

November 2010

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NEWS MAGAZINE



Early Holiday
GIFT IDEAS



**BYDE Presents
"The Nutcracker"**

**Open House Brings
Hope for the Holidays**

**"Dancing Through The
Decades" Supports HPNI**

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Lisa Gulcher M.D.

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Editor's Ink

November 2010

Dear Reader,

It's hard to believe, that after this past autumn (warm and beautiful that it was), the holidays are rapidly approaching. Concerts, craft bazaars, ballets and upcoming festivities reflect the holiday spirit.

Not to be missed is Barrington Youth Dance Ensemble's (BYDE) 16th annual production of *The Nutcracker*. This gorgeous production will be held at Barrington High School on Dec. 3, 4th and 5th.

House of Hope Resale Shop in Barrington will host a very special Holiday Open House Nov. 10 through the 13th. Come enjoy the music, decor and great values, all in the true spirit of the season. Proceeds benefit emergency assistance to local families in crisis.

If you enjoy dining and dancing, plan on attending "Dancing Through The Decades" on Saturday, Nov. 13. Enjoy the music of the '60s, '70s and '80s. Proceeds benefit Hospice & Palliative Care of Northeastern Illinois (HPND), specially, funds for pediatric hospice care.

Until next time, may all your thoughts be sunny.

With warm regards,

Glenne McMonigal, editor

Barrington Lifestyles News Magazine



Also Happening!

The 2010-2011 season of Chicago Master Singers (CMS) is about to begin, under the baton of CMS Music Director Alan Heatherington (right).

The first concert of the new season, on Nov. 5 and 7th, will be a performance of the Schumann Requiem and the Bruckner Mass No. 3 in F minor, with guest soloists and the Ars Viva Symphony Orchestra.



Open House Brings Hope for the Holidays Special Fundraising Event to Help Area Families in Crisis

House of Hope Resale Shop in Barrington will host a very special Holiday Open House Wednesday evening, Nov. 10th through Saturday, Nov. 13. All proceeds benefit St. Anne's Project Hope, providing emergency assistance to local families in crisis. Volunteer "elves" have been preparing for the huge event, which includes six festive rooms of new and vintage furniture, entertaining and gift items, a magical toy land, seasonal clothing and accessories, china, linens and more, amid a forest of sparkling pre-lit trees and trimmings. Guests will also enjoy music, complimentary refreshments and prizes.

"Our Holiday Open House grows every year through the generous support of donors and volunteers," said Peggy Sobolewski, Project Hope chairperson. "We are carrying forward the vision of Project Hope's founder, Sister Lorraine Menheer, whose commitment to community out-



House of Hope Resale's annual Holiday Open House benefitting Project Hope honors Sister Lorraine Menheer, founder of Project Hope, who lost her battle with pancreatic cancer earlier this year.

reach ensured that families in crisis were cared for, especially during the holiday season." Sister Menheer lost her brave battle with pancreatic cancer earlier this year. "We're pulling out all the stops for our biggest fundraiser yet, to ensure we can answer all calls for assistance in the months ahead." Requests for Project Hope support services from local families have increased 35 percent this year.

"Everyone is invited to join us for this annual tradition," said Caryn Habley, House of Hope store manager. "Enjoy the music, the beautiful decorations, get a little shopping done and know that you're helping others, in the true spirit of the season."

Project Hope's Holiday Open House premieres Wednesday, Nov. 10 from 6 to 9 p.m. House of Hope will be closed during its regular daytime hours to prepare for this very special evening. Festivities continue Thursday, Nov. 11 through Saturday the 13th, 10 a.m. to 4 p.m., with new merchandise arriving daily. Plenty of free parking is available. House of Hope Resale is located at 200 N. Hough St., in the Market Center Shops of downtown Barrington. For more information, please visit www.hohresale.org or call 1-847-756-4673.



Customers can browse six huge rooms of trimmings, treasures and festive displays at the Holiday Open House.

Garden Club of Inverness Prepares for the Holidays

With the winter holidays just around the corner, the November program of the Garden Club of Inverness couldn't be more appropriate. On Thursday, Nov. 18, Robin Di Iorio, owner of Green End Goes Up, a design studio that specializes in using natural materials, will return to show members ways to decorate their homes by using cuttings from their dormant gardens as well as other purchased materials. Her presentation will include photos of special holiday wreaths, kissing balls, garlands, pine cone ornaments and more. She will be sharing tips on how to make these unique arrangements at home. The smell of pine, the sight of colorful berries and ribbons, and the ideas that Robin will share are a sure way to be inspired for the holidays.

Just a reminder—tickets are going

quickly for the Garden Club of Inverness' annual holiday luncheon to be held at Medinah Country Club on Thursday, Dec. 2. Proceeds from the sale of the many magnificent silent auction items and prize baskets help fund scholarships for area students interested in horticulture and/or environmental studies as well as help provide income for other community projects and services. For information or to buy last-minute tickets, contact Betty Ann at 1-847-358-8438.

The Garden Club of Inverness has been a member of the National Garden Clubs Inc. and the Garden Clubs of Illinois since 1941.

Regular meetings are held at 9:30 a.m. on the third Thursday of the month, September through April (except December) at All Saints Lutheran Church, Palatine. All

BYDE Presents 2010 Production of *The Nutcracker*



The BYDE company performs the Snow Scene from the 2008 *Nutcracker*.

Photo credit Kelly Stachura Photography. Photo rights owned by BYDE.

Barrington Youth Dance Ensemble (BYDE) will present its 16th annual production of *The Nutcracker* on Dec. 3, 4th and 5th at Barrington High School. Auditions for this year's production of *The Nutcracker* were held Sept. 12 and rehearsals began Sept. 19.

This year's cast will feature returning guest artists Melanie Hortin, Holly Pace, Valerie Murray and Jessica Wolfrum. Nicole Larson will partner again with Abdelaziz Roque as the Snow Queen and King, Monique Haley will reprise her role as the evil Mouse Queen, and Hiroko Sakakibara will delight audiences again as the beautiful Sugar Plum Fairy. The Cavalier will be performed this year by Simon Sliva, who is making his BYDE debut as a guest artist. BYDE teacher and longtime guest artist, Guillermo Leyva, will portray the role of Herr Drosselmeyer, Clara's magical godfather.

Barrington-area dance students performing in BYDE's 2010 production of *The Nutcracker* are: Barrington residents Demetra Anastasiou, Annabel Buxton, Sabena Byerly, Megan Clement, Sabrena Curin, Meghan Doran, Christina Fortsas, Kate Howell, Franceska Karasinski, Charles Lafon, Jessica Malec, Katie Muto, Maggie Pechan, Hannah Ray, Caroline Rees, Heather Ross, Sailor Streeter and Sophia Younger; Barrington Hills residents Julia Benkendorf, Francesca Bentley, Joyce Gaffney, Delaney Halloran, Emma Landenberger, Madeline Lunn, Becca May, Alexandra Skopek and Georgina Spence; Carpentersville residents Daniel and Melanie Monarrez; Lake Barrington residents Martha Abrahamson, Ana Argyros, Diana Donnelly, Tiffany Frankel, Hannah Harris, Hayden Harris, Juliana Nikolich, Elena Pizarro, Sasha Rice, Eliza Seagrist and Victoria Van Hollen; North Barrington resident Molly Clifford; and South Barrington residents Nicole Barcroft, Julia Homola, Lana Homola, Sarah Merchant, Rachel Nazha, Elaina Spiro, and Isabella Stojka.

Additional northwest suburban dancers

performing in *The Nutcracker* are: Cary residents Lindsey George and Olivia Shannon; Crystal Lake residents Chloe Mutchler and Emma Randolph; Fox River Grove residents Caleigh and Madelyn Meehan; Inverness resident Kate Miller; Kildeer residents Nicole Banakis, Stephanie Eggers, Jessica Eggers, Natalia Jelen and Alex Schwartz; Lake Marian resident Marlaina Mathisen; Lake Zurich residents Brittany Bonefas, Elizabeth Gilbert, Mackenzie Jaekel, Katie Kipperman, Sammie Kopp and Elizabeth Yen; Long Grove residents Emma and Kylie Jensen; and Round Lake Beach resident Isabelle Tilford.

Tickets for the 2010 *Nutcracker* are available now at www.BYDE.org or by calling BYDE at 1-847-382-6333. Performance times and ticket prices are as follows: Friday, Dec. 3 at 7 p.m.; Saturday, Dec. 4 at 2 p.m. and 7 p.m.; and Sunday, Dec. 5 at 2 p.m. Preferred seating is \$28 per ticket; adult seating is \$25 per ticket; seniors and students are \$22 per ticket. Balcony seating for the evening performances is available at a special discounted price of \$15 per ticket. Online purchasing is available for "Best Available" seating at \$27 per ticket. Organizations of 10 or more, please call BYDE at 1-847-382-6333 for group rates for the Friday and Saturday evening performances.

The Nutcracker is made possible by: The Duchossois Family Foundation; The Sanfilippo Family; The Roberts Family Foundation; The Benson Foundation; The Illinois Arts Council, a state agency; Rose Packing Company; Barrington Junior Women's Club; Buxton & Kasper; The Demar Family Foundation; and Cody & Carl's Blvd.

Barrington Youth Dance Ensemble (BYDE) promotes artistic integrity, involvement, and awareness through exceptional dance training and performance in the Chicagoland area. Additional information about BYDE may be found at their Web site, www.BYDE.org, or by calling BYDE at 1-847-382-6333.

area gardeners are welcome. For more information, contact Betty Ann at 1-847-

358-8438 or visit their web site at www.gardenclubofinverness.org.

