

BARRINGTON LIFESTYLES^{T.M.}

The News Magazine for the Greater
Barrington and Surrounding Areas

\$1/News Stand Price

February, 1995

*"A Celebration of Love"
A Special Focus on Brides & Sweethearts*

Love

BYDE's
"The Nutcracker"
Incredibly Beautiful

Hear Ye! Hear Ye!
Welcome To
BAAC's "Camelot"

MHAI's "Mardi
Gras Carnivale"

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Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

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BARRINGTON LIFESTYLES^{T.M.}

The News Magazine for
the Greater Barrington Area

Published by
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Editor's Ink

February, 1995

Dear Reader,

Happy Valentine's Day to all! I hope you enjoy our "Sweetheart Issue," dedicated to brides and sweethearts.

Looks like February is heading to be a busy month! The Barrington Area Arts Council (BAAC) will be having their annual fund-raising gala on February 18 at the Barn of Barrington. "Camelot" is the theme—in a perfect setting. Co-Chairs for the spectacular event are Maureen Yates of Barrington and Anna Haller of Wilmette. An array of Renaissance entertainment and a tasty olde English menu await your pleasure. You are invited to attend in period costume. What fun!

Mark your calendar for the Mental Health Gold Bell Gala on March 4th. Always a splendid event, this year it takes on a New Orleans Mardi Gras flair. General Chair is Gloria Moats of Barrington. Cuisine New Orleans style will be enjoyed and the location is the Chicago Hyatt Regency Hotel. Jan Holcomb, Exec Director of the Mental Health Association in Illinois has announced that Ben Vereen will be Grand Marshall. The Gala is the biggest M.H.A.I. fund-raiser event of the year.

Never mind the weather, this season holds lots of excitement! Until next time, may all your thoughts be sunny.

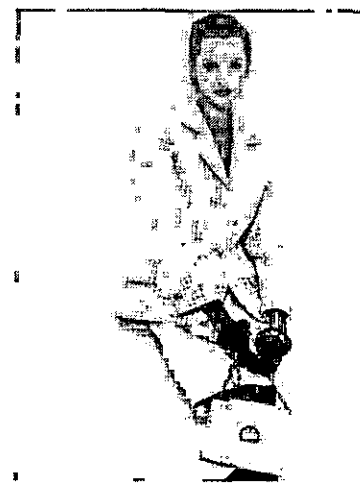
With warm regards,

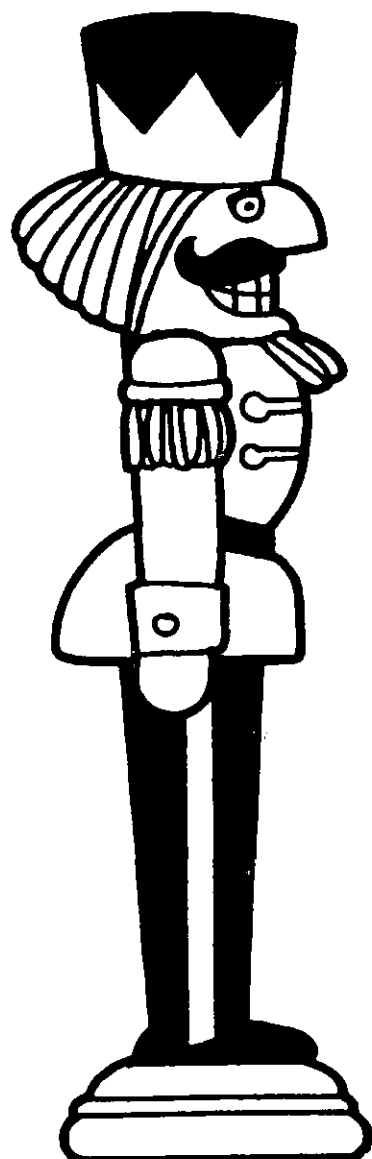
Glenn M. McMonigal

Glenn McMonigal
Editor, *Lifestyles Magazines*

About Our Cover

From the Jean-Louis Scherrer Boutique of Paris. A beautiful Spring ensemble from the Pret-A-Porter 1995 Collection. An exciting new season approaches.





BYDE's *The Nutcracker* Presentation Incredibly Beautiful

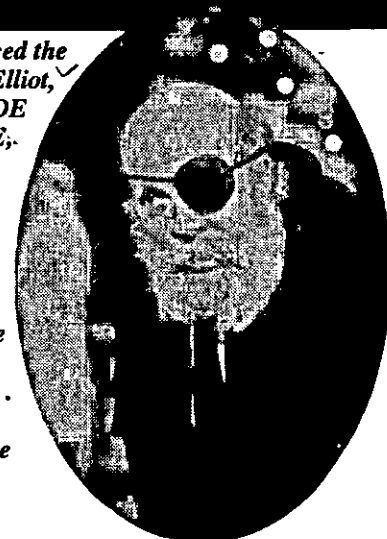


Jessica Swöyer, Barrington Hills, starred as the adorable Clara in the magnificent December 3rd performance of the Barrington Youth Dance Ensemble's (BYDE) "The Nutcracker" staged at Barrington High School.



Leslie Meils, Barrington Hills, danced the role of the Snow Queen with Keith Elliot, Chicago. The snowflakes were BYDE dancers. For information on BYDE, phone The Studio's Barrington Dance Academy at (708) 382-6333.

Jim Estes starred as Herr Drosselmeyer. Jim also designed the beautiful sets for the production. The ballet was a sold-out success... the 700 seat Richard C. Johnson Auditorium was filled for all three performances.



Apres Ballet...



"Nutcracker" performers Megan Brennan, Barrington (left) and Jennifer McClean, Crystal Lake, relaxed after the show with Eric Nordstrom, Crystal Lake. A champagne reception and holiday supper was held for BYDE donors, board members, special guests, cast and guest artists.



Apres ballet, Mary Brennan chatted with Lynda and Dick Reedy and their young daughter Brooke, Barrington. Mary is BYDE President and Artistic Director.

The Duchossois family gathered after the "Nutcracker" production. Kim, left, from Barrington Hills with Craig and Janet from Flossmoor. The Duchossois Foundation generously underwrote the lovely "Land of Sweets" reception. Kim is President of The Duchossois Foundation and Craig is on the Board of Directors.



Visiting during intermission: Megan and Beth Cotter (left), Amanda (back) and Kaley Brackett, all of Crystal Lake.

"Massage has its greatest benefits over time, and most doctors and therapists say the more often you get a massage, the better you feel!"

New York Times



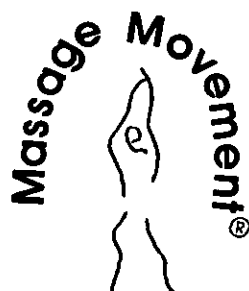
"Feel Different"

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Having established herself as the area's premier Massage Therapist and Bodyworker, Therese Maria Pol, owner of **Massage Movement**, continues to assist people to "Feel Different" and move through states of discomfort via the dynamic and powerful medium of massage and bodywork.

Therese invites you to experience her uniquely developed style of massage

therapy and bodywork. With slow and deliberately placed hand movements, Therese artfully sculpts your body and defines your body's muscular responses. With each additional massage session the body actually utilizes those responses to elicit freer and lighter responses. Profound relaxation can only be felt. Discover how massage therapy and bodywork at the **Massage Movement** can make you "Feel Different" Call now and begin to enjoy the joyful qualities of your body.

Herbal Shampoo Helps Baldness

Finally! A cure for baldness that really works! A revolutionary new herbal kit, called Foli-Kleen 2000, has just exploded onto the scene, giving fresh hope to millions of Americans who, until now have helplessly watched their hair fall out.

In fact, the product's intrepid inventor, Jacqueline Sabal, suffered through the same agony of hair loss.

"There it was in the mirror," the 50-something cosmetologist tells us from her laboratory in Pompano Beach, Fla. "I was going bald. There was nothing out there that seemed to work, so I invented my own solution.

"Now I have an incredible head of hair."

The magical ingredients in Jacqueline's

painless potion are top secret, but she will reveal that they're a special combination of natural herbs.

And a clinical study of Foli-Kleen 2000 showed conclusively that users of the shampoo experienced progressive growth of hair—an amazing 33.9 percent increase over just three months!

"Cleanliness is the key to hair growth," she says. "We simply deep cleanse the scalp of all the debris that's accumulated over the years and allow the hair to push through the scalp."

Foli-Kleen 2000 is available at **In Hair Numero Uno P.C.** on Northwest Hwy. in Palatine.

BARNO To Meet Feb. 14

The Barrington Area Registered Nurses Organization (BARNO) will meet Tuesday, February 14, 1995 at 7 P.M. in the Meadow Room at Good Shepherd Hospital, 450 W. Highway 22 in Barrington. Social hour is at 7-7:30, business meeting 7:30-8:00, and program at 8 P.M. Sandra Stilling, R.N., B.A. in Management and an Addiction Counselor will speak on the topic "The Role of the Parish Nurse. Stilling has served as Parish Nurse at the Lutheran Church of the Atonement in Barrington since 1990. The Parish Nurse Program is designed to

provide leadership in identifying and meeting the health education and health counseling needs of the whole person within and through a faith community. The Parish Nurse participates in the life and activities of the congregation as a member of the parish staff. All Registered Nurses active or inactive, residing or working in the Barrington area or surrounding communities, are invited to attend this meeting.

For more information, please call Cheryl Jellovitz at 708-382-7038.

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There is a lot of room for deception when you buy a diamond, and very subtle differences in diamond quality can make big differences in value. In many cases, what may seem to be a bargain is actually overpriced.

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To learn more about how diamonds are graded and priced, visit our store and ask for a free copy of our Diamond Book. We want to be your jeweler by earning your trust.

Fall In Love With Art Worth Collecting



"Broken Silence" by Carl Brenders

For art unmatched for its beauty, collectibility and quality; there's no place like **Woodland Art Gallery**, the area's most respected and knowledgeable source for limited edition prints. With a wonderful assortment of wildlife, landscapes and romantic pieces from the palettes of the world's finest artists, perfect for Valentine's Day giving, the gallery welcomes your visit.

This month the gallery invites you to experience the delights of artist Carl Brenders' world with his newest release, *Broken Silence*. A delightful limited edition print, the work is another mastery of every incredible detail.

"I wanted to play with light in this painting and with the element of camouflage in nature," Brenders recalled. "Fawns have no odor and are very well camouflaged, which protects them against predators. When the

painting was finished, I felt that the left side was begging for some action. I painted the red squirrel screeching at the fawns, which suggested to me the title *Broken Silence*."

You'll also see a wide array of other well known artists' prints; Robert Bateman, Dean Morrissey, Jim Daly, Michael Young, Bev Doolittle, Terry Isaac, Bradley J. Parrish, John Seerey-Lester, Peter Ellenshaw, Arleta Pech, Don Hatfield, Terry Redlin and many more. Owner and master framer Scott Teasdale is always at your service for advice and his incredible framing talents as well.

Woodland Art Gallery and Frame Shoppe is located at 71-B Woodstock Street in downtown Crystal Lake. Open Monday-Friday 9-5, Saturday 9-3. Phone (815) 459-0460.

It Must Be bonton



From the cherubs on the ceiling to the dinosaurs in the play area, a visitor's first impression of **bonton** is anything but ordinary. **bonton**, the new children's clothier in old downtown Crystal Lake, offers a fresh, alternative approach to children's fashion.

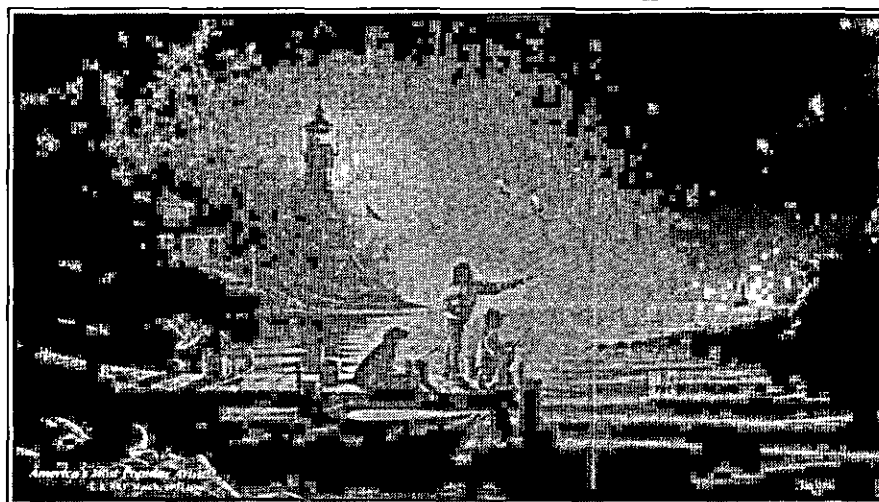
bonton strives to go beyond Webster's definition of "stylishness, height of fashion, vogue" by adding personality, comfort, and cotton to its meaning. Believing in the su-

perior performance of cotton, and the ease of buttonless, beltless, zipperless clothes, **bonton** succeeds in supplying unique fashions that are as appealing to the eye as they are to the touch and ease of little fingers.

bonton takes great care in selecting its merchandise. While the store aims for that "something special", it never lets the fun in children's clothing substitute for quality.

(Please continue on page 32)

Experience the Delights OF Carl Brenders' World



Broken Silence by Carl Brenders

A signed and numbered limited edition print—just released

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing
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(815) 459-0460

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It must be bonton

57 North Williams
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815-455-KIDS

AT THE BARRINGTON ICE HOUSE

Remember Your Sweetheart
With Something From Hallmark



Valentine's Day comes to Village Hallmark Shop. Choose from Recordable cards that let you say "Be my Valentine" in your own voice. And Long-Distance Greetings good for ten minutes of free long distance calls. Village Hallmark Shop has Passionate Promises for the really romantic and Shoebox Greetings, which are always good for a laugh. For the kids, we have packaged valentines featuring Barbie, Mighty

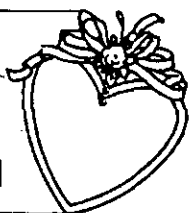
Morphins and many others. You'll find lovable Valentine gifts at Village Hallmark Shop, too. Like our stuffed Cupid Bear, a great value at \$9.99. And a hearty variety of Gift Bags topped with helium balloons. We'll help you put together the perfect bundle of gifts to match your Valentine's interests. Located in the Barrington Ice House.

The beautiful possibilities are endless...
Let our experienced bridal consultants show you how easy creating a memorable wedding can be. With elegant wedding stationery and accessories by

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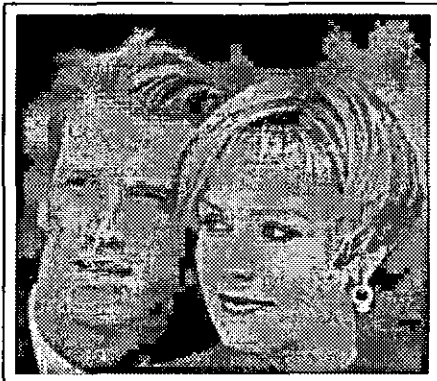
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Get Ready For *Spring* FREE Haircut with any **Highlighting**

with selected stylists
during the month of February



Ask about our
Valentine Package
includes Manicure, Pedicure,
Makeup & Hair Style

She & I

Hours:
Mon. - Sat.
Wed. & Thurs. Evenings
200 Applebee
The Ice House

Hair and Nail Salon

Walk-Ins Welcome

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Barrington

Welcome Wagon To Meet Feb. 14

The Welcome Wagon Club of Barrington presents a very special Valentine's Day celebration at D & J Bistro in Lake Zurich. Catherine J. Hunter, a family/marriage counselor practicing in South Barrington, will present the program, "The Language of Love."

Social Hour will begin at 11:30 AM fol-

lowed at 12:15 PM by the always delicious D & J cuisine featuring your choice of soup or salad; chicken Dijonnaise, the fish of the day, or chicken salad. A dessert assortment will be served. Cost is \$20.50.

Please call Mary Lou (708-381-6074) by February 7 for reservations and directions. Baby sitting is available.

Get Ready For Spring

Why not give your hair the healthy, radiant look of the sun? She & I Hair and Nail Salon is offering a free haircut when you get any highlighting during the month of February (with select stylists). Have glorious color and a terrific cut as we approach Spring.

Be sure to ask She & I about their special Valentine package which includes a manicure, pedicure, make up application and stunning new hair styling! Be your best from head to toe.

Do consider a Gift Certificate for that someone special—which could be applied toward cutting, coloring, perming, highlighting, styling, manicures, pedicures and paraffin treatments.



She & I Salon is located in the Barrington Ice House. Call 381-5043 for your next appointment.

AT THE BARRINGTON ICE HOUSE

Upcoming Events At The Ice House

We invite you to shop at the Ice House for your "special someone" and in appreciation we will give you a free gift! Mark your calendar now to shop in any of our eighteen stores between February 9th and 14th to take advantage of this offer. (minimum \$10.00 purchase). In addition, many of our shops are offering "specials" during Sweetheart Week which is February 7-14. You'll surely want to make the Ice House your first stop for your Valentine shopping!

On February 18th from 10:00-4:00 the

Ice House will host a Psychic Fair. Co-sponsored by internationally known psychic Patricia O'Neill, the event will also feature a trance channelist, a Native American card and Crystal Chakra reader, a palm reader, a numerologist and regular card and Tarot Card readers. Admission to the event is free. Private readings are available for a nominal charge. (A detailed article appears elsewhere in this publication).

March brings our 4th Annual Spring

(Please continue on page 32)

A Message From Sundance

Sundance sends a special Valentine card to all our special customers. As thanks to you, we are offering the new Beatrice Bulteau limited edition named "Hope" to all our customers at prepublication price which is a savings of 25%—we also wish to pass this savings on to you on all of her other limited editions now through February 19th. Several of the editions only have one or two remaining.

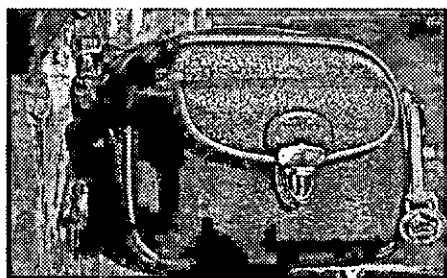
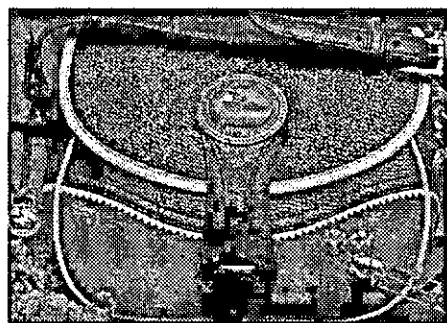
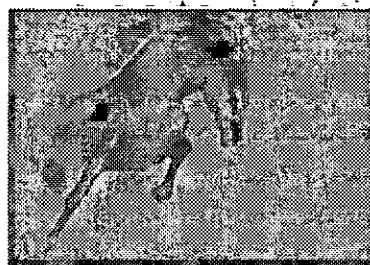
New furniture is due in this month along with new and exciting accessories for your home.

I was off on another adventure in the Southwest to find more treasures for you and will let you know next month of some of my exciting new finds.

Don't miss out on our gigantic sale of Indian jewelry at apparel—30-50%. New jewelry has arrived by new designers; also new Mummy Bundles and Robert Shields jewelry has arrived.

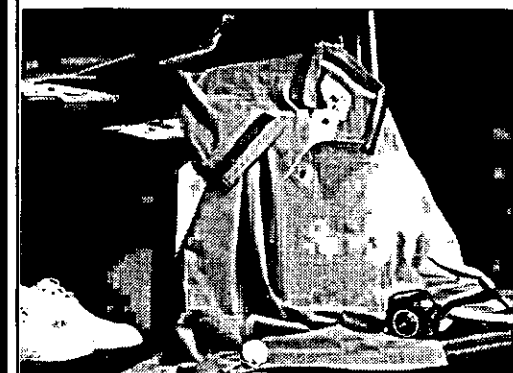
We are introducing a new weaver this

(Please continue on page 32)



Peter Daniel suggests an All-Weather Leather Bag from Dooney & Bourke for the lady of your life this Valentine's Day. The leather hides are preshrunk creating a natural barrier to moisture. She'll be pleased with the soap and water easy-care maintenance. Purchase a bag for her by February 14th and receive a free gift.

The "Teton Shoulder Bags" have interior credit card slots. The "Kilty Bags" have a unique outside pocket for a license, credit card slots and wallet. Each available in a variety of colors and offers a comfortable, detachable shoulder strap. You'll be a hit this Valentine's Day with Peter Daniel to help you!



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Reg. Hrs.: Mon.-Sat. 9:30-5:30
Thurs. 9:30-8:30; Sun. 12:00-4:00

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For Her . . .
Cotton Sweaters
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A Classic Cutter & Buck Polo.
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Mon, Tues, Wed, Fri 9:30-6; Th 9:30-8:30; Sat 9:30-5:30; Sun 11-4.



