

March 1999

THE LATEST STYLESTM

NEWS MAGAZINE

barrington

Spring
**Home Improvements
& Lawn Care**
a special focus

**"The Bridge on the Bayou"
Takes on Mardi Gras Theme**

**"The Magical Unicorn Ball"
Draws Area Support**

***Women in Chicago
Architecture is Focus
at Art Institute***

PRSR STD
U.S. POSTAGE
PAID
G.M. McMonigal
ENTERPRISES

P.O. Box 293
Crystal Lake, IL 60039-0293



The Hair You Hate Gone Forever

A Professional Solution
to a Most Personal Problem

Medically approved, the newest shortwave
electrolysis treatment will **PERMANENTLY**
remove unwanted hair.

- Disposable needles used
- Free Consultation without obligation

Clear Reflections

HAIR REMOVAL CENTER, INC.

118 Barrington Commons Ct., Suite 216, Barrington

381-9020

Convenient Hours: Monday thru Thursday 12:00 noon until 8:30 pm

In practice at this same
convenient location since 1976.

Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **381-9020** for your appointment.

Clear Reflections has provided 23 years of service at the same location.

how lucky can ye be? shop barrington and find out!



- Wonderful Selection of Merchandise
- Friendly, Personalized Service
- Excellent Store Mix

Keep Your Tax Dollars Local
"Make shopping in Barrington
part of your Lifestyle"

barrington

LIFESTYLES™

NEWS MAGAZINE

Published by

G.M. McMonigal ENTERPRISES

Glenn M. McMonigal, Editor

P.O. Box 293 Crystal Lake, IL 60039-0293

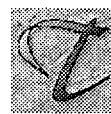
(815) 459-4820

LIFESTYLES Magazines can assume no responsibility for statements made or opinions expressed by contributing writers or advertisers. However, comments and corrections or differing opinions are welcomed.

The editorial staff at *LIFESTYLES Magazines* reserves the right to edit and place all editorials accompanying ads. No credits will be issued due to typos, editing or placement of these editorials.

No part of this publication may be reproduced, including but not limited to advertisements and articles without written permission from the publisher. Unsolicited manuscripts without return postage will not be returned.

Prepress Composition
& Imaging
by:



TRIAD COMPUTING INC.

P.O. Box 1772
Crystal Lake, IL 60039-1772
(815) 479-0695

Editor's Ink

March, 1999

Dear Reader,

Spring is the time of year for fabulous galas! Take, for example, "The Bridge on the Bayou." Planned by the Bridge Youth and Family Services for March 6, the event takes on the theme of a New Orleans Mardi Gras. Among the prizes... a coveted baseball autographed by the great Chicago Cubs home-run star Sammy Sosa!

Another gala sure to be spectacular is "The Magical Unicorn Ball" on March 12. But, you'll have to fly down to Palm Beach for this one. However, there are several area women on the committee, working hard for its success. The gala will benefit children with communication and learning disorders, such as ADD, dyslexia and autism. The Chairperson is Ivana Trump and the place is The Four Seasons Resort!

One of the up and coming careers for women today is architecture. A fascinating career to be sure. The Art Institute of Chicago must think so too, because they are focusing on *Women in Chicago Architecture* now through March 14. The presentation highlights the role of women in the shaping of the city of Chicago and some of the projects undertaken by Chicago firms in which women are principals.

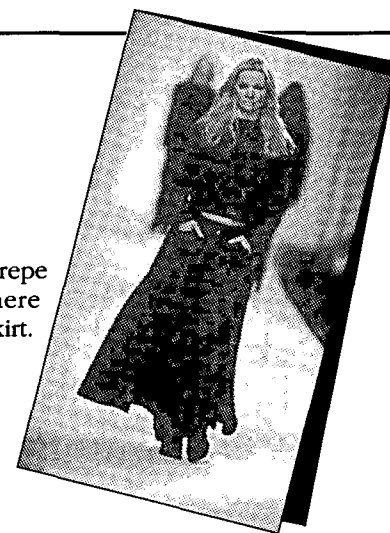
Enjoy the new season! Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*

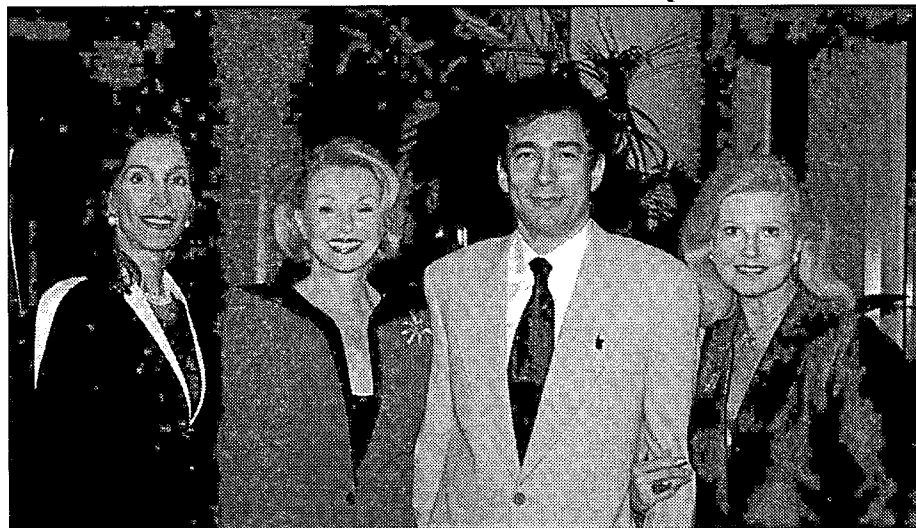


About Our Cover

A charcoal melange double face stretch crepe coat covers a charcoal brushed cashmere rollneck and double face stretch crepe skirt.
By Ralph Lauren.



"The Magical Unicorn Ball" Chicago Social Doyennes Support Palm Beach Gala for Special Kids



The Magical Unicorn Ball Committee members include: Susan Gohl; Mamie Walton; The Unicorn Children's Foundation founder and president, Dr. Mark Rosenbloom; and Anida "Cookie" Cohen, all from the Chicago area.

"The Magical Unicorn Ball" combines the charisma of chairperson Ivana Trump, the grace of The Four Seasons Resort, the appeal of international guests, the allure of an enchanted forest, and the wizardry of tableside magic. This is the formula for what is certain to be Palm Beach's most talked about social event of the season.

"The Magical Unicorn Ball" will be held on March 12, 1999 and is the official debut of The Unicorn Children's Foundation's gala fundraising event series. The ball will benefit children with communication and learning disorders, such as ADD, dyslexia and autism.

An impressive ladies committee has been formed to run the ball, with many society leaders from Chicago joining others from Palm Beach and Montreal. Chicago community leaders have a firm reputation for philanthropy and they are well represented by Mamie Walton, Susan Gohl and Anida "Cookie" Cohen.

Mamie Walton is planning to chair a gala event in Chicago in the fall of this year to benefit the Unicorn Children's Foundation. The event is certain to make an impact on the social calendar in Chicago.

A luncheon was held earlier this month at the Four Seasons where the group pledged not only their creative talent and administrative skills, but support through ticket sales, raising over \$75,000 in one afternoon.

It will indeed be a "Magical Unicorn

Ball." The Royal Poinciana Ballroom at The Four Seasons Resort will be resplendent with spectacular floral arrangements and magnificent unicorns. Soft mystical lighting will provide a backdrop for tableside magicians and a dynamic orchestra. And a connoisseur's menu has been specially created by The Four Season's world-class chef.

Other highlights of the gala include silent and live auctions for paintings, jewelry, a \$10,000 Hylan Booker designer gown, a 40-carat Biron Emerald and a stay at the Budapest Hyatt.

Dr. Mark Rosenbloom, also from Chicago and an Emergency Room Physician at the Northwestern Memorial Hospital, is founder and president of The Unicorn Children's Foundation. Dr. Rosenbloom, who has a child with a learning disability, spoke at the luncheon.

"I chose the Unicorn as the Foundation's symbol," said Dr. Rosenbloom, "because it is a beautiful, powerful, mystical, loving, yet lonely creature. Appearing in the Bible, as well as in Far Eastern religious literature, the Unicorn is a symbol of profound good luck. Its horn was believed to have contained the cure for all human illness."

With the certain success of this Palm Beach ball, the first event in a national series of fundraising activities, The Unicorn Children's Foundation can help spread the magic to these children and their families.

The Bridge Promises Big Fun on the Bayou—'99 Gala to Include Auction of Baseball Autographed by Sammy Sosa



Kery Morris of Barrington, chairperson of the "Bridge on the Bayou" decorations committee, has designed and built 36 Mardi Gras centerpieces for The Bridge Youth and Family Services' annual gala to be held on March 6 at the Hyatt Regency in Woodfield.

It's chilly, gloomy. Daylight hours are still short. You're pale. It's time to brighten up.

The Bridge Youth and Family Services can put the rosin back into your cheeks and the sparkle of spring into your eyes with its March 6 gala, "The Bridge on the Bayou."

Taking its theme from the traditional New Orleans Mardi Gras celebration that serves as an unofficial season opener to spring, "The Bridge on the Bayou" is set to be the largest fund-raiser of the year for the local social services agency. The Bridge, established in 1965, serves youth and their families throughout the northwest suburbs through individual and group counseling, as well as parenting and in-school programs designed to foster emotional and behavioral health. In 1998, more than 3,000 children and adults benefited from services provided by The Bridge.

Heading the Krewe of The Bridge gala volunteers are event Co-chairpersons Carolyn Dessimoz and Jeff Boundy, both

of Barrington. They have planned an exciting evening including silent and live auctions and a \$5,000 grand prize. The centerpiece of the live auction is a baseball autographed by Chicago cubs' home-run star Sammy Sosa.

After dinner, revelers will dance to the lush sounds of The Voyager Orchestra under the direction of Rob Curtis.

"It's going to be a sensational evening," said Peter D. Cunneen, Executive Director of The Bridge. "A theme that celebrates renewal captures perfectly the generous and optimistic spirit of all those who support The Bridge."

The "Bridge on the Bayou" will be held at the Hyatt Regency Woodfield Hotel, 1800 E. Golf Road, Schaumburg. Cocktails and viewing of auction items will begin at 6:00 PM with dinner at 7:30 PM, followed by the live auction and dancing.

Tickets for "The Bridge on the Bayou" are \$125 per person. More information is available from The Bridge Youth and Family Services at 847-359-7490.

"A Touch of the Arts" Fashion Show Goes for New Location and Runway

It's back again... with lots of new looks planned for this year!

Friends of BAAC (Barrington Area Arts Council) cordially invite those who love unique, one-of-a-kind fashions and accessories to join them on Thursday, April 22 for the fourth annual wearable art luncheon and fashion show spring benefit for BAAC. This festive and fun midday occasion called "A Touch of the Arts," being held this year at Biltmore Country Club in North Barrington, gets underway at 11 AM with a social hour and silent auction.

According to co-chairmen ReAnn Scott and Dede Wamberg, the luncheon will begin shortly after noon with fashions interspersed throughout the meal. Models wearing creations handmade by local and nationally acclaimed artists specializing in fiber art will be seen on the runway as well as throughout the dining room. Many of the selections chosen for the show will come from the juried exhibit featured in the BAAC Gallery during the month of April, entitled "The Feel of Fiber."

New this year is a boutique area featur-



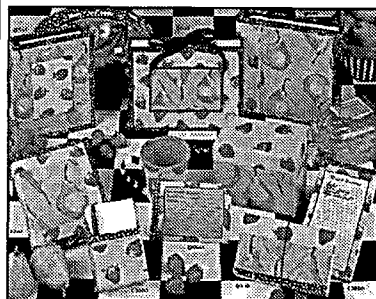
ing the exciting work of several talented artisans whose creations include sweaters, scarves, jewelry, hats and more. Bring your checkbooks or credit cards, ladies; between the boutique and silent auction, you will not want to leave the premises empty-handed!

Invitations should be in the mail in the next few days. Tickets are \$45 or a table of 10 for \$400. This event sells out quickly, so avoid disappointment by reserving promptly. Be sure to notice the three

great "A Touch of the Arts" prizes. And if winter has got you down and you're just wishing to fly away somewhere, maybe you'll win two round trip tickets on American Airlines to anywhere in the continental USA, Mexico, the Caribbean, Bermuda, the Bahamas or Canada, courtesy of Traveler International in Hoffman Estates.

For an invitation or additional information, please call the BAAC Gallery at 847-382-5626.

Here's What's Cooking at Little Shop of Papers



Pears and strawberries adorn our culinary corner in the form of recipe books, accordion files, shopping lists and organizers. We've added a wonderful group of cookbooks from around the country to whet your cooking skills! Size-up the chunky sherbert colored candles to use all around the house—inside and out! Such delectable colors as melon, lime, orange and raspberry—made of lasting no-smoke beeswax.

Little Shop of Papers, Ltd.

The Foundry 740 W. Northwest Hwy. Barrington (847) 382-7733

**Our Spring Fashions
are Arriving Daily!**

**Save 10% OFF
Your Easter Outfit**

Not Valid With Other Sales • Present Coupon At Time Of Order
One Coupon Per Purchase Per Customer • Expires 4/3/99

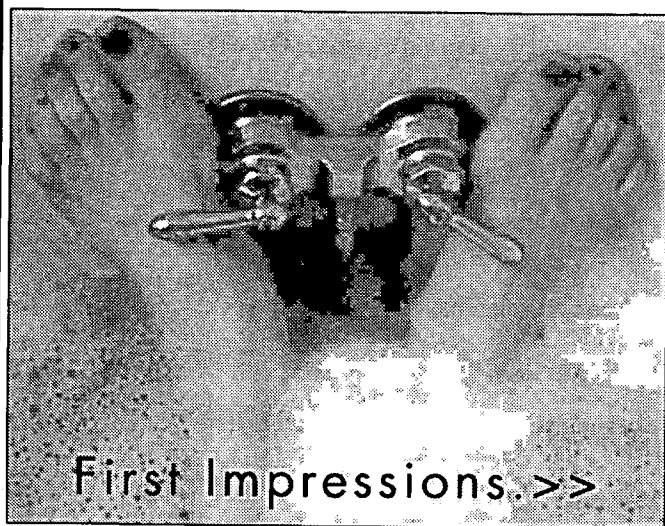
LITTLE MUNCHKINS
"Shopping at Little Munchkins
is a Grandmother's Dream"

200 North Hough Street • Barrington • 381-3960



AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES™



First Impressions.>>

Aveda pure plant products and services for hair, skin, body and lifestyle. A complete collection of personal care products with the benefits of pure flower and plant essences. A unique approach to personal style that celebrates the individual. An innovative way of looking at beauty. That's Aveda—pure and effective.

**BEN E. SALON
SPA**

123 W. Northwest Hwy.
(Intersection of 14 & 59)
Barrington
381-2160

Hair Care | Skin Care | Natural Colour™ | Plant Pure-Fume® | Body Care

Massage | Manicures | Pedicures | Make-up

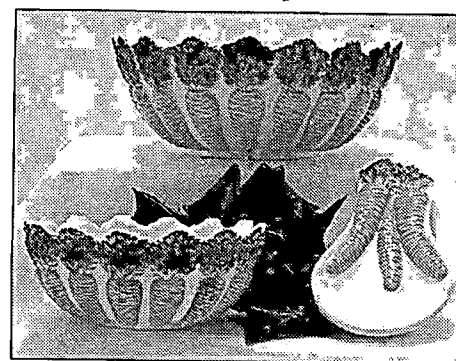
Whatever the Forecast, Shower the Bride with Gifts from Little Shop of Papers

Looking for the perfect shower gift?

Look no further! See our new line of hand-painted Italian ceramics. They're so special, you'll want a piece or two for yourself.

Lemons, artichokes and grapes adorn ceramic pitchers, serving pieces, spoon rests, salt and pepper shakers and more. Many have embroidered tea towels to match.

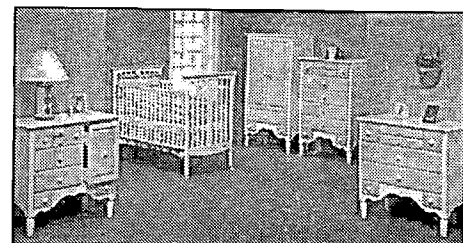
Little Shop of Papers is located in The Foundry, 740 W. Northwest Highway in Barrington. Call them at 847-382-7733.



It's Springtime at Little Munchkins

As we approach the spring season, the latest clothing collections are arriving—all the brands you love! Accessories such as hair bows, bonnets, caps and hats to coordinate are arriving as well. Available sizes are preemie to four toddler.

Be sure to clip the coupon in the **Little Munchkins** ad and save 10% on your child's Easter outfit. Some restrictions apply. **Little Munchkins** also carries the exquisite upscale Ragazzi furniture. Levin beds, bunk beds, dressers, cribs and bedding, along with the latest in



cradles and strollers, are available as well.

Little Munchkins is conveniently located at 200 N. Hough St. in downtown Barrington.

GE Capital Auto Financial Services Receives Award of Merit



Sandra Derickson, President of GE Capital Auto Financial Services, accepts the Award of Merit, the Chamber's highest honor, from Tom Werner, (Harris Bank Barrington), the 1999 Chairman of the Barrington Area Chamber of Commerce. Carol Beese, Chamber President, joins them.

The Barrington Area Chamber of Commerce's highest honor, the Award of Merit, was given to GE Capital Auto Financial Services for its years of community service and contributions to the Barrington Area. The corporation took a leadership role in Barrington's first American Cancer Society-Relay for Life last year, which raised nearly \$300,000 for cancer research and will do so again this year. Numerous donations from GE Capital have aided scores of local charities, and employees are encouraged to participate in Barrington as good corporate citizens. One of Barr-

ington's largest employers, the firm recently relocated to its new 253,000 square foot facility on NW Highway. Sandra Derickson, president of GE Capital Auto Financial Services, accepted the award.

Also honored at the event were retiring Chamber of Commerce chairman Jim Dugan (State Farm) and Richard Hammes (Hammes and Associates), who was named 1998 Ambassador of the Year.

Lt. Governor Corrine Wood was the speaker. Ms. Wood, a Barrington High School graduate, is the first woman elected to the office of Lt. Governor in Illinois.

New Releases in Full Bloom

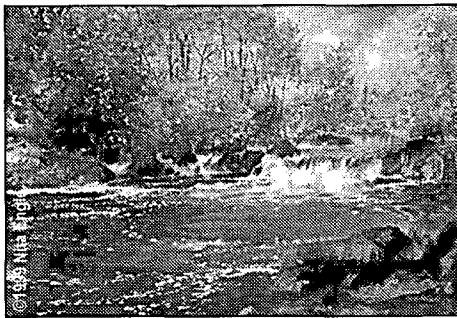
There is nothing more dramatic, more stirring or more inspiring than a room touched with art. Whether it's highly collectable or just plain whimsical, you'll find the art that's just right for you at **Woodland Art Gallery and Frame Shoppe**.

New releases this month include *Mother & Daughter II* by Pino, the artist everyone seems to be talking about. One look at the gallery's collection of Pino limited edition serigraphs and gicleés, as well as Pino originals, and you'll understand. The gicleé process that Pino has mastered is awe inspiring enough. Yet, consider that the artist further enhances each gicleé print with oils, making each one unique to the edition, and you're moved beyond words.

Works by Pino are still extremely affordable and provide new collectors an opportunity to own outstanding art.

Watercolor artist Nita Engle also celebrates a new release this month. Now on display at the gallery is *First Color*, a classic Nita Engle limited edition print that will be warmly received by all.

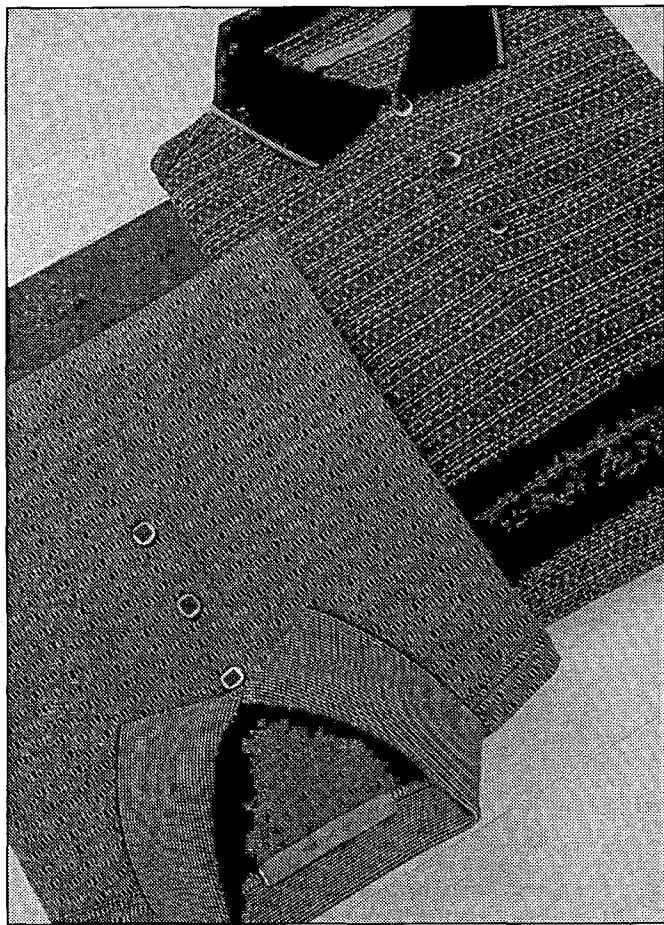
These new releases, as well as works by dozens of other renowned artists including Robert Bateman, Joseph Fornelli,



First Color by Nita Engle

Don Hatfield, David Armstrong, Greg Olsen, Ray Vanella, Terry Redlin, Carl Brenders, Dean Morrissey, Michael Young and Bradley J. Parrish are available museum mounted, custom matted and framed by the gallery. The gallery is also able to ship your art anywhere.

Visit **Woodland Art Gallery** soon and discover all the pleasures of limited edition art. The gallery is located at 71-B East Woodstock Street, across from the Crystal Lake Depot and is open Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 3 PM. Call **815-459-0460** for additional information. Visa and MasterCard are accepted.



Vibrant hues and precision design are key ingredients to the signature styling of **AXIS** cotton knit shirts, above in "Madagascar" and "Cebu." Clean and classic... in the season's most distinctive palette.

Available at **Chuck Hines** on Main Street in downtown Barrington.

DAR March Meeting

Signal Hill Chapter, National Society Daughters of the American Revolution, (DAR), will meet on March 16 at the Barrington Area Library, Room A, 1st floor at 12:30 PM. Guest speaker Christopher Radke of Dancing Bear Gallery in Evanston, IL will present a program on the "History of Indian Jewelry" and will display jewelry from the gallery.

At this meeting, donations will be accepted for the American Indians with

checks made payable to the Signal Hill Chapter.

Refreshments will be served by hostesses Iva Lea Van Buren, Beate Carey, Marion Vowell and Lois Lee.

Any woman is eligible for membership in DAR who is descended from a man or woman who served in the united colonies or states as a recognized patriot. Anyone interested in membership should call Iva Lea Van Buren at 847-382-4449.



**A Gift of Art.
Art for a Gift.**

pino

**Mother &
Daughter II**

by Pino

Gicleé on 100% white cotton rag paper. Hand-signed by the artist and numbered. Edition size: 95 Plus Numbered Proofs.

WOODLAND ART GALLERY and Frame Shoppe

Est. 1980 • 71-B East Woodstock Street, Downtown Crystal Lake

(815) 459-0460

Monday-Friday 9-5; Saturday 9-3

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing
VISA and MasterCard Accepted • Shipping Available Anywhere

CANVASBACKS.

PERFECT PIECES

Fluid lines with sharp accents play on a palette of neutral tweed. In shades of mushroom and oyster for sizes xs-l.

Shown:

Earth Star Jacket, \$264.

Check Pant, \$152

Available at

Chuck Hines...

fine apparel & accessories
for women, men & boys.

Chuck Hines

141 W. MAIN

DOWNTOWN

BARRINGTON

(847) 381-6616

MON-WED & FRI 9:30-6

THUR 9:30-8:30 SAT 9:30-5



*She
& I*

Hair and Nail Salon

A New Style for that Spring Getaway!



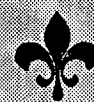
Mon. - Sat.
Wed. & Thurs. Evenings

Walk-Ins Welcome • Gift Certificates Available

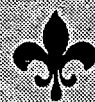
The Ice House Mall

381-5043

200 Applebee
Barrington



Barrington
ICE HOUSE MALL



It's Spring Break Time!

How about a new look and style for that spring getaway?

Maybe a few blonde chunky highlights around the face to give you a little jump into the sun?

A Malibu treatment would be great to take out minerals, chlorine, iron or any deposits on the hair, leaving it with a shiny, clean, healthy look again.

Italy Hair Fashion has a brand new conditioning toner for hair. Add a little color

to enhance your natural color or add a lot of color to change your look.

Before your getaway, be sure to stop by for some Sorbie leave-in conditioner spray to help protect your hair.

She & "I" Hair & Nail Salon offers hair styling and cutting, perms, color, facial waxing, manicures and pedicures and is located in the Barrington Ice House Mall in downtown Barrington. Call at **381-5043** for your next appointment.

Tommy-Terri Looks Forward to Spring-Summer

Tommy-Terri is ready and eager for the warm weather and we bet you are too. At **Tommy-Terri** we are focusing on brights, comfort and classic styles. Be it for a special occasion, Communion, or Easter or the beach—we are ready to help mix and match, to brother-sister or just to find the right outfit for a fun-filled day.

Be sure to look for our new lines such as Cielo, Snap Dragon and Hartstrings. Our selection of baby items ranges from soft pastels to bold and bright.

Your little ones love to visit the "playhouse" while you shop. As usual, our staff is ready to assist you with your decisions and wrapping is complimentary with UPS available.



INFANTS & CHILDREN'S APPAREL

200 Applebee • Barrington Ice House

381-2005

SPRING FAIRY TALES

Lea Image Studio

LEA MODELING & TALENT CONSULTANTS, LTD.
LEA SKIN CARE & COSMETICS

It's All In The Package!

Ultimate Skin Care Collection
Make-Up Application & Lessons
In-Store True Color Correct Lighting
Color Spectrum Analysis
Private Consultation Setting
Self-Improvement & Etiquette

Perfumes, Colognes & Fashion Accessories
Unique Gifts for Men & Women
Essential Body Care Products
Photo Packages
Modeling & Talent Consulting & Evaluation
Gift Certificates Available

Karen Lea Cline



"There is something special about you and it has everything to do with looking and feeling beautiful."

Lea

200 Applebee St. • Barrington, IL • 847.382.6640



\$10 OFF
Skin Care Facial
Treatment in "Total
Back Massage"
thru April!

Curator from Chicago's Field Museum of Natural History to Speak at Barrington Library

The Field and Flower Garden Club of Barrington invites the public to attend their March 3 meeting at 7 PM. Featured will be Dr. Thomas G. Lammers, Botanist.

The title of his lecture will be "A Tramp Abroad—Overseas Botanical Fieldwork." He will share his experiences spanning 15 years as a taxonomist and plant collector working in South America, Asia and Ha-

waii. The audience will also be educated in the inner workings of the Field Museum of Natural History.

Dr. Lammers received his Ph.D. in 1988 from Ohio State University and taught at Miami University, Oxford, OH. He specializes in plants in the Bluebell (Campanulaceae) family of which he has discovered more than 20 new species.

It's All in the Package!

Spring Fairy Tales! They really do come true! Everyone really can wear the season's sheer shimmering pinks. Some women look wonderful in the warm pinks of the "Cinderella" face, while others shine in "Rapunzel's" cool hues.

Our spring complexions need and are dependent on radiant skin. For a healthy glow, try our facial services. This month, all customers will receive a complimentary skin evaluation and \$10 off of our facial services, including our fabulous "Skin Renewal Alpha Hydroxy Exfoliation Treatment" followed by "Lea Mineral Mist." A great way to get ready for spring!

Men and woman can enjoy any of these services in the "Complete Total Back Massage Chair!" Kick back and relax as you enjoy our facial services and indulge in the massage that you will truly enjoy. **Lea Image Studio** offers private consultations to include facials, deep pore cleansing and overall image improvement.

We offer the finest in products for home or office demonstrations, and in store parties! We specialize in the ultimate skin care regimen for men and woman. Our special wrapping and certificates are a great way of presenting a gift.

Another aspect of **Lea Image Studio**



Karen Lea Cline
Mrs. Illinois America 1998

applies to the modeling and acting industry. Lea Modeling and Talent Consultants offer expertise to clients, pursuing a career, by leading them through the preparation process and to give them an understanding of the business.

For the special occasion of prom night, or the fabulous weddings in spring or summer, we offer makeup applications and makeup lessons. Our foundations are known to be perfect for photo purposes and everyday use. Let us show you how to naturally sparkle!

Our motto is "There is something special about you and it has everything to do with looking and feeling beautiful."

The Long Grove-Kildeer Garden Club

The Long Grove-Kildeer Garden Club serves these two villages. It is a Federated Club and welcomes new members who enjoy the interests of horticulture, environmental concerns and the learning aspects of gardening with friendships.

There is a general meeting every second Monday of the month at the Reed-Turner Woodlands in Long Grove and a program is presented at that time.

For additional information, please call 550-8020.





Barrington ICE HOUSE MALL



Ice House Mall Announces New Shops and Live Music

Exciting things are taking place at the **Ice House Mall** in Barrington! New shops, live music, new Sunday hours and a special appearance by the Easter Bunny are just a few.

The Mall recently went through an extensive renovation with Peter Daniel Men and Women's apparel moving to an all-new multilevel shop on the first floor. Now the **Ice House Mall** is pleased to announce the opening of two new shops for your shopping enjoyment.

Lauren's Lingerie features unique and beautiful lingerie for those special times as well as the essentials you need for everyday. Visit Lauren's for your favorite lines including foundations, hosiery, sleepwear and activewear. Lauren's friendly and knowledgeable staff will be happy to assist you with all your lingerie needs.

Tina Han Gallery featuring fine art and custom framing is the newest addition to the **Ice House Mall**. Tina Snow, the proprietor of one of the loveliest galleries in the Northwest Suburbs, has been in the art business for the last 15 years. Her gallery features fine paintings that include the works of Rebecca Hardin, Rick Garcia, Victor Schvaiko and originals and reproductions of Vintage Posters. The Gallery

also offers museum quality custom framing. Tina Han Gallery works with both private and corporate collectors. Be sure to stop in and say "Hello."

The **Ice House Mall** is open seven days a week for your shopping pleasure. On Sundays, the mall is open from 11:00 AM to 3:00 PM. Shop Thursday evenings until 8:00 PM with live piano music from 5:30 to 7:30 PM by popular area entertainer Lee Bassett. Mr. Bassett will be playing American Classics, Show Tunes and Songs of the Swing Era for your background musical enjoyment.

On Saturday, April 3, from 10:30 AM to 3:30 PM, there will be a special appearance at the **Ice House Mall** by the Easter Bunny. The bunny will pass out special Easter treats and all children are invited to participate in the famous Ice House Easter Egg Hunt. There will be a photographer available to take pictures. Parents are also invited to bring a camera and take photos of their children with the Easter Bunny.

Come to the **Barrington Ice House Mall** and visit our 14 boutique shops, She & I Hair and Nail Salon and Chessie's Restaurant. Also located in the mall is the national investment firm of A. G. Edwards & Sons Inc.

Knits, knits, and more knits! Never out of style and perfect for day to night dressing.

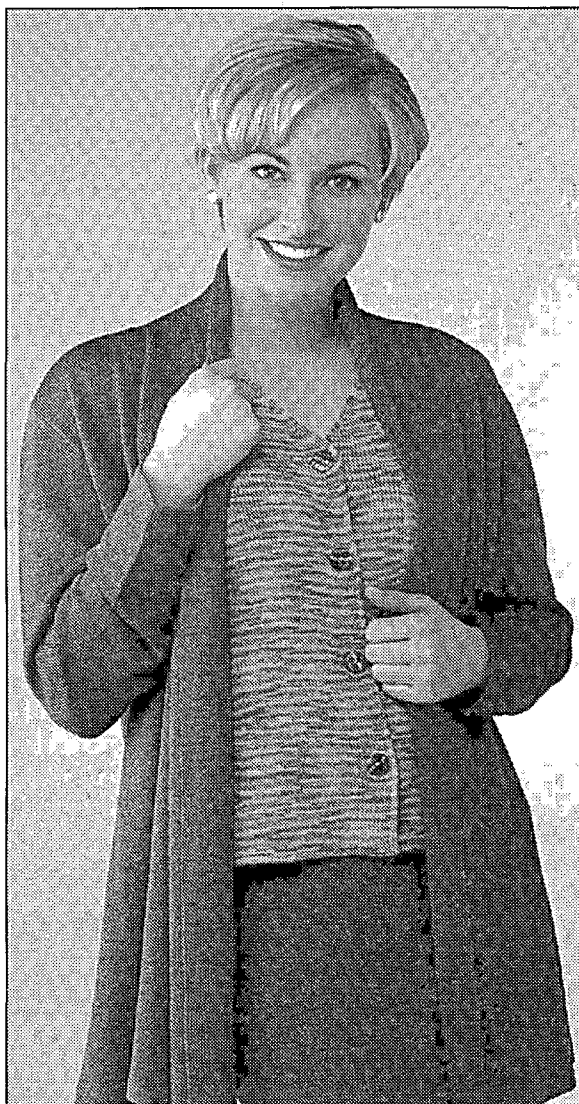
Peter Daniel of Barrington has expanded its knit collections with updated modern looks, great fit and high quality workmanship, all at affordable prices.

Choose custom made-for-you knits from J.S.S. available in 30 colors and just right-for-you styles. The must have San Remo spring collection is dynamic in red, white and navy separates trimmed with hand placed brass buttons. Or discover Anne Pederson's sophisticated, contemporary all-season collection... gorgeous detailing in beautiful spring colors.

Peter Daniel of Barrington is now located on the first level of the Ice House. And if you haven't visited their contemporary new surroundings, you're in for quite a new shopping experience... new apparel collections like crystal handwoven jackets and Renfrew suiting separates, long-standing favorites, expanded jewelry and accessory department and much more all in a shopping ambiance that's sure to please everyone.

And don't forget this great opportunity for men to shop early for spring during our men's wardrobe sale.

Peter Daniel of Barrington is open seven days a week for your shopping convenience.



**Shop Thursday
Evenings
Until 8pm
with Live Music
by Lee Bassett
4:30-7:30pm**



Hours: Sun. 11-3, Mon.-Sat. 9:30-5:30, Thurs. 9:30-8:00

Enclosed Mall • 14 Unique Specialty Shops
Friendly & Personalized Service • Relaxed Atmosphere
Convenient Downtown Location • Plenty of Parking

**Barrington
ICE HOUSE MALL**
village shops & restaurant

200 Applebee Street • 847-381-6661

Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.

**YOUR NEW FAVORITE WARDROBE
IS NOW ON SALE AT PETER DANIEL**

SAVE \$100 ON A SUIT

Save \$125 on a second suit

Save \$50 on a sport coat

Save \$25 on dress pants



Sportswear Line • Zanella • Polo
Ashworth • Barry Bricken • Como Sport
Visivo • Scott Barber • Columbia
Cutter & Buck, and more

peter daniel
barrington
apparel for men and women

Barrington Ice House 847 382 6676
Store Hours: MTWF 9:30-6p.m. Thurs. 9:30-8p.m.
Sat. 9:30-5:30 p.m. Sun 11-3p.m

FREE ALTERATIONS • FASHION COORDINATORS

Deadline!

The deadline for the **April Issue**
is **Thursday, March 18.**

Please send your press release/advertising materials to:

Editor

Lifestyles Magazines

P.O. Box 293

Crystal Lake, IL 60039-0293

or call: **(815) 459-4820**

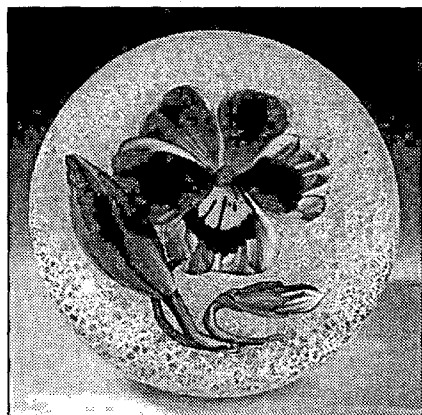
Chesterfield Glass Galleries

PRESENTS

THE SELMAN COLLECTION

of extraordinary paper weights

Reception: Thursday, March 18, 5:30-8:30 PM
Balloon Pull with purchase. SAVE \$\$\$.



