



DECEMBER 2013 WED WORKSHOPS

General Registration Link

<http://harpercollege-at-wed-division.eventbrite.com>

O*Net Assessments for Career Exploration

Create and save a personal profile about your interests in a hands-on, guided online session using the O*Net Interest Profiler, Work Importance Locator, Skills Assessment and Occupation Sort. Learn how to research State of Illinois databases for up-to-date information on wages, current employment and future job Outlook, and use this with your profile results for a better career match. Basic ability to use the Internet required. **Due to limited resources, participants may only register and take this workshop once!**

When: Tuesday, December 3, 2013 **Time:** 1:30 - 3:30 p.m.

Where: Arlington Heights WorkNet Center, 723 W. Algonquin Road, Arlington Heights

Cost: No cost to participants

Registration Required. No onsite registration. Registration closes Monday, December 2, 2013 at 5 p.m.

Contact: worknet@harpercollege.edu

Lighten Up, It's Only Unemployment

UNIQUE and DIFFERENT EVERY TIME!

You are more resilient than you think! This class will prove it. Lighten Up, It's Only Unemployment (LUIOU) with Richard Oberbruner refreshes your perspective through a series of spontaneous Improv exercises that wake up your whole brain. Your left brain is logically trying to find a job. Your right brain wants to generate alternative approaches. These two worlds mesh together in this serious but fun workshop.

When: Friday, December 6, 2013 **Time:** 9:30 - 11:00 a.m.

Where: Harper Professional Center, 650 Higgins Road, Schaumburg, Room 139, (Enter through Suite 9 South)

Cost: No cost to participants

Registration Required. No onsite registration. Registration closes Thursday, December 5, 2013 at 5 p.m.

Contact: Ann Garoon: agaroon@harpercollege.edu / 847.925.6439

JIST Cards for Networking

Learn how to create and use a simple tool, called a "Jist Card," to help speed up your job search by networking more effectively. Join us for a short video by employment guru Mike Farr, of JISTWORKS Publishing, and take home a workbook full of great tips, techniques and samples. **Due to limited resources, participants may only register and take this workshop once!**

When: Friday, December 6, 2013 **Time:** 1:30 - 3:30 p.m.

Where: Arlington Heights WorkNet Center, 723 W. Algonquin Road, Arlington Heights

Cost: No cost to participants

Registration Required. No onsite registration. Registration closes Thursday, December 5, 2013 at 5 p.m.

Contact: worknet@harpercollege.edu

MIDAS - Multiple Intelligences Development Assessment Scales

How well do you know yourself? Can you describe your abilities accurately and fully? Take the MIDAS™ (Multiple Intelligences Developmental Assessment Scales) and find out which of the eight intelligences are your strongest. Use this knowledge to find the best kind of work for you at this time in your life. Online format. Basic ability to use the Internet required. **Due to limited resources, participants may only register and take this workshop once!**

When: Tuesday, December 10, 2013 **Time:** 1:30 - 3:30 p.m.

Where: Arlington Heights WorkNet Center, 723 W. Algonquin Road, Arlington Heights

Cost: No cost to participants

Registration Required. No onsite registration. Registration closes Monday, December 9, 2013 at 5 p.m.

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The Winning Interview

Successful interviewing is critical to landing your next position. This session, led by Career Coach Sharon Spitzer, will cover the key principles of preparing for interviews, how to use the STAR model, behavioral questions, appropriate dress and body language, and handling the unexpected. This workshop will help increase your confidence in any interview situation.

When: Wednesday, December 11, 2013 **Time:** 10:00 - 11:30 a.m.

Where: Harper Professional Center, 650 East Higgins Road, Schaumburg, Room 122, (Enter through Suite 9 South)

Cost: No cost to participants

*Registration Required. **No onsite registration.*** Registration closes Tuesday, December 10, 2013 at 5 p.m.

Contact: Ann Garoon: agaroon@harpercollege.edu / 847.925.6439

Truck Driving Training Information Session

Looking for a way to get out from behind a desk and out onto the open road? Want to see the country, or be your own boss? Truck driving is an occupation that has among the largest numbers of openings each year! Jeffrey Clark will talk about career opportunities for truck drivers, and how the Harper College Truck Driver Training program can help you get rolling! Jeff will discuss program requirements and help you determine whether this field is for you!

When: Friday, December 13, 2013 **Time:** 1:30 - 3:30 p.m.

Where: Arlington Heights WorkNet Center, 723 W. Algonquin Road, Arlington Heights

Cost: No cost to participants

*Registration Required. **No onsite registration.*** Registration closes Thursday, December 12, 2013 at 5 p.m.

Contact: worknet@harpercollege.edu

Now Discover Your Strengths – NEW DATE!

Based on research conducted by the Gallup institute, this course helps you to answer the question, "What's Right with You?" The field of "Positive Psychology" focuses on helping ordinary people to learn the secret of the truly successful: how to operate in your areas of strength and manage your weaknesses. You will be given a code to allow you to complete the Strengthsfinder 2.0 assessment online. The results will give you new insight into who you are and what areas of strength you could offer an employer. Basic computer skills and a working email address are required. **Due to limited resources, participants may only register and take this workshop once!**

When: Monday, December 16, 2013 **Time:** 1:30 - 3:30 p.m.

Where: Arlington Heights WorkNet Center, 723 W. Algonquin Road, Arlington Heights

Cost: No cost to participants

*Registration Required. **No onsite registration.*** Registration closes Friday, December 13, 2013 at 5 p.m.

Contact: worknet@harpercollege.edu