

April 2008

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*The Spring Season
Blossoms with Events!*

**Barrington Countryside
Horse Show April 20**

**Educational Foundation
Fundraiser Delivers
Red Hot Results!**

**Art Associates
Plan Spring Tea**

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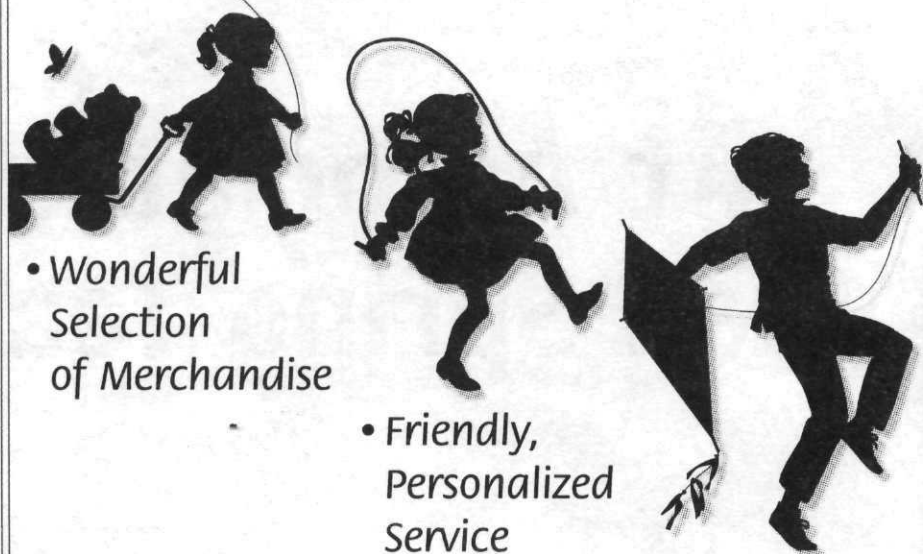
Lasers are not effective on grey, blond or red hair. Lasers are awkward and impractical to use when sculpting/shaping eyebrows and other critical areas. Laser are less effective on darker and tanned skin.

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Editor's Ink

April 2008

Dear Reader,

It's a sure sign of spring with all the local flower clubs looking forward to a new planting season and plant sales.

It's also a sure sign of spring when the Barrington/Northwest Community Associates (B/NWCA) plans its annual Spring Tea. Slated for Thursday, May 1, this season's membership tea will feature an enticing lecture by a staff member from the Art Institute of Chicago. This organization does so many interesting activities throughout the year. Do plan on attending to learn what these events are.

Looking for a fun spring outing? Mark Sunday, April 20 down on your calendar and plan to see the Barrington area horse community in action at the Barrington Countryside Park District Riding Center.

The District 220 Educational Foundation's recent Chili & Music Fest was a huge success. Over 250 attendees packed Millrose Restaurant and Brewing Company to raise funds in support of CUSD220. In addition to great fun, the night's event raised over \$37,000 to supplement learning!

Enjoy the glorious season. Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal, Editor
Lifestyles Magazines



About Our Cover

A white linen/cotton jacket tops gravel linen sharkskin "Kylie" wide-leg pants. A great look for those casual outings. Liz Claiborne Spring 2008.



Art Associates Plan Spring Tea

The snow has finally melted, the temperature is above freezing, and tulips are decorating gardens with their vibrant colors reflecting the many hues in a rainbow. It must be May and "spring" has arrived in Chicago!

Along with more pleasant weather is another very pleasant event—the Barrington/Northwest Community Associates (B/NWCA) annual Spring Tea. Thursday, May 1 is the date for this season's Membership Tea which is designed to celebrate "new beginnings" with an old-fashioned concept—afternoon tea and condiments. Guests are invited to attend and learn more about the organization while sharing with members the beautiful assortment of tasty treats and an equally enticing lecture provided by a staff member from the Art Institute of Chicago. The topic for the lecture will certainly have everyone thinking "outdoors" when Annie Morse presents "Inside/Out: Sculpture and the Art Institute." What is that big thing you drive by on your way into Chicago? Who made the wonderful "Bean" in Millennium Park? Public sculpture is part of the cultural landscape in Chicago and the city is fortunate to have works by world-renowned artists in its parks and thoroughfares. Many of these artists are also featured in the collections of the Art Institute. Morse will examine works by Joan Miro, Jean Dubuffet, Pablo Picasso, Alexander Calder and Claes Oldenburg in her virtual tour of monumental art.

Morse is a Senior Lecturer in Museum Education who has been lecturing for the Department of Education since 1996. At the Art Institute she also coordinates the annual Graduate Student Seminar and a Chicago-based artist lecture series, Artists Connect. Although her graduate thesis work was on abstract expressionism, she

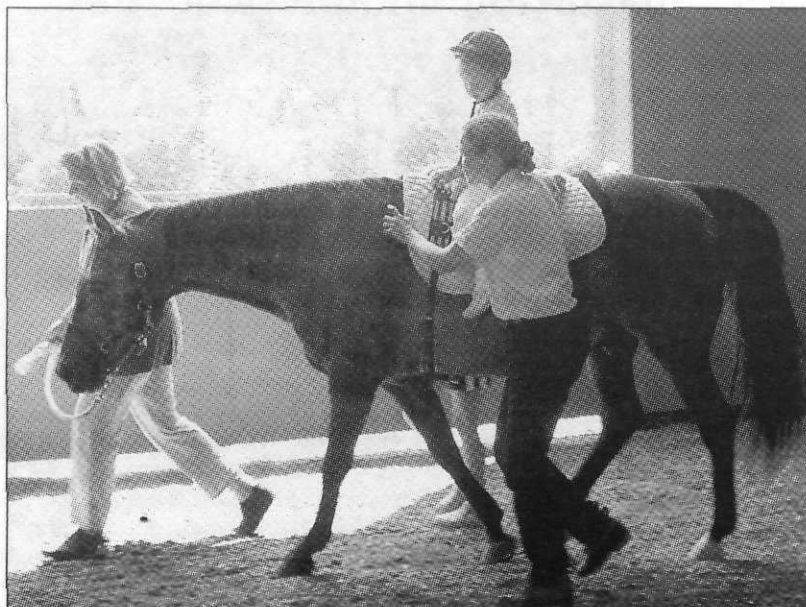


North Garden Spring 7

is equally interested in impressionism and post-impressionism, Asian art, and contemporary art. As an independent curator, she has worked with the Contemporary Arts Council, The Three Arts Club of Chicago, and the Hype Park Art Center. Her expertise and professionalism will surely guarantee a most enchanting "spring walk" through Chicago's Public gardens!

This event is for B/NWCA members, guests, and anyone interested in joining the Barrington/Northwest Community Associates of The Art Institute of Chicago. There is no fee for this program and reservations are not necessary. The event begins at 1 p.m. (tea service at 1:30 p.m.) at the Presbyterian Church of Barrington, 6 S. Brinker Road, Barrington. For additional information, contact Board Chairman Lenore Elsener, 1-847-255-9492.

Barrington Countryside Horse Show



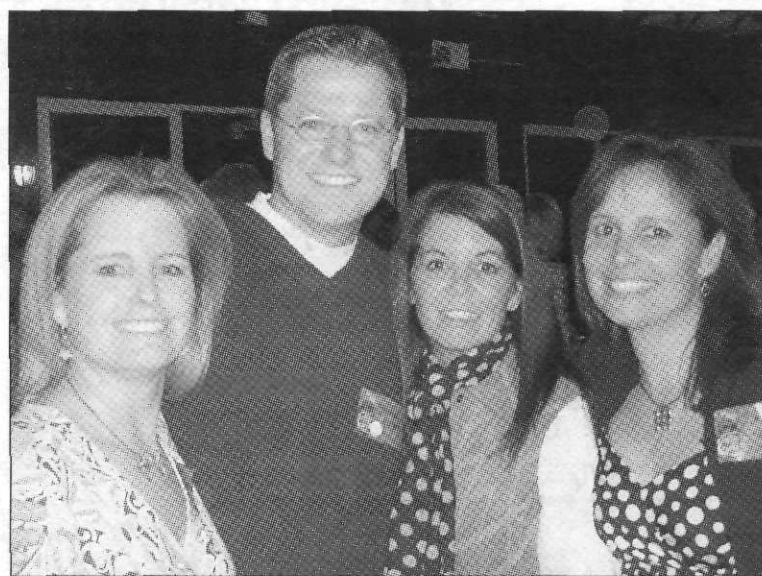
Come see the Barrington area horse community in action at the Combined Test Schooling Show!

Are you looking for a new and different way to welcome the return of spring?

The public is invited to come see the Barrington area horse community in action at a Combined Test Schooling Show at the Barrington Countryside Park District Riding Center, 361 Bateman Road, Barrington Hills, on Sunday, April 20. The show begins at 11 a.m. There will be

Dressage and Show Jumping Competition along with horsemanship demonstrations throughout the day. A Used Tack Sale will also take place. The setup and sales are to be organized by individual owners of equestrian items. Spectators are welcome and there is no cost for admittance. There are parking restrictions and dogs must be leashed. Food will be available. For more

Educational Foundation Fundraiser Delivers Red Hot Results!



Chili & Music Fest co-chairs Mimi Burke (far left) and Sheryl Frankenberg (far right) enjoy the festivities with fellow Educational Foundation trustee PattiAnn Miles and her husband Michael.

Bone-chilling weather was no match for the District 220 Educational Foundation's recent Chili & Music Fest fundraiser! On Saturday, Feb. 9, over 250 supporters of the nonprofit organization packed the Millrose Restaurant and Brewing Company in South Barrington to raise funds in support of CUSD220. The foundation's unique fundraiser was conceived as a fun and informal alternative to traditional fundraising events. The evening featured completely casual attire, a hotly-contested live auction, toe-tappin' music, and plenty of stick-to-your-ribs fare. "Our goal was to create a relaxed event that gave people a chance to support our great school district and also shake off those midwinter blues!" stated the event's co-chair, Sheryl Frankenberg. "We're already planning next year's Chili Fest!"

By night's end, over \$37,000 had been raised to support projects and grants that enhance and supplement learning in CUSD220's elementary, middle and high schools, as well as the greater community. Partial proceeds will help to fund the April 4 appearance in Barrington of author Madeline Levine, Ph.D., who will discuss her acclaimed book, *The Price of Privilege*. The evening event will be hosted by District 220's Parent Teacher Organizations and co-sponsored by the Educational Foundation. Admission is free.

The Chili & Music Fest was graciously underwritten by Catalyst Exhibits. Foundation trustees Mimi Burke and Sheryl

Frankenberg co-chaired the event; their committee included Anne Rometty, Ellen Mooney, and PattiAnn Miles. Major sponsors included: (\$1,000 Level) Barrington Bank and Trust Company, Mrs. Frederica Pederson; (\$500 Level) Jim and Cindy Flannery; Kevin and Jan Gadbois; Tim and Paula Hermann; Katherine Logue and Jonathan Nyland; James and Sue Pajakowski; Stan and Chris Pepper; Craig and Joan Young; (\$250 Level) Countryside Industries; Daniel and Meg Donoghue; Pete and Stephanie Douglas; the Georgescu Girls; Mark and Jaimee Hamilton; Dr. and Mrs. Richard A. Hogan; Jim and Gail Howard; Jensen, Jacobsen & Associates; Steve and Mary Kamps; Bob and Anne Lee; Michael and PattiAnn Miles; Richard and Roxy Pepper; Jim and Jeanne Perry; John and Leslie Roberts; Bill and Connie Schey; John and Esther Sciacotta; Kevin and Lori Shultz; Kim and Connie Simon; Richard and Michele Spinell; Edward and Jennifer Tilly; Tom and Jeannie Tisbo; and John and Mary Williams. In-Kind Donors included: Barrington Chocolate & Ice Cream Shoppe; Lorne and Mimi Burke; Buschauer Portraits & Framing; Catalyst Exhibits; Cucina Della Rosa; Kim Duchossois; Jerry Dunseith; Foster and Julie Duval; Blair and Sheryl Frankenberg; Great American Balloon Co.; IROAD Band with Rob Knapik; Charlie Knapik; Dave Parrish and Will Knight; Clyde Patterson; Michael and Carol Rolfs; RSVP's 2; Seaton Corporation; and Jon Stickney.

"It's All About The Arts" Fundraiser

The Barrington High School Fine Arts Boosters is hosting an evening of entertainment and dancing featuring Ron Bedal and his Orchestra and on Friday, April 4 at 7:30 p.m. at the Makary Memorial Golf Club in Barrington.

show and sale information, call Jessica at 1-224-627-3730.

Thank you to the Barrington Hills Riding Club for sponsoring the show in support of Walk On, Equine-Assisted Activities. Walk On provides therapeutic horseback riding for people with a broad range of disabilities and is a 501(c)(3) not-for-

profit organization. There are many volunteer opportunities for those who welcome the challenge of assisting special needs riders on specially trained horses! The Walk On facility is located in Barrington, at Cuba and Hart roads. Please call 1-847-381-4231 for more information.



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Non-Compete Agreement Unenforceable Due to Material Breach by Joette S. Doran, J.D.

Generally, a non-compete agreement provides restrictions on competing against an employer for a specific duration and geographical area. Often times a non-compete agreement is contained in an employment agreement. In order to be an enforceable, the courts generally find that the restrictions must be narrowly drafted to reasonably protect the legitimate business concerns of the employer. Courts analyze each restrictive covenant and the employment relationship independently to determine whether the non-compete provision is enforceable.

Recently, an Illinois Appellate Court



considered whether a covenant not to compete was enforceable against a former employee who held the position of physician. To determine whether the non-

A Spring Bursting With Color

This Spring is about color with impact. It's been a long time since all the primary colors—real red, true blue and very unmellow yellow—have fought for the spotlight and a place in your closet. Our Collections are electric with crafty creations from Anac vying for the spotlight with tops from Westonwear and Sweet Pea to name a few. Plus, we go beyond the realm of designers you're familiar with, to bring you exciting new creations found only at **Assemblé**.

In a season obsessed with color, one of the fresh new trends is Ombre-colors that graduate from soft to softer or bold to bolder within one garment. Our selection of tops lets you take this newest look into whatever direction works for you. Be it a ruffled chiffon tunic or cotton tee, dip into the Ombre and enjoy making the most of this fun fashion.

When it comes to pants, the choice is yours. Our silk and cotton blends in subtle shades of bronze or natural make for easy, fluid styling when paired with a great tee

from 3 Dot. The walking short should find its way into your closet this Spring to partner up with any number of our printed blouses for chic, nonchalant daylight dressing. For a clean, crisp look, a white short from Lucky Brand or pant from Billy Blues will serve you well to tone down the punch bright blouses waiting here for you.

In this season dominated by dramatic color, the understated flattery of a neutral hue becomes a relaxing oasis amidst the carnival. Soft grays and peachy tints in tops, pants and jackets will calm the soul for a demure and classic statement. Look for overlays of clear shine to complete a vintage feel.

This Spring promises to be distinctive with all manner of pattern and color, and it's meant for everyone to enjoy. Luxury in clothing today are things that feel more unique, more artsy and are only found in selected stores. Come enjoy—we're here to help.

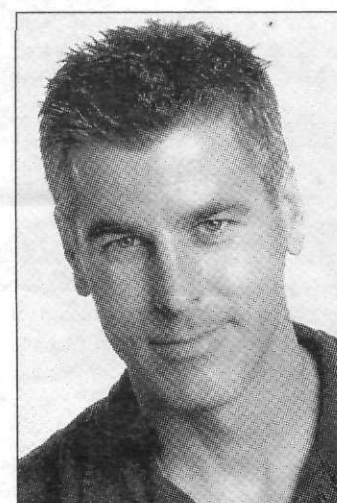
See ya soon!

For the Latest in Hair Fashion

The team at **Elevation Salon** is excited to share all that we have learned at the World's Beauty Show. One of the world's largest beauty shows came to Chicago this March and the whole **Elevation Salon** team had fun learning the most current trends in coloring, cutting, styling and products, so that we can keep you up to date and looking your best.

So stop in **Elevation Salon** and allow one of our experienced stylists share our fun new products, colors and ideas with you!

Elevation Salon is conveniently located one block west of Kelsey Road on Northwest Highway in Lake Barrington. Call **1-847-304-5970** for an appointment.



Barrington Station Middle School's Production of *High School Musical*

Disney's *High School Musical* will be performed at Station Middle School on April 24, 25th and 26th at 7 p.m. and April 27 at 2 p.m. More than 100 Station Middle School students are involved. The ticket

price is \$10 for adults and \$7 for students and seniors. Seniors are free on Sunday.

For more details, please contact Amy Runyon at arunyon@cusd220.org or 1-847-842-3687.

competent agreement was enforceable the court examined the employer's compliance with the terms of the employment agreement which contained a non-compete agreement. In so doing, the court found that physician-owned corporation was not entitled to enforce the non-compete agreement prohibiting the former employee from practicing medicine within 10 miles of the employer's office, because the court found that employer materially breached the terms of the agreement. The court stated that a breach of a contract can operate to discharge the duties of a covenant not to compete where the breach is material. In this case the court found that the employer breached contract by: (1) attempting to unilaterally change provisions of the agreement; (2) allowing the corporation to be temporarily dissolved in violation of agreement; and (3) failing to provide medical and malpractice insurance as agreed in contract. As such, the

court found the breach of the terms of the employment agreement to be material and therefore refused to enforce the non-compete agreement. Accordingly, careful consideration should be given to compliance with the terms of an employment agreement when determining if the non-compete provision is enforceable. For additional employment information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the National Employment Lawyers Association.

Turn Your Garden into a Gallery with Yard Art

Always looking for new ways to bring art to the world, **Woodland Art Gallery** is like a breath of fresh air this spring as owner Scott Teasdale welcomes **ceramic artist Lynn Rushing** and her fanciful mushrooms to the gallery's collection of limited-edition prints, originals and antiques.

Handcrafted and one-of-a-kind, Rushing's mushrooms are high-fired for a garden accent piece that will certainly add a touch of whimsy to your flower beds. No two-alike mushroom ceramics by Rushing range in size from approximately 10-inches to 24-inches tall, and prices start at about \$60.

Woodland Art Gallery has also unveiled several new pieces from world-renowned wildlife artist **Robert Bateman**. One sure to be a favorite is *Manor House* — *Wren and Roses*, a limited-edition, signed-and-numbered work that was inspired by a visit to Scotland where he enjoyed a delightful stay.

Woodland Art Gallery is one of the largest dealers of works by Robert Bateman in the Midwest. The gallery specializes in out-of-print works by the artist, as well.

With the area's most-distinctive collection of original and limited edition artwork by the world's most-collected artists, **Woodland Art Gallery** displays dozens of limited-edition prints, beautifully matted and framed, to assist you selecting a work that perfectly suits your gift-giving



needs and your budget. The gallery also specializes in fine antiques and collectibles including furniture, lighting, glassware and Middle Eastern textiles.

Select from the world's most-collected artists at **Woodland Art Gallery** including Carl Brenders, Greg Olsen, Don Hatfield, Thomas Kinkade, Jim Daley, Pino, Terry Redlin, Owen Gromme, John Seerey-Lester, Jeanne Bonine, Bev Doolittle, Terry Issac, Peter Ellenshaw, Nita Engle, David Maass, David Armstrong, and many others. Limited-edition photographs by Thea Shrack are also available as well as repligraphs by masters such as van Gogh, Monet, and Rembrandt. Museum mounting, custom matting and framing are a standard service of the gallery.

