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Editor's Ink

September, 2005

Dear Reader,

The best of all seasons is upon us—sunny days, cool nights, and the leaves changing color offer much beauty. Fall also offers much in the way of activities. School resumes and once again we all become more active socially. So get out those calendars and begin writing.

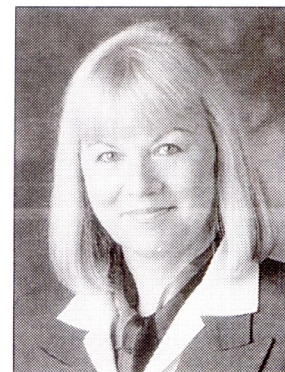
The Barrington Area Arts Council opens its 2005 gallery season with a beautiful presentation, *Lives with Passion*, portraits by Thomas Balsamo. Four years in the making, *Lives with Passion* captures the spirit of mature adults whose lives are influenced by a personal passion to create or to give back to others. It's seeing people you know in a completely different light. Very lovely.

The 31st Annual Art in the Barn will be held this month. In addition to art available in several medias, there will be live entertainment and fun for the kiddies, so make it a family affair.

If a party is what you're in the mood for, reserve Friday, Sept. 30 for BACOA's 10th Annual Wine Tasting which will include jazz and magic. Entitled "Cool Night... Hot Jazz," more than 50 kinds of wine will be offered, plus modern magic laced with comedy and great prizes.

Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Charmed Elegance. A dusty brocade ¾-sleeve jacket is teamed with a mallard silk satin georgette blouse with ruffle. Completing the look are caramel heringbone pinstripe wool blend pants. Liz Claiborne Fall 2005.

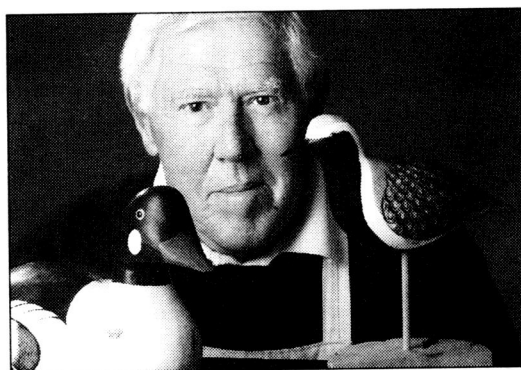


The Barrington Area Arts Council Opens its 2005 Gallery Season with *Lives with Passion*

With the waning of summer and the waxing of fall, September is the beginning of the Barrington Area Arts Council 2005 gallery season. For the next 12 months, the BAAC Gallery, the Gallery at the Garlands and the Gallery at the Library will offer the public 20 exhibitions of original art created by more than 50 local, state and national artists.

Sept. 9 will be the artist reception for the first exhibitions of the year, *Lives with Passion*, portraits by Thomas Balsamo, and *Scene through the Lens*, photographs by Julie Smith. The shows are an extraordinary collection of black-and-white images. If these exhibits are an example of what's to come in future months, then the council is setting the bar very high. It promises to be a very exciting year at the galleries.

Lives with Passion is a collaborative exhibition presented by the Barrington Area Arts Council and the Barrington Area Council on Aging. The collection of 39 interpretive black-and-white portraits and



John Snow, former principal of Arnett C. Lines Elementary School

images by Thomas Balsamo is on view at the BAAC Gallery and the Gallery at the Garlands.

The groundwork for the exhibition was laid in 2000, when the Barrington Area Arts Council and the Barrington Area Council on Aging came together to present *Tales of Life*, a program that connected mature adults with experiences in the arts. The vision for *Lives with Passion* was born out of this program. With the nurturing of dedicated staff and volunteers from BAAC and BACOA and the artistic talent of Mr. Balsamo, the idea has come to life with passion.

"My life has been touched many times over by the wisdom and experience of aging people," said Thomas Balsamo. "I think of my grandma, Mary. She was the wisest person I ever knew. My objective for this collection of interpretative portraits is to capture a glimpse into the souls of people who are aging. Originally, I thought that wisdom would be the overshadowing quality. Surprisingly, that is not what I found. I discovered wisdom, yes, but the most powerful element turned out to be passion."

Lives with Passion captures the spirit of mature adults whose lives are influenced by a personal passion to create or to give back to others. The portraits are of people who live in Barrington and the surrounding area. The viewer may find a familiar face; but beyond, that face reveals an individual who is driven to create. These men and women express themselves through the arts or handcrafts or use their gifts and their vision to strengthen and shape communities. The striking black-and-white images, accompanied by nar-

ratives and quotes, challenge the viewer to reflect upon the powerful impact that passion, creativity and caring can have on the quality of one's life and community. The portraits evoke the question, "Do passion and caring have the power to make us ageless?"

"I always wanted to be an artist, before I knew what an artist was," said Richard Felden, artist, age 85.

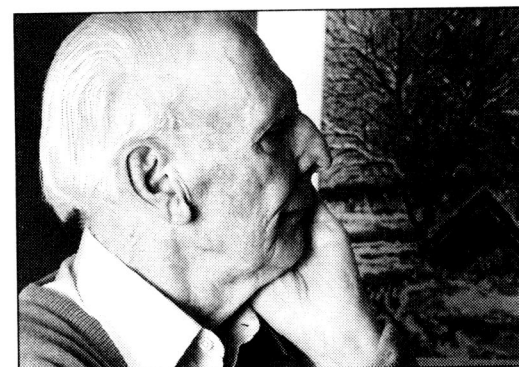
"I never think about my age. It's coming anyway," commented Rowena Swan, genealogist, age 96.

The councils invite the public to a reception for the artist on Friday, Sept. 9, from 7 to 9 p.m. at the BAAC Gallery and the BAAC Gallery at the Garlands. View the artwork, meet the artist and partake in the refreshments.

Lives with Passion will be on view at both galleries through Sept. 29. The exhibit will be shown as a complete body of work at the BAAC Gallery at the Garlands during the month of October.

The BAAC Gallery is at the Barrington Area Arts Council, 121-B Barrington Commons Court, Barrington. BAAC Gallery hours are Monday through Friday, 10 a.m. to 5 p.m. Weekends are by appointment. For more information, call 1-847-382-5626.

The BAAC Gallery at the Garlands is



Richard Felden, former graphic designer, oil and watercolor artist

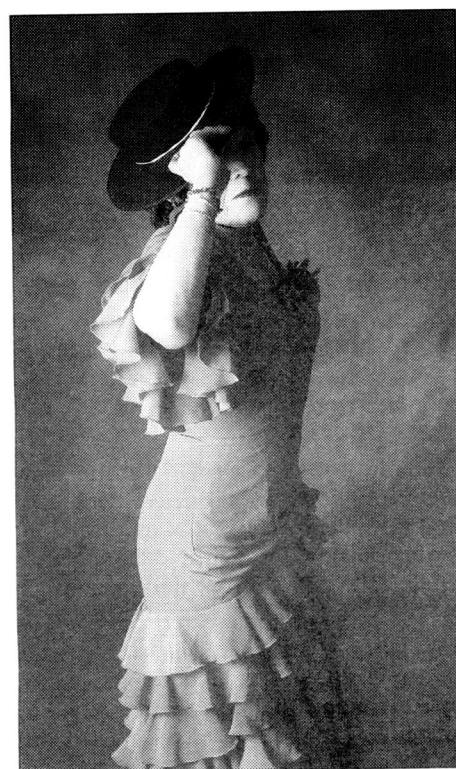
hosted by The Garlands of Barrington, 1000 Garlands Lane, Barrington. Regular hours are 9 a.m. to 5 p.m. or by appointment. If you would like to view the exhibit, please call 1-847-756-3000 to arrange an art tour.

A generous friend of the Barrington Area Arts Council, the Barrington Area Council on Aging and the community of Barrington, underwrites the exhibit.

Scene through the Lens, black-and-white photographs by Julie Smith, will be the September exhibit at the BAAC Gallery at the Barrington Area Library. The two-month exhibit launches the council's new gallery season at the library and is on view through Oct. 31.

Ms. Smith is an emerging artist and has been a resident of Barrington the past 10 years. She began her work in black-and-white photography nine years mainly as a hobby. Her hobby became an avocation as she explored the many facets of the medium. As she grew, so did her art, and she began to exhibit in 2002. In recent exhibitions, two of her works received honorable mention awards. The focal point of Ms. Smith's photographs are portraits and still lifes in which she utilizes natural lighting.

The Barrington Area Arts Council, a nonprofit arts organization that provides, presents and promotes programs in the visual, literary and performing arts, sponsors all BAAC galleries. The council is partially funded by individual and corporate contributors and grants from the Illinois Arts Council, a state agency. For more information, call the BAAC Gallery, visit www.barringtonarts.org or call 1-847-382-5626.



Veronica Potter, artist and flamenco dancer

Hospice of Northeastern Illinois Celebrates the Memory of Family and Friends

Hospice of Northeastern Illinois invites friends and families to celebrate and honor the lives of those who have died this past year at a nondenominational memorial service on Monday, Sept. 26, at 6:30 p.m. at St. Anne's Church, 120 N. Ela St., Barrington.

The service will include a candle-lighting ceremony accompanied by music as the names of those who have died are read. Attendees can share their loved one's life by placing a photo or symbol of

their loved one on a memory table.

Refreshments will be provided, and Hospice of Northeastern Illinois staff will be available for comfort and support.

Please register by Sept. 12 to 1-847-381-5599, ext. 250, or e-mail to chantsch@HospiceAnswers.org to be included in the memorial ceremony. Hospice of Northeastern Illinois is a not-for-profit community resource serving families throughout McHenry, Lake, northwest Cook, Kane, Boone and DuPage counties.

BACOA Trip to Feature Flamenco and Tapas

The Barrington Area Council on Aging and the Barrington Park District will sponsor a trip to "Unraveling Rhythms" at the Music Institute in Evanston on Sunday, Sept. 25, at 3 p.m.

The show, presented by Clinard Dance Theater and The Guitars of Spain, is a unique presentation of flamenco music and movement along with the work of South Indian classical dancer Siri Sonty. Sonty and dancer Wendy Clinard present an innovative performance of their dance forms, cultures and distinct personal heritages.

Following the performance, a tapas dinner will be served at Tapas Barcelona Restaurant in Evanston, Ill.

Transportation will be provided by motorcoach; the bus will leave The Garlands of Barrington at 1:30 p.m.; the performance is at 3:00 p.m.; dinner is at 5:30 p.m.; and the bus will return to Barrington by 8:00 p.m.

The price for the package—which includes the performance, transportation and dinner—is \$68.

For more information or to make reservations, call BACOA at 1-847-381-5030.

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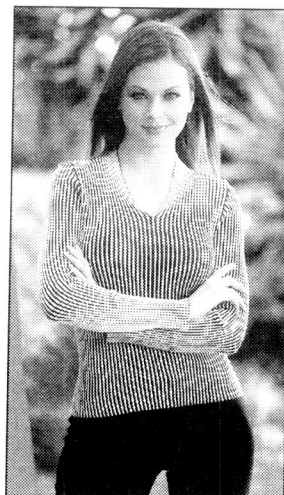
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Making the Seasonal Shift—Assemblé Puts the Pieces Together for You

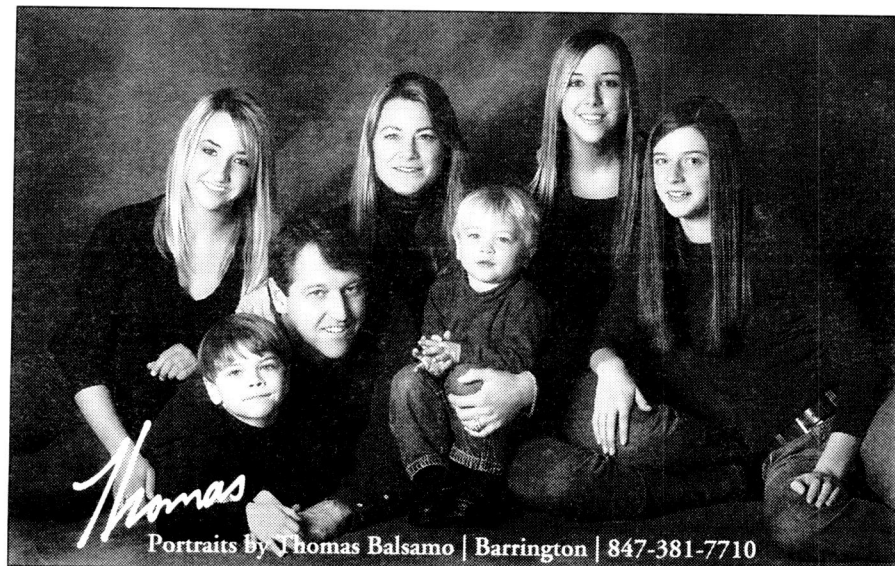
Just returning from NYC this week. We are pleased to see an increasing variety of clothing out there, and our forté is to put the looks together for you—to highlight the “positive” with unique clothing and the special service for which we’re well known. We’ve combed the marketplace to bring you the best, and here’s what we have found for you:

Fitted jackets are a wardrobe must. Embroidered—quilted—suede and corduroy—we can fit and flatter you with September’s must have. Speaking of must haves—skirts! They keep on coming—in knits—tweeds—embellished cottons—anything but boring—you know our style! Layer your little jackets with hot little tees from One Girl Who, Cut Cute and Haven Blu. Subtle sequins here and there add

just enough sparkle. You might choose, instead, from our renown collection of sweaters. Romantic cardigans from Charlotte Tarantola—chunky specialties from One Girl Who, Pow Wow and Kenzie. There’s shrugs, crochets, long wraps and capelets... Hues of persimmon, pesto, rose and peacock complement this season’s gauchos and high waisted dress pants. Oh, we had better mention the embroidered dusters from Johnny Was and “mountain high” faux suedes from Merchant.

Yes, we have a lot to see this month. Shipments will be arriving daily. We have the looks and can make them work for you—ask any of our **Assemblé** customers!

See ya soon!



Portraits by Thomas Balsamo | Barrington | 847-381-7710

Life is short. Time is valuable. Families grow so fast, they seem to change everyday. At **Portraits by Thomas**, we believe in the timeless value of black and white portraiture. **Beat the holiday rush!** Call our studio today at **1-847-381-7710** to reserve an appointment for your family’s portrait. It is truly a wonderful investment, having lasting benefits that will reward you through the years. We also offer a beautiful selection of custom-made **Holiday Cards** that can be personalized using your image and greeting and as always, **Gift Certificates** are available and make great holiday gifts. **Portraits by Thomas** is located at **557 North Hough Street in Barrington**. Visit our Web site www.portraitsbythomas.com.



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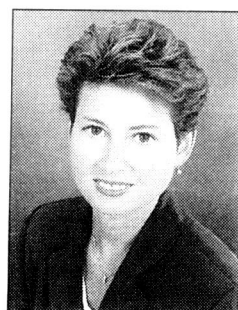
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Protecting Your Legal Rights—Voluntary Resignation by Joette S. Doran, Esq.

In an employment at-will relationship, an employee may voluntarily resign at any time. However, before voluntarily resigning, you should carefully consider the consequences of voluntary resignation, such as the potential waiver of your legal rights, including your right to unemployment compensation. Other considerations include the impact upon your service requirements to qualify for pension or other benefits. In that regard, you should carefully review all documents that impact the calculation of benefits under those plans. Significantly, if you are being subjected to illegal harassment, before quitting, you



should carefully consider your legal rights. This is especially true where the employer has a written policy against harassment.

Special Blacksmith Event Planned by Barrington Area Historical Society

The Barrington Area Historical Society announces a special summer and fall event in downtown Barrington.

Every Saturday from noon to 4 p.m., come view the artistry and craft of the Barrington Blacksmith. Stop by for special

demonstrations too!

He can be found working at the Barrington Area Historical Society, Old Barrington Center, 212 West Main Street, in Barrington now through mid-December.

Call 1-847-381-1730 for information.

The federal antidiscrimination statutes, such as Title VII (race, gender, religion or national origin), the Age Discrimination in Employment Act and the Americans with Disabilities Act, were created to protect employees from illegal discrimination and harassment. Harassment is generally defined as unwelcome conduct, which adversely affects an individual’s employment environment. Today, most companies have a written policy against harassment, which is generally distributed to employees. The antiharassment policy should direct the employee as to whom to complain regarding the offensive conduct without fear of retaliation. After receipt of the complaint, the employer is legally obligated to investigate the allegations and take prompt action to stop the harassing behavior. It is illegal to take any adverse action against the employee for reporting the harassing conduct. Where an enforceable policy exists, if you voluntarily leave a company due to illegal harassment and do not make a complaint, under some circumstances, the employer may not be found liable for illegal dis-

crimination. Particularly, an antiharassment policy that directs the employee to report a claim of harassment can help protect the employer from legal action in certain circumstances where the employee does not report the harassment and where the employer could not have reasonably known about the harassment without a complaint being made by the employee. As such, it is highly recommended that you seek legal counsel before making the decision to voluntarily resign, as failure to do so could adversely impact your legal rights. For further information, please visit our Web site at www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the past-president of Barrington Area Professional Women.

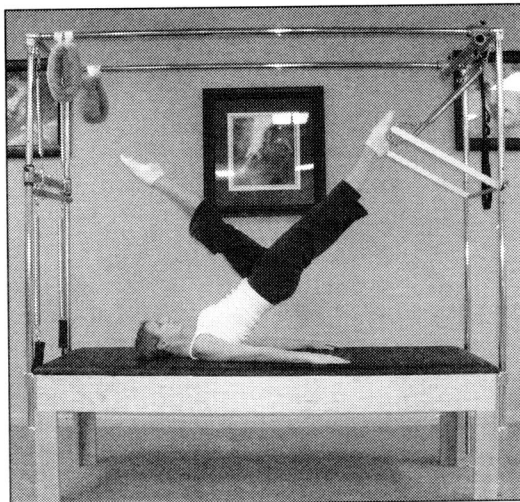
Fall into Fitness with Yoga and Pilates Classes

Fall offers a perfect opportunity to begin an exercise program—new season, new focus, new commitment. Choosing a Pilates or yoga fitness program at **Studio Pilates** can help you achieve the perfect harmony of body and mind working together to succeed.

With professional instruction from **Studio Pilates**, you'll find that yoga and/or Pilates will help you become more flexible. This new-found agility will be balanced by strength, coordination and enhanced cardiovascular health, as well as a sense of physical confidence and overall well-being. Both programs are safe, sensible exercise systems that help you look and feel your very best, no matter what your age or condition.

A yoga pose that is a highly effective strengthener for the legs and ankles is Ardha Chandrasana, or Half Moon Pose, pictured in the adjacent ad. The moon has a rich symbolic significance in yoga mythology. In hatha yoga, for example, the sun and the moon represent the two polar energies of the human body. Other benefits include improved digestion; stress relief; improved coordination and sense of balance; and stronger abdomen, buttocks, spine and thighs.

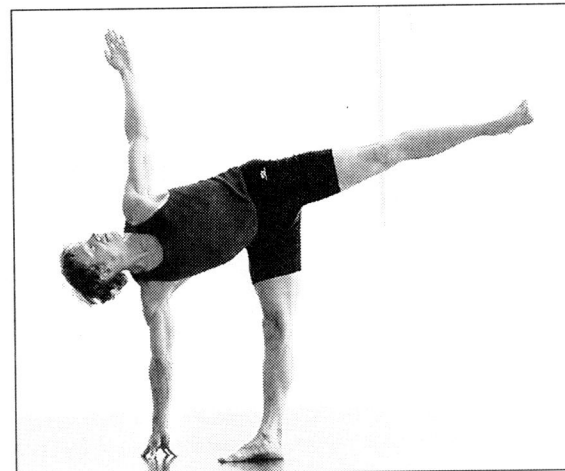
Learn more about the power of yoga and the wonders of the Pilates method of mind-body exercises developed by the



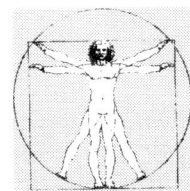
legendary exercise guru Joseph Pilates at **Studio Pilates**. Pilates workout techniques are as unique as the results—stretching and strengthening routines that work with your body, not against it, and emphasize the muscles around your center of gravity—a gentle workout that isolates and simultaneously works those muscles you didn't even know you had.

Studio Pilates Centre of Balance is an innovative, refreshing, mind-body exercise studio conveniently located in downtown Crystal Lake at 46 Brink Street. Call **815-455-4900** or visit online at www.studiopilates.net. Pilates and yoga class sizes are limited to maximize the experience. Call for available class times.

Reach for the Moon



Ardha Chandrasana
(Half Moon Pose)



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It's Time for a Change...

Don't you feel that way this time of year? The sticky, icky mind-numbing summer days are over; the kids are where they belong, out of your hair (just kidding... sort of); and your calendar is not crammed full with "have-tos," "shoulds" and "what-ifs." So let's try something different this fall. **Plan ahead.**

Let's start with getting a jump on the holiday family photos. Making your appointment with the **CLIX** portrait studio right now is the answer. You still have a little bit of the glow of summer on your cheeks, and the photo cards are on sale through October. **CLIX** will make a huge change with their portrait appointments starting Jan. 1, so get crackin'. If you are unfamiliar with the **CLIX** portrait style, stop in and see our parade of stars throughout the store. Appointments fill up fast. They will be very limited, and I won't be doing this much longer... stay tuned for details.

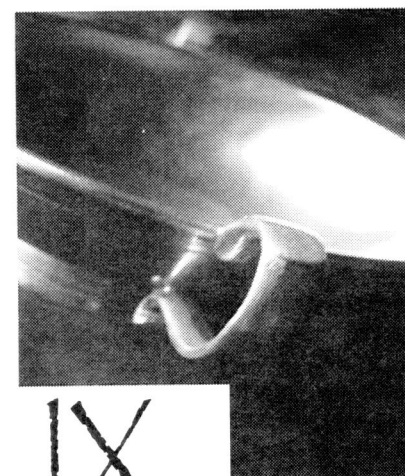
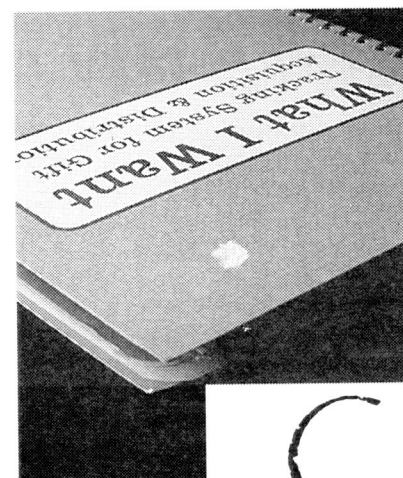
Next, think about all the pastels and bright colors covering your tables and walls right now. Just too bright for this time of year, aren't they? How about fresh, nutty, smoky-colored tabletop accents and more to give your home a change. After all our summer travels to gift shows from Seattle to Philadelphia, **CLIX's** displays are stocked with oodles of ideas for making your surroundings

into a warm and cozy autumn oasis. So your nest doesn't look like it came straight out of a catalog like a million others, make it a point to choose vases, pillows, serving pieces, candles, frames, etc. which show the quirky, one-of-a-kind flair that is you. **CLIX** searches long and hard for the foundations and accessories that will reflect your unique style and personality. Stop in and see the latest findings.

And what about jewelry, you ask? It's at the top of our "New Discovery" list: beads, gemstones and layers of gold, silver and brass abound in the many new pieces we are adding to our growing collection—handmade and original. We find individual artists from across the country who design and create earrings, necklaces, rings and watches of distinction and originality... it's what makes **CLIX 'CLIX.'** We usually buy only one piece per design, so stop in soon and often, as new arrivals will appear all fall.

CLIX photographs & savables offers a shopping experience like no other. You'll find odd, unusual, fun and delightful eye candy... and that's just our customers! Hope to see you soon at 33 N. Williams St., downtown Crystal Lake, **815-455-1092**.

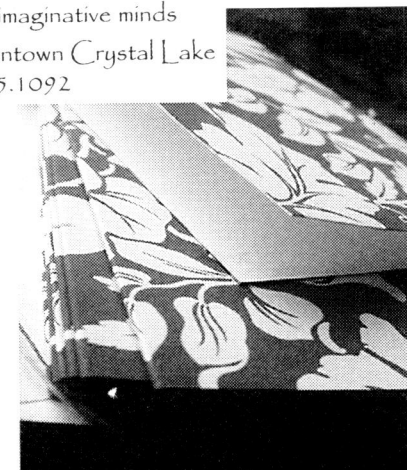
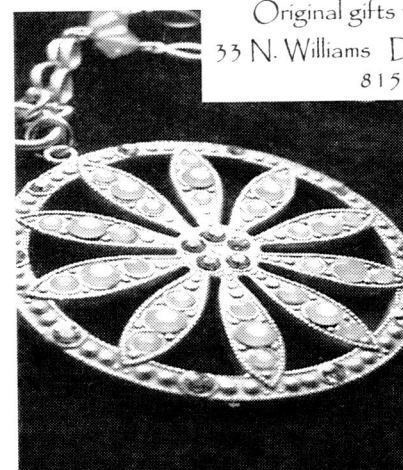
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Creating Your Signature Home Style

by Julie Lavacchi

As the new school year is getting back into full swing, I notice that the volume of design projects I'm asked to consult on increases exponentially. Most of my clients are planning ahead for the holidays and other entertaining during the fall and winter months and want to ensure that any interior project is ready to show off in time for their guests to enjoy. Perhaps one of the reasons they are so eager is that while their children are in school, they can concentrate on some of their own priorities.

A common dilemma I frequently encounter over many years of residential interior design is coaching my clients to discover their personal signature style. Your home should be a reflection of you. However, many are unsure of what their style is or how to express it.

The following are some helpful tips to consider while uncovering your own signature home style:

- **Be Yourself.** It's OK to let your personal style and taste show through.

- **Have Fun.** Approach your interior design project as if you were going out shopping with your friends for a party outfit.

