

February 2000

NEWS MAGAZINE



*Valentine Gift
Selections for Your
Sweetheart*

**"We Believe in Magic"
Theme for Bridge Gala**

**"Urban Edges IV"
Features 25 Artists**

**"Opera in Focus"
Focus of Barrington Lyric**

barrington

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Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

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barrington LIFESTYLESTM NEWS MAGAZINE

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Editor's Ink

February, 2000

Dear Reader,

No need for the winter doldrums with so much going on in the area!

Mark your calendar for March 25. That's the night The Bridge Youth and Family Services has planned "We Believe in Magic." It is their 35th Anniversary of changing the lives of troubled children and families, thanks to an incredible staff of caring professionals and volunteers. Last year alone, The Bridge served over 4,000 children and families with counseling, education and crisis intervention. Show your support by attending this special event.

Art always gives me a "lift." Why not attend the current art exhibition at the BAAC Gallery? "Urban Edges IV" features 41 works of art by 25 artists from the Chicagoland area. The juried show had no media or theme restrictions.

Perhaps you'd enjoy joining the Barrington Chapter of Lyric Opera of Chicago on Sunday, February 13? Their focus is "Opera in Focus" ...a magnificent puppet production. The exquisite rod puppets will delight you with a one-hour performance.

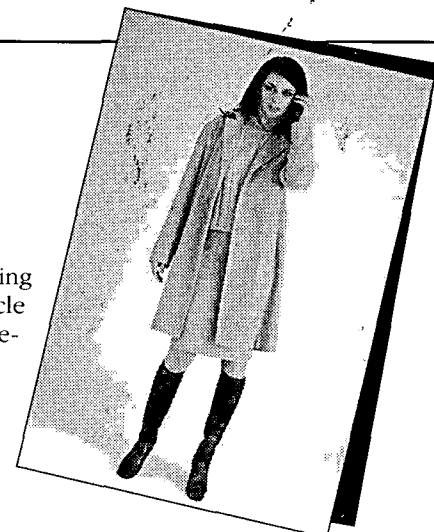
Happy Valentine's Day and may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

A stretch flannel pea coat tops a matching stretch flannel skirt and brushed boucle turtleneck sweater, all in oatmeal melange. From the Anne Klein collection.

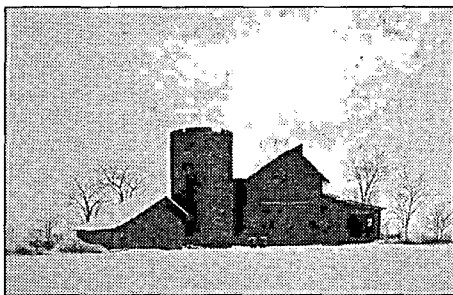


BAAC Gallery Opens "Urban Edges IV"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery exhibit for February entitled "Urban Edges IV" on February 4, 2000. The exhibit is a juried show featuring 41 works of original two- and three-dimensional art by 25 artists from the Chicagoland area. The competition was open to all artists 18 years and older who reside within a 125 mile radius. There were no media or theme restrictions.

The selected works were juried and judged by Linda Kramer, a resident of Winnetka, IL. Ms. Kramer is an experienced lecturer, teacher and published author. A sculptor and exhibiting artist, her work is in such collections as the Museum of Contemporary Art, Chicago, IL.

Exhibiting artists all reside in Illinois and include: Roberta Allen, Chicago; Jim Brooksher, Grayslake; Carole Burval, Barrington; Tom Celewicz, McHenry; Gretchen Grant, Barrington; Linda Kardoff, Grayslake; Cynthia Kiehl, Olympia Fields;



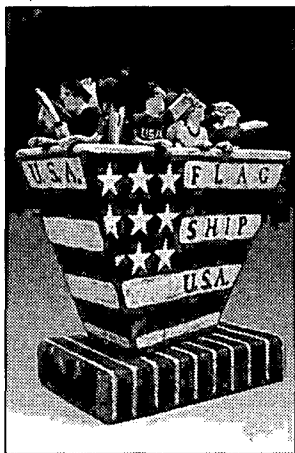
**Winter Blanket, water color
by Hugh Skibbens**

Robert Koch, Naperville; Eugenia Makowski, Palatine; Suzanne Massey, Barrington; Lynn Miller, Lake Zurich; Kim Miner, Carpentersville; Betty Morley, Arlington Heights; Dale Osterle, DeKalb; Keith Peterson, Rolling Meadows; Dolores Preston, Crystal Lake; Hugh Skibbens, Wheaton; Philip Soosloff, Elgin; Lee Stanton, Rolling Meadows; Nancy Steinmeyer, Woodstock; Ruth Sullivan, Inverness; Linc Thelen, Wauconda; Gina Vassey, Palatine; Nancy Wedow, Palatine; and Dan Wroblewski, Burbank.

Cash awards will be given in the following categories: Best of Show; Award of Excellence; and Award of Merit. Two awards of Honorable Mention will also be recognized. The awards are presented by the Barrington Area Arts Council.

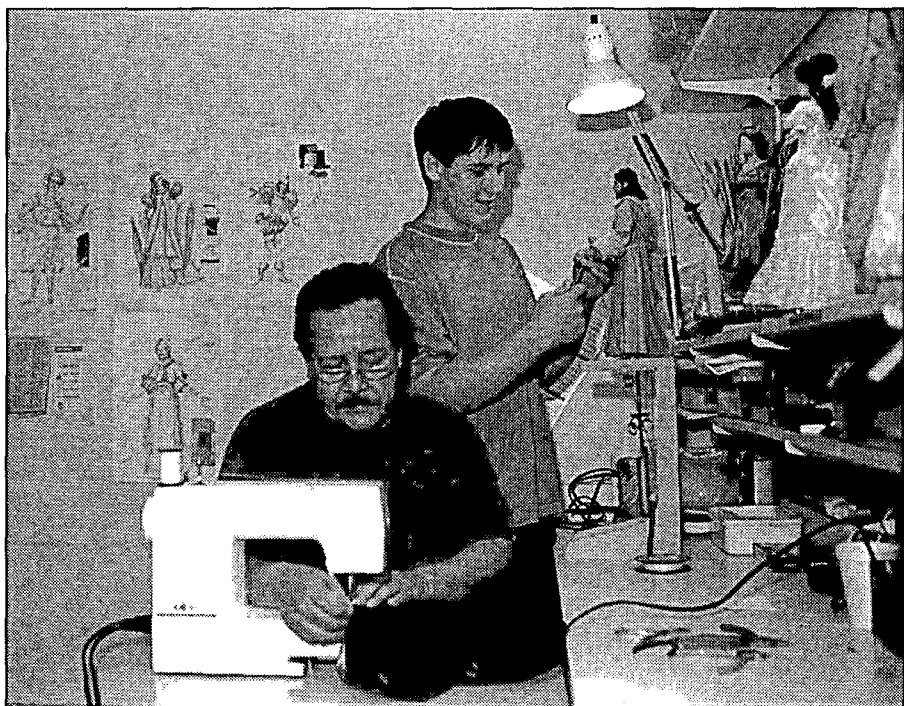
The BAAC invites the public to attend the Opening and Artists Reception on Friday evening, February 4 from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue, Barrington, IL.

The exhibit will be on view from February 4 through February 26, 2000. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The gallery is closed Mondays. For more information, call 847-382-5626.



**Full Speed Ahead!, ceramic raku
by Suzanne Massey**

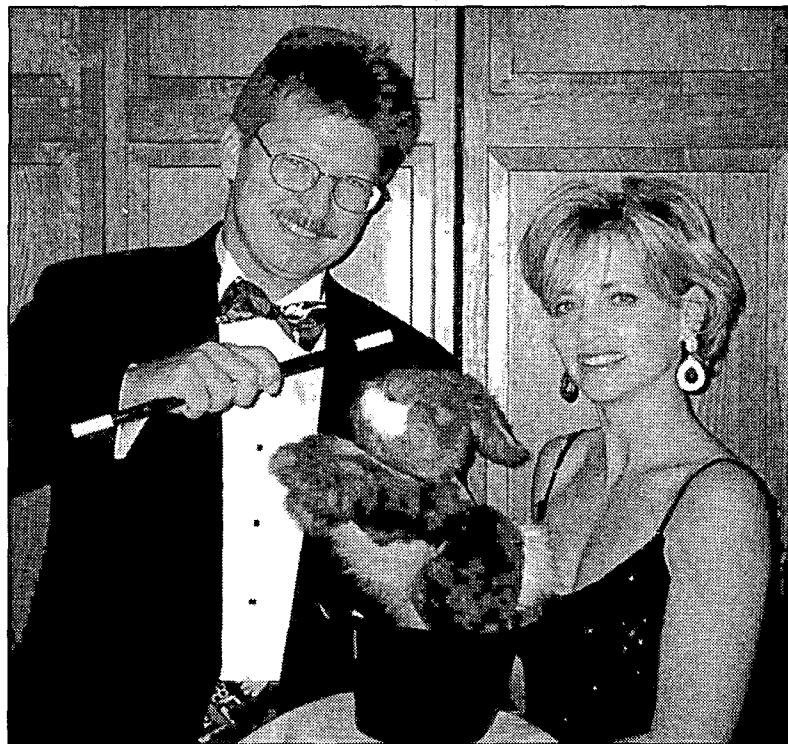
Barrington Lyric to Focus on "Opera in Focus"



Master Puppeteer Paul Guerra (left) of Park Ridge and Mark Boudreau (right) of Palatine prepare a puppet for performance backstage at William B. Fossers' puppet production Opera in Focus.

At 1:30 PM on Sunday, February 13, members and guests of Barrington Chapter of Lyric Opera of Chicago will delight in viewing "Opera Stars on Broadway," William B. Fossers' newly premiered magnificent puppet production at Opera in

The Bridge's "We Believe in Magic"



Bridge Board members Kymn Harp (left) of Palatine and Kery Morris (right) of Barrington, Dinner Dance Chair and Decorations Chair respectively, are planning an evening of mystery and fun for "We Believe in Magic," the theme of the March 11th gala to benefit The Bridge Youth and Family Services.

In 1965, The Lovin' Spoonful had a hit song titled *Do You Believe in Magic?* It was also in that year that an organization was born that has improved the lives of thousands of children and families in Northwest Suburban Cook County. For 35 years, The Bridge Youth and Family Services has helped youth with the problems of growing up, as well as those that result from grief, abandonment, physical and sexual abuse, substance abuse and family violence.

In honor of its 35th Anniversary, The Bridge has chosen the theme "We Believe in Magic" for its annual gala in Schaumburg on Saturday, March 11, 2000. Between 6 PM and midnight, dinner dance guests will enjoy a cocktail hour with open bar, gourmet dinner, dancing, magic, and silent and live auctions. Tickets are \$125 per person.

We are celebrating 35 years of changing the lives of children and families by helping them—through our human efforts—to gain control of their demons, devel-

oping and sustaining behavioral and emotional health. To many clients, ages 6 through 17, it feels like magic to have the support and counsel of our caring staff of professionals.

Over the years, The Bridge has offered and continues to offer services based on the current needs of the community. The Bridge does it all with family, individual or group counseling; crisis intervention for adolescents who run away or are locked out of their homes; parenting education; and matching an adult friend with a child in need of a healthy role model. Last year, The Bridge served over 4,000 children and families with counseling and education and nearly 300 youth through crisis intervention.

The goal is to raise \$115,500. The dinner dance is The Bridge's largest event of the year with 350 guests in attendance. Persons interested in attending, donating an auction item or becoming a sponsor should call Randi Frank at The Bridge at 847-359-7490.

Brigadoon at BHS

Brigadoon has been chosen as the spring musical to be presented in the Richard C. Johnson Auditorium by the students at Barrington High School. Show dates are March 1, 2, 3 and 4 at 7:30 PM. Tickets will go on sale in mid-February.

Brigadoon is Lerner and Loewe's tale of

two weary hunters lost in the Highlands of Scotland and the enchanted village which they happen upon. The misty mood of the Highland setting is strikingly complemented by the 18th century costuming. You'll enjoy Lerner and Loewe's wonderful music and lyrics as well.

Focus. The elegant 65-seat puppet theatre (handicap accessible) is located at Park Central, 3000 Central Road in Rolling Meadows (across from the Rolling Meadows High School tennis courts). Members are \$25, guests are \$30 and children 12 and under are \$20. Reservations should be made by February 9 to Judy Allen at 847-382-6750.

A demonstration of how the exquisite rod puppets are manipulated and a tour

of the highly technical backstage area will follow the one-hour performance. Guests will then be invited to enjoy a chilled sandwich, veggie pasta, dessert and hot beverage buffet coordinated by Jan Semerad from Inverness. For information, please phone program chairwoman Bonnie Westphal at 847-885-2794.

For inquiries on the Barrington Chapter (over 229 members and still growing), phone Howard Robins at 847-437-2158.

Introducing Our All New 2 for 1 Children's Portrait Special March 2nd-April 14th



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Free wallet portraits to first 12 customers to sign up

New "2 for 1" Children's Portrait Special to Replace "Cute Kid Portrait Contest"— March 2 through April 14

All good things eventually come to an end. And yes, the beloved "Cute Kid Portrait Contest" is being retired at least for now. It sure was fun all those years, but it's time for a "facelift" if you will. We know you will be receptive to our new special equally or even more than the "Cute Kid Portrait Contest" because of the many advantages. We've really built in a lot more flexibility and value for you.

So what's new and different this year?

- More than one child is allowed in the portrait sessions.
- Individual photographs of each child are also taken. This means you can actually get three sessions for the price of one!
- If you only have one child eligible, you can get a friend to participate in order to take advantage of the "2 for 1" special.
- Two sessions for the price of only \$50 each.

• Each individual session includes a small portrait in a presentation frame given to you the day of the session.

• We've extended the age limits so more children can participate.

Want to know more?

• Children must be between the ages of 3 and 15 years old.

• A pre-portrait consultation is required by parents or guardians of the children participating. Style and clothing will be discussed in detail.

• Black and white or color sessions are available at no additional cost.

• Our ironclad guarantee means there is no risk to you at all. If you don't love the portraits, you get your money back. It's that simple!

A note of warning to the wise—only a limited number of sessions are available. If you're serious, please call right away at **847-382-8484** to reserve your time. Closed Wednesdays.

BYS Presents The Dragon Ball

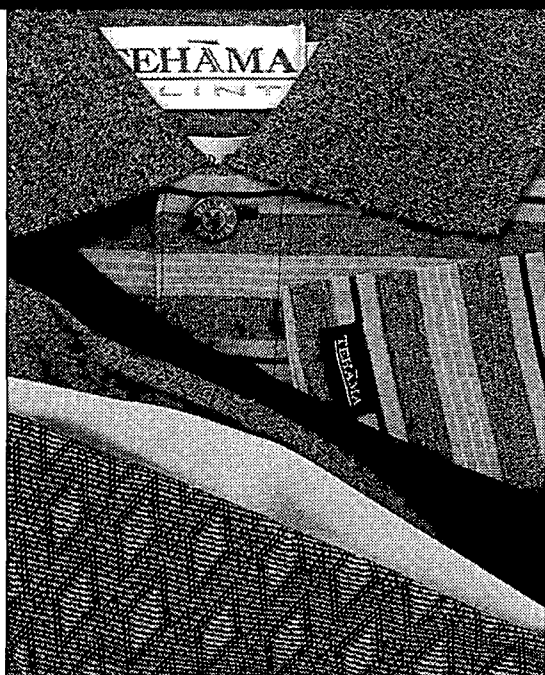


Members of the Barrington Youth Auxiliary include: (l to r) Sophia Cecola; Megan Chody, event co-chair; Susie Lopez, event co-chair; Kathy Maca Mangan; and Leigh Furda, auxiliary president. All are from Barrington.

The Barrington Youth Services Auxiliary will be holding their fundraising event this year on February 26, 2000. The annual dinner and silent auction event will be held at Barrington Hills Country Club in Barrington Hills.

The silent auction will begin at 6:30 PM, followed by dinner. After the dinner, guests will be entertained by The Bradley Young Orchestra. Auction items include an opportunity to participate at Charlie Trotters Restaurant as Chef for a Day, luxury hotel and vacation packages, and a variety of sports memorabilia.

Tickets for the event are \$150 per person and are available by calling Barrington Youth Services at 847-381-0345. Last year's event brought in more than \$90,000 to the nonprofit social service agency.



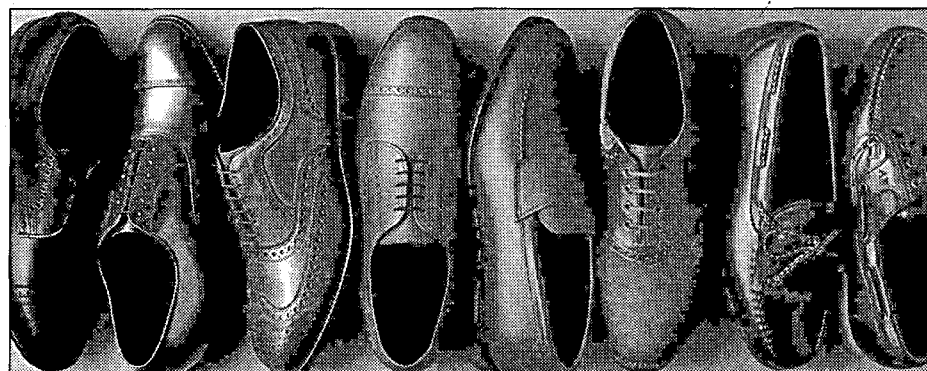
Joining forces to create a dynamic new concept in sportswear are industry insider Nancy Haley and screen legend Clint Eastwood. See the TEHAMA collection of men's and women's designer sportswear today, at Chuck Hines.

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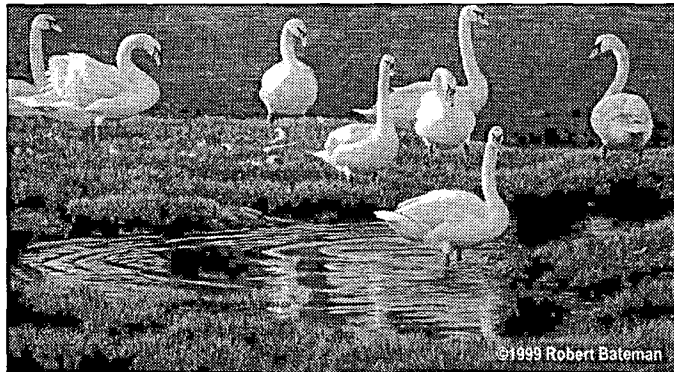


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Stop in at **Chuck Hines** today and let our experienced sales associates explain the benefits of this superior product. With sizes from 5 to 18 and widths from AAAA to EEE, it allows us to fit most any foot.

Chuck Hines is located on Main Street in downtown Barrington.

Art Worth Falling in Love



Bank of Swans by Robert Bateman

It's wall-to-wall love at first sight of the dozens of awe-inspiring, heartwarming, floor-to-ceiling pleasures at **Woodland Art Gallery and Frame Shoppe**.

For something on the romantic side, don't miss the newest release from the master of wildlife art, Robert Bateman. A group of mute swans are captured resting and preening, looking much like a corps de ballet, in the artist's limited edition print entitled *Bank of Swans*. The dark water, shadows and light are masterfully executed. A gallery sight to behold.

For feline lovers, the cat's meow has to be the work of artist Charles Wysocki, recognized as today's foremost living painter of Americana with a penchant for capturing unusual lifestyles of household pets—specifically cats. **Woodland Art Gallery** is pleased to feature this month *Elmer & Loretta Hangin' Out*, featuring two cozy cats among the herbs and cures of a pharmacy. An absolute delight.

From wildlife prints and whimsical works to romantic moments and telling glimpses of life, there's a work of art that's perfect for someone special at **Woodland Art Gallery**. All are available museum mounted, custom matted and framed under the direction of master framer and owner Scott Teasdale, another essential element that clearly distinguishes the quality workmanship of **Woodland Art Gallery**. Every mat and frame is carefully selected to enhance your artwork from a selection of literally hundreds of styles. Even the type of glass is chosen for maximum performance. And all work is completed on site. Picture perfect from beginning to end.

Woodland Art Gallery is located at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday through Friday, 9 AM to 5 PM; Saturday, 9 AM to 3 PM. Call **815-459-0460**.

Julio's Latin Cafe—The Perfect Place to Celebrate Carnival!

Julio's Latin Cafe invites you to their annual Carnival Celebration! "A Night in Rio" will be celebrated on Sunday, March 5, 2000, from 4:30 to 9:00 PM. Don't miss this spectacular event featuring a three-course meal with appetizer, a feijoada buffet and dessert. Feijoada, a traditional Brazilian dish, has evolved from a simple pot of black beans with bits of pork into an elaborate stew built around the beans and cooked with assorted meats, smoked pork and sausage. Featured in a buffet, the feijoada is complimented by beautiful displays of fresh fruit, a variety of salads and vegetables and warm rolls. This gala evening will feature Brazilian music by the Paulinho Garcia Band, masques for all of the guests and party favors. The cost will be \$28.75 per person and reservations should be made early at **847-438-3484**.

Of course, you'll also want to celebrate Valentine's Day, the traditional day for lovers, on Monday, February 14. Just be sure to call for reservations!

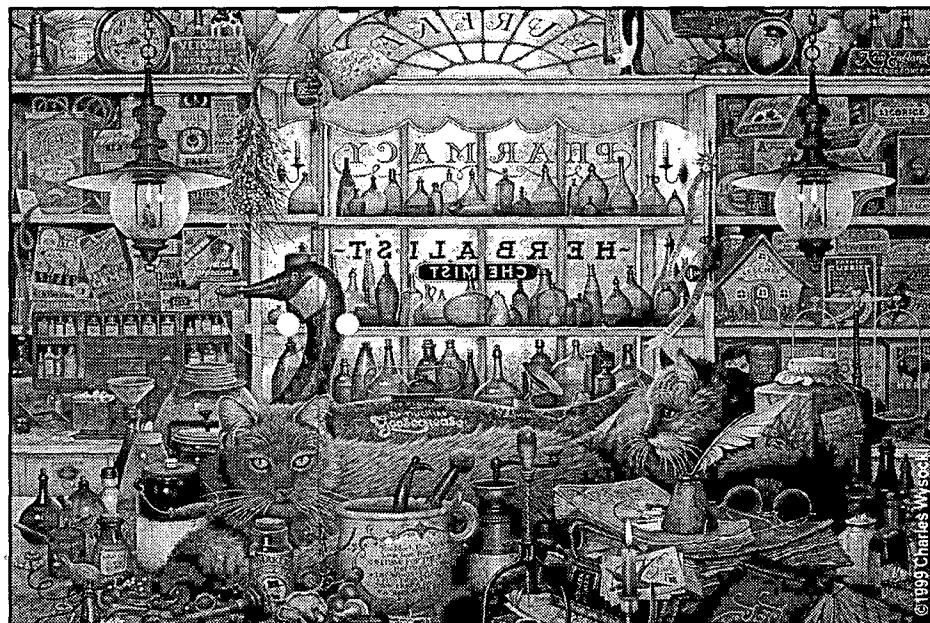
Whether you're celebrating a special occasion or looking for a new restaurant to try, you will enjoy **Julio's** excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean. Enjoy live entertainment on the weekends.

If you are a tequila aficionado, **Julio's** is proud to own one of only six bottles of Cuervo 1800 Coleccion 1998, the jewel of all tequilas. The 1800 Coleccion is a total experience. It is the result of a lengthy,



hand-crafted production process that begins with the best selection of quality agaves which have reached maturity in no less than 10 years. The agaves are steam cooked in stone ovens obtaining a very selected extract, which is distilled twice and followed by several years of slow aging in new French oak casks. When the extract reaches the peak of aging, the Tequila Master performs the "marriage" of the finest selection of aged tequilas. The result is a silky consistency and a deep golden color, a smooth mellow taste with a subtle touch of almond revealing a very special distinctive flavor. You are invited to visit **Julio's Latin Cafe** and be one of the few to experience a treasured work of art that touches all the senses.

Julio's Latin Cafe is open for lunch Mondays through Fridays from 11:30 AM to 2:00 PM. Dinner is served Monday through Saturday nights starting at 5:00 PM. Reservations are always recommended on the weekends and can be made by calling **847-438-3484**.



The Cat's MEOW

Elmer & Loretta Hangin' Out

by Charles Wysocki

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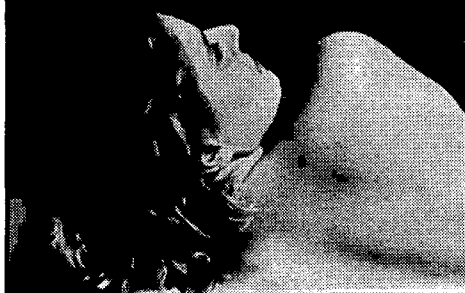
Sunday, March 5, 4:30 - 9:00 p.m.

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expectations
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Don't wait until the last minute to try on

your favorite dress or suit. And don't forget about the upcoming winter vacation.

Barrington Bodywrap is located at 557 N. Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy Lube. Call **847-277-0742**. One wrap is \$75 and a series of five is \$325.

Remember your Valentine with a gift certificate from **Barrington Bodywrap!**

The European Art of Nail Care

Are you looking for a way to relieve stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. **Nails Design**, located at 557 N. Hough Street in Barrington, has been in business four years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

Complete nail services, featuring hand-

filed acrylic, gel and sculptured nails, are available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **847-304-9205** for an appointment and additional information.

Garden Club of Inverness Hosts Floral Design Program

The February general meeting of the Garden Club of Inverness will herald the approach of spring as members and guests welcome back James Peabody, noted floral designer, to conduct a program he calls "Stump the Designer."

Mr. Peabody has been a professional floral designer for over 40 years and owns a floral business on Franklin St. in Geneva, Illinois. His program will consist of creating fresh floral arrangements in containers that present a challenge to the designer. Mr. Peabody's expertise and years of experience in the business should make for a very informative and entertaining program. So stop by.

The date is Thursday, February 17, 2000, at 9:30 AM, and the location is Holy Family Church, 2515 West Palatine Road, Inverness. After a short business meeting, refreshments will be served, followed by the program which will last approximately one hour. Guests and prospective members are encouraged to attend and always receive a warm welcome.

It is never too late to join the Garden Club of Inverness. Because the club is a member (in District IX, Central Region) of the Garden Clubs of Illinois, Inc. and also a member of the National Council of State Garden Clubs, Inc., you can be a member of the largest volunteer organization of its kind in the world. You can learn more about the environment and what you can do in your own home to improve the quality of life for everyone. You can also be a part of an organization that offers activities for involvement, including flower arranging, horticulture, environmental studies, garden therapy, as well as conservation and preservation of natural resources. In addition, as members of Garden Clubs of Illinois, Inc., we support an organization that annually awards 40 scholarships of \$4,000 each to students in related horticultural fields.

If you would like more information, please contact Membership Chair Mary Jo Bregenzer at 776-6557. Hope to see you on February 17.

Portraits Provide a Lifetime of Fun and Enjoyment

Take the opportunity to capture your child at this wonderful stage of their life with a portrait. A portrait tells the truth about their personality. Each image should feature some characteristic, a quality of the person represented. It might be their eyes... or a spontaneous smile that says it all!

When reflecting on the years I have been photographing children, I have found that we are not really in control. I merely work together with the parents to create an environment where the desired result can take place. My job is to be there, ready to capture it. As parents, you can be very instrumental in creating this nurturing environment. If we plan well, together we will have prompted an end result, a portrait that will provide a life-

time of fun and enjoyment. I truly believe in portraiture. All of the time, energy and investment put into it rewards us with a lifetime treasure.

Plan each year to have some portraits created, whether it be family group portraits or individual portraits. I also recommend a portrait of just the children each year too. It's a great way to record their growth, change and the dynamics of their relationships.

As parents, we have perhaps the greatest influence on helping our children find out who they are and what they love to do. We do this so they may grow up happy and lead successful lives for themselves. Having portraits of your children on display in your home lets them know how much they are valued and loved.

