

August 1999

THE STYLESTM

NEWS MAGAZINE

get ready for
Back to School

**Windsor Castle: Scene of
the Latest Royal Wedding**

**Garden Council Offers Repeat
of Two Popular Classes**

**September English Tea
Hosted by Welcome Wagon**

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Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

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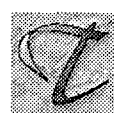
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Editor's Ink

August, 1999

Dear Reader,

Seems like school vacation just began and here we are, planning for back to school. I'm sure it was a busy summer for most. But, judging from the many upcoming events in *Lifestyles* this month, autumn holds many happenings as well.

I do hope you enjoy this month's feature article, "Windsor Castle: Scene of the Latest Royal Wedding," as much as I enjoyed presenting it. It gave me a chance to relive those wonderful moments. The day I went to Windsor, it was raining constantly, nearly all day. (Rain in England?) So everyone toted their "brellies." On the brighter side, we did get to see the Queen as she drove by in her smallish but elegant limo. More articles will appear on London in future issues of *Lifestyles*.

New to the area? Perhaps you would like to meet new friends with common interests. The Welcome Wagon Club of Barrington is planning—what else?—an "English Tea" in September. It will be a lovely opportunity to meet new people and sign up for activities such as bridge, bookgroups, golf and more. Luncheons and coffees are planned throughout the year.

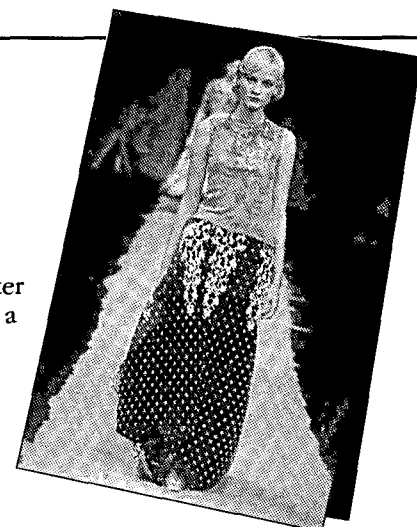
Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

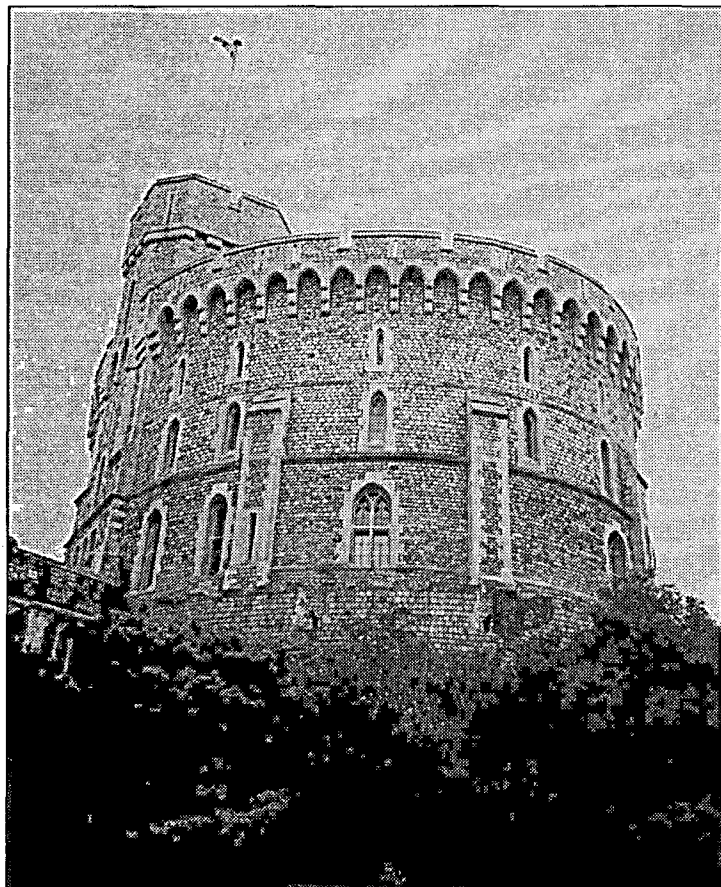
From the Christian LaCroix Pret-a-Porter Collection. A lacquered coral jersey tops a long folded black and white lace skirt.



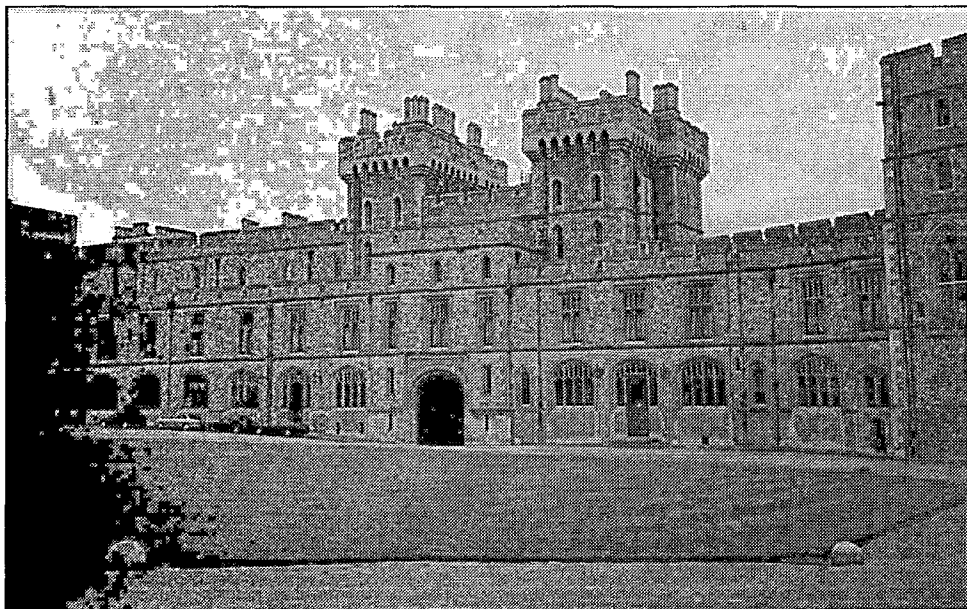
Windsor Castle: Scene of the Latest Royal Wedding

by Glenne McMonigal

This article is the first in a series of articles that will be appearing in Lifestyles about London and the surrounding area. I hope to convey my opinions of the area as well as offer historical facts on this very fascinating part of the world.



As indicated by the Queen's flag atop Windsor Castle, the Queen is currently in residence. Shown is the Round Tower constructed in stone by Henry II in 1170 to improve the overall silhouette of the castle. Since 1911 the tower has housed the Royal Archives.

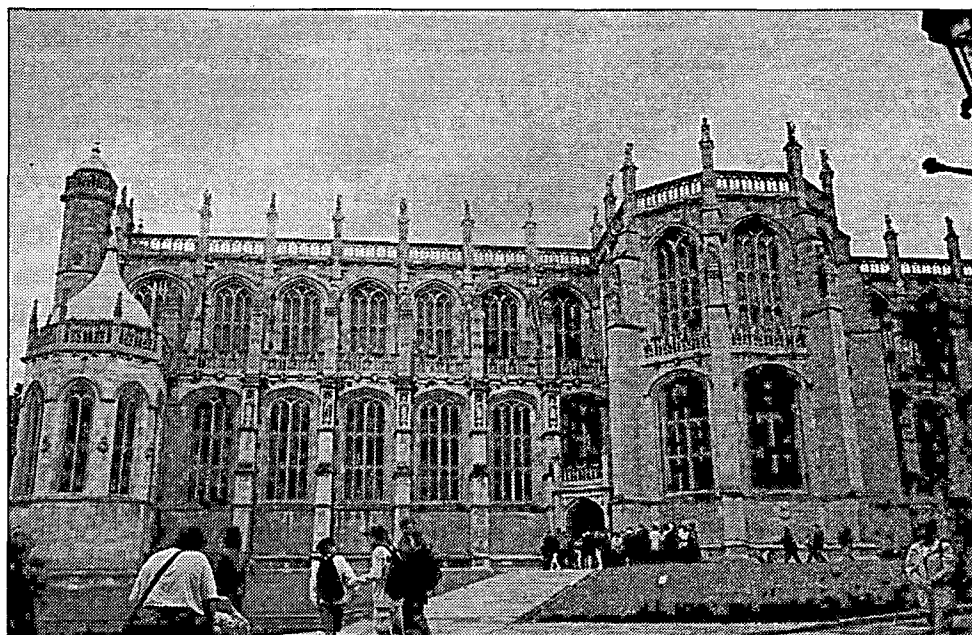


The Sovereign's entrance, which gives access to the private Royal Apartments at the castle, is through King George IV Gate, flanked by Lancaster Tower (right) and York Tower (left). The expanse of lawn is known as the Quadrangle. The changing of the guard takes place here when the Queen is in residence. It is also the setting for many colorful ceremonies.

Windsor Castle is one of the official residences of Queen Elizabeth II. She is officially in residence at Windsor twice a year; in April and also in June, when the Annual Garter Service is held in 500-year-old St. George's Chapel with the installation of new Knights. The castle is used alternately with Buckingham Palace for ceremonial visits from Heads of State

of other countries. Elizabeth II and her family also enjoy spending most of their private weekends at Windsor Castle.

Windsor Castle was recently the site of the latest royal wedding: Prince Edward, Queen Elizabeth's youngest son, to public relations executive Sophie Rhys-Jones. The wedding ceremony was held in St. George's Chapel, a few steps away from



St. George's Chapel is the spiritual home of the Order of the Garter, Britain's senior Order of Chivalry, founded by King Edward III in 1348. The building of the chapel began in 1475 by King Edward IV and was completed in 1528 by King Henry VIII. St. George's Chapel is said to be among the finest examples of Perpendicular Gothic, the late medieval style of English architecture. St. George's Chapel was also the site of the most recent royal wedding, that of Prince Edward to Sophie Rhys-Jones, now the Earl and Countess of Wessex.



Shown: the changing of the guard, as they march to the Quadrangle. The Guard is frequently formed from a battalion of one of the household regiments.

Windsor Castle, where the reception and dinner followed. Newspapers reported that the dinner was served buffet style and this was one time when even royalty had to wait in line for their food.

Windsor Castle houses the Royal Collection which consists of incomparable works of art which were commissioned by successive monarchs. These works of art are frequently lent to exhibitions worldwide, so the displayed paintings vary from time to time. Visitors can enjoy many of those fine works in addition to visiting state apartments—such as St. George's Hall and the dining area where the royal post-wedding activities took place.

Historically, Windsor Castle is the oldest royal residence to have remained in

constant use by royal monarchs. This Norman fortress sits on 13 acres (or 5 hectares) and the earliest part of the huge structure was raised c. 1080 by William the Conqueror.

On November 20, 1992 a very serious fire broke out in the Private Chapel area. It is believed to have been started by a spotlight igniting a curtain high up over the altar. Considering the amount of artwork housed in the castle, very little was ruined. Repair work on the damaged rooms began immediately and was completed by November, 1997. Restoration was modern Gothic, but without break to the Middle Ages. St. George's Hall, scene of the wedding reception, was an area totally restored after the fire.

**THIS
WEEK...**

Barrington's Sidewalk Days

August 5, 6 & 7

Sizzling End of Summer Sale

Including...

**Over 200 Participating Stores, Clubs and Organizations,
Beautiful Hand-crafted Items, Great Entertainment
& Refreshments!**

Sponsored by The Retail Committee
of the
Barrington Area Chamber of Commerce

Barrington Sidewalk Days Set for August 5, 6 and 7

The Sidewalks of Barrington will come alive **August 5, 6 and 7** with the Chamber of Commerce's **Annual Sidewalk Days Festival**. Barrington merchants and restaurateurs are getting ready to move outdoors with bargains galore and special food booths.

More than 200 businesses, local clubs and organizations and residents will have booths, displays and exhibits in downtown Barrington and along the Northwest Highway business district during this popular event.

Many Chamber of Commerce members not located in the downtown area are coming to the center of town to participate. In addition to business displays, a number of civic and community groups will manage booths as well. Children can look forward to balloons, face painting and other activities. This year's special

entertainment, made possible through the Village of Barrington, features strolling clowns who will perform throughout the business districts each day from 11 AM to 2 PM. The Bataille Academie of the Danse will perform at noon on August 5 at the triangle of Cook Street and Park Avenue. New Generations of Barrington High School will provide musical entertainment throughout the event.

Hours for **Sidewalk Days** will be 9 AM to 8 PM on Thursday and Friday and 9 AM to 5 PM on Saturday.

In charge of the event are this year's chairmen of the Chamber of Commerce Retail Committee: Beth Johanson, (Peter Daniel Apparel for Men & Women); Jan Cunningham, (G.Whiz); and George Vodin, (Fancy Art NFP). For information about **Sidewalk Days**, contact the Chamber of Commerce office at **847-381-2525**.

Plastic Surgeon Discusses Changing the Human Form at Next BAPW Meeting

Dr. Iliana Sweis, a specialist in cosmetic and reconstructive surgery of the face and body, will discuss what plastic surgery can accomplish at the next meeting of Barrington Area Professional Women (BAPW). "Each patient is unique and has individual needs," says Dr. Sweis, whose offices are in Northbrook and Chicago. "As a surgeon, I have the privilege of being able to change the human form."

The dinner meeting on Thursday, Au-

gust 5 will begin at 6:15 PM with a social hour at Barrington Country Bistro in the Foundry Shopping Center, Northwest Highway and Hart Road in Barrington. The cost is \$25 for members and \$30 for non-members and guests.

BAPW is open to all women who live and/or work in Barrington or surrounding communities. For more information and reservations, please call Peggy Curran at 847-381-1860.

Sidewalk Days

Thursday, Friday & Saturday

August 5, 6 & 7

Best Values of the Year
on Men's, Women's & Boys' Clothing

Savings of up to 70%

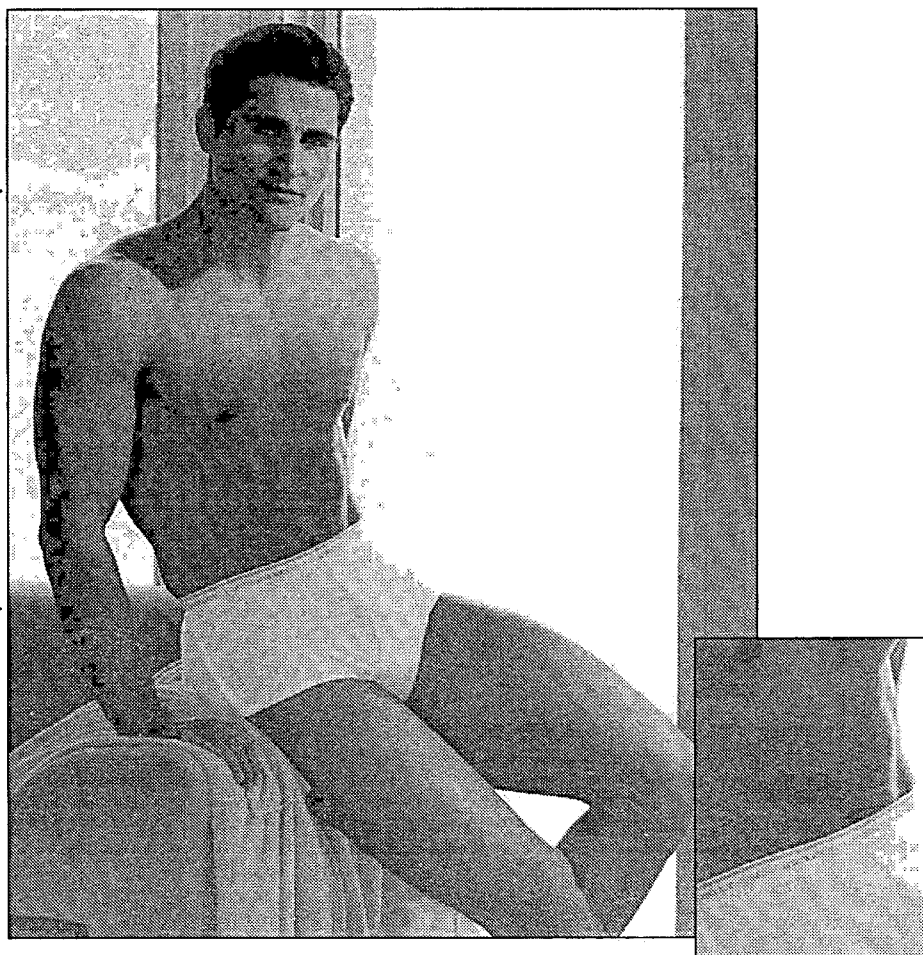
Chuck Hines

141 W. Main, Barrington • Phone 381-6616

Sidewalk Sale Hours: Thu. & Fri. 9-8:30, Sat. 9-5

Now Through August 31, stock up and save 25% OFF all styles of Jockey® brand underwear for men, women, and boys. Each Jockey® brand garment is hand-tailored of 100% cotton using real rubber in the waist band and leg openings for long lasting comfort. You will definitely feel the difference!

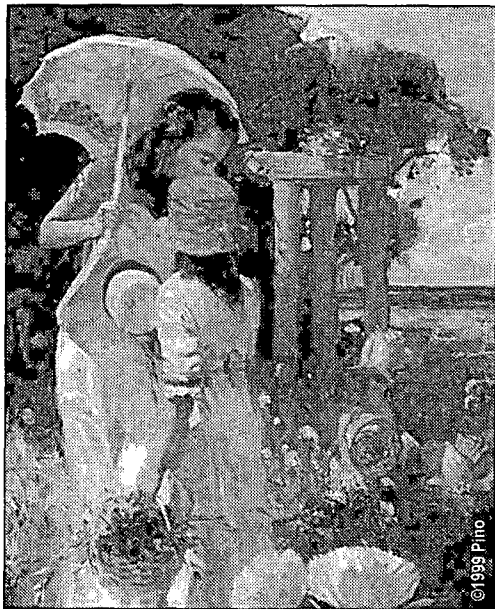
Available at **Chuck Hines** on Main Street in downtown Barrington.



Limited Time to Reserve Robert Bateman's Last Wolf of the Millennium

Cry wolf in a roomful of art collectors and everyone thinks Robert Bateman. Therefore, it's only natural that the artist best known for his masterful depictions of wolves in the wild presents, with great pride, his final wolf work of the century, *Silent Witness*. It's locally available as a special time limited edition at **Woodland Art Gallery**, the number one source for Bateman artwork from new releases to sold-out works on the secondary market. Reservations for this magnificent tribute to wolves in the last millennium are now being accepted.

Just as Bateman is famous for his wolves, the artist gaining incredible worldwide fame for his powerful use of the giclée process in art is Pino. **Woodland Art Gallery** is proud to present a myriad of works by Pino, each work an original through the artist's own embellishments with oil paints. Several small giclées by Pino are now being featured at the gallery.



Distant Sea by Pino

from Dean Morrissey, there's nothing more complementary or soothing to your surroundings than a wonderful work of art from an extraordinary art gallery. It's time for a visit to **Woodland Art Gallery**, dedicated to providing area art enthusiasts with works by today's most respected artists.

Woodland Art Gallery is located at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 3 PM. Call **815-459-0460**.

Gallery owner and master framer Scott Teasdale also invites you to bring in your photos, memorabilia and artwork for the unsurpassed care it would receive during the gallery's custom framing process. The gallery specializes in museum mounting, matting and custom treatments of all types.

Whether it's a wispy serigraph from Don Hatfield, a glimpse at Americans by Terry Redlin, or something whimsical

Savvy Spirit Looks Toward Fall...

With summer winding down and cooler weather on the horizon, it's time to start thinking about your fall wardrobe. Our transition and fall fashions will be arriving daily starting in late July. We have found many new lines for you to choose from with new fabrics and textures. Sweaters and knits will be popular for the season and black, gray, charcoal, eggplant and olive are the colors of the season. Many of the lines are using a small percentage of lycra to add to your comfort.

Look for these new and exciting lines at **Savvy Spirit**... Cable & Guage, C'eed, Revue, Stephen B., Lafa, Fjall plus many lines we have carried before that have become your favorites. We continue to carry our wonderful jean lines, French Dressing and Jump as well as Rico and Dalya sweaters, Nino Wong, Bonnie Boynton, Mac and Jac, Cynthia Max and Emil Rutenberg to name a few.

As always, we have the best in up-to-date and unusual accessories, and a staff with a natural talent for helping you achieve the look you want.



Stop in to browse or shop. We would love to meet you.

The Gals of **Savvy Spirit**—Rosemary, Linda, Faye, Raye, Alice, Linda and Kathy.

P.S. Mention that Linda Kalebic is 50 and get **10% OFF your purchase** on non-sale items only. Offer good through August 22, 1999.

Good Shepherd Hospital Provides Skin Cancer Facts

As people shed their winter blues and begin the celebration of the summer sun, it's time to think about sun protection and detection of sun damage. In 1999, over 1 million new cases of skin cancer will be diagnosed in the US according to the American Academy of Dermatology. About 80% of the new cases are simple basal cell carcinoma and squamous cell carcinoma, which have a better than 95% cure rate if treated early. There will be

40,300 new cases of malignant melanoma, however, and 7,300 deaths from this disfiguring skin cancer that has doubled among fair skinned persons since 1973.

- Malignant melanoma is a very serious skin cancer characterized by the uncontrolled growth of pigment-producing tanning cells.

- Melanomas are most frequently found on the upper back, the legs and often de-velop in or near a mole.

millennium wolf cry



Silent Witness by Robert Bateman

A time limited edition print

WOODLAND ART GALLERY and Frame Shoppe

Est. 1980 • 71-B East Woodstock Street, Downtown Crystal Lake

(815) 459-0460 Open Monday-Friday 9-5, Saturday 9-3

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing
VISA and MasterCard Accepted • Shipping Available Anywhere

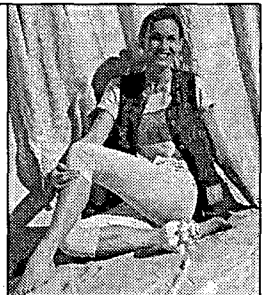
Summer Sales Sizzle

at

Savvy Spirit

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Thursday, August 5 - Sunday, August 8



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Enjoy an **EXTRA 10% OFF**
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Expires 8/22/99

unique fashions for the
contemporary woman

Savvy Spirit

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- Melanoma is caused by excessive exposure to the ultraviolet radiation of the sun, but may also be due to genetic factors and immune deficiencies. Melanoma has also been linked to past sunburns and sun exposure at younger ages.

- Caucasians are at far greater risk for melanoma than those of other races. If you are a Caucasian with fair skin, your risk is twice as great, and redheads and blondes have a twofold to fourfold risk of developing melanoma.

- Excessive sun exposure in the first 10 to 15 years of life increase your chances of developing melanoma threefold.

- When detected early, surgical removal of thin melanomas can cure the disease in most cases, however, early detection is essential!

- Have a dermatologist check suspicious "blemishes" of light brown to black that may turn shades of red, blue and white, crust on the surface and have irregular borders.

- Dermatologists recommend that because overexposure to ultraviolet light is a major contributing factor to the development of melanoma, individuals should use sunscreen of a Sun Protection Factor (SPF) of at least 15. Sunscreen should be reapplied every two hours while outside. Also avoid the "peak" sunlight hours of 10 AM to 3 PM when the sun's rays are the most intense.

- Wear protective clothing, including a hat with a wide brim and a long sleeved shirt and pants, during prolonged periods of sun exposure.

Visit the Ice House's 15 Specialty Shops:

AUBREY'S CANTERBURY SHOPPE
CHESTERFIELD GLASS GALLERIES
SNAILS PACE
JANS OF LONDON TINA HAN GALLERY
VILLAGE SHE & "I"
HALLMARK SHOP LEA IMAGE STUDIO
LAUREN'S FINE LINGERIE ONCE IN A BLUE MOON
PETER DANIEL APPAREL SAVVY SPIRIT
TOMMY TERRI STAY TOONED GALLERY CHESSIE'S


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Friendly & Personalized Service
Relaxed Atmosphere • Plenty of Parking
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**Barrington
ICE HOUSE MALL**
village shops & Chessie's restaurant

200 Applebee Street
847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.

Hours: Sun. 11-3, Mon.-Sat. 9:30-5:30
Thurs. 9:30-8:00



Barrington ICE HOUSE MALL

At the Barrington Ice House Mall

We invite you to shop and dine at the historic **Barrington Ice House Mall Village Shops and Chessie's Restaurant**. Bring that special someone to the **Ice House** to browse and shop our 15 boutique shops which offer something for everyone including men's, women's and children's apparel, beautiful accessories and jewelry, original artwork, nautical artifacts and much more.

You can enjoy lunch or dinner at the award winning Chessie's Restaurant or a visit to She & "I", our full service hair and nail salon where walk-ins are always welcome. You will want to be sure to visit our newest store at the **Ice House**; The Canterbury Shoppe carries a beautiful selection of ideas for holiday and home. They have recently relocated their shop from downtown to a beautiful first floor


location in the **Ice House** directly across from Peter Daniel's Women's Department.

All of our shops specialize in friendly personalized service. Gift certificates, gift-wrapping and UPS service are also available in most stores. In addition, mall gift certificates may be purchased in the management office and they can be used anywhere in the mall.

Informal modeling by Peter Daniel Apparel for Men and Women and Savvy Sprit also takes place on Wednesdays and Fridays from noon to 1:30 PM at Chessie's Restaurant.

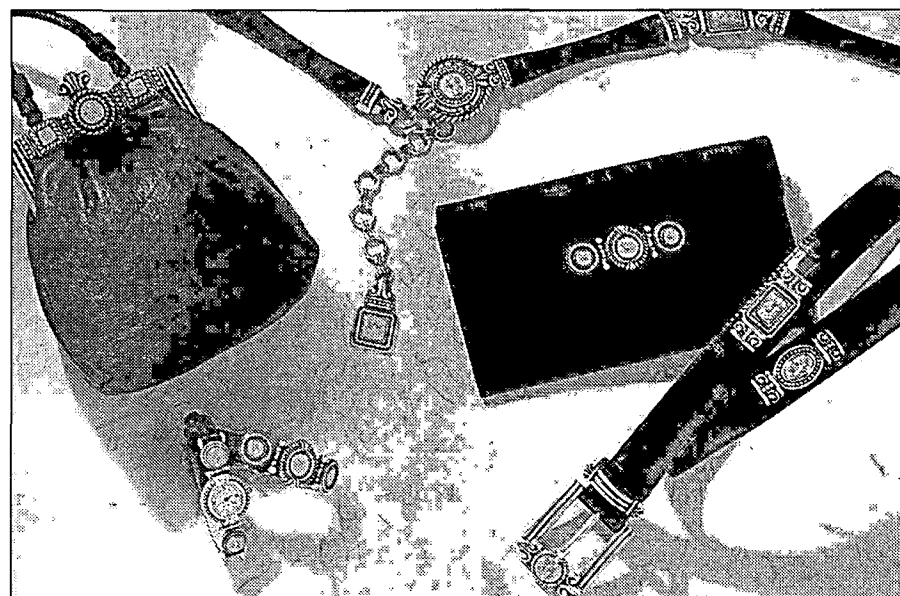
The **Ice House Mall** is located in downtown Barrington at 200 Applebee Street next to Jewel/Osco. There is always plenty of free parking for your convenience. For further information, please call 847-381-6661.

Clothes
Gifts
Accessories



peter daniel
barrington
apparel for men and women

Barrington Ice House
200 Applebee St.
Barrington
847.382.6676



Finishing touches from Brighton Accessories are dominating the fashion scene. You'll find purses, belts, jewelry, wallets, sunglasses and much more at **Peter Daniel of Barrington**.

We're ready and very excited about the fall apparel season. You'll discover beautiful collections from Gail Morgado, David Dart and Canvasbacks just to name a few. Gorgeous appliqued jackets from Marina are a "must have" for your fall wardrobe along with great fitting flat front trousers from several new designers. One of our favorites, Caroline Rose, a Chicago mother/daughter design team, is showing new ensembles for the fall and holiday season that are sensational.

Business casual still makes fashion sense for men. Look for Como, Arazzo, Barry Bricken, Polo and Zanella in our expanded men's sportswear department.

Don't forget our Sidewalk Sale Thursday through Sunday, August 8 through 11. There will be **savings up to 75% on all season apparel**.

Peter Daniel of Barrington is open seven days a week for your shopping convenience.

CAL Golf Outing to Benefit Home of the Sparrow

The 5th Annual CAL Golf Outing, which benefits Home of the Sparrow, Inc., will be held August 4 at Chapel Hill Country Club in McHenry.

Proceeds from the golf outing will be donated to Home of the Sparrow, a non-profit transitional housing program for homeless women and children. Home of the Sparrow provides shelter at four homes in McHenry, Woodstock, Crystal

Lake and Palatine.

Tickets for the event are \$80 and include lunch, golf and dinner at Chapel Hill Country Club in McHenry. Tickets for dinner only are \$25.

A shotgun start will be at 11:30 AM with cocktails at 5:00 PM and the dinner scheduled for 6:00 PM.

For tickets or more information, call Lori Knaack-Kirkelie at 815-385-7696.

Deadline!

The deadline for the **September Issue** is **Thursday, August 12.**

Please send your press release/advertising materials to:

Editor
Lifestyles Magazines
P.O. Box 293
Crystal Lake, IL 60039-0293
or call: (815) 459-4820



Barrington ICE HOUSE MALL



Marialyce Hawke Arrives at Chesterfield

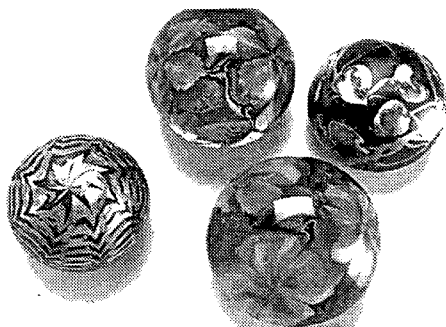
Lalique... Tiffany... Steuben... Galle... Waterford... Hawke... Hawke?