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custom gold & silver jewelry
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in the barrington ice house

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Ecology Is On The Rise!

Old chains, rings, bracelets, any karat, any condition, any color...

...why buy new gold when you can recycle your old gold? Here at **Once in a Blue Moon**, we offer the unique experience of recycling your old gold into your own new personal piece of art. Bring in your design or come in and talk with Bob Moon, together we will be able to come up with a piece of jewelry sure to match your unique personal style. We can reuse old stones too!

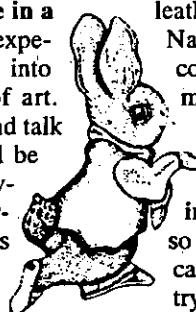
Come by and experience all of the wonderful things made by an assortment of fine artists and craft people. Antique Czechoslovakian glass crystals originally made for chandeliers back in the 20's and 30's, skillfully created into bril-

liant earrings, bracelets and necklaces by Allen Owen. Handcrafted ceramic pieces, stained glass "sun catchers," buttery-soft leather handbags, a large selection of Native American jewelry, and of course, sterling and karat gold handmade jewelry. Be sure not to miss the collection of Beatrix Potter sterling silver jewelry.

Small in stature, at **Once in a Blue Moon**, our aims are high, so when you don't see it in our showcases, simply ask, if it exists...we'll try to find it!

Repairs available too, sometimes while you wait!

Once in a Blue Moon is located in the **Barrington Ice House**, since 1980. Phone 381-7525.



This Valentine's Day—Make It Chessie's



Looking for the perfect spot to take your Sweetheart this Valentine's Day? The answer is **Chessie's**. The ambiance is perfect whether you are seated in the skylit atrium overlooking the village shops, the vintage railroad car or the old Barrington train station grill room.

For your romantic dinner you'll enjoy a varied selection from fresh fish, prime rib, pasta primavera to chicken teriyaki. For the

lighter appetites, large salads, sandwiches and pasta are always available.

Remember, ladies, every Wednesday and Friday afternoons between noon and 1:30 p.m., fashion shows are held featuring the latest trends in Spring styles—from the Ice House Village Shops.

Located at the Barrington Ice House Village Shops, next to the new Jewel.

BWC To Meet Feb. 15

The Barrington Woman's Club General Meeting and Program will be held Wednesday, February 15. Hospitality 11:00 A.M., Lunch 12 noon, and Program 1:00 P.M. "Cartooning is a Funny Business" is the topic. Uncover your hidden artistic talent with guest speaker, Arthur Henrikson, Political Cartoonist.

Laugh and learn how gag cartoons are drawn and how ideas are created. Art's ability to make people laugh with a few strokes of crayon and a lively sense of humor provides refreshing entertainment. Art uncovers hidden artistic talent in each audience.

As a freelance cartoonist, Henrikson has sold more than 1,000 gag cartoons to 150 publications. He has received numerous awards and his work has been exhibited at the Chicago Art Institute, in major cities from coast to coast, the White House, and many more places.

A graduate of Northwestern University where he was staff cartoonist for the "Daily Northwestern" and campus humor magazine, the "Purple Parrot," Henrikson studied cartooning at the Chicago Academy of Fine Arts.



Arthur Henrik, political cartoonist

Please send a check for \$20.00 per person to Nancy Sandquist, 1638 Galloway, Barrington by February 8. Your check is your reservation. Additional information: Mary Parker, 381-3305.

Chessie's
RESTAURANT

For a Nostalgic Dining Experience

Fabulous, fresh food for every taste. Warm, friendly service.
Comfortable, casual ambience with a vintage railroad theme.

Our large menu includes:

COMPLETE DINNERS:

N.Y. Strip Steak, Filet Mignon, Mahi Mahi, Grilled Salmon, Shrimp Scampi, Chicken Piccata, Veal Pomodori. Premium wines by the glass.

LUNCHEON:

Fettucine Alfredo, French Dip, Reuben Sandwich, our renowned Grilled Crab Sandwich, Caesar Salad, Fajita Pasta Salad, and much, much more.

SUNDAY BRUNCH:

Eggs Benedict, Quiche du Jour, Huevos Con Chorizo, Aspen Omelet, Strawberry Waffles, Chicken Crepes Divan, Heavenly Hash, Fresh Fruit.

APPETIZERS & DESSERTS:

Baked Brie, Chicken Quesadillas, Nachos, Cheese & Bacon Skins, Buffalo Wings, Key Lime Pie, Chocolate Peanut Butter Pie, Tiramisu.

708•382•5020

Reservations for five or more only.

200 Applebee Street, Barrington, Illinois
(At the Barrington Ice House Village Shops)

Special
Children's Menu
Banquet facilities
available



Come To The Mardi Gras

The community of St. Francis de Sales is hosting a Mardi Gras celebration on 2/25/95. It will mark the fifth annual fundraiser to pay off our building loan for a new church facility.

We welcome all members of the community and parishioners to join us. Cocktails, Hors d'oeuvres, a double entree of chicken and beef, all the trimmings with a New Orleans flair, and open bar are included in the ticket cost (\$50). A live and silent auction will be part of the fundraising effort.

Great prizes include a \$10,000 grand prize, 5 other cash prizes and a trip to New

Orleans with a two night stay at a fabulous hotel.

Our parishioners are primarily from Lake Zurich, the Barringtons, Kildeer, Hawthorn Woods and Long Grove. We'd love to have you join in the merriment—music, favors, costumes, New Orleans decorations, fine food and wines.

The Mardi Gras celebration will be held at St. Francis in Valer Hall located in Lake Zurich at the corners of Route 22 and Buesching Roads. Call Tom Flaherty for details at 708-381-2569. Come to the Mardi Gras!

A Gourmet Specialty Food Store

If you don't have time to cook, but love good food, you are really going to appreciate one of Barrington's newest stores—**The Village Market**. **The Village Market** is a gourmet specialty food store with restaurant quality food. The food is *fresh* (cooked every day) and is in microwavable containers. Tremendous taste! Tremendous quality! Work in Chicago? Before you leave work, phone **The Village Market** to hear the day's kitchen specials. Then, pick up your gourmet dinner on your way home. What could be easier?

For those who enjoy cooking, **The Village Market** is a place you'll love too. They have special sauces, breads, and much more to enhance your meal.

Entrees, pasta dishes, desserts, candies,

sandwiches, fresh breads and more await your selection.

Call about our Valentine's Day menu featuring appetizers/side dishes and entrees. In addition, select one of **The Village Market's** desserts of the day. All you need to add is the candlelight and soft music.

February tastings at **The Village Market** will be held every Saturday from 1-4 p.m. February 4th, A Taste of New Orleans. February 11th, our signature Caesar Salad with Romaine hearts, artichoke hearts and fresh Caesar dressing. (Cupid would be proud). February 18, ala Brown Adobe "Ay Caramba" chicken wings and February 25, enjoy English scones and heather herbal teas.

Enjoy!

Hypnoanalyst Has Program For Overweight

"Overeating is a symptom, not the main problem," says **Sandra J. Buzan**, a Hypnoanalyst, who has had success with her program.

Overeating is how some people deal with problems. It is a clear sign that something is not going right in their life and they turn to food pushing down their feelings.

Diets don't work because they address the symptoms not the cause of excess weight. "I have found that most people know what they should be eating, and that they need regular exercise, but cannot consistently maintain a program" says Sandra.

It's not about willpower. It is about un-

resolved issues.

With hypnoanalysis the underlying issues can surface and be resolved. With hypnosis you can learn to relax. With analysis you can resolve the issues which trigger your overeating. Only then will a healthy eating and exercise program work.

Sandra J. Buzan, M.A., combines 15 years of healing the mind and body using hypnoanalysis and psychotherapy. She is in private practice in Crystal Lake and Barrington. She works with individuals, families and groups. For details, call (708) 382-0930.

Green Thumbs To Meet Feb. 20

Gardening consultant, photographer, and author Jo Ann Loebel, will present the program "Everlasting Treasures" at The Green Thumb's Garden Club of Barrington meeting on Monday, February 20, 1995 in the

Barrington Library Meeting Room at 12:00 pm. Ms. Loebel will discuss various grasses and seed pods that can turn into lasting hangings and bouquets. New members are welcome.

Safe Travel Tips

by Eleanor Nelson & Sally Hayward

As we travel either on business or pleasure, we are sometimes dressed nicely, carry a briefcase, and deep in our own thoughts. We therefore become targets as we carelessly ignore the simple safety issues that all travelers should always remember. I thought this month in our column I would simply remind you of some general tips which could make your next trip a lot more enjoyable: After all, traveling should be fun!

General tips: Keep several one dollar bills and change in your pocket for tips or pay phones in order to avoid opening your wallet or purse in public.

Phones...Use a tone-dialer that allows you to punch calling card numbers into a phone's mouthpiece instead of using more visible keypads.

Safe appearance...Wear a cheap watch. Its not a big loss should you lose it, and it is less appealing to muggers.

Air travel...consider using a business address and phone number on your luggage tags rather than home contact information.

International travel...Memorize or write on a separate sheet your passport number; it makes replacement easier. Watch for scams like fights breaking out in front of you, or coffee being spilled on your jacket



while pickpockets take your wallet.

Hotels...Upon entering a hotel room, put your luggage in the doorjamb, leave the door ajar and check the room before locking the door. Women might consider carrying a small doorstop in their luggage to put under the door. Should someone open your room with a key they still could not get in.

We at **Travel House** hope you will keep traveling safely!

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markable gift from God.

If you feel this way about the one you're with, give us a call. We've got our own commitment to make to you . . . a lovely portrait of the two of you. Call **Buschauer Designer Photography** today! 382-8484.

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We appreciate the opportunity to service and care for your hair care needs.

We promise to constantly work toward a goal of exceeding your expectations. Come in and challenge us!

Facial Plastic Surgery, Looking Your Best

Dr. Churchill specializes in plastic and reconstructive surgery of the face and neck. He has an office and private surgical suite in Barrington, and is one of a handful of physicians in the country to complete extensive subspecialty training through a fellowship with the prestigious American Academy of Facial Plastic and Reconstructive Surgery. Dr. Churchill is board certified and on staff at a number of local hospitals and surgery centers. The following is an excerpt from an upcoming newsletter.



What's New in Facial Surgery

Although facelifts have been performed for years, the techniques have progressively improved over time to give more natural and longer lasting results. The way facelifts are performed today is a synthesis of a better understanding of the anatomy and dynamics of facial surgery.

What is the SMAS?

The most important step in the development of better facelifts came from the identification of the structure called the SMAS. Before that it was assumed that tightening the skin alone was all that was necessary to accomplish a facelift. Early facelifts were accomplished by simply excising the excess skin, pulling the remaining skin tighter, and closing the incision. But these lifts did not last long and soon the patient looked the same as they did prior to surgery.

In reality facial skin laxity is based on laxity of the SMAS. SMAS stands for the Superficial Musculo Aponeurotic System; or in other words the structure just beneath the skin that is made up of the platysma muscle and tough connective tissues. The SMAS supports the skin and when the

SMAS becomes loose as we age the overlying skin also looks loose. Conversely, when the SMAS is tightened in a facelift, the overlying skin also tightens.

As we've seen, early facelifts did nothing to tighten the SMAS. Modern facelifts, however, should always tighten the SMAS. The result is a more natural appearing lift that lasts for years.

How is the SMAS Tightened?

An incision is made around the ears and the skin released for a short distance off the SMAS. At this point the SMAS may be tucked up toward the ear (this is called a plication) or the SMAS may also be released and sutured to a higher attachment point (this is called a SMAS flap technique). The latter technique is also called a deep plain facelift or composite facelift by some surgeons. In either technique the jowls and neck are tightened significantly, but the deep plain technique has the potential to improve the creases going from the nose to the lip better. Most surgeons still don't do a deep plain facelift as it is technically more demanding. I choose the technique that best suits the patient.

(Please continue on page 32)

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Advantages Of Strength Training

Some people view strength training, or weight training, as an activity only for athletes whose goal it is to improve their performance, strength and size. To the surprise of many, including physiologists, the effect of decreasing disease-related health risk factors through a strength training program is greater than anticipated.

Health risk factors increase with age. Some of these include: coronary heart disease (CHD), diabetes, osteoporosis, colon cancer, obesity and hypertension.

Blood Lipid Profile

In recent strength training studies there have been significant improvements revealed in blood lipid profiles. These results are comparable to those related to aerobic training.

Glucose Metabolism

Glucose intolerance increases with age due to hyper-insulinemia—high insulin levels. Evidence supports improvements in glucose metabolism with strength training, independent from changes in body composition and aerobic conditioning. Also, individuals with impaired glucose tolerance became stabilized following a strength training program. Four months of strength training increased glucose uptake by an average of 23%. The comparisons between strength training and aerobic exercise showed the same improvements in glucose metabolism.

Age and Body Composition

A decrease in lean body mass and an increased

fat percentage is associated with the aging process. This scenario can compound the effects of other coronary risk factors, such as diabetes, due to change in glucose metabolism and obesity related to decreased metabolic rate.

Early reports stated that older individuals in response to strength training did not increase their muscle mass; but, gains were made due to neurological adaptations. Investigators from independent labs have now observed substantial increases in muscle mass with strength training among older individuals—even up to the age of 96!

Bone Mineral Density

Several studies show that strength training is associated with a high bone mineral density, and bone mineral density is related to the associated muscles. Technology allows us to observe significant increases in specific bone sites after only four months of resistive strength training.

Gastro-Intestinal Transit Time

There are possible increases in gastro-intestinal transit time that could reduce the risk of colon cancer.

Conclusion

This evidence now shows that there is strong support that strength training can improve one's health status. Though further research may lead to stronger conclusions, it is apparent that risk factors for many age-related diseases are reduced after a continuing strength training program.

Traveling . . . with Carlson Wagonlit Travel

Alaska

Join fellow Barrington residents on the Star Princess Ship for an 11 night Alaska Cruisetour departing May 15, 1995. You sail from Vancouver through inside passage to Ketchikan, Juneau, Skagway, Cruise Glacier Bay, College Fjord, disembark and transfer to Anchorage, fly to Fairbanks, train in Ultra Dome Car to Denali where you overnight and on to Anchorage for 2 days and connect home. Contact Marge Zatt for special low rates if deposit is made by February 14, 1995. Marge will be able to help you with other Alaskan sailing dates as well. Princess Cruises also has 50% off second person on every Europe cruise guaranteed to February 14, 1995. Call or stop by for more details.

A World-Class Ski Resort in British Columbia

Beginner or expert, pack your skis. Rated the "Number One Ski Resort in North America" by Snow Country magazine for three years in a row, the resort features the greatest vertical rise ski mountains in North America and the largest ski area on the continent. The Whistler/Blackcomb Resort features a charming alpine village of distinctive shops, restaurants, lounges and night-clubs. The resort's ski facilities offer close to 7,000 acres of skiable terrain, with more than 200 marked trails and 12 massive alpine bowls, including three glaciers that offer summer skiing through August. The resort offers the most extensive high-speed lift system in the world with the addition of the high-speed Excalibur Gondolo system at Blackcomb Mountain in November. Just 2 hours from Vancouver the Whistler/Blackcomb area is very convenient as well as being a beautiful drive with mountains and ocean visible as you climb. Call or stop in for your brochure or call 381-6400.

Train Trip of a Lifetime

A six-week, 26,000-mile deluxe train "Journey of a Lifetime" across Europe and Asia is being offered by Rail Europe. The itinerary leaves London, goes under the English Channel on the new Eurostar service, then continues, using luxuriously appointed chartered trains (many with historical significance to Warsaw, Moscow, Mongolia, and Beijing, ending in Hong Kong. The price is \$19,900 per person.

Switzerland's Olympic Museum

Lausanne, Switzerland's Olympic Museum (1 Quai d'Ouchy, Tel 011 4121 621 6511) opened in June of 1994 and is already a must-see destination for anyone interested in sports or the Olympics themselves. Among other things, the stunning, modern building contains a Hall of Torches, containing the torches used to open the games throughout modern times, as well as a collection of ancient Greek vases and urns on a two-year loan from Russia's Hermitage Museum. A continuously-running film highlights great moments from the games.

Travel Bookshelf

Fodor's has just published the "Conde Nast Traveler Report and Cruise Ship Finder", the first in a new series of reader survey books from the popular travel magazine. The new guide teams the ratings from the magazine's annual reader's survey with actual comments from those who took the survey. Also new from Fodor's, "The Complete Four Sport Stadium Guide," everything you ever wanted to know about major league baseball, football, hockey, and basketball arenas and stadiums. And for all you frequent flyers out there, the updated third edition of "The Official Frequent Flyer Guidebook" has just been published, including all-new awards charts showing how the programs will change in 1995. It's \$17.99 including shipping, call 800-209-2870.

Barbara Bush, A Memoir To Be Topic Of Meeting

The A.M. Awakenings Committee (formerly A.M. Theology) of the St. Ann Catholic Christian Community, Barrington, invites all interested adults to attend a dramatic journey into the life of former First Lady, Barbara Bush.

On Thursday, February 23rd, book reviewer Barbara Rinella will "become" Mrs. Bush and interpret her best-selling book, *Barbara Bush, A Memoir*. The presentation "is filled with wit, warmth, family values

and candor" while providing much insight into a life spent within the "political arena".

This session will be held in the St. Anne lower church, 120 N. Elm Street. Gathering/hospitality begins at 9:00 A.M. with the presentation beginning at 9:15 A.M. promptly. The fee is \$5.00 per person and baby-sitting is available for \$3.00 per child.

For more information about the program, call 382-9687.



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Happenings In The Area

DAR To Host Special Awards Night

Regent Debi Jung from Lake Zurich announces the special awards night for Signal Hill Chapter, National Society Daughters of the American Revolution, on Tuesday, February 21 at 7:00 p.m. at the Barrington Community Church, Lincoln & Grove Avenues. Arrangements for a special program and hostesses for the evening's program will be provided by First Vice Regent, Linda Wichman of Barrington.

Mary Ostrom from Lake Barrington, as Chairman of the American History Contest, will announce her winners from the Barrington Schools and present their awards. Students from fifth through eighth grades were invited to submit an essay on an historical topic. The National Organization in Washington selected this year's topic, "Life in Colonial America, 1607-1776".

Leslie Ann Rohrer, Good Citizens Chairman from Fox Lake, also will announce her Good Citizens winners and present their awards. The area schools are asked to select outstanding students who have qualities of leadership, service, dependability, and scholarship.

A special program will be presented fol-



Linda Wichman, Vice Regent with Debi Jung, Regent

lowing the awards. Hostesses serving refreshments include: Nancy Arndtson, Bettye Splittoroff, Natalie Wichman and Anne Fiedler.

Art Associates Events

The "Barrington Community Associates of the Art Institute of Chicago" ("Associates") will present the final lecture in its series "Members Present Art". Associate member Lanny Ori giving a slide lecture titled "Frieda Kahlo: Her Life and Art". A woman of extreme magnetism and originality, Frieda Kahlo was an artist whose sensual vibrancy came from personal experience: her turbulent marriage to Diego Rivera, her passion for Mexican folklore and culture, and, perhaps most of all, her fascinating feelings about herself as dramatically expressed in her many celebrated self-portraits. The program will be given on Thursday, February 23, 1995, at 1:00 p.m. at the Barrington Area Library, 505 N. Northwest Highway, Barrington. This program is free of charge and is open to the public. For more information, please contact Lanny Ori at (708)526-3235.

A bus trip is planned to visit the "Caillebotte" exhibit at the "Art Institute of Chicago" ("AIC") on February 28, 1995. Jeffrey Nigro, a lecturer with the Museum Education Department of the AIC, will provide background information on Gustav Caillebotte, a key figure in the Impressionist Movement. In the United States Caillebotte is well known for his masterpiece *Paris Street; Rainy Day* (1884), a key-stone of the AIC's permanent collection.

The bus will leave the Langford Park parking lot, Lions Dr. in Barrington at 9:15 a.m. and will depart from Chicago at 2:30 p.m. Reservations must be made by Tuesday, February 21, 1995. For more information or to make reservations, please contact Patti Pihl at (708)382-1788.

The Associates will sponsor a three part lecture series on American Arts in March. The first lecture, "Elegant Aspirations: American Portraiture: 1700-1900", will be



"Paris Street; Rainy Day" by Gustav Caillebotte

given on Wednesday, March 1, 1995. The second lecture, "An Affinity of Spirit: 19th Century American Landscape Painting and Literature", will be given on Wednesday, March 8, 1995. The third and final lecture, "American Sculpture", will be given on Wednesday, March 15, 1995. All lectures in the series will be given by Kimberly Rhodes, a Cultural Research Assistant with the Department of American Arts at the AIC, who is currently working on an upcoming catalogue of American Art at the AIC. All lectures will be held in the second floor meeting room of the Barrington Area Library, 505 N. Northwest Highway, Barrington. This lecture series is free of charge and open to the public. For more information, please contact Mrs. Pat Reddington at (708)382-5250.

