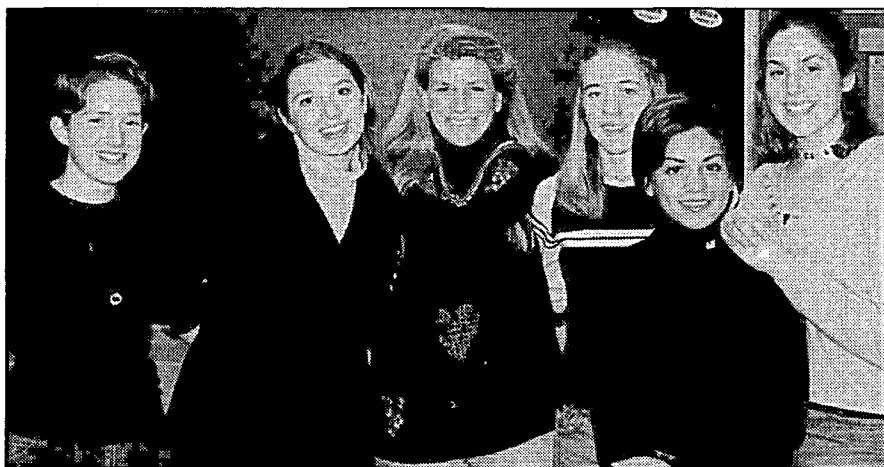
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New Generations Hires Executive Director



New Generations Teen Board with new Executive Director Libby Rieke (left to right): Zareen Hansotia, Secretary; Jen Habicht, President; Libby Rieke, Executive Director; Clare Cragan, Vice President; Melanie Thakkar, Treasurer; and Linzee Fortunato, Vice President.

New Generations is pleased to announce the hiring of Libby Rieke as its first Executive Director. Libby comes to New Generations with a wealth of experience in working with Barrington teenagers, most recently with the youth group at St. Michael's Episcopal Church. She will be responsible for overseeing the day-to-day operations of the organization. New Generations is unique to Barrington in that it is student-driven and adult-supported. Therefore, her most important role will be in working with the teens of Barrington as they plan and implement activities for the community and work toward their

personal goals. Past New Generations events have included: The January Jam, Mini-Ravinia, Battle of the Bands and several concerts at the "Back Door" located at St. Paul United Church of Christ. Plans for the spring include classes for teens called "Keeping it Real" and an all-board retreat for the Adult and Teen Boards. A long-term goal is to establish a teen center in Barrington where teens can have a comfortable place to relax and socialize.

The Adult Board is headed by John Hipsky, President, along with: Jim Otis, Vice President; Wendy Habicht, Recording Secretary; Carroll Jackman, Corre-

Abbey Carpet Mart—Spring Sale

Abbey Carpet Mart, (Tim's Carpet and Tile, Inc.), is conveniently located in the Deerpath Court Shopping Center in Lake Zurich.

With over 15 years of experience in the flooring industry, owner Tim Murphy services the needs of residential and commercial clients in the Chicagoland area. **Abbey Carpet Mart** offers a complete variety of quality flooring products and services at competitive prices. Whether you are in the market for carpet, area rugs, hardwood flooring, ceramic tile, sheet vinyl, laminates or discounted remnants, **Abbey Carpet Mart** is your one-stop-shop.

We invite you to browse through our beautiful showroom, or allow a member of our friendly qualified personnel to

come to your home or office to assist with your flooring selection.

Why Shop Abbey Carpet Mart?

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Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call **847-382-8468** or **815-363-8468**.

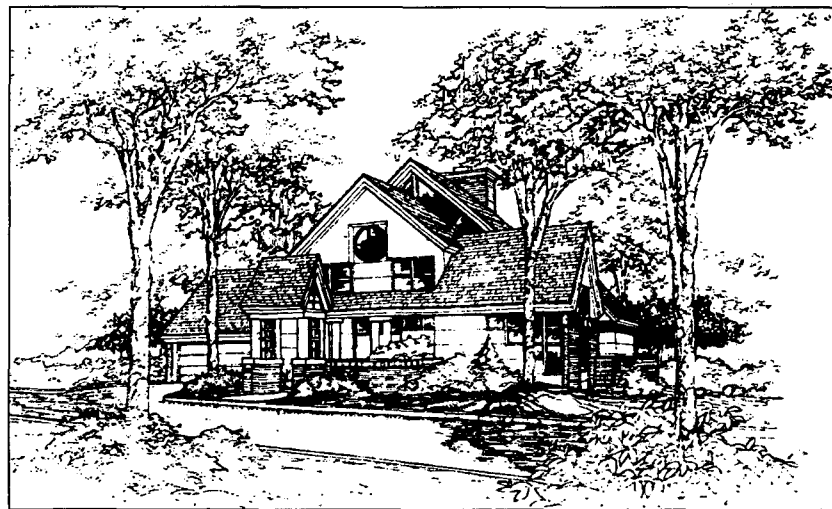
sponding Secretary; and John Meier, Treasurer. Additional board members are: Barb Cragan, Christine Garry, Robert Irvin, Terry Jennings, Suzanne Knell, Jeff Lawler, Rochelle Schulman, Brad Stetson, Rich Towers, John Vosnos and Judy Weiss. The Adult Advisory Board is comprised of: Steve Allen, Kris Andersen, Nadia Bleibel, Syl Boeder, Alan Brostoff, Craig Failor, Hugh Frebault, Leigh Furda, Jeanne Hanson, Gail Howard, Julie Kerr, Julie Lee, Kate Mills, Sam Oliver, Jerry Piper, Lawrence Weiner, Joyce Wisniewski and Ann Wonak. The Teen Board is made up of: Jen Habicht, President; Clare Cragan and Linzee Fortunato, Co-Vice Presidents; Zareen Hansotia, Secretary; and Melanie Thakkar, Treasurer.

New Generations was born out of the need for teen activities, a need identified by the Healthier Community Project of the Barrington Area. A work group was formed with representatives from the community. The work group identified a successful organization to emulate—CROYA, Committee Representing Our Young Adults, a 20-year-old organization based out of Lake Forest and Lake Bluff that is youth-driven and gives teenagers responsibility for determining their own direction and policies. CROYA's Adult Board acts as a resource for the programs, oversees budgets and serves in a support

capacity to the Director and staff. With the help of Interact, The Rotary Clubs of Barrington and Barrington Youth Services, a forum was set up to assess the needs and goals of Barrington area teenagers. The result of this forum produced a group of teens interested in a student-driven organization which they called New Generations. With the leadership of Rotary Club representatives, an Adult Steering Committee was formed to assist the students in defining their goals. In the fall of 1998, New Generations elected its first Adult Board of Directors and an Advisory Board. Committees were formed, bylaws developed and incorporation as a nonprofit organization was completed. Thanks to the generosity of two major donors—the Duchossois Foundation and an anonymous donor—New Generations has been able to hire its first Executive Director. With her help, New Generations is ready to take the next step in providing Barrington teens with an outlet for their ideas and creativity.

Libby grew up in the Barrington area and lives here with her husband, Todd, who is also a lifelong resident. They have two adult daughters who grew up in Barrington. New Generations is pleased to welcome her to our organization. If you'd like further information about New Generations, please call Libby at 381-2277.

BEAUTIFUL HOMES & GARDENS Special Seasonal Section



Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

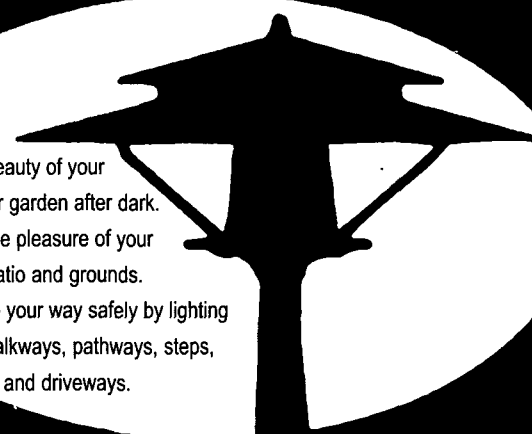
"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

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Spring has Sprung!



Bill Schafer—President



Joe Schafer—Vice President

Now that spring is finally here and the weather is getting warmer everyday, it's the perfect time to give your home's exterior a fresh coat of paint or stain. Is your house the one on the block that has an unappealing color scheme and is in need of help?

We've all seen it at one time or another—the house on the corner with peeling, flaking paint or bare wood peeking out through a previous stain job, and rotten wood trim, soffit, fascia and window casing, all the while thinking that with just a little work, it could be beautiful addition to the neighborhood!

Call **Schafer Builders Inc.** and let us give your house a fresh new look by painting or staining the exterior of your home. Perhaps you've been wanting to change the colors of your home to have a more updated look, or have the rotten

wood replaced on your home that has become a real eyesore to everyone on the block.

Not only will a new exterior paint or stain job protect your home's exterior surfaces; it will give your house something everyone wants—curb appeal. Preparation is the key to a professional, long-lasting paint job. We will make sure your plants and shrubs are protected, replace rotten and deteriorating trim and siding and use only the highest quality materials.

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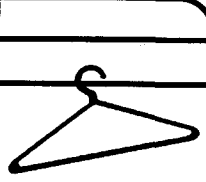
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One Sweet Story



Shown is Dr. George Pepper, Palatine resident and member of the Barrington Chapter of Lyric Opera of Chicago, with "Carmen" Denyce Graves.

George was a supernumerary in the opera *Carmen*. Supernumeraries are "extras" who do not sing. Here, he is dressed as a Moor as he had appeared in Acts I and II.

Knowing that international opera diva Denyce Graves loves desserts, he went to Ambrosia Patisserie in Barrington and had them design a special "Carmen" cake, complete with the fateful red rose.

Ms. Graves was so impressed by the beauty of the cake, that when she came on stage in Act I, she whispered to Dr. Pepper, before she started to sing, "Are you the guy who brought the cake?"

He said yes he was.

She replied, "It's beautiful."

Dr. Pepper said, "So are you!"

Later, Ms. Graves posed with Dr. Pepper after she had a chance to sample the cake and told him it was not only beautiful, but incredibly delicious. This led to a wonderful embrace.

Winner Announced in Sub-Zero Design Competition

It was recently announced that McCauley Design was a winner in the Sub-Zero Design Competition. There were over 700 entries nationally. The competition was based on design, detail and ingenuity in using the Sub-Zero product. Sub-Zero is a high-end, built-in refrigerator. The

house is a recently remodeled home located in Barrington Hills.

McCauley Design is located in Barrington in a brand new studio at 211 Park Avenue. The kitchen cabinets were fabricated by Rutt, for which McCauley Design is an exclusive, local, authorized dealer.

Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

Closet Masters. Your Local Closet Professionals.

K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

from K.D.A.

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., 815-477-4800.

Tri-Delta Alumni Meet

The Chicago Northwest Suburban Alumnae Chapter of Delta, Delta, Delta Sorority meets on the second Tuesday of each

month, September through May. For information regarding the meeting on April 11, call Genny Ellefson at 847-381-5228.

Welcome to the Possibilities Available to You



Burke Landscaping is a fully insured and licensed **Hardscape Contractor** with 14 years experience in creating beautiful and functional extensions of your exterior leisure areas. Using interlocking brick, flagstone, bluestone, granite and other hardscape products, we can construct your driveway, patio, walkway, entryway, swimming pool deck, pond, waterfall, retaining wall, pergola, seatwall... and there are many other options available.

