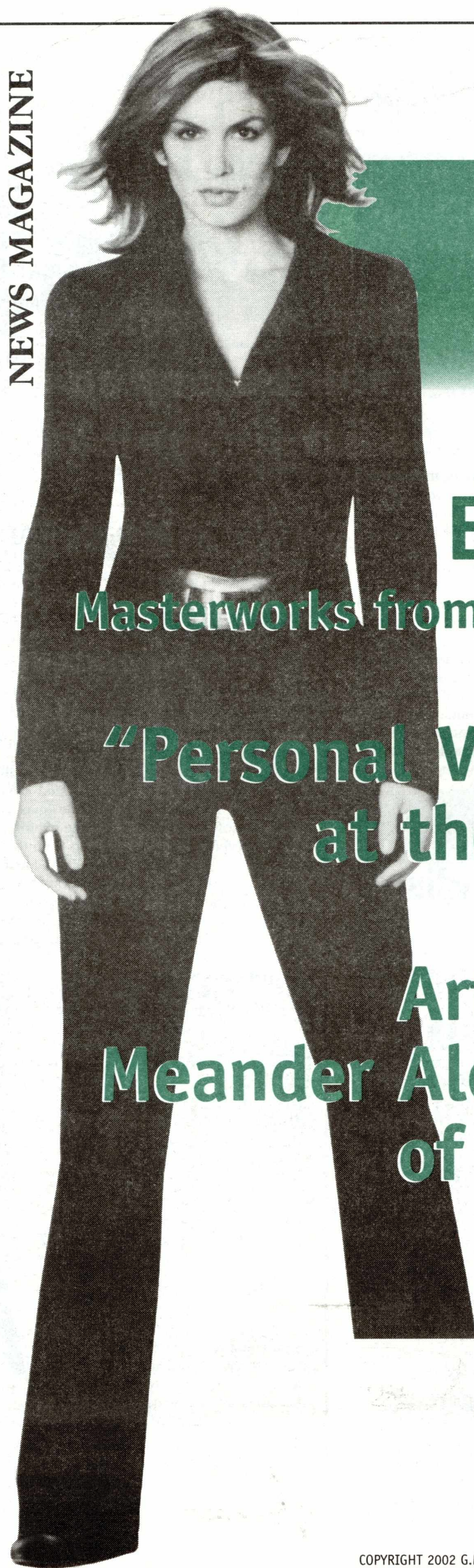


March 2003

NEWS MAGAZINE



It's Time for
Spring
Home Improvements

Eternal Egypt

Masterworks from the British Museum

"Personal Vistas" to Open
at the BAAC Gallery

Art Associates to
Meander Along the Shores
of Lake Michigan

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Electrolysis is the Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair **permanently**, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those tell-tale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

Take away those unwanted hairs and what you have left is confidence in your own charm and attractive appearance. Phone **Clear Reflections** at **1-847-381-9020** for your appointment.

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Editor's Ink

March, 2003

Dear Reader,

Want to learn more about Egypt's civilization and its art, a civilization that's lasted over three millennia? You don't have to visit Egypt or even London. Now through Aug. 10, the exhibit *Eternal Egypt*, Masterworks of Ancient Art from the British Museum, is presented at The Field Museum in Chicago. You'll view statues of various sizes, mummy masks, painted coffins, carved reliefs, papyrus scrolls and more awesome artifacts await you!

Closer to home, the BAAC Gallery will present "Personal Vistas" this month. The opening reception is on Friday, March 7, and promises to be exceptional.

The Art Associates have once again planned a wonderful tour for early summer. They'll meander the shores of Lake Michigan, taking in the area's well-known natural beauty and art. Reservations must be made by April 1, so if you want to go, plan early.

Happy St. Patrick's Day. Until next time, peace and happiness.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Here Linda Allard mixes the finish of a suit with the relaxed attitude of double knit jersey. Modern touches include the zip front and wide belt defining the waist. Linda Allard Ellen Tracy.



Art Associates to Meander Along the Shores of Lake Michigan



**The Meyer May House
by Frank Lloyd Wright**

The Barrington Community Associates of the Art Institute of Chicago presents Michigan Meander on June 4 and 5. Meander along the Lake Michigan shore with About Tours for an overnight tour to an area known for its natural beauty and art.

Visit John Wilson's Lakeside Gallery, a local institution. At this working artist's studio, hear about his work with glass and see the results. Learn about Oxbow, the School of the Art Institute's summer campus, where he teaches.

At the rich arts scene in Saugatuck, explore some of the art galleries and see the work of Sylvia Randolph Bekker, one of the area's founding artists.

See the new park in Grand Rapids by Maya Lin with its sculpted glass mounds. Enjoy a special guided tour of the city including the historic district.

Tour the stunning *Meyer May House* by Frank Lloyd Wright, an excellent example of prairie-style architecture that has been exquisitely restored.



**Wings of the Morning, Bronze 1987,
Cast 1995, Marshall Fredericks**

At the Frederik Meijer Gardens and Sculpture Park, voted best in the Midwest, see the enormous tropical conservatory and the collection of over 100 sculptures by internationally known artists such as Butterfield, Calder, Hunt and Liberman. And you can't miss the huge majestic *Leonardo da Vinci Horse*, sculpted by Nina Akamu.

Visit the Grand Rapids Art Museum for a tour of the collection. Stay at the beautiful Amway Grand Plaza Hotel in the heart of downtown Grand Rapids.

Two gourmet dinners are included in the tour, one in an elaborate Victorian mansion and lunch in a gracious Italianate home, ca. 1860.

The tour costs \$335 per person. Price includes hotel, identified meals, coach transportation, escort, tour fees, gratuities and taxes. Single supplement is \$60. Reservations are due by April 1. Please call About Tours, 630-545-0904, to request a detailed itinerary.

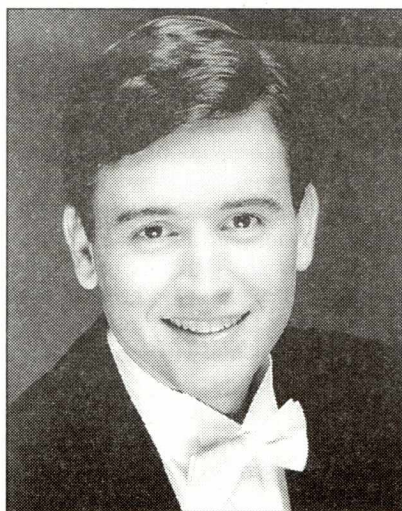
Barrington Lyric Presents "The LOCAA Connection"



Soprano Nicole Cabell

Barrington Chapter of Lyric Opera of Chicago's event chairpersons Maureen Brown, Deer Park, and Wanda Hollensteiner, North Barrington, will introduce the chapter's afternoon program which will feature Lyric Opera of Chicago American Artist's soprano Nicole Cabell and tenor Patrick Miller.

The entertainment promptly begins at 2 p.m. on Sunday, April 6, in a lovely Barrington Hills residence. Aria and duet se-

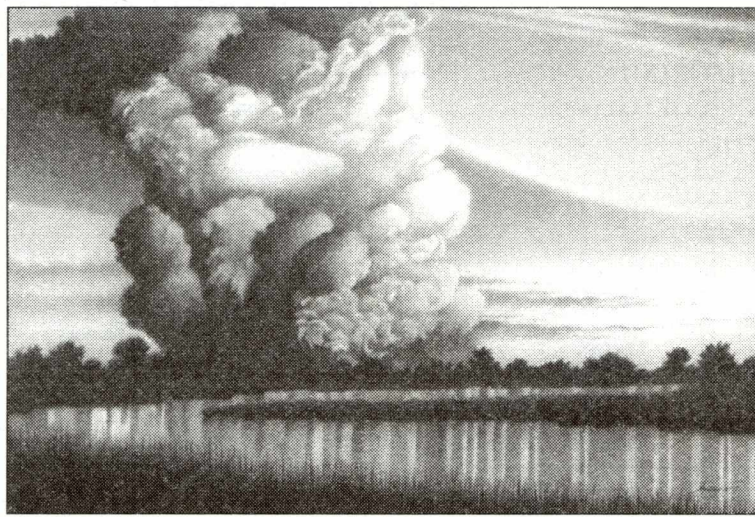


Tenor Patrick Miller

lections will be from Mozart's *Don Giovanni*, Puccini's *Turandot* and Gounod's *Romeo et Juliette*. Following the performance, hostesses Martha Kersey from Schaumburg and Mary Robins from Arlington Heights will offer a light buffet.

Cost is \$20 per person. Seating is limited. Please send checks payable to BCLOC by April 1 to: Susanne Wells, 225 Timber Ridge, Barrington, IL, 60010.

BAAC Gallery Opens in March with "Personal Vistas"



Mantanzas Sky No. 2 by Priscilla Humay, Colored Pencil, 22" x 30"

The BAAC Gallery at the Barrington Area Arts Council will open "Personal Vistas" on Friday, March 7. The exhibit features six visions of land, sea and sky by Susan Brooks, Hawthorne Woods; Priscilla Humay, Highland Park; and Robert Lasky, Wheaton, working in colored pencil; and Sue Abare, Barrington; Sherry Hunter Lee, Barrington; and Patricia Mead, Barrington, working in watercolor.

Susan Brooks has been a member of the Colored Pencil Society of America for 10 years and is currently in her fourth year as the society's national president. Her work has been accepted into major shows across the country and has been published in *The Best of Colored Pencil 3*, *Floral Inspirations*, *Colored Pencil Explorations* and various other publications.

Priscilla Humay earned her bachelor's of fine arts from the School of the Art Institute of Chicago and master's from the Illinois Institute of Technology with concentration in printmaking, drawing and film animations. Her art has been represented in gallery, juried and invitational exhibitions. She is currently the public relations director for the National Board of the Colored Pencil Society of America, CPSA.

Robert Lasky, a landscape architect, graduated in 1967 from Michigan State University with a bachelor's of science degree in landscape architecture. He discovered colored pencils as an artistic medium while searching for ways to enhance site plan presentation drawings.

Sue Abare has spent the last five years painting and exhibiting in art shows throughout the Midwest and the South. While she has taught at Kaleidoscope School of Art in Barrington and also privately, she devotes most of her time to developing her own art.

Sherry Hunter Lee has displayed in Chicago area galleries, art exhibitions and is also included in numerous public and private art collections. She works and teaches at her studio in Barrington. Using a watercolor medium, she communicates her experience with the viewer as she explores her subconscious thoughts.

Patricia Mead has a bachelor's from Cornell College, Mount Vernon, Iowa, where she majored in art. She has since studied at The Art Institute of Chicago, the Old Town Art Center, Chicago and various other schools and studios. As the seashore subject matter of many of her paintings may indicate, she has spent a large part of her painting time on Martha's Vineyard in Massachusetts. Her work hangs in public and private collections throughout the country.

The Barrington Area Arts Council invites the public to attend the opening reception of "Personal Vistas" on Friday, March 7, 7 to 9 p.m., at the BAAC Gallery, 207 Park Ave. in Barrington. The exhibit will be on view from March 7 to 28. BAAC Gallery hours are Tuesday to Friday, 10 a.m. to 5 p.m., and Monday and Saturday by appointment. Admission is free. For more information, call 1-847-382-5626.

The Barrington Woman's Club Proudly Presents Barbara Rinella

You are cordially invited to join the Barrington Woman's Club for our spring fund-raiser, "Bella Primavera 'Beautiful Spring Time'... And Thoughts Turn to Love," featuring noted book reviewer Barbara Rinella.

Rinella will present her dramatic one-woman show on love, allowing characters and historical figures from current literary works to provide us with many varied definitions of love. This is a very witty presentation by Barbara Rinella as she switches from character to character through voice changes.

The Biltmore Country Club will be the scene for this wonderful event on Wed-

nesday, March 19. Social hour begins at 11 a.m., allowing time for everyone to visit and look over the prizes. Luncheon will be served at noon with Rinella following.

Tickets are \$40 per person. Reservations due by March 14. Send your check, made out to the Barrington Woman's Club, to Judy Ligman, 468A Valley View Road, Barrington, IL, 60010.

If you should have any questions, please call Lisa Frese at 1-847-382-5087.

If you are interested in becoming a member of the Barrington Woman's Club, please call Luisa Bremer at 1-847-382-1251.

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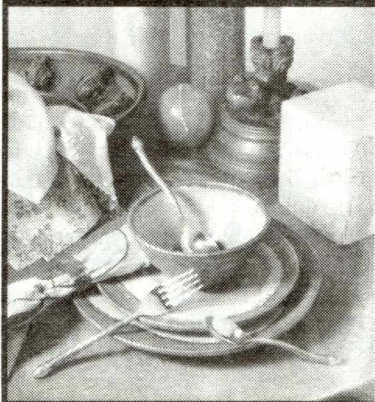
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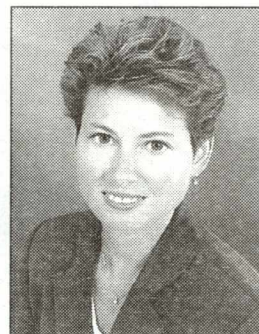
M, Tu., W, Sat: 10 am - 5 pm

Thurs, Fri: 10 am - 8 pm

Closed Sunday

Protecting Your Legal Rights— Age Discrimination and Release Agreements

by Joette S. Doran, J.D.



The Age Discrimination in Employment Act (ADEA) protects individuals who are 40 years of age or older from employment discrimination based on age. The ADEA's protections apply to both employees and job applicants. Under the ADEA, it is unlawful to discriminate against a person because of his/her age with respect to any term, condition or privilege of employment including, but not limited to, hiring, firing, promotion, layoff, compensation, benefits, job assignments and training. The ADEA applies to employers with 20 or more employees, including state and local governments. It also applies to employment agencies and to labor organizations as well as to the federal government. Remedies under the ADEA include lost wages, reinstatements and/or front pay (continuing damages for lost wages), and liquidated damages if the jury finds that the employer's conduct was willful.

Often, employers will attempt to avoid an action for age discrimination by offering a terminated employee a severance agreement that includes the waiver of a claim for age discrimination. The waiver of legal rights for an age claim will be effective where the employer has complied with the Older Workers Benefit Protection Act (OWBPA). Under the OWBPA, the release will be considered valid to waive an age claim where the company complies with the act by providing adequate consideration, advises the employee to consult with an attorney, provides at least 21 days to consider the agreement, provides seven days to revoke the agreement after execution, and specifically provides that rights under the ADEA are waived. As

such, because an agreement drafted under the OWBPA is effective to waive your legal rights, you are well advised to review the facts of your employment situation and the release with legal counsel.

In order to pursue a case of age discrimination, a charge of discrimination must first be filed with a state or federal administrative agency. Because the time limitations are strict, if you believe that you are being subjected to age discrimination or that your employment rights are being violated, I encourage you not to delay receiving information regarding your legal rights. You may start by visiting our Web site at www.joettedoran.com for further information.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own situation.

Ms. Doran is licensed in Illinois and all Illinois federal courts and is a member of the Federal Trial Bar. She is the past-chairperson of the Employment Law Committee for the Northwest Suburban Bar Association and is the past-president of Barrington Area Professional Women.

Let's Celebrate Spring at Little Munchkins!

Babies, toddlers and big brothers and sisters will steal the show with the latest spring fashions at **Little Munchkins**. For girls, **Little Munchkins** features beautiful princess-like dresses in blue and pink from **Hartstrings** and very chic and cool new playwear from **Geo-Rags** and **Beetlejuice**. Rough and tumble playwear for boys by **Wes and Willy** is back by popular demand. We'd also like to introduce a brand new knitwear collection from **Skelagamink**. It's washable, wearable and oh, so comfy!

E.G. Furniture is the new and exciting addition to our spacious showroom. Finely-crafted **Ragazzi** furniture is featured as well. Visit our showroom for all the latest designs in children's furniture. We have



cribs, twin and bunk beds, dressers, desks and so much more. Call **1-847-381-3960** and we'll be happy to place a special furniture order for you.

Don't miss our **Clearance Event** on **March 14 and 15!**

Women's Club of Inverness Presents "Gems from My Garden"

Internationally respected nurseryman Roy G. Klehm of Song Sparrow Perennial Farm will hold a discussion on what perennials he feels are most successful in this area. Mr. Klehm is also a fourth generation horticulturist, plant breeder and plant selector. His personal garden has been fea-

tured on the public television program *The Victory Garden*.

This event will take place on March 13 at the Inverness Golf Club and will begin after the meeting around 10:45 a.m. If you are interested in attending, please contact Georgia at 1-847-304-9671.



Just in time for spring break, the complete collection of Tommy Bahama for men and women from casual silk dressing to swimwear.

Relax with the purveyor of island life styles, Tommy Bahama, wherever you may be. Available at **Chuck Hines** on Main Street in downtown Barrington.

BYS Made a Difference



Barrington Youth Services helped make a difference with local residents during this past holiday season. The Barrington Youth Services 4-H Leadership Group, comprised of kids from Barrington middle schools—Prairie and Station campus—solicited support from their fellow classmates for participation in their holiday fund-raiser. Proceeds were used to purchase Christmas presents for over 15 local, in-need children and provided warm clothing to their moms and dads too.

The students in the leadership group devoted more than 110 hours to this community project. The hours were spent planning, selling tickets, purchasing gift items, wrapping and distributing the gifts.

Students involved in this most worthy project were: Emily Anding, Stephanie Anglada, Elizabeth Farr, Jimmy Flannery, Molly Glantz, Lindsay Gullum, Kevin Hogan, Arielle Johnston, Aiden Killick,

Jenna Kingkade, Mausam Kuvadia, Ashley Loethen, Al Maraval, Hilary Murray, C. Trey Nelson, Clancy Potts, Angela Romano, Meagan Rometty, Katrina Stumbras, Josh Taub, Elyse Terrill, Kelsey Trotta, Anna Wesolik, Jayme Batz, Kirk Breneisen, Griffin Dassatti, Miguel Mandez, Greg Murphy, Matt Penrod, Eric Pribramsky and Kelly Smith.

Barrington Youth Services, a not-for-profit 501c3 agency, supports the social, psychological and emotional well-being of young people and their families in the Barrington area communities, offering relevant programs and services delivered by competent professionals in an atmosphere of trust and caring. BYS strives to help clients expand and enhance their sense of self-knowledge and self-esteem. For more information, please contact BYS at 1-847-381-0345.

New Facial Treatment at Ben E. Salon Spa

Visit our spa to experience the **Elemental Nature Facial for Radiant Skin**.

Protect, hydrate and illuminate your skin. Help it adapt, not react, to the pressures of what comes its way. Weather, pollution, stress, a less-than-perfect diet—all factors that compromise your skin's well-being and radiance.

After just one hour, clinical tests show up to 24 percent improvement in overall radiance, 39 percent improvement in clar-

ity, 28 percent improvement in smoothness and 29 percent reduction in the appearance of pores. This new treatment features Aveda's latest introduction of Tourmaline Crystal charged products, which include products for home use.

Please call for your appointment at **Ben E. Salon Spa**, located at the intersections of routes 14 and 59 in Barrington. Call **1-847-381-2160**.

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Women's Club of Inverness Contributing to the Leaders of Tomorrow

Over the years, the Women's Club of Inverness has granted close to \$100,000 in collegiate scholarships. These awards are based on financial need and strong academic achievements. Scholarship applications have been sent to high schools in districts 211 and 220 and to area churches.

The monies raised to provide these scholarships have primarily come from the Women's Club of Inverness Fashion Show and Luncheon Benefit. This year, it will be held on Friday, April 11, at Stonegate Banquet and Conference Center in Hoffman Estates. Every year, the community con-

tinues to be generous in their corporate donations and luncheon and ticket purchases.

Tickets are \$50. Space is limited. Reservations can be made by calling Phyllis Ewert at 1-847-842-1695 or Georgia Lazza-ro at 1-847-304-9671. Fashions with Flair will, once again, put on an entertaining show, and chef Dan Schminka will wow you with a scrumptious lunch. Various boutique vendors will be on hand for the entire day too. The festivities will begin at 10 a.m.

Two Extensive Buying Trips to New York This January!

Assemblé for Her has already stocked the store with vacationwear for you. Color is everywhere, and our unique collections focus on the combined themes of fun and functionality.

• **Knit Tees**—There are sexy, smart and functional tees for everyone! We have grommet treatments, embroidery, tie-dyed pastels, lace-up solids and so much more.

• **Knit Tops**—Washable silks and rayons, cottons in soft pales and softer brights are always contemporary for **Assemblé**. With fringe, beading, crochets, stripes, sequins ... we can't even begin to describe the choices!

• **Capris**—**Assemblé** has ankle-length, full length, solids with leather trim, prints (but no big flowers!), more paisleys, more tie-dyes and more mini-appliques on solids.

• **Cargos**—We know they're hot. Our

cargos won't be sporting big pockets on the "upper portion." We know better!

• **Skirts**—With short lengths in florals and vintage fabrications, longer lengths in bias-paneled prints with handkerchief hemlines, knee-length chiffon reversibles, long chiffon reversibles—don't skirt our skirts!

• **Blouses**—They're white, fresh and new. Stretch cottons with super sleeves, sheer Rayure looks with the optional camisole, they're all sexy, fun and functional for an easy ensemble over one of our many pants or skirts.

Assemblé for Her is loaded with a myriad of patterns and solids. Our fashion statements are running rampant as we continue to bring you one-of-a-kind clothing for our one-of-a-kind customers.

See ya soon!

Barrington Writers' Workshop 25th Anniversary Celebration

The Barrington Writers' Workshop, a program of the Barrington Area Arts Council, celebrates its 25th anniversary on March 9 with a gala luncheon for members and former members. Internationally-acclaimed storyteller Syd Lieberman will be the honorary guest performer.

For 25 years, area writers have met weekly to offer critiques on works in progress, educate one another on publishing matters, and learn from the series of authors, editors and other literary talent brought in annually. The Barrington Writers' Workshop is comprised of writers of all levels and genres including poets, screenwriters, playwrights, novelists, short story writers, creative nonfiction (including memoirs) and storytellers. Critique sessions are designed to provide positive

feedback for works in progress with, ultimately, the writer determining the best route to finish a piece. While writing is a solo effort, support and feedback from peers is essential to the creative process, and workshop meetings foster this inspiring camaraderie and education.

Meetings are held biweekly, Tuesday mornings at the Barrington Area Library, Zimmerman Room, 9:15 a.m. to 12:15 p.m. and Wednesday evenings at the Barrington Area Arts Council, 207 Park Ave., Barrington, 7:00 to 10:00 p.m. Come sit in on a meeting as our guest to see if it's for you.

Interested parties can get further information by calling the Barrington Area Arts Council at 1-847-382-5626 or e-mail at baacouncil@aol.com.

Are There Dividends in Your Future?

There's been much talk about dividends since President Bush announced his fiscal stimulus package. Debbie Schoendorf and Bill Allen, financial consultants with **Smith Barney** in Barrington, explain what it can mean for you.

A focal point of the plan would allow for a federal income tax exemption on dividend income. Although it could be months before the bill actually passes, tax cut or not, a dividend strategy is smart.

In fact, dividend-paying stocks outperformed their nondividend-paying peers for the past three years.¹ Between March of 2000 and December of 2002, nondividend-paying stocks dropped an average of 66.2 percent² while stocks paying dividends dropped a much lower 15.6 percent on a total return basis.

Traditional high-dividend-paying companies like utilities are not the only ones worth considering. Some companies with no or low dividends but strong fundamentals may begin or increase dividend payouts. Conversely, some companies paying the highest dividend yields are suffering from financial woes that could further depress their stock prices.

If the proposal were enacted, 401k and IRA accounts could become better ve-

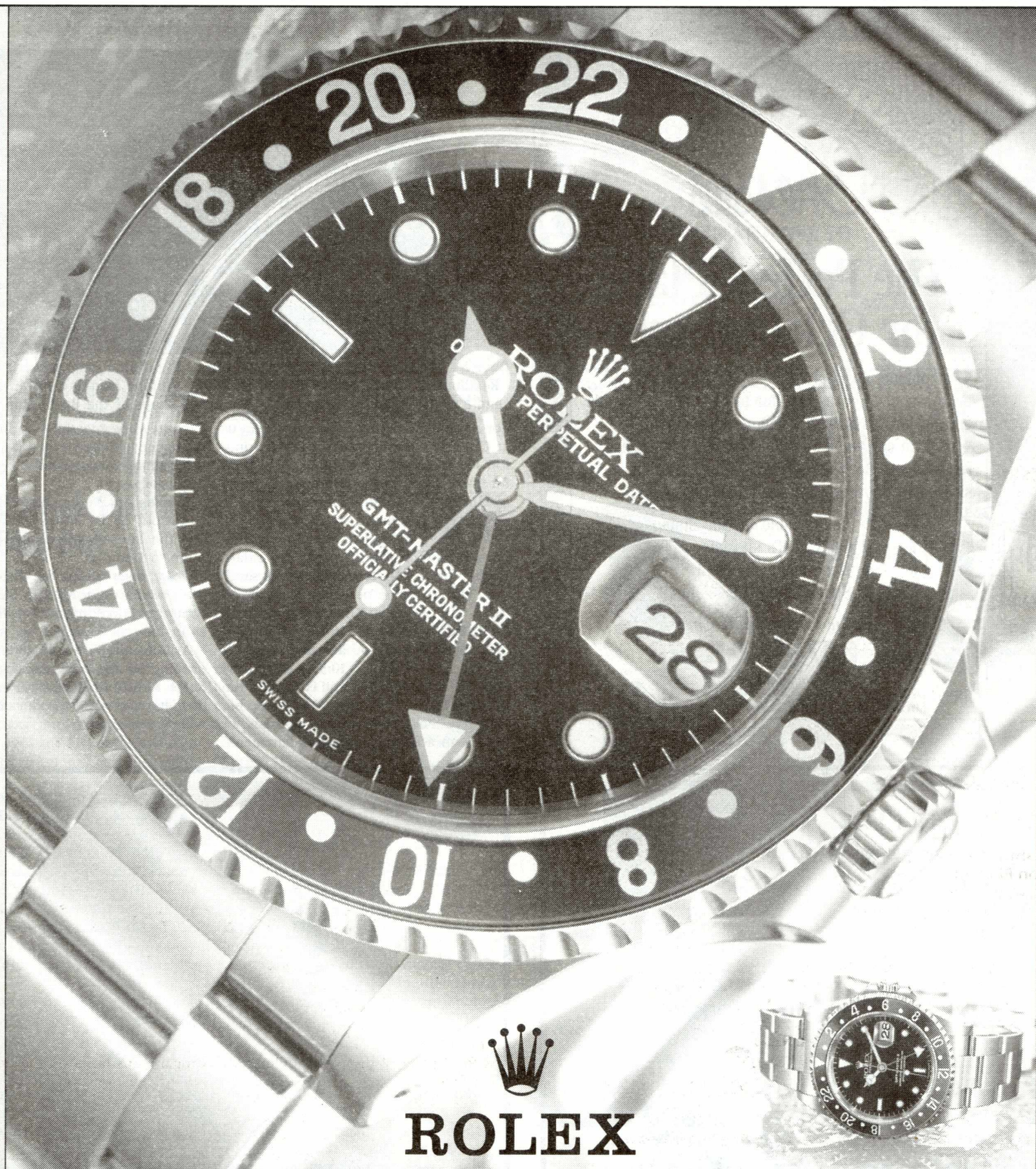
hicles for holding taxable fixed income investments than income-producing equities. The tax benefit would narrow somewhat, but they would still be advantageous due to the tax-free reinvestment of interest as well as the avoidance of interim capital gains taxes on the purchase and sale of common stock.


Keep in mind the president's tax proposals could undergo significant changes before they are enacted. Speak with your tax advisor about how the tax law changes may affect you. Understand the fine details of your personal tax situation, the laws and your investments before you take any action.

Smith Barney does not provide tax or legal advice. Please consult your tax and/or legal advisor for such guidance. **Smith Barney** is a division and service mark of Salomon Smith Barney Inc., member SIPC.

¹Source: FactSet and Smith Barney. Based on all AMEX, NYSE and Nasdaq National Market stocks that existed for the entire period, March 31, 2000, to Dec. 31, 2002.

²On a capitalization-weighted basis. Past performance is not an indication of future performance.




