<sup>\$</sup>1/News stand price January, 1994

BARRINGTON
LIFESTYLES

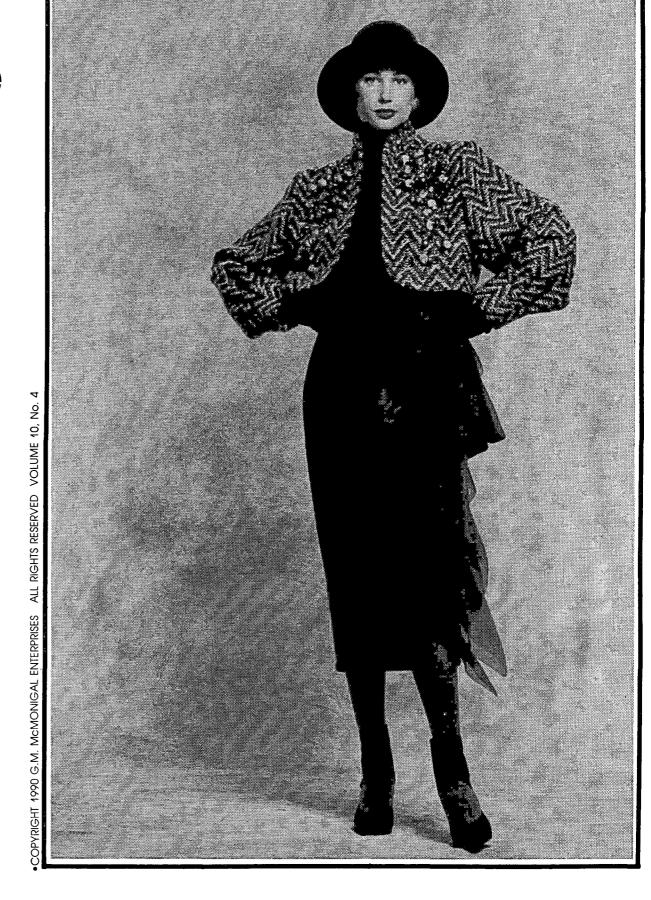
The News Magazine for the Greater Barrington and Surrounding Areas

A Leisurely Historic Stroll . . . New Orleans' Vieux Carre

Clearbrook's Shining Star Ball Announced At Kick-Off Party

Infant Welfare's 25th Annual Golden Ball Shines

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#### BARRINGTON

# LIFESTYLES

The News Magazine for the Greater Barrington Area

Published by
G.M. McMONIGAL ENTERPRISES
Glenne M. McMonigal, Editor

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#### Editor's Ink

January, 1994

Dear Reader,

New Orleans' Vieux Carre. The name alone conjures up mystique, history, and a sense of mystery. Vieux Carre is the heart of the French Quarter in New Orleans. Her buildings hold fascinating stories from the past . . . stories of slave trading, of Creole lifestyles, of famous (an infamous) people who lived in this historic section in the late 1700's and early 1800's and even later. Their lifestyles back then were so different from say, the midwesterners. Secure cast iron fences kept crime at bay. Their iron-gated cemeteries, all above ground, linked the city to its Catholic Heritage and mystical trappings. And the food! When you visit New Orleans you must try everything, because everything is so wonderful. The crawfish, the etouffees, the gumbos and even the red beans and rice. Smells wafting from the restaurants onto the cobblestoned streets blend with the rich coffees to tantalize. I hope you enjoy the historical tour of Vieux Carre on the opposite page.

Until next time, may all your thoughts be sunny.

With warm regards,

Glenne McMonigal
Editor, Lifestyles Magazines

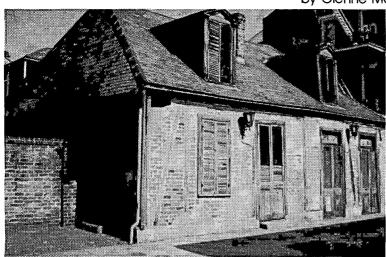
#### About Our Cover

A beautifully tailored skirt with a tulip hemline is topped with a greige blouse and smart bolero jacket with elegant detailing. From the Jean-Louis Scherrer Haute-Couture Autumn/Winter 1993/1994 Collection, Paris.

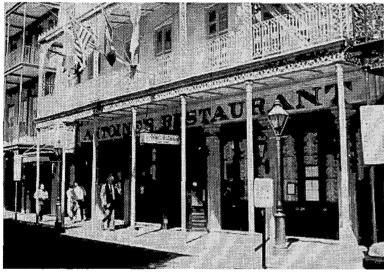


#### Take A Leisurely Historic Stroll .... New Orleans' Vieux Carre

by Glenne McMonigal



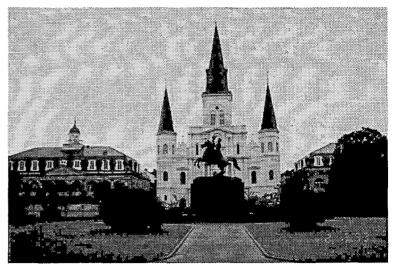
Brick between post blacksmith shops, the (in)famous Pirate Jean Laffite used it as a "blind" for his slave smuggling trade. The importation of slaves into the U.S. was outlawed in 1807, but slavery itself was still legal. Laffite had a thriving business in capturing slaves from foreign ships. Using the maze of waterways in bayou country, he brought (and advertised) slaves here to be sold. He was eventually jailed for his deeds but was released in 1814 to help win the "Battle of New Orleans" and thus, became a hero.



Unique and in a class of its own is the famous Antoine's Restaurant. Founded in 1840, the restaurant has been run by the same family since that time. Home of Oysters Rockefeller, this dish has been ordered over 1 million times. Dignitaries, nobility and entertainment personalities have all enjoyed their fine cuisine. Menu items include crawfish cardinal, demi-brabant potatoes (pillow potatoes much like chips), crabe mous grille, poulette rochambeau, escrevisses etouffee, flaming cherries jubilee, specials of the day and more.



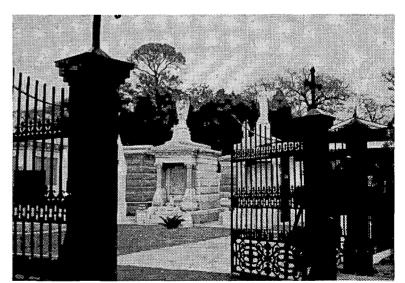
Many cast iron fences exist in Vieux Carre as does ornate wrought iron rails. Shown is a cornstalk fence on Rue Royale. The famous fence of morning glories and cornstalks was shipped from Philadelphia in 1850 to Dr. Joseph Biamente, as a present to his wife, who missed the rural scenery of the midwest. Security is and was everywhere in this crescent city, probably because of it being a port town.



New Orleans, founded in 1718 by Jean-Baptiste LeMoyne, Sieur de Bienville, the city was named in honor of the Duke of Orleans, Regent of France. Shown is St. Louis Cathedral in Jackson Square, the heart of the French Quarter or Vieux Carre (Old Square). Vieux Carre was the original Franco-Spanish city of the Creoles. "Creole" denotes born-in-America descendants of those French, and later Spanish, settlers.



Located on Chartres in Vieux Carre is the Beauregard home. Confederate General P.G.T. Beauregard, a native New Orleanian, ordered the firing of the first shot of the war at Fort Sumter. After the war in 1867, he moved into this home. The great creole had a distinguished record in the 1840's war with Mexico, was commandant of West Point and victorious Confederate leader of the first Battle of Bull Run. The author Frances Parkinson Keyes, bought the home in 1944, saving it from demolition.



Walking through the iron gates of cemeteries, you'll enter a world linked to the city's Catholic heritage and its mystical trappings: votive offerings, candles, shrines and relics. The traditional method of laying the dead to rest below the earth's surface is disastrous in this area — the topography is so close to sea level or below and thus would pose a problem in terms of health and dignity. Graves must be above ground. A tomb is usually a vault with crypt below to hold the bones. The vault is sealed carefully after "burial" for one year and one day. The vault may then be used again to serve families for many generations.

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## 2nd Annual Bridal Showcase

Sunday, January 9th Holiday Inn of Crystal Lake Rt. 31 just south of Rt. 14

Doors Open at 11 A.M. Admission \$5.00



Fashion Show at 2:30 p.m. For Details call 815/459-7000



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#### Attend The "Happenings" At A'L'Amour

A'L'Amour's event schedule for spring provides countless opportunities for personal assistance and advice in planning the special events in your life, from finding a dress for 1st Communion and 8th Grade Graduation, a tux or a gown for Prom—to planning the ultimate day in your life—your wedding.

Beginning with The STAR 105.5 Bridal Showcase at the Crystal Lake Holiday Inn, on January 9, most Sundays are filled with informative events.

On Sunday, January 30, A'L'Amour teams up with Gipper Formalwear to showcase attire for the bridal party "Of Maids and Men," plus special tips on tux etiquette. On Sunday, February 6, Portraits by Thomas, Ambrosia, Dena Bellows, and A'L'Amour collaborate to present "Planning A Wedding 101," discussing photography, invitations, receptions and etiquette — plus a "cake tasting."

The Jasmine Bridal Gown Trunk Show is presented February 18-21. Sunday, February 20, Busse Flowers and Gifts presents a seminar on "Wedding Flowers."

Dessy Trunk Show featuring orderable dresses for Prom and bridesmaids is scheduled, February 25-27. Sunday, February 27, 2 spectacular fashion shows are scheduled: 1 p.m. — 8th Grade Graduation Fashion Show; 3 p.m. —Prom Fashion Show.

Sunday, March 6, A'L'Amour and the



Salon present hairstyles and headpieces — A'L'Amour's most popular seminar.

The first of two "Mothers of the Wedding" Fashion Shows is scheduled for Sunday, March 20. This show is done in conjunction with the Morgan Matisse Trunk Show, March 18-20, showcasing fabulous fashion ideas for mothers.

All of these events are FREE, but seating is limited and advance reservations must be made by calling, (708) 381-5858.

Free modeling classes will be held for 8th grade girls, January 30 and February 6, from 3-4 p.m.

For more information on these and other upcoming events, call A'L'Amour, (708) 381-5858.

#### 2nd Annual Bridal Showcase

STAR 105.5 FM and WAIT AM 850 present the 2nd Annual Bridal Showcase on Sunday, January 9th from 11:00 a.m.-5:00 p.m., at the Crystal Lake Holiday Inn, on Route 31 at Three Oaks Road, just south of Route 14.

Dozens of exhibitors, including everything from floral designers to formal wear retailers, from travel agents to

photographers, will be on hand for the event. A fashion show will take place on the main stage at 2:30 p.m.

One lucky bride to be will win an allexpense paid cruise for two. No purchase necessary. Six days, five nights, on Chandris Fantasy Cruise Lines and Getaway Travel. A \$2,000 value.

#### Mink Barn Celebrates 26th Anniversary At Same Location

The Mink Barn, located in Union, Illinois, just off Route 176 on Franklinville Road, is celebrating 26 years of success at this location. There must be a reason for the phenomenal achievement — and there is. Bill Talidis, owner, doesn't sell just any mink, he sells the BEST. He raises his own mink for quality control. So, at the Mink Barn, quality starts from the inside out.

Because of Talidis' low overhead (his plant facility is next to his exquisite showroom), he can offer you the best quality fur for the lowest price. You could shop Michigan Avenue and pay three times the price and get far less quality, or you could visit the **Mink Barn** for the greatest value. You owe it to yourself to visit the **Mink Barn** before purchasing a fur.

Bill Talidis, award-winning designer, invites you to see his many fashion ideas. Or, he'll design something uniquely for you. From plus sizes to petite, you'll have the finest fur available.

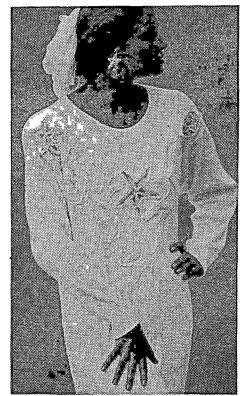
And remember, there's never been a better time to buy a fur than NOW. Inventory is at its peak.



In addition to sumptuous full length furs of all kinds, the **Mink Barn** also offers jackets, strollers, and capes. Also available is a full line of affordable fur and leather combinations.

For the finest quality selection at the lowest possible price, visit Bill Talidis at the Mink Barn.

## AT THE BARRINGTON ICE HOUSE





re you lucky enough to be heading someplace warm this winter? Go wherever the warm breezes take you. And let the sun be your guide . . . but don't leave home without first stopping by Peter Daniel to pick up a few new fair weather clothes for

Long. Short. Filmy, floaty or blissfully languid. All the new resort options from Ellen Tracy, Platinum and I.B. Diffusion are precisely where you'd expect to find them, at

While you're shopping for relaxed and casual vacation apparel, take advantage of the Semi-Annual Storewide Winter Clearance Sale now in progress. Save an additional \$10.00 on any sale purchase over \$100.00 with the adjoining Peter Daniel sale ad through January 15, 1994.

Stop by today for the finest in men's and women's apparel—Peter Daniel, upper level, The Ice House, Barrington.

#### Winter Events At The Barrington Ice House

Stay warm and enjoy Winter Sidewalk Sale Days at the historic enclosed Barrington Ice House Village Shops and Restaurant beginning Thursday, January 27 through Sunday, January 30. Selected merchandise, which has been drastically reduced, will fill the halls. Specially marked items will include clothing, accessories, shoes, art, craft and gift items, cookware, stationery goods and much more. Be sure to come early. Extended hours for this weekend include Thursday 9:00 a.m. - 9:00 p.m., Friday 9:00 a.m. -6:00 p.m., Saturday 9:30 a.m. -5:30 p.m. and Sunday 12:00 noon - 4:00 p.m. This annual winter sale is one you will not want to miss!

The Ice House is pleased to announce that the Barrington Area Arts Council is sponsoring a Winter Art Show at our mall on Saturday, February 12. Over forty (40) artists from Illinois and surrounding states will display their fine art - just in time for those Valentine's Day gifts or special purchases for your home or office. Be sure to mark your calendar for what promises to be an outstanding juried show.

The Barrington Ice House is located at 200 Applebee Street in downtown Barrington off Garfield which is one block west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street). For further information please call the Ice House at (708) 381-6661.





Celebrate the New Year in style with STOREWIDE Savings of

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The Ice House, Upper Level • Barrington • 708/382-6676 Open from 9:30 to 6, Thur. till 8:30; Sat. till 5:30, and Sun. 11-4 • Closed January 1 & 2. This sale does not apply to previous purchases or other special offers.

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#### SIDEWALK SALE DAYS

Thursday, January 27—Sunday, January 30 (Thurs. 9-9; Fri. 9-6; Sat. 9:30-5:30; Sun 12-4)

Mon. - Sat. 9:30-5:30 Thurs. 9:30-8:30; Sun. 12:00-4:00

708-381-6661 200 Applebee Street

Deadline for the February Issue is **January 13** Please send your press release to:

Editor **Lifestyles Magazines** P.O. Box 293 Crystal Lake, IL 60039-0293

or call: (815) 459-4820



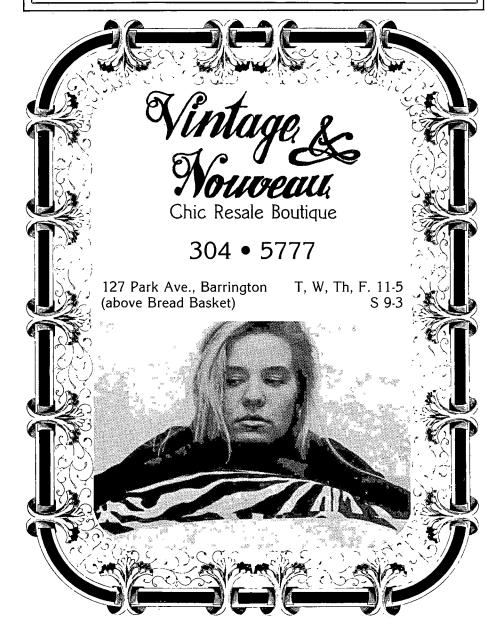


This year, tell her you'd marry her all over again. A diamond is forever.



726-1556

Tues.- Wed. 10-6; Thurs.. 10-8; Fri. 10-5; Sat. 10-3



#### Page 6 Barrington LIFESTYLES — January, 1994

# Plans for "Chicago's Magnificent Bride"

A beautiful fashion show and gala awaits the '94 bride when she attends the 2nd annual Chicago's Magnificent Bride Show on Sunday, January 23, 1994 at the Hotel Inter-Continental on North Michigan Avenue, Chicago's own Magnificent Mile.

Over 40 of Chicago's foremost wedding specialists will be present to present their services to each guest. As they approach the hotel, future brides will find not one but TWO authentic white Rolls Royce limousines on view on the tarmac outside the entrance.

As they wander through the magnificent hallways and stairs leading to the different rooms decorated for the show, they will be given programs explaining where each particular spectacle is taking place.

In the Hall of Lions, they will enter their names for the drawing to be held after the fashion show (no purchase necessary), and a little farther up they will find champagne and Mimosas with a buffet of fruit and cheeses to enjoy. In the King Arthur's Court they will be able to learn how to Register for wedding gifts at the Carson Pirie Scott area, and see beautiful China and silverware available for rental (at their wedding reception) through Tablescapes, Chicago.