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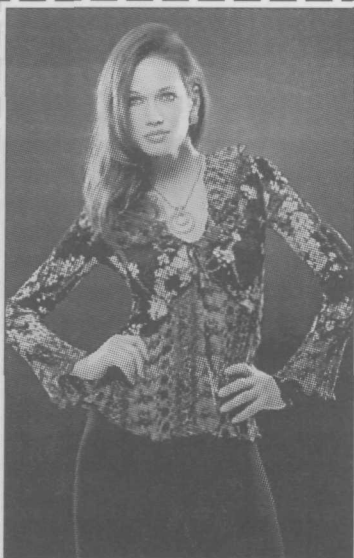
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Amendments to the Illinois Wage Payment and Collection Act Increase Employer Liability

by Joette S. Doran, Esq.



On July 30, 2010, Governor Pat Quinn signed into law numerous amendments to the Illinois Wage Payment and Collection Act (The Act). The Act establishes how often wages must be paid and provides assistance to workers in the collection of earned compensation. Employees must receive their final wages, vacation pay, commissions and bonuses on their next regularly scheduled payday. Effective on January 1, 2011, the amendments give employees a new avenue for adjudicating most wage claims and also make employ-

ers and responsible managers subject to more severe sanctions and criminal pen-

On the Go—the Trends You Need to Know—Now at Assemblé for Her

This season is all about getting pieces that tow the line between being just trendy enough and classic enough. **Assemblé** has gathered a collection of just such luxe staples.

As you know, "Long over Lean" is the styling direction these days. Everyone gets to look taller and trimmer, as unconventional cuts and dramatic draping offer a modern elegance to your silhouette. Check out one of our deliciously wearable waterfall cardigans—cascading in front into fluid folds for a soft unstudied drape that's born to flatter. Whether layered over our animal-printed tank from **Charlotte**, our sparkly tiered top from **8+Sixty** or our **3 Dot** turtleneck, it's a piece that promises limitless interpretations.

Denim has gone leaner than ever—creating the perfect slender line beneath floaty tunics and long, slender tops. Our jeans selection from **Jag** to **Cookie Johnson** to **Silver** promises a fit for you!

Layering is here to stay. Let us inspire you with our California Collection of

superfine tees. Lush patterns and dashes of color will reveal themselves under our versatile little tuxedo jackets—nipped in at the waist—for a modern classic line.

Fur is in full effect this season. From fur bags to plush jackets to fur scarves—we'll have them all! Let us help you work this hot new trend—versatile as it is bold—into your wardrobe.

The Dress is fabulous for both it's wearability and versatility. Our tweedy knits beg you to strut your stuff with leggings and a great boot. If you're looking for the perfect, edgy little cocktail number, we promise that too, at a price that won't break the bank.

We find this season's selection to be infallibly and unquestionably chic. Clothes are flattering and feminine and, best of all, you don't have to work at wearing them. They work for you, and so do us girls at **Assemblé**. Come in—shop often—sizes go fast!

See ya soon!

Yves Delorme & Bellino—Just in Time for Fall

Continuing the high standards of **Luxury Linens of Barrington**, we are now offering **Yves Delorme** bedding, towels, soap, and accessories. These elegant bed linens capture their French heritage in a wonderful, timeless array of prints and solids. Yves Delorme is known all over the world for uncompromising quality and meticulous attention to detail.

Yves Delorme has a magnificent selection of towels. In their collection you will find towels to coordinate with the bedding ensembles or choose from many stylish solids. Either way, you will love the quality.

Bellino offers an extensive range of products to suit the needs of the most dis-

tinguished buyer. Elegant jacquards, yarn dyes and sateens are just some of the specialties. The hotel-style embroidered sheet sets are fabulous and a king set is available for under \$250.

Don't forget—**LUXURY LINENS MAKE GREAT HOLIDAY GIFTS!** A brand-new blanket, a beautiful mohair throw, or a cozy robe are just a few ideas. But please order early to ensure holiday delivery.

You will find us behind Egg Harbor at **220 S. Cook St.** (our door faces Lake Street). Call us at **1-847-277-1480** or e-mail us at ensembles@sbcglobal.net. See some of our fabulous lines on the web at LuxuryLinensofBarrington.com.

Quote!

"A thankful heart is not only the greatest virtue, but the parent of all the other virtues."

—Cicero (106 B.C.-43 B.C.)

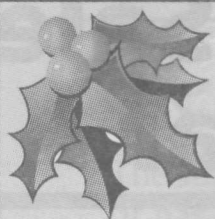
alties. The amendments to the Act provides a new adjudicative process for small claims which provides the Department with the authority to establish a new adjudicative process for claims or specific categories of claims under \$3,000, including instances where an employer fails to timely respond to a notice of claim issued by the Department. The new process will result in an enforceable order at the Department level. The amendments also clarify the Act's private right of action language to make clear that one or more employees may file an action in the county where the alleged violation took place or where an employee who is party to the action resides. The employee does not need to file a claim with the Department first to file a private right of action. Additionally, the amendments allow the employee to recover costs and all reasonable attorneys' fees. Significantly, the amendments protect the employee against

retaliation and provides for a private right of action for an employee who has been unlawfully retaliated against, with the ability to collect all costs and reasonable attorney's fees.

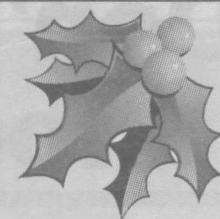
For additional employment information, please visit our Web site at—www.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois, admitted to all Illinois federal courts and the U.S. Supreme Court. She is a member of the Federal Trial Bar and is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women, and a member of the National Employment Lawyers Association.




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Aged to Perfection



Guests at the Barrington Area Council on Aging's (BACOA) "Aged to Perfection," held Sept. 17 at the Chicago Marriott Northwest, included (from left) Joseph and Crystal Joy Abbate, Annette and James Baird, and Julie and Sean Joyce. The event, BACOA's main fundraiser, featured more than 50 wines for sampling, as well as live and silent auctions.

Save 2011 Dates for Barrington Lyric's Entertaining and Educating Events

On Thursday, Jan. 13, 2011, 3:30 p.m., at The Garlands of Barrington, there will be a lecture on Giacomo Puccini's *Girl of the Golden West*, a Western buffet, plus line dancing instruction.

On Sunday, Feb. 13, 2 p.m., at the OPA Restaurant in Vernon Hills there will be a Greek buffet with remarks on George Frideric Handel's *Hercules*.

The End-of-Opera-Season Brunch, followed by musical entertainment, will be

held Sunday, April 10 at the Biltmore Country Club, North Barrington.

We hope you will join The Barrington Chapter of Lyric Opera of Chicago members and guests as they look forward to the upcoming exceptional roster of wonderful musical events.

For inquiries on Barrington Chapter membership, phone George Obermaier at 1-847-985-0837. You may wish to visit www.lyricopera.org.

Common Misconceptions Regarding Hospice

In honor of National Hospice & Palliative Care Month, Hospice & Palliative Care of Northeastern Illinois offers the following information to dispel common misconceptions about hospice care.

Myth: Hospice is where you go when there is nothing more a doctor can do.

Fact: Hospice is care designed for patients with a life-limiting illness. Hospice is not where you go to die, rather hospice professionals are trained to assist patients in living their lives fully, completely and without pain until the end of their lives.

Myth: To be eligible for hospice, I have to be in the final stages of dying.

Fact: Hospice patients and families receive care for an unlimited amount of time, depending upon the course of the illness. There is no fixed limit on the amount of time a patient may continue to receive hospice services.

Myth: Quality care at the end of life is very expensive.

Fact: Medicare beneficiaries pay little or nothing for hospice. For those ineligible for Medicare, most insurance plans, HMOs, and managed care plans cover hospice care. Hospice & Palliative Care of Northeastern Illinois provides care to anyone regardless of their ability to pay.

Myth: If I chose hospice care, I have to leave my home.

Fact: Hospice care is provided wherever the patient may be: in their own home or a family member's, a nursing home, or an assisted living facility. Hospice is also pro-

vided in in-patient units, VA Hospitals and some correctional facilities.

Myth: Families are not able to care for people with life limiting illnesses.

Fact: Family members are encouraged, supported, and trained by hospice professionals to care for their loved ones. Hospice staff is on call to the patient and their families 24 hours a day, 7 days a week, to help family and friends care for their loved ones.

Myth: Hospice care is only for cancer or AIDS patients.

Fact: Fifty percent of hospice patients are diagnosed with conditions other than cancer or AIDS.

Myth: Hospice is just for the elderly.

Fact: Hospice is for anyone facing a life-limiting illness, regardless of age.

Myth: There's no hospice in my area.

Fact: Less than one percent of Medicare beneficiaries live in an area where hospice is not available. Hospice & Palliative Care of Northeastern Illinois provides care to patients in a six-county service area, including Lake, Cook, McHenry, DuPage, Kane and Boone.

Myth: After the patient's death, hospice care ends.

Fact: Bereavement services and grief support are available to family members for up to one year after the death of a patient.

More information is available at Hospice & Palliative Care of Northeastern Illinois at www.HospiceAnswers.org.

Experience the NEW Keratin Treatment!

The staff of **The Sanctuary Salon & Spa** at the Ice House Mall is pleased to announce it has completed all of the **Keratin La-Brasiliana Treatment** courses. This product is designed for hair straightening and manageability. Keratin will replenish the condition of your hair without change or damage to the molecular structure. It smooths, shines, softens and give hair instant manageability.

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Santa, Mrs. Clause & their Elf present a magical story hour with cookies & milk, free holiday coloring book by local artist with donations to "Meals of Hope" food drive.

Bring your camera & wish list.

(cookies and milk courtesy of Jewel and 111 Grille)

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Meet Santa, enjoy a holiday buffet breakfast, facepainting, holiday coloring book by local artist to first 200 reservations. Reservations call 111 Grille at 847-382-5020.