Located at 44 Brink St. in downtown Crystal Lake, **Woodland Art Gallery and Frame Shoppe** is open Monday through Friday 9:30 a.m. to 5 p.m., Saturday 9:30 a.m. to 3 p.m. Phone **1-815-459-0460**.

A Window into the World of Robert Bateman



MANOR HOUSE - WREN AND ROSES © Robert Bateman
Signed & numbered. Limited edition.

Woodland Art Gallery and Frame Shoppe Est. 1980

44 Brink Street - Downtown Crystal Lake

815-459-0460

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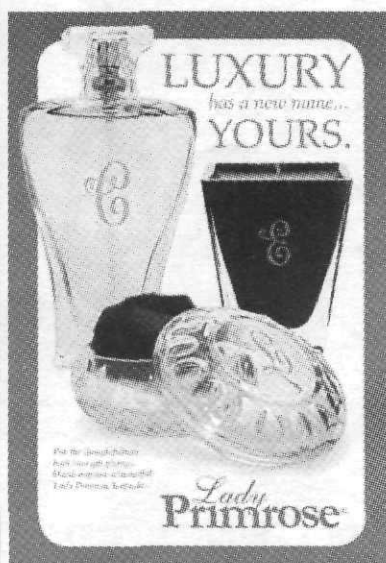


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With an impeccable reputation for producing the finest products in luxurious bath gels, salts, dusting powders and rich lotions, and presented in elegant reusable containers, Lady Primrose has long established itself in the finest four & five star hotels throughout the world. The Barrington Home Shoppe is thrilled to be hosting Barrington's First Lady Primrose Engraving Event!

For one day only, Lady Primrose will accept orders for custom initial engraving on their visually stunning collection of crystal & glass decanters & containers filled with powders, lotions, gels and salts. A perfect gift for Mother's Day!

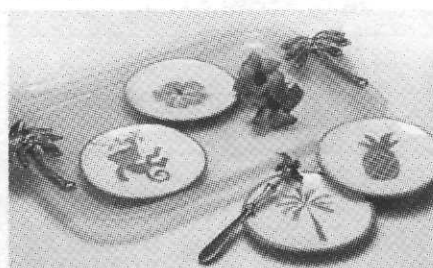
Setting the standard in quality, Lady Primrose products are vegan based, eco friendly and created with no animal testing. While quantities last, the Barrington Home Shoppe will be giving away free samples of their hand renewal hydra cream, perfect for those whose skin sensitivities to fragrances.



MARIPOSA TRUNK SHOW!

Showcasing the brightest & most beautiful collection ever, The Barrington Home Shoppe's Spring Mariposa Trunk Show features everything new for spring, summer, graduation and bridal celebrations.

Handcrafted in aluminum and polished to brilliance, a piece of Mariposa can transform a simple setting into a fantastic tablescape. Need creative ideas for entertaining? Stop by and sample our quick gourmet appetizers served up in our Mariposa "Girls Day Out" collection! Best yet, during our trunk show only, the Barrington Home Shoppe will present a special Mariposa gift with every trunk show purchase!



In addition to our fantastic trunk shows, our gal pal celebration will include special guests including artists, gourmet samplings and our brand new Barrington Collection perfect for graduation parties!



Goat Cheese and Pesto Torta (Servings: 8-10)

Ingredients:

- 2 - 5.3 oz. Soft goats milk cheese
- 1 - 8 oz. jar of Stonewall Kitchen Basil Pesto
- 1/2 cup oil packed sun dried tomatoes, drained and chopped
- 1/4 cup toasted pine nuts*
- 1/4 cup shredded or grated Parmesan cheese

Directions: Preheat oven to 350 degrees F. In a 24 ounce baking dish spread the goat cheese. Then layer the Stonewall Kitchen Basil Pesto, chopped sun dried tomatoes, pine nuts, ending with Parmesan cheese. Bake for approximately 20 minutes, until the dip bubbles.

Serve with French bread toasts or crackers.

Barrington Home Shoppe at the Ice House Mall

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Call now to reserve your gift today! (limited quantities available)
(847) 304-9627 and let us know, after this winter, you need a GIRLS DAY OUT!



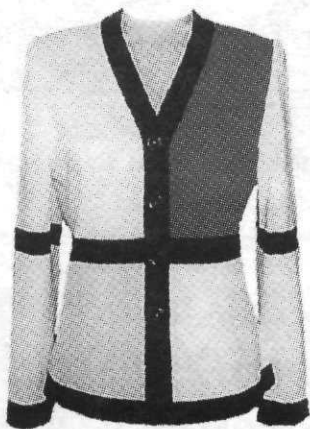
April @ Peter Daniel

We can't believe it's April! It's the start of spring weather, spring weddings and time to change our wardrobes. Our store is full of great tees, colorful, layering pieces and, of course, wonderful, unique jackets. This is also a season of neutrals, so even if you love color, be sure to indulge yourself in a sophisticated neutral outfit.

Mark your calendar for our semi-annual **JSS Knits Trunk Show**—**April 10, 11th and 12th**. If you haven't had a knit from JSS, you don't know what you are missing. These gorgeous knits can be ordered in an array of beautiful colors with interesting details and made to order just for you.

Hope to see you at the Gal Pal Luncheon and Fashion Show April 17!

A Reminder!



JSS Knits Trunk Show

Thursday through Saturday
April 10th through April 12th
10:00 am - 5:00 pm

Exquisite knits for every occasion.
Choose your size, style and color and have a beautiful ensemble made just for you.

Call with questions: 847-382-6676

Gal Pal Luncheon & Fashion Show —Benefit for Breast Cancer Research at the Ice House Mall & Village Shops

Grab a gal pal or two and join us for our third annual **Gal Pal Luncheon and Fashion Show**, "A Fresh Look for Spring," **Benefit for Breast Cancer Research**, on **Thursday, April 17 from 11 a.m. to 2 p.m.** at the **Ice House Mall & Village Shops**.

Gal Pal attendees will be treated to a wonderful lunch at **Chessie's Restaurant** followed by our "Fresh Look for Spring" **fashion show** hosted by Peter Daniel, Savvy Spirit & Casual, Tommy-Terri, Barrington Home Shoppe, The Sanctuary Salon & Spa, Travel House, and Chessie's Restaurant. Attendees will meet Dr. Tracy Flegge, who will speak about "Keeping Fit for Life." An array of desserts will be served by Barrington Chocolate & Ice Cream Shoppe and Chessie's Restaurant. All attendees will receive a Gal Pal gift bag filled with gifts from the Ice House Mall shops, Fresh Flower Market, Barrington Chocolate & Ice Cream Shoppe, and the American Cancer Society. Attendees will have an opportunity to enter and win Gal Pal prizes from the shops of the Ice House Mall, Fresh Flower Market and Barrington Chocolate & Ice Cream Shoppe (no purchase necessary). A portion of all proceeds from this event will be donated to the American Cancer Society for Breast Cancer Research.

For ticket reservations, please call

Travel House at 1-847-381-0600. Join us in winning the fight against breast cancer and bringing hope to those in need.

Get ready to shop for a fresh look this spring and summer at our **16 unique shops of the Ice House Mall**. We have everything you need to create a new you! We are a one-of-a-kind shopping center where you can **eat, drink, shop and pamper yourself all day!** The Ice House Mall has just what you are looking for in the latest fashion apparel and accessories for spring and summer vacations for men and women at **Peter Daniel**. Savvy casual weekend and vacation wear can be found at **Savvy Spirit & Casual**. **Zinnia's** is all the rage with its trendy and hip clothes for women and teens. You won't want to miss the latest in home furnishings and gifts at the new **Barrington Home Shoppe**. **Soak**, has an array of handmade soaps, bath salts, sugar scrubs in delicious scents and shapes for spring and summer. One-of-a-kind jewelry can be found at **once in a blue moon**. Handmade journals, artistic greeting cards and more are waiting for you at **TT Patton**. Original paintings by local artists can be found at **Tina Han Gallery**. **The Sanctuary Salon & Spa** has everything you need from a full-service salon and day spa including gift certificates, to pamper yourself and get ready

(Please continue on page 8)

You're Invited

What to Wear?



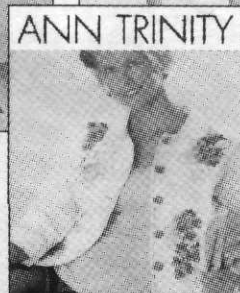
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Thurs 9:30am-7:00pm
Sun Noon-4:00pm

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Gal Pal Luncheon and Fashion Show

*Benefit for Breast Cancer Research &
The American Cancer Society*

**Thursday, April 17
Luncheon & Fashion Show
11:00am - 2:00pm**



Attendees will be treated to a delicious lunch at Chessie's Restaurant followed by our "Fresh Look for Spring" fashion show. Hosted by Peter Daniel, Savvy Spirit & Casual, Tommy-Terri, The Sanctuary Salon & Spa, The Travel House, Barrington Home Shoppe and Chessie's Restaurant. All attendees will receive a Gal Pal gift bag and a chance to win a Gal Pal prize.

Tickets are \$35.00 each. Purchase tickets by calling The Travel House at 847-381-0600 by April 10th. Space is limited.

Florals donated by



Fresh Flower Market

Chocolate donated by

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& Ice Cream Shoppe



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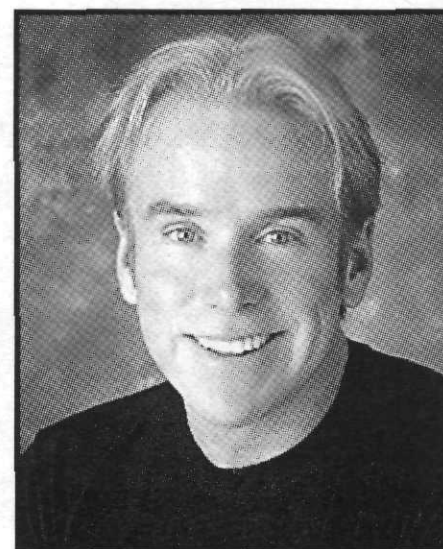
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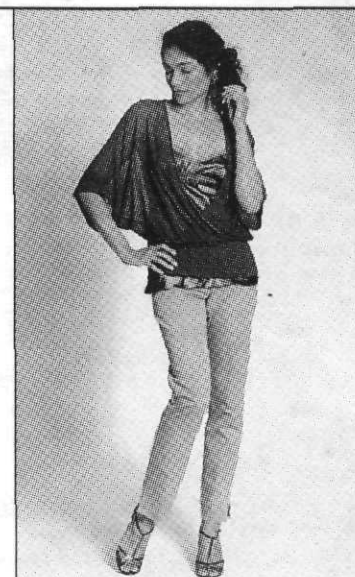
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Ice House Mall & Village Shops

(Continued from page 7)

for spring and summer. **Tommy-Terri** has the latest in children's apparel and features communion dresses for your special day. **Young Tootsies** offers the best in children's casual and dress shoes for spring including Communion shoes. **Learning Express Toys** has the newest and latest trends in toys, crafts and more and is always happy to assist you in choosing the perfect birthday gift. **Girl Scout Express** is your full-service Girl Scout store. **AG Edwards** offers investment advice and assistance. The renowned **Chessie's Restaurant** always features award-winning lunch and dinner specials, and **Travel House** is a full-service agency that can as-

sist you with all your vacation plans. Mall gift certificates are always available and make the perfect gift for you're for any occasion.

The Ice House Mall & Village Shops is located in Downtown Barrington off of Lake Cook Road/Main Street at 200 Applebee Street (next to the Jewel Shopping Center). Mall Hours are Monday through Saturday 9:30 a.m. to 5:30 p.m., Thursday 9:30 a.m. to 7 p.m., and Sunday noon to 4 p.m. For more information about our unique, one-of-a-kind shopping destination, please call **1-847-381-6661** or visit us on the Web at www.icehousemall.com.

CFC 12th Annual Native Plant, Shrub and Tree Sale

Citizens for Conservation will hold its 12th Annual Native Plant, Shrub and Tree Sale on Saturday, May 3 from 9 a.m. to noon. The sale will be held at CFC's headquarters, 459 W. Highway 22, in Lake Barrington, the white farmhouse with a silo across from Good Shepherd Hospital. A huge selection of robust, hardy native plants will be available. For additional information, phone 1-847-382-7283.

Peggy Simonsen (pictured, left) and Patsy Mortimer are among many Citizens for Conservation members who will be available to help shoppers.

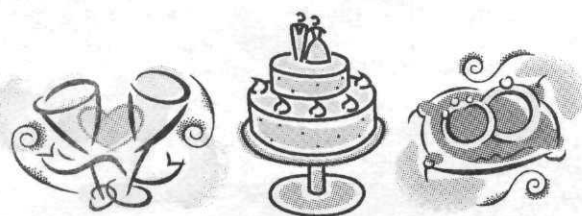


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Little Shop of Papers, Ltd. is located at 740 W. Northwest Highway in The Foundry, Barrington. 1-847-382-7733.



cody & carl's blvd. hosts its third annual canine wedding for charity

Pup-Lorette Contest: Shih-tzu Hope is seeking a worthy canine pup-mate for this June 2008 canine pup-tials.

Requirements: What Hope will be looking for is a canine that enjoys long walks, squeaky toys, afternoon naps and must be open to share treats with her!

Submit: A photo and brief description about your handsome pup, including his breed, size and why Hope should pick your loving canine as her groom for a day.

Drop off or Mail to: cody & carl's blvd., 756D W. Northwest Hwy., The Foundry of Barrington, Barrington, IL 60010. 1-847-304-7140 • codyandcarlsblvd.net

Let There Be Light

The Herman and Barbara Bender Collection of Early Lighting Devices

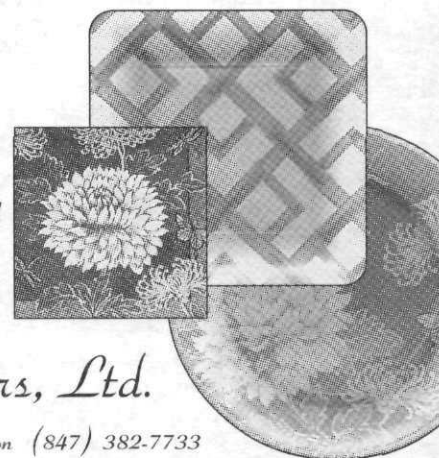
In the fall of 1978, Herman and Barbara Bender went to a house sale advertising antiques. Looking for nothing more than spoons for a newly acquired antique Pennsylvania German (Dutch) spoon rack, they left that Saturday afternoon much poorer than when they walked in to the house, but had made a deal to buy an entire antique lighting and lamp collection. The collection had been built over a two-decade period beginning in the late 1930s by William and Carol (Candlish) Sanders. The Sanders collection consisted of approximately 75 early lighting devices ranging from an ancient Mesopotamian/Sumerian oil lamp which was between 3500 and 5000 years old to a miniature kerosene lamp ca. 1880.

The bulk of the collection was made up of lamps, lanterns and lighting devices that dated from the early 17th to mid-19th centuries. The lamps and other lighting devices represent technology and innovations before the invention of the modern electric or incandescent lamp. Most of the lamps are pre-kerosene. They were made of fired clay or glazed ceramic, iron, wood, tin, brass, pewter, copper and glass. There

are a number of early iron lamps, many of which were likely manufactured in the budding colonies during the 17th century or brought here from Europe. These same lamps would have been seen in households during the early colonial period in places like Jamestown and Plymouth. Most lamps burned fat or oil and many used candles, but candles were usually expensive unless you made your own. As whale oil became cheaper, it became one of the fuels of choice as it did not emit the smoke and stench of burning fat. Whale oil lamps generally date to the late 18th and 19th centuries and there are examples in brass, tin and of course, glass. Glass lamps came into vogue with the technology of blown mold and pressed glass. The glass blowing technology was part of the manufacturing technology needed when Edison invented the incandescent lamp. It was a vital step needed for the first time in human history when the night was lighted not by an open flame, but rather a glowing filament. We are now entering our third generation of electric lighting with the advent of LEDs, which are actually semiconductors and emit light based on

Festive & Fun Tableware

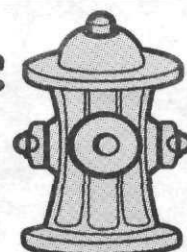
All new tableware for your early spring entertaining—glorious colors to brighten the gloomiest day! Whimsical yet stylish designs are perfect for special parties and celebrations. See the new crop of invitations that will inspire some wonderful parties for the new season. There's so much to choose from at...



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The Pup-Lorette:
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what it takes to wed
Shih-tzu Hope?

Clearbrook's Shining Star Ball Celebrates 20th Anniversary

Black-Tie Gala to Raise Funds for Individuals with Developmental Challenges

A dazzling crowd of Chicago's elite will mix and mingle at the elegant Four Season Hotel Chicago (120 E. Delaware Place) for the 20th Annual Shining Star Ball. This black-tie gala will be held on Friday, April 25 to an expected crowd of more than 400 people. Founding members of the Shining Star Ball committee, Mrs. Andrew J. McKenna and Mrs. Gordon I. Segal, will be honored at the stellar event. Mother-daughter duo Christine and Samantha Scholl of Golf, will serve as this year's event co-chairs.

Proceeds from the evening are designated to the Clearbrook Clinic, created several years ago through funds raised from previous Shining Star Balls. Last year, the clinic provided more than 20,000 hours of services to individuals with developmen-

tal challenges in the areas of occupational, physical, speech and language therapies, along with counseling, behavioral supports and psychological consultations.

This \$500-per-person, black-tie gala begins with cocktails and a silent auction at 7 p.m., followed by dinner and a live auction at 8 p.m. Wonderful auction items include trips to Europe and other destinations courtesy of American Airlines. Music will be provided by The Roy Vombrack Orchestra and will continue until midnight.

To reserve your tickets to this celebratory evening or for further information, please call the Shining Star Ball hot line at 1-312-553-2000. For more information about Clearbrook, please visit clearbrook.org.

quantum physics.

What the viewer of this display will come away with is how radical the electric light bulb actually was, especially when he or she can make a side-by-side comparison with the Sumerian lamp, a 1st-century Greco-Roman lamp, an 11th-century Persian lamp and a mid-19th-century Pennsylvania German (Dutch) spout lamp. They all operate on exactly the same principle with form limited by function. Another interesting juxtaposition

can be made by comparing two four-sided lamp basins that burned fat or oil, one from the Libyan desert dating to approximately 1500 B.C. or 3,500 years old, the other an iron lamp from the 17th century, approximately 350 years old. The design of each is identical!

The Bender collection, "Let There Be Light," of early lamps and lighting devices will be on display at the Barrington Area Historical Society now through the end of May.

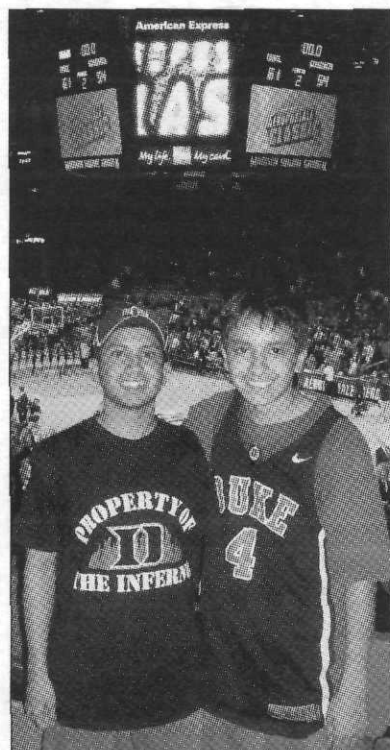
Crystal Lake Family Excels at Elgin Academy

When Crystal Lake residents Faheem Uraizee, a physician at Advocate Good Shepherd Hospital; and his wife, Sabiha, were moving to Crystal Lake from Toledo, Ohio, in 1995, they asked the headmaster at their sons' school for recommendations of good private schools in the Chicago area. Among the only three recommendations they received was one for Elgin Academy.