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Chessie's Restaurant 382-5020
Eighteen years of serving the Barrington community in the old train station along with a vintage Illinois Central dining car and a skylit atrium combine to provide a comfortable, fun-filled setting for casual dining. With great consistency and a menu featuring a large selection for the entire family.

Chesterfield Glass Galleries 382-6677
Original, hand-blown art glass lamps, vases, perfume bottles and paperweights by over 130 American artists. Limited edition Cardew teapots imported from England, Faberge eggs from France and Dino Rosin from Italy also make up our spectacular collection of art glass. Layaway, bridal registry, gift wrapping and UPS available.

Forever Yours 842-0384
Antiques, collectibles, treasures from the attic and more can be found in this quaint gift store, uniquely located in an antique Pullman train car. Newly acquired estate furniture and jewelry are arriving daily as well as hand-painted furniture from a renowned St. Charles artist. Also, inquire about us organizing an estate sale for you.

Lauren's Lingerie 381-0715
Distinctive lingerie and sleepwear in cottons and silks that are tailored and lacy. Activewear for the body conscious and Hanes hosiery and socks. Mastectomy

bras and prosthesis available as well as nursing bras and gowns. We will help you find real solutions for real bodies with our talented and helpful staff. Special orders welcome.

Lea Image Studio 382-6640
Everything to do with image! Ultimate skin care designed for sensitive skin and cosmetic color collection from the modeling and photography professionals now available to you. Consulting for image and self-improvement, modeling and acting preparation. Photography session with the makeover included a fabulous gift. Skin care services, eyebrow grooming, facials and more. Custom design wardrobe preparation, jewelry, fragrances and gift accessories. Our motto is, "There is something special about you and it has everything to do with looking and feeling beautiful."

once in a blue moon 381-7525
Gold and silver custom jewelry design/repair on premises with a lot of other really neat handmade stuff: leather bags, wooden boxes, Czech glass jewelry, stained glass and more.

Peter Daniel Apparel for Men and Women 382-6676
Classic, sophisticated and contemporary apparel. Unique clothing collections from casual sportswear to after-five for men and women. Continental styled men's clothing from Zanella and Jack Victor. The best in luggage from Tumi and the world's most comfortable walking shoes from Mephisto. We promise superior customer service for your shopping pleasure.

Savvy Spirit 381-6772
Features unique fashion and accessories for the contemporary woman. Our friendly attention to detail is second to none as we help you choose a look to complement your personal style. Fashions for home, travel and work. Uniquely the best.

She & "I" Hair and Nail Salon 381-5043
A full service hair and nail salon offering custom cuts, colors, perms and highlights. We also feature facial waxing, natural nail care, manicures, full set of acrylic and gels, wraps and two European pedicure spa chairs. Walk-ins welcome!

Snail's Pace 381-8680
An eclectic mix of handmade gifts, crafts, prints and collectible bears and dolls featuring an extensive collection of fimo, hemp, candles and tie-dyed fashions. The shop for the perfect gift.

Stay Tooned Gallery 382-2357
The largest framed Animation Art Gallery in the world! Original art works from Disney, Warner Brothers, Hanna-Barbera, etc. See Mickey, Bugs, Winnie the Pooh, Rocky and Bullwinkle, even The Simpsons. Free catalog available!

The Canterbury Shoppe 304-9627
Celebrations begin at The Canterbury Shoppe, Barrington's only four season holiday and home store! Inside, you'll find fine gifts, home accents, pottery, artisan and holiday collectibles. Create a gift basket from our gourmet selections! Featuring Limoges, Halcyon Days, Radko, LA Pottery and more!

Tina Han Fine Art Gallery & Custom Framing 382-1030
Barrington's finest art gallery proudly carries distinctive art by local, national and international artists. Museum quality custom framing created on premises in a short turnaround time. Design assistance available. Corporate accounts are welcomed.

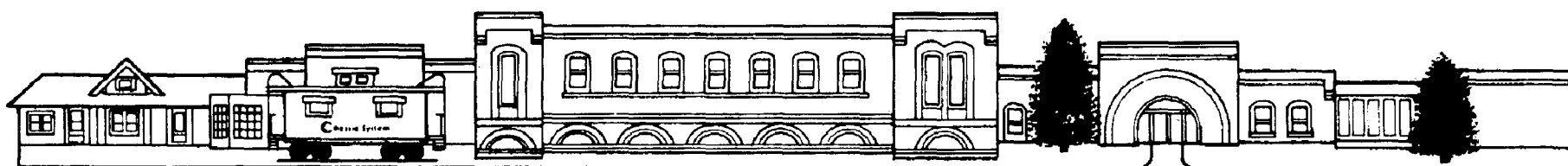
Tommy-Terri 381-2005
The largest children's store in the area with clothing for boys and girls, infants to size 14. Be it for casual or special occasion, the friendly staff at Tommy-Terri is here to assist you. Gift wrapping and UPS shipping available. The children will also enjoy our special play area designed just for them!

Village Hallmark Shop 381-3202
Great gifts galore! Cards, gift wrap, party goods, photo albums, journals, photo frames, address books and more! Fine writing paper by Crane along with wedding and social stationery. Beanies of course, along with their Buddies and Colonial Candles, puzzles and Vera Bradley Bags to fill the store. Not your normal card emporium but something extraordinary!

**Hours: MTWF 9:30am-5:30pm
Th 9:30am-8:00pm
S 9:30am-5:30pm
Su 11am-3pm**

**200 Applebee Street
847-381-6661**

Convenient Downtown Location • Also Open Thursdays Till 8pm & Sundays 11am-3pm



**Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west
on Main for one block, then turn north on Applebee, next to the Jewel**



*She
& I*

Hair and Nail Salon

**Give your Valentine
a Gift Certificate
from She & I Salon**

Mon. - Sat.
Wed. & Thurs. Evenings

Walk-Ins Welcome • Gift Certificates Available

The Ice House Mall

381-5043

200 Applebee
Barrington



**Barrington
ICE HOUSE MALL**



Get Ready for a Night on the Town

Valentine's Day is rapidly approaching. Get ready for a night on the town! Whether you want an entirely new look or something ultra-glamorous for the occasion, **She & "I" Salon** can help you look fabulous.

Don't forget a manicure and pedicure for the final touch!

She & "I" Hair and Nail Salon offers

hair styling and cutting, perms, color, facial waxing, manicures and pedicures and is located in the Barrington Ice House Mall in downtown Barrington. Call **381-5043** for your next appointment.

Psst... wouldn't your special Valentine love receiving a Gift Certificate from **She & "I" Salon**? A gift of beauty is always appreciated.

It's All In The Package! Valentine Specials!

Millennium Magic!! Y2K colors!! And Valentine Specials!!! Coming on strong for the millennium and beyond are sheer see through shades some matte and of course metallic. Lustrous space age silver is a futuristic favorite. Shimmer is the key element here!! Lea Image Studio offers the finest in cosmetics and skin care. Let us help you with make-overs for weddings and special occasions, facials and instruction on how to achieve that healthy skin for the polish and glow for the new millennium. Our skin care is designed for sensitive skin and has a unique ingredient called Squalene, derived from an olive.

Our image and wardrobe development and modeling and talent consulting are by appointment. We provide a one on one evaluation and then a package that is sure to direct your needs. Lea Image Studio offers custom designing for your wardrobe. Check out our mannequin models in the window. Other unique items in our selection are jewelry, fragrances, compacts and hair accessory items.

Our most recent addition is the photo



**Lea Image Studio Models: (l to r)
Stephanie Web, Crystal Stude,
and Krista Lea Cline.**

package!! Black and white or color, excellent quality, includes the makeover and the hair styling, this can be used for business application or makes a great gift. **Gift certificates and gift wrapping are always available.** Our Motto is **"There is something special about you and it has everything to do with looking and feeling beautiful."**

VALENTINE SPECIALS!

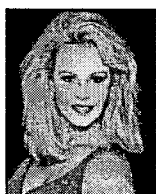
Lea Image Studio

LEA MODELING & TALENT CONSULTANTS, LTD.
LEA SKIN CARE & COSMETICS

It's All In The Package!

Ultimate Skin Care Collection
Make-Up Application & Lessons
In-Store True Color Correct Lighting
Color Spectrum Analysis
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Perfumes, Colognes & Fashion Accessories
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Modeling & Talent Consulting & Evaluation
Gift Certificates Available



**Karen Lea Cline
Mrs. Illinois 1998**

"There is something special about you and it has everything to do with looking and feeling beautiful."

Lea

200 Applebee St. • Barrington, IL • 847.382.6640



**VALENTINE'S
DAY
SPECIALS**

**IT'S
VALENTINE**
MONDAY, FEBRUARY 14, 2000

Brighton.

**Available at
peter daniel**
barrington

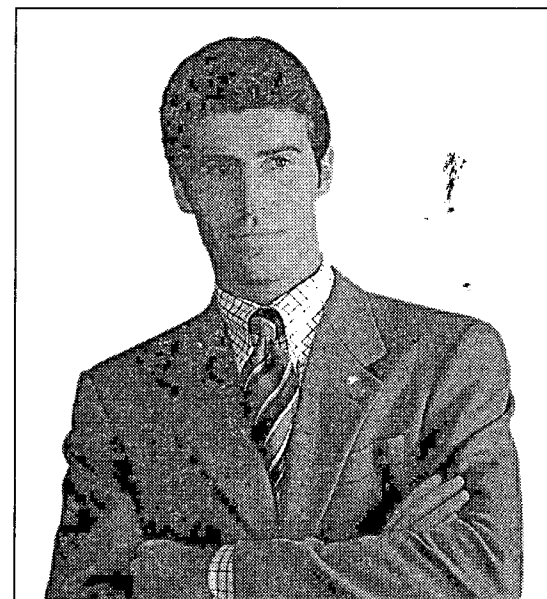
apparel for men and women

200 Applebee St. • Barrington, IL 60010
Hours: MTWF 9:30-5:30 pm Thurs 9:30-5:30 pm
Sat 9:30-8 pm Sun 11:30-3 pm
Phone 847.382.6676

Winter may still be on your doorstep, but we're looking to warm things up with some terrific gift ideas for Valentine's Day at **Peter Daniel of Barrington**. Give the gift of style with watches, picture frames, purses, sunglasses and jewelry from Brighton. Sweaters, scarves and fashion jewelry are special gifts from the heart that are sure to please your special Valentine.

Revolutionary is how some people are describing the changes now taking place in men's clothing. And, of course, **Peter Daniel** is leading the charge with a fabulous new line from Jack Victor. Expect to find softer construction and innovative fabrics that create sophisticated European-style men's clothing. Discover exciting new weaves, colors and silhouettes. Choose from Tallia, Zanella and Como to name a few. Stop in the store today and try on the world's most comfortable walking shoe from Mephisto—now available at **Peter Daniel**.

Peter Daniel of Barrington is located in the Barrington Ice House Mall and is open seven days a week for your shopping convenience.





Barrington ICE HOUSE MALL

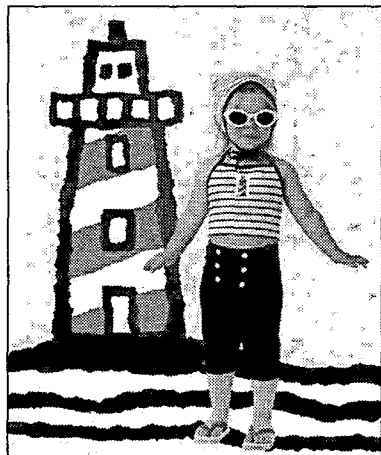


New Spring-Summer Fashions Arrive at Tommy-Terri

It's time to look forward to another change of season and warm weather at **Tommy-Terri**. Be it for a special occasion, Communion, Easter or casual and beach, we are ready to help mix and match, brother-sister or just to find the right outfit for a fun-filled day.

This season's new lines promise to bring fashionable and traditional looks to our customers. For the infants, we are looking forward to Peaches & Cream, great for brother-sisters and for twins, and Kricket for the rest of the family. Be sure to shop early for the best selections of Communion items and gifts.

Your little ones will love the "playhouse" while our friendly staff assists you with your selections. Remember, **Tommy-Terri** offers complimentary wrapping and UPS is available.



An Enchanting Evening

People Magazine featured it and ABC News called it "love, laughter and romance in a box." Created for a couple who want to share in the richness and warmth of their relationship, An Enchanting Evening® provides an opportunity to be open and playful in a positive way.

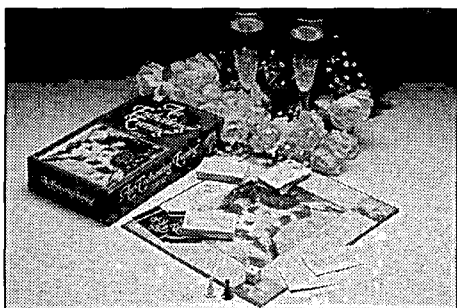
Who can play? Any couple, any age. It makes a thoughtful, tasteful gift for weddings, anniversaries, birthdays, Christmas, Valentine's, vacations or "just because..."

How is An Enchanting Evening® played? The game begins by each player writing down a "secret wish" that can be shared with his/her partner that evening. The players then move around the board, drawing cards that direct their actions.

Some cards ask for verbal responses, which are positive and supportive. Other cards suggest gentle touching, some playful, others subtle and ambiguous.

For example, one card asks, "It might be pizza on a rainy night or a romantic sunset on a beach—describe a 'magic' moment that you've shared with your partner."

Another gives instructions, "The 'How



Much Feeling Can You Put Into a Kiss' contest has just begun. You are a contestant. Give your partner the winning kiss."

All cards allow the players to enjoy the game, and each other, at any level of intimacy that's comfortable and fun for both of them.

What does the winner "win?" The first player to reach the end gets his/her wish fulfilled. (However, all couples agree that both players "win!")

The game sets the stage... the players make it An Enchanting Evening®.

Available at **Lauren's Lingerie** in the Barrington Ice House.

Kisses from Chesterfield

Is your Valentine so special that traditional gifts simply don't express your true affections? Then visit **Chesterfield Glass Galleries** and choose the perfect treasure for your special someone.

Featuring the finest glass art of over 130 nationally-recognized studios, **Chesterfield** offers truly unique, hard-to-find Valentine gifts. Choose from our distinct line of Valentine perfume bottles by Zellige, Vines, Noslo and many more. The perfect little Valentine gift is a clear chocolate drop as shown in our ad! Or, the chocolate kiss is free with any \$100 purchase.

Chesterfield offers exceptional gifts for everyone in every price range. Your

Clear, glass chocolate drops...

FREE

with any \$100
purchase and
this coupon

thru 2/29 or while kisses last



Valentine will forever treasure a beautiful, hand-blown, unique glass art signed by the artist and certified for authenticity.

If you have not experienced visiting our gallery, we think you will be pleasantly surprised. Stop in to say hello and browse.

**TOMMY
TERRI**

Infants & Children's
Apparel

200 Applebee St. • Barrington
847-381-2005

Surprise Your
Valentine with a Gift
of Luxurious Lingerie

from *Lauren's
lingerie*

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Barrington • **847.381.0715**

Chesterfield Glass Galleries

Remember Your Valentine with a Kiss

A kiss
is just
a kiss ...
or is it?

Barrington Ice House 200 Applebee St. 382-6677

Evening in Camelot

On Friday, February 4, at 6:30 PM, the Barn of Barrington will be transformed into a magical kingdom called Camelot. The Barrington Children's Choir Madrigal Singers and the Barrington Recorder Consort will present an enchanting evening of medieval music and entertainment. There will be a silent auction, dancing and merriment for all!

The Madrigal Singers is one of four choirs which form the Barrington Children's Choir. The Madrigals consist of 20 high school students, the most experienced singers in the BCC.

For reservations, call 847-341-2482. Cost is \$60 per person. Reservations are limited.

Established in 1986, The Barrington Children's Choir is comprised of over 100 talented children ranging in age from nine to eighteen. Peggy Crawford, a nationally recognized teacher and conductor of children's voice, directs the Choir. Notable Choir performances include Carnegie Hall in New York City, Orchestra Hall in Chicago, "The CBS Morning Show," the Democratic National Convention and Ravinia (with the Chicago Symphony Orchestra). The Choir was featured in the Chicago Theatre performance of *Joseph and the Amazing Technicolor Dreamcoat*, and has participated in choral festivals in England, Austria and Hungary.



Special Savings

Come Early to Get the Best Deals!

TWO DAYS ONLY
February 4 & 5, 2000

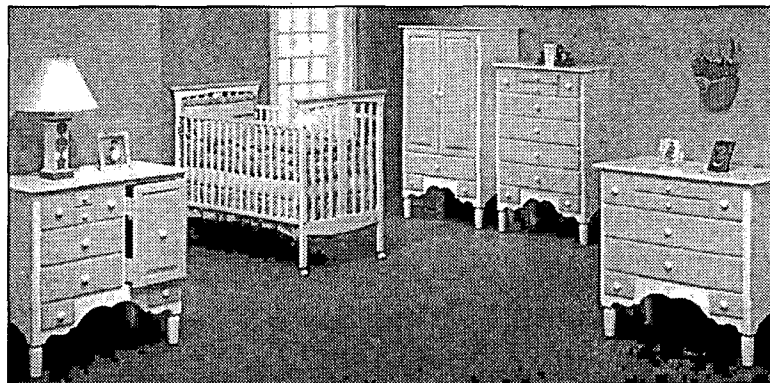
3rd Annual Clearance Sale

Save on Winter Clothing,
Summer Clothing,
Selected Furniture, Bedding
and Accessories!

LITTLE MUNCHKINS
"Shopping at Little Munchkins
is a Grandmother's Dream"

200 North Hough Street • Barrington • 381-3960

Special Savings at Little Munchkins



Don't miss **Little Munchkins'** 3rd Annual Clearance Sale. Save on winter clothing and snowsuits, summer clothing, selected furniture, bedding and accessories!

The great sale is two days only—February 4 and 5. Come early to get the best deals! There will be savings throughout the store.

Infant Development Systems
Lamaze

2 DAYS ONLY!

HUGE SALE!!
FEBRUARY 4 & 5

MANY ITEMS BUY TWO
GET ONE FREE*
OR BUY ONE AT REGULAR PRICE,
2ND ITEM AT 50% OFF

*ITEM OF EQUAL
OR LESSER VALUE

LEAP FROG

SOCIETY'S CHILD
381.9559

200 N. Hough Street Barrington

THOMAS THE TANK ENGINE & FRIENDS
CLICKITY-CLACK TRACK

Society's Child Extends Magic

After ten years in the Barrington area, **Society's Child** has extended its magic beyond the realm of dolls and deeper into the world of other creative toys. Having outgrown its former Northwest Hwy. shop, the family-owned and operated business has moved to larger quarters at Hough Street just a block south of Main Street.

"We're just overwhelmed by the response of the community to our new product lines," said Stuart Peek, son-in-law to **Society's Child's** founders Judy and Ed Bures. The store, which opened at its new location in November, had its best Christmas season ever. "We sold more dolls this holiday season than any year in the past. It appears that people who came to shop for toys were awestruck by the more than 1,000 dolls we had on display. And our regular doll customers were quite delighted by all the new toys we had to offer."

In looking for playthings worthy of sharing store space with Barrington's best selection of dolls, Peek said he focused on the best-made classic and innovative toys that ranked high on both play and educational value. As a result, children can build castles and kingdoms with traditional block sets by Small World Toys or create their own versions of Mozart's "Night Music" with Neurosmith's Music Blocks, a new California-based company.

Society's Child's other award-winning product lines include the Lamaze Infant Development System, Leap Frog, Learning Curve, Educational Insights and Creativity for Kids.

Peek, his wife Debbi and the rest of the store's staff strive to be knowledgeable about all of **Society's Child's** merchandise in addition to keeping an eye out for new products for the store to carry.

"I think an important part of the toy business is to talk to your customers to find out who they are and what they are looking for," Peek said. "If we don't have something and it sounds like a worthwhile product, I will do my best to order that product for our customers."

Since Barrington is a haven for horse enthusiasts, **Society's Child** carries a full line of Breyer Horses and accessories.

Thomas the Tank Engine and Lionel Train Great Railways Systems are also featured products in the store. In addition to shelves stocked full with locomotive engines and accessories, both train lines are set up on small tables in the store's play area so young customers can take the trains on test runs.

"We're a very kid-friendly store. I think it's important for parents to bring their children with them when they're toy shopping. How else can they find out what their children really want?" Peek said.

In an effort to help a child's dreams come true, **Society's Child** is initiating a Children's Birthday Gift Registry. A child can come into the store and fill out a wish list; then gift-buyers can refer to the list for appropriate gift ideas. The gift-shoppers will also receive a 10% discount on any of their wish list purchases.

While toys take up about a third of the store's new location, dolls still reign in **Society's Child's** kingdom. Baby dolls by Lee Middleton, Gotz and Coroelle share a bright new nursery area with other play dolls including Madeline and Madam Alexander's Little Women. One wall is covered with clothes and accessories for the increasingly popular 18-inch girl dolls and their baby doll sisters.

The store also carries strollers, buggies and other furniture to help "aspiring parents" to care for their "children."

Society's Child still features a showroom area of porcelain artist dolls including many one-of-a-kind and very limited edition creations of Wendy Lawton and Annette Himstedt. The store's focus, however, has changed over the years from "museum pieces" to dolls that appeal to a wider range of collectors and enthusiasts.

Madam Alexander's very popular eight- and ten-inch dolls fill their own showcase while the beautiful and charming dolls by Kingstate, Ashton-Drake, Ganz and Delton grace a wall of shelves just waiting for someone to take them home.

Master Dance Class Series Continues at BHS

Paula Frasz will conduct a master class in modern dance technique on Saturday, February 5, 2000 from 10 AM to noon at Barrington High School.

Paula Frasz has an extensive background in performing and teaching. She has been a faculty member at the Columbia College Dance Center for 8 years, where she has been choreographer for the college's theatre/music departments and an instructor of modern, jazz, tap, independent dance studies and dance workshops. She is currently Associate Professor of Dance at NIU in DeKalb where she teaches advanced modern technique,

choreography, improvisation, professional seminar in dance and tap. Ms. Frasz has also been in residence at several colleges and universities, most recently at St. Mary's College in South Bend, IN. Ms. Frasz has danced with the Butler Ballet, the Chicago Repertory Dance Ensemble and independent choreographers Frank Fishella and Christine Munch. She is also a member of Actor's Equity Association. Her choreography has been presented in concert at the Dance Center of Columbia College, Northwestern University, St. Mary's College and is in the repertoire of several professional

dance companies, including Without Shoes, Hahn Dances, the Patchwork Dance Ensemble and the Ruth Mitchell Dance Company of Atlanta. She is a founding member of Chicago's next Dance Festival and a member of the Illi-

nois Arts Council Dance panel.

Single class fee is \$15. The next master dance class will be offered on Saturday, April 29, 2000. For more information and registration, please contact Julie Salk at Barrington High School at 847-842-3214.

What's Happening at Starr Couture

January was a very exciting buying trip to Paris. New spring merchandise will be arriving soon. To make room for our spring collections, we are offering a Final Reduction for one week only.

I will be traveling to Milan February 15 through February 26, bringing you more exciting fashions.

Watch for the March issue of *Lifestyles* with upcoming events and trunk shows from Milan with designer Silvia Noe.

Looking forward to seeing you at our clearance event.

—Starr



Starr Kondos, Owner

International Hair Designs Celebrates 20 Great Years!

After 20 years of continuous improvement efforts, growth and prosperity, we have now entered the new millennium with enthusiasm, confidence and the anticipation of meeting yet higher standards of excellence. Much of our success is, of course, due to the competence, productivity and enthusiasm of our superbly qualified staff with diverse talents and experience.

Our new day spa services are very relaxing, with the ultimate in skin care treatments and products by Bioelements. We also offer full nail services. You can now pamper yourself with a spa-pedicure.

We invite you to visit our beautiful, newly renovated **full service salon and day spa**. Consultation appointments are always complimentary—847-438-8636.

Four Seasons Garden Club

The Four Seasons Garden Club will meet on Tuesday, February 1, 2000, at the Barrington Area Library at 9:30 AM.

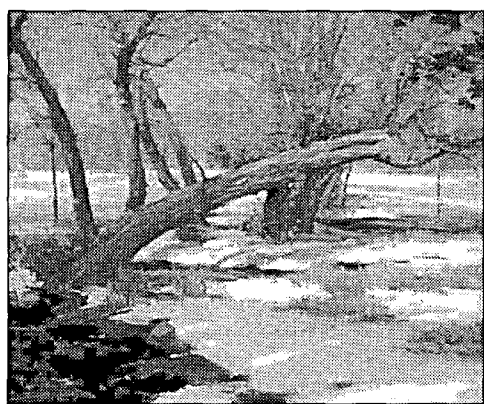
Speaker will be Sharyn Herian of Foxwood Gardens discussing "Shade Gardening." Sharyn will give a presentation on the culture and use of shade plants both

cultivated and wild. Slides taken at her own 2½-acre home will supply a graphic backdrop for information on soil, light and moisture requirements of various shade plants and will illustrate successful combinations. For more information, please contact Judy Palmer at 304-8801.

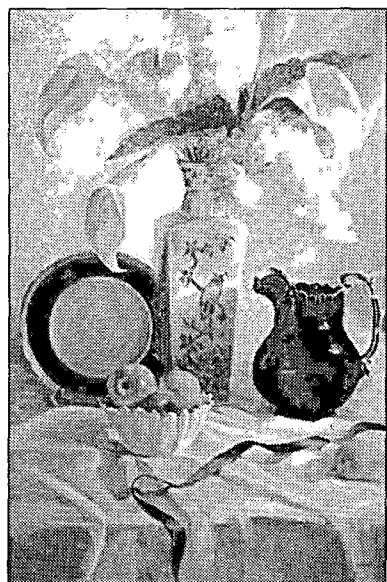
Collect Art Masters, 21st Century Style

Clearly, the most discerning art collectors of today are returning to the traditional renderings of subject matter as evidenced by the record auction prices being achieved. So, **Dunton Gallery** invites you to collect the work of some of the master painters of the 21st Century before they fetch millions.

Invariably, visitors to the gallery describe the caliber of the work represented as "stunning," "amazing," "incredible" and "clearly superior." One will find representational art at its finest in this local gallery with a range of price



Winter Sunlight by Romel de la Torre, 22" x 25", oil.



Calla Lilies by C. Edgar, 36" x 24", oil.

points to please just about everyone. Virtually all of the artists in the gallery are emerging into ever greater recognition and reputation.

Artists and collectors from near and far are coming in a steady stream to this treasure trove of fine art that awaits you. Located in the heart of the newly revitalized downtown of Arlington Heights, the gallery has original oils; watercolors; pastel and acrylic paintings; very limited edition sculptures in bronze and glass from miniature to monument sizes; as well as custom framing. Whether looking for a small piece for your home or office, you are cordially invited to "come be delighted" by the talent and creativity of our artists.

Dunton Gallery is located at 18 S. Evergreen in Arlington Heights or you might phone us at 847-818-0694. We're open Tuesday through Saturday, 11 AM to 5 PM, but gladly accommodate appointments at other times. Make a virtual visit through our website at www.duntongallery.com.

LAST CALL

Final Clearance • One Week Only

50% to 70% OFF

Monday, Feb. 7 to Saturday, Feb. 12

This is your opportunity to shop the finest apparel and accessories from Paris, Milan and New York at great savings. For best selection, we encourage you to shop early.