SANTA PHOTOS & VISITS

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Monday-Friday 9:30-7:00pm • Saturday 9:30-5:30pm • Sunday Noon-4:00pm

Christmas Eve 9:30-3:30pm • Christmas Day - Closed

BACOA Senior Activity and Lunch Programs for November

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Games begin at 10:30 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$5. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call Linda Avellon at BACOA at 1-847-852-3892.

• Monday, Nov. 1—Games and lunch. Kathryn Jeffers from EMB Medical Supply

will present a general overview of diabetic symptoms that cause problems for the diabetic foot. Call Linda Avellon at 1-847-852-3892 for more information on this special program.

• Monday, Nov. 8—Games and lunch.

• Monday, Nov. 15—Games and lunch. Greg Simetz from Right at Home, will introduce *Wii Bowling* to the group.

• Monday, Nov. 22—Annual Thanksgiving Luncheon—Advocate Good Shepherd Hospital and the Barrington Noon Rotary will co-sponsor the annual Thanksgiving luncheon for BACOA's lunch programs at the Barrington Park District and Green-

Get a Jump on Holiday Shopping

Get a jump on holiday shopping at Citizens for Conservation's (CFC) Wine Tasting and Pre-Holiday Stress-Buster Party at Norge Ski Club, 100 Ski Hill Road, Fox River Grove, one of the Northwest Suburbs' most unique and historic landmarks. On Sunday, Nov. 14, 4 to 7 p.m., come taste the wine, enjoy pizza and other tasty treats, play a few hands of Texas Hold 'em and, yes, get a jump on holiday shopping.

Featured vendors are Wild Bird Center, Tastefully Simple, Lia Sophia, My 31 Gifts,

and Orchard Meats and Wine Shoppe.

Advance tickets are \$20; \$25 if purchased at the door. For advance tickets, visit www.CitizensForConservation.org. Reservations will be held at the door.

Proceeds benefit CFC and its mission of "Saving Living Space for Living Things" through protection, restoration and stewardship of land, conservation of natural resources and education.

For more information, call Citizens for Conservation at 1-847-382-7283.

castle of Barrington. "Father & Son" will perform. Call Linda Avellon at 1-847-852-3892 by Nov. 16 for reservations.

• Monday, Nov. 29—Games and lunch.

Barrington Park District Preschool will visit for crafts. November birthdays will be celebrated. BrightStar will take blood pressures.



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Santa Arrives Friday, November 5!

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Join us on Friday, November 5 at 6:00 PM as we kick off the holiday season with a very special 10th anniversary countdown and fireworks extravaganza. Santa will turn on the Christmas lights and visit with children until 8:30 PM. (Rain date: November 6 at 6:00 PM).



SO MANY WAYS TO SHINE THIS HOLIDAY SEASON!

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Deer Park Town Center Announces Holiday ShopStar Member Rewards

ShopStar is Deer Park Town Center's online retail community that offers surprises and perks for its members throughout the year, including prize packages, freebies, discounts, and experiences exclusive to Deer Park Town Center and its merchants.

We are excited to announce our **Holiday ShopStar Rewards** program, in celebration of the 10th anniversary of the center. Beginning on Friday, Nov. 5, during Santa's Arrival, Deer Park Town Center will be giving away the first of (10) **\$1,000 shopping sprees** to (10) lucky ShopStar members. No purchase necessary. A second set of rewards is also available for ShopStar members on Black Friday and every weekday from Black Friday through Christmas Eve. During that time, ShopStar Members will receive tips, perks or reward opportunities to make the holiday shopping season easier.

ShopStar members are encouraged to regularly visit the site to discover new perks, rewards, polls and forums. Most Rewards/perks are offered for a limited time only, so be sure to sign up for ShopStar at your earliest convenience to ensure you do not miss out on these great offers.

Becoming a member of ShopStar is simple, fast and free. Visit GoShopStar.com, select **Deer Park Town Center** as your local center and become eligible instantly for all the benefits of being a ShopStar member.

For more information, please contact

Konda Dees at kdees@ddr.com or contact the Deer Park Town Center Management Office at **1-847-726-7755**.

ShopStar URL: www.GoShopStar.com

Facebook URL: www.facebook.com/DeerParkTownCenter

Twitter URL: www.twitter.com/ShopDeerPark

About Deer Park Town Center

Deer Park Town Center features more than 70 of the most exclusive stores and restaurants in Chicago's northwest suburbs and is an easy drive from surrounding suburbs, downtown Chicago, O'Hare airport or Wisconsin.

About Developers Diversified Realty

Deer Park Town Center is owned by Developers Diversified, which owns and manages approximately 620 retail operating and development properties in 42 states, Brazil, Canada and Puerto Rico. Totaling more than 136 million square feet, the Company's shopping center portfolio features open-air, value-oriented neighborhood and community centers, mixed-use centers and lifestyle centers located in prime markets with stable populations and high-growth potential. Developers Diversified is the largest landlord in Puerto Rico and owns a premier portfolio of regional malls in and around Sao Paulo, Brazil. Developers Diversified is a self-administered and self-managed REIT

Barrington Area Community Foundation 2010 Grant Procedures Workshop

The Barrington Area Community Foundation announces its 2010 grant procedures workshop will be held Thursday, Nov. 4, 4 to 6 p.m. in the Barrington Area Library (Meeting Room B), 505 N. Northwest Highway. All registered nonprofit organizations and charities in the Barrington area, along with the general public, are invited to attend.

"We established the foundation in 1998 to provide local residents with a way, through their donations or bequests, to give back to this community we all love," said Jim Lancaster, president.

"Since its first awards in 2000, foundation grants have totaled \$610,900 to more than 37 local charities. The amount to be granted in 2011 is estimated to exceed \$100,000," according to Alfred St. John, co-chairman of the grants committee.

Grants are made for the benefit of Barrington area residents to nonprofits that are not basically tax-supported. Attending

participants will also be asked to identify needs they foresee in the next three to five years. Procedures will be explained in the Nov. 4 meeting.

The mission of the Barrington Area Community Foundation is to address the unmet needs of the community by asking charities that serve the area to present their grant requests for funds within their individual missions. The foundation will judge and make grants annually from its permanent funds on the basis of a formula that balances local needs and at minimum preserves the corpus of net assets. Funding, not programming, is the basic function of the foundation.

For additional information, contact Alfred O. St. John at 1-847-387-3331 or Andrew Kelleher, co-chairman of the grants committee, at 1-847-852-1128, or by visiting the Web site at www.barringtonareacommunityfoundation.org.

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the company is available on the Internet at www.ddr.com.



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December 4 at 8:00 p.m. • \$35, \$32, \$29

Exclusively sponsored by: McHenry County Living

VOICES IN HARMONY SING-ALONG MESSIAH

December 12 at 4:00 p.m. • \$18 General Admission

Northwest Indiana Symphony Orchestra Holiday Pops

December 10 at 8:00 p.m. • \$46, \$43, \$40

Exclusively sponsored by: Home State Bank

The Nutcracker Ballet Presented by Berkshire Ballet Theatre

December 18 at 3:00 & 7:00 p.m.

December 19 at 3:00 p.m. • \$25, \$22, \$19

Sponsored by: Advocate Good Shepherd Hospital, Georgio's Chicago Pizzeria and Pub, Northwest Herald

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The Lakeside Singers

Get into the spirit of the season on **Saturday, Dec. 4** at 8 p.m. and join us for **The Lakeside Singers Christmas Concert**. This group is composed of 24 Chicago-area professional singers under the direction of well-known conductor Bob Bowker. They'll sing everything from contemporary to classic holiday choral songs. Tickets are \$35, \$32 and \$29.



Northwest Indiana Symphony Orchestra

Then, on **Friday, Dec. 10** at 8 p.m., come out and enjoy our holiday pops

concert presented by the **Northwest Indiana Symphony Orchestra**. A festive combination of contemporary and classic holiday music conducted by "**Chicagoan of the Year**," **Kirk Muspratt**! Tickets are



Voices In Harmony

\$46, \$43 and \$40.

Join us on **Sunday, Dec. 12** at 4 p.m. as the community celebrates the season at **Voices In Harmony's Sing-Along Messiah**. Enjoy Handel's great masterwork presented with a 25-piece orchestra, excellent soloists and projections of beautiful calligraphy. The McHenry County College Chorus will supplement the on-stage choir leading the audience. Tickets are \$18 and are general admission.

Treat yourself to a Christmas delight with **The Nutcracker Ballet**, presented by **Berkshire Ballet Theatre** on **Saturday, Dec. 18** at 3 p.m. and 7 p.m., and **Sunday, Dec. 19** at 3 p.m. Enjoy emotional dancing, lavish costumes, and

Tchaikovsky's unforgettable music as Crystal Lake's very own Berkshire Ballet Theatre partners with professional dancers from around the world. Tickets are \$25, \$22 and \$19.

Ring-in a rockin' New Year at our second annual **New Year's Eve Party** on **Friday, Dec. 31** at 9 p.m. Don't miss this raucous New Year's Eve Party held on stage! There will be live entertainment and dancing to a band that will take you back in time—The Neverly Brothers! The



The Nutcracker Ballet



evening includes hors d'oeuvres and a champagne toast at midnight. Tickets are \$125.

How to Buy Tickets

Tickets can be purchased at the Raue Center Box Office in person at 26 N. Williams St., Crystal Lake, via phone at **1-815-356-9212**, or **online 24/7 at www.rauecenter.org**.

Support Your Community, Support The Arts

Raue Center For The Arts is an integral part of downtown, historic Crystal Lake, Illinois. The downtown area is bursting with tons to do during the holidays—from restaurants to shops to annual Festival of Lights Parade! And there are plenty of parking options for your shopping convenience—be sure to take advantage of all Crystal Lake has to offer! And don't forget to support the arts and make your year-end donation by calling 1-815-356-9010.