The Toledo room will hold three elaborate floral wedding scenes by three different acclaimed Chicago florists. "A FORMAL GARDEN WALK" will be the

name of the setting planned and executed by Heffernan-Morgan. "CHICAGO CHIC" has been selected by Ronsley forists, and "ROMANTIC INTER-LUDE" by Virginia Wolff. Each of the wedding settings will be set up with chairs and tables covered by linens of Carousel Linens, Tabletoppers, and Covered Affairs. Michael Lerich and his orchestra will supply piano and clarinet music in this room.

Following up the staircase, the guests will enter the Renaissance room where many of the Vendors will be showing their services. Michael Lerich's musicians will be playing a guitar, base and trumpet for background music during the period this room will be open. Godiva Chocolatier will give each bride attending the show, one of their spectacular gold foiled favors filled with chocolates.

Lester Lamper Jewelers will be showing over a \$1,000,000 worth of diamond rings and accessories. They will have a "Find The Diamond" game going on where each bride will have a chance to pick a ball out of a bowl of balls and hope the one she picks will be the lucky one with a diamond in it.

Other exciting gifts will be awaiting the brides at the many other "booths" displaying their wedding goods and services.

(Please Continue on Page 34)

#### Special Anniversary Sale

We at Pharaoh's Gold Jewelers would like to celebrate our coming one-year anniversary at our new store with all who have their own special anniversaries to celebrate.

Whether it's your 1st, 5th, 10th, 25th, or any anniversary in between, please stop in and choose from our wide selection of 14 kt and 18 kt gold and gold diamond wedding rings, engagement rings and remounts.

We will be happy to show you the classics, the dainty, the modern, and the newest of the new, all from some of the leading manufacturers in the industry.

So come on in and let us make our special anniversary sale your special anniversary buy at Pharaoh's Gold Jewelers, located at the northwest corner of Rand Road and Route 22, next to Dominicks in Lake Zurich.



Fred Mitchell and his daughter, Olivia.

#### Filled To The Ceiling With Wonderful **Finds**

Vintage & Nouveau of 127 Park Avenue in Barrington was launched in mid-November with a very thrilling start! This cozy little resale boutique, tucked above the Bread Basket Restaurant is filled to the ceiling with wonderful finds.

Since our opening, merchandise has piled in almost daily. You'll find lots of 'new'' jewelry, shoes, leather handbags, leathers, dresses and lots of sportswear separates. I'm constantly on the hunt to keep Vintage & Nouveau stocked with great labels-Gap, Benetton, Guess, Levis,

Calvin Klein, Liz Claiborn and the rest of the gang.

Thanks to you, my wonderful customers, who bring in consignments, there is always something "new" at Vintage & Nouveau (and the price is always great!). Come up and visit and dig, through our treasures and you'll even get some unsolicited fashion advice!

Happy New Year! Here's to happiness, health, love and great clothes!

Regards, Mary Augustyn

#### Aurora's Wedding Performed By BYDE

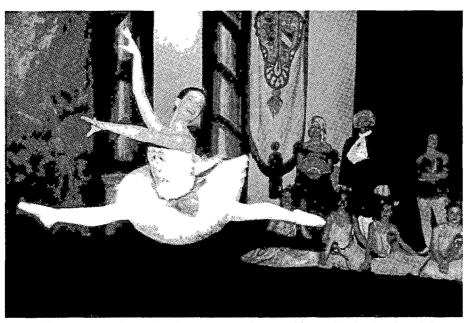


Dancing the Pas de Quatre are (from left): Megan Brennan, Barrington; Leslie Meils, Barrington Hills; Jennifer McLean, Crystal Lake; and Emily Crawford, Barrington. Under the direction of Mary Brennan, Barrington, the Holiday Dance Concert, held at the Barrington High School, was a sold-out success. The presentation by the Barrington Youth Dance Ensemble (BYDE) was a magnificently staged Aurora's Wedding from The Sleeping Beauty with set design by Jim Estes.



Jessica Swoyer, Barrington Hills, portrays "Princess Florine" and Victor Medina, Chicago, "The Bluebird," as they dance the Pas de Deux.

The BYDE dancers included Megan Brennan, Emily Crawford and Jessica Gumowski, Barrington; Anne Harner, North Barrington; Cory Knopik, Inverness; Jennifer McLean, Crystal Lake; Leslie Meils, Jessica Swoyer and Becky Weston, Barrington Hills; and Emilee Peterson, Algonquin. The fanciful costumes were especially created by Patti Whitemore, Palatine.

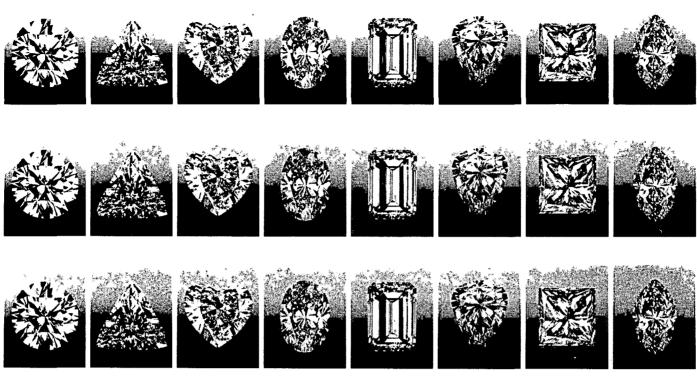


Jennifer McLean, Crystal Lake, portrays the Sapphire Fairy in the Grand Jete. Performing with the BYDE were guest artists Gregg Merriman, Bloomington, former dancer with the Joffrey Ballet; Keith Elliot, Chicago, dancer with Joseph Holmes Chicago Dance Theatre and Victor Medina, Chicago, currently with the Ballet Theatre North.

The BYDE is funded in great part by the Duchossois Foundation and the Barrington Area Arts Council's ARTS BOOST program.



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#### **Barrington Newcomers Luncheon**

Our January luncheon is on Tuesday, the 18th, at Formerly Farman's in Lake Zurich at 11:30 a.m. The program is Fine Art Matchmaker for your home by Carolyn Husemoller.

It's always fun to rearrange your rooms and do some decorating when you put away your holiday decorations. Our program for January should give us some information to help in our selections. Carolyn Husemoller is a Fine Art Matchmaker for the home. She will discuss what to look for in purchasing fine art and will bring some examples for us to view.

Our luncheon will be at the newly

remodeled Formerly Farman's in Lake Zurich. This Lake Zurich landmark was built in the 1800's as a homestead. In the 40's, it was a popular spot with people from the Arlington Race Track. After extensive work, the present owners opened for business October 15. We know you'll want to check out this local establishment.

Please send your reservation form with a check for \$17 to Barbara Steinkrauss on or before Monday, January 10th. Please note: guests are welcome to attend this luncheon! Call Barbara if you have any questions, 382-9210.

#### Associates To Hear Member Lecture

The Barrington Community Associates of the Art Institute of Chicago will continue its series, "Members Present Art," with a slide/lecture by Jeanette Muench on "The Kew Garden Botanical Paintings of Marianne North," to be held Thursday, January 13, at 1:00 p.m. at the Methodist Church, 311 South Hough Street, in Barrington. The lectures are free of charge and

open to the public.

Membership in the Barrington Community Associates of the Art Institute is open to men and women in the Northwest suburban area. The cost of \$50 includes a family membership in the Art Institute of Chicago. Please call Mary Lou Iverson, 359-0941, or Pat Fein, 382-5953, for further information

#### Welcome Wagon January Coffee

The Barrington Welcome Wagon Coffee will be on Thursday, January 27, at 9:30 a.m., at a member's home.

The program will be "Dreams, Nightmares and Reality," presented by the School of Metaphysics that teaches you to

develop better personal strength by expanding your thoughts and how to interpret your dreams. Guests are welcome. Please call JoAnn at 540-6416 if you would like to attend.

#### "Here We Come A-Wassailing" BCLO Holiday Party

by Glenne McMonigal



The Barrington Chapter of Lyric Opera of Chicago heralded in the holiday season last month with an elegant English Madrigal Concert held in the beautifully decorated stately home of Michael and Janice Minton of Inverness. The cordial host and hostess gave a warm welcome to all and turned the program over to chapter president, Wanda Hollensteiner.

The Madrigal Singers represented Hoffman Estates High School. Their voices were extraordinary and the costumes were splendid as well.



After the Madrigal Concert, holiday cookies, candies, punch and coffee were served. Then Bruce Meils of Barrington Hills led one and all in an enthusiastic sing-a-long, playing all the old favorites.

# Hot Time In The Old Town With The Great Chili Cook-Off

The Welcome Wagon of Barrington Great Chili Cook-off on Saturday, February 5th at 6:30 p.m. will be at the Lake Barrington Shores Clubhouse. There'll be a "hot time in the old town" as our male/trail cooks vie for the title of "Chili Cook Extraordinaire." Contestants' delicous and delectable Chili creations will

be accompanied by downhome cornbread, chips/salsa and dessert. Bring your boots, if you got em, 'cuz we'll be doing some do-si-doin'. The paltry price of Southwestern Specialties is yours fer \$25 per person. Please call Lyn at 304-0416 if you are interested.

# Here, of course



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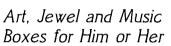
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Downtown Barrington





#### Romantic Boxes



- Birthdays
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- Valentines

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# Penelope's New Years Sale



# ENTIRE INVENTORY ON SALE

Diamond Wedding Rings	20% OFF
Diamond Remounts and Engagement Rings	20% OFF
Color Stone Rings	20-50% OFF
14 Kt Gold Necklaces and Bracelets	20% OFF
14 Kt Gold Earrings and Ear Charms	20% OFF
14 Kt Gold Neck Chains	20% OFF
14 Kt Gold Medals, Crosses, Charms	20% OFF
Sterling Silver Marcasite Jewelry	30% OFF

Discounts are off our everyday low prices

— Sale Dates —Monday, January 3rd thru Sat. Jan. 15th

Goldsmith on Premises

200 South Cook St. Downtown Barrington (708) 381-1171 Penelope's

of Barrington

# This Valentine's Day Give The One You Love the Gift of Tranquility

Tranquility, Barrington's total full service salon has just the answer for your Valentine's day gift giving needs. A gift certificate from Tranquility will not only show your special Valentine you care, but will let your Valentine experience the joy of tranquility.

Tranquility Salon offers not only complete hair care but nail care, skin care and therapeutic massage that we will be happy to coordinate into personalized gift certificates. For the total experience we re-

commended a full day of Tranquility.

Our gift certificates range in price from \$12 to \$175. We are able to put together any custom package that you would like. Please feel free to come in and see **Tranquility**. We are located at 123 West Main Street and you may phone in orders for gift certificates at **382-6001**. It will be our pleasure to make this Valentine's Day a day to remember. **Tranquility**, Barrington's total up-scale full service salon.

#### Pandora Never Had It So Good!

A box for any occasion—that's what has arrived at **The Canterbury Shoppe** just in time for mid-winter weddings, birthdays and that special someone! Beveled glass art boxes from Texas, English tea boxes and many other delightful gift and decorating accessory ideas await you when you visit.

Browse throughout our collection of tapestry pillows and runners, candlesticks and elegant home decor while you sample some of the delectable drink and food items that can be added to any big or little party, especially a party for two! Remember,

Valentine's Day is coming. We have gift ideas for him or her.

The Canterbury Shoppe gift baskets are perfect for all your personal holidays. From your best friend's promotion to your grandparent's 50th anniversary. They live in Florida? We're happy to arrange to ship your gifts.

At The Canterbury Shoppe we're passionate about all the holidays all year through. Come visit us in historic downtown Barrington at the Shops of Cook Street Station.

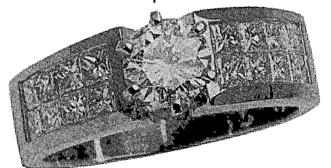
#### Barrington Students Compete in Rolling Meadows High School "Mirrors" Self-Portrait Art Show

Ten Barrington High School art students had their works juried into the Rolling Meadows High School "Mirrors" self-portrait art show recently. From these ten entries, we are proud to announce two winners: Erin Dvorak, a sophomore, received a second place ribbon and a \$5.00 award for her photography entry and in the

painting category junior, Tamima Farooqui received Best of Show and a \$25.00 cash prize.

The public is invited to view this show at Rolling Meadows High School, 2901 Central Road, Rolling Meadows. For times please call 259-9640.

#### On Sale at Penelope's



Mounting—18 kt. Gold — 1.23 Princess Cut Diamonds. Reg. \$3600. On Sale \$2700.

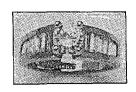
**Penelope's** has always offered a wonderful selection of 14 kt. gold jewelry. In addition **Penelope Jewelers** is now carrying diamond wedding rings, eternity bands, loose diamonds and diamond ring mountings in many styles and price ranges.

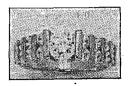
Also new at **Penelope's** is sterling silver jewelry, contemporary wood and pewter

picture frames, Colibri pens and mens jewelry in 14 kt. gold, gold filled and sterling silver.

All of these items and many other exciting jewelry pieces are now on sale during **Penelope's** New Year's Sale. Also available, a selection of items up to 50% off.







#### Bonne Annee, Bonne Santee, Je Te La Souhaite Couleur De Rose ... Etc.

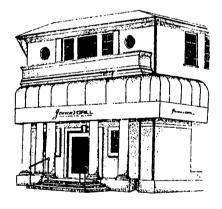
This is part of an old French way of wishing you a very Happy and Healthy New Year. Merci to all of you who have helped make 1993 our best year so far. The past year has brought a new look to our dining room that was indeed very well received by our customers. Also just recently we changed all the chairs, to be considerate to your "derrieres." . . . I figure each chair has accommodated an average of 22,503 people over the past six years, we are giving them a well deserved retirement . . . 1993 brought us up to two stars in the respected Chicago magazine, thanks to the constant and thorough efforts of executive Chef-partner, Masato Suzuki, and Chef de Cuisine David Esau and the entire crew of dedicated and skilled people working with us front and back . . . That year we also changed the format of the menu and its content was adjusted twice for seasonal diversity.

These were the changes past, we do not always plan the future but here are a few things I know and will share with you . . .



Our daughter, Lorraine, is expecting a "petit bebe," so she will be replaced as the hostess of D&J, by Rob, a very experienced "young" man from our bistro in Mt. Prospect, sometime in January. I also know that sometime in March, we will hold our famous COUSCOUS buffet dinner on a Sunday, for the seventh year in a row! Of course, I also know that VALENTINE'S DAY is a great day to bring your "cheri(e)" to the bistro . . . I know much more, but I'm running out of space . . . au revoir et a bientot!

#### Elegant Atmosphere Great Cuisine



Located in the old bank building downtown, Jovan's Grill is the new place to meet in Barrington. Upon arrival, guests enter on the main floor, exhibiting a spacious bar surrounded by tables where the full menu is also available. The main dining room on the second floor features casual dining in an elegant atmosphere overlooking downtown Barrington.

Whether it's a quiet dinner for two or a large celebration, **Jovan's Grill** is ideal for any occasion.

Diners may choose from an extensive menu, highlighting prime steaks, fresh seafood and innovative pasta dishes in an American continental style. Also featured are a variety of unique daily specials and homemade desserts. Compliment your meal with a selection of fine wine from the wine list or the reserve list for that truly special occasion. Lunch is served Monday-Friday, 11:30 a.m. to 4:30 p.m., and dinner, Monday-Saturday, 4:30 p.m. to 10:30 p.m. Enjoy cocktails in the original bank vault off the main bar until 1:00 a.m., Monday-Saturday.

With attentive service and delicious food, we're sure it won't be long before you visit. Reservations are recommended and you may call (708) 381-4422 for reservations and carry-out orders.

#### Trendy Bacchus In Kildeer

**Bacchus**, the god of earthly pleasures surely had an appreciation for the finer things in life. Consistent with that philosophy, **Bacchus**, the trendy Kildeer restaurant located at Rand Road and Quentin, is offering a host of sensational foods accompanied by exceptional wines from around the world.

In addition to **Bacchus**, Christian Zeiger also owns Alouette and Amourette restaurants, but fills a different niche with this charming restaurant. **Bacchus**' fare is simpler, lighter cuisine. The menu is strictly French but incorporates elements from other regional styles of cooking.

Bacchus is the perfect rendezvous spot for busy professionals — it is open long hours, serving from 11:30 a.m. to 1:30 a.m. Whether your choice is a modest Salade de la Maree (seafood salad) at noon; an appetizer of Norwegian Smoked Salmon and toasted brioche at 4:00 p.m.: Confit of Duck or Jambalays for dinner; or a Linzer Raspberry Tarte after the show, **Bacchus** can prepare it tout de suite to be accompanied with a very special wine by the glass.

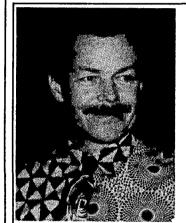
**Bacchus** is a haven for wine afficianados. The knowledgeable staff is always ready to recommend a favorite vintage. A wide variety of California and European wines are displayed for purchase by the bottle or case.

How would you enjoy being a full or part time host or hostess at this interesting and fun establishment? Call Peter or David or Christian at 438-3212 and be part of this convivial environment. It's a great meeting place, where everyday is a new day!