Membership in the Barrington Community Associates of the Art Institute of Chicago is open to men and women in the Northwest Chicago area. The annual due is \$50.00 which includes a family membership to the Art Institute of Chicago. For more information, please contact either Mary Lou Iverson at (708)359-0941, or Norma Carey at (708)381-2041.

Catholic Charities' "Hearts For The Homeless"

Sponsored by Catholic Charities Northwest Suburban Services, *Hearts for the Homeless*, the sixth annual dinner, silent auction plus a live auction, with Kent Nelson as auctioneer, will begin at 4 p.m. on Sunday, February 12, in the lovely setting of the Cotillion in Palatine (Rts. 14 & 53). *Hearts for the Homeless* benefits the homeless of all denominations in the northwest suburbs. \$45 per person (cash bar), \$450 (table of ten). Please reserve by February 6 with checks payable to Catholic Charities, 1911 Rohlwing Road, Suite E, Rolling Meadows, IL 60008-1340. For information, please phone Sr. Jenny VandenBergh 708/870-0560.

Live and silent auction, and door prizes will include a child's Lamborghini road racer sports car; Chicago, suburban and Lake Geneva hotel, brunch, and dinner packages; certificates for theatre performances, portraits, estate and tax planning, massage therapy, Santa Fe Railway bear and Indian collector's plate with book, other collectibles, as well as golf, bowling, baseball, racetrack and casino entertainment. Many more items are coming in daily.

Catholic Charities is most grateful for the very generous donations from The Duchossois Foundation, Ansco Photo Optical, Jack and Anne Smith, Mary Ann Maffia, John and Roberta Skach, American Hardware Manufacturers, and NBD bank in Elk Grove Village.

"All proceeds from this benefit will be used to support the Family Shelter program by placing homeless families with children in apartments to help stabilize their lives while they seek employment and receive counseling. The Family Shelter is just one of four-



Restraining from honking the horn or racing the roaring battery-operated engine of the sleek red replica of a grand prix Lamborghini, Danny Vavrinek from Arlington Heights pauses to be photographed and phone a friend.

Victoria Kauss from Schaumburg donated this road racer sports car to the Catholic Charities' Northwest Suburban Services' 6th annual "Hearts for the Homeless" dinner/auction.

Joining Danny are his brother Tommy, sister Kali, and benefit committee member Catherine Murr from Lake Barrington.

teen Catholic Charities' programs in the northwest suburbs which serves all people regardless of religious, racial, nationality, and economic backgrounds," reports Stephen O'Brien-Combs, Regional Services Representative, Northwest Suburban Services based in Rolling Meadows.



Barrington Lyric's North West Side Story

Under the direction of James Gibson from Buffalo Grove, a Barrington Lyric *30 person chorus from the northwest suburbs accompanied by Shula Luber from South Barrington, will sing a medley from *West Side Story*, a tribute to the late Leonard Bernstein, and selections from *Candide* and *On the Town*. The program will conclude with ten popular sing-a-long old favourites, such as *Ain't She Sweet*, *Cuddle Up a Little Closer*, *Five Foot Two*, *You Made Me Love You*, and *I'll Be Seeing You*. A typically luscious Barrington Lyric sweet table and hot beverages will follow.

The program will begin at 8:00 p.m. on Friday, February 3, in the lovely meeting room at the new Barrington Area Public Library, 505 W. Northwest Highway in Barrington. \$5 members. \$10 guests. Your check (payable to Barrington Lyric) by January 31 is your reservation. Please send to Raynette Seger, 358 Old Sutton Road, Barrington Hills, IL 60010. 708/381-1589.

The Barrington Chapter of Lyric Opera of Chicago is delighted with its enthusiastic and still-growing membership of 230. Your inquiries are always welcome! For information on the Barrington Lyric, its programs and downtown privileges, please phone Lynne Grimshaw. 708/381-5273.

*Singers from the northwest suburbs of Barrington, Schaumburg, Palatine, Lake-in-the-Hills, Arlington Heights, Inverness, Elgin, Buffalo Grove, Rolling Meadows, Cary, & Hoffman Estates include: Pat & Jim Steed, Jim Tammi, LaVerne Jones, Carol Stephens, Tressa Borkon, Dorothy Gabbel, Jan Semerad, Lynne & Roger Grimshaw, Anne Gross, Jackie Prahl, Mary Beth Viveiros, Mike Latone, Diane Dryden, Heather & Todd Sholeen, Dorothy Dobrath, Alan Kinsley, Aldona Starkus, Rex Phung, Marilyn & John Ortindu, Jim Galasso, Connie & Bob Plagemann, Sr., Cheryl & Jim Gibson, & Shula Luber.

BWC Welcomes New Members

Barrington Woman's Club would like to welcome the following new members: Cora Chamy, Joanne Farella, Lu Gustafson, Alice

Halverson, Lucy Held, Gen Jage, Jean Nadherny, Beverly Newton, Judy Pasas, Joan Toren, and Janet Walter.

Let's Talk Teeth: Seal Up Your Child's Dental Health

by Dr. Raymond Kotz

February is Children's Dental Health Month. With preventative dentistry, children and young adults today may avoid many of the cavities which plagued their parents' oral health.

Dental decay can be a serious problem for young children. Decay is caused by the bacteria present in dental plaque. These bacteria use food debris, especially sugar, to produce acid byproducts which attack tooth enamel. Through brushing, it is almost impossible to remove the plaque which accumulates deep in the pitted and grooved areas of the teeth, because these grooves are narrower than the diameter of a toothbrush.



(Please continue on page 34)

Hearts To You

Why not purchase a gift certificate for your Valentine? Anyone who purchases a gift certificate good for a perm or color service will receive 10% off of that service.

We would like to welcome and introduce Sally who has just joined our staff at **Hairs To You** in Lake Zurich. Sally is trained in all phases of Cosmetology and comes to us

from the Buffalo Grove area. If you bring in this ad not only will you receive 50% off of a hair cut but also 20% off of a perm or color service with Sally only.

If you are planning a winter vacation let the professional staff at **Hairs To You** create a hair design meant for warm breezes and sunshine.

Portraits By Thomas Children's Portrait Special



Through the month of February, take advantage of **Portraits by Thomas'** annual Children's Special. We're offering to take your children's portrait **FREE** of charge! (No session fee).

Give us a call today to set up your appointment. (All portraits must be booked by February 28. Portraits done in our studio.)

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Kumon Centers Multiplying Rapidly

With nearly 50 Kumon Math and Reading Learning Centers now in the Chicagoland and Suburban areas, the Kumon Program is quickly gaining attention. Already there are 2 million students studying in the affordable Kumon program worldwide, with 54,000 students here in the United States. Newsweek Magazine (December 19, 1994) listed Kumon as among the top learning programs in America, citing the affordable \$65 per month tuition compared to the average \$25 to \$35 hourly rates charged by competitors.

Two new Centers are located in Hoffman Estates and Schaumburg, and staffing at the Cary Kumon Center has been expanded to accommodate the growing Center. Mrs. Pali Shah, who operates her Hoffman Estates/South Barrington Kumon Center in a new facility at the Huntington Shopping Plaza at Algonquin and Huntington (Freeman) Roads, will be able to better serve the growing number of students there who study the Kumon Math and Reading Programs. The new location offers a pleasant study environment, with 2000 square feet of space and comfortable furnishings. A parents waiting area is available, but the many amenities of the plaza can easily occupy parents while their children study at the Center. Students usually spend an average of 30 minutes in the Center twice weekly, allowing them to perform their 20 minute assignments, and have additional time for corrections, coaching, and playing with the many Kumon puzzles, numberboards, and other manipulatives which support their individualized study programs. Children also study at home 5 days per week by completing carefully selected assignments to meet the instructor's individual study plan for the child. Parents provide encouragement!

Mrs. Shah and her staff also operate the Cary Kumon Math and Reading Center at the Cary Oaks Office Building on Cary-



David, Denial and Darrel Saldanña preparing for Kumon Math study.

Algonquin Road. This location also accommodates a growing number of students, and has been in operation in Cary for three years. Mrs. Shah, a degreed Mathematician and Chemist, has three years experience as a Kumon Instructor in Hoffman Estates, and has seen her own child excel to advanced levels in the Kumon Program.

You may be asking yourself, what is Kumon? The Kumon method helps develop excellent study habits, and a positive attitude toward achieving academic goals. The method, which involves daily practice on worksheets, focused concentration, and complete mastery of concepts, enables children to teach themselves as they progress.

Kumon is designed to compliment the child's regular math programs at school by strengthening their fundamental understanding and confidence with basic mathematical principles. The Kumon Reading Program likewise develops a students basic understanding of the English language, while developing phonics, vocabulary, and grammatical skills starting with pre-school levels and continuing through high school levels. The basic elements of Kumon study are to develop self-confidence, offer the student repeated practice, develop speed and accuracy skills, and enable the student to develop greater concentration on his/her assignments.

Mrs. Shah is offering a special grand opening tuition package to celebrate the opening of her new Kumon locations in Hoffman Estates and Cary. The package includes free enrollment and one free month of tuition for a total tuition price of \$195 for 4 months of individualized Kumon study. This represents a \$100 savings. For more information on the Kumon program and this limited time offer, call Mrs. Pali Shah at (708) 991-4403. This offer is available exclusively at the Hoffman Estates/South Barrington and Cary locations.



Students honing their reading and writing skills.

FREE
SKILL ASSESSMENT TEST!

A+

MAKE THIS YEAR'S REPORT CARDS
SOMETHING TO CELEBRATE!

If you'd like to see better grades on your child's report cards in 1995, call Kumon Math and Reading Centers. Kumon offers an individualized, proven method to help your child:

- ◆ Improve skills in math & reading
- ◆ Strengthen concentration skills
- ◆ Develop better study habits

Kumon is the world's largest after-school learning program with over 2 million families currently enrolled. Monthly tuition is affordable at just \$65 per month. For improved report cards this year, call Kumon today!

**Grand Opening
Tuition Special**

Available exclusively
at Cary and
Hoffman Estates
Locations

\$195
For 4 Months of
Individualized Study
\$100 Savings
Limited Time/
Offer Ends Soon

Kumon Centers of:
Cary
Hoffman Estates
(708) 991-4403 Mrs. Shah

800-YES-MATH
KUMON
MATH & READING CENTER

Here's A New Face

Corricci's Hair Studio is proud to introduce Edy V Landa. Whether looking for a fresh, innovative approach to hair and skin care needs or seeking an alternate when your stylist is not available, Edy is dedicated to the well being of every client. How you look and feel about yourself is important to you and is a personal goal of Edy. She has been trained in the latest techniques and trends.

As a first time client with Edy you will receive 15% off a personal hair design and a complementary Rusk gift pack of hair care products especially for your hair type. At Corricci's Hair Studio we believe quality care and style is redefining the art of hair for you.



Strong Healthy Nails Nature's Way

Jaydee presents nature's way to beautiful nails. Nail Food, builds strong, healthy fingernails nature's way, from the inside, out.

Simply mix 1 tablespoon Jaydee's Nail Food in milk or juice. 100% Natural. Taken daily, Jaydee's Nail Food guarantees you the longest, strongest, healthiest fingernails you have ever had.

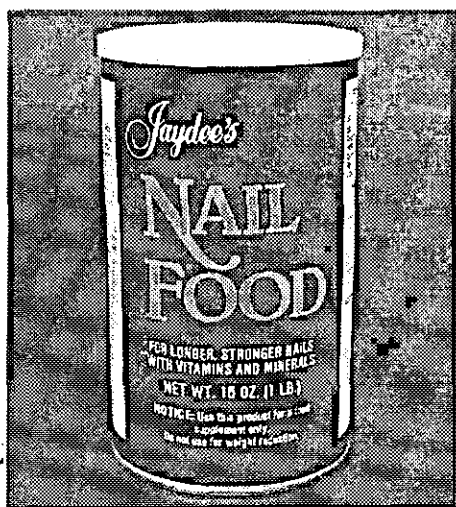
For the natural nail, stronger, virtually the most unbreakable fingernails.

For the acrylic nail user, healthy natural nail base for the acrylic nail to adhere to.

Jaydee's Nail Food—long beautiful, healthy fingernails the natural way.

100% natural, made of vitamins, minerals and protein to build strength.

Jaydee's Nail Food is available at Corricci's Studio in Lake Zurich and other fine salons.



Be Free Of Unwanted Hair Permanently

Absolutely! Electrolysis Salon provides safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 15 years, Debbie received specialized training in electrolysis and has taken the National Board exam to become a Certified Professional Electrologist (CPE). State-of-the-Art computerized equipment assures every client of a most comfortable treatment.

Electrolysis is the only safe, sensible, and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary remedies (tweezing, waxing, bleaching, or depilatories) which only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis will lift your spirits and your self confidence as the look you desire is achieved and the troublesome hair is gone forever!

Electrolysis in this office provided by a Registered Nurse, assures the client of a safe and effective treatment. Strict sterilization standards are adhered to as the requirements for sanitation and aseptic technique are strictly followed. **Absolutely!** Electrolysis Salon is located at 759 W. Main St. in Lake Zurich (S.W. corner of Rts. 12 & 22 in the courtyard between Just Oak and Pasta Makers). Call Debbie Fritzshall R.N., C.P.E. at (708) 550-0100 to receive a **FREE** treatment (first time clients only).

The Second Annual North Suburban Antique Show

The Second Annual North Suburban Antiques Show & Sale will be held at the Holiday Inn in Mundelein, Illinois, on February 17, 18 & 19, 1995.

The booths will abound with quality in furniture, glassware, silver, linens, estate jewelry, books, a wide selection of collectibles, and much more.

Beautiful glassware will be well represented by dealers including Elaine's Classics from Madison, Wisconsin, Beth's Antiques from Monticello, Indiana, and Wishful Things from Milwaukee, Wisconsin.

sin.

Exquisite estate jewelry will be presented by House of Antiquities from Milwaukee, Wisconsin, Irma of Goodies from Illinois, Ye Olde Jewellery Co., Ltd. from Lake Zurich, Illinois, and other fine dealers.

The Hearthside from Kildeer, Illinois, 24 West Antiques from Janesville, Wisconsin, and more will be there with furniture, lamps, and other wonderful items for your home and collection.

The Second Annual North Suburban
(Please continue on page 34)

GET CREATIVE!



Rusk

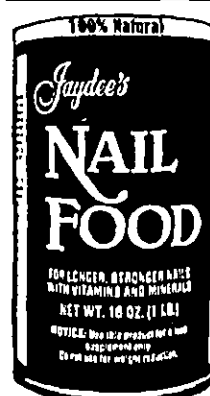
**PRESENT THIS AD
& RECEIVE 15% OFF
ON ANY ONE FULL SERVICE.
(FIRST TIME CLIENTS ONLY.)**

**Formal Styles and Makeovers
Available for Brides**

Corricci's
HAIR
STUDIO

**438-9656
589 Elm Rd.
Lake Zurich**

MONEY BACK GUARANTEE



DEALER INQUIRIES 550-6740

Jaydee
PRESENTS

Nature's Way To Beautiful Nails

Builds Strong, Healthy Fingernails Nature's Way, From The Inside, Out. Simply mix 1 tablespoon Jaydee's Nail Food in milk or juice. 100% Natural. Taken daily, Jaydee's Nail Food guarantees you the longest, strongest, healthiest fingernails you have ever had, or your money back! Results seen in just 30 days, best results in 60 days.

For The Natural Nail—

Stronger, virtually the most unbreakable fingernails

For The Acrylic Nail User—

healthy, natural nail base for the acrylic nail to adhere to

AVAILABLE AT

Corricci's Hair Studio, Lake Zurich
and other fine salons.

STOP!

**TEARING YOUR
HAIR OUT!!!!**

**Now You Can Be
Finally Free Of
Unwanted Hair
Permanently!**

Permanent Hair Removal by a REGISTERED NURSE is the Answer!

Medically Approved

•Safe •Effective •Gentle

**Certified Professional Electrologist
HIGHEST STERILIZATION STANDARDS**

**DEBBIE FRITZSHALL,
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**ABSOLUTELY!
ELECTROLYSIS SALON
550-0100**

**Call Now!!
FREE Treatment!!
1st Time Clients Only
Expires 2/28/95**

SECOND ANNUAL NORTH SUBURBAN



Feb. 17-18-19, 1995

Friday, 4pm-9pm, Saturday, 11am-6pm
Sunday, Noon-5pm

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Mundelein, Illinois

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ADMISSION \$4.00
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Free Parking

Quality Dealers

Presented by Cherubim Productions, Ltd.

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THE TOTAL SALON

BARRINGTON'S PREMIER SALON



For Your *Sweetheart*,
THE GIFT OF
TRANQUILITY

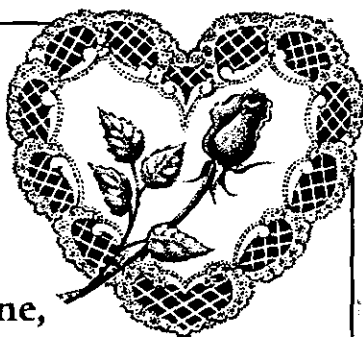


Art Gallery on Premises Call for Appointment
382-6001

123 W. MAIN STREET BARRINGTON

X O X O X O

Hugs & Kisses will do fine,
But if you want
To say "Be Mine!",
Or find a gift that's quite divine,
Just simply look for this sign.



G. Whiz

a unique collection of artisan jewelry, wearable art & designer crafts
724 W. Northwest Hwy., The Foundry, Barrington 304-0255
Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4

Mental Health Association Of Illinois Announces 8th Annual Gold Bell Gala



Illinois Mental Health Association committee members satisfy their taste buds as they sample the menu of the Cookin' New Orleans Style for the upcoming event "Mardi Gras Carniyal" Stomp to be held at the Chicago Hyatt Regency Hotel on March 4th, 1995. Pictured from left to right are Co-Chair Alicia Stephenson, Barrington Hills; Co-Chair Madeleine Ward, Naperville; General Chair Gloria Moats, Barrington; and Mary Forsythe, Chicago.

Have you ever dreamed of the excitement of New Orleans (known as the "Jewel of the Bayou")? The thrill of the Mardi Gras Carnivale, the Ball, the ethnic dancers, the Zydeco Band, along with the festive costumes and masks? Join us for unbelievable entertainment, with many unique and captivating surprises throughout the evening as we present the Mardi Gras Carnivale to be

held Saturday, March 4, 1995, at Chicago's prestigious Hyatt Regency. 6:30 p.m. Cocktail Reception; 8:00 p.m., Parade, Dinner, Entertainment, Dancing, Live Auction and Silent Auction.

Jan Holcomb, Executive Director of the Mental Health Association in Illinois announces the latest internationally famous celebrity to make Chicago his home. Tony

Show How Much You Care With A Gift Of Tranquility

February is the month of love. Let us at Tranquility help you show the one you love how much you care with a gift certificate. Tranquility's gift certificates allow your sweetheart to be indulged and pampered in many different ways. With the variety of services Tranquility offers, your Valentine can experience everything from our spa, a therapeutic massage, four layer

facial, manicure, hand facial for hands that are used and abused, worked and worn, or a pedicure to glamourize your feet! Then capture a whole new look with a haircut, coloring or perm from one of Tranquility's hair designers. Giving a gift certificate is just as fun as receiving one. Let us all remember the ones we love this February and give the gift of Tranquility.

G. Whiz For Great Gift Ideas

Our store is overflowing with new gifts and ideas for spring and the upcoming holidays. With Valentine's Day in the air, we have a great selection of cupid, angel, and silverplated heart frames. Plus great new books and calendars that tell your special sweetheart how much you love them. Or how about a beautiful bath oil filled with floating botanicals or an unusual pair of earrings created by one of our many featured artists! If you love chocolate, our white chocolate tea cup filled with pink hearts is sure to please.

For Easter we will be offering a wonderful bunny box that you can fill with your choice of goodies. From delectable Easter edibles to unusual gifts and trinkets. Plus accessories to get your house ready and waiting for the Easter bunny!

In February, we will be working with The Barrington Sewing Center to offer a wonderful sewing class that creates a beautiful warm jacket from a 100% cotton throw. We have at least 25 new throw designs to choose from in planning your creation. For practically the price of the throw, you receive the throw of your choice, the class and a free cup of coffee at Ambrosia! Call to sign up - it's a great gift for Mother's Day!

Our new selection of gifts is spectacular this spring. As usual, most of our items are handcrafted or manufactured by cottage industries. And we follow one simple rule—find items that are unique, different, affordable and guaranteed to generate compliments. Then sell them with a smile and our very best service!

