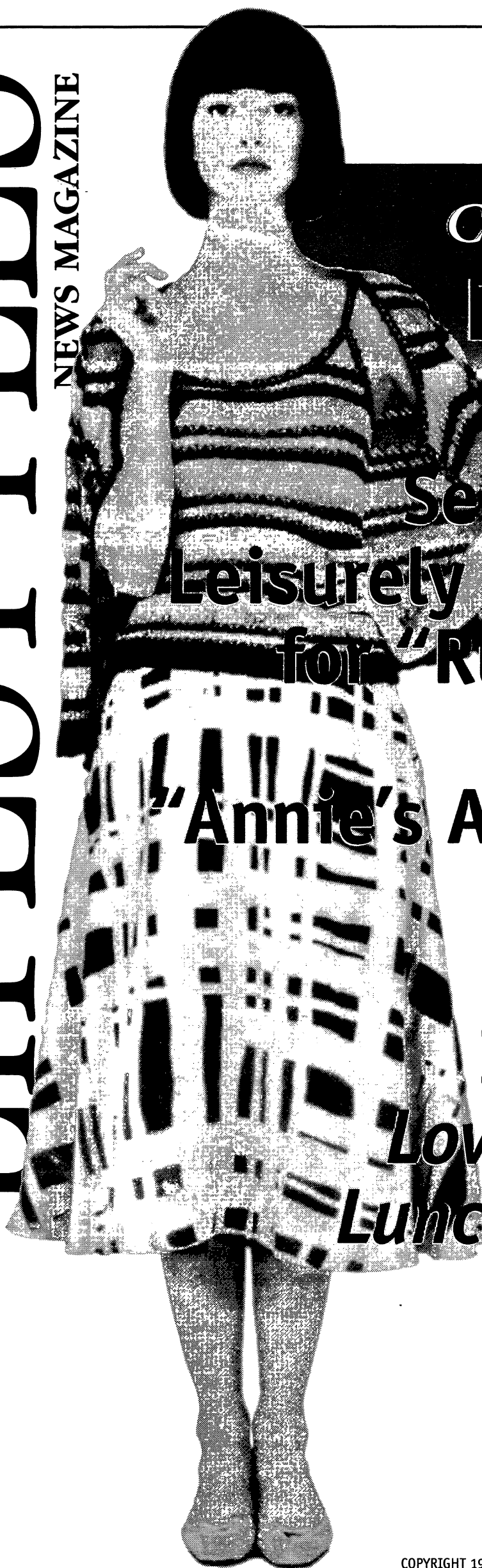


June 1999

TM

THE STYLES

NEWS MAGAZINE



*Celebrate the Occasions*  
Dad, Grad & Bride

**Serious Runners &  
Leisurely Walkers Get Set  
for "Run for the Arts"**

**"Annie's Attic" to Benefit  
Project Hope**

**Infant Welfare's  
Love, Lullabies and  
Luncheon, A Success**

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## Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

**Clear Reflections** has provided 23 years of service at the same location.

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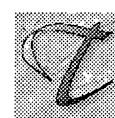
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## Editor's Ink

June, 1999

Dear Reader,

Did you happen to attend *Love, Lullabies and Luncheon* last month? Wasn't it lovely! Held at the beautiful Biltmore Country Club, the fashions were haute couture and stunning. And all for a great cause... the Infant Welfare Society of Chicago.

"A Touch of the Arts" was a class act too. Also held at the Biltmore, the fashions were designed by artisans—very beautiful and very unique. The event netted over \$16,000 to benefit the Barrington Area Arts Council.

And last, but certainly not least, the Barrington Chamber held a wonderful Staff Appreciation Luncheon Fashion Show at the Barn of Barrington. Nineteen fine clothing stores in the Barrington area participated. 'Twas fun! The Barrington women and men will look very dapper, indeed, this summer season!

Serious runners and leisurely walkers are encouraged to participate in "Run for the Arts" next month. This is a sanctioned 5K and 10K run and a 5K walk for serious walkers. Some of the proceeds will benefit BAAC and some will be applied toward seed money to help establish a community cultural center in Barrington. Good causes!

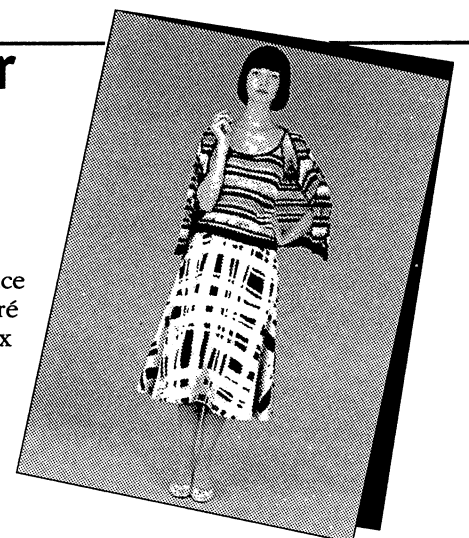
Until next time, may all your thoughts be sunny.

With warm regards,  
Glenne McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

Chartreuse, jade and ebony fishnet lace knit twin-set with patchwork dévoré satin skirt. From Christian LaCroix Collection Bazar Printemps-ete 1999.



## Serious Runners and Leisurely Walkers Urged to Take Part in "Run for the Arts"



**The Frank Konicek family of Barrington Hills holds honors for having the most family members participating in the 1998 "Run for the Arts." Son Mark (back row and third from left) has repeatedly won the 10K race and is definitely the man to catch in 1999.**

There's a pace for everyone in the family in the 4th Annual "Run for the Arts," an event usually held on July 4 but which will step off this year on Saturday, July 3 in order to coincide with Barrington's holiday parade and celebration.

"Run for the Arts" offers a sanctioned 5K and 10K run and also, this year, a 5K walk for serious walkers. For families and others who enjoy a more leisurely pace, there is a 2K walk. The runs will step off at 8 AM near the BAAC gallery/office at 207 Park Avenue and will conclude just prior to Barrington's popular July 4 parade down Main Street. The 2K and 5K walks will begin at 8:15 AM from the same location.

The 10K run will follow a course that includes the challenging and rolling countryside of Barrington Hills. The 5K course is through village streets only. Prizes and awards, including a movie pass to the Catlow Theatre for a year for the family having the most participants overall, will be given at the conclusion of the races.

### Runners Workshop

All registered runners are invited to participate in a free sports psychology workshop with a special emphasis on how to run the Barrington course itself. The workshop will be held from 7:15 to 8:30 PM on Monday, June 28 at Psych One, 130 Harrison St., Barrington and led by Dr. Dan DeWitt, psychologist and avid runner himself. He has worked with college and professional athletes to improve their sports performance and is a frequent speaker to professional and community groups.

All ages are invited to attend and participants should wear running clothes for the class. This is a great opportunity to learn how to be a healthy runner, reduce running injuries and advance overall run-

ning skills. Call 847-382-5688 to reserve a place.

"Run for the Arts" has as its major sponsors: American National Bank and Trust Company of Chicago; Dain Rauscher; Saint Alexius Medical Center; and Phillips Men's Wear. Other sponsors include: Coldwell Banker Residential Brokerage; The Daily Herald; Motor Werks of Barrington; Pepper Construction Company; Psych One; Lake Cook Orthopedic Associates; Forrest Press Printing; and Gatorade. The committee is also grateful to Jewel Foods, Dick Pond Athletics and the Catlow Theatre for their donations. A portion of the proceeds benefits the Barrington Area Arts Council, supporting its visual, performing and literary arts in the greater Barrington area. It is also the race committee's desire to continue to accrue seed money toward development of a community cultural center in Barrington.

Race Committee members include David Nelson, Cyndi Alexander, Sarah Bowers, Dan DeWitt, Arlene Overheu and Karl Fruecht. Teddi Martin is in charge of media relations.

### Early Signup Pays

Registration prior to June 26 is \$17 per runner for the 5K and 10K, increasing to \$20 thereafter. Walkers pay \$10. Parking will be available behind the Arts Council off Station Street and in the lower commuter parking lot also off Station. Please note that dogs, bicycles and in-line skates are not permitted in "Run for the Arts" events.

Registration forms are available at the BAAC office and in various retail stores throughout Barrington. You can also register at the BAAC Summer Art Fair on Father's Day, June 20.

Please call 847-382-5626 for additional race information.

speaker from Littleton, Colorado. The cost is \$10 inclusive; free baby-sitting is available. Please call 847-382-1202 to make reservations.

The luncheon is sponsored by the Northwest Suburban Christian Women's Club.

## Love, Lullabies and Luncheon



**Among the luncheon attendees were Ida Cardelli, Karen Gilleran, Marian San Filippo, Lynn Acerra, Mary Taylor and Sandra Brigante.**

*Love, Lullabies and Luncheon*, a fashion show and luncheon, was held at the beautiful Biltmore Country Club in late April. Presented by The Barrington Chapter of Infant Welfare Society of Chicago, both show and luncheon were a success.

While pre-luncheon cocktails were served, Lee Bassett entertained on the keyboard with beautiful background music.

As guests dined on Chicken Breast Royale, models were on the catwalk display-

ing the latest in haute couture from Liliana Couture, Robin Elliot and Star Couture.

The event was dedicated to the late Arlene Breuder, a beloved and dedicated member.

Proceeds from this event will go directly to the Infant Welfare Society of Chicago, serving Chicago's working poor women and their children since 1911.



**Chairwomen of *Love, Lullabies and Luncheon* were Dottie Rzeszutko and Barbara Schulz.**



**Pictured with the Barrington Chapter of Infant Welfare of Chicago President, Iolanda Goodfellow, is Robin Khayat, Mrs. Illinois International. Robin presented lucky attendees with prizes.**

## Welcome Wagon Club of Palatine Events

The Welcome Wagon Club of Palatine has a coffee for prospective members every month. Coffees are held in members' homes and refreshments are provided. The June coffee will be held at 10:30 AM on Tuesday, June 15. Please call Ginger at 847-202-2399 or Jay at 847-358-6526 for more information.

The club's monthly luncheon will be held on Tuesday, June 8 at Cafe Salsa, 412 Northwest Highway, Fox River Grove. A cash bar will be open at 11:30 AM and luncheon will be served promptly at noon. Please call Helen at 776-3958 or Carlee at 776-3958 by Friday, June 4 for information or reservations. Our program this month will be the installation of new officers. This will be our last luncheon of the year; our luncheons will resume in September.

Our club decided to support cancer related causes this year and are planning to participate in The American Cancer

Society's Relay for Life on June 18 and 19 at Fremd High School in Palatine. We will have a team of at least ten people to participate in this exciting fundraiser. We will also make a donation to Northwest Community Hospital's Oncology Department. Our donation will be used to purchase TV/VCR machines for treatment rooms. The Suburban Summer Symphony is another of the projects we are supporting this year with a donation.

If you are a woman who is new to the northwest suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, please call Arleen at 847-776-6228 or Pam at 847-202-5662 or email us at [wwpal@hotmail.com](mailto:wwpal@hotmail.com). We have many enjoyable activities including bowling, golf, casual cooking and various card games. Our web site address is <http://chicagotribune.com/link/palwelcome>.

## "Hello, Dolly" Luncheon

A "Hello Dolly" luncheon featuring an American Doll Fashion Show by Doll's Boutique will be presented on June 17 at Concorde Banquets on Rand Road, north of Quentin Road in Kildeer. Music will be provided by Lindsay Brown and the guest speaker is Rachel Crabb, an author and






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## A More Beautiful Face and Body for Summer

We hope summer is here, it has been a long winter. Now is the time to adjust our skin care program and make-up.

The first thing to start with is always skin care. All the make-up in the world will not cover bad skin. Let us start with cleansing. Your first step should be to see your Esthetician at **Syd Simons**. Spend an hour and a half having your skin thoroughly cleansed and exfoliated. I could write 10 pages on the damage of dead cells to the epidermis layer of the skin, and because of this, it is very important to exfoliate your skin.

All of our Estheticians with **Syd Simons** are licensed skin care specialists. They have years of knowledge to recognize skin textures and their problems. We are having great results with Skin Ceuticals and, of course, Dr. Murad's AHA's. With the use of these two products we never have to age or have problem skin.

Before your *Body Massage*, have your body skin exfoliated with our Sea Salt, on the Vichy Shower Bed. It leaves your body skin so smooth. Then on to your body massage with the wonderful oil, your body will feel like new.

One of our popular services in **Syd Simons Day Spa**, is our fabulous *European Body Wrap*. There is a noticeable difference in one visit. The Body Wrap cleanses the body of toxins and impuri-

ties, treats unsightly cellulite, tightens and tones your body, conditions and softens skin, leaves a slimming and contouring effect, fantastic for psoriasis, firms up sagging skin, no pills or shots, not a water loss, no saran wrap or plastic, and most of all it revitalizes. Lose 5 to 15 inches in one Body Wrap. *Look good for swimsuits.*

Now on to the nail room for a wonderful *Spa Pedicure* to remove dead skin and calluses, and have pretty polish put on the nails for your new sandals.

Let me touch briefly on summer make-up. Make-up for summer is much lighter than the old winter look. It is important to always wear sunblock before applying foundation to protect your skin. The eyes and cheeks are different and very pretty this year. Ask your Make-up Artist at **Syd Simons** to teach you how to be a master of your own face, with our *private make-up lessons*. We also do make-up for all occasions. Wedding parties are very popular in our studio.

Now we have the face, body, and feet in excellent shape. So go out and have a happy, healthy summer and most of all, have fun.

Remember your Dad this Father's Day! He would love a facial, manicure, and body massage. Stop in and pick up a Gift Certificate for Dad.

## Facial Plastic Surgery, Looking Your Best by Gary S. Churchill, MD

### Eyelid Surgery

"The eyes are the windows to the soul!" Eyes are one of the most expressive features we have and reveal a lot about us. Subtle changes in their appearance let people know if we are happy, sad, well rested, or tired. We are able to "read" people and at the same time be "read" by others through our eyes. Many have found that an energetic, youthful appearance can enhance others' perceptions of their performance at work. If their eyes look half closed due to excess upper eyelid skin or have "bags" beneath them because of excess fat bulging from beneath the lower eyelids, the overall appearance is one of tiredness and lack of energy. Even when they get plenty of sleep they can still look tired. Many people just feel younger than they look and would like to improve their overall appearance.

These are some of the reasons that a large portion of the cosmetics industry is devoted to enhancing the appearance of our eyes; through makeup, anti-aging and rejuvenating creams. Cosmetic companies realize that a first step in improving our looks is to improve the look of our eyes.

### How Do the Eyes Change as We Age?

The effects of aging are usually seen first in our eyes. As we get older the skin of the upper eyelid tends to increase and become redundant. This can hide the smooth skin just above the eyelashes where women wear eyeshadow. If enough excessive skin forms, it can actually hang over the eyelashes and obstruct vision. There can also be bulging of fat from be-



**Gary Churchill, MD**



**Iliana Sweis, MD**

hind the eyelid, causing a fullness or discreet bulge in the middle corner of the eyelid.

In the lower eyelids the first sign of aging normally seen is a bulging of the orbital fat creating the puffiness most people refer to as "bags". This is caused by a relaxation of the septum, a membrane beneath the eyelid muscles, which allows the fat of the eyesocket to bulge out beneath the skin. This relaxation is a normal consequence of aging but can occur in young people as a family trait. As pressure is applied to the closed eye one can see this bulge increase. Excess skin of the lower eyelid can also form but not usually to the same degree as in the upper lid.

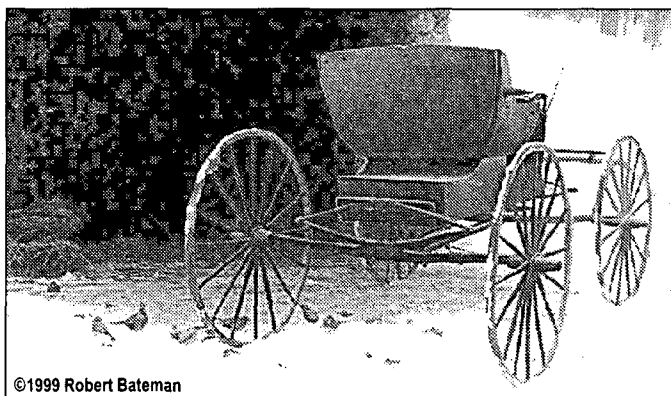
### What Can Surgery Accomplish?

In the upper eyelid excess skin is removed to allow a smooth contour when the eye is gently closed. When the eye opens this results in a normal crease approximately 7mm above the lash line. Excess fat, if present, is removed with the skin to reduce the fullness of the upper eyelid. The incision line is closed precisely at the crease to hide it during the healing pro-

(Please continue on page 55)



## Gallery Features Collectable Works by Top Artists



**Old Buggy and Winter Birds by Robert Bateman**

For almost a quarter of a century, **Woodland Art Gallery and Frame Shoppe** has been dedicated to providing area art enthusiasts with works by today's most respected artists. A stroll through the gallery will reveal limited edition prints by the highly collectable Robert Bateman and the infamous Terry Redlin, whimsical works by Dean Morrissey and Charles Wysocki, serigraphs by Don Hatfield, as well as works by Greg Olsen, Carl Brenders, David Armstrong, Bradley J. Parrish and many, many others. Currently, the most talked about artist is Pino, who has taken the art world by storm with his amazing giclées, serigraphs and originals.

**Woodland Art Gallery** invites you to take a few moments to discover what you've been missing in today's highly collectable yet still affordable art. However, the knowledge and expertise that the gal-

lery provides goes far beyond providing expert advice in selecting a fine work of art. Owner Scott Teasdale is a master framer and specializes in museum mounting to preserve the integrity and value of your important investment.

Custom matting and framing is another essential element that clearly distinguishes the quality workmanship of **Woodland Art Gallery**. Every mat and frame is carefully selected to enhance your artwork from a selection of literally hundreds of styles. Even the type of glass is chosen for maximum performance. And all work is completed on site—picture perfect from beginning to end.

**Woodland Art Gallery** is located at 71-B East Woodstock Street in downtown Crystal Lake. Visit during their store hours, Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 3 PM, or call **815-459-0460**.

## Timely Gifts for Dads and Grads, Brides and Grooms—It's All at Dalzell & Co.

This month, it's time to thank Dad for all he's done. Time to show grads how grown-up they've become. Time to see the exciting selection of fine watches and more at **Dalzell & Co. Fine & Antique Jewelry**!

Choose from the simplistic designs of Maurice Lacroix, such as the "Miros" tank style... sporty watches from Swiss Army... and elegant timepieces by Cyma. A fine watch from **Dalzell & Co.** is a gift to be treasured for a lifetime.

June is also a most popular time for weddings. Before the big day, visit **Dalzell & Co.**—a direct diamond importer—for the best quality, selection and value on engagement rings and wedding bands, including up-to-the-minute designs in platinum. Here, you'll also find stunning accent jewelry for the bride, tokens of appreciation for the entire wedding party and McHenry County's largest selection of Waterford® Crystal.

Brides and grooms, compile your fine crystal "wish list" utilizing **Dalzell & Co.'s** convenient gift registry service. During your visit, pick up your complimentary copy of *Weddings '99*—a new local guide to everything you'll need before you say "I do!"

Proprietors Steven and Jennifer Dalzell are committed to "old-world" customer service, which means taking the time to help you make the right purchase. Both husband and wife are Graduate Gemologists and Graduate Jewelers of the renowned Gemological Institute of America (GIA) with 21 combined years of jewelry expertise.

**Dalzell & Co. Fine & Antique Jewelry** is at 23 N. Williams Street in Historic Downtown Crystal Lake. They're open Monday through Friday, 9:30 AM to 5:30 PM; Thursday, 9:30 AM to 8:00 PM; Saturday, 9:30 AM to 4:00 PM; and also by appointment. Please call **815-455-3600**.

## Jim Gibbons Memorial 5K Run and Walk

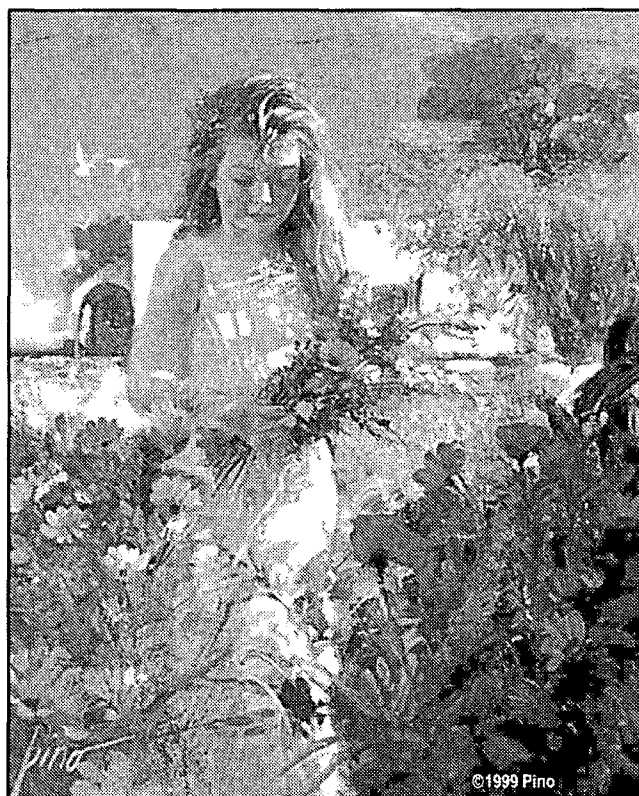
The Leukemia Research Foundation's Fifth Annual Jim Gibbons Memorial 5K Run and Walk will take place along Chicago's lakefront near the Columbia Yacht Club on Thursday evening, June 17, 1999.

The event is held in memory of Jim Gibbons, an Investigative Reporter at WLS TV, Channel 7 in Chicago who died of

leukemia in 1994.

The entry fee is \$15 per person. Proceeds from the event will be used to fund worldwide research, life-saving bone marrow drives, patient financial aid and emotional and educational support.

For further information and to sign-up, call 847-424-0780.



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Shown above: Savannah, limited edition giclée on 100% white cotton rag paper, hand-embellished by the artist using oil paints to make each unique to the edition. Hand-signed by the artist and numbered.

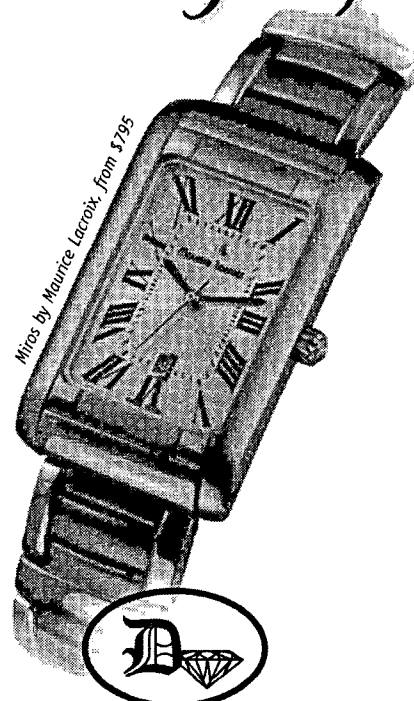
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Time to see the exciting selection of fine watches at **Dalzell & Co.**!

Choose from the simplistic designs of **Maurice Lacroix**... sporty styles from **Swiss Army**... and elegant timepieces by **Cyma**.

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of the Gemological Institute of America

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## Robins Team Up to Lead Barrington Lyric

The Barrington Chapter of Lyric Opera of Chicago (233 Members and growing) announces its officers and executive board members for the 1999-2000 season: President Mary Robins and Vice-President Howard Robins in charge of membership, Arlington Heights; Bonnie Westphal, Vice-President in charge of programs, Hoffman Estates; David Nellen, Treasurer, St. Charles; Glenne McMonigal, Recording Secretary, Crystal Lake; George and Susan Obermaier, Corresponding Secretary, Schaumburg; Catherine Mura, Community Relations, Lake Barrington.

Committee chairpersons are: Wanda Hollensteiner, Nominating, North Barrington; Karen Geisler, Archivist, Schaumburg; Heather Sholeen, Computer Liaison and

Yearbook, Barrington; Suzanne Wells, Development, Lake Barrington; Mary Wajda, Adult Education, Palatine; Jan Semerad, Hospitality, Inverness; Marilyn Hayden, Locations, Barrington Hills; Anne Gross, Librarian, Inverness; Connie Plagemann, Tapes, North Barrington; Bob Plagemann, Opening Night, Forest Park; Pat Steed, Operathon, Schaumburg; Judy Allen, Reservations, Barrington; Barbara Keegan, Ticket Exchange, Schaumburg; Maureen Brown, TLC and Ride-Sharing, Barrington; Maribeth Totten, Volunteers, Inverness.

Long time chapter members Anne and Louis Gross from Inverness will head the biannual Special Event. Jim Steed from Schaumburg, Immediate Past President, will serve as Senior Advisor.

## Two Ways to Change Your Life

by Martin Nathan, M.A., C.P.C., Licensed Clinical Counselor

*Short term counseling and hypnosis* are two separate ways you can change your life. They can be used independently of each other or in conjunction with each other.

Most people don't have the time, don't wish to spend the money, and don't have the desire to enter into long term counseling programs. They have a concern about going to therapy sessions week after week for years. And worse... they fear not really getting anything out of it.

Today, *short term counseling* techniques are being used to identify the real issues, and quickly resolve them. These methods are especially useful for marriage and family issues which seem so awful when you're in the middle of them.

This more efficient process is also effective for emotional disorders, such as depression, anxiety, panic attacks and uncontrolled anger.

And for those people who want no counseling but want to make some changes, *hypnosis* offers a safe, reliable, fast and low cost alternative. Most of the emotional issues are successfully treated with hypnosis in days rather than weeks or months.

Smoking can be treated in as little as three days. Eating habits can be altered in as few as ten to twelve brief hypnosis sessions. Most drug abuse including alcohol and marijuana, can be treated successfully.

*Hypnosis* is for people who want to change, but lack the will power or, for some other reason, find it difficult to do what they want to do, or to stop doing what they want to stop doing. Many of the blocks preventing you from accomplishing your goals are in the unconscious part of your mind. So, while you're telling yourself that you don't want to eat the candy bar, your unconscious mind is saying, "eat it. Go ahead, you deserve it." When you tell yourself that you're going to exercise today, your unconscious says, "you're too tired. You can start next week."

*Hypnosis* allows changes to be made at the unconscious level as long as the changes are what you really want. Hypnosis cannot make you do something that you don't want to do.

For more information call **Marty Nathan** at **The Northwest Institute For Rational Counseling**, (847) 934-6555.

## Snoring—Can Your Dentist Help?

by Raymond Kotz, DDS

Possibly as many as 80 million Americans snore while sleeping. Besides disturbing family members, there is even evidence that snoring may increase the risk of stroke according to a study at UCLA.

Snoring occurs as muscles in the throat and mouth relax and constrict the airflow opening. Since the same volume of air must pass through this space, higher air velocity results and vibrations occur. Heavy alcohol consumption and being overweight increase the problem. If the problem is severe enough, complete obstruction of the airway may occur, resulting in a condition called Obstructive Sleep Apnea. This may require evaluation by a medical sleep specialist.

Surgical techniques to reshape the throat, uvula and soft palate have shown variable results with a 20 to 40% success rate.

Dental snoring devices made by your dentist seem to be better with an initial success rate of between 70 to 100%. These devices fit over the teeth of both jaws and a connector prevents your jaw from falling back during sleep. This keeps the airway open, but may contribute to TMJ (jaw joint) problems. With the help of your partner, an evaluation checklist is



completed that helps your dentist determine the need, desirability and the design of an antisnoring device.

Antisnoring devices are relatively new, with early reports going back only to 1993. Although the results seem wonderful, use should be discontinued at the first sign of jaw joint tension, stiffness or pain. These devices should never be used by people who grit or grind their teeth.

For evaluation, consult your physician or **Dr. Raymond P. Kotz** in Barrington at **847-381-4040**.

Barrington Chapter members serving on Lyric Opera of Chicago's Chapters' Executive Board are Catherine Mura and Roger Dickinson, Lake Barrington; Wanda Hollensteiner, North Barrington; Pat Steed, Schaumburg; R. Eustice Klein, Harvard.

Members of the Barrington Chapter are from many communities: Arlington Heights, Algonquin, Antioch, Barrington (all areas), Bartlett, Cary, Crystal Lake, Deerfield, Elgin, Forest Park, Fox River Grove, Harvard, Hoffman Estates, Ivanhoe,

Inverness, Kildeer, Lake Forest, Lake in the Hills, Long Grove, Mundelein, Niles, Palatine, Prospect Heights, Rolling Meadows, Schaumburg, St. Charles, Vernon Hills, Wauconda, West Dundee and Woodstock.

For inquiries on Barrington Chapter membership, please phone Howard Robins at 847-437-2158.

Please visit Barrington Lyric's web site at <http://nsn.nslsilus.org/bakhome/Lyric>. You may also visit Lyric Opera of Chicago's web site at [www.lyricopera.org](http://www.lyricopera.org).

## Are You Tired of Cellulite? Want to Change the Shape of Your Body? Want to be a Size Smaller?

**Barrington Bodywrap** offers a solution to these problems with their "Suddenly Slender Body Wrap."

This is a safe, effective way to help you lose 6 to 20 inches in one wrap.

The Body Wrap, invented by Victoria Morton nearly 30 years ago, works to detoxify the body while it takes away inches. It involves wrapping the body like a mummy in ace bandages that have been soaked in the special mineral solution. After an hour of mild movement, the bandages come off as do the inches.

Men and women can take advantage of

this procedure to flush out the toxins, feel refreshed and loose inches, all in the same process. Men with problem stomachs, waists, midriffs and necks and women with hip, thigh and abdomen problems, loose skin from pregnancy or weight changes will see and feel a difference.

**Barrington Bodywrap** is located on Rte. 59 (Hough St.) and Rte. 14 in the mall next to Jiffy Lube. Parking and entry are at the rear of the building. If you would like information, a brochure or an appointment, call **847-277-0742**. One wrap is \$75 or a series of five wraps is \$325.

## Precious Gift Thrift Shop Now Open Seven Days a Week

Kenneth Young Centers' Precious Gift Thrift Shop is pleased to announce that as of May 7, 1999, the store will be open on Fridays from 10 AM to 4 PM. Located at 1108 S. Roselle Road in Schaumburg, the thrift shop will now be open seven days a week and will feature a special sale every day. The hours are: Monday, Wednesday and Friday from 10 AM to 4 PM; Tuesday and Thursday from 10 AM to 7 PM; Saturday from 11 AM to 4 PM; and Sunday from noon to 3 PM.

A new season is upon us and garage sale mania has begun. Don't miss this excellent opportunity to discard left over garage sale items and spring cleaning casualties. Your donations are appreciated. There is a serious need for volunteers to sort, price and sell donated items. Volunteers are also needed to pick up furniture donations using the shop van. If you would like to volunteer or receive more information, call Betty Jones at 847-524-8807, ext. 156.

## Buy Direct from the Manufacturer

**F.K. Jewelers** is known for their one-of-a-kind jewelry designs which are hand-crafted on their premises. As such, they can offer beautiful original jewelry pieces at very attractive prices—you will get more for your money.

Owner Frank Kopesdy has been a jewelry designer and manufacturer for over 35 years. His motto is: *If you can dream it, we can make it.* He will prove it to you.

**F.K. Jewelers** offers the finest jewelry repair, enhancement restyling or remount services. They understand all the problems that jewelry can develop, and they have the solutions for them. All repairs or services are done on the premises, so you can be assured your jewelry is getting the proper attention that it requires.

Come and visit their beautiful showroom at the Foundry of Barrington and discuss your jewelry desires. They can create that perfect jewelry item for the special person in your life.

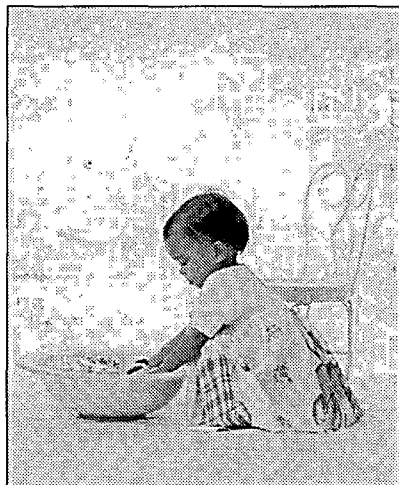


## Cherished Portraiture

From start to finish, **Langdon's of Barrington** and Master Photographer Joe Rush orchestrate all the facets of the portrait process. The final portrait is the outcome of a well-planned, five-step process. This includes a pre-portrait consultation, the sitting, a proof evaluation meeting, finished portrait viewing and finally a framing and portrait presentation. This process will ensure an original and natural portrait, one which will cast you and yours in the "best light."

The result? A cherished professional portrait bursting with vibrant color and detail—Joe's portraits keenly capture the essence of the character of his subjects.

Let **Langdon's** 25 years of experience in excellence work for you. When would you like to see the portrait of your dreams a reality? Call today at **382-5463** and begin the process. It is never too soon to schedule or too early to plan.





**Suddenly Slender™**  
**The Body Wrap**

**Lose 6-20 Inches Fast!**

**BARRINGTON BODYWRAP**

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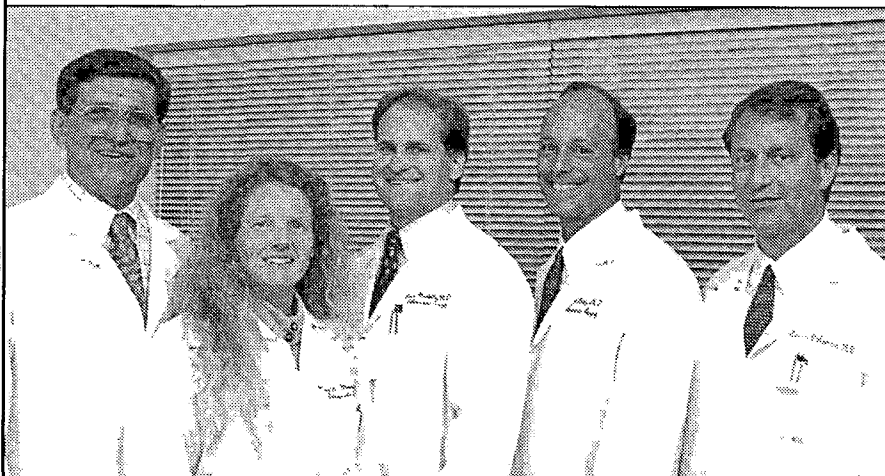


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## Garden Therapy at St. Joseph's Home



Residents of St. Joseph's Home for the Elderly enjoy Garden Therapy.

Members of the Garden Club of Inverness recently conducted a Garden Therapy Project with residents of St. Joseph's Home for the Elderly in Palatine. The project consisted of assisting the residents in assembling spring baskets of silk flowers to be displayed in their rooms at the facility. Approximately one dozen residents participated in the project which was led by

Carolyn Grosch, Garden Therapy Chair of the Garden Club of Inverness. Other club members who participated were Gail Buchholz, Cathleen Laskov, Eileen Mahoney and Rose Schneider. Projects like this one are encouraged and officially sanctioned by the Garden Clubs of Illinois, Inc., of which Garden Club of Inverness is a member in District IX.