Hors d'oeuvres
 & Refreshments

Public Invited

847-382-6677

Ice House Mall

Artisans: Trabucco,
 Banford, Rosenfeld,
 Ayotte, Roas, Lundberg,
 Salazar, Todd, Grubb,
 Buzzini, Fote, Shaw

Shakespeare's Viola
 by Victor Trabucco

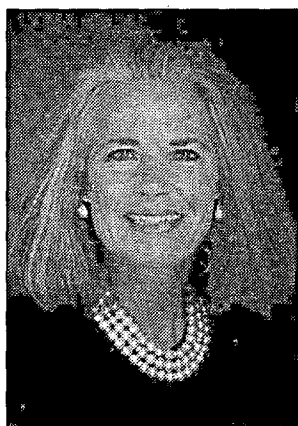


The Power of Glamor

Barbara Rinella, the very popular book dramatist, will be featured on Wednesday, March 17, at the Barrington Woman's Club luncheon and program meeting at the elegant Royal Melbourne Country Club. Friendship hour will begin at 11 AM along with Lee Bassett's keyboard music. After a Noon luncheon, Mrs. Rinella will "become" several characters from Annette Tapert's book, *The Power of Glamor*.

Barbara Rinella describes her witty, first person renditions as "academic entertainment." Her love of literature and people, coupled with her dramatic talent, shine throughout her characterizations and story-telling. She invites you to "meet" Gloria Swanson, Marlene Dietrich, Claudette Colbert and Greta Garbo, with words of wisdom from Katharine Hepburn.

Mrs. Rinella is an active alumni of Duke University, currently serving on the Executive Council of the Alumni Governing Board. She holds a graduate degree from the University of Michigan and has taught high school English at New Trier High School. A resident of Kenilworth, her dedication to education is evidenced in her current service as an elected member of the New Trier School Board, an appointed member of the North Shore Special Education District Governing Board, and a member of the DePaul University Woman's Board. She also finds time to volunteer in various community roles at the Lincoln Park Zoo, Metropoli-



Barbara Rinella, teacher and dramatist, will be featured at the Barrington Woman's Club luncheon on March 17 at the Royal Melbourne Country Club.

tan Chicago United Way/Crusade of Mercy, Chicago's Lyric Opera, the Museum of Contemporary Art, YMCA, and a Little League baseball coach and commissioner. A dedicated teacher, bringing literature to life inspires her audiences to laugh and learn.

The Royal Melbourne is in Long Grove and may be reached by driving East on Route 22 to Route 83 and turning North on 83 for a quarter mile. Barrington Woman's Club members may send a check for \$25, made to BWC, to Social Chairman Betty Captain, 1217 Lake Shore Drive, Barrington, 60010, by March 12. Your check is your reservation.



Barrington
ICE HOUSE MALL



Paperweights—a Beautiful Investment

What some consider to be a simple desk accessory has been locked in the treasure vaults of kings and collected by the world's most famous personalities. Collector paperweights have increased steadily in value over the past 30 years—in 1990, one rare piece sold for the record setting price of \$258,000!

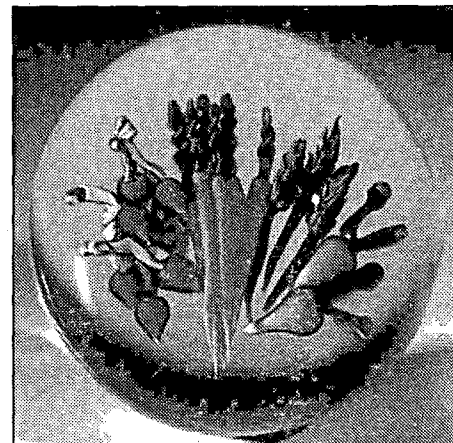
The story of the glass paperweight begins in 1845—little more than 50 years after a mob beheaded Louis XVI and proclaimed France a republic. In the turbulent center of Napoleonic France, Parisian glass houses began to produce pieces of crystal that would permanently impact the history of glass art.

The paperweight—for that was its original purpose—was initially produced as an elegant gift item for sale to a burgeoning middle class. Each piece carried a sentiment. A pansy weight spoke of "tender thoughts" and friendship; the rose was a token of love.

The pieces received an instant enthusiastic response. The French factories strived to surpass each other, and what was first sold as a gift metamorphosed into a presentation piece. When Queen Victoria called nations to exhibit their finest accomplishments at London's Great Exhibition of 1851, France displayed paperweights.

Now, 150 years after the first pieces were forged, glass artists continue to include their most complex glasswork in paperweights. Enthusiasts worldwide collect them for their investment potential and the chance to enjoy the beauty of a crystal world you can hold in the palm of your hand.

Since they were first produced in the mid-19th century, paperweights have captured the imaginations of connoisseurs around the globe.



Vegetable Garden by Ken Rosenfeld

Most are drawn by the beauty of this amazing glass art. Hold a paperweight in your hand and look into the world of vibrant color, shimmering prisms, lifelike glass flowers and animals, and scintillating designs.

Paperweights sparkle with the magic that defines the perfect gift. Their beauty is an excellent way to commemorate the bonds of friendship and love, or to remind one of special times and events.

Perhaps writer Truman Capote best described the fascination of the paperweight when he wrote, "These objects were like frozen snowflakes, dazzling patterns frozen forever." We know you will enjoy this special art form.

Chesterfield Glass Galleries invites you to join us on Thursday, March 18 from 5:30 to 8:30 PM to preview the Selman collection of extraordinary paperweights. Refreshments will be served. The preview is open to the public. For additional information, please call **Chesterfield Glass Galleries at 847-382-6677.**

Just arrived—The Fabergé Collection!

Barrington Newcomers Couples Social

Thanks to the popularity of our January Coffee, Barrington Newcomers Club is once again inviting Nancy Wallace, of Psychic Resources and Inner Awareness Center, for a couples social on March 13 at 7:00 PM. Nancy is a renowned psychic who hosts a television show with 17 years of tarot card reading to her credit. Members will be entertained as she demonstrates her clairvoyant ability in reading tarot cards. Nancy will be accompanied by an associate whose expertise is Psychometry, the divination of facts through objects. This special event for couples will be held at a member's home and will offer an evening of socializing and psychic surprises! Members can sign up by calling Janet at 382-2802. New residents to the Barrington area are welcome to attend by calling Darlene at 382-1331 for membership information.

Newcomers evening coffee will be held on March 31 at 7:30 PM at a member's home. This will be an evening purely for the purpose of chatting, socializing and



Nancy Wallace of Psychic Resources and Inner Awareness Center demonstrates a tarot card reading.

bringing favorite foods to share with friends old and new. This is a great chance for new members to meet other women in the area. Call Lynne at 842-9709 or Margaret at 277-1331 for information.

New Gallery Opens at Ice House Mall



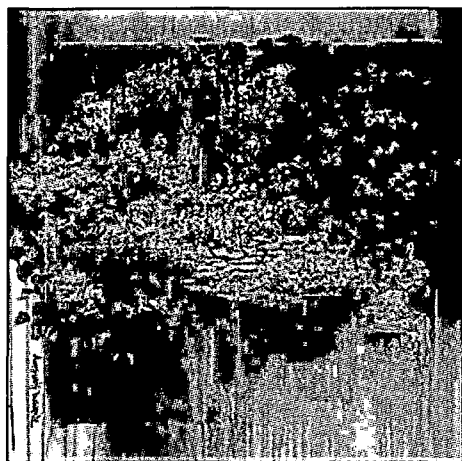
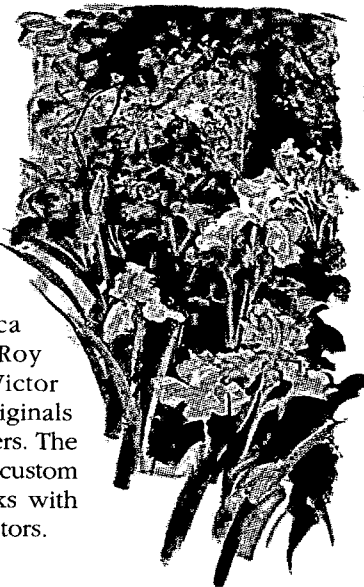
Tina Han Gallery, a fine art gallery showcasing paintings and limited edition graphics by major internationally-renowned artists, recently opened on

February 1 at the Ice House Mall.

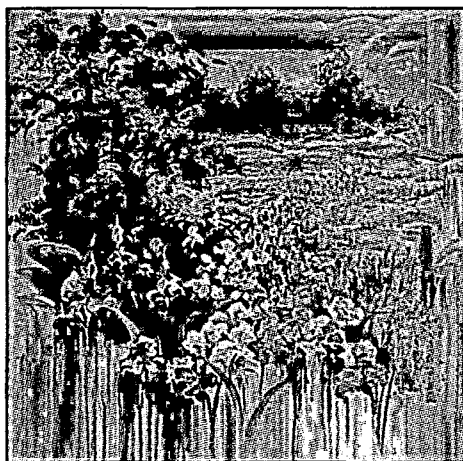
Tina Han-Snow, the proprietor of one of the loveliest galleries in the Northwest Suburbs, has been in the art business for the last 15 years. Originally in Hoffman Estates as the Framer's Shop, Tina has upgraded her inventory of fine paintings to include the works of such luminaries as Rebecca Hardin, Ting Shao Kuang, LeRoy Neiman, Hailan, Rick Garcia, Victor Schvaiko, Mark King and the originals and reproductions of Vintage Posters. The gallery also offers museum-quality custom framing. **Tina Han Gallery** works with private as well as corporate collectors.

The grand opening celebration will be kicked off with a show for the internationally-celebrated artist, Rebecca Hardin, who will make a special guest appearance and do a book signing of her latest catalogue raisonnée. The gallery will feature Ms. Hardin's latest collection of large nature paintings, some as big as five feet by eight feet tall. Join Tina Han-Snow in welcoming Rebecca Hardin in celebration of the grand opening of the new gallery.

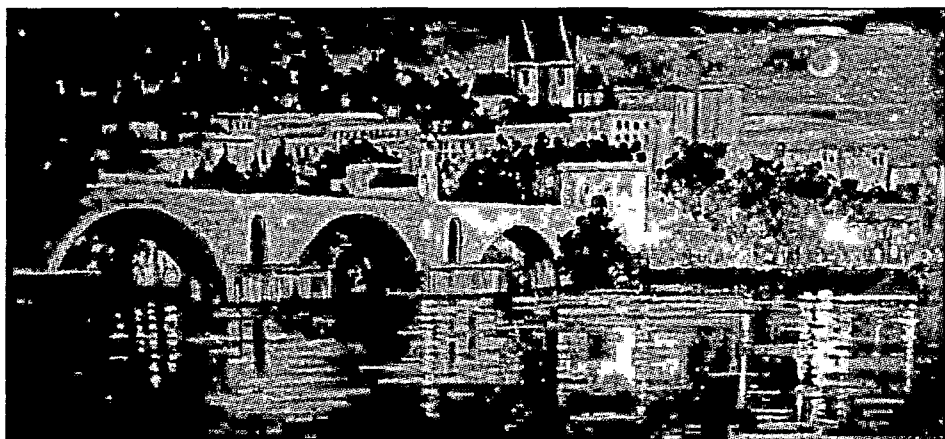
Tina Han Gallery, Ice House Mall, 200 Applebee Street, Barrington, 847-382-1030.



Rebecca's Garden 30" x 30"



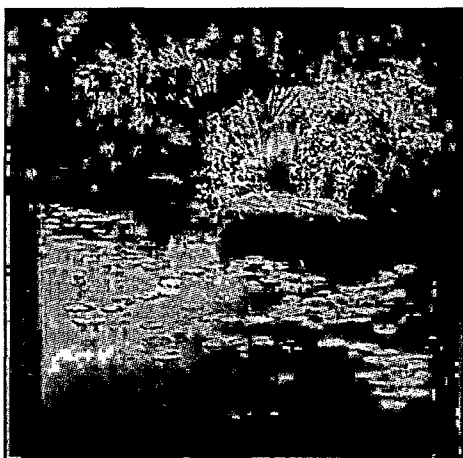
Iris Meadow 30" x 30"



Star Shower 24" x 48"



Morning Shadows 32" x 32"



Mezame 33" x 33"

Grand Opening Celebration

Tina Han Gallery



Reverent Reflections 35" x 26"



Mediterranean Villa 26" x 35"

We cordially invite you to celebrate our grand opening on March 11, 12 and 13.

Refreshments served

Internationally-renowned artist Rebecca Hardin will be in attendance for a special preview of her Spring Collection.

*Thursday, March 11
6:00 to 9:00 pm*

&

*Saturday, March 13
2:00 to 5:00 pm*

Tina Han Gallery

**Ice House Mall
200 Applebee Street
Barrington, IL 60010**

**847-382-1030
fax 847-382-1034**



Wrap Me Slender

NOW OPEN IN LAKE ZURICH
Do Something Good for Your Body:

- ✓ Lose Inches
- ✓ Cleanse Your Body—Inside and Out
- ✓ Trim, Tighten and Tone Your Skin
- ✓ Lose Cellulite
- ✓ Look and Feel Younger

Slim Down for Summer

All Wraps Done by Certified Technicians
CALL TODAY FOR AN APPOINTMENT—847-550-8978



9 South Old Rand Road • Lake Zurich

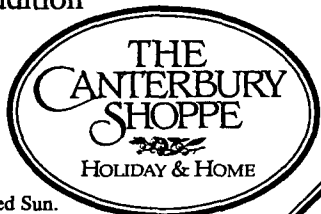
Winnie the Pooh & Easter too!



Easter is April 4th! Stop by The Canterbury Shoppe to see our beautiful tableware & gifts perfect for spring & Easter celebrations. We are filled with Winnie the Pooh trees, egg holders, jelly bean dishes & mini tea pots. Our Peggy Karr floral glass plates & bowls are an elegant & festive addition to your spring table.

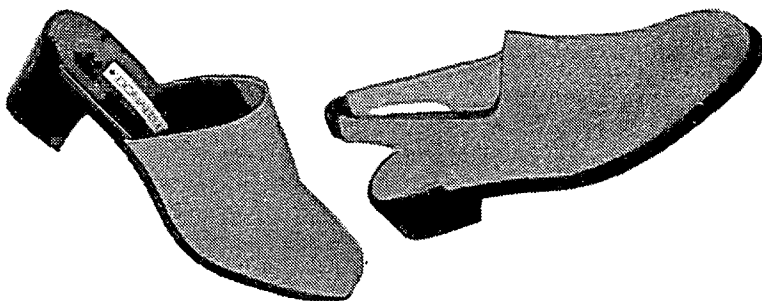
117 East Station Street
Barrington, IL 60010
(847) 304-9627

Hours: Mon.-Fri. 10-5 • Sat. 10-4 • Closed Sun.



Tootsies

A Shop for Women's and Children's Shoes and Accessories



◆ DONALD J PLINER ◆

Modern Footwear created in stretch crepe micro fiber for today's lifestyle. N & M widths; black, navy and sand.

107 E. Main Street
Barrington 277-9596

Monday-Saturday 9:30am-5:30pm
Thursday till 8:00pm

Here's the "Skinny" on Body Wraps

"Since body wraps are new to this area, I'm glad *Barrington Lifestyles* has given me a chance to answer some of the most commonly asked questions about them," says Cindy Krebeck, Manager of **Wrap Me Slender** in Lake Zurich.

"First, this is not a weight loss, but a size loss technique. It is a non-invasive procedure which tones and firms the skin and decreases cellulite, while removing toxins from the body. We guarantee a loss of six to twenty inches in the first wrap," says Krebeck.

How does it work?

Before you are wrapped, measurements are taken. Next, porous elastic bandages soaked in a mineral solution are wrapped around the body, concentrating on problem areas such as hips, thighs and midriff. The client then does mild exercise for an hour while the solution works on remov-

ing toxins such as sugar, caffeine, nicotine, alcohol and pollution, which build up in the body just from eating and breathing. This contributes to a feeling of renewal and well-being as well as providing the pleasure of having clothes that were too tight suddenly fit again.

Who gets a body wrap?

Anyone who wants to look and feel better. Our clients range in age from 14 to 73 and about 75% are female. One man, age 42, comes in twice a month and says the wraps have improved his golf game! Many people have had one or more wraps in preparation for vacations and several others are working on their New Year's resolutions.

Now is the time to start getting ready for summer. Call **Wrap Me Slender** for an appointment or for more information at 847-550-8978.

Spring has Sprung at The Canterbury Shoppe!

The **Canterbury Shoppe** is bursting with decorations and gifts for Spring and Easter. Stop by and see our beautiful fused glass floral platters and bowls from Peggy Carr studios, in selections of iris, pansy, wildflower and daisy patterns. Looking for a perfect keepsake present? Starting under \$20, our white on white miniature porcelain bird houses, churches and tea-pots, presented in a striped hat box, make a cheerful presentation and a gift to be cherished.

For your Easter table, we have Winnie the Pooh egg holders, trees and spring ornaments, as well as spring beanie babies, puzzles and wonderful basket stuffers for kids of all ages! Stop by and register to win a tie-dyed beanie baby bunny!

The **Canterbury Shoppe** is open Monday through Friday from 10 AM to 5 PM and Saturday from 10 AM to 4 PM. We are located at 117 East Station Street in down-



Victorian Rose Promise Box...
a special box for that special ring.

town Barrington (one block south of Main and Route 59, near Starbucks Coffee). Stop by or give us a call at 847-304-9627. *Happy Spring!*

Did You Know That...?

Tootsies has started **Club Tootsies**, a frequent buyer club. Buy 12 pair at regular price and receive the 13th pair free. Or, if you can't wait, buy 6 pair and get the 7th pair for ½ price. Both women's and children's shoes count, and all are kept on the same card so that they add up faster. The value is determined by the average of the pairs purchased and applies to regularly priced merchandise.

Also, **Tootsies** gives each new born child their first pair of Stride Rite crib shoes as a gift.

For the mothers and female customers 21 and older, **Tootsies** has started the Birthday Club. Just sign up for our mailing list and receive a Birthday Card with a 10% coupon inside. It's usable on your birthday month for any regularly priced merchandise.

The Welcome Wagon Club of Palatine News

The Welcome Wagon Club of Palatine has a coffee for prospective members every month. Coffees are held in members' homes and refreshments are provided. Please call Arleen at 847-776-6228 or Pam at 847-202-5662 for more information.

In March, our luncheon is on the second Tuesday. We have some exciting programs to look forward to. We will have the Hollywood Homicide Mystery Shop and, in April, we will have a program given by Thompson Topiaries. For more

information, please call Carlee at 847-358-5778 or Helen at 847-776-3958.

Each month, a different social activity is planned to involve spouses and significant others in the group's activities. We are planning to go to a movie and dinner in March.

If you are a woman who is new to the Northwest Suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, call Arleen at 847-776-6228 or Pam at 847-202-5662.

It's the Big One! CLIX ANNUAL ALBUM SALE!



By Gal Friday

Hey, girlfriends! How's it going? Ed and I have been doin' the "RV thing," seein' the great USA. But I told the ole' coot we had to get back by March 1. I was not about to miss The Album Sale at **CLIX Photographs and Savables, Inc.**

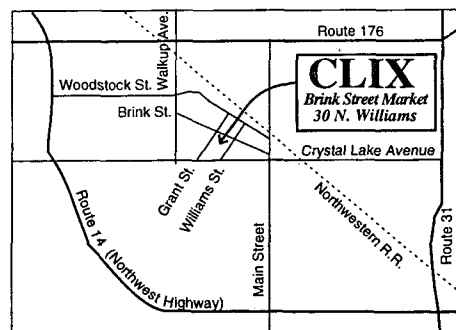
Yep. It's time to pull together your latest photographs. You have to dig through the piles of paper, reshuffle the closets and let's organize those family photos. I'm sorry, sweetie, but it's a reality we have to face. It starts out as a harmless "click" here and "snap" there and before you know it, you've got more pictures than there are stars. I've been through it and have I found the answer for you! The Album Sale at **CLIX!**

Every album, small and large, in stock and custom ordered, mat pages and refills is on sale at 25% OFF! And this isn't just the stuff they couldn't unload at sidewalk sales. This is the real deal. You've got to see it for yourself.

My sister is finally getting the wedding album she always wanted—real leather cover with gold-trimmed ivory pages and each page custom designed with indi-

vidual mats. My neighbor is going to pick up a few unique fabric-covered albums as graduation gifts. I have to pick up a fun travel album with acid free scrapbook pages for my custom memory book. Of course, **CLIX** has a ton of album choices for babies and pets. They have everything from slip-the-photo-in types to those with hand-made paper pages.

What can I say? The nice people at **CLIX** only do this once a year. Now's the time to stock up. Surprise yourself. Getting organized might not be as painful as you think and your family will love you for taking the time to record the memories only you know. For gifts, for Martha Stewart wannabe's, for your family... The Album Sale at **CLIX.**



**CLIX is located in
Downtown Crystal Lake.**

Announcing a New Addition to Our Practice!

Dr. Dohr received her medical degree from University of Wisconsin-Madison and trained at the University of Chicago Obstetrics and Gynecology residency program, one of the top programs in the country. She graduated with honors from Purdue University. Dr. Dohr resides in Barrington and is on the medical staff at Good Shepherd Hospital.

Novas & Associates welcomes Dr. Dohr to their practice.

Dedicated to women's total health, the physicians at **Novas & Associates** are specialists in the diagnosis and treatment of diseases and disorders of the reproductive system.

The staff consists entirely of female physicians: Jeanne Novas, MD; Michele Perlis, MD; and their newest associate, Julie Dohr MD.

Offering the highest quality health care, these highly trained and board certified physicians offer prenatal care and delivery, comprehensive gynecological care, routine exams, hormone replacement therapy and gynecological surgery. Additionally, they are highly qualified in vaginal delivery after caesarean section, advanced laparoscopic surgery and infertility procedures. State of the art in-office osteoporosis screening and counseling is available. In-office ultra sonography is performed by your doctor at your office visit, when medically indicated.

Pi Beta Phi Alumae Meeting

The Arlington Heights Pi Beta Phi Alumnae Club meets monthly, usually the second Wednesday of the month, at various members' homes in the Northwest

Dr. Novas states, "Women need a place where they can voice any health care concerns they may have. Our practice endeavors to be that place, as well as providing quality, compassionate, OB/GYN services."

Dr. Novas graduated from Purdue University and Northwestern University Medical School. She trained at Mt. Sinai Medical Center.

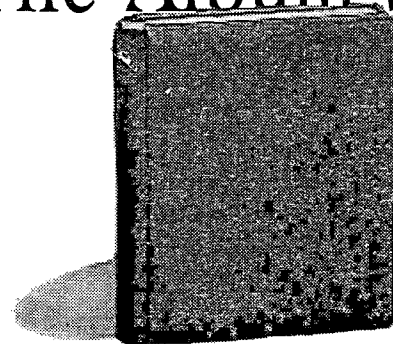
Dr. Perlis is a graduate of the University of Health Sciences in Chicago, and trained at Michael Reese Hospital and Medical Center and at Rush Presbyterian St. Lukes Medical Center.

The physicians of **Novas & Associates** are on the medical staff at Good Shepherd Hospital. Phone **847-304-0044** for an appointment. Evening and weekend hours are available.



Julie Dohr, MD.

The Album Sale!



THE GOOD STUFF.

25% off!

March 12 through 20.

It's time to do it.

Get in here.

...a store for memories

CLIX
photographs & savables, inc.

30 N. Williams Street • Brink Street Market
Downtown Crystal Lake • 815.455.1092

NOVAS & ASSOCIATES, S.C.

OBSTETRICS AND GYNECOLOGY

*Personalized, Quality Health Care
for Women, by Women*



Jeanne Novas, M.D., FACOG

Julie Dohr, M.D.

Michele S. Perlis, M.D., FACOG

• evening/weekend hours

*• located off Barrington Road (Route 59),
just south of Northwest Highway (Route 14)*

BARRINGTON COURTE OFFICES
111 LIONS DRIVE SUITE 210 • BARRINGTON, IL 60010
(847) 304-0044

SPECIAL LIMITED TIME OFFER

Did winter do a number on your skin?

Chicagoland winters with subzero windchills can do a number on your skin. Frigid temperatures, inside heat and the normal aging process can create overdried skin that makes you look older than you actually are.

Suburban Plastic Surgery Associates can help restore your skin to a much healthier and youthful state with a facial aesthetics program. This non-surgical procedure is a

\$175

Skin Evaluation &
3 Skin Treatments
Offer Expires 4.30.99

customized treatment and rejuvenation process that utilizes pharmaceutical grade products for maximum results. All treatments are conducted under the supervision of a board-certified physician and can usually be performed over a lunch period.

If you're looking for non-surgical options to take years off your face and turn heads, call toll-free anytime:

877 turn heads. (877 887 6432)

Visa and Mastercard accepted.



Downers Grove | Hoffman Estates | Elk Grove Village

DRAMATIC RESULTS FOR REAL PEOPLESM

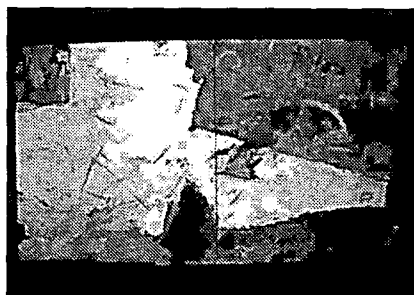
**SUBURBAN
PLASTIC
SURGERY
ASSOCIATES**

BAAC Gallery Opens "Expressive Energy"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery exhibit, "Expressive Energy," on March 5, 1999, featuring original two- and three-dimensional work by Ginny Woltzen, Todd Willing and Laura and Michael Thompson of Savannah's Designs.

Lake Villa, IL resident Ginny Woltzen received a Master of Fine Arts Degree from Northern Illinois University in DeKalb. Woltzen's paintings are abstract in expression and design and are painted with a mixture of acrylic, pastel, sand latex and joint compound on panel. Colorful and vibrant, the large, striking artwork fills an exhibit space with energy and life.

Sculptor Todd Willing of St. Charles, IL learned to weld from the various construction jobs he held. Willing's art is heavily influenced by primitive folk art, as well as artists such as Brancusi and Henry Moore. His steel and iron pieces combine



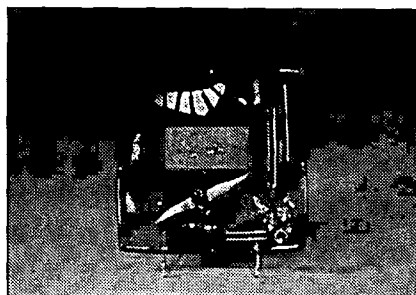
Acrylic, sand latex, joint compound, panel. By Ginny Woltzen.

sculpted forms with found objects and he describes his art as "fun" and "thought-provoking."

Residents of West Dundee, IL Laura and Michael Thompson are the artists behind Savannah's Designs, kilnformed glass. A husband and wife team, the Thompsons create fine art glass that has been formed, manipulated, shaped or decorated in a kiln. Each fused and slumped piece is contemporary in design, blending creativity and brilliant color with production.

The Barrington Area Arts Council invites the public to attend an Opening and Artists Reception on Friday evening, March 5 from 7 to 9 PM at the BAAC Gallery, 207 Park Avenue, Barrington, IL.

The exhibit will be on view March 5 through March 27, 1999. BAAC Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays. For more information, call 847-382-5626.



Fused glass. By Laura and Michael Thompson.

Garden Ponds

With the approach of spring to our land, thoughts turn to gardening and perhaps the addition of new features to our landscape. With that thought in mind, the next meeting of the Garden Club of Inverness on Thursday, March 18, 1999 will feature John Heaton of Knupper Nursery and Landscape in Palatine, IL as he discusses "Garden Ponds." He will give a general overview of this garden feature with specifics on how to build a garden pond, as well as the use of a pump, liner and filter. Included in his presentation will be the types of plants and fish to be used, and also the procedures for overwintering. A question and answer session will follow.

John Heaton joined Knupper Nursery and Landscape in 1968 and since 1988 he has been the sole owner. His knowledge and experience will bring invaluable information as he discusses not only garden ponds, but answers questions on other topics related to our gardening challenges. So come and welcome the arrival

of spring (at least on the calendar) and join other members and guests of the Garden Club of Inverness. The location remains the same—Holy Family Church, 2515 West Palatine Road, Inverness. The business meeting begins at 9:30 AM and is followed by delicious refreshments provided by the members and orchestrated by talented Hospitality Chairs, Jill O'Connell and Janet Sholiton. The program follows and usually ends around 11:30 AM. For more information about the club, please contact Membership Chair, Mary Jo Bregenzer at 776-6557.

The Garden Club of Inverness is a member of The Chicago Horticultural Society, District IX of the Garden Clubs of Illinois, Inc. and the National Council of State Garden Clubs, Inc. As such, members work to encourage, advance and stimulate an interest in horticulture through education, as well as supporting an organization that annually awards 40 scholarships of \$4,000 each to students in related horticultural fields.

Evening Book Group

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *Cold Mountain* by Charles Frazier on Tuesday, March 23 at 7:30 PM at a member's home.

AAUW is a national organization committed to educational equity for women

and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For additional information, please call 847-381-4791.

Caregiver Programs

The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend the following Caregiver Programs held at the Barrington Library, 505 N. Northwest Highway. All programs are from 7 to 9 PM.

On Tuesday, March 30, BACOA will present "Home Modification." This program explains how to adapt your home to the use of medical equipment such as ramps, grab bars, elevators, etc. Our presenter is Sally A. Haile of Extended Living Services, Inc. Funding sources will also be reviewed.

On Tuesday, April 27, BACOA will

present "Complimentary Health Remedies." A panel of experts, including Dr. Eric Hwang, will discuss acupuncture and herbal remedies; Dr. Jason Van Ness, will cover chiropractics, spinal health and massage therapy; JoAn Todd, Nutrition/Wellness Educator with the Cooperative Extension Service, will explore reasons to use or not to use vitamin, mineral and other food supplements; and Aromatherapist Cathy Bargaquast, will discuss enhancing wellness through scent.

For more information or to register for a program, call BACOA at 847-381-5030.

60 Minute Mineral Wrap Can Take Off 6-20 Inches Fast

Barrington Bodywrap offers a safe, effective way to help you lose six to twenty inches fast.

The Body Wrap, as seen on Fox television and Extra, is a rehydrating mineral wrap that takes off the inches in the hips, waist and thighs.

The Body Wrap is not a dehydration wrap, but a mineral wrap that soaks into the skin, pulls out the toxins and shrinks the space between fat cells. Lost inches will not come back unless you gain weight.

The Body Wrap, invented by Victoria Morton nearly 30 years ago, works to

detoxify the body while it takes away inches. It involves wrapping the body like a mummy in Ace bandages that have been soaked in the special mineral solution. After an hour of mild movement, the bandages come off as do the inches.

Barrington Bodywrap also offers a wide variety of helpful vitamins and gift certificates. **Barrington Bodywrap** is located on Rt. 59 (Hough Street) and Rt. 14 in the mall next to the Jiffy Lube. Parking and entry are at the rear of the building. If you would like more information, a brochure or an appointment, please call 847-277-0742.

Energy Balance—A Practical Approach to Controlling Body Fat

By Jeff Bobek, C.S.C.S., C.P.T.

The most practical solution to controlling body fat is a simple concept explained by the principle of energy balance. The principle of energy balance states that body weight is maintained when a person's total energy intake (calories of food consumption) equals their total energy expenditure (calories burned). Calories consumed in excess of total energy expenditure will result in weight gain and the storage of those extra calories as body fat. Calorie consumption deficits will result in weight loss. However, it should be noted that increases in the body's musculature can occur while energy intake and expenditure are in balance, thus resulting in improvements in body composition (the ratio of lean body mass to body fat) and possible weight gains.

So why wouldn't drastic reduction in food consumption result in big losses of body fat? Simply put, body fat is a slow-release energy reserve designed for survival when food is scarce. In a state of food deprivation, the body will not derive enough energy from the small quantities of food consumed and the slow release of body fat. As a result, the body will break down proteins from lean body tissue to serve as a fuel source while simultaneously slowing metabolism (the body's rate of energy expenditure) to conserve energy. The loss of lean body mass, such as muscle and the slowing of the body's metabolism actually deter long-lasting body fat reductions.

So how does the principle of energy balance promote fat loss? Effective loss of body fat is best achieved by creating mod-

erate daily energy deficits through increases in energy expending activities, such as exercising; moderate reductions in food consumption; or some combination of both. Moderate daily energy deficits can be attained more readily with the initiation of an exercise program.

Although aerobic activities, such as jogging, have long been considered good "calorie burners," anaerobic activities like resistance strength training are also excellent calorie burning exercises. Resistance training improves body composition and increases metabolism (by increasing muscle tissue) to further reduce body fat. In fact, resistance training is the best exercise to inhibit the age-related loss of muscle, which is estimated to diminish by ½ pound per year after the age of 30. A balanced anaerobic and aerobic exercise program will help achieve a healthy body composition and a reduction in body fat.

Fitness Partners, Inc. designs personal exercise programs and provides general nutrition guidance using the principle of energy balance.

After approximating the client's daily levels of energy intake and expenditure and determining personal goals, **Fitness Partners** is able to recommend a personalized energy balance strategy, including the frequency, intensity and duration of exercise and modifications to food and macro-nutrient consumption that will meet the client's fitness goals.

Call Jeff Bobek, certified strength and conditioning specialist and certified personal trainer, to discuss your fitness goals at 847-991-5230.



NAILS DESIGN

SPRING SPECIALS

Sculptured Nails Only \$40
Manicure & Pedicure Only \$35

1st Time Clients Only

Gift Certificates Available

- Manicure • Pedicure • French Manicure
- Sculptured Nails • Nail Wrap • Gel
- Paraffin Dip • Waxing

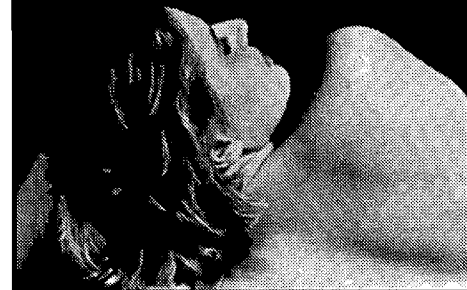
Call for Your Appointment

847.304.9205

557 N. HOUGH
(INTERSECTION OF 14 & 59)
BARRINGTON

MON. 10-4, TUE.-FRI. 9-7, SAT. 9-5

Suddenly Slender™
The Body Wrap



Lose 6-20 Inches Fast!

BARRINGTON
BODYWRAP

557 N. Hough St.
847.277.0742

Make your appointment today!

Fitness Training Services



- **Personal Training**
In-home or site of preference
- **Fitness Program Design**
- **Home Equipment Planning**
- **Nutrition Guidance**

Achieve Your Fitness Goals!!!

- **Improve health & wellness**
- **Increase strength & endurance**
- **Improve athletic performance**
- **Reduce body fat**
- **Reshape your body**

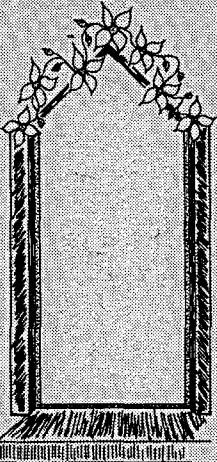
Fitness Partners uses the most effective, time efficient, and convenient methods of fitness training to achieve results with a personalized, yet value-oriented philosophy.

**Professionally Certified
by ACE and NSCA**

Call (847) 991-5230
"your partner in fitness"

The Fitness Partners Guarantee:
If after the initial assessment, you don't feel our services are the best for you, the session is free.

Doing business as a corporation



L'Auberge

A. Golden Day Spa & Salon

L'Auberge Wants to See You Shine!

764 W. Northwest Hwy.
Barrington 847-277-7000
Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5



Cosmetic Laser Centers

Hair Removal by LASER

• Safer • Quicker • Effective **FREE CONSULTATION**




When you're close,
the last thing you
want to think about is
unwanted hair.

ACT NOW...
Hair Removal Must
Be Done 4 Weeks
Before Tanning

Take care of
HAIR
that you don't want
THERE

\$390 BIKINI LINE • \$690 LOWER LEGS
WITH THIS AD

Algonquin • Arlington Heights • Palatine • Park Ridge

TOLL FREE 1-888-811-3700

Lakeside Moms and Tots March Events

Families in the Lake Zurich and surrounding area can look forward to another year of fun-filled activities planned by the newly elected Lakeside Moms and Tots 1999 Board of Directors.

"Lakeside Moms and Tots has become an established community group," said Nancy McCullough, president. "We have been around for over 10 years now and our purpose is to meet socially, to establish friendships for ourselves as parents and to find playmates for our children. Whether you are new to the area or have just left a full-time job to stay at home with your children, we help to fill the void."

Lakeside Moms and Tots is a not-for-profit organization whose aim is to provide a social and educational outlet for

parents, caregivers and children. They provide a monthly newsletter to each member detailing the planned activities taking place throughout the community.