Your creation begins with an initial, on-site inspection and measurement of the work area. Our designer will show you

pictures, listen to your ideas, answer any questions and offer any additional suggestions. The measurements are then used to compose a scale drawing which is presented to you along with a written proposal.

Burke Landscaping considers their work a craft and takes pride in every job no matter what size. To ensure your work will stand the test of time, we back it up with a *5 year guarantee*.

The next step is yours! Call us today at 847-381-6267 or 847-639-6258 to schedule your free estimate and consultation, or visit our website.

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Phase II Landscaping is a family-owned business that has served the greater Chicago area for 13 years with quality designs, installations and maintenance. The staff at Phase II believes that a beautiful setting to call home is definitely one of the sweetest comforts in life. But, they are also very aware that peaceful home settings don't just happen. They are dedicated to professional and quality-crafted landscape design and installation.

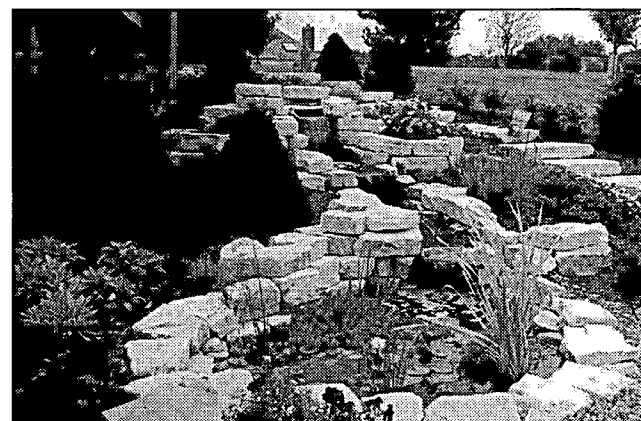
Phase II is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Branch Manager of Landscape Sales at Phase II, says, "Any knowledgeable and experienced landscape architect

will be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that **Phase II Landscaping** doesn't resort to "cookie cutter" designs for landscapes. Phase II provides their customers with a custom design that is tailored for each customer's specific needs and desires. Phase II creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined plant beds

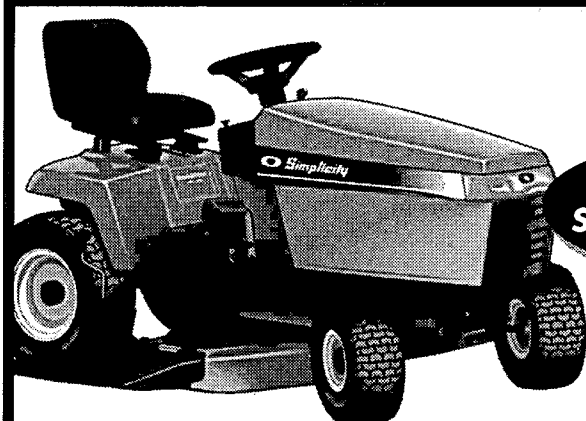
and lawn areas with Brick Pavers has augmented Phase II's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at **Phase II Landscaping**. They provide



complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.

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Breakfast with the Easter Bunny

This exciting event for all ages will include pictures and a continental breakfast with the Easter Bunny. In addition, we will be making crafts, playing games and having an Easter egg hunt. The breakfast will take place on Saturday, April 15, 2000, from 9:30 to 11:30 AM at the YMCA.

Cost is \$6 per person for members/limited members or \$10 per person for non-members. Advanced registration is required and forms can be picked up at the front desk of the YMCA of McHenry County, 701 Manor St., Crystal Lake, IL, 60014. For more information, call 815-459-4455.

Need a New Lawn Tractor?



If your old tractor or mowing machine is worn out, come to **Reed Lawn & Leisure, Inc.** for the Best Deals of the Season on a new Simplicity. The selection is great and with select rebates and special financing, your timing couldn't be better.

Buy a new Simplicity lawn tractor and receive a rebate of up to \$300 on select models. Plus, special 6 months same as cash financing can save you even more. **Reed Lawn & Leisure** can explain; some conditions apply.

If you had your heart set on a Honda or a John Deere tractor, they also offer attractive financing.

If your tractor or mowing machine isn't dead—just wounded, the service department at **Reed Lawn & Leisure** can deal with curing it. Bring your machine in for

repair or call and make arrangements for pick-up and delivery.

Chipper, vacuums, tractors, riders, walk behinds, all the latest in lawn care equipment and accessories in name brands can be found at **Reed Lawn & Leisure** on Rand Road. These lawn care experts suggest you stop in, browse around, ask questions, and purchase your favorite Simplicity, Toro, Honda, Echo or John Deere. And at **Reed Lawn & Leisure**, they not only sell the equipment but they also service it.

Reed Lawn & Leisure also carries a complete line of rototillers, chainsaws, power blowers and string trimmers.

If you need to unclutter your garage, consider a Heartland Barn for the storage of all your lawn and garden equipment.

Do Architects Design Small Houses?

Have you always dreamed of designing a home that reflects all the styles and amenities that you would like, but thought using an architect was only for the wealthy?

"This myth is unfortunate for many potential clients," comments John C. Cazzetta of **Kemper Cazzetta, Ltd.** "An Architect's role is to create space that fits the owner's wish list, site and budget. Architects on modest budgets have created many award-winning designs. The value generated by an architect's ability to create a unique, well-detailed custom home brings

more equity to the homeowner when compared to utilizing common home plans. We feel true creativity occurs when one can be challenged to create a fresh look while constrained by size, budget or the site."

If you own a piece of property and would like to design a custom or a semi-custom home, please call John C. Cazzetta or Cheryl A. Ferguson of **Kemper Cazzetta, Ltd., Architects** at 382-8322. You will realize the investment you make in an architect that will dramatically benefit your home's value.

The Possibilities Are Endless

by Distinctive Kitchen Design



Thanks to ground-breaking design innovations and remarkable advances in 21st century technology, Plato opens up brand new territory for your creative vision, making it possible to create or transform any room of your home or office into the realm of dreams. Every detail in Plato cabinetry—from styles of wood, stains and selection of counter tops—is carefully

selected and integrated to create a lasting effect of timeless beauty.

The design team at **Distinctive Kitchen Design** can help renovate your home into a haven for work, play and display. Visit our showroom and begin your exciting journey. Hours are Monday through Friday, 9 AM to 5 PM; evening and Saturday by appointment.

Barrington Newcomers Hosts Barbara Rinella as "Harry Potter"

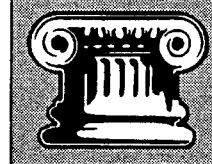
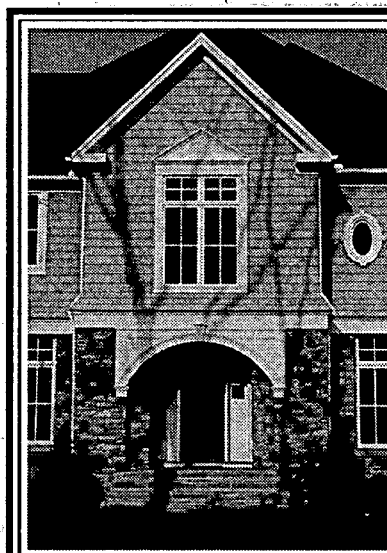
Newcomers Club of Barrington is pleased to announce its exciting April program—a book dramatization by the popular Barbara Rinella featuring J.K. Rowling's bestselling *Harry Potter and the Sorcerer's Stone*. This program will include lunch at the Millrose Brewery and Restaurant in South Barrington on Monday, April 10 at 11:30 AM. Ms. Rinella, who has dramatized numerous bestsellers including *Memoirs of a Geisha*, *The Greatest Generation* and others, will conclude her performance with a book review. Please call 847-381-9478 to reserve your place.

Newcomers Ladies Golf resumes in April on Wednesday mornings at area courses. Please call 382-1331 to hit the links with new friends. Also in April, there will be a couples social event and another fabulous Explore Chicagoland outing. Watch for details.



Barbara Rinella will give a book dramatization.

With more than 120 members, Newcomers offers a variety of activities and events to satisfy your interests and open the door to new friendships. Call 277-0914 for membership information and a calendar of events. We can't wait to meet you!

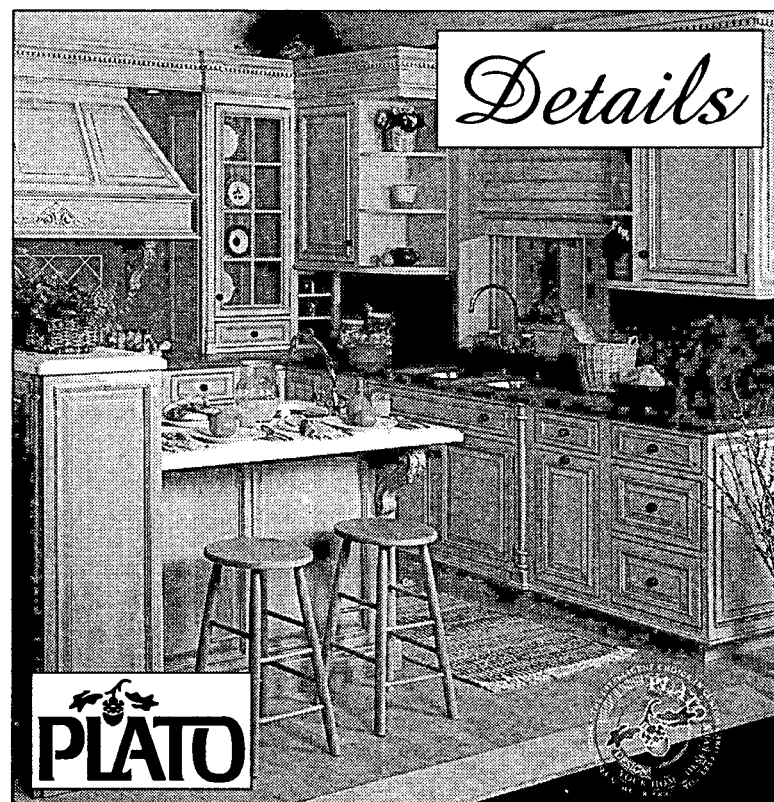


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BHS a Grammy Signature School

Once again this year, the Grammy Foundation has named Barrington High School a Grammy Signature School. Determined on the basis of a scoring system applied by a panel of top music educators and professionals, BHS is one of 100 high schools in the USA to receive a certificate of recognition based on their high level of commitment to music education.

Responding to the notification that Barrington High School is one of 100 schools to receive this recognition, Julie Salk, Fine Arts Department Chair, stated, "We are proud to be recognized by the Grammy Foundation for our music program a sec-

ond consecutive year. Our department curriculum encourages students to extend themselves artistically and academically. Students are engaged as learners, creators and performers in collaborative settings."

This recognition would not be possible without the combined efforts of: Pam Hanley, Randy Karon, Nancie Kozel-Tobison, Ron Velleuer, Julie Salk, the Fine Arts Booster Organization and BHS music students and their families.