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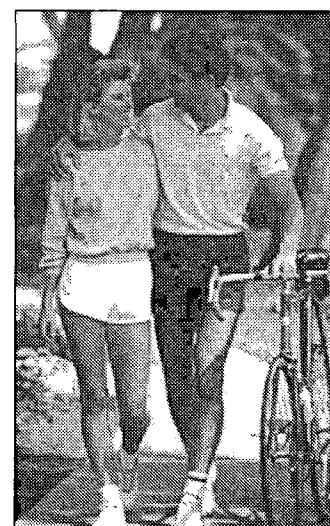
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## Permanent Makeup is Here!

In the **Spa Light Salon** is proud to introduce Ashlee Mangus, permanent cosmetic makeup artist.

Who needs this procedure? If you have uneven or sparse eyebrows or if you have dexterity difficulties that inhibit accuracy. Other candidates for this procedure include people with allergies or contact lenses. If you have experienced temporary or permanent hair loss on lashes, or if you are just tired of applying makeup daily and would like the convenience of permanent makeup, this procedure is for you! Call for an informational brochure or consultation today.

In the **Spa Light Salon** is also proud to announce Tony Costantini and Chris Regalmuto to our salon.

Chris comes to us with an abundant amount of knowledge in makeup and special occasion hairstyles. Chris graduated from Joe Blasco Makeup Academy and we are thrilled to have him as part of our team.

Tony recently relocated and comes to us with 18 years experience. He has owned and operated salons and his all around

experience is a tremendous asset to our salon.

**Happy Fathers Day!** Celebrate the man in your life by giving him a haircut and receive **1/2 OFF** any \$40 service. Also, all men receive **15% OFF** our men's line, American Crew. Gift Certificates available.

Also new for clients, brides receive free round trip airfare to one of eight exciting honeymoon destinations! Book your wedding party of five or more for services and we will give you two round trip airline tickets to one of eight romantic destinations when you stay at participating hotels. Our highly trained hair stylists, nail technicians and makeup artists can service your bridal party needs on your wedding day. Can't make it to the salon? We can travel to you.

Hair Extensions are a specialty of the salon. Longer, curlier or straighter, have the hair of your dreams in one visit! Call for your free consultation.

The salon hours are Monday through Thursday, 9 AM to 9 PM; Friday, 9 AM to 7 PM; and Saturday, 9 AM to 6 PM. Please call for appointments at **847-381-3688**.

## Body Wraps—Here's the "Skinny"

"Body wraps are still new to this area, so I'm glad *Barrington Lifestyles* has given me a chance to answer some of the most common questions about them," says Cindy Krebeck, Manager of **Wrap Me Slender** in Lake Zurich.

"First, this is not a weight loss, but a size loss technique. It is a non-invasive procedure which tones and firms the skin and decreases cellulite while removing toxins from the body and shrinking the spaces between fat cells. We guarantee a loss of six to twenty inches in the first wrap, and the inches will stay off unless you gain weight," says Krebeck.

How does it work?—Before you are wrapped, measurements are taken. Next, porous elastic bandages soaked in a mineral solution are wrapped around the body, concentrating on problem areas such as thighs, hips and midriff. The client then does

mild movement for an hour while the solution works on removing toxins such as sugar, caffeine, nicotine and pollution, which build up in the body just from eating and breathing. This contributes to a feeling of renewal and well-being, as well as the pleasure of having clothes that were too tight suddenly fit again.

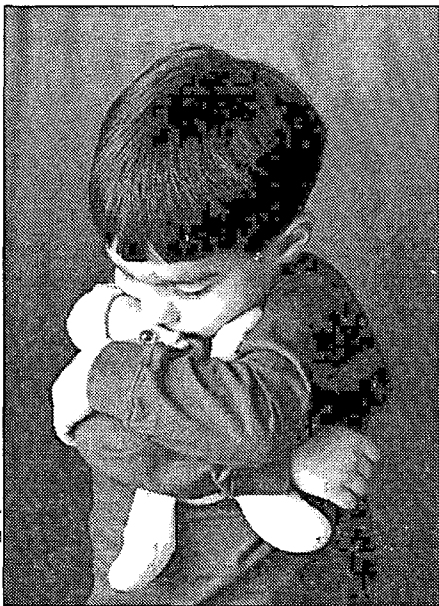
Who gets a body wrap?—Anyone who wants to look and feel better. Our clients range in age from 6 to 73, and about 85% of them are female. Most of the men, who are brought or sent in by their wives, are finding that they not only feel better but their golf games are improving! Many people have had one or more wraps in preparation for vacations or just to look better in their summer clothes.

There is still time to get in shape for summer. Call **Wrap Me Slender** for an appointment at **847-550-8978**.

The Unknown Mummy

## The Timeless Value of Black and White Portraiture

At **Portraits by Thomas**, we believe in the timeless value of black and white portraiture. We have developed our method for planning and creating this art over the past twenty years. Our studio is committed to continually improving on our methods and processes for creating classic lasting portraiture. Our goal is to be accurate and true about the people and relationships represented, to bring feelings of warmth and love into your home that is not available with any other kind of artwork. It is truly a wonderful investment, having lasting benefits that will reward you through the years. Don't pass up the opportunity to have you or your loved ones captured in a fine portrait. Call our studio today for a consultation meeting with Thomas.



Tony Costantini  
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Chris Regalmuto  
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## 13th Annual Summer Art Fair

The Barrington Area Arts Council (BAAC) is thrilled to announce The 13th Annual Summer Art Fair on Sunday, June 20 (Father's Day) sponsored by Northern Trust Bank and Barrington Courier-Review and partially underwritten by Travel House, Inc.

Come take a stroll down Cook and Station Streets in downtown Barrington from 10 AM until 5 PM and visit over 90 juried artists. The BAAC invites everyone to enjoy the day, but requests that the family pets are left at home.

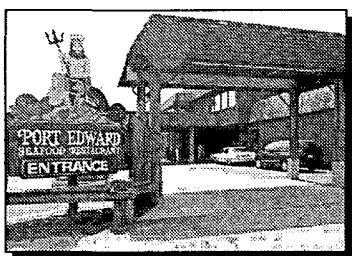
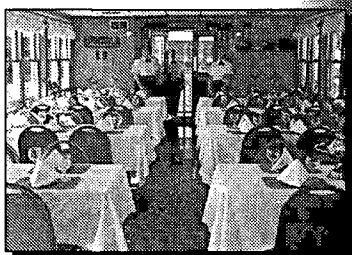
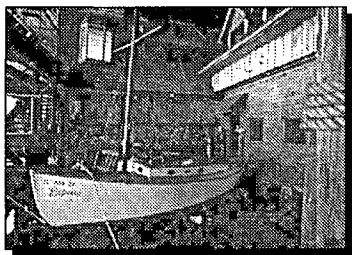
Included in the type of fine artwork that will be offered for sale are: watercolors, oils, pastels, colored pencils, acrylics, ce-

ramics, sculptures, glass, mixed media, photographs, printmaking, fine crafts, jewelry and computer art. BAAC has worked hard to bring this fine selection to the members of our community who appreciate and support the arts.

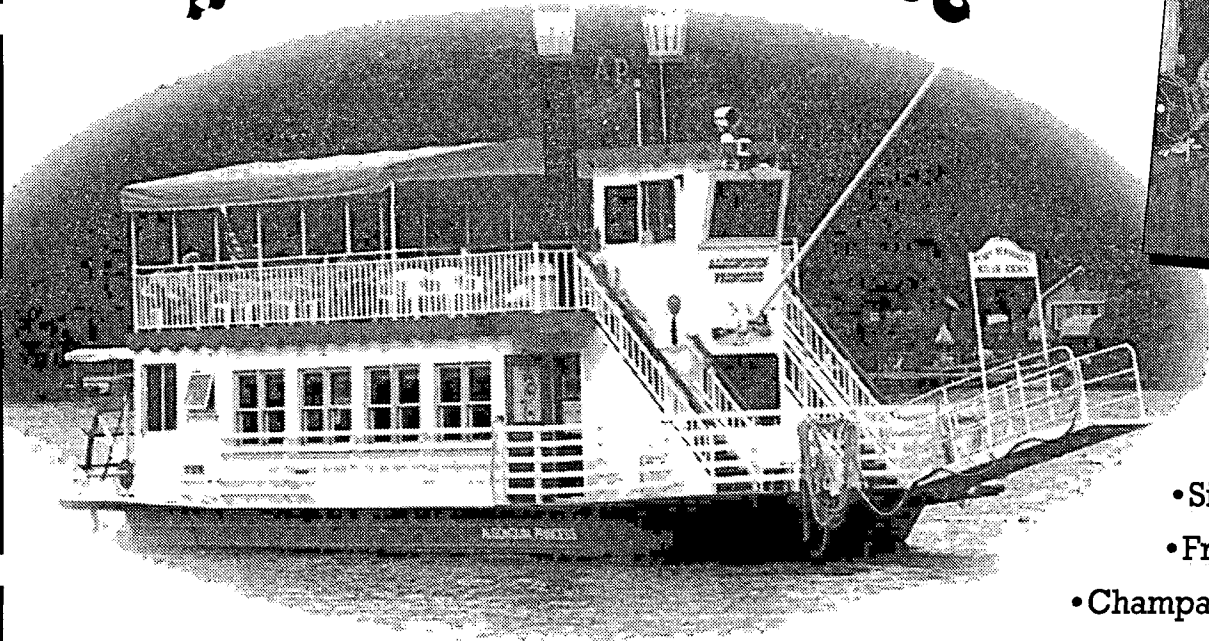
Throughout the day there will also be entertainment and a wide variety of food. Musical sounds will fill the air from Prairie Smoke (folk/popular), Grand Avenue (jazz/swing) and Craig Kenning with his folk, pop and blues sound.

There is no charge to attend this family affair. For more information, you may contact the Barrington Area Arts Council at 847-382-5626.





# PORT EDWARD ALGONQUIN PRINCESS



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- Sight-Seeing Cruises
- Friday Seafood Buffet
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**Restaurant (847) 658-5441  
River Rides (847) 658-3660**

## Summertime an' the Living is Easy

The fish are jumping and you can't help thinking of George Gershwin's great tune "Summertime" from his wonderful stage play *Porgy and Bess*.

To make your life more enjoyable and easier, orchestrate a cruise on the charming "Turn Of The Century" **Algonquin Princess** Paddle boat on the beautiful Fox River.

As you come aboard, Captain Bob and his friendly crew in dress whites greet you with a wave and a smile and escort you to the top deck for relaxing camaraderie. Feed the "Fox River Coho" (actually carp, some as big as three feet) and the mallard ducks with bread that's provided. The competition between the fish and the ducks for the bread provide quite a spectacle. The Top Deck is a great place to unwind with your favorite cocktail or just relax in anticipation of your cruise. Our lush segment of the Fox River offers a *protected* gentle, comfortable cruise while heading upriver to Fox River Grove.

Passengers get a shore yard view of life on the river viewing beautiful homes, sweeping lawns, intriguing docked boats, peaceful gardens, parks and a variety of wildlife. As the captain rings the ship's bell, it's time to go down to the main cabin. Formally set tables welcome diners in the climate-controlled setting reminiscent of turn of the century ambience. The **Algonquin Princess** crew is known for their especially warm, caring and friendly service. Enjoy fine dining service with china, linen and fresh flowers.

The daily cruise menu features boneless Breast of Chicken for lunch with a savory imported Marsala wine sauce with shallots and fresh mushrooms served with rice pilaf and fresh vegetables. The dinner is a spectacular double speared Brochette with medallions of prime Filet Mignon, large succulent Gulf Shrimp with fresh mushrooms, red and green sweet peppers, cherry tomato and onion over rice pilaf. All meals include an elegant fresh fruit platter, signature marble pumpernickel rye bread and butter, dessert, coffee or tea. Full cocktail service is available as well as a fine selection of Wines and Champagnes. The Port Edward River Rides' staff can arrange a variety of menu selections when the "Princess" is chartered.

The **Algonquin Princess** and staff has successfully managed intimate international wedding ceremonies and receptions. Plan to turn that great event into a memorable one and experience the good taste, luxury and the turn of the century ambience aboard the romantic Algonquin Princess Paddle Boat. Renew friendships with a memorable evening or afternoon with camaraderie and great fine dining and river viewing. Strut the gangplank at Port Edward Restaurant Docks in Algonquin and start your backyard vacation.

The **Algonquin Princess** cruise makes getting away elegantly simple. And simply elegant.

Port Edward Restaurant Docks are at the Rt. 62 Bridge and the Fox River. Call 847-658-3660 for information and reservations.

## Wellness Challenge Golf Outing Set for July 12 at Turnberry Country Club

The organizing committee for Wellness Place, a non-profit cancer support center serving the northwest suburbs and much of McHenry County, hopes to open its doors somewhere central to its northwest suburban service area by the new millennium, offering free of charge psychosocial support, education and encouragement to those living with cancer. In order for this dream to become a reality by the dawning of 2000, fund-raising in the near future must indeed be successful.

The first major benefit undertaking for Wellness Place is a golf outing called Wellness Challenge, slated for Monday, July 12 at beautiful Turnberry Country Club in Lakewood. Gary Martin, event chairman, reports that registration will begin at 11 AM with use of all practice facilities and patio luncheon up until the shotgun start at 1 PM. Net two-best ball format will be played in a field of 128 players. On course, a beverage cart will service the players, and long drive and closest to the pin events will add excitement to the day. From 6 to 8 PM, cocktails and a substantial hors d'oeuvres buffet will be interspersed with awards and exciting prizes.

Registration for golfers is \$295 per person. Non-golfers are invited as well and can use Turnberry's facilities for swimming and tennis and/or can join in for the

luncheon or the cocktail reception for a registration fee of \$95 per person. Registration forms are available from Gary Martin; call 847-277-1705. Golf participants can arrange their own foursome or be matched with others by the committee. Players of all skills are welcome.

Businesses and individuals interested in sponsoring golf-related activities such as hors d'oeuvres, golf awards, tee and green signs, par 3 long drive prizes and the like are encouraged to contact Martin for a sponsor form. Volunteers are also needed to help with special functions of the golf outing.

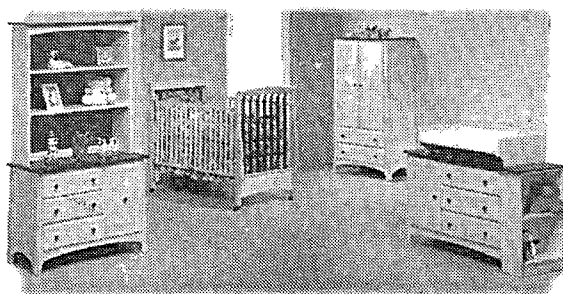
Wellness Place, modeled after Wellness House in Hinsdale, is the vision of two female cancer survivors in the greater Barrington area who know from personal experience the need for a place of encouragement, support and education while undergoing traditional medical treatment. A homelike setting is currently being sought where licensed professionals will lead weekly support and skills training groups, workshops, seminars, relaxation sessions and other activities for cancer survivors and their families. A library will be available for continuing education and resource materials.

For further information about Wellness Place or to join the volunteer corps, please call 847-382-4591.



## Spring Savings Throughout the Store

Whether it's for playtime or something for a special occasion, **Little Munchkins** has all the clothing you need for your youngster and all the brands you love! Accessories such as hair bows, bonnets, caps and hats to coordinate are arriving as well. Available sizes are preemie to four toddler.



**Be sure to clip the coupon in the Little Munchkins ad and save \$20 OFF any purchase of \$100 or more.** Some restrictions apply. Offer expires June 30, 1999. **Little Munchkins** also carries the exquisite upscale Ragazzi furniture. twin/full bunk beds, dressers, cribs and bedding, along with the latest in cradles and strollers, are available as well.

See why shopping at **Little Munchkins** is a Grandmother's Dream!

**Little Munchkins** is conveniently located at 200 N. Hough Street in downtown Barrington.

## Skin Scanner is Back!!

If you've been scanned before or you have never been scanned at all, your opportunity to have your skin closely analyzed will be on June 26. This will assist you in educating yourself on the full depth of the state of your skin. Our Esthetician Tammy at **L'Auberge** has received advanced training and is uniquely qualified to provide the most expert skin care treatments and advice. The skin scanner will provide you with an understanding of your skin's needs including hydration, dehydration and, something we all worry about, sun

damage. It will provide all this, as well as much, much more. Tammy is your personal skin care specialist and will educate you about your skin and guide you through a simple, customized home care regimen so that you can achieve and maintain truly remarkable results. Dermologica is a state-of-the-art skin care system combining the latest advances in ingredient technology with age old treatment traditions to achieve optimum skin health. Call **L'Auberge** at 847-277-7000 and make your appointment today.

## Feeling Good About Yourself

by Judy Kaplan, MS

What does it mean to feel good about yourself? What is good self-esteem?

Self-esteem is a term we hear very often. It is the positive feeling and regard that you have for yourself. Feeling good about who you are is having good self-esteem. It means that, most of the time, you generally feel confident, proud and happy about the way you conduct your life, positive about the choices you make; you accept the disappointments and challenges in life and learn from the mistakes that you make; that you strive to be the best you can be; that you do the things you need to do and want to do as much as you can; that you are satisfied with your best efforts and can forgive yourself and others when something doesn't go well.

Feeling good about yourself also encompasses your satisfaction in how you look and how you take care of yourself. When a change needs to be made, a person who feels good about himself or herself can proceed to make the changes necessary to have the life that they want or achieve the goals that they set out to accomplish. It has been said that the highest self-esteem comes from doing that which one doesn't want or like to do, but knows that it is the necessary thing to do. For example, going out for that first, painful day of exercise—it is hard to do. People always report back that although it was tough and they didn't want to do it, it did improve how they felt about themselves. High self-esteem doesn't

come necessarily from having an easy path in life; it is a product many times of living through the more challenging times and doing those things that are hardest to do.

Why is it so important to feel good about yourself?

The importance of having a high self-esteem is crucial to all aspects of a person's life. It is particularly important to have positive relationships with family, friends and associates. People that don't have high regard for themselves often struggle with relationships with others. It is important to making successful and positive choices in life because when a person doesn't feel good about themselves, their choices can be clouded by negative feelings that they have. Poor choices lead to feeling even worse. Not being able to learn from poor choices and continuing to make them makes one feel worse and worse. It becomes a circle of pain, sadness or discontent. People that don't feel good about themselves have a "blind spot" about where their difficulties are coming from.

If you struggle with self-esteem issues, you are not alone. Life includes many challenges for us all to overcome. Sometimes, a new perspective can help clarify some of the problems. A strategy toward building self-esteem is as important as a strategy to build a new business. It must be planned and worked toward. Call if you need some help at 847-842-9365.

## Spring Savings throughout the Store!



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Any Purchase of \$100 or More

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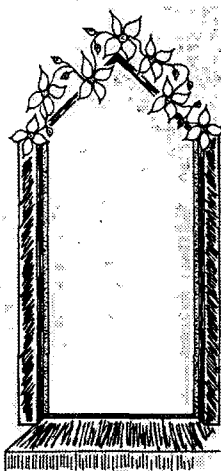
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- Bunk Beds
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| <input checked="" type="checkbox"/> assessing the problem           | <input checked="" type="checkbox"/> collaborating on solutions        |
| <input checked="" type="checkbox"/> lending clarity to the problem  | <input checked="" type="checkbox"/> establishing goals                |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback                |
| <input checked="" type="checkbox"/> offering support & objectivity  | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

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## Kenneth Young Centers Receives \$100,000 Grant to Build "Bridges"

Kenneth Young Centers has won a competitive grant from the Illinois Office of Mental Health to create connections between community service providers, bridging gaps in service for children and adolescents with mental health concerns. The grant is one of 16 in Chicago and suburbs, made possible by resources saved with the closing of state hospitals.

KYC will hire additional staff to effect linkages to schools, police, child welfare, healthcare and the juvenile justice system. Of top priority will be an increase in service outreach to children's homes, enhancement of relationships with school staff, liaison and training with police and

the juvenile justice system and case management related to substance abuse.

"This grant will upgrade service to kids with serious emotional disturbances," says KYC CEO Mitchell Bruski. "We will be trying to expand our reach into the lives of children and the service networks that deal with them the most."

Kenneth Young Centers, based in Elk Grove Village and serving the northwest suburbs, was founded in 1970 and is dedicated to promoting behavioral health. KYC delivers a broad range of community based mental health, prevention and social services to clients of all ages and mental health status.



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See Our Editorial For June Specials →

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MONDAY 1-9  
TUES-FRI 9-9  
SAT 9-5

377 W. NORTHWEST HIGHWAY (CENTURY PLAZA) • PALATINE



## "A Touch of the Arts" ...A Touch of Class



Dede Wamburg, Co-Chair along with ReAnn Scott, welcomes guests to the Annual Friends of BAAC's "A Touch of the Arts." Held in late April at the Biltmore Country Club, the event was deemed a success both financially (with proceeds of over \$16,000 to benefit the Barrington Area Arts Council), and enthusiastically, (unique and beautiful).



Michele Gillett modeled a lovely, soft woven suit by Svetlana of Burdett, New York. Svetlana weaves the clothe as well as designs the garment.



Mary Derbyshire looked terrific in a design from Knit Nits. This company is from Ireland and specializes in knits. Knit Nits was part of the boutique collection.



Stunning and dramatic best describes Teddi Martin in her ensemble designed by Judy Barnes Baker. This design was handpainted on ultrasuede by Ms. Baker, a Barrington resident. Other member models included: Paula Dau, Gretchen Grant, Janese Killian, Colleen Noyes and Pam Stephenson.

## Getting Married? Now it's Time to Get Your Appointment with Claude Thomas



Taking care of you is serious business... but we make it fun too.

Wedding specials are our specialty. For the bride we have a special including trial styling and make-up before the wedding. And for that special day—your styling, manicure, pedicure, mini-facial, 10 minutes of massage therapy, and make-up application for \$158. This is normally a value of \$210, but as the bride you receive a savings of \$52.

This month we have an offer of a mini-facial for \$25. Take advantage of this offer and pamper yourself. We also have a great offer on our body wraps that remove inches and speed up your metabolism. During June this service is **20% off**. Now that it is warmer we are showing more of ourselves and **Claude Thomas** has a special of **10% off** on all body waxing.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each print out.

Come in for a hair color change and receive a **20% discount**.

Now is the time to start thinking about open-toed shoes and sandals. **Claude Thomas** has a special on a manicure and pedicure package. This is regularly a \$45 value but, in the month of June, it is \$38.

Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

**Claude Thomas's** doesn't follow fashion... we create it!





# Celebrate the Occasions...

## Dad, Grad and Bride



### Give Dad What He Truly Deserves— A Massage!

This Father's Day, treat Dad to an hour (or two!) of deeply-felt relaxation. Can you imagine how much he would appreciate that?

At **Massage Movement**, the environment is a peaceful, comfortable, professional office suite setting. The music is unbelievable. The attention is undivided.

The result is wonderful.

Call now at **847-304-5112** and order your gift certificates. Therese Pol, owner of **Massage Movement** and nationally certified in Therapeutic Massage and Bodywork, draws upon a decade of experience and expertise to create a totally relaxed state of being.

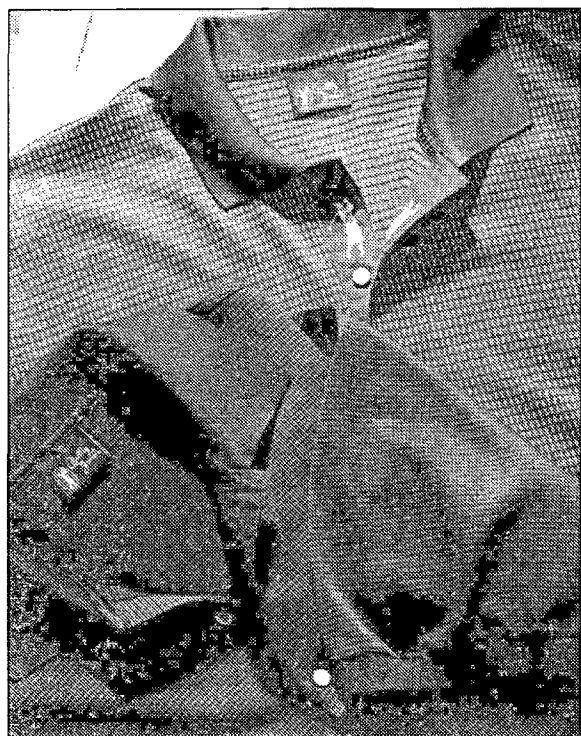
### Caregiver Program

The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend the following Caregiver program held at the Barrington Library, 505 North Northwest Highway.

"Care of the Aging Eye" will be held by Dr. Carol Schmidt of Premier Eye Care

and Surgery, Ltd. on Tuesday, June 22 from 7:00 to 8:30 PM. She will discuss various signs and symptoms which indicate possible eye problems and how to care for these conditions.

For more information or to register, call BACOA at 847-381-5030.



**C**rafted in Italy, made from the finest long-staple cotton, double mercerized for extra strength and luster, with signature player tape and engraved center cut mother-of-pearl buttons.

The standards by which the fabric is selected, the level of dedication to craftsmanship, and the care taken to create remarkable comfort—these are the characteristics that set the Bobby Jones Collection apart from all others.

It has made Bobby Jones the most sought after collection of golfwear and sportswear throughout the world.

Purchase any Bobby Jones item between now and Father's Day and receive another of equal or lesser value at half price. Also, register for a golf package at Eagle Ridge Resort! No purchase necessary.

Bobby Jones is available at **Chuck Hines** on Main Street in downtown Barrington.



FOR FATHER'S DAY  
MAKE A DIFFERENCE  
FOR DAD



Call

Therese Maria Pol  
847-304-5112

Buy a One Hour Massage Session  
gift certificate for Dad and receive  
a half-hour massage FREE for you.

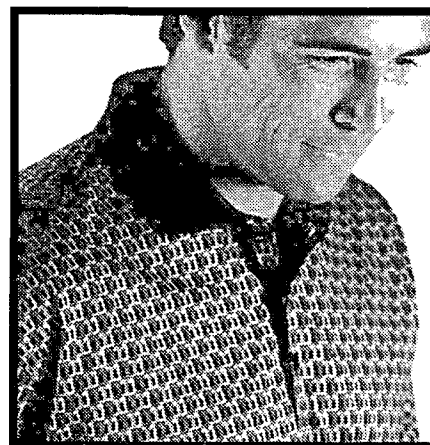
202 S. Cook St. • Barrington

## Make Dad's Day!

with something from our AXIS golf collection

Come in before  
Father's Day  
and register for  
your chance  
to win a  
**GOLF  
GETAWAY**  
at Eagle Ridge  
Inn & Resort  
in Galena.

No purchase necessary.



**FATHER'S DAY**  
is  
Sunday,  
June 20th

**Chuck Hines**

*Fine Apparel & Accessories  
for Men, Women & Boys*

141 W. Main • Barrington • 381-6616

MON-WED & FRI 9:30-6:00 THU 9:30-8:00 SAT 9:30-5:00

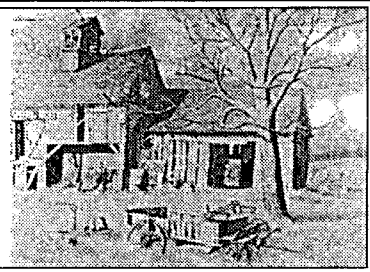


# Tina Han Gallery & Custom Framing

Ice House Mall • Barrington, IL • (847) 382-1030

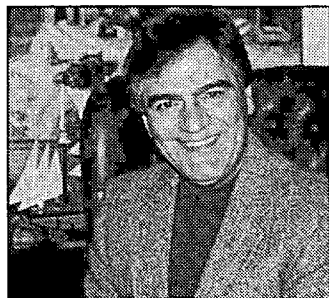
H. HARGROVE

Images of America



## Famous Artist to Visit Area Gallery

Exciting plans are taking shape at **Tina Han Gallery**, in the Ice House Mall, for a special guest artist and his famous works of scenes depicting a variety of Americana.



H. Hargrove noted as "living his art."

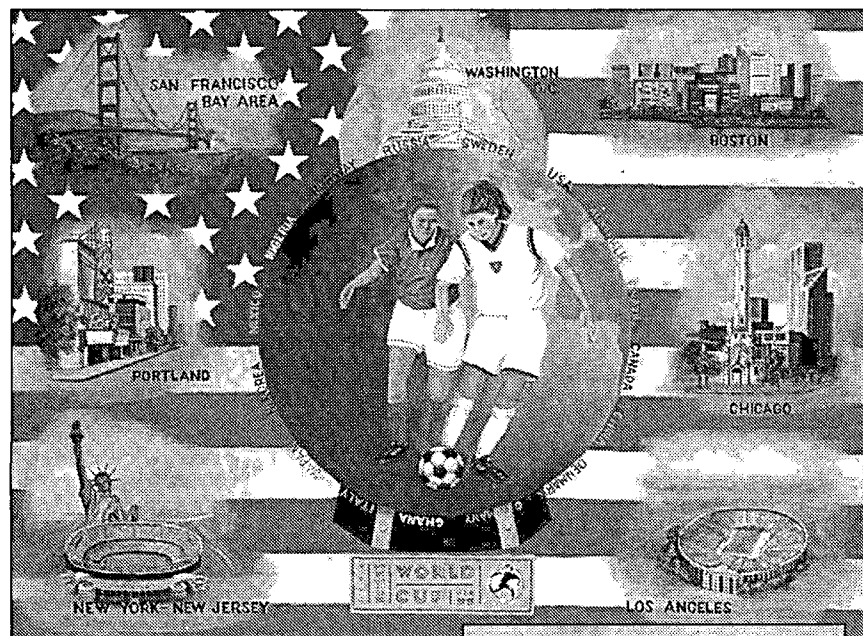
especially appreciate his remembrances of actual rural scenes in the Midwest.

The gallery is very fortunate to have H. Hargrove bring his collection of paintings, serigraphs and lithographs which nostalgically capture all seasons of life the way we want them remembered. Collectors in this area will

In light of his talent and sensory realism, he was commissioned as one of the official artists for the 1996 Olympic Games. Gaining notoriety both domestically and internationally, he was selected to paint the commemorative piece for the 1999 Woman's World Cup Soccer Tournament. **Tina Han Gallery** is honored to exhibit this original commemorative painting entitled *The World is Watching* on June 24, 1999 through June 27, 1999.

The general public and H. Hargrove collectors are invited to meet the artist at the gallery on June 26, 1999. The artist will be graciously obliged to sign his pieces while discussing his interesting heritage.

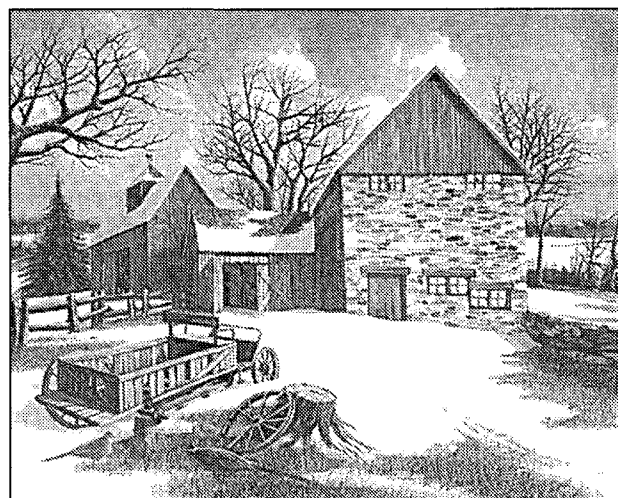
Oddly, H. Hargrove stayed away from his early art shows, figuring the public would not appreciate the connection between the European artist and his Americana style. Thirty years later, he and his followers are mutually devoted and look forward to coming together. Besides the charm evident in his works, his charisma is abundant in person. He exudes enthusiasm and kindness while he graciously expresses gratitude to all who admire his art.



*The World is Watching*



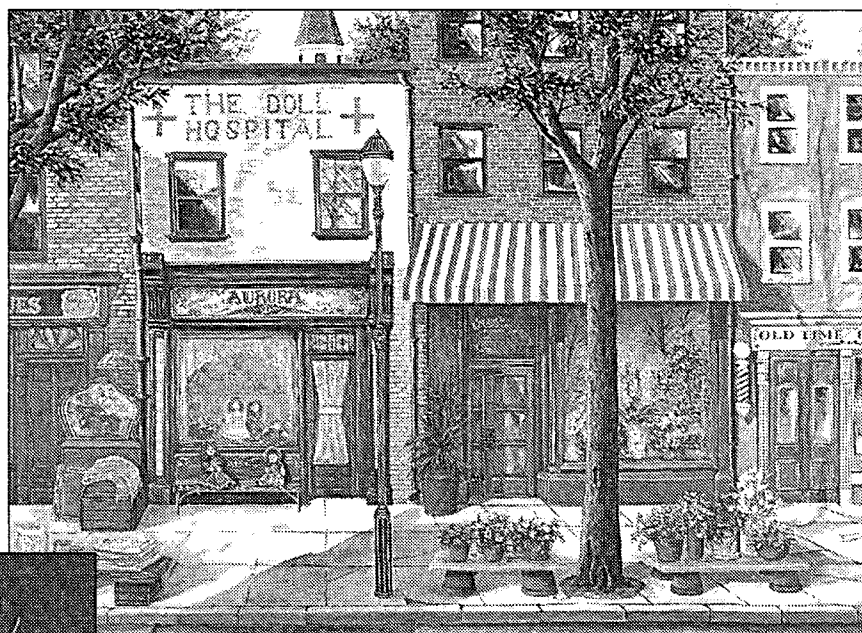
*Tea and Chocolates*



*Winter's Pheasants*

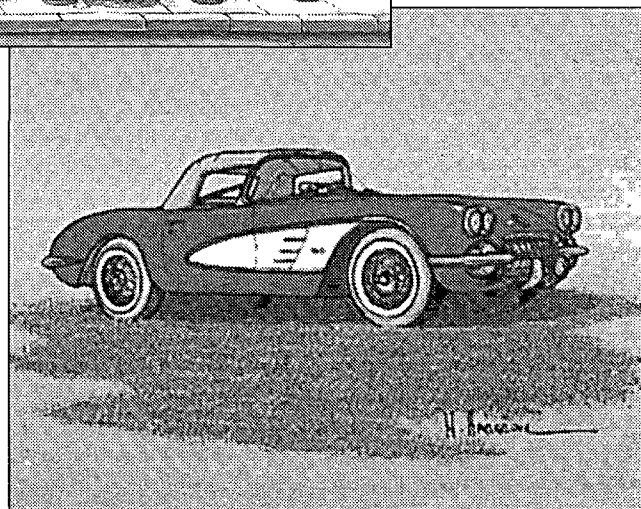
20 x 24

The name H. Hargrove (synonymous with well known painters of typical American life such as Norman Rockwell, Andrew Wyeth and Grandma Moses) was born out of an Italian immigrant who came to America in 1964. As an impressionable wine chemist in his early twenties living in upstate New York, he was sensitive to the lovely surrounding landscapes and began to paint scenes of what flourished around him. Understandably, he fell in love with the American countryside and consequently developed a deep admiration for his adopted country. His ability to capture a true portrayal of America's heartland has afforded him many accolades in the art collectors' community.