Chesterfield Glass Galleries is proud to announce the arrival of Marialyce Hawke to the gallery.

Maybe it is a bit presumptuous to include Marialyce Hawke's name in that list of artists. After all, she is alive and well and her work does not yet command a king's ransom. However, 50 years from now, not only will there be no presumption in such a list, but the children of today's collectors of Hawke glass will be inheriting museum quality pieces.

Marialyce's work can already be viewed at the Chrysler, Corning, Frank Lloyd Wright and Stourbridge Museums as well as the Smithsonian Institute. Of her 30 years as an artist, she has spent most of her time working exclusively in the medium of glass. This devotion shows in the polish and perfection of each piece she produces. She is more than a talented craftsperson. The interpretation, themes and the ability of her work make her glass sought after collector's items.

Don't forget the sidewalk sales on August 5, 6 and 7. **Chesterfield Glass Galleries** will have selected pieces of glass art 20% to 50% off. Shop early for



the best buys.

Mark your calendar now for Friday September 10 to celebrate **Chesterfield's** Anniversary and the Barrington Area Arts Council Gallery Walk. Our featured artist will be David Lotton and we will have a special appearance of Diane Castrejon, creator of Imagems.

Remember **Chesterfield Glass Galleries** for all your gift giving occasions and home decorating needs. We represent over 120 American glass artists and have a collection of over 450 unique works of art glass.

Located in the historic Ice House Mall, **Chesterfield Glass Galleries** is open seven days a week. Call 847-382-6677.

Millennium, Radko and Waterford Collections Have Arrived at The Canterbury Shoppe!

Calling all collectors... **The Canterbury Shoppe** is celebrating the arrivals of Christopher Radko and Waterford '99 and Millennium collections.

The Radko limited edition 1999 ornaments include *The Twelve Days of Christmas*, *Seven Swans a Swimming*, *Millennium Magic*, *Peace on Earth*, *Times Square*, *Tuxedo Junction*, *United We Stand* (international children's charities), *Time of Your Life* and *Matthew's Game* (for the Matthew Barry Memorial Soccer Fund).

Exquisite in detail, individually boxed, the 1999 Waterford limited edition ornaments include *Millennium Ball 2000*, *New Year's Toast*, *Two Turtle Doves* as well as the timeless beauty of *Celtic Crosses*, *Killeen Joyous Seasons* and a wide variety of extraordinary ornaments in the distinc-

tive Waterford Craftsmanship.

As the manufacture of the Millennium collections has ceased for limited editions, stop in early to insure availability for your personal collections. Looking for a distinctive corporate holiday gift? These collectible ornaments are beautiful gifts that will only increase in value and be remembered and enjoyed by your client season after season.

The Canterbury Shoppe has reopened at their newly expanded location in the Ice House Mall in downtown Barrington (behind Jewel). The store hours are Monday, Tuesday, Wednesday, Friday and Saturday from 9:30 AM to 5:30 PM; Thursday from 9:30 AM to 8:00 PM; and Sunday from 11:00 AM to 3:00 PM. Stop by to sample gourmet treats! Any questions? Just call 847-304-9627.

Back-to-School at She & "I" Salon

Get ready for back-to-school this fall season from "head to toe." Visit the **She & "I" Hair and Nail Salon** located in the Ice House Mall. With sixteen hair designers and eight nail technicians, we are ready to serve all of your hair and nail care needs. Why not try a new "look." You can be bold and go for texture, perming and chunky highlighting or for the more conservative, you can try the classic natural soft body wave. Our stylists are trained by international professionals who specialize in the latest styles, and are always ready to help you.

She & "I" also offers a full service nail

salon specializing in acrylic tips, gels, silk wraps, paraffin hand treatments, overlays, manicures and pedicures. Why not try a "full set." This can be completed in one hour, from start to finish, and you will feel like a new person. You can make your day complete by also enjoying a spa pedicure in one of our European whirlpool pedicure chairs.

She & "I" is open six days a week, Monday through Saturday with evening hours on Wednesdays and Thursdays.

Let **She & "I"** take care of your hair and nail needs before school begins.

Chesterfield Glass Galleries

PRESENTS

Marialyce Hawke

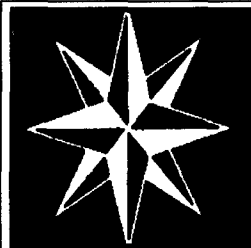
SIDEWALK SALES

20% to 50% OFF

Selected Items



Barrington Ice House • 200 Applebee St. • 382-6677



Radko '99 Has Arrived!

The '99 Collection of Millennium, 12 Days of Christmas & other limited editions have arrived. Reserve your order today!

Register to win a FREE '99 Radko 12 Days of Christmas "Seven Swans" Ornament! (Expires October 1st)

In The Ice House Mall
200 Applebee Street
Barrington, IL 60010
(847) 304-9627

Hours: Mon, Tues, Fri 9:30 a.m.-5:30 p.m.
Thurs 9:30 a.m.-8:00 p.m. • Sunday 11:00 a.m.-3:00 p.m.



She & "I"
Hair and Nail Salon

Go Back to School in Style!

Mon. - Sat.
Wed. & Thurs. Evenings

Walk-Ins Welcome • Gift Certificates Available

The Ice House Mall

381-5043

200 Applebee
Barrington

Big Brothers Big Sisters Sets Benefit Gala

Come and "dance for the children" at Big Brothers Big Sisters of McHenry County's benefit gala. Bull Valley Golf Club will be the setting for an elegant evening of dinner, dancing and a silent auction on Saturday, September 18, 1999. Music will be provided by Marc Dobis and the Milestone Band from Chicago.

Committee members coordinating the gala event include: Mary Kay Nowell, Sharon Reagan, Kim D'Angelo and Mary Lawrence, Executive Director, Big Brothers Big Sisters.

The benefit will raise funds supporting the primary activity of Big Brothers Big Sisters, which is the recruitment and

Good Vibrations



dance for the children

screening of adult "bigs" who volunteer their time as mentors for children "littles" throughout McHenry County.

For gala ticket reservations, contact Big Brothers Big Sisters of McHenry County at 815-385-3855. For further information, visit their website at www.bbbsmchenry.org.

August Specials!

- Book Your Haircut & Bring Your Child In for a ½ Price Haircut
- Book Your Spa Pedicure & Receive a ½ Price Spa Manicure

- Creative Cutting
- Creative Color
- Glamour Packages
- Therapeutic Chair Massage
- Texture & Perms
- Wedding Parties
- Hair Extensions & Thickening
- Manicures, Pedicures, Nails & Paraffin Waxing
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In the
Spa Light Salon



Back to School Specials!

Has summer taken its toll on your hair? Hair a little dry? Come in for one of our great conditioning treatments. We have express, intermediate and deluxe packages to put moisture and shine back into dry, unmanageable hair.

Hair color is a great way to recondition your hair. Book now for your shades conditioning color gloss or a highlight, lowlight to add dimension to summer blondes.

Hair Extensions are a specialty of the salon. Longer, curlier or straighter, have

the hair of your dreams after just one visit. Call for your free consultation.

August Specials include ½ price Spa Manicure when you come in for a Spa Pedicure. Also book your haircut and bring your child in for a ½ price haircut.

Next month, we will be proud to announce two new estheticians that specialize in complete skin care, facials and full waxing services.

In the Spa Light Salon is now open seven days a week. Please call for appointments at 847-381-3688.

Only One Audition for BYDE's 6th Annual *The Nutcracker* Production



Pictured emerging from Mother Ginger's (a.k.a. Greg Tomek from Fox River Grove) skirt during the 1998 Barrington Youth Dance Ensemble's (BYDE's) production of *The Nutcracker* are dancing Bon Bons, (from left), Mary Ellen Richardson, Kelsey Allison and Alyssa Avedon from Barrington.

Barrington Youth Dance Ensemble's (BYDE's) *The Nutcracker* audition will be on Sunday, September 12 at the Barrington Park District located at Langendorf Park, 235 Lions Drive, (the road off Northwest Highway between McDonald's and Burger King) in Barrington.

There is only one audition, so mark Your calendars now! Boys and girls are invited to audition. The schedule is: Children 6 to 8 years, last names beginning with A through L from Noon to 12:45 PM; children 6 to 8 years, last names beginning with M through Z from 12:45 to 1:30 PM; Children 9 through 10 years from 1:30 to

2:15 PM; Children 11 through 12 years from 2:15 to 3:00 PM; and all teenagers from 3:00 to 4:00 PM.

Please wear ballet slippers and tights and have hair secured. Bring pointe shoes, if applicable. Arrive 15 minutes prior to your scheduled audition time to register. For additional information, call 382-6333.

The Nutcracker performances will be held at Barrington High School's Richard C. Johnson Auditorium located at 616 West Main Street. The dates are Friday, December 3, 7:30 PM; Saturday, December 4, 2:00 and 7:30 PM; and Sunday, December 5, 2:00 PM.

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BACOA Summer Golf Outing August 16

The Barrington Area Council on Aging, Inc. (BACOA) announces its Summer Golf Outing to be held Monday, August 16 at the Lake Barrington Shores Golf Club. Tee time is 2 PM. Men's, Women's and Couple's foursomes will be playing with a scramble start. Costs are \$250 per individual golfer or \$800 per foursome. This includes course fees, golf cart and a buffet dinner following the event.

Marquardt Buick in Barrington has generously provided a number of top golfing prizes for BACOA's Golf Outing. At various holes throughout the event, participants who hit a hole-in-one will win a trip for two to Germany via Lufthansa; a 4-day/3-night golf vacation at the

SanDestin Hilton in Destin, Florida; or a set of Maxfil Australian blade irons. The top hole-in-one prize will be a new 2000 Buick LeSabre on hole number 13.

Additional hole sponsors are Sage Products, Inc., Advocate/Good Shepherd Hospital, Kiwanis Club of Barrington and Harris Bank-Barrington.

The Summer Golf Outing will be a wonderful opportunity to enjoy a delightful afternoon of golfing, fantastic prizes and great food while supporting the valuable services which BACOA provides to the Barrington community.

For more information on the golf outing or to register as a single golfer or foursome, please call BACOA at 847-381-5030.



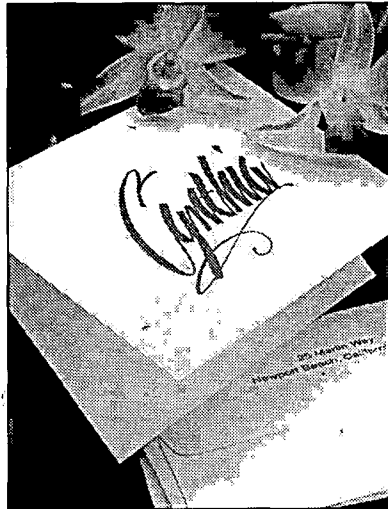
Left to right are: Larry Marquardt, Owner, Marquardt Buick in Barrington; Joyce Palmquist, Executive Director, Barrington Area Council on Aging (BACOA); Dwayne Hill, Service Manager, Marquardt Buick in Barrington; and Annette Nikolich, Summer Golf Outing Co-Chair, BACOA Board of Directors.

The FOUNDRY of BARRINGTON

Inspire Communication

Little Shop of Papers, in the Barrington Foundry has your personalized stationary needs covered! Whether it's a sophisticated monogrammed social note or a notecard with your student's college colors, the **Little Shop** can show you all the possibilities. The shelves in the shop are stocked-full of everything from notes and foldovers to cards and sheets—in every color and style imaginable.

Fall festivities call for festive invitations! **The Little Shop of Papers** has a bumper crop of invitations for showers, rehearsal dinners, Italian parties, Tex-Mex and more! Round out your party theme with coordinating paper plates and napkins too.



For the Fun Stuff

Sidewalk Sale Days are here and we need to make room for all of the great new products we're bringing in for the fall! So... we're starting early! Stop by for great savings and great prices starting Tuesday, August 3. We'll have great sale prices on quality items and a special "dent/needs-some-work" table with bargains galore!

And, with the scrapbooking craze still running wild, we'll be offering a break from your bargain hunting with a free scrapbooking session on Tuesday, August 3 from 10 AM to 1 PM. Bring some of your photos and our scrapbooking expert will show you how to crop and cut your photos for a professional look!

You've shopped, you've cropped and now it's time to hop back after the sales are over to preview all of our new items. The list is long, but a quick look has us adding six new candle lines and a huge variety of accessories. One new line is Trapp candles—guaranteed to fill an entire room with fragrance within 5 minutes or you can return it for a full refund! Or how about "The Jar"—a candle that looks like a jar of canned fruit and syrup, but it's totally made from wax! Preview a newly updated gourmet food area with over 75 items that taste great and look great wrapped as a hostess or thank you gift! The new, the exciting, the innovative, the fun stuff... all at **G. Whiz**!

August Events at Barrington Bath Shoppe

Don't miss out on **Barrington Bath Shoppe's** special events during the month of August! Choose from hundreds of beautiful framed prints by "Creative Calligraphy" founder and designer Lynn Norton Parker when the artist visits our Barrington store in the Foundry Mall on Northwest Hwy. on Thursday, August 5! From 9:00 AM to 1:00 PM, Lynn will be signing her prints while showing her latest designs. Make sure you view her personalized prints—the perfect remembrance for a wedding, new baby or anniversary! See our ad for Lynn's "Bless Our Home" design!

Enjoy special savings at **Barrington Bath Shoppe** during Barrington's Annual Sidewalk Sale on August 5 through 7! Selected items are **25% to 50% off** including candles, potpourri, decorative accessories, shower curtains, gift books, bath items and more!

The Barrington store will be open from 9:00 AM to 7:00 PM on Thursday, August 5 and from 10:00 AM to 5:30 PM on Friday and Saturday, August 6 and 7. Sale items are available at our Randhurst Mall store too. Shop early at our biggest sale of the year!

Also, take a break from summer and preview our Holiday selections. That's right. Santa and Frosty the Snowman have made early stops at **Barrington Bath Shoppe**. Choose from stockings, ornaments, throws, pillows and more! Beat the Christmas rush and enjoy **15% off** holiday collections from August 5 through 7!

For the candle connoisseurs, four new fragrances from Yankee Candle Co. will arrive soon—Banana Nut Bread, Island Mango, Sage & Citrus and Patchouli. Plus, Wedding Day was such a hit this spring that Yankee will make the fragrance available year-round. Most scents are available in three sizes of jar candles: votives, tea-lights and wax potpourri tarts.

A third **Barrington Bath Shoppe** will be opening soon in downtown Wheaton! Watch for our Grand Opening announcement later this fall. Other franchise opportunities are available in the Chicagoland area. Now you can own your own **Barrington Bath Shoppe**, so call us for details.

Can't make it to the stores? Shop on-line at www.barringtonbathshoppe.com! Our great selection of products and fragrances can be ordered at your convenience and shipped anywhere! With so many happenings, there's something for everyone. *Visit us soon!*



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We need space for all the great new products arriving daily.

Great gifts at a bargain!



New products are arriving daily—like these fantastic candles from Trapp. Great scents—guaranteed to fill an entire room with fragrance within 5 minutes.

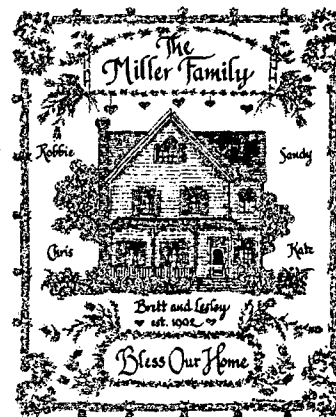
G. Whiz

A imaginative collection of artisan jewelry, unique gifts & really great stuff
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Sidewalk Sale Hours: Mon-Sat 9:30-6 Thur 9:30-7 Sunday 12-4
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Featuring "Creative Calligraphy"



Meet the Artist! Lynn Norton Parker
Barrington Store Only!
Thursday, August 5th - 9 a.m. - 1 p.m.

Personalized Prints
Wedding, New Baby, New Home,
Anniversary, Retirement, and more!

Themed Prints
Friend, Mom, Sister, Grandmother,
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Summer Clearance Continues

25%-50% Off Selected Items through August 7

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Whispering Opulence

Yellow diamonds and black or multi-colored pearls from Tahiti are just some of **The Burdeens'** favorite jewels that will have everyone "who knows" whispering when you enter a room.

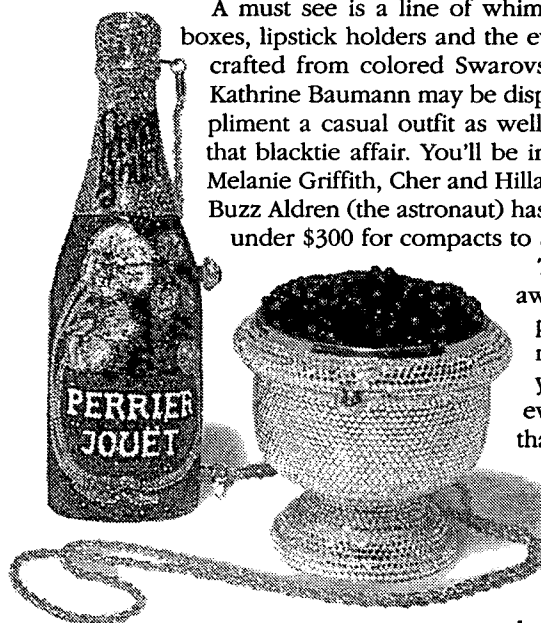
Other sensations that will help lovers mark "the millennium" are platinum or 18K lockets that are adorned with the ever feminine bow; when opened, you'll find a jewel of your choice or a mini plaque with the perfect secret message also of your choice. These lockets are part of the couture line from Kwiat—not available just anywhere!

Respected in their industry, **Burdeen's Jewelry** was invited to the prestigious Couture Show in Scottsdale—all expenses paid including blacktie evenings with star entertainment. They were wine and dined for five days at the Phoenician. They invite you to observe for yourself by the guest list posted in their store—they were the only jeweler in the surrounding area invited to this show. What this means is that they alone are privileged to carry couture lines of their choice. Several new lines they chose were: Hidalgo, a diamond and enamel line of stackable rings and bracelets; Baraka, a sought-after fine Italian line especially well-known for unusual men's jewelry.

A must see is a line of whimsical as well as elegant purses, pill boxes, lipstick holders and the ever sought-after perfect compact, all crafted from colored Swarovski® crystal. These works of art by Kathrine Baumann may be displayed in a curio cabinet or can compliment a casual outfit as well as become the talk of the room at that blacktie affair. You'll be in good company with Julia Roberts, Melanie Griffith, Cher and Hillary Clinton just to name a few! Oh... Buzz Aldren (the astronaut) has his own addition. Prices range from under \$300 for compacts to \$900 and up for a sexy purse.

The Burdeens want you to be aware that they do not wish to be a part of the marketing hype on the millennium. They only wish to help you with a commemorative piece of everlasting jewelry of your choosing that will still have value years later.

For the discriminating palette, sparkling champagne and Caviar, the perfect way to celebrate. Semi-precious onyx is used to richly depict the Caviar.



The Barrington Chapter of the Infant Welfare Society Announces Their Slate of Officers for 1999/2000

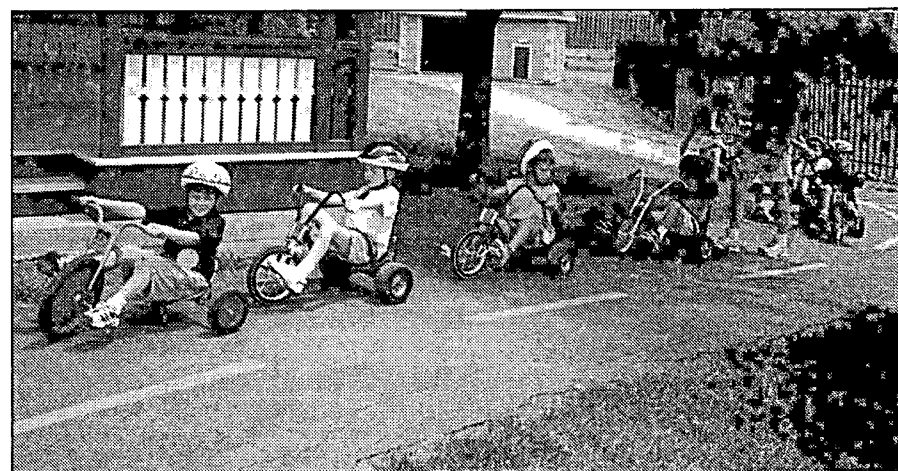


Pictured are: (back row, l to r) Karen Morse, Memorial and Honor; Barbara Schuld, Outgoing VP Projects; Diane Zelcs, Recording Secretary; Sharon Kantanen, Corresponding Secretary; (seated, l to r) Iolanda Goodfellow, Outgoing President and Advisor; Liz Rodosky, VP Projects; and Dottie Rzesztuko, VP Membership. Not pictured are Penelope Knopik, President; Mary Louise Blaney, VP Volunteers; and Sharon Lundstrom, Treasurer.

Officers were initiated in a ceremony conducted at the final meeting of the season. President Penelope Knopik of North Barrington will serve a two year term. Her board consists of: Dottie Rzesztuko of South Barrington, VP of Membership; Liz Rodosky of Barrington, VP of Projects;

Mary Louise Blaney of Barrington Hills, VP of Volunteers; Sharon Kantanen of Barrington, Corresponding Secretary; Sharon Lundstrom of Barrington Hills, Treasurer; Diane Zelcs of Barrington, Recording Secretary; and Iolanda Goodfellow of North Barrington, Outgoing President/Advisor.

Summer Fun at Safety Town



Students ride past the new gazebo at Safety Town.

Safety Town was once again the place to be this summer when approximately 300 enthusiastic children participated in two sessions of safety education during June and July. The early childhood safety education program is a 20-hour course (two hours a day for two weeks) designed to introduce a variety of safety conditions to children ages 4, 5 and 6. It is held every summer at Safety Town, a permanent miniature town at JFK Health World in Barrington.

Every day at Safety Town is a new adventure for the children. During the program, children learn safety behavior through role-playing in simulated and actual life situations. They learn motorist and pedestrian safety by biking and walking through the well-planned streets of Safety Town. Officer Friendly visits for a lesson on stranger danger. Poison and

drug safety are learned during a visit by volunteers from Good Shepherd Hospital. And Commonwealth Edison comes to discuss electrical dangers and safety.

Field trips prove to be fun and educational as well. Pool, park and bus safety are learned during a trip to Langendorf Park. A tour of JFK Health World exposes the children to home and train safety issues. Most popular of all are the tours of the Fire and Police Departments, where they meet Officer Friendly, Fireman Jim and Sparky, the fire safety mascot. When the program is done, parents of Safety Towners are invited to a graduation day to celebrate the children's achievements.

New in Safety Town this year was a gazebo which gave the children a shady place to relax or have outdoor lessons.

(Please continue on page 38)

"Country Collection" from David Brooks Arrives at Country Clothes Boutique

The new fall collection from David Brooks has just arrived. Also included in this shipment are the basic pieces of David Brooks in a large assortment of sizes. The new collection is exciting and a definite must for this coming fall season.

Just in time for fall is the ever-popular "FLAX" line, which includes, this year, a new long and short dress in black jersey. These dresses are comfortable, easy to pack and could be considered as that "perfect" black dress.

Also just arriving for the hot days of summer are colorful dresses and two-piece skirt sets from Tom Tom. These come in cotton and velour with wonderful styling and colors. The velour outfit

makes a wonderful set for traveling!

Exciting new "Blue Fish" outfits in many fun colors have just been placed on racks. They include shorts, long straight pants, dresses, vests and other typical "Blue Fish" creations. As always, styles are limited. Evening lingerie is new to **Country Clothes Boutique** and has also just arrived in many soft shades of blue and pink, as well as the ever-popular white.

Visit **Country Clothes Boutique** conveniently located in the new "Fountains of McHenry" Shopping Center at 319 Front Street (Route 31) in McHenry. For more information, call **815-344-5101**. The shop is conveniently open for evening shopping until 7 PM on Thursdays.

CLIX Annual Frame Sale Runs August 2 Through 14!



By Gal Friday

Question: What's big, stuffed and full of beat up photographs? Answer: Your photo drawer.

Oh, we've seen it all at **CLIX photographs and savables**. Actually, we've pretty much done it all too. That's why we know what you need to get all of your photos and keepsakes organized. The process can be simple or elaborate. Here are some of your options:

- Get one of our Milano boxes sectioned off for your latest Kodak moments. They're quick, easy and good lookin'. Put the photo of the day in the top opening, and you can still stuff the rest of little Billie's school photos, baseball team triumphs, etc. inside the box and feel organized at the same time! Comes in lots of sizes too. **CLIX** is your answer.

- Buy a triple frame, and dig out anything that comes in threes: your three cats, your three kids' kindergarten photos, your

three former boyfriends, whatever. **CLIX** is your answer.

- And albums. Don't even get me started. Everything from custom leather to handmade paper and tons in between. Imagine a great big book that can handle newspaper clippings from your daughter's soccer career or a small, velvet "Sister" album? Need we say more? **CLIX** is your answer.

- Stumped on how to frame your favorite picture of grandpa in his garden? We'll show you unique ways to make the most of antique images. **CLIX** is your answer.

- How about a shadowbox frame with multiple mat openings and memorabilia; baby shoes, a favorite book and the teddy bear. **CLIX** is your answer.

Get the idea? This isn't heart surgery. You can do it. Plain or elaborate, creative or efficient, you choose what suits your world and your schedule. We've got all the ideas and supplies. Stop in at **CLIX photographs & savables** at the Brink Street Market in downtown Crystal Lake. We're always glad to help a fellow photo lover!

Art Associates Begin Exciting Year with Membership Tea

Sue Johnson, Chairperson of the Board of the Barrington Community Associates of the Art Institute of Chicago, has finalized events for the Associates' 1999-2000 year. Persons living in the Northwest suburbs are invited to become members and enjoy an exciting and diverse season of illuminating lectures and interesting trips including seven to the Art Institute of Chicago.

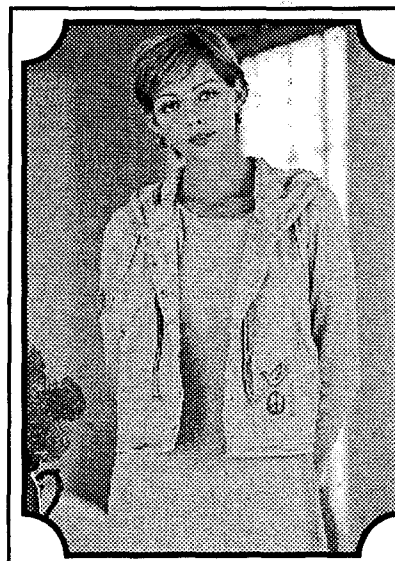
The year begins with a membership tea on September 9 at the Presbyterian Church of Barrington. Miranda Hofelt will present "Highlights of the Permanent Collection of the Art Institute." September also includes a tour of the "Art Collections of Bank One/First Chicago and the Union League Club" with lunch at the Union League Club.

Trips to view four major exhibitions at the Art Institute also feature special lectures for members and guests. "The Early Drawings of Ellsworth Kelly," a major contributor to the development of American

abstract art, is scheduled in October as well as the work of video artist Bill Viola. In January, participants will experience "Raphael and Titian: The Renaissance Portrait." In March, Robert Eskridge, Museum Education Director, will present "Monet to Moore: Millennium Gift of the Sara Lee Corporation." A summer excursion is planned to view "Pharaohs of the Sun."

Other trips include a combined program with the Chicago Symphony Orchestra called "An Artistic Legacy: The Chicago Renaissance" with lunch at Symphony Center in April. A tour of the Oriental Institute and Smart Gallery with lunch at the Quadrangle Club is planned for May.

The February Study Seminar Series will feature "Great Moments in Art History." Each lecturer from the education department of the Art Institute will discuss art of a different century. These include "17th C. Baroque in Spain and Holland," "18th C. Flowering of the Edo period in Japan,"



Country Clothes Boutique

New Arrivals of Summer, Petites & Beach Wear

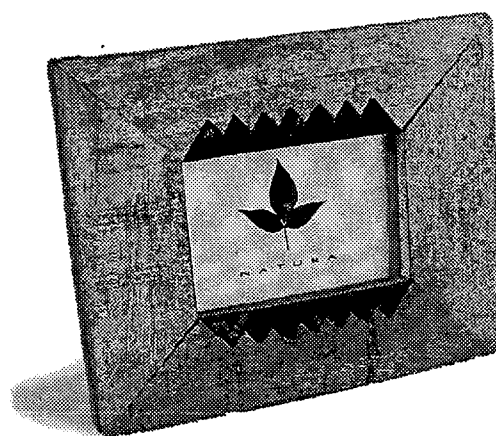
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"19th C. French Impressionism Period" and "20th C. Paris Before the Great War."

The Associates also sponsor an annual seminar for Art Volunteers in the Classroom. The topic this year is "Art as a Way of Thinking" and it will demonstrate activities to help all children develop an "intelligent eye."

Members Present Art is a very popular series. This year features Sue Smith on Portugal; Jeanette Muench on Beatrix Farrand, the first renowned American female landscape architect; Lanny Ori on the Greatest Works of Western Civilization According to Thomas Hoving; and Mary Thennes on Historic Architecture.

Assisting Sue Johnson on the current board are: Mary Wajda, program chairman; Anne Sebastyan, secretary; Mary Lou

Iverson, treasurer; Genny Ellefson and Pat Fein, membership; Virginia Tolk, publicity; Lynn Cushwa and Kathy Pescheret, education; Evelyn Richer, Members Present Art; Lenore Elsner and Jeanette Muench, Seminar Series; Bonnie Marturano, hospitality; Bonnie Murry, Barbara Tade, Sandra Gravelle and Alyce Anthony, bus excursion; and Susanne Wells, transportation. Board members reside in Barrington, Palatine, Hoffman Estates, Crystal Lake and Arlington Heights.