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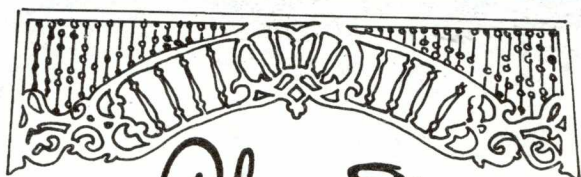
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For a nostalgic dining experience, join us at **Chessie's Restaurant** in the Barrington Ice House Mall. Fabulous fresh food for every taste, warm, friendly service and a comfortable, casual ambiance with a vintage railroad theme await you.

For lunch, enjoy our signature grilled crab sandwich, California cobb salad, London broil, pork tenderloin, steak sandwich or one of the best burgers around.

We call Sundays "Give Mom a Break Day". Sunday brunch features a buffet of old family recipes you are sure to enjoy. Brunch is served from 10:30 a.m. to 2:00 p.m., while our lunch menu is served from noon to 3:00 p.m. From 3:00 to 9:00 p.m., we serve ten "comfort food" specials for \$11.95, in addition to our regular menu.

Favorites like meatloaf, shrimp Palermo, barbecue chicken and ribs, blackened fish, salmon tomato basil, roast pork, London broil, etc.

Join us on Wednesdays for a fashion show put on by shops within the mall. See the latest fashions presented from noon to 1:30 p.m.

Make reservations for the Dining Car, the Old Barrington Train Station or the Atrium overlooking the Ice House Mall's shops.

And finally, join us every Saturday evening for the cool jazz sounds of Ken & Ed. Ken on trumpet and Ed on acoustic guitar and vocals produce a sound you will surely enjoy.

ERIC JAVITS



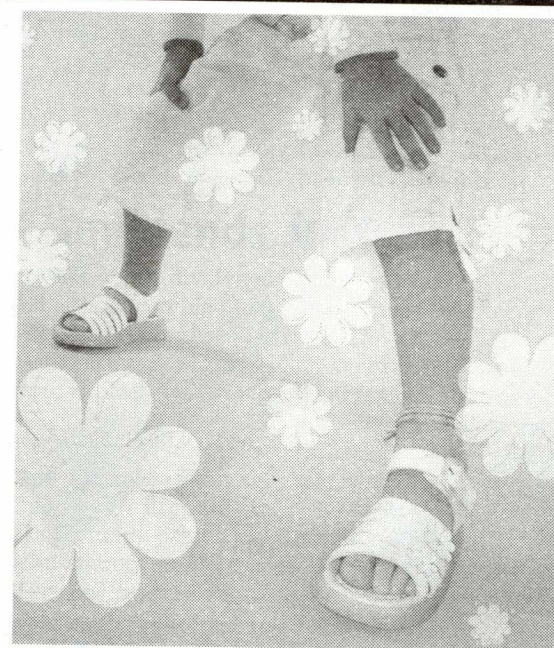
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Barrington ICE HOUSE MALL



For the Wee Bit of Irish in All of Us!

Celebrating St. Paddy's Day or just a love of the Irish? **The Canterbury Shoppe's** festive Celtic collection is sure to bring smiles to any gathering!

Choose from Peggy Karr's beautiful shamrock plates and platters, porcelain tea sets, Christopher Radko's "Luck of the Irish Collections," Celtic CDs, and Irish Blessings on glass shamrocks and Halcyon Days Boxes. A perfect way to celebrate the wee bit of Irish in all of us!

Stop in or call for more information on this lucky collection! **The Canterbury Shoppe** is open seven days a week and is located in downtown Barrington in the historic lucky Ice House Mall (behind Jewel-Osco) at 200 Applebee St. Please call for directions—1-847-304-9627.



For those with a Celtic heart! Shamrock Tea for One (sitting in front of a Peggy Karr Shamrock Platter) available at The Canterbury Shoppe in The Barrington Ice House Mall

Peter Daniel Hosts Girls' Day Out

You are cordially invited to come spend a fun-filled day of fashion and beauty at **Peter Daniel** on **Wednesday, March 19, from 10 a.m. to 4 p.m.** Start your day with refreshments plus an opportunity to hear special presentations given by **Dr. Gunnar Thors, Dr. David Tabak and Susan Wothke** on the latest procedures in plastic surgery and noninvasive treatments for the eyes and face, cosmetic contacts and monovision and antiaging skin-care.

The Day Continues with Exciting Trunk Shows

See the entire collection of exclusive colorful, quilted fabric handbags, luggage and accessories at our **Vera Bradley Trunk Show**. Mandi Peet, Vera Bradley's knowledgeable representative, will be here from **10 a.m. to 3 p.m.** to assist you with this fabulous new spring collection. The new patterns and silhouettes are fantastic!

Nothing compares to the look and feel of fabulous **Geiger** coats and jackets from Austria. Discover the comfort of boiled wool and the many gorgeous colors for fall 2003; look for a new look for Geiger: fur-trimmed collars. Meet Bethany Campbell, our Geiger representative, from **noon to 3 p.m.** with the entire fall collection.

Accessorize with exquisite statement jewelry by local artist **Michelle Billette**.

A Call for Entries for "Baskets and Beads"

"Baskets and Beads" is a juried show of art that will be on exhibit June 3 through July 31, 2003, at the Northwest Cultural Council and Kimball Hill Galleries in Rolling Meadows.

Artists are encouraged to submit slides for consideration in this show. All work will be offered for sale. Prizes will be awarded at an artists' reception (date to be announced). Slides should be mailed with the entry form to: NWCC Corporate Gallery, 5999 New Wilke Rd., Suite 307,

Her designs in semi-precious stones are sensational in an array of bracelets, earrings, necklaces and rings that will simply dazzle you. Come meet Michelle from **11 a.m. to 4 p.m.**

"I can see clearly now" takes on an entirely new meaning when you meet optometrist **Dr. David J. Tabak**. He will discuss tinted contact lenses and the latest methods to correct near and distant vision. You'll also have a chance to explore the latest in fashion eyewear and sunglasses to accessorize your new wardrobe.

The spring and summer apparel collections are vibrant and exciting this spring. Take this opportunity to see our fabulous selections modeled throughout the day at this fun, informative and fashion-filled event. Call our ladies department at **1-847-382-6676**.

Save the date—The JSS Trunk Show, March 27, 28 and 29

These beautifully made, knit coordinates and suits can be customized just for you, terrific from daytime to evening, perfect for travel, a wardrobe must have.



Known to attract Leprechauns, this miniature tea set is one of many Celtic specialties found at The Canterbury Shoppe!

(Cookies & green tea not included)

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Deadline!

The deadline for the **April Issue** is **Thursday, March 13.**

Please send your press release/advertising materials to:

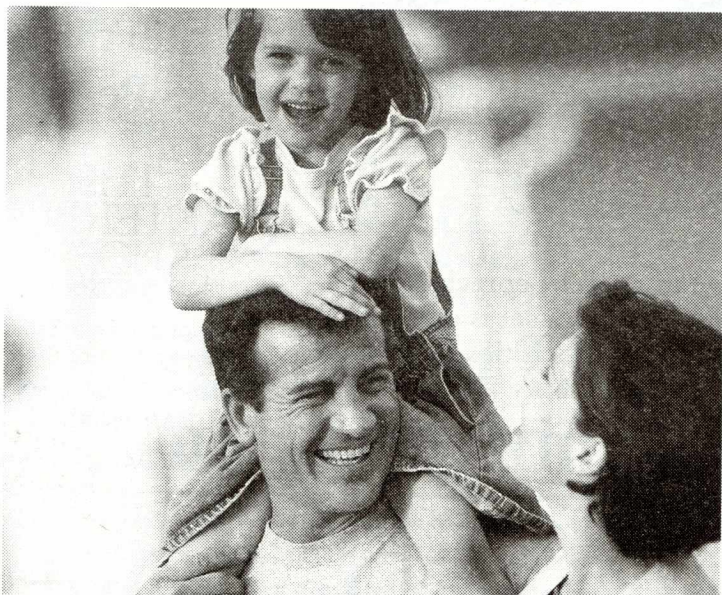
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"Taking Care of You: Powerful Tools for Caregiving"

Barrington Area Council on Aging, Inc., will present its fourth "Taking Care of You: Powerful Tools for Caregiving" series of classes in partnership with Mather Life-Ways.

This program, provided through a grant from the Northeastern Illinois Area Agency on Aging, is designed for the nonprofessional caregiver who is helping a parent, spouse or friend who lives at home, in a nursing home or across the country.

This program will help family caregivers: reduce stress, improve self-confidence, better communicate their feelings,

balance their life, increase their ability to make tough decisions and locate helpful resources.

Classes consist of six 2½-hour sessions and will meet once a week. The next class will begin Wednesday, April 9, and will be held in the evening from 6:30 to 9:00 p.m. The suggested donation is \$30 per person to cover the cost of materials. However, no one is turned away due to inability to pay.

For more information or to register, please call BACOA at 1-847-381-5030.

10 Barrington LIFESTYLES March 2003

District 220 Educational Foundation Elects New Trustees



(From left) Sue McGrath, chair, with new members Ed Tilly, Denise Vollman and Penny Kazmier

The District 220 Educational Foundation elected new officers and three new trustees to the board of directors at its annual meeting.

Susan McGrath, who had served as vice chair of projects 1999, was elected chairman. She follows Dede (Diane) Wamberg, who had served as chairman of the foundation since its inception in 1998. (Mrs. Wamberg stepped down in order to pursue personal and family interests.)

Mrs. McGrath has served on the boards of many local organizations, including the Barrington Area Arts Council and Barrington Area Development Council. She feels that a strong public education system is vital to a strong community and is committed to the mission of the foundation, which is to enhance, enrich and supplement learning opportunities for students, staff and community.

Mrs. McGrath states, "We are making great progress with our projects, including building the Physics Learning Lab at Barrington High School and providing wireless Internet access at our middle schools. Our annual giving drive has just begun, and I am excited to work with the trustees and the Barrington area community to raise funds for the foundation's initiatives."

Also elected were John Kote, vice chairman of resource development; Richard Lamkey, secretary; and Joe Connelly, treasurer. The newly elected trustees are Penny Kazmier, Ed Tilly and Denise Vollman.

Penny Kazmier, her husband, John, and four children live in South Barrington. She has been involved in many volunteer organizations, including District 220 PTAs, District 220 Strategic Plan Advisory Committee for 2000-2001, and currently serves on the board of the Little Angels' Preschool.

Ed Tilly is a Barrington High School alumnus and has served on the Chicago Board of Options Exchange for a number of years. He resides in Barrington Hills with his wife, Jennifer, and two children. He serves on the vestry of St. Michael's Episcopal Church and owns a business in downtown Barrington.

Denise Vollman is also a Barrington High School graduate. She has a professional background in financial planning, and her volunteer activities have included the Barrington Youth Services Auxiliary Board and Barrington Junior Women's Club. She lives in Barrington with her husband, Tim, and five children.

Who Are Behind Those Masks?

Behind masks are Barrington's Evelyn and Francis Hammond who are enjoying Barrington Lyric's February 8th Mardi Gras Murder Mystery Dinner evening at the Metropolis Ballroom in Arlington Heights.

For inquiries on membership in the Barrington chapter, call George Obermaier at 1-847-985-0837.

Please visit Barrington Lyric's Web site at <http://bakhom.northstarnet.org/Lyric/Lyric.html>. You may also visit Lyric Opera of Chicago's site at www.lyricopera.org.



ETERNAL EGYPT

MASTERWORKS OF ANCIENT ART FROM THE BRITISH MUSEUM

Imagine yourself in ancient Egypt. You're standing at the portal of a massive stone temple, its columns so high you can't see their carved capitals, so wide that four men can't put their arms around them. Outside the temple, the desert sun burns down on monumental statues. Inside, among the shadows and shafts of light, you walk among statues of all sizes, mummy masks and painted coffins, and everywhere, carved reliefs and papyrus scrolls—the *Egyptian Book of the Dead*—depicting complex, intriguing stories of another world.

You have entered *Eternal Egypt*.

If your idea of ancient Egyptian art is a row of contorted, line-dancing stick figures, prepare yourself for a new idea. Make that a lot of new ideas, embodied in 144 works of astonishingly sophisticated sculpture, jewelry, papyrus and more. These masterpieces, drawn from 3,000 years of Egyptian civilization, have traveled to Chicago from The British Museum in London, home to the finest collection of Egyptian art outside Cairo. Some of them have never before left The British Museum—but you can walk among them at Chicago's Field Museum from Friday, April 25, to Sunday, August 10, 2003. The exhibition is organized by the American Federation of Arts and The British Museum.

Art for Eternity

The name of the exhibition, *Eternal Egypt*, reflects both the civilization and its art. Egypt was one of the world's earliest civilizations and its longest-lasting—more than three millennia. It surely must have seemed to those living in it that their civilization would last forever.

Moreover, the Egyptians believed in an eternal life after death—at least for those who took the proper steps to ensure it.

"Nearly all Egyptian art was intended to provide magical benefits in this world and the next," says Robert K. Ritner, associate professor of Egyptology at the University of Chicago's Oriental Institute. "And so the works themselves were designed to last for eternity."

Consider the exhibition's centerpiece, the enormous head of Amenhotep III, a

pharaoh who outdid all others in the colossal size and number of his statues. The head is from a statue—one of a set—that once stood 26 feet tall (without their bases) outside Amenhotep's immense funerary temple. His downward gaze would seem to assure the population that he is now a god, watching over them forever.

But Is It Art?

While the Egyptians may have intended their statues, scrolls and other works to be functional, the exhibition makes it easy to see them as true artists, highly skilled and always conscious of beauty, style and craft. Art historian Edna R. Russman, the exhibition's curator, explains it in the exhibition catalog—"Creativity, the grappling with artistic problems, the love of beauty, a joy in life are all there to be seen, if we will simply look."

How else to explain the alabaster figure of a woman, so supple and finely modeled that her dress seems almost transparent? Or the dazzlingly modern lines of a massive granite lion, made to guard a pharaoh's temple more than 3,000 years ago? Or the complex and colorful glass fish, so treasured by its last owner that he buried it beneath the floor of his house?

The exhibition highlights not only the beauty but the thought and labor that went into Egyptian art. It takes a peek behind the artist's door, displaying tools of the trade, unfinished work and practice sketches. It describes the close relationship between images and writing, between artists and scribes. And it explores how ancient Egyptians found artistic solutions to non-artistic challenges, from designing a headrest to portraying gods with animal heads.

Continuity and Change

To say that ancient Egypt is eternal is by no means to say it is unchanging. "The exhibition," Robert Ritner points out, "allows you to see the evolution of Egyptian art over a very long span of time."

Visitors will see a great deal of continuity, of course. Many of the conventions of the art—the squared shoulders, the left foot forward, the flat perspective—were thought out at the beginning of Egyptian

(Please continue on page 27)

Mummy Mask of Satdjehuty, provenance unknown, New Kingdom, early 18th Dynasty (ca. 1500 BCE), Cartonnage, painted and gilded, height 13" (33 cm), EA 29770, acquired in 1880, purchased at Morten & Sons from the sale of the collection of Samuel Hill—Shown here is a gilded cartonnage mask that was placed over the head of a female mummy. The bird wings that cover the sides of her lapis lazuli-colored wig are symbolic of the guardianship of Isis. Recent research concluded that she was probably a very high-ranking member of the court of Ahmose named Satdjehuty. This is one of 144 artifacts on display in *Eternal Egypt: Masterworks of Ancient Art from The British Museum* at The Field Museum.

The exhibition presents masterpieces from 3,000 years of Egyptian civilization.

Walk among colossal stone sculptures, golden mummy masks and delicate papyrus scrolls. The exhibit opens Friday, April 25, and continues through Sunday, August 10, 2003. For more information, call 312-922-9410.



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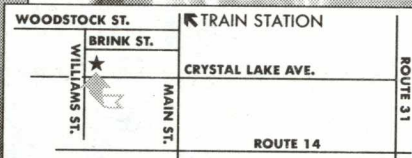
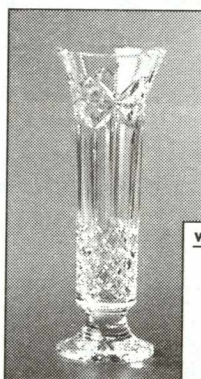
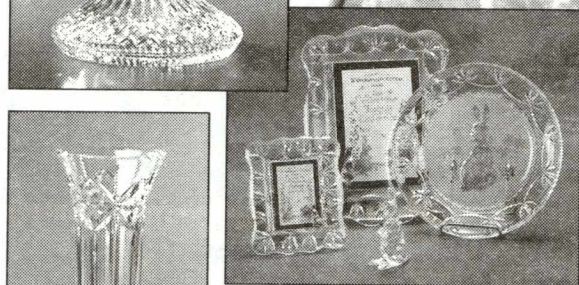
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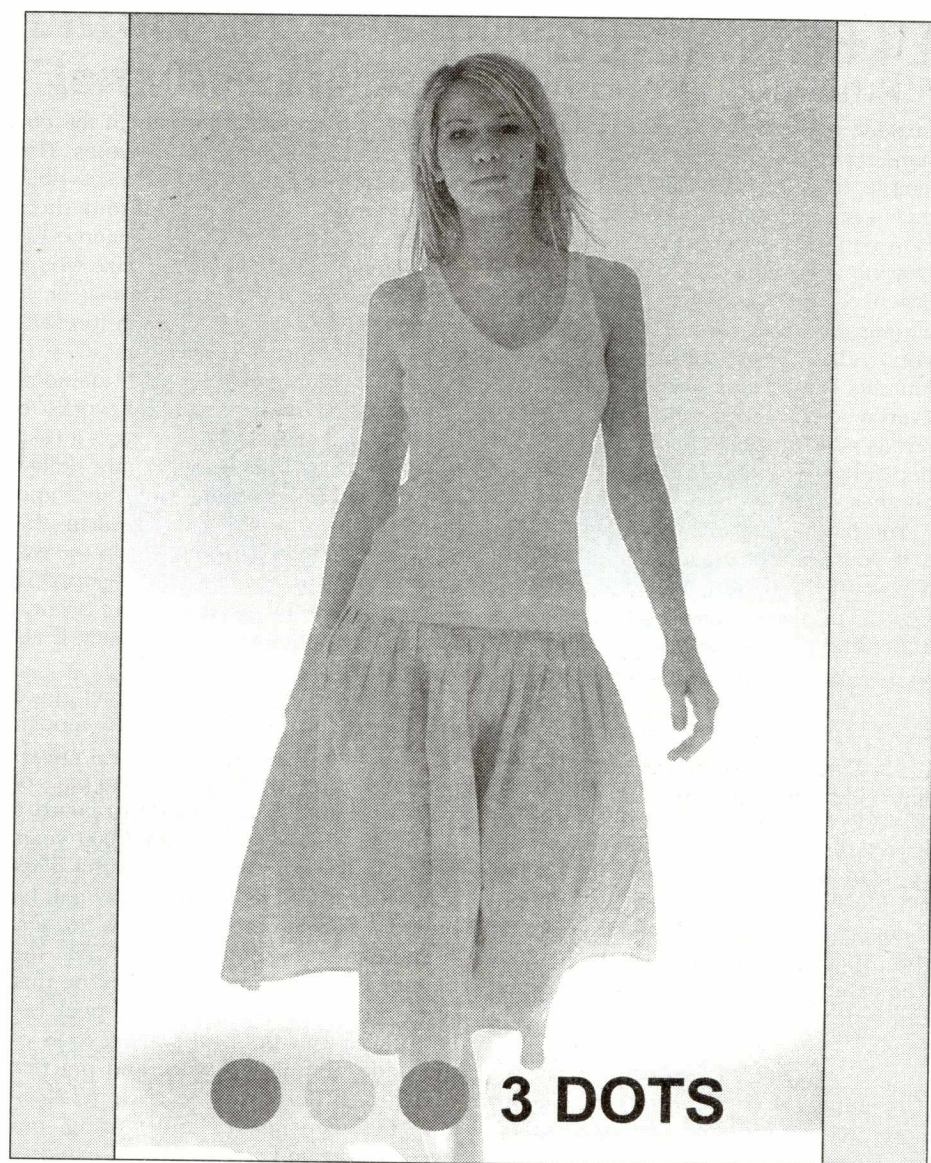
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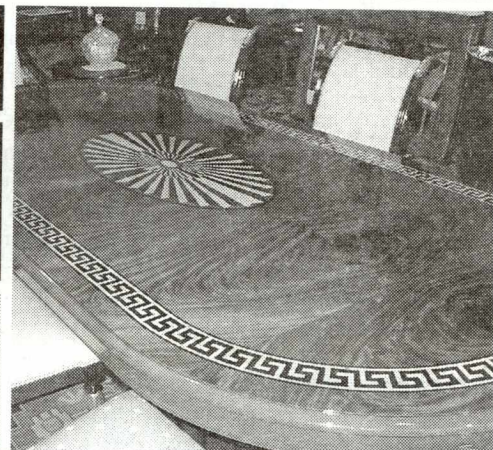
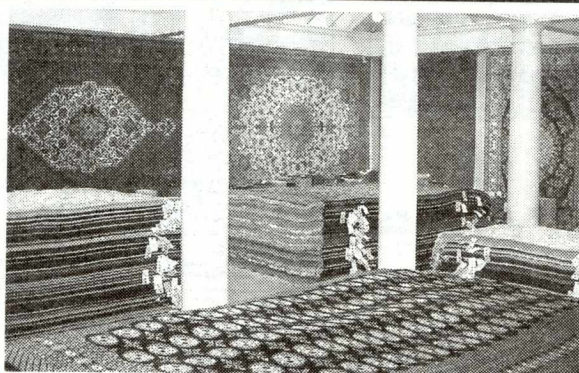
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Satin Filly—Spring— Just the Thought Makes Me Smile!

We just finished our **LaFayette Spring Trunk Show**—the clothes were fabulous! They will be arriving this month—so if you missed it, we do have the collection in-store.

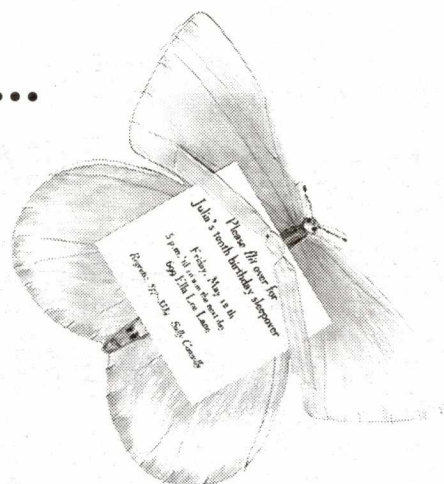
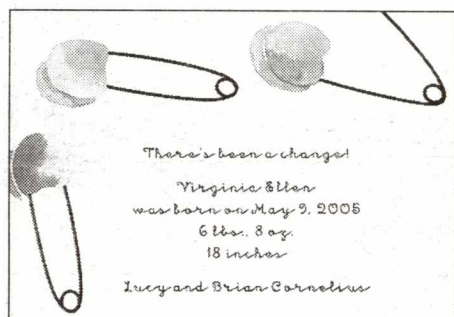
We are brimming with **spring collections**. You will see lots of great skirts and everyone seems pleased that skirts are

back in favor and will remain strong during the year. Blouses, too—beautiful and romantic. And we can't forget cargo pants! It's going to be a "beautiful spring"—there is an air of femininity that I think everyone will enjoy.

Come see what we have! I think you'll like it!
—Karen



Spring Showers for Bride... for Baby...



From the inviting selection of invitations to the prettiest paper goods around, **Little Shop of Papers** showers you with great ideas for spring entertaining. Our helpful staff will assist you with the wording for your invitations and print them up for you right in our shop! And fresh new gift

ideas and cards make sure you arrive at any party in style.

Little Shop of Papers, Ltd. is located at The Foundry, 740 W. Northwest Highway, Barrington. Call **1-847-382-7733**.

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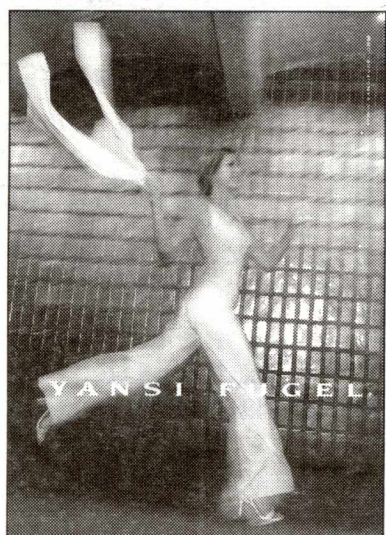


Spring
at...

Satin Filly

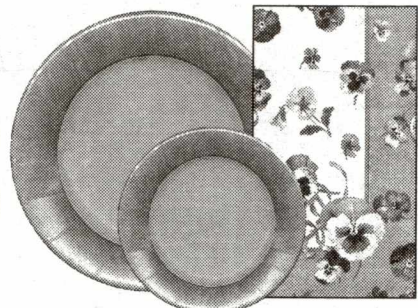
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Mary Anne



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"Writing for Wellness"

Among Stress Management Courses in March at Wellness Place

"Writing for Wellness," a four-week workshop beginning Thursday, March 6, from 2:00 to 3:00 p.m., will be among stress management classes presented in March at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. The workshops are offered free of charge, and registration is required. Please call 1-847-221-2400.

Workshop leader Margaret French, Wellness Place clinical specialist, says, "As little as 15 minutes of writing a day may offer a significant benefit to the immune system."

Journals will be provided and writing

may be kept private or shared with the group. Experience is not necessary to join the workshop, according to French, who earned a master's degree in clinical social work from the University of Chicago.

Other stress reducing opportunities include "Guided Imagery and Visualization" presented Mondays in March from 9:00 to 10:30 a.m., beginning March 3. Facilitated by Mary Sinclair, who holds a doctorate in education and is certified in interactive guided imagery, the class uses this technique as a way to manage stress and increase a sense of resiliency and well-being.



ing.

"Wellness through Deep Hypnosis" will meet Saturday, March 1, from 10:00 a.m. to noon. The ongoing series, facilitated by the Rev. Dr. Scot Giles, a board-certified hypnotist and chaplain, offers a safe and enjoyable medical self-hypnosis experience in a group setting to increase comfort, decrease stress and provide encouragement for participants. The March topic will be "Befriending Your Anger."

Certified yoga instructor Sandy Moore will conduct two eight-week series of yoga classes, meeting at 11:00 a.m. on Mondays beginning March 3 or Wednesdays beginning March 5. The introductory sequence of restorative and gentle yoga

postures will release muscle tension and foster relaxation and well-being.

In addition, two "Welcome to Wellness" orientation tours will be offered to first-time visitors to Wellness Place on Friday, March 7, at 10:00 a.m. and Tuesday, March 18, at 5:30 p.m. A knowledgeable guide will suggest services that may help individuals with cancer.

Wellness Place, a nonprofit organization incorporated in 1999, provides resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.

What's Happening at Starr Couture

Milan. Here I am again, right in the heart of Milan, where it's all happening. It's great to experience the anticipation, the excitement, the gorgeous models and the most beautiful collections on the runways for Fall 2003. I can't wait to share everything with you when I return to Barrington. Soon I will be in Paris for part of my five-week trip. If you want to feel the same excitement I felt last September when I was in Europe buying Spring 2003, you will have to come to our store in Barrington. You don't have to travel as far as I did and best of all you can't find any of these fashions at any other stores. Not to mention the superior level of personalized service you will receive. Whether you are a Mother of the Bride or Groom, a career professional, a socialite or a mom, we have the perfect outfit for your every need and occasion. Let us show you how we can customize and create a look for you that will fit your lifestyle. Offering you the versatility of taking you from day into evening travel and much more, beautifully coordinated and accessorized. Don't miss our Accessory Event in April.

See you soon.



Starr Kondos, Owner

—Starr

Chers Amis...

Just like you I'm sure, I feel it is time for this winter to come to an end, unless of course you were fortunate enough to spend a few weeks in warmer climates!

But if you are not part of the lucky ones, a nice alternative to the winter blues is to come and soak in the warm and friendly atmosphere of **D & J Bistro** with genuine comfort food, such as **le lapin en cocotte** (March's true bistro dish).

And maybe come and attend our presentation of "**Brittany/Normandy**" on

Sunday, March 16, through slides, narration, anecdotes, followed by a regional three-course dinner for a very reasonable \$47.50, all inclusive.

Or you may want to have just a bite, an appetizer at **le bar** and chat with John, our bar manager, or Rocky, his assistant. You can always expect a good ambience along with interesting food offerings at the bar. And remember... ladies are very welcome.

—Come and See Us Soon!

