

IT'S HARD TO WORK

It's torture to work with a lame, aching back. Get rid of it. Attack the cause. Probably it's weak kidneys. Heavy or confining work is hard on the kidneys, anyway, and once the kidneys become inflamed and congested, the trouble keeps getting worse. The danger of muscular rheumatism, dropsy or Bright's disease is serious. Use Doan's Kidney Pills, a fine remedy for backache or back pains.

An Illinois Case
James K. Poyne, a well-known Chicagoan, writes: "I have been troubled with kidney trouble for several years. My back ached so much that I could not move. The kidneys were in a terrible condition. Doan's Kidney Pills cured me in short order and for four years the trouble has never returned."

Get Doan's at Any Store, Dr. J. C. Doan, PORTER-MILBURN CO., BUFFALO, N. Y.

HAVE LONG DURATION OF LIFE

Salt Water Dietaries Attain Immense Age, if Scientific Investigations Are Correct.

Water, particularly salt water, seems to conduce to longevity. There are gigantic muskies and oysters whose age is assumed to be comparable only with that of the Cape Verde baboon tree and the big tree of California, which live for 5,000 years. In fact, there appears no particular reason why muskies should ever die, though it is also true that, considering the sort of life a muskie leads, there seems no particular reason why it should ever have lived.

See anemones, again, delicate and sensitive though they look when we see them in the rock pools, may attain great age. Sir John Dalyell, a Scottish naturalist, captured in 1838 a sea anemone of the liver-colored sort so common around our shores. Its age was then estimated at seven years. It flourished in Edinburgh until 1847, and was just attaining a vigorous and sober maturity when, from some unknown cause, it died—London Mail.

Unarmed Heroine.
The anniversary is responsible for the publication of many reminiscences concerning the sinking of the Titanic. What the survivors and the chroniclers most like to dwell upon is the heroism displayed by passengers and crew aboard the vanished liner. There are tales of Major Butt, the Strausses, First Officer Murdoch and many others, who showed the metal in the hour of disaster. But there goes quite unmentioned, as she went almost unmentioned a year ago, the little English woman who said to the officer who would have thrust her into a lifeboat: "Oh, no, sir, I'm only a stewardess."

He May Be a Great Doctor Some Day.
William, aged five, had watched with much curiosity the family physician each day count his grandmother's pulse. When the doctor's visits ceased, William felt the responsibility of counting his grandmother's pulse daily. One morning William's father came into the room and found his young son looking thoughtfully at his tiny watch, his fingers on grandmother's wrist.

"Well, son, what is it today?" inquired the father. William looked grave, but without hesitation replied: "Ten dollars, sir."

There's many a hitch, likewise, in the business of a taster.



W.B.
Elastic-Rubber Corsets
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Elastic-Rubber Corsets
Elastic-Rubber Corsets

ALBERTA
THE PRICE OF
BEEF

From Homestead
The price of beef is a subject of much interest to the homesteaders of Alberta. The price of beef is a subject of much interest to the homesteaders of Alberta. The price of beef is a subject of much interest to the homesteaders of Alberta.

LONG OR SHORT COAT

BOTH HAVE SANCTION OF FASHION THIS SEASON.

In Chiffon or Lace They Are Particularly Becoming—But Brocades, Elaborately Embroidered, Are Also High in Favor.

There is no end to the short coats and wraps and each is more chic than the last, though you need time to accustom yourself to their abbreviation. Whether they are so generally becoming as the longer coats and cloaks is a question of taste. Certainly they cost better with the short skirt of the trotting frock.

Long coats and cloaks for carriage and evening wear are lovelier than ever before, and the triumph of the season is the filmy coat of chiffon or lace usually without lining other than another tone of chiffon.

One of the loveliest cloaks is of embroidered chiffon. The long lines of drapery are exceedingly artistic and the fullness at the top of the coat at the back is held in place by a square shaped tab of exquisite embroidery.

Another cloak is of brocaded crepe de chine. At the neck there is a high turndown frill of mousseline de sole.



Embroidered Black Crepe.

The cloak is shirred on a cord at the shoulders and the sleeves and bottom of the coat are also shirred on a cord of the material.

Equally good in its way is the shaped coat of gray chambray trimmed with small rose colored silk buttons and cord loops. It is finished with a

COOLER CLOTHES FOR BABY

One of the Problems That the Warmer Weather Puts Forward to the Young Mother.

