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"Peter

BYDE Presents and the Wolf"

Bridal Faire Fundraiser Saturday, March 14

> Art in the Barn 2009 Invites Artists

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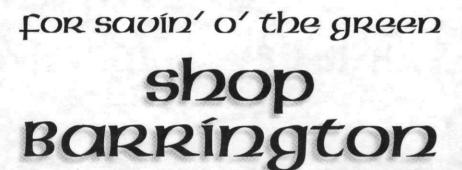
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Editor's Ink

March 2009

Dear Reader,

Ah, signs of spring. It's been a long winter and a new season is most welcome. Fresh fashions are arriving in the stores. The brighter colors are cheerful after the subdued, dark winter hues.

It's also great to be discussing home decorating and lawn care. After shoveling snow, and with cabin fever, it's nice to brighten our homes with a fresh new look while we spruce up the yards. Thus, the focus of this issue of Barrington Lifestyles.

On Sunday, April 19, the Barrington Youth Dance Ensemble (BYDE) will present Peter and the Wolf at Sanfilippo's Carousel House in Barrington Hills. This family-friendly children's ballet is sure to delight. It's a "don't miss!"

Brides-to-be, you'll certainly want to attend St. Anne's Project Hope annual Bridal Faire on Saturday, March 14. The event features hundreds of beautiful gowns at drastically reduced prices. Proceeds benefit emergency assistance to area families in crisis

Enjoy the new season and may all your thoughts be sunny.

With warm regards, Glenne McMonigal, Editor Lifestyles Magazines

About Our Cover

A Smart Look for On-the-Go. A black lightweight crinkle patent-leather jacket tops a black/white dot-printed georgette tie-neck shirt and indigo lightweight denim wide-leg pants. Liz Claiborne.



Bridal Faire Fundraiser Strives to Give Many a "Happily Ever After"

St. Anne's Project Hope will host its annual Bridal Faire on Saturday, March 14 at House of Hope Resale, downtown Barrington. This much-anticipated event provides savvy brides and those looking for formal attire the opportunity to purchase designer gowns, suits, tuxedos and accessories at a fraction of the retail price, all to benefit a great cause. "Our Bridal Faire features hundreds of beautiful gowns in all sizes and styles," said Caryn Habley, House of Hope store manager. "These dresses are donated by area bridal salons and boutiques and usually retail for thousands of dollars. We offer them for just \$50 each, with all proceeds going directly to Project Hope to provide emergency assistance to area families in crisis.

The event, now in its fourth season, has grown not only in its offerings but also in the crowds it attracts. Many brides-some from out of state-lined up long before last year's opening for first pick of the more than 350 gowns available. "It was so worth it," commented one thrilled brideto-be. "I found the exact dress that I wanted; the tag said \$3,800 and I just got it for \$50. I saved a lot of money and helped someone else, too." The one-day event runs from 8 a.m. to 4 p.m.; shoppers are encouraged to come early for best selection.

"We give brides the opportunity to have a dress of their dreams," said Colleen Dunkel, event co-chairperson. "Some have bought more than one, finding it difficult Hope. to settle on a style or preferring to have one dress for their ceremony and a different dress for their reception." In addition to bridal gowns, other formalwear, purses, shoes, jewelry and wedding accessories will also be available. Local vendors specializing in bridal services also participate, offering special savings in support of Project Hope. "Though our dresses are a bargain, we strive to make the shopping experience indulgent and an enjoyable memory for the bride," noted Dunkel. Refreshments are served, complimentary fitting consultations are available and extra staff is on hand to assist brides.



A beautiful bride finds her dream dress during the House of Hope Bridal Faire.

The Bridal Faire coincides with the House of Hope's annual March Madness Sale, a 50-percent-off storewide event running March 11 to 14th. Everything, including furniture, is half price. The event concludes with a \$3-per-bag sale on clothing, toys and books starting at 2 p.m. on Saturday, with all proceeds benefitting Project

"This is a big fundraiser for Project Hope, which is receiving more calls for assistance from area families than ever before," said Dunkel. "Our goal is to provide more 'happily ever afters' than ever before.'

