

Oxford, England– The City of Dreaming Spires

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Golden Ball Had Wonderful Magical Appeal

A Splendid Feast, Indeed!

RESERVED

RIGHTS

MCMONIGAL ENTERPRISES

990 G.M.



## Electrolysis Is The Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the only method which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors of service at the same location. or medical columnists.

Fortunately, there is a skilled electrologist at Clear Reflections in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious-success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone Clear Reflections at 381-9020 for your appointment.

Clear Reflections has provided 19 years



# BARRINGTON \_IFESTYLES.... The News Magazine for the Greater Barrington Area Published by G.M. McMonigal ENTERPRISES Glenne M. McMonigal, Editor P.O. Box 293 Crystal Lake, IL 60039-0293 (815) 459-4820

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# Editor's Ink

January, 1995

Dear Reader,

Happy New Year! It is difficult to believe that in five years we will be living in the year 2000. Doesn't that sound incredible? Something out of science fiction.

I do hope you enjoy getting glimpses of Oxford, England-The City of Dreaming Spires. Our daughter attended school there last semester, so we had a very specialreason for visiting that particular city. If you have never been to Oxford, England, you must go. And stay awhile, don't go for a day or two. This city steeps in fascinating history—one is surrounded by it. It's beautiful, it's charming, it's very inter-esting. If you've been there, you know exactly what I mean. Putting the Oxford page together gave me the pleasure of reliving the experience and made me realize, I left too soon. One week is not enough.

Until next time, may all your thoughts be sunny. With warm regards,

Glenne Mc monegal

Glenne McMonigal Editor, Lifestyles Magazines

# About Our Cover

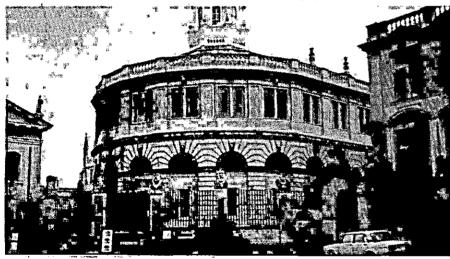
From the elegant Jean-Louis Scherrer Haute Couture Autumn-Winter 1994/1995 Collection of Paris.



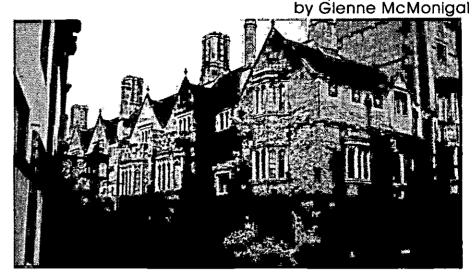
# Oxford, England—The City Of Dreaming Spires



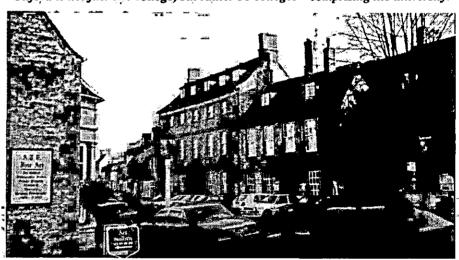
Christ Church Cathedral has been on this sight since Saxon Times. Basically Norman, added Chapels represent many architectural periods. Christ Church is Oxford's largest and grandest college. Founded by Wolsey in 1525, half-completed, it was taken over by King Henry VIII. In 1546—Henry VIII created Christ Church, combining a college and cathedral. It is easy to see why Oxford is called the city of dreaming spires.



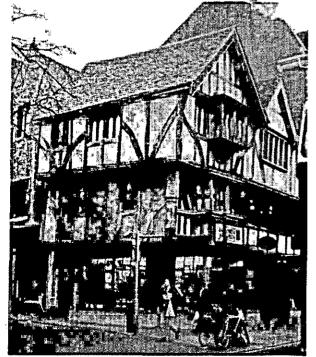
The Sheldonian Theatre, designed by the famous Sir Christopher Wren who was then Professor of Astronomy at All Souls. Built in the 17th century, University ceremonies are held at the end of Summer term—to remember the founders and bestow honorary degrees to worthy people from all over the world. Full academic dress is worn and Latin is used throughout the Encaenia.



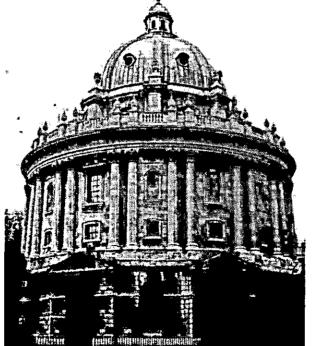
Magdalen College, founded in 1458, is one of Oxford's main landmarks. Oscar Wilde, King Edward VIII and other aristocrats attended class here. This beautiful college was the setting for the recent movie, "Shadowlands" starring Anthony Hopkins and Debra Winger. Gowns were once worn to Oxford classes, but were later dispensed with because they created animosity—"gown versus town." Oxford is not just one college, but rather 36 colleges—comprising the university.



Not far from Oxford is the charming village of Woodstock. Being an avid fan of mystery writer, Dexter Colin, I enormously enjoyed studying these locales. Woodstock was the setting for his book "Last Bus To Woodstock." In "The Last Enemy" Oxford was the setting giving much information on Oxford landmarks, especially the Sheldonian. The books were made into a TV series starring John Thaw.



This is the only Medieval building left in Oxford, which now houses the Laura Ashley shop. Some of the famous people who attended Oxford include Sir Roger Bannister, Lady Margaret Thatcher, Laurence of Arabia, Sir Walter Raleigh, Sir Christopher Wren and President Bill Clinton.



The Radcliffe Camera, named after its benefactor Dr. John Radcliffe, was built in the 18th century. This much photographed classical rotunda is currently the reading room of the Bodleian Library. Gargoyles are on many of Oxford universities' buildings "to scare away eyil spirits."



# January Clearance Sale At Mitchell's Jewelers

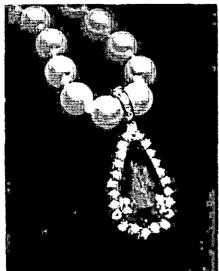
During January Mitchell's Jewelers is having a store wide Clearance Sale, offering 20% to 50% off on almost all items in the store.

Enjoy fantastic prices and a wide selection of beautiful jewelry including watches, gold chains, earrings, pearls and rings with all the precious stones—diamonds, emeralds, rubies, and sapphires.

Mitchell's Jewelers was started in 1969 and has been at its present location in downtown Arlington Heights since 1984. During this time we have become one of the largest jewelers in the area. We do much of our own manufacturing on premises and also



Photo by Joyce Mitchell, Mitchell Studio



Precious Topaz and Diamond Pearl Enhancer

do jewelry repair, stone setting and custom hand-wrought jewelry.

Mitchell's Jewelers, as always, will take the time to educate you in what to look for in quality merchandise. We stand on our 25



Diamond Solitaire Engagement Ring

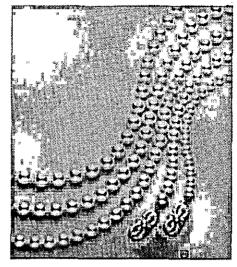


Diamond Engagement Ring Mounting year reputation in serving the community with honesty, integrity and fair pricing.

Buying a diamond can be confusing with all the different grading systems out there. In fact, it is probably on of the most blind items you will ever buy. So, you need to know more than just the *four C's: Carat, Color, Clarity, and Cut*—you need to know what these words mean. I've always said that there is a fifth "C" and that is



Diamond Heart Pendant



Cultured Pearl Necklaces

Confidence! If you don't have confidence in the jeweler, then the other four C's don't mean a thing. When you stop by Mitchell's Jewelers we take the time to show you under a microscope what to look for in a quality diamond.

So I would like to invite you to visit Mitchell's Jewelers, where old world craftsmanship and honesty are our only policy. A great time to visit would be during our January Clearance Sale.

Douglas A. Mitchell, Co-Owner Recipient: GIA Diamond Grading Certificate



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# Bridal & Baby Shower Baskets New At The Canterbury Shoppe!

Hosting a bridal or baby shower this year? card that gives each gift a custom touch! Let The Canterbury Shoppe help plan your event! Combining talents with The Barrington Flower Shoppe, we can create beautiful centerpieces bursting with flowers (fresh or silk) and favors, customized to your theme.

Don't forget . . . January is the perfect time to send a thank you basket to those who have extended hospitalities over the holidays! Filled with delicious soups & foods, it is the perfect gift to enjoy on a midwinter's day! As always, our baskets are presented beautifully with a calligraphy

Psst! Looking for a midwinter savings? We have 25-50% off selected Christmas Merchandise, Hurry on in, while quantities last/

The Canterbury Shoppe is located one block south of Main Street, on Station Street between Rte 59 and Cook St. Our January Hours are Tuesday through Friday 10-5:30, Saturday, 10-4 Come visit us soon and celebrate your Special Occasions with us! Any Questions? Give us a call at 304-9627, we're here to help!

# Let A'L'Amour Dress Your Dreams

A'L'Amour has spectacular selections for the bride and her bridal party from traditional to couture designs for the most discriminating taste and budget. A'L'Amour offers formal gowns from the finest designers featuring luxurious fabrics and laces as well as informal gowns for simpler weddingsand second weddings.

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Bridesmaid dresses are featured in unique styles with wear-again appeal from most major designers. A'L'Amour is excited to announce the new collection of bridesmaid dresses from Nicole Miller-(cocktail looks with designer fit).

Mothers are never forgotten by A'L'Amour. Fabulous dresses are available for women sizes 2 to 24-short, tea length and long. From the simple elegance of Daymore and Geore F. Conture to the formal evening elegance of Oleg Cassini black tie and Rose Taft couture, A'L'Amour has a dress for every mother and grandmother.



Personal assistance by a knowledgeable ever the occasion-if you need a "special" staff is the signature of A'L'Amour. What- dress-let A'L'Amour dress your dreams.

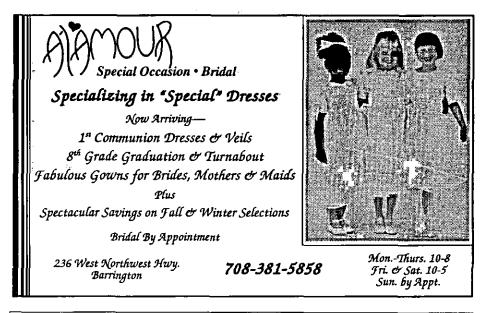
# Premier Wedding Professionals Combine Talents For "Chicago's Magnificent Bride" Show

For the third year, Chicagoland's premier wedding professionals will combine forces to create "Chicago's Magnificent Bride." The exclusive bridal planning seminar and fashion show will be held Sunday January 22, in three historic ballrooms of the Hotel Inter-Continental Chicago, at 505 N. Michigan Avenue. It will be sponsored by Stuart-Rodgers Photography in Chicago.

The event runs from 1:00 p.m. to 5:00 p.m. and includes three complete mock wedding set-ups, vendors displaying the ultimate in bridal







# Chicago's Magnificent Bride

on the Magnificent Mile A Very Special Bridal Show

S S	unday, January 22, 1995
Hosted by Stuart-Rodgers	1:00 - 5:00 p.m.
Photography	Hotel Inter-Continental Chicago
Fashion Shows by	505 North Michigan Avenue
Exclusives for the Bride	Tickets \$35 each
Gingiss Formalwear	for Ticket Information Call
Mira Couturier	Stuart Rodgers Photography
eccompanied by the live music o	f at <b>708-864-7322</b> or
The Michael Lerich Orchestre	312-787-8696

needs, hors d'oeuvres throughout the day, the Bride, Mira Couturier and Gingis's ice sculptures, and as a finale, a smashing Formalwear. Live music for the show will, fashion show produced by Exclusives for be provided by the Michael Lerich Orches-

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tra.

To begin, from 1:00 p.m. until 2:45 p.m. guests will be free to browse the display areas. At 2:45 guests are invited to attend the fashion show in the Grand Ballroom, which will be lavishly decorated with linen table and chair coverings, floral centerpieces and a white horsedrawn carriage. Afternoon tea will be served during the 3:00 p.m. fashion show and wedding cake with coffee and espresso will be served following the show.

Show tickets are \$35.00 and can be purchased in advance by calling Stuart-Rodgers Photography at 708-864-7322 or 312-787-8696.

# The Gift Collection $f^{rom} S^{hirtey} A^{nn}$

WEDDING BLISS BASKET Richly adorned in lavish lace ruffles and distinctive satin and silk accents, this premium quality hand-painted island wicker basket is the perfect gift for the discerning bride. Sumptuously padded and fully lined in shimmery satin, its manificantly complemented with a and tuily lined in shimmery satin, its magnificently complemented with a reception book, photo album, video holder and a White feather pen with holder. Each item is padded and covered in elegant silk shantung. Delicately accented with handsewn beading, Victorian lace and satin ribbons, each item is compatibly designed and originally crafted so that no two are ever alike.

(Wilh each Wedding Bliss Gift Basket set purchased, you'll also receive this FREE GIFT, an aromatic potpourni sachet covered in glistening satin and charming ribbons.) NOTE: Each item is also sold separately, Each item available in While or Ivory!

#### BABY TREASURES How's this for a show stonner?

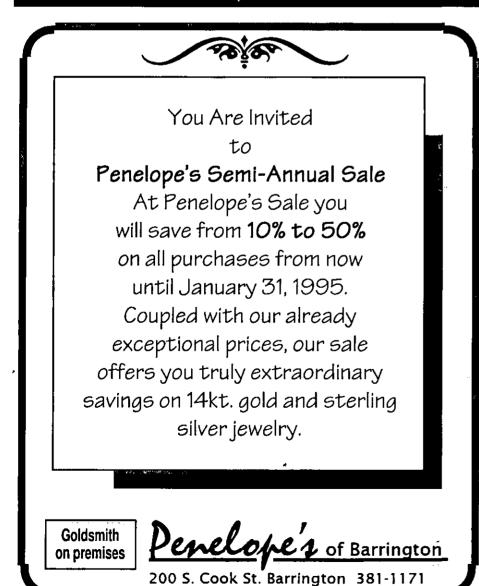
If you're looking to truly flatter the mother-to-be or new mother, here are the perfect gifts. These Shirley Ann originals begin with an enchanting baby photo album, lusciously padded adorably trimmed and richly

baby photo album, lusciously padded adorably trimmed and richly ruffled in eyelet lace. Then there's Baby Memory Book padded and compatibility trimmed with a clever inset on the front cover for baby's photograph. A Baby Brag Book adds to the charm, again compatibility designed and padded, perfect for parents or grandparents to conveniently transport and share the memories. The flinishing touch is ... what else... a Teddy Bear! Choose from Shirley Ann's top setting fabrics or special order the fabric of your choice and we will custom design to your specifications.

Specially Gift Items phone (708) 952-9735. for an appointment to visit our Elk Grove Village Showroom at 560 Lively Bird. (Just South of Oakton)

Pboto Albumš • Wedding Albums • Baby • Birthday • Mother's Day • Anniversary
• Bat Mitzrah • Guest-Books • Party Favors • Cook Books • Decorative Boxes

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# Shirley Ann's Ltd.

In the summer of 1993, Shirley Ultsch was looking forward to the up coming marriage of her first of two daughters. It was during this time that Shirley thought how nice it would be to create, for her daughter, a wonderful array of special wedding items. So, with lots of thoughts going through her head, she created what was to be a bountiful array of shower gifts, bridal needs, church and reception items. Shirley was excited about what she was doing and had received so many compliments on her beautiful and special wedding touches that she decided to pursue her crafty ways and start a special occasion gift business known as Shirley Ann's Ltd.

Special occasions are just that. . . special! That's why the gift you give should be special, something original that shows you how much you care. Shirley Ann has not only hand-created each special occasion gift item, she's discovered the importance of gifts with purpose. Your one-of-a-kind, elegantly designed gift won't be packed away in the attic but instead will become a useful, decorative item sure to grace the interior of any home.

# William Warfield Voice Masterclass

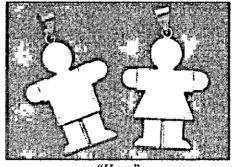
Center students with William Warfield on Wednesday, January 18,1995 from 7:00 to 9:00 p.m. in the Concert Room at The Music Center of the North Shore, 300 Green Bay Road, Winnetka.

√William Warfield, acclaimed throughout the world as one of the greatest vocal artists of our times, is a star in every field open to a singer's art. In 1950, Warfield signed a contract with MGM to play the featured role in the great Edna Ferber-Jerome Kern musical Showboat. His most famous role was the title role in George Gershwin's opera Porgy and Bess. Since 1984, he has been touring the country performing in oratorios, operas, narrations and concerts. During this time, Warfield was also teaching (708)446-3822.

Hugs—Kisses—Joy

These beautifully casted children, Hugs, Kisses and Joy, come in two sizes and are available in 14kt. yellow gold with optional white gold hats and bows. Diamond, ruby or sapphire buttons may also be ordered. Two or three children can be soldered together. Each pendant can be hand engraved with the name of a special child or grandchild. A 14kt. gold beaded chain and a child pendant make a wonderful gift for mothers or grandmothers. Penelope's regular prices start at \$112 for the pendant.

Other items on sale at Penelope's Jewelers include pearls, rings, necklaces, bracelets, earrings plus a large selection of beautiful sterling silver jewelry.



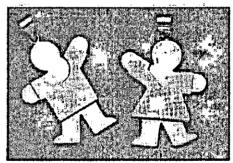
"Hugs



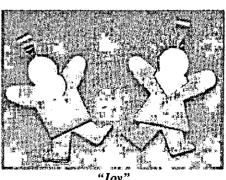
We make gift giving easy! Shirley Ann's distinctive handmade designs make great gifts for any occasion. We'll send those special gifts directly to the lucky recipients, along with your personal message. Write, call or fax for your special gift catalogue and order form at: Shirley Ann's Ltd., 560 Lively Boulevard, Elk Grove Village, IL 60007-2014. Phone: 708-952-9735. Fax: 708-952-9739.

The Music Center of the North Shore an- and chairing the voice Department of the nounces a Voice Masterclass for Music University of Illinois from which he has since retired. Since his retirement in 1990, Warfield has been in demand as a performer, making appearances in New York; Chicago, Washington, D.C., and San Francisco among several others. He is a board member of several music organizations including Lyric Opera Center for American Artists in Chicago and is the current Chairman of the Board of the National Music Council. In October 1992, Warfield made an album of Walton's, Facade and Stravinsky's, The Soldier's Tale as well as an album of Afro-American Spirituals.

Admission is free. The public is welcome to observe. For further information, call The Music Center of the North Shore at



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# Winter Events At The Barrington Ice House

The merchants of the Barrington Ice the Psychic Fair which is scheduled for Sat-House invite you to come in from the cold and take advantage of the Winter Sidewalk Sale Days Thursday, January 26 through Sunday, January 29. Our eighteen boutique shops will fill the historic hallways with drastically reduced items such as clothing, accessories, shoes, art, gift and bath items, stationery goods and much more. Extended hours for the weekend are Thursday 9:00 a.m. to 8:30 p.m., Friday 9:00 a.m. to 5:30 p.m., Saturday 9:30 a.m. to 5:30 p.m. and Sunday Noon to 4:00 p.m. Be sure to come early as there will be many items to choose from that will make this shopping trip worth your while.

Valentine's Day will be here before we know it and you will want to make the Ice House your first stop for shopping for that someone special. Our shops offer something for everyone!

