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NEWS MAGAZINE

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LIFESTYLES

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June/July 2010

FOR REFERENCE

Do Not Take From This Room

Remember
FATHER'S DAY
Sunday, June 20th

Barrington Country Garden & Antique Faire's 10th Anniversary

A Summer Concert Series at the Sanfilippo Estate

Concours d'Elegance *Legends & Legacies: Windy City Wonders*



Kate Mills
Barrington Library
505 N Northwest Hwy
Barrington, IL 60010-3354

*****ECRL0T**C035

2010 Barrington Concours d'Elegance Legends & Legacies: Windy City Wonders to Benefit BACTrust



Tickets are now on sale for the 2010 Barrington Concours d'Elegance charity benefit *Legends & Legacies: Windy City Wonders*.

The event will be held at Makray Memorial Golf Club in Barrington on Sunday, July 11, and will include a Road Rally through the Barrington countryside with an elegant gala on the lawn at Makray to follow. Forty of the Chicago area's most stunning classic vehicles from the Chicago area's top collectors will be on display at the dinner. All proceeds benefit Barrington Area Conservation Trust (BACTrust), which works to protect open spaces in the Barrington area.

On July 11, the "Space to Ride" Road Rally will kick off in at 11 a.m. from the Hamilton Partners lot at 800 Old Hart Road. It's a fun scavenger hunt Sunday drive through the Barrington countryside in a "poker run" format, where participants will receive a card at each of five stops along the rally route; whoever holds the best poker hand at the end wins the prize. Everyone can participate—from those with classic or sports cars to families in their minivans. Whether you drive the rally or not, the public is invited to come out and see the fabulous classic and sports cars in the parking lot before they take off for the rally.

Later that day, a wonderful outdoor garden-party gala will be held at Makray, where 40 of the Chicago area's most stunning classic cars and motorcycles will be on display at the official Barrington Concours d'Elegance. This year's theme is "Windy City Wonders," with cars being displayed from some of the Chicago area's

most fabulous classic car collections. Only those with pre-purchased tickets to the charity benefit dinner will be able to view the Concours vehicles this year; there is no public viewing of the cars. Tickets are limited and advance tickets are required; no tickets will be sold at the door.

Many of our generous Concours sponsors for the event are returning again this year, including founding sponsors Motor Werks of Barrington, Makray Memorial Golf Club and Northern Trust. Two new lead sponsors, Alexian Brothers Hospital Network and Priester Aviation, have also formed partnerships with the Concours. Other returning sponsors include Steve Foley Northbrook, Porsche, Hills Capital Management, Fall-Line Motor Sports, California Closets, Hagerty Insurance, JR Barr Consulting, ComEd, York Furrier, M.J. Miller & Co., The Onion Pub & Brewery, Meguiar's, Windy City Fieldhouse, Devine Experience, Images on Confections, HDO Productions, Gavi Café, the Village of Barrington, Mayer Brown, and Comcast. New sponsors this year include Auto Appraisal Group, Schaumburg Audi, Roadster Shop, AutoImage, Long Grove Confectionery, TT Patton, the Grand Hotel, Cycle Werks, International Classics, and Curvy Road.

Tickets for this charitable fundraising event are on sale now at the following prices: Road Rally (\$50 per vehicle for up to four people); Concours Gala Dinner (\$150 per person; includes viewing of Concours vehicles, silent auction, and elegant buffet on the lawn).

Go to www.barringtonconcours.org to order tickets or for more information, or call 1-847-381-4291.

Lakeshore Ski and Sports Club's July Meeting

Lakeshore Ski and Sports Club (LSSC) will hold its July meeting on Wednesday, July 14, 7 p.m., at Goose Island Brew Pub, 1800 N. Clybourn in Chicago.

LSSC's summer activities are underway, which include their annual End-of-Summer Picnic and 55th Anniversary Celebration, which will take place in late August.

All who are interested are cordially invited to join LSSC members and learn about the advantages of membership.

For further information, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.

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Editor's Ink

June/July 2010

Dear Reader,

Some truly spectacular events will be happening in the Barrington area this summer, so do mark your calendars. You won't want to miss them!

On June 18 and 19th, the Barrington Country Garden & Antique Faire will be celebrating its 10th anniversary and you're invited. Tour the grounds of three gorgeous private estates in Barrington Hills and discover secret gardens and breathtaking landscapes. Faire proceeds benefit Hands of Hope, dedicated to the critical needs of women and children in Africa.

On Sunday, July 11, enjoy the Concours d'Elegance charity benefit *Legends & Legacies: Windy City Wonders*. This event takes place at the Makray Memorial Golf Club and includes a Road Rally and an elegant gala on the lawn. Forty stunning classic vehicles from the Chicago area's top collectors will be on display at the dinner. Catch all the details in this issue of *Barrington Lifestyles*.

Please peruse this issue's pages for these and many more fun events in the greater Barrington area. Have a great summer!

Until next time, may all your thoughts be sunny.

With warm regards,

Glenn McMonigal, editor

Barrington Lifestyles News Magazine



About Our Cover

The renowned operatic bass-baritone William Powers will perform for the inaugural Summer Concert Series event at the Sanfilippo Estate on Thursday evening, June 17.



Barrington Country Garden & Antique Faire Celebrates its 10th Anniversary June 18 and 19th!

Join Hands of Hope for the 10th anniversary celebration of the Barrington Country Garden & Antique Faire, Friday, June 18 and Saturday, June 19.

Tour the property of three gorgeous private estates in beautiful Barrington Hills. View acres of well-manicured lawns and gardens, enjoy the party-themed designer-created vignettes scattered throughout the estates, and see impressive floral containers adorning poolside patios. Stroll down winding pathways and discover secret gardens and unusual interpretations of common landscape features along the way. In addition to the gorgeous grounds, you will find a seemingly endless array of antique and boutique shopping on the main estate grounds. Specially selected vendors will be featured in a French Market setting along with unique decorative garden items and furnishings, and an upscale flea market overflowing with unusual finds. Free workshops and a cooking demonstration will also be offered each day. Lunch items are available for purchase as you sit under shade trees listening to a variety of musical entertainment throughout the day.

Specially priced Faire tickets are \$40 through June 13 and \$50 thereafter. Tickets are good for return visits over the two-day event. Faire hours are 10 a.m. to 4 p.m. For those who love to shop, a special \$75 "Early Buy" ticket will be offered for Friday morning from 8:30 to 10 a.m. Shuttle busses will depart every 15 minutes from the following locations: Friday from Barrington High School, 616 W. Main St., and 800 Hart Road (across the street), and Saturday from 800 Hart Road only.

Featured Garden Estates: Flower Hill

Once a simple farmhouse property, this beautiful estate now features abundant self-contained gardens and lush shade borders. The peaceful grounds will captivate you from the minute you pass through the entrance, but are all the more impressive knowing they are designed, cultivated and maintained by the homeowner himself. The drive is lined with crab apple and Hawthorne trees, blossoming in shades of pink, red and white. Beds of delicate Japanese iris provide contrasting color. Central to the front gardens is a fountain, amassed with impatiens and encircled with crab apple trees. Colorful perennial gardens of hydrangea, sedum, pulmonaria, ferns and native grasses border the home. A new garden, fountain and stonework greet you as you meander to the back of the home, toward the tranquil pool and patio area. The bluestone pool deck, beautifully integrated into the landscape, is surrounded by established perennials, overflowing containers and fragrant trees. A stone path leads past the charming guest house, and into the lush gardens that really set this property apart. Shade was not a detriment here, where the homeowner has coaxed abundant life



Debbie Karas of Barrington, Nancy Haraldson of Barrington Hills and Violette King of Godfrey, Ill. enjoy a stroll through the graceful ironwork framing the French inspired vegetable, fruit and berry garden.

from beneath the old growth pine trees.

Several stone benches and garden statues embellish this peaceful paradise.

The gardens adjacent the home offer a pleasing palette of perennials and foliage. Note the huge Buckeye tree, which has established itself far north of its customary zone. A quick walk across the lawn brings you to the vegetable garden, fenced to keep the abundant harvest safe from ever-hungry deer. Laid out in four quadrants and encircled with day lilies, this garden, indeed, this property, is sure to inspire the gardener in everyone.

Splendor in the Hills

Lavish perennial gardens and elegant custom gates set the tone for this splendid estate. Colorful perennials bloom all season along the drive as you enter the property. The Indiana limestone home, flanked by two huge oak trees, is an exquisite backdrop for vibrant perennial beds, numerous specimen trees, and containers brimming with seasonal foliage. The hillside above, shaded with pines, features a rock garden embedded with sedum, phlox, hosta and hydrangea.

Boxwood is featured throughout the property, but is especially striking in the large, structured gardens of the patio terrace. Here, koi swim in a water garden adjacent to the pergola-covered dining area. In contrast to the upper terrace gardens, the pool landscaping is casual and less refined. Designed and maintained by Michelle D'Arcy with Horticultural Associates Inc., these gardens are filled with Russian sage, false indigo, hardy geranium, fragrant tree lilacs and a large smoke bush. The pool deck provides a breathtaking view of the surrounding property, but don't let that be enough.

Follow the stone outcroppings down to the first of two impressive fire pits, de-

signed with metal work from "The Metal Man," Frank Mussmacher. From there, spill out onto the lawn and follow the dry river bed to the hydrangea-filled ravine which serves as a gallery for more of The Metal Man's spectacular metal sculptures. The artist will be on-site during the tour to personally answer questions about his work, featured throughout the property, including a magnificent spiral staircase winding up an old hickory tree (known as the "Birds Nest"), and a delicate ornamental fence bordering the ravine edge.

An English Masterpiece

Stately columns of trees, and containers brimming with color set the stage for this estate. Designed by John Staab of the Brickman Group, these 10 acres offer everything from formal, terraced gardens to carefree cottage borders. The gardens surrounding the main house are decidedly formal, as evidenced by the English-style boxwood gardens and brick path lined with white begonias and yews. Vignettes in the center of the circular drive and the rear of the home always delight with their extravagance and whimsy. Travel through the garden gate to visit the serene grand terrace and lawn area.

A gravel lane will lead you through the pool parterre and into the formal garden. The ornate pavilion covers distinctive perennials, annuals and roses, all in riotous bloom. Notice the use of containers to add more color and dimension throughout the area.

A short stroll brings you to the potager garden, a French-inspired vegetable, fruit, berry and cutting garden sure to delight. Nearby, the charming cottage gardens bordering the 19th century farmhouse and guesthouse will have you pointing out your favorite blooms and noting new possibilities for your own garden.

Garden Party Vignettes by Leading Designers

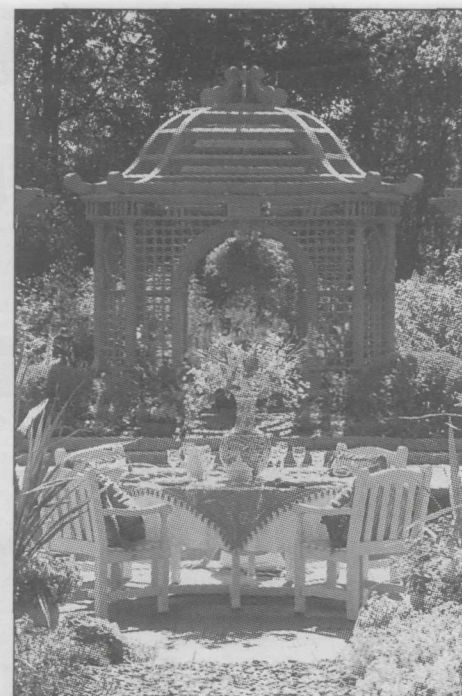
As you tour the three private estates, you will find charming garden party vignettes tucked into the landscape, dressing up patios, and adorning pool sides. The outdoor party settings range from whimsical to elegant, offering unique and traditional ideas to faire-goers. This year's garden faire designers include Lori Lennon, Lori Lennon & Associates; Lynne Wickham, Wickham Interiors; Linda Peterson and Rinetta Dowell, Pasquesi Home and Garden; Kerry Steiner, Bella Style Boutique; design consultant Teri Denis; and Dawn Krusinski, Stage II Sell.

Free Faire Workshop Schedule

"A Vegetable Garden's Bounty," Friday and Saturday, 2 p.m.—Join Mary Rose Hoover, owner and founder of Cucina Della Rosa Cooking School, for a workshop on creating quick and easy meals from your gardens' bounty.

"Composing the Avant-Garde Seasonal Display," Friday and Saturday, 1 p.m.—Witness award-winning garden designers Cecily Hood and Lisa Pollman of the Brickman Group compose inspiring garden accents that speak to the soul.

"Bluebirds, Goldfinches, Woodpeckers and More..."—Friday and Saturday, 11 a.m.—Ron Zick, owner of Wild Birds Un-



Colorful poolside vignette "Summer Spirit" designed by Lynne Wickham, Wickham Interiors of Crystal Lake.

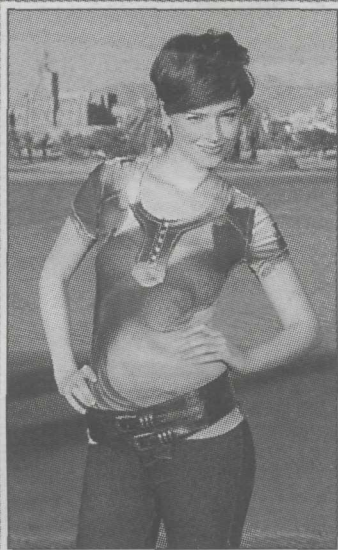
limited in Arlington Heights, will show you how to attract a wide variety of birds to your garden.