The Grammy Foundation, a nonprofit arm of the Recording Academy, is dedicated to advancing music and arts-based education across the country.



REMODELING 2000... STORY #2

"As bright as possible and more work space!" were just some of Nate and Margaret Nyman's wishes for their new kitchen. After living with dark cabinetry and dark oak floors for many years they were ready for a change. More counter top and storage space was a must for this busy family of... NINE! The Nyman's chose to work with **Barrington Kitchen & Bath Studio's** designer Deborah Vinopal, ASID. "Margaret waited a long time for the kitchen of her dreams. She made the right decision to work with a professional team who could guide her through the many and sometimes confusing choices of remodeling," says Vinopal.

The other member of the team referred to is **Barrington Kitchen & Bath Studio's** sister company **Delta Renovations**. While Margaret and Deborah were deciding on white cabinetry and countertops **Delta Renovations** was assisting with new window choices that would bring the much desired light into the new space. "This team approach is extremely helpful for remodeling a kitchen or bath. All aspects of the job are handled out of this one office, therefore cutting down the amount of footwork for the home owner," says Vinopal.

Along with seven children come twice that in friends! For this reason Vinopal planned a large island with seating. The extra countertop space was a necessity for food preparation and the seating allowed for those children to visit with Mom without being in the work triangle. The island design also allowed for a clear flow of traffic to move through the kitchen. This was a must with the amount of traffic that would take place.

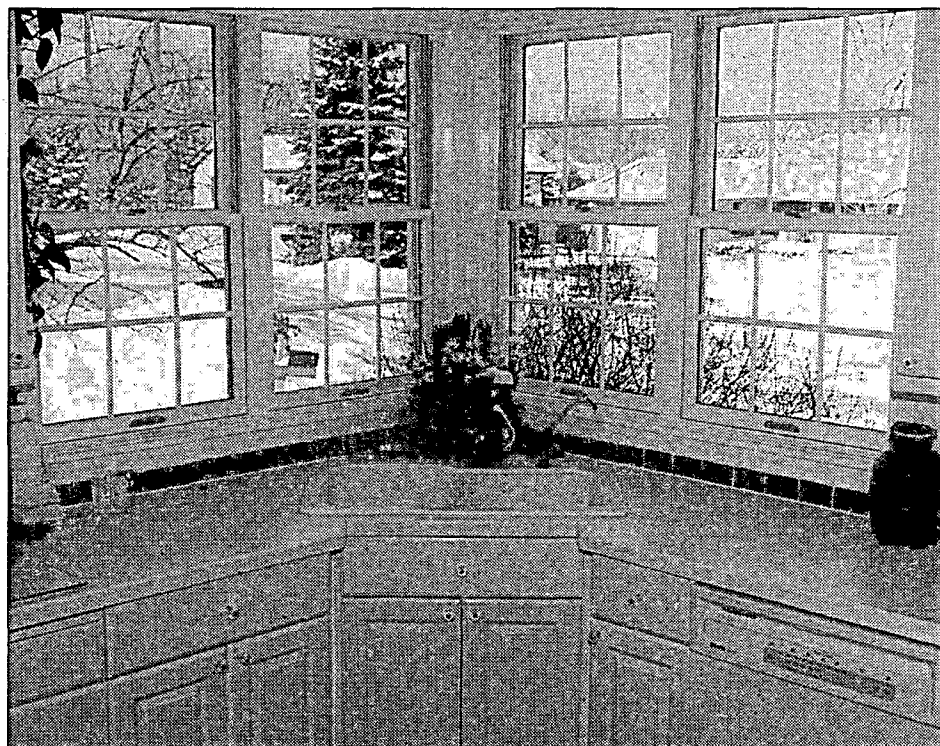
Corsi Custom Cabinetry was chosen for it's sturdy construction and beautiful white high gloss door style. The door surface, manufactured in Rigid Thermofoil, was selected for it's extreme durability; an important choice with the size of the family. "The white gloss leaves the eye with a crisp, bright clean feeling," states Vinopal. Careful planning was done to keep a relaxed sense to the room so that it would flow together nicely with the rest of the home. This was achieved by repeating the oak from the floor in a rope mould-



With a family of nine to feed daily, Nate and Margaret were in need of additional storage and work space. (Time for new cabinets, too!)

ding attached to the crown moulding atop of the cabinetry. Small touches, such as these suggested by a designer, are important in making the room come together as a whole.

Margaret is so happy with her new kitchen and the quality and professionalism of **Delta Renovations**. (And that makes Nate happy too!) Stop in to see the beautiful showroom at 319 W. Northwest Highway in Barrington. The designers at **Barrington Kitchen & Bath Studio** look forward to helping you achieve your wish list for the kitchen of your dreams.



Four large windows with a corner sink now makes doing dishes a pleasure!



A large center island provides twice the original storage space, as well as, seating for children and visitors.



professional remodeling contractors

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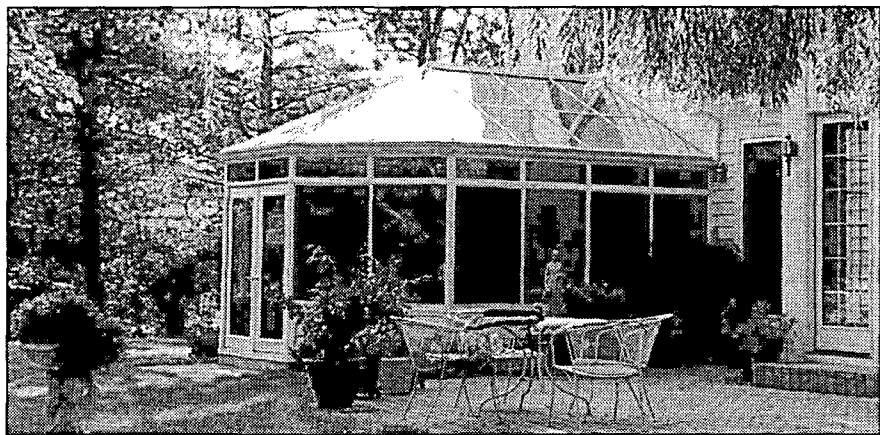
SHOWROOM HOURS: MONDAY - FRIDAY 9:00 AM TO 5:00 PM
THURSDAY TILL 8:00 PM
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An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design & Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations. New

MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone **847-277-9880**.

"Look & Listen" During April's Blowout Sale

Why **The Sound Lab** sells "high-end"—Some customers may wonder why **The Sound Lab** has committed so much of its time and energy promoting high-end audio and video products. "Aren't they ignoring the average consumer? Who actually buys all that expensive gear anyway?" These kind of comments are typical of how misunderstood the concept of "high-end" is in the marketplace.

We take issue with the thought that the term "high-end" is synonymous with "expensive." While some high-end products are costly, our definition of high-end has more to do with the design philosophy of the manufacturer than the price the component sells for. High-end is not merely upscale mid-fi. True high-end products are built with the appreciation of the live musical event in mind, rather than bells, whistles and gadgets. It follows that anyone who enjoys the beauty and excitement of a live performance is a candidate for high-end components.

Amplifiers are not microwave ovens—We believe high-end manufacturers are better suited to meeting the special needs of today's consumers. Their relatively small size, compared to mass market competitors, dictates that they remain focused. Their attentions are not divided between amplifiers and microwave ovens. High-end designers build niche products that are engineered to accomplish specific goals. The structure of high-end companies provides fertile ground for new

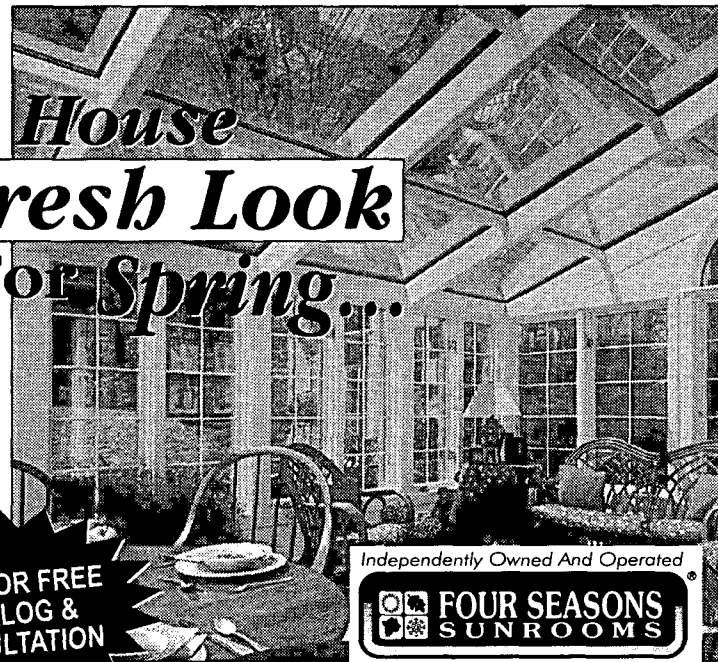
ideas.

"Anything that looks so complicated must sound good!"—High-end companies disdain the proliferation of gadgets in home entertainment systems. Indeed, many consumers confuse flashing lights with technical sophistication. Components built with a high-end philosophy show us just the opposite is true—that less is often more. **The Sound Lab** has embraced the "high-end" philosophy in our approach to audio-video retailing. By focusing on this segment, we can differentiate ourselves from those who are more interested in moving boxes than in educating consumers. Moreover, high-end components allow us to convey the essence of a live performance beyond the limitations of typical mid-fi.

"But I've never heard of these brands before!"—For the specialty audio-video retailer, the lack of consumer awareness about high-end is daunting. Unfortunately, high-end companies have had little success fighting the misconception that their products are too costly and esoteric to be seriously considered by the average person. Further evidence of this failure is that many consumers still believe all hi-fi gear comes from the Orient, and would be shocked to discover that most of the world's finest audio components are built in the United States by American companies. Sadly, high-end's aggressive marketing toward the enthusiast has alienated

(Please continue on page 55)

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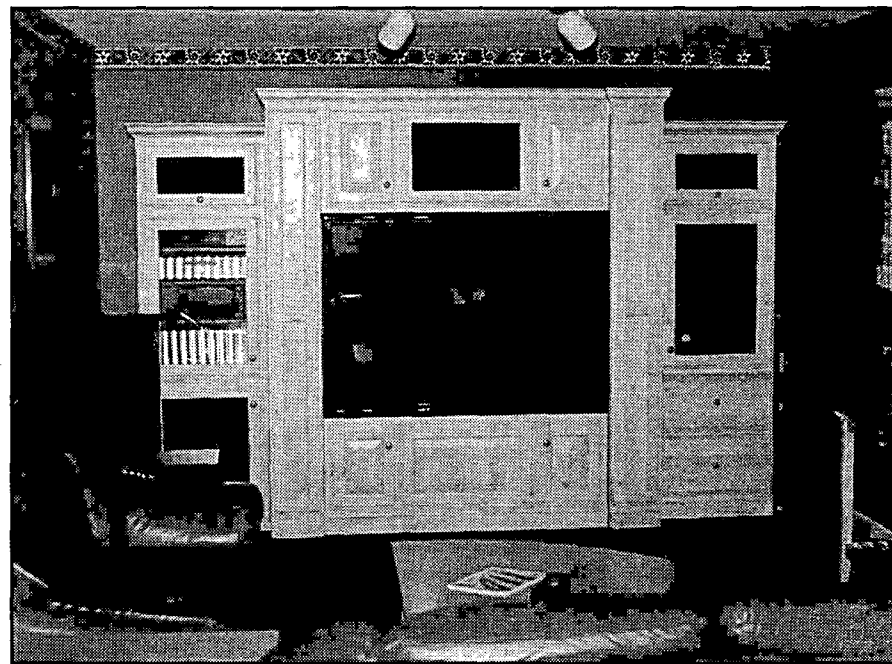
Is your house small, cramped, dark and closed in? Bring Light, Air, Warmth & Space to your home with a **Four Seasons Sunroom Addition!**