Avoid The Tragedy Of Pet Overpopulation

The Northwest Animal League invites the community to join them in celebrating "Spay Day USA" on February 28, 1995 to alert the public to the tragedy of pet overpopulation. Most people don't know that two unaltered felines and their unaltered offspring can produce 420,715 or more kittens in just seven years and two unaltered dogs and their offspring can produce 4,372 puppies in that same time. Unfortunately, very few of these animals are adopted into good homes. Most of them end up in shelters that euthanize between 14 and 17 million cats and dogs a year. Another 10 million stray animals, suffering from abuse and neglect, die each year on our streets and in rural communities.

There is a simple solution to this tragedy—pet overpopulation is drastically reduced when cats and dogs have been spayed and neutered. February 28th is "Spay Day USA", and the Northwest Animal League will be spending the month of February encouraging pet owners to have their pets altered to prevent this costly, senseless killing. The NWAL is also issuing gift certificates to pet owners who have already had their pets altered but who would like to purchase a spay/neuter surgery from a veterinarian for a friend or relative whose companion pet is not already altered. To receive a certificate or to become involved in the "Spay Day USA" activities, contact the NWAL at 708-550-NWAL.

award winner, actor, singer and dancer, Ben Vereen, will be Grand Marshall.

Part of the thrill of New Orleans is the dining. An orchestrated menu for your culinary tastes, our menu for the night is all in place.

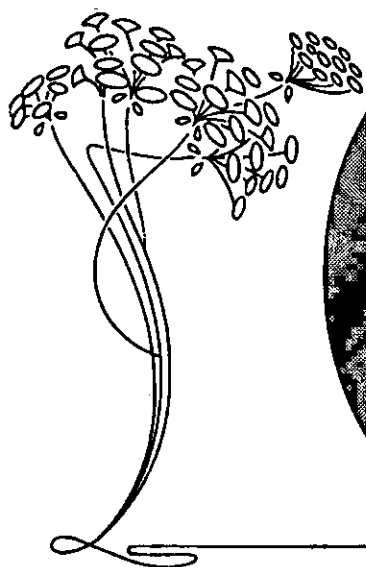
Mardi Gras Carnivale Menu: Bacchus Baccanal Field of Greens topped with Julienne of Carrots and Jicama, Tear Drop Tomatoes, Cilantro Vinaigrette; Rex Meets Comus Chicken Neptune (Boneless Breast of Chicken Filled With Lobster Ragout and Herbs), Roasted Red Pepper Buerre Blanc, Fresh Pasta and Carousel of Vegetables; and Endymion Chocolate Extravaganza, a special Flan Mardi Gras Creation topped by Fresh Berries and topped with Chocolate Mask.

Exciting prizes include a 1995 Honda Civic generously donated by Motor Werks of Barrington; a Weekend in New Orleans including airfare for two generously do-

nated by American Airlines and Hyatt Hotels and Resorts and a sports/cultural package including a Chicago Bears Skybox for sixteen people, Chicago symphony Box seats for six and a helicopter ride for six guests. Silent and live auction items include American Airlines tickets, completing our vacation packages, sports items, restaurants, haute couture apparel and more.

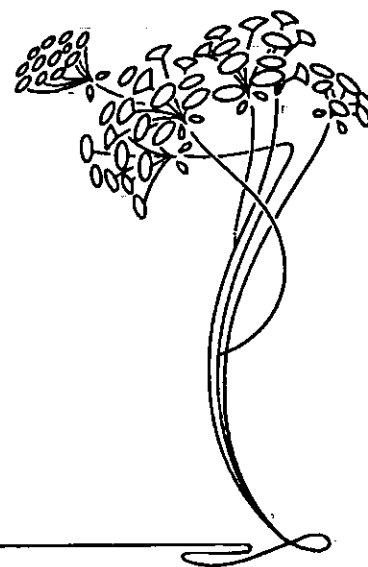
The Gala is the single, largest fund raising event for M.H.A.I., a non-profit, non-governmental, volunteer organization providing public education and advocacy surrounding mental and emotional issues. Its success will be of immense benefit to those affected by mental illness.

Tickets for this special, charitable Gala are \$200. For more information, ticket and Mardi Gras Court underwriting opportunities, please call the Mental Health Association of Illinois at 312-368-9070.



A Celebration of Love

Lifestyles' Special Focus
on Brides and Sweethearts



Special Events At A'L'Amour

A'L'Amour's event schedule for Spring provides countless opportunities for personal assistance and advice in planning the special events in your life from finding the "perfect" dress for 1st communion, 8th grade graduation and Prom to planning the ultimate day in your life—your wedding.

Sunday, February 5th, A'L'Amour presents "Bridal and Bridesmaids Fashion Show" showcasing the newest colors, fabrics and designs for Spring as well as offering tips for deciding the perfect look for you and your bridal party.

The first of 2 "Mothers of the Wedding Fashion Shows" will be presented on February 26th—the second, March 26th. Dresses, suits and gowns for mothers and grandmothers of the wedding sizes 2 to 24 will be shown.

On Sunday March 5th "Wedding Flowers" will be presented by Busse Flowers and A'L'Amour assisting the bride in understanding types of flowers, colors, designs and costs for her day.

"Watters' and Watter Trunk Show" will be at A'L'Amour March 24th to 26th featuring all of their newest styles.

"Regalia Headpieces" will be presented on April 1st and 2nd—the newest looks in bridal headpieces.



Sunday, April 2nd, A'L'Amour and the Salon of Barrington will present "Hairstyles & Headpieces", our most popular seminar.

All events are free, however seating is limited. Call and make reservations now at 708-381-5858.

A'L'AMOUR

Special Occasion • Bridal

Specializing in "Special" Dresses

1st Communion, 8th Grade Graduation,
Prom, Evening & Blacktie

Bridal, Bridesmaids & Mothers of the Wedding
(Sizes 2-24)

CELEBRATE OUR 5TH ANNIVERSARY

February 6-14

20% Savings Storewide (Previous Sales Excluded)

708-381-5858

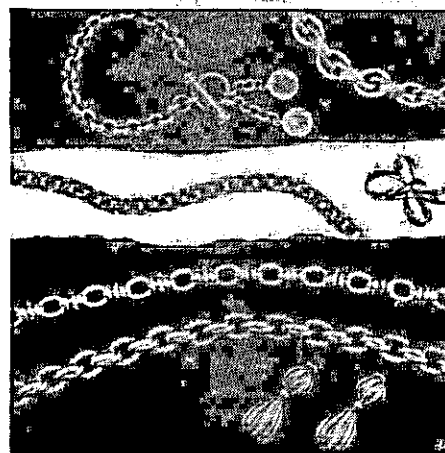
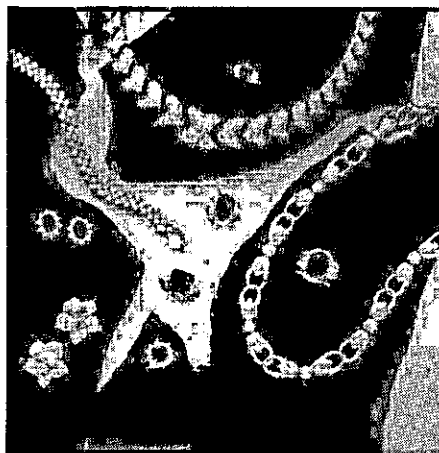
236 West Northwest Hwy.
Barrington

Bridal
by Appointment

Mon.-Thurs. 10-8
Fri. & Sat. 10-5
Sun. by Appt.



Unbelievable Gold Extravaganza . . .

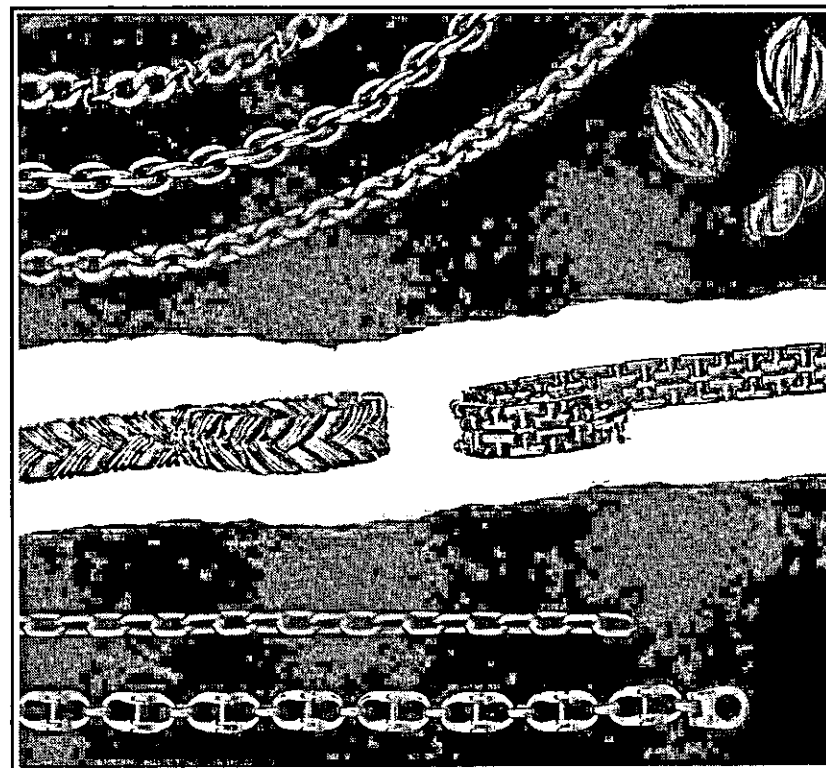


Something new. Something old.
You'll find the perfect Valentine
in precious gold.

M.J. Miller & Co. has an extensive inventory in fine gold: neck chains, bracelets, bangles, earrings, and brooches. Come in

and let us help you choose the thoughtful gift for that special Valentine.

Unbelievable Gold Extravaganza . . .



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By Appt. Only

The Store with a Heart



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THE SHOPPES AT FOXFIRE
2070 N. RAND RD. # 0

**Women's Wear with
an Elegant Flair**

The Store With A Heart

Through the month of February, The Pink Fox will donate 10% of the price of your purchase to one of the following charities of your choice: *Turning Point*: Domestic Violence, Sexual Assault, Incest; *Home of the Sparrow*: Transitional Shelter for Homeless Women and Children; *Save-A-Pet*: Homeless Animals; *Bridge Youth Services*: Family Counseling; or *S.H.A.R.E.*: Addictions and Substance Abuse.

The Pink Fox Women's Boutique features clothing from fun contemporary denims trimmed in silver leather to elegant classic evening wear studded with rhinestones. Many of our lines can be worn through all seasons making your selection a worthwhile investment.

Our sizes range from 2-16. Hours are Tue.-Fri. 9:30-9:00, Sat. 9:30-5:00, Sun. 10:00-5:00 and closed Monday.



"The Best Gourmet Coffee House
and Gift Shop in the Area."

SPECIAL
"Sale of the Week" Items
Up to 40% OFF
• Items change weekly •

*On Valentine's Day,
Remember your "coffee lover"
with a gift from Caffe Espresso!*

- Gourmet Coffees
- Exotic Teas
- Gourmet Soup Mixes
- Cookies/Candies
- Gourmet Seasonings
- Cards
- Everything for the coffee or tea lover

**382-0777
Barrington**

S.E. Corner of Rt. 14 & Main

Valentine Gifts And More

This Valentine's Day treat your "coffee or tea lover" to a gift and card from Caffe Espresso. You'll find all the fine coffees from around the world and many teas too—all together over 100 different varieties. Caffe Espresso also has a wide selection of coffee and tea related items which would make very lovely Valentine's gifts or gifts for any occasion. How about a "Romeo and Juliet" tea pot with matching cups for a nice romantic gift idea? Other gift items might include lovely bone china coffee and tea sets, serving trays or possibly a decorative mug—in all shapes, colors and designs including some with humorous messages.

A thermos to keep your beverage hot all day long would be particularly appreciated on these cold winter days. Caffe Espresso has a variety of sizes, colors, and shapes—even a cat shaped Thermos.

Spice up these cold winter days with gourmet seasoning from Dean Jacobs. There are seasonings for pasta, popcorn, salad, Bar-B-Que/Grill, and also salt-free and pepper corn. They will add zest to all those favorite dishes.

Caffe Espresso has Frontier Soup mixes—hearty soups from the heartland. Try Wisconsin Lakeshore Wild Rice, Texas Wrangler Black Bean or our own Illinois Prairie Corn Chowder. Other states are represented too—try them all.

If you like fresh scones, Caffe Espresso offers several varieties daily. Have one with your coffee or tea or bake your own with their English Scone Mix. They also have Irish Soda Bread Mix.

You'll find Caffe Espresso on the southeast corner of Main Street and Route 14 in Barrington and you'll enjoy the visit.

Psychic Fair Comes To The Barrington Ice House

A Psychic Fair will take place at the Barrington Ice House Village Shops and Restaurant on Saturday, February 18, 1995 from 10:00 to 4:00. Co-sponsored by internationally known psychic Patricia O'Neill, the event will also feature Paula Lund (Trance Channelist), Gunn Hollingsworth (Native American Card and Crystal Chakra), Madeline Sierra (Palm Reading), Philip Clark (Numerologist), Doug Simon (Card Readings), Jodene Agresti (Regular Playing Card Readings) and Mary Ann Guarino (Tarot Card Readings). Admission to the event is free. Private readings are available for a nominal charge.

O'Neill who has more than 1,000 clients, located across the United States and as far as India, Russia and England, is not your typical psychic. A former business services coordinator for DuPont and an appointed member of the McHenry Board of Appeals, she is also an expert in past lives, numerology and Tarot. She does predictive work for a number of clients including Wall Street

bankers, movie stars, executives, real estate agents and just about anyone who wants a preview of their future. An expert in her field, she has been interviewed by newspapers, publications and radio stations.

In addition, O'Neill is founder of The Seeds of Change, Weekend Retreat and Workshop Center. In addition to promoting events such as the Ice House Psychic Fair, Seeds of Change conducts weekend retreats, one day workshops and seminars. Set in rustic Richmond, the focus of the programs are to provide participants with knowledge to change their lives, relationships and to realize their dreams.

The Barrington Ice House is an enclosed historic mall which is home to eighteen specialty shops. The Ice House is located in downtown Barrington off Harrison which is two blocks west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street). For further information please call (708) 381-6661.

Refuge for Relief } spa services

{Satisfy the urge to unwind. Take a quick break over lunch, after work, or anytime to soothe the strains and stresses of everyday life. Luxurious spa treatments with the nourishing benefits and refreshing aromas of pure flower and plant essences. Aveda products. No artificial fragrances. No animal testing or animal ingredients. Coexisting with nature.

Gift Certificates Available

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BARRINGTON, IL 60010

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AROMALOGY—THE ART AND SCIENCE
OF PURE FLOWER AND PLANT ESSENCES

Hair Care • Natural Colour • Plant Pure-fumes • Spa Body Care

A Special Touch From Prairie Baskets

For Valentine's Day:

- Give a fresh "wildflowers basket" —a lush assortment of unusual varieties.
- Send a dozen roses arranged "Prairie Style" with lots of lace and fluff.

- Call ahead for a "freshly" made dried arrangement* (*add fresh flowers for an extra "I Love You!")

For Wedding Flowers:

- Call for a wedding appointment now.
- Come see samples and exchange ideas.

We specialize in weddings, personal service, excellent quality flow-



ers and custom designs.

Delivery available. Phone orders welcome. (708) 639-0228.

From 3Chefs . . . A Great Celebration!

3Chefs Catering Services are beginning its seventh year of making parties an instant success. Spring time holds birthdays to remember, showers to enjoy, wedding planning to begin, christenings and communions. Brighten this season with dinner parties honoring a house full of your dearest friends. Our staff will deliver and serve your meal . . . one long-to-be remembered and 3Chefs can supply linens, tables and china to complete the event.

The wedding policy of 3Chefs is one that combines careful consultation and menu planning. We will spend the time you need on all the necessary details to plan your perfect wedding. Imagine being photographed under a flowered arch trellis as you enter the expanse of an exquisitely appointed tent reception, or walking into a dimly-lit ballroom filled with draped tables of Rose Damask linens and floral centerpieces to complement the table settings. In both cases, our well-trained and uniformed staff eagerly await to present mouth-watering



hors d'oeuvres as our chefs prepares to serve an elegant meal.

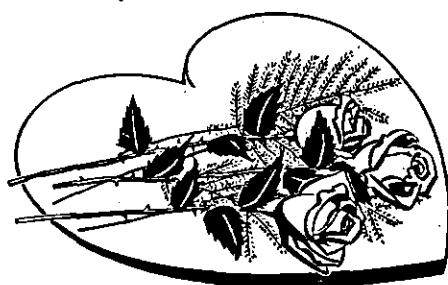
3Chefs Catering welcomes the opportunity to meet all your entertaining needs from at-home gatherings to the finest in wedding services. Call 708-516-2433 for assistance.

Valentine's Day—February 14th

February is Sweetheart month. The day of hearts and flowers and love is February 14th. Give the love and/or loves of your life a Gift Certificate from Applause.

A Gift Certificate from us can be very small to very large and can cover all or any of the services which we provide. Our services include Facials and Massages which are things your love would like to experience but because she considers them luxuries, she doesn't often treat herself to them. So why don't you get your Valentine one?

How about a new hair-cut, style, perm or color to perk that wonderful person up during these cold, bleak winter days. A manicure with a hot paraffin dip or a pedicure is great to have now, especially during our cold weather when skin is dry and chapped.



Be good to your loved one and also yourself and enjoy one or more of our services which will make you feel better during the winter blahs.

Ladies; don't forget men like to have a good massage or facial too or a manicure with a paraffin dip. At Applause, we are not a salon for women only!

Meet Your "Someone Special"

It can be a difficult task in today's active society for singles to meet the type of people they want to meet. The solution to this problem is MatchMaster Dating Service. For over 5 years, MatchMaster has been successfully used by singles, professionals and non-professionals, ages 18 to 80, as truly the Right Way to meet their "Someone Special".

MatchMaster has many great features and genuine concern for all members. The

dating service protects your confidentiality, guarantees your number of quality introductions, and is very affordable.

MatchMaster has an office in Crystal Lake. You can learn more about the MatchMaster program by calling 815-356-8585 to schedule an appointment. If you prefer, MatchMaster will mail you their Free/No Obligation Information Packet. Call 24 Hours/Toll Free 1-800-659-2788.

Off the Beaten Path—not like the rest!



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Excellent Quality Fresh & Dried Flowers

Personalized Service • "Prairie Style" Designs

- 25 Years Experience
- Outstanding Food Quality
- Corporate & Social Events
- Wedding & Party Consultants
- Bar & Wait Staff
- Linen & Rental Supplies
- New Banquet Facilities



3CHEFS

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Spring

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Betty's of Barrington

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111 N. COOK STREET BARRINGTON



Headed South this time of year? Or maybe you're bound for the Cayman Islands or Jamaica. There's lots of excitement in resort wear at *Betty's of Barrington*. You'll love all the latest looks in the beautiful spring/cruisewear arrivals.

For instance, this beautiful black linen tank dress by Deborah Designs would make a lovely addition to your cruise wardrobe. Sun ripened fruit appliques surround the waist of this island-bound attire. Lined.

Betty's of Barrington, located on Cook Street in downtown Barrington.



For Valentines Near & Far

Brighten a midwinter day!

Whether it's grandmother, a college student afar... or just someone special on your Valentines list... Let THE CANTERBURY SHOPPE help you with all of your Valentine needs!

Arriving in a white box with a red bow, filled with gourmet goodies & chocolates and a custom Valentine message, THE CANTERBURY SHOPPE will take care of it all! Just give us a call at 304-9627 and ask about our Valentine specials!



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VALENTINE SPECIAL

during the month of February

With a Private Makeup Lesson receive a FREE Lipstick.

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STUDIO
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117 Barrington Commons
Barrington

"Where Makeup is an Art... and Skin Care is a Science"

Remember Your Valentine...
Near & Far!

Brighten a midwinter day for someone special! Whether it's a special grandparent or a college student... send a custom Valentine box that is sure to bring a smile! As with all of our orders... no two are exactly alike. Arriving in a white box with a red bow, the contents will be beautifully wrapped, and containing a beautiful calligraphy card customized with your message. Whether your theme is gourmet indulgence, (chocolate, cappuccino, popcorn, cookies), hearty winter fare (soups, breads, scones, muffins) or perhaps rich hand creams and personal products from Camille Beckman, tucked in with a book... our staff will be delighted to help you select items that are most meaningful to the recipient, and within your budget! Just give us a call, and for your convenience, we'd be delighted to take care of everything over the phone! (Remember to place your orders early enough to avoid excessive shipping costs!)

As always... we are filled with beautiful

gift ideas for Valentines day, Limoges porcelain boxes, Beveled glass frames, votives, and boxes from Bosque River Studio, cuddly teddy bears, and masterpiece chocolates! Be sure to stop by and see our selection!

Psst! Looking for a midwinter savings? Mention this ad and receive \$5.00 off any Valentine gift box or basket order placed by February 10th (for baskets over \$25.00).