- **Comfort Matters.** But don't forget to add some flair!

- **Think Serenity.** A house done right will give you a true sense of contentment.

- **Accessorize.** Dress up a room like



you would your wardrobe. You need the right shoes, jewelry, handbag...

- **Flaunt It.** Now that you've completed your project, show it off! You've earned it.

*About Julie: An interior design graduate of Illinois State University, Julie has been designing residential interiors for over 13 years in Barrington and adjoining communities. Julie has been a design consultant with **Designs Of The Interior** in Barrington for over a decade.*

Educate the Children While Enjoying Austria



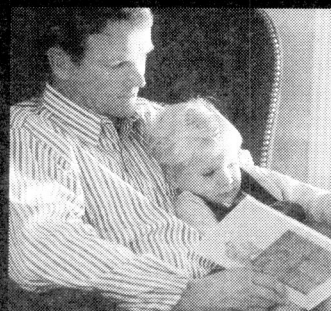
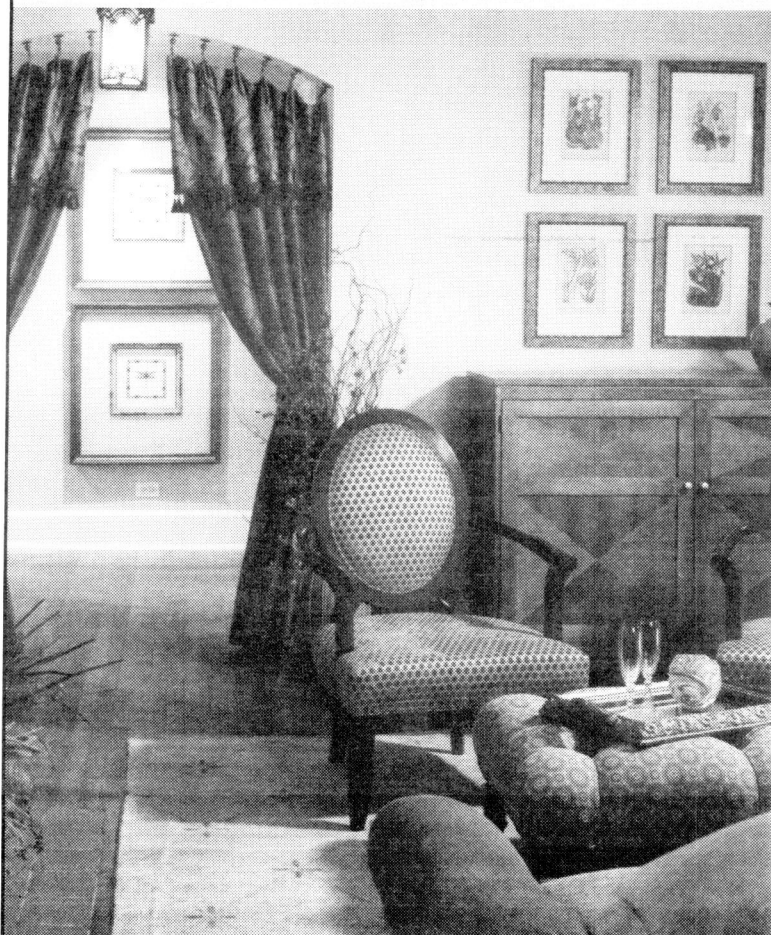
Barrington-based Educate The Children Foundation helps children of foreign backgrounds bridge the cultural gap while living in America. In addition to some language barriers, many children that grow up in foreign cultures, struggling to view American customs and traditions from a similar perspective as those of their American peers. These differences develop into misconceptions that affect the way the kids are learning in school.

Part of the program consists of a series of educational field trips, especially for those children of limited-income families. Weekly mentoring and tutoring hours are provided to children after school. On the international arena, Educate the Children

supports schools for the underprivileged in countries such as Bolivia, India and Haiti, to name a few. The Educate the Children Foundation is looking for partners and advocates to create solutions that serve these children.

Educate the Children will host its annual fund-raiser on Friday, Oct. 7, with the theme "A Taste of Austria" at The Avalon Banquet Hall in Elk Grove Village. The evening will be filled with traditional Austrian food and (Mozart) entertainment. Silent/live auction items, sponsorships or any forms of contribution are welcome. If you would like to contribute or attend this event, call 1-847-382-1859.

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MONDAY-FRIDAY 9:30-6 THURSDAY TILL 8:00 SATURDAY 9:30-5

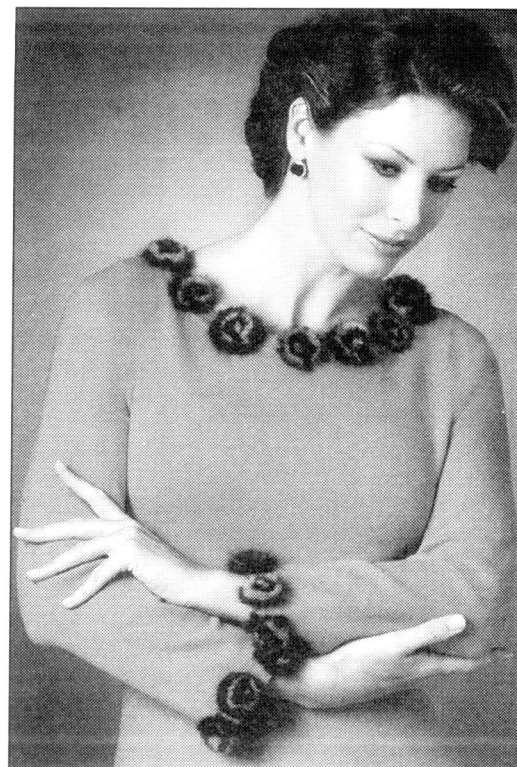
Chuck Hines Focus on Fall— A Golden Era!

Glitter... glitz... sparkle... or just a touch of fairy dust brings glow and newness to all fashions and accessories for fall '05. Metallics are more burnished and now have a more subtle shine... not the glowing gold of old.

These important trends show up as small details and trims that include sequins and embroidery, treatments that are combined with lace and fur for a luxurious vintage and romantic aura.

The magic is in the combining of all these key trends with traditional fabrics, such as denim (particularly jeans), tweeds (many shot with gold threads), velvets, corduroy, chiffon and brocade.

Visit **Chuck Hines** this fall and look for the Midas touch!



TriDelta Alumnae Meeting

The Northwest Chicago Alumnae Chapter of Delta Delta Delta Sorority meets the second Tuesday of every month from September through April.

The Sept. 13th meeting will be a catered dinner. For further information and directions, call Genny Ellefson, 1-847-381-5228.

The Barrington Area Chamber of Commerce to Host 2005 Barrington Community Expo

The Barrington Area Chamber of Commerce announced recently that they will host the **2005 Barrington Community Expo** on Friday, Sept. 9, from 12:30 p.m. to 1:30 p.m. (Business Day), and Saturday, Sept. 10, from 9:00 a.m. to 3:00 p.m. (Community Day), at Good Shepherd Health & Fitness Center, 1301 S. Barrington Road.

Over 60 local businesses will showcase products and services. Door prizes will be awarded, and family entertainment is planned for this free event, which is open to the public.

A buffet lunch on Sept. 9 at 12:30 p.m. is planned to kick off the expo with an informative panel led by the Barrington-Inverness Police Department on "Preventing Identity Theft in the Workplace." Are you the next victim? Tickets are available at the chamber office for \$15. Immediately following the educational session, the exhibit hall will be open to area businesses until 3:00 p.m.

"We are very excited to present the second annual **Barrington Community Expo**," said Janet Meyer, BACC president. "This is the perfect venue for our area residents and businesses to get acquainted with our local merchants and service providers! We invite the community to bring the family and spend an enjoyable day at the Good Shepherd Health & Fitness Center complex on Sept. 10, 2005!"

Convenient shuttle service has been arranged for attendees to park at the Health World Children's Museum at 1301 S. Grove Avenue. Directional signs will be available. All adult participants can join in on the fun of winning door prizes and one

of three big getaway prizes—all three are weekend stays for two: the Chicago Marriott Northwest, Hoffman Estates; Galena Getaway in Wisconsin; and the Grand Geneva, also in Wisconsin. In addition, the exhibitors will announce table prize winners on Saturday afternoon.

The **2005 Barrington Community Expo** will be a tradeshow format featuring area businesses. This event is expected to draw thousands of attendees! On Saturday, a host of family entertainment will be on stage from 10:00 a.m. to 3:00 p.m., welcoming former Chicago Bears Ray Austin and Fabian Bownes and present Chicago Blackhawks pro celebrities. Autographs will be available. The Chicago Fire Soccer Express will also be on hand with their mascot. Other activities include Maria Graft & Band, local student demonstration, food demo with food and refreshments available, a moonwalk, kids' puppet show/face painting, health screenings, clowns and much more!

Again, this event is free and open to the public. This year's presenting sponsor is Advocate Good Shepherd Hospital.

"We still have a few booths left at the expo," Meyer said. "This is a great way for businesses to generate leads, make recruitment opportunities, develop collaborative relationships with other vendors, and showcase your products and services in a marketplace setting."

This year, limited outside booth space is available for Saturday's "home and garden show" vendors.

For more information, please call the chamber at **1-847-381-2525**.

Open to the Public!

The Barrington Community Expo

FREE Admission!

Local Businesses Showcasing Products & Services

**Sponsored by: The Barrington Area Chamber of Commerce
and Good Shepherd Health & Fitness Center**

Join us for the **2005 Barrington Community Expo**
at **Good Shepherd Health & Fitness Center**

BUSINESS DAY: Friday, Sept. 9, 1:30-3pm

COMMUNITY DAY: Saturday, Sept. 10, 9am-3pm

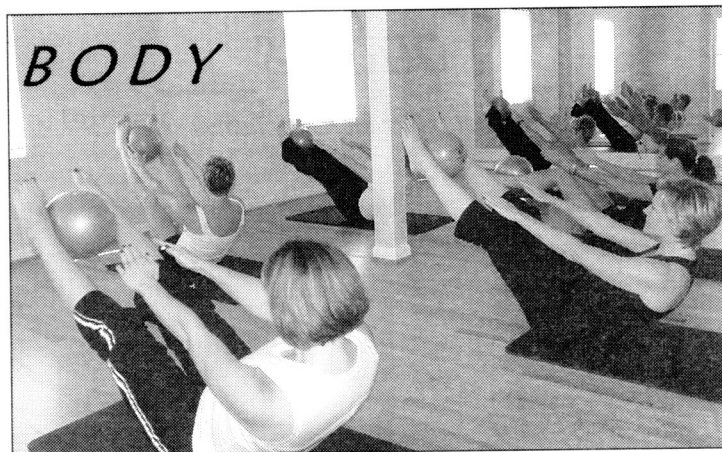
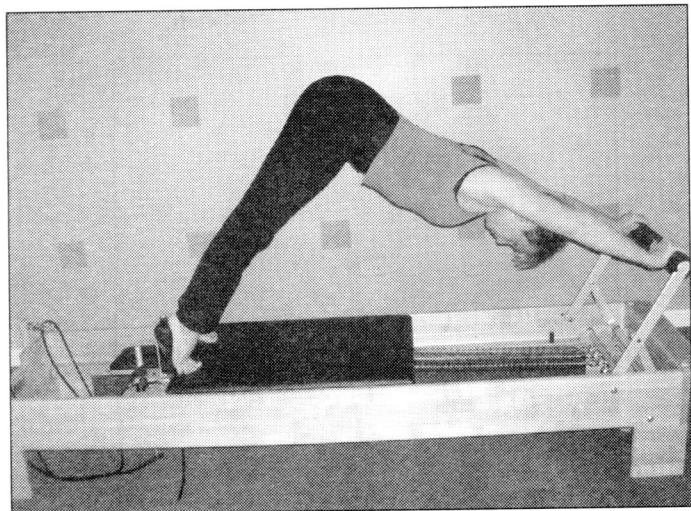
- Over 60 businesses showcasing products and services!
- Children's activities with the Chicago Fire Soccer Express mascot, face painting, puppet show, clowns and moonwalk!
- Former Chicago Bears and current Blackhawks pro celebrities!
- Live entertainment on stage with Maria Graft & Band
- Health screenings, door prizes and much more!

For more information,
please contact
The Barrington Area
Chamber of Commerce:



www.barringtonchamber.com
325 N. Hough St. Barrington IL, 60010
847-381-2525

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 - Spin
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 - Bosu

PERSONAL TRAINING:

- General Fitness
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- Pre/Postnatal

Welcome Wagon of Barrington Helps Mt. St. Joseph

Welcome Wagon of Barrington recently changed its name in May to The Corterie of Barrington and Surrounding Communities. The club itself is the same and will continue to raise funds to be distributed in May 2006.

While primarily a social club, The Corterie has a full calendar of events scheduled for the 2005-2006 year, beginning with a Kick Off Game Party on Sept. 13 from 9 a.m. to lunch at noon at the Inverness Club. Tickets are \$30. Please call Betsy, 1-847-381-4635, for more information about The Corterie, Game Day and joining the club.



Bonnie Vaughan, past president of Welcome Wagon of Barrington, proudly presents a donation check to Sister Gertrude, DSMP, Mother Superior of Mount St. Joseph.

live brightly.



Bold and playful — or quiet. This season say who you are with a vibrant array of new shades for autumn/winter. Update your look easily with New Triple Accent™ double-ended pencils for eyes, cheeks and lips. **Stop by for a free makeup consultation today.**

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Wednesday 9:00-5
Friday 9:00-6
Saturday 8:30-4

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Fall 2005
is Fantastic!
Come Take
a Look!



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Tootsies

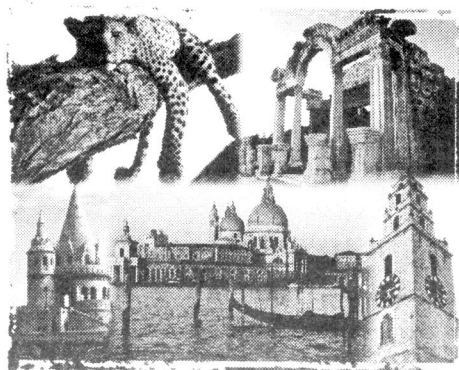
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September Pre-Season Boot Sale
20% Off All Boots

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Eleanor Nelson Again Selected to Conde Nast Magazine Top Agent List by Eleanor Nelson

Each year, Wendy Perrin editor of *Conde Nast Magazine* researches and decides on her choices for the Top Travel Agents of the World. This year as in the past three years I have once again been selected for the Conde Nast Best Agents List. Wendy has spent years interviewing travel agents for "The Perrin Report." Those selected are "people I've found to offer the best combinations of specialized knowledge, insider connections, user-friendly itineraries and value for money." Each year, she evaluates hundreds of applicants and only 100 make the cut. The travel agents who make the list says Wendy, "do so by meeting or exceeding our expectations and those of our readers."

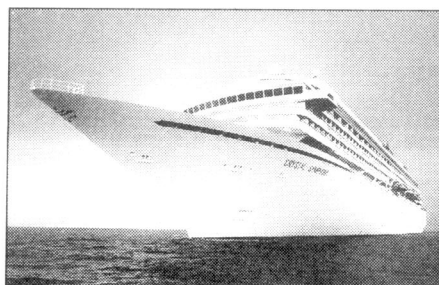
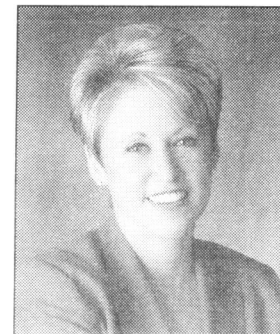
When and why should you use the services of a travel agent? Here are some tips:

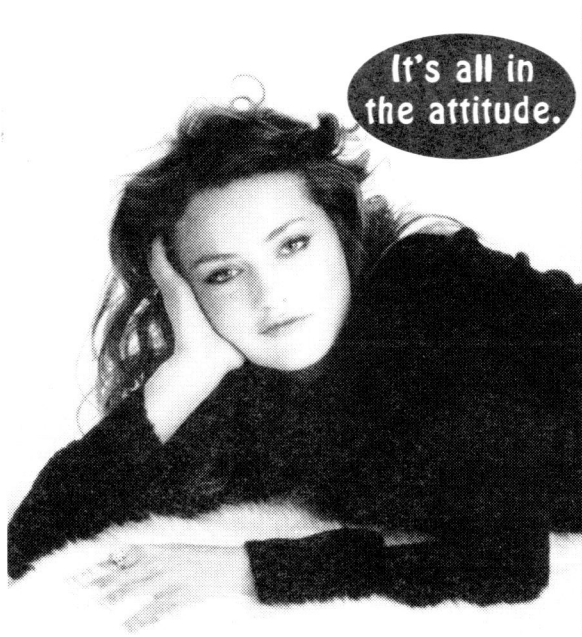
Hire a Pro For: Complicated customized itineraries, four or five star hotel stays (they can get you better rates and upgrades), First and Business Class Airline

tickets, English Speaking Guides, Better Cruise Rates with Private Shore Excursions, Closer Relationship with Major Suppliers to obtain more value, Special Access to monuments, sights or people, and for that special occasion.

Don't Hire a Pro For: Single or cheap components of a leisure itinerary (a flight in coach class or on a low fare airline), Accommodations that are inexpensive, (e.g. a B&B or run-of-the-mill hotel), Redeeming frequent-flier miles or guest points.

The truth of the matter is, if you're looking for just a trip without bells and whistles or one that's the cheapest you can get, you're better off booking it on your own. If it's special and you want the best expertise and accommodations available, then you'll need a travel consultant to help you with your plans. Contact us today at **Travel House** at 1-847-381-0600 and we'd be happy to assist you.





PETER DANIEL'S 32nd Anniversary Sale

Save on any purchase of \$100
\$32* with this coupon - valid through September 30.
In stock merchandise only, cannot be combined with other offers.
Some exclusions-North Face Denali jackets not discounted.

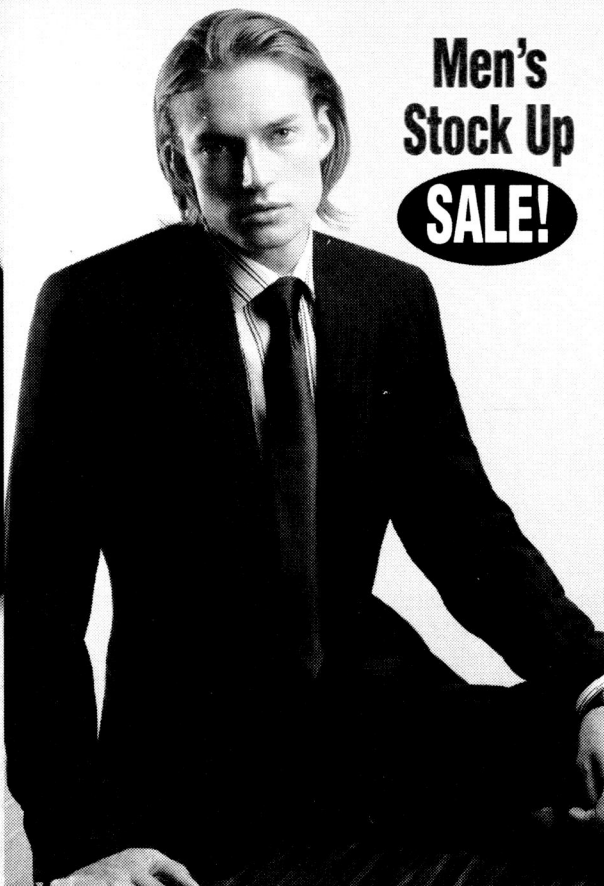


LINDA LUNSTROM • ELLEN TRACY • BLUE WILLI'S • BLUE ICE • ELLIOTT LAUREN • EILEEN FISHER

Lacoste for men & women
arrives this October

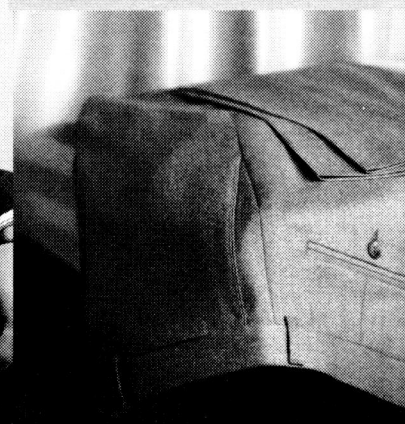


**Men's
Stock Up
SALE!**



**BUY ONE- GET ONE
AT HALF PRICE**

Maintain an easy-going dress sense with our "Buy One- Get One at half price" sale now going on in our Men's Department. It's the perfect opportunity to stock up on dress shirts and slacks, sportcoats, suits and ties.



200 Applebee St., Barrington
847-382-6676 • M-F 9:30am-5:30pm
Thur 9:30am-8pm • Sat 9:30am-5:30pm
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New Back-to-School Lines at Tommy Terri

Visit us at **Tommy Terri** for your children's fall clothing needs. We have all new suppliers for this fall fashion season, and our clothes are looking fantastic! We have clothes from such suppliers as K.C. Parker, Sara Louise, Corky & Co., Kissy Kissy, Mini Basix, Cach Cach, Rubbies and more. Present our ad and receive a **20% discount** on your favorite item.

Come and visit our store in the Ice House Mall. Visit often, as deliveries are arriving every day. We look forward to helping you outfit your children this fall.



The Sanctuary
salon and spa

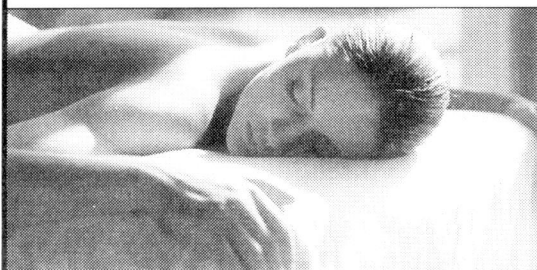
Back-to-School Special at The Sanctuary Spa

Pamper Yourself in
September and Receive
a **25% Discount** on all
Spa Services and Products
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Expires 9/30/05. Not valid with any other offer.



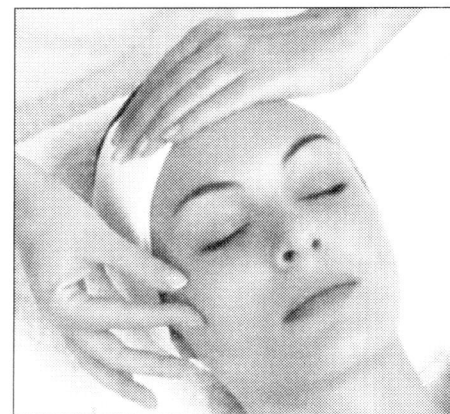
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Ahh... a Sanctuary of Bliss

Summer is almost over. The kids are back in school. It's time to relax and pamper yourself.

Visit the **Sanctuary Salon & Spa** in the Ice House Mall and receive a **25% discount** on all spa services. We're using the **Repechage** line of products for skin and body care—the preferred facial treatments of estheticians throughout the world. Our new antiaging **Four Layer Facial** is the premier antiaging treatment. Experience layer upon layer of pure fresh European seaweed to rejuvenate, tone and help firm the skin dramatically. Immediate results and long-term benefits include younger



looking skin with visibly renewed moisture and an afterglow that lasts. Skin is cleaner, healthier and radiant.



Learning Over Lunch Seminar *Celebrate the Autumn Season With Style*

Saturday, September 17, 2005
12:00 - 1:00 p.m.

Floral Designer *Chris Wagner* will demonstrate how to create elegant, autumn floral decorations for your home.

In addition, creative tablesettings will be displayed throughout the store showing a wide range of styles for entertaining.

Reservations required. \$10 cost includes box lunch.

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Hours: Monday through Saturday 10:00 a.m.-5:00 p.m. • Sunday 11:00 a.m.-5:00 p.m.
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Fall Fashions Are Arriving at Satin Filly

Fall is all about luxurious comfort clothing, available in leather, washable suede, velvet, knitted fur and, of course, cashmere. "They" tell us it will be a huge cashmere season this year and we have some of the best, from basic to the unusual, in wraps, sweaters and coats.

The key pieces this coming season will be the shrunken jacket. You ask, "Why would I want a shrunken jacket?" Because it looks **GOOD!** They fit slightly high under the arm and are shaped through the

torso. Skirts—you must have that special skirt! Some are so beautiful they really are collectibles. Whether they are pencil, pleated, long or short, they will update your wardrobe. And knits—they are the staple of our fall and winter wardrobe. Look for oversized cozy sweaters and snug and sexy styles. The colors will **WOW** you.

So all-in-all enjoy the new season, it promises to be exciting!

—Karen

Hard to Believe Christmas is Coming!



It's not too early to select your holiday cards, especially when **Little Shop of Papers** is offering a **15% savings** if your order is placed by September 30.

There are over 40 Christmas albums to choose from and the variety is endless—religious, traditional, and more! Many albums are devoted entirely to photo cards for that special personal touch!

So mark your calendars—September 1 through September 30—to enjoy **big savings** (free return address with many companies to double your savings)!

Little Shop of Papers is conveniently located in the Barrington Foundry, corner of Hart Rd. and Northwest Hwy. Hours are Monday through Saturday 9:30 a.m. to 5:30 p.m.; Thursday 9:30 a.m. to 6:00 p.m.

Habitat for Humanity of Northern Fox Valley to Host a Dream Builders' Soirée

On Saturday, Sept. 17, Habitat for Humanity of Northern Fox Valley will host its first annual Dream Builders Soirée at the magnificent SanFilippo Estate in Barrington Hills.

The estate is hidden away on 57 acres and is known for its magnificent collection of beautifully restored antique music machines, Victrolas, chandeliers, art glass, the world's largest restored theatre pipe organ, a spectacular European salon carousel, and tower clocks displayed in a breathtaking French Second Empire setting.