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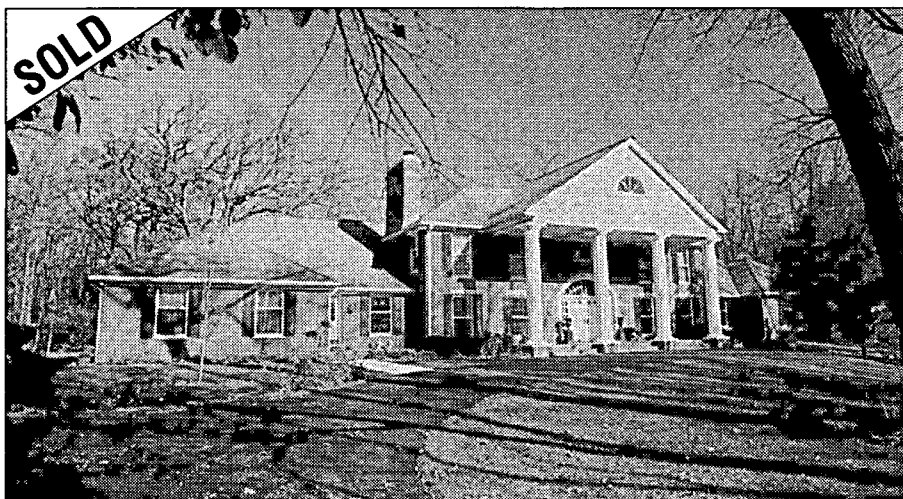
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Barrington's Home Town Realtors



Joanne Mitchell



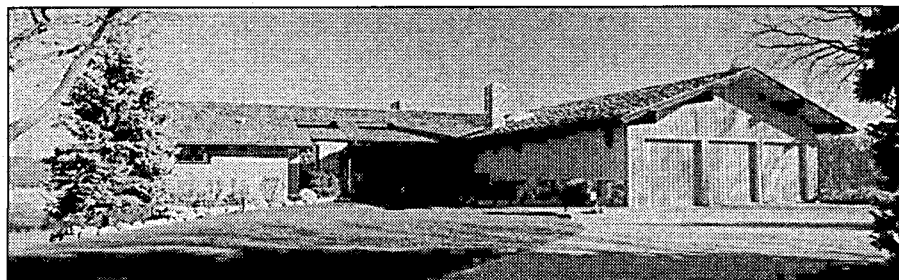
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Ask for Tom or Joanne Mitchell

\$1,750,000



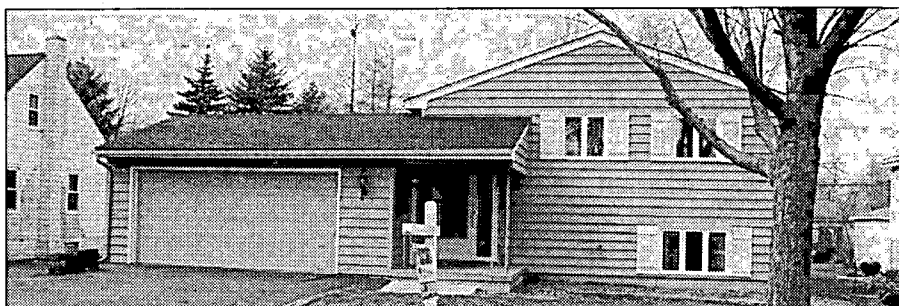
BARRINGTON HILLS

Nestled amongst 5+ rolling acres of mature trees & perennial gardens sits this custom family home. Entertain with pride in these spacious rms with vaulted ceilings, 3 split granite 2-story fireplaces & walkout. 5 bdrms, 3.1 bths, lg family rm opens to kitchen & eating area. A priceless combination of privacy & serenity.

www.99181132.emailhomes.com

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\$859,000



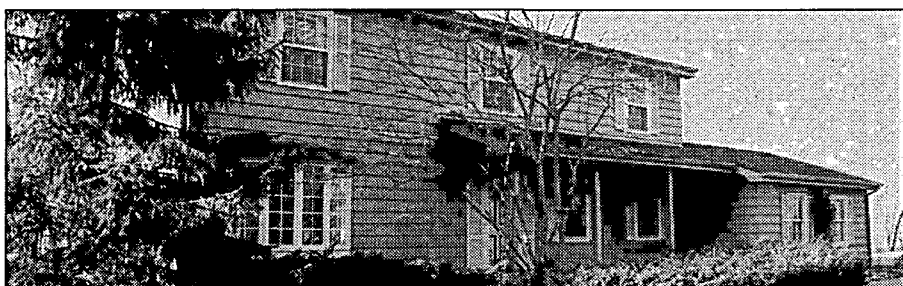
BARRINGTON VILLAGE

This is definitely not a drive by. Great in-town location, walk to schools, shopping & train. Open floor plan, 3 bedrooms & loft on second floor. Clean and bright, white kitchen, all neutrally decorated, you can move right in. Great opportunity at a great price.

www.00042029.emailhomes.com

Ask for Tom or Joanne Mitchell

\$239,000



NORTH BARRINGTON

Enjoy the peace and serenity of country living in this 4 bedroom, 2.1 bath updated Colonial. Great gourmet kitchen with Sub Zero refrigerator & stainless steel Thermador range. Cozy family room with Judges paneling. Entertain in uncrowded comfort in this 26x12 living room with woodburning fireplace. All hardwood flooring. Beautiful private lot. Martha Stewart could live here!

www.00046990.emailhomes.com

Ask for Tom or Joanne Mitchell

\$419,000



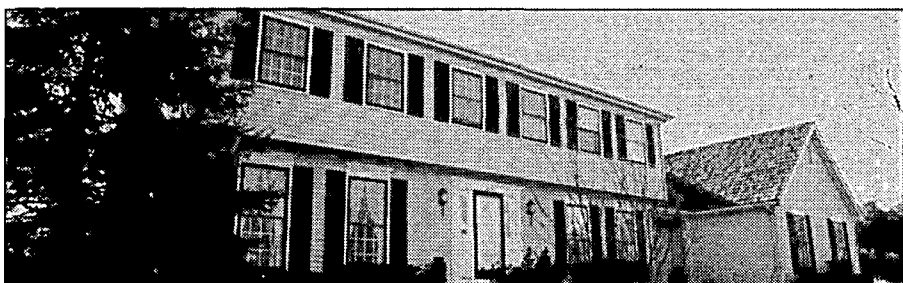
SOUTH BARRINGTON—WATERFRONT

Sitting serenely on well tended lawns alongside a sparkling lake sits this sprawling 6 bdrm, 3.2 bth showcase home. Lg windows throughout dramatically showcase the pristine waterfront views. In the 30x18 living rm, a cathedral ceiling centerpoints a fir to ceiling stone fp. Open flowing flr plan, expansive decks, perfect location.

www.99230250.emailhomes.com

Ask for Tom or Joanne Mitchell

\$799,900



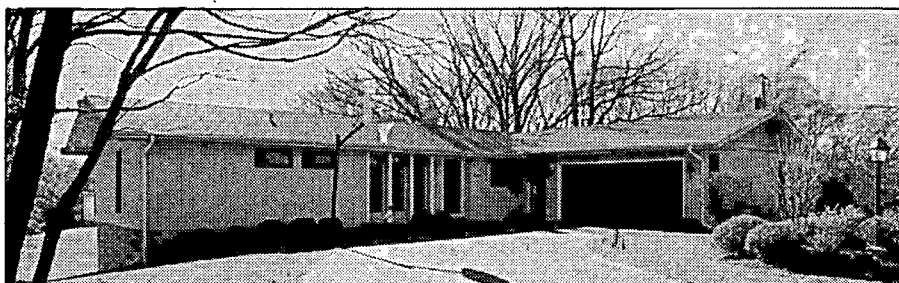
BARRINGTON

Bring the kids and move right into this great family Colonial nestled on cul-de-sac 2+ acres with great fishing & ice skating pond. 4 bedrooms, 2.1 baths. Spacious country kitchen with vaulted ceiling, skylight & lg eating area. Excellent location, close to schools, shopping & tollway. One look will do it!!

www.00018141.emailhomes.com

Ask for Tom or Joanne Mitchell

\$489,000



LAKE BARRINGTON

Sited pristinely on 1.3 private wooded acres sits this 4 bdrm, 3 full bath cedar hillside Ranch with full finished walkout. Screened porch & lg windows give way to beautiful views from every level. Spacious open flr plan. Enjoy your own 60x22 inground pool with huge deck. Property backs to LBS golf course.

www.99176957.emailhomes.com

Ask for Tom or Joanne Mitchell

\$349,000

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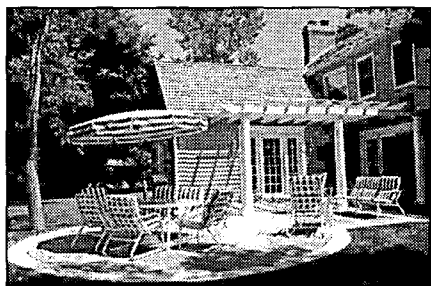


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Does Your Landscaping Need "Renovating"?

Are you tired of living with overgrown shrubs and trees? Has your once-designed landscaping outgrown its initial purpose? "With many people in the Barrington area owning older homes, we are finding a large part of our work has been in the 're-modeling' of existing landscaping," says John C. Cazzetta, Landscape Architect and owner of **BonnerCodd Associates, Inc.**, a Barrington landscape construction firm. "Many species planted in the 1960s and 1970s were not installed in a manner that allowed for their extensive growth habits. And, in many cases, only a few uneventful species were used. The result is an overgrown and unaesthetic landscape," adds Cazzetta.

If your property has grown out of control or just fails in adding the proper value to your home, call John C. Cazzetta for a



free consultation. He will be happy to design a way to use some existing species while adding new species to re-create your garden design, or suggest a complete makeover. Either way, as a Landscape Architect and Contractor, he will be able to solve even the most difficult areas. Please call **BonnerCodd Associates, Inc.** at **847-382-4838**.