House of Hope Resale is located at 200 N. Hough St., just north of Hough and Main streets in downtown Barrington. The store is open Wednesdays through Saturdays from 10 a.m. to 4 p.m. and will open at 8 a.m. on Saturday, March 14 for the Bridal Faire. For more information and directions, call 1-847-756-4673. For more information about St. Anne's Project Hope, please call 1-847-381-5721.

Classic Arts Trio at **Barrington United Methodist**

A marvelous opportunity to hear worldclass string musicians is happening on Sunday, March 8! At 3 p.m., the celebrated Classic Arts Trio will perform a benefit concert at Barrington United Methodist Church, 98 Algonquin Road (corner of Route 59). Featured selections will include the Beethoven's Trio in C minor, Op. 1, No. 3; Rachmaninov's Trio in G minor, Élégiaque; and Arensky's Trio in D minor, Op. 32.

Concert proceeds will support mission projects of the Barrington United Method-

Classic Arts Trio, consisting of Lyric Opera cellist Walter Preucil, his wife, accomplished violinist Stephanie Preucil, and noted pianist William Koehler, has given mission concerts for more than 16 years. Walter played at Carnegie Hall to rave reviews, and the Preucils have performed



throughout Europe and the U.S. "The purpose of the benefit concert is to share in the joy of music for the glory of God," said

Desserts will be served.

For tickets are \$25 for adults, \$6 for children, or a love offering. For more information, please call 1-847-382-5410 or visit www.BarringtonUMC.com.

BYDE Presents Family-Friendly Peter and the Wolf Children's Ballet



Original cast of BYDE's Peter and the Wolf

The Barrington Youth Dance Ensemble (BYDE) enthusiastically announces the presentation of Peter and the Wolf, a fun, family-friendly children's ballet. There will be three performances on Sunday, April 19 at Sanfilippo's Carousel House in Barrington Hills. The curtain rises at 11 a.m., 1 p.m. and 3 p.m. Tickets are \$10 for adults and \$5 for children, students and seniors. To reserve tickets until April 18, call 1-847-382-6333 or visit Barrington Dance Academy at the Foundry, 758 W. Northwest Highway, Barrington. Visa and MasterCard are accepted.

BYDE graciously acknowledges their generous donors: The Roberts Family Charitable Foundation; The Illinois Arts Council, a state agency; The Benson Family Foundation; Barrington Junior Women's Club; The DeMar Family Foundation; Rose Packing Company; and The Stephenson Family Foundation.

BYDE is grateful to the Sanfilippo family for opening their doors to welcome everyone into their picturesque museum

which features beautiful artwork and fabulous antiques including the world's most beautiful carousel. What an amazing backdrop to watch Peter and all his friends as they dance to Prokofiev's charming music with lively narration by Sterling Holloway.

Peter and the Wolf presents a wonderful opportunity for children to experience a well-known story in the form of familiar music and interpretive dance. Each custom-costumed character is represented by a popular musical instrument, i.e. the flute represents a bird, and the oboe, a duck. The narrator will carefully guide the audience so that even the youngest children are able to follow this wonderful ad-

BYDE uses the Walt Disney adaptation created in 1946, which happily ends this child-friendly performance. Sterling Holloway, also the voice of Winnie the Pooh, creates a very amusing interpretation of the story. Come, listen and watch the story come to life with the artistic and dramatic talents of the BYDE dancers.

Artists Invited

Artists are invited to apply for participation in the Advocate Good Shepherd Hospital Auxiliary's 35th annual juried and invited exhibition, Art in the Barn 2009, scheduled to be held Sept. 26 and 27th from 10 a.m. to 5 p.m. The Artist Committee has announced that the deadline for entry is April 1 and all applications must be postmarked

Acceptance into the show will be judged from quality slides that artists submit for jurying. The jury makes the final decisions on participants. The show will feature works ranging from oil and acrylic paintings, pastels and watercolors, to jewelry, drawings, photography, sculpture, stained and blown glass, ceramics, woodworking, hand-woven fabrics, leather and printmaking.

