

Mrs. Howard P. Castle contri-butes the following menu and sub-sequent recipes today: Spanish rice, spring salad, baking powder blassitis and splea cake

biscuits and spice cake.

The recipe for the latter was handed down to subsequent generations by her husband's grandmother, Mrs. Lester Castle.

SPANISH RICE

spa boiled rice,

cups cooked and strained to-

natoes,

§ 1b. American cheese cut in
mall pieces.
Salt to taste.
Stir ingredients together lightly
nd pour into buttered uncovered
aking dish. Bake in slow oven one
one.

Pineapple slices on beds of let-tuce with small balls of cream cheese, rolled in parsley, as cen-ters, make an attractive spring salad, Garnish with fresh straw.

berries.

Variety may be obtained in baking powder biscults by cutting
them with cookle cutters of assortdef shapes. A change in favor is
easily secured by the addition of
grated cheese to some and a topping of sugar and orange juice on
others.

"Last the best of all the game" as the children say. Here's the treasured family recipe for: SPICE CAKE

SPICE CAKE

1 cup sugar,

½ cup butter.

1 cup south milk.

1½ cups flour.

1 teaspoon soda.

1 teaspoon clanamon.

1 teaspoon classie.

¾ teaspoon cloves.

¾ cup raisins.

1 egg well beaten.

Mix as butter cake. Bake about

0 minutes in layers or as thin

and in square cake pan. Oven

soderate.

From with the following.

Frost with the following: WHITE MOUNTAIN CREAM

1 1/4 cups sugar. 1/4 cup water. 2 cgg whites.

M cup water.
2 cug whites,
3 cug whites,
4 t. vanilla.
Boil water and sugar until a thin
syrap. Add 2 tablespoons of the
syrap to the well beaten whites.
Boil the remainder of syrup until
if forms a thread. Add gradually
to egg white mixture. Add vanilla.
Correction

As a footnote today, we wish to
correct a typographical error in
the recording of Mrs. W A Fanning's soup recipe last week One
tablespoon of cyrn starch is to be
used for thickening the soup. We
hope no one added 1 lb.!

The amount of four to be used
in completing Mrs. John R D
Blanke's dedicious date nut cookles
is 2½ cups.

## Lake Forest College Offers Scholarships

Twenty-four scholarships total-ing \$4000 are being offered by Lake Forest college for the school year 1938-39.

The awards will be based on :

year 1938-39.

The awards will be based on a competitive examination to be given at Lake Forest college, May 7, 1938, the competition to be open to all young men and women recommended by their high school principals. Seventeen of the scholarships, from \$150 to \$275, will be awarded to resident students, and seven, from \$100 to \$150, are for non-resident day students.

Barrington high school graduates aircady attending Lake Forest College are Vivian and Ruther Read and Frederick Hodgdon. Vivian Read is a senior and Ruth is a junior, and both are members of the Garrick club, campus dramatics organization, and of the French club. Hodgdon, senior and the present control of the Stenior and the senior and Ruther Stenior and the senior and Ruther Stenior and Stenior and

## Spring Grading Work...

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### Ham Gaining Favor for Easter Dinner

Of course it's hard to think of an Easter breakfast without savory slices of ham, the natural compan-ion of eggs which has been for time immemorial celebrated in Easter legend.

ion of eggs which has been for time immemorial celebrated in Easter legend.

But for the Easter dinner, too, wherever good living is given first consideration, ham has long been a favorite meat. Until recently however the rich succulence of ham was enjoyed only in the homes where belp was plentiful or where the homemaker was willing to devote much of the day to the preparation of the feast. For the fresh-roining, the par-boiling of the ordinary ham even before the cooking could be started make a lot of world, preventing the homemaker from taking part in the Easter parade, enjoying the Easter music and taking part in the Easter parade, enjoying the Easter music and taking part in the Easter parade, which is the control of the time in the control of the time in take to cook ordinary ham benefit in the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the control of the time it takes to cook ordinary ham the cook of the cook or the cook or

### Place Guards Over G. Popp Residence Near Buffalo Grove

Reputy sheriffs were keeping a sharp tookout for suspicious persons in the vicinit of the George Popp home at Buffalo Givers as a burden of the George of the George of the George of Buffalo Grave Wedgeen of Buffalo Grave Office of the State of the George of the State of the State of the George of the G them proper directions to the Popp

them proper directions to the Popp home

The incident was reported to Cook and Lake rounty authorities Popp a retired farmer, and his two sons and daughtes fought off an attempted kidnapping of the elder Popp last fail. Last summer the Popp home was burglarized and \$5000 in money and valuables stolen.