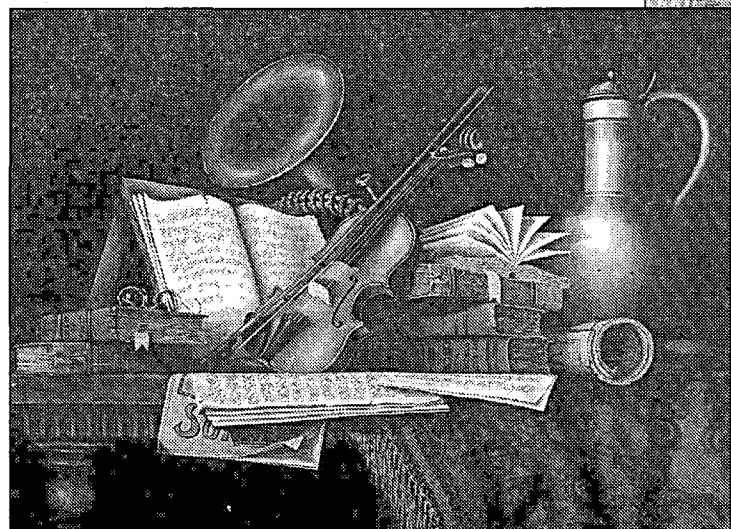


*Remember When* 20 x 24

To know H. Hargrove is to know sentimentality. He's an individual who adores and highly respects his ancestry from which he credits his ability to capture life's tender images. He is proud to use the trademark "Images of America on Canvas" as a form of dedication to the many benefits of American life he enjoys. A more patriotic person you could not find.



*'59 Vette*  
8 x 10

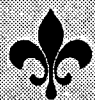


*Timeless Melody*

In 1992, the H. Hargrove National Collectors' Guild was formed to herald a massive base of enthusiasts. His works can now be found in millions of homes. A newsletter, *The Hargrove Collector*, is sent out four times a year, full of tales associated with the artist's past and current achievements.

He is delighted to reminisce about many stories of his encounters worldwide and what brought him to be called H. Hargrove. You won't want to miss time with H. Hargrove to enjoy his enchanting narratives, both on canvas and from the heart.

For information, call 847-382-1030.



## Barrington ICE HOUSE MALL



### Spring at She & I Salon

Now that prom and wedding season is among us, come in and take advantage of all that we have to offer.

We specialize in new techniques in permanent waving, precision cutting, texturizing, razoring, highlighting, coloring and format hair-styling—a unique

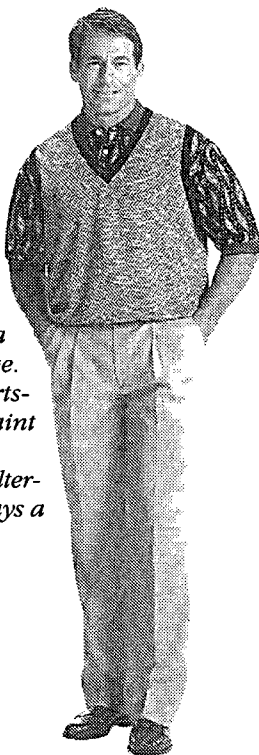
approach to personal style that celebrates the individual. Come see the latest in hair accessories! Look your best at graduation; graduate in style!

Gift certificates and consultations available. Call **She & I Hair and Nail Salon** at **381-5403** for your appointment.

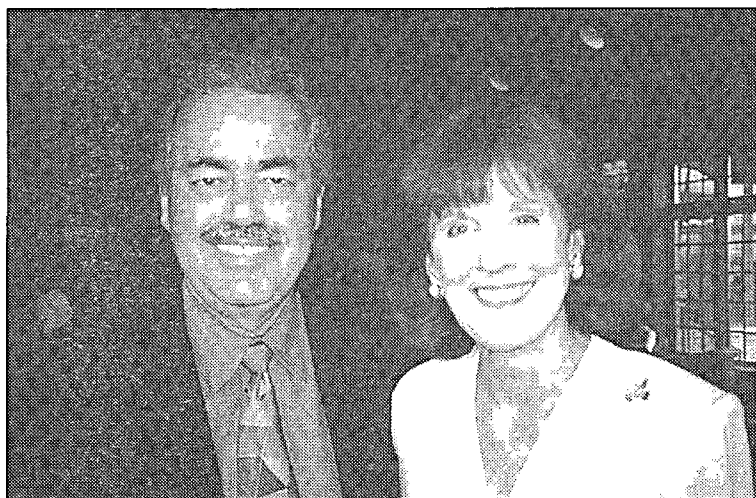
**W**hether Dad is a golfer, a fisherman, a runner or just "King of the Remote Control," let him know what a great guy he is in your eyes with a special gift selection from **Peter Daniel of Barrington**. You'll find golf clothes from Como, Polo, Barry Bricken and Ashworth to name a few. Or perhaps accessories from Swiss Army including watches, knives, pens and key chains. We also carry a complete line of Tumi leather goods from wallets to luggage.

Stop in at our women's department for casual sportswear from Fresh Produce, Canvasbacks, David Dart, Saint Germain and Dana Buchman.

**Peter Daniel** offers special orders upon request, free alterations, free gift wrapping and UPS. We are open seven days a week for your shopping convenience.



### Meet the New Leaders of BCLOC



**Mary and Howard Robins, Co-Chairs of Lyric Opera of Chicago's Lecture Corps**

In addition to heading Barrington Chapter of Lyric Opera of Chicago, Mary (President) and Howard (Vice-President) Robins from Arlington Heights are Co-chairmen of Lyric Opera of Chicago's Lecture Corps.

The Corps has three constituencies bringing an education of opera to adults and students. The adult lecturers present the history, story and musical vignettes on each of the season's eight mainstage productions to high schools and over 400 sites in Chicago and the suburbs. The back-

stage lecturers lead students, grades three through college, through tours of the Ardis Kranik Theatre's backstage. And the opera in the classroom lecturers introduce opera to grades three through five with an opportunity to produce a mimed version of a selected opera each school year.

Howard and Mary provide workshops, training and orientation days for this volunteer educational army of over 125 people. They are entering their fourth season as Lyric's co-chairs.



*She  
& I*  
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Walk-Ins Welcome • Gift Certificates Available

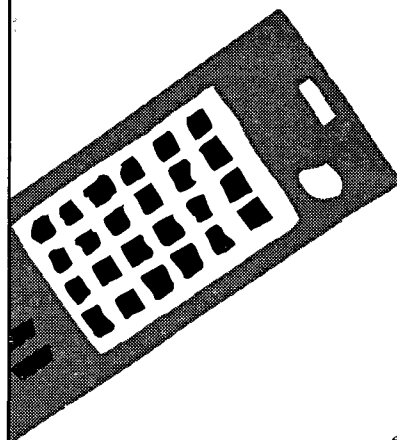
The Ice House Mall

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Barrington

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gifts under  
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Sat 9:30-5:30pm • Sun 11-3pm

Barrington Ice House • 200 Applebee • **847.382.6676**



### Summer Theatre Workshop

Young actors, learn the "ins and outs" of the exciting world of the theatre. The Barrington Area Arts Council (BAAC) will sponsor its annual Summer Theatre Workshop for students ages 5 through 15. The workshop will be conducted at the Barrington Middle School Station Campus from 10 AM to 3 PM on Monday, June 14 through Thursday, June 17; and 3 to 8 PM on Friday, June 18, with a possible additional rehearsal on Friday morning. The final performance of *The Wiz of the West* will be Friday evening at 7 PM for students, friends, families and all other

theatre enthusiasts.

This year, the workshop will be presented by Missoula Children's Theatre of Missoula, Montana who has refined and developed their theatre workshops since its conception in 1973. The children will participate in discussions, theatre games, acting skills, creative projects and learning scenes from the production of *The Wiz of the West*.

The cost is \$65 for BAAC members or \$75 for nonmembers. For reservations and additional information, call the BAAC Gallery at 847-382-5626.

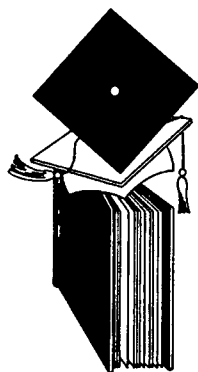




# TRANQUILITY

THE SALON/DAY SPA

## What Do I Give The Bride, The Grad or Dad?



What do I give to the bride, bridal party, graduate, birthday person or dad this month?

We know its hard to pick out a gift for so many diverse occasions and are very happy to help you. The problem of gift giving is solved right here in your home town. You will not have to worry about what size to buy or do they already own one.

The person to whom you give the gift will know you have chosen one of the top day spas in the northwest suburbs. We can say that because the *Chicago Tribune Magazine* named us for the second time in their February 1997 article on day spas.

Every person needs to relax and we provide two massage therapists, a facialist who specializes in the four layer facial and two nail technicians who will pamper your hands and feet. Years of experience and our repeat business shows that we really care about our clients and they look forward to their next visit.

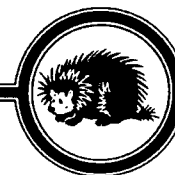
Our hair designers are the best in the area. They not only have years of experience, but more importantly they know how to listen to you and help you through the process of change to make you look your best.

Our job is to make our clients and you look good. Just give your special someone a gift certificate from **Tranquility** and they will thank you for a long time to come.

Our prices range from \$10 to \$230. We know you will be glad you gave the one you care about a gift of **Tranquility**.

Phone (847) 382-6001 for appointments or questions. Walk-ins are also welcome.

Tranquility has again recently been chosen one of the Northwest Suburbs top day spas by *Chicago Tribune*!



123 W. MAIN STREET

Call for Appointment

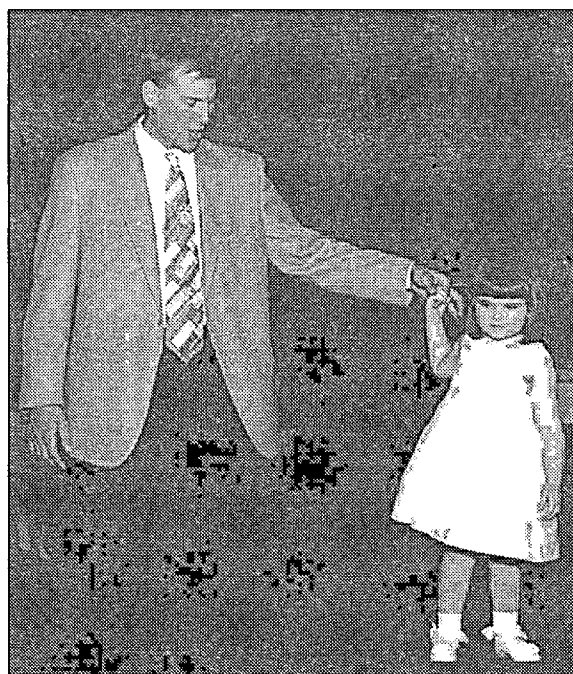
**382-6001**

BARRINGTON

## Barrington Chamber Fashion Show Luncheon Shows Off the Best



Lovely fashions from 19 clothing stores in the Barrington area were shown at the Chamber's Annual Staff Appreciation Day in April. Shown here are Kyle Dockery and Sarah Dockery of Adco Van & Storage, Inc. Kyle modeled a sport ensemble from Pasquesi. Sarah wore a Tommy Bahama wrap skirt with a silk and cotton knit top from Chuck Hines.



Dr. Jason Van Ness looked very dapper in a sportcoat from Peter Daniel while little Mary Beth Wilson showed off her LULU butterfly and blue chiffon dress from Jump Street. Jason is owner of Van Ness Chiropractic. Mary Beth is the daughter of Charlene Wilson, owner of Mary Kay Cosmetics. The luncheon, held at the Barn of Barrington, was a salute to Barrington's working men and women and the Barrington Area's fine fashion stores. Adding to the ambiance, Sheryl Saunders was the pianist for the show.



Karen Lea Cline, owner of Lea Image Studio, modeled with her daughter, Krista. Karen wore a Komaron oatmeal lined pant and shell set topped with a long vest from Savvy Spirit. Daughter Krista looked sweet in a linen dress by Plum Pudding with a pink paper crocheted hat from Tommy Terri Shop. The fashion commentator for the event was Beth Johanson of Peter Daniel Apparel for Men & Women.



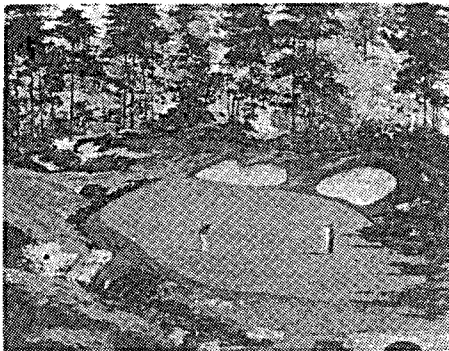
## Father's Day at Art and Frame Galerie

**Art and Frame Galerie**, the area's premier frame shop and art gallery, has stocked a full line of quality artwork with a wide range of subject matter to suit all tastes.

Gallery specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf, and unique collectibles are among the wide variety of affordable items available at **Art and Frame Galerie**.

Terry Ingerson, gallery owner, suggests that a perfect Father's Day gift for the golfing dad might be a colorful framed lithograph of championship golf courses by Mark King, Tom Lynch or Larry Dyke—a great way to enhance the decor of Dad's office or den.

For a solution to your wall decorating needs, stop at **Art and Frame Galerie**



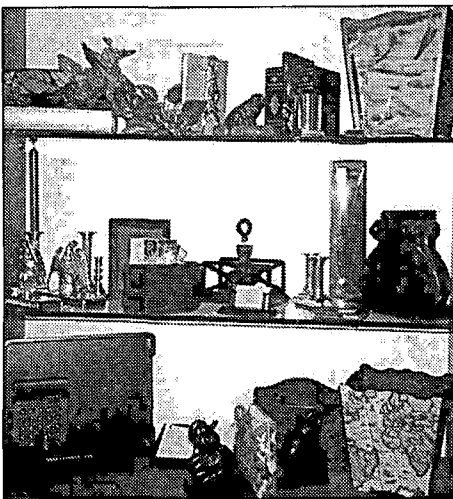
*Augusta Landscape #13*  
by Mark K. King

located in Lake Zurich or call **540-8070**. The shop is conveniently located at the corner of Rand Rd. and Rt. 22 behind the First Chicago Bank and next to D & J Bistro restaurant.

## "I Remember Papa"

...with a thoughtful gift from **Little Shop of Papers**. Accessorize Dad's desk with handsome mahogany pieces—wastebaskets, letter trays, pencil cups and more! Select leather or brass bookends and a lovely frame with the family photo to complete the picture.

There's still time to order personalized stationery for Dad's day. With name, initials or monogram, it's a great way to say you're thinking of him.



## Barrington Friends of Home of the Sparrow Spring Luncheon Opportunity for Sparrow Work Update



**Pictured are: (left to right) Ann Emery, Pat Galus, Cheri Pagonis and Nancy Gotsch, all from the Barrington area. Ms. Galus was presented the Wings Award for outstanding volunteer involvement.**

Barrington Friends of Home of the Sparrow gathered recently not only to socialize but to update themselves on the various aspects of Sparrow work and recognize the involvement of its many volunteers. Tables were decorated with delightful centerpieces created by Shirley Welsh using hand-crafted bags and sports hats lent by Pam Masse and Jeani Jernstedt of Bags 'n Bloom. Pam and Jeani also donated a generous portion of item sales.

Speaking at the April 29 luncheon held

at Barrington Hills Country Club was Laura Langley of Sparrow administration who gave an impressive summary of Sparrow work and its continued efforts to aid homeless women and children through programs of transitional housing, education and counseling. Need is evident. Sparrow receives over 100 request calls a month and currently houses over 70 individuals per night in locations within McHenry, Crystal Lake, Woodstock and Palatine.

(Please continue on page 55)

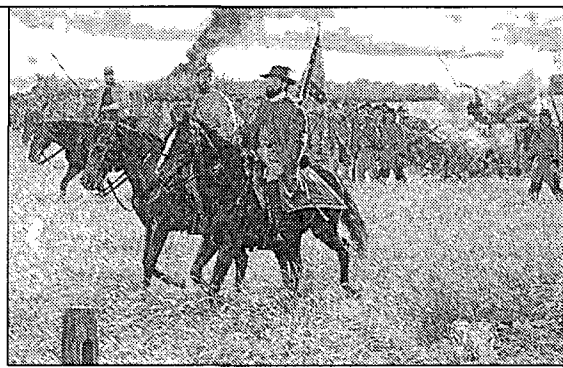
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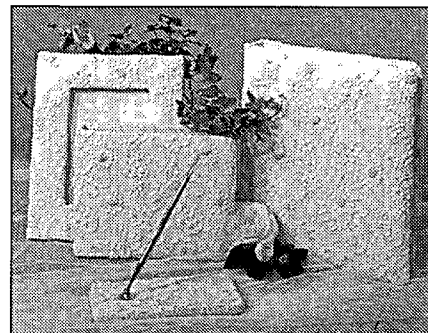


*"We Gained Nothing but Glory..."*

by Bradley Schmehl

*Make "Little Shop of Papers"*  
*your choice for Bridal Guest Books...*

*Choose from hand beaded moire,  
natural silk decorated with  
embroidered ribbons, overall beaded  
lace and handsome handcrafted  
paper. From tailored to elaborate  
you'll find it at...*



*Little Shop of Papers, Ltd.*

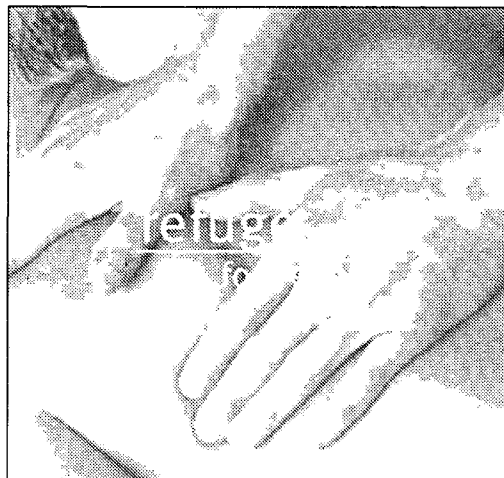
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*Barrington*

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**The Perfect Gift**  
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**an Hour Massage**  
**with Our Certified**  
**Massage Therapist...**  
**\$60**

**Satisfy the urge to unwind.** Take a quick break over lunch, after work, or anytime to soothe the strains and stresses of everyday life. Luxurious spa treatments with the nourishing benefits and refreshing aromas of pure flower and plant essences. Pure pampering for everybody—Aveda.

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Get personal with our 20 certified trainers and maximize your fitness efforts. Whether in-studio or in-home, our individualized programs concentrate on the needs of your entire body, resulting in more efficient, more educated and more effective training.

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**PERSONALIZED FITNESS**

COMMIT TO GET FIT

## 43rd Annual "Run for the Roses" Lands Infant Welfare Society in Winner's Circle



"Run for the Roses" benefit committee chairs and Millinery Arts Alliance members celebrate the success of the 43rd Annual Infant Welfare Society Derby Day benefit held May 1 at Galleria Marchetti. Pictured from left are: Annette Peterson, Eia Radisavljevik, JoEllen Zacks, Sandy Young, Veronica Chin, Diane Jacobson, Susanne Wiesen and Dana Richter-Stewart. Photo by Paul Rizzo.

If you couldn't be at Churchill Downs May 1, the best place to celebrate the 125th Kentucky Derby was the Infant Welfare Society of Chicago Near North Auxiliary Chapter's "Run for the Roses" held at Galleria Marchetti. "Charismatic," the name of this year's Derby winner, served as a perfect description of the society's 43rd Annual Derby Day Benefit which delighted and amused guests from post-time to the finish line.

More than 100 revelers were on hand for the lively bash, which got out the gate with a bang. Hot Dixieland jazz by the Studs Studebaker Trio greeted party-goers

who enjoyed lavish hors d'oeuvres and sipped mint juleps as they perused an extensive silent auction and a "Salon de Chapeaux" by Millinery Arts Alliance members Veronica Chin, Eia Radisavljevik and Susanne Wiesen.

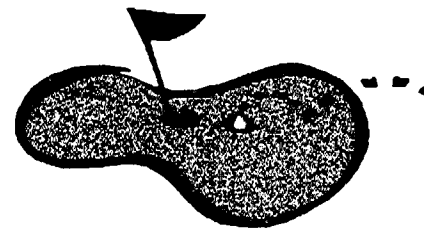
Chairing the "Run for the Roses" committee were Near North Auxiliary members Diane Jacobson, Annette Peterson, Sandy Young and JoEllen Bursinger Zacks.

Mother Nature provided the perfect backdrop to the Derby festivities. The breathtaking beautiful weather lured Infant Welfare supporters to the lovely gardens adjacent to Galleria Marchetti,

## Go Golf, Dad

Chances are, either you or someone you know golfs. If so, you know there is a good deal of practice involved. Keep in mind the old adage, "Practice doesn't make perfect, perfect practice makes perfect." You may have received lessons from someone but you're having trouble applying what you learned. Everything seems to change when the little white ball is in front of you.

We can put an end to that! Regardless of what you have been told, it may be possible to increase the range of motion of your spine. One of the problems that most people have in their golf swing is a lack of range of motion in their thoracic spine (mid to upper back). The golf swing can involve up to 90% of the muscles in the body and takes the spine through up



to 100% of its range of motion. If your spine is stiff, it will change your swing.

Now the solution...

At **Personalized Fitness, Inc.**, we are certified, degreed and experienced in increasing range of motion and strength of the spine and related muscles. We have worked with top ranked amateur golfers like Andy Gablemann and Medina's Head Pro Mike Harrigan.

## Barrington Junior's '99 Summer Kicks Off

Barrington Junior Women's Club (BJWC) has named their new 1999-2000 President and she is none other than Kathy Maca. (This past year, she served as Recording Secretary.) The gavel will be handed down by Lakeview's Mary Ice, 1999 BJWC President, at the end of the year dinner on June 1 at Kemper Lakes in Long Grove.

BJWC has had a great year raising over \$55,000, which will be given out to numerous local organizations. Over \$42,000 alone was raised at their Spring Luncheon while \$15,000 was raised at the Annual Fall Cornucopia of Crafts. Mark your calendar for this fun crafting event held in October '99. The event is already in preparation and co-chairs for the event are Sherry Hoover and Cheryl Watkins. The whole team is gearing up to jury crafters in June.

BJWC members will also keep very busy this summer with the upcoming Relay for Life on June 5 and 6. Members Ann Miller Lulik and Sue Geshwender have put together a few BJWC teams to run and walk for this great event.

Also, the group will be hosting the Annual Beer and Brat Tent on July 2. The

day and evening will be filled with great food, music and fun for all ages. BJWC member Sue Padula has been working on getting over 120 members and their spouses to work the event. Make sure you plan to stop by for the food and fun and get your 4th of July weekend off to a great start.

The summer will also bring a lot of time devoted to the 2000 Designer Showcase Home co-chaired by Lynn Abood and Angie Wallin. The event will last two full weeks in May 2000 and will be kicked off with a dynamic Preview Night. Wait for details coming this fall.

Barrington Junior's is a non-for-profit group that has been serving the area through philanthropic endeavors for well over 60 years.

If you are interested in joining our fun bunch, please plan on attending our first meeting on September 7 at the JFK Healthworld in Barrington at 7:00 PM.

All of our members, co-chairs and board wish everyone in the area a very fun and safe summer. Thank you for your generous support throughout the past year.



where they raised a toast to the Derby and the long-awaited start of spring.

A trumpeter's brassy and sassy "Call to the Post" beckoned everyone back to the dining room for a sumptuous seated luncheon. Party-goers dined on their choice of filet mignon or chicken champagne while they enjoyed a presentation of the beautiful Spring and Summer 1999 Collection by the St. John Boutique, 51 E. Oak Street.

A panel of celebrity judges then announced the winners of the annual "Millinery Madness" competition. Chic chapeaux honors went to Diane Jacobson, Helen Jaeger Roth, Kimberly Olson, Annette Peterson and Carla Walker. "Beau Brummell" accolades for the most dapper men in attendance were bestowed upon Jorge Del Busto and Andrew Lampert.

Judging the sartorial savoir-faire were Derby Day "fashion police" Sandy Kagan-Angell, fashion editor of *Today's Chicago*

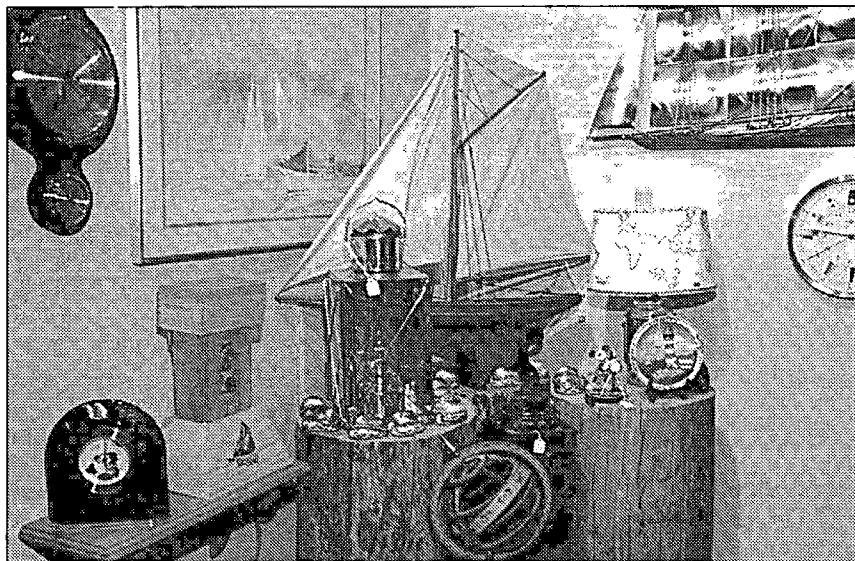
*Woman*; Daniel Nack, general manager, Salvatore Ferragamo; Brad Scott, Salon 161; and Ann Wallace, general manager, St. John Boutique.

All eyes were then trained on the big screens for televised racing action live from Churchill Downs. The Kentucky Derby has been called, "the most exciting two minutes in sports," and this year was no exception. Ace Elizabeth Bertucci was the sole Derby Day guest to predict that 31-1 long shot "Charismatic" would come from behind to edge past favorites "Menifee" and "Cat Thief" and win the 125th "Run for the Roses."

But the real winner in Chicago was the Infant Welfare Clinic, 1931 N. Halsted. More than \$15,000 was raised at the "Run for the Roses," which will help Infant Welfare continue to provide quality medical, dental, social and mental health services to 12,000 "working poor" children and their mothers at little or no cost.



## Time & Treasures Gift Shop a Refreshing Experience



**Time & Treasures Gift Shop and Gallery** is located at 21198 Commercial Drive in Hawthorn Woods/Mundelein on Gilmer Road just east of Midlothian.

Kathy Marcus, the owner of **Time & Treasures Gift Shop and Gallery** has selected a unique blend of elegant gifts from around the world not commonly found in your local mall.

Upon entering the store, you will experience a delightful fragrance and an interesting selection of gift items—from unique time pieces to collectible bears.

Although the store is compact, it offers you a variety of gifts for every occasion.

During the month of June, they are featuring many gift items for weddings, Father's Day and Graduates. Fathers may enjoy authentic ship models, precious stone globes, chess sets, nautical watches, lamps, clocks, barometers and golf, fishing or sailing items.

Other gift items include Aromatique Potpourri, Armani statues, Fenton collectible glass, Ruege music boxes, Linden clocks, Hibel paintings, Colibri pins, pens and pendent watches and specialty items to decorate your garden.

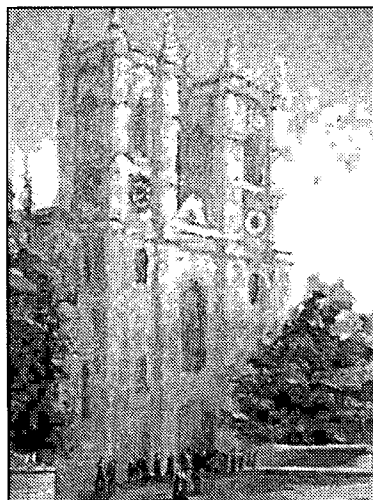
Their store is a refreshing experience and well worth the trip.

## Friday Evenings in June

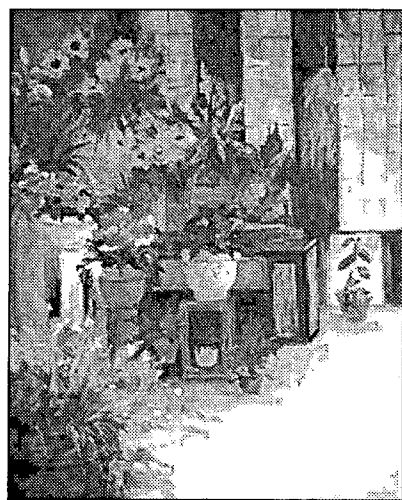
Each Friday during June from 6 to 9 PM, **Dunton Gallery** will continue to participate in an **Art Walk** in conjunction with several other delightful and unique shops in the heart of downtown Arlington Heights such as dazzle gallery, Tribal Expressions, the Pineapple Shop and Design Toscano.

On the evenings of June 4 and June 11, there will be special celebrations as we toast the opening of our new custom frame shop, La Petite Framerie. Although virtually all of the art we offer is framed, we are now able to customize clients' framing needs for not only flat art but fabric and even three dimensional pieces as may be required.

There will be very special festivities June 18 and 25 celebrating a juried art show featuring the work of the students from **Mainstreet Art Centre** in Lake Zurich.



**Westminster Abbey, Oil**  
by Nancy Marks, 16" x 12"



**Flower Market, Oil**  
by Rachel Berlinger, 24" x 18"

**Mainstreet** has long been a center for the teaching, encouraging and developing of a broad range of students in the media of oils, pastels and watercolors. This will be the very first time **Dunton Gallery** will hold a show devoted to only the work of students from the center. In the last year or so, the gallery has at various times represented some of their artists such as Rachel Berlinger, Nancy Marks and Lynn Miller. Only recently have we been graced with work from the revered teaching staff of Frankie Johnson, Cathy Barry and Romel de la Torre.

**Dunton Gallery** is located at 18 S. Evergreen Avenue. The main hours are Tuesday, Wednesday and Friday from 11 AM to 5 PM; Thursday from 11 AM to 8 PM; and Saturday from 10 AM to 4 PM. Appointments or on-site visits are gladly accommodated.

Just call us at **847-818-0694** or visit our Web site at [www.duntongallery.com](http://www.duntongallery.com).

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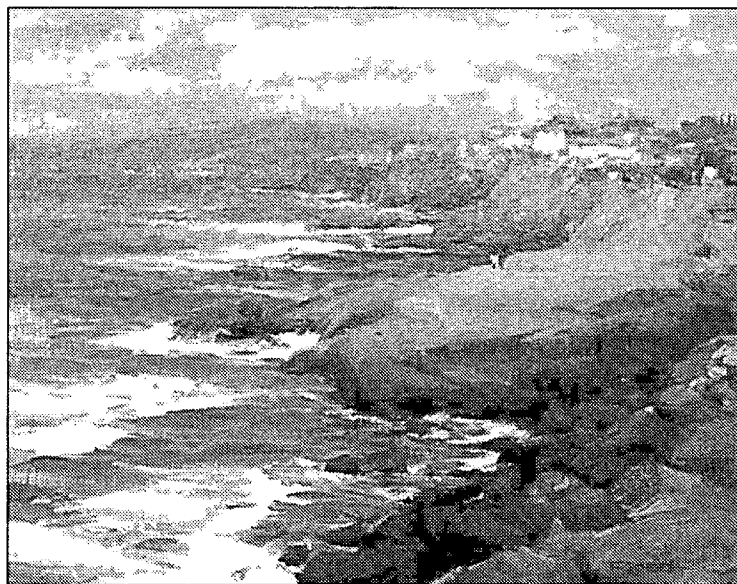
**Come See Our Father's Day Selections!**

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GIFT SHOP & GALLERY

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## Now at the Gallery Romel de la Torre



*La Jolla at Dusk*

Oil

16" x 20"

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There's a beginner's program designed to turn you into a tennis player in just three weeks. It's Forest Grove Athletic Club's patented **Tennis in No Time®**. And its only \$81. You'll receive six 1½ hour lessons, plus free use of our Fitness Center, locker rooms and whirlpool throughout your session. And if you don't have a racquet, we'll lend you one of ours. Our certified tennis pros are waiting. We offer a variety of lesson times and a nursery for your convenience. Lessons start July 5, so get on the ball. Learn to play **Tennis in No Time®**. Call Forest Grove Athletic Club at 847-991-4646 to reserve your spot.

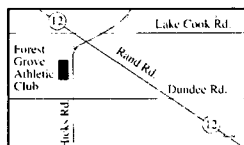
**Tennis in No Time®** Session II begins July 5.

Call Now **847-991-4646**

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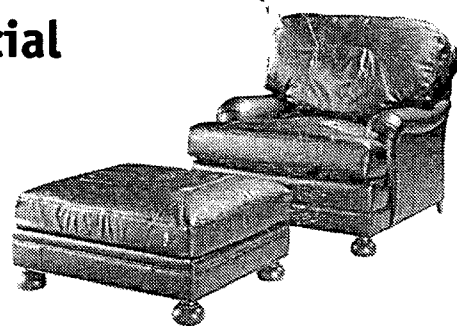
## Make Dad's Day Special

Looking for something unusual and comfy for Dad? A beautiful leather chair and ottoman is a perfect choice—now on sale at **30% off**.

At **Decorating Connections**, you will find many elegant gift items for dads, grads and brides.

Choices include golf Pilsner glasses, or golf and fishing art for Dad; crystal, brass or linens for the bride; and pens, clocks and picture frames for grads. The beautiful showroom is full of exciting gift possibilities.

**Decorating Connections** unites interior design expertise with a vast array of decor resources to provide you with the utmost in design services. The talented interior design staff at **Decorating Connections** can make decorating an easy and enjoy-

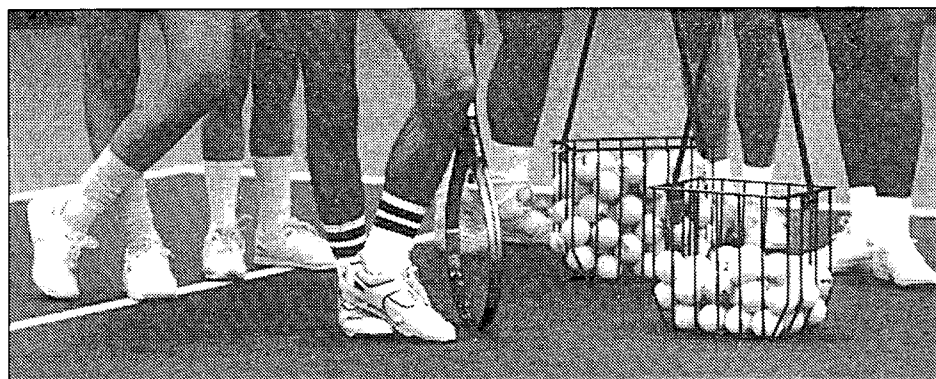


able experience for you! Call, or come in and schedule an in-home consultation with one of our designers today.

If you are looking for interior design, commercial design, furniture, artwork, lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Rt. 59 and Kelsey Rd.

## Forest Grove Athletic Club Offers Tennis Course for Beginners



**Tennis In No Time®**, (TNT®), a three-week program designed to teach the fundamentals of tennis to beginning adult and junior players, is now being offered at **Forest Grove Athletic Club**.

TNT® participants receive six, 1½ hour lessons which include instruction in all aspects of the game. Training films and follow-up discussions are also part of the program. All lessons are taught by certified tennis professionals.

Ajay Pant is the Head Tennis Professional at the **Forest Grove Athletic Club**. He is a National Tester and Clinician for the United States Professional Tennis Registry and is responsible for training and certifying tennis teachers across the U.S. Ajay is also certified at the P1 level by the United States Professional Tennis Association. Pant has worked with beginning to world ranked players at the Nick Bollettieri Tennis Academy in Bradenton, Florida and is the former Coordinator for the Arthur Ashe/Nick Bollettieri "Cities" Tennis Program(s).