Dominique

The Learning Tree for Childhood Enrichment

The Learning Tree Center is on Ela Road near McDonalds and Target. The building, which overlooks a wetland nature area, was designed especially for young children. It has a homelike atmosphere and lots of low windows.

The Learning Tree Early Childhood School offers preschool classes for two, three or five days per week for children ages 2 through 6. Either morning or afternoon sessions are available as well as lunch time enrichment classes. There are also 6-week afternoon theme-related craft classes. **The Learning Tree Daycare** offers full- and part-time care for children of working parents. Classes are available for children of ages six weeks through five years. A kindergarten and a before-and-after school program, called The Discovery Club, are also available. Special classes are offered on computers, art, dance, gymnastics, slime & ooey-goey crafts, storytelling and Spanish. A baby gym/

OPEN HOUSE
March 3, 6:30-7:30 p.m.
FALL REGISTRATION
for Preschool and
Kindergarten Enrollment
Possible bus service to N. Barrington
and some District 95 schools

mom and tot program will also be offered. The building includes a multipurpose room for exercise, rain or shine, as well as a science curiosity corner. The educational curriculum aims at school readiness and includes fascinating themes and projects for the children.

The goal of **The Learning Tree Center** is to provide a safe, educational and culturally rich environment to nurture young children. **The Learning Tree** is nationally accredited and licensed by the DCFS.

Garden Club of Lake Zurich

The next meeting of the Garden Club of Lake Zurich will be March 4 at 7:30 p.m. at the Foglia YMCA on Old McHenry Rd. The program will be "Orchids & Tropical Plants" by Reme Tesch.

Meetings are usually held the first Tuesday of each month. Visitors are always welcome. Come exchange gardening notes. For more information, call 1-847-382-2621 or 1-847-438-0860.

The Garden Club of Lake Zurich is a

member of both The Garden Clubs of Illinois, Inc., and the National Garden Clubs, Inc.

Upcoming Events

On April 1, the program will be "English Gardens and Flower Arrangements" by Zena Colterjohn.

On May 6, the program will be "Great Gardens of the Chicago Area" by Carolyn Ulrich. This meeting will be at the Masonic Hall, 101 Oak St. in Lake Zurich.

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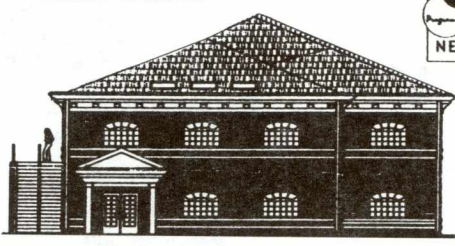
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Karen Logan, M.S. Early Childhood/Special Education, Owner
www.learningtreekids.info

The Learning Tree
Daycare
Ages 6 Weeks to 10 Years
Telephone **847-438-1945**

Happenings!

in the area

The Envelope Please... OMNI Celebrates the Movies at its Black-Tie Gala

Guests at OMNI Youth Services' 2003 black-tie gala will find out what it's like to be a movie star when OMNI celebrates the movies on March 8 from 6 p.m. to midnight at Navy Pier's Grand Ballroom in Chicago.

Gala-goers will feel the glamour of Hollywood as they make their entrance on the red carpet through a crowd of paparazzi. They'll feel the richness of Hollywood, sipping fine wine and enjoying a gourmet dinner. They'll feel the excitement, dancing away the evening to the music of the Steve Nevets Orchestra. And they'll feel the generosity of Hollywood, knowing that proceeds from the gala benefit young people who count on OMNI Youth Services.

Tom Wilson, better known as Biff from *Back to the Future*, will serve as master of ceremonies.

For more information about tickets, sponsorship opportunities or attending the gala, please contact Alan Brostoff, OMNI's special events manager, at 1-847-353-1604, e-mail abrostoff@omniyouth.org or visit OMNI's Web site at www.omniyouth.org.



Kildeer resident Janelle Osborne, a member of OMNI Youth Services board of directors and a member of the 2003 gala planning committee, says that everyone will be a winner when they join OMNI Youth Services to celebrate the movies at its black-tie gala on March 8 at Chicago's Navy Pier.

Barrington Friends of WINGS Prepares for Spring



The Barrington Friends of WINGS Advisory kicked off the new year with a luncheon meeting in January.

With spring around the corner, the Barrington Friends of WINGS Advisory is busy with preparations for fixing and cleaning at the Barrington home. Underway already are projects on the exterior of the home, and the group looks forward to beginning other repairs and alterations both inside and outside. Individuals or groups wishing to support WINGS in their endeavors with materials, labor or monetary donations are invited to contact WINGS directly at 1-847-963-8910 or to contact Mary Gerak, Advisory chairperson, at 1-847-304-0861.

For almost 20 years, WINGS has operated to end homelessness and domestic

violence for women and children in the North and Northwest Suburbs of Chicago's Cook County. Long-term transitional housing and a host of supportive services are designed to move women from desperate situations to self-sufficiency and financial independence. WINGS currently has 17 homes and apartments with the ability to house up to 70 women and children each night.

The Barrington Advisory was formed to meet the needs of WINGS and their home in the Barrington area. Advisory members include people from the Barrington community who are dedicated to helping WINGS achieve its mission.



"Hooray for Hollywood!" Previews with Press Party on Oscar Nomination Day

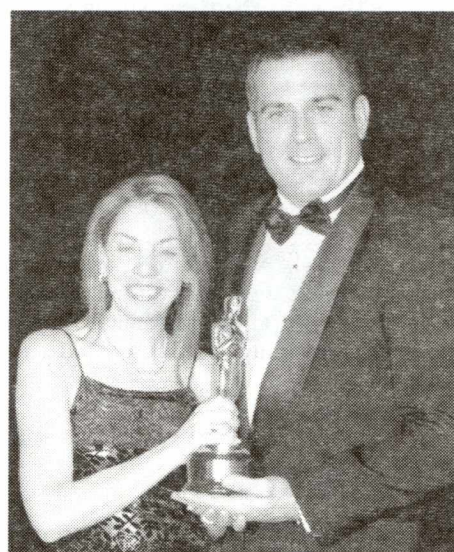
On Tuesday, Feb. 11, the Academy of Motion Picture Arts and Sciences announced the nominees for the 75th annual Academy Awards (also known as the Oscars). On that date, local luminaries in the Northwest Suburbs gathered to celebrate Hollywood glamour and to preview plans for The Bridge Youth & Family Services' "Hooray for Hollywood!" gala.

Jim Schwantz, honorary chair, greeted sponsors, volunteers and the media at Tamale Wally's in Palatine. Guests had a chance to discuss the newly announced nominees, offered their unofficial picks and previewed some of the items that will be auctioned at the Bridge event. Among the special opportunities to be auctioned:

- a noted Hollywood screenwriter's offer to mentor the successful bidder in the development and marketing of his or her first screenplay
- "Top Gun for a Day" with aerial combat training and a videotape of your dog-fight with an opponent
- full-length furs
- a feng shui consultation in your home
- a pig roast for 50
- and so much more...

This year's Bridge dinner dance auction gala, "Hooray for Hollywood!" will feature all of the glitz and glamour of Hollywood on behalf of The Bridge Youth & Family Services. Gala co-chairs Roland Marquis and Karen Pinderski, auction chair Becky Brooks and the volunteer dinner dance committee are preparing to welcome an anticipated 400 guests to The Cotillion in Palatine on March 8 for this event. Tickets are priced at \$125 per person. Sponsorships begin at \$1,500. "Hooray for Hollywood!" prizes will feature a trip for two to Hollywood, a 32-inch flat screen television and a \$500 gift certificate to Monson Jewelers in Palatine.

The festivities will begin at 6 p.m. with



Honorary chair Jim Schwantz (former Bear player) with his wife, Brenda

both live and silent auctions, and continue until midnight with dinner, cocktails and dancing. The annual Bridge dinner dance/auction is the largest fund-raiser of the year; it raises over \$100,000 for Bridge programs. The proceeds from this event will help fund counseling, crisis intervention, mentoring, youth leadership development, parent education and other programs that benefit local children and their families.

The Bridge Youth & Family Services, a United Way-funded agency, helps families stay together and be successful. Established in 1965, the Bridge is a comprehensive, community-based charitable organization serving youth ages 6 to 17 and their families in Northwest Suburban Cook County.

To receive an invitation, make a reservation or volunteer for this event, call Ms. Xiaodong Zhu at 1-847-359-7490, ext. 204, or e-mail specialevents@starnetwx.net.

Friends of BAAC Spring Fashion Show

Friends of the Barrington Area Arts Council would like to remind you that spring is around the corner and so is the Eighth Annual Spring Fashion Show/Fund-Raiser.

Trowby Brockman and Brenda Streicher, co-chairpersons, are previewing some of the exciting fibers. There are many new and talented artists. We hope you will reserve Thursday, April 24, and join us at the Barrington Hills Country Club to celebrate the "Facets of Fiber."

For further information, please contact the Barrington Area Arts Council at 1-847-382-5626.



Trowby Brockman and Brenda Streicher, co-chairs, preview some of the exciting fibers.

Radiance—A New Meaning

The newest injectable treatment for facial folds and hollow-looking areas of the face is **Radiance**, a natural substance found in the human body. **Radiance** softens deep facial folds and wrinkles, such as those from the nose to the corner of the mouth and mouth to chin.

"**Radiance** actually has multiple benefits," states Dr. Gregory M. Bazell of **The Aesthetic Plastic Surgery Center of Barrington**. "Results last much longer than other facial fillers, in some cases as long as three to five years. Because it is a substance found naturally within the human body, there are no reports of allergy or rejection to **Radiance**. Minimal patient downtime and discomfort are reported after this procedure, which usually takes 10 to 20 minutes to complete."

Dr. Bazell will discuss the pending FDA status of **Radiance** and other injectable rejuvenation treatments at a seminar on **Saturday, March 15, at 10 a.m.** at **Versa Medi-Spa**. Clinical photos will be presented along with a discussion of appropriate applications for different injectable treatments. Dr. Bazell will be pleased to directly answer any questions.

Having passed a series of rigorous and nationally-recognized standards for the

provision of quality health care, Dr. Greg Bazell of **The Aesthetic Plastic Surgery Center of Barrington** and David P. Van Dam, MD, founder of **Dermatology Physicians and Surgeons, Ltd.**, and **Versa**, have received accreditation from the Accreditation Association for Ambulatory Health Care, Inc., for the private, on-site surgical suite in Barrington. Accreditation is not granted to all those who apply, and this achievement affirms our long-standing commitment to the highest quality of care and patient safety.

Gregory M. Bazell, MD, is committed to comprehensive patient education to assist you in making informed, confident decisions. A natural appearance, safety, comfort and your satisfaction are Dr. Bazell's foremost goals.

For further information on **Radiance** or any information regarding aesthetic plastic surgery treatments of the face or body or to make a reservation for the March 15 seminar, please contact Jennifer at **The Aesthetic Plastic Surgery Center of Barrington, 1-847-382-5111**. Consultations with Dr. Bazell are always complementary and individualized to fit your needs in a nonpressured environment.

Auditions for Bristol Renaissance Faire

The Bristol Renaissance Faire announces auditions for its 2003 season. Actors, vocal and instrumental musicians and variety artists (jugglers, magicians, dancers, etc.) are needed for paid and volunteer roles. The faire has a special call out for strong male and female actor/combatants. Auditions are Saturday and Sunday, March 22 and 23, at Carthage College in Kenosha.

For more information, go to www.renfair.com, select the Bristol Faire location, click on "Participants" and find "Audition Information." Call 1-847-395-7773, ext. 232, or e-mail BRFAuditions@recfair.com to make an appointment. The Bristol Renaissance Faire encourages auditions from performers of all ethnic groups.

Woodstock Christian Life Services...A Rich Heritage of Intergenerational Services

In 1886, a Free Methodist minister was deeply moved by the plight of homeless children forced to scavenge for food in garbage cans in order to survive. Until he ran out of room, he invited these orphans into his home to live. Thus began what today is **Woodstock Christian Life Services**, a nonprofit Christian organization. Three divisions, along with the corporate offices, are located on a beautiful 17-acre campus in Woodstock, Ill.

Woodstock Early Learning Center was the first of the divisions. Originally an orphanage called the Industrial Home for Children, the center today serves over 180 children from the surrounding area as a preschool and early learning center. Dedicated to enriching the lives of children, WELC cares for children from newborn to after-school age. The college-trained and fully experienced staff provides Christian care, direction and recreation in a safe, learning environment. WELC boasts their own certified therapy dog in residence, a black lab named Cheyenne. She is available for the children on a daily basis, and teaches them the fundamental basics of loving and caring for an animal.

Hearthstone Manor, originally The Old People's Rest Home, has roots that go back to 1903 when another Free Methodist minister established a home for the

elderly across the street from the orphanage. Presently, **Hearthstone Manor** is a long-term nursing facility with services ranging from assisted living to skilled nursing. New programs at the manor include Traditions of Woodstock Alzheimer's disease and dementia care and Medicare certification. Friendships are fostered between the manor grandmas and grandpas and the WELC children. A reading tutorial program is scheduled weekly, and activities are organized to include all age groups within the campus. Cheyenne, WELC therapy dog, makes weekly trips to the manor to visit with the residents. She reaches out individually in a unique way that, at times, only animals can do.

Hearthstone Village is a retirement community with supportive services. Restaurant-style dining, housekeeping, chapel, daily activities, and transportation to physicians and shopping are included in the monthly rent. The village has its own library, café, beauty shop, recreation room and general store for resident convenience. Home Instead Senior Care is on-site daily to provide assistance with supportive services.

Please call LeeAnn Atwood at **815-334-6200** for information about any of the above services.

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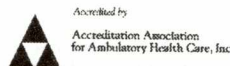
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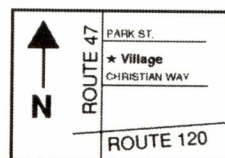
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Century
of
Caring...

At **Hearthstone Village Retirement Community** you can relax, have fun and visit with family all in the same day. You can be as busy as you want and enjoy the carefree lifestyle we offer. **Hearthstone Village** offers a wide range of services and is located in the heart of historic Woodstock. Stop in for a visit or call Laila at 815.334.6200 for more information.

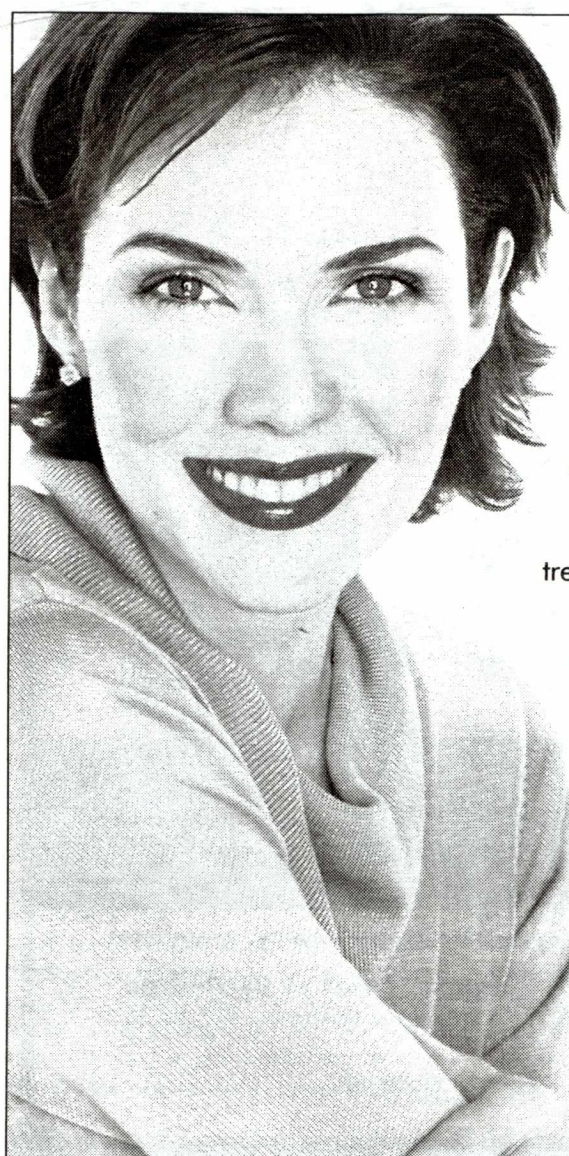
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Available at our practice for the treatment of unwanted hair is the **GentleLASE Laser**. The laser is a fast, effective treatment, requiring no creams or needles. Patients do not need to let their hair grow.

In addition to general and surgical dermatology, we provide a variety of services to enhance your skin. For skin rejuvenation, we have products and treatments

available including Collagen for fine lines and wrinkles; Beta-Lift peels to unclog pores, clear up acne and soften fine lines; and microdermabrasion for increased firmness, minimized pores, more even skin tones, and reduced pigment marks and scars. For the treatment of psoriasis and vitiligo, we have available the Narrow Band UVB as well as PUVA light treatment.

The doctors in our practice, **Dr. Susan Liebovitz, Dr. Patricia Ledwig, Dr. Leslie Beaird** and **Dr. Alka Madan**, are all board-certified dermatologists who continually strive to provide the utmost in quality dermatologic care in a caring, friendly atmosphere.

Please call our office, **1-847-884-8096**, for additional information or to schedule an appointment.

United Parcel Service Grants WINGS \$25,000

WINGS Program, Inc., received a \$25,000 grant from the UPS Foundation, the charitable arm of the United Parcel Service. The grant was awarded through the foundation's Region/District Grant Program, an initiative that allows UPS employees to recommend organizations for funding based on the needs they see in their communities. WINGS, a nonprofit social service agency, provides long-term housing and services to help women and children who are struggling with homelessness and domestic violence in the North and Northwest suburbs, including Barrington, Mt. Prospect, Des Plaines, Arlington Hts., Park Ridge, Hoffman Estates and Schaumburg.

Barrington is one of the areas that WINGS has served since its inception. In fact, the program has a transitional living home close to the downtown area that was donated by doctors Yeshwants, residents of Barrington, at the end of 2001.

Funds from the UPS Foundation will make a big impact while WINGS continues its mission of ending homelessness and domestic violence for women and children as it embarks on a project to build and operate a domestic violence "Safe House." The shelter will have capacity for 35 to 45 women and children a night.

"The \$25,000 will specifically be used to support 'Safe House,' which is expected to open up in the fall of 2003," says Rebecca Darr, WINGS executive director.

Rita Canning, WINGS president, states, "Currently, the nearest 'Safe House' for Barrington residents is in Elgin and, unfortunately, operates at capacity most of the time. The WINGS facility will provide much needed relief both in proximity and availability for Barrington women."

The grant awarded is just one of many that the UPS Foundation has made through the 2002 Region/District Grant Program. Grants totaling nearly \$3 million were awarded to organizations that support educational and human service initiatives across the United States and Canada, Latin America, Europe and Asia.

"Because our business operates in virtually every community across the country and more than 200 countries and territories around the world, UPS employees are uniquely positioned to recognize the issues and organizations in need of support," said Evren Cooper, president of the UPS Foundation and vice president of UPS corporate relations. "Through the Region/District Grant Program, our employees can positively help impact the challenges and opportunities facing our communities."

Founded in 1951 and based in Atlanta, Ga., the UPS Foundation is committed to making a difference through focused funded programs and projects. In addition to the Region/District Grant Program, the foundation's major initiatives include programs that support hunger relief, family and workplace literacy, and effective volunteerism. In 2001, the foundation contributed \$40.3 million to communities throughout the world through its various grant programs.

WINGS provides housing and comprehensive services including counseling, life-skills training, financial management and child development, which are designed to help women and children become self-sufficient and financially stable. The program currently has 17 apartments and homes located in the surrounding suburbs, which provide shelter for up to 70 women and children each night.

Other programs that WINGS offers include a Career Development Program that operates out of WINGS Resale Store in Palatine and provides residents and graduates an opportunity to improve their workplace skills by participating in an eight-week rotation to enhance their marketability in the workforce. Project Lifeline offers the women in the WINGS program and those who have graduated the opportunity to pair with a mentor, a woman from the community who has volunteered her time to provide support to the client. For more information about WINGS, visit www.wingsprogram.com or call Jennifer Djordjevic at 1-847-963-8910.

Appreciating WPA Murals

More than 300 murals and easel paintings were completed in Chicago's public schools between 1900 and 1946 under the auspices of Progressive Era reform and New Deal relief agencies, including the WPA, Works Progress Administration.

Over the years, many works were neglected or defaced while others were painted over. During recent efforts to rebuild or refurbish school paintings, the art collection was discovered.

Appreciate WPA murals with guide Rolf Achilles, April 10, through the Barrington Community Associates of the Art Institute of Chicago. The tour will focus on Chicago school murals and explore the history, discovery and restoration of these hidden treasures.

Women's Contribution to American Progress will be seen at the first stop, Lucy Flower High School. Commissioned by the WPA, Edward Millman painted the fresco in 1940. His figures include Jane Addams, Susan B. Anthony, Clara Barton, Lucy L. Flower, Frances Perkins, Harriet Beecher Stowe and Harriet Tubman. The suffering and deprivation shown in the finished mural offended some members of the Board of Education, and they had it whitewashed in 1941. In 1966, private and public funds were sought to remove the calcimine. Today, the vivid images look as though they were painted yesterday.



Edward Millman painting *Women's Contribution to American Progress*

Tour guide Rolf Achilles, an independent art historian, is the curator of the Smith Museum of Stained Glass Windows at Navy Pier and adjunct assistant professor of art history, theory and criticism at the School of the Art Institute. He studied at the University of Chicago, Northern Illinois University, and several universities in Germany, Italy and the Netherlands.

The fee for this interesting trip, \$60 for members or \$70 for non-members, includes lunch at Cyrano's on Wells. The bus will leave Langendorf Park in Barrington at 9:00 a.m. To register, contact Mrs. Pat Fein at 1-847-382-5953 before March 27.

Weight Management for Life Beyond 40

All women in midlife, are you struggling to lose weight? Have you tried every diet and exercise method, all to no success? Thought about giving up? Don't! The answer is right in Lake in the Hills—**Beyond 40**.

On 1303 W. Algonquin Rd., **Beyond 40** offers weekly one-hour group sessions on women's weight, wellness and wisdom. Sessions include: Hormone Balancing Food Plan; Five Steps to Midlife Weight Management; Hormones and Appetite; 10 Divine Secrets of Nutrition; and When Women Stop Hating Their Bodies.

Creative stress management techniques, books, gifts and much more are also available to nurture the midlife woman's body, mind and spirit.

All sessions are facilitated by Donna Teper, RN, certified menopause educator, national speaker and author. She will be more than happy to provide support and help you understand and manage the unique physical changes of life after 40, as these women attest:

"In a short time I have learned so much and lost weight!" —Jeanne, Algonquin

"Such a valuable experience... each week, I couldn't wait to return. This class



Donna Teper, RN

is something every woman in perimenopause or menopause should consider."

—Mickie, Algonquin

"Thank you for teaching me how to eat to lose weight instead of starving and not losing weight."

—Darla, Cary

"... To develop a personal plan of health and beauty, this class has been all that and more."

—Beth, St. Charles

So don't delay! Come to **Beyond 40**, speak with Donna, and take the first step in understanding and managing your body. Evening and daytime classes are available, \$110 for 10 weeks. Call **1-847-458-4084**.

The European Art of Nail Care

Are you looking for a way to relieve stress and make yourself beautiful?

If so, you need to treat yourself to a manicure and pedicure. **Nails Design**, located at 557 N. Hough Street in Barrington, has been in business six years. The four licensed technicians, trained in Europe, offer the European art of nail care. The friendly and impeccably clean atmosphere make the experience so enjoyable.

Complete nail services, featuring hand-

filed acrylic, gel and sculptured nails, are available. European pedicures, at a custom design station, offer total relaxation.

Besides up-to-date colors and products being used, complete waxing services are also available.

So, look beautiful and feel wonderful by experiencing all **Nails Design** has to offer.

Call **1-847-304-9205** for an appointment and additional information.

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Electrolysis is the only safe, sensible and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary hair removal methods such as lasers, waxing, shaving, bleaching, tweezing and depilatories. These temporary methods will only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis is the only form of permanent hair removal approved by the FDA and the American Medical Association. It is a gradual destructive process that involves a series of treatments. Consistent treatment is the most important factor contributing to the success of reaching your goal of permanent hair removal. Fritzshall offers a consultation to assist clients in choosing the appropriate treatment schedule and method.

Any prospective client seeking electrolysis treatment should inquire about the

methods of sterilization of equipment, use of sterile disposable probes, gloves and a mask. Questions to ask of the electrologist include: What professional organizations do you belong to? What is your educational background? Are you board certified? What types of continuing education classes have you attended in the past year? Are you preparing yourself for licensing which will begin in January 2004? By next January, those electrologists who are not complying with the law will be forbidden to practice electrolysis. It is your right to be an informed consumer. Please ask these questions of your current electrologist.

Electrolysis will lift your spirits and your self-confidence as the look you desire is achieved, as the troublesome hair is gone forever! Electrolysis has been known to improve your physical appearance and self-image and help you feel more attractive and socially acceptable. You are making a permanent choice for a lasting impression!

Absolutely! Electrolysis Salon is located at 368 W. Liberty St. (Route 176), conveniently located two blocks east of Rand Road in Wauconda. Call **Debbie** at **1-847-487-9020** to discover the difference. You will love the results!

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Barrington Area Professional Women Explore Tools to Improve Networking

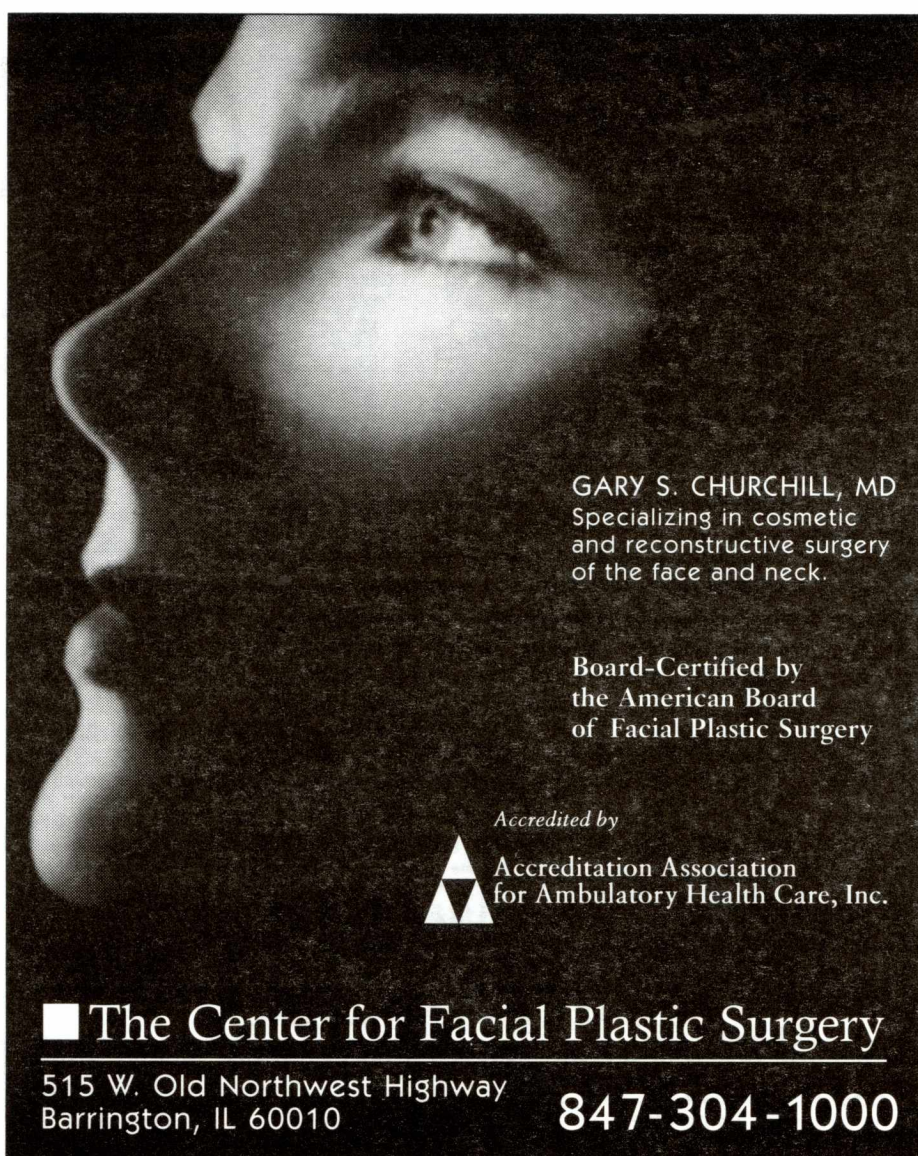
Effective networking is one of today's most critical business skills. Barrington Area Professional Women will meet for an all-networking evening called "How is Your NET Working?: Tools For Re-energizing Your Network Skills" on Thursday, March 6, at 6:15 p.m. at The Barrington Country Bistro, 700 Northwest Highway in Barrington (at Route 14 and Hart Road).