The Canterbury Shoppe is located one block south of Main Street, on Station Street between Rte. 59 and Cook St. Our February Hours Are Tuesday through Friday 10-5:30, Saturday, 10-4. We will be open Sunday, February 12th and Monday February 13th to assist you in your Valentine's needs! Remember, enjoy the beauty of midwinter and Celebrate your Holidays with us! Our phone number is 304-9627, and allow us to serve any of your gift or gift basket needs!

Syd Simons Cosmetics, Exclusive
Products And Professional Services

Makeup Services

Three-Lesson Makeup Course: This is our famous comprehensive makeup course in how to apply makeup for both day and evening.

One of our professional makeup artists will privately instruct you on how to achieve your own individual best look with makeup.

You learn what skin care products you need and when and how to use them; the right foundation and how to blend it; highlighting and shadowing to contour the face; how to get the most out of your cheek colors, eyeshadows and lipsticks to compliment your wardrobe and your lifestyle. Each step is charted and diagrammed for you.

You learn what products to use and not to use so that everything you buy, you use. After you have completed the makeup course you become a makeup artist on your own face and meet each day with confidence that you look your best.

Makeup Application: For that special occasion or for when you want to feel and look your best, let one of our professional makeup artists perform a corrective eye-

brow shaping and apply your makeup while coordinating it with the colors of your dress. **Teen Makeup Lesson:** An excellent beginning for the young lady starting to wear makeup.

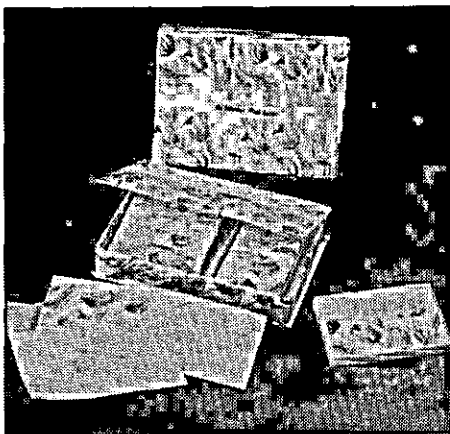
You learn *proper* skin care for your individual needs—a fundamental first step to wearing makeup! You also learn how to apply and blend face, eye and lip makeup while coordinating makeup colors with your wardrobe to achieve a soft, natural everyday look.

Your lesson is diagrammed so that you always have a chart to guide you.

Skin Care Services

Deep Pore Cleansing Facials: Scientifically designed and performed by Syd Simons' professionally trained and certified estheticians. Generally, facials cleanse, unclog pores and remove dead cells but at Syd Simons we practice perfected European based treatments using advanced equipment and specific techniques to help improve every skin type to stimulate the deepest layers of tissue to refresh and invigorate your skin. Our estheticians analyze each face before they begin. Because every skin is

(Please continue on page 32)



For the perfect Valentine's Day message, whether it's funny, romantic, sweet or sexy, stop in at the **Little Shop of Papers** in the Foundry at 740 W. Northwest Hwy. in Barrington. With so many beautiful cards to choose from, you'll find just the right card for your Valentine.

Or play Cupid with a special Valentine gift, like this lovely Paper Garden Box of stationery sheets, envelopes, thank-you notes and seals. You just might receive a love letter in return! And **Little Shop of Papers** has other heartwarming gifts to choose from, such as melt-in-your-mouth creamy **Barney's Country Caramels**.

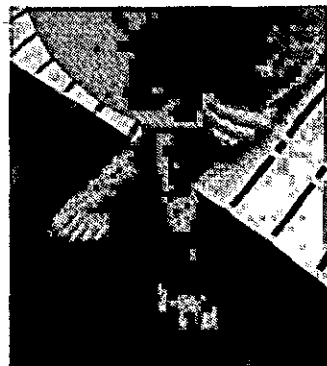
Its Manicure, Pedicure And Facial Month At The Total Look

During the month of February, it's manicure, pedicure and facial month. The services at **The Total Look** are done by a licensed esthetician. We can design a program for your skin care needs.

Another benefit often overlooked is the therapeutic value of pedicures. After a long day spent on hard floors in dark cramped shoes, pedicures should become an essential part of a client's health and beauty regimen—just like manicures.

We are offering a Valentine's Special for first-time clients. We can also do a Glycolic Treatment to exfoliate dry skin on your feet and hands, with your pedicure and manicure. Gift certificates are available.

Thank you,
Marcey Ramagnano
The Total Look
120 Lageschulte, Suite 106
Barrington 382-6646



BAAC Feb. Exhibit Features "The New Southwest"

"The New Southwest" is the title of the February exhibit at the Barrington Area Arts Council (BAAC) Gallery, opening on Friday, February 3, 1995, with an artists' reception from 7-9 p.m. at the Gallery, 207 Park Avenue, Barrington. The show is coordinated with the AES Gallery in Chicago, which is owned and curated by Sue Pertl, a former Barrington resident. Ms. Pertl is also the curator for the MacDonald's Corporation corporate art collection for all of

their facilities.

BAAC's exhibit features the work of David T. Kessler, oil; Mark McDonell, oil; Jo-Ann Lowney, oil; Joel Coplin, oil; Robert Winslow, sculpture; and Anne Coe. Also featured will be three dimensional works in jewelry, glass and mixed media masks.

The show presents fresh new art works created by today's artists in the Southwest. Receptions are open to the public.

Romantic Accessories For Valentine's Day

Love is in the air with romantic accessories from **Page One Interiors**.

Valentine's Day is the one day each year that is dedicated to giving and receiving expressions of love. So we are giving to you savings of 20%-30% on romantic accessories.

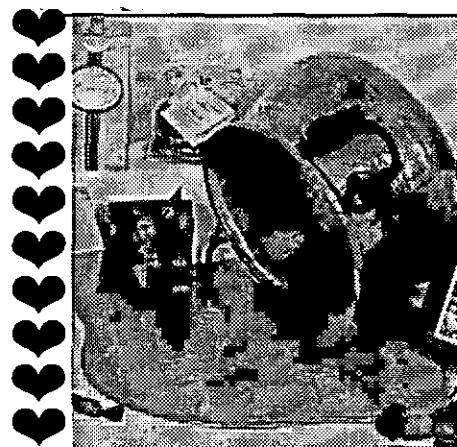
Enhance any room with a beautiful selection of candlesticks. Choose from iron, stone or brass. Elegant seeded glass will bring romance to any room. All candlesticks are 20% off.

Romantic lace pillows from Paper White will enhance any bedroom. Needlepoint pil-

lows will bring in warmth to that favorite reading chair. All pillows are 30% off.

Cuddle up with someone special in our elegant chenille throws from Textillery or a beautiful cotton/chenille from D.J.C. All throws 30% off.

Savings continue through the month of February at **Page One Interiors**.



Sweets for Your Sweetheart

Send a message of Love to your family, friends and Sweetheart with a special Valentine card and a sweet treat of **Barney's Country Caramels**.

Taste for yourself...
try a store sample!

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740 W. Northwest Hwy.

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Barrington

The
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- Manicuring
- Pedicuring

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Barrington



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ALL CANDLESTICKS 20% OFF
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Through the Month of February



**PAGE ONE
INTERIORS**

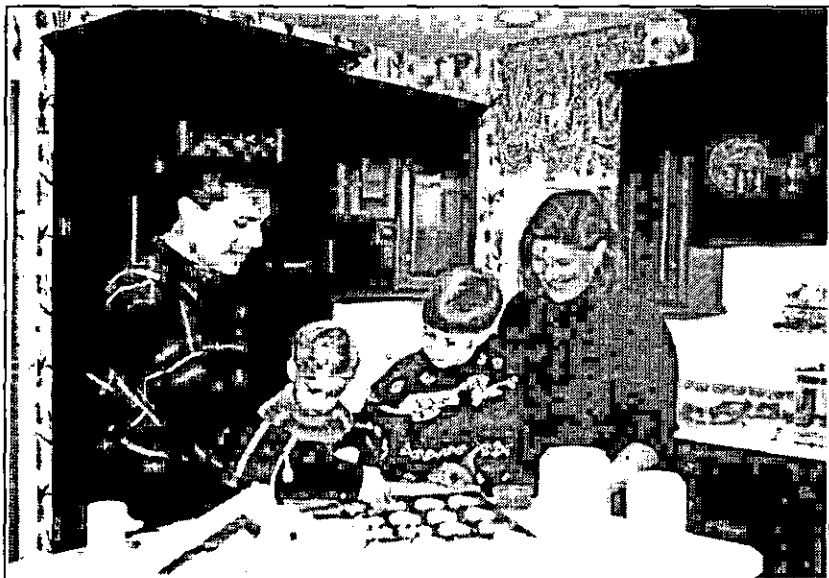
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Distinctive Kitchen Designs, Inc.

203 S. Main Street, Wauconda, IL 60084
(708) 526-7822 Monday-Friday 9:30-5, Saturday 9-1, Closed Sunday

"Heart of the Home" Kitchen

by Jennifer Ptaszek



A bit of family time for Gordon, Barbara, Bradley and Erik Peterson of Inverness was spent baking cookies in the family's new Wood-Mode custom kitchen, designed by the professionals at **Distinctive Kitchen Designs, Inc.** in Wauconda. With more than one cook in the family, the Peterson's existing kitchen didn't meet their requirements. "We love to cook, so we wanted a large, spacious kitchen that we could all work in," said Mrs. Peterson.

Keeping this requirement in mind, Star Norini, CKD, owner and chief design consultant at **Distinctive Kitchen Designs**, and Vernetta Sullivan, design consultant, combined the existing kitchen with an extra bathroom and a laundry room, to create a spacious, workable kitchen big enough for two.

The Peterson's new kitchen reflects a traditional atmosphere with cherry Wood-Mode cabinetry and white formica counter tops. The truly custom features of the kitchen include a center island with built-in sink, double pullout waste bin, mixer

cabinet and large pantry.

Other features include a desk unit that makes it easy for the Petersons to manage parental, business and domestic responsibilities, and a custom-designed hood with a shelf to display Mrs. Peterson's collectibles.

Barbara, delighted with her new kitchen, praises **Distinctive Kitchen Designs, Inc.** and its designers for their ability to look at the big picture and create a design that not only met her functional requirements, but also remained consistent with the traditional theme she loves.

Professional design services and fine custom cabinetry make **Distinctive Kitchen Designs, Inc.** the choice of Barrington-area residents. Visit the showroom, located at 203 South Main Street in Wauconda for a free consultation. The design professionals at **Distinctive Kitchen Designs** are waiting to make your new year dreams for 1995 come true with a new Wood-Mode customer kitchen.

Visit BAAC's "Camelot" Feb. 18



BAAC President Betsy Smentek (Center) from Fox Point with "Camelot" Co-Chairs Maureen Yates (left) from Fox Point and Anna Haller from Wilmette

Here Ye! Here Ye! Barrington Area Arts Council Proclaims February 18, 1995 as the official date for revelry at their annual fundraiser!

You've heard your friends talk about the annual Barrington Area Arts Council (BAAC) fundraising gala, the outrageously fun event that the entire community looks forward to each year. This year be sure to make your plans early to attend because this year the committee promises an absolute feast for the eyes, ears and stomach.

A "Camelot" theme was chosen by co-chairs Maureen Yates of Barrington and Anna Haller of Wilmette. Perhaps what inspired the theme is the fact that both Anna and Maureen are natives of England. They

are particularly excited that the event will once again take place at the Barn of Barrington. Combining the medieval flavor the decor at the barn provides with a tasty olde English menu selected by Chairperson, Joanne Giesel plus an array of renaissance entertainment, the evening will be memorable for all who attend.

As guests arrive they will be greeted by the Barrington Youth Dance Ensemble dressed in period costume and an acappella serenade by the Barrington Children's Choir Madrigal Singers, a group of nineteen youngsters dressed in medieval costume. Throughout the evening entertainment will be provided by jugglers, mimes, magicians, and other musical groups. Al-

though not necessary, those guests who wish may even dress in Period costume.

Whilst enjoying a "sling" of mulled wine, attendees may browse or begin placing bids at the silent auction tables. This year offerings include: A child's birthday party for twenty at Tudor Oaks Farm in Barrington Hills, a week's stay in Steamboat, Colorado, or Gulf Shores, Alabama. A two night stay in the executive suite in the Wrigley Building in downtown Chicago, tickets to various sporting events, sports memorabilia, restaurant, hotel, and theater packages, retail goods, home accents, art, a gold and silver bracelet from M. J. Miller and Company, and much, much more.

Guests will proceed to the dining room and feast on such delights such as: prime rib, toad in a hole (pastry wrapped sausages), Yorkshire pudding, potted shrimp, and for dessert, succulent steamed apple pudding accompanied by a hard sauce. Further surprises will await the guests in the dining room with authentic table decor.

The live auction featured later in the evening will top off the excitement, among

the large items offered are: airline tickets for two to London, England from American Airlines, a one week stay in a luxurious beach home in Naples, Florida, round trip air to Naples compliments of Travel House of Barrington, also a complete cocktail party for fifty guests at the BAAC Gallery.

Other prizes include a \$500 gift certificate from Chuck Hines in Barrington, one night at the lovely Geneva Inn on the Lake in Geneva, Wisconsin and a \$100 gift certificate for groceries from Scotty's Home Delivery in Lake Zurich.

Tickets for "Camelot" are \$85.00 per person. Suggested attire for the evening, which begins at 6:30 p.m., is period costume or festive evening wear. The gala is open to non-members as well. It is strongly encouraged to reserve as soon as possible. You may purchase your tickets at the BAAC office located at 207 Park Avenue, Barrington, or by calling (708) 382-5626. Visa and Mastercard are accepted for both the purchase of tickets and the purchase of auction items the day of the event.

Thai Avenue, For The Finest In Thai Cuisine

The fabulous food and exotic atmosphere of Thailand is but a short drive away at **Thai Avenue**, Lakeview Plaza, in Lake Zurich. This restaurant, attractively decorated with authentic antiques and art from Thailand, has been acclaimed for its dining excellence by both the *Chicago Tribune* and the *Daily Herald*.

The extensive menu, offering over 50 items, has something to satisfy every taste. A few delicious examples include: *Holy Basil Supreme*, shrimp stir-fried and enhanced with sweet basil leaves, onions, mushrooms, sweet peppers and jalapeno peppers; *Sweet Almond Beef*, stir-fried tender beef with almond nuts, water chestnuts mushrooms, dried peppers and onions in a

sweet brown sauce; and *Chicken Rama Thai*, chicken sauteed in peanut curry sauce and coconut milk, served over steamed spinach.

And for the week of Valentine's, the **Thai Avenue** weekly special is our tofu special—soft tofu is stir fried with tender beef, green onions, mushrooms and black peppers in our special delicious brown sauce.

For Valentine's Day, bring the one or ones you love to **Thai Avenue**, enjoy a unique dining experience and receive a free *Thai Custard* as a special treat from us.

Thai Avenue has a full service bar including fine wines, domestic and imported beers. Carry-out is also available.

Bring Out The Latin Lover In You! Come To Julio's Latin Cafe on Valentine's Day!

In addition to great Latin Fare, **Julio's** is offering live entertainment, Friday and Saturday nights. The Dan McIntyre Duo on Fridays and Brazilian guitarist and singer Paulo Garcia on Saturdays. Enjoy lovely dinner music and the great foods of Latin America.

Julio's Latin Cafe is open for lunch Tuesday through Friday and for dinner 7 nights a week. Always adventurous and exciting, Julio brings from his homeland, Ecuador, the culinary delights of South American dishes and a sunny blend of Caribbean and Mexican food. Together chef Joseph Gustafson and Julio have been cre-

ating some exciting specialty items. The menu features tapas (appetizers), steak, seafood and chicken entrees. The hearty black bean soup is a standard at **Julio's**. One of the most popular dishes is called Pollo Caribe, a sauteed breast of chicken garnished with shrimp and served with a mango sauce. The wine list is very special also, with the distinctive wines of Chile and Argentina as well as a few from Spain and California.

The atmosphere is definitely cozy Latin, the perfect place to serenade your sweet-heart on Valentine's Day.

Cilantro, Fine Chinese Cuisine

A gourmet dining experience awaits you at the recently opened **Cilantro, Fine Chinese Cuisine**! **Cilantro** owners, Joseph Eng of Barrington, Peter Eng of Lake Zurich and Sam Sze-to of Schaumburg would like to invite you to a delicious feast this Chinese New Year season. Our chefs' preparations will delight you, and if you have a special dish that you would like, you have only to ask!

Celebrating a special event? The **Cilantro Private Room** makes any gathering distinctive. Join us on Saturday or Sunday for traditional "Dim Sum" featuring a wide array of authentic, savory Hong Kong style dishes.

Cilantro's gracious surroundings and impeccable service are perfect for casual dining or business luncheons. Buffet lunch is offered Monday through Friday for \$6.95. Our staff wishes you "Gung Hay Fat



Choy", "Happiness and good fortune to you" in this year of the Boar.

Hours: 7 days a week: Mon.-Thurs. 11:30 a.m.-9:30 p.m., Fri. and Sat. 11:30-10:30 p.m., Sun. 11:30-9:00 p.m.

Cilantro is located at 154 N. McHenry Rd. (N.W. corner of Lake-Cook and Rt. 83) Buffalo Grove. (708) 520-9988. All major credit cards accepted, smoking area provided.

Scholastic Art Show

Once again this year, the annual North Suburban Regional Scholastic Art Show is being held at Northbrook Court Mall, located on Lake-Cook Road, between Waukegan Road and the Edens Expressway. The show will be open to the public from February 10 to February 19, 1995 during mall hours. There will be an opening reception Sunday, February 12, from 1-3 PM, in honor of the students whose work is on display. This is the 68th year that Scholastic, Inc. of New York, with the cooperation of civic minded sponsors, such as Hallmark Cards, are con-

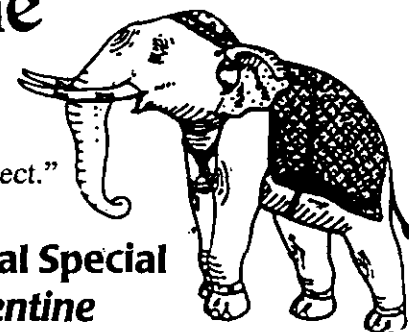
ducting an art awards program.

Barrington High School art students will be among approximately 45 schools from northern Cook and Lake Counties that will compete for honors in this juried art show. There are 15 classifications including painting, drawing, mixed media, printmaking, sculpture, photography, computer graphics, video and film animation, environmental design, communication and graphic design, ceramics, jewelry and metalsmithing, textile and fiber design, art portfolio, and photography portfolio.

Thai Avenue Restaurant

Daily Herald

"...authentic as one can expect."



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Fri. - Sat. 11:00- 10:30
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Be A Statistical Detective

The Bridge Youth and Family Services is looking for volunteers to be part of our Program Evaluating Team. The position of Statistical Detective is available. Get in on the ground floor of this exciting new project. Your input and statistical expertise is needed to gauge client feedback of The

Bridge services. This ongoing project can be completed evenings after 6 p.m. with 4-6 hours a month. A desk, phone, and any other supplies provided by The Bridge. For more information, call The Bridge at 708-359-7490, Lisa Hanson-Braun, Coordinator of Volunteer Services.

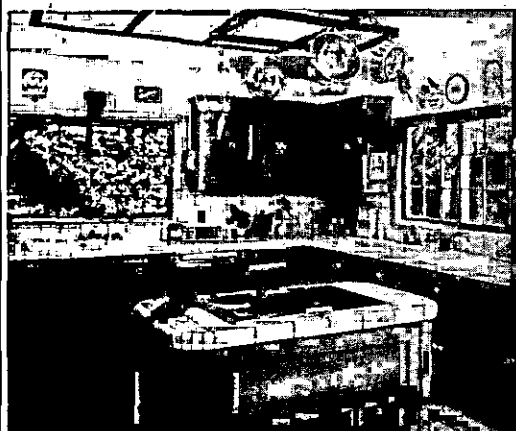
Welcome Wagon Coffee

The Welcome Wagon Club of Barrington will meet for coffee at a member's home on Thursday, February 23, 1995, at 9:30 AM. Thomas F. Haider, President of Haider Financial Services, an investment adviser who has been in the financial arena for

more than 25 years, will present a program entitled, "Fundamentals of Investing."

We hope you will join us for this informative program. Please call Gloria at 708-382-6953 for directions.

We have the ingredients for a gourmet kitchen:



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- ☐ Extensive Kitchen and Bath Showroom
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Our New Showroom is located at 20066 N. Rand Road Suite C in Palatine (Next to Northshore Refrigeration at the corner of Route 12 and Lake Cook Roads).

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RENOVATIONS** inc.

Design & Construction
776-0121

Ask Our Designer

Neil McDuffie, Senior Designer
at Barrington Kitchen and Bath Studio

1. *We have a kitchen and bathroom we want to remodel; where do we start?* "A trip to the showroom is a good start. It serves two purposes. First, it gives you the chance to see what is available. It may surprise you to find many new finishes and styles in cabinetry and countertops. Second, you can meet and talk to a "professional designer". It is very important that you find an experienced designer to work with. Remember, he or she will be helping you with a very important investment in your home that can bring a handsome return if it is designed and done properly."