Art in the Barn is held in the barns and other rustic buildings on the grounds of Advocate Good Shepherd Hospital, 450 W. Route 22, two miles west of Highway 59, in Barrington. Fine art is displayed in a rural setting and the annual event, which



attracts more than 6,000 people, also includes pony rides, children's art, entertainment, food and more. Art in the Barn has become a favorite family outing as well as a primary fundraiser for the auxiliary, with proceeds benefiting the Cardiac Care Center and the Emergency Department in addition to providing scholarships for students pursuing degrees in

For more information and to obtain an entry form, visit www.artinthebarn.org, e-mail gshp-artinthebarn@advocatehealth. com, or leave a message for the Artist Committee at 1-847-842-4496.



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President Signs Lilly Ledbetter Fair Pay Act

On Jan. 29, 2009, President Obama signed into law the Lilly Ledbetter Fair Pay Act which expands the time period in which employees can pursue discrimination claims related to employment compensation. The Ledbetter Act overturns the decision of the United States Supreme Court which found that Ms. Ledbetter's claim of pay discrimination based on gender discrimination under Title VII was untimely. The Court held that Lilly Ledbetter, a female employee who had worked for Goodyear Tire & Rubber for almost 20 years, did not have a valid discrimination claim because the discriminatory pay deby Joette S. Doran, Esq.



cisions she had suffered earlier in her career happened outside of the statutory period for filing a discrimination since time limits for filing a charge of discrimination began to run when an employer makes an allegedly discriminatory com-

This Month's Most Irresistible and Positively Affordable Fashion Finds at Assemblé for Her

After numerous trips to the New York and California fashion markets, we're thrilled to bring you a fabulous array of unique collections! Visit us and discover all the styles and trends, plus we're here to help you pull it all together!

Count on us for the best new looks. Cowl necklines, banded hemlines and Bohemian silhouettes are standouts this spring. Masterfully crafted tops from Rebecca Beeson show off this season's new ruffly necklines. Knotted front and faux wrap tops from Velvet are major must-haves. Shades of ballet pink, cherry, orange crush and daisy yellow provide a vibrant confection of color and style.

For sophistication with ease, pair one of our fabulous jackets (we've got such a collection this month!) with a carefree blouse and a great pant from Ioe's Jeans or Lucky Brand, to name a few.

Tee shirts! Wait till you see our exciting new California finds! Fresh and fabulous and waiting here for you to discover...

Yes, our diligent shopping expeditions, added to our continuous goal to bring you the most remarkable and impressive fashion finds-all at reasonable pricingadds up to an exciting month to "discover yourself" at Assemblé.

See ya soon!

Think of MUM Floral for Your Wedding

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MUM Floral is located at The Brink Street Market in Crystal Lake. Call us at 1-815-444-MUMS(6867) or visit www. mumfloral.com.

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Under the Tuscan Sun

Join your friends and neighbors "Under the Tuscan Sun" on April 22 at Wynstone Country Club, 1 S. Wynstone Drive, North Barrington.

Friends of Home of the Sparrow invites you to this annual luncheon meeting, where unique boutique shopping begins at 9:30 a.m. followed by a luncheon at 11:30 a.m.-all for \$50.

There will also be information on Home of the Sparrow, which provides transitional housing, counseling and job-skills training to women of the northwest suburbs finding themselves in personal distress and at risk of homelessness.

To reserve your place or for more information, please contact Sue at 1-847-

pensation decision. Ms. Ledbetter alleged that because several supervisors had given her poor evaluations her pay was not increased as much as it would have been throughout the course of her career had she been fairly evaluated. As such, she argued that at the time she retired she was compensated at a much lower rate than comparable male employees.