Everyone is invited to bring business cards, brochures and samples to display. The evening will begin with the opportunity to network before dinner. Following dinner, a panel of successful area women will give us their insights into networking

and how we can improve our skills.


Barrington Area Professional Women is open to any woman who works or lives in the Barrington area. The group offers a unique opportunity to meet other business and professional women, learn new skills, and establish connections in the community. If this sounds good to you, please come join us.

The cost for the evening is \$28 for members or \$33 for guests. Please make your reservation by noon, March 3, with reservations chair Susan Legrady at 1-847-381-5501.



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Radiance—A More Permanent Injectable Solution

by Gary S. Churchill, MD



Gary Churchill, MD

As we continue to age, facial lines such as nasal labial and geniomandibular folds tend to deepen. Often, patients wish to fill or augment these soft-tissue areas in an effort to preserve a more youthful appearance. To date, injectables such as collagen and harvested bodily fat have been used for this purpose. Both products provide a temporary remedy for facial lines, and most patients require treatment every two to three months to maintain the desired effect.

A new alternative, **Radiance**, has recently received attention from the press for its more permanent results. Radiance is an injectable product which contains synthetic calcium hydroxylapatite (CaHa), a substance found in human bones and teeth. CaHa has been used in the past in both dental and orthopedic reconstruction and is not new to the medical field. A six-month multitreatment study on Radiance indicates promising results with no significant safety issues or negative patient reactions. Radiance was injected into the soft tissue, and after several treatments, these areas showed a volume increase without showing an unnatural turgidity

or puffiness. Radiance is believed to last three to five years.

While Radiance is FDA approved for certain medical applications, it has not yet been cleared specifically for cosmetic use in the face. The off-label use of Radiance to fill facial lines and creases is yielding favorable results. This off-label use is similar to the way botox was used for cosmetic purposes prior to its FDA clearance last summer. Bioform, the manufacturer of Radiance, is seeking cosmetic clearance by the FDA and expects it soon.

If you have questions regarding Radiance, please call my office, **The Center for Facial Plastic Surgery**, at 1-847-304-1000.

Barrington Sparrow Calls for Volunteers and Announces Annual Luncheon

Barrington Friends of Home of the Sparrow held an information session for prospective members and volunteers on Feb. 5. Did you miss it? Are you interested in becoming involved in this successful local program which empowers women to take control of their lives and permanently break the cycle of homelessness?

Volunteer opportunities exist on many levels. Some of the needs include: providing clerical support, aiding children in study and play, working at one of the Sparrow Nest thrift shops, contributing professional or building maintenance skills, as well as participation in one of the many various and necessary duties associated with fund-raising efforts.

The rewards in friendship and satisfaction are great.

Home of the Sparrow (located in McHenry, Crystal Lake and Palatine) provides safe, stable transitional housing to over 100 women and children annually. An extensive job and life-skills training program as well as emotional support and guidance aid in achieving the goals of self-reliance and independence.



Attending the volunteer information session on Feb. 5 were (from left) Kim Kanold and Julie Reitsch, both from the Barrington area.

For more information on volunteer opportunities, contact Susan at 1-847-382-3708. Or view our Web site at <http://bakhom.northstarnet.org/bfhos/>.

And plan to attend the Annual Meeting of Barrington Friends! This spring luncheon tradition, held at Barrington Hills County Club, continues on April 10. Look for reservation information or call Jan at 1-847-277-0407.

Vein Care Specialists Perform Closure Procedure

Vein Care Specialists, Ltd., is the first office in the Midwest to perform the Closure Procedure and is now one of the first to offer the EndoLaser Procedure.

These procedures, along with our physicians, have been featured on several local news programs including WGN TV, Fox 32, NBC Channel 5 and ABC Channel 7. They have also appeared in articles in *The Daily Herald*, *Harpers Bazaar* and

More magazine.

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Please feel free to call us with your questions or to request a brochure.



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Lake Barrington Woods' State-Assisted Living License Means More Personal Care Services for Residents

Since its Assisted Living Program was licensed by the Illinois Department of Public Health this past fall, **Lake Barrington Woods** is now governed by the Assisted Living and Shared Housing Act and associated rules.

"We are very excited about our license to provide assisted living services," explains Phil Hemmer, executive director. "We are proud of the quality of life we have provided for our assisted living residents. Now, with the Assisted Living license, we are able to offer them additional enhanced personal care services and hands-on care."

Assisted Living is a residential environment with supportive services designed to meet individual residents' changing needs and preferences. Under these new state rules, **Lake Barrington Woods** has been able to expand the services provided to residents, enhancing their quality of life at the community. Among the enhanced services **Lake Barrington Woods** now offers are:

- Providing hands-on assistance with activities of daily living including bathing, dressing, grooming and transferring

- Medication administration by our licensed nurses, which may include administration of routine insulin and vitamin B-12 injections, oral medications, topical treatments, eye and ear drops, and nitroglycerin patches

"At **Lake Barrington Woods**, we work

with our assisted living residents, their families and physicians to develop a service plan that best meets their individual needs," states Darlene Malecki, LPN, resident services director. Residents are assessed quarterly or more often if necessary due to changes in their condition.

Among the other services and amenities included for Assisted Living residents are three meals a day served in the dining room, weekly housekeeping and linen service, personal laundry service, maintenance and groundskeeping, all utilities except telephone, basic cable television, an emergency response system, a calendar of programs and events, wellness programs, and scheduled transportation. Beyond their apartments, residents will find common areas including a living room, library, dining room, country kitchen, private dining room, grille, fitness center, beauty/barber shop, art studio, indoor pool and outdoor courtyard.

Lake Barrington Woods is a 192-apartment rental retirement community offering independent and licensed assisted living. Featuring 150 one- and two-bedroom apartments for independent living and 42 studio, one- and two-bedroom apartments for assisted living, **Lake Barrington Woods** is owned and operated by Parkside Senior Services, LLC.

For more information about life at **Lake Barrington Woods** or to schedule a tour, call 1-847-842-8900.

The Conveniences

The Friendships

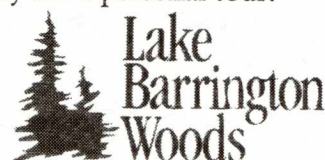
The Services



"You have created a real community where neighbors care about neighbors, friendships are made, and no one needs to feel lonely or bored."

Fine cuisine. A circle of friends and neighbors right outside your door. The feeling of security. Services that make life a little easier - from weekly housekeeping to building maintenance and groundskeeping. Opportunities to expand your horizons. Freedom to live your own independent lifestyle. The privacy of your own apartment home. And the comfort of knowing that **licensed assisted living** is available, should you need it. You'll find all this and more at Lake Barrington Woods.

Call 847-842-8900 today for a personal tour.



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Brush Away the Residue of Winter's Dry Skin and Fortify Your Skin for the Season Ahead

Every season affects the skin in different ways. The winter cold has tremendous impact on our skin by drying it out. There are a number of things that contribute to this, such as heaters, furnaces, lack of exercise and the cold temperature itself. The reason for this is the natural oils our bodies produce to protect our skin become thick in the cold, so they do not protect our skin as well. During the winter, we are challenged with keeping our skin properly moisturized, and moisture is the key to keeping our skin looking radiant and youthful!

Keeping our skin properly moisturized can be an ongoing challenge with constant temperature changes. The first step begins with appropriate cleansing. Select a product that does not promote drying of the skin by stripping away the natural oils like a daily soap might. At **Estetica Advanced Clinical Skin Care**, we often see clients encouraging dryness in their own skin by using a product that provides a "squeaky-clean" feel, robbing the skin of its natural oils. It is essential to select a cleansing product that does not strip away our natural oils yet properly cleans the skin. This requires selecting a product specifically designed for your own skin type and situation. At **Estetica**, we carry a variety of cleansers to ensure each of our clients is receiving optimal

results with their daily cleansers from day one.

After appropriate cleansing, the next step in keeping the skin properly moisturized during the winter months is to have a skin care regimen that allows for consistent exfoliation. Exfoliation is critical in the process because it assists with removing the dead skin cells that accumulate as a result of the winter dryness. Beyond removing the dead skin cells, exfoliating also smooths and chemically balances the skin which stimulates fresh cell growth, resulting in more radiant skin. Research also shows that exfoliating may eliminate abnormal cells on the skin that could develop into precancerous or cancerous cells. Because exfoliation is so important in taking care of the skin, **Estetica** offers the following exfoliation options: a professional line of exfoliation scrubs, chemical peels and microdermabrasion.

Exfoliation scrubs are excellent to use for light exfoliation and at-home maintenance treatments. Chemical peels and/or microdermabrasion are used for a more complete and deeper exfoliation and are performed at the clinic. A deeper exfoliation process will help smooth or erase many skin imperfections due to the effects of aging, harsh weather and sun. Chemical peels come in a wide range of

(Please continue on page 43)

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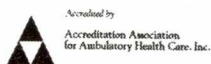
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"Artists on the Urban Edge VII"

The Barrington Area Arts Council announces "Artists on the Urban Edge VII" 2003, a juried exhibit of two- and three-dimensional art, on May 2 to 30.

This exhibit is open to all artists in the greater metropolitan area. There are no media or theme restrictions, but artwork should be representative of our urban environment.

The juror for this exhibit will be Susan Kraut, adjunct professor, the School of the Art Institute of Chicago. Professor Kraut was born in Washington, D.C., studied at Morley College in London, England, and received her master's in fine arts from the School of the Art Institute of Chicago. Her most recent exhibits include *Gwenda Jay*

(Addington Gallery, Chicago, 2003) and "Art and Nature" (Suburban Fine Arts Center, Highland Park, Ill., 2002). She received the Faculty Enrichment Award, School of the Art Institute of Chicago (1999), among others, and has taught drawing and painting since 1981 at the school. She now resides in Evanston.

The Barrington Area Arts Council will distribute cash awards for Best of Show, Award of Excellence, Award of Merit and two for Honorable Mention.

The deadline to apply is March 20, 2003. For an application, contact the Barrington Area Arts Council, 207 Park Ave., Barrington, IL, 60010, 1-847-382-5626. Or send an e-mail to baacouncil@aol.com.

Thank You for Five Years of Servicing Our Community!

Our team at **Salon Extend** is celebrating five years of making people look fabulous! We enjoy every minute of custom consulting with each of you, accomplishing your ultimate look. We look forward to celebrating with an **open house** on **March 20 from 5:00 to 8:00 p.m.** At 6:30 p.m., our team will demonstrate the Hair U Wear line by Raquel Welch as well as our famous single strand extension technique. In addition, complimentary consultations and chair massages will be featured as well as refreshments and door prizes. We extend this invitation to anyone who would like to get a taste of our specialties.

This month, "spring" in to receive **25% off** our Hair U Wear line of put-on hair-pieces. Also, new clients receive **25% off** any hair extension technique with Lynette Rogala. This is the month for all of our industry conventions and seminars, so be sure to receive the hottest looks from **Salon Extend!**

Salon Extend rewards anyone who takes the time to recommend us. Receive a \$10 gift certificate when you refer any customer to our salon. Also, receive a \$50 gift certificate for referring any hair extension client. For your convenience, **Salon Extend** offers our services at your home as well as our salon in a favorable location on Northwest Highway in Barrington.

Continually, we welcome anyone in need of more hair. We specialize in adding length, thickness or simply custom color strands to enhance your look. Have the hair everyone is talking about—"Hair Extensions from **Salon Extend!**" Call us today at **1-847-381-3688**.



National IPL Training Center

Perhaps you have heard of Intense Pulsed Light therapy, or IPL, a noninvasive technology used in skin rejuvenation.

What you may not know is that **Dermatology Physicians and Surgeons, Ltd.**, is one of only a handful of providers in the Midwest for the newest form of this therapy, **ESTE•Lux**. Marion O'Hagan, RN, who has been treating patients with laser and light-based therapies under the direction of David P. Van Dam, MD, for over six years, is a national trainer in skin treatment using **ESTE•Lux**.

ESTE•Lux successfully treats multiple skin conditions, faster and more safely than traditional laser and light therapies, using multiple wavelengths of concentrated light with patented filters.

"We have had wonderful success," says O'Hagan. "Sun and age spots are fading and disappearing. Vessels and general redness are all but eliminated. Treatment is not isolated to the face; the hands, chest and back also respond very well."

Now is the perfect time to evaluate your skin rejuvenation goals. Through the guidance of a board-certified dermatologist at **Dermatology Physicians and Surgeons, Ltd.**, and the licensed estheticians at **Versa Medi-Spa**, a regimen specific to your skin and goals can be prescribed. It may include:

- IPL treatment
- Advanced microdermabrasion
- Glycolic peels
- Special combination treatments

• The latest proven at-home clinical skin care programs

And during the month of March, **Versa** is offering special pricing and a special series of two popular treatments.

- Three glycolic peel treatments—\$150
- Three advanced microdermabrasion treatments—\$250

In addition, during March, package specials or any IPL treatment include a **20% discount** on clinical skincare products at **Versa**, offering MD Forte®, Skin Medica™, Kinerase, Versa Body Science Botanicals and more.

David P. Van Dam, MD, founder of **Dermatology Physicians and Surgeons, Ltd.**, and **Versa**, along with **The Aesthetic Plastic Surgery Center of Barrington** have received accreditation for the private, on-site surgical suite in Barrington by the Accreditation Association for Ambulatory Health Care, Inc., having passed a series of rigorous and nationally recognized standards for the provision of quality health care. Accreditation is voluntary and is not granted to all those who apply. It affirms the long-standing commitment Dr. Van Dam and his practice have to the highest level of patient safety and quality care.

For more information, contact **Dermatology Physicians & Surgeons, Ltd.**, at **1-847-382-5111** or **Versa** at **1-847-382-6800**. Both are located in The Foundry of Barrington, also with offices in Crystal Lake.

Kildeer Women's Club Announces Fourth Annual Luncheon/Fund-Raiser "Welcome Spring"

The Kildeer Women's Club will host its fourth luncheon/fund-raiser on May 15 at the Wynstone Country Club in North Barrington. The fund-raiser benefits local nonprofit agencies that help individuals

and families in the Northwest Suburbs. Prizes, a silent auction, lunch and fashions from Savvy Spirit of Barrington will ensure an enjoyable afternoon for everyone. For more details, call 1-847-438-3695.



Hypnosis

by Martin A. Nathan, M.A., L.C.P.C.

Hypnosis is being used more than ever for treatment of a variety of issues. These include nicotine addiction, eating disorders, nail biting, anxiety and panic attacks, weight loss, depression, anger, pain, and sleep disorders. *It is particularly helpful with stopping smoking.*

I'm a licensed clinical professional counselor and have been in private practice for over 28 years. I see couples for marriage and relationship counseling, and individuals for a variety of issues. I am certified in the use of clinical hypnosis and have been using it in my practice for the past 27 years.

I use hypnosis most often with individuals in order to quickly change habit and behavior patterns that the client considers undesirable. Using hypnosis helps the changes to take place in a much shorter

period of time than traditional counseling alone. The combination of short-term counseling with hypnosis saves both time and money.

If you think that you have an issue that may be treated by hypnotherapy, call and discuss your issue or issues with me. You will learn the approximate number of sessions, the cost per session and whether or not it's for you.

I am also a certified meditation instructor and teach six-week "Introduction to Meditation" classes on a regular basis. Meditation helps you to respond better to stressful situations, lowers blood pressure and generally makes you feel better. If you are interested in learning how to meditate or wish to restart your meditation practice, please call **1-847-934-6555** for information.

Spring is in the Air

Barrington Community Child Care Center, located at 560 Carl Ave. in Barrington (one block west of Burger King), is a private center designed creatively for childcare, serving children 6 weeks to 6 years.

Our facility offers large child-friendly classrooms with a diverse environment that promotes self-esteem, independence and cognitive growth. Our preschool program focuses on the whole child. Every week, activities are planned around thematic units, including developmentally age-appropriate activities such as creative play, science and discovery, music and movement, reading readiness, and field trips. We help children develop a positive self-esteem, learn respect for others, sharpen and widen language skills, and work on prekindergarten skills. Most importantly, our desire is to provide each child with a positive school experience.

Barrington Community Child Care Center provides excellent care for growing and developing infants. Interaction with a primary caregiver has a strong influence on their developing skills while

maintaining the focus on flexible scheduling to meet the individual needs of each infant.

Barrington Community Child Care Center provides nutritionally-balanced catered lunches and two snacks every day. Meals are served in a relaxed family-style atmosphere to promote socialization and healthy eating habits.

Barrington Community Child Care Center offers special enrichment programs, field trips and family events on a regular basis as part of our commitment to bringing our families and school closer together. Our teachers are experienced, professional, child-centered adults who enjoy teaching and caring for young children. The teachers work hand-in-hand with the **Barrington Community Child Care Center** in the daily nurturing of young children.

Come see what we are all about at the **Barrington Community Child Care Center**, and give your child a creative, enriching and meaningful preschool experience. Call Julie at **1-847-381-0272** for details about visiting and joining us today.

Language Stars Makes Learning a Game

"**Language Stars** is simply a great program; I have never found anything that works as well for my children. **Language Stars** makes learning a game," says Karen Pritzker, mother of five.

Language Stars' unique **FunImmersion™** method turns learning into a game, focusing on a young child's ability to learn a language naturally through fun and engaging activities. Children learn through interactive games, arts and crafts, singing, cooking and more, all presented entirely in the foreign language.

"Children have a window of opportunity during which the brain is uniquely suited to absorbing language naturally," explains Karen Gould, **Language Stars'** director of education. "Children have the innate ability to absorb the structures and rules of a language as easily as they learned their first language. They can also pick up a native accent flawlessly."

Children who learn a second language

young also go on to show enhanced problem solving skills, stronger communication skills, and higher standardized SAT test scores.

Language Stars offers **FunImmersion™** programs for children ages 1 to 10 in several Chicago and suburban locations, including Barrington and Arlington Hts. In addition to year-round programs for Parents & Tots (12 to 36 months) and Kids Only groups (3 to 5, 5 to 8 and 8 to 10 years), **Language Stars** also offers exciting summer camp options.

"After just one week of **Language Stars** camp, there was an explosion of Spanish in our house!" says Dena, mother of 5-year-old Marlee. "The teachers are all native speakers, and most importantly, my daughter had a ton of fun."

To learn more about **Language Stars**, please call **1-847-382-1190**, e-mail **barrington@languagestars.com** or visit **www.languagestars.com**.



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Spring is in the Air.



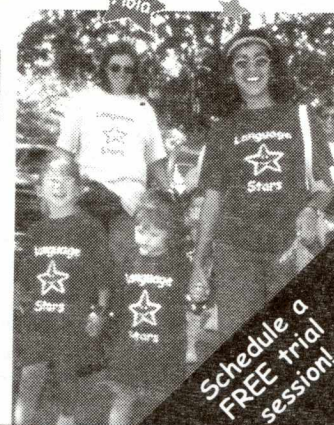
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Language Stars

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Japanese Gardens Focus for Green Thumbs

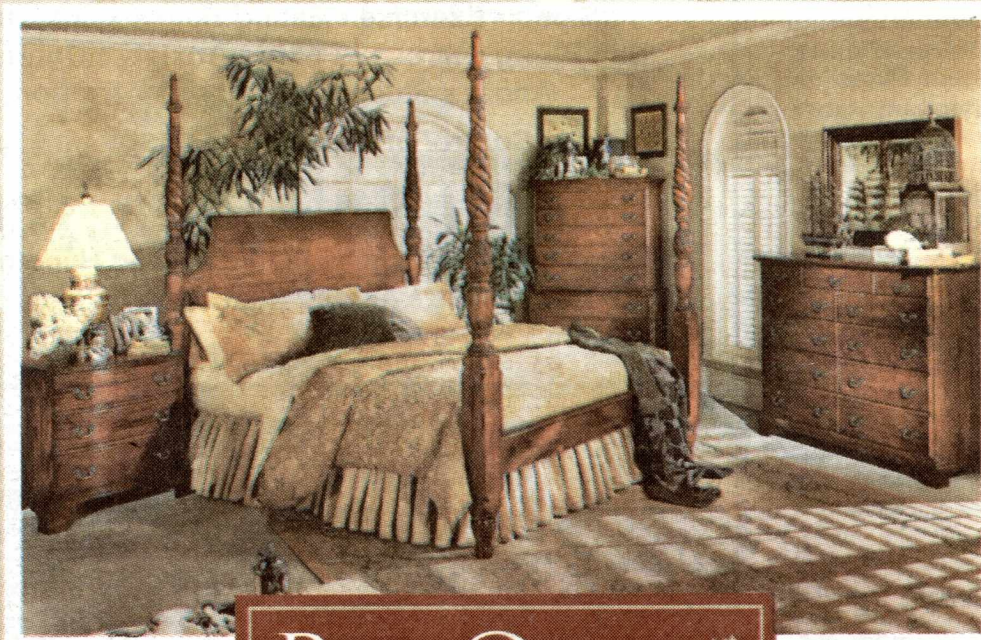
The early spring meeting of the Green Thumbs of Barrington Garden Club will convene at the Barrington Area Library on Monday, March 17, at 12:30 p.m. After socializing and refreshments, Barrington resident Diane Hunter, a member of the club, will deliver a fascinating program with an oriental focus.

Diane will present "Japanese Gardens of Kyoto—A Stroll Through Paradise," a unique slide show about nine of the most exquisitely beautiful gardens of Kyoto, Japan, including gardens rarely viewed by the public. Materials will also be provided with suggestions for creating a serene

space in our own gardens.

For 15 years, Diane, who is a recommended speaker of both the Chicago Botanical Garden and the Garden Clubs of Illinois, has been actively involved in the design of Japanese gardens, creating one for her own home as well. She has even studied in Japan with the eminent Izumi Ikeda.

A business meeting will follow the program. Visitors and guests are welcome at club meetings, and new members may join throughout the year. For detailed information, please call Joan at 1-847-526-7537.



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The Paintings of Artemesia Gentileschi

"Woman Victorious: The Paintings of Artemesia Gentileschi," a lecture by David Stark, is part of an Art Institute trip on March 13, sponsored by the Barrington Community Associates of the Art Institute of Chicago for its members.

Artemesia Gentileschi, 1593-1653, one of the greatest followers of the baroque master Caravaggio, gained an international reputation as a gifted painter, a rare accomplishment for a woman in the 17th century.

This lecture will survey Gentileschi's highly dramatic biography and her powerful paintings characterized by some as bloodthirsty.

The artist's best-known works are her depictions of the Old Testament heroine Judith beheading the giant Holofernes. The determined face of Judith is said to bear a resemblance to the artist herself. Some have connected these dramatic and gruesome paintings to a rape Artemesia survived early in her career.

Among her masterpieces are numerous images of women both heroic and victimized, drawn from ancient history and Christianity. Special attention will be given to examples of Artemesia's works in Midwest collections.

David Stark, senior associate director-museum education at The Art Institute, received his bachelor's in French from Oberlin College and his master's and doctorate in the history of art from Ohio State University. He has taught art history at the University of Minnesota, Morris, and the



Female Martyr by Artemesia Gentileschi, Oil on Panel, Ca. 1615. New York, Newhouse Galleries, Inc.

State University of New York, Utica. Stark is also on the part-time faculty of Columbia College Chicago.

The day will begin with coffee in the Women's Board Room, one of the special opportunities for Community Associates' members. Following the lecture, there will be time for a self-guided tour of "Renaissance Velvets and Silks," a textile exhibition coordinating with "The Medici, Michelangelo and the Art of Late Renaissance Florence." Its focus is the rich textiles

The Art of SHIFU Focus of Art Associates

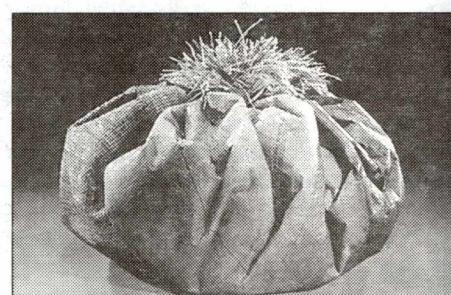
The next program in the popular Members Present Art Series sponsored by the Barrington Community Associates of the Art Institute of Chicago will be Thursday, March 20, 1 p.m., at the Barrington Area Library.

Linelle Dickinson will weave together the history, process and art of SHIFU (woven cloth of paper). This ancient Japanese art form melds well with her contemporary wall relief and sculptural art.

Linelle's artwork expresses social issues. The 16th century Japan's "Clothing of the Poor" inspires this contemporary artist to duplicate the process as an art form.

Linelle Dickinson received her bachelor's of fine arts degree at the School of the Art Institute of Chicago. Her work has been shown throughout the Chicago area, Wisconsin, Minnesota and New Mexico, at the Barrington Area Arts Gallery and at the School of the Art Institute.

In 2003, she will have solo exhibitions



Blooming Fibers by Linelle Dickinson, Indigo-Dyed Hand-Woven Paper, 16" x 18"

in Santa Fe, N.M., and the University Club of Chicago. Her work will be part of a group exhibition in August at Martha's Vineyard, Mass.

There is no charge for this lecture. Guests are welcome, and reservations are not necessary. For further information, please call the Members Present Art chair Arlene Martin at 1-847-381-2590.



used by clergy and royalty in Italy, Spain and other European countries. There are close to 130 examples of some of the most beautiful and finely-crafted textiles in the Western Hemisphere.

The \$35 fee for this members-only event does not include lunch. The bus will depart from Langendorf Park at 9:00 a.m. and from The Art Institute at 2:30 p.m. To

register, contact Mrs. Charles Sebastian at 1-847-359-4061.

Membership in the Barrington Community Associates is open to men and women in the Northwest Suburbs. The \$70 fee includes benefits equal to family membership to The Art Institute of Chicago. For additional information, contact Marianna Barr at 1-847-382-3952.

Amanda Dunbar

Please join us in welcoming back Amanda Dunbar, a rising star among young artists. Amanda gained celebrity as a child prodigy, making nationwide media appearances, including the Oprah Show. Most recently her artwork is featured on the smash hit Barbie DVD. You'll be amazed at how Amanda's artwork has grown and matured along with this remarkable young lady.



Rue de Vence

48" x 60"

ATTEND THE ARTIST'S RECEPTION

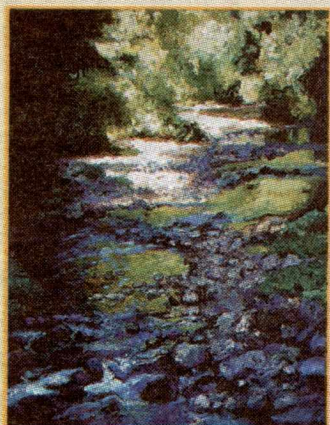
Friday, March 14th, 6 to 9 p.m.
at **THE STUDIO OF LONG GROVE**

Saturday, March 15th, 5 to 8 p.m.
at **HILLIGOSS GALLERIES**



Blue Forest

40" x 120"



Mountain Stream
48" x 36"



Mist by the Sea 48" x 36"

20th Century Spanish Artists Dali, Miro, Picasso

Featuring over 25 pencil signed prints by one of the greatest Spanish artists of the 20th century, Pablo Picasso. Also available will be etchings, aquatints and lithographs by Salvador Dali and Joan Miro.