Membership is open to interested men and women. The \$60 annual dues to the Barrington Community Associates includes a family membership to the Art Institute of Chicago. For information on membership, please contact Pat Fein at 847-382-5953 or Sue Johnson at 847-381-4551.

Happenings!

in the area

Welcome Wagon September English Tea



Left to right are: Laura Pisani, Toni Cerone, Marie Carfagno and Loretta Glyman, preparing for the Welcome Wagon Annual September English Tea.

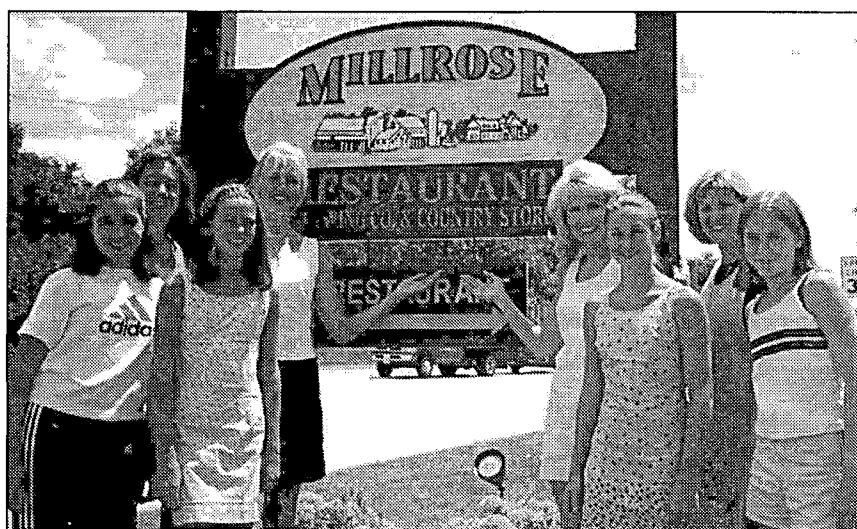
President Mary Therese Stephens invites all women in the area to Welcome Wagon's Annual English Tea on Tuesday, September 14 from 1 to 3 PM. It will be held at the Presbyterian Church of Barrington, which is located on Brinker Road just south of Lake Cook Road.

This event is the time when members sign up for all the upcoming activities beginning in the fall. Our members enjoy a wide range of various group activities such as luncheon groups, book group,

bridge, movies, antique outings, garden club, genealogy, mah jongg and golf during the summer. In addition, luncheons and coffees are held during the year which feature programs of interest to all.

It is hoped that all women in the Barrington area will plan to attend Welcome Wagon's "kick off" event. Mark your calendars for September 14, 1999 from 1 to 3 PM at the Presbyterian Church of Barrington. For information, contact Marie Carfagno at 381-6815.

Rock N' Roll Bar-B-Q to Benefit BYDE's Nutcracker



Pictured following a planning meeting at Millrose Restaurant are, back row from left, BYDE board members: Barbara Schwartz, Barrington; Event Chairwomen Shayne Bullen, Palatine and Bernadette Gifford, Barrington; and Auction Co-Chair Joanne Olaes, Inverness. Front row from left are BYDE members: Whitney Schwartz, Barrington; Shannon Bullen, Palatine; Kara Olaes, Inverness; and Stephanie Schwartz, Barrington.

The Barrington Youth Dance Ensemble (BYDE) will host a fun-filled family afternoon Rock N' Roll Bar-B-Q from 5:30 to 9:30 PM on Sunday, August 22 at Millrose Restaurant and Brewing Co. in South Barrington (at Barrington Road and Northwest Tollway). Silent and live auctions will be

held. Music and dancing will be by Johnny Star the Meteors. Prices are \$30 for adults, \$15 for children and \$25 for seniors. There will also be a cash bar. Please respond by August 15. Call 847-382-6333.

Chairwomen Bernadette Gifford of Barrington and Shayne Bullen of Palatine are

Garden Council Offers Repeat of Two Popular Classes



Harper College floral expert Joyce Grattoni teaches Council classes.

Area women who consider themselves beginners or novices at flower arranging have an opportunity this fall to learn what may have been the missing ingredients in their efforts. Two classes will be offered, both geared to women who—for years perhaps—may have cut garden flowers for indoor display but found themselves dissatisfied at times with the results. A woman can have considerable experience working with cut plant material but never be fully in charge of what can be achieved. Often, these women lack awareness of the conditioning techniques that extend the life of cut material or the knowledge of the design principles which govern the visual arts. Classes with a master teacher can fill this void and give the student a sense of control that permits real creativity.

The Educational Focus Committee of the Council of Barrington Garden Clubs has again recruited popular instructor Joyce Grattoni to plan and teach the multi-session classes. The two classes available this fall are both repeats of classes held ear-

lier this year and last. For beginners will be a Monday morning class from 9:30 to Noon, a 2-part series. For novices will be a Monday evening class from 7:30 to 10:00 PM, a 3-part series. Both classes will begin September 20 with weekly sessions following. Enrollment terminates when the 15-student quota is met for each class. Early registration is urged.

Classes are held at Holy Family Church, 2515 Palatine Road, Inverness. The fee—\$25 per session—comes to \$50 for the beginners class and \$75 for the novice class. Fees cover all materials: container, mechanics and fresh plant material. Students should bring clippers or a grafting knife.

To register, send checks payable to the Council of Barrington Garden Clubs to 1517 Lakeshore Drive South, Barrington, IL 60010. Please include address and phone number so you can be notified at once if the class is filled. Acknowledgment/reminder cards will be sent about two weeks before the first session to all students accepted.

Countryside Association's 3rd Annual "Voyage for the Future"

Countryside Association is hosting its 1999 fundraiser "Voyage for the Future III" aboard The Odyssey II Cruise Ship on Saturday, August 21. The chair for the event is Amy Luczkiw of Hawthorn Woods.

The two-hour shoreline cruise will depart at 10:30 AM from Navy Pier in Chicago. Besides a spectacular view of Chicago's Air & Water Show from the top deck, a sumptuous luncheon will be served. There will be an exciting silent auction with many celebrity items, sports memorabilia and great dining certificates

as well as many other surprises.

Ticket price will be \$110. Reservations are limited to the first 130 guests for this popular event. Deluxe motorcoach transportation to and from Navy Pier will be available from our Palatine Countryside Center location for an additional \$10 per person.

Mark your calendars now to have a fantastic fun- and sun-filled day and a great time on The Odyssey! For more information, call Karen Harter at Countryside at 847-438-8855.

grateful to their auction chairs Joanne Olaes of Inverness and Debbie LaMantia of Arlington Heights. Committee members include Mary Kamps and Elizabeth Gullum, North Barrington, and Diane

Steichen, Inverness. All proceeds from the Bar-B-Q will benefit the 6th Annual BYDE's full-length performances of *The Nutcracker* this December at Barrington High School.

"Circles of Love" at Dalzell & Co. Fine Jewelry

Considering the important purchase of an engagement ring, wedding band or anniversary band? Make your first visit to **Dalzell & Co. Fine & Antique Jewelry**—a direct diamond importer—for superior quality and competitive prices on styles from classic to extraordinary.

Dalzell & Co. features breathtaking creations by Oscar Heyman & Brothers, one of the most prestigious names in fine jewelry since 1912. The "Circles of Love" collection offers carefully matched round diamonds set within an elegant channel of gold or platinum... the distinctive look of alternating square diamonds and precious colored gemstones... and additional styles

that look stunning worn alone, stacked together or alongside an engagement ring.

Dalzell & Co. is a full-service jewelry store also offering Waterford® Crystal giftware and stemware including the popular Millennium Collection; watches by Maurice LaCroix, Swiss Army and Cyma; antique estate pieces; and custom jewelry design.

Dalzell & Co. Fine & Antique Jewelry is located at 23 North Williams Street in nearby Historic Downtown Crystal Lake. Business hours are Monday through Friday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; Saturday, 9:30 AM to 4:00 PM; and also by appointment. In Barrington, please call **847-382-3944**.

Chers Amis...

Our June "Wheels and Meal" was a great success... Thank You to the 28 cars that participated; we lucked out on the weather, didn't we?!

You may not know it, so here it is: Every 3 months, I change my wine selection entirely... 9 whites, 9 reds and all available by the glass. Summer being summer, I selected a number of "summer wines": Sylvaner, Pinot Gris, Vouvray, etc. And also you may want to try Beaujolais cold—very refreshing, yet tasty—or try a "Communard"—cold Beaujolais with creme de cassis (like a red kir) as an apéritif. Be it on our daily specials or on the wine list, there is always something new and interesting to discover at **D & J Bistro**... so venez et vous verrez!

Please take note: Sunday, October 10—



The "Provence Room"—
available for your private party.

"Travel to Alsace and Burgundy" Slide Presentation and Regional Dinner. (More details in September *Lifestyles*).

Jackie's salad recommendation: avocado and pink grapefruit with shaved red onions; dressing: olive oil, raspberry vinegar, salt and white pepper.

Help! My Skin is Dehydrated!

Summer is the time to think about your skin care program. We have several elements to overcome the damage from the summer sun, the air conditioning and the hot wind. These elements are very damaging to the epidermal layer of the skin. When this happens, you do not get any penetration from lotions. The dead cells must be sloughed off.

More attention is needed in your cleansing program. As you know, the most important thing you do to your face is clean it. It is so important to clean it properly and to use the right agent for your skin type.

The licensed estheticians at **Syd Simons** are fully trained to recognize exactly what your skin needs. Our most effective facial is the Enzyme Peel (for exfoliating). This facial gets rid of surface dehydration, thereby eliminating the sallow look that appears on the skin. It breaks down congestion, leaving the skin smooth as velvet.

Also, our Dr. Murad Rapid Exfoliating

Peels go deeper, work on fine lines and totally improve skin texture with an AHA (alpha hydroxy acid). It's very effective.

Syd Simons has 25 different types of treatments in our facial rooms. This summer we have been using our Collagen Fiber Mask with Sea Plant Gel underneath. Sea Plant nourishes the skin and repairs sun damage, and is great for dehydrated skin.

We have a new treatment this month. It's a pure Vitamin C Mask that strengthens the elasticity of the skin and makes pores very refined.

We have treatments for all skin types, which revitalize and improve skin texture. Our facials take about 1½ hours. Women tell us that it's 1½ hours of heaven.

Hope to see all of you for our once a year Skin Care and Make-Up Products Sale. Come stock up and save 20% on all of our exclusive lines!

Sincerely,
Cathy Ramstadt, Owner
Syd Simons Cosmetics

"Sail into Summer" Luncheon

A "Sail into Summer" luncheon, featuring "Hawaiian Cruise Tips" from the Cruise Center Travel Agency in Vernon Hills, will be held on August 12 at the Concorde Banquets on Rand Road north of Quentin Road in Kildeer from Noon to 2 PM. Musical entertainment will be provided and our speaker will be Mary Birch, an inter-

national tour director who will talk about how she turned her insecurities into success.

The cost is \$10 inclusive and baby-sitting is available at no charge. Please call 847-382-1202 to make reservations. Sponsored by the Northwest Suburban Christian Women's Club.

Circles of Love

Dalzell & Co. Fine & Antique Jewelry is a direct diamond importer specializing in engagement rings and wedding bands, from classic to extraordinary. We invite you to see our superb collection of fine jewelry, watches and Waterford Crystal.

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Our Annual**

**"20% OFF Skin Care
& Make-Up Products Sale"**

This is a once-a-year special offer

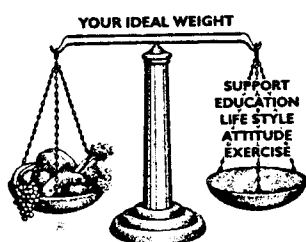
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Day Spa

"Where Makeup is
an art, skin care is a
science... and body care
is a necessity."

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Barrington 381-8727**

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Classes: Tues., Wed, Thurs.

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Overwhelmed by the rules of healthy eating? Bring this ad for a free class and discover how easy good nutrition can be.

Join Us and Uncover
A New, Healthier YOU!

815-477-2214

Achieve Balance at Healthy Balance

Eat less. Exercise more. We know it's the right way to lose weight, yet so many of us look for the "quick fix" or the "magic potion." We want results fast, easy and preferably while we sleep. Unfortunately, there are many weight loss plans that make the promise of quick loss only to leave you gaining or not feeling well.

At **Healthy Balance Weight Management Program**, Susan Woolley, RN will help you make the principles of a healthy lifestyle easy through weekly educational and motivational classes. A nutritionally balanced food plan will help you lose weight and achieve improved health. There are no special foods, drugs or supplements of any kind.

Group classes and private consultations



Instructor Susan Woolley, R.N.

are available by appointment.

For more information or to schedule an appointment, call Susan Woolley at 815-477-2214 or visit the website <http://angelfire.com/biz2/HealthyBalance>.

Do You Have An Interest In Antique Cars?

If So...

MARK YOUR CALENDAR!

Antique Car Show & Ice Cream Social

in Celebration of

Good Shepherd Hospital's 20th Anniversary

August 14, 1999 – 10 AM to 4 PM

Good Shepherd Hospital

450 W. Highway 22 in Barrington

FEATURING 1979 PASSENGER CARS
(The Year Good Shepherd Hospital Opened)

For More Information Call the Barrington Historical
Society Events Hotline at 847-381-6855

\$5 Admission Fee on Day of Event for Persons
Over 12 Years of Age • 12 Years and Under are Free

Proceeds benefit the Barrington Historical Society & Wellness Place



Persons with special needs should call the Special
Events Hotline two weeks in advance of the event.

Art in the Barn Jurists Complete Their Work—Others Also Join 25th Anniversary Celebration

Some 160 artists selected from over 300 applications were recently juried in to the Auxiliary of Good Shepherd Hospital's Annual Art in the Barn Fine Arts Festival, set for September 25 and 26 on the grounds of Good Shepherd Hospital on Route 22 north of Barrington. Those accepting the jurists' nod will also be joined in this 25th anniversary year by specially invited artists from previous years, several of them from the very first Art in the Barn fundraiser for the auxiliary.

This year's jurists include Steven Jones of Lake Forest, Alan Leder of the Illinois Arts Council and Bruce Linnemann, owner of Linnemann Gallery in Barrington.

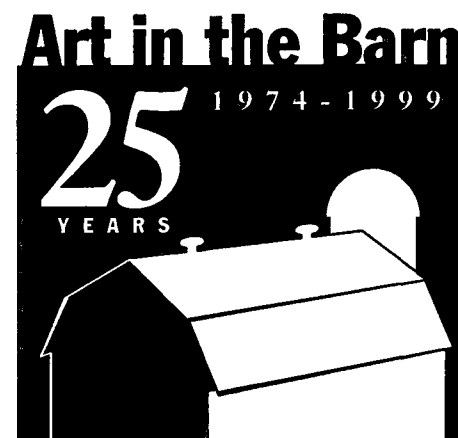
Jones, now associated with College of Lake County, studied art in the 1970s at the Atelier Neo-Medici outside Paris where he was influenced by the 15th century Flemish technique of combining tempera and oil painting, as well as by 17th century Dutch still-life painters.

Leder, director of visual arts programs for the Illinois Arts Council since 1987, is also director of the agency's multi-arts and media arts programs. Prior to his IAC tenure, he coordinated Chicago's Percent for Art program at the Department of Cultural Affairs. He is a practicing artist and member of the arts management faculty at Columbia College.

Linnemann, a pharmacist by training, fully immersed himself in art day-in and day-out in 1996 when he opened Linnemann Gallery in The Foundry at Hart Road and Northwest Highway in Barrington. "I collected art in college when I couldn't even afford tuition," he laughs. Today in his business of featuring artists from around the world, he searches and travels far and wide for art which will appeal to discriminating collectors.

Student Artwork Sought for Ela Festival of Arts

The 4th Annual Student Art exhibit will take place on September 11 at the Ela Festival of Arts. This exhibit will be open to Jr. High and High School students and all media will be accepted. Cash awards will be given at both levels. The artwork will



Good Shepherd Hospital Advocate

Art in the Barn show and sale features works from oil and acrylic paintings, etchings, serigraphs, photography and watercolors to jewelry, sculpture, metal work, pottery, handmade paper, batik, stained and blown glass, ceramics, woodworking, hand-woven fabrics, leather, baskets and limited edition prints. Fine arts and crafts are displayed in a rustic farm setting in the barn and outer buildings on the east end of the Good Shepherd campus. The event has become a favorite family outing complete with musical entertainment, children's art activities, food and refreshment.

Mark all calendars now for the last weekend in September, both days from 10 AM to 5 PM. All proceeds go to help the Auxiliary honor its \$1 million leadership commitment to Good Shepherd Hospital's Outpatient Expansion Project.

For further information about Art in the Barn, please call the Auxiliary office at 847-381-9200, ext. 5104.

be displayed at the Festival and judged by professional artists. Entry forms and artwork are due by August 30.

Complete details are available at Ela Library, Cambridge Bank or call Sue at 847-438-5028.

How to Choose an MRI Provider

When a patient needs to have an MRI (magnetic resonance imaging), a physician refers him or her for the test. Patients have the ability to choose the facility, but may not know where to start.

According to Lucia Matlock, imaging services specialist for the Northwest Imaging Network, comfort, convenience and the ability to get answers fast are the biggest factors for patients. "Images and reports should be returned to the patient's doctor within 24 to 48 hours," Matlock stated, "When you or someone you love needs a medical test, you need to have the confidence you will get quality service and answers, fast. To make things less taxing on a patient, one technologist should follow the patient through the entire imaging process." Matlock pointed out other key factors to look for, such as insurance pre-certification. "The center

should act as an intermediary with the insurance company, this way there are no surprises on the final bill," said Matlock.

Another very important area to consider in choosing a facility is certification of the technologists performing the MRI. Northwest Imaging Network technologists are certified and are required to keep up with the latest in MR imaging technology to keep their certification.

The Northwest Imaging Network, operates the **Advanced Imaging Center** in Crystal Lake, **Suburban Diagnostic Center** in Elk Grove Village, and **High Tech Open MRI** in Palatine featuring open MRI technology. The network gives a patient many convenient locations to choose from, evening and weekend hours, and the staff has the ability to refer patients to the network facility that best meets their needs.

Anger Management Workshop

Good Shepherd Hospital's Behavioral Health Department is sponsoring an Anger Management Workshop where participants can learn how to control the intensity of their anger and the destructive behavior that follows. The workshop will meet for six weeks on Tuesday evenings from 7:00 to 8:30 PM. Classes begin on August 24 and continue through September 28.

The workshop is led by a Behavioral

Health Therapist who will also deal with aspects of stress management and relaxation therapy. Participants will learn to identify thought processes that contribute to their anger and relaxation techniques to help reduce the harmful physical effects on their body.

To register for the class or to obtain more information or fees, call HealthAdvisor at 1-800-323-8622.

Define Your Body with Tumescant Liposuction—Great Results the Safest Way

There are two things you should expect when you undergo a cosmetic surgical procedure—a great result and maximum safety. Body contouring with tumescant liposuction using only local anesthetic achieves both of these objectives.

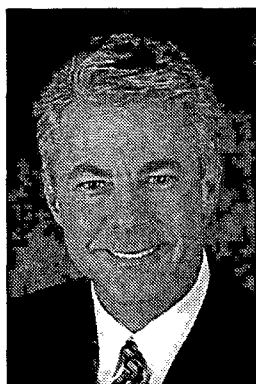
Tumescant liposuction is performed entirely with local anesthetic. You are completely awake yet *feel no pain*.

A special solution of local anesthetic is slowly and painlessly placed into the areas to be treated resulting in complete numbness. No narcotics, intravenous drugs or gasses are used. There is no safer or more pain-free way to undergo liposuction than with the tumescant technique performed entirely by local anesthesia.

Other advantages to tumescant anesthesia for liposuction include:

- No need for pain medication after the procedure
- More precise contouring using smaller instruments
- Smaller incisions with no stitches and less scarring
- Minimal blood loss and decreased bruising
- Dressings worn for only two days
- Faster recovery with return to work in three days

If you are dissatisfied with the appearance of your abdomen, saddlebag area, hips, thighs, buttocks, neck or arms, tumescant liposuction can provide a more appealing contour that cannot be achieved through diet or exercise. Liposuction using the tumescant anesthetic technique may take only two to three hours and is routinely performed as an outpatient procedure in the privacy of our office surgical



David P. Van Dam, MD

suites.

Don't forget that we also now offer the new Derma-Peel for the treatment of fine wrinkles and irregular pigmentation, acne and minor acne scarring. Derma-Peel even makes normal skin look better. This gentle physical exfoliating treatment requires no "recovery" and you can expect to return to work, school or social activities immediately with smoother, softer skin. Optimal results are obtained with a series of treatments, and now five treatments may be received with the fifth treatment free.

Call **Dermatology Physicians & Surgeons, Ltd.** at 847-382-5111 or 815-455-4434 to schedule a free consultation with Dr. David P. Van Dam in Crystal Lake or Barrington to learn how body contouring by tumescant liposuction can benefit you. We think you will be pleased to discover how affordable it can be to change your life by changing the way you perceive yourself.

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If discipline, perseverance, and self-denial have failed to create the body image you desire, consider the remarkable results possible with the safest and most comfortable method of body contouring —

TUMESCENT LIPOSUCTION.

With this outpatient procedure, performed totally by local anesthesia, we've helped women and men achieve *permanent* definition to body regions that defy the most determined diet and exercise regimens. Technical expertise and artistic skill allow us to use tumescant liposuction to its best advantage for you.

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Get personal with our 20 certified trainers and maximize your fitness efforts. Whether in-studio or in-home, our individualized programs concentrate on the needs of your entire body, resulting in more efficient, more educated and more effective training.

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COMMIT TO GET FIT

About a Weak Back...

...Get the pun? You haven't tried every option in treating a back injury until you've tried the following—corrective exercise and soft tissue therapy. This combination of therapies and treatments has worked wonders for hundreds of people in the Barrington and Palatine area, thanks, in part, to **Personalized Fitness**.

Allow me to introduce myself. I'm Tony Bruno and I am the operations manager at **Personalized Fitness**. My job includes physical assessment of new clients and continuing education of our staff of 22 trainers. In the last year and a half, I have helped **Personalized Fitness** realize tremendous growth. We have two studio locations and our in-home clientele has more than doubled. One of the reasons for this growth is the development of strong relationships with a wide array of physicians,

physical therapists, surgeons, podiatrists, chiropractors as well as golf and tennis professionals. This network allows us to refer our clients to an expert if and when we don't have the answers. It also allows us to bring in new clients based on the trust and respect of these health care providers and sport professionals.

I work hard to find knowledgeable and empathetic trainers and doctors to provide our clients with the best services available. If you have a "back problem," we can help; if we can't, we know someone who can.

Thank you all for your support of our Spin Float in the July 4th Parade. If you have any questions regarding our fitness training or professional referrals, or if you want a reference from one of our 350 clients, please call **Personalized Fitness** in Barrington at 847-277-7746.

Senior Activity and Lunch Program

Join us at Langendorf Park for the following activities in August.

- Monday, August 9—The Lake County Health Department will give free blood pressure screenings at 10:30 AM. Susan Stewart, LCSW and Coordinator of Family Services of the Barrington Area will discuss "You've Got To Have Friends" at 12:30 PM.

- Monday, August 16—The Annual Summer Senior Celebration will be catered by Lydia's Kitchen. Come enjoy an old-fashioned picnic of fried chicken with all the trimmings for only \$5 per person. Entertainment by "Sweet Adelines Chain

O'Lakes Chorus." To conclude our special day, the Junior Miss Contest Talent Winners of Barrington will perform. Indoor picnic from 10:30 AM to 2:30 PM. Must register by August 11 at 381-5030.

- Monday, August 23—Come join us for an Ice Cream Social sponsored by Advocate/Good Shepherd Hospital. Speaker Dr. Michael Lim will kickoff Health and Wellness Assessments at 12:30 PM.

The Barrington Area Council on Aging, Inc. (BACOA) is a private, not-for-profit organization. Its mission is to promote the independence, dignity and well-being of older adults in the Barrington area.

MIDWEST SPORTS MEDICINE & ORTHOPAEDIC SURGICAL SPECIALISTS LTD.



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A Flatter Stomach, Less Cellulite and a More Toned Body...

That's what we achieve at the **Barrington Bodywrap!**

Our wrap is a safe, effective, non-invasive solution to losing inches and contouring your body.

We guarantee a 6 to 20 inch loss with the first wrap. Men and women have success with our wrap. Subsequent wraps continue to achieve inch loss. We will work with you to obtain your personal goal, whether it's just to detoxify or to contour, tone and reshape your body.

The bodywrap involves being measured, then being wrapped in mineral soaked ace bandages. You engage in mild movement while you are wrapped. And when you are unwrapped, you will be remeasured so you can see the results. You will feel refreshed and lose inches.

Barrington Bodywrap is located at 557 N. Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy Lube. Call **847-277-0742**.

The European Art of Nail Care

Are you looking for a way to relieve stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. **Nails Design**, located at 557 N. Hough Street in Barrington, has been in business four years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

Complete nail services, featuring hand-

filed acrylic, gel and sculptured nails, are available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **847-304-9205** for an appointment and additional information.

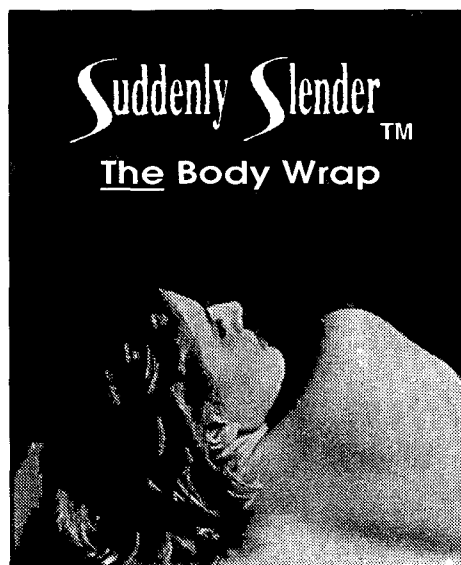
Citizens for Conservation Preserve Tours

On Friday, August 6 at 9 AM, the tour will be at Grigsby Prairie. Prairie plants are in full bloom: Butterfly Weed, Coneflowers, Rattlesnake Master and Desmodium. Meet in the parking lot on Oak Knoll Road east of Buckley Road in Barrington Hills.

On Saturday, August 28 at 11 AM, the tour will be at Wagner Fen. While Jewel-

weed and Joe-Pye Weed tower over your head, tiny Grass-of-Parnassus and Ladies' Tresses will bloom at your feet. Park on the east side of River Road south of Cayuga Trail in Lake Barrington. Look for other cars.

Please RSVP to the CFC at 382-SAVE (7283) at least one week before the tour.



Lose 6-20 Inches Fast!

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Make your appointment today!



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Sculptured
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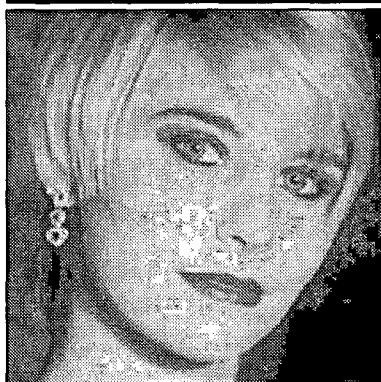


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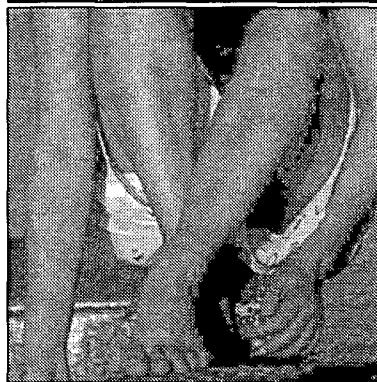
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My specialty is helping people through difficult times...

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| <input checked="" type="checkbox"/> assessing the problem | <input checked="" type="checkbox"/> collaborating on solutions |
| <input checked="" type="checkbox"/> lending clarity to the problem | <input checked="" type="checkbox"/> establishing goals |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
| <input checked="" type="checkbox"/> offering support & objectivity | <input checked="" type="checkbox"/> consulting with schools or others |

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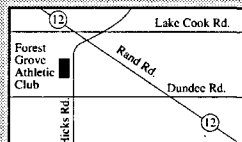
Forest Grove Athletic Club is the most complete and convenient health club in the Northwest Suburbs. We are confident about our club and courteous professional service, we will give you two weeks free and prove it to you. There is no pressure and no hype!

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The holidays are over and its cold outside! You owe it to yourself to experience the best health club around. Our certified team of fitness and tennis professionals are ready to guide you and make you feel at home. Our convenient schedule of activities can fit the busiest lifestyles of families and singles.

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Join by August 31, 1999 and receive
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Call Today **847-991-4646**

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Bring this coupon in before August 31, 1999 and receive two weeks compliments of Forest Grove. This will include a personal and private health evaluation by an exercise physiologist and three supervised workouts with a fitness trainer.

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This pass is for a first time guest only, residing within 10 miles of the club.
Guest must be at least 22 years old.
Just stop by or call today for more information. 847-991-4646

Complete all four appointments and lunch is on us!

Feeling Overwhelmed

by Judy Kaplan, MS

Does your life overwhelm you? Does your schedule and responsibility load feel like you are on an endless treadmill? Have you ever considered what you might be doing to contribute to that situation?

So many of us have the feeling that our lives are out of control and we are unable to alter that. But, I suggest that we do have the power to make changes in our schedules and our "styles" of living. Our expectations for ourselves, our children and others in our lives are often rigid or even unrealistic. Initially, most people discount this thought—"There is nothing I can adjust."—without really "mindfully" considering what may or may not be realistic or rigid. Either we have been programmed from childhood that "this is what must be done" or we are perfection-

ists or we become anxious that not doing these things will somehow produce disastrous results. Even worse, we might feel that not doing some of these things might give us some "undeserved" free time.