They visited the Academy and were impressed by the "warm, family feeling" and the school's teachers and facilities. During Faheem's job interview at Advocate Good Shepherd Hospital, he asked several people about Elgin Academy and they all responded that its local reputation was one of a challenging institution with high academic standards.

Their son, Imran, who was 8 years old at the time, enrolled as a second grader and their younger son, Irfan, enrolled later in Lower School at the Academy. Today, Imran is a junior at Duke University in Durham, N.C., where he is consistently on the dean's list, a biology major and aspiring to be a doctor. Irfan is a freshman in Elgin Academy's Upper School.

"Some people thought that commuting from Crystal Lake to Elgin would be difficult, but it was not at all," said Sabiha. "In the early years, we took advantage of the optional bus service that the Academy offers. The last several years we carpooled with three or four other families, so we only drove one-third to one-fourth of the time. The Academy offers a useful service of matching families living in geographi-



Elgin Academy graduate, Imran Uraizee (left), now a student at Duke University, and his brother, Irfan, an Elgin Academy student, take a break from watching a Duke basketball game.

cal proximity for car pooling purposes."

Elgin Academy is a preschool through grade 12 college-preparatory school of approximately 500 students. It draws students from throughout the northwest suburbs, with more than a third of its student body coming from the Barrington,

Crystal Lake and Cary areas. Although the commute to school wasn't difficult, the family says that they would have driven twice as far to take advantage of all the personalized instruction and extracurricular activities Elgin Academy offered them.

"Whenever we ask the boys to tell us which teachers were their favorites, we get an answer that contains almost all the teachers they had at the Academy," said Faheem. "I think this is a testimony to the dedicated faculty at Elgin Academy."

In addition to his academic work, Imran played middle school basketball for Elgin Academy. The basketball program is under the direction of Everett Stephens, a physical education teacher and a former player for the Milwaukee Bucks and the Indiana Pacers. Imran also was a member of the cross country team, a tour guide for prospective students and families, a member of the Elgin Academy Team at Model United Nations and Worldwide Youth in Science and Engineering, competitions where the Academy placed third at the state level out of more than a hundred schools across Illinois. The Academy also offered Imran the opportunity to participate in extensive community activities, including serving weekly breakfasts to the homeless through PAD and service trips to remote areas of Kentucky.

When Imran graduated from Elgin Academy in 2005, he received the Ora Pelton Award, the Academy's highest honor given to a graduating senior for his high academic achievement, character and citizenship. Imran chose to attend Duke Univer-

sity after evaluating admission offers from a variety of top universities, including Yale, Stanford, Northwestern, Washington University in St. Louis, Emory University Scholars Program Semifinalist and University of Michigan Honors Program. At Duke, Imran has been a Howard Hughes Summer Research Fellow and is pursuing undergraduate research in Human Aspergillus Infections.

Imran's brother, Irfan, has enjoyed his Lower and Middle School at the Academy and is looking forward to success in Upper School. Irfan enjoyed a special Mathcounts program and competition in middle school, is a recipient of the Elgin Academy Merit Scholarship and is on the Academy's cross country team. He enjoys volunteering at PADS with his Academy colleagues and is looking forward to an upcoming service trip with fellow students to the Dominican Republic where he will help children living in an orphanage.

"We would highly recommend Elgin Academy to all families and urge them to take a look at the innumerable advantages that a private education offers," said Faheem. "We think that the personal attention and individualized learning plans, the academic challenge and study habits given to our sons, as well as the values and morals taught, such as respect for all and protection of the environment, are all strong reasons to attend Elgin Academy."

"The faculty and families all know and understand the value and importance of a college education and know what it takes to prepare children for future challenges."

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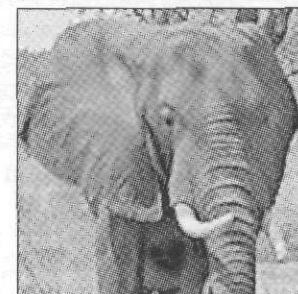
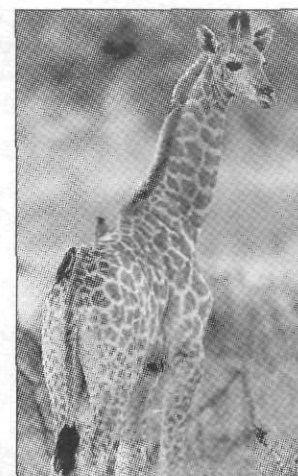
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Barrington Children's Choir Presents Its 2008 Spring Concert—"A Wonderful World"

The Barrington Children's Choir (BBC) will present its annual spring concert, "A Wonderful World," on Sunday, June 1, 2 p.m., at Lake Zurich High School's Performing Arts Center. Tickets are \$17 for adults, \$12 for senior and students, and \$22 for preferred seating. For advanced ticket purchases, please call 1-847-381-6607.

This year's concert will feature classical and contemporary songs from around the world, all sung in native languages. Performances will feature BCC's four choirs: Chamber and Bel Canto choirs under the direction of Peggy Crawford, the Intermediate Ensemble directed by Chris Shelton, and the Noel Choir directed by Becky Clark.

Founded in 1986, the Barrington Children's Choir is a select group of approximately 130 auditioned young voices in second through 12th grade from suburban Chicago. It was the vision of our founding artistic director, Peggy Crawford, to unite the purity and simplicity of children's voices with the finest in concepts of music learning and artistic performance. The choirs are instructed in diverse and extensive American and multicultural repertoire including folk, classical, renaissance, and contemporary music in native languages.

In addition to this spring concert, the Barrington Children's Choir puts on numerous performances throughout the year



ACDS participants from the Barrington Children's Choir are (from left) Elsa George, Amelia Ashley, Allison Tomal, Peter Chung (in back), Hayley Gray and Taylor Moran.

and tours both nationally and internationally. BCC recently had the privilege of having several of its choristers perform in the American Choral Directors Association (ACDS) Central Division 2008 Elementary Honor Choir. Notable upcoming concerts include the Chamber Choir performing at the Pacific Rim Children's Chorus Festival in Hawaii on July 15 through 23rd, and the Intermediate Ensemble Choir performing at the Mackinac Island Lilac Festival on June 13 through 16th.

For more information or to download a ticket order from their Web site, visit www.barringtonchildrenschoir.org.

Sorority Makes Sensory Blankets



Delta Gamma alumnae from Chicago's Northwest Suburbs met recently to make sensory blankets for students at Kirk School in Palatine. Pictured (from left) are

George Ann Kahoun, Pat Landes, Maggie Davis, Marie Gilbert, Deby Baker, Jane Burnham, Deb Hallman, Donna Nachtsheim and Sue Oefelein.

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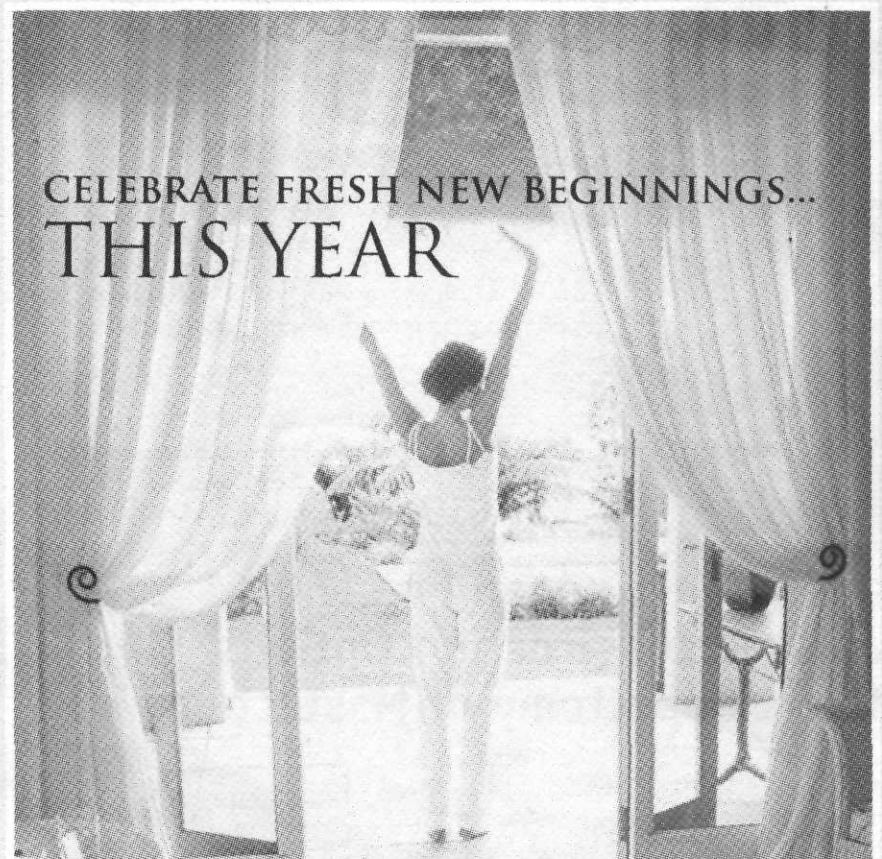
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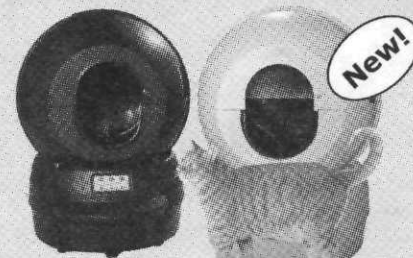
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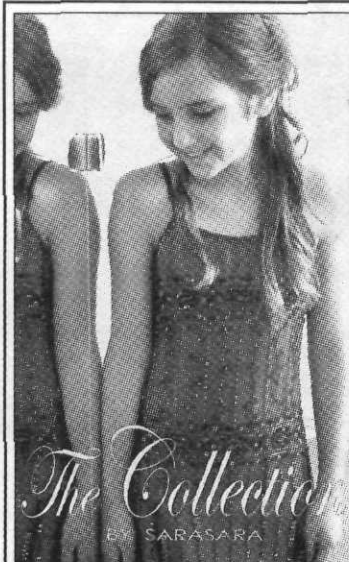


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Barrington Surgeon Presents Breast Reconstruction Options After Lumpectomy or Mastectomy

Wellness Place, a Palatine-based cancer resource center at 1619 W. Colonial Parkway, presents two spotlight programs for women this month. Both programs, supported by a grant from the Chicagoland Affiliate of the Susan G. Komen Breast Cancer Foundation Inc., are open to the community and offered at no cost. Pre-registration is required by calling 1-847-221-2400.

On Thursday, April 10, from 6:30 to 8 p.m., plastic and reconstructive surgeon, certified through the American Board of Plastic Surgery, Christopher Pelletiere, M.D., ASPS, will present "Breast Reconstruction Options After Lumpectomy or Mastectomy." Dr. Pelletiere's discussion will include different techniques, options, risks, results, timing of surgeries, and what works best for each person. In addition to his shared private practice, Barrington Plastic Surgery Ltd., Pelletiere is a staff member at Northwest Community Hospital, St. Alexius Medical Center and Advocate Good Shepherd Hospital.

The second spotlight program, "The Art of Dance," encourages women who have experienced cancer to join in an evening of belly dancing on Thursday, April 24, from 6:30 to 8 p.m. A centuries-old art form which benefits both the mind and the body, belly dancing encourages freedom of expression, creativity of move-

ment, gentle stretching and increased energy.

Visit wellnessplace.org or call 1-847-221-2400 for a complete listing of Wellness Place programs and services throughout the month of April. Wellness Place provides professional, cancer-related counseling and services—at no cost to participants—to enhance the lives of people living with cancer, their families and friends. The privately funded not-for-profit organization serves 60 communities in the northwest suburbs of Cook County, and parts of McHenry, Lake and Kane counties.



Christopher Pelletiere, M.D., ASPS, will present "Breast Reconstruction Options After Lumpectomy or Mastectomy."

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Real Men DO Drink Tea ...and Champagne!

While enjoying a Barrington Lyric High Tea at the Garlands of Barrington on Sunday, Feb. 17, Maestro Alan Heatherington, music director for Chicago Master Singers, Ars Viva, and the Lake Forest Symphony, shared entertaining and interesting behind-the-scenes vignettes on how a musical program is developed and produced.



Pictured with Maestro Alan Heatherington (center) are Barrington Lyric Chapter members Pat Mead (left) and Janet Lareau of Barrington.



Barrington Lyric Chapter members pictured with Maestro Alan Heatherington (center) include (from left) Past President Howard Robins of Arlington Heights, holding bottle of champagne; Fred Nearing of North Barrington; Walter Ahern of Inverness; 1st Vice President George Obermaier of Schaumburg; Romeo Mura and Fritz Fredrickson, ready to pour a cup of tea, both of Lake Barrington.



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Chers Amis...

Amidst the multitude of choices you have when it comes to picking a restaurant for your outing, we truly appreciate the support you've been showing **D & J**. But sometimes we sit down and ask ourselves the question, "Why?" What is it that brings you back to **D & J**? The atmosphere? The guarantee of fresh ingredients? The extensive menu featuring seasonal items? Chef Masato's creativity? Stephane's conviviality? Dominique's (bad) humor? The obvious value of the food or the well-priced wines? We've heard it all at one time or another; we've had a couple unsatisfied customers too along our 20 years, yet all in all it is definitely positive, so thank you! We will keep you interested, I promise.

On this note... April will feature **roasted leg of spring lamb**, our "true bistro dish" of the month.... Michigan asparagus and New England fiddlehead ferns are among possibilities from Mother Nature, not to forget Lake Superior smelts.

Also worth mentioning is the date of our **18th annual "Wheels and Meal"**, a gathering of man and machine (cars) on **Sunday, June 8...** bring your collectible, sport or classic car for an afternoon of fun, followed by a little "show & tell," ending around a good meal at... you guessed it —**D & J**. Registration is mandatory; don't miss this popular event.

À bientôt,

—Dominique, Stephane

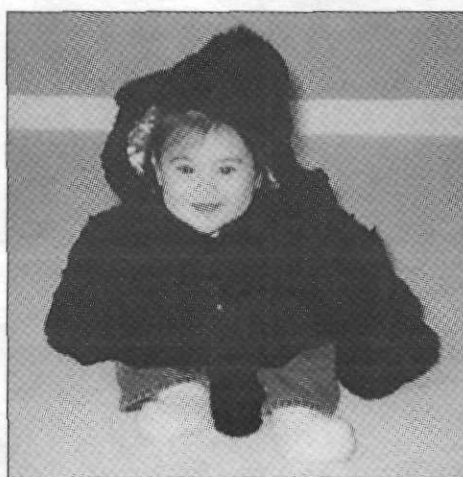
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wonderful time to think layaway for the following winter at today's prices.

Shari says, "Bring in your coat soon. Both you and your garment will be glad you did. It's worth the ride!"

TOCO's Spring Luncheon

Town & Country-ites (TOCO's) of Barrington is celebrating their 40th anniversary with a spring luncheon on April 30 to be held at the Barrington Country Bistro restaurant in The Foundry at Hart Road and Northwest Highway, Barrington. A social hour will begin at 11:30 a.m. and lunch will be served at 12:30 p.m. Your choice of a cobb salad, chicken and vegetable pot pie, or crab cakes and ravioli, will be served with a decadent trio of desserts. The cost of the luncheon is \$22 and

checks can be made out to TOCO's and sent to: Harriett Fehns, 114 Grove Lane, Barrington, IL 60010, for your reservation. For further information, you may call Harriett at 1-847-381-6114.

They are encouraging all former officers and members to join them in celebrating their 40th anniversary. Come and join in the fun of seeing pictures from the past and sharing the many stories of our TOCO's meetings. Come one, come all—everyone is invited.

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BACOA Senior Activity and Lunch Programs for April

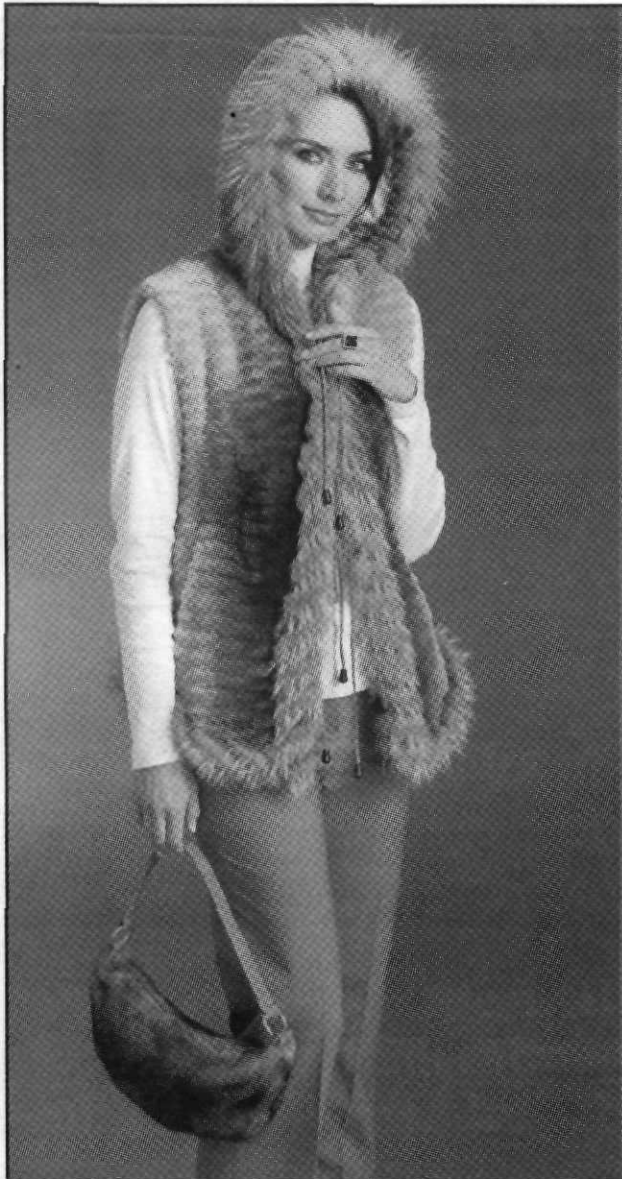
The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Doors open at 10:30 a.m.; games begin at 11 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3.50. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call BACOA at 1-847-381-5030.

- Monday, April 7—Games and lunch.
- Monday, April 14—Games and lunch.

• Monday, April 21—Games and lunch. Mary Hartje, outreach coordinator at Plum Grove of Palatine, will present a program on organizing your life, your home, and yourself.

• Monday, April 28—Games and lunch. April is National Volunteer Month. Lyn Kearns, director of volunteer services at the Retired Senior Volunteers Program, sponsored by the Volunteer Center of Northwest Suburban Chicago, will present a program on volunteering. April birthdays will be celebrated, and blood pressures will be taken by Diane Vos Hansen, social service coordinator at BACOA.