2. *What is one of the most important considerations when designing a kitchen?* "There actually are many; it really depends on the individual or your family needs. Some of the most important considerations are: The size of the family. Are you working professionals or a large family? The amount of cooking you do and what type. Are you a gourmet cook, or is cooking just an essential part of every day life? The amount of entertaining you do? Would you like to entertain more and have a kitchen designed for that purpose? The present decor of your home. Do you want to change it with the remodeling project or add to your present decor? So many choices and only an experienced designer can help you with these choices."

3. *What is the advantage of using your company when my project entails more of a remodeling project rather than just replacing cabinets?* Our primary advantage is our design through installation service. Our sister company, Award winning Delta Renovations, Inc. will be handling the installation. Our job does not end when you order your materials. Your job will be overseen and expedited not only by your designer but also by a Delta job foreman and the owner of both companies, Mark Zurek. We feel constant communication is very important. The majority of the work will be done by our own experienced carpenter installers. You can be confident that our professionalism continues throughout the project. Referrals are one of our most important sources of new clients. See next month's issue for more "Ask our Designer", but feel free to call us with your own questions.

We invite you to meet senior staff designer, Neil McDuffie, at our showroom located at Route 12 and Lake Cook Road (next to Northshore Refrigeration) at 20066 N. Rand Rd., Suite C, Palatine, IL. Showroom hours are Monday through Friday 9:00 A.M. to 6:00 P.M., Saturday 9:00 A.M. to 3:00 P.M. Appointments are suggested for design and planning consultations.



Congratulations Delta Renovations, Inc.!

Delta Renovations, Inc. has been named One of the Top 500 Remodeling Firms by the "qualified Remodeler", a national magazine dedicated to Professionalism in Remodeling. Delta Renovations, owned and operated by Mark Zurek, has received this distinguished recognition for the fourth year in a row. The list is composed of a diverse group of the nation's leading remodeling professionals.

What contributes to a successful remodeling business? "We approach renovation projects as a specialized field of construction and provide attention to detail only experience and commitment can bring," says Mark Zurek, "we also have a core group of good, motivated and loyal personnel which is essential to our continued success."

"We have spent years developing a unique concept that few other remodeling firms can offer. We are able to offer our clients the ability to coordinate all of their

remodeling needs in "one location," says Mark Zurek, "We have in-house experienced carpenters that will take the remodeling project from start to finish, as well as a good group of suppliers and subcontractors."

Barrington Kitchen and Bath Studio was founded three years ago by Mark Zurek to offer clients the unique advantage of a beautifully detailed showroom with expert designers on staff.

What does the new year bring for Delta Renovations? "One of the most important items for the next year is to continue to strive to offer our customers the very best when it comes to remodeling and to continue to offer our services as we always have, services built on honesty, integrity and trust," says Mark Zurek.

Mark Zurek invites you to call him at 708-776-0121 and make an appointment to discuss your future renovation project so that it can become a reality.



LIFESTYLES

Homes & Interior Designs Section

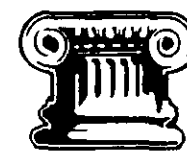
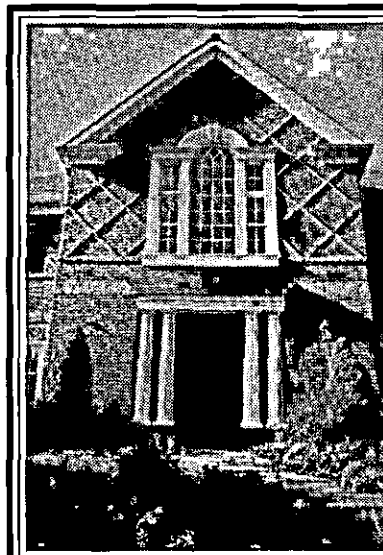
Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring". And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to July.

We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to get your plans done, construction bids in and permits pulled by March or early April. You would then be able to enjoy your new space for the majority of this new year and not have your Summer "under construction".



Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to discuss your projects or to help you select your building lot. Please feel free to contact John C. Cazzetta to arrange an appointment and to preview our extensive residential portfolio.

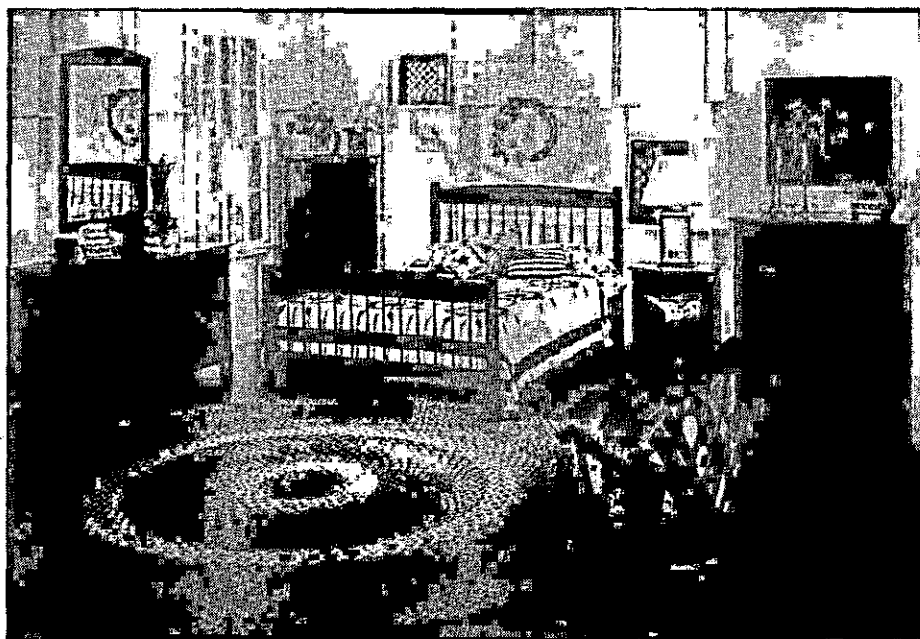


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If you are looking for something out of the ordinary, stop in at Strode's Furniture and see what we have to offer. I'm sure you will be pleasantly surprised. Save 20-40% now during our Winter Clearance Sale.

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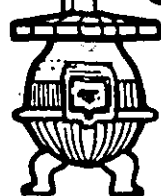
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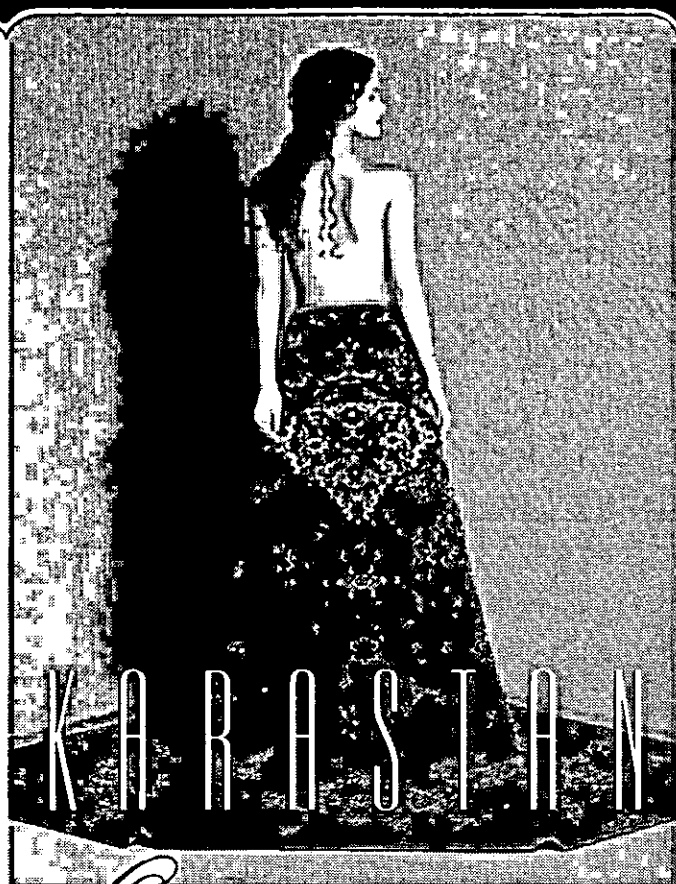
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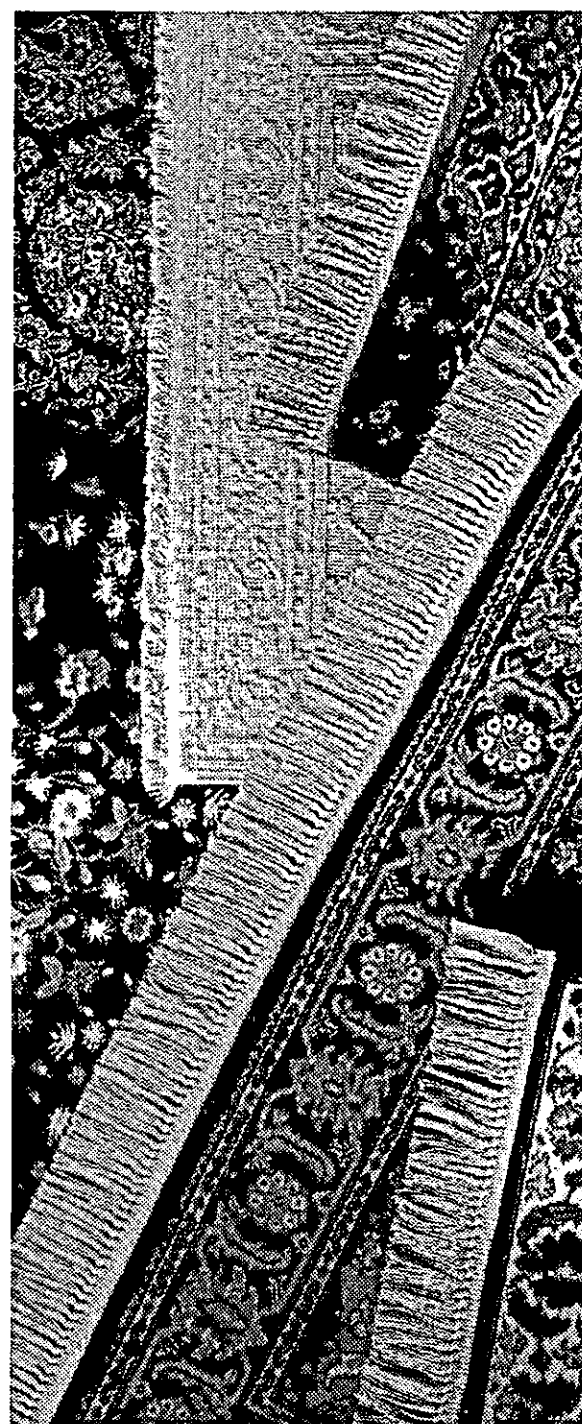
Dress up Your Home Without Stripping Your Wallet

Now you can buy a fashionable Karastan area rug at prices that are equally eye-catching. For a limited time, Vartanian's entire Karastan collection is on sale.

Vartanian has, on display in their showroom, virtually the entire line of Karastan rugs and carpeting. Established in 1950, Vartanian offers its customers the finest in selection and workmanship. Vartanian's goal is your complete satisfaction. A knowledgeable, trained staff awaits your visit to our newly remodeled showroom.

Karastan's 700 Series Williamsburg Collection, Chaumiere Collection, Kara Shah Collection, Kara Mar Collection and the New Sisal Wool™ Collection are all on display.

Come see why Vartanian Carpet is the Karastan buyer's first choice in the northwest suburbs.



Women's Club of Inverness Upcoming Events

The January 12th meeting of the Women's Club of Inverness, was held at Inverness Country Club. Dr. Lorraine Novas discussed women's health issues followed by a question and answer session. A luncheon followed.

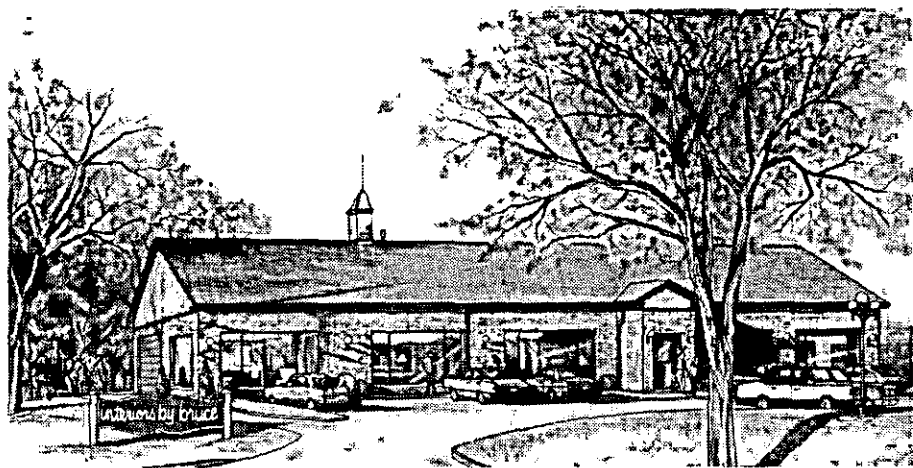
Some of the events of the new year include an outing to the Art Institute in Feb-

ruary; a lecture by Kevin O'Connor, M.A., in March focusing on difficult interpersonal relations; the annual Spring Luncheon and Fashion Show at the Hyatt Regency Woodfield on Friday, April 7th; and the Harper Fashion Show in May at the Inverness Country Club.



Looking over a few of the gifts brought in for the "Wish Tree" from the Palatine Township Adopt-A-Family Program are, from left to right, Barbara Rosene, Cyndi Calhoun, Eileen Newton and Carol Parke.

Enjoy A Special Winter Event



Interiors by Bruce is proud to announce a "Special Winter Event." For a limited time, we are offering tremendous sale pricing on some of the finest manufacturers of quality home furnishings. Choose from a vast array of merchandise, either stock or special order, for every room in your home.

Interiors by Bruce features fine home furnishings complimented by an extensive line of wallcoverings, carpeting and accessories. We operate our own drapery workshop, as well as reupholstery and refinishing shops on the premises. This allows us to offer all of our clients a custom look at competitive prices.

Interiors by Bruce also offers complete in-home design service. Our staff of professional interior designers is ready to assist you whether you are in need of consultation on a new home, or working with existing pieces and coordinating a new look. Our designers are here to guide you in making these important decisions and, as always, our service is complimentary with your purchase.

Interiors by Bruce invites you to visit their showroom today, and experience a truly unique and pleasurable shopping experience.

BARNO Offers Scholarship

The Barrington Area Registered Nurses Organization is offering two \$700.00 scholarships to assist individuals who have been accepted and seated into an accredited school of nursing, students presently enrolled full time in a nursing program, or any Registered Nurse pursuing a Bachelor Degree in Nursing. Applications will be accepted from students residing within the primary Good Shepherd Hospital service area. This includes Barrington, Algonquin,

Cary, Fox River Grove, Lake Zurich, Wauconda, Island Lake, Crystal Lake, and the Palatine area with zip code 60067/74. Money from these scholarships will be applied toward payment of tuition for the 1995-1996 school year. Further information may be obtained by contacting: Carol Alfieri R.N. (708) 381-6745, or Virginia Nordlof R.N. (815-459-5856, or Nancy D'Angelo R.N. (708) 381-9390.

Remodeling Adds Value To Your Home



Bill Schafer - President

Imagine, your children and their friends are inside playing on a cold, dark winter day. Suddenly you realize that they have spilled oil paints all over the kitchen floor and have tracked it through the house as well! What's even worse...you have company coming over in one hour!

Sound like your home? It's a perfectly normal scenario. Now is the time to take advantage of hidden space in your home. Turn a drafty basement into a beautiful and functional recreation room designed with play in mind!

According to *Remodeling Magazine's* latest report on Cost vs. Value, quality remodeling and additions increase the value of your home. For example, the resale value of a kitchen remodel project could be as much as 138%!



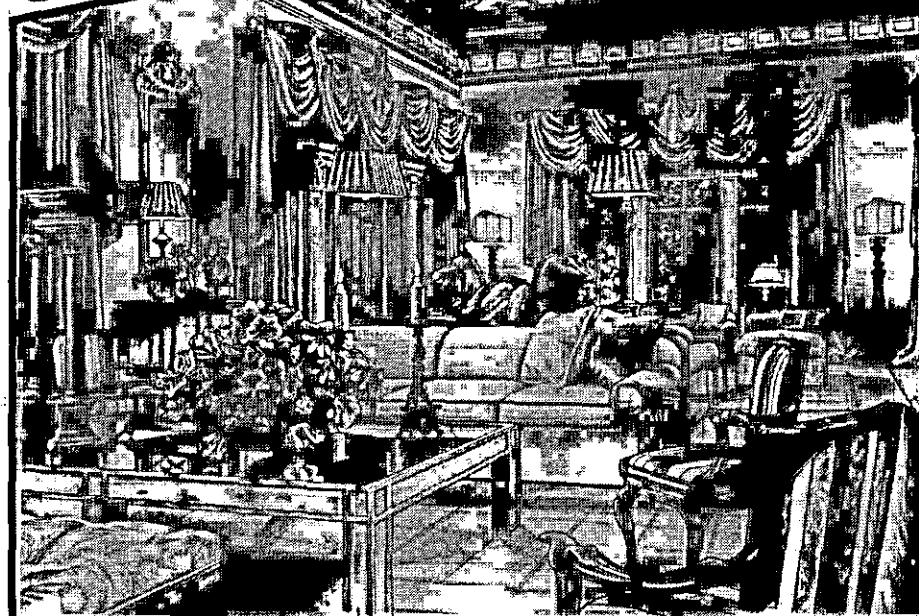
Joe Schafer - Vice President

Remodeled houses sell. Homes that have had quality remodeling, completed recently, will always sell before homes that haven't been maintained.

It is possible to afford a quality remodeling project and add recreation space to your home! From design, budget, construction and even clean-up, the professional staff of Schafer Builders, Inc. will work with you every step of the way. As a certified "Code Plus" remodeler, Schafer Builders, Inc. guarantees the use of only premium construction materials and methods.

Contact Schafer Builders, Inc. today at 815-459-1333 or stop by our Showcase office at 12 E. Crystal Lake Ave., across from the Park District Office in Crystal Lake.

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Enjoy a Special Winter Event!

Interiors by Bruce is proud to announce an extravaganza of savings. Celebrate 1995 with impressive prices on stock and special order merchandise. Included in this special sale are living room, bedroom, and dining room furnishings as well as accessories.

Showroom located on Northwest Highway between Kelsey Road & Route 22 • Barrington
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An Evening of "Treasures Under The Sea"



Louise Pozzi, Kim Pesavento, Benefit Co-Chairpersons, and Karen Smith, Auxiliary President, peer into the sunken Treasure Chest holding prizes, including \$500 in cash, for the CHASI Annual Benefit with this year's theme "Treasures Under The Sea."

Pirates, sunken treasure and seashells set the mood for the annual benefit being planned by the North Central Junior Auxiliary of the Children's Home & Aid Society of Illinois on March 11, at the Schaumburg Marriott.

As guests arrive they will enjoy an open bar and appetizers with plenty of time to browse the silent auction tables. A gourmet dinner will be followed by dancing to the live music provided by The Murray Brothers Band.

Exciting auction items will include a Chrysler Town & Country luxury minivan, two pianos, fine jewelry, weekend vacation packages, artwork, autographed celebrity items and more.

The prizes include two domestic round-

trip tickets on American Airlines, dinner and cruise for four adults on the luxury liner Odyssey, a weekend for two at the Chicago Bismark Hotel and a gourmet wine basket.

Children's Home and Aid Society (CHASI) works with communities throughout Illinois to provide adoption, foster care, day care and counseling for more than 10,000 children and families in crisis. CHASI supports three day care and counseling centers in Palatine, Hanover Park and Carpentersville. The North Central Junior Auxiliary is a group of 40 women from the Barrington area, Palatine, Inverness and Schaumburg.

Tickets to "Treasures Under The Sea" are \$60.00. For tickets or more information, please call Louise Pozzi at (708) 381-8561.

Watercolor Workshop

Serious watercolor artists are invited to the Barrington Area Arts Council (BAAC) for a workshop conducted by Barrington's Michael Barkman, AWS, on Saturday, March 4 and Sunday, March 5, 1995. Saturday's session will be held from 10:00 a.m.-4:00 p.m. and Sunday's session from 2:00-4:00 p.m., in the BAAC Gallery, 207 Park Avenue, Barrington. Space is limited

to 20 participants and the fee is \$150.00.

Participants will learn about water color origin, materials, color palette and techniques. Students will receive a signed Barkman print and one hour of private instructions at his studio or theirs.