# BARRINGTON LIFESTYLES Magazine

may be purchased at Just Jacki's Town Shoppe 119 S. Cook St., Barrington

Fashions • Home DecoratingSocial Happenings



# D& 9 Bistro

We All Wish You A Great 1994

We all thank you for your support in 1993

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# 1-1/2 lbs. Alaskan King Crab Legs or 16 oz. Dover Sole \$1495



This offer is valid Monday thru Saturday during the month of January Served with vegetable and potato

Not Valid with any other promotion



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STEAK AND SEAFOOD RESTAURANT 105 South Cook • Barrington • 381-4422



#### Indulge Yourself... Experience Bacchus

Where an extensive selection of fine wines, scrumptuous appetizers and desserts awaits you in a warm and sophisticated ambience.

#### ·BACCHUS·

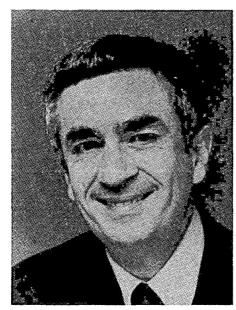
Quentin and Rand Roads • Kildeer • 708/438-3212 (Just east of Barrington, south of Long Grove, west of Buffalo Grove)

## Happenings In The Area

#### Barrington Lyric To Present "Accents On Verdi And II Trovatore"

Pat Steed, Schaumburg, program chairwoman for the Barrington Chapter of Lyric Opera of Chicago, will introduce WFMT Radio's Mr. Andy Karzas (on right) who will present, "Accents on Verdi and Il Trovatore" at 2 p.m. on Sunday, January 16, at the Barrington Area Arts Council, 207 Park Street in Barrington. Following the program. Hors d'oeuvres and beverages will be offered by Lyric board members. Members \$10. Guests \$15. Reservations are limited and close January 9. Receipt of your check (payable to Barrington Lyric) will be your reservation. Kindly respond to Linelle Delk-Jacobs, 276A Old Barn Road, Lake Barrington, IL 60010. (708) 382-4994.

Mr. Andy Karzas, host of "From the Recording Horn" heard on WFMT FM (98.7) every Saturday evening at 6:00 p.m., joined WFMT in 1972. He is a former member of the Lyric Guild Board of Directors and has served as Chairman of Education for the Guild. In the early 1960's he founded the Chicago Chapter of Lyric Opera of Chicago and has served as Chairman of the Backstage Tours. Cur-



rently he writes "On the Record" for Lyric Opera News, a column discussing available recordings of the season's operas.

For inquiries on the Barrington Chapter, please phone Sheila Nolan, Inverness, (708) 358-9080.

#### Horsedrawn Transportation Topic At DAR January Meeting



Linda Wichman, First Vice Regent of Signal Hill Chapter (shown), NSDAR, announces that the next regular meeting will be held at 12:30 p.m. in the Lake County Museum in the Lakewood Forest Preserve, Route 176, east of Wauconda on January 18. The program, "Horse Power: Horsedrawn Transportation in Lake County" will be presented by Stacy Pyne, Education Curator at the Museum.

This meeting will provide members with the one opportunity to donate to the American Indian Scholarship Fund. Tax deductible checks should be made out to Signal Hill Chapter, NSDAR, designated for the Indian Fund, and given to Treasurer, Meg Kachelreiss.

Hostesses for this meeting include Linda Wichman, Kay Jones, and Dorothy Blue

#### Barrington Welcome Wagon Winter Luncheon at Chessies

"The weather outside is frightful, but face, skin and eye color. One free makelunch at Chessie's will be delightful" . . . Christmas decorations are packed away, we've made our New Year's resolutions. so now it's time to join your friends for a buffet lunch and learn how to take 5 years off your face and 10 pounds off your figure on January 11th at 12:00.

There will be tips on make-up and wardrobe coordination offered by Paula Barans. image consultant. Ideas on how to sculpture your face with make-up and clothing suggestions to complement your Fish, our charities.

over giveaway.

The menu consists of mixed green salad, chicken piccata, shrimp palermo with linguine, wild rice, carrots vichy, rolls, dessert and coffee.

Cost is \$13.00. RSVP by January 6th to Diane at 382-7087 and let her know if you need to arrange for child care.

1994 Entertainment Books will be available for \$35.00 and will benefit American Red Cross, Shelter Inc. and

#### Mary Ann Childers To Be Guest Speaker At AAUW Luncheon



On Saturday, January 29, 1994, the Northwest Suburban Branches of The American Association of University Women (AAUW) cordially invite you to attend a luncheon meeting, featuring as guest speaker, Mary Ann Childers, noted Channel 7 anchor and reporter.

The event begins at 11:30 a.m. and will be held at Marriott's Lincolnshire Resort, Chaparrel Ballroom. Luncheon tickets are \$20 (\$22 at the door). Call Bobbie Svaeha, (708) 381-3315, or Mary Lou Hajduk, (708) 382-5989, for reservations.

Mary Ann Childers will be guest speaker at the AAUW luncheon on January 29, at the Marriott Lincolnshire.

#### The Barrington Women's Club Opens New Year With Fitness Presentation

The Barrington Women's Club will start out the 1994 year with their monthly meeting on January 19, 1994, at the Barrington Presbyterian Church on Brinker Road. The program will be entitled "Fitness and Nutrition" and be presented by Kemp Schanlaber, M.S., CBFT. Those attending the seminar will walk away with knowledge that will allow them safely and effectively to begin an exercise and nutrition program that will be tailored to meet their individual needs. This program is a must for all of us interested in good health. The program will be preceded by a Brunch at 10:30 a.m. and the program at 11:30 a.m. For information, call Carole Lynam, 381-8272.

The Women's Club Collectors Group will meet on Friday, January 28, 1994, for a presentation by Betsy Sherwin Ward on Herbs, Antiques and Country Flowers. For information, call Lois Hoppe, 381-9288.

The Literature Group will meet on Monday, January 10, 1994, for a review by Lanni Ori on "Marilyn Monroe." Details



Left to right: Sandy Forsberg, event cochairman; Janet Henning, President; and Mary Therese Stephens, event co-chair-

of meeting place can be found by calling Anne Zimber, 382-6861.

The Barrington Women's Club held its annual Fashion Show to raise funds for its scholarship fund and above is a picture at the Gala event.

#### Associates Plan To See "Master Works" At Chicago's Art Institute & Orchestra Hall

The Barrington Community Associates of the Art Institute of Chicago are planning a bus trip to Orchestra Hall and the Art Institute to celebrate "Master Works," 100 years of achievement by both distinguished cultural organizations, on Friday, February 18. The Woman's Board of the Art Institute and the Women's Association of the Chicago Symphony are joint sponsors of the program, which includes a concert and lectures by Phillip Huscher, Program Annotator of the Symphony and Robert Eskridge, Associate Director of Museum Education of the Art Institute. They will discuss the work of the conductors, directors, curators and patrons who helped make possible the Symphony's

legendary performances and the Art Institute's fine collections.

The bus will leave Langendorf parking lot, Lions Drive, Barrington, at 8:00 a.m. and leave Chicago at 3:00 p.m. The program is open to members only and the fee is \$48. Reservations, due January 29, may be made by calling Mrs. Barry Hemphill, 382-3319.

Membership in the Barrington Community Associates of the Art Institute is open to men and women in the Northwest suburban area. The cost is \$50, which includes a family membership in the Art Institute of Chicago. For more information, please call Mary Lou Iverson, (708) 359-0941, or Pat Fein, (708) 382-5953.

#### The Answer Is ... Music!

If someone informed you that you could give your child just one relatively inexpensive gift that would improve the course of his life and better his chances for success, you would want to jump at the opportunity. And, if you further learned that this one gift would help your child develop mental and physical co-ordination, character and self-confidence, and you would be assured that he would be associating with wholesome companions during his formative years, you would ask, "What is this treasure?" The answer is found in that most universal of languages . . . music. All of this is yours to give to your child through this treasured gift of self-expression. Music is a gift that will be enjoyed and appreciated throughout your child's life.

#### Piano lessons by Catherine Maynard.

Personalized instruction is given to students at **Keyboard Connections** in Barrington, where each student is taught according to their ability. Musical theory is very important as are scales and chords for finger strengthening and co-ordination skills. In addition to lesson books, sheet music is supplemented to further stimulate interest. An informal recital is held annually in order for the families to enjoy the students' accomplishments.

Summer lessons are suggested in order to continue building upon the skills learned throughout the year. All ages are welcome including pre-school (group lessons).

For further information, call (708) 526-7848.

#### Muirfield Village At Art And Frame Galerie



Larry Dyke and Jack Nicklaus

Golfers and collectors will want this new first of a kind limited editon print.

"The Third at Muirfield" represents a collaboration of Jack Nicklaus, the designer of Muirfield Village Golf Club and Larry Dyke, this nation's most collected golf artist. Together, they have created a beautiful portrait.

Visit Art and Frame Galerie and let

owner Terry Ingerson show you this fine limited edition or any of the other quality art work displayed in the store.

Galerie specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf, and unique collectibles are among the wide variety of affordable items available at **Art and Frame Galerie**.

The Galerie has experienced artists and framers on staff to preserve your most precious momentos and artwork in the finest framing available. Choose from over 2000 frame selections.

For a solution to your wall decorating needs, stop at Art and Frame Galerie located at Route 22 and Rand Road in Lake Zurich or call 540-8070. The shop is conveniently located behind the NBD Bank and next door to D&J Bistro Restaurant.

#### The Sale Must Go On!

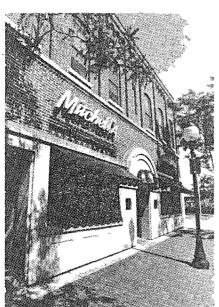


Photo by Joyce Mitchell, Mitchell Studios.

At Mitchell's Jewelers we are continuing our close-out sale and we still have a good selection of fine jewelry, watches and gifts to choose from. The whole reason for the sale is to make room for a selection of new merchandise for our customers and for our 25-year anniversary which comes up this year in March.

Some of the items in our store have been reduced even more from our sale in December and many of these items are "one of a kind," or are no longer available, so take advantage of this opportunity to save because you may never see savings like this again.

Mitchell's Jewelers, as always, will take the time to educate you in what to look for in quality merchandise. We stand on our twenty-five year reputation in serving the community with honesty, integrity and fair pricing.

We have savings of 20-60% throughout the store. We acquired a special group of close-out watches with factory authorized close-out prices reduced from 40-75%. Normally, I am the first one to say, "if it sounds too good to be true, it usually is," but there are always exceptions to the rule, and this is one of them.

So, do not miss out on Mitchell's **Jewelers** store wide close-out sale going on now through January 31st, in downtown Arlington Heights.

Douglas A. Mitchell, co-owner Recipient: GIA Diamond Grading Certificate

#### KEYBOARD CONNECTIONS

Piano Lessons by Catherine Maynard

- 20 years experience
- Children & Adults
- Personalized instruction at your home or mine

Enroll your children now so they can participate in our May recital!

Ask about our Introductory Discount 526-7848





The Doorway

to Elegance

# STOREWIDE INVENTORY CLOSEOUT! EVERYTHING MUST GO! 20% TO 60% Off!

YES WE ARE CLOSING OUT OUR INVENTORY BUT NO WE ARE NOT CLOSING OUR STORE.

Mitchell's Jewelers still has a large selection of jewelry, watches and gift items at closeout prices.

We are selling off our entire inventory to make room for a whole new look in merchandise for our customers and our 25th anniversary in 1994.

(Some Restrictions Apply)

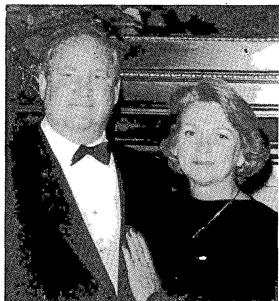
## Mitchell's Sewelers

Six generations of experience in the art of fewelry.

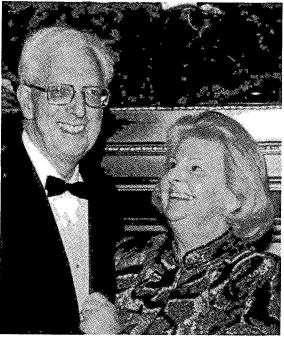
10 North Dunton ♦ Downtown Arlington Heights ♦ 394-0820

Hours: M, T, W 9:00-5:30 • Th & F 9:00-8:00 • Sat. 9:00-5:00

#### Infant Welfare's 25th Annual Golden Ball Shines



Linscott and Mary Cate Hanson of South Barrington enjoyed the splendid occasion. Mary Cate is second VP in charge of projects for the Barrington Chapter of The Infant Welfare Society of Chicago.



Lewis and Marlene Lawton of Wynstone were there. Marlene generously donated a beautiful auction prize, a Christmas wreath and a Santa in a sleigh, perfect for holiday enhancement.



Penny Knopik of Barrington, co-chair of the gala and Iolanda Goodfellow of North Barrington, chairman, did a magnificent job of orchestrating the special 25th anniversary ball, held last month at the Wynstone Country Club in North Barrington. The table centerpieces, designed by Born Florists of Chicago, were breathtaking and the rooms were resplendant in gold! The 1994 Chapter officers are: President, Mrs. Byron Johnson; 1st VP, Mrs. Jon Apmann; 2nd VP, Mrs. Linscott Hanson; 3rd VP, Mrs. Frank Devlin; Corr. secretary, Ms. Lori Rutherford; Record secretary, Mrs. Robert Jenkins; Treasurer, Mrs. Donald Larsen; Member-at-Large, Mrs. Jerome Powell.

by Glenne McMonigal



Kristofer and Sue Manko of North Barrington were among those who enjoyed a wonderful gourmet dinner of filet mignon and salmon, complete with creme brulee. Sue is publicity chair this year and reported over \$17,000 was raised for The Infant Welfare Society of Chicago due to the success of the ball.



Member Arlene Bruder of Barrington Hills was prize baskets chairman and terrific they were . . . from Gourmet Goodies to Dodgers Memorabilia.



Jan and Krista Debeuckelaer had fun, including listening and dancing to the music of Celebrated Sounds. Krista is program chairman and social chairman of the chapter this year.

#### New Year's Resolutions

At Hairs To You in Lake Zurich we resolved to keep providing our clients with competitive prices, comfort, and to cater to their needs. For the month of January, Kristen (pictured) will have a special of 50% off on any service, perms, color, cuts. Now that the holidays are over it's time to think of yourself.

Did you make a New Year's resolution to be good to yourself? We'll make it easy for you at Hairs To You in Lake Zurich. Enjoy the intimacy of a small salon with the efficiency of a high tech shop.

If you're one of the lucky ones to be going to warmer climes, wouldn't it be great to go with a new fresh look?



At Hairs To You they suggest that it's not too early to be thinking of Valentine's Day. They have some great suggestions for

#### THE Show For Discriminating Buyers

The Northwest Suburban Antiques Show and Sale is returning to Harper College for its Tenth show on January 28, 29, and 30, 1994.

This well established antiques show offers something for the novice as well as the advanced collector. The show's furniture dealers are complemented by exciting merchandise such as glassware, china, silver matching, estate jewelry, linens, vintage clothing and a varied array of collectibles.

Spend an enjoyable time browsing through our wide variety of booths. And, while you are there, treat yourself to a snack or enjoy a meal in our food section.

If you would like to learn more about the item or items you collect, be sure to visit the booth of Hamlin House for that special reference book or current price guide.

Quality is the mainstay of this show, reproductions not allowed.

This is THE quality show for discriminating buyers. Don't miss it!

The Tenth Northwest Suburban Antiques Show will be presented Friday, January 28th, 4 p.m. to 9 p.m.; Saturday, January 29th, 12 noon to 9 p.m.; and Sunday, January 30th, 12 noon to 5 p.m.

The show is located in Building M, Harper College, 1200 West Algonquin Road, in Palatine, Illinois. Admission is \$4.00 (save 50¢ with this ad) and parking is free.

The Tenth Northwest Suburban Antiques Show has high quality exhibitors and is presented by Cherubim Productions, Ltd. For more information, call (708) 584-4374 or (708) 393-6554.

#### Kumon Math's Latest Success Story



Meet 5th grader Jackie James of Inverness.

Fifth-grader Jackie James of Inverness is Kumon Math's latest success story. Jackie has been attending the Kumon Math Center of Palatine since March of this year and was recently named to the Kumon Honor Roll, which lists students doing work above their grade level. She is a fifth grader at Gray M. Sanborn School in Palatine and is in the school district's special opportunities program. "Kumon has really helped me in school," Jackie says. "We are doing sixth-grade math; and when the teacher begins a new concept, I catch on right away!"

Jackie's Kumon instructor, Patt Heise, says that Jackie is the kind of student every

teacher dreams about. "She is conscientious and hard-working. She realizes the importance of a solid math background and she works hard to be the best she can be.' By doing 20-30 minutes of Kumon a day, Jackie has advanced through four grade levels of math in just nine months.

Kumon Math, the world's largest afterschool educational program, is a back-tobasics, individually-designed program that begins at each student's point of 100% competency and builds from there. By repeating similar exercises until mastery is achieved, students move on at their own pace, not at the pace dictated by an entire classroom of students. This means that the program is a success for all students, whether they are in the program because they are having trouble with math, or because they want to advance at a faster pace than their classmates in school. 'Students master one concept before moving on to the next," says Mrs. Heise. "It's such a common sense idea, it's almost revolutionary!'