The Spirit of Youth

Just who lives at The Garlands? People who dare to dream...even defy gravity. And people who enjoy the journey as much as the destination. People like Mary Jane Nelson, who as a child dreamed of dancing in the sky. At sixteen she got a job, forged her mother's signature for permission and took her first flying lesson. Within a year her loop-da-loops, spins and rolls earned top honors from Amelia Earhart's Ninety-Nines. Not long after she purchased a share of a Stearman bi-plane to further pursue her life-long passion for playing in the clouds.

... takes flight at The Garlands

Now Mary Jane's youthful spirit takes flight at The Garlands, Chicagoland's premier retirement community. "I just love it here," she exclaims. "It is not at all like an old person's home—more like a country club. There are so many interesting people."

LET YOUR SPIRIT SOAR!

Join us for coffee, tours of the new Phase II, conversation and "loop-da-loop" upside down cake.

Date: Wednesday, November 10 • Time: 2 PM

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Stargazers Ball Huge Success for Raue Center

On Sept. 24, 206 distinguished patrons of the arts came together at the Stargazers Ball in support of Raue Center For The Arts. Included among the guests were Mayor of Crystal Lake Aaron Shepley, Mayor of Woodstock Brian Sager and State's Attorney Lou Bianchi. Raue Center's Stargazers Ball, held at the Boulder Ridge Country Club in Lake In The Hills, is an annual event and one of the larger fundraisers of the year, directly benefiting the theatre's arts education and community outreach programs as well as future artistic and programming initiatives.

This year marks Raue Center's 10th anniversary season and it was celebrated at the Stargazers Ball. "This accomplishment lies in the hard work, dedication and talents of the hundreds of truly extraordinary individuals and businesses that have supported us over the years," said board president Matthew Turk, "all of who have invested their time for nothing more than to share their passion for the arts."

Of those that have generously given their time, dedication and services, are the founding board members who were asked to stand and be recognized. The in-kind value of their services most likely totals in the millions of dollars, but the largest contribution they have made to this region is the courage they displayed to move forward



Children from Martin Lopez Academy meet Aaron Shepley, mayor of Crystal Lake, with Raue Center supporter and Stargazers attendee Donna Vestal and Regan Shepley (wife of Aaron Shepley) overlooking.

ward when some said it could never be done. The room exploded in applause as Bill Dwyer, founding board president, gave a champagne toast: "To the future—[may] we always keep this dream alive."

Executive director Richard Kuranda anticipates that the ball contributed more than \$40,000 to the theatre's many programs and events, including Mission Imagination, the theatre's educational outreach program. "Our educational programs are at the heart of our mission and we are thrilled that they continue to be a passion for the community as well," says Kuranda.

BHS Orchesis Dance Company Events

Orchesis presents two main stage performances each school year. This year's performances are scheduled for Nov. 18 through 21st, and April 7 through 9th, 2011. Guest choreographers for the company this year include: former Orchesis members of the Joffrey Ballet of Chicago, Joel Hall Dancers, and Giordano Jazz Dance Chicago. Their annual luncheon with dance fashion show will be held at the Stonegate Conference Center and is scheduled for Sunday, May 1.

In addition to performances and workshops, BHS Orchesis will host a dance invite featuring choreography commissioned by dancers from Giordano Jazz Dance Chicago. The Dance Invite is Saturday, Feb. 5 at 7:30 p.m. and will include 10 student dance companies from the suburbs. In addition, this year's Invite will extend to a matinee performance on Saturday, March 26 at the Harris Theater in downtown Chicago.

Orchesis will also present "Dancin with Stars of BHS," patterned after the popular reality TV show, featuring teacher and

student couples competing for their favorite charities. Two in-school matinees will also be presented: Giordano Jazz Dance Chicago Tuesday, Oct. 5 at 12 p.m., and Joel Hall Dancers, Thursday, Jan. 27, both part of a weeklong residency at BHS.

The company will bring dance to the Barrington Elementary schools with their popular "Shall We Dance" program, in which BHS dancers conduct classes in a variety of dance disciplines for their younger counterparts. Additional dance activities are scheduled throughout the school year, which includes on-site master classes, guest choreographer workshops and attending dance performances and workshops.

The Orchesis Dance Company is sponsored by Julie Salk, Nancy Creswell and Ellen Werksman, Barrington High School (BHS) faculty/staff members.

For more information on Barrington High School's Orchesis Dance Company and their continuing events, please contact Julie Salk at the high school, 1-847-842-3214.

Raue Center graciously thanks the community, board and committee members, past and present, staff, volunteers and sponsors for making 10 years possible. The 2010 sponsors of the Stargazers Ball are Advocate Good Shepherd Hospital, Centegra Health System, Countryside Flower Shop, Eisenmann, Harris Bank, Sage Products, Northwest Herald and Walgreens. Plus a special thanks to: RFP Pho-

tography Inc. and Schaumburg Audi.

Raue Center is a 501(c)(3) nonprofit organization dedicated to enriching the lives of all through the arts. They are proud to provide quality programming to and strive to make it pertinent, available and affordable to all. Raue Center is delighted to welcome you back this year and looks forward to the next years and continuing to "Rock the Raue."

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Poignant Message Hits Home at Fashion Show for Inverness Pregnancy Counseling Center



Inverness police officers, with Chief of Police Bob Haas (fourth from left), get ready to walk the runway for York Furrier, purveyor of exceptional furs and fine outerwear since 1931. York Furrier is located in the Elmhurst City Centre and in the Deer Park Town Center.

Nearly 200 guests gathered on Oct. 7 at the Cotillion in Palatine for an exciting evening of cocktails, auction, prizes and a French-inspired fashion show—all to benefit Society for the Preservation of Human Dignity (PHD). A jewelry trunk show put on by PHD Resale Boutique rounded out the variety of items available for guests to peruse.

Funds raised at the event help support PHD's general operations. "PHD has grown so much over the past 39 years," says Executive Director Catherine Vincus. "This past year has been particularly significant

for us as we moved into a larger home to accommodate the growing need for more space." PHD, now located at 1610 Colonial Parkway in Inverness, provides professional counseling for women who are pregnant or parenting children under the age of 3 and her family.

In addition to the runway show, Emmy, a former client of PHD, took the podium to talk about her experience as a young pregnant woman, unsure of how she would tell her parents and what she was going to do with her baby. After coming to PHD and working with a professional

CFC Presents "Meet Your Local Raptors"

On Saturday, Nov. 6, 1 to 3 p.m., Citizens for Conservation (CFC) will present "Meet Your Local Raptors" at The Barrington Hills Riding Center, 361 Bateman Road, Barrington Countryside Park District. Flint Creek Wildlife Rehabilitation will bring live birds and teach attendees about local raptors. Children will make holiday nature gifts.

Friends of Spring Creek and Barrington Countryside Park District are co-sponsoring this class.

Classes are open to children age 4 and

up. Caregivers are required to attend.

The cost of this class is \$5 per child. Families with multiple children pay full price for the first child and \$1 for each additional child. Caregivers are free. Please make checks payable to Citizens for Conservation.

Seating is limited, so please register early. Complete registration forms are due one week prior to each class and can be found at www.citizensforconservation.org.

Please call CFC at 847-382-7283 with any questions.



counselor she chose to place her son Jonah up for adoption. Jonah's adoptive parents, along with Emmy's family, watched from the audience as Emmy spoke about the emotional experience.

"If it hadn't been for PHD and my counselor doing everything they have done, I would not be where I am today," said Emmy as she described how PHD helped her to move from an abusive relationship. Today, Emmy is attending school to fulfill her dream of being a teacher.

"Emmy's story brought to light the work that we do each and every day with women in our communities," says Vincus. "From postpartum depression counseling to grief and loss counseling to helping a young woman work through the tough decision to place for adoption, PHD is here every

step of the way."

Founded over 39 years ago, PHD offers comprehensive counseling, case management, education and baby closet services to women who find themselves pregnant or parenting a child age 3 or younger. Counseling programs include pregnancy and decision-making, pregnancy planning, grief and loss counseling, post adoption and post abortion counseling. Prevention services include programs for teens, elementary students and parents which address issues of healthy sexual relationships and character development. All counseling services are offered free of charge. Visit PHD on Facebook. For more information about upcoming events, contact Liz Noe at liznoe01@aol.com or 1-847-359-4967 ext. 19.

Happenings!

in the area

New Decades Dance Supports Pediatric Care



Pictured are (from left, sitting) Denise Newel, Daphne Monroy, Sandy Brottman, (standing) Ann McSorley, Nancy Sturtevant, Arlene Wrona, Patricia Moughan, Barrie Swanson, Mindy Hogan, Catherine Howes, Lynda Bollman and Catherine Bouley.

Music from the Beatles to the Bangles and everything in between will fill the air as Hospice & Palliative Care of Northeastern Illinois (HPNI) celebrates the music of three decades of the hospice movement while raising funds for pediatric hospice care.

Its new "Dancing Through the Decades" dinner, dance and donate event will be held Saturday, Nov. 13 at D'Andrea Banquets in Crystal Lake. While highlighting the recording hits of the '60s, '70s and '80s, this new special event will give guests the opportunity to enjoy dinner and dancing as they support a new dimension of the nonprofit agency's pediatric hospice and palliative care program.

Proceeds from the event will support the addition of a Child Life Specialist to the team, who will work with pediatric patients and their siblings to promote effective coping through play therapy and self-expression activities. Proceeds will also help support the agency's "Camp

Courage" grief support camp for children.