Consistent with her argument in the Supreme Court, the Ledbetter Act states that each subsequent paycheck gives present effect to the discriminatory evaluations and therefore also constitutes actionable discrimination. Under the Act, each individual paycheck, or other compensation alleged to be discriminatory, can be considered a distinct unlawful employment act which starts the limitations period anew. The Ledbetter Act expands the remedies available to aggrieved parties by allowing employees to seek back pay for a period of two years predating their charges, as long as the past violations are similar the charge period. This standard will likely be easy to satisfy in cases where employees have been compensated under the same allegedly discriminatory structure for a significant period of time. The Ledbetter Act amends Title VII, ADA, the Rehabilitation Act, the Age Discrimination in Employment Act and as such, will affect compensation claims based on age, race, disability, and other protected classes.

For additional employment information, please visit our Web site atwww.joettedoran.com.

This article is not intended as legal advice. You should consult with an attorney for individual advice regarding your own

Ms. Doran is licensed in Illinois, all Illinois federal courts and is a member of the Federal Trial Bar. She is the past chairperson of the Employment Law Committee for the Northwest Suburban Bar Association, a past president of Barrington Area Professional Women and a member of the Naor related to those that occurred during tional Employment Lawyers Association.

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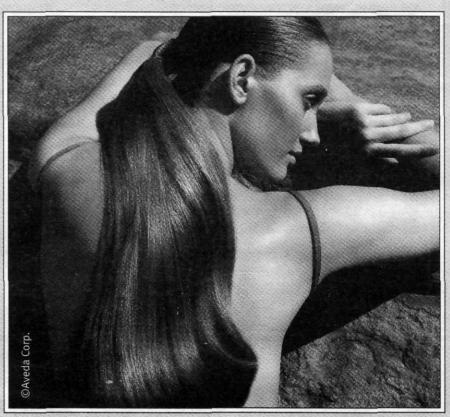
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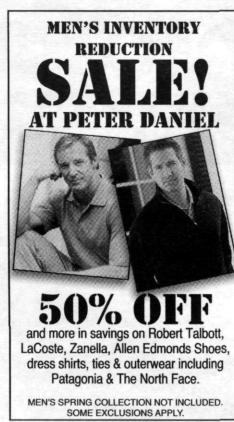
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March at Peter Daniel

Please join us for our fabulous Women's Trunk Shows scheduled for March 5th, 6th and 7th. Our new spring collections are arriving daily. The colors are bright and fun with lots of patterned tops and bottoms

Due to the current economic times, we are offering a 50% discount on most of our Men's Department. This sale includes dress shirts, ties, Trafalgar belts, sweaters, Allen Edmonds shoes, Zanella trousers, Jack Victor suits and sport coats and assorted outerwear. Please take advantage of this opportunity to spruce up your wardrobe at unprecedented discounts. Great clothing at great prices.

We hope to see you during our upcoming events and as always, we appreciate all of your loyal business and support.



Spring Arrives with the Easter Bunny and the Antique & Garden Show

This spring promises a fresh new look for you and your home from the Ice House Mall & Village Shops. Join us for the arrival the Easter Bunny and his friend Cupcake the face painter at our Bunny Breakfast on Saturday, April 4 from 9 to 11 a.m. at the 111 Grille, formally Chessie's. It will be a fun-filled morning starting off with a delicious breakfast, followed by visits and photos with the Easter Bunny, face painting, spring giveaways and much more! Make your reservations for our spring Easter Bunny Breakfast on Saturday, April 4 from 9 to 11 a.m. For reservations, please call the 111 Grille at 1-847-382-5020.

Visits and photos with the Easter Bunny will take place in the Bunny's Garden at the Ice House Mall on Saturday, April 4 from 11 a.m. to 2 p.m. and Sunday, April 5 from noon to 3 p.m. Parents can bring their children for more visits and photos on Friday, April 10 from 11 a.m. to 2 p.m. and Saturday, April 11 from 11 a.m. to 2 p.m. Bring your camera!