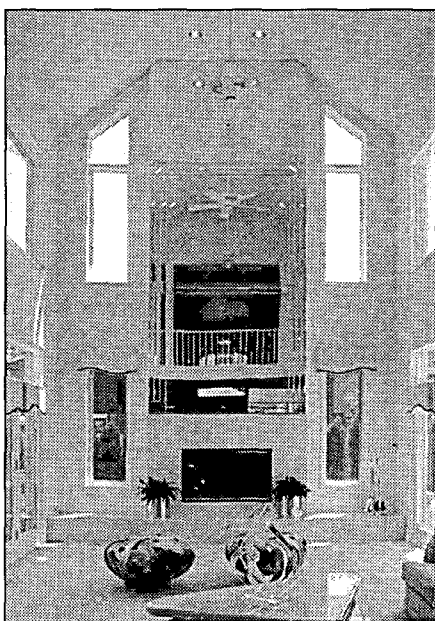
The Magic of Mirrors

Years ago, the average home featured a rather mundane bathroom. Builders would skimp on the size. And frankly, the only mirrors were usually a small mirror clipped over the vanity. Times have changed. Today's discriminating homeowner demands the ultimate when it comes to the bathroom. It's a stressful world out there and many people find that they can luxuriate in their whirlpool and relieve stress. Mirrors create an atmosphere that makes you want to pamper yourself.

The fireplace shown on the right required the combined skills of the designer and the skilled craftsmen final touch. The unique custom beveling design ties in beautifully with the existing windows.

Allen Pritikin, President of **Creative Mirrors** and resident of Barrington, is considered to be one of the mirror industry's most innovative designers.

Creative Mirrors, the company that showed the nation how to decorate with mirrors, has been the leading source for truly innovative custom mirror work used in many of the homes and businesses throughout the area. Mr. Pritikin's expertise and commitment is in helping his clients to not only beautify and expand their space, but also to achieve this at unbelievably low cost. Builders count on his creativity to enhance their model homes.



Mirrors brighten, expand and beautify!

Pritikin is always available to those who request his personal attention and guidance. He suggests you contact **Creative Mirror Designs** at **1-800-255-1166**. Mention *Lifestyles* and he'll set up your personal appointment with him. You will never realize the potential in mirrors until you discover the extent of this designer's knowledge and creativity. It's well worth a consultation.

Twelve School Students Sought for GSH Future Physician Program Participants

The Future Physician Program of Good Shepherd Hospital is seeking 12 high school seniors for the prestigious, one-of-a-kind program for students interested in health related careers. Selections will be based upon personal interviews, a written essay and recommendations as well as academic record, maturity and motivation for choosing a medical career.

The Future Physician Program is a six-week, summer educational program that offers students the opportunity to observe the daily activities of various hospital areas including surgery, radiology, the laboratory, obstetrics, the emergency room,

orthopedics and nursing units. Participants are accompanied in the various departments by physicians, registered nurses or other department staff members. Participants also will spend time with primary care doctors and specialists from Good Shepherd's medical staff in their offices.

The full-day sessions will be held each weekday from June 12 through July 21. Students will be paid a stipend at the end of the program. The moneys for the program have been donated by Dr. and Mrs. Richard Smith, members of the Good Shepherd Hospital medical staff, members of the Good Shepherd Hospital Auxiliary,

"Create Your Own Personal Nature."

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the hospital itself and interested members of the community.

Applications are being accepted for review. The deadline for applications is April 14. The 12 program participants will be announced on May 19.

Since it began in 1991, more than 70 students have completed the Future Physicians Program at Good Shepherd Hospital. For more information about the program or an application, contact Mary Rampale of Good Shepherd medical staff services at 847-842-4447 or visit Good Shepherd's website at www.advocate-health.com, (see Future Physicians Program). Contributions to the Future Physicians Program can be directed to Good

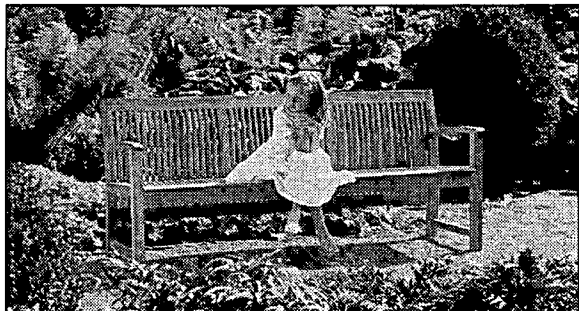
Shepherd Hospital's development department at 450 W. Highway 22, Barrington, IL, 60010.

Good Shepherd Hospital, located in Barrington, is a 156-bed health care facility with nearly 400 physicians representing 35 medical specialties. The hospital is a state designated Level II Trauma Center with a designated pediatric treatment area and a Fast Track treatment area. Good Shepherd is also a state designated Level II plus birth center. The hospital is part of Advocate Health Care, one of the largest health care organizations in the Chicago area. Advocate is related to both the Evangelical Lutheran Church of America and the United Church of Christ.

ARTENIA

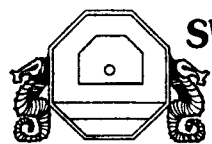
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BJWC Serves Fun to Seniors for the Holidays

At Barrington Junior Women's Club, the holidays are always reason to celebrate. And the BJWC Service to Seniors Committee has proven just that at two recent holiday parties which were well attended and great fun for guests and hosts alike.

Most recently, Valentine's Day offered the occasion for a party at Governor's Park Rehabilitation Center in Barrington on Sunday, February 6. The room was bright with balloons and streamers. While the guests enjoyed cake, ice cream and beverages, Andy Olrich (of North Barrington) and Kevin Keleher (of Fox Point), two students from the Barrington High School Music Department, played musical selections on guitar and violin. The entertainment also included a sneak-preview performance of the variety show act by Girl Scout Troop 968, (4th graders from Roslyn Road School). The girls provided special assistance with the games and the refreshments as well.

Last November, the committee entertained the residents at Good Shepherd Manor for a fun-filled Thanksgiving/Winter Holiday party which included cake, coffee, games, prizes and a beautiful holiday vocal presentation by the Barrington High School Madrigal Singers. The party went smoothly with the



Danielle Shanahan helps with a prize at BJWC's recent Valentine Party at Governor's Park in Barrington.

help of local Girl Scouts who assisted by serving refreshments and cheering on the players.

The BJWC Service to Seniors Committee includes co-chairs Cindy Shanahan

Artenia—Your First Step Toward a Beautiful Environment

Located at 116 East Calhoun St., **Artenia** is just steps away from the historic Woodstock square. The design team at **Artenia** offers professional service for any residential or commercial project. Whether you require interior design, space planning or custom draperies, painting or furniture, stop at our store and talk with one of our designers.

While at our store, peruse our 7,000-square-foot showroom that represents a unique collection of art, antiques, home furnishings and accessories chosen for their exceptional quality and affordability. At **Artenia**, our designers shop the world market with you in mind. Our unique mix presently includes items from Peru, France, Morocco, Italy and Mexico as well as many fine items made right here in the

USA. Locally, we purchase charming primitives and antiques that reflect a respect for the past with just a touch of whimsy for good measure.

At **Artenia**, our experienced professionals are available to take a personal interest in each and every customer. We can create an interior decor for your home or office that will be functional, unique and truly attractive. For those who take pride in their home and office surroundings and demand the very best in quality and professional service, let **Artenia** be your first step toward a more beautiful living and working environment.

Located at 116 East Calhoun Street in Woodstock, IL, 60098. Call **815-334-5959** or fax at 815-334-8989 for more information. Open seven days a week.

Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

Volunteer for Shelter

In celebration of Volunteer Recognition Week, April 9 to 15, Shelter, Inc. encourages individuals and groups from the Northwest Suburbs who are seeking challenging, exciting opportunities to volunteer for Shelter and help abused and neglected children and families at-risk for abuse.

All those interested are encouraged to

attend a Volunteer Orientation on Wednesday, April 12, from 4 to 5 PM. Reservations must be received in the Volunteer Office for the orientation by Monday, April 10. The orientation will be held at Shelter's offices at 120 Eastman, Suite 105, in Arlington Heights.

For information, call Shelter's Volunteer Coordinator at 847-590-6188, ext. 22.

CFC Presents a Bird Walk

On Saturday, April 29 at 8:30 AM, Citizens for Conservation will host a Flint Creek Savanna Bird Walk. Keep your eyes open for spring migrants, bluebirds and sandhill cranes. And bring your binoculars!

This popular walk will again be led by David Johnson, Wild Bird Center, Fox River Grove. Meet by the Flint Creek Sa-

vanna entrance sign on W. Brookside Way off Harbor Road in Lake Barrington.

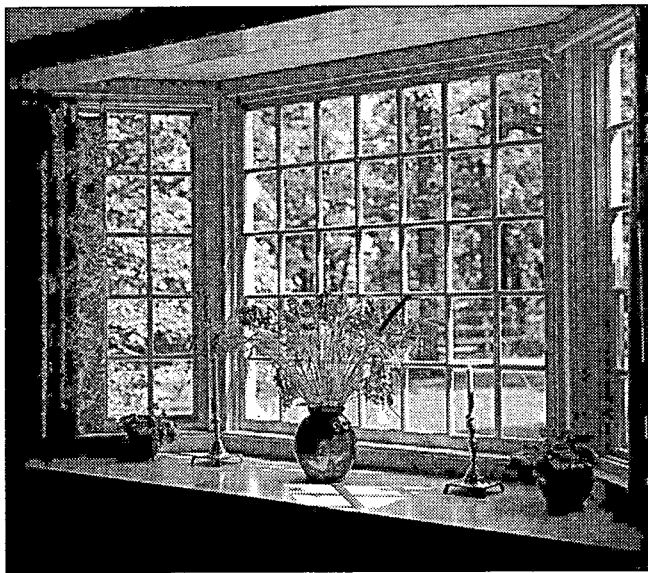
Please RSVP to the CFC office at 382-SAVE (7283) at least one week before the tour. Special tours for groups of 10 or more people can be arranged by calling the CFC office.

and Karen Comyn, both of Barrington; Gail Beveridge, Sally Douglas, Laurie Eichelman, Claire Hamilton, Diane Kerek-es, Jeanne Michaels, Ann Miller and Janet Swenson of Barrington; Susie Lopez of South Barrington; and Karen Latshaw of Deer Park.

The committee is looking forward to the Annual Spring Fling scheduled for

May 2, 2000, from 11 AM to 2 PM at the Barrington Park District, where all area seniors are invited to enjoy a delicious luncheon, wonderful entertainment and exciting games with prizes. Seating is limited to 120 persons and is on a first come/first serve basis. For information about Spring Fling or about BJWC, call 847-622-3838.

The Finest in Windows, Doors and Cabinetry



If you're planning to build a new house, add an addition to an existing home or simply replace a window or patio door, **Blue Ribbon Millwork** and **Marvin Windows** have the answer for you.

With a showroom full of Marvin window and patio door displays, the knowledgeable sales staff at **Blue Ribbon Millwork** can lead you through the vast amounts of options available to you. Marvin windows are aluminum clad and come in five standard colors with special colors available. All windows and doors are custom made just for you. With so many options on colors, glass, grilles and hardware, Marvin has the door or window for your project.

Looking for a new front door? Whether you're looking for steel, fiberglass or wood, **Blue Ribbon Millwork** can help you find the perfect one. Therma Tru Classic Craft fiberglass doors and Simpson wood doors are just some of the options.