Mrs. Heise has been the instructor of the Palatine Center for the past 18 months. "I was first introduced to Kumon," she says, when I read a feature article in our local newspaper about the program. Our daughters, ages 13 and 9, both had trouble with math in school. The program sounded too good to be true; but because my husband I both have degrees and backgrounds

(Please Continue on Page 34)



# 50% OFF HAIRCUT

Coupon Good Until January One Coupon Per Person First Time Clients Only

HOURS: Monday, Wednesday, Thursday, 9:00-8:00; Friday 9:00-6:00 Closed Tuesday; Saturday 8:30-3:00

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Paul Mitchell

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#### TENTH NORTHWEST SUBURBAN

JAN. 28-29-30, 1994



Friday, 4pm-9pm • Saturday, Noon-9 pm Sunday, Noon-5pm

#### HARPER COLLEGE Building M

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The quality show for discriminating buyers, featuring 100 dealers displaying a wide variety of furniture, glassware, silver matching, estate jewelry, collectibles, price guides & more.

Presented by Cherubim Productions, Ltd.

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It's no secret that children today need a solid foundation in math and study skills to succeed in the increasingly competitive world of tomorrow. Kumon, the world's largest after-school math learning program, can give your child that competitive edge through:

- Improved math skills
- Elimination of math anxiety

Increased self-confidence

Superior study habits

Greater concentration skills

• Faster and more accurate work

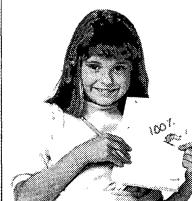
 $30+5=6.2.4.6.81/2\times1/2=1/4a^2+b^3$ 

With a curriculum from pre-school through calculus, we can help children of all ages and skill levels achieve in math and in school. Call today!

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 $^{8}.4.6.81/2 \times 1/2 = 1/4 a^{2} + b^{3} + c^{2} \sqrt{x} f \triangleleft$ 

Barrington LIFESTYLES - January, 1994 Page 15

# Where In The World Did A Name Like "Mundhank" Come From? BAHS Has The Answer!

While stopped at the traffic light at Mundhank Road in South Barrington have you ever wondered, "Where in the world did a name like 'Mundhank' come from?" Well, the Barrington Area Historical Society knows the answer to that question and plans to share that bit of information and much more with the village of South Barrington on January 12, when the Village of South Barrington will host a meeting of the BAHS. At the meeting which is open to the public, the BAHS will present a visual program at 7:00 p.m.. highlighting the history of South Barrington from the time the first European settlers established permanent homesteads. through the agrarian period of German settlement, to the organization of the village in the early 1970's. Even though the BAHS knows that William Mundhank was the first German farmer to settle in South Barrington, there is still a lot of information about the village that the BAHS may not know. The BAHS encourages all the residents of South Barrington to attend the program and bring their family and village memories of an earlier South Barrington to share with the BAHS and fellow neighbors. There will be ample time to listen to the historians, look at the photographs from the BAHS collection, and share South Barrington's history. There is no charge for the program which

is open to all area residents. For more information, call the BAHS at 381-1730.

One of the goals of the BAHS is to provide the community access to the Barrington area history. And through the diligent research of Ruth Munson, a founding member of the BAHS, the BAHS has come up with a delightful way to share with the community some of the 50,000 fragile glass negatives which are a part of BAHS' permanent collection. A limited edition series of nine assorted writing cards entitled, "Historical Notes of Old Barrington," has been printed by Holke Press. Each writing card is a peek into the past at a Barrington very different from the one we know today. Most of the photographs were taken during the turn of the century and include the 1914 Railroad Agents Office in the old wooden C&NW Depot, a 1906 early morning milk delivery from the Barrington Dairy, a 1918 glimpse of the John C. Plagge General Merchandise Store with Alma Stiefenhoefer clerking and six other charming reproductions of Barrington's past. Each writing card contains a brief history of the scene which has been reproduced. This collection is the first in a series of writing cards which will be introduced yearly by the BAHS to share the many photographs in its collection with the community.

"Historical Notes of Old Barrington,"



Turn of the Century Milk Wagon, circa 1906. This photograph captures the Barrington Dairy milk wagon during an early morning delivery. The young man on the left is Herman Butzow. The delivery man is Robert Frick. Notice the "white" advertising combination of horses, wagon and uniform. The farms surrounding Barrington had a tradition of supplying high quality dairy products.

can be purchased for \$8.50 a box at The Historical Society's Gift Shop and Museum; Sidney Johnson, Booksellers; and Yvette's Espresso Bar. The proceeds

from the sale of these writing cards benefits The Barrington Area Historical Society and its many community projects.

#### Inverness Garden Club Holds Annual Christmas Luncheon At Medinah

by Glenne McMonigal

Last month, members and friends of the Garden Club of Inverness held their annual Christmas Luncheon at the Medinah Country Club. Carol Tame, left, was co-chairman of the event (along with Bonnie Carroll). At the roster is club president Karen Vozas, welcoming all. Karen and Carol are both residents of Inverness.

Following the luncheon of Caesar Salad, grilled breast of honey-walnut chicken and a chocolate Santa boot filled with chocolate mousse, Kimberly Oldis, of Kimberly's Florist in Glen Ellyn, was guest speaker. The very talented lady created a variety of holiday floral arrangements which were given away as prizes. She also instructed attendees on how to go about making beautiful holiday decor for the



Karla Nielsen, of Barrington Hills, guest of member Arlene Cullen of Inverness, "oohed and aahed" over the gorgeous and extravagant prizes covering the long tables. The prizes ranged from lovely personal items to beautiful holiday decor. Arlene is the Director and immediate past president of the Inverness Garden Club. Proceeds from this event are directed to scholarships and other charities sponsored by the Garden Clubs of Illinois.



# Health, Beauty And Fitness

Special Lifestyles Section



#### A Sensible Approach to Good Health

All Ways Healthy can help you design a program to improve your health and fitness. What are your concerns? Are you concerned about the fat in your diet?

Do you have allergies? Are you on a restricted diet?

You can stop in at All Ways Healthy for make an appointment with Carole Childers, owner. Carole is ready to provide personal assistance to customers including suggestions and information to help with special diets or health programs.

Let All Ways Healthy in Lake Zurich "help you help yourself."

There is a special section devoted to books offering plenty of additional information on everything from healthy cooking, special dieting, improving nutrition and body image, to allergies and stress management. We are planning educational seminars for 1994.

At **All Ways Healthy** we are dedicated to a common sense approach to health improvement.

#### Good Shepherd Offers Safety Resolutions

During the coming year, one out of five persons will suffer a life-threatening injury at home, on the road, at work or at play, according to the American Trauma Society (ATS).

To help prevent trauma in 1994, EHS Good Shepherd Hospital's emergency medicine department and the ATS have issued a list of ten safety resolutions for the new year.

- 1. Wear seatbelts and buckle children in safety seats/seatbelts. Using a seatbelt costs nothing. Seatbelts cost car manufacturers only a few dollars; retrofitting seatbelts in the back of a vehicle costs about \$150 per seat. Recovering from a car crash could cost about \$43,000.
- 2. Observe road courtesy: drive defensively; slow down speed kills; be careful with prescription drugs; they can affect driving ability. Car crashes were the cause of over 43,000 deaths during the past year. Exceeding the posted speed limit or driving at an unsafe speed was the most common error in rural crashes and in fatal urban crashes.
- 3. Drink moderately, if at all, and never when planning to drive. Keep others who have been drinking from driving. One out of two fatal motor vehicle crashes involve alcohol. The number of alcohol-related crashes increases greatly at night and on weekends. In one year alone, over 75 percent of fatal traffic crashes involved alcohol.
- 4. If you must have a gun, store it unloaded and out of children's reach. In one year, over 19,700 persons below the age of 35 died from gun injuries.
- 5. At home, secure rugs, steps, railings, screens, etc., to avoid falls. Falls are the leading cause of nonfatal injuries

and the second leading cause of unintentional death.

- 6. Bicycle defensively and wear a helmet when riding a bike or motorcycle. Nine out of 10 deaths from bike injuries involve the head and/or neck. Bike helmets reduce the risk of head injury by 85 percent and the risk of brain injury by almost 90 percent. It is estimated that motorcycle helmets saved the lives of 559 motorcyclists in one year.
- 7. Install and maintain smoke detectors throughout the home. Households with children should keep the hot water temperature at 120 degrees Fahrenheit or less. Smoke detectors should be placed strategically throughout the house. Recovering from critical burns could cost \$100,000. Smoke detectors cost as little as \$6 to \$10. Although fires cause the greatest number of deaths among children, scalds lead in burn injuries. Annually, about 37,000 children, most under the age of 5, suffer severe scalds.
- 8. Keep any household products that might be poisonous out of children's reach. About 1.7 in 100,000 deaths are caused by poisons.
- 9. Help children develop good safety habits. Trauma is the most common killer of children over one year of age. In addition, each year, almost 16 million children are seen in emergency departments for their injuries.
- 10. Learn about the local emergency medical system and how to get help quickly. Three out of five trauma victims never get to appropriate care.

EHS Good Shepherd Hospital, which is part of EHS Health Care, is located north of Barrington on Highway 22, two miles west of Route 59.

SAVE 10%

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Let Us Help You Help Yourself Achieve Your Healthy Goals For '94 Come In and See Us At All Ways Healthy

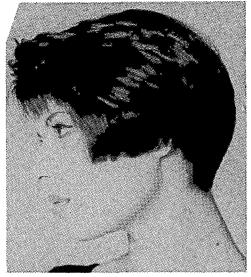
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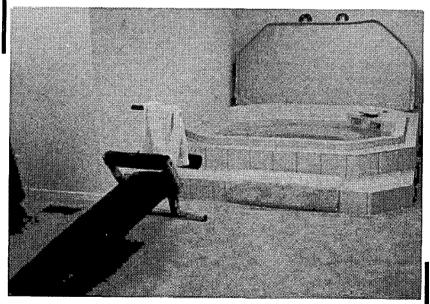
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#### After The Holidays Special

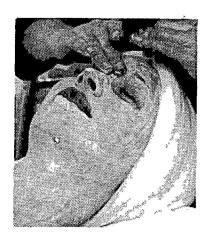
The Total Look offers treatments for dryness which is a skin condition caused by under functioning of the sebaceous glands (oil glands) or by the skin's inability to store moisture.

We have special treatments for acne prone or oily skin. We have cell renewal ampules to help speed healing and cell regeneration.

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Come in or call today for our special. Marcey Ramagnano

The Total Look 120 Lageschulte, Suite 106 Barrington, 382-6646



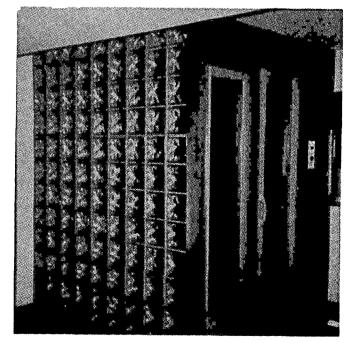
#### Dazzle More in '94!

You will when you visit She & I Hair Salon located on Northwest Highway (next to Barrington Ace). Receive a complimentary hair cut when you have your hair highlighted, by Kim or Tammy during January. Isn't that just the lift you need right now?

Whether your hair needs cutting, coloring or perming, the experienced staff at She & I is there to serve you. From bold and dramatic to soft and subtle, they'll help you with the look you want. Walk-ins are welcome.



#### The Sauna The Bath For Body And Soul



The sauna has been a way of life for many civilizations. The Russians, Japanese, and certainly the health-minded Scandinavians, have believed in this fantastic rejuvenating bath for over 2000 years.

The saunas soothing, dry heat relaxes tired muscles, cleanses the pores, and helps stimulate circulation. From athletes to corporate execs, everyone who wants to look and feel their best, swear by saunas.

So reward yourself with adding this daily luxury to your lifestyle. You work hardvou deserve it.

See Swansons Home Leisure Products on Rand Road in Lake Zurich. Swanson's can custom design any ideas you have . . . glass block, glass walls and any configuration. Featured is a custom glass block cedar sauna, perfect to complete your exercise area.

#### Hypnoanalyst Has Program For Overweight

"Overeating is a symptom, not the main problem," says **Sandra J. Buzan, a Hypnoanalyst**, who has had success with her program.

Overeating is how some people deal with problems. It is a clear sign that something is not going right in their life and they turn to food pushing down their feelings.

Diets don't work because they address the symptoms not the cause of excess weight. "I have found that most people know what they should be eating, and that they need regular exercise, but cannot consistently maintain a program," says Sandra. It's not about willpower. It is about unresolved issues.

With hypnoanalysis the underlying issues can surface and be resolved. With hypnosis you can learn to relax. With analysis you can resolve the issues which trigger your overeating. Only then will a healthy eating and exercise program work.

Sandra J. Buzan, M.A. combines 15 years of healing the mind and body using hypnoanalysis and psychotherapy. She is in private practice at 421 North Hough Street, Barrington, Illinois. She works with individuals, families and groups. For details, call (708) 382-0930.

#### Capture A Feeling in New Ways in 1994

Massage Movement will introduce early in 1994, for the first time any place east of the Rockies, the PSI-PRO Sonic Induction System. This advanced designed massage table will deliver sound of musical instrument quality. By delivering sound frequencies into the body itself, an entirely different system of the body, the spinal cord and specific areas of the brain and brain stem are brought into play, with the possibility of a much deeper whole body response. The sound moves out of the speakers and through the four chambers within the table to place one in an optimal

physical and brain state for more profound results. Muscles relax, and the central nervous system and subconscious are more deeply effected by massage therapy.

This past October, Therese Maria Pol, Certified Massage Therapist and owner of the Massage Movement, received her second degree in the Art of Reiki. Reiki will work on levels according to the readiness of the individual being treated.

Massage Movement invites you to capture a feeling in new ways in 1994, by beginning the joyful process of releasing deep muscular tensions.

#### Lambs Host "Cosi Fan Tutte" Cast



Blake-Lamb chairman and artist Matt Lamb and wife Rose hosted an elegant winter party for the cast of "Cosi fan tutte" in their north side Chicago residence, in honor of the successful '93-'94 Lyric Opera season. Saluting the cast were (l. to r.) Richard J. Franke, chairman and CEO of John Nuveen Company; Matt

Lamb, Carol Vaness, who performed as Fiodiligi in "Cosi fan tutte"; Barbara Franke; and Ardis Krainik, General Director for the Lyric Opera. The season is termed one of the strongest ever, for musical direction as well as star performers and sold-out performances.

#### January Skin Care

The Holidays are over now and we are faced with the dull Winter days.

It is time to look at our skin and see the damage the Holidays have caused. Most of the time people neglect their skin care, being busy one has a tendency to become careless with cleansing their face. The most important thing you do to your face is how you cleanse it. We are always happy to teach you how to get the best results from your cleansing process for daytime and night time. Now is the time to call **Syd Simons** for your January facial, to put yourself in the competent hands of your Educated Licensed Estheticians.

After your facial relax even lower with a therapeutic massage. Go from there and have a manicure and pedicure. Sooth those tired feet, and perhaps have a new look in make up!

Happy New Year to all of you. I wish you happiness, good health and good times. I hope to see all of you in the studio this year. Set your goals, let **Syd Simons** be on your list in 1994. This is a year for changes.

Sincerely, Cathy Foster, Owner Syd Simons Cosmetics

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Certified Hypnoanalyst



CALL (708) 382-0930

A Private Practice Using Hypnoanalysis for:

Relationship • Phobias

Pain Reduction • Weight Problems

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OVERWEIGHT? RECEIVE 25% OFF your Initial visit for the program addressing weight issues.

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"Massage has its greatest benefits over time, and most doctors and therapists say the more often you get a massage, the better you feel!!

**New York Times** 



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Create the change Your body can feel

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202 S. Cook Street, Barrington

## At Syd Simons Skin Care Studio We Have Reason To Believe We Are Number One

A Syd Simons Skin Care treatment is 1½ hours of pure indulgence that leaves your skin clean, healthy and beautiful.

Each step of our treatment is performed by estheticians trained in the Syd Simons method.

The entire treatment takes place in a totally relaxed atmosphere

For your private appointment, call us at 381-8727. Visa and MasterCard accepted.



- Makeup Applications
- Makeup Lessons
- Spa Facials
- Manicures &
- Pedicures
   Body Wraps
- Body Massages
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We have "germ free" Dermashield hands. (Like rubber gloves in a can.)

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"Where Makeup is an Art . . . and Skin Care is a Science"

#### Grand Opening in Barrington

European Skin Care . • by Elena, formerly from Georgette Klinger Salon

First Time Clients

20% Off All Services

Includes electrolysis, waxing, makeovers Women's, Men's, Teens Facials Reg. Facial \$45 Deluxe facial reg. \$60

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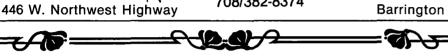
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Enjoying the Mental Health Association in Illinois' (MHAI) new headquarters, overlooking the Merchandise Mart, at 150 North Wacker Drive, are (from left) MHAI Vice President in Charge of Communications, Sherry John, from Inverness; Alicia Stephenson and husband Dick Stephenson of Barrington Hills who are chairmen for the 7th Annual Gold Bell Gala. The Gold Bell Gala will be held on Saturday, February 19, 1994, at Navy

Pier. Ringside seats are \$175 per person. Chicago based MHAI, an affiliate of the

National Health Association, is a nonprofit, non-government, volunteer organization providing public education and advocacy surrounding pertinent mental health issues.