"Tennis In No Time® is a remarkable vehicle to introduce our wonderful sport to beginners. The beauty of TNT® is the passion and fun the teaching professionals bring to every class. We take people who have never played tennis and have them playing out points in six lessons. The instruction is progressive and there is a lot of review of strokes and strategy. The drills are fast paced and we add a lot of fun games in each class. TNT® is the perfect way to learn biomechanically efficient tennis strokes in a fun environment. We look forward to seeing you on court!"

Session II begins Monday, July 5 and continues through July 26. An \$81 fee is required and participants have complimentary use of **Forest Grove Athletic Club's** fitness center, locker rooms and whirlpool throughout the session.

Developed by the Tennis Corporation of America in 1970, TNT® has taught more than 65,000 beginners the basics of tennis. For more information, call **The Forest Grove Athletic Club** at 847-991-4646.

## "Magical Metaphors"— BAAC Gallery at the Library

The Barrington Area Arts Council's (BAAC's) Gallery at the Library exhibit for May and June is entitled "Magical Metaphors." The exhibit features the oil and colored pencil paintings of Lynn Karsten.

Ms. Karsten is a resident of Fox River Grove. Ms. Karsten has been painting for over 15 years and is primarily self-taught.

Her work has been exhibited in group shows at the BAAC Gallery and is also in private collections.

The exhibit is on view at the Barrington Area Library located at 505 N. Northwest Highway in Barrington through June 30 during regular library hours. For more information, call the Gallery at 847-382-5626.



## New Women's Clothing Boutique Opens in McHenry

Now that **Country Clothes Boutique** has opened in the new Fountains of McHenry Mall on Route 31, the mall is now completely filled. Featuring fashions from casual to business, **Country Clothes Boutique** offers a new and refreshing way to shop. Decorated in antiques and ladders, the unique decor offers a special radiance to shopping for today's active woman. Carrying petite sizes and small to large sizes gives women the opportunity to shop locally without having to drive long distances. Such labels as David Brooks, Blue Fish, Crispina, Woolrich, Neil & David, Pickett Fences, etc., are featured. Exclusive new labels recently added are Pussers (which is normally available only in the Caribbean Islands) and Blue Crab, a new line from the south.

**Country Clothes Boutique** is open Monday through Saturday and is open Thursday evenings until 7 PM. Saturday hours are 10 AM to 4 PM. For more information, you can call **Country Clothes Boutique** at 815-344-5101.



## Grand Opening Country Clothes Boutique

Featuring: DAVID BROOKS  
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Open Mon.-Wed. 10-6, Thu. 10-7, Fri. 10-6, Sat. 10-4

## Considering Liposuction Sometime? ...Consider it Now!

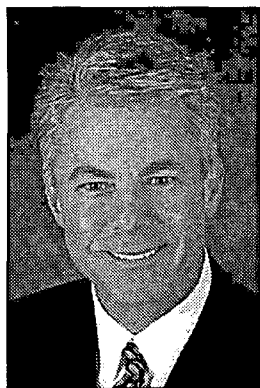
When is the best time for you to have body contouring with tumescent liposuction? The best time to have liposuction is when you are ready... spring, summer, fall or winter.

If you have localized fat deposits that resist reasonable diet and exercise measures, the safest and most effective way to remove that unwanted bulk is with tumescent liposuction performed entirely with local anesthetic.

Recovery is remarkably fast. Discomfort is so insignificant that pain medication is unnecessary. Incisions are tiny, (less than 1/8 inch), so that no stitches are necessary. There is no need for prolonged wearing of uncomfortable or bulky compression garments. There is minimal bruising that resolves in two weeks or less. You can return to work without dressings after two days. Normal exercise activities may be resumed within one week.

We have helped men and women achieve permanent changes in the way they look and feel about themselves with this remarkable procedure. Whether you have concerns about your neck, arms or abdomen, your back, buttocks, hips, saddlebag areas or knees, tumescent liposuction can safely and artistically redefine your self-image.

**David P. Van Dam, MD** learned this procedure under the guidance of some of the leading liposuction surgeons in the country, including the American dermatologist who developed the procedure in the mid-80's, Jeffrey A. Klein, MD. When



David P. Van Dam, MD

asked how many surgeons in the world perform the technique of tumescent liposuction, Dr. Klein answered, "Only those doctors who have taken my course." **Dr. Van Dam** feels fortunate to be one of the few dermatologists chosen to carry the torch lit by Dr. Klein. He performs the procedure in conformance with the methods Klein prescribes.

**Dr. Van Dam** is director of **Dermatology Physicians & Surgeons, Ltd.**, a group of highly skilled dermatologists trained in the finest medical centers in America. With offices in Barrington and Crystal Lake, **Dermatology Physicians & Surgeons, Ltd.** provides care for all problems related to the skin, hair and nails.

To learn how body contouring with tumescent liposuction may benefit you, call **Dr. Van Dam** at 847-382-5111 or 815-455-4434. As always, **Dr. Van Dam** offers private liposuction consultations without charge.

## Senior Breakfast Club

By popular demand, the Good Shepherd Hospital's "Senior Breakfast Club" is sponsoring another program in "Understanding Common Digestive Disorders" as the June presentation. The class is open to seniors, ages 55 and older, and is part of the free, ongoing Senior Breakfast Club series offered by the Older Adults Program at Good Shepherd Hospital. Attendees will also receive a free continental breakfast before the program.

The program will feature a medical professional explaining some of the more common types of digestive disorders such as indigestion, spastic colon, irritable bowel syndrome, diverticulosis and Crohn's Disease. The class will be held on Wednesday, June 2 from 8:30 to 10:00 AM in the Prairie Room of the hospital.

Registration for the free program may be made by calling HealthAdvisor at 1-800-323-8622 as space is limited.

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## Deadline!

The deadline for the **July Issue** is **Thursday, June 17.**

Please send your press release/advertising materials to:

Editor  
**Lifestyles Magazines**  
P.O. Box 293  
Crystal Lake, IL 60039-0293  
or call: (815) 459-4820



**PINE CONE  
CHRISTMAS SHOP**

210 Coffin Road • Long Grove, Illinois

*Presents*  
Department **56**

**SWAP-N-SELL**

Saturday  
June 19, 1999  
9:00 am – 2:00 pm

*Under the BIG TOP in FOUNTAIN SQUARE  
Long Grove, Illinois*

- Complimentary Coffee, Apple Cider and Donuts until noon •
- Hourly Door Prizes •

Call 847-634-0890  
for more information.

**Strawberry  
Fest**  
June 25-27

## Department 56 Events

**Swap-N-Sell—Pine Cone Christmas Shop** will sponsor a Department 56 Swap-N-Sell on **Saturday, June 19** from 9 AM to 2 PM under the big top in Fountain Square in Long Grove. There will be complimentary coffee, apple cider and apple cider donuts until noon. During this event, there will be hourly door prizes at **Pine Cone**. There also will be an opportunity to win a "Ramsford Palace."

**Fourth of July**—Department 56 celebrates the Fourth of July by introducing "Independence Hall," the new addition to The Historical Landmark Series. To add to the celebration, there is "Uncle Sam's Fireworks Stand" and "Fiber Optics Fireworks." And a special piece, called "Stars and Stripes Forever" musical bandshell, was designed to help celebrate our nation's independence.

**Department 56 Signing**—Mark your calendar! Scott Enter from Department 56 will be at **Pine Cone Christmas Shop** on **Saturday, July 10** to sign select lit pieces. Mr. Enter has designed Snow Village buildings since its beginning and the 1999 Christmas in the City buildings. Keep your eyes open for further details on this very exciting event.

**Mid-Year Introductions**—In late May,

Department 56 announced its Mid-Year Introductions. Some of these exciting new pieces are as follows: For Snow Village, "The Looney Tunes Animation Film Fest" and "Cinema 56"; for Dickens Village, "Dudley Docker" and "A Good Day's Catch"; for New England, "Little Women—The March Residence" and "It's Almost Thanksgiving"; for Christmas in the City, "Parkview Hospital" and "Wintergarten Café"; and for North Pole, "Happy New Year" and "Marie's Doll Museum." Pictures will hopefully be available for viewing during the Swap-N-Sell.

**Retirement Day—Discover Department 56**—Department 56 has changed the "Homes for the Holiday" event to a "Discover Department 56" Event. The event will kick off on **Friday, November 5** which is the same day as Retirement Day. Three new gift sets will be introduced on that date. They are: Dickens, "Chancery Corner"; Snow Village, "2000 Holly Lane"; and North Pole, "Santa's Visiting Center." Department 56 has also developed a very special piece to celebrate the millennium, "The Times Tower," which comes with the famous ball drop.

For more details and to reserve your new pieces, call 847-634-0890.



**PINE CONE  
CHRISTMAS SHOP**

210 Coffin Road • Long Grove, Illinois

*Presents*  
Herr Christian Steinbach  
**NUTCRACKER SIGNING**

Saturday  
June 19, 1999  
11:00 am – 5:00 pm

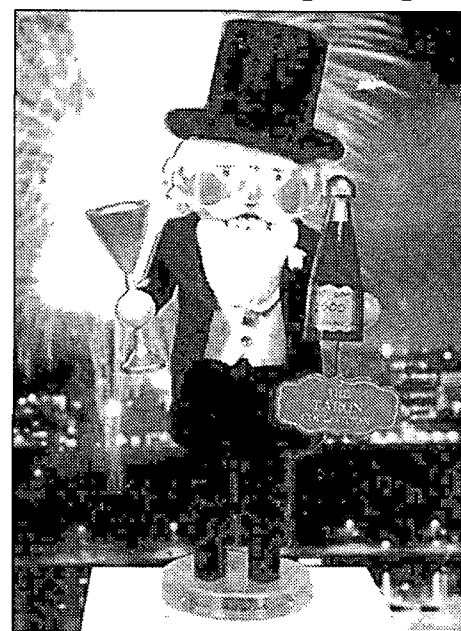
Only one nutcracker from the outside per person will be signed. See editorial for restrictions.

Call 847-634-0890  
for more information.

## Christian Steinbach Nutcracker Signing

Herr Christian Steinbach will be at **Pine Cone Christmas Shop** on Saturday, June 19 from 11 AM to 5 PM to autograph his Nutcrackers and Smokers. In honor of his visit, all German nutcrackers and smokers will be **20% off** regular retail price. **Pine Cone** will ship free anywhere in the continental U.S. for any sale over \$100. Any nutcrackers and smokers purchased from now through the event can be held at **Pine Cone** to assure that it will be signed.

In fairness to Herr Steinbach and all our collectors, only one nutcracker or smoker per person will be allowed to be brought in from the outside. These nutcrackers and smokers must have been purchased



**Nutcracker Millennium Man**



**Maid Marion**

at **Pine Cone**. All nutcrackers and smokers ever sold at **Pine Cone** have always had a **Pine Cone** label on the outside of the box; the labeled box or the **Pine Cone** receipt must be present.

Herr Steinbach's 1999 line of Limited Edition Nutcrackers include: Millennium Man, Captain Hook, Maid Marion, The Royal Drummer, Bavarian Santa, the Barrister, the Scarecrow, Richard Wagner, Genie, Chinese Dancer, Russian Dancer and Spanish Dancer.

Call 847-634-0890 to reserve your 1999 treasured Nutcrackers.



## Four Seasons Brunch

On June 1, the Four Seasons Garden Club will meet at a member's home. This will be the Four Seasons Garden Club's "Members' Brunch and Perennial Exchange."

Members are asked to bring a dish to pass and your extra perennials to share with other members. For more information, please call Marilyn Dempsey at 304-9328.

## Strengthen/Condition at Home Series—I: Thighs

This article begins the first of a three part series of conditioning exercises. Each month, we will bring you a sampling of two basic exercises that can be done at home. The exercises selected in each article will be opposing muscle groups; as one muscle contracts the other stretches. Both exercises should be performed to promote muscular balance.

### Quadriceps

Located at the front of the thigh, the quadriceps is the collective name for the four extensors of the knee. The four muscles merge into the quadriceps tendon which encases the patella (knee cap) and becomes the patellar ligament. This ligament attaches to the upper shin bone (tibia). This muscle structure is important for lifting and lowering the body.

**Basic strengthening exercise: Wall Squat**—Stand with your back against a wall. Bring your feet out in front of you about 1½ foot lengths from the wall. Place your feet shoulder-width apart. Slowly bend your knees, allowing your body to slide gently down the wall, until your hip reaches the point level with the knee, (see Photo A). Modify the range of motion until you are comfortable with this. Hold for two seconds and progress to ten seconds. Rise slowly, focusing on pressing out of your feet (and not against the wall). You may also perform the same exercise at a



Photo A

**Basic strengthening exercise: Hip Press**—Lie down with your back on the floor. Place your lower legs (or your feet to increase intensity) on a surface approximately 1½ feet off the floor with your arms alongside you, palms down, (refer to Photo B). A low sofa works great if you don't have an exercise ball; you'll need a cushion for the back of your legs. Keeping your arms, shoulders and feet in place, raise your hips up off the floor until your body becomes a straight line, (see Photo C). Contract your abdomen, press your hips up and your feet down. This exercise should be performed slowly; two seconds up and down.

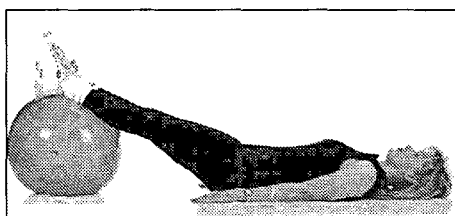


Photo B

quicker pace to recruit different muscle fibers. Keep your back straight, chest up and tighten your stomach muscles while performing the exercise.

**To stretch**—Lie face down on the floor. Bend one knee and reach with the arm on the same side to grasp the front of the foot (or sock if your flexibility is limited). Gently pull your foot towards your rear. Hold 30 seconds. Repeat on the other side.

### The Hamstrings

The hamstrings are located in the back of the thigh. There are three muscles altogether making up the hamstrings. They cross the hip and knee joints, originating at the lower pelvis, and attach to both lower leg bones (the tibia and fibula). The hamstrings stabilize the knee and decelerate the lower leg during walking. The hamstrings are active when you lean forward while standing or as you bend to sit or to reach for something on the ground. Pay special attention to stretching the hamstrings as tight hamstrings contribute to lower back pain.

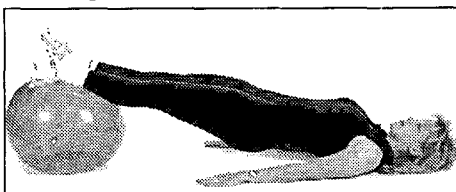


Photo C

## Bachelor/Bachelorette Auction


The upcoming fundraiser, "Cupid's Carnivale," promises to be an event that is not to be missed.

"Cupid's Carnivale," a bachelor/bachelorette auction, will be held on Friday, June 4 from 6 to 9 PM at Chicago's hot new club, Circus, at 901 W. Weed Street. Guests will enjoy an evening of exciting bidding on Chicago's most eligible bachelors and bachelorettes. Some of the date packages include sailing, gourmet dinners, trips, concert tickets, sporting events and much more! Music, dancing, food and beverages will be provided.

On exhibit at the event will be photographs by prominent local photojournalist, George Pfoertner. His work documents a recent philanthropic project undertaken in Ecuador by Causes for Change International. In this project, hundreds of children living below the poverty level were examined and provided health services free of charge.

All proceeds of the benefit will go to support projects of Causes for Change International, a non-profit organization that provides healthcare and advocacy services to the indigent and persons with disabilities in underdeveloped countries.

Tickets can be purchased in advance for \$30 or at the door for \$35. For information and reservations, please call 773-561-1212.



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"I am going to take control!"

"I must improve my health!"


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"I can't find the time."

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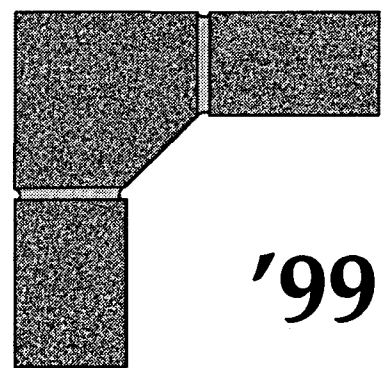


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## '99 Concert in the Park Series

at Langendorf Park, Barrington



Thursday, June 24th 7 p.m. – 9:00 p.m.

### Waterhouse

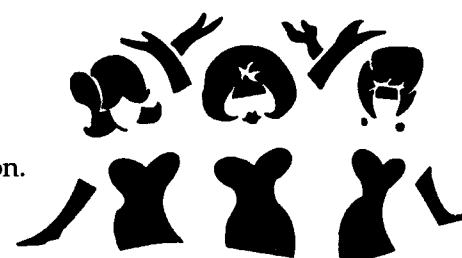
Keith Eric & Waterhouse – *The Sounds of Jamaica*

Come share in our excitement. Sing along with de songs. Experience de cool runnings of Jamaican music with Keith Eric and the Waterhouse band. From the musical styles of Nyahbingi, Mento Calypso, Reggae, Ska and Soca, the African and European traditions come to life. Colorful costumes, exotic instruments, vibrant movements and wonderful stories all express the culture and sounds of the Caribbean. *It's De Real Ting!*

Thursday, July 22nd 7 p.m. – 9:00 p.m.

### Mickey & The Memories

She's back...Mickey & The Memories, the ultimate rock 'n' soul reunion. With beehives, glittering sequins and platform shoes, they're here to perform the greatest hits of the '50s, '60s, and '70s. And what a show! The '50s innocence of Connie Francis...the rebellious heartache of the Ronettes...the electric and soulful elegance of the Supremes...and the infectious beat of the '70s dance floor. In short, Mickey & The Memories bring back the total feeling of a generation gone by.



**MIKEY**

& The Memories



Thursday, August 19th 7 p.m. – 9:00 p.m.

### Susie Dobbs & The Way Out West Band

Come and listen to the exciting country rock sounds of Susie Dobbs and the Way Out West Band. On stage, this country music singer is propelled by "energy that is matched only by the Energizer bunny." Susie is inspired by all music...but is especially in tune with self-assured Country artists like Reba McEntire, Loretta Lynn, and Patsy Cline. Performing at clubs, fairs, festivals, and concert venues throughout the Midwest and Las Vegas in conjunction with the National Finals Rodeo and Cheyenne Frontier Days, Susie Dobbs and her Way Out West Band are truly an entertaining force to be reckoned with!



**FREE ADMISSION!**

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## A Gallery of Remarkable Access

It is only rarely that a gallery reaches a level of such profound significance that it becomes a reference point for an entire genre of collectors.

**The Frame Corner Fine Art Gallery** is such a gallery. It has developed a program of accessibility to well known artists such as Modigliani, Erete, Degas or Warhol and living artists such as Kinkade, Tarkay or Hibel. This clarity of voice through accessibility and the unmistakable gallery style are also the ingredients which attract so many different kinds of collectors and admirers from near and all over the world. This gallery is for every person who has felt a sense of direct communication and even awe that comes from viewing paintings,

sculptures and prints. Whether it's through a turn of the century street scene, a portrait or landscape, **The Frame Corner Fine Art Gallery** tells a story of accessibility in some way to every market and nearly everyone who enters the gallery. The original prints and giclées can be seen at any time and are located through our vast network of source files throughout the world. A visit to our gallery is an event, but we can also help you with your needs such as framing and color identification with a visit from our designers at your home. It is our accessibility that give you endless possibilities to your collecting tastes and knowledge of what is available and consultation to all individuals.

## Preschool Fun Year Around

Summer is around the corner! Come join the fun at **Barrington Community Child Care Center**. No appointment is necessary to tour the center. Registration is now being accepted for all age groups. We are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

Have peace of mind while you work and know that your child is in a safe environment. Summer at the **Barrington Community Child Care Center** means water play, sandbox fun, gardening and picnics in the shade.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as

a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

**Barrington Community Child Care Center** is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

**Barrington Community Child Care Center** offers year around preschool curriculum and care. Applications are now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

## New Phonics Program Designed for Problem Readers

With young readers sometimes being the innocent victims in the take-no-prisoners reading war between whole language devotees and phonics diehards, parents are turning to learning centers to rescue their children. Also in need of rescue and remediation are problem readers who have serious gaps in their phonics background; gaps which a customized phonics program can fill.

After seeing an increase in children who have mastered neither approach, and who are falling further and further behind, **Huntington Learning Center** has developed a new phonics program targeted at problem readers. The newly developed Huntington Phonics Program can take the pressure off child, parent and teacher alike.

The new program features a placement test to pinpoint weak areas in reading and

to provide a detailed, individualized prescription. Like Huntington's individualized math and reading programs, the phonics program uses pre- and post-testing to ascertain progress at each stage of learning.

**Huntington Learning Center** has always subscribed to the phonics approach to reading, but in response to the influx of whole-language-only kids, Huntington's Educational Development Department felt a need to create a reading program which could take young readers from ground zero, if indicated by diagnostic testing.

Parents who would like further information about the new phonics program, or who wish to discuss a specific concern, are encouraged to call the **Huntington Learning Center** nearest them. In the Barrington/Crystal Lake area, please call **847-382-3655**.

## Senior Activity and Lunch Program

Join us at Langendorf Park for these activities in June.

**Monday, June 7, "Moments and Memories"**—The Barrington Area Arts Council and the Council on Aging continue their program "Moments and Memories," a Pa-

per Quilt project for area seniors. Every participant receives a section of form core board to mount photos, cutouts, paste-ups and other memorabilia from their lives. Each board will be a part of the whole (a wall hanging or floor screen) to be

## The Frame Corner FINE ART GALLERY

- **ANDY WARHOL**—Marilyn Monroe Signed Silk Screen \$18,000.00
- **ERETE**—Original Fashion Illustration \$12,000.00
- **MARC CHAGALL**—Signed Print \$1,500.00
- **SALVADOR DALI**—Hand Colored Print \$3,000.00
- **ROBERT SARGENT**—Print (Children's Book Illustrator) \$2,500.00
- **KIPNESS**—Signed Print \$1,500.00

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## Barrington Community Child Care Center

### Summertime Fun & Convenience

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for Children 6 Weeks - 6 Years.

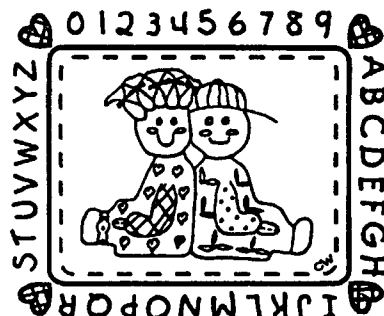
Applications Now Being  
Accepted for Summer & Fall

Hours: 7am - 6:30pm

560 Carl Avenue  
(1 blk. west of Burger King  
off Northwest Hwy.)

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Barrington



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Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

382-3655

722 W. Northwest Hwy.  
Barrington



THE HUNTINGTON LEARNING CENTER®  
Your child can learn.



displayed at various locations in the Barrington area. You don't have to be a Michaelangelo to be a part of this project. All seniors are invited to join in.

**Monday, June 14, "Flag Day Celebration"**—It's a grand olde flag (day) and Barrington area seniors will join American Legion Post #158 in a ceremony honoring our flag at 10 AM. Our veteran Legionnaires and BACOA invite seniors to join us for the ceremony, lunch and a performance by the Barrington Suzuki Strings. This will be a time to remember Americans who have served in the Armed Services and to renew confidence and

pride in our country and the meaning of our flag. Advance reservations are required for lunch.

**Monday, June 21, "Remembering Dad"**—Father knows best, usually. But today, we will remember the dads we knew best. Bring your memories, moms and dads, and join us as we share our thoughts about this very special person in our lives.

**Monday, June 28, "Pottery and Indian Facts"**—The Barrington Area Historical Society will show and discuss local pottery and Indian artifacts. June birthdays will also be celebrated.



# Happenings!

*in the area*

## Four Chamber Scholarships Awarded



Four high school seniors were awarded Barrington Chamber Scholarships for \$1,000 each at the Staff Appreciation Luncheon on April 15 at the Barn of Barrington. The winners were: (left side) Megan Koenig, whose mother is employed by Good Shepherd Hospital; Alison Reedy, who is a part-time employee of the Canterbury Shoppe; (right side) Carrie Z. Bach, whose father is employed by Quaker Oats Company; Kathryn Edinger, whose father is employed by Superior Home Video; and Richard Hammes, Com-

mittee Chairman.

Twenty-two applications were filed representing 13 different high schools and 18 chamber member businesses.

Scholarship recipients had to be employed by chamber member organizations or have parents employed in Barrington Chamber Organizations.

Assisting Mr. Hammes on the committee were Carol Thompson, (Attorney at Law), Margaret Semerad (Coldwell Banker), Steve Heider (Merrill Lynch) and Debra Watson (Accolade Interiors).

## "Sheer Serenity" Opening

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery exhibit "Sheer Serenity" on June 8, 1999. The exhibit theme centers around the artist's and the observer's search for the inner self and features original two- and three-dimensional work by Steve Perrault, Charlotte Rollman and Hou Rong.

Winfield, IL resident Steve Perrault received a Masters Degree from Northern Illinois University in DeKalb in Art Education and from Loyola University in Psychology. Perrault's award winning acrylic paintings have been exhibited and are in private collections throughout North America. His work incorporates his unique personal experiences and symbolic thinking into images from the architectural spaces he has seen. These unique spaces create atmospheres intended as metaphors for the emotional state of life's psychological and spiritual journey. The simplicity of his paintings is mesmerizing, inviting the viewer into the canvas. Perrault believes "art making demands an inner life. Attentive observers encountering art must necessarily be moved to the questions of inner experience."

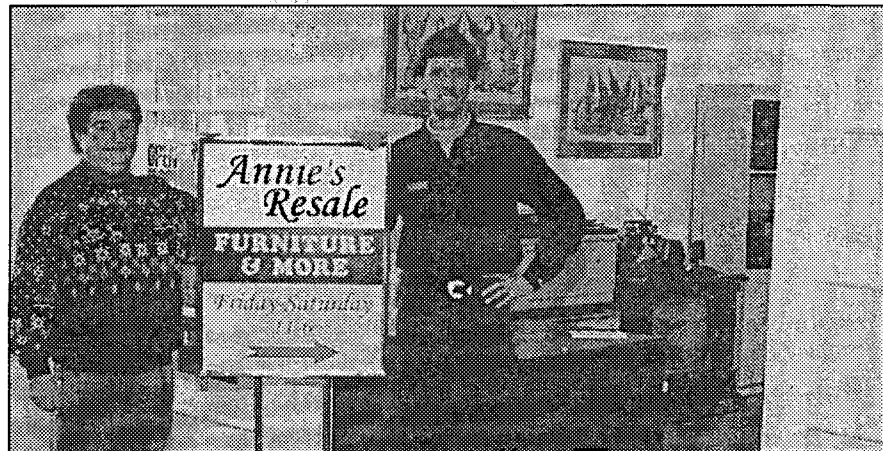
Charlotte Rollman resides in Sycamore, IL



**Distancing by Steve Perrault,  
one of last year's award winners  
for Sumymer Art Fair.**

and is a Professor of Art at Northern Illinois University in DeKalb. Influenced by the work of Eastern artists, Rollman has taken a new direction with her watercolor paintings. Combining watercolor and ink with unique brushwork, she creates scenes from nature on scrolls of paper in the tra-

## "Annie's Attic" Garage Sale



**Featured are Sister Lorraine Menheer and Aaron Muller at  
Annie's Resale Shop at 200 Hough St. (Route 59) in Barrington.**

We're back! Mark your calendars, circle the dates of July 9 and 10, the second Friday and Saturday of July, and don't forget Annie's Attic Garage Sale at St Anne's Catholic Church. Many treasures of old and new will be on hand for purchase: toys, sporting goods, clothing for all ages and sizes, a boutique, housewares, etc.

Annie's Attic funds Project Hope, a part of the St Anne's Community which deals with mercy and justice through continued outreach to all who suffer and search for God's Love. The monies raised through the garage sale assist the homeless seeking shelter, food, clothing, counseling, job search, transportation, assisting people and families trying to live with dignity and to be self-sufficient and empowering them to be more independent.

The idea of Project Hope began to evolve in early 1980's when Sister Lorraine Menheer at St Annie's saw a need

for an outreach program for those hurting. Through much prayer and hard work, Sister Lorraine's plans unfolded and Project Hope was established 16 years ago. Project Hope Ministries to the Needy provides the basic funds for the day-to-day operations of our parish service for those who come to the door.

The shop is located at 200 Hough Street, Route 59, in Barrington. Annie's Resale Shop and its main focus is to market select furniture and other household items donated by Northwest suburban residents and businesses. This is an important source of revenue for Project Hope. Project Hope also assists the Michael Joseph Foundation which, among other things, locates affordable housing. So, don't forget that on July 9 and 10 many opportunities will be available for the bargain seeker. If you have further questions, please call Sister Lorraine at 847-381-5721.

## Village Garden Walk

The Second Annual "Bloom Where You're Planted" Village Garden Walk will be presented by Suzy Keating and Pam Weinert of RE/MAX of Barrington on Saturday, June 19 from 10 AM to 3 PM. All proceeds from this year's ticket sales will go to the Barrington Area Council on Aging, Inc. (BACOA). All entries will be judged on June 18. Those interested in viewing the beautiful gardens of the Village of Barrington may purchase tickets in advance by calling 381-8801, ext. 313. Maps of par-

ticipating gardens will be provided.

Persons interested in entering their garden into the contest should mail or bring entries to Keating and Weinert, RE/MAX of Barrington, 306 West Northwest Highway, no later than Tuesday, June 1, 1999.

Sponsors of the contest are: Pam Weinert and Suzy Keating of RE/MAX of Barrington; Bob Dean, Commonwealth United Mortgage Company; David Jacobson, ABC Home Inspections; and Susan Poplar, Attorney at Law.

ditional Eastern style. Her recent exhibit in December 1998 in Taipei, Taiwan was a tribute to her new body of work.

Hou Rong of Wauconda, IL began his sculpting career in China where he worked with representational and traditional forms to create public and monumental works. After emigrating to the United States, he received a Masters in Fine Arts from Towson State University in Maryland where he became intrigued with Western abstract sculpture. As a student of Chinese Calligraphy, a most essential part of Chinese culture, Hou Rong was familiar with the abstract pictorial nature of the characters

and began to transform words into sculpture. "The fusion of Western and Eastern traditions, of ancient and modern forms in his calligraphic works are, in a sense, his vision of the course of world culture."

The BAAC invites the public to attend an Opening and Artists Reception on Saturday evening, June 12 from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue, Barrington. The exhibit will be on view from June 8 through July 10. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays. For more information, call 847-382-5626.

## Chers Amis...

"Wheels and Meal," not to be confused with... (guess?)... is another event unique to **D & J Bistro**. I (Dominique) am very fond of cars of all sorts and, of course, food. So one day five years ago, I decided to combine both interests into a special day; you need to own (or borrow!) a "car of interest," be it classic, old collectible or otherwise interesting. We meet at **D & J** around 2 PM. (A flyer will be available with all the details by the time you read this.) We then drive leisurely to our meet-

ing point (roughly 30 miles) where we take pictures, chat, visit, snack, etc. During the trip, you are expected to observe thoroughly any landmark, unusual features, historic sites, etc. so that you are able to win prizes during the quiz that takes place at dinner time back at **D & J**. It is a lot of fun. I hope you can join us. Drop by for lunch or dinner and pick-up a flyer.

P.S.... check-out **D & J's** "propaganda" on page 33.

## Achieve Your Health and Fitness Goals with Fitness Partners

**Fitness Partners, Inc.** can develop and guide you through an exercise program tailored to your fitness goals, health concerns, life-style and budget. Whether you're seeking extensive supervision or periodic services, a variety of program options are available.

Our exercise programs are designed to achieve an appropriate balance of muscular strength and endurance, flexibility and cardiorespiratory fitness, to enhance general fitness, physical appearance, quality of life and/or athletic performance. By following your **Fitness Partners'** program, you will achieve your fitness goals!

**Fitness Partners** is committed to providing the highest quality and best value in fitness services by exceeding the com-

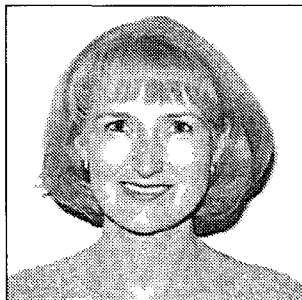
mon standards of personal training service. **Fitness Partners** will take the time to educate you on the principles of fitness and exercise, teach you to exercise independently, regularly adapt your exercise program, guide you on appropriate nutrition and provide the motivational support you need to stick with your program.

In addition, the **Fitness Partners** Guarantee allows you to evaluate our service at the initial fitness assessment session. If after the 1st session, you don't feel our services are the best for you, the session is free.

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, at **847-991-5230** to discuss your fitness goals.

## Spring/Summer Itchy Rash

The change in the weather in spring and summer leads to many people out to the garden only later to realize their harvest includes an itchy rash of the unknown variety—also known as Contact Dermatitis. This is the way your skin reacts to something allergy producing that has touched it, either through direct contact or touching an object that has been in direct contact with the allergen, (such as gardening tools, a lawn mower or even your pet). Probably the most well known of these is Poison Ivy and Poison Oak, although there are a number of others that can cause similar symptoms. The rash generally has a reddened area on the skin with some bumps that look like fluid filled blisters arranged in lines where the leaves have touched the skin. If you are exposed to Poison Ivy or Oak, wash the affected areas as soon as possible with soap and water to get the irritating plant oils off the skin. If you avoid any new contact with the allergy producing substance, you can expect the rash to be at its worst in about a week and be gone in a month. However, it takes a few days for all of the bumps and blisters to come out, so you will notice new itchy red spots for up to a week. Things to do to help with the itching are: apply cold packs or wet towels, calamine lotion and topical anti-itch creams that are available over the



by Lisa F. Derken, M.D.

counter. Some people also find that aveno oatmeal baths using tepid or cool water are helpful. (Do not use hot water since this will make the itching worse.)

To help prevent further episodes of this, know what Poison Ivy and Poison Oak look like and avoid contact with them. Also, any clothes or other items (including pets) that may have come in contact with them must be thoroughly washed in warm, soapy water.

A common myth is that touching others or scratching the rash will spread it. This is not true. The only way to spread it is by having direct contact with the allergen.

*Dr. Lisa Derken is a graduate of Loyola University and Rush Medical College. She completed her residency at Lutheran General Hospital in Park Ridge where she served as chief resident 1997-1998. She is board certified in Family Practice.*

## Conservation Tour at Ela Marsh

On Wednesday, June 16 at 9 AM, there will be a Citizens for Conservation Preserve Tour at Ela Marsh. Rare black soil prairie that has never been plowed is recovering from years as an orchard. Meet

at the CFC office at 211 Ela Road south of Cuba Road. Wear walking shoes.

Please RSVP to the CFC office at 382-SAVE (7283) at least one week before the tour.



### D & J Bistro

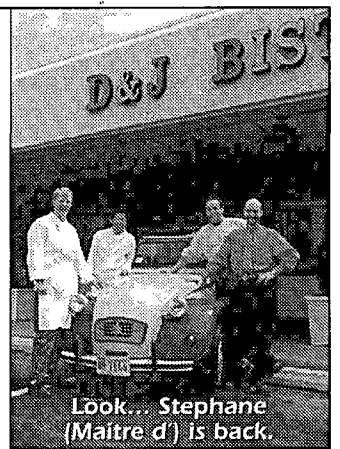
Est. 1987 "Where Things Are Happening"

## 4th Annual "Wheels and Meal" Car Outing

Sunday, June 20

A unique and fulfilling Father's Day Gift for the Car Buff...!