You will want to mark your calendar for

# New Cruisewear At Sundance

getaway! Your friends and consultants at, vast array of new cruisewear arriving daily. We have coordinates as well as casual and 2-piece dresses in beautiful, flowing fabrics. marked items in Design, too. And while you're visiting, don't miss our sales racks with clearance items marked up to 50% off. January is a major sales month and we have exciting winter items still available at drastic reductions.

In Sundance Furniture and Design, we

It's a brand new year, the holidays are over are expecting a new shipment of Mexican and it's time to relax at that warm weather Colonial furniture any day. Also in January, see our new line of iron tables. They make Sundance are ready to assist you with a a perfect accent for your living room, adding a touch of the southwest to your home. January will offer great savings on specially

urday, February 18 when there will be eight

to ten psychics ready to forecast your fu-

you're #l shopping mall. Our shops special-

ize in friendly, personalized service. Gift certificates, gift wrapping and UPS service

are also available in most stores. In addi-

tion, mall gift certificates may be purchased in the Management Office and are good at

any of our stores, salon or restaurant. In-

formal modeling by the Ice House shops

also takes place on Wednesdays and Fridays

from Noon to 1:30 at Chessie's Restaurant.

200 Applebee Street in downtown Bar-

rington off Harrison which is two blocks

west of the intersection of Route 59 (Hough

Street) and Lake Cook (Main Street). For

further information call (708) 381-6661.

The Barrington Ice House is located at

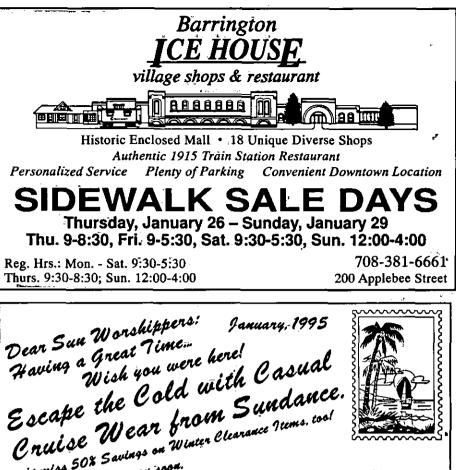
We hope you will make the Ice House

Don't forget . . . stop by Sundance Apparel before you pack for your trip. Then enjoy your travels and send me a postcard!

> See you soon; Nanci

re you about to make a great winter escape? Let Peter Daniel help you catch all the fun in great "cruise" 'essentials. You'll find warm weather wear in tempting tropical colors and divinely delicious prints.

Peter Daniel has just the perfect apparel to help you follow the sun to where possibilities are endless and time stands still for more than a moment. Peter Daniel, upper level, Ice House, Barrington.



Don't miss 50% Savings on Winter Clearance Items, tool See you soo Manel TO: Our Fair Weather aundance Friends 708/381-0090 123 Sunny Skies Ln. Northwest Suburbs, 7L APPAREL

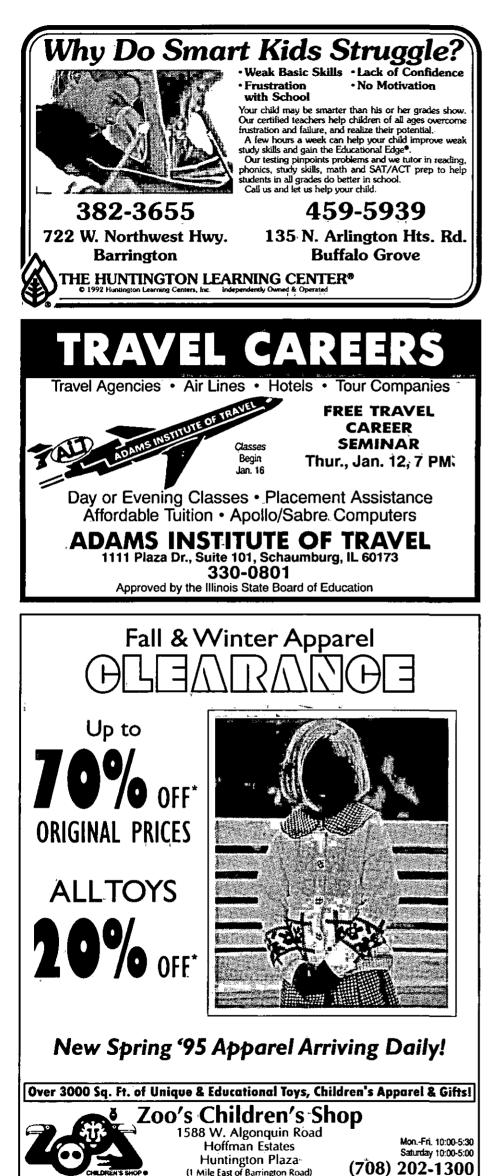
Mon, Tues, Wed, Fri & Sat 9:30-5:30; Th. 9:30-8:30: Sun. Noon-4

illage shops & restaun 200 Applebee Street • Barrington

Barrington

ICE HOUSE





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\*Excludes all other offers & previously purchased me

# Poor Report Cards: What to Do

Report card day brings stress to many families. If you and your child are unhappy Huntington continues, "If grades are medioabout a report card, what should you do?. When you look at your child's report card and performance record, the most important things to evaluate are these: Is your child doing his or her best? Is he or she a skill is not learned adequately, future skills achieving his or her highest potential?

According to Dr. Raymond Huntington, founder and president of Huntington Learning Centers, "Parents know their own children. If you believe your child could be doing better than his or her grades a variety of problems. Dr. Huntington ofshow, you owe it to your child to remedy fers the following suggestions for what to the situation."

# **Exciting Opportunities Await You** In Travel

for a new career, why not consider the second fastest-growing industry of the 90's? Today, the travel industry is growing faster than ever and offers an array of exciting opportunities for the well-trained professional.

Positions in the travel industry range from travel counseling in both leisure and business travel, as well as sales, management and supervisory positions. In addition, many graduates enjoy the financial rewards as well as the flexibility of being an Independent Travel Counselor, often times combining travel with their present career.

Adams Institute of Travel, located in Schaumburg, near Woodfield Mall, is affili- reservations, (708) 330-0801.

# January Sale At Zoo's

Zoo's Children's Shop in the Huntington Plaza in Hoffman Estates is having their January Clearance Sale. Fall and Winter apparel is on sale at up to 70% off. Toys are 20% off. You'll enjoy the prices and the store is a delightful place in which to shop.

Pass through the "Zoo Gate" and you'll enter into a child's fantasy of unique and educational toys, clothes and gifts. Almost everything imaginable for your child to enjoy. This charming shop, decorated in an animal motif, is an absolute delight to browse through. Hand painted animal murals encompass the store. Each animal designates a different department making shopping easy-for example, the "Panda Pavilion" has infants clothes. There is also a play area for your children to keep them entertained while you shop.

John Nemz, owner of Zoo's Children's Shop is celebrating 5 years in business this year. His product selection as well as customer service have proven to be a success. A pleasant and knowledgeable staff is waiting to assist you with your selections. Need a birthday or shower gift fast? Zoo's accepts phone orders. They will help you select a gift and wrap it for free. UPS delivery is available for a nominal fee.

Quality is ever present in the merchandise at Zoo's. They feature fine brand names in apparel such as Tickle Me, Zoodles, Hartstrings, Ruth-Scharf, Hang Ten and Little Me just to name a few. The expanded toy section exhibits such standards in excellence as Brio, Playmobil, Darda, Madame Alexander, Carolle, Ravensburger Games, V-Tech, Educational Insights and much, much more. There is Clearance prices.

"More than current grades are at stake, " cre or poor, it means your child is not gaining valuable skills. This can come back to haunt the child later. The skills children learn in school are like building blocks. If will suffer. When a child tries to build advanced skills on a shaky foundation of knowledge, there's likely to be trouble ahead."

Mediocre or poor grades can result from (Continue on page 34)

If you or someone you know is looking ated with one of the largest independent travel agencies in the Chicagoland area. AIT offers a twelve-week comprehensive travel training program and is equipped with the two most widely used computer Apollo and American Airlines Sabre. AIT, also limits its class size, therefore, each student receives quality hands-on instruction.

Since 1984, AIT has graduated over 600 students and enjoys an excellent reputation in the industry. Registration is now open for our next session, beginning January 16, 1995. Join us on Thursday, January 12, for a Free Travel Career Seminar. Call us for



over 3000 square feet of merchandise space at Zoo's making the selection outstanding.

Parents who care shop at Zoo's because they get educational and fun toys as well as learning aids that are proven effective to inform and to enhance their child's imagination. Zoo's features Frank Schaffer brand workbooks, games and puzzles which are currently being used in many schools as teaching aids.

In addition to apparel and toys, Zoo's has an infant section featuring the current trends infant wear and bedding. The latest names in strollers such as Combi, Aprica, Emmaljunga, Inglesink and more are on display for your consideration.

So, come to Zoo's, bring the kids, see the animals and enjoy shopping at January

# Personalized Stationery At A Nice Price

If Santa Claus forgot your personalized stationery this season, you're still in luck!

Little Shop of Papers is offering a 10% discount on their most popular custom line, Embossed Graphics, through the month of January. Many styles and designs to choose from-and customize your own way! Great gift idea for showers, birthdays and don't forget the college student away from home.

Don't delay! This offer is good only through January 31st!

You'll enjoy visiting the Little Shop of Papers, now in their new, beautiful store, located in The Foundry. Lovely gifts and accessories abound.

# With Winter Winds Blowing, Nothing Beats A Great Cup Of Coffee

Now that Winter is here, nothing beats a great cup of coffee to make you feel warm all over. And Caffe Espresso in Barrington has a variety of gourmet blends to please every taste. Choices include pleasant Viennesa Cinnamon, nutty and full bodied Hawaiian Macadamia, rich Mexican Altura, mysterious East Indies Blend, Sumatra Mandheling or the best selling Columbian Supremo. Many more blends are available including many decafinated coffees. Some have fanciful names such as Snicker Doodle which is a delightful blend with cinnamon and almond flavors.

Caffe Espresso offers a selection of their gourmet blends fresh brewed daily including Jamaican Blue Mountain. This coffee is one of the world's best, rarest and most costly. It is rich, smooth and lively with a lingering spicy aftertaste. Stop in and try a cup or enjoy an espresso or cappuccino.



Eliabeth Ford

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While you are there, look around at all the coffee and tea related gift items available. During January, Christmas items are on sale at 10% to 40% off-teapots, cups, trays, saucers and mugs.

Make a visit to Caffe Espresso one of your "New Year's resolutions." You'll be glad you did.

Caffe Espresso is located on the S.E. corner of Main St. and Route 14 in Barrington.

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It's 1995 already! If you have failed on previous years resolutions to achieve a new look . . . do it now. Hairs To You in Lake Zurich invites you to bring in this entire ad and not only will you receive 50% off a hair cut or blow dry; in addition, you will receive 20% off any color or perm service.

A re-introduction special congratulations and welcome back to Michele who has been

# Letter To The Editor

At this time of year when everyone is busy selecting the perfect gifts to give, the members and board of the Friends of the Sparrow want to say thank you to the people of the Barrington area community who have given such wonderful gifts to us during the past two and a half years. Their generosity made our recent "Jay Gatsby at the Club" benefit for the Home of the Sparrow a marvelous success and will help HOS enable homeless women to work to achieve independent lives for themselves and their children. A portion of the proceeds will help provide a stable, caring environment in which teenage boys can gain self-esteem and learn trust and life skills at the Youth House. Some of the women who have completed the program at the Shelter and are working will be able to find affordable housing at the Graduate House. Plans are being made to expand the Shelter so that some daycare and preschool services can be provided for low-income families.

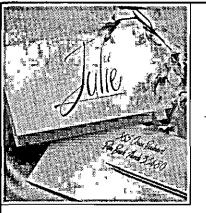
in this ad and set up an appointment with Michele and receive 30% off on color or perm service. All of the staff at Hairs To You wishes

on a maternity leave. First time clients bring

you a happy and healthy New Year. We resolve to keep providing our clients with competitive prices, comfort and to cater to your needs.

We would like to express our thanks to some special friends who gave advice, time and services to our committee: Phoenix Press of Barrington, Biltmore Country Club, Barrington Area Historical Society, Shannon Guernsey, Taryn Oakley, Jamie Silver, auctioneer Kevin Bunte, Fujisawa, U.S.A., Gold Standard Liquors, Donald and Kay Griffith, Don Thompson, Sr., Terri Tepper, Dick and Alicia Stephenson, and the newspapers and columnists which publicized the event.

The financial success of the benefit was guaranteed by the individuals and businesses who were our underwriters. Our gratitude to them is endless. We must also give an enormous thank you to the individuals, local businesses and services who donated the wonderful items and services which enticed friends to buy tickets and to enthusiastically bid in our auction. These businesses support many events in the area and deserve our support and business in re-



# **Embossed Graphics** Personalized Stationary 10% OFF Through January 31\* Includes correspondence cards, tablet sets and foldover notes. In hot pink, royal blue,

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turn: M.J. Miller, American Airlines, Merrill City, Northwest, Second City, Etc., and Lynch Capital Markets, Mr. and Mrs. Jerome Powell, Ambrosia Euro American Patisserie, "Grandfather's Clock", The Canterbury Shoppe, Grand Geneva Resort and-Spa, Douglas Kenyon, Inc., Catered Affair of Barrington, Gold Standard Liquors, Fresh Flower Market, US Motivation, Sears Merchandise Group, Mr. and Mrs. David Sheppard, Walter E. Smithe Furniture, Arlington International Racecourse, Chessie's, Fritzl's Country Inn, Gino's East, Hackney's, Medieval Times, Mers Restaurant, Millrose Brewing Company, 1776, Spasso, The Greenery, Twin Anchors, Portraits by Thomas, Beer Across America, Blockbuster Video, Sheraton Chicago Hotel and Towers, Odyssey II, Steppenwolf Theatre, Second City, Chicago and Second

Herb and Lenore Lawrence.

We must close by giving a huge thank you to the women of the committee who provided the ideas and did the work of "Jay Gatsby at the Club". They gave us their heads, their hands and their hearts so that other people could build better lives.

To all of the above and to everyone who attended, sent donations, and bought a ticket, the Friends of the Sparrow wish you a very Happy New Year.

> /Sincerely, Kristy Fischer and Michele Gillett, /Benefit General Chairmen, Bonnie Cowhey and Marilyn Patrick, Co-chairmen, Friends of the Sparrow

# Sibelius, Sax & Sand

#### Three diverse programs for January at the PRAIRIE CENTER FOR THE ARTS



#### Sunday, January 8 - 2 PM



Featuring the Schaumburg Youth Orchestra, Joseph Maimquist, Director Schaumburg's own advanced student ensemble presents music from around the world, featuring classical works from Bizet's Carmen, Copeland's Hoedown, Sibelius' Finlandia and more. Complete with narration and special effects, this enlightening and thoroughly enjoyable program will be enjoyed by the whole family! All seats: \$4.50.

# Spike Robinson and Scott Hamilton

#### Saturday, January 14 - 8 PM

Two masters of the saxophone join forces for a concert that can only be described as a jazz lover's dream come true. These tenor sax men, backed by a piano-bass-drums combo display their musical prowess as they have in the past while playing with such jazz greats as Rosemary Clooney, Gerry Mulligan and Buddy Tate. Great live jazz in the -making. \$16 / \$14 student & senior.

#### The Caribbean, Islands of Eden hosted by Dale Johnson Monday, January 23 - 7:30 PM



A beautiful travelogue by filmmaker Dale Johnson, with stops in Trinidad, St. Croix, Barbados, Grenada and St. Thomas. You'll hunger for the endless white beaches bordered by the lush forests and crystal clear waters. This feature-length film provides a perfect and inexpensive escape from the winter doldrums. \$6 / \$5 student & senior.

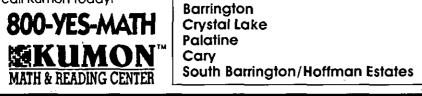
To order tickets, contact the Prairie Center box office at (708) 894-3600 weekdays from 10 AM to 2 PM.



PRAIRIE CENTER FOR THE ARTS 201 Schaumburg Ct., Schaumburg, IL

# MATH & READING The New Year is the perfect time to **ASSESS FOR SUCCESS** IN JANUAR' As a new year begins, it's the perfect time to evaluate your child's progress in math and reading. If you think he or she could do better this year, call Kumon Math and Reading Centers and find out how your child can: Improve skills in math & reading Enhance concentration skills Develop better study habits for all school subjects Join the 2 million satisfied Kumon families currently enrolled. Tuition is

affordable at only \$65 per month, per subject. For success this year, call Kumon today! Barrington



Page 10 Barrington LIFESTYLES - January, 1995

# Prairie Center Kicks Off 1995 With Varied January Roster

Travel and music are the themes as the their musical prowess as they have in the Schaumburg Prairie Center for the Arts continues its 1994-1995 season with three diverse programs in January.

The Prairie Center kicks off the new year with Presto, a performance for young audiences featuring the Schaumburg Youth Orchestra, directed by Joseph Malmquist Sunday, January 8 at 2 p.m. The ensemble will perform classical works evoking the different moods and styles of music from around the world. Special effects and narration will add enlightening insights to the music of Sibelius, Tchaikovsky, Bizet and others in this enriching and entertaining musical journey. All seats for Presto cost \$4.50.

Two masters of the jazz world join forces when Spike Robinson and Scott Hamilton perform Saturday, January 14 at 8 p.m. Presenting an evening of ballads, bop and jazz pal Center on Schaumburg Rd. and Sumstandards, the two tenor sax players, backed mit Dr. in Schaumburg. by a piano-bass-drum combo, will display

past with such jazz greats as Rosemary Clooney, Gerry Mulligan, Dave Grusin and Buddy Tate. Tickets for this intimate evening of Jazz cost \$16 for adults and \$14 for students and seniors. Then, filmmaker Dale Johnson stops in

Schaumburg for one night to host his travel film The Caribbean, Islands of Eden Monday, January 23 at 7:30 p.m. The travelogue depicts the endless white beaches and crystal clear waters of such breathtaking islands as Trinidad, St. Croix, Barbados, Grenada and St. Thomas. Tickets for The Caribbean cost \$6 for adults and \$5 for students and seniors.

To order tickets, call the Prairie Center box office at (708) 894-3600 weekdays from 10 a.m. to 2 p.m. The Prairie Center is located next to the Schaumburg Munici-

# BAAC Winter Theatre Workshop

Children in grades 3-8 are invited to attend teach the workshop, which will include imthe Barrington Area Arts Council (BAAC) Winter Theatre Workshop on Saturdays, from January 7 to February 11, 1995. The six-week workshop will be held at the BAAC Gallery, 207 Park Avenue, Barrington. Grades 3-5 will meet from 9:00-10:30 a.m. and grades 6-8 will meet from 10:45 a.m.-12:15 p.m. Cindy Walters will BAAC Gallery at (708) 382-5626.

and scenes, and movement. The final class will be an informal performance for family and friends. The fee will be \$48.00 for the six-week session and is payable at the BAAC Gallery. Visa and MasterCard are accepted. For more information, contact the

provisation, theatrical styles, theater games

# For Our Children . . . Our Nation's Future

The Kumon Mathematics Method, while still unfamiliar in parts of Illinois, has some 2 million students in 23 countries worldwide and is the largest after school mathematics program in the world. Kumon has been featured in Time, Newsweek and The Wall Street Journal for its outstanding results.