For information on the MHAI or "Sircus" please contact MHAI Executive Director Jan Holcomb, Inverness (312) 368-9070.



#### **Grand Opening Invitation**

ABC-Skin, a new section of Teri's Nail Shoppe, will offer you the best quality European skin care treatments for various skin imperfections, waxing, electrolysis and makeovers.

The Esthetician, Elene, was trained in Europe, has fifteen years experience and was formerly employed by the prestigious Georgette Klinger Salon in Chicago. She has been involved in various seminars and lectures related to the cosmetic field as a participant as well as a speaker in the United States and Europe.

Now you can take advantage of her services right here in Barrington with the introductory offer of a 20% discount (for first time clients) on women's facials, regularly \$45; men's and teen's facials? regularly \$60 deluxe and on the other services.

Look your best and feel your best! For an appointment call ABC-Skin at 382-8374. Located at Teri's Nail Shoppe on Northwest Highway in Barrington. Gift certificates are available.

#### **9999999999999**

#### Obtain Optimal Health

The Genesis Holistic Center is dedicated to Natural Health and Spiritual Awareness for the whole family, helping you obtain Optimal Health in the physical. emotional, mental and spiritual areas of your life.

Individual session: (by appointment only):

Stress Reduction Massage (to improve circulation, immune system and overall well-being); NeuroMuscular Therapy (specific muscle therapy to address sore muscles due to injury/postural problems); Sports Massage (beneficial when starting a conditioning program—to get in shape faster with less stiffness, recover faster from injury, and prevent future injury); Energy Bodywork (reflexology, shiatsu, polarity therapy, Chakra balancing); Nutritional Counseling (Certified Nutritionists available to develop personalized, nutritional programs for healing everything from Allergies to Zinc loss); Holistic Counseling (create a balanced body/mind/spirit connection in your life).

Lectures/Workshops: A wide variety of seminars are offered in Nutritional Awareness (i.e. Candida, Hypoglycemia, Menopause, Allergies, Migraines), Reflexology, Shamanism, Spiritual Purpose, Flexibility/Fitness, Positive Mental Attitude, Numerology, etc.

Call to be on our mailing list for an updated schedule of classes. We are available for on-sight Stress Management lecturesinformative and fun.

Watch for our Holistic Spa Day. Our main goal is "de-stressing" after the holidays. There will be mini-sessions in varied body works. Call for information and space.

Holistic Gift Shop: Unique "Gifts of Health" include books, music tapes, meditation supplies, health care items and gift baskets. Gift certificates in \$5.00 increments can be used for massages/classes/ gift shop.

10% discount with ad!!! (Good thru 3/31/94).

#### 



Committee members for the Super Surrealistic 'Sircus Act VII' to benefit the Mental Health Association in Illinois are standing, from left: Jennifer Deevy, Barrington; Margie Geittmann, Inverness; Silent auction chairwoman Gloria Moats and Raynette Seger, Barrington Hills; Penelope Knopik and Nancy Maloney, Barrington. Seated, from left: Iolanda Goodfellow, North Barrington; Gala Chairwoman Alicia Stephenson, Barrington Hills; Judith Coll and Jennifer Scelzo, Barrington, and Kathleen Amatangelo, Barrington Hills. Committee members not pictured are Lynne Pontikes and Anita Novara, Barrington; Elaine Sinclair, Winnetka; and Frank E. Diaz, Oak Brook. The evening promises to be filled with fun, amusements, sumptuous dining and dancing. Evening attire.

#### Make Wellness Your Resolution For 1994

Resolve to visit a practitioner for a yearly examination.

**Resolve** to alleviate stress by having a therapeutic massage.

**Resolve** to schedule that mammogram appointment.

Resolve to educate yourself about nutritional habits.

Resolve to enroll in a weight reduction

course.

Resolve to prepare yourself for child-

birth and parenting.

WomanCare, a women's health center, is committed to your healthcare resolutions.

With seven physicians and two nurse 392-4000.

practitioners, WomanCare is available to address your concerns. Our staff also includes an ultrasonographer, a nutritional consultant, massage therapists, prenatal educators, lactation consultants and mammography technologists. These services are provided for our patients at the WomanCare locations in Palatine, 355 West Northwest Highway and in Mt. Prospect at 221 West Prospect Avenue.

For more information about Woman-Care or to visit our office please contact our Patient Care Coordinator. To make an appointment call the Palatine office at 202-1306 or the Mt. Prospect office at 392-4000.

#### For The Hair You Hate Electrolysis Is The Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at Clear Reflections in the Barrington Commons who can remove those tell-tale hairs quickly and conveniently in the privacy of a professional office.

new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone Clear Reflections at 381-9020 for your appointment.

Clear Reflections has provided 18 years of service at the same location.

#### Facial Plastic Surgery, Looking Your Best

Dr. Churchill specializes in plastic and reconstructive surgery of the face and neck. He has an office and private surgical suite in Barrington, and is one of a handful of physicians in the country to complete extensive subspecialty training through a fellowship with the prestigious American Academy of Facial Plastic and Reconstructive Surgery. Dr. Churchill is board certified and on staff at a number of local hospitals and surgery centers. The following is an excerpt from an upcoming newsletter.

#### **Improvement of Scars**

Why do some scars heal better than others? Scars are composed of fibrous tissue produced by the body in response to injury. The type of injury and way in which the tissue was handled determine to a large extent the final cosmetic result of the scar. Tissue that is cut cleanly and handled gently during the repair will heal with less visible scarring than tissue that is crushed or contused and handled roughly.

As the healing progresses, certain other factors come into play. If there is tension on the wound, the scar may widen. If there is continuing inflammation in the tissue, the scar may thicken and stay pink. Also, certain areas of the body such as the sternum (breast-bone) and the deltoid (shoulder) tend to form worse scars. Wherever they occur, scars take from nine



to twelve months to fully "mature" and look their best.

What can be done to maximize the healing process? An antibiotic ointment or occlusive dressing should be kept over the wound as it heals. This is because wounds heal better when the edges are kept moist allowing the skin to bridge across the surface rather than burrow beneath a scab. A special skin tape should be kept over a healing laceration for the first 4 to 6 weeks. This helps keep tension off the healing wounds and provides gentle pressure over the scar, keeping it flat as it forms.

Can a scar be improved once it has formed? Once scar tissue is present in the skin it can be reduced but not completely eliminated. The goal is to minimize and

(Please Continue on Page 28)

# WOMANCARE

A health center for women

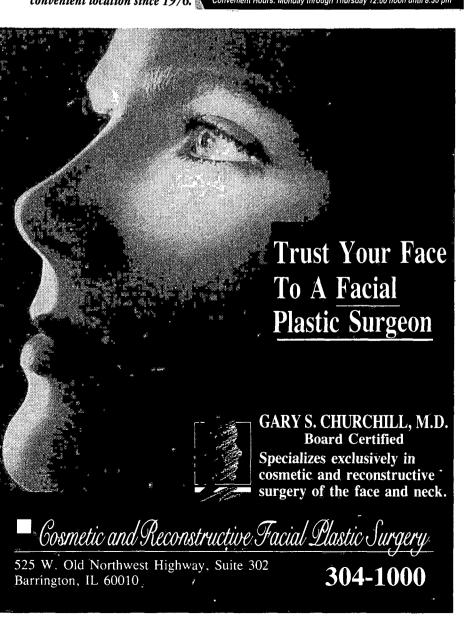
Ulisse P. Cucco, MD
Carl D. Cucco, MD
Marilyn Mitchell, MD
Lori L. Anderson, MD
Pedro R. Camara, MD
Linda R. Gibson, MD
Marilyn S. Hoglund, RNCNP

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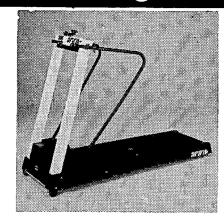
Evening Hours Saturday Hours Se Habla Espanol high risk pregnancy
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normal pregnancy





#### Getting In Shape For '94



#### **TREADMILL**

- Spirit
- Image Priced From

\$750 to \$3500

\$695 to \$2500 — Also Featuring —

#### **STEPPERS**

by Spirit and Image Fitness Master 6 different models \$200 to \$799

#### **FREE WEIGHTS**

**MULTI-PURPOSE** 

HOME GYM

Different Models

Priced From

From Simple Dumb Bells to Olympic sets—benches, full free weight systems

#### FITNESS & CYCLING GEAR

808 South Rand Road (Next to Walmart, Lake Zurich, IL) 708-438-1808

OPEN 10-9 DAILY; 9-6 SAT.: 11-5 SUN

#### Models Help Make A "Dent" in Homelessness

Chicago Bear Bears Down on Real Need

On Friday, January 7, at noon in the Grand Ballroom of the Hyatt Regency Oak Brook, sport and fashion will join in an urgent effort to shelter homeless children and their parents. Chicago Bear Richard Dent established a foundation with his mother, Mary Dent, to raise funds for a project he hopes will become a national role model. The Mary and Richard Dent Foundation is raising funds to restore the Englewood Hospital on Chicago's South Side, so that 40 homeless families with children will have apartment units, job training and day care, all under one roof.

#### Inaugural Charitable Event

To kick off the effort, the leading national direct-sales fashion house in America, Doncaster, is presenting its Spring, 1994 Preview Collection.

A line-up of celebrity models is coordinated by Diana Albrecht, Doncaster District Sales Manager, while Pat Murphy, Vice President for Product Development from the company's New York Design Team, will provide fashion commentary. Beverly Vaudin of North Carolina is producer and director for the event. Among the models are Juanita Jordan, wife of Bull's Three-Peat Michael Jordan; Robin Robinson, Fox News Coordinator; Marge Hartigan, wife of former Attorney General Neil Hartigan; Burlean Burris, wife of Gubernatorial Candidate, Attorney

General Roland Burris; Carol Sandner, wife of John Sandner, CEO of the Chicago Mercantile Exchange; Miriam Santos, Commissioner of the City of Chicago; Kathy Wirtz, wife of Chicago Blackhawk Rocky Wirtz; and Leslie Dent, wife of Chicago Bear Richard Dent, founder of the shelter effort.

#### **National Model**

Recently interviewed by CNN, on the site of the abandoned eyesore that was once Englewood Hospital, Richard Dent commented to the interviewer, "If I can do this, so can my brothers across the country." His point was that by restoring a community-based facility, by providing the combination of housing, job-training and child-care, people who had fallen on hard times would have a chance to put their lives together, "without family members being torn from each other by competing agencies." And the model can be easily replicated in other cities by other athletes or civic-minded individuals or foundations.

The \$45 admission contribution to the Doncaster sponsored "Make A Dent in Homelessness' is tax-decuctible to the extent allowed by law, and will help furnish the 40-family dwelling. Checks are to the Mary and Richard Dent Foundation; information is from Joan Pinckney at (815) 758-1378.

#### For A. Healthier New Year

Michael and Suzanne Moga invite you is a safe workout for the whole family to to come into Fitness & Cycling Gear in Lake Zurich for all your fitness needs, if you're planning to stay in shape or get in shape for 1994.

The store carries a full range of Danskin, Jog Bra and Soft Touch exercise apparel.

Also, for a non-hazardous, uniform workout choose one of their treadmills. Fitness & Cycling Gear carry seven models ranging from \$750 to \$3500 by Spirit and Image. There are three different models of multi-purpose home gyms starting at \$695 ranging to \$2500. A home gym use. Experience total body conditioning from the Image 516, a preference of those who choose the very best in strength training.

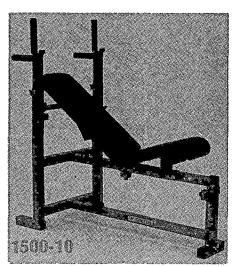
Or perhaps you may choose the stepper or free weights for your conditioning.

Michael and manager Ron Kondarors are factory trained service technicians for treadmills and can service all brands of home equipment as needed.

Stop in today at Fitness & Cycling Gear, located at 808 South Rand Road, Lake Zurich. (708) 438-1808.



Stepper by Image. Steppers range from \$799; 6 models to choose from that give you a great aerobic workout. Available from Image and Spirit Mfg.



Free Weights. From the simple dumb bell to olympic sets; benches and full free weight systems.

#### A Stellar Night For the Polish Welfare Association 72nd Anniversary Holiday Gala!



Five hundred and seventy-five guests attended the Polish Welfare Association Seventy-Second Holiday Gala on December 4th and helped raised \$65,000 to assist the implementation of the Association's programs for Chicagoland's Polish-American residents. Pictured here are (left to right) Mrs. Sue Huh of Barrington Hills, U.S. Congressman Luis Gutierrez, and Mrs. Irene Becker of Buffalo Grove.

#### Hypnosis With Counseling For Changing Habits and Improved Health

The Northwest Institute for Rational Counseling is offering a unique combination of hypnosis and counseling techniques for a variety of problems.

For weight control the hypnosis is used to shift your attitudes and feelings about yourself, your eating habits and even specific foods. Suggestions are given to eliminate snacking between meals, limit the amount you feel like eating at mealtime, have no taste for foods with fat, sugar, and salt, if necessary.

For sleep problems, suggestions are given to provide a full night of undisturbed

To quit smoking, the hypnosis is used to prepare you first to feel like quitting along with suggestions to not feel like smoking. Other suggestions are given to avoid eating as a replacement. After the hypnosis prepares you to accept not smoking the hypnosis deepends its effect for quitting.

For stress problems, the hypnosis changes your reactions to stress with specific suggestions given to deal with all of the physical stress reactions such as

headaches, neck, shoulder, and back pain, sleep, overeating, crying, and any other symptoms. Suggestions are also given for the emotions caused by stress, such as depression, anxiety, lack of motivation, and anger. Other ways of responding to your stressful situations are offered as well.

For anxiety attacks and panic attacks, the hypnosis will focus on the symptoms while the counseling will focus on resolving the underlying issues causing the attacks.

If you'd like to change one or more behaviors, or your attitude, consider hypnosis. You can have as many or few sessions as you need or desire.

A full range of counseling services are also offered. Martin A. Nathan has been in practice for over nineteen years providing marriage, family, individual, and business counseling.

Call for information and appointments. 934-6555, 1622 Colonial Parkway.

#### Permanent Hair Removal by a Registered Nurse

Absolutely! Electrolysis Salon & Boutique provides safe, gentle, and effective permanent hair removal by a registered nurse. The results you desire can be obtained when you place your permanent hair removal needs in the hands of a qualified professional. As a member of the American Electrology Association and the Electrology Association of Illiois, permanent hair removal is provided in a safe and gentle manner. Advanced computerized equipment assures every client of a most comfortable treatment, even for the most sensitive client.

tion guidelines provided by the American (708) 550-0100.

Electrolysis Association. These guidelines include the use of sterile, disposable probes; sterilization of all instruments; hand washing; and the use of a fresh pair of examination gloves during each treatment.

The results you desire are only a phone call away. Call now to receive the special two for one treatment offer available to all new clients. Convenient day, evening, and Saturday hours are available.

Absolutely! Electrolysis Salon & Boutique is located at 759 West Main Street in Lake Zurich (S.W. corner of Rts. As a health care professional, it is her 12 & 22 in the courtyard next to Just Oak). high priority to adhere to the strict sanita- Call Debbie Fritzshall, R.N. at

#### How To Choose A Dance School For Your Child

Many parents of young children who desire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

Facility—The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes—Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) Is the teacher well organized and pleasant?

2) Is he/she knowledgeable? (Check the school brochure for teachers' backgrounds.)

3) Are the teacher's corrections made clearly and in a positive way?

4) Are the students well behaved and attentive for their age?

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

**Tuition**—Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!

## HYPNOSIS

Let Your Unconscious Do The Work 934-6555

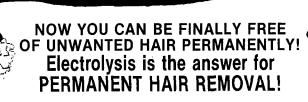
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The Studio Exercise Offers a FREE introductory class. Call for class times and take advantage of this **EXCITING workingout!** 

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# Details For Clearbrook's Shining Star Ball Announced at Kick-Off Party



(From left to right) Shining Star Ball Vice Chairman, Helen Ruth, of Huntley, and Joy O'Connell, of Crystal Lake, visit with Chicago Bears owner Edward McCaskey at the Shining Star Ball Reception held December 7 at the Ritz-Carlton Hotel in Chicago. The reception was held to formally announce the Shining Star Ball, scheduled for April 22 also at the Ritz-Carlton.

Shining Star Ball Committee members and their guests celebrated the kick-off of Clearbrook Center's Sixth Annual Shining Star Ball at a reception on December 7 at the Ritz-Carlton Hotel in Chicago.

Mike McCaskey and Jan Wannstedt presented the program for the evening, "Reading Between the Lines: An Insiders Look at the Bears." Shining Star Ball Co-Chairs Linda Moscow and Pidgey Zitin said that over 100 people were in attendance.