The black-tie optional event begins with a self-guided tour of the estate at 5:30 p.m. and cocktails at 7:00 p.m. in the carousel building followed by dinner served by Catered Productions. An impressive array of both live and silent auction items

will be available for bidding.

The event will support the Northern Fox Valley affiliate's mission of providing affordable housing to low-income families in the area. The affiliate plans to build seven homes this year, one home in St. Charles, one in Carpentersville and five in Elgin. The Elgin project is termed a block build given that the five homes will be on adjacent lots along Owasco Avenue, located just south of Judson College. The block of wooded lots is near the Fox River, which provides a picturesque setting for the homes designed by Judson College architecture students. The designs are inspired by catalogue homes built in the early 1900s that remain a proud part of Elgin's architectural landscape today.


While many area residents know Habitat for Humanity for the international

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Fashion

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WOMEN'S CLOTHING

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'Twas the night before September
and all through the shop
custom Christmas cards were reduced
15% off the top!

The selection's outstanding,
the designs quite divine!
Some books even give you
free address—up to three lines!

To share in these savings
it's really a snap—
just order by September 30th
(before your long winter's nap!)

For early card savings
and gifts to delight,
you have to get going
(not wait "til the "last night"!)

The Little Shop of Papers
is the place to visit
For Christmas this year—
you won't want to miss it!

Little Shop of Papers, Ltd.

740 W. Northwest Hwy. / The Foundry (847) 382-7733 Barrington

organization's massive building efforts around the world, less recognize that the organization's mission of eliminating sub-standard housing is carried in the United States by its local affiliates. The Northern Fox Valley Affiliate was founded in 1990 and has built 35 homes in the area. The homes are sold to the selected families at cost and financed by the Affiliate with no-interest mortgages. The mortgage payments help to fund the construction of additional homes. Families are selected based on housing need, their ability to repay the no-interest loan and their willingness to partner with volunteers in the construction of their homes. Homeowners receive mentoring on the issues confronting all homeowners: repair costs, rising

taxes and community involvement.

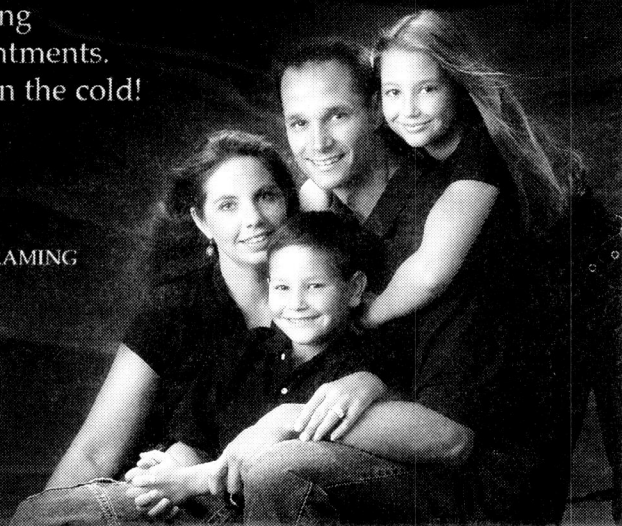
Building seven homes this year is a significant step for the affiliate. Habitat for Humanity of Northern Fox Valley is grateful to many partners in the community. EFS Bank, Town and County Homes, Experian, Thrivent Financial for Lutherans, Centex Homes (Illinois Division), Motorola and the Lions Club are each helping to build homes. Numerous other businesses are sponsoring build days where groups of employees work side by side with future homeowners building the family's future. For more information on Habitat for Humanity's program in our area or this event, visit www.hfnfv.org or call Bill Klaves at 1-847-836-1432.

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Holiday appointments.
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Barrington



It's (Almost) That Time Of Year Again...

The mere mention of upcoming Holidays may seem bittersweet just now... with August's heat still a vivid memory. We're reminded of summer's fleeting glory long before we're willing to bid it adieu. On the bright side, it's a perfect time to initiate the Holiday portrait process.

That said, we eagerly anticipate working with you before the year's end. Our style involves portraits with a creative flare you won't often see elsewhere. Each session is approached individually with careful planning. People regularly tell us what a delight it was having us produce their portraits. Have you a teenage son or daughter who scoffs at the idea of being photographed? Our studio may be the ticket to changing their minds. The general atmosphere is casual and relaxed. We

have a knack for getting people to respond naturally in circumstances that typically cause anxiety. Our main goal is pleasing you!

It's rare for an individual or family to need or want professional portraits on a yearly basis. Rarer still would be those who fill those needs consistently. Far more of us err on the side of letting too much time pass by. Procrastinating wastes precious opportunities we can never recover, like various stages in our children's lives, or worse, the unexpected loss of loved ones. Such nagging regrets are not beyond our control. Banish that possibility in your life. Please call us now... while your good intentions urge you.

1-847-382-8484

Barrington Orthopedic Surgeon Presents Study on Less Invasive Treatment for Tennis Elbow

Avid tennis players know that stinging pain. Tennis elbow, or lateral epicondylitis, is a common and at times debilitating condition. Local orthopedic surgeon Craig Cummins, MD, presented "Lateral Epicondylitis: An In-Vivo Assessment of Arthroscopic Debridement" at The American Orthopaedic Society for Sports Medicine 2005 Annual Meeting held in July in Keystone, Colo. The purpose of this investiga-

tion was to determine the efficacy of treating tennis elbow arthroscopically, a less invasive approach to correcting this painful condition.

Dr. Cummins is affiliated with Lake Cook Orthopedic Associates in Barrington. To learn more about treatment for tennis elbow, contact Dr. Cummins at 1-847-381-0388.

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847-304-1000

The Field of Esthetic Skin Care

by Gary S. Churchill, MD

If you have ever had facial plastic surgery or if you are considering it, you need to know about the exciting field of esthetics. Through the techniques employed by a licensed esthetician, you can improve and enhance the appearance of your skin. Whether you are trying to maintain your skin after a surgical procedure or just want better-looking skin, there is a treatment for you. Based on scientific principles, the treatments are custom-designed for your skin's particular needs. Esthetic skin care can reduce the depth of surface lines, help fade abnormal brown spots, smooth rough skin and help clear up acne-prone skin. Overall, it can give your skin



Stacie McClane, MD



Gary Churchill, MD

a more youthful and healthier glow. The treatments are only done by a qualified, licensed esthetician in a physician's office and involve various methods of exfol-

iation, skin bleaching and rehydration. These treatments, when combined with a daily regimen, can give dramatic results.

What is an Esthetician?

A licensed esthetician is someone who has gone through specialized schooling and passed a state licenser exam to allow them to take care of the skin from an esthetic or beauty standpoint. Licensed estheticians have applied their specialized training in a medical setting under the oversight of a physician. This allows the esthetician to perform stronger peels and somewhat more aggressive treatments than could be done elsewhere. A myriad of different procedures can be performed. The particular treatment (or combination) is chosen in the consultation process and is based on that patient's particular need and skin condition. A partial listing of available options include: different strength peels to treat fine lines and wrinkles, special peels to treat irregular pigment, peels to clear up blemishes and microdermabrasion.

What is a Micropeel?

This technique involves a double-exfoliation process. The first exfoliation is done manually with a #10 scalpel. It removes a micro-thin layer of dead skin cells and keratin that lay on the skin surface, preventing skin care products from penetrating. The second exfoliation is done by applying a peel solution to the surface. This is done lightly, and only a slight tingle will be felt with this step. Finally, extractions of blocked oil pores can be performed before applying a moisturizer and sun block. This combined manual and chemical peel technique leaves your skin with a healthy and smooth glow. Makeup can be applied right away, and everyday

activities can be resumed.

What is Microdermabrasion?

Microdermabrasion is a nonsurgical, non-invasive method for removing dead, flaking skin cells while stimulating the production of fresh skin cells and collagen. Treatments are administered by our esthetician, using a hand piece through which microcrystals are vacuumed. This gentle abrasion produces a polished appearance in as little as 20 minutes. Skin feels softer and smoother and appears younger looking. For best results, we recommend an initial six-week treatment plan consisting of one treatment per week, followed by treatment once monthly.

How to Decide What Treatment is Best for You

During your initial visit, the esthetician will review your basic medical history and consult with you regarding your skin concerns. She will analyze the condition of your skin and determine which treatment will best address your skin care needs. Each person's plan is different and can be modified as needed to maximize results and satisfaction. Once all patient questions are answered, the treatment process can begin. The last step is a customized at-home regimen and explanation of the importance of professional products. You can maintain your skin results by keeping up with an at-home regimen in between peel treatments. The extent of these treatments is up to you.

For the month of October, we will offer three micropeel treatments for \$200.

For more information on skin care treatments, please call **The Center for Facial Plastic Surgery** at 1-847-304-1000.


ROLEX



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- Soften creases
- Even and tighten skin tone
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Your goals are possible at **Van Dam Dermatology** with Botox®, Fraxel SR®, Intense Pulsed Light therapy, tumescent liposuction and Restylane®.

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A division of Van Dam Dermatology.

Medically-based skincare that **renews and refreshes the face and body** in a comfortable, relaxing environment.

NEW ~ Botox® Cosmetic Pricing! Special for new patients \$300 per region.
Ask about our new more affordable pricing and VIP program today!

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The Foundry of Barrington • 738 W Northwest Highway, Barrington, Illinois 60010

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BOTOX®
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Botulinum Toxin Type A
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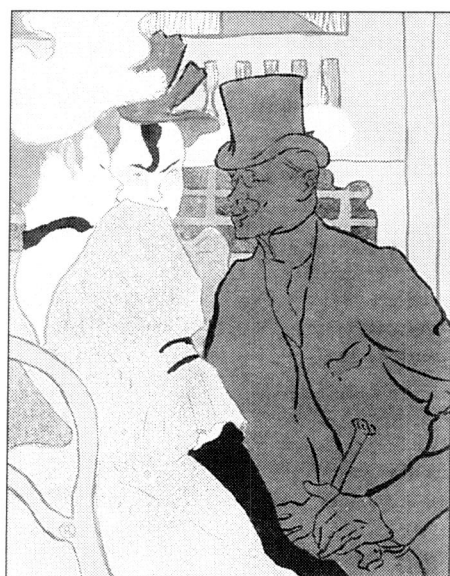
Art Associates to Host Fall Tea

The new exhibit at the Art Institute entitled "Toulouse-Lautrec and Montmartre" is generating positive accolades from all who have viewed the outstanding collection. Encompassing more than 250 works by Lautrec and other artists of his time, this exhibit features a wide array of media and styles but focuses primarily on Lautrec's striking prints, drawings and paintings. In his vivid depictions, the artist captures the lively spirit of Montmartre, an area noted for its dance halls, cabarets and experimental theatres.

On Thursday, Sept. 8, at the Fall Membership Tea for the Barrington Community Associates of the Art Institute of Chicago, Laura Mueller will present "The Work and World of Toulouse-Lautrec." In her discussion, Ms. Mueller will explore how the artist emulated impressionist heroes, helped shape attitudes and aesthetics, and made fascinating use of Japanese prints as they entered France.

Laura Mueller is an adjunct lecturer for the Art Institute, receiving her BFA in painting and drawing from the School of the Art Institute. Since 1987, she has worked in the Department of Museum Education and currently teaches in the members' sketch programs at the museum. In the future, she will be going to Italy as a study leader for the Art Institute's Membership Programs.

The Fall Tea will begin with refreshments at 1 p.m. followed by the lecture at 1:30 p.m. The Presbyterian Church of Barrington, 6 S. Brinker Rd., Barrington, Ill., is the location of the tea. Members, guests



Henri de Toulouse-Lautrec (French, 1864-1901), *The Englishman at the Moulin Rouge*, 1892. Lithograph in aubergine, green, yellow, blue, orange and black on ivory laid paper, 52.7 x 37.3 cm image; 61.8 x 48.7 cm sheet. The Art Institute of Chicago, Gift of the Print and Drawing Club, 1931.67 (cat. 142/G20781).

and anyone interested in joining the Barrington Community Associates of the Art Institute of Chicago are invited to attend this free program.

For additional information, call chair Mari Harrer, 1-847-462-1963, or membership chair Marianna Barr, 1-847-382-3952.

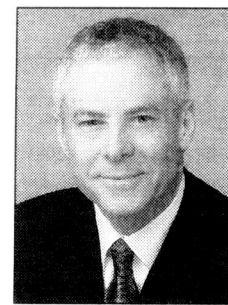
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September may be back-to-school time, but at Van Dam Dermatology and Versa Medi-Spa, we believe it is **back to beautiful** time. We offer the most innovative, proven and safe treatments to achieve beautiful, youthful-looking skin.

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Calling All Crafters: LZACC Oktoberfest Art & Craft Fair is Looking for Exhibitors

The Lake Zurich Area Chamber of Commerce Fifth Annual Oktoberfest Celebration, sponsored by Wickstrom Ford, is looking for Art & Craft Fair exhibitors.

Oktoberfest will begin Friday, Sept. 23, and will run through Sunday, Sept. 25. Oktoberfest includes many activities for the entire family, including carnival rides, entertainment including German bands, rock 'n' roll bands, and a pet parade. The craft fair will be located inside the large food and silent auction tent. Oktoberfest is held on the grounds of Mount Saint Joseph in Lake Zurich at 24955 N. Rand Road.

Vendors including hand-crafted arts, general merchants and nonprofits are invited to join the festivities. The application is available by contacting the chamber office at 1-847-438-5572 or online at www.lzacc.com in the Calendar of Events section.

tion.

For information about Oktoberfest or the Lake Zurich Area Chamber of Commerce, contact the chamber office at 1-847-438-5572 or visit the Web site at www.oktoberfestlz.com.

Established in 1915, the Lake Zurich Area Chamber of Commerce is the oldest active organization in the Lake Zurich Area, serving Lake Zurich, Hawthorn Woods, Kildeer, Deer Park, Long Grove and North Barrington. The chamber is a voluntary partnership of business and professional people working together to promote and ensure a healthy business climate and improve the quality of life in the Lake Zurich area.

For advanced tickets to Oktoberfest 2005 or for more information, call 1-847-438-5572 or visit www.lzacc.com.

Community Associates promote membership and participation in the Art Institute. The \$85 annual membership includes the benefits of family membership in the Art Institute. Among these advantages are: four free tickets to special exhibitions; subscription to "News and Events" and

"Potpourri"; discounts for lectures, study trips, museum shop and audio tours; access to the museum library and curatorial study rooms; and travel opportunities. Membership is open to interested men and women throughout the Northwest Suburbs.

Chers Amis...

Our new menu, format and content keeps receiving very favorable comments, merci! It was well worth the effort!

Our **12th Presentation of Provence** through slides, narration and regional dinner is scheduled for **Saturday, Sept. 24**, at 6:30 p.m. Try not to miss it if you are at all interested in visiting France in general or Provence in particular. It is a great introduction followed by a great meal; please, do call for reservations. Seating is limited!

Construction is going on at our intersection (routes 12 and 22). We hope this will not discourage you from visiting us. Don't hesitate to call for "alternate" routes; there are some tricks available.

Our **true bistro dish** for this month is **la Potée Auvergnate**, a specialty from the heart of France consisting of beef brisket and chicken in a steaming broth of root vegetables, horseradish on the side—copious for sure, yet quite light and healthy!

We usually enjoy some nice weather in September. So drive your collectible car for lunch or dinner. Call ahead; we will save a spot right up front for you.

Last but not least, keep us in mind for your private dinners of 20 to 50 people. Our **Provence Room** is ready to welcome you. It's intimate and comfortable.

We appreciate your continued support.

—Dominique, Jacqueline,
Masato et Stephane

Lampe Berger, Purifying Fragrance at Wickham Interiors

Lampe Berger, new at **Wickham Interiors**, makes purifying any interior a great art! The beautiful porcelain, glass or ceramic Lampe Berger destroys household odors and tobacco smoke, as well as purifies the air while releasing a pleasant fragrance.

The whole secret of the Lampe Berger is encapsulated in the catalytic effect discovered over 100 years ago by Maurice Berger, a pharmaceutical chemist; the molecules released by the Lampe Berger capture odors—and destroy them. Where other products just add perfume to unpleasant odors, the Lampe Berger actually purifies the atmosphere before perfuming it. Today, it is still the effectiveness and originality of this natural principle that ensures the success of the Lampe Berger in homes and offices across the world. **Wickham Interiors** is attracted to Lampe Berger not only for its ability to cleanse and improve the air but its beautiful fra-

grance and style as well.

The Lampe Bergers have fragrances that invite dreams. With nuances of floral, sweet, spicy, classic or contemporary scents, Lampe Berger satisfies all tastes and creates the right ambiance for every circumstance. And for those who do not wish to perfume, a neutral liquid is also available.

Always aware of changes in decorative style, Lampe Berger has kept abreast with fashion while promoting the traditional shapes and patterns. As "objet d'art" they are still manufactured in these fine noble materials: crystal, Limoge porcelain, and ceramic in 150 different styles as well as limited editions. There is a Lampe Berger design for every room.

For more information on Lampe Berger, please call **Wickham Interiors** at **815-455-6202** or stop by the store for a Lampe Berger demonstration at 67 N. Williams in historic downtown Crystal Lake.

Baby Month at Village Shoes

Now that the kids are back in school, it's time to get baby some new shoes. Stride Rite has recently launched a new, three-stage walking program. We at **Village Shoes** are happy to fit your child with the proper footwear for their level of ability: crawling, cruising and walking. We also carry Robeez soft-soled leather footwear. New for fall are booties by Robeez, plush-lined, skid-resistant boots for babies 0 to 24 months.

Ladies don't miss out on the new fall colors and styles from Munroe, Frye, Tsubo, Bernie Mev, Keen, and let's not forget Ugg. An easy way to update any wardrobe is with new shoes. This transitional time is perfect for clogs, flats and mary-janes to go with everything from capris to skirts.

Step out of your comfort zone with a punch of color. This fall, think cranberry, moss green and eggplant. Western influences are "every wear" in fashion this season. Come in try on something different. Not only comfortable but exciting fashion choices are waiting for you at **Village Shoes**. You won't be disappointed.



AAUW Upcoming Events

The American Association of University Women, Barrington Area, Illinois Branch, Inc., announces plans for the year beginning in September.

On Monday, Sept. 12, the branch will meet at Barrington Village Hall at 7:00 p.m. for a program titled "Developing an Early Detection Test for Ovarian Cancer" with a guest speaker. The public is invited.

A wine tasting fund-raiser will be held

in November at Bacchus Nibbles in Lake Zurich. Fellowships/scholarships are awarded by the AAUW Educational Foundation the philanthropic arm of AAUW, with the revenue generated by such events. This branch also supports Harper College's Women's History Week and the Junior Girl Scouts Women's History Badge.

The luncheon book group meets the second Wednesday monthly at The Gardens from noon to 2:00 p.m. On Sept. 14,

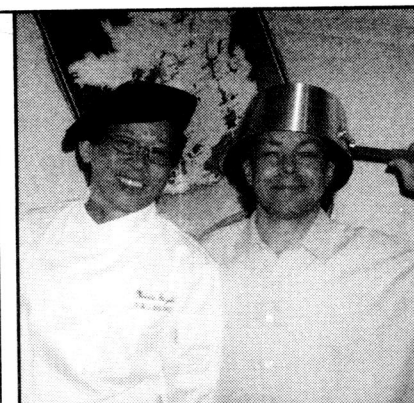
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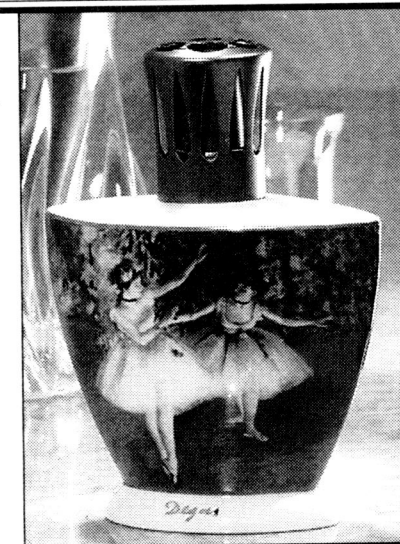
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monday-friday 9:30-8:00 saturday 9:30-6:00 sunday 11:00-5:00

they will discuss *Old School* by Tobias Wolff. Call Loretta at 1-847-381-5012 or 1-847-381-1804.

The evening book group meets the fourth Tuesday monthly at 7:30 p.m. in a member's home. On Sept. 27, they will discuss two books—*Reading Lolita in Tebran* by Azar Nafisi and *The Jane Austen Book Club* by Karen Joy Fowler. Call Peg at 1-847-381-4791.

The Women's Issues group meets five times yearly in evenings at a member's home. On Sept. 14, they will discuss *Marie Antoinette: The Journey* by Antonia Fraser. Call Barbara at 1-847-726-0852.

AAUW promotes equity for all women and girls, lifelong education, self-develop-

ment and positive societal change. Membership is open to any graduate of an accredited university/college, and guests are welcome to attend two meetings prior to joining.

There are three different book discussion groups as well as a daytime bridge group and monthly branch meetings. The branch also has a Great Decisions discussion group which meets weekly for eight weeks in February and March.

Shirley Conibear is president of the Barrington branch; Kay Bogolin is program vice president; and Paru Thondadavi is membership vice president. For information, call Mary Lou at 1-847-382-5989.



Lake Zurich Foot Clinic

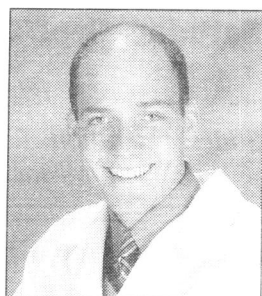
Dr. Elizabeth J. Sosinski

W E L C O M E S

Dr. James A. Baird

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Dr. James A. Baird

Thank you!

Advocate Good Shepherd Hospital thanks our generous sponsors and supporters for making the Good Shepherd Hospital Golf and Tennis Outing such a success for twenty-five years!

This year's Golf and Tennis Outing raised \$135,000 for the Good Shepherd Hospital Emergency Department Expansion Project.

We are looking forward to the 2006 Outing on June 19.

For more information about this event and other ways to support Good Shepherd Hospital, please call the Advocate Good Shepherd Hospital Development Office at 847-381-3433.



Advocate Good Shepherd Hospital President, Karen Lambert, accepts a \$135,000 check from the Golf and Tennis Outing from Bill Graft, Dr. Dick Smith, Paul Hills, Herb Johnson, and Dr. Joe Giangrosso.



Advocate Good Shepherd Hospital

Lake Zurich Foot Clinic Welcomes Dr. James A. Baird

Dr. Elizabeth J. Sosinski is pleased to announce that **Dr. James A. Baird** has joined her Lake Zurich practice. She and her staff join the community in extending to him their warmest welcome.

Dr. Baird is pleased to be returning to the area after many years away. After graduating from Barrington High School, he went on to study kinesiology at the University of Wisconsin, Madison. He continued his education at the Dr. William Scholl College of Podiatric Medicine in Chicago, where he received his doctorate in podiatric medicine. He then devoted three additional years at Mt. Sinai Hospital in Chicago, where he completed ex-

tensive training in foot and ankle surgery. Dr. Baird is also well trained in all aspects of sports medicine, foot and ankle trauma, diabetic and geriatric foot care, and general podiatric care.

The Lake Zurich Foot Clinic, located at **133 West Main Street in Lake Zurich**, was established in 1982 and continues to provide care in the same warm and comfortable atmosphere that patients have always enjoyed. Although the foot clinic now operates in its original location, plans are now underway to relocate to the Willow Ponds Executive Center in Lake Zurich this fall. For appointments or information, please call **1-847-540-0234**.

Advocate Good Shepherd Hospital's Golf and Tennis Outing Raises \$135,000 for New Emergency Department

More than 130 golfers and 14 tennis players came out to swing their clubs and rackets at the **Advocate Good Shepherd Hospital Golf and Tennis Outing**, held at Biltmore Country Club on June 20 to benefit the Advocate Good Shepherd Hospital Emergency Department expansion project. Raising \$135,000 this year alone, this annual outing has provided philanthropic support to Good Shepherd Hospital for more than 25 years, totaling close to \$2 million.

Attracting many prominent business and community leaders, the outing had many generous sponsors. This year's \$10,000 sponsors included ABN AMRO, American Eagle Packaging Corporation, C.M. Products, Inc., the Medical Staff of Advocate Good Shepherd Hospital, Thomas H. and Marilyn M. Patrick/Buckeye Foundation, Power Construction, and Sage Products.

Along with golf and tennis, the outing's highlights included a dinner, an awards presentation and valuable prizes including a 42-inch plasma screen television. Local artist Richard Felden donated an original watercolor, which was auctioned and won by Herb and Patti Johnson. Overseeing the event was the Advocate Good Shepherd Hospital Golf and Tennis Outing Committee, comprised of co-chairs Bill Graft and Herb Johnson and committee members Joe Giangrosso, M.D., Ken Gorman, Paul Hills and Dick Smith, M.D.

As a not-for-profit organization, Good Shepherd Hospital relies heavily upon the philanthropy of its community. The **Advocate Good Shepherd Hospital Golf and Tennis Outing** is just one of several annual events that have become area traditions that benefit the care Good Shepherd provides to the community it serves. The proceeds of last year's outing were directed to The Wayne and Patricia Kocourek Family Cardiac Care Center, which opened in March. Additional fund-raising efforts to occur in the coming months include Art in the Barn on Sept. 24 and 25, which will continue to support cardiac care at Good Shepherd, and The Signature Gala 2005 on Sept. 17, which will also support the Emergency Department Expansion Project.

Scheduled to be completed in spring

2007, the Advocate Good Shepherd Hospital Emergency Department Expansion Project will provide more comfortable care for patients and a more efficient work environment for care providers. The proposed 56,000-square-foot facility will increase and enlarge the number of treatment bays to accommodate the growing number of patients. The new building will include many features designed to reduce patient wait times, increase patient privacy, and enhance patient and family comfort. The project also includes a six-station infusion center; a new registration area; a general radiology area; a separate waiting area and a nurse's station for fast-track patients; offices for EMS (emergency medical services) and ED administration; and a space for staff education. Ground for this expansion project will be broken mid-September.