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Dermatologist Comes Home

Jeffrey Berti, M.D., a board-certified dermatologist for nearly 10 years has re-established a dermatology practice in **South Barrington**. "I am very excited to be back in the area where my early career began," Dr. Berti exclaims with obvious affection, "not necessarily for me but for the hundreds of patients that would travel to my Willowbrook office." In 2003, Dr. Berti made what many physicians consider one of the most significant decisions of their career—to start a practice on his own. Dr. Berti exclaimed, "I said to myself, it's now or never." He jumped in feet first, and, with his spouse and business partner **Toula Berti, M.D.**, has developed one of the fastest-growing dermatology practices in the Western Suburbs.

Dr. Jeffrey Berti never lost sight of his patients in the Northwest Suburbs, and many never lost sight of him. "Every week there is a reunion of some sort, [followed by] *when are you coming back?*" Well, both Drs. Berti are pleased to be able to dedicate significant office time to the Northwest Suburb community beginning in early May. The practice is designed to serve the entire community—men, women and children and it is a participating provider for *nearly every PPO insurance plan in the state of Illinois*.

He reminds us of his *Mayo Clinic training*, and how he has modeled his practice after the philosophy of that prestigious institution. "Dermatologists are the primary care physicians of the skin," states Dr. Jeffrey Berti, "and this is our approach." Acne, warts, eczema, moles, skin cancer

evaluation, psoriasis and narrow-band UVB psoriasis treatment are some of the more common reasons to visit a medical skin care specialist. "We are especially proud to offer *narrow-band UVB treatment for psoriasis* and similar skin disorders," mentions Dr. Jeffrey Berti, "because this has not been widely available in the Northwest Suburbs."

Lasers, liposuction, vein treatment and cosmetic skin restoration are a large part of the practice admits Dr. Jeffrey Berti, but "my patient relationships begin with medical dermatology." Dr. Jeffrey Berti elaborated by stating that his cosmetic patients nearly always come from medical encounters with "moms, dads, family and friends" who develop a mutual respect and trust in dermatology and the practice. "This is how I would choose my dermatologist so I expect nothing less for my patients."

So for comprehensive, professional skin care, the staff at **Dermatology & Dermatologic Surgery, Ltd.** would be delighted to schedule an appointment. **Drs. Jeffrey and Toula Berti** are participating providers with nearly every PPO insurance plan in Illinois including Blue Cross/Blue Shield, Aetna, Cigna, Humana, Unicare, United Healthcare, PHCS Networks, Trustmark and others. The South Barrington location is easy to get to from Crystal Lake, Algonquin, Elgin, Hoffman Estates and Barrington with its location on **Barrington Road just north of the I-90 exit. Their contact information is 1-847-304-0303 or www.jbderm.com.**

HPV

by Yvonne N. Ankrah, M.D., WomanCare

In 2006, the CDC estimated that 20 million individuals in the United States have the Human Papillomavirus (HPV). HPV can cause diseases of the genital area. When the virus does not go away on its own, it may cause genital warts, precancerous lesions, or cervical cancer, depending on the HPV type. Gardasil is the new vaccine developed to help protect against these diseases. **WomanCare** now offers this vaccine. Here are some commonly asked questions:

Who can receive the vaccine?

Gardasil is offered to girls ages 9 through women 26 years of age.

Who should not receive the vaccine?

Anyone who is allergic to ingredients of the vaccine should not receive the vaccine. Pregnant woman or anyone suffering from moderate or severe illness should not get the vaccine.

Why should I receive the vaccine?

The vaccine protects against four major types of HPV (types 6, 11, 16, 18). These include two types that cause about 70% of all cervical cancer and the two types that cause 90% of all genital warts.

How is it administered?

The HPV vaccine is administered in three parts:

- First dose—given at time of initial visit
- Second dose—given two months after the first dose
- Third dose—given six months after the first dose

What are the side effects?

Pain, swelling, itching and redness are the most commonly reported side effects.



Should I still get the vaccine if I have already been told I have HPV?

You still benefit from the vaccine even if you are sexually active, whether or not you have been exposed to HPV, because most people are not infected with all four types of the virus. The vaccine may be protective against the remaining HPV types. You should schedule an appointment with your **WomanCare** provider.

How can I receive the vaccine?

Call your physician at **WomanCare** for an appointment.

Dr. Ankrah is a first-generation Ghanaian-American. She is a graduate of Northwestern University. Her medical degree was received at the University of Illinois at Chicago. She completed her Ob/Gyne residency at Albert Einstein College of Medicine in New York. Ankrah's interests include traveling abroad, shopping, music and working out. Her skills also include medical Spanish. Practice interests/focus include minimally invasive surgery, laparoscopy and adolescent gynecology.

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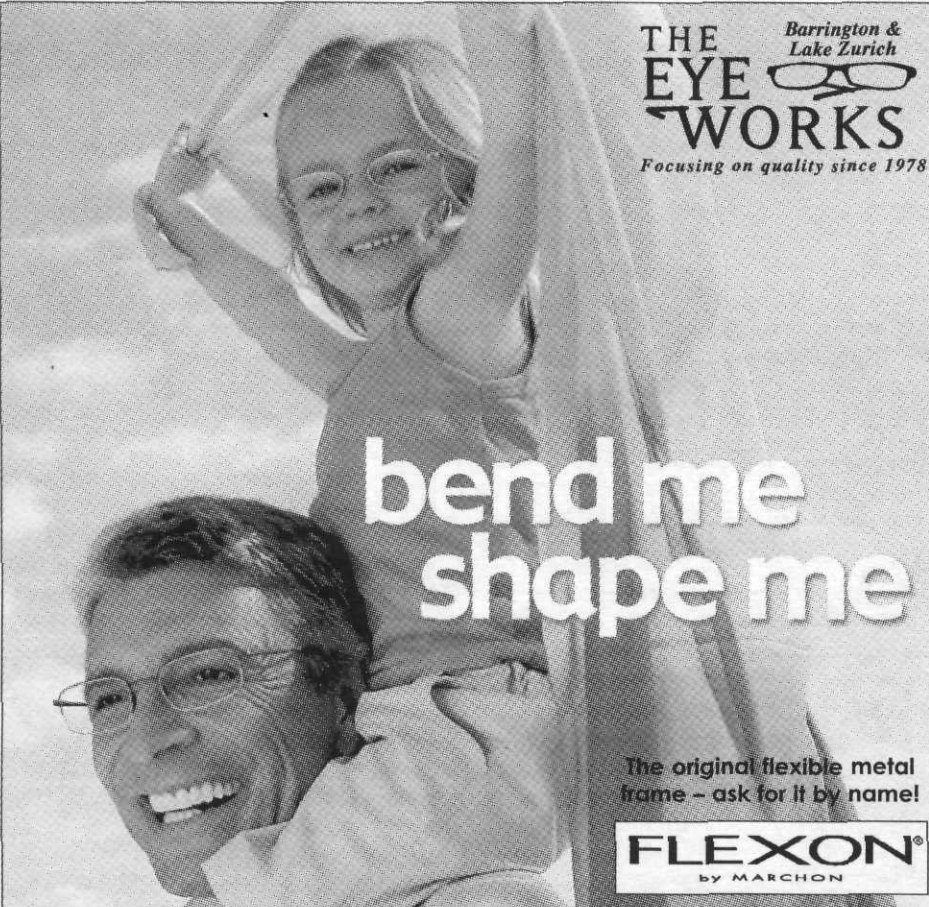
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The Aging Eye—Part I

In 2000, studies conducted by the Harvard Medical School found that more than one million Americans over the age of 40 are legally blind (Harvard Medical, *The Aging Eye*, 2000). The statistics are even more startling when one considers that while individuals age 80 and over only comprise about 8% of the population in the U.S., they make up more than 69% of the blind population. Fortunately, through regular annual eye exams many age-related problems can be prevented through early detection, or be treated to reduce further complications and vision loss.

The most common visual problems after age 40 that can be detected and monitored simply during an annual visit to your eye doctor includes diabetic retinopathy, glaucoma, cataract, and age-related macular degeneration. Diabetic retinopathy can lead to vision loss by leading to the growth of fragile blood vessels or damaging existing ones, causing them to break and leak into the parts of the eye's used for vision. It is the leading cause of vision loss today amongst Americans in part because of its ability to develop in its early stages with no symptoms and no pain (National Eye Institute, *Diabetic Retinopathy*). During the comprehensive eye exam, optometrists at **The Eye Works, Ltd.** are able to diagnose diabetic retinopathy which all diabetics, both type 1 and type 2, are at risk of.

Glaucoma can also lead to total or gradual vision loss by damaging the optic nerve, which is responsible for delivering images from the eyes to the brain. Like diabetic retinopathy, glaucoma often develops in its earliest stages with no apparent symptoms. Although there is currently no known cure for the disease, by detecting



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it early on, doctors can often slow the characteristic vision loss through various treatment methods. Although everyone is at risk for developing glaucoma, studies show that certain groups, such as individuals who have family members with glaucoma, or individuals over the age of 60 are at a higher risk than others. The importance of regular visits to your eye care professional becomes apparent when considering that more than 50 percent of individuals with glaucoma are not even aware that they have it (Glaucoma Research Foundation, *What is Glaucoma?*).

Annual eye exams help improve one's vision not only through prescribed glasses and contacts, but also by safeguarding one's eyes from vision loss to these very common diseases. The optometrists at **The Eye Works, Ltd.**, Dr. Ralph Gebert and Dr. Anthony Prate, specialize in diagnosing and treating the types of complications that many unsuspecting individuals lose their vision to each year. We have two locations—in Barrington and Lake Zurich, and we have been providing quality eye care to the community for 30 years.

To learn more about other age-related visual disorders, such as age-related macular degeneration and cataracts, or to simply protect the health of your eyes, contact **The Eye Works, Ltd.** today to schedule an appointment.

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Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster? Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 14 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.



The Return of the Chemical Peel (Part I)

by Gary S. Churchill, MD

As our skin ages it undergoes certain predictable changes that, over time, lead to the signs of aging: irregular pigment, loss of elasticity, fine lines, and wrinkles. Prevention of these changes is the first line of defense. Avoiding the sun, wearing sunscreen, and a generally healthy lifestyle will delay or help avoid many of these changes. But to reverse these changes once they are present requires a more aggressive treatment.

Ablation is defined by Wikipedia as "the removal of material from the surface of an object by vaporization, chipping, or other erosive processes." There are both ablative and non-ablative techniques designed to improve aging skin. Non-ablative procedures require minimal or no downtime for recovery. Examples of non-ablative techniques include microdermabrasion, low-energy delivery systems such as mild lasers, intense pulsed light, and infrared radio-wave devices, and mild skin peels. While these modalities can help, their results are quite limited and subtle. Often times they need to be repeated to see results. While this may be what some patients are looking for, others want more dramatic results in a one-time procedure. That leads us to ablative techniques. The downside to ablative techniques is that they require some sort of anesthesia and a healing time for the patient. Despite this, the results are usually well worth it.

When I first started my practice in the late 1980s, I commonly performed deep chemical peels. The results were dramatic but there were problems too. A whitening of the skin was a fairly common long-term issue. Those peels were called "Baker-Gordon" peels after the two doctors that



Gary Churchill, MD



Stacie McClane, MD

popularized the standard formula. When lasers became available in the early 90s, "laser resurfacing" became popular and replaced the Baker-Gordon peel as the standard of care. Nevertheless, the old deep peels were in many peoples' experience, including my own, the gold standard for smoothing and tightening the skin.

In 2000, Gregory Hetter, M.D. published his extensive research on peels increasing our knowledge and leading to a reformulation of the old peel that gives consistently superior results without the skin whitening that was so common in the past. Hetter's peel uses a 35 percent solution of phenol with a 0.2 to 0.8 percent concentration of Croton oil as opposed to a 50 percent and 2.2 percent phenol/Croton oil solution with the old peels. What we are finding clinically is a similar effectiveness for the Hetter peel as the Baker-Gordon peels but without the long-term negative consequences.

We have been slowly incorporating this new peel formula into our practice and getting excellent results. The peel takes about a week to heal after which the peeled skin is much smoother, tighter,

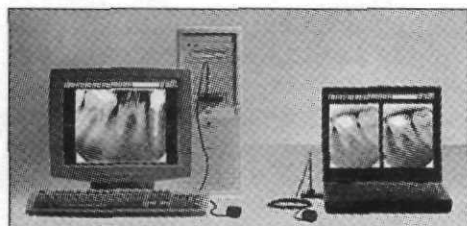
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Digital X-Rays

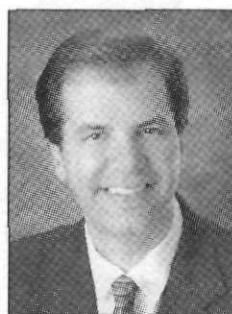
I try to review as many of the new technologies as I can in these monthly articles. Dentists are constantly bombarded with fliers, salesmen and periodicals that show off these technologies. It is up to the dentist to sift through the hype and understand the true benefits for his patients. This month, I would like to review digital X-rays.

No more individual films inside your mouth. Just placing a small sensor in place of the film allows the dentist to take X-rays that are instantly displayed on a computer screen. The benefits are numerous in this type of digital system. The radiation used is decreased by 75 percent, and the images yield better quality information than regular film. You can magnify them, rotate them or make them color. No chemicals are used for developing, which saves the environment. The patient and dentist can view the X-ray together, because it's up on a large computer screen.

This technology has been out for years,



by James T. Gavrilos, D.D.S.

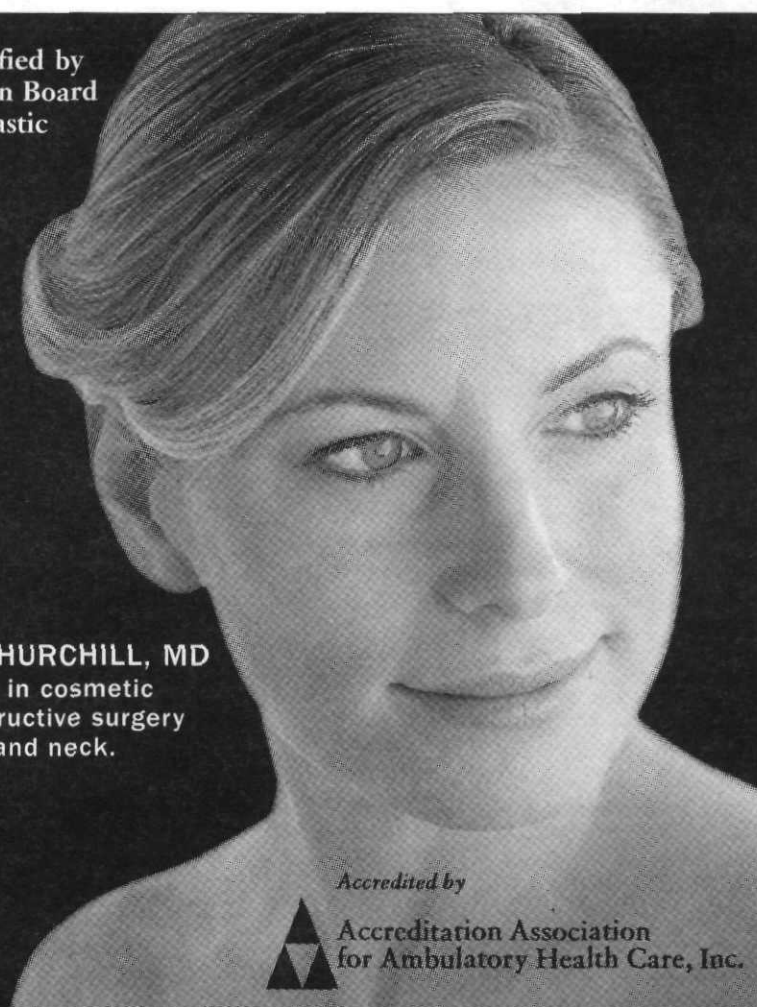


but the initial images were not as detailed as the regular X-ray film. Recent improvements in imaging software have made it possible for these digital systems to give greater detail than the old films. Even the American Dental Association has given their approval, which was denied in past years because of the image quality.


Because of their benefits to patients, digital X-rays will slowly make their way into all dental offices. Until then, you will only find it in a small percentage of practices that have the computer network support in their facilities to take digital X-rays. Ask your dentist when he plans to incorporate it into his practice. When you see this new technology in action, you'll understand what I mean.

For an examination with digital X-rays, please contact **Dr. James T. Gavrilos** in Barrington at **1-847-381-4040**.

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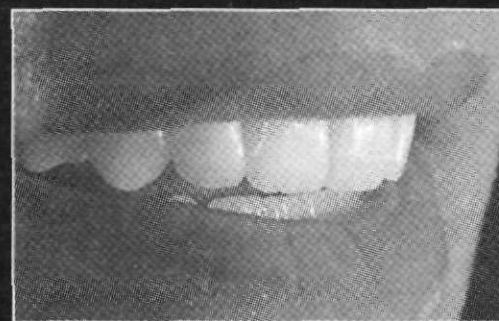
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Happenings!

in the area

A 40th Anniversary Toast to Barrington Lyric

The Barrington Chapter of Lyric Opera of Chicago will give a hearty toast to its 40th anniversary at 1:30 p.m. on Sunday, April 13 at Biltmore Country Club in North Barrington. Following a luncheon buffet, Northwestern University singers and accompanist will entertain members and guests of the Barrington Chapter. Soprano Samantha Barnes and tenor John Eric Rutherford will perform arias and duets.

The cost is \$40 per person. Send checks payable to BCLOC c/o Margit Vogel, 380 Oak Hill Road, Lake Barrington, IL 60010. Your check is your reservation. For questions, call 1-847-304-0422.

You may wish to visit Lyric Opera of Chicago's Web site, www.lyricopera.org.



Tenor John Eric Rutherford received a certificate in vocal performance and master's in music degree at Northwestern University. Currently, he is an assistant conductor for the Northwestern University Alice Milar Chapel Choir, and plans to pursue a doctoral degree in the fall.

The Center for Enriched Living Celebrates 40 Years of Service with its 8th Annual Chefs' Night & More!

On Monday, April 28, The Center for Enriched Living will celebrate 40 years of serving people with developmental disabilities at its 8th Annual Chefs' Night & More! gourmet tasting event from 5:30 to 8:30 p.m. at the Lincolnshire Marriott Resort.

One of the largest tasting events held in the area, Chefs' Night & More! brings a bounty of culinary delights to diners who are interested in a one-stop, palate-pleasing adventure. This elegant, all-you-can-eat dining extravaganza will feature special tasting menus from 30 restaurants and food and beverage purveyors. Tickets are \$90 per person. The price of admission includes wine, brews and martinis. Proceeds from the evening will benefit The Center for Enriched Living, a nonprofit organization that serves people of all ages with developmental disabilities.

"Our Chefs' Night & More! showcases many restaurants," says Kris Keller, a Barrington resident and member of the board of directors. "We feature both new restaurants and well-known, established restaurants that participate every year because they want to give something back to the community." Keller says this event is unique for a number of reasons. "Everybody involved is willing to donate their time and considerable talents to benefit the center. We also showcase our members and their abilities. This year, Gale Gand, executive pastry chef and author, has created a recipe that will be prepared and served by members of our Sunday adult program."

With a list that continues to grow, participating restaurants include: The Bent Fork Bakery; Bluegrass; Bravo! Cucina Italiana; City Park Grill; El Jardin Norte; Enzo & Lucia's Ristorante; Francesca's



Board members Kris Keller (left), a Barrington resident, and Brad Cohn of Highland Park review the invitation for Chefs' Night & More!