Crystal Lake's Kumon instructor, Jeri Hagiwara says, "I came upon the Kumon mathematics program while researching mathematics programs in France and Japan. These countries produce the top result in math achievement at the elementary level. I was looking for a math program that best resembled the key qualities of programs found in Japan and France. It had to have meaningful math exercises in which math concepts were introduced in an orderly and systematic fashion, and ensured mastery of the basic math facts. I found all of this, and much more in the Kumon Mathematics Method. As a former business instructor at the University of Hawaii, I know Kumon is valuable. I have seen the doors of opportunities close on very young lives because of a lack of math knowledge, or because of math anxiety. Parents and students need to recognize that math is key to their future.'

At the start of the 1990s Christ Episcopal School in Texas in the United States successfully incorporated the Kumon method into its math program. When the Hawaii Department of Education Task Force wanted to improve Hawaii's math scores they also recognized the value of the Kumon Math Method. Mrs. Judy able to make this program available to our Fujishiije, elementary teacher at Waiakea Waena Elementary School, and a member



Christina Dykun, Tuesday Hagiwara, Stephen Dykun enjoying Kumon Math.

of this Task Force opened her Kumon Center in 1992. She says, "Kumon's success is undeniable. Every child has the best opportunity to develop to his fullest potential. Parents must understand that Kumon is a long term commitment that produces definite results, and not a quick fix program. Kumon is an excellent supplement for any school's math program."

"I agree with Judy," says Ms. Hagiwara, "the Kumon method is great. My young students are getting an early start. They will not have math anxiety that cripples many youngsters and adults. Kumon students not only improve their math skills, but they also learn to be self-disciplined, self-motivated, and self confident! I'm looking forward to seeing these Kumon students become the next generation of business leaders, engineers, and doctors. Twenty years from now when our youth will be competing in the global marketplace I know these kids will be ready. It is extremely rewarding to be children... our nation's future!"

# 3Chefs Catering . . . Where The Party Season Never Ends!

There is no better way to beat the winter blahs than to make plans with 3Chefs for that special wedding, anniversary, surprise birthday party, shower or get together with friends.

3Chefs is full service catering with personalized menu planning for all occasions. Their aim is to make professional entertaining easy by providing the best food quality, appealing presentation and personal service.

Whatever the festivity, you will hear compliments long after the final farewell. The staff at 3Chefs anxiously awaits the opportunity to serve you, call today, (708) 516-2433.

# Tasteful Elegance At Reasonable Prices

At Jani's Bridal Affair you'll find tasteful elegance at reasonable prices. Jani's Bridal Affair caters to the bride who expects only the best in quality and service. Choose from the finest selection of wedding gowns, bridesmaid dresses, Mother of the Bride or Groom dresses, shoes, veils and bridal accessories, in a lovely friendly atmosphere.

Select from gowns that are the essence of femininity and fantasy. The exquisite details, timeless traditional lines, and luxurious fabrics are all elements that create the beautiful look for the bride.

You're invited to see the new spring collections from: Alfred Angelo, Bonny, Bridal Originals, Edens, Ginza, Jessica McClintock, Mary's, Michelle Vincent, Mon Cheri, Mori Lee, Private Label by G and Sweetheart.

Jani's Bridal Affair features bridesmaid dresses from the collections of: Alfred Angelo, Alyce, Bari Jay, Bill Levkoff, Jessica McClintock, Jordan, Loralie, and New Image.

It is the sincere desire of all at Jani's to make your wedding day the most beautiful day of your life. For the gown that brings a blush to your cheeks and a flutter to your heart visit Jani's Bridal Affair. Gowns priced \$250-\$850. Sizes 4-20 and 38-44.

Hours: Monday-Thursday 10:00 A.M.-8:30 P.M.; Friday and Saturday 10:00 A.M.- enue, Crystal Lake, Illinois.





5:00 P.M.

Jani's Bridal Affair, 384 Virginia (Highway 14)-1 block west of McHenry Av-

# The Finest Quality Fur At The Lowest Possible Price

nearly everyone. We make everything from fur earmuffs, headbands, hats, fur-trimmed quality luxury furs. Of course, mink is our sheared beaver, raccoon, foxes of all shades, lynx and Russian sable. We carry possible price.

# Whetstone Now On Sale

Area Arts Council's (BAAC) annual literary magazine, will be available at the BAAC Gallery, 207 Park Avenue, Barrington, for \$5.00, or by mail for \$6.25, which includes postage and handling. Whetstone will also be for sale at The Vil-This award-winning publication features poems and writing of 23 authors from Illinois and elsewhere in the United States. The BAAC Gallery at (708) 382-5626.

The Mink Barn has a price range for petite to plus sizes or we will also be happy to design a garment uniquely for you.

Bill Talidis has the finest selection of sumicrofiber coats and leathers to the finest perb quality American made furs. We guarantee that whatever garment you choose specialty, but we also have long hair and from The Mink Barn, it will be the finest quality fur and workmanship at the lowest

Volume 11 of Whetstone, the Barrington 1994, Whetstone Prize of \$500 was awarded to Helen Reed of Crystal Lake for her poems "Assuage of Light", "Slippage" and "Wind in the Orchard", and the John Patrick McGrath Memorial Prize of \$250 was awarded to J. Weintraub for his short story, "Wedding Cake the Color of a Field lage Hallmark in Barrington's Ice House. of Wheat". Editors of Whetstone are Sandy Berris, Julie, Fleenor, Marsha Portnoy and Jean Tolles For more information, call the



# A Fabulous Sale at "The Mink Barn" 10%-60% OFF on All Our Fine Furs



A wonderful collection of the finest quality furs at incredible savings. Everything from long flowing minks to sporty reversible jackets.

We raise the highest quality mink and make our own garments using excellent workmanship and styling.

You owe it to yourself to do some comparative shopping-then come visit us.

Tues. - Sat. 9-5:30; Sun. 12-5:00. Closed Monday



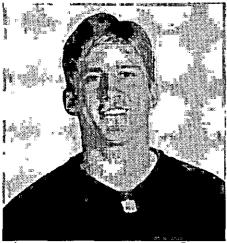
# Happenings In The Area

# Don't Miss "An Evening With Friends"

Mark your calendars! It is getting close to that time of year again when the Friends of Clearbrook stage their fabulous Dinner Dance.

The Dinner Dance, entitled "An Evening With Friends," is scheduled for Saturday, February 18 at the Westin O'Hare in Rosemont. This year, Tom Waddle of the Chicago Bears will serve as Honorary Chairman of the event.

We hope to raise over \$40,000 this year for Clearbrook's Vocational Services and Training Programs," said Patti Jostes, Chairman of this year's event. "The Friends are pleased to assist Clearbrook with this critical area. Whether the clients work in the Clearbrook workshop or in the community, everyone has a chance for a productive life.<sup>1</sup>



✓ Tom Waddle of the Chicago Bears is the Honorary Chairman.



Sue Tharp, President of the Friends of Clearbrook; Eddison C. Simpson, President of NBD Bank Arlington Heights and Patti Jostes, 1995 Dinner Dance Chairman.

Guests will have the opportunity to bid on such items as trips to Steamboat Springs, Colorado; fine art and jewelry; weekend get-a-ways and much more in the live and silent auctions

NBD Bank Arlington Heights is the major sponsor of "An Evening with Friends." "We are proud to sponsor the Friends of Clearbrook Center's Annual Benefit," said Eddison C. Simpson, President of NBD Bank Arlington Heights. 'This is a special evening to salute the clients of Clearbrook Center and support the great work of the Center.'

Tickets to "An Evening with Friends" are \$65. For tickets or more information, please call Linda Weber at (708) 870-7748.

# Gardening In The English Tradition

Are you trying to shake the January "blahs"? Are you tired of trying to get yourself and your house back to "normal" after the hectic holidays? Then step into an English garden. No, you won't need an airline ticket to the United Kingdom to achieve this. Just attend the next meeting of the Garden Club of Inverness on Thursday, January 19, 1995 at 9:30 a.m., There you will see a slide presentation of gardens of England presented by Debra Phillips, from Wayne, Illinois, owner of a garden shop called "Scentimental Gardens." Debra is a Master Gardener and Instructor for Herbal House. The program will include identification of specific plant material, container planting, color schemes, ornamentation, planting styles, water gardens, contact Janet Sholiton (991-4861).

÷£

as well as invaluable gardening tips from growers such as David Austin to the proud owner of a small country plot. Please note: Until further notice, all meetings of the Garden Club of Inverness will be held at Holy Family Church, 2515 W. Palatine Rd. We look forward to starting off the new year with this interesting presentation and extend an invitation to all to join us. Membership in the club is not necessary to attend. Guests are always welcome. The Garden Club of Inverness is a member of the Garden Clubs, Inc. Come and stroll through an English garden with us, enjoy a cup of tea/coffee, along with delicious refreshments, and the opportunity to meet new friends. For information about the Garden Club of Inverness,

# **BAAC** Presents "Do You Really Want A Dinosaur"

Children in grades K-4 discover how sci- and tells the story of 10-year old Martie's ence and drama interrelate in the Barrington Area Arts Council's (BAAC) Children's Theatre at the Gallery presentation of "Do You Really Want a Dinosaur?" on Monday, January 16, 1995. Performances will be held at 11:00 a.m. and 1:00 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington.

be presented by Centre Theatre Artsreach BAAC Gallery at (708) 382-5626.

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# Puppets, Pagliacci, Pastries and Pageantry



Barrington Lyric board member Louise Sullivan, Barrington Hills, is intrigued with the exquisite details of the "Opera in Focus" puppet costumes designed by Paul Guerra, Park Ridge (pictured). On Sunday, January 15, Barrington Chapter of Lyric Opera of Chicago will sponsor two puppet opera afternoon performances and reception at the "Opera in Focus" theatre located in Rolling Meadows.

Members and guests of the Barrington Kungsholm artistic director), creator and Chapter of Lyric Opera of Chicago are invited to enjoy one of two puppet opera performances and a dessert buffet on Sunday afternoon, January 15, in the intimate "Opera in Focus" theater at Park Central, 3000 Central Road in Rolling Meadows. The spectacular golden sunburst curtain will open at 12:00 p.m. for the first performance and back stage tour which will conclude at 2:00 p.m. A lavish sweet table buffet with hot beverages will be presented (cash bar). Guests for the second performance are inrefreshments before the 3:30 p.m. performance.

Reservations are very limited. \$20.00 per person. Checks payable to Barrington Lyric c/o Jim Steed, 927 Banbury Court, Schaumburg, IL 60194. (708) 843-0344. "Opera in Focus" theatre (708) 318- 3200. please ph William B. Fosser from Chicago (former 381-5273.

# "Associates" Plan Gallery Walk Of European Art

The Associates will welcome the new year with a bus trip to the Art Institute of Chicago to attend a gallery walk on Tuesday, January, 24, 1995. Attendees will meet in Gallery 215 to obtain canvas stools prior to joining Larry Feinberg, Curator of European Art for the Art Institute of Chicago, for a gallery walk of European art of the 15th and 16th centuries. Because of the enormity of this collection, Mr. Feinberg will focus upon Italian art of the 15th and 16th centuries. This period includes the works of Giovanni di Paolo, Sandro Botticelli, and Jacabo Bassano.

The bus will leave the Langford Park parking lot, Lions Dr. in Barrington at 9:15 a.m. and will depart from Chicago at 2:30 p.m. Reservations must be made by Tuesday, January, 17, 1995. For more information or to make reservations, please contact Mrs. Peter Ori (708) 526-3252.

producer of "Opera in Focus", will present his puppets in the pageantry of grand opera in this customized theater that he built especially for his productions. The afternoon operatic selections will include 'Prologue' and 'Vesti 'La Guibba' from Pagliacci; 'Una Furtiva Lagrima' and Duet from L'Elisir d'Amore; and conclude with the 'Prison Scene' from Faust, Act 5.

Creatively synchronizing the movements of the puppets to the music will be puppeteers Lydia Ilchina from Glen Ellyn, Mark vited to arrive at 2:00 p.m. to enjoy their Bourdreau from Palatine, and Paul Guerra from Park Ridge. Paul is also the creative costume designer for "Opera in Focus".

Barrington Lyric enjoys a strong and growing membership numbering 230. For information on membership opportunities which includes downtown privileges, please phone Lynne Grimshaw (708)

Programs and lectures to look forward to include the following: in February, members present art with a program on "Frida Kahlo: Her Life and Art", and a lecture on the "Caillebotte" exhibit at the Art Institute of Chicago (AIC); in March, a seminar series, "American Arts at the Art Institute"; in April, a lecture on "Japanese Woodblock Printing"; in May, a wine reception and tour of the Sara Lee art Collection, and in July, the "Monet Retrospective" at the AIC.

Membership in the Barrington Community Associates of the Art Institute of Chicago is open to men and women in the Northwest Chicago area. The annual dues are \$50.00 which includes a family membership to the Art Institute of Chicago. For more information, please contact either Mary Lou lverson at (708) 359-0941, or Norma Carey at (708) 381-2041.

search for a playmate. Through fact and fantasy, Martie learns that with imagination and knowledge, dreams can come true.

The program includes audience participation, slides, an educational packet and a question and answer period. Tickets are \$4.00 each and may be purchased at the BAAC Gallery. Visa and MasterCard are "Do You Really Want a Dinosaur?" will accepted. For more information, contact the

# Bonne Année, Bonne Santé

The language of good wishes being universal, I know you all understand! What a great season winter is for a professional "bon vivant"...it is my day off and the air outside is so cold that I am confined to my recliner, facing the warm glow of the fireplace, reflecting, occasionally chatting with my partner "bonne vivante" and, guess what...sipping on a glass of 1963 vintage port and munching on fresh roasted chestnuts...what a life!

Have you ever had fresh chestnuts? They are not very popular in the United States because they are rare; most chestnuts these days are shipped form Europe, mainly Italy. If you find some in your favorite store (read: supermarket), make sure they are very "full", hard, the skin shiny and they show no "air pockets" between the shell and

the core

They can be eaten raw (very crunchy), boiled (difficult to peel) or roasted. I roast mine in a wok-style pan on low heat with a lid. It takes about 30 minutes and you must move them around frequently to even out the roasting. Before you put the chestnuts in the pan though, you must make an incision across each side, following the direction of the fiber (easy to see). Do not go deeper than the shell itself!

Once they are cooked, let them cool down a bit and start peeling them. Notice there is the shell and a brown skin to remove. Then the uses are countless-plain (great munchy), crumbled in salads, in sauces with red meat or poultry or game, in desserts, etc.-check into your cookbooks, but don't miss out on a great nut!

# Casual Dining in an Elegant Atmosphere

reputation as the place to meet in downtown Barrington, offering casual dining in an elegant atmosphere.

Executive chef, Jean-Marie, adds his own unique talents to the menu. With his creativity, dishes are as pleasing to the eye as they are to the palate. With a wide variety of daily specials, as well as unique pasta dishes and prime steaks and seafood, diners will find something to please every taste. Of course, there is always an array of tempting appetizers and homemade desserts to add the finishing touches to your meal.

The atmosphere remains elegant-whitetopped, candlelit tables overlooking downtown Barrington from the second floor din- enjoy all that Jovan's Grill has to offer.

Jovan's Grill has firmly established its ing room and the spacious, woodtrimmed bar on the main level.

Jovan's also offers excellent values with their monthly specials. For January, Jovan's Grill highlights their succulent chargrilled prime top sirloin butt steak. This complete dinner includes baked potato, salad with house dressing, coffee and your choice of apple cobbler with ice cream or chocolate delight with ice cream.

Jovan's Grill serves dinner Monday-Saturday, 4:30 pm-10:30 pm. Reservations are recommended, especially for the weekends, by calling (708) 381-4422. Offering a full range of services from a quiet dinner for two to a large celebration, from attentive service to an extensive wine list, you'll

# Green Thumbs Jan. Meeting

the meeting on Monday, Jan. 16, 1995 of members are always welcome. The Green Thumbs Garden Club of Bar-

Preserving part of our national heritage will rington, being held in the Meeting Room be the theme of speaker, Steven Byers, at of the Barrington Library at 12:30 pm. New

# Its Time To Relax At Chessie's



Now that the holiday hustle is over, why not relax with a wonderful lunch or dinner at Chessie's?

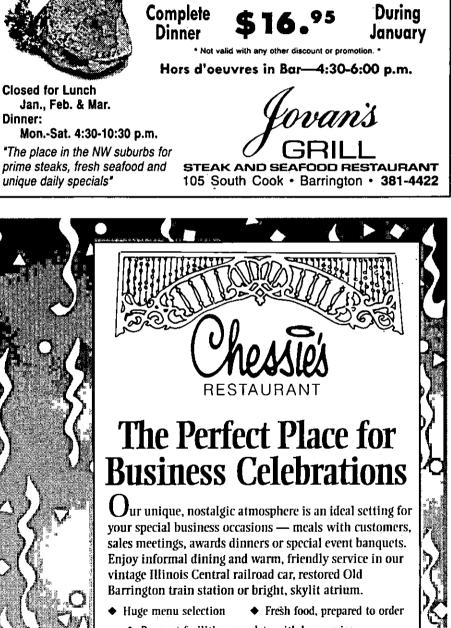
The ambiance is perfect whether you are seated in the skylit atrium overlooking the village shops, the vintage railroad car or the old Barrington train station grill room.

For lunch, select a crisp generous salad or one of their many hearty sandwiches. Perhaps a lunch entree of Louisiana chicken, shrimp Palermo or fettuccine marinara' with chicken may interest you.

If a quiet dinner is how you'd like to unwind, you'll enjoy perusing the menu to discover a varied selection from fresh fish, prime rib, pasta primavera to chicken teriyaki. For the lighter appetities, large salads, sandwiches and pasta are always available.

Be it lunch, dinner, a special occasion or dessert after a show at the Catlow, you'll never be disappointed dining at Chessie's. Located at the Barrington Ice House Village Shops, next to the new Jewel.





• Banquet facilities complete with bar service, large-screen TV, cassette player, VCR, microphone and overhead projection screen for group presentations

Put Chessie's on Your Calendar Today! 708.382.5020 Reservations for five or more only.

200 Applebee Street, Barrington, Illinois (At the Barrington Ice House Village Shops)

# Infant Welfare Golden Ball Had Wonderful Magical Appeal by Glenne McMonigal



L to R: Toasting the success of the beautiful Infant Welfare occasion are Kathleen Amatangelo, Beatrix Kopésdy and Ruth Kérn. All proceeds from this annual fundraiser benefit the Infant Welfare Society of Chicago's clinic.



L to R: Enjoying their efforts are Iolanda Goodfellow, corresponding secretary; Penny Knopik, cookbook chairman; Arlene Breuder, chairman of the 26th Annual Golden Ball and Dixie Spitzer.



Kay Devlin, third vice president/ volunteer chairman, with her husband Frank. Guests enjoyed a delicious gourmet dinner and danced to sounds of Celebrated Sounds.



L to R: Member Paula Bartlett with her guest Sharon Avante and member Lillian Krilich. Paula and Lillian are wonderful volunteers within the organization.



Alicia and Richard Stephenson enjoyed the gala. The Barrington High School Marching Band represented by VLeslie Kelly, Mike Reisel and David Saxon served as a unique "dinner bell" by mingling through the club dressed as toy soldiers.



Barrington Chapter president, Gloria Johnson, with her husband Byron attended the December 3rd gala held at the Wynstone Golf Club. Barrington is one of thirty five chapters contributing to Chicago's Infant Welfare program.