The Sixth Annual Shining Star Ball will be held on April 22 at the Ritz-Carlton Hotel in Chicago. This elegant black-tie event will feature the sounds of the renowned Mike Carney Orchestra from New York, a gourmet dinner and fabulous prizes. For tickets or more information, please call (708) 251-0933.

The proceeds from the Shining Star Ball will benefit Clearbook Center's Clinic. The Clinic is an innovative program which provides evaluation and therapy services, behavior intervention and psychological counseling to Clearbrook's clients as well as members of the general community in need of assistance.

Clearbrook Center is a private, not-forprofit agency serving the needs of over 650 children and adults with developmental disabilities including mental retardation, cerebral palsy, autism and other neurological disorders. The Center provides therapies, vocational training and residential alternatives, and operates 25 facilities throughout northwest suburban Cook County.

#### 

#### Peter Daniel Celebrates 20th Anniversary



Peter Daniel—Apparel for Men & Women in Barrington is a family affair. (L to R): daughter, Bridget Couch; owner, Peter Hammond and his wife Evelyn; daughter, Beth Hammond-Johanson, celebrate at the recent 20th Anniversary Party.

Festive holiday decor, delicious hot and cold hors d'oeuvres, soft lights and a store brimming with Christmas apparel welcomed over 100 guests to a 20th Anniversary Celebration Party at Peter Daniel in Barrington on a wintery, cold Sunday evening last month.

Owner Peter Hammond and his wife Evelyn along with daughters Bridget Couch and Beth Hammond-Johanson en-

joyed swapping stories about how fashions and hair styles have changed over the years with longtime customers and friends. Vintage ads and photos of the store's Grand Opening 20 years ago were on display and enjoyed by all!

A champagne toast to the next 20 years brought a splendid evening to a successful and happy ending.



Jan Wannstedt, wife of Dave Wannstedt, head coach of the Chicago Bears, and Mike McCaskey, president of the Chicago Bears, presented the program for the evening, "Reading Between the Lines: An Insiders Look at the Bears."



Linda Moscow (L) and Pidgey Zitin (R), both of Chicago, are the Co-Chairs for the 1994 Shining Star Ball to be held on April 22 at the Ritz-Carlton Hotel in Chicago.

# Barrington Area Library Open House and Dedication February 6

The Board of Library Trustees of the Barrington Area Library invites the public to an Open House celebrating the completion of the expanded library on Sunday, February 6. A ceremonial ribbon cutting outside the front door at 1:00 p.m. will begin the afternoon celebration.

Head Librarian Barbara L. Sugden and the Board of Library Trustees will present a short dedication program in the new Meeting Room at 2:00 p.m. Musical selections by the Barrington Children's Choir and harpist Shirley Lukey will enhance the occasion.

Refreshments will be served throughout the afternoon. Staff members will be available to provide information and answer questions about the new building as guests tour the new facility.

#### Green Thumbs January Meeting

Did you know that groundhogs don't like hard acid-rock music? Gardening tidbits, experiences, questions and answers from their members will be the program of The Green Thumbs Garden Club of Barring-

ton meeting on Monday, January 17, 1994 at the Langendorf Park fieldhouse - starting at 12:30 p.m. with coffee and cookies. All new members are welcome.

# Let's Get Away From It All . . .



Special Focus On Travel

#### Visit England's Celebrated Gardens

What an opportunity to visit some of Britain's most famous gardens . . . and at a time when the Dollar is gaining against the British Pound! The 11 day tour (including motorcoach and guides at gardens) offers an opportunity to visit many types of gardens including the Rothchild collection of rhododendrons in the Exbury Gardens, the Highwood Chalk Gardens, the Fishbourne Gardens, the only original Roman Garden to be seen in Britain. Visits to half-timbered cottages nestled among floral masterpieces and of course a visit to Sissinghurst Castle and much more. Travelers will also be offered the option of visiting the Chelsea Flower Show. We will be four days in London with day trips from this central location. Travellers will appreciate the convenience of not having to "pack and unpack" every night during the final days of the tour. One evening in London will be set aside for the centuries old "Ceremony of the Keys" at the Tower of London. All other evenings



Call Mr. Paul Beringer at (815) 455-4441 to book your space on this exciting and interesting tour of England.

in London will be open, giving everyone an opportunity for Theatre, exploring interesting Pubs, or just people watching. Of course, time is provided for making that trip to Harrod's! A complete itinerary and reservation form is available by phoning Getaway Travel at (815) 455-4441 or (708) 697-8636 and ask for Paul. A \$50.00 early booking discount applies to those booking by January 26, 1994.

#### Traveling ... With Carlson Travel Network

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#### **New Eurail Passes**

In Europe, they will soon be taking reserations for the new "Chunnel" train between London and Paris, and Rail Europe, the North American sales agent for European railroads, has new passes on offer. A new product called the Europass offers five to 15 days of travel within a two-month period in three to five of the most-frequented countries (France, Germany, Italy, Spain and Switzerland). Five days of travel in three countries costs \$280. Fifteen days of travel in five countries will set you back \$660. BritRail has a simpler Flexipass for England, Wales, and Scotland. The new pass provides four. eight, or 15 days of travel in a one-month period: prices range from \$249 to \$575 in first class; less in coach.

#### **Tax Department**

The U.S. Congress has okayed a one dollar hike on international airfares, quietly raising the immigration inspection fee from five to six dollars. There were no hearings and no chance for the travel in-

dustry to object to this move which will raise an additional \$50 million per year.

#### Say It Loud And Clear

A number of rental car locations in Europe have been accused of forcing customers to buy collision damage insurance even if they're paying with a credit card that provides such coverage. If this hard sell squeeze happens to you, you'll be more successful in getting a refund when you return home if you write clearly on the rental contract, "I am buying collision insurance against my will," or something similar.

#### Bangkok's Worthy Oriental

Ever since opinion surveys have asked the question, the Oriental Hotel Bangkok, with its 34 suites and 359 rooms, has been near or at the top of the best hotel category. Why? The Thai people in general are among the friendliest on earth — they call Thailand the Land of Smiles and it is most definitely not just a slogan. The Oriental has chosen the friendliest and most helpful Thai to work at this riverside paragon. Every room has butler service, provided by one of the hotel's more than one thousand employees (how's that for a staff-to-

(Please Continue on Page 28)

#### CELEBRATED GARDENS OF ENGLAND



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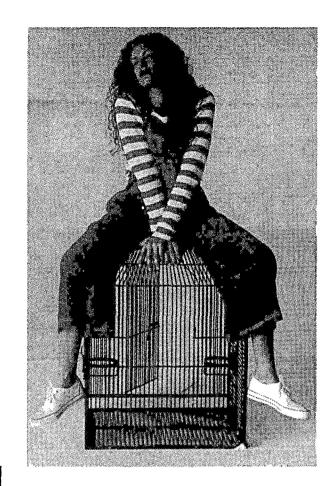


# WINTER CLEARANCE SALE Starts January 3rd SAVE 25% - 50% OFF All Fall & Winter Merchandise

filly's

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erfect for cruise time is this AKA ensemble. Comfort and style are the order of the day in crinkle rayon coordinates with denim blue overalls and a natural cotton blend stripe sweater. Available at Filly's on Main Street in downtown Barrington. Other lines arriving in January at Filly's include Rated R, Jou Jou, XOXO and Tina Hagen.

# Winter Clearance

Save 20% - 50%

on Fall/Winter Merchandise For Men, Women and Boys



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eading for the sun and surf? Don't leave without seeing the Nautica Collection at Chuck Hines. This collection brings together the very best of function and form for comfortable, practical style. Make memories in Nautica... sportswear having a reputation for surviving serious good fun!

Chuck Hines is located on Main Street in downtown Barrington.

Don't miss the wonderful Winter clearance on Fall/Winter merchandise for men, women and boys going on right now at Chuck Hines. Save 20% - 50% on quality clothing!

#### Catholic Charities "Hearts For The Homeless," The 5th Annual Valentine Afternoon To Benefit The Homeless



Planning a lovely Valentine afternoon, the 5th Annual Dinner and Auction to benefit the homeless of the northwest suburbs are, from left: Stephen O'Brien-Combs, Cicero, Regional Services Representative, Northwest Suburban Services based in Rolling Meadows; Benefit co-chairman Mary Jane Nelson, Arlington Heights; Catherine Mura, Lake Barrington, publicity; and Carol Marsh, Crystal Lake, gathering of gifts. Not pictured is co-chairman Phyllis Nicholson, Mt. Prospect.

# Plan Each Day of That Long Awaited

That long overdue vacation. The few days out of the year when people become reacquainted with themselves and their families. To truly customize this precious time, study the travel guides at Jordan Temple Book Center in Crystal Lake.

Unlike the brochures from a travel agent, travel guides often spend 20-200 pages describing the towns you'll visit. Months before you leave you can memorize the walks you'll take and choose the restaurants and hotels you'd really love. Plan each day's itinerary and excursions! The more planning you do BEFORE you leave, the more relaxing and pleasurable the trip will be.

For less than \$20, customers receive detailed information on the sights and accommodations in national or international

cities they will visit.

"A vacation is my family's largest expenditure of the year, emotionally and says Elizabeth Jordan-Temple. "I study several guides. Then I discuss my ideas with my husband and children before we get there. It saves a lot of misunderstandings and disappointments during the trip," she confides. "I try to make the holiday as perfect as possible for

Maps, language dictionaries and tapes, and cultural histories are also available for international travelers.

Make Jordan Temple Book Center your first stop on that dream vacation. You'll never take another trip without an information travel book as your personal

#### From Our House To Your House

by Eleanor Nelson & Sally Hayward, Travel House

"1993" was an exciting year for Travel House. It gave us the opportunity to plan various new and exciting trips for our clients, trips which were customized and designed especially for you the traveller.

We planned and escorted an exclusive African Safari, took families to ski Colorado during Spring Break, escorted a group to hike and bike Vermont in the fall. as well as escorting a church group to Italy to visit the Vatican.

We helped families plan their own ski vacations, had several anniversaries which included the Concorde and the QE II, various around the world itineraries as well as business meetings, beach vacations, golf trips, and trips to see "Grandmother."

We'd like to thank all of our clients who placed their vacation plans in our hands and look forward to seeing you again in "94." So, if your calendar looks empty, stop by Travel House and see what we are dreaming up for Spring Break and Sum-



mer Vacation. Remember, this June is the 50th anniversary of D-Day and a variety of tours will be available. Happy New Year and Happy Traveling.

Sponsored by Catholic Charities Northwest Suburban Services, "Hearts for the Homeless," the fifth annual dinner, silent auction plus a live auction with professional auctioneers to benefit the homeless of all denominations in the northwest suburbs will begin at 4 p.m., on Sunday, February 13, in the lovely setting of the Cotillion in Palatine (Routes 14 and 53). \$45 per person (cash bar). \$450 (table of ten). Please reserve by February 7 with checks payable to Catholic Charities, 1911 Rohlwing Road, Suite E, Rolling Meadows, Illinois 60008. For information, please phone Sr. Jenny, (708) 870-0560.

'All proceeds from this benefit will be used to support the Family Shelter program

by placing homeless families with children in apartments to help stabilize their lives while they seek employment and receive counseling. The Family Shelter is just one of fourteen Catholic Charities' programs in the northwest suburbs which serves all people regardless of religious, racial, national, and economic backgrounds,' reports Stephen O'Brien-Combs, Cicero, Regional Services Representative, Northwest Suburban Services based in Rolling Meadows

For information on The Catholic Charities Northwest Suburban Services and how they may help you or someone who needs help, please phone Stephen O'Brien-Combs (708) 870-0560.

# Going Somewhere? Make Jordan Temple Book Center



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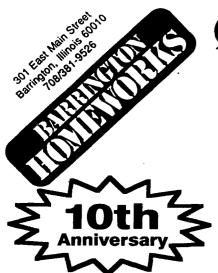
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over ten years. We'll show you furniture quality cabinetry, labor saving accessories, and the kind of innovative kitchen plans that really work.

When your needs require more space, we can discuss moving interior walls, bumping-out exterior walls and room additions. We employ our own construction crews for best attention to every detail and complete accountability.

"After shopping around, we knew Homeworks was the company we wanted to re-do our kitchen. Your designer knew just the look we were striving for . . . Now, when new neighbors or company comes over, there are always glowing compliments . . . Thanks for making the most used room in our home a beautiful place." Ann and Eric Price

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#### Chicago Business Leaders Raise Funds



Attorney Peer Pedersen, founder of Pedersen & Houpt, was recently honored by Boys & Girls Clubs of Chicago for 18 years of service. Pictured are Co-Chairman Dean L. Buntrock (WMX Technology), his wife Rosemarie, Co-Chairman Patrick G. Ryan (Aon Corporation) and his wife Shirley joined Peer and his wife Sarah and Diana and Mike Ditka.

Peer Pedersen, and 865 of his closest friends were the highlight of the evening for the Boys & Girls Clubs of Chicago's annual Visionary Awards Dinner. The event, honoring Pedersen (Lake Forest), was held on Tuesday, November 9, 1993 at the Chicago Hilton and Towers. Dinner co-chairmen were Dean L. Buntrock (Hinsdale), President and Chief Executive Officer of WMX Technologies, (formerly Waste Management) and Patrick G. Ryan (Winnetka), President and Chief Executive Officer of Aon Corporation. They lead the way and over \$340,000 was raised for the programs provided by Boys & Girls Clubs of Chicago (BGCC) to 20,000 at-risk youths throughout the city. The dinner's Arrangements Chairperson

was Barbara Pearlman (Wilmette).

Pedersen, founder of the law firm of Pedersen & Houpt, serves on the BGCC Corporate Board and is the President of their Robert R. McCormick Club Board of Managers. Other highlights for the evening included a keynote address by Mike Ditka (Bannockburn), and the presentation of an Apple Computer to the BGCC Youth of the Year, Lisa Miller (Chicago) from Chairman of the Board John J. Flieder (Barrington). Apple Computer traditionally donates a computer to the Boys & Girls Clubs Youth of the Year at the Dinner.

For more information about the dinner or the Boys & Girls Clubs of Chicago, contact Benita Kirshenbaum, (312) 627-2732.

#### How Good Is Your Kitchen?

In today's kitchen, well-made cabinetry is important, but careful attention to design and equipment is essential. How is work flow, traffic patterns and accessibility to other parts of the home and how does it fit your lifestyle?

James R. Walker, certified kitchen designer at Barrington Homeworks suggests you take an interesting test and rate your kitchen. Mark a number down on a sheet of paper indicating your degree of satisfaction regarding various elements of your kitchen. No. 1 is very poor, to No. 6, very good or any degree in between. Then, we'll total (A) Storage Space: Enough? Is it accessible? Are you using corners? (B) Work Space: Enough counterspace? Is it near the refrigerator and sink and is there safety area near the stove? (C) Lighting: Is it adequate? Your chores are less tiresome with good task lighting and good lighting is also cheerful! (D) Up to Date Appliances: Saves time, energy and eliminates many unpleasant chores. Microwaves, self-cleaning ovens, conduction cook tops, energy efficient refrigerators, compactors, waste disposers and dishwashers. (E) Ventilation: Keep your kitchen crisp and fresh by preventing grease deposits on cabinets, walls and windows, while removing, odor, heat and moisture.

If your total is (4-10) you are working under a severe handicap. (11-15) many serious shortcomings. (16-20) not serious, but you'd benefit greatly by improved design and equipment. (21-25) you have specific problems. (26-30) you have sound design. Consult Barrington Homeworks, the kitchen specialists. The solution may be less difficult than you think. If it does not fit your family's lifestyle, Barrington Homeworks can suggest design revisions or adaptions.

Unless your kitchen scores 26 or higher you are missing advantages. You may be working under conditions that require tiresome bending and reaching, miles of needless walking and an unnecessary waste

of your time.

Why put up with an inadequate kitchen any longer? Let the specialists at Barrington Homeworks show you how you can have a beautiful, functional, affordable new kitchen, designed to fit your lifestyle.

#### Dr. Churchill (Continued from Page 21)

camouflage the surface scar so that it will not be easily visible. A number of techniques are used. Scar revision, or cutting the scar out, creates a thinner or flatter scare and allows the scar to be redirected into skin creases where it will be better hidden. Dermabrasion, or sanding the scar, smoothes and blends it into the surrounding skin. Injection of scars can elevate any depessions that make the scar visible. Some scars are very long and straight allowing the eye to follow them easily. These types of scars can be "broken up" by removing them in an irregular fashion creating a line which the eye cannot follow as easily. Many times a combination of techniques are used to maximize scar improvement. For instance, a scar might be excised in a zig-zag pattern and dermabraded six weeks later to completely smooth it.

Often times the scar is unsightly because the skin was damaged at the time of the original trauma. At a later date, a clean surgical cut has a much better chance to allow maximized healing to occur.

Are there any new technologies to help with scars? A number of exciting advances have been made with applications to scar improvement. Lasers can fade the redness

of some scars if the normal fading is not adequate. Micropigmentation is a method to add pigment to the skin where it has been lost due to scarring. Tissue expanders are balloons which are inserted beneath the skin and inflated over a number of weeks to increase the amount of skin in an area. These allow large areas of scarring, such as burn scars, to be replaced with adjacent normal tissue. These various advances will be covered in depth in future newsletters.