The next **Advocate Good Shepherd Hospital Golf and Tennis Outing** will be held on June 19, 2006. For more information about the outing or about other available philanthropic opportunities, please call the Advocate Good Shepherd Hospital Development Office at **1-847-381-3433**.

Advocate Good Shepherd Hospital in Barrington is a 181-bed medical care facility with more than 570 physicians representing 45 medical specialties. Good Shepherd is a state-designated Level II Trauma Center with a designated pediatric treatment area and Illinois state EDAP (Emergency Departments Approved for Pediatrics) designation. Good Shepherd provides advanced cardiac services, including diagnostic and interventional catheterizations and open-heart surgery. The Wayne and Patricia Kocourek Family Cardiac Care Center, a three-story addition to the hospital housing these advanced services, opened in March 2005. Delivering approximately 2,000 babies per year, Good Shepherd is a Level II "Plus" birthing center with a special care nursery and neonatologists on site 24 hours a day. Good Shepherd Hospital has a nationally accredited cancer program that has been designated as a "Comprehensive Community Cancer Program" by the American

(Please continue on following page)

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I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call **1-847-934-6555** for information.

Owner-Only Businesses Can Make Up for Lost Time with Defined Benefit Plans

Many of today's most successful entrepreneurs may have expended much of their lifetime of profits to help grow their business, buy their dream home or pay for their children's college education. As a result, saving for retirement may have taken a back seat. Now that retirement is around the corner, these business owners may need to make up for lost time. Depending upon current age, compensation history and anticipated retirement date, contributions to a Defined Benefit Plan may be two to three times that of an SEP or Profit Sharing plan. Unlike these other plans however, a Defined Benefit Plan requires annual contributions. Business owners with unstable or unpredictable income therefore should not adopt a Defined Benefit Plan.

The ideal candidate for a Defined Benefit Plan has the following characteristics:

- The only employees are the owner or the owner and spouse.
- Wants to contribute more than \$42,000 per year into a qualified retirement plan.
- Is at least 40 years of age.
- Goal is to retire within three to 15 years.
- Has a relatively stable income and the ability to make mandatory contributions.
- Is looking for investment flexibility.

A 401(k) Plan can be paired with a Defined Benefit Plan to fully maximize annu-

al contributions. Unlike a Defined Benefit Plan, 401(k) salary deferrals are fully discretionary.

All of the contributions made to a Defined Benefit Plan are fully income tax deductible, and the earnings in the account grow tax-deferred. Upon retirement, one can roll over the balance into an IRA, further deferring income tax liability.

Please call **Debbie Schoendorf**, CFP and Financial Consultant at **Smith Barney** in Barrington, at **1-847-304-3530** for more information and to determine if a Defined Benefit Plan is right for you.

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Advocate Good Shepherd (Continued from preceding page)

College of Surgeons. Good Shepherd is part of Advocate Health Care, one of the largest healthcare organizations in Chicago.

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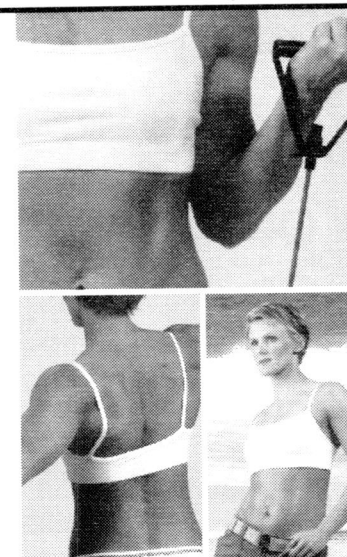
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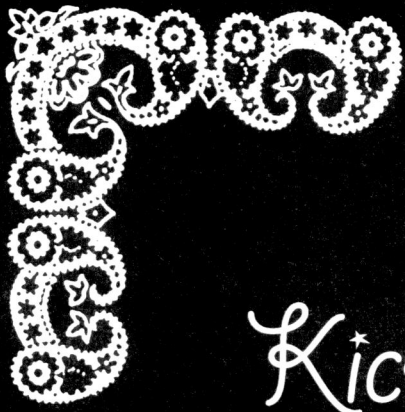
The deadline for the **October Issue** is **Thursday, September 8.**

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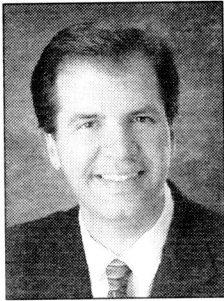
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Adults and Fractured Teeth

by James T. Gavrilos, DDS



As young people, many adults in the United States were not exposed to quality dentistry or could not afford it. We grew up prior to fluoridated water, sealants to prevent cavities in grooves and the current concepts of oral hygiene.

Almost everyone had cavities. Dentists usually watched a cavity grow until it was large enough to warrant a silver filling or amalgam, as it is properly called. Placement of an amalgam at this point structurally weakened the tooth. Amalgams have poor compressive strength, meaning that over time and under the pressure of biting and chewing, they crack and wear, subjecting the remaining tooth to excessive forces. This is the reason that many adults frequently fracture their back teeth.

In addition, as these amalgams age, they corrode, causing the edges of the filling itself to break down and allow the entry of saliva and decay-causing bacteria into the tooth. Since these fillings were originally large and close to the tooth's nerve, these teeth often require root canal therapy after being exposed to the bacteria.

These problems are neither the fault of the dentist nor the patient. However, they can usually be prevented by the use of porcelain or gold inlays, instead of silver fillings at the time the cavity is initially detected. Porcelain and gold restorations

seal the tooth better; they are stronger and more resistant to wear than amalgams. Instead of wearing and cracking under the forces, they actually become stronger.

Once the damage is done, however, the dentist has limited options. They are forced to suggest a more expensive as well as extensive restoration, such as a crown. Unfortunately, this is a fact in adult dental care. Insurance companies try to control their costs by limiting benefits to their policyholders and encouraging the repair of teeth with the weaker amalgam material. The cost to the insuring company is less now, but it will be more to you, the patient, later when the tooth fractures—at this point, you are retired and no longer covered under their policy.

For a thorough evaluation, contact **Dr. Jim Gavrilos** by calling **1-847-381-4040** in Barrington.



Local Student Selected to Attend LeadAmerica's National Junior Leaders

Parker Samata, a student at **Quest Academy**, Palatine, and resident of Barrington Hills, was selected to attend the 2005 National Junior Leaders Conference in Washington, D.C. The NJLC is an invitational leadership program for our nation's most academically talented and promising young leaders. Exceptional middle school students who have a record of academic achievement and extracurricular or community involvement are invited to participate from across the United States and internationally.

Parker chose to participate in Government & Politics last month in Washington, D.C. Through briefings and discussions with national and international leaders in the fields of study and through realistic, hands-on simulations, Parker had the unique opportunity to experience leadership in action and to learn firsthand about the complexities of decision-making in government. By engaging in special interactive workshops and activities, Parker learned to develop leadership skills, including effective communication, conflict resolution, team building and time management. In addition, Parker had the opportunity to meet Illinois Senators Dick Durbin and Barack Obama as well as Representative Melissa Bean. His 10 days in Washington ended with a visit to the White House where he met the President of the United States.

"These students develop confidence and maturity while gaining skills that will help them achieve success in high school, college and life. The NJLC commits itself to providing youth with unparalleled opportunities for personal growth, leadership and educational advancement," says Dr. Gilbert Morris, director of Faculty Development.

"Leadership is not just for those in our government and businesses," says Chris M. Salamone, Esq., founder and executive director of the NJLC. "Leadership begins with our young people—in their homes, their schools and their communities—as they seek knowledge and understanding and work to improve the world around them. Since 1989, I have had the privilege of seeing more than 30,000 exceptional students from over 51 countries learn firsthand about leadership and explore its role in a variety of educational disciplines. It's my hope that the NJLC will give our young leaders the skills to help them along the road toward a successful and rewarding life of leadership."

For further information on the NJLC and LeadAmerica, visit www.leadamerica.org or call 1-866-FYI-LEAD (394-5323). To learn more about **Quest Academy**, a school for over 300 gifted and talented students preschool through eighth grade, visit www.questacademy.org.

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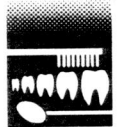
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Quest Academy congratulates Parker Samata for his selection in the National Junior Leaders Congressional Conference in Washington D.C.

Way to go Parker!



Quest Academy

Quest is an independent day school for over 300 gifted and talented students, preschool through 8th grade. For more information please call 847 202 8035 or visit www.questacademy.org and 500 north Benton, Palatine Illinois 60067

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Little Sisters of the Poor to Host Spaghetti Dinner

The Little Sisters of the Poor at St. Joseph's Home for the Elderly will host their First Annual Spaghetti Dinner on Thursday, Sept. 8. The event will commemorate the birthday of the blessed mother, Mary. Tickets for the event are \$10 for adults and \$5 for children up to 12 years of age and are available at the door. The menu will include all the pasta you can enjoy, several different types of sauce, salad, and

freshly baked breads and rolls. Cake and coffee will be served for dessert.

Funds raised for the event will assist the Little Sisters in their ministry to care for the aged poor.

St. Joseph's Home is located at 80 W. Northwest Highway in Palatine. An RSVP is not necessary but would be appreciated. Call 1-847-358-5700 for tickets or questions.

Estate Planning: Basic Documents Every Adult Should Consider

by Paul Klehr, Robert W. Baird & Co.

Every adult, regardless of age or wealth, should have an estate plan. This holds especially true for anyone who has children, owns property, or is a business owner. By properly structuring your estate, you can attain your financial goals during your lifetime and after your death.

Good estate planning allows you to control the transfer of your wealth to your loved ones and the charities that are important to you, while reducing or eliminating the taxes that may be owed by your estate. While you are living, a good estate plan can help you manage your assets and other legal issues using a durable power of attorney and can address health care decision making use of advanced health care directives.

The right estate planning decisions can be made with the needs and planning concerns of several generations in mind. Your dreams for your children and grandchildren can be fulfilled with even greater success if parents and children share their estate planning goals and strategies. Without adequate planning, your estate may not be distributed the way you would have wanted and your biggest beneficiary could be your least favorite relative—Uncle Sam. Following are basic estate plan documents, which, if not already in place, should be considered.

Will

A Will gives you the ability to direct how assets held in your name are distributed after your death. If not specifically directed through your Will, those assets will be distributed according to the laws of the state in which you live. A Will is also used to handle non-financial matters such as appointing an executor or personal representative to manage your estate. For people with young children, a Will is typically used to nominate a guardian.

Revocable Trust

Having a revocable living trust allows the assets held in trust to pass directly to beneficiaries without going through probate. This reduces the time and a cost associated with court and keeps the transfer of property private. Because you keep complete control over the trust and its assets during your lifetime, the property held in the trust is included in your gross federal estate for tax purposes.

Credit Shelter/Bypass Trust

Current estate tax law allows individuals to pass up to \$1.5 million to someone other than their spouse before they begin

paying estate tax. Quite often, this transfer is done through a Bypass Trust (often called Credit Shelter Trust). Each spouse creates a bypass trust, leaving up to \$1.5 million to the trust at their death. Their family members are named as beneficiaries. (The \$1.5 million represents the maximum applicable exemption that is free from taxes for 2004 and 2005. This exemption will increase in stages to \$3.5 million by 2009.) When the first spouse dies, the survivor has use of the income from the bypass trust until he or she dies. In addition, the principal is available to be used for the living spouse's health, education, maintenance and support. After the survivor dies, the trust principal passes to family (typically the children) free of estate taxes, as does the value of the maximum applicable exemption from the survivor's own trust.

Another important element to be aware of when establishing your estate plan is legislative changes. Congress may change current rules at any time. There is also a sunset provision for current rules that could automatically change these exemption amounts in 2011 if Congress fails to act to permanently change the federal estate tax rules.

Power of Attorney/ Health Care Directives

A durable power of attorney appoints a person to manage your financial and legal affairs in the event you become incapacitated. Advanced health care directives and a living Will specify your wishes concerning medical treatment in the event you are unable to make that choice for yourself. Your living Will should be as complete and explicit as possible to ensure your wishes are respected.

Regardless of which documents comprise your estate plan, it's important to review your plan with your financial advisor on a regular basis. Unless there is a major life change such as birth, death, marriage or divorce in the family, reviewing your estate plan once every three years should be adequate as a good rule of thumb. Your financial advisor can work with your legal and tax advisors to help you manage your estate.

Paul Klehr is a Financial Advisor and a Certified Financial Planner™ professional at the Chicago office of **Robert W. Baird & Co.** He may be reached at 1-800-537-9854.

Advocate Good Shepherd Hospital to Co-Sponsor Fifth Annual Day of Sharing for Breast Cancer Awareness on Oct. 1

Advocate Good Shepherd Hospital is the founding sponsor and will once again co-sponsor the fifth annual **Chicagoland Day of Sharing for Breast Cancer Awareness** on Saturday, Oct. 1, 9 a.m. to 3 p.m., at the Sheraton Chicago Northwest Hotel, 3400 W. Euclid Avenue, Arlington Heights.

Day of Sharing is a unique opportunity for women to share a day of encouragement, education and empowerment with other women who have experienced or are concerned about breast cancer.

"The Day of Sharing event allows attendees to increase their knowledge and understanding of the physical, emotional and spiritual aspects of cancer," says Lisa Spencer, manager of Oncology Services at Good Shepherd, "as well as learn about prevention and treatment options."

The Day of Sharing event includes a continental breakfast followed by seminars on research, treatment and coping with breast cancer presented by speakers from international research and breast cancer communities who will provide the latest information on breast cancer. Attendees will enjoy a luncheon fashion show with models who are all breast cancer survivors. Models will be outfitted by the shops of Deer Park Town Mall.

Day of Sharing will also feature a resource area for attendees to visit to find

and view information on breast cancer support groups, events and services.

Several generous sponsors are making this year's Day of Sharing possible. Co-sponsoring along with Good Shepherd Hospital is Advocate Lutheran General Hospital. Other major sponsors include: Platinum Sponsor, Dominick's Finer Foods; Gold Sponsor, Carson Pirie Scott; Silver Sponsors, AstraZeneca, Brighton Collectibles, Genentech, Nordstrom, Today's Uniforms; and Bronze Sponsors, Grainger and The Federated Group.

"Day of Sharing is planned to provide education, reduce fear, promote awareness and give hope to all attendees," said Karen Lambert, president of Advocate Good Shepherd Hospital. "I am so thankful that once again Good Shepherd will be hosting this important and unique event."

Registration is \$25 per person and includes breakfast, luncheon, seminars and fashion show. To register and for more information, call **800-323-8622** and **specify class code 3C15**.

Advocate Good Shepherd Hospital Center for Cancer Care is fully accredited and has been designated a Comprehensive, Community Cancer Program by the American College of Surgeons' commission on cancer, which also awarded the center an Outstanding Achievement Award.

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Join us for a truly inspirational day!

Attend seminars on research, treatment, and coping with breast cancer presented by local experts. Choose from many seminars.

Enjoy a luncheon fashion show with models who are all breast cancer survivors

Visit the resource area to find information on breast cancer support groups, events, and services

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8:30 am – 3:00 pm

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Happenings!

in the area

Barrington Lyric Offers Season Overview, Visit to Toulouse-Lautrec Bar Reminiscent of Montmartre



Pictured with program hostess Bunny Ehlert (center) are hospitality hostess Mary Green from Barrington (left) and vice president Toni Savadel from Carpentersville.

Members and guests of Barrington Chapter of Lyric Opera of Chicago will hear Jesse Graham give an overview of the exciting 2005-2006 season's operas from Bizet's *Carmen* to Verdi's *Rigoletto*. The program will begin at 2 p.m. promptly on Sunday, Sept. 25, in the magnificent Barrington Hills home of Bunny and Jim Ehlert.

Jesse Graham is an education associate for Lyric Opera of Chicago. He edits and publishes *Lyric Season Companion* (Lyric's annual opera guide), administers many of Lyric's in-house education programs and works with the Lyric Opera Lecture Corps on lecture preparation.

Following the program, hospitality chair Mary Green, assisted by co-chair Ther-

ese Rog and volunteer hostesses Marilyn Hayden, Barrington, and Martha Kersey, Schaumburg, will offer wine, cheese and a luscious spread of delicious desserts.

Guests will gather in Ehlert's spectacular entertainment area, which features an incredible "must-see" Toulouse-Lautrec mural so realistic that it invites you to step back into the colorful but decadent lifestyles of turn-of-the-century Montmartre.

Cost is \$40 for members or \$50 for guests. Reservations are limited to 50. Send checks payable to BCLOC by Sept. 21 to Margit Vogel, 380 Oak Hill Road, Lake Barrington, IL, 60010. For inquiries, call 1-847-304-0422.

Inaugural Barn Dance Fund-Raiser to Support Hospice of Northeastern Illinois Featuring Opening Act Band for Randy Travis and Jo Dee Messina



The Barn Dance Committee includes: (front row, from left) Mindy Fransen, chair Katrina Drudge, Barb Weides, (back row, from left) Lisa Murphy, Marcia Gilbreth, Michelle Guttman and Lynda Bollman.

Gather your friends for some good old fun hanging out at the farm at the newest event to support Hospice of Northeastern Illinois. The Kick Up Your Heels for Hospice barn dance and barbecue will be Saturday, Oct. 8, from 6:30 p.m. to midnight at Kickapoo Farms in Barrington Hills near routes 25 and 68. Tickets are \$75 per person. Fifth Third Bank is the presenting sponsor.

The country-western-themed event will feature the DagNabbit Country Band—winners of the Colgate Country Music Showdown and opening act for Randy Travis, Jo Dee Messina and Big & Rich. The band, underwritten by Wickstrom Ford, plays country rock as well as classic rock hits.

Guests will enjoy a cocktail hour

BACOA's 10th Annual Wine Tasting to Feature Jazz and Magic



"Cool Night... Hot Jazz," the Barrington Area Council on Aging's 10th annual wine tasting, will be held Friday, Sept. 30, from 6:00 to 9:30 p.m. at The Garlands of Barrington. Preparing for the event are: (from left) Ken Wodek, from Armanetti's Barrington Cellars, who will provide the wine; committee members Connie Schofield, Joyce Palmquist, Mary Pahlke and Karen Pfeifer; and lead sponsors David Nelson from UBS Financial Services and Sylvia Boeder from Advocate Good Shepherd Hospital.

The Barrington Area Council on Aging's 10th annual wine tasting is slated for Friday, Sept. 30, from 6:00 to 9:30 p.m. in the Performing Arts Center at The Garlands of Barrington.

Attendees at "Cool Night... Hot Jazz," will enjoy a selection of more than 50 kinds of wines to sample and can place orders for purchase at the tasting. Tasters will also have the chance to sample a selection of Garlands-recommended specialty martinis.

While listening to the music of the John Mose Quartet and enjoying John Mate's modern magic laced with comedy, guests can enjoy hors d'oeuvres and bid on an array of silent auction items, including dining packages or a dinner for eight prepared in your home. The live auction will feature a warm-weather vacation for two, a four-night vacation getaway in Michigan, and a wine-lovers' getaway weekend at Eagle Ridge in Galena.

Guests will also have the opportunity to view "Lives with Passion," an exhibit of black-and-white interpretive portraits that capture the spirit of mature adults whose lives are influenced by a personal passion. The featured artist is photographer Thomas Balsamo. The exhibit is co-sponsored by BACOA and the Barrington Area Arts Council.

"This year's event is special," says Joyce Palmquist, executive director of BACOA, "as BACOA is celebrating its 20th anniversary. The Richard A. Perritt Foundation, a cornerstone contributor since 1995, is offering a 20th anniversary challenge and will match live auction bids of up to \$20,000."

The wines, provided by Armanetti's Barrington Cellars, will offer guests the chance to sample favorite varieties and try new vintages. BACOA will receive 20 percent of the sales generated by wine purchases.

Tickets are \$75 per person. For tickets or more information, call the Barrington Area Council on Aging at 1-847-381-5030.

All funds raised at the event will support BACOA in its continuing efforts to provide quality programs and services to more than 1,200 Barrington-area seniors and their family caregivers. BACOA's services include providing information and counsel regarding services for seniors; social and recreational programs; meals with wheels; caregiver, low-vision and arthritis support groups; insurance and prescription drug benefits counseling; and one-on-one needs assessments.

Lead sponsors of this year's wine tasting are Advocate Good Shepherd Hospital and UBS Financial Services.

including beer provided by Goose Island Beer Co. (underwritten by Bob and Mary Beaubien) in the stables followed by an all-American family-style dinner in the barn, complete with roasted pig, barbecue chicken, baked beans and apple pie.

A silent auction will feature 11 different packages for bid in the horse stalls with all proceeds benefitting hospice. Auction packages include items such as a pool table with set-up and player's kit; custom mural design for a child's room; packages

to Belize and Sedona, Ariz.; and a child's bedroom set.

Lake in the Hills resident Katrina Drudge is chair of the barn dance with a committee supported by the Friends of Hospice, including Lynda Bollman, Mindy Fransen, Marcia Gilbreth, Michelle Guttman, Melissa Hall, Conni Hummel, Margaret Kiple, Lisa Murphy and Barb Weides.

For sponsorship information or to receive an invitation, call 1-847-381-5599, ext. 252.

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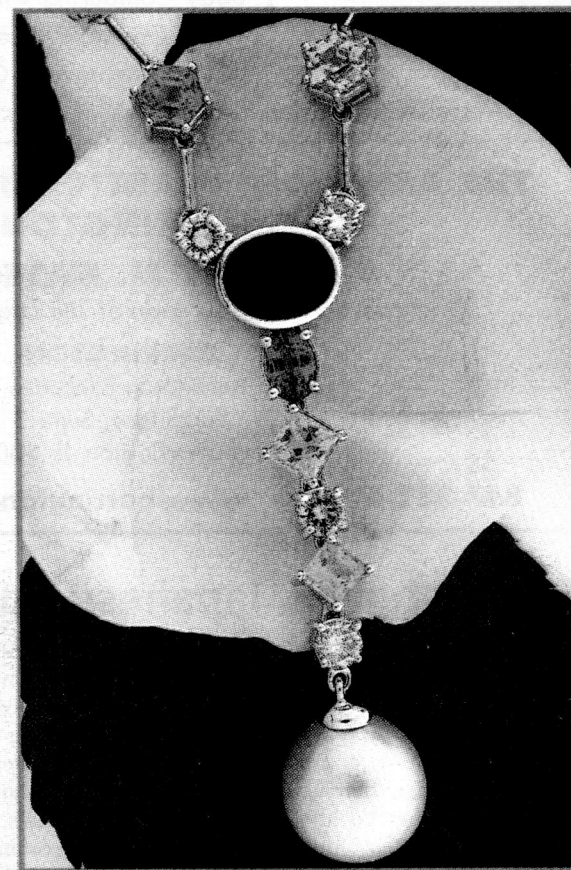
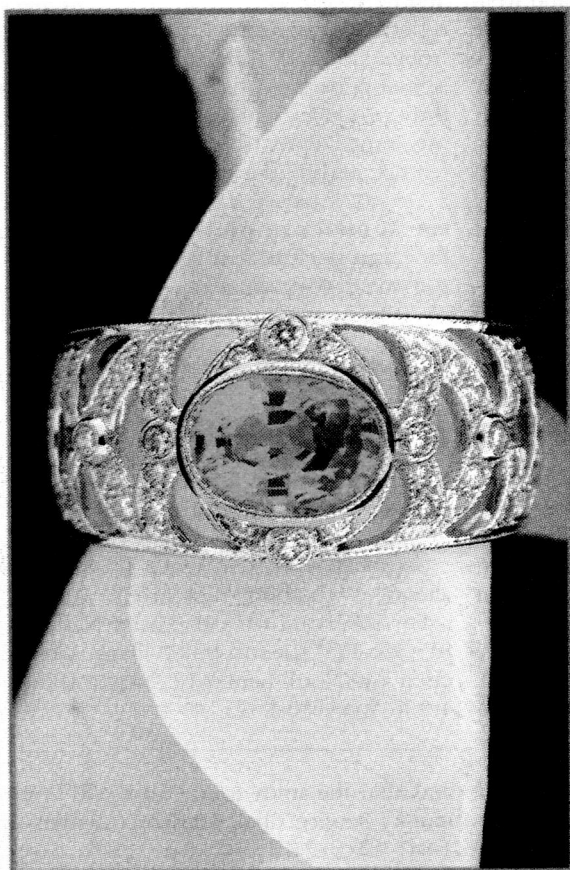
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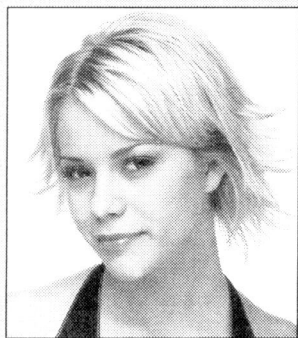
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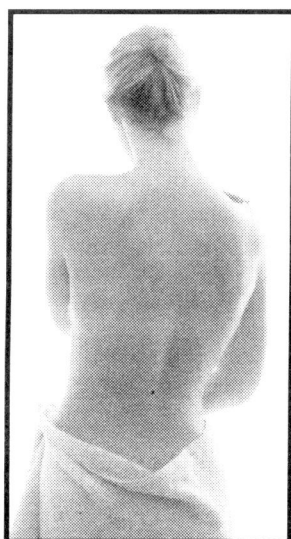
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Interested in Japanese Culture?

The Rotary District 6440 and the Rotary Foundation is looking for young individuals between the ages of 25 and 40 residing within Lake and McHenry, parts of Kane, DuPage and Cook counties that would like to represent their vocation and observe it as practiced abroad, while exchanging ideas, learning a different way of life and developing new relationships.