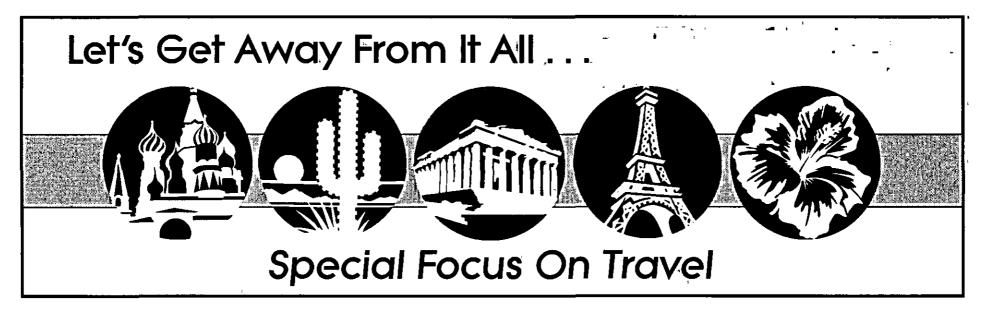
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Art coordinator Liza Kendzior, did the beautiful centerpiece decorations in addition to singing a beautiful lullaby to begin the evening. The theme of this exceptional evening was "Children Are Our Future."



Jon Apmann and his wife, member Nancy, who is first vice president/membership chairman watched the live auction preceded by a spectacular dance by students from the Bataille Academie of the Danse.



# Ah-h, A Tropical Escape

Allow yourself to be taken away from daily stress. For a time we will offer you relaxation and rejuvenation from the hustle and bustle of the holidays past. Featuring this month at Tranquility, a tropical escape. Lose yourself in a warm body bronzing. This body exfoliating and self tanning treatment will give you a look of radiance, you'll look and feel as if you've just returned form the tropics. Relinquish your tension with Alpha-Hydroxy and 4 layer seaweed facial leaving your face clean and beaming. Indulge yourself in a new hair color. Allow yourself a first time hair coloring, and we invite you to have a free make-up application. Create a colorance for your hair to make it seem as if you have been kissed by the sun. Refresh yourself with a customized look for the finest hair consultants north of the Caribbean. Exemplify your finest features, insuring a reward our Tropical Tranquil Escape.



of confidence. Escape in a stress reducing massage while getting lost in the sounds of ocean waves and island birds. Get out of the January blues by absorbing the heat from a paraffin treatment or smooth your hands with a hot oil manicure. Finish a manicure and pedicure with nail colors of Luau Pink, Miami Heat or Wild. We at Tranquility look forward to seeing you in

# Traveling . . . with Carlson Wagonlit Travel

#### The Envelope Please ...

The Conde Nast Traveler Readers' Choice Awards are out, and whether or not you put a lot of stock in them, they always make fun reading. Some highlights: Best foreign resort-The Hotel du Cap-Eden-Roc, Top foreign airline-Swissair, Top island-Maui, Top foreign city-Florence, Top U.S. city-San Francisco, Top U.S. mainland resort-The Ritz Carlton Naples, Top tropical resort-The Lodge at Koele, Top cruise line-Seabourn, Top US. Hotel-Ritz Carlton Chicago, Top foreign Hotel-Ho-tel Imperial, Vienna, Top U.S. Spa-Canyon Ranch in the Berkshires.

**Frequent Flyer Poll Results** Frequent Flyer magazine has just published the results of its annual poll of business travelers. Among the interesting findings: even more flyers (76% this year vs. 71% last year) would not trade frequent flyer miles for lower fares. More travelers are experiencing trouble redeeming frequent flyer miles (81% this year vs. 75% last). And many more are taking laptop computers when traveling: 66% this year vs. 39% last year.

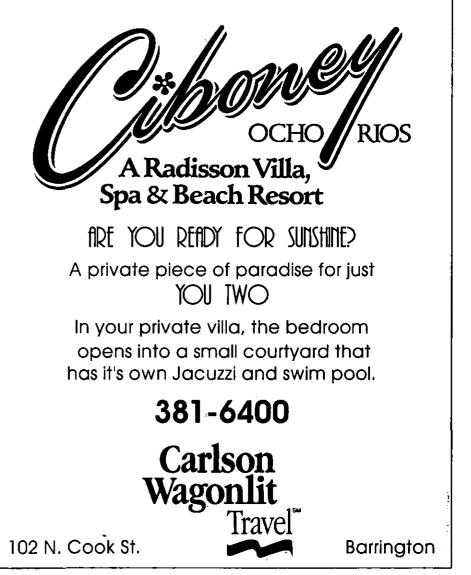
**Rush Passports Cost More** It will now cost you \$30 more if you need a passport application processed in a hurry (defined as within 10 days of your departure). Previously, rush passports cost the same as normal ones: \$65 (\$55 for, renewals) and all you needed was an airline ticket showing an imminent departure.

Travel Weight Gain Not Permanent Good news about travel and weight gain: experts agree that most weight gain during a trip is temporary. When you return home, you shed those extra pounds with little effort. Also, most people get more exercise while traveling: walking around sightseeing and bargain-hunting. Self Serve Car Rentals

Alamo Rent A Car has introduced self-service kiosks at 10 major airports, allowing customers to reserve a vehicle in 30 seconds. The Alamo Express Plus kiosks are in Atlanta, Tampa, Orlando, Boston, Ft. Lauderdale, Dallas, Newark, San Francisco, Philadelphia and O'Hare. By 1995 twenty other Alamo Express Plus kiosks will be found in Los Angeles, Phoenix and Washington D.C. Customers will need an Alamo Express card or other credit cards listed on their master rental agreements. The computer authorizes the charge and prints the rental agreement, showing the location of the vehicle and keys.

A happy, healthy new year to all of you from all of us at Carlson Wagonlit Travel:







# Gatsby Gala Nets \$40,000 For Home Of The Sparrow



Frank and Barbara Adams, Lake Geneva, enjoyed the evenings festivities.

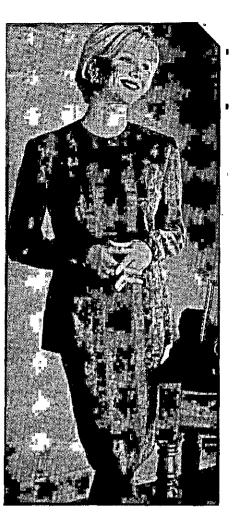
"Exciting, ""fun, " and "high-energy" are try Club in Barrington on November 12th words used to describe the very successful Fund-raising efforts realized approximately sold-out Gatsby-style evening held by \$40,000 to benefit Home of the Sparrow, a Friends of the Sparrow at Biltmore Coun- facility for homeless women and their chil-Page 16 Barrington LIFESTYLES - January, 1995

f white sandy beaches and the tropics' warm sun are beckoning you soon, be sure to visit Betty's of Barrington for the latest in cruisewear.

Shown is a muted sponge print tunic and skirt. Perfect for the island breezes, and beyond into Spring. Green, yellow, pink and black make the ensemble special. From Anne Crimmins for UMI Collections. Lined.

Cruisewear by Carole Little and Southern Stitches offer variety in shorts. pants, shirts and tops in looks you're going to love.

Escape, relax and have fun...in your cruise wardrobe form Betty's of Barrington on Cook Street



# Enjoy An Historical Excursion To Milwaukee

the Travel House are pleased to invite all Barrington residents to join them on an excursion to historical Milwaukee in January. The first stop on the day tour will be to the famous Milwaukee Museum where Michael Harkins, the executive director of the BAHS, will conduct a private tour of this historical museum. Lunch will be provided in the English Room of the beautiful Pfister Hotel. From there the tour will proceed to the magnificent Pabst Mansion which will still be decorated in its holiday finery. The trip will be by motor coach and

The Barrington Area Historical Society and as a special treat Michael Harkins will brief participants about the history of Milwaukee on route. The tour will leave the Historical Society's parking lot on 212 West Main Street in Barrington at 8:30 am on Friday, January 27th and return at 6:00 pm that same day. The cost which is payable to the BAHS is \$80 for members and \$105 for non-members and includes transportation, lunch, and all entrance and guided tour fees. Reservations are required by January 20, and more information can be obtained by calling the BAHS at 381-1730.



Glen and Reverend Phyllis Mueller of McHenry with Karen and Rex Ross, Barrington Hills, chat during the successful sell-out.

dren located in McHenry. Proceeds will al- Youth Houses as well. low not only expansion of the existing facility, but continued support and develop- erous contribution and warm interest in this ment of programs at the Graduate and endeavor!

The community is thanked for their gen-

## Happy New Year!

by Eleanor Nelson & Sally Hayward

It's winter again! I'm sure most of you have noticed the cold bleak days of January have arrived and you are thinking "I've got to get away for awhile. I wonder if I can afford a vacation?"

Are you ready to get away for a few days? What sounds good to you? A cruise, a visit to Europe in the off season, do you like skiing, perhaps golf, or...just sitting and sunning yourself on some beach as you smile thinking about your friends at home and how cold they must be.

We at Travel House would like to help you escape to your dream destination. Each day faxes come in to our office which tell us about 2 for 1's or special sales which we would be happy to share with you. If a cruise line or resort does not sell out their available space, they open it up and offer it for sale at a reduced rate.

Right now we can offer our clients specials such as seven nights in Costa Rica for January 23 or January 30th departure under \$700.00 including airfare; Puerto Vallarta, 4 nights including airfare \$500.00; Jamaica, 4 nights including air, meals, you're thinking about cruising for Spring our clients! Break, Celebrity has a 12 night San Juan

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itinerary from \$1,522.00 per person.

Whatever you think you would like to do, we know we can help. We receive up to the minute specials on ski or golf packages so make it your New Years Resolution to stop in at Travel House or phone us at 708-381-0600 so we can help you plan your drinks and watersports for \$700.00. If next vacation. We work very hard to please

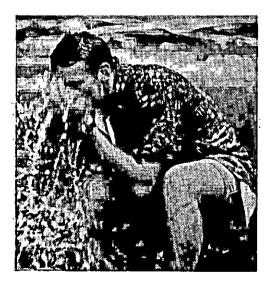
# BARNO To Meet Jan. 10

Organization (BARNO) will meet Tuesday, January 10, 1995 at 7 P.M. in the Meadow Room at Good Shepherd Hospital, 450 W. Highway 22 in Barrington. Social hour 7-7:30 P.M., business meeting 7:30-8 P.M. and program at 8 P.M.

Julie Finley, R.N., B.S.N. and Joan Moss, R.N., M.S.N. will speak on "Nursing Care Returns Home". Julie Finley is currently Director of Community/Geriatric Services at Highland Park Hospital. She is Clinical and Administrative Director of Home

The Barrington Area Registered Nurses Health Services, Home Support Services, Adult Day Care, Hospice and the Skilled Nursing Center. Finley has been involved in home health services since 1984. She has spoken at numerous conferences and is a receiver of several Management Achievement Awards. Registered Nurses, active or inactive, residing or working in the Barrington area and surrounding communities are invited to attend this meeting.

For more information please contact Cheryl Jellovitz at 708- 382-7038.



 $\mathbf{H}$  dventure. Meeting the challenges that the rugged outdoors presents us with. It's done with spirit and the commitment to make the most of each experience. Because at every fork in the path, from every summit, there is the opportunity to gain a new perspective. So, we take our cues from nature. And respond with what we know will stand up to her tests-Woolrich Men's Sportswear and Outerwear. Ruggedly styled with the functional details that have made them an important part of the outdoor experience for over 160 years.

Heading for the sun and surf? Don't leave without seeing the Woolrich Collection at Chuck Hines.

Chuck Hines is located on Main Street in downtown Barrington.

Don't miss the wonderful Winter clearance on Fall/Winter merchandise for men, women and boys going on right now at Chuck Hines. Save 20%-50% on quality clothing!



# At Syd Simons Skin Care Studio We Have Reason To Believe We Are Number One

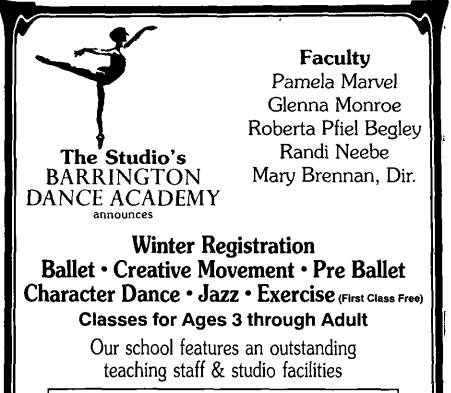
A Syd Simons Skin Care treatment is 1<sup>1</sup>/<sub>2</sub> hours of pure indulgence that leaves vour skin clean. healthy and beautiful. Each step of our treatment is performed by estheticians trained in the Syd Simons method.

The entire treatment takes place in a totally relaxed atmosphere. For your private appointment, call us at 381-8727. Visa and MasterCard accepted.



Bimondo **STUDIO 117 Barrington Commons** 381-8727 Barrington

"Where Makeup is an Art . . . and Skin Care is a Science"



### Home of the **Barrington Youth Dance Ensemble**

The Studio's **BARRINGTON DANCE ACADEMY** 117 E. Northwest Hwy. • Barrington 382-6333 Brochure Available Upon Request

Page 18 Barrington LIFESTYLES - January, 1995

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# January Skin Care

The Holidays are over now and we are censed Estheticians. faced with the dull Winter days.

It is time to look at our skin and see the damage the Holidays have caused. Most of the time people neglect their skin care, being busy one has a tendency to become careless with cleansing their face. The most important thing you do to your face is cleanse it. We are always happy to teach you how to get the best results from your cleansing process for daytime and night time. Now is the time to call Syd Simons for your January facial, to put yourself in the competent hands of your Educated Li-

After your facial relax even more with a therapeutic massage. Go from there and have a manicure and pedicure. Sooth those tired feet, and perhaps have a new look in make up!

Happy New Year to all of you. I wish you happiness, good health and good times. I hope to see all of you in the studio this year. Set your goals, let Syd Simons be on your list in 1995. This is a year for changes. Sincerely,

Cathy Ramstadt, Owner **Syd Simons Cosmetics** 

# Garden Glub Of Inverness Annual Christmas Luncheon



L to R: Eileen Mahoney, Publicity; Carolyn Grosch, President; Karen Vozas and Jennie Bass, Luncheon Co-chairs.

The members of the Garden Club of Inv- Floral centerpieces, and wreaths for the seayear, their beautiful annual Christmas luncheon on December 1st.

Medinah Country Club, back by popular other charitable endeavors sanctioned by demand was their guest speaker, Kimberly The Garden Clubs of Illinois, Inc. Co-chairs Oldis of Kimberly's Florist of Glen Ellyn. were Karen Vozas and Jennie Bass.

erness held their major fundraiser of the son were the focus. Many beautiful prizes were awarded. Proceeds from the luncheon will go to-

The holiday event was held at the ward the horticulture scholarship funds and

# How To Choose A Dance School For Your Child

Many parents of young children who de- clearly and in a positive way? sire to take dance lessons find themselves unsure as to how to choose a school. Frankly, a recommendation from a neighbor or friend is not enough. You should always visit the school in person. The following are some guidelines as to how to choose a school in order to insure your child's proper instruction and personal safety.

Facility-The dancers should have a large room with a special sprung floor. Dancing on concrete covered with tile or other hard surfaces is dangerous. There should be ample mirrors and well-constructed ballet barres for older students.

Observation of Classes-Before enrolling in any school, you should make an appointment to observe a class. Even if you are not knowledgeable, you will be able to judge certain critical things.

1) Is the teacher well organized and pleas ant?

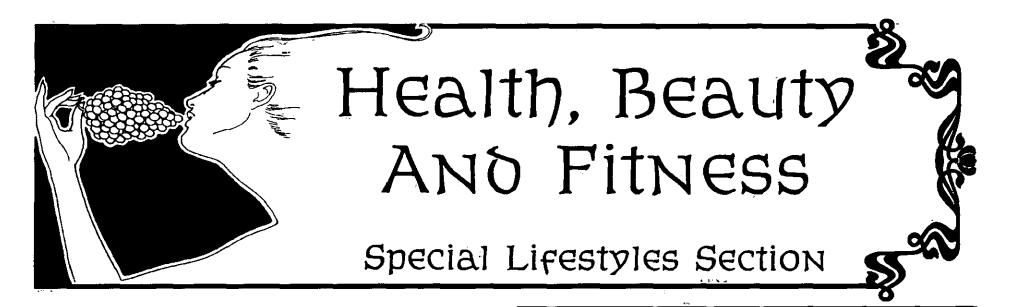
2) Is he/she knowledgeable? (Check the school brochure for teachers' backgrounds.) 3) Are the teacher's corrections made

4) Are the students well behaved and attentive for their age?

Performing Opportunities—As dance is a performing art, it is imperative that the students get the chance to dance for an audience. However, a good school should stress education and not detract from that for the sake of performing. A fancy costume will never cover up poor dancing!

Tuition-Do some comparison shopping as to class rates. Classes should be competitively priced but one should not think that the cheapest class means more for your money. As with everything, quality costs more. Schools should have discounted tuition for multiple classes if your child is a serious student. Family discounts may also be available.

Even pre-schoolers taking lessons should have a fun, interesting and beneficial class. A little extra time will result in a decision that you and your child will be happy with for years to come!



# AerobiCompany In-Home Personal Training Is For You

Workout the new year with a healthy cuts. We will design a specific programs for lifestyle and an exercise program that works for you!

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Keep that New Year's resolution to exercise and be healthy!

Learn how to prepare healthier meals for you and the family!

Make the time for you to achieve-your exercise goals!

AerobiCompany In-Home Personal Training, Inc. is for you! AerobiCompany specializes in personal training & fitness programs in the comfort of your own home.

That's right, we make house calls!

AerobiCompany, Inc. Certified Trainer's will come to your home and help design your own fitness program to get back into shape permanently.

Working with a Personal Trainer has several benefits that we can help you reestablish in your lifestyle, such as: lowering your blood pressure, increasing your level of energy, improving your posture and feeling good about yourself.

Learn the latest in STEP, Slide, Low-Impact aerobics, Toning, Body Sculpting Weight & Strength Training, and Body Walk for the smoothest curves and defined

your needs and schedule.

AerobiCompany also offers Fitness Assessments. These assessments help you understand your strengths, such as Cardiovascular Test, Body Fat Composition, Flexibility, Posture, and Body Circumference.

This can be a one time session or you can sign up for the assessment and the fitness package to make your goals complete.

AerobiCompany also offers nutritional education sessions. Nutritional guidance is sponsored by "Lean Bodies" author Cliff Sheets. This book guides you to eat and cook healthier foods for you and your family. We'll even go Grocery Shopping with you! You can even use your sessions as low-fat cooking lessons. That's right, your very own cook to help you prepare healthier meals for the whole family. We're talking food that tastes great!

Call AerobiCompany not to get in shape just for the new year, but for good!

Call now for your Free Consultation at (708) 726-9136. Sign up now and receive \$5.00 off a 12 pack session. (First time clients only.) Gift certificates available. Get a discount if two or more sign up together.

# Mark Your Calendar For The New Year Fresh Fields Fitness Fair

A Whole New Kind of Supermarket-From the Ground Up.

At Fresh Fields, no distance is too great, no labor is too difficult, to bring to you what we call "Good for you foods." We obtain our products from all over the world, often from small, uniquely dedicated producers. We know the people who produce most of the foods we sell, so we know what we're getting, and what we're offering.

We work hand in hand with local and regional food producers. We actively support environment responsible methods of food production, especially organic production, whenever possible. Our foods are free of artificial chemical additives or drugs. And we make sure that eating healthier doesn't mean sacrificing flavor or freshness, ever!