S.E. Corner Rte. 12 & 22  
Lake Zurich, IL 60047



Look... Stephane (Maitre d') is back.

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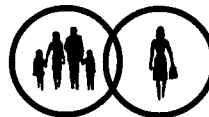
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Appointments are now being scheduled

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## NISRA's Spring Fishing Classic

The Northern Illinois Special Recreation Association will be hosting their 6th Annual Spring Fishing Classic on Saturday June 12, 1999 from 7:30 AM to 1:30 PM at Bangs Lake in Wauconda for children and adults with disabilities. The day will include three hours of fishing, bait, catered lunch, awards and prizes. The fee is \$8. Please register as soon as possible.

Last year's Classic was a great success with over 100 anglers with disabilities and volunteers sharing a "reel" fun-filled day. NISRA is excited to again be back on Bangs Lake with the new addition of the Arthur G. Farley Accessible Fishing Pier. Because of the dedication and generosity of many local individuals, service clubs

and businesses, people with disabilities now have a place to fish on Bangs Lake.

The success of last year's event was due largely in part to the volunteers. NISRA is still looking for volunteers in the following areas: Anglers and their boats; Pontoon boats on Bangs Lake; Event Staff; Boat Sponsors; and Donation of Prizes.

If interested in registering or volunteering, please call Doug or Brian at 815-459-0737. NISRA serves the recreational needs of persons with disabilities from the communities of Barrington, Cary, Crystal Lake, Dundee Township, Harvard, Marengo, McHenry, Wauconda and Woodstock. For more information on NISRA, call 815-459-0737.



# Two Shows in June at The Studio of Long Grove...

**Mark Lundeen, Sculptor**, will present his bronze works which Long Grove residents know well, as Mark created *Afternoon in the Park*, the permanent sculpture placement on Towner Green across from the Village Tavern. Mark was born and raised in the small prairie town of Holdrege, Nebraska. After graduating from the University of Nebraska, he traveled through Europe and the Mediterranean where he encountered the works of the great masters of the past.

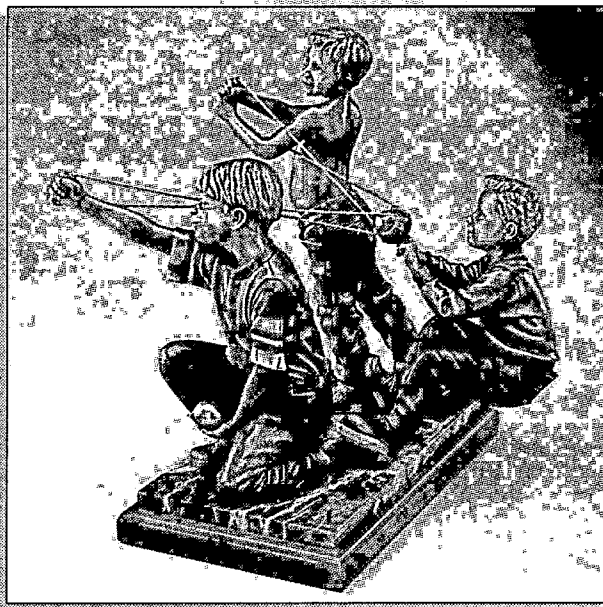
Mark has the innate talent for engaging the emotional aspects of his subjects with the essence of their spirit. A natural-born storyteller, he artfully stages each piece of art around the characters his stories portray. From baseball player Babe Ruth to his enchanting *Afternoon in the Park*, Lundeen brings to the world of sculpture more than ten years of hard work. Fluid lines, balance, integrity and a passion for his characters are captured in clay and bronze.

Mark is a member of the National Sculpture Society. He also has received the Phillip Isenberg Award from the Allied Artists of America, and a Best of Show at the Scottsdale Art Exhibition in Arizona.



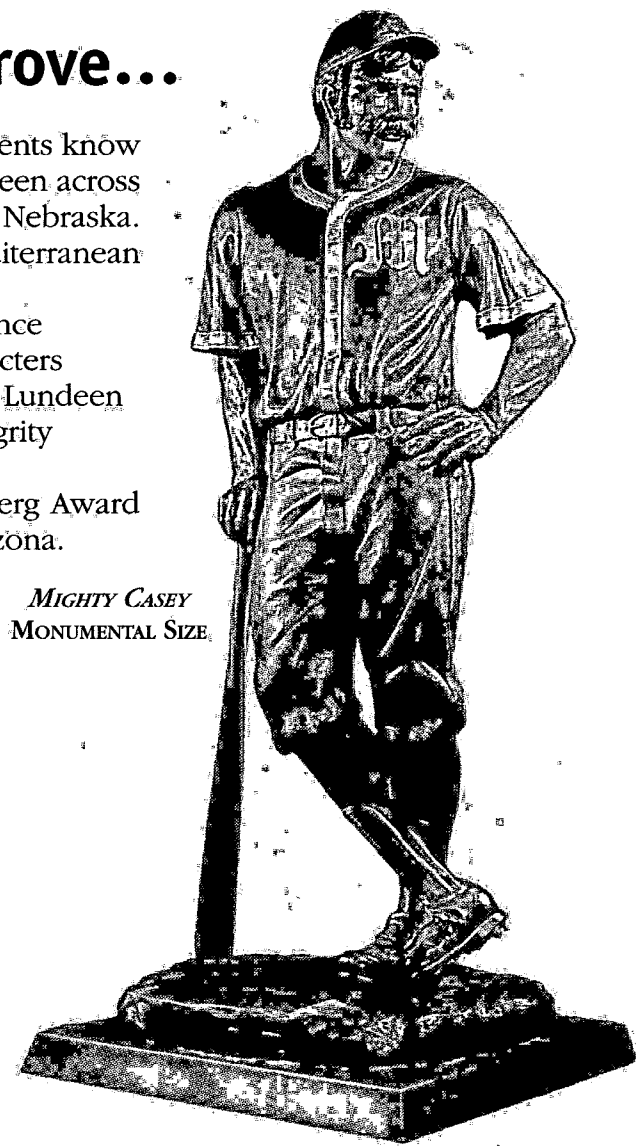
*THE CATCH*

16" HIGH



*WATER BALLOONS*

18" x 16" x 12"



*MIGHTY CASEY*  
MONUMENTAL SIZE

**Sheri Meketa, Oil Painter**, has been a major contributor to the success of The Studio of Long Grove. Her bold palette knife oils have been added to many collections in the Chicagoland area. Their special quality is the way they communicate the brightness and energy of the artist. Her enthusiasm and passion for her work gives the paintings a bold and powerful expression. This exhibit will be the largest showing to-date of this major artist's work, including over thirty paintings to choose from. Plan to attend the show and meet the artist on June 26 and 27.



*GARDEN SENTRY*

30" x 24"



*THE FALLS*

40" x 30"



*POPPIES*

36" x 30"



*STRAWBERRIES & AZALEAS*

24" x 30"





*THE NIBLIC*  
LIFE SIZED BRONZE

## Mark Lundeen, Sculptor

at The Studio in June

### Artist Reception

Saturday, June 12, 1999

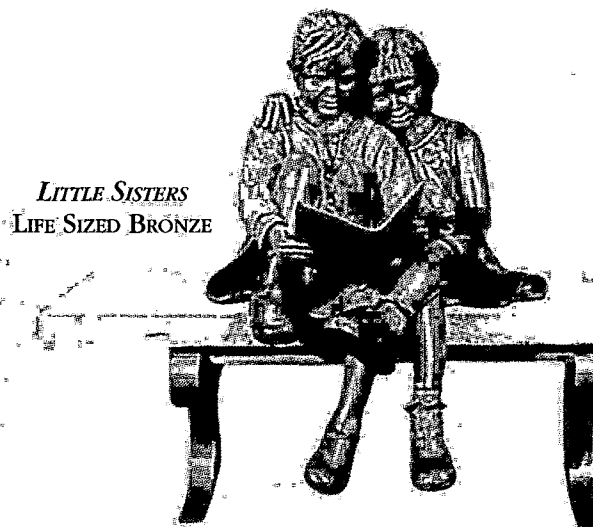
1:00 to 4:00 p.m.

Call for Information



*AFTERNOON IN THE PARK*

BRONZE SCULPTURE



*LITTLE SISTERS*  
LIFE SIZED BRONZE

Featured in June at



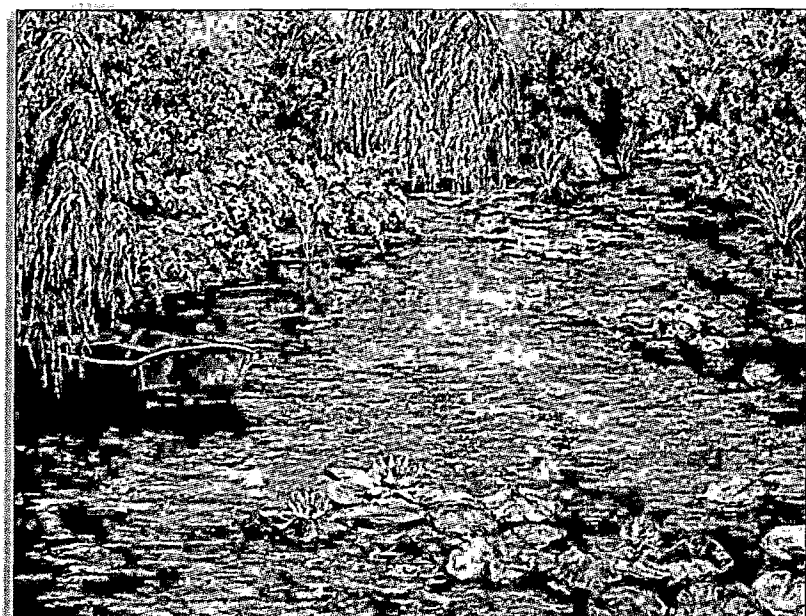
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OF LONG GROVE GALLERIES*

## *The Studio of Long Grove*

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LOCATED BEHIND RED OAKS FURNITURE SHOP, IN THE HISTORIC SHOPPING VILLAGE



*THE WATER GARDEN*

48" x 60"

## Sheri Meketa, Painter

at The Studio in June

### Artist Reception

Saturday, June 26, 1999

Sunday, June 27, 1999

1:00 to 4:00 p.m.

Call for Information



*THE HANGING BASKET*

40" x 30"

# Cosmetic Surgery Solutions Are Not Just For The Rich or Famous

*An Interview with Dr. Frank Madda,  
Board-Certified Plastic Surgeon,  
Suburban Plastic Surgery Associates*

"It could happen to you," says Dr. Frank Madda, as he reflects on the dramatic rise in people seeking cosmetic and plastic surgery procedures.

"You innocently walk into the bathroom to begin your morning routine, stop and take a glance in the bathroom mirror, and get the shock of your life—your mother's or father's older face, complete with bags under the eyes, drooping eyelids and deep facial lines, has somehow attached itself to your body."

"Worse yet for some is the timing of this discovery: en route to the high school or family reunion, the daughter's wedding, the company outing, the monumental anniversary or birthday. My patients have taught me the most intense scrutiny of personal aging happens just when you least want it to—when you'll be seeing people you haven't seen for a long time."

Cosmetic surgery is no longer exclusively reserved for celebrities and movie stars. Housewives, secretaries, male and female business executives and people just like you are turning back the hands of time with cosmetic surgery procedures and reporting back with an enormous increase in self-confidence.

With more than 20 years experience in facial cosmetic and body contouring procedures, Dr. Madda believes the increase in cosmetic surgery has primarily been driven by societal changes that have dictated that "you don't have to be rich or famous to want to look good." Additionally, he cited increased affordability, innovative financing programs, low surgical risks and dramatically shortened recovery times as major reasons for the increase. Cosmetic surgery has become an attractive option for those who want to "look as good as they feel."

Society puts a lot of emphasis on physical and mental health. Working out, healthful eating and maintaining mental sharpness are distinguishing features of the movers and doers in our society. "Patients have told me that it is disastrous to look in the mirror when they feel twenty years old in their head and see fifty looking back," says Dr. Madda.

Physical changes are inevitable with time. The pull of gravity causes faces and bodies to sag. Lines form on our faces from the continual rein-

forcement of expression, emotion and muscular activity. According to Dr. Madda, "Patients complain that deep facial lines may make them look like they're always tired, depressed or angry. It's frustrating for the patient when mentally they feel young, vibrant and full of life, but their appearance says old. Aging is depressing for those who feel they can still take on the world and do anything. They believe their aging appearance takes away their competitive edge and robs them of self-esteem—thereby giving others the impression that they're not as quick or vibrant as they truly are."

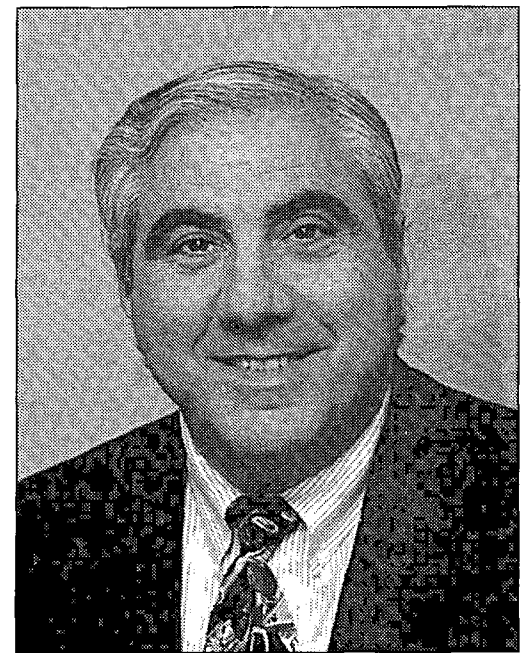
Dr. Madda has learned first hand from his patients. "We are all our own worst critics. When we look in the mirror and something is bothering us, we think the whole world is staring at that one thing. It colors and affects our personality and even the way we deal with people. It affects how we see ourselves and how we interact with the rest of the world."

The good news for all of us is that all of these "problems" are completely fixable and solutions can be very affordable. Innovative plastic and cosmetic surgery procedures have made real and lasting improvements in the lives of many people. No longer is cosmetic surgery something that is reserved for the elite. It has instead become a service that can provide "dramatic results for real people."

Dr. Madda encourages people to seek information on cosmetic surgery options if they can answer "yes" to any of the following questions:

- Does your appearance undermine your self-esteem and self-confidence?
- Do the lines in your face give you an angry looking scowl that intimidates?
- Do concerns about your appearance distract you from the more important things you have to do?
- Do you see something in the mirror that makes you think, "Boy! I really hate that?"

Dr. Madda cautions people to not cheat themselves out of self-confidence and feeling good. "Results from cosmetic surgery are lasting and will be with you every day for the rest of your life. I've spent the last 20 years watching the dramatic differences that have occurred in people's



Dr. Frank Madda

*Dr. Madda was trained in both plastic and general surgery at Rush Presbyterian St. Luke Medical Center. He is board-certified in plastic surgery and is a diplomat of the American Board of Plastic Surgery. Additionally, he has a degree in dental surgery from Loyola University. Dr. Madda currently serves as an assistant professor in the department of Plastic Surgery at the University of Illinois Medical Center in Chicago. He is active in several professional societies and has served as the President of the Chicago Society of Plastic Surgery. Dr. Madda is also a published author.*

lives once they felt better about their physical appearance. Patients have recognized these procedures as an investment in themselves. Don't be afraid to explore and consider your options."

"Most importantly," says Dr. Madda, "if you're thinking about plastic surgery, seek the council and advice of a physician who is specifically trained and board-certified in plastic surgery. Their training has qualified them to be able to discuss realistic goals and expectations as well as what does or doesn't make sense for you."

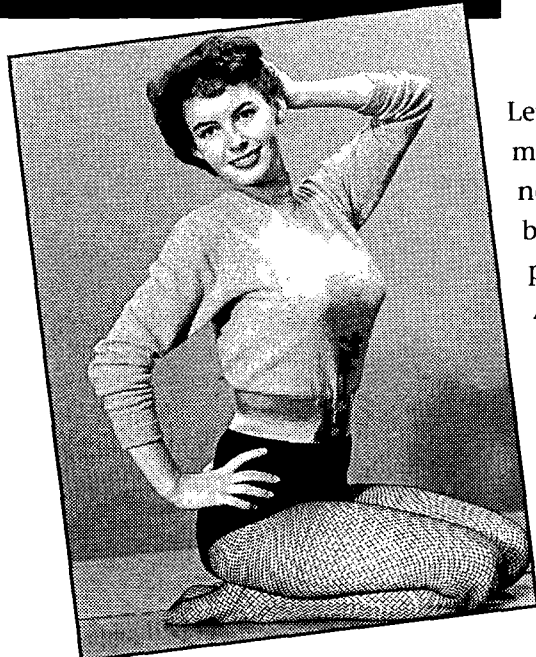
For more information or to schedule a complimentary consultation with Dr. Madda or one of his associates, call **Suburban Plastic Surgery Associates** toll free at **1-877-TURN HEADS (887-6432)**.

**Suburban Plastic Surgery Associates** has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village and Downers Grove.

**DRAMATIC RESULTS FOR REAL PEOPLE<sup>SM</sup>**

**SUBURBAN  
PLASTIC  
SURGERY  
ASSOCIATES**

## BREAST ENHANCEMENT



## Need a lift?

Let's face it. After pregnancy, nursing children and the normal aging process, most women agree they do. If you too are frustrated with the loss of size and firmness of your breasts, perhaps we can help. Suburban Plastic Surgery Associates has been helping women "reclaim" their figures through breast augmentation and lift procedures for more than 20 years.

As one of Chicagoland's largest plastic surgery practices, we're committed to giving our patients a "lift" with a new and improved appearance. Want heads to turn when you walk down the street?

### ALSO SPECIALIZING IN:

- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Tumescant Ultrasonic Liposuction
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Spider Vein Treatments

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

Downers Grove | Elgin | Elk Grove Village | Hoffman Estates | McHenry

Financing programs available.



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PLASTIC  
SURGERY  
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## LIPOSUCTION



## Genetically speaking, we transform liabilities into assets.

We all have them. Those "genetic liabilities" or acquired fat deposits that typically do not respond to diet or exercise. These unflattering bulges take away from the figure you were meant to have.

As one of Chicagoland's largest plastic surgery practices, Suburban Plastic Surgery Associates has been helping patients attain exceptional results for the last 20 years. Using the latest technique – tumescant ultrasonic liposuction – our board-certified plastic surgeons will help you turn heads by reclaiming the figure that's rightfully yours.

- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Spider Vein Treatments
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Breast Reduction

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

Downers Grove | Elgin | Elk Grove Village | Hoffman Estates | McHenry

Financing programs available.



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# "Hello laser, goodbye razor."

Alexandra Parnass  
Beauty Editor  
Marie Claire Magazine

## The hair removal process that has everybody talking:

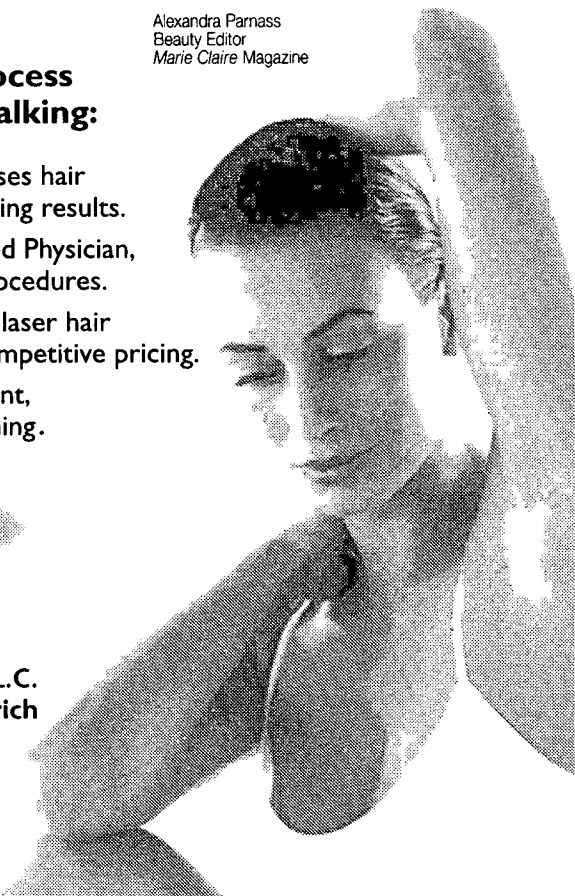
- Patented laser process erases hair quickly and gently with lasting results.
- Dr. Berger, a Board Certified Physician, performs all initial laser procedures.
- First licensed physician for laser hair removal in Illinois. Very competitive pricing.
- After hair removal treatment, allow two days before tanning.

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290 N. Rand Rd., Lake Zurich  
(847) 550-0600

Call today for a  
complimentary consultation.



## Barrington Newcomers New Board



The 1999-2000 Barrington Newcomers Board readies for an exciting year ahead. New board members are: Sue Beck, Patty Bregger, Karla Carreiro, Darlene Kober, Abby Maguire, Mary Matthews, Liz Molli, Kathy Pincus, Cinda Pittman, Christine Province, Marcia Schultz, Carol Sheehan and Anne Ward.

Barrington Newcomers announces its new board for the '99-'00 season and invites members, their guests and residents new to the Barrington area to a Summer Kick-off Party. Join the fun on Wednesday, June 16 at 7:30 PM at a member's home. Karla Carreiro, incoming Newcomers President, and the rest of the new board will be on hand to welcome you with festive food and drink and to talk about an exciting year ahead. Find out what Newcomers will be doing this summer and

watch for information about fall events.

Barrington Newcomers is a social and civic organization open to new residents living within the Barrington School District. The group offers monthly coffees, luncheons and special interest activities for women, couples and families.

For information about the June event, please call Christine Province at 382-5723 or Marcia Schultz at 304-6741. For membership information, please call Sue Beck at 277-0914.

## Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

Dr. Barry Berger is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. Dr. Berger performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Here are some additional reasons why the Soft Light Laser is the best choice of hair removal for you:

- Low occurrence of side effects, which

are all temporary. This means no burning, blistering, scarring or discoloration of the skin. The majority of patients resume daily activities immediately following treatment.

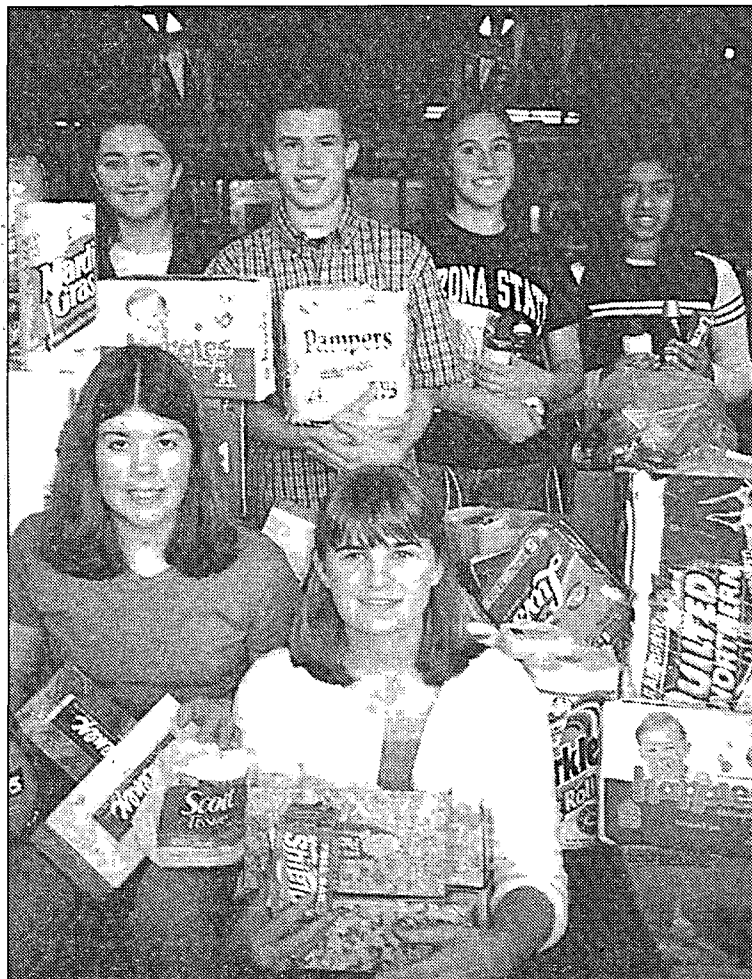
- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

- No tanning restriction prior to treatment. After hair removal treatment, allow two days before tanning.

Dr. Berger has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.

## Barrington Students Reach Out to Help Homeless Families in Transition



Pictured, back row from left, are: Katie Boyle, Freshman Class Board President Jack Edinger; Evan Reed and Benaz Hossain; (front row) Collection Drive Chairwomen Chrissy Baron and Megan Malone.

Barrington High School freshman English class students have joined forces with Catholic Charities in support of the Teens Helping the Homeless Outreach Program.

Under the leadership of Julie Kerr of Barrington, Barrington High School Freshman Class Board members collected baby items, paper goods and cleaning supplies. These items are for use in The Catholic Charities' Northwest Suburban Family

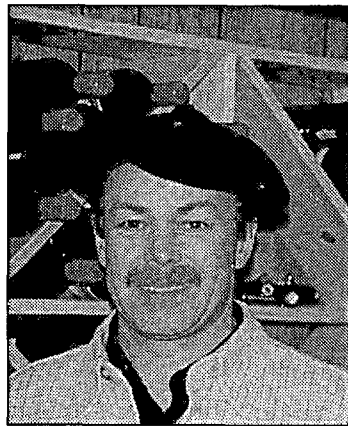
Shelter apartments maintained for homeless families in transition. The Shelter provides assistance for families as they regain personal independence and dignity, regardless of nationality or religious, racial and economic background.

For information on Teens Helping the Homeless or The Catholic Charities Northwest Suburban Services and how they may be of help, please phone 847-870-0560.



## Chers Amis (Part 2)...

It is rather unfortunate that a number of people are still not familiar with the *Zagat*. It is the only restaurant "guide" that is actually, totally unbiased by design. It is a survey combined from thousands of questionnaires and comments sent to them by our diners. No single visit every 4 years by the same "critic" who fails to catch the total "soul" of the place, no PR, no advertising kickbacks... just the honest opinion of our customers... so here it is, and **Thank You Chicagoland! Je Vous Aime Aussi!**



## Northwest Community Healthcare Lends a Hand to Church, Historical Society



Standing before the Jewel Tea Building are: (left to right), Michael Harkins of the Barrington Area Historical Society; Reverend James Wilson and Paul Noakes of the United Methodist Church of Barrington; Robert Woodsome of the Jewel Tea Historical Society; and Donald Smith of Northwest Community Healthcare.

Sometimes, things have a way of working out for the best.

Just ask the congregation of the United Methodist Church of Barrington.

"When we lost our church to the fire in October of 1998," says church trustee chairman Paul Noakes, "we had nothing left. No building, no office space, nothing. The Harris Bank in town kindly offered us space, which we used for four months. But it simply wasn't big enough. Then we learned about the space owned by Northwest Community Healthcare, which includes the Jewel Tea Building and surrounding storage facilities. We couldn't ask for more."

The property on Northwest Highway, just north of the Barrington Area Library, was purchased by Northwest Community Healthcare in July 1997.

According to Rev. James Wilson of United Methodist, "It was Bob Woodsome, vice president of the Jewel Tea Historical Society and former village president of Barrington, who recognized our problem. We really needed some dedicated office space to conduct the business of the

church while we complete the work required to plan for a new one. Bob Woodsome put us in contact with Don Smith, senior vice president of Northwest Community, who offered us the front part of the smaller building on the Jewel property. The offer was more than generous. We took one look and said, 'We'll take it.'"

Says Smith, "Northwest Community Healthcare takes pride in the role we play in the communities we serve. We were happy to help out Barrington residents by offering this space."

Northwest Community Healthcare has also offered the remainder of the building, mostly warehouse space, to another Barrington civic organization, the Barrington Area Historical Society.

Says Michael Harkins, executive director of the historical society, "We have hundreds and hundreds of historical artifacts waiting to be displayed when the Old Barrington Center is completed. But we had no place to put them in the meantime. Northwest Community Healthcare saved us. Their generous gift of storage space in the Jewel building demonstrates

## ZAGAT SURVEY

### 1999 CHICAGO RESTAURANTS

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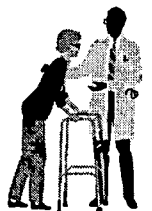
■ "Dollar for dollar the best restaurant in Chicagoland" and "getting better all the time" enthuse supporters of this Far Northwest Suburban French bistro tucked into a strip mall; expect "excellent", "authentic" fare ("great steak frites"), "dependable" daily specials, "value" wines and a "knowledgeable staff"; in addition to being a "local favorite", city folk find it's "great for a ride in the country."

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## Music Organization Adopts New Name and Moves to New Location

McHenry County Youth Orchestras and the associated MCYO Community Arts Center is adopting a new name for the organization. Beginning June 1, 1999, the entire organization will be called The McHenry County Music Center. The new name serves both to more accurately reflect the mission of the organization and to shorten the complicated name which grew up as a result of added programs. The McHenry County Youth Orchestras and the Contemporary Children's Choir of McHenry County will continue as the large music ensemble programs within the broader offerings of the McHenry County Music Center.

The organization will relocate to 31 East Crystal Lake Avenue on June 1. The substantial building at this new address will include additional teaching space for private and group music lessons also offered

as a component of the Music Center. Private and group lessons are offered in all orchestral instruments, piano, voice and guitar. There is an active chamber music program including string ensembles and a clarinet choir. The new facility will also offer expanded office and music library space as well as additional parking. The phone number 815-356-6296 and fax number 815-356-6298 will remain the same. A website is under construction at [www.mcmusic.org](http://www.mcmusic.org).

McHenry County Music Center is a Full Institutional Member of the National Guild of Community Schools of the Arts, the pre-eminent organization in the United States that has fostered the growth of community music and art schools since 1937. MCMC enjoys the support of its programs from the Barrington Area Arts Council and the Illinois Arts Council, a state agency.

their commitment to history and to this community. They are storing for us the collective memory of the Barrington area back to the 1830's."

Old Barrington Center, when completed, will include a blacksmith shop, a bike shop, a schoolhouse, a tinsmithing display, carriages and a replica of the first Jewel store in Chicago, as well as an educational center, museum exhibit and archival space.

"This is an important project for Barrington," says Harkins. "Northwest Community Healthcare allowed us to move our artifacts into this excellent storage facility while we focus on preparing the new space. It's a tremendous donation and they have been marvelously cooperative and supportive of our efforts."

Both the United Methodist Church and the Barrington Area Historical Society are indebted to Northwest Community Healthcare for the generosity shown in making this space available to them.

# Grayslake Arts Festival



**JUNE 12**  
10 a.m. to 5 p.m.  
(Rain Date June 13)



**Over 60 Fine Art & Craft Artisans**

**Enjoy Non-Stop  
Live Music!**

**Have Lunch...  
Wine Tasting...**

**Downtown Grayslake,  
NW of 83/120—  
follow the signs!**

Sponsored by *The Daily Herald*,  
The Grayslake Area Chamber of Commerce  
& Industry, Community Trust Credit Union,  
State Bank of the Lakes, ATC Wegge,  
Koenig & Strey, and Baird & Warner

Health



Advocate

## Health & Wellness Programs June

### Kid's Summer Safety Kit

**FREE**

Good Shepherd Hospital and our community health partners want to help prepare parents for summer with a FREE Kids Summer Safety Kit.

The kit has helpful tips on bike safety, sunburn prevention, home safety, first aid and more. Call for your free kit today!

### Tai Chi

**Barrington Park District**

**Wednesdays, June 16 - August 18, 7 to 8:30 p.m., \$80**

Enjoy this ancient Chinese form of exercise that increases well-being and enhances the quality of life. Held at the Barrington Park District, Langendorf Park, Barrington. Call to register.

### 55 Alive/Mature Driving

**Wednesday, June 23 & Thursday, June 24, 9 a.m. to 1 p.m., \$8**

55 Alive/Mature Driving is a state-approved driver improvement course. Produced by the American Association of Retired Persons, the class helps participants refine existing skills and develop defensive driving techniques. Participants must attend both half-day sessions to complete the course. Reservations are a must for this program.

### Anger Management Workshop

**Tuesdays, June 29 - August 4, 7 to 8:30 p.m.**

A workshop designed to help individuals learn to understand and control the intensity of their anger and the destructive behavior that can follow. Also learn relaxation techniques and stress management. Call for fees.

### Anxiety & Panic Workshop

**Wednesdays, June 30 - August 3, 7 to 9:30 p.m.**

The Advocate Center for Stress Medicine will help participants gain a basic understanding of the psychological response of the body during a panic attack and learn stress management and relaxation techniques to control the physical sensations that occur. Call for fees.

**To register for any of Good Shepherd's Health & Wellness Programs, call Health Advisor at 1-800-323-8622.**

**Good Shepherd Hospital**



Health Care With A Whole New Attitude.

450 West Highway 22, Barrington, IL 60010

Related to the Evangelical Lutheran Church in America and the United Church of Christ

## Grayslake Arts Festival to be Held June 12

**The 4th Annual Grayslake Arts Festival** will be held in historic downtown Grayslake on June 12 from 10 AM to 5 PM. (The rain date is June 13)

Over 60 artists have been juried by a panel of their peers. A variety of fine arts and fine crafts, including watercolors, ceramics, photography, glass, oils, acrylics, mixed media, sculpture, jewelry and fiber, will be offered for sale.

Live entertainment will be provided by Gary Altergott and Ruth Ann Lillstrom, Footprints, One Lane Bridge and the Dance Connection's "Spotlight Company." This is the 4th year that Gary Altergott and

Ruth Ann Lillstrom will be returning to the festival.

Local food vendors will serve their specialties. Restaurants participating are: Hickory House BBQ, Keans Bakery, Micheal's Red Hots and Jakes Pizza. Ben & Jerry's will serve ice cream. Grayslake's local Glunz Family Winery will offer wines by the glass and the Grayslake Exchange Club is sponsoring a beer tent.

Come on out to Grayslake for a day filled with art, music and refreshments. Our "G" rated festival is approved for general audiences—bring the family and have a great time!

## Good Shepherd Hospital-Advocate Plans to be "Y2K-Ready" Ahead of Time

The year 2000 is almost here. Will your local hospital and its computer systems be prepared for the new millennium? If you utilize one of Advocate Health Care's eight Chicago-area hospitals, including **Good Shepherd Hospital** in Barrington, you can rest easy. Taking a proactive approach, **Good Shepherd Hospital-Advocate** has been tackling Y2K compliance issues since mid-1997 through a systematic upgrading and evaluation of all of its computer systems.

With some 350 information system applications, 30,000 pieces of biomedical equipment and 7,500 personal computer workstations in use across the Advocate system, this involves a lot of work. "The good news is that we have a task force that is in the process of testing all our hospital computer systems, with a target completion of June 1999—a full six months prior to the year 2000," said Russell E. Feurer, **Good Shepherd's** chief executive officer.