One step toward living a more healthful and balanced life is to really look at what we are doing and consciously make a decision as to whether or not it is a good, necessary and healthful thing to be doing. This requires prioritizing what is truly important and what isn't. It means being selective about how we spend our time. It means being able to say "no" to certain things. It means showing our children that we can't do everything and choices must be made.

Another very important part of the
(Please continue on page 42)

Forest Grove Athletic Club

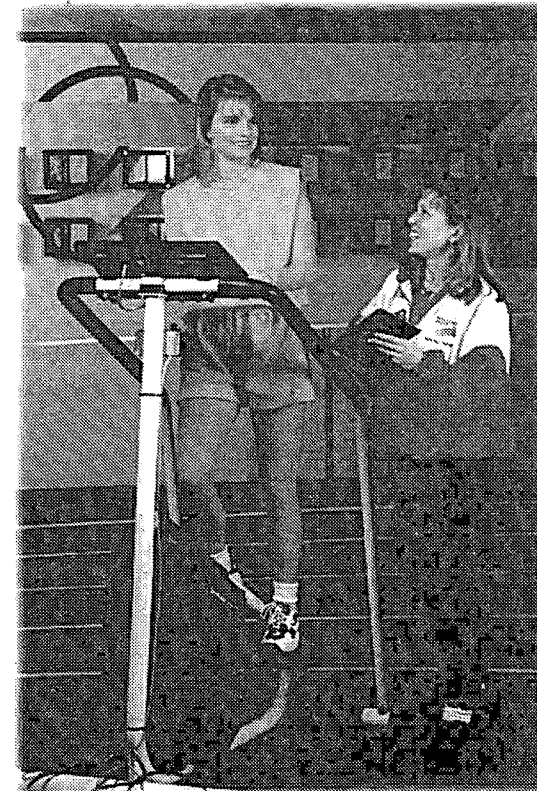
Owned and operated by TCA, a recognized leader in the fitness and recreation industry for 28 years, **Forest Grove Athletic Club** offers its members not only a state-of-the-art fitness facility, but the personal touches and comfortable surroundings that set it apart from the crowd.

Just step into our beautiful lobby, with its soaring ceiling and contemporary furnishings, and you can tell this place is different. We are a serious health facility with a fun atmosphere.

Trial memberships are available—some restrictions apply. And, the club offers a 30-day, unconditional, money-back guarantee.

If you are not completely happy with the club during your first month of membership, we will refund your initiation fee and every dollar you have paid for monthly dues—no hassles, no pressure, no questions asked. Why would we make an offer this bold? Because we believe that **Forest Grove** is everything you could want in a full-service athletic club.

We at **Forest Grove Athletic Club** are committed to producing happiness for people by providing the finest in athletic club services, facilities and our professionals to serve your needs.



Fitness...

- Four lines of weight equipment—Nautilus, Cybex, BodyMaster, Life Circuit
- Over 100 pieces of cardiovascular equipment
- Banked and cushioned indoor track
- Two full-court basketball courts
- 3,200 sq. ft. free weights area
- Aerobics studio with more than 72 classes each week
- Personal training
- The one-of-a-kind *Life Fitness Personal Performance Center*

Aquatics...

- 75 foot outdoor swimming pool with snack bar, grill, and separate adult and children areas
- 60 foot indoor lap swimming pool
- Aqua fitness classes
- Water arthritis classes
- Group and private swimming lessons

Racquet Sports...

- Seven outdoor tennis courts (four lighted for nighttime play)
- Six indoor tennis courts
- Two regulation-size racquetball/squash courts
- Special leagues, lessons and programs

Children's Activities...

- 5,000 sq. ft. Kids' Club supervised room/nursery
- Classes and lessons tailor-made for kids

Amenities...

- Sauna, steam rooms, whirlpool
- Massage therapy
- The Courtside Cafe, a deli-style restaurant
- Complete pro shop
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- HealthSouth Physical Therapy Center

Strengthen/Condition at Home Series— III: Upper Back and Chest

You can create better posture, loosen tight muscles and relieve upper back stress. Strengthening the upper back properly promotes improved posture. The chest muscles tend to be tight, causing the shoulders to round forward and excessively stretching the upper back musculature. You can prevent this imbalance from occurring by strengthening the muscles of the upper back and stretching the chest muscles. As the ill-effects of stress tend to settle into the upper back, it is important to make the following stretches part of each day.

The Upper Back

The muscles of the upper back are the trapezius, rhomboids and the levator scapulae. The trapezius inserts at clavicle and scapula and its job is to elevate the clavicle (shrugging your shoulders) and moving the scapula in many directions. The rhomboideus major and minor adduct the scapula and slightly rotate it downwards. The levator scapulae's name says it all—this muscle raises the scapula. (The scapula are commonly referred to as the shoulder blades.)

To strengthen: Seated Row (shown with elastic resistance)—Sit with knees slightly bent and your back straight. Begin the exercise by raising your arms several inches above the legs, squeeze the shoulder blades together and contract your abdominals, (see Photo A). This is your "set" position. Maintain this form throughout performing the exercise. Exhale as you pull your hands back towards your body at chest level, (see Photo B). Press your chest forward as you lead back with your elbows. Hold briefly and inhale as you return to the start. Perform up to three sets of 10 to 12 repetitions.

Tip—Keep the neck in neutral position and the shoulders relaxed.

Everyday tension relieving stretch—Stand or sit on a chair with feet flat on the floor. Slowly drop your head to the side so your ear moves toward your shoulder. To increase the stretch, gently place the weight of your hand (on the ear to shoulder side) on the top of the head. Repeat on the other side.

The Chest

The chest muscles are the pectoralis major and minor. While the pectoralis minor depresses and moves the scapula, the pectoralis major moves the arms.

To strengthen: Push-ups—The simplest of all chest exercises is the gold old push-up. Push-ups can be done in several positions: standing, modified (on the knees) and full (on the toes). What is consistent among the correct performance of these

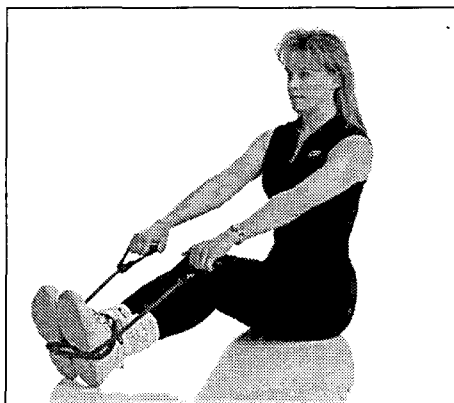


Photo A

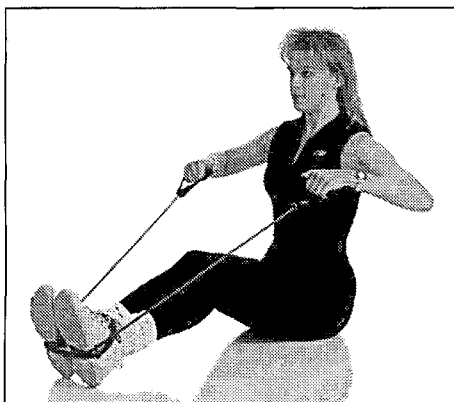


Photo B

exercises is that the back maintains its natural position. The neck stays neutral; the chin is neither tucked toward the chest nor raised up.

The abdominals are held in tight to protect the spine, (see Photo C).

While it is important to maintain muscular balance by doing some chest strengthening exercises along with upper back strengthening, it is crucial to good posture to stretch the chest.

To Stretch—Grasp a towel behind your back (palms facing back) at waist level. Next, lift your arms up and away from the body until you feel a comfortable stretch in the chest and shoulders. To increase the stretch, bring your hands closer together on the towel. Press your chest forward and keep your neck in neutral position. Hold for 15 to 30 seconds.

This concludes our Strengthen/Condition at Home Series. Combined with the June and July issues of *Lifestyles*, this completes a great starter exercise program for the primary muscles. Always consult your doctor before beginning this or any exercise program.

Special Program— The Next Best Thing to Boot Camp!

Back by popular demand, we will be kicking off our 8-week Intensive Training Program on September 13. These exclusive early-morning outdoor training sessions are held by our personal trainers 5 days a week for 8 weeks, rain or shine! Space is limited! Please register by August 31.

For more information, please call **Body Constructors Inc.** at 847-277-0707 or e-mail us at bodyconstructors@prodigy.com.

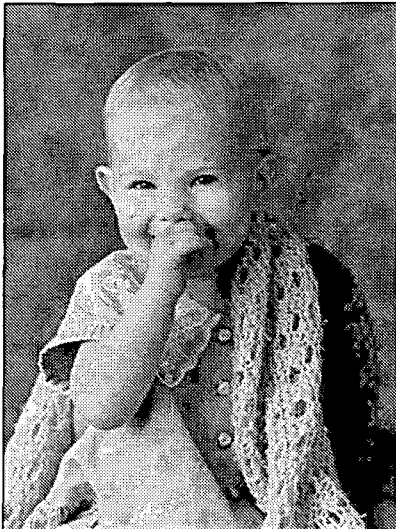



Photo C

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Conversation About Cosmetic Surgery Comes Out of the Closet

*An Interview with Dr. Philip Bushnick,
Board-Certified Plastic Surgeon,
Suburban Plastic Surgery Associates*

"Boy, she looks great for her age! I can't believe her face and body look so youthful! Is she just slow to show her age or did she have cosmetic surgery?"

"Used to be that only her plastic surgeon knew the answers to these questions, but not anymore," says Dr. Philip Bushnick as he comments on the dramatic increase in the number of people seeking cosmetic surgery solutions.

"In my 18 years as a plastic surgeon, it's not the patients who have changed—it's the public. Public acceptance of cosmetic surgery has moved what used to be a secret conversation out of the closet." According to Dr. Bushnick, there are several factors that made this happen:

- The media has demystified cosmetic surgery.
- Hollywood has shown us firsthand that you don't have to look your age if you don't want to.
- Improvements in medical technology have lowered risks, shortened recovery times and improved results.
- Overall, the high demand and increased affordability of procedures have made it an attractive option for both Joe and Josephine Average—men and women of average income, in average jobs, living in average homes.
- The average person wants what they previously thought was only reserved for the wealthy or elite.

"Today, personal cosmetic surgery success stories have become part of casual conversation. Patients no longer hide the fact that they've had surgical enhancements. No longer are they concerned about what others will think if they've had a procedure. People are wanting and willing to share their success stories with friends, family, colleagues and peers. They're anxious to respond to questions about what they've done to look so great."

According to Dr. Bushnick, this behavior change has been fairly consistent across the board; this applies to patients who have had breast augmentations, lifts, reductions, liposuction and body contouring, and facial surgery that may include lids, brows, facelifts, reconstructed noses and reshaped lips.

What motivates a person to consider surgical improvements is a question Dr. Bushnick is often asked. "People age differently. They all have a different starting point and wear their years differently. For some, the first signs of aging show up as wrinkles on the neck or as laugh lines. For others, it's the loose, puffy skin around the eyes."

"While some people feel their aging signs show character, others are upset by them. The inconsistency between the internal and external image can create a great deal of personal dissatisfaction. This is the primary motivator for 30- and 40-year-old patients seeking cosmetic surgery improvements. This has also fueled the dramatic rise of cosmetic surgery procedures with the

aging senior population. People are living much longer than they used to. Today's senior citizens are active people on the go; they want a body and face that are consistent with how they see themselves."

"Patients of all ages are driven to seek changes for different reasons. Most patients come to see me because some part of their appearance really bothers them. For them, looking in the mirror becomes a source of agitation and anxiety. It can either be something they were born with or something that's changed over time. It gets in the way of who they are. Bottom line is that they're just not happy about it and eventually decide they're ready to change it."

Dr. Bushnick cautions patients to consider cosmetic procedures for the right reasons. "Plastic surgery should never be done to impress someone else. It is a process that must be based on one's personal interest in improving appearance and self-image." When asked what one should look for when evaluating a physician to provide cosmetic surgery solutions, Dr. Bushnick offered the following checklist:

Are You and the Doctor on the Same Page?

Can you openly and honestly communicate with the doctor? Is there chemistry between you? Does the doctor listen and understand what's important to you? Are your questions responded to directly? Does the doctor have a good understanding of what bothers you and what you want to change? Were you afforded the time and attention you needed to make your evaluation of the doctor and the practice?

Are You Clear About Reasonable Expectations and Results Associated with Procedures and Recovery Times?

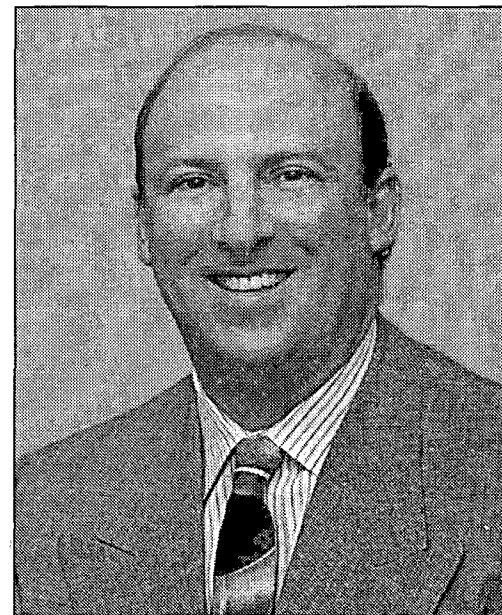
What to expect and what not to expect should be key parts of a quality interaction between a patient and the doctor. Included in this dialogue should also be conversation about recovery time, which for most procedures is 1 to 2 weeks, as well as expectations and physical limitations during recovery.

Do You Understand the Credentials and Training of the Physician You are Engaging to Perform Surgery?

Board certification in plastic surgery demonstrates the most significant time, education and training commitment that can be undertaken by a physician performing plastic surgery. It is the medical industry's well-recognized seal of approval. This level of training well-qualifies a physician to discuss realistic goals and expectations for surgical procedures. It is an important factor to be weighed in the equation.

Did You Include Your Family Doctor as Part of the Medical Team?

Too many people bypass this valuable resource. The family physician can provide important information re-



Dr. Philip Bushnick

Dr. Bushnick is a board-certified plastic and reconstructive surgeon whose training includes a residency in general and plastic surgery at the University of Illinois Hospital in Chicago. He graduated from the Abraham Lincoln School of Medicine at the University of Illinois at Chicago and has served his Alma Mater as a clinical assistant professor of plastic surgery. His undergraduate degree was earned with honors from the University of Illinois in Champaign where he also received a Masters in Science. Dr. Bushnick is a fellow of the American College of Surgeons and a Diplomat of both the National Board of Medical Examiners and the American Board of Plastic Surgery. He is the past president of the Medical Staff at Advocate's Good Shepherd Hospital and is recognized by the medical community as both a researcher and lecturer. Dr. Bushnick lives in Kildeer with his wife Kathy, his daughters Melissa and Sabrina and the family's chocolate Labrador retriever, Leya.

garding your overall health status and suitability as a plastic surgery candidate. Working together, the plastic surgeon and family doctor can jointly determine how to attain optimal results as safely as possible.

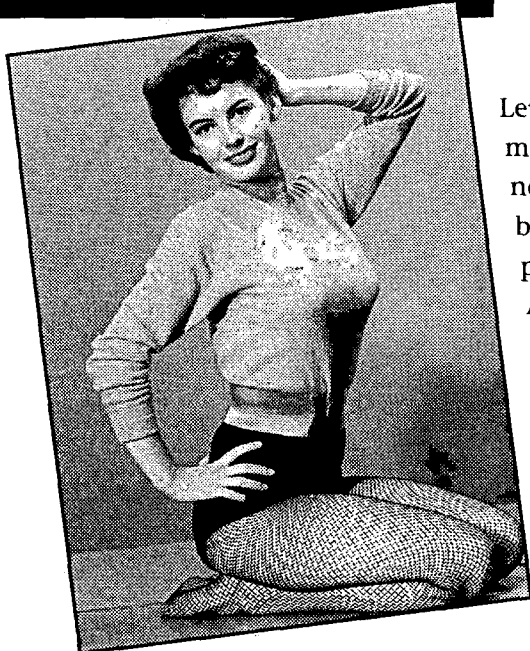
For more information or to schedule a complimentary cosmetic consultation with Dr. Bushnick or one of his associates, call **Suburban Plastic Surgery Associates** toll free at **1 (887) TURN-HEADS (887-6432)**.

Suburban Plastic Surgery Associates has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village and Downers Grove.

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PLASTIC
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- Laser Treatments
- Breast Augmentation and Lift
- Breast Reduction

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

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Michael P. Kennedy, M.D.

Barry Rosen, M.D.

We are pleased to announce
a new associate to our practice

Gia M. Compagnoni, M.D.

Dr. Compagnoni will be accepting
new patients at the following locations:

1575 N. Barrington Rd., Suite 425
Hoffman Estates, IL 60194

450 W. Highway 22, Suite 28
Barrington, IL 60010

2575 Algonquin Rd.,
Algonquin, IL 60102

For appointments please call:
847/884-6086

Women's Jewelry Association Presents Award to Local Merchant

Jennifer Dalzell, co-owner of Dalzell & Co. Fine & Antique Jewelry in historic Downtown Crystal Lake, is the recipient of the "Rising Star" award presented by the Midwest Chapter of the Women's Jewelry Association (WJA).

The Rising Star award, which recognizes a WJA member for the impact she has made through her career progress and attitude, was presented to Ms. Dalzell on May 10, 1999 at the Jewelry Association's annual meeting and membership celebration in Chicago.

Ms. Dalzell is a 1988 graduate of Barrington High School and the daughter of David and Laurie Johnson of Barrington. She is also a graduate of Purdue University and has earned the degrees of Graduate Gemologist and Graduate Jeweler from the renowned Gemological Institute of America (GIA). Ms. Dalzell and her husband, Steven, opened Dalzell & Co. Fine & Antique Jewelry in September, 1998.

ber, 1998.

Located at 23 N. Williams St. in historic Downtown Crystal Lake, Dalzell & Co. is a direct diamond importer specializing in engagement and wedding rings as well as fine and antique precious jewelry, 18K gold, sterling silver and fine watches. The store also offers the largest selection of Waterford® Crystal stemware, giftware and collectibles in McHenry County. Business hours are 9:30 AM to 5:30 PM on Monday, Tuesday, Wednesday and Friday; 9:30 AM to 8:00 PM on Thursday; and 9:30 AM to 4:00 PM on Saturday. For more information, please call Dalzell & Co. at 815-455-3600 or 847-382-3944.

The Midwest Chapter of the Women's Jewelry Association is one of five WJA chapters throughout the country and has over 120 members. The chapter provides educational opportunities through topical programs as well as mentoring and extensive peer support.

Heartsaver Course

The Community Relations Department of Good Shepherd Hospital sponsors a monthly Heartsaver Basic Life Support Class for the general public. The 4-hour course is set for Thursday, August 5 from 6 to 10 PM in the Lakeview room at the hospital. It will focus on adult skills including basic cardiopulmonary resuscitation (CPR), rescue breathing and conscious

and unconscious choking signs.

Participants will learn about heart-healthy living and risk factors for heart disease and the signs and symptoms of a heart attack. Infant and child life support skills will also be demonstrated. There is a \$30 fee. For more information and future class dates or to register, call Health-Advisor at 1-800-323-8622.

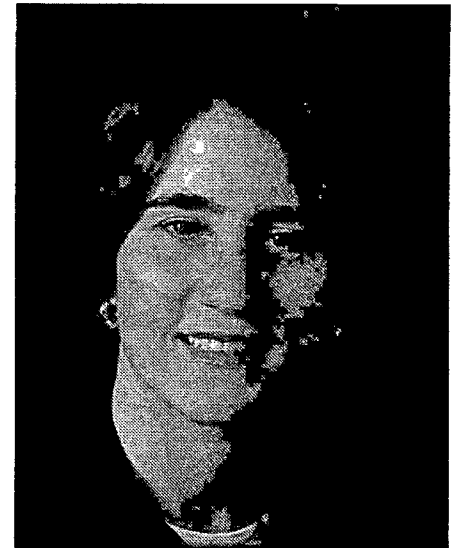
Announcing a New Addition to Surgical Specialists, Ltd.

About Dr. Compagnoni

After completing a BA in Theology and Pre-Professional studies at the University of Notre Dame in South Bend, IN, Dr. Gia Compagnoni went on to obtain her Medical Degree at Northwestern Medical School in Chicago. She has recently completed a residency in General Surgery at the McGraw Medical Center of Northwestern University Medical School. Dr. Compagnoni was born and raised in the south suburbs of Chicago and currently resides with her husband in Deer Park. Please join us in welcoming her to **Surgical Specialists, Ltd.**

About Our Practice

Surgical Specialists, Ltd. has been serving the surgical needs of the Northwest Suburbs since 1976. These Board-Certified Surgeons are committed to providing the highest quality in General, Laparoscopic and Oncologic Surgery as well as routine breast exams. Our medical staff consists of James R. Pawlikowski, MD; Michael P. Kennedy, MD; Barry Rosen, MD; and now our new associate, Gia M. Compagnoni,



Dr. Gia Compagnoni

MD. The physicians of **Surgical Specialists, Ltd.** are on the medical staff at Good Shepherd Hospital. Phone **847-884-6086** for appointments.

Barrington Chapter of the Infant Welfare Society Celebrates 60 Years as a Chapter



Barrington Infant Welfare Society's Past Presidents (l to r): Ruth Kern, 1987-1989; Maggie Powell, 1989-1991; Penelope Knopik, 1999-2001 (present); and Iolanda Goodfellow, 1997-1999.

A 60th celebration was the theme for the closing May meeting and luncheon, held at Mary Louise Blaney's Barrington Hills home. Outgoing President Iolanda Goodfellow thanked the 26 members for their hard work and dedication to this worthwhile organization. Penelope Knopik was initiated as President for the 1999-2001 term and former Presidents Ruth Kern and Maggie Powell attended.

In 1939, Barrington established a chapter of the Infant Welfare Society of Chicago. The clinic, located on North Halsted, provided food, clothing and medical care for the city's working poor. The Chapter held monthly meetings to gather baby items for the families. In 1953, the chapter sewed over 853 baby items.

The chapter has since evolved as a fundraising group, holding "black tie" galas, wine tasting benefits and the annual "Springtime on Parade" fashion show and luncheon. Thousands of dollars have been raised by the Barrington Chapter in the many years it has been a group. These funds help sustain the clinic, which still provides medical, dental and gynecological services to the working poor.

Barrington is one of 27 chapters serving the clinic. President Iolanda Goodfellow was recently given a certificate recognizing Barrington's 60 years of service from the Infant Welfare Society Auxiliary. "We hope to continue serving the working poor of Chicago for many more years to come," stated Mrs. Goodfellow.

Facial Plastic Surgery, Looking Your Best

by Gary S. Churchill, MD

The Center for Facial Plastic Surgery is a unique, private surgical facility unlike any other in the Chicago area. It offers three fully equipped operating rooms, full anesthesia services, recovery rooms and a private family waiting area, as well as an overnight room staffed by a private registered nurse for those who prefer to spend the night following surgery.

Your privacy and comfort are of utmost importance. When you come to **The Center for Facial Plastic Surgery**, you can have confidence in knowing you are having surgery in a discrete outpatient setting that has attained an unsurpassed level of excellence.

The state-of-the-art center is the private office and surgical facility of Gary S. Churchill, MD, FACS. Dr. Churchill specializes exclusively in facial plastic surgery and is board certified by The American Board of Facial Plastic Surgery. Dr. Churchill performs face, eye and brow lifts to remove sagging skin and to smooth out lines and rid yourself of the bags and pouches that form around the mouth and chin areas; nasal reshaping to make noses smaller, narrower or even larger for reconstruction after cancer or injury; chin reshaping to define the jawline and create symmetry of the face; ear surgery to correct protruding ears and reshape the ear; laser surgery to eliminate fine lines of the face; and Collagen and Botox injections are available as well as a myriad of other procedures. Dr. Churchill also has

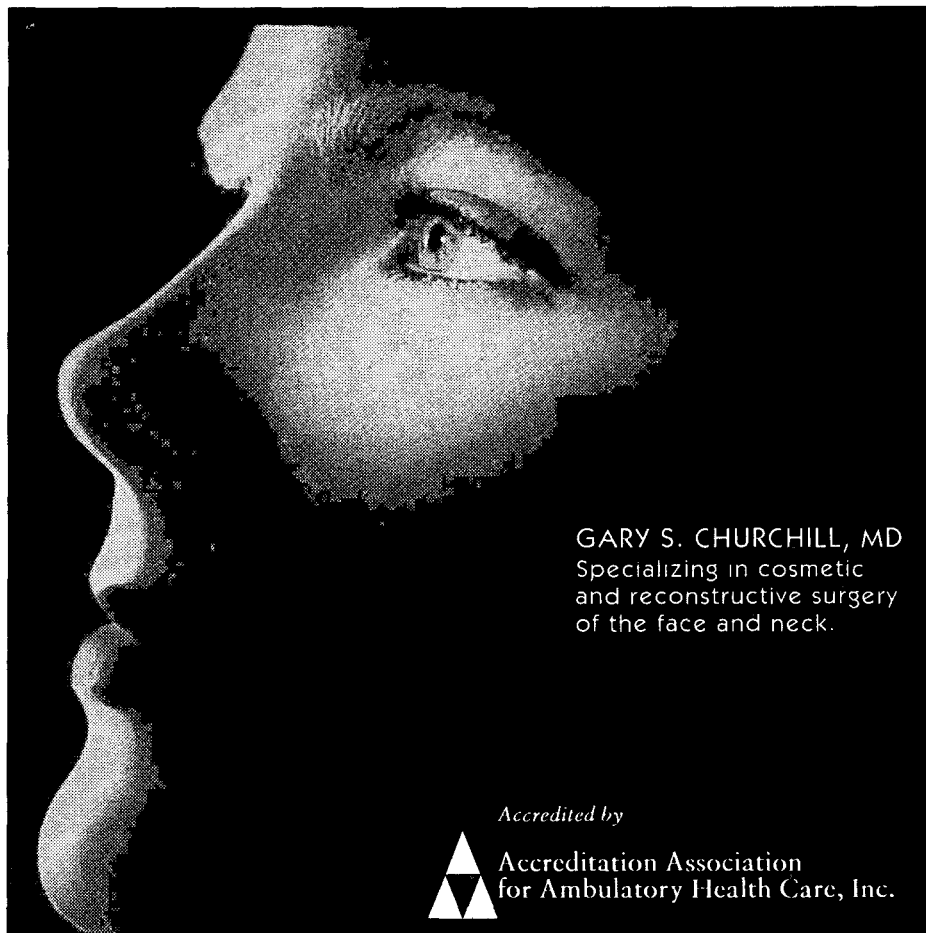


Gary Churchill, MD

years of experience performing reconstruction and recontouring for patients who have had prior plastic surgery and are unhappy with their results.

Specializing exclusively in plastic surgery of the face and neck, Dr. Churchill has the experience and expertise you need in a surgeon that is operating on the most prominent part of your body—your face. Facial plastic surgeons have years of specialized training and pass rigorous certification exams to qualify for The American Board of Facial Plastic Surgery. Only a select number of surgeons are able to complete this difficult training. Dr. Churchill has performed 1000's of procedures on the face, nose, eyes and skin over the past 10 years. When coming to **The Center for Facial Plastic Surgery**, you will have a private consultation with Dr. Churchill during which he will go over all aspects of surgery and answer any questions that you might have. When coming to **The Center for Facial Plastic**

(Please continue on page 42)



GARY S. CHURCHILL, MD
Specializing in cosmetic
and reconstructive surgery
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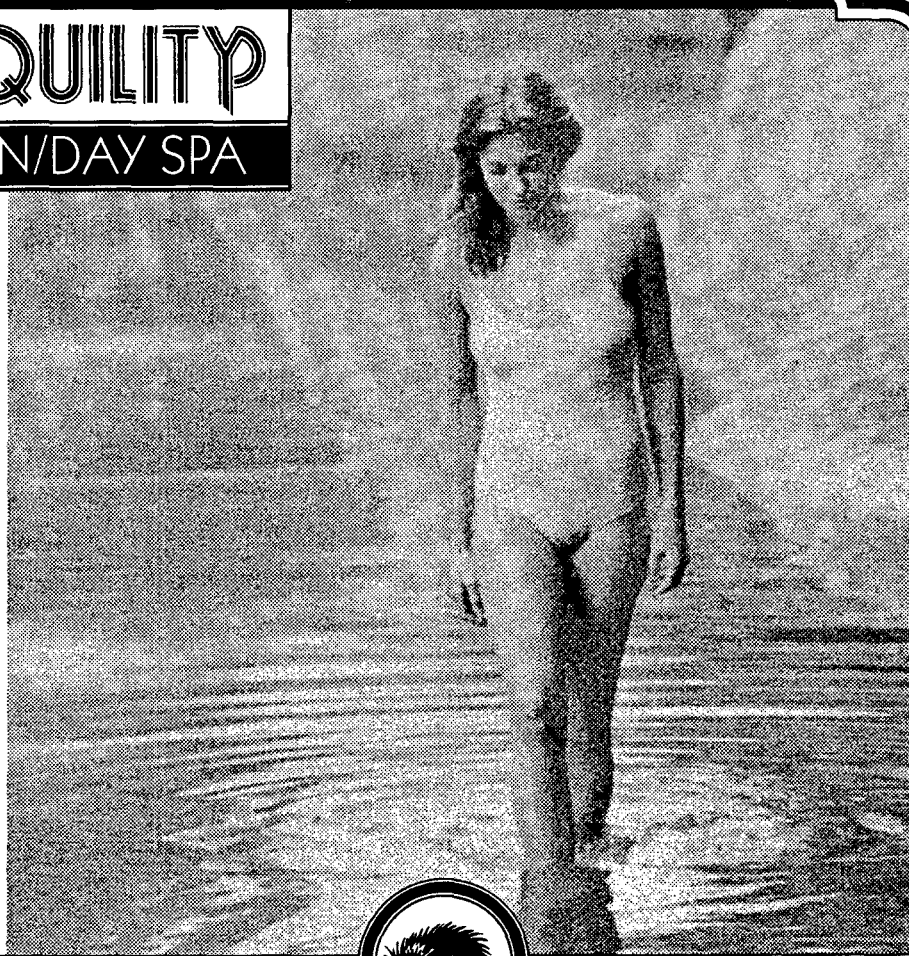
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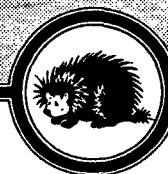
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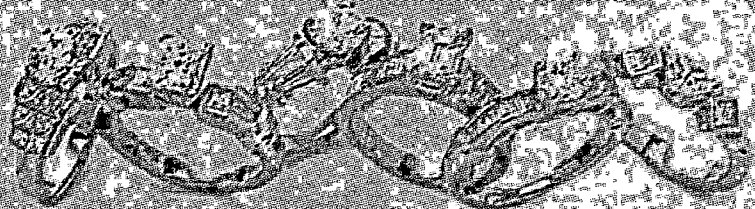


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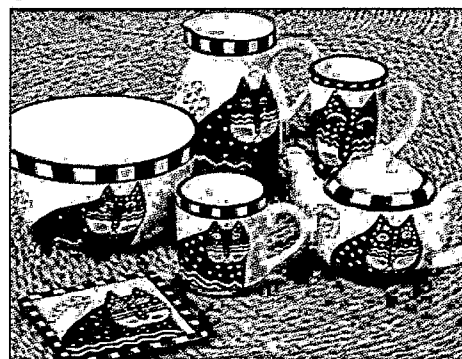


Great Coffee, Tea and Service

Gayle George, new owner of **Beans & Leaves** in Long Grove, invites you to enjoy your favorite hot or iced drink while taking in the view of the historic village and the aroma of fresh brewed coffee. Fresh pastries are hand-selected daily.