When the warm summer months confront us the young mother begins to think about cool clothes for baby, and not the least important of the articles required for the wardrobe is the loose coat to be worn over the long dress, for baby dare not be exposed to draughts at any time.

The needlework shops are showing an attractive variety of long coats made of crepe de chine or albatross. These can be copied with little difficulty.

Purchase a kimono pattern for a baby in long clothes and stamp the border with scallops. Down the fronts and across the sleeves stamp a delicate flower design; either forget-me-nots, rose buds or violets are suitable. White silk of a fine quality should be used to embroider the flowers.

First pad the petals, using white darning cotton for the purpose. Make the padding stitches the length of the petals and cover them with silk, making the stitches at right angles with the padding. Embroider the scallops with heavier twisted silk, padding them first with the darning cotton. Tie the fronts together with white darning cotton, in width.

CHIC STREET DRESS



Street dress of red wool voile and cream satin with collar of Bulgarian embroidery.

narrow turndown collar of the rose colored silk finished with a narrow frill of rose colored chiffon.

One exceedingly attractive model seen recently was of lace, chiffon and silk. At the front the upper part was draped in reverse shawl with a chiffon scarf, which was knotted in a large knot and ends which fell to the bottom of the cloak.

The fronts were of lace over which soft silk was draped, falling in folds from the shoulders to the bottom of the garment.

In soft satin and crepe, there are to be had numerous beautiful cloaks. Some of the rich supple brocades are used for superb brocades and there are plain satins and crepes marvellously embroidered. Other models depend upon lines rather than ornamentation, and these, when successful, are veritable works of art.

One peculiarly lovely model was in supple satin finished with silk stuff which was probably a crepe of some kind. It was of a soft cyclamen tone.

It was lined with a deep toned smoky gray chiffon over whose surface was scattered a design of primroses in several cyclamen tints. The fronts fell back and soft draped revers to show the chiffon facing.

All sorts of odd little shaped shoulder wraps in chiffon, lace and satin are being exploited by French designers, but many of them are so suave with frocks.

One smart New York shop exhibited a model of black Chantilly lace to be worn with a costly lingerie frock. The front of the coat was ornamented with a large cluster of pink roses.

MARY DEAN.

DICTATES OF FASHION

Flat lace boucans will be approved for evening gowns and are considered smarter than the pattern effects.

Brocaded crepe meteor is a new material and promises to outlive both chiffon and velvet in popularity. Ratine in warm tones of browns is one of the most effective colors in this material. It is very wide and wears well.

It is absolutely essential this season that the slippers should match the color of the gown for evening wear, and the vogue is undeniably artistic.

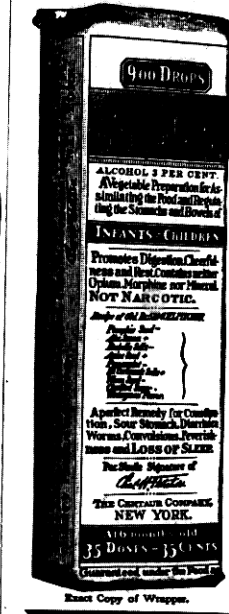
Green and Bright Colors. Not only in millinery are the brightest of colors to be seen, but also for gowns for home and street wear. These are being shown at the moment, but it will be popular with well dressed women. The brightest shades of emerald and grass greens are the most modish and most sought after, and very bright flame colors are among the favorites. Then tangerine is particularly popular for millinery and for collar trimmings and for giving touches of color to tailcoats and house gowns.

Shoe Horns With Handles. Shoe horns with rare long handles are a novelty which all women will welcome, as by their aid footgear may be adjusted without having to bend the back almost double, thus taking the risk of breaking the connect tissue. The round handles of slender walking stick shape are made in polished mahogany or gold and the bases in silver or gold plate or in silver. They may be polished to give a look of ordinary shoe.

What is Castoria.

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. Albert W. Kohl, of Buffalo, N. Y., says: "I have used Castoria in my practice for the past 25 years. I regard it as an excellent medicine for children."

Dr. Gustave A. Klemm, of St. Paul, Minn., says: "I have used your Castoria repeatedly in my practice with good results, and can recommend it as an excellent, mild and harmless remedy for children."

Dr. E. J. Dennis, of St. Louis, Mo., says: "I have used and prescribed your Castoria in my sanitarium and outside practice for a number of years and find it to be an excellent remedy for children."