Series 347: 1742
by Picasso



Athena by Dali



Oda a Joan Miro
by Miro

ATTEND THE OPENING RECEPTION

Friday, March 28th, 6 to 9 p.m.
at **THE STUDIO OF LONG GROVE**

Saturday, March 29th, 5 to 8 p.m.
at **HILLIGOSS GALLERIES**



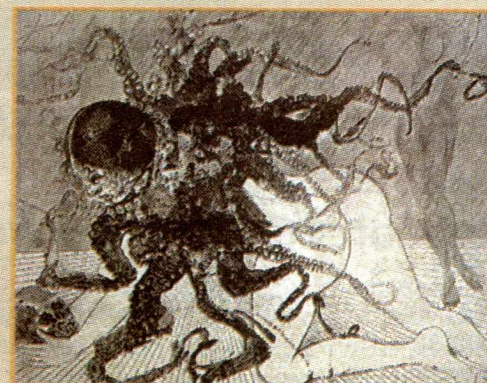
Saint Anne by Dali



Hommage a Bacchus by Picasso



L'oiseau D'estructeur
by Miro



Medusa by Dali

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Seminars to Help Your Survive
Prerequisite for attendance: must be age 45 to 60
Surviving Midlife Divorce—Wednesday, March 12, 7 - 10pm, Barrington—Ten steps you can take to not only survive but thrive! Moving on in a healthy way.
Midlife Dating—Thursday, March 13, 7 - 10pm, Barrington—Let's talk about: meeting people, who pays for what, sex and the new rules among other things. Learn how to make dating EMPOWERING rather than discouraging and esteem damaging.
Midlife Re-Nesting—Thursday, March 20, 7 - 10pm, Barrington—Both men and women are encouraged to attend. The loss of nest and partner is very hard for people. Creating a space that feels good and nurturing is not always a natural process. Learn how you can design a great space in conjunction with a new life.
Each program is affordably priced at \$45, including materials and refreshments.
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Your looks and smile are as important to us as they are to you - *always*. Whether educating you to prevent problems or returning your mouth to optimum oral health, we are committed to taking whatever time is necessary to ensure an aesthetic approach to your appearance.

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Scholarship Offered by Garden Club of Inverness

The Garden Club of Inverness is offering a \$1,000 college scholarship to a student with demonstrated interest in an environmental field.

Graduating high school seniors in District 211 or at Barrington High School and college students of any age who reside within the district and are enrolled in a degree program are eligible to apply. Students who attend college out-of-town are eligible if their families live in District 211 or the Barrington High School area.

Fields of study include horticulture, landscape design, agriculture, forestry,

conservation, natural resources management, environmental engineering and environmental law.

The deadline for application is April 1, 2003. To obtain an application or for more information, write to: Garden Club of Inverness, Attn. Education Chair, P.O. Box 1817, Palatine, IL, 60078, or call 1-847-358-4126. Please specify whether the applicant is a high school or college student. Applications also are available at the guidance offices at District 211 schools and Barrington High School.

Seminars to Help You Survive: Midlife Divorce, Dating and Re-Nesting

by Judy Kaplan, MS

If you are between the ages of 45 and 60 and find yourself in the horrible trauma of divorce, dating or reneating, rest assured you are not alone. Whether or not you are the one pursuing the divorce, life can become very overwhelming, emotionally devastating, scary and unnerving for both men and women. If you are thinking about or beginning to date, our old conventional rules don't seem to apply any longer. Men and women find themselves really struggling with meeting people, knowing what to expect and dealing with lots of complicated baggage. Even if you are a highly functioning, strong person who can seem to handle anything, establishing a new nest without a partner can throw you for a loop. My seminars can help: How to Survive your Midlife Divorce, Midlife Dating and Midlife Re-Nesting.

Surviving Your Midlife Divorce will be held in Barrington on **Wednesday, March 12**, from 7 to 10 p.m. I will cover the 10 most essential things you can do to not only survive but thrive through the process of divorce. Build your self-esteem, learn better ways to cope, know what to expect, understand how to utilize the resources that are available to you and identify your personal game plan are just a few of the topics of this interactive learning program. The program price of \$45 includes materials and refreshments.

Midlife Dating will be held in Barrington on **Thursday, March 13**, from 7

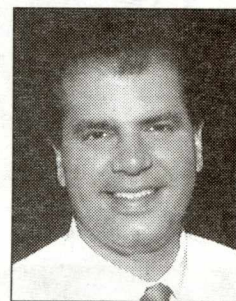
to 10 p.m. Humorous, personal, real-life experience and research provides the basis for this helpful and informative program. The objective of this program is to help midlifers gain a new perspective on the dating process, including discussions about sex, what to expect, how to meet people, what are the new socially acceptable rules about paying and much more. It is important to embark on the dating process with a new attitude. Meet others who are interested in the same subject by attending. The program price of \$45 will include lots of materials, refreshments and meeting opportunities.

Midlife Re-Nesting will be held in Barrington on **Thursday, March 20**, from 7 to 10 p.m. Both as a psychotherapist and licensed interior designer, I have come to understand that our "nest" can really speak volumes about our emotional state. Men who feel thrust out of the nest or women having to recreate the nest often go through a painful journey of self-discovery. This program has been designed to help you view the process of creating a new home for yourself from the perspective of learning about yourself. The "Psychology of the Nest" and how to do it on your own can be challenging. Learn how to open the pathways to new design for a new life. This program costs \$45 and includes materials, refreshments and fresh ideas.

Call **1-847-842-9365** for further information. I hope to be of help to you.

Tooth Brushing—A Hazard to Your Health?

by James T. Gavrilos, DDS



Dr. James Gavrilos

"Doctor... my gums are receding, but I take real good care of my teeth. I brush and floss daily, but my gums continue to recede. I don't understand why this is happening."

We hear that from new patients on a weekly basis. They have been instructed to use soft-bristle brushes and use up-and-down motions to prevent the recession of gum tissue. But the recession continues.

Many people have been advised that the recession along with notching at the gumline is caused by a hard-bristle toothbrush and/or improper brushing technique. The difficulty comes in explaining how one tooth may show signs of recession and notching while the tooth next to it is fine. Could the patient only be brushing that one tooth? Obviously not, so this is what led researchers to find the real causes and effects.

If a tooth is touching prematurely during the normal chewing cycle, this prematurity causes the tooth to flex. The flexing causes the enamel and dentin to break down at the gumline, where the enamel is thinnest. This is what causes the familiar looking notches that many patients see or can even feel with their fingernail. These notches are called abfractions. The notching can get deep enough to make

the teeth sensitive to cold, sweets or touch.

How do we stop the process? We start with an evaluation of your bite with the use of diagnostic information gathered to show us where the prematurities are. After this, we can determine if your bite can be adjusted to eliminate the harmful forces causing the abfractions. Only after the cause of the problem is eliminated can a dentist go in and predictably restore an area that is notched out. If a filling is placed without a bite adjustment, the filling can break its seal with the tooth because the forces that caused the abfraction are still present. Bacteria can leak under the filling and now decay will replace the destructive force of abfraction.

For a complete evaluation, call **Dr. James T. Gavrilos** in Barrington at **1-847-381-4040**.



Black Cohosh—An Herbal Alternative to Estrogen for Menopause

by Carole Childers, C.N., L.N.C., All Ways Healthy

As women enter menopause, typically between the ages of 45 and 50, many experience hot flashes, sweating, thinning of the vaginal lining and psychological symptoms such as depression, anxiety and forgetfulness.

Current conventional treatment attempts to replace waning natural hormones with supplements of estrogen with or without synthetic progesterone. Hormone Replacement Therapy can reduce menopausal symptoms and the risk of heart disease and osteoporosis. However, problems such as breast tenderness, water retention, reactivation of uterine bleeding and irregular spotting arise. Estrogen also increases the chance of uterine cancer, a risk that's offset by the inclusion of progestins. Whether the therapy increases the risk of breast cancer isn't clear. However, recent analysis of accumulated data on 160,000 women found that current or recent use of Hormone Replacement Therapy increased breast cancer risk by 2.3 percent for each year of use.

Though widely used and only thoroughly studied herbal approach to menopause is black cohosh (*Cimicifuga racemosa*). In addition to being a substitute for Hormone Replacement Therapy, black cohosh is also recommended by some herbalists to lessen water retention, soothe nervous tension, reduce inflammation, lower blood pressure and alleviate pain

from headaches and arthritis.

Since 1956, over 1.5 million menopausal women in Germany have used black cohosh to relieve not only hot flashes but also depression and vaginal atrophy. In 1994, over 6.5 million monthly dosages of black cohosh were utilized in menopausal women in Germany, Scandinavia and Austria.

In one study involving 629 female patients and 131 doctors, black cohosh produced clear improvement in over 80 percent of patients within six to eight weeks, with most patients reporting noticeable improvement within four weeks.

When used within recommended dosages, black cohosh shouldn't have any ill effects. However, because it dilates blood vessels, an overdose can trigger headaches, dizziness and low blood pressure.

If you're interested in switching from Hormone Replacement Therapy to black cohosh, you should consult a health care provider to determine a plan to taper the therapy while gradually increasing usage of the herb. And always check with your health care provider before beginning any new treatment, whether it's herbal or over-the-counter.

For more information or a personal consultation, call **1-847-438-9200**, Lake Zurich, or **1-847-639-4545**, Cary. Visit **All Ways Healthy** at 123 S. Rand Road, Lake Zurich, or 9 Jandus Road, Cary.

Second Annual Spring Gala for Hospice of Northeastern Illinois



Kym Frankovelgia



Maureen Christine

The Second Annual Spring Gala to benefit Hospice of Northeastern Illinois will feature two local vocalists and their accompanists in a performance on Saturday, April 26, at 6:30 p.m. at The Garlands Center for Performing Arts, located at 1000 Garlands Lane in Barrington.

Grammy-nominated artist Maureen Christine, a Crystal Lake resident, will perform original and Broadway hits in a lounge-style atmosphere. Kym Frankovelgia and the Peter Tye Quartet will jazz up

the second act with original and classic cabaret tunes.

Prizes, hors d'oeuvres, gourmet desserts and open bar will round out the night. Ticket price is \$100 per person. All proceeds benefit Hospice of Northeastern Illinois hospice care programs.

For more information or to purchase a ticket for the gala, contact the Hospice Foundation of Northeastern Illinois at 846-381-5811, ext. 254.

"Facets of Fiber" Call for Artists

The Barrington Area Arts Council announces "Facets of Fiber," a juried exhibit of fiber, textiles and wearable art, on April 4 to 25. This exhibit is open to all artists in the greater Chicago metropolitan area and has no theme restrictions.

The deadline to apply is March 3, 2003. For an application or more information, please contact the Barrington Area Arts Council, 207 Park Avenue, Barrington, IL, 60010, 1-847-382-5626. Or send an e-mail to baacouncil@aol.com.

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will share the newest in anti-aging
skincare.

Optometrist, Dr. David Tabak will talk
about cosmetic contacts, enhancers
and opaque lenses and mono-vision.

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Eternal Egypt

(Continued from page 11)

history and were used almost to the end. "But within this basic framework," Ritner notes, "styles changed in ways that reflect the social, political and religious conditions of the time."

Some of the most distinct changes can be seen in those periods when a unified Egypt dissolves for a time into competing city states, and art, no longer under the guidance of state-supported workshops, becomes less sophisticated and less abundant, if more diverse. The return of central rule often brings a renewed interest in the past, a cultural and artistic renaissance, and a revival of earlier styles, as the new

rulers attempt to assert their power and establish their authority.

Admission

Tickets to *Eternal Egypt* must be purchased in combination with a basic admission ticket. The combined price is \$16 for adults, \$13 for seniors and students with ID, or \$11 for children, 3 to 11. Discounts are available for Chicago residents. Visit www.fieldmuseum.org or call 312-922-9410 for details. For advance tickets, call Ticketmaster at 312-902-1500 or visit www.ticketmaster.com. Tickets go on sale March 21, 2003.

Struggling To Lose Weight?



Have books, fad diets, trendy exercise equipment, or self-help programs failed to get you off the weight-loss roller coaster? Dr. Barry Berger may have the answer for you. Dr. Berger's revolutionary long-term weight reduction program incorporates all of the following components:

- 40-30-30 diet plan
- Safe and effective prescription medication
- Monthly, face-to-face follow ups to monitor progress
- Documented 93% success rate!

Dr. Berger has spent 13 of his 17 years practicing in Lake Zurich. He is board certified in internal medicine, and prides himself in his long list of satisfied patients. Dr. Berger sees all of his patients in person. Much of his services are covered by most insurance companies (sorry, no HMO).

Barry Berger, M.D., D.O.

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LOSE THE WEIGHT...AND KEEP IT OFF!

New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 12 years, introduces a new weight loss program. This program is based on the 40/30/30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise and diet habits.

Dr. Berger has hundreds of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call **1-847-438-2454** in Lake Zurich or **630-789-9495** in Hinsdale to make an appointment for your consultation today.

Citizens for Conservation Holds 32nd Annual Meeting



(From left) Dr. Shirley Peterson, past recipient of the William H. Miller Conservation Award; Mary McCarthy, wildlife photographer; and Carol Svoboda, avid gardener, share a love of nature and conservation. They attended Citizens for Conservation's 32nd annual meeting and heard Steve Pescitelli of the Illinois Department of Natural Resources speak on the race to save our rivers and their vast hidden biodiversity.

The 120 people in attendance at Citizens for Conservation's 32nd annual meeting heard board president John Wagner emphasize that CFC's success is due to two main factors. First are the dedicated volunteers who work year round in restoration, education, development, and as phone personnel and office workers. Second is the generosity of those who support CFC with their monetary contributions, dues, donations, grants and foundation gifts.

John Rogner, field supervisor for the U.S. Fish and Wildlife Service, introduced Steve Pescitelli, stream specialist for the Illinois Department of Natural Resources. He spoke on the race to save our rivers and their vast hidden biodiversity, emphasizing the important resources of the 32,000 miles of stream ecosystems of Illinois, their rich biodiversity and the importance of restoring and maintaining these ecosystems.

Current board members elected to new terms include: Donna Bolzman, Bob

LeFevre, Patsy Mortimer, Rob Neff, John Schweizer, Jo Seagren and Wes Wolf. New board members are Edith Auchter and Meredith Tucker. Officers for 2003 are: president, Karen Hunter; vice president, John Schweizer; treasurer, Dave Kullander; and secretary, Melissa Washow.

During the awards ceremony, it was emphasized that the cumulative efforts of all CFC's volunteers have resulted in the spectacular progress made at each of its preserves and in the community's awareness of the value of Barrington's natural areas. These volunteers are extremely hard working, committed to conservation and passionate about taking care of open space in the Barrington area.

Wes Wolf presented Mighty Oak awards (for 50 hours or more of volunteer work in 2001, nonboard members) to: Joyce Allen, eighth year; Donna Ducay and Demetra Giannis, fifth year; Helen Hawthorne, eighth year; Carol Hogan and Greg LeFevre, second year; Cathy LeFevre and Jerry Masino, eighth year; Neil Timlin,

Meredith Tucker and Gail Vanderpoel, sixth year; and Ruth Vanderpoel, eighth year. The combined total hours for these volunteers add up to 2,500.

The Shooting Star Award (10 years or more of CFC volunteer work) was presented to Bonnie Abernathy, Karen Hunter, Jeane Kelley, Jerry Masino, Dorothy Sigel and Jim Vanderpoel.

A new addition to the awards ceremony was the presentation of Special Thank You awards for projects completed for CFC in the past year (2002). These awards were presented to: Karin Lee and Will Bashaw for serving as high school CFC board representatives; Eagle Scouts Matt Bayer and David Tessmer for bridge-building projects; Brent Ratter for propagation beds; Thomas Cafcas for seed-cleaning boxes; Brad Allen for his original work with Eagle Scouts and birdhouses; Katherine Grover for heading up the Grigsby Prairie 15th anniversary celebration and *Grigsby* (the life-size buffalo now holding forth at Grigsby Prairie); Mary Kaiser and Chuck Breuch for leading a strategic planning session; Tom Podgorski for obtaining and moving the Waid Vanderpoel commemorative boulder; Mark Vanderpoel for his work on the silo plans; Marty Stillwell for stewardship work; and John Wagner for clearing the Smith property of buckthorn.

Appreciation awards were also presented to outgoing board president John Wagner and retiring board member Sharon Pasch.

The Great Blue Heron Award (for outstanding contribution toward conservation within CFC activities) was presented to Sharon Pasch for her many years of varied CFC activities. She served as CFC president, wrote *The Conservationist*, organized and led strategic planning sessions, recruited volunteers, produced the wildflower books researched and drawn by two students, brought high school repre-

sentatives to the CFC board, helped negotiate the purchase of the new Flint Creek Savanna property, and worked in a wide variety of field activities.

Tom Vanderpoel presented the William H. Miller Conservation Award, CFC's highest award, to Stephen Packard for his 20-year contribution to conservation in the Barrington area. Although a professional in the conservation field, all of his work being honored with this award has been volunteered and born out of his passion for conservation. In 1983, he conducted the first burn at Wagner Fen with CFC. He confirmed and started management of prairie property adjacent to Cook County Forest Preserve lands, recruiting Tom Vanderpoel as the steward. In 1986, he developed detailed notes for the restoration of Grigsby Prairie. In 1988, he was instrumental in alerting CFC and the Village of Barrington of the value of Baker's Lake Savanna, helping to seed, including donating rare seed, to begin restoration. He has testified many times before BACOG villages to help preserve land for forest preserves and continues to visit CFC properties regularly, helping whenever he can. In accepting the award, Mr. Packard noted that CFC has played a leading role in conservation efforts and has provided a blueprint for the future of restoration in the region and beyond.

Katherine Grover announced that planning is underway for the Flint Creek Savanna 15th anniversary celebration.

Tom Vanderpoel concluded the evening's activities with a slide presentation highlighting the year in review. The review began with restoration activities (brush cutting at nine sites), burns (usually 10) when weather permits, backpack herbiciding, weeding (approximately 200,000 cattails pulled) and the 17th year of consistent workdays. Seed collecting

(Please continue on page 42)

Dr. Ruth Headlines Elgin Enrichment Series

The **Elgin Enrichment Series** and First Community Bank of Elgin are proud to announce the remainder of the 2002-2003 lineup of guest speakers.

David Goldman, known as the "laughing stockbroker," presents "A Humorous Look at Financial Planning" on Wednesday, April 2, at 10 a.m., followed by Dr. Ruth W. Westheimer in "An Evening with Dr. Ruth" on Tuesday, April 29, at 7 p.m. and "A Morning with Dr. Ruth" on Wednesday, April 30, at 10 a.m.

Goldman's insights on preparing for your financial future are gleaned from years of experience as a stockbroker and financial consultant. Dr. Ruth was orphaned by the Holocaust at age 10. When asked her secret for survival and success, she credits a positive outlook and endorses a hopeful attitude, revealing that she wasn't famous until age 50.

The Morning Series Sponsor for David

Goldman is Provena St. Joseph Hospital. The Elgin Financial Foundation is sponsor of the presentation. The Evening Series Sponsor for Dr. Ruth is IHC Group plus the Seigle Family Foundation and Dr. James Leonard Pinto and Dr. Bryan M. Kruskol (Obstetrics and Gynecology). The Morning Sponsor is W.R. Meadows, Inc., and Harvey Daeumer.

Morning presentation season ticket holders have the option to purchase luncheon tickets at \$18 each. The luncheon takes place at Elgin Country Club shortly after morning presentations.

All events take place at Elgin Community College in the Visual and Performing Arts Center located at 1700 Spartan Drive in Elgin. For information on purchasing tickets for the **Elgin Enrichment Series**, call **1-847-622-0300** or go on the Web to www.elginenrichment.org.

Visit the Country Collections Show for Decorating Inspiration

Why did the chicken cross Roselle Road? Why, to get to the **Country Collections Traditional Craft and Folk Art Faire** at Harper College of course!

Lots of folks are rehabbing and redecorating this spring. And when it comes to kitchens, chickens are everywhere! At the **Country Collections** show this **April 4, 5 and 6**, we can help you accessorize your kitchen and every room of your house.

For colonial furniture with a country flair, check out Hoosier Homestead's cupboards and accessories. Hand-hooked rugs and wall-hangings by Marlene Heard add a primitive touch, while traditional woven rag rugs from The Fireside Weaver or The Carpet Lady protect a busy hallway or kitchen floor. For an interesting decorating spin, stop by The New Homestead where Diane combines colonial colors with recycled silverware to produce great kitchen accents such as towel hooks and mirror frames! Appliquéd towels or wall-hangings by Horst and Horst provide colorful accents for every decorating theme.

If shabby chic is your thing, Sara Boo Creek's booth is filled to overflowing with architecturally inspired accents in the prettiest of pastels and painted screens, window sashes and canvases by Retta Gold or hand-painted pillows by Rabbit Hollow compliment the color scheme. Alison Fox brings us back into the kitchen with stained glass panels in designs that incorporate the pretty pastels and eye-catching glimmer of depression glass plates with textured glass pieces that recall a 1900 farm-



This picture represents the work of the following artists: spice cabinet by **Hoosier Homestead**; mâché chicken by **Wilson's American Primitives**; appliquéd towels by **Horst and Horst**; spoon towel hanger by **The New Homestead**; watermelon slice by **Annsarts**; chicken pin cushions by **Cozy Collectibles and Kastelin's Country Memories**; vegetable sign by **Trail's End Art**; and canned goods by **The Great Northwoods Trading Co.**

stead.

Be sure to visit Trail's End Art or Colonial Sign Company for reproduction trade signs with kitchen themes and Wilson's American Primitives for mâché figures including the ever-popular chicken!

Join 100 quality craftspeople and folk artists this April 4, 5 and 6 in the Wellness and Sports Center at Harper College at Algonquin and Roselle roads in Palatine. Get that bit of decorating inspiration you've been looking for! Show times are Friday, 3 to 9 p.m.; Saturday, 10 a.m. to 5 p.m.; and Sunday, 11 a.m. to 4 p.m. Admission is \$5, children 12 and under admitted free. There is a \$1 discount for seniors 65 and over. There will be a live musical presentation by David Fox and Joe Rubak. Call **1-800-984-8526** for further information.

Catchpenny Spring Open House

Catchpenny resale shop will hold its annual Spring Open House on Tuesday, March 18, from 10 a.m. to 4 p.m. Spring clothing will be featured along with Easter items, housewares, linens, books and miscellaneous items.

Catchpenny, 118 East Main Street, Barrington, is an important fund-raising proj-

ect of the Auxiliary of Good Shepherd Hospital and is staffed by male and female volunteers.

Catchpenny netted \$120,000 in 2002 which was a major part of the auxiliary's contribution to Good Shepherd Hospital services.

Elgin ENRICHMENT SERIES

Tickets On Sale Now!



David Goldman
The Laughing Stockbroker
"A Humorous Look at Financial Planning"
Wednesday
April 2, 2003
10:00 a.m.
Sponsor: Elgin Financial Foundation



Dr. Ruth W. Westheimer
Noted Sex Therapist, Grandmother and Grammy Award Nominee
"An Evening with Dr. Ruth"
Tuesday, April 29, 2003
7:00 p.m.
and
"A Morning with Dr. Ruth"
Wednesday, April 30, 2003
10:00 a.m.
Evening Sponsors: Seigle Family Foundation, Dr. James Leonard Pinto & Dr. Bryan M. Kruskol, (Obstetrics & Gynecology)
Morning Sponsors: W.R. Meadows, Inc., Harvey Daeumer

Call (847) 622-0300 Today!
www.elginenrichment.org
Held at Visual Performing Arts Center, Elgin Community College
The Elgin Enrichment Series is a not for profit organization.

Country Collections

Traditional Craft and Folk Art Faire

April 4th, 5th, 6th

Friday 3-9pm * Saturday 10-5pm
Sunday 11-4pm

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ADMISSION: ADULTS \$5.00 * CHILDREN UNDER 12 FREE
For More Information: 1-800-984-8526

Grief Workshops Offered by Hospice of Northeastern Illinois

Hospice of Northeastern Illinois will lead two grief workshops for persons who are grieving the loss of a loved one. Both workshops are open to Hospice of Northeastern Illinois families and the community.

"Together in Grief," a half-day workshop, will be Wednesday, March 5, from 9 a.m. to noon at The Church of the Holy Apostle, 5211 W. Bull Valley Rd., McHenry. The workshop will provide a forum to connect with others who are grieving, teach basic coping skills and offer additional resources. Registration fee is \$10.

"Where Do I Go from Here?," a grief workshop, will be Tuesday, March 25, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington. The workshop is for persons who have completed a grief group or grief counseling. This problem-solving workshop will focus on who you are now, provide tools to help you reconnect with life and how to adjust to a new environment without your loved one. Registration fee is \$10.

For more information or to register, call Hospice of Northeastern Illinois bereavement services at 1-847-381-5899.



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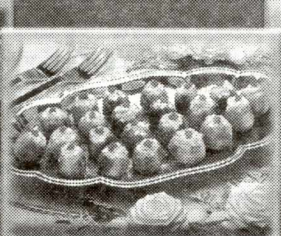
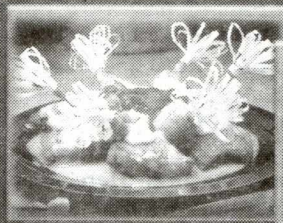
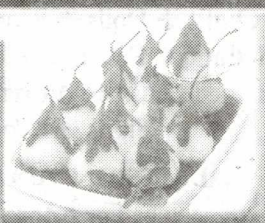
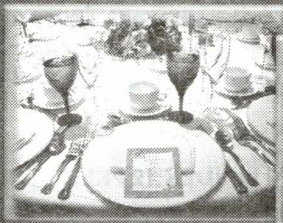


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Barrington United Methodist Church to be Completed Early March



Lay leaders and staff members of the Barrington United Methodist Church recently gathered in the sanctuary of their new church, which will be completed in early March: (back row, from left) Mel Franklin, trustee; Tom Calhoun, director of music; the Rev. Jim Wilson, senior pastor; Sallie

Gill, church secretary; Paula Gordon, administrative assistant; (second row) Stephanie Blatchley, coordinator of children's ministries; Sandra Ficke-Bradford, building committee; Lynne Richardson, financial secretary; (front row) Zachary Hess, and Emma Bradford.



European Crystal—BRAND NEW Banquet Center Offers Classy Alternative with a French Flair

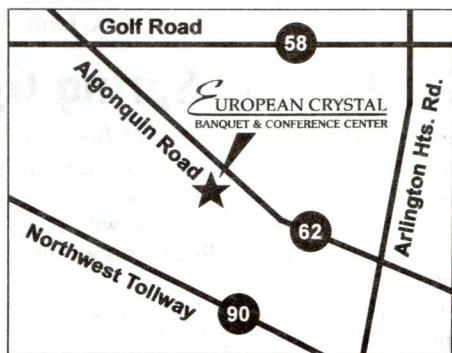


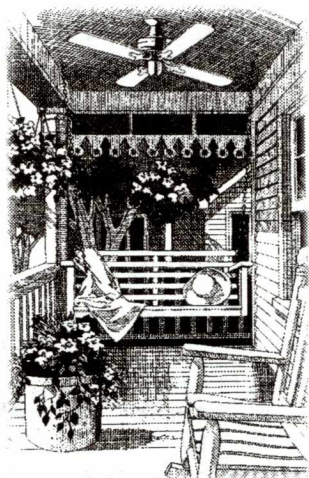
With a style of service and cordiality that is distinctly European, the staff of **European Crystal Banquet & Conference Center** graciously awaits your every need. Every request is met with warm assurance and confidence. **European Crystal** was specifically created to provide a superior social event or business meeting experience. And with many meeting spaces, **European Crystal** is a comfortable and elegant fit for every guest.

Group functions and events can easily be accommodated in 25,000 square feet of technologically-advanced banquet and meeting space. With a premium on versatility, this space is divisible into many rooms, highlighted by a 6,500 square foot ballroom. As you would expect, **European Crystal** offers a full service business center with high speed Internet access in all of our meeting rooms. Meeting plan-

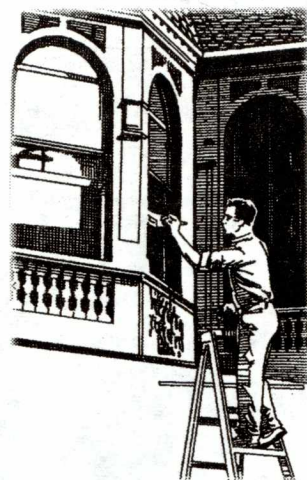
ners will find special touches, such as a separate entrance for the conference center, Concierge service and Valet parking.

European Crystal Banquet & Conference Center is located at 519 W. Algonquin Road in Arlington Heights. Visit www.europeancrystalbanquets.com or phone **1-847-437-5590**.





it's time for SPRING HOME IMPROVEMENTS special section



Beautiful Custom Stained Glass

The owner of **Pam's Glass Works**, Pam Orlando, has been a renowned designer of copper-foiled, stained and beveled glass for over 27 years. Her work has appeared in many model homes, showcase houses and many private residences throughout the Chicago area.