North; Gladstone Bakery North; The Grill Food & Fun; Johnny's Kitchen & Tap; Max and Benny's Restaurant & Catering; Mitchell's Fish Market; Nick's Fish Market; Osteria di Tramanto; The Palm; Park Street; Philly G's Restaurant; Pinstripes Bistro; Prairie Moon; Ram Restaurant & Brewery; Sunset Foods; Tramanto's Steak and Seafood; Via Gelato; and Wildfire.

Key corporate sponsors are CDW and Fortune Brands. National Reality Network, headquartered in Barrington, is an angel sponsor.

To see an updated list of restaurants or to register, call the center at 1-847-948-7001 ext. 216 or go online to www.CenterForEnrichedLiving.org.

The Center for Enriched Living is a nonprofit community center dedicated to helping people with developmental disabilities live more independent and fulfilling lives through education, recreation and social activities in a safe, fun and welcoming environment. Open seven days a week, there are no geographic boundaries for membership. The center seeks new

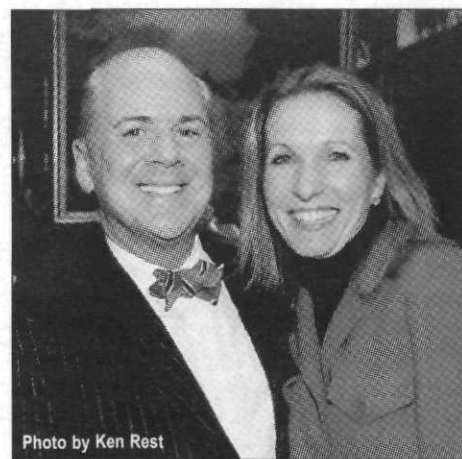
Bunky Cushing Hosts His Annual Valentine's Tea in The Greenhouse of the Ritz-Carlton Chicago

Chicago's premier party-giver, Bunky Cushing, toasted Chicago's social doyens, as he celebrated the 14th anniversary of his famous Annual Valentine's Tea, in the luxurious setting of The Greenhouse at The Ritz-Carlton Chicago, on Thursday, Feb. 14.

The invitation-only event, called "one of Chicago's most sought-after invitations" by *Harper's Bazaar*, brings together the city's most exclusive fashion, financial, and fundraising personalities, as well as Chicago's high-society circuit. The *Chicago Tribune* has written that Cushing "knows everybody who's anybody—at least any society lady who's anybody."

The Greenhouse at The Ritz-Carlton Chicago, the sumptuous setting for Cushing's Valentine's Teas for 12 years, was once again awash in a sea of red and white, as more than 100 ladies dressed in distinctive Valentine's colors, matching the elegant red and white engraved Tiffany invitations they received to attend the party.

"Valentine's Day is the perfect date for me to express my affection and gratitude



Bunky Cushing and Lisa Gutierrez of Hawthorn Woods

for all of the wonderful women in my life," says Cushing. "The Greenhouse is a magnificent atmosphere for the ladies to escape the dreary winter weather."

Thirty to 40 guests joined Cushing for his first Valentine's Tea, held in 1994. A bon vivant of the city's social circuit, he is always meeting interesting new people and adding to the guest list.

"Bunky is an ambassador of goodwill," said Christian Clerc, Ritz-Carlton Chicago general manager. "It is a pleasure to work with him, as he supports such important initiatives in Chicago with a style and class that are unmatched."

Ritz-Carlton Chicago Executive Chef Mark Payne created an aphrodisiac-inspired tea menu to complement the day, highlighted by homemade bow-tie sugar cookies created by Cushing's friend Joseph Deschene, an homage to the host.



Hazel Barr, Karen Goodyear and Noren Ungaretti

The Rotary Club of Barrington to Hold Gala Fundraiser

The Rotary Club of Barrington will hold its annual gala fundraiser May 3 at Biltmore Country Club in North Barrington. All profits from this popular event will benefit Barrington Rotary community projects as well as humanitarian service efforts around the world. Festivities begin at 6 p.m. and include an open bar, gourmet dinner, live and silent auctions, and dancing. Auction items include trips, jewelry, household products, children's items and much more.

Rotary is an international service organization founded more than 100 years ago in Chicago; it now has over 1.5 million members in clubs around the world. The Rotary Club of Barrington was founded 48 years ago. In its history, the club has raised thousands of dollars to benefit local and international charities. Recent past and ongoing projects include annual college and vocational scholarships to Barrington high

school students, founding sponsorship of the annual Fourth of July Festival, Barrington high's Field of Dreams, restoration of Bakers Lake shoreline and bird sanctuary, help in constructing and equipping a handicapped accessible park facility, \$100,000 donated to the worldwide Rotary campaign to eradicate polio, the creation of water purification systems for areas of the world without potable water, and restoration work to disadvantaged countries around the world.

"We thank the Barrington community for all its past support and invite your participation in this event," commented Burke Groom, president, Rotary Club of Barrington. Dinner tickets are now on sale and may be obtained from any Rotary Club member. For further information, contact Burke Groom at 1-847-304-5933 or visit www.barringtonrotaryclub.org.

members, volunteers and donations. For further information, visit their Web site at

www.CenterForEnrichedLiving.org or call 1-847-948-7001.

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Just in for Spring, perfect for Mother's Day or Graduation celebrations, preview our new line of semiprecious gemstone and sterling silver jewelry. The collection encompasses a full range of styles including pendants, necklaces, bracelets, rings and earrings. All unique and one of a kind.

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www.welcil.org

Hearthstone Village Hosts Educational Events in April

Hearthstone Village invites you to join them for two different events in April. April 10 at 2 p.m. in the Hearthstone Village Lounge, Bridget Bevis, community service representative from Home Instead in Cary, will be presenting "Fraud, What to Look For and How to Avoid Being Taken." The presentation will cover the topics of fraud, identity theft and financial abuse through scams.

Also in April, Hearthstone Village is happy to host Dr. Jon Russell, low-vision optometrist and April Conover, vision rehab therapist from the Center for Sight & Hearing in Rockford. They will present "Living With Vision Loss." During this educational program you will learn about common eye conditions and treatments,

solutions to vision frustrations, aids for near and distance vision and special services. The event will take place on Thursday, April 24 at 2 p.m. at Hearthstone Village.

The public is invited and encouraged to participate in these free, informative presentations. Hearthstone Village is located at 840 N. Seminary (Route 47) in Woodstock. Preregistration is not required. For more information, call 1-815-338-2110.

Hearthstone Senior Living Community is a nonprofit faith-based continuing care retirement community with more than 200 seniors whose mission is to enable seniors to live with dignity, hope and personal fulfillment.

DAR April Meeting

Signal Hill Chapter of the Daughters of the American Revolution (DAR) will welcome the spring season April 15 at the Barrington Library, first floor Room B, 505 N. Northwest Highway, Barrington. The business meeting will be at 11:30 a.m. with a social period and refreshments to follow at noon.

Tom McCarthy, at 1 p.m., will present a timely program, "Conservation—What We Can Do." McCarthy is the manager of McHenry County Land and Facilities.

Hostesses for the day will be Pat Esposito of Sleepy Hollow, Bonnie Free of Barrington, Lois Lee of Barrington Hills, Janice McGrath of St. Charles and Jeanette

Muench of Crystal Lake.

To be eligible for membership, a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the American Independence through military, civil or patriot service. We are eager to help prospective members trace their ancestry. A free lineage workshop, open to the public, will be held Saturday, April 12, and private assistance may also be arranged.

Anyone needing to know more about membership or the lineage workshop may contact Leslie Rohrer at 1-847-587-5301 or Joanne Farrell at 1-815-603-7824.

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Special April Pricing

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Make It a Fun Summer... Sign Up for Art Classes

If you are looking for a stimulating, challenging and fun way to spend your summer, explore the possibilities of art class at **Kaleidoscope School of Art** in Barrington. New classes begin each week throughout the summer for children **ages four through high school**. In Kaleidoscope's friendly and encouraging atmosphere students gain confidence and skill as they create impressive artwork they will really be proud of.

Young artists will enjoy the Kaleidoscope "minicamp" offered for grades first through sixth. These week-long classes include art activities concentrating on techniques in drawing, painting and papier-mâché. There are many to choose from including: **Mexican Folk Painting, Fashion Design Workshop, Web Kins Pets, Galapagos Islands, Ancient Egypt, Wheel and Hand Built Clay and more!**

Teens can develop their creativity and refine their skills in classes like: **Landscapes in Oil, Watercolor, Art of the Pencil, Pet Portraits on Glass, Dramatic Pastels, Architectural Vessels**

and many others!

Why not try: **Mosaics, Clay Garden Art, Funky Teapots, Fine Art on Tiles or Jazzy Jewelry**. With 185 classes to choose from this summer, there is something for everyone! You can check out all of our classes when you call for our **free brochure at 1-847-381-4840**. You can also visit us on the Internet at **www.KaleidoscopeSchoolofArt.com**.

This year, Kaleidoscope is proudly celebrating **22 years**. We have shared incredible art, the smiles and success of children, treasured friendships and much more over the past 22 years. For those coping with difficult circumstances, who need the joy and healing of art in their life, Kaleidoscope provides tuition assistance through the Art Scholarship Fund.

Don't miss out, be part of the FUN when you enroll in an art class this summer. Call now for details and a free brochure at **1-847-381-4840**. Kaleidoscope is located at 316 W. Main St. in Barrington (just two blocks west of Jewel).

April Showers Bring May Flowers!

Barrington Community Child Care is now offering a lecture series for parents! Dr. Patrick Morris will come to our center and speak to parents on several topics related to children. Please call the center for topics and dates. Seating is limited.

Our center is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first-school experience. Our curriculum contains activities designed to challenge young minds.

We offer full-day child care for children ages 6 weeks to 6 years. Some age groups

offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. **Barrington Community Child Care** focuses on the whole child, with all areas of development included in our program.

Summer is coming! Make your child care arrangements now!

For enrollment information or to schedule a tour, contact Terri Knaack, director, at **1-847-381-0272**.

Gallery of Hope Luncheon

The Northwest Women's Connection invites you and your friends to their "Gallery of Hope" luncheon on Thursday, April 10 from noon to 1:30 p.m. at Concorde Banquets, 20922 N. Rand Road, Kildeer. The cost is \$17 inclusive.

Jeanne Workman, professional clinical counselor and artist, will both show her quilts and talk about how to find true

hope.

Reservations are needed by Friday, April 4—call Jill at 1-847-358-5830 or e-mail jennoga83@yahoo.com. If you have any questions, please contact Jennifer at 1-815-759-1974 or jennoga83@yahoo.com.

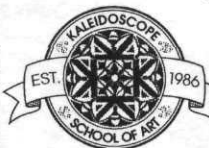
The Northwest Women's Connection hopes you and your friends can come to their April luncheon!

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"Powerful Tools" Class Helps Caregivers Help Themselves

The Barrington Area Council on Aging (BACOA) will begin its next six-week "Powerful Tools for Caregivers" class on Tuesday, May 13 from 1 to 3:30 p.m. The class will be held at Alden Estates of Barrington, 1420 S. Barrington Road, Barrington.

The course is designed for the nonprofessional caregiver who is helping to care for a parent, spouse, or friend who lives at home, in a nursing home, or across the country. This program helps family caregivers reduce stress, improve self-confi-

dence, better communicate their feelings, balance their life, and enhance their ability to make tough decisions and to locate helpful resources.

The course, which will run through June 17, consists of six weekly sessions and is conducted on an ongoing basis throughout the year. Suggested donation is \$30 per person to cover the cost of materials and instruction, but no one is turned away due to inability to pay.

For more information or to register, please call BACOA at 1-847-381-5030.



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Classes can be taken anytime in June, July or August.

Testimonials: "You run a well-greased machine and the children follow your lead. YOU ARE A ROCK STAR to them and a role model! Thank you for doing such a wonderful job and offering the community your talents."

"As a parent of two of your students, I place way more importance on the personal skills and values that you help establish in our children. You, and your staff, teach my kids so much in the area of behaviors, values, motivation, hard work, leadership, and just plain respect of self and others."

—Dr. Perry, father of two and Director of Community Education



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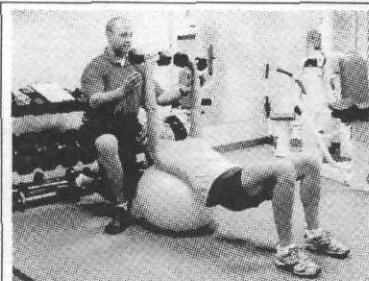


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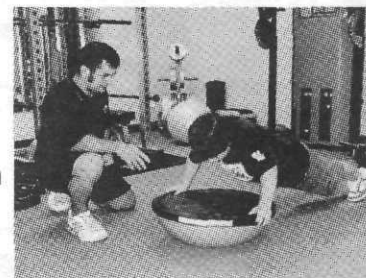
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Cubs Rooftop Event to Benefit Children's Memorial Hospital



The Northwest Suburban Guild of Children's
Memorial Hospital invites you to join them!

The Northwest Suburban Guild of Children's Memorial Hospital cordially invites you to attend the Sunday, April 20, Chicago Cubs vs. Pittsburgh Pirates afternoon baseball game. The rooftop event will include food, drink, a silent auction, and a warmhearted group gathering together to watch the Cubs in their quest to win a World Series, with proceeds to benefit the hospital's Family Services Department.

"April in Paris"

Sick of winter? Plan now to attend the "April in Paris" day planned for Thursday, April 10 at Wynstone Country Club, 1 S. Wynstone Drive, North Barrington, by Friends of Home of the Sparrow.

There will be fabulous boutique shopping at 9:30 a.m., followed by a gourmet luncheon at 11 a.m.—with all proceeds to

the benefit of Home of the Sparrow. As a not-for-profit organization, Children's Memorial relies on philanthropy to help provide care to more than 103,000 patients and their families every year.

For tickets, contact Jill at 1-847-776-2521. Come and help break the curse of the goat, and make this a 100-year celebration to remember while supporting Children's Memorial, where kids come first.

the benefit of Home of the Sparrow.

The Sparrow organization provides transitional housing, counseling and job-skills training to women of the northwest suburbs facing personal crisis due to unfortunate circumstances which include loss of a job, divorce, death of a spouse, abusive situations, illness... the list goes on and

Gardens Shout "Spring!"

Weeping willows are waving chartreuse branches, clumps of daffodils and tulips are in full bloom, and bird song fills the air! Field & Flower Garden Club members are checking their perennial borders daily taking note of tender green shoots. They will be putting final plans in place at their April meeting for their annual perennial sale.

Mark your calendar now for Saturday, May 10, for this celebrated annual sale of choice perennials, all dug from members' gardens and potted with tender care. The sale takes place at the Barrington Jewel's parking lot, 8 a.m. sharp and continues rain or shine until sold out.

Gardeners know that most perennials need to be divided on a regular basis, and it's a fact that gardeners enjoy immensely being able to share their favorite plants and to pass on cultural information and tips. One of the easy-care perennials always offered at the sale is *Hemerocallis*, otherwise known as the day lily. A range of colors, bloom sizes and heights will be available.

For 47 years, Field & Flower Garden Club has been "in the business" each May of sharing great plants and passing on good garden advice. Sale proceeds are used to fund scholarships, conservation projects, and community philanthropies.

Field & Flower Garden Club has been



Laughing Giraffe

a part of the greater Barrington Area for over 49 years. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include a program, a short business meeting, refreshments and always time to ask gardening questions. Field and Flower is a member of Garden Clubs of Illinois Inc. and National Garden Clubs Inc. For information, please call 1-847-382-1869 or 1-847-381-7816.

on.

Tickets are \$50 and all members of the community are invited to attend!

Call Judy at 1-847-304-8669 for more information or to reserve your place at the table!

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Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

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Presenting *The Wizard of Oz*

Tap your shoes together and get to the Performing Arts Center of Lake Zurich's presentation of *The Wizard of Oz* April 23 through 26th at 7:30 p.m. and April 26 and 27th at 2 p.m. Tickets are \$10 for

adults; \$8 for seniors, students and children. Call the ticket hot line at 1-847-540-4740 or order at www.boxoffice@lz95.org and avoid the additional \$2 per ticket at the door.

Quest Academy Offers a Full-Time Gifted Education with an Equal Emphasis on Academics and The Arts

Serving over 300 students in preschool through eighth grade, **Quest Academy** offers a **full-time gifted education** with an equal emphasis on academics and the arts. Why is a full-time gifted education important? "Children aren't only gifted in academic classes; they can't 'turn it off' when they go to art or PE. It's important that these students have teachers in every subject area who truly understand the needs of gifted kids," says Mary Cunningham, Director of Admissions and Marketing.

Quest Academy provides students with a **challenging curriculum and a nurturing environment**. "We recognize that, although a 6-year-old may be able to do long division in his head or read and comprehend at a ninth-grade level, he's still a 6-year-old with the same emotional and social needs as other children his age," Cunningham says. "He needs to have a peer group with whom he can have all of his needs met: intellectual challenges and socially appropriate interactions. Our interdisciplinary, concept-based curriculum is open-ended, thereby allowing students to progress as far as possible in any given area. **Quest** doesn't teach students *what* to think; we teach students *how* to think."

Additionally, **Quest** has an **enriching extended-day program**, with options ranging from cartooning to competitive athletics to Lego Robotics (an activity which regularly sees several **Quest** teams competing at the state level). For the 2008-09 school year, preschool students have the option of "Stay and Play." This time is not designed to be an extension of the curriculum-based preschool; rather, students who choose to participate will be engaged in a variety of developmentally-appropriate activities which encourage social interaction.

"The best way to get a feel for **Quest** is to **see us in action**," says Cunningham. "I can tell people about our hands-on interdisciplinary curriculum, but unless you see our students in the middle of an Ellis Island simulation or performing in and producing a madrigal feast, you can't understand the depth to which learning takes place." A few openings for new students still exist for the upcoming school year.

To learn more about Quest Academy and to schedule a campus tour for your family, please contact Mary Cunningham at **1-847-202-8035 ext. 438**, or mary.cunningham@questacademy.org.

Gary Churchill, MD

(Continued from page 17)

and pink like a sunburn. We can choose the strength of peel that is needed on an individual basis, something that was not possible with the old peels. This is one of the main advantages to these peels. The pink will take from 3 to 12 weeks to fade away depending on what strength of peel was used. Makeup can be worn once the skin is healed in 7 to 10 days. All direct

sun should be avoided until the pink fades completely and preferably even after that to avoid redamaging the skin.

We are excited about the results we have seen using the Hetter peel and will discuss more next month.

For more information, please call **The Center for Facial Plastic Surgery** at **1-847-304-1000**.