Look for our spring Barrington Antique & Garden Show Thursday, April 23 through Sunday, April 26. You will find exceptional antique furniture, garden iron, birth baths, vintage jewelry and more. Fresh Flower Market will demonstrate garden-inspired gifts on Friday, April 24. Gwendolyn Winston of Tivoli Gardens will appraise china and glass from 11 a.m. to 1 p.m. on Saturday. Silver collector and appraiser Alicia Naleid will Don't miss this unique and fun event!

It's time for a fresh look this spring and our 16 unique shops of the Ice House Mall have everything you need to create a new you! We are a one-of-a-kind shopping center where you can eat, drink, shop and pamper yourself all day! The Ice House Mall has just what you are looking for in the latest fashion apparel and accessories for spring getaways, cruisewear and those special occasions this spring.

Apparel for men, women and teens can be found at Peter Daniel. Savvy Spirit & Casual has new spring arrivals in casual wear for women and Zinnia's is all the rage with its trendy and hip clothes for women and teens. Give your home a touch of color this spring with new home furnishings & gifts from the Barrington Home Shoppe. Soak, features an array of handmade soaps, bath salts and sugar scrubs in delicious scents and shapes for spring. One-of-a-kind jewelry can be found at once in a blue moon. Stop in to view original paintings by local artists at the Tina Han Gallery. The Sanctuary Salon & Spa is a full-service salon that has everything you need to pamper yourself this spring, including gift certificates.

Get the little ones ready for Easter and First Communion at Tommy-Terri-infants and children's apparel. Tommy-Terri specializes in fresh and fun apparel and accessories for boys new born through 24 months and girls newborn through size 10. Tommy-Terri has an array of communion dresses for your daughter's special be available from 2 to 5 p.m. on Saturday. day. Young Tootsies shoes for children,

(Please continue on page 12)



Ice House Mall 200 Applebee Street, Barrington, IL Mon-Sat: 9:30am-5:30pm Thurs: 9:30am-7:00pm

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Fashion Show Luncheon - March 14th at 11:30am

The latest styles for spring are featured on the runway at Concorde Banquets. Lunch and fashion show tickets are \$35 each and benefit Hospice of Northeastern Illinois.



Call Kristin at Hospice of Northeastern Illinois at 847-381-5599, ext. 368 to RSVP with your credit card before March 4, 2009.



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Lorraine Briggs Honored

Most people lead such busy lives that they don't make community involvement a high priority. For those who are involved, not only do they benefit, but so does the surrounding community. Lorraine Briggs is one of the people who is involved and continues to leave a positive mark on the Barrington area.

Briggs was recently honored by the Countryside Garden Class of Barrington for 20 years of continuous service as the treasurer of the organization. Two years after joining the club in 1987, she was approached about the position and said, 'Yes." Now 20 years later, when asked why she chooses to remain in the position, she replies, "It helps keep my skills current.

After getting to know Briggs, one comes to realize that her reason for extending herself is far beyond skill development. It is a commitment to following her interests and dedication not only to the garden club but also the Barrington community.

After moving to Barrington Hills in 1968, her community service rapidly followed. It began at the Grove Avenue School where her two sons were enrolled. She volunteered in the library and as a homeroom mother. A neighbor invited her to join the League of Women Voters of the Barrington Area where she became president and currently serves as treasurer and newsletter editor. In the League, Briggs has been active in several committees including one which studied Illinois school funding, resulting in her appointment to District



220's Budget Advisory Committee where she served until her election as trustee to the Barrington Hills Village Board in 1985.