"The schedule is heavily packed to give everyone an opportunity to make at least one or two events," said McCullough. "We have two nights set aside each month—one at a local restaurant and the other at the movies—just for mom's only. These have become very popular events, along with the monthly book discussion group, craft classes and recipe exchanges."

Other scheduled family outings include tours and trips to the fire station, museums, zoos, libraries, swimming pools, restaurants, pizza parlors, pumpkin patches, bowling alleys, indoor play-

L'Auberge Wants to See You Shine!

For the month of March, come in for a precision cut with Lisa or Michelle and they will give your hair *shine*.

With every first time haircut, you will be given a complimentary *shine* treatment. This treatment will assist in closing the outside layer of your hair shaft. When hair

is dehydrated, the hair shaft opens up and leaves the hair with a dry, brittle appearance. Come in for a *shine* treatment and it will smooth your hair shaft and leave your hair feeling silkier, more manageable and *shine*. For more information, please call 847-277-7000.

A Gentle, Safe, Fast Solution

Cosmetic Laser Centers are pleased to offer the most recent advance in laser treatment for patients desiring a comfortable, effective way to remove unwanted hair. We are one out of only three that provide this service using the Advanced Apogee Laser in the whole Chicagoland area.

This recent scientific advance in medical laser technology gives us a gentler, safer and faster solution to the problem of unwanted hair. It's called TKS and it's only available in the type of laser used at this facility. Our advanced technology makes it possible for laser energy to "select" only hair follicles, while sparing surrounding skin from damage. Most patients describe the treatment as a series of slight pin pricks to the skin that is easily tolerated. Minimal redness in the treated

area disappears quickly. This brings the cosmetic results you want with the clinical results you need.

Unlike traditional methods of hair removal, this clinically-advanced procedure is performed under the guidance of a qualified physician, with whom you will have a **free** initial consultation. It would take only 15 minutes out of your busy schedule to be treated for an area such as the upper lip or the chin. The results are amazing!

If you are concerned about unwanted hair, you are probably a good candidate for laser hair removal.

The Apogee laser with TKS has helped thousands of patients around the world unveil their beautiful skin. Why not unveil yours too!

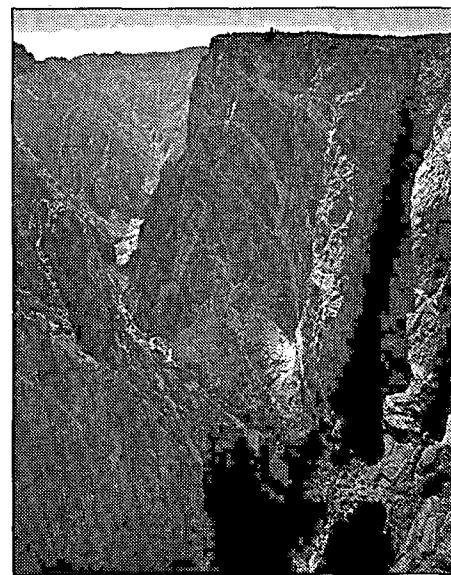
BAAC Gallery at the Library Opens "Looking Through the Lens"

The Barrington Area Arts Council's (BAAC) Gallery at the Library exhibit for March and April is entitled "Looking Through The Lens." It opens on March 5, 1999, at the Barrington Area Library. The exhibit features the photographs of R. Emile Huber, a resident of Barrington, IL.

Mr. Huber's interest in photography began in 1937. His early army training as a combat photographer was an excellent basis for future work in commercial and fine art photography. In 1979, after a 24 year hiatus, he expanded his fine art activities to include art fairs, gallery exhibits and one-person shows.

Huber produces silver gelatin, black and white and C-41 color prints. Subjects are chosen based on his interest in nature and the outdoors. Huber's goal is to select a specific landscape area; then interpret and isolate a moment of time that a viewer will want to browse, inspect and become a part of.

The exhibit is on view at the Barrington Area Library located at 505 N. NW High-



Photograph by R. Emile Huber

way in Barrington through April 30, 1999 during regular library hours. For information, call the Gallery at 847-382-5626.

grounds, plays and movie theaters, park days, nature walks and holiday parties.

The 1998 membership in Lakeside Moms and Tots reached a record 125 families and 239 kids from Lake Zurich, Barrington, Hawthorn Woods, Vernon Hills, Mundelein, Deer Park, Wauconda and Kildeer.

For more information about joining Lakeside Moms and Tots, call Nancy at 438-3102 or Suzanne at 438-4415.

Following is the list of Lakeside Moms and Tots events for March 1999: March 2, 3:00 PM, sledding at Knox Park; March 3, 1:30 PM, Build-a-Bear at Woodfield Mall; March 4, noon, JFK Healthworld; March 8, 3:30 PM, bumper bowling at Deer Park Lanes; March 9, 9:30 AM, new member breakfast at Egg Harbor Cafe, Barrington;

March 11, 11:00 AM, Chuck E. Cheese, Palatine; March 12, 6:00 PM, family night at JJ Twigs, Lake Zurich; March 15, 8:15 PM, mom's night out at the movies, Lake Zurich Theaters; March 16, 1:00 PM, Kohl's Museum; March 17, 11:00 AM, lunch at McDonalds, Fox River Grove; March 19, 11:00 AM, open gym at Wauconda Park District; March 23, 11:00 AM, Noodle Kidoodle and lunch at Portillo's, Vernon Hills; March 24, 7:00 PM, mom's night out at The Gilmer Road House; March 25, 11:30 AM, storytime at Ela Library; March 26, 9:30 AM, mall walk and visit with the Easter Bunny, Hawthorn Mall; March 28, 12:30 PM, Easter egg hunt for members only, Chestnut Corners; and March 29, 10:30 AM, Beauty and the Beast play at Cutting Hall.

1999 Spring Celebration of Art

Two shows in one, our March 19, 20, and 21, 1999 Spring Celebration brings together the work of two leading artists. **Tribal Expressions** is pleased to announce the return of Kathy Whitman, "Elk Woman," and to introduce the unparalleled jewelry of Hopi artist, Roy Talahaftewa. The public is invited to meet both artists in person, to speak with them and to participate with us as we honor their achievements.

Kathy Whitman's imagery and contemporary sculptural themes have earned her a place at the forefront of modern sculpture. Animal figures are almost invariably combined with people in her sculpture to highlight the link between man and animal. Her vibrancy is exemplified by ever changing theme variation, reaching from flowing abstractions to solid lifelike forms. Known primarily for her sculpture of alabaster, soapstone, and marble, she has also worked successfully in painting and jewelry.

Hopi artist and jeweler Roy Talahaftewa is known and recognized for his unique designs unwavering quality and fine craftsmanship. Whether he is using gold or silver, Roy designs and builds each



Tranquillity, a Colorado alabaster sculpture by "Elk Woman."

piece individually. Earrings, bracelets, pendants and necklaces are often embellished with hand polished gemstones and cut out overlay designs that symbolize the Hopi reverence for nature.

The general public is invited to meet these prominent artists and to attend the exhibition during our Spring Celebration at **Tribal Expressions**. A reception for them will be held on Friday evening and both will appear in person Saturday and Sunday.

Chers Amis...

What a reward it is to read in the Zagat 1999 Restaurant Survey what our faithful customers have to say about **D & J Bistro**...

"Dollar for dollar, the best restaurant in Chicagoland" and "getting better all the time"...

Well, thank you, thank you! It does not happen by accident, so we really appreciate it!

So please go on and take advantage of all that **D & J** has to offer, including the special "culturally intelligent" dinners that no other restaurant offers.

Sunday, March 7—
12th Annual "Couscous Buffet"



Sunday, April 11—"April in Paris"
slide presentation and dinner

D & J Bistro also has a beautiful banquet room that can accommodate from 25 to 50 people for all types of private functions, with 3-course dinners starting at \$26.

LWV School Board Candidate's Forum

The League of Women Voters of the Barrington Area will sponsor a candidates' forum for candidates running for the District 220 School Board. The forum will be held at 7 PM on March 30 at the school district's middle school, Station Campus on Eastern Avenue in Barrington.

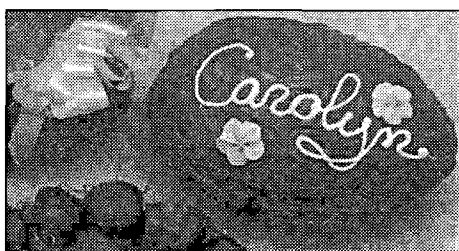
This is an opportunity for the public to meet the candidates who are running for the four school board seats in what should be an exciting race. After brief opening remarks from the six candidates, the audience will have an opportunity to ask questions.

The History of The Easter Bunny brought to you by Morkes Chocolates

Every year people celebrate Easter with the giving of Easter Baskets and Easter Bunnies. Why bunnies, though? How did rabbits ever get associated with Easter in the first place? Well chocolate stores like **Morkes Chocolates** didn't invent the association, it all started many decades ago...

The word "Easter" is derived from *Eostre* or *Ostara* who was the Anglo-Saxon goddess of the dawn. The festival in her honor was celebrated on the first day of Spring. It was she who changed a bird into a rabbit and thus this four-footed little creature joined the egg as an Easter symbol.

In Germany the hare (rabbit) is a very important Easter symbol, almost as important as Santa Claus is in the United States



for Christmas. The hare is responsible for laying eggs and hiding them. The hare and egg provide a link between the pagan faith's welcoming of Spring and Christianity's Easter celebration.

So come to **Morkes Chocolates** and celebrate Easter with any one of our many beautifully sculptured Easter Bunnies!

TRIBAL EXPRESSIONS®

Featuring Mandan-Hidatsa Artist
Kathy Whitman – Elk Woman
and Hopi Silversmith
Roy Talahaftewa

Artist's Reception
Friday, March 19, 1999, 6:00 - 9:00 P.M.
Demonstration and Sale
Saturday and Sunday, March 20 & 21, 12:00 - 5:00 P.M.



Alive with the Art & Spirit of Native America
7 South Dunton, Arlington Heights, IL 60005
www.tribalexpressions.com
(847) 590-5390



D & J Bistro

Est. 1987 "Where Things Are Happening"

... **Sunday, March 7** ...
12th Annual
Couscous Dinner

... **Sunday, April 11** ...
Travel to Paris

SLIDE PRESENTATION & DINNER

S.E. Corner Rte. 12 & 22
Lake Zurich, IL 60047

Masato, Dominique,
Jacqueline

(847) 438-8001

Portraits by

Thomas

Take this opportunity
to capture your child at this
wonderful stage of their life with
a portrait that tells the truth
about their personality.

Children's Special

Save \$50 toward your
portrait purchase during
the month of March.

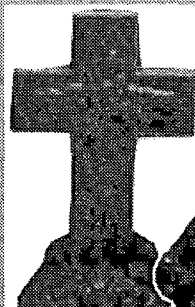
Limited sessions are still available.

557 North Hough Street
Barrington 381-7710



Easter Designs
Beautifully Molded

100%
Chocolate



Morkes
CHOCOLATES
Since 1920

1890 N. Rand Rd., Palatine, IL
2 Blocks North of Dundee Rd.
Across from Menards

847-359-3454



Hand Painted Furniture & More

(847)
634-3440

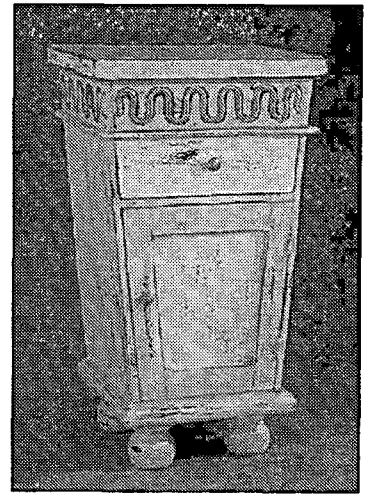
330 Old McHenry Rd.
Historic Long Grove
(In the Stable Shops
Next to Red Oaks)

Spring—The Perfect Time to Redecorate!

The Painted Attic offers an elegant collection of hand-painted furniture and decorative accessories for your home. Choose from antique or new pieces including dressers, hutches, desks, bookcases, tables, chairs, cabinets or mirrors. Styles include shabby-chic, whitewashed, crackled, color-washed, glazed, trompe l'oeil, distressed or just plain stained.

There is lots of small stuff, too—candlesticks, clocks, mobiles, accent antiques, plant stands and framed prints.

Browsers are welcome at **The Painted Attic**. Stop by and visit us at 330 Old McHenry Road, Long Grove, next to Red Oaks Furniture. We're open seven days a week. Or give us a call at **847-634-3440**.



Forest Grove Athletic Club

Owned and operated by TCA, a recognized leader in the fitness and recreation industry for 28 years, **Forest Grove Athletic Club** offers its members not only a state-of-the-art fitness facility, but the personal touches and comfortable surroundings that set it apart from the crowd.

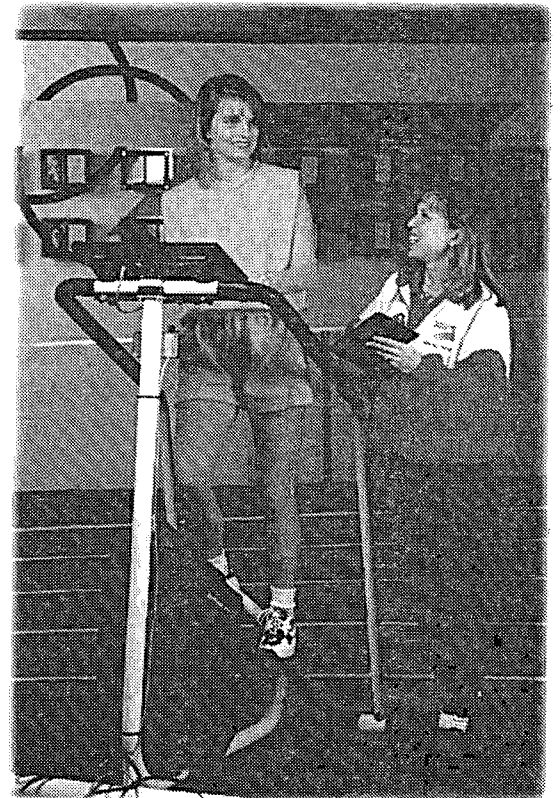
Just step into our beautiful lobby, with its soaring ceiling and contemporary furnishings, and you can tell this place is different. We are a serious health facility with a fun atmosphere.

Trial memberships are available—some restrictions apply. And, the club offers a 30-day, unconditional, money-back guarantee.

If you are not completely happy with the club during your first month of membership, we will refund your initiation fee and every dollar you have paid for monthly dues—no hassles, no pressure, no questions asked. Why would we make an offer this bold? Because we believe that **Forest Grove** is everything you could want in a full-service athletic club.

We at **Forest Grove Athletic Club** are committed to producing happiness for people by providing the finest in athletic club services, facilities and our professionals to serve your needs.

Call or visit our club soon. See the adjoining ad for information about special enrollment programs being offered during March and very generous trial memberships. Hope to see you soon at **Forest Grove Athletic Club**.



FOREST GROVE ATHLETIC CLUB



1760 N. Hicks Rd.
Palatine, IL 60074

THE RIGHT PLACE!

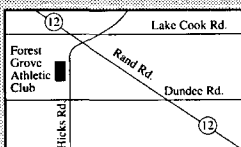
Forest Grove Athletic Club is the most complete and convenient health club in the Northwest Suburbs. We are confident about our club and courteous professional service, we will give you two weeks free and prove it to you. There is no pressure and no hype!

THE RIGHT TIME!

The holidays are over and its cold outside! You owe it to yourself to experience the best health club around. Our certified team of fitness and tennis professionals are ready to guide you and make you feel at home. Our convenient schedule of activities can fit the busiest lifestyles of families and singles.

THE RIGHT PRICE!

Join by March 31, 1999 and receive
over 50% OFF the enrollment fee. Ask about
our 30-day money back guarantee!



Mon-Fri 5am - 10:30pm
Sat & Sun 6am - 8pm

Call Today **847-991-4646**

Country Club Service and Amenities
at Affordable Prices!

Check Out Our Website at WWW.FGAC.COM

Two Week Complimentary Membership

Bring this coupon in before March 31, 1999 and receive two weeks compliments of Forest Grove. This will include a personal and private health evaluation by an exercise physiologist and three supervised workouts with a fitness trainer.

Name _____ Address _____

Home Phone _____ Work Phone _____

This pass is for a first time guest only, residing within 10 miles of the club.
Guest must be at least 22 years old.

Just stop by or call today for more information. 847-991-4646

Complete all four appointments and lunch is on us!

Fitness...

- Four lines of weight equipment—Nautilus, Cybex, BodyMaster, Life Circuit
- Over 100 pieces of cardiovascular equipment
- Banked and cushioned indoor track
- Two full-court basketball courts
- 3,200 sq. ft. free weights area
- Aerobics studio with more than 72 classes each week
- Personal training
- The one-of-a-kind *Life Fitness Personal Performance Center*

Aquatics...

- 75 foot outdoor swimming pool with snack bar, grill, and separate adult and children areas
- 60 foot indoor lap swimming pool
- Aqua fitness classes
- Water arthritis classes
- Group and private swimming lessons

Racquet Sports...

- Seven outdoor tennis courts (four lighted for nighttime play)
- Six indoor tennis courts
- Two regulation-size racquetball/squash courts
- Special leagues, lessons and programs

Children's Activities...

- 5,000 sq. ft. Kids' Club supervised room/nursery
- Classes and lessons tailor-made for kids

Amenities...

- Sauna, steam rooms, whirlpool
- Massage therapy
- The Courtside Cafe, a deli-style restaurant
- Complete pro shop
- Contemporary lounge with big-screen television
- Bimonthly newsletter
- HealthSouth Physical Therapy Center

PLASTIC SURGERY



- Nonsurgical Aesthetic Services
- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Tumescence Ultrasonic Liposuction
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Hand Surgery
- Spider Vein Treatments

Is your high school reunion coming up?

Do you have an important event coming up where you truly want to look your very best? Is it a family wedding or anniversary? A special business or personal event? Your own birthday? The board-certified plastic surgeons of Suburban Plastic Surgery Associates specialize in performing affordable cosmetic and reconstructive surgery that produces exceptional results and will turn heads. As Chicagoland's largest plastic surgery practice, we've spent the last 20 years helping patients improve their appearance and counter the aging process.

For a complimentary consultation call toll-free anytime:

877 turn heads. (877 887 6432)

Financing programs available.



AMERICAN SOCIETY OF
PLASTIC AND RECONSTRUCTIVE
SURGEONS, INC.

Downers Grove

Elgin

Elk Grove Village

Hoffman Estates

McHenry

DRAMATIC RESULTS FOR REAL PEOPLESM

**SUBURBAN
PLASTIC
SURGERY
ASSOCIATES**

Self-Help Groups Meeting at KYC

NAMI Elk Grove/Schaumburg (National Alliance for the Mentally Ill) sponsors these meetings to be held at Kenneth Young Centers:

• **Adult Children of Alcoholics**—For any persons affected by being raised in an environment of addiction or dysfunction. AA Twelve Step approach is used for support and coping. Every Wednesday, 7:00 to 9:00 PM. Call Marty L. at 847-923-5911.

• **Dual Disorders Anonymous**—People who have been diagnosed with mental or emotional disorders, as well as alcoholism or chemical dependency, join in a fellowship to share their experiences, strength and hope. In this way they solve common problems and encourage others. Every Monday, 6:30 to 7:30 PM. Call Ken, Voice Mail# 847-956-1660.

• **Link Up: Victims of Clergy Sexual Abuse**—Support, information, sharing, advocacy for victims/survivors of clergy sexual abuse will be offered. Also invited are significant others: parents, spouses and adult children of victims. Fourth Tuesday, 7:30 to 9:00 PM. Call Nancy, Link Up Office, 773-334-2296.

• **Parents of Disabled Children**—Parents talk about mutual concerns finding resources for kids with disabilities, dealing with schools, service providers, etc. The

group was started by mothers of autistic children and many of the children have autism. Every Thursday, 7:00 to 9:00 PM. Call Lynne Patterson, 847-364-4743.

• **Family to Family Support Program**—This program is provided for family members of persons with serious mental illness, to reinforce coping skills, share emotional support and get practical help from other family members. Fourth Thursday, 7:00 to 8:30 PM.

• **Depression and Manic Depression**—Those diagnosed with bipolar disorder or depression get together to share feelings and coping mechanisms and just to know they are not alone. Family members and friends may attend as well. Second and fourth Monday, 7:30 to 9:00 PM.

In addition, NAMI General meetings are now held at Schaumburg Township Library, 130 S. Roselle Rd. for family members of people with serious mental illness, as well as consumers, friends, professionals... anyone interested in education, support and advocacy for those with serious mental illness. Second Thursday, 7:00 PM.

For information on NAMI general meetings, Family to Family, or the BiPolar/Depressive Self-Help group, call Sue Peterson at 630-529-3037.

BHS Bands Sell Cheesecakes for Easter

The Barrington High School Bands will be selling delicious, gourmet cheesecakes during the second week of March to be

delivered in time for Easter brunch. Contact any band student or Mr. Randy Karon at 842-3250 to place your order.

Suburban Support for the Chicago Crime Commission



The Chicago Crime Commission, celebrating its 80th anniversary, recently held its annual awards banquet at the Palmer House, Chicago. At the dinner, a number of peace officers are recognized for their distinguished service in the fight against crime.

The Commission in recent years has expanded its focus to include efforts to fight gang crime throughout Chicago as well as

the suburban communities.

Attending the event were (L to R): Marita Murray of Lake Shore Drive, Chicago; Robert Kramer of Lake Forest (Suzanne Kramer in back); and Mary Camille Murray, Lake Shore Drive, Chicago. Pictured in the back row are Peggy and George Curran of Barrington and their daughter, Kate Kirby, Director of Development and Programs for the Commission.





Women's Health Issues in Orthopedics

by Mary K. Morrell, M.D.



Mary K. Morrell,
M.D.

Women can lead longer, more active and healthier lives thanks to recent innovations in the field of orthopedic surgery. Orthopedic surgeons are the primary care specialists in the treatment of the musculoskeletal system which includes bones, joints, ligaments, tendons and muscles. Many alternatives are now available that don't involve surgery! Three major fields experiencing these advancements today are osteoporosis, osteoarthritis, and female sports injuries.

Osteoporosis

WHAT IS OSTEOPOROSIS? Osteoporosis is a preventable and treatable bone disease that affects over 28 million Americans. It involves a decrease in bone mass that leads to an increased risk of fracture. The risk of a woman experiencing a hip fracture is greater than her risk of breast, uterine, and ovarian cancer combined. It is a leading cause of disability in older women.

ARE YOU AT RISK FOR OSTEOPOROSIS? The National Osteoporosis Foundation recommends that all women over 65 years old should have osteoporosis testing. Risk factors have been identified that can lead to a simple calculated osteoporosis risk estimation. Included in these risks are white or Asian women, light skin, family history, small frame, recent fracture, estrogen deficiency (post menopause), inactivity, cigarette smoking, steroid use, and poor health. Osteoporosis is not just a disease of older women. Awareness and treatment needs to be started as early as the teenage years.

HOW DO I FIND OUT IF I HAVE OSTEOPOROSIS? Bone density testing is readily available to determine your osteoporosis risk. Osteoporosis screening can be performed within minutes in our office by placing your finger in a DEXA machine. Results are immediately printed out and treatment can be started if necessary. Medicare and most insurance carriers often reimburse osteoporosis testing.

WHAT ARE MY TREATMENT OPTIONS? Many pharmaceutical agents are now available to help prevent bone resorption. Hormone replacement therapy (estrogen) is the most effective in preventing bone loss but it is often poorly accepted due to side effects and other risks such as breast cancer which may preclude one from being treated with this therapy. Other medications now being used are calcium and vitamin D supplements, biphosphonates (alendronate), calcitonin nasal spray (which also provides some pain relief from osteoporotic fractures), and selective estrogen receptor modulators (raloxifene). Repeat testing should be performed after 6 months of therapy to determine effectiveness.

Osteoarthritis

WHAT IS OSTEOARTHRITIS? Osteoarthritis is a progressive loss of articular cartilage from years of wear and tear on the joint that creates joint pain, stiffness and loss of joint function. Women are three times more likely to develop osteoarthritis than men. The occurrence of osteoarthritis increases with age but it can be related to other disease processes and trauma.

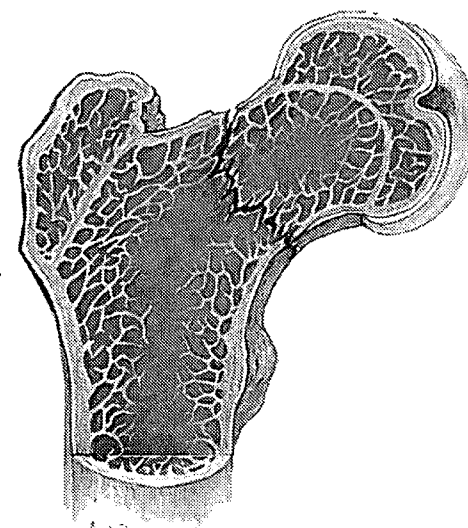
HOW DO I FIND OUT IF I HAVE OSTEOARTHRITIS? Diagnosis of arthritis starts with a detailed medical history of the patient and their joint complaints. Next a complete examination of the involved joints is performed checking for motion, swelling, and localized tenderness. Finally specific joint X-rays are obtained which will reveal arthritic changes in the bone.

WHAT ARE MY TREATMENT OPTIONS? Most cases of osteoarthritis can be treated with simple remedies such as heat, analgesic creams, and a gentle exercise program. There are many local arthritic classes now available and even physical therapy programs that may be beneficial. Nonsteroidal anti-inflammatory drugs are commonly prescribed for the treatment of arthritis and recently new drugs have been developed with less stomach side effects. A natural agent with glucosamine and chondroitin sulfate is producing good results in decreasing symptoms of arthritis after 2 to 3 months. Cortisone injections into the joint are often effective in decreasing arthritic pain. New injections of hyaluronan which is a joint lubricant are now available in our office. While these treatments cannot completely cure arthritis, they may be effective for many years and no other intervention ever needed. If all conservative treatment fails though, surgical options are discussed such as arthroscopy and even joint replacement.

The Female Athlete

Women are becoming more active in sports and participating in higher level athletics which is leading to an increase in female sports related injuries. The anatomic differences between men and women often result in differences in the types of sports injuries that women sustain. A female basketball player is twenty times more likely than a male player to sustain an anterior cruciate ligament injury. Well over half of all the cases of tendonitis and bursitis occur in women. Patella or kneecap pain is much more common in women and requires extensive quadriceps strengthening. Rehabilitation and exercise programs need to be tailored to female athletes. Most weight machines are not configured for women. Specific muscle groups need to be addressed differently in women. Finally, different motivational factors exist in women athletes. All these issues should be evaluated in the treatment of female sports injuries with specific attention to the gender differences.

If you have any interest in finding out more information about the above mentioned topics please feel free to contact me at (847) 437-9889 or schedule an appointment or evaluation at your convenience at our Elk Grove office (across from Alexian Brothers Medical Center).



901 W. BIESTERFIELD RD., SUITE 300, ELK GROVE VILLAGE, IL 60007
1515 LAKE ST., SUITE 220, HANOVER PARK, IL 60103
847-437-9889 FAX 847-437-4149 <http://www.midwestsportsmed.com>

Body Contouring with Tumescent Liposuction—Great Results the Safest Way

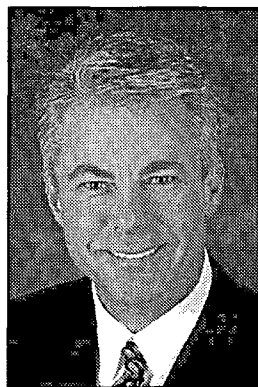
There are two things you should expect when you undergo a cosmetic surgical procedure: a great result and maximum safety. Body contouring with tumescent liposuction using only local anesthetic delivers on both of these goals.

It may seem difficult to believe that you could experience liposuction carried out while you are completely awake and yet feel no pain. But that is how it is with the tumescent anesthetic technique.

A large volume of very dilute local anesthetic is slowly and painlessly placed into the areas to be treated. The skin becomes swollen and tense with the anesthetic fluid, creating a complete numbness of the skin and fat that lasts for more than 12 hours. With almost any cosmetic procedure performed using general anesthesia, the greatest risks are those associated with the anesthesia and not the surgery. There is no safer way to perform liposuction than with the tumescent anesthesia technique.

Other advantages to tumescent anesthesia for liposuction include:

- No need for pain medication after the procedure.
- More precise contouring using smaller instruments.
- Smaller incisions with no stitches (faster healing and less scarring).
- Minimal blood loss and decreased bruising.
- Dressings worn for only two days.
- Faster recovery with return to work in three days.



David P. Van Dam, MD

All this leads to one very significant outcome—a great result!

Whether your problem area is the abdomen, saddlebag area, hips, neck or arms, tumescent liposuction can provide a more appealing contour that no amount of dieting or exercise is able to achieve. Liposuction using the tumescent anesthetic technique may take only 2 to 3 hours and is routinely performed in our office by David P. Van Dam, MD.

Call **Dermatology Associates** at 847-382-5111 or 815-455-4434 during the month of March to schedule a free consultation with Dr. Van Dam in Crystal Lake or Barrington. You will be excited to learn how body contouring by tumescent liposuction can benefit you and you will be pleased to discover how affordable it can be.

Country Collections Presents the Lodge Look... Memories of Summers Gone By

For some the Lodge Look implies massive log homes, big sky country, and towering mountains. If you grew up in the Chicago area, however, the memories that spring to mind can be quite different.

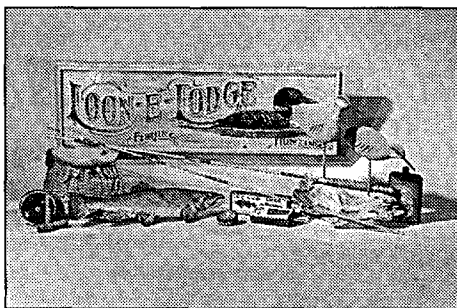
The Lodge Look is Mom and Dad pouring over fishing resort pamphlets on a cold winter morning. It is a pre-dawn August departure, riding bundled in the back of a station wagon, and being awakened when crossing the Wisconsin or Michigan border as the sun began to rise.

The Lodge Look is the stop for fishing licenses and bait "in town" where signs promised "Bait for the Big Ones," and tackle sure to fool even the wildest of walleyes. It is a lumpy mattress in a well-worn cottage, Coleman lamp lighting, and screened-in porches.

The Lodge Look is tales of youthful heroics and adventure read by flashlight under a scratchy wool blanket while a jar of fireflies blinks on the dresser. It is lazy afternoon hunts for arrowheads, and nights spent lying in soft pine needles gazing in amazement at the northern lights, or watching for shooting stars.

The Lodge Look to many of us recalls a time when school, paper routes and piano lessons seemed far behind and anything seemed possible.

Come to **Country Collections' Traditional Craft and Folk Art Faire** at Harper College in Palatine, Illinois April 9, 10 and 11, and rekindle some of those memories. The hand painted signs from



Trail's End Art offer the same promises as the local bait shop, and right next door, "Up North" prints from **Columbine Originals** show bears and deer gazing at the Northern Lights.

A stop at **Wilson's American Primitives** will bring carved shore birds and fish, while **Baskets by Bernie** hand crafts reproduction fishing creels, designs based on actual antique pieces. **The Great Northwoods Trading Company** offers a walk through a Northwoods bait shop, with reproduction advertising, tackle and carved fish. Display all of your memories in a boat shelf or table from **Darowood Farms** or **French Creek**, and adopt one of **Nyleen's** Northwoods "Animals with and Attitude." Sure to make you smile.

Harper College is located at the intersections of Algonquin and Roselle roads in Palatine, Illinois. Show times are Friday, April 9, 3-9 PM, Saturday April 10, 10 AM-5 PM, and Sunday April 11, 11 AM-4 PM. Admission is \$5 for adults and children 12 and under are admitted free.

LOVE SKIN

FOR YOUR LIFE...
FOR YOUR SKIN.

DERMATOLOGY

associates

David P. Van Dam, M.D. Jerome D. Fallon, M.D.

Crystal Point Office Center Smith Professional Building
183 Heritage Drive, Crystal Lake, IL 60014 27401 West Highway 22, Lake Barrington, IL 60010
(815) 455-4434 (847) 382-5111

OF CRYSTAL LAKE/BARRINGTON, S.C.

Country Collections

Traditional Craft and Folk Art Faire

April

9th, 10th, 11th

Friday 3-9pm * Saturday 10-5pm
Sunday 11-4pm

HARPER COLLEGE * PALATINE, ILLINOIS
ALGONQUIN AND ROSELLE ROADS

THE ORIGINAL HARPER SHOW
Featuring the Goods and Wares
One Hundred Quality Crafters
In Room Style Settings

Quilts * Dolls * Bears * Santas * Lamps * Miniatures * Toys
Clothing * Pottery * Floorcloths * Original Fine Art * Fish Carvings
Stained Glass * Weaving * Furniture * Wood Working * Baskets
Signs * Wooden Primitives * Seasonal Decor

ADMISSION: ADULTS \$5.00 * CHILDREN UNDER 12 FREE
For More Information: (630) 268-8067

Happenings!

in the area

Home of the Sparrow Palatine Dances into Spring

At its February meeting in the Palatine Library, the Advisory Committee of the Palatine Home of the Sparrow announced a busy benefit schedule, culminating in its own benefit dinner dance on Saturday, May 8.

The McDonald's Dance Academy of Arlington Heights plans one of the most exciting events. It's "Dance for Dreams" which benefits the Home of the Sparrow Palatine exclusively. It will be held on Saturday, March 20 at 7 PM and Sunday, March 21 at 2 PM at the Hersey High School Auditorium in Prospect Heights. In addition to the Arlington Dance Ensemble directed by Linda McDonald, the following dance groups will perform: Ballet Expressions (Mt. Prospect) directed by Sue Lloyd; Evanston Dance Ensemble (Evanston) directed by Bea Rashid; and Terpischole (Libertyville) directed by Lisa Sheppard.

Director Linda McDonald tells us that over 90 dancers will perform, executing a variety of dances including ballet, tap, modern, jazz and swing. The idea of children dancing to benefit other children was very appealing to all of the participants. Tickets are \$10 and may be purchased by calling 847-342-1060.

Durty Nellie's of Palatine will join the party with its second benefit for Home of the Sparrow Palatine. It's a "Pre-St. Patty Day Party" on Wednesday, March 10. Come sample the food and drink. Everyone is Irish in mid-March!

The festivities continue with a very interesting Harper College Women's Luncheon on Saturday, April 24 which benefits Home of the Sparrow Palatine as well as other worthy causes. Keynote speaker Mary Ann Childers will give us a glimpse of "Behind the Scenes in Television News in Chicago." It will be held at 11 AM at the Cotillion, 306 S. Creekside Dr. in Palatine. The \$50 tickets are available through Rita Canning at 847-359-1588 or the Harper College Women's Program at 847-925-6558.

Catchpenny Resale Shop Holds "Spring Fling Open House"

Catchpenny Resale Shop, operated by the Auxiliary of Good Shepherd Hospital, is sponsoring a "Spring Fling" Open House on Tuesday, March 9 from 10 AM to 4 PM. Catchpenny is located in downtown Barrington at 118 E. Main Street. Featured will be a wide variety of spring clothing and decorative items—just in time for the Easter Bunny! Wonderful "like new" finds, from Easter bonnets to jewelry to linens and toys are included.

All the proceeds from Catchpenny are donated to the Good Shepherd Hospital Auxiliary to help raise funds for major hospital services. Catchpenny takes in and sells a variety of goods, both new and



TV broadcaster Mary Ann Childers will speak at the luncheon, April 24.

The *piece de resistance* is the second annual dinner dance to benefit the Home of the Sparrow Palatine. "Step Out With the Sparrow" promises to be a great party as well as a much-needed source of income for the Palatine residence, which just opened in June, 1997. It will be held at 7 PM on Saturday, May 8 at the Arlington Park Hilton. We hope you'll attend and would love to have prizes or auction items from any local people or organizations that feel generous.

Committees are beginning to move ahead with work on this project. More willing hands would be welcome. For tickets, additional information or to help out in any way, please contact Co-Chairmen Linda Mikkelsen at 847-991-1275 or Pam Smith at 847-202-5662.

Home of the Sparrow provides transitional shelter for homeless women and any children they may have, including expectant mothers. It provides a strong, supportive program of counseling, job training and placement, financial advice, educational assistance, parenting classes and help in securing housing. Clients are usually in the residence about five months. For information about the program, please call 847-963-8030.

used, including clothing, handmade craft items, cookbooks, housewares and stationary. All of the items are donated to Catchpenny from individuals and families throughout the greater Barrington area and surrounding communities.