Hands of Hope 10th Anniversary

Faire proceeds benefit Hands of Hope, a Barrington-based nonprofit organization, dedicated to the critical needs of women and children in Africa. Hands of Hope was started 10 years ago by a small group of women, who were moved into action as they heard reports of women and children who were suffering. Determined to affect change, these women worked tirelessly, giving selflessly of their time, skills and resources. The group has grown significantly in the last 10 years, but the determination to change lives is still very much the culture of the organization. According to Hands of Hope president/founder Vicky Wauterlek, "In the last 10 years we have raised approximately \$3 million used to continue addressing education, health, water and economic development in poor rural communities on the African continent. We work hard to make sure our projects are self sustaining and that the impact of our projects will continue in the future. Schools that are built will continue to educate children for generations, wells will continue to provide clean water for communities for years—a million dollar loan portfolio will be used to continue the economic growth in the rural community that we are working in." This year's Garden Faire proceeds will be used to provide fresh water drinking wells for the people of Zambia's Western Province.

Tickets and Information

For more information, call 1-847-622-5201 or visit www.handsofhopeonline.org. Tickets may be ordered online or in advance and held at the entry by sending a check or money order to: Hands of Hope, 800 Hart Rd., Ste. 100, Barrington, IL 60010. Tickets may also be purchased at these retail locations: Ambrosia Euro-American Patisserie, 710 W. Northwest Highway, Barrington; Barrington Flower Shop, 201 S. Cook St., Barrington; Pasquesi Home and Gardens, 990 W. Northwest Highway, Barrington; and Wickham Interiors, 67 N. Williams St., Crystal Lake.



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Age Discrimination and Release Agreements

by Joette S. Doran, Esq.



The Age Discrimination In Employment Act (ADEA) protects individuals who are 40 years of age or older from employment discrimination based on age. The ADEA's protections apply to both employees and job applicants. Under the ADEA, it is unlawful to discriminate against a person because of his/her age with respect to any term, condition, or privilege of employment—including, but not limited to, hiring, firing, promotion, layoff, compensation, benefits, job assignments and training. The ADEA applies to employers with 20 or more employees, including state and local governments. It also applies to em-

ployment agencies and to labor organizations, as well as to the federal government. Remedies under the ADEA include lost wages, reinstatement and/or front pay

Rules of Summer 2010: Keep Fresh & Cool with These 5 Easy Updates at Assemblé for Her

Temperatures are rising and your personal style should too!

1) **Just-above-the-knee shorts and loose-fitting pants.** The fashion world has embraced both, making them must-have pieces. Feel the look isn't right for you? Our slim capris, either cuffed or shirred at the hem, are ideal for day-to-day wear as well.

2) **The perfect top.** One of this season's most integral pieces. Patterns are in. Bold Prints offer high impact. Burnouts, Tie-dyes, and Animal Spots top the list of what-to-wear. Key silhouettes are the collared shirt, fitted tee and silky blouson blouse. Our sophisticated selection of L.A.-based designers is notable.

3) **Denim.** Whether distressed jeans or sleek capris, you're right on trend with our collection from Silver, Cheryl Crowe,

David Kahn and C.J. Johnson

4) **Printed dress.** Be it a bouquet of florals or a geometric design, a pattern is this summer's top option for rocking a femme frock.

5) **Standout accessories.** True finesse lies in the art of layering sumptuous pieces like scarves and luxe costume jewelry. Earrings, necklaces or bracelets can dress up even the most basic look. Our choices, as you know, are quite extensive, one-of-a-kind and wallet-friendly!

For this summer, be it at the beach, the city, or right in your backyard, there are many options for keeping cool and looking chic—with a new set of silhouettes and a whole new way to wear them—waiting for you at **Assemblé** today!

See ya soon.

Elevation Salon Welcomes Jessica Gates

Elevation Salon is excited to introduce Jessica Gates to our team of experienced stylists.

Jessica has been a stylist in the area for nine years. She has continued her education by attending many advanced classes in haircoloring, highlighting and haircutting. Jessica would like to help you choose the perfect cut, color and style to suit you and your lifestyle by offering a...



**Complimentary Haircut and Style
when You Get Your Hair Colored
or Highlighted**

With Jessica. Not valid with other offers. Expires 6/30/10.

Elevation Salon is conveniently located at 28686 W. Northwest Highway in Petersen Plaza, one block west of Kelsey Road, in Lake Barrington. Call **1-847-304-5970** for an appointment.

Smart Farm's Upcoming Events

The Smart Farm of Barrington's garden (behind the Ron Beese field in Barrington, in the community garden) is open for the growing season. They are welcoming volunteers to assist them in the garden on the following days and times: Sundays and Thursday from 9 to 11 a.m., and Tuesdays from 2 to 4 p.m.

This year, they are also hosting several

family days at the garden, where individuals can come out to the garden to volunteer, learn about sustainable, intelligent gardening, and participate in some fun activities. The family days are June 13, July 18, Aug. 15, Sept. 12, and Oct. 17. They will begin at 10 a.m. and to go until 2 p.m., but individuals are welcome to drop by during that time.

(continuing damages for lost wages), and liquidated damages if the jury finds that the employer's conduct was willful.

Often employers will attempt to avoid an action for age discrimination by offering a terminated employee a severance agreement that includes the waiver of a claim for age discrimination. The waiver of legal rights for an age claim will be effective where the employer has complied with the Older Workers Benefit Protection Act (OWBPA). Under the OWBPA, the release will be considered valid to waive an age claim where the company complies with the Act by providing adequate consideration, advises the employee to consult with an attorney, provides at least 21 days to consider the agreement, provides seven days to revoke the agreement after execution, and specifically provides that rights under the ADEA are waived. As such, because an agreement drafted under the OWBPA is effective to waive your legal rights, you are well advised to review the facts of your employment situation and the release with legal counsel.

In order to pursue a case of age dis-

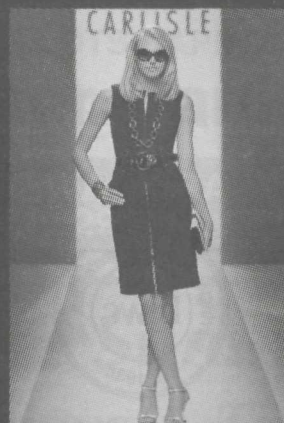
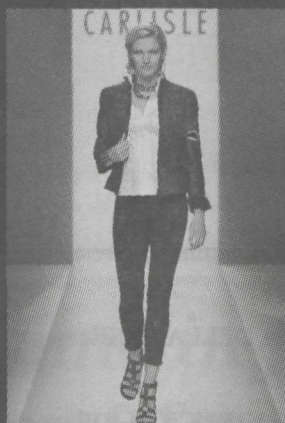
crimination, a Charge of Discrimination must first be filed with a state or federal administrative agency. Because the time limitations are strict, if you believe that you are being subjected to age discrimination or that your employment rights are being violated, I encourage you not to delay receiving information regarding your legal rights.

For additional employment information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, admitted to all Illinois federal courts and the U.S. Supreme Court. She is a member of the Federal Trial Bar and is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women, and a member of the National Employment Lawyers Association.

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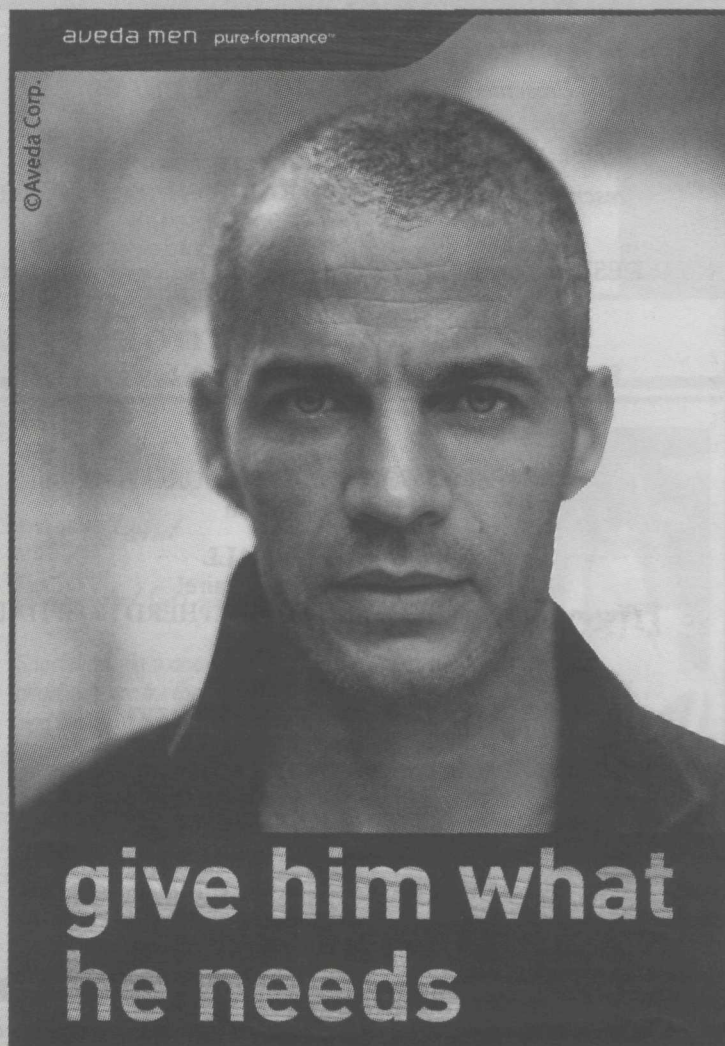
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Visit www.Barrington4thofJuly.com for a complete list of charities that benefit from the proceeds raised from this years event.

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FACE PAINTING
5pm - 7pm

FLIP BOOKS

Using new digital technology, plus old-fashioned ingenuity, people can now create their own personalized party favors made at a special event.
Presented by ADVOCATE GOOD SHEPHERD HOSPITAL
5pm - 9pm

HANDS ON ACTIVITY with Learning Express
5pm - 9pm

ADRENALINE RUSH OBSTACLE COURSE

This fabulous obstacle course will run two willing participants ragged. Never has there been an inflatable as exciting as the "Adrenaline Rush"! Participants jump, climb, squeeze and slide their way through 80 feet of wacky obstacles.
Presented by PEPSICO CHICAGO
5pm - 9pm

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Presented by PEPSICO CHICAGO
5pm - 9pm

NOT FOR PROFIT - Classic Rock

Presented by BARRINGTON BANK & TRUST
8:00pm - 11:30pm



THURSDAY, JULY 1 10:00AM - 11:30PM

FREE BINGO & PRIZES

Presented by BARRINGTON'S MERCHANTS
10:00am - 11:00am

FIRETRUCK SLIDE

Presented by ADVOCATE GOOD SHEPHERD HOSPITAL
11:00am - 3:00pm

DESIGN YOUR OWN PIGGY BANK! (while supplies last)
Courtesy of HARRIS BARRINGTON
11:00am - 2:00pm

SECOND WIND - Folk duo Music with humorous twist
12:00pm - 1:00pm

32' ROCK CLIMBING WALL

Presented by PEPSICO CHICAGO
1:00pm - 5:00pm

FRANK BIRDSALL

Entertainer Extraordinaire!
Presented by ADVOCATE GOOD SHEPHERD HOSPITAL
1:00pm - 3:00pm

EUROBUNGEE

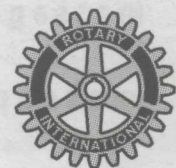
Presented by PEPSICO CHICAGO
4:00pm - 8:00pm

SMOKIN GUNZ - Country

Presented by DOERING LANDSCAPE COMPANY
5:00pm - 7:30pm

HUDSON - MCCOY - Classic Rock & R&B Favorites

Presented by BARRINGTON BANK & TRUST
8:00pm - 11:30pm



FRIDAY, JULY 2 11:00AM - 11:30PM

MAD SCIENCE - Spin, Pop and Boom
Presented by
PEPSICO CHICAGO
11am - 12pm

HANDS ON ACTIVITY with Learning Express
11am - 4pm

COOKING WITH CUCINA DELLA ROSE
2pm - 4pm

TRACKLESS TRAIN & FIRETRUCK SLIDE

Presented by
ADVOCATE GOOD SHEPHERD HOSPITAL
2:00pm - 6:00pm

EUROBUNGEE

Presented by PEPSICO CHICAGO
4:00pm - 8:00pm

BHS ALUMNI NIGHT

6:00pm - 11:30 pm

EXIT 147 - Rock, Classic Rock and Pop Cover Hits
5:00pm - 7:00pm

SIXTEEN CANDLES - 80's Band
Presented by ANGEL WATER
8:00pm - 11:30pm

SATURDAY, JULY 3 10:00AM - 11:30PM

FOURTH OF JULY PARADE
10:00am

BARRINGTON COMMUNITY BAND
12:00pm - 2:00pm

REPLAY - Cover Tunes Rock, Country and more
Presented by WICKSTROM AUTO GROUP FORD,
LINCOLN, MERCURY, CHRYSLER, JEEP & DODGE
5:00pm-7:30pm

WAY PAST CURFEW - Rock

Presented by DAVE AND KATY PEPPER
8:00pm-11:30pm

SUNDAY, JULY 4 DUSK

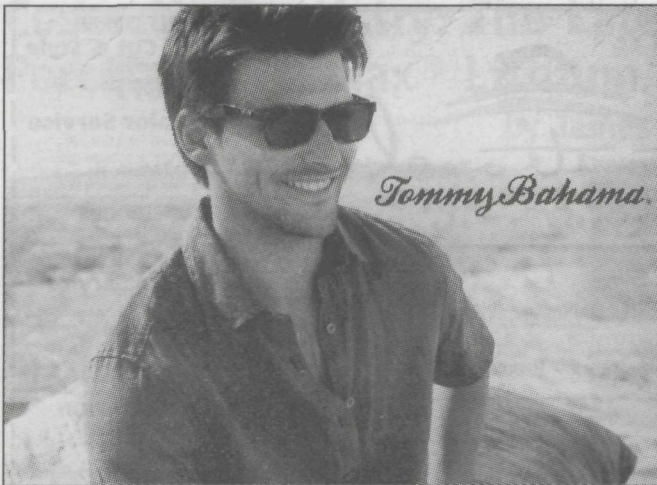
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\$5 for kids 3 and older, (adults are free) includes unlimited access to all kids' activities and a hot dog, chips & soda. (10am to 5pm)
Evening admission (after 6 pm) \$5 adults/\$1 ages 14-17/ages 13 & under FREE.