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\$25.00
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FIRST VISIT ONLY

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EXPIRES 3/15/00

10% OFF
ANY ONE HAIR SERVICE OVER \$30

EXPIRES 3/15/00

• Nails
• Waxing
• Facials

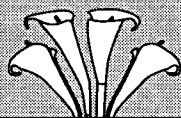
21st Century Master

William Schneider

Gwendolyn Oil 48" x 30"

DUNTON GALLERY

18 So. Evergreen Ave., Arlington Heights, IL
Phone (847) 818-0694 • Fax (847) 818-0695
www.duntongallery.com



Callalily

Fine Home Accessories



10 S. Dryden, Arlington Heights
in the Arlington Market

10-5 Monday-Saturday 847.255.2500

New Home Accessory Store Opens in Arlington Heights



Callalily Fine Home Accessories opened its doors in 1999 with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed

by experienced designers. They will work with customers to select and place accessories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

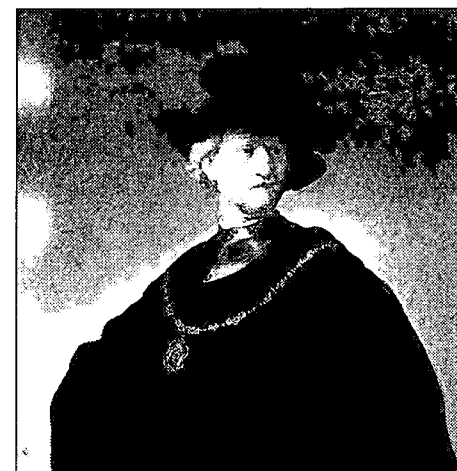
Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts. For more information call **847-255-2500**.

"Great Moments in Art History"

"Great Moments in Art History" is the theme of the February Seminar Series sponsored by the Barrington Community Associates of the Art Institute. All lectures will be at 1 PM on Thursdays at the Barrington Area Public Library, 505 N. Northwest Hwy.

On February 3, David Stark will present "17th Century Baroque in Spain and Holland." This lecture will survey 17th Century art of the Baroque period. Spanish Baroque painting is characterized by bold, dramatic presentations of religious subjects, utilizing extreme contrasts of light and dark with graphic emphasis on physical suffering and spiritual torment. Powerful images by Spanish masters such as Zurbarán and Ribera will be examined along with the royal portraits and compelling scenes of everyday life by Velázquez. Dutch art during the same period reflects the more mundane reality of the common man living in a Protestant country driven by a strong middle-class art market. Masterpieces by Rembrandt and Vermeer as well as landscapes and still-lives by the "Little Masters" of Holland will illustrate the unique balance between straightforward Realism and hidden moralizing seen in Dutch art of this rich period.

David Stark received his B.A. in French from Oberlin College and his M.A. and Ph.D. in History of Art from Ohio State University. He has taught art history at the University of Minnesota, Morris and has held the position of Curator of Education at two museums. His research focuses on 19th Century Belgian art with emphasis on Charles De Groux. His publications have appeared in several art magazines as well as the "Catalogue of a De Groux" retrospective held in Belgium in 1995.



Rembrandt Harmensz, Van Rijn, (Dutch, 1606-1669). Old Man with a Gold Chain, c. 1631; Oil on panel; 32 3/4" x 29 3/4". Mr. and Mrs. W. W. Kimball Collection, 1922.4467, Art Institute of Chicago.

Since 1994, he has served as Senior Associate Director of Museum Education at the Art Institute of Chicago. He is also a part-time instructor at Columbia College.

The cost of the series is \$40 for members or \$60 for non-members. Individual lectures are \$12 for members or \$20 for non-members. Checks are preferred for on-site registration. For additional information, please contact Lenore Elsener at 847-255-9492.

Membership in the Barrington Community Associates of the Art Institute is open to interested persons in the Northwest suburbs. The \$60 annual dues include family membership in the Art Institute of Chicago. For more information, contact Pat Fein at 847-382-5953 or Sue Johnson at 847-381-4551.

Yachting Party Aboard *Fantasy VII*



Aboard *Fantasy VII* for the Naples Yacht Club Fleet Review last December were: (l to r) Matthew and Mona Schuster of New York and Palm Beach; Sandy Denny of Barrington Hills and Naples; Dolly Rymer of Chicago and Naples; Mamie Walton of Chicago and Palm Beach; and hostess Susan Gohl of Barrington Hills and Naples.

Susan Gohl of Barrington Hills and Naples, Florida, recently entertained at a yacht party aboard *Fantasy VII* in conjunction with the Naples Yacht Club gala. Ninety-five guests enjoyed a lovely cruise and luncheon followed by the "Fleet Review." This is the 14th year Susan has

hosted the event.

Susan and husband Fred Gohl will celebrate their 13th anniversary beginning the end of January by cruising South America on a bigger vessel, *Seabourn Sun*. They plan to circle the continent and be gone for a month. *Bon voyage, Susan!*



When Cupid Shoots His Arrow

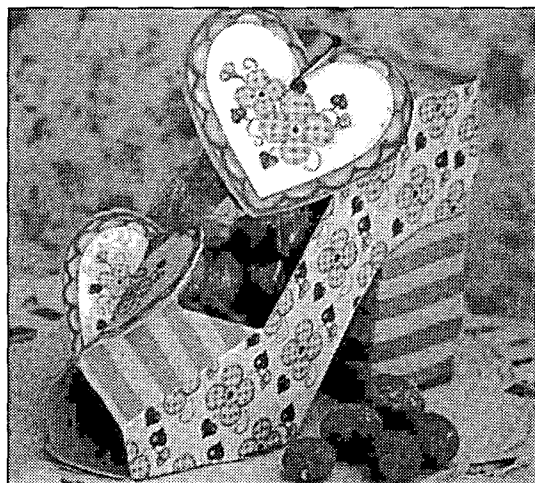


Sweets for Your Sweetheart

Pretty in pink and sweet as can be, this Mary Jane "shoebox" is filled with delectable candies.

Other sweet treats to choose from are the Curious George lunch box and heart-shaped boxed chocolates tied with delicate chiffon ribbon.

Any you choose will make a delightful gift for your special Valentine. All are available at **Little Shop of Papers**, conveniently located in the Barrington Foundry.



Irresistible...

Celine Fine Jewelry, Ltd. is ready to help you make your Valentine's Day this year a memorable one. We have many different styles of unique handmade heart jewelry that is sure to please even the most discriminating taste. In addition, we have many other beautiful styles of jew-

elry to choose from. As always, our quality and service is irreproachable.

Whatever your preference, loose gemstones or finished pieces, jewelry is better than a bouquet of flowers or a box of candy, gaily colorful and satisfying—and much longer lasting.



L to R

- 1.72 ct. **Diamond Princess-Cut Invisible-Set Pendant** 18K Yellow
- 2.25 ct. **Diamond Princess-Cut Invisible-Set Earrings** 18K Yellow
- 2.82 ct. **Yellow Sapphire** surrounded by .70 ct. **Diamonds** on 6.5mm **Pearls**
- .92 ct. **Pink Tourmaline Heart Earrings** surrounded by .99 ct. **Diamonds**
- .34 ct. **Diamond Heart Pendant** 18K White
- .44 ct. **Diamond Heart Earrings** 14K Yellow



VALENTINES! VALENTINES! VALENTINES!



For Everyone

Children Will LOVE
Our Valentine Packages

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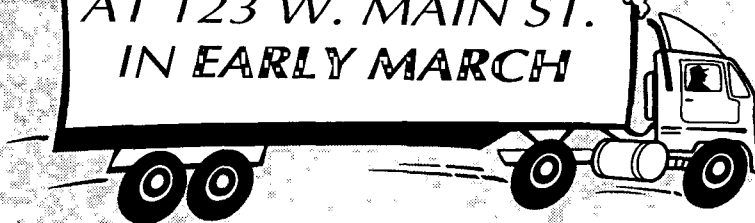
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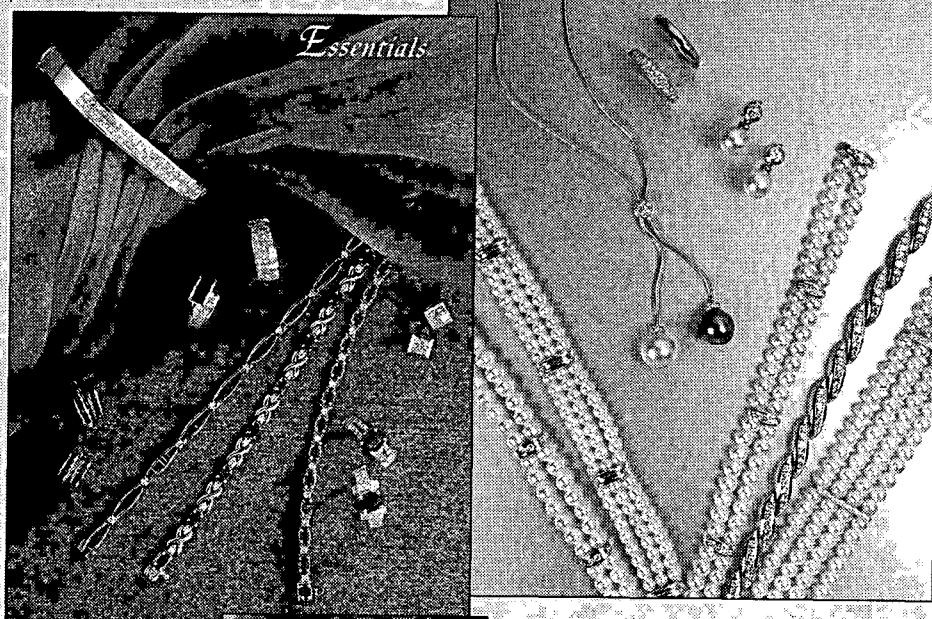


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Chers Amis...

Y2K was never a problem. Year 2000 is here! "C'est la vie" as a French person would say, raising a glass of wine... "a votre santé!"

D & J Bistro ended the 20th Century with a very successful New Year's Eve party—*Merci*—and we are starting the 21st Century on a high note... we have accolades from the *Zagat 2000*, "dollar for dollar, the best restaurant in Chicagoland" and also from *The Sun Times* who rated us #3 in their 10 "old favorites" and, in a separate section, recognized how authentic and delicious our onion soup is. So come on and have a bowl of it, judge for yourself!

February 14 (Valentine's Day) falls on a Monday this year. **D & J Bistro** will be open and serving our regular menu along

with a special prix fixe for \$26.50 (three courses). As usual, our room will be decorated to set the mood for Valentine's Day.

Also at **D & J Bistro**, ("where things are happening"), on Sunday, February 20, we will present our 6th "Travel to the South of France." Melanie Karsen, (Francophone, Francophile Travel Consultant), will present the "South of France" through slides, followed by a three-course dinner representative of Provence. It's a unique and delightful way to spend a Sunday evening, starting at 5:00 PM and ending at 7:30 PM. The cost is \$45 per person, all inclusive (food, wine, tax, gratuity).

Take advantage of these types of events! They are unique to **D & J Bistro** and well worth the "\$"!

—A Bientôt, Dominique

Your Valentine Deserves the Best This Year!

This Valentine's Day, **L'Auberge** wants to take care of your Valentine. Your Valentine is someone special and only deserves the best. That is where **L'Auberge** wants to help you.

Buy your Valentine a gift certificate. They can indulge in a repechage four-layer facial. Or, try one of our incredible massage therapists who will work your Valentine's muscles with deep therapeutic. For the more rugged Valentine, how about a great sports massage? Other services may be a manicure or pedicure or, for a change, a gift certificate for a new spring look. Our hairdesigners all have advanced training and are dedicated to



customer satisfaction and take great pride in fulfilling one's needs. We have various packages to choose from to make it extra special.

So call now. If your schedule is hectic, we can assist you with sending the gift in the mail. **L'Auberge** is located in the Barrington Foundry. Call 847-277-7000.

Shari's Furs, "Fur a Great Deal"

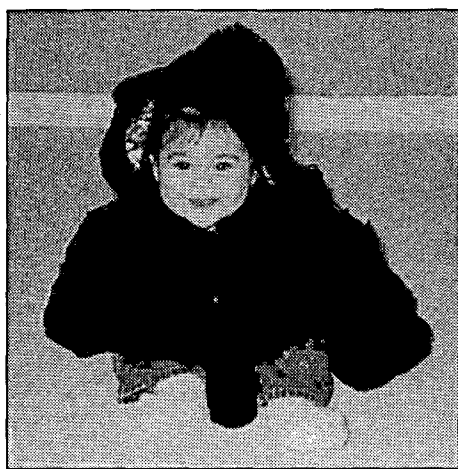
Shari would like to thank her clientele for the continued support she has received this year. "Customers telling their friends about our store has made this a wonderful season."

Shari's Furs & More offers a full collection of furs, ranging from Mink coats and jackets, sheared/unsheared Beavers of all lengths and shearlings of various colors in all sizes. Shari has added the year 2000 collection of Paula Lishman knitted sheared Beavers in her quest to find the perfect garment for each customer's personal taste.

Shari's expanded accessories include leather, chenille and shearling gloves. A fabulous variety of hats have been added to the already popular fur headbands and fur earmuffs.

Men have not been overlooked. This year **Shari's** has more men's leather jackets and shearlings.

Most remarkable has been customer response to our expanded resale racks. Over 300 garments are available for your consideration. The word has spread; there is an affordable fur for everyone.



"My First Fur!"

Plenty still available for Mom... or Dad!

Now, enjoy end of the season discounts on our entire inventory. Even an extra **10% OFF** on our resale merchandise.

"We feel there is something special for everyone. Thank you for accepting our ideas of a progressive fur salon for the year 2000 and for telling your friends about us. *Fur a great buy come see us!*"

CFC Annual Meeting

Citizens for Conservation cordially invite you to attend the 2000 Annual Meeting on Thursday, February 17, 2000 at 7:00 PM. The meeting will take place at the Barrington Area Public Library. Refreshments will be served at 6:30 PM. There will also

be a Silent Auction. Featured Speaker will be Stephen Packard, Chicago Director of the National Audubon Society, discussing "Wilderness as a Neighbor: Citizens, Habitat and the Future of Chicago Wilderness." Please RSVP at 847-382-7283.



D & J Bistro

Established in the 20th Century 1987

Monday, February 14

Valentine "Bistro Romance"

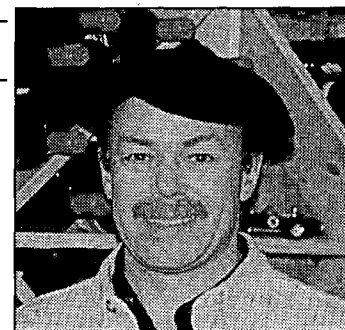
Sunday, February 20

Travel to the South of France
slide presentation & regional dinner

Sunday, March 5

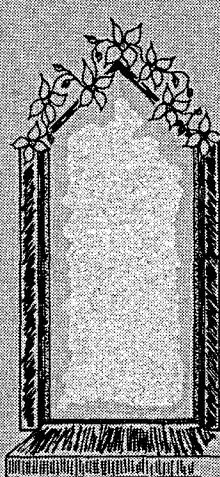
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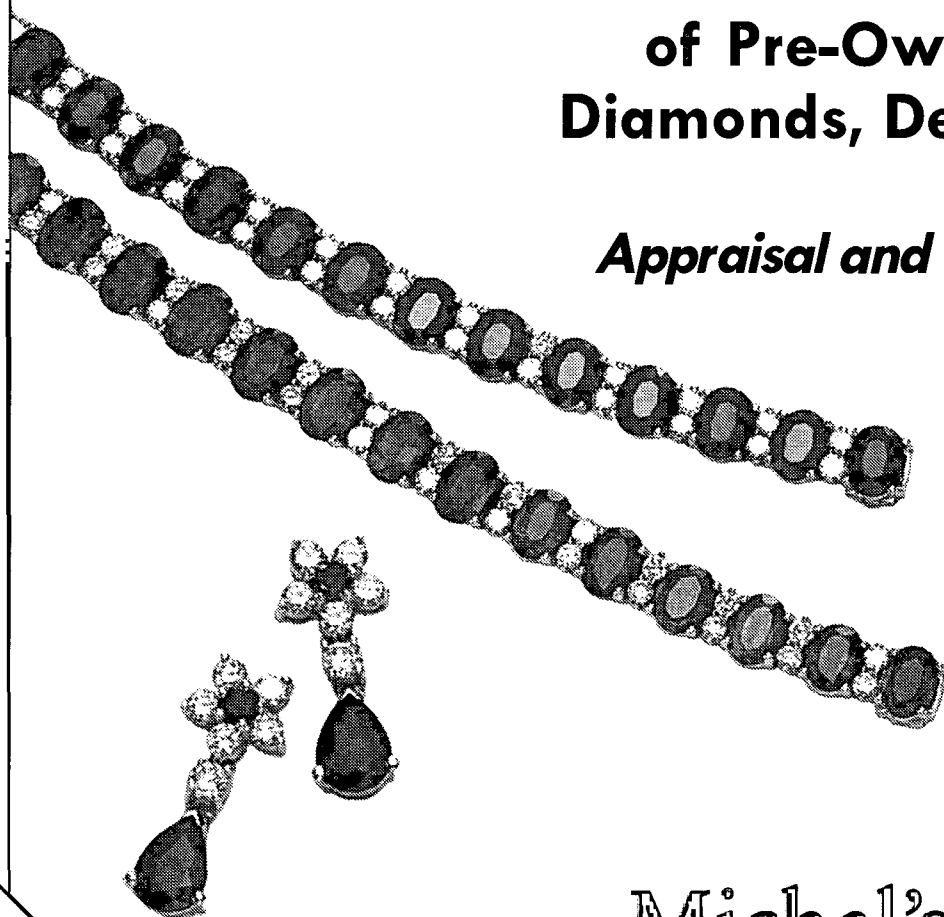
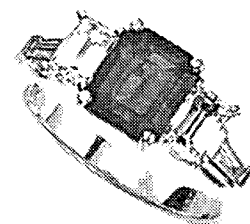
20 Years of Service in the Northwest Suburbs



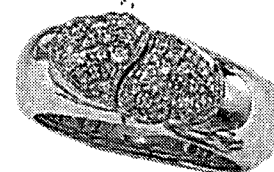
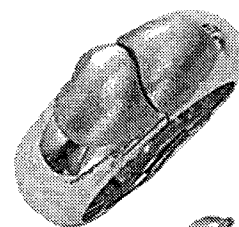
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Spoil Your Valentine at the Spa Light

In the **Spa Light Salon** would like to wish everyone a happy Valentine's Day! This month we have put our spa packages on special. The spa packages for women include: spa manicure, 30-minute massage or facial, hairstyle and a make-up application. The spa packages for men include: spa manicure, 30-minute massage or facial and a haircut. Also, anyone who refers two clients per month to the salon will receive a \$25 gift certificate. Call and purchase a gift certificate today for that special someone tomorrow.

Hair extensions is one of the salons specialties. The single strand bonding technique used will enable you to have the hair of your dreams in one visit.

Longer, curlier or straighter, we can do

it! Come in and see why extensions and thickening procedures are so popular. Please call regarding your consultation.

Permanent make-up is now being offered in the salon. Clients that have uneven or sparse eyebrows, allergies or contact lenses, temporary or permanent hair loss, or if you are just tired of applying makeup daily and would like the convenience of permanent makeup—this procedure is for you!

In the **Spa Light Salon** is open Monday, 9 AM to 5 PM; Tuesday through Thursday, 9 AM to 9 PM; Friday, 9 AM to 7 PM; and Saturday, 9 AM to 5 PM. Please call for appointments or more information at **847-381-3688**.

For the Sweetheart in Your Life

• Would you like more down-time, more rest in your life?

• Would you like to experience more good feeling in your life?

• Would you like to address those deeply held tensions in your body so you feel freer, lighter, less stressed?

How about those you love, especially your sweetheart? What would they answer?

According to the Board for the National Certification for Massage Therapists & Bodyworkers, "Every piece of recent research strengthens the concept that therapeutic massage and bodywork is one of the most effective ways to support optimal

physical, mental and emotional balance."

Over 127 million massages were given in America in the past year. For seven years now, **Massage Movement** has been providing people with consistently excellent massage therapy and bodywork! Therese Maria Pol, owner of **Massage Movement**, invites you to find out for yourself why people keep returning. Or, purchase a gift certificate for your sweetheart.

Did you know that massage therapy is in the top five of the most frequent requests by women for Valentine's Day?

Call now at **847-304-5112** and begin a most enjoyable process.

Personalize Your Gifts at Initial Impressions Plus

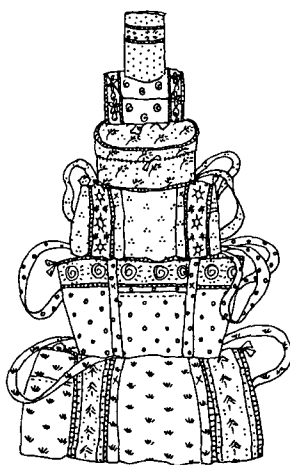
Personalize your gifts with custom embroidery at **Initial Impressions Plus**, located in downtown Barrington. Lovable gifts for men, women and kids can be personalized.

Save big at **Initial Impressions Plus** during the February Fabulous Sale—five days only, February 8 through 12. You will **save 20% to 50% off** all in-stock merchandise. Don't miss it!

Oh, by the way... Yes!

Initial Impressions Plus will embroider merchandise you do not purchase in their store. So bring in your dress shirts, towels and jackets. Call **382-8700** or fax at 382-8078 for more information.

VERA BRADLEY



Initial Impressions Plus features Vera Bradley® designs.

DAR to Honor Contest Winners

Regent Linda Wichman welcomes all Signal Hill Chapter, National Society Daughters of the American Revolution to a meeting on Sunday, February 20, at 1:30 PM at the Barrington Area Library, 1st floor, Rooms A and B. This annual meeting is in honor of the American History Contest winners and the Good Citizenship Award.

In conjunction with American History Month Awards, special guest Captain Keith Van Buren, (U.S. Navy, retired) will present a program called "Submarines in World War II." Capt. Van Buren grew up in Chicago and joined the United States Naval Reserve in his senior year at Crane Technical High School. He attended Illinois Institute of Technology until December 1940 when he was called into active duty. He applied for and became a Cadet/

Midshipman in the United States Merchant Marine Cadet Corps. In 1942, after receiving his commission in the Navy, he applied for submarine duty and served on the U.S.S. Seahorse, one of the "hottest" subs in the Navy. Capt. Van Buren served six years on active duty in the Pacific Theatre and 26 years in the reserves. During his active duty, he made six war patrols. The submarines on which he served sunk 15 enemy ships and received two Presidential Unit Citations.

Signal Hill Chapter Historian Margaret McSweeney will present awards to the American History Contest winners in grades 5 through 8 from area schools who will be reading their essays. This contest is sponsored by Signal Hill Chapter NSDAR on the subject "An Obituary of



FEBRUARY SPECIALS

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▪ Spa Manicure, Facial or Massage, Hair Style and Makeup Application \$100.00

▪ Refer 2 Clients to the Salon and Receive a \$25.00 Gift Certificate

▪ Glamour Packages

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▪ Manicures, Pedicures, Nails & Paraffin Waxing

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For the
Sweetheart
in Your
Life



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Tuesday-Friday 10am - 4pm; Saturday 10am - 2pm

George Washington, 1732-1799." The winning students are:

• Shulpy Singh, 5th grade, Countryside Elementary School

• Larisa Inka, 6th grade, Barrington Middle School, Prairie Campus

• Erik Alanik, 7th grade, Barrington Middle School, Prairie Campus

• Katie McKillen, 8th grade, Barrington Middle School, Station Campus

• Karin Lee, 8th grade, Barrington Middle School, Prairie Campus

DAR Good Citizens Chairman Debi Jung will present an award to the winner of the Good Citizenship Contest. High School seniors in area high schools who demonstrate the qualities of a good citizen—dependability, service, leadership and patriotism in the home, school and

community—are eligible for this award. The winner this year is Amanda Lee Igyarto from Wauconda High School.

Parents, teachers and friends of student winners, as well as families and friends of members and prospective members are invited to attend. Desserts will be served by hostesses Debi Jung, Linda Brown, Leslie Eiring, Barbara Sullivan, Margaret McSweeney and Billie Owens.

Any woman is eligible for membership in Daughters of the American Revolution who is not less than 18 years of age and is descended from a man or woman who served in the united colonies or states as a recognized patriot. Anyone interested in membership should please call Iva Lea Van Buren at 847-382-4449 or Rebecca Kartalia at 847-381-0133.

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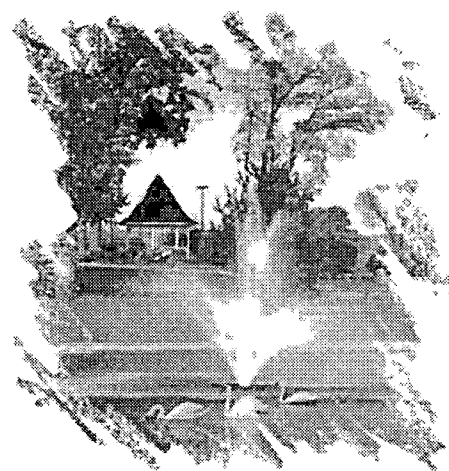
847-438-0025

20922 N. Rand Rd. (Rt. 12), Kildeer, Illinois
West of Quentin Rd., 1½ Miles North of Lake-Cook Rd.

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Concorde Banquets specializes in hosting your corporate proceedings. Breakfasts, luncheons, dinners, business conferences, or whatever your needs, all are accomplished with the utmost style. Our objective is complete success for your conference that will reflect positively on your company's image.

Our expert staff takes pride in helping you plan your business event with a per-



sonalized touch. We are dedicated to providing you the utmost in professional consulting services. We will accommodate all catering, audio/visual, staging and seating requirements.

Every occasion is important to us, no matter how large or small. Choose from six conference rooms, accommodating from 25 to 1,200 people. For more information and a personal meeting, please call 847-438-0025.

Concorde Banquets is located at 20922 N. Rand Road, one mile north of Lake-Cook Road and just west of Quentin Road in Kildeer.

Shelter, Inc. Celebrates 16th Art Auction

The first virtue of a painting is to be a feast for the eyes. —Eugene Delacroix.

Shelter's first event of the 21st century is also its longest-running event with well-known artists providing a feast for the eyes. Shelter presents its 16th Annual Art Auction on Friday, February 4 at the Schaumburg Marriott, 50 N. Martingale Road. The auction provides an excellent opportunity to select outstanding art pieces, many from internationally acclaimed artists, and help Shelter provide community-based services for area abused and neglected children and families at-risk for abuse.

Admission to the auction is \$10 per person and includes hors d'oeuvres, wine and other beverages. A preview of the art work will begin at 6:30 PM with the auc-

tion opening at 8:00 PM. The auction will be conducted by State of the Art, Nashville, TN. Works to be auctioned off include lithographs, etchings, engravings, original oils, watercolors, enamels and mixed-medium—all beautifully framed. Featured artists have included Agam, Erte, Nieman, Chagall, Dali, Vickers, Buckels, Delacroix, Picasso and Vasarely.

Proceeds from the event will benefit Shelter's community-based programs of emergency care and housing for abused and neglected children throughout the Northwest Suburbs. The auction is sponsored by the Steven James LaMont Co.

Reservations for the 16th Annual Art Auction are not necessary. To request specific pieces or to obtain additional information, call Shelter at 847-590-6188.

Dance for Dreams to Benefit Home of the Sparrow

McDonald Dance Academy will present the 2nd Annual Dance for Dreams to benefit Home of the Sparrow, Inc., a transitional housing program for homeless women and children.

McHenry-based Home of the Sparrow operates shelters in Palatine, McHenry and Crystal Lake. The agency's programs help women achieve self-reliance through counseling, education and job skills training.

Dance for Dreams, which will combine the talents of several area dance compa-

nies, will be February 5 and 6 at Forest View Educational Center in Arlington Heights. Show times are 7 PM on February 5 and 2 PM on February 6. Tickets are \$15 for premier seats and \$10 for reserved seats. Group rates are also available. Tickets can be purchased at McDonald Dance Academy, 34 South Evergreen, Arlington Heights from noon to 5 PM.

For more information on Dance for Dreams, call McDonald Dance Academy at 847-342-1060 or Georgiana Macey at 847-640-1409.

French Impressionism to be Discussed on February 17

Miranda Hofelt will present two seminars in the February series sponsored by the Barrington Community Associates of the Art Institute—"The Flowering of 18th Century Edo Japan" on February 10 and "19th Century French Impressionism" on February 17.