Kick those unhealthy habits away by attending the Fresh Fields Fitness Fair: exercise into your busy schedule.

Wednesday, January 4 & 11 at 6:30 - 8:00 pm Saturday, January 7 & 14 at 10:00 am -12:00 pm. Sponsored by Fresh Fields and AerobiCompany In-Home Personal Training

Now is the time to increase your energy for the new year with healthy foods from Fresh Fields and a strong fitness program with AerobiCompany Personal Training.

Learn how to achieve your personal health goals-understand why healthy foods are important to eat; receive free blood pressure check; receive free flexibility check; learn how to make a healthy grocery list; learn how to gain energy with an exercise program; see a demonstration on, the newest fitness craze: Slide, Step Aerobics and Exercise Bands to sculpt the body; sample healthy foods; and learn how to fit



# Drawings By Joann Kennedy Woodcarvings By Jerry Cherny

The Barrington High School Art Gallery ercise for Jerry Cherny as he was growing will exhibit drawings by Arlington Heights artist, Joann Kennedy and woodcarving by Jerry Cherny of Morton Grove from January 2 to January 20,1995.

MA and is currently working on her MFA. She has exhibited extensively in the midwest and says, "My work has evolved to become a personal statement of my strongest interests. I enjoy working with color and pattern to create powerful composition that exhibits patience and attention to detail."

Riding carousels were an everyday ex- weekdays when school is in session.

up in Brooklyn, N.Y. At that time he didn't realize that the art that was involved in the carving and painting of the beautiful carousel horses. After retiring, he once again Kennedy graduated from NICT with an started to think about his love of carousels and began to carve the intricate horses that graced them. Cherny will bring his carousel horses, along with other carvings to exhibit in tandem with Joann Kennedy.

The Barrington High School Art Gallery is located at the front of the school to the left of the Johnson Auditorium and is open to the public from 7:30 am to 3:00 pm



# BAAC Gallery Opening Jan. 6

Area Arts Council's (BAAC) January ex-9:00 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington. The exhibit is entitled "In Print" and features etchings by Michael Gallery at (708) 382-5626.

The public is invited to the gallery open- Bond, Barbara Pihos, Eileen Plugman, and ing and artist's reception for the Barrington Joy Wallace; jewelry by Stephanie Korsage-Browne; and hand hewn wood pieces by hibit on Friday, January 6, 1995 from 7:00- Jack Wohlstadter. The exhibit will be on display through January 30, 1995. For more information, contact the BAAC

# Music Center Chamber Ensembles Concert

Chamber Ensembles will perform at 4:30 of various ages and abilities. p.m. on Saturday, January 28,1994 in the Concert Room at The Music Center, 300 tion, please call The Music Center of the Green Bay Road, Winnetka. The Chamber Ensembles are comprised

The Music Center of the North Shore of trios, quartets, and quintets of children

Admission is free. For further informa-North Shore at (708) 446-3822.

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# An Aromatherapy Body Massage & Facial For After The Holidays

The Total Look offers treatments for dryness, which is a skin condition caused by under functioning of the sebaceous glands (oil glands) or by the skin's inability to store moisture.

We have special treatments for acne prone or oily skin. We also have renewal ampules to help speed healing and cell regeneration.

Our Aromatherapy Body Massage offers many benefits to the human body. After the stressful holidays and parties, it increases circulation stimulation of the nerves and produces better body tone through relaxation. It also stimulates body organs and the muscular system. (One and one half hours of relaxation). Call for an appointment. Special offer for first time clients, please.

Thank you, Marcy Ramagnano 382-6646 The Total Look

# Herbal Shampoo Helps Baldness

works! A revolutionary new herbal shampoo, called Foli-Kleen 2000, has just exploded onto the scene, giving fresh hope to millions of Americans who, until now have helplessly watched their hair fall out.

In fact, the product's intrepid inventor, Jacqueline Sabal, suffered through the same agony of hair loss.

"There it was in the mirror," the 50-something cosmetologist tells us from her laboratory in Pompano Beach, Fla. "I was going bald. There was nothing out there that seemed to work, so I invented my own solution.

"Now I have an incredible head of hair.". The magical ingredients in Jacqueline's

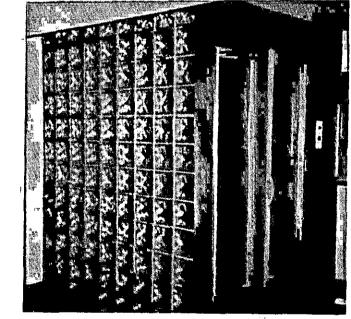
Finally! A cure for baldness that really painless potion are top secret, but she will reveal that they're a special combination of natural berbs.

> And a clinical study of Foli-Kleen 2000 showed conclusively that users of the shampoo experienced progressive growth of hair-an amazing 33.9 percent increase over just three months!

> "Cleanliness is the key to hair growth," she says. "We simply deep cleanse the scalp of all the debris that's accumulated over the years and allow the hair to push through the scalp.

> Foli-Kleen 2000 is available at In Hair Numero Uno P.C. on Northwest Hwy. in Palatine.

# The Sauna—The Bath For Body And Soul



The sauna has been a way of life for many civilizations. The Russians, Japanese, and certainly the health-minded Scandinavians, you deserve it. have believed in this fantastic rejuvenating bath for over 2000 years.

The saunas soothing, dry heat relaxes tired muscles, cleanses the pores, and helps stimulate circulation. From athletes to corporate execs, everyone who wants to look and feel their best, swear by saunas.

So reward yourself with adding this daily luxury to your lifestyle. You work hard-

See Swanson's Home Leisure Products on Rand Road in Lake Zurich. Swanson's can custom design any ideas you have . . . glass block, glass walls and any configuration. Featured is a custom glass block cedar sauna, perfect to complete your exercise area.

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# **Comments From The Chef**

Carole's Cafe has a set of rules we try to recipe for Hoppin' John, a mix of peas, live by. For example, in order to provide beans, brown rice and wheat berries. It's our customers with an MSG, preservative and sugar-free turkey breast for sandwiches, we roast our own, de-bone it and choice. slice it ourselves. Good quality food, white meats only, lots of vegetables!

Recently, I produced a Dean Ornish

A New Year! A New Stylist! A New You!

Corriccis' Hair Studio is proud to introduce Olga. Welcomed here from Europe, she is an asset to our staff which is dedicated to the well being of every client. How you look and feel about yourself is important to you and is also the personal goal of Olga. Corrine Avanti, owner of Corriccis' Hair Studio and national educator for Rusk, has given Olga her expertise training in the latest trends in hair designing.

As a first time client with Olga you willi receive 15% off a personal hair design and add to this offer, a complimentary Rusk gift pack of hair care products especially for your hair type. At Corriccis' Hair Studio we believe quality care and style is redefining the art of hair for you.



come Wagon Club of Barrington for lunch at Fritzl's in Lake Zurich. The menu will German cuisine. Carolyn Stein Stillman, presentation. Cost is \$18.50. whose repertoire in addition to her delightful book reviews includes six "One Woman 708-428-4231 for reservations and child Theater" shows, will present Change Lob-

Begin the New Year by joining the Wel- sters and Dance, based on Lilli Palmer's autobiography of the same name.

been very popular but so is our apple-cran-

berry cobbler. We offer an alternative

near future. Call for further information.

Cooking classes will be offered in the

Social hour will begin at 11:30 A.M., feature selections from Fritzl's authentic, lunch at noon, followed by Ms. Stillman's

Please call Pamela by January 10th at care.

# Fitness Training To Meet Your Demanding Schedule

Body Constructors, Inc. offers a unique pounds, firm up, or run a marathon, we will exercise experience with private, exclusive and highly effective one-on-one personal training sessions conducted by certified trainers

Our fitness experts show clients the latest methods in strength training and cardiovascular conditioning. In addition to the personalized workout program, we offer nutritional counseling.

Whether you need to shed a few holiday today! Gift certificates available.

develop a regular exercise routine that's right for you. Schedule your sessions, in the privacy of

your home, when it fits your schedule; our trainers are available seven days a week. So, there are no more excuses to becom-

ing a fitter, healthier you. This year, meet those fitness goals by calling Chicagoland's top fitness firm and making an appointment

# Hypnoanalyst Has Program For Overweight

"Overeating is a symptom, not the main resolved issues. problem," says Sandra J. Buzan, a Hypnoanalyst, who has had success with her program.

Overeating is how some people deal with problems. It is a clear sign that something is not going right in their life and they turn to food pushing down their feelings.

Diets don't work because they address the symptoms not the cause of excess weight. "I have found that most people know what they should be eating, and that they need regular exercise, but cannot consistently maintain a program" says Sandra.

It's not about willpower. It is about un-

With hypnoanalysis the underlying issues can surface and be resolved. With hypnosis you can learn to relax. With analysis you can resolve the issues which trigger your overeating. Only then will a healthy eating and exercise program work.

Sandra J. Buzan, M.A., combines 15 years of healing the mind and body using hypnoanalysis and psychotherapy. She is in private practice in Crystal Lake and Barrington. She works with individuals, families and groups. For details, call (815) 459-0269.







Hypnoanalysis for: Relationship • Phobias PAIN REDUCTION . WEIGHT PROBLEMS ANXIETY ATTACKS . Smoking PROCRASTINATION • DEPRESSION MEMORY ENHANCEMENT . STRESS

**OVERWEIGHT? RECEIVE 25% OFF** YOUR INITIAL VISIT FOR THE PROGRAM Addressing weight issues.

> 421 North Hough (Rte. 59) BARRINGTON, Illinois



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# Be Free Of Unwanted Hair Permanently

safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 15 years, Debbie received specialized training in electrolysis and has taken the National Board Exam to become a Certified Professional Electrologist (CPE). Advanced computerized equipment assures every client of a most comfortable

Electrolysis is the only safe, sensible, and permanent freatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary remedies (tweezing, waxing, bleaching, or depilatories) which only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis will lift your spirits and your 550-0100 to receive a free treatment. self confidence as the look you desire is

# Safe & Effective Trainina

The time is again upon us for the fitness degrees and certialarm to sound. For many people holidays are a time of overindulgences, post New Years guilt, and the inevitable resolutions at a discounted confirmed over the last piece of pie or glass rate. However, of good cheer. Most "back in shape" intentions are earnest, however, as with many facets of life we tend to set ourselves up for poor results. This usually occurs because of failure to lay the proper founda-

As with any other science of skilled activity there is no "quick and dirty" method of safely achieving health & fitness goals. Here I'd like to present the positives and negatives of the preferred methods or

Joining a health club is relatively inexpensive and psychologically effective just by making that commitment. Also, clubs usually offer a wide range of equipment that would be prohibitively expensive to duplicate at home. Health clubs generally fall short, however, in providing members with qualified trainers to prescribe exercise, set goals, and safely achieve results. Many times members are left to their devices which usually translates into boredom or in-

Purchasing equipment for home use all but eliminates the time and convenience excuse, however, as mentioned above it is an expensive proposition to purchase quality equipment. Motivation and safety are also definite shortcomings for the "do it yourself" at home. Many times the resolve and good intentions fail and that expensive equipment becomes a cool conversation piece or a multi-angled clotheshanger.

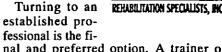
Hiring a bargain personal fitness trainer can be positive step depending on their qualifications. There are some exercise physiologists or trainers with other related

Absolutely! Electrolysis Salon provides achieved and the troublesome hair is gone . forever!

Electrolysis in this office provided by a Registered Nurse, assures the client of a safe and effective treatment. Strict sterilization standards are adhered to as the requirements for sanitation and aseptic technique are strictly followed. These standards include the use of sterile, disposable probes, sterilization of instruments, hand washing, and the use of a fresh pair of examination gloves for each treatment.

Absolutely! Electrolysis Salon is located at 759 W. Main St. in Lake Zurich (S.W. corner of Rts. 12 & 22 in the courtyard between Just Oak and Pasta Makers). Call Debbie Fritzshall R.N., C.P.E. at 708-

fications looking to gain experience more times than not you get what you pay for.



nal and preferred option, A trainer or "health professional" should be degreed, certified, and experienced, background and hands-on experience in exercise physiology, kinesiology, physical therapy, and nutrition are extremely desirable. This person should feel comfortable enough with his/ her knowledge to advise a client in all areas of health' and fitness including proper mechanics, postural alignment, balance, and overall functionality. These skills should be integrated to compliment whatever strength and aesthetic goals are desired by the client. A professional trainer should, also possess a selfless demeanor and be capable of motivating with finesse.

The only apparent downside of hiring an established trainer is the cost. It can be prohibitively expensive for the average person to train consistently with a qualified trainer. Many times, however, they may be willing to jump start your program by implementing an exercise prescription and/or offer a more affordable option of educating and instilling resolve.

Here are the options and our opinions. Choose wisely, lay the groundwork, and you may ultimately change your life in a very positive way.

Good luck from the staff at Rehabilitation Specialists, Inc.

# Master Dance Class In Partnering

Barrington High School's Fine Arts Department will present a Master Dance Class in created new works for River North and Gus Partnering, Saturday, January 7, 1994 from 10 am to 1 pm in the Richard C. Johnson Auditorium. The class will be conducted by Frank Chaves, Assistant Artistic Director of Chicago's River North Dance Company. Mr. Chaves performed with Hubbard Street Dance Theatre for six years and has appeared in many television, video and mu-

sical theater productions. Most recently he Giordano Jazz Dance Chicago. The next class will be February 11, 1995; featuring tap dance with Bruce Stegman. The class fee is \$15. For more information regarding these classes and other dance activities sponsored by the BHS Fine Arts Department, call Julie Salk at 842-3253.

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### Let's Talk Teeth

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Add sparkle to your smile. First impressions really count. People realize the importance of a great smile and frequently ask how they can have whiter teeth. In many cases the solution is a safe, simple, self-administered bleaching gel.

The process starts with a trip to the dentist to have a customized tray made. The tray holds a bleaching gel over your teeth during home application. The prescription bleaching gel is dispensed by your dentist along with instructions. Treatments can be administered at night or during the day and range from 4 to 6 hours per application.

# by Dr. Raymond Kotz

Final color is achieved in about two weeks and may require a "touch-up" every four to six months. To maximize treatments. tobacco, tea, coffee and red wine should be minimized. Total cost is \$285.

As a note: bleach treatments should not be used on pregnant or lactating women and will be ineffective in lightening existing fillings or crowns.

If you would like your mouth evaluated for a whiter brighter smile; contact Dr. Raymond Kotz at (708) 381-4040, 129 Park Avenue in Barrington.

# A Sensible Approach To Good Health

All Ways Healthy can help you design a Healthy in Lake Zurich "help you help program to improve your health and fitness. yourself.' What are your concerns? Are you conhave allergies? Are you on a restricted diet? mation on everything from healthy cook-

owner. Carole is ready to provide personal ment. assistance to customers including suggesdiets or health programs. Let All Ways provement.

There is a special section devoted to cerned about the fat in your diet? Do you books offering plenty of additional infor-

You can stop in at All Ways Healthy or, ing, special dieting, improving nutrition and make an appointment with Carole Childers, body image, to allergies and stress manage-

At All Ways Healthy we are dedicated tions and information to help with special to a common sense approach to health im-

# For Bodies That Want To Be Fit



The long and vigorous effort of keeping your body in shape has become a lifelong chore. We at Bodies That Fitt want to help make your efforts a little easier and more rewarding.

Our personalized experience includes: ACE Certified (American Council on Exercise) in Aerobics and-Personal Training, CPR Certified, 8 years of experience in the

### January Special

Salon will be offering a discount on a Facial and Massage Package. If you book both together on the same day a discount will be given!

1) Facials. Our facials include deep pore cleansing, exfoliating treatment and ampules application all for one price.

2) Massages. Our massages are given by a licensed and certified esthetician and she is also a certified massage therapist. Now is the time to take advantage of this special.

With winter here and the holidays over, now is the time to get yourself back in shape. Winter and stress take a toll on us

Fitness Profession.

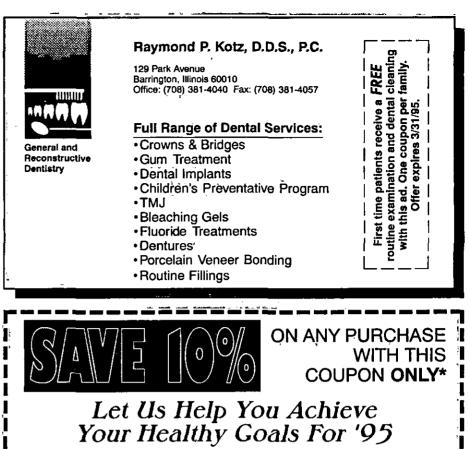
We offer: In-Home Training Body Assessments, Muscle Strength and Endurance Flexibility and Cardiovascular Workouts. Bodies That Fitt for bodies that want to

be fit! Contact either Barbra Sciame or Linda Martorano for a free consultation.

For the month of January only, Applause and it's time to be pampered after all your hard work of the past month. The benefits of both services are: 1) Relaxation, 2) Getting rid of dry damaged skin to help take away the wrinkles, fine lines and stress of winter, 3) Reducing aches and pains from cold weather, arthritis and aching stiff ioints

Call Applause to book this appointment for a wonderful relaxing and beneficial experience. Remember to bring in the ad for your special discount.

We do all types of hair and nail services and have a great, experienced staff to cater to all your needs. Men too are encouraged (Please continue on page 34)



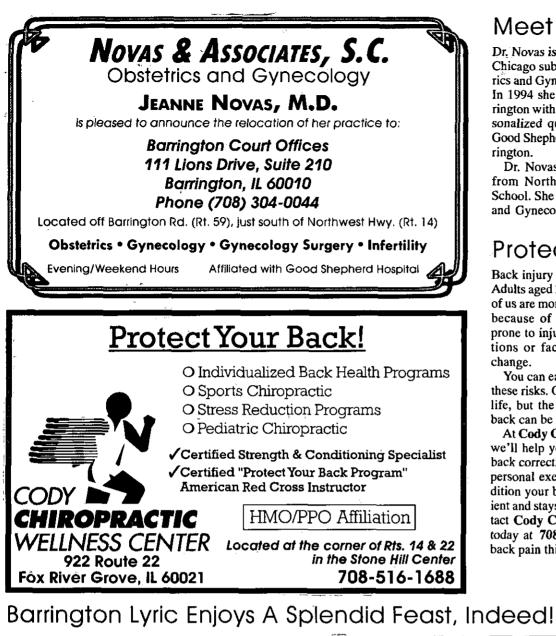
Come In and See Us At All Ways Healthy

# All Ways Healthy

Lakeview Plaza 123 S. Rand Rd. Lake Zurich, IL 438-9200

\* Produce, gift baskets & sale merchandise Not Included Natural Foods Center **Offer Expires January 31** 





# Meet Jeanne Novas, M.D.

Chicago suburbs and has practiced Obstetrics and Gynecology in the area since 1989. In 1994 she relocated her practice to Barrington with the desire to provide more personalized quality care. She is on staff at Good Shepherd Hospital and resides in Barrington.

Dr. Novas received her medical degree from Northwestern University Medical School. She is board certified in Obstetrics and Gynecology, and trained at Mt. Sinai

# Protect Your Back

Back injury can strike anywhere, anytime. Adults aged 25-44 are at greatest risk. Some of us are more likely to have back problems because of the way we live. Others are prone to injury because of working conditions or factors in our lives we cannot change.

You can easily change or reduce some of these risks. Others are simply a part of your life, but the threat they pose to a healthy back can be minimized.