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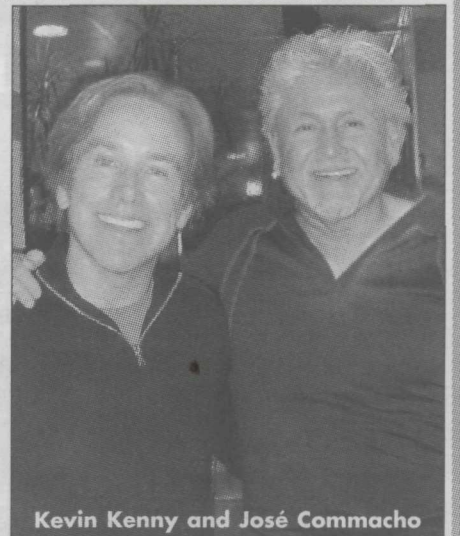
Kevin Kenny of The Sanctuary Salon & Spa at the Ice House Mall in Barrington has been spending his days off studying the latest haircutting techniques at the José Commacho Salon on Michigan Ave. José has a well-known reputation studying with Vidal Sasson and is known for his exceptional haircutting techniques. Kevin has taken the time to study with Mr. Commacho to master these techniques. Call for a consultation or appointment with Kevin at 847-381-5043.

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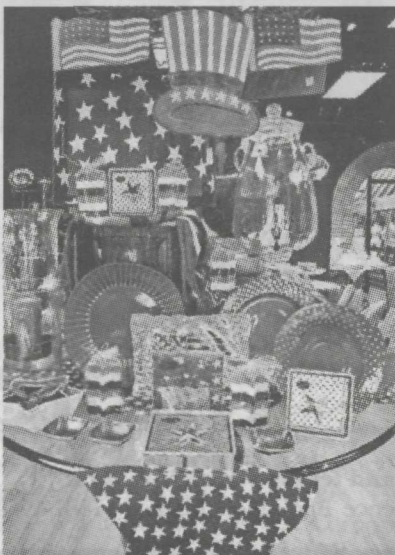


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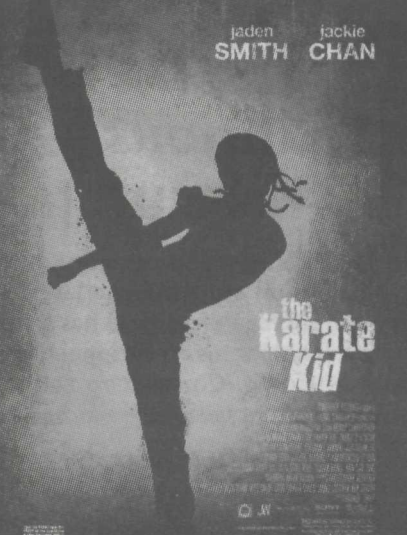
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Golfers and Sponsors Invited



Pictured (from left) are committee members Catherine Mura, Mary Pighini, John Reilly, co-chair Romeo Mura, and Dorothy Russell of Catholic Charities Senior Services. Not pictured are Sam Bianchi, Marty Evans, and co-chair Jim Thompson.
Photos courtesy of Marietta Winchester

Genuine goodwill and camaraderie join Catholic Charities Northwest Senior Services' "Compassion in Action" to welcome golfers and sponsors to their first Golf Outing to benefit needy seniors, many of whom are veterans or widowed spouses of veterans.

The festive day of golf will be held on Wednesday, Sept. 22 at the spectacular Schaumburg Country Club, which offers a challenging and unique links-style golf course.

Your \$250 per person or \$1,000 per foursome reservation includes a full lunch buffet from 11:15 a.m. to 12:15 p.m., use of the driving range and three putting greens, Florida scramble with a 12:30 p.m.

shotgun start, beverage cart, six holes of contest, cars for hole-in-ones, three-hour open bar, buffet dinner, auction items, and awards.

Sponsors can invest in this worthwhile cause for as little as \$250 to sponsor a hole or \$2,000 for a beverage cart, or \$5,000 for the awards dinner, or \$9,000 to be the main sponsor for the Golf Outing. There are several other sponsorships available, all with great benefits to the sponsors.

The Catholic Charities Northwest Senior Services mission is based on the foundation of individual dignity and worth, quality of life, self-determination, and personal choice. Supportive services are provided to assist needy seniors and senior

Passed Their Spring Black Belt Test



The following local residents successfully passed their spring Black Belt testing. Pictured (from left) are: Teresa Yang, Barrington; Liz Grudzinski, South Barrington; Katie Andraschko, Deerpark; Sam Lowe, South Elgin; Orest Bykosh, Barrington

Hills; Patrick Yang, Barrington; Samantha Abeyserka, Inverness; and Eli Wetterling, Deerpark.

Judging the testing were (background) Master Tolbert, Master Lawson and Master Allen.

Quote!

"He didn't tell me how to live; he lived, and let me watch him do it."
—Clarence Budington Kelland (1881-1964)

veterans in maintaining their independence in a safe and functional manner and to prevent premature nursing home placement.

For more information on registering for the Golf Outing or more details on the

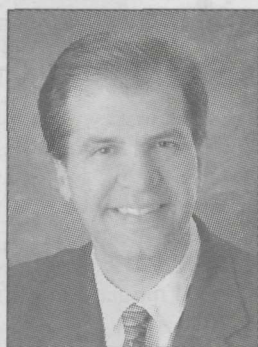
sponsorships available and their benefits, please call Glenn Van Cura, northwest regional service representative at Catholic Charities Northwest Senior Services, 1717 Rand Road, Des Plaines, at 1-847-376-2118, or visit catholiccharities.net/ccnw.

Cosmetic Dentistry: The Latest in Veneer Porcelain... e.max® Lithium Disilicate

by James T. Gavrilos, D.D.S.

One of the greatest challenges in dentistry is finding materials that can withstand the forces generated in the mouth. In the past, porcelain veneers have been created with the material that mimicked the natural tooth but had little strength. It relied on the bond to the tooth to keep it from fracturing.

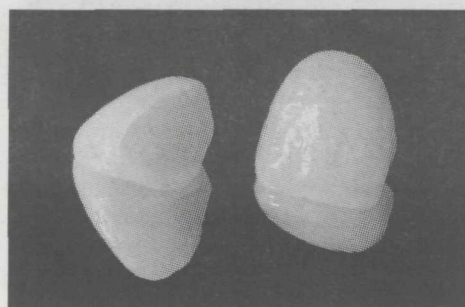
Over the past 20 years, dental technology has introduced many types of porcelain for dental veneers. Unfortunately, many of them have fallen short on the durability scale and resulted in fractured porcelain. That is until now. A company called Ivoclar has now managed to create a dental veneer material that is four times as strong. The material is called **e.max®** and it is made of lithium disilicate. This material has been historically used for back teeth because of its strength. It was impossible to use for veneers because it could not be made thin enough. Ivoclar



has developed a new version of e.max that will allow dental technicians to make veneers. The advantages are enormous. Patients will experience fewer failures and still be able to enjoy the beauty of thin porcelain.

This new version of e.max will not be available until the last quarter of this year. Our office works with a laboratory that develops and tests these new porcelains and **we have it available now**. If you are ready to make a change to your smile, now is the time you can do so with long-lasting, predictable results. If you are looking for a cosmetic dentist in Barrington with the newest in technology, look no further.

Dr. James T. Gavrilos can be reached in his Barrington office by calling **1-847-381-4040**. Also, please feel free to check out our Web site at—
www.barringtondentist.com.



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Village Planters Garden Club

Come and join the Village Planters Garden Club for an interesting program on Tuesday, July 27, 9:30 a.m., at the Barrington Area Library. Imagine Van Gogh's famous sunflower painting. Now imagine Mary Bates arranging sunflowers as inspired by that painting. Bates is a local Barrington

treasure and a very accomplished flower arranger. Flower and art lovers alike will enjoy this entertaining presentation. All are welcome.

For more information, call Barb at 1-847-381-7178.

Ben E Salon Spa Completes Earth Month Walk-A-Thon

Ben E Salon Spa, an Aveda Lifestyle Salon and Spa located in Barrington, recently completed its Earth Month Walk-A-Thon. Once again, they set a record-raising \$6,000 in client pledges and Earth Month candle sales for the Alliance for the Great Lakes. For 23 years, Ben E has been raising money for various groups that support the environment as part of its dedication to give back. Earth Month provides the perfect vehicle to raise money and support groups that care for the environment.

For the past several years, Ben E has raised money, through their walk-a-thons, for the Alliance for The Great Lakes. The Alliance was chosen by Aveda Corporation as a group worthy of this effort.

The Alliance for The Great Lakes works to conserve and restore the world's largest freshwater resource through policy, education and local efforts aimed at preserving the Great Lakes region as a national treasure. It also works with the region's



residents, enhancing their understanding of how they can help too. To that end, they draw on many resources, working with teachers, scientists, economists, legal specialists, government representatives, communities and individuals. And, year-by-year, individual-by-individual, we're getting back a healthy Great Lakes environment. Check out the Web site at www.allianceforthegreatlakes.org.

A big "Thank You" to all the clients that pledged the walk-a-thon to support a national treasure, our Great Lakes!

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"Hula Hula" Gala Raises Funds to Support BYFS Mental Health Programming

Barrington Youth & Family Services (BYFS) and its volunteer auxiliary would like to thank all who attended its "Hula Hula" gala fundraiser on April 10 at Barrington Hills Country Club. The Hawaiian-inspired event exceeded its goals in raising much needed funds for the agency's comprehensive family counseling, youth outreach, and prevention programs.

One hundred and sixty guests enjoyed a casual, fun-filled evening, with a tropical gourmet dinner and dancing to local band Exit 147. The event also included a dynamic live auction and Adopt a Family donation drive led by Dave Nelson, a silent auction with items donated by local merchants and patrons, and a table-side prize featuring a diamond necklace provided by Long & Co. Jewelers.

BYFS greatly appreciates the generous support of all attendees and donors, with special thanks to its primary event underwriters: James & Rebecca Martell, Dick & Betty Oberdorf, Wickstrom Auto Group, Barrington Bank & Trust, Dr. & Mrs. Timothy Geleske, Hale Foundation, Harris Bank, Polymedco/Mr. & Mrs. Pete Walsh, Dave & Donna Penyak and Mr. & Mrs. Ed Tilly.

The BYFS "Hula Hula" Gala was co-chaired by Nicole Jacobsen and Amy Wickstrom. Other BYFS Auxiliary members include Angela Allegritti, Tracy Bischof, Anita Burke, Kathy Maca Mangan, Gayle Maraval, Donna Penyak, Linda Pochron, JoAnn Rogers, Barb Simonds, Judy



Pictured at the "Hula Hula" fundraiser held April 10 at Barrington Hills Country Club are BYFS Auxiliary co-chairs Amy Wickstrom (left) and Nicole Jacobsen (right), with Matt Pablecas, lead vocalist with local band, Exit 147.

Tolle and Angie Wallin.

Barrington Youth & Family Services is a not-for-profit social service agency, dedicated to providing outreach, prevention and counseling services that support the social, psychological and emotional well-being of young people and their families. For more than 37 years, BYFS has serviced Barrington area residents in Barrington, Cuba, Dundee and Elmhurst townships, within the boundaries of Barrington Community Unit School District 220.

To inquire about joining the BYFS Auxiliary, contact Nicole Jacobsen at 1-847-212-1685 or nicole_jacobsen@comcast.net. To learn more about BYFS, visit www.barringtonyouthandfamilyservices.org or call 1-847-381-0345.

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Deer Park Town Center Gets "Social" with Interactive Retail and Entertainment Community

ShopStar Mixes Social Media with a "New Twist" Rewards Platform to Connect with Shoppers

Being "in" on the inside joke, bypassing the line at a trendy club, getting seated at the "best table in the house" at a hot restaurant—the unexpected perks that make people feel special are the inspiration for **ShopStar**, **Deer Park Town Center's** new online social media program launching May 24, 2010.

Deer Park Town Center, owned and managed by Developers Diversified Realty, is a 386,000-square-foot lifestyle center featuring a variety of stores, restaurants and entertainment venues. Leveraging two of today's most popular social media platforms—Facebook and Twitter—**ShopStar** creates an online hub for a fun, tight-knit and customer-focused retail and entertainment community that offers surprises and perks throughout the year, including spending sprees, prize packages, freebies and experiences exclusive to **Deer Park Town Center** and its merchants.