Donors are reminded that items are *not* to be left outside Catchpenny, as the donations can be harmed by weather or animals.

Catchpenny is open Monday through Friday from 10 AM to 4 PM and Saturday from 10 AM to 3 PM. Donations may be made during these times.

For further information about Catchpenny, please call 847-381-7721.

Barrington Lyric's Chapter Chorus Sings a "3-Peat Repeat!"



Pictured in rehearsal for the upcoming Barrington Lyric's Chorus performance at 7 PM on March 5 at the Presbyterian Church in Barrington are, from left: Janet Lareau from Algonquin; Jim Tammi from Barrington; and Patricia Steed from Schaumburg. Call 847-985-0837 for reservations.

For the sixth year, Barrington Chapter of Lyric Opera of Chicago members and other voices from the greater Barrington area will perform at 7 PM on Friday, March 5 at the Presbyterian Church of Barrington located at 6 South Brinker Road in Barrington Hills.

Under the direction of Jim Gibson of Buffalo Grove, the repertoire will include choruses from *La Traviata* and *Die Meistersinger*, *Chicago* and an Irving Berlin medley. The program will conclude with an audience sing-along with music from the Big Band era.

Patricia Steed from Schaumburg, Shula Lubner from Barrington and Jim Gibson are

coordinating the event.

Following the program, hostesses Barbara Keegan from Schaumburg and Bonnie Westphal from Hoffman Estates will present a lavish sweet table. Assisting Barbara and Bonnie are Barrington Lyric board members.

The program is free! Please phone your reservations as soon as possible to Susan Obermaier at 847-985-0837.

For inquiries on the Barrington Chapter (well over 200 members and still growing), please phone Mary Robins of Arlington Heights at 847-437-2158. To share rides, call Evelyn Hammond of Palatine at 847-359-3545.

Area Women Scientists to Speak to Students at Women's History Month Celebration

Eight women scientists will speak to middle and high school students about their careers in science at "Today's Women in Science: A Panel Discussion of Scientific Careers," on Saturday, March 13 from 1 to 3 PM in the Library Meeting Room of the Barrington Area Library. The program is sponsored by the Barrington Area Library and the Barrington Area Branch of the American Association of University Women (AAUW). The program is open to the public.

The speakers will be explaining what their field of interest encompasses, what it takes to work in that field, and why they enjoy what they are doing. Students and their parents are invited to attend and ask questions of the speakers, as well as take advantage of other displays and resources available at the Barrington Area Library

during Women's History Month.

The eight women who will speak at the program are: Dr. Sandra Bartholmey, Nutrition Scientist, Quaker Oats Company; Lori Pierce, Pharmacist; Dr. Jennifer Holmgren, Inorganic Chemist, UOP, LLC; Rainu Pierce, Software Engineer; Dr. Barbara Franciose, Director of Siemens Medical Systems; Dr. Peggy Hawman, Biomedical Engineer, Siemens Medical Systems; Dr. Kiran Frey, Psychiatrist; and Joan Shade, Food Engineer, Quaker Oats Company.

The Barrington Area Branch of AAUW sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For more information, call 847-842-8452.

Thai Avenue Restaurant an Oriental Dining Experience

Have you visited **Thai Avenue Restaurant** lately? We have been serving authentic Thai cuisine for almost 10 years. Our food is delicious and also very healthful. We prepare each dish from fresh ingredients and use only a little soybean oil during preparation. Each dish is cooked to your order and requires only 10 to 15 minutes to prepare.

If you would like to try a variety of dishes from our menu, come in on Friday for lunch. Our all-you-can-eat lunch buffet features more than 15 menu items for only \$6.95 per person.

Mark your calendars! On April 15, we will celebrate our Thai New Year again. If you missed it last year, you don't want to miss it again this year. Our all-you-can-eat dinner buffet will feature more than 20 items plus many delicious Thai desserts.

At **Thai Avenue Restaurant**, we offer dining carry out and catering. We also have full bar service with many Thai specialty drinks and wines from around the world!

Reservations are recommended on the weekends. Please call us at **847-726-0036** or fax us at **847-726-1183**.

Come and Discover Gerard Puvis!

We have just returned from France where we met Gerard Puvis who creates unique works of art with the foils from wine bottles. We have them on display in the restaurant and they are for sale.

This month, **Le Vichyssois** will be serving Cassoulet on March 11 and 12 and Bouillabaisse on March 18 and 19 and also on Good Friday, April 2. Of course, during lent, we always have fresh fish dishes each evening.

On Easter Sunday, we will open at 1 PM serving a special menu.

Also, mark your calendar for Friday, April 16 when we will be serving a special dinner featuring Joseph Perrier Cuvee Josephine, one of the finest French champagnes.

Le Vichyssois is open for dinner Wed-



nesday through Saturday beginning at 5:30 PM and on Sunday at 4:30 PM. Reservations are suggested; please call **815-385-8221**.

Step into Spring in Style

Tranquility is pleased to announce... it will be spring soon!

Now that we have your attention and, hopefully, a smile on your face, we would like to help you step into spring with confidence and panache.

Our manager has just returned from Long Beach, CA where she spent several days attending classes on the new trends. As always, she was happy to share her newfound knowledge with her co-workers. We hope, if you are looking for a new color or to enrich the one you have, you will consider coming to our salon. We are also up to date on the newest haircuts as well as colors.

If a pedicure is what you want, do we have the place for you!

Enjoy your pedicure in a heated chair that will massage your back while your feet soak in a whirlpool of warm, soapy water. And we can do it all in a private room so you can really, really relax and feel totally pampered.

And finally, step into spring with a glowing complexion and a new look. Our fabulous esthetician can help your face look its best, day or night.

If the thought of all these changes make you tense, just come to us for a therapeutic relaxing massage. It can change your frame of mind.

We give free consultations on hair and skin care, so please stop in or make an appointment, just to get to know us. You will be under no obligation.

Volunteers Needed for Tag Days

"The Power of Change" is the theme of Clearbrook's 10th Annual Tag Days that are being held on Friday, April 30 and Saturday, May 1 at intersections and shopping centers throughout the northwest suburbs. Target areas are Rolling Meadows, Arlington Heights, Barrington, Schaumburg, Mt. Prospect, Rosemont and Elk Grove Village. Volunteers are needed to collect donations for two-hour shifts at a location of their choice. It is a great opportunity for companies, organizations, school groups or a group of friends to volunteer to work a specific location together.

"The more volunteers that participate, the more funds we can raise for Clearbrook," said Tag Day Chairman Ed Schmitt of Rolling Meadows who has been in-

involved in organizing the event since its inception in 1990. The goal this year is to recruit 650 volunteers and to raise \$65,000 to support Clearbrook's programs.

Clearbrook is a not-for-profit agency creating opportunities for more than 500 children and adults with developmental disabilities. Clearbrook programs and services include: Early Intervention for children 0-3 and their families; Adult Residential Services; Employment & Training Services; Developmental Training Services; Clinical Services; and a Senior Program.

To be able to obtain the most effective coverage of locations, volunteers should be signed up by Thursday, April 1. For further information, contact Fran Mazzarisi at 847-870-2233, ext. 249.

Thai Avenue Restaurant

NEW Friday Lunch Buffet

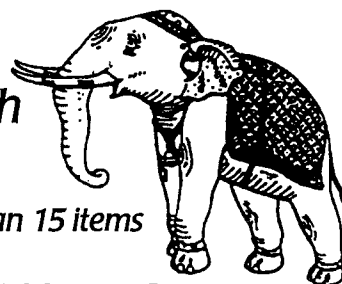
Featuring more than 15 items
All You Can Eat

\$6.95 per Person 11:30 a.m. - 2 p.m.

FULL BAR & CARRYOUT SERVICE

115 S. Rand Rd.
Lake Zurich
(Lakeview Plaza)

(847) 726-0036



50% OFF

the Price of the
Second (Lesser)
Entree when the
First Entree is
Purchased at
the Regular
Price. Dinner &
Dine-in Only.

Offer Expires 4-30-99.
Not Valid with
Any Other Offer.

Le Vichyssois



*A
Classic French Restaurant
with a Country Atmosphere*

220 West Route 120

Lakemoor, IL

(2 miles west of Route 12)

(815) 385-8221

TRANQUILITY
THE SALON/DAY SPA



**Make 'em GREEN
with ENVY with a
new style from
Tranquility.**



Our professional stylists
are innovative & progressive,
using highlights, shadings
& undertones.

The *Chicago Tribune* has once again named us as a top Salon & Day Spa. We are also a Goldwell Preferred Salon. Come visit us and see why.



**123 W. MAIN ST.
BARRINGTON**

Call for Appointment
382-6001

1999 Annual "Cute Kid" Portrait Contest

March 1st April 16th

3 Age Categories: 3-6 7-10 11-14

LAST CHANCE ... CALL NOW!

Just \$50 includes a full session plus a complimentary portrait.

Buschauer (847) 382-8484
SPECIALTY PORTRAITS & CUSTOM FRAMING

GIFT BOX BOUTIQUE



Thursday, March 11, 1999, 10 am to 8 pm

Four Seasons Garden Club

On March 2, The Four Seasons Garden Club will meet at the Barrington Area Library, 2nd floor. Featured speaker will be Vernon Bryant from the Chicago Botanic Garden who will present a lecture and

slide presentation on vines and trellises. Please call Marilyn Dempsey with questions at 304-9328.

At the April meeting, the club will learn about "Basic Vegetable Gardening."

Tri Delta Alumae March Meeting

The Chicago Northwest Suburban Alumnae Chapter of Delta Delta Delta meets the second Tuesday of every month, September through May. Meetings are scheduled to begin at 7 PM in members' homes.

The Tuesday, March 9 meeting will be at a member's home in Barrington. We will be sharing our Chicagoland favorite places. Please call Genny Ellefson at 847-381-5228 for further information.

Classical Music Scholarship Competition

The Barrington Area Arts Council (BAAC) announces the Wally A. Horban 5th Classical Music Scholarship Competition for piano, woodwinds and strings which will take place on a Saturday in late May or early June, (date to be announced). This competition is held to support and encourage the continued education of talented young musicians by presenting five monetary awards.

The competition is open to students, age

14-21 who are residents of Barrington, Barrington Hills, North Barrington, Lake Barrington, Tower Lakes, Deer Park and all of School District 220. Also eligible are residents of McHenry County, Inverness, Kildeer, Lake Zurich and Long Grove.

Applications are available at the BAAC Gallery, 207 Park Ave., Barrington. Applications are due on April 30. For more information, call 847-382-5626.

Jim Gibbons Memorial 5K Run and Walk

The Fifth Annual Jim Gibbons Memorial 5K Run and Walk of the Leukemia Research Foundation will hold its March Committee Meeting at Marcello's Restaurant, 645 West North Avenue in Chicago on Wednesday, March 10, 1999 beginning at 6:30 PM. The committee is making plans for the annual event which will be held on Thursday, June 17 along Chicago's downtown lakefront.

The event is held in memory of Jim Gibbons, an Investigative Reporter at WLS TV-Channel 7, who died of leukemia in 1994. Proceeds from the event will benefit the Leukemia Research Foundation in its efforts to find a cure for leukemia. All who are interested are invited to attend and join in helping to plan the 1999 event. For further information, call Debbie Hamilton at 847-424-0600.

"Finally, Children's Portraits Worth More Than the Paper They're Printed On"

Most people take advantage of our annual Cute Kid Portrait promotion not so much for the contest itself, (even though that's a lot of fun), but because it is a good opportunity to have your children photographed in the style that has set us apart from the rest of the photographers around. Our work has won numerous awards, but more importantly "it never goes out of style." What we may have done for you ten years ago is just as appealing today... no gimmicks, trendy props or fake smiles... just beautiful children's photography you'll be proud to display in your home. Call now to reserve your time. See you then!



We guarantee you'll love your portraits or we don't want you to spend your hard earned money on them. We also think you'll consider these por-

traits more visually appealing than any other photographer's you've worked with in the past, or your money back!

Gift Box Boutique Extravaganza, March 11

Tired of winter? Had enough of the cold, the snow and the dreary days? Well step into spring by coming to the Watercress on Thursday, March 11 for the annual Gift Box Boutique.

The Crystal Room of the Watercress will be transformed into spring! There, the area's finest artisans will have made the latest springtime creations with their hands and from their hearts.

There will be flowers of all sorts, silk and dried, done into bouquets, wreaths and garlands, even on birdhouses. Of course it wouldn't be spring without bunnies and we will have them too: fabric, wood and ceramic and even edible chocolate ones.

St. Patrick's Day won't be forgotten either with leprechauns and everything Irish. You can wear the green with darling

Irish pins or decorate your home for that special day.

We will be offering, of course, our favorites: a children's section including American girl doll clothes and accessories, hairbows, jewelry and vests for women; personalized hand-painted note cards; and to tempt our taste buds will be soups, salsa, fireside coffee and English Toffee.

Gift Box Boutique is a show of unusual quality with ambiance and atmosphere. It is a pleasure to shop for beautiful things in such a lovely place. If you have never been to Gift Box Boutique, now is the time to find out what you have been missing!

Gift Box Boutique will be at the Watercress, 1200 West Northwest Highway in Palatine on Thursday, March 11. The hours for the show will be 10 AM to 8 PM.

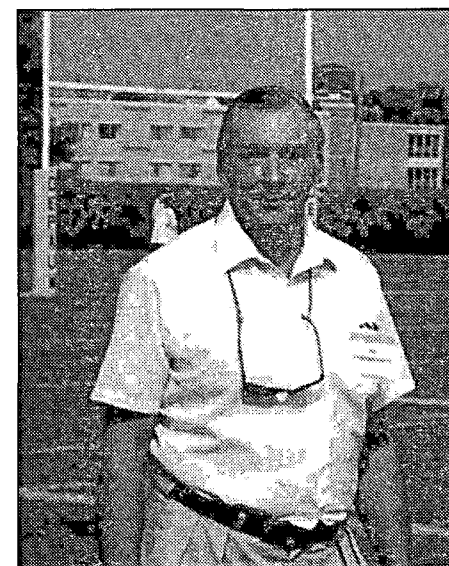
Depauw University Inducts Barrington Resident to Hall of Fame

Jim Hollensteiner was inducted recently to the Athletic Hall of Fame at DePauw University in Greencastle, Indiana.

As a varsity trackman, he never lost a race. His winning three gold medals at the 1953 Little State track meet led DePauw to its only victory in that meet in over 50 years. As a football player, he was described as the "speediest end in the state," and named to the Little State football team. He attended Exeter University in Exeter, England, on an exchange scholarship his junior year where he excelled in track, rugby and basketball. Jim was named to the All England Universities Athletic team for track.

Jim and his wife, Wanda, have lived in North Barrington for nearly 30 years where they have raised their five children. Their oldest daughter, Lisa, still holds the Barrington High School record for the 220, and as anchor on the 1977 record setting 880 yard relay team.

In addition to his degree from DePauw,



Jim Hollensteiner

Jim earned his MBA from Northwestern University, and a JD from Chicago-Kent College of Law.



Facelift Surgery

Aging of the face is inevitable. With time, the effects of gravity, genetics and sun exposure begin to demonstrate their impact on our appearance. Fine wrinkles begin to appear at the corners of the eyes. The sharply demarcated jaw line becomes less defined with the appearance of jowls and the smooth contours of the neck are lost. The actual timing of when these events take place varies from person to person. Once these signs of aging become apparent, a facelift, also known as rhytidectomy, could provide the desired facial rejuvenation.

What is a Facelift?

A facelift allows rejuvenation of the lower two-thirds of the face. It addresses the sagging neck, jowls and cheeks. It may be combined with liposuction and tightening of the muscles in the neck to provide a tighter, smoother contouring. The incision for the facelift extends from the patient's temple hairline down in front of and then just inside the ear, and continues around the lobe behind the ear into the hairline. All incisions are placed where they would fall in a natural crease or hidden within the patient's hair. The skin is then raised and the underlying soft tissues are tightened. This places the tension beneath the skin and prevents a pulled or too tight look. The skin is then redraped over the underlying tissues. The excess skin is trimmed and the incisions are closed with fine sutures. Depending on the extent of surgery, the procedure can last from two to four hours. Following the surgery, the patient will have a dressing placed to protect the entire area where the incisions have been

by Gary S. Churchill, MD



Gary Churchill, MD



Iliana Sweis, MD

made and the skin has been raised. A facelift may also be combined with eyelid and forehead surgery to provide rejuvenation of the upper one-third of the face.

What Can the Patient Expect After Surgery?

Most patients report very little pain after surgery, however, there is some degree of discomfort due to the swelling. The patient will be instructed to sleep with the head elevated on two to three pillows. Medication is prescribed to allow the patient to tolerate the mild pain. The dressing that was applied immediately following surgery is removed on the first day after surgery. Recovery usually takes between two to three weeks although most patients are able to go back to work in one to two weeks. The incisions are barely noticeable even early on since they are hidden in natural contours and the hair.

Where Can This Procedure be Performed?

Facelifts are commonly performed at the **Plastic Surgery and Laser Center**. Some patients prefer to spend the night there

(Please continue on page 50)

Visit an Oasis of Fine Art



Dunton Gallery invites you to enjoy the coming of spring through the work of local watercolorist, Nancy Rayborn.


Working with transparent watercolors, Nancy not only imparts a luminous quality to her vast array of subjects but she also conveys their moods. Whether sharing a quiet garden corner, a flower drying room, or the side of a fountain, a frequent comment on Nancy's work is that one is "drawn into" the painting through its sense of peaceful familiarity.

Although Nancy has studied widely and is mastering this challenging medium, she is greatly talented and diligent in the application of her considerable skill. You are cordially invited to see a representation of her work at the gallery.

In addition to Nancy Rayborn, there is

an ever-evolving family of artists available through **Dunton Gallery**. Rapidly becoming a world-renowned center for fine art, the gallery's artists and their subject matters range from near and far. Paintings are available in oils, pastels, watercolors, and acrylics while sculptures are available in bronze, bronze and glass, and glass.

Come into the heart of downtown Arlington Heights to see this great gallery and feed your soul with an art treasure for your home or office. The gallery is open Tuesday through Friday 11 AM to 5 PM, Saturday 10 AM to 4 PM, and appointments or on-your-site consultations are gladly accommodated at any time. Just call us at **847-818-0694** or visit us at the Dunton Ave. end of the Evergreen Center.



GARY S. CHURCHILL, MD
Specializing in cosmetic and reconstructive surgery of the face and neck.

ILIANA E. SWEIS, MD
Specializing in cosmetic and reconstructive surgery of the face and body.

Accredited by
Accreditation Association for Ambulatory Health Care, Inc.

Plastic Surgery & Laser Center, Ltd.
515 W. Old Northwest Highway
Barrington, IL 60010
304-1000

WELCOME SPRING WITH A WATERCOLOR BY Nancy Rayborn



The Flower Shed Watercolor 20" x 28"

DUNTON GALLERY

Original Paintings • Limited Edition Bronzes

(847) 818-0694 Fax (847) 818-0695

18 S. Evergreen, Arlington Heights, IL 60005

Web Address: www.duntongallery.com

STUDIO 13 SHOW March 3 - March 20



"Tea & Tulips" by Jan Schmuckal



GALLERY NORTHWEST Custom Framing & Fine Art

featuring **Limited Edition Prints**
and **Originals** by:

**Hessam, Tomasz Rut,
Holland Berkley, Shana, Tarkay,
Brian Davis, Sabzi, Steve Hanks,
Charles Peterson, Tom Lynch,
G. Harvey and Hatfield**

847 991-0014

**234 N. Northwest Hwy., Palatine, IL
(2 Blks. North of Palatine Rd.)**

Studio 13 at Gallery Northwest

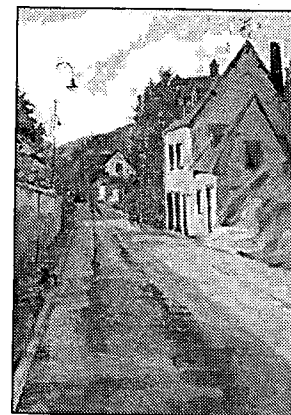
Experience nature as seen through the eyes of 14 award winning artists. These creative women will delight you with their different approaches to painting nature.

The Studio 13 Show "Impressions of Spring" opens March 3 and runs through March 20. Join us for a champagne reception with the artists of Studio 13 on Friday, March 5, from 5 to 9 PM, and Saturday, March 6, from 12 to 4 PM.

Spring arrives during the month of April with many different floral originals and prints, including works by local artists Betty Schmidt and Arlene Martin.

Tom Lynch, watercolorist, will be in person at **Gallery Northwest** on Saturday, May 22 from noon until 4 PM.

Gallery Northwest is located at 234 North Northwest Highway, just two blocks north of Palatine Road in Palatine. The phone number is **847-991-0014**.



**Sunshine in Giverny,
18"x14", oil by
Jacques Thomas.**

Health



Advocate

Health & Wellness Programs—March

Catchpenny Open House

Tuesday, March 9, 10 a.m. to 4 p.m.

118 East Main Street, Barrington

Catchpenny resale shop is having a Spring Open House featuring "gently used" and new outfits for ladies, men and children. Also included are handmade craft items, books, housewares and stationary.

Anger Management Workshop

Tuesdays, March 9 - April 13, 7 to 8:30 p.m.

A workshop designed to help individuals learn to understand and control anger and the destructive behavior that can follow. Call for fees.

Anxiety & Panic Workshop

Wednesdays, March 10 - April 14, 7 to 9:30 p.m.

Participants learn to reduce anxiety through stress management and relaxation techniques. Call for fees.

Senior Breakfast Club—

"Understanding Common Digestive Disorders"

Wednesday, March 17, 8:30 to 9:30 a.m.

This free program will explain some of the common types of digestive disorders including irritable bowel syndrome, indigestion, spastic colon, diverticulitis and Crohn's Disease. Learn prevention, how to screen for these diseases and the various treatments. Open to adults ages 55 and older. Call for reservations.

Depression Workshop

Thursday, March 18 & March 25, 6:30 to 8:30 p.m.

Learn the symptoms, signs and types of depression and how they can be treated. Medication and other therapies will be discussed and referrals are provided, if needed. The class is led by a licensed behavioral health social worker. Call for fees and registration.

"Healthy Eating for the Heart"

Wednesday, March 17, 4 to 5 p.m.

Join the Good Shepherd Hospital Cardiac Rehab Department's monthly programs and learn how to eat heart healthy. The cost is only \$15 for all ten monthly sessions. March's presentation is "Restaurant Dining."

To register for any of Good Shepherd's Health & Wellness Programs, call Health Advisor at 1-800-323-8622.

Good Shepherd Hospital



Health Care With A Whole New Attitude.

450 West Highway 22, Barrington, IL 60010

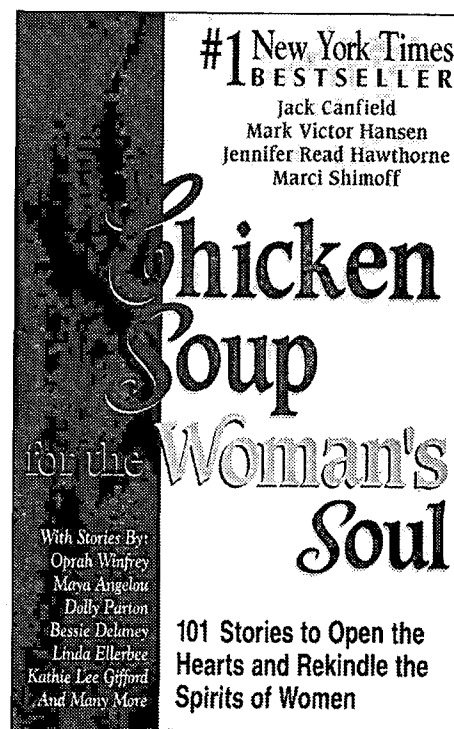
Related to the Evangelical Lutheran Church in America and the United Church of Christ

"Rekindle Your Spirit" at Charity Luncheon with Co-Author of *Chicken Soup for the Soul* Books, Marci Shimoff

The Barrington Junior Women's Club (BJWC) invite you to their Spring fundraiser on Saturday, March 13 entitled "Rekindle Your Spirit;" and with Marci Shimoff speaking, the event is sure to do just that.

Marci Shimoff is co-author of several of the *Chicken Soup* books, including the new *A Second Chicken Soup for the Woman's Soul*. She is a dynamic speaker who specializes in inspirational programs for women. She provides joy, laughter, motivation and assurance to women of any age or life situation. It's perfect for a mother-daughter day or a complete table for 10 with friends. Take this opportunity to enjoy her words, an enticing lunch, a book sale and signing session and both live and silent auctions.

Auction items include: two round trip tickets on American Airlines anywhere in the Continental US; two round trip tickets on American Airlines to anywhere in the Caribbean; a golf package at the famous Medinah Country Club; a two-night stay at the elegant Hyatt Regency in Scottsdale, AZ; guest chef at Charlie Trotter's restaurant in Chicago; an original oil painting by Sheri Meketa; a cooking class at le Titi de Paris; a weekend package at Marriott's Lincolnshire Resort; and a multitude of



other items sure to tempt everyone.

Join us on March 13, 11 AM at Marriott's Lincolnshire Resort. Tickets for the Author's Table are \$150. All other tickets are \$45. Reserve your spot at 847-622-3838.

Artists and Craftsmen Invited

Artists and craftsman are invited to apply for participation in the Good Shepherd Hospital Auxiliary's 25th Annual Juried and Invited Exhibition, "Art in the Barn, 1999." It is scheduled to be held September 25 and 26, from 10 AM to 5 PM. The Artists Committee has announced that the deadline for entry is April 1, 1999, and all applications should be postmarked by that date.

Acceptance into the show will be judged from quality slides that artists submit for jurying. The Jury makes the final decisions on participants. The show will feature works ranging from oil and acrylic paintings, etchings, serigraphs, photography and watercolors to jewelry, sculpture, metal work, pottery, handmade paper, batik, stained and blown glass, ceramics, woodworking, handwoven fabrics,

leather, baskets and limited edition prints. There will be private and corporate Purchase Awards.

"Art in the Barn" is held in the barn and other rustic buildings at the Good Shepherd Hospital site on Route 22 located two miles west of Highway 59, northwest of Barrington.

Fine arts and fine crafts are displayed in a farm setting, and the annual event has become a favorite family outing as well as a primary fund-raiser for the Auxiliary. Attendance of 8,000 is expected this year.

For more information and to obtain an entry form, artists should write to: Art in the Barn, 1999, Good Shepherd Hospital, 450 West Highway 22, Barrington, Illinois, 60010, Attn: Artists Committee. Or call Miranda Mikos, Artists Committee at 847-842-4496.

The Thoroughly Modern Women's Travel Club

The Thoroughly Modern Woman's Travel Club has recently opened a Chicago branch office in Barrington, Illinois. ReAnn Scott, founder of the company, is overseeing the start-up of the new location.

A 20-year old business with headquarters in Minneapolis, The Thoroughly Modern Woman's Travel Club was formed in answer to the man's hunting, fishing, golfing, sailing... outing. They offer the solo woman traveler the opportunity to join with a small group of fellow travelers for vacations throughout the US, Canada, Europe and Asia. The staff of The Travel Club provide an itinerary whereby tour participants may explore, be educated, enlightened and totally delighted with the new friends they will make, the new locations they will visit and the endless supply of fun that will prevail. The Club's escorted tours include museum exhibitions, shopping excursions, theater, sight-seeing and so much more.

The Thoroughly Modern Woman's Travel Club's lineup of destinations for 1999 include New York City, The Beaches of North Carolina, Vienna/Budapest/Prague, Toronto, San Francisco and Hong



ReAnn Scott, President

Kong! Plans for the year 2000 include a fashion-lover's tour to Paris, "France from Coast-to-Coast," a gourmet food and wine tour of Italy, a fine craft tour to Ireland, as well as a New Year's Millennium Eve vacation to Cabo San Lucas, Mexico. The Thoroughly Modern Woman's Travel Club is also pleased to announce they have formed a partnership with locally-based Travelex International and can now offer Travelex's outstanding service for all their clients' air and transportation needs.

For more information and to receive a flyer with details of each tour, please call 847-277-0490.

Let Claude Thomas Help You Look Great for Your Spring Break Vacation



Taking care of you is serious business... but we make it fun too.

Claude Thomas has the latest, innovative concepts in hair and fashion.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each print out.

Come in for a hair color change and receive a 20 % discount.

Now is the time to start thinking about vacationing. Claude Thomas has a special on a manicure and pedicure package. This is regularly a \$45 value but, in the month of February, it is \$38.

Want something fun and different?

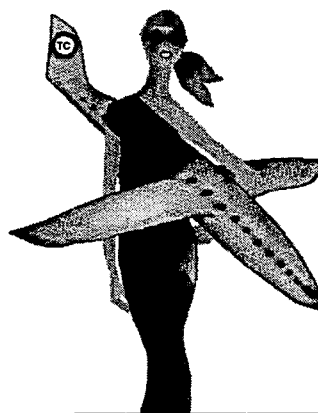
Then try nail art or nail charms! Want long nails but not the upkeep? Claude Thomas has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

Why not pamper yourself with a beneficial facial and/or a body wrap? Claude Thomas makes this easy by offering you a 20% discount this month. Also this month, we have a 10% discount on any waxing.

Claude Thomas's doesn't follow fashion... we create it!



THE Thoroughly Modern Woman's TRAVEL CLUB



Escorted Vacations For The Solo Woman Traveler

Toronto
Hong Kong
New York City
San Francisco
Beaches of North Carolina
Vienna - Budapest - Prague

For a FREE Brochure call
(847) 277-0490

Air provided by Vega/Travelex International

Claude Thomas Hair Design & Spa

Claude Thomas specializes in repairing \$8 haircuts, nightmare hair color and botched-up nail work!

Time to make a change but afraid of how you might look?

Claude Thomas has the answer...

The virtual make-over.

See how you look in all kinds of styles.

20% OFF to All New Clients

Does not apply to already discounted services.

See Our Editorial For March Specials →

REDKEN
5th AVENUE NYC

847-705-5999

377 W. NORTHWEST HIGHWAY (CENTURY PLAZA) • PALATINE

SUNDAY 11-4
MONDAY 1-9
TUES-FRI 9-9
SAT 9-5

Nominations Sought for Senior Citizens Hall of Fame

The Barrington Area Council on Aging, Inc. (BACOA) is beginning our planning for the 4th Annual Barrington Area Senior Citizens Hall of Fame to be held on Wednesday, May 19, 1999 at the Barrington Area Library. The Hall of Fame honors outstanding seniors from the Barrington Area for their many years of service in enhancing the quality of life in our community.

Local service organizations are encouraged to nominate a deserving senior from their organization to be recognized at the Hall of Fame. To be considered, the senior

must have celebrated their 60th birthday by December 31, 1998. In addition, your selections should take into consideration the senior's contribution and active participation in your organization, outstanding service to the community, the years and nature of service in a specific area and other recognition received over the years. Nomination forms should be returned to the BACOA office at 301 East Main Street, Suite 111, Barrington, IL, 60010 by March 15, 1999.

For information or an application, contact the Council on Aging at 847-381-5030.





Writing on Walls

38" x 29"

A MAJOR RETROSPECTIVE OF THE ART OF ROY FAIRCHILD-WOODARD

Saturday, March 27, 10-5

Sunday, March 28, 11-5

It has been a real privilege to discover and represent such an outstanding talent as Roy Fairchild-Woodard at The Studio of Long Grove and to have played such a signature role in launching his career by hosting his second and third U.S. shows. The Studio has gathered together many rare sold-out pieces that will be available for purchase, to commemorate his seventh year in our gallery and to give all his collectors an opportunity to witness and appreciate the range of talent of this fine artist.

The Studio of Long Grove
GALLERIES OF FINE ART

360 HISTORICAL LANE, LONG GROVE, IL 60047 • (847) 634-4244
LOCATED BEHIND RED OAKS FURNITURE SHOP IN THE HISTORIC SHOPPING VILLAGE



Masquerade

38½" x 52"

ROY FAIRCHILD-WOODARD

...AN INTERNATIONAL SUCCESS STORY...
AND A STORY THAT HAD ITS BEGINNINGS
AT THE STUDIO OF LONG GROVE

"There was something about his work that impressed me very much when I first saw it in New York six months prior to our opening," remembers Studio owner Tom Hilligoss. "I had several conversations with the publisher and meetings with their representative, but kept hearing that the artist doesn't paint enough works for a show." Persistence paid off, however, and in February 1992, five months after the award-winning gallery opened its doors, the second U.S. show for Roy Fairchild-Woodard



Fruit and Flowers 30" x 40"

was held at **The Studio of Long Grove**. "Roy's bad luck was our good luck," continues Hilligoss. "A strained back kept him from traveling from his home in London to attend our first show. The show was a huge success, nonetheless, and we received a promise from the publisher for a second show in October of '92. This show was even more successful and this time the artist attended." And although it was said that he would not be willing to address an audience, the artist had a great time speaking to a large crowd of fans and collectors. His career has soared since that exciting beginning. **The Studio of Long Grove** is now assembling a major retrospective showing of works by Roy Fairchild-Woodard including originals oils, aquatints, serigraphs on paper, and a beautiful group of serigraphs on linen which have been enhanced by the artist and which look spectacular—some even challenging the original artwork.



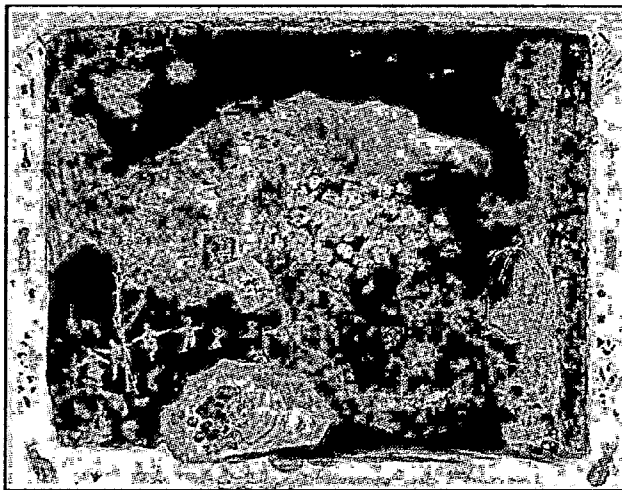
Masked Figure
29" x 23"

Roy Fairchild-Woodard was born in 1953 in Surrey, England. He lives and works most of the year in his country home. This peaceful environment is fundamental to his well being and stability as an artist, although he travels throughout Europe to obtain new sources of inspiration. He is particularly influenced by the painters of the Renaissance and he visits Italy in particular to study frescos, tapestries and paintings and to see for himself the techniques with which they were executed.

His vision is coloured by his immersion in this past. His surfaces are rich and sumptuous and he uses varied interwoven elements such as fabrics and flowers in his work. The crumbling plasterwork of ancient frescos are also alluded to in his use of plaster as base for acrylic and oil overpainting.

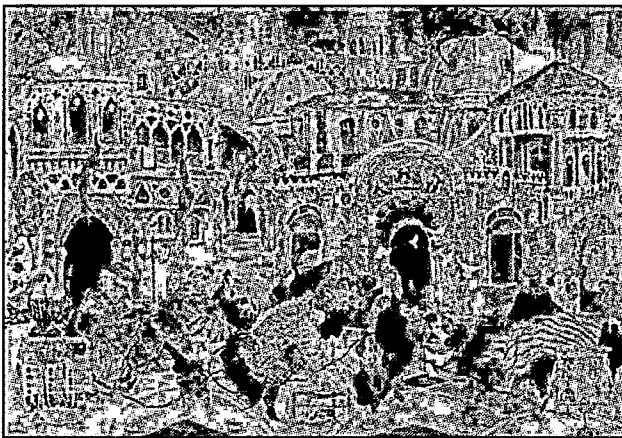
His admiration for Egon Schiele and Gustav Klimt can be seen in occasional references of line and decoration but he has extended their techniques to produce something altogether bolder and contemporary.

After leaving school at sixteen to train as a technical illustrator, he then took a degree in graphic design. Having completed his education he set up his own studio.



Only the Stars 44" x 54"

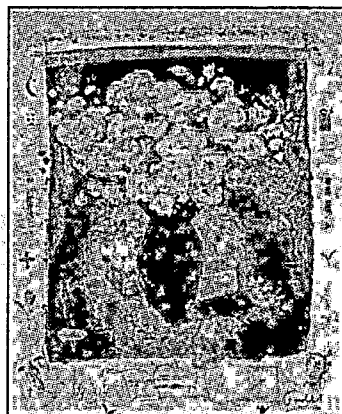
He soon found it was difficult to make a living from his own work and supported himself and his family for several years by producing, under the name of Woodard, illustrations for record sleeves, advertisements and books, as well as decorative serigraphs and lithographs. He achieved considerable popularity with his suites of pastel coloured figurative prints. Experimenting with different techniques he developed entirely new methods of achieving effects in serigraphy to obtain qualities of light and colour that are now in general use. His own painting and printmaking is done under his mother's family name, Fairchild.