The Rotary Group Study Exchange Program is a unique cultural and vocational exchange opportunity. Its 2006 trip will be to Japan, specifically to the area south of the city of Osaka between March 12 and April 12. The GSE team of four selected participants plus a Rotary team leader will be visiting local organizations,

governmental offices, businesses and families with the goal of acquiring new perspectives, fresh ideas, and an understanding of the Japanese culture, commerce and government.

Applicants must be fully employed professionals, able to travel for four weeks and committed to remaining in the work force well after the exchange. They must seek to gain a maximum educational value from the program as well as be able to fulfill the rigorous demands of international travel and active participation in an extensive itinerary. The Rotary Foundation provides the most economical round-trip air ticket. Rotarians in the host area provide for meals, lodging and group

Moving into the Fall Season

As the fashions for fall are changing, so do the styles for hair. Come in to **Elevation Salon** and have one of their experienced stylists help you move into the fall season. You may need your over sun-exposed hair toned down with their conditioning color. Exclusive from Italy, **Colorly Hair-color** by **IT&LY Hairfashion** leaves your hair as soft, shiny and silky as ever.

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The Most Important and Natural Result: Yours

by Gregory M. Bazell, M.D.,

Diplomat of The American Board of Plastic Surgery, Inc.

Sadly, your face and neck region will begin to age in a predictable manner, if they have not begun to do so already. Anatomic changes that will occur in your face and neck with time include: accumulation of excess sagging skin, descent of facial fat from your upper face to your lower face, loss of facial fat volume, formation of nasolabial folds and marionette lines, loss of lower jaw definition by jowling, and accumulation of excess skin and fat along with the formation of muscle bands in your neck.

Each and every one of us can expect these changes to occur in our face and neck at some point in our adult life. We can deny them, ignore them and try to avoid them but, ultimately, we can count on them; just look at your parents.

Unfortunately, when we are young, looking good is a choice. But as we mature, looking good becomes a necessity. And when we look good, we feel good.

A necessary part of looking good as we mature is an appropriately timed and well-performed face and/or neck lift. I believe that the right time for your face lift or neck lift has little to do with your chronologic age (i.e. how old you are) but rather your physiologic age (i.e. to what degree do the predictable signs of facial aging effect your appearance with respect to how you appear to yourself and how you appear to others).

Improving your appearance is very important to me. As a Diplomat of The

American Board of Plastic Surgery, Inc. with extensive fellowship expertise and exclusive training in Hollywood, I offer the most advanced techniques in aesthetic plastic surgery so that I can help you look younger, not different and natural, not surgical... right here at home.

With my natural look face and neck lift techniques, you can regain the look and confidence of your youth while avoiding the stigma and embarrassment of the surgical look predictably seen when individuals choose the wrong types of procedures and the wrong surgeon.

My combination of highly specialized techniques will help you get the look that you desire. Your procedure is performed safely in a hospital on an outpatient basis. Pain is minimal such that you will require little if any pain medication, and you may wash and style your hair as you wish the morning after surgery.

If you look in the mirror and see any of the undesirable changes in your face and neck or if your appearance no longer reflects how you feel, you may benefit from a face and/or neck lift. In my hands, a well-performed face and neck lift can truly produce dramatic yet natural looking improvements. Experience the difference and be the envy of your friends.

Do not forget to visit our Web site and see some examples of natural look face and neck lifts at www.barringtonplasticsurgery.com.

Hearthstone Village to Host "Medicare Part D for Professionals"

Hearthstone Village Senior Living Community will host a seminar titled "Medicare Part D for Professionals" on Wednesday, Oct. 5. The presenter, Betsy Anderson from FR&R Consulting, will speak about the effect of Medicare Part D on senior living facilities, their residents and residents' families.

This is a day-long program with regis-

tration at 8 a.m. followed by the seminar from 9 a.m. to 3 p.m. Lunch is included in the \$50 fee.

Six social work CEU's will be offered to attendees who bring their license number.

For reservations, call Susan Nebel at 815-321-4037. Hearthstone Village is located at 840 North Seminary Avenue (Route 47) in Woodstock.

travel in their district. Each team member is responsible for all personal and incidental expenses incurred before, during

and after the study tour. Call World Community Service Chair Marianna Zeidler at 1-847-726-9371.

The Music Man Coming to Cutting Hall

"Oh we've got trouble" right here in Palatine when Music On Stage presents Meredith Willson's *The Music Man* on weekends, Sept. 24 through Oct. 9, at Cutting Hall, 150 E. Wood Street, Palatine.

When fast-talking salesman Harold Hill arrives in River City, Iowa, he convinces the trusting townspeople that he can teach their children to play band instruments even though he can't tell a trombone from a clarinet. Your entire family will love the dancing teenagers, the singing school board, and of course, Marian the librarian in this all-American classic, including such favorite songs as *Till There Was You*, *Gary, Indiana* and *Seventy-Six Trombones*.

The outstanding cast of nearly 50 talented adults and children features Tony Calzaretta of Schaumburg as Harold Hill, Katie Papp of Des Plaines as Marian Paroo and Don J. Orlando of Wheeling as Marcellus Washburn.

Show dates are Fridays and Saturdays, Sept. 24, 30, Oct. 1, 7 and 8 at 8 p.m., and Sundays, Sept. 25, Oct. 2 and 9 at 3 p.m. Tickets are \$14 when paid in advance or \$18 at the door. Group rates are available.

Don't miss the dinner/theater package with Palatine's premiere Italian restaurant Mia Cucina—only \$30 per person and includes a theater ticket and a choice of entree, plus soup or salad or dessert.



Katie Papp is Marian "the librarian" and Tony Calzaretta is con-artist Harold Hill in Music On Stage's production of *The Music Man*, running Sept. 24 to Oct. 9 at Palatine's Cutting Hall.

Or purchase a Music On Stage season subscription to *The Music Man*; *Chorus Line*, running weekends Feb. 11 through 26; and *City of Angels*, running weekends April 15 through 30, for the low price of \$39. Visit www.musiconstage.org, e-mail tickets@musiconstage.org or call 1-847-289-4419 for ticket information.

Only One Audition for BYDE's *Nutcracker*

Auditions for Barrington Youth Dance Ensemble's 11th annual production of *The Nutcracker* will take place on Sunday, Sept. 11, at the Barrington Dance Academy, located in The Foundry at 758 W. Northwest Highway, Barrington.

Boys and girls are invited to audition according to the following schedule: children ages 7 to 8 years, last names beginning with A through L, from 12:00 to 12:30 p.m.; children ages 7 to 8 years, last names beginning with M through Z, from 12:45 to 1:15 p.m.; all children 9 to 10 years from 1:30 to 2:00 p.m.; all children 11 to 13 years from 2:15 to 3:00 p.m.; and all children 14 and up from 3:15 to 4:15 p.m.

Girls auditioning should wear ballet slippers, solid-colored leotards and tights, and have their hair neatly secured. Please bring pointe shoes if applicable. Boys should wear solid-colored T-shirts, shorts, and ballet or jazz shoes.

Dancers should arrive 15 minutes prior to the scheduled audition time to register.



(From left) Victoria Solimene, Amy Vandenberg and Emily Rose Nelson, Barrington; Karen Janet, Inverness; Bjorn Bolinder, Chicago; Rebecca Baer, Alysa Kane and Jim Estes, Barrington.

There is a \$20 audition registration fee. For additional information and to preregister, please call 1-847-382-6333.

The Nutcracker performances will be held on Dec. 2, 3 and 4 at Barrington High School's Richard C. Johnson Auditorium.

"Gifts on the Go" Luncheon

The Northwest Women's Connection invites you and your friends to our "Gifts on the Go" luncheon on Sept. 8, 2005 from 12:00 to 1:30 p.m. at Concorde Banquets in Kildeer. The cost is \$15 inclusive.

Krista Halminkia from This & That Gift Shop will be presenting her gift baskets, fresh flowers, gourmet chocolates and gifts for all occasions.

Be inspired by Georgeanna Guritz, who will sing for us.

Pam Santner, cancer survivor, former teen model and mother of nine, shares how we can survive the many challenges of life with her talk entitled "With a Song in My Heart."

Free preschool childcare is available (the nursery is located off premises). Lunch reservations are needed by Friday, Sept. 2—call Carol at 1-847-359-5089 or Karen at 1-847-818-9016.

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"Well, I'm a very active person and being near my family, friends and outside activities are important. I like involvement, and I love a good time!"

It seems her family does too. "My grandchildren look forward to visiting me. They love The Garlands' brunch and taking a dip in the pool. They think Grandma's house is pretty cool!"

Her other guests agree. "Everyone's first comment is, 'This is not like a retirement home, it's like living in a beautiful lodge!' So right when they come through the door, they're very impressed with what they see.

"And when my guests leave, they almost always say, 'Well, Dorothy, this is all very comfortable,' And that's exactly how I feel—very happy and very, very comfortable."

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Sizing Down—Life Transitions Means Keeping What You Love, Parting with All You Can Live Without

by Jodie Jacobs

Trading a five-acre Barrington Hills estate that included a pool and barn (never mind all the gardening and maintenance they required) for an upscale retirement condo at **The Garlands of Barrington** came easy for 82-year-old Winfield Fisher and his 79-year-old wife, Dottie.

The hard part, at least for Dottie, was trying to fit 10 spacious rooms of furniture and whatnots into a one-bedroom unit that had a small office space, family room-kitchen combo and living room.

"We had to downsize everything! We had too much stuff," Winfield says, shaking his head.

Six months after their move, it was Dottie who was shaking her head—this time in disbelief. "I never thought that those things that I wanted to bring would fit, but they do," she says.

The magic "genie" that found a way to incorporate the Fishers' treasures into a scaled-down space was interior decorator and **Garlands** design coordinator Ann Rogers. "When people first come to me, they say, 'Our things are not going to fit!' My objective is to give them the comfort of knowing that what they really treasure will fit," Rogers says.

Among Rogers' tactics is to find out what people really want to keep and then to find a place for those items, although often not in the same way or in the same type of space they previously occupied.

A rocking chair that used to sit in the Fishers' spare bedroom, for example, now takes pride of place in the living room. "The rocking chair was my mom's. We've rocked babies in it," Dottie says. "That was a must, but I didn't know where to put it."

Then there was that oversized book display case, three sections of which now line what would have been a dining room wall to extend the living room space. Another section of the case was moved to the family room area opposite the kitchen. But most important to them was the space Rogers found for what counted—their dining room table minus its leaves and a Tiffany-style lamp that once filled their breakfast nook. "I was astounded that Ann was able to work with what we had. I kept saying, 'It will never fit,'" Dottie says. "I thought it was a problem,

but Ann found space for what we wanted."

After all, the treasured rocker, now a living room feature, is ready to rock once again.

Downsizing It

Moving anywhere, regardless of your age or situation, is stressful. But when a move is accompanied by a major lifestyle change (especially if that change calls for purging a lifetime of possessions), the experience can be overwhelming.

The key to survival, experts say, is keeping a positive attitude. Instead of thinking of what you leave behind, think of what lies ahead. And remember, letting go is a process. If you're just not sure about an item, all you need to do is ask a friend or family member to store it while you decide.

Here are some other tips to help minimize the pain of the purge:

- **Prioritize**—Chances are, those left-over items you've stored in the basement or attic, the ones you haven't touched in a year, won't be used after the move either. Instead of packing like a rat, hand items down to family members, donate to a worthwhile charity or put them on consignment. Ditto for clothes.

- **Memory is often different than reality**—Check the condition of rarely used items. They may not be in as good a condition as you think.

- **Try to incorporate or adapt items to new surroundings**—A table base could be cut down and reused. A large breakfront could be divided. Turn to the pros for imaginative planning, value assessment, help with moving and assistance in adapting the new space (shower grab bar, storage-closet organizer).

- **Feel good about donating items**—A worn desk, one you could feasibly throw away, could be donated to a charity, which would then repair it and pass it along, giving it new life.

Want to Learn More?

Attend a complimentary seminar at **The Garlands of Barrington**, "Downsizing for the Good Life," presented by Jacqui Neurauter, a feng shui specialist, whose work has been featured in the *Wall Street Journal*, *Chicago Tribune* and *Crain's Chicago Business*. The seminar will be held **Wednesday, Sept. 21, at 11 a.m.** There is no charge to attend.

Downsizing and letting go of years of accumulated possessions can be a daunting task. But doing so can also be a liberating experience that frees oneself to focus more on family, friends and special interests and to reflect on and achieve a deeper wisdom in this meaningful phase of life. Attend this interactive lecture and learn how to simplify and streamline this emotionally challenging process.



Jacqui Neurauter, feng shui specialist, will present
"Downsizing for the Good Life."

BACOA's Lunch and a Movie

The Barrington Area Council on Aging's September Lunch and a Movie will be *Shall We Dance?*

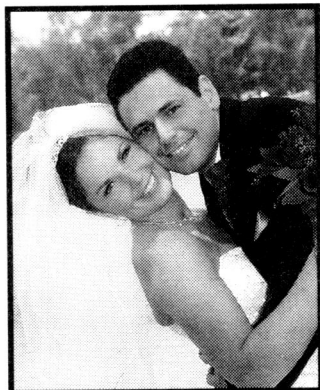
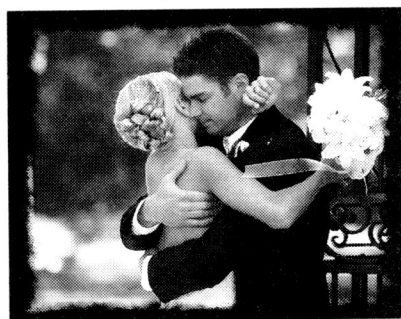
The new movie season will start Sept. 21, Wednesday, at the Barrington Park

District, 235 Lions Dr., Barrington. Lunch will be served at noon, and the movie will follow.

Please call BACOA by noon on Monday, Sept. 19, at 1-847-381-5030 to register.

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Lakeview Portrait Studio is excited to announce that in addition to the many portrait services the studio provides, Lakeview is now offering wedding photography. Call Shannon at **1-847-540-6100** to make an appointment to discuss the many options for your special day.

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Destination Fitness is passionately delivering the highest quality personal exercise training with amazing focus on core conditioning and optimum performance. Let Matt Walters, former personal trainer to Michael Jordan, Ryne Sandburg, Bulls, Bears, Cubs and White Sox players develop a training program which will target your individual wants and needs.

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Hair Removal at the Speed of Light

by Catherine Zedan-Grandi, L.E.,
Plastic Surgery Skin Care Specialist

Safe and long-lasting hair removal treatments are performed on a daily basis at **The Aesthetic Plastic Surgery Center of Barrington, LLC**.

The demand for hair removal is tremendous. As the first accredited medical aesthetician in the state of Illinois and with my many years of clinical experience removing hair, I am convinced that the non-invasive technology of Intense Pulse Light is the best way to remove your unwanted facial and body hair.

Hair removal by IPL is faster and longer lasting as compared to waxing, shaving and topically applied creams. IPL is also provides effective laser hair removal, yet it is safer.

Intense Pulse Light hair removal uses gentle pulses of light to selectively remove hair follicles and impair its growth without injuring the surrounding skin. By a process

termed "selective photothermolysis," the gentle pulses of light are absorbed by the substance that gives hair its color (melanin) and converts the light energy into heat. The heat is transferred to the hair follicle, which is then selectively destroyed, making it unable to produce new



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HWWC Kicks Off a New Club Year with Fiesta Bunco!

Ladies, enjoy a game of fiesta bunco with your amigas at the first meeting of the 2004-2005 year of the Hawthorn Woods Women's Club—Tuesday, Sept. 6, 7:30 p.m. Meet some new amigas too! Sample los appetizers mexicanos, desserts and tragos (drinks). You don't need a Hawthorn Woods address to come; all ladies are welcome.

So bring your sombrero and your margarita glass!

This is a great opportunity to check out the club, meet members—old and new—and hear about upcoming events.

The HWWC is a philanthropic and social organization that is open to all women throughout Lake County. The club meets at the Hawthorn Woods Village Barn, 2 Lagoon Drive. For more information, call 1-847-438-0723.

hair. IPL hair removal system offers very satisfying results in most people.

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Struggling to Lose Weight?

Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster?

Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

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Dr. Berger has spent 13 years practicing nutrition and weight loss. He is board certified in internal medicine, and prides himself in his long list of satisfied patients.

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Lose the Weight... and Keep It Off!

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.



Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **1-847-291-0772** in Northbrook to make an appointment for your consultation today.



Barrington Woman's Club Events

On Wednesday, Sept. 21, the Barrington Woman's Club will present a program entitled "Women in the White City." A slide presentation by Sally Sexton Kalmbach will introduce you to Mrs. Potter Palmer, architect Sophia Hayden and other women who influenced and enjoyed Chicago's 1893 World Colombian Exposition, dubbed the "white city." This presentation will be held at Poplar Creek County Club, 1400 Poplar Creek Drive in Hoffman Estates. A social hour will begin at 11:00 a.m. with a luncheon following at noon.

Sally Sexton Kalmbach's family settled in Chicago in the 1880s. She carries on her rich Chicago heritage with specialized Gold Coast tours and talks about the city's fascinating history.

Reservations are \$22 per person, and the deadline is Sept. 16. A check made out to Barrington Woman's Club in that amount should be mailed to Fran Collins, 26848 W. Hwy. 22, Barrington, IL, 60010.

Also in September, the literature section

of the club invites the public to attend a dramatic book review by Suzanne Hales on Friday, Sept. 30. Ms. Hales will review *Funny in Farsi—A Memoir of Growing up Iranian in America* by Firoozeh Dumas, an autobiographical account of a young girl born and raised in Iran for seven years before she and her family settled in Whittier, Calif. Often hilarious, always interesting, this book describes with humor the intersection and overlapping of the two cultures.

The review will be held at The Northern Trust Bank at the Foundry, 770 W. Northwest Highway, Barrington. Refreshments will be served at 12:30 p.m.; the review will begin at 1:00 p.m. Reservations, though unnecessary, would be appreciated—1-847-381-8954.

Membership is open to any woman residing in the greater Barrington area. For information, contact Judy Gentile, membership chairwoman, at 1-847-882-6450.

Wizard of Oz Movie Sing-A-Long

Want to pretend you're in a movie? Feel like bursting out in song? Come to the Wizard of Oz Movie Sing-a-Long!

Celebrate the story of Dorothy and her fantastic journey on Oct. 1 at the LZ Performing Arts Center, 300 Church St. in Lake Zurich. The sing-along will begin at 7 p.m. Come sing your favorite songs from *The Wizard of Oz*! You don't need to know the words to join in the fun, just read them from the screen.

We will also enjoy a costume parade! Dress up as your favorite Oz character and participate. You could win a prize!

Ticket prices are \$10 per person. Included in the price of a ticket is the "Perform-a-Long Fun Pack" for interactive fun during the show. Mail payment and the requested number of tickets to: LZHS Theatre Program/Wizard of Oz, 300 Church St., Lake Zurich, IL, 60047. Or call 1-847-540-4740 to place your order.

Rotary Seeking Applicants for Group Study Exchange to Japan

The two Rotary clubs in Barrington (Barrington Breakfast Rotary Club and the Rotary Club of Barrington) are seeking applicants for a group study exchange to Japan during March and April 2006 for four weeks.

As part of our international service projects during recent years, the Rotary clubs have participated in the group study exchanges with such countries as Australia, Finland, India and Korea.

The Group Study Exchange (GSE) Program of The Rotary Foundation is a unique cultural and vocational exchange opportunity for young business and professional men and women between the ages of 25 and 40. The program provides travel grants for teams of young participants to exchange visits between paired areas in different countries. For four weeks, team members study the host country's institutions and ways of life, observe their own vocations as practiced abroad, and develop personal and professional relationships.

The GSE program is an excellent opportunity for employers to recognize their top-performing young staff members to experience the global environment in which they will be working. The international experience is a valuable asset to young employees since it:

- enhances global perspective for multinational organizations
- promotes open-minded thinking through contact with business and profes-

sional people of other cultures

- fosters creative approaches to problem-solving by broadening the employee's outlook

- and improves an employee's professional skills through exposure to alternative methodologies

Our outbound team will visit Japan during March and April 2006 while the inbound team from Japan will visit our district during April and May, 2006.

We invite young professionals to apply for the outbound exchange to Japan by Oct. 10, 2005. Application form and other details are available on the Web at www.BarringtonBreakfastRotary.org.

For each team member, the Rotary Foundation provides the most economical round-trip air ticket between the home and host countries. Team members reside at the homes of Rotarians in the host country who will provide for meals and group travel in their district. Each team member is responsible for all personal and incidental expenses incurred.

Rotary is an organization with global network of community volunteers. The two Rotary clubs in Barrington are dedicated to provide opportunity to build lifelong friendships and experience the personal fulfillment of giving volunteer services to others locally and worldwide. The Group Study Exchange Program is one of the many ways in which our clubs serve the greater Barrington area community.

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Back to School!

Barrington Community Child Care, located at 560 Carl Ave. in Barrington, has many activities to keep young minds busy. Our highly qualified staff strives each and every day to ensure that all the children here have a positive first school experience. Our theme-based curriculum includes activities such as art, circle time, sensory experiences, fine motor development and phonics.

Enrollment for fall 2005 has begun! We offer full-day childcare for children ages 6 weeks to 6 years. Some age groups offer flexible scheduling and a morning preschool program. Our hours of opera-

tion are 7 a.m. to 6 p.m., Monday through Friday. Our facility offers large, child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our program focuses on the whole child, with all areas of development included in our program.

Once again this year, we will provide a bus stop for children attending kindergarten classes at Roslyn Road School. Spaces are filling quickly! For enrollment information or to schedule a tour, contact Terri Knaack, director, at 1-847-381-0272.

Art in the Barn Returns for the 31st Year on Sept. 24 & 25



Co-chairs of the Art in the Barn Committee (from left) Marion Wulff, Sharon Vogel and Sherry Tomasko meet on the grounds of Good Shepherd Hospital to discuss plans for the 31st year of Art in the Barn.

The Auxiliary of Advocate Good Shepherd Hospital in Barrington will host the **31st Annual Art in the Barn Fine Arts Festival** on **Saturday, Sept. 24**, and **Sunday, Sept. 25**.

The **Art in the Barn** Committee, under the direction of Marion Wulff, Sharon Vogel and Sherry Tomasko, is busy planning an exciting weekend of activities. Mark your calendars now, because you will not want to miss this event!

Located in a beautiful country setting, this fine arts festival has something for everyone. Over 170 juried and invited artists from across the country will display and sell artwork in media ranging from ceramic, glass and photography to sculp-

ture, watercolors and wood. Whether you need a gift for a friend or spectacular art for your home, you will be able to find it at **Art in the Barn**.

In addition to fine art for sale, **Art in the Barn** will have activities, pony rides for small children and live entertainment featuring a variety of local talent. Food will be available to satisfy even the largest of appetites.

Proceeds from the festival will benefit the hospital's new Wayne and Patricia Kocourek Family Cardiac Care Center at Advocate Good Shepherd Hospital.

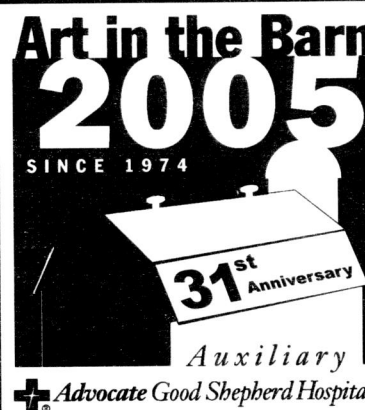
Art in the Barn will be open from 10 a.m. until 5 p.m. each day. The festival takes place on the grounds of Good Shep-

Barrington Community Child Care Center

- Programs available for children ages 6 weeks to 6 years
- Large, child-friendly classes with diverse, enriching environment
- Summer Camp up to age 6



560 Carl Ave., Barrington • 847-381-0272



31st Annual Art in the Barn Fine Arts Festival

Saturday, Sept. 24 & Sunday, Sept. 25
10 a.m. to 5 p.m.

Admission: \$5, 12 and under FREE

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Fine Art for Sale in All Media
Children's Art Activities, Pony Rides
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For more information call 847-842-4326

Alpha Gamma Delta Alumnae Meeting

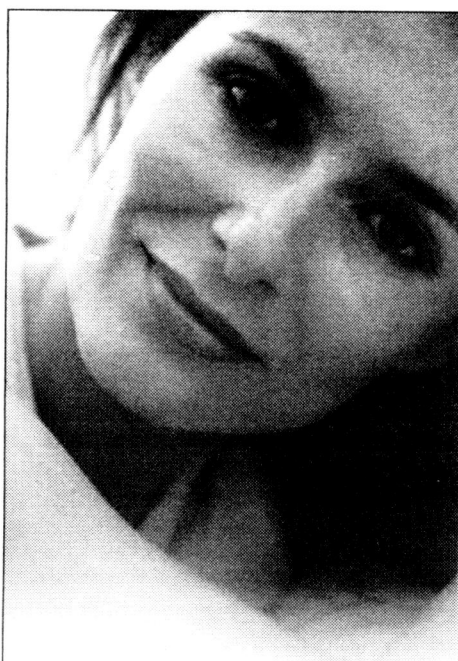
The Northwest Suburban Alumnae Club of Alpha Gamma Delta will meet on Tuesday, Sept. 6, at 7 p.m. at the Barrington Library. Penny Welch, owner of The Emporium in Long Grove, will speak about antiques and appraise the various items members bring to this meeting. She specializes in jewelry, glass, china and Victorian accessories. All Alpha Gams are invited to attend. For more information, call 1-847-963-6871 or 1-847-358-8450.



Alpha Gamma Delta Officers for 2005-2006

herd Hospital, which is located on Route 22 two miles west of Route 59. Admission is \$5. Children 12 and under are free. No

pets please. For more information, please call **1-847-842-4326**.