On Thursday, February 10, witness the flowering of Japanese art in the age of the kabuki actor, the geisha and the samurai. This lecture looks at the exquisite objects produced during the 18th Century in the national capital Edo, now known as Tokyo. Discover how the new classes of the samurai-warrior and the wealthy merchant sought to express themselves through commissioning lacquerware, porcelains, kimono, painted screens and wood block prints.

Through paintings from the Art Institute of Chicago and other collections, the lecture on February 17 will show what was so shocking and so modern about Impressionism. With their enchanting women in fashionable dress, breezy outdoor Parisian cafés, glamorous entertainers, dazzling riverside luncheons and the pageant of Parisian streets, Impressionist paintings delight us today. But, in its attempt to create paintings that speak to modern life, Impressionism shocked 19th century viewers.

After receiving a Masters Degree in Art History from the University of Pittsburgh, Miranda Hofelt came to the Art Institute



Gustave Caillebotte, (French, 1848-1894). *Paris Street: Rainy Day, 1876-77. Oil on canvas; 83½" x 108¾".* Charles H. and Mary F.S. Worchester Collection, 1964.336, Art Institute of Chicago.

of Chicago in 1995. She worked as a member of the curatorial staff, as an educator and as collection manager and research assistant for European painting. She worked on the exhibition "Renoir's Portraits: Impressions of an Age." Today, Miranda Hofelt lectures on modern art of the 19th and early 20th Centuries with a special interest in the impact of Japanese art and photography on painting.

Both illustrated lectures will be at 1 PM at the Barrington Area Public Library, 505 N. Northwest Hwy. Cost per lecture is \$12 for members or \$20 for non-members. For more information or to register, please contact Lenore Elsener at 847-255-9492. Payment by check is preferred. Tickets may be purchased at the door.

Celebrate a New Century of Love with Fine Jewelry from Dalzell & Co.

On Valentine's Day 2000, show her you'll love her for centuries to come with the ring of her dreams from **Dalzell & Co. Fine & Antique Jewelry**—a direct diamond importer—offering superior quality and competitive prices on styles from classic to extraordinary.

At your service are three graduate gemologists, two designers and three graduate jewelers of the renowned Gemological Institute of America (GIA). These professionals have the expertise to advise you through every step of your selection and to assist you with custom jewelry designed to your specifications.

Dalzell & Co. features breathtaking creations by Oscar Heyman & Brothers, one of the most prestigious names in fine jewelry since 1912. Select from an exquis-

ite collection of wedding and anniversary bands which look stunning worn alone, complimentary alongside an engagement ring and sophisticated when stacked together.

Dalzell & Co. is a full-service jewelry store also offering McHenry County's largest selection of Waterford® Crystal giftware and stemware; fine watches; antique estate pieces; and jewelry repairs performed on the premises.

Happy Valentine's Day 2000 from **Dalzell & Co. Fine & Antique Jewelry**, 23 N. Williams Street in historic downtown Crystal Lake. Open Monday through Friday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; Saturday, 9:30 AM to 4:00 PM; and also by appointment. Call 815-455-3600 or **847-382-3944**.

Relaxation—Don't You Owe it to Yourself?

I love Valentine's Day because it projects love and caring to your sweetheart, friends, children and family. Gifts are always ones of caring: flowers, candy, cards, diamonds and **Syd Simons** Gift Certificates.

One of the very best gifts you can give a person is relaxation—a whole day to themselves to relax with a body massage, spa glow, wrap, facial, manicure and pedicure, steam and make-up.

Our wonderful day spa is going very well. People are coming for the Vichy Shower to have a spa glow. What a great treatment! Having the warm Parafango Mud on their back or placed on problem areas of the body is a great stress reliever.

Rediscover your skin with Micro-Peel, a progressive, non-invasive procedure for skin resurfacing. Microdermabrasion works in two ways, correction and stimulation. For correction, the speed of the crystal flow causes an abrasive action that gently removes the surface layers of the skin, allowing smoother, fresher skin to emerge. In stimulation, the vacuum action helps to stimulate microcirculation, in-

creasing the blood supply that provides nutrients needed for skin regeneration. It also stimulates formation of new collagen and elastin to improve skin texture and elasticity.

Many different skin problems can be treated with microdermabrasion, such as:

- Sun-Damaged Skin
- Uneven and Granular Skin
- Fine Lines and Wrinkles
- Enlarged Pores
- Blackheads and Comedones
- Superficial Scars
- Some Stretch Marks

When I opened the day spa, I wanted most of all for it to be a wellness center for Barrington to heal the body and soul. And, it is working! We have many packages available or you can pick and choose to make your own.

I hope to see all of you in our studio and day spa soon. Have a happy, healthy Valentine's Day and, most of all, have fun!

Sincerely,
Cathy Ramstadt, Owner
Syd Simons Day Spa

Networking and Calendar Setting Event Scheduled for Barrington

The Have a Heart Networking and Community Calendar Setting is scheduled for Friday, February 11 from 9 AM to noon at the Barrington Area Library. The event is open to individuals representing nonprofit organizations in the greater Barrington area. This is a great opportunity to network with other community organizations, share any ideas for upcoming community events, make new contacts, avoid date conflicts and facilitate planning that can help make each event a success.

The event is cosponsored by The Volunteer Center of Greater Barrington and the Healthier Communities Project of the Barrington Area. The goal of the event is to bring people together to network and coordinate area events and to learn more about how to promote their organizations through the media. In addition, they will

find out what local resources are available.

A special component of the meeting will be presentations on the many types of media available to organizations. This will include everything from the low-tech paper flyer to creating a sophisticated website or posting items on the new kiosk system. Each organization is encouraged to send representatives with the most knowledge about their upcoming events. A master calendar for community events between July 1, 2000 and December 31, 2001 will be compiled to assist in planning for the future.

The event will include presentations by the Barrington Area Library on the North-StarNet program which provides local and regional information about area organizations on the Barrington Library website. The library will provide information and

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- Body Massages
- Spa Manicures & Spa Pedicures
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- Body Facial
- Body Wraps (Lose 6-15 inches)



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Barrington **381-8727**



training on how local organizations can have their own information on this site. They will also speak on websites and offer suggestions on how organizations can create their own websites and links with the library website.

Another presenter at the program will be BVM Communications. They will highlight an interactive information kiosk that will be available at the Jewel in downtown Barrington in February. Shoppers can use the touch-screen menus to get a wealth of information about anything: job opportunities, local government services, community events, volunteer opportuni-

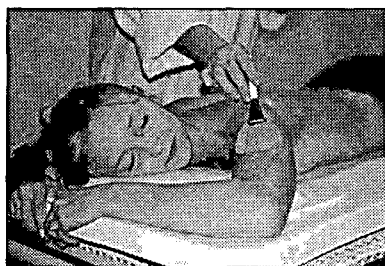
ties and entertainment. The kiosk is co-sponsored by Good Shepherd Hospital.

A continental breakfast will be available along with handouts of updated media lists—a glossary of publicity terms and other guidelines for organizations to use to improve communications. The meeting is free. However, space is limited and reservations are necessary. Please join your colleagues from throughout the community for some valuable networking. For more information and to RSVP to this invitation by Wednesday, February 9, call the Volunteer Center of Greater Barrington at 847-842-9930.

Are You Looking for a Special Way to Celebrate Valentine's Day?

Look no more—we offer the **ULTIMATE** in spa treatments for you and that someone special in your life.

You can **RELAX** and **ENJOY** either an hour or a full day in our salon and day spa.



The power of **RELAXATION** and **REJUVENATION** of the **BODY**, **MIND** and **SOUL**. With hair and spa treatments to make a bad day melt away and the **OPPORTUNITY** to enjoy the rest of your day or night.



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Hours: Tuesday thru Friday 10-8, Saturday 9-4

"20th C. Paris Before the Great War"

"20th C. Paris Before the Great War" is the final topic in the February Seminar Series, "Great Moments in Art History," sponsored by the Barrington Community Associates of the Art Institute.

The years between 1900 and 1914 were among the most exciting in the history of Western art. The center of this activity was Paris. *Les Fauves*, or "The Wild Beasts," was the name an art critic gave to a group of young artists who showed together at the Paris Salon d'Automne of 1905. The painting of Matisse, Derain, Vlaminck and Braque was rigorously opposed to the lyrical charm of Impressionism. Color was not based on nature. Using strident colors applied in a manner that derived from Cézanne, Gauguin and Van Gogh, *Les Fauves* took painting back to basic principles, inspired by primitive art, popular prints and children's paintings. This lecture will focus on this powerful but very brief period as well as comparing and contrasting Braque and Picasso's Invention of Cubism which also occurred in "Paris Before the Great War."

Celia Marriott, Associate Director of Museum Education for Media Programs at the Art Institute of Chicago, attended Vassar College and received a B.A. and M.A. in Art History at the University of Wisconsin at Madison. She received a certificate in film making from the NYU Film School. Her film *Museum* is in the permanent collection in the Museum of Modern Art in New York. Celia Marriott lectures on a wide variety of subjects. Her field is Modernism, but her interests include The



**Juan Gris, (Spanish, 1887-1927).
Portrait of Pablo Picasso, 1912.
Oil on canvas; 36 5/8" x 29 3/16".
Gift of Leigh B. Block, 1958.525,
Art Institute of Chicago.**

Renaissance, Impressionism and the School of Paris as well as the most contemporary art.

The program begins at 1 PM on Thursday, February 24 at the Barrington Area Public Library. The cost is \$12 for members or \$20 for non-members. Checks are preferred. To register or to obtain more information, please contact Lenore Elsner at 847-255-9492. For information on membership, please contact Pat Fein at 847-382-5953.

"Celebrate! A Carnevale Adventure" Sets Sail on Fundraising Odyssey for Infant Welfare Society

An exuberant itinerary of international carnival festivity has been charted for "Celebrate! A Carnevale Adventure," the biennial benefit of the Infant Welfare Society of Chicago Board of Directors and 1,300-member Auxiliary. It will be held Saturday, March 4, 2000, at the Chicago Marriott Downtown, 540 N. Michigan Avenue. The benefit is expected to draw more than 600 Infant Welfare supporters.

"Celebrate! A Carnevale Adventure" will benefit the Infant Welfare Clinic, 1931 N. Halsted Street, Chicago. Founded in 1911, the Infant Welfare Society provides a comprehensive program of medical, dental, social and mental health services to 12,000 disadvantaged children and their mothers. The 1998 biennial benefit raised more than \$525,000 for clinic services.

The gala is an event of WGN-TV Children's Charities, a fund of the Robert R. McCormick Tribune Foundation which supports charitable programs such as the Infant Welfare Society of Chicago. The foundation will add significant dollars to those raised at "Celebrate!"

Honorary Chairs are: Governor and Mrs. George H. Ryan; Lt. Gov. Corrine and Mr. Paul Wood; Mayor and Mrs. Richard M. Daley; Merri Dee, Director of Community Relations; WGN-TV Children's Charities; and WGN-TV Vice President and General Manager John Vitonovic.

Event chairmen are Sherry Schmitter Block and JoEllen Bursinger Zacks.

Chicago Public Health Deputy Commissioner John Wilhelm, MD, MPH, is President of the Infant Welfare Society Board of Directors. Rosalind Hodgkins, Lake Forest, serves as Auxiliary President. Frances Ginther, RN, MBA, is the agency's Executive Director.

Celebrate the Children Awards, which honor individuals and organizations for their generous support of Infant Welfare Society biennial benefit campaigns, will be presented at the gala to: David Doerge; Salvatore Ferragamo; Lynne (Mrs. Paul) Harvey; Jerry Kalov; and Jim and Madeleine McMullan.

"Celebrate! A Carnevale Adventure" will take guests on an international whirlwind tour of pre-Lenten celebrations. The ben-

efit will offer nearly seven hours of continuous live entertainment, with no fewer than six musical acts, a renown dance troupe and dozens of costumed performers bringing the celebratory spirit of "Carnevale" to life. Cuisine inspired by the countries included on the benefit itinerary, specialty beverages and dramatic decor will also echo the exciting "Carnevale" theme.

Guests will begin their adventure by boarding a private Carnevale Express elevator that will whisk them from Chicago to a Bourbon Street Mardi Gras. *Laissez les bons tons roulez* will be the order of the evening as guests are feted by the Spats Studebaker Band.

An excursion to a Venetian Carnevale Market is the next stop on the voyage. The romantic gondoliers will serenade party-goers as they explore and enjoy Harry's Martini and Bellini Bar; an extensive silent auction; Mask Mercato offering creations by students from the School of the Art Institute of Chicago; local celebrities and artists for sale; cocktails; and hors d'oeuvres.

A Samba Parade and Performance, featuring dancers from the Chicago Academy for the Arts, will lead party-goers "on the road to Rio" for a sumptuous Latin-inspired dinner, presentation of the prestigious Celebrate the Children Awards, spectacular live auction, and "cha-cha-chasing" to Samba Bamba! and Monty Cristo's Bop'n Headliners.

A Cruise to the Caribbean will conclude the "Carnevale" odyssey. Stops include the Red Devil Lounge, Martinique, presented by Club Macanudo, where guests can indulge in cigars; Rémy Martin and le jazz hot by the Steve Hashimoto Trio; a dessert bacchanalia; coffee cabana; and a lively Calpyso Casino. A native Pan Panorama by Steel Express will highlight a swing through Trinidad.

Tickets for the event are \$250. Platinum level patron tickets, which include priority seating, program listing and souvenir photo, are \$350. Tables of 10 are \$2,500 or \$3,500 for Platinum patrons.

To receive an invitation or for more information, call the Infant Welfare Society at 312-751-2800, ext. 242.

Terra Museum—"American Friday Nights"

Terra Museum of American Art has announced the schedule of its "American Friday Nights" series for the first half of the year 2000 as follows:

- January 28, Steel Express, Caribbean steel drum music
- February 25, Ku Pono, Hawaiian slack key guitar
- March 31, Jose Valdez Duo, Afro-Cuban jazz
- April 28, Jimmy Tomasello Trio, Rhythm & Blues
- May 26, Sean Cleland Band, Irish folk tunes
- June 30, Eric Lugosch, Fingerpicking good guitar

Guests at "American Friday Nights" are able to view current exhibitions at the museum while enjoying live music furnished by the Old Town School of Folk Music in partnership with Terra Museum.

Held on the final Friday of every month from 5 to 7 PM at Terra Museum, 664 N. Michigan Ave. in Chicago, the events feature live music, priceless art and gourmet refreshments.

Admission to "American Friday Nights" is \$5 for members or \$10 for nonmembers (which may be applied to membership at the event). There will be a cash bar. For further information, please call 312-664-3939.

Classic Photos in Black & White

It's here again. The Black & White Blitz may be your chance to get the classic photo of your kids (or dog, or whatever,) that you've always wanted. Two or three quick and snappy photos will be taken of your special someone and a package will be printed for each one. You'll choose your favorite package for a measly sum of \$46. Sign up today and we'll reserve your spot.

How about a fun class to perk up your winter blahs? We've got everything from our popular photo fundamentals class to new class offerings. Start the millennium right. Start it at **CLIX**.

Classes for Winter 2000

Basic Camera Operation—Tuesday, February 8, 15 and 22; 7 to 10 PM; Teacher: Justine Runvik; Equipment Needed: 35mm manual camera (no point and shoot)—In this beginning class, the instructor will concentrate on loading, focusing, apertures, shutter speeds and other specific functions of cameras. Metering, lenses, flash usage and filters will be touched on. Questions encouraged. Two assignments will be given. Class includes troubleshooting and the book, *Basic 35mm Photo Guide*.

Creative Camera—Tuesday, March 7, 14 and 21; 7 to 10 PM; Field Trip, Sunday, March 19, time to be determined; Teacher: Justine Runvik; Equipment Needed: 35mm manual camera, two rolls of film; Prerequisite: Basic Camera Operation class or a working knowledge of 35mm manual camera—Consider the "Language of Light" in this three-night (and one field trip) nontechnical class. The focus will

be on composition, developing a photographic concept and creative expression. Questions and ideas are welcome. Two assignments will be given.

Handcolouring Black & White Photos—Wednesday, February 16 and 23; 7 to 10 PM; Teacher: Syndi Simon—You've seen it in magazines. You've seen it on cards. Now try it for yourself! Enhance your black & white photographs with hand coloring techniques. Work with colored pencils, watercolor pencils and oils under the direction of photographer and educator Syndi Simon. You'll use your own fabulous black & white photos. Call **CLIX** for your supply list at **815-455-1092**.

"The Family Treasury": A Keepsake for the Future—Wednesday, March 22; 7 to 10 PM; Teacher: Amy Kuhn—Make your family treasure box, an archival box to preserve your family's important events past, present and future. Starting with an acid-free museum quality box, work with designer Amy Kuhn and share ideas while learning the steps in making a keepsake which will hold your family's history for future generations. All supplies included. Call **815-455-1092** with any questions.

Hand-Made Lampshades—Wednesday, March 15; 7 to 10 PM; Teacher: Amy Kuhn—Are you looking for the perfect shade to accent your favorite lamp? Using unique papers, you will learn the fundamentals and make a simple hand-made lampshade with designer Amy Kuhn. Be there for great information and creative ideas!

The Perfect Setting for Your Perfect Day

Create your ideal wedding with ease at **Bull Valley Golf Club**. From its elegant setting to its impeccable service, **Bull Valley** offers the most desirable location for special occasions.

Bull Valley Golf Club's magnificent clubhouse provides an enchanting setting for your special day. The traditional decor of the banquet facilities offers the perfect union of beauty and comfort for your guests. Floor-to-ceiling windows provide spectacular views of nature's splendor. **Bull Valley Golf Club's** English gardens offer a charming setting for outdoor, tented ceremonies or receptions.

Bull Valley Golf Club's knowledgeable catering professionals will assist you in planning every detail of your very important event. Recently introduced, their "Weddings 2000" packages make planning for your special day convenient and effortless. Their Silver, Gold and Platinum Weddings offer fine cuisine and amenities at an excellent value. **Bull Valley Golf Club's** Platinum Wedding includes the following features:

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- Floral Centerpieces with Mirrors and Votive Candles
- Champagne Toast or Unlimited Wine Service with Dinner
- Four-Course Gourmet Dinner
- White Glove Service
- Custom Wedding Cake
- International Coffee Service
- Sweet Table
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- Valet Parking
- Private Coat Room
- Dance Floor

To reserve the perfect setting for your perfect day, call **Bull Valley Golf Club** at **815-337-4411** or visit their website at www.bullvalleygolfclub.com.

Annual Art Fair Applications

The Barrington Area Arts Council is now accepting applications for their 14th Annual Art Fair. The one-day fair will be held along Cook and Station Streets in Barrington on Sunday, June 18, 2000. Estimated

attendance for this event is 3,000. The deadline for applications is April 1, 2000. Applications are available by calling 847-382-5626 or by sending a SASE to BAAC, 207 Park Ave., Barrington, IL, 60010.

The Classic Blitz

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Wednesday-Friday 9:00-6:00
Saturday 8:30-4:00

Lakeside Moms and Tots Kickoff 2000 Membership Drive

The Lakeside Moms and Tots Social Group is now taking membership applications for the new year beginning in February. The self-supporting organization aims to provide a social and educational outlet for parents and their children.

"We are looking forward to the new year filled with many activities and the opportunity provided by these events to meet new people, share ideas and have fun," said Nancy McCullough, President of Lakeside Moms and Tots. "We had a record-breaking membership in 1999—over 190 families and 350 children. It's a great avenue for meeting new friends and learning about all the family activities in our community."

Lakeside Moms and Tots provides a monthly newsletter to each member detailing the current planned activities targeted either for parents and children, moms only or entire families. Typically scheduled outings include tours and trips to such places as the fire station, museums, zoos, libraries, swimming pools, restaurants, pizza parlors, pumpkin patches, bowling alleys, indoor playgrounds, plays and movie theaters, park days, nature walks and holiday parties.

Members of Lakeside Moms and Tots live in Lake Zurich, Barrington, Hawthorn Woods, Mundelein, Long Grove, Kildeer, Deer Park, Wauconda, Island Lake, Grayslake, Palatine, Fox River Grove, Cary, Crystal Lake, Palatine, Arlington Heights

and several other nearby communities. The group invites any parent or caregiver of young children to come to an event and meet new friends.

For more information about joining, please call Suzanne at 847-438-4415 or Nancy at 847-438-3102.

February Calendar of Events

- February 2, 9:30 AM, Member Breakfast, Peace Lutheran Church, Lake Zurich
- February 7, 10:00 AM or 1:00 PM, Valentine Party at The Playgroup, Mundelein
- February 8, 11:00 AM, activity at Noodle Kidoodle, Arlington Heights
- February 12, 2:30 PM, Valentine's Party at Sarah Adams School, Lake Zurich
- February 14, 11:00 AM, Jungle Jim's Playland, Des Plaines
- February 16, 11:00 AM, Open Gym at Wauconda Parks and Rec.
- February 17, 1:00 or 2:30 PM, Chocolate Making Class, Morke's Chocolates, Palatine
- February 21, 1:00 PM, Kid's Movie, Lake Zurich Theater
- February 22, 7:00 PM, Mom's Night Out at Green Garden Restaurant, Lake Zurich
- February 24, 10:00 AM, Tour of Lake Zurich Fire Station
- February 25, 11:00 AM, Lunch at Chuck E. Cheese, Arlington Heights
- February 28, 11:00 AM, Open Gym at Wauconda Parks and Rec.

"Millennium Masquerade" Slated for April 29



Some of the planning board of the "Millennium Masquerade" take time out for a photo.

The Michael Joseph Foundation of Barrington has an eight year tradition of service to the disadvantaged in our community as well as three counties.

The housing crisis in our neighborhoods has attracted much public, political and media attention since 1992. Last year, we raised \$56,000 at our gala. The date of April 29, 2000, is in place for our next gala called "Millennium Masquerade."

Some of our partners are: CEDA (Community and Economic Development Association); Catholic Charities; Connection for the Homeless; Home of the Sparrow; Stabne House; and Wings. Catholic Charities contacted and thanked us for the opportunity to work with us in piecing together the safety net for the poorest of the poor. To emphasize this, the Michael Joseph Foundation is starting the year 2000 with an inventory of 30 apartments and a house with a prospect of adding eight more leased apartments this year.

However, to quote Reverend Boland of Catholic Charities, "The Central Information and Referral Department responds

daily to enormous demands for emergency assistance, particularly housing relief. We cannot realistically plan with families if there are no resources. Members of the Michael Joseph Foundation have greatly expanded the resources available to struggling homeless families in the northwest suburbs; your contributions of cash and contacts in real estate move people into transitional housing; your contributions of furnishings help make an apartment into a 'home'; your contributions of automobiles provide reliable transportation so people can get and hold jobs. These contributions begin to restore the dignity that our clients deserve."

April 29, 2000, will be our next fundraiser at the exquisite estate of the Palace of Collections. There will be a gourmet dinner, silent and live auctions, music and dance. This fun-filled evening will raise funds for another year toward supporting the poor homeless and those at-risk of homelessness. For more information of this volunteer group, please contact Hildegard Zimmermann at 847-382-3375.

Long Grove-Kildeer Garden Club Coffee

The Long Grove-Kildeer Garden Club cordially invites you to a Membership Coffee on Valentine's Day, Monday, February 14, 2000, at 9:30 AM. We're meeting at Reed Turner Woodlands on McHenry Road, just south of Route 22 in Long Grove.

Please come and meet your neighbors and friends and see what we are all about. Our program will be "Versatile Miniature Roses," a 60-minute, hands-on demonstration on potting a rose given by Elizabeth

Abler. You may win our door prize of a beautiful red miniature rose.

If you have an interest in gardening but, as most of us, need some pointers, moral support or just a nudge, we are all looking forward to meeting you. If you like to feel you've done a little something for someone to beautify their world, come help us. Please call either June Treanor at 438-8192 or Sue Lyons at 550-8020 to reserve a spot.

BWC Luncheon to Feature Mike Harkins

The Barrington Woman's Club's luncheon and program meeting to be held Wednesday, February 16, 2000, at Barrington Country Bistro will feature Mike Harkins, Executive Director of the Barrington Historical Society. A social hour will begin at 11 AM followed by the luncheon and program.

Barrington Woman's Club members may make reservations by sending checks for \$25 per person, made out to Barrington

Woman's Club, to Nancy Anderson, 944D Oak Hill Rd., Barrington, 60010, by February 9. Your check is your reservation.

Barrington Woman's Club promotes cultural, recreational and educational activities: monthly programs, eclectic trips, literature reviews and bridge groups. Its fundraising efforts support its philanthropic and scholarship fund. For membership information, please call Doris Morrissey at 847-304-0045.

Enjoy a Unique and Traditional European Menu at Fritzl's

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Fritzl's Country Inn of Lake Zurich offers the discriminating diner exquisite ethnic and continental cuisine, served in quaint chalet surroundings. At **Fritzl's Country Inn** enjoy savory soups and juicy steaks, mouth watering seafood and delightful Austrian, German and Swiss entrees such as Wiener Schnitzel, Sauerbraten, Roast Duck and Rouladen of Beef. Leave room for a luscious dessert such as Apple Strudel or one of the elegant Viennese pastries.

Didn't I tell you **Fritzl's** is unique, a

little different and wonderfully European? Call **847-540-8844** for reservations.

Designated smoking areas are available. There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

Reviewed and recommended by Zagat Survey.

Fritzl's will be open at 4:00 PM Monday, February 14 to help you celebrate Valentine's Day!

Questions About Taxes

by **Steven Pribramsky,**

Steven Pribramsky & Associates, CPAs

With the holidays behind us, it is time to turn our attention to preparing to file our income taxes.

One of the area's leading tax experts has answered some questions that people typically have when preparing their tax records.

How long do I have to keep my tax records?—Generally, the IRS has only three years from the date you file your return to go after you for back taxes. However, I would recommend the following: four years for bills and receipts that support your deductions; six years for bank statements and canceled checks; and I would permanently keep W-2 forms and tax returns.

Last year, I sold personal items through



an internet auction. Do I owe taxes on what I sold?—You owe no tax on items that you sold for less than you paid. But since they were personal items, you cannot claim a loss. If you sold the items for a gain, that is a more complicated issue and I would seek additional tax advice.

Quality Child Care & Preschool Offered

Barrington Community Child Care Center is now offering a 5-day preschool program. The classes are for children ages 3 through 5 years who are toilet trained. The hours for the preschool day are 9:00 to 11:30 AM or 9:00 to 12:30 PM with a hot lunch provided. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Avenue in Barrington, (one block west of Burger King off Northwest Highway).

Registration is now being accepted for all age groups in our child care program also. Have peace of mind while you work and know that your child is in a safe environment. Being at the **Barrington Community Child Care Center** means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the en-

vironment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

Barrington Community Child Care Center is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

Barrington Community Child Care Center offers year around structured activities and care. Registration is now being accepted! We are happily celebrating our 6th year in the community. *Come join the fun!*

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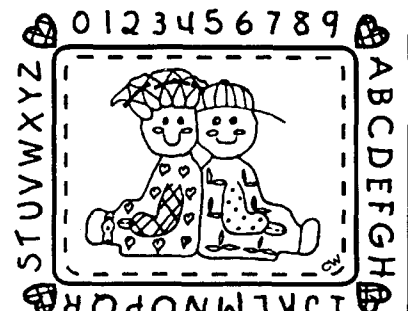
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381-0272

Barrington



Long Grove-Kildeer Newcomers Await You in 2000

There's no better time to come to one of the Long Grove-Kildeer Newcomers Club's upcoming events.

On Tuesday, February 15, Newcomers will host Sue Biemeret of Stevenson High School as its guest speaker. The timely topic will be "Women in the New Millennium." Sue is known for her humorous perspective on life and has some insights for helping us along our new journey. Bring a friend to this entertaining and informative program. Call Sue at 550-8020

for more information.