Be sure to ask about our Coffee Club for both bulk coffees and individual drinks. After buying 10 drinks, the next drink is free; buy 10 pounds of coffee and get the next pound free.

In addition to a large variety of bulk coffees and teas, we also offer many coffee and tea accessories: coffee pots, mugs, tea sets, coffee grinders and coffee presses. You'll also find an interesting collection of old and antique coffee pots.



We are open for commuters on Monday through Friday at 7:30 AM. Open Saturday at 9:30 AM and Sunday at 10:00 AM. We look forward to seeing you.

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Experience the selection, quality and service that can only be found at **Celine Fine Jewelry**.

Celine's in Long Grove invites you to come see their newest designs created from stones purchased directly from the source. Diamonds are obtained directly from DeBeers' sight holders in Israel, thereby giving you the greatest savings possible. **Celine's** takes pride in giving their customers excellent service, whether it be a simple repair or a custom design. All repairs are done on the premises by their master jeweler, who is both a craftsman and an artist.

Celine Fine Jewelry is located at 318 Old McHenry Road in Long Grove, IL. Call **847-478-1823** for directions.



Treasures of Old Russian Art

Thinking of a most unique gift for someone or about adding to your own collection? You must visit **The Russian Place** of Long Grove. Every item in the store is a peerless work of art. Among the beautiful objects are lacquered boxes, 17th through 19th century Russian icons, original paintings and sculptures by world-renowned Russian artists, nesting dolls, ornaments and much more. Every piece is signed by the artist and authentic.

We offer a wide variety of **wearable art**, including hand-painted **lacquer brooches**, European-designed sterling silver and **marcasite jewelry** with real gemstones; and, of course, exquisitely designed **amber jewelry** from the Baltic countries.

We have genuine **antique icons** from the 17th to the 19th century. Each icon has an extensive history and embodies the artistry of the old world.

Matryoshka dolls have delighted people for generations. This art form is at least 800 years old. We have the widest variety of dolls, traditional sets to one-of-a-kind signed pieces that splendidly portray scenes from fairy tales, history or art.

We have an incomparable collection of **lacquer boxes** from all four of the famous villages: Palekh, Fedoskino, Mstera and Kholui. You must experience their radiant beauty yourself.

We look forward to having you see our collection in person at the **Stable Building of Long Grove** (between Red Oaks and Seasons Restaurant.)

Summer in Long Grove— What's Your Pleasure?

Athletics, jazz, shopping, art, evening concerts—no matter what your interests, Long Grove is sure to please this summer.

On the morning of August 7, Long Grove hosts its 2nd Annual 5K Run/1 Mile Walk for the benefit of the North Shore Chapter of the Muscular Dystrophy Association. Registration starts at 7:30 AM and the 5K begins at 9:00 AM, followed by the fun walk. Dr. Jason Van Ness, a Barrington Chiropractor and sports consultant, will be on hand to work out some tired muscles after the race.

At the conclusion of the run activities, The Village Tavern presents an afternoon of smooth jazz under the big tent. Included in the lineup are Mike Bezin's West End Jazz Band, the Allan Gresik Swing Shift Orchestra and the Eric Schneider Quartet. Throughout the afternoon, the Long Grove Lions will be serving up brats, dogs and suds for an afternoon picnic adjacent to the jazz tent. Proceeds from the jazz fest will also benefit the MDA.

So, bring your running shoes and your

picnic blanket and enjoy a delightful day in downtown Long Grove. For those who prefer strolling to running or sitting, Long Grove may be just your speed as well.

Serious shoppers will want to check out the bargains at the Cobblestone Sidewalk Sales (August 7 and 8) throughout the town. With more than 90 specialty shops, the Historic Business District provides diversion for those who would make shopping a marathon event. While you shop, take some time to enjoy the 20 life-sized bronze sculptures that grace our downtown landscape. Sculpture Walk maps are available at The Studio of Long Grove.

If you haven't attended any of the free Thursday night concerts in Fountain Square, you have three weeks of opportunity left. Enjoy the Banjo Buddies on August 5, the Ela Community Singers on the 12th and Barefoot Hawaiian on the 19th. The concerts start at 7:30 PM and end about 9:00 PM. They are a delightful, easy way to spend an evening.

Alush Shima... Albanian Artist Makes His Second Appearance in Long Grove



The artist, working on a piece at The Studio, during his previous show.

"Art should bring beauty to people's lives. This is what I work for."

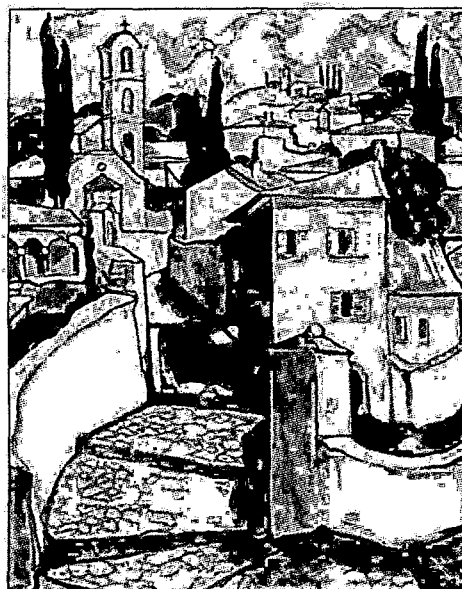
—Alush Shima

The artist had to burn his paintings to avoid persecution during the years under communism and in recent months painted under the strain of Kosovo. His undaunted spirit is reflected in his paintings with his expressions of joy in life and with his bright palette and pleasing places. Evident in his landscapes, still lifes and interior settings is his passion for art. Inspired by Van Gogh, his paintings bring great pleasure to viewers.

His first show in October 1998 at **The Studio of Long Grove Galleries** was a great success. "His works have even gotten better for this exhibit. He painted with special enthusiasm for this, his second show at The Studio," according to Tom Hillgoss, gallery director.



White Roses in Blue Vase



Village with Cobblestone Walkway



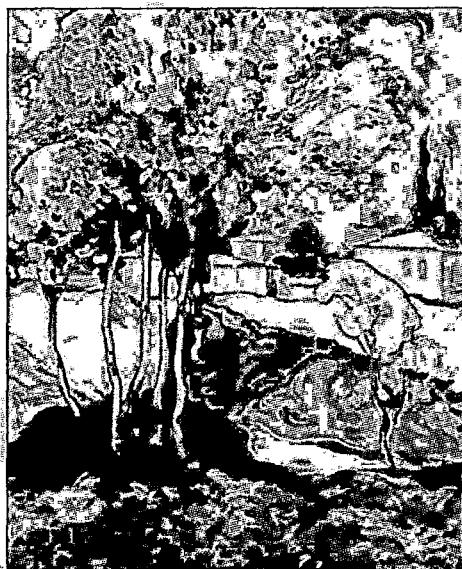
Large Haystacks



Irises on Yellow Table



Interior with Plants and Paintings



White Trees



Ancient Albanian Village

The Studio of Long Grove

presents

Original Paintings by Eastern European Artist

ALUSH SHIMA

"A SUPERB COLOURIST WITH THE BOLDNESS OF THE EARLY FAUVISTS"
...ART CRITIC DANIEL FARSON OF LONDON'S *THE DAILY MAIL*

COLLECTED BY NOTABLES SUCH AS BRITISH ACTOR MICHAEL CAINE
AND FORMER U.S. PRESIDENT GEORGE BUSH

*You are cordially invited to attend the
Artist's Reception and Preview
Friday, August 20, 6:00 - 9:00 pm*

Reservations are appreciated, but not required

The artist will also be in attendance on Saturday, August 21



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CONVENIENTLY LOCATED BEHIND RED OAKS FURNITURE SHOP
IN THE HISTORIC VILLAGE OF LONG GROVE

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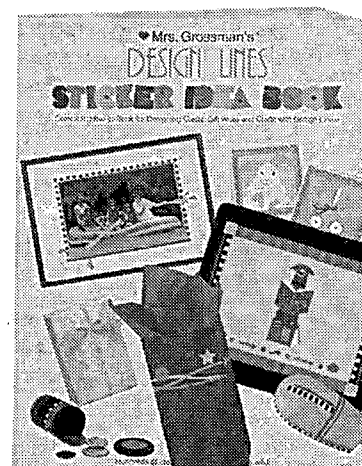
See Our Newly Expanded Line of Mrs. Grossman's Products

Initial Impressions Plus would like you to join them in celebrating Mrs. Grossman's Paper Co.'s 20 years of making beautiful stickers. They have also expanded their line to include Photo Journals, Sticker Idea Books, Games, Photo Calendars, Scrapbook Kits, and much, much more.

An entire generation of people has grown up with stickers. Since the first red heart sticker was printed in 1979, stickers have touched the lives of children and adults the world over.

Initial Impressions Plus will show you how stickers decorate gifts and cards, dress up photo albums and communicate thoughts.

Stickers are a welcomed prize in schools everywhere. But, most of all, stickers warm hearts and produce smiles.



New Classes for Newborns, Children and Adults at Barrington Kindermusik & Piano

We have a new class for children, newborns to 18 months of age—from lap baby to a crawler to a walker! **Kindermusik Village** provides the natural learning your child is ready for from the first days of life. With you at the center of discovery, **Kindermusik Village** engages all the senses and rewards curiosity with object and instrument exploration, vocal play, singing, creative movement and a colorful literature component. **Kindermusik Village** at home materials include state-of-the-art music on CD, Baby's Home Journal, beautifully illustrated Baby's Books, art banners and a carry bag—45-minute class, 8 weeks, \$95.

Kindermusik's Our Time replaces the Beginnings Classes for ages 18 months to 3 years of age. The new curriculum allows the educator and parent to follow the child and highly empowers the teacher, the adult and the child. **Our Time** integrates music and a new literature component. The latest research shows that music and verbal skills are closely linked. The 15-week class has been expanded to 45 minutes. And more materials are provided: two CD's, two Music and Movement Books, a Home Activity Book and a specially designed instrument—45-minute class, 15 weeks, \$170.

The Growings class for children ages 3½ to 5 years will continue to be a part of **Barrington Kindermusik & Piano**. This class continues the child's creative musical development while building on his pre-school learning. In a small group

setting, instrument play is introduced to foster fine motor skills. Basic concepts like rhythm, pitch, timbre, creative movement, listening activities, memorization skills and social skills are explored. Crafts and home activities will be included to emphasize the musical concepts learned. At home materials include: an illustrated songbook, child's activities and crafts, a music CD and a carry bag—45-minute class, 15 weeks, \$170.

Kindermusik for the Young Child for the 4½ to 6-year-old brings together all that the child has learned. This class provides a pressure-free, developmentally appropriate transition where they can musically succeed before taking on more formal instruction. They will begin to read music and to create musical compositions—tangible accomplishments that instill positive emotions about their own musicality. Materials include a folder full of activities, a family songbook, a games bag, music CD, a glockenspiel and a carry bag—1-hour class, 15 weeks, \$220.

We also have an **Adult Piano Class**. Haven't you always wanted to play the piano? Or did you have a few lessons as a child and wish you had continued them? Well, now is your chance to join other adults in a beginner's class—1-hour class, 8 weeks, \$120.

For more information, class schedule and to register, please call **Barrington Kindermusik & Piano** at 382-1440. Registration forms and tuition must be received by August 21.

"How to Read a Food Label"

"How to Read a Food Label" is the theme of the August presentation in the "Healthy Eating for the Heart" series by The Cardiac Rehabilitation Department and Dietitians at Good Shepherd Hospital. The class will be held August 25 from 4 to 5 PM in the

Meadow room at the hospital. The class is designed for those who have already experienced cardiac problems as well as those who want to learn how to eat healthy in order to prevent heart attacks or strokes. Call 1-800-323-8622 to register.

tivation and confidence and loses interest in learning, even in subjects he or she used to enjoy.

• Your child dreads going back to school in the fall.

Children who exhibit any of these warning signs may benefit from tutoring.

Huntington Learning Center offers


diagnostic testing, individualized instruction and personal attention to help students build skills, confidence and motivation. Parents who would like additional information or who wish to discuss a specific problem are encouraged to call the **Huntington Learning Center** in Barrington at 847-382-3655.





THE PREMIER MUSIC PROGRAM
FOR YOUNG CHILDREN.

BARRINGTON KINDERMUSIK & PIANO
22159 N. Pepper Rd. (North of Ice Arena)
(847) 842-1440



Why Do Smart Kids Struggle?

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

ACT/SAT Prep Course Available

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

382-3655
722 W. Northwest Hwy.
Barrington

THE HUNTINGTON LEARNING CENTER®
Your child can learn.

Does Your Child Need Tutoring?

Even with summer in full swing, many parents cannot take a vacation from worry. They are often caught between concerns about last year's final report card and their child's readiness for school in the fall. Not every child who is struggling academically needs summer school, but many parents are considering another option—tutoring.

How do you know if your child can benefit from tutoring? As any parent knows, what children say and what they mean are not always the same. Sometimes "I'm stupid" really means "I need help with school." When children are having difficulty learning, parents often become frustrated because they don't know where to turn or how to help their child. Dr.

Raymond and Eileen Huntington, co-founders of **Huntington Learning Center**, offer the following guidelines to determine if your child needs tutoring:

• At report card time or during parent-teacher conferences, a teacher or school counselor has indicated your child is having difficulty in one or more subject areas.

• Your child's grades have been dropping regardless of how much time he or she spends on studying and doing homework.

• Your child experiences extreme anxiety before tests and/or resists going to school in the morning. Both physical and behavioral problems may be exhibited by a child with learning difficulties.

• Your child shows signs of lacking mo-



It's Time for BACK TO SCHOOL

SPECIAL SECTION



Announcing Our Preschool— Now is the Time to Plan for Fall!

Barrington Community Child Care Center is now offering a 5-day preschool program. The classes are for children ages 3 through 5 years who are toilet trained. The hours for the preschool day are 9:00 to 11:30 AM or 9:00 to 12:30 PM with a hot lunch provided. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Avenue in Barrington, (one block west of Burger King off Northwest Highway).

Registration is now being accepted for all age groups in our child care program also. Have peace of mind while you work and know that your child is in a safe environment. Being at the **Barrington Community Child Care Center** means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the en-

vironment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

Barrington Community Child Care Center is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

Barrington Community Child Care Center offers year around structured activities and care. Registration is now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

Barrington Community Child Care Center

Register Now for Fall Preschool

Child Care Openings Available for Children 6 Weeks - 6 Years.

Applications Now Being
Accepted for Fall

Hours: 7am - 6:30pm

560 Carl Avenue
(1 blk. west of Burger King
off Northwest Hwy.)

381-0272

Barrington



How to Choose a Dance School for Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

Facility—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes—Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) *Is the teacher well organized and pleasant?*

2) *Is he/she knowledgeable?* (Check the school brochure for teachers' backgrounds.)

3) *Are the teacher's corrections made clearly and in a positive way?*

4) *Are the students well behaved and attentive for their age?*

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!

BARRINGTON DANCE ACADEMY

117 E. Northwest Hwy. ■ Barrington

ANNOUNCES

Fall Registration



- Creative Movement
- Pre Ballet
- Ballet
- Pointe
- Dramatics
- Jazz
- Modern
- Character Dance

■ Special Adult Classes are Available for **Aerobic Exercise, Yoga and Ballroom Dance**

■ Visit the **Barrington Dance Boutique** for All Your Dance-wear Needs—**20% OFF All Merchandise WITH THIS AD**

■ **Barrington Youth Dance Ensemble Summer Workshop**, Aug. 9th - 20th, featuring guest artists in Modern, Spanish dance and pas de deux

■ **Nutcracker Auditions**—Sept. 12th

For Information Call **382-6333**

Langdon's
of Barrington

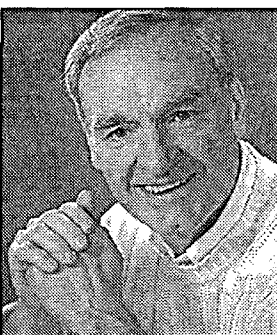
Portrait
Photography

Dependable

Innovative

Experienced

Call 382-5463



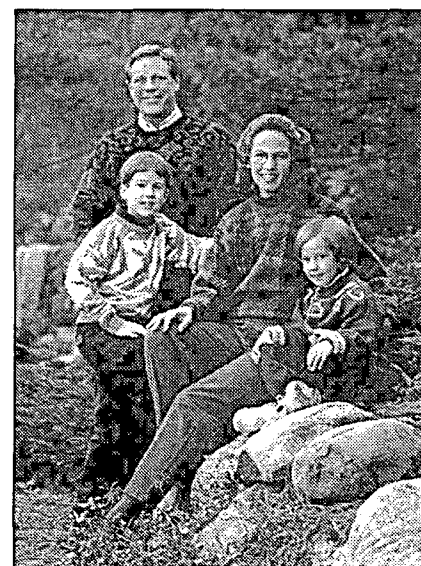
Joseph Rush
Master Photographer

The Reflection of Light

With little fanfare, Joe Rush, Master Photographer and owner of **Langdon's of Barrington**, has been developing award-winning portraiture in the Barrington community for the past 25 years. Most recently, one of Joe's family portraits received the award of merit at the Annual Associated Professional Photographers State Convention held in Springfield, IL.

Langdon's of Barrington's commitment to excellence extends to community service as well. **Langdon's** has produced the portrait of each Chairman of the Board for the Barrington Area Chamber of Commerce. For the last five years, Joe and **Langdon's of Barrington** has contributed the cover portrait for the Annual Chamber Christmas Publication.

Let **Langdon's** 25 years of experience in excellence work for you. When would



you like to see the portrait of your dreams become a reality? Call today at **382-5463** and begin the process. It is never too soon to schedule or too early to plan.

Not Sure About That Look You Want for Back to School? ...Come in for Our Virtual Make-Over

This month we have an offer of a mini-facial for \$25. Take advantage of this offer and pamper yourself. We also have a great offer on our body wraps that remove inches and speed up your metabolism. During August this service is **20% off**. Now **Claude Thomas** has a special of **10% off** on all body waxing.

We also have that allover instant tan without the sun damage to your skin. Call and ask about this service.

Claude Thomas is introducing a new service called micro dermabrasion. This is a mild, gentle procedure that eliminates wrinkles, pigmentation flaws, small scars and stretch marks. Call us and find out more about this procedure.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each printout.

Come in for a hair color change and receive a **20% discount**.

Claude Thomas has a special on a



Taking care of you is serious business...
but we make it fun too.

manicure and pedicure package. This is regularly a \$45 value but, in the month of August, it is \$38.

Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

Claude Thomas's doesn't follow fashion... we create it!

Welcome Wagon Club Activities

The Welcome Wagon Club of Palatine gets together for breakfast on the first Tuesday of each month at a local restaurant.

A coffee is held for prospective members every month. Coffees are held in members' homes and refreshments are provided. Please call Ginger at 847-202-2399 or Jay at 847-358-6526 for more information.

Luncheons are held each month from September through June at a local restaurant. The next luncheon will be held on Tuesday, September 14. Please call Arlene at 847-776-6228 or Becky at 847-303-5738 for information.

Different social activities are planned to involve spouses and significant others in the group's activities. Our next social will be a golf outing at Palatine Hills in September.

Our club participated in The American Cancer Society's Relay for Life on June 18 and 19 at Fremd High School in Palatine. We also made a donation to Northwest Community Hospital's Oncology Department. Our donation will be used to purchase TV/VCR machines for treatment rooms. We also supported the Suburban Summer Symphony with a donation.

If you are a woman who is new to the Northwest suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, please call Ginger at 847-202-2399 or Jay at 847-358-6526 or e-mail us at wwpal@hotmail.com. We have many enjoyable activities including bowling, golf, casual cooking and various card games. Our web site address is <http://chicagotribune.com/link/palwelcome>.

Claude Thomas Hair Design & Spa



Whatever adjective that best describes you,
Claude Thomas can do it for you

Claude Thomas can take care of all
your back-to-school needs.

20% OFF to All New Clients

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See Our Editorial For August Specials →

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SUNDAY 11-4
MONDAY 1-9
TUES-FRI 9-9
SAT 9-5

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Lymphedema Expert to Speak at GSH Lymphedema Support Group

The Y-ME Lymphedema Support Group at Good Shepherd Hospital in Barrington will meet on Saturday, August 7 from 9:30 to 11:00 AM. The meeting is free and open to the public.

Special guest speaker will be Jody Tucker, certified in massage therapy and Dr. Vodder Lymphatic Therapy. Her program is entitled, "Manual Lymph Drainage Techniques You Can Do At Home."

Lymphedema is a chronic swelling of tissue due to inadequate lymph drainage. It is caused by the result of lymph node removal and/or radiation therapy and can

affect both men and women.

The Y-ME Lymphedema Support Group at Good Shepherd Hospital is the only lymphedema support group in the northwest suburbs. The group meets four times a year in November, February, May and August and features speakers on treatment, exercise and other topics with lymphedema experts in the field.

For more information on the Y-ME Lymphedema Support Group, please call Linda Reimers, Good Shepherd Cancer Program Coordinator, at 847-381-0123, ext. 5080.

Tootsies Goes Back to School Again!

It's hard to believe, but school is right around the corner. We're loaded with new merchandise for all age groups. Brands like Dr. Marten, Skechers, Adidas, Nine West for the Kids, Tommy Hilfiger, Stride Rite, Sperry, Mollie Monroe and Jumping Jacks and more. We offer the latest in fashion for ages K4 to Ivy League students. Let **Tootsies'** wonderful staff of Sales Associates assist you in putting your child's best foot forward.

For the ladies, new merchandise is arriving daily including Via Spiga, Cole Haan, Donald Pliner, Adrienne Vittadini, Prevata, Born, Ecco, Clarks, Van Eli, Rongoni and Sesto Meucci. Straps and ties replace the pump again for Fall '99. Micro fiber is more popular than ever and is now considered mainstream fashion.



Smooth calf skin as well as the softest nappa calf is abundant in the fashion lines.

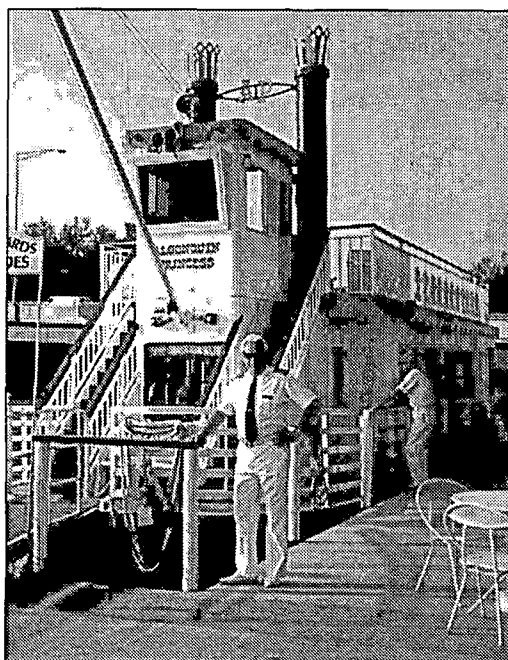
Beat the rush and get the best selection by shopping early at **Tootsies!**

PS: Don't forget your Club **Tootsies** Card!

BWC to Go "Up the Lazy River"

Barrington Woman's Club program chairwoman Lisa Frese announced the first program for the 1999-2000 year; "Up the Lazy River" will be held on Wednesday, August 25. Featured will be a luncheon outing aboard the *Algonquin Princess*, a paddle boat which docks at Port Edward located at Route 62 and the bridge in Algonquin. The cruise schedule includes boarding at 11:30 AM, departure at Noon and return at 2:15 PM. Cost is \$25 per person.

Barrington Chamber of Commerce member Ed Wolowiec, owner of Port Edward Restaurant, the cruise boat and Jan's of London located in the Barrington Ice House mall, is generous in his support of BWC. Captain Bob and his crew on the *Algonquin Princess* welcome all passengers to enjoy the view from the top deck and dining room. For the BWC outing, Chef Auriane Ugalde has created a special menu highlighting the strengths of Port Edward's kitchen—appetizer, cold seafood salad and dessert. The meal will be served by a friendly staff in the climate-controlled, formally set dining room. Cocktails will be available and a discount certificate will be given to each passenger which is redeemable in the gift shop.



Captain Bob of the paddle boat *Algonquin Princess* is ready to greet Barrington Woman's Club members at their August 25 outing, "Up the Lazy River."

Reservations are limited to 48. Checks made to Barrington Woman's Club must be sent to Lisa Frese, 322 Hilltop Ct., Barrington, 60010 by August 20.. Your check is your reservation.

The Learning Tree Center Now at a New Location

The Learning Tree Center has moved to its new location on Ela Road near McDonald's and the new Target store. The building, which overlooks a wetland nature area, was designed especially for young children. It has a home-like atmosphere and lots of low windows.

The Learning Tree Early Childhood School offers preschool classes for two, three or five-days per week for children of ages 2 through 6. Either morning or afternoon sessions are available as well as lunchtime enrichment classes. **The Learning Tree Daycare** offers full and part time care for children of working parents. Classes are available for children of ages 6 weeks through 5 years. A kindergarten and a before and after school program (the Discovery Club) are also

available. Special classes are offered in computers, art, dance, gymnastics and Spanish. A baby gym and mom & tot program will also be offered. The summer camp program will include outdoor activities as well as exciting field trips.

The Learning Tree began serving the area 25 years ago in Atonement Lutheran Church in Barrington and now is in its own new, beautiful facility. The building includes a multipurpose room for exercise, rain or shine, as well as a science curiosity corner. The educational curriculum aims at school readiness and includes fascinating themes and projects for the children. The goal of **The Learning Tree Center** is to provide a safe, educational and culturally rich environment to nurture young children.

Tootsies

A Shop for Women's and Children's Shoes and Accessories



There's a new school of thought that says kids shouldn't have to sacrifice quality, technology, durability and fit for a stylish pair of shoes.

Come see all the newest fall styles now at Stride Rite.

school rules



107 E. Main Street
Barrington 277-9596

Monday-Saturday 9:30am-5:30pm
Thursday till 8:00pm

THE LEARNING TREE CENTER

735 Ela Road
Lake Zurich



REGISTER NOW FOR

- ◆ FALL PRESCHOOL ◆ FALL KINDERGARTEN
- ◆ SUMMER CAMP
- ◆ BABY GYM—MOM & TOT PROGRAM

DAYCARE Available Now

25% OFF Registration Fee with this Ad

Serving the Barrington/Lake Zurich Area for 25 Years

A NEW BUILDING

- ◆ OVERLOOKS WETLAND NATURE AREA
- ◆ MULTIPURPOSE ROOM—EXERCISE RAIN OR SHINE
- ◆ SCIENCE CURIOSITY CORNER

**The Learning Tree
Early Childhood School**

Preschool & Kindergarten Classes
Telephone 540-7333

**The Learning Tree
Daycare**

Ages 6 Weeks to 10 Years
Telephone 438-1945

Karen Logan, M.S. Early Childhood/Special Education, Owner

"Hello laser, goodbye razor."