As trustee for 16 years, she worked to preserve the quality of Barrington Hills living. While on the board, she was trustee liaison to the Plan Commission, which required walking every developed land parcel in the village for a better understanding of the land as part of analyzing the projects. Numerous board committees and commissions benefited from her involvement including one that studied and revised the ordinance for controlled open burning. Also, she negotiated the provision of curbside recycling for village resi-

Briggs currently is a trustee on the Bar-

Call for Photographers

The Northwest Cultural Council's 2009 5th slides or JPEG (.jpg) files on CD only-Annual International Juried Photography Exhibition, "Pop Shots...Images Celebrating Dads," will be held June 4 through

All forms of photography and digital imagery will be accepted. Susan McConnell of Barrington and Martha's Vineyard will be the juror. There is a \$25 jury fee for up to three slides (no fee for high school and college students). Jurying will be done by org.

no e-mail submissions accepted. The submission deadline is April 27. Awards will be given.

For a prospectus, visit their Web site at www.northwestculturalcouncil.org or send a #10 SASE to: NWCC Corporate Gallery, P.O. Box 690, Barrington, IL 60011. For more information, call 1-847-991-7966 or e-mail nwcc@northwestculturalcouncil.

Four Seasons Garden Club March Meeting

The March meeting will be held at 9:30 a.m. on Tuesday, March 3 at the Barrington Area Library.

Adele Kleine, will present this month's topic, "What's New?," a presentation on the latest trends in the horticultural world, including the winners in all American annuals, perennials, roses, bulbs, shrubs and vegetable. Kleine is a master gardener, a master flower show judge, and a landscape gardening and environmental consultant.

The Four Seasons Garden Club usually meets at 9:30 a.m. on the first Tuesday of each month, August through June. The meetings are typically held in a member's home or at the Barrington Area Library. Meetings include a social coffee, visiting among members and guests, a short business meeting, and a presentation or demonstration concerning some aspect of gardening and gardening interests.

For additional information on the club, please contact Alena at 1-847-438-3981.

Community Service Award in 2003.

Noreen Ishak, president of The Countryside Garden Class, states that, "Not only has Lorraine served as treasurer of our club for so many years, but, she also steps forward and assists in other positions as the need arises. She is a tremendous asset to the club. It is also interesting to note that at one point she was actually Treasurer of five different organizations at the same time."

dedicated to the preservation of open space within the community. Election judge, voter registrar, BACOG, Neighborhood Watch, and the Garden Club of Illinois are also part of Lorraine's extensive portfolio of giving of her time and knowledge. For her community contributions, she was named to the Senior Citizen Hall of Fame in 1997 and also received the Barrington Area Development Council's

rington Area Conservation Trust, which is

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March 24th, 25th, 26th, 27th and April 5th, 6th, 7th

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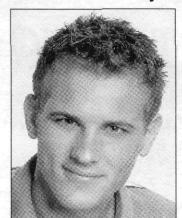


Let Elevation Salon Prepare You for Spring

This March, allow the team at Elevation Salon help you prepare for spring. You may be preparing to go to a beautiful warm place or planning for some local fun. Whatever your plans are, you'll want to look your best.

With our certified organic haircolor line All Nutrient, the color options are endless. Its quality ingredients will leave your hair in the best condition possible. Whether you are looking for some highlights to sparkle in the sunshine, a vibrant red to brighten your afternoon or a rich chocolate brown to warm up your evening, Elevation Salon is here to help you decide what is perfect for you. We will also help you choose the cut that is perfect for your lifestyles and new haircolor.

Elevation Salon is conveniently lo-



cated at 28686 W. Northwest Highway in Petersen Plaza, one block west of Kelsey Road, in Lake Barrington. Call 1-847-304-5970 for an appointment.

Chers Amis...

March is upon us... march on, winter, contribute a great deal to the presentation march on! Spring is here and with it the good things it will bring! Asparagus from Michigan, smelts from the Great Lakes, fiddlehead ferns perhaps, skate wing with capers for sure (our True Bistro Dish of the month)... all exciting indeed!

Spring makes you feel romantic? Join us for our Candlelight & Champagne Dinner... limited sitting at 6 p.m. and 8 p.m. on Friday, March 20 ... call for details.

FYI only: the bar has new "happy" pendant lights and a unique "television in a mirror" ...pretty neat!