Dr. R. A. Buchanan, of Philadelphia, Pa., says: "I have used your Castoria in the case of my own baby and find it pleasant to take, and have obtained excellent results from its use."

Dr. J. E. Simpson, of Chicago, Ill., says: "I have used your Castoria in cases of colic in children and have found it the best medicine of its kind on the market."

Dr. B. B. Johnson, of Omaha, Neb., says: "I find your Castoria to be a standard family remedy. It is the best thing for infants and children I have ever known and I recommend it."

Dr. L. R. Robinson, of Kansas City, Mo., says: "Your Castoria certainly has merit. Is not its age, its continued use by mothers through all these years, and the many attempts to imitate it, sufficient recommendation? What a physician add? Leave it to the mothers."

Dr. Edwin F. Purdon, of New York City, says: "For several years I have recommended your Castoria and shall always continue to do so, as it has invariably produced beneficial results."

Dr. N. B. Sizer, of Brooklyn, N. Y., says: "I object to what are called patent medicines, where maker alone knows what ingredients are put in them, but I know the formula of your Castoria and advise its use."

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.
THE VENTURA COMPANY, NEW YORK CITY.

The Test.
"What's the best test of a man's telling?"
"How he answers."
A friend you have to pay won't be worth what you pay for him.—G. D. Prentiss.

LEWIS' Single Binder, Straight Six—many smokers prefer them to 10 cigars. Adv.

Death duties must be a noisy lot if actions speak louder than words.

FOLEY KIDNEY PILLS
RICH IN CURATIVE QUALITIES
FOR BACKACHE, RHEUMATISM, GRAVEL AND BLANDER



SPORN MEDICAL CO., BOSTON AND, BOSTON, IND., U. S. A.

USE ALLEN'S FOOT-EASE.

The antiseptic powder to be shaken into the shoes. It not only kills and cures all foot ailments, but also prevents them. It is a sure cure for all foot ailments. It is a sure cure for all foot ailments. It is a sure cure for all foot ailments.

JOHN L. THOMPSON'S EYE WATER
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North Dakota Farms best for those who want to make a fortune. North Dakota Farms are the best for those who want to make a fortune.

READERS of this paper, please send me a copy of the book "The Art of Living" by Dr. J. C. Doan.

For DISTEMPER Pink Eye, Erysipelas, and all other ailments of the eye.

SPORN MEDICAL CO., BOSTON AND, BOSTON, IND., U. S. A.

SPECIAL TO WOMEN

Do you realize the fact that thousands of women are now using

Paxtine
A Soluble Antiseptic Powder

as a remedy for mucous membrane affections, such as sore throat, nasal or pelvic catarrh, inflammation or ulceration, caused by female illa? Women who have been cured say "it is worth its weight in gold." Dissolve in water and apply locally. For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women.

For all hygienic and toilet uses it has no equal. Only sold in a large box at Drugists or sent postpaid on receipt of price. The Paxton Toilet Co., Boston, Mass.

ABSORBINE

Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, Muscles or Bruses. Stops the hemorrhage and pain from a Sore, Side Burn or Bone Spavin. No salve, no ointment, no oil. No need of a bottle delivered. Describe your case for special instructions and Book T.K. Free.

ABSORBINE is the antiseptic liniment for marking. Reduces Strained, Torn Ligaments, Swollen Tendons, Ligaments, Muscles or Bruses. Stops the hemorrhage and pain from a Sore, Side Burn or Bone Spavin. No salve, no ointment, no oil. No need of a bottle delivered. Describe your case for special instructions and Book T.K. Free.

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Cook With Oil

Means Convenience, Economy, Ease

Perhaps it will surprise you, but it is a fact that Oil as a fuel in the cook-stove is not only much cleaner and safer than any other fuel—it is far cheaper, as well.

Over a half million New Perfection Oil Cook-Stoves are now in use in the middle west and every one is giving satisfaction.

New Perfection Oil Cook-stove

Ask your nearby dealer to demonstrate this wonderful stove. Have him show you the Cabinet Top (for keeping dishes hot), with drop shelf and built-in rack for the New Perfection's oil pump in appearance as well as in usefulness and convenience. See the new Oil Heater with its built-in tank, with drop shelf and built-in rack for the New Perfection's oil pump in appearance as well as in usefulness and convenience. See the new Oil Heater with its built-in tank, with drop shelf and built-in rack for the New Perfection's oil pump in appearance as well as in usefulness and convenience.

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