Alexandra Parnass
Beauty Editor
Marie Claire Magazine

The hair removal process that has everybody talking:

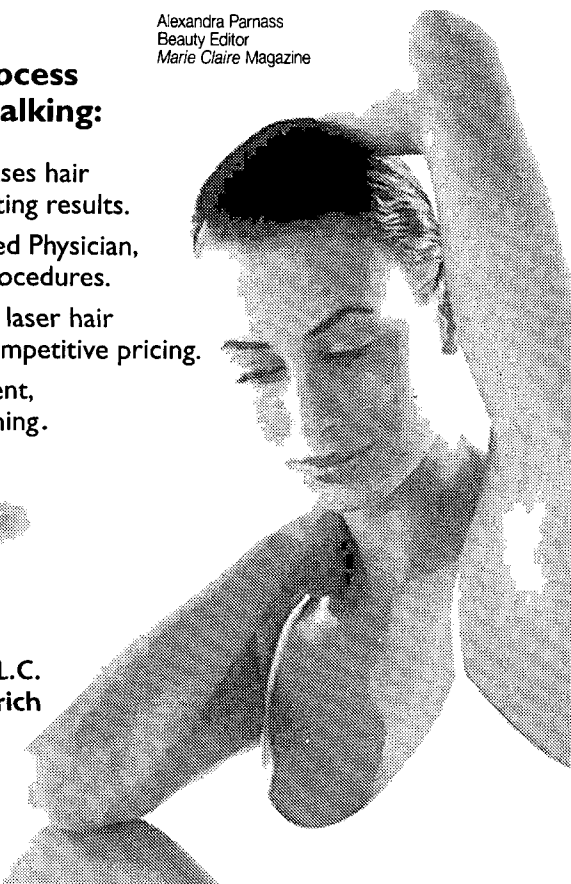
- Patented laser process erases hair quickly and gently with lasting results.
- Dr. Berger, a Board Certified Physician, performs all initial laser procedures.
- First licensed physician for laser hair removal in Illinois. Very competitive pricing.
- After hair removal treatment, allow two days before tanning.

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Call today for a
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Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

Dr. Barry Berger is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. Dr. Berger performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Here are some additional reasons why the Soft Light Laser is the best choice of hair removal for you:

- Low occurrence of side effects, which

are all temporary. This means no burning, blistering, scarring or discoloration of the skin. The majority of patients resume daily activities immediately following treatment.

- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

- No tanning restriction prior to treatment. After hair removal treatment, allow two days before tanning.

Dr. Berger has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.

Grow Where You are Planted with Barrington Newcomers

If you are new to the Barrington area or looking to get involved and start new friendships, Newcomers Club is a great resource.

The 1999 program year will begin on September 15 at 9:30 AM at the Barrington Area Library. The morning will include a local speaker, information on Newcomers special interest groups and activities, the opportunity to meet others new to the

area and, of course, coffee. Then, on October 23, the Couples' Social Group will head to Piper Alley for *Tony and Tina's Wedding*. If you can't wait until September, many Newcomers activities stay busy through the summer, including golf, Moms & Tots, men's poker, destination dinners and more.

Call 847-277-0914 for membership information. We can't wait to meet you!

Correction

In the May 1999 issue of *Barrington Lifestyles* about the Unicorn Children's Foundation entitled "Area Socialites Attend Palm Beach Ball," the article mentioned that, "in the last 20 years, attention deficit disorder, dyslexia and

autism have increased 10%." It should have read, "in the last 20 years, attention deficit disorder, dyslexia and autism have increased 10-fold."

The source of the information apologizes for the error.

Two Dental Pearls for Prevention

Two articles have crossed my desk in the last few months which might be of interest to those of you interested in preventing, or more realistically reducing, dental problems.

The first is a study on the effects of chewing sugar free gum after meals to reduce the incidence of cavities in children. It seems that chewing the sugar free gum after meals causes an increase in saliva. The increased saliva neutralizes the increased acidity normally occurring in plaque after meals. Therefore, chewing the sugarless gum translates into fewer dental bills according to this study from Indiana University and the University of Puerto Rico.

Another article dealt with eliminating "bad breath" by reducing the bacteria accumulating on the upper surface of your tongue. There is a coating of millions of organisms on the tongue which appear as a whitish-gray layer. Debris petrifies in the layer, releasing hydrogen sulfide (rotten egg smell) and another foul smelling chemical called methyl mercaptan. It is estimated that between 50% and 90% of the population will have "bad breath" un-



Dr. Raymond
Kotz



Dr. Penny
Spiekerman



Lisa Feddor,
RDH

less they clean their tongue.

Tongue cleaning implements were apparently in existence even in ancient cultures, although few people used them. Recently with the attention drawn to "bad breath" by advertising, there is a renewed interest. Basically, these devices are scrapers. You stick out your tongue to observe the location of the debris. Then, place the scraper behind the debris and gently pull the device forward. You may gag at first, but with a little practice, you will become proficient and the social benefits of doing this several times per day far outweigh the inconvenience.

We hope you are all having a great summer.

—Dr. Kotz, Dr. Spiekerman and Lisa Feddor, RDH.

COMMITTED to the HIGHEST STANDARDS of ORAL HEALTH

Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

Raymond P. Kotz, DDS, PC

129 Park Avenue
Barrington, Illinois 60010
847-381-4040

GENERAL AND RECONSTRUCTIVE DENTISTRY



Enjoy a Unique and Traditional European Menu at Fritzl's

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Fritzl's Country Inn of Lake Zurich offers the discriminating diner exquisite ethnic and continental cuisine, served in quaint chalet surroundings. At **Fritzl's Country Inn** enjoy savory soups and juicy steaks, mouth watering seafood and delightful Austrian, German and Swiss entrees such as Wiener Schnitzel, Sauerbraten, Roast Duck and Rouladen of Beef. Leave room for a luscious dessert such as Apple Strudel or one of the elegant Viennese pastries.

Didn't I tell you **Fritzl's** is unique, a little different and wonderfully European? Call **847-540-8844** for reservations.

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

Reviewed and recommended by Zagat Survey.

Summer at Biloxi Grill

Come enjoy the lazy days of summer and the cool summer evenings at **Biloxi Grill**. Biloxi is now open for lunch Tuesday-Saturday from 11:30 AM to 2:30 PM through Labor Day.

Our outdoor deck offers beautiful views of Bangs Lake. Dine on our Southern creations while enjoying our summer weather. We will be offering outdoor dining through September and October.

Mark your calendar for **Biloxi Grill's 1st Outdoor Music Fest** on Sunday, August 8, 1999. We will be featuring grilled

food and fabulous drink specials, and two bands down by the lake. The Bart Alonzo Band (Southern rock/country/zydeco) will play from 4 to 6 PM followed by Square Grouper (Jimmy Buffet Tribute Band) from 6 to 9 PM. This promises to be the highlight of the summer.

Remember, **Biloxi Grill** features jazz and jambalaya on Thursday nights with a jazz quartet playing from 7 to 10 PM. Friday nights enjoy Southern rock, zydeco and country with the Karen Dale Band playing from 7 to 11 PM.

Have You Heard About Wildflower Continental Bistro?

Since January of this year, **Wildflower Continental Bistro** has been proving they're the flavor of the year with patrons from all around the Northwest suburbs—businesses and individuals alike. And for good reason!

Wildflower Continental Bistro is a full-service gourmet restaurant unlike any other. Situated in one of Barrington's historic landmarks, (the first Village Hall dating back to 1862), it's more like being in a meticulously appointed private home than a restaurant. The owners, Barrington residents Holly and Troy Hagen, have created a truly unique setting in each of the four sections of the restaurant: main entrance/waiting area, main dining room, mezzanine level and second floor dining room. That's because the Hagen's traveled to the south of France for design ideas prior to opening last January. Holly,

an interior designer for over 25 years, left no detail untouched right down to the trompe l'oeil in each of the restrooms. One-of-a-kind antiques and pottery can be seen throughout. Tables are each covered in Provence style table cloths with each table having a different color scheme. Fresh flower bouquets compliment each table and are very important to the Hagen's ambiance in the restaurant.

They now have their full-service liquor license and have just added outdoor dining on the delightful patio filled with flowers and the peaceful sounds of a fountain.

Call **Wildflower!** Find out for yourself why it's growing and growing in popularity in the Northwest suburbs. **WILDFLOWER CONTINENTAL BISTRO**—A uniquely appointed restaurant where nothing is repeated except the great food!

Back to School Vaccinations

Parents, remember to include child immunizations on the list of things to do before the fall school session begins. Good Shepherd Hospital and the Lake County Health Department regularly host monthly immunization clinics. Infant and child immunizations will be given on Tuesday, August 3 from 4 to 6 PM. The immunization clinics are held at St. Peter's United Church of Christ, 47 Church Street, Lake Zurich.

Immunizations offered include the early childhood diphtheria/pertussis/tetanus (DPT) series; Measles/Mumps/Rubella (MMR) initial and booster; Oral Polio series; Hepatitis B—infants; Hepatitis B—to older children or teens to complete a se-

ries already underway; and H-Influenza series. The charge for each shot is \$8.

The Immunization Clinics continue throughout the year on the first Tuesday of every month from 4 to 6 PM at the Lake Zurich location. The clinic is staffed by nurses from the Lake County Health Department which also provides the vaccine. No appointments are necessary and walk-ins are encouraged.

Parents should bring their child's immunization record with them to the clinic. For clinical information about the immunizations, call the Lake County Health Department Immunization Clinic staff at 847-360-3114.





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Wauconda Grade School Meets "New Kids on the Block"

Each year, the Barrington Junior Women's Club sponsors "The Kids On The Block," a nationally recognized educational program developed to teach children to accept differences in everyone and talk about difficult life situations. The energized band of "Troopers" on the KOB Committee, co-chaired by Jan Ackmann and Laurie Gray of Barrington, are: Lynn Abood, Suzanne Allison, Sophia Cecola, Julie Duval, Sue Frassel, Sue Geshwender, Mary Ice, Mary Matthews, Michele Polvere, Janet Ramsey, Heidi Schmeling, Jackie Schneider, Sue Vohl, Nancy Water and AnneMarie Wiley. They perform for hundreds of third grade students at various schools around the Northwest Suburbs. The third graders, as well as their teachers, are encouraged to ask questions, play games and interact with the puppets. KOB makes learning diversity a great deal of fun! To learn more about KOB or about becoming a trooper, call 847-622-3838.



Puppeteers have an enlightening talk with each other and Wauconda Grade School third graders. Pictured are Lynn Abood as Ronaldo, a disabled blind boy, and Sophia Cecola as Brenda.

13th Annual Grove Avenue Carnival of Fun

Once again, the excitement will begin as the Blomsness All Star Amusements trucks arrive and park on the grounds of Grove Avenue School in Barrington. By Thursday at noon, a soccer field, parking lot and playground will be transformed into a

child's wonderland. During lunch recess on Thursday, students of the school are treated to *free* cotton candy and rides by Jeff and Patti Blomsness, former Grove parents and owners of All Star Amusements. There are not many children who

Art and Estate Planning

by Sharon L. Keller, J.D., LLM



Valuable works of art bring special issues to estate planning. The value of a piece of art often depends on when it was transferred. Transfers of art during the Grantor's lifetime can have important tax consequences. A transfer to a spouse during the Grantor's life would not result in a transfer tax (gift tax) but would fail to provide the spouse with a stepped-up basis which would occur if the transfer occurred at the Grantor's death.

An *art collector's* lifetime donation of art to a museum would provide a charitable income tax deduction for the art's fair market value. An appraisal is necessary for tax purposes of the donated property. The IRS requires charitable deductions of \$50,000 or more for gifts of art to be reviewed by the Art Advisory Panel. In addition, the donated art must be put to a use that is related to the charitable purpose of the donee. Transfers of art after the Grantor's death only qualify for a charitable deduction for estate tax purposes.

By contrast, an *artist's* lifetime gift to a museum will only result in a current income tax deduction to the extent of the artist's cost basis in the work. As a result of this policy, many artists accumulate works during their life and it falls upon their executors to actively place their art in the right museums.

Art now has an afterlife with value that goes beyond the sums paid to secure a painting for a museum. You can now find VanGogh neckties, Cezanne coffee mugs and Monet mouse pads. Postmortem intellectual property interests are descendible in their own right, and the executor of an art estate may be called upon to take a proactive role to fully exploit the commercial value of art that is actively promoted.

When valuable artworks are part of an estate, care must be taken in apportioning assets among heirs. Where the same heirs receive the artwork and the residue of the estate, the works may be divided based on personal preferences and appraised value. Liquidity is a key concern since other assets may need to be sold to pay estate tax if the artwork is to be retained.

"To Ona, My Mona"—Consider, however, the problems that arise in an estate with two heirs, Ona and Rhoda, but only one painting, *The Mona Lisa*. If the painting is left to Ona, and the value is somewhere around \$250 million, but taxes are

paid from the general residue, there will be little left for Rhoda.

Works of art have great meaning for the artists and collectors who have possessed them during life. It is therefore imperative that their estate plans not come unraveled. It pays to have clearly documented art that is transferred under a coherent estate plan. A "revocable trust" is a good way to arrange for centralized management of art assets as well as a smooth transition to estate administration.

An Art Estate Checklist

- List all artwork, including sketches and works in progress.
- Include the location of each in detail.
- Is the art insured?
- Has there been an appraisal?
- Is the work of art part of a series or a recognized period?
- Note limits on charitable income tax deduction for lifetime transfer by artist.
- Were any works being sold on an installment plan?
- Note the inequity when one heir is given a valuable artwork while others are given a remainder of the estate.
- Specify which works of art are bequeathed by Will or Trust.
- Indicate whether copyright interests are transferred separately and what uses for such interests are acceptable.
- Does the Will or Trust authorize the creation of a Foundation?

Providing for the transfer of valuable art upon your death is as important as providing for the transfer of your monetary assets. Wills and Trusts are extremely important to assure that the transfer you desire takes place.

I would like to thank The Chicago Trust Company for information contained in this article. Have a safe and prosperous August. *See you next month!*

can say, "My school is the one with the carnival." When talking to a Grove Avenue School child, pride and excitement beam as they look forward to perhaps being in the talent show, doing the limbo or playing their choice of games. They should not, however, forget the food selections available.

With the help of over 350 volunteers, the carnival is able to provide funds that in the past have supported the local DARE program, Say No To Drugs Parade and Barrington Youth Services, to name a few. Last year, profits from the carnival went to Rose School to help buy playground equipment.

Returning this year is the unlimited ride

voucher for \$18, good only on Saturday, September 18 and Sunday, September 19 between the hours of noon and 4:00 PM. As the name indicates, the purchaser can go on as many rides as he or she can "handle" with choices including the ferris wheel, merry-go-round, tilt-a-whirl and other "thrill" rides.

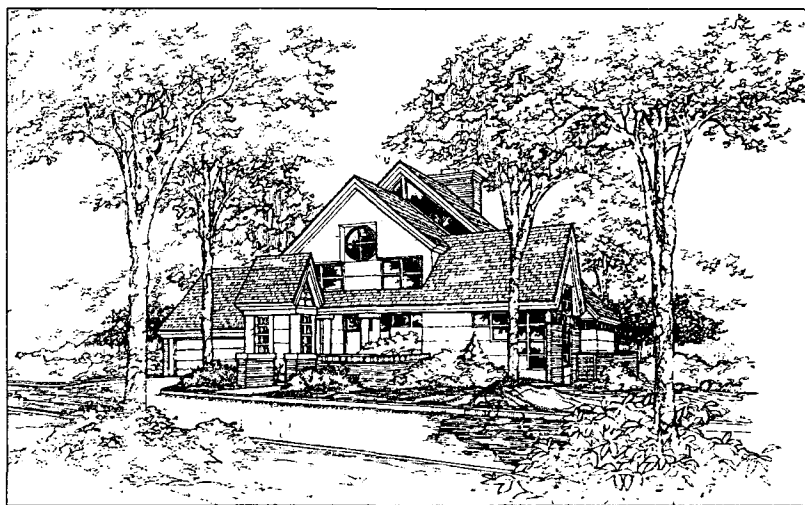
The fun can be found on the school grounds located just east of Barrington Road and Route 59 and, as always, parking is free. Plan on joining in the *fun!*

The carnival will be held on Friday September 17 from 3:00 to 10:30 PM; Saturday, September 18 from noon to 10:30 PM; and Sunday, September 19 from noon to 6:00 PM.

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A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

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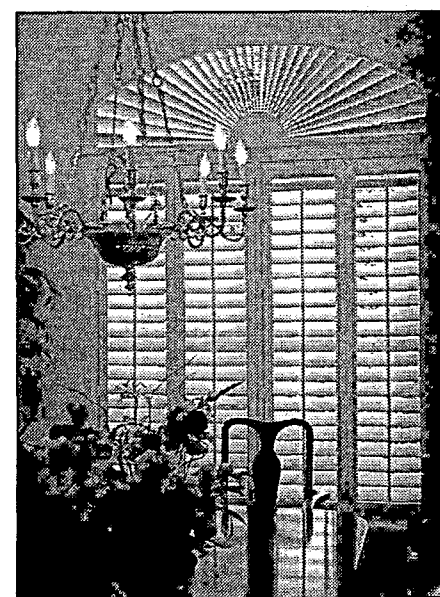
Sunburst Shutters— At the Forefront of Shutter Development

For decades, **Sunburst Shutters** has been at the forefront of shutter development. Their drive to manufacture the best shutter possible has taken them beyond the limitations of wood shutters. The result is their patented, uniquely superior PolyWood shutter.

Traditionally, plantation shutters have been made from wood. And having started as a wood shutter company, **Sunburst Shutters** is familiar with the inherent problems of a wood shutter. Maintaining the original beauty can be a challenge and PolyWood solves those problems. PolyWood is an engineered, recyclable wood substitute that looks amazingly like real wood, and they guarantee it will maintain that look for a lifetime.

Lifetime Guarantee? Absolutely! **Sunburst Shutters** is so sure that you'll be satisfied with their product, installation and service, that they guarantee your PolyWood shutters for life. Every PolyWood shutter is custom built and is made to last. Their skilled craftsmen will expertly install your shutters without cutting corners.

Sunburst Shutters is also proud to announce the introduction of the full line of Hunter Douglas window coverings as part



of their product line. As an elite Hunter Douglas dealer, they offer everything from verticals and blinds to silhouettes.

Sunburst Shutters offers free in-home consultations, so call to schedule your appointment to see our PolyWood and Hunter Douglas products. For more information, call **847-640-6622**.

Yoga Class

Discover the gentle physical and mindful benefits of the ancient practice of Yoga. The Older Adult Services Department of Good Shepherd Hospital is offering an 8-week program in yoga for seniors, ages 55 and older. The class is designed to help seniors improve their health and balance. The class will begin Tuesday, August 10

from 9:30 to 10:45 AM at Good Shepherd Hospital and will continue throughout the year. Each 8-week session is \$40, which must be paid in advance. Class size is limited.

For more information on the Yoga course or to register, please call Health Advisor at 1-800-323-8622.

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Bill Schafer—President



Joe Schafer—Vice President

Have you been thinking of replacing the existing windows in your house? Window replacement makes your home more beautiful and energy efficient. If your windows are old, drafty and need to be replaced, we can help. Whether you have casement, single-hung, double-hung, slider, bay or bow windows, we have a replacement window to fit your home and your budget.

New windows improve energy efficiency, look good and increase the comfort level in your home. With the ever increasing costs of keeping your home cool in summer and warm in winter, having inefficient windows is like throwing money out the window. Windows with insulated glass help to keep costs down, and with the addition of Low E argon gas, you reduce ultraviolet ray penetration to help keep your furnishings from fading. If your home requires a custom size or spe-

cialty window, no problem, we can take care of these too!

The next time you're doing dishes, think to yourself how nice a garden window over the sink would look, or maybe you've been wanting to add a bay or bow window. Whatever your choice, with new windows you get warmth and beauty, energy efficiency and value for your home. We offer easy, low-cost, tax deductible, in your home financing, so don't wait any longer to have new windows installed in your home.

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Palatine's Home of the Sparrow Could Use a Hand

Palatine's Home of the Sparrow Advisory Committee met recently with Prudy Bierma, the Board of Directors' Interim Executive Director, for a "state-of-the-union" report. She outlined current projects and also places where the community might help. A Search Committee is interviewing for a permanent Executive Director who should be selected shortly.

The Palatine residence has had a busy summer. Major repairs were needed, requiring new sump pumps and also a new hot water heater. The house needs a new washer and dryer. (You can imagine how much they're used with up to 9 children and 7 women calling it "home".)

The Home of the Sparrow food pantry is low. Donations of basic food items such as these are needed: boxed or canned food items; tuna or hamburger helpers; pasta meals; spaghetti sauces; juice or juice boxes; peanut butter; jelly; coffee; and nutritious snacks. You can drop them off at the Home of the Sparrow's thrift shop, The Sparrow's Nest, located at 1818 W. Northwest Highway in Arlington Heights across from the race track. Drop-off times for food, clothing or household goods are between 10 AM and 3 PM, Tuesday through Saturday. While you're there, stop by and browse. You might find some treasures.

In mid-September, a crew of volunteers

will paint the Palatine house. Anyone interested in helping should call Jim McDonald at 815-344-5171.

The "Taste & Touch of Palatine" booth, overseen by Marcia Nelson, was well-attended over the July 17 weekend. Many volunteers helped to man the booth, which was meant to expand the community's awareness of Home of the Sparrow and its mission.

Plans for the Square D Home Run, slated for October 3, are coming along well according to Nita Kay LeMay, who is co-chairing the event along with Marty Hanna. Flyers will be sent out in late August. The Home Run includes a 10K run, a walk and a children's event. The children's event is new this year.

Attending the Palatine Advisory Commit-

tee meeting were: Chairman Rita Canning, Terry Leighty, Nita Kay LeMay, Debbie Luna, Linda Mikkelsen, Mike Moorman, Marcia Nelson, Dan Pellettiere, Diane Pellettiere, Barb Richter and Anna Wilson.

Home of the Sparrow is a network of transitional residences for homeless women and their children. Begun in McHenry in 1986, the organization has expanded to include homes in Woodstock and Crystal Lake as well as Palatine. The Home of the Sparrow provides a structured program with counseling, emphasizing education, parenting skills and job training. The idea is to help the women move on to their own apartments and to greater independence as soon as they're able, often in 5 months. For more information, call 847-963-8030.

Have Your Helpers Gone Back to School?

The kids are back in school and your life is more hectic than ever. You're running from one place to another—from work, to home, to after school activities and back home to housework. When are you going to have time for yourself?

According to a *Parenting Magazine* poll, 53% of the mothers surveyed said that managing to accomplish all they need to do is one of their biggest challenges; 60% said it was finding time for themselves including exercising; and 50% wanted time to just relax.

Fortunately, there's an answer for you. **The Maids**, serving Barrington, can give you back up to 7 hours of free time per week by simply taking over your housecleaning tasks. Howard and Sharon Wagner had you in mind when they

opened **The Maids** last year. They, too, had the same harried lifestyle until they discovered the necessary luxury of a professional maid service. Now they're sharing that discovery by providing help for your housecleaning needs.

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So say "good-bye" to those hectic days because now you've discovered **The Maids**! Call today for a free estimate at 847-368-1250.

Barrington Area United Way Wants You!

Come on out and join the fun! On Saturday, September 11, BAUW will kickoff their annual fund raising drive with their 4th Annual Community 5K Run & 3K Walk at Miller Park in Barrington.

On site registration begins at 7:30 AM for all runners and walkers. Preregistration is encouraged with the cost at \$16 for runners and \$9 for walkers. Participants will receive a T-shirt, goodie bag and refreshments, (first come first serve). The run stars at 8:30 AM; the walk at 8:40 AM.

Harris Bank, the primary sponsor for the event, will be conducting a Corporate

Challenge. They are challenging area businesses to compete in various categories such as the backwards walk or most unusual walking attire. The entry fee is \$500 per team by August 31.

BAUW campaign chairperson Georgeanna Mehr says, "We hope everyone will help to write a happy ending for someone who needs help. Our 1999 campaign goal is \$432,500. This kickoff is only the beginning of our efforts to reach this goal."

Entry forms can be obtained by calling Karen Atkinson, Executive Director of BAUW, at 847-382-8778.

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11. Clean & Disinfect Toilets, Tubs & Showers
12. Clean Bathroom Sinks & Counters
13. Clean & Disinfect Bathroom Floors
14. Make Beds/Change Linens
15. Change Towels
16. Wash/Wax Kitchen Floors
17. Clean Kitchen Sinks
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21. Wash Counters
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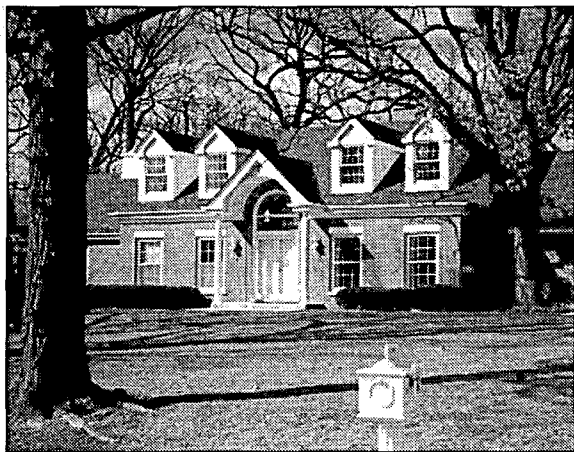


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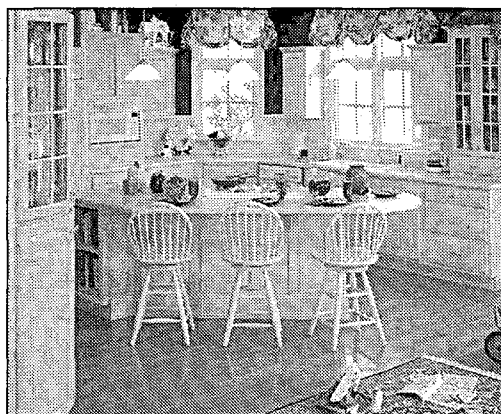
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Kitchen Design Trends from the Experts

Did you know that stock cabinets are used less frequently in the Midwest than in any other part of the country?

How do we know this? The Design Trends Survey for 1998, conducted by the National Kitchen and Bath Association, has this information. More than 240 Certified Kitchen and Bath designers (CKD, CBD) from across the United States and Canada participated in this annual survey.

Why is custom cabinetry the most popular choice today for newly remodeled kitchens? Given the endless possibilities that a designer can create, the custom cabinet industry has the capability to answer those demands. This allows the homeowner to achieve a kitchen that is truly designed for their family and lifestyle. For example, a kitchen island is now included in 56% of the remodeled kitchens. Many times, this area is designed to become the focal point of the room both aesthetically and functionally. With a custom manufacturer, there are many "designer" choices for the visual statement as well as for interior accessories that satisfy specific storage needs.

The Designer Trends Survey for 1998 also found the lighter wood tones, such as maple and birch, are being installed into 50% of the newly remodeled kitchens. Oak, as a cabinetry choice, has decreased considerably in the last four years. Custom cabinetry becomes a popular choice here as well, due to the array of finishes they provide. Our designers may recommend Natural Maple cabinets with a Mocha Brown Glaze to further define the beauty of the door style you have chosen.

No matter what the design trends are, it is important to remember that a kitchen should be designed to integrate with the style and feel of the individual home. Just because something is popular, that doesn't mean it's right for you. The designers at **Barrington Kitchen & Bath Studio** will help you design a kitchen that is both functional and beautiful. Stop by our showroom and see the many design possibilities. **Barrington Kitchen & Bath Studio** is located at 319 W. Northwest Hwy. in Barrington. Give us a call to set up an appointment at **847-381-3084**.

Quit Smoking Course

Good Shepherd Hospital's Occupational Health Center is offering a "Quit Smoking through Hypnosis" program to help smokers kick the habit permanently. The next session will start from 7:30 to 9:00 PM on Wednesday, August 11 and will continue on August 18 and 25 at the hospital. Participants will learn hypnosis tech-

niques that will help them feel calmer, more confident and in control of their smoking habit. In addition, they will learn how to apply these new skills to their everyday lives.

The cost of the course is \$120. To register, please contact HealthAdvisor at 1-800-323-8622.

August Sidewalk Sale

Decorating Connections is making room for new fall merchandise with its fantastic **August Sidewalk Sale**. You'll find a great selection of floor sample furniture, framed art, lamps and many accessory items suitable for gifts or decorating. Most items are offered at **30-75% off**. Fabric samples, suitable for small window treatments or pillows are available for up to **80% off**.

New orders of beautiful Habersham Plantation handpainted furniture will be offered at **25% off** throughout the month.

Or, perhaps you need a new upholstered chair, ottoman or a cocktail table. If you plan ahead, now is a good time to select gifts for future birthdays and anniversaries, and to decorate for the holidays!

Let Catherine Michiels and her experienced staff assist you in selecting the right pieces for your home. Whether you need a special room accent piece or several rooms completely decorated, they are the professionals who can help.

Decorating Connections is located in The Marketplace shopping plaza on Route 59 and Kelsey Road.



State-of-the-Art Spa Cover

Every Spa needs the Energy Savings and long lasting beauty of the Spa•Mate.

Studies have proven that rigid, thermal spa covers pay for themselves within a year of chemical and energy savings.

Features that set the Spa•Mate apart include: tapered design for water run off, polyester (seat belt) handles and tie down straps, Uniroyal's Naugahyde®



brand topside vinyl, ventilated screen underside, sealed foam inserts to resist moisture, 5052 aluminum interior channel supports, and durable and lightweight design.

The Spa•Mate is available at **Swanson's Spas & Saunas** on Rand Road in Lake Zurich.



Volunteers Help Single Parents

The Bridge YOUth and Family Services seek volunteers 18 years and older to interact with and supervise children while their parents attend Bridge activities. Children need *you* to play basketball, to play board games and to talk with them while their parents engage in a discussion with other parents and trained counselors. The activities typically run in the evening for 6 to 8 consecutive weeks throughout the year.

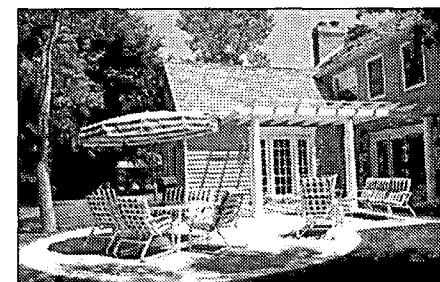
Many of the parents struggle to find suitable child-care when attending these functions. Some parents cannot afford to hire a baby-sitter. Often, the families seen at The Bridge are extremely isolated from their families and the community. These parents rely on us to help them. Healthy parents means healthy children. We need your help! For more information, call Lisa Hanson-Braun at 847-359-7490 or e-mail us at Bridgeyouth@aol.com.

Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed plan.

Master planning is simply defined as the areas of a yard that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc. then a budget plan can be created.

The homeowner will then be able to utilize their plan for years in the future,



installing each segment of the plan as it relates to their budget and use of space.

To learn more about Master Planning and our firm, **Bonner Codd Associates**, please contact principals Cheryl Ferguson and John C. Cazzetta, Landscape Architect, at **847-382-4838**. We look forward to hearing from you.



August Sidewalk Sale

Fabric Remnants **up to 80% OFF**

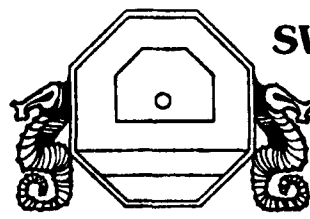
* Floor Sample Furniture
Framed Art
Lamps
* Gifts and Accessories

30-75% OFF

HURRY IN FOR BEST SELECTION! * selected items

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HARDSCAPES • PLANTSCAPES • GARDEN FEATURES

Summer Fun at Safety Town

(Continued from page 10)

The gazebo is the last of the buildings originally planned for construction at Safety Town by the BJWC Permanent Site development committee.

Volunteers are at the heart of making Safety Town work each summer. Site Directors Leslie Rhyner and Cindy Scariano, along with Assistant Site Directors Alison Ferguson and Megan Zaremba, receive volunteer help from about 150 6th, 7th and 8th graders, who pair up as team leaders to guide the Safety Towners through their lessons. This year, as a reward for their hard work, the volunteers enjoyed pizza and a disc jockey at a recognition social on a recent Friday night at JFK.

Safety Town is affiliated with and certified by the National Safety town Center in Cleveland, Ohio. Its value is recognized by the Village of Barrington, the elementary school PTOs and the Barrington Police and Fire departments along with numerous local businesses who have lent their support financially and otherwise. Locally, Safety Town has been operated for more than 20 years by the Barrington Junior Women's Club, a not-for-profit organization with over 200 members. Sign-up for next summer's Safety Town sessions is in April. For more information about Safety Town and other BJWC endeavors, call 847-622-3838.

1999 Shepherds Gala "Celebrating the Colors of Life"

Good Shepherd Hospital is delighted to present the 1999 Shepherds Gala *Soirée de la Vie* ("Celebrating the Colors of Life"). The benefit is hosted by the Shepherds Gala Committee and will be held Saturday, October 9 at the estate of Mr. and Mrs. Jasper Sanfilippo of Barrington Hills. The event begins in the Eden Palais Carousel Pavilion with dancing in the Place de la Musique.

Mark your calendar and plan to attend this special evening of entertainment and dancing in the Barrington community. The featured entertainment for the event will be The Orchestra 33 whose reputation is built upon its beginnings as the exclusive and original entertainment for the Rupert's 33 Club in suburban Chicago.

Proceeds benefit The Cancer Care Program at Good Shepherd Hospital. The nationally recognized program provides inpatient and outpatient medical treatment and support to cancer patients. Services include an Oncology Care Registry which maintains a comprehensive database on cancer patients. The program is guided by a Cancer Care Committee consisting of a team of physicians specializing in all areas of oncology. The committee regularly evaluates the course of cancer treatment and results to help ensure that Good Shepherd Hospital's oncology program is of

the highest quality.

For more information and to receive your invitation, call 847-384-3400.

Members of Shepherd's Gala Committee include: Gail Wickstrom—Chairperson, Barrington; Lisa Evon—Co-Chair, Barrington Hills; Carmella Aceto, Wood Dale; Kim Albrecht, Barrington; Ingrid Bawani, Libertyville; Lynn Bianchi, Barrington; Barbara Bond, North Barrington; Kathey Bushnick, Kildeer; Karen Chambers, Barrington; Ilene Charnota, Kildeer; Karen Darch, Barrington; Mary DiGulio, Barrington; Mary Giangrosso, Lake Barrington; Sandy Heinze, Barrington Hills; Kathy Huschitt, Barrington; Pattie Johnson, Barrington; Miki Kilebas, Barrington; Colleen Kipferl, Lake Barrington; Michelle Kurzydowski, Schaumburg; Pattie Lancaster, Barrington Hills; Cathy LeCompte, Barrington Hills; Annie Loyd, Crystal Lake; Eileen Mahoney, Inverness; Shirley Paulk, Barrington; Lindsay Hardy, Barrington Hills; Christine Rivard, Glenview; Lisa Rosen, Long Grove; Mary Beth Singel, Lake Zurich; Barbara Smith, Barrington; Cathy Soeldner, Barrington; Wendy Goodman, Island Lake; Jane Pupa, Lake Zurich; Terri Stange, Barrington; Bettye Traylor, Lincolnshire; Betty Trotter, North Barrington; and Michele Wuertz, Lake Barrington.



Summer Clearance Sale at Rugport!



Rugport is having their **Summer Clearance Sale** on all of the quality rugs in their over \$10 million inventory. The selection is huge on silk and wool handmade oriental rugs from small round or square rugs to luxurious estate and palace-sized rugs. During the sale, retail prices are reduced by 75%.

Rugport is able to offer low prices on quality handmade Oriental rugs because **Rugport** is a direct importer and sells retail and wholesale. Compare our price, selection and quality on fine Persian rugs which include Tabriz, Heriz, Serapi, Isfahan, Nain, Kashan, Sarouk, Mashad, Qum and many more. **Rugport** is a fam-

ily-oriented business which prides itself on being professionals in the art of hand made rugs.

The owner representatives at **Rugport** will be happy to provide a **FREE** appraisal of your oriental rug. **Rugport** provides full service and care for Oriental rugs, including cleaning, restoration, buying old and antique rugs, and appraisal. Handmade rugs last for years, so **Rugport** provides long-term customer satisfaction.

Rugport is located in Palatine on Hwy. 14 in the Shepherd Plaza building and now in Oakbrook Terrace on 22nd Street. There is plenty of free parking. Visit soon! *Seeing is believing!*

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Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

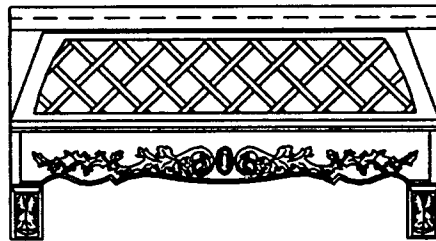
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian, Colonial, French Chateau, Prairie School, Eclectic or any



Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

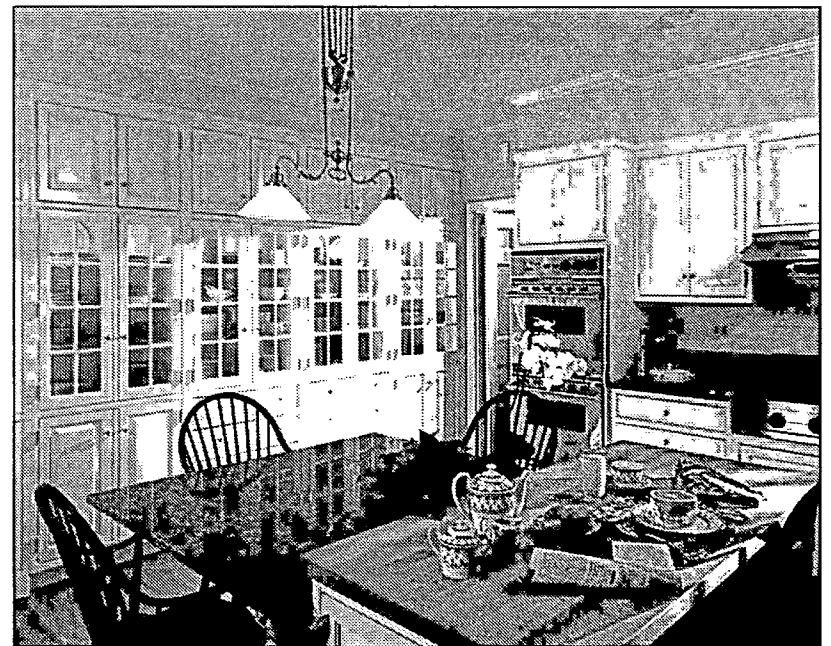
other style, our designers have the background and experience to fit the kitchen to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

Come See Us

McCauley Design is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at **381-2742**.

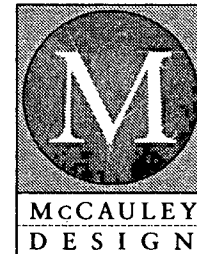


*Each and every **McCauley Design** project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.*

No two projects are ever the same.

Kitchens - Libraries
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—*Forbes Magazine*

No Age Limit to Kindness



Jane Roaper with her mother, Mildred Hoey.

As therapy to recover from a stroke of over two years ago and regain the use of her hands, 88-years-young Mildred Hoey began to crochet colorful pot-holders and coasters. She gives them to friends and family and donates them for use in the kitchens of apartments provided by Catholic Charities' Northwest Suburban Families in Transition Shelter program. The program places homeless families with children in apartments to stabilize their lives while they receive employment and education support. This service is just one of the Catholic Charities'

northwest suburban programs which help people in a compassionate, professional manner regardless of religious, racial, nationality or economic background.

Daughter Jane Roaper says, "Baking cookies is more fun than housework." So she bakes until she has a freezer full of delicious cookies which she generously gives to friends and families of persons who are ill.

Formerly of Timber Lake, Mildred resides with Jane and her husband, Jack, in Lake Barrington.



After years of building America's favorite Patio Doors; we did the impossible.

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Tom Mitchell



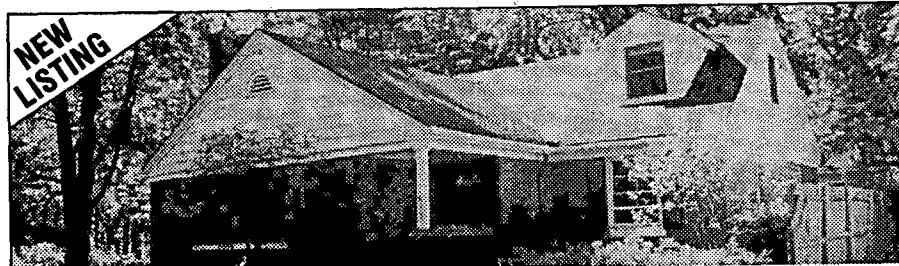
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Grand Tour Our listings are on the Internet for buyer convenience. Each listing contains color photos and information. To view our properties on-line simply contact: <http://www.emailhomes.com/tomjoannemitchell>

Tom & Joanne Mitchell
Barrington's Home Town Realtors



Joanne Mitchell



NEW LISTING

BARRINGTON VILLAGE

Shades of New England—nothing is more charming than a Cape Cod, especially on a wooded double village lot. Spacious living rm with hwd flrs & cozy woodburning fireplace. First flr master bedroom with hwd flrs & new master bath with whirlpool tub. Walls of glass in the family rm let the outside in. 18x12 2nd flr bdrm boasts of ample closets & storage, plus new full bath. 1st flr study could be 3rd bdrm. Perfect village location, walk to train.

Ask for Tom or Joanne Mitchell

\$319,900



NEW LISTING

BARRINGTON HILLS

In one of Barrington Hill's most impressive areas, this timeless stone classic encompasses 8.3 acres of rolling terrain with abundance of mature trees to provide the ultimate backdrop for this country home. Dramatic open floor plan, generous windows grace every room, brick fireplace enhances the space, Country kitchen with butcher block counter. Sweeping past the living rm with cozy fireplace lies the sun room with walls of glass, all overlooking the inground pool area. For the horse lover there is a 6 stall barn with 2 fenced pastures. A Rare Find!

Ask for Tom or Joanne Mitchell

\$749,000



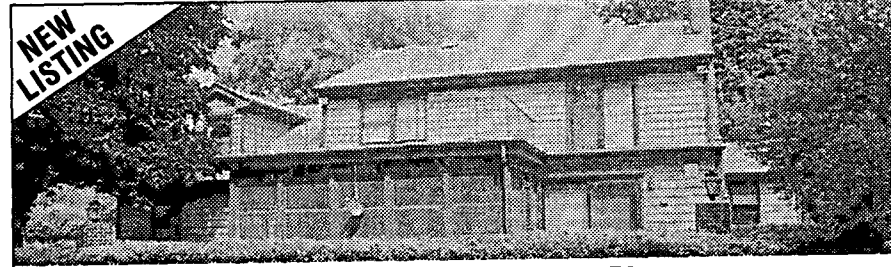
NEW LISTING

BARRINGTON

Captivating 4 bdrm, 2 1/2 bath Colonial with attention to every detail. Expansive living rm with hwd flrs provides formal or casual area for traditional furnishings & entertaining. Dining room features bay window, hwd flrs, dinner at eight but room for 12. Central family rm (23x16) with hwd flrs, vaulted ceiling & stone fireplace opens to new brick patio for summer enjoyment. Spectacular wooded natural setting encircles this perfectly updated & maintained home.

Ask for Tom or Joanne Mitchell

\$437,000



NEW LISTING

BARRINGTON—TOWER LAKES

Nestled in total privacy with approximately 300 ft of shoreline on much sought after Tower Lake. Wooded 1+ acre site with extensive wildlife & flowering trees. Spacious 5 bdrm, 2.2 bth cedar Colonial. Excellent family home with open flr plan. Family rm with stone fireplace & wet bar opens to kitchen. The kids will love their own space in lower level rec rm, game rm & 1/2 bth. Screened porch provides tranquil setting overlooking lawn & waterfront.

Ask for Tom or Joanne Mitchell

\$429,000



NEW LISTING

BARRINGTON HILLS

A touch of New England. Beautiful private retreat on 13.3 acres with exquisite perennial gardens and fish pond. Beautiful grounds are very wooded, where wildlife abounds. Custom built 4 bedroom, 2 1/2 bath home with quality detailing throughout. Hardwood floors, custom millwork, large gourmet kitchen opens to eating area & family rm with two-story stone fireplace. If you're a nature lover you'll fall in love with this special home.

Ask for Tom or Joanne Mitchell

\$599,900



NEW PRICE

BARRINGTON—JEWEL PARK

Love a gracious wooded setting with babbling brook? This beautiful lot in Jewel Park will line up to your expectations. 9 years new with 3 year old luxurious master bedroom & bath suite addition. 4 more spacious bedrooms & 2 more full baths (1 with whirlpool) enhance the 2nd flr. Open kitchen, eating area & family rm will host mealtimes to homework. The family rm whispers relax, while french doors open to spacious sun rm all with private views.

Ask for Tom or Joanne Mitchell

\$624,000



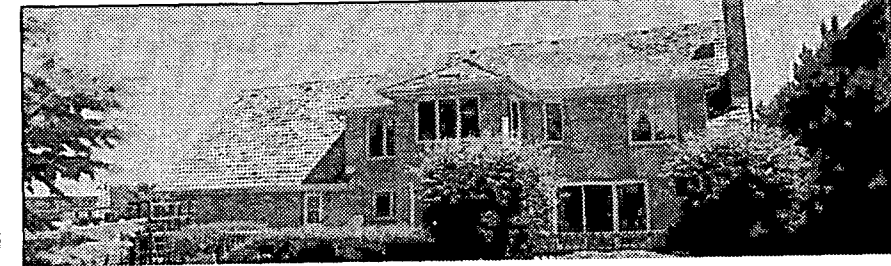
NEW PRICE

BARRINGTON—FOX POINT WATERFRONT

It's more than a home, it's a total lifestyle. Swim, fish, sail, tennis, ice skate & sled right from your own back door. Pretty as a picture, this totally renovated home is a buyers delight. New oak kitchen, hardwood floors throughout, 4 spacious bedrooms, 2 1/2 updated baths, all freshly decorated & ready to move right into. Family rm with brick fireplace opens to private patio & water views. Walk to schools K-8. A Bit of Paradise all in much sought after Fox Point. Prime Location!

Ask for Tom or Joanne Mitchell

\$449,000



BARRINGTON—DEER LAKE MEADOWS

Top Billing for Executives! A privileged country setting where the pace is a little slower. Custom built brick & cedar 4 bedroom, 2 1/2 bath Cape Cod on corner lot. Spacious & comfortable, 1st floor boasts of all hwd flrs and crown moldings. Luxurious master retreat with sitting room & 17x12 master bath. This home meets the needs of all lifestyles from formal entertaining to casual living.

Ask for Tom or Joanne Mitchell

\$539,000

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LANDSCAPE DESIGN • BUILD • MAINTENANCE

Elegant and Serene Landscape Design

Tom's Phase II Landscaping is a family-owned business that has served the greater Chicago area for 13 years with quality designs, installations and maintenance. The staff at Tom's believes that a beautiful setting to call home is definitely one of the sweetest comforts in life. But, they are also very aware that peaceful home settings don't just happen. They are dedicated to professional and quality-crafted landscape design and installation.

Tom's is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Vice President of Landscape Sales at Tom's, says, "Any knowledgeable and experienced landscape architect will

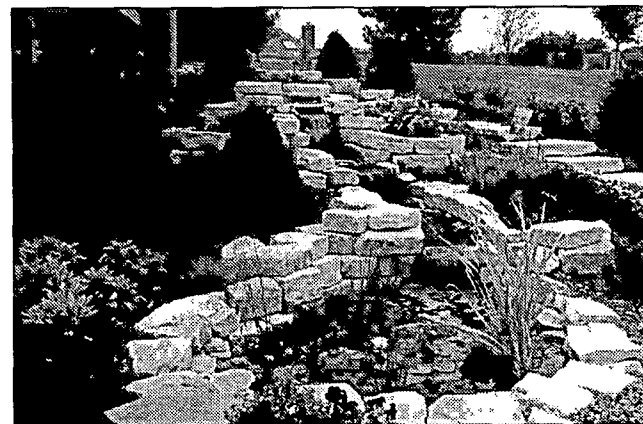
be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that Tom's Phase II Landscaping doesn't resort to "cookie cutter" designs for landscapes. Tom's provides their customers with a custom design that is tailored for each customer's specific needs and desires. Tom's creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined

plant beds and lawn areas with Brick Pavers has augmented Tom's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at Tom's Phase II Landscaping. They pro-

vide complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.



Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring Closet Masters custom designed closet and storage components to your home, Closet Masters can increase the investment value of your existing closets and storage spaces) while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use Closet Masters' custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

Closet Masters. Your Local Closet Professionals.

Illinois State Bar Association Elects 1999 Board of Governors

The Illinois State Bar Association (ISBA) has elected and reelected several members to its board of governors. The 25-member board directs the activities of the statewide organization.

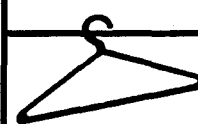
Newly-elected members of the board of governors are Michael W. Clancy, Vincent F. Cornelius, Stephen M. Komie, and Enrico J. Mirabelli.

Re-elected members of the board of governors are Robert K. Downs, William A. Peithmann, Irene F. Bahr, Sheila Murphy, Ron Spears, and Anthony M. Farace.

The 36,000-member ISBA, with offices in Springfield and Chicago, provides professional services to Illinois lawyers and education and services to the public.

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How to Love Summer in the Country

In Chicago's quixotic climate, perfect summer days are a precious commodity. To be enjoyed to the fullest. Does your home let you do that?

If you yearn for the luxury of an 'at home' golf course, pool or rushing stream, maybe what you ought to do is move.

Call us for a rundown on the possibilities. We've been known to spread a little sunshine ourselves.

We're the real estate professionals with the business expertise.

*The
new*

**COLDWELL
BANKER**

BARRINGTON OFFICE

330 E. Main St.

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Independently owned and operated by NRT Inc.

Feeling Overwhelmed

(Continued from page 18)

process is to identify the difference between the things that you want to do versus the things that you need to do. Obviously, you can't decide not to pay bills because you would rather play golf. But, you can identify everything that must be done and another list of what you want to do. Get yourself a calendar that has lines for every hour of the day. Fill in only what can really be done during the course of the day. Many of us prepare "to do" lists that include more than one can humanly do in a day... much less do in a healthful way.

Writing down your lists and thinking about how to accomplish each of the things will allow the process of planning to become an important prelude to your day. Break your tasks into manageable pieces. Writing things out helps you see

what needs to be done and think more effectively. Planning your time eliminates stress. When planning your schedule, don't cut things so close that a traffic snarl puts you into a state of panic for the rest of the day. Pad your schedule with some extra time and only plan what can realistically be done. Then be proud of yourself at day's end when you do what you set out to do.

There are many strategies that can be formulated to help "de-stress" your life and accomplish your goals. Think about each activity carefully and then decide "yes" or "no" to that activity. Call if you need more help with this process—847-842-9365. You are not alone if you are feeling overwhelmed. Just remember that there are solutions, better ways and easier ways to live your life.

Facial Plastic Surgery, Looking Your Best

(Continued from page 23)

Surgery for nasal reconstruction, you can have computer imaging performed during your consultation. You will be able to visualize what you actually may look like with your new nose. After seeing the doctor, pre-operative photos will be taken and fees will be gone over with you. At that time,

you may choose to schedule your surgery.

This summer, Dr. Gary S. Churchill is celebrating his 10-year anniversary in practice.

Come visit the center for a chance at a new outlook on life, in a private, comfortable and state-of-the-art facility.

Antique Car Show and Ice Cream Social

Looking for something the entire family can do this summer? We have the event you won't want to miss.

Good Shepherd Hospital and the Barrington **LIFESTYLES** August 1999

rington Area Historical Society are co-hosting an Antique Car Show and Ice Cream Social this summer. The event is scheduled for Saturday, August 14 from



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office

*The
new* **COLDWELL
BANKER**

Trend watching is what Faith Popcorn, author of the notable book *The Popcorn Report*, has been diligently doing for most of her successful career. In *The Popcorn Report*, she writes about the American people who are "cashing out" to the country. She writes that Americans want life to be simple and excellent with few hassles. (That does sound good, doesn't it?)

Cashing out to the country is about seeking an "A+" quality of life in an area concerned with clean air, good schools, child safety with lots of growing space. Today, Americans are engaged in a quest for a long and healthy life. However, we are challenged by the constraints of time and energy in the pursuit of that lifestyle.

Many of us constantly struggle just to keep up. And, as we talked about in last month's column, we search for ways to make the most of the very few minutes that are "our own" each day.

Last month, I went to a week of meetings in Newport Beach, California. It's a beautiful place with much to do. However, whenever there was free time, people who were golfers were out at Pinnacle Point, a golf course that overlooks the Pacific Ocean. The golf course received rave reviews, not just because of its excellent course, but because of its sheer beauty.

In thinking about the topic for this month's column, I thought about beautiful land we have around the Barrington area and the magnificent golf courses people enjoy without having to leave home. (This is definitely no hassle.) There are many in the communities that surround Barrington but one that readily comes to mind is Wynstone.

Wynstone is the upscale Barrington community centered around a magnificent Jack Nicklaus-designed golf course. It offers a relaxing lifestyle where residents have easy access to golf, tennis, swimming and a calendar full of special events for the choosing. Its residents can spend their leisure time socializing on the golf course, at the pool or in the luxurious clubhouse without having to travel

anywhere else to enjoy these pursuits. Makes living easy... life simple.

Today, with corporate America working at home and entrepreneurs also operating their businesses from home, there is new interest in communities complete with leisure activities. Wynstone is an ideal answer.

I mentioned earlier that the Barrington area is especially beautiful and Wynstone is exceptional. It has curving roads, towering mature trees and pine forests, sparkling ponds (many of which run through and around the golf course) and rushing streams.

The golf course was installed to the exacting blueprints of Jack Nicklaus who demanded superb craftsmanship in the completion of his master plan. It is distinctive and exciting. The rolling fairways are lush, green and peaceful. (Not so peaceful, perhaps, if you are having a bad day with your golf.)

The clubhouse, although lavishly appointed, has an atmosphere of casual elegance and offers picturesque views of the course and its beautiful land. After an enjoyable afternoon of golf or any other activity, the clubhouse is a stunning place to watch the sunset and connect with people.

Buyers are attracted to Wynstone because of its country club atmosphere where the entire family may enjoy the club's many amenities and where they can meet people of similar interests; where they can be comfortable with the quality of life, the school system and where there are neighbors so that it's easy for children to play and develop friendships.

Currently, **Coldwell Banker** is proud to be marketing many fine properties in Wynstone. We welcome the process of educating you, the buyer, to this special, resort-like, gated community just minutes from Chicago. Pick up the phone and call us today so that we can introduce you to this special lifestyle. We delight in making dreams become an actuality. **Coldwell Banker Residential Brokerage** is the *Dream House Headquarters*.



10 AM to 4 PM near the rustic farm buildings on the hospital's grounds at 450 W. Highway 22 in Barrington. The event is designed as a community-wide celebration of the hospital's 20th Anniversary.

The show will feature dozens of antique and vintage cars from area residents residing in the hospital's service area. A special show will feature cars from the year 1979—the year Good Shepherd Hospital opened.

The event is open to the general pub-

lic. Admission is \$5 per person over age 12 and includes cake, ice cream and lemonade at our old fashioned ice cream social. Children under age 12 are free. Proceeds from the event will benefit the Barrington Area Historical Society and Wellness Place, a community resource center for cancer patients, survivors and their families in the northwest suburbs.

So bring the family and enjoy a day in the country. Good Shepherd Hospital is located at 450 W. Highway 22 in Barrington.

Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call (847) 382-8468 or (815) 363-8468. Or, call us at our Naperville division—630-415-1205.

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Welcome to the endless possibilities available to you—the homeowner. Now you can create beautiful and functional extensions of your home by using brick, natural stone, or concrete modular wall units.

Your creation begins with an initial, on-site inspection and measurement of the work area. Our designer will show you pictures, listen to your ideas, answer any questions and offer any additional suggestions. The measurements are then used to compose a scale drawing which is presented to you along with a written proposal.

Burke Landscaping considers their work a craft and takes pride in every job no matter what size. To ensure your work will stand the test of time, we back it up with a *5 year guarantee*.

Our company is a fully insured and experienced **Hardscape** contractor, with 13 years experience specializing in interlocking brick pavers, custom stone work and many forms of retaining walls.

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American Photographs: The First Century, from the Isaacs Collection in the National Museum of American Art

(Continued from page 44)

explored various photographic conventions including Edward Steichen, a painter who later became chief photographer for *Condé Nast* magazines, and Doris Ulmann, a photographer who captured the rural lifestyle of Appalachia. Also included are images by two dozen unidentified photographers.

"This exhibition encourages a comparison between photographers whose ambition was to create art through photography, and those who used the medium primarily as a means to document, illustrate and advertise," stated Neff.

A fully illustrated catalog accompanies the exhibition and provides an in-depth

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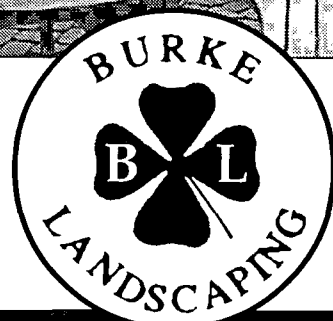
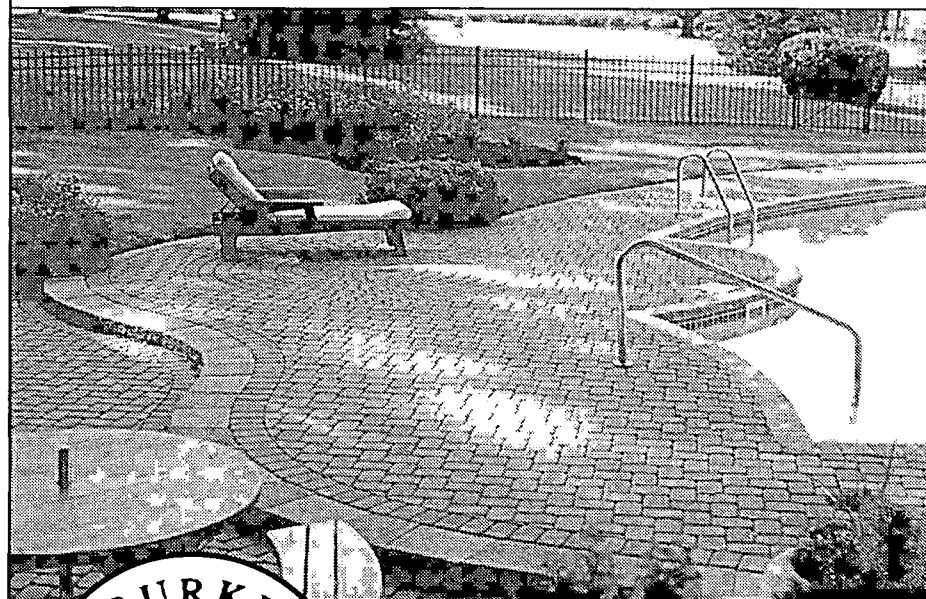
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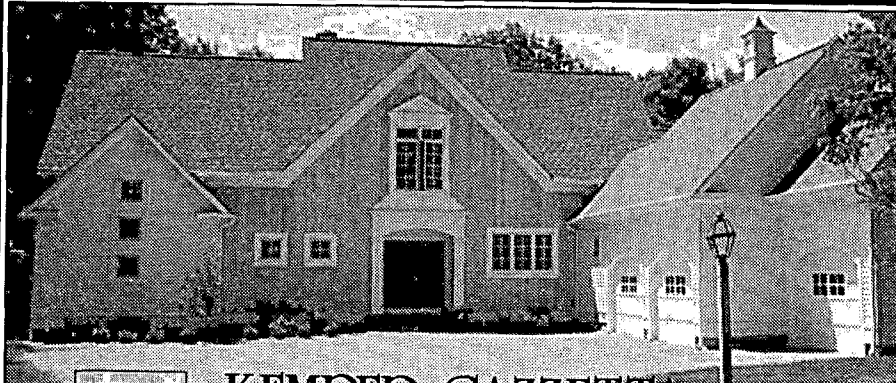


analysis of the lively history of photography in America.