Also, just so you know, D & J Bistro does follow the trend: we serve many dishes in modernly shaped plates that

of Chef Masato's creative cuisine.

By now you must know that D & J owns a beautiful one-bedroom apartment in Paris' 16th that is available for short rental. Visit www.djparisapartment.

Voila! We look forward to your visit, be it in our bar/lounge for appetizers, cheeses, pâtés, etc... or for a light or full meal in our cozy dining room with our wellknown full-dinner prix-fixe for \$35.50 or our new light-fixe (soup or salad/appetizer/dessert) for \$19.50! Not to forget the possibility of a party of up to 55 people in our banquet room... Venez, venez mes amis, vous aimerez! A bientôt,

-Dominique, Stephane

BYFS Auxiliary Hosts "A Walk in the Park After Dark" Gala

Family Services' (BYFS) community outreach, prevention and counseling programs, its auxiliary invites you to join them for "A Walk in the Park After Dark." This fundraising gala, which is open to the public, will be held at the Barrington Hills Country Club on Saturday, April 18,

The event will feature both live and silent auctions. Items up for bid include: pheasant hunting at McGraw; a "Cubstravanganza" package including box seats, limo transportation and dinner at Harry

To raise funds for Barrington Youth & Carey's; vacation homes in Kauai and Isle of Palm, SC; a basket of exquisite chocolates from Pair Chocolates; and an opportunity to be "Coach for a Day" with Joe Sanchez and the Barrington High School (BHS) football team. A highlight of the auction will be a premier parking space at BYFS (located directly across Lake Cook Road from BHS) for any sophomore, junior or senior with a valid driver's license. A beautiful piece of jewelry from Long & Co. Jewelers will be featured as part of the evening's prizes.

Dave Nelson will lead the live auction

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Le Brunch avec les Artists du Coin Sunday, April 19

Gourmet Buffet with Gallery Show of Paintings & Jewelry



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Scholarship Applications Available

The Garden Club of Inverness is accepting applications for scholarships. Students who live in the area serviced by School District 211 and Barrington High School, and who major in horticulture or environmentally related studies in college, are invited to apply. Applicants can be college freshmen to seniors and/or graduate stu-

dents. Scholarships of \$1,000 or more are awarded each year, determined by the available funds. In 2007, the club awarded three scholarships of \$2,500 each to area

Applications can be obtained by visiting the guidance offices in School District 211 and Barrington High School.

and Barrington's own Way Past Curfew will provide live music. The ticket price for the event is \$175 per person.

For ticket or sponsorship information, please contact Nicole Jacobsen at 1-847-212-1685 or nicole_jacobsen@comcast.net.

Barrington Youth & Family Services is a not-for-profit social service agency, dedicated to providing outreach, prevention and counseling services that support the social, psychological and emotional wellbeing of young people and their families. For more than 35 years, BYFS has serviced Barrington area residents in Barrington, Cuba, Dundee and Ela townships, within the boundaries of Barrington Community Unit School District 220. Visit at www. barringtonyouthandfamilyservices.org.

Spring Break Art Camp

- -Starting the week of March 23 & March 30
- -Full or half days available 10:00-3:00 PM, M-F
- -Call today to reserve your spot!

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EASTER SUNDAY CHAMPAGNE BRUNCH

Sunday, April 12 – 10 a.m. to 2 p.m.



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Complimentary Picture Taken with the Easter Bunny

For More Information & Reservations, Please Call 847-438-0025



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847.304.0708 BarringtonGourmet.com "Why cook, when we can do it for you?"

Barrington Gourmet Keeps Alive the Tradition of Good Home Cooking

Main St., is the new food-lover's paradise. Started by the father-and-son team of Rick and Colin, Barrington Gourmet offers dine-in, take-out, delivery and catering. They specialize in Chicago-style barbecue and American comfort foods.

Rick and Colin want to keep alive the tradition of good home cooking, which means everything is made from scratch, from the pