

October 1999

THE STYLES MAGAZINE™

*Don't Miss the
Fall Happenings!*

**Barrington Sparrow's
"Bella Venezia"
Has Romantic Theme**

**BJWC Hosts 19th
Cornucopia of Crafts**

**"Under the Tuscan Moon"
BAAC's Annual Art Auction**

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Published by

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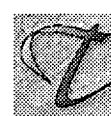
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Editor's Ink

October, 1999

Dear Reader,

Get out your social calendar because there are lots of happenings coming up in the area!

Barrington Sparrow is planning a festive evening slated for November 6. The black-tie optional event takes on a romantic theme “on the canals of Bella Venezia.” Proceeds go to a wonderful cause—Home of the Sparrow, headquartered in McHenry.

“Under the Tuscan Moon,” the third annual art auction fund-raiser for the BAAC, is being presented by the Friends of BAAC. Mark October 16 on the calendar. A Taste of Tuscany, live entertainment and acclaimed artists' work will be offered that evening.

Looking for new holiday decorations, doll clothing and furniture, floral creations, artwork, pottery, a Gingerbread Man kit and much more? The BJWC is hosting the 19th Annual Cornucopia of Crafts at the end of the month. It's one of the most popular craft shows in the area, and the committees have worked hard to make this one outstanding.

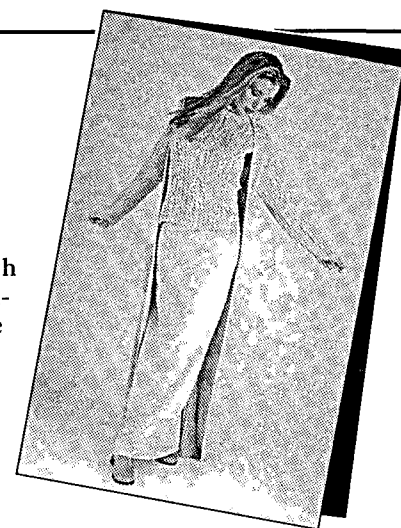
Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

An alpaca sleeveless turtleneck with matching long cardigan tops a long bi-stretch skirt. All in champagne. By Anne Klein. Fall 1999.



BJWC Hosting 19th Annual Cornucopia of Crafts



BJWC Cornucopia Marketplace committee members include: (seated l to r) Heidi Schmeling, Janice Clarke, Betsy Pfeiffer, Sherry Hoover (co-chair), Lynn Amato, Diane Nowik, (standing l to r) Tina Sobb, Beth Harris, Karen Daboll, Janet Calder and Cheryl Watkins (co-chair). Not pictured are: Bridget Baker, Kathy Behan, Sandy Campbell, Kathleen Failla, Nancy Fruecht, Julie Nagle and Terri O'Brien.

Fall has arrived and the Barrington Junior Women's Club is hard at work preparing for Cornucopia Marketplace, their 19th Annual Cornucopia of Crafts. Co-Chairs Cheryl Watkins and Sherry Hoover, both from Barrington Village, along with their dedicated committee are setting the stage for what promises to be an event that must not be missed.

The show, which raised over \$14,000 last year, will be held at the Knights of Columbus Barn in Barrington on Kelsey Road. Preview Night will be held Friday, October 29 from 5:00 to 9:00 PM. Admission for this special preview will be \$6 per person. The daytime show will take place on Saturday, October 30 from 9:00 AM to 4:00 PM. The admission for the daytime show will be just \$4 per person and only \$2 for seniors. Café Cornucopia will be open both days, with dinner available on Friday evening and lunch available on Saturday. At all times during the show, coffee, soda, juices and delicious desserts will be available.

Cornucopia visitors will have over 70 juried crafters and artisans from which to choose, including a mix of new crafters and old favorites. Available crafts this year will include: holiday decorations, handmade jewelry, doll clothing and furniture, hand-painted furniture, glassware, clothing, floral creations, wood crafts, artwork and pottery. Not to be forgotten, the famous bake sale will be held with all the homemade goodies specially made by BJWC members.

The Cornucopia Marketplace Committee is presenting a new addition this year. They will be offering Gingerbread Man kits for sale, which will include a copy of *The Gingerbread Man Storybook* and all

the items needed for a fun day of baking and decorating. These unique kits will provide a great holiday activity for kids as well as a unique hostess gift during the holiday season.

Cornucopia Marketplace is one of three major fund-raisers which are the primary source of donations for BJWC. Their Spring Luncheon last March, which featured keynote speaker Marci Shimoff, was attended by over 600 guests and raised more than \$44,000. The grand finale for this year is Showcase House 2000, a designer showcase scheduled for next May.

Founded in 1936, the Barrington Junior Women's Club encourages community involvement, education and social interaction among its members. Today, this organization's philanthropic endeavors are far reaching, providing donations, educational programs and hands-on volunteer time and touching a wide variety of charitable organizations in Barrington and the Northwest suburbs. Proceeds from all BJWC fund-raisers go to local nonprofit organizations; last year, the group's efforts provided over \$65,000 to local senior and community services, educational scholarships and charitable organizations.

New members are encouraged to join these women for a special Membership Night which will be held on Tuesday, October 5 at JFK Health World. The Membership Committee has planned a night of Bunko, which promises to be fun for Bunko veterans and novices alike. Social time starts at 7:00 PM and the meeting begins at 7:30 PM.

For more information about this active and exciting group, or about Cornucopia Marketplace, please contact BJWC at 847-622-3838.

"The Sugar Plum Fair"

The St. Anne Women's Club juried arts and craft show, "The Sugar Plum Fair," will be held at the St. Anne gymnasium in Barrington at 312 E. Franklin St. The show begins with a Preview Night on Thursday, October 14 (advance tickets \$6) from 6:00 to 9:00 PM. A full day of arts and crafts will be held on Friday, October 15 (tickets \$3 at the door) from 9:30 AM to 4:00 PM.

"The Sugar Plum Fair" offers a wide variety of hand-crafted gift and holiday

items. Wine and cheese will be available at the Thursday night Preview. The Sugar Plum Café will be open on Friday as well as a bake sale with homemade items donated by Women's Club members.

All proceeds will benefit the many community organizations supported by St. Anne and its Women's Club.

Chairs of this event are Karen Bocabella, De Moser and Maria Trzaska. For more information, call 847-382-0938.

Bella Sera "Under the Tuscan Moon"



Friends of BAAC invite everyone to a Bella Sera "Under the Tuscan Moon." Pictured are: (back row, l to r) Kate Younger, Joan Kroll, Pat Fein and Pat Weaver (Co-Chair) and (in front) Annette Stormont (Co-Chair).

"Under the Tuscan Moon" is coming to the ballroom and upper level lounge of Lake Barrington Shores Recreational Center, Saturday, October 16, 1999. This third annual art auction fund-raiser for the Barrington Area Arts Council is presented by the Friends of BAAC.

Leading this group of Friends are Annette Stormont and Pat Weaver. Their committee will be transforming the lounge and ballroom into the lush countryside of Tuscany where artwork will take center stage. A live and silent auction will highlight the event. Exciting prizes will also be offered. Tickets are \$45 each and include two cocktails, three food stations featuring a taste of Tuscany, a dessert and coffee bar. And there will be live entertainment throughout the evening.

Both local and nationally acclaimed artists have donated artwork that will be featured. Many of these artists have participated in the Summer Art Fair sponsored by BAAC. The majority of artwork will be on silent auction. Professional auctioneer Joe Fox will conduct the live auction.

Among the many talented artists who have donated art is Sam Rosby, Head of William Raney Harper College Ceramics Department. His ceramic wall hanging features varied textures and rich colors that result from a process called "pit firing." From Maryanne Wharton and Virginia Sweeny of Sisters, Too, Inc. in Barrington, we have a trunk painted in an animal motif both inside and out. Elaine Sager from Niles donated a beautiful floral etching. Her labor-intensive method utilizes a sewing needle held in a pin vise creating

tiny dots to form her images. R. Emile Huber from Arlington Heights donated a photograph entitled *Texas Sunset* which is a silver gelatin print. Palatine artist Joan Robertson has been perfecting her colored pencil technique for 23 years. Her floral compositions have been exhibited throughout the Chicagoland area. A piece called *Scarlet Lilies* will be in the auction. Crystal Lake artist George Voegel gave two carved sculptures made out of Colorado yule marble. A triangular shawl by fiber artist Diana Urso is one of the wearable works of art. An impressionist painting in the Americana style by Laura Cory of Barrington is included. Laureen Vlaisavljevich created a large handmade paper mixed media piece in her Barrington studio. Kathryn Corbin of Milwaukee has donated one of her ceramic pieces. These are just a sampling of the many fine artists who will have artwork represented throughout the evening!

The event is generously underwritten by ERA J.S. James Realtors, Lake Barrington Shores Golf Club, I.L.T. Vignocchi Landscaping, R.S.V.P. Direct and Francine Fossler. The prize of two round trip coach airline tickets has been provided courtesy of United Airlines.

Your support and participation in the event will enable BAAC to continue to provide the community and surrounding area with programs in the visual, literary and performing arts. A chance to purchase quality artwork at affordable prices can be yours by calling BAAC at 847-382-5626 for more information. Be sure to reserve your spot "Under the Tuscan Moon."

BAPW Seeks Donations of Merchandise, Services

Barrington Area Professional Women is asking for donations from merchants and service providers in the greater Barrington area to auction at its annual fund-raiser. All money goes to its scholarship fund for girls graduating from high school and women re-entering the work force. The event will be held on Thursday, November 4 at Watercress Banquets in Palatine.

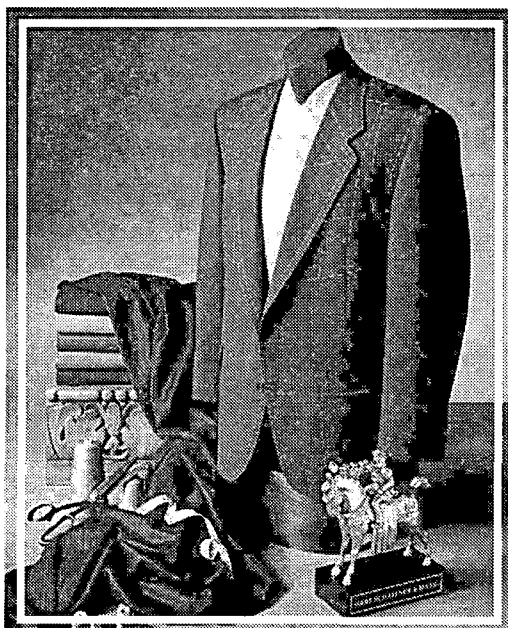
"This is a wonderful opportunity for businesses in Barrington and the surrounding communities to showcase them-

selves," says Barbara Ayres, committee chair. "The event generates a lot of enthusiasm and is well attended by our sixty-some members and their guests."

Auction items are being collected at Barrington Bank & Trust, 201 S. Hough Street in Barrington, Attention: Barbara Ringquist Tomasello. For information on donating or to request a scholarship application, call Barbara Ayres at 847-526-8876 or Laurie Grand at 847-842-8929.

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MON-WED & FRI 9:30-6:00 THU 9:30-8:30 SAT 9:30-5:00

Tootsies

A Shop for Women's and Children's Shoes and Accessories



COLE HAAN

Trunk Show

11 a.m. to 3 p.m., Friday the 15th of October

Special envoy Amy Beck from Cole Haan will be present. Special orders are welcome on both the entire resort and fall styles.

107 E. Main Street
Barrington **277-9596**

Monday-Saturday 9:30am-5:30pm
Thursday till 8:00pm



Since 1963, the men and women of Barrington and its surrounding communities have relied on **Chuck Hines** for all of their wardrobe needs. If you are very particular about the style of clothes you wear, need a special cut or if you simply prefer to save valuable time, you can rely on us as well.

Our custom clothing service can be one of your most valuable assets. Choose custom suits and sport coats from Burberry, Hart Schaffner & Marx, Hickey Freeman and Austin Reed; made-to-measure shirts by Gambert; neckwear by XMI, Robert Talbott and J.Z. Richards. To soothe your soles, we offer Allen Edmonds and Cole Haan shoes.

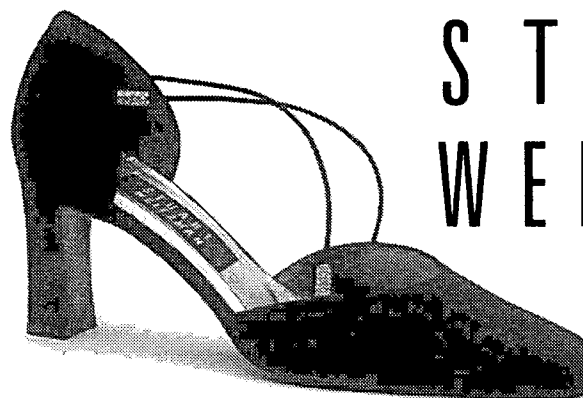
Depending on your hectic schedule, you can come to **Chuck Hines** or let **Chuck Hines** come to you. We'll meet you in your home or office to discuss, fulfill (and most likely exceed) your wardrobe expectations. At **Chuck Hines**... fine apparel and accessories for men, women and boys since 1963.

Chuck Hines is located at 141 W. Main St. in downtown Barrington.

Stuart Weitzman Footwear Arrives at Tootsies!

Just in time for the millennium. World Class and World Famous Footwear is what Stuart is all about. Special occasions, daytime casuals and even resort all taken care of by Stuart Weitzman. New Arrivals expected during the months of October and November. Drop by and pickup your personal copy of his current catalogue, all of which is available for special order.

PS: Winter boots have arrived for women and children.



STUART WEITZMAN

WC of Inverness Holiday Fair

As the holidays approach, we all look for ways to get things done quickly, easily and with good taste. The Women's Club of Inverness offers the one event to help with all of these concerns. Their 14th Annual Holiday Fair will be Tuesday, November 9. Stop by the Concorde Banquets location on Rand Road in Kildeer from 10 AM until 3 PM. There is no fee to find old favorites or a wonderful selection of new artisans represented in one room. Chairman Denise Long and her Cochair Goergia Lazzaro have made careful selections to include holiday and non-holiday items to

complete everything on your list.

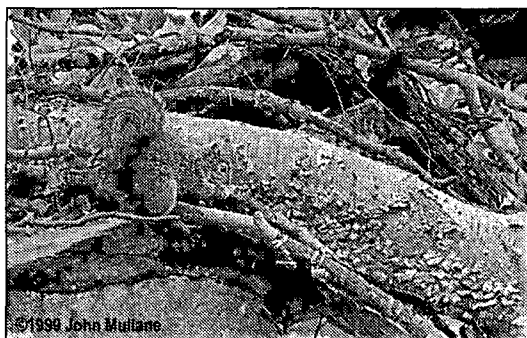
You may be the lucky winner of a magnificent group of themed baskets; the always popular Women's Club yearly ornaments will be there; and a wish tree will also be there, if you'd like to help sponsor an individual or family for a bit of holiday warmth. A luncheon for members and guests will complete the scene. Proceeds from the Holiday Boutique benefit Palatine Township Adopt-a-Family Project. For any information on the event, please contact Denise Long at 382-5976.

Art Will Bring Pleasure for Another Millennium

If your artwork is mounted, matted and framed properly, it should last for at least a couple millennia. **Woodland Art Gallery and Frame Shoppe** specializes in museum mounting, matting and framing. Using acid free materials and conservation glass, master framer and gallery owner Scott Teasdale creates custom framing that can either maximize the impact of the art or enhance it with great subtlety. The end result increases the esthetic quality and your investment.

Woodland Art Gallery takes pride in all their custom framing, whether it's a limited edition print from their extensive collection of artists or a child's first crayon drawing. Visit the gallery with your next framing project and discover the talent that comes from years of experience.

The gallery also invites you to discover their extraordinary collection of sought-after artists including Robert Bateman, Pino, Don Hatfield, Terry Redlin, Dean Morrissey, Carl Brenders, David Armstrong and Bradley J. Parrish. This month, the gallery is featuring *Island Spring* by



Uptown Squirrel by John Mullane

Nita Engle, a limited edition print from an original watercolor, and John Mullane's *Uptown Squirrel*.

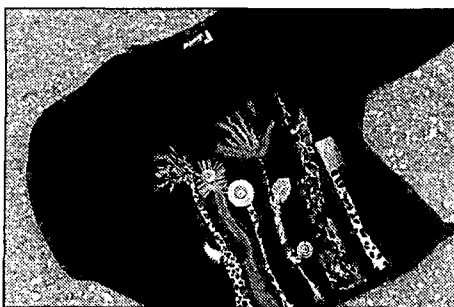
It's time for a visit to **Woodland Art Gallery**, dedicated to providing area art enthusiasts with works by today's most respected artists.

Woodland Art Gallery is located at 71-B East Woodstock Street, downtown Crystal Lake, and is open Monday through Friday from 9 AM to 5 PM and Saturday from 9 AM to 3 PM. Call **815-459-0460** for information. Visa and MasterCard accepted. Shipping available anywhere.

Unique Sweaters from Maryland

Lee Andersen's sweaters, made in Maryland in the old Historic Savage Mill, have made their way to **Country Clothes Boutique** in McHenry. Each individual sweater can only be described as a "highlight" to any wardrobe.

The idea for these sweaters started in New Zealand when fashion designer Lee Andersen was very young. As a child, Lee would unravel old sweaters than make them over. This later progressed into her first small shop in New Zealand that just grew into a very popular shop that everyone, including royalty, would come to visit. In fact, Lee's sweaters were so well known throughout New Zealand that the New Zealand Consulate would send foreign dignitaries to her shop. These sweaters and jackets were even highlighted on Good Morning America and can be seen on Rodeo Drive in Beverly Hills. The only reason that Lee relocated her shop from New Zealand to Maryland was for "love," as the sign on her shop



said when she moved with her new husband to the states.

With sweater season quickly approaching, Lee Andersen's sweaters along with many other sweaters are now available at **Country Clothes Boutique** located at 319 Front Street, McHenry. Beginning October 1, the shop will open at 9 AM and close at 6 PM, except on Tuesdays and Thursdays when the shop will be open until 7 PM and on Saturdays when the shop will be open from 10 AM to 4 PM.

Art Volunteers in the Classroom

Art Volunteers in the Classroom (AVIC) may focus on art but their ultimate goal is to teach students about art. How children learn and how this effects teaching methods will be the focus of the annual seminar by the Barrington Community Associates of the Art Institute of Chicago on Wednesday, October 13 at the Presbyterian Church of Barrington, 6 Brinker Road.

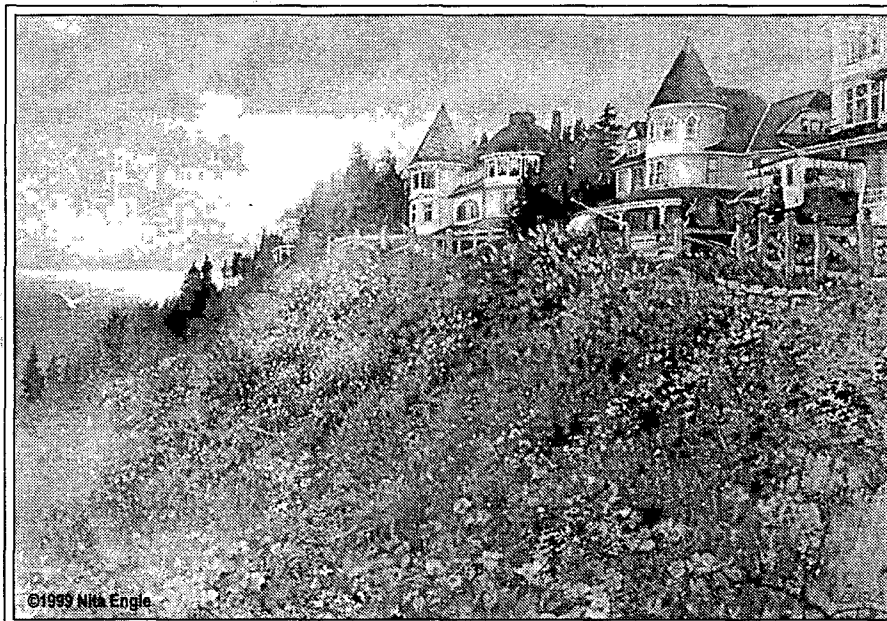
"Art is a Way of Thinking" will be presented by Cynthia Kelly Conlon. Conlon will discuss relevant educational research and theory that can help participants in planning their presentations. She will also demonstrate a variety of teaching activities to help all children develop an "intelligent eye."

Ms. Conlon holds a Ph.D. in education and is currently an instructor and educational consultant at the Milwaukee Art Museum. Conlon coordinates the visual arts program for her school and wrote the K-8 curriculum.

Registration and refreshments begin at 9:15 AM. The program starts promptly at 9:35 AM and runs until approximately 11:30 AM. Admission is \$8 per person. Make checks payable to the Barrington Community Associates. Baby-sitting is available at \$5 per child if registered by October 6.

To register, please phone Kathy Peschere at 847-382-7284 or Lynn Cushwa at 847-382-3346.

Is your art Y2K ready?



Island Spring by Nita Engle

Limited edition print from a watercolor original

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Deadline!

The deadline for the **November Issue**
is **Thursday, October 14.**

Please send your press release/advertising materials to:

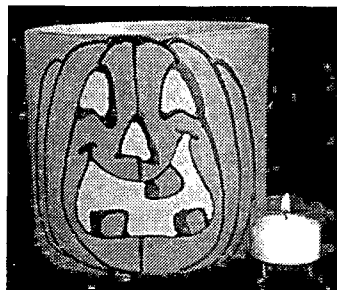
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Holiday Candle Sale

3 Days Only! Oct. 7th - 9th
20% OFF All Candles

Plan your holiday tables and gift giving early! The Canterbury Shoppe is filled with hundreds of beautiful harvest & holiday candles. Handmade from 100% beeswax, our candles are long-burning, smokeless & dripless, the finest quality money can buy! Shop early for best selection!

In The Ice House Mall
200 Applebee Street • Barrington, IL 60010
(847) 304-9627

Hours: Mon., Tue., Wed., Fri., Sat. 9:30 a.m. - 5:30 p.m.
Thu. 9:30 a.m. - 8:00 p.m. • Sun. 11:00 a.m. - 3:00 p.m.



Barrington
ICE HOUSE MALL

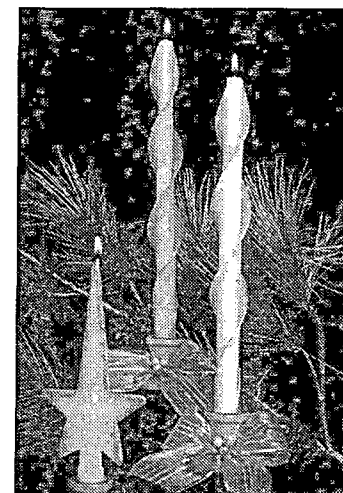


Halloween and Harvest Fill The Canterbury Shoppe!

Ghastly and ghostly candles, eerie witches and hunchbacks, glowing Jug-o-Lanterns... **The Canterbury Shoppe** is brimming with Halloween and Harvest decor for your home! Whether it is a cast iron owl luminary for your driveway or a ghostly candy dish for your foyer, you are sure to find the perfect items to bring a little Halloween home!

Getting ready for the harvest? Our fall collections include gorgeous serving platters, candlesticks and dellarobia accents that will transform your home for the holiday season. Don't forget, it's never too early to start thinking about placing special gift and gift basket orders for the Holiday Season. Corporate accounts are always welcome! Christopher Radko and Limoges collectors, if you are interested in particular pieces, call us at **847-304-9627**. We will be happy to reserve them for you! (Our Annual Holiday Limoges Trunk Show will be held Thanksgiving Week!)

The Canterbury Shoppe is open Monday, Tuesday, Wednesday, Friday and Saturday, 9:00 AM to 5:30 PM; Thursday,



Plan your holiday celebrations
with elegant candles from
The Canterbury Shoppe!

9:30 AM to 8:00 PM; and Sunday, 10:00 AM to 3:00 PM. The Shoppe's new location is in the Ice house Mall. Any Questions? Give us a call at **847-304-9627**.

Happy Hauntings!

Bra Fitting Clinic at Lauren's Lingerie

On Friday, October 15, 10 AM to 4 PM, **Lauren's Lingerie** will be holding a prosthesis and mastectomy bra fitting clinic by our Amoena representative, Kathryn Rose. She and our on-staff certified fitters will be here to assist you.

Lauren's Lingerie is located in the

Historic Ice House Mall in downtown Barrington. Please call **847-381-0715** to schedule an appointment for your individual attention.

A display of wigs and accessories will also be on display from Ultimate Looks, Ltd. in Cary.

Operathon '99 on October 16



In support of Operathon '99 are Barrington Chapter of Lyric Opera of Chicago members: (back row from left) Dr. George Pepper, Inverness; Susan and George Obermaier, Schaumburg; Wanda Hollensteiner, Barrington; Jim Steed and Barbara Keegan, Schaumburg; Howard Robins, Arlington Hts.; (front row from left) Patricia Steed, Schaumburg; Carol Stephens-Welch, Lake in the Hills; Chapter President Mary Robins, Arlington Hts.; Mary

Wajda Palatine; and Bonnie Westphal, Hoffman Estates.

Operathon '99, Lyric Opera of Chicago's 20th Annual Radio Marathon fund-raiser and one of the company's most important fund-raising events, will air Saturday, October 16 on WFMT Radio (98.7 FM) live from the Civic Opera Building, 8 AM to midnight.

Call toll-free at 1-888-726-5700 to make a pledge during Operathon '99.

Rd, Barrington, IL, 60010 by November 5. A friendship hour will begin at 11 AM.

Proceeds of the event will be used for scholarships and philanthropic gifts.

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Form You
Just
Stick On
and Go.



Introducing **Luxa Contact™**
Amoena's First Self-Adhering
Breast Form.

And yes, it's really that easy. Thanks to a new adhesive backing that's as gentle as it is revolutionary. Come in today. Let us fit you in a Luxa Contact. And you'll instantly feel you've discovered confidence that sticks with you.

AMOENA

Friday, October 15th, 10-4 PM
Prosthesis-Mastectomy Bra Fittings by Kathryn Rose
of Amoena to assist you personally.

Please call for an appointment

Lauren's
lingerie

The Ice House • 200 Applebee St. • Barrington • **847.381.0715**

"Lavender and Lace" Slated for November 17



Slated for November 17, BWC's "Lavender and Lace" Fashion Show is planned by Ice House Mall managers Rosemary Doherty, Savvy Spirit; Harriet Fehns, Lauren's Lingerie; and Beth Johanson, Peter Daniels.

Choosing dawn to dusk clothing for the Barrington Woman's Club "Lavender and Lace" Fashion Show on Wednesday, November 17 at Biltmore Country Club are Ice House Mall store managers Rosemary Doherty, Savvy Spirit; Harriet Fehns, Lauren's Lingerie; and Beth Johanson, Peter Daniels. Fur fashions from The Mink Barn will also be modeled. Lake Barrington Shores resident Dave Morgan will play special piano music.

The public is welcome to attend. Tickets are \$45; checks made to BWC may be sent to Nancy Anderson, 944 D Oak Hill

Rd, Barrington, IL, 60010 by November 5. A friendship hour will begin at 11 AM.



Barrington ICE HOUSE MALL



At the Barrington Ice House Mall

We invite you to shop and dine at the historic **Barrington Ice House Mall Village Shops and Chessie's Restaurant**. Bring that special someone to the **Ice House** to browse and shop our 15 boutique shops which offer something for everyone including men's, women's and children's apparel, beautiful accessories and jewelry, original artwork, nautical artifacts and much more.

You can enjoy lunch or dinner at the award winning Chessie's Restaurant or a visit to She & "I", our full service hair and nail salon where walk-ins are always welcome. You will want to be sure to visit our newest store at the **Ice House**; The Canterbury Shoppe carries a beautiful selection of ideas for holiday and home. They have recently relocated their shop from downtown to a beautiful first floor

location in the **Ice House** directly across from Peter Daniel's Women's Department.

All of our shops specialize in friendly personalized service. Gift certificates, gift-wrapping and UPS service are also available in most stores. In addition, mall gift certificates may be purchased in the management office and they can be used anywhere in the mall.

Informal modeling by Peter Daniel Apparel for Men and Women and Savvy Sprit also takes place on Wednesdays and Fridays from noon to 1:30 PM at Chessie's Restaurant.

The **Ice House Mall** is located in downtown Barrington at 200 Applebee Street next to Jewel/Osco. There is always plenty of free parking for your convenience. For further information, please call **847-381-6661**.

What better way to bring in the millennium than with the Elegance 2000 collections available at **Peter Daniel of Barrington**.

We're making it easy and exciting for you to select the perfect dresses and ensembles for all the formal occasions on your holiday calendar. Discover rich luxurious fabrics such as silks, brocades, velvets and chiffons in styles that are refined, classic and graceful.

The key word for the millennium is accessorize! Select gorgeous jewelry from Judith Jack, Patricia Locke and many others. Beautiful evening bags from the "Bags n Bloom" collection are exquisite in silks and velvet with floral detailing. Just the perfect accent for your holiday wear.

Did you know that **Peter Daniel** carries a complete line of formal wear for men? You have the option to purchase or rent your tuxedo for all those special occasions.

So dress up for the millennium with an Elegance 2000 attitude from **Peter Daniel**.

We are located on the first level of the Ice House in Barrington and open seven days a week for your shopping convenience.



Fall Diddley® Craft Show— October 9 and 10, 1999

The 14th Annual Fall Diddley® Craft Show, featuring over 300 crafters and artists, will be located at the Boone County Fairgrounds at Route 76 and Business Route 20 in Belvidere, IL.

Fall Diddley® will run on Saturday, October 9, 10 AM to 5 PM and Sunday, October 10, 9 AM to 4 PM. Craft Booths will be enclosed in buildings and tents.

There will also be a League Bake Sale, food vendors and plenty of free parking. (No amusement rides will be offered.) Admission is \$4 for those ages 12 and over.

The show is sponsored by volunteers of The Mental Health Resource League for McHenry County, PO Box 204, McHenry, IL, 60050. Please call 815-385-5745 for more information.

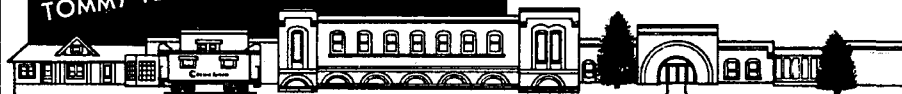
Visit the Ice House's 15 Specialty Shops:

AUBREY'S CANTERBURY SHOPPE
CHESTERFIELD GLASS GALLERIES
SNAILS PACE
JANS OF LONDON TINA HAN GALLERY
VILLAGE LEA IMAGE STUDIO
HALLMARK SHOP SHE & "I"
LAUREN'S FINE LINGERIE
PETER DANIEL APPAREL ONCE IN A BLUE MOON
TOMMY TERRI SAVVY SPIRIT
STAY TOONED GALLERY CHESSIE'S

Enclosed Mall • 15 Unique Specialty Shops
Friendly & Personalized Service
Relaxed Atmosphere • Plenty of Parking
Convenient Downtown Location

**Barrington
ICE HOUSE MALL**
village shops & Chessie's restaurant

200 Applebee Street
847-381-6661



Rt. 59 (Hough St.) and Lake Cook Rd. (Main St.) Intersection, turn west on Main for one block, then turn north on Applebee, next to the Jewel.

Hours: Sun. 11-3, Mon.-Sat. 9:30-5:30
Thurs. 9:30-8:00

peter daniel
barrington
apparel for men and women

*Ring in the
Millennium
with formal wear
from Peter Daniel*

Barrington Ice House
200 Applebee St.
847.382.6676

MTWTF 9:30-6PM
Thurs 9:30-8:00pm
Sat 9:30-5:30pm
Sun 11-3pm

Hospice Sponsors Grief Support Group

When someone we love dies, the pain of the separation is one of the greatest costs of the relationship. Whether it is the death of a spouse, a parent, a child or a close friend, the loss can feel overwhelming to those left behind.

Hospice of Northeastern Illinois is offering a six-week "Grief To Hope" support group for those grieving the death of a loved one. Topics to be covered include: depression; emotions such as anger, blame, anxiety and fear; how to help yourself; support systems; keepsakes and memories; and saying good-bye.

The class begins Tuesday, October 5

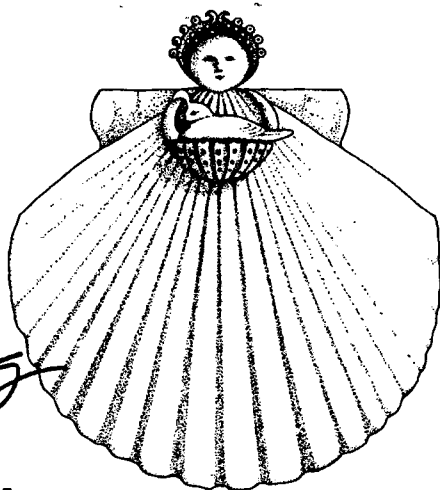
and continues on six consecutive Tuesdays until November 9. It will be from 6:30 to 8:00 PM at the hospice office, 410 South Hager Ave., Barrington. The class is open to individuals and family members who wish to learn more about the grief they are experiencing and how to move on with their lives.

There is a suggested fee of \$25, however, the class is open to anyone regardless of ability to pay. To register for the "Grief To Hope" Class or for more information on hospice or bereavement programs, please contact Terry Rasmussen or Sherry Ofsanik at 847-381-5599.

Inspired by bird watching memories.
Symbolizing preparation & protection of home & family and the important role women play. Come celebrate and view her complete collection of bisque angels, hearts and crosses.

Margaret Furlong
G. Whiz

a imaginative collection of artisan jewelry, unique gifts & really great stuff
724 W. Northwest Hwy., The Foundry, Barrington 304-0255
Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4



Nestling Quail
3.5" Bisque Porcelain

Margaret Furlong— National Celebration Event

Margaret Furlong is celebrating her first National Event with the introduction of the Nestling Quail bisque porcelain angel. This angel was inspired by memories of bird watching with her mother on the plains of Nebraska and the nurturing aspects of motherhood. **G. Whiz** will begin selling this piece on October 16. Margaret Furlong is a beautiful gift—come view this special piece and her entire collection!

Besides this special event, don't forget another upcoming holiday—Halloween! **G. Whiz** has a great selection of spider headbands, whimsical pins, earrings and necklaces to help complete your holiday wardrobe. And our scarecrow votive holders, spider candlesticks, frames, can-

delabras, spreaders, glass serving pieces and Halloween decorations will transform your home.

Our line of contemporary tin pieces are a delightful addition to any Halloween decor. And our seasonal garden flags make a statement without being overwhelming. Add a seasonal rug mat, Pumpkin Spice candles, some great smelling Cinnamon & Cider potpourri and you're on your way to a fantastic holiday!

The store is filled with an array of new items from wonderful hostess and birthday gifts to practical decorative pieces. You'll have fun shopping and a hard time trying to choose from our huge and expansive selection.

Pearls From Dalzell & Co.—A Classic on Your Fall Wedding Day... and Always

Pearls are always a classic and always of the highest quality—and most reasonable price—at **Dalzell & Co. Fine & Antique Jewelry** in Historic Downtown Crystal Lake.

Pearl earrings, necklaces and bracelets in a variety of beautiful colors and styles are perfect accessories for brides and bridesmaids... a wonderful way to thank Mom for coordinating the "big day"... and the ideal wedding gift from a groom to his bride-to-be.

As you prepare for your wedding, also keep in mind that **Dalzell & Co.** is a *direct diamond importer* and an excellent source for engagement rings and wedding

bands. **Dalzell & Co.** also offers gift registry service, featuring McHenry County's largest selection of Waterford® Crystal.

Dalzell & Co. Fine & Antique Jewelry at 23 N. Williams Street in Historic Downtown Crystal Lake is owned and managed by Steven and Jennifer Dalzell—both Graduate Gemologists and Graduate Jewelers of the renowned Gemological Institute of America (GIA). Business hours are Monday through Friday, 9:30 AM to 5:30 PM; Thursday from 9:30 AM to 8:00 PM; Saturday from 9:30 AM to 4:00 PM; and also by appointment.

Please call **847-382-3944** or **815-455-3600**.

Enjoy an Aveda Foot Relief Treatment

Ben E. Salon Spa introduces the new Aveda Foot Relief Treatment in October. This very special pedicure is on special for \$50. You will save \$5 from the regular price. (A polish application is an additional \$10.)

What is the Aveda Foot Relief Treatment?

It is a pedicure/treatment that requires "certification" for our Nail Technicians from the Aveda Corporation. It is a treatment that will last about an hour and a half. Your visit will begin with an analysis of your feet and a recommendation of an essential oil to balance any foot condition that may appear, i.e. dry, cracked, hot, itchy, tired, blistered, etc. You will soak in our pedicure whirlpool with Aveda Aqua Therapy Salts combined with

the appropriate essential oil. Both foot and leg will be deeply cleansed and exfoliated with emphasis on callused areas. Your feet will be wrapped in hot towels. Your toes will be groomed including cuticles. All this will be followed by a 19-step foot and leg massage! Toes will be buffed or you may choose a new Fall/Winter shade of color from OPI.

Don't miss this very special treatment! It's a "must do" during the cold, dry months ahead. Gift Certificates are also available for this service.

Ben E. Salon Spa is located at the intersections of Highways 14 and 59 in Barrington. They are open Tuesday through Saturday, Tuesday and Thursday nights until 8 PM. Call for your appointment at **847-381-2160**!

BAAC Gallery at the Library

During the month of October, the BAAC Gallery at the Library presents the exhibit, *Anamnesis*. The show features the watercolor paintings of Sherry Hunter Lee and the mixed media constructions of Barbara Fuhr.

Barrington resident Sherry Lee orchestrates the use of watercolor creating contemporary studies of nature and vistas. Her expressive shapes and rich colors bring into being mysterious yet hauntingly beautiful paintings.

Barbara Fuhr of Palatine enjoys the

hands-on contact an artist experiences working in three-dimensional art. Fuhr's constructions, "memory boxes," connect found objects, family and friend's memorabilia and her own artistic touches. The result is unique fabrication of the past and the present.

The exhibit is on view at the Barrington Area Library located at 505 N. NW Highway in Barrington through October 30, 1999 during regular library hours.

For more information, call the BAAC Gallery at 847-382-5626.

AVEDA
the art and science of pure flower and plant essences™



During
October
Enjoy an
Aveda
Foot Relief
Treatment
SAVE \$5.00
(reg. \$55)

Aveda pure plant products and services for hair, skin, body and lifestyle. A complete collection of personal care products with the benefits of pure flower and plant essences. A unique approach to personal style that celebrates the individual. An innovative way of looking at beauty. That's Aveda—pure and effective.

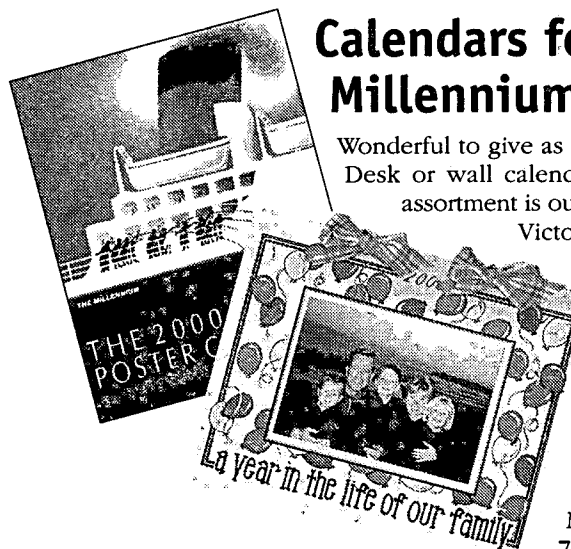
**BEN E. SALON
SPA**

123 W. Northwest Hwy.
(Intersection of 14 & 59)
Barrington
381-2160

Hair Care | Skin Care | Natural Colour™ | Plant Pure-Fume® | Body Care

Massage | Manicures | Pedicures | Make-up

The FOUNDRY of BARRINGTON



Calendars for the New Millennium are Here!

Wonderful to give as a gift or choose one for yourself! Desk or wall calendars, diaries or page-a-day—the assortment is outstanding. From the ever popular Victorian Calendar, Bottman Design for Real Women in the new millennium, French Country Diary, Linnea Poster Calendars or personalize your own calendar with family photos—they are all available at the **Little Shop of Papers** located in the Barrington Foundry. Hours: 9:30 AM to 5:30 PM Monday-Saturday, Thursday till 7:00 PM.

It's Fall and Time for a Change!

It's October!! Fall is here and changes are everywhere. This fall, let **L'Auberge** change you. We know you have many other options out there. However, we feel we can take care of all your needs. This fall, change your look. Fun, rich colors are in. Our hair designers have advanced education in Goldwell color. It's time to take that drab brown hair and make it a rich auburn. Take away that dull blonde and make it nice and gold or even straw-

berry blonde. And we want you to know you can do this without peroxide. We believe in total hair care. Get the rich deep color without the labored maintenance of a permanent color. Try a few highlights right around the face just for an extra brilliance and shine to your overall look. This look is you, it's trendy and, most importantly, fun!!

It's time for change. Call **847-277-7000** for your appointment now.

Halloween Scents at Barrington Bath Shoppe

Fun fragrances from Yankee Candle® have arrived just in time for Halloween! "Witches Brew™" is a black candle with a spicy, patchouli scent. "Trick or Treat™," the scent of candy corn, will satisfy your sweet-tooth and you won't gain a pound! Both Halloween scents are available in two jar sizes, votives and tealights. (The tealights will fit perfectly inside your carved pumpkins. And at \$7.50 for a box of 12, they're a terrific value!) You might also choose either a pumpkin or black cat votive holder to compliment your votives. Supplies are limited for these special fragrances and accessories, so hurry in before they all disappear!

Yankee Candle® features more fall fragrances including Spiced Pumpkin, Harvest, Spiced Apple, Warm Apple Crisp, Cinnamon Toast and Home Sweet Home. These candles will pervade your home with comforting scents. Plus, check out our new "candle toppers" from Our America. These resin toppers are colorful replacements for the plain glass jar lids. They feature different themes such as apples, sea shells, teapots, roosters, gardens and more! Leave the lids on the jars when not in use for a decorative accent. Pair a jar and matching lid for the perfect

gift! (Remember, the holiday season is fast approaching!)

Wax Potpourri Tart Burners are still one of the most popular candle accessories we sell! Yankee Candle's® tarts are tiny, but they pack a powerful punch of fragrance when melted in a tart burner. We have lots of beautiful patterns in stock: Fall Leaves, Pears, Pumpkins, Apples and Florals.

Fall is a perfect time for home fragrances of all types. Stop by to smell the other great scents of fall during our "Fall Festival of Fragrance" on Saturday, October 16 at both stores. Enjoy special savings of **15% off** on all fall and Halloween merchandise—one day only! You might select some leaf or pumpkin soaps, a pillar candle or two, scented potpourri, fall or Halloween candle accessories or paper guest towels for your home. We'll have refreshments and giveaways galore! Plus, you can register to win our grand prize Fall Gift Basket—a **\$100 value** (no purchase necessary)—just for stopping by either store on Saturday, October 16! Our Barrington store is open 10:00 AM to 5:30 PM. The Randhurst Mall store is open 10:00 AM to 7:00 PM. Remember **Barrington Bath Shoppe** for all your fragrance needs—our scents are so good, they're scary!

For Christmas Cards Even Scrooge Would Love...

See our wide selection of boxed cards by these outstanding companies:

- Caspari
- William Arthur
- Regency
- Cranes
- Sunrise
- Brett

We also have the largest selection of photo cards ANYWHERE—traditional, whimsical, sporty... again this year we are offering personalization.

Little Shop of Papers, Ltd.
(847) 382-7733
The Foundry/740 W. Northwest Hwy. Barrington

L'Auberge
A Golden Day Spa & Salon

It's Fall & Time for a Change

764 W. Northwest Hwy.
Barrington **847-277-7000**
Tues. & Thurs. 9-8, Wed., Fri. & Sat. 8:30-5

Barrington Bath Shoppe Ltd.
Fine Toiletries - Home Fragrances - Bath Accessories - Gifts

Treat Yourself!
To special fragrances from Yankee Candle®

Witches' Brew™
the scent of "patchouli"

Trick or Treat™
the scent of "candy corn"

Choose from jar candles, tealights, and votives. Other **Yankee Candle™** fall favorites: Spiced Pumpkin, Harvest, Spiced Apple, Warm Apple Crisp, Cinnamon Toast, Home Sweet Home.

Foundry Mall
Barrington
382-5722

Gift Baskets Made to Order!

Franchises Available!

www.barringtonbathshoppe.com

Randhurst Mall
Mt. Prospect
797-6992

Burdeen's Jewelry

*"For those
who know the
difference"*

*South Sea
Pearls*

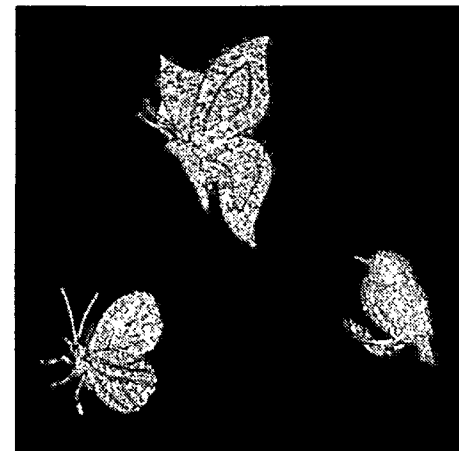
Over 30 Cases of Unique and Custom Designs

1148 Lake Cook Road • Buffalo Grove, Illinois • 847.459.8980

Fine Jewels—Precious History

Dennis and Sandy Burdeen of **Burdeen's Jewelry** were recently honored with an opportunity to peruse an ancient diary. This diary was presented to them by an Italian couple they met at an International Jewelry Designers conclave. Over a fine bottle of wine, the Italian couple began to tell the Burdeens the history of their family's jewelry house. This history spans five generations. Every generation has recorded their most brilliant designs in this sketchbook diary. They use this diary to evoke new and exciting inspiration in their current designs.

As the Burdeens looked through this amazing volume, they had a brilliant idea. What if one could reproduce some of

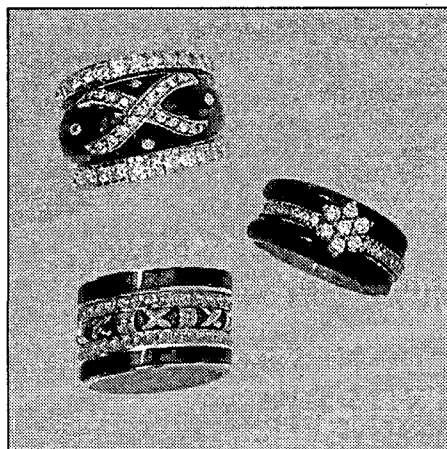


Yellow and White Diamonds

these ancient designs? The Burdeens posed the question, and the Italian couple raised their glasses in response.

What **Burdeen's Jewelry** now presents to you are incredible hand-made pins, earrings, necklaces and bracelets of uncompromising design and quality. This classic elegance has to be felt and seen for complete appreciation. Themes include the butterfly, a signature for the millennium. The butterfly motif symbolizes rebirth and a free spirit. Flowers, leaves and birds are also inspirational.

Custom orders and layaways have already started for the holidays. The Burdeens invite you to come and share in this find, even if only to view their newly-found treasures.



Hidalgo Rings

Four Seasons Garden Club

On October 5 at 9:30 AM, the Four Seasons Garden Club will meet at a member's home.

Greta Jones, Master Gardener, will speak on spring bulbs. She will give a slide presentation on spring flowering bulbs and

will cover what does well in our area. She will also cover when and how to plant an appealing variety. Questions will be welcomed.

For more information, please contact Judy Palmer at 304-8801.

Shari's Furs & More— 4th Annual Trunk Show

Featuring the hottest designer in the fur industry, Paula Lishman... knitted, sheared fur provides the ultimate of warmth combined with the lightest weight imaginable; you must try is on to appreciate this innovation. This is the fur of the future, but the time is now.

Because of the wonderful response to our leather sale last year, **Shari** has decided to have her 4th trunk show. This superb millennium 2000 collection of the highest quality garments will fit your lifestyle, your mood and, most importantly, your pocketbook.

The sale will feature everything from short jackets to full length coats. Included are leather only, removable fur liners, thinsulate liners and the ever popular reversibles. And to fill out the collection, the finest selection of shearlings has been assembled.

Shari has also expanded the resale racks to accommodate the terrific response our customers have shown. The selection is fantastic! And we have accessories galore.

You will also see a preview of all the new fur styles in mink, sheared beaver and long haired beaver coats and jackets for the millennium.

Shari's Furs & More does not want to



be just a point of purchase; they have climate-controlled storage, make alterations and restyle all types of fur and leather.

After 20 years at the same location, **Shari** is still saying "Our sales people will treat you with the same respect they would expect if they were on the other side of the counter."

**REFRESHMENTS
WILL BE SERVED
GIFTS WITH
EVERY SALE**

Shari's
FURS & MORE

FALL TRUNK SHOW

featuring the latest designs
of the fur industry's hottest and
most innovative designer.

"PAULA LISHMAN"

Knit Fur, the fabric of the future,
indulges you in its warm, lightweight,
sumptuous comfort.

Also... the best selection of leathers
and shearlings in the area.

**Thursday, October 14
through Sunday, October 17**

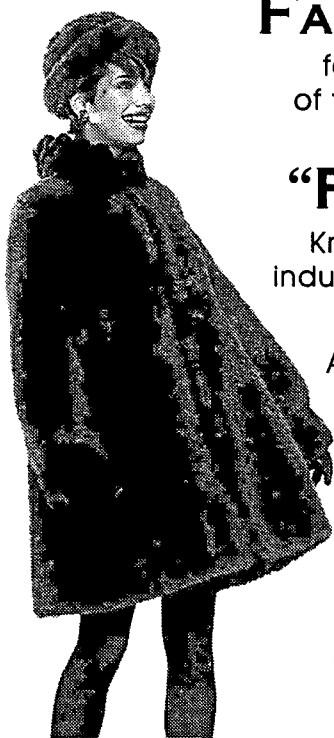
Thursday & Friday 10 - 8
Saturday 10 - 5, Sunday 12 - 4

Also preview our
Millennium Collection of furs.

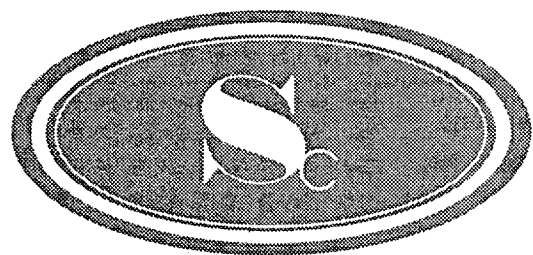
Our Resale Racks are Full!

22 S. Evergreen

847 255-1300 Downtown Arlington Heights



Milan & Paris at home on Cook Street in Barrington



STARR C O U T U R E

Distinctive Apparel & Accessories

STARR COUTURE is a fresh concept in personal wardrobing. At STARR COUTURE, every woman will have an opportunity to discover her personal style and express herself through *what she wears, and the way she looks.*

Finding the outfit and accessories that suit you and enhance your special qualities should be pleasant and convenient! At STARR COUTURE you will relax, be pampered, and enjoy the experience of selecting fashions that are right for you and for your lifestyle in a warm, soothing, and elegant environment.

At STARR COUTURE, we have a unique "intuition"—an ability to listen, assess, and relate to women of all ages and social backgrounds. We seek out what's natural and essential to you, and we use our knowledge and expertise to help you look you best... enhancing your best features and individual coloring. We like to share these gifts with you. Let us help you show the world **you at your best**... beautiful, self-aware, confident, elegant and sophisticated.

STARR COUTURE will help you:

- ❑ Coordinate an entire wardrobe for business, casual, travel and social events
- ❑ Update and accessorize your existing wardrobe
- ❑ Save you time and eliminate unnecessary purchases
- ❑ Advise you on the perfect gift item
- ❑ Select items appropriate to any budget

STARR COUTURE's apparel and accessories are selected in Paris and Milan throughout the year where we seek out items that are beautifully made yet reasonable, luxurious, original, and not found in other stores.

STARR COUTURE conducts group seminars on wardrobing, business and fashion trends.

Grand Opening

Please stop in for a complimentary refreshment, relax and enjoy our new surroundings or call for a personal appointment.

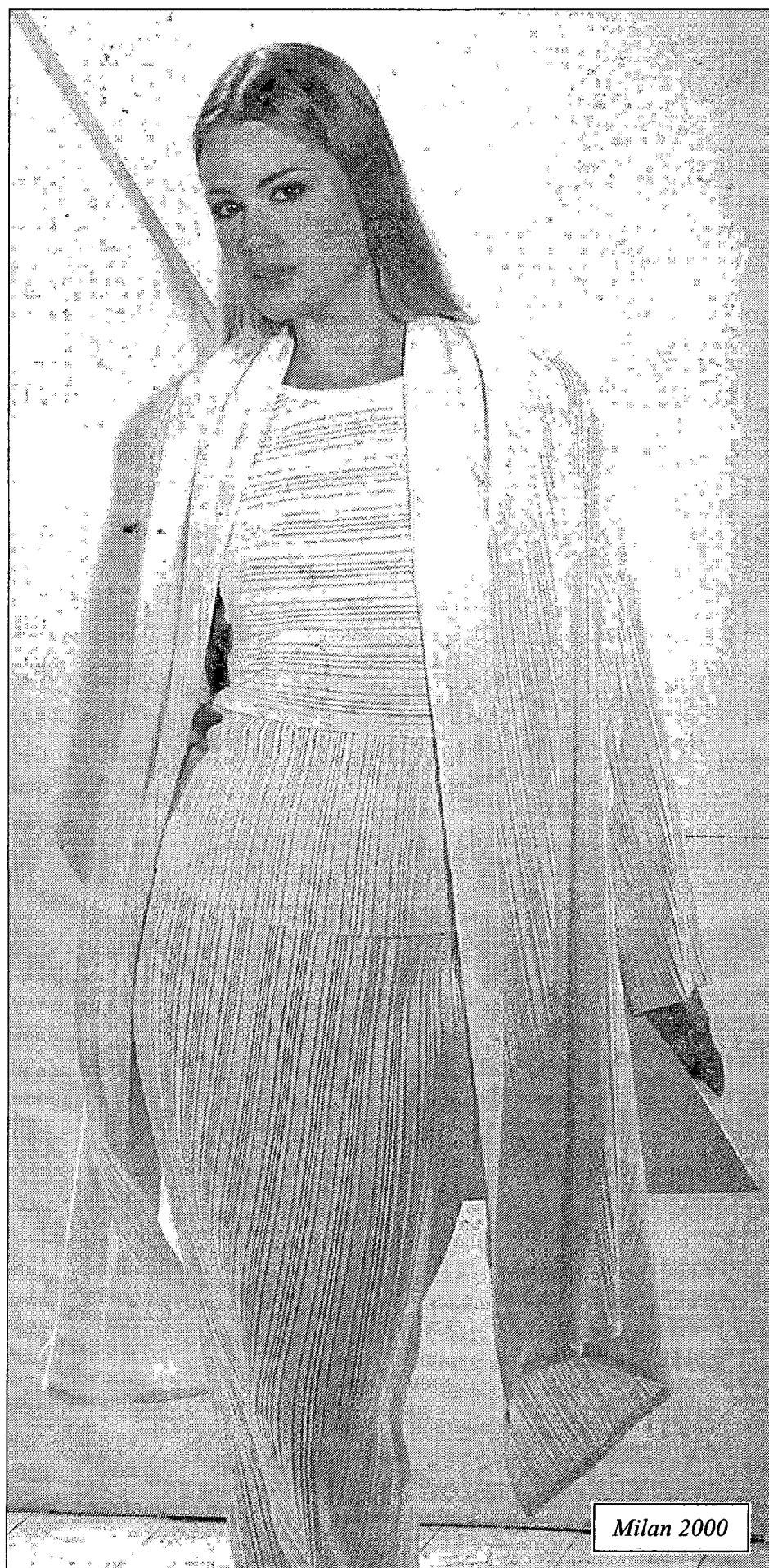


STARR C O U T U R E

111 N. Cook Street, Barrington, Illinois 60010
(847) 382-2500



Starr Kondos, owner



Milan 2000

M.J. Miller & Co. is Offering This Harvest of Values* at Their Pre-Moving Sale—October 1 - 31



SPECTACULAR SAVINGS ON CULTURED PEARLS

18" GRADUATED STRAND	REG \$525	SALE \$260
20" 5.0 MM STRAND	REG \$415	SALE \$200
24" 5.0 MM STRAND	REG \$505	SALE \$250
30" 5.0 MM STRAND	REG \$635	SALE \$315
16" 6.0 MM STRAND	REG \$695	SALE \$350
18" 6.0 MM STRAND	REG \$790	SALE \$395
20" 6.0 MM STRAND	REG \$885	SALE \$440
24" 6.0 MM STRAND	REG \$1075	SALE \$540
30" 6.0 MM STRAND	REG \$1360	SALE \$680
18" 7.0 MM STRAND	REG \$1465	SALE \$735
24" 7.0 MM STRAND	REG \$2065	SALE \$1035
30" 7.0 MM STRAND	REG \$2540	SALE \$1270

Diamond Stud Earrings

1/2 Carat Total Weight

reg. \$975 **SALE \$450**

Diamond Pendants

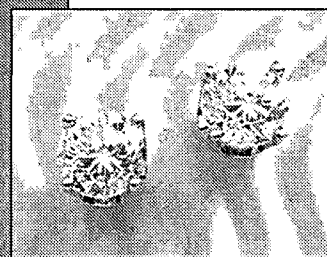
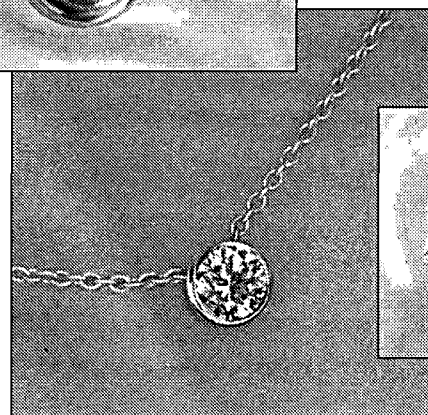
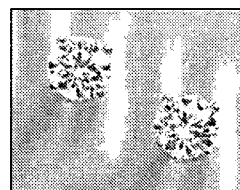
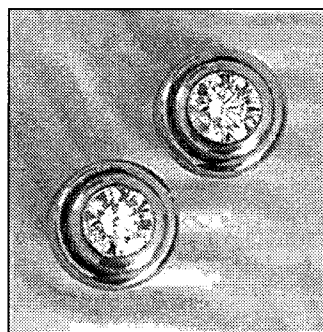
1/4 Carat

reg. \$495 **SALE \$225**

Many Other Diamond Stud
Earrings & Pendants

40% to 50% OFF

*Supplies Limited. In-Stock Items Only.



847/381-7900

124 Barrington Commons Court
Barrington, Illinois 60010

312/781-0939

29 East Madison, Suite 1214
Chicago, Illinois 60602

M.J. Miller & Co.

For 30 Years the Northwest Suburbs Leading Jeweler
is pleased to announce

Our New Home at **123 West Main Street** in Downtown Barrington

Opening Early February

To celebrate the formal announcement
of this exciting event, enjoy

Spectacular Savings

October 1 - 31

**40%, 50% &
up to 60% OFF***

Hundreds of Selected Items

Many Items from \$200-\$500
& Including Items
up to \$20,000-\$30,000

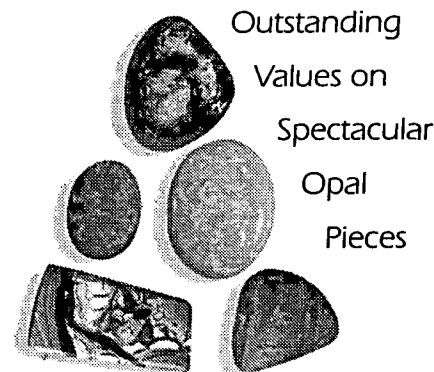


**Spectacular
Savings on
Cultured Pearls**



Watches at 40% OFF
SEIKO ESQ
CITIZEN FORTIS

**October is
Opal Month**



Outstanding

Values on

Spectacular

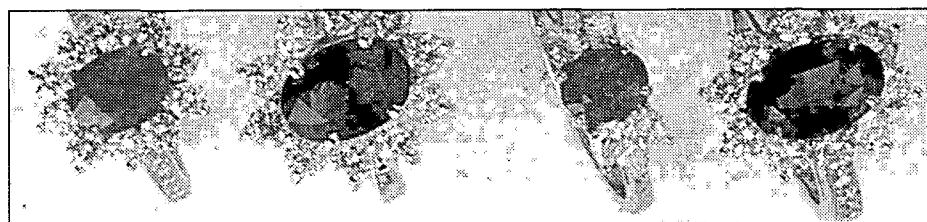
Opal

Pieces

Opal & Diamond Ring
reg. \$1520 **SALE \$750**

Opal & Diamond Pendant
reg. \$1520 **SALE \$625**

Opal & 14k Gold Earrings
reg. \$200 **SALE \$98**



**Great Selection of 14k and 18k
High Fashion Earrings & Bracelets**

**Wide Selection of Emerald, Ruby,
Sapphire and Diamond Rings**

40% - 50% - 60% OFF

*Supplies Limited.
In-Stock Items Only.

M.J. Miller & Co.

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Barrington, Illinois 60010
847/381-7900

MTWTF 9:30-6
Thurs. 9:30-8
Sat. 9:00-5

29 East Madison, Suite 1214
Chicago, Illinois 60602
312/781-0939

By Appt. Only

ALONG WITH OTHER FINE SHOPS...

ESH Pharmacy • Satin Filly • Char Crews • Grandpa's Ristorante • Syd Simons

Portraits by

Thomas

We love black and white photography. The nature of this medium allows us to guide the viewer's eyes right to the heart and soul of the subject.

We are now accepting appointments for holiday portrait sessions.

557 North Hough Street Barrington
381-7710



Plan for Your Family's Holiday Portrait

At **Portraits by Thomas**, it is our intention to do more than just record what you look like. We create stories that speak volumes by capturing your family's personality, spirit and true character in a piece of fine art. A professional family portrait brings feelings of warmth and love into your home that is not available with any other kind of artwork. It is a wonderful investment, having lasting benefits that will reward you through the years. Call our studio today to set up an appointment for your family's holiday portrait.



Claude Thomas is Bringing You into the New Millennium

Along with all of our services, **Claude Thomas** is introducing our exclusive and exciting new service—Microdermabrasion. Compared to a chemical peel, Microdermabrasion offers the benefits of greater precision and enhanced results. The combination of skin exfoliation and slight suction stimulates production of new living cells at the base level of the skin. This causes cell turnover and improved blood flow. The result is healthier, fresher skin with enhanced elasticity and texture.

Microdermabrasion is a new treatment in the U.S.A. Having been used for many years in the most exclusive spas in Europe, this service is immediate. There is no healing time, no need to hide away for days and weeks before returning to your normal lifestyle. The benefits of Microdermabrasion are as listed:

- Works on all skin types
- Elimination of fine lines and wrinkles
- Lightens and can even eliminate age spots
- Reduction of open pores
- Reduction and/or elimination of broken capillaries, scars, stretch marks, and white- and blackheads
- Restores sun damaged skin

Another one of our exclusive services is hair extensions. Not all hair extensions are alike. We only carry the most innovative methods in our industry. Our systems do not damage your own hair like so many systems out there in other salons. We only use the best hair in our industry. Not all hair is equal. Many systems use hair that is substandard and will knot and appear dull and fake looking in a very short time.

We use two systems, The Great Lengths system and the Micro-links system. Great Lengths attachments are polymers equal to the human hair structure, not glue, wax or twisting and braiding that will damage your own hair. We use 100% human hair with cuticles that all go the same direction. We do not use synthetic hair or hair



Taking care of you is serious business... but we make it fun too.

without cuticles that get tangled and becomes dull after a few washings. This hair is easy to perm or color. After a consultation, we determine what would be right for you.

Call us and find out more about these two exclusive services

This month we have an offer of a mini-facial for \$25. Take advantage of this offer and pamper yourself. We also have a great offer on our body wraps that remove inches and speed up your metabolism. During October, this service is **20% off**. Now **Claude Thomas** has a special of **10% off** on all body waxing.

If you're not sure of what to do, come in for a virtual make-over. This consultation is just \$20 and \$3 for each printout.

Come in for a hair color change and receive a **20% discount**.

Claude Thomas nail services are done by hand filing only. We offer a special on a manicure and pedicure package. This is regularly a \$45 value but, in the month of October, it is \$35—\$10 off. And don't forget about nail art for that special holiday occasion.

Want long nails but not the upkeep? **Claude Thomas** has weekend nails that last for just a week or more without damaging your natural nails. The cost for weekend nails is \$40.

Claude Thomas's doesn't follow fashion... we create it!

The Hair The Nails The Skin

Claude Thomas

R e l a x.

You Deserve Us



Call us or wait till next month to learn more about how we can bring you into the new millennium or nurture that creative you or just make you the person you want to be...

20% OFF to All New Clients

Does not apply to already discounted services, hair extensions and wigs.

See Our Editorial For October Specials →

We now have Metabolife for \$30 per bottle.

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SUNDAY 11-4
MONDAY 1-9
TUES-FRI 9-9
SAT 9-5

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Vera Bradley Trunk Show in Great New Fall Colors!

The new Fall Vera Bradley Colors are in at **Initial Impressions Plus**, located in downtown Barrington. There is no better time to purchase your new handbags, luggage, accessories and place-mats than at **Initial Impressions Plus'** Trunk Sale on October 8 and 9.

Vera Bradley has designed a new color, *Return to Happiness*. It features pink ribbons, symbolizing breast cancer awareness and Lilies of the Valley, signifying "return to happiness." This special design is part of a project to directly benefit the Vera Bradley Foundation for Breast Cancer. A portion of every item sold in the *Return to Happiness* design will go to the foundation.

Initial Impressions Plus joins Vera Bradley Design in the hope that this project will not only raise valuable resources to fight breast cancer but also send a message of love and support to the many women fighting the disease.

Please call **Initial Impressions Plus** at 847-382-8700 for more information.



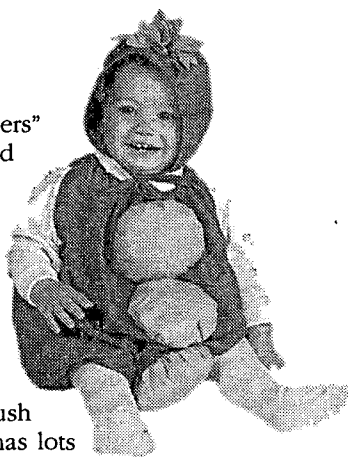
A "Boo-tiful" Offer from Little Munchkins

It won't be long before the "little witches and monsters" will be tapping on our doors this Halloween. And **Little Munchkins** is offering **10% OFF** on all Halloween Costumes during October. The selection is adorable.

Little Munchkins also carries beautiful clothing for sizes preemie to four toddler as well as the exquisite, upscale Ragazzi furniture: twin beds, bunk beds, dressers, cribs and bedding, along with the latest in cradles and strollers.

Why not select a cuddly teddy bear or other plush toy for that little grandchild? **Little Munchkins** has lots to choose from!

Little Munchkins is located at 200 North Hough Street in downtown Barrington.

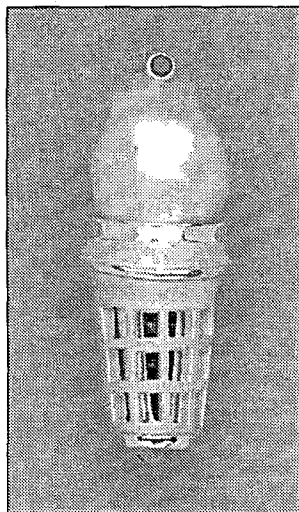


Let Timothy Grant Your Wish

At **Timothy Grant Jewelry**, the sky's the limit! Design custom jewelry of your dreams or peruse the many designer collections for that special piece. Purchases at **Timothy Grant's** entitle you to a lifetime of complimentary service. Expert repairs are done on the premises as our three jewelers combine over 85 years of experience.

Tim recently accepted a 1999 Vision Award of Excellence for his design *I Scream Cone*. Featured internationally, this brooch has a single scoop of pearl set in an 18k gold cone and topped with a 'maraschino' ruby. This delicious design is sure to make your crave an original creation of your own!

I Scream Cone, Award Winning Design by Timothy Grant



Halloween Party to Benefit Barrington

Barrington area residents are invited to a Halloween party "fun-raiser" hosted by the Barrington Area Chamber of Commerce. The event will be from 6 to 10 PM on Tuesday, October 19 at Motor Werks of Barrington, 1475 S. Barrington Rd.

There will be entertainment, games, prizes, food tastings from Barrington restaurants and caterers, refreshments, fortune tellers and a costume contest. This year's game sponsors will be providing more than \$3,000 in prizes. Everyone is welcome and costumes are encouraged but not necessary. Chamber officials are expecting between 500 to 600 people.

The door prize is \$500 in cash. There will be a costume contest with prizes for those who come dressed for the occasion. There will be food tastings provided by

many of Barrington's finest restaurants and caterers.

All party proceeds benefit the Chamber's community projects, including the costs of decorating the village for the holidays. Tickets are now on sale for \$15 at the Chamber office, 325 N. Hough Street; from any Chamber Ambassador or member of the Board of Directors; or at the Chuck Hines store, 141 W. Main Street. Tickets purchased at the door will be \$18.

This year's special sponsors who will be featured in the game room include: Barrington Bank & Trust Co. N.A., Barrington Mortgage Corporation, Browning Ferris Industries of IL, Daily Herald, Bank One, Harris Bank Barrington, Insignia Kitchen & Bath Design Group, JFK Health World, LaSalle Bank N.A., Merrill Lynch, Northern

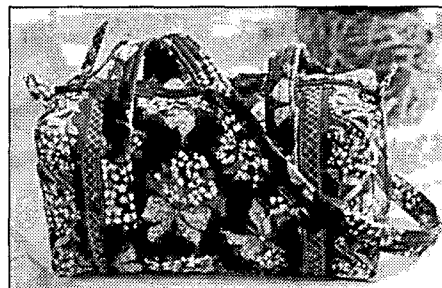
Initial Impressions Plus Invites You to Their Vera Bradley Trunk Sale

October 8 & 9

20% OFF

All **Vera Bradley** Products

Register to win a **FREE Handbag** in the "Return to Happiness" Color. No purchase necessary.



INITIAL IMPRESSIONS PLUS

115 E. Station Street

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Barrington

Tuesday-Friday 10am - 5pm; Saturday 10am - 2pm



"Boo-tiful" Buys
10% OFF all
Halloween Costumes

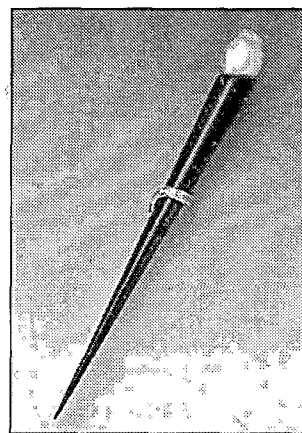
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\$4.00 OFF Any Purchase Of
\$20.00 Or More

Not Valid With Other Sales • Present Coupon At Time Of Order
1 Coupon Per Purchase Per Customer • Expires 10/31/99

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"Shopping at Little Munchkins
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Trust Bank, Pioneer Press/Barrington Courier Review, Salomon Smith Barney, Wickstrom Ford, Baird & Warner Inc., Coldwell Banker, Chicago Tribune, Gilbane Building Co., Village Bank & Trust Co., A.G. Edwards & Sons and Good Shepherd Hospital.

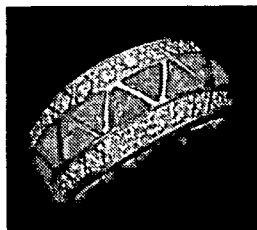
The party planners are the Chamber Ambassadors, the goodwill arm of the organization. Michael Baker (Commerce Group Service) is Ambassador Club Chairman; Party Chairman is Richard Hammes (Hammes and Associates). Other Ambassadors are: Joe Connelly, Harris Bank Barrington; Lenore Dern, Logsdon Stationers; Gwen Devers, Hometown Barrington; Jim Dugan, State Farm Insurance Com-

pany; Ken Hauser, H-Media Associates; Steve Heider, Merrill Lynch; Gary Hines, Chuck Hines; Peter Hoyt, Affordable Excellence Painting; Marilyn Lageschulte, Personnel Solutions; Terri Landa, Appraisal Source; Barry Lawrence, Duraclean by Barry; Charlotte Neault, Barrington Bank & Trust Co.; Chuck Olker, Forrest Press; Jerry Piper, Barrington Word Processing; Wally Ranck, Pride Communications; Jeff Ross, Jeff K. Ross Financial Services; Joe Rush, Langdon's of Barrington; Ken Skiba, Salomon Smith Barney; Georgeanna Mehr, Bank One; Debora Watson, Accolade Interiors; Gail Wickstrom, Wickstrom Ford; and Carol Beese, Chamber of Commerce.

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Birthstone
OF • THE • MONTH
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During the Month
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Opal & Tourmaline—October's Birthstone

Opal

Opal takes its name from the Latin word meaning "precious stone," and Indian words for "stone." Opals range in color from milky white, transparent to black, and it is the intensity of its color that determines its value. Black opal, with a great range of color, is the most valuable. Opals always contain water; the content varies but it can be as much as 30%. With time, it can lose water and can crack and/or lose its opalescence (color intensity). This can be avoided by placing it in water, (not extreme hot or cold, which can crack an opal) or oiling. Extreme care should be taken in wearing opals as they are very soft.

Tourmaline

If your birthday is in October, you have

many colors to choose from. The name tourmaline comes from the ancient Singhalese word "Turmali." Its original meaning is unknown. In the 17th century, Tourmaline was mistakenly called "Brazilian Emerald" due to the common dark-green color. In the 18th century, it was discovered that these "Brazilian Emeralds" possessed unusual properties not known to true emeralds. They were able to strongly attract or repel light-weight substances such as ashes and straws. Tourmaline comes in colors such as shades of green, pink, red, blue, yellow, orange, brown, black, white and multi-colored (watermelon).

During October, save 20% on opals and tourmaline at **Mitchell's Jewelers**.

Mind, Body & Soul!

The Essential Facial Spa Special

Purchase 2 for \$110 (reg. \$60 each)*

The Swedish Massage or Sports Massage Special

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Gift Certificates Available—Purchase at Salon or by Phone

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OR A DAY IN OUR
RELAXING DAY SPA

This Salon and Spa Does a Body Good

Mark William Salon & Spa will give you what your body needs to relax and rejuvenate. Find out what they can offer you for your "mind, body and soul."

The benefits of therapeutic massage are many including balancing and restorative effects on the body. The most immediate benefit is deep relaxation that reduces tension in the muscles and also alleviates the effects of stress. A massage given by a skilled therapist has primary therapeutic effects.

At **Mark William Salon & Spa**, they believe that each person's skin is unique. They customize facials to meet the special and constantly changing needs of your skin. Your facial includes a thorough consultation prior to treatment and application of skin care. Recommendations for techniques to use at home are also provided.

Experience a Mud or Seaweed Therapy Body Treatment with energizing plant extracts applied to your body from neck to toes—then removed with relaxing water therapy.

Mark William Salon & Spa is located at 459 W. Northwest Hwy., Palatine. For additional information or to setup an appointment, call 847-358-9133. Open Tuesday through Saturday.



Barrington Suzuki School Celebrates 20th Year

The Barrington Suzuki School is celebrating its 20th year serving the Greater Barrington Area. Back in 1979, Marianela McCammon began instructing a handful of students to play violin using the Suzuki Method. This method, developed by Dr. Shinichi Suzuki of Japan, teaches very young children to play a musical instrument similar to the way they learn to speak, by listening and imitating. Dr. Suzuki was a very caring man who believed that all children possess the ability to develop talent. His method not only produces fine musicians but, more importantly, develops a child's character so that they become fine human beings able to appreciate beauty and gain a sense of peace. In fact, his vision of achieving world peace through the Universal Language of Music is quite compelling. His praiseworthy endeavor and his simple approach to learning to play an instrument have gained popularity all over the world. Likewise, the Barrington Suzuki School has grown by leaps and bounds.

The School is proud to announce the addition of 5 New Teachers to their staff. They are: Cindy Sanders, Piano; Lisa Lithall, Cello; Rhonda Alexander, Violin; Milton Dixon, Classical Guitar; and Inez Winslow, Flute. These teachers possess an excellent knowledge of the Suzuki Philosophy as well as a lot of enthusiasm to help the school continue to build a fine program. With their inclusion, the school now employs 17 teachers offering instruc-



New piano teacher Cindy Sanders instructs 6-year-old Alexandra Davis.

tion on the following instruments: violin, bass, cello, flute, classical guitar and piano. There are some 130 students ranging in age from 3 to 18 who participate in both private and group lessons. They have warmed the hearts of many with their music both locally, nationally and internationally. This year, the public can look forward to a holiday concert that will include the best songs of the last 20 years

PACES Presents Parenting Educator, Nancy Samalin

Internationally known parenting educator, Nancy Samalin, MS will be the featured speaker for PACES' (Parent and Child Education Society) major fund-raiser. Held every two to three years, the 27-year all-volunteer, nonprofit organization sponsors parenting experts to address pertinent issues for young families. This year's topic is "Positive Discipline That Works." Based on her bestselling book *Loving Your Child is Not Enough*, Ms. Samalin will discuss a caring and sensitive approach for guiding children to appropriate behavior. Entertaining and inspiring, her practical advice is based on the acknowledgment of both parents' and children's feelings—including that of anger—in daily life.

Nancy Samalin is the author of two other bestsellers, *Love and Anger: The Parental Dilemma* and *Loving Each One Best: A Caring and Practical Approach to Raising Siblings*. A contributing editor to *Parents Magazine*, Ms. Samalin's radio and TV credits include The Today Show, Good Morning America, CBS This Morning, 20/20, Dateline and CNN. A speaker to more than 500 organizations and founder and director of Parent Guidance Workshops™, Ms. Samalin resides in New York City and is the mother of two.

PACES was founded in 1972 by a small group of parents and educators. Its pro-



Parenting Educator Nancy Samalin

grams and services provide parental support and educational resources for child-rearing and family life issues for parents of children from birth to preschool age. Its major speaker event helps to raise funds for its seminars, workshops, Helpline and other family support programs and services. Past speakers have included Dr. T. Berry Brazelton, Dr. Burton White, Dr. Lendon Smith, Adele Faber and Elaine Mazlish.

This event will take place Friday, October 8, 1999 at 7:30 PM at Neuqua Valley High School in Naperville, Illinois. It will include a Q&A session, a booksigning and book and audiobook sales. Tickets are \$10 for PACES members and \$12 for nonmembers. Call 630-916-3190 for tickets.

and many other fun events, such as their biannual silent auction in February. For

further information, please contact the school at 847-382-7517.

Yesterday's Hand-Written Elegance with Today's Elegant Tools



By Gal Friday

Let me ask you one thing, sweetie. Is there anything more satisfying than writing on really good paper? It even makes your handwriting look decent. Have you ever tried one of those fancy calligraphy pens like they used to write with way back when? Well, get over to **CLIX Photographs & Savables, Inc.** and try one. Talk about fun.

Frankly, I figured it would be a big drag because you'd spend your whole time dippin' your pen in the ink. You know... D, (dip), E-A, (dip), R, (dip, dip). Fuhgedaboudit. Things have changed. Now, these pens hold a lot of ink and you can just write and write. Oh, and they have changeable tips—each with its own look.

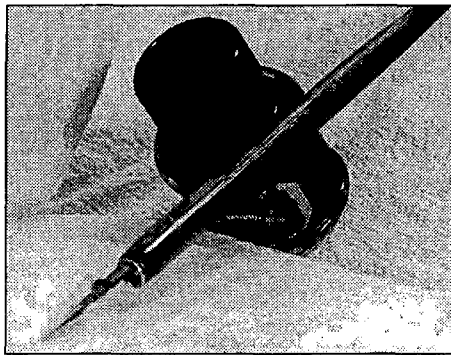
And inks? Don't get me started. Remember the old Henry Ford thing? "You can have any color you want—as long as it's black!" That held true for ink too, but not any more. There's imperial red, rich gold, sepia brown, French blue and even purple.

If you want to give your note the true finishing touch, get some sealing wax from **CLIX**, melt it on the flap and press your favorite seal in it. Oooo-la-la! I sent one of these beauties to my sister and her husband gave her all kinds of trouble

thinking this was the 'wrong kind of correspondence for a wife,' if you catch my drift. That conversation sure perked up their summer. Anyway, this is just a fun thing that puts a little zip back in your everyday routine.

Use these pens for scrapbooks, you say? Definitely. A few fancy strokes and it even made my photos of the trip with Ed and his parents to the Dells (don't ask) seem like a good time. I'm even considering making one of those **CLIX** scrapbooks that you put together yourself. **CLIX** has all the parts and they tell me it's a breeze. Come in and talk to Mary. She's our expert!

Oh! And by the way, it's our Annual Halloween Blitz time. A quick photo session of 3-4 clicks, one 5x7 and four wallets are all only \$19.50. It's on Friday and Saturday, October 17 and 18. You have to call for a reservation. Don't let your trick-or-treaters miss this one. It's a blast!



Art Associates to Attend Lecture by Robert Guinan

On Tuesday, November 2, members of the Barrington Community Associates of the Art Institute of Chicago will attend a lecture and slide presentation by Robert Guinan, an unknown Chicago Master Painter. His works have been purchased by the Metropolitan Museum of Art and the Museum of Modern Art in New York as well as galleries in Europe, but are not available at the Art Institute.

Robert Guinan was born in upstate New York in 1934. His early sketches of a bowl of fruit or a vase of flowers followed the tradition of many novice painters. After seeing the film "Moulin Rouge" in his late teens, he developed the style for which he is best known.

In 1959, Guinan enrolled in the school of the Art Institute of Chicago after serving in the Air Force. When not earning a living at various small jobs, he frequented local Chicago bars where his love of music and the culture of jazz helped him make friends with those of modest condition. These men and women became his models because they were interesting, a slice of life.

Albert Loeb, son of the legendary Parisian gallery owner Pierre Loeb, discovered Guinan's paintings in a booth of the Vienna Gallery at the Basel Art Fair in 1972. This was the beginning of a long collaboration. From his lake-view studio in Chicago, Robert Guinan continues painting social realism today.

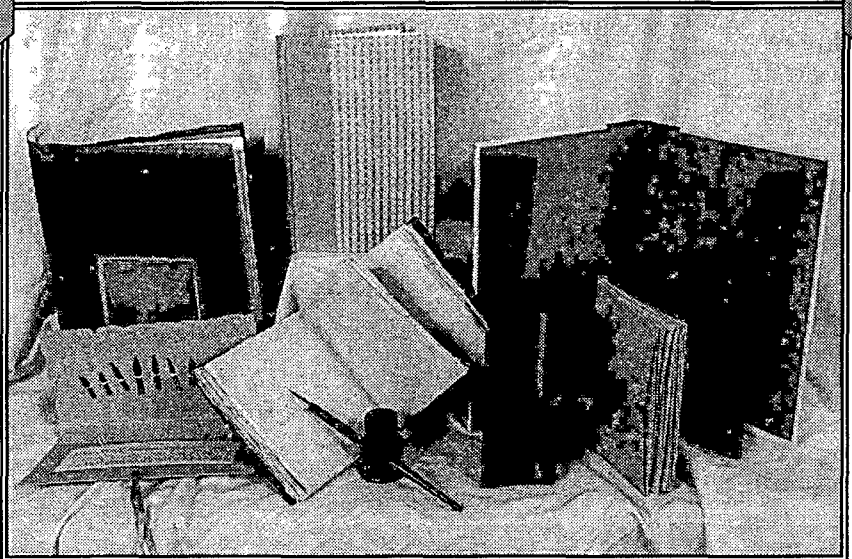
Buses will leave Langendorf Park in Barrington at 9:00 AM; the Combined As-



Robert Guinan, Chicago Master Painter

sociates Annual Lecture will begin at 10:30 AM. The fee for this members-only event is \$28. Participants will have independent time before buses depart from the Art Institute at 2:30 PM. Reservations are due to Mrs. Charles Seabastyan, 847-359-4061, by October 8.

Membership in the Barrington Community Associates of the Art Institute is \$60/year and includes family membership to the Art Institute of Chicago. For membership information, contact Pat Fein at 847-382-5953 or Sue Johnson at 847-381-4551.



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Perfect for presents, perfect for pastimes.

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and Have an Income!**

ADVERTISING ACCOUNT EXECUTIVE

Lifestyles Magazines has an immediate opening for a part-time sales executive to cover the Lake Zurich/Palatine/Arlington Heights area. Candidate must be highly motivated, have good organizational, sales and writing skills, and be able to work independently. Executive would provide quality service to existing accounts while developing new ones. **Previous print media advertising experience a plus.**

Send resume to:

Lifestyles Magazines
P.O. Box 293

Crystal Lake, IL 60039-0293

or fax resume to:

815-459-4820
or 815-479-0695



October Specials!

- Receive a **FREE** Express Massage with any Haircut
- Receive **1/2 OFF** Spa Pedicure with Full Set of Acrylic Nails
- **FREE** Halloween Makeup Consultations

- Creative Cutting
- Creative Color
- Glamour Packages
- Therapeutic Chair Massage
- Texture & Perms
- Wedding Parties
- Manicures, Pedicures, Nails & Paraffin Waxing
- Hair Extensions & Thickening
- Makeup Application & Lessons
- Permanent Eyeliner, Eyebrow, Lashes & Lip Makeup
- Facials & Full Service Waxing

Walk-ins Welcome

702 S. Northwest Hwy. Barrington (3 blks South of Main St.) 847.381.3688

Halloween Makeup is Here!



Before



After



In the
Spa Light Salon

Health



Advocate

Health & Wellness Programs—October Depression Workshop

October 14 and 21, 6:30 to 8:30 p.m.

Learn the symptoms, signs and types of depression and how they can be treated. Medication and other therapies will be discussed and referrals are provided, if needed. The group facilitator is Dan McDonnell, a Behavior Therapist. Call for registration and fees.

Are Your Kids Driving You Crazy?

Thursday, October 21, 7:00 to 8:30 p.m.—FREE

Is your child refusing to follow the rules? Does your teen have trouble controlling his/her anger? If so, the Center for Stress Medicine at Good Shepherd Hospital may be of assistance to you. This program will present services to address a variety of concerns including conflict resolution, anger management, stress management, low self-esteem, poor communication and noncompliance with rules at home. The program is led by psychologist Shannon Doyle, a specialist in working with children and adolescents and their families. Call to register.

Teen Anger Management

October 28 - December 9, 7:00 to 8:30 p.m.

Join professionals from Good Shepherd Hospital's Center for Stress Medicine as they assist teens in learning to control anger. Call for fees.

Halloween Safety Strips

FREE

Make trick-or-treating safer for your child this year. Good Shepherd Hospital offers free reflective safety strips. Apply them to children's costumes to help make them more visible when outdoors this Halloween. The strips also include trick-or-treating safety tips. Call to request yours today! Group requests may be accommodated on a first-come, first-served basis.

Breast Cancer: Early Detection and Prevention

4th Annual Women's Health Celebration

Wednesday, October 13, 6:30 to 9:00 p.m.—FREE

Join Good Shepherd Hospital for this free event featuring "It's not funny... or is it?"

This program is one woman's story of finding courage in laughter presented by Christine Clifford, breast cancer survivor, President and founder of the Cancer Club and author of *Not Now... I'm Having a No Hair Day!* Plus, tour Good Shepherd's new Breast Care Center and learn about health issues from Good Shepherd physicians and staff. This is an evening that women can't afford to miss.

To register for any of Good Shepherd's Health & Wellness Programs, call HealthAdvisor at 1-800-323-8622.

Good Shepherd Hospital



Advocate

450 West Highway 22, Barrington, IL 60010

Related to the Evangelical Lutheran Church in America and the United Church of Christ

Halloween Makeovers— Get Spooked at the Spa Light!

Wouldn't it be nice not worrying about your Halloween makeup this year? In the **Spa Light Salon** is prepared to turn you into any creature. Goolish, eccentric or funny, we have the ideas to get you there. Come in and look through our pictures and receive a **free consultation**.

Special effects makeup includes: construction monster makeup, gashes, scars and face distortions. If you prefer a less gory look, we can transform you into a princess, clown or fairy. Your imagination is the limit!

October Specials include receiving a **free Express Massage** with any Haircut, or come in for a **1/2 Off Spa Pedicure** when you book a full set of acrylic nails. Also, all **Halloween makeup consultations are free**.

In the **Spa Light Salon** is now open seven days a week. Salon hours are Monday through Thursday, 9 AM to 9 PM; Friday, 9 AM to 7 PM; Saturday, 9 AM to 5 PM; and Sunday, 9 AM to 3 PM. Please call for appointments or more information at 847-381-3688.

New Center for Sleep Disorders

Good Shepherd Hospital, Barrington announced today the opening of the new Center for Sleep Disorders. The Center, located at the hospital at 450 W. Highway 22 in Barrington, offers patients and physicians in-lab sleep monitoring for persons suffering from the signs and symptoms of Sleep Apnea, Insomnia, Narcolepsy and limb movement disorders.

"It's estimated that nearly 40 million Americans suffer from sleep disorders but almost all of them—95%—are undiagnosed and untreated. In many cases, sleep disorders can contribute to other serious health problems like irregular heartbeat, high blood pressure, congestive heart failure and heart attack," said Daniel Nepomuceno, MD, a pulmonary medicine specialist at Good Shepherd Hospital and Medical Director for the new center.

One of the distinguishing features of Good Shepherd's hospital-based Center for Sleep Disorders is the ready availability of physician specialties such as Behavioral Medicine, Neurology, Otolaryngology and Pulmonology. By involving these specialists, a wide variety of underlying causes can be addressed.

"The signs and symptoms of sleep disorders include snoring, daytime sleepiness or fatigue and reduced cognitive function. They could also include depression, irritability, sexual dysfunction, learning and memory difficulties and falling asleep while at work, on the phone or driving," said Dr. Nepomuceno.

"Usually spouses are the first ones to suspect that something is wrong, either because of loud snoring or irregular breathing during sleep," said Dr. Nepomuceno.

By far the most commonly under diagnosed sleep disorder is Sleep Apnea, a serious, potentially life-threatening condition affecting nearly 18 million Americans. Sleep Apnea is a breathing disorder in which brief interruptions of breathing occur during sleep. There are two types of sleep apnea: central and obstructive. Central sleep apnea occurs when the brain



Dr. Daniel Nepomuceno, Director of Good Shepherd Hospital's New Center for Sleep Disorders.

fails to signal the breathing muscles. Obstructive sleep apnea occurs when air cannot flow into or out of the person's nose or mouth although efforts to breathe continue. The good news is both types are treatable when diagnosed.

Specific treatment plans vary by individual. However, they may include medication; oxygen administration; and behavioral modification such as avoiding alcohol, tobacco and sleeping pills. The standard treatment is nasal continuous positive airway pressure (CPAP) in which the patient wears a mask over the nose during sleep and air pressure is used to keep the airways open. In severe cases, surgery may be required to remove the adenoids and tonsils, nasal polyps or other growths.

Persons experiencing signs and symptoms of sleep disorders should contact their physician. A physician's order is required to conduct a sleep study in the new Center for Sleep Disorders. Sleep studies are also covered by many health insurance plans. Check with your insurance provider.

For information about Good Shepherd's Center for Sleep Disorders, call HealthAdvisor at 1-800-323-8622. To schedule an appointment, call 847-842-4202.

David Brooks Trunk Show

On Thursday, October 7, Country Clothes Boutique, located in The Fountains of McHenry Mall at 319 Front Street in McHenry, will have a David Brooks Trunk Show from 10:00 AM to 8:00 PM.

This show will unveil the 2000 Spring/

Summer Fashion Collection. Representatives from David Brooks will be on hand during the evening to answer questions as well as show the new lines. For further information about attending this special showing, please call 815-344-5101.

What You Need for Your Skin— DermEssentials

Dermatology Physicians & Surgeons, Ltd. introduces *DermEssentials*—a walk-in retail store located on the second floor of our Crystal Lake office.

The mission of DermEssentials is to offer carefully selected skin care products for sale to the general public and to provide the support necessary for you to make informed purchase decisions.

Our new retail suite will be a continuously changing and growing facility. It is our goal to sort through all the hype and identify the best of the old and new products for your skin. We now offer products for acne, sun-protection, cover-up make-up, compression hosiery and skin rejuvenation creams and lotions.

Lines currently available at DermEssentials include MD Forte, Glytone, ROC, Physicians Formula, SkinCeuticals, Citrix, Exuviance, NeoStrata, Kinerase and Neova and others. These represent the newest and most advanced skin rejuvenating products available anywhere. Some are so new that you may not have heard of them yet... but you will!

Troubled by brittle nails? Try the new DermaNail Nail Conditioner. Dry Lips? Consider NeoStrata Lip Conditioner. Tried Retin-A or Renova and couldn't tolerate either? Kinerase and Neova work as well (or better) and cause no irritation.

Swollen legs can feel heavy and tired.

Varicose veins can exhibit similar symptoms and can lead to more severe circulatory problems including leg ulcers. Medical grade compression stockings can be very beneficial for these conditions. Carolin Stockings are available at DermEssentials and are created with a patented weaving technique that makes putting them on easy. These stockings also improve the results of spider vein treatments—another service available at **Dermatology Physicians & Surgeons, Ltd.**

DermEssentials is open to the public between 9 AM and 5 PM, Monday through Friday and on Saturday mornings. No appointment is needed, so stop in and look around. You may find what you need for your skin. Free samples are available for many of our products so that you may try them before making a purchase.

As we have previously announced, Dr. Jeff Berti is now associated with our practice and immediate appointments are now available for any problem you may be experiencing with your skin, hair or nails.

As usual, free consultations are offered concerning liposuction, hair removal, vein treatment and laser resurfacing. Call **815-455-4434** or **847-382-5111** for a visit with one of our board-certified dermatologists: David P. Van Dam, MD; J.D. Fallon, MD; or Anthony M. Janiga, MD.

Elgin Enrichment Series Announces Speakers and Special Evening Event for 1999-2000

The Power of Senior Citizens. Dances with Dolphins. Women's Lives in Historical Perspectives. Rogues and Vagabonds. The Tortured Genius of Edgar Allan Poe...

These are the topics for the upcoming **Elgin Enrichment Series (EES)-Morning Forum** that will be presented by a strong lineup of outstanding, nationally recognized speakers.

The 1999-2000 Series presenters set to entertain and enrich series ticket holders this season include:

• **Edward Asner**, popular Emmy Award-winning actor, will kickoff the season with his message, "The Power of Senior Citizens," on Wednesday, October 13, 1999 at 10:00 AM. Asner will address the way older Americans are portrayed in the media, the changing dynamics of aging in a youth-oriented culture and the growing employment possibilities for seniors. He speaks from his perspective as a social/political activist.

• **Dr. Sylvia Earle**, marine biologist/oceanographer and deep sea diver, will present "Dances with Dolphins: Exploring the Ocean Depths" on Wednesday, November 17, 1999 at 10:00 AM. Dr. Earle will lead the audience on a journey of wonders to a world very few have ever experienced, bringing attention to the crucial role the oceans play as the foundation of Earth's environmental and economic well-being.

• **Dr. Patricia Palmieri**, scholar/author, presents "Women's Lives in Historical Perspective" on Wednesday, April 12,

2000 at 10:00 AM. Her presentation will clarify the contributions American women made to our culture. Why have many of these contributions been rendered invisible? She makes family history, women's history and U.S. social history come alive!

• **Michael York**, award winning actor, will perform and lecture about art and the acting profession on Wednesday, May 10, 2000 at 10:00 AM in "Rogues and Vagabonds," the term used in Elizabethan times to describe performers. His creative program highlights the last five centuries of theatre and includes a lighthearted review of the critics' contribution.

• The popular **Dr. Elliot Engel**, scholar/author/performer, will recount "The Tortured Genius of Edgar Allan Poe" in a special evening presentation on Thursday, October 28, 1999 at 7:30 PM. He demonstrates how Poe was able to transform his obsessions, failures and horrific visions into brilliant fiction and poetry.

Ticket and Luncheon Information

The presentations of Edward Asner, Dr. Sylvia Earle, Dr. Patricia Palmieri and Michael York will take place at the Visual Performing Arts Center, Elgin Community College. Complimentary coffee will be available starting at 9:00 AM. Tickets are sold as a Complete Series only for these four presentations at \$55 per series. Luncheon tickets may be purchased individually, or for the Complete Series, at \$18 for each luncheon by Series ticket holders only. All luncheons are held at the

(Please continue on page 56)

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Edward Asner



The Power of Senior Citizens
Oct. 13, 1999

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Dr. Patricia Palmieri



Women's Lives in Historical Perspective
April 12, 2000

Sponsors:
Hoffer Plastics Corp. &
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Dr. Sylvia Earle



Dances with Dolphins: Exploring the Ocean Depths
Nov. 17, 1999

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Michael York



Rogues & Vagabonds
May 10, 2000

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EVENING
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7:30 PM**



Dr. Elliot Engel

The Tortured Genius of Edgar Allan Poe

Oct. 28, 1999

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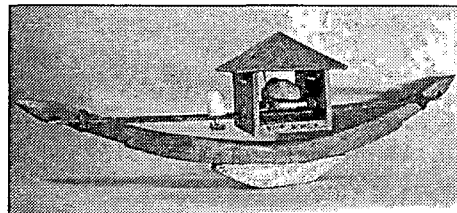


"Everyman Eulogies"—BAAC Gallery October Exhibit

The BAAC Gallery announces the October exhibit "Everyman Eulogies." The theme reflects the importance of the past as it relates to the present and features the work of Ruth Cournoyer, mixed media paintings; Carole Komarek, mixed media assemblages; and Keith Peterson, mixed media drawings.

Barrington resident Ruth Cournoyer attended the School of the Art Institute of Chicago and was a founder of the Countryside Gallery in Arlington Heights. Cournoyer works in mixed media combining the visual and the literary arts. Through this combination of art forms, the artist is able to author a visual narrative for the observer.

Carole Komarek lives in Arlington

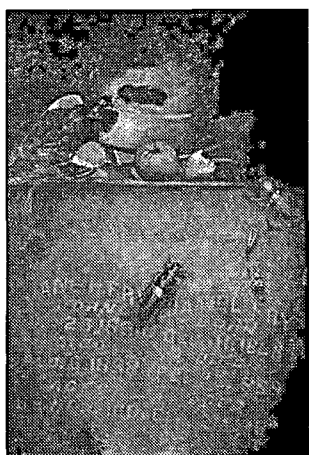


Water Reliquary by Carole Komarek.
Wood, paper, lead, beeswax, 1999.

Heights. Her three-dimensional assemblages are elegantly crafted from found objects. "I collect boxes and containers that reflect years of use, then combine them with other materials and objects to express an idea that has no relationship to the original function."

Rolling Meadows artist Keith Peterson received a Masters in Fine Art from Northern Illinois University with a double major in printmaking and drawing. Always intrigued with his past, his works of late are oil-crayon drawings based on extensive research into his family history. The focus of each work is the *Tin Man* who acts as the funeral effigy for Peterson's ancestors. "I've personified these individuals by placing objects on the tin man's shoulders that represent their personal attributes."

BAAC Gallery exhibit is on view from October 1 through October 31. Gallery hours are Tuesday through Friday, 10 AM to 4 PM and Saturday, 10 AM to 2 PM. The Gallery is closed Mondays. For more information, call 847-382-5626.



Tin Man by Keith Peterson. Oil.

Cosmetic Laser Centers, L.L.C.—Celebrating 3rd Year in Laser Hair Removal

Dr. Barry Berger is a Board Certified Internist, and the first licensed MD to use the Soft Light Laser System for hair removal in Illinois. He has successfully treated hundreds of patients with different skin and hair types. **Dr. Berger** performs all initial procedures himself, rather than the treatments being done by an unsupervised technician.

The Soft Light Laser is the safest laser for hair removal on the market today. It is fast, effective and safe... and available at a low cost.

Here are some additional reasons why the Soft Light Laser is the best choice of hair removal for you:

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are all temporary. This means no burning, blistering, scarring or discoloration of the skin. The majority of patients resume daily activities immediately following treatment.

- Safe and effective hair removal for all skin types, all hair colors and all areas of the body.

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Dr. Berger has experience with most of the lasers used on the market today. Get the true facts about these lasers and other methods of hair removal. Find out why he prefers the Soft Light YAG Laser.

Call today for a free consultation at 847-550-0600.

Calling All Local Charities

Forest Grove Athletic Club (FGAC) at 1760 N. Hicks Road in Palatine is seeking charity groups to participate in its 10th Annual Oktoberfest on Saturday, October 16 from 7:30 to 10:30 PM.

The fund-raiser was designed to benefit nonprofit organizations in the northwest suburbs. Participating charities sell \$20 tickets to the event and keep all the proceeds. FGAC provides the club and its staff, entertainment and refreshments at no charge to participating organizations. A silent auction will also be held to raise additional funds for the charities.

The event features the Alpiners, an authentic Bavarian folk band, a roving magician and dancing. A festive German buffet, soft drinks, beer and wine will also be served. More than 300 people attended last year's Oktoberfest which raised more than \$31,000 for local organizations.

Tickets are on sale now and will also be available at the door. All charities in Palatine and the surrounding suburbs are



The 10th Annual Oktoberfest will feature The Alpiners, an authentic Bavarian folk band.

encouraged to participate in the event. For more information, call Diana Thompson at FGAC at 847-991-4646.

Lakeside Moms and Tots October Events

The October schedule of events for Lakeside Moms and Tots is as follows:

- October 4, 3:30 PM, bumper bowling at Deer Park Lanes
- October 5, 9:30 AM, new member breakfast at Quig's, Mundelein
- October 6, 11:00 AM, park play day at Paulus Park, Lake Zurich
- October 7, 11:30 AM, lunch at McDonald's in Mundelein
- October 8, 1:00 or 2:30 PM, Morke's Chocolate, Palatine
- October 11, 10:16 AM, train ride to Choo Choo Restaurant in Des Plaines
- October 12, 10:00 AM, Lions Park, Lake Zurich
- October 13, 1:00 PM, Didier Farms, Buffalo Grove
- October 15, 9:30 AM, storytime at Barnes and Noble, Hawthorn Mall
- October 16, Oney's Tree Farm, Woodstock

- October 19, 7:00 PM, mom's night out at Showplace 8 Movie Theaters, Vernon Hills
 - October 20, 11:30 AM, storytime at Ela Library
 - October 21, 10:30 AM, Jumps and Jiggles, Elk Grove Pavilion
 - October 22, 3:00 PM, Cedar Hill Pumpkin Painting
 - October 23, 3:00 PM, Halloween Party, Lake Zurich
 - October 25, 11:00 AM, Wauconda open gym and lunch at JJ Twigs
 - October 26, 10:00 AM, Goebberts Farm, Arlington Heights
 - October 28, 7:00 PM, mom's night out, Big Bowl Restaurant
 - October 29, 11:00 AM, Jungle Jim's Playland, Des Plaines
- For more information about joining, please contact Suzanne at 438-4415 or Nancy at 438-3102.

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Would you like to feel the beauty of your being in a very direct manner—through the wonder of massage therapy and body work?

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Massage Movement is the only establishment in the Barrington area devoted entirely to massage therapy and bodywork.

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Time Out for Busy Moms

Kids are back to school and with that comes before and after school activities, homework, parent meetings...

Fitting in exercise becomes harder than ever. Besides our ever-popular, one-on-one personal training program, **Body Constructors Inc.** has a program to get moms together for great workouts while the little ones are at school.

"Fit Moms" is an outdoor exercise program led by our certified fitness professionals focusing on meeting the specific fitness issues of mothers. Calories will

be burned, muscles will be toned and sculpted and energy and strength will be increased.

Join our 2-, 3- or 5-day session—Tuesdays and Thursdays; or Mondays, Wednesdays and Fridays; or all five days—at either 9:30 to 10:45 AM or 1:00 to 2:15 PM. Sessions begin Wednesday, October 6 and follow school schedules through Wednesday, November 24.

Meet the needs of your children and yourself. It's not too late to join. Call **Body Constructors Inc.** at 847-277-0707.

Chef to Speak at Welcome Wagon October Luncheon

Welcome Wagon of Barrington will hold its October luncheon at Spasso restaurant in Wauconda on Tuesday, October 12. Andy Webber, chef-owner of Spasso, will present Italian dishes to prepare for the autumn season. He will also recommend wines to accompany these wonderful fall meals. This event will be a partial "hands-on" presentation with chef Webber preparing a portion of lunch in front of the ladies. As a special treat, lunch will be served in the wine cellar.

All ladies in the Barrington area are invited to attend this fun event. If you are new to the area, have had a lifestyle change or would just like to meet new friends, this is an excellent opportunity to do so. Cocktails begin at 11 AM and lunch at noon. The cost is \$28. For more information, and if you would like transportation to lunch, call Ann at 277-7700 or Joan at 382-0886.



Bon Appétit! Chef-owner Andy Webber of Spasso invites all Barrington area women to his restaurant for their October luncheon, at which time he will give a food presentation.

'99 Holiday Boutique Charity Fund-Raiser

The 20th Annual Hawthorn Woods Woman's Club Holiday Boutique will be held on Friday, November 5 and Saturday, November 6 at The Kemper Lakes Clubhouse on Old McHenry Road (one mile north of Route 22).

Holiday florals, soft sculpture, painted wood, folk art, quilts, runners, tree skirts, stockings, watercolor artwork and stationary, Santas, painted glassware, children's clothing, American Girl doll clothes, jewelry, yard signs, ceramics, wooden bird houses, personalized ornaments, food-stuffs and gourmet candy are some of the many quality items that will be featured by 40 juried artists and crafters. You will

find many of your old favorites as well as many new items this year.

The Woman's Club will also sponsor the ever-popular bake sale featuring a variety of baked specialty items. Delicious "Kringles" from Wisconsin will again be offered. The Kemper Lakes Restaurant will be open for lunch, refreshments, etc. for the perfect shopping break. Also, be sure to stop at the Kemper Lakes Pro Shop.

Visit the HWWC Boutique from 10:30 AM to 8:00 PM on Friday, November 5 and from 9:00 to 3:00 PM on Saturday, November 6. Strollers are not permitted in the shopping area. Parking is free. The entrance fee is \$2 or \$1 for seniors.



**Are you
always
saying:**

"I want to get in shape!"

"I am going to take control!"

"I must improve my health!"


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| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
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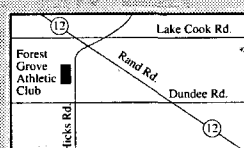
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Guest must be at least 22 years old.

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The Pain of Infidelity

by Judy Kaplan, MS

Infidelity is one of the most severe kinds of marital crisis. Whether you suspect your spouse of being unfaithful, you have confirmed truth of unfaithfulness or you are the person having the affair—there is no greater emotional pain and damage to a relationship.

Some couples can "weather the storm" and learn, grow and make their connection with each other more secure, intimate and alive. For other couples, the relationship dies a slow and painful death, along with some of the tender parts of each person. What makes the difference? The first and foremost reason that some relationships survive and thrive is love, sincere motivation and desire by both partners to

make it work. The second most influential factor is a willingness by both partners to truly hear and understand the other without becoming so injured by the information that defenses impede the process. Sometimes even the most dedicated partners cannot pass over this hurdle because it is very, very difficult. It requires an ability to look not only at the other person with a critical eye, but to look at yourself with a critical eye as well. The final reason that some relationships survive is that both partners reach out for help together through counseling, group therapy, support groups or some other formalized program that specializes in working with

(Please continue on page 56)

Forest Grove Athletic Club

Owned and operated by TCA, a recognized leader in the fitness and recreation industry for 28 years, **Forest Grove Athletic Club** offers its members not only a state-of-the-art fitness facility, but the personal touches and comfortable surroundings that set it apart from the crowd.

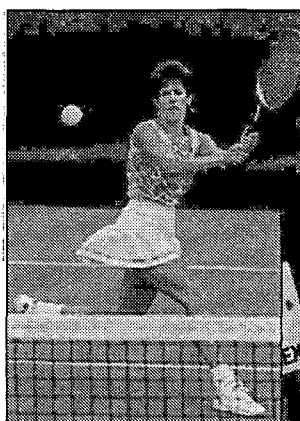
Just step into our beautiful lobby, with its soaring ceiling and contemporary furnishings, and you can tell this place is different. We are a serious health facility with a fun atmosphere.

Trial memberships are available—some restrictions apply. And, the club offers a 30-day, unconditional, money-back guarantee.

If you are not completely happy with the club during your first month of membership, we will refund your initiation fee and every dollar you have paid for monthly dues—no hassles, no pressure, no questions asked. Why would we make an offer this bold? Because we believe that **Forest Grove** is everything you could want in a full-service athletic club.

We at **Forest Grove Athletic Club** are committed to producing happiness for people by providing the finest in athletic club services, facilities and our professionals to serve your needs.

Call or visit our club soon. See the adjoining ad for information about special enrollment programs being offered during March and very generous trial memberships. Hope to see you soon at **Forest Grove Athletic Club**.



Fitness...

- Four lines of weight equipment—Nautilus, Cybex, BodyMaster, Life Circuit
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Meet Michele S. Perlis M.D., F.A.C.O.G.

Dr. Perlis is originally from the North Shore area and has practiced Obstetrics and Gynecology since 1992. After practicing in Seattle, Washington for five years, she chose to relocate closer to her family with her two daughters and husband. She worked in Barrington for two years and decided to branch off on her own. Now she is relocating her practice to McHenry.

Dr. Perlis received her medical degree in 1988 from the University of Health Sciences, Chicago Medical School. She did her residency at Michael Reese Hospital

and Rush Presbyterian St. Luke's Medical Center. She is board certified in Obstetrics and Gynecology.

She practices personalized and compassionate healthcare for women. Specializing in complete obstetrical and gynecological services including normal and high-risk pregnancies, contraception counseling, gynecological surgery and evaluation and treatment of urinary incontinence.

Look forward to serving you. For an appointment, please call **815-759-8166**.

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That's what we achieve at the **Barrington Bodywrap!**

Our wrap is a safe, effective, non-invasive solution to losing inches and contouring your body.

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The bodywrap involves being measured, then being wrapped in mineral soaked ace bandages. You engage in mild movement while you are wrapped. And when you are unwrapped, you will be remeasured so you can see the results. You will feel refreshed and lose inches.

Barrington Bodywrap is located at 557 N. Hough Street in Barrington at the intersection of Routes 59 and 14 (Northwest Highway) next to the Jiffy Lube. Call **847-277-0742**.

The European Art of Nail Care

Are you looking for a way to relieve stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. **Nails Design**, located at 557 N. Hough Street in Barrington, has been in business four years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

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So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **847-304-9205** for an appointment and additional information.

Newcomers to Taste French Cuisine

The Newcomers Club of Barrington invites current and prospective members to join in a French country feast and cooking demonstration on Tuesday, October 12 at 11:30 AM at the Barrington Country Bistro. Chef Nadia Tilkian will reveal her simple but sophisticated techniques for a delicious shrimp and chicken risotto, chicken roulade and creme brulee. The cost for the culinary demonstration and luncheon is \$30. Please RSVP to 381-9478 by October 8. And, mark your calendar for the next Newcomers Evening Coffee on November 10 at a member's home. For more information about Barrington Newcomers, please call 277-0914.

Chef Nadia Tilkian of the Barrington Country Bistro will delight the Barrington Newcomers with her French country culinary expertise and share her favorite recipes on October 12.



Book Club to Discuss *One True Thing*

The Barrington Area Branch of the American Association of University Women (AAUW) Luncheon Book Club will discuss *One True Thing* by Anna Quindlen on Wednesday, October 13, 1999 at Taylor Street Steakhouse in Lake Zurich from 12:30 to 2:30 PM.

AAUW is a national organization com-

mitted to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For further information, call 847-381-5012.

Michele S. Perlis, M.D., F.A.C.O.G.

is pleased to announce the relocation of her practice

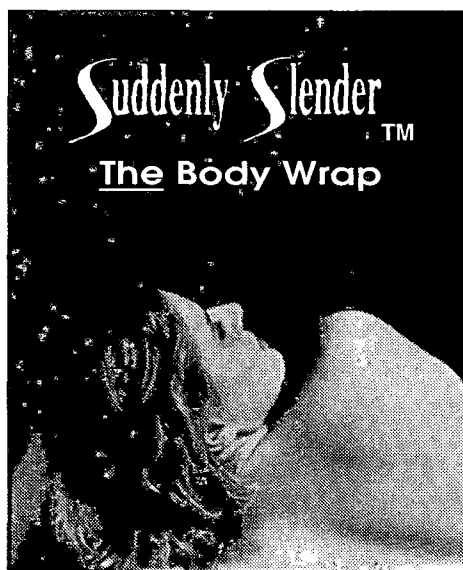
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Pink-and-White
French Acrylic Nails
with Gloss Finish
\$45 Full Set
\$33 Fill-In

Palatine Welcome Wagon Club Events

A coffee is held for prospective members every month. Coffees are held in members' homes and refreshments are provided. Our October coffee will be held at 10:30 AM on Tuesday, October 19. Please call Beth at 847-359-7725 for more information.

Luncheons are held each month September through June at a local restaurant. Our next luncheon will be held on Tuesday, October 12 at Eli's Cheesecake World Bakery at 6701 W. Forest Preserve Drive in Chicago. We will tour the factory and have a gourmet lunch afterwards. Please call Arlene at 847-776-6228 or Becky at

847-303-5738 for information.

Different social activities are planned to involve spouses and significant others in the group's activities. Future socials include a Road Rally in October and a Progressive Dinner in December.

If you are a woman who is new to the Northwest suburbs, had a lifestyle change or are looking for a friendly social organization to become involved in, please call Ginger at 847-202-2399 or Jay at 847-358-6526. We have many enjoyable activities including bowling, golf, casual cooking, antiques, adventures and various card games.

Conversation About Cosmetic Surgery Comes Out of the Closet

*An Interview with Dr. Philip Bushnick,
Board-Certified Plastic Surgeon,
Suburban Plastic Surgery Associates*

"Boy, she looks great for her age! I can't believe her face and body look so youthful! Is she just slow to show her age or did she have cosmetic surgery?"

"Used to be that only her plastic surgeon knew the answers to these questions, but not anymore," says Dr. Philip Bushnick as he comments on the dramatic increase in the number of people seeking cosmetic surgery solutions.

"In my 18 years as a plastic surgeon, it's not the patients who have changed—it's the public. Public acceptance of cosmetic surgery has moved what used to be a secret conversation out of the closet." According to Dr. Bushnick, there are several factors that made this happen:

- The media has demystified cosmetic surgery.
- Hollywood has shown us firsthand that you don't have to look your age if you don't want to.
- Improvements in medical technology have lowered risks, shortened recovery times and improved results.
- Overall, the high demand and increased affordability of procedures have made it an attractive option for both Joe and Josephine Average—men and women of average income, in average jobs, living in average homes.
- The average person wants what they previously thought was only reserved for the wealthy or elite.

"Today, personal cosmetic surgery success stories have become part of casual conversation. Patients no longer hide the fact that they've had surgical enhancements. No longer are they concerned about what others will think if they've had a procedure. People are wanting and willing to share their success stories with friends, family, colleagues and peers. They're anxious to respond to questions about what they've done to look so great."

According to Dr. Bushnick, this behavior change has been fairly consistent across the board; this applies to patients who have had breast augmentations, lifts, reductions, liposuction and body contouring, and facial surgery that may include lids, brows, facelifts, reconstructed noses and reshaped lips.

What motivates a person to consider surgical improvements is a question Dr. Bushnick is often asked. "People age differently. They all have a different starting point and wear their years differently. For some, the first signs of aging show up as wrinkles on the neck or as laugh lines. For others, it's the loose, puffy skin around the eyes."

"While some people feel their aging signs show character, others are upset by them. The inconsistency between the internal and external image can create a great deal of personal dissatisfaction. This is the primary motivator for 30- and 40-year-old patients seeking cosmetic surgery improvements. This has also fueled the dramatic rise of cosmetic surgery procedures with the

aging senior population. People are living much longer than they used to. Today's senior citizens are active people on the go; they want a body and face that are consistent with how they see themselves."

"Patients of all ages are driven to seek changes for different reasons. Most patients come to see me because some part of their appearance really bothers them. For them, looking in the mirror becomes a source of agitation and anxiety. It can either be something they were born with or something that's changed over time. It gets in the way of who they are. Bottom line is that they're just not happy about it and eventually decide they're ready to change it."

Dr. Bushnick cautions patients to consider cosmetic procedures for the right reasons. "Plastic surgery should never be done to impress someone else. It is a process that must be based on one's personal interest in improving appearance and self-image." When asked what one should look for when evaluating a physician to provide cosmetic surgery solutions, Dr. Bushnick offered the following checklist:

Are You and the Doctor on the Same Page?

Can you openly and honestly communicate with the doctor? Is there chemistry between you? Does the doctor listen and understand what's important to you? Are your questions responded to directly? Does the doctor have a good understanding of what bothers you and what you want to change? Were you afforded the time and attention you needed to make your evaluation of the doctor and the practice?

Are You Clear About Reasonable Expectations and Results Associated with Procedures and Recovery Times?

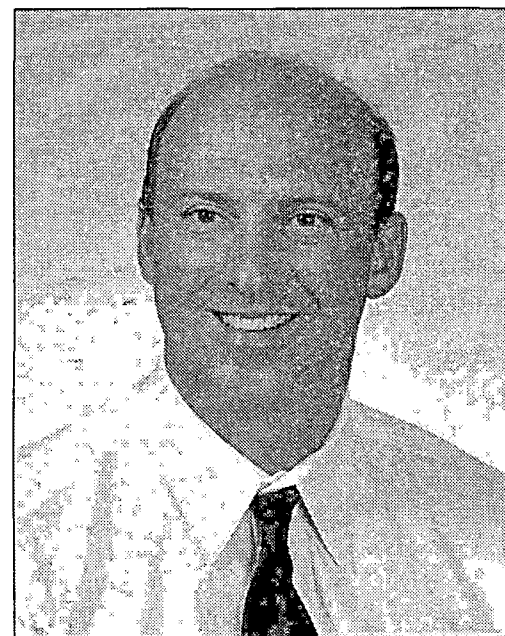
What to expect and what not to expect should be key parts of a quality interaction between a patient and the doctor. Included in this dialogue should also be conversation about recovery time, which for most procedures is 1 to 2 weeks, as well as expectations and physical limitations during recovery.

Do You Understand the Credentials and Training of the Physician You are Engaging to Perform Surgery?

Board certification in plastic surgery demonstrates the most significant time, education and training commitment that can be undertaken by a physician performing plastic surgery. It is the medical industry's well-recognized seal of approval. This level of training well-qualifies a physician to discuss realistic goals and expectations for surgical procedures. It is an important factor to be weighed in the equation.

Did You Include Your Family Doctor as Part of the Medical Team?

Too many people bypass this valuable resource. The family physician can provide important information re-



Dr. Philip Bushnick

Dr. Bushnick is a board-certified plastic and reconstructive surgeon whose training includes a residency in general and plastic surgery at the University of Illinois Hospital in Chicago. He graduated from the Abraham Lincoln School of Medicine at the University of Illinois at Chicago. His undergraduate degree was earned with honors from the University of Illinois in Champaign where he also received a Masters in Science. Dr. Bushnick is a fellow of the American College of Surgeons and a Diplomat of both the National Board of Medical Examiners and the American Board of Plastic Surgery. He is the past president of the Medical staff at Advocate's Good Shepherd Hospital and is recognized by the medical community as both a researcher and lecturer. Dr. Bushnick lives in Kildeer with his wife Kathey, his daughters Melissa and Sabrina and the family's chocolate Labrador retriever, Leya.

garding your overall health status and suitability as a plastic surgery candidate. Working together, the plastic surgeon and family doctor can jointly determine how to attain optimal results as safely as possible.

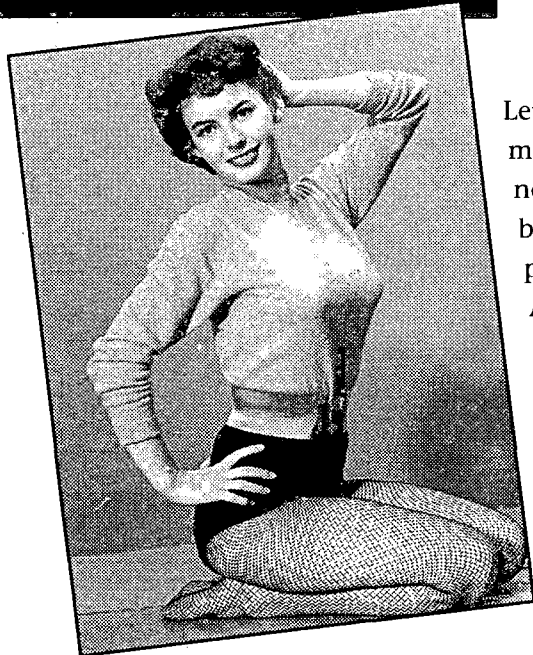
For more information or to schedule a complimentary cosmetic consultation with Dr. Bushnick or one of his associates, call **Suburban Plastic Surgery Associates** toll free at 1 (887) TURN-HEADS (887-6432).

Suburban Plastic Surgery Associates has office locations in Hoffman Estates, Elgin, McHenry, Elk Grove Village and Downers Grove.

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Let's face it. After pregnancy, nursing children and the normal aging process, most women agree they do. If you too are frustrated with the loss of size and firmness of your breasts, perhaps we can help. Suburban Plastic Surgery Associates has been helping women "reclaim" their figures through breast augmentation and lift procedures for more than 20 years.

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Genetically speaking, we transform liabilities into assets.

We all have them. Those "genetic liabilities" or acquired fat deposits that typically do not respond to diet or exercise. These unflattering bulges take away from the figure you were meant to have.

As one of Chicagoland's largest plastic surgery practices, Suburban Plastic Surgery Associates has been helping patients attain exceptional results for the last 20 years. Using the latest technique - tumescence ultrasonic liposuction - our board-certified plastic surgeons will help you turn heads by reclaiming the figure that's rightfully yours.

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- Face, Neck and Brow Lifts
- Eyelid & Nasal Surgery
- Tummy Tucks
- Fat Transplantation
- Spider Vein Treatments
- Facial Rejuvenation
- Nonsurgical Facial Line Removal
- Laser Treatments
- Breast Augmentation and Lift
- Breast Reduction

For a complimentary consultation call toll free anytime. **877 turn heads (877 887 6432)**

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DRAMATIC RESULTS FOR REAL PEOPLESM

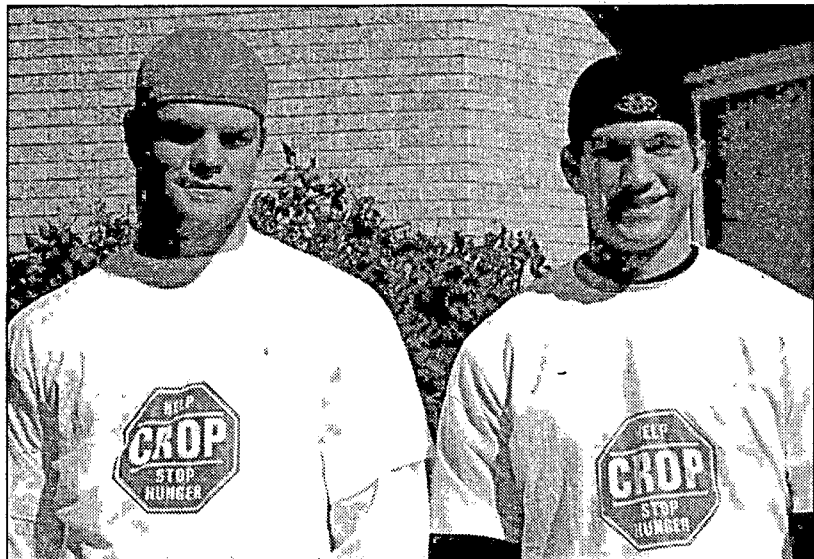
Frank C. Madda, M.D. Philip N. Bushnick, M.D. Damian D. Gress, M.D. Robert C. Caridi, M.D.

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Happenings!

in the area

Barrington Crop Walk '99



Pictured is Dan Pohlman (left) and Bob Jackson, Co-Captains of the Barrington High School varsity football team. The Co-Captains will be the Grand Marshals of the 17th Annual Barrington Area Crop Walk to be held on Sunday, October 17, 1999.

The 17th Annual Barrington Area Crop Walk will be held on Sunday, October 17, 1999. Dan Pohlman and Bob Jackson, the Co-Captains of the Barrington High School varsity football team, will share the honor of being Grand Marshals of the 1999 Crop Walk. They are shown in the picture taking time out for a moment to exchange their football jerseys for Crop Walk shirts. They encourage everyone to join the fun and, at the same time, raise funds to help fight hunger and provide aid to disaster victims around the block and around the world.

Last year, 446 walkers raised \$42,905 in Barrington. We were once again the third highest fund-raising community in Illinois, after Chicago and a group of towns in Northern Lake County. Twenty-five percent of the funds are returned to Barrington to be distributed to CWU Barrington Food Pantry, Meals with Wheels, Salvation Army, Carpentersville FISH program and the Bethlehem Center Food Bank. The remainder of the funds are distributed nationally and internationally. This last year, Crop Walkers and their sponsors were helping in Kosovo with food, blankets, tents, plastic sheets for ground covering, water bottles, baby formula and medical supplies. Compassionate supporters of Crop Walk were in Honduras, Nicaragua and Guatemala helping rebuild after the ravages of Hurricane Mitch. In Texas, there was help in recovering after flooding... and the list could go on and on. We continue to walk because 34,000 children under the age of 5 die every day from hunger and preventable disease. As we start the new millennium, we know it is

within our reach to eradicate mass hunger. We invite everyone to join this ecumenical walk to work at reaching that goal.

The funds are not just for restoring hope after disaster, but in educating people to farm better, to sew, provide pumps for fresh water—all to prevent disaster. There is great excitement, for instance, in the discovery of the benefits of the Moringa Tree. This one tree provides oil for cooking and soap, pods for nutritious eating and seed powder that actually purifies water. The leaves and seeds can be ground into flour for sauces. And only \$20 will provide 16 of these trees. This one tree is proof that, with continued effort, hunger can be eliminated in our world.

Walkers will gather at St. Paul United Church of Christ, 401 East Main St. at 12:30 PM for registration. The walk will begin at 1:00 PM with maps available for the ten kilometers or the "Golden Mile." Twelve churches, people of all ages, families, individuals, Scouts, football teams, various civic groups and even pets will be participating. Although bikes, roller blades and skateboards are out of step with Crop Walk, other wheels like strollers, wagons and wheelchairs are very welcome inspirations. Everyone is invited back to St. Paul's for an ecumenical chili supper, some great cup cakes, refreshments and entertainment by The Legumes. For additional information, call the 1999 Chairperson, Barbara Schmidt, at work at 847-888-7939 or at home at 847-381-3074 from St. Mark's Episcopal Church or contact your church representative.

BWC Outing to See Fosse

A Barrington Woman's Club outing to Chicago to see *Fosse* is scheduled for Wednesday, October 13. The cost of the trip, \$82, includes bus transportation, lunch at the Signature Room on the 95th floor of the Hancock Building and the *Fosse* ticket. The

bus will leave Langendorf Park at 10 AM.

Tickets are going fast. Call 847-382-4281 to reserve. Then send your check, made to Barrington Woman's Club, to June Dienes, 326 Old Sutton Rd., Barrington Hills, IL, 60010 by October 4.

Be Swept Away on the Romantic Canals of Bella Venezia



Join Barrington Sparrow for a festive (black-tie optional) evening to benefit Home of the Sparrow which is headquartered in McHenry.

Designer Jeani Allaway (JMA Interiors) is leading the decorating committee in creating another spectacular "Gala" setting... this one portraying the unique and mysterious charms of the city of canals!

Dress to the theme if you wish. Cocktails/silent auction begin at 6:00 PM, dinner will be at 7:30 PM followed by live auction. There will be dancing all evening to the music of the NightShift Orchestra.

All takes place Saturday, November 6 at the Corporate Offices of Sears, Roebuck and Co., located in Hoffman Estates.

Proceeds benefit Home of the Sparrow which has locations in McHenry, Woodstock, Crystal Lake and Palatine. A transitional housing center for homeless women and their children, Sparrow aids individuals in their efforts to become self-sufficient through a structured program of education and counseling.

For "Gala" tickets at \$125 each, contact Cheri at 847-487-0931. Reservations requested by October 27. Ciao!

Barrington Lyric Presents "Potions & Potables"



Toasting each other, Barrington Chapter members who will perform during the "Potions & Potables" program on October 22 are greatly amused as they talk about some of the surprises that will occur. Pictured, left to right, are: Anne Gross, Inverness; Robert Plagemann, Chicago; and James Tammi, Barrington.

The Board of Directors of the Barrington Chapter of Lyric Opera of Chicago will welcome members and guests to enjoy "Potions & Potables," a toast to *MacBeth*, *The Elixir of Love*, *Falstaff* and *Die Fledermaus*. The evening of spoofs, spirits, song and "sliders" will begin at 7:30 PM on Friday, October 22 in a lovely Barrington Hills residence. Members are \$20. Guests are \$25. A buffet supper with wine will follow. There will be limited parking; please carpool. Kindly respond by October 15 to Jocelyn Murray, 1713 Beaver Pond Road, Inverness, Illinois, 60067 or call 847-359-1678. For additional information, please phone program chairwoman Bonnie Westphal from Hoffman Estates at 847-885-2794.

The evening promises to be entertaining, educational and enlightening, replete with intriguing plots and parodies. Performing members of the Barrington Chapter Ensemble are: Shula Luber, Todd Sholeen, Elizabeth Fjortoft, Jim Tammi, Louise and Michael Sullivan and Tressa Borkon, Barrington; Anne Gross, Inverness; Mary Wajda, Palatine; Janet Lareau, Algonquin; and Bob Plagemann, Forest Park. They will portray witches, wives, Sir John, Dr. Quack, Dino Martini, Laughing Adele and Champagne revelers.

For inquiries on the Barrington Chapter (well over 200 members and still growing), please phone Howard Robins at 847-437-2158. To share rides, phone Maureen Brown at 847-382-7015.

Micro-dermabrasion Comes to Syd Simons!

Introducing Micro-dermabrasion, a rejuvenating breakthrough in skin care that is now being offered at **Syd Simons Day Spa** in Barrington. This particular treatment uses a crystal flow that causes an abrasive action, removing surface layers of the skin; reducing fine lines and wrinkles; and giving the skin a more youthful and healthy appearance. The vacuum action stimulates microcirculation, which increases the blood supply that provides the nutrients that are essential for skin regeneration. The formation of new elastin and collagen are also stimulated to improve skin texture as well as its elasticity.

Because this micro-peel gradually abrades the epidermal cells, many different skin problems can be treated by the process. Those included are:

- Sun-damaged skin
- Uneven and granular skin
- Fine lines and wrinkles
- Enlarged pores
- Blackheads and whiteheads
- Superficial scars
- Some stretch marks

There is no risk involved with the Micro-dermabrasion. It has, in fact, been widely used throughout Europe for 20

years. Originally, dermatologists were the exclusive users of Micro-dermabrasion, but our estheticians here at **Syd Simons** have been trained in this revitalizing process. In fact, we are one of the very few spas in the area who offer such a wonderful treatment. In spite of the complicated name, the process is really quite simple and completely painless, with results visible after the first treatment. The micro-peel is a safer and gentler alternative to other resurfacing procedures. There is no trauma to your skin nor is there any bleeding. In fact, at the most, a few sensitive patients might experience the slightest of sensations which would resemble a very light sunburn. Also, there is no "recovery" period after the treatment; normal activities can be resumed immediately. As a matter of fact, some clients have had it done on their lunch hour!

We are celebrating our 28th year in Barrington on the first of October. Thanks to everyone for making this a possibility and please call us for further information on the micro-peel.

Sincerely,
Cathy Ramstadt, Owner
Syd Simons Day Spa

Exercise Safely

by Joe Mueller

Remember the days when seat belts were optional? Remember when kids sat in backseats unprotected and bicycle helmets were unheard of? The list goes on and on. Today, safety plays a role in every aspect of our lives. For example, automobiles are loaded with safety features; electrical tools have built-in protective mechanisms; and even children's toys are made to avoid injury.

In the gym, however, I see safety being thrown out the window. A lot of people are lifting more weight than they can handle. They seem to be doing everything in their power to create an injury. Not only in the weight room do I see carelessness occurring, but in other forms of exercise as well. The most common error is over training; quantity vs. quality of training. Also, how many people do *you* know who have injured feet, ankles, knees and backs yet still continue to run? Is it possible to make those nagging injuries suddenly vanish permanently by wearing a fancy brace? **Personalized Fitness** has the answers to these common questions.

Often, not enough attention is given to safety and prevention in exercise and fitness. To begin with, when working with weights, one must first be able to perform the exercise with no weight and proper form then progress gradually from there. The question is, "How do I learn to do exercises with proper form?" The answer

is simple—with one of the many skilled trainers at **Personalized Fitness**. Correct form is different for each individual. Sometimes, individuals think they are exercising, but not getting the desired results. They are probably over training. Many myths apply here, for example, "If a little is good, a lot is better," or "The more weight I lift, the bigger and stronger I'll get." Well, proper exercises and correct intervals and rest are key ingredients to reaching your goals. **Personalized Fitness** trainers specialize in designing programs that are tailored to each individual's needs.

Another question that comes to mind is, "How can I exercise if I have an injury?" No need to worry. **Personalized Fitness** provides each client with an assessment, which is informative to both the client and the trainer. Once the assessment is completed, preventative and corrective exercises can be implemented into a new or already existing program. Other resources available at **Personalized Fitness** to service your fitness and training needs are spin classes, massage/soft tissue therapy and nutritional consultation. With all of these programs at your disposal, **Personalized Fitness** can assist you in training safely, sanely and successfully. Please call **Personalized Fitness** at 847-277-7746 to schedule your complimentary fitness assessment.

Newcomers Club of Long Grove and Kildeer

The Newcomers Club of Long Grove and Kildeer is a social club extending a warm welcome to all new as well as established residents in our area. We meet from September through May on the third Tuesday of each month with interesting programs.

During the rest of the month, various interest groups meet at different times. Come as our guest and meet us. For information and meeting locations, please call Diane at 478-1907.

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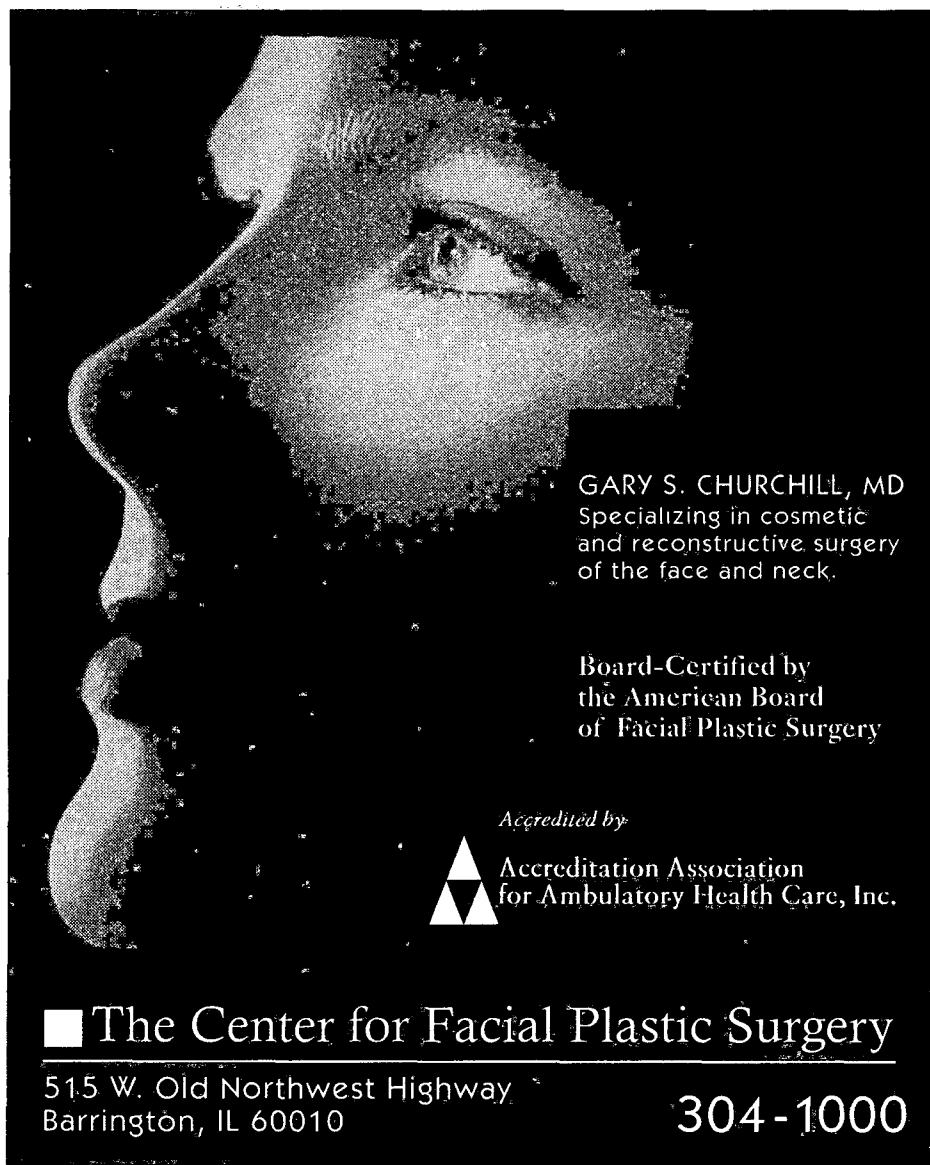
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Women In Management Hosts Lt. Governor Wood

Lt. Governor Corinne Wood, who made history by becoming the first female Lt. Governor in Illinois, will be the guest speaker for Women In Management's Lake Cook Chapter as she presents *The State of the State for Women in Illinois* on October 5 at College of Lake County in Grayslake.

Sponsored in part by College of Lake County, this event will be held from 7:30 to 9:30 AM and include a continental breakfast, networking opportunities and audience questions for the Lt. Governor after her program. Open to the public, all are invited to learn more about the Status of Women in Illinois, Legislative Efforts on behalf of Women and Families and Goals and Objectives of the Lt. Governor's office.

The Lake Cook Chapter of Women In Management will take reservations at 847-295-7333. The cost is \$15 prepaid for non-members or \$12 for members of any

chapter of Women In Management. Prepayment is requested via credit card for phone reservations, or mail reservations to Women In Management, 5465 West Grand Avenue, Suite 100, Gurnee, IL, 60031.

Women In Management, Inc. is a non-profit support organization for women in leadership positions in Academia, Licensed Professional, Corporate, Government, Entrepreneur Product, Entrepreneur Service and Not-for-Profit. Focused on facilitating the exchange of experiences, ideas and promoting self-growth, the organization offers networking, mentorship, education and awards at the chapter and national level. Over 600 members belong to over 7 chapters in Illinois, the national headquarters are in Springfield. For more information about WIM, visit the website at www.wimonline.org.

For more information and reservations, call 847-295-7333.

Book Group to Discuss Magnificent Ambersons

The Barrington Area Branch of the American Association of University Women (AAUW) Evening Book Discussion Group will discuss *Magnificent Ambersons* by Booth Tarkington on Tuesday, October 26, 1999 at 7:30 PM at a member's home.

AAUW is a national organization committed to educational equity for women

and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For additional information, please call 847-381-4791.

Facelift Surgery

Aging of the face is inevitable. With time, the effects of gravity, genetics and sun exposure begin to demonstrate their impact on our appearance. Fine wrinkles begin to appear at the corners of the eyes. The sharply demarcated jaw line becomes less defined with the appearance of jowls and the smooth contours of the neck are lost. The actual timing of when these events take place varies from person to person. Once these signs of aging become apparent, a facelift, also known as rhytidectomy, could provide the desired facial rejuvenation.

What is a Facelift?

A facelift allows rejuvenation of the lower two-thirds of the face. It addresses the sagging neck, jowls and cheeks. It may be combined with liposuction and tightening of the muscles in the neck to provide a tighter, smoother contouring. The incision for the facelift extends from the patient's temple hairline down in front of and then just inside the ear, and continues around the lobe behind the ear into the hairline. All incisions are placed where they would fall in a natural crease or hidden within the patient's hair. The skin is then raised and the underlying soft tissues are tightened. This places the tension beneath the skin and prevents a pulled or too tight look. The skin is then redraped over the underlying tissues. The excess skin is trimmed and the incisions are closed with fine sutures. Depending on the extent of surgery, the procedure can last from two to four hours. Following the surgery, the patient will have a dressing placed to protect the entire area where the incisions have been made and the skin has been raised. A

by Gary S. Churchill, MD



Gary Churchill, MD

facelift may also be combined with eyelid and forehead surgery to provide rejuvenation of the upper one-third of the face.

What Can the Patient Expect After Surgery?

Most patients report very little pain after surgery, however, there is some degree of discomfort due to the swelling. The patient will be instructed to sleep with the head elevated on two to three pillows. Medication is prescribed to allow the patient to tolerate the mild pain. The dressing that was applied immediately following surgery is removed on the first day after surgery. Recovery usually takes between two to three weeks although most patients are able to go back to work in one to two weeks. The incisions are barely noticeable even early on since they are hidden in natural contours and the hair.

Where Can This Procedure be Performed?

Facelifts are commonly performed at **The Center for Facial Plastic Surgery**. Some patients prefer to spend the night there while others go home following surgery. Either twilight or general anesthesia is used. Facelifts can also be done in the hospital.

Golfers and Fashion Aficionados Unite

Alexian Brothers Medical Center (ABMC) is bringing together two favorite pastimes for a fashionable and active fund-raising event this fall. The 2nd Annual ABMC Fashion Show and Golf Classic, "Fashions or Fairways... the Alexian Way," will take place on Saturday, October 9, 1999 at Oak Brook Hills Hotel and Resort, 3500 Mid-west Road, Oak Brook, IL. Kathy Brock, ABC-TV News Co-Anchors, will serve as the Master of Ceremonies.

"Fashions or Fairways" offers an opportunity to hit along the fairway or gaze along the runway while contributing to the philanthropic efforts of Alexian Brothers Medical Center. Sponsored by the ABMC Foundation and the ABMC Auxiliary, the event will raise funds for three women and children health programs at the Elk Grove Village medical center.

The cost for the Fashion Show is \$42 per person.

The Golf Classic is open to 72 golfers with tee-times available between 9:30 AM and noon. The \$150 per person ticket



Kathy Brock, ABC-TV News Co-Anchors,
will serve as Master of Ceremonies.

price includes 18 holes of golf, a golf cart, a Picnic Basket Box Lunch and beverages. As a special challenge to participating golfers, Dr. Gregory Teas of ABMC will sponsor "Beat the Shrink" for the second consecutive year with special prizes going to the lowest scoring golfers.

For tickets or information on "Fashions or Fairways... the Alexian Way," call ABMC Foundation at 847-437-5500, ext. 4388.

BAAC Sponsors Arts Weeks

The Barrington Area Arts Council (BAAC) is again sponsoring Arts Weeks on October 1 through 14 to encourage the celebration of the arts in the Barrington area. The Barrington Arts Weeks coincides with the Illinois Arts Weeks and The National Arts & Humanities Month.

To launch the local celebration, BAAC is

pleased to offer \$100 grants for arts programming to Barrington area schools and selected nonprofit organizations to present arts programs of their choice. Take time in October to recognize the importance of the arts and humanities at the local level and the contributions they make to each community and the lives of those in it.

Harvest Time at Lucy & Ethel's

Harvest time is here, and Lucy's been out back stompin' grapes to celebrate the abundance of fashions arriving for fall.

Vineyard inspired sportswear by David Brooks and Soft As A Grape are among the bountiful harvest.

Ethel's preferred vintage this season features cozy fall and holiday sweaters inspired by the new harvest crop.

Stomp on over and visit **Lucy & Ethel's** for the pick of the crop and an enjoyable day in Historic Long Grove. Open seven days a week. 847-478-1932.

Crisp Shades of Autumn... The Exclusive Fall 1999 Collection by Soft As A Grape

 **Soft As A Grape**



Turn Your Dreams into Reality

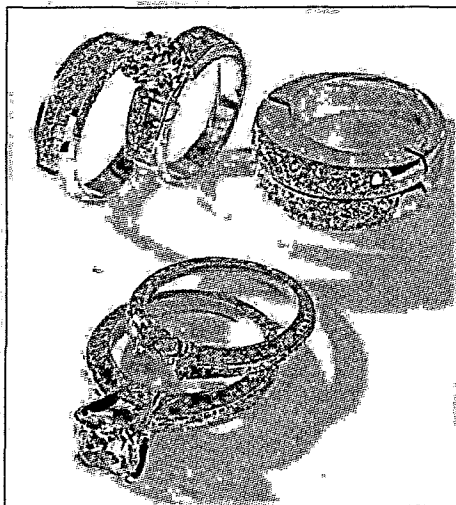
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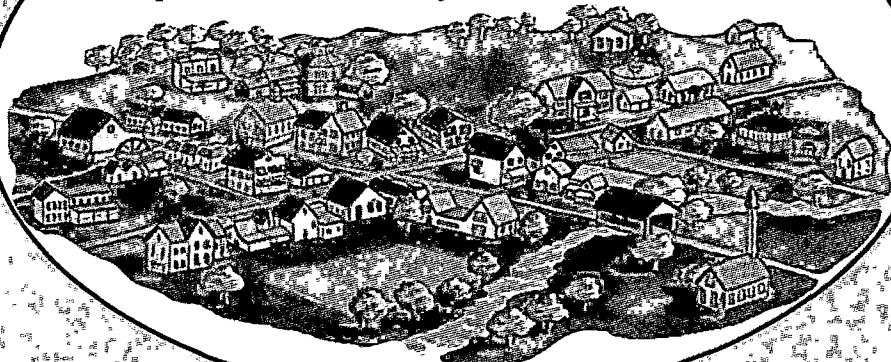
ity at the best prices. Some refer to this type of pricing as "wholesale to the public," we prefer to call it *fair pricing*.

Fall is here and so are the new styles. Whether you are looking for an Alexandrite or an Ideal Cut Diamond, no request is too small or too difficult. We are constantly traveling the world to find *exactly* what you want and giving you pricing directly from the source.

If you are pressed for time, we will gladly gift wrap at no additional charge and ship your gift immediately. Let us assist you in finding the perfect gift for yourself or that special someone that is sure to delight with each and every wearing.



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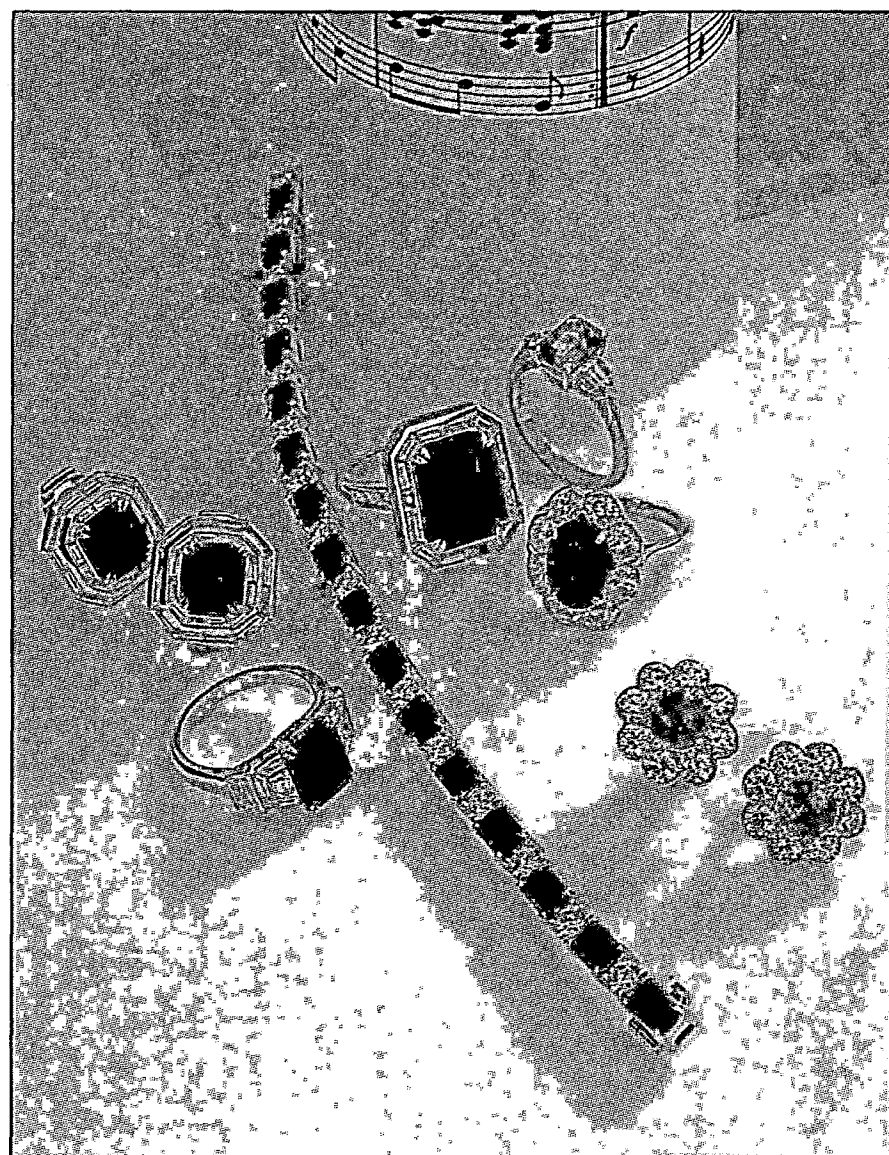
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Along The Garden Path

With summer coming to an end and the kids going back to school, you need to treat yourself to something new, something FRESH, like FLOWERS! Come home with a bundle of fresh flowers to put on your table. It is nature's aromatherapy.

The Garden Path Florist of Long Grove always has something unique for you. The season's best offerings. And, looking forward to fall, we have fresh and dried arrangements overflowing with harvest things like wheat, apples, gourds, pumpkins and vines. At The Garden Path, you will always receive a creative fresh floral design.

Located in downtown Long Grove, across from the Village Tavern, The Garden Path Florist offers daily deliveries and wire services to send flowers around the corner or around the world. We have an excellent reputation for quality and offer creative designs for everyday or special occasions. Our wedding work is exquisite, unique and of the highest quality. We stand by our product and our service.

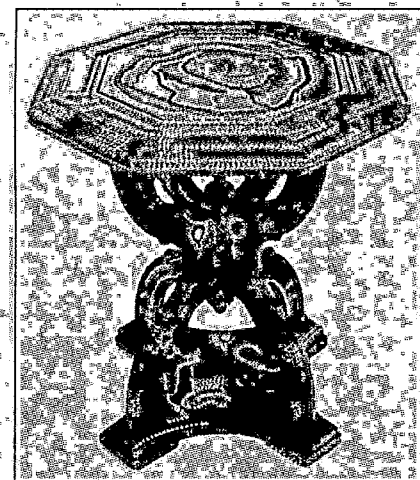
144 Old McHenry Road, phone 821-0591.



Eclectic Art at its Finest

Acclaim Gallery offers its visitors a beautiful and unusual array of art selected from the finest of over 50 artists from around the country. Featuring the beauty and rich textures of fiber art forms from artists Brian Schmidt, Ellen Ann Eddy, Caryl Bryer Fallert and Arle Sklar-Weinstein. Wonderful wearable art including handloomed sweaters by Angela Rose, woven wraps by Lee Laurence, designer pieces by Peter Ceisla and handpainted silks by Phillippa Lack, Alexandra and Boisali. Paintings and drawings by Richard Cronborg and botanical art, functional sculpture and one-of-a-kind furniture by Joan Simmons are also featured.

Acclaim Gallery is located at 445 Robert Parker Coffin Road in Long Grove. Hours are 11 AM to 5 PM, Tuesday through Sunday. For more information call 847-478-9192.



"Octo Gone" © Joan Simmons



"Velvet"
Pastel & Pencil on Cotton
© Joan Simmons

ACCLAIM GALLERY

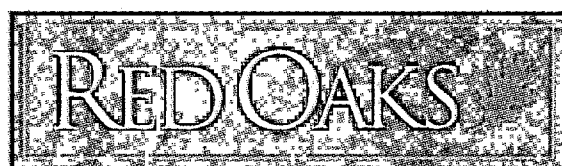
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Toll-free 1-888-873-4393

Red Oaks in Long Grove is having a Floor Sample Sale during the month of October

Furniture from a variety of manufacturers
has been reduced **30-50% off**.

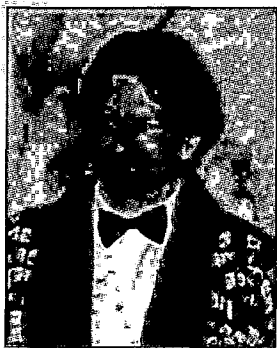
Now is a great time to find a special piece to add to your home before the holiday season. Please stop in soon—floor sample items are limited to what we have on hand.



340 Old McHenry Rd., Long Grove, IL
847-634-3044.

Hours: 10:00 - 5:00 Monday thru Saturday
Sunday 11:00 - 5:00
www.redoaks.com





Jürgen Görg Returns to The Studio of Long Grove

"I like to create something very personal, something that moves me, in which I can pour my emotions and above that express my individuality." So says West German artist Jürgen Görg of his original oil and graphite paintings, hand-pulled stone lithographs and etchings. His highly sensuous figurative works are indeed emotionally charged, and heavily influenced by his love of music and dance. A musician himself, Görg has incorporated themes from Mozart, Vivaldi, Bernstein, Mussorgsky, and others into his work. Lines should develop like a melody—intensify and dissolve. The force fields and elements of tension should be set into motion, and perhaps not only for me, it would become an emotional experience."

Born in 1951 in Dernbach, West Germany, Görg's formative years were spent in Koblenz before moving to Mainz to study all aspects of the visual arts at the Johannes-Gutenberg University. Here he learned ancient methods of print-making that he uses in his stone lithographs and etchings today.

His many successful exhibitions include one-man shows in West Germany, London, India, Japan. **The Studio of Long Grove** and sellout shows in New York.



Steps to Freedom IV

Etching

A master craftsman and consummate artist, Jürgen Görg's original paintings, sculpture, etchings and lithographs have established him as one of the most talented and imaginative figures of his generation.

We are honored to host this charming and ingenious artist for his third one-man show at **The Studio of Long Grove**.



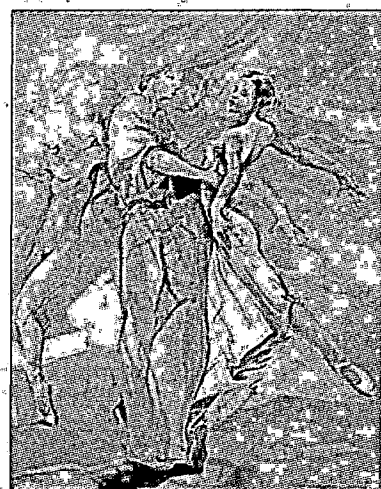
Stage

Stone Lithograph



Etude

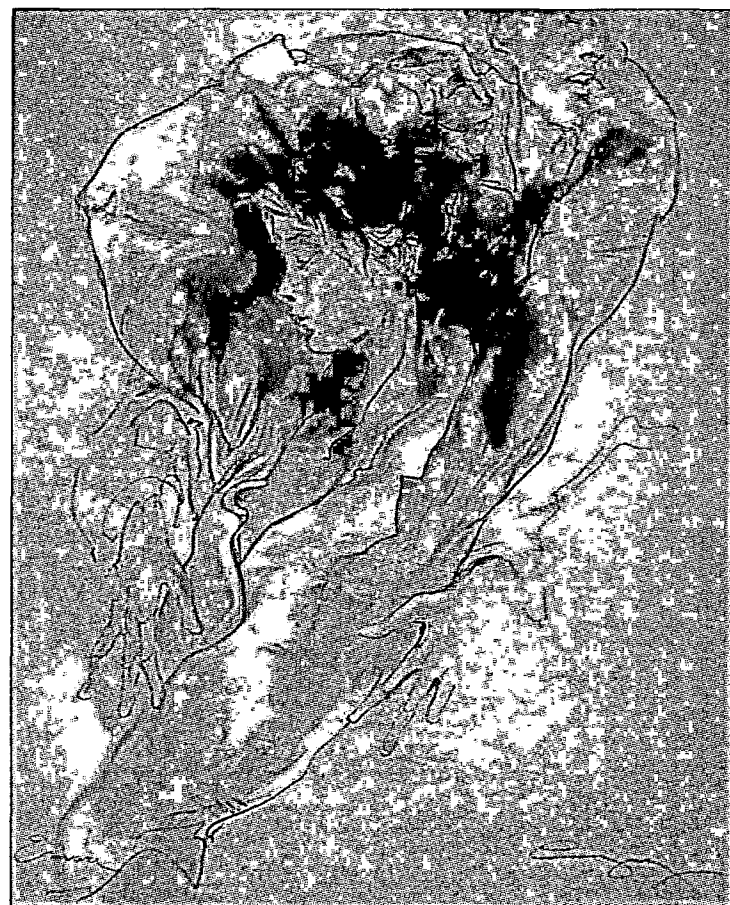
Stone Lithograph



Ballade

Stone Lithograph

JÜRGEN GÖRG



Embrace

Oil Painting

The Studio of Long Grove presents *Original Paintings by German Artist* **JÜRGEN GÖRG**

A MASTER CRAFTSMAN AND CONSUMMATE ARTIST, JÜRGEN GÖRG HAS ESTABLISHED A REPUTATION AS ONE OF EUROPE'S TOP ARTISTS. THIS WILL BE HIS THIRD APPEARANCE AT THE STUDIO.

Artist's Reception
Friday, October 22, 6:00 - 9:00 pm

The artist will also be in attendance
Saturday, October 23, 1:00 - 4:00 pm

Reservations are appreciated, but not required

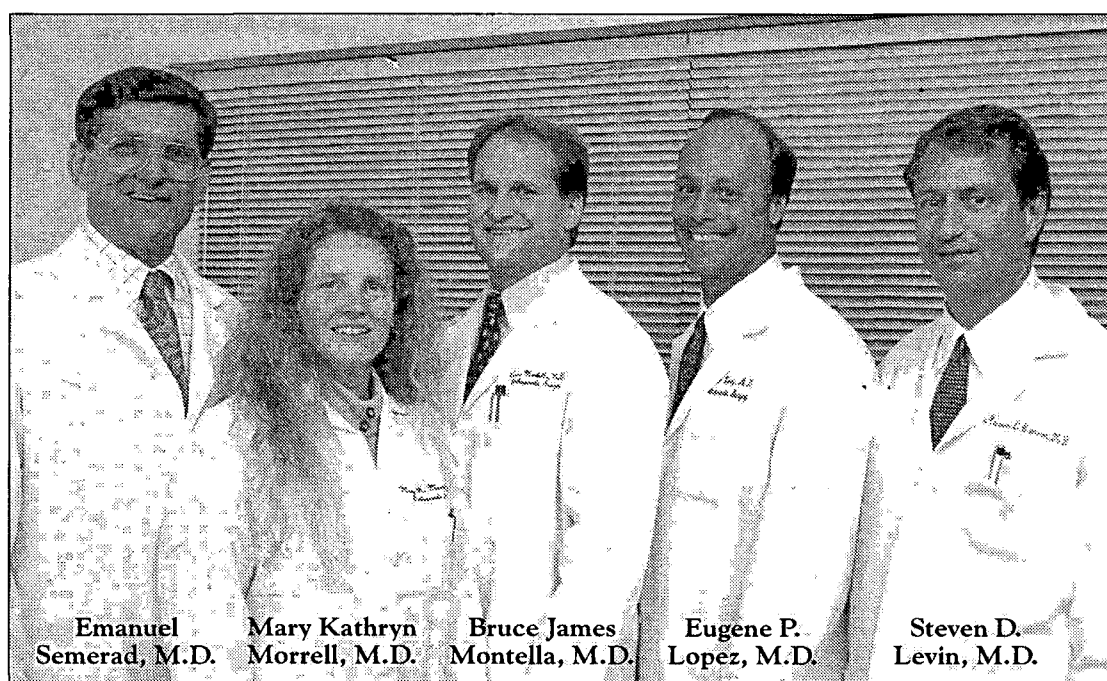


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The Bal Masque Luncheon



Standing left to right are: Dr. Mark Rosenbloom, Founder and President of The Unicorn Children's Foundation and Co-Chairpersons Mrs. Beverly Blettner, Mrs. Mamie Walton and Mr. Stanley Paul.

Mrs. Beverly Blettner, Mr. Stanley Paul and Mrs. Mamie Walton, the three Chairpersons for The Bal Masque, invited their friends to a luncheon meeting at The Racquet Club to discuss the Bal Masque to be held at The Casino on October 29, 1999 to benefit The Unicorn Children's Foundation.

Twenty-five socially prominent ladies and gentlemen attended the luncheon and pledged their support for The Unicorn Children's Foundation and the Bal

Masque. Dr. Mark Rosenbloom, Founder and President of The Unicorn Children's Foundation, spoke briefly at the luncheon about the need of the children with communication and learning disorders.

Mrs. Robert Tyler (Marie) flew in especially from Maryland to attend the luncheon and also pledged her support for the ball and the foundation. Among others were Mr. and Mrs. Thomas Cummings, Barbara Israel, Mrs. Bernice Pink, Stacey Lefton-Glick, Daniel Marcus and Ms. Dori

Wilson. Several ladies who attended last year's hugely successful ball in Palm Beach are lending their support again including Dolly Rymer, "Cookie" Cohen and Susan Gohl.

Also at the luncheon were Mr. and Mrs. Ronald Baade, Myra Reilly, Beverly Persky, Martin Gapshis (the well-known printer who is going to print the ball invitations), Tiffany Kim, Avril Leviton, Daniel Nack, Mrs. Catherine Ladany and author Sherril Bodine. Mr. Fred Tokowitz has agreed to help acquire the penthouse location for

the cocktail kickoff party.

Dr. Mark Rosenbloom and the three Chairs have high hopes for The Bal Masque.

Another committee luncheon was planned by Mrs. Mamie Walton for the ball committee members on August 23, 1999 at The Ritz-Carlton Hotel. Twenty-three committee members attended.

For additional information about The Bal Masque Luncheon or The Unicorn Children's Foundation, please contact Mrs. Mamie Walton at 312-266-1000.



Standing left to right are: Marsha Baade; Myra Reilly; Dr. Mark Rosenbloom, Founder and President of The Unicorn Children's Foundation; and Beverly Persky.

Bone Health

by Carole Childers, C.N., L.N.C., All Ways Healthy

While past research tells us that there is no need to be concerned about our bones until age 40, studies are now showing different results. Recent research proves we really need to start thinking about building strong bones during childhood and adolescence. All too often, we don't discover that there's a problem with fragile or brittle bones until after menopause. There are no symptoms of osteoporosis. Unfortunately, many women don't know they have a problem until a fracture occurs. Over time, bones become more porous and fragile. If left unchecked, bone fractures may occur. Women generally reach their peak bone mass in their thirties. After age 30, a certain amount of bone loss is normal. With the onset of menopause and declining estrogen levels, bone loss accelerates considerably for the first 5 to 8 years. Osteoporosis is diagnosed when bone mass has deteriorated 10% to 25% below peak. Risk factors for developing osteoporosis include: thin or frail physique, cigarette smoking, moderate to heavy alcohol use, sedentary lifestyle, family history of osteoporosis and use of certain medications. Our risk of developing osteoporosis is actually greater than our combined risk of getting breast, ovarian and uterine cancer. More and more doctors are recommending that every menopausal woman or women with any of the above mentioned risk factors have

a bone health test.

Calcium is one of the most important nutrients for bone health. The National Academy of Sciences recommends women ages 19 through 50 have 1000 milligrams of calcium per day. Pregnant women and women over the age of 50 need a daily intake of 1200 milligrams. In addition, women over the age of 65 are recommended 1500 milligrams per day. Calcium must be in balance with magnesium levels. According to Dr. C. Northrup, "A diet low in magnesium and relatively high in calcium can actually contribute to osteoporosis." The ideal ratio of calcium to magnesium is 2 to 1. Vitamin D is required for the absorption and utilization of calcium. The recommended daily amount is 400 to 800 International Units. It is easy to get adequate amounts of vitamin D in the summer when you are outside exposed to the sun. Once winter comes, it is important to use a vitamin D supplement.

Visit **All Ways Healthy** and let our experienced staff help you select the calcium that best suits your needs. We have a certified nutritionist on staff who is also available for personal consultations. Please call for an appointment at **847-438-9200**. Please join us for our Annual Customer Appreciation Days on November 5 and 6. It is a great opportunity to sample good tasting, healthy food.

Are Your Teeth Getting Short?

by Raymond Kotz, DDS

Many adults find that their front teeth are wearing down, getting thin or even chipping away. The cause of these problems is not what you eat, chewing ice or those pencils you hold in your mouth. More likely, it is unconscious, usually nocturnal movements of your lower jaw called Bruxism, sometimes called "night grinding." The cause may be that your back teeth do not fit together properly! It may be caused by brain waves or it may even be associated with REM sleep patterns. There may be headaches, sore muscles or jaw joint pain associated with the tooth destruction from Bruxism.

If a long term solution is desired, proper diagnosis of the type of Bruxism that exists is required before your teeth are repaired. This diagnosis may require a combination of a careful history, muscle and jaw joint examination; radiographs; impressions for models; mounting these impressions on a simulator; a plastic oral splint that is worn 16 hours a day; or even temporary fillings or provisional restorations.



If all that seems ridiculous, think about the cost of having your front teeth fixed and then discovering that the fillings or crowns frequently break and must often be replaced. If it were my mouth, I would want a careful diagnosis.

For the thorough evaluation, please call **Dr. Raymond P. Kotz** in Barrington at **847-381-4040**.

Garden Club of Inverness Plans Christmas Fund-Raiser

Major plans are underway for the Garden Club of Inverness' annual fund-raiser of the year—the traditional Christmas Luncheon. This year, the club will return to the newly renovated Medinah Country Club which will be decked out in all its holiday decor. The date for this popular event is Thursday, December 2, 1999. The team of Co-Chairs involved in the planning are: Charlotte Dilillo, Cathleen

Laskov, Jill O'Connell, Rose Schneider and Sue Stephen. Tickets are \$40 and will go on sale at the general meeting of the club on Thursday, October 21. Further ticket information can be obtained by contacting Charlotte Dilillo at 304-9855.

Proceeds from the luncheon go toward the Garden Club of Inverness' Annual Harper College Horticultural Scholarship, community beautification projects, garden

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Your looks and smile are as important to us as they are to you—*always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

Raymond P. Kotz, DDS, PC

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Barrington, Illinois 60010
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GENERAL AND RECONSTRUCTIVE DENTISTRY



therapy and other charitable endeavors sanctioned by the Garden Clubs of Illinois, Inc. This year, the Garden Club of Inverness Plant Science Technology Scholarship for the fall 1999 school year was awarded to Ms. Diane Champagne of Palatine. Congratulations, Diane!

A highlight of the afternoon will be the Floral Design Program which will be presented this year by Brent Leech, AIFD, an award-winning, nationally known floral designer and instructor who has designed florals for the Governor's Ball of the Academy Awards in Los Angeles, the Fiesta Parade floats in Pasadena and the Asian Cup Competition in Taiwan. Locally, he has designed wedding florals for the Walgreen family and for the film "Groundhog Day" filmed in Woodstock. Brent

travels extensively for Floral Expressions, a convention company in Orlando, and currently designs displays and florals for "Expressions Flower Shop" in Wheaton. He is an honorary member of the Teleflora Illiana Board of Directors and was one of the youngest members ever inducted into the American Institute of Floral Designers.

The general meeting of Garden Club of Inverness on Thursday, October 21 will feature a presentation by Ms. Cyndi Duda of the Department of Interior-U.S. Fish and Wildlife Department who will discuss plants that benefit wildlife. The location is Holy Family Church, 2515 West Palatine Road in Inverness. The meeting begins at 9:30 AM. If you have questions, please call Membership Chair Mary Jo Bregenzer at 776-6557.

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(2 Blks. North of Palatine Rd.)**

Two Shows at Gallery Northwest

As fall arrives, **Gallery Northwest** is preparing for the upcoming holiday season.

Stop in and see our new collections of framed originals as well as a wide selection of limited edition prints and giclées.

Join us on Saturday, October 23 from noon until 4 PM for a reception with Impressionist Painter Eileen Resvani. Her show, "Far Away Places and Sunlit Gardens," will run from October 23 through November 12.

We will have our Annual Fall Show with Tom Lynch on Saturday, November 13.

Along with a wide selection of art, **Gallery Northwest** also offers creative custom framing. Come see our incredible selection of framing choices.

If you are tired of seeing the same boring framing and art, stop by and see us. We are a gallery that offers a truly unique perspective on art and custom framing.

We are located two blocks north of Palatine Road on NW Highway in Palatine.



**Cat Nap, Giclée on paper,
27"x22"**

Julio's Latin Cafe— A Wonderful Change of Pace

Julio's Latin Cafe in Lake Zurich is a wonderful change of pace for lunch or dinner. Whether you're celebrating a special occasion or looking for a new restaurant to try, you will enjoy their excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean.

Julio's now offers live piano entertainment on the weekends:

- Friday, October 8—José Peña
- Saturday, October 9—José Peña
- Friday, October 15—José Peña

- Saturday, October 16—Steve Sandner
- Friday, October 22—Jim Edmunds
- Saturday, October 23—Kenny Phelps
- Friday, October 29—José Peña
- Saturday, October 30—Jim Edmunds

Now is the perfect time to reserve **Julio's Latin Cafe** for your private parties, luncheons, dinners and corporate holiday gatherings. Call **Julio's** for further information and **reservations at 847-438-3484**. Dinner is served every night beginning at 5 PM. Lunch is served Monday through Friday. **Julio's Latin Cafe** is located at 99 South Rand Road in Lake Zurich.

Julio's Latin Cafe

CELEBRATE THE HOLIDAYS AT Julio's

It's NOT TOO EARLY TO START PLANNING YOUR holiday celebrations. WHETHER you plan a LUNCHEON OR DINNER EVENT, WE INVITE YOU TO RESERVE OUR ELEGANT DINING ROOM NOW.

OUR EXCELLENT SELECTION OF DISHES FROM COUNTRIES THROUGHOUT SOUTH AMERICA COMBINED WITH OUR COLORFUL, TROPICAL AMBIANCE, PROVIDE THE PERFECT SETTING FOR ANY OCCASION.

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Open for lunch Monday thru Friday

Dinner 7 nights a week

STEVE SANDER, PIANO PLAYER, ON Friday EVENINGS

PAULINHO GARCIA, BRAZILIAN GUITARIST, ON SATURDAYS

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Art Associates to Visit Art Institute

Ellsworth Kelly: The Early Drawings, 1948-1955 and **Bill Viola: Video Artist** are the focus of a bus trip to the Art Institute on Tuesday, October 19 sponsored by the Barrington Community Associates of the Art Institute of Chicago.

The day begins with a lecture by Celia Marriott, Associate Director of Museum Education-Media Programming. Marriott's field is late 20th century art; her projects include a video presentation for the Caillebotte and Monet exhibits. She holds bachelor's and master's degrees in Art History from the University of Wisconsin, Madison. After the lecture, participants will be able to view exhibits independently.

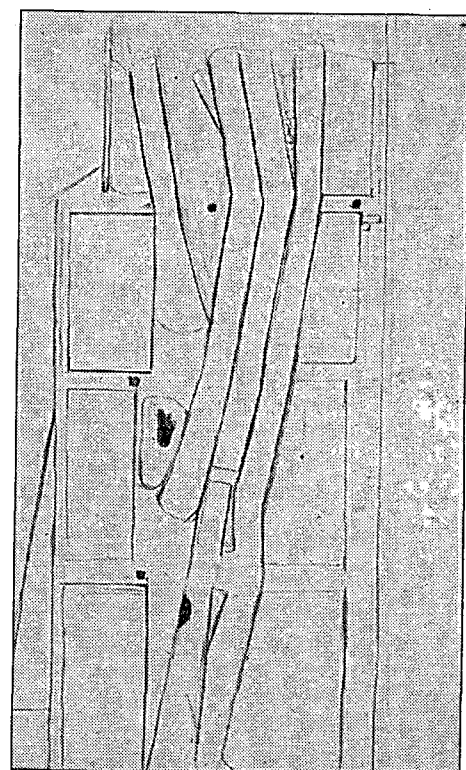
A major contributor to art of the 20th

century, Ellsworth Kelly is probably best known for his irregularly shaped, monochrome canvases that blur the line between abstract painting and sculpture. Six panels, painted on aluminum, have hung in the skylight court of the Rice Building since it opened in 1988. These large-scale panels are in sharp contrast to the much smaller and more complex drawings of grids, checkerboards and patterns that characterize his early work. Kelly's formative years were spent as a young artist in France immediately after World War II. This exhibit features more than 200 works on paper from this early period of Kelly's life, dating from 1948 to 1955. Many of the works come directly

from the artist and other private collections and predate the critical acclaim received with Kelly's first solo U.S. exhibition in 1956.

The Bill Viola exhibit in Regenstein Hall includes 14 video installations, along with 22 videotapes, drawings and notebooks of the past 25 years of his career. It is the largest exhibition ever devoted to a single artist working in video. Bill Viola began experimenting with video in the early 70's as an art student at Syracuse University. Although initially influenced by early masters of the form—such as Nam June Paik, Peter Campus and Bruce Nauman—Viola developed his own distinct visual vocabulary and innovative approach. He draws creative inspiration from a diverse range of disciplines, cultures and epochs including early Christianity, Islam and Zen Buddhism and the free verse of Walt Whitman. His work unfolds in a maze-like configuration of a series of room-sized video sequences. The Art Institute is the final stop on a world tour for the "Bill Viola" exhibit, organized by the Whitney Museum of American Art in New York.

Buses will leave Barrington's Langendorf Park at 9:00 AM and depart from the Art Institute at 2:30 PM. Fees are \$20 for members or \$25 for non-members. Reservations are due by October 5; contact Mrs. Pat Fein at 847-382-5953. Associates membership is open to interested men and women in the Northwest suburbs.



Ellsworth Kelly, American, Chimney Patterns III, 1949. Pencil on Paper; 43.5 x 25.7 cm. Collection of the Artist. Photograph courtesy of The Fogg Art Museum, Harvard University Art Museums, Cambridge, MA. Photograph by David Mathews [cat. 16]. Photo Courtesy of the Art Institute of Chicago.

Try Pumpkin... Thai Style!

If you haven't dined at **Thai Avenue Restaurant** lately, now is a good time. Fall is here; the kids are in school and pumpkin season is with us. At **Thai Avenue**, we are offering several special recipes that include pumpkin. If you love curry, we have red curry with pumpkin. Your choice of either chicken or shrimp in red curry is simmered with coconut milk and fresh Thai basil. You won't be disappointed!

How about pumpkin custard for dessert? Homemade coconut custard is baked inside the whole pumpkin and served right out of the oven. If you are

tired of the usual offerings of pumpkin pie and pumpkin soup, come in and try our pumpkin—Thai style. You'll love pumpkin even more!

Thai Avenue Restaurant is open Tuesday through Friday from 11:00 AM to 2:30 PM for lunch. For dinner: Tuesday through Thursday, 5:00 to 9:30 PM; Friday, 5:00 to 10:30 PM; Saturday, 4:00 to 10:30 PM; and Sunday, 4:00 to 9:00 PM. Our popular Friday Lunch Buffet is served from 11:30 AM to 2:30 PM. Please call us at **847-726-0036**. Bring in the ad coupon to receive the advertised discounts.

Prime Steaks, Italian & Fresh Seafood

For over 10 years, the **Taylor Street** name has been synonymous with homemade Italian specialties. Now located at 235 South Rand Road, (North Lake Commons), **Taylor Street Steakhouse** offers a blend of authentic Italian Entrees, Prime Steaks and Chops, and Fresh Seafood.

Adjacent to the Restaurant are private dining rooms catering to groups of 20 to 80 people and have full access to all of **Taylor Street's** offerings. You are invited to sit back while the staff anticipates your every need.



Announcing Our Preschool— Now is the Time to Plan for Fall!

Barrington Community Child Care Center is now offering a 5-day preschool program. The classes are for children ages 3 through 5 years who are toilet trained. The hours for the preschool day are 9:00 to 11:30 AM or 9:00 to 12:30 PM with a hot lunch provided. No appointment is necessary to tour the center. We are conveniently located at 560 Carl Avenue in Barrington, (one block west of Burger King off Northwest Highway).

Registration is now being accepted for all age groups in our child care program also. Have peace of mind while you work and know that your child is in a safe environment. Being at the **Barrington Community Child Care Center** means fun with music, art activities, water play, sandbox fun, stories and more.

The curriculum for the **Barrington Community Child Care Center** offers age appropriate and challenging activities. Our many activities promote self-esteem, independence and cognitive growth. Individual needs and the child's unique ways of learning are key in the type of planning and structure that is presented in the en-

vironment. Program enrichments are also offered, such as "Computer Tots" and "Kids in Action" gymnastics class. And, as a convenience, haircuts by a Barrington salon owner are offered every six weeks.

One less worry for parents, nutritious snacks and a hot catered lunch are offered each day. Daily communication between teachers and parents helps to achieve continuity and consistency between home and school. Our staff is highly qualified and continues their education and training on an ongoing basis. In addition, our staff is certified in CPR and First Aid techniques.

Barrington Community Child Care Center is a private center serving children 6 weeks to 6 years. Our facility offers over-sized classrooms with a homey feel and an environment to meet the needs of young children. As well, our large outdoor playground is enjoyed by all.

Barrington Community Child Care Center offers year around structured activities and care. Registration is now being accepted for fall enrollment! We are happily celebrating our 6th year in the community. *Come join the fun!*

Collection Cameo Luncheon/Lecture

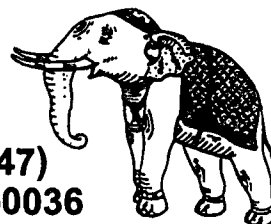
Terra Museum of American Art will host a Collection Cameo Luncheon and Lecture program focusing on a single painting from the museum's permanent collection of American art on Thursday, October 14 from noon to 1 PM at 664 N. Michigan Ave. in Chicago.

Nancy Owens, lecturer, American Art History, Northwestern University, will discuss Frances Hammell Gearhart's work *Above the Trail*, 1929. The Collection

Cameo program features a single work from the museum's collection every month.

Cost to attend all three programs is \$40 for members, students and educators and \$55 for nonmembers. The individual program fee is \$15 for members, students and educators and \$20 for nonmembers. For more information, call the Education Department at Terra Museum of American Art at 312-654-2255.

Thai Avenue Restaurant



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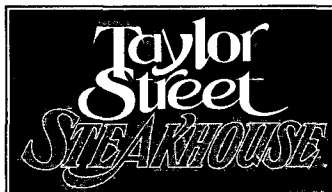
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Barrington Community Child Care Center

Register Now for Fall Preschool

Child Care Openings Available for Children 6 Weeks - 6 Years.

Applications Now Being
Accepted for Fall

Hours: 7am - 6:30pm

560 Carl Avenue
(1 blk. west of Burger King
off Northwest Hwy.)

381-0272

Barrington



Flower Pressing Subject for Green Thumbs

The Green Thumbs Garden Club will present a demonstration on the art of flower pressing by Joann Loebel, a local gardener and author who has written several articles on gardening for horticulture magazines. Ms. Loebel admits that of all gardening projects her favorite is pressing her homegrown flowers. She will begin by discussing which flowers to choose for planting and the techniques for growing them that will produce the most successful flowers for pressing. Flowers that are pressed need to be stored properly to

preserve their color and fragility. Ms. Loebel will share the techniques she has found most successful in her experience. On exhibit will be some of the projects that can be made using pressed flowers: place mats and trays for the kitchen, candles, book marks and pictures to accent the rest of the house. The meeting will be held on Monday, October 18 at the Barrington Area Library, 505 N. Northwest Highway at 12:30 PM. Guests interested in membership are welcome. For more information, call 847-381-5358.

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Apparel Industry Honors Designer



Beatrix Kopesdy, Mira Horoszowski and Ruth Kern, all wearing outfits designed by Mira of Mira Couture, Ltd., are shown at the Chicago Hilton and Towers for the Apparel Industry's Award Gala.

At the 12th Annual Apparel Industry Awards Gala held Thursday, June 24, 1999 at the Chicago Hilton and Towers, Mira Horoszowski of Mira Couture, Ltd. received the Chicago Couturier Award. She presented a fabulous style show at the event, concluding it with one of her signature bridal gowns. Beatrix Kopesdy and Ruth Kern, both of Barrington, were on

hand to join in the celebration for Mira. Her boutique is on Delaware St. one block west of the Four Seasons Hotel, Chicago.

Also honored at the event were Barry Friedland and Jordan Dolin who received the Contemporary Style Award; Patrick Patterson and Amy Zoller who received the Rising Star Award; Daniel J. Skoda, President of Marshall Field's, was honored

Recent Developments

by Sharon L. Keller, J.D., LLM



This month, I will share a recent court determination concerning stocks and bonds and also identify various tax proposals that bear watching in the future.

In a recent ruling, the Illinois Appellate Court found that stocks and bonds did not qualify as personal effects. Marie died and under her will left "all of her personal effects, household goods and all other goods and chattels" to her good friend Mary. Her will declared that she left the residue of her estate to Principia Corporation, a Missouri educational institution. At the time of her death, she owned her residence, its contents and furnishings and various certificates representing ownership of certain common stocks and bonds. Upon her death, most of her stock and bond certificates were found in her safe-deposit box, however, some were found in and among her household and personal possessions.

Marie's will was admitted to probate and Mary, Marie's friend, sought a declaration that she, not Principia, was entitled to Marie's stocks and bonds, which in total valued over \$1 Million. Under Section 1 of the will, all other tangible personal property of Marie, including her automobile, was distributed to Mary. The combined value of those items was \$9,075.

After hearing oral arguments, the Circuit Court entered judgment in favor of Principia, determining that Principia should receive Marie's stocks and bonds under the terms of her will. Mary appealed.

The Illinois Appellate Court ruled the phrase "personal effects" denotes "tangible personal property." Thus the Circuit Court correctly determined that the stocks and bonds passed to Principia under the residuary clause *Sverid v. First National Bank of Evergreen Park*, 295 Ill. App. 3d (1998).

Tax Proposals

Income Taxation—Both the House and the Senate have proposed income tax reduction. The House version would have reduced all brackets by 10% over 10 years. By 2009, the current top rate of 39.6% would end up at 35.7%. The Senate plan would have reduced the 15% bracket to

14% and expanded the income range of taxpayers who fall into that market.

Capital Gains—The House proposed lowering the 20% capital gains rate to 15% but this was modified to 18% by the Conference Committee.

Minimum Tax—An increasing number of middle income taxpayers are now subject to the Alternative Minimum Tax because the income threshold for AMT has remained the same while income levels have risen. The House would repeal the AMT while the Senate would significantly limit its application.

Retirement Plans—Following the Senate's plan, the bill would increase the maximum annual contribution limits on tax deductible IRAs from \$2,000 to \$5,000.

Conservation Easements—Beginning in 2000, land located within 50 miles of a metropolitan area, national park or wilderness area or within 25 miles of an Urban National Forest would qualify for the conservation easement exclusion. This would expand upon the present IRS qualifications.

In Addition—The House and Senate also plan to address the allocation of the Generation Skipping Tax exemption, the severing of trusts, the "marriage penalty," tax breaks for buying health insurance and a reduction of capital gains tax for businesses.

October is Breast Cancer Awareness Month. Please schedule a mammogram for yourself or encourage your loved ones to schedule one this month. This cancer can be cured through early detection. *Until next month, have a healthy and prosperous October.*

Adult Loss of a Parent Support Group

The tie between a parent and a child is one of the strongest human ties. When a parent dies, the loss may leave one with a multitude of emotions. Sadness, guilt, anger, numbness and relief are just a few of the feelings one is left with and learning to deal with these feelings can be difficult.

Hospice of Northeastern Illinois is offering a six-week "Adult Loss of a Parent" support group for those grieving the death of a parent or parent-figure. Led by a bereavement counselor, the class will cover such topics as the impact of the parent's death on siblings and other family members, the value of an elderly parent, problems that arise from dysfunction-

al families and reaching out to others for support.

The class begins on Wednesday, October 13 and continues on six consecutive Wednesdays until November 17. It will be from 7:00 to 8:30 PM at the hospice office, 410 South Hager Ave., Barrington. The class is open to individuals and adult family members.

There is a suggested fee of \$25, however, the class is open to anyone regardless of ability to pay. To register for the "Adult Loss of a Parent" Class or for more information on hospice or bereavement programs, please contact Terry Rasmussen or Sherry Ofsanik at 847-381-5599.

by receiving the Retailer of the Year Award; and Michael Jordan whose company Jordan Brand, A Division of Nike, received the Super Star Award.

It was a star studded evening of fashion and festivities featuring the Stanley Paul Orchestra and many, many gorgeous, smartly dressed people.

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering current lifestyle, exercise and diet habits.



Dr. Berger has had hundreds of satisfied patients and has incorporated the use of a new fat blocker, Xenical®, into this diet. Insurance usually pays for some or most charges, (sorry, no HMOs).

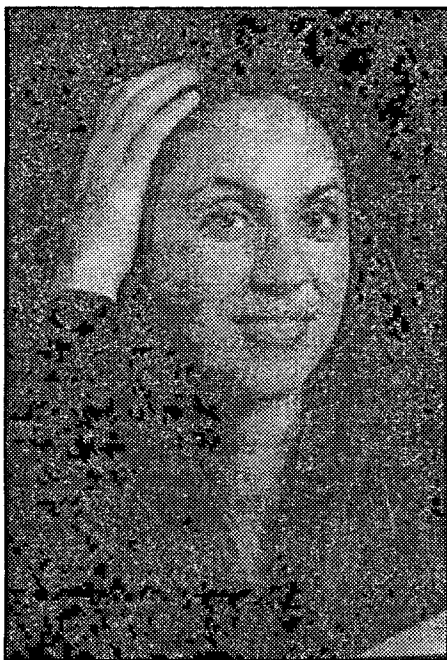
To begin a weight loss program that really works for you, call **847-438-2454** to make an appointment for your consultation today.

The American Opera Group Presents *La Bohème* in Chicago and Woodstock

Who is Mimi? And why is she coughing? And why does Rodolfo cry?

The answers to these and many more questions will be answered at 7:30 PM, Saturday, October 23 when the American Opera Group will present Giacomo Puccini's *La Bohème* at the Preston Bradley Center in Chicago. Additional performances will be presented at 8:00 PM on October 28 and 29 and at 3:00 PM on October 31 at the historic Woodstock Opera House in Woodstock, Illinois.

La Bohème is certainly among the world's most cherished operas, with its classic tale of love and loss and featuring some of the finest music ever produced for the opera stage. General Director Paul Williams hopes to put a fresh polish on



Canadian soprano Romina Di Gabarro will portray the tragic heroine.

this perennial favorite, bringing to his production a strong theatrical as well as musical background and high artistic standards.

Ticket prices for all performances are \$18, \$32 and \$40. The Chicago performance will be at 7:30 PM, Saturday, October 23 at the Preston Bradley Center, 941 W. Lawrence, Chicago. For information or reservations, call American Opera Group at 773-342-4796. Ask about valet parking at Chicago performances.

For information or reservations for the performances at 8:00 PM on October 28 and 29 and at 3:00 PM on Oct. 31 at the Woodstock Opera House, 121 Van Buren, Woodstock, IL, call the Woodstock Opera House box office at 815-338-5300.



Francesco Pellegrino will portray Rodolfo, Mimi's lover, in *La Bohème*.

Lose the Weight...and Keep it Off!

Dr. Barry Berger introduces a new weight loss program

This brand new program uses a product which serves as a "Fat Blocker"—allowing fat to pass through your body without being absorbed into the bloodstream. When used in conjunction with traditional diet plans and medications, you can lose the weight—and keep it off!

Dr. Berger has spent 12 of his 16 years in practice in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients in the following categories: weight reduction, anti-aging, impotence and E.D., hair removal, and many others. Dr. Berger sees all of his patients face-to-face. His services are covered by most insurance companies (sorry, no HMO).

Barry Berger, M.D., D.O.
Lake Zurich Medical Associates
290 S. Rand Rd., Lake Zurich

(847) 438-2454

Anti-Aging Program Also Available

Senior Activity and Lunch Program

Join us at Langendorf Park (unless otherwise indicated) for the following activities in October:

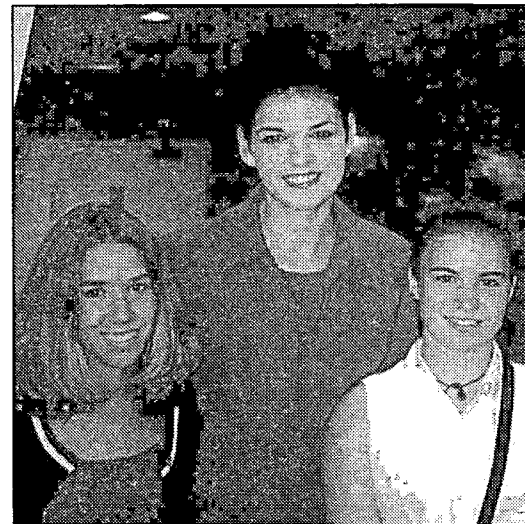
- Monday, October 11—Closed for Columbus Day.
- Tuesday, October 12, Luncheon at the Gallery sponsored by BACOA and the Barrington Area Arts Council—Come and celebrate National Arts Month at the BAAC Gallery, 207 Park Avenue from 11:00 AM to 1:00 PM and join us for a complementary luncheon. Program to be announced. Call BACOA at 381-5030 by Wednesday, October 6 to make your reservation.
- Monday, October 18, Halloween Party—Dress up in your best costume and celebrate Halloween with us! Prizes will be given for best costumes. At 12:30 PM, we

will get our first visit of the school year by the Park District Preschoolers who will entertain us with a fall theme.

- Tuesday, October 19, Flu Shots—Shots will be given by Good Shepherd Hospital staff by appointment only from 12:30 to 3:00 PM. Shots are free with your Medicare card. Call HealthAdvisor at 800-323-8622 for your appointment or for information on other dates, times and locations for flu shots.
- Monday, October 25, Octoberfest Party—From 10:30 AM to 2:30 PM, enjoy a traditional German menu and entertainment by Arkady Bodner, international musician and one-man orchestra. Cost is \$5 per person for lunch and entertainment. Call BACOA at 381-5030 by Monday, October 18 for your reservation.

Meeting Miss America

Megan Herrmann and Alissa Wolfel, freshmen at Barrington High School, enjoyed meeting Miss America 1998 Kate Shindle. The occasion, which took place in early June, was the Sarah Siddons Society of Chicago's scholarship dinner that preceded the WAAMU show.

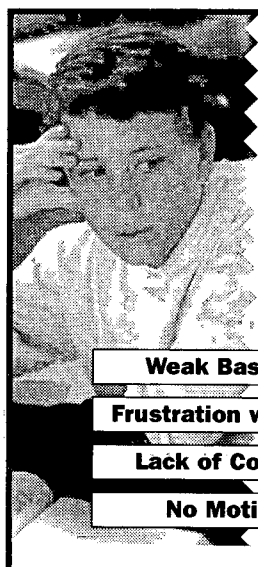


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Arts Boost 2000 to Award Grants

The Barrington Area Arts Council (BAAC) announces Arts Boost 2000, an arts development program which offers granting opportunities for all nonprofit organizations and individual artists seeking funds for arts related programs or projects. Eligible applicants must be located or reside in the villages of Barrington, Barrington Hills, Lake Barrington, South Barrington, North Barrington, Deer Park, Tower Lakes, East or West Dundee, Carpentersville or McHenry County.

Arts Boost grants are available for the purpose of developing creative and innovative arts related projects which reach new or underserved audiences and participants. Funding for Arts Boost is made available through the Barrington Area Arts Council (BAAC) and a community arts access grant from the Illinois Arts Council,

a state agency. The total amount for grant funds will be approximately \$10,000 and no more than \$1,500 will be awarded to an individual grant recipient. Projects or programs must take place between January 1 and December 31, 2000.

A Grant Writing Workshop to assist applicants will be held at the BAAC Gallery on Tuesday, October 26 at 7 PM. All interested parties are welcome.

The 1999/2000 Arts Boost Grant Director is Janice Dunbar. Applications are due at the BAAC Gallery by November 20, 1999 at 2 PM. Late or incomplete grant applications will not be considered. Grant recipients will be announced December 22, 1999.

For more information or to register for the workshop, call the BAAC Gallery at 847-382-5626.

Be a District 220 School Volunteer

School Volunteers of District 220 is busy connecting caring adults with students and teachers for the new school year. Our volunteers enhance education by working with students and teachers in their quest of excellence in education through caring schools.

Do you want to be a part of the "caring" that means so much to a student? Our volunteers "tutor/mentor" students from all grade levels one day a week for an hour at a time. The reliable adult that shows up each week for an hour teaches the student more than just academics—they

prove that people in this community care.

Last year, parents, empty nesters, senior citizens, college students and business people decided to make a difference in a student's life. Are you wondering about the desired qualifications of a "tutor/mentor?" Patience and a positive attitude are mandatory. We can work around your grade and subject preferences as well as your time constraints.

Be part of the great news in District 220 Schools! Be a School Volunteer! Call Nancy Vonau at 847-842-3407 for more information and an application.

Art Brokers—A Gallery of Access

It is only rarely that a gallery reaches a level of such profound significance that it becomes a reference point for an entire genre of collectors.

The Frame Corner Fine Art Gallery is such a gallery. It has developed a program of accessibility to well known artists such as Modigliani, Erete, Degas or Warhol and living artists such as Kinkade, Tarkay or Hibel. This clarity of voice through accessibility and the unmistakable gallery style are also the ingredients which attract so many different kinds of collectors and admirers from near and all over the world. This gallery is for every person who has felt a sense of direct communication and even awe that comes from viewing paintings,

sculptures and prints. Whether it's through a turn of the century street scene, a portrait or landscape, The Frame Corner Fine Art Gallery tells a story of accessibility in some way to every market and nearly everyone who enters the gallery. The original prints and giclées can be seen at any time and are located through our vast network of source files throughout the world. A visit to our gallery is an event, but we can also help you with your needs such as framing and color identification with a visit from our designers at your home. It is our accessibility that give you endless possibilities to your collecting tastes and knowledge of what is available and consultation to all individuals.

Free Workshop Helps Parents Win War Over Homework

School is back in session and that means homework. And most parents would agree that homework can turn your home into a war zone. In "Homework: A Parent's Survival Guide," a community service workshop presented by **Huntington Learning Center**, parents learn key strategies for conquering daily homework battles.

The president and cofounder of **Huntington Learning Center**, Dr. Raymond J. Huntington, offers this critical workshop through local PTAs because he believes, "A parent's motivation, interest and support are crucial for a child to do well in school. And, while doing homework teaches a child responsibility, parents need to reinforce the importance of taking this responsibility."

Dr. Huntington adds, "Homework also allows parents to have day-to-day contact with their child's education," a cornerstone of the **Huntington Learning Center's** philosophy. The workshop begins by identifying seven common homework problems that children have. Parents are asked:

1. Does your child put forth minimal effort?
2. Does your child refuse to do homework assignments?
3. Does your child fail to bring assignments home?
4. Does your child take all night to finish homework?

5. Does your child require constant assistance from you?

6. Does your child wait until the last minute to finish assignments?

7. Does your child put off homework if you are not home?

In the workshop, parents are given guidelines to deal with these problems and help their children learn to do homework on their own. As Dr. Huntington points out, "Parents can have a tremendous influence on a child's self-confidence and can show encouragement by praising their child's efforts." According to him, "The three C's—care, concern and communicating—are the best way to enforce good study habits."

Throughout the workshop, a Huntington educational professional stresses that by teaching children basic organizational skills and good homework habits, parents can give their children the tools necessary to make wise choices about schoolwork.

It is important to point out, however, that if a child is struggling in school, the problem may be bigger than just poor study habits. Some children lack the reading, writing or math skills required to comprehend new information and complete harder homework assignments.

To discuss a specific skill problem or to schedule a free "Homework: A Parent's Survival Guide" workshop at your local school, contact the **Huntington Learning Center** in Barrington at 847-382-3655.

Rainbows Registration is Now Being Taken

Registration is now being taken for Barrington Youth Services Rainbows program. The program is offered free of charge to elementary and middle school students who reside within District 220. Rainbows is a support group for children and pre-teens who have experienced a significant loss in their lives due to divorce or any other painful transition. Rainbows gives children an opportunity to meet with other children their own age who are dealing with similar situations. In addition, adult support sessions will be held at the same time as the children's sessions. This provides parents an outlet to also share their feelings and experiences.

This Rainbows Program is 12 weeks

long, offered in two six-week semesters. The first semester begins October 18 and continues through November 22. The second semester begins on January 24 and runs through March 6 (no session will be held on February 21). There will also be a wrap-up session held on Saturday, March 11 from 10 AM until noon. Rainbows will meet for 45 minutes on Mondays at 7:00 PM at the BYS facilities, 110 S. Hager Avenue in Barrington. BYS is a nonprofit agency servicing Barrington area youth and their families. They provide counseling and prevention services for a variety of life situations. For more information about BYS or Rainbows, please call 847-381-0345.

New Home Accessory Store Opens in Arlington Heights



Callalily Fine Home Accessories opened its doors in August with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed

by experienced designers. They will work with customers to select and place accessories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts.

Italian Wine Tasting Program

Wine master Johnson Ho of Knightsbridge Wine Shoppe in Northbrook will present a wine tasting program focusing on wines from Italy on Monday, October 18, 1999 at 7:30 PM at the monthly meeting of the Barrington Area Branch of the American Association of Women (AAUW) at a member's home. An assortment of Italian

dishes to enjoy will compliment the tasting experience. Cost is \$15 per person. Please RSVP to Paru Thondavadi at 847-842-0456.

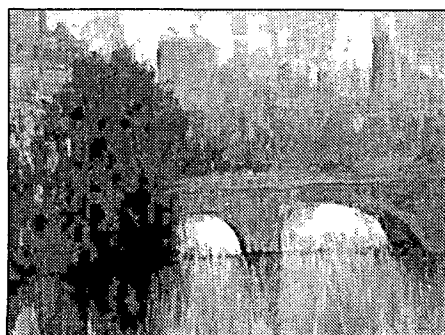
AAUW, founded in 1881, promotes equality for all women and girls, lifelong education and positive societal change. For more information, call 847-842-0456.

Randy Willis Now at Dunton Gallery

We are extremely proud to announce the work of **Randy Willis**, a most accomplished young local artist, who is now available through **Dunton Gallery** in downtown Arlington Heights.

Although Randy received his BFA from Northern Illinois University in 1997, he has been painting landscapes for the last 14 years. He is now devoting himself exclusively to full-time painting. Clearly, it is hard to categorize his style. He himself admits to "being inspired by the Luminists, American Impressionists and Tonalists." On close inspection of his work, one can't help but be delighted by the sudden flashes of color that he uses to emphasize the depth of the field.

When Randy does his work *plein air* he is uncanny in his ability to capture the



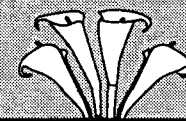
Evening Calm, Acrylic, 9"x12".

light and shadow of his subjects. As a way to challenge himself, Randy enjoys rendering his choices of subject through various styles of painting. In his study of the Chicago skyline entitled *Evening Calm*, Randy gives full reign to his impressionist style; his piece entitled *Summer Hay Field* is done in such a tight, representational style, it almost convinces the observer they can smell the fresh, field air.

Dunton Gallery is located at 18 S. Evergreen Ave., Arlington Heights. Our normal operating hours are Tuesday through Thursday from 11 AM to 5 PM, Friday from 11 AM to 8 PM and Saturday from 10 AM to 4 PM. Appointments are gladly accommodated Sunday and Monday. Call **847-818-0694** or visit our web site at www.duntongallery.com.