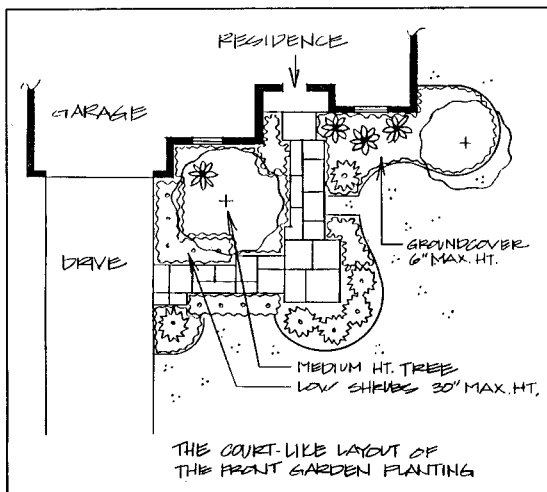
Considering new kitchen or bath cabinet this year? **Blue Ribbon Millwork** offers Bertch and Legacy cabinets for your home. These all wood cabinets offer a variety of door styles and colors to choose from. They offer excellent quality at an affordable price. **Blue Ribbon** offers free estimates and computer drawings to help you select your cabinet look.

Your Personal Landscape II— The Front Garden Planting

In our previous article, we discussed the importance of the entry walk. The same principles discussed there are true for the front planting. The planting of the front garden should compliment and enhance the architecture, and lead your eye to the front door.

The scale of the plant material utilized around the entrance walk and home is one of the most important aspects of planting design. We have all seen residences where the selected plants have grown above windows or over doors and generally obscured the home from sight. The majority of plants used in the front garden should maintain a low profile, growing anywhere from six inches (6") to thirty inches (30"). As these plants mass together, (as opposed to a series of individually trimmed geometric shapes), they provide a unified appearance that compliments the home. Another advantage to using smaller scale plants that mass together is the reduction of pruning and maintenance.

Avoid the common practice of planting visually strong plants such as those that



are predominately yellow, red, variegated, have contorted branching, etc. Many of these plants, in addition to being short-lived, are visually distracting as opposed to complimentary. It is difficult to find the entrance through all of this type of commotion. If you love these types of plants, then plant them away from the public side of the home.

In our next article, we will discuss the importance of screen planting for privacy for the front garden.



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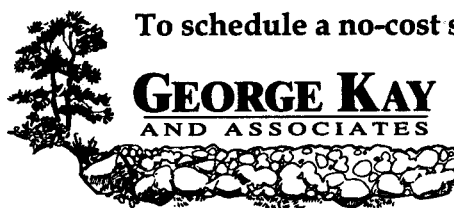
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Landscape Design & Construction A View from Outside

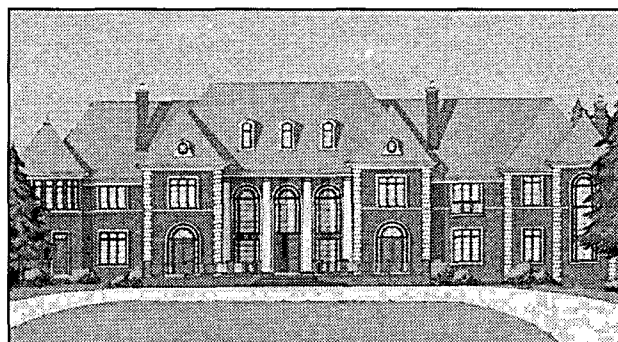
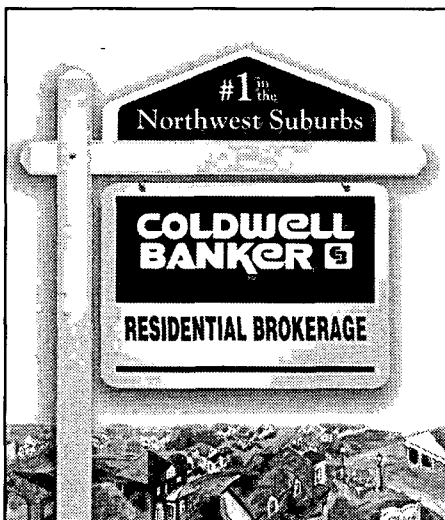
The rewards of planning your landscape are many: the well-placed walk that complements the architecture, trees properly placed to effect summer shade and allow the warmth of the sun through when the leaves have fallen, the softening of a roofline or bold wall, and specific plants arranged to assure unification of the house to their surroundings. Walking through and viewing an attractive landscape prepares one for the day.

To schedule a no-cost site consultation, call 232-6890.



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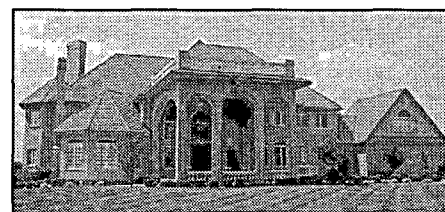
BARRINGTON AREA OFFICE



South Barrington \$5,500,000

Magnificent custom home under construction, due fall 2000. BRs have sitting rooms/areas w/ fireplaces. Outstanding design & detail is evidenced t/o. 15 frpls, vol ceilings & a 3rd flr ballroom. The walkout LL offers indoor basketball court, gym & movie theater. Garage parking for 12 cars. Beautiful vistas over pond.

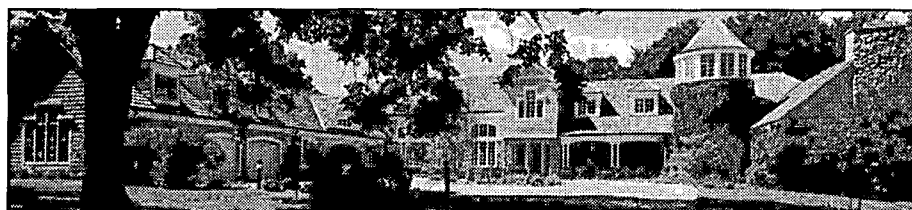
Meg Cleavenger
847/465-2259



South Barrington \$1,950,000

Luxurious pondside residence offering 7 BR, 8.1 BA, 5 fireplaces, 3 kitchens & finished walkout lower level. Parking for 5 cars & tennis courts too.

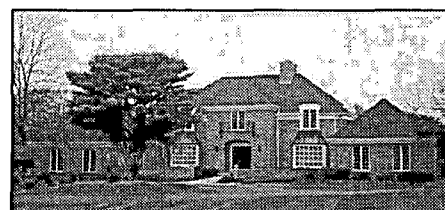
Meg Cleavenger & D. Povrzenic 847/465-2259



Barrington Hills Incomparable estate set on 17 rolling, wooded acres. Designed to accommodate a gracious lifestyle, this stone & cedar residence offers only the finest custom finishes throughout its substantial yet comfortable interior. This beautifully-presented estate also includes two delightful guest houses, pool, tennis court & 4-stall barn. Its location is prime & protected, its appeal, timeless.

Meg Cleavenger \$5,200,000

847/465-2259



Barrington Hills \$1,790,000

All-brick French Colonial. 5 bedrooms, 5.5 baths, cherry woodwork & parquet floors. Finished walkout lower level. In-ground pool. Lovely long views.

Meg Cleavenger 847/465-2259



Barrington Hills \$3,995,000

Set on 22 secluded, wooded acres, this idyllic country retreat w/ 6 bedrooms & 7 fireplaces exudes charm. A spring-fed lake, pond, stable, tennis court, pool & expansive coach house loft enhance this superb offering. Landmark in status, it is truly unique.

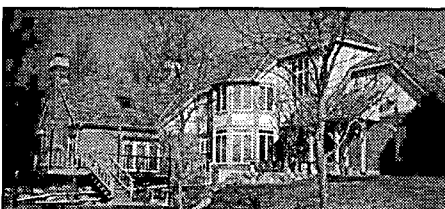
Donna Veller
847/465-2228



Barrington Hills This exceptional, gated, stone & cedar estate is set on over 6 lakefront acres. Features include a state-of-the-art kitchen, elegant master suite & walkout lower level w/ media & exercise rooms, wet bar 2nd kitchen & staff quarters. The beautiful grounds offer a boat house, dock & USGA golf hole w/ sand trap & 2 tees. Heated parking for 6 cars is also included.

Meg Cleavenger \$2,400,000

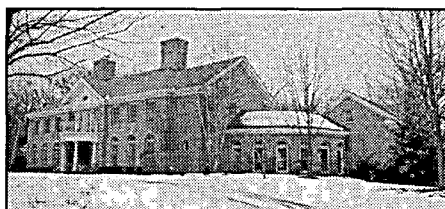
847/465-2259



Barrington Hills \$1,290,000

English country estate home on wooded cul-de-sac site w/ private lake. 5 BR, 5.1 BA, marble & oak flrs. 2-story stone frplc in FR, fin walkout LL w/ frplc & full BA.

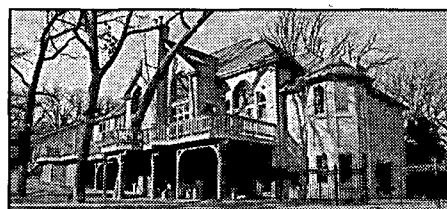
Tressa Borkon 847/465-2256



Barrington Hills \$1,200,000

Brick Georgian, 5 wooded lakefront acres features outstanding detail, beautiful millwork & molding. 4 frpls, handsome study, solarium & grand foyer.

Meg Cleavenger 847/465-2259



Barrington Hills \$1,200,000

Spectacular brick estate home, 5 years new. 4 BR, 3+ BA. 5.7 private wooded acres w/ double entry security gates. Circular tree-lined driveway. Finest quality t/o.

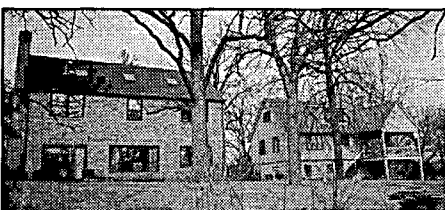
Tressa Borkon 847/465-2256



North Barrington \$1,125,000

Set on a heavily wooded lot in Wynstone w/ classic 17th Century architecture. 4 BR, 4.5 BA, paneled 2-story FR, sunroom, study, screened porch & dream kitchen.

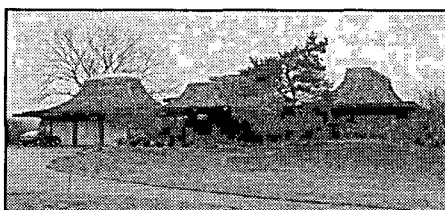
Sheri Wheeler 847/465-2290



Barrington Hills \$1,050,000

Rarely found 6.9 wooded acres w/ approximately 600' of shore out front and back door on Keene Lake. 6 BR, 2 full & 1 half bath. Natural setting & lake views.

Suzanne Luby 847/465-2211



Barrington Hills \$1,700,000

10 waterfront acres w/ pond & on Lake Melissa. Offers 4 bedrooms, 4 baths & indoor pool. Also available on 5 acres at \$999,900.

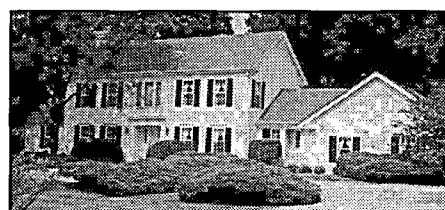
Meg Cleavenger & Barb Wessberg 847/465-2259



Barrington \$899,900

Custom cedar home w/ waterview ambiance. In a sequestered site, on 2+ acres, stunning great room, 5 BR, 4.5 BA. Walkout lower level w/ indoor pool wing.