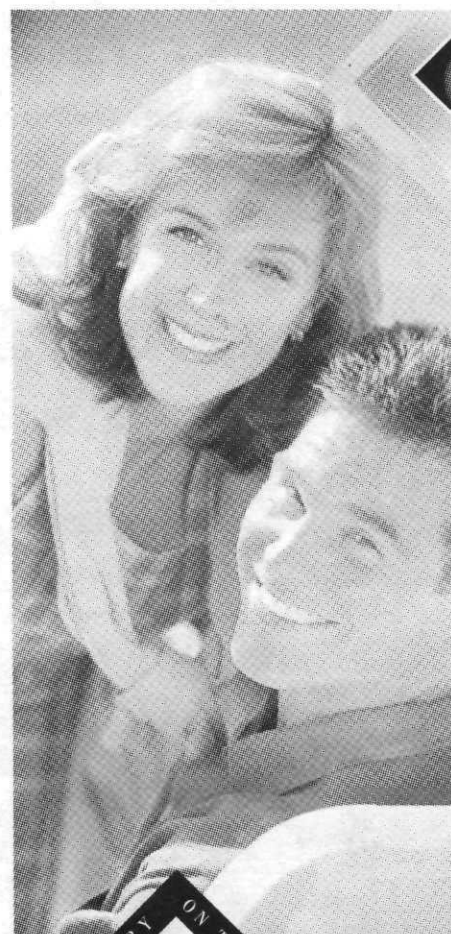
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Green Thumbs to Learn About Our Beautiful Birds

On Monday, April 21, members of the Green Thumbs of Barrington Garden Club will gather at the Barrington Area Library at 12:30 p.m. to celebrate the return of the songs and colors of our favorite birds. Presenting their program, "Those Amazing Birds," Bob and Kathy Andrini will expand knowledge of the behaviors of many "common" birds—common only from the point of view that many people know them. Through digiscoping, it is possible to see the amazing behaviors of these birds in great detail.

Bob will also explain about the postage

stamps collected by garden clubs to benefit the Audubon Sanctuaries in Illinois. These are the commemorative stamps and foreign stamps which have special value.

The afternoon's activities will begin with socializing and refreshments. After the program, there will be a business meeting. Visitors and guests are welcome to attend. Please call Vicki at 1-847-526-5998 for further information.

The Green Thumbs Club is a member The Council of Barrington Garden Clubs, the Garden Clubs of Illinois and the National Council of State Garden Clubs.

The Graduations are Coming! The Graduations are Coming!

Graduation plans are upon us. It is time to think about good and simple catered food. This year will be perfect for an outdoor buffet of homemade mini sandwiches, fresh berries glazed with passion fruit sauce, horseradish dill potato salad, and caramel pecan bars. That is just a sampling of our 100-percent homemade items cooked fresh at **Dave's Specialty Foods**. All it takes is a simple phone call, book the date, discuss a menu and look forward to enjoying your event—we do the cooking, setup, and cleanup.

Our friendly food filled retail shop is available for pickups, deliveries and full-service catering, including professional

bar tenders, servers, and party rentals. **Dave's Specialty Foods** is owner/operator run with 25 years experience cooking fine French food in restaurants such as D & J Bistro, Le Titi de Paris and Charlie Trotters. Every party menu is custom made to not only meet but exceed your expectations. Don't you want your guests to call you and thank you for hosting such a delicious event? Then hurry up and call **Dave's Specialty Foods—1-847-259-9510**—and make your graduate proud.

Visit www.davespecialtyfoods.com and check out our menu and cooking classes, or stop by our shop at 105 W. Prospect Ave., Mount Prospect.

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Dan Horn, proprietor of **kd3**, Partner in Design of the **Interior Design Society (IDS)**, and his new **Design Resource Center & Furniture Showroom** make it easier for interior design professionals and homemakers in general to "Be Original."

When Chicagoans and out-of-town travelers and tourists visit the city's top attractions, banks, restaurants, hotels, country clubs, corporations, hospitals, universities, financial services and law firms, chances are strong they'll be admiring evidence of the handiwork of gifted artisan and restoration expert Dan Horn of **kd3** in Crystal Lake.

kd3's roster of furniture finishing, millwork and refurbishing project sites, to which the company has made major contributions as a team member, reads like a *Who's Who* of eclectic locations across the United States. These include Trump National in New York to West Shore Yacht Club, Tampa, Fla. to Chicago's House of Blues, Hugo's Frog Bar, Hard Rock Hotel, Union League Club, University of Chicago president's residence and numerous private residences.

Now, Horn shares his expertise and inspired furniture refinishing at newly opened **Design Resource Center** within **kd3**.

A full showroom features antique and mid-century furniture selected for their design potential and refinished imagina-

tively to serve as unique focal or accent pieces for homes or offices.

"We are definitely not mass market. I treat each piece of furniture like a living thing that I want to energize—often crossing boundaries of style and periods," Horn comments on his approach to furniture. As a result, it is not surprising to find an ottoman topped with hot pink leather or the upholstery motif of a chair cushion extended onto the chair's wooden back and legs with hand-painting by a talented artist, or a 1970s Pace Collection table restored to its original hand-polished high-gloss magnificence.

For homeowners looking for "something special," they also have access to **kd3's** decorating library of custom chairs, fabrics from top suppliers, wood finish samples, custom art and photo framing... even a talented faux-finisher to create special effects on walls and furnishings. **kd3** also works with local artists to execute unique expressions of customers' desires.

kd3 is located at 6704 Pingree Road, Crystal Lake. Showroom hours are Monday through Wednesday 10 a.m. to 5:30 p.m., Thursday 10 a.m. to 8 p.m., Friday and Saturday 10 a.m. to 5 p.m., and Sunday noon to 5 p.m. To contact **kd3**, e-mail info@kd3decorativearts.com or call **1-815-477-2920**. To sample all that **kd3** has to offer, visit www.kd3decorativearts.com.

May Friendship Day

The Church Women United (CWU) celebration called May Friendship Day (MFD) is an annual nationwide event. This year, CWU of the Barrington Area will hold its celebration on Friday, May 2 at 11 a.m. at the Presbyterian Church of Barrington, 6 Brinker Road, Barrington Hills.

The 2008 theme is "God's Wisdom Inspires Hospitality" and presents many avenues of extending hospitality, not only to friends but also to strangers. Readings, music, group participation and devotional presentations will emphasize making new friends by reaching out to others. Young women named by various churches in Barrington, Cary, Fox River Grove, Island Lake, Prairie Grove, Lake Zurich and Wauconda that live up to the motto of CWU,

"Agreed to differ, resolved to love, united to serve," will be honored.

A collection of the Fellowship of the Least Coin, in service for over 50 years, will be a part of the celebration. A worldwide ecumenical movement, Christian women pray for peace and reconciliation as they set aside their least coin. The many coins collected in countries around the globe benefit projects for women and children around the world.

CWU of the Barrington Area continues its prison ministry by inviting attendees to bring a gift/donation of regular size toiletries (toothpaste, deodorant, shampoo, lotion) and jumbo-sized "baggies."

There will also be a salad potluck luncheon; attendees are asked to bring a salad to share. For information, call 1-847-540-5634.

Quality Skin Care Services Available at Northwest Dermatology

Northwest Dermatology in Hoffman Estates is pleased to announce new discounted pricing for **GentleLASE laser hair removal**. Now is the time to take advantage of this discounted pricing before summer. The GentleLASE laser is a fast, effective treatment of unwanted hair, requiring no creams or needles. Patients do not need to let their hair grow. The GentleLASE system, a revolutionary, long-pulse high-energy Alexandrite laser with a dynamic cooling device emits a gentle beam of light that passes through the skin to the hair follicle where it is absorbed. For as little as \$50 per treatment of upper lip or chin and \$75 per treatment for underarms or bikini, you can safely and effectively reduce unwanted hair. In addition, **through April 30, we are offering a discount of 20% off our already affordable pricing.**

Also available at Northwest Dermatology is the latest organic micro-exfoliation **microdermabrasion**. This microderm-

abrasion uses sodium bicarbonate crystals, which are less irritating than traditional aluminum chloride crystals. In addition to surface exfoliation, microdermabrasion promotes the production of new cells in the deepest layer of dermis, it cleans the pores, and stimulates collagen networking that can further improve skin texture. Our usual cost is \$100 but, **through April 15, we are offering an introductory special of \$50 for the initial treatment or 20% discount off any subsequent or package pricing.** Waxing services are also available.

The physicians of Northwest Dermatology, **Susan Liebovitz, M.D., Patricia Ledwig, M.D., Leslie Beaird, M.D., Alka Madan, D.O., and Inderjit Gill, M.D.,** are all board-certified dermatologists who provide quality patient care in general, surgical and cosmetic dermatology. Please call our office, **1-847-884-8096**, for more information or to schedule an appointment.

Asthma

You may have asthma if you have one of the following symptoms:

- Shortness of breath or difficulty catching breath
- Wheezing (high pitched, whistling sound, caused by rapid flow through a blocked bronchial passage)
- Coughing especially if cough is prolonged or/and frequent
- Chest tightness

The exact cause of asthma is not yet known. Some triggers that may lead to asthma attack include:

- Allergies to pollen, molds, dust, dust mites, cockroaches
 - Exposure to animals with fur
 - Having a cold and other respiratory infection
 - Strong smells or sprays
 - Smoking and secondhand smoke
 - Exercise, cold air, or emotional stress
- Asthma is a treatable condition and most

flare-ups and deaths can be prevented. To prevent asthma attacks:

- Avoid asthma triggers
- Use preventive asthma medicines as prescribed by your doctor
- Continue using medications even when you do not have symptoms
- Call your doctor if you have to use your rescue inhaler more frequently
- Ask your doctor if allergy injections are the right choice for you
- Keep your asthma follow-up appointments up to date
- Be physically active and play sports regularly
- Eat a healthy diet and maintain an ideal body weight

To schedule an appointment, call the office of **Dr. Anne Szpindor, 1-847-310-8844** (Hoffman Estates) or **1-708-848-3393** (Oak Park).

April Activities of AAUW Barrington

The April Branch Meeting program, "Philanthropy: Building a Legacy," is set for 7 p.m. at a date and place to be announced. For information, call Kay at 1-847-277-9407 or Claudia at 1-847-754-4118.

The luncheon book discussion group meets Wednesday, April 9, noon, at The Garlands in Barrington. *Dreams from My Father* by Barack Obama will be discussed. Call Loretta, 1-847-381-1804, for more information.

The daytime bridge group meets Thursday, April 10 in a member's home. Each player donates \$2 to the AAUW Educa-

tional Foundation. Bobbie is chair, 1-847-381-3315.

The evening book discussion group will meet Tuesday, April 22 at 7:30 p.m. in a member's home to discuss *American Bloomsbury* by Susan Cheever. Peg is chair and can be reached at 1-847-381-4791.

Membership in AAUW is open to anyone holding a two-year degree or higher from an accredited institution of higher learning. Please contact membership co-chairs Anne, 1-847-772-4507, and Preeti, 1-847-222-0599.

BACOA Offers Brain Fitness Computer Program



The Barrington Area Council on Aging (BACOA) has become an authorized reseller of Posit Science's Brain Fitness Program. The program takes a novel approach to improving cognitive function in adults; it targets auditory processing—

listening—because so much of the important information we take in each day comes through speech.

The Brain Fitness Program includes six listening exercises performed on a computer. The exercises are simple, and no

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Allergy and Asthma

Do you or your children experience any of these symptoms?

- Stuffy and runny nose, sneezing, sniffing
- Itching of nose, throat and ears
- Headache, sinus pressure
- Cough, shortness of breath, difficulty breathing
- Eczema, itchy skin, hives



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847/310-8844

The Joy of Matisse

Members and guests of the Barrington/Northwest Community Associates (B/NWCA) should mark their calendars for Wednesday, April 23, 1 p.m., for the second Exploring Art program held at the Barrington Area Library, 505 N. Northwest Highway, Barrington. A "favorite" presenter returns to captivate her audience with intriguing details about the life and art of French painter Henri Matisse. Entitled "The Joy of Matisse," her discussion will illuminate the outstanding achievements of one of the pillars of the 20th century. Matisse, who enjoyed a long and varied career, was initially identified with the Fauves but soon became renowned for his brilliant use of vibrant color, rhythmic line and bold pattern. Above all, Matisse felt that art should be joyous, and as comfortable as a favorite armchair. Near the end of his life Matisse created his celebrated paper cuts, scissoring out wonderful shapes and collating them into often monumental works of art.

The popular Exploring Art programs owe their inception to featured speaker Lanni Ori. A 28-year member of B/NWCA, Lanni founded the study group that evolved into the Members Present Art Series, which is currently named "Exploring Art." An art historian, Lanni has presented many interesting programs for the organization,

Succession by Henri Matisse

ranging in topic from Ancient Egypt to contemporary painting to architecture. A noted book reviewer and discussion leader, Lanni is also a member of the Barrington Hall of Fame.

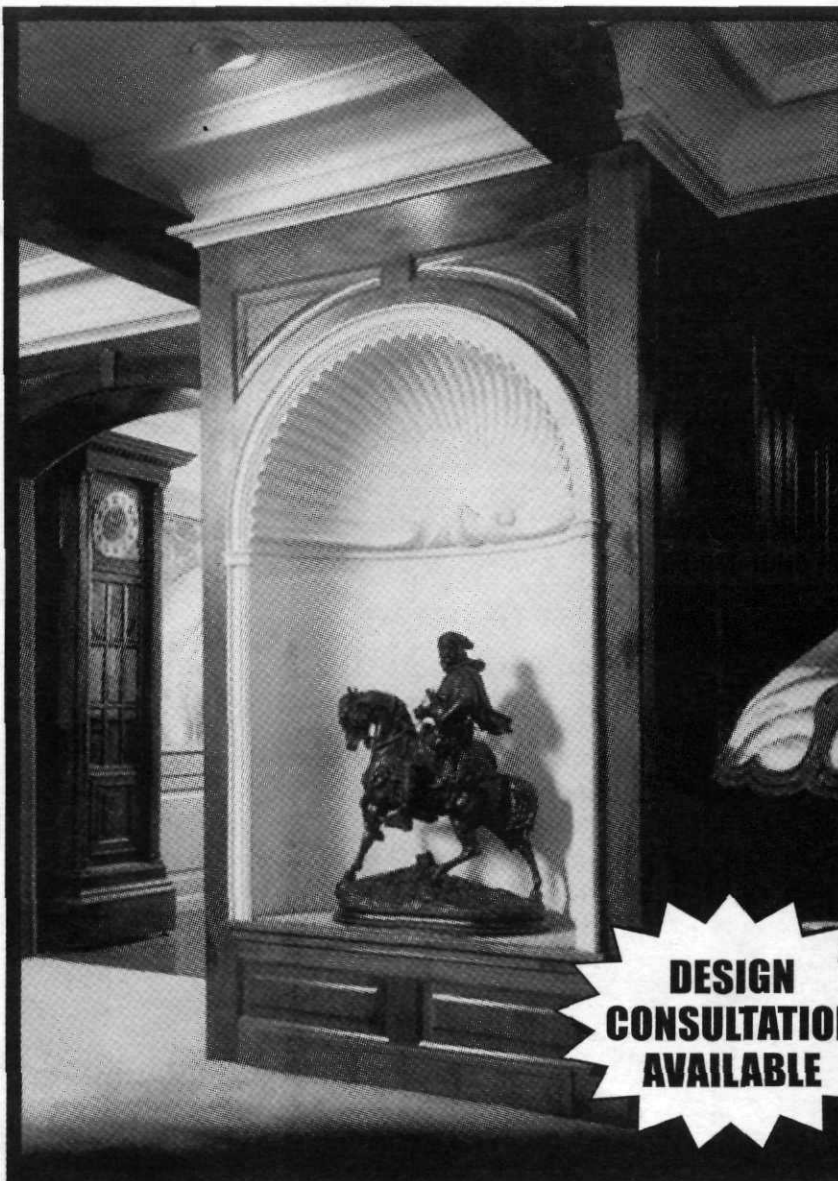
Guests are welcome and reservations are not necessary. There is no charge for this lecture. For further information, call Mary Wajda, 1-857-991-1207.

prior computer experience is necessary.

For more information or to set up a demonstration of the program at BACOA's

office, please call Joyce Palmquist at 1-847-381-5030.

Barrington LIFESTYLES April 2008 25



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Advocate Good Shepherd Hospital's Signature Gala Committee Announces 2008 Gala Theme: "Passion for Pink"

The 2008 Signature Gala, "Passion for Pink," is being held on Saturday, Sept. 6 at the Renaissance Hotel and Convention Center in Schaumburg. The High Society Orchestra, one of the area's most exciting, creative and energetic bands, will help to set the tone for a fun-filled evening.

Over the next two years, Good Shepherd's Breast Care Center will undergo a complete renovation and expansion. Proceeds from the 2008 Signature Gala are being directed toward extending the capabilities of the Breast Care Center.

The Signature Gala Committee is comprised of men and women who live in the communities that Good Shepherd serves, as well as civic and business leaders. In the past 11 years, the Signature Gala has generated more than \$1 million dollars for

equipment, expansion and renovation projects at Good Shepherd. This year the "Passion for Pink" Signature Gala is under the leadership of co-chairpersons Chris Griffin and Mary DiGiulio.

For more information about the gala, please contact Rebecca Strong at 1-847-381-9103. Sponsorship opportunities for "Passion for Pink" are available.

Good Shepherd Hospital, located in Barrington, is a 183-bed health care facility with more than 600 physicians representing more than 45 medical specialties. The hospital is part of Advocate Health Care, one of the largest not-for-profit health care organizations in the Chicago area. Advocate is related to both the Evangelical Lutheran Church in America and the United Church of Christ.

Festival of Sacred Music Was an Inspirational Success

Choral Director Jim Skomer rehearses the over 150 singers and musicians that participated in the Second Annual Barrington Area "Festival of Sacred Music" on Jan. 27 at Barrington United Methodist Church, 98 Algonquin Road, Barrington.

The packed sanctuary crowd enjoyed a variety of music styles,



Making a Difference Through Learning

A special thanks to the community for supporting the newly released textbook *Chess! Lessons from a Grandmaster*. Profits from the sales of the book have made it possible to sponsor a chess club and donate textbooks to schools the U.S. and abroad.

The Yury Shulman International Chess School, in partnership with Arlington Lexus in Palatine, is sponsoring a chess club at Sunny Hill Elementary School in Carpentersville. There are 47 students enrolled in the club. Barrington High School chess team members Grant Wagner and Juan Mendez are the student leaders, teaching at the club under the guidance of Shulman.

Other donations in the form of textbooks have been made to the following schools and community centers.

- Metcalfe School in Chicago
- Riveredge Hospital in Des Plaines
- Seminary in Sudan
- School for the Blind in Thailand
- Elementary School in Ipoh, Malaysia
- Community Center for children of slum dwellers in Delhi, India
- Marshall Island High School in The



Chess club members at Sunny Hill Elementary School in Carpentersville make their moves.

Marshall Islands in the Pacific

All these efforts and initiatives can happen only because a community and a school district chooses to value learning for themselves as well as others.

The next chess tournament is at Arnett Lines School on April 5 from 10 a.m. to 3 p.m. The tournament is open to students as well as adults. Any artist or musician who would like to entertain the players before the event is welcome to make arrangements by calling Kiran Frey at 1-847-382-5410.

Please visit www.shulmanchess.com for information.

from contemporary Christian pieces to massed choral classics. Participating churches included Atonement Lutheran Church, Barrington United Methodist Church, Presbyterian Church of Barrington, St. Anne Catholic Community, St. Mark Episcopal, St. Matthew Lutheran, St. Michael Episcopal Church and Salem United Methodist Church.

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Smart Landscaping

Not so smart gets "free" advice from lawn cutters and relatives. **Smart** seeks a design professional for non-cookie cutter looks and a personally compatible life-style concept.

Not so smart gets distracted by what looks good or is on sale today. **Smart** buys for long-term color and low maintenance for all the seasons.

Not so smart puts off fundamental problems, downsizes materials, splinters the overall job, and sacrifices quality when the budget is squeezed. **Smart** takes on one area at a time, does it well, then moves on as budget allows.