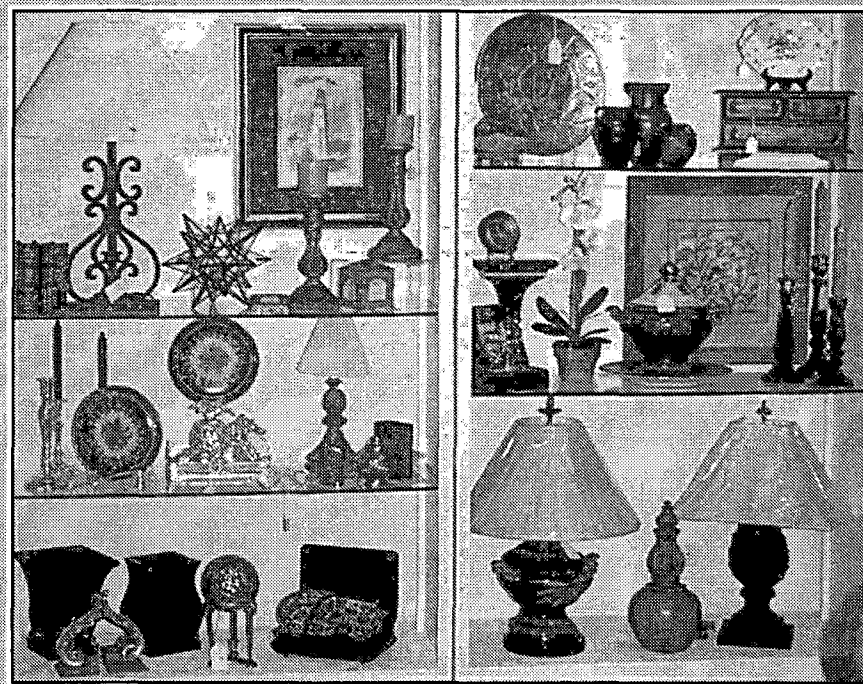


Summer Hay Field, Oil, 9"x12".



Callalily

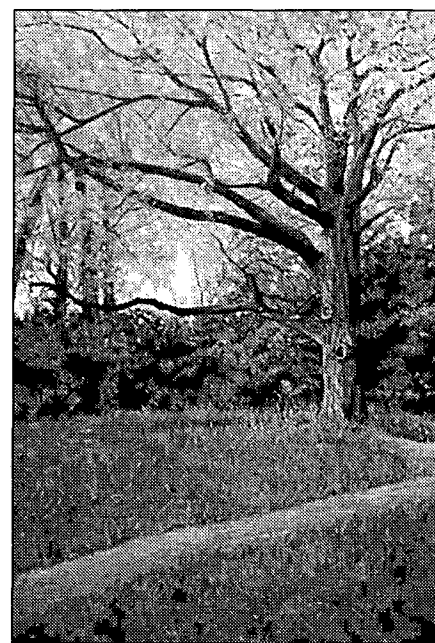
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Preserve Summer Memories

Now that summer has drawn to a close and the kids have returned to school, it's time to turn our attention to our home interiors again. Do you have vacation photos or mementos you would like to display? Arranging a photo collage or creating a shadowbox of memorabilia is the specialty of **Maura's Frame Shop & Art Gallery** of Lake Zurich! Visit our shop and see examples of unique arrangements and creative mat designs.

Meander through our gallery and select from hundreds of limited edition and open edition prints, framed and unframed. Lithographs, seriliths and original canvases are also available. Popular artists, including Steve Hanks, Bev Doolittle, Charles Peterson, G. Harvey, Terry Redlin and Charles Wysocki are featured.

A nationally recognized local artist, **Susan Raven Priest**, is presenting her work at a showing on **Saturday, November 13**. The well-known wildlife artist has just won her 4th "Best of Show Award" at the



Detail of *The Newest Angel*
by Steve Hanks

Ela Festival of the Arts at Lake Zurich. Set aside this date for meeting this local talent! We are conveniently located at 91 S. Rand Road next door to Julio's Latin Cafe.

Fine Things Joins with JDF

Fine Things is pleased to announce its 3rd Annual Holiday Open House on Friday evening, November 5 from 7 to 10 PM. It has been a tradition for **Fine Things** to donate a portion of its proceeds from that evening to a charitable organization. This year, we are thrilled to have selected the **Juvenile Diabetes Foundation** in honor of Barrington Resident Jimmy Day and all children and families who are affected by this life threatening disease.

Our Christopher Radko Representatives will be on hand as we unveil our 1999 Holiday Collection! We are especially excited to showcase the brand new "Grand Tour Collection." These limited edition pieces will include a mail-in entry form for a grand prize which is an all expense paid trip for two to the European workshops where Christopher Radko's Ornaments are made! Ask us for details. Also that evening, you will receive a free gift with any \$50 Radko purchase and you will be able to have any of your ornaments personalized.

Stroll through our recently remodeled Christmas Room. Meet with Lynn Mueller, our "Classic Illusions" Faux Finishing Instructor, and enter in a drawing to win a free class! No purchase necessary.

Please join us as we share in the joy of giving this holiday season!



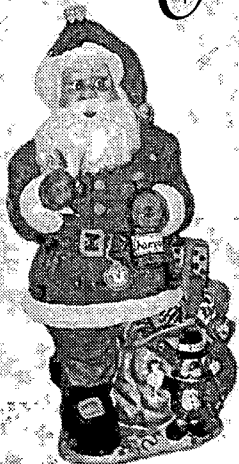
Jimmy Day

Fine Things

Gallery of Gifts and Home Furnishings

Cordially Invites You to a
Holiday Open House
Friday Evening, November 5
7 to 10 PM

*Join Our Christopher Radko Representative
for a Special Evening to Benefit
the Juvenile Diabetes Foundation*



Millennium St. Nick
Grand Tour Collection

★ Opportunity to Purchase "Mr. Iceberg"—
Radko's Fall Event Piece

★ The Unveiling of The Grand Tour
and "Little Gems" Collections

*Have Your Ornaments Personalized as You Enjoy
an Evening of Song & Celebration!*



★ FREE Gift with a \$50
Christopher Radko Purchase



Mr. Iceberg

Please RSVP to **847.726.9577**
291 S. Rand Road • North Lake Commons
Lake Zurich

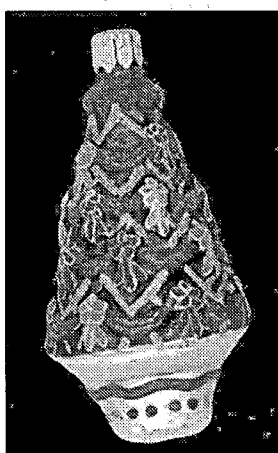
Christine Clifford, President/CEO of the Cancer Club Brings Humor to GSH's 4th Annual Women's Health Celebration

Who would have ever thought laughter could be the best medicine? Christine Clifford—humorist, professional speaker, author of *Not now... I'm Having a No Hair Day!* and President/Chief Executive Officer of The Cancer Club—will share her experience of overcoming breast cancer at the 4th Annual Women's Health Celebration. It will be held on Wednesday, October 13 at Good Shepherd Hospital, 450 West Highway 22, Barrington, from 6:30 to 9:00 PM.

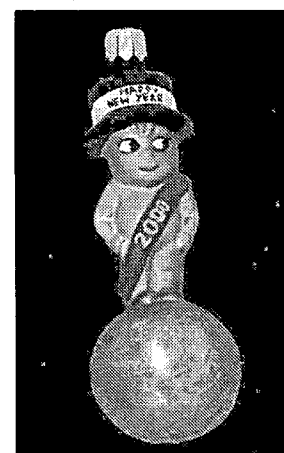
While the focus of this year's event is

"Breast Cancer: Early Detection and Prevention," the event is a celebration of women's health. It's designed to provide information on healthy ways of managing the often frantic life of today's women who are trying to balance their lives and health as working women, mothers, wives, volunteers and friends.

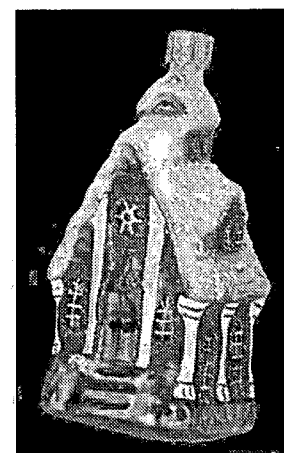
Registration begins promptly at 6:30 PM followed by free hors d'oeuvres and information booths on woman's health topics available for attendees. Good Shepherd Hospital's Cancer Committee, hospital de-



Gingerbread Tree Gem



Millennium Munchkin Gem



Midnight Blessings Gem



partments, physicians, staff and support groups will be on hand to discuss topics such as breast conservation treatments, early detection of breast cancer, support services for breast cancer, health and fitness activities, adjunctive therapy for breast cancer, spirituality-alternative medicine, reconstruction for the breast cancer patient, breast care risks and prevention

and surgical choices for breast cancer. Tours of Good Shepherd Hospital's new Breast Care Center will also be given. The keynote presentation by Clifford titled "It's not funny... or is it?" begins at 7:00 PM.

The event is free but seating is limited. Advanced reservations are required. Call HealthAdvisor at 1-800-323-8622 for more information or to make reservations.

Chers Amis...

October already! The fall season is in full swing and, at **D & J Bistro**, we make a point of featuring as many seasonal dishes and ingredients as the market allows... wild mushrooms, apples, figs, squash, mussels and oysters to name a few. Have you ever had Pumpkin Soup?

On Sunday, October 10, we will host our 5th Annual "Travel to Normandie" Dinner; part of a series of events unique to **D & J Bistro**. It's a one-hour slide presentation of the region followed by a 3-course dinner representative of the region featured. It's a good time and the cost is a mere \$43 per person, all inclusive.

A couple things to remember... Beau-



The "Provence Room"—
available for your private party.

jolais Nouveau, Thursday, November 18... and, of course, New Year's Eve—the last one of this century. Please call us for more information.

Specialists in Custom Framing and Artwork

For more than 32 years, **Palatine Art Center** has been this area's leading specialist in custom framing, quality artwork and artists' supplies.

We offer a variety of special framing needs, including conservation framing, needle art stretching, shadowboxing and custom mirrors.

Our gallery features fine prints and limited editions from Hadley House, Winn Devon and Apple Jack; works by renowned area artists Tom Lynch and Jack Simmerling; as well as other regional and national artists.

We carry a full line of quality artists' supplies including Winsor and Newton, Daler Rowney, Liquitex, D'Arches and Crescent—products for everyone from the beginner to the professional artist.



Plan now to get a jump on the holidays. Our qualified staff can help you choose just the right picture or print, help you select a frame or design a shadowbox for your personal treasures or family keepsakes, or recommend art supplies to help you capture your imagination on paper or canvas.

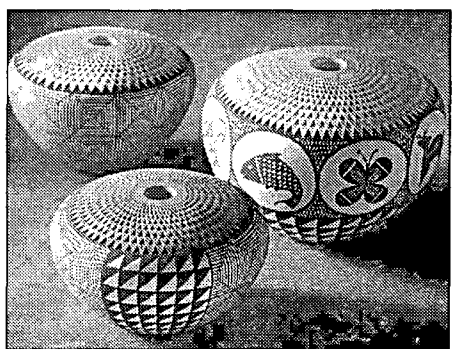
Visit our gallery and store at 41 East Northwest Highway in Palatine.

It's Our 7th Anniversary at Tribal Expressions!

Rob and Jeri Brooke, owners of **Tribal Expressions**, are pleased to announce seven years of continuous operation in Arlington Heights. The Arlington Heights gallery enjoys a reputation of being intimate while offering a wide variety of work by nationally acclaimed artists. Authentic Native American ivory carvings from Alaska, masks from the Pacific Northwest and stone carvings from Canada add balance to the gallery's classic southwestern offerings of jewelry, pottery, sculpture and rugs.

Barrington *Lifestyles* readers are invited to participate in the anniversary celebration on October 15, 16 and 17, 1999. Participants will meet four extraordinary artists whose creations exemplify the best in contemporary painting, pottery and jewelry. These artists will demonstrate the diversity of culture and art that continues to be the foundation of **Tribal Expressions'** success.

Included are: Santa Ana Pueblo painter Arthur Menchego; Acoma/Navajo potter Adrienne Roy-Keene; Cederick Dawavendewa; and Kiowa jeweler Byron K. Mc-



Curtain. Following the reception for the artists on Friday evening, attendees will see works in progress, demonstrations and will enjoy an opportunity to speak personally with each of the artists.

The reception for the artists will be on Friday, October 15 from 6 to 9 PM and Saturday and Sunday, October 16 and 17 from noon to 5 PM.

Whether you're adding to a collection, enhancing a room or office or selecting a special gift, let **Tribal Expressions** be your one-stop-source for authentic and affordable Indian art and jewelry.



D & J Bistro

Est. 1987 "Where Things Are Happening"

Sunday, October 10, 5 PM
"Travel to Normandie"

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Ceremony to Honor Victims of Domestic Abuse

A Safe Place/Lake County Crisis Center will sponsor the 7th Annual Candle Lighting Ceremony to honor victims and survivors of domestic violence on Thursday, October 7, 1999 at 5 PM on the steps of the Lake County Courthouse. Held each year at the beginning of National Domestic Violence Awareness Month in October, the Candle Lighting will feature victim advocates as well as survivors. The public is welcome.

During the first week in October, the Lake County Courthouse lobby exhibit area will feature many displays including: A Safe Place's Clothesline display of tee-shirts created by survivors of domestic

violence; the art of child witnesses of domestic abuse; and the Silent Witnesses, an exhibit of life-size figures of Illinois' victims of domestic violence.

A Safe Place/Lake County Crisis Center is the only emergency shelter that serves victims of domestic violence in Lake, McHenry and northern Cook counties. Last year the shelter provided more than 11,000 nights of shelter and received 3,200 calls on its 24-hour HELP Line at 847-249-4450. The court advocacy program run by A Safe Place in the Lake County Courthouse assisted victims of domestic violence in obtaining more than 2,000 orders of protection during the past year.



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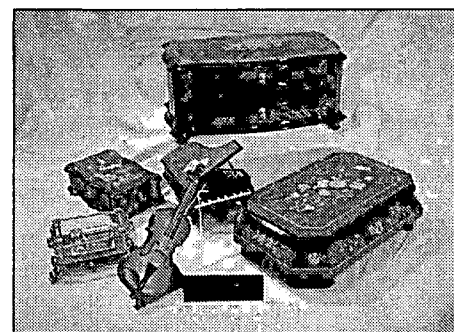
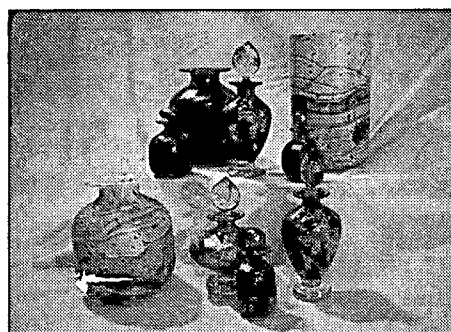
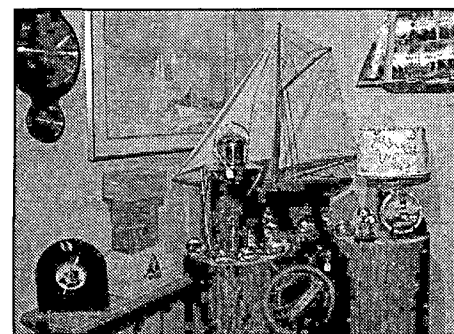
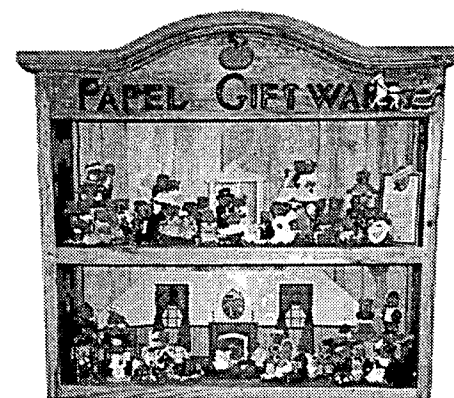
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Time and Treasures also has many items suitable for the man in your life—model ships, Remington old west statues, Regatta watches, nautical weather instruments and more.

Come in soon. You'll find something for everyone on your list.



TERRAIN — OF — FREEDOM

American Art and the Civil War

An exhibition that explores the idea of freedom as it was represented by various American artists during the Civil War period is currently at The Art Institute of Chicago and remains on display through November 28, 1999. *Terrain of Freedom: American Art and the Civil War* highlights two recent major Art Institute acquisitions: John Quincy Adams Ward's sculpture *The Freedman* (1863) and Albert Bierstadt's painting *Mountain Brook* (1863), both of which were featured attractions in the 1863 annual exhibition at New York's National Academy of Design. In addition to being critical successes at the time, each carried specific iconographic meanings related to the Civil War. Through a rich display of paintings, prints, photographs and sculpture, this exhibition probes how the concept of freedom—as it related to the "great national conflict" and the burning issue of emancipation—was seen by Americans before and during this crucial period in American history.

Terrain of Freedom is divided into two sections, one revolving around *The Freedman* and one around *Mountain Brook*. The first focuses on strong images of African-American slaves and freedmen in Civil War-era society. Modeled from life, *The Freedman* is widely considered the first and most accurate representation of an African-American figure to be cast in bronze. Freed slaves were commonly portrayed in the 1860s as being dependent on and indebted to their eventual emancipator, Abraham Lincoln. *The Freedman's* popularity, however, can be seen as a response to Ward's presentation of his subject as independent, strong and dignified—an agent of his own liberation. The sculpture further relates to the historical role that African-Americans played as soldiers, who joined the Union Army in great numbers to fight for their own freedom. Other works in this section of the exhibition by Currier & Ives, Samuel J. Miller and Alexander Gardner expand upon the

portrayal of African-Americans as elevated in social standing and fighting to determine their own fate in achieving citizenship and political rights.

The *Mountain Brook* section presents a number of visual images of the American landscape and examines their metaphorical relationship to freedom. Responding to the crisis of this country's greatest internal conflict, artists transformed natural events—particularly autumn scenes—into a type of visual poetry that addressed the concerns of a nation at war with itself. Bierstadt, for example, portrayed the White Mountains of New Hampshire as virginal, unspoiled by civilization. Although it was a recognizably northern landscape, *Mountain Brook* also functioned as an emblem for the nation as a whole, both a signal image of peaceful times and a reminder of the brutal confrontation then raging with the simple details of nature taking on symbolic meanings. Autumn foliage, for example, is seen as fratricidal blood spilled upon the land, a passing from life to death. In addition to the nationalistic *Mountain Brook*, particularly significant are *On the St. Anne's, East Canada* (1863) by the African-American artist Robert Duncanson and *Our Banner in the Sky* (1861) by Frederic Church. As the time's most popular form of

American artistic expression, these landscape paintings held the power to address the need for national unity in a country otherwise torn by Civil War.

Ward's *The Freedman* and Bierstadt's *Mountain Brook* are masterful works in themselves. When their historical meaning is unpacked and placed within a broader spectrum of Civil War-era visual culture, *Terrain of Freedom: American Art and the Civil War* opens a window on this country's most difficult moment—a moment when freedom was the issue.

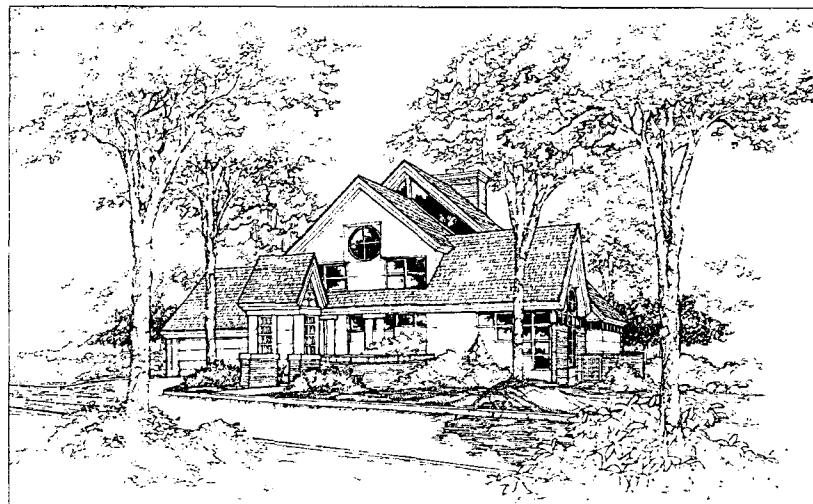


John Quincy Adams Ward. *The Freedman*, modeled in plaster, 1863. Bronze. 19 5/8" x 15 3/4" x 9 3/8". Roger McCormick Endowment, 1998.1.

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A home's landscaping is, if done well, its crowning glory. Tastefully executed landscaping can make even the plainest house look appealing, just as poor landscaping can ruin the appearance of a mansion. Consequently, every year Americans spend millions of dollars installing, enhancing and maintaining both residential and commercial landscapes. The shame of it, though, is that every night when the sun dips below the horizon all of that expensive landscaping is virtually invisible for 10 or 12 hours.

Rudy Kruse, president of **CFC Nite Lites**, has set out to change that by installing landscape lighting which accents elements to which your eye is naturally drawn during the day—flowering trees,

artwork, building features and so forth, using a wide variety of techniques including uplighting, crosslighting, moonlighting and pathlighting.

"There are three main purposes for outdoor and landscape lighting," Kruse explains. "The lights offer added home security. They also offer safety around steps and other potential hazards. And, of course, there are the aesthetic considerations. In fact lighting actually makes a yard appear larger than it is and there is also the opportunity to light up special characteristics of the house itself like special brickwork, cornices and fireplaces."

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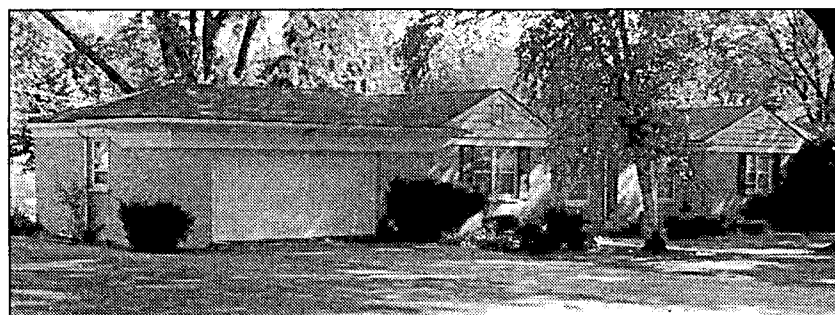
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AFTER—Delta Renovations remodeled the house so beautifully the project was chosen for a national television program.

Local Businesses Featured on HGTV



BEFORE—This typical 1950's ranch house was a good candidate for an update.

Grab some popcorn and settle in to watch a dream come true. HGTV's "Before and After" program on Sunday evening October 10 will feature the recent transformation of an area home by Barrington's **Delta Renovations**. The conversion of a typical 1950's ranch house into a gorgeous two-story was a project the show's producers couldn't pass up.



A Delta Renovations carpenter is videotaped while installing custom cabinetry. Tune in October 10 to see the beautiful finished kitchen.

The project, designed by architect Robert Flubacker, AIA, included adding a second story with multiple gabled roofs. Four bedrooms, including a fabulous Master Suite now occupy the new second floor. The original ground floor was reconfigured to provide a large family room which opens into the brand new kitchen. The original living room became a large dining room—big enough to seat 14 people! The kitchen, designed by Debbie Vinopal, ASID of **Barrington Kitchen and Bath Studio** (Delta Renovations' sister company) is a stunner with cherry cabinets and a granite topped island.

This is **Delta Renovations** first foray onto the small screen, although their projects have previously been featured in both local and national publications. The firm, started by Mark Zurek almost fifteen years ago, has also been regularly included in *Qualified Remodeler* magazine's list of "The Top 500" remodeling companies in the USA. Zurek opened **Barrington Kitchen & Bath Studio** in 1990 to provide more complete service for his clients.

If you are contemplating a similar project for your home or thinking about remodeling your kitchen or bathroom, you can reach **Delta Renovations** at 847-277-1305. Or, visit **Barrington Kitchen & Bath's** beautiful kitchen and bath showroom at 319 W. Northwest Highway (next door to Idlewood Electric).

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Don't Get Left in the Dust!

After a summer of use, do your ceiling fan blades resemble dust-coated caterpillars? Has a family of dust bunnies settled in for the fall? Is your kitchen floor grimy from that Labor Day barbecue? If you've answered yes to any of these questions, it's time you seriously considered getting a jump on the holiday season by getting your house in company condition!

Howard and Sharon Wagner, owners of **The Maids**, Barrington's premier maid service, are ready to put their four person teams to work to make your home its sparkling best. Their specialized 22-step Healthy Touch cleaning process will amaze your senses. The air will be fresher.

Your appliances will gleam. Your floors will shine. Your company will be impressed. And you will be relieved because you didn't have to do it yourself.

The Maids' professionally uniformed and trained cleaning teams are the best in the industry. To prove it, we guarantee your satisfaction. Just call us within 24 hours of your clean and we will reclean what we missed free of charge!

Fall is the time to reenergize and organize. The holidays are just around the corner. Are you prepared? Get a jump on the holiday season. Call **The Maids** today at **847-368-1250** or visit our website at www.maids.com.

Golfers Help The Bridge Raise Funds



Johnny Morris (left) was joined by Jay Hilgenberg, Jim McMahon, Gary Fencik and Stan Mikita at Kemper Lakes for a golf day to benefit The Bridge Youth and Family Services.

Seventy-nine golfers, including several local sports celebrities, joined The Bridge Youth and Family Services on August 17, 1999 for its first golf outing held at Kemper Lakes. Former Bears Jim McMahon, Gary Fencik and Jay Hilgenberg and former Blackhawk Stan Mikita played against each other for a cash prize while the rest of the golfers, including the day's master of ceremonies Johnny Morris, competed as teams in a scramble format. Joining Morris in his foursome was TV sportscaster Howard Sudberry.

The day net over \$40,000 for Bridge programs that provide adolescent substance abuse treatment, conflict resolution classes, child abuse prevention and intervention and youth advocacy—a mentoring program that matches young people with adult volunteers.

In a day marked by perfect weather, the golfers had many memorable moments. Highlights of the day included: a 10 AM

golf clinic with Emil Esposito; an executive buffet lunch and sit down dinner; the celebrity tee-off of McMahon, Fencik, Hilgenberg and Mikita; the four golfers who had a shot for a \$1,000,000 prize for a hole-in-one at Kemper's legendary 17th hole; and an impassioned speech at the dinner by Peter Cunneen, The Bridge's executive director.

The live auction, conducted by Johnny Morris with great humor and finesse, featured celebrity sports memorabilia, including a signed Sammy Sosa jersey, a PGA poster and a PGA flag signed by Tiger Woods, Sergio Garcia and David Duvall among others.

The day was so successful, The Bridge has reserved Kemper Lakes again for August 2000. Established in 1965, The Bridge is a comprehensive, community-based charitable organization serving youth ages 6-17 and their families in northwest suburban Cook County.

Safe Sitter Class Offered

Good Shepherd Hospital will offer a Safe Sitter Class for 11- to 13-year-old boys and girls who are interested in learning how to handle emergencies when caring for younger children. The two-day class will be offered on Saturday, October 16 and Sunday, October 17 from 9:00 AM to 3:30 PM each day. Participants should bring a sack lunch. The cost for the class is \$50.

The class is a nationwide program

sponsored by the Good Shepherd Hospital pediatric department. The class includes instruction in basic child care skills, child growth and development, how to deal with medical emergencies including the Heimlich maneuver, emergency first aid, rescue breathing and safety tips to know while sitting.

To register for the class, call HealthAdvisor at 1-800-323-8622.

Get a JUMP on holiday preparations

It's never too early to start planning for the busy holiday season. Why not get the house cleaning schedule set right now? With regular visits from **THE MAIDS®**, your house will be in great shape for entertaining guests and you won't have to lift a finger! Call today and ask about our Healthy Touch® cleaning system.



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15. Change Towels
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Auditions Completed for "Angels," "Mice" and "Toy Soldiers"



Olivia Graham (left), age 6, from Barrington Hills and Katie Curran, age 6, from Barrington present a bouquet to Mary Brennan, Director of the Barrington Youth Dance Ensemble, during Sunday's audition for *The Nutcracker*. Looking on are Olivia's parents, JoNan and Bob Graham, District Director of Merrill Lynch's Private Client Group in Chicago. Merrill Lynch donated \$10,000 to ensure production, lighting, designers, costumes and professional guest artists. Some 200 aspiring "angels," "mice" and "toy soldiers" attended the audition for what has become one of the area's most popular holiday shows. Thirty-two dancers, aged 16 and 17, together with more than 200 community volunteers and children will take the stage at the Barrington High School's Richard C. Johnson Auditorium for performances on December 3, 4 and 5.

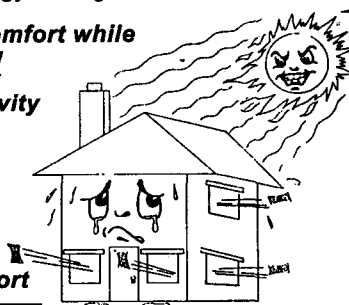


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Benefit Dinner Dance Sets Date

Saturday, November 6 marks the 8th Annual Benefit Dinner Dance and Silent Auction for the Assisi Animal Foundation.

Readers are invited to share an evening of dining and dancing to live music at the Crystal Lake Country Club with the cocktail reception starting at 6:00 PM, (cash bar). The Welcome at 7:30 PM will be followed by dinner, dancing and the silent auction. Tickets for the evening are \$47.50 per person.

Proceeds will help to defray costs of the second building just completed and current repairs and rehab on the original shelter. The AAF provides shelter, veterinary care, spay and neutering to an average of 250 animals awaiting new adoptive homes. The organization was the first to

build a no-kill shelter in McHenry County and has gone on to win numerous awards and recognition for its efforts.

That effort includes not only animal rescue and care, but community service such as the popular "Pets for Patient Progress" Program, which visits residents in area nursing homes, and educational programs and visits to classrooms and youngsters groups.

A part of its educational work, the AAF also organizes special visits to East Africa in an exceptional Safari Program that offers upscale travel at considerable savings. Destinations focus on Kenya and Tanzania and will be expanded to wildlife and "Project Tiger" sites in India at the start of the year 2000.

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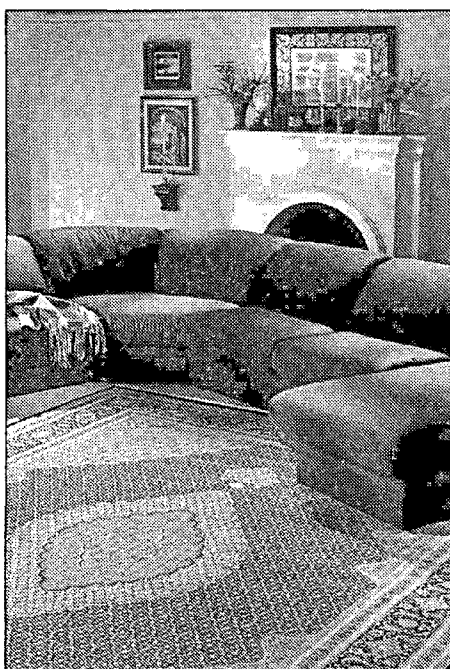
pressure sensitive adhesive. The adhesive bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 10 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

We look forward to saving you money!!!

For further details, please call (847) 382-8468 or (815) 363-8468. Or, call us at our Naperville division—630-415-1205.

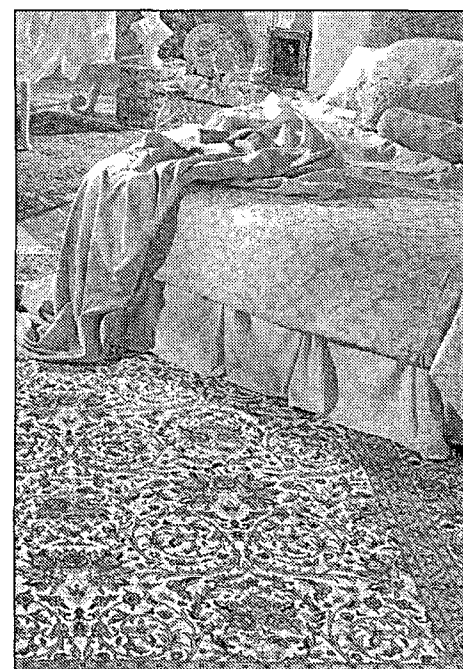
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Kristen Carstensen Honored

Kristen Carstensen, a senior at Barrington High School, received the honor of being chosen as one of 75 young artists whose art or writing was featured in an exhibition entitled *Celebrating the Creative Spirit of America: Highlights of The Scholastic Art & Writing Awards of 1999*. The show was held at Artists Space in New York City

on September 9, 1999.

The works displayed were chosen from among the 1100 entries that received national recognition in The Scholastic Art Awards of 1999. Kristen is continuing with her art classes this year at Barrington High School.

The AAF invites inquiry on its events, programs, animal adoptions and volun-

teer opportunities at 815-455-9411 or fax at 815-455-9417.

Make Your Dream Project Come True with Classic WoodWorks

Is it my imagination or is that an autumnal nip in the air? I pondered this as I brought in a few logs for my early morning fire. As I sat down with some hazelnut coffee, I began, as I always do after a project is finished, to review the whole process from beginning to end.

Looking over some of the photos, (see inset), of a project I recently completed, I was reminded of the cold snowy winter's day I worked my way through an old unheated wood storage barn. I was picking out the Wisconsin cherry that would contribute to the magnificent beauty in my clients' home.

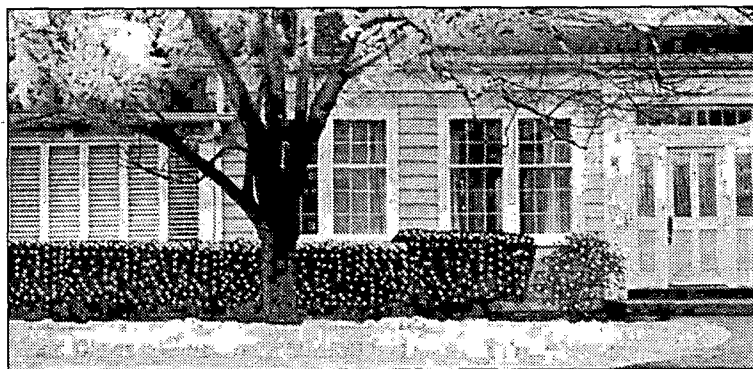
I hand-select all the wood I use to build furniture for my clients. It is the only way I know of to find just the right grain patterns and often extraordinary coloration. This important exercise requires travel to the various, sometimes remote, locales but it is all part of my own creative process. I often set aside unusual boards that I feel have the potential for excellence in some aspect of the project at hand and, after a bit of planing and shaping back at the shop, are very likely to produce exceptional beauty.

Months later, as I study each photo of

this executive home office and library, with matching custom desk, storage cabinet, built-in computer center, the raised-panel wainscoting and loads of bookshelves and well-lit under-counter storage, I am reminded that the idea for the project came from the clients. And the inspiration for the desk and counter-top design surfaced as a result of that initial wood selection process on that cold winter's day a long way from my warm shop. The counters and desktop were hand-laid, plugged cherry done in a hand-rubbed tung oil and polyurethane soft satin finish in its own natural color. It showed some of the most elegant grain I've ever seen.

Each craftsman finds inspiration on his own level I suppose. For me, the joy and satisfaction comes in working with the client to realize their hopes and achieve their dreams and being able to do it with fine natural woods. If you have a serious interest in discussing a furniture project, an armoire, display casework, custom desk, bedroom or dining room pieces, private office, library, coffee table or mantle, call and make an appointment—**Classic WoodWorks, Bill Suttie, 847-438-3332.**

Holiday Lighting!



For centuries, people have been awed by the aesthetic qualities of the lights of the world, both natural and artificial. The same fascination is true of the holiday season. From the guiding light of the Christmas story to the decorative lights that represent a business or family's festive spirit, lights are part of the holiday tradition. For many of us, it would be difficult to imagine any Christmas celebration without light.

Fortunately, **Phase II Landscaping** is prepared to help you add this treasured custom to your festivities. **Holiday Lighting** is our exterior lighting and decorating service that is sure to make your holiday skies shine. We install lights in a variety of ways: rooflines, outlining windows, ground lighting and trees and shrubs. We also use garlands, bows and specialty

decorations such as our Tree of Lights to help make your home or business shimmer brilliantly during one of the most beautiful times of the year.

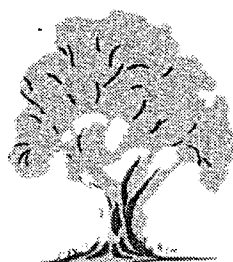
We will complete the installation before the middle of December, take the decorations down and put them in a storage box for you in January, and then install them for you again next fall! You won't need to worry about lights that won't work on a cold, winter night when you would much rather be inside by the fire. We know that this service will relieve your holiday schedule and allow you to enjoy a quality, festive look for the holidays. Contact us to schedule an appointment so that we might help you customize the best decorative look for your home or business this year. *Happy Holidays!*

New Women's Issues Book Group

The Barrington Area Branch of the American Association of University Women (AAUW) has a new Women's Issues Book Discussion Group. *The Futures of Women: Scenarios for the 21st Century* by Pamela McCorduck and Nancy Ramsey will be discussed on Monday, November 1, 1999 at 7:30 PM at a member's home.

AAUW is a national organization com-

mitted to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities and is active in the Barrington community. Membership is open to anyone with a baccalaureate or higher degree from an accredited college or university. For more information, call 847-842-8456.

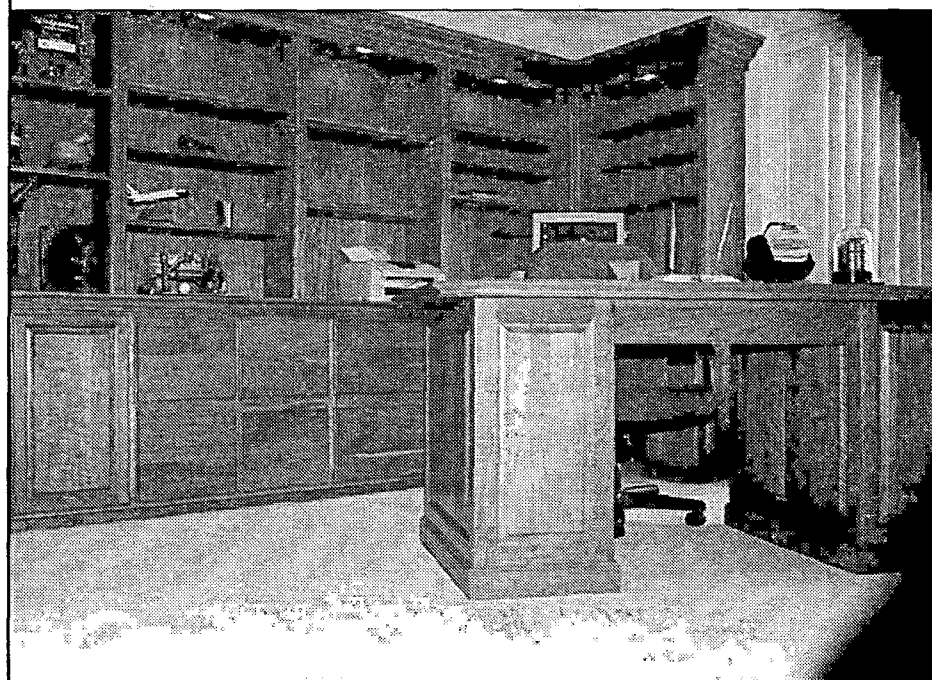


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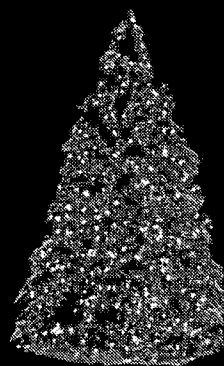
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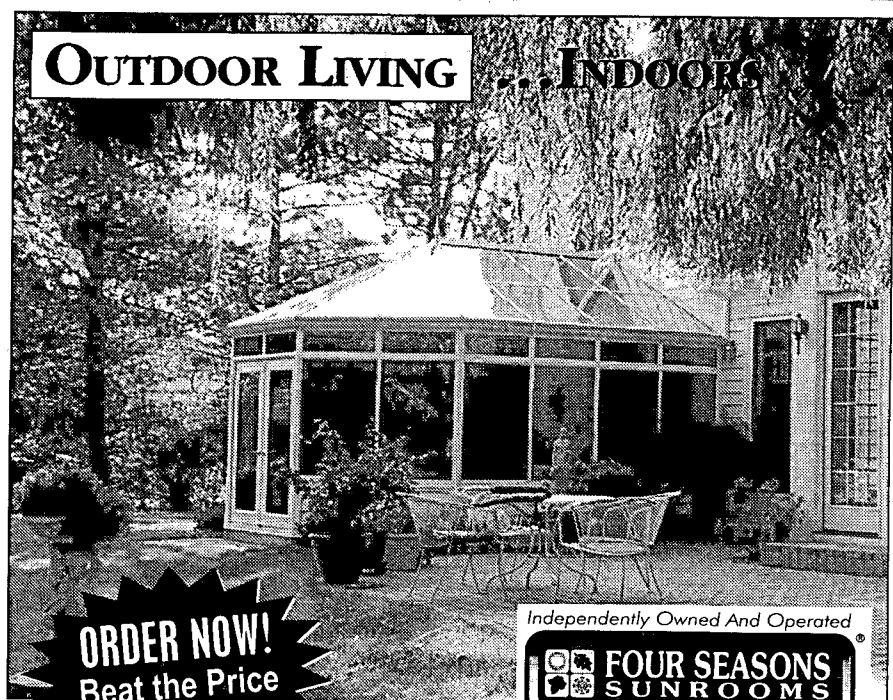
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Dille's "Follies" at Scenic Bull Valley GC

Dille's "Follies" will perform at a benefit for the Stickney House on Friday, October 22 at the Bull Valley Golf Club.