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"A" is for Apple at Long Grove's Apple Fest, Sept. 30, Oct. 1, 2

Any way you slice it, the 13th Annual Long Grove Apple Fest will be the perfect pick for a special fall weekend. The event will take place Friday, Sept. 30, through Sunday, Oct. 2, in the village's historic business district, home to 80 shops and restaurants. Hours are 10 a.m. to 6 p.m. daily. Admission and parking in municipal lots are free.

A harvest of apple treats will be served at outdoor food booths and in Long Grove restaurants. The landmark Apple Haus will rev up the donut-making machines, preparing to exceed the 100,000 donuts sold at last year's fest. They will also offer freshly baked Uncle Johnny's Brown Bag Apple pies, create-your-own caramel apples and hot spiced apple cider. Other tempting weekend picks include apple pie fudge and apple popcorn at the Popcorn Shoppe; ice cream-topped hot apples in pastry pockets at the Peppermint Stick; caramel apple lattes at Beans & Leaves Café; and apple martinis at Long Grove Café and the Village Tavern, where sliced

pork with homemade apple sauce and taffy apple sundaes will be on the menu.

An Apple-A-Day Health Fair will take place on Towner Green by Cassandra's, across from the Village Tavern. An array of health and fitness professionals and community organizations will provide wellness information, free samples and also conduct interactive activities.

Ongoing free entertainment will be American to the core. The weekend's music schedule will feature rock 'n' roll, bluegrass, jazz and popular standards from the big band era. On Saturday at 2 p.m., Ronald McDonald will entertain on Towner Green, and youngsters and the young at heart will delight in the stories and songs of Jenny Appleseed and the Apple Autumn Princess in Apple Haus Square on Saturday and Sunday.

Long Grove is a quarter-mile north of the intersection of Routes 53 and 83. For more information, phone 1-847-634-0888 or click on www.longgroveonline.com.

BACOA to Sponsor Trip to Art Institute's "Senior Celebrations"

Immerse yourself in a day of art at the Art Institute of Chicago's 11th annual Senior Celebrations on Wednesday, Sept. 7. The Barrington Area Council on Aging and the Barrington Community Associates Art Institute of Chicago will sponsor a daylong trip to the event.

A variety of programs throughout the day at the Art Institute will include small informal talks in the galleries, live music and demonstrations. Attendees will also

have the chance to view the museum's current major exhibition, "Toulouse-Lautrec and Montmartre," for an additional charge.

Transportation and lunch in the Chicago Stock Exchange Trading Room will be included in the \$25 fee. The motor-coach bus will leave BACOA at 9:00 a.m. and return around 4:30 p.m.

For more information, contact BACOA at 1-847-381-5030.

Gum Recession—What Does it Mean?

Exposed roots are the result of gum recession, not the natural aging process. There are many factors that contribute to a receding gumline. First, receding gums may be caused by bone loss beneath the gums, which cannot be seen. The supporting bone of the tooth could be deteriorating without the patient realizing it. Periodontal disease (bacterial infection) is most often painless and needs a dentist to diagnose the problem by X-rays and a clinical examination. Second, a receding gumline may be caused by a lack of strong gum tissue around the tooth. Genetics play a role in having strong or weak gum tissue surrounding particular teeth. Everyday brushing and chewing can make weak receding gum tissue even worse. Aggressive tooth brushing can damage fragile gum tissue as well.

Dr. Patrone specializes in advanced periodontal procedures to stop gum recession, repair/re-establish the missing gum tissue, and improve the esthetics of your gumline and smile. Perhaps you wish to enhance your smile by covering one or more roots that make your teeth appear too long? Maybe you're not bothered by the appearance of those areas, but you are concerned about the bone support around your teeth or you cringe because the exposed roots are sensitive to hot or cold



Dr. Phillip Lee Patrone

foods or liquids? You may not be in control of what caused the recession. Prior to treatment, **Dr. Patrone** will help you identify the factors contributing to the problem. Once these contributing factors are controlled, a soft-tissue graft procedure will repair the defect and help to prevent additional recession and bone loss.

Dr. Patrone is also a certified dental anesthesiologist and is trained to administer general anesthesia and intravenous sedation. **Dr. Patrone's** goal is to provide his patients with a comfortable treatment experience.

Dr. Patrone is partners with Dr. Stanley Treitler and Dr. Terry Sandroff with offices in Barrington, Arlington Heights, Bloomingtondale and Vernon Hills. Please give us a call at **1-847-277-0181** if you have any questions.

Barrington Martial Arts—The #1 School in Barrington for Tae Kwon Do or Karate

Unlike other schools we work on more than kicking and punching. In fact, we teach students not to fight but enable them to defend themselves. We specialize in developing focus, goal setting and self-esteem in our students.

The development of self-esteem enables students to speak up for themselves, look others in the eye, and to ask questions when they don't understand. This alone helps students to get better grades.

We have one instructor for every 10 students, so that all of our students get lots of attention.

We offer eight beginner classes to choose from. Classes fill up fast, so call **1-847-382-9599** today and ask about a FREE TRIAL LESSON.

Testimonials

"My son's 2nd grade teacher, Ms. Amy noted a gradual change in Anthony from when he enrolled at Barrington Martial Arts. He's become a better listener, more respectful and patient. He does what he is told and has made 'leaps and bounds' in his gross and fine motor skills, which has translated into improved writing skills as well."

—Manny Du Mont

"Both of my children were very shy and as a result they were nervous about going back to school. Now, after taking classes at Barrington Martial Arts, they love school. They are not afraid to make new friends and participate in all kinds of school activities."

—Barrington mother of two yellow belt students

Mark Your Calendar for Fritzl's Oktoberfest

Do you enjoy traditional European dining, something unique, a little different? Who doesn't? No need to head to Chicago or Milwaukee when **Fritzl's Country Inn** is nearby in Lake Zurich.

Enjoy their house specialties such as wiener schnitzel, rouladen of beef, sauerbraten, and pork schnitzel. **Fritzl's** continental favorites include veal medallions, roast duck, tilapia filet, sauteed shrimp, shrimp de jonghe, herb-crusted pork tenderloin, and chicken piquant. Sizzling steaks and fresh seafood round out the menu.

Mark your calendar for **Fritzl's famous Oktoberfest** to be held **Friday, Oct. 7**. The fun begins at 6:30 p.m., dinner at 7:30 p.m., and dancing at 8:30 p.m. Dinner in-



cludes Austrian mixed salad, unlimited bratwurst and thuringer, Bavarian baked chicken, spaetzle, homemade potato salad, sauerkraut, red cabbage, dinner rolls, Colombian coffee and warm apple strudel for only \$29.95 per person. Price includes dinner, entertainment, tax and gratuity. The fest will be held in the Banquet Hall.

Reviewed and recommended by Zagat Survey.

Visit www.fritzl.com for more information.

Free Cosmetic Evaluations at Dentistry on the Lake

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- Stained, discolored teeth can be whitened.
- Chipped, broken, teeth can be repaired.
- Missing teeth can be replaced.

Dr. Dan Follmer graduated from Northwestern University Dental School in 1975. He then returned to the college to teach dentistry for two years, after which he returned to his hometown of Wauconda where he has practiced since 1977.

Committed to both academic and clinical excellence, **Dr. Follmer** assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

We will be pleased to welcome you to **Dentistry on the Lake**, where you will receive the finest dental care available.

Call **1-847-526-2831** today for a free cosmetic evaluation!

Pain Management Expert to Outline Relief Options

"Managing Pain and Beyond" will be presented by Patti Murray, nurse practitioner and pain management specialist, at St. Alexius Medical Center at 6:30 p.m., Thursday, Sept. 8, at Wellness Place, a

cancer resource center at 1619 W. Colonial Parkway, Palatine. The program is offered at no charge to the community. Preregistration is required by calling 1-847-221-2400.

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If you have stained, crooked or missing teeth, chances are people remember that about you. We'd like to help. We're Dentistry on the Lake, an aesthetic, neuromuscular and comprehensive smile center. Our passion is exceptional dental care.

We can't promise that your new smile will bring you love. But we will design a smile you'll fall in love with. Call 847.526.2831 today for your free smile consultation.



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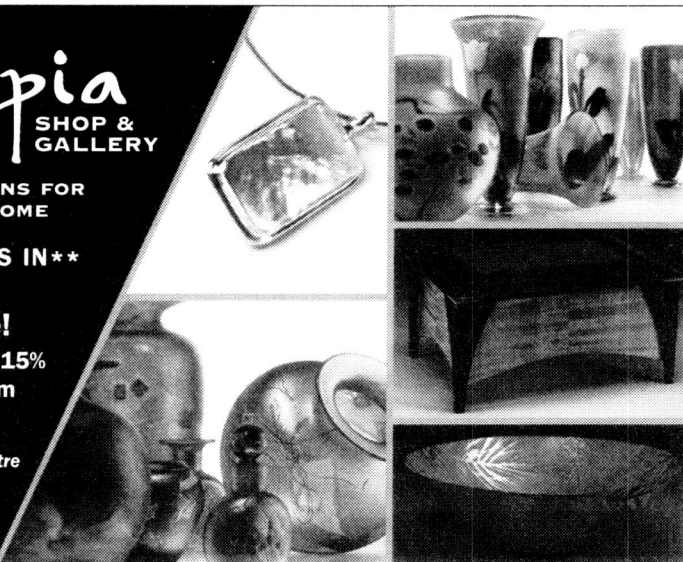
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Lake Geneva—A Wonderful Day Trip or Weekend Destination!

Artopia Shop & Gallery, a new gift and home décor boutique in Lake Geneva, just celebrated their one-year anniversary in Lake Geneva, Wis. **Artopia** is owned by a former Barrington resident Karin Bennett, who searched for the perfect location for an upscale art and gift shop.

Artopia offers many custom options for both home décor and unique gifts, including art glass, great jewelry, ceramics and more! It is a quick 45-minute pleasurable drive up to Lake Geneva and a perfect spot for a relaxing lunch or stroll by the lakefront, in addition to great shopping.

Through Sept. 30, **Artopia** is offering a **20% savings** on all lamps and custom designer wood furniture! **Artopia** carries Janna Ugone lamps, Stone County Iron-works lamps, and many beautiful wood accent tables, coffee tables and entry/hall tables.

Just Arrived—

New Patricia Locke Collection!

Artopia staff understands the challenge of shopping for the perfect gift or for the unique accent piece needed for a special place in your home. Not only do we feature the talents of over 100 artists, but we provide the opportunity to special order that perfect piece to your specifications and deliver it to your door! We even provide professional decorating services (no charge with purchase) to help you enhance your home with accent pieces and furniture in inventory or with the beauty of a custom piece created just for you.

Artopia is unique in the Lake Geneva area. Our gift and home décor items range from funky to formal. Shoppers will find reasonably priced gift items to one-of-a-kind treasures. No other store in Lake Geneva offers such a diverse selection of personal and home artistic creations.

Fall Frenzy of Events at Deer Park Town Center

Deer Park Town Center is starting fall off in frenzy! With our back to school campaign in full swing, and two new exciting events to participate in, there are plenty of reasons in addition to great shopping, dining, and recreation to visit **Deer Park Town Center** in the month of September.

The United States Postal Service has chosen **Deer Park Town Center** as an unveiling site for the new "America on the Move: 50s Sporty Cars" stamp series on **Saturday, September 10, 2005**. The unveiling ceremony begins at 11 a.m., with the ability to purchase stamps and collectibles through 2 p.m. "America on the Move: 50s Sporty Cars" features five classic automobiles: the 1952 Nash Healey, 1953 Chevrolet Corvette, 1953 Studebaker Starliner, 1954 Kaiser Darrin and 1955 Ford Thunderbird, celebrating its 50th anniversary. The stamps will not only be introduced and discussed, but will receive a cancellation mark unique to this particular unveiling, making it an instant collector's item. Special cancellation postmark services will be available until 2 p.m. The Classic Thunderbird Club of Chicago and has partnered with **Deer Park Town Center** to bring a classic Thunderbird show to the center from 10 a.m. to 4 p.m., to showcase an incredible collection of classic Thunderbirds. The Sunburst Corvette Club will be bringing vintage Corvettes as well, and **Deer Park Town Center** will have a blocked off section for "Guest Car Parking," where anyone is welcome to park their antique and collector cars for all to see.

How would you like to participate in a night of fun and a free movie at **Deer Park Town Center** to benefit the Lake Zurich High School Athletic Department? Support your community by purchasing a ticket to **Tour de Center**, taking place **Tuesday, September 27**. Ticket holders to Tour de Center will receive special coupons, be provided food samplings, enjoy

live entertainment, and more throughout **Deer Park Town Center** stores and restaurants prior to seeing a free screening of a yet-to-be released movie at Century Theatres. All proceeds for this event go to the Lake Zurich High School Athletic Association.

After taking part in the fun events at **Deer Park Town Center**, don't forget to check out our **gift-with-purchase**—while supplies last! Shoppers who present \$200 in same-day center-wide receipts at Moto Photo, Suite 114 (theatre-side), will receive a **free frame, photo package, and sitting**. This gift is an \$85 value. Take advantage of this free gift soon, as time is running out on this offer.

While shopping at **Deer Park Town Center**, support the participating school of your choice with our **Smart Bucks** program! Every dollar you spend can be designated towards one of 27 participating schools. The schools with the most points will receive a larger portion of the \$15,000 bank. Just bring your **Deer Park Town Center** receipts to one of seven redemption stores: Barnes & Noble, Penelope's Fine Jewelry, Cold Stone Creamery, Vue Optical, Noodles & Company, Le Gourmet Chef, and Planet Beach Tanning Salon. Smart Bucks runs through October 31, and is sponsored by Comcast and Cambridge Bank.

Deer Park Town Center features more than 70 stores and restaurants including: Eddie Bauer, Williams-Sonoma, Stoney River Legendary Steaks and Bose. Shopping hours are Monday through Saturday 10 a.m. to 9 p.m., and Sunday 12 p.m. to 5 p.m. For more information about the center including the center-wide gift card program, please call **1-847-726-7755** or visit www.shopdeerparktowncenter.com. **Deer Park Town Center** is owned and managed by Developers Diversified Realty (www.ddr.com).

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BACOA to Host Delegate to White House Conference on Aging

Local seniors have a chance to make their voices heard at this fall's 2005 White House Conference on Aging.

Jane Thomas, the Illinois Eighth Congressional District's delegate to the conference, will meet with seniors on Monday, Sept. 12, at 12:30 p.m. at the Barrington Park District, 235 Lions Drive, Barrington. She will discuss the conference as well as listen to seniors' input on issues that are important to them.

The White House Conference on Aging will be held Dec. 11 to 14 in Washington D.C. The conferences have been held every decade since 1961 and are designed to develop recommendations for additional

research and action in the field of aging. Many of the policies, services and funding that affect seniors have come from past conference recommendations. Some of the issues that will be discussed include Social Security, Medicare, flexible work arrangements, long-term care insurance, age discrimination, affordable housing and transportation.

Thomas will collect constituent comments and anecdotes that demonstrate how seniors feel about these issues and what concerns and recommendations they have.

For more information, contact BACOA at 1-847-381-5030.



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Dumb money downsizes materials to excess, sacrifices quality, and puts off fundamental problems when the budget is squeezed. **Smart money** takes on one area at a time, does it well, then moves on as budget allows.

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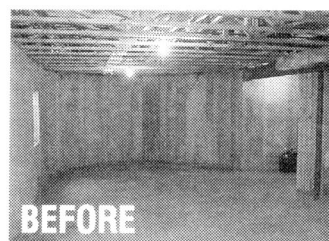
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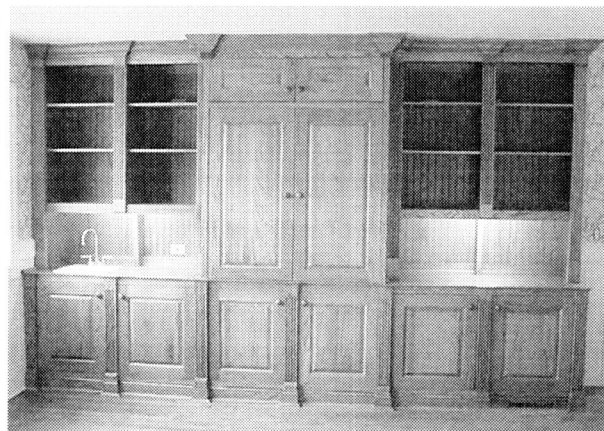


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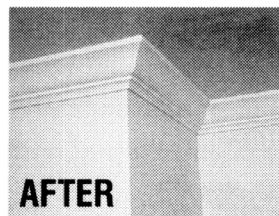
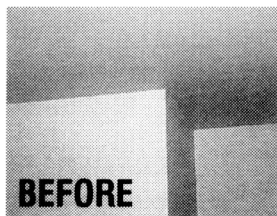
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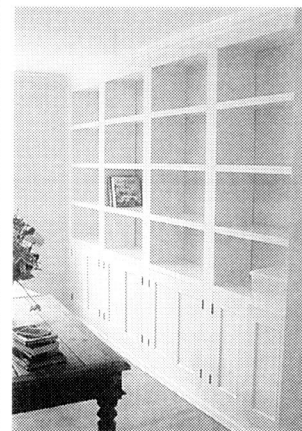
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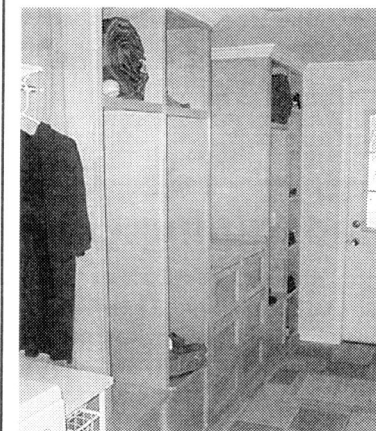
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Events at the Library

Barrington Area Library, located at 505 N. Northwest Highway, Barrington, will offer a variety of programs and events in the fall. The theme for September and October will be "My Kind of Town... Chicago!" The library will sample all of the delights Chicago has to offer. Call 1-847-382-1300 or visit www.barringtonarealibrary.org for more information.

Upcoming Events

Celebrate Chicago with Books and Pizza!, Tuesday, Sept. 13, 5:00 to 6:30 p.m., Grades 4 to 8—Feed your need to learn more about Chicago! The Windy City sets the scene for a number of good books, which we will present while you sample traditional Chicago-style pizzas and cast a vote for your favorite pie!

Scene of the Crime: Infamous Places on the Chicago Crime Map, Tuesday, Sept. 20, 7:00 p.m., Adult/Young Adult—Some of the most notorious crimes of all time have taken place in Chicago. Chicago author, journalist and research historian Richard Lindberg will guide you through some of the city's more infamous places from the "White City" of H.H. Holmes to Al Capone's underworld of organized crime.

Storytimes from the City, Times Vary, Ages 2 to 5 with Adult—Introduce your child to the languages of some of Chicago's many ethnic cultures in our Spanish, German and Italian interactive storytimes presented by Barrington's Language Stars Academy.

• Thursday, Sept. 22, 10:30 a.m., Spanish Storytime

• Tuesday, Sept. 27, 1:30 p.m., German Storytime

• Thursday, Sept. 29, 1:30 p.m., Italian Storytime

Young Adult Movie Night: Ferris Bueller's Day Off, Thursday, Sept. 22, 7:00 p.m., Grades 9 to 12—Ferris cuts school on a fine spring day to check out Chicago's sights and help his best friend win some self-respect. Refreshments will be served (102 minutes, rated PG-13).

Chicago Cubs: A Photographic View, Thursday, Sept. 22, 7:00 p.m., Adult/Young Adult—Meet official Chicago Cubs photographer Stephen Green. He'll show an exciting range of slides from his 20-year career as official photographer to Chicago's beloved Cubs. An amazing opportunity for diehard fans to see their team in a new light! Book signing will follow.

Dan Keding's Tales from the South Side, Saturday, Sept. 24, 10:00 a.m., All Ages—Enjoy a morning of stories and songs from nationally renowned storyteller Dan Keding. His funny and fascinating tales from his Chicago childhood will delight your entire family!

The Chicago Sounds of Jimmy Niteclub, Tuesday, Sept. 27, 2:00 p.m., Adult/Young Adult—Jimmy Niteclub lends his distinct vocal style to hits by favorites like Frank Sinatra, Dean Martin, Tony Bennett, Bobby Darin and many more. Jimmy's high-energy show with crowd interaction is performed his way, Chicago style! Refreshments will be served. Sponsored by the Friends of the Barrington Area Library.

Family Craft Night: Pen & Pencil Box,

Willow Creek, BACOA Offer Fall Cleanup Help to Seniors

Willow Creek Community Church and the Barrington Area Council on Aging have teamed up to give area seniors a hand with fall cleanup.

To mark its 30th anniversary celebration, Willow Creek has formed 30/30—"30 days of serving our community to celebrate our 30-year anniversary." As part of the celebration, teams of volunteers from the church will help area seniors with outdoor cleanup chores such as raking leaves, cleaning gutters, installing storm

windows and cleaning up gardens. The teams will work on Saturdays from Oct. 22 through Nov. 20.

Seniors can call BACOA to discuss chores to be done; BACOA staff will arrange a home visit to determine the scope of the jobs and work with the Willow Creek teams to coordinate scheduling.

Barrington area seniors who are interested in having a team visit can call BACOA at 1-847-381-5030.

Tuesday or Thursday, Sept. 27 or 29, 7:00 p.m., All Ages with Adult—Go back to school in style with a smart Chicago pen and pencil box. We'll take a plastic video box and personalize it with cutouts of famous Chicago sports teams, universities and area landmarks! Registration begins Monday, Sept. 12.

The Golden Era of Frank Lloyd Wright, Thursday, Sept. 29, 7:00 p.m., Adult/Young Adult—No single individual transformed 20th century architecture more than Frank Lloyd Wright, undoubtedly America's most famous architect. Illinois Road scholar Lyman Shepard—chosen by the Illinois Humanities Council to "hit the road" and share his knowledge as a long-time Wright devotee—will introduce the great architect's public life and professional career.

Genealogy Group Meeting, Wednesday,

Sept. 21, 7:00 p.m.—Genealogists and local history researchers are invited to discuss the possibility of forming a Barrington area genealogy group. Members might discuss their research questions, invite guest speakers or organize field trips to research facilities. The library's computer lab will be available that evening for online research.

Book Club Reception, Wednesday, Sept. 28, 7:30 p.m.—Whether you're currently in a book club or looking to start or join one, celebrate National Reading Group Month at our lively book club reception. Get tips for running a successful book club, share your group's favorite books and discover how the library can help your club.

Storytime—A variety of registered and drop-in storytimes are available for children of all ages. Call the library at 1-847-382-1300 for details.

Get ORGanized with Closet Masters

What is **ORG**anization? To some, it's finding empty space and stashing things away, out of sight, out of mind. To others, it's tidying up an existing mess, taming the clutter.

But we at **Closet Masters** think **ORG**anization is more than that—it's part art, part science. It isn't just about having extra space for all your things; it's about having smart storage solutions. It's about putting things away, keeping them in order and being able to find them again, ready for use.

Since 1995, **Closet Masters** has been

committed to creating imaginative yet practical **ORG**anizing solutions. Quality materials and innovative accessories are combined with our experienced and professional design and installation to solve your toughest challenges. Our endless line of products is designed with you in mind and offers flexibility for your ever-changing **ORG**anizational needs. Check out some ideas and solutions at **www.homeorg.com**.

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Allergy Help

Recent studies have shown that carpeting plays a major role in the quality of the indoor air your family breathes.

Carpeting actually helps clean the air inside your home. Carpet acts as a filter, trapping mold spores, bacteria and other air pollutants. The drawback is that, just like any filter, your carpet must be cleaned regularly. Carpeting can't continue to do a good job filtering your indoor air without your help.

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- You need to vacuum your carpet regularly with a vacuum that has a high-filtration bag.
- You must have your carpet professionally deep cleaned at least annually. (More often in homes with allergy sufferers and small children.)

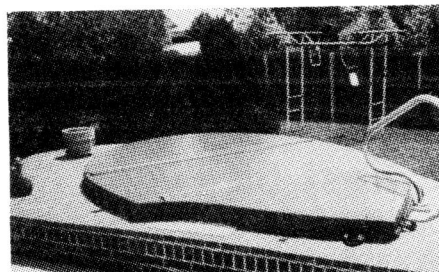
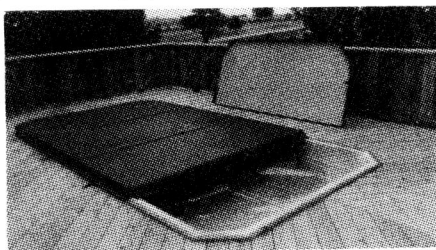
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brand topside vinyl, ventilated screen underside, sealed foam inserts to resist moisture, 5052 aluminum interior channel supports, and durable and lightweight design.

The Spa•Mate is available at **Swanson's Spas & Saunas** on Rand Road in Lake Zurich.

A Busy Season for Welcome Wagon of Barrington

The Coterie of Barrington and Surrounding Communities (formerly Welcome Wagon of Barrington), a social club with philanthropic goals, has been very busy this summer.

Donations are being distributed, new officers are elected and in place, and the club name changed to The Coterie, which is French for "a gathering of friends." Ladies of all ages in the Barrington and surrounding communities are invited to join the Kick Off Game Day Party activities on Sept. 13 from 9 a.m. through lunch at noon at the Inverness Club. Game Day provides an excellent opportunity to form new friendships while playing board and card games. Tickets are \$30.

Call Holly at 1-847-713-2114 with your Game Day questions. Call Betsy at 1-847-381-4635 with other questions about The Coterie.



Welcome Wagon of Barrington past president Bonnie Vaughan (left) and The Coterie of Barrington and Surrounding Communities' president Patricia Stoneberg shared a hug at a recent board meeting. The two ladies will work together to continue the fine programs and activities of the club.