Prosen Lace
Architecture was first called
"lace frozen into stone" by travelers who first saw the exquisite Gothic canopies of the choir screen in
Chartres cathedral fifty-four miles
from Paris.

Mexican Civilization Traced
The first Mexican civilization of
which remains have been found
ranges from 3.000 to 10,000 years
ago.

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of Barrington

## **Expect Four Per Cent Decrease** in Illinois Acreage Planting

The total planted acreage of II- from the 1937 planted acreage.

Ilnois spring crops this year is expected to be about 4 per cent under the period of the pe

and federal departments of agriculture. Principal decreases indicated by the reports include cora
3 per cent, spring wheat 20 per
cent, potatoes 5 per cent, sopbeans
12 per cent, and cow peas 5 per
cent. No change is shown for oats
and sweet potatoes, but a 10 per
cent. No change is shown for oats
and sweet potatoes, but a 10 per
indicated. An increase of about
14 per cent in tame hay acrege
for harvest is expected this year
largely because of the materially
increased acreage of new seedings
of alfalfa. Humbty and clovers
that will be available for hay
There were 2.274.000 acres of
winter wheat seeded hast fall, or
15 per cent less than the causal abandonor of the seedings of the seedings
will be share the 2.94 of the seedings
of the seedings of the seedings
due to comparatively mild winter
conditions. The acreage remaining
for harvest should be well above
to 1298.32 five year acreage of
1.73:000 acres The prospective
acreage of corn to be planted in 11
limois is 9 167.000 acres which is
3 per cent below the 1327 planted
acreage and 2 per cent below that
of 1936. Total sophean acreage
outlook is for 1.93:000 acres or
point to a larger percentage of the
recept being harvested for beans
they par since the acreage of hay
of the usual kinds has been largeby testored and there is less need
of resylvant hay Parmers concemplate planting 3.61.000 acres
of nats this year, or no change

of principal crops (except cotton). They are planning for cotton they are planning for cotton they are planning for cotton they are planning about 2 per cent below those of a year ago, partially offset these of a year ago, partially offset by some increase in the acreage expected to be cut for hay. As the acreages of winter wheat and rye harvested are likely to show some increase, the total acreage in principal crops (except cotton) indications of the cotton o

Indians to Smoke Meats
Although hickory and oak have
long been favored in meat emoking,
certain nut shells and aromatic
seeds have been preferred by primitive tribes. Semi-dry grass, that
develops a Donafre's smell, has been
for the single some seeds and the seeds
for the single flower of the seeds
for the single flower, scientists say.
The use of saltpeter in curing was
probably brought about through its
being an impurity in the salt employed, or it may be that the early
meat curers did not distinguish too
well between flavor or pure salt and
the bitter-salt rang of saltpeter The
distressors. Indians to Smoke Meats

the bitter-salt rang of saltpeter. The discovery that it preserved the red-dish tinge of meat, however, led to its use.

Early salting and curing did not provide for uniform penetration, so that the unsalted, uncolored and sour spots resulted, with which meat curers must contend.



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## Workers Escape As Horse Barn Topples at Palatine Monday

at Falatine Monday
Warned by a fellow worker, men
employed in tearing down an old
horse barn on the Dean farm in
Palatine excaped from the vicinity
a few seconds before the structure
was burled to the ground by the
high winds Monday afternoon.
The barn, 138 ft. long, is close to
The barn, 138 ft. long, is close to
The barn, 138 ft. long, is close to
or the barn last to the ground by
for many ran barn, and was used
for horses. During the heydey of
the old Cook county fair days,
many trotters and pacers were
stabled there.
A. Moldenbauer of Palatine was
reported as having purchased the
building recently and workmen
engaged by him, were tearing it
down. Built many years ago, it
contained many heavy timbers
that successfully withsold the
force of the fall Monday. Weak,
races, the barn was easily toppled
by the wind by the wind

Enot, or Sea Mile A knot, or sea mile, is 6,082.56 feet, or little more than one and one-sixteenth land mile. The statute mile is 5,280 feet.

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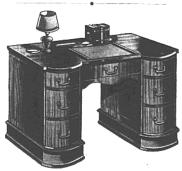
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