Founded by Daniel J. Terra in 1980, Terra Museum of American Art is dedicated to the understanding and appreciation of the cultural contributions made by American artists. Its collection includes notable works by Mary Cassatt, Winslow Homer, Maurice Brazil Prendergast, John Singer Sargent and James McNeill Whistler. A second museum, Musée d'Art Américain Giverny in France, opened in 1992. Both museums initiate and host a variety of exhibitions that explore issues

in American art.

Terra Museum of American Art is located at 664 N. Michigan Avenue, Chicago, IL 60611. Museum hours are Tuesday, 10 AM to 8 PM; Wednesday to Saturday, 10 AM to 6 PM; and Sunday, noon to 5 PM. Admission is \$7 for adults and \$3.50 for seniors and children under 12. There is no charge on Tuesdays or the first Sunday of every month. The museum's general information number is 312-664-3939. Advance tickets may be purchased on-line at www.ticketweb.com.

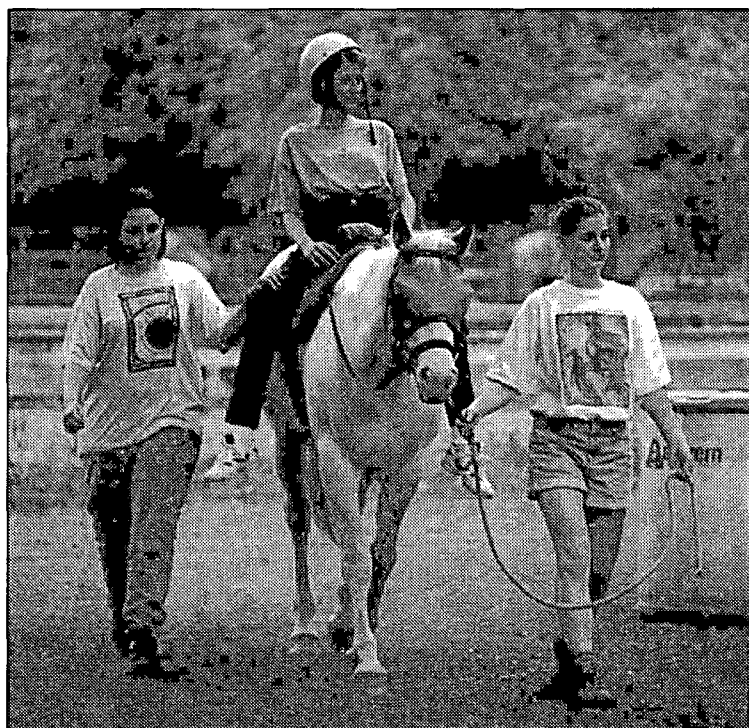


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Golf Tournament to Benefit Therapeutic Equine Activities



Friends For Therapeutic Equine Activities (FTEA) invite you to participate in the 3rd annual "Tee Off for Friends" Golf tournament, Silent Auction & Dinner on September 27, 1999 at Eagle Brook Golf course in Geneva, IL. Activities are also planned for non-golfers.

Friends is a not-for-profit 501(c)(3) charitable organization founded for the express purpose of providing and conducting therapeutic equestrian activities for people with disabilities. Participants come to FTEA either as individuals or in groups from schools, rehabilitation centers and other health care agencies.

Programs focus on ability rather than disability in a safe and enjoyable environment. FTEA is unique not only because of its use of the horse as a means of therapy, but it also provides individualized therapeutic activities to people of all ages and disability groups.

The physical benefits of the program include improvement in balance, coordination, sensory-motor organization, cardiorespiratory function, strength and range of motion. The psychological benefits include improvement in motivation, self esteem, self confidence, self control, the development of language and cognitive skills and improvement in the ability

to interact socially.

Instruction is specific to the needs of each individual rider, thereby ensuring that rider of a successful, beneficial and personally fulfilling experience. Contact with the horse creates an accepting atmosphere, and all riders, no matter what their disability, can feel that acceptance. Being astride a large animal allows the rider to experience looking down at a person, when many who use wheelchairs only experience others looking down on them.

Friends is primarily a volunteer organization, with the exception of three paid staff who work a combination of full, three-quarter and half time. The staff are responsible for managing the program, instruction, horse care, scheduling and fundraising support. Volunteers are an integral part of the program by providing assistance in the riding program with the participants, support for fundraising and assistance in maintaining the eight horses. Both program and staff are accredited and certified by the North American Riding for the Handicapped Association.

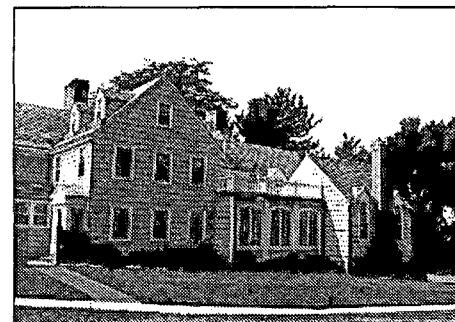
Financial support comes from nominal program fees, gifts-in-kind, individual charitable contributions, benefits and grants from foundations and corporations. Donations of time, money and personal

Local Architects Specialize in Remodeling

Are you confused about how to get more space from your present home? Are you wondering how much this will cost?

"When a client calls us to look at remodeling their home, they generally have two questions. How can we get more space, and how much will it cost?" says John C. Cazzetta, President of **Kemper Cazzetta, Ltd.** an architectural firm in Barrington that specializes in residential design. "We can uniquely answer those questions because of our combined experience in design and construction."

Mr. Cazzetta also owns "BonnerCodd Associates," a construction management firm. "Because we construction manage approximately 40% of our design work, we are familiar with the cost drivers of remodeling. Therefore, we are able to estimate the cost of a project before we begin designing." The firm also prides itself in "context architecture." "We strive to



complement the existing structure as we incorporate the new space. The finished project should feel as if the new work was part of the original design."

If you are thinking of revising your home, please call principals Cheryl Ferguson and John C. Cazzetta at **Kemper Cazzetta, Ltd.** for a free consultation at 847-382-8322. They will be happy to talk to you about developing the full potential of your home.

American Photographs: The First Century, from the Isaacs Collection in the National Museum of American Art

An exhibition of 175 historic photographs at the Terra Museum of American Art in Chicago will continue through Sunday, September 26.

"Historic photographs such as these bear witness to our American past, as well as show us the impact photography continues to exert on our larger visual culture," said John Hallmark Neff, Terra Museum director and curator of collections.

American Photographs: The First Century will examine the variety and influence of photographic media during the 19th and early 20th centuries, ranging from daguerreotypes and tin types to silver prints and platinum prints. The exhibition offers bold images of New England and Western landscapes, and art with Native American and industrial expansion themes. Portraits, still lifes and photographs of daily life in the 1800s and this century are also featured.

Ansel Adams, among the most influential photographers of the 20th century, focused on the landscape of the American West in the tradition of Eadweard Muybridge, Carleton E. Watkins and Charles Leander Weed.

Also featured are Civil War photographers George N. Barnard, Alexander Gardner and Egbert Guy Fox, who documented the soldiers, campsites and casualties of battle.

When the Photo-Secession period be-



John G. Bullock, *Marjorie in the Garden*, ca. 1903, platinum print, 7½" x 5¼", 1994.91.35. Museum purchase from the Charles Isaacs Collection made possible in part by the Luisita L. and Franz H. Denghausen Endowment.

gan at the turn of the century, artists such as Anne W. Brigman, Gertrude Käsebier, Karl Struss and Clarence H. White began to present less explicit, more aestheticized impressions rather than candid observations in the belief that photography could rival painting's expressive power.

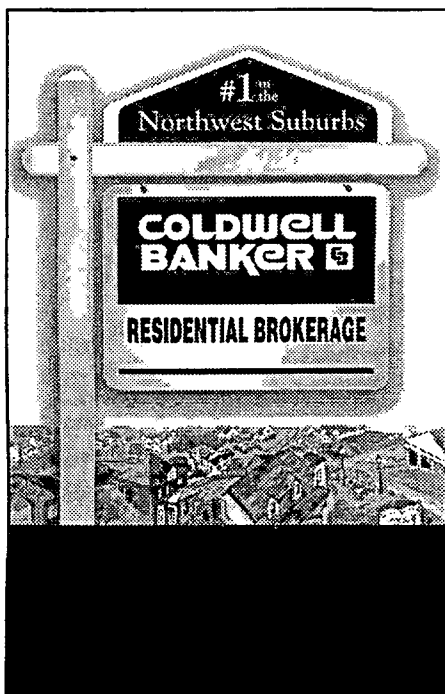
Shortly after World War I, several artists
(Please continue on page 43)

skills are always greatly appreciated.

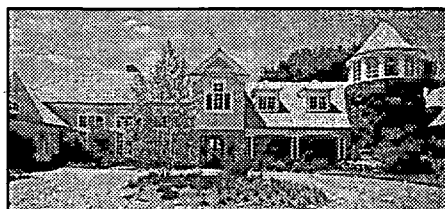
To inquire about the program or to reg-

ister for the golf/dinner benefit, please call 630-588-8543.

BARRINGTON AREA OFFICE



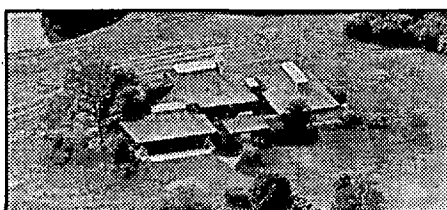
Barrington Hills \$5,900,000
Lakefront estate. 13+ acres. Finest custom finishes, first floor master, Degulio kit, handsome study, screened porch w/ fireplace, movie theater & sports bar.
Meg Cleavenger 847/465-2259



Barrington Hills \$5,200,000
Magnificent estate set on 17 wooded acres. Exceptional residence, 2 guest houses, pool, tennis court. Beautiful 4-stall barn. Indescribable beauty & views.
Meg Cleavenger 847/465-2259



South Barrington \$2,150,000
Luxury residence overlooking the pond, boasting outstanding quality, featuring 5 fireplaces, 7 bedrooms, 8.5 baths.
Darinka Povrzenic 847/465-2268



Barrington Hills \$1,700,000
Waterfront Shangri-la on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.
Meg Cleavenger & Barb Wessberg 847/465-2259



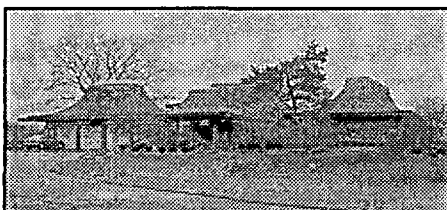
Woodstock \$1,595,000
Prime Bull Valley acreage w/ rolling land & woods. Perfect for horses! 72+ lovely acres also available in 5+ acre parcels at 26,000 per acre.
Suzanne Luby & Barb Uskup 847/465-2211



Barrington \$1,375,000
Located in Wynstone, a private gated community. This custom Tudor enjoys a winding creek & views of the 3rd green. Featuring 6 BR, 3.3 BA & 3 fireplaces.
Bonnie Legue & Claudette Benson 847/465-2223



Barrington Hills \$1,195,000
Award-winning historical Victorian home. Breath taking 5+ acres in Barrington Hills. 5 bedrooms, 4 baths, barn & pasture.
Celeste Lockhart 847/465-2272



Barrington Hills \$999,900
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kit, sumptuous master suite, handsome decor, indoor pool wing & 3-car garage.
Meg Cleavenger & Barb Wessberg 847/465-2259



Barrington \$925,000
Woodland pasture & pristine lawn surround! 6 BR, 3.2 BA, deluxe master suite, 1st flr study, in-ground pool, new roof & 3rd flr. 5-stall barn, gated entry.
Jack Sanderson 847/465-2278



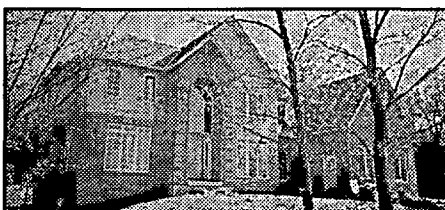
Barrington \$869,000
Built in 1929, this gracious English Tudor was magnificently renovated in 1991-92. 4 bedrooms. 4 baths. Gourmet kitchen. Nestled on 9.5 acres.
Ron & Jeanine VanDeVelde 847/465-2282



Barrington Hills \$845,000
5 Beautiful acres w/ 325' of shoreline on Heather lake. Well-built brick & stone hillside ranch w/ full finished lower level. Private setting. Horses permitted.
Nancy Herr 847/465-2267



Barrington Hills \$659,000
Georgian colonial on 8.9 acres. Beautifully landscaped, very private. New carpet, hardwood floors in family room & kitchen. Backs up to Hill & Dale Farm.
Barbara Cunningham 847/465-2262



Barrington \$659,000
This stunning new home w/ wooded privacy will be ready soon! Quality abounds in 12 spacious rooms w/ an open, flowing floor plan.
Donna Veller 847/465-2228



Barrington \$589,000
Private setting nestled on 2+ acres, 4 BR, 3.1 BA, 3-car garage, bonus room, 2 staircases, gourmet kitchen, 3 fireplaces, spacious rooms & ample closets. Come see!
Donna Lavin 847/465-2270



Barrington \$519,000
Looking for country charm, spacious rooms, abundance of windows, hardwood floors, 9' ceilings, detailed woodwork, newer kitchen? It's all here on 1 acre.
Tressa Borkon 847/465-2256



Lake in the Hills \$469,000
Artistically designed & elegantly appointed this maintenance-free home features 4 BR, 3.1 BA, 3 fireplaces, finished English ll, volume ceilings. Upgrades t/o.
Bonnie Paice Legue 847/465-2223



Inverness \$409,900
Enjoy maintenance-free living in beautiful Inverness on the Ponds. Lovely 3-bedroom home on wooded cul-de-sac. Cathedral ceiling. Spacious kitchen. 2-car garage.
Ron & Jeanine VanDeVelde 847/465-2282



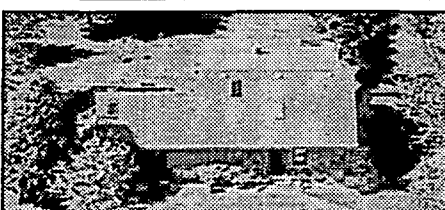
Barrington \$409,000
Enjoy 1-level living w/ expansive rooms & open floor plan. Charm abounds in highly desirable area w/ country atmosphere close to village.
Donna Veller 847/465-2228



Barrington \$399,900
With traditional detail & extensive updates, this New England colonial is fabulous. 4 BR, 3 BA, hardwood floors, finished English lower level, lake views.
Bonnie Paice Legue 847/465-2223



Barrington \$399,000
2-story traditional home, immaculate & spacious! Formal living room & dining room, 2 fireplaces. 4 BR, 2.1 BA, full basement & 3-car garage. Barrington schools.
Bonnie Paice Legue 847/465-2223



Barrington Hills \$379,000
Entry-level Barrington Hills! 5 acres on trails, very private, 1994 kit/BA, hrdwd flrs, skylight, FR w/ fireplace, 3-car gar, barn w/ electric & water. Barrington schools!
Bonnie Paice Legue 847/465-2223

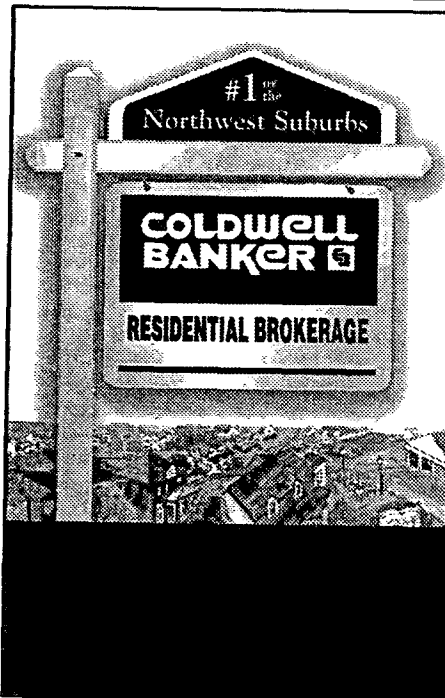


Barrington \$339,500
Updated—& updated some more! Remodeled w/ quality & taste. Gorgeous kit w/ island, vaulted ceilings, new Pella windows, hardwood floors & 3/4 wooded acre.
Ron & Jeanine VanDeVelde 847/465-2282



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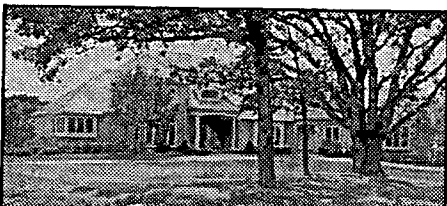
Barrington Hills \$1,300,000
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.
Meg Cleavenger 847/465-2259



North Barrington \$1,125,000
Set on heavily wooded lot this 17th Century style home offers 4 bedrooms, 4 baths, paneled 2-story family room, sunroom, study, screen porch & dream kitchen.
Sherl Wheeler 847/465-2290



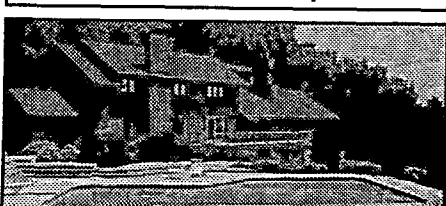
North Barrington \$1,098,000
Brick Georgian in Wynstone. Master BR w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level, maid's room 1st floor... gazebo & pond.
Sherl Wheeler 847/465-2290



North Barrington \$1,050,000
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen, pillars, 4/5 BR, bonus room. You will fall in love!
Sherl Wheeler 847/465-2290



Barrington Hills \$1,050,000
Set on 5 acres in Barrington Hills, this graceful country home will delight you, 3 fireplaces, hardwood floors, study, wooded lot & just minutes to town.
Sherl Wheeler 847/465-2290



Barrington Hills \$899,200
The best setting for this updated 5-bedroom, 4.1-bath home. 1st floor master, vaulted entry, 3 fireplaces. Hot tub, pool & finished English basement.
Greg Bradley & Margaret Semrad 847/465-2232



South Barrington \$845,000
Elegant Brick Georgian on huge pond in area of newer homes. Only 6 years old. Hrdwd floor, volume ceilings, 4 BR, 1st floor study, finished bonus. Finished walkout.
Tressa Borkon 847/465-2256



Barrington \$769,500
Perfect, neutral, & interior location in the best neighborhood ever! All the details w/ 2-story family room, 4+ bedrooms, finished walkout. Light & bright—perfect!
Holly & Wayne Wyckoff 847/465-2291



Barrington Hills \$749,000
On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.
Meg Cleavenger 847/465-2259



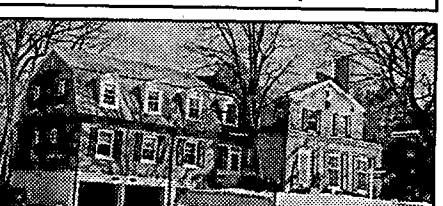
Barrington \$589,900
Just 2 years old & gorgeous—4 bedrooms, 3 baths, sunroom, 9' & 10' ceiling, white kitchen w/ island, super master bath, 2 walk-in closets. What a dream!
Sherl Wheeler 847/465-2290



Barrington Hills \$589,000
Delightful country home w/ in-ground pool & hot tub. Lovely 4-BR home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished LL w/ 2nd kitchen.
Meg Cleavenger 847/465-2259



Barrington \$525,000
Charming main house featured in North Shore Magazine. 4-room guest cottage. Separate 1000 sq ft studio/office. Beautiful pool & patio. Wooded & secluded!
John Nemz 847/465-2289



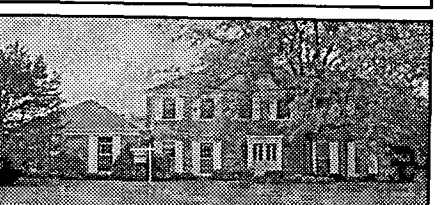
West Dundee \$539,000
Enjoy unique blend of old & new plus magnificent views of Fox in vintage property w/ 6 BR, 4.1 BA + hardwood, leaded glass. In-law or nanny quarters. B & B anyone?
Suzanne Luby 847/465-2211



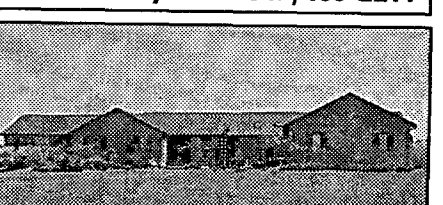
Barrington Hills \$509,000
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.
Meg Cleavenger 847/465-2259



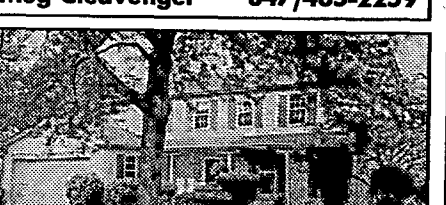
Barrington \$520,000
Lakeside & 1st time for sale, brick ranch w/ 4 bedrooms, eat-in kitchen, hardwood floors, immaculate inside & out, thank heavens you waited! See it now.
Tom Wagner 847/465-2292



Inverness \$509,000
Lovely brick Georgian on 1 acre w/ 4 bedrooms, study, sunroom, fully updated gourmet kitchen & finished lower level.
Suzanne Luby 847/465-2211



Barrington \$469,900
Brick ranch sits on 2.5 acres w/ serene views of pond. Deck w/ hot tub & sauna. A private retreat set in a lovely neighborhood. 5 bedrooms, 4 baths.
Mary Balistreri 847/465-2296



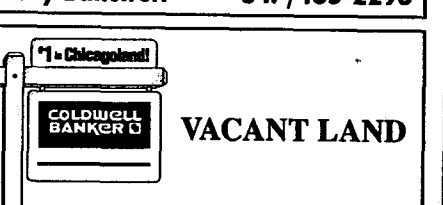
Barrington \$409,000
Set on a quiet street in Barrington's favorite Fox Point, this 4-bedroom colonial is a gem... backs to forest preserve, has pool, lake & tennis courts.
Sherl Wheeler 847/465-2290



North Barrington \$335,500
Superb home in idyllic location. Efficient floor plan. 3 bedrooms, 3 baths, 2 fireplaces & all-season porch. Accented w/ soaring ceilings w/ solid beams.
Tom Wagner 847/465-2292



Tower Lakes \$279,900
Set on a wooded lot in Tower Lakes, this house has a view of the lake. Updated kitchens & bath. Extensive hardwood floors, 3 fireplaces, huge deck—a dream.
Sherl Wheeler 847/465-2290



Barrington Hills \$325,000
Beautiful rolling acreage in a very desirable area of Barrington Hills. Close to schools, village, train & shops. Excellent homesite is high & dry.
Nancy Herr 847/465-2267



Lake Barrington \$259,000
Delightful 2-bedroom 2-bath townhome is a beauty. Gorgeous views of the 16th fairway. Light & bright! Vaulted ceilings. English lower level.
Ron & Jeanine VanDeVelde 847/465-2282

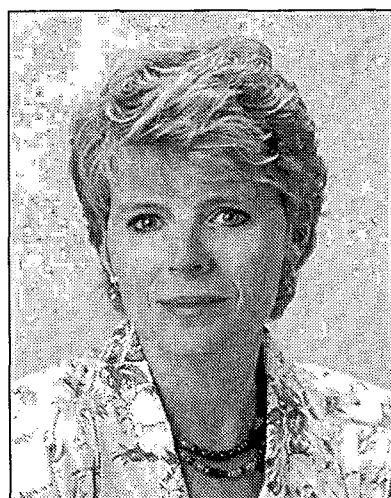


From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

I told Richard the other day that my Explorer had reached the miles that they would usually like me to get out of it. He said that he wanted me to wait a month or so until the 2000's came in. It sounded so strange to hear him refer to a vehicle as a 2000. We always refer to them by the last two digits, such as '98's or '99's. I suppose next year, we'll refer to them as '01's. Won't it sound strange when someone asks what year your car is and you say "1"? But 2000's will probably always be labeled by all four digits, because "00" would sound really strange.

I always need plenty of notice when I'm switching out of a vehicle because I carry my life around with me. I've got my tennis racquet; tennis shoes and other paraphernalia; my notes and minutes from my stock club; and my book on the Good Shepherd Gala. I'm also an avid gardener, so there is always some sort of plant or gardening supplies.



Tim is a neat freak, so my vehicle really frustrates him. But, after 30 years, he's given up on me. Don't worry. My vehicle will be thoroughly cleaned before we sell it.

Creating the Art of Decorative Finishing

Lynn Mueller is the instructor/owner at **Classic Illusions**, which is a certified Faux Finishing School and distributor of **Aqua Finishing Solutions™** in Lake Zurich, IL. The Aqua Finishing Solutions™ product line has been developed by Faux Effects, Inc. as an easy to use, water-based faux finishing system. Aqua Finishing Solutions™ allows you to create the distinct finishes of times past along with many exciting contemporary finishes, and all without requiring years of specialized training. Intended to be used by professional and nonprofessional alike, the Aqua Finishing Solutions™ system is an exceptional water-based line that is nontoxic and provides *slow* drying times for maximum workability, ultra high durability for long lasting beauty and low VOC content for both user and environmental friendliness. Lynn's workshops are designed and

created to share her knowledge of the Faux and Decorative Painting industry and to introduce you to this incredible product line.

Lynn has been a decorative artisan for 10 years and has been teaching classes for 6 out of those 10 years.

Lynn currently has a variety of classes scheduled at her studio, **Classic Illusions** in Lake Zurich. Her studio is located within **Fine Things**, a home furnishings boutique, at 291 South Rand Road, Lake Zurich IL, 60047 in the Dominicks Shopping Center. She invites you to stop in at **Fine Things** to pick up the newest class schedule and view her portfolios of the many different faux finishes and decorative painting projects that she could teach you. You can also contact Lynn at her office at 847-854-6794 or call 847-726-9577 to register.

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Doug Jennings, Cartooning Instructor

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The highly acclaimed New Oratorio Singers (TNOS) will hold auditions beginning at 7 PM on August 10, 12, 17 and 19 at William Fremd High School, 1000 S. Quentin Road, Palatine.

During the 6 to 8 minute audition, each singer will be requested to:

- Vocalize to determine voice part and range;
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- Sight read a short, simple unfamiliar piece;
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TNOS is celebrating 20 years of music-making and looks forward to singing Brahms' *Alto Rhapsody* and Bruckner's *Mass #1* in two November, 1999 performances. There will also be two Christmas, 1999 concerts featuring Shaw/Bennett arrangements, *Fantasia on Christmas Carols* by Vaughan Williams and works by John Rutter. Flor Peters' *Missa Festiva* and a *cappella* arrangements by Alice Parker will be performed three times in April, 2000; and this will also be the repertoire for a tour of France, Switzerland, Austria and Germany in June, 2000.

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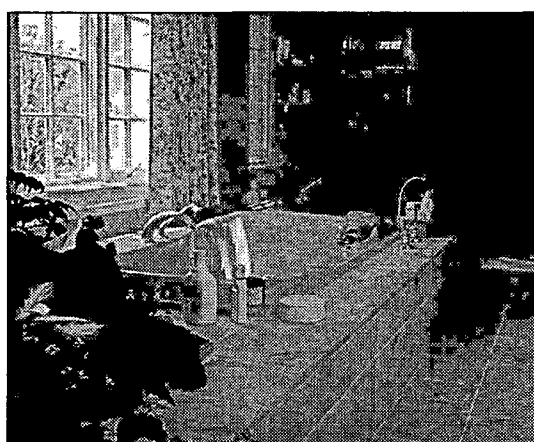
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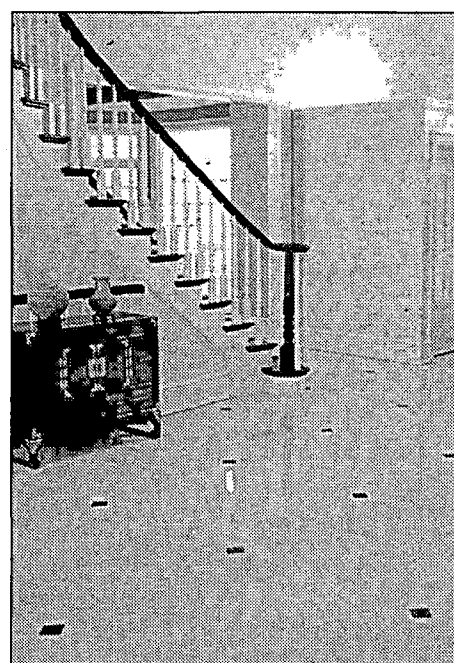
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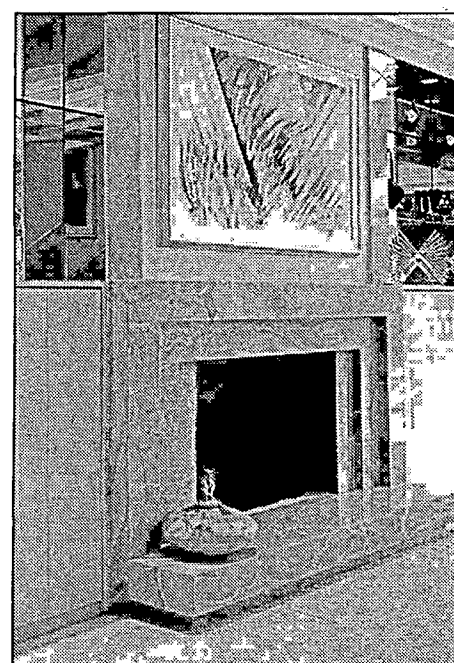
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