Call the BAAC Gallery at (708) 382-5626 for registration. Visa and Mastercard are accepted.

Make Your Blinds "Spring Fresh"

Would you like your blinds to look like new again? Is there an effective method out there? Do those store bought gizmos work? Tired of endless hours of wiping?

Brite Blind Cleaners has a solution to dirty blinds. An ultra-sonic tank removes the most stubborn dirt, grease and grime known to homeowners.

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If you want results call today. Brite Blind Cleaners guarantees a remedy to the most tedious household chore. Call (708) 382-4880.

BAHS Plans Trip To Chicago

On February 17th the Barrington Area Historical Society invites guests and members on a day tour to the world famous Kenyon and Oppenheimer Conservation Laboratory and Art Gallery in Chicago. This company is one of the leading specialists in historical paper conservation and reconstruction and is employed by historical societies and museums throughout the world. In its laboratory a staff of six under the direction of Douglas Kenyon, diagnoses and treats the problems that are inherent in most antique papers and art work. Depending on the condition of the material they may be reweaving fibers, cleaning surfaces, repairing creases and tears, removing molds, or neutralizing acidic components that deteriorate the paper. Guests of the BAHS will be able to tour the laboratory, and are encouraged to bring any family or historical papers such as old bibles, art works, or documents for a brief consultation with the experts.

The facility, which is housed in a historical building dating from the 1870's, is also a three story art gallery devoted to an extensive collection of rare John James Audubon prints. Not only will guests be able to leisurely view the art gallery but lunch will be served in the gallery for members of the tour. A bus will leave the BAHS at 9:30 on February 17th and return about 3:00 that afternoon. The cost of the tour which includes the bus trip and lunch is \$20 for members of the BAHS and \$30 for non-member. Reservations are required and can be made by calling the BAHS at 381-1730.

And while you're at the BAHS you wouldn't want to miss the Society's Gift Shop in the Applebee House. To celebrate President's Day, the shop has a new collection of merchandise and toys that will delight any age group. For the youngsters, there are coloring books with sketches of authentic Revolutionary Uniforms and pictorial episodes in the life of Abe Lincoln. There are educational games with Civil War, American Revolutionary War, State Capitals, U.S. presidents and World Economy themes. And for just plain fun, there is a section of authentic American folk



Drawing from the coloring book "Uniforms of the Revolutionary War"

toys and games that our great grandparents probably played: cat's cradle, marbles, jacks, pickup sticks, lap looms and even bonum. (What is bonum? Stop in the gift shop to learn about this once favorite game.) The gift shop also offers a wide variety of books for all ages about our two favorite February born presidents and the wars in which they were involved. And for the collector there is even a series of reproduction dessert plates with cup and saucer from the Washington and Lincoln "White House" days. And if you haven't yet learned all the presidents in order, there is a mug that has all their pictures and names that you can study while enjoying a steaming cup of hot chocolate.

African Adventures Plan Early For Safari

Plans for 27 days of spectacular E. African Safari Adventure are set for July 1995!

"Early bird" planning and reserving make possible great savings and assured accommodation at highly sought locations in East Africa.

The Assisi Animal foundation conducts another Safari to Kenya and Tanzania featuring luxury accommodation in outstanding wildlife areas, focusing on the dramatic annual migration of over a million zebra and wildebeest from the fabled Serengeti.

The not-for-profit charitable organization presents these outstanding opportunities as part of an educational outreach helping to

develop interest in the protection of wildlife.

Safaris are led by founders of the A.A.F. One of the founders, "Lee" Linklater, also A.A.F. President, has recently been appointed U.S. Representative of the respected East African Wild Life Society with headquarters in Nairobi.

This year's Safari will depart on July 21 and features stays in World class resorts, dramatic lodges and luxury tents in the bush. Participation is open to all interested in a highly varied and beautiful program at exceptional savings! For information, call (815) 455-9411.



For the youngest sweethearts in your life be sure to visit **Kids Country Furnishings**, located on the corner of Oak Street and Route 176 in Crystal Lake. **Kids Country Furnishings** is a unique children's specialty shop with an emphasis on personal-

ized service.

Children's clothing lines include the new layette lines **Zanimo** and **Lyka Wear**. Also carried are **Sweet Potatoes**, **Monster Wear**, **Basics**, **Sandra & Laura's Gallery**, **Donna Capozzi**, **Beautiful Bambino**, **Patsy Aiken** and others. Boys sizes to 7. Girls sizes to 6X with a limited selection through girls 14 (newly expanded).

Lots of items sure to delight the youngest Valentines include many special plush toys, cuddly bears, dolls and books. Also, the **Muffy Vander Bear Collection**, a great collectible since they always appreciate in value.

While you're selecting a gift, take advantage of their outstanding bedding sale going on right now. Their selection is great—and would make treasured gifts, so plan ahead.

During February, there is a stroller sale; while quantities last, which includes **Combi**, **Aprica**, **Inglesina** and others.

Wallpaper Solutions

Nancie Selzer, store manager, invites you to come visit the new wallpaper showroom in Cary. Nancie is a wallpaper specialist. Wallpaper has been Nancie's business for the past 29 years. If you have a fabric to match, an idea but don't know where to turn, an empty room, or a hard to find pattern Nancie is your answer. There are thousands of wallpaper patterns available, Nancie will sort through confusion and help you choose the perfect wallpaper selections for your business or home.

When your selections are complete **Swanson Painting and Wallpaper Studio** can make your dreams come true with their professional installation and painting services. **Swanson Painting** has been providing professional painting and wallpapering services for the past 14 years. You can have confidence that your new design is in skilled hands.

The Studio will be open Tuesday,

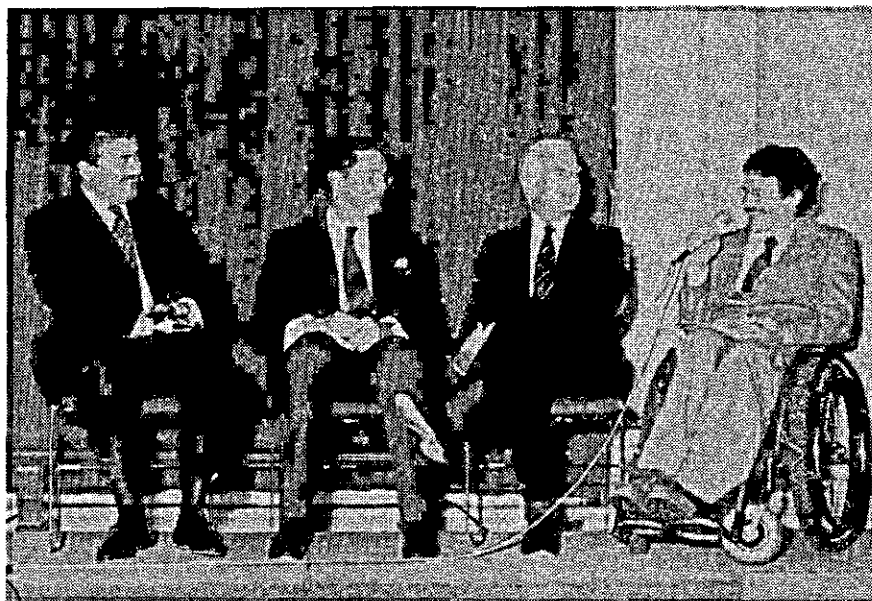


Nancie Selzer, wall-paper specialist

Wednesday, Friday and Saturday 10:00 AM to 4:00 PM. Thursday the Studio will be open from noon to 7:00 PM. The Studio will be closed Sunday and Monday.

For further information call (708) 639-0480 or (815) 356-0480.

Four Men Shaping Millions Of Destinies

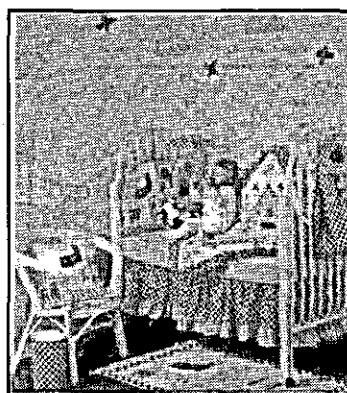


L to R: John Kemp, Frederick Prince, Henry Betts and Ralf Hotchkiss

1995 Henry B. Betts Laureate, Ralf Hotchkiss discusses his life work at the awards ceremony honoring him for his visionary invention and design of wheeled mobility devices during the past thirty years. In attendance with Hotchkiss are (from left to right) John D. Kemp, 1994 Betts Award Jury Chairman and CEO of the

United Cerebral Palsy Associations; Frederick H. Prince, President of F.H. Prince & Co. Inc. and Trustee of Prince Charitable Trusts; and Henry B. Betts, M.D., CEO, Rehabilitation Institute of Chicago, and the man for whom the award is named.

The Henry B. Betts Award is presented



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Join The Exploring Program

If you like fun and adventure, we have a group for you. The Exploring Program at The Bridge Youth and Family Services is getting underway this fall. The Bridge is looking for male and female volunteers over the age of 21 years to act as advisors to the youth run program. Advisors supervise activities and assist the youth officers to coordinate the bi-monthly events. Ex-

ploring provides opportunities for youth ages 14—17 years old to participate in outdoor adventures and career and interest exploration. If you are interested in becoming an advisor or would like to participate in Exploring as a youth, please call The Bridge Youth and Family Services at (708) 359-7490.

BAAC "Young Writers Project"

Writers in grades K-12 are reminded to return the completed "Young Writers Project" entries to the Barrington Area Arts Council (BAAC), 207 Park Avenue, Barrington, by Saturday, February 4, 1995 at 2:00 p.m. All students who reside in the Barrington District 220 boundaries and currently attend Barrington area schools are eligible. One entry per student will be allowed in either fiction, non-fiction, poetry, and plays or scripts. Submissions are not to exceed 2½

single-spaced typewritten pages. Four copies of the manuscript accompanied by a signed entry form must be mailed or delivered to the BAAC Gallery.

Entry forms are available at local schools or the BAAC Gallery. Booklets will be presented to those who have their manuscripts published at a reception on May 4, 1995 at 7:00 p.m. at the BAAC Gallery. For more information, call the BAAC Gallery at (708) 382-5626.

annually to an individual who makes significant contributions to quality of life for people with disabilities. The \$50,000 cash prize was established in 1989 and is funded by Prince Charitable Trusts. It is named for Henry B. Betts, M.D., a pioneering physician and CEO of the Rehabilitation Institute of Chicago. The award is unique among all other prizes because it is the single largest unrestricted cash award in the

fields of disability rights and rehabilitation medicine. The award ranks as one of the richest humanitarian awards granted to non-clinical personnel and "ordinary" citizens. The call for nominations for 1995 Henry B. Betts Award will begin in February, 1995. For official forms call or write to: Secretary, The Henry B. Betts Award, 303 East Wacker Drive, Suite 1031, Chicago, IL 60601, 312/616-1006.



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If you've always wanted an attractive kitchen with lots of convenient storage space, look at cabinets and accessories from Merillat. Set your imagination free with the wide variety of styles and materials to choose from. And you can count on years of trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat — America's Cabinetmaker.

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MON. & THURS. 8:30-8:00 p.m.
TUES., WED., FRI. 8:30-5:00 p.m.
SAT. 9:00-1:00; SUN. CLOSED

Perennial Shade Plants To Be Topic

Do you have a shady spot in your landscape that defies your best efforts to achieve plant growth? Perhaps it is an area under a mature tree where lawn grasses refuse to grow. What to try—groundcovers, hostas, wildflowers, ferns, or other shade loving plants? Perhaps a shady spot in your garden would benefit from plantings of woodland wildflowers—bleeding hearts, bluebells, columbine, creeping phlox—which could be accented by leafy carpets of groundcovers—pachysandra, maidenhair fern, wild ginger. What a pleasant picture to contemplate on a cold, winter day! If this subject matter has appeal for you, then the next meeting of the Garden Club of Inverness is for you.

On Thursday, February 16, 1995, at 9:30

a.m., members and guests of this active club will meet at Holy Family Church, 2515 West Palatine Road, Inverness, for an informative slide presentation on perennial shade plants by Mary Walker, a nationally accredited flower showjudge, whose gardens in Woodstock comprise some twenty acres. Her presentation will be composed of scenes of her gardening efforts at various times of the year, and this avid self-taught gardener does all her own work. Mary Walker has a life certificate as a Garden and Landscape Design Critic. She is a member of the American Horticultural Society, the North American Lily Society, the Chicago Horticultural Society, and the American Rock Garden Society.

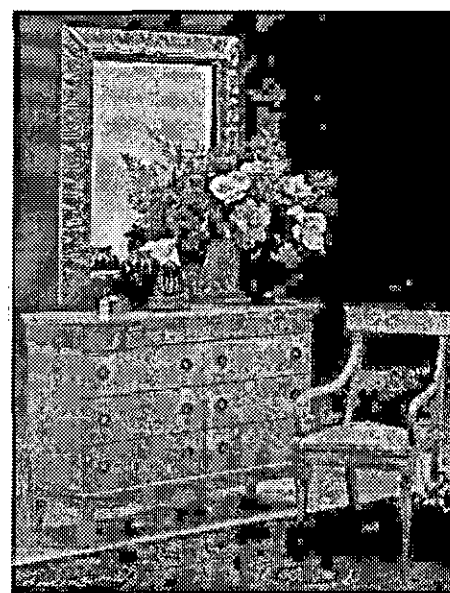
Winter Inventory Clearance Sale

Now is the time to take advantage of **Decorating Connections'** Winter Inventory Clearance Sale. Save up to 50% on beautiful furniture, framed artwork, gifts and accessories. The sale will be going on through the month of February to make room for all the new Spring items.

Let Catherine Michiels and her experienced staff assist you in selecting the right pieces for your home at tremendous savings. Whether you need a special room accent piece or several rooms completely enhanced, they are the professionals who can help.

Decorating Connections' large showroom has hundreds of gifts and accessories with beautiful furniture and lamps to choose from.

Decorating Connections is located in The Marketplace shopping plaza on Route 59 and Kelsey Road.



K.D.A. Kitchen Distributors Of America "For The Heart Of Your Home"



K.D.A., 380 West Virginia, Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat

cabinets from **K.D.A.**

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from **K.D.A.**, (815) 477-4800.

Young Writer's Workshop

The Barrington Area Arts Council (BAAC) will sponsor a Young Writer's Workshop entitled "Hue and Me" on Saturday, February 25, 1995, at the BAAC Gallery, 207 Park Avenue, Barrington. Students in grades 3 and 4 will meet from 9:00-10:00 a.m.; grades 5 and 6 from 10:15-11:15 a.m.; and grades 7 and 8 from 11:30 a.m.-12:30 p.m. The fee is \$5.00 per student. Judie Hermšén, Roslyn Road School gifted re-

source teacher, will lead the workshop. It will focus on writing in Technicolor, creative writing with an unstructured approach, with colors conveying emotions, senses, people and places. Students will complete a writing project and share their work. For more information and registration, contact BAAC at (708) 382-5626. Visa and MasterCard accepted.

If you're thinking ahead to spring, and making gardening plans for the next season, drop in at this meeting, have a cup of coffee or tea, sample delicious refreshments provided by members, and gain new knowledge regarding the use of beautiful shade

perennials. The Garden Club of Inverness is a member of the Garden Clubs of Illinois and the National Council of State Garden Clubs, Inc. As always, membership is not necessary to attend these meetings. Guests are always welcome.

A Happy Home Life: How To Have One

However therapeutic washing an occasional floor may be for the stressed out mind, housecleaning is hardly what you want to spend your free time doing.

What you have to come to grips with, is that some homes require more attention to keep up to snuff than others do. Inside and outside.

For example, townhomes can be an excellent solution for the career-involved who don't have the time for or interest in owning acreage. Case in point, a luxurious Inverness townhome in a meticulously maintained (by the homeowners' association) complex that offers tennis courts and swimming pool and the time to enjoy them. And a gorgeous clubhouse available for the big parties you might like (or need) to host (saving wear and tear on your own premises and nervous system.) Inside this beautifully decorated townhome, there's a generous living room with fireplace and a balcony, a separate dining room, an eat-in kitchen with a picture window, 2 bedrooms, 3 and a half baths, a lower level (walk out) family room/

exercise room/media center with hot tub, sauna, wet bar and built-ins! And it's close to main roads to anywhere and a choice of train stations.

If your heart's set on land, space and privacy, there are custom homes, contemporary and traditional, that could match your particular blueprint for home-happiness.

Since time is a precious commodity to you, your best bet is to entrust your specific needs and wishes to a Realtor who understands your lifestyle and is willing to search out candidate homes; showing you only the pick of the crop.

Arlene Cullen is an award-winning Realtor and Certified Homefinding Specialist whose background includes many years as an advertising executive and corporate officer on North Michigan Avenue. She can identify with your situation and provide valuable counsel. She is with The Prudential Preferred Properties and can be reached on her private lines: 708/465-2261 or 708/991-3345.

The Holidays Are Over— So Can Spring Be Far Behind?

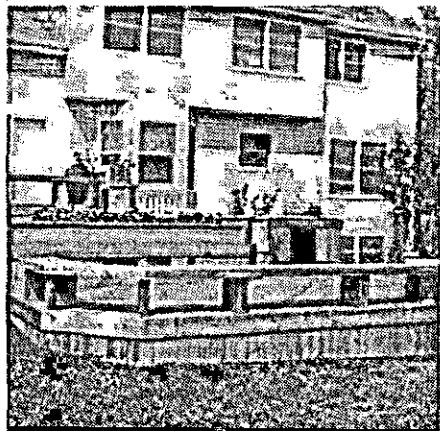
Now is the time to decorate before the spring rush! Are you in need of wallpapering, painting, staining, or faux finishing?

Maybe you need a whole new different look with wallpaper, or perhaps you just need to have the walls and woodwork cleaned in your home. Whatever your need is, we have 32 years experience of work-

ing with homeowners and designers. We have the latest equipment and the skills to handle any job, LARGE or small!

We are a fully insured company. For a free in-home estimate call us now. "Beat the rush—use our brush". Ralph's Papering Service Inc. 708-658-5562.

Now Is The Time To Plan For That Deck



"It's not just a deck," says Larry Kirchner, chief designer, and president of Deck-A-Roo Decks. "A deck is a pleasant addition to any home and a necessity."

Decks are great investments. If properly built, a deck will give the owner years and years of wonderful use as well as add more to the value of the home than the initial cost. However, an improperly built deck will soon become an eyesore as well as a financial burden on the owner.

At Deck-A-Roo Decks every aspect of the deck design is considered: what style will best fit the house; what are the size and design needs of the client; what materials best suit the location and design of the deck; how the design affects price both now and over the lifetime of the deck; and how maintenance will be affected by the design:

In addition to a proper design, the actual

construction of the deck and the follow through of the builder are very important. Questions you should ask: Who actually will perform the work? What quality of material will be used? What construction practices will be used? And, who will service the deck if needed? Larry's favorite phrase, "You get what you pay for, if you're lucky!"

Deck-A-Roo Decks is a full service builder, working with the home owner from the beginning of the design to the final completion of the deck. No subcontractors are used. All employees have been trained to a high level of quality and given the amount of time needed to complete the job properly. Only high quality materials are used by Deck-A-Roo as well as new environmentally friendly products. Every deck is serviced promptly as well as courteously. We also offer deck cleaning and deck sealing to all our customers as well as those who have decks already.

A special note from Larry: "Now is the time to plan having your deck built if you would like it for spring. It's important to give yourself as much lead time as possible if you are planning a party or event that the deck will be used for. Spring is approaching and we have a tendency to fill our April and May schedules early. So please call now."

For more information or an in-home consultation, please call us at (708) 381-3325. Thank you.

The Happy Home Life of the 2-Career Couple

Inspirational articles to the contrary, juggling two demanding careers and keeping a home in the pristine condition you would like can be a pain. Unless you do a little advance planning. Like choosing the right kind of home in the first place. A happy combination of maintenance ease, commuting convenience and your dearest wishes and long-time dreams. A tall order—but do-able. With the dedicated help of someone who's been there, that is. (Read on at left.)



Call Arlene Cullen

Prvt. lines 465-2261 or 991-3345

 The Prudential

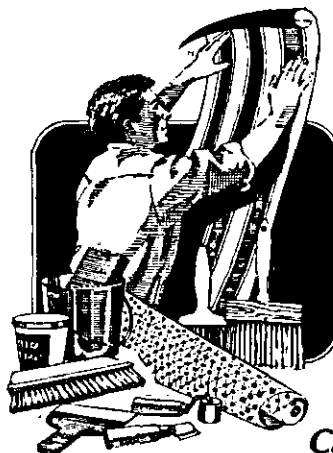


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Upcoming Events

Craft Show on Saturday, March 11 and Sunday, March 12. This juried show is one you won't want to miss!