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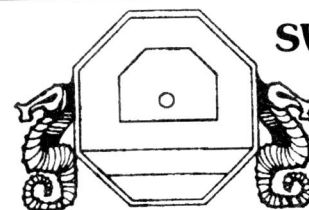
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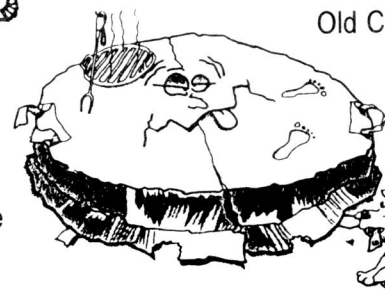
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The Garden Club of Inverness Presents Program on Daffodils

The Garden Club of Inverness welcomes returning members and guests to a new season of meetings with a program on daffodils by George Dorner, second vice president of the American Daffodil Society. The meeting will be Thursday, Sept. 15, at All Saints Lutheran Church, 630 S. Quentin Rd., Palatine.

Mr. Dorner, an accredited judge for the American Daffodil Society and former president of the Midwest Daffodil Society, has extensive experience in growing daf-

fodils in his own garden. His presentation, which will include a slide show, will give a broader view of the appreciation of daffodils and their role in garden planning and information about their planting and culture.

There will be a brief business meeting and refreshments preceding the program.

The Garden Club of Inverness is a member of The Garden Clubs of Illinois, Inc., District IX, Central Region, and of National Garden Clubs, Inc.

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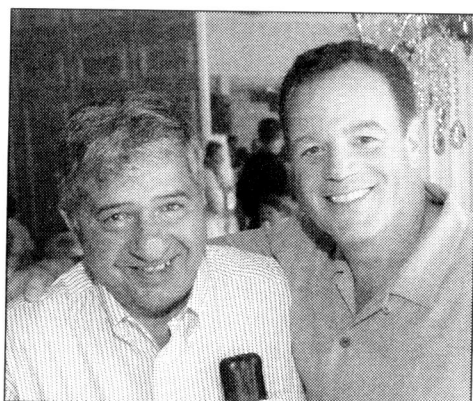
At age 10, Bob Horn began a boyhood business mowing lawns and shoveling snow in his neighborhood. He knew then that he wanted a career in the landscape field. Through high school, Bob worked at a Klehm's Nursery where he learned how to grow plants, the importance of using locally grown plants in a landscape design and many other important facets of the industry. He expanded his knowledge by attending the Horticulture Program at Harper College, going to indus-

try seminars and learning from other successful landscape professionals.

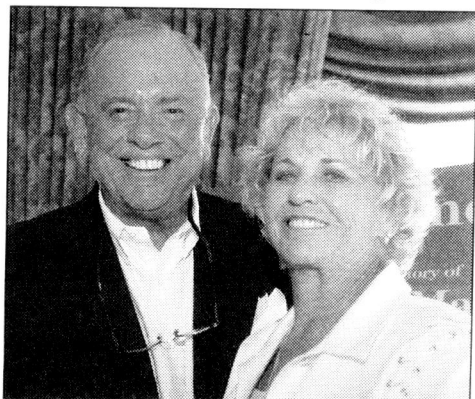
In 1973, Bob officially began **R.E.H. Landscaping** with a goal to work closely with his customers to create and install low-maintenance landscape designs that produce seasonal color and interest all year long using the finest locally grown nursery stock and quality workmanship.

The business continues to grow. Today, Bob, his wife, Mary, his son, Bobby, and other landscape staff all continue to stay current on the latest developments in the landscape industry while continuing to focus on the goal to provide customers with the level of quality Bob set forth in 1973.

Wellness Place Honors John Ekizian, Betty Valdez with Volunteer Awards



Foglia Award Commitment and Loyalty Award recipient John Ekizian (left) of North Barrington receives congratulations from Ron Hawking of Barrington.



Peter Christman of Crystal Lake presents Betty Valdez of South Barrington with the Jack Curran Star Volunteer Award.

Two Barrington area residents were honored as outstanding volunteers for Wellness Place, a cancer resource center, before a crowd of more than 300 supporters during ceremonies on July 25 at Twin Orchard Country Club, Long Grove.

John Ekizian of North Barrington and Betty Valdez of South Barrington received their awards following the seventh annual Wellness Challenge golf outing held to benefit Palatine-based Wellness Place.

The annual outing attracted nearly 230 golfers during the day, followed by a Hall of Fame dinner and auctions in the evening to support programs and services for the not-for-profit organization. Net proceeds exceeded \$200,000. Ron Hawking of Barrington, star of "His Way, the Man and His Music," served as the evening's emcee.

Carol Blackwood, chairman of the board of directors, presented Ekizian with the third annual Pat and Vince Foglia Commitment and Loyalty Award in recognition of his leadership, service and philanthropy. Ekizian has served on the board of directors for three years, completed his third year as golf outing chairman and is a member of the chairman's council. His company, Pride In Graphics, has provided many in-kind services.

Peter Christman of Crystal Lake recognized Betty Valdez and her husband,

Forest Grove Athletic Club to Host 5K Event

Connie Payton and Forest Grove Athletic Club, Palatine, will host their third annual Forest Grove Athletic Club Fitness 5K Run and Family Fitness Walk on Saturday, Sept. 10, at 8:30 a.m., with proceeds benefiting the Walter and Connie Payton Foundation and Bears Care. Connie Payton as well as current and former Chicago Bears are scheduled to attend.

Providing support and programming to area young people, the Walter and Connie Payton Foundation concerns itself with programs designed to raise the quality of life for abused and neglected youth. Bears Care is a fund of the Robert R. McCormick Tribune Foundation and the charitable beneficiary of the Chicago Bears. Bears Care supports programs designed to positively impact people in the areas of education, youth and families, athletics, entrepreneurship and health, with an emphasis

on serving those less fortunate.

The primary sponsor for this event is The Chicago Bears. Additional sponsors include 85 World Champs, Bannockburn Travel Management, Brighton Collectibles, Cold Stone Creamery, Cubby Bear, *The Daily Herald*, Direct Fitness Solutions, *The Edge Doing and Dining Guide*, Harris Bank, 104.3 JACK FM, Jerseys Pizza and Grill, Lee & Eddie's Catering, Melinda Miller Designs, Mobile Music, Morke's Chocolates, SolidLine Media, UPS and Whole Foods Market.

Registration is now available online at www.signmeup.com/50940. For more information, please contact Robyn Kove, marketing director, at 1-847-991-4646 or via e-mail at robyn.kove@tcaclubs.com.

Forest Grove Athletic Club is located at 1760 North Hicks Road in Palatine.

Gordon, who died of cancer earlier this year, with the new Jack Curran Star Volunteer Award for their faithful support of the Wellness Challenge golf outing. Betty Valdez has served on the committee since its inception in 1999 and each year enlists many volunteers for the outing. Gordon Valdez donated a day of fishing on his charter boat, *Why Knot*, on Lake Michigan as an auction item for the golf outing every year.

New this year was the outing's diamond sponsorship by the Makray family from

the Makray Memorial Golf Club in Barrington. The family underwrote the Wellness Challenge in memory of Paul W. Makray, former owner of Thunderbird Country Club until his death in 1999.

Wellness Place, dedicated to educating, encouraging and empowering adults, teens and children affected by cancer, is located at 1619 W. Colonial Parkway. It serves 60 communities in the Northwest Suburbs of Cook County, and parts of McHenry, Lake and Kane counties. For further information, call 1-847-221-2400.

Considering a Remodeling Project? Start Planning Now!

If you're contemplating any new addition or major renovation to your home, it's never too early to start the planning process.

The process starts with an architect. If you don't have an architect, your contractor should be able to refer you to a good architect who can design a plan based on your needs.

Patrick Finn of **Patrick A. Finn, Ltd.** suggests you start lining up an architect for your project as soon as possible. "Getting your ideas together and turning them into plans can take several months. In fact, the design and planning process typically takes longer than the construction itself." Designing a custom home or a major renovation, such as an addition to your home, needs a minimum of three to four months for planning. A kitchen remodel needs only a few weeks for design.

"You don't want to rush through the planning process," adds Finn. "Like any project, the more thorough and careful you are in the planning process, the better the end result. Time spent in the planning process can lessen the number of

potential problems that can arise during construction."

A popular misconception regarding home remodeling is that there is no need for an architect. This can't be further from the truth! A qualified architect can not only help assure a quality finished product, he or she can also help you save money in the long run. Professionally drawn plans can be used as you solicit bids from contractors to build your project. By having all contractors bid on the same set of plans, you'll be comparing "apples-to-apples," coming up with realistic estimates. Also, the architect's plans can help you maintain control of the design during the construction process, keeping your contractor on track to build the finished product you're expecting.

Patrick A. Finn, Ltd., an established builder of custom estate homes and fine quality renovations, has over 17 years of experience in successfully planning and managing home construction. The many homes they have built can be seen throughout the Northwest Suburbs, the North Shore and Chicago.

40 Days of Purpose Campaign

Lutheran Church of the Atonement in Barrington will present the 40 Days of Purpose Campaign, based on the bestselling book by Pastor Rick Warren, *The Purpose Driven Life*.

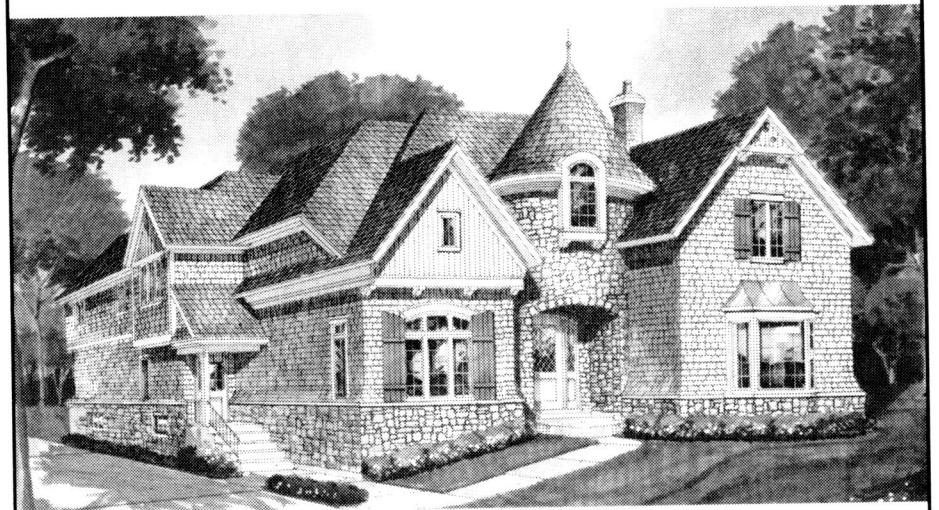
The campaign will begin Sunday, Sept.

11, and continue every Sunday through Oct. 23. The campaign is meant to help individuals discover or renew their life's purpose.

The community is invited. Call the church at 1-847-381-0243.

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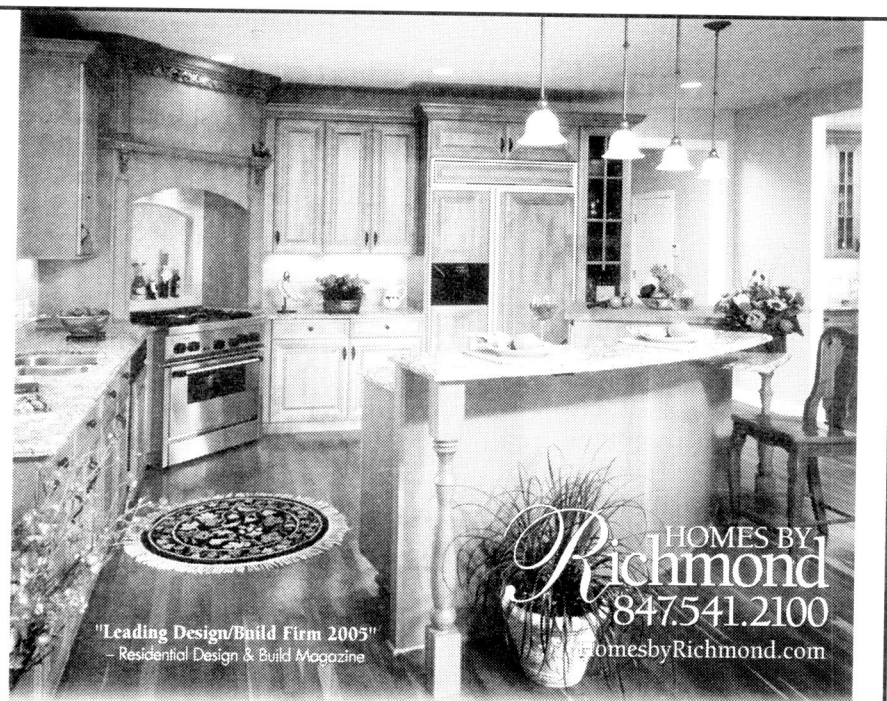
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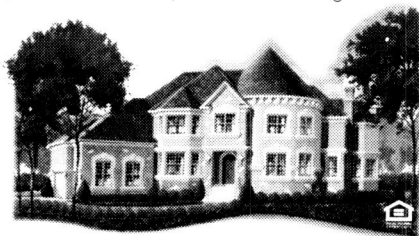
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Timeless Beauty...Beyond Luxury

Homes by Richmond, a leading design/build firm on the North Shore, creates timeless beauty and exquisite detailing in every custom home they build. With 50 years of hands-on building experience, partners Rick Bouchez and Steve Day have earned a reputation for building elegant homes. Each masterpiece offers a combination of quality materials and superior design. Details are meticulously crafted and each enhancement is seamlessly blended to create a custom residence that is uniquely yours. We offer complete design/build services on your lot or ours and we invite you to call us so we can show you how we will exceed your expectations.



Welcome Wagon Fall Kick Off Party

Welcome Wagon of Barrington recently changed its name to The Coterie of Barrington and Surrounding Communities. The French word "Coterie" means "a gathering of friends." The Coterie is primarily a social club with philanthropic goals.

Sept. 13 is The Coterie's Kick Off Game Day Party at the Inverness Club. Game

Day provides an excellent opportunity to form new friendships while playing board and card games. Activities will begin at 9 a.m. and lunch will be at noon. Tickets are \$30. Call Holly, 1-847-713-2114, with Game Day questions. Call Betsy, 1-847-381-4635, with membership questions. Nonmembers are welcome.

Birdies, Bogies and Buddies Benefit Clearbrook

Charity Golf Outing Supports Individuals with Disabilities

Over 180 golfers braved the heat and humidity to play at the Ninth Annual Clearbrook Golf Challenge, an 18-hole tournament held at Northmoor Country Club in Highland Park on July 25. The \$140,000 that was raised will help create opportunities for children with developmental delays and their families and adults with developmental disabilities.

For \$600 per player, guests were treated to brunch, cocktails, hors d'oeuvres, dinner and a live auction. Highlights of the live auction included a week's stay in a castle in Ireland, two round-trip American Airlines Business Class tickets to Europe, and two six-week-old labradoodle puppies.

Event sponsors included The Jaffee Family and Waveland Investments LLC. Corporate sponsors were American Airlines, The Audi Exchange, Focus Investments, Horwood Marcus & Berk Chartered, Keith and Caryl Jaffee, Michael Best & Friedrich LLP, Montero Partners, Ltd.,



Keith Wenk and Adrienne Snyder, both of Northbrook, can set up play dates for the labradoodle siblings they won as highest bidders in the live auction at the Clearbrook Challenge Tournament on July 25.

Shaw Development Company, and Sterling Partners.

For information on next year's event, call 1-847-304-9004.

Homes by Richmond Creates Timeless Beauty, Going Beyond Luxury

Homes by Richmond partners Rick Bouchez and Steve Day design their client's fantasy by creating custom residences boasting timeless beauty. We believe building your dream home should be fun and easy, and we strive to make each experience a truly delightful one.

The dynamic duo is proud of the homes they have crafted in Lake Forest, Bannockburn, Buffalo Grove and most recently, the \$25 million Brookstone community in Long Grove. Their homes are built to be timeless in style and quality, and only the best lots with magnificent views will accommodate their high standards. Each home offers a combination of quality materials and superior design that surpasses luxury.

Offering a complete range of building services, **Homes by Richmond** provides close personal attention that few builders can match. We can build your one-of-a-kind magnificent residence on either your home site or ours. By personally devoting an extraordinary amount of time with our clients, we help them select the quality materials and components that transform a typical home into a spectacular residence with its own personal identity. In addition, we help our customers create a home that reflects their individual tastes by supplying interior design services.

To create an aura of opulence, homes embrace luxurious inclusions such as an eight-foot stained mahogany or oak front door; a custom circular staircase; 18" x 18" marble flooring or maple or cherry wood floors; beautiful French doors; tray ceilings; oversized crown moldings; and thick casings and base trim. A sculpted limestone or marble fireplace can grace a library and family room, while an elegant gourmet kitchen boasts quality wood cabinetry, granite countertops, Sub Zero, Dacor, Bosch and Maytag appliances, and Kohler upgraded plumbing fixtures. Other important appointments are a butler's pantry, cedar shake roof, Eagle or Pella wood windows, state-of-the-art phone system, and a full basement with a nine-foot ceiling.

Our philosophy is to exceed our client's expectations. We provide construction excellence, value and peace of mind that comes with our painstaking hands-on approach throughout the building process. In addition, our accurate pricing data base and sophisticated estimating system enables us to build your home within your budget restraints. When clients see themselves personally reflected in their new home, we know we have done a good job. Please call us at **1-847-541-2100** to schedule an appointment.

LakeShore Ski & Sports Club News

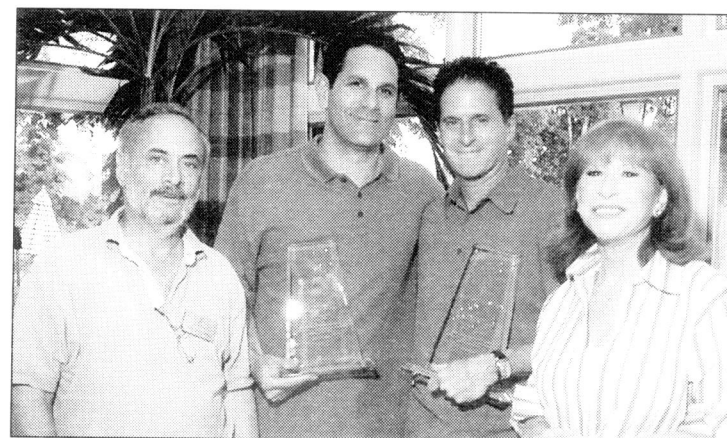
LakeShore Ski & Sports Club was founded in 1955 to serve the skiers of the Chicago metropolitan area. During its 50-year history, the club has had trips throughout the Midwest and Western United States as well as European trips to Switzerland, Austria, France and Italy. Trips can last from one day to one week. The ski program includes both cross-country and downhill trips, which start at Thanksgiving and end around the first of April. Ski lessons are also provided by our ski master for beginning skiers.

Besides the extensive ski program, the club has a year-round tennis program. When the ski season ends, LSSC has an extensive spring, summer and early fall

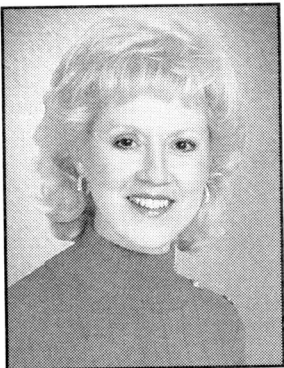
program, which includes bicycling, hiking and rafting trips, and golfing. The summer activities end with our annual end-of-summer picnic in August. The club also has social and cultural events, which include our spring banquet, ski season kickoff and holiday parties, to name a few.

Meetings are normally held the first and third Wednesdays of every month from September through May and the third Wednesday of every month during June, July and August. Meetings are held at Chief O'Neill's Pub, 3471 N. Elston at Albany in Chicago. Meetings start at 7 p.m.

For further information, call 708-786-3992 or visit www.lssc.org.



(From left) Clearbrook President Carl M. La Mell of Evanston presents the Max Bartelstein Outstanding Service Award to Challenge co-chairmen Keith Jaffee and Mitch Greenberg, both of Northbrook, with the assistance of Sandy Bartelstein of Chicago. The award is given to an individual who exemplifies the true spirit of financial support and volunteerism toward Clearbrook in memory of Mr. Bartelstein, who was a staunch supporter of Clearbrook. The prestigious tournament is in its ninth year and helps to benefit 2,300 children and adults with developmental disabilities supported by Clearbrook.



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AUTUMN HAS ARRIVED!

After the dog days of summer which began in June and never seemed to end, the arrival of fall is especially welcome this year. Besides the cooler days and nights,

fall is a great time to sell and buy real estate.

Shopping for a new home is much more pleasant in nice weather and although available inventory may be somewhat less than in spring, often great values can be found. Properties coming on the market at this point in the year are typically priced very realistically because of a shorter selling season, and homes currently on the market may be reduced in price for the same reason.

Mortgage interest rates are rising and will continue to do so through the balance of the year, but the increase will be slow and moderate which will have little overall effect on the real estate market.

Looking to move up to a larger home? Downsizing to something smaller or maintenance-free? Planning to build? Or just wanting something newer or different? **Sharon Ramon of RE/MAX of Barrington**

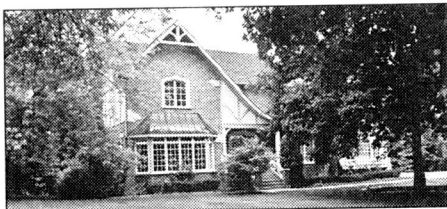
can assist you.

With 19 years of residential real estate experience in the north and northwest suburban market of Chicago, and as a lifelong resident of Chicago and a 27-year resident of Barrington, **Sharon** understands how important your home-selling or home-buying decision can be. She is a licensed Broker in Illinois and Wisconsin, a Certified Luxury Home Marketing Specialist and a member of the Graduate Realtors Institute. She has also achieved membership in the prestigious RE/MAX Hall of Fame and works extensively with relocation clientele.

Service, integrity and client-focus are the hallmarks of Sharon's business.

Whether your needs involve marketing or purchasing real estate, **call Sharon** for the personal attention you desire and deserve—**1-847-381-8801 x312**.

Leading The Way To Remarkable Properties



BARRINGTON

Stunning updated English Tudor nestled in a heavily wooded setting. Fabulous new gourmet kitchen, gorgeous master suite & fresh decor. Full walkout lower level, two FPs, meticulous attention to detail and finest finishes. Three car garage, extensive terrace areas, and brick paver drive further enhance this special offering.

OFFERED AT \$1,199,000



BARRINGTON HILLS

This picture perfect colonial is nestled in a private 5 acre setting. Renovated to perfection, the 4 br beauty offers fresh decor, 3 fp, inviting fr w/ stone fp & gourmet kit. The magnificent grounds feature sparkling pool, tranquil pond & fabulous multi-purpose building which echoes the architecture of the residence. It is delightful.

OFFERED AT \$1,699,000



BARRINGTON HILLS

This enchanting country home is set on 6+ rolling acres w/ sparkling pool, pool house, tennis court & 4-stall barn. The updated & expanded residence offers a country kit, fabulous master suite, study, formal LR & DR, inviting FR & fin walkout LL. Walls of glass capture idyllic views of magnificent prof landscaped grounds & countryside.

OFFERED AT \$1,149,000



INVERNESS SHORES

Spectacular waterfront residence. This custom, original-owner home is set on a quiet peninsula on a private lake. Architectural Digest quality kit has custom cherry cabinetry, granite countertops and top-of-the-line appliances. A fin w/o LL, inground pool & extensive outdoor entertaining areas enhance the resort-like ambience.

OFFERED AT \$1,195,000



BARRINGTON HILLS

This outstanding, custom designed, Nantucket style residence is set on five private, heavily wooded acres. The six bedroom, six full and two half bath home offers the highest quality design, detail and finishes, a magnificent two story kitchen, conservatory & five car garage. Enjoy the spirit and style of New England!

OFFERED AT \$2,995,000



BARRINGTON HILLS

Outstanding 6 br, 8.1 ba custom brick Georgian set on 10 rolling acres overlooking picturesque Goose Lake. Magnificent architectural design and detail. It includes a stunning gourmet kitchen, sumptuous master suite, 6 fireplaces, finished walkout lower level, Stone terraces and 4 car garage. It is elegant, warm & very livable.

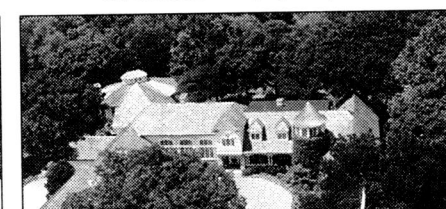
OFFERED AT \$4,990,000



INVERNESS

Charming Cape on almost 2 acs in desirable Shetland Hills. Newer kit is open to family rm. First flr master w/ luxury bath, lots of light. Generous bedroom sizes—one w/ sitting rm. Upstairs loft. Full LL awaits your finishes. WBFP, hwd fls, freshly painted. Flowing floor plan, 3 car gar, lovely cul-de-sac setting, great neighborhood.

OFFERED AT \$699,000



BARRINGTON HILLS

Incomparable estate set on 17 rolling, wooded acres. Designed for a gracious lifestyle, this stone & cedar residence offers the finest custom finishes throughout its substantial comfortable interior. This beautiful estate includes 2 guest houses, pool, tennis court & 4 stall barn. Its location is prime and protected, its appeal, timeless.

OFFERED AT \$5,190,000



LAKE BARRINGTON

Woods, wetlands, sunsets & scenic Fox River views from every rm of this Tudor home. On a quiet cul-de-sac at the end of a private lane, with 5 BR, great kit, firelit FR, hrdwd flrs, scrnd porch & fin walkout LL. A world away from the hustle & bustle, yet moments from conveniences—a gracious home in a glorious setting.