Big Blue Sky 38" x 51"

In addition to those images pictured on these pages, the following works and more are available, subject to prior sale.

- Sound of Moon**
- Composition**
- Dejuener**
- Gift of Keys**
- Red and White Flowers**
- White Flowers**
- The Protector**
- The Cellist**
- A Favoured Land**
- Venetian Memories**
- Harlequin**
- Song of Molly**
- Laura**
- Like a Quiet Angel**
- Gift from Far Away**
- With Hope and Angels**
- Oh Holder of Dreams**
- A Better Way**
- By Some Golden Thread**
- Patience**
- La Fenêtre I**
- Songs to Sing**
- Time to Sing Again**

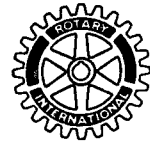


The Embroiderer's Daughter
34" x 28"



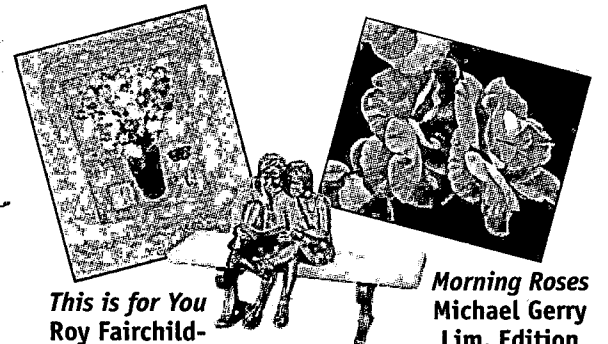
Carpet Room
28" x 22"

A SPECIAL AUCTION Dinner-Dance & Fashion Show "Blossoms of Life" Sponsored by



The Rotary Club of Long Grove

Included in the Live Auction—



This is for You
Roy Fairchild-
Woodard, Serigraph,
24" x 18"

Little Sisters
Mark Lundeen
Maquette
Bronze Sculpture
12" x 16" x 9"

Morning Roses
Michael Gerry
Lim. Edition
30" x 36"

The Fairchild-Woodard and the Gerry are donated by *The Studio of Long Grove* along with the profit from the sale of the sculpture.

You are cordially invited to attend
"Blossoms of Life"

a dinner-dance, auction and fashion show to benefit *Healing the Children* and Rotary Projects.

**Friday, March 19, 1999
5:30 p.m.**

The Cotillion Banquets

360 Creekside (Routes 14 & 53), Palatine, Illinois

▪ Dinner @ \$50 per person ▪

RSVP requested by March 12, 1999

Opportunity to Win:

▪ **Roundtrip for Two to Amsterdam** ▪

Numerous Silent & Live Auction Values Include:

▪ **One Week (7 Days/6 Nights) in Jamaica** ▪
Hotel & Air Fare for Two

▪ **Rocky Mountain High** ▪
2-Bedroom Condo for a Week
The Ranch in Steamboat Springs, CO.

For information or Reservations
please visit *The Studio of Long Grove*

or contact: **Bill Watson**

THE FIRST NATIONAL BANK OF CHICAGO
120 S. Hough Street, Barrington, IL 60010
847-842-2571 Fax 847-842-0166

Thank you for supporting The Rotary Club of Long Grove
Healing the Children and Rotary Charities.

"Hello laser, goodbye razor."

Alexandra Parnass
Beauty Editor
Marie Claire Magazine

The hair removal process that has everybody talking:

- Patented laser process erases hair quickly and gently with lasting results.
- Dr. Berger, a Board Certified Physician, performs all initial laser procedures.
- First licensed physician for laser hair removal in Illinois. Very competitive pricing.

SOFTLIGHT

brought to you by

Barry Berger, M.D.
Cosmetic Laser Center, L.L.C.
290 N. Rand Rd., Lake Zurich
(847) 550-0600

Call today for a
complimentary consultation.



Gustave Moreau

BETWEEN EPIC AND DREAM

Visitors to The Art Institute of Chicago have the rare opportunity to view the fantastic imagery and jewellike colors of the singular 19th century French painter Gustave Moreau (1826-1898). *Gustave Moreau: Between Epic and Dream*, which is on view in Regenstein Hall, the Daniel F. and Ada L. Rice Building now through April 25, 1999, covers 50 years of the remarkable career of this artist, bringing together more than 180 paintings, watercolors and drawings from public and private collections worldwide. Included in the exhibition are not only most of Moreau's masterpieces and Salon paintings, but many watercolors and drawings that have not been previously exhibited or even reproduced.

Gustave Moreau was much admired in his own time, although he is not especially well known to the American public. The epic-scale dreamlike imagery, exotic eroticism and pristinely rendered violence of his paintings—coupled with their classical and biblical references—show an artist very much following his own path. And although there is some kinship between Moreau's richly crowded canvases with their dramatic lighting and brilliant, jewellike colors, and those of the British Pre-Raphaelites and the French/Belgian Symbolists, his works look like no other.

He himself, however, had a profound effect on other painters, including his students Henri Matisse, Georges Rouault and Surrealist Max Ernst, to name a few. His late, non-figurative works, never before shown in the United States until this exhibition, have been seen as heralds of Abstract Expressionism.

Unlike his contemporaries, Moreau was not concerned with the external visual world but with profound and hidden truths; these he sought in the realm of imagination and dreams. He was not a "painter of modern life"—the Impressionists' mandate—but of traditional subjects and enduring universal themes reinterpreted in novel and personal ways. A man of elegance and erudition, Moreau reinvigorated the tradition of history painting by adding a new, imaginative and poetic dimension to it. His mysterious and evocative treatment of classical mythology and religious subject matter inspired many participants in the late 19th century Symbolist movement in art and literature. Later, Surrealists such as Andre Breton found strong encouragement in Moreau's fearless declaration that "I have allowed my imagination free play and I have not been led astray by it."

Like other artists and writers in the mid-19th century, Moreau found the culture of

Cosmetic Laser Centers, L.L.C.— Celebrating 3rd Year in Laser Hair Removal

Dr. Barry Berger is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. Dr. Berger performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser

for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Dr. Berger has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.



Gustave Moreau, French. *Salome (Salome Dancing before Herod)*, 1874-76. Oil on canvas; 144 x 103.5 cm. The Armand Hammer Collection; UCLA at the Armand Hammer Museum of Art and Cultural Center, Los Angeles, CA, AH.90.48, [Cat. 63].

his time to be overly materialistic and indifferent to religion and art. He looked to the art of antiquity, the Middle Ages, the Italian Renaissance, 17th century France and non-western cultures to develop a form of expression that offered spiritual guidance in what he believed to be an age of confusion. He went to Italy in 1857, where he copied pictures in museums and churches beside his friend, the young Edgar Degas.

While works of the Italian masters left a lasting impression on Moreau, even after he permanently resettled in Paris, his art continued to evolve in unpredictable directions.

His early paintings are imbued with the beauty and violence of Romantic art, while those of the 1860s and 70s make epic statements by fusing classical erudition with technical knowledge. One can see in these the drama of the Romantic

painters Delacroix and Gericault, as well as the exquisitely precise draftsmanship of Poussin and Ingres; also evident in his fairy tale-like images is the artist's love of Persian and Indian miniatures.

Moreau's late works will certainly come as a surprise to many viewers. These paintings and watercolors from the late 1870s, 80s and 90s reveal the artist as one of the first to explore the expressive qualities of color in abstract compositions, evoking an emotional response almost solely through color, line and form. In the 1950s, they caught the eye of Robert Motherwell and other Abstract Expressionists, who saw them in the Musée Gustave Moreau in Paris, the museum the artist established just before his death.

Two masterpieces by Moreau—*Oedipus*
(Please continue on page 34)

Spring into a New Look!

In celebration of the new millennium, Michelle Szczeny, owner of **In The Spa Light Salon**, attended Redkens 1999 International Symposium in Las Vegas. For two days, Michelle interacted with the world's top educators and stylists, including beauty trend presentations from *Glamour* and *Vogue* magazines.

Spring is a time for fresh new looks and the staff at our salon is prepared to give them to you. For March, the salon is offering a buy-one service of \$30 or more and receive an eyebrow arching or scalp massage free.

Also, we're proud to introduce our new makeup artist, Kathy Settler. Book your complimentary makeup consultation now.

All current clients, don't forget to sign up for our Client of the Month Contest. Each month, we will be giving a free

makeover and hairstyle with a before and after Photo Shoot.

Haven't seen the salon yet? Come in to celebrate our One Year Anniversary on March 20, open to the general public and current clients. The salon will be hosting a reception from 12 to 8 PM. Refreshments will be served. Kathy Settler will be giving free makeup consultations all day long.

In The Spa Light Salon is located at 702 S. Northwest Highway. The salon's hours are: Monday, reception only, 10 AM to 5 PM; Tuesday through Thursday, 9 AM to 9 PM; and Friday and Saturday, 9 AM to 6 PM. You can count on frequent specials and client VIP programs. As always, the salon offers free consultations for hair extensions, color and makeup. For more information, please call **847-381-3688**. Walk-ins are welcome!

Did you have a Valentine's Day engagement?

Let our professionals pamper your wedding party by providing hair and makeup services on your special day. Take the stress out of your wedding day. **FREE makeup and hairstyle consultation.**

- Creative Color
- Hair Extensions & Thickening
- Makeup Application & Lessons
- Manicures, Pedicures, Nails, & Paraffin Waxing
- Creative Cutting
- Texture & Perms
- Therapeutic Chair Massage
- Glamour Packages



BIOELEMENTS OPT REDKEN CREW RUSK

Walk-ins Welcome

702 S. Northwest Hwy. Barrington (3 blks South of Main St.) **847.381.3688**



**In the
Spa Light Salon**

Osteoporosis—Don't be a Victim

Now is the time to begin preventing osteoporosis, a disease where bones gradually become thinner and increasingly fragile. Although men and women suffer from osteoporosis, the disease tends to be more severe in women because bone loss increases rapidly after menopause. There are genetic factors that predispose certain women to the disease: fair-skinned, thin-framed, blond women and those with a family history of osteoporosis are at greatest risk. The following is a list of lifestyle-related factors that may lead to the development of osteoporosis:

- Lack of exercise
- Smoking and alcohol consumption
- Inadequate dietary calcium intake
- Excessive caffeine intake

Osteoporosis may be prevented by combining exercise with good nutrition.

Exercise

Weight-bearing physical activity is necessary for developing and maintaining a healthy skeleton. Also, activities that increase muscle strength can be beneficial to non weight-bearing bones. Walking and cross-country skiing would be good choices for most adults, including those who are previously sedentary; step aerobics and kick-boxing are good choices for healthy, active adults and highly impactive activities such as running and jumping are good for young adults (unless contraindicated). Every individual has a medical history and fitness level that dictates which activities are best.

The resistance program for bone strength must contain weight-bearing exercises. Traditional seated weight ma-

chines for the lower body do not increase forces on the hip whereas functional exercises like lunges and step-ups do. They also promote an increase in balance, ankle-strength and flexibility.

A certified trainer will help in the selection and modifications of appropriate exercises.

Diet

Bone strength can be heightened by eating a high-calcium, high-fiber, low-fat diet. Considering two-thirds of your bone is composed of calcium, it's not surprising that a diet that's high in calcium is essential for healthy bones.

The following are the recommended daily allowances in calcium for various individuals:

- 18-50 years, 800 mg
- Pregnant or lactating women, 1600 mg for mothers under age 19 or 1200 mg for mothers over age 19
- Women over 50, 1000-1500 mg
- Men and women over 60, 1000-1500 mg

Vitamin D is needed to metabolize calcium. Although the sun is our best source for Vitamin D, fortified milk products are effective substitutes.

A **Body Constructors, Inc.** trainer can design and guide clients with a bone-saving exercise program. By taking care of your bones now, they will stay strong and allow you to lead a healthy, active lifestyle.

If you have any questions or are ready to begin your personal training program, please call **847-277-0707** or you can e-mail **Body Constructors, Inc.** at bodyconstructors@prodigy.com.

Hawthorn Woods WC Fund-Raiser

The Hawthorn Woods Women's Club invites the community to its annual Art Exhibition and Fund-Raising Auction on Saturday, March 6, 1999. The preview will begin at 6:30 PM with bidding commencing at 7:30 PM. This event is conducted by Regency Fine Art and is held at the Hawthorn Woods Barn, 2 Lagoon Drive in Hawthorn Woods. The cost is \$5 per person at the door. Fine wine, champagne and beer will be available for purchase. Complimentary gourmet desserts and a complete espresso bar will be offered dur-

ing the auction. Art work in all media and price ranges will be offered. The artwork is unconditionally guaranteed and carries a 15-year exchange privilege. Artists showcased include Alvar, Boulanger, Buckels, Delacroix and Neiman. Checks and credit cards accepted. A next day, walk-in sale will be held on Sunday, March 7 from 11:00 AM to 2:00 PM. All proceeds will be donated to several Lake County Charities. Please join us for an enjoyable evening.

For additional information, please contact Cindy at 949-7824 or Linda at 550-1916.

**Are you
always
saying:**

"I want to get in shape!"

"I am going to take control!"

"I must improve my health!"

FREE CONSULTATION

**But
always
thinking:**

"I can't find the time."

"I don't want to go to a gym."

"If only I had a personal trainer..."

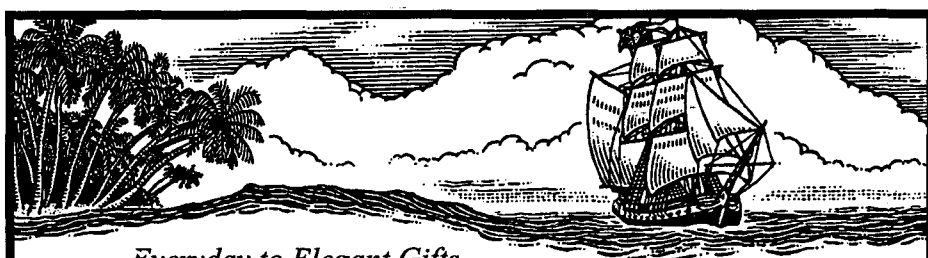
Offering convenient in-home training that produces fast, effective results.

(847) 277-0707

or email us at bodyconstructors@prodigy.com

Body Constructors Inc

Nationally Certified Trainers Available 7 Days A Week



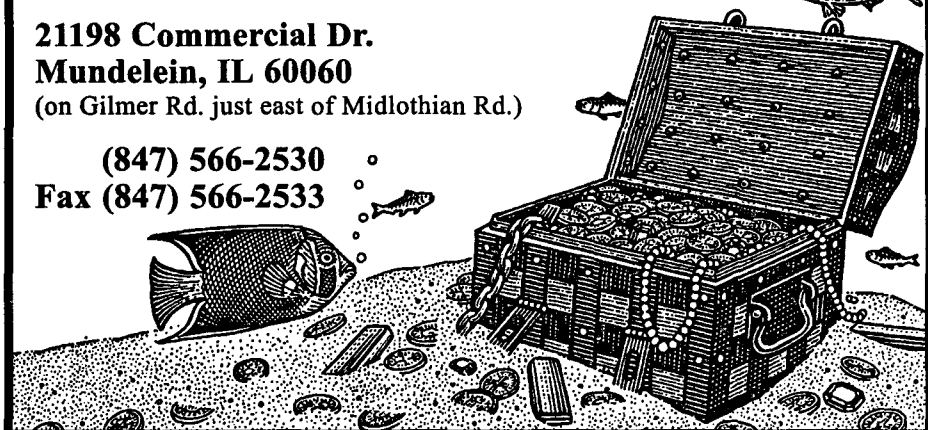
Everyday to Elegant Gifts

Clocks • Watches • Jewelry • Crystal • Tableware
Limited Edition Collectible Art • Music Boxes
Porcelain, Pewter & Bronze Figures • Dolls
Nautical & Golf Gifts • Chess Sets

Time & Treasures
 GIFT SHOP & GALLERY

21198 Commercial Dr.
Mundelein, IL 60060
 (on Gilmer Rd. just east of Midlothian Rd.)

(847) 566-2530
Fax (847) 566-2533



Barrington to Hold Third Annual Community Wide Treasure Sale

The Barrington Area Historical Society is sponsoring the Third Annual Barrington Community Treasure Sale. The sale will be held from 8 AM to 4 PM on Saturday, April 17 on the grounds of Good Shepherd Hospital Advocate at 450 West Highway 22 in Barrington.

"As with last year's event, we've invited all Barrington Area not-for-profit groups, clubs and civic organizations to participate," says event Chair John Hipsky. "We had a great turnout—both buyers and sellers—last year, and this year will be even bigger. We're planning for a minimum of 80 tables, and are excited about the response, both from last year's participants and from additional groups that have requested space. We feel that this is the type of old-fashioned neighborly event that makes Barrington a unique community."

According to Hipsky, the idea took shape as a Historical Society project that

grew into something larger. Last year's sale attracted over 2,800 browsers and buyers. This year, the Garage Sale will include a 'Best of Barrington' Apple Pie and Cheesecake Contest, with entries available for sale. The contest will be judged by local officials.

"I've seen some of the 'treasures' that will be for sale, and encourage area families to come out for a fun event," says Hipsky. Each year we feature those not-for-profit organizations that are new to the community. Last year, we featured the Volunteer Center of Greater Barrington. This year, we will be featuring the organization for teens—"New Generations." Also new this year will be a place for the volunteers to eat and relax, trophies and ribbons for contest winners, entertainment and a \$1 admission charge for those over twelve years of age.

For information, call the Historical Society Events Hot Line at 847-381-6855.

Luncheon Book Club

The Barrington Area Branch of the American Association of University Women (AAUW) Luncheon Book Club will discuss *Martin Dressler: The Tale of an American Dreamer* by Steven Millhauser on Wednesday, March 10 at Chessie's Restaurant in Barrington from 12:30 to 2:30 PM.

AAUW is a national organization com-

mitted to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For further information, call 847-381-5012.

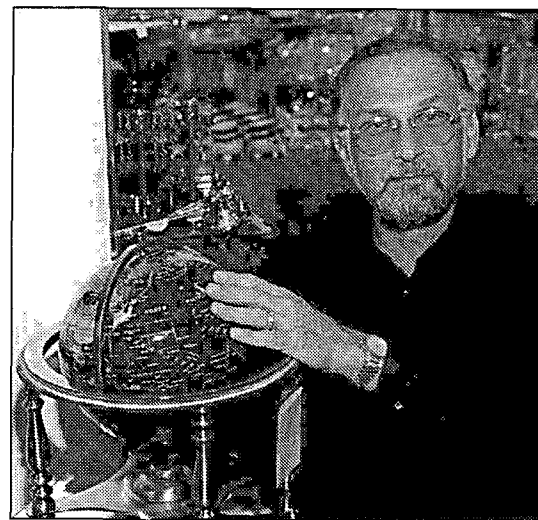


Beautiful Gifts from Around the World!

Time & Treasures Gift Shop & Gallery has opened at 21198 Commercial Drive in Hawthorn Woods/Mundelein. The store's owners are Richard and Kathy Marcus, both residents of Hawthorn Woods. Kathy is finally realizing her dream of opening an elegant, upscale gift shop near her home. And with Rich's background in the marine supply industry, the store features many gifts with a nautical theme.

What separates this gift shop from the rest is that included here are "gifts for guys." Some men may be a little hesitant to walk into a gift shop, thinking that these stores are geared primarily towards women. The owners know that there are plenty of occasions for men to give gifts, so quite a bit of space is devoted to them. These gifts include Howard Miller clocks, Weems & Plath weather instruments and desk sets, Remington Old West statues, Regatta watches and many others.

Kathy plans to include gift baskets for both genders in the very near future. She also displays original artworks and paintings from Door County, Wisconsin artist



Richard Marcus with a beautiful inlaid globe.

Kari Anderson and from local artists. Some of the many recognizable brand names available include Aromatique potpourri, Hibbel paintings, Armani statues, Fenton collectible glass, Royal Dalton dinnerware, Reuge jewelry boxes, Linden clocks and Baldwin ornaments.

Time & Treasures Gift Shop & Gallery will be open weekdays and by appointment. Call **847-566-2530** for more information.

BCLO's "Toujour L'Amour"



During the recent Barrington Chapter of Lyric Opera of Chicago's program "Toujour L'Amour," presented in a lovely Barrington Hills home, hosts Bryan and Christy Cressey are pictured with incoming Barrington Lyric president and vice-

president, Mary and Howard Robins from Arlington Heights.

For inquiries on the Barrington Chapter (well over 200 members and still growing), please phone Mary Robins in Arlington Heights at 847-437-2158.

Essay Contest Awards a Maid-for-Mom

Searching for the perfect Mother's Day gift? How about a sparkling clean house, compliments of The Maids International?

Just tell The Maids International why your mother deserves a maid service. If your 50-to-100 word essay is selected, your mother will win a grand prize of \$2,400 worth of maid service (every-other-week for one year). Two second place winners will win up to \$600 worth of maid service (every-other-week for three months). A total of three winners will be selected throughout the United States and Canada.

On each visit, a team of four trained professionals from The Maids International will arrive in a company car and

will thoroughly clean the home according to The Maids' 22-item Regular Service.

All entries in the "Why My Mom Deserves A Maid" contest must include your Mother's name, address and phone number. The essays must be sent to the attention of Mother's Day Contest, The Maids International, 4820 Dodge Street, Omaha, NE, 68132, and must be postmarked by April 10, 1999. Winners will be notified by phone the week of April 26.

The Maids International specializes in complete residential cleaning, utilizing a system developed by cleaning professionals with over 180 years of collective experience. The Maids serve more than 350 markets in the US and Canada.

Fight Aging with Personalized Fitness

Strength training has become one of the most popular fitness activities in America. More than 39 million people are lifting weights—up 62% from eight years ago. Strength training not only tones muscles, it reduces fat, speeds metabolism, increases endurance, improves posture, strengthens bones and cuts your risk of injury. And you're never too old or too out of shape to benefit. Tufts University completed a study; a group of post-menopausal women on a twice-weekly, strength-training routine performed at levels comparable to women 15 to 20 years younger. They pumped up their muscle power 35% to 76% and, as a result, burned 442 more calories each week while at rest.

To fight the signs of aging, you can re-

place lost muscle by strength training. Each decade, the average man loses about 7 pounds of muscle and the average woman about 5 pounds of muscle. Studies show that 2 to 3 months of strength training can replace 3 pounds of muscle. By lifting weights, you also counter your body's natural metabolic decline of 2% to 5% each decade.

Personalized Fitness, with over 20 certified trainers, is dedicated to assist you with your strength program. In the convenience of your home or at one of our two studios, **Personalized Fitness** would like to offer you a complimentary fitness assessment to help you get started.

Please call **Personalized Fitness** at 847-277-7746 today!

Adult Orthodontics— The Best Smile for Your Best Years

by Drs. Michael Hayward & Robert Skopek

A pleasing smile is great to have no matter what your age or lifestyle, and orthodontic treatment is always a change for the better regardless of your age. Unlike the clothes, shoes or haircut you buy to improve your appearance, a new smile will last for the rest of your life. After all, braces are not just for children.

Although the importance of a nice smile should never be underestimated, the orthodontic specialist has another equally significant treatment goal—to improve the health of your teeth and gums. Crowded teeth are hard to clean and maintain. This, in time, may contribute to tooth decay, gum disease and eventual tooth loss. Poor bites can also result in abnormal wear of tooth surfaces, difficulty in chewing and damage to supporting bone and gum tissue. When left untreated, many orthodontic problems and subsequent dental problems can become much worse.

The decision for an adult to have their



Dr. Michael
Hayward



Dr. Robert
Skopek

teeth straightened is a major one. Once you decide to proceed with treatment, choosing a provider is very important since the changes made to your smile and face will last a lifetime. **Drs. Michael Hayward** and **Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington, 847-382-5588, and Palatine, 847-359-7980.

Men, Women and Midlife by Judy Kaplan, MS

My practice and my personal life have been an interesting education on the transitions that befall us during those special years between age 45 and 55 years old. It seems that up until about 40 to 45, we devote our lives to a particular path, passionately moving in the direction that appears to be what we want. Then, suddenly, as if from out of the blue, a question settles upon us in one of the following forms... "Am I really happy?" or "Is this all there is?" or "Is this who I want to spend the rest of my life with?" or "Why am I so tired of doing such and such?" The question begins to plague us, follow us around and invade our thoughts at the oddest times. Life then often becomes complicated—affecting our performance, our health, our relationships, our careers and our families. We have begun the "assessment" stage of our life, which is the essential task of midlife.

For men and women, the psychological process plays out quite differently, even though both are similarly concerned with changes in their physical makeup. Men who "burn out" in their careers or become tired, bored or threatened with loss of job or even face retirement, will suffer

tremendously by the shift in their identity. Over the years, men frequently relate their primary identity to their work, therefore, the impact of change in the work arena can deeply affect self-esteem, life at home and relationships. I will hear men say, "I want to feel young again" or "I'd like one more shot at making a success" in reaction to the "identity trauma."

Women, on the other hand, are generally shifting from the high demands of motherhood to the letting-go process. Those with children, both career women and homemakers, will experience the decline in "need" by the family. The focus "on others," being husbands, children and community, is diminishing and moving more toward an inward focus. This often triggers guilt at feeling somewhat "selfish" and unappreciative of the "good life" they seem to be overlooking. Depression is a frequent outcome during this time. Upon reaching the "empty nest" stage and resolving some of those feelings of loss—of children, being needed, being desired—women will find new energy to do some of the things they haven't had time for. It becomes a time for "new beginnings" and new hopes and aspirations.

FIRM UP YOUR BODY

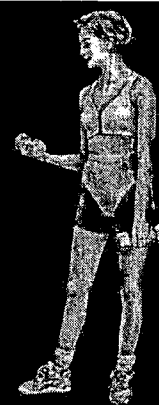


- Personal Training & Massage Therapy
- Cycling (Spin) Classes
- In-Studio/In-Home • Convenient Hours
- Catering to All Ages • Certified Trainers

PERSONALIZED FITNESS

Barrington
118 W. Main St.
(847) 277-7746

Palatine
395 W. Northwest Hwy.
(847) 358-5688



Orthodontics

For
Children
&
Adults

Orthodontics is more than straightening teeth. It's also artistry. Artistry that requires superior quality.

Our pursuit to provide this quality is driven by our desire, motivation and skill to meet your needs.

We're health care professionals who create beautiful smiles.

Michael D. Hayward, DDS

Robert J. Skopek, DDS

600 N. North Ct., Suite 220
Palatine, IL 60067
847-359-7980

133 Park Avenue
Barrington, IL 60010
847-382-5588

Judy Kaplan, MS

Individual, Marital & Family Therapy
Psychoeducational Training

Associate Member of The American Association of Marital & Family Therapists
Graduate degrees from Northwestern University & The Family Institute



If your family is in crisis... **Counseling may help.**

My specialty is helping people through difficult times...

- | | |
|---|---|
| <input checked="" type="checkbox"/> assessing the problem | <input checked="" type="checkbox"/> collaborating on solutions |
| <input checked="" type="checkbox"/> lending clarity to the problem | <input checked="" type="checkbox"/> establishing goals |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
| <input checked="" type="checkbox"/> offering support & objectivity | <input checked="" type="checkbox"/> consulting with schools or others |

Occasionally we all need a little help.

525 W. Old NW Hwy., Suite 202A • Barrington, IL

(847) 842-9365

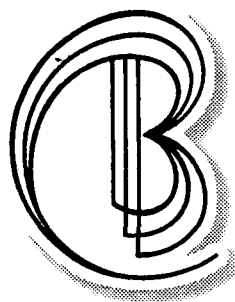
Parenting Group for Parents of Preschoolers

Barrington Youth Services (BYS) is holding a parenting group especially for parents of preschoolers. This is a unique opportunity for parents to discuss early childhood parenting issues and learn effective parenting techniques. The group will follow the STEP (Systematic Training for Effective Parenting) teaching method. The group will be held at BYS, 110 S.

Hager St. in Barrington from 7 to 8:30 PM on Mondays beginning March 1 through April 19, 1999. The cost of this class is \$50 per person and \$60 per couple. There is also a \$15.95 book fee. Liz Larsen, a social worker at BYS, will facilitate the group. For additional information or to register for the class, please call Barrington Youth Services at 381-0345.

It is interesting how the passages of men and women differ in this transition phase. Therefore, it is not surprising that many couples experience severely conflicting needs in midlife. Individual needs

for growth, change and adaptability to forced change all coincide in midlife. If these issues resemble anything you may be struggling with, perhaps I can help. Call me at 847-842-9365.



Concorde Banquets

Join the Easter Bunny
for

EASTER SUNDAY CHAMPAGNE BRUNCH

April 4, 1999—10:30 a.m. to 2:00 p.m.

LAVISH BRUNCH BUFFET including EUROPEAN PASTRY TABLE

Complimentary Picture Taken with
the Easter Bunny



For Information
and Reservations
Please Call
847-438-0025

20922 N. Rand Rd. (Rt. 12)
(West of Quentin Rd.)

Kildeer

Whetstone Announces Publication of 15th Anniversary Issue Dedicated to Barrington's "First Lady of the Arts"

Volume 15 of *Whetstone*, a literary journal sponsored by the Barrington Area Arts Council, is dedicated to the memory of Flora O. Bash, the founder of the Council and an early champion of the journal.

"Flo would have been proud of this issue," says Sandra Berris, founding editor. "It's unusual in the world of small press publishing to celebrate such a milestone. And we have a new cover design and a large issue full of wonderful stories and poems."

The editors awarded prizes to two of the short stories, Ann Joslin Williams' *The Man from Nothing* and Tom Gartner's *Monica Being Monica*. Williams, a Stegner Fellow in fiction at Stanford University, and Gartner are both San Francisco area residents.

The Man from Nothing, which won the \$500 Whetstone Prize for 1998, concerns a couple on a canoeing trip trying to come to terms with the death of their young son. Gartner's story, an offbeat tale about love in the 90's between co-workers in a restaurant, won the \$250 John McGrath Memorial Award.

"Both stories show an incredible sensitivity to the complexities of relationships," said co-editor Jean Tolle. "We feel they demonstrate the art of the short story at its finest."

Among the other pieces in this issue are stories by prize-winning author Drue Heinz, Barbara Croft and Lisa Beyer, both of Oak Park, poems by John Dickson of Evanston, Jim Littwin of Cary, Gary Anderson of East Dundee and Helen Reed of Crystal Lake.

Volume 15 also contains a poem by Vince Lombardo, a former Barrington High School teacher and Barrington resident who died in 1998, reprinted in his memory.

Whetstone, which has garnered 12 Illinois Arts Council Literary Awards for work in past issues, can be ordered by mail for \$8.50 each postpaid from the Barrington Area Arts Council, PO Box 1266, Barrington, IL, 60011. The magazine accepts manuscripts of original, unpublished short stories, poems, creative non-fiction and novel excerpts accompanied by an SASE. For information, call 847-382-5626.

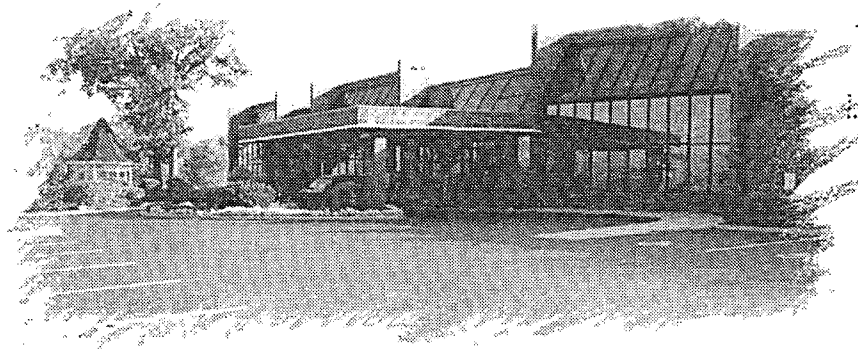
AARP Income Tax Assistance

BACOA will again be coordinating AARP Income Tax Assistance for low-to-medium income seniors beginning now on Wednesdays and continuing every week through April 14. The tax assistance

will be provided at the BACOA office, 301 East Main Street, Suite 111, Barrington, by appointment only.

For more information or to make an appointment, please call 847-381-5030.

Join the Easter Bunny for Easter Brunch

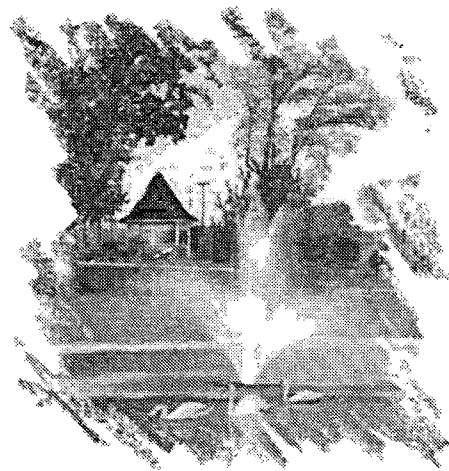


Concorde Banquets, surrounded by beautiful grounds and secluded from everyday intrusions, lets one escape into a world of elegance and fine banquet dining.

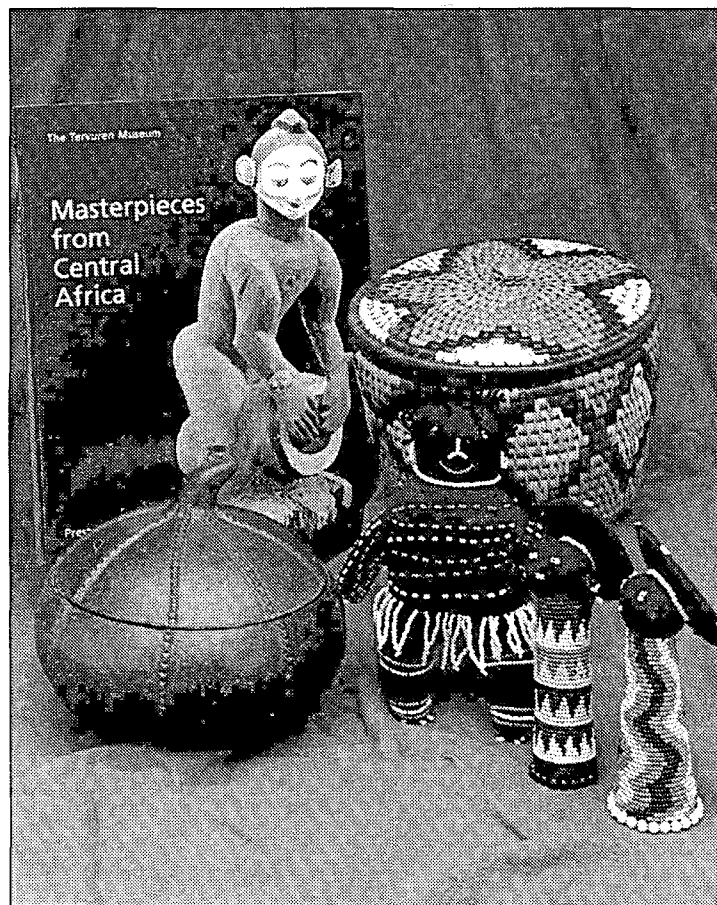
Concorde Banquets is the perfect place for your wedding reception, awards dinners or corporate breakfasts, luncheons or dinners. Facilities are available for groups of 25 to as many as 1,000 people. At **Concorde Banquets**, every occasion is special, no matter how large or small. Their expert staff takes pride in helping you plan your function with their personal touch. A variety of affordable and distinctive package plans are available. For more information and a personal meeting, please call 438-0025.

Concorde Banquets is located one

mile north of Lake-Cook Road on Rand Road just west of Quentin Road in Kildeer.



Central African Art



Currently featured at The Museum Shop of the Art Institute of Chicago are products available in conjunction with the exhibition entitled *Masterpieces from Central Africa: Selections from the Belgian Royal Museum for Central Africa, Tervuren*, on view now through March 14, 1999.

The exhibition catalogue, entitled *The Tervuren Museum: Masterpieces from*

Central Africa, is published by Prestel Verlag and sells for \$39.95 in softcover or \$65 for hardcover. A traditional Zulu basket, in natural browns and beiges, sells for \$48. Earthenware pottery featuring traditional village designs sells for \$60. Dolls, reflecting the African interest in figural representation, are available in a variety of sizes and prices; examples shown sell from \$18 to \$20.



Getting Married? Consider Pret-A-Poser Photography

Mark Sojdehee has been a professional photographer for over 14 years. His work has been published in *Chicago Wedding Magazine*, *Good House Keeping* and *Decorating*, *Glass America*, *International Library of Photography* and many more sources.