Barb Wessberg & Meg Cleavenger 847/465-2298



Barrington Hills \$879,000

Set on 5 acres in Barrington Hills, this graceful country home will delight you, 3 fireplaces, hardwood floors, new kitchen, study, wooded lot & just minutes to town.

Sheri Wheeler 847/465-2290



Barrington \$860,000

5 BR, 3.5 BA. 1st floor all hardwood, 2-story entry, living & family room, full fin walkout lower level. Pro landscaping, circular drive & private location. 4 years old.

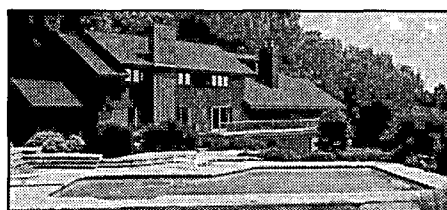
Sheri Wheeler 847/465-2290



Barrington Hills \$835,000

Waterfront on Heather Lake. Brick & stone ranch w/ walkout LL. New kit w/ maple cabinets, Corian counters & large eating area. Spectacular views!

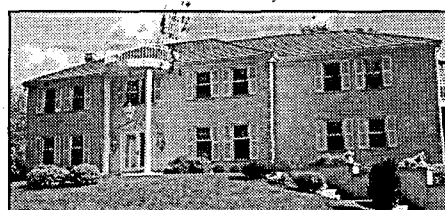
Ron VanDeVelde & Nancy Herr 847/465-2282



Barrington Hills \$822,500

Exceptional 5-bedroom, 4.1-bath home on 5 rolling acres. 1st floor master, vaulted entry, 4 fireplaces. Hot tub, pool & finished English basement.

Greg Bradley & Margaret Semrad 847/465-2232



Hawthorn Woods \$799,000

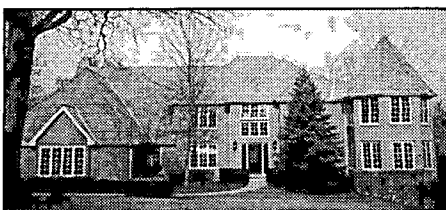
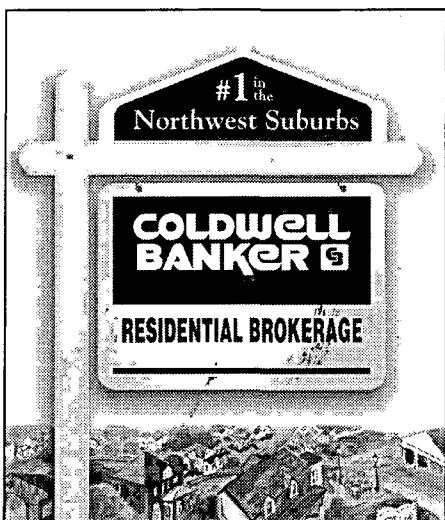
Huge price reduction! On 5 wooded acres, this gated home features 13 spacious rms & the finest quality. 5 BR incl master suite w/ loft & frplc. Fin LL w/ huge wet bar.

John Nemz 847/465-2289

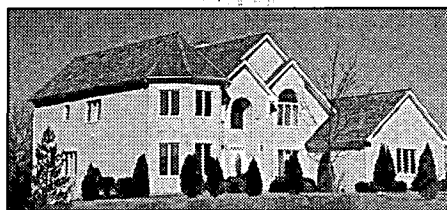


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BARRINGTON AREA OFFICE



Barrington \$795,000
Premier wooded 1.4 acres is the setting for this magnificent brick French Chateau. Immediate possession. 4 BR, each w/ own bath. Neutral. Finished walkout LL.
Ron & Jeanine VanDeVelde 847/465-2282



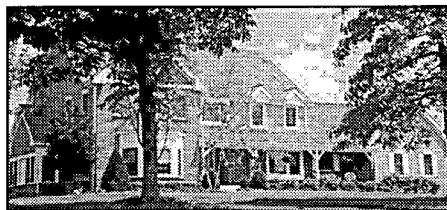
Barrington \$789,000
Sun-drenched all-brick beauty in Braymore Estates w/ val entry, oak floors, gourmet kit, octagonal sunroom, 2-story FR w/ Palladian windows, den & full finished LL.
Suzanne Luby 847/465-2211



Barrington \$729,000
Stunning 4-BR, 4 full & 2 half BA new construction w/ open floor plan, 12 large rooms, 4-car garage & LL walkout. 1 acre w/ wooded privacy. Quality abounds.
Donna Veller 847/465-2228



Barrington Hills \$714,900
Lovely country home on 6 acres. Sumptuous master suite, delightful cook's kitchen, finished walkout lower level. In-ground pool & barn. 4-car garage.
Meg Cleavenger 847/465-2259



Barrington Hills \$699,000
No expense was spared. Elegant home w/ soaring ceilings, gourmet kit, fab master suite, separate apt, fin w/o, 4-car gar. Minutes to town, train, O'Hare & I-90.
Meg Cleavenger 847/465-2259



Barrington \$689,000
4 BR, 3.5 BA. Open, flowing floorplan, dramatic 2-story family room, gourmet kitchen, sunny solarium, cozy den, ultra master suite, 4-car garage. Summer delivery.
Donna Veller 847/465-2228



Barrington \$649,900
Charming 4-bedroom farmhouse w/ barn & other great facilities in a tranquil setting. Features an in-law apartment for family or help. In-home office too.
Suzanne Luby & Barb Uskup 847/465-2211



Barrington \$649,000
Impressive Wynstone Home. Maintenance free. Private. Wooded site. Spectacular great room. Vaulted ceilings. Mint condition. 3/4 bedrooms, 3.1 baths. Quick Poss.
Nancy Herr 847/465-2267



Barrington \$639,900
6-BR, 4.5-BA home. Cathedral ceilings in FR loft w/ frplc. Kit has hardwood floors & granite counters. Full English LL rec room w/ exercise room, dark room & kitchen.
Sherl Wheeler 847/465-2290



Barrington Hills \$547,000
Charming vintage farm house w/ country kitchen, paneled family room, 2 fireplaces & large porch. Peaceful setting w/ 6-stall barn & ample turnouts.
Meg Cleavenger 847/465-2259



Barrington \$524,900
4 bedrooms, 2.5 baths. Remodeled by top builder. New cherry kitchen granite counters, maple floors, hearth room w/ fireplaces. Crown moldings.
Mary Balistreri 847/465-2296



Barrington \$474,500
3.7 private acres yet has wonderful neighborhood feeling! Cul-de-sac location, 4 BR, hrdwd flrs, 1st floor office, fin LL, 3-car gar. Gorgeous views! Must see.
Ron & Jeanine VanDeVelde 847/465-2282



Tower Lakes \$457,000
Exceptional custom 4-bedroom, 2.1-bath home situated on wooded private 1.7-acre lot. Neutral & newer (10+ years-old), this beauty offers room to room or expand.
Suzanne Luby 847/465-2211



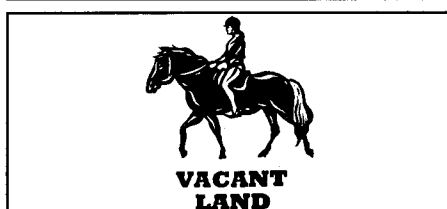
Wauconda \$449,500
3-year-old 5-bedroom colonial on wooded cul-de-sac. Hardwood floors, volume ceilings, 3 fireplaces. Den & office on 1st floor. Finished walkout LL w/ full bath.
Ron & Jeanine VanDeVelde 847/465-2282



Barrington \$420,000
This traditional New England Colonial offers a walk to every location. 3 frplcs, gleaming hardwood flooring & updated kitchen. 4 BR, 2 BA & low Cook County taxes.
Donna Veller 847/465-2228



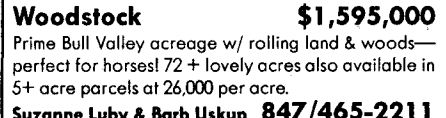
Woodstock \$1,595,000
Prime Bull Valley acreage w/ rolling land & woods—perfect for horses! 72+ lovely acres also available in 5+ acre parcels at 26,000 per acre.
Suzanne Luby & Barb Uskup 847/465-2211



Barrington Hills \$240,000
Build your dream home on this lovely level parcel in Barrington Hills. Bring your horses.
Meg Cleavenger 847/465-2259



Wauconda \$47,500
Two of the few waterfront lots left on Bangs Lake. Build your dream house. Buildable lot on the channel. Channel is 5-7' deep.
Margaret Semrad 847/465-2250



Barrington \$379,000
4-BR, 2-BA historic village home w/ wonderful updates. Spectacular kitchen w/ butcher block counters & island. Stainless steel appliances. Screened front porch.
Teresa Givot 847/465-2294



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- Single return filers can exclude up to \$250,000 of capital gain...TAX FREE.
- Gains in excess of the \$500,000/\$250,000 are taxable at the capital gains rate.
- The home sold must have been used as your principal residence for 2 of the last 5 years.
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Chelsea Flower Show Topic for Four Seasons Garden Club

The Four Seasons Garden Club will meet on April 4, 2000, at 9:30 AM at the Barrington Library. Adele Kleine, Flower Show Judge, will present the Chelsea Flower Show. This will be a slide presentation on the premier English gardening event. No tired feet for the viewers as the extensive grounds of the Chelsea Flower

Show are explored through the artistic eye of the photographer.

For more information, please contact Judy Palmer at 304-8801.

The Four Seasons Garden Club will meet May 2, 2000, when the topic will be Attracting Birds to the Garden.

Antiques, Antiques, Antiques!

The Welcome Wagon Club of Barrington is pleased to present a program on antiques by Mr. Edwin Phillips on Tuesday, April 11, at Biltmore Country Club. Mr. Phillips is the owner of Antique Markets

in St. Charles and teaches at Wheaton and DuPage Colleges. He will be speaking about antiques in general while helping to fine-tune our appreciation and selection of such objects.

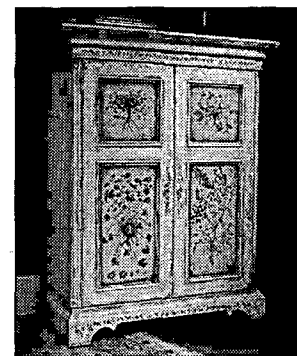
Wallpaper & Furniture Sale!

From fine furniture, wallpaper, framed artwork and unique accessories to interesting soaps and candles, you can save big during the month of April. Select wall-coverings and beautiful pieces from Leeazanne Lamps, Lexington, Cox Upholstery, Dauphine Mirrors and many more are being offered at fabulous savings throughout the month of April to make room for all of the new and wonderful merchandise **Decorating Connections** has brought in!

Decorating Connections unites interior design expertise with a vast array of decor resources to provide you with the utmost in design services. The talented interior design staff at **Decorating Connections** can make decorating an easy and enjoyable experience for you! Call, or come in and schedule an in-home consultation with one of our designers today.

If you are looking for interior design, commercial design, furniture, artwork, lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Route 59 and Kelsey Road.



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office

**COLDWELL
BANKER**

RESIDENTIAL BROKERAGE

Recently, the marketing committee for the Barrington Office met to put together a mailing piece to be sent to clients and customers of **Coldwell Banker Residential Brokerage**. The mailing will focus on the 1997 tax law regarding the gift that Uncle Sam gave to homeowners. This tax gift could save some property owners hundreds of thousands of dollars over a period of years.