ShopStar debuts on May 24 with two great offers:

1. Anyone who joins **ShopStar** between May 24 and June 30 will be entered to win a weekly **\$100 Deer Park Town Center spending spree** just for joining. Spending sprees will be drawn every Wednesday from June 2 through June 30, 2010 and members need to be 18 or older to qualify. No purchase necessary.

2. Between May 24 and June 30, **ShopStar** members are encouraged to refer a friend for a chance to win **tickets to the Century 16 Theatres at Deer Park Town Center** or **(4) tickets to the Adler Planetarium in Chicago**. The three (3) **ShopStar** members that have the most new ShopStar members sign up will each win an **iTunes gift card**.

ShopStar benefits will be offered daily, weekly and monthly, so members are encouraged to regularly visit to discover new perks. Additionally, there will be interactive elements, including polls and a shopping-focused forum for users to discuss everything from trends to book recommendations to upcoming movies. **ShopStar** also incorporates the center's Facebook page and Twitter account for followers to keep up on the day-to-day activities at the center.

"Social media allows us to add a new level of customer service," said Konda Dees, Marketing Director at **Deer Park Town Center**. "The opportunity to communicate directly with our customers, provide them with immediate information and have fun positions **Deer Park Town Center** as a center that understands the new ways customers get information and

interact. **ShopStar** and the related social media channels will allow us to keep things fresh and engaging. Our goal is to keep our customers wondering, 'What could possibly be next?'"

The social media landscape continues to evolve, creating new and interesting ways to connect with customers via online channels. **Deer Park Town Center** embraces the opportunity to digitally engage with customers, but also wants to reinforce a sense of community within the center and online. **ShopStar** integrates interactive social media platforms such as Facebook and Twitter with experiential marketing to benefit customers and reenergize the in-center experience.

"**Deer Park Town Center** has a lot to offer, and we are taking advantage of the online space to provide our loyal customers an opportunity to enjoy the center in a new and entertaining way," Dees said. "**ShopStar** is an innovative concept for the industry, and we look forward to interacting with our customers and growing the program into an active social community for the Northwest suburbs."

ShopStar URL: www.GoShopStar.com

Facebook URL: www.facebook.com/DeerParkTownCenter

Twitter URL: www.twitter.com/ShopDeerPark

About Deer Park Town Center

Deer Park Town Center features more than 70 of the most exclusive stores and restaurants in Chicago's Northwest suburbs and is an easy drive from downtown Chicago, O'Hare airport, or Wisconsin.

About Developers Diversified Realty

Deer Park Town Center is owned by Developers Diversified, which owns and manages approximately 640 retail operating and development properties in 44 states, Brazil, Canada and Puerto Rico. Totalling more than 140-million-square-feet, the company's shopping center portfolio features open-air, value-oriented neighborhood and community centers, mixed-use centers and lifestyle centers located in prime markets with stable populations and high-growth potential. Developers Diversified is the largest landlord in Puerto Rico and owns a premier portfolio of regional malls in and around Sao Paulo, Brazil. Developers Diversified is a self-administered and self-managed REIT operating as a fully integrated real estate company. Additional information about the company is available on the Internet at www.ddr.com.



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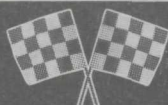
DINNER > Tuesday thru Sunday > 5:30^{pm} to CLOSE

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Liza



Wellness Place Offers Cancer Education Programs in June

Wellness Place, cancer education and support in Palatine, will present featured programs, open to the community and at no charge. Registration is required by calling 1-847-221-2400.

• Whole Foods Market Palatine and Wellness Place present "The Secret Ingredient" on Tuesday, June 1 from 6:30 to 8 p.m. at the Whole Foods Market in Palatine. Join the Whole Foods Market culinary team as they prepare three courses utilizing some of summer seasonal secret ingredients. Learn the importance of cooking with organics, shopping in season, and watch as they prepare nutritious dishes to

tempt your taste buds. Asiyah Roman RD, CSP, LDN from Alexian Brothers Behavioral Health Hospital will be on hand for Q-and-A. Recipes and taste portions will be provided. Admission is complimentary but registration is required in advance by calling Wellness Place at 1-847-221-2400. Space is limited. Ages 13 years and older please.

• On Tuesday, June 8 from 6:30 to 8 p.m., Wellness Place presents "Skin Cancer: The Complete Story." Just in time for summer. Dr. Marianne Rosen, M.D. from Glazer Dermatology, will discuss the following: Skin and the impact of the sun on

your skin; who's at risk for skin cancer; types of skin cancer and treatments; how to do a skin self-exam; protection techniques; sun safety and safe tanning techniques. Q-and-A will follow the presentation. Space is limited; please RSVP to Wellness Place at 1-847-221-2400.

• A Meditation Skill Workshop will be offered on Tuesday, June 22 from 6:30 to 8 p.m. This popular program, led by Irene E. Cauwels, a licensed clinical professional counselor, clinical hypnotherapist and certified alcohol and drug counselor, will help participants learn meditative skills designed to assist with pain management and stress as well as create healthier journeys through life. Space is limited; please RSVP to Wellness Place at 1-847-221-2400.

Wellness Place is a community based cancer education, counseling and support resource center in Palatine, serving those diagnosed with cancer and their family and caregivers. As part of their mission, services and programs are delivered by professionals at no cost to participants. They provide critical, life-enhancing support and guidance as people learn to manage emotional and physical responses, sort through treatment options and side effects, formulate questions for doctors and communicate matters to others. Wellness Place is a not-for-profit, 501(c)(3) organization located at 1619 W. Colonial Parkway, Palatine, IL 60067. For information, visit www.wellnessplace.org or call 1-847-221-2400.

Happenings!

in the area

A Summer Concert Series at the Sanfilippo Estate

The Sanfilippo Foundation is proud to announce the launching of its new Summer Concert Series, offering one of four Evenings of Music in each summer month!

The inaugural program, Thursday evening, June 17, will feature the renowned operatic bass-baritone William Powers.

Powers, who is a native Chicagoan, has made an enviable career and reputation portraying "heavies," "rogues" and "villains" for opera companies throughout the world, recently adding to his list of evildoers in the role of gangster crime-boss "Meyer Wolfsheim," in the Metropolitan Opera's world premier production of Harbison's *The Great Gatsby*. Other wicked rascals in Powers' "toolbox" are devils like "Mephistopheles," "Bertram" and "Dr. Miracle," ne'er-do-wells like "Leporello," "Gianni Schicchi" and "Falstaff," hired-assassins like "Count Ribbing" and "Sparafucile," and general malcontents like "Iago," "Pizarro," "Alberich," "Blitch," "Scarpia," "Jones" and "Atilla," to name a few of the more than 80 roles portrayed over a long and lusty career on three continents.

It should be noted that joining Powers for this program is the exceptional accompanist and musician William Billingham, assistant conductor and leading coach of the Lyric Opera of Chicago, in addition to his European engagements and assignments. Quite a formidable duo.

Powers is more than capable, however, of not simply singing "Bad Guys"—and his selections for the June 17 concert bear this out. Amidst the arias will find a gen-



Bass-Baritone William Powers

erous selection of show tunes, folk songs, and more—sure to entertain every taste.

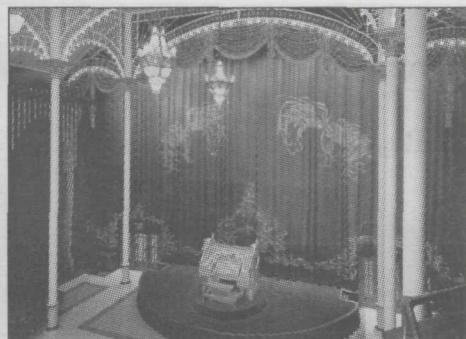
A special treat will be the premier of a new work—written especially for Powers by the American composer Steven Mark Kohn. Come and be a part of history, as the work requires audience participation!

Hosting this exciting evening of music is the generous Sanfilippo Family, who have opened their magnificent 44,000-square-foot home to serve as venue for this novel Summer Series.

For ticket information, log on to www.sanfilippofoundation.com, and then click the "Tours and Events" heading. Please note: albeit both grand and majestic, the elegant Sanfilippo Auditorium is an intimate 300-seat space—reserve your place early.



The Sanfilippo Auditorium



Organ console at the Sanfilippo Estate

"Women fore Women" Golf Outing

Get ready for Monday, Aug. 30 and the annual golf outing organized by Friends of Home of the Sparrow at Makray Memorial Golf Club, 1010 E. Northwest Highway in Barrington.

This is a nine-hole "scramble" format with an emphasis on fun—all abilities are welcome. Get together with friends or let the committee pair you up. Either way, you'll have a good time in support of a great local cause.

Home of the Sparrow provides emergency services of transitional housing, counseling and job-skills training to those women of the northwest suburbs finding themselves in personal distress with no-

where to go.

Events begin at 8 a.m. with registration and the "Putting Contest," for those so inclined. Other events include the Hole-in-One, Longest Drive, and the Lowest Scoring Foursome. Don't forget that the "most challenged" team usually receives a complimentary lesson to ease their pain! Delightful luncheon and auction opportunities follow.

Call Judy at 1-847-382-6572 for more information or to reserve your place. Tickets for the whole day including golf, luncheon and auction are \$150. Tickets for the luncheon and auction only are \$50.

BACOA Celebrates 25th Anniversary with "Silver to Gold"



Members of the Barrington Area Council on Aging's board of directors and advisory board gathered at BACOA's 25th anniversary annual meeting at Biltmore Country Club in April. The Rev. James Wilson (back row, center right) of Barrington United Methodist Church is president of BACOA's board.

The Barrington Area Council on Aging's (BACOA) 2010 annual meeting on April 28 celebrated the organization's 25 years of service to the Barrington community—and set the stage for an exciting year ahead.

"Silver to Gold: Poised for the Future," launched BACOA's 25th anniversary year and was also an occasion to thank the volunteers, donors, staff and community members who have supported BACOA.

Board President Rev. James Wilson announced BACOA's 25th anniversary challenge grant to help fund the group's endowment. "The anniversary's theme is 'Silver to Gold: Poised for the Future,'" Wilson said, "and we hope that by building our endowment, we can ensure long-term continuation of services to seniors and family caregivers in the Barrington area."

To commemorate the 25th anniversary, BACOA has set a goal of raising \$150,000 to add to this fund. Three of BACOA's donors have created a challenge grant of \$75,000, with the provision that it be matched by donations made during the anniversary celebration, which will be observed April 2010 through April 2011. These gifts can be made either through one-time gifts, pledges or bequests.

During a special surprise presentation, BACOA also received a \$100,000 10-year grant from the Stephenson Family Foundation in honor of Pam McCord. McCord, a longtime BACOA supporter, is a mem-

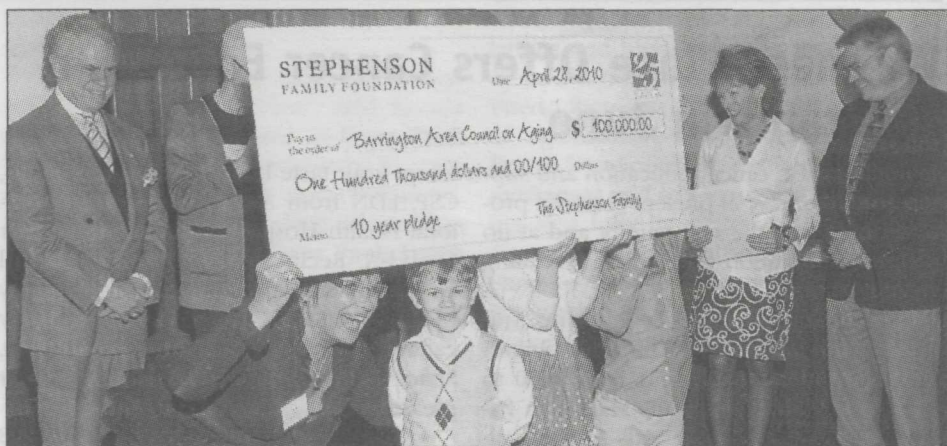
ber of the advisory board and a former president of the board of directors; she was also instrumental in starting BACOA's annual wine-tasting fundraiser. This year's event will be held Friday, Sept. 17.

Peg Cullen, the founder and first executive director of BACOA, was also honored. While she was unable to attend the meeting, BACOA recognized her with the Keith and Freddie Pederson Distinguished Leadership Award for her role in founding BACOA. The award was started in 2006 to recognize outstanding leadership in service to BACOA's mission and goals.

Jack Toslosky, a member of BACOA's Parkinson's Disease Education Group also spoke; he appeared at last year's meeting before he underwent deep-brain stimulation. Toslosky updated the group on the success of his procedure, which he learned about in the Parkinson's group. He's now resumed many of his activities (including golf and bridge) and exhibits many fewer symptoms of Parkinson's, thanks to the procedure.

BACOA also recognized Jim Magnanenzi, who founded the annual summer Barrington Brew Fest six years ago. The event has raised more than \$65,000 for BACOA programs and services. This year's Brew Fest will be Saturday, July 10 in downtown Barrington.

BACOA will be marking the anniversary with a variety of other events and programs throughout the year.



In a surprise presentation, the Stephenson Family Foundation made a 10-year, \$100,000 pledge in honor of Pam McCord, an advisory board member, former board president, and longtime BACOA volunteer. Members of the family, including McCord's children and grandchildren, as well as foundation chair Richard Stephenson (left), were on hand to make the gift.