His experience as a wedding and por-

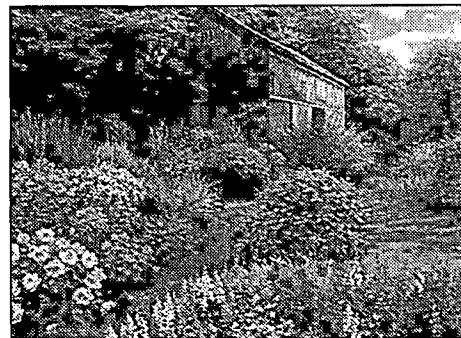
trait photographer adds depth and versatility to his overall experience in the industry. His style and professional attitude is certain to make the most important day of your life—your wedding day—a much less stressful experience. Give Mark a call to discuss the many available options at 847-382-2211.

Fresh Colors for Spring

Spring is just around the corner and it is time to change to fresh colors in your home's decor. **Art and Frame Galerie**, the area's premier frame shop and art gallery, is celebrating its 13th Anniversary by offering a diverse range of quality artwork to suit all tastes.

Gallery specialties include original works from the Midwest's finest artists as well as lithographs, posters, sculptures and wall accents. Chicago memorabilia, golf and unique collectibles are among the wide variety of affordable items available at **Art and Frame Galerie**.

Terry Ingerson, gallery owner, emphasizes the importance of offering unique quality products at prices that equate to the best values in the northwest suburbs. Choose from over 2000 frame selections for the perfect custom frame. Enjoy artwork by Terry Redlin, Edna Hibell, Tom Lynch and



Ashland Grange by Henry Peeters

hundreds of other renowned artists.

For a solution to your wall decorating needs, stop at **Art and Frame Galerie** located at Route 22 and Rand Road in Lake Zurich, or call 540-8070. The shop is conveniently located behind the First Chicago Bank and next door to D & J Bistro.

Final Regulations Approved for Roth IRAs

by Sharon L. Keller, J.D., LLM

Happy Spring! This month brings the official close of another Chicago winter. I am looking forward to warm weather and sunny days. I have previously written about Roth IRA's and apologize for an additional article about them. However, on February 3, 1999, the IRS issued the final regulations relating to Roth IRAs. The final regulations are applicable to taxable years on or after January 1, 1998.

A Roth IRA is generally treated under the Internal Revenue Code like a traditional IRA with several significant exceptions. Similar to traditional IRAs, income on undistributed amounts are subject to specific limitations. Unlike traditional IRAs, contributions to Roth IRAs cannot be deducted from gross income, but qualified distributions from Roth IRAs are excludable from gross income. Listed below are some of the clarifications that came from the final regulations.

Q: What is a Roth IRA?

A: A Roth IRA is a new type of individual retirement plan that individuals can use beginning in 1998. Roth IRAs are treated like traditional IRAs except where the IRS has specified different treatment. For example, aggregate contributions (other than by a conversion or other rollover) to all an individual's Roth IRAs are not permitted to exceed \$2,000 for a taxable year.

Q: May a Roth IRA be established for the benefit of a minor child or anyone else who lacks the legal capacity to act on his or her own behalf?

A: Yes, a parent or guardian of a minor child may establish a Roth IRA on behalf of the minor child. However, in the case of any contribution to a Roth IRA estab-



lished for a minor child, the compensation of the child for the taxable year for which the contribution is made must satisfy the Code's compensation requirements, (IRS Code Section 408A(c)).

Q: Are contributions to education IRAs disregarded for purposes of applying the limitation on regular contributions to Roth IRAs?

A: Yes.

Q: What types of contributions are permitted to be made to a Roth IRA?

A: There are two types of contributions, regular contributions and qualified rollover contributions.

Q: What is the maximum aggregate amount that an individual is eligible to contribute to a Roth IRA as a regular contribution for a taxable year?

A: The maximum aggregate amount that an individual is eligible to contribute to all his or her Roth IRAs as a regular contribution for a taxable year is \$2,000 or, if less, that individual's compensation for the year.

For Roth IRAs, the maximum amount described is phased out between certain

(Please continue on page 44)

*Pret-A-Poser
Photography*

Discover a perfect style
for wedding photography
and a super deal:

FREE NEGATIVES!
FREE PROOFS!

*Available Wedding Dates
are Limited, Call Now!*

847.382.2211



◆ FREE PROOF ALBUM WITH THIS AD ◆

20% Off Custom Framing

With This Ad
(Offer Exp. 4-15-99)

- Custom Framing
- Collectibles
- Sculpture
- Fine Art

*Art and Frame
Galerie, Ltd.*



Hummingbirds & Iris by Lena Y. Liu

**1st Bank Plaza
474 S. Rand Rd. & Rt. 22
Lake Zurich, IL 60047
(847) 540-8070**

SHARON L. KELLER & ASSOCIATES

Specializing in:

- Business Representation
- Estate Planning
- Family Law

**18-3 EAST DUNDEE ROAD
BARRINGTON, ILLINOIS**

**847-381-7522
FAX 381-7574**

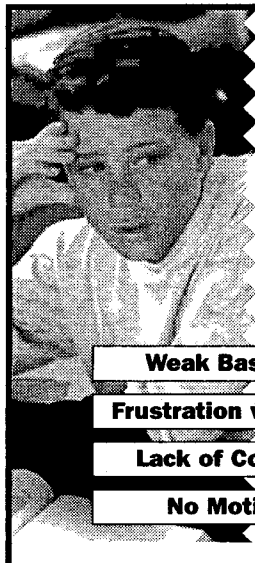
1999 Resolution Special — 10% off

Nu-diet Weight loss

- An Integration of Food & Fitness
- Comprehensive Evaluation
- Personalized Meal & Exercise Program Based on Your Own Unique Biochemistry
- 12 Life-Changing Weeks!!!

Call Now...
847-382-0800

Dr. Douglas Sandburg
509 Old Northwest Hwy.
Barrington, IL



Why Do Smart Kids Struggle?

Your child may need help with weak study skills or poor reading or math skills. He or she may be unmotivated or lack confidence, despite a good I.Q.

Our certified teachers help children overcome frustration and failure. A few hours a week can help gain the Educational Edge.

Individual testing and tutoring in Reading, Study Skills, Writing, Phonics, Spelling, Math and SAT/ACT prep.

Weak Basic Skills

Frustration with School

Lack of Confidence

No Motivation

382-3655

722 W. Northwest Hwy.
Barrington



THE HUNTINGTON LEARNING CENTER®
Your child can learn.

Comic Social Commentator and Author David Sedaris to Lecture at Harper College

David Sedaris, bestselling author and comic social commentator on National Public Radio's Morning Edition, will present a lecture called "Shouts and Murmurs from the Author." The lecture will be on Tuesday, March 23 at 7:30 PM at Harper College in the Theatre of the Business and Social Science Center, J143, 1200 W. Algonquin Road in Palatine.

Described by one writer as "a manic cross between Mark Leyner, Fran Lebowitz and the National Enquirer," Sedaris has written *Barrel Fever* and *Naked*. He also authored a collection of Christmas related stories entitled *Holiday on Ice*. *Barrel Fever*, which one critic likened to "a blind date with modern life," was selected as one of the Village Voice Literary Supplement's Favorite Books of the Year.

Sedaris made his comic debut on NPR on December 23, 1993, when he recounted his strange, but true, experiences of being a Macy's Christmas elf named Crumpet. "I wear green velvet knickers, a forest green velvet smock and a perky little hat decorated with spangles. This is my work uniform," read Sedaris. He goes on to tell about the Macy's Santa who asked the former School of the Art Institute of Chicago student to lead some children in a Christmas carol. Sedaris, without batting an eye, began mimicking

Billie Holiday in a rendition of *Away in a Manager*. The Santa asked him to stop singing.

Reading from his Santaland Diaries, Sedaris talks about "elf training" by veteran Macy elves, who were "so on-stage and goofy that it made me a little sick to my stomach."

Critics say Sedaris combines the sweet with the bitter, the naive with the jaded. Once he talked about the pleasures of New York's Central Park Zoo, but noticed that it was filled with divorced parents who use the animals to criticize their former spouses. "Look at how she's pecking at him with her colorful beak. That must hurt."

Sedaris' essays appear regularly in *The New Yorker* and other publications. He often collaborates with his sister, Amy Sedaris, under the name "The Talent Family." They have written several plays together that have been produced at La Mama and at Lincoln Center in New York City. Sedaris' original radio pieces can often be heard on public radio's "This American Life."

Tickets for his Harper College appearance are \$7 for general admission with discounts for Harper and other students and senior citizens. For tickets and information, call 847-925-6100. Check out the Harper Web site at www.harper.cc.il.us.

Nu-trition Diet Helps Burn Fat

The Nu-trition Diet is unique. It is an integration of food and fitness. We will discover which foods are your body's optimal fuels. The Nu-Diet helps you regain your awareness about the kinds of food you should eat to be fit and healthy. It is designed to increase your metabolism and improve your fat-burning ability. It is easy, tasty and hunger free.

Low-Fat Can Make You Fat

As consumers, we tend to be fooled by clever advertising in thinking that no fat means healthy. Today's school of thought on low-fat, high-carbohydrate diets is quickly changing, as people begin to realize that even with exercise they are not losing body fat. Since most carbohydrates contain little or no fat, you may not think that carbohydrates can add to your fat stores. Yet, at least 40% of the carbohydrates you eat are stored as fat.

The key of the Nu-Diet is to use more stored body fat for energy, to become leaner and to have more energy. You can control what fuel your body burns through diet and easy exercise.

Natural fats are one of the most beneficial substances in our diet. Fat is often the missing ingredient in maintaining good health.

You are eating too many carbohydrates if you cannot go approximately four hours without eating at work or home. Common symptoms of excess carbohydrates include sleepiness after eating, craving for sweets, hunger within two hours of a high-carbohydrate meal and the need to snack all day.

The Nu-trition diet is based on unprocessed food, enzymes and exercise. This ensures that your body will burn fat. A physician will determine your nutritional and exercise requirements and provide a personalized program based on your needs. One primary focus is identifying and removing the foods to which you are intolerant. This test, given at the onset, will also discover under active thyroid or adrenals that may be contributing to your slow metabolism.

Each program contains a personalized meal and exercise program. You will receive one-on-one coaching for twelve consecutive weeks. Every three weeks you will be tested and measured for health and fitness gains.

Don't let the low-fat myth fool you. Call **Dr. Douglas Sandburg** today by phoning **847-382-0800** and find out how the **Nu-trition Diet** can help you burn fat.

Parental Involvement

According to president and co-founder of **Huntington Learning Center**, Dr. Raymond Huntington, "The informal learning that takes place in the family is not just a prelude to formal education. It is a powerful prerequisite for success from the primary grades onward. At **Huntington Learning Centers** across the country, our specially trained staff schedule ongoing conferences with parents as a critical part of our students' individualized learning programs. As advocates of the child, we encourage parental involvement and we emphasize its value to the child's success in school."

More parents are turning to learning centers to give their child an educational edge. Increasingly, they see it as an investment in their child's future success and earning power.

However, Dr. Huntington warns that a learning center does not replace parental involvement. He points out that a child's

attendance at a **Huntington Learning Center** is an adjunct to the time spent together as a family. In his capacity as the child's advocate, he offers the following advice to parents:

- Join the school's Parent-Teacher Organization.
- Discuss your child's progress with teachers.
- Help your school set challenging academic standards.
- Limit your child's TV viewing, especially on school nights.
- Set a good example by reading for pleasure and limiting your own TV viewing.
- Become an advocate for better education in your community and state.
- Insist on high standards of behavior for your children.

For information, or to discuss a specific problem, call the **Huntington Learning Center** in Barrington at **847-382-3655**.

Gustave Moreau

(Continued from page 28)

and the Sphinx (1864), from The Metropolitan Museum of Art, and the Art Institute's *Hercules and the Lernaean Hydra* (1869-76)—are the centerpieces of two dossiers within the exhibition. *Oedipus and the Sphinx* established Moreau's artistic reputation when it caused a sensation at the Salon of 1864, earning the artist his first medal at the academy. The large-scale painting treats Moreau's perennial theme of the epic confrontation of good and evil, man and woman, and enlightenment and chaos. The section places the work in context with more than 20 preparatory drawings and watercolors, as well as several caricatures after the picture, revealing Moreau's development of the composition and the public's reaction to the painting.

Possibly Moreau's most carefully conceived painting, *Hercules and the Lernaean Hydra*, exhibited at the Salon of 1876, is the focus of a dossier that will offer the most thorough examination ever presented of the artist's working methods. With more than 50 works, including paintings, watercolors and drawings, the Hercules section traces the artist's complicated design process, which involved life studies of models, compositional studies, drawings of snakes from life and scientific texts, tracings and cartoons.

Organized in commemoration of the centennial of Moreau's death, *Gustave Moreau: Between Epic and Dream* presents as complete a picture of the artist as has ever been attempted.

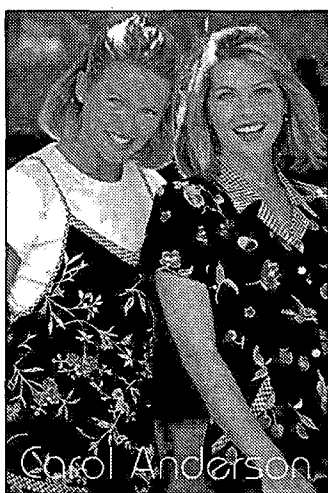
Lucy & Ethel's Celebrates the Oscars

Beginning March 1, **Lucy & Ethel's**, that "unique boutique" in Long Grove, will host the second annual customer participation event celebrating The Academy Awards.

Shoppers will cast their votes for this year's nominees. Winning ballots will be eligible for a drawing of their choice from eight lifesize Hollywood movie star images on March 22. There will also be a grand "movie surprise" award to one lucky winner.

Come visit **Lucy & Ethel's** and mingle with the "stars" while you browse the wardrobe department's new spring collections. Nominations this year go to Carol Anderson, Tommy Bahama and our new Robert Scott collections.

The balcony is open seven days a week... see you at the movies!



All Day Preschool

Barrington Community Child Care Center is a private center serving children six weeks to six years. This neat-as-a-pin facility is 5,300 square feet featuring oversized classrooms with lots of natural light and an environment designed to meet the needs of young children. The facility is also equipped with a large outdoor playground.

Maximum security and safety are very important. The Center has an entry system that allows authorized people to enter the facility through a locked door from the building's vestibule. Sprinklers are installed throughout and smoke detectors are in each classroom, restroom and closet.

The curriculum for the Center is theme oriented and age appropriate to each group of children. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the environment. The

amenities that are offered are many: "Computer Tots" classes are available as well as "Kids in Action" gymnastics class. Haircuts, by a Barrington salon owner, are offered every six weeks. There is daily communication between teachers and parents, catered lunches, nutritious snacks and flexible scheduling is available. Our staff is highly qualified and continue their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

No appointment is necessary to tour the **Barrington Community Child Care Center**. Registration is now being accepted for all age groups. They are conveniently located at 560 Carl Avenue in Barrington (one block west of Burger King off Northwest Highway).

Barrington Community Child Care Center is celebrating its 5th year in the community.

Treating Headaches Naturally

by Carole Childers, C.N., L.N.C., All Ways Healthy

As many as 50 million Americans suffer from headaches. Chances are, you experience at least one per year—95% of women and 90% of men do. Headaches come in many forms and have a variety of causes. Often a sign of physical or psychological overload, headaches are one of the body's most powerful warning signals.

Headaches differ according to how and where the pain occurs. Some of the types of headaches include tension, cluster, simple, combination and migraine. Migraines are especially intense and are often accompanied by nausea and impaired vision.

A headache may be a symptom of stress, caffeine withdrawal, allergies, certain infectious diseases or the result of too much alcohol. A common cause of headache is simply muscle tension in the head or neck. It may also be the result of constricted or expanded blood vessels as well as altered pressure in the head, which can occur when the weather changes.

Natural methods can often be as effective as traditional methods (standard medications) in preventing or relieving headache pain, without any possible side effects. Some of these methods include relaxation, exercise, massage and homeopathic remedies. In addition, it is helpful to abstain from smoking and alcohol. Headaches can sometimes be alleviated

by a cold compress; try moistening a cloth with cold water, put two drops of peppermint oil on it and apply to the painful area for about 15 minutes. Here are some other natural treatments to try:

- **Relax and Avoid Stimuli**—Create a soothing environment free of external stimuli such as light and noise. Make sure the room is well ventilated. Consciously try to relax, with the help of a relaxation technique such as yoga if needed.

- **Acupressure**—Use your thumb and index finger and press against the bridge of your nose at the corners of your eyes. Or rub the center of the fleshy webbing between your thumb and index finger.

- **A Soothing Footbath**—A footbath diverts the blood supply away from your head and to your feet. Bathe your feet in a basin of warm water (95 degrees) and add hot water at five-minute intervals until the water reaches 115 degrees. After soaking your feet for five minutes, pour in cold water until the temperature is lukewarm. Put on wool socks and lie down for about 20 minutes.

- **Herbal Remedies**—Talk with a natural care provider about taking herbal supplements to prevent headaches. Kava kava has been shown to relieve tension headaches while feverfew and ginkgo biloba have been used to prevent migraines.

If you're among the countless number

Lucy & Ethel's
A UNIQUE BOUTIQUE

Celebrate the **Academy Awards**
at **Lucy & Ethel's**

Cast your vote for **Best Picture, Actor and Actress**, and you too can be a winner!

325 Old McHenry Rd.
Open 7 Days Year Round

Long Grove, IL
847-478-1932



Barrington Community Child Care Center

"Celebrating Our 6th Anniversary"

Openings Available
for Children 6 Weeks - 6 Years.

Applications Now
Being Accepted.

Hours: 7am - 6:30pm

560 Carl Avenue

(1 blk. west of Burger King
off Northwest Hwy.)

381-0272

Barrington



SAVE 10%

ON ANY PURCHASE
WITH THIS
COUPON ONLY*

Come In and See Us and
Get in Shape
All Ways Healthy

Lakeview Plaza
123 S. Rand Rd.
Lake Zurich, IL
438-9200

Natural Foods Center
Certified Nutritionist Available

Coupon not good with any other offer.
Offer expires March 31, 1999.

Senior Activity and Lunch Program

Join The Barrington Area Council on Aging, Inc. (BACOA) at Langendorf Park at 12:30 PM for these activities in March.

On Monday, March 15, wear your shamrock and come to the BACOA Saint Patrick's Day celebration for Barrington area seniors. A catered Irish luncheon (served at noon) and entertainment by Whitey O'Day and his accordion will be offered for \$5 per person. This is no blarney! Join the fun and enjoy a medley of Irish tunes and other songs that will keep

you humming. Make reservations by Friday, March 5 at 381-5030.

On Monday, March 29, BACOA will present "Scents and Sights of Spring." Aromatherapist Cathy Bargaenquast will conduct an educational workshop on enhancing wellness by finding scents unique to each individual to calm, balance and rejuvenate body, mind and spirit. This is the time to leave the stress of winter behind and move forward to healthy alternatives for daily living.



of people who experience headache pain, recognize that you don't have to just live

with it. You have options that are safe and effective.

New Perspective



Limited Space Left!

Special care homes for individuals with Alzheimer's disease



Individualized custom care and activities programming

- A full day of activity programming
- Home cooked meals and family-style dining
- Family education and support



24-hour staff with training and experience in dementia care

- RNs and LPNs on staff
- State licensed
- Innovative leader in Alzheimer's & dementia care



Three home-like cottages spread over 5 acres of attractively landscaped grounds

- Outdoor grounds, patios, and individual cottages are secured to give residents both a sense of safety and freedom to enjoy an active lifestyle

For more information, contact us today at:

New Perspective

760 McHenry Road • Wheeling, IL 60090 • 847-465-1100
Located 1/2 mile south of Lake-Cook Road on McHenry Road

Physical Design Critical to Alzheimer's Care

The early stages of Alzheimer's disease can be characterized by memory loss, nervousness, and depression, but the impact of the disease is truly felt when a loved one fails to recognize friends and relatives or cannot perform ordinary tasks.

Many individuals and families turn to long-term institutional care at this stage. However, experts have questioned the suitability of a nursing home's design for those persons with dementia. With nursing homes, several factors are known to aggravate the disease and induce disorientation, including noise levels and the lack of visual cues among others. A building layout can increase the confusion people with Alzheimer's disease already experience.

A new trend in dementia care focuses on residential living, thus shifting the care away from the nursing home model. Located in Wheeling, **New Perspective, Inc.**, is one such innovator. Established in 1994, **New Perspective** is the first dementia-specific sheltered care facility in Illinois. Their mission is to offer persons with Alzheimer's and their fami-

lies a homelike setting and an alternative to traditional long-term care. **New Perspective's** uniqueness is in its physical design—three small, freestanding cottages.

Each cottage has only 16 residents, which encourages social interaction and makes it easier for residents to orient themselves. The short hallways have no dead ends, accommodate just 12 rooms, and are filled with pictures, quilts, and artwork done by the residents.

New Perspective designed the yard to encourage residents to safely enjoy the outdoors. A secured walking path joins the three houses so residents can stay active by taking a walk, joining in group activities at another cottage, or caring for a garden.

The residential design for Alzheimer's care maximizes independence, supervision, orientation, and functioning, which results in decreased anxiety and agitation for the resident as well as peace of mind for the family.

Call 847-465-1100.



Women in Chicago Architecture

A new exhibition on view at The Art Institute of Chicago through March 14, 1999, celebrates the contribution that women have made to the field of American architecture. "Women in Chicago Architecture" highlights the role of women in the shaping of the city of Chicago, with a focus on 12 projects undertaken by Chicago firms in which women are principals.

Historically, women's contributions to architecture have not been fully recognized, but today there are more women in the field than ever before. They work as architects, engineers, specifications writers, landscape architects, delineators and project managers. In the US, there are only 18 female administrators, deans or directors of schools of architecture. Two of these pioneering women, however, are working in Chicago at the University of Illinois at Chicago and Illinois Institute of Technology. Of all students enrolled in the architecture programs at IIT, UIC and the School of The Art Institute of Chicago, more than 30% are women. In recent years, four women have held the position of president of the Chicago Chapter of the American Institute of Architects. Although women have not yet gained full access to equal opportunities in architecture, significant progress has been made.

"Women in Chicago Architecture" is comprised of three parts. One and two are, respectively, a brief timeline tracing the history of women in American architecture from the mid-19th century forward; and a group of approximately 120 photos of contemporary US buildings that had

women participate in the design and/or construction phase. These aspects of the exhibition function as background to part three which emphasizes the nature of architecture as a team effort, with women playing various positions on the team—from spec writer to designer to delineator to engineer. The photos were freely submitted by women who had participated in any capacity of a given project.

Part three is made up of 12 showcased projects—ranging from a public library and a single-family house to a prison facility and an office building—representing a small but meaningful sample of buildings that have been undertaken by Chicago firms in which women are principals. Projects were chosen to both show current, quality work and illustrate a variety of building types. Architects included are: Ross Barney & Jankowsky Architects; BauerLatoza Studio; DLK Architects; Eva Maddox Associates; Mayer Jeffers Gillespie Architects; Maureen Reagan Architects, Ltd.; Design Architect; Roula Associates Architects; Rubio/Durham Architects; Langdon Associates; Searl and Associates; Tigerman McCurry Architects; and Urban Works, Ltd.

The house pictured was shown by Tigerman McCurry Architects: Margaret I. McCurry, Principal in Charge; Susan O'Brien, Project Manager; and Jenny Han, Project Assistant.

This country house, located on ten acres of wooded dune land on Michigan's Upper Peninsula, presented the architects with significant design challenges. The require-



McClintock Camp, Grand Marais, Michigan, Completed 1996.

ments for property on the undeveloped shore of Lake Michigan, dictated by the Department of Natural Resources, restricted the buildable site, forcing the reconfiguration and downsizing of the original design for the house. The site's new dimensions, only 65 feet at the widest point, led to a revised scheme that moved the kitchen and dining room to the rear and pushed the entry stair back.

The main level is dominated by the double-height "Great Room" that features a stone fireplace. An office alcove, a sunroom and the master bedroom also occupy this level. Two children's rooms and a bath are situated on the second level. Scissors trusses support the gabled roof and simulated fan trusses attached to

the underside complete the desired rustic effect. The use of forest green stain on the clapboard siding conforms to the mandate of the subdivision association's protective covenants, while recalling the more spartan camps of yesteryear.

A Chicago native and principal in the architectural firm of Tigerman McCurry, Margaret McCurry has 11 years of experience as senior interior architect and designer at Skidmore, Owings & Merrill and has been the head of her own practice since 1977. After her firm merged with Stanley Tigerman and Associates in 1982, Ms. McCurry has undertaken a wide diversity of projects—from large commercial buildings to numerous residential projects throughout the country.

The Learning Tree Center Now at a New Location

The Learning Tree Center has moved to its new location on Ela Road near McDonald's and the new Target store. The building, which overlooks a wetland nature area, was designed especially for young children. It has a home-like atmosphere and lots of low windows.

The Learning Tree Early Childhood School offers preschool classes for two, three or five-days per week for children of ages 2 through 6. Either morning or afternoon sessions are available as well as lunchtime enrichment classes. **The Learning Tree Daycare** offers full and part time care for children of working parents. Classes are available for children of ages 6 weeks through 5 years. A kindergarten and a before and after school program (the Discovery Club) are also

available. Special classes are offered in computers, art, dance, gymnastics and Spanish. A baby gym and mom & tot program will also be offered. The summer camp program will include outdoor activities as well as exciting field trips.

The Learning Tree began serving the area 25 years ago in Atonement Lutheran Church in Barrington and now is in its own new, beautiful facility. The building includes a multipurpose room for exercise, rain or shine, as well as a science curiosity corner. The educational curriculum aims at school readiness and includes fascinating themes and projects for the children. The goal of **The Learning Tree Center** is to provide a safe, educational and culturally rich environment to nurture young children.

Luncheon and Dance Fashion Show

Barrington High School's Orchestis Dance Company will host a Luncheon with Dance Fashion Show on Sunday, March 14, 1999 from 11:30 AM to 3:00 PM at the Concorde Banquet Facility, 20922 North Rand Road in Kildeer.

Members of the Barrington High School Orchestis Dance Company will model this year's latest spring fashions provided from stores in and around the Barrington area.

Tickets are \$25 and include lunch and the fashion show. Proceeds from this fundraiser will supplement future dance programming at Barrington High School, including guest artist stipends and performance budgets.

Reservations must be made by Wednesday, March 10, 1999.

For reservations or more information, please call Julie Salk at 842-3214.

"Gorgeous Grasses" for Green Thumbs

On Monday, March 15, The Green Thumbs Garden Club will present a program by Sharyn Herian entitled "Gorgeous Grasses."

Ms. Herian will show slides of the many native and ornamental grasses that are the rage in home landscaping. She will also explain how to best care for both the cool and warm weather grasses throughout the

season and provide plant lists of the hardiest varieties for our area. Ms. Herian is the owner of Foxwood Gardens, a landscape design and horticulture consulting firm. The meeting will be held on Monday, March 15 at the Barrington Area Library, 505 N. Northwest Highway at 12:30 PM. Guests interested in membership are welcome.

Pretty or Strong/Inexpensive or Costly?

by Raymond Kotz, DDS

Everyone wants to look great! There is tremendous media advertising pressure on us to achieve good looks at any cost. The dental field is no exception and it is not uncommon to see a dentist's judgment swayed by what materials the patient thinks they want.

Silver amalgams have been the most common filling in the past because their lower material cost and clinical ease of placement makes them less expensive. Amalgams are popular with insurance companies looking to improve their profits. However, amalgams turn nearly black with age and they are not strong enough to properly support your bite.

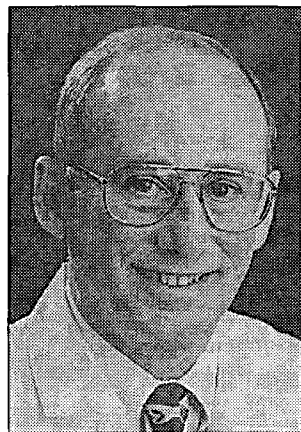
On the strong and long lasting side of the equation are gold restorations. But gold is difficult and time consuming to place, and there is a high laboratory fee for fabrication. Therefore, the patient's cost is relatively high compared to silver amalgam.

Insurance companies do anything to avoid paying for gold restorations; but from a functional and longevity standpoint, the results are worth it. Esthetics are a different story.

The "look" of a shiny gold tooth to-

wards the front of your mouth is probably not exactly what you want. New blends of porcelain, plastic and sometimes hidden metal substructures can give you the smile you desire. Better materials are available to us each year. Their popularity is growing—perhaps more than their longevity and strength. So be sure you discuss the strength, longevity and cost of the fillings with your dentist before you accept treatment.

For careful evaluation, see **Dr. Raymond Kotz** in Barrington at **847-381-4040**.



THE LEARNING TREE CENTER

735 Ela Road
Lake Zurich



REGISTER NOW FOR

◆ FALL PRESCHOOL ◆ FALL KINDERGARTEN
◆ SUMMER CAMP

◆ BABY GYM—MOM & TOT PROGRAM

DAYCARE Available Now

25% OFF Registration Fee with this Ad

Serving the Barrington/Lake Zurich Area for 25 Years

A NEW BUILDING

- ◆ OVERLOOKS WETLAND NATURE AREA
- ◆ MULTIPURPOSE ROOM—EXERCISE RAIN OR SHINE
- ◆ SCIENCE CURIOSITY CORNER

**The Learning Tree
Early Childhood School**

Preschool & Kindergarten Classes

Telephone 540-7333

**The Learning Tree
Daycare**

Ages 6 Weeks to 10 Years

Telephone 438-1945

Karen Logan, M.S. Early Childhood/Special Education, Owner

COMMITTED to the HIGHEST STANDARDS of ORAL HEALTH

Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

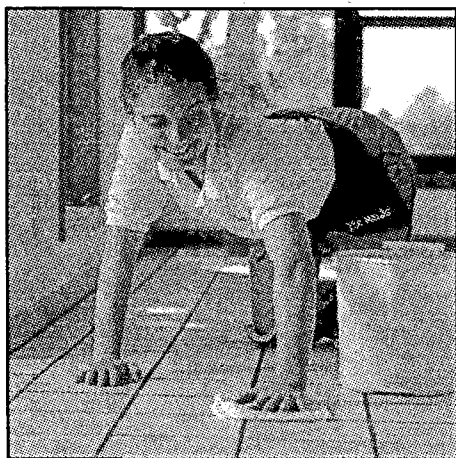
Raymond P. Kotz, DDS, PC

129 Park Avenue
Barrington, Illinois 60010
847-381-4040

GENERAL AND RECONSTRUCTIVE DENTISTRY



Spruce up for Spring!



Home improvements begin
with Spring cleaning!

America's Maid Service®
The Maids®

Got a list of Spring home improvement projects but don't know where to start? Start with the cleaning chores, and call THE MAIDS®! We'll tackle your toughest seasonal cleaning jobs to help you get a jump on Spring!

Our **Healthy Touch®** Service includes:

- | | |
|---|---------------------------------------|
| 1. Edge/Vacuum Carpeting | 12. Clean Bathroom Sinks & Counters |
| 2. Vacuum Stairs | 13. Clean & Disinfect Bathroom Floors |
| 3. Vacuum Upholstered Furniture | 14. Make Beds/Change Linens |
| 4. Dust Furniture | 15. Change Towels |
| 5. Vacuum Hard Surface Floors | 16. Wash/Wax Kitchen Floors |
| 6. Remove Cobwebs | 17. Clean Kitchen Sinks |
| 7. Dust Sills & Ledges | 18. Damp Wipe Cabinet Doors |
| 8. Dust Wall Hangings | 19. Clean Outside of Appliances |
| 9. Pick Up & Straighten | 20. Load Dishwasher |
| 10. Clean Entry & Patio Door Windows | 21. Wash Counters |
| 11. Clean & Disinfect Toilets, Tubs & Showers | 22. Remove Trash |

An Independent Franchise of THE MAIDS International



- Trained cleaning professionals
- Bonded
- Insured
- Employment taxes paid

Call for a **FREE** estimate:

847-368-1250



Whisk Your Spring Cleaning Chore Out the Door

The ritual of spring cleaning has melted since the age of wood and coal burning stoves. But nonetheless, the need for a thorough, deep cleaned house still courses through our veins each year. But who has the time or the energy after a grueling day at work to scrub floors, pumice hard water deposits and wipe down baseboards?

The Maids is your answer to spring cleaning. Owners Howard and Sharon Wagner take pride in the professionalism and workmanship their teams deliver to each home. **The Maids'** trained and uni-

formed, four-person cleaning teams will whisk your home into shape by following a rigorous 22-step Healthy Touch process. It's perfect for spring cleaning or for weekly maintenance cleaning. And, **The Maids'** 22-steps guarantee your satisfaction by being the most thorough cleaning system in the industry. In fact, **The Maids'** Healthy Touch cleaning system is so efficient, it leaves your home noticeably cleaner and healthier.

For more information or to set up a cleaning appointment, contact Howard or Sharon Wagner at **368-1250**.

Treasurer Topinka Announces Record Earnings for State

Illinois State Treasurer Judy Baar Topinka announced that in calendar year 1998, her office earned \$319,813,000 in interest from investments—a 15% increase over last year's record of \$278,580,995.

"The nation's strong economy and low inflation have allowed my office to continue to produce record returns despite decreases in interest rates," Topinka said. "Our program to safely invest state funds has returned more than \$1 billion over the past four years. This is a perfect time for the General Assembly to establish a 'rainy day' fund to protect taxpayers from an inevitable economic downturn."

The 1998 interest return was earned from the investment of a daily portfolio averaging about \$5.8 billion. The average rate of return was 5.46%.

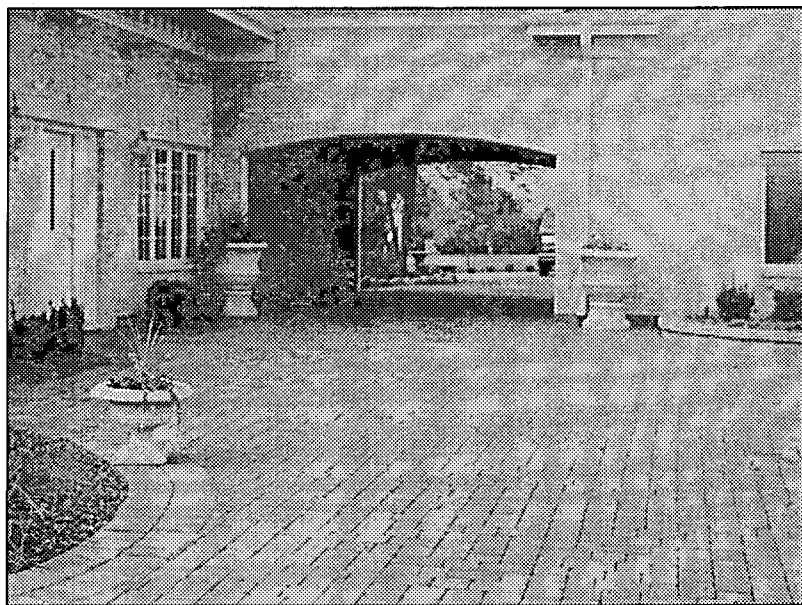
In addition to the state portfolio, Treas-

urer Topinka manages The Illinois Funds, a pool of funds from local units of government. The interest from those investments goes back to local units of government. In 1998, that fund returned \$155 million from its average daily balance of \$3 billion. The average rate of return was 5.32%. That amount is about \$29 million more than last year's record earnings for that fund.

The state portfolio is invested in such instruments as US Treasuries, time deposits in Illinois financial institutions, money market mutual funds, repurchase agreements and the highest grade of commercial paper.

The Illinois Funds invest in US Treasuries, time deposits in Illinois financial institutions, repurchase agreements and other US Treasury money market funds.

Spring of '99 Special— Drive on Elegance or Party in Style



Welcome to the endless possibilities available to you—the homeowner. Now you can create beautiful and functional extensions of your home by using brick, natural stone, or concrete modular wall units.