How does one find out about scar revision? A consultation is performed where the scar is examined and recommendations are given. Photographs are also taken which will help in the evaluation. Surgery is usually performed in the office and often times covered by insurance. If you are interested in scar improvement, call our office for a consultation.

Facial Surgery News is an informative quarterly newsletter written by Dr. Churchill and his office staff. It covers various procedures and the newest advances in facial surgery. The newsletter is available without obligation on a complimentary basis. If you would like to be added to the mailing list or obtain any further information, simply contact the office at (708) 304-1000.



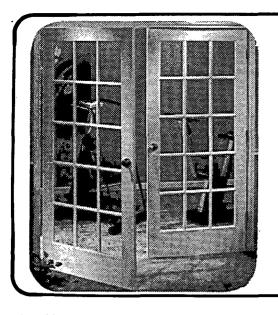
#### Carlson Travel

(Continued from Page 25)

guest ratio?). So, when you step off the elevator, one of these winning young men might rush ahead to open your door (heaven forbid you should do it yourself; it's also a nice security feature for women traveling alone). Once you are inside, he'll place a small matchstick against the door; if it falls down, he'll know you've left and he can tidy up between major cleanings. And let's say you ask the cashier for an iron; you won't be told, as you would in too many hotels these days, to call

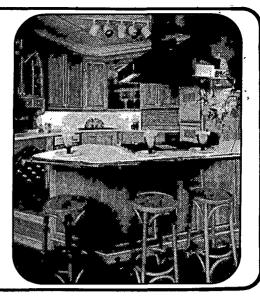
housekeeping. Your request stays with whomever gets it first. Beyond service, it has a terrific location, with wonderful restaurants (riverfront Lord Jim's is fantastic for Thai seafood), and comprehensive fitness and spa facilities in a delightful setting across the river. Rates begin at a surprisingly low \$250 per night, although Carlson Travel Network has negotiated even better prices.

Happy New Year!



# LIFESTYLES

Homes & Interior Designs Section



#### Antique Pine From Europe's Finest Craftsmen

Antique Pine carries carefully selected and Winnetka. antique pine furniture imports from Europe's finest craftsman and is now available at their Highland Park location.

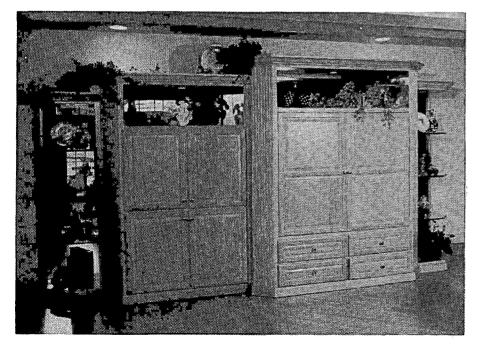
A large selection of armoirs, cupboards. desks, tables, chairs, nightstands and many more items from various European antique dealers are available at their retail store as well as showrooms in Highland Park and

Antique Pine takes pride in offering the BEST antique pine furniture available today with the largest selection and lowest prices in Chicagoland.

Take advantage of their on-going sale with savings up to 70% off comparable furniture at other stores.



#### Home Theatre Units To Fit Your Lifestyle



Page One Interiors can design an entertainment unit for any room in your home to house your large screen television and audio equipment. Your home theatre unit will be designed with your lifestyle in mind, making it beautiful, functional and affordable. We are able to blend technology into your home library (and or) office, adapting all your computer hardware into a handsome, but very functional

environment.

Visit Page One during January and receive 10% off our Design Line and Style Line custom cabinetry.

Stop in and browse our charming, award-winning studio. You're sure to find a unique accessory to place in your home or give as a gift. Located at 320 East Main Street, Barrington. 382-1001. Adele Lampert, A.S.I.D.



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## PAGE ONE INTERIORS

320 E. Main - Barrington 382-1001

Adele Lampert A.S.I.D.

Monday - Friday 10:00-5:00

Saturday 10:00-1:00

#### January Events At The BAAC Gallery

The Barrington Area Arts Council's (BAAC) January Gallery Opening will be held this month only on Saturday, January 8, from 7:00 p.m.-9:00 p.m., at 207 Park Avenue, Barrington. This is a change from the BAAC's usual Friday receptions, for January only.

The exhibit's theme is "Views of Earth and Stone," and features the Raku pottery of Schaumburg's Steve Johnson and the watercolors of Lake Barrington's Michael Barkman.

Michael Barkman is a critically acclaimed watercolorist, focusing much of his work on a vanishing era of American history farm life. Barkman grew up on a farm in Pennsylvania and began water color work in New York after graduating

from Carnegie-Mellon University. Michael Barkman's work was most recently seen in the BAAC Gallery this fall in the form of Christmas cards depicting two scenes of Barrington. For more information, call the BAAC Gallery at 382-5626.

The Barrington Area Arts Council (BAAC) is sponsoring the fourth Children's Theater at the Gallery program on Monday, January 17, 1994 at 11:00 a.m. and again at 1:00 p.m. in the BAAC Gallery, 207 Park Avenue, Barrington. The featured performer will be David Stoeri, folk musician and storyteller. David will present traditional and contemporary stories along with folk music played on 10 different instruments. David, of Janesville, Wisconsin, has delighted all

ages with his wry humor, songs, stories and musical talent. He is a former sixth grade teacher who has been performing professionally for 10 years. His performance at the BAAC Gallery promises to be filled with good times, good giggles, good

songs and good stories.

Tickets are \$4.00 each and may be purchased at the BAAC Gallery or ordered by phone and charged on VISA/Master Card. For more information, call the Gallery at 382-5626.

#### Four Season's Garden Club To Meet Feb. 1

The Four Seasons Garden Club of Barrington will meet on Tuesday, February 1 at 9:30 a.m. at the home of Maureen Yates. "Monet and His Gardens," a pro-

gram with slides and music will be presented by club member Elise Detterbeck. Guests are welcome.

Phone 382-2890 for further information.

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To get the most from your remodeling and painting project, hire a professional builder who specializes in these areas.

Why choose a professional? Because remodeling can be complicated . . . and expensive. Today, in order to enhance the value of your home, you must create rooms which function efficiently and look great.

Kitchens, for example, contain more components than any other room in the house and these days, often serve as social centers, requiring a layout that allows cook and family to chat without getting in the way of one another. Relying on a professional to juggle all these elements — plus your needs, lifestyle and budget — will ultimately give you the desired results.

Don't be fooled by price. Anyone can have an average home, but it probably won't function well, and you'll have to replace its interior materials in a short time. In the long run, you'll be buying better value and saving money to have a professional like **Schafer Builders**, **Inc.** complete your painting or remodeling project. Contact their office at **(815)** 459-1333 for a complete, professional consultation.

#### Major Kitchen Remodel-An Investment?

"Yes, indeed!" says Star Norini, CKD, owner of Distinctive Kitchen Designs in Wauconda. "A major kitchen overhaul can be a great investment. I've seen remodeled kitchens bring from a 100 percent to a 150 percent return if the job is done right."

Sales agents not only agree about the value of a major kitchen remodeling, they estimate a 94 percent payback nationally. In the Chicago area an average \$20,533 kitchen remodeling job can bring a \$20,175 return—or 98 percent.

However, Norini cautions, "don't proceed with a remodeling job until you've done the footwork. Throwing money away on inferior work and products is not the way to a positive investment." Norini offers the following suggestions:

• Use a professional. Find a designer who is willing to work with you in designing a kitchen to meet your lifestyle, your

style preference and, of course, your budget. Distinctive Kitchen Designs has built its reputation on giving their clients the personalized designed service.

- Select products that are not only good quality, but versatile, convenient and easy to maintain. The Brookhaven line of cabinetry offered at Distinctive Kitchen Designs offers a well-boasted reputation for expert craftsmanship, beautiful styling and unmatched attention to detail.
- Get the right contractor. Look for a contractor with an established business in your area, ask for references.
- Stop in the showroom located at 203 South Main Street, Wauconda and meet one of the professional designers. See the beauty and custom-built quality of Brookhaven cabinetry.
- Source: Remodeling magazine's "1992 Cost vs. Value Report."

#### Keep Your Energy Bills Low and Your Comfort High

During the last 20 years, the energy efficiency of America's new homes rose dramatically. As a result of the 1973 oil crisis and consumer interest, home builders began to install more insulation, more efficient appliances and better quality windows and doors. But there are many things that today's homeowner can do to ensure that household energy bills are kept low.

Preventive maintenance for your home is not very exciting (these are chores, after all), but it is necessary and will help you protect your investment in your home. Here are some things you should be working on as the temperature outside falls:

• Check your roof insulation. How much roof insulation do you have? Heat rises, so your home's most likely area to release heat is the roof. The most efficent

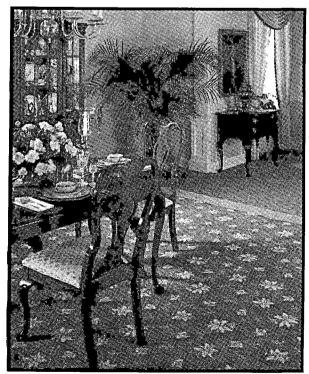
by Roger Gatewood, President, Home Builders Association of Greater Chicago

way to stop that loss is by ceiling and roof insulation with an R-value of approximately 40. The R-value is the ability of any material to resist the passage of heat. For example, a fiberglass bat or blanket 9-1/2 to 10 inches thick has an R-values of approximately 30. You can raise that number to 38 simply by adding two or three more inches of fiberglass. Since our winters here in Chicago have a tendency to be severe, the area home builders recommend you work toward an R-value

• Fill the gaps. Heated air also can escape from gaps that develop where building materials meet. Look for signs where building materials have pulled apart and

(Please Continue on Page 34)

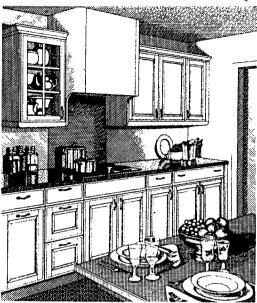
#### Vartanian Carpet Wins 1993 Retailer of the Year Award



The Chicago Floorcovering Association awarded Vartanian Carpet of Palatine the 1993 retailer of the year. Vartanian carries the widest selection of name brands, their staff is knowledgeable, they offer expert installation by their own installers, always competitive pricing plus they've been in business for 43 years.

Whatever your decor, whatever your taste in furnishings Vartanian Carpet has a selection of rugs and carpets that will give you the freedom to tell your own design story.

Vartanian Carpet is located at 855 West Northwest Highway in Palatine. (708) 358-0808.



#### You'll love the finish. You'll love the price.

Now you can afford the quality and beauty of cabinetry that's built to order. With Brookhaven Cabinetry. Available in your choice of contemporary or traditional styles, select from our beautiful wood finishes and laminates. Plus many convenient special-purpose cabinets. Best of all Brookhaven is priced to be affordable. Brookhaven Cabinetry. You'll love the finish ... and the price. See Brookhaven for yourself. Visit our showroom today.

#### **Distinctive Kitchen Designs**

203 S. Main Street, Wauconda, IL 60084 (708) 526-7822

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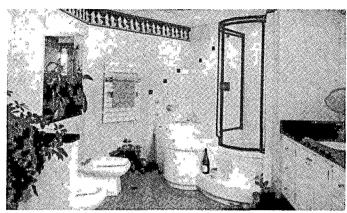
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Kitchen and Bath Design Group Ltd. 381-7950

# 3 Little Words To Remember When You List Your House In 1994

They're not just words. They're subjects that should definitely be discussed before you decide who should list your house in 1994. First word: advertising, as in marketing. An essential tool in selling. Often underdone because it's costly and time-consuming for the agent. Second word: security. You deserve all the protection you can get. You shouldn't have to screen callers yourself. Third word: transferee. There's a national and international pool of buyers out there if you have the right (rock-solid) ties. You can, of course, forget all of the above if you just remember to call The Prudential Preferred Properties. Prudential Preferred Properties. 3 little words.

We're the real estate professionals with the business experts.

The **Prudential Preferred Properties** 

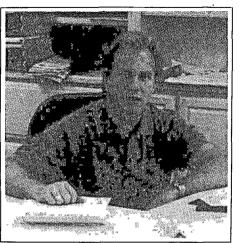
BARRINGTON OFFICE 800 S. Northwest Hwy.



An independent y Owned and Operated Member of The Prudential Real Estate Affiliates, Inc.

#### Insignia Kitchen and Bath Design Group, Ltd. Adds Complete Bathroom Remodeling To Their List of Services!

Insignia now offers a comprehensive bathroom remodeling package in addition to the option of "purchase only" of plumbing products for installation by others. Represented in their 6,600 sq. ft. showroom are over 70 different bath product manufacturers to select from for a bath remodeling project. These products have been selected to create a tiered pricing structure to fit most budgets. "There is a great need in our area for Professional bath remodeling services," says Insignia President and local resident Bill Schey, Jr. "When employing a contractor to perform work on their home, people need to make sure the contractor carries both Workmens Compensation and Liability Insurance and that they have an established local business operation to ensure a solid warranty for both materials and workmanship." means of a Bath Design Service, the Insignia staff will help plan the new bathroom, select the various materials desired and set up a construction schedule for the remodeling work to be performed by Insignia workmen. The client will not need to hire any additional workers to complete their bath project, even specialty ragged and sponged paint finishes are available through Insignia. Of the six full bath displays, much of the plumbing is operating to allow clients to experience their performance. Most bathrooms need remodeling to make use of the water saving and anti-scalding safety features that are now readily available in bath fixtures. Also, with major emphasis being placed on the bathroom today, there are more stylish and design oriented fixtures and faucets



"There is a great need in our area for Professional bath remodeling services, says Insignia President and local resident Bill Schey, Jr.

available now than even a few years ago. Go to the Professionals at Insignia for your next Kitchen or Bath project!

#### Insignia Hours

In the November and December issues of Barrington Lifestyles, the hours listed in the Insignia advertisement were incorrect. Insignia Kitchen & Bath Design Group, Ltd., on Barrington Road is open 10:00 a.m. to 5:00 p.m., Tuesday, Wednesday and Friday. 10:00 a.m. to 8:00 p.m., Monday and Thursday, and 10:00 a.m. to 4:00 p.m., on Saturday. We regret any inconvenience this may have caused.



Tips from the Top of The Rock™

Margaret R. Semrad Broker/Manager



#### The Year Ahead . .

1994 is shaping up to be a time of important changes. Dr. John Rutledge, CEO of Rutledge & Co., and head of Claremont Economics Institute in Greenwich, Connecticut, related in Boardroom Reports recently that "consumers are eager to spend . . . Having put off buying cars for three or four years longer than they initially expected . . . having put off buying new homes for longer than they expected . . . consumers are now unleashing some of the pent-up demand." "Consumer spending . . . will continue in 1994 to be the driving force of the accelerating growth. This will continue to show up in better home sales . . ." With this expert and others finding improved confidence in economic conditions, many people are beginning to think of change. They are out shopping again.

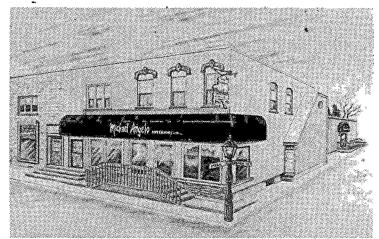
I may be wrong about this, but I believe many people are planning to put their homes on the market to take advantage of the growing opportunities over the next few months. And I'm here to encourage you to do it.

I would also encourage you to carefully consider three important areas of expertise when you are making your listing decision.

Number One: Advertising. At The Prudential Preferred Properties, we consider this an essential marketing service and one of our most valuable tools. We advertise in our local newspapers, of course. And we maintain an aggressive schedule in the major Chicagoland publications. But we also have a unique advantage. And that is the 60 million dollars-plus that Prudential spends on real estate

(Continued from Page 34)

# The Difference Between A Good Sale And A Great Sale!



The difference between a good sale and a great sale is a fine line . . . and we have them all!

Hickory White, Hekman, Romweber, Key City, Sligh Lowry, Sarried, Motioncraft, Jasper, Hickory Fry, Highland House, Sherrill, Frederick Cooper.

This January at Michael Angelo's is the time to buy furniture and accessories at cost — near cost — even below cost, when you visit our bargain basement.

Don't wait. Come in now for best selection.

We are still offering a 25% discount on all special order upholstery, dining and bedroom furniture.

Michael Angelo Interiors is located at 201 Main Street, in Wauconda. Route 12 north to Route 176, turn right to Main Street, turn left one block, in Wauconda. (708) 526-2000.

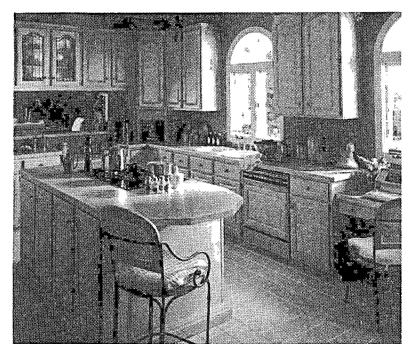
#### It's Our BIG Sale!

Kid's Country Furnishings will be holding its BIG 3 DAY SALE, January 6th, 7th, and 8th. This is the time to really save with 20% to 50% off on all accessories, 40% off on the entire winter/fall designer clothing. The new spring collection will be arriving soon. There's a closeout on many selected pieces of furniture.