The best places to consider one of Pam's custom pieces would be in fireplace screens, cabinet doors, sidelites, octagon and half-moon windows, as well as windows that allow color and light to shine while maintaining privacy. Pam will design your custom piece to match either

your wallpaper or your home decor or any idea you might have in mind. Each piece is individually designed for your acquired taste.

The store also carries a full line of Bovano of Cheshire glass enamel sculptures, Peggy Karr fused glass plates, and many handmade and unique gifts for homes, weddings and corporate events.

The shop is located in the Mill Pond Shops, with easy access to parking. Stop by to discuss your custom stained glass piece with Pam.

Simplify! Organize! Beautify!

Life too complex? Simplify with **Closet Masters**. Organize your closets, home office, pantry, utility room and garage. When your surroundings are organized, it removes one of our everyday causes of stress—confusion.

There's a place for everything. **Closet Masters**' closet and storage systems are professionally designed and installed. **Closet Masters** takes pride in every job and provides references with every bro-

chure.

A new product for **Closet Masters** is the Wall Bed—a real bed, hidden when not in use behind an attractive cabinet. It easily pulls down to provide a comfortable rest for your guests. Available in twin, full or queen sizes. The queen only takes 66" of wall space. Drawers and shelves can be added to the sides of the cabinet.

Call **Closet Masters** at 1-847-669-7015 and simplify your life.

Nominations Sought for Senior Citizens' Hall of Fame

The Barrington Area Council on Aging, Inc., is beginning to plan for the Eighth Annual Barrington Area Senior Citizens' Hall of Fame to be held on Wednesday, May 21, 2003, at Lake Barrington Woods.

The Hall of Fame honors outstanding seniors from the Barrington area for their many years of service to enhance the quality of life in our community.

Local service organizations are encouraged to nominate a deserving senior from their organization to be recognized in the Hall of Fame. To be considered, the senior must have celebrated their 60th birthday

by Dec. 31, 2002. In addition, your selections should take into consideration the senior's contribution and active participation in your organization, outstanding service to the community, the years and nature of service in a specific area, and other recognition received over the years. Nomination forms should be returned to the BACOA office at 200 South Hough Street, Suite 001, Barrington, IL, 60010 by March 15, 2003.

For more information or a nomination form, please contact the council at 1-847-381-5030.

L & W Lamps' Biggest Sale Ever!

Don't miss this special five-day event from **Tuesday, March 11, through Saturday, March 15**. Every lamp, every fixture and every shade at **L & W Lamps** will be on sale!

So you can get the very best in solid cast brass, hand-painted ceramics, solid woods, precision-engineered halogens, hand-forged irons and more at tantalizingly low prices. In-stock shades include

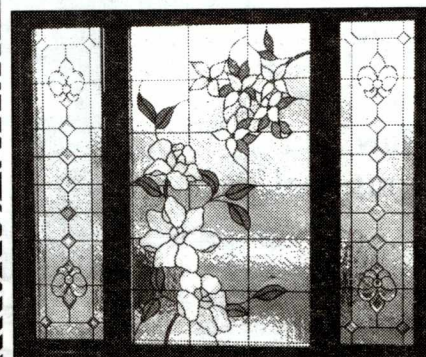
hand-sewn, luscious dupioni silks, rich Shantung, beaded chenilles and silks, faux hides, linens, parchments, and much more in all the latest styles and sizes.

Come in soon for the best selection. Sale is limited to in-stock items, and there will be no rainchecks. **L & W Lamps** is open Tuesday to Friday from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 5 p.m.



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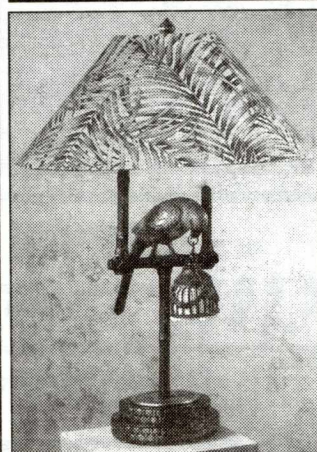


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Storewide Sale—March 11 thru 15!



Save 20% to 50% on All Lamps & Shades

Distressed parchments, faux hides, cottons, linens, shantungs, rich raw silk dupioni, more...every shade is on sale!

Looking for a table lamp, floor lamp, torchiere, chandelier, kitchen fixture, piano lamp, picture light, wall sconce, or wall swingarm? All lamps and fixtures are reduced by as much as 50%!

BUT HURRY—SALE ENDS MARCH 15!

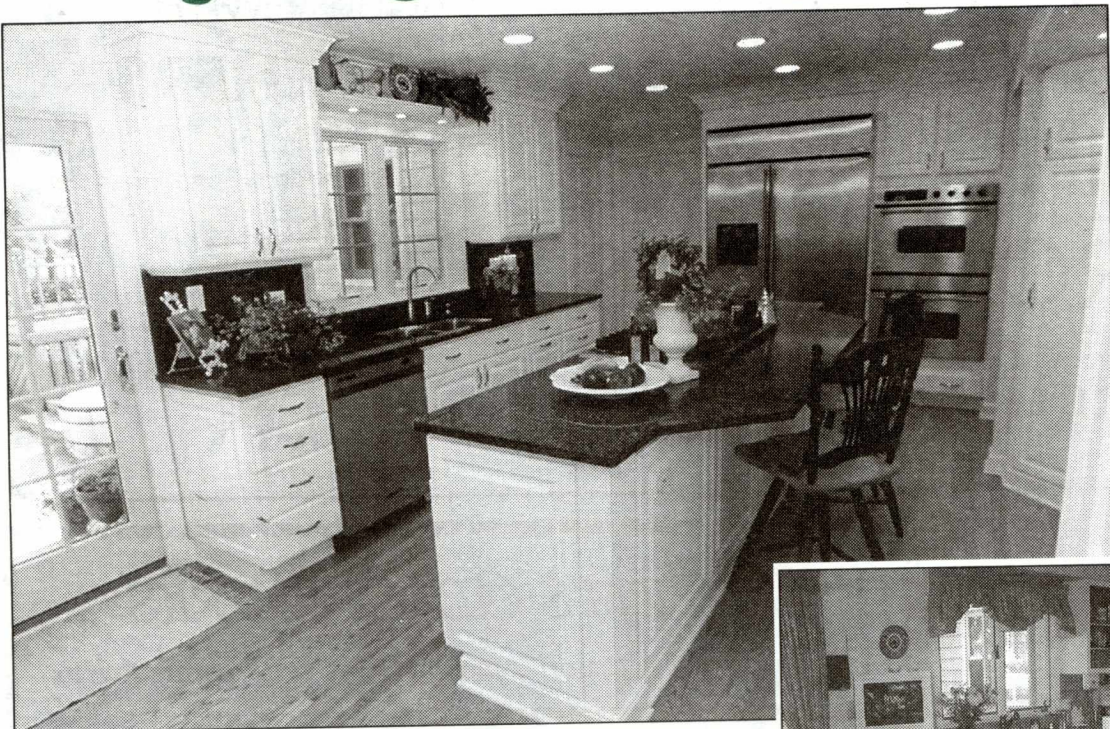
In-stock merchandise only. No rain checks.

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Taking Things Personally



The addition of a center island streamlined the Uribe's kitchen, opening up traffic flow and creating a more spacious feel.

When Ana and Diego Uribe of Barrington decided it was time to update the kitchen of their Fox Point home, they knew they needed more than an "off-the-shelf" solution. They needed a designer who could creatively work within their current space, adding what they wanted and keeping what they needed...while making their kitchen open and inviting. And to get a personalized approach to their design, they turned to Kaye Hathaway, of **Barrington Kitchen & Bath Studio**.

Hathaway, a Certified Kitchen Designer, Space Planner and Interior Designer, used all of her expertise to create a bright, cheerful kitchen that meets all of the Uribes' needs and desires.

"Sometimes it takes some extra time and thought to develop the perfect solution for a unique situation," said Hathaway. "At **Barrington Kitchen & Bath**, we give our clients that personal attention needed to create a room that really works for them."

The distinctive shape of floor-to-ceiling pantries allow for an overhang on the island, to accommodate seating.



The original peninsula closed off the kitchen.

The key to Kaye's solution was the addition of a center island. The parallel counters give the kitchen a feeling of openness, eliminating the tight, closed-off feeling of the original peninsula. The island also allowed Kaye to position the cooktop directly across from the sink, making food preparation more convenient. And the island's beautiful granite countertop



HOMEOWNER WISH LIST

- Make the kitchen more functional and open
- Bring food preparation areas closer together (especially the stove/sink)
- Create a space where the family can gather
- Make better use of storage space
- Retain current walls and door openings

NEW KITCHEN DESIGN ELEMENTS

- Replacing the peninsula with an island gives kitchen a sense of more space
- Placing cooktop in center island makes cooking convenient, while adding extra counter space
- Center island brings Ana closer together with her family and friends—up to three people can sit at the counter while she prepares food
- Design of unique, angled pantries provide needed storage, as well as beautiful display areas
- Addition of one small wall separates space, creating a "mock" butler's pantry

was extended on one side, so Ana's family and friends can sit nearby as Ana prepares her delicious meals and snacks.

Another important design element is floor-to-ceiling pantries. Created to mirror the "u-shape" of the island, the pantries provide ample storage and offer a great space for Ana to show off her brightly colored ceramic roosters. As a finishing touch, Kaye designed a small "mock" butler's pantry housing the Uribe's wine chiller and glassware.

And the cabinets, countertops, flooring and appliances were expertly installed by **Delta Renovations**, the sister company to **Barrington Kitchen & Bath**, making the process seamless from start to finish.

So what do Ana and Diego Uribe think about the results?

"We absolutely love our new kitchen!" said Ana Diego. "Kaye, at **Barrington Kitchen & Bath**, kept us steered in the right direction...without offending our own creativity. And the people at **Delta Renovations** made the installation process almost painless! We're really pleased."

If you're looking for that personal touch on your home renovation project, talk to the experts at **Barrington Kitchen & Bath** and **Delta Renovations**. Just call 847-381-3084. They'll give you the special dedication to help turn your house into a home!



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**BARRINGTON
KITCHEN & BATH
STUDIO**

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The Best Defense Against Attack is a Strong Immune System

Dr. Ken Alibek, president of Hadron Advanced Biosystems, a corporation that was awarded an anthrax research contract by the U.S. Army, was interviewed by Fox News anchor Tony Snow on what people could do to defend themselves against the threat of anthrax. His reply was, "Build a strong immune system." When asked how that could be done, Dr. Alibek indicated that antioxidants, in the form of herbal supplements and vitamins, were the best place to start.

I don't have enough space to elaborate on Dr. Alibek, his background and opinions. So I encourage you to join me and the other **HealthWatchers** so you can learn more about creating and keeping a strong immune system. Our "Immunity" nutritional has 14 types of mushrooms

with a formula that makes available the widest range of beta glucans. These are natural polysaccharides, which, studies show, increase the number of Killer T and NK Lymphocytes which, in turn, boosts the immune system function and increases energy levels.

To learn more about this as well as how to stay healthy, join **HealthWatchers** now. The program focuses on five areas:

- Eating in the Zone
- Pharmacy-Grade Supplements
- How to Choose Mineral Rich Water
- Cardio Walking
- Journaling and Support

Each week, we focus on a different aspect of health as well as supporting each other with our different goals. There are no fees.

Spring Planning with SanFilippo Landscape

No matter what you do in life, planning is important. It gives you direction and helps you get where you want to go. Sometimes, the planning can be done without help. But more often than not a professional is needed.

At **SanFilippo Landscape**, we offer the planning help you need when it comes to the landscaping of your home or office. Through education and experience, we take an existing situation, blend it with a client's needs and still make it look good and feel right. Picture a juggler with three or more balls and you get the idea of what creating a design is all about. Everything must be considered—building location, drainage, lot size and direction, neighbors, existing plantings, budget—and don't forget the most important consideration—what you want! Do you entertain, enjoy gardening, have plans for a pool, require

low maintenance? Remember, no one can give you what you want until they know what's important to you.

The Plan

Once you've established your needs and have the plan in front of you, how do you know if it's a good design? Many people have a hard time understanding what those symbols on a plan represent, so we would like to share with you some ways to understand what the drawing is trying to tell you so you'll be better able to judge the quality of your landscape design.

All plans should place your residence and all other structures on the property in their proper location—a survey is required to do this—and drawn to scale. The diameter of each circle represents the tree's or shrub's spread. Architects/designers usually have a style of drawing that helps you

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Eileen SanFilippo

Call **Eileen SanFilippo** to schedule a one-on-one meeting at **1-847-382-4973**.

Remember, health is a life that is in balance.

differentiate the different types of plants used, i.e., deciduous, evergreen, ground-covers. And always keep in mind "the right plant for the right location." A plant's mature size must always be considered, so you don't have too large or too small a plant for a given area.

Plant Materials

All plants are not created equal. In your design, try to pay attention to variety in the texture, color and size of your plant materials. A good mix of heights give a landscape dimension, while large groupings of the same plant can help create variety in texture and color throughout all seasons. Also, once the choice of plants is made, ensure that they are adapted to our climate. We recommend materials that have been grown in Northern Illinois/Wisconsin nurseries. Many lawn and garden

centers sell bulk plant materials with undersized root systems to accommodate volume shipping. Many of these same plants often come from the South, allowing them to be more prone to disease and unable to handle our winters. Another consideration is plant size. Professional nursery stock is larger and helps create a more pleasing look during the first season before the plants are established.

Questions to Ask a Contractor

So, if you're in the market for a firm that can handle the whole project, make sure to ask lots of questions: Where do your plants come from? Are you primarily in the maintenance business? Can you help me with grading and drainage? Are your designers licensed architects? So, start with a plan and give Michael SanFilippo a call at **1-847-381-1611**.

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Barrington LIFESTYLES March 2003 33



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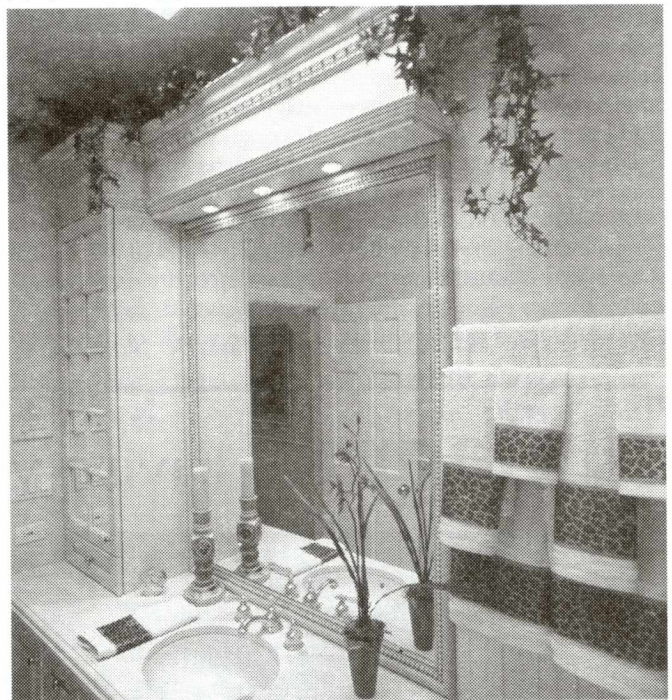
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Author Jim Fizzell Kicks Off Geimer's Second Annual Spring Garden Show

Noted author and nationally-recognized horticulturist James Fizzell kicks off **Geimer Greenhouses' Second Annual Spring Garden Show** at 10 a.m., Saturday, March 22, in Long Grove with a timely talk on getting started for the gardening season.

Fizzell, a longtime garden expert on WGN Radio and current host of *Saturday Morning Garden* with Jim Fizzell on AM-850 WAIT, will also discuss and sign copies of his latest book, *Illinois Gardener's Guide Revised Edition*.

Fizzell's talk will be followed by a special appearance at 11:30 a.m. by acclaimed local grower Roy Klehm, who will be on hand to discuss his favorite plants for Chicagoland gardens.

At 1:00 p.m., join us for "Wake Up Your Lawn," hosted by Bio Green and Olsen Distributors. And at 2:30 p.m., Hendrickson—The Care of Trees presents "20 Minutes in the Life and Death of a Tree."

On Sunday, March 23, the show continues with a discussion at 10:00 a.m. on "Spring Cleaning for Your Water Garden."

At 11:30 a.m., Sunday, *Chicagoland Gardening Magazine* presents an informative program on "Gardening for Year-Round Fragrance," followed at 1:00 p.m. by a panel discussion on "Landscape Design Basics" hosted by Geimer's own landscape design experts.

Finally, Mike Geimer wraps up the lecture series with an informative how-to talk titled "Prep Your Garden for Spring!"

The two-day event will also include



Acclaimed horticulturist James Fizzell leads off Geimer Greenhouses' Second Annual Spring Garden Show, March 22 and 23, in Long Grove.

hourly craft clinics for kids of all ages; special appearances by the Long Grove Fire Department; daily specials; door prizes; exotic new houseplants; garden accessories; and gardening experts on hand to answer all your questions!

Mark your calendar for Saturday and Sunday, March 22 and 23!

Geimer Greenhouses is located a half-mile north of Lake-Cook Road on Route 53 (Hicks Road) in Long Grove. For more information, call **1-847-358-6363**.

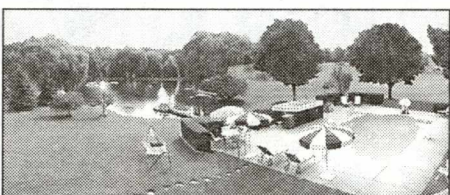
Equestrian Estate for Sale

A Rare Opportunity

Located in Bristol, Wis., this country estate will capture your heart at first sight. Luxury and seclusion is yours on this gently rolling land with sweeping unspoiled vistas of lawn, spruce, pine and oak. This exquisite equestrian estate with beautiful bridle paths, both open and wooded, encompasses over 200 glorious acres of woods, a wooded park, ponds, pastures, orchards and farmland. This extraordinary getaway blends harmoniously with nature. Water sports are yours to enjoy at the Chain of Lakes, Lake Geneva and Lake Michigan. Shopping, dining and golf are minutes away. Escape and recharge... a rare opportunity.

The Residences

This estate includes a 4,900-square-foot cedar-sided main house with all the amenities for relaxing and entertaining, including an in-ground swimming pool with deck umbrellas and seating. The home has an upper level master suite, 2½ baths, large kitchen, family-sized dining area, rustic living room with a wood-burning fireplace, a walkout lower level with



sauna, shower room, built-in bar and large stone wood-burning fireplace.

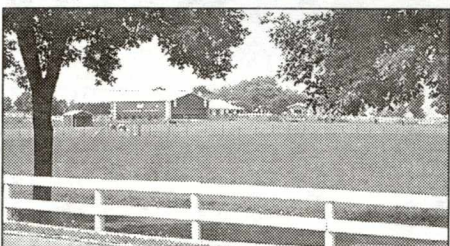
Out buildings include a four-bedroom custodial home, carriage barn, hay barn, horse barns, an indoor arena with viewing room, storage buildings and workshop.

The Property

Included in this 200+ acre estate are approximately 42 acres of homestead and park—all equipment, vehicles and snowmobiles as well as furniture and fixtures, in the main home. An approximately 21-acre separate parcel contains a deluxe two-unit rental building with attached garages. Units have two bedrooms, two baths, laundry facilities and much more. It encompasses approximately 143 acres of farmland and woods, with a 100-year-old dairy barn and a stone-block storage building.

This is a rare opportunity to invest in present and future enjoyment as well as solid appreciation. This private turnkey getaway, beautiful in the summer, breathtaking in the winter, must be seen to be appreciated.

For additional information, please call **Horizon's America** at **1-847-204-5276**.



Don't miss...

Geimer's 2nd Annual Spring Garden Show

Sat & Sun, March 22-23

Free gardening programs, kids clinics, refreshments, daily specials, door prizes & more!



Geimer Greenhouses, Inc.
Garden Center. Nursery & Landscaping

1/2-mile north of Lake-Cook Rd.
on Old IL Rte. 53 (Hicks Rd.) in Long Grove



Equestrian Estate For Sale

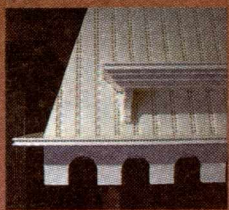
Over 200 acres of pristine property, located in Southeastern Wisconsin, are bordered by woodland, sprawling lawns, landscaped koi pond, fishing pond, orchards and pastures. Discover miles of grassy trails for riding and winter sports.

This private getaway, located in Southeastern Wisconsin is being offered to a select few for \$3,750,000. A Turnkey Operation.

- The 4,900 sq. ft. residence has 4 bedrooms, 3 full baths, large kitchen, 2 wood-burning fireplaces, lower level with game room, built-ins, spa area, and inground pool
- A four bedroom custodial home
- A newly renovated, landscaped equestrian rental with income from two apartments
- Barns, riding arenas, storage buildings, maintenance garage and more
- Fields leased for additional income

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Learn the fine art of cooking in an
entertaining and relaxed atmosphere with
David Koelling, former chef/owner
of The Greenery and Biloxi Grill.
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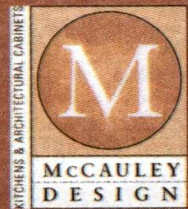


Barrington Residence as it appeared in *Great American Kitchens*.
Design, Details, Cabinets by McCAULEY DESIGN

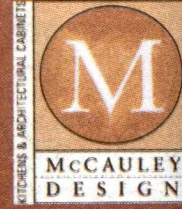
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Anyone can own a home, but making a home your own is quite different. The challenge is to find the perfect mix of design, comfort and function that reflects your needs and personality. Getting started is often the hard part, whether decorating a cozy office nook, fairy-tale nursery or fabulous entryway.

You can begin from the ground up, so

Create Your Own Design

The process for having a rug custom-made is much easier than you may think. There are reputable companies that specialize in this type of product, and they will guide you through the process. For more than 15 years, the professionals at **ColorMyRug** in Elk Grove Village have been helping clients create one-of-a-kind carpets and area rugs, using the highest-quality products.

Sculptured inlaid custom carpets and tufted New Zealand wool area rugs can be created for virtually any space in your home. Stairways, entries, family rooms and dining rooms to name a few, can be enhanced with the beauty and comfort of custom carpets.

Begin by visiting their Web site at www.colormyrug.com.

Baby Rug Craze

Babies and children's rugs are among the most popular requested items. Many rug designs can be personalized with your child's initials or first name. With designs ranging from adorable animal and moon-and-stars themes to the educational ABCs and road maps, they add a special touch to any room and make wonderful gifts.

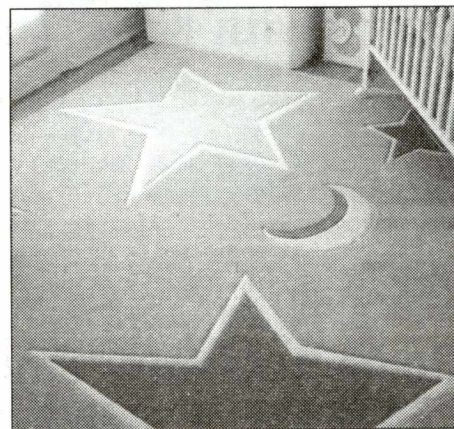
A rug, however, is such a personal choice that it can be difficult to select the best size or design. Thankfully, **ColorMyRug** offers gift certificates that grandparents or other family members can purchase. The gift will be one of the most memorable the parents receive, truly appreciated and used for years to come.

to speak. Look no further than your feet for inspiration. Custom floor coverings from wall-to-wall carpeting to area rugs can lay the foundation for any room's unique design or can be created to match the room's existing theme. The number of design choices is limited only by the stretch of your imagination.

colormyrug.com.

The specially-designed software allows you to select designs and even color them in an endless number of combinations to suit your décor. **ColorMyRug** can also arrange to have an affiliated interior design professional come to your home to help design the rug. Or you can call for an appointment to visit the manufacturer's facility to select from thousands of designs.

From design consultation to color selection to actual fabrication, the **ColorMyRug** experts will assist you throughout the entire process, which begins with your idea and ends when the perfect rug arrives at your doorstep within 3 to 4 weeks.



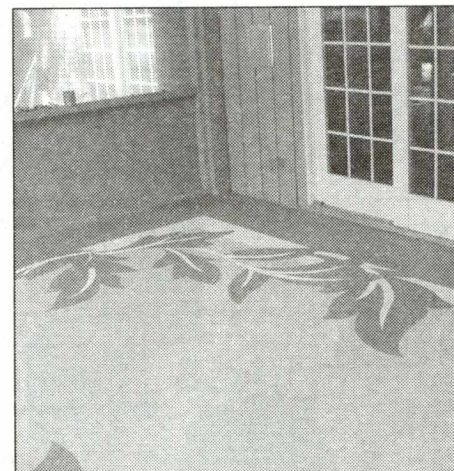
Baby Rug Craze

Revolutionary New Flooring

Unlike the nursery, some floors in your home require coverings that are more durable than traditional carpet materials yet just as beautiful. Bolon is a new, unique woven vinyl floor covering that offers a creative solution for kitchen, bathroom, patio, season room and other flooring areas.

The perfect choice for indoor and outdoor applications, Bolon floor covering is comfortable to walk on, easy to clean, dries quickly, does not mildew and is very fire resistant. The attractive, refined look of Bolon is available in hundreds of designs or can be custom-designed for you. **ColorMyRug** is the exclusive fabricator of Bolon in the United States.

ColorMyRug is located at 2675 American Lane in Elk Grove, Ill. For more information, call 1-847-238-9432.



Revolutionary New Flooring

Lunch and a Movie

The Barrington Area Council on Aging, Inc., and the Barrington Park District will have Lunch and a Movie at Langendorf park on Wednesday, March 19.

Lunch will be served at 12:30 p.m. followed at 1:00 p.m. by the movie *Hello Dolly*. The movie will be shown on a

large screen television. Bring a friend and enjoy an afternoon of movie magic. Popcorn will be provided.

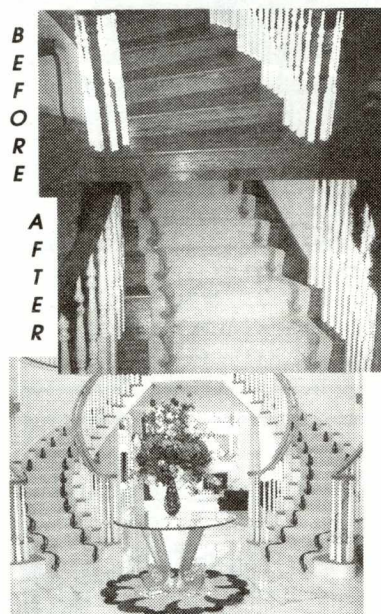
Please call 1-847-381-5030 to register for lunch. The suggested donation for lunch is \$3 per person.

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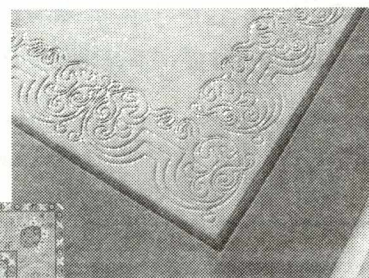
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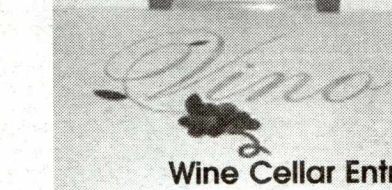
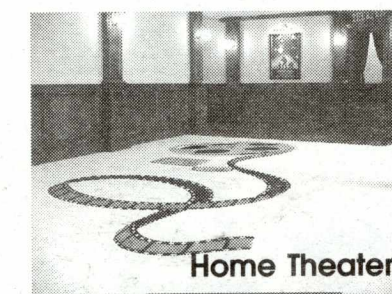
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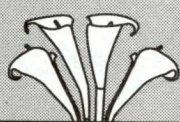
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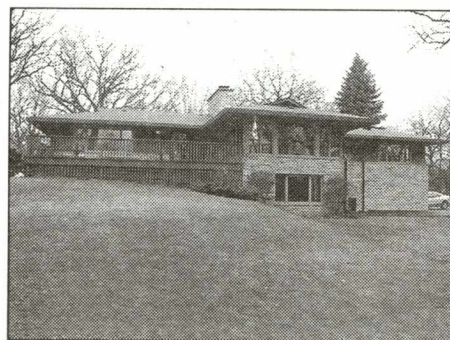
Fine Home Accessories



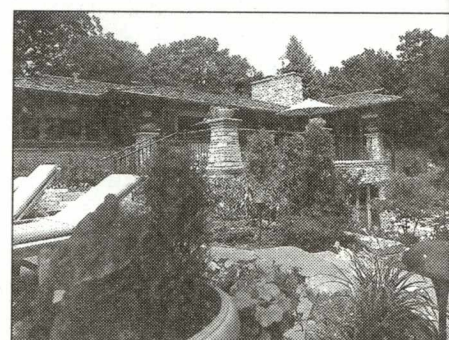
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Are you confused about how to get more space from your present home? Are you wondering how much this will cost?