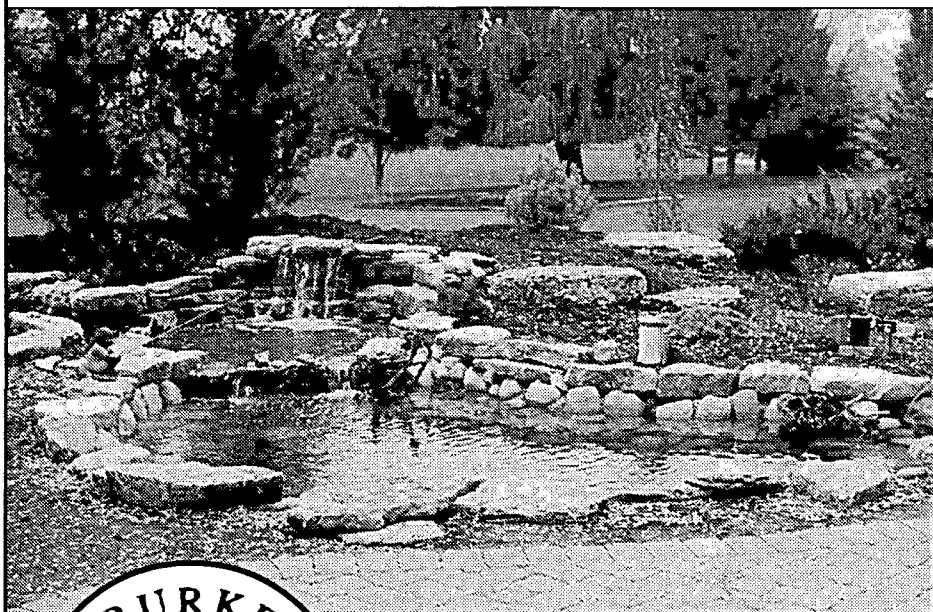
Your creation begins with an initial, on-site inspection and measurement of the work area. Our designer will show you pictures, listen to your ideas, answer any questions and offer any additional suggestions. The measurements are then used to compose a scale drawing which is presented to you along with a written proposal.

Burke Landscaping considers their work a craft and takes pride in every job no matter what size. To ensure your work will stand the test of time, we back it up with a **5 year guarantee**.

Our company is a fully insured and experienced **Hardscape** contractor, with 12 years experience specializing in interlocking brick pavers, custom stone work and many forms of retaining walls.

The next step is yours! Call us today at **847-381-6267** or **847-639-6258** to schedule your free estimate and consultation.

"Experts at Hardscapes"



Patrick Burke, Owner

(847) 381-6267

(847) 639-6258



it's time for SPRING HOME IMPROVEMENTS



Juggling Responsibilities in Working Families

Juggling is no longer an act; it's a way of life for working families. Caring for children or elder relatives is a lot of work. But fewer families have an adult available to respond to family needs on a full time basis. That family may be a dual income household or that of a single parent.

In America, 60% of all women are employed. In 1994, 65% of women with children between 3 and 5 years of age and 75% of those with children between the age of 6 and 18 were gainfully employed. About 10% of full-time workers are caregivers of elderly relatives. Quality child-care and elder care are difficult to find.

To address the many challenges facing working families, University of Illinois Extension is offering a quarterly newsletter to dual income or working single parent families. Articles are short and timely to fit

into the sometimes hectic schedules of working people. Topics include time saving tips and bits of information dealing with food, nutrition, health, family relationships, parenting, personal development, family finances, lawn care and gardening, consumer buying, public issues, time management and safety.

U of I Extension programs are research based, provide equal opportunity in programs and employment and strive to be unbiased and meet the needs of people locally.

If you are interested in receiving this free Working Families newsletter, please send your name, address, and phone number to McHenry County Extension Unit, PO Box 1430, Woodstock, IL 60098. You may also register for this newsletter by calling 815-338-3737.

K.D.A. Kitchen Distributors of America "for the Heart of Your Home"



K.D.A., 7107 Pingree Rd., Crystal Lake, can open up a whole new world of beauty and convenience for your new kitchen with Merillat cabinetry. Your kitchen is the heart of your home and everything you put in it should reflect warmth and timeless quality. That's just what you'll get with Merillat cabinets

from K.D.A.

Beautiful, meticulous construction, easy care features and plenty of storage space make Merillat a perfect fit with your life style. When it's time to remodel or build your new kitchen, choose the quality cabinetry of Merillat from K.D.A., (815) 477-4800.

Affordable EXCELLENCE PAINTING

- NEAT
- PROMPT
- INSURED

*Providing high quality
interior & exterior painting
& wallpaper removal*

**CALL PETER HOYT FOR AN ESTIMATE
(847) 382-3040**

Merillat Makes The Kitchen Of Your Dreams



Merillat
AMERICA'S CABINETMAKER™

If you've always wanted an attractive kitchen with lots of convenient storage space, look at cabinets and accessories from Merillat. Set your imagination free with the wide variety of styles and materials to choose from. And you can count on years of trouble-free performance with "standard" features like WhisperGlide® drawer and tray guide systems and easy-clean interiors. Create your ideal kitchen with Merillat — America's Cabinetmaker.

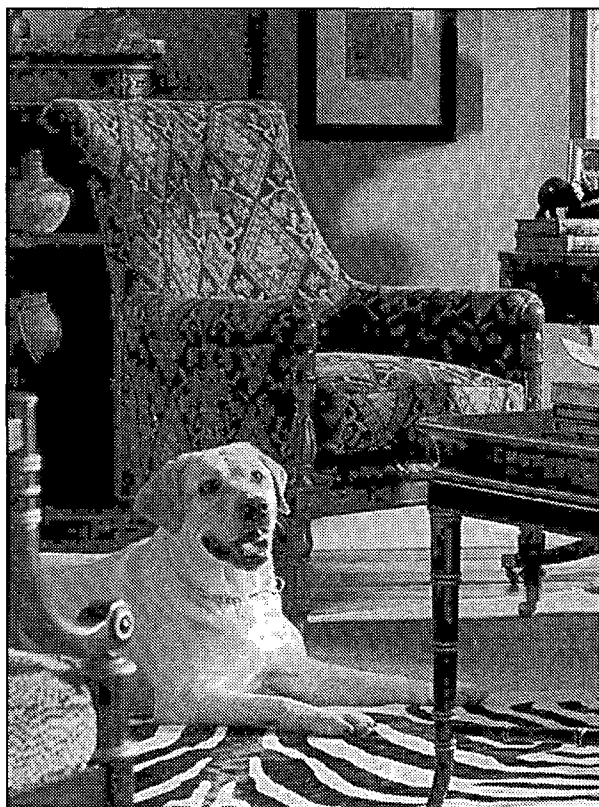
Kitchen Distributors of America, Inc.



7107 Pingree Rd., CRYSTAL LAKE, ILLINOIS 60014
(Rt. 14-Northwest Hwy.)
(815) 477-4800
FAX (815) 477-4830

HOURS:
MON. & THURS. 9:00-8:00 p.m.
TUES., WED., FRI. 9:00-6:00 p.m.
SAT. 9:00-4:00; SUN. 11:00-3:00

Red Oaks' Winter Sale



** Ends
March 31
Savings
up to
40% OFF
Selected
Upholstery
and Other
Fine Furniture*

847-634-3044

RED OAKS

10:00 - 5:00
Monday thru Saturday
Sunday 11:00 - 5:00
www.redoaks.com

340 Old McHenry Rd., Long Grove, IL

How to cultivate the long green.

If you want the most green (as in money) when you sell your home, you would be wise to pay attention to Mother Nature's green (as in trees, bushes and flowers). A lush and beautifully cared-for landscape flatters any home. It also promises privacy and the delights of gardening, outdoor dining, and snoozes in the fresh air. So plant ahead. Nurture. Trim. And weed. And feel free to call the garden-lovers among us for advice and resources. After all, green is one of our favorite colors.

We're the real estate professionals with the business expertise.

The new

COLDWELL BANKER

BARRINGTON OFFICE
330 E. Main St.
382-3600



Independently owned and operated by NRT Inc.



Red Oaks Welcomes Shelly Clark to Its Floral Design Staff



Red Oaks in Long Grove, Illinois, is pleased to welcome **Shelly Clark** to its floral design staff. Ms. Clark is a well-known local artisan who brings years of experience in creating distinctive floral designs to her new position. "The interior of any room is softened, made more livable, more inviting, with abundant lifelike greenery," said Clark. "The look of natural flowers and greens can complement any color scheme, no matter what the decorating style."

Prior to joining **Red Oaks**, Ms. Clark worked as a designer at Settings in Arlington Heights and at Silk and Things in Barrington. She possesses a strong background in teaching both professionals and amateurs the art of floral design. Ms. Clark

also enjoys working with clients on in-home projects to bring the beauty of plants into everyday living spaces.

Red Oaks floral department features a wide variety of flowers, greens and containers to suit many different styles—from the casualness of a garden basket filled with wildflowers to the formality of an elegant arrangement in brass or bronze. Using unexpected objects to hold a floral design can add to the fun of creating your own personal style. Ms. Clark is happy to work with your own container to create an arrangement that is unique to you. "Whatever the occasion or setting, a beautiful floral design adds elegance, grace and a sense of well-being," said Clark.



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office

The new **COLDWELL BANKER**

This month's column is on the color green...especially apropos when Chicagoland will celebrate the "wearing of the green" on St. Patrick's Day.

In the next few weeks, we will notice more and more green in our landscape with the approach of spring and the fading of winter. Thoughts of spring and the outdoors were brought home to me when Napoleon called to wish me a Happy St. Pat's Day and to ask about the importance of landscaping in the overall value of his home. Apparently, a neighbor is doing some major remodeling to his landscape that got him thinking and then calling.

"Napoleon, most homeowners update and beautify the inside of the home but forget completely about keeping moneys aside to do the outside spaces. There is a close relationship between the indoors and the outdoors. In fact, the outdoor space should be considered an extension of the indoor space as in an additional room. Both areas express the homeowner's personality. As Philip Gilbert Hamerton has

said, "The land belongs to its owners but the landscape belongs to him that beholds it; and we want it to be a pleasurable experience for the entire neighborhood."

Most landscapes are planned and developed solely for the purpose of creating a beautiful setting for the home. How does your landscape measure up? Is it exciting or does it have the case of the "blahs?" Does it add to or diminish from the value of your home?

Find out! Walk across the street and view your home as critically as you can. Look at all sides. Many homes have an attractive front view, but the side or back may be very displeasing. Many times, little more than a few plantings are all that is required to conceal an eyesore or unattractive area. Adding excitement to the exterior of the home immediately makes what's inside seem more valuable.

Your first steps toward a new or renovated landscape should be easy to do. Start with the front entrance. Dressing up

(Please continue on page 50)

Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

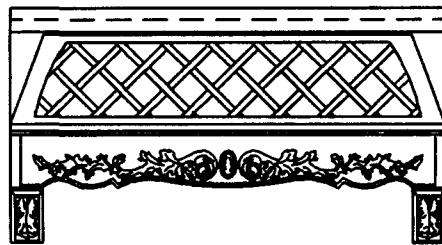
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian Colonial, French Chateau, Prairie School, Eclectic or any other style, our people have the background and experience to fit the kitchen



Scale = 1/2" = 1'-0"

Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**."

to your home.

Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

Come See Us

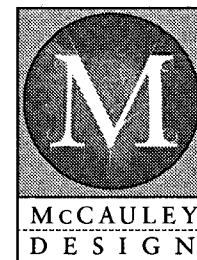
McCauley Design is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at 381-2742.



Each and every **McCauley Design** project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.

No two projects are ever the same.

Kitchens - Libraries
Entertainment Centers



220 S. Cook Street
Barrington
381-2742



"America's foremost
producer of high-end
custom kitchens."

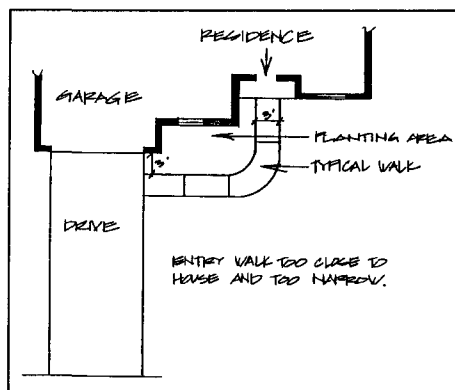
—Forbes Magazine

Your Personal Landscape— #1: The Entry Walk

Over the next several months, a series of home landscaping articles will be offered. The topics will include: The Entry Walk; Front Garden Planting; Screen Planting for the Front Garden; Outdoor Seating Surface; Plant to Compliment the Patio and with Privacy; and Plant Selection. All articles will be accompanied with design sketches to assist homeowners in understanding the basics of landscaping their own home or selecting a landscape architect.

The sequence of the articles is intended to give order to the thought process in which a homeowner would proceed in establishing the priorities for their individual needs.

The personality of your property is often determined by the setting of your home. It can be formal, informal, natural, private or recreational. When you consider the usage of your property, you will know the activities that will establish your first priorities. Although each home is dif-



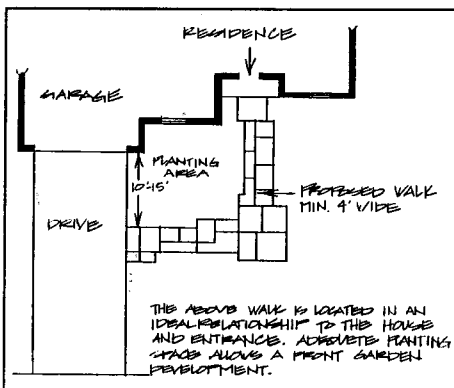
ferent, the composition of most homes will include the following components, and all must be considered to develop an attractive landscape:

- Front Entry Garden—public side of home
- Patio—outdoor living space side areas
- Private Areas—the best landscapes are private
- Background and Screening
- Activity and Play Areas
- Special Gardens

With most homeowners, the first priority is the front garden. We have saved our second article for that discussion and will focus only on the entrance walk, since this represents the primary element of the "Front Garden".

The entry walk sets the stage for the planting and how you and your guests perceive the entrance to your home. In most instances, very little thought is put

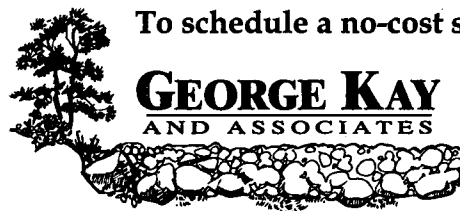
(Please continue on page 49)



LANDSCAPE DESIGN & CONSTRUCTION

When we look out of our windows, our view influences us immensely. Especially when we see a reflection of our own personal interests. We can help provide creative options for any of your landscaping needs, whether you are seeking a composition of plants selected and arranged for privacy; plantings that attract wildlife; a patio crafted to hold special gatherings; or a variety of plants providing interest throughout the year.

To schedule a no-cost site consultation, call 232-6890.



21 N. Sixth St. • Geneva
(630) 232-6890

FROM PAST.....



...TO PRESENT PAST



WITH A LITTLE HELP
FROM OUR FRIENDS

AT... **MARVIN**
WINDOWS & DOORS

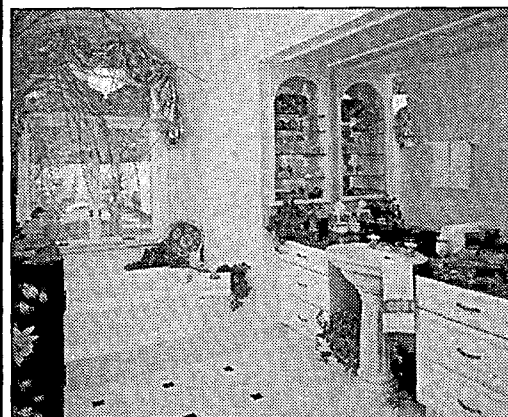
DELTA
RENOVATIONS inc.

professional remodeling contractors

(847) 277-1305

319 W. NW Hwy. • Barrington, IL

LET US DRAW YOUR BATH



- Large Exquisite Showroom
- In House Design Services
- Full Line of Custom Cabinetry for Any Room

CRYSTAL
a fine name in cabinetry

BARRINGTON
KITCHEN & BATH
STUDIO

319 W. Northwest Hwy. • Barrington
(847) 381-3084

SHOWROOM HOURS: MONDAY - FRIDAY 9:00 AM TO 5:00 PM, THURSDAY TILL 8:00 PM
SATURDAY 10:00 AM TO 3:00 PM OR BY APPOINTMENT
APPOINTMENTS ARE SUGGESTED FOR DESIGN AND PLANNING CONSULTATIONS.

From One Great Year into Another...

According to the *Kitchen and Bath Business Magazine*, 1998 was a record year for the number of kitchen and bath remodeling jobs nationwide and 1999 is projected to bring 4.45 million kitchens and 7.11 million bathroom projects to a close as well.

Add this to the high quality designs, service and products the **Barrington Kitchen and Bath Studio** provides, and you can see why we are busier than ever and why we had to add another talented and experienced designer to our staff. We would like to welcome Kaye Hathaway to our team of professional designers. Kaye is a Certified Kitchen Designer with amazing creativity in her designs. She is a compliment to the finest staff of designers in the area.

Along with a new year also comes new trends. The year 1999 will continue to stay with more natural woods and rubbed-on

finishes rather than the painted finishes we have seen in years past. Adding different molding combinations and changing the heights and depths of the cabinets, to give each design a look all its own, will also remain a hot trend. Ceramic tile is a very popular material for flooring as well as backsplashes. The wide variety of slate and natural stone looks seem to be endless; they have more warmth and depth than the clean white or high gloss marble looks—looks that were common a few years ago.

With all there is to offer in this new year, **Barrington Kitchen and Bath Studio** would like to make your future project a thing of the past. Our showroom is a great place to view design ideas and get expert advice from our designers.

We are located at 319 West Northwest Highway in Barrington, or call us to set up an appointment at **847-381-3084**.

Humongous Used Book Sale

The Friends of the Barrington Area Library will hold their Humongous Used Book Sale on March 6 and 7. The Friends have been collecting books since the last sale in November and have quite a collection of used books to sell. There are books on every topic: nature and travel, diet and beauty, science and math, humor and music, art and history. There are books on parenting and books for young and not-so-young children. There is even an old

and rare category of books for sale. The proceeds from the sale will be used to purchase materials for the Barrington Area Library. The Humongous Used Book Sale will be from 9 AM to 5 PM on Saturday, March 6 and from 1 to 5 PM on Sunday, March 7 at the Barrington Area Library, 505 N. Northwest Highway. For more information about the book sale or membership in the Friends, call 847-382-1300, extension 897.



Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

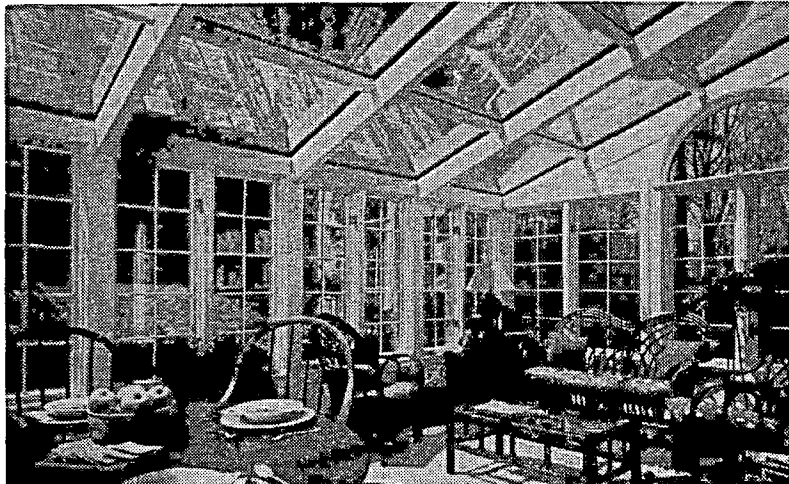
Closet Masters. Your Local Closet Professionals.

New Officers Installed to Lead Barrington Area Chamber of Commerce

The installation of new officers highlighted an evening gathering at Watercress Banquets on January 26. The gathering brought together nearly 200 Barrington Area Chamber of Commerce members for the annual Awards Night and Installation Dinner.

New officers are: Tom Werner (Harris Bank Barrington), chairman; Kathleen Madden (Strategic Partnerships, Inc.) and Lawrence Irwin (The Burton Group), vice chairs; and Richard Hammes (Hammes and Associates), treasurer. Carol Beese will continue as president of the organization.

An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations.

New MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

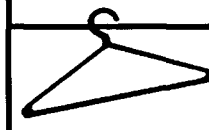
Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 277-9880.

CLOSET MASTERS

Cary

516-3772



Completely
Flexible
& Adjustable

save

20%

on the
purchase
of any
closet
design

(min. purchase \$300.00)
(not valid with any other offer)



FREE ESTIMATES

fast service/professional installation

WE'RE ON
THE INTERNET

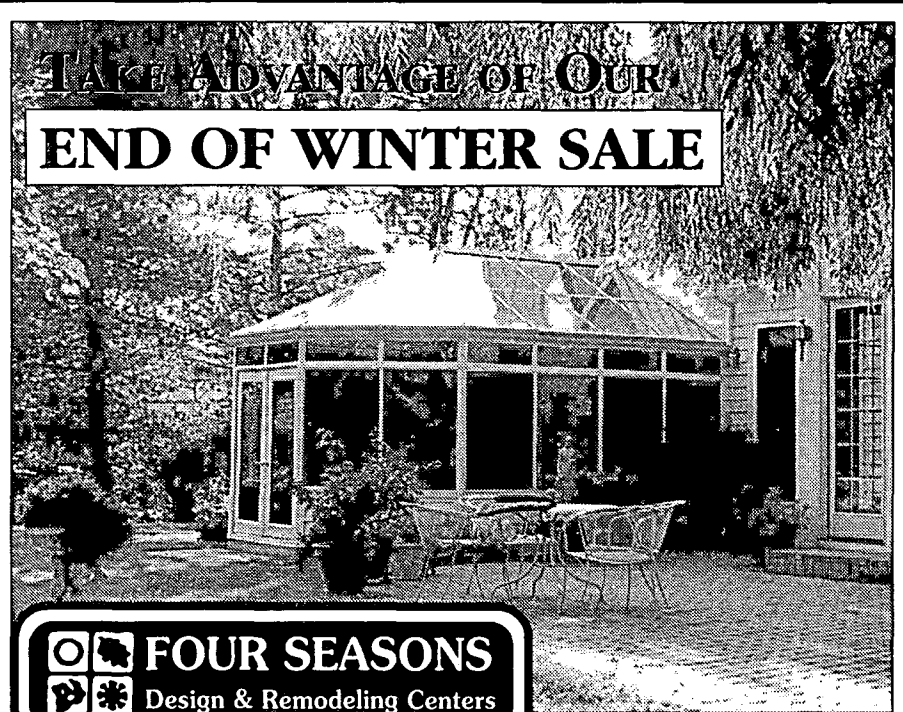
Your Local Closet Professionals

1-800-780-2022

See Us at Globeshop <http://www.globeshop.com>

Coupon must be presented at time of order. Limit one coupon per household.

TAKE ADVANTAGE OF OUR END OF WINTER SALE



FOUR SEASONS
Design & Remodeling Centers

Give your house a Fresh Look.
Bring Light, Air, Warmth & Space to your home with a
Four Seasons Sunroom Addition!

Armcor Design & Build

25625 E. Hwy. 22, Barrington, IL 60010

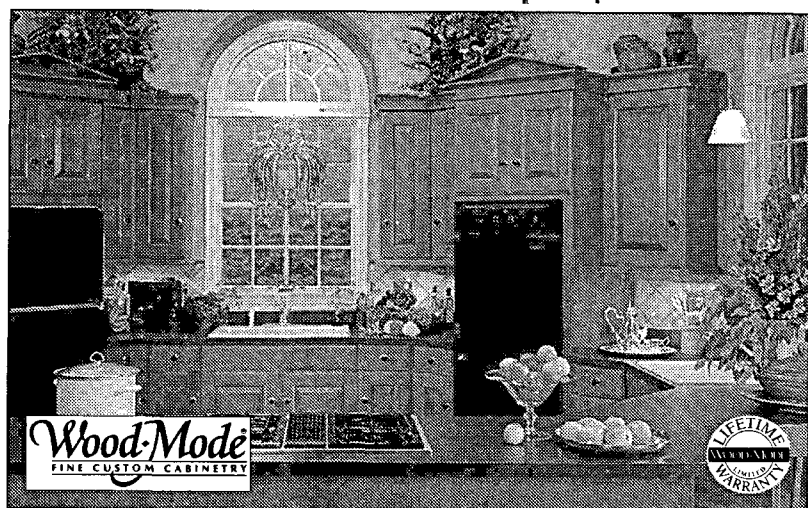
at the corner of Rt. 59 & Rt. 22 by the fire station

(847) 277-9880

Financing Plans Available

Free Consultation and Estimate

A KITCHEN DESIGNED FOR YOU



Capturing The 18th Century—Americans look back to their earliest roots on this continent with fondness, imagining the Colonial period as one of tranquillity, refinement and stability. Each year, restorations such as Williamsburg, Philadelphia, Independence Mall area and Sturbridge Village attract thousands of visitors who take home memories that spark countless home remodeling projects.

Wood-Mode's collection of authentically inspired door styles, based on actual designs from this period, makes it easy to simulate a Colonial atmosphere in the kitchen. Baseboards and crown mouldings, wainscot paneling and decorative hardware are available to further embellish the look. To capture the rich warmth of an antique patina, choose one of Wood-Mode's Cottage or Heirloom finishes. Whether used throughout the room or on just one accent piece, the look will be decidedly authentic.

Distinctive Kitchen Designs, Inc.

201-A S. Main Street, Wauconda, IL 60084
(847) 526-7822 Monday-Friday 9:30-5, Saturday 9:30-1

Who is Your Kitchen Designer?

It is our pleasure to announce that the owner of **Distinctive Kitchen Designs, Inc.**, Star Norini-Johnson, CKD, ASID was retained as an instructor last semester at Harper College in Palatine. She taught a Kitchen and Bath Design Class (offered by the Interior Design Department) and will repeat in that capacity in 1999.

Star's qualifications are impressive! She has a degree in interior design from Harper and is a Certified Kitchen Designer (CKD) as designated by the National Kitchen and Bath Association (NKBA). She served the NKBA for two years as Vice President of Society and Education for the Chicago Midwest Chapter. Star is also a professional member of the American Society of Interior Design (ASID) and is a Registered Interior Designer with the State of Illinois Department of Professional Registration. The interior design background and the specialty in kitchen design merge very effectively.

Star has worked with 18 different cabinetry lines during the past 15 years. She combines technical knowledge of cabinetry products, cabinetry design expertise and a designer's viewpoint as it relates to style and balance. And, she understands how the Kitchen and Bath Industry works. And don't forget the knowledge of the practical use of the kitchen that can only be obtained through spending years in the kitchen as a wife and mother.

Here we have all the ingredients needed to provide competent, professional design



Star Norini-Johnson, CKD, ASID

for your new kitchen or any room in your house. Harper College is very fortunate to have Star Norini-Johnson, CKD, ASID on its staff of instructors. Equally fortunate are the students that will learn from Star's experience and expertise.

Even more fortunate are those who come to **Distinctive Kitchen Designs, Inc.** for incomparable design services and fine custom cabinetry.

You are always welcome to visit **Distinctive Kitchen Designs, Inc.** at 201-A South Main Street in Wauconda or to call 847-526-7822. The showroom hours are Monday through Friday from 9:30 AM-5:00 PM, Saturday from 9:30 AM-1:00 PM and evenings by appointment.

First Chicago Matches Donation to Rebuild Church



Standing in front of what remains of Barrington United Methodist Church, James Wilson, pastor, receives a check for \$5,000 from Kathy Weidner, a vice president of the First National Bank of Chicago's Barrington branch. First Chicago established a fund and agreed to match donations up to \$5,000 to assist in the rebuilding of United Methodist Church after it was severely damaged by fire on October 28.

The First National Bank of Chicago contributed \$5,000 to help the Barrington community in its efforts to rebuild the Barrington United Methodist Church.

First Chicago set up the special fund after the church was destroyed by fire on October 28. They offered to match donations up to \$5,000. More than \$18,500 has been donated to the fund at First Chicago so far.

"The response from the public has been remarkable," said Kathy Weidner, a vice

president with First Chicago's Barrington branch. "We are happy to take part in this important goal of supporting the community as it strives to rebuild the United Methodist Church."

Contributions to the church's rebuilding fund are still being accepted. They can be sent to Barrington United Methodist Church Fire Fund, c/o First Chicago, 120 S. Hough Ave. in Barrington, IL, 60010. For more information, contact Weidner or Mary White at 347-842-0160.

Final Regulations Approved for Roth IRAs

(Continued from page 33)

levels of modified Adjusted Gross Income (AGI). For an individual who is not married, the dollar amount is phased out ratably between modified AGI of \$95,000 and \$110,000, for a married individual filing a joint return, between modified AGI of \$150,000 and \$160,000 and for a married individual filing separately, between modified AGI of \$0 and \$10,000.

Q: On a conversion of a regular IRA to a Roth IRA, what happens to the 4 year spread of payment of income taxes in the event of a divorce?

A: A change in filing status or a divorce does not affect the application of the 4 year spread for 1998 conversions.

Q: What happens to the 4 year spread in the event of the death of the taxpayer?

A: The surviving spouse must be the sole beneficiary of the Roth IRA in order to elect to continue application of the 4 year spread after the Roth IRA owner's death.

Q: Can an election to recharacterize an IRA contribution from a Roth IRA to a SEP IRA or a SIMPLE IRA be made on behalf of a deceased IRA owner?

A: Yes. The election to recharacterize an IRA contribution may be made by the executor, administrator or other person charged with the duty of filing the decedent's final Federal estate tax return.

Q: Is a recharacterization subject to withholding?

A: No. A recharacterization is not a designated distribution and therefore, not subject to withholding.

Q: Is there a time limit on recharacterizations of IRAs?

A: Effective January 1, 2000, an IRA owner who converts an amount from a traditional IRA to a Roth IRA during any taxable year and then transfers that amount back to a traditional IRA by means of a recharacterization may not reconvert that amount from the traditional IRA to a Roth IRA before the beginning of the taxable year following the taxable year in which the amount was converted to a Roth IRA or, if later, the end of the 30 day period beginning on the day on which the IRA owner transfers the amount from the Roth IRA back to a traditional IRA by means of a recharacterization.

Q: Why would someone need to reconvert a Roth IRA to a traditional IRA?

A: In the event the Roth IRA owner's adjusted gross income exceeds \$100,000.

Q: May a beneficiary aggregate his or her inherited Roth IRAs with other Roth IRAs maintained by such beneficiary?

A: A beneficiary's inherited Roth IRA may not be aggregated with any other Roth IRA maintained by such beneficiary (except for other Roth IRAs that the beneficiary inherited from the same decedent), unless the beneficiary, as the spouse of the decedent and sole beneficiary of the Roth IRA, elects to treat the Roth IRA as his or her own.

These are just the major points concerning Roth IRAs. If you have any further questions, consult a tax professional or your favorite copy of the Internal Revenue Code of 1998 and Regulations for Section 408A. *Have a healthy and prosperous March.*

Early Spring Sale at The Carpet Mart, Your Neighborhood Abbey Flooring Store

The Carpet Mart has moved into the former Habitat building in the Deerpath Shopping Center. During March we are featuring values galore on all **carpets, rugs, ceramic, wood, laminates and sheet vinyl flooring.**

Why Shop The Carpet Mart?

- Top quality merchandise from brand name manufacturers at great values
- **0% Financing available**
- Open 7 days a week
- Complete flooring products and services for One-Stop-Shopping
- One of the largest selections of area rugs
- Highly professional, experienced and knowledgeable staff



- Compare our "base" rebonded pad to the competitor's base pad
- No high pressure sales
- **FREE** convenient measuring service in your home or business
- **Lifetime Quality Guarantee on all Carpet Installations**
- We will **Meet-or-Beat** all prices

Can't Find The Room? Let Us Help!

"As architects, it's our job to solve your spatial needs," says John C. Cazzetta, President of **Kemper Cazzetta Architects** in Barrington. "A large majority of our work is in remodeling, and because our clients need everything from small additions to complete estate makeovers, we tend to "see it all." Our philosophy is to listen to our clients, study their existing conditions, calculate their budget and endeavor to aesthetically resolve their space needs."

Many homeowners struggle with the thought of "taking apart their house," especially while they continue to live there. "This dilemma is the biggest hurdle in some projects," adds Cazzetta. "The design solution takes this into account so as to ensure a comfortable process. We have designed some projects to allow the owner to move into the new addition before renovating the existing space. The quality of life during the process is as important as the design itself. "The



homeowner is amazed at how their 'old' home has come back to life," concludes Cazzetta.

If your home needs updating, additional space or reconfiguration, call principals, Cheryl Ferguson and John C. Cazzetta, at **Kemper Cazzetta Architects, 382-8322**, for a no-obligation consultation today. "We feel you will be pleasantly surprised at the potential of your existing home."

Before You Landscape... Master Plan

As Landscape Architects, we stress the value of creating a Master Plan for your property prior to commencing any landscape project. Regardless of the size of your project, a Master Plan permits your landscape budget to be appropriately invested. Once completed, your investment will result in a professionally designed and installed plan.

Master planning is simply defined as the areas of a yard that require the most attention and which display solutions to specific problems. Future plans such as pools, ponds, additions to a home and other amenities are addressed and carefully "planned." Once we incorporate hardscapes, garden beds, garden features, etc. then a budget plan can be created.

The homeowner will then be able to utilize their plan for years in the future,



installing each segment of the plan as it relates to their budget and use of space.

To learn more about Master Planning and our firm, **Bonner Codd Associates**, please contact principals Cheryl Ferguson and John C. Cazzetta, Landscape Architect, at **847-382-4838**. We look forward to hearing from you.

Book Signing for *Ready Set Teach*

Barrington Writer's Workshop member Kay Quam will be hosting a book signing for *Ready Set Teach* at 7:00 PM on Thursday, March 25 at Barnes & Noble on Golf Rd. in Schaumburg.

Barrington Writer's Workshop welcomes new members to their active group

on Tuesday mornings at the Barrington Area Library from 9:15 AM to 12:30 PM or Wednesday evenings at the Barrington Area Arts Council Gallery, 207 Park Ave. at 7:00 to 10:00 PM.

For additional information, please call 847-381-9467.

**0% Down
0 Interest
0 Payments
for 6 Months***

The Carpet Mart
Your Neighborhood Abbey Flooring Store
VISIT OUR NEW SHOWROOM OR CALL TO SHOP-AT-HOME

EARLY SPRING SALE

on

Carpeting and Area Rugs!

*No Interest Financing Available

Abbey Carpet Wood • Ceramic • Vinyl • Area Rugs
750 S. Rand Rd., Lake Zurich
(Deerpath Court Shopping Center near Wal-Mart)

(847) 540-8900
Learn more about Abbey at
www.abbeycarpet.com
*Offer expires 2-28-99. *See store for details.

KEMPER CAZZETTA
ARCHITECTURE • LANDSCAPE ARCHITECTURE
PLANNING • INTERIOR DESIGN

(847) 382-8322
Fax (847) 382-4852

209 East Franklin Street, Barrington, IL 60010

"Create
Your Own
Personal Nature."

Bonner Codd
Associates
LANDSCAPE ARCHITECTS & CONTRACTORS

209 East Franklin Street
Barrington, IL 60010 847.382.4838

Hooved Animal Humane Society Annual Tack & Craft Sale

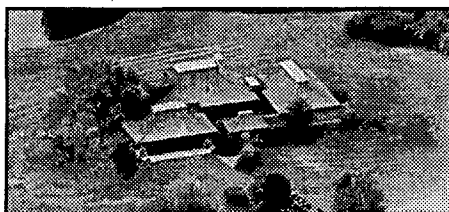
The Hooved Animal Humane Society (HAHS), a non-profit organization dedicated to the protection of hooved animals, has set the date for its annual Tack & Craft Sale. This year's fund-raiser will be held on Saturday, March 13 at the HAHS Rehabilitation Farm at 10804 McConnell Road, in Woodstock, IL.

The public is invited to attend the event which will run from 10 AM to 5 PM. The sale will take place inside HAHS' heated Educational Center. Professional's Choice, a supporter of this year's event, has donated their factory second therapeutic products for both equines and humans,

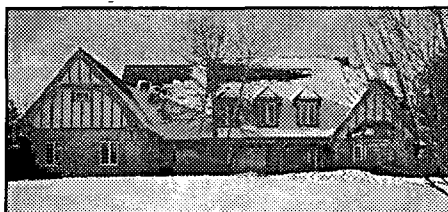
including SMB boots, bell boots, cinches, saddle pads and blankets, all to be offered at greatly reduced prices. In addition, an estimated 20 exhibitors are expected to participate with a variety of new and used tack and horse equipment, clothing, jewelry, art and craft items. Ample parking is available. Admission is a \$1 donation at the door.

Exhibitors interested in booth information should contact Loriann Dowell at 815-337-5563.

HAHS is also accepting donations of clean, safe tack and apparel for the sale. All donations are tax deductible.