Not so smart learned that the designer was rarely on-site during the work, it went slowly, and problems arose. **Smart** knows a good plan and quality hand-picked materials are only half the job; efficient, exacting execution is the other.

Not so smart is replacing dead or overgrown plants, and rebuilding unstable walls or patios in just a few years. **Smart Dollars** is pulling a 9 iron.

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Important to Make Your Bedroom A Sanctuary

Have you been putting off the "decorating the master bedroom" project? If you answered yes, join millions of other Americans! It is the last room in the house to be decorated and once decorated, it is often 20 years or more until it is redecorated. *The reason, of course, is that there are many other priorities; and... well, who sees it anyway unless we take them in there?*

If this describes your bedroom you might want to reconsider. "Making your bedroom your sanctuary could help you sleep better at night," says Kelly Weidner, Decor Designer with **Decor&You** in Schaumburg, "a disorganized room, or a room you would rather avoid is not conducive to a restful night."

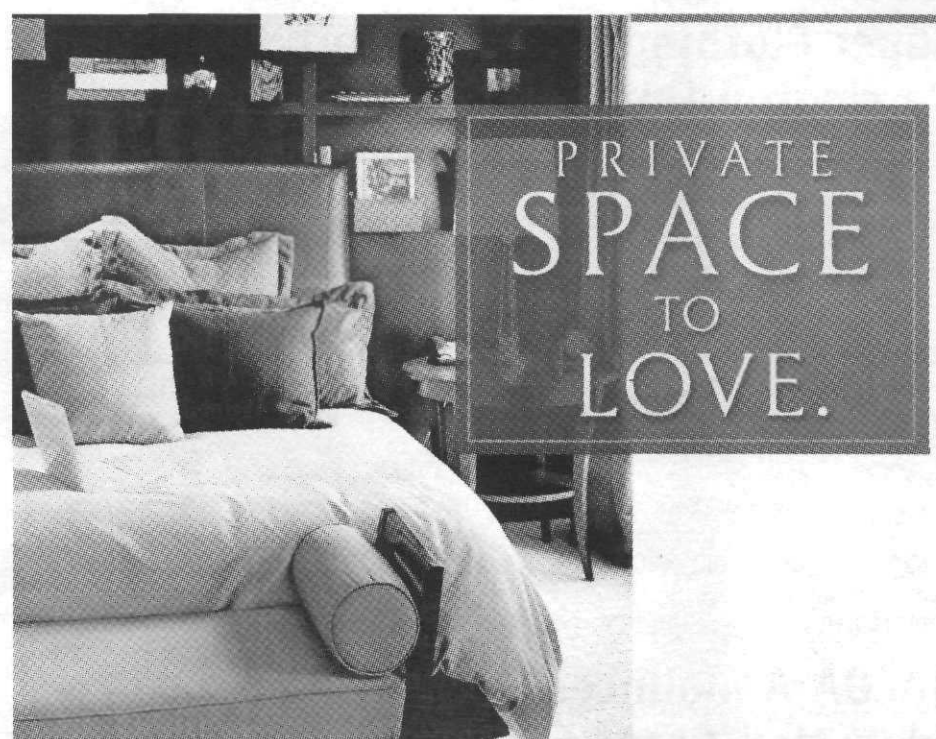
It is important to design your bedroom for quiet activities such as reading so that your mind begins to prepare for sleep the minute you walk in. A comfortable chair, or two, with an ottoman to put your feet up would encourage a peaceful transition from normal waking activities to the quiet activities that prepare you for sleep. By the same token, it is important to locate your office or other stressful pursuits in other areas of the house in order to deter thoughts about that darn marketing plan that you've been meaning to work on!

Consider color when creating your sanctuary. A palette such as butter and cream or white on white, will lend a serene feel to the room and establish the right atmosphere for winding down. Black, which is very grounding to a room, can set the stage for sophisticated serenity especially when paired with espresso or chocolate with touches of aquamarine.

And finally, think about working with an interior decorator. Interior decorators help you avoid costly decorating mistakes and provide the professional guidance to spend your decorating dollars wisely!

At **Decor&You**, we think it is our job to make decorating your space fun. That means all the headaches are ours, not yours! *You don't even have to go shopping!* We bring everything to you. We will offer our direction and expertise in harmony and balance as it relates to color, style, furnishings, window treatments, floor coverings, wall coverings, accessories and artwork. And all without design fees! We take the time to understand what it will take for you to "Love the space you're in." And then we will transform your bedroom... into your sanctuary!

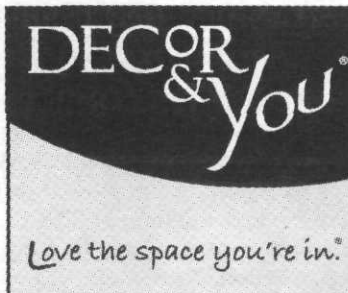
Call your local **Decor&You**, NW Suburban Team, at 1-847-490-8888.



Decor&You Furnishes and Refines America's Interiors. Essential guidance... simple abundance... sincere convenience. Let **Decor&You** help you fall in love with HOME again. Contact your local Decor Designer today to get started.

NW Suburban Team
Patricia Keegan, owner
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www.decorandyou.com/pkeegan



IN BOOKSTORES MAY 2008

Yard and Garden MAKEOVERS

Your Guide to Creating
a Beautiful, Logical Landscape

George Kay and Brian Kay
With Jennifer Derryberry Mann

For a no-cost site consultation, call 630.232.6890.



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www.georgekayandassociates.com

Super Clothing Sale Sponsored by Barrington United Methodist Women

Tired of chilly, dreary weather? Can't wait for shorts-and-sandals season? The Barrington United Methodist Women can't either! That's why they're planning a "Like New Spring and Summer Clothing ReSale" on Friday, April 18 and Saturday, April 19 at Barrington United Methodist Church, 98 Algonquin Road (southeast corner of routes 59 and 62) in Barrington. The sale will take place Friday from 9 a.m. to 7 p.m. and Saturday from 9 a.m. to noon. On Saturday, shoppers can take advantage of a Bargain Bag Sale, with all the goodies you can fit into either a \$3 or a \$5 bag! Proceeds from the sale will go towards local missions.

As its name implies, the new "Spring

and Summer Clothing ReSale," patterned after the Rummage Sale, will feature all types of spring and summer clothing, jackets, swimwear, accessories, shoes and sandals for adults and children. So come check out the sensational warm weather buys!

Or, are you looking to donate gently used summer treasures? Donations of clothing will be accepted on Monday, April 14 from 9 a.m. to 8 p.m., Tuesday and Wednesday, April 15 and 16 from 9 a.m. to 4 p.m. Tax donation receipts will be readily available.

For more information, please call 1-847-836-5540.

BACOA Announces Support and Education Groups for April

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for April.

• **Caregiver Support**—Open forum; caregivers attending can discuss information pertaining to their own situations. The meeting will be held Wednesday, April 2, from 7 to 9 p.m. at the BACOA office in the Prairieview Building at The Garlands of Barrington, 6000 Garlands Lane, Suite 100, Barrington. New members are welcome to attend. Call Penny LeNeveu at BACOA at 1-847-381-5030 with questions or to register for the meeting.

• **Alzheimer's Association Support Group**—The group will meet will meet Thursday, April 17, from 1-3 p.m. in the Eastlake Dining Room at the Garlands of Barrington, 1000 Garlands Lane, Barrington.

• **Low Vision Education and Support**—The group will meet Thursday, April 10, from 1 to 2 p.m. at Lake Barrington Woods, 22320 Classic Court, Lake Barrington.

• **Parkinson's Education and Support**—For its April meeting, the group will attend the 2008 symposium for the Midwest chapter of the American Parkinson Disease Association. The symposium will

Give Your House a Whole New Look with a Whole New Landscape

Whether you've been in your home for 10 years or 10 days, you can make it uniquely yours with a custom landscape that is not only beautiful, but logical for your needs and outdoor activities!

In *Yard and Garden Makeovers: Your Guide to Creating a Beautiful, Logical Landscape*, George and Brian Kay, two dedicated landscape designers and architects, look at multiple aspects of creating an individual landscape that not only reflects the interests of the inhabitants but also provides beauty. Through their years of experience, the Kays look at how a yard is used, what the homeowners enjoy, and the feel of the home and neighborhood to determine a landscape plan that combines form and function. Equally important is the use of natural elements as part of construction, enforcing the unique look of each landscape.

The Kays walk readers around the house, discussing what's appropriate for a front yard garden, making livable areas in the backyard, and attractive and functional walkways and entrances to the home and garage. Key to the book are the "before" and "after" shots of the authors' past projects. These makeover images show how a drab but serviceable landscape can be beautifully and logically improved to reflect the owners and add zest and value to the property.

George Kay is an award-winning landscape designer who now, with his son Brian, runs **George Kay and Associates**, a landscape design and construction firm with two offices and a nursery. He is author of *Landscape Plans*, a guidebook to residential landscaping. He is co-author with Kaneji Domoto of *Bonsai and the Japanese Garden*. The American Association of Nurserymen has recognized his work—including the Union Oil Facility in

Chicago and the Lions International Headquarters in Oak Brook, Ill.—with awards of merit. He received his degree in landscape and nursery management from Michigan State University.

Brian Kay is a registered landscape architect. His experience includes golf course construction and architecture and residential landscape architecture, and he has worked as a landscape architect, land planner and consultant before joining his father at **George Kay and Associates**. Brian received a bachelor's degree in landscape architecture from Mississippi State University.

Jennifer Derryberry Mann is a freelance writer and editor based in Minneapolis. She has edited magazines for the floriculture and agriculture industries, and she helps horticulture businesses develop content for their web sites and marketing materials. She received a bachelor of science in journalism from the University of Kansas and certification in interactive media and online communications from the University of Chicago's Graham School of General Studies.

Book Details

Title: *Yard and Garden Makeovers: Your Guide to Creating a Beautiful, Logical Landscape*

Authors: George Kay, Brian Kay and Jennifer Derryberry Mann

Publisher: Ball Publishing, Distributed by Independent Publishers Group

Publication: May 2008, \$39.95 (\$43.95 CAN), Hardcover, ISBN: 978-1-883052645, Gardening, 174 pages, 8 inches by 10 inches, color photographs

Available at bookstores everywhere and through **George Kay and Associates**, 21 N. 6th St., Geneva, IL 60134. Visit them online at www.georgekayandassociates.com.

Field & Flower Garden Club Visits the Chelsea Flower Show

Wintry February weather conditions caused Field & Flower Garden Club to cancel and reschedule a "visit" to the famous Chelsea Flower Show held in London each May. Diane Hunter will now give her impressions of this fabulous exposition on Wednesday, April 2, 7 p.m., in a member's home.

Approximately 160,000 visitors attend this flower show held on the expansive grounds of the Royal Hospital in Chelsea. It has been staged since 1852 by the Royal Horticultural Society and is a wonderful venue for launching new plants and revising the popularity of older varieties. The show gardens installed on the hospital grounds have to be seen to be believed, but the amazing floral designs staged in huge tents are also a main attraction.

Field & Flower Garden Club has been a part of the greater Barrington Area for

over 49 years. Its membership includes novice gardeners as well as those very knowledgeable in growing, landscaping and design. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include a program, a short business meeting, refreshments and time to ask gardening questions. Guests are always welcome. Field & Flower is a member of the Council of Barrington Garden Clubs, Garden Clubs of Illinois Inc. and National Garden Clubs Inc. For information, please call 1-847-277-7901 or 1-847-381-7816.

Save the Date!

On Saturday, May 10, 8 a.m. sharp, rain or shine, Field & Flower's Annual Plant Sale takes place at Barrington Jewel parking lot, 105 W. Main St. Looking for a special perennial? Come early!

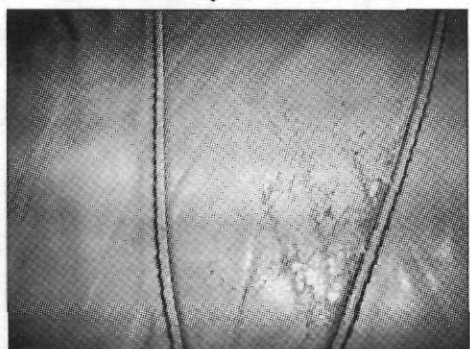


be held Saturday, April 5, at the Meadows Club, 2950 W. Golf Road, in Rolling Meadows. The group will resume its regular meeting schedule—the fourth Saturday of

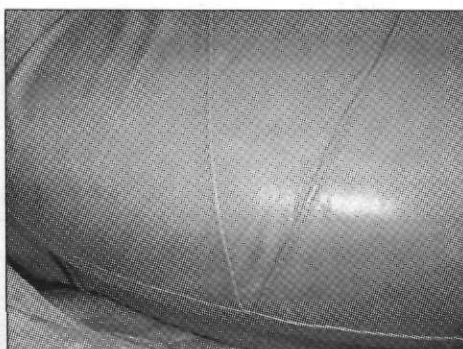
each month—in June.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit www.bacoa.org.

Spring Cleaning Should Include Leather Furniture



Before



After

For many Midwesterners, springtime means time to do a deep cleaning throughout the household. Ron Nelson of **Color-Glo Quality Leather Restoration** reminds us that it's vitally important to include your leather furniture on that cleanup list. Just as a long winter of dry furnace air leaves our own skin feeling dry and cracking, leather furniture becomes dry as well. "Our professional cleaning and conditioning treatment will keep your leather furniture looking great and will prolong the life of your leather furniture investment," states Nelson. Leather furniture manufacturers recommend cleaning and conditioning every 3 to 6 months for long-lasting beauty and durability.

Color-Glo Quality Leather Restoration is a mobile service that can give your leather furniture the professional cleaning and protecting conditioning treatment that will protect and preserve the color and supple feel of the furniture. Without

proper care, leather furniture can become dry, cracked, and faded. Natural body oils can accumulate from regular use, and create dark stained areas that will eventually cause the leather to crack and be permanently damaged.

Color-Glo Quality Leather Restoration is known for dependable service and expert workmanship. They utilize products specifically designed for finished, aniline or nubuck leathers. In addition to cleaning care services, they also re-dye, repair and restore faded, torn, and damaged leathers. Complete restoration services can bring new life to your worn leather furniture. They are recommended by Angie's List and are authorized Restoration Center specialists. To see "before" and "after" photos of their work, visit www.QualityLeatherRestoration.com. For a free telephone consultation and estimate, call **Color-Glo Quality Leather Restoration** at 1-847-719-2934.

Lawn Problems?

Turf Care Enterprises Inc. has your lawn care solutions!

Turf Care Enterprises was founded in 1986 with the goal to provide a more personalized, knowledgeable, and environmentally friendly lawn care service to our area. Locally owned and operated, their team of certified professionals know what it takes to produce the most beautiful lawns around. "We continually research the latest products and techniques, utilizing only the finest for our programs," said Kevin Vogeler, the company's owner. The fertilizers they primarily use are formulated based on local soil testing.

Turf Care Enterprises specializes in personalized, custom-tailored programs that meet the individual needs of each lawn. They do not use the approach common in the industry where a set program is used on all lawns. Instead each of their service vehicles are equipped with many different products and formulations, to ensure that each individual lawn gets exactly what it needs. This personalized approach helps create lawns that are the envy of the neighborhood.

Turf Care Enterprises' lawn care technicians are knowledgeable professionals, committed to providing you with the highest level of service and expertise. In fact, they have a higher ratio of personnel with certifications in turf grass management than any other company in this area. Vogeler commented "My company is dedicated to improving the world we all



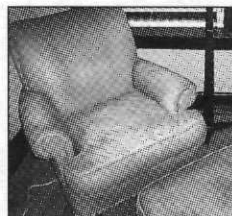
share. We love growing things and have made this our lives' work." When caring for plants they use a gentle, natural approach, selecting environmentally friendly products. "We use primarily natural mineral and organic materials. If problems develop and other products are needed, they are applied only as necessary." This has allowed **Turf Care Enterprises** to manage thousands of lawns using an average of only 3 percent chemical pesticides annually.

Turf Care Enterprises also has a specialized Tree and Shrub division, with ISA-certified arborists. They offer a wide range of tree and shrub care services to enhance the beauty of your landscape. Some of the services they provide are liquid injected fertilization, insect/disease controls, medicated injections and inspection treatment programs. For more information, contact them at 1-847-304-4144.

Leather Furniture Dirty or Stained?

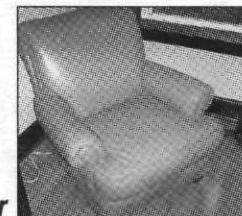
Damaged, Tearing, Wearing, Faded?

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Early Deadline!

The deadline for the **May Issue** is **Thursday, April 10.**

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For news submissions, contact the editor:

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Please include your business name and phone number on all communications.



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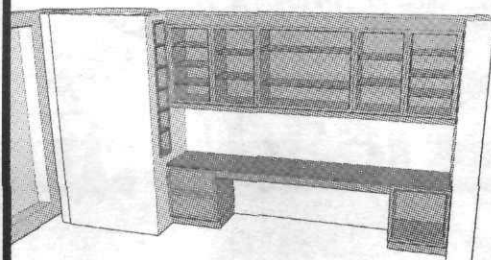


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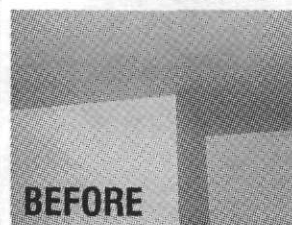


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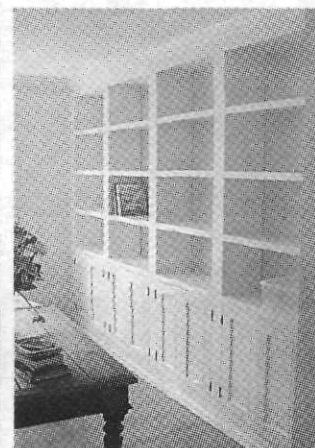


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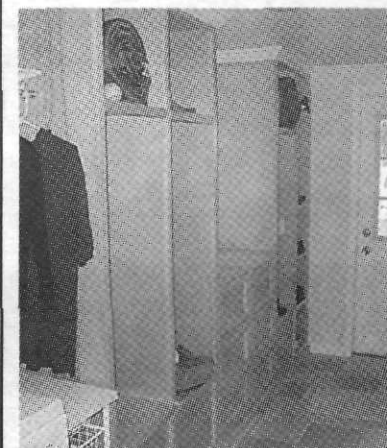


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Historian Speaks to LBS Residents

On March 10, a group of over 40 Lake Barrington Shores (LBS) residents gathered in the Fireside Room to hear Barbara Benson, former 10-year director of the Barrington Area Historical Society and historical writer. Focusing on Lake Barrington and Cuba Township, she talked about the development of the greater Barrington area over the last 150 years.



Pictured with Barbara Benson (center), are Maria Lydon (left) and Ann Cronin.

Area Seniors Invited to "Lunch on the Prairie"

Students from Barrington Middle School Prairie Campus will entertain area seniors at "Lunch on the Prairie," Tuesday, April 12, 29 from 10:30 a.m. to noon at Prairie's campus, 40 E. Dundee Rd. Barrington.

Prairie's student council, as well as its music and home economics departments

have sponsored the event since 1998. Students provide entertainment and brunch for seniors who attend.

Seating is limited. For reservations, call Linda Avellon at BACOA, 1-847-852-3892, no later than Tuesday, April 22.