At Cody Chiropractic Wellness Center, we'll help you learn how to position your back correctly. We will also help develop a personal exercise program that helps condition your back so it becomes more resilient and stays that way for a long time. Contact Cody Chiropractic Wellness Center today at 708-516-1688 for freedom from back pain this Winter season.

Dr. Michael Cody

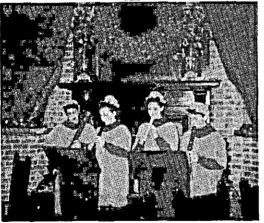
Dr. Novas is originally from the Northwest Medical Center. She received her Bachelors degree in Chemical Engineering from Purdue University, where she was active in women's organizations promoting health, career opportunities, leadership and social activities for women.

Dr. Novas' areas of research, specialization, and/or presentations include: Vaginal Delivery after Cesarean Section, Infertility, Laparoscopic Surgery, Preventive Health care in OB/GYN, and Menopause.

(Please continue on page 34)



Members and guests of the **Barrington Chapter of Lyric** Opera of Chicago entered to sounds of trumpets, trombones and French horns of the brass choir and recorder consort as the holidays were heralded in with a Madrigal Feast.





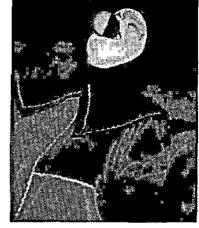
Among the party goers were Judith and Bruce Meils of Barrington Hills. A feast of prime rib and Yorkshire pudding were enjoyed in the Crown room of the Barn of Barrington-a perfect setting with medieval decor.



This apple-bearing large authentic boar's head was magnificently displayed at the singer's front table.

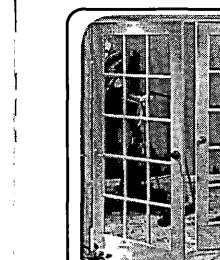


Throughout the feast, the extraordinary voices of the very talented, classic-trained and Renaissance-costumed Hoffman Estates High School Madrigal Singers were heard. Under the direction of George Gentes, some of the selections in this elegant English Madrigal Concert included "The Twelve Days of Christmas", "Sing We and Chant It", "The Wassail Song", "Ye Be Welcome" and "Silent Night".



Jesters and jugglers performed while tasty morsels and cups of ale were served. For information on the Barrington Lyric, its programs and downtown privileges, please phone Lynne Grimshaw 708/381-5273.

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Judith

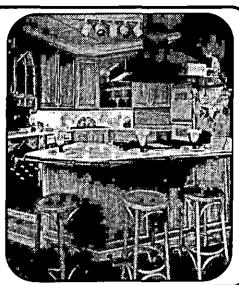
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Homes & Interior Designs Section



# January Sale At Michael Angelo Interiors

You won't want to miss this opportunity to beautify your home this January for three good reasons.

★ Reason # One:

You are going to find at least 30% off and up to 60% off on our everyday tags.

☆ Reason # Two:

You will still see the same quality manufacturers and accessories imported from all over the globe! Here are a few to refresh your memory: Hekman, Frederick Cooper, Key City, Maitland Smith, Romweber, Barcalounger, and many more.

\* Reason # Three:

This January you will enjoy our professional design help at no charge whatever on anything you buy. Don't hesitate, come in while the selection is still large. Don't miss accessory piece you were thinking of. After all, where can you get quality, service, and skilled help at 30% to 60% off. Again, don't wait, come in as soon as you get this.

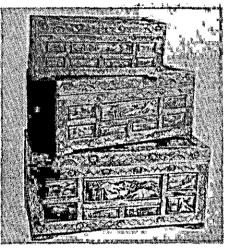
# The staff at Michael Angelo Interiors, block or call 708-526-2000.

# "A Design Firm That Cares!"

Being in the development business, and having a design background, Chuck and Maria Wilkins rarely sought the services of outside designers. However, when it came to creating the custom look they desired in the kitchen of their own home, they turned to Distinctive Kitchen Designs, Inc. in Wauconda.

"Before contacting Distinctive Kitchen Designs, we were working with a kitchen plan that didn't meet our requirements-it wasn't very custom," stated Mrs. Wilkins, whose husband is partial owner of Spring Creek Development Company in Lake In The Hills, Illinois. "This was the first time we had consulted a designer to achieve a functional layout. It was difficult to find a firm that was considerate to our needs and tastes, as well as provide the high-quality designs and professionalism that we required." Jean LaHann, a design consultant at Distinctive Kitchen Designs, fulfilled all these requirements, adhering to the Wilkins' ideas, expectations, preferences and budget. Following their first consultation, during

which Jean gathered information that was critical to the design for the Wilkins' kitchen, a preliminary design was created. Paying special attention to the Wilkins



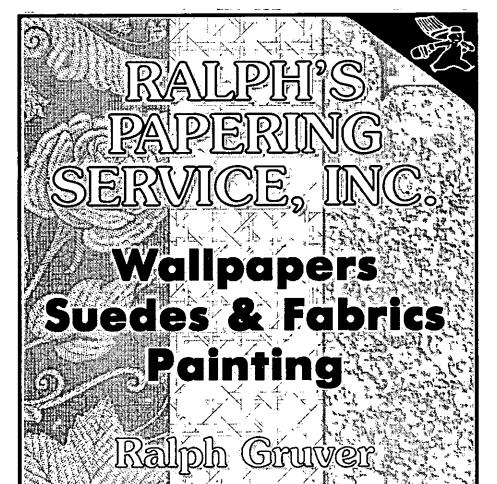
this chance to own the special furniture or Ltd. wishes you and yours a healthy and prosperous new year.

Michael Angelo Interiors is located in Wauconda, Ill. Take Route 12 north to Rte. 176, turn right to Main St., turn left one



needs, Jean designed a full-working kitchen that included a multi-level island, baking area, double oven, four-bin recycling center and two preparation areas, each com (Please continue on page 34)





Arlington Heights Algonqu (708) 255-3662 (708) 658-5562

# The Old South Revisited At Winterscapes

▲ L to R: "Southern Belles" √Lynn Zidek, chairman of **BAHS's Winterscapes is shown** with committee members Bonnie Hulina and Elise Detterbeck. Held on December 2nd at the Wynstone Country Club, the event was titled "Winterscapes: The Gone With The Wind Gala". Also on the committee were Bette-Jane Austin, Pamela Fuller, Karen Lewison, Cherie Pagonis, Charlotte Poje, Priscilla Rose and Kathleen Wilke.



Ralph's Papering Service Inc.

Ralph's Papering Service Inc. is a family owned and operated business since 1978, specializing in all types of wallcoverings, fabrics, faux finishes, and custom interior and exterior painting. Serving the north shore of Chicago, Inverness, and Barrington, solely by customer recommendation, we have recently relocated to the Algonquin area and are looking to increase our clientele in the northwest suburbs.

Ralph Gruver, the president and owner of **R.P.S. Inc.** has been hanging wallcoverings and painting in selective homes since he completed his apprenticeship with E. Westerberg and Sons in 1962. they saw our ad in Lifestyles.

Ralph and his son Michael personally guarantee that the quality of all work is the best that it can be and that customer satisfaction is the highest priority.

We are fully insured and offer friendly and courteous service. We will come to your home for a free estimate, and we will take the time to sit down with you to discuss how we can make the job as pleasant as possible. We offer help in color consulting and can mix colors to match in your home.

We will give 10% off any work done for the first 25 people to call (708) 658-5562 and ask for an estimate and mention that

# Poem By Woodlands Academy Sophomore To Be Published In Poetry Anthology

Elizabeth Hyland, a sophomore at Woodlands Academy of the Sacred Heart in Lake Forest, has qualified as a semi-finalist in The 1994 North American Open Poetry Contest. Her poem, "/ Can Stay No Longer," has advanced to the final competition which will be held in Spring 1995.

In addition, Elizabeth's poem has been selected for publication in the forthcoming anthology, Reflections of Light, published by The National Library of Poetry. The anthology will feature works by some of today's most talented poets and writers.



Elizabeth is the daughter of Mr. and Mrs. T. Peter Hyland of Barrington.



Toasting the occasion were Mr. and Mrs. Tony De Cerbo. Michele also served on the committee. Many guests were attired in period costumes. A plantation-style dinner with Southern favorites such as crabcakes, creole grilled chicken and honey-baked ham were enjoyed.

**∢***Mr. and Mrs. Ronald Lewison attended.* Karen is assistant treasurer of BAHS and was a Winterscape committee member. The lively music of the Ad Hoc String Band began with a Virginia Reel.



▲ L to R: Sam Oliver, President of the Barrington Area Historical Society, chats with Michael Harleins, Exdirector of the society. All proceeds will benefit the educational mission of the Society, a private, non-profit organization which depends solely on the community for its financial support.

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# Latest Kitchen Design Trends From R. K. Tech-Barrington's Award Winning Kitchen Designers

"Kitchen Design has never been more ex-citing," says Lisa McCauley, award win-ning kitchen designer and head of design at R. K. Tech.

In the heart of Barrington, R. K. Tech has garnered national attention for its innovative designs and fine quality cabinets. Sophisticated Design

"Design trends are rushing faster and faster, but great design is timeless," says Lisa, whose background in architecture and design makes her one of the most highly credentialed kitchen designers in the coun-

"People are so sophisticated these days," Lisa says, "They understand the latest fashion and furniture trends; and they think deeply about how they want to live. We need to stay ahead so that we can offer some guidance and good ideas based on sound design principals.

"There are two different trends in kitchen colors these days. From the fashion industry you see an interest in monochromatic design. The palate is now very subtly shaded, and a look with warm neutral colors has great potential to last and become classic," Lisa observes.

#### **The Latest Trends**

"In contrast to warm neutrals, we see an increasing use of mixed colors and materials in single cabinets. A subtle green or gray shade can work very well with wood doors that pick up the same end of the color scale or its opposite."

"I think it's fabulous," Lisa says, "because it allows us to use natural woods in a very refined setting. Natural cherry or maple can look luscious in a cabinet that's been painted and detailed to perfection."

Lisa is creating a show of her work later this year which will highlight mixed materials and the reinterpretation of classic motifs.

"Shaker and mission styles are being worked over by designers around the globe, and we are starting to see a new, timeless look that borrows from historical conventions without subservience."

#### **Timeless Design**

Lisa's show features pieces that use periods and styles as a take-off point, then blend new design ideas and technology to create a look of timelessness with modern functionality.

"In one piece we start off with an American vernacular look-bun legs and fluted pilasters. But when you look closer you discover that the pilasters pull out to reveal storage for video tapes and compact disks; and the interior is set up for state of the art audio components.

"In another piece we'll test the idea of mixed materials in an unconventional way, mixing stained hickory with distressed, painted maple for a look that just keeps drawing your eye in forever."

From her loft above Yvette's Espresso Bar in Barrington Village, Lisa has roped in some of the Chicago area's plumb commissions.

When the magnificent former Henry Crown estate in Evanston was chosen as the Showcase House during the Silver Anniversary of the Chicago Chapter of the Ameri-

of the kitchen space. Her efforts wound up on the cover of Kitchen and Bath Design News, and since then it's been one triumph after another.

Late last year the Sub-Zero Refrigerator Company, maker of sophisticated high-end refrigerators and freezers for the home, solicited entries for its first-ever kitchen design contest. Sub Zero's name has so long been synonymous with fine kitchens that the cream of the design field threw their hats into the ring. Literally hundreds of architects and kitchen designers from around the country submitted their work in hopes of snaring a prize.

When prizes were awarded in March, only a few received honors as Territory Winner; and R. K. Tech was among the honored. Lisa grabbed Territory honors with a classical cherry and granite kitchen that now graces a stately home in Oak Brook.

#### **Design Innovators**

Lisa's work has appeared in national publications as well as in some of Chicago's most magnificent homes.

"And were not just kitchen designers!" Lisa says.

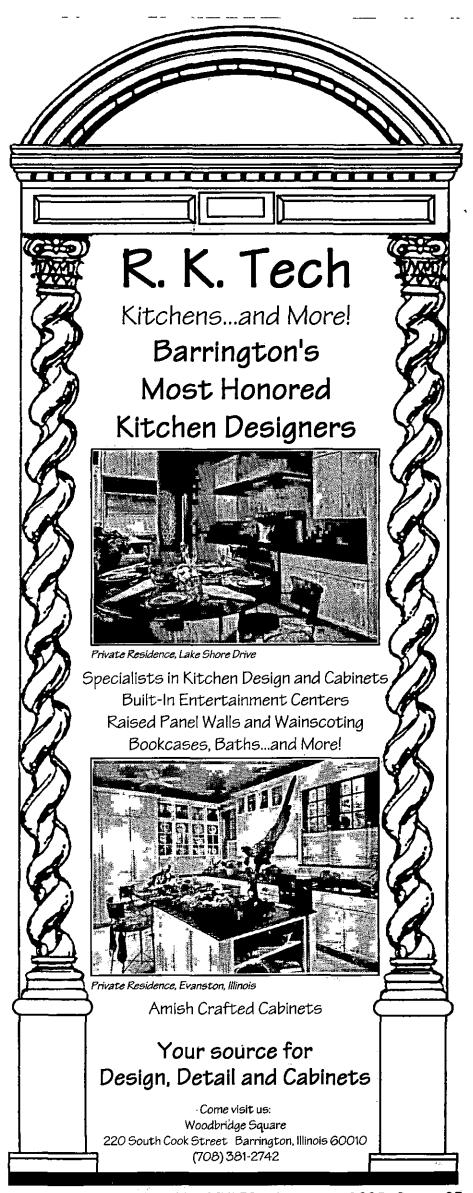
"We can create an entertainment center, armoire, or personal office that precisely fits both the room and the person using it. For example, one of our clients is an audiophile who has wired his entire house to sound like a concert hall-speakers in every room, all connected to a central bank of amplifiers. We designed an entertainment center with an invisible system of rollers so that the entire unit glides out to allow easy access to multiple speaker jacks, cords and power supply.'

We do similar design and cabinet work for people who use computers. Matt Foster is a professional architect who joined us this year. Matt comes with a tremendous background in computers and a lot of ideas about how to improve the design of computer-centered offices. Computers are still in the jalopy stage in one sense-you need to get under the hood with some frequency. We design a furniture "system" to complement the computer system, both as it exists now and as it is likely to change over time. Access to the system is crucial-and too often overlooked."

Kitchen design is still at the heart of Lisa's work.

"Ask yourself how much time you spend in each room of the home. Odds are that the kitchen tops the list. Even if you are not a great cook, even if you are a busy professional, the kitchen tends to serve as a focal point because it is the natural gathering place, the communal spot where bread is broken. If you aren't spending much time in your kitchen, maybe you should seriously consider a new design."

R. K. Tech is located above Yvette's Espresso Bar at 220 S. Cook Street in Barrington, one block east of Hough Street (Route 59) and two blocks south of Main Street (Lake Cook Road). Call 381-2742.







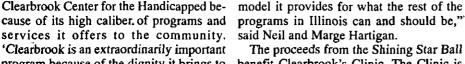
# Clearbrook Center Announces The Seventh Annual Shining Star Ball

Many supporters of the Shining Star Ball and members of the media joined Andy MacPhail, president and CEO of the Chicago Cubs, and the Shining Star Ball Committee for a cocktail reception to kick-off Clearbrook's Seventh Annual Shining Star Ball. The cocktail reception was held on Monday, December 5 from 4 to 6 p.m. at the Ritz-Carlton Hotel in Chicago.

Andy MacPhail, the featured speaker of the evening, conducted a question and answer session about baseball and the Chicago Cubs.

Neil Hartigan, former Attorney General of Illinois, and his wife Marge are Co-Chairing the Seventh Annual Shining Star Ball which will be held on Friday, April 28 at the Ritz-Carlton Hotel in Chicago. The event will feature a gourmet dinner and dancing to the sounds of The Stu Hirsh Orchestra along with a fabulous prizes. Prizes include trips to Hawaii, London and the 1996 Super Bowl in Phoenix. For tickets or more information on the Shining Star Ball, please call (708) 251-0933.

The Hartigans became involved with its very special children and adults and the Clearbrook Center for the Handicapped because of its high caliber of programs and 'Clearbrook is an extraordinarily important program because of the dignity it brings to benefit Clearbrook's Clinic. The Clinic is



Neil Hartigan, former Attorney General

of Illinois, and his wife Marge are the

Co-chairman of Clearbrook Center's seventh

annual Shining Star Ball which will be held

on Friday, April 28, at the Ritz-Carlton Hotel

in Chicago.

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# A Bargain Hunter's Dream . . .

As any bargain hunter will tell you-'tis the price! In fact, every single lamp in the store season to find true treasures at unbelievably low prices. With the Holidays behind us, stores everywhere-are trying to-quickly move their winter inventory to make room for soon to arrive spring merchandise. And this holds true for everything from apparel to home furnishings.

Take L & W Lamps for example-right now you can pick up an absolutely stunning handpainted porcelain table lamp for only \$79.95-that's literally half the original

# Glare-Not Window Tinters Provides Savings Year Round

Glare-Not window film customers enjoy how comfortable their home is with Glare-Not window coverings. Not only will this product retain heat in Winter, but also keeps your home cooler in the Summer. Other benefits are reducing ultra violet rays by 96%. These benefits that continue year after year often pay for the cost of installation in less than two to three years. There are a variety of films to choose from: Clear, Amber, Rose, Sky Blue, Gray; Bronze, etc. All these colors are professionally installed and backed by our manufacturer's five year warranty.

# DAR To Meet Jan. 17

Signal Hill Chapter, National Society Daughters of the American Revolution, will hold its January 17 meeting at 12:30 pm at the Barrington Area Library Meeting Room "A", first floor. The program will include a tour of the new library facility and a discussion of the facilities available, with an overview by Marie Thomas from the Adult Services Section.

# Guitarist Sato To Perform

Mr. Shinobu Sato, a "guitarist's guitarist", will present a concert at the North Shore Unitarian Church, 2100 Half-Day Road in Deerfield on Sunday, January 22 at 3 o'clock. The varied program contains works by Scarlatti, Villa-Lobos, Leo Brauer, and Scott Joplin. Of special interest will be Sato's performance of his own transcriptions of 20th century Japanese koto music, and a medley from Bernstein's West Day Road. Side Story.

has been reduced—Rembrandts, House of Troys, Frederick Cooper, Hubbardton Forge, Kovacs...all the top names, all on sale. Even at a cursory glance we found a number of exceptionally beautiful pieces that could be considered the proverbial 'steal". So don't wait, hurry on over to L & W

Lamps and brighten your home for those long winter evenings. Sale ends January 31.

Glare-Not provides custom fit designer Sun Shades. Some benefits include: 72-89% blockage of the sun's hot rays; reduces glare by 90%; films out 96% of U.V. rays and many more.

Glare-Not has provided savings for many Barrington residents and commercial buildings for almost eight years now. They are so confident of their product and service they will give references of the homes that have their service. So call and find out about the savings that you are missing out on. For further information, call (815) 363-8468 or (708) 382-8468.

Hostesses providing refreshments include Joyce Groesch, Betty Schiller, Jackie De Young, Jeannine Burger and Kay Jones.

This society is a non-profit organization dedicated to the promotion of historical, educational and patriotic endeavors, and was founded in October 1890. For membership information, please contact Registrar Anne Fiedler (381-5531).

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Mr. Sato has released three best-selling CDs: On This Day Earth Shall Sing, Red Dragon Fly, and Little Signs of Autumn. He is on the faculty of Lake Forest College, The David Adler Cultural Center and The Music Institute of Lake Forest.