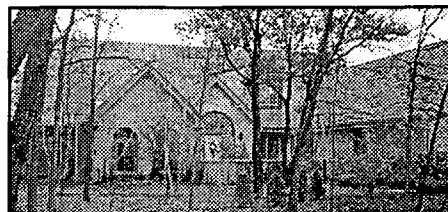
Barrington Hills \$1,100,000
Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kitchen, sumptuous master suite, handsome decor, indoor pool wing & 3-car gar.
Meg Cleavenger & Barb Wessberg 847/465-2259



South Barrington \$1,000,000
Spectacular quality & character in this 8000+ square foot 3-level home! Highlights include 1st floor bedroom & bath, library, finished walkout & sunroom.
Bob Untch 847/465-2295



Barrington Hills \$899,000
A 4-bedroom home w/ a flexible floor plan on 10+ acres w/ barn & attached in-law apartment. Adjacent to trail system—perfect for horse farm.
Suzanne Luby & Barb Gould 847/465-2211



North Barrington \$890,000
Wynstone—just listed—charming country English home. Fabulous great room w/ vaulted ceiling, outstanding brick fireplace, 1st floor master.
Nancy Herr 847/465-2267



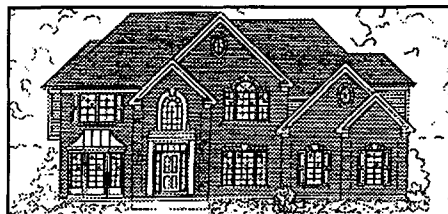
Barrington Hills \$849,000
Set on a rise on a quiet lane, this delightful colonial offers 1st floor master suite, 5.1 BA, study, huge kitchen w/ fireplace, inviting FR w/ beamed ceiling & fireplace.
Meg Cleavenger 847/465-2259



South Barrington \$840,000
A real masterpiece—majestic pond/lakefront home w/ your own beach. Great room w/ circular stone fireplace. Library/loft area, sprawling decks—truly unique.
Michael Ralph 847/465-2233



Barrington Hills \$825,000
A long drive leads through nature's beauty to this 4-bedroom home offering high ceilings, enormous rooms, 3 fireplaces, finished walkout lower level & barn.
Meg Cleavenger 847/465-2259



Barrington \$669,000
Like a head start? This stunning 11-room new home is waiting for your personal choices! Situated on 1+ wooded acres, privacy abounds.
Donna Veller 847/465-2228



Barrington \$659,000
Thinking ahead? This stunning new home w/ wooded privacy can be built w/ your choices in mind. Quality abounds in 12 spacious rooms.
Donna Veller 847/465-2228



Barrington \$649,000
Stunning waterfront home in desirable neighborhood. Walkout basement w/ fireplace & wet bar. Huge gourmet kitchen, 5 bedrooms & 4.1 baths.
Ana Denker 847/465-2274



Barrington \$629,000
Outstanding brick colonial w/ over 4500 square feet! Features include 2-story foyer, den, 4 bedrooms, 4.1 baths, finished lower level, 1.2 acre interior lot.
Mary Spinner & Bob Untch 847/465-2284



Lake Barrington \$495,000
Light & bright home w/ volume ceilings, hardwood floors, romantic 1st floor master suite w/ fireplace & stunning bath. Study, outstanding kitchen & 3-car garage.
Meg Cleavenger 847/465-2259



Long Grove \$479,500
Long Grove estate w/ lovely residence on 1.92 acres. Horse/utility barn & separate heated multipurpose building ideal for workshop or office.
Tom Magner 847/465-2292



Barrington \$479,000
Impeccable Cape Cod has very open & spacious floor plan which features wood floors, white moldings, 2 fireplaces & neutral décor. Private treed lot.
Donna Veller 847/465-2228

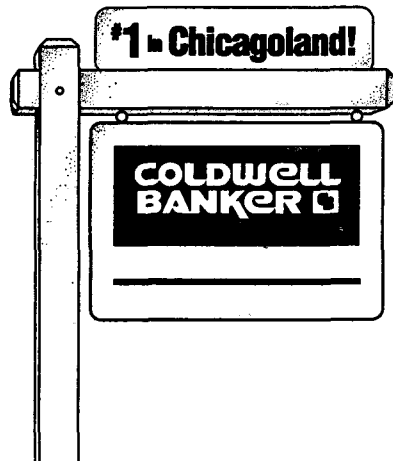


Kildeer \$449,900
Irresistible & wonderful! Spectacular home featuring volume ceilings, white kitchen, hardwood floors, 3-car garage & full basement.
Bonnie Paice Legue 847/465-2223

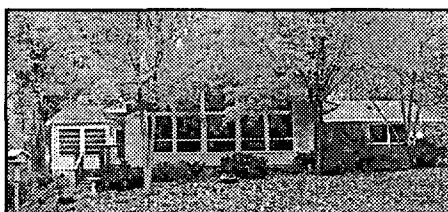


Barrington \$405,000
Looking for a home that feels like new but has everything done for you? Come & delight in this stunning home w/ vaulted ceiling, skylight, lake rights.
Tressa Borkon 847/465-2256

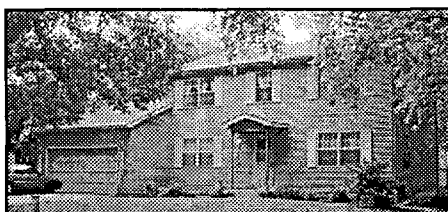
Barrington Area Office



Barrington Hills \$379,000
Entry-level Barrington Hills! 5 acres on trails, very private, 1994 kit/BA, hrdwd flrs, sky light, FR w/ fireplace, 3-car gar, barn w/ electric & water. Barrington schools!
Bonnie Paice Legue 847/465-2223



Barrington \$369,900
Biltmore at its finest—perfect setting w/ a wall of windows to enjoy the view of pond and lush gardens. 4 bedrooms, 2.1 baths, updated kitchen.
Greg Bradley 847/465-2232



Barrington \$279,900
Village colonial, low Cook County taxes, formal living & dining. Family room w/ sliders to private deck. Master w/ walk-in & bath.
Greg Bradley 847/465-2232



Lakepointe, Wauconda
CAPE—Upper lvl offers den, FR, 2BR, 2BA & gar. \$159,000
REGATTA—2 levels w/ 2BR, 2.1BA, loft & gar. \$174,900
POINTE—1st flr w/ fin bsmnt, 2BR, 2BA & gar. \$179,900
Barbara Wessberg 847/465-2298



Elgin \$149,900
Comfort & convenience. End unit 2-story, tranquil, cul-de-sac. 2-car gar. Tiled foyer, FR w/ frplc, ample storage space, 3 BR/2.1 BA, modern kit & patio. Fully applianced.
Barbara Wessberg 847/465-2298

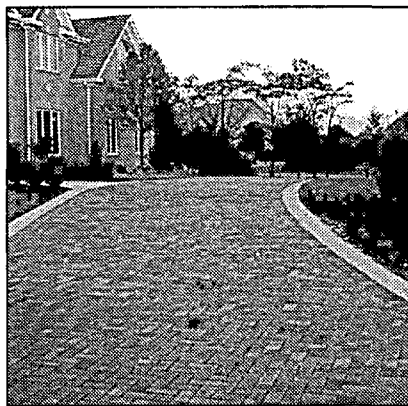


Lake in the Hills \$144,900
Beautiful 2-story w/ bright & open floor plan. Vaulted ceilings in living room, dining room & master suite. Kitchen w/ eating area.
Ana Denker 847/465-2274

Paving Stones Add Elegance!

We all enjoy that perfect setting—that beautiful landscape—surrounding a home and office complex. Such a setting didn't happen spontaneously. Special settings that generate feelings of wonderment, tranquility, and contentment depend on both the perfect design created by a professional landscape architect and the perfect installation completed by well trained installers. Such beautiful landscapes aren't limited to shrubs, trees, and other selected plants. They can include a variety of elegant patio, sidewalk, and driveway designs utilizing **Paveloc Paving Stones** that exquisitely enhance the entire setting. Combined with natural landscape borders and timbers or lush ground covers, the **Paveloc Paving Stones**, used in contemporary, traditional, or country designs, promote the desired effect.

Create your own perfect setting—call the professionals at **Tom's Lawn and Landscaping**. They provide *complete*



landscaping service—perfect designs, beautiful installation, meticulous care, and year-round maintenance. **Tom's Lawn and Landscaping** is family owned and operated, providing the personal touch and genuine care for its clients that only owner participation and involvement can assure.

Don't Wait Any Longer to Get the Kitchen of Your Dreams!



Bill Schafer—President



Joe Schafer—Vice President

Even though the calendar says March and you're longing for spring, the weather outside still says winter. As you're in the kitchen making hot chocolate to warm up the kids, you realize that your kitchen doesn't look so hot itself.

Are your cabinets dark and dingy with doors that are loose or hanging? And how about the counter tops? The worn out, harvest gold counter tops are definitely something that should go out with the new millennium. As you go from the kitchen into the dining room, you wish you didn't have to look at the outdated, vinyl floor one more day.

Let **Schafer Builders, Inc.** help you get the kitchen of your dreams! Today's kitchens not only combine quality and style, but are also designed for how you and your family live. Who wouldn't love to have additional storage and counter space? We can make sure the new cabinetry includes a pantry and other great storage. If you have limited space for a table, why

not add a center island with a breakfast bar? Gain needed counter space with a new spacesaver microwave. Add a little sophistication with a plate rack, wine rack and decorative crown moulding. As for those worn-out counter tops, you can choose from a variety of laminate, Corian or granite tops in your favorite color! And a beautiful, new hardwood floor adds warmth and timeless style to any kitchen.

Not only can you enjoy cooking a gourmet meal, entertaining or just simply making a family dinner in your new kitchen, you'll also be adding to the value of your home. We have a kitchen to fit your budget, and we offer easy, low-cost, tax deductible, in your home financing. Our work is always 100% guaranteed. So stop by our award winning office at 43 E. Crystal Lake Avenue in downtown Crystal Lake or call **Schafer Builders, Inc.** now at 1-800-564-1339 or 815-459-1333 for a free consultation or visit us on the web at <http://www.schaferbuilders.com>.

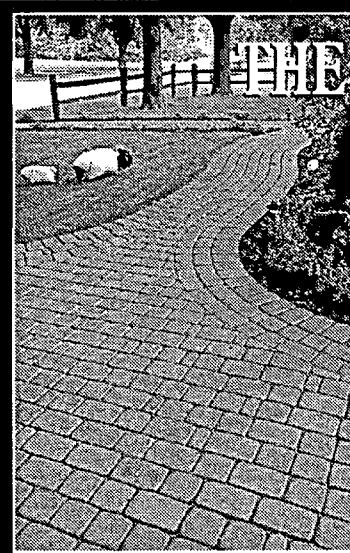
Death of a Salesman at Harper

Harper College will present Arthur Miller's Pulitzer Prize-winning play *Death of a Salesman* at 8 PM on Fridays and Saturdays, March 12, 13, 19 and 20; and at 2 PM on Sundays, March 14 and 21. All performances will be in the Theatre, J143, in the Business and Social Science Center located at 1200 West Algonquin Road in Palatine.

Although open to various plot interpretations, *Death of the Salesman*, which recently celebrated its 50th anniversary,

explores the erosion and self-destruction of the common man. The play tells the story of Willy Loman, an aging traveling salesman who at 63 is unable to earn enough money on a straight commission basis to support his family. He escapes from reality by daydreaming. Eventually his dreams become his reality.

Tickets for *Death of a Salesman* are \$10 with a discount for Harper students, staff and senior citizens. For tickets and additional information, call 847-925-6100.



THE BENEFITS OF BRICK!

Let Us Add a Touch of Class to Your Patio, Sidewalk or Driveway with Brick Pavers from **PAVELOC**. Call Us for a **FREE Estimate**. Ask About Our Spring Specials!

Tom's
LAWN & LANDSCAPING

Design • Construction • Maintenance
(815) 455-4601

We Have The Kitchen You've Been Waiting For!



- Counter Tops
- Flooring
- Cabinet Refinishing
- Interior Paint & Wallpaper
- Complete Kitchen Remodeling

Low-cost, Tax-deductible, Easy Financing

Fully Licensed, Bonded and Insured
Residential • Commercial • Industrial

Providing over 25 years experience to the Northwest Suburban area.

All Our Work 100% Guaranteed — Call Now!!!

800-564-1339 or 815-459-1333



SCHAFFER BUILDERS, INC.

CARPENTRY, PAINTING & GENERAL CONTRACTORS
"Building Clients For Life"

Call or Visit our Award-Winning Office

43 E. Crystal Lake Ave., Crystal Lake, Illinois 60014

<http://www.schaferbuilders.com>

Clearbrook Introduces the Alex Leone Equipment Lending Library

The Alex Leone Equipment Lending Library was established in November of 1998 with a donation from the Leone family in memory of Alex Leone, a young Lekotek participant. The purpose of the library is to make various types of therapeutic equipment available for families to borrow. Equipment may be borrowed for up to three months at a time. The advantage is that the lending library will have equipment available that may be cost prohibitive for families to purchase or has limited use as the child outgrows the equipment. Some examples of equipment currently available are: wheelchairs, walk-

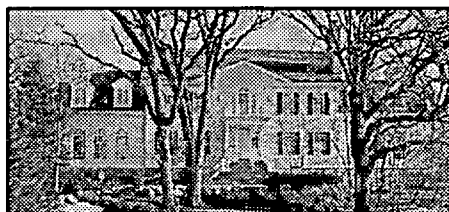
ers, adjustable therapy benches, corner chairs used for positioning, infant car seats, therapy balls and wedges, and devices to encourage interaction and communication skills.

Clearbrook's Lekotek Program is a unique approach to helping children with special needs. From the Swedish word "lek" meaning "play" and the Greek suffix "tek" meaning "library" comes Lekotek, a program that recognizes the importance of play in developing a child's life.

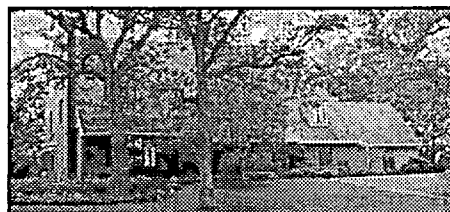
To view or inquire about the Alex Leone Equipment Lending Library, call Clearbrook Children's Services at 847-392-2812.



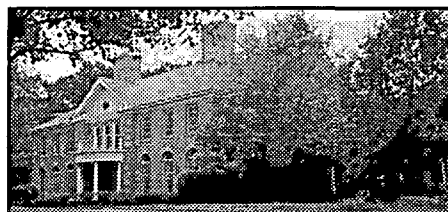
Barrington Hills \$1,700,000
Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.
Meg Cleavenger & Barb Wessberg 847/465-2259



Barrington \$1,575,000
Authentic 5-bedroom Chesapeake traditional designed by renowned architect Glen Hjort. A work-of-art in Wynstone Golf Course Community. Exquisite!
Mary Balistreri 847/465-2296



Barrington Hills \$1,390,000
Set on 6 wooded acres, this Barrington Hills home is totally renovated, limestone & hardwood floors, new kitchen w/ sub zero, granite, Viking, new baths.
Sherl Wheeler 847/465-2290



Barrington Hills \$1,300,000
Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.
Meg Cleavenger 847/465-2259



North Barrington \$1,275,000
Brick Georgian in Wynstone w/ California flair. Master bedroom w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level... gazebo & pond.
Sherl Wheeler 847/465-2290



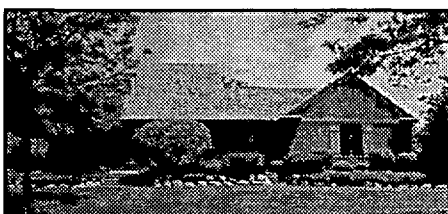
NEW LISTING!
South Barrington \$1,100,000
Lovely brick home in gated enclave, overlooking private lake. 4 BR, 4.2 BA, 2-story FR, finished LL, 4 fireplaces, immense screen porch & 4-car garage. Handsome study.
Meg Cleavenger 847/465-2259



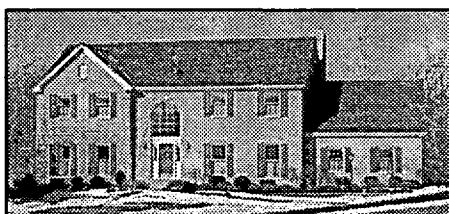
North Barrington \$1,050,000
Stately brick new construction waiting for you. 2-story FR, hardwood floors, granite counters, light cherry kitchen pillars, 4/5 BR, bonus room. You will fall in love!
Sherl Wheeler 847/465-2290



Barrington Hills \$799,000
On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.
Meg Cleavenger 847/465-2259



Barrington \$749,000
Deceptively large & spacious home has 3 full levels including finished walkout in Barrington Oak Meadow. 5 acres. Warm & inviting.
Donna Dugan 847/465-2263



Lake Barrington \$639,900
Gorgeous traditional brick home on beautiful acre plus site backing to conservancy w/ serene views of pond from screen porch. Pristine!
Mary Balistreri 847/465-2296



NEW LISTING!
Barrington \$629,000
Great house on 2 acres in Oak Meadows... huge kit... sunroom... 4 1/2 BA... 3rd floor bonus room Fabulous LL w/ BA & office... close to town & train. A joy!
Sherl Wheeler 847/465-2290



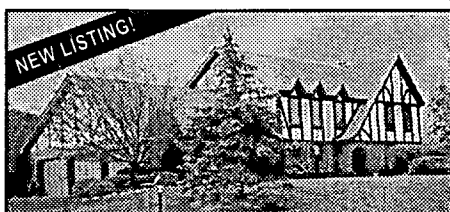
Barrington Hills \$589,000
Great horse property w/ 4-stall barn & pool. The lovely 4-BR home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished lower level w/ 2nd kitchen.
Meg Cleavenger 847/465-2259



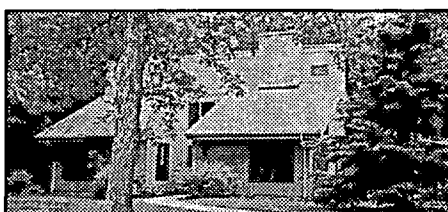
Barrington Hills \$599,000
Wonderful 5-bedroom home, horse property, updated throughout, outbuilding, screen porch, in-ground pool. Enjoy the lifestyle!
Mary Balistreri & Greg Bradley 847/465-2296



Lake Barrington \$589,000
New construction. Brick Georgian, 4 BA, hardwood floors, 9' ceilings, kitchen w/ granite counters, study on 1st floor, master BR w/ sitting room & 3-car garage.
Sherl Wheeler 847/465-2290



NEW LISTING!
Barrington \$585,000
A tranquil setting in Deer Lake Meadows. New kitchen w/ granite. Updated, study, view of lake. 3-car garage. Fin basement. Close to town & train. You will love it!
Sherl Wheeler 847/465-2290



Barrington Hills \$469,000
Custom contemporary home set on 6+ wooded acres w/ 3 BR, 3.5 BA, vaulted ceilings, 2-story living & family rooms. 2 wood-burning fireplaces & screened porch.
Meg Cleavenger 847/465-2259

Barrington Area Office



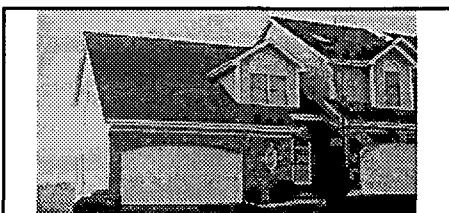
Itasca \$375,000
Picture perfect 4 BR, 2 1/2 BA, 2-car garage, fin full basement 1st floor den. Open, airy kitchen, vaulted ceilings, large deck, brick driveway & walkway.
Donna Lavin 847/465-2270



Lake Barrington Shores \$345,000
Prime lakefront location! Some of the many amenities include 2 pools, marina & private beach. Open floor plan. 4 bedrooms, 3+ baths & walkout lower level.
Kathy Staes 847/465-2288



Barrington \$319,000
Townhome has it all! Private. Overlooks pond & golf course. Stunning interior includes hardwood floors on 1st level & in master suite. 3 bedrooms, 2.2 baths.
Donna Dugan 847/465-2263



Palatine \$312,900
Spectacular luxury 3-level townhome featuring 3 BR, 2.5 BA, fireplace & finished walkout LL. Upgrades galore, hardwood floors, security, sound & central vac.
Bonnie Paice Legue 847/465-2223



Barrington \$224,900
Beautiful cape cod near town, 3 bedrooms, 3 baths, 2-car garage. Walkout lower level, office, rebuilt in 1994. It's a great house just waiting for you.
Sherl Wheeler 847/465-2290



Barrington \$169,900
Barrington-Shady Hill subdivision high on a hill over looking the Fox. Home has been recently remodeled. Fireplace & hardwood floors. Cutel
Kathy Schroeder 847/465-2247

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

A lot of people don't think about a new car dealership as a good resource for used cars. We sold about 2,100 vehicles last year and almost 30% of those were used vehicles sold at the retail level. We also wholesaled out about 750 used vehicles, which means we only kept the cream of the crop to sell to our customers.

All of our trade-ins are not Fords, so we sell almost every make and model. Bob LeGear, one of our senior technicians, works almost exclusively on the used vehicles that are traded in. If he doesn't feel they are worthwhile, we wholesale them out. Our vehicles receive a complete detail and an extensive inspection. Many of our vehicles have a balance of factory warranty left or a 30-day drive train warranty.

So, if you have a new driver coming up, a vehicle needed for a college student or just need a reliable used vehicle, remember us. And, if you're unhappy with your



used vehicle purchase, we have an exchange policy.

So remember **Wickstrom Ford** for all your vehicle needs.

Glare-Not Window Tinters Provides Savings Year Round

Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard, Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with

pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

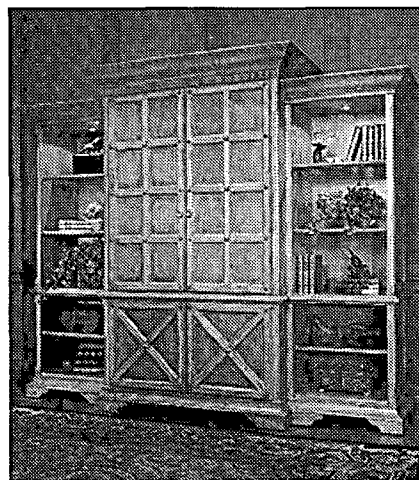
For further details, please call (847) 382-8468 or (815) 363-8468. **UltraSonic blind cleaning available.**

New Spring Merchandise

Come see our new spring merchandise. **Decorating Connections** has brought in a wide selection of furniture, accessories and gift ideas to fit everyone's taste. Some of the new merchandise includes: luxurious bed and bath linens; subtly scented soaps and candles; unique sculptures; gorgeous, hand-painted and one-of-a-kind furniture; sensational artwork; and fun children's gifts and accessories. **Bring in this ad for 10% OFF in-stock purchases during March.**

Decorating Connections unites interior design expertise with a vast array of decor resources to provide you with the utmost in design services. The talented interior design staff at **Decorating Connections** can make decorating an easy and enjoyable experience for you! Call, or come in and schedule an in-home consultation with one of our designers today.

If you are looking for interior design, commercial design, furniture, artwork,



lighting, carpeting, area rugs, decorative painting or accessories, then please visit us at **Decorating Connections Inc.**

We are located in The Marketplace Shopping Plaza on Route 59 and Kelsey Road.



BARRINGTON

(847) 381-7330

Tire Rotation
Brake Inspection

\$14⁹⁵

with this ad • expires 4/1/99

Motorcraft
FAST LUBE

Oil and Filter Includes:
Labor, 12-Point Inspection,
Genuine Ford Parts

\$18⁹⁵

with this ad • expires 4/1/99

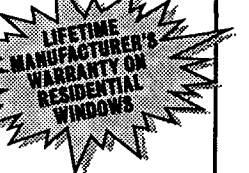
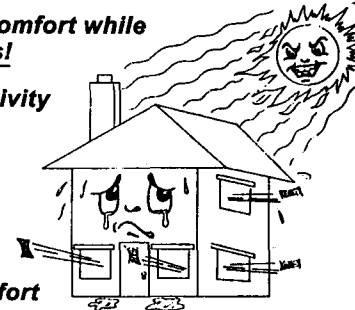


THROWING YOUR MONEY OUT THE WINDOW!

Start being energy saving conscientious

Increase your living comfort while decreasing utility bills!

- High tech/Low emissivity coating helps retain winter heat
- Reduces heating and cooling costs
- Reduces glare
- Increases living comfort



- Allows in maximum light
- Makes glass shatter resistant
- Reduces furniture and carpet fade
- Comes with scratch resistant coating

ULTRASONIC BLIND CLEANING AVAILABLE

AUTHORIZED DEALER & INSTALLER OF SOLAR GARD, SUN GARD, & 3M FILMS

GLARE-NOT, INC. WINDOW TINTING

(847) 382-8468 • (815) 363-8468 • Fax (815) 653-8468

E-Mail:

sportspt@imaxx.net

DECORATING
Connections INC.

Come See Our
New Spring Furniture
& Accessories

INNOVATIVE INTERIOR DESIGN & DELIGHTFUL TREASURES
for throughout your home

- Luxurious Bed & Bath Linens
- Scented Soaps & Candles
- Sensational Artwork
- Fun Children's Gifts & Accessories
- Hand Painted Furniture & More

BRING IN THIS AD FOR 10% OFF IN-STOCK PURCHASES. EXP 3-31-99.

Kelsey Rd. & Rt. 59 • (847) 381-7137 • The Marketplace

Hours: Mon.-Fri. 9:00-6:00, Sat. 9:00-5:00, Thurs. till 8:00

Your Personal Landscape

(Continued from page 41)

into the layout, location and size of the walkway. An effective entry walk provides the following:

- Direct views to the front door
- Adequate space between the facade of the home and the walkway for planting
- Additional depth to the front yard (reinforced by correct placement of plant materials)
- A proper scale with the home and complimentary to the architecture
- A minimum width of four feet, (4').

When selecting paving materials for the entry walk, consider materials that compliment the architecture, i.e., formal or informal. Also, consider materials that are easy to maintain, easy to walk on in various shoe types and easy to fit into your

budget.

The following paving materials are readily available and are common to many landscapes:

- Poured in place Concrete with Exposed Aggregate Precast Concrete
- Flagstone
- Brick—Clay or Colored Concrete
- Limestone
- Granite
- Gravel
- Wood

Perhaps you have never considered removing your existing walkway. In most cases, this can be accomplished by the contractor installing your new walk.

Our next article will discuss planting the "Front Garden."

MAKE EVERY NIGHT A BEAUTIFUL EVENT WITH CFC NITE LITES

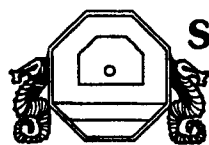
- Show off the beauty of your home yard, or garden after dark.
- Extend the pleasure of your deck, patio and grounds.
- See your way safely by lighting walkways, pathways, steps, and driveways.



847-658-5469 LANDSCAPE LIGHTING SPECIALISTS

Summer Means Hot Tubs/Spas

- Spas • Hot Tubs • Saunas • Jacuzzi Whirlpool Baths
- Custom Hot Tub Covers • Ozone Water Purification
- "Rubber Duckies" • 24 Hour Service • Installation
- Chemicals • Accessories • Scheduled Maintenance



SWANSON'S SPAS & SAUNAS

1077 S. Rand Road, Lake Zurich

438-4582

Eric & Jeri Swanson

HOURS: Tues.-Fri. Noon-4:00, Sat. 11:00-3:00, Closed Sun.-Mon., Evenings by Appt.



Security and Beauty with Outdoor Lighting

A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

Call **CFC Nite Lites** at 847/658-5469 for your free estimate.

Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great? Spas don't have to be hot in Summer. You can have them cool and refreshing. And, on a cool

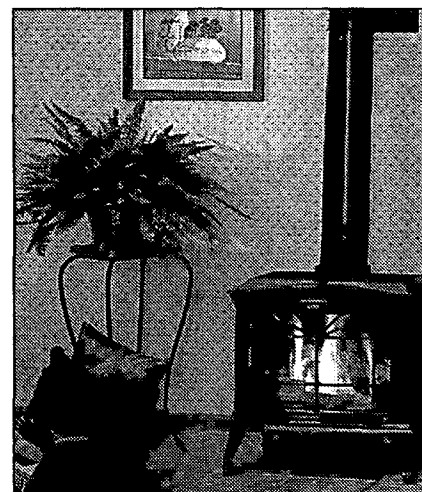
Summer night, turn it steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** on Rand Road in Lake Zurich. Why put it off any longer?

The Most Realistic Fires!

No one builds a better fire than Heat-N-Glo. Model Townsend I is a compact cast iron stove that offers you a traditional character and real warmth. You can see them at **House of Fireplaces** in Elgin. There are five color choices available: black, porcelain black, almond, red and green. Now you can choose the color that compliments your current decorating scheme. Model Townsend II is also cast iron, however, it is 33% larger for those wanting a more dramatic effect. It is also available in five colors.

Each Heat-N-Glo Stove uses Heat-N-Glo patented Top Venting Direct Vent Technology that eliminates the need for a conventional chimney system and chase. The air tight firebox takes all of its combustion air from the outside, and is ideally suited for today's homes. This balanced flue system keeps the warm air in and the cold air out.



For those wanting the beauty of a wood fire with the warmth, efficiency and convenience of gas, Heat-N-Glo is the "smart choice."

Facelift Surgery

while others go home following surgery. Either twilight or general anesthesia is

used. Facelifts can also be done in the hospital.

(Continued from page 23)



Old Fashioned Charm... Innovative Technology



House of Fireplaces

824 E. Chicago St. (Rt. 19), Elgin

(847) 741-6464

M-T-W-F 8-5; Thurs. 8-8; Sat. 9-3

Tips from the Top

and sprucing up the entrance and walkway to the front door is a guaranteed way to maximize your home value.

Many front entrance challenges can be successfully solved by the homeowner with color, eye-catching accents, beautiful walkways and lighting. Hedges and shrubs need to be neat, sheared and pruned. Even the most simple landscape should be inviting and pleasing to the eye.

The front entrance is only one of the many topics to be discussed under the landscape issue. There are garden walls and fences for privacy, focal points for gardens, specimen plants and the use of trellises, to name just a few. There are a great number of ideas to make your landscape a showpiece. However, it cannot be

done overnight.

Start with a plan and organize what must be done. Schedule the time needed as well as the dollars. Finish each job before starting another and begin with the front door and entranceway. Remember new "baby" plants need time to grow into beautiful plants and trees. Small trees need space to show their full splendor.

The exterior of your home is an extension of you. It should bring you pleasure by its sheer beauty and the beauty should be right there... outside your front or back doors. If, however, you cannot paint the picture you want with your present home ground, then it's time to call us at **Coldwell Banker** as we are the Dream House Headquarters.

(Continued from page 40)

Spring Planning with SanFilippo Landscape

No matter what you do in life, planning is important. It gives you a direction and helps you get where you want to go. Sometimes the planning can be done without help but more often than not a professional is needed.

At **SanFilippo Landscape** we offer the planning help you need when it comes to the landscaping of your home or office. Through education and experience, our architects must be able to take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of what creating a design is all about. Everything must be considered—building location, drainage, neighbors, existing plantings, budget—and don't forget the most important consideration—what you want! Do you entertain a lot, do you enjoy gardening, have plans for a pool, require low maintenance? Remember, no one can give you what you want until they know

what's important to you.

The Plan

Once you've established what your needs are and have the plan in front of you, how do you know if it's a good design?

Many people have a hard time understanding what all those symbols on a plan represent, so we thought we'd share with you some ways to understand what the drawing is trying to tell you so you'll be better able to judge the quality of your landscape design.

All plans should place your residence and all other structures on the property in their proper location (a survey is required to do this) and drawn to scale. The diameter of each circle represent the tree or shrub's

spread. Architects/designers usually have a style of drawing that helps you differentiate the different types of plants used (i.e. deciduous, evergreen, groundcovers). And always keep in mind "the right plant for the right location." The plant's mature

size must always be considered so you don't have a too large or too small a plant for a given area.

Plant Materials

All plants are not created equal. In your design, try to pay attention to variety in the texture, color and size of your plant materials. A good mix of heights give the landscape dimension while large groupings of the same plant can help create variety in texture and color throughout all the seasons. Also, once the choice of plants is made, ensure that they are adapted to our climate. We recommend materials that have been grown in Northern Illinois/Wisconsin nurseries. Many lawn and garden centers sell bulk plant materials with undersized root systems to accommodate volume shipping. Many of these same plants often come from the South, allowing

March Tips

- **Undercoverings:** Choose an overcast day to avoid the shock of the sun and remove winter wind-screens from boxwoods, roses and evergreens.
- **Dormant Pruning:** It may still be possible to do some late pruning.
- **Pest Control:** Using dormant spray now can prevent problems late in the season.
- **Transplanting:** As soon as the soil thaws, transplant as needed. But don't get caught off-guard by an early spring like last year. Be careful transplanting those plants that don't take well to fall planting like Birch, Red Maple, Rhododendron, Magnolias and Dogwood.
- **Landscape Design:** Finalize your landscape plans as early as possible to take advantage of the spring digging season.

them to be more prone to disease and unable to handle our winters. Another consideration is plant size. Professional nursery stock is larger and helps create a more pleasing look during the first season before the plants are established.

Questions to Ask a Contractor

So, if you're in the market for a landscape contractor who can handle the whole project for you, make sure you ask lots of questions: "Where do your plants come from?" "Are you primarily in the maintenance business?" "Can you help me with grading and drainage?" "Are your designers licensed Architects?"

Whatever you do, start with a plan and give **Mike SanFilippo** a call at (847) 381-1611.



Imagine...having your outdoor spaces designed as beautifully as the inside of your home.

LICENSED ARCHITECTS

Free Landscape Plan with signed contract

Design/Build Landscape Contractors
Commercial and Residential

- **PAVELOC** Pavers
- Retaining Walls – stone, timber
- Cedar decks, planters & gazebos
- Stonework – patios, walkways

SANFILIPPO
LANDSCAPE 847-381-1611



Manufacturers of Granite Counter Tops

**G
R
A
N
I
T
E**

**Granite Competitively Priced with
Solid Surface Products with the Lifetime
Durability and Beauty of Natural Stone**

**G
R
A
N
I
T
E**

Quality Installation of:

- Granite & Marble Counter Tops
- Limestone, Marble & Ceramic Floors & Walls
- Fireplace Surrounds
- Hardwood Floors

*Our Showroom
Features
200 Different
Marble & Granite
Samples*

❖ *Ceramic Tiles*

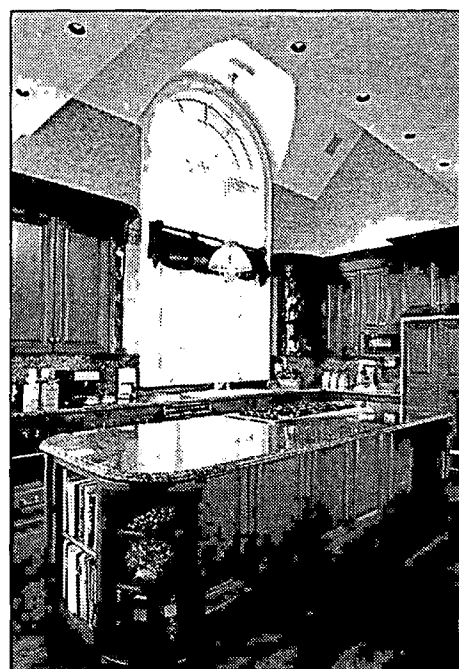


**Andian Limestone with Hand-Rolled
Edges for Extraordinary Beauty.**

❖ *Limestone
& Travertines*

❖ *Many Wood
Floor Samples*

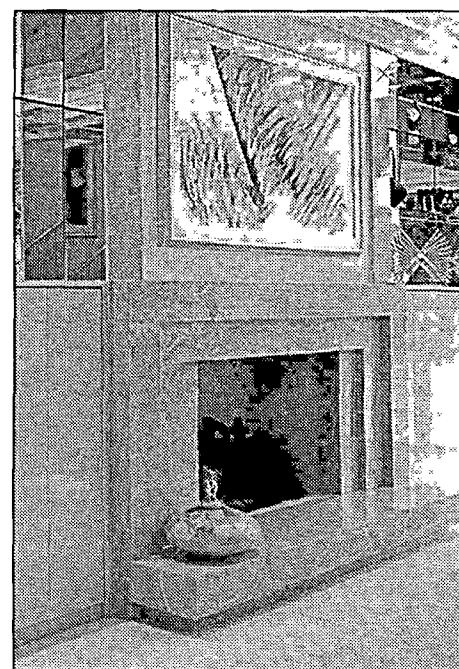
**COMPETITIVE
PRICING**



**Uba Tuba Counter Tops
with Oak Floors.**



**18" x 18" Crema Marfil
with Black Granite Dot.**



**A Stone Surround Fireplace
Enhances the Beauty
of Any Room.**

CERAMIC WORKS/MARBLE TECH, INC.

811 W. NW Hwy.

382-1120 Phone

382-1152 Fax

Barrington

Hours: Monday-Wednesday-Friday 9am-5pm, Tuesday & Thursday 'til 8pm, Saturday 10am-4pm