The year continues to hold exciting events, interesting programs and many activities such as Book Club, Bridge, Bunco, Moms & Tots, Chick Flicks, Out to Lunch, Ethnic Dining, Wine Tasting, Gourmet Group, Newcomers at Night and much more. Whether you are new to the area or have been here for some time, Newcomers offers opportunities to make friends, explore interests and develop your talents. We hope to see you this year.



Rosemary KURTZ

for State Rep. District 64

★ Republican ★

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Fashion Show Extravaganza Set for April 14

Friends of BAAC (Barrington Area Arts Council) are busy planning the 5th annual unique, one-of-a-kind fashion show and luncheon to be held Friday, April 14, at Biltmore Country Club in Barrington. Co-chairmen Kathy Ard and Louise MacKenzie encourage you to save the date for a late morning-early afternoon treat featuring creations and accessories handmade by local and nationally acclaimed artists specializing in wearable fiber art. Many of the selections chosen for the show also come from the juried exhibit

featured in the BAAC Gallery during April, entitled "The Feel of Fiber."

Boutique Returns

A boutique area featuring the exciting work of several talented artisans whose creations include sweaters, scarves, jewelry and more will provide additional opportunity for "A Touch of the Arts" attendees to move into springtime with a flair!

To be put on the invitation list or for additional information, please call the BAAC Gallery at 847-382-5626.

You Deserve a Change! —Vote March 21

Two months from now, March 21, is the Primary Election. I am **Rosemary Kurtz** who ran in the last Republican primary, 1998. I received almost 49% of the vote. This March, I want to win the primary and be your voice in Springfield. I will focus on the needs of our legislative District 64 by obtaining state funding for school construction and our fair share of state money for roads, such as the bypass around Barrington.

I have been active in local government for over 20 years. I know the great importance of property rights and protection of our neighborhoods from new adjacent development. The 64th District deserves a spokesperson in Springfield who will work legislatively to maintain the low density and open space that the villages of the Barrington area have preserved for the last 30 years.

Please vote for **Rosemary Kurtz** in the Republican primary, March 21.



Rosemary Kurtz

Planned Giving by Sharon L. Keller, J.D., LLM

I'm glad to see that we all survived the transition to the new millennium. As of this writing, I have just returned from a week long tax conference in Miami. The conference was extremely informative and exciting (however, I use this term loosely, unless you find 2,700 tax specialists exciting). One topic of discussion was the current ability of many Americans to make charitable donations. This month, I will focus on the "Community Foundation" for the philanthropically-minded individual.

There is a changing desire for individuals to see results of their charitable donations. Bill Gates and his wife recently made a \$15 billion contribution to their private foundation. TV interviews on MSNBC and NBC News regarding current funding of charitable foundations and direct charitable activities by newly made millionaires in Seattle/Silicon Valley indicate such donors' preferences for narrow and specifically directed charitable activities. Michael Milken advised Bill Gates to "Follow Your Passion" in a *Wall Street Journal* op-ed, October 5, 1999, Europe edition. Donor-centered philanthropy is becoming an accepted standard. Increasingly, individuals are beginning to realize that the "whole dollar" has value, not just that portion of a family's wealth that is consumed or passed on to heirs. What is left—the social capital—will pass involuntarily as taxes or voluntarily as charitable gifts.

Today, individuals have many choices, and one choice is to use the community foundation instead of the private foundation as a philanthropic mechanism of choice. Community foundations are among the fastest growing institutions in philanthropy as a result of their attractive tax advantages, high degree of flexibility and tradition of service to donors.

Community foundations began as partnerships between banks and community leaders. Initially, bank trust departments managed charitable endowments and a committee of citizens chosen by representative community leaders supervised the distribution of income and, in some cases, principal for a variety of charitable purposes.

While community foundations are now governed in a number of different ways, each maintains a board that holds the power to vary the use of the funds if literal compliance with a donor's instruc-

tions becomes impossible, impractical, unnecessary or undesirable. This power enables the community foundation to carry out the donor's intent in perpetuity.

More than 400 community foundations now operate around the country. With aggregate assets of more than \$13 billion, they received more than \$1 billion in new gifts and gave an estimated \$753 million in grants to charities in 1995.

The mission of the community foundations is broad. It typically includes keeping and maintaining charitable endowments for their communities in perpetuity, helping donors to manage their philanthropic legacies effectively and acting as a resource for other nonprofits and foundations on grantmaking, administrative and technical issues.

Community foundations are public charities and gather support from a broad spectrum of the public. An individual may receive a gift deduction of up to 50% of Adjusted Gross Income (AGI) for cash gifts to community foundations. For gifts of appreciated property, charitable deductions of 30% of AGI are allowed for gifts to community foundations. In addition, the community foundation can provide expertise in finding suitable grantees and in managing the grantmaking responsibilities of a trust in a manner consistent with the donor's interests.

A donor can easily establish a fund in a community foundation by filling out prepared forms and trust agreements. The community foundation places the contributed assets with a reputable investment manager, often aggregating small funds into large investment pools.

In many cases, a donor can utilize the community foundation's flexible fund options such as:

• **Designated Fund**—The donor specifies funds to a specific public charity (i.e.

(Please continue on page 44)

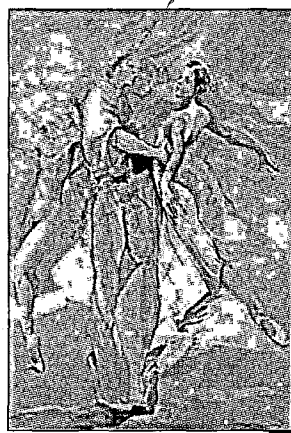


Preview 2000

February 11th, 12th & 13th

at *The Studio of Long Grove*

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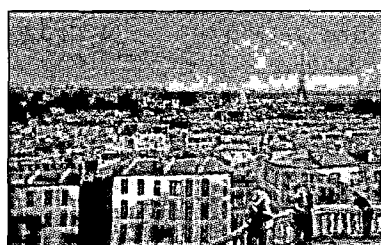
Little Sisters
by Mark Lundeen



Still Life with Blues by Gerry



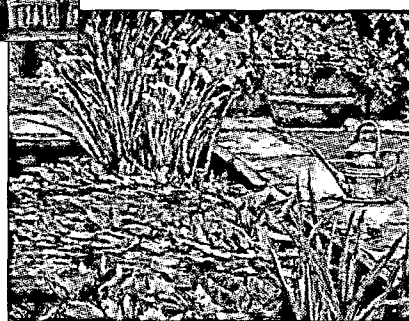
Uliana's Dream
by Markus



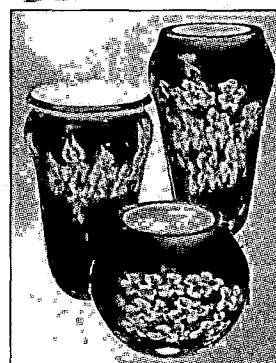
Paris from Sacre-Coeur by Wolton



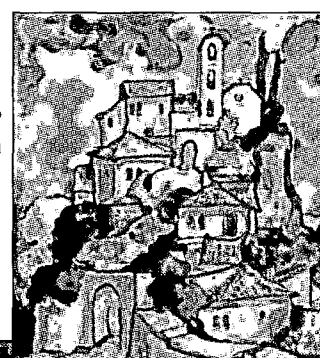
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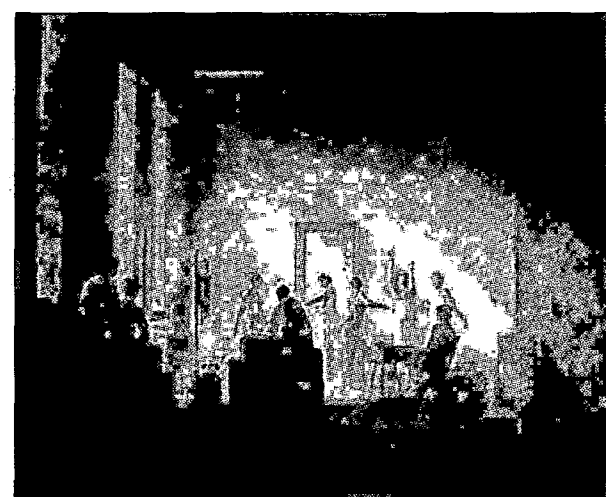
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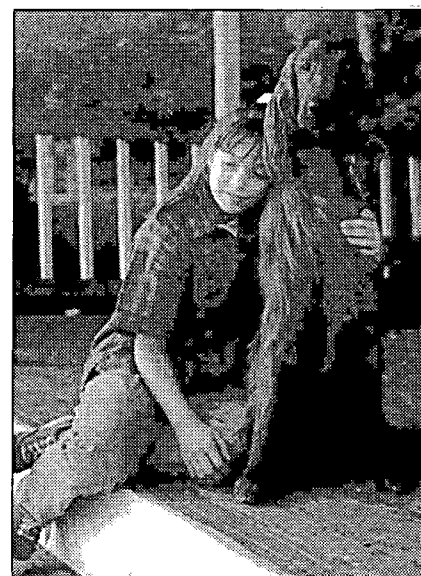
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Long Grove-Kildeer Garden Club Looks Forward to the New Millennium



Pictured are: (l to r) Susan Starykowitz, Luncheon and Fashion Show Chairman; Barbara Schwieter, President Village of Kildeer; and Darlene Rayner, President Long Grove-Kildeer Garden Club.

The members of the Long Grove-Kildeer Garden Club are approaching the new millennium with enthusiasm and energy.

They are pleased to announce that their annual luncheon and fashion show, held at Twin Orchards Country Club in Long Grove during the autumn '99 season, was a huge success. The setting and gracious ambiance of the gala gathering provided a perfect backdrop for the delicious food served and the lovely fashions that projected the theme of "The Natural Woman." The clothing, featured by Talbots of Barrington, focused on a wide variety of fashions from casual to formal. An emphasis was on apparel for day-to-day wear

that is versatile and able to meet the needs of the women of the area. Models that were selected from the club members and local area residents did a wonderful job and projected an air of confidence to move forward to the future in a positive manner. Community pride, a sense of goodwill and friendship and the love of gardening brought this nucleus of area women together. Such luncheons as this one—as well as the monthly club meetings which feature programs related to environmental issues, gardening, landscape design and flowers—reward members with both continuing and new friendships, good times and the knowl-

Poor Report Cards—What to do?

While January marks the beginning of the new year, it is also the halfway point in your child's school year. The skills developed during the first half of the year will be your child's foundation for the more difficult work ahead. Shortly, schools will be distributing midyear report cards.

Report card day brings stress to many families. If you and your child are unhappy about a report card, what should you do? When you look at your child's report card and performance record, the most important things to evaluate are these: Is your child doing his or her best? Is he or she achieving his or her highest potential?

According to Dr. Raymond Huntington, founder and president of **Huntington Learning Centers**, "Parents know their own children. If you believe your child could be doing better than his or her grades show, you owe it to your child to remedy the situation."

"More than current grades are at stake," Huntington continues, "If grades are mediocre or poor, it means your child is not gaining valuable skills. This can come back to haunt your child later. The skills children learn in school are like building blocks. If a skill is not learned adequately, future skills will suffer. When a child tries to build advanced skills on a shaky foundation of knowledge, there is likely to be trouble ahead."

Mediocre or poor grades can result from a variety of problems. Dr. Huntington offers the following suggestions for what to do when a child brings home a poor report card:

1. *Examine the situation realistically.* It's important to remember that every drop in grades indicates that valuable skills are being missed. An effort should

be made to learn and reinforce those missing skills. While this is being done, it's also important to identify and remedy the basic problem, so it does not continue to hurt your child's education.

2. *What is really the problem?* Is there a behavior problem? Sometimes, bright students get bad grades for behavior related activities. Does your child hand in homework? Is it correct and on time? Is your child bored with schoolwork, and so is not paying enough attention? These are not excuses; they are symptoms of different problems. You must identify the problem before you can remedy it.

3. *Talk with your child.* Why does your child think he or she got poor grades? Does he or she take the situation seriously? How does he or she plan to do better? It is important that your child knows you take the situation seriously. Work with your child to develop a plan that will help him to achieve better grades. Let your child know that you are supportive and that you believe in his or her abilities.

4. *Talk with your child's teacher or counselor.* Your child's teacher or counselor is a professional educator. What are his or her observations? What does he or she recommend?

It is important to remember that the difficulty that caused these poor grades may be a serious problem. Your child may have missed one or more important basic skills. It is vital that you get help for your child as soon as possible, before the problem gets worse.

Parents who want additional information or who wish to discuss a specific problem are encouraged to contact the **Huntington Learning Center** in Barrington at **847-382-3655**.

edge that members do make a difference in the communities. Luncheon Chair Susan Starykowitz and her committee are to be complimented for a theme that captured the essence of our communities and for a job well done.

Donations will be made to various local projects in both Long Grove and Kildeer and to the State Garden Clubs of Illinois, Inc. and District IX Garden Clubs of Illinois. The dedicated efforts of our members, guests and area residents made these contributions possible. A big thanks

to all. Our thinking is that each of our guests on the list is special. The President of our Garden Club, Darlene Rayner, announced that this year's list included State Garden Clubs of Illinois, Inc. President Julie Hansen and District IX Garden Clubs of Illinois Director Beverly Seifert. Also in attendance were Barbara Schwieter President of Kildeer, and Willard Helander, County Clerk of Lake County.

Our club looks forward to the year 2000 and beyond.

Offering ThinPrep Pap Smear Test

Michele S. Perlis, MD, Board Certified in Obstetrics and Gynecology, is pleased to introduce the addition of ThinPrep Pap Testing to her practice. The ThinPrep Pap Test is a higher quality test increasing the early detection of precancerous cells. The pap smear is a screening test that has been successful at finding signs of cervical cancer or cells that may turn into cancer cells. While the cervical cells are collected from the patient in the same way, it's the way the cells are sent to the laboratory that makes the ThinPrep Pap Test so different. As a result, a higher quality slide is pro-

cessed to be read. Women, even though they feel fine, should still have pap tests on a regular basis. Thus, any problems can be caught early on.

Dr. Perlis practices personalized and compassionate healthcare for women. She offers complete obstetrical and gynecological services including normal and high risk pregnancies, contraception counseling, menopausal management and gynecological surgery.

New patients are welcome! For an appointment, please call **815-759-8166**.

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Other advantages to tumescent anesthesia for liposuction include:

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If you are dissatisfied with the appearance of your abdomen, saddlebag area, hips, thighs, buttocks, neck or arms, tumescent liposuction can help provide the contour you have always wanted but could not achieve through diet or exercise. Liposuction using the tumescent anesthetic technique is routinely per-

formed in the privacy of our office surgical suites. Call for a free consultation to learn how body contouring by tumescent liposuction can benefit you (and how surprisingly affordable it can be to change your life by changing the way you perceive yourself).

We'd like to remind you that our Dermessentials Skin Resource Center on the second floor of our Crystal Lake office is open to the public between 9 AM and 5 PM, Monday through Friday and Saturday mornings. No appointment is needed, so stop in and look around. You may find what you need for your skin. Free samples are available for many of our skin rejuvenating products so that you may try them before making a purchase.

Also in the Dermessentials Suite is our EpiLight Hair Treatment Center, where you can achieve elimination of unwanted hair from all parts of the body—the upper lip, bikini line, underarms and even large areas like the legs, arms, back and shoulders. In just a few sessions, you can have smooth, beautiful skin unblemished by unwanted hair.

Call **Dermatology Physicians & Surgeons, Ltd.** today at **847-382-5111** or **815-455-4434** to schedule a free consultation about liposuction with Dr. David P. Van Dam in Crystal Lake or Barrington. Doctors J.D. Fallon, Jeffrey J. Berti and Anthony M. Janiga are also available at **Dermatology Physicians & Surgeons, Ltd.** to help you with the concerns you have about your skin.

violence; initial and appropriate pastoral response to victims and their children; appropriate referral sources; legal interventions; premarital counseling (including 'red flags' of potential domestic violence); and case studies with discussion.

Workshops will begin with a registration and a continental breakfast at 8:30 AM and run until 1:15 PM. Cost is \$25. To enroll or for additional information, please contact Autumn Franger, Director of Community Services, at A Safe Place, 847-249-5147.

A Safe Place/Lake County Crisis Center provides shelter, counseling and advocacy services to victims of domestic violence. The center serves residents of Lake, McHenry and northern Cook counties. A 24-hour Help Line staffed by trained volunteers is available at 847-249-4450; TTY 847-249-6557.

Clergy Trainings Set

A Safe Place/Lake County Crisis Center has set the first two workshops on Clergy Response to Domestic Violence for the year 2000. All workshops are held at the Center for Development in Ministry in Mundelein.

On February 16, a Basic Training will be held, focusing on the dynamics and impact of domestic violence, including the Cycle of Violence. Aspects discussed at this workshop include: the effects of domestic violence on child witnesses; barriers to awareness and response; creating healthy awareness; and pastoral strategies for effective initial response.

An Intermediate Training will be held on Wednesday, March 1, for those who have already attended a Basic Workshop. The Intermediate Workshop will offer: recognizing the behavioral realities of domestic

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| <input checked="" type="checkbox"/> lending clarity to the problem | <input checked="" type="checkbox"/> establishing goals |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
| <input checked="" type="checkbox"/> offering support & objectivity | <input checked="" type="checkbox"/> consulting with schools or others |

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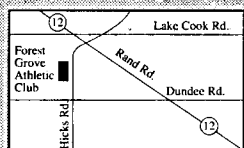
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New Year's Resolutions— Taking Charge of Your Life by Judy Kaplan, MS

The stroke of midnight on New Year's Eve, along with the familiar melody of *Auld Lang Syne*, often precipitates the desire to cancel out the old and start anew. People look forward to a fresh start as the new year begins. With that new start come "the resolutions." Usually, these resolutions are recycled year in and year out—I want to lose weight, get in shape, organize my desk, structure my day, keep in touch with old friends, do some volunteer work, etc. The list goes on and on. I recently heard that health clubs have their heaviest day of the season on January 8. By Valentine's Day, they are back to the normal flow of activity. Why is it that the resolutions that we are so very committed to in December are so difficult to follow

through come January?

Basically, I think that resolutions are the metaphor that people use for "taking charge of their life." Although this seems like a logical thing to do—to be responsible for your life and the course that it takes—it is often easier said than done. Our lives get complicated with all kinds of responsibilities including children, houses, family matters and finances. Our lives don't feel like our own. Options seem limited and perspectives are narrow.

Some of us are perfectionists that would like everything to be "just so." Frequently, these people set their sights on either too many or unrealistic objectives. When they are unable to accomplish their goals, they

(Please continue on page 46)

Neil's Notes

by Neil Wywialowski

Dear Neil,

I am going to be doing some competitive sailing this summer on Lake Michigan, the highlight being a race to Mackinac Island. I am currently on a general strength program for my upper and lower body at the health club. I am also walking on the treadmill and using Body Trek for some cardiovascular conditioning. Is there anything else special I should be doing?

—Kim Flagstad, Deer Park, IL

Dear Kim,

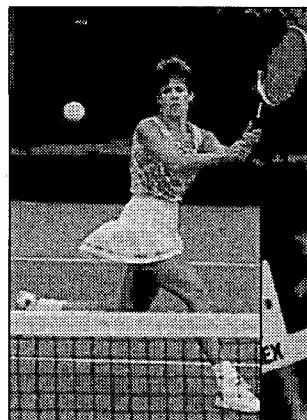
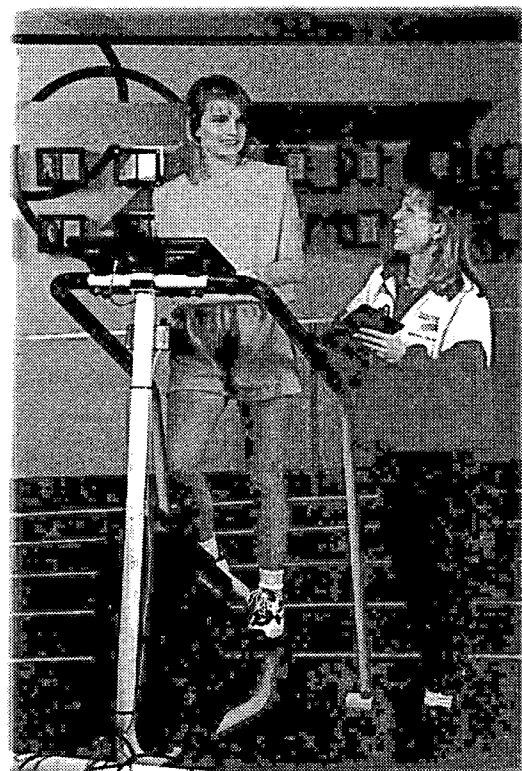
I would add some type of balance activities into your program. These exercises will enhance your race performance. Long term, they may prevent you from spending time in a nursing home when you get older as falls are one of the main reasons for admission into these facilities.

Start by integrating the stepper into cardiovascular program. The key is to stand up tall and not hang on the side rails. Use the same technique for the elliptical trainer and treadmill. Try the following activities to add the component of balance into your strength program: stand on one leg and then the other for five to ten seconds with your eyes open. Do this ten times. Then, progress to doing this activity with your eyes closed. Try walking forward or sideways and turning on a balance beam as well as doing lunges on the beam or a foam roller. Arm curls while standing on one leg or doing a dumbbell shoulder press with a wobble board or foam roller will improve your balance. The key to all balance activities is strong abdominal and back muscles.

Make sure you contract these muscles when doing these activities. Also, work your core muscles (abdominal and back muscles) both dynamically, by doing exercises like sit-ups and back extension exercises, and statically, by contracting and stabilizing your core when you lift weights in general. Good luck!

—Neil

Neil Wywialowski has a BS in Health Education and a minor in Physical Education. He is a licensed athletic trainer and a certified personal trainer. He is also a member of the National Athletic Trainers' Association, National Academy Sports Medicine and the American Council on Exercise. Neil is the Personal Training Director at **Forest Grove Athletic Club** in Palatine, Illinois.



Facelift Surgery

Aging of the face is inevitable. With time, the effects of gravity, genetics and sun exposure begin to demonstrate their impact on our appearance. Fine wrinkles begin to appear at the corners of the eyes. The sharply demarcated jaw line becomes less defined with the appearance of jowls and the smooth contours of the neck are lost. The actual timing of when these events take place varies from person to person. Once these signs of aging become apparent, a facelift, also known as rhytidectomy, could provide the desired facial rejuvenation.

What is a Facelift?

A facelift allows rejuvenation of the lower two-thirds of the face. It addresses the sagging neck, jowls and cheeks. It may be combined with liposuction and tightening of the muscles in the neck to provide a tighter, smoother contouring. The incision for the facelift extends from the patient's temple hairline down in front of and then just inside the ear, and continues around the lobe behind the ear into the hairline. All incisions are placed where they would fall in a natural crease or hidden within the patient's hair. The skin is then raised and the underlying soft tissues are tightened. This places the tension beneath the skin and prevents a pulled or too tight look. The skin is then redraped over the underlying tissues. The excess skin is trimmed and the incisions are closed with fine sutures. Depending on the extent of surgery, the procedure can last from two to four hours. Following the surgery, the patient will have a dressing placed to protect the entire area where the incisions have been made and the skin has been raised. A facelift may also be combined

by Gary S. Churchill, MD



Gary Churchill, MD

with eyelid and forehead surgery to provide rejuvenation of the upper one-third of the face.

What Can the Patient Expect After Surgery?

Most patients report very little pain after surgery, however, there is some degree of discomfort due to the swelling. The patient will be instructed to sleep with the head elevated on two to three pillows. Medication is prescribed to allow the patient to tolerate the mild pain. The dressing that was applied immediately following surgery is removed on the first day after surgery. Recovery usually takes between two to three weeks although most patients are able to go back to work in one to two weeks. The incisions are barely noticeable even early on since they are hidden in natural contours and the hair.

Where Can This Procedure be Performed?

Facelifts are commonly performed at **The Center for Facial Plastic Surgery**. Some patients prefer to spend the night there while others go home following surgery. Either twilight or general anesthesia is used. Facelifts can also be done in the hospital.

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering current lifestyle, exercise and diet habits.

Dr. Berger has had hundreds of satisfied



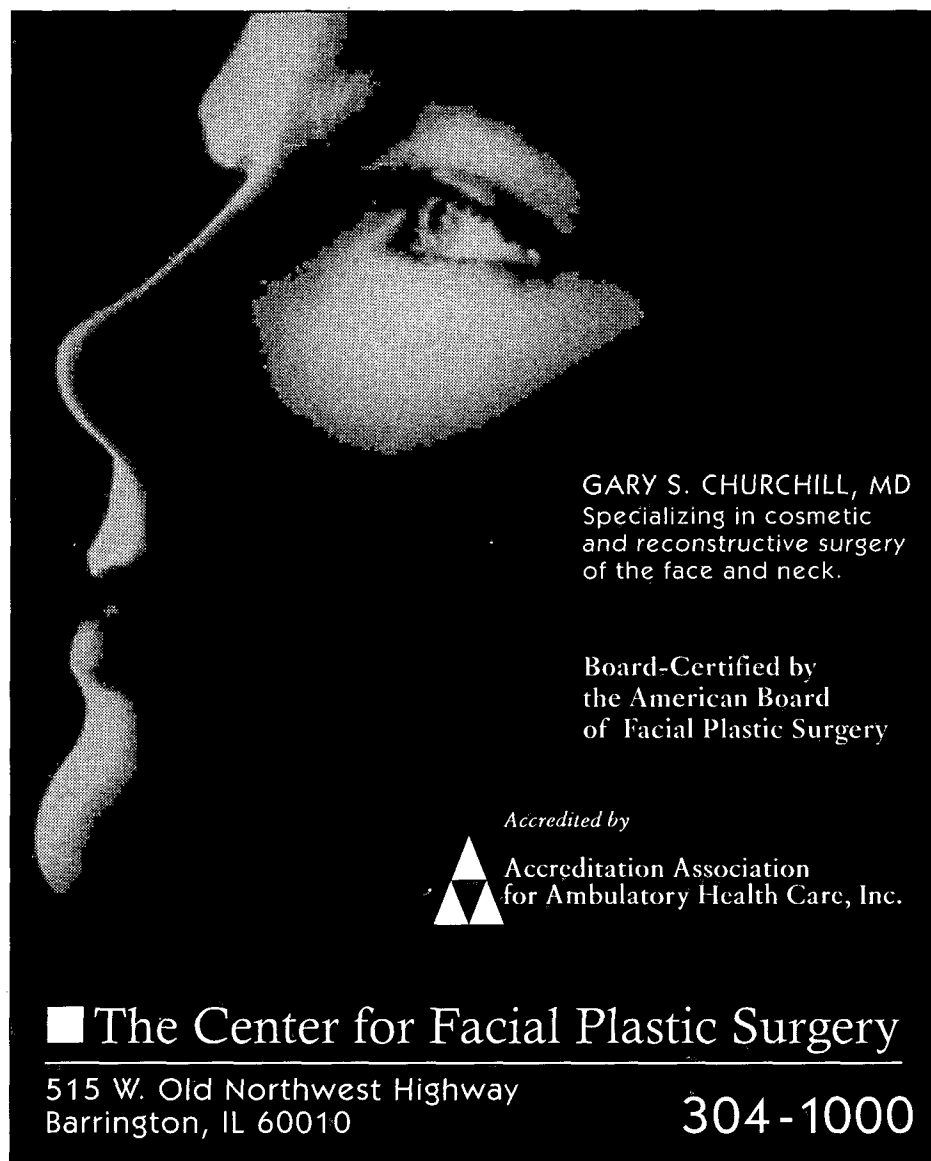
patients and has incorporated the use of a new fat blocker, Xenical®, and an appetite suppressant, into this diet. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **847-438-2454** in Lake Zurich or **630-789-9495** in Hinsdale to make an appointment for your consultation today.

Scholastic Art Show

The Annual North Suburban Regional Scholastic Art Show is again being held at Randhurst Mall in Mt. Prospect from February 3 through 10. Awards will be presented to winning artists during a reception at the mall at 1 PM on February 6.