DAR Genealogy Workshop

Signal Hill Chapter of the Daughters of the American Revolution (DAR) will hold a Genealogy Workshop, Saturday, April 12, 10 a.m. to 4 p.m. at the Barrington Area Library, first floor Room A, 505 N. Northwest Highway, Barrington.

Debbie McArdle, a member of Kishwaukee Trail Chapter NSDAR will present the program—"Do These Genes Make Me Look Fat." The presentation will show how DNA testing can be used in genealogy research.

Following the program, Helen Palmer and the DAR Membership Task Force, as

well as chapter members, will be available to assist those who are interested in DAR membership.

Anyone who would like to know more about the NSDAR, interested in becoming a prospective member or researching their family history is invited to attend this free meeting.

A light breakfast and lunch will be served.

To be eligible for membership in NSDAR a woman must be no less than 18 years of age and able to prove her lineage to an ancestor who aided in the cause of the

Passed Promotion Test



The following local residents successfully passed their fall 2008 promotion test, held Saturday Feb. 16 at Barrington Martial Arts, 123 Barrington Commons Plaza, Barrington. Their judges were Master Tolbert, Master Lawson and Jon Thierer.

Pictured (from left, front row) are Jack Meehan of Barrington, Michael Stancy of Barrington Hills, Gabriel Checchi of Inv-

erness, Capria Nordquist of North Barrington, John Cook of Barrington Hills, (back row) Master Tolbert, Adam Hay of North Barrington, Ryan Blair of Barrington, Jake Shindelar of Deer Park, Orest Byskosh of Barrington, Mark Ostrowski of Barrington, Master Lawson, and Jon Thierer.



American Independence through military, civil or patriot service. The chapter is eager to help prospective members trace their ancestry. In addition to workshops, private assistance can also be arranged.

If you need to know more about the workshop or membership, please contact Margaret Christiansen, 1-847-836-1758, or Laura Donis, 1-847-658-9527.

High School Students Sought for Advocate Good Shepherd Hospital's Future Healthcare Professionals Program

Advocate Good Shepherd Hospital is offering the prestigious Future Healthcare Professionals Program to high school juniors interested in health related (nonphysician) careers.

The Future Healthcare Professionals Programs offers observation experience in many hospital departments including nursing, physical, occupational and speech therapies, radiology, pharmacy, dietary, and laboratory. Additional information includes future job outlook, education required for specific health care professions, and projected annual salaries. The Future Healthcare Professionals Program meets

Monday through Friday, July 14 through Aug. 8 (four weeks), eight hours a day.

Eight students are selected for the Future Healthcare Professionals Programs by interview, teacher/counselor recommendation, written essay, past experiences and grade point average. A stipend is given to each participant at the conclusion of the program.

Applications are available through local high school guidance counselors and can be downloaded when visiting Good Shepherd's Web site www.advocatehealth.com/goodshep. The deadline for applications is April 11. The Future Healthcare

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Call for a free in-home estimate at **1-847-669-7015** and let the joy begin!



2008... A Time for "A New Earth" and a New Landscape Seen with New Eyes

"A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust."

—Gertrude Jekyll, landscape architect

Ever look at something with "new" eyes? One day the trees are bare, the next they're fully leafed out. Children grow a bit everyday but we don't seem to notice until we look at last year's photos. And what about those wrinkles!

It's the same with your home's landscape. You know when things aren't quite the way you want but it's so easy to get "used" to the way things are. Our suggestion is to consider a landscape change—and we'd love to help you with this creation.

What do you see? How do you feel?

What I'd like you to do, is really look at the outdoor spaces around your home. Stand or sit from various points of view and consciously become aware of what you see and how it makes you feel. Do you find yourself peaceful or anxious, happy or frustrated? Is it inviting or overwhelming?

At **SanFilippo Landscape**, we want to help you "see" and then help you create an environment that will engage and help you and your family enjoy life surrounded by nature. When creating a haven, our efforts will result in a place that's everything a landscape should be...

...A Place to Entertain

Why not enjoy your financial investment while you're living there? Whatever your family's style is, your garden rooms should reflect that. Consider the front as the true entrance to your home. Make it welcoming and maybe even create a place to sit and enjoy the neighborhood. In the backyard, do you have parties and need large patio space or a pool and hot tub to enjoy with family and friends? You decide and we'll help you create this new space.

...A Place to Relax

From the smallest to the largest yard, always keep a place for quiet and relaxation. Whether a hammock, a bench or a gazebo, create an area to indulge in your natural surroundings.

...A Place to Heal

Stress is part of everyone's life and can be very productive when a goal needs to be achieved. But when stress is a constant, illness can be the result. Studies have shown that whether working with plants or simply taking the time to enjoy nature, healing can begin. What better place than your own backyard? Gardens teach us about life and nature shows us a way to relax and be aware.

Allow us to help you create a "New Earth" for your family. To arrange a consultation, please call Michael at **1-847-426-9190**.

"Do not be afraid to go out on a limb... That's where the fruit is." —Anonymous

The Garden Club of Inverness to Take a Virtual Tour of the Chelsea Gardens

Garden Club of Inverness member Diane Hunter is known for her outstanding slide-show presentations. She will be sharing her experience and knowledge of gardening on Thursday, April 17 at 9:30 a.m., as she takes us on a tour of the internationally famous Chelsea Gardens in England. Hunter will help her audience experience the incredible history, pageantry and glory of the world's finest and most beautiful collection of flowers. Unusual new plant

cultivars, unbelievably colorful vegetables, fanciful and chic garden furniture and garden art will delight all who see this show.

The Garden Club of Inverness meets on the third Thursday of the month at 9:30 a.m. at All Saints Lutheran Church, 630 S. Quentin Road, Palatine. After a brief business meeting and refreshments, the program begins. For info, call Carole at 1-847-381-2727. All gardeners are welcome.

Professionals Program participants will be announced and notified by May 30.

For additional information about the

program, contact Renee Norberg of Good Shepherd's Education Department at 1-847-842-4156.

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Stillman Nature Center April Activities

Bird Banding

On Sundays, April 6 and May 4, from 9 a.m. to noon, watch Mark Spreyer, a licensed bird bander, measure, weigh and record data about our resident and migratory birds. Birds are not caught in a predictable manner, so come prepared to hike the trails. With luck, you'll see a bird in the hand and two in the bush. If it is raining, the banding open house will be cancelled. There is no cost.

Don't Miss Raptor Sunday!

Has the tax man sunk his talons into you? Come see how it's done in nature! On Sunday, April 13, meet the great horned owl and screech owl plus a peregrine falcon and broad-winged hawk. We will

bring the birds out so you can see them up close. Bring a camera and a friend! Drop by anytime between 1 and 3 p.m. in the afternoon. There is no cost.

Solar Observing on (What else?) SUNDAY

On Sunday, April 27, from noon to 4 p.m., join the Northwest Suburban Astronomers and observe our nearest star with special telescopes and filters. See sun spots, filaments and solar prominences in remarkable detail! This will be a fun and safe activity for the entire family.

After observing the sun, take a hike on your own or join a walk led by Stillman's naturalist and enjoy the life-giving properties of the sun as spring flowers and birds

From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

"In like a lion, out like a lamb" is supposed to be the weather pattern for March. This winter has really sunk its teeth into my bones; if we can just get rid of the spiky, grey snow cover that is lingering, the beautiful 45-plus-degree days might be able to coax something green out of the ground.

I think "green" is on everybody's mind lately. My kids are so overly zealous about recycling that I have to police our recycling bin. Last week, when Josh tried to "recycle" his sister's report on Pocahontas, I very narrowly averted a repeat of Indian hostilities in my own kitchen.

Anyway, Ford Motor Company does a much better job of being green than we do. The **2008 Ford Escape** uses seating surfaces made from 100% post-industrial materials. Annually, they conserve an estimated 600,000 gallons of water, 1.8 million pounds of CO₂ equivalents and more than 7 million kilowatt hours of electricity. This summer, the **2009 Lincoln MKS** sedan will debut with an available 6-cylinder EcoBoost turbocharged engine that

return to our area.

If you like, bring a dish and join us for a potluck picnic. Remember to call Stillman at 1-847-428-6957 and let us know if you're coming. If it rains, the event will be cancelled. If the weather is iffy, call Stillman for an update before making the trip.

Sunday Morning Bird Walks



not only delivers up to a 20-percent increase in fuel economy but also offers up to a 15-percent reduction in CO₂ emissions. Relative to cost, the EcoBoost technology will pay for itself in fuel savings in about three years, versus seven for diesel and 11 for a hybrid. The MKS will also be built in Chicago, so you can support our local economy by coming into **Wickstrom Ford Lincoln Mercury** and checking out our latest "hometown" car.

Until next month,
—Amy

On Sundays, April 20 and May 18, at 8 a.m., Mark Spreyer will lead a morning bird walk. Migration will be under way and you never know what we might find. Binoculars and field guides are a must. If you don't have any, don't worry, Stillman does. Please call 1-847-428-6957 to make reservations. For ages 10 and up. There is no cost.

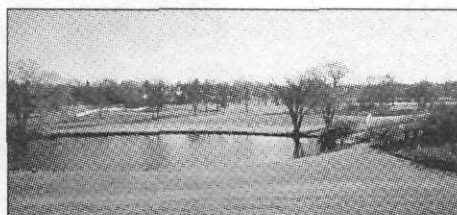
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OFFERED AT \$1,199,000



BARRINGTON HILLS

Five spectacular lakefront acres on a private secluded lake. On a quiet cul-de-sac, it is in a prime location on a private lane, just moments from all Village conveniences. Enjoy idyllic views and beautiful Lake Melissa.

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Set on five acres, this delightful, fully functional equestrian property offers an updated 2 br home, 6-stall barn with club/tack/viewing room w/ 1/2 bath, wash rack, large hayloft & attached 60x80 indoor arena. Also includes an outdoor sand arena & abundant turnouts & pasture areas. All this in a most prime location!

OFFERED AT \$1,199,000



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Awe-inspiring architectural design and detail. It offers a grand gourmet kitchen, sumptuous master suite, 6 fplcs, finished walkout LL, stone terraces and 4 car garage. It is elegant, warm & very livable.

OFFERED AT \$4,490,000



BARRINGTON HILLS

A grand allée of trees leads to this gracious Barrington Hills estate. Set on 9.8 rolling & wooded acres, it features 5 BR, 5.1 BA, 3 fireplaces, generous public & private areas and lovely views from every window. The magnificent grounds offer a sparkling pool, tennis court, delightful 4-stall barn, dressage arena & caretaker's cottage.

OFFERED AT \$4,400,000



BARRINGTON HILLS

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

OFFERED AT \$3,599,000



BARRINGTON HILLS

Significant estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



BARRINGTON HILLS

Set on five secluded acres on a private lane, this enchanting home features 4 BR, 3.1 BA, 4 fireplaces, cook's delight kitchen with fire-lit hearth room, dramatic great room with vaulted ceiling and romantic 1st floor master suite. The peaceful setting offers a sparkling pool, 4 stall barn with ample turnouts and outdoor sand arena.

OFFERED AT \$1,349,000



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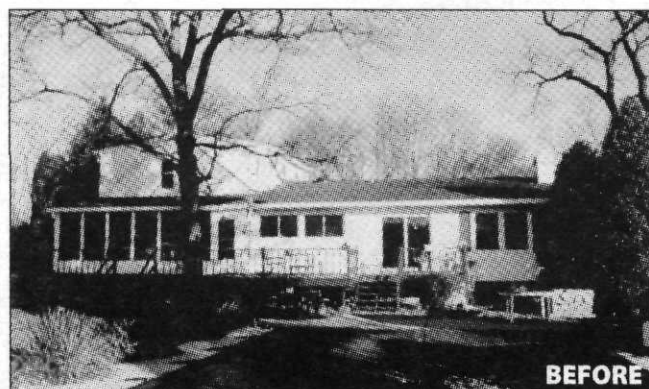
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"Celeste has been our interior designer for over seven years, helping us design two homes during that time. She truly knows how to make a house feel like a home. She is able to incorporate our taste and needs into every detail of our home, making it a warm and inviting place to spend with family and friends."

—Paula and Dan Colbert, Barrington

"When choosing a designer for my home I wanted someone that could envision the look and feel I wanted my home to convey. Celeste Jackson has that unique vision to turn a plain room into something truly amazing and completely my style."

—Michele and Scott Barber, Inverness

"Friends have told me that sometimes they are hesitant to hire a designer because they are afraid the designer will want to throw out everything they have and completely change their style. Celeste has wonderful and creative ideas, but is so adept at incorporating the things that are important to you, while giving your home a fresh, updated look. Her sense of color is phenomenal!"

—Nancy and John Willis, Inverness



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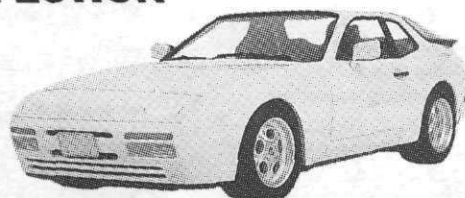
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I am Chuck Harley, owner of **Barrington Coach Haus & Ability Auto Body**. I am writing this article to let you as a consumer know your choices if you ever are in need of auto body repairs.

First, let me give you some history on our company. I first owned Barrington Coach Haus and then bought Ability Auto Body in February 2007. We combined both shops and are located at 21N966 Pepper Road at Pepper and Northwest Highway. It enabled us to offer the best customer service of foreign and domestic car repairs under one roof. Barrington Coach Haus has been known for its expertise in foreign cars and Ability Auto Body for its knowledge of domestic cars. We employ technicians from both shops to give our customers the best service for each vehicle. Each shop has been in business for over 30 years, which is a testament to their dedication to quality and customer service.

When you are in need of repairs to your vehicle, and if quality is a concern, I would honor your call. We also have a **mobile estimating unit**. Call us and we will come to your residence or place of employment, whichever is more convenient for you.

When you contact your insurance company, they will probably ask you to take your vehicle to one of its preferred shops that are on their list. The agent or insurance company cannot tell you where to take your vehicle for repairs. They may



say things like if you don't take the vehicle to one of our shops it might take longer to repair and we won't guarantee the job. At **Barrington Coach Haus & Ability Auto Body** we give a written warranty for as long as you own the car. Turn around time would be the same if not less. **Quality will be #1** and cost second. Should you have a deductible, that is all you pay. At our facility your satisfaction comes first.

It is your choice where you want your vehicle repaired. Again, I am Chuck the owner—call us anytime from 8 a.m. to 5 p.m. I look at every job as it goes through the process, making sure quality and a timely manner is in place. That is my promise to you!

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The Barn Nursery & Landscape Center Celebrates 40 Years

Tom Kusmerz, president of **The Barn Nursery & Landscape Center**, which is celebrating its 40th anniversary in 2008, was recently named the Illinois Landscape Contractor Association's (ILCA) 2007 Man-of-the-Year. The honor was presented at the annual Illinois Landscape Contractors Association (ILCA) *Excellence in Landscape* Awards event where over 300 Illinois landscape contractors, landscape designers, landscape architects and others working with homeowners and businesses gathered in late February.

An involved member of ILCA since 1971, Kusmerz, served eight years on the ILCA Board and eight years as ILCA's board representative for Mid-Am, the annual premier Midwest horticultural trade show. He has been a mainstay for 17 years of the ILCA Summer Field Day Committee which sponsors an annual August outdoor landscape exhibition.

ILCA is a not-for-profit trade association of more than 850 firms, suppliers and individuals in the landscape industry. Founded in 1959, ILCA promotes education, professionalism, ethical business practices and quality workmanship through seminars, workshops, publications, trade shows, awards, legislative information, networking, financial and scholarship grants and social events.



**2007 Award Winner for Landscape
Design and Construction**

The Barn Nursery is a landscape design and construction company which has been creating lasting landscapes in the Barrington area for the last 30 years. The Landscape Division provides full-service landscape design and construction including patios, outdoor kitchens, water features, hardscapes, and custom built pergolas.

Tip of the Month

Homes with "excellent" landscaping can expect a sale price about 6 to 15 percent higher than equivalent houses with "good" landscaping, while improving landscaping from "average" to "good" can result in a 4 to 5 percent increase (source: Clemson University).

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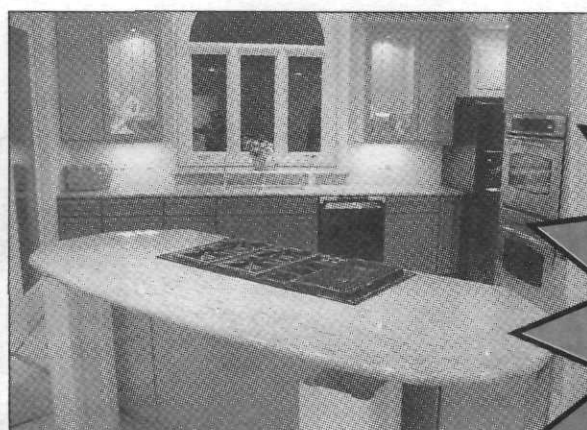


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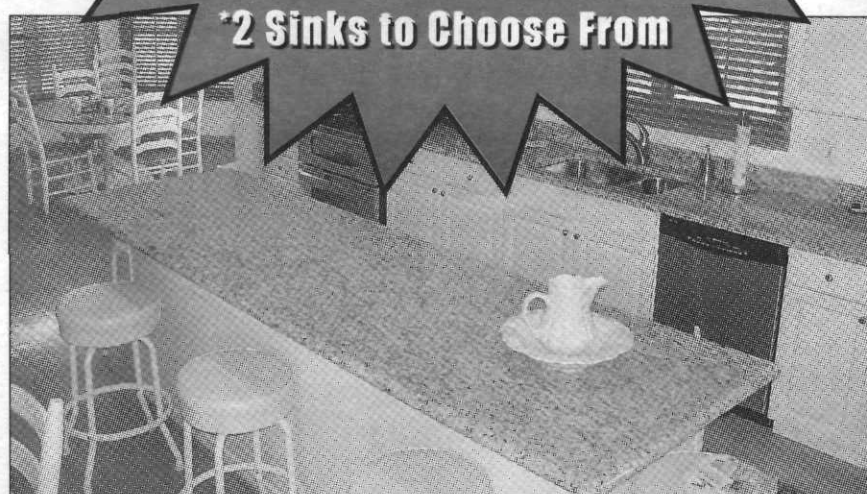
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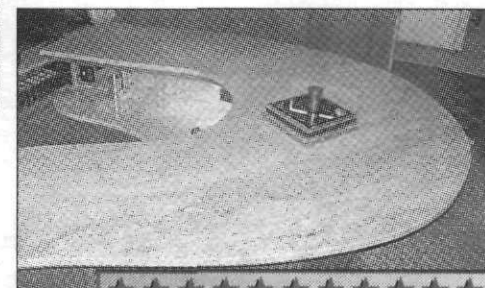
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Barrington

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847-382-1152 fax
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1 1/4 miles west of Route 59

Geneva

1881 S. Randall Rd.
630-313-1203
630-313-1204 fax
SE corner of Randall & Glen Eagle Dr.
near Home Depot

Des Plaines

1723 Marshall Dr.
847-227-5141
847-224-5142 fax
Behind Sam's Club off Mt. Prospect Rd.
Take Wille Rd. to Marshall

Homer Glen

14041 S. Bell Rd.
708-745-9049
708-745-9048 fax
Goodings Grove Mall
in front of Home Depot

Algonquin

130 S. Randall Rd.
847-458-3640
847-849-5493 fax
Corner of Algonquin & Randall roads
near Home Depot