Stickney House is located at 1904 Cherry Valley Road in Bull Valley. It is often called "The House with the Round Corners." In 1978, the home was placed on the National Register of Historic Structures.

The house was donated to the Village of Bull Valley in 1988. In 1991, the Village Board agreed to allow the Stickney House to be used for various community activities if it could be restored. It would have to be acceptable for public functions. This decision led to many fund-raising events being held in recent years. These events were organized by the Stickney House Committee.

The goal of the Stickney House Committee is to restore the house as a historical landmark. Plans are underway to eventually use the building as a museum.

The windows in the home are original. Some still have the original glass panes from the 1850's. The new windows will be identical. The stonework around the windows also will be replaced. The project of replacing the windows is being called "The Light in the Valley."

Money to restore Stickney House is raised through grants and donations from



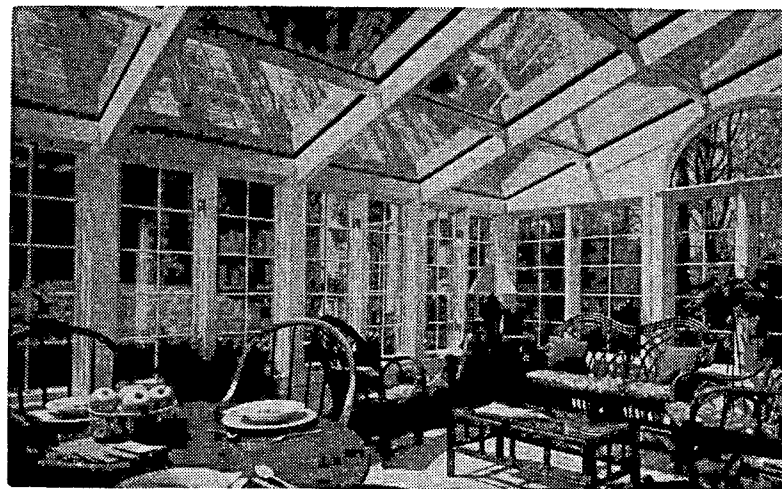
Stickney House

Dille's "Follies" at
Bull Valley Golf Club,
October 22, 7:30 PM.

friends and neighbors, corporations and organizations as well as fund-raisers. Donors names will be inscribed on honorary plaques. These plaques will be placed on the Stickney House.

On Friday evening, October 22, Larry

An Exciting Home Addition



In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons**, the nation's largest manufacturer of greenhouse/solarium-type room additions for residential and commercial applications.

Each **Four Seasons** product is meticulously designed and crafted to be a practical, beautiful, and exciting home addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra living space with possibly little or no alterations. New

MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons**, and all products are designed to meet or exceed building-code structural requirements and have successfully withstood more than 100,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons** greenhouse/solarium product is maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and a one year warranty on labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes. For more information, phone (847) 277-9880.

Cartooning Class for Children Offered

Calling all kids... Calling all kids...

Children ages 7 to 13 are invited to attend a five-session cartooning class on Saturdays, October 2 through October 31 from 11 AM to noon at the Chester Gould-Dick Tracy Museum, 101 North Johnson Street in Woodstock.

Richard Pietrzyk will teach children how to draw characters from "The Iron Giant" and "Pokémon" as well as pirates

and Halloween monsters. Pietrzyk has worked on layout and lettering for the "Dick Tracy" comic strip, has drawn for "Brenda Starr" and "Katy Keene" and has written for "Archie Comics Gang."

The class is sponsored by the Chester Gould-Dick Tracy Museum. The fee for the five-session class is \$60. Preregistration is required. For information or to register, call the museum at 815-338-8281.

Dille and Kathy Bruhnke, co-producers of Dille's "Follies," will present "The Stickney House Revue" at Bull Valley Golf Club.

Dille's "Follies" is a cast of talented local performers who give their time and energy raising money for various McHenry County organizations. This talented group will be singing a mixture of songs from Broadway to Country, Jazz to Gospel. You will be delighted when you hear *You've Got a Friend* written by Carole King. An all male quartet will sing *Sixteen Tons*, a catchy song from the Tennessee Ernie Ford era. Anita Tebo will be featured at the piano and the cast will be accompanied by a five-piece band.

The cast of Dille's "Follies" will tantalize the musical talents of everyone. This is one evening you definitely don't want to miss. Mark your calendar for October 22!

State Representative Jack Franks will be an honored guest for the evening. Representative Franks worked to get \$75,000 for the Village of Bull Valley, of which

\$50,000 is designated for the continuing restoration of the historic Stickney House. The remainder of the money is earmarked for a new squad car for the Village of Bull Valley Police Department. The \$75,000 is part of the 2.7 million which Franks was awarded from the State Budget for the 63rd district.

Beginning at 7:30 PM, there will be a cash bar and complimentary hors d'oeuvres. Show time is set for 8:30 PM. Complimentary dessert and coffee will follow the show. During the evening, Larry Dille will be auctioning off a few wonderful items. Tickets for the evening are \$40 per person. For reservations, please make your check payable to The Stickney House Foundation and send to: The Stickney House Foundation, P.O. Box 934, Woodstock, IL, 60098. Seating is limited so make your reservations early.

For further information, please contact Verna Hogan at 815-338-1681 or Phyllis Keinz at 815-459-4833.

Is the Interior of Your Home Screaming for Help?



Bill Schafer—President



Joe Schafer—Vice President

Do you remember when you first moved into your home? Everyone envisions something a little different than the next person. While some would choose to wallpaper the walls another would prefer paint. Some would choose tile while another would opt for hardwood flooring. Whatever you choose, you want your home to be comfortable and say a little something about the people that live there.

Over time, the wallpaper you originally loved just looks old and outdated. Or maybe you've just found the perfect color to paint your favorite room in the house. Whether you need minor drywall repairs, new wallpaper or a fresh coat of paint, **Schafer Builders Inc.** can help you with all of your interior remodeling needs.

If your home is an older home, it may just be time to get rid of that old, rusty wrought iron stair railing. And how about those lovely light fixtures that would look

right at home... if we were still in the 70s! Just a few simple updates like these would make a world of difference in the way your home looks and the way you feel about it.

Speaking of brightening the look of your home, just imagine what changing your old interior doors and trim can do for the look of your home. Changing the interior doors and trim throughout adds instant beauty, style and warmth to your home.

Give **Schafer Builders Inc.** a call and find out why *Remodeling Magazine* named us one of their "Big 50" remodelers nationwide—the only McHenry County remodeler to receive this prestigious designation! Call us at **815-459-1333** or **1-800-564-1339** for a free consultation or stop by our beautiful downtown office located in downtown Crystal Lake at 43 E. Crystal Lake Avenue. Contact us 24 hours a day at www.schaferbuilders.com.

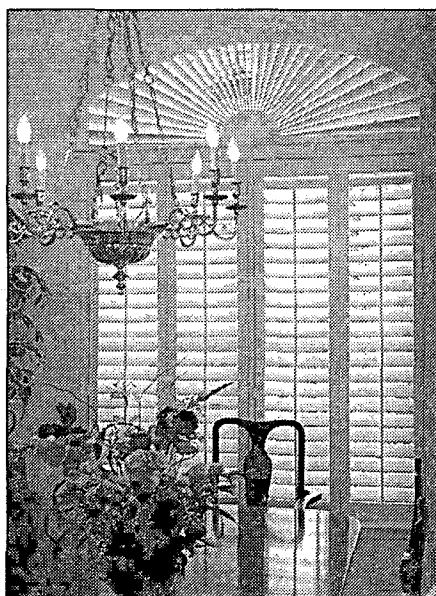
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For decades, **Sunburst Shutters** has been at the forefront of shutter development. Their drive to manufacture the best shutter possible has taken them beyond the limitations of wood shutters. The result is their patented, uniquely superior PolyWood shutter.

Traditionally, plantation shutters have been made from wood. And having started as a wood shutter company, **Sunburst Shutters** is familiar with the inherent problems of a wood shutter. Maintaining the original beauty can be a challenge and PolyWood solves those problems. PolyWood is an engineered, recyclable wood substitute that looks amazingly like real wood, and they guarantee it will maintain that look for a lifetime.

Lifetime Guarantee? Absolutely! **Sunburst Shutters** is so sure that you'll be satisfied with their product, installation and service, that they guarantee your PolyWood shutters for life. Every PolyWood shutter is custom built and is made to last. Their skilled craftsmen will expertly install your shutters without cutting corners.

Sunburst Shutters is also proud to announce the introduction of the full line of Hunter Douglas window coverings as part



of their product line. As an elite Hunter Douglas dealer, they offer everything from verticals and blinds to silhouettes.

Sunburst Shutters offers free in-home consultations, so call to schedule your appointment to see our PolyWood and Hunter Douglas products. For more information, call **847-640-6622**.

Tri Delta Alumni Meet

The Chicago NW Suburban Alumnae Chapter of Delta, Delta, Delta Sorority meets the second Tuesday of every month, September through May. Meetings are scheduled to begin at 7 PM in mem-

bers' homes.

The Tuesday, October 12 meeting will be at a home in Lake Zurich. The program will be a Pampered Chef demonstration. Call 847-381-5228 for more information.

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Toward a Healthier Ela— ECS Takes on Local Quality of Life

There is a movement afoot in the U.S.

People all over the country are quietly coming together to do something positive about some of the problems facing American society. They are following the Healthy Communities Agenda in an effort to prevent social injustices—school violence, drive-by shootings, drug abuse and other tragedies we read about all too often—from happening right here in our community.

And, right here in our community, in Ela Township, the Ela Communities for SUCCESS (ECS), an outgrowth of the nationwide Healthy Community movement, has been working for more than four years to identify concerns of local residents and to develop social programs that address those concerns.

Says ECS President Barbara Evans, "As residents of a community, we must ask ourselves, 'How safe are our communities? What can we do to make things better? What steps should we take now to prevent a Littleton, CO from happening right here in Ela Township?' And then we get to work."

The ECS charter members believed that by creating community partnerships to pool existing resources, the group can measurably improve the health and well-being of all Ela Township residents. And that's just what they are doing.

Since it was established in 1995, ECS has initiated several successful community programs. The first, Parent University, provided support for more than 45

parenting workshops and training programs in association with local schools, including District 95 and St. Francis de Sales School. Another on-going educational outreach effort, Active Parenting, has been conducting workshops in cooperation with the College of Lake County, Lake County Fighting Back and Good Shepherd Hospital.

The most visible program initiated by the ECS is the Ela Festival of Arts. It was held for its fourth year on September 11, 1999 from 10:00 AM to 5:30 PM at Paulus Park in Lake Zurich. The Festival has grown from a concern among residents and art enthusiasts that Ela Township had relatively few outlets for creative expression. In four years, the Festival, which is now known as a "Celebration of the fine art of community," has grown to include more than 500 local performers of music, dance, theater and fine art. Last year, more than 6,000 people attended the one-day event.

"ECS is not meant to be a programming entity," explains Evans. "We are more of a catalyst for change. We try to identify resources in the communities we serve—Deer Park, Hawthorn Woods, Kildeer, Lake Zurich, Long Grove and North Barrington—and bring them together as we did with the Festival of the Arts. ECS initiated the first festival, and then once it was running successfully, founded the Cultural Arts Connection, the non-profit cultural organization which now orga-

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Barrington Bank & Trust Joins AGREE Alliance

Barrington Bank and Trust announces its participation in the AGREE Alliance, founded by Cash Station Incorporated. This program allows participating financial institutions to provide their cardholders with surcharge-free ATM access while retaining the ability to surcharge cardholders from non-participating financial institutions.

Effective now, cardholders of participating financial institutions are able to use

ATMs at other participating banks without a surcharge. The AGREE Alliance has over 30 charter members and a combined representation of nearly 100 ATMs in the greater Chicago area. ATMs that participate in the program will carry the AGREE logo and signage indicating participation.

A current list of participating financial institutions is available at the bank. Current bank customers will receive the list in upcoming monthly statements.

nizes the Festival."

Northwest Community Healthcare has been one of the key sponsors of the Festival and of ECS and its programs. Says Ron Buch, Director of Community Services for NCH, "Five years ago, our corporate board encouraged us to take our mission of preventive healthcare into the community. One way we have done that is by working with ECS." Northwest Community has pledged a three-year commitment of financial and staff support to ECS to help start new community programs to improve the health—economic, physical, social and environmental—of the Ela area.

According to Mike Carlino, President of Cambridge Bank, "Up until recently, there was nothing to bring these communities together. But we're all in the same taxing districts. Our children attend the same schools. Our churches draw from the same areas. So it makes sense to work together to improve the quality of life for everyone. As a community bank, we ap-

preciate the opportunity to give back to the community we serve. We recognize that if the community succeeds, we succeed. And everybody thrives."

Adds Lake Zurich Mayor Jim Krischke, "ECS is an exciting group. We've seen some real accomplishments since it began. It shows us the importance of cooperation. Everything from social programs to building development has an impact on everyone in our communities. We'll all be better off if we can work together with our neighbors."

ECS will be sponsoring a Community Dialogue on Saturday, November 6, 1999 from 8:30 AM to 2:30 PM at Lake Zurich High School. Anyone with a concern about the Ela community is welcome to attend. The facilitated open forum format is designed to encourage discussion about what makes a healthy community and what we must do to improve the health of our community. Call 847-540-1919 for further information.

Time to Clean Out Your Closet— We Mean Really Clean It Out!

Use your imagination for a moment. Imagine the closets in your home. What do you see in your mind's eye? Neatly stored clothes, shoes, hats, purses and other valuable items? Or, do you see clutter and disarray?

If you're like most people, you probably have the traditional shelf-and-rod closet with shoes and boxes on the floor and lots of wasted space. Or, a wire system that looks a bit like the inside of a refrigerator and leaves grid marks on folded clothes.

Closet Masters invites you to look at closets in a new way. To begin with, think of your closets as an investment. When you consider how much each square foot of your house costs, you'll realize your closet space is as valuable as your living space.

Closet Masters believes that you should enhance the investment in your home by making each closet work harder

for you.

By tailoring **Closet Masters** custom designed closet and storage components to your home, **Closet Masters** can increase the investment value of your existing closets and storage spaces while virtually doubling their usable space.

We've spoken about enhancing your home investment. Studies have shown that when you sell your house you can expect to get back 90 to 100 percent of the money you spent on the closet systems and built-in storage. Houses with professionally installed closet and storage systems sell faster than those without them.

Let your imagination be your guide as to where you can best use **Closet Masters'** custom-designed closet and storage systems.

So c'mon... clean out your closets... really clean 'em out!!!

Closet Masters. Your Local Closet Professionals.

BWC Slates Luncheon at Biloxi Grill

Radio personality Wally Phillips will feature tales of his radio days at Chicago's WGN at the Barrington Woman's Club luncheon and program meeting to be held Wednesday, October 20 at Biloxi Grill in Wauconda. A social hour begins at 11 AM followed at Noon by a special luncheon with a Southern lady's flair prepared by David and Catherine Koelling, owners of the Biloxi Grill restaurant.

Phillips' early morning radio show had a very long run and was a favorite of talk-

show fans everywhere. His warm sense of humor and kind outreach to those in need is not forgotten. His program, based on his memories of funny moments and bloopers, will delight everyone.

Barrington Woman's Club members may bring guests; seating is for approximately 150 persons. Checks for \$35 per person, made out to BWC, may be sent to Nancy Anderson, 944 D. Oak Hill Road, Barrington, 60010 by October 15, 1999. Your check is your reservation.

Getting to "Wow!"

"Wow! Every time we walk into the kitchen, it takes our breath away!"

"...the crown jewel of my home."

"I can't believe I'm living in something this beautiful."

"Thank you for our fabulous new kitchen... We love what you've done for our lives."

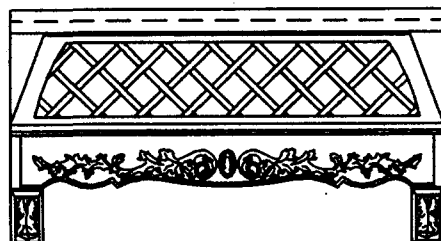
At **McCauley Design**, we change the way people live by transforming old, out-of-date kitchens, libraries, family rooms and home offices into beautiful, state-of-the-art living spaces that express our clients' unique personalities and the unique character of their homes.

When we design a kitchen, our focus is on the joy of cooking. When we create a home theater, we are creating a setting for art. When we go to work on a library, we are giving our clients a place to think, relax and produce. Only by focusing on how our clients live can we consistently produce designs that inspire comments like, "We love what you've done for our lives."

Details Make the Difference

No two **McCauley Design** kitchens are ever alike. It is our attention to detail that makes the difference between an ordinary kitchen and a **McCauley Design** kitchen.

Each **McCauley Design** kitchen is meticulously crafted out of unique pieces of furniture which we design after exhaustive consultation with our clients. Whether your home is Georgian, Colonial, French Chateau, Prairie School, Eclectic or any



Unique details like this hood, specially designed for a North Barrington home, make the difference between an ordinary kitchen and a kitchen by **McCauley Design**.

other style, our designers have the background and experience to fit the kitchen to your home.

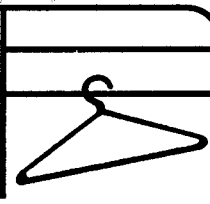
Having produced hundreds of kitchens at the highest standards, **McCauley Design** knows how to use elements that bring a sense of richness to your project. We provide special moldings, valances, corbels and other details that speak of history and unique craftsmanship.

That's why we can say with confidence, "You'll love what we do for your life!"

Come See Us

McCauley Design is located in Barrington Village at 220 South Cook Street one block east of Hough Street (Barrington Road) and two blocks south of Main Street (Lake Cook Road). We're open Monday through Friday from 10 AM to 5 PM, and Saturday from 10 AM to 3 PM. Or call for further information or an appointment at 381-2742.

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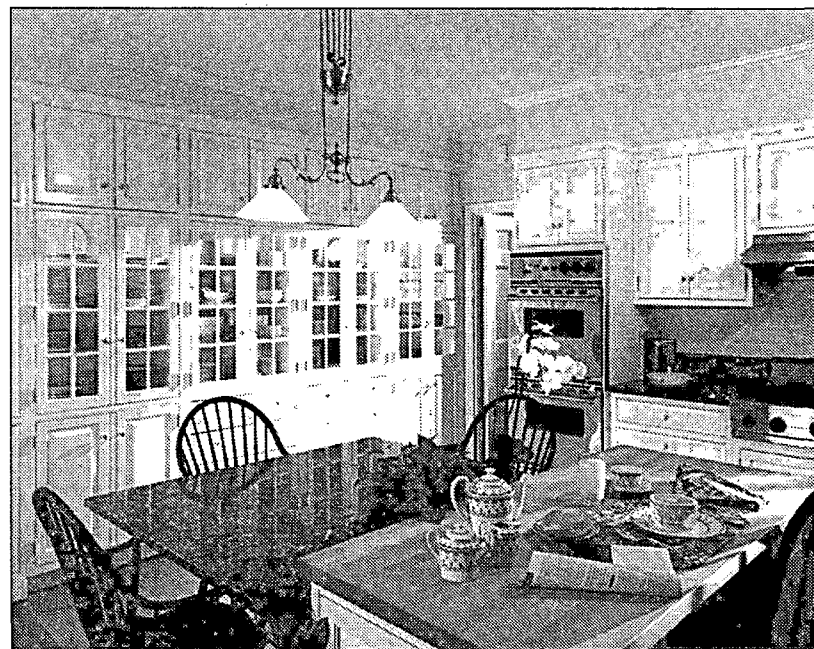
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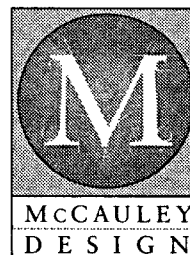


Each and every **McCauley Design** project is individually created to reflect the unique architectural character of its surroundings and the unique personalities of its owners.

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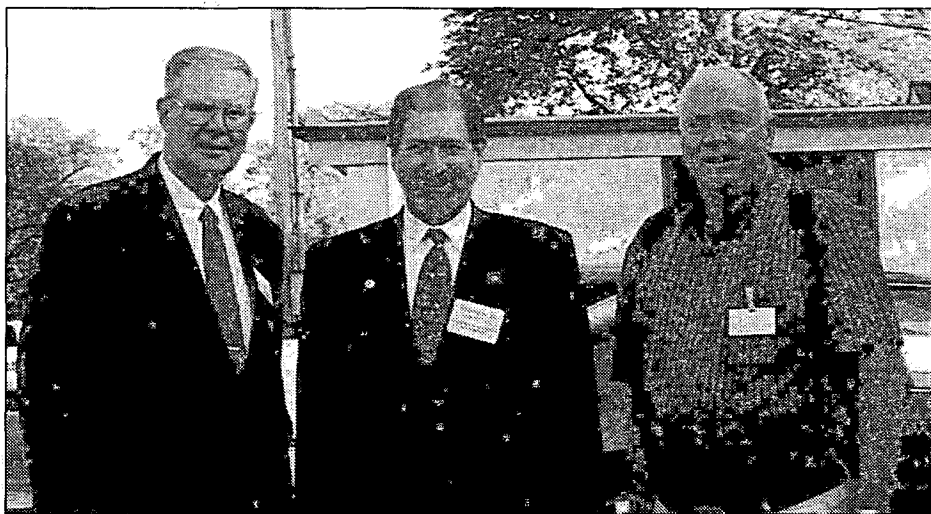
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Countryside Association Receives Funding



Pictured are (left to right): Sen. William Peterson, 26th Senatorial District; Rep. Sidney Mathias, 51st House District; and Ralph Walberg, Executive Director of Countryside Association.

Countryside Association, serving individuals with developmental, physical and mental disabilities in all of Lake and Northern Cook counties, recently received \$38,000 from the Department of Commerce and Community Affairs for the enhancement and expansion of the automation of production capabilities at the Countryside Work and Training Center location in Palatine.

The presentation was made by Senator William Peterson of the 26th Senatorial District and Representative Sidney Mathias of the 51st House District to Ralph E. Walberg, Executive Director. The funds were donated at the recent 45th Anniversary celebration held at the center. These funds will enable approximately 200 clients who perform this work to increase their earnings. (These individuals are paid

a commensurate wage for their work.)

Countryside has been providing these services for over 40 years. This automation, along with very competitive pricing and an extensive Quality Assurance Program, sets Countryside apart from other packaging companies. These services have been provided to many recognized companies—Walgreens, Quill Corporation, RustOleum and Abbott Laboratories—who have been assisted with their outsourcing.

The association's mission is to provide services and opportunities through a supportive environment for individuals with disabilities and their families. They focus on promoting growth and encouraging movement toward living and working in the individual's community of choice.

For more information, contact Karen Schumann at 847-438-8799.

Caregiver Programs

The Barrington Area Council on Aging, Inc. (BACOA) invites you to attend the following Caregiver program of interest to seniors, their families and/or caregivers. It will be held at the Barrington Library, 505 North Northwest Highway on Tuesday, October 26 from 7:00 to 8:30 PM.

"Long Term Care Insurance" will be

presented in the Zimmerman Room by Robert Miller, a Blue Cross/Blue Shield representative and longtime Barrington resident. Learn what long term care insurance can and cannot do for you. There will be no selling of any kind.

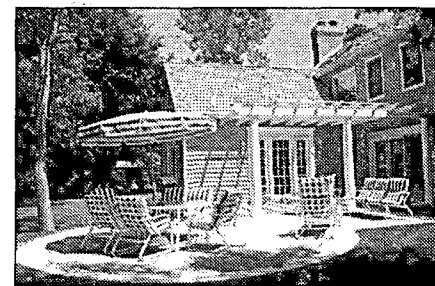
For more information or to register, call BACOA at 847-381-5030.

It's Fall... Still Need Landscaping?

Summer vacations are ending, school is starting and with the cooler weather approaching, the fall season provides an ideal time to finally complete that landscape project you were planning.

"Fall landscape construction creates many benefits to the homeowner," states John C. Cazzetta, Landscape Architect and owner of **Bonner Codd Associates** in Barrington. "Our fall installation schedules are manageable compared to the craze of our spring and summer projects. In addition, our growers will be digging fresh stock in the next several weeks, which will therefore allow the homeowner the best conditions to design and install even the most comprehensive landscape project prior to the arrival of cold weather."

"The best part," Cazzetta adds, "is that the homeowner can then appreciate a full bloom next spring while also using their new patio or walkway rather than starting a project in May when the majority of the bloom has dissipated. Finally, plantings



that are installed in the fall "heal in" over the winter, which means added growth and beauty next spring."

If you still have thoughts about re-creating your landscaping, please call John C. Cazzetta, Landscape Architect at **Bonner Codd Associates, Inc.** at 847-382-4838. They are able to create award winning designs as a full service design/build firm with the expertise of staff licensed Landscape Architects and experienced installation crews. Call to schedule a no-cost consultation now to allow the proper time to creatively design and install your fall project.

Barrington Schools and Parks to Get Lightning Prediction System

Recent Barrington lightning strikes have motivated the Barrington Breakfast Rotary Club to undertake its largest ever community service project—providing lightning prediction systems for each of Barrington's schools and parks. At a recent meeting, the Rotarians, along with their guests from the area parks, schools and youth athletic leagues, heard from Park Ridge Rotarians about a similar project they completed two years ago. The Park Ridge project was inspired by the lightning strike and death of a popular youth soccer league coach. The Barrington Rotary Club has decided to be proactive, being preventive instead of responding to a similar potential tragedy.

Also at the presentation were representatives of Barrington School District 220 and the park districts of Barrington, North Barrington, South Barrington, Barrington Hills and Tower Lakes. Also attending was a member of the Barrington Area Soccer Association. During the meeting with the Park Ridge group, the attendees asked numerous questions about the previous project including design, technology, selection criteria, operation and maintenance. They learned that although these systems are commonly used by golf courses, very few communities have them. About 350 people are killed by lightning strikes annually, including about 10 in Illinois. Since being installed, the Park Ridge system has performed flawlessly. Breakfast Rotary President David Waring said, "Every person attending the presentation was inspired and motivated. After the meeting, the Rotarians received numerous calls supporting the project including encouragement from those unable to attend such as the area youth baseball and football groups."

The lightning prediction system consists of detection monitors, warning horns and warning lights. As the atmospheric static electricity charges reach critical levels, warning horns and strobe lights are activated to give a 10- to 15-minute warning. After a few minutes, the horn stops but

the lights continue to flash until the danger has passed. The system has battery back-ups in case of electrical power outage. It also has a timer, which is usually set to operate during daylight hours. President Waring said, "Although this will be an expensive project, the Rotary Club's initiative and coordination will allow a cost effective system. As an example; several of the schools can share detection devices with the nearby parks."

Waring said, "The Barrington-wide lightning prediction system is an ambitious project. The plan includes the playgrounds and sports fields of each elementary, middle and high school along with each parks' respective swimming areas and playing fields."

The Rotary Club is currently identifying the specific sites to be covered and working with competing manufacturers to ensure that a cost-effective, proper system is designed and installed. The Barrington Breakfast Rotary Club also will provide a community-wide lightning safety educational program, including the new prediction system. The Rotary Club doesn't yet know how much the Barrington system will cost or how it is going to pay for it. (The Park Ridge System was \$50,000 two years ago for fewer sites and a smaller area.) The Rotary Club hopes to raise funds with the assistance and support of community organizations, individuals and corporations. A major event is planned for Saturday, April 15. The Club wants to have the system operational in time for next summer.

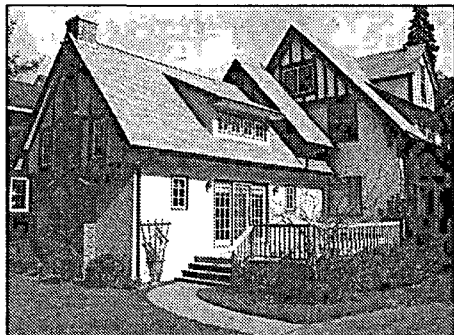
Founded in Chicago almost 100 years ago, Rotary is an international service organization with 1.2 million members in 161 countries. It promotes "Service above Self" and high business ethics. The Barrington Breakfast Rotary Club meets every Thursday morning at 7 AM at the Health World. It has about 42 members from Barrington's business, professional, educational and community organizations. To learn more about the Lightning Prediction System Project, Rotary or its other service projects, please contact Waring at 847-428-5300.

When is an Addition Not an Addition?

The answer is simple—when you cannot tell that an addition was created. "This is done by carefully and respectfully designing revisions to the existing architecture as to achieve a harmonious and contextual blend," says John C. Cazzetta, President of **Kemper Cazzetta, Ltd.**, architects in Barrington, IL. "So often you can drive by a home and see how obvious their addition was placed upon the home and in some cases with no regard to the existing architecture."

Some clients are quick to resolve their space problems with little consideration of the visual impact created by the remodeled space. "We stress that while solving our clients spatial needs, we ensure that the end result has, at least, continued the style and detail of their present architecture, if not enhanced it," says Cazzetta.

If you are considering expanding or re-



vising your home and you are concerned about how it will affect its look and value, then please call our office to discuss your project or view our portfolio, which displays solutions that can be architectural assets to your home.

For a free consultation, contact Cheryl A. Ferguson or John C. Cazzetta at **Kemper Cazzetta, Ltd.**, 847-382-8322.



Tips from the Top

Margaret R. Semrad
Broker/Manager
Barrington Office



From backyard to front door, it's time again for fall and winter maintenance. After the first rounds of "ughs," it's time to get out the ladder, hose and buckets for the annual fall clean-up and fix-up. With leaves turning their beautiful autumn shades and cascading over roofs and lawns, thoughts turn to the culprits that clutter and clog gutters and downspouts. Removing gutter debris is up at the top of the fall list of chores.

Fall's invigorating temperatures and sunshine should bring on your urge to perform these simple maintenance checks and make sure your dreamhouse is going to be safe and cozy this winter.

Let's talk about the front door. Is it portraying the image you want or does it need attention? Does the door fit snug? Does it need a coat of paint? Or, maybe it should be replaced. October is a good month to reglaze a few windows. Reglazing replaces the putty that seals a bond between the window and the frame. It helps cut down on a lot of cold air infiltrating your home. It is another task, when done, that will keep you toasty warm when the cold winter winds are blowing. Now is a good time to check every door and window.

Thinking of warm and cozy... two things to consider are fireplaces and heating systems. Now is the time to have your heating system checked, not when it's -10° below. If you have a forced-air system, it's also a good time to change the furnace filter and have the air ducts cleaned. Clean ducts and filters can greatly cut down your utility cost and more evenly distrib-

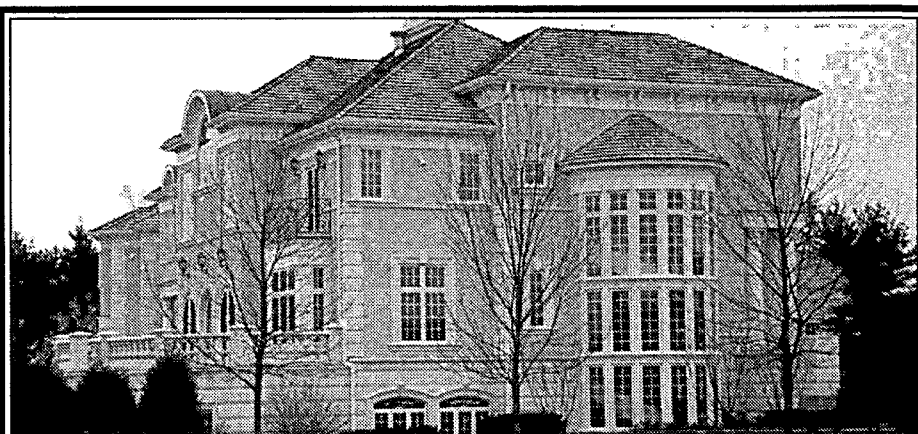
ute the heat. (My friend Napoleon loves these cost savings.) Now the fireplace. Has it been cleaned? Is it safe? Maybe it's time to call for a maintenance check. It's a delicious feeling sitting in front of a roaring fire on a cold winter night. So it's definitely time to order the firewood. Oh, will this list never end?!

With any home, an ounce of prevention is truly worth a pound of cure. Owning a home is a never-ending job. It seems a new problem arises just about the time a previous repair job is completed. But one way to circumvent some of those problems is with a yearly maintenance tune-up.

To help the homeowner with "who do I go to for help with these home care or enhancement tasks," **Coldwell Banker Residential Brokerage** has created a Concierge Program. We have done the research. We sought out vendors who could bring the highest quality services in every category possible, from basic window washing to room additions.

The Concierge Program is simple to use. Just pick up the phone and call our office at 847-382-3600 for a brochure on this exciting program. When you call the toll-free hotline, you will receive a copy of recommended vendors via phone, fax, Email or mail. Then let your fingers do the work by phoning one of these problem solvers.

Keeping your home tuned up and in mint condition not only increases the value of your home, but it gives you peace of mind. Call your *Dream House Headquarters* today for the Concierge Program brochure. It's definitely worth it!



KEMPER CAZZETTA

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It's easy to get overwhelmed by all the chores that need to be done when you own a home. That's why we've created the Coldwell Banker Concierge Program; a brand-new service designed to eliminate countless phone calls and save you numerous hours.

The Concierge Program guides you to service providers or vendors you are looking for to keep your home in tip-top shape.

The Coldwell Banker Concierge Program was designed with your needs in mind. So call us today to get the brochure that allows you 23+ hours to focus your attention on the pleasures of living.

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The new

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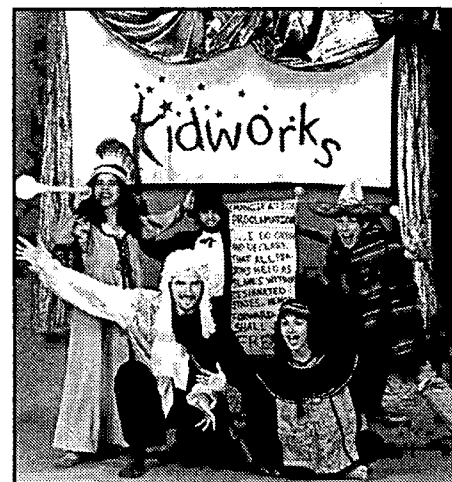


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Captain Oceanview's Adventures

Celebrate Columbus Day, Monday, October 11 (no school) by discovering the arts at the Barrington Area Arts Council's Children's Theatre at the Gallery. Travel with the Kidwork's Touring Theatre Company in their production *Captain Oceanview's Adventures*. Travel around the world with them—become the waves of the ocean, the jungles of Africa and the Great Wall of China—as they unfold cultures and stories from around the globe.

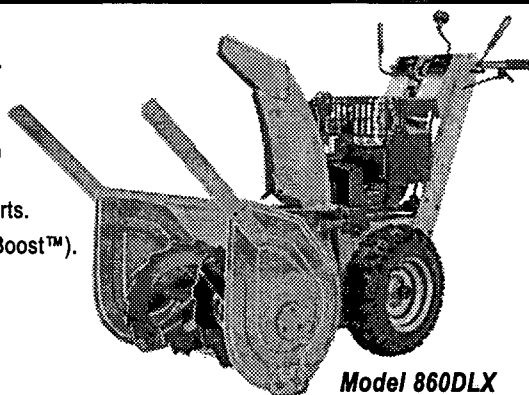
Performances will be at 11:00 AM and 12:30 PM at the BAAC Gallery, 207 Park Avenue, Barrington. Tickets are \$6 for BAAC members and \$8 for nonmembers. For tickets or for more information, call the BAAC at 847-382-5626.



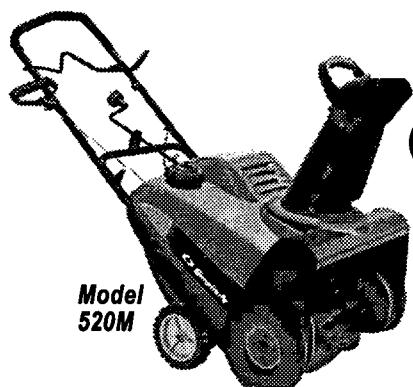
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Harris Bank's Helping Hands Launch 1999 Barrington United Way Fund Drive



Hubert the Harris Lion kicks-off the 1999 Barrington United Way Fund Drive.

The sound of 894 feet pounding the pavement last Saturday kicked off the 1999 campaign to raise funds for the Barrington Area United Way. The United Way's 5K race and 3K walk, including Harris Bank Barrington's Corporate Challenge Walk, started from Miller Park amid early-morning fanfare and wove through the village, sidestepping construction projects and meeting inclines head-on.

Local volunteers working the registration table and providing refreshments for runners and walkers included more than 50 Harris Bank employees, family mem-

bers, friends and customers. Among them was Janie Piccolo, personal banking officer, who made it a point to help with setup before walking over to the bank to start her regular Saturday morning duties. She has done this for all four years of the kickoff event.

"Because I've always been scheduled to work on the day of the race, I know I can't run or walk, so I give my time this way," said Piccolo, who helped erect the tricolored balloon arch marking the start-off point.

"There is more to being a good corpo-

Snowblower Sale— "Get 'em While it's Hot!"



One thing we can count on, living in northern Illinois, is that it will snow this winter. Just how much? No one knows. Remember last January when there were no more snowblowers to be had? "We got 'em now," but they are going fast and won't last long. Simplicity snowblowers are now on sale at **Reed Lawn & Leisure**.

If Simplicity is not your brand, we also have John Deere, Toro and Honda snowblowers—also at preseason prices. All sizes are available and we invite comparison shopping of different brands.

If you already own a snowblower, get-

ting it tuned up and ready for winter may also be a wise decision so that it's ready when you need it.

But before it snows, there's one item of business that needs taking care of—leaf clean up. **Reed Lawn and Leisure** has a good selection of power blowers and vacuum systems. We carry collection systems from Simplicity, Honda and John Deere; Echo power blowers; and both Simplicity and Echo leaf shredders.

Stop in, browse around or schedule your service appointment soon. Located at 20413 Rand Road. (847) 438-5220.

"Fit for Life" Theme for Luncheon

A "Fit for Life" luncheon featuring "Fitness Tips" from the Buehler YMCA in Palatine will be held on October 14 at the Buehler YMCA at 1400 N.W. Highway in Palatine from 11:30 AM to 1:30 PM.

Musical entertainment will be provided by Carol Potter. Our speaker will be Virginia

Ringer who will speak about a different kind of love.

The cost is \$10 inclusive. Baby-sitting is available at no charge. Call 847-382-1202 by October 11 to make reservations. Sponsored by the Northwest Suburban Christian Women's Club.

rate citizen than writing a check," said Tom Werner, President of Harris Bank Barrington, a major sponsor of the event. "Together, in 1998, our employees 'invested' well over 12,000 hours of community service, from being active members of local service organizations, to serving on boards.