Barrington art students will be submitting approximately 275 pieces of artwork that will be juried by several judges from the Chicagoland area. Pieces chosen to be in the show will vie for Gold and Silver Key Awards as well as Honorable Mention.



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Dr. Berger has spent 12 of his 16 years in practice in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients face-to-face. His services are covered by most insurance companies (sorry, no HMO).

Dr. Berger is happy to announce the opening of a second office in Hinsdale.

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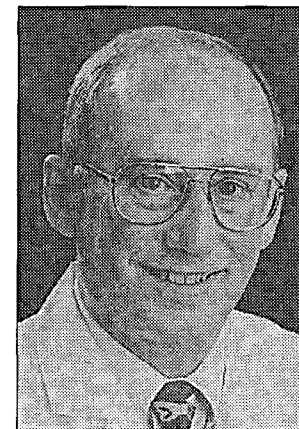
by Raymond Kotz, DDS

Last month, I offered suggestions on how to select your dentist. I noted that dentists who are committed to the highest standards of oral health offer their patients a comprehensive treatment plan to help them achieve this goal.

When dentists are honest about what they find, patients may gasp at the extent and cost of keeping their teeth. Let's make an analogy; if you have a leaky old roof you may temporarily ignore it or you may be constantly patching it. Both result in water damage and inevitably a very expensive new roof.

Many dental patients are in the same situation. But there is hope! Unlike the roof, it may be possible to restore your mouth in carefully planned stages, which eventually result in a healthy, maintainable mouth with little damage and little wasted money along the way. Dentists call this "Phased Treatment."

However, there is a limit to how slowly you can progress and still keep your teeth. Insurance companies frequently dribble out inadequate benefits that will not keep up with even Phased Treatment. Reliance on these benefits alone may not



be adequate to help you achieve oral health and keep your teeth.

Communicate with your dentist. Be honest about what is financially possible, not just comfortable, and beware of a dentist who always seems to fix what your insurance company will cover that year.

Achieving the highest standards of oral health may not be easy, but the end result of a healthy, comfortable mouth is well worth the effort.

Dr. Raymond P. Kotz can be reached by calling 847-381-4040 in Barrington.

Jazz Bands to Compete in Festivals

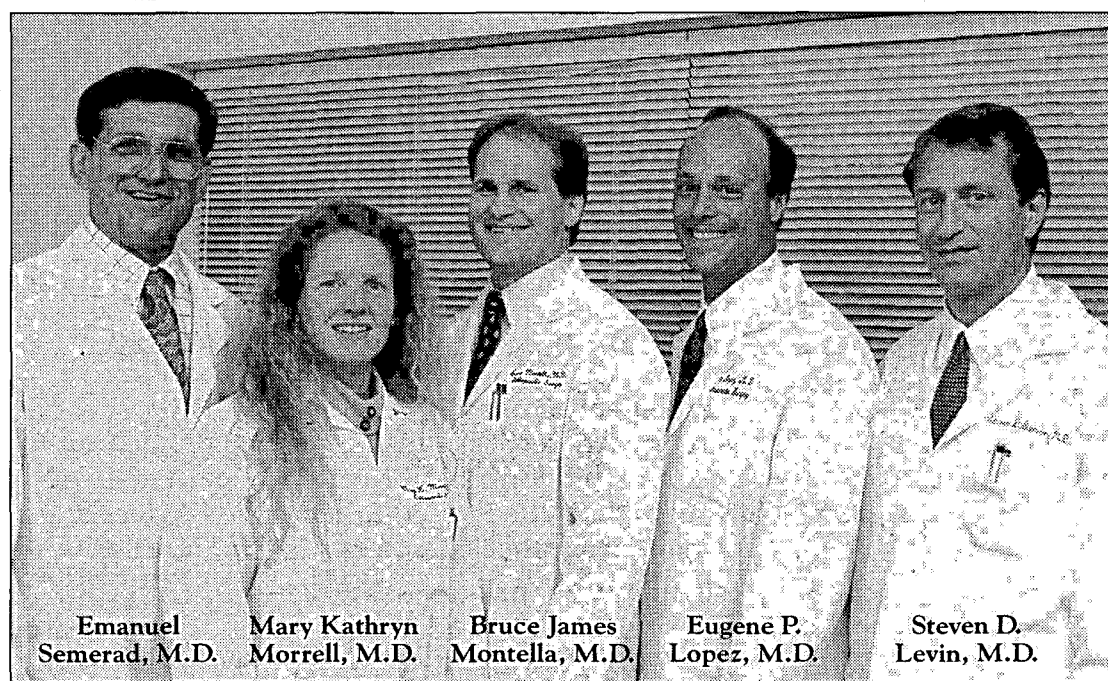
The Barrington High School Jazz Ensemble will perform at the New Trier Jazz Festival on Saturday, February 5, with the ROPA Big Band as featured guests.

The BHS Rithum Machine and the Rithum Machine Combo will perform at

the Jazz In The Meadows Festival at Rolling Meadows High School on Saturday, February 26.

Both of these festivals are open to the public. Please contact Randy Karon at 842-3250 for further details.

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7. Focus on your progress. Review weekly.

8. Use leisure time to promote a healthy lifestyle, e.g., go for a walk first thing in the morning or right after dinner.

9. Look for ways to increase your activity level, e.g., stairs vs. elevator.

10. Reward yourself.

Call **Personalized Fitness, Inc.** today at **847-277-7746** to schedule a complimentary assessment or to sign up for your first training session. We have studios in Palatine, Barrington and Buffalo Grove. We also offer in-home fitness training for added convenience.

Our certified staff of trainers, therapists and doctors are ready to help you follow through on your fitness resolution. If you promise to get fit, we promise to help!

BARNO Scholarships

The Barrington Area Nurses Organization is again offering scholarships to assist individuals who have been accepted and seated into an accredited school of nursing; students presently enrolled full time in a nursing program; or any registered nurse pursuing a Bachelor Degree in nursing, a Master's in nursing or an Advanced Practice Nursing Degree. Applications will be accepted from students residing within the Good Shepherd Hospital service area. This includes the following zip codes:

60010, 60012, 60013, 60014, 60021, 60042, 60047, 60050, 60060, 60067, 60073, 60074, 60098, 60102, 60110 and 60118.

The deadline is March 25, 2000.

Money from these scholarships will be applied toward payment of tuition for the 2000-2001 school year. Further information may be obtained by contacting: Josette Carpenter, 847-639-7343; Susan Julian, 847-382-9284; Sharon Lundstrom, 847-382-5653; Judy Ritter, 847-382-5345; or Marilyn Woodruff, 847-550-1898.

The Welcome Wagon Club of Palatine

A coffee is held for prospective members every month. Coffees are held in members' homes and refreshments are provided. In February, our coffee will be on Tuesday, February 15. Please call Beth at 847-359-7725 for more information.

Luncheons are held each month September through June at a local restaurant. Please call Arlene at 847-776-6228 or Becky at 847-303-5738 for more information.

Different social activities are planned to involve spouses and significant others in

the group's activities. Our Road Rally will be held in April. And in May, a Kentucky Derby Party is planned.

Our club provided Christmas gifts and food for a needy family of four. In addition, we gave gifts of clothing to three residents of a local nursing home.

If you are a woman who is new to the Northwest Suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, please call Ginger at 847-202-2399 or Jay at 847-358-6526.

Barrington Rotarians Help Eradicate Polio in West Africa

Few Barrington Rotary Club members know much about Timbuktu, Ouagadougou or any of the other major cities in 13 West African nations hugging the Atlantic coastal region just between the equator and the great Sahara desert. But all of them know that those nations are among the last few where the dread disease Polio must be eradicated in the year 2000 in order for Rotary to achieve a world certified free of Polio by 2005.

Club President Lawrence Irwin explained that the eradication of Polio and certification that the world is free of Polio has The Rotary Foundation's highest priority this year. That was why the Barrington Rotary Club joined with 22 sister Rotary clubs here in Northeastern Illinois to provide funds to equip one of the five Polio surveillance stations that local Rotary District 6440 is supporting in West Africa.

The club, like most others in this area, usually concentrates on local community service projects. But the eradication of Polio is a task in which the club has a strong interest. The last known case of Polio in the western hemisphere was reported in 1991. Rotarians, however, realize that until Polio is eradicated worldwide, a possible new outbreak is just a plane ride away.

The Barrington Rotary Club donation of \$750 helped put together a total of more than \$21,000 to be matched by The Rotary Foundation. Since the start of Rotary's involvement in the fight against Polio, this group of 23 Northeastern Illinois clubs has donated more than \$673,000 to Polio eradication. One billion children have been immunized in a worldwide effort for which Rotarians have provided more than \$450 million since the first Polio pilot project in The Philippines in 1985.

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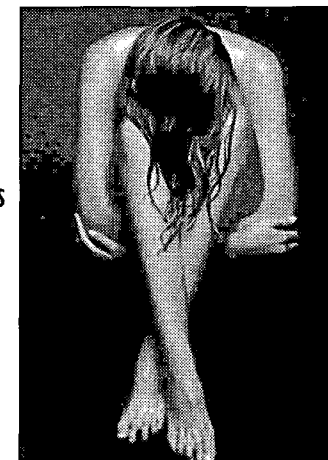
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Holiday Food was a Big Success

We would like to thank all our staff and our patients for their overwhelming contributions to our first annual Holiday Food Drive. With your donations, we were able to deliver 120 non-perishable food items to the Palatine and Barrington pantries.

It is refreshing to know that our community remembers the true spirit of the holidays by giving a small part of themselves—a small part that means so much to so many people. It is very easy to lose sight of the true meaning of the holidays during this busy time of year. To all those that did participate, we would like you to remember this quote by A. Neilen: "If you have not often felt the joy of doing a kind act, you have neglected much, and most of all yourself."

Although our contributions helped many, we hope that future food/clothing drives will be able to benefit even more lives than we touched this year. The kindness and generosity of our families is only one of the many reasons why our practice is so successful.

We would like to extend our warmest wishes to all our families in this new year.



Dr. Michael Hayward

Keep Your Heart Healthy— What Women Need to Know

by Carole Childers, C.N., L.N.C., All Ways Healthy

Each year, more women die from cardiovascular disease, including stroke, than men. In fact, it kills more women than any other disease in America. That's the bad news. The good news is that heart disease is preventable. In fact, comprehensive lifestyle changes, without drugs or surgery, can actually reverse the process of heart disease. According to Dr. Dean Ornish, author of *Dean Ornish's Program for Reversing Heart Disease*, you can prevent heart disease 90% of the time and reverse it 80% of the time.

A study in the *British Medical Journal* showed that even though American women feared breast cancer more than any other illness, in fact older American women succumb to heart disease eight times more often than they die of breast cancer. In post-menopausal women over age 55, estrogen deficiency is commonly believed to be a significant cause of heart disease. However, many other characteristics also create the risk of heart disease such as stress, diet, high blood cholesterol levels and life-style (smoking, alcohol consumption, etc.) Though hormone replacement therapy can reduce heart attack risk, synthetic hormones have their own risks, including cancer.

The safest and most effective way to prevent and reverse heart disease is to practice healthy habits. Here are some steps you can take towards combating heart disease.

- Follow a healthy diet and reduce your intake of cholesterol and fat. Our bodies manufacture a cholesterol from dietary fat. Saturated fat increases clotting, raises LDL ("bad" cholesterol) and lowers HDL ("good" cholesterol). Saturated fats are found in animal foods, coconuts, cocoa,

margarine and palm and coconut oils. Cholesterol only occurs in the animal kingdom; if you're a strict vegetarian, you won't ingest any. By replacing animal protein with soy protein, you can significantly decrease your total cholesterol.

- Stop smoking. Cigarette smoking injures the arterial lining, constricts coronary arteries, lowers HDL cholesterol and increases the formation of blood clots. Alkalizing foods such as spinach, beets, greens, figs, raisins and almonds can help you gradually wean yourself from smoking by keeping nicotine circulating in your blood longer.

- Manage stress. Stress leads to high blood pressure which significantly increases your risk of heart attack. Although stress is an unavoidable part of life, the ideal response is to respond to difficult situations quickly and then relax. Try to laugh more. Join a yoga class or simply take a long walk.

- In addition to a healthy diet, the following supplements have been shown to be effective in maintaining a healthy cardiovascular system: Folic Acid, Vitamins B6 and B12, Carotene, Vitamin C, Vitamin E, Chromium and Coenzyme Q10. Also Garlic, Onion, Ginger, Cayenne and Hawthorn have long been associated with cardiovascular benefits.

Remember, it's never too late to care for your heart, even if you already have arteriosclerosis or have suffered a heart attack. By taking the time to practice healthier habits, you'll be paving the way for a healthier heart.

For more information or a personal consultation, call 438-9200 or visit **All Ways Healthy** at 123 S. Rand Rd., Lake Zurich.

Barrington Band and Orchestra Florida Tour

The Barrington High School bands and orchestra have been selected to perform at Walt Disney World and Universal Studios in Orlando, Florida. The Marching Band, Rhythmic Machine Jazz Band, Concert Band, Symphonic Band, Color Guard and Orchestra will be performing at Walt Disney World and Universal Studios as

well as participating in several workshop clinics offered by the Disney professionals. The tour date will be April 12 through April 16, 2000. The BHS Band Director is Mr. Randy Karon. The Orchestra Director is Mr. Ronald Velleuer. The Color Guard Sponsor is Mrs. Barbara Karon.

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Hospice of NE Illinois Receives Donation



Members of the Daughters of the British Empire, Barrington Court, recently presented a check to Hospice of Northeastern Illinois for use in the Hospice Bereavement Services program.

Bereavement services support individuals as they deal with the passing of a loved one. Services include one-on-one counseling, education and resource materials, grief support groups for all ages, and Camp Courage, a day camp for children aged 6-12 who have lost a family member.

The Daughters of the British Empire are a national charity organization founded in Chicago in the early 1900's to foster community relations through the support of

nonprofit organizations. Pictured above are: (l to r) Hospice Director of Patient Care Services Linda DeTerlizzi; Cynthia Millar of Buffalo Grove, Regent of the Daughters of the British Empire; and Carol Dymond of Barrington, Vice Regent.

The Hospice of Northeastern Illinois is a nonprofit community-based organization serving over 137 communities and six counties in the Chicagoland area. HNI specializes in meeting the needs of patients with life-limiting illnesses and their families by providing primary caregiver services including physical, emotional, spiritual and practical needs for patients in a home, nursing home or hospital.

Feel Good and Look Great

The doctors at **Total Health Concepts, Ltd.**, an Elk Grove Village based medical clinic, are happy to introduce new ways of treating patients by combining years of medical experience with the latest advances and techniques in 21st century technology.

"We are very excited about our new wave laser equipment," says W. Mark Iwanicki, MD and founder of **Total Health Concepts, Ltd.** "We can do things now that we couldn't imagine of doing just a few years ago."

Now, unsightly spider veins can be effectively treated with lasers, no needles and practically no pain. The VascuLight Laser utilized for this procedure is the last word in vein treatment.

PhotoDerm, the most sophisticated laser-like device, is very effective in long lasting hair removal from all parts of the body. An amazing "flash of light" can gently remove unwanted hair for both men and women. No more waxing or electrolysis. Doctors can also effectively treat portwine stains, age spots, stretch marks, remove tattoos and large post surgical scar tissues (Keloids). Patients may enjoy instant wrinkle treatment with Botox injections.

Patients are invited to visit **Total Health Concepts, Ltd.** for total care. They stress the approach of total well-being. Plus,



At Total Health Concepts, Ltd., their doctors combine years of medical experience with the latest techniques in 21st century technology, such as VascuLight lasers for spider vein treatment and PhotoDerm lasers for hair removal. For more information, call 847-228-3151.

they teach concepts in proper diet and weight reduction.

Total Health Concepts, Ltd. is particularly sensitive to women's needs in all stages of life. They feel you should feel good and look great, regardless of age.

Dr. Iwanicki and Dr. Chudik have been practicing medicine in the Schaumburg area for over 20 years. "We get older together with our patients and we understand their needs." Their friendly staff is waiting to help you.

The office is located at Wimmer Plaza—Professional Building, 810 Biesterfield Road, Suite 104, adjacent to Alexian Brothers Medical Center in Elk Grove Village.

For additional information or directions, call **847-228-3151**.

Achieve Your Fitness Goals with Fitness Partners' Personal Training

It is well known that athletes, models and fitness conscious celebrities rely on their personal trainers to keep them fit. However, a variety of fitness seekers—novice or experienced, affluent or not—can gain from the guidance of a personal trainer.

There are numerous reasons to consider hiring a personal trainer. Most good reasons relate to the need to have knowledgeable guidance on the science of exercise. For example, resistance strength training is an increasingly popular method of exercise, especially among women. Yet many participants, male and female alike, do not have a good understanding of how to strength train effectively and safely. An appropriately experienced and educated fitness trainer will improve the effectiveness, efficiency, safety and results of most any fitness enthusiast.

Fitness Partners, Inc. can develop and guide you through a balanced exercise program tailored to your fitness goals, health concerns, lifestyle and budget. Whether you're seeking extensive supervision or periodic services, a variety of program options are available from **Fitness Partners**.

Our exercise programs are designed to achieve an balance of muscular strength and endurance, cardiorespiratory fitness and flexibility, and also to enhance general fitness, physical appearance, quality of life and/or athletic performance.

Fitness Partners is committed to providing the highest quality and best value

Reasons to Consider Hiring a Personal Trainer to Assist You with Your Fitness Program:

- You're inexperienced with exercise.
- You haven't participated in regular exercise recently.
- You have periodic lapses in your commitment to exercise.
- You want to improve the effectiveness of your exercise.
- You want to be more time efficient with your exercise.
- You want to add variety to your exercise routine.
- You're training for a specific purpose or goal.
- You respond to guidance and motivational support.

in fitness services by exceeding the common standards of personal training service. **Fitness Partners** will take the time to educate you on the principles of fitness and exercise, teach you to exercise independently, regularly adapt your exercise program, guide you on appropriate nutrition and provide the motivational support you need to stick with your exercise program. By following your **Fitness Partners** program, you will achieve your fitness goals!

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, at **847-991-5230** to discuss your fitness goals.



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Classic Arts Trio to Perform



The Classic Arts Trio

Members of the Classic Arts Trio—Stephanie and Walter Preucil and William Koehler—are on a never-ending mission to bring quality chamber music to their audiences worldwide. On Friday, February 11, their mission will expand into The Presbyterian Church of Barrington on 6 Brinker Road in Barrington as they perform a benefit concert at 7:30 PM.

The concert will feature compositions by Hayden, Rachmaninoff and Arenski. Proceeds from the evening program will go into the general mission fund of the church for its work with "Joyful Hands—Habitat for Humanity," a project to build a Habitat for Humanity home in the area. (The Presbyterian Church is part of this project along with eight other local Barrington churches.) In addition, funds will help make possible a summer trip to enable the youth of the Barrington church to work on a mission project.

The Preucils are themselves members of The Presbyterian Church of Barrington.

Tickets for the mission concert are \$18 for adults or \$6 for students. For more information, please call the church office at 847-381-0975.

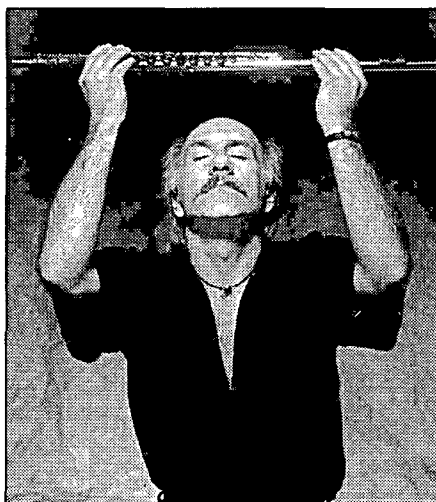
Progressive and Modern Jazz Performance

The Barrington Area Arts Council (BAAC) invites you to experience the progressive and modern jazz sounds of Michael Mason, flutist, arranger/composer, and his ensemble on Saturday, February 26, 2000, at the BAAC Gallery at 207 Park Avenue, Barrington.

Mason, to date, has recorded three compact discs for the Chicago-based Southport Records and studied with Joseph Zerov of the Chicago Lyric Opera and other accomplished musicians. His first influence as a flutist was Ian Anderson of the rock group Jethro Tull. Along with early influences by jazz masters Rahsaan Roland Kirk, James Newton and Miles Davis, Mason's personal style is constantly evolving from somewhere deep within.

"Jazz is the spiritual essence of my music and my soul," says Mason.

The performance is at 8 PM. Tickets are \$14 for BAAC members, \$16 for nonmembers or \$12 for students/seniors. For



Michael Mason, flutist, arranger/composer, and his ensemble will appear on February 26.

tickets or for more information, call the BAAC at 847-382-5626.

February Barrington Welcome Wagon Luncheon



Pakako Bassett will entertain the ladies by playing her Koto, a Japanese harp, at the Welcome Wagon of Barrington's February luncheon.

The February luncheon of the Barrington Welcome Wagon will be held Tuesday, February 8, 2000, at the home of Marie Carfagno.

This luncheon is going to have a Japanese theme and will be an inviting and peaceful respite from the doldrums of winter. A Japanese lunch will be prepared and served by several of our talented members. In keeping with the Japanese theme, Pakako Bassett will entertain the ladies by demonstrating her musical skills on the Koto, a Japanese harp. She will be

accompanied by a friend who will play the Shakuhachi, an instrument we may call a flute.

Mrs. Bassett and her husband will be bringing various Japanese artifacts on which they will comment and explain. They will also lead a discussion on the Japanese culture. Please plan to attend this entertaining and informative event.

The social hour begins at 11 AM, lunch at noon and the program at 1 PM. The cost is \$22. For information, call Joan at 382-0886 or Ann at 277-7700.

Children's Theatre Presentation



The Eileen Boevers Traveling Troupe

Catch the excitement on Monday, February 21, (no school) as the Barrington Area Arts Council presents Children's Theatre at the Gallery. Children, enjoy the talents of your peers as The Eileen Boevers Traveling Troupe, a group of professional level child performers, presents musical revues of music and dance from familiar

musicals, popular movies and children's films.

Performances are at 11:00 AM and 12:30 PM at the BAAC Gallery, 207 Park Avenue, Barrington. Tickets are \$6 for BAAC members or \$8 for nonmembers. For tickets or for more information, call the BAAC at 847-382-5626.



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Challenger Learning Center Hosts Gala Dinner

The Challenger Learning Center will host its second annual dinner at 6:30 PM on Saturday, February 19, at the Elgin Crowne Plaza. The dinner will raise funds for the Challenger Learning Center and Idea Adventures Children's Museum.

Dr. June Scobee Rodgers, one of the founders of the Challenger Learning Center and widow of Astronaut Dick Scobee, Commander of the Space Shuttle Challenger 51-L Teacher in Space mission, will be the guest speaker.

Ms. Rodgers, who holds a Ph.D. from Texas A&M University, has recently appeared on CNN News, Good Morning America, Dateline, The Oprah Winfrey Show and 60 Minutes promoting innovative educational partnerships that help communities prepare to meet our nation's goals.

The families of the Challenger astronauts founded Challenger Center for Space Science Education in 1986 to continue the crew's educational mission. With her educational credentials and commitment to the Teacher in Space program, June became a leading force for the Challenger Center organization and its mission.

The Challenger Center has received numerous awards. In 1992, the U.S. Department of Education recognized it as one of the country's most innovative projects for

teaching science and math.

Ms. Rodgers will also be available to sign copies of her book, *Silver Linings: Triumph of the Challenger 7*, an inspirational story about the tragic event that changed her life. In *Silver Linings*, she relates her personal journey and how she found joy in the midst of sadness and triumph in the Challenger tragedy.

Tickets for the dinner, which include a silent auction, are \$60. To order tickets and make a reservation, call 815-356-9985. Tickets must be ordered no later than February 12.

If you would like more information on the Challenger Learning Center or the Idea Adventures Children's Museum, contact Cindy Lind at 815-356-9985.



Dr. June Scobee Rodgers
will be guest speaker.

Hospice Expands Foundation Development Staff

Carol Peltier, President/CEO of Hospice of Northeastern Illinois (HNI), Barrington, has announced the appointment of Colleen Novak to the position of Associate Director, Development, and Jeuley Ortengren, Associate Director, Public Relations for the Hospice Foundation.

The Hospice Foundation was established in 1992 to provide fund development for patients with life-limiting illnesses and their families. The Foundation supports uninsured patient care, surrogate caregiver services for patients who have insufficient funds for private care and bereavement and community education programs to support those with grief issues.

In her new position in Development, Novak will serve as the United Way liaison, be responsible for corporate and Foundation relations and special event implementation. A resident of West Dundee, Novak most recently held the position of Director of Development for

Easter Seals, Elgin. She has over 10 years of experience in fund-raising and has also held positions as Executive Director for the United Way of Elk Grove and the YMCA in California. A graduate of Western Michigan University, Kalamazoo, she holds a BBA degree.

As Public Relations associate, Ortengren will serve as the liaison for area media and advertising for both Hospice and Hospice Foundation. She has extensive experience in public relations for non-profit organizations including positions with Good Shepherd Hospital-Advocate Health Care, Barrington; the Kennedy-Donovan Center, Boston; the Girl Scout Council of St. Louis; and Kansas Public Television. She has been a reporter for several daily newspapers in Massachusetts and served as a free-lance reporter for *The Boston Globe*. An eight-year resident of Barrington, Ortengren received her BA in Journalism from the University of Florida, Gainesville.



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Citizens for Conservation "Adventures in Nature Study"

While all classes are geared for children, adults are welcome and encouraged to come. The cost for each class is \$4 for members or \$6 for non-members. (No fee for adults who come with a child.) Many children who sign up with the Junior Naturalist Program attend these classes. Special classes can be arranged for school groups, scouts and other organizations at the membership rate. All students must register one week in advance. Please call CFC at 847-382-SAVE (7283) with any

questions.

Monday, February 21 (Presidents Day) —Animal Tracks, Crabtree Nature Center, 2:00 to 3:30 PM. Each footprint tells a story, especially in the snow. We'll learn about a variety of animals from their footprints and decipher what they've been doing during the winter. Ages 7 and up.

Crabtree Nature Center is in Barrington Hills on Palatine Road, east of Algonquin Road and west of Barrington Road. Call 381-6592 for more information.



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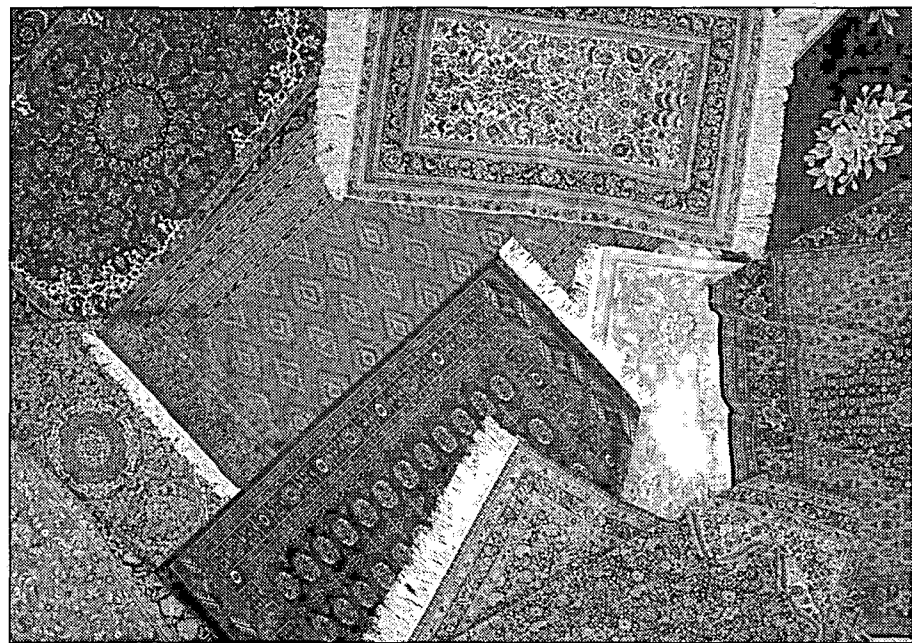
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Rugport is able to offer low prices on quality handmade Oriental rugs because **Rugport** is a direct importer and sells retail and wholesale. Compare our price, selection and quality on fine Persian rugs

which include Tabriz, Heriz, Serapi, Isfahan, Nain, Kashan, Sarouk, Mashad, Qum and many more. **Rugport** is a family-oriented business which prides itself on being professionals in the art of handmade rugs.