The Ice House, originally built in 1904 as a dairy and later serviced the community as an ice house, now is home to eighteen unique and diverse boutique shops. All of these shops specialize in friendly, personalized service. Gift certificates, gift wrapping and UPS service are also available in most stores. In addition, mall gift certificates may be purchased in the Man-

agement Office and are good at any of our stores, salon or restaurant. Informal modeling by the Ice House shops also takes place on Wednesdays and Fridays from Noon to 1:30 at Chessie's Restaurant.

The Barrington Ice House is located at 200 Applebee Street in downtown Barrington off Harrison which is two blocks west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street). For further information call (708) 381-6661.

A Message From Sundance (Continued from page 7)

month who is doing jackets, shawls and ruanas of beautiful subtle colors and neutrals—she will make special orders.

Taking a trip? We can make shopping a breeze with our wardrobing hints and special service with a smile.

Stop by to view our new canvasback jackets—new groups come in every two weeks.

Have a special Valentine's Day,
Nanci.

Facial Plastic Surgery

The Incision is the Key to a Great Facelift

In previous articles I've discussed the importance of how the incision is designed to leave the patient with an inconspicuous scar. It is important not to distort the hairline. There should be no tension when the incision is closed so the scar remains hairline in width and does not stretch and widen. Extra time is allowed making sure the incision and closure are meticulous. Dissolving sutures are used and disappear in a week to reduce any visible suture marks. Using the most advanced techniques available, modern facelifting has dramati-

cally improved results with less visible scarring. If interested in facial rejuvenation, a consultation can be arranged and the details can be discussed in more depth.

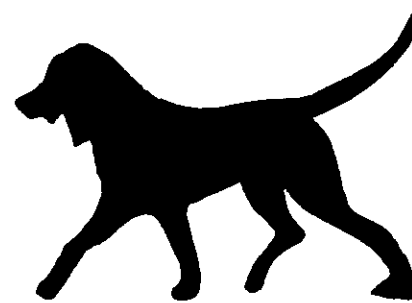
Facial Surgery News is an informative quarterly newsletter written by Dr. Churchill and his office staff. It covers various procedures and the newest advances in facial plastic surgery. The newsletter is available without obligation on a complimentary basis. If you would like to be added to the mailing list or obtain any further information, simply contact the office at (708) 304-1000.

Oakview Says, "Be Sure To Make An Early Reservation For Your Pet's Vacation Over Spring Break"

Here at Oakview Kennel and Cattery we pride ourselves by doing a good job for a fair price. Call us here at the Kennel and check our rates. We do bathing daily and our professional groomer is here most weekdays and Saturdays.

The new "Cozy Cottages" are definitely a hit! This is a special room for our small dogs, puppies or cats that are elderly, have special needs or just need very pampered care. Pets are hand-walked and played with four times daily and given lots of T.L.C. Cottages are all indoors (for better climate control) and are fully carpeted. Bring your own bed, toys, chews, etc., if you like. Call for rates.

Spring Break will be here soon, so make



your reservations early here at Oakview. We are Veterinarian-recommended and we provide a clean and bright atmosphere for your pet. Trust your pet with us at Oakview Kennel. Call 526-1388 for your reservation.

When Considering The Purchase Of Car Parking Lift

The purchase of a car parking lift should be based on safety, long-term maintenance-free operation, and available space in the existing garage.

We at Circle Affiliated System, have selected a design that is the safest in the industry. Our Car-Lift incorporates mechanical interlocked leverage arms which positively support the upper car platform at all

times—as compared to an inexpensive 4-post lift design that uses cables to raise or lower the platform. The cable life is limited and when it breaks, it's instantaneous with catastrophic results.

Mr. Oppen of Northbrook recently purchased a 4-post car parking lift with near catastrophic results. He returned the 4 post unit and purchased our Car-Lift.

Four Seasons Meet Feb. 7

The Four Seasons Garden Club of Barrington will meet on Tuesday, Feb. 7 at 9:30 AM at the home of Margaret Spiegel. Leo Kelly of Kelly Green Design, Palatine, IL

will present the program "Hardscapes—Decks, Gazebos, Arbors and Planters." Guests are welcome. For further information phone 382-9006.

It Must Be bonton

Emphasis is placed on cuts that allow for growth and maximum movement! bonton's large number of suppliers, such as Flapdoodles, Cow and Lizard, Wes and Willy, Hank Player, Rebel Kids, So Fun and Out of Control (to name just a few) allow bonton to offer such a multitude of exciting designs that meet this tough criteria.

bonton believes that combining quality service and a pleasant shopping atmosphere with its exceptional clothing is what gives the store its inviting and unique character. Designed and constructed by a local architect, the store was conceived with the idea that ease and esthetics would be its main priorities. The spacious store has plenty of

room for maneuvering of strollers and viewing of apparel. A special play area, decorated with the children's own artwork, helps keep them occupied while their mothers browse. And a central rest area, furnished with Amish rockers, allows the tired shopper to recuperate under a cloud-filled cherub sky!

bonton invites you to enjoy the pleasure of shopping its cheerful confines! Come in now for the Winter Clearing Sale and sign up to win a \$300.00 gift certificate good towards bonton's spring merchandise.

From birth through size fourteen, if you want cotton, quality and character, it must be bonton!

Syd Simon Cosmetics

different, each client receives an individual treatment to satisfy their skin's needs.

For dry or aging skins, a facial moisturizes, lubricates and oxygenates. In troubled skins, a facial reduces oiliness, congestion and blemishes.

Facials additionally firm facial muscles, tighten lazy pores, erase tiny lines, eliminate blackheads, speed up sloughing off of dry, dead cells, refine texture, improve color and soothe sensitive skin . . . and much, much more.

And we don't stop there! We provide you with a carefully plotted homecare program to meet your specific needs. Amazing results have been achieved within thirty days when regular facials were combined with consistent home care.

Everyone can benefit from scientific face care. Ask us how we can help resolve your skin's problems.

Plus, the exclusive Syd Simons' line of fine cosmetics and treatment products.

Details! Details! Details! R. K. Tech Sweats the Details So Clients Can Relax

"We think of ourselves as artists, and the living space is our canvas."

So says Lisa McCauley, whose firm, R. K. Tech, has reached out from downtown Barrington to gather national attention for design excellence.

"Our mission is far more than selling a product. We spend most of our time designing and realizing living spaces that fit the lifestyles of our clients, while pushing technology and materials to the limit. The real work is thinking through the design, making it work for the people who are going to live in it.

"I learned architecture at I.I.T., the school founded by Mies Van Der Rohe," Lisa explains. "Mies said, 'God is in the details,' and I keep that idea in mind when I'm working on one of our kitchens or entertainment centers. A great design demands more than a timeless look. Great design requires thoughtful attention to how a client lives and to the nuances that surface only when you spend time working your ideas over and over until you know you've hit it just right."

How Details Make the Difference

"I'll give you an example. 'We're working with a Barrington client who wants to pack a lot of function into a relatively small kitchen. As a result, counter space keeps shrinking and shrinking until we are looking at fewer lineal feet of counter than I feel comfortable incorporating into a kitchen design.

"Compromising on function or convenience is not an option we accept here.

"So we've come up with a system of retractable counters."

What's a "retractable counter?"

Lisa explains: "A retractable counter is a maple butcher block counter fitted much like a drawer at countertop height and placed strategically around the kitchen wherever the work pattern may occasionally require additional counter space.

"When a retractable counter is not needed, it slides back into the cabinet where it came from, out of sight and out of the way until it is needed again.

"By incorporating multiple retractable counters, we give the client an opportunity not only to maximize work space but to actually customize the work space for the particular job at hand."

And don't go looking for a retractable counter at the lumber yard.

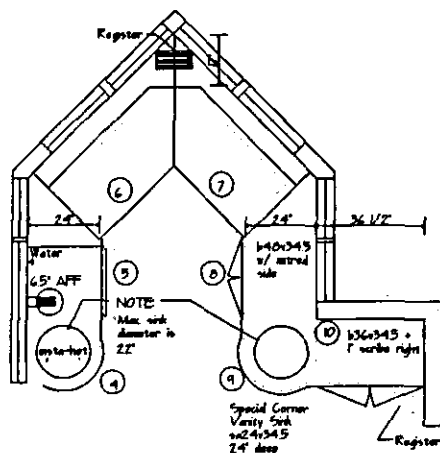
"We work with one of the best custom cabinet company's around," says Lisa. "They are the best in the business, and the best value. If we can dream it up, they can make it.

"With experience, thought, and hard work you can turn your design deficits into assets. That's the real art in what we do, and our design excellence is what sets us apart from everyone else."

Award-Winning Design

From a loft in downtown Barrington R. K. Tech has made its name in high profile projects all over Chicago, and the accolades have naturally followed.

When the magnificent former Henry Crown estate in Evanston was chosen as the Showcase House during the Silver Anniversary of the Chicago Chapter of the American Society of Interior Design, Lisa was



chosen to design and furnish the washed pine cabinets and to help with the redesign of the kitchen space. Her efforts wound up on the cover of Kitchen and Bath Design News.

Then the Sub-Zero Refrigerator Company, maker of sophisticated high-end refrigerators and freezers for the home, solicited entries for its first-ever kitchen design contest. Sub Zero's name has so long been synonymous with fine kitchens that the cream of the design field threw their hats into the ring. Literally hundreds of architects and kitchen designers from around the country submitted their work in hopes of snaring a prize.

When prizes were awarded, only a few received honors as Territory Winner; and R. K. Tech was among the honored. Lisa grabbed Territory honors with a classical cherry and granite kitchen that now graces a stately home in Oak Brook.

Design, Detail and Cabinets

Although R. K. Tech's work is visually striking—enough to find its way into national publications, the firm's motto is "Design, Detail and Cabinetry."

"Put the accent on 'detail,'" according to Lisa. "On every project we use our experience to think through the entire process from idea to clean-up. We make sure that the cabinets are designed so that the moldings and casings flow smoothly without awkward interruption; we do a comprehensive electrical plan so that the cabinets arrive configured for the electrical elements (though grommets and openings are usually done on the job for sake of precision); we talk to our clients and do a design statement so that thought is given to who is going to use the kitchen, what is going to be stored there, and how the space will be utilized.

"Lighting is a subject unto itself. Today we have a huge variety of choices so that lighting can always be continuous and the fixtures can always be invisible.

"I could go on and on."

At R. K. Tech they do not use the old cliché "We don't care about process, only results."

"Process," says Lisa, "is our business."

R. K. Tech is located above Yvette's Espresso Bar at 220 S. Cook Street in Barrington, one block east of Hough Street (Route 59) and two blocks south of Main Street (Lake Cook Road). Call 381-2742.

"We'll be mounting a show of our work at Yvette's in a few weeks," Lisa reports. "I want everyone to come and see us!"

R. K. Tech

Kitchens...and More!

Barrington's

Most Honored

Kitchen Designers

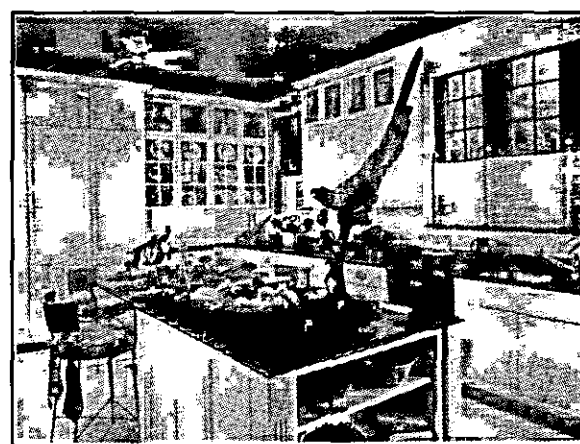


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The Chicago Highlanders Pipe Band



The Chicago Highlanders Pipe Band was founded in 1921 by Scottish immigrants who had served in the British army.

The band is headquartered at the Plum Grove Club in Palatine, and practices every Thursday evening.

The Chicago Highlanders Pipe Band

wears the Royal Stewart tartan, and is the championship band for 1994. They provide instruction in highland pipes and drums, and are available for concerts, as well as other functions. Contact Bill McDowell (708-272-8536) or Paul McHugh (708-726-8026).



Tips from the Top of The Rock™

Margaret R. Semrad
Broker/Manager
Barrington Office

The Prudential
Preferred Properties

While December is the month when everyone should plan for the new year, most people do their planning and goal setting in January. Many of us plan to begin investing or have a goal to purchase our dream property on a lake, river or in the woods during the year. However, we are concerned about the economic climate and are troubled about timing. "Is this the right time, etc.?" And, mentioning time... what happened to January?

More than ever before, we need a plan to manage our financial resources to achieve financial independence. Yes, real estate fortunes are being made today. Among my friends are many who have invested in real estate and have become wealthy as their investment grew in value. Nice position to be in, isn't it?

Investing in property puts you on the opposite side of the "capital" fence and pays you for your courage and vision. To build an estate large enough to assure financial independence, you must have the courage to leverage your savings. The road to riches is paved with borrowed money letting other peoples' money work for you. Million dollar fortunes are made by taking mortgage monies and making them work for you.

Many more people would take one more step toward home ownership, as well as investment property, if they understood how much more could be accomplished by using an organized and focused Investment Plan. Every investor's situation is different. **The Prudential Preferred Properties** makes it easy because we have a mortgage counselor from Prism Mortgage within our

office to help you understand what you can do real estate investment-wise with the monies you have available to you. That's a start on your road to financial success through real estate.

In addition to homeownership there are many other opportunities for highly profitable real estate investment. There are single-family, duplex, condo, apartment buildings and raw land investments. There's also investments in rehab properties. Opportunities are there.

Taking Action

Financial freedom occurs only when you actually DO IT... actually invest in real estate. This requires careful and knowledgeable selection of a property. To optimize your success in finding a property, find a good Realtor and make an appointment. Come prepared with a criteria list of your needs.

The Realtor will service you correctly and it will be a win-win relationship for you both when everyone knows what your goal is and how you see yourself accomplishing it. Make the Realtor your power partner in helping you achieve financial freedom through real estate investments.

There are so many opportunities in real estate which can produce a life of security and comfort, so why not pick up your phone today and call **The Prudential Preferred Properties** at 382-3600 or stop by our new Dream House Headquarters at 330 E. Main St., Barrington and talk with one of our 120% service plus Realtors. Don't let February go by.

Happy Valentine's Day.

Let's Talk Teeth

A plastic barrier called a Dental Sealant has been developed to fill these grooves, thereby preventing the accumulation of the decay causing plaque. Sealants are usually applied to back chewing teeth and should be applied when permanent teeth erupt. Occasionally, baby teeth may benefit from sealants as well.

Application of sealants is painless and inexpensive. After thoroughly cleaning each tooth, the chewing surface is roughened or etched with an acidic-gel to help the sealant adhere to its surface. The tooth-color sealant materials is then placed into the grooves and hardened with a polymer-

(Continued from page 13)

izing beam of light. It may be several years before the sealant must be reapplied. Sealants are checked at regular dental visits to determine the need for reapplication.

Sealants play an important role in children's dentistry but other factors such as diet, fluoride, snack frequency, daily brushing, parental role models, toothbrush size and orthodontics may be equally important.

Parents should begin a regular preventative dental program with their children at three years old. Contact **Dr. Raymond Kotz** at (708) 381-4040, 129 Park Avenue in Barrington to begin your program today.

The Second Annual

Antiques Show will be presented Friday, February 17th, 4 P.M. to 9 P.M. Saturday, February 18th, 11 A.M. to 6 P.M., and Sunday, February 19th, 12 Noon to 5 P.M.

The show is located in the Holiday Inn, at the corner of Rts. 45 and 83 in Mundelein, Illinois. Admission is \$4.00

(Continued from page 15)

(save \$1.00 with ad) and parking is free.

The **Second Annual North Suburban Antiques Show** has high quality exhibitors and is presented by Cherubim Productions, Ltd. For more information call: (708) 584-4374 or (708) 393-6554.

From A Women's Point Of View

by Gail Wickstrom, Wickstrom Ford

We are about 95% finished with our construction project and have mixed feelings about completion. On one hand we are very excited, but I think we'll miss the chaos. Really, I'm just kidding about that part.

Tim and I have worked together for years, but not in the same office. I have even shared my phone, computer and desk. We will all be thrilled to have our own spaces back. I can sit in my office and see the service desk and customers when they pull in the new service write up area. We can also see outside from our office which we all find a wonderful change. Our new showroom furniture came last week and it really made the changes even greater.

Tim is thrilled with seeing his concept come to life. He wanted as much glass as possible and I can assure you he succeeded. Now he has to recover from the new bill for glass cleaning.

We invite you all to come by and see our "new" dealership.



Join One Of The Fastest Growing Industries Of The 90's—Travel

If you or someone you know is looking for a new career, why not consider one of the fastest growing industries of the 90's? Today, the travel industry is growing faster than ever and offers an array of exciting opportunities for the well-trained professional.

Positions in the travel industry range from travel counseling in both leisure and business travel, as well as sales, management and supervisory positions. In addition, many graduates enjoy the financial rewards

and flexibility of working as an Independent Travel Counselor, often times combining travel with their present career.

For 1995 Adams Institute of Travel has created a Fast Track day class and reduced its night schedule to only three classes per week. We also limit our classes to only 8 students to improve instructional quality. We will be having an open house on February 15th and 22nd from 6-9 pm. Stop in and see us then. (708) 330-0801.

Poor Report Cards: What To Do

Report card day brings stress to many families. If you and your child are unhappy about a report card, what should you do? When you look at your child's report card and performance record, the most important things to evaluate are these: Is your child doing his or her best? Is he or she achieving his or her highest potential?

According to Dr. Raymond Huntington, founder and president of Huntington Learning Centers, "Parents know their own children. If you believe your child could be doing better than his or her grades show, you owe it to your child to remedy the situation."

"More than current grades are at stake," Huntington continues, "If grades are mediocre or poor, it means your child is not gaining valuable skills. This can come back to haunt the child later. The skills children learn in school are like building blocks. If a skill is not learned adequately, future skills will suffer. When a child tries to build advanced skills on a shaky foundation of knowledge, there's likely to be trouble ahead."

Mediocre or poor grades can result from a variety of problems. Dr. Huntington offers the following suggestions for what to do when a child brings home a poor report card:

1. *Examine the situation realistically.* It's important to remember that every drop in grades indicates that valuable skills are being missed. An effort should be made to



learn and reinforce those missing skills. But while this is being done, it's also important to identify and remedy the basic problem, so it does not continue to hurt your child's education.

2. *What is really the problem?* Is there a behavior problem? Sometimes, bright students get bad grades for behavior related activities. Does your child hand in their homework? Is it correct and on time? Is your child bored with schoolwork, and so is not paying enough attention? These are not excuses; they are symptoms of different problems. You must identify the problem before you can remedy it.

3. *Talk with your child.* Why does he think he got poor grades? Does he take the situation seriously? How does he plan to do better? It's important that your child knows you take the situation seriously. Work with him to develop a plan that will help him to achieve better grades. Let him know you are supportive and that you believe in his abilities.

4. *Talk with your child's teacher or counselor.* Your child's teacher or counselor is a professional educator. What are her observations? What does she recommend?

It is important to remember that the difficulty that caused these poor grades may be a serious problem. Your child may have missed one or more important skills. It's vital that you get help for your child as soon as possible, before the problem gets worse. Parents who want additional information,

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- Lack of Confidence
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Your child may be smarter than his or her grades show. Our certified teachers help children of all ages overcome frustration and failure, and realize their potential. A few hours a week can help your child improve weak study skills and gain the Educational Edge®. Our testing pinpoints problems and we tutor in reading, phonics, study skills, math and SAT/ACT prep to help students in all grades do better in school. Call us and let us help your child.

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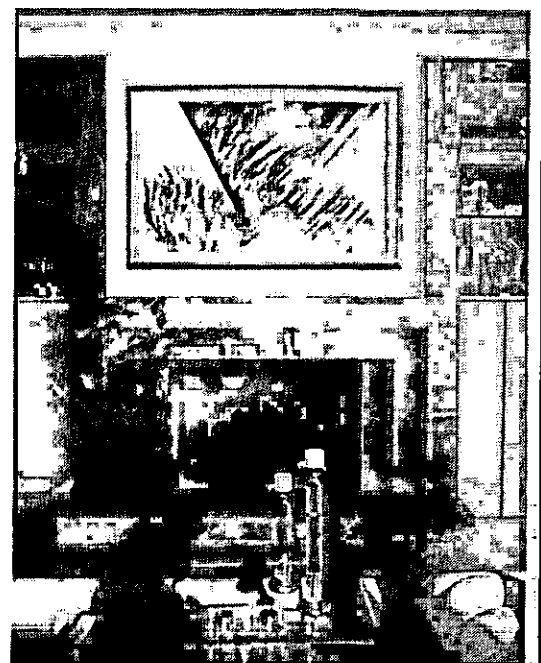
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or who wish to discuss a specific problem, 382-3655 or the Huntington Learning Center at Barrington at (708) 459-5939.

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Please feel free to visit our new showroom located at 319 W. Northwest Hwy. in Barrington.

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