The systems being tested cover three major areas: information, biomedical and facility systems. Information systems include the software and hardware necessary to accurately produce such things as billing and laboratory reports and handle telecommunications equipment like telephones, faxes and modems. Like other similar systems across the country, the software for the majority of these processes—as well as facility and some biomedical equipment—were programmed to accept only a two-digit date for the year. As a result, when the year 2000 rolls around, those systems would read it as "00" and may think it was the year 1900. Therefore, upgraded versions need to be installed and tested on all operating hardware in order to eliminate any ambiguity regarding dates.

Biomedical systems to be inspected comprise equipment that is most critical to a patient's well-being such as anes-

sia units, defibrillators, dialysis machines, respirators, pacemakers and diagnostic imaging units. The "fix" for these machines is not necessarily a simple upgrade of operating software—these electronic units have embedded chips, some of which may perform date calculations. Technicians need to manually inspect each piece of equipment to determine if it has such a chip, and if so, verify Y2K-compliance.

Facility systems cover such things as elevators, emergency generators and fire alarms. Although these items may not be dependent on dates to operate, in many cases an internal system check is triggered automatically by preprogrammed dates. The system diagnostics alert technicians to any potential problem.

Besides being prepared internally, Advocate is actively working with outside suppliers, payers and utilities to verify that they will be able to continue to provide critical supplies and services without disruption. Contingency plans also are being developed in case systems that are believed to be Y2K-compliant don't perform as expected.

As a final "system check," **Good Shepherd Hospital-Advocate** is encouraging its employees to become Y2K detectives. If an employee uncovers a Y2K dilemma that they think may have been overlooked, they are asked to call a special hotline number. The hotline number also is being used to answer employee questions about Y2K issues.

**Good Shepherd Hospital** is a 156-bed health care facility with 400 physicians representing 35 medical specialties. The hospital is part of Advocate Health Care based in Oak Brook, Illinois. Advocate Health Care is recognized as one of the largest health care delivery systems in the country. Advocate is related to both the Evangelical Lutheran Church in America and the United Church of Christ.

## Cattleman's Offers Scholarship

The Northeast Illinois Cattleman's Association is accepting requests for \$1,000 Scholarships. Applicants should be residents of either Lake or McHenry Counties, enrolled in a college of agriculture and either entering their junior or senior year or currently attending as a full-time graduate student.

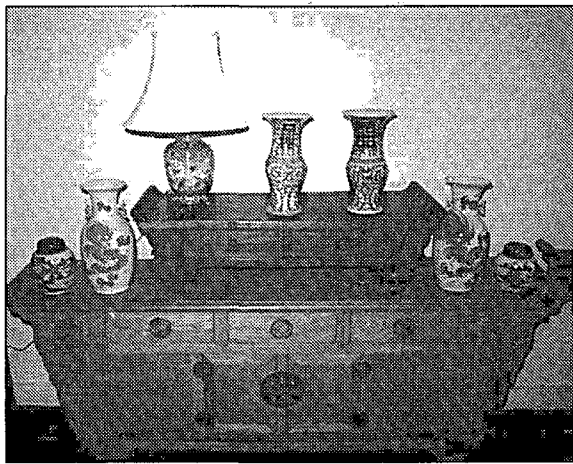
Students interested should request a scholarship application form from Cindy Harris, 4-H Community Worker, at the McHenry County Extension Unit Office located at 789 McHenry in Woodstock, IL, 60098 or call 815-338-4747. Scholarships will be based on need and scholastic record.



## Add a Touch of the Far East to Your Home

New in Arlington Heights, **Asia Arts** specializes in unique Chinese antiques. They offer an affordable range of late Qing Dynasty (1800) Porcelain. They also have a fine selection of handmade antique and reproduction furniture as well as custom made lamps and distinctive shades. Collectors will find exquisite choices among

the many decorative objects at **Asia Arts**. Miner St. They are open Monday through Saturday from 10 AM to 7 PM and on Sunday by appointment. **Asia Arts** is located north of Rt. 14 and across from the new R.R. station at 12



## Terra Museum of American Art to Feature "Masters of Color and Light: Homer, Sargent, and the American Watercolor Movement" Exhibit

"Masters of Color and Light: Homer, Sargent and the American Watercolor Movement," an art exhibit of more than 140 works, opened Saturday, May 8 and will continue through Sunday, July 4 at Terra Museum of American Art at 664 N. Michigan Avenue in Chicago.

Chosen from the Brooklyn Museum of Art's renowned permanent collection of nearly 800 watercolors, the exhibit will include the works of Winslow Homer and John Singer Sargent and will survey artistic activity in the medium from 1777 to the 1980's.

Founded by Daniel J. Terra in 1980, Terra Museum of American Art is dedicated to the understanding and appreciation of the cultural contributions made by American artists. Its collection in-



**Zuleika** by John Singer Sargent, c. 1906, watercolor, 10" x 13 15/16", 09.847, purchased by special subscription.



**Gypsy Maidens** by Thomas Sully, c. 1839, watercolor on paper, 16 5/16" x 14 5/16", 1992.213, purchased with funds given by Mr. and Mrs. Leonard L. Milberg.

cludes notable works by Mary Cassatt, Winslow Homer, Maurice Brazil Predergast, John Singer Sargent and James McNeill Whistler. A second museum, Musée d'Art Américain Giverny in France opened in 1992. Both museums initiate and host a variety of exhibitions that explore issues in American art.

The museum and museum store are open six days a week: Tuesday from 10 AM to 8 PM; Wednesday through Saturday from 10 AM to 6 PM; and Sunday from noon to 5 PM. The museum is closed on Mondays. Admission is \$5 for adults and \$2.50 for seniors. Admission is free to teachers, students, U.S. veterans and children under 14, and even to the public on Tuesdays and the first Sunday of every month.

For more information, call Terra Museum of American Art at 312-664-3939.

Advanced tickets can be purchased around the clock, either on-line at [www.ticketweb.com](http://www.ticketweb.com) or by calling 312-726-4849.



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Monday - Saturday 10-7 • Sunday by Appointment

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come check out what your missing!

**PERENNIALS**  
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**FREE**

Flowers that come back bigger every year!

4" pots, jumbo pots, & gal. pots

Not valid with other offers or coupons, plant of lesser value free, limits may apply, exp. 6/15/99

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# Caring First



"When I started radiation therapy for breast cancer, I was terrified. I had no idea what to expect. But the staff here understood and they were so supportive.

The doctors wouldn't just say everything is going to be OK. They told me the truth. And they let me know we could fight it together.

Now, I'm through with surgery, radiation, chemo...and I actually miss seeing these people every day. Thanks to them, I can hold my granddaughter and believe I'll be around for a long time."

*Marge Szendel and her granddaughter, Aliyah*

For people like Marge, it's important to know that **Northwest Community ranks fifth among 138 hospitals** for the number of cancer patients cared for in the state of Illinois. But just as important, is knowing we really care.

To learn more about our comprehensive range of services, affiliated physicians and health plans, call a HealthConnection representative at 847.618.FIND (3463) or visit our website at [www.nch.org](http://www.nch.org).



**Northwest Community  
Healthcare**

A Member of Northwestern Healthcare

ARLINGTON HEIGHTS • BUFFALO GROVE • LAKE ZURICH • PALATINE • SCHAUMBURG • BARRINGTON (in planning)

CaringFirst For 40 Years 1959—1999

## Walk for Life

Lace up your Tennis Shoes, pack up your tent and join the crowd for the 1999 Barrington Relay for Life to support the American Cancer Society. Last year, Barrington was recognized for having the most successful first year relay in the history of the event. Raising over \$297,000, it was truly an inspiring experience to be a part of last year's relay.

This year, **Hayward and Skopek Orthodontics** is proud to be a gold corporate sponsor of the Barrington Relay for Life. Our office is optimistic that we can help reach this year's goal of \$400,000. The Barrington Relay for Life is an 18-hour walking/running event which is held on the track at Barrington High School. The event begins on June 5 at 4 PM and ends on June 6 at 10 AM.

This overnight "Celebration of Life" provides food, music and most importantly, fellowship. The idea is to have fun while raising money to support research and provide services to cancer patients and their families.

Each relay team is composed of 8 to 15 members who seek sponsorship from friends, relatives or co-workers. Each



**Dr. Michael Hayward**



**Dr. Robert Skopek**

team will then have members continuously walking/running for the entire 18 hours of the event.

We would like to encourage you to support the relay by pledging to help us in our fight against cancer. If you would like to make a monetary pledge to our team, or have any questions about the event, please speak with our receptionists or call us at our offices.

We can be reached in Barrington at **847-382-5588** or at our Palatine Office at **847-359-7980**.

Sincerely,

Drs. Hayward, Skopek and Staff

## Tax Consequences of the Home Office

by Sharon L. Keller, J.D., LLM

Many of us are now utilizing a portion of our homes as our offices. As a result, the IRS has issued new rules as a part of the 1997 Tax Act which became effective on December 31, 1998.

For a taxpayer to deduct home office expenses (other than interest, taxes, casualties and other expenses that are deductible regardless of whether the expenses are incurred by a business or income producing activities), the portion of the dwelling that is used as a home office must be *exclusively used on a regular basis*:

- As the principal place of business for any trade or business of the taxpayer;
- As a place of business which is used by patients, clients or customers in meeting or dealing with the taxpayer in the normal course of his trade or business; or
- In the case of a separate structure which is not attached to the dwelling, in connection with the taxpayer's trade or business.

If the taxpayer is an employee, the above rules only apply if the exclusive use is for the benefit of the employer. After December 31, 1998, the "principal place of business" includes a place of business which is used by the taxpayer for the administrative or management activities of such trade or business.

A taxpayer may have more than one place of business, but to deduct home office expenses, the home office must be the principal place of business. According to the Internal Revenue Service, there are two primary factors to consider in determining whether the home office is the principal place of business: (1) the relative importance of the activities performed at each location and (2) the time spent at each location.

Deductions are allowed only to the extent of the gross income generated by the trade or business for which the dwelling



was used as a home office. In determining what expenses may be deducted, the following expenses are allowed in the following order:

1. *Otherwise deductible expenses*—The portion of the expenses attributable to the home office that are deductible regardless of whether they are allocable to the use as a trade or business—such as mortgage interest and real estate taxes—are deductible. The taxpayer must allocate a portion of his or her total mortgage interest and taxes attributable to the home office on the basis of the space used by the taxpayer as the home office compared to the space or the entire house.

2. *Expenses attributable to the activity*—Expenses attributable to the activity, but not allocable to the dwelling itself, are deductible.

3. *Expenses attributable to the trade or business*—These expenses are those attributable to the trade or business (other than depreciation) to the extent that the gross income from the trade or business exceeds the expenses as described above.

4. *Depreciation*—Finally, depreciation and other expenses are deductible if they would result in the adjustment of the basis of the dwelling to the extent of the gross income less the expenses described above.

It is advisable to seek the advice of a tax

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## Prime Time Discussion Group on Current Events

The Barrington Area Council on Aging, Inc. (BACOA) is sponsoring a new Senior Discussion Group which will be led by Lori Imroth-Braun, LCPC. Our fourth meeting will be held on Thursday, June 10 at 10 AM at the Barrington Area Library, 505 North Northwest Highway. The discussion

will center on events in the news. Bring clippings of current news items that are of interest to you.

Call Carol at 381-5030. Reservations are not required but are appreciated. All seniors are invited to attend. Refreshments will be served.

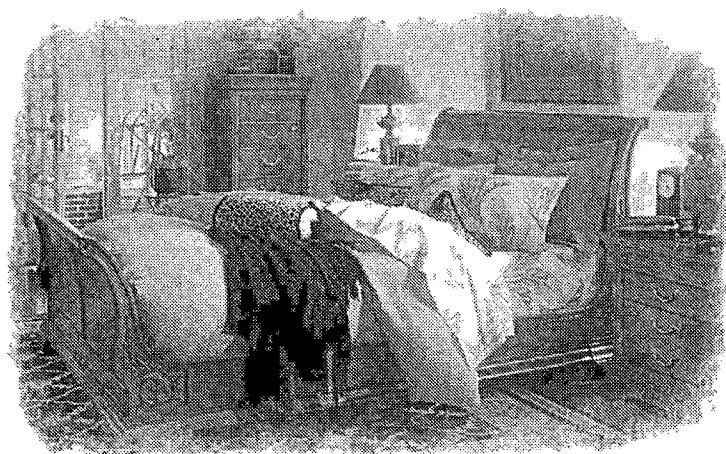
attorney or accountant to ascertain the extent to which you may take a deduction of your home for a home office. Next month, I will look at the steps that the government is taking to assure a smooth transition in

the year 2000—Y2K and the IRS!

Until then, have a safe and prosperous June. Barrington Relay for Life is June 5 and 6 at the Barrington High School. *Stop by and say hi!*



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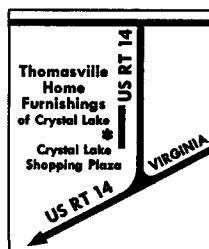


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## Polish Culture Focus of Art Associates Excursion

Polish culture will be the essence of a summer excursion organized by the Barrington Community Associates of the Art Institute of Chicago for Wednesday, July 14. "Land of the Winged Horsemen: Art in Poland, 1571-1764" at the Art Institute, a tour of three Polish churches and lunch at Mareva's Polish restaurant are all part of the day.

"Winged Horsemen" consists of 150 works of art drawn from various Polish public collections and will travel to five museums in America. It is the first major display in the United States of works in all media from Poland during the 16th through 18th century.

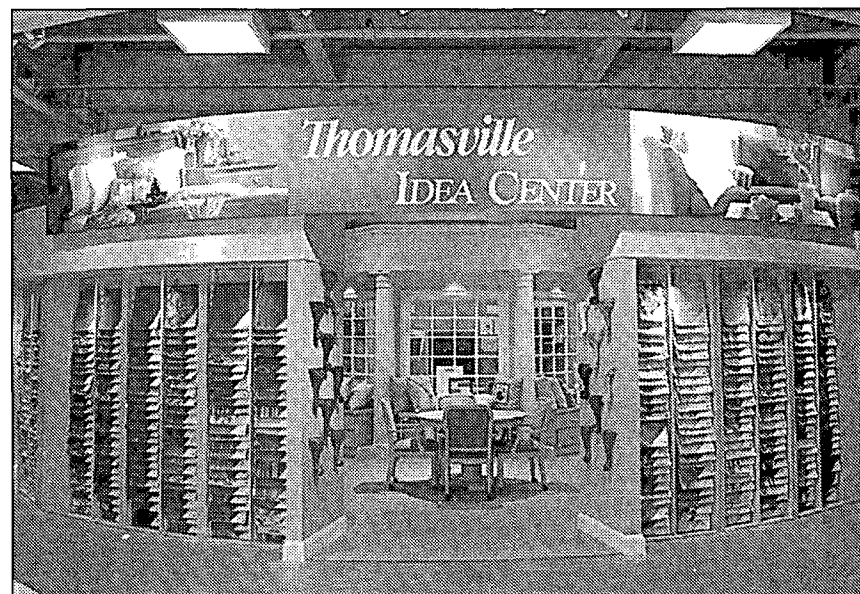
The exhibition is divided into four sections: Polish Royalty, with such objects as a portrait of Ladislas IV by Rubens and the throne of King Stanislas Augustus Poniatowski; the luxurious decor of the nobility, the Magnates; the magnificent armor and horse trappings of the military;



Artist unknown, Sculpture of Lion from the Castrum Doloris of Franciszek Salezy and Anna Potorki, 1758. Gilded wood, Museum of the Province of Bernardines, Lezajsk.

Black Madonna of Czestochowa, as well as liturgical objects, such as chasubles and

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nancial plan to determine how much you wish to spend to create the room of your dreams.

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## Entrepreneurial Woman's Conference in Chicago Set for September 8

The Women's Business Development Center (WBDC) in Chicago, a nonprofit organization that assists women entrepreneurs in growing their businesses, will hold its 13th Annual Entrepreneurial Woman's Conference, themed "Women-Owned Businesses Shape the New Century," on Wednesday, September 8, 1999 from 7:30 AM to 6:30 PM at Navy Pier in Chicago.

Highlights will be a Women's Business and Buyers Mart for women business owners wanting to sell their products or services to corporate and government buyers, and the Annual Hall of Fame Awards Breakfast. A luncheon forum featuring prominent, nationally recognized, successful women entrepreneurs such as

Jane Applegate and Susan Winer will be moderated by Terry Savage, financial analyst and author. Business owners who attend will also be offered a variety of business development workshops led by women entrepreneurs.

Price is \$110 before September 1, 1999 and \$150 thereafter. Luncheon forum tickets cost \$80, and the Hall of Fame Awards Breakfast is \$40 per person.

Founded in 1986, WBDC provides women entrepreneurs with entrepreneurial training, individualized consulting, financial counseling and assistance, business and strategic plan development and WBE certification and procurement opportunities. For further information, call 312-853-3477, ext. 45.



chalices, which reflect Polish religious life. The exhibition will also explore Poland's identity in its key geographical position between east and west.

The Polish churches can all be seen from the Kennedy Expressway. The oldest is St. Stanislaus Kostka which features Tiffany chandeliers and stained glass windows made by German artisans in Munich over 100 years ago.

St. Mary of the Angels is a 1920 Roman Renaissance style church that stands 19 stories tall and is the largest Catholic Church in the state, seating 2,000 people. Sixty-eight stained glass windows, a W.W. Kimball organ and a 40-foot dome make

St. Mary of the Angels Church one of the most beautiful in the country. The interior was recently regilded.

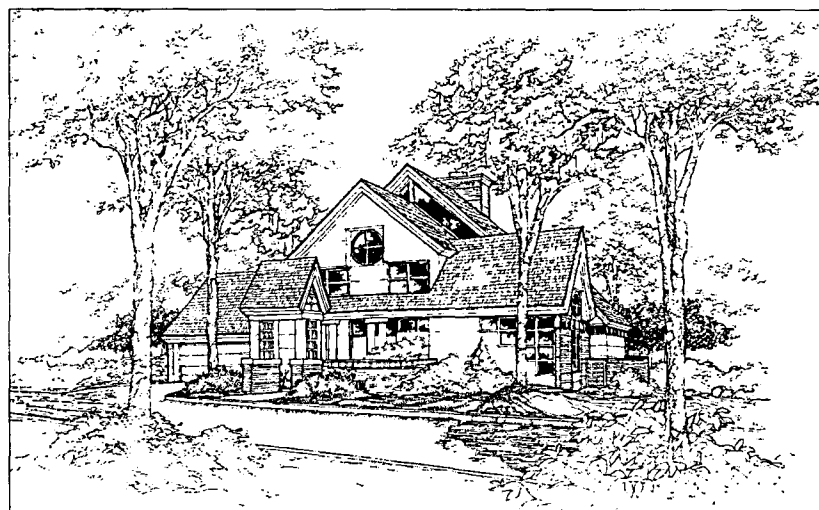
The final church is St. John Cantius. New wooden floors depict stories from the old and new testaments. A religious art museum is found on the lower level.

At Mareva's, tour participants will enjoy a sampler plate of Polish specialties and an assortment of pastries for desert.

Buses will leave Langendorf Park Parking Lot in Barrington at 9 AM. Fees for the day are \$55 for members and \$65 for non-members. Reservations are due June 30. Please phone Mary Wajda at 847-991-1207.

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Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

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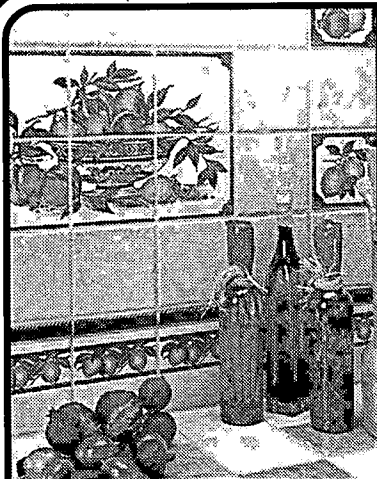


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## Golfers to Help Kids with Cancer

Plans are well underway and past participants are already signing up for the popular 6th Annual "Golf for Bear's Friends" golf outing. Cary Country Club has been selected for the fifth consecutive year... a beautiful, rolling, friendly club with great food and facilities. All golfers are invited to sign up and enjoy a fun packed day. The date to save is Monday July 12! While golfers are enjoying their day on the links or participating in the auctions, they will be helping the over 43,500 courageous children fighting cancer. Bear Necessities Pediatric Cancer Foundation, Inc. had a very early "sell out" last year and is encouraging those interested to call and get the details soon

to reserve their spot.

To really help the cancer stricken children, Bear Necessities is asking all local corporations to get involved in sponsorships at any level. "The children really need all the help we can afford to give," remarked Kathleen Casey, "This is the second most important source of funds that Bear Necessities generates and we desperately need to beat this deadly disease. Pediatric cancer remains the number one cause of death by disease in children."

For information on sponsorship or to reserve your spot to golf in the "Golf for Bear's Friends" golf outing, please call 847-952-9164. You'll feel good inside by getting involved.

## Volunteers Honored for Contributions to Good Shepherd Hospital



Catchpenny volunteer and assistant manager Gladys Johnson of Barrington accepts a special plaque from Good Shepherd Hospital Chief Executive Russell E. Feurer on behalf of Catchpenny, for over \$2 million in donations to Good Shepherd Hospital over the past 29 years.

"Volunteers have that Magic Touch" was the theme of the recent Good Shepherd Hospital Volunteer Luncheon at Wynstone Country Club. Over 210 volunteers of the hospital were honored for the over 200,000 hours that they have given to the hospital since Good Shepherd was founded in 1979.

"The volunteers of Good Shepherd Hospital are one of the most outstanding assets that the hospital has. Over the years, the volunteers have assisted patients, families, physicians and Good Shepherd associates in creating the caring and compassionate environment that has made Good Shepherd Hospital the leading health care provider for the communities that it serves," said Good Shepherd Hospital Chief Executive Russell E. Feurer.

As part of the luncheon, Feurer presented a plaque to the volunteers of Catchpenny, the Barrington resale shop operated by the Auxiliary of Good Shepherd Hospital, for their contributions of over \$2 million to Good Shepherd over the past 29 years. Catchpenny began its fundraising for the hospital many years before the hospital even opened its doors.

Some of the volunteers who have served with the hospital since its beginnings in 1979 and who were present at the luncheon included: Helen Jun, Anna R. Downin, Phyllis Pfeil, May Pinkerton, Earlee Leaf, Wini Schenzinger, Joan Priest, Lucie Johnson, Jane Taylor-Fletcher and Carol Nelson, all of Barrington; Cecelia Kottaba and Angela Frangiamore of Cary; and Vicki Primrose of Lake Zurich.





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meet Monday, Wednesday and Friday. All sessions will last two weeks and are scheduled through June, July and early August. Family classes (father/daughter, etc.) will be scheduled as needed.

The cost is \$90 per person for each session and will be held at the Pistakee Yacht Club, 3300 Rocky Beach Road in Johnsburg. A Coast Guard approved Life Jacket, a swim suit, a pair of old tennis shoes and a plan to have fun are all that is needed.

For more information, call program director Jim Huemann at 815-344-9414.

## Sailing School Camp

The Pistakee Sailing School, in Johnsburg on the Chain-O-Lakes, has openings for sailing school students this summer. Classes will be held for beginners, intermediate and advanced sailors. Students will receive both classroom and on-the-water training by a certified instructor.

Classes begin June 14 for children and adults. The morning sessions will meet from 9 AM to noon on Monday, Wednesday and Friday. Also starting June 14 are afternoon sessions from 1 to 4 PM and will

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Joe Schafer—Vice President

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While you're outside firing up the grill for a Father's Day celebration, you notice how bad the exterior of your house really looks. Rotted trim, soffit and fascia boards not only look bad, but left in this condition, can cause additional framing damage. Take a closer look. Is the paint on your house chipped or peeling? If you can see bare wood, it's definitely time to re-stain! What about the windows on the house? Most likely, they need to be scraped, caulked, primed and repainted too.

If you're tired of the way your house looks, a change in color can give a drab, boring house a fresh, new look and increase curb appeal. Maybe the color is just too dark or too light. Whatever your taste,

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Preparation is just as important as the paint job itself. Scraping loose, flaking paint, professionally powerwashing, caulking, priming, painting, protecting plants and shrubs—we do it all. We'll replace the rotted trim, soffit and fascia boards, make the repairs, and repaint or re-stain your home. We use only the highest quality primer, paint and stain, and clean the job site daily. Plus, our professional, experienced, full-time employees treat your home as if it is their own.

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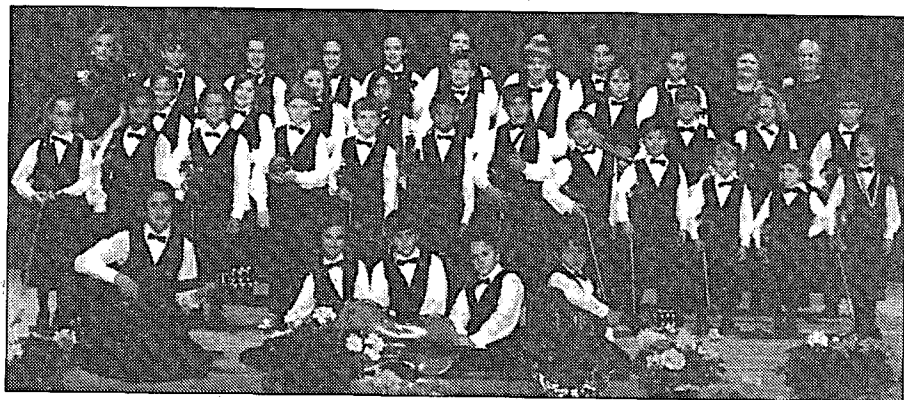
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## Barrington Suzuki Strings to Travel to Door County



Pictured are The Barrington Suzuki Strings Door County Travel Group: (back row, l to r), Teacher Nancy Murray, Steven Stubitz, Meghan Sherlock, Vanessa Ohlrich, Naomi Hansen, Melody Velleur, Eric Eng, Jason Szeto, Catherine Amrich, Accompanist Helen Velleur, Director Marianela McCammon; (2nd row), Elizabeth Eng, Mandy Simmons, Sophia Rodriguez, Amy Franco, Robert VanFossan, Christopher Holmes, Caroline Amrich, Laura Poglitsch, Audra Zaba, Ryan Sherman; (3rd row), Kelsey Murray, Anita Mehta, Jenna DiJohn, Michael Stubitz, Brian Schippers, Andrew Mariano, Ryneal Eugenio, Roelle Eugenio, Tyler Ku, Kaylene Murray, Vallerie Schippers, Jayme Alton; (front), Amia Yokoyama, Alexandra Herzog, Alexander Goss, Colleen Amrich, Joseph Franco. Not pictured are: Dana Dettlaft, Annette Hansen, Amelia McCardle, Kristin Milosch, Andrew Ohlrich, Noah Ronczkowski, Ashley and Stephanie Szeto, Erin Wahl, Matthew Yancey, Lela and Lulu Owen, Alexandra and Caroline Bowen and Sarah Ronczkowski.

On June 18, the Barrington Suzuki Strings Travel Group will be heading for Door County Wisconsin to participate in the Fyr Bal Celebration in Ephraim. Fifty talented musicians playing stringed instruments and flutes will be delighting audiences in the following locations: The Ephraim Village Hall at 7 PM on the 18th, Clark Park

in Fish Creek at noon on Saturday the 19th and the Moravian Church in Ephraim at 2 PM on Sunday. A variety of classical, jazz, fiddle and popular songs will be performed by the group. In the past, some of these musicians have participated in tours of Russia, Austria and Italy as well as many national locations such as Tennes-

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## Chain O'Lakes Sweet Adelines Bring Home Regional Awards

The Chain O'Lakes Sweet Adeline Chorus competed recently (April 30 through May 2) in a regional chorus competition with 16 other choruses from the Lake Michigan area in Illinois, Indiana and Michigan. The chorus won the Most Improved Chorus Award, with a total score 50 points higher than the previous year. They also won the Third Place Award in the Small Chorus Division, for choruses under 40 members. Their overall placement was sixth among 17 choruses competing.

"These 34 women have worked very hard over the past few months learning their music, choreography and making costumes, which had a direct result on the outcome of this competition," said chorus director, CarolAnn Bagley. "The annual contest is a great opportunity for us to perform for our peers and get graded by a trained, professional Sweet Adeline judging panel. I am very proud of the accomplishments of this chorus."

And, the quartet "Unchained Melody," comprised entirely of chorus members,

won the Most Improved Quartet Award for scoring the most points over last year's score. Quartet members Janet Graf (Huntley), Eileen Basener (Lake In The Hills), Willy Palmer and Cheryl Warnecke (Crystal Lake) have been together for 3 years and sang in their second competition.

The Chain O'Lakes Chorus is currently making preparations for a music summer camp that will be open to the public. Classes will include voice production, music theory, choreography and costuming and will be taught by the director and members of the chorus. The music camp will give chorus members and women interested in learning valuable information about the craft. The classes will be held at the Crystal Lake Salvation Army Building. Camp dates will soon be confirmed.

If you're interested in attending a rehearsal or hiring the group, call 847-622-5268. Rehearsals are held every Thursday evening from 7:30 to 10:30 PM at the Salvation Army, 290 W. Crystal Lake Avenue in Crystal Lake.



see, the Ozarks, Wisconsin and Galena. Under the direction of Director Marianela McCammon, each travel group has outperformed the previous one. Recently, a CD was made of the Italy Travel group which is available for purchase by calling the Suzuki Office at 847-382-7517. According to Mrs. McCammon, "It is the best travel group we've had!"

Prior to their departure, the Wisconsin travel group will be performing for the Barrington Area Council on the Aging Flag Raising Ceremony in Langendorf Park on June 14 and the Cancer Society Run on June 5.

For more information about the Suzuki School or the travel group, please call the school office a 847-382-7517.



## Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

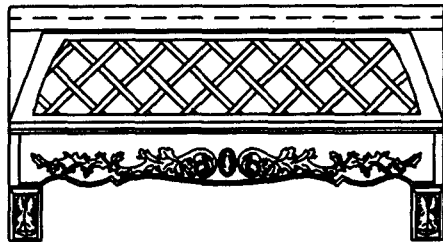
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Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

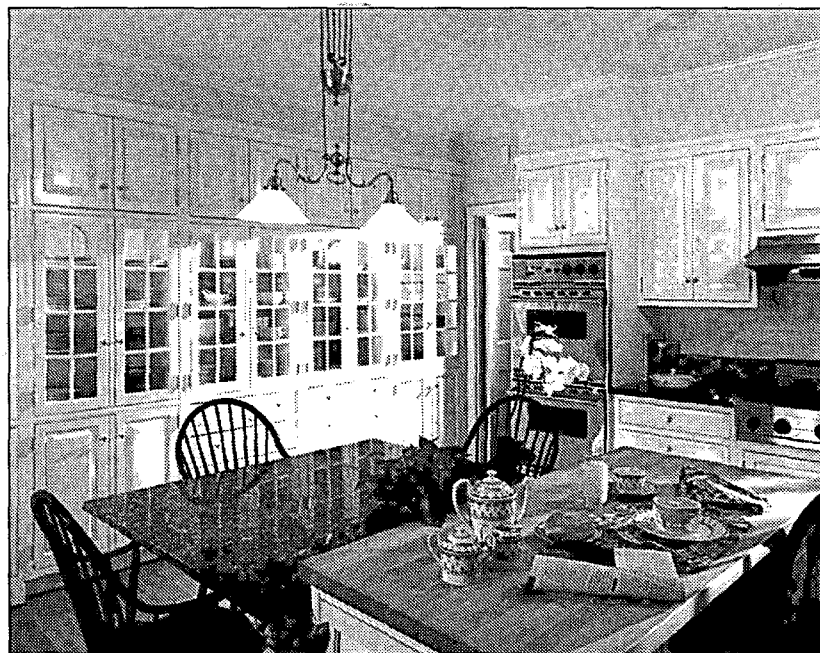
other style, our designers have the background and experience to fit the kitchen to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

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**McCauley Design** is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at **381-2742**.

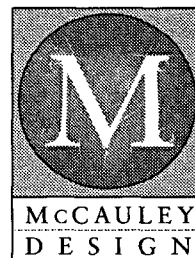


*Each and every McCauley Design project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.*

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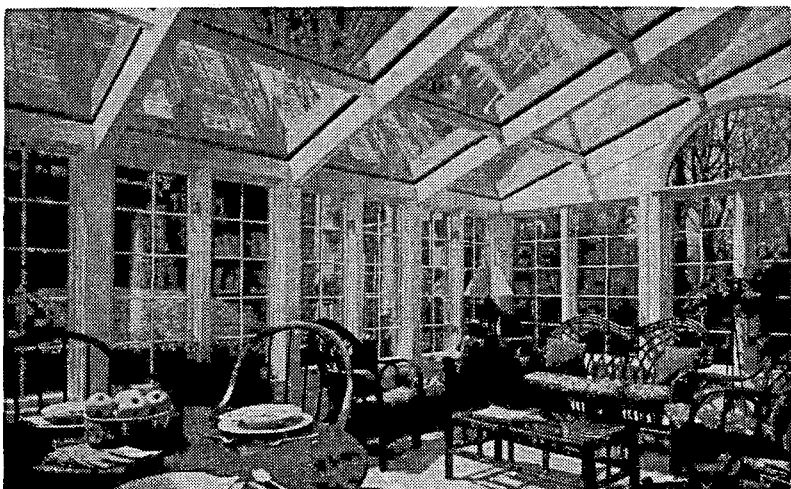
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## An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design & Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

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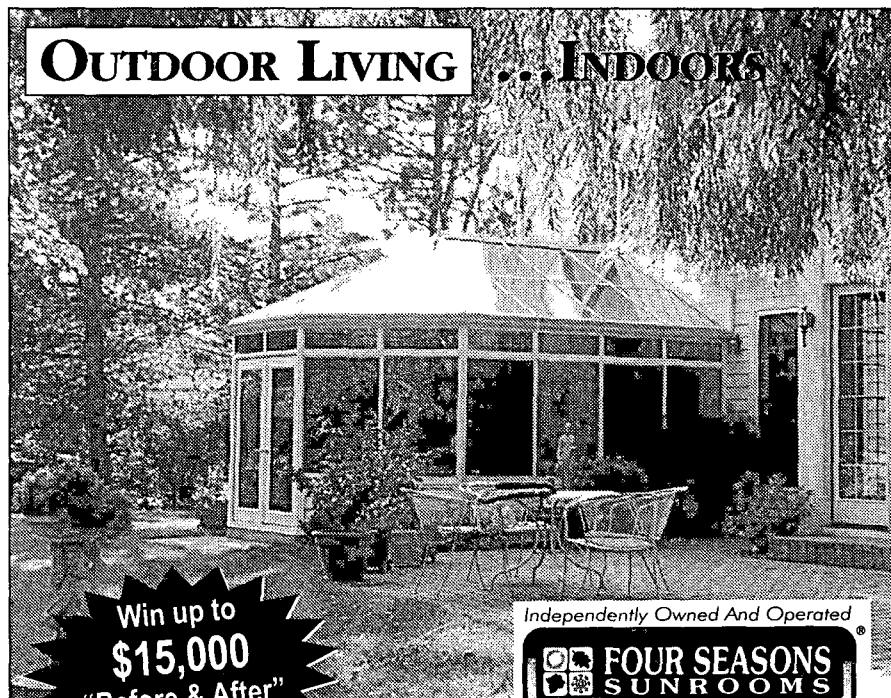
Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations.

New MC<sup>2</sup> glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

**Armcor Design & Build** will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC<sup>2</sup> glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 277-9880.