Tickets are \$9 and may be purchased by calling 708-234-2460. The church is located just east of Interstate 94 at 2100 Half-

an innovative program which provides evaluation and therapy services, behavior intervention and psychological counselling to Clearbrook's clients.

Clearbrook Center is a private, not-forprofit agency serving the needs of more than 600 children and adults with developmental disabilities including mental retardation, cerebral palsy, autism and other neurological disorders. The Center provides therapies, vocational training and residential alternatives; and operates 22 facilities throughout northwest suburban Cook County.

Andy MacPhail, President and CEO of the Chicago Cubs, was the guest speaker at the cocktail reception held recently to kick-off the seventh annual Shining Star Ball.



# Land: Choice Pieces/Choice Places

nerves are pleading for more peace, more quiet, and more breathing room, consider this: a beautiful, idyllic homesite of nearly 15 acres (with neighboring homesites of similar size) in a community where people prize their space. A prestigious community just minutes from the enchanting Woodstock town square and the superb facilities you'd expect from the town that's the seat of McHenry County.

From this land you can train to Chicago (most quickly from the Crystal Lake station), commute on good roads to the Golden Corridor (I-90) or drive easily in any direction. Meanwhile you'll have bigsky views over treetops, a creek and a pond area. A little heaven on earth. The price? A very fair \$300,000.

Would you like to live just steps from a golf course? In a community of gorgeous homes with 24 hours security patrols and a gated entry? The premier community of this kind is Wynstone in North Barrington. With its Jack Nicklaus course and spectacular clubhouse, the naturally scenic area with its 'Homefinding Specialist, she will be happy woods and ponds (and homes that range to discuss your real estate needs.

If the world is too much with you, and your from the \$600,000's to \$3,000,000) is burgeoning. There are still some excellent lots left; most particularly a high site sloping down to the wooded and postcard-pretty 3rd hole. A perfect site for an impressive home with dreamy views and a walkout lower level.

> Off the course in Wynstone, there's a choice parcel in a finished area (so you'll know what the neighboring houses look like) with a giant oak tree and wooded lot lines. Both of these lots are in the Barrington school district.

> Should you be looking for a parcel to develop, there's a nearly 17 acre site in a very high visibility location in Barrington. A one of a kind location that offers unique possibilities for a medical/health facility or luxury living quarters.

> For prices and more information on these properties or others with or without homes, call Arlene Cullen of The Prudential Preferred Properties on her private lines: 708-465-2261 or 708-991-3345. A national award winning Realtor and Certified

# Muirfield Village At Art And Frame Galerie

Golfers and collectors will want this new first of a kind limited editon print.

"The Third at Muirfield" represents a collaboration of Jack Nicklaus, the designer of Muirfield Village Golf Club and Larry Dyke, this nation's most collected golf artist. Together, they have created a beautiful portrait.

Visit Art and Frame Galerie and let owner Terry Ingerson show you this fine limited edition or any of the other quality art work displayed in the store.

Galerie specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf, and unique collectibles are among the wide variety of affordable items available at Art and Frame Galerie.

The Galerie has experienced artists and framers on staff to preserve your most pre- and next door to D&J Bistro Restaurant.



Larry Dyke and Jack Nicklaus cious momentos and artwork in the finest framing available. Choose from over 2000 frame selections.

For a solution to your wall decorating needs, stop at Art and Frame Galerie located at Route 22 and Rand Road in Lake Zurich or call 540-8070. The shop is conveniently located behind the NBD Bank

# Kudo To Barrington High School **Band Students**

Congratulations are in order for the following Barrington High School band students: Nersesian, and Nathan Mayland on their Cathy Schulze, Shannon Youngs, and selection to the Illinois Music Educators Nathan Mayland on their selection to the Association District VII Jazz Bands. These Illinois Music Educators Association District VII Honor Band and Orchestra. These the district jazz group from jazz musicians fine musicians were selected from over 700 through the entire metropolitan Chicago musicians who auditioned from the greater area. metropolitan area.

/Congratulations to Rob Johnson, Paul fine musicians were selected to be part of

# Seminar Offered On How To Create **Entrepreneurial Opportunities In Travel**

Developing a small business in the travel St. Clair, 19th floor, Chicago. Speakers will national near N. Michigan Av., at 676 N. 943-5500.

industry will be explored at a free seminar include Evelyn Echols; Carol Dougal, coco-sponsored by the Women's Business director of the Women's Business Develop-Development Center and Echols Interna- ment Center and Echols graduates who own tional Travel and Hotel Schools on Tues- successful business ventures. Space is limday, Jan. 17, at 5:30 p.m. at Echols Inter- ited. To make a reservation, call (312)



320 E. Main-Barrington 382-1001<sup>-</sup>

Adele Lampert A.S.I.D

Monday - Friday 10:00-5:00

Saturday .10:00-1:00



# "High Society" A Hit With E-SU Beefeaters



L to R: Maria Misey, member of the board of the English Speaking Union and board president Marlene Miglen take time out from the 8th annual "Beefeaters Ball."

Over 250 Shakespeare devotees jammed Donning the tony theme from the popular the elegant Casino Saturday evening for the Junior Board of the English-Speaking Union's eight annual "Beefeaters' Ball." Beefeaters' Ball" will serve to endow the nationally acclaimed Chicago Shakespeare Page 30 Barrington LIFESTYLES - January 1995

# Update For The New Year With Help From Designs Of The Interior

Does your home seem bare now that the holiday decorations are put away? Don't despair, let Designs of the Interior help you create a beautiful interior that will last all year long.

For the past eight years, the Designers at Designs of the Interior have been creating upscale, imaginative interiors in and consultation with one of their designers. around the Barrington area. "Clients are

Do you have the post-Christmas blahs? often surprised at how wonderful their interiors can be, many times by adding only a few pieces," states Stephanie Bruss, De-signer at **Designs of the Interior**.

Fine furnishings, accessories and window treatments are a few of Designs of the Interior's specialties. Call them today at 382-7488 for a complimentary in-home

# Starlets Precision Skating Team To Perform International Competition

Skating Club precision skating team has been chosen to perform at The Snowflake International Precision Figure Skating Competition on January 5-7 in Dearborn, Michigan.

Precision skating teams from-over 17 countries will compete in The Snowflake competition. The Starlets are one of only four teams chosen to represent the United States at last year's United States Figure Skating Association (USFSA) National Championships in Providence, RI. This is the first time that the Starlets have been chosen to represent the USA for an international competition.

The Starlets are representing the Wagon Wheel Figure Skating Club for the USFSA and will be competing in the Junior Division. They will perform two programs, a short or technical program of less than 21/2 minutes to a modern version of "The Firebird." The long program will be skated to the music of "The Gayne Ballet." The short program accounts for 33 1/3 percent of the total score and the long program is counted as 66 2/3 percent.

The team will also be competing in the Midwestern Precision Figure Skating Championships at the UIC Pavilion in Chicago on February 23-26, 1995 and is hoping to again qualify for the USFSA Nationals in San Diego, CA, April 5-9, 1995.

Team Coach Beth Sisofo of Cary said that she has been coaching The Starlets for over 15 years and is honored to represent the United States in this prestigious competition. "I am very excited to be a part of this competition and I feel that the team willbe very strong," she said. She added that

Competition. This unique annual contest for high school students in the inner-city provides a curriculum-based program designed to encourage the development of language of language skills and talents.

Alan Smith, Moira Toner and Kay Whitfield co-chaired the event. Bunky Cushing designed an exquisite and elaborate decor. Bradley Young Entertainment provided wonderful Cole Porter music from the "High Society" soundtrack.

According to Junior Board president Marlena Miglin, "The only thing missing were, "High Society" stars Grace Kelley, Frank Sinatra, and Bing Crosby.'

In attendance, however, were: E-SU National Board president Doe Thornburg, Chi-, cago Branch, president Beverly Blettner, Harry Hart, Jeffery Neidermaier, Desiree. Rogers, Michael and Patrick Spencer, Ellen

"The Starlets," a Barrington Area Figure the skaters have been practicing since last June to prepare for this event and are looking forward to the international experience. Team assistant coach is Judy Schag.>

> There are 24 members of The Starlets, representing many Northwest area towns. Theyinclude: Kristen Black, Christina Di Lorenzo, Jennifer Johnson, Jennifer Malone, Alison Martinez, Meredith O'Boyle, Amy Rotfield, Tami Saltouros, Beth Sloan, Kristin Winkiel and Megan Young (Barrington), Michelle Barett (Algonquin), Regan Behn (Franklin Park), Kelly Dobner (McHenry), Becky and Bethany Haag (Marengo), Dehnel Kluzak, Megan Kosman and Heather Paige (Lake Zurich), Jenny Lee (Arlington Heights), Jamie Martino (Melrose Park), Maria Nekyha (Addison), Nicole Pierini (Hawthorne Woods) and Sara Syms  $\checkmark$ Wheaton).

There are also several past members of the Starlets who have graduated to Senior Teams who will also be competing at The Snowflake Competition. These include Sara Jack who is skating with Team Elan out of Dearborn, Michigan and four University of Miamj of Ohio skaters, Erika Fisher, Leslie Schag, Amy Bakos and Claire Jones

Precision team skating is scheduled to be featured in the 1998 Winter Olympic games. It involves eight or more figure skaters who perform various forms and maneuvers to music. A championship program consists of circles, lines, blocks and wheels that are linked together harmoniously by a variety of transition moves. Teams are judged on unison, accuracy of formation and the synchronization of the team as a whole.

Tobin, Gordon Sinclair, Madeleine Donován, Sarah Schatz, Gregory Brooks, Jenny Schmitz, Brian White, Bill Morosse and Erin Murphy.

Splendid prizes of fine items from Polo, Chanel, Hermes, House of Glunz, Gordon's and Ray-Ban was highlighted by a trip for two to London on British Airways.

The English-Speaking Union was founded over seventy years ago to "present a community of thought which would produce a community of action. "Today, the E-SU has branches in 19 countries, each one addressing major cultural concerns. There are 88 branches of the E-SU in the United States and over 29,000 members. The E-SU receives no government funds and is supported solely through the generosity of its members and friends.

# Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring". And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to July.

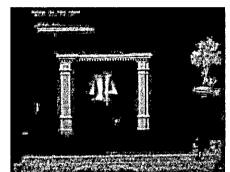
We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to get your plans done. construction bids in and permits pulled by March or early April. You would then be able to enjoy your new space for the majority of this new year and not have your

#### (Please continue on page 34)

# Keeping Warm Never Looked So Good

Grass Roots Energy Inc. is more than a fireplace store. They're the home of air tight (controlled combustion) stoves and air tight fireplaces. Each appliance will burn for eight hours on just one load of wood, with an overall efficiency of 50 to 80%.

Grass Roots also has free standing high efficiency gas stoves, gas fireplaces and ventless gas logs for existing fireplaces. There are more than sixty stoves and fireplaces on display in their showroom. Grass Roots Energy Inc. is a full service store that has been in business for fifteen years. They handle all aspects of fire on the hearth. They believe homeowners expect more than peace and warmth from their hearth. ity. In their hearth they see an investment conda. (708) 526-5888.



and one that will add enjoyment to their lives and value to their home.

Grass Roots Energy Inc. is located 1-1/2 miles northwest of Route 176 on Consumers in the 90's demand high qual- Highway 12 (next to Victor Ford), Wau-

# K.D.A. Kitchen Distributors Of America "For The Heart Of Your Home"

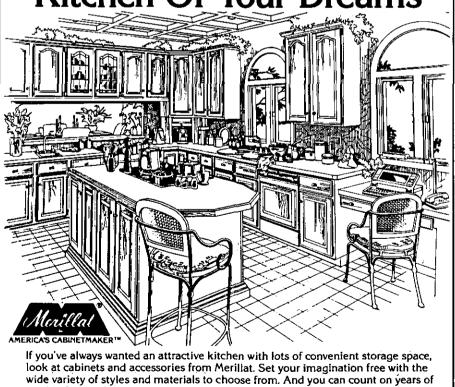


K.D.A., 380 West Virginia, Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat

cabinets from K.D.A.

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., (815) 477-4800.





trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat America's Cabinetmaker.

Kitchen Distributors of America, Inc. 380 W. VIRGINIA, CRYSTAL LAKE, ILLINOIS 60014 HOURS: (Rt. 14-Northwest Hwy.) 800 (708) 705-7005 MON. & THURS. 8:30-8:00 p.m. TUES., WED., FRI. 8:30-5:00 p.m. SAT. 9:00-1:00; SUN. CLOSED (815) 477-4800 FAX (815) 477-4830

# **3 Little Words To Remember When** You List Your Home In 1995.

They're not just words. They're subjects that should definitely be discussed before you decide who should list your home in 1995. First word: advertising, as in marketing. An essential tool in selling. Often underdone because it's costly and time-consuming for the agent. Second word: security. You deserve all the protection you can get. You shouldn't have to screen callers yourself. Third word: transferee. There's a national and international pool of buyers out there if you have the right (rock-solid) ties. You can, of course, forget all of the above if you just remember to call The Prudential Preferred Properties. Prudential Preferred Properties. 3 little words.

We're the real estate professionals with the business expertise.



## An Occasion For Celebration



Peggy Goodman (from left to right), of Oak along with Northwest Community Hospi-Park, joins Marilyn Ortinau and Virginia tal (NWCH), will be the sole recipients of Drews, of Barrington, Christina Puleo, the funds raised from the Spring, 1995 "An Lake Barrington and Brother Valentino Bianco, C.F.A., Facilities Designer, at Alexian Brothers Medical Center as they prepare the Nordstrom invitations for the mail. Alexian Brothers Medical Center

Occasion for Celebration" Gala to commemorate the opening of the new Nordstrom store in Woodfield Shopping Center.

# Sundays At Seven Jan. 15

Northern Trust Bank in Winnetka present the concert series, Sundays at Seven at 7:00 p.m. on Sunday, January 15,1995 in the Concert Room at The Music Center of the North Shore, 300 Green Bay Road, Winnetka.

An evening with Anne Waller and Mark Maxwell, Guitar Duo

Anne Waller and Mark Maxwell will ex- Collection, Dame Myra Hess Memorial Page 32 Barrington LIFESTYLES - January, 1995

The Music Center of the North Shore and plore the use of popular sources by composers of classical music. The program will include music for two guitars by Marin Marais, Gioacchino Rossini, Isaac Albeniz, Mario Castelnuovo-Tedesco and Dusan Bogdanovic.

Faculty member, Mark Maxwell has performed throughout the U.S. and Italy at festivals and concerts including the Phillips



#### Tips from the Top of The Rock™

Margaret R. Semrad Broker/Manager Barrington Office

> The Prudential 🌘 Preferred Propertie

1995 is shaping up to be a time of important changes for the consumer and the Real Estate Industry. Never before has the relationship between the client and Realtor been as important in getting the job successfully done. It takes teamwork, confidence and trust where there are no secrets or hidden agendas.

I am very proud of The Prudential Preferred Properties Realtors who service the real estates needs for the Barrington Area. Our Mission is to give our very best (product knowledge, sales skills with an attitude of personal service and special attention) to every buyer and seller we work with.

In 1995 you may be making a decision regarding your housing needs and I would encourage you to do it. The climate is right to make the move. By the year 2000, homeownership will be an all time high according to the 1994 housing survey results from the Ford Foundation and the Joint Center for Housing Studies of Harvard University.

I would also encourage you to carefully consider some of **The Prudential** Preferred Properties areas of expertise when you are making your buying or selling decision.

Number One: Advertising. At The Prudential Preferred Properties we consider this an essential marketing service and one of our most valuable tools. We advertise in local newspapers, of course. We maintain an aggressive schedule in the major Chicagoland publications. But we also have a unique advantage. And that is the 75 million dollars-plus that **Prudential** spends on real estate advertising over network television (on highly visible sports programming including half-time reports), on network radio, and in national magazines to make The Prudential name familiar to every home buyer in America. And for more frosting on the cake-there is the personal expenditure of over \$90,000 in value added services last year by our Realtors including additional and specialized direct marketing.

Number Two: Security. Now, more than ever, security is a major concern. After all, people you don't know (potential buyers) will be coming into your home. For your protection, at The Prudential Preferred Properties all appointments are made through our office and we proceed according to your instructions. If the Realtor who is showing your home is not known in the Barrington marketplace, we insist on li-

concerts, and guitar societies throughout the country. Anne Waller has performed in mas-

adults; \$3.00 for students and senior citi-

cense verification before scheduling an appointment. Also, we never allow buyers to visit your home alone. If the buyer is not working with a Realtor from another office, then one of our Prudential Realtors will accompany the buyer to the home.

Number Three: Transferee Activity. Buyers transferring into the Barrington Area are extremely desirable prospects for your home. Frequently, they are ready to buy and unencumbered by a home to sell.

The Prudential Preferred Properties Relocation Services Division assists thousands of corporate clients and transferring employees moving into (and out of) the Chicagoland area every year. Our Relocation Division is conscientious, thorough, and caring. And our Realtors working with the transferee market are Certified Relocation Specialists to assure smooth and stressfree moves with the transferee having peace of mind

This division is a provider of services for Prudential Relocation Management (PRM), one of the nation's leading relocation firms. PRM works with more than 400 national and international client companies, including over 150 of the Fortune 500 companies and is involved in over 25,000 annual transfers, one of the nation's leading relocation firms. PRM works with more than 400 national and international client companies, including over 150 of the Fortune 500 companies and is involved in over 25,000 annual transfers.

In addition to PRM, we are affiliated with a network of nearly 25,000 Prudential Realtors in over 1100 offices nationwide who refer transferees to Prudential offices in the areas to which these employees are being transferred.

Internationally, The Prudential Referral Services, a global referral service, connects more than 38,000 Realtors in over 2,000 offices throughout North America, Europe and Asia.

Plus over 105,000 employees of The Prudential Insurance Company of America and its affiliates and worldwide subsidiaries are also a part of our far-reaching transferee network.

You are probably saying, enough already! But, as you can tell by now, I am proud of what The Prudential Preferred Properties can do for homesellers and homebuyers. And I hope that includes you. Please call us.

Happy New Year from all of us at The Prudential Preferred Properties-your Dream House Headquarters.

zens. All students currently enrolled at The Music Center are admitted free of charge. ter classes with Andre Segovia, Oscar, For more information or to order tickets by Ghiglia, Jose Tomas, and Isolde Algrimm. phone using Visa or MasterCard, call The phone using Visa or MasterCard, call The Admission to the concert is \$7.00 for Music Center of the North Shore at (708) 446-3822.

# The Northwest Suburban Antiques Show and Sale

and Sale is returning to Harper College for snack or enjoy a meal in our food section its twelfth show on January 27, 28, & provided by La-Therese Catering. 29,1995.

advanced collector. The show's furniture dealers are complemented by exciting merchandise such as glassware, china, silver matching, estate jewelry, linens, vintage clothing, books, clocks, a varied array of collectibles, and much more.

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Shake the January doldrums by spending an enjoyable time browsing through our wide variety of booths. The dealers are coming from many different locations with their best merchandise for your perusal. 584-4374 or (708) 393-6554.

The Northwest Suburban Antiques Show While you are there, treat yourself to a

The Twelfth Northwest Suburban This well established antiques show of- Antiques Show will be presented Friday, fers something for the novice as well as the January 27th, 4 P.M. to 9 P.M., Saturday, January 28th, 12 noon to 8 P.M., and Sunday, January 29th, 12 noon to 5 P.M.