"When a client calls us to look at remodeling their home, they generally have two questions. How can we get more space, and how much will it cost?" says John C. Cazzetta, President of **Kemper Cazzetta, Ltd.**, an architectural firm in Barrington that specializes in residential design. "We can uniquely answer those questions because of our combined experience in design and construction."

Mr. Cazzetta also owns BonnerCodd Associates, a construction management firm. "Because we construction manage

approximately 40% of our design work, we are familiar with the cost drivers of remodeling. Therefore, we are able to estimate the cost of a project before we begin designing." The firm also prides itself in "context architecture." "We strive to complement the existing structure as we incorporate the new space. The finished project should feel as if the new work was part of the original design."

If you are thinking of revising your home, please call John C. Cazzetta at **Kemper Cazzetta, Ltd.** for a free consultation at **847-382-8322**. He will be happy to talk to you about developing the full potential of your home.

Lunch with Kathy and Judy

The Barrington Area Council on Aging, Inc., invites you to join us and other seniors to attend a luncheon at Allgauer's Restaurant/Hilton Northbrook with WGN Radio personalities Kathy and Judy on Thursday, May 29.

This event is co-sponsored by the North/Northwest Suburban Senior Center directors Alden North Shore & Alden Estates of

Evanston, The Seasons at Glenview Place and HealthCARE Solutions.

The cost is \$50 per person and includes transportation by motor coach, lunch and entertainment. The bus will leave Langendorf Park at 10:30 a.m. and return at 3:30 p.m. Seating is limited, so please call BACOA at 1-847-381-5030 by April 22, 2003, for your reservations.

Home Accessory Store in Arlington Heights



Callalily Fine Home Accessories opened its doors in 1999 with a wide assortment of high-quality home accessories. Susan Presutti and Bonnie Chaput, both interior designers, are co-owners. After years of accessorizing homes in the northwest suburbs, they realized a need for a store dedicated to accessories and staffed by experienced designers. They will work with customers to select and place acces-

sories that complement your existing furniture. Many manufacturers' catalogs are available for ordering that 'just right' item.

Callalily Fine Home Accessories is located at 10 S. Dryden in Arlington Hts. in the Arlington Market. From Rte. 14, approximately 1/2 mile east of Arlington Heights Rd., turn north on Dryden St. and go one block. Call **1-847-255-2500**.

Would Your Family Enjoy This?



Summer will soon be here. With it comes carefree days for family fun. Wouldn't a spa on your deck be great?

Spas don't have to be hot in summer. You can have them cool and refreshing. And, on a cool summer night, turn it

steamy again.

For a spa set in a perfect setting (your design or theirs), call **Swanson's Spas & Saunas** at **1-847-438-4582**. They're on Rand Road in Lake Zurich. Why put it off any longer?

Are You Looking for the Very Best in Casual Furniture?

Then visit **The Garden House of Casual Furniture**, 1707 N. Rand Road in Palatine.

The Garden House offers one of the area's largest displays of premium indoor and outdoor furniture from many of the country's most-respected manufacturers. On display are seating, dining and accent pieces in wicker, rattan and bamboo for your sunroom, four-season room, dining room, den and bedroom. For the patio and garden room, items in teak, aluminum, wrought iron and synthetic wicker await you.

Design consultants and an experienced, friendly, knowledgeable staff are on hand to assist you with your selections.



The Garden House is open Monday through Saturday from 9:30 a.m. to 5:30 p.m. and Sunday from 11:00 a.m. to 4:00 p.m. **1-847-359-2020**.

Landscaping...Dumb Money/Smart Money

Dumb money goes for free design advice from lawn maintenance services and relatives. **Smart money** knows that life-style-compatible design concepts of the non-cookie cutter variety are had from a design professional.

Dumb money buys what looks good today, on sale, and often guided by the label or sales clerk. **Smart money** knows labels are often incomplete and misleading; and aims for long term and low maintenance color for all the seasons.

Dumb money downsizes materials to excess, sacrifices quality, and puts off fundamental problems when the budget is squeezed. **Smart money** takes on one area at a time, does it well, then moves on as budget allows.

Dumb money is cutting back, digging out, and replacing what died or overgrew their bounds in just a few years. **Smart money** is lining up the next putt.

Spend wisely... **the naturalizing landscapes**. **1-847-438-8890**.

Wellness Place March Seminars Feature Medical Insurance, Beauty

Medical insurance, dietary supplements and beauty ideas for persons undergoing cancer treatment will be topics of March educational seminars at Wellness Place, a cancer resource center at 1619 W. Colonial Parkway, Palatine. All presentations are free of charge, and registration is required. Please call 1-847-221-2400.

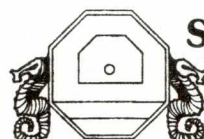
Managing insurance during cancer can be overwhelming and confusing at times, according to Judi Learned who will facilitate a "Medical Insurance Brown Bag Lunch Discussion" from 11:30 a.m. to 1:00 p.m. on Wednesday, March 12. Learned has been employed in the medical insur-

ance industry and is an advocate for herself as a person with multiple sclerosis. She will discuss psychological barriers as well as important details of COBRA and pre-existing conditions. Attendees are asked to bring a lunch and send questions in advance. Contact Wellness Place for further details.

"Using Supplements Sensibly" will be presented by Lynn Danford, nutrition specialist and research coordinator at the Lynn Sage Breast Center, affiliated with Northwestern Memorial Hospital, from 7:00 to 8:30 p.m. on Wednesday, March 19. Danford will discuss how to safely

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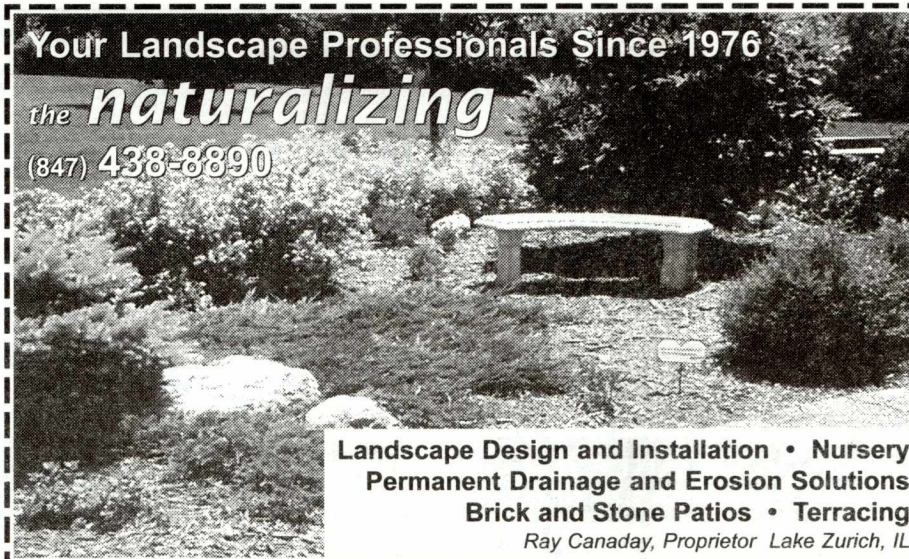
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choose herbal and nutritional supplements and how to access reliable information about this complicated issue. She is a licensed dietitian with 14 years experience in nutritional counseling and holds a master's degree in nutrition and nutritional biology from the University of Chicago.

For the first time at Wellness Place, the cancer center will present "Look Good, Feel Better!" from 1:00 to 3:00 p.m. on Wednesday, March 26. Kathy Devyak, a licensed cosmetologist, will present a fun, relaxing afternoon for women in active radiation or chemotherapy cancer treatment. She will provide beauty techniques for coping with complexion, nail changes and hair loss that may occur. Registration is required as space is limited; free make-

up kits will be provided for those who register early with their complexion type. The seminar will be given in cooperation with the American Cancer Society and the National Cosmetology Association.

In addition, "Welcome to Wellness" orientation tours will be offered to first-time visitors on Friday, March 7, at 10:00 a.m. and Tuesday, March 18, at 5:30 p.m. A knowledgeable guide will suggest services that may help individuals with cancer.

Wellness Place, a nonprofit organization incorporated in 1999, provides resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.



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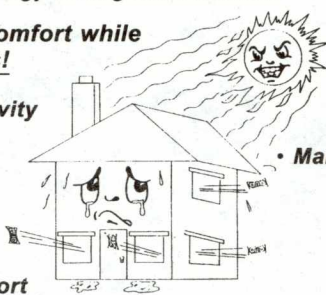


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"Add Sparkle to Your Life" Luncheon

The Northwest Women's Connection invites you and your friends to our "Add Sparkle to Your Life" luncheon on March 13 from noon to 1:30 p.m. at Concorde Banquets in Kildeer. Cost is \$15 inclusive.

Kelly Howell, with her home-based jewelry business Shimmer, will present her unique fashion jewelry featuring crystal and beaded jewelry with a vintage look. Talented Teresa Dever will sing for us.

And Carole Ledbetter, a free-lance writer, will talk about "Finding the Dream." She will share thoughts on how dreams can come true.

Free preschool childcare is available. (Nursery is located off premises.) Lunch reservations are needed by Friday, March 7. Call Carol at 1-847-359-5089 or Karen at 1-847-818-9016.

Chicago Will Razzle Dazzle You

LZP Productions presents the musical *Chicago* on weekends, March 22 to April 6, at Cutting Hall, 150 E. Wood St., Palatine.

Friday and Saturday performances are 8 p.m. and Sunday performances are 3

p.m. Tickets are \$14 for adults or \$12 for seniors (62 and over) and students (under 18). Group rates available. This show is rated PG-13. Call 1-847-540-5932 or e-mail lzpproductions@aol.com to order tickets.

40 Barrington LIFESTYLES March 2003

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Keep in mind, Easter weekend falls on April 20, 2003.

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Improve appearance with the elegant look of window film. Residential films are now backed by a manufacturer's lifetime warranty. Solar Gard; Sun Gard and 3M films come in a variety of densities from clear to blackout or neutral to reflective with a natural and beautiful look. Neutral films keep the same look of the trees, grass, and blue sky.

Window film rejects up to 98% of harmful ultra violet rays which is a major contributor to fading of furnishings, carpets, drapes, pictures, etc.

Solar Gard, Sun Gard and 3M also improves efficiency by rejecting up to 79% of the sun's solar energy in the summer and insulating your home to retain heat in the winter, meaning less money going to our favorite people (electric co.) and remaining in your pocket.

Window film also increases safety with pressure sensitive adhesive. The adhesive

bonds the film to the glass helping to hold fragments in place if glass breakage were to occur by a golf ball, baseball, or burglar, making glass shatter resistant.

Glare-Not Inc. has provided savings and security for 11 years in Barrington, Long Grove and the north shore area. Remember all Solar Gard, Sun Gard and 3M films are backed by a manufacturer's lifetime residential warranty. Many locations are tinted by **Glare Not**, including: Brach's Candies in Chicago, Avon Corp. in Morton Grove, two Ace Hardware corporate offices, four Armcore banks, First National Bank of Chicago, plus 1,000's of homes. References are available upon request.

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For further details, please call **1-847-382-8468, 815-363-8468 or 1-847-812-5499 cel.**

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Delta Zeta Alumnae

Area Delta Zeta Alumnae are invited to join us at a member's home in Palatine on March 5 at 7 p.m. for a book review.

If you're an area alumna and would

like further information regarding this and future meetings, please call Michelle at 1-847-843-9052 or Laura at 1-847-358-0135. We look forward to hearing from you!

Church Women United Install New Officers



(From left) Betty Armagost, Faith Semla, Mary Anderson, Margie Blomquist, Lu Gustafson, Gloria Bond, Mindy Fransen, Bonnie Floor and Becky Bosarge

Church Women United of the Barrington Area has installed new officers for the year 2003: president, Bonnie Floor, Cary United Methodist Church; vice president, Mindy Fransen, St. Anne Catholic Church, Barrington; recording secretary, Betty Armagost, Messiah Lutheran Church, Wauconda; corresponding secretary, Mary Anderson, Lutheran Church of the Atonement, Barrington; treasurer, Margie Blomquist, Presbyterian Church of Barrington; co-chair programs, Becky Bosarge, Presbyterian Church, Barrington; and Faith Semla, co-chair programs.

Serving as board of directors are: Evelyn Pritchett, Faith Community United Church of Christ, Prairie Grove; Liz Chase, Community Church of Barrington; Vicki Primrose, St. Peter United Church of Christ, Lake Zurich; Betty Reed, Barrington United Methodist Church; Jeanette Muench, Cary United Methodist Church; Rozann

Shackleton, chaplain, Good Shepherd Hospital; and Mary Anderson.

Nominating committee members are: Gloria Bond and Lu Gustafson, St. Mark Episcopal Church, Barrington; Sam Oliver and Carol Svoboda, Barrington United Methodist Church; Joan O'Halloran, Saints Peter and Paul Catholic Church, Cary; and Faith Semla.

Church Women United is a national ecumenical movement of church women who work together to achieve a more just, caring and peaceful society. It sponsors three yearly celebrations. The Barrington Area Unit also supports ministries to women in prison, Hope for the Children in Rantoul, Ill., Fellowship of the Least Coin, Barrington Giving Day, area food pantries and special projects. Participating churches are in Barrington, Cary, Fox River Grove, Island Lake, Lake Zurich, Prairie Grove and Wauconda.



An Exciting Home Addition

In addition to providing custom room additions with bathrooms, kitchens and fireplaces, **Armcor Design and Build** is your local store for **Four Seasons Sunrooms**, the nation's largest manufacturer of sunrooms for residential and commercial use.

Each **Four Seasons Sunrooms'** product is meticulously designed and crafted to be a practical, beautiful, and exciting addition that will bring a new dimension of space, light and warmth to what might otherwise be an ordinary room, whatever the season or location of your home.

Armcor Design & Build craftsmanship and quality products are also an excellent investment and can add real value to your home. Often, much of your investment in a **Four Seasons'** sunroom can be recovered when you sell your home.

Glass room additions create views of the sun and sky and add extra year-round living space with possibly little or no alterations. New MC² glass, with a Lifetime Warranty and specially designed to keep summer heat out and winter heat in, is one key to **Four Seasons Sunrooms'** success—especially in our Chicagoland climate.

Many patented features are available exclusively from **Four Seasons Sunrooms**,



and all products are designed to meet or exceed building code structural requirements and have successfully withstood more than 200,000 installations.

Armcor Design & Build will provide you with a complete "turn key" room addition project or you can build it yourself. Every **Four Seasons'** sunroom is virtually maintenance-free, weather-tight and comes with a lifetime limited warranty on MC² glass, five year warranty on parts and labor. There are numerous options, both wood and aluminum systems, and a wide variety of models and sizes.

Armcor Design & Build's new showroom is at 951 N. Old Rand Rd. (Main St.) in Wauconda. 1-847-487-7900.



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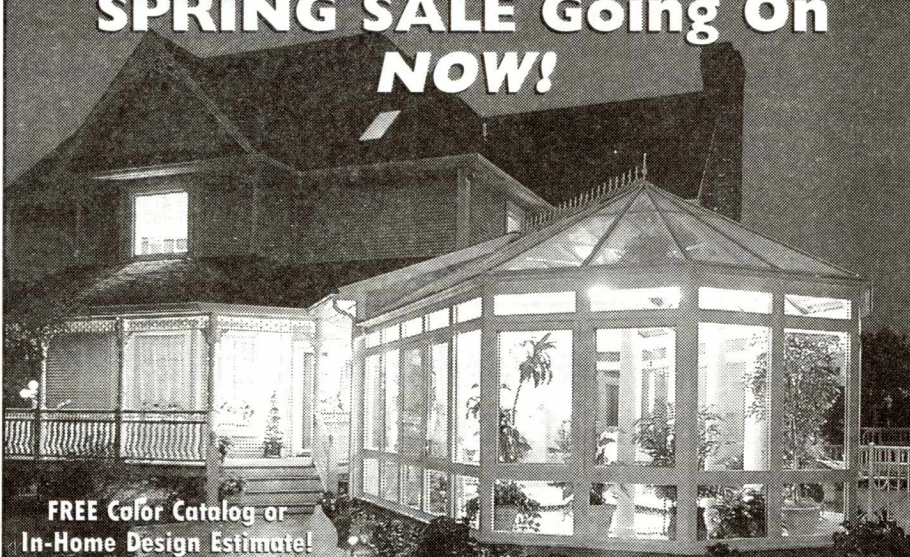
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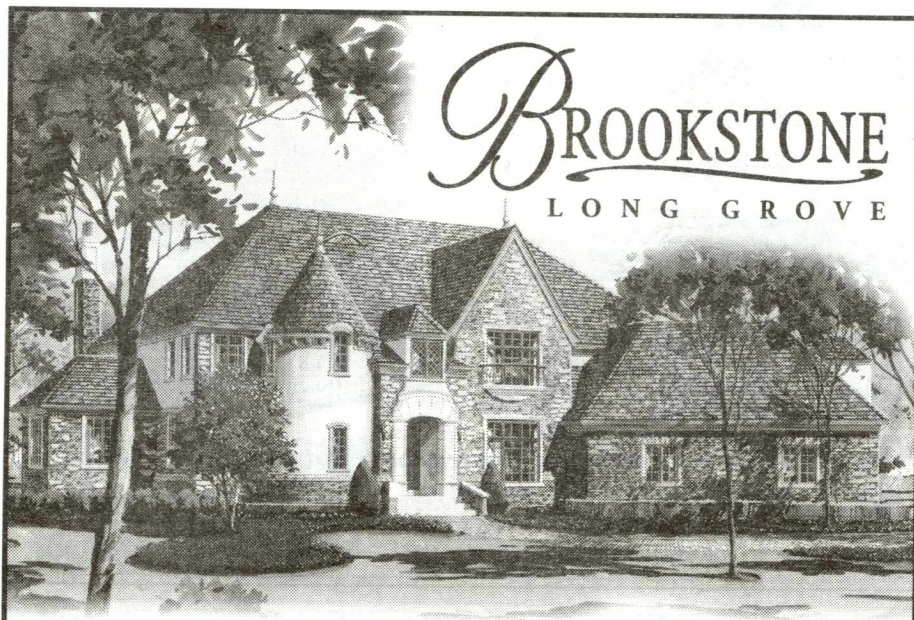


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Karon Begins Six-Year Term on State Board of Education

Joyce E. Karon of Barrington began a six-year term on the state Board of Education in January after appointed to the position by then-Governor George Ryan and receiving confirmation by the Illinois senate.

Currently a consultant to school and public libraries as well as an affiliate professor in the Education, Research, Technology and Assessment Division of Northern Illinois University, Karon brings to her service on the board a wealth of experience in many aspects of education. She worked for Barrington School District 220 for over 30 years as a middle school librarian, director of education to Careers and

Vocational/Career Education, and coordinator of Library Media Services.

She earned her bachelor's degree from the University of Iowa and her master's degree from National-Louis University in Evanston.

The state Board of Education is a nine-member group responsible for setting policies and guidelines for the state's elementary and secondary schools. The board appoints a state Superintendent of Education to administer state Board of Education offices in Chicago, Springfield and Mt. Vernon. Current state Superintendent of Education Robert E. Schiller accepted

Illinois Circuit Breaker/Pharmaceutical Assistance Program and Senior Care

Circuit Breaker and Pharmaceutical Assistance 2002 Application Forms are available at the Barrington Area Council on Aging office.

This program provides relief from property taxes, mobile home taxes, rent or nursing home charges for qualifying seniors and disabled persons. Seniors (persons 65 or older) and the disabled are eligible for the Circuit Breaker with incomes less than \$21,218 for a one-person household, \$28,480 for a two-person household and \$35,740 for a three-person household. Pharmaceutical Assistance helps in pay-

ing for certain prescription medications. These include prescriptions for heart conditions, high blood pressure, diabetes, arthritis, Parkinson's disease, glaucoma, Alzheimer's disease, lung disease, cancer and osteoporosis.

Vehicle license discounts are also available through this program.

If you would like a Circuit Breaker application or more information on the program, call BACOA at 1-847-381-5030 or the Illinois Department on Aging Senior Help Line at 1-800-252-8966.

Kitchens Designed for Entertaining Attract Buyers to Brookstone

Entertaining at home has become a popular pastime in recent years. What better place to entertain family and friends than the well-designed kitchen? Always known as the heart of the home whether located inside or outdoors, today's kitchens are not only convenient but also highly functional.

Beautiful custom cabinets with cherry, maple or oak finishes, huge center islands covered in rich granite, and stunning two-sided fireplaces are a few of the most popular requests by discerning home buyers at Brookstone. An intimate enclave of 15 estate homes on 1- to 1 3/4-acre wooded sites, Brookstone is set amidst Long Grove's most desirable forest preserve district.

Large gourmet kitchens accommodate six-to-eight people at breakfast. Center islands for food preparation and breakfast nooks for a quick bite are desirable additions. Upscale Decora® wood cabinets enhanced with crown moldings, decorative touches and under-cabinet lighting, turn the ordinary into the extraordinary. A butler's pantry is an ideal place for additional storage and formal dinner presentations.

Professional appliances like a Sub Zero® stainless steel side-by-side refrigerator, Thermador® five-burner gas cooktop, Dacor® double oven and microwave, Bosch® dishwasher all add a touch of class to your gourmet kitchen.

An often-requested feature is the outdoor kitchen with wet bar, built-in professional barbecue grill, refrigerator and sink—a welcome adjunct to outdoor entertain-



A huge custom kitchen with center island, breakfast nook and professional appliances are part of the allure at Brookstone.

ing around the pool.

Homes by Richmond prides itself in innovative kitchen design with the assistance of Barrington-based Insignia Kitchens and Baths. Buyers have the luxury of laying out their new kitchen while taking advantage of a host of options featuring all the latest materials and high tech products.

The 10,200-square-foot brick and stucco East Hampton model showcases design ideas, unusual products and decorative finishes. Created for family entertainment, the seven-bedroom, 6 1/2-bath residence, with its fabulous indoor pool, demonstrates innovative design at its finest. You will love touring the model and will be impressed with its architectural styling and fabulous floor plan. Stop by weekends from noon to 4 p.m., or call for an appointment at 1-847-821-8284.

Citizens for Conservation

(Continued from page 28)

began in 1986 with 13,000 hours spent in the collection, cleaning, sorting and sowing of seeds. As restoration and management is only a part of what CFC does, slides were also shown of the education activities from young children to high-school age and adults. The native plant

sale, Fourth of July parade, Run Through the Woods, demonstration trail construction and dedication of Flint Creek Savanna to Waid Vanderpoel were all featured as important activities throughout a busy CFC year.



a three-year contract in August 2002 to serve in that position.

Karon's term extends to Jan. 14, 2009. Individuals are limited to two six-year

terms on the state Board of Education.

Joyce and her husband, Michael, have two grown children who attended Barrington schools.

From a Woman's Point of View

by Gail Wickstrom, Wickstrom Ford

The weather sure hasn't given us a break this past month, but the recent delivery of a Coral and White 2003 Thunderbird 007 Limited Edition has got all the office thinking of warm sunny days, cruising with the top down on the convertible!

Ah! It helps morale to think warm!

The contemporary styling on the 2003 Thunderbird combines design features reminiscent of the 1950s with modern technology four-wheel ABS braking along with traction control for wet pavement. The comfortable two-seater takes care of the creature comforts with leather seats and a steering wheel that moves out of the way for entry and exit from the car. The Limited Edition is the only T-bird in Coral, but they're available in Whisper White, Torch Red, Desert Sky Blue, Black and the new favorite Mountain Shadow Grey. Even the names of the colors help take away some of the salty drab of winter.



Ford Motor Co. has selected **Wickstrom Ford** as a preferred dealer for the Thunderbird, and we have a limited number on hand for you to choose from. Hurry and stop by the dealership to shed some of your winter blues by picking out your favorite T-Bird to cruise around in!

A Great Selection of Specialty Vehicles

Emkay Car Rental offers a great selection of specialty vehicles for short-term rent. Emkay has the new Pontiac Vibe. **Emkay** also has the new Toyota Highlander and the Toyota RAV 4 for your SUV needs. **Emkay** also has an outstanding selection of European imports. The BMW 3 and 5 series, Volkswagen Passat or the Saab 9.3 Convertible are just a few of the models available. If a minivan is needed, the Oldsmobile Premier with built-in VCR or the Chrysler Town & Country Lxi will do the job. Please call for availabil-

ity, prices and other unique selections.

In addition to **Emkay's** great rental selection, we have an outstanding inventory for sale. Some of the vehicles we typically have available for purchase include the Jeep Grand Cherokee, Pontiac Grand Prix or Toyota Camry. These are from **Emkay's** corporate lease returns. Please call and we can fax you our current inventory list, or go to www.emkay.com to view our current inventory. **Emkay** also offers maintenance and body-shop services for all your automotive needs.

Confused About Mortgages?

Marquee Financial Services, LLC, is a mortgage brokerage located in Northbrook, Ill. We are an Illinois Residential Mortgage licensee. We work with all top lenders in the United States to ensure the most competitive rates and programs.

We utilize one of the most technologically-advanced loan systems in our industry. This enables us to process your loan quickly and precisely. You will receive the most aggressive rates, top qual-

ity service and lowest closing fees.

Marquee Financial offers comparisons of loan programs and prequalification at no cost. We are the only flat-fees Illinois mortgage broker. For a custom mortgage overview, please visit our Web site at www.marqueemortgage.com. Apply online and save up to \$375. Call Cherie Eickert at **1-847-370-8211** with any questions.

Embark on "An Adventure in Roses" at Garden Club Meeting

Garden Club of Inverness will present a program on the history, romance and care of roses by noted rose enthusiast Elizabeth Adler at its monthly membership meeting on Thursday, March 20. The meeting will take place at All Saints Lutheran Church, 630 S. Quentin Rd., Palatine, starting at 9:30 a.m.

Ms. Adler's lecture, titled "An Adventure in Roses," will include a slide presentation on growing roses with tips on soil preparation, planting, and summer and winter

care. After her talk, she will answer questions from the audience.

Ms. Adler is one of Garden Clubs of Illinois, Inc.'s most prominent rose experts. She is an American Rose Society life judge, flower arrangement judge, garden consultant and author.

A short business meeting will precede the lecture. Guests and prospective members are welcome to attend. For more information, call 1-847-842-1695.

Candidates' Forum

The Barrington Area Council on Aging, Inc., and the League of Women Voters of the Barrington Area will hold a public forum to introduce the candidates running for the position of trustee in the Village of Barrington. The forum will be facili-

tated by the League of Women Voters of the Barrington Area.

Everyone is invited to attend the forum on Monday, March 10, 2003, from 12:30 p.m. to 1:30 p.m. in the Barrington Room at Langendorf Park.

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Estetica

(Continued from page 21)

options to target different skin care problems. It is very important to have a treatment that is best suited for your specific skin type and condition. Microdermabrasion is another treatment option for a deeper exfoliation and it is accomplished by the use of tiny microcrystals that gently buff and polish the skin, leaving it smooth, beautiful and youthful looking!

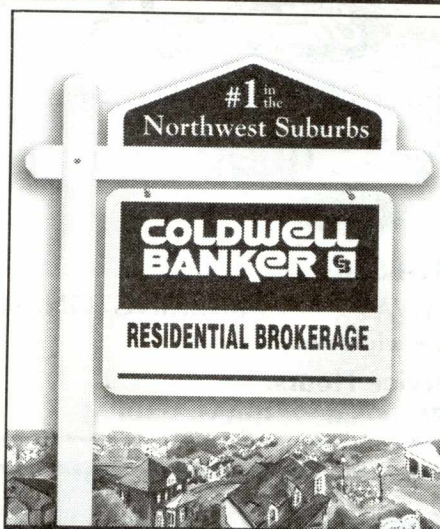
The last step is to continue to protect your new, radiant skin with an excellent moisturizer. It is important to note that not all moisturizers are the same! A good moisturizer should assist with keeping the skin fresh, radiant and younger looking

for a longer time. Moisturizers should not be "one size fits all" because everyone's skin is unique and has different requirements for maintaining the proper balance. At **Estetica**, we have always believed that skin is like a fingerprint; no two individuals are alike. In order to address each client's needs, we offer an extensive selection of clinically-proven, professional moisturizing products.