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Chess Without Borders Joins Millions of Volunteers Worldwide on Global Youth Service Day

Chess Without Borders celebrated Global Youth Service Day on April 24. Grandmaster Yury Shulman and his chess students joined millions of volunteers around the globe to show the powerful impact volunteers can make in the world through service learning.

Established in 1988, Global Youth Service Day (GYSD) is the largest service event in the world and is now celebrated in over 100 countries. On GYSD, children and youth address the world's most critical issues in partnership with families, schools, community and businesses.

On April 24, a chess tournament was held at Hough Street Elementary School in Barrington. Teacher Maggie Gruber from Hough Street School organized the tournament. Over 30 youth and adults volunteered in a variety of capacities to make this event a success. From generously volunteering service hours to donating food supplies several families made their con-



tributions to make this event memorable.

The entire proceeds raised from the tournament will be donated towards educating Meher, a little girl who has endured multiple plastic surgeries and reconstruction of her hands from funds provided by Chess Without Borders.

Another simultaneous project conducted by a 10-year-old chess student during this tournament was to ask chess families for donations of care packages to soldiers in Afghanistan. Sgt. Steven Chartier was invited to the tournament as a special guest. He is a chess player and was delighted to have had the opportunity to play against Shulman (pictured above). Chartier played chess matches against many students during the tournament. He was presented with Shulman's textbook and two chess sets to carry with him when he returns to duty.

Shulman and his students from Chess Without Borders identify and address the needs of their communities, organize to

The Garden Club of Inverness Celebrates Spring at St. Joseph's Home in Palatine

Volunteers from the Garden Club of Inverness visited St. Joseph's Home for the Elderly, Palatine, on May 3 to help 20 ladies create lovely, spring silk flower arrangements for their rooms. Punch, cookies and lively conversation were enjoyed as they snipped flowers, tied bows and added extra twigs and greens to their bouquets. It was a lovely afternoon with lots of smiles as many stories were shared and new friendships were formed.

In addition, on May 7, five club members returned to assemble 20 fresh flower arrangements to decorate the tables at St. Joseph's Mother/Daughter Tea. A donation from the club helped defray the cost of the flowers.

Then on May 12, additional club members helped St. Joseph's residents plant a variety of vegetable and flower plants in tabletop containers. Several members had also visited St. Joseph's in April to help "start" some of the seeds for the plants early. The staff from St. Joseph's will help the residents maintain and water the planters throughout the summer. An area Boy Scout, who is working on his Eagle Scout



Virginia Mindy of St. Joseph's Home (left), and Gert Jacobson of the Garden Club of Inverness admire the lovely bouquet they made.

Award, built the tabletop containers for the group.

The Garden Club of Inverness has been a member of the National Garden Clubs Inc. and the Garden Clubs of Illinois since 1941. Regular meetings are held on the third Thursday of the month, September through November and January through April at All Saints Lutheran Church, Palatine. All area gardeners are welcome. For more information, contact Beth at 1-847-934-7929.



provide opportunities for youth engagement, and promote and raise awareness of young people as assets and resources to their communities.

Barrington Tea Party

Respect individual voters.
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Join us online. Meetings are listed at: <http://BarringtonTea.ning.com>

"Meet Me at the Brat Tent"— Barrington's Fourth of July Tradition

Barrington's Fourth of July Celebration will kick off on Wednesday, June 30 with the opening of the "Brat Tent" at 5 p.m. Gather with your friends and neighbors at what has truly become a hometown tradition. The celebration will take place in the North Metra Commuter Lot between Spring and Wool streets in Downtown Barrington from June 30 through July 3.

The Fourth of July Celebration Committee has put together a full schedule of events for the whole family. Each day has a lineup of kids' activities and entertainment that they are sure to enjoy. All kids' activities are free of charge on Wednesday

and Saturday. On Thursday and Friday, from 10 a.m. to 5 p.m., kids ages 3 and older get unlimited access to all kids' activities and lunch (hot dog, chips and drink) with the purchase of a wristband (\$5 per day). Every day, after 6 p.m., admission is \$5 for adults, \$1 for ages 14 to 17, and free for ages 13 and under.

There will also be plenty of live music at the festival. Live bands will perform daily at 5 p.m. and 8 p.m. "We have a great lineup of some new local favorites and quite a few that have performed at this venue in the past. We really think we have something for everyone," said Carl

Walsh, celebration committee member.

The Fourth of July Celebration Committee is responsible for coordinating all of the details for this four-day festival in the tent as well as Barrington's fireworks display. Fireworks will go off at dusk on Sunday, July 4, with viewing from the front lawn of Barrington High School. The 2010 display is sponsored by John B. Sanfilippo & Son Inc. and the Fisher Nut Store.

Funding for these four days of events in the tent and the fireworks come from the continued generosity of local businesses and citizens. A very special thanks to our Platinum Sponsors: Harris Barrington, Barrington Bank & Trust, Millrose Brewing and Rose Packing. All proceeds from this festival are distributed back to

five community service organizations—the Lions Club, Barrington Junior Women's Club, Kiwanis Club and the Barrington Breakfast and Noon Rotary Clubs.

"We encourage neighbors from all of the villages to take advantage of this centrally located celebration and come see a band or just catch up over a drink," urges committee member James Baird.

The Barrington High School Alumni Association makes this spot an annual meeting place by encouraging local alumni to meet at the tent during the festival. This year alumni will gather on Friday, July 2.

Visit www.barrington4thofjuly.com for the full schedule of activities and entertainment and then "Meet Me at the Brat Tent."



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Celebrate Father's Day, June 20, European Style!

Looking for someplace special to take Dad for **Father's Day**? Why not make reservations at **Fritzl's**! They'll be featuring all his favorites and will be open from 3 to 9 p.m. Among the menu items offered on Father's Day will be Steak Tartar, Grilled New York Strip Steak Salad, Mixed Grill (lamp chop, filet mignon and pork medallions), Veal Liver Sautéed with Onion and Bacon, Fresh Seafood, Australian Cold-Water Lobster Tails and much more.

Celebrating our **25th Anniversary** with a **rollback of the menu** for the entire month of June: 16 items from \$8.95, Sunday through Thursday (closed Mondays and Tuesdays). Dine-in only. Not available Father's Day, June 20. Not valid with any other offer or discount.g

Also enjoy our **steak-house-quality steaks** and delicious **Friday Fish Fry**.

There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try **Fritzl's** restaurant and pub. They have the friendliest staff in town.

Our outside patio is now open. Smokers welcome.

Voted #1 German Restaurant by Zagats.

Visit www.fritzl.com for more info.

Travel Tips for Patients with Asthma and Allergies

Vacation time is here. If you have allergies and asthma, they are always with you even when you travel. Here are some tips on how to minimize your symptoms and make your trip more enjoyable:

- When traveling by car, drive with windows closed and air conditioner on to avoid exposure to outside pollen and molds.

- To avoid excessive exposure to outdoor air pollution that may affect your allergy and asthma—travel in the early morning or late evening.

- If you have asthma, buy a portable nebulizer that plugs into your car's cigarette lighter or uses a battery.

- When traveling by plane, if you have food allergies, you need to be very care-

ful when eating airplane food. Even if you have requested special allergy-free tray, make sure to carry an epinephrine self-injector and antihistamine in case you have a severe allergic reaction.

- If you experience severe earache or sinus pain while flying, take oral or nasal decongestant (consult with your doctor) one hour prior to departure. In flight, chew gum and swallow frequently to decrease any pain.

- Make sure that you pack all your medications in a carry-on bag, so you have it just in case your luggage gets delayed.

- Obtain travel medical insurance.

To schedule an appointment, call the office of **Dr. Anne Szpindor, 1-847-310-8844** (Hoffman Estates) or **1-708-848-3393** (Oak Park).

Come "CAMP" with Us!

Limited Spaces are Still Available for Our Summer Program! We Have Lots of Fun Activities and Field Trips Planned for All Age Groups!

Barrington Community Child Care Center is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy! The program focuses on the whole child, with all areas of development included during the day's activities. Along with our qualified and experienced staff, theme-oriented lesson plans are designed to introduce a variety of concepts and challenge every child's ability. Language, math, reading, science, writing skills, and fine and gross motor activities are implemented in each age group. Social skills are also an important component of each day. Functioning in a group is essential for future experiences. Our well-rounded program will provide your child with a strong foundation for future learning and a positive first-school experience.

Among the conveniences that we offer to our busy parents are scheduled haircuts, done by a licensed stylist, and two weekly gymnastics programs taught by a certified instructor. All children participate in our biweekly "Stretch n Grow" program, a nutrition and exercise class. On Fridays, the "Jungle Bus" is offered as an



additional activity. We also offer the "Computer Explorers" computer class as an additional weekly activity.

Check out our Web site! At www.barringtonchildcarecenter.shutterfly.com you can see what we are up to. We are so excited to be able to show off!

We offer full-day child care for children ages 6 weeks to 11 years. All age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility has large, child-friendly classrooms, but offers a homelike atmosphere. A catered hot lunch and two snacks are offered each day. Special activities and field trips are scheduled so

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Lakeshore Ski and Sports Club's June Meeting

Lakeshore Ski and Sports Club (LSSC) will hold its June meeting on Wednesday, June 16, 7 p.m., at Goose Island Brew Pub, 1800 N. Clybourn in Chicago.

Lakeshore Ski and Sports Club has many exciting activities planned for the summer.

All who are interested are cordially invited to join LSSC members and learn about the advantages of becoming a member.

For further information, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.



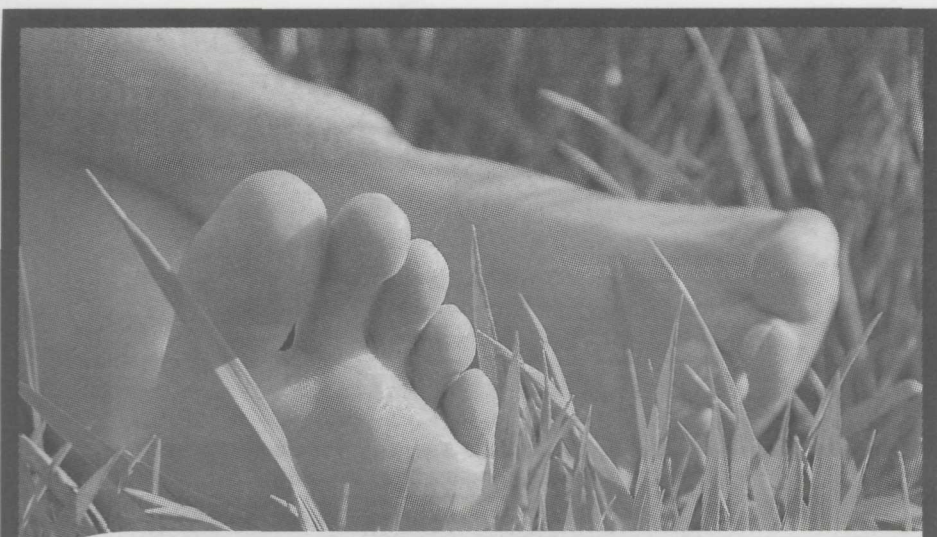
that all ages may participate.

During the school year, we offer before/after care for children attending Roslyn Road School.

For enrollment information or to sched-


ule a tour, contact Terri Blanke, director, at 1-847-381-0272.

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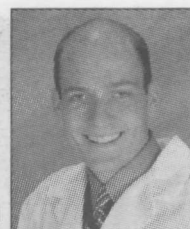
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Dr. James A. Baird is a board certified Podiatric Physician and Surgeon who specializes in foot and ankle care for the entire family. He is prepared to handle any foot and ankle injuries that happen in your backyard this summer. Call 1-847-381-5011 to schedule an appointment. Here Dr. Baird shares a little more on just two of the conditions that he sees in his office.



Dr. James Baird

My daughter tripped over a hose in the yard three days ago and she continues to limp and complain of pain in her ankle. The area looks a little swollen but she can move it without pain. Could her ankle be broken, or is she just being dramatic?

Children generally do not complain of pain for multiple days, unless they mean it. If your daughter continues to complain and exhibits signs of guarding that limb, it is best to have her evaluated by a Podiatrist. We at **Family Foot and Ankle Specialists** have the ability to take a digital X-ray in our office and can review them with you in a matter of minutes.

The bones of growing children have areas of cartilage called growth plates. These areas allow the bones to grow in size and length. When a child is said to be skeletally mature the growth plate cartilage will be replaced with normal bone. Until then, these areas are vulnerable to injury. A growth plate injury can occur with relatively minor trauma, like the tripping you

described.

To make sure her ankle heals correctly, assuming this is a growth plate injury, I would place her in a cast. I would then monitor the healing by taking X-rays periodically to ensure that there is no deformity and that the growth plate remains open. She will be back to running in the yard before you know it.

Help! I have extreme sharp stabbing pain in my heel first thing in the morning. What can I do to make this go away?

Do not live with this pain any longer. See a Podiatrist right away. I have an effective heel pain treatment plan that will get you out of pain immediately, and in time cure you of this problem for life. You have developed plantar fasciitis which is a very common, but very painful inflammation of your arch.

The condition can develop after starting a new exercise program, a five-pound weight loss or gain, an injury to the area, or a change in your foot structure. The earlier you start to treat this condition, the more successful you will be in getting rid of it quickly. This condition can become chronic in nature and the pain can become worse unless it is treated.

One Patient's Dream—DVDs for Other Hospice Patients

Even when facing a crisis, Julie Kieffer is thinking of others. The Crystal Lake woman, who, with a rare form of head and neck lymphoma, was admitted recently to Hospice and Palliative Care of Northeastern Illinois (HPNI), is asking friends, families and even strangers to support a fund-raising project to purchase a unique DVD series that will be donated to the agency. The series, *Sunrise Earth*, a Discovery Channel program, unobtrusively and beautifully films sunrises at locations from around the world. There is no narration, just the opportunity to watch and listen to what it is like at that specific location in the morning.

"I just wanted to do something for Hospice [and Palliative Care of Northeastern Illinois] because they all have done so much for me," she said. "I came across this show just flipping through channels one day and the idea came to me. The videos are so calming and beautiful to watch," Kieffer said. "They are perfect for people like me who can't go out but who can experience what it's like to watch the sun rise in very cool places."

Kieffer has started the ball rolling on the project by sending messages via Facebook and e-mail to friends and family. A quick response already resulted in the enough funds to purchase a couple of sets in both DVD and Blu-ray, noted her husband Steve, who explained that the sets vary in cost.

"We want people to know that their

level of giving should be to their comfort," Julie continued. "We will be thankful for donations of any size."

"This is such a wonderful and generous offer," noted Liz Morrison, a social worker at HPNI who visits with Kieffer. "Many patients would be able to benefit from watching these shows, especially those in our new Pepper Family Hospice Home and Center for Care in Barrington and our Inpatient Unit in Woodstock. It's so like Julie to be thinking of others instead of herself."

Kieffer is hoping that local schools may take this project on as a competition between classes, for example, to see which class can raise the most money by collecting change or pennies etc.

As a sidebar to this project, Kieffer hopes to educate people about early detection for cancer, and to try to promote the idea of screenings for the form of the disease that afflicts her. "I want it out there. I want to see more screenings to help people trap it earlier," she added.

Diagnosed in 2008, Kieffer, a bookkeeper with the Salvation Army, underwent a rigorous regiment of radiation and chemotherapy, which eliminated any sign of cancer. However, the disease returned this past winter in a much more vigorous form.

"I really didn't know much about hospice at the time, but learned that it really is helpful, so I would recommend people to look into it if they need help."

HPNI Selects New Blue Team Medical Director

Tracey Hashemi, M.D., was recently named Blue Team medical director of Hospice & Palliative Care of Northeastern Illinois (HPNI).

The agency's "Blue Team" predominantly serves patients who reside in portions of Lake, McHenry and northern Kane counties, and is one of four team territories covered in the its six-county service area.

Dr. Hashemi currently serves as director of Rehabilitation and Extended Care Services with Hashemi Medical Group in South Barrington. A board-certified emergency physician, she is an attending physician at the Northwest Community Hospital Department of Emergency Medicine.

Having spent many years as an emergency physician at Little Company of Mary Hospital in Evergreen Park, Holy Cross Hospital and St. Elizabeth's Hospital in Chicago, Hashemi recently served as medical director for Family Hospice.

"I became interested in HPNI because it is the 'Cadillac' of hospices in this area," Hashemi said. "HPNI has a great reputation and I am eager to be part of its organization. My goal as medical director is to help provide excellent medical care as well as emotional and psychological sup-



Tracey Hashemi, M.D.

port to our patients."

"Dr. Hashemi has very impressive skills and a great reputation in this region," said CEO Cindy Musikantow. "She will be a wonderful addition to our medical team."

Hospice and Palliative Care of Northeastern Illinois is a not-for-profit organization serving families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Celebrating its 28th year of service, the agency provides comprehensive end-of-life care to nearly 1,300 patient families each year. HPNI is Medicare certified and accredited by the Joint Commission. For information, visit its Web site at www.HospiceAnswers.org.



For information on how to donate to the project, call Morrison at HPNI at 1-847-

381-5599 or e-mail Julie at juliejohn221@att.net.

Conquer Weight Loss by Eliminating These 3 Simple Barriers

by Lisa Shanahan

Have you tried to lose weight and struggled? Do you want to be slimmer and tone your body, but your weight won't budge or it yo-yo's up and down?

Take time to consider these three weight-loss barriers, discover what is standing in your way and how to conquer weight loss once and for all:

Barrier #1: Your State of Mind—Your state of mind is extremely important when it comes to achieving your goals. You must program your mind for success. Here are a few ideas to help:

- Take time each day to visualize yourself at your ideal weight. Think about how it would feel to look the way you've always wanted to look.
- Guard your mind from negative self talk. When a negative thought comes to mind refuse to let it take hold and replace it with a positive thought.
- You want to be thin and fit, and yet you think of yourself as out-of-shape and fat. Use affirmations to transform your attitude. For example: "I am thin, fit and healthy!"
- Let go of thinking you can't achieve the body you've always dreamed of. See it in your mind, and then in the mirror. Believe!

Barrier #2: Your Fear—The idea of change can be scary—even when it is a change for the better. You may not even realize that you fear getting into shape. However, you must overcome this fear, or it will hinder your weight loss efforts.

Anthony Robbins, states that there are three specific beliefs that you must embrace in order to overcome your fear and create a lasting change.

- Believe that something **MUST** change. You can't be wishy-washy about it. You can't be considering it. You can't even be pretty sure about it. You've got to be rock solid.
- Believe that **YOU** must change it. You can't pass the buck of responsibility and expect to lose weight. It's on your shoulders. Other people will prove to be great assets in your journey, but in the end you are the one who is going to make it happen. You have to want this weight loss enough to make it your personal mission.
- Believe you **CAN** change it. You may have failed in the past, but that doesn't matter. When you put your mind to it, you're able to do amazing things. Do you believe that you are capable of losing weight? Once you own the belief that you can, you'll be unstoppable.

Barrier #3: Your Excuses—There are countless excuses for being out of shape. Excuses are easy, taking action is not so easy, but in the long run the person who takes action is the one that succeeds. Don't allow excuses to control your life anymore.

- Don't use excuses, instead expect more from yourself.
- Focus on the benefits you will see when you lose the weight. Make a list of these benefits and read them first thing each day.
- You can only have two things in life: excuses or results. Which do you want?

At **Fitness Together Barrington**, we focus on **RESULTS**. If you are ready to change your attitude, let go of fear and excuses, give us a call NOW at **1-847-304-0505**. We will provide you with a complimentary personal training session and show you how we can support and motivate you as your journey to health begins!

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Raue Center Turns Up the Heat This Summer

Raue Center For The Arts has brought whole new meaning to the phrase "Summer Fun." For the first time ever, Raue Center has put together a summer lineup ...and it's one you won't want to miss!

Join them on Friday, July 9 at 8 p.m. as Big Bad Voodoo Daddy takes the stage in a Mid-Summer Night's Swing Concert. They kicked off the swing revival in the mid-90s with their fusion of classic American sounds from jazz, swing, Dixieland and big-band music. Their originals rocketed the group into its first phase of stardom, when *You & Me and the Bottle Makes Three (Tonight)* and *Go Daddy-O* were featured in the 1996 indie film landmark *Swingers*. They have appeared numerous times on *The Tonight Show with Jay Leno*, *Live with Regis & Kelly* and *Dancing with the Stars*. Tickets are \$51, \$48 and \$45.

Then on Saturday, Aug. 7 at 8 p.m., Heartache Tonight: An Eagles Tribute

Band performs on Raue Center's stage. A cover band that authentically captures the excitement and style of one of the world's true supergroups, they showcase all the Eagles' greatest hits including *Hotel California* and *Take It Easy*. They have continually wowed audiences in appearances at Ravinia, House of Blues, Hard Rock Café, Taste of Chicago and Wrigley Field. Tickets are \$35, \$32 and \$29

And to make sure you don't miss either show, Raue Center For The Arts is offering a package deal for a limited time only! If you buy tickets to both shows before May 1, you will only pay \$60 total for Zone B and \$55.50 total for Zone C. Additional fees and restrictions may apply. For more information or to order tickets, contact the Box Office at 1-815-356-9212 or visit www.rauecenter.org. Raue Center is located at 26 N. Williams St. in historic, downtown Crystal Lake.

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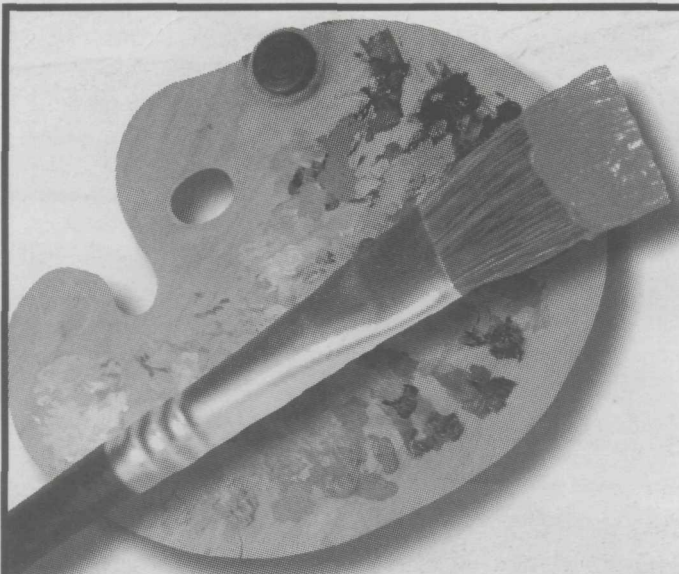
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- Better Seconds is the best place to shop for those one-time-wear events such as weddings and proms.
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Composite Fillings and Porcelain Inlays: Dr. Follmer practices metal-free dentistry. To restore a tooth with a cavity, he places tooth-colored composite fillings or ceramic inlays that not only look natural but also are stronger than metal (silver) amalgams.

Crowns: Do you have a broken tooth or have you had root canal therapy? A crown, also called a cap, is the solution. A crown is a custom-made restoration that repairs and strengthens the damaged tooth, returning it to form and function.

Dental Bridges: A dental bridge is a custom-made false tooth or teeth placed permanently between two healthy teeth. The bridge fills in the area left by the missing tooth or teeth. A bridge can replace one or several teeth, reduces the risk of gum disease, helps correct some bite problems and helps improve speech.

Dentures: A denture is a removable appliance that replaces missing teeth and adjacent tissues. Made of resin and porcelain, complete dentures are used to replace all the teeth. When some healthy teeth remain, a partial denture can be used. Full and partial dentures improve chewing ability and speech, support facial muscles and enhance appearance.

Take care of the problem now and keep your smile healthy and comfortable. Call **Northwest Dental Health & Aesthetics** today at **1-847-526-2831**. For more information, visit www.northwestdentalhealth.com.

Re-Clothing Sale a Success!

"Going Green" reigned supreme at Barrington United Methodist Women's (UMW) Spring Re-Clothing Sale last week. Every article of clothing for sale at Barrington United Methodist Church was sold-out—two hours before closing on Saturday! Customers also collected clothing to be shipped to Haiti, Mexico, Bolivia, The Philippines, Taiwan, Zaire, and Tanzania, extending UMW's mission of helping people across the world.

The sale netted over \$3,500—\$1,000 more than last year—which will be distributed to many local charities including the PADS Shelter in Elgin, the Northern Illinois Food Bank, and FISH Food Bank in Carpentersville.

UMW's larger, annual Rummage Sale will be held in early October. The group looks forward to expanding their mission outreach, thanks to the kindness, hard work and donations of many. For more information, please call 1-847-836-5540.



Judy Thomas at the Barrington United Methodist Women's Spring Re-Clothing Sale

MCC to Host Annual Golf Invitational June 11

The Friends of McHenry County College (MCC) Foundation will host its annual MCC Golf Invitational with an 11 a.m. shotgun start on Friday, June 11 at Hawk's View Golf Club in Lake Geneva.

The event begins with registration at 8:30 a.m., a hearty brunch at 9:30 a.m., followed by the 11 a.m. shotgun start and a scramble format of golf. The event concludes at 4 p.m. with a post-tournament

reception and silent auction. Highlights include refreshments on the course, player's gift, "hole-in-one" contests, and prizes for special events on the course. Players will have full use of locker rooms and shower facilities. A registration bonus includes a \$50 gift card to all registered golfers.

The cost is \$300 per golfer or \$50 for reception-only tickets. Proceeds will help to

Restored 1920s Horse-Drawn Bobsled Moved to Outdoor Location at Vehe Farm

Recently, a group of volunteers from Deer Park and Barrington helped Jonathan Coath, a member of Boy Scout Troop 927, move a restored 1920s horse-drawn bobsled to its new home in the barnyard at Vehe Farm.

Starting his Eagle Scout project over a year ago, Jonathon researched the bobsled's 1920s construction by talking with historical organizations, contacting John Deere, studying library information, and exchanging letters with a Vehe descendant who described riding to school in a similar horse-drawn bobsled.

The bobsled was protected at Vehe Farm during this past winter, but with the new location chosen, the bobsled has been brought outdoors for the public, especially children, to view. As part of the Leave No Child Inside initiative and the Village of Deer Park's goal to preserve local history at Vehe Farm, children will be able to learn about Deer Park's farming heritage and that of the Midwest.

Moving the bobsled to its new home



Jonathan Coath adds the final touches to the educational signage next to restored bobsled at Vehe Farm.

completes Jonathan's project and he will receive his Eagle Award during an Eagle Court of Honor later this month at Vehe Farm.

Vehe Farm is a centennial farm built in 1866 and continues to be one of the most intact farms in Lake County. It is open year-round to the public, and now serves as the village community center. Go to www.vehefarmfoundation.org to learn more about Vehe Farm.



fund scholarships at MCC. Register online at www.supportmcc.org/golf or download the online registration and fax it to the Friends of MCC Foundation at 1-815-

479-7828.

For those interested in being a sponsor or for more information, please contact Kathrine Pfister at 1-815-479-7529.

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South Barrington Garden Club June and July Events

Please join the South Barrington Garden Club for some interesting and enjoyable field trips. Guests are always welcome.

- Bus Trip to The Growing Place in Aurora—Thursday, June 3 at 8:45 a.m.—The Growing Place is a retail nursery and flower farm. The garden shop is a historic farmhouse and the garden center has a vast plant selection. The nursery has a train garden, a pond-less waterfall, and many unique gardens to enjoy.

- Bus Trip to Rich's Foxwillow Pines in Woodstock—Thursday, July 1 at 8:45 a.m.—Richard Eyre will give a presentation on

dwarf conifers. Learn how to select the appropriate tree based on growth habit and sun requirements.

Meetings for the South Barrington Garden Club are held or originate at the South Barrington Park District, 3 Tennis Club Lane, at 9 a.m. on the first Thursday morning of the month all year round. The club is open to all residents and nonresidents who wish to be a part of a wonderful organization. Programs consist of speakers, hands-on-projects, and bus trips to points of interest in the area, followed by lunch at a local restaurant. The membership fee is \$25 for South Barrington residents and

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The Adult & Child Rehab Center has a variety of state-of-the-art equipment, including a Biodex Balancer. The balancer provides clinical protocol to determine if clients are at risk of a fall. It also determines if a patient is compensating for an injury and what areas need to be worked on to build strength, improve balance, maintain independence and improve mobility.

This system is consistent with the Ameri-

can Geriatric Society's clinical guidelines for prevention of a fall in an older adult. Medicare does cover a fall risk assessment and if any further therapy is needed, that therapy would also be covered by Medicare and supplemental insurance.

If you or a loved are concerned about balance issues and the risk of falling, please call the Adult & Child Rehab Center at 1-815-338-1707 to set up a fall risk assessment.



\$35 for nonresidents.

Please call Anita at 1-847-277-7151 for

information on membership or participation in upcoming events.

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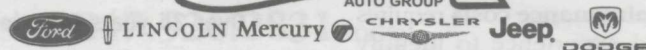
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Floral Design for Field and Flower Garden Club

Club members are ready to celebrate the beginning of summer by creating a floral design for their own home. On Wednesday, June 2 at 7 p.m. in a member's home, Carolyn Gleeson of Gurnee will present a special design workshop for the garden club. Gleeson is a Master Flower Show Judge accredited by National Garden Clubs Inc. and has served in many capacities for the Garden Clubs of Illinois Inc. She is the Illinois Flower Show School Chair.

Members are reminded to bring flowers, line material, and a container to this meeting so each may create a floral arrangement.

Members are eagerly awaiting Plant Sale Chair Beth Ligenza's review of the club's successful annual May plant sale. In addition, final plans will be made for the annual Field and Flower summer lun-

cheon scheduled for Wednesday, July 7, 11:30 a.m., at a member's home.

Field and Flower Garden Club has been a part of the greater Barrington Area for over 50 years. Its membership includes novice gardeners as well as those very knowledgeable in growing, landscaping and design. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include a program, a short business meeting, refreshments and time to ask gardening questions. Guests are always welcome.

Field and Flower is a member of the Council of Barrington Garden Clubs, Garden Clubs of Illinois Inc. and National Garden Clubs Inc.

For more information, please call 1-847-381-9429.

Long Grove-Kildeer Garden Club Garden Walk

On Monday, July 12 from 9 a.m. to noon, the Long Grove-Kildeer Garden Club will hold a Garden Walk to benefit local gardening student internships. Four unique area gardens will be open for the club's popular garden tour, followed by an optional, elegant, boxed lunch (choose from three). Wander through a combination of outstanding perennial, annual, native and vegetable garden designs.

Reservations are required and the cost

is \$20 (\$25 with lunch). Check-in, map and directions will be at the garden club's meeting location, Reed-Turner Woodland Nature Center, in Long Grove. This is an open event and welcomes all.

The club encourages new gardeners of all levels to join and participate in many fun gardening-related activities like tours, lectures and projects.

For reservations and further information, please call Sue at 1-847-634-2374.

EVERY GREEN PLANT—How Can I Grow and Maintain a Beautiful Garden When I Don't Have Time?

June and July are the best months for enjoying the abundance of our gardens including flowers, foliage and vegetables. It is also the time of year that weeds flourish, diseases and insects show up, and overgrown vines and shrubs can take up all of your time outside. It can seem like an uphill battle if you are working on your own.

Figuring out how to get and keep your garden neat and beautiful? Do you know which plant is a weed and which a desirable plant? Would you like help figuring out how to fill in those gaps where you would like seasonal color?

Call **Every Green Plant**. We provide

customized, on-site advice and services for all of your gardening needs. We will partner with you to achieve a beautiful and productive garden without "breaking the bank." We work with nature lovers of all levels of experience and interest, from beginners to semiprofs. We are also available to work with your mowing crew to optimize their weekly service.

Your garden installation in the Barrington area, if booked between now and July 15, is 15% OFF. Call 1-224-688-8838 and ask for Alison or e-mail aahoffman@everygreenplant.com.

Achieve your growing goals with Every Green Plant.

From a Woman's Point of View

by Amy Wickstrom, Wickstrom Auto Group

Would you go on the radio and cluck like a chicken? This may be an odd question to ask, but the **Wickstrom Chrysler Jeep Dodge** commercial that aired in April on WGN featured a minivan sales contest between Colin and the **Chrysler Town and Country minivan**, and Richard representing the **Dodge Caravan minivan**, and the loser is supposed to cluck like a chicken in the next commercial. While I find the prospect of either Colin or Richard making chicken sounds on-air amusing, my 6-year-old son, Josh, is mortified that his dad will embarrass himself. Even my parents, who live in Francesville, Ind., have heard the commercial and periodically ask who's "winning." At this point, I think the real winners will be anyone who purchases a Dodge Caravan or Chrysler Town and Country, and all of us who will be treated to a poultry serenade—with the exception of Josh, if Richard does the singing...

If your tastes run more towards SUVs than minivans, be sure to check out the all-new **2011 Ford Explorer** and **Jeep Grand Cherokee**. Big changes for the Explorer include a unibody frame and Ecoboost engine for fuel efficiency and available twin-turbo version that delivers 355 horsepower. The Cherokee offers a



new 3.6-liter "Pentastar" V-6, which adds an additional 70 hp over previous models, and available Selec-Terrain traction control, for more control and stability in all conditions. Both vehicles will be available later this year, and we can help you make a side-by-side comparison of their features and options.

If you find yourself in the market for a new or pre-owned vehicle, stop by **Wickstrom Ford Lincoln Mercury** and **Wickstrom Chrysler Jeep Dodge**, conveniently located side-by-side on Northwest Highway in Barrington. Our minivan sales event has been extended into June, so you can help Josh out, and we also have a great selection of cars, trucks and SUVs available.

Until next month,

—Amy

BYFS is Proud Recipient of Proceeds from BHS "IT Campaign" Fundraiser

Barrington Youth & Family Services (BYFS) and its board of directors would like to thank Barrington High School (BHS) students for their generous donation of \$12,000, raised through their first student-led, school-wide "IT Campaign" fundraiser. BYFS is proud to be selected as the recipient of funds, which will be used to help support the agency's mental health programming within the Barrington-area community.

Special thanks to "IT Campaign" student Steering Committee members Johanna Beach, Joey Gallagher, Courtney Griffin, Michael Ingram, Kulsoom Jafri, Amy Johnson, Madi Lang, Suzannah Linnekin, Tanya Mookerji, Abby Pajakowski, Katie

Rubak, Tim Rudnicki, Farah Shirzadi, Jake Trotta and Ashley Ward, and Barrington High School faculty sponsors Scott Kasik and Susan Teegarden, for their hard work and dedication to this initiative.

Barrington Youth & Family Services is a not-for-profit social service agency, dedicated to providing outreach, prevention and counseling services that support the social, psychological and emotional well-being of young people and their families. For more than 37 years, BYFS has serviced Barrington area residents in Barrington, Cuba, Dundee and Elmhurst townships, within the boundaries of Barrington Community Unit School District 220.

Get Your Home or Business Ready for Summer—Call Barrington Fix-It Shoppe

Barrington Fix-It Shoppe, Inc. was started in 1989. It has been in operation ever since, serving Barrington and its surrounding communities for 20 years. We have been a member of the Barrington Area Chamber for 13 years.

We specialize in those handyman projects that you don't have time for. Make a list for our professionals and then relax and let us take care of the projects at hand. We work by the job, not the hour.

We are fully insured, reliable and on time. We care about our work and take pride in helping you. References are available upon request. Please visit our web site—www.BarringtonFixIt.com—for a complete list of how we can help you.

Whether you have a young family and

are busy raising kids, working full time, or are retired, we can help you get those projects done around the home. Make a list, give us a call, and we can go over the list with you. Estimates are free.

Some of the work that we do best is: drywall repair, the installation of doors of any kind, including storm doors, patio doors, interior doors, and exterior doors. We replace windows and install or replace fans, outlets, disposals, faucets and much more. One call does it all—**1-847-382-7929**.

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www.BarringtonFixIt.com

Deadly Pest Threatens Ash Trees

The **Emerald Ash Borer (EAB)** has arrived in our area. This invasive beetle is responsible for killing over 50 million ash trees in neighboring states. Confirmed cases of EAB infestation have been detected in Barrington and most of our neighboring towns. If you have ash trees, taking a proactive approach to protect them now could save you the high cost of removal and replacement.

Origin—EAB is native to Asia and is believed to have hitchhiked here in wood packing crates. Young EAB's feed inside ash trees, disrupting the tree's ability to transport vital water and nutrients, ultimately killing the tree.

Symptoms—Visual signs of EAB infestation usually go unnoticed for 1 to 3 years and once they are apparent it is usually too late to save the tree. Visual signs can be yellowing of foliage, thinning of canopy, shoots sprouting from the trunk, branch dieback, and the presence of woodpeckers.

Invasiveness—EAB spread so fast through Michigan that it left 40 million dead ash trees in its path in just six years. On July 1, 2008, a single tree was discovered in Algonquin, Ill., that was infested with EAB. Within one month, 42 trees in three different nearby areas were destroyed, as they were found to be infested as well. Officials believe that the first Algonquin ash tree was infested for approximately five years before EAB was noticed. The first confirmed case of EAB in Barrington was in 2009. Experts believe

that EAB has been in Barrington for some time and our trees are just slow to show any visual symptoms.

Recent Breakthroughs—Fortunately, a systemic treatment known as TREEage has been developed just in time for us to save our local ash trees. TREEage has proven to be highly effective in protecting ash trees against EAB damage. Studies at Michigan State University found that trunk injections of TREEage were 99% to 100% effective on EAB. Single treatments of TREEage were also found to give long-term protection, lasting approximately two to three years inside the tree.

Take action now—Don't make the mistake of waiting until your ash trees start to show symptoms, as it will probably be too late to save the tree. The Illinois Department of Agriculture and many municipalities have the right to force private homeowners to cut down their ash trees at their own expense if they find EAB or suspect that a tree has EAB.

What can you do—Call **Tree Care by Turf Care** to have your ash trees protected with TREEage. **Tree Care by Turf Care** is a family owned and operated company located right here in Barrington. They were one of the first companies the Village of Barrington approved for TREEage injections. Their team of ISA Certified Arborists are experts in dealing with EAB and other tree problems common to our area. For more information on any of their services, contact them at **1-847-304-4144**.

Golf to Help Children with Disabilities Attend Camp

Help fund scholarships for local children with disabilities to attend NISRA (Northern Illinois Special Recreation Association) summer day camps by playing in the NISRA Foundation's 19th Annual Spring Golf Outing. This outing on Thursday, June 10 at Randall Oaks Golf Course in West Dundee begins with a continental breakfast, shotgun start at 10 a.m., followed by 18 holes of golf and lunch on the course. Contests, a silent auction, prizes, appetizers and cocktails complete the day.

The cost for individual golfers is \$125, a foursome is \$500, and corporate golf

packages are also available. Ace sponsor is Knights of Columbus Fr. McCormick Council #3880, Eagle Sponsor is Dundee Township Park District, and Birdie Sponsors are Lamp Inc. and Sage Products Inc.

Contact Jillian at NISRA at 1-815-459-0737 ext. 231 or jgiiese@nisra.org for more information or to register.

NISRA, a cooperative of 13 park districts and cities, provides year-round recreation including Special Olympics training, for residents with disabilities in McHenry County and parts of Cook, Lake and Kane counties.

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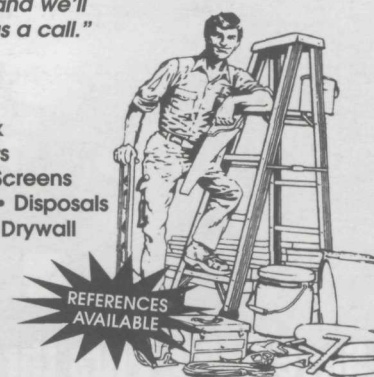
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Deadly Pest Arrives in Barrington



Emerald Ash Borer

The Il. Dept. of Agriculture has confirmed Emerald Ash Borer (EAB) has arrived in Barrington. According to the USDA, EAB is responsible for the death of tens of millions of ash trees costing tax payers billions. Sadly these numbers are quickly rising & without help from homeowners and local governments we stand to lose one of our most abundant native hardwoods, the Ash. The Il. Dept. of Ag. has approved a special local need request for use of *Tree-age*, a systemic treatment touted as the most effective weapon against EAB.

What You Can Do To Help

- **Learn** all you can about EAB to help protect our local Ash trees.
- **Follow** all State & Federal quarantine guidelines.
- **Inform** others about EAB & what they can do to help.
- **Protect** your Ash trees now with preventative treatments.

If you are unsure whether you have Ash trees or would like to know more about EAB & treatment options please call one of our ISA Certified Arborists for a free consultation.

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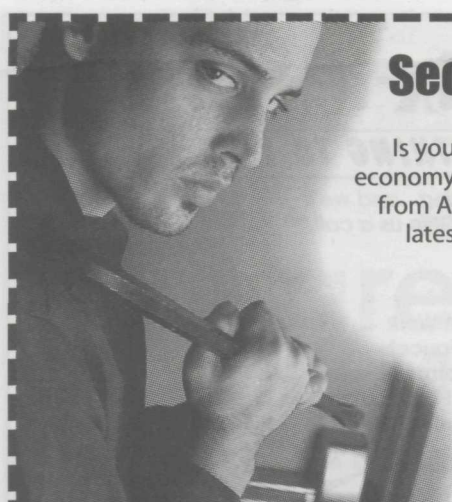
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McHenry County Master Gardeners' Garden Walk Set for July 10

The McHenry County Master Gardeners' Garden Walk 2010 will take place from 9 a.m. to 4 p.m. Saturday, July 10 beginning at the Master Gardeners' Demonstration Garden at McHenry County College (MCC), 8900 U.S. Highway 14 in Crystal Lake.

Co-sponsored by McHenry County College and the McHenry County Master Gardeners with the University of Illinois Extension, this self-guided, daylong tour includes seven private gardens in the Crystal Lake/Huntley/Marengo areas and includes a wide variety of garden styles, including Trudi Temple's Marengo organic farm. Temple was the keynote speaker at

MCC's Gardenfest event in April. The walk features a garden on a city lot, a garden with a "secret" garden, a five-acre property of trees, veggies and flowers, a shady loving garden, and two gardens in the Del Webb Community in Huntley.

Plants will be for available for purchase at the Demo Garden on a first-come, first-serve basis while supplies last. Tickets are \$10 through June 25 and \$15 through the event date.

Tickets may be purchased by calling the MCC Registration Office at 1-815-455-8588 or at the gardens on the day of the event. For more details, visit www.mchenry.edu/gardenwalk.

BACOA Announces Support and Education Groups for June

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for June.

Alzheimer's Association Support Group—This month's meeting will be an open forum; participants can discuss pertinent topics. The group will meet Thursday, June 10 from 1:30 to 3 p.m.

Caregiver Support—Participants will engage in an open forum discussion on care-giving topics. The group will meet Wednesday, June 2 from 7 to 9 p.m. at the BACOA office, 6000 Garlands Lane, Suite 100, Barrington.

Parkinson's Education and Support—

Jo Ann Graser, manager of adult fitness programs and the Tensile Strength Studio at the Lake Barrington Field House, will discuss and demonstrate how yoga and tai chi can benefit those who have Parkinson's disease. The group will meet Saturday, June 26 from 10 to 11:30 a.m. in the Performing Arts Center at The Garlands of Barrington, 1000 Garlands Lane, Barrington.

Low Vision Education and Support—Mary Scully of Blind Service Association of Chicago will speak at the June meeting. The group will meet Thursday, June 12 from 1 to 2:30 p.m. at Lake Barrington

There's Never Been a Better Time to Secure Your Family by Pete Panagakis, President Advanced Security Technologies, Inc. (AST)

Lots of people are choosing to get a home security system these days. In tight economic times, thieves are growing more desperate and home invasions are rising.

Installing a security system can help protect your home and give you reassurance that someone is watching over you and your family.

Insurance companies also approve of most systems and award homeowners with discounts on policy costs. Depending on your home, type of system and location, some of the insurance discounts offer a fairly quick payback.

There are a variety of systems available today. Some are wired, others wireless. Important features to consider are video monitoring, fire and CO₂ detection, remote access, and sump pump and temperature monitoring.

There are even options for older adults with limited mobility that reminds them to take medications. If something happens—a medication is missed—adult children are immediately notified so that they may check up on Mom or Dad.

The choices in home security and fire detection are endless. That's why it's a good idea to contact a local business who can work with you to meet your particular needs.

Locally-owned and operated, **AST** provides security and fire detection services, including the latest in equipment and 24/7/365 monitoring, for homeowners and small businesses throughout the Northwest Suburbs. **AST** is personally in touch with securing your way of life. Learn more by calling **1-847-540-9166** or visiting www.astprotectsyou.com.

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engage in a day of play or ask about our overnight boarding to accommodate your travel needs.

Make your reservations now and see what all of the bark is about! **Also, ask about our full-service grooming, and brand-new training facility.**

Call **Oakview Pet Resort** at **1-847-526-1388** or feel free to visit our Web site at www.OakviewPetResort.com.

Holy Family Fourth Rummage Sale

The fourth annual Holy Family Parish Rummage Sale will be held Friday, June 11, 8 a.m. to 4 p.m., Saturday, June 12, 8 a.m. to 3 p.m., and Sunday, June 13, 8 a.m. to 1 p.m. The sale will be held in the church building at 2515 Palatine Road, Inverness. Proceeds from this year's sale will benefit Habitat for Humanity and Journey from PADS to HOPE.

Shop early for fabulous bargains in furniture, electronics, sports equipment, toys, housewares, lamps, linens, holiday decor, jewelry, purses, books, and new this year, "The Baby's Room," featuring clothing from newborn to 3T.

Lunch, provided by the Knights of Co-

lumbus, will be available for purchase. Receive a reusable tote bag or Holy Family parish cookbook with \$1 admission.

Donations will be accepted Monday through Thursday, June 7 through 10th, from 4 to 7 p.m.

Habitat for Humanity was founded on the conviction that every man, woman and child should have a simple, decent place to live in dignity and safety builds homes for low income families in the Northwest suburbs. Journeys from PADS to HOPE assists men, women, and families in northwest suburban Cook County who have become or are at risk of becoming homeless.

Woodstock Folk Festival Events

On Saturday, July 17 at 8 p.m., in celebration of the 25th Annual Woodstock Folk Festival, the Woodstock Opera House will present Chicago folk legend Bonnie Koloc in concert. Tickets for this special event will be available through the Opera House Box Office at 1-815-338-5300, with additional information available online at www.woodstockoperahouse.com.

Come to the 25th Annual Woodstock Folk Festival on Sunday, July 18, beginning at noon. Plans are underway for this

banner-year celebration and will include the Main Stage, Kid's Area, Open Mic Stage, and Workshop. The festival will present its ninth annual Lifetime Achievement Award to Bonnie Koloc.

The Woodstock Folk Festival is a 501(c)(3) not-for-profit organization. Proceeds from our concerts and events support the Woodstock Folk Festival.

For more information, call 1-815-479-9933 or visit www.woodstockfolkfestival.org.

Woods, 22320 Classic Court, Lake Barrington. The group is open to persons of all ages and offers monthly informational meetings as well as resources and local educational trips to persons with low vi-

sion.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit BACOA's Web site at www.bacoa.org.



The Benefits of Landscaping

A professionally landscaped home can benefit the homeowner in many ways. According to *Money* magazine, quality landscaping can bring a recovery value of 100% to 200% at selling time. If you believe you might sell your home in the future, creating an attractive landscape will significantly add to your home's value.

A well-planned landscaped home can double or triple the square footage of living space through the creation of outdoor rooms. By creating different areas for cooking, dining, recreation and relaxation, you have more living options than if you relied on the inside of your home alone.

Trees, when placed properly, can help you save up to 25% on heating and cooling costs by keeping your climate system running more efficiently. Trees provide shelter from the wind, rain and sun.

Professionally designed and installed landscaping will enhance the aesthetic quality of your home. A quality assortment of trees, shrubs and perennials will provide color, texture and seasonal interest, year-round. Beautiful landscaping creates an attractive home that reflects positively on its owner.

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Barrington Area United Way Announces 2010 Events Calendar

Board Thanks 2009 RoundUp Supporters for Helping Raise Over \$110,000; BAUW Still Short of 2010 Goal

The Barrington Area United Way (BAUW) is proud to announce that, with all the final numbers now in, the yearlong 2009 Barrington Area United Way RoundUp Public Art Exhibition raised over \$110,000. The funds raised through the RoundUp help move the United Way closer (although more donations are still needed) to reaching its 2009-2010 goal of raising \$400,000 to fund health and human services programs within the greater Barrington area.

Due to the overwhelming feedback we received from sponsors, attendees, donors and the Barrington community, the BAUW is also announcing today that they will sponsor an art exhibit in Barrington in 2010, with an opportunity for local artists to showcase their canvas and other "indoor" art at sponsor businesses and organizations around the greater Barrington area starting this summer. More details on the events, and opportunities for artists, donors and volunteers to participate, will be released in the near future and available on the BAUW Web site at www.bauw.org.

"The sense of community spirit and enthusiasm that surrounded the RoundUp event was infectious and exciting for our community as a whole," said Barrington Village President Karen Darch. "I can't tell you how many calls we received compli-

menting the Village for this great display, and we thank the United Way for that. The Barrington Area United Way has been a great partner for the Village" Darch said. "They support critical programs run by our local health and human services agencies through fundraising, allocations and collaboration within the community. The BAUW has been able to fill a real need in our community; they do what no other group does. We are thrilled that there will be a follow-up in 2010 to the successful 2009 event."

"The Barrington Area United Way appreciates the support of everyone who helped us make our 2009 RoundUp event both fun and successful, and we look forward to similar success in 2010," said BAUW Campaign Chair Matt Myren. "We could not have enjoyed this level of success without the support of the Village, all of our sponsors, the talented artists, Advocate Good Shepherd Hospital, the District 220 school art departments, our agencies, those individuals who bid so generously to buy the horses as well as all of our community volunteers."

"It is one thing to put on a successful fundraising event," continued Myren, "but we have heard from many people that this event was more than that—the RoundUp created a sense of community spirit and pride. It brought together the best of our

Family Alliance Hosts Free Health Check Day

Family Alliance Inc. is hosting a Free Health Check event Thursday, June 17 from 9 a.m. to 1 p.m. Join Family Alliance, Centegra Health System, and Autumn Leaves Memory Care, for free health screenings, education, prizes, and more. A team of medical professionals will provide screenings for diabetes, blood pressure, depression and memory. The free event is open to the public and will be at Family Alliance, 2028 N. Seminary Ave. (Route 47) in Woodstock.

Family Alliance is a not-for-profit organization founded 28 years ago as a program enabling mature adults to remain at home and active in their community. Programs include Wellness Day programs and Dementia Day programs with door-to-door transportation, recovery/mental health services, counseling and community support.

For more information about Family Alliance Inc., call 1-815-338-3590 or visit www.FamilyAllianceInc.org.

community—committed local businesses, artists and citizens to move us closer to our United Way goal of 'Live United'. Better yet, everyone got to enjoy a great party at the RoundUp Auction to mark the successful conclusion of the community's efforts!" For a list of all BAUW RoundUp supporters, please click on the horse at www.bauw.org.

The event's success was a solid first step toward meeting the BAUW's campaign goal of \$400,000. In these difficult economic times, many of the agencies which provide crucial services in the Barrington area rely on the funding of the BAUW. More than ever, it is critical for the BAUW to meet its goal in order to fund the services our local residents need.

About the Roundup Event

During 2009, the BAUW partnered with local business sponsors, artists and in-kind donors to produce and publicly display 26 horses around the greater Barrington

Area. The event culminated with a western-attire auction and party held in October of 2009 at the barns of Advocate Good Shepherd Hospital, the perfect venue for the final "roundup" and sale of these life-sized works of art.

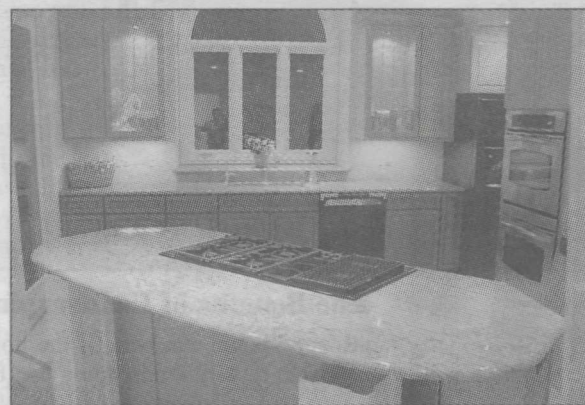
About the Barrington Area United Way
The Barrington Area United Way has been supporting the community for 50 years. BAUW supports 22 local agencies through an annual fundraising campaign and hands-on allocation process. Over the past 10 years, the BAUW has provided almost \$3.5 million in funding for programs providing services within the BAUW boundaries, which are the limits of School District 220. The BAUW is led by Board President Jeff Holmquist and a board of 18 dedicated volunteers. For more information or to donate to the Barrington Area United Way, please their Web site at www.bauw.org and the Barrington Area United Way "Causes" page on Facebook.

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