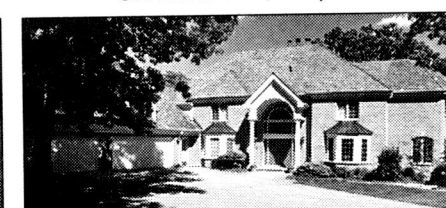
OFFERED AT \$599,900



BARRINGTON HILLS

Set atop a ridge overlooking miles of countryside, this commanding stone & timber manor offers exquisite design & appointments. Dramatic 2-story great room w/ stone FP, fire-lit gourmet kit & screened porch. 2-story study w/ stone FP, master suite w/ lux BA, full walkout LL, 4 car garage & awe-inspiring views.

OFFERED AT \$2,450,000



BARRINGTON HILLS

A long, winding drive leads to this stunning brick residence. Set on an idyllic, private, wooded, cul-de-sac w/ prof & natural landscaping, a flowing floor plan, dramatic 2-story family room, study & sunrm. Fab new gourmet kitchen w/ granite countertops, inviting master w/ balconied terrace, 3 FPs, fin walkout LL & 4 car gar.

OFFERED AT \$1,599,000



BARRINGTON HILLS

Designed w/ the highest quality finishes & craftsmanship, this exquisite home, completed in 2004, features 2-story great rm w/ soaring stone FP, kit w/ fire-lit hearth rm, stunning master retreat, 4 FPs, 5 generous BRs & 4 full, 1 half BAs, 5 car garage w/ workshop, screened porch, in-ground pool and gorgeous landscaping.

OFFERED AT \$1,799,000



Greg Bradley
847-863-2424

RE/MAX
of Barrington

306 W. Northwest Hwy. • Barrington



Meg Cleavenger
847-212-0917

A Place for Everything... and Everything in its Place

by Tamara Tabel

Bill and Kitty Karmell decided it was time to "open up" their dark, L-shaped kitchen. The Karmells wanted to totally remodel their kitchen, expanding out to gain more space and light. So the Karmells called Mark Zurek of **Delta Renovations**. After surveying their home and discussing their needs, preliminary planning began.

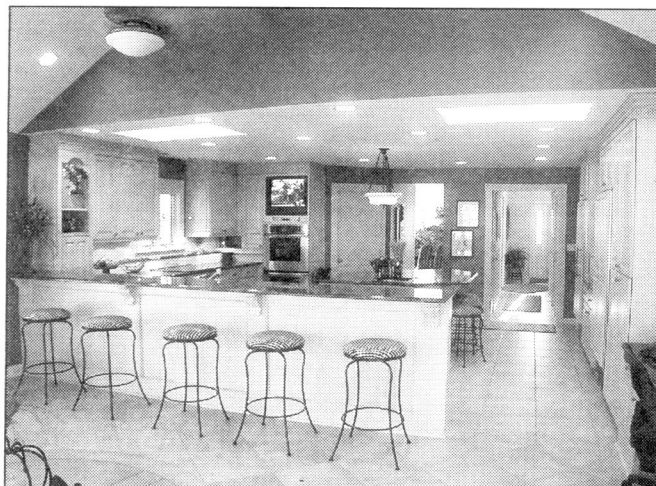
"We developed multiple plans for the Karmells to consider," says Kaye Hathaway of **Barrington Kitchen & Bath Studio**, an interior designer and space planner. "As with every project, we carefully considered exactly how much additional floor space might be required to meet their needs."

The design chosen adds approximately 400 square feet of living space. The new breakfast room has a dramatic octagonal vaulted ceiling, skylights and an entire wall of floor-to-ceiling windows/doors, flooding the room with natural light. The Karmells also gained a spacious kitchen with more counter, storage and floor space. In planning the details of the kitchen, organization was paramount.

"Because I had so little space before, I wanted to be sure I had a place for everything," says Kitty Karmell. "And the design is perfect—we use our kitchen just the way it was planned."

The new kitchen is designed for ultimate storage and ease of use. There are specialized storage spaces—such as pull-outs for spices and pantry items, a flipper door to conceal small appliances and a coffee/breakfast center. Food preparation and storage areas are within easy reach. And the pinnacle of the kitchen is a large, multi-height, multi-functional island. Created to look like a piece of furniture, the island serves many functions: baking, food preparation (with prep sink) and counter-height stools for snacking.

Another important work area for Kitty Karmell is her desk. She wanted the computer, tower and wiring to be completely hidden. **Barrington Kitchen & Bath's** design offers a unique space for every item, including a pull-out keyboard tray, a shelf for the printer and space for the computer tower. The monitor is carefully placed to match Kitty's exact eye level.



The new kitchen and breakfast room offers ample space and lots of light.



Because "everyone always ends up in the kitchen," the Karmells wanted theirs to have lots of room for food preparation and gathering.



Truly an "island of dreams," it has the look of fine furniture.

Double coats of Classic White Stain, topped with Van Dyke Brown glaze, give the Crystal cabinetry its rich, creamy finish. Distressing adds to the antique look. Countertops are a unique, heavily grained granite—Azul Mayorca—reminiscent of a chocolate, caramel sundae swirl. The cabinetry, moldings and finish pieces were expertly put in place by the fine craftsmen at **Delta Renovations**.

Delta Renovations managed and executed the entire renovation—from design and demolition of the old kitchen and existing walls... to installation of new flooring, cabinetry and appliances... to the total construction of the new sun room/breakfast area.

"I just love my kitchen and sun room," says Kitty. "The people from **Delta Renovations** and **Barrington Kitchen & Bath** are very professional. It was a great experience."

If you're considering a change to your home, talk to the experts at **Delta Renovations**, 1-847-277-1305, and **Barrington Kitchen & Bath Studio**, 1-847-381-3084. They'll give you and your project the personalized attention they deserve.

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From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford Lincoln Mercury

You can always count on our employees and their families to be involved in some of the most adventurous endeavors. A few years back, **Karen Chuchman** of our office walked in the Avon 3 Day Walk for Cancer. This year, **Tara Hancock**, wife of service tech **Tom Hancock**, is in training for the National AIDS Marathon that will take place in Honolulu in December. Remember, that's running 26.2 miles for a worthy cause! I don't think I could do that!

Despite recent advances in the treatment of HIV/AIDS, the epidemic is far from over. The number of people living with AIDS in the Chicago metro area has jumped more than 583% in the last decade. The money that is raised will allow the AIDS Foundation of Chicago to fund direct medical care and other vital services.

You can make a contribution online at www.aidsmarathon.com or to learn more about the program. Remember to choose the Chicago-area training program and refer to participant #3031 for **Tara Hancock**. Good luck Tara!



If you are out running or in a hurry, our service department offers Saturday hours between 7:30 a.m. and 3:30 p.m. at the Ford location at 600 W. Northwest Highway. We encourage you to bring in your GM, Honda, Toyota or other brand vehicle to our Quick Lane for all of your light duty maintenance. While you are waiting, you can enjoy a complimentary Starbucks coffee, Coca-Cola or other soft drink and surf the Internet in our waiting room. Our shuttle is also available to run you home or pick you up!

Does Your Pet Need a Day at the Spa?

Oakview Kennel offers a full-service grooming facility for all your pets' beauty needs. With over 16 years experience in the grooming industry, our grooming staff can bathe or groom your pet seven days a week.

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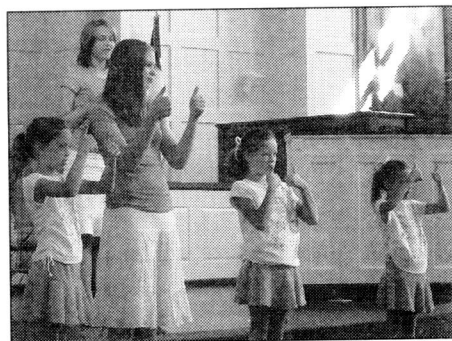


Oakview Kennel & Cattery—1-847-526-1388.

News at Barrington United Methodist Church



BUMC's Mission Trip 2005 students and leaders before they journeyed to Mifflinburg, Penn., to repair and rebuild homes of the less fortunate.



The July 10th Youth Service, a hymn is expressed through song and sign language: (from left) Annabelle Adams, Sarah Reindl, Bianca and Amanda Adams, and Molly Fitzharris in back.



Memorial Day weekend—Major John DeLapp received a standing ovation from members of BUMC on his return from service in Iraq.

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Green Thumbs of Barrington Garden Club

Members of the Green Thumbs of Barrington Garden Club will gather happily on Monday, Sept. 19, to launch a new season of educational and entertaining programs involving many aspects of horticulture. The meeting will begin at 12:30 p.m. in the meeting room at the Barrington Area Library, 505 N. Northwest Highway in Barrington.

The club meets regularly on the third Monday of each month at this location and time, with the exception of the December holiday luncheon at the Garlands and a field trip to Stillman Nature Center in May. Members come from all over the Barrington Area and surrounding communities and run the gamut from novice gardeners to experts in design and landscaping. All are welcome.

The guest speaker for this month is Michelle Titterton, owner of Down to Earth Garden Services in Lake Zurich and a master gardener. She also holds certificates from the Chicago Botanic Garden in Ornamental Plant Materials and Health

Care Gardens. Organic growing is a special interest, evident in her founding of a three-acre organic community garden in Lake Zurich. Food pantries throughout Lake County are recipients of the delicious produce grown there entirely by a staff of volunteers.

The topic for this interesting presentation will be Holiday Container Gardens. Ms. Titterton will recommend effective fall plantings for the renewal and sprucing up of outdoor container gardens, which have struggled so much through this hot, dry summer. Other demonstrations will feature holiday themes for Halloween and Thanksgiving container gardens. In addition, she will give instructions for bringing nature into the home when weather puts an end to outdoor activity. There will be something of interest for everyone who enjoys working with plants and flowers.

The Green Thumbs Club welcomes visitors and guests. For information, please contact president Trudy Stofft at 1-847-381-6427.

BACOA to Sponsor Trip to Dr. Joyce Brothers Luncheon

Unlock your hidden powers over lunch with Dr. Joyce Brothers and BACOA.

The Barrington Area Council on Aging will sponsor a luncheon outing to hear Dr. Joyce Brothers on Thursday, Oct. 27, at Allgauer's at the Hilton in Northbrook. Dr. Brothers will speak after lunch; her topic will be "Unlock Your Hidden Pow-

ers." The North/Northwest Senior Directors will host the event.

The \$50 fee includes transportation by motorcoach, lunch, speaker and entertainment. The reservation deadline is Sept. 9. The motorcoach will leave BACOA at 10:00 a.m. and will return at 3:30 p.m.

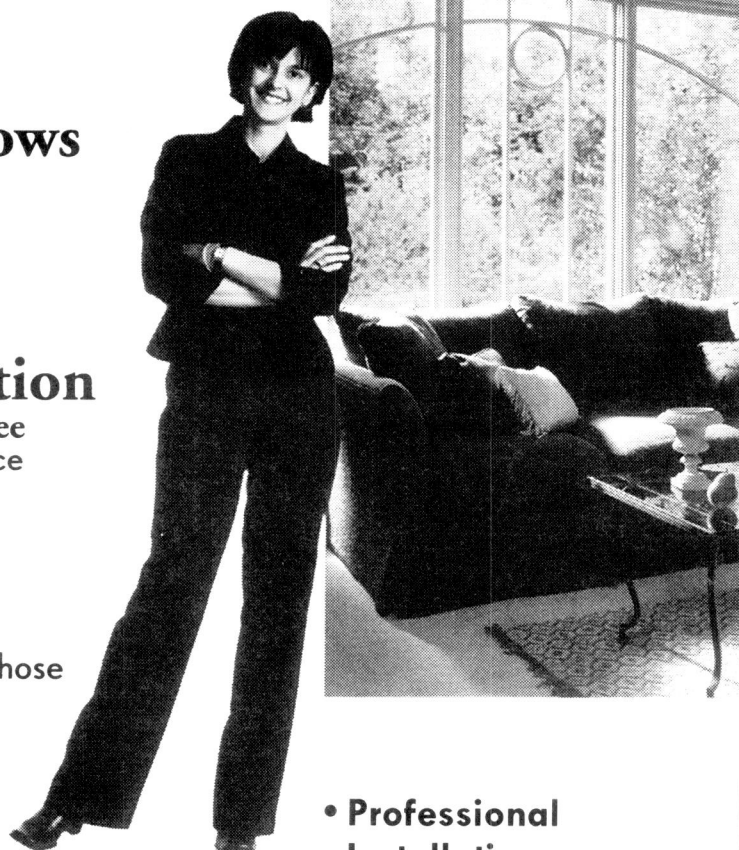
For more information, contact BACOA at 1-847-381-5030.

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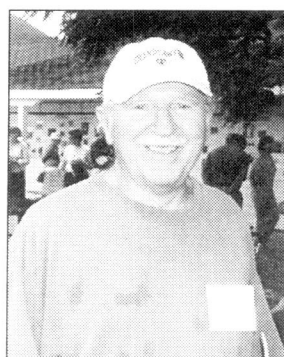
CFC Volunteer Recognition Celebration

Citizens for Conservation volunteers have spent thousands of hours restoring preserves, negotiating property acquisitions, working in the office, assisting in education classes and many other supportive activities. In recognition of the fact that it is volunteers who are responsible for the success of the organization, CFC invited all past and present volunteers to a volunteer recognition celebration on July 23.

The day was planned as an opportunity to meet old friends, make new acquaintances and enjoy the beauty of nature. The day began with tours of Baker's Lake, Grigsby Prairie and Flint Creek Savanna to see firsthand the progress that has been made over 20 years of cumulative efforts.

CFC volunteers' tireless energy was recognized at lunch at the organization's headquarters in Lake Barrington, where CFC President Karen Hunter and Restoration Co-Chair Tom Vanderpoel thanked the volunteers for the vital role they have played in CFC accomplishing "Saving Living Space for Living Things."

Wendy Paulson spoke of the scope of



Jerry Masino of Barrington was among many CFC volunteers at the organization's "Twenty Years of Volunteers" celebration on July 23.

Volunteers from New York City, Madison, San Diego and South Carolina joined volunteers from 15 towns in the Chicago area to reunite and celebrate the collective success of their efforts.

the restoration accomplishments, and Karen Hunter thanked all present saying, "Our volunteers are the reason for our success."

Barrington Members of the Sarah Siddons Society Attend Musical



(From left) Nancy Frank, Kay Gillespie, Betty Jeffreys, Dawn DuQuaine and Lois Adams—all from Barrington

The Sarah Siddons Society of Chicago had a number of members from Barrington present for the Second City's presentation of *Romeo and Juliet*, a musical version at Shakespeare Theater on Navy Pier.

The Sarah Siddons Society raises money for theater students at several colleges in the Chicago area, including theater students at Northwestern's School of Com-

munication, Theater School at De Paul University and Columbia College Chicago.

Donna Atwater, Chicago, was chairman of the event. She planned a birthday cake for our former president, Mary Lou Bilder-Gold. Betty Jeffreys and Lori Lennon (co-presidents of the society) gave a talk telling the guests of future events for the upcoming year.

Keep Your Mind in Shape with Brain Aerobics

Aerobics keeps your muscles supple. Brain Aerobics keeps your mind supple.

The Barrington Area Council on Aging has partnered with Mather Life Ways to present Brain Aerobics, an innovative two-part workshop for all ages designed to increase brain activity through logic exer-

cises, imaginative exercises, opinion exercises, reminiscence and more.

Brain Aerobics classes cover:

- How you learn: discovering the strengths within your brain
- Humor as a brain builder
- Using the eye to stimulate the mind:

visual puzzles, optical illusions and more

- Tapping both left and right brains with facts and fantasy

- Listening as a brain enhancer: expressing opinions and reminiscing in a new context

- Words for the wise: noncrossword puzzle word games to make you think and laugh

The workshops are free of charge and will meet Wednesday, Sept. 7 and 21, from

9:30 a.m. to 1:00 p.m. in the Performing Arts Center at The Garlands of Barrington. Continental breakfast and lunch will be included. The program has been funded through a grant from the Barrington Area Community Foundation and additional support from Advocate Good Shepherd Hospital.

For more information or to register, call BACOA at 1-847-381-5030.

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Barrington Hills \$3,750,000
New const! Terrific 5 br, 6.5 ba, fate 5 ac wd site w/ pond, 2-stry entry & FR. Gourmet kit. Front & back stairs. Grt views t/o. Approx. 10K sq ft. Fin w/o. Horse trails.
Celeste Lockhart 847/525-0411



Deer Park \$1,209,000
Sunny spacious quality 4 br, 4.5 ba home offers desirable amenities including first floor master suite, finished walkout lower level, efficient kitchen, 4-car garage.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$1,868,000
Waterfront—4 br, 4+ ba home on 5 acres. 2-stry fam rm, kit w/2 granite islands, sun rm. Mstr w/sitting rm. 4 fplc, loft & walkout w/rec rm, off, exercise rm, 4 c gar.
Sherl Wheeler 847/370-3808



Barrington \$989,000
Totally updated 4 br, 4 ba, 2-story BR Col w/ 4000 sq ft, hwd flrs, skylights, cherry kit w/ granite center isle & brkfst bar, study, lux master suite. Shows like new const.
Suzanne Luby/Liz Luby 847/277-2777



Barrington Hills \$1,625,000
Beautiful 6 br, 4.5 ba hilltop Colonial w/ sweeping countryside views. Finished LL w/ rec rm, exercise rm. Sunny patio w/ pool, cabana, 3-stall barn. Quiet setting.
Mary Spinner 847/277-2284



Kildeer \$949,900
Premier all brick 8000+ sq ft waterfront home, 5 BR, 5+ BA, gourmet kitchen, fabulous MBR suite, study, sunroom, huge finished walk-out lower level, 5 car garage.
Celeste Lockhart 847/525-0411



Barrington \$929,000
Build your dream home on this spectacular 8 ac arboretum estate. 3-tier waterfall/tray garden. New 2-horse barn. Surround yourself w/ beauty & grace.
Loretta Kallas 847/277-2285



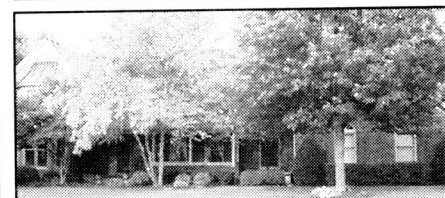
Barrington Hills \$925,000
Magnificent 5 wooded acres. Prime Barrington Hills site. Close to 100 miles of horse trails. Perfect for building your dream estate. Low Cook taxes. Secluded & priv!
Celeste Lockhart 847/525-0411



Arlington Heights \$849,900
Beautiful new 4 br, 3.5 ba home on 1 acre. Hwd flrs, 6-panel maple drs. Fam rm w/ brick fplc. Granite & maple kit w/ stainless appls. Vac, surround sound, sec system.
Jackie Edwards 847/277-2266



North Barrington \$799,000
Waterfront 4 br, 3.5 bath home in gated golf course community has an incredible value! Walls of windows. Finished walkout lower level. Screened porch & deck.
Suzanne Luby/Liz Luby 847/277-2777



Barrington \$759,000
Stunning 4 br, 2.5 ba Colonial w/ hwd flrs, updated kit. Vaulted sunroom. Den. Finished lower level. Deck. 3-car garage. New furnace, a/c & roof.
Ron & Jeanine VanDeVelde 847/277-2282



Fox River Grove \$735,000
Handsome 4 yr new, w/ 4 BR, 3+ BA, has fab kitchen w/ isle, lux MBR w/ sit rm, study, dual staircase, hwd flrs, 9' ceil, 4 car gar & patio. Close to train, shops & Barr schls.
Suzanne Luby/Liz Luby 847/277-2777



North Barrington \$699,900
Charming 4 br, 2.5 bath Col poised on wooded acre offers hardwood floors & Italian tile, fabulous kitchen w/ granite, master suite with gorgeous Euro-shower.
Suzanne Luby/Liz Luby 847/277-2777



Deer Park \$699,000
Striking 4 br, 3.5 ba contemporary ranch on 2.7 wooded acres w/ magnificent views. Travertine marble flrs, stone accents. Lux mstr ste. Screened porch, deck w/ hot tub.
Mary Spinner 847/277-2284



Barrington \$599,000
Charming 4 bedroom home in Jewel Park. Walk to school, train, library. Hardwood floors. Family room with brick fireplace. Finished lower level.
Ron & Jeanine VanDeVelde 847/277-2282



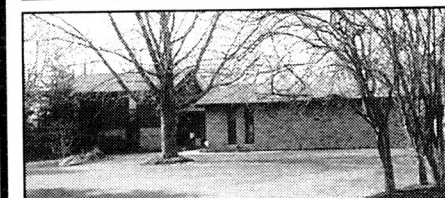
Barrington \$595,000
Traditional Colonial w/ 5 br, 3.5 ba set on parklike 1-ac w/ updating. Full fin LL w/ ofc & rec area. Newer roof, carpet, baths & kit w/ granite counters. Deck & gazebo.
Celeste Lockhart 847/525-0411



Port Barrington \$547,900
Waterfront end unit w/ gorgeous views of Fox River w/ boat slip avail, 3 BR, 3.1 BA, hwd floors, kit w/ granite counters, LR w/FP, fin w/o LL w/wet bar & scrnd porch.
Celeste Lockhart 847/525-0411



Barrington \$539,000
Totally rehabbed 4 BR, 2 BA 1924 home. Kitchen w/ SS & granite. LR & MBR w/ fplcs. Fin bsmt. Hardwd & granite flrs. 1st flr den/BR. Upd roof boiler, c/a, H2O + more.
Sherl Wheeler 847/370-3808



Barrington \$532,000
Barrington Harbor! 4 br, 3.5 ba w/ boat slip & river rights. New scrnd gazebo, priv acre. 5th br or den. New luxury ba. Large brick fenced patio. Upper level deck.
Margie Ebert 847/465-2264



Barrington \$524,000
Popular Augusta model in Lake Barr Shores. 3 BR, 4.1 BA. Each bedroom has its own bath. Large bright kitchen. Finished "WOW" Lower Level. 2 car garage.
Ron & Jeanine VanDeVelde 847/277-2282



Lake Barrington \$279,900
Lakefront! Lakefront! 2 br, 2 ba condo in maintenance-free community. Vaulted ceilings. Fplc in living room. Plenty of storage. New roof in 2004.
Ron & Jeanine VanDeVelde 847/277-2282



Lake Barrington \$239,500
Lake Barrington Shores. End unit. Deluxe 2 bedroom, 2 ba home. Vaulted ceilings, den or office. Frplc. Direct entry from garage. Roomy eat-in kitchen. Nice deck.
Ron & Jeanine VanDeVelde 847/277-2282



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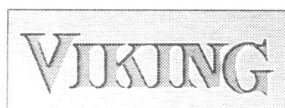
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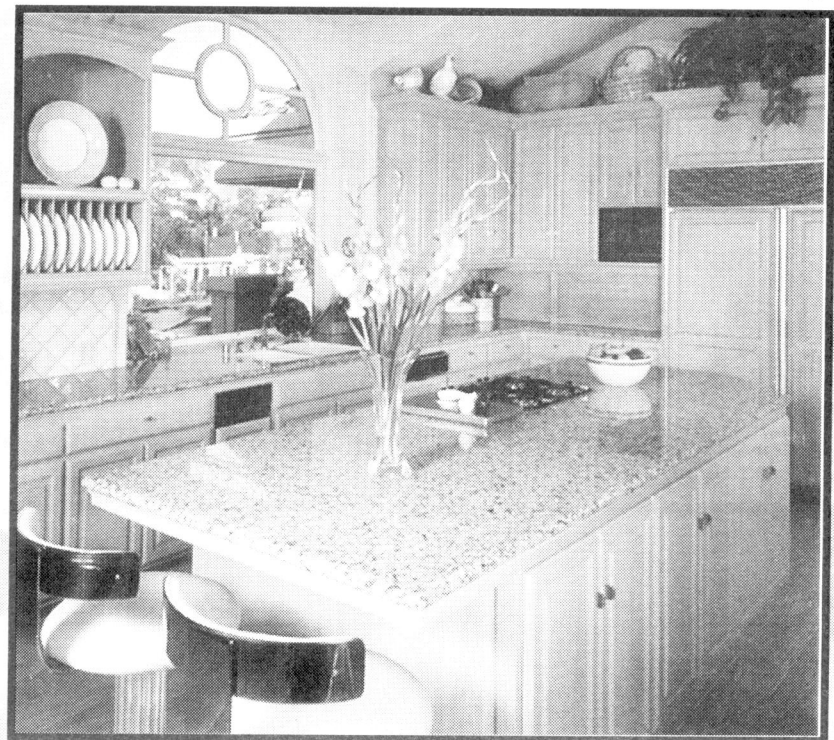
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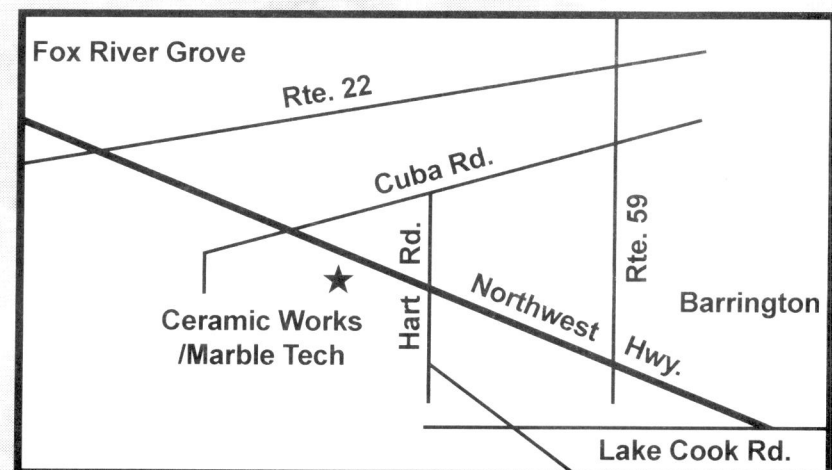


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