The question is: how long will it last? Good ol' Uncle Sam could give and good ol' Uncle Sam could take... especially if there is not enough of a revenue stream to satisfy Congress. My guess is that this tax relief will be modified or drastically reduced in time.

Who are the "prospects" for this tax gift? Anyone who owns property and has made excellent appreciation on their personal residence can escape taxation of up to \$500,000 in capital gains (if married and filing taxes jointly) or \$250,000 (if single or married filing singly). However, the people who will benefit most from this tax gift are the people who are cur-

rently living in the large family home with no mortgage, attained large real estate gains and are ready to downsize or retire.

The nice thing about this tax rule is you can do this over and over. *It is not a one-time rule.* You can sell your personal residence, take the tax free gain, move into another home making it your principal residence, live in it for two years and sell it—again taking the gain tax free.

So where do you fit in? Is it time to take advantage of the tax law of 1997 by taking your money out of your investment without paying capital tax on your gain? It's what you get to keep that counts. Maybe this is your "window" of opportunity.

Start the process now by calling one of our real estate professionals. The real estate market has changed dramatically in the last few years. Our **Coldwell Banker** Realtor will happily explain the entire selling and buying process. Call us today. We are the Dream House Headquarters.

Happy Easter!

TOCOS Events

Town and Country-ites (TOCOS) is registering golfers on Wednesday, April 26, 9:30 AM, at Thunderbird Country Club, Barrington. The nine-hole league begins play on May 3 with tee-off between 7 and 8 AM. Golf league cost is \$26 in addition to TOCOS membership dues of \$15. Please call Carol at 847-381-3038 for further information.

The woman's social group also includes various book discussion and bridge groups and ladies' night out activities. Yearly dues of \$15 include a newsletter of events, yearbook and special subsidies at events.

For information, call Marion at 847-658-8485 or Heidi at 847-382-4805. For bridge information, call Diane at 847-381-4133.



Please join us for a social hour beginning at 11 AM with lunch at noon and program at 1 PM. All women in the Barrington area and its surrounding communities are invited to attend this social

and informative afternoon.

For reservations and cost of luncheon, please call Joan at 847-382-0886 or Ann at 847-277-7700. Deadline for reservations is April 7.

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

One of our sales staff got an e-mail that I got a real kick out of from one of our customers. The customer had just purchased the new Explorer Sport Trac, which is a four door Explorer with a pick-up bed behind it. He was so excited that he got up during the night to go down into his garage to admire his new Sport Trac.

I know exactly how he felt because Tim is driving a new Sport Trac and he's like a little kid about it. All of our friends have had to take a ride in it, or at least let Tim show it to them. Tim's favorite feature is the bed extender. The pick-up bed is a short bed, but the fold out gate extends the length another two feet.

It's a good thing it's so comfortable inside, because we seem to be taking it everywhere.



Emkay Car Rental for Short Term Rent

Emkay Car Rental offers a great selection of specialty vehicles for short term rent. **Emkay** has the Jeep Grand Cherokee LTD, Lincoln LS, Mercedes E320 and the Ford Excursion. If something sporty appeals to you, the BMW convertible and BMW 5 Series are also available. If a van is needed for the family vacation, the Chrysler Town & Country or the Oldsmobile Silhouette will fit your needs. Call

us for other excellent selections, availability and price.

In addition to **Emkay's** great rental selection, we also have an outstanding inventory of late model, pre-driven vehicles for sale. (These vehicles are from **Emkay's** corporate lease returns.) **Emkay** also offers service shop and body shop services for all your automotive needs.

"How Did it All Start?"

This was a question I asked John at **The Barrington Auto Spa** on Northwest Hwy. He quickly replied, "Well, I was enjoying a great retirement, loving all the things I had anticipated doing for so many years. My son Ray, who owns Sound Lab Designs (specializes in the best of Home Theater and Stereo systems) as well as Big Boys Toys (brokers and sells exotic cars) in Palatine, asked me to come down to a place where he had his cars detailed. The shop was being shut down and there were several forlorn employees waiting around for Lord knows what. The place was in shambles; all that was left was a carcass of a building. Nevertheless, the next day I was the owner of the new **Barrington Auto Spa**."

I asked, "Did you know anything about detailing cars?"

"Not really, however I was an educated consumer and, like my son, have a great passion for cars."

"With all the high end cars in Barrington, weren't you taking a risk?"

"Sure, but I kept the same crew, added more experienced detailers, purchased the latest equipment and bought the finest waxes and materials available. In my past life, I spent 25 years in management for a major pharmaceutical company. One of

my assignments during that time was to give seminars to employees throughout the country on the 'Quality Process.' The Quality Process transcends implicitly in detailing cars, that is, build a good team, give the best service and put out the best product possible. Adding to that, I've invited industry experts to come in and give further training to our detailers. I have gone to seminars myself to study the latest equipment, materials and finishes."

"Is the business growing?"

"In leaps and bounds! Our car dealers, which are our mainstay during the winter months, continue to increase in number. Plus, we are building a loyal private clientele mainly by word of mouth and *Lifestyles*. The spa is now offering a maintenance program so that we can keep our customers' cars in pristine condition throughout the spring and summer months."

"Well, John, this conversation gives me an idea why we see such a plethora of beautiful cars in front of the spa every day. By the way, do you have an opening for my Lexus on Tuesday? Seriously, my car needs one of your makeovers..."

The telephones for the spa are **847-712-1818** or **847-304-9020**.

"Look & Listen"

(Continued from page 47)

the largest segment of the market—regular people who love music!

A world of audio and video enjoyment awaits anyone willing to "Look & Listen." There's not a better time than now! Come in and browse eight individual stu-

dios during our **\$500,000 Storewide Blowout Sale April 7 to 9!** Special financing available April 8 only... **1 year no payments and no interest.** Visit www.soundlabinc.com for more details.

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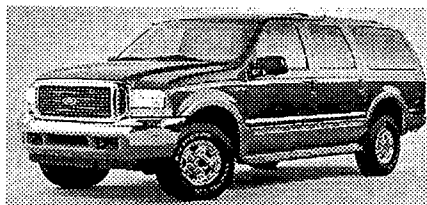
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"Monet to Moore"

(Continued from page 30)

after the Bath (1895-98); an early Paul Gauguin still life, *Clay Jug and Iron Jug* (1880); Alberto Giacometti's 1950 painting *Diego Seated in the Studio*; two paintings by Fernand Léger, *Reclining Woman* (1922) and *Still Life* (1926); *Lemons on a Pewter Plate*, a painting of 1926-29 by Henri Matisse; Henry Moore's life-size bronze sculpture, *Falling Warrior* (1956-57); Berthe Morisot's Impressionist painting *The Garden* (1882-83); *Woman Bathing Her Feet* (1895) by Camille Pissarro; and Edouard Vuillard's large-scale canvas of 1918, *Foliage—Oak Tree and Fruit Seller*. Most of these will be on view in

the permanent collection galleries at the Art Institute beginning June, 2000.

The Art Institute showing of "Monet to Moore" marks the end of a tour that began at the Singapore Art Museum (April 1 through May 30, 1999); continued to the National Gallery of Australia in Canberra (June 11 through August 22, 1999); then traveled to the U.S., where it has been seen at the North Carolina Museum of Art, Raleigh, (September 10 through November 7, 1999) and the Portland Art Museum, Portland, Oregon, (November 19, 1999 through January 23, 2000).

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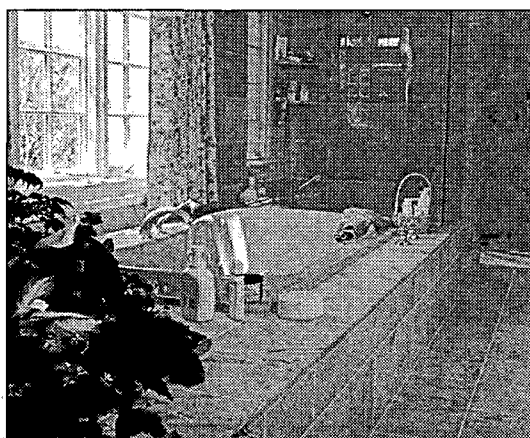
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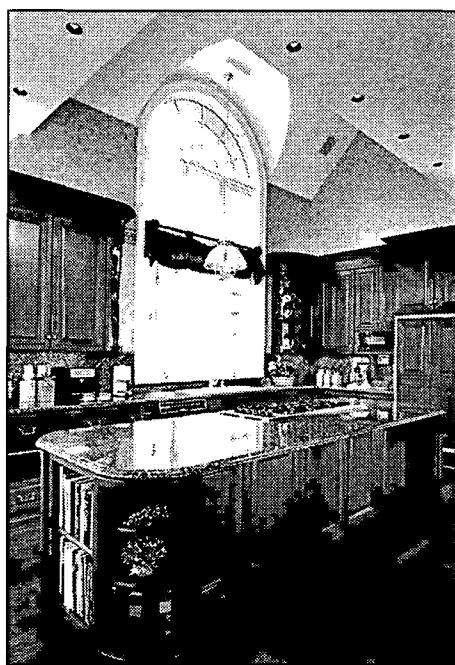


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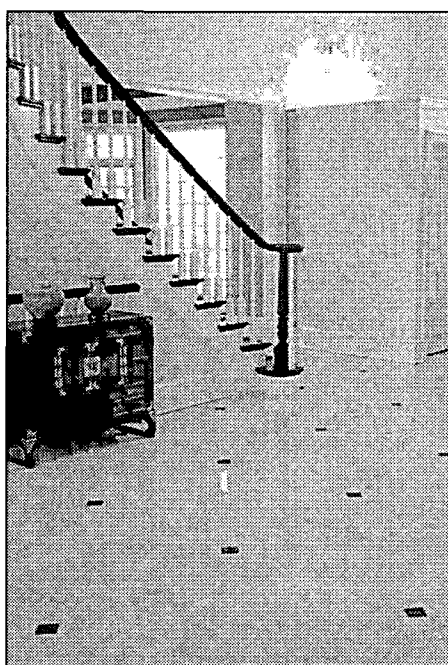
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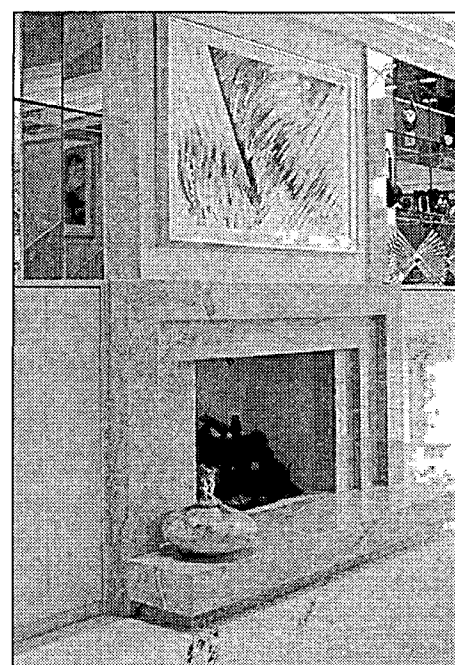
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