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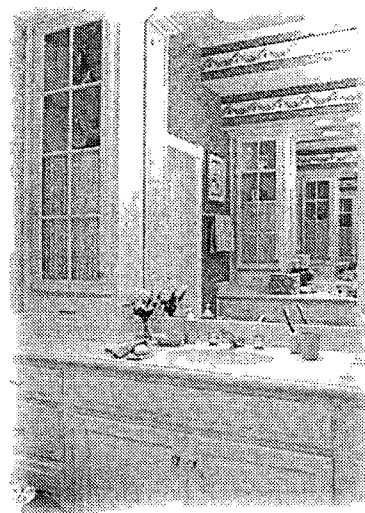
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## Answers from the Experts

**Barrington Kitchen & Bath Studio's** four designers have the answers to questions you may have about your kitchen or bath project. This month's questions and answers feature Kaye Hathaway, CKD and Debbie Vinopal, ASID.

*I will be remodeling my kitchen later this year. How can I tell if an island will work in my new kitchen?*

Kaye Hathaway feels that islands should aid traffic flow and help refine work areas. "Ideally, I allow 42" of clearance between the island and adjoining walls or cabinets. In a huge-traffic area, a space where appliance doors will be opened or a multi-cook kitchen, 48" or more is better. Sometimes the aisle can be less than 42" with clever appliance placement and space planning. I often suggest using an open ironing board to get the feel of an island in an existing kitchen."

*Is it a good idea to put my sink or burners on the island?*

Debbie suggests the following: "A second sink installed in the island is a good idea. It allows your children or guests a water source for drinks or hand washing, away from the sink you are using for meal preparation. Because the sink is one of the busiest areas in the kitchen, installing your main sink in the island can be nice. This location gives you a better view of the room without having your back to the

family's activities."

"Burners on the island, however, raise the issue of safety. The island becomes a natural gathering place for children or guests. It is not safe or comfortable to be that close to this hot surface. However, sometimes the island is the best place for a cooktop due to the layout of the room. It would be important in that situation to work closely with your kitchen designer to create an island that addresses those safety issues."

*In my new addition, the island will divide my kitchen and family room. What can I do to make my island functional but attractive so I don't feel like I'm cooking in the family room?*

"We are fortunate to have to have so many furniture-type details which can be incorporated into islands," says Kaye. "In our showroom, we show both an arts and crafts style leg system and elaborately carved counter top brackets, and these are only a small sample of the possibilities for your new kitchen. I often make the part of the island closest to the family room a bit taller to provide a visual barrier to block the clutter of meal preparation, while still allowing the cook to be part of the action."

If you have a question you'd like to see addressed in this column, please send us a note.



## Red Oaks Annual Garage Sale— June 26 and 27

**Red Oaks** home furnishings in Long Grove, Illinois will be holding its largest sale event of the year on June 26 and 27. Each year, during Long Grove's Strawberry Festival, **Red Oaks** puts up tents and fills them with furniture and accessories at **50-80% below** the original selling prices. Most of the pieces selected are discontinued items or former showroom samples—some brand new from the box and others with minor dents and dings. It's a fun time to look for a special treasure and later stroll the town enjoying other festival events.

**Red Oaks** has held their annual **Garage Sale** for over 20 years. Longtime value hunters often come early to watch as merchandise is brought from the warehouse. The sale officially opens at 10 AM and shoppers are quick to make their way to a favored item to lay claim to it. Each year, the sale has a unique mix of products, depending on the inventory on hand. Some years have featured lots of upholstery and other years have been dominated by tables and cabinets. In addition to furniture, **Red Oaks**



also includes lamps, prints, accessories, gift items and silk flowers in the sale.

Worth noting, this is a cash and carry event. Credit cards are not accepted on sale merchandise and you should be prepared to haul away your purchase. Delivery of large furniture items can be arranged at additional cost. Parking during the festival is often limited, so plan to come early.



## Your Personal Landscape IV— Outdoor Seating Surface

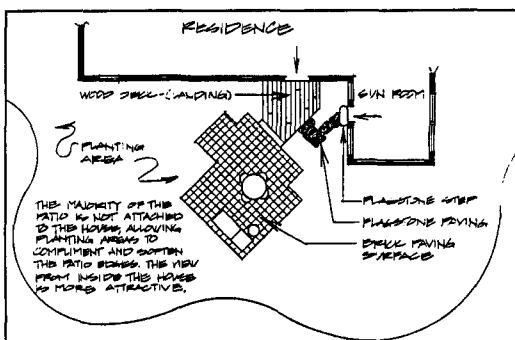
I have had clients tell me they never spent much time outside until I had designed and built their patio for them. Perhaps the reason is that they had no reason to be outside. There was nothing to see or experience. Developing a seating area in your garden can be one of the most rewarding and enjoyable aspects of your property.

Viewing the surface from within your home is a good indication of the quality of design. So often, we see decks and paving surfaces attached directly to the home. The reason is simple; that is what the contractor did in the past and it is perceived by the untrained homeowner to be correct. The unfortunate result is that 365 days out of the year, all you see is the sterile, uninviting paving surface.

As with all design, there are no patented distances or sizes because all settings are different. When planning the outdoor surface, consider the following points:

- **Location**—Allow a minimum distance of four (4') to five feet (5') from the home so that planting can be incorporated into the design. If you have morning or afternoon sunlight that overwhelms a room, you may need enough space to plant a medium size tree. Avoid objectionable locations adjacent to dog runs, loud vehicular traffic or unsightly views.

- **Size**—This may be determined more by a minimum requirement, such as room enough for a table and chairs. On the other hand, if you have a large family or



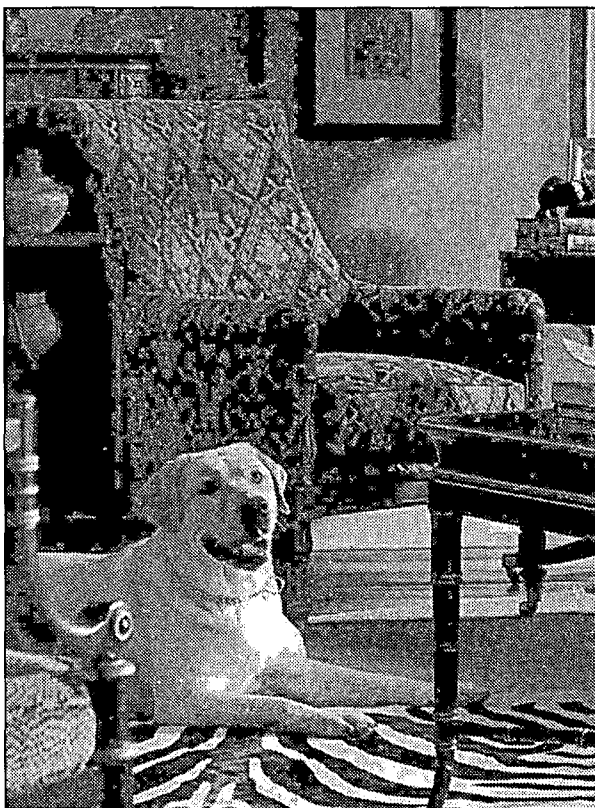
like to entertain, you will require more surface area. A good way to determine the proper size for your space is by measuring a room in your house (such as a living room) and relating that to a patio. An average size table may be three feet (3') diameter with four chairs and an umbrella. A chaise lounge chair measures seven feet (7') and all outdoor furniture requires adequate circulation for you and your guests.

- **Design**—As we discussed with the entrance walk, the shape(s) should be compatible with the architecture of the home and certainly functional for the anticipated activities.

- **Materials**—There are a multitude of materials and colors of materials and again they should be compatible with the home: brick, stone, granite, bluestone, gravel, concrete, exposed aggregate, wood, etc. Often times, costs can be a factor in your choice of material; however, if the design and layout is of a strong nature, you will have excellent results with any material selection.

Our next article will discuss planting to complement the patio and for privacy.

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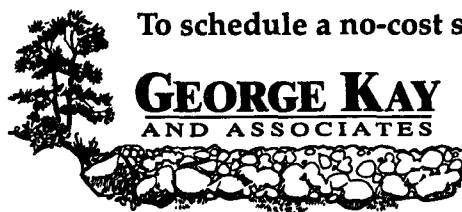
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When we look out of our windows, our view influences us immensely. Especially when we see a reflection of our own personal interests. We can help provide creative options for any of your landscaping needs, whether you are seeking a composition of plants selected and arranged for privacy; plantings that attract wildlife; a patio crafted to hold special gatherings; or a variety of plants providing interest throughout the year.

To schedule a no-cost site consultation, call 232-6890.



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## Elegant and Serene Landscape Design

**Tom's Phase II Landscaping** is a family-owned business that has served the greater Chicago area for 13 years with quality designs, installations and maintenance. The staff at Tom's believes that a beautiful setting to call home is definitely one of the sweetest comforts in life. But, they are also very aware that peaceful home settings don't just happen. They are dedicated to professional and quality-crafted landscape design and installation.

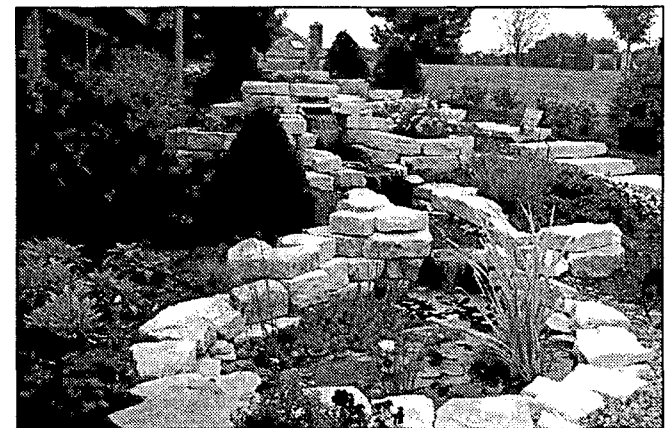
Tom's is convinced that a landscape that is well designed and pleasing to the customer's eye is a result of a careful evaluation of customer needs. Brian Schmidt, Vice President of Landscape Sales at Tom's, says, "Any knowledgeable and experienced landscape architect will

be aware of the many factors involved in the landscaping process such as the customer's preferences, materials used to meet those preferences, desired entertainment areas, pedestrian and vehicular traffic flow, service areas, existing natural and man-made conditions, overall unity, repetition and balance of the design."

You can be assured that **Tom's Phase II Landscaping** doesn't resort to "cookie cutter" designs for landscapes. Tom's provides their customers with a custom design that is tailored for each customer's specific needs and desires. Tom's creates truly inviting landscapes that include a variety of attractive patio, sidewalk and driveway designs using Paveloc Brick Pavers. The combination of well defined

plant beds and lawn areas with Brick Pavers has augmented Tom's creativity, enabling them to create outdoor scenes that are incredibly comfortable and relaxing on one hand and truly beautiful and artistic on the other. Paveloc Brick Pavers, used in contemporary, traditional or country designs, dramatically enhance the atmosphere of any home's exterior.

So, if you want to create your own perfect setting, then call the professionals at **Tom's Phase II Landscaping**. They pro-



vide complete landscaping service from landscape designs and installations to year-round maintenance. Let them help you make a change to your surroundings.

## Retired Woodstock Investment Broker, Now Artist, Has First Art Show



Mr. Jon C. Stout of Crystal Lake

Retired Woodstock investment broker Jon C. Stout of Crystal Lake will exhibit his watercolor paintings in the Community Room of the Woodstock Opera House from Wednesday, June 2 through Tuesday, June 29, 1999. A reception to meet the artist will be held in the Community Room on Sunday, June 13, from 1 to 4 PM. Re-

freshments will be served.

Although Jon has been a student of art since childhood, he has devoted his professional life over the last 30 years to advising his clients on investments. In late January of 1999, he gave up a successful investment brokerage business with A.G. Edwards in Woodstock, Illinois to fulfill his lifelong

## June Woodstock Events

**Farmers Markets, May to October**—Woodstock residents and visitors will have two markets to enjoy this summer! Every Thursday on the Square, beginning in mid-May, shop one of the county's only authentic markets for organically grown produce, flowers or homemade peanut brittle and other goodies.

Busy through the week? Then stop back at the Square on Saturdays for Woodstock's Second Farmers Market organized by the Woodstock Chamber. Please phone 815-338-2436 for additional information.

**City Band Concerts, Wednesdays from June 9 through July 28**—A time-honored tradition for 115 years, hundreds of residents come out at 7:30 PM every Wednesday to enjoy the ice cream social and an evening of music in the park. Call the

Woodstock Opera House Office at 815-338-4212 for more information.

**Dick Tracy Days, June 23 through 27**—A hometown celebration, Dick Tracy Days first began in 1990 as a way of assisting the Chester Gould/Dick Tracy Museum. Now a favorite summertime tradition, the five day celebration's grand finale is the Sunday Parade and the spectacular competition between nationally recognized Drum and Bugle Corps. Call the Woodstock Chamber for more information at 815-338-2436.

**Woodstock's PBW Garden Walk, June 24**—Sponsored by the Woodstock Professional Business Women Group, tour spectacular local gardens and stop by the Woodstock Opera House for refreshments afterwards. Call the PBW for more information at 815-338-1981.

## Conservation Tour at Ela Marsh

On Wednesday, June 16 at 9 AM, there will be a Citizens for Conservation Preserve Tour at Ela Marsh. Rare black soil prairie that has never been plowed is recovering from years as an orchard. Meet

at the CFC office at 211 Ela Road south of Cuba Road. Wear walking shoes.

Please RSVP to the CFC office at 382-SAVE (7283) at least one week before the tour.

dream of becoming a full-time artist.

Jon has focused on the watercolor medium in the last 20 years and has studied with several fine Midwestern watercolor teachers. They include Jack Anderson, Bridget Austin, Phil Austin, Win Jones (all 4 taught in Door County, Wisconsin), and Ossie Rometo and Johanna Gullick (both of McHenry County College). Many of

Jon's paintings are extractions from his interest of nature and love for Door County.

The exhibit may be viewed from Monday through Friday, 9 AM to 5 PM, Saturday from 1 to 5 PM and during all Opera House performances. For more information on this exhibit, please call The Administrative Office of The Woodstock Opera House at 815-338-4212.



## What is "Custom" Residential Architecture?

We see this word "custom" on everything lately. What does "semi-custom" mean? Why do some people think that anything made custom is only for the wealthy?

"As residential architects, we are constantly asked to define and dispel the myths associated with this word," says John C. Cazzetta, of **Kemper Cazzetta, Ltd., Architects** in Barrington.

The definition of the word "custom" as it relates to residential architecture is actually quite simple. A true custom design is something that is solely created by the architect from the specifications and desires of the client. For example, a traditional colonial can be designed as a custom plan. A custom plan is never repeated or sold to other clients, and the architect and homeowner maintain the only originals.

Anything short of this definition is NOT a custom design. Plans that already exist which are revised by the architect per the owners or builder's program is a "customized plan." "Semi-custom" is when a



builder offers model plans and the homeowner selects "a la carte" upgrades to the plan.

The biggest myth of custom residential architecture is the expense. "We have many clients who want a simple plan and have a limited budget, but do not want to choose from 'Plans A through F.'" They want their housing dollars to be utilized to the fullest potential.

If you wish to discuss a custom design with us or customize an existing plan that you have, please call Principals Cheryl Ferguson and John C. Cazzetta at **Kemper Cazzetta, Ltd., Architects** at 382-8322.

## The Carpet Mart—LAMINATE FLOOR SALE

**The Carpet Mart**, (Tim's Carpet and Tile, Inc.), is conveniently located in the Deerpath Court Shopping Center in Lake Zurich.

With over 15 years of experience in the flooring industry, owner Tim Murphy services the flooring needs of residential and commercial clients in the Chicagoland area. **The Carpet Mart** offers a complete variety of quality flooring products and services at competitive prices. Whether you are in the market for carpet, area rugs, hardwood flooring, ceramic tile, sheet vinyl, laminates or discounted remnants, **The Carpet Mart** is your one-stop-shop.



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## Top Sculptor at The Studio of Long Grove

**The Studio of Long Grove Galleries—June 11 through 13:** One of the nation's top sculptors, Mark Lundeen, will display his bronze work ranging from Rockwell-like personal moments to wildlife on Friday, June 11 from 6 to 9 PM (artist's reception); Saturday, June 12 from 1 to 4 PM; and Sunday, June 13 from 1 to 4 PM.

**The Studio of Long Grove Galleries—**

**June 25 through 26:** Impressionist-style painter Sherri Meketa will display her beautiful florals and still-lives on Friday, June 25 from 6 to 9 PM (artist's reception); and Saturday, June 26 from 1 to 4 PM.

The Studio of Long Grove is located at 360 Historical Lane in Long Grove, Illinois. Please phone 847-634-4244 for additional information.

## Pi Beta Phi Potluck

The Arlington Heights Pi Beta Phi Alumnae Club meets monthly, usually the second Wednesday of the month, at various members' homes in the Northwest

Suburbs. All Pi Phis are welcome for our Annual Spring Potluck Dinner on Wednesday, June 9 at 7 PM. Please call Sherrill at 847-358-4147 for more information.

# It all adds up but does it add value?

When you as a homeowner have resale in mind, spending \$100,000 to do a remodeling project without knowing the future additional value of your home is extremely daring!

Whether your goal is to maximize value or simply to meet the changing needs of your family, the key is to call us. Let us help you to understand the possibilities so that you can make the wisest decisions and maximize your dollar. Call us today.

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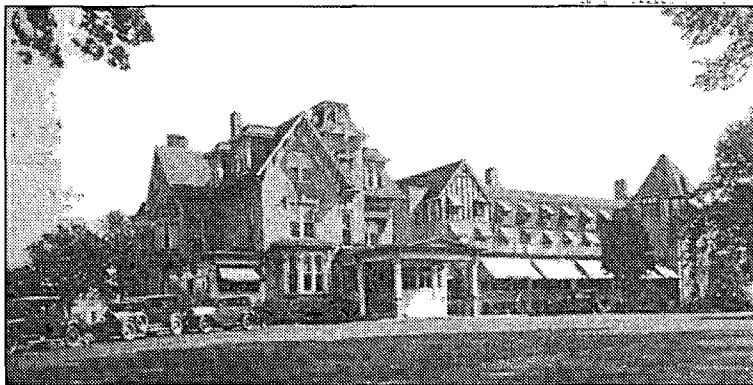
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## 1920's Come Roaring Back to the Dole Mansion



**Crystal Lake Country Club circa 1927**

The 1920's was an interesting and fun-filled time in Crystal Lake. The city was growing and residents were prospering. The El Tovar Theatre (now the Raue Center for the Performing Arts), Crystal Lake Community High School (now Central) and the Main Beach Park District building were all built during this era.

In 1922, the Dole Mansion and the surrounding property was sold to the Lake Development Company. The transaction involved nearly half a million dollars. Mrs. Al "Lou" Ringling was Vice President of the Lake Development Company and one of the principal investors. She was the widow of the oldest Ringling Brother of circus fame. The mansion was rejuvenated, the huge annex was constructed (now Lakeside Center), and thus the property was converted into the first Crystal Lake Country Club. The club and annex in-

cluded 44 bedrooms, a dining salon, ballroom, sun parlor, reception room, locker rooms and a large outdoor terrace. Outdoor facilities included two 18-hole golf courses, a swimming pool, boating dock, an 80-acre game preserve, riding stables and tennis courts.

Step back to those carefree days of flappers, the "Charleston" and Model T Fords. Visit the Dole Mansion during Lakeside Festival/Gala Week celebration (June 25 through July 3). Tours of the Mansion will be available on Friday, June 25 from 6 to 9 PM; Saturday and Sunday, June 26 and 27 from 2 to 9 PM; Thursday, July 1 from 6 to 9 PM; and Friday and Saturday, July 2 and 3 from 2 to 9 PM. Take a break and come visit the Dole Mansion during Lakeside Festival/Gala Week. Help support the restoration of this historic Crystal Lake structure and have a great time too.



## Tips from the Top

Margaret R. Semrad  
Broker/Manager  
Barrington Office

*The  
new*

**COLDWELL  
BANKER**

During this last week, Napoleon called to tell me about the renovation of his home. He started to expand by bumping out and looking up. His ranch home took on a new look when a second-story was added.

All of the renovation started in January. The backside of the home was removed to allow for a new addition. A lot of plastic was used to shield the family from the winter weather. It was rocky going for a while, especially when the roof was peeled off to allow for the second story. We laughed when he told me that he would leave one part of his warm home, run through the non-heated area being remodeled, to retreat to the bedroom wing. I would have loved to have seen this.

After five months, Napoleon was pleased with the outcome. The home is now big and open and airy; there are plenty of places for everyone to hide. However, he wondered if this venture was as lucrative to his financial bottom line as he originally thought. Napoleon had invested a lot of money in remodeling. Would he have made as much of a return on his investment if he had purchased another home that met his needs and family's desires?

It's an age old story. The perception is that by remodeling and retrofitting our

present home to our "now" requirements, we will save money. That seems very practical. In actuality, it is usually less expensive to purchase a home that fits your changing life-style.

So what to do? Start by calling **Coldwell Banker Residential Brokerage**. One of our Realtors will gladly counsel you on what is available in today's marketplace in the price range of your current home, plus the money you plan to invest in remodeling. Adding those two investment figures together will give you a purchase price range. You must remember though, when remodeling, the idea you start out with usually ends up much larger and much more costly. Whereas, when purchasing a new home, you are in control by deciding the price you will pay.

Call us today before you start shopping for remodelers. Have all the facts before you make a decision. The time spent with a **Coldwell Banker Realtor** is time well spent.

We congratulate all the June Graduates and wish every student, especially students of life, a wonderful summer.

Please call your Dream Home Headquarters, **Coldwell Banker Residential Brokerage**.

## BHS Washington Choir Tour

The Barrington High School choirs had a fabulous trip to Washington D.C. the first weekend in May. They had the opportunity to compete in two festivals and to sing at the Kennedy Center for the Festival of Gold Invitational for Outstanding Choirs from throughout the U.S. and Canada. (They were the only choir from Illinois.)

It was a special thrill to be assigned cli-

nician Dr. Jerald Ottley, director of the Mormon Tabernacle Choir. The choir visited sites, took a cruise on the Potomac River and sang at both Union Station and the Crystal Place. The Madrigal Singers; Gentlemen Only Choir; Barbershop Quartet; and Ladies Only Choir all received Superior Ratings. The Sophomore Ensemble Choir also won in their division.

## Bears Star Gary Fencik to Highlight for Annual Science Scholarship Benefit

Former Chicago Bear star Gary Fencik will highlight the second annual "Tee Off for Scholars" benefit to be presented by the Chicago Chapter of Achievement Rewards for College Scientists (ARCS) on Monday, June 21 at the Lake Barrington Shores Golf Club.

Fencik will be the special dinner guest at the benefit, which includes a day of challenging golf, a cocktail and hors d'oeuvres reception and barbecue dinner. A practice range and putting green will be open from 11:30 AM to 1 PM. A shotgun start begins at 1 PM, with cocktails at 5:30 PM and dinner at 7 PM.

"Tee Off for Scholars" will generate scholarship funds for outstanding area students pursuing science-related fields at the Illinois Institute of Technology, Loyola-Stritch School of Medicine, Northwestern University and the University of Chicago and its Pritzker School of Medi-

cine. The ARCS Chicago Chapter awarded \$50,000 in scholarships to 10 students this academic year.

Reservations for "Tee Off for Scholars" are \$300 per person (golf and dinner) and \$50 (dinner only). A limited number of hole sponsorships opportunities at \$500 per hole are available. For more information, call 773-248-8177.

ARCS was founded in 1958 to help meet our country's need for scientists and engineers by providing scholarships to academically outstanding students who are United States citizens in need of financial assistance to complete their higher education. In this way, ARCS contributes not only to the advancement of science, but also the material and intellectual welfare of all people.

The Chicago Chapter of ARCS was founded in 1977, and has awarded more than \$1 million to area students.

## Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

**Closet Masters** invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

**Closet Masters** believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom-designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces) while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

**Closet Masters. Your Local Closet Professionals.**

## OMNI Youth Services Hosts a Memorable 1999 "LifeModels" Gala



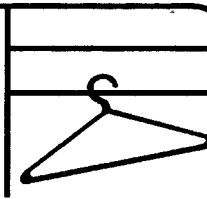
Left to right are: 1999 Gala Chair Janelle Osborne from Kildeer; 1999 "LifeModel" Dr. Mark Plotkin; and Bruce Johnson, member of the OMNI Board of Ambassadors.

The snowstorm didn't stop over 500 people from attending OMNI Youth Services' 1999 "LifeModels" Gala at the Field Museum on March 6. Bill Kurtis was Master of Ceremonies for the evening and introduced the 1999 class of OMNI role models, which included: Ken Barun, VP and Executive Director of Ronald McDonald Children's Charities; daycare pioneers Wadell and Daisy Brooks; volunteer extraordinaire Jay Corr; James Murphy, founder of the Daniel Murphy Scholarship Foundation; Dr. Mark Plotkin, jungle doctor and ethnobotanist; and Catalina Reyna Ramos, Director of Y-Me Latino Services. Also, a Lifetime Achievement Award was presented to NASA astronaut and Illinois native Commander Scott Altman. OMNI is the largest youth service agency in Northwest suburbs.



Pictured are Jo Gassett and Ned Lougheridge of Barrington.

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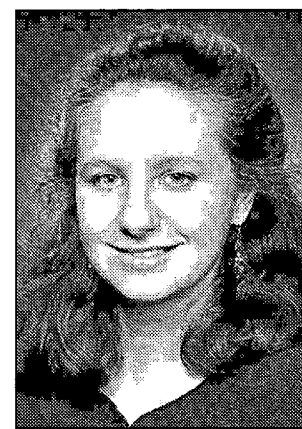
See Us at Globeshop <http://www.globeshop.com>

Coupon must be presented at time of order. Limit one coupon per household.

## Christine Kowalke Named Project Director of Child Care Business Initiative

Christine Kowalke has been named Project Director of the New Child Care Business Initiative, "Building Blocks: Creating and Growing Your Child Care Business," of the Women's Business Development Center (WBDC).

Kowalke is an associate director of the WBDC. With 15 years experience in the field of women's economic development, she has organized and taught programs to women business owners and those interested in beginning their own businesses. She holds a bachelor's degree from Rockford College and a master's degree from Claremont University.



Christine Kowalke

Offered by the WBDC, Child Care Initiatives of Hull House Association, Centers for New Horizons and the Metropolitan YWCA Provider Services Division with support from the Illinois Department of Commerce and Community Affairs, the Initiative is designed to increase the number and capacity of quality licensed child care operators in the Chicago area by providing a full range of support for women already in the child care industry and those interested in starting a child care business.

As part of the Initiative, the first annual Child Care Business Expo themed "Building Blocks: Starting or Growing Your Child Care Business" will be held on Saturday, June 12 at Illinois Institute of

Technology, Hermann Union Building in Chicago. Existing and prospective child care providers can gain valuable information and training on maintaining a successful child care business. Cost is \$25 and includes breakfast and lunch.

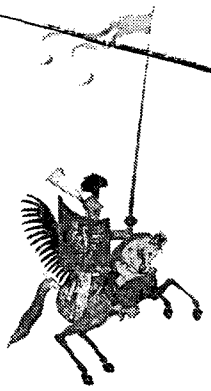
In addition, more than 15 workshops will take place at locations across the Chicago area this spring to help child care providers improve their businesses. Topics include how to use a computer, obtain a loan and create a business plan.

To register for the Expo or for more information on the workshop series, call the Women's Business Development Center at 312-853-3477, ext. 27.



# Land of the Winged Horseman: Art in Poland 1572-1764

## The Drama, Splendor, and Pageantry of Baroque Poland



A magnificent exhibition of fine and decorative art from Poland's "Golden Age" remains on view at The Art Institute of Chicago through September 6. "Land of the Winged Horsemen: Art in Poland 1572-1764" is a landmark—the first exhibition of national treasures representing Poland's Baroque era to tour the United States. This unprecedented display of nearly 150 works of art has been assembled from 34 museums, churches and public institutions throughout Poland, and many of these grand and exotic objects have never before been exhibited outside their homeland.

Among the highlights are a crown and a throne of Polish kings; historic paintings of Polish royalty and nobility; religious images and liturgical objects; exotic rugs and textiles; decorative glassware and porcelains; a richly decorated saddle and other equestrian trappings; a Turkish tent of the type captured at the Battle of Vienna in 1683; and Hussar armor, complete with feathers and leopard skins. The exhibition takes its title from the distinctive armor of the Husaria—a renowned Polish heavy cavalry regiment whose feathered "wings" produced a fearsome rushing sound as the horsemen rode into battle.

Organized and circulated by Art Services International in Alexandria, Virginia in cooperation with the Walters Art Gallery, the exhibition is sponsored in Chicago by the Polish National Alliance.

The almost 200-year period between the death of King Sigismund II in 1572 and the election of Stanislas Poniatowski in 1764 was one of the most tumultuous in Poland's long history. For much of the 16th through the 18th centuries, a unified Polish-Lithuanian state—which also included most of today's Belarus and Ukraine—ruled what was, at one point, the largest land empire in Europe. Located on Europe's eastern frontier, Poland was viewed by its western allies as the "Bulwark of Christendom," the "Defender of the Faith" against the Moslem Ottoman Empire that lay to the east. Because Poland was situated at a crossroads of international trade, Polish culture became a synthesis of western and eastern influences.

This time of war and political ferment also saw a flourishing of the arts and sciences in the "Most Serene Commonwealth of Two Nations" (as the country was called), drawing on its many different peoples—Slavs,

Ruthenians, Germans, Russians, Armenians, Jews, Italians, Greeks, Scots, Tartars, Karaites and embraced the Roman ate, Jewish and Islam-ordinary and seldom "Land of the Winged by three of the most in Poland's artistic the complexity and and western cultures in all of the arts in Poland during this crucial period.

The exhibition is divided into four major sections. The first, devoted to The Monarchy, features objects related to Poland's elected monarchy, a political system unique in Europe. Among the works on view are a portrait of Ladislas IV by Rubens and his studio; a portrait of the celebrated military hero Jan III Sobieski; the jeweled crown, scepter, orb and canopy used at the coronation of Augustus III; and the throne of King Stanislas August Poniatowski. Decorative objects include both coronation dinnerware and pieces from the famed Meissen Swan Service.

The Magnates are the subject of the second section, which includes decorative objects and fine arts that evoke the extravagance and luxury of a time when the nobility lived as well as or better than their king. Featured here are examples of traditional costumes, tapestries, paintings and furniture, as well as a Turkish-style coffee set, Meissen figurines of Polish nobility and examples of Polish glass and metalwork.

The third section, The Military, focuses on the cavalry (the Husaria) and their celebrated, highly decorated battle regalia. The dramatic winged armor of a Hussar is shown along with scale armor, war maces, sabers and lances. A Turkish tent, gem-studded horse trappings and a magnificently embroidered saddle will take visitors to the front lines of the Ottoman wars. A painting of the Battle of Vienna vividly depicts the pageantry and drama of this historic Polish victory over the Turkish army in 1683.

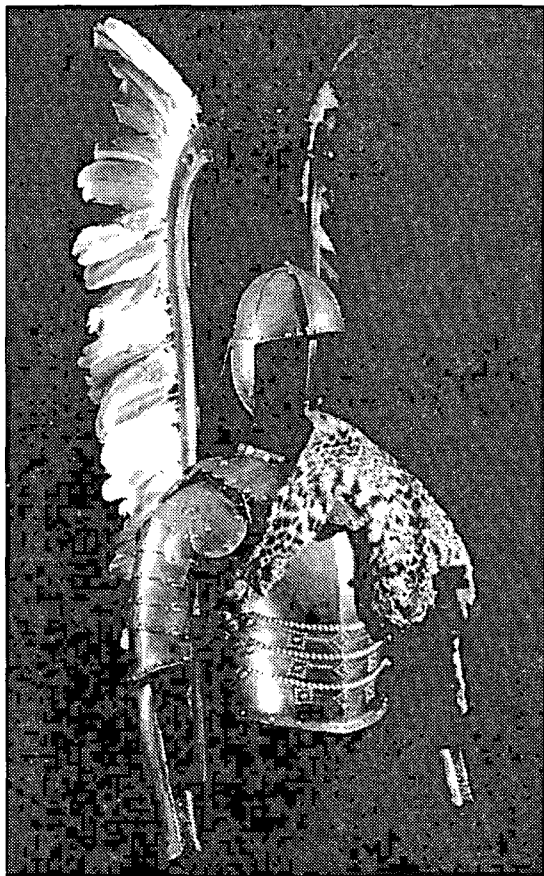
The fourth section, which examines religion, features a 17th century version of Poland's miraculous image of Our Lady of Czestochowa. Other paintings are included, as well as such sacred objects as monstrances, chasubles, chalices and a recreated *castrum doloris*—a distinctly Polish funerary monument distinguished by a coffin portrait, coats of arms, candlesticks and four gilded lions. There are also a number of precious Jewish religious objects. These include a 17th century *parohket* (an exquisite gilded velvet Torah curtain), two 18th century Chanukah lamps and a 19th century *atarah*, a *tallis* (prayer shawl) decoration.

The Chicago presentation of the exhibition is sponsored by the Polish National Alliance. Support for education programs is provided in part by The Elizabeth Morse Charitable Trust.

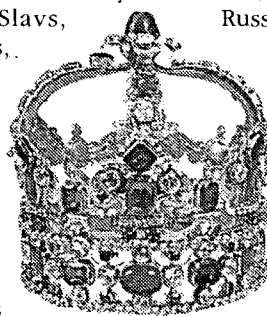
The exhibition is organized and circulated by Art Services International, Alexandria, Virginia in cooperation with the Walters Art Gallery, and supported by: the Samuel H. Kress Foundation, The Kosciuszko Foundation, The Polish National Tourist Office in New York and The Rosenstiel Foundation. LOT Polish Airlines is the official carrier of the exhibition. The exhibition is supported by an indemnity from the Federal Council on the Arts and the Humanities.



**Entry of the Wedding Procession of Constance of Austria and Sigismund III into Cracow: The King's Hussar Regiment ("Stockholm Roll"); anonymous painter, Cracow; after 1605; watercolor, gouache, gold paint, on ribbed paper. Royal Castle, Warsaw [001B].**



**Winged Hussar Armor with a Leopard Skin; 2nd half 17th century; steel, brass, leather, wood, velvet, leopard skin. Lent by Princes Czartoryski Museum, Cracow [053].**



**Stanislaw Teczynski; attributed to Tomasz Dolabella; c. 1630; oil on canvas. Wawel Royal Castle, Cracow [099].**

## How Would You Spend Your Free Time?

If you had an extra hour a day, how would you spend it? According to a "Pulsar Working Mother Survey," 44% of working moms would spend that time with their children; 28% would spend it for personal time; 15% would spend it catching up on their sleep; and 10% with their spouse. But coincidentally, a vast majority of time-harried women spend 10 hours a week cleaning!

If you're of the majority, think about all of the other things you could do with that extra 10 hours a week, 43 hours a month or 520 hours a year!

Sharon and Howard Wagner, owners of **The Maids** had you in mind when they opened their business. **The Maids** have provided hundreds of homeowners just like you with thousands of hours of precious extra time—time that can be spent gardening, reading, golfing... it's a tough decision.

**The Maids'** four-person cleaning teams are uniformed, trained and supervised. Plus, **The Maids'** work is backed by a satisfaction guarantee and they are insured and bonded for your peace of mind. **The Maids** also pay all employment taxes so you don't have to bother with cumbersome paperwork.