"With the United Way kickoff," added Werner, "challenging our competitors to participate, and getting a great response, shows that we all can work together for the benefit of our community."

District 220 Posts Fastest Team Time

Just 15 minutes after the start of the 5K race, the first runners finished, led by Mikie Szasz of Vernon Hills and Pam Anderson of Barrington. Meanwhile, the Harris Bank Corporate Challenge teams walked their way through the three kilometers of hilly streets, not only vying for best time but to win in other categories as well:

- Fastest Team Race Time: Barrington School District 220
- Most Unusual Walking Attire: Barrington Realty
- Backwards Day (walking backwards): First Chicago Bank

The number of organizations taking part in the corporate challenge has increased each year, according to Joe Connelly, Vice President of Business Development for Harris Bank Barrington and head of a team that waged a door-to-door campaign of area businesses. "Not only is the campaign a great cause, but the challenge walk itself is an outstanding way to be a good corporate citizen and enjoy some friendly competition at the same time," added Connelly.

Creating a Tradition

This marks the fourth year of the kickoff run/walk established to create a tradition to mark the start of the United Way campaign, according to Glenn Scoggins, United Way race chairperson and one of the nearly 200 runners. Scoggins noted that the event has gained momentum over time. This, in turn, has given a big boost to the campaign itself.

"Events such as this one, especially with the hoopla, volunteers and backing provided by Harris Bank, help raise awareness of the work of United Way agencies in Barrington," said Karen Atkinson, Director of the BAUW. "Even though the needs in this area aren't always visible on the surface, they're there. Addressing them is critical to the overall strength of the entire community."

Atkinson cited at-risk teens and seniors needing a helping hand as among those who will benefit from the funds raised, through local organizations ranging from Barrington Youth Services (BYS) and Catholic Charities to Shelter Inc. and the Barrington Area Council on Aging. Chris Pepper, President of BYS, came Saturday with staff members who took part in the run and the walk.

"If the United Way supports our efforts, it's especially important that we be out here supporting theirs," said Pepper just before heading out on the 3K walk. BYS serves individuals and families in the Barrington area.

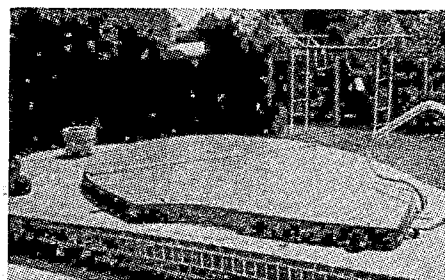
Preliminary reports indicate that the BAUW has reached 25% of this year's goal, including contributions made through Saturday's race and walk. The campaign runs through January 31, 2000.

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brand topside vinyl, ventilated screen underside, sealed foam inserts to resist moisture, 5052 aluminum interior channel supports, and durable and lightweight design.

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In addition, we are constantly bringing in new lines so that we can offer you the most current and up-to-date styles that the industry has to offer. So if you haven't



been in the store for awhile or if you're a first-time shopper, we invite you to browse through our beautiful showroom or allow a member of our friendly and knowledgeable staff to assist you.

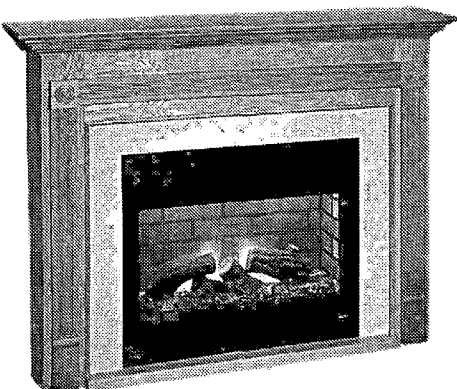
We will also come to your home or office to measure and show samples for your shopping convenience.

A Beautiful Sight to Behold

Heat-N-Glo and **House of Fireplaces** in Elgin now offer two 32" ElectraFire electric fireplaces—Models 32E and 32E-XL. These two exciting fireplaces allow you all of the great looks and quality of a Heat-N-Glo fireplace even when you are unable to accommodate gas or wood-burning. Both models can be installed virtually anywhere. All that is needed is an electrical outlet. They are perfect in bedrooms, dens, entertainment centers or in apartments, condos, townhomes and even mobile homes. An ElectraFire, complete with surround and mantel, can be installed within an hour. What's more, they are portable. You can take it with you when you move or you can move the brilliant look of a glowing fireplace to another room if you choose.

For those with an existing masonry or zero clearance fireplace, the ElectraFires are retrofitable for most sizes.

The standard features of Models 32E and 32E-XL include: four piece realistic



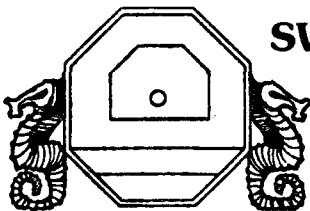
log sets, 4800 BTU heater, overheat protection, built in thermostat and adjustable flame brightness. They have separate heaters with off and on control, decorative front standard or optional polished brass, polished chrome or antique brass strips and optional remote control for greater convenience. They are safe and inexpensive to operate.

TNOS Begins 21st Season

The New Oratorio Singers begin their 21st season when Music Director Alan Heatherington conducts two fall concerts. These performances will be followed by an expanded two-Christmas concert series and concluding with three spring concerts, the repertoire of which will be transported to Europe for a three-nation tour in June, 2000.

Maestro Heatherington will conduct the

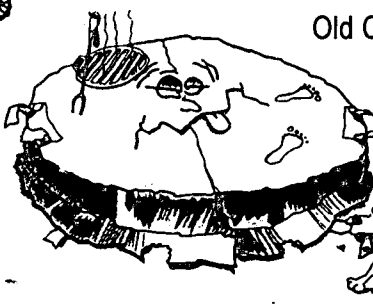
120-voice, critically acclaimed chorus, the Ars Viva! Orchestra as well as professional soloists in Brahms' *Alto Rhapsody*, Bruckner's *Mass No. 1 in D minor* and *Psalm 112*. These performances will be Friday, November 5 at 7:30 PM and Sunday, November 7 at 7:00 PM at Divine Word Chapel, 2001 Waukegan Road, Techny, Illinois. Each will be preceded with a lecture about Brahms, Bruckner



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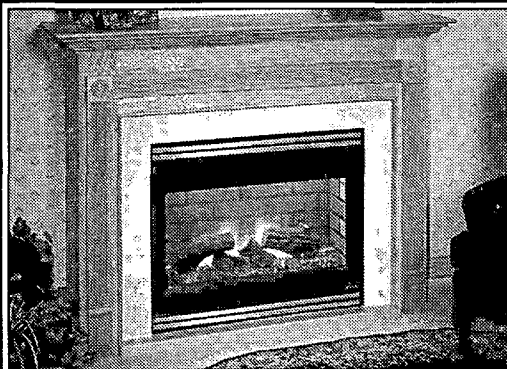
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and their music.

The expanded Christmas series will feature Shaw/Bennett's *The Many Moods of Christmas*, Vaughan Williams' *Fantasia on Christmas Carols* and works by John Rutter. Maestro Heatherington will conduct the chorus and full Ars Viva! Orchestra in Christmas concert for the first time on Friday, December 17 at 7:30 PM and Sunday, December 19 at 7:00 PM at Divine Word Chapel, Techny.

Spring's three-concert series will feature Martin's *Mass* and French and American works including a cappella arrangements by Alice Parker. Performances will be Sunday, April 9, 2000 at St. Mary of the Lake, Mundelein, Illinois, and Friday, April 14,

7:30 PM and Sunday, April 16, 7:00 PM at Divine Word Chapel, Techny.

On June 16, the chorus will take the spring repertoire to perform in France, Switzerland and Austria, where Maestro Heatherington and Alice Parker will conduct the inaugural Innsbruck International Choral Festival 2000 on June 24 through 27. Maestro Heatherington will conduct The Festival Chorus, Salzburg Mozarteum Orchestra and European soloists in Mozart's *Requiem*, and Ms. Parker will conduct her own a cappella selections.

Please call 847-604-1067 for season's subscriptions, information about the three CDs recorded by TNOS and the June, 2000 tour.

BARRINGTON AREA OFFICE



Barrington Hills \$569,000
Delightful country home w/ in-ground pool & hot tub. The lovely 4-BR home offers 3 fireplaces, 1st floor study, sun-filled Florida room & finished LL w/ 2nd kitchen.
Meg Cleavenger 847/465-2259



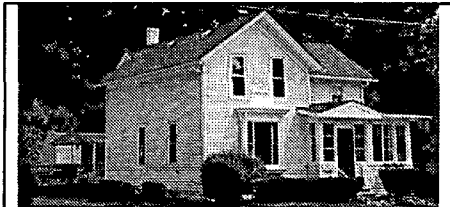
Barrington Hills \$509,000
Lovely 9-year-old colonial w/ 9' ceilings, study, FR w/ beamed ceiling & fireplace, delightful kitchen, finished lower level, 3-car garage. Great potential for horses.
Meg Cleavenger 847/465-2259



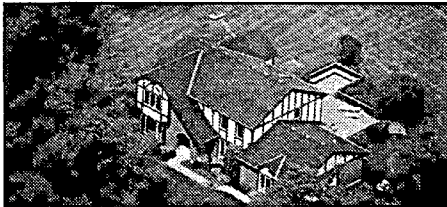
Barrington \$504,000
Looking for country charm, spacious rooms, abundance of windows, hardwood floors, 9' ceilings, detailed woodwork, newer kitchen? It's all here on 1 acre.
Tressa Borkon 847/465-2256



Inverness \$479,900
Stunning colonial w/ 4 BR, 2.2 BA, study & full finished lower level has been updated & redecorated including remodeled kitchen w/ breakfast bar & eating area.
Suzanne Luby 847/465-2211



Barrington \$479,900
Totally renovated expanded Victorian in the village. Classic lines inc contemp features: vaulted ceilings in new FR, lux mstr BA w/ 2 walk-ins, marble flr & whirlpool.
Suzanne Luby 847/465-2211



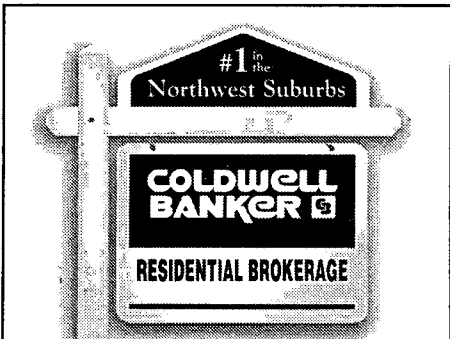
Tower Lakes \$457,000
Exceptional custom 4-bedroom, 2.1-bath home situated on wooded private 1.7 acre lot. Neutral & newer (10 years old), this beauty offers room to roam or expand.
Suzanne Luby 847/465-2211



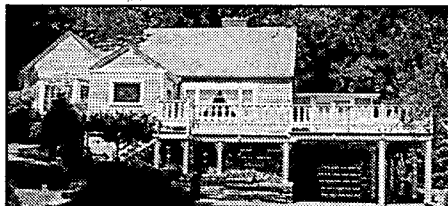
Barrington \$415,000
Elegant Fr Provincial in established neighborhood near town. 4 BR, 2.1 BA, fin bsmt. Extensive remodeling, new roof, new kit, granite counters, new hrdwd flrs. Beautiful!
Tressa Borkon 847/465-2256



Barrington \$385,000
Set on a quiet street in Barrington's favorite Fox Point, this 4-bedroom colonial is a gem... backs to forest preserve, has pool, lake & tennis courts.
Sherl Wheeler 847/465-2290



Lake Barrington \$329,000
Wonderful 4-BR colonial snugly on 2 wooded acres in beautiful Lakeland estates. 4-season sunroom. Finished walkout LL. New roof in 1997. Water rights.
Ron & Jeanine VanDeVelde 847/465-2282



Tower Lakes \$279,900
Set on a wooded lot in Tower Lakes, this house has a view of the lake. Updated kitchens & bath. Extensive hardwood floors, 3 fireplaces, huge deck—a dream.
Sherl Wheeler 847/465-2290



Cary \$177,900
Starved for space? Tri-level w/ bsmt & 5th-level wrkshp w/ outside access is the answer. In-town location yet private. 3-level decks & gazebo overlook wooded yard.
Suzanne Luby 847/465-2211



Elgin Enrichment Series

(Continued from page 19)

Elgin Country Club in Elgin immediately following the Forum. Seating is limited to 200 people.

Dr. Elliot Engel will be presented in a special evening event suitable for the entire family at the Visual Performing Arts Center, Elgin Community College. A reception will immediately follow in the lobby. Tickets for the event will be sold separately, or as an addition to the 1999-2000 Series at \$12.50 for adults or \$10 for children.

The **Elgin Enrichment Series** is a nonprofit organization established in 1995 by a board of 10 volunteers for the purpose of bringing to the Fox Valley high profile speakers from the fields of education, entertainment, communications and

other professions to enrich the lives of community members. First Community Bank in Elgin sponsors the **Elgin Enrichment Series-Morning Forum**.

Since the introduction of its first 1997-1998 Series, powerful presenters such as fashion designer Bob Mackie, retired White House Chef Henry Haller, scholar Dr. Elliot Engel, actress Rita Moreno, mental health advocate Kathy Cronkite, journalists Bill Kurtis, Linda Ellerbee and Judith Viorst, and director/screenwriter Peter Bogdanovich have all been a part of the **Elgin Enrichment Series**.

Complete Series tickets to attend the four Series presenters and the special evening presentation are now available. Call 847-289-4332 for ticket information.

Pumpkin SMASH to Benefit Spinal Muscular Atrophy

Families in the Chicagoland area can enjoy an evening of Halloween fun at Pumpkin SMASH on Saturday, October 30, 1999 at Goebbert's Pumpkin Farm in South Barrington, IL.

Presented by Andrew's Buddies of Illinois, a nonprofit organization which raises money to fight Spinal Muscular Atrophy (SMA), Pumpkin SMASH offers live entertainment, kids' games, a costume parade, a silent auction, prizes, food, drink and

other Halloween fun for families.

The first Pumpkin SMASH, held in 1997, attracted more than 1,000 people and raised \$60,000 for Andrew's Buddies. Founded in 1997 by Terry and Deanna Griffin of Inverness, IL, Andrew's Buddies of Illinois has raised more than \$125,000 to fight SMA to date.

SMA is the nation's number one inherited cause of death among children under the age of two. Andrew's Buddies was

The Pain of Infidelity

(Continued from page 22)

these kinds of issues.

For those of us who wonder if our significant other is being true, we fall into a sea of mistrust and deception both emotionally and behaviorally. Wondering, worrying, trying to make it work and being met by confusing resistance and asking questions and getting untruthful responses is "crazy making" at best. "Is he/she or isn't he/she being true?" becomes the essence of every interaction. For the one living a double life, lying and experiencing highs, lows and conflicting feelings moment by moment is a painful existence which is also hallmarked by deception, mistrust and angst. For both the betrayer and the betrayed, the personal interactions reflect our feelings whether or not we say the words. Worries, concerns, confusion and fear can invade your mind and tarnish the relationship in the process. Both parties are caught in a downward spiral of emotional pain.

Often, there is nobody to talk to about

your concerns. Or worse yet, the people that we choose to talk to about the problem either don't understand, get into the melodramatics, have a personal vested interest in what you do or don't do or provide a release for anxiety without correction for the problem. Infidelity is an indirect means of hostile communication. It is a very complicated dynamic between a couple and a third party. There has been a great deal of research in recent years that shed light on the many reasons that one has affairs or is cheated upon. How to respond and react to an affair or a suspected affair or disengaging from an affair are all deeply painful, very human issues that can produce enlightening results. If anything here relates to you, please call and ask for help. I have spent considerable time working with clients struggling with these kinds of life dilemmas. Perhaps I can be helpful to you in your relationship. Call 847-842-9365.

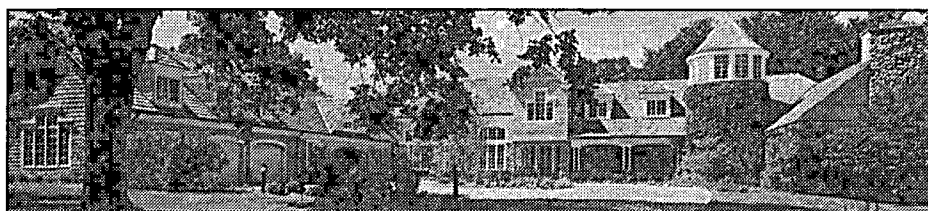
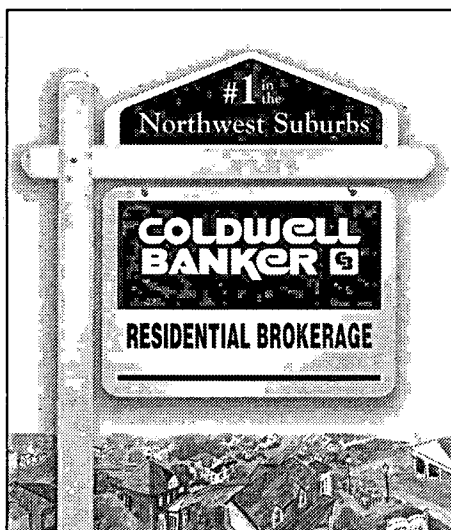
formed to raise money to fund research to defeat the disease, which afflicts more than 20,000 Americans, most of whom are children. There are three forms of the disease: Type I is the most severe form and leads to death usually within the first two years of life; Type II is chronic and its victims never have the ability to walk; Type III is the least severe form of the disease

and causes physical impairments.

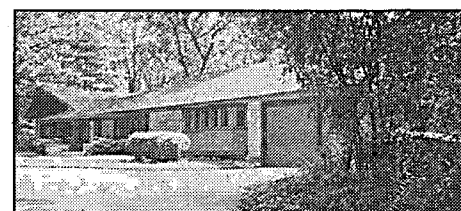
Hundreds of area volunteers and businesses contribute to the coordination and fund-raising activities associated with Pumpkin SMASH and Andrew's Buddies of Illinois.

For tickets to Pumpkin SMASH, information about the event, Andrew's Buddies of Illinois or SMA, call 847-277-1809.

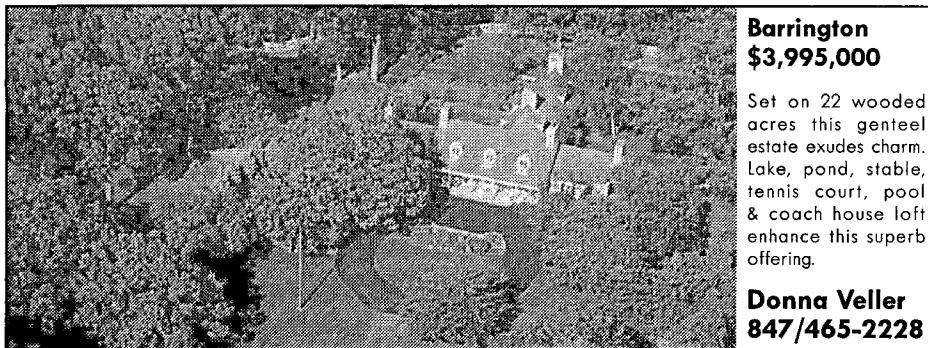
BARRINGTON AREA OFFICE



Barrington Hills Tucked away in a 17-acre setting of vast lawns, ravines & woods is an important residence that epitomizes the country spirit that has long been the ideal in Barrington Hills. Of stone & cedar shake, it looks as though it has crowned the gentle landscape forever. This absolutely private estate presents itself naturally, set off by a relaxing pool, tennis court, 4-stall barn, and 2 guest houses. Its location is prime & protected, its appeal timeless.
Meg Cleavenger \$5,200,000 847/465-2259



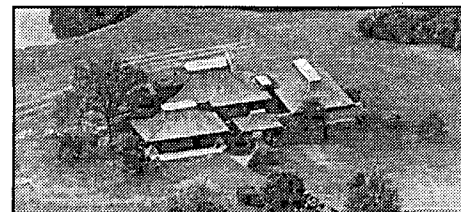
Barrington Hills \$2,400,000
 Superb, gated, stone & cedar estate on 6+ lakefront acres. Finest finishes. USGA golf hole. Boat house. Walkout lower level w/ 2nd kitchen. Magnificent views.
Meg Cleavenger 847/465-2259



Barrington \$3,995,000

Set on 22 wooded acres this genteel estate exudes charm. Lake, pond, stable, tennis court, pool & coach house loft enhance this superb offering.

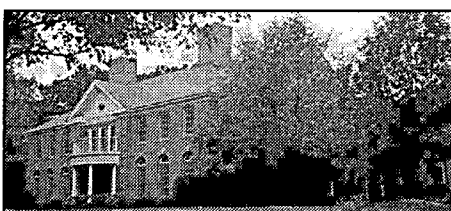
Donna Veller 847/465-2228



Barrington Hills \$1,700,000

Waterfront Shangri-La on 10 acres w/ idyllic views, winding drive, 4 fireplaces, 4 BR, 4 BA, gourmet kitchen, private master suite, handsome decor, indoor pool.

Meg Cleavenger/Barb Wessberg 847/465-2259



Barrington Hills \$1,300,000

Brick Georgian, 5 wooded lakefront acres features outstanding detail, 4 fireplaces, handsome study, solarium & grand foyer.

Meg Cleavenger 847/465-2259



North Barrington \$1,125,000

Set on a heavily wooded lot in Wynstone & designed w/ classic 17th Century architecture. 4 BR, 4.1 BA, paneled 2-story FR, sunroom, study, scrnd porch & dream kit.

Sheri Wheeler 847/465-2290



Barrington Hills \$999,900

Outstanding waterfront estate on 5 acres offers 4 BR, 4 BA, 4 fireplaces, gourmet kit, sumptuous master suite, handsome decor, indoor pool wing & 3-car garage.

Meg Cleavenger/Barb Wessberg 847/465-2259



North Barrington \$999,000

Brick Georgian in Wynstone w/ California flair. Master bedroom w/ fireplace & sitting room. 2-story foyer, full finished walkout lower level... gazebo & pond.

Sheri Wheeler 847/465-2290



Barrington Hills \$999,000

Set on 5 acres in Barrington Hills, this graceful country home will delight you—3 fireplaces, hardwood floors, study, wooded lot & just minutes to town.

Sheri Wheeler 847/465-2290



Barrington Hills \$899,200

The best setting for this updated 5-bedroom, 4.1-bath home. 1st floor master, vaulted entry, 3 fireplaces. Hot tub, pool & finished English basement.

Greg Bradley/Margaret Semrad 847/465-2232



Barrington \$897,700

Woodland pasture & pristine lawn surround! 6 BR, 3.2 BA, deluxe master suite, 1st floor study, in-ground pool, new roof & 3rd floor. 5-stall barn w/ fenced pasture.

Jack Sanderson 847/465-2278



Barrington \$829,000

Built in 1929, this gracious English Tudor was magnificently renovated in 1991-92. 4 bedrooms. 4 baths. Gourmet kitchen. Nestled on 9.5 acres.

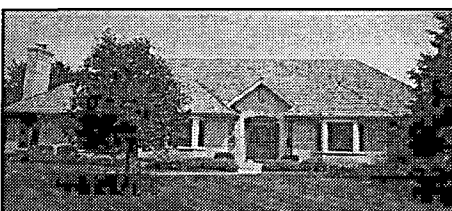
Ron & Jeanine VanDeVelde 847/465-2282



South Barrington \$829,000

Waterfront! Impressive brick Georgian on a huge pond. Private beach. Established area of newer homes. 4 spacious BR + fin bonus room. 1st flr study. Fin walkout.

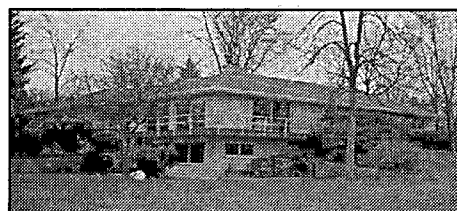
Tressa Borkon 847/465-2256



South Barrington \$799,900

5-year-old brick ranch on 1+ acre. Stunning 2-story brick fireplace in FR. Spacious BR & bonus room. Huge fin LL w/ 10' ceilings. Prof landscaped. Conv to tollway.

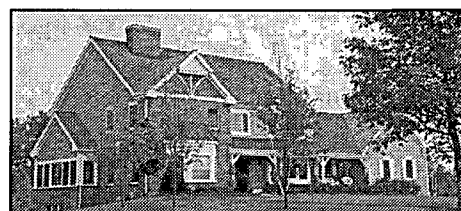
Ron & Jeanine VanDeVelde 847/465-2282



Barrington Hills \$795,000

5 beautiful acres w/ 325' of shoreline on Heather lake. Well-built brick & stone hillside ranch w/ full finished lower level. Private setting. Horses permitted.

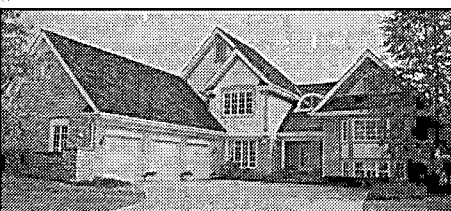
Nancy Herr 847/465-2267



Barrington Hills \$749,000

On a tranquil pond this 7-year-old home offers 9' ceilings, 4 fireplaces, gorgeous kitchen, finished walkout lower level, 4-car garage & in-law apartment.

Meg Cleavenger 847/465-2259



North Barrington \$669,000

Impressive Grove Village Home. Maintenance-free. Private. Wooded site. Spectacular great room. Vaulted ceilings. Mint condition. 3/4 BR. 3.1 BA. Quick Poss.

Nancy Herr 847/465-2267



Barrington \$659,000

This stunning new home w/ wooded privacy will be ready soon! Quality abounds in 12 spacious rooms w/ an open, flowing floor plan.

Donna Veller 847/465-2228



Barrington \$569,900

Just 2 years old & gorgeous—4 bedrooms, 3 baths, sunroom, 9' & 10' ceilings, white kitchen w/ island, super master bath, 2 walk-in closets. What a dream!

Sheri Wheeler 847/465-2290



Barrington \$579,500

A pristine residence w/ secluded wooded privacy! Spacious throughout w/ 2-story foyer, dramatic family room, study, a grand master suite & more!

Donna Veller 847/465-2228





Tom Mitchell



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Grand Tour Our listings are on the Internet for buyer convenience. Each listing contains color photos and information. To view our properties on-line simply contact: <http://www.emailhomes.com/tomjoannemitchell>

Tom & Joanne Mitchell
Barrington's Home Town Realtors



Joanne Mitchell



BARRINGTON HILLS

Set on a rise of velvety lawns and plush landscaping sits this magnificent property, **6.6 waterfront acres with 622 ft of shoreline on much sought after Keene Lake**. Mature oak, hickory, spruce, elm, flowering crab & more specimen trees dot the landscape of this spectacular totally private property. Beautifully maintained 4 bdrm, 2½ bath solidly built home finds it's true character with original quality craftsmanship.

Ask for Tom or Joanne Mitchell

\$997,000



BARRINGTON HILLS

Yesterday's classic elegance blended with today's modern conveniences. A feeling of space & light prevails throughout this stately Georgian 4 bedroom, 2 full and one half bath home on **6+ peaceful acres**. Newer kitchen and family room addition. Screened porch and large deck overlook inground pool, aggregate patio and mature oak & hickory trees. Crafted with quality and demonstrates simple elegance.

Ask for Tom or Joanne Mitchell

\$899,000



BARRINGTON-WYNSTONE

Elegant home, tastefully decorated to create refined sophistication. Spacious and light gourmet kitchen with SubZero refrigerator, Jenn Air range & Corian counters opens to cozy family room with fireplace. Marble floor entry opens to inviting large living room. Ultra master suite, hardwood floors, large private deck, original owner. All in pristine condition.

Ask for Tom or Joanne Mitchell

\$569,000

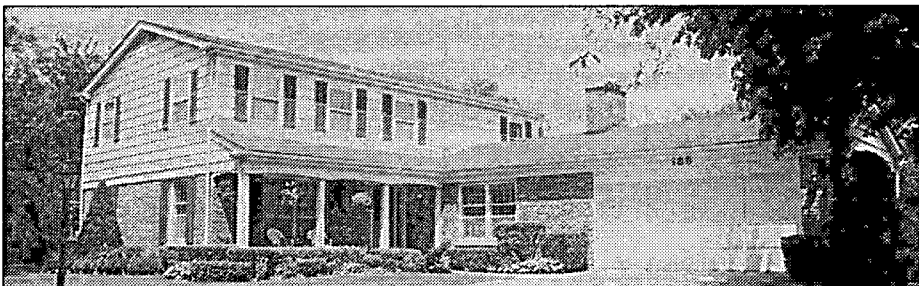


BARRINGTON-JEWEL PARK

Love a gracious wooded setting with babbling brook? This beautiful **Interior lot** in Jewel Park will line up to your expectations. 9 years new with 3 year old luxurious master suite addition. 4 more bdrms & 2 more full baths (1 with whirlpool) enhance the 2nd flr. Open kitchen, eating area & family rm will host mealtimes to homework. French doors open to sun rm all with private views.

Ask for Tom or Joanne Mitchell

\$624,000



BARRINGTON-FOX POINT WATERFRONT

It's more than a home, it's a total lifestyle. Totally renovated Colonial on **½ acre lot**, with backyard on **1½ acre Flint Pond**. Swim, fish, canoe, ice skate & sled right from your own back door. New oak kitchen, hwdw flrs throughout, 4 spacious bdrms, 2.1 updated baths, all white & bright, ready for your personal touches. Walk to school K-8. Prime location, on quiet street. Low Cook Co. taxes.

Ask for Tom or Joanne Mitchell

\$424,000

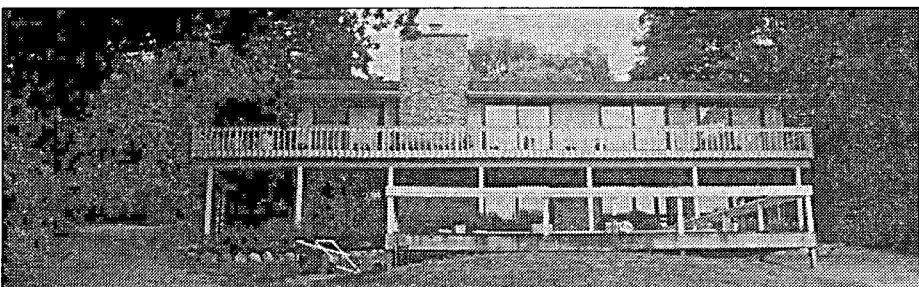


TOWER LAKES-LAKEFRONT

Nestled in total privacy with **300 ft of shoreline** on much sought after Tower Lake. **Wooded 1+ acre** site with extensive wildlife & flowering trees. Spacious 5 bdrm, 2.2 bth cedar Colonial. Family room with stone fireplace & wet bar opens to kitchen. The kids will love their own space in lower level rec rm, game rm & ½ bth. Screened porch provides tranquil setting overlooking lawn & waterfront.

Ask for Tom or Joanne Mitchell

\$414,500

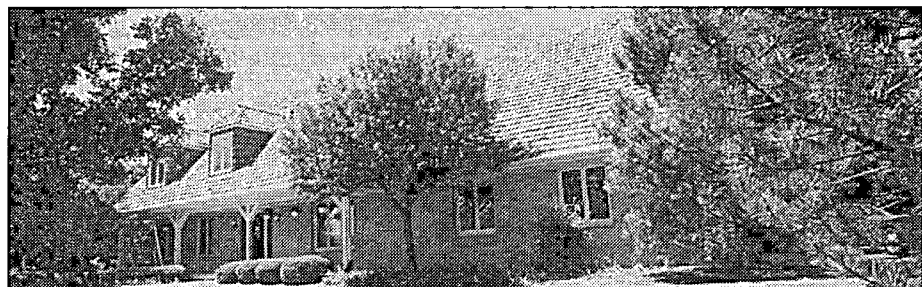


LAKE BARRINGTON

Sited pristinely on **1.3 private wooded acres** sits this 4 bedroom, 3 full bath cedar hillside Ranch with full finished walkout lower level. Screened porch and large windows give way to beautiful views from every level. Open floor plan with two finished levels adds privacy for every member of your family. Enjoy your own 60x22 inground pool with huge deck. Serene & private, come & enjoy!!

Ask for Tom or Joanne Mitchell

\$349,000



DEER LAKE MEADOWS

Top Billing for Executives! A privileged country setting where the pace is a little slower. Custom built brick & cedar 4 bdrm, 2½ bath Cape Cod on corner lot. Spacious & comfortable, 1st floor boasts of all hardwood floors and crown moldings. Luxurious master retreat with sitting room & 17x12 master bath. This home meets the needs of all lifestyles from formal entertaining to casual living.

Ask for Tom or Joanne Mitchell

\$529,000

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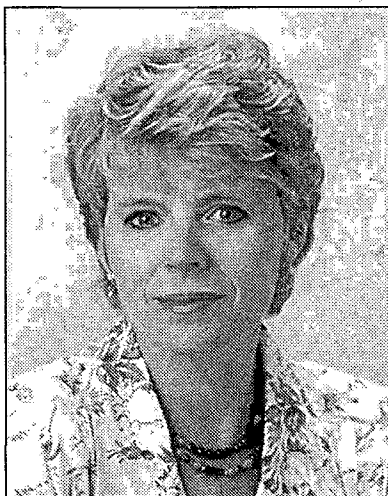
From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

We had a luncheon for the entire dealership in our showroom the last week in August. One of the reasons for the luncheon was to make everyone aware of our partnership with Good Shepherd Hospital concerning free yearly physicals for all of our employees.

The other reason was to celebrate our 15th anniversary. In a strange way, the two go hand-in-hand because quite a few of our employees are still with us and we're getting older. We now have over 80 employees and we opened with 17, including Tim and me.

In our service department, our original service manager Lee Liotta and service manager Bob Goettel are still with us, as is service technician Orval Abney. In our parts department, manager Pat Morgan and assistant manager Ted Gens were also with us when we opened. In our sales department, sales manager Doug Olsen is also still with us.



In 1984, we were all in our 20s and 30s. Now, we're from the middle 30s to the early 50s. Through our own personal experience, we've found yearly physicals to be extremely beneficial.

Child Safety—A Midas Concern

by Jim Carollo, Midas Shop Owner

The timing could not have been more perfect. In early August, I was made aware that the child safety seats in each of the four Lake Zurich Fire/Rescue ambulances had been extensively used and in need of replacement. Coincidentally, my wife and I had our first baby a few weeks earlier and child safety is now a constant concern of ours. To help promote the importance of child safety seats as well as our Midas business, we promptly purchased four new seats and donated them for use in the ambulances.

We invited both the Lake Zurich Paramedics and Officer Robert Brasky of the Lake Zurich Police Department to Midas. There, Officer Brasky performed a safety inspection to insure that the fire department personnel were properly trained in securing the seats in the ambulance. Officer Brasky is certified through the National Highway/Traffic Safety Administration.

Our concern for safety doesn't stop with children. At Midas we are concerned for everyone's safety. An automobile's brake, suspension and exhaust systems are as much a safety concern as a child seat. That is why our Midas shops perform free, no-obligation inspections on those systems before there is a problem. We can also check your battery, starting system, charging system, cooling system, belts, hoses, bulbs, wiper blades and fluids to insure that your car is ready for winter, at no charge.

Please visit our locations in Barrington or Lake Zurich and we will be glad to perform a free inspection for you. We will also be happy to show you the latest picture of our growing baby girl!



LWV Talks on Wetland Mitigation Continue

In September, the League of Woman Voters (LWV) of the Barrington Area presented the first part of a two part program dealing with the subject of wetland mitigation. Mitigation is the process of either restoring or establishing a functioning wetland to replace an existing wetland that has been filled during development. At the first meeting, John Rogner, Field Supervi-

sor of the U.S. Fish and Wildlife Service located in Barrington, discussed the evaluation study that was done at 128 mitigation sites in Northeastern Illinois. Only 22 sites (17%) actually met the criteria to be considered successful mitigations.

At its upcoming meeting in October, the LWV will continue its discussion of the pros and cons of wetland mitigation.

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Barrington

110 W. Northwest Highway
(at Rts. 14 & 59 behind shell)

381-3377

Lake Zurich

888 S. Rand Road
(South of Lake Zurich)

438-1660

Monday - Friday
7:30 a.m. - 6:00 p.m.

Saturday
7:30 a.m. - 4:00 p.m.



**FREE
INSPECTIONS**

Three speakers will be present to discuss the different aspects of mitigation:

- John Heinz, Director of Public Works in the Village of Barrington, is involved with an on-site wetland mitigation project located at the village's new Public Works Building being built on Northwest Highway. Mr. Heinz will discuss the process of mitigation from a village's perspective starting with the permit application to the finished project and its continued maintenance and evaluation.

- John Reindl, Village Administrator of Lake Barrington, a village not comfortable approving wetland mitigation projects within its boundaries, will discuss the disadvantages of wetland mitigations and

how difficult the projects are to successfully create and maintain.

- Steve Weller, founder of Ecologic Planning, Inc. which is a firm involved with mitigation banking in Northeastern Illinois, will present the positive side of wetland mitigation, what types of mitigations are successful and the importance of creating new wetlands to replace those that are being destroyed.

The League of Women Voters will meet on Tuesday, October 19 at 9:30 AM in the meeting room of the Barrington Area Library at 505 Northwest Highway in Barrington. Guests interested in learning more about wetland mitigation projects are encouraged to attend.

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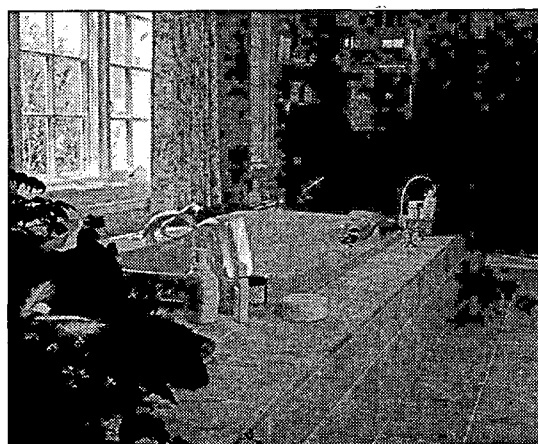
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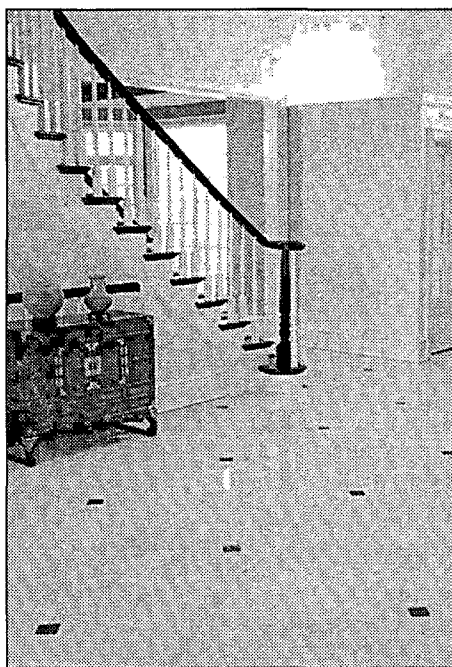
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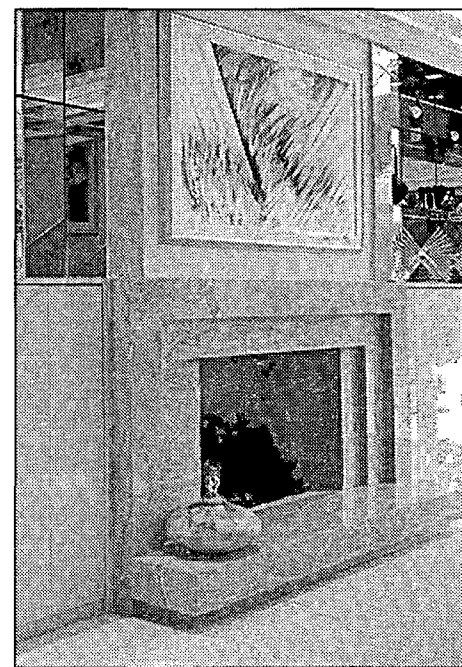
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