Kid's Country Furnishings, with its many different departments, is like shopping at a large department store, but with personal service only a specialty shop can give you and with unique and unusual merchandise you can't find anywhere else.

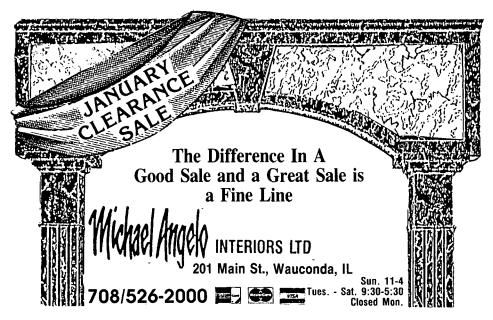
Kid's Country Furnishings is located in Crystal Lake on the corner of Oak Street and 176. You'll find beautiful and practical shower gifts, gifts for Mother-to-be and furniture and accessories from infant through juvenile. Visit one of the area's most complete children's stores: Kid's Country Furnishings.

#### K.D.A. Kitchen Distributors Of America "For The Heart Of Your Home"



**K.D.A.**, 380 West Virginia, Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets from **K.D.A.** 

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., (815) 477-4800.









If you've always wanted an attractive kitchen with lots of convenient storage space, look at cabinets and accessories from Merillat. Set your imagination free with the wide variety of styles and materials to choose from. And you can count on years of trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat — America's Cabinetmaker.

#### Kitchen Distributors of America, Inc.

380 W. VIRGINIA, CRYSTAL LAKE, ILLINOIS 60014 (Rt. 14-Northwest Hwy.) (815) 477-4800 (708) 705-7005

FAX (815) 477-4830

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#### Prudential (Continued from Page 32)

advertising over network television (on highly visible sports programming including half-time reports), on network radio, and in national magazines to make the **Prudential** name familiar to every home-buyer in America. And frosting on the cake — there is the personal expenditure (over \$80,000 last year) our Barrington office Realtors make in behalf of specific properties and services.

Number Two: Security. Now, more than ever, security is a major concern. After all, people you don't know (potential buyers) will be coming into your home. Your children might be alone when showings are scheduled. And you and they must be comfortable.

At **Prudential**, all appointments are made through our office and we proceed according to your instructions. If the Realtor who wants to show is not known to us, we insist on verification before we release keys or lock box codes or schedule any appointment. And we never allow buyers to visit your home alone. If the buyer is not working with another Realtor, one of **Prudential Realtors** will show.

Number Three: Transferee Activity. Buyers transferring in are very desirable prospects for your home. Frequently, they are ready to buy and unencumbered by a home to sell.

The **Prudential Preferred Properties** Relocation Services Division assists thousands of corporate clients and transferring employees moving into (and out of) the Chicagoland area every year. Our

Relocation Division is conscientious, thorough and caring. And our sales associates who work with transferees are Certified Relocation Specialists assuring smooth and stress-free moves.

This division is a provider of services for **Prudential** Relocation Management (PRM) of the nation's leading relocation firms. PRM works with more than 400 national and international client companies, including over 150 of the Fortune 500, and is involved in over 25,000 annual transfers.

In addition to PRM, we are affiliated with a network of nearly 24,000 Prudential sales associates in over 900 offices nationwide who refer transferees to specific Prudential offices in the areas to which these employees are being transferred.

Internationally, the Prudential Referral Services, a global referral service, connects more than 38,000 sales associates in over 2,000 offices throughout North America, Europe and Asia.

And over 105,000 employees of **The Prudential** Insurance Company of America and its affiliates and worldwide subsidiaries are also a part of our farreaching transferee network.

You are probably saying, enough already! But I am proud of what **The Prudential** can do for sellers. And I hope that includes YOU. Please call us.

And Happy New Year from **The Prudential Preferred Properties** — your Dream House Headquarters.

#### Stuart Rodgers (Continued from Page 6)

At 3:00 the doors of the Grand Ballroom will be open for guests to enter and sit at tables skirted in the latest fashions by the three Table linen companies. Floral centerpieces donated by the three florists will decorate each table, and all of the chairs will be covered in satins and bows by the linen companies. A feature of the room will be a White Rolls Royce on display there. It will be filled with balloons, and each bride will be given the chance to win a prize by guessing the correct number of balloons that fill the car.

Exclusives for the Bride and Mira Courturier and Gingiss Formalwear will then present their fashions including wedding gowns, dresses for bridesmaids, mothers, and flower girls and, of course, formal attire for the groom, best man, ushers and

fathers. Going away outfits for the bride, and some lingerie will also be featured. High tea will be served to all of the guests during the show. Michael Lerich's orchestra will supply the music for the styleshow, and give a short musical concert at the end for those who wish to consider Michael Lerich's music for their own wedding.

Everyone is invited back to the Renaissance Room for espresso and wedding cake. The Inter-Continental. Le Royale Icing and Gnach will all donate and cut the wedding cakes they have made especially for the show for the post-show party. At that time the winners will be announced for the \$10.000 of gifts donated by the vendors. No purchase necessary.

#### More Than Just Pest Control

Winter has arrived, and with the change of the seasons also comes a change in the insect's behavior. Have you ever wondered where those CARPENTER ANTS or the BOX ELDER BUGS go when the weather turns cold? Ask your neighbor who just spent a small fortune replacing a floor last winter because of CARPENTER ANTS, or maybe you have experienced unexpected guests such as BOX ELDER BUGS coming in out of the cold. These are just a few examples of the many calls that Enviro Care Pest Management, Inc. will receive this winter.

Enviro Care Pest Management, Inc.

is a full service company located in Crystal Lake. They offer a wide range of service programs. You will not find base board jockeys in this company, because all services are performed by state certified technicians using the latest in equipment technology. Enviro Care Pest Management, Inc. does more than just control unwanted pests in and around structures, they also utilize sealants to deter entry, as well as remove old insect activity. They are fast becoming a leader in setting higher standards for servicing. Enviro Care Pest Management, Inc., more than just pest control.

#### Kumon Math (Continued from Page 15)

in education, we decided we should investigate further. Upon visiting a center, we knew right away that the program would work; and after only 3-1/2 weeks in the program, our youngest daughter tied for first place in a math contest in school. We were convinced, so we also enrolled our oldest daughter. A year later, after coming close to nearly flunking math in junior high school, she is getting an A in high school algebra."

After seeing first-hand how **Kumon** can make such a difference in a child's life, Mrs. Heise applied for the instructor's position at the Palatine Center when there was an opening. She earned her "Certificate of Instruction in the Kumon Method" from the **Kumon** Educational Institute of Chicago, located in Arlington Heights. She continues, "So now, I not only bask in the joy of my own children's

success thanks to **Kumon**; I get to have that pleasure with over 30 other students! It is so heartwarming to enroll a student who has experienced nothing but failures in math and have him or her come running in to class a short time later telling you all about the A they got on a test."

The Kumon Math Center of Palatine is open on Mondays and Thursdays from 3-6 p.m. Students come anytime during the center hours and spend about 30 minutes at the center. A complete evaluation of their progress is made on a bi-weekly basis, and new work is assigned based on these evaluations. For more information about the Palatine Center, contact Patt Heise at 934-7754, or for information about other centers in this area, call the Kumon Educational Institute at 1-800-YES-MATH.

#### Keep Your Energy Bills Down

(Continued from Page 31)

caulk or seal the gaps. Check areas where exterior siding meets windows and doors, along the roof and foundation lines, around chimneys and where pipes protrude through walls or roofs.

- Inspect your heating system. Consider replacing an older or inefficent heating unit with a gas or oil furnace or a heat pump with a high efficiency rating. If you currently have an efficient system, inspect and clean it now. Be sure that your filters are clean and that you change them monthly.
- Grab a sweater. Keep your thermostat at 68 degrees Fahrenheit during the winter. Consider replacing an existing thermostat with a timer model that can turn down the heat while you sleep or when you are not at home.
- Check your windows. Be sure you have good storm windows and doors. If you don't, this should be a high priority for older fixtures. Also, look for any cracks around glass, sashes and window frames that could be leaking air. Apply adhesive foam weatherstrips to top and bottom window rails or nail felt weatherstripping where window sashes and frames make contact. If you live in a home built since 1991, you are likely to have double or triple-paned windows and lowemissivity (Low-E) glass. Both these pro-

ducts increase your energy efficiency and can lower your energy bills.

• Clean gutters and downspouts. Even though gutters and downspouts don't affect your energy bills directly, they should be checked twice a year. Gutters and downspouts are traps for falling leaves and pine needles, and squirrels can use them as pantries for storing winter food, be sure to clean gutters thoroughly, and pay special attention to elbows and bends in the downspouts. Keep hangers fastened securely. Plug any holes and cracks. Repaint rusting components inside and out with rust-proof paint.

Most of these tips are from *The Complete Guide to Four Seasons Home Maintenance* by Dave Herberle and Richard M. Scutella. Look for this helpful book in your local book shops.

According to a recent survey by the National Association of Home Builders, three quarters of today's new home buyers rank energy efficiency as one of their most important considerations. The builders of Chicago know that saving money and energy is important to you, and we are providing new homes that do that. Once you live in an energy-efficient home, some routine maintenance is well worth your time and effort to keep your energy bills low and your comfort level high.

#### From A Woman's Point of View

We had our 10th Annual Christmas party this year. Each Christmas party we recognize the employees who have been with us for five years. This year it was Paul Braun and Del Davie, who are service technicians, Jill Peters, our Warranty Administrator, and Mike Murphy, one of our Service Managers.

Tim and I feel that the stability and cohesiveness displayed by our employees are two of the main factors in the success of the dealership.

At the party, I was talking to Del Davie's wife, Dolores, about this article and I promised her I would write this one about technicians. She wanted me to point out that first and foremost, technicians are people, not machines, trying to do the best job possible. Del and Paul, like all our technicians, take pride in their work and work very hard. They both have more than 35 years of experience behind them, but you can't rest on that, they're always train-



by Gail Wickstrom.

ing to keep current. It's employees like Del and Paul that make **Wickstrom Ford** what it is

#### Paradise Found

Some people call it a new Barrington Hills.

It has magnificent wild woodlands, hills that range from gentle slopes to commanding heights, tranquil ponds and rushing streams, and above all, that rare and precious sense of serenity most of us need in our lives. This is Bull Valley.

And while it's well northwest of Inverness and the Barringtons, it's hardly remote. It's just a few minute's drive to Route 31 or 47, or Woodstock's Northwestern train station. Not to mention the charming Woodstock town square with its historic opera house, boutiques and restaurants. And the impressive new complex of county buildings; remember, Woodstock is the McHenry County seat. Bull

Valley is also an easy drive to I-90 and the corporate world of the Golden Corridor.

It's horse country, too. Bull Valley Riding Club trails are close by this idyllic 14.7 acre property. And for golfers, there's a gorgeous new country club.

There's something else to consider, too. At this stage in its development, the prices are very right. This land, with its superb size, location and romantic long views, is offered at only \$325,000.

Do something to make your dream home come true. Start with land you can love. For information about this property or others throughout northwest suburbia and exurbia, call Arlene Cullen of The Prudential Preferred Properties at 991-3345 or page her at 905-1512.

# Work With Experts When Planning A New Space For Your Home ...

Why do so many homeowners find the process of remodeling or adding on to their homes so intimidating? "Too much information from conflicting sources," says Mark Zurek, president of Barrington's **Delta's Renovations**. "The whole process is by nature an emotional one because it involves entrusting others with not only money, but with the comfort and security of home and family."

**Delta Renovations** has built its business by analyzing the needs of its clients and finding the best way to meet those needs. Every project presents a unique situation and requires services tailored specifically to that situation.

For clients considering major renovations or an addition, they often recommend the "Design-Build" process. Projects of this type call for the involvement of an architect. This is not only because local building departments will require that submitted drawings include an architect's seal, but also because the architect has been trained to combine technology and aesthetics. We have all seen homes that have had their character totally destroyed by a less than sensitive addition. "A good architect is able to add the extra space so that the addition itself is undetectable, and the home is even more attractive." says

Zurek. "The down side of using an architect in the remodeling process is usually budget." Many times, the homeowner will hire an architect and fall in love with his plan only to find the bids coming in astronomically higher than their target budget. Because the architect isn't intimately involved in the bidding process, he is often unable to accurately predict the cost of building what he has drawn.

Delta Renovations has structured their design-build process to provide the client access to several fine local architects while using Delta's years of experience in actually bringing projects in on budget. "We have spent years developing our relationship with suppliers and sub-contractors who we know provide, at a fair price, the best products and the top-notch service I demand," continues Zurek.

If you would like to see how **Delta's** "Design-Build" process will fit into your plans, please call Mark Zurek at **776-0121**. There is no obligation for a consultation.

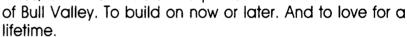
Delta Renovations can also help homeowners with less extensive remodeling plans, like redoing existing kitchens and baths, using the in-staff designers with Delta's sister company, Barrington Kitchen and Bath Studio.



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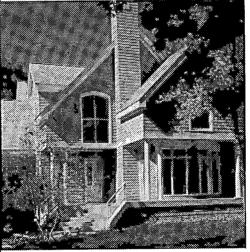


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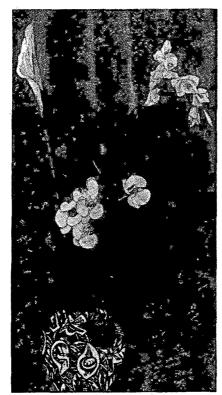
#### Ting Honored By United Nations

"I hope that my work will make a further contribution to this noble human endeavor and the light of human rights will shine over the world." So said the gracious statement by the world famous artist Ting Shao Kuang, upon accepting one of the highest commissions the United Nations can bestow. The amazing result, aptly entitled "The Light of Human Rights," but reaffirms the Chinese born Ting's continuing commitment to this noble cause.

Born in the Shanxi province in China in 1939, young Ting was ingrained with a firm rebellious spirit towards the political and artistic constraints which were the norm in Chairman Mao's People's Republic. Ting's melding of traditional Chinese art with the cubism of Modigliani and Picasso, and the sensuous palette of Matisse, resulted in both the formulation of the Yunnar School and in his coming under severe government scrutiny.

When word of his imminent arrest reached him, Ting fled into a fugitive life of exile, ending only with Chairman Mao's death in 1976. Living in the United States since 1980, Ting has slowly become one of the most collectible living artists and surely the most famous of the Yunnar School. Enveloping, mellifluous geometry combines with enigmatic, ethereal women; a subliminal carryover from his 33 year separation from his mother in his youth.

His collectibility has increased dramatically in a very short period of time, evidenced by some very impressive prices paid for his works. At Christie's Hong Kong last year, a Ting stone painting sold at auction for \$290,000 and in a private



Ting Shao Kuang "Golden Medley"

sale, another sold for \$300,000. Ting, an artist who has been honored by the United Nations for a real and honorable commitment to the "Light For Human Rights," for which he suffered and triumphed.

Ting Shao Kuang's work may be seen at Arica Hilton Private Collection, (708) 991-9413.

#### The Art of Rebecca Hardin

For artist, Rebecca Hardin, the most important thing is the light. Like the Impressionists, she knows that capturing the light in her acrylics and watercolors gives them a special mood, a depth of emotion. She catches the play between shadow and light, essential to her dynamic compositions, whether she is painting a landscape or interior scene.

Having developed her own uniquely elegant style, Hardin paints her subject with the lyrical grace of poetry and the delicacy of a love song. Whatever the subject, Passion is the key element to all her paintings. Her "joie de vivre" resounds from her canvases exposing her generous nature, reflecting her awareness of the beauties of our earth and human race.

A woman of great consciousness Rebecca Hardin is energy in human form. In constant effort to search for the best within herself, her drive to excel and accomplish has put her in the forefront as an artist collected by serious art connoisseurs from around the world. Like the best of wines, Rebecca Hardin's talent grows stronger and better as time goes on. A woman always ahead of her time, always daring to explore the wonders of the universe, Hardin creates for us a world of TRUTH. The truth of color, of line, of light. The truth of emotion and love and beauty.

A follower of the Zen philosophy that the mind and body are at one with nature,

Rebecca Hardin lives true to the teachings in our modern society. An avid sportswoman, Hardin is a professional scuba diver, exploring the mysticism of the sea, and capturing the beauty and brilliance of underwater. On land, she harmonizes with the beauty of nature on a golf course. Man is part of nature and anything created by man for man's enjoyment must be beautiful. And therefore a golf course which gives great pleasure to millions is of nature and a pleasure to paint.

Although Rebecca Hardin was an art major at Northern Illinois University, she attributes her fascination with art and skill as an artist to her father, an industrial arts teacher, who taught her perspective and line drawing. He built her first easel for painting. Hardin feels that even though her father passed away years ago, he is still watching over her shoulder when she paints twenty years later on that same easel. Since those early days when her father gave her first inspiration, she has taught painting and has been a guest lecturer for many art leagues and organizations, as well as sought after as an artist.

The quintessential artist of our times, Rebecca Hardin is a woman for all seasons.

Rebecca Hardin's work is on exhibit at Arica Hilton Private Collection at Huntington Plaza in Hoffman Estates, (708) 991-9413.





Rebecca Hardin, "Sunrise at Mauna Kea".