What could be better than coming to a clean home after spending your leisure time the way you want—coming home to a clean, *healthy* home. **The Maids** is the only service that cleans for health as well as for aesthetic purposes. **The Maids'** 22-point Healthy Touch cleaning system is especially beneficial to allergy sufferers by removing more allergy and asthma causing contaminants than conventional cleaning practices.

Ask yourself, "How do I like to spend my free time?" Then call **The Maids** at **847-368-1250** for a free estimate.

## Skylark, A Consort of Women's Voices, in Concert Debut

Since the early centuries of Christian history, the Virgin Mary has played a significant role in art and literature. A journey through favorite and little-known works inspired by authors' and composers' favorite muse, Mary, will be offered when Skylark, a consort of women's voices, presents its debut concerts on June 2 through 8, 1999. Performances take place on: Wednesday, June 2 at First Congregational Church, 1417 Hinman, Evanston; Thursday, June 3 at Baker Memorial United

Methodist Church, E. Main and 3rd Avenue, St. Charles; Sunday, June 6 at Ascension Catholic Church, 815 S. East Avenue, Oak Park; and Tuesday, June 8 at St. James Chapel, Quigley Preparatory Seminary, 103 E. Chestnut Street, Chicago. All four concerts begin at 7.30 PM.

Tickets are \$20 general admission, \$16 for students and seniors. Group rates (10 or more) are also available. For more information or to order tickets, call 733-250-7020.

## Designing Women...

The women in the side photo have spent countless hours in "the kitchen" not only as homemakers and avid cooks, but also as designers of some of the most warm, inviting and appealing kitchens in the area.

"In most instances women are usually the main person to work with the designer," states Star Norini, owner/designer of **Distinctive Kitchen Designs**. But Star and her staff find, from the onset, a comfortable relationship develops with their clients since they themselves know, from personal experience, how important it is that the new



Penny Dawn and Star Norini-Johnson CKD, ASID.

kitchen meet the needs of the cook and the style preference of that family.

**Distinctive Kitchen Designs** showroom is located at 201-A South Main Street, Wauconda. Browsing is encouraged and their accommodating staff is available to answer any questions you

may have. They not only are designers of cabinetry for kitchens and baths, but for any room in your home. Call or stop in today. **Distinctive Kitchen Designs** remains one of the few kitchen and bath shops owned and operated by women in the Chicagoland area.

## Jewel Shop & Share Days

The Barrington Area Council on Aging, Inc. (BACOA) is once again participating in Jewel Shop & Share Days on Monday through Wednesday, June 28 through 30. Use your "Shop & Share" certificate at any

Jewel Food Store for your regular grocery shopping and BACOA will receive a percentage of your total bill as a donation. For information or to receive a "Shop & Share" certificate, call 847-381-5030.

## How will you spend next Saturday afternoon?



Do you really want to waste your precious free time on household cleaning chores?

Go ahead, take the kids to the beach, catch up on quality time with your spouse — make plans to be doing something other than scrubbing the bathroom tile over the weekend! It's your free time, and you have better things to do.

## The Maids®

Because You Have Better Things To Do.™

Call for a **FREE** estimate:

**847-368-1250**



Ask about our exclusive Healthy Touch® cleaning system!

GIFT CERTIFICATES AVAILABLE

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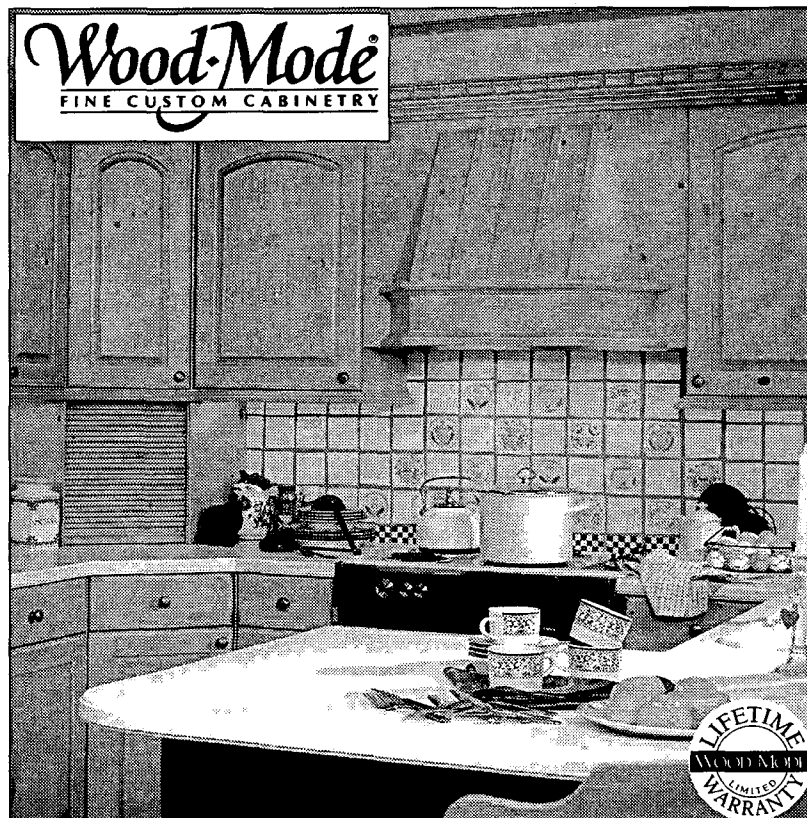
**Your Satisfaction Is Guaranteed!**

If we didn't clean something to your satisfaction, call us within 24 hours of your cleaning and we will reclean it free of charge.

An Independent Franchise of THE MAIDS International

## A KITCHEN DESIGNED FOR YOU

**Wood-Mode**  
FINE CUSTOM CABINETS



## Distinctive Kitchen Designs, Inc.

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(847) 526-7822 Monday-Friday 9:30-5, Saturday 9:30-1

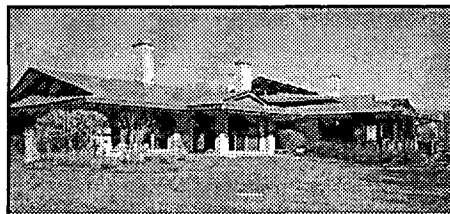




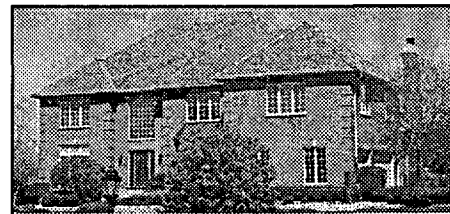
**Barrington** **\$1,295,000**  
Charming European elegance & outstanding presence distinguish this 10+ room estate. 4/5 BR, 4 fireplaces, white kitchen, volume ceilings, walkout lower level.  
**Bonnie Paice Legue 847/465-2223**



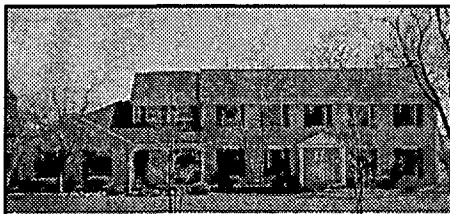
**South Barrington** **\$939,000**  
Prime South Barrington location! 1.5 wooded acres. Brick/stone traditional home, 4 BR, 4.1 BA, 3 fireplaces, 1st floor study, marble foyer, FR w/ vaulted ceilings.  
**Bonnie Paice Legue 847/465-2223**



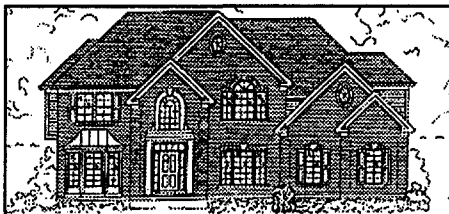
**Barrington Hills** **\$850,000**  
Custom home on 7+ acres. 4 BR, 4 BA, study, rec room, wine cellar, sunroom, huge deck w/ hot tub. 7-car gar plus huge storage building... prev airplane hanger.  
**Margaret Semrad 847/465-2250**



**South Barrington** **\$845,000**  
Elegant Brick Georgian on huge pond in area of newer homes. Only 6 years old. Hardwood floors, volume ceilings, 4 BR, 1st floor study, fin bonus, fin walkout.  
**Tressa Borkon 847/465-2256**



**Inverness** **\$695,000**  
Charming Williamsburg colonial w/ guest house on 1.3 waterfront acres! Perfect for home business or separate in-law wing w/ ground-floor living.  
**Suzanne Luby 847/465-2211**



**Barrington** **\$669,000**  
Like a head start? This stunning 11-room new home is waiting for your personal choices! Situated on 1+ wooded acres, privacy abounds. Audio Ad# 167374.  
**Donna Veller 847/465-2228**



**Barrington** **\$540,000**  
What more could you want? Traditional 4000 sq ft brick beauty on 1+ acres. 2-story entry, study, gourmet kit, lux master, 3-car gar & circular drive. Relax on the deck.  
**Suzanne Luby 847/465-2211**



**Barrington** **\$525,000**  
Enjoy traditional w/ contemporary flair in this spacious 5-bedroom home w/ grand foyer, library, 2 staircases & low taxes. "Choice Area."  
**Donna Veller 847/465-2228**



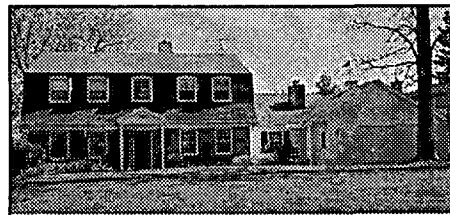
**West Dundee** **\$539,000**  
Enjoy unique blend of old & new + magnificent views of Fox in vintage prop w/ 6 BR, 4.1 BA + hrdwd, leaded glass. Good for in-law or nanny quarters. B & B anyone?  
**Suzanne Luby 847/465-2211**



**Barrington** **\$499,000**  
Super village location—new construction. 4 BR, 2.5 BA, 3-car garage, master w/ deluxe bath, 2 walk-in closets, den & family room, upscale subdivision. On cul-de-sac.  
**Paul Carter 847/465-2257**



**Kildeer** **\$439,900**  
Irresistible & wonderful! Spectacular home featuring volume ceilings, white kitchen, hardwood floors, 3-car garage & full basement.  
**Bonnie Paice Legue 847/465-2223**



**Barrington** **\$414,900**  
With traditional detail & extensive updates, this New England colonial is fabulous. 4 BR, 3 BA, hardwood floors, finished English lower level, lake views.  
**Bonnie Paice Legue 847/465-2223**



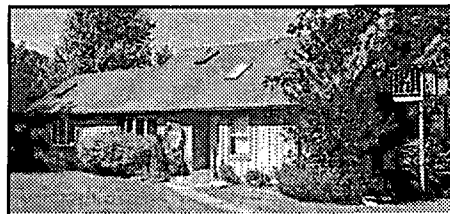
**Inverness** **\$419,900**  
Enjoy maintenance-free living in beautiful Inverness on the Ponds. Lovely 3-BR home on wooded cul-de-sac. Cathedral ceiling. "Party-size" kitchen. 2-car garage.  
**Ron & Jeanine VanDeVelde 847/465-2282**



**Barrington** **\$409,000**  
2-story traditional home, immaculate & spacious! Formal living room & dining room, 2 fireplaces. 4 BR, 2.1 BA, full basement & 3-car garage. Barrington schools.  
**Bonnie Paice Legue 847/465-2223**



**Barrington** **\$384,900**  
Looking for a home that feels like new but has everything done for you? Come & delight in this stunning home w/ vaulted ceiling, skylight, lake rights.  
**Tressa Borkon 847/465-2256**

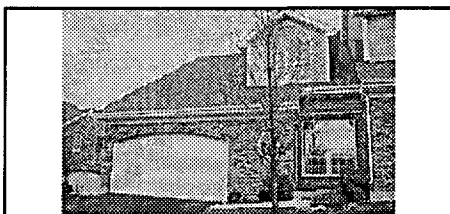


**Barrington Hills** **\$379,000**  
Entry-level Barrington Hills! 5 acres on trails, very private, 1994 kitchen/BA, hrdwd flrs, skylight, FR w/ frplc, 3-car gar, barn w/ electric & water. Barrington schools!  
**Bonnie Paice Legue 847/465-2223**

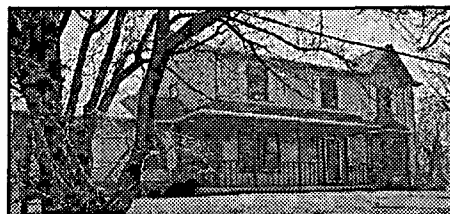
## Barrington Area Office



**Lake Barrington Shores** **\$345,000**  
Prime lakefront location! Some of the many amenities include 2 pools, marina & private beach. Open floor plan. 4 bedrooms, 3+ baths & walkout lower level.  
**Kathy Staes 847/465-2288**



**Palatine** **\$299,900**  
Spectacular luxury 3-level townhome featuring 3 BR, 2.5 BA, fireplace & finished walkout LL. Upgrades galore, hardwood floors, security, sound & central vac.  
**Bonnie Paice Legue 847/465-2223**



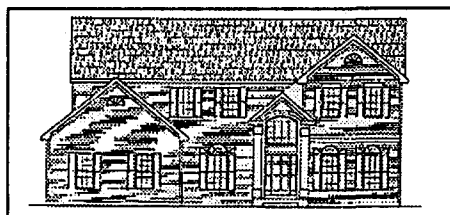
**Crystal Lake** **\$229,000**  
Prime location! Walk to lake / park. Traditional home w/ contemporary flair, featuring 3 BR, 3.1 BA, fireplace, finished basement, attached 2-car garage & deck.  
**Bonnie Paice Legue 847/465-2223**



**Cary** **\$182,000**  
Waterfront! Experience the tranquility of Lake Killarney. Updated ranch featuring 3 bedrooms, 2 baths, fireplace, 2-car garage, patio & private pier!  
**Bonnie Paice Legue 847/465-2223**

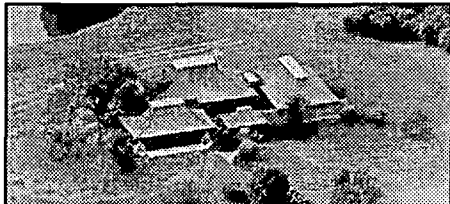


**Wauconda** **\$154,000**  
Elegant informality. Open floor plan, den, family room, soaring vaulted ceilings, decorator touches, 2 BR/2 BA. Balcony, beach, marina, maintenance-free.  
**Barbara Wessberg 847/465-2298**



**Fox River Grove**  
"Hunters Farm" luxury new homes w/ Barrington schools! 3310-4390 sq ft, 3-car garages, volume ceilings, gourmet kitchens & 15-acre park.  
**Donna Veller 847/465-2228**





**Barrington Hills \$1,700,000**  
Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.  
Meg Cleavenger & Barb Wessberg 847/465-2259



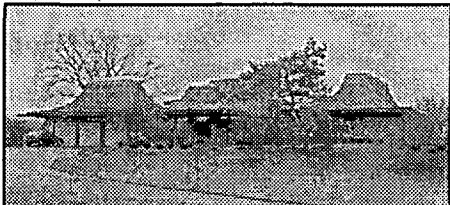
**Barrington Hills \$1,390,000**  
Set on 6 wooded acres, this Barrington Hills home is totally renovated, limestone & hardwood floors, new kitchen w/ sub zero, granite, Viking & new baths.  
Sherl Wheeler 847/465-2290



**Barrington Hills \$1,300,000**  
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.  
Meg Cleavenger 847/465-2259



**North Barrington \$1,195,000**  
Brick Georgian in Wynstone w/ California floor. Master bedroom w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level... gazebo & pond.  
Sherl Wheeler 847/465-2290



**Barrington Hills \$1,100,000**  
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.  
Meg Cleavenger & Barb Wessberg 847/465-2298



**North Barrington \$1,050,000**  
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen pillars, 4/5 BR, bonus room. You will fall in love!  
Sherl Wheeler 847/465-2290



**Barrington \$845,000**  
Magnificent 5-acre lakefront site. Well-built brick & stone ranch w/ walkout lower level. Nature lovers paradise close to village. Great new kitchen  
Nancy Herr 847/465-2267



**Barrington Hills \$799,000**  
On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.  
Meg Cleavenger 847/465-2259



**Barrington \$799,000**  
Lovely 4-BR, 4.2-BA home w/ gorgeous views, sumptuous master w/ sitting room, handsome study, 4 fireplaces, enticing kitchen, finished LL, lush landscaping & pool.  
Meg Cleavenger 847/465-2259



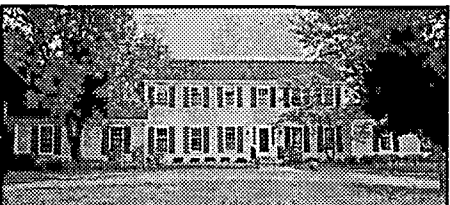
**Barrington \$729,000**  
Waterfront lot in Deer Lake Meadows. Great room w/ sunroom & study on 1st floor. 4 BR, 4.1 BA. finished walkout lower level, w/ office/live-in, w/ full BA.  
Sherl Wheeler 847/465-2290



**Lake Barrington \$639,000**  
New construction—approximately 4600 sq ft. Hardwood floors, 9' ceilings, granite in kit & MBR bath, light cherry cabs, English basement, 1.6 acres. Beautiful!  
Sherl Wheeler 847/465-2290



**Barrington \$629,900**  
Stunning 2-story home w/ pond views in desirable neighborhood. W/O basement w/ fireplace & wet bar. Huge gourmet kitchen. 5 bedrooms & 4.1 baths.  
Ana Denker 847/465-2274



**Barrington Hills \$589,000**  
Great horse property w/ 4-stall barn & pool. The lovely 4-bedroom home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished lower level w/ 2nd kitchen.  
Meg Cleavenger 847/465-2259



**Barrington \$559,600**  
Great house on 2 acres in Oak Meadows... huge kit... sunroom... 4 1/2 BA... 3rd-floor bonus room... fabulous LL w/ bath & office... close to town & train. A joy!  
Sherl Wheeler 847/465-2290



**Barrington \$569,900**  
A tranquil setting in Deer Lake Meadows. New kitchen w/ granite, great study, view of lake. 3-car gar. Finished basement. Close to town & train. You will love it!  
Sherl Wheeler 847/465-2290



**Barrington Hills \$537,000**  
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.  
Meg Cleavenger 847/465-2259

## Barrington Area Office



**Barrington \$419,000**  
Gorgeous Fox Point colonial. House has everything & more... 4 bedrooms, 2.1 baths, study on 1st floor, family room w/ built-in bookcases, pool, tennis & lake.  
Sherl Wheeler 847/465-2290



**Barrington \$415,000**  
Captivating 5-bedroom 3.1-bath home in Jewel Park. 1st floor master w/ ultra bath, eat-in kitchen, fresh decor. Expansive deck, perfect for summer suppers.  
Meg Cleavenger 847/465-2259



**Barrington \$385,000**  
Attractive, large, all-brick ranch w/ hip roof in great location. Sunken living room w/ fireplace, paneled FR w/ fireplace. Hardwood floors. Perfect for entertaining!  
Nancy Herr 847/465-2267



**Barrington \$329,000**  
Charming colonial, all updated & upgraded—set on gorgeous wooded landscaped lot. Hrdwd flrs. Newer kit. 4 BR. Large deck. 2-car garage. Lovingly maintained.  
Ron & Jeanine VanDeVelde 847/465-2282



**Fox River Grove \$319,900**  
Picture perfect house on a beautiful wooded lot. Cathedral ceilings, open kitchen/family room, huge master w/ whirlpool, full finished lower level.  
Sherl Wheeler 847/465-2290

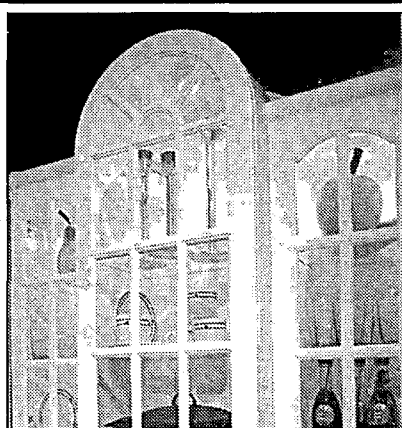


**Lake Barrington Shores \$179,900**  
Waterfront & wooded in Lake Barrington Shores. 2 BR, 2 baths, cathedral ceilings, completely updated. Like new. Pool, lake, tennis courts for your pleasure!  
Sherl Wheeler 847/465-2290

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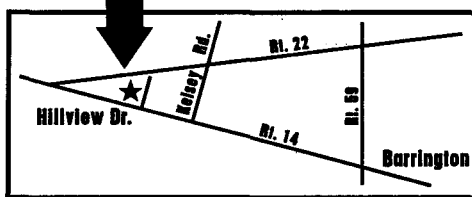
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## HAHS to Host Wild Horses and Kindness Training Seminar

The Hooved Animal Humane Society has rescued 20 wild horses from a ranch in Southern Montana. The horses have been rehabilitated at a nearby foster facility and 17 of them will be shipped to the Humane Society farm for training and adoption. The HAHS rehabilitation farm and educational center is located at 10804 McConnell Road in Woodstock, Illinois.

The rescued horses are descendants of the Pryor Mountain wild horse herd. This herd is considered unique because the horses have strong genetic ties to Spanish horses brought to America by early explorers and Conquistadors. The herd maintained its original character because the isolated mountain range on which they made their home made interbreeding with domestic horses uncommon. The horses, relinquished to local authorities after several members of the herd starved to death, were the private property of a wild horse enthusiast who adopted horses through the Bureau of Land Management's Adopt-a-Horse program and allowed them to breed indiscriminately on his small ranch. The horses arrived at the humane society in late May and will be available for adoption to horse-owners with adequate facilities and experience.

Anyone interested in the horses can visit the Woodstock facility on June 5 and 6 when the humane society will be hosting an open house. During the open house, applications for adoption will be accepted and the screening process for adoption will be started. The open house is free and open to the public.

Harry Whitney will be joining the HAHS for a four-day training seminar to demonstrate the benefits of round pen training while he prepares the horses for their introduction to a domestic setting. Mr. Whitney is a nationally known clinician and trainer who utilizes the gentle techniques based on the horses' own system of communication (popularized in the recent movie "The Horse Whisperer") and refrains from old-fashioned, brutal methods of "breaking" horses. Adopters who have been approved to take one of the mustangs will be invited to work directly with Mr. Whitney and their new horse on June 24 through 27 so that the foundations of a long-lasting relationship between horse and human will be laid. The public is invited to attend and watch the sessions with a \$5 per day donation. For more information, call the HAHS office at 815-337-5563.

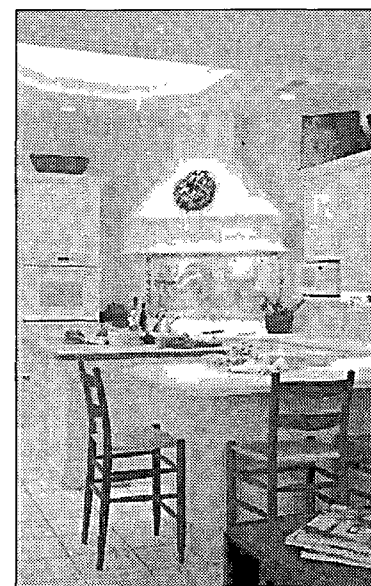
## Kitchens and Baths and Now Basements Too!

Lamico Designers in Barrington offers high quality cabinetry and countertops for kitchens or baths—and at affordable prices.

Jim Kill is our award-winning designer. He will be glad to show you what is available in new kitchen products and what can be done with these products to make a better kitchen for you. **Lamico Designers** uses specialized computer software, so that you can see your dream kitchen and how great it will look before it is even installed in your home. All estimates are at no charge to our customers. Come in and see what your dream kitchen can look like.

Now is the time to update your kitchen with new cabinets and countertops. **Lamico Designers** is a specialist in Corian, Fountainhead, Surell and Avonite solid surface countertops. We have invested in special equipment so as to be able to custom build your solid surface countertops in our own warehouse. **Lamico** also carries a complete line of laminate surface countertops. Choose either oak edging or beveled edging—which ever suits your needs.

Remember over your lifetime you will spend almost 12 years in your kitchen. And when you entertain, where do most of your friends end up? In your kitchen. So feel proud to have friends in your



kitchen. Come into our Barrington showroom and have Jim design your dream kitchen just for you with your needs in mind.

And don't forget, this month is **50% OFF—CABINETS, TOPS and INSTALLATION**. Make the best of it, quality plus 50% OFF. Ask our designer for details. He can make your dream of a new kitchen come true.

We're also on the Internet—Web page <http://www.lamico.com>. COME JOIN US!

## Gardening and Kids

This is the time of year when many of us begin to think about spending time outside, especially in the garden. As you get ready to plant this year, don't forget to include your children. Working in the garden can be a great activity for the entire family. It can also be an excellent chance for children to learn new skills.

You may be wondering where to start with involvement of your children. A good place to start is with the planning. Ask your child what it is he or she would like to grow. Maybe they have a favorite vegetable or type of flower. If so, make efforts to include those in the garden. Plot out your garden, marking where each crop will be planted before you actually begin work. If this is the first year your family has tried a garden, remember to keep it small. Large gardens can be great fun, but they can also seem overwhelming during the busy summer months.

Some crops do better if they start inside. This can be a fun project for children. Consider starting some tomato seedlings inside, and comparing the progress of those plants to the progress of plants you buy at a local nursery.

You may also want to consider a "theme" garden. Maybe a portion of your garden could be devoted to "good scents" and you could include fragrant flowers and herbs. Mint and lemon balm are two favorites that are very easily recognized scents. Another theme to follow might be a pizza garden where you could plant things that might go on a pizza or into pizza sauce. Crops like tomatoes, green peppers, oregano and onions would be

good choices for this type of theme.

If your child has a favorite book or story that includes some type of a plant, consider including that plant in your garden as well.

Next comes the planting. Work with your child to make sure that the plants are spaced properly and that the seeds aren't planted too deeply. Remember you want this to be a positive experience—so do what you can to make sure the plants and seeds will all grow. Also, make sure that you place markers next to the plants or rows so that you'll be able to keep track of what has been planted. Young children can get involved with this by decorating the row markers with pictures of what the plants will look like or just a favorite spring scene.

As the garden grows, so will the weeds. Make sure that you involve your child in this aspect of the garden too. While it may not be the most fun part of having a garden, it is an important part of it. It will also teach your child about the importance of responsibility and following through.

As you wait for your garden to mature, be sure to take "in progress" pictures of your child and the garden. Also, encourage your child to write stories and draw pictures depicting your family garden. These will be neat keepsakes for your family scrapbook.

A favorite part of the family garden project will most likely be the harvesting portion. Take time with your child to pick radishes, pumpkins and flowers. Remember that the best thing that you will harvest will be the fond memories of time spent as a family.





## From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

I've just gotten off the phone from making an appointment for my annual check-up and mammogram. I'm very conscientious about this because my mother died of breast cancer at age 52, which is what I will be in October. I had another awful reminder last month when one of my girlfriends lost her battle with breast cancer at age 48.

Last year was particularly frightening. I had seven friends diagnosed with breast cancer. One of my girlfriends from college, Pat, was urged at Richard's wedding in September by my friend Lynne to get a mammogram; Lynne had just had a scare that turned out all right. Pat did as she promised and got a mammogram two weeks later and there were two spots in her breast that turned out to be malignant. After major surgery, chemotherapy and radiation, Pat is doing well.

It hit even closer to home when Mary Clatch, our license and title specialist here in the office, was diagnosed with breast cancer. Mary, luckily, caught it very early and after surgery and radiation is doing



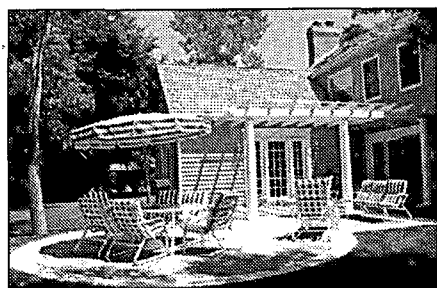
very well. We were very relieved to have her back with us. Mary has worked with us for seven years and is a very integral part of our office.

So please, don't put off another day if you haven't had a baseline mammogram or you're overdue for your yearly check-up.

## Does Your Landscaping Need "Renovating"?

Are you tired of living with overgrown shrubs and trees? Has your once-designed landscaping outgrown its initial purpose? "With many people in the Barrington area owning older homes, we are finding a large part of our work has been in the 're-modeling' of existing landscaping," says John C. Cazzetta, Landscape Architect and owner of **BonnerCodd Associates, Inc.**, a Barrington landscape construction firm. "Many species planted in the 1960s and 1970s were not installed in a manner that allowed for their extensive growth habits. And, in many cases, only a few uneventful species were used. The result is an overgrown and unaesthetic landscape," adds Cazzetta.

If your property has grown out of control or just fails in adding the proper value to your home, call John C. Cazzetta for a



free consultation. He will be happy to design a way to use some existing species while adding new species to re-create your garden design, or suggest a complete makeover. Either way, as a Landscape Architect and Contractor, he will be able to solve even the most difficult areas. Please call **BonnerCodd Associates, Inc.** at **847-382-4838**.

## Facial Plastic Surgery, Looking Your Best

(Continued from page 4)

cess. Eyelid skin heals very rapidly. Special techniques are used in Oriental eyes and selected others to create a more prominent crease.

In the lower eyelid an incision is made just beneath the lashes or in selected patients on the inside of the lower eyelid. The excess fat, which is contained in three separate compartments, is then removed. Any excess skin is removed taking care not to place too much tension on the lower eyelid.

An upper and lower blepharoplasty can be performed together or in combination with other facial rejuvenation procedures such as a facelift or rhinoplasty. The eyelids can also be improved in certain individuals with chemical peeling and/or brow lifting. The need for these are determined at the preoperative consultation.




### Where is Surgery Performed?

Eyelid surgery is most often performed in

our office surgical suite, however if preferred, surgery can be performed at a number of different hospitals or ambulatory surgery centers in the area.

### What is the Recovery Period?

Dissolving sutures are used in the lower eyelids and do not have to be removed. Nonabsorbing sutures are normally used in the upper eyelids and are removed on the seventh postoperative day. Makeup can be worn the day following suture removal and most people return to work at this time. There can be swelling of the eyes for one to two days following the operation which might interfere with vision so we recommend not driving until the swelling is down. After this most people can easily be out in public with sunglasses. Any bruising that occurs fades in the first 7 to 10 days. Makeup can conceal this after the second postoperative day.


  

  

  
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## Barrington Friends of Home of the Sparrow Spring Luncheon

(Continued from page 17)

Expansion of educational opportunities has lately taken place with the establishment of the Ascent Training Program at the McHenry facility. Funded in large part through a generous grant from Allstate Corporation, Ascent will provide GED classes as well as vocational training in current market skills, enabling women to become independent.

Funded not only by grants, donations and fund-raising activities sponsored by community groups such as Barrington Friends, Sparrow also profits from its resale shops which deal in clothing and all types of household items. The original Sparrow's Nest is located in McHenry; two new locations were recently established in Cary and Arlington Heights, both on Northwest Highway. All shops gratefully accept item donations.

It was announced that the Barrington Friends annual "Gala" dinner/dance party, which has always been sold out and a huge success in providing a large portion of budget funding, will be moving to a new expanded location in order to accommodate increased requests for attendance.

The organization is pleased to announce that the November 6, 1999 theme party "Gala" will be held at the corporate offices of Sears, Roebuck & Co.!

Save the date, November 6, and watch for future information concerning "Belle Venezia"!

Of especial interest was the presentation of the 1999 Wings Award to Pat Galus of Barrington Hills in recognition of her outstanding volunteer commitment to many Home of the Sparrow and Barrington Friends of the Sparrow projects over the past decade. These include serving on the FOS Board, major participation in production of the annual "Gala" parties as well as being a client mentor at the Home. Barrington FOS expresses appreciation to Pat for her consistent and valued involvement.

Would you like to become a part of Sparrow work? Attend the "Gala"? Donate to the thrift shops? Do active, direct volunteering at one of the homes? A wide variety of opportunities are available.

For further information, contact Becky at 847-705-6850.

## FEMALE's Park Outings for June

Area women and their children are invited to find out about the McHenry County Chapter of FEMALE (Formerly Employed Mothers at the Leading Edge) by joining other moms and their children at area parks this month from 10:00 to 11:30 AM.

The following park outings are scheduled: June 2 at Veteran Acres in Crystal Lake; June 8 at Sunset Park in Lake in the Hills; and June 21 at Emricson Park in Woodstock. For more information, call 815-334-7813.



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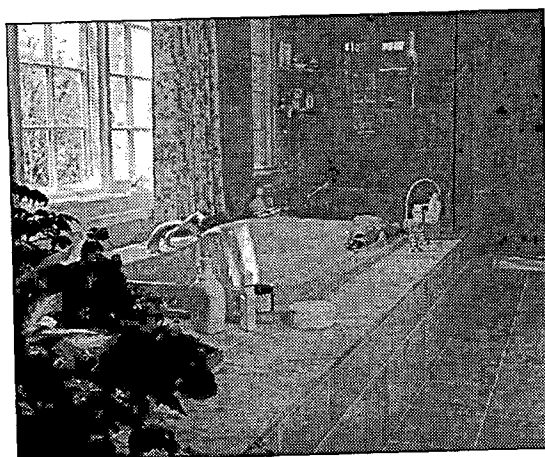
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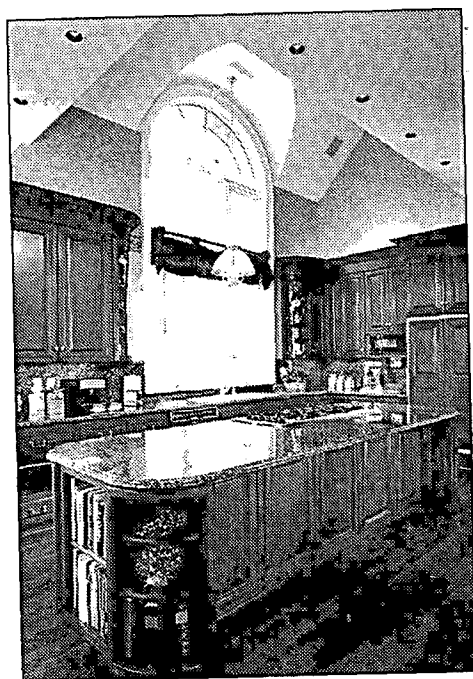


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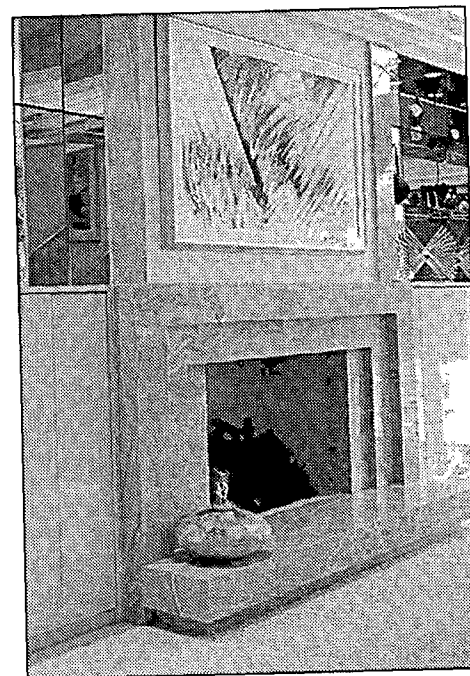
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