The show is located in Building M, Harper College, 1200 W. Algonquin Rd., in Palatine, IL. Admission is \$4.50 (save \$1.00 with ad) and parking is free.

The Twelfth Northwest Suburban Antiques Show has high quality exhibitors and is presented by Cherubim Productions Ltd. For more information call: (708)



TRÍBAL

# Tribal Expressions Presents Conservation Seminar And Workshop

... Conservation is the means by which we preserve our heritage .... It is a commitment not to the past, but to the future."

Partial quote by Philip Ward from "The Nature of Conservation: A Race Against Time"

To brighten and enlighten, that is the goal at Tribal Expressions for the snowy cold days of January. We invite you to join us on January 14, 1995, in welcoming our two guests, conservators, Holly Lundberg and Milton Deemer. If you would like to know all about how to preserve your personal treasures, photographs, works of art, sculptures, artifacts, and collections, this is a

wonderful opportunity to learn how to save, display, enhance and further enjoy your treasures.

Plan to bring in the items you wish to have evaluated and our guests will be delighted to help you with a free analysis of your items and will also be giving demonstrations and lectures to help you and others learn about the value and joy of caring for your collection. You will learn about the best matting, framing, acid-free protective papers, for your photographs and works of art and also the most attractive way to display your collection. This will include the proper lighting, setting, stands, and colors.

(Please continue on page 34)

# Beautiful And Practical Hardwood Kitchen Cabinets Create Lasting Values

when it isn't mealtime?

Think about it...Is your kitchen a place Answers for entertaining, doing homework, leaving messages, paying bills and just plain catching up after a busy day?

Certified Kitchen Designer James Walker, a partner of Barrington Homeworks in Barrington, says, "the kitchen is a center of family life...the heart of the home. With Americans spending as much as five hours a day there, the kitchen should feel warm, comfortable and inviting.'

More than anything else, hardwood cabinets will create that natural feeling, and make your kitchen a distinctive original.

"Kitchen remodeling is one of the most important investments you'll ever make," adds Walker. He suggests you test your cabinet IQ with this quiz from the Hardwood Manufacturers Association. Ouestions

1) What percentage of newly remodeled kitchens feature hardwood cabinets? A) 20 percent B) 50 percent C) 70 percent.

2) All things being equal, which room influences a potential home buyer more than any other?

3) Which hardwood is this country's most popular kitchen cabinet wood?

4) It's easy to repair dents and scratches in a solid hardwood cabinet door. True or false?

5) How much of your kitchen remodel-

How much time do you spend in the kitchen ing investment can you expect to recover when you sell your home?

> 1) C. Seventy percent of U.S. homeowners choose hardwoods such as oak, maple, cherry, alder and pecan for their newly remodeled kitchen.

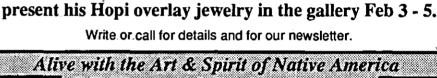
> 2) The kitchen. When you improve your kitchen with cabinets made of solid hardwood, you enhance your home's major selling point. What's more, hardwood cabinets will have a classic appeal long after today's fads become yesterday's dated looks.

3) Oak. The most abundant hardwood in the United States, oak is far and away the most popular cabinet hardwood:

4) True. Since solid hardwood doors are 100 percent natural wood, minor damage can be touched up easily. Unlike other types of construction, "solid" means that no composite or synthetic material has been used. It also means that your cabinetry will be easy to keep clean.

5) Real estate experts estimate that at least 80 percent of your kitchen remodeling costs can be recovered when you sell your home. This is especially true when you improve your kitchen with hardwood cabinetry, innovative storage, updated appliances and efficient work areas.

Barrington Homeworks displays the solid hardwood cabinetry of Quaker Maid, Dutch Mills and other custom lines from deep in Amish Country.



Discover the Richness of American Indian Art & Jewelry!!

Tribal Expressions features a distinctive collection of Indian made crafts

and jewelry. Come in and see work by nationaly renowned artists!!

You are invited to meet Ramon Dalangyawma, who will

EXPRESSIONS

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ANNOUCING OUR JANUARY WHITE SALE.

Yes! Our best custom-made cabinetry is now on sale in America's hottest color, white. Stop in today to see samples from deep in Amish Country and discuss your needs with a Certified Kitchen Designer. You'll quickly see why we've been getting rave reviews for 12 years. We'll show you furniture grade cabinetry and the kind of innovative design ideas that really work.

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# Poor Report Cards

do when a child brings home a poor report better? It's important that your child knows card:

1. Examine the situation realistically. It's important to remember that every drop in; achieve better grades. Let him know you grades indicates that valuable skills are being missed. An effort should be made to learn and reinforce those missing skills. But while this is being done, it's also important to identify and remedy the basic problem, so it does not continue to hurt your child's education.

2. What is really the problem? Is there a behavior problem? Sometimes, bright students get bad grades for behavior related activities. Does your child hand in their, homework? Is it correct and on time? Is your child bored with schoolwork, and so is not paying enough attention? These are not excuses; they are symptoms of different problems. You must identify the problem before you can remedy it.

3. Talk with your child. Why does he think he got poor grades? Does he take the situation seriously? How does he plan to do

### January Special

to take advantage of this special. Call Applause for all your beauty needs, 540-0990. We retail: Matrix Essentials, always available for any service.

# Meet Jeanne Novas, M.D. (Continued from page 24)

lege of Obstetrics and Gynecology, Ultra- Medical Society, and American Association sound in Medicine, American Fertility So- of Gynecologic Laparoscopists. ciety, American Medical Association, Kane

Dr. Novas is a member of: American Col- County Medical Society, Illinois State

# "A Design Firm That Cares!" (Continued from page 25)

Wilkins were so pleased with the designs, that they asked Jean to design cabinetry layouts for the rest of their home as well.

Using the Brookhaven cabinetry line in combination with Wood-Mode special trims and moulding, the Wilkins were able to achieve the custom look they desired at a reasonable price. In fact, Distinctive Kitchen Designs came in under the Wilkins' budget!

After the designs were complete and the cabinetry fully installed, Distinctive Kitchen Designs joined forces with Kathy Kramer of Kramer's Country Casuals, a

plete with a sink and dishwasher. The neighboring antique shop, to accessorize the Wilkins' new home. Kathy achieved a very rich look with a deep burgundy that complimented the current colors and gave the kitchen a festive look, just in time for the holidavs!

> The design professionals at Distinctive Kitchen Designs take pride in the exceptional services and products of fine craftsmanship that they offer. For a creative design and a custom look at a reasonable price, visit the Distinctive Kitchen Deisgns' showroom, located at 203 South Main Street in Wauconda.

Page 34 Barrington LIFESTYLES - January, 1995

#### (Continued from page 8)

you take the situation seriously. Work with him to develop a plan that will help him to are supportive and that you believe in his abilities.

4. Talk with your child's teacher or counselor. Your child's teacher or counselor is a professional educator. What are her observations? What does she recommend?

It is important to remember that the difficulty that caused these poor grades may be a serious problem. Your child may have missed one or more important skills. It's vital that you get help for your child as soon as possible, before the problem gets worse. Parents who want additional information, or who wish to discuss a specific problem, are encouraged to call the Huntington Learning Center at Barrington at (708) 382-3655 or the Huntington Learning Center at Buffalo Grove at (708) 459-5939.

#### (Continued from page 23)

Biologe, Vavoom; also Logics, Paul Mitchell and Helma B. Gift certificates are

# When Considering The Purchase Of Car Parking Lift

be based on safety, long-term maintenancefree operation, and available space in the existing garage.

We at Circle Affiliated System, have selected a design that is the safest in the industry. Our Car-Lift incorporates mechanical interlocked leverage arms which positively support the upper car platform at all unit and purchased our Car-Lift.

The purchase of a car parking lift should times-as compared to an inexpensive 4post lift design that uses cables to raise or lower the platform. The cable life is limited and when it breaks, it's instantaneous with catastrophic results.

Mr. Opper of Northbrook recently purchased a 4-post car parking lift with near catastrophic results. He returned the 4 post

# "Camelot" Theme of BAAC Fundraiser

Council proclaims February 18, 1995 as the official date for revelry at their annual fundraiser!

"Camelot" has been selected for the theme of this year's fundraiser gala by, events, as well as Chicago and area The-Fundraiser Co-chairpersons, Maureen Yates of Barrington and Anna Haller of Wilmette. Coincidentally, both are natives of Great Britain. Never a more fitting atmosphere for this outrageously fun event as that of the Barn of Barrington with its medieval decor. The Barn will make a perfect setting for the renaissance fair activities the fundraising committee has planned.

Upon arrival, guests will enjoy the enchanting voices of the Barrington Children's Choir Madrigal Singers, an acappella group of nineteen youngsters attired in medieval costume.

While enjoying cocktails, and later during the dinner hour, attendees may bid on a large selection of items on the silent auction. While too numerous to mention the entire list...some spectacular items include: a child's birthday party for 10 to 20 guests with pony rides and refreshments included.

## Start Your Planning Now!

Summer "under construction".

Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to dis-

### Conservation Seminar

Problems concerning humidity, mold and mildew, UV light and other causes of deterioration and the proper materials and storage techniques will be covered along with a list of resources for further study and restoration. Our conservators are experts in restorations, including fine art and ancient artifacts and bring well-rounded educational and practical experience to our gallery to share with you.

Holly Lundberg is degreed in both Archaeological Conservation and Materials Science as well as in Studio and Fine Arts. She is presently working in the Objects Laboratory of The Art Institute of Chicago and has participated in extensive fieldwork in England, El Salvador, Pakistan, Spain and Honduras. Her field and laboratory work has included the treatment and reconstruction of neolitihic lime plaster statues, the stabilization and storage of newly excavated finds at Copan, and the conservation treatment and stabilization of metal

Hear ye! Hear ye! Barrington Area Arts Enjoy a week in lovely Steamboat, Colorado or a beach front condo in Gulf Shores, Alabama. Perhaps airline tickets to go along with either, compliments of Travel House of Barrington. Plus, tickets to sporting ater, restaurant certificates and original artwork.

> The bidding continues during the exciting live auction; featuring American Airline tickets for two to London, England, or a warm Florida vacation at a guest house in sunny Naples, Florida.

> Tickets for the Renaissance Gala 'Camelot" are \$85.00 per person. Suggested attire for the party is period costume and festive evening wear. Please reserve the date and be advised that invitations will be mailed early January. To be assured of a reservation, it is suggested to mail a reply as soon as possible or drop off the response to the BAAC office at 207 Park Avenue, Barrington. To obtain tickets, or for additional information regarding BAAC or the fundraiser, call the BAAC office at (708) 382-5626

Visa and MasterCard are accepted.

#### (Continued from page 31)

cuss your projects or to help you select your building lot. Please feel free to contact John C. Cazzetta to arrange an appointment and to preview our extensive residential portfolio.

#### (Continued from page 33)

finds from Roman sites in England.

Milton Deemer is Director of the Northern Illinois University Anthropology Museum and in addition to administrative duties he teaches courses on collection management and exhibit design. During his fifteen years with the museum he has developed its exhibition and education programs while also supervising the management, care, and research of approximately 12,000 objects in the museum's ethnological collections. These collections include objects from the Southwest, Basin, and Plains Native American; Mesoamerican; Southeast Asian; and New Guinea areas and representative collections from many other regions of the world.

Plan to join us at Tribal Expressions on Saturday from noon until 5:00 P.M. for a most rewarding experience. Tribal Expressions is located at 7 S. Dunton, Arlington Heights or call (708) 590-5390.

# From A Women's Point Of View

by Gail Wickstrom, Wickstrom Ford

Our construction at the dealership has proceeded at a great pace and our customers have been great through all the changes that happen daily.

It is amazing the fascination that bulldozers seem to have for all ages of men. I have to admit that when they put on the precast concrete roof I had to stop to watch.

My husband Tim keeps running around with a camera taking pictures of all the various stages of construction. The amount of decisions that we have to keep making boggle my mind. I used to think that lights were just simple fluorescent fixtures above my head. Not any more! And then there are flooring decisions to be made, that makes the lighting issue seem simple.

At the moment Tim and I are still speaking, but it has been an effort on both our parts to keep our mouths shut occasionally.

Through it all, we seem to get more excepts coming to life. cited each day as it takes on more and more of the finished shape and we see our con- new addition.

# It's Our BIG Sale!

Kid's Country Furnishings will be holding its BIG 3 Day Sale, January 5th, 6th and 7th. This is the time to really save with up to 50% off on all accessories and winter/ fall designer clothing. The new spring collection will be arriving soon. This great sale includes beautiful baby and junior furniture and bedding as well!

Kid's Country Furnishings, with its many different departments, is like shopping at a large department store, but with personal service only a specialty shop can give you and with unique and unusual merchandise you can't find anywhere else.

Kid's Country Furnishings is located in Crystal Lake on the corner of Oak Street and 176. You'll find beautiful and practical shower gifts, gifts for Mother-to-be and most complete children's stores: Kid's furniture and accessories from infant Country Furnishings.

Welcome Wagon Jan. Coffee

will be held on Thursday, January 26th, boxes of photographs we have in our draw-9:30 AM at a member's home. Creative ers and closets. Memories will be the topic for discussion as Peg Hjortsberg encourages and teaches directions if you wish to attend.

The Barrington Welcome Wagon Coffee us to artistically display and care for those

Please call Karen at 708-836-5031 for

# Swanson Painting And Wallpaper Studio's Grand Opening!

Nancie Selzer, store manager, invites you decorating project. Help is just a phone call to come visit the new wallpaper showroom away. in Cary. Nancie is a wallpaper specialist. Wallpaper has been Nancie's business for the past 29 years. If you have a fabric to match, an idea but don't know where to turn, an empty room, or a hard to find pattern Nancie is your answer. There are thousands of wallpaper patterns available, Nancie will help you sort through confusion and help you choose the perfect wallpaper selections for your business or home.

Swanson Painting and Wallpaper Studio provides in home design service. In addition to the showroom at 114 West Main Street in Cary, Swanson Painting and Wallpaper Studio will come to your home or business and help you pick the perfect wallpapers, fabric and paint colors for your

When your selections are complete Swanson Painting and Wallpaper Studio can make your dreams come true with their professional installation and painting services. Swanson Painting has been providing professional painting and wallpapering services for the past 14 years. You can have confidence that your new design is in skilled hands.

The Studio will be open Tuesday, Wednesday, Friday and Saturday 10:00 AM to 4:00 PM. Thursday the Studio will be open from noon to 7:00 PM. The Studio will be closed Sunday and Monday.

For further information call (708) 639-0480.



# Deadline for February Issue is Thursday, January 12

### Please send your press release/ advertising materials to:

Editor Lifestyles Magazines P.O. Box 293 Crystal Lake, IL 60039-0293 or call: (815) 459-4820

(708) 639-0480



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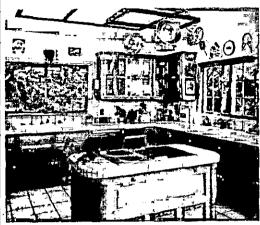
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We have the ingredients for a gourmet kitchen:



□ In-House Design Services □ Full Display of **Cabinet Styles** and Finishes Extensive Kitchen and Bath Showroom Latest Countertops Available

Designed and built for you with pride!

Our New Showroom is located at 20066 N. Rand Road Suite C in Palatine (Next to Northshore Refrigeration at the corner of Route 12 and Lake Cook Roads).



Page 36 Barrington LIFESTYLES - January, 1995

# Ask Our Designer

#### Neil McDuffie, Senior Designer at Barrington Kitchen & Bath Studio

formation when it comes to cabinet lines, could you explain the difference between stock and custom cabinets and what type of cabinets do you feature?

Stock cabinets are available in limited sizes, style and colors. The manufacturers also save money by using lower cost materials and finishing methods.

Custom cabinets are available in almost any size or color and are made to order. They generally feature higher grade woods, stronger construction and most importantly, a better finishing process. An improperly finished cabinet can show wear almost immediately.

Unlike their mass produced counterparts, a well built custom cabinet is a piece of furniture that will function and look attractive for many years to come.

2. 'What's hot, what's not!'

The most popular style still is the traditional wood cabinet. However, new products have combined with old to create new trends in wood cabinets.

One of these trends is a glazing process. This is actually a second stain usually in a light or dark tone that is wiped off and settles only in the detailed corners of the door. This creates an exciting and popular antique look.

Also the English Country look is becoming very popular. This is usually done with a frameless cabinet and side panels to achieve an inset door look. This look is combined with open cabinets, such as plate racks and fretted valances to achieve the charm of the English Countryside.

Oak is still popular but we are seeing clients choose from a great variety of woods now, including maple, cherry, ash, pine and hickory. Each wood has it's own character.

It is important to consider the location, style and decor of the home when selecting which wood is appropriate. Colors are

1. We have heard a lot of conflicting in- still leaning toward the lighter and brighter -but the traditional dark cherry is achieving a share of the market once again.

3. What cabinet lines do you represent?

We have four different custom cabinet manufacturers with 10 different lines. Lenkie cabinets has three lines to choose from: Classic series line features all wood construction, dovetailed drawers, handrubbed finish, 5/4, inset, lipped and full overlay doors with hardwood interior. Signature series features the same construction as Classic only frameless with full overlay doors. Concept series is approximately 20% less expensive but has the same fabulous Lenkie finish.

DuraSupreme cabinets has three lines and three price ranges to choose from: Designer series is a custom all wood construction, dovetailed drawer, hand-rubbed finish, hardwood interior. You can choose from mitered doors, full overlay doors, as well as, curved wood doors which is a very exciting feature. Alectra offers many of the same features as the Designer series with frameless doors. It is available in wood or laminate construction. Crestwood series is a semi-custom line. It is the most reasonably priced cabinet in our showroom. It still has the same hand-rubbed finish as the Designer series.

Jay Rambo Cabinets have three well priced custom lines: Traditional series is a solidly built all wood cabinet with dovetailed drawers. It offers a beautiful finish and many unique door style and stains. Eurowood offers frameless doors with many exciting traditional features. Eurostyle offers the same choices of woods with traditional features but has a laminate interior.

Bea Industries is a custom line which offers a contemporary styling featuring polyester raised panel doors, as well as, many unusual and exciting laminate door styles.

# Congratulations Delta Renovations, Inc.!

Delta Renovations. Inc. has been named One of the Top 500 Remodeling Firms by the "qualified Remodeler", a national magazine dedicated to Professionalism in Remodeling. Delta Renovations, owned and operated by Mark Zurek, has received this distinguished recognition for the fourth year in a row. The list is composed of a diverse group of the nation's leading remodeling professionals.

What contributes to a successful remodeling business? "We approach renovation projects as a specialized field of construction and provide attention to detail only experience and commitment can bring," says Mark Zurek, "we also have a core group of good, motivated and loyal personnel which is essential to our continued success."

"We have spent years developing a unique concept that few other remodeling firms can offer. We are able to offer our clients the ability to coordinate all of their

remodeling needs in "one location," says Mark Zurek, "We have in-house experienced carpenters that will take the remodeling project from start to finish, as well as a good group of suppliers and subcontractors.'

Barrington Kitchen and Bath Studio was founded three years ago by Mark Zurek to offer clients the unique advantage of a beautifully detailed showroom with expert designers on staff.

What does the new year bring for Delta **Renovations?** "One of the most important items for the next year is to continue to strive to offer our customers the very best when it comes to remodeling and to continue to offer our services as we always have, services built on honesty, integrity and trust." says Mark Zurek.

Mark Zurek invites you to call him at 708-776-0121 and make an appointment to discuss your future renovation project so that it can become a reality.