Begin your journey today to having more beautiful, radiant skin during the winter months by calling **Estetica Advanced Clinical Skin Care** for a consultation at **1-847-438-2100**.

Barrington LIFESTYLES March 2003 43

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Barrington **\$1,698,000**
Fabulous waterfront 4-BR, 5.5-BA home w/ additional 4000 sq ft sports center/multipurpose room. Most rooms have waterfront views.
Sherl Wheeler **847/277-2772**



Inverness **\$1,299,000**
Pro designed & rebuilt 5 BR, 5+ BA home. Home-office/multipurpose suite w/ FP & BA. Spacious master w/ luxury BA, FP & balcony. New designer kitchen.
Marty Wagenaar **847/277-2711**



Barrington Hills **\$998,500**
Waterfront home in Barrington Hills. 4 BR, 4 BA, hrdwd flrs, sunroom, 3-stall barn. Pasture, paddock, greenhouse w/ artist's studio. Perennial gardens, stone walls.
Sherl Wheeler **847/277-2772**



Barrington Hills **\$1,135,000**

Spectacular lakefront estate sited on 6+ acres w/ expansive shoreline. Long, winding drive leads to this classic brick residence w/ 5 BR, 3.1 BA & open floorplan offering extensive lake views. Enjoy first floor MS w/ fireplace, luxury spa bath, private lakefront patio & adjacent study, creating an ideal adult retreat. Cozy coach house w/ studio apartment & 3-car garage, private stocked pond, greenhouse & excellent location—just minutes from village of Barrington.

Donna Veller **847/277-2728**



Barrington Hills **\$939,000**

5-BR, 3.5-BA ranch set on top of 5 rolling acres. In-law possibilities. 4-stall barn. New kitchen. Newer hardwood floors. Much updating.

Mary Spinner **847/277-2284**



Lake Barrington **\$899,900**

Spectacular, traditional 4-BR 4.1-BA home w/ hardwood floors, 3 fireplaces, chef's kitchen, 1st floor study, fabulous finished walkout lower level, 3-car garage.

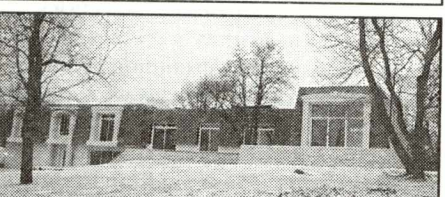
Bonnie Paice & Shannon Paice **847/277-2723**



Deer Park **\$862,900**

4-BR, 3.1-BA custom home. Hardwood floors. Cook's kitchen w/ center island, breakfast bar, Bosch, Viking & butler's pantry. English basement. Study.

Suzanne Luby **847/277-2777**



Barrington Hills **\$849,000**

5-bedroom, 4.5-bath home set majestically on wonderful 5.56-acre site. Marble floor in grand foyer & dining room.

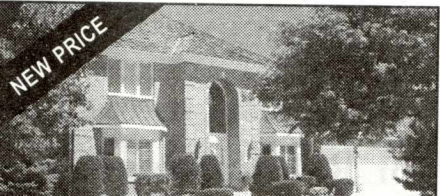
Sherl Wheeler **847/277-2772**



Barrington **\$750,000**

4-BR, 3.5-BA Colonial on 2+ wooded acres. Cathedral ceiling in huge kitchen. Study. Hardwood floors. Lower level walkout w/ rec area plus full kitchen.

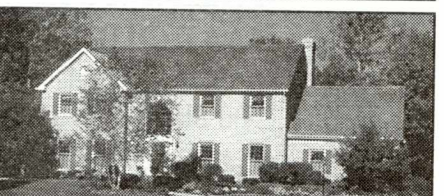
Sherl Wheeler **847/277-2772**



Barrington **\$739,900**

Prestigious LakeView subdivision 4 BR, 2.5 BA w/ designer interior, 9' ceil, arched doorways, island kitchen, FR w/ stone FP, library, luxury master suite.

Frank & Lynne Caiazza **847/277-2767**



Lake Barrington **\$724,900**

4-BR, 2.5-BA brick home on conservation w/ views of pond. Den. Master w/ sitting room. Lux master BA. 3-car garage. English basement. Screened porch.

Suzanne Luby **847/277-2777**



Barrington **\$724,500**

Less-than-10-years-old BR/CD 2-story on cul-de-sac has it all... 4 BR, 3.1 BA, study, 3-car garage, 9' ceilings & volume entry, fab kit w/ granite, neutral. Close to town.

Suzanne Luby **847/277-2777**



Mundelein **\$639,900**

Traditional 4-BR, 3.5-BA home. 2-story foyer w/ dramatic bridal staircase, family room w/ frplc & wet bar, master suite w/ frplc, walkout lower level & 3-car garage.

Bonnie Paice & Shannon Paice **847/277-2723**



Barrington **\$599,000**

4-BR, 3-BA waterfront home. 9' ceilings, great room, 1st floor study w/ full bath. 2-car garage, finished basement, huge deck. Views of lake.

Sherl Wheeler **847/277-2772**



Barrington **\$579,000**

Built is 1865 as barn—converted to home in 1982. 2 wooded acres w/ pond. Cathedral ceilings. Wildflower garden.

Sherl Wheeler **847/277-2772**



Cary **\$579,000**

Impressive 4-BR, 3-BA Ranch w/ wooded & pond views overlooking 5th green of Chautauque Hills golf course. Hrdwd flr, granite kit. Fin LL. Call for directions.

Ron & Jeanine VanDeVelde **847/277-2282**



Barrington **\$345,000**

Lake Barr Shores popular Kensington model. 3-level 2-BR, 3.5-BA TH. Golf course views. Direct entry. Expanded ideal kitchen. Cozy finished English basement.

Ron & Jeanine VanDeVelde **847/277-2282**



Barrington **\$335,000**

Updated 3-BR, 2.5-BA home nestled in the woods. Dramatic walls of glass. Expansive decking & newer cherry kitchen. Privacy abounds.

Donna Veller **847/277-2728**



Barrington **\$325,000**

Beautiful 3-BR, 2-BA vintage home w/ spacious rooms, leaded glass, hardwood floor. Charming brick patio. Walk to train. All of today's conveniences.

Sherl Wheeler **847/277-2772**



Barrington **\$309,000**

Vintage Village—3-BR, 1.5-BA 2-story home. Updated kitchen. Wall of built-in cabinets for TV in family room. 3rd floor walk-up attic. 2-car garage. 2 furnaces.

Sherl Wheeler **847/277-2772**



Barrington **\$4100 Rental**

Fabulous Fox Point waterfront 4-bedroom, 3.5-bath home. Huge master, totally updated. The views & property are gorgeous.

Sherl Wheeler **847/277-2772**

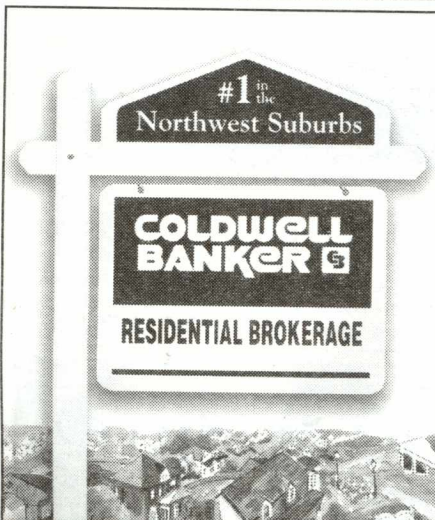


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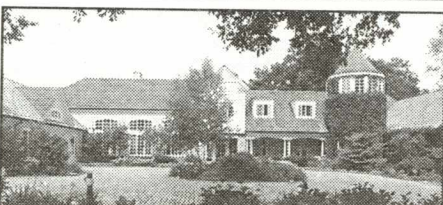
South Barrington \$8,250,000
Outstanding custom home w/ 15 FPs, 2-story library, designer kit & sumptuous master suite. Walkout LL w/ basketball court, gym, 2nd kit & spa. 12-car garage.
Meg Cleavenger 847/277-2259



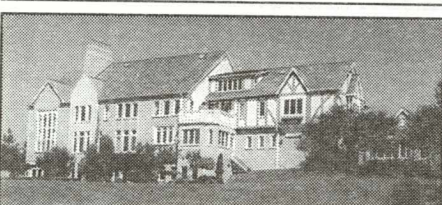
Barrington Hills \$6,900,000
Gated lakefront—13-acre estate reflects only the finest finishes & details. Dramatic great room, De Guilio kitchen, movie theatre. New 6,000 sf barn + pond.
Meg Cleavenger & Barb Wessberg 847/277-2259



Capron \$5,495,000
Magnificent estate on 70 acres. Gorgeous details, martial arts studio, greenhouse & artist's studio. Gently rolling land suited for creation of an equestrian facility.
Meg Cleavenger & Greg Bradley 847/277-2259



Barrington Hills \$4,499,000
Lovely estate on 17 wooded acres. Stone & cedar home w/ finest custom finishes t/o its substantial, stunning interior. 2 guest houses, pool, tennis court & 4-stall barn.
Meg Cleavenger 847/277-2259



Barrington Hills \$2,900,000
5-BR, 3.1-BA home set majestically atop a ridge. Exquisite features. Sumptuous master suite w/ private balcony. Great rm w/ 35' ceiling. Greenhouse & 6-car garage.
Meg Cleavenger 847/277-2259



Barrington Hills \$2,499,000
6 BR, 4 full BA, 2 half baths, home on 5+ wooded lakefront acres. Gracious w/ elegant appointments. Guest house. Idyllic views of a sparkling private lake.
Meg Cleavenger 847/277-2259



Barrington Hills \$1,750,000
Custom lakefront 4-BR, 6.1-BA stone & cedar 12,000 sq ft estate on 6+ wooded acres. Stone boat hse & dock. Fin walkout LL w/ staff quarters, 2nd kit. USGA golf hole.
Meg Cleavenger 847/277-2259



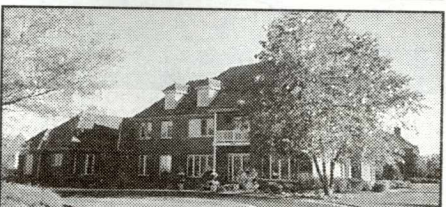
South Barrington \$1,390,000
4-BR, 4.5-BA home. 2-story fireplace, cherry library, maple kitchen. Master w/ luxury spa. English lower level w/ bar, 2nd kitchen, billiard area, brick vineyard room.
Frank & Lynne Caiazza 847/277-2767



Barrington \$1,198,000
Ready now! Stunning 4 BR, 3.2 BA, open floorplan, chef's kitchen w/ Viking appliances & granite, finished walkout lower level, cherry floors, 3 fireplaces, 4-car garage.
Bonnie Paice & Shannon Paice 847/277-2723



Barrington Hills \$1,299,000
Abundant in character & charm, 1930s 5 BR, 4+ BA classic. Pool, stone terraces, 6 fireplaces, caretaker's cottage, gazebo w/ fireplace in woods.
Meg Cleavenger 847/277-2259



Inverness \$1,298,000
5-BR, 5.5-BA home. Huge rooms. Hardwood & marble floors, gourmet kit. Sunroom. Huge deck & gazebo. Fin lower level w/ rec rm, exercise rm, sitting rm, 2nd kit.
Suzanne Luby 847/277-2777



Inverness \$1,250,000

Stunning estate home sited on a sweeping 1-acre site bordering Conservancy. Quality abounds in this newer luxury residence offering an open, flowing floor plan w/ volume ceilings & rich detail throughout. First floor master suite, gourmet kitchen, all bedrooms w/ private bath, huge walkout lower level w/ exercise & media rooms & 4-car garage are just a few of its many special features.

Donna Veller 847/277-2728



Barrington Hills \$1,249,000
Build your dream home on magnificent wooded hilltop overlooking private secluded lake. 5 tranquil lakefront acres in a most prime location just minutes to the village.
Meg Cleavenger 847/277-2259



Barrington Hills \$1,199,000
Distinctive 4-BR, 5-BA home. Offering high ceilings, fresh décor, 3 fireplaces, 2 master BAs, finished walkout lower level & barn. Lovely private setting.
Meg Cleavenger & Barb Wessberg 847/277-2259



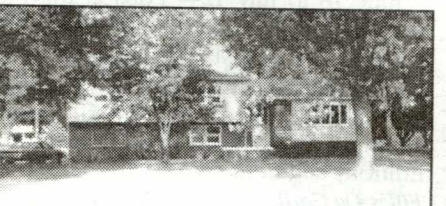
Barrington Hills \$1,195,000
Absolutely charming 5-BR, 3.1-BA country home. Pool, pool/guest house, 3-stall barn w/ ample turnouts. Beautiful gardens, serene patio areas & tranquil pond.
Meg Cleavenger 847/277-2259



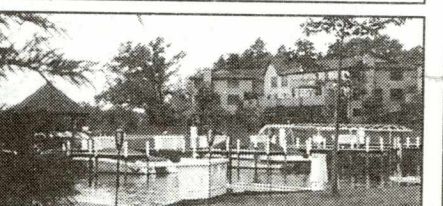
Barrington Hills \$1,150,000
The most beautiful lakefront in Barrington Hills. Enchanting 4-BR cape on 6.6 private, rolling acres w/ 622' of shoreline on gorgeous Keene Lake. Come see!
Meg Cleavenger 847/277-2259



South Barrington \$849,900
Exceptional custom 5-BR, 5-BA home. Vaulted ceilings, 3 fireplaces, custom kitchen, master suite. Finished walkout, deck & 3-car garage.
Meg Cleavenger & Barb Wessberg 847/277-2259



Barrington \$599,000
Lovely 4-BR, 3-BA home on delightful equestrian property in the hills adjacent to the extensive riding system. Panoramic views & pool.
Meg Cleavenger 847/277-2259



Barrington \$424,900
Enjoy waterfront living in this 2-bedroom, 3.5-bath home on the Fox River. Private balcony & screened patio, loft, neutral decor, finished walkout lower level & appl stay.
Barb Wessberg & Meg Cleavenger 847/277-2277



Palatine \$399,900
3-bedroom, 3.5-bath upgraded Ascot model. Vaulted ceilings. Screened porch. Large deck Gourmet kitchen. Ultra baths & 2-car garage.
Meg Cleavenger 847/277-2259



Lake Zurich \$398,900
Fab new 2900 sq ft, 4 BR, 2.5 BA. Ready now! 9' ceilings, cook's kitchen w/ Jenn-Air, center island. Full basement, 3-car garage, interior lot.
Suzanne Luby 847/277-2777

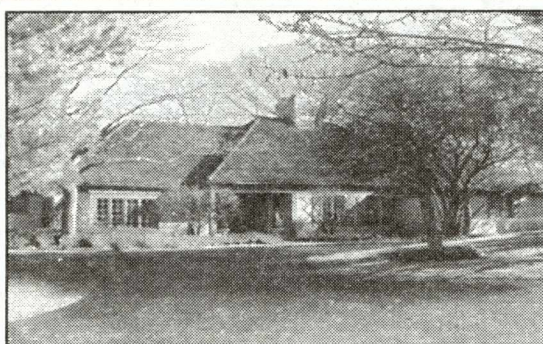


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Barrington Hills
\$2,350,000

Custom lakefront home on 6+ acres. 4 bedrooms, 3.5 baths, large formal spaces, family room with wet bar, creatively-designed kitchen with eating area, year-round porch, finished basement. Gorgeous grounds with pool, ponds, and up-lighting.

Tom Magner
847/277-2292



Barrington **\$886,200**

4 BR, 3.5 BA proposed new construction on interior lot in new 16-home subdivision. Three to four miles from village. English or walkout capability.

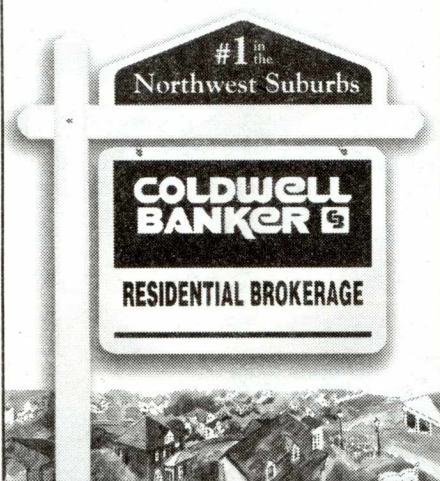
Suzanne Luby **847/277-2777**



South Barrington **\$829,900**

4-BR, 4.5-BA home w/ unsurpassed waterfront location on 3.5 acres. Incredible views from 2-story cathedral family room w/ brick fireplace.

Frank & Lynne Caiazza **847/277-2767**



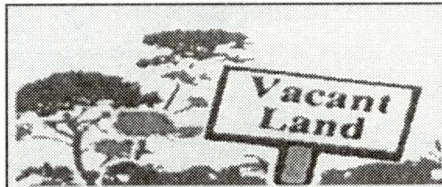
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Barrington Hills **\$829,000**

5-BR, 2.5-BA home w/ 42-inch cabinets, granite, island & wine cooler. Hardwood floor, maple vanity, granite & ceramic tile. Master suite w/ walk-in closet.

Suzanne Luby **847/277-2777**



Barrington Hills **\$705,000**

Vacant land. Beautiful, heavily-wooded lot. Imagine the spectacular home, with possible walkout, that could be built on this fabulous lot.

Suzanne Luby **847/277-2777**



Barrington **\$659,900**

Stately 4-BR, 3-BA home on tree-bordered 1+ acre. Island kitchen w/ Corian, hrdwd flrs, open family room, great views. Bonus room. 7 years old. 10 minutes to train.

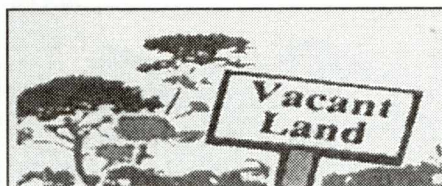
Ron & Jeanine VanDeVelde **847/277-2282**



Barrington **\$369,000**

Great opportunity in Barrington. Close to train, schools, shopping & more! Enjoy 4 bedrooms, 2+ baths, spacious rooms, hardwood floors, finished basement.

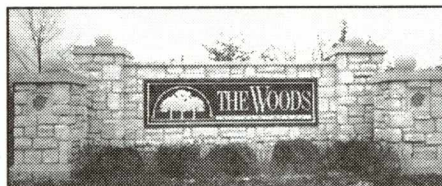
Donna Veller **847/277-2728**



South Barrington **\$336,900**

Premium site in private location in exclusive community of 10 lush homesites with rolling terrain, trees & lake. This special estate setting awaits your dream home.

Frank & Lynne Caiazza **847/277-2767**



Lakewood **\$320,000-\$426,000**

A NEW community in Turnberry of custom estate homes. Select from limited golf course & wooded locations w/ pond views. Offering 9 distinctive design plans.

Donna Veller **847/277-2728**



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Opera in Focus Repertoire

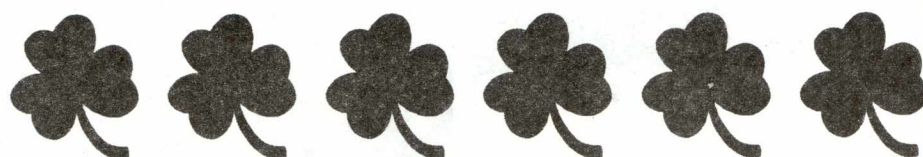


Paul Guerra (right), principal puppeteer for Opera in Focus, prepares newcomer puppeteer Justin Snyder for a new production.

Lavish in its staging and costuming, Opera in Focus magnificently presents operas and operettas with puppets moving to recorded music. The uniquely animated rod puppets, the only ones of their kind, are the wonderful invention of William B. Fosser and, for many, will bring back memories of the old Kungsholm Miniature Grand Opera of which Mr. Fosser was artistic director.

Performances are Wednesday, Thursday and Saturday at 1:30 p.m. sharp! Opera in Focus is located at Park Central, 3000

Central Rd. in Rolling Meadows (across from Rolling Meadows High School tennis courts). Doors open a half-hour prior to each performance. Reservations are suggested. Ticket prices are \$10 for adults, \$9 for seniors (over 60) and \$6 for children. Visa and MasterCard are accepted. Group discounts are available. Call 1-847-818-3220. For groups of 30 or more, performances for any afternoon or evening may be scheduled. The elegant 65-seat theater is handicap accessible. A demonstration of how the puppets are manipulated and



a tour of the highly technical backstage area follows every performance.

Opera in Focus Repertoire

Feb. 26 to March 22—From Puccini's *Madama Butterfly*, Act II, *The Flower Duet*. Bizet's *The Pearl Fishers*, Act I, *Au Fond Du Temple Sant*. Sigmund Romberg's *The Student Prince* (familiar selections).

March 26 to April 19—"Pops at the Puppet Opera" (Second Edition) featuring Jeanette Mac Donald and Nelson Eddy: (segment one) *Wanting You* and *Beyond The Blue Horizon*. Modest Moussorgsky's *Boris Godunov*, *The Clock Scene*. "Pops at the Puppet Opera" (Second Edition, segment two): *Italian Street Song*, *Stout Hearted Men* and *Lover Come Back To Me*. Ponchielli's *La Gioconda*, Act II, *Cielo E Mar*. "Pops at the Puppet Opera" (Second Edition, segment three): *Vilia*, *Will You Remember* and *San Francisco*.

April 23 to May 17—"An Operatic Pot-pourri." From Bizet's *Carmen*, *Habenera* and *Toreador Song*. Puccini's *Gianni Schicci*, *O Mio Babbino Caro*. Rossini's *Barber of Seville*, *Largo Al Factotum*. Kern's *Showboat*, *Only Make Believe*, *Just*

My Bill and *Old Man River*. Massenet's *Thais*, Act III, Scene II, including *The Meditation*.

May 21 to June 14—From Rogers and Hammerstein's *South Pacific*, *The Twin Soliloquies*, *Now I Am Alone*, *Cockeyed Optimist* and *Some Enchanted Evening*. Verdi's *Rigoletto*, Act II, *Quel Vecchio Maledivami*, *Duet* and *Caro Nome*. Bock and Harnick's *Fiddler on the Roof*, *Tradition*, *If I Were A Rich Man* and *Sunrise Sunset*.

June 18 to July 12—"Pops at the Puppet Opera" (First Edition, segment one) featuring Jeanette Mac Donald and Nelson Eddy: *Indian Love Call* and *Only A Rose*. Wagner's *Lohengrin*, Act III, *In Fernam Land*. "Pops at the Puppet Opera" (First Edition, segment two): *Rosalie* and *Les Filles De Cadiz*. Puccini's *Madama Butterfly*, Act II, *Un Bel Di*. "Pops at the Puppet Opera" (First Edition, segment three): *I'm Falling In Love With Someone*, *Ah, Sweet Mystery Of Life* and *San Francisco*.

Opera in Focus is partially funded by Illinois Arts Council, a state agency.

You can now visit Opera in Focus on the Internet at www.operainfocus.com.

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Wellness Place Announces Benefit Golf Tournament June 30 at Two Courses

The fifth annual Wellness Challenge golf outing to benefit Wellness Place, a cancer resource center in Palatine, will be held Monday, June 30, at Crystal Lake Country Club in Crystal Lake and Boulder Ridge Country Club in Lake in the Hills, according to event chairman Bill Clarkin of Barrington.

Since its inception in 1999, the tournament has raised more than \$800,000 to support educational programs and services offered at no charge by Wellness Place, a nonprofit community-based organization.

In announcing the 2003 tournament date, Clarkin predicts golfers will enjoy a day of friendly competition, followed by cocktails, dinner and evening festivities at Boulder Ridge. Entertainer Ron Hawking of Barrington will serve as auctioneer and winners will receive prizes in several categories.

Net two best ball play will begin mid-day following lunch with shotgun starts at both golf courses. Cost is \$400 per player or \$95 for dinner only.

Sponsors already committed to supporting the tournament include Motor Werks of Barrington and In Color Graphics of Elgin. Sponsorships are available at levels of \$500, \$1,000, \$2,500, \$5,000 and \$10,000. Businesses and individuals interested in supporting the tournament may contact sponsor chairman Tom Barbera, 1-847-304-0511, or Clarkin, 1-847-426-0926.

Wellness Place, located at 1619 W. Colonial Parkway in Palatine across from Harper College, offers resources, support and education for people with cancer, their family and friends, and serves 60 communities in the Northwest Suburbs of Cook County and parts of McHenry, Lake and Kane counties.

Grief Support Groups Offered by Hospice of Northeastern Illinois

Hospice of Northeastern Illinois is offering a variety of age-appropriate grief support groups in Barrington and Palatine. All groups are open to community and hospice families who are grieving the death of a loved one, either through illness or sudden death. Each group meets for eight weeks and the registration fee is \$25.

Barrington Area

- "Adult Loss of a Parent," a support group for people who are grieving the loss of a parent, will meet on Wednesdays, March 19 to May 7, 6:30 to 8:30 p.m., at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- "Children's Grief Group," a support group for children ages 6 to 12 and grieving the loss of a loved one, will meet on Mondays, April 21 to June 9, 6:30 to 8:30 p.m., at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- "Junior High Grief Group," a support group for junior high teens grieving the loss of a loved one, will meet on Mondays, April 21 to June 9, 6:30 to 8:30 p.m., at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

- "Young Widows and Widowers," a support group for people grieving the death of a spouse, will meet on Mondays, April 21 to June 9, 6:30 to 8:30 p.m., at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

Palatine Area

- "Grief to Hope," a support group for people grieving the loss of a loved one, will meet Tuesdays, March 18 to May 6, 6:30 to 8:30 p.m., at Wellness Place, 1619 W. Colonial Parkway, Palatine.

To register for any of the grief support groups offered at Hospice of Northeastern Illinois, call bereavement support services at 1-847-381-5599.

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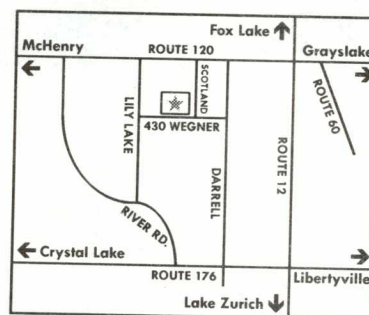


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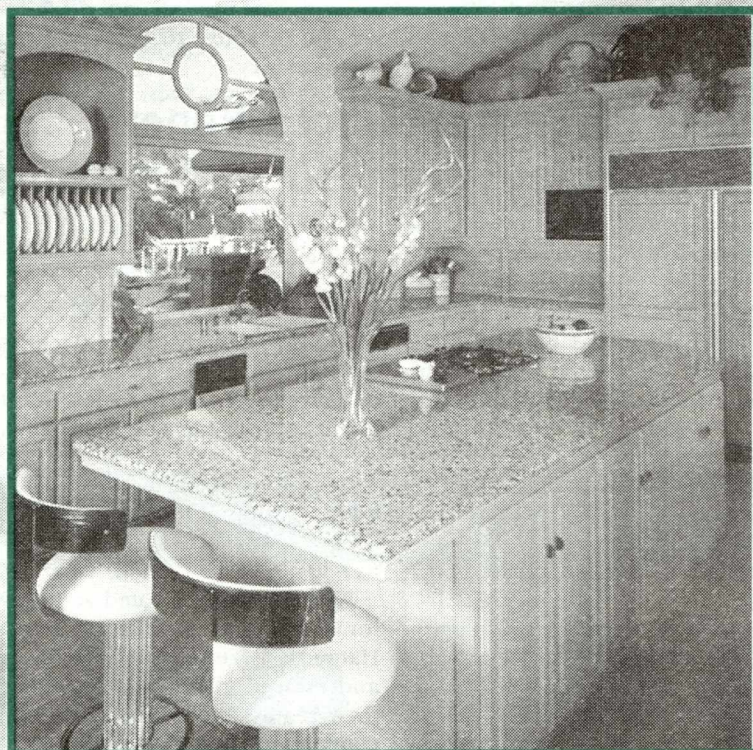


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