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Visit **Rugport** for the largest selection of nomadic and city-made Persian and Oriental rugs. SEEING IS BELIEVING!



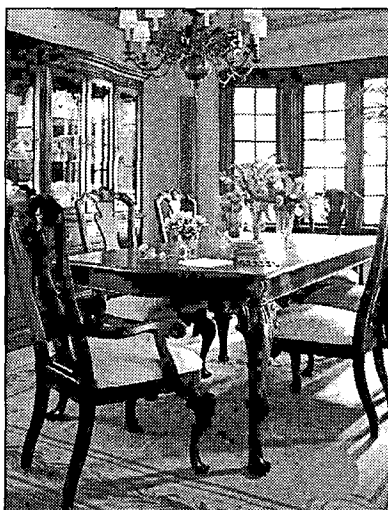
LIFESTYLES

Homes & Interior Designs Section

Thomasville's Winter Home Event

Don't miss **Thomasville Home Furnishings of Crystal Lake's** Winter Home Event! This storewide sale will continue through February 22, 2000. Save on bedrooms, dining rooms, entertainment centers, accessories, Stiffel lamps, Frederick Cooper lamps and more. Take this opportunity to get the items you've always wanted with over 12,000 square feet of complete **Thomasville** furnishings to choose from. (Delivery service is available at a nominal charge.)

Thomasville Home Furnishings of Crystal Lake is located in the Crystal Lake Plaza on Route 14 at Virginia Road near the Eagle Shopping Center. Store hours are: Monday and Thursday, 9:30 AM to 8:00 PM; Tuesday, Wednesday, Friday and Saturday, 9:30 AM to 5:30 PM; and Sunday, noon to 4:00 PM.



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from **K.D.A.**

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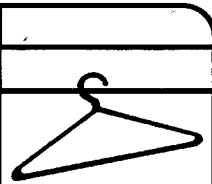
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Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

Closet Masters. Your Local Closet Professionals.

Green Thumbs Garden Club February Meeting

The Green Thumbs Garden Club for its February meeting has invited Mel Zaloudek from Triton College Horticulture Faculty to speak to the club on the proper techniques for pruning woody ornamentals in the garden.

Mr. Zaloudek, who has published articles in *American Nurseryman* and *Chicagoland Gardening Magazine* will not only demonstrate through slides how to prune correctly but also how to create an esthetically well-proportioned specimen. He will also show the various tools

used in pruning and demonstrate which ones to choose for different pruning projects. As an extra bonus, he will recommend sources of technical information that the pruning novice can access before starting a job.

The meeting will be held on Monday, February 21, 2000, at the Barrington Area Library, 505 N. Northwest Highway, at 12:30 PM. Guests interested in membership are welcome to attend. For more information, call 847-381-5358.

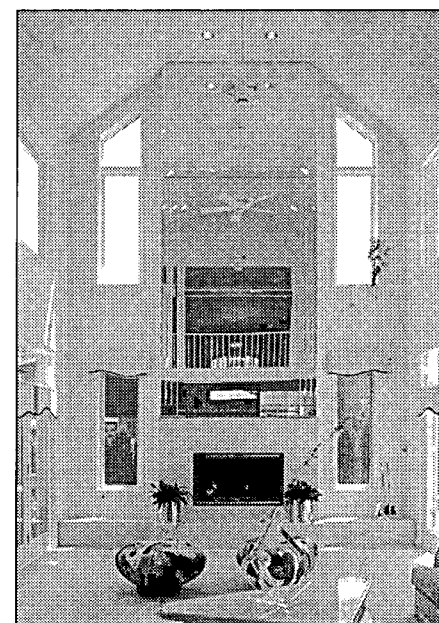
The Magic of Mirrors

Years ago, the average home featured a rather mundane bathroom. Builders would skimp on the size. And frankly, the only mirrors were usually a small mirror clipped over the vanity. Times have changed. Today's discriminating homeowner demands the ultimate when it comes to the bathroom. It's a stressful world out there and many people find that they can luxuriate in their whirlpool and relieve stress. Mirrors create an atmosphere that makes you want to pamper yourself.

The fireplace shown on the right required the combined skills of the designer and the skilled craftsmen final touch. The unique custom beveling design ties in beautifully with the existing windows.

Allen Pritikin, President of **Creative Mirrors** and resident of Barrington, is considered to be one of the mirror industry's most innovative designers.

Creative Mirrors, the company that showed the nation how to decorate with mirrors, has been the leading source for truly innovative custom mirror work used in many of the homes and businesses throughout the area. Mr. Pritikin's expertise and commitment is in helping his clients to not only beautify and expand their space, but also to achieve this at unbelievably low cost. Builders count on his creativity to enhance their model homes.



Mirrors brighten, expand and beautify!

Pritikin is always available to those who request his personal attention and guidance. He suggests you contact **Creative Mirror Designs** at 1-800-255-1166. Mention *Lifestyles* and he'll set up your personal appointment with him. You will never realize the potential in mirrors until you discover the extent of this designer's knowledge and creativity. It's well worth a consultation.

Buy a Filter or Be a Filter.



Bill Schafer—President



Joe Schafer—Vice President

Water is supposed to be healthy and good for you, but the more you hear, the more you realize how many potentially harmful chemicals are in everyday tap water. As you get yourself or your child a glass of water from the kitchen faucet, do you know what you are really drinking? Are you tired of smelly, dirty water that leaves hard to clean rust stains on sinks, toilets and tub fixtures? Even if your home already has a water softener system, it still doesn't protect you from the chemicals in the water.

There are so many other things to worry about when it comes to the health of you and your family. You shouldn't have to worry about something as simple as the water you need for everyday life. Let **Schafer Builders Inc.** help with a free analysis of your water to determine the system requirements best suited for your needs.

Conditioned water adds much to the quality of your life. Just think about how convenient having a water treatment system installed in your home can be! No more hauling in gallon bottles of water from the grocery store or paying the high cost of bottled water to be delivered to

your door. And if you do have a water softener, no more hauling around those heavy bags of salt.

Besides the fresh, natural flavor, everything you make will taste better—from the juice and soup you make for your family to the ice cubes you put in your drink. Conditioned water is also a luxury to bathe in. Besides making your skin soft and smooth, it will leave your hair soft, shiny and silky.

Not many people love to clean and do laundry, but your laundry will come out cleaner and you'll need less soap. Not only is using less soap safer for the environment, but it will save you money too! Plus, everything in your kitchen and bath will be easier to clean and will stay clean longer.

Water treatment systems are far less expensive than bottled water, distillation or reverse osmosis systems and cost only pennies per gallon. Call **Schafer Builders Inc.** for a free, no obligation consultation at **815-459-1333** or **1-800-564-1339**. Or stop by our award winning office in downtown Crystal Lake at 43 E. Crystal Lake Avenue. Like to surf the web? Then visit www.schaferbuilders.com.

Classic Illusions Hosts Faux Finishing Seminars with "The Faux Meister"

Classic Illusions has arranged for Karl-Heinz Meschbach, "The Faux Meister," to teach three Faux Finishing Seminars at the Club Hotel by Double Tree in Palatine, IL during the last two weeks of February. They will be offering **two three-day fundamental workshops** focusing on **Tiffany and Bravura Techniques**, and **one four-day advanced workshop** concentrating on **Faux Marbles and Wood Graining**. These workshops are designed to teach both the professional and the nonprofessional about the techniques that will enable you to create impressive finishes on walls and furnishings.

Karl-Heinz is a European trained faux finisher and muralist. He began his formal training in 1957 at the "Berufsschul fuer Maler" in Berlin, specializing in decorative painting. He studied under Master Rocke and Master Herrmand in the European Guild tradition, winning numerous awards for his work. In 1962, he immigrated to the U.S. and settled in Chicago as a painter/wallpaper hanger. In 1973, he changed his emphasis to oil painting, exhibiting his work in major Illinois universities and galleries including the Art Institute of Chicago. He has recently published a new book with Northlight titled **Fabulous Finishes For Your Home**. Each student that attends the workshop will go home with a complementary sign-



ed copy. Karl-Heinz is excited to be back in the Chicagoland area to teach what he loves to do best—Faux Finishing.

Class size is limited so it is highly recommended that you register quickly. This is a rare opportunity to learn the faux finishing techniques that have been mastered in Europe. All workshops will be taught using acrylic paints that are safe for you and the environment. **Please call Classic Illusions at 847-854-6794** for more details and to register.

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Seminar Location:

Club Hotel by DoubleTree

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Palatine, IL 60067

For More Information and to Register Call Classic Illusions at 847-854-6794



REMODELING 2000... STORY #1

When Tim and Gale Hennelly decided to remodel, they had some specific goals in mind. Their home, built in the 1970's, was typical of its era. It had a compact kitchen with a small eating area. The family room was down the hall. Their dream was a "Country French" kitchen adjacent to the new family room so Gale could keep an eye on her small son while preparing meals. A major project like this is a big investment; so one of the first questions to be addressed was, could they get everything they wanted and still come in on budget? **Barrington Kitchen and Bath Studio's** Kaye Hathaway, a Certified Kitchen Designer, worked with Tim and Gale to design this stunning kitchen using Homecrest cabinetry in a beautiful pale maple finish called Caramel.

Gale, 5'2" tall, likes to bake, but was tired of digging through several small cabinets to get baking supplies. Kaye suggested using Homecrest's vanity height cabinets for the island to make food preparation more comfortable for Gale. She also designed a special cabinet with rollouts at the end of the island to hold baking supplies and equipment. The island now serves as a convenient baking center. The microwave presented another challenge—how to build it in without making it too high for Gale, and later her son, to reach safely. A unique solution was achieved by using "spice drawers" to create a niche for it in an otherwise useless corner. Kaye also gave the couple's existing refrigerator and dishwasher a custom look by designing front panels using standard available cabinet components. The couple's big splurge in this kitchen was the professional style stainless-steel range. To set it off, Kaye designed the beautiful rangehood, which was built on-site and "stuccoed." A striking 3-piece crown molding with contrasting rope detail in cherry completes the custom look.

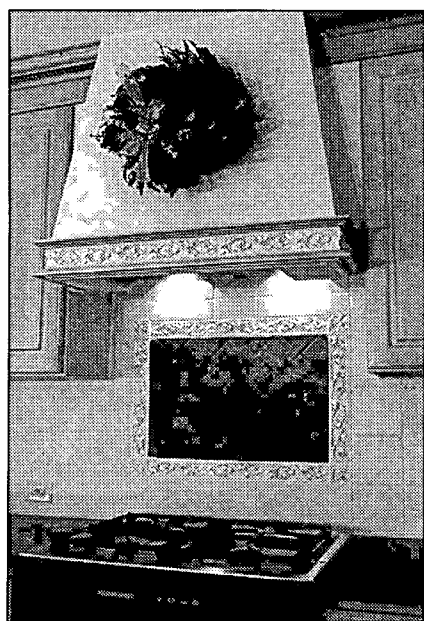
When asked to comment on the difficulties of designing a "custom



Shorter cabinets on island provide a perfect baking area for the 5'2" homeowner.

kitchen" using stock cabinets, Kaye said, "We are lucky to work with some of the best carpenters around, thanks to our sister company **Delta Renovations**. That close working relationship allows us to design special things for our clients and use stock cabinets in unique ways. We want our clients to challenge us, no matter what their budget. Years of experience and excellent craftsmanship make us equal to the challenge."

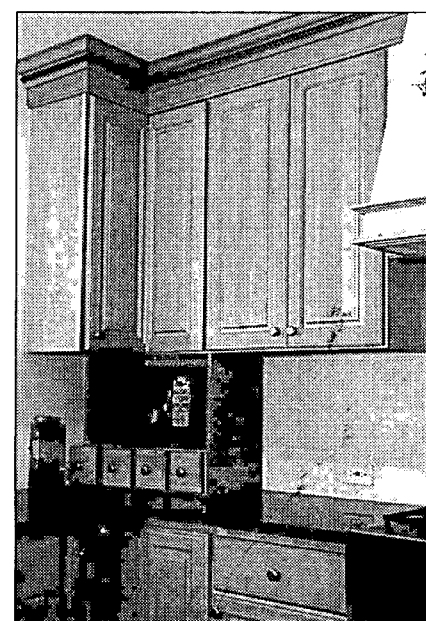
We invite you to challenge us too. If you are contemplating a new kitchen or a total bath redo, call **Barrington Kitchen and Bath Studio**. We promise to make you as happy with your special new room as Tim and Gale are with theirs.



This beautiful range hood was custom-built to set off the stainless-steel range.



Stock cabinets were modified to provide convenient storage. Note angled fluted detail and stone-look ceramic tile with carved border.



Spice drawers were used to create a convenient niche for the microwave.

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Jeani Allaway Opens New Design Studio

JMA Interiors is pleased to announce the opening of their new design studio filled with hundreds of unique ideas for your home or office. You are welcome to browse through this charming studio located in historic downtown Barrington at 121 Cook Street. Here, you can meet personally with Jeani Allaway, owner of **JMA Interiors**. Discover the wonderful options in fabrics, furniture, accessories and colors available for you in creating your own personal look. Space a concern? Here's where **JMA** shines. Their studio is a perfect representation of how you can create something beautiful within any space configuration. Everything in the design studio is for sale.

Established in 1979, **JMA Interiors** is a fully licensed interior designer. They can help you create your own personal style for your home by showing you how to

make the most of what you already have! And, because their design fee is based on an hourly rate, you can control how much—or how little—you spend.

As a respected member of the ASID professional design association, **JMA Interiors** has the experience and creativity to help you in achieving just the look you want for your home or office. Of course, **JMA** continues to offer their popular "in-home" consulting service and offers full design service for those interested in having a professional coordinate their re-decorating project.

A little imagination and creativity all play an important part in creating the one-of-a-kind room you have always dreamed about. Call **JMA Interiors** for an appointment today at **847-382-7309** to see just how affordable and effective interior design can be.

Poems and Pints

The Barrington Area Arts Council invites you to attend Poems and Pints, an evening of poetry, prose and music, at the BAAC Gallery, 207 Park Ave. in Barrington, on Saturday, February 12, at 7:30 PM. Enjoy exciting readers, writers and musicians while they perform in a cozy Welsh Pub atmosphere where pints of brew will flow

and music and readings will fill the air.

Doors open at 7:00 PM. Tickets are \$14 for BAAC members, \$16 for nonmembers or \$12 for seniors. Unlimited refreshments are included in the price of admission. Due to limited seating, reservations are suggested by calling 847-382-5626.

Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring." And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to August.

We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to get your plans done, construction bids in and permits pulled by April or early May. You would then be able to enjoy your new space for the majority of this new year and not



have your Summer "under construction."

Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to discuss your projects or to help you select your building lot. Please feel free to contact John C. Cazzetta or Cheryl Ferguson at **Kemper Cazzetta Architects**, to arrange an appointment and to preview our extensive residential portfolio.

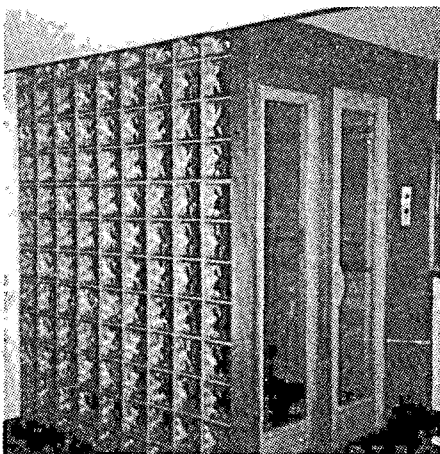
The Many Benefits of Sauna

"Old Finnish proverbs consider sauna to be the 'medicine of the poor, the hospital and of Finland,'" according to *Spa and Sauna Magazine*.

"Saunas promote the perspiration of body toxins, stimulate circulation, increase body metabolism, keep skin glowing and youthful and alleviate sinus congestion due to colds, asthma and allergies.

In fact, many feel it's one of the most effective detoxifying treatments available.

Today, in many research laboratories around the world, saunas are being tested as therapy for chemical poisoning. Because of the mental relaxation saunas are able to induce, it's said to be the perfect environment for intimate conversations with spouses, friends and children," *Spa and Sauna Magazine* continues.



For more information about the benefits of sauna, see **Swanson's Spas & Saunas** on Rand Rd. in Lake Zurich.

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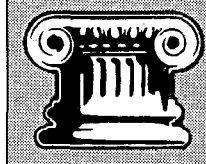
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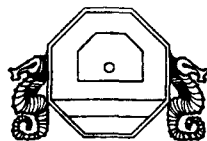
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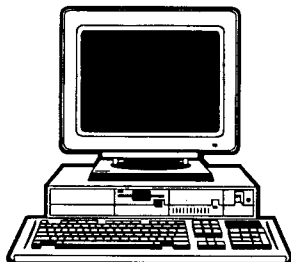
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SOUTH BARRINGTON

Sitting serenely on well tended lawns alongside a sparkling lake sits this sprawling 6 bdrm, 3.2 bth showcase home. Lg windows throughout dramatically showcase the pristine waterfront views. In the 30x18 living rm, a cathedral ceiling centerpoints a fir to ceiling stone fp. Open flowing fir plan, expansive decks, perfect location.

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Ask for Tom or Joanne Mitchell

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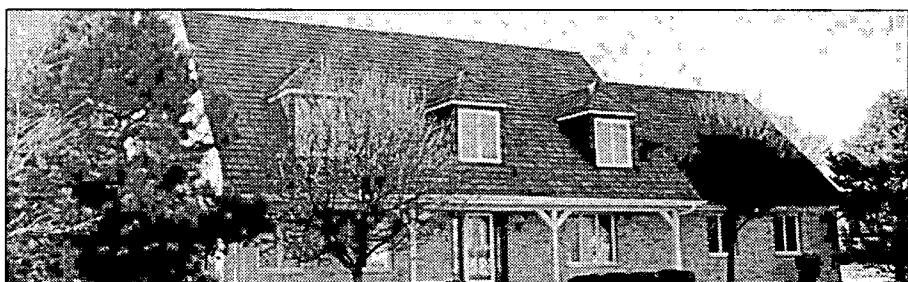
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Yesterdays classic elegance blended with today's modern conveniences. A feeling of space & light prevails throughout this stately Georgian 4 bdrm, 2.1 bth home on 6+ peaceful acres. Newer kitchen & family rm addition. Lg deck overlooks inground pool. Crafted with quality & demonstrates simple elegance. Hawley Lake access.

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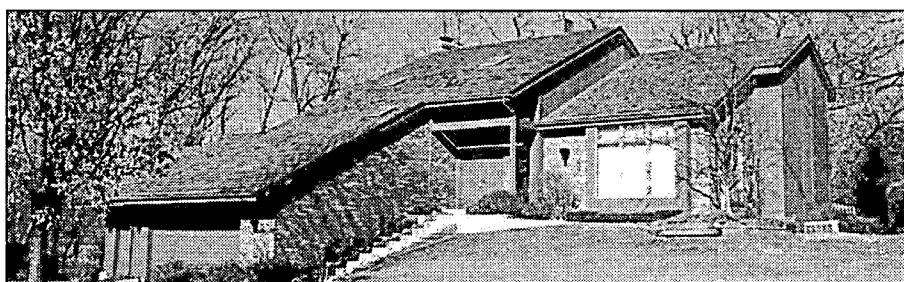
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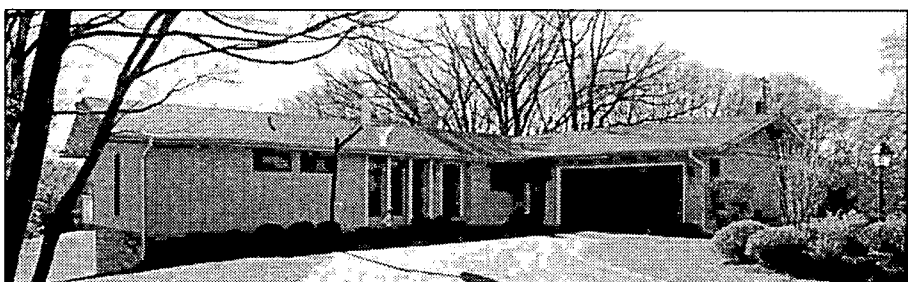
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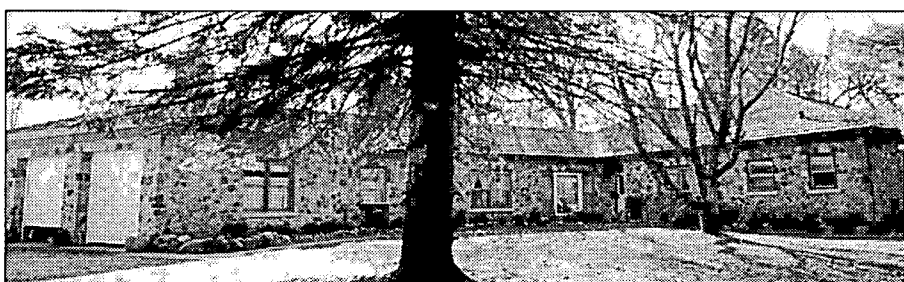
LAKE BARRINGTON

Sited pristinely on 1.3 private wooded acres sits this 4 bdrm, 3 full bath cedar hillside Ranch with full finished walkout. Screened porch & lg windows give way to beautiful views from every level. Spacious open fir plan. Enjoy your own 60x22 inground pool with huge deck. Property backs to LBS golf course.

www.99176957.emailhomes.com

Ask for Tom or Joanne Mitchell

\$349,000



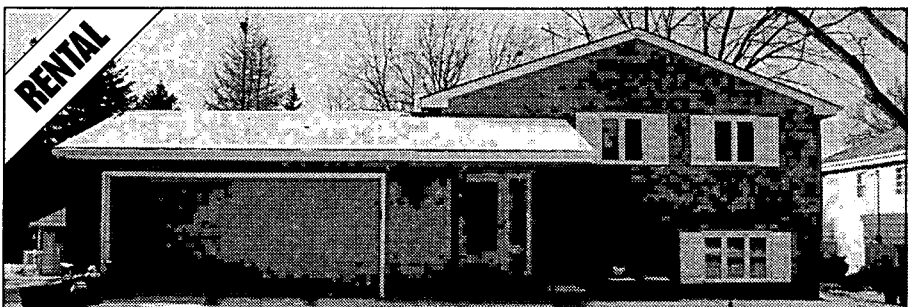
BARRINGTON HILLS

In one of Barrington Hill's most impressive areas, this timeless stone classic encompasses 8.3 acres of rolling terrain. Dramatic open floor plan, generous windows grace every rm. Walls of glass all overlook the inground pool area. For the horse lover there is a 6 stall barn with 2 fenced pastures. A Rare Find!

www.99208012.emailhomes.com

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\$699,900



BARRINGTON VILLAGE

Perfect in-town location with extra deep lot. Great 3 bedroom plus loft, separate living room and family room. Open floor plan, newly decorated and ready to move into. Walk to school, shopping, and train.

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NORTH BARRINGTON

Enjoy the peace & serenity of country living in this 4 bedroom, 2.1 bath updated Colonial. Great gourmet kitchen with Sub Zero & stainless Thermador range. Entertain in uncrowded comfort in this 26x12 living room with woodburning fireplace. All hardwood flooring. Beautiful private lot. Martha Stewart could live here!

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RE/MAX
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Equal Housing Opportunity



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office



Is this the year of real change? It seems from all I read on the job/career market that technology has altered our lives. Existing careers will be obsolete with new career paths opening; while others, such as high school teachers of the assorted sciences, have had a rebirth with abundant opportunities throughout the country.

In fact, my friend Napoleon called with New Year greetings and asked about newer homes offering a change in lifestyle. Napoleon, like many of us, dislikes change. So this was a surprise... a pleasant surprise. Napoleon wants life simple and easy. He is one of the baby-boomers who wants some of the human comforts to contend with Chicagoland's winter weather. Napoleon's doctor told him to exercise. He always used the weather as an excuse not to exercise, but that is over. Also, he wants to be closer to town so that he can walk instead of drive to different locations. I'm sure his doctor also insists that he walk.

Napoleon is a very smart fellow. He called **Coldwell Banker Residential Brokerage** with his question. He knows we are up to the challenge. Even though Napoleon and I are friends and he calls me often with questions, I ask that he come in for a buyer's interview to determine his needs and wants, time frame and finances. For example, some of the ques-

tions might be: When would he like to begin looking? When would he like to be moved into his new home? Did he want information on home mortgages? And did he need to be pre-qualified as to how much he should invest in a new home?

It has been many years since Napoleon bought his last home and the process and expectations have changed. Currently, there are agency relationships, property condition disclosures and lead paint disclosures, plus inspections and warranties to be discussed. I want Napoleon well educated on the buying process and I want to fully understand what he is trying to accomplish.

We at **Coldwell Banker** are Lifestyle Consultants. A buyer can look at a classified ad in the newspaper or spot something that he likes on the internet. However, it takes one of our professional agents to access the buyer's needs and guide him to the area, neighborhood, amenities and home that fit those dearest needs.

I'm very proud of Napoleon. There is a saying that, "It is easy to sit up and take notice; what is difficult is getting up and taking action." Napoleon is taking action. I hope you do too. Please call **Coldwell Banker**, the Dream House Headquarters.

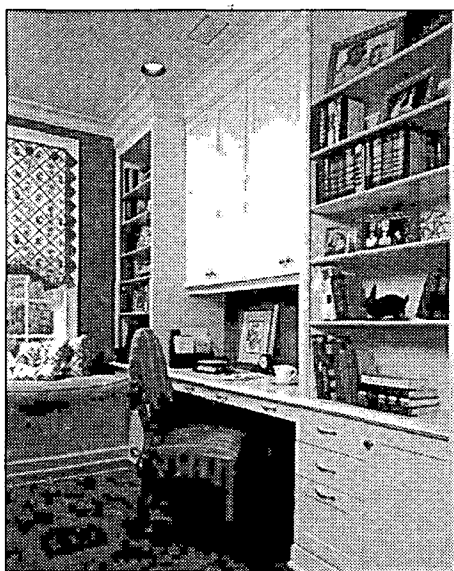
Happy Valentine's Day...

Home Offices for Work and Display

By Penny Dawn Steffen, Design Consultant

Do you work at home? Perhaps you spend your days downtown and your evenings tucked away in a corner of the living room, staring at the screen of a laptop. Maybe you work at home every day, every night, and your title is "Mom." Whatever the case, more and more Americans are finding that they work at home, necessitating the incorporation of a home office. Contrary to popular belief, a home office does not have to be in a separate room to be efficient. A work area can be blended into a breakfast nook, bedroom or great room, and it can be used for multiple purposes!

Imagine a phone center, complete with files and pigeon holes. Now, imagine flanking the center are open-shelf units, where you can display family photographs, literature, works-of-art and silk foliage. Imagine a computer desk surrounded with elegant glass door cabinets, finished with decorative hutch-ends; who said you could not use the same niche for work and display? Multitudes of storage aids will help to organize your work space, making room for crystal china and "Great Aunt Mary's" heirloom vase collection. Add fluted mouldings, rosettes or



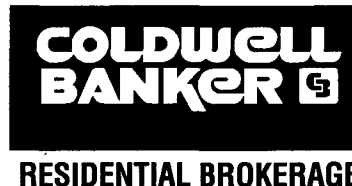
custom carved onlays, and the home office becomes beautiful.

The design staff at **Distinctive Kitchen Design** can help you renovate your home into a haven for work, play and display! Visit our showroom at 201-A South Main Street in Wauconda. Our hours are Monday through Friday, 9 AM to 5 PM; Saturday by appointment.