Dinner includes a choice of chicken, beef or vegetarian plate, salads and dessert. An open bar is included.

A silent auction with a variety of items will be featured as well.

Tickets to this event are \$75 per person or a table of 10 for \$675 and can be obtained by contacting Michelle Sacchitello in the special events department at HPNI at MSacchitello@hospiceanswers.org or 1-224-770-2415.

HPNI is a not-for-profit organization serving families throughout McHenry, Lake, Northwest Cook, Kane, Boone and DuPage counties. Celebrating its 28th year of service, the agency provides comprehensive end-of-life care to nearly 1,400 patient families each year, and grief support to nearly 6,000 clients. HPNI is Medicare certified and accredited by the Joint Commission.

For more information, visit its web site at www.HospiceAnswers.org.

Chess for Charity



Local chess students at the St. Matthew's Chess Tournament.

St. Matthew's Chess Tournament, held on Sept. 11 at St. Matthew Lutheran Church,

was a big success, with around 90 players participating and many parents and

Golfers Hit the Links for Catholic Charities' Northwest Senior Services

Catholic Charities' Northwest Senior Services (CCNWSS) Regional Office heartily welcomed golfers and sponsors to its inaugural golf outing on Sept. 22 at the Schaumburg Golf Club, known for its challenging links-style golf. This successful event will greatly support CCNWSS programs.

Some of the unique prizes which were won included four individual chances to play a round of golf with former Cub's Catcher Randy Hundley at the prestigious Lake Barrington Shores Golf Club including a mini-lesson from a Lake Barrington Shores Golf Club Professional.

CCNWSS gratefully acknowledges the generosity of the event sponsors: The Duchossois Family Foundation, Northwest Community Hospital, Ultra Home Health Care, Motor Werks of Barrington, Affinity Marketing, Alexian Brothers Hospital Network, Allied Air Conditioning & Heating of Palatine, The Garlands of Barrington, Mary and Tom Insprucker, Maryville-Scott Nolan Center, and Patty O'Brien.

CCNWSS' mission is based on the foundation of individual dignity and worth, quality of life, self-determination and personal choice. Supportive services, like Meals on Wheels, advocacy, and home-making/chore assistance, are provided to help seniors maintain their independence and prevent premature nursing home placement. Social, educational and volunteer activities at the CCNWSS add to seniors' quality of life.

With the current increased sensitivity for veterans, Romeo Mura, Catholic Charities advisory board member and chair person for this inaugural golf event, along with co-chairs Jim Thompson of Lake Barrington and Norm Malcolm of Palatine, researched the percentage of the seniors

who are veterans living in the USA.

"Per the U.S. Census Bureau, the USA senior population (60 years or older) living in the USA is 52.5 million. From WWII to the Vietnam War, there are 19.2 million men and woman of the 52.5 million who have been in the armed services. Thus, at least 33 percent of our seniors served in our military from WWII to the Vietnam War. Catholic Charities does not keep this type of data on the seniors we serve in our Senior Services Program, but I feel many of the seniors we serve are men and woman who are veterans, their spouses, widows or widowers and who also served during peace times," said Romeo Mura.

For more information about CCNWSS, please visit catholiccharities.net/ccnw.



Pictured (from left, seated) are Sally Chung of Schaumburg, Diana Moser of Barrington Hills, (standing) event co-chair Jim Thompson of Lake Barrington, Jae Suh of Wilmette, event chair Romeo Mura of Lake Barrington, and George Moser of Barrington Hills. Photo courtesy of Marietta Winchester.



Pictured (from left) are committee member Bill Davies of Cary, co-chair Norm Malcolm of Palatine and his son Marty Malcolm of Algonquin, and Ray Heitner of Lemont. Photo courtesy of Marietta Winchester.

grandparents joining as spectators. Four hundred dollars was donated from a portion of the proceeds of the tournament and \$330 was raised from food sales bringing the total to \$730, which was donated to a local charity. There were over 25 volunteers who generously donated their time and talents to make this possible.

The chess community joined thousands of volunteers around the nation as they served to honor the lives of individuals

who died in the Sept. 11 bombing at the World Trade Center.

Joan and Henry Eickelberg run St. Matthew's Chess Club. Their dedication has already produced national winners among their chess students.

The students at the tournament were delighted to have 9-year-old Robert Said and his father Marwan Said visit in order to plan a chess club for his own school in Amman, Jordan.

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South Barrington Garden Club's Holiday Luncheon & Program

The South Barrington Garden Club's (SBGC) annual "Holiday Luncheon and Program" will be held on Thursday, Dec. 9 from 10 a.m. to 3 p.m. at The Seville Banquet Center in Streamwood. There will be door prizes, a silent auction, prize baskets and a floral demonstration featuring Glen Egeland of Barrington Flower Shop.

The cost is \$37.50 per person with a food choice of beef, chicken or fish. Registration is limited and closes on Nov. 21.

Proceeds from this event will help fund many endeavors for the SBGC including educational scholarships, community plantings and beautification projects.

Meetings for the South Barrington Garden Club are held or originate at the South Barrington Park District, 3 Tennis Club Lane, at 9 a.m. on the first Thursday morning of the month all year round. The club is open to all residents and nonresidents who wish to be a part of a wonderful organization. Programs consist of speakers, hands-on projects and bus trips to points of interest in the area, and more. The membership fee is \$25 for South Barrington residents and \$35 for nonresidents.

For more information or reservations to the Holiday Luncheon, contact Anita at 1-847-277-7151 or sbgc1@yahoo.com.

Four Seasons Garden Club Subject: Landscape Transformation

The Four Seasons Garden Club's November meeting will feature an informative and interesting presentation by Matthew Culligan. He will present a program entitled "Landscape Transformations: Amazing Before and After Landscape." The meeting will be held on Tuesday, Nov. 2 at 9:30 a.m. at the Barrington Area Library.

Via a PowerPoint presentation, Culligan will illustrate how old tired landscaping can be transformed into updated gems. A range of homes are documented, from Turn-of-the-Century Victorians to 1950s ranch-style homes to modern-day homes.

Culligan is a registered landscape archi-

tect and is the owner and founder of Rolling Landscapes Inc., a landscape firm in Lamont established in 1987.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of each month, August through June. The meetings are typically held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests.

For more information, contact Alana at alenagust@comcast.net or 1-847-438-3981.

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Remember their delicious specials: **Friday Fish Fry** and **Sunday Roast Pork!**

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Enjoy their house specialties such as wiener schnitzel, rouladen of beef, sauerbraten, and pork schnitzel. **Fritzl's** continental favorites include veal medallions, roast duck, tilapia filet, sauteed shrimp, shrimp de jonghe, and chicken piquant. Sizzling steaks and fresh seafood round out the menu.

Reviewed and recommended by Zagat Survey.

Visit **www.fritzl.com** for more information.



Celebrating Our 18th Anniversary!

Barrington Community Child Care

Center is located at 560 Carl Ave. in Barrington. We have many activities to keep young minds busy! The program focuses on the whole child, with all areas of development included during the day's activities. Along with our qualified and experienced staff, theme-oriented lesson plans are designed to introduce a variety of concepts and challenge every child's ability. Language, math, reading, science, writing skills, and fine and gross motor activities are implemented in each age group. Social skills are also an important component of each day. Functioning in a group is essential for future experiences. Our well-rounded program will provide your child with a strong foundation for future learning and a positive first-school experience.

Among the conveniences that we offer to our busy parents are scheduled haircuts, done by a licensed stylist, and two weekly gymnastics programs taught by a certified instructor. All children participate in our biweekly "Stretch n Grow" program, a nutrition and exercise class. On Fridays, the "Jungle Bus" is offered as an

additional activity.

Check us out online! You can see what we are up to on **Facebook** at Barrington Community Child Care Center and at **www.barringtonchildcarecent.shutterfly.com**. We are so excited to be able to show off!

We offer full-day child care for children ages 6 weeks to 11 years. All age groups offer flexible scheduling and a morning preschool program. Our hours of operation are 7 a.m. to 6 p.m., Monday through Friday. Our facility has large, child-friendly classrooms, but offers a homelike atmosphere. A catered hot lunch and two snacks are offered each day. Special activities and field trips are scheduled so that all ages may participate.

During the school year, we offer before/after care, with bus service, for children attending Roslyn Road School.

For enrollment information or to schedule a tour, contact Terri Blanke, director, at **1-847-381-0272**.

BRING IN OUR AD FOR \$75 OFF THE ENROLLMENT FEE!

✓ **BRING IN THIS AD FOR \$75 OFF ENROLLMENT FEE**

Barrington Community Child Care Center

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- Enrichment Programs Offered
- Stimulating, Individualized Learning
- Programs for Children Ages 6 Weeks to 11 Years

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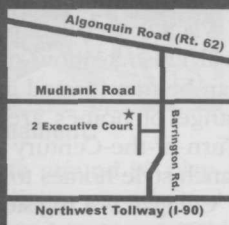
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CWU Celebrates World Community Day

Church Women United (CWU) of the Barrington Area will celebrate World Community Day on Friday, Nov. 5 at St. Paul United Church of Church, 401 E. Main St., Barrington, beginning at 10:45 a.m. World Community Day is an occasion for Christian women to pray and work for lasting peace.

This year's celebration of World Community Day honors the challenge left to all people by Dr. Martin Luther King Jr. Dr. King believed that economic justice can—indeed must—be earned by nonviolent means. His pragmatic guidance, intended to be a way to solve serious conflicts, is as relevant today as it was in his time. This celebration will consider what Dr. King's vision asks of us in our communities as well as in our larger society. The guest speaker is Ruth Fairchild from Lutheran Social Services of Illinois' Prisoner and Family Ministry in Rockford. One of Fairchild's projects, a collaboration with a Rockford school, provides support to students whose parents are incarcerated and trains educators about behavioral and learning issues related to a child having an incarcerated parent.

CWU of the Barrington Area invites attendees to bring adult-sized backpacks



Ruth Fairchild will speak at World Community Day Friday, Nov. 5.

(no children's sizes or "character" backpacks) and/or men's large and extra large-size winter (long) underwear to be given to Journeys: from PADS to Hope, in Palatine, which serves homeless or at risk of being homeless in northwest suburban Cook County.

Free trade and handcrafted items from Gifts of the World, a nonprofit shop in Schaumburg, will be able available for purchase.

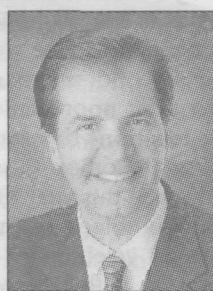
There will also be an agape luncheon after the service; attendees are asked to bring a sandwich and piece of fruit to share. For information, call 1-847-540-5634.

Have a Smile for Christmas

by James T. Gavrilos, DDS

Never before has the importance of a wonderful smile been so great. For a young person entering the business world, a great smile is almost a prerequisite for success. For the divorced person starting a new life, an improved smile can give a tremendous boost to the ego. For Mom, an improved smile would be a well-deserved personal reward. An improved, whiter smile can be a fountain of youth for a retiree.

Your dentist can help with that smile in a number of ways. Whitening teeth is now a common and relatively foolproof technique. Whitening works well on most natural teeth, but remember it will not lighten existing fillings or crowns. Bonding techniques may be used to close spaces, build teeth out and cover irregularities in shape and color.



More extensive changes in your smile can be made with orthodontics, crowns, veneers or even plastic surgery. If you would like a better smile, give yourself a Christmas present and see your dentist to get the gift of a lifetime.

You can purchase gift certificates for whitening at our office. Call us at **1-847-381-4040** or visit us online at **www.barringtondentist.com**.

Field and Flower Garden Club Plans for Holidays

Autumn is not quite past, but Field and Flower Garden Club members are planning ahead for holiday celebrations and thinking about beautifying their homes for the holidays. On Tuesday, Nov. 2, Glen Egeland will present "Flower Arrangements for the Holidays." The meeting will be at the Barrington Area Library at 7 p.m.

Egeland owns Barrington Flower Shop, one of the most creative and eclectic flower shops in Barrington. His well-known flair for edgy floral designs is a testament to his tenure of over 40 years in the floral industry.

Field and Flower Garden Club has been

a part of the greater Barrington Area for over 51 years. Its membership includes novice gardeners as well as those very knowledgeable in growing, landscaping and design. Meetings are typically held on the first Wednesday of each month in private homes or at the Barrington Area Library and include a program, a short business meeting and time to ask gardening questions. Guests are always welcome.

Field and Flower is a member of the Council of Barrington Garden Clubs, Garden Clubs of Illinois Inc. and National Garden Clubs Inc.

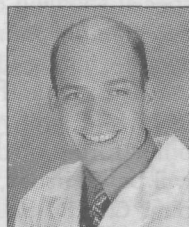
Questions? Call 1-847-462-1963.

Check in on Your Feet During Diabetes Awareness Month

November is Diabetes Awareness Month. Diabetes Mellitus is a chronic disease that affects the lives of nearly 24 million people in the United States, 6 million of whom are unaware that they even have the disease. The disease is marked by the inability to manufacture or properly use insulin which impairs the body's ability to convert sugars, starches, and other foods into energy. The long-term effects of elevated blood sugars are damage to the eyes, heart, feet, kidneys and nerves. As a Podiatric Physician, I play an integral part in many diabetes treatment teams.

About 60 to 70 percent of people with diabetes have some form of neuropathy. Neuropathy is a nerve condition caused by elevated sugar levels that effects people in different ways. Some people have no pain, while others have painful numbness and tingling. The longer a person has diabetes, the greater the chance that they will develop some form of neuropathy. The chance for neuropathy to develop also increases for diabetics that are overweight or have uncontrolled high blood sugars. Neuropathy in the feet can lead to loss of feeling to the point that minor injuries go undetected and can lead to severe problems and eventually amputation. A simple biopsy of the nerve can confirm a diagnosis of neuropathy.

Starting a treatment plan with a diabetic



Dr. James Baird

vitamin can help reduce the effects of neuropathy and avoid the need for expensive prescription medications in the future. Currently my patients are having success with a vitamin that helps increase the blood flow to the small nerves of the feet.

Here are a few foot care tips for those living with diabetes:

- Wash feet daily and pay extra attention to drying well between the toes.
- Apply a moisturizing cream to the feet daily.
- Inspect your feet for any cuts, bruises, sores or changes to your toenails.
- Stop smoking to prevent further circulation damage.
- Make sure your shoes are properly fitted each and every time you buy shoes.
- Avoid going barefoot, even at home.
- Have your feet inspected yearly by a Podiatrist.
- Discuss diabetic shoe program eligibility with your podiatrist, if you are on Medicare.

If you are experiencing any foot or ankle pains, call **1-847-381-5011** to schedule an appointment with **Dr. James Baird**.

Getting a New Smile?



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What We Want for the Holidays

Here at **The Eye Works**, we are working as hard as elves to spread holiday cheer.

Dr. Gebert and **Dr. Prate** always make sure to plan a wonderful party for the staff to show their appreciation. In our Lake Zurich location, the staff there is busy decorating the office. Cassandra will be topping the tree this year. But will she make her famous black bean brownies for the Christmas celebration? Denise is trying to keep up with her two-year-old daughter. Will she have time for trimming the tree if Riley is tangled in the tinsel? Hanukkah at Kimmie's house is a fun-filled event. Will she be at home or on a beach some where tropical? Over in the Barrington office, Dina's poinsettias from last holiday season are still thriving. The plants will start to change colors soon. Kira will be baking and cooking Russian delights for her children and grandchildren. Can you smell the delicious aroma?

We are busy making the holidays special for our families and for yours. We know parents will bring in their college-age children for more contacts and spe-



Dr. Ralph J. Gebert Dr. Anthony Prate

cial holiday splurges. And of course we always have an after-Thanksgiving parade of broken glasses from the weekend family football game. Don't worry. No matter what your needs are this holiday season, we will take care of it.

The Eye Works has two locations: Barrington and Lake Zurich. Whether you need an annual examination or you woke up with an eye irritation, call the office in Lake Zurich at **1-847-540-1144**, or Barrington at **1-847-381-0391**. We want you to have a wonderful holiday season. Let us know how we can help.

BACOA Support and Education Groups

The Barrington Area Council on Aging (BACOA) has announced its support and education groups for November.

Caregiver Support—Tom Pizur will speak about the Aid and Attendance Program that provides benefits to veterans and their spouses. The group will meet Wednesday, Nov. 3 from 7 to 9 p.m. at the BACOA office, 6000 Garlands Lane, Suite 100, Barrington.

Alzheimer's Association Support Group—The November meeting will feature a special showing of the documentary film *I Remember Better When I Paint*. This award-winning film explores the positive impact of art and other creative therapies in people with Alzheimer's disease and other forms of dementia. The showing will be Thursday, Nov. 11 from 3 to 4:30 p.m. Call Bonnie at 1-847-852-3890 for registration and location information.

Parkinson's Education and Support—Neurologist Andrew Gordon, M.D., will

discuss treatment options and medications available for people with Parkinson's. The group will meet Saturday, Nov. 13 from 10 to 11:30 a.m. in the Performing Arts Center at The Garlands of Barrington, 1000 Garlands Lane, Barrington. This meeting will be two weeks earlier than the normal meeting date, due to the Thanksgiving holiday.

Low Vision Education and Support—The group will have a field trip to see *In the Mood: A Salute to Veteran's Day* at the Metropolis Performing Arts Center in Arlington Heights. For more information, call Diane Vos Hansen at BACOA at 1-847-852-3898. The group is open to all ages and offers monthly informational meetings as well as resources and local educational trips to people with low vision.

For more information on any of the groups, please call BACOA at 1-847-381-5030 or visit BACOA's Web site at www.bacoa.org.

Restore. Repair. Replace. Keep Smiling!

Over time, teeth can wear down, become decayed, and even fall out. While regular dental care can help prevent most of these problems, sometimes they are inevitable. The good news is that **Dr. Dan Follmer** and **Northwest Dental Health & Aesthetics** provides a variety of options to restore your teeth to health, strength and function.

Composite Fillings and Porcelain Inlays: Dr. Follmer practices metal-free dentistry. To restore a tooth with a cavity, he places tooth-colored composite fillings or ceramic inlays that not only look natural but also are stronger than metal (silver) amalgams.

Crowns: Do you have a broken tooth or have you had root canal therapy? A crown, also called a cap, is the solution. A crown is a custom-made restoration that repairs and strengthens the damaged tooth, returning it to form and function.

Dental Bridges: A dental bridge is a custom-made false tooth or teeth placed permanently between two healthy teeth. The bridge fills in the area left by the missing tooth or teeth. A bridge can replace one or several teeth, reduces the risk of gum disease, helps correct some bite problems and helps improve speech.

Dentures: A denture is a removable appliance that replaces missing teeth and adjacent tissues. Made of resin and porcelain, complete dentures are used to replace all the teeth. When some healthy teeth remain, a partial denture can be used. Full and partial dentures improve chewing ability and speech, support facial muscles and enhance appearance.

Take care of the problem now and keep your smile healthy and comfortable. Call **Northwest Dental Health & Aesthetics** at **1-847-526-2831**. For more information, visit www.northwestdentalhealth.com.

Get Your Home or Business Ready for the Holidays—Call Barrington Fix-It Shoppe

Barrington Fix-It Shoppe, Inc. was started in 1989. It has been in operation ever since, serving Barrington and its surrounding communities for 20 years. We have been a member of the Barrington Area Chamber for 13 years.

We specialize in those handyman projects that you don't have time for. Make a list for our professionals and then relax and let us take care of the projects at hand. We work by the job, not the hour.

We are fully insured, reliable and on time. We care about our work and take pride in helping you. References are available upon request. Please visit our web site—www.BarringtonFixIt.com—for a complete list of how we can help you.

Whether you have a young family and

are busy raising kids, working full time, or are retired, we can help you get those projects done around the home. Make a list, give us a call, and we can go over the list with you. Estimates are free.

Some of the work that we do best is: drywall repair, the installation of doors of any kind, including storm doors, patio doors, interior doors, and exterior doors. We replace windows and install or replace fans, outlets, disposals, faucets and much more. One call does it all—**1-847-382-7929**.

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Tame the Clutter in Time for the Holidays

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This is the time to really get serious about simplifying your life. At **Closet Masters**, we find that when you organize your everyday surroundings, it removes part of your stress by reducing the confusion and time it takes to find the items you need... that nice skirt, an unwrinkled shirt, the black shoes that match your outfit, that special spice in your loaded pantry. How about a nice home-office, a wall bed for that occasional guest. A compact, organized garage!

Since 1994, we at **Closet Masters** have been committed to creating, imaginative yet practical **ORG**anizing solutions. Our



expanding line of products is designed with you in mind and offers flexibility for your ever-changing needs.

Call for a **free in-home estimate** at **1-847-669-7015** and let the joy begin!

Install a Security System to Earn an Insurance Discount by Pete Panagakis, President Advanced Security Technologies, Inc. (AST)

Residential alarm systems help secure your way of life, but did you know that installing one can lower the cost of homeowner's insurance?

Just by informing an insurance company that certain security measures are in place can save homeowners money. Insurers routinely give homes equipped with a burglar and fire alarm system (and monitored by a third-party company) up to a 20 percent discount.

Let's say an installed security and fire detection system plus a year of monitoring costs \$600. Homeowners insurance on this particular home is \$800. Since the insurance company gives a routine discount of 20% for an installed and monitored system, the insurance savings will be \$160 in year one. That means the first year cost for the security system is really just \$440. In year two, the savings really add

up. The insurance discount stays at \$160. Security system monitoring for a year is about \$360. Subtract the insurance discount and security system monitoring is \$200. That's just a little more than 50¢ a day to protect your family.

While a security system may benefit you financially through insurance discounts, it can also provide the peace of mind you need to know that your home is properly defended against burglary, fire or other threats.

Locally-owned and operated, **AST** provides security and fire detection services, including the latest in equipment advances and around-the-clock monitoring, for homeowners and small businesses throughout the Northwest Suburbs. **AST** is personally in touch with securing your way of life. To learn more, call **1-847-540-9166** or visit www.astprotectsyou.com.

Green Thumbs of Barrington Garden Club

As we move into the holiday season, members of the Green Thumbs Club will gather at the Barrington Area Library on Monday, Nov. 15, 12:30 p.m., for an inspiring slide lecture on Colonial Williamsburg, a magical place during the holidays.

Guest speaker Nancy McCully will show

how easy it is to add Williamsburg fruit and greenery arrangements to our home decorations. These arrangements will enhance our usual holiday look in a very classical way.

Visitors are welcome. Please call Vicki at 1-847-526-5998 for further information.

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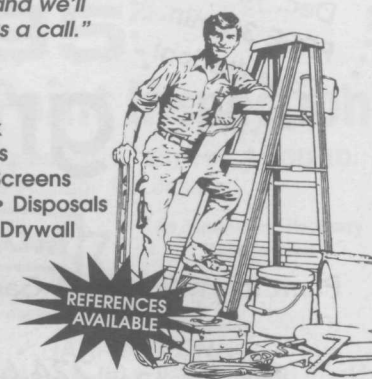
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By agent/owner—See www.barringtonhouse4sale.com

BACOA Young-Onset Dementia Group

The Barrington Area Council on Aging's (BACOA) Young Onset Dementia Support and Education Group will meet Wednesday, Nov. 17.

The program is open to people who were diagnosed with dementia before the age of 65 and are in the early stages of memory loss/dementia. The group is for people who are experiencing dementia and for their family members or partners who are interested in attending a support

and education group.

The group meets once a month from 7 to 9 p.m. and discusses pertinent topics, including an overview of early-stage memory loss, medical information, legal and financial planning, loss of employment, social and family relationships, driving and other considerations.

There is no charge for this program.

Call Bonnie at 1-847-852-3890 for more information or to register.

St. Anne Women's Club Christmas Party at The Garlands

The St. Anne Women's Club will hold its annual Christmas Party at The Garlands of Barrington, 1000 Garlands Lane, on Tuesday, Dec. 14 starting at 7 p.m. The event will feature a Christmas boutique, with the following Barrington-area shops participating: Savvy Spirit, Peter Daniels, Barrington Home Shoppe, and Brilliant

Sky Toys and Books. The night will also feature a staged fashion show with piano accompaniment, and a dinner buffet.

The cost for the event is \$25 for members and \$30 for nonmembers.

If you would like to attend or have questions, please contact Sylvia Anderson at 1-847-516-1924.

Women's Club of Inverness Presents "Winterscapes"

The Women's Club of Inverness 2010 Holiday Fair, "Winterscapes," will be held Tuesday, Nov. 2 at Concorde Banquets in Kildeer from 9 a.m. to 3 p.m. The fair offers unique and select wares from over 60 vendors and artisans, and is open to the public free of charge. This is a great opportunity to purchase all of your holiday gifts.

The holiday fair also includes a luncheon, silent auction, and gorgeous prize baskets. Tickets for the luncheon are \$40.

Come enjoy a wonderful day while supporting the philanthropic efforts of the Women's Club of Inverness.

Reservations for the luncheon can be made by e-mailing karenkallman@aol.com or calling 1-847-397-8955.

EVERY GREEN PLANT—Which Bulbs and Their Blooms are Animal-Resistant?

There are dozens of varieties of daffodils, grape hyacinths and alliums that are resistant to squirrels and other diggers now, and deer-resistant when they bloom in the spring. (Unlike tulips, for example, which require special protection.) Even better, these will multiply in future years if foliage is left to nourish the bulb after flowering. There is still time to plant bulbs into November and bring spring 2011 closer. Try "Tete-a-tete," a small yellow daffodil that is among the earliest to bloom. Plant bulbs in areas where ripening foliage will be covered with perennials after blooming.

Would you like help adding bulbs to your gardens? Thinking about decorating

your gardens/entryways/property for the upcoming holidays? Call **Every Green Plant**. We provide customized, on-site advice and services for all of your gardening needs. We will partner with you to achieve a beautiful and productive result without "breaking the bank." We work with nature lovers of all levels of experience and interest, from beginners to semipro.

Your first 30-minute consultation in the Barrington area, if booked between now and Dec. 15, is free. Call 1-224-688-8838 and ask for Alison or e-mail aahoffman@everygreenplant.com.

Achieve your growing goals with Every Green Plant.

Tower Lakes Hillside Waterfront Home

The Village of Tower Lakes, 39 miles from Chicago's loop, is one of the little-known jewels of the northwest Chicago suburbs. The Village is centered around two scenic private lakes, totaling over 85 acres. The lakes and heavily wooded rolling hills continue to attract recreation-oriented and nature-loving residents.

The Village has just over 430 single-family homes and no commercial business buildings. It is within the award-winning Barrington School district. Student test scores regularly rank near the top nationally and over 90 percent of the graduating seniors go on to attend college. The Village of Tower Lakes shares the post office and 60010 ZIP code with Barrington. Frequent commuter rail service to downtown

Chicago is available from Barrington, 10 minutes south.

Mortgages are at an all time low, hence it is an opportune time to move to this community where you can vacation year-round. For example, with good credit, a 15-year FHA loan would have an interest rate around 3.5 percent with a 10 percent down payment and no mortgage insurance beyond a 1 percent prepaid fee (the seller would be willing to pay this fee). All terms and rates are subject to change without notice.

Visit www.barringtonhouse4sale.com to obtain more information, layout drawings and lots of pictures of this hillside walk beauty.

Chicago Master Singers Announces New Season and New Singers

The 2010-2011 season of Chicago Master Singers (CMS) is about to begin. Auditions for the season have concluded with the addition of 16 talented new singers and rehearsals are in progress under the baton of CMS Music Director Alan Heatherington.

The first concert of the new season, on Nov. 5 and 7th, will be a performance of the Schumann Requiem and the Bruckner Mass No. 3 in F minor, with guest soloists and the Ars Viva Symphony Orchestra. The annual Christmas concert with the Ars Viva String Orchestra will be on Dec. 10 and 12th. The spring concert on April 15 and 17th, 2011, will feature cantatas by J.S. Bach, Mozart's Vespers, and two coronation anthems by Handel.

All of the concerts in the regular season will be held at Divine Word Chapel, beginning at 7:30 p.m. on Fridays and at 7 p.m. on Sundays. Divine Word Chapel is located at 2001 Waukegan Road, just north of Willow Road, in Techny, Ill. (between Northbrook and Glenview).

In addition to the regular season, the chorus will sing with the Lake Forest Symphony and guest soloists in a performance of Mendelssohn's Symphony No. 2 (Lobgesang, "Hymn of Praise") on May 20 and 21st, 2011, at the James Lumber Auditorium at the College of Lake County in Grayslake.

Prices for the three-concert season subscription run from \$49 (students) to \$130

(preferred seating). Season subscriptions are now available at a 10 percent discount and include a gift certificate for one additional free ticket to a fall or spring concert during the current season. Subscribers also enjoy exchange/return privileges and reduced service fees.

Tickets for all Chicago Master Singers performances, both subscriptions and single tickets, can be purchased online at www.chicagomastersingers.org or by calling toll-free 1-800-595-4849. Advance reservations are recommended.

Following a competitive audition process in August, 16 new singers joined CMS this season, including Elizabeth Ford Baldner, Algonquin; Lyn Messermer, Barrington; Marie Beckman and Mindy Williams, Chicago; Donald White, Evanston; David Hartley, Lake in the Hills; Mick Garrison, Libertyville; Molly Anderson, Morton Grove; Albert Suk, Mount Prospect; Tristan Blus, North Barrington; Ben Leaf, Palatine; Douglas Bible, Schaumburg; M. Labar and Jennifer Lunz, Wilmette; and Eve St. Marie, Wooddale.

CMS is a 130-voice auditioned chorus with singers from Chicago and suburban communities. CMS has delighted audiences in the Chicago area and on tour in Europe with performances of the great choral masterworks in collaboration with professional soloists and orchestras since 1979.

From a Woman's Point of View

by Amy Wickstrom, Wickstrom Auto Group

Over Columbus Day weekend this year, our family took a trip to my parent's farm in Indiana with our friends Jenn and Gerry Wondrasek and their two kids, Tommy and Paige, to experience harvest from a farmer's point of view. Actually, getting the Wondraseks to go with us wasn't a tough sell; our kids had been telling Tommy and Paige all these great stories about the fun and crazy things that happen at the farm for years. They probably decided to come along if for no other reason than to see if any of the stories could possibly be true. After the combine rides, sawmill cookout, bottle-feeding of calves and the discovery of a mummified cat in the barn, I'm fairly certain that no farm story is beyond belief anymore.

One of my favorite stories from about 10 years ago involves a combine, an almost-new leased Ford Ranger and my brother Brad. I got a call from Brad, and in a small voice he asked "I backed over the Ranger with a combine, and I'm pretty sure it's totaled. Who should I call?" After asking if anyone was in the Ranger at the time of the incident, I gave him Ford Credit's number and then got the details. He was really trying to get the semi loaded with corn so my dad could get it into the elevator before it closed, so he was in a hurry. He was going fast enough that



when he hit the Ranger, the combine went over the top of it and rolled the truck over, blowing out all the windows and smashing every body panel. When I asked in disbelief how he could actually back over something like that without stopping, he replied, "Amy, driving a combine is like driving a 2-story house. They don't make side mirrors big enough for a house, and they don't stop on a dime, either!"

On our Columbus Day trip to the farm, everyone, including the kids, got to drive a combine, and there were no casualties to report. Okay, I didn't drive the combine, but I'm not allowed to drive any of the equipment. I had a few incidents growing up that preclude me from operating heavy equipment, but those are stories for another article...

Until next month,

—Amy

Lakeshore Ski and Sports Club's November Meeting

Lakeshore Ski and Sports Club (LSSC) will hold its November meeting at 7 p.m. on Wednesday, Nov. 17 at Goose Island Brew Pub, 1800 N. Clybourn, in Chicago.

All who are interested are cordially invited to join LSSC members and learn about the ski trips which are planned for

the winter as well as our many other activities. It is also an opportunity to learn about the advantages of becoming a LSSC member.

For further information, call 1-708-786-3992 or e-mail lakeshoreskiandsportsclub@yahoo.com.

Second Saturday Poetry Workshop Sound Made Strange: Framing and Inventing Language

The Northwest Cultural Council announces a Second Saturday Poetry Workshop to be held Saturday, Nov. 13 from 9 a.m. to noon, led by Denise Dooley. Saturday's topic will be *Sound Made Strange: Framing and Inventing Language*. Contemporary poets experimenting with meter, rhyme and running lists find such structures can lead to exciting leaps in thought. Strict forms bring the "astounding" qualities of words to the surface, allowing the language of a poem to take even the poet by surprise. In this workshop, you will examine contemporary variations on poetic form, including work by Tom Raworth, Charles Bernstein and Simon Jarvis. You will also explore the pleasures and challenges of their methods through a series of writing exercises. Bring copies of poems to share on any topic and a rough draft or idea for a poem to revise during the workshop.

Denise Dooley lives in Rogers Park, Chicago. She holds a master's degree in philosophy from Cambridge University, U.K., and reads and writes with the Next Objectivists Workshop at Mess Hall. Her writing has appeared in *Shampoo*, *Court Green*, *Wicked Alice*, *New Hand Sweep-*



Poet Denise Dooley

stakes and elsewhere. Her chapbook *Drumtops* is forthcoming from Con/Crescent Press.

Participants are encouraged to bring 12 copies of their own work to share with the group. Workshops take place the second Saturday of each month at the Palatine Public Library, 700 N. North Court, Palatine, IL 60067. All poets and writers are invited to attend the workshop. The cost is \$15. Please RSVP by phone or e-mail.

For more information, please e-mail nwcc@northwestculturalcouncil.org or call 1-847-382-6922.

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St. Anne School Celebrates Family with Annual Grandparent's Day

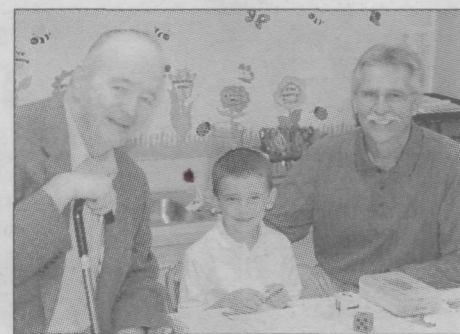
On Sept. 10, St. Anne's School in Barrington, held its annual Grandparent's Day. "It's always a great day and wonderful to see the generations come together," said Anne Tyndorf, Grandparent's Day co-chair, "I don't know who is more excited, the students or the grandparents."

Grandparent's Day has been a tradition at St. Anne School for 10 years. Sister Ann started the idea when she became principal. "This is everyone's favorite day of the year. The joy on the children's faces when their grandparents come into their classroom is amazing," said Sister Ann.

This year, over 300 grandparents attended, coming from 11 different states. "It is really amazing how this event has grown in popularity over the years," said Anne Tyndorf, "Families really make it a priority to participate."

Many of the younger students couldn't wait for their grandparents to arrive in their classroom. As one kindergartner, Quinn Kozak, said, "I've been waiting for hours!"

The morning began with grandparents being greeted by Sister Ann and then they were sent to the children's classrooms. For grandparents with multiple grandchildren at St. Anne's School, it was a busy morning, as they had to visit many classrooms. "We had a wonderful time seeing how our grandchildren are focused on learning by showing and doing," said Rick Bisbee,



Kindergartner Quinn Kozak enjoys a game with grandfathers Frank McManamon and Ray Kozak.

grandfather to first-grader Logan and third-grader Leah Eisenbarth. "Now if I only can get up from this temporary desk chair," he added with a smile.

"Today grandparents get to see these fantastic teachers in action and it demonstrates what a Catholic education is doing for their grandchild," says co-chair Mary Graft. Many of the grandparents were put to the test literally as they had to figure out probability equations in the fourth grade and in the third grade their vocabulary was tested with "Synonym Bingo." "I really enjoy visiting with Mikey and seeing what he is learning," said Matthew Gryzlo, grandfather to Mikey Gryzlo.

The middle school grade hallways were bottle-necked as students took their grandparents through their class schedule. As grandparent Michael Friel sat in Spanish class with his sixth-grade granddaughter Annie Barry, he said, "I have no idea what they are talking about. But I'm having a lot of fun."

Children who were unable to have grandparents attend, had another relative come visit in their place. "It is important that everyone feels a strong sense of family today," said Sister Ann, "Whether it is a grandparent, aunt, or dad, we are all a family."

"It's great to be here," said grandparent Michael Friel, "I wouldn't miss it."



Matthew Gryzlo helps grandson Mikey Gryzlo in an activity in third grade.

Guild to Sponsor Simulcast

The Northwest Suburban Guild of Children's Memorial Hospital is hosting the Churchill Downs 2010 Breeders' Cup World Championships simulcast at Arlington Park Race Track. The 27th Breeders' Cup is thoroughbred racing's most pres-

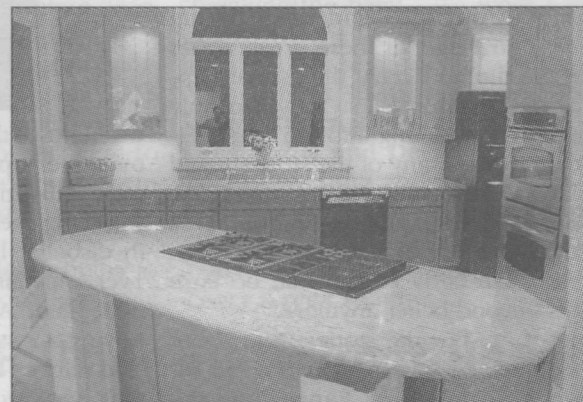
tigious global event. The races will take place on Saturday, Nov. 6 in the Governor's Room. Tickets are \$100 and include admission, parking, racing guide and dining. For ticket information, please contact Kathy at 1-847-359-1234.

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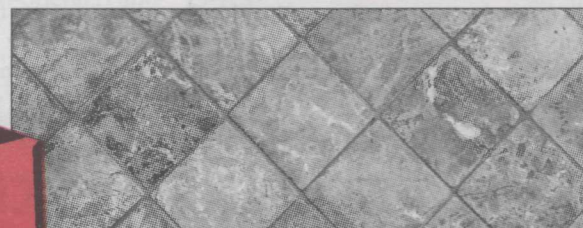
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