What Can The Internet or a Classified Ad Tell You About the Area, the Neighborhood, the Home

It takes a professional Realtor to know where the creme-puffs are!! And the homes that could be creme-puffs given the proper redoing. And the homes on the prettiest ponds and best-fishing lakes. And the hidden-away homes that are still walking-convenient. And the homes that not only fill your dearest wishes but rate as good, solid investments. Because we know. Call us.

We're the real estate professionals with the business expertise.



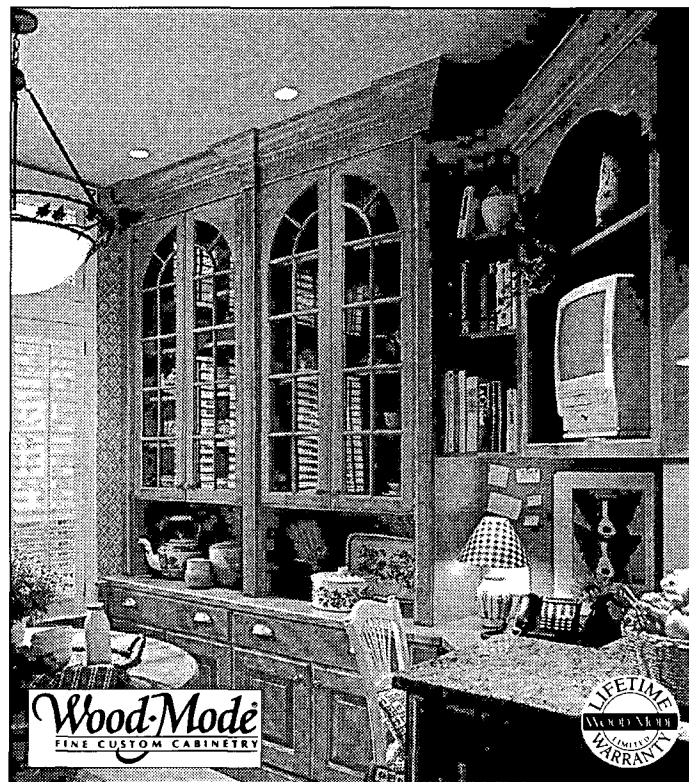
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Planned Giving

(Continued from page 24)

zoo, symphony, etc.);

• **Field of Interest Fund**—The donor instructs the foundation to contribute all proceeds to unnamed charities in a general area (i.e. education or the environment);

• **Scholarship Fund**—The donor establishes award criteria and the foundation or an advisory board screens candidates and selects recipients;

• **Donor Advised Fund**—The donor or advisory board selected by the donor advises the foundation on the selection of grantees and makes recommendations.

Community foundations are an attractive charitable vehicle for those individuals who are philanthropically inclined. A donor can make a substantial endowment or a gift of a few thousand dollars, then add assets over the years.

I hope you found this article interesting. I will discuss charitable giving further next month with a discussion of Supporting Organizations. Please visit me on my new website, www.skellerlaw.com. *Happy Valentine's Day!* Have a safe and prosperous February.

Winter Band Concert

The Barrington High School Concert and Symphonic Bands will perform their Winter Concert on March 7 at 7:30 PM in the Richard C. Johnson Auditorium at Barrington High School. Tickets may be purchased at the concert: \$3 for adults, \$2 for 18 and under, and 65 and over are admitted free.

Featured music will include *Hans Christian Andersen Suite* by Soren Hyldgaard, *Three Chinese Miniatures* by Robert Jager, *Epinicion* by John Paulson, *Transylvania Fanfare* by Warren Benson and many others. The band will be directed by Mr. Randy Karon. We hope you will join us for this enjoyable evening.

Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call 847-382-8468 or 815-363-8468.

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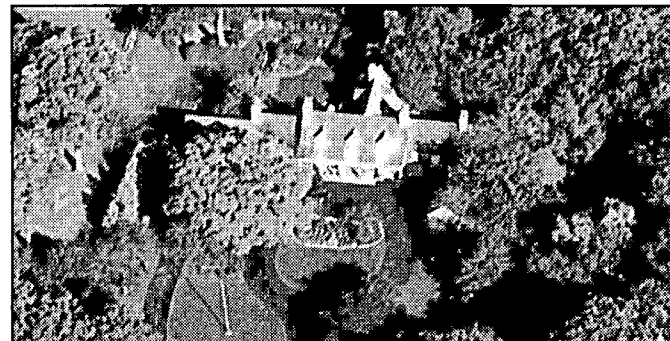
- Allows in maximum light
- Makes glass shatter resistant
- Reduces furniture and carpet fade
- Comes with scratch resistant coating



GLARE-NOT, INC. WINDOW TINTING

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BARRINGTON AREA OFFICE



Barrington Hills \$3,995,000

Set on 22 secluded, wooded acres, this idyllic country retreat w/ 6 bedrooms & 7 fireplaces exudes charm. A spring-fed lake, pond, stable, tennis court, pool & expansive coach house loft enhance this superb offering. Landmark in status, it is truly unique.

Donna Veller
847/465-2228



Barrington \$1,445,000

Wynstone, Jack Nicholas golf course community. The one everyone wants to see. Exceptional quality.

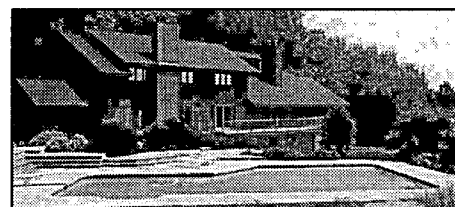
Mary Balistreri 847/465-2296



Barrington Hills \$879,000

Set on 5 acres in Barrington Hills, this graceful country home will delight you. 3 fireplaces, hardwood floors, study, wooded lot & just minutes to town.

Sherl Wheeler 847/465-2290



Barrington Hills \$839,000

The best setting for this updated 5-bedroom, 4.1-bath home. 1st floor master, vaulted entry, 4 fireplaces. Hot tub, pool & finished English basement.

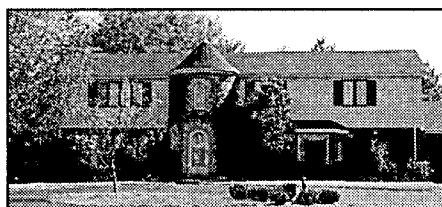
Greg Bradley & Margaret Semrad 847/465-2232



North Barrington \$649,000

Impressive Wynstone Home. Maintenance-free. Private. Wooded site. Spectacular great room. Vaulted ceilings. Mint condition. 3/4 bedrooms, 3.1 baths. Quick Poss.

Nancy Herr 847/465-2267



Barrington Hills \$589,900

Charming 9-rm home sits on 5 beautifully-landscaped acres w/ fruit trees. 2-story foyer, hrdwd flring, gourmet kit w/ granite counters, 4 BR, loft & sun-filled FR w/ frplc.

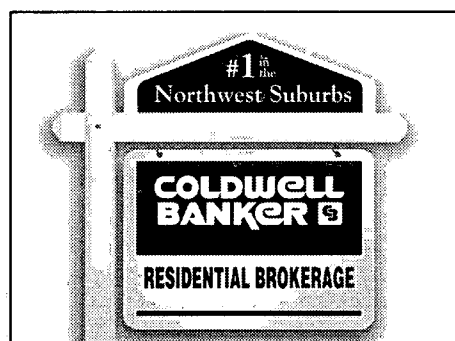
Barbara Wessberg 847/465-2298



Barrington \$569,900

Just 2 years old & gorgeous—4 bedrooms, 3 baths, sunroom, 9' & 10' ceiling, white kitchen w/ island, super master bath, 2 walk-in closets. What a dream!!

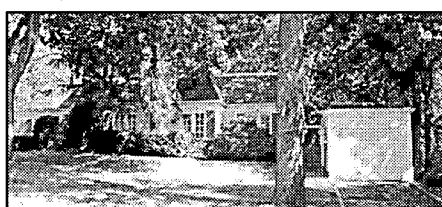
Sherl Wheeler 847/465-2290



Barrington \$425,000

Charm of the past combined w/ many upgrades. Cathedral ceiling, brick fireplace, hardwood floors, updated kitchen w/ large eating area & 4-car garage.

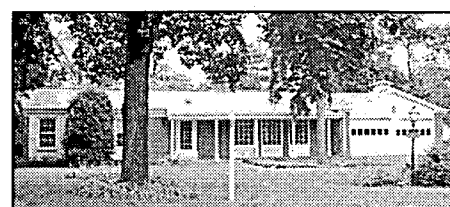
Barbara Cunningham 847/465-2262



Barrington \$269,900

Storybook charm—wonderfully restored. 9' ceilings, French doors, 2 fireplaces, built-ins, crown moldings, w/ wonderful floor plan.

Mary Balistreri 847/465-2296



Barrington \$249,900

Jewel Park! Charming brick & cedar ranch. Newer kitchen & baths. Beautiful & inviting living room w/ fireplace, 3 BR, 2 BA, hardwood floors & neutral decor.

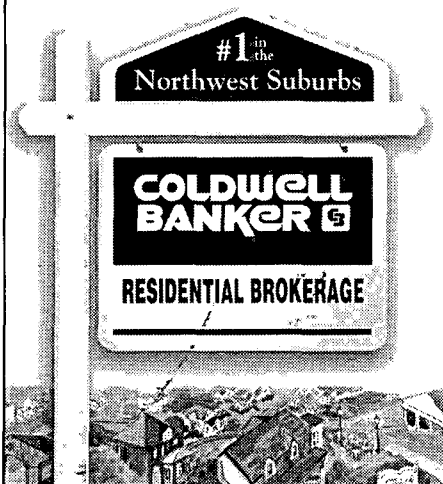
Mary Balistreri 847/465-2296



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BARRINGTON AREA OFFICE



South Barrington \$5,500,000

Magnificent custom home under construction, due spring 2000. BRs have sitting rooms/areas w/ frplcs. Outstanding design & detail is evidenced t/o. 15 frplcs, vol ceilings & a 3rd flr ballroom. The walkout LL offers indoor basketball court, gym & movie theater. Gar parking for 12 cars. Beautiful vistas over pond.

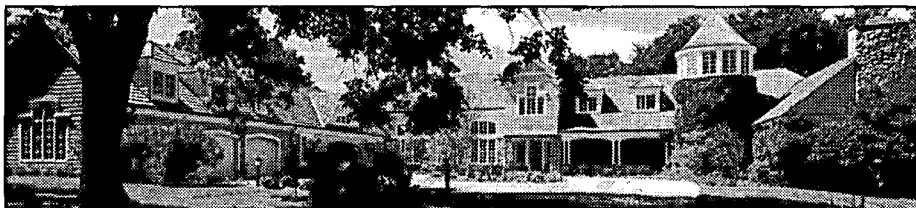
Meg Cleavenger & Kim Packer 847/465-2259



Barrington Hills \$1,790,000

All-brick French colonial. 5 bedrooms, 5.5 baths, 2 studies. Finished walkout lower level. In-ground pool. Lovely long views.

Meg Cleavenger 847/465-2259



Barrington Hills Incomparable estate set on 17 rolling, wooded acres. Designed to accommodate a gracious lifestyle, this stone & cedar residence offers only the finest custom finishes throughout its substantial yet comfortable interior. This beautifully-presented estate also includes two delightful guest houses, pool, tennis court & 4-stall barn. Its location is prime & protected, its appeal, timeless.

Meg Cleavenger \$5,200,000

847/465-2259



Barrington Hills \$1,700,000

Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.

Meg Cleavenger & Barb Wessberg 847/465-2259



North Barrington \$1,125,000

Set on heavily wooded lot in Wynstone & designed w/ classic 17th-Century architecture. 4 BR, 4.5 BA, paneled 2-story FR, sunroom, study, screened porch & dream kit.

Sherl Wheeler 847/465-2290



Barrington Hills This exceptional, gated, stone & cedar estate is set on over 6 lakelakefront acres. Features include a state-of-the-art kitchen, elegant master suite & walkout lower level w/ media & exercise rooms, wet bar 2nd kitchen & staff quarters. The beautiful grounds offer a boat house, dock & USGA golf hole w/ sand trap & 2 tees. Heated parking for 6 cars is also included.

Meg Cleavenger \$2,400,000

847/465-2259



Barrington Hills \$999,900

Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.

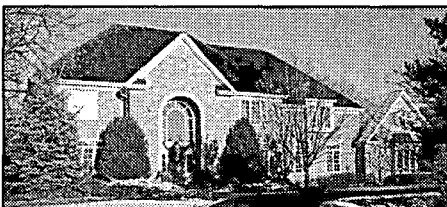
Meg Cleavenger & Barb Wessberg 847/465-2298



Barrington Hills \$949,000

Set on 5 wooded acres, this gated home features 13 spacious rooms & the finest quality. 5 BR, including master suite w/ loft & fireplace. Fin LL w/ huge wet bar.

John Nemz 847/465-2289



North Barrington \$939,000

Classic brick colonial impeccably crafted w/ warmth & splendor in gated golf community of Wynstone. 4 BR, 5.1 BA, 3 fireplaces. Professional & mature landscaping.

Bonnie Paice Legue 847/465-2223



Barrington \$899,900

Custom cedar home w/ waterview ambience. In a sequestered site, on 2+ acres, stunning great room, 5 BR, 4.5 BA. Walkout lower level w/ indoor pool wing.

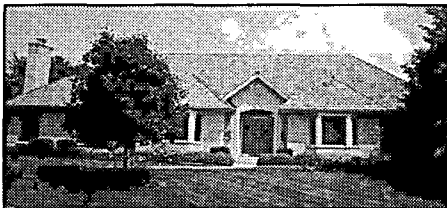
Barb Wessberg & Meg Cleavenger 847/465-2298



Barrington \$869,000

Premier wooded 1.4 acres is the setting for this magnificent brick French Chateau. Immediate possession. 4 BR each w/ own bath. Neutral. Finished, walkout LL.

Ron & Jeanine VanDeVelde 847/465-2282



South Barrington \$799,900

5-year-old all-brick ranch on 1+ acre. Stunning 2-story brick frplc in FR. Spacious BRs & bonus rm. Huge fin LL w/ 10' ceilings. Prof landscaped. Convenient to tollway.

Ron & Jeanine VanDeVelde 847/465-2282



Barrington Hills \$749,000

No expense was spared. Elegant home w/ soaring ceilings, gourmet kit, fab master suite, separate apt, finished w/o, 4-car gar. Minutes to town, train, O'Hare & I90.

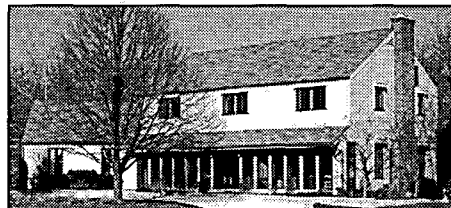
Meg Cleavenger 847/465-2259



Barrington Hills \$714,900

Lovely country home on 6 acres. Sumptuous master suite, smashing cook's kitchen, finished walkout lower level. In-ground pool & barn. 4-car garage.

Meg Cleavenger 847/465-2259



Barrington Hills \$695,000

Close to town. 3-stall barn w/ loft & tack. 2 fenced pastures & paddock. 4 bedrooms, & 2.5 baths. Large rooms—great for entertaining. Cook county taxes.

John Nemz 847/465-2289



Barrington Hills \$547,000

Charming vintage farm house w/ country kitchen, paneled family room, 2 fireplaces & large porch. Peaceful setting w/ 4-stall barn & turnouts.

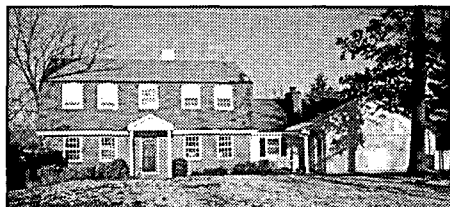
Meg Cleavenger 847/465-2259



Barrington \$479,000

Walk to train & school. Quiet cul-de-sac. Offers swimming, tennis & sailing. Updated & tastefully decorated top to bottom. 5 BR, 3.5 BA, hardwood floors & fin LL.

Bonnie Paice Legue 847/465-2223



Barrington \$374,900

With traditional detail & extensive updates, this New England colonial is fabulous. 4 BR, 3 BA, hardwood floors, finished English lower level, lake views.

Bonnie Paice Legue 847/465-2223



Barrington Hills \$240,000

Build your dream home on this lovely level parcel in Barrington Hills. Bring your horses and enjoy all that this great location & Barrington Hills have to offer.

Meg Cleavenger 847/465-2259



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BARRINGTON

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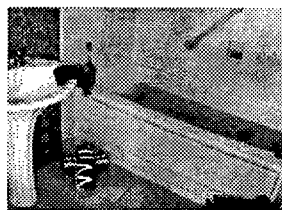
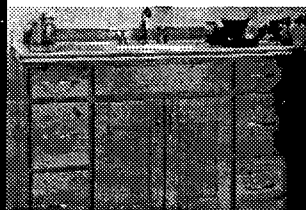


Finally, a better way to remodel your bathroom!

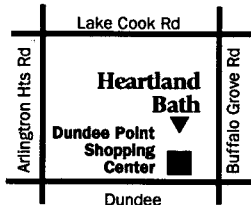
Custom Acrylic Bath Systems installed over your old in One Day

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SAVE \$250 NOW

On any Shower Door with the purchase of a tub & wall system or shower base & wall system

Must present coupon at time of purchase. Not valid with any other offer. Offer expires March 1, 2000

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

We have a new face in our service department—Laury Woollard. Laury started with us in December and we have all enjoyed having him on board. Laury had his own business in aviation service for many years and decided to retire a few years ago. He has been a customer of ours for many years.

Laury works at Stonehenge Golf Course in the summertime as a ranger. Last fall, he decided that he was bored and asked Tim if there was a job he could possibly do at the dealership. Tim asked our son, Colin, to see what he could do for Laury.

So now, Laury is the latest addition to our service department. He is a greeter from 7:30 AM to noon, Monday through Friday, and on Saturday from 8:30 AM to 1:00 PM. That time of day is very busy with drop-offs for the service area. He also helps drive customers to and from the train, their homes or their workplace.

We are very glad that Laury got bored



with retirement. He's an excellent addition to **Wickstrom Ford**. Tim teases Laury that, one day, he'll probably be doing exactly what Laury does now in our business.

A New Bath in One Day

Heartland Bath in Buffalo Grove can update your bathroom in just one day! Pretty amazing, isn't it?

Heartland Acrylic Bath Systems uses quarter-inch acrylic to cover your old tub and shower walls, leaving an extremely durable, easy-to-care-for surface that gives bathrooms a brand new look.

To date, **Heartland Bath** has installed over 12,000 units since they opened nearly 13 years ago. What attributes to their success?—a state-of-the-art product and factory trained installers who are employees of **Heartland**, not outside contractors.

Heartland Bath has about 300 models to select from to cast the acrylic to the exact size and shape of your existing tub. **Heartland Bath** carefully measures your bath area, identifies your specific tub model, then orders and molds the acrylic covering. The actual installation, including on-site trimming and protective sealant, is completed in one day! Your bathroom is left sparkling and brand new.

The acrylic is available in solid, marbleized or granite patterns and does away with any grouting problems.

The entire process—from ordering to installation—takes about three weeks. The installation takes one day. And there's no work for you, the customer.

If you want to completely remodel your bathroom with a new floor, tile, tub and



sink, the staff at **Heartland Bath** can help you plan and design your new bathroom. They carry top names in tubs, sinks and toilets. Many are on display in their showroom. In fact, they have an operating 25-square-foot Kohler Spa in front of the store.

Heartland Bath is located at 62 W. Dundee Road in Buffalo Grove. For more information, call **847-808-8827**. Hours are: Monday and Thursday, noon to 8 PM; Tuesday, Wednesday, and Friday, 10 AM to 5 PM; and Saturday, 10 AM to 4 PM.

New Year's Resolutions

(Continued from page 28)

are hard on themselves. Resolutions fall by the wayside while self-esteem erodes. Others try so very hard to satisfy everyone around them, absorbing all of the energies necessary to accomplish their own objectives. Part of the problem is that resolutions have to fit into an overall game plan for your life that is carefully planned to ensure success. It has to fit with your basic lifestyle and your commitment to modify what is necessary.

If you are a person that struggles with feeling overwhelmed, out of control, tired of doing things you don't want to do and don't see any options—you are not alone. Taking charge of your life is not for the timid. It is a tough job that requires thought, planning, a new perspective and a realistic approach. Staying on track is difficult but so very rewarding when you succeed. Perhaps I can help you strategize for 2000. Call me at **847-842-9365**.

Spring Planning with SanFilippo Landscape

No matter what you do in life, planning is important. It gives you a direction and helps you get where you want to go. Sometimes the planning can be done without help but more often than not a professional is needed.

At **SanFilippo Landscape** we offer the planning help you need when it comes

to the landscaping of your home or office. Through education and experience, our architects must be able to take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of

what creating a design is all about. Everything must be considered—building location, drainage, neighbors, existing plantings, budget—and don't forget the most important consideration—what you want! Do you entertain a lot, do you enjoy gardening, have plans for a pool, require low maintenance? Remember, no one can give you what you want until they know what's important to you.

The Plan

Once you've established what your needs are and have the plan in front of you, how do you know if it's a good design? Many people have a hard time understanding what all those symbols on a plan represent, so we thought we'd share with you some ways to understand what the drawing is trying to tell you so you'll be better able to judge the quality of your landscape design.

All plans should place your residence and all other structures on the property in their proper location (a survey is required to do this) and drawn to scale. The diameter of each circle represent the tree or shrub's spread.

Architects/designers usually have a style of drawing that helps you differentiate the different types of plants used (i.e. deciduous, evergreen, groundcovers). And always keep in mind "the right plant for the right location." The plant's mature size must always be considered so you don't have a too large or too small a plant for a given area.

WATCH THAT SALT!

- De-icing materials should be used sparingly and kept away from the root zones of plants.
- Shovel whenever possible.
- When you must use salt, use only enough to loosen the ice from the surface then scrape off by hand.

Your plants will love you for it!

Plant Materials

All plants are not created equal. In your design, try to pay attention to variety in the texture, color and size of your plant materials. A good mix of heights give the landscape dimension while large groupings of the same plant can help create variety in texture and color throughout all the seasons. Also, once the choice of plants is made, ensure that they are adapted to our climate. We recommend materials that have been grown in Northern Illinois/Wisconsin nurseries. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. Many of these same plants often come from the South, allowing them to be more prone to disease and unable

to handle our winters. Another consideration is plant size. Professional nursery stock is larger and helps create a more pleasing look during the first season before the plants are established.

Questions to Ask a Contractor

So, if you're in the market for a landscape contractor who can handle the whole project for you, make sure you ask lots of questions: "Where do your plants come from?", "Are you primarily in the maintenance business?", "Can you help me with grading and drainage?", "Are your designers licensed Architects?"

Whatever you do, start with a plan and give **Mike SanFilippo** a call at (847) 381-1611.



Imagine...having your outdoor spaces designed as beautifully as the inside of your home.

LICENSED ARCHITECTS

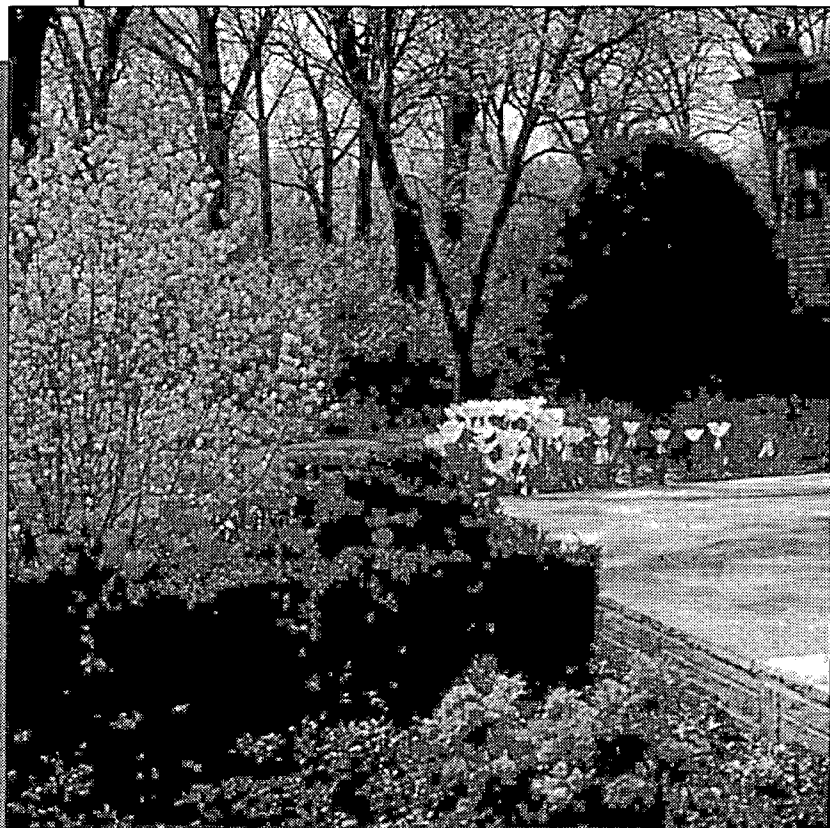
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- Stonework – patios, walkways

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T
E**

**Granite Competitively Priced with
Solid Surface Products with the Lifetime
Durability and Beauty of Natural Stone**

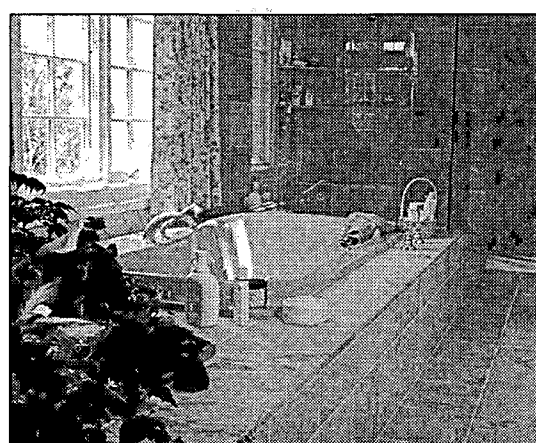
**G
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Quality Installation of:

- Granite & Marble Counter Tops
- Limestone, Marble & Ceramic Floors & Walls
- Fireplace Surrounds
- Hardwood Floors

*Our Showroom
Features
200 Different
Marble & Granite
Samples*

❖ *Ceramic Tiles*



**Andian Limestone with Hand-Rolled
Edges for Extraordinary Beauty.**

❖ *Limestone
& Travertines*

❖ *Many Wood
Floor Samples*

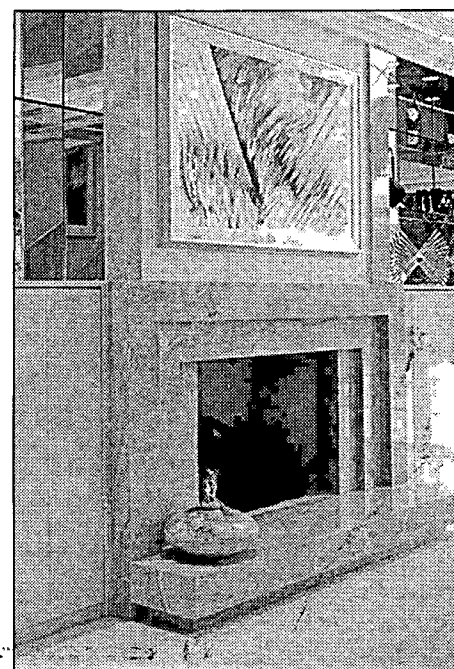
**COMPETITIVE
PRICING**



**Uba Tuba Counter Tops
with Oak Floors.**



**18" x 18" Crema Marfil
with Black Granite Dot.**



**A Stone Surround Fireplace
Enhances the Beauty
of Any Room.**

CERAMIC WORKS / MARBLE TECH, INC.

811 W. NW Hwy.

382-1120 Phone

382-1152 Fax

Barrington

Hours: Monday-Wednesday-Friday 9am-5pm, Tuesday & Thursday 'til 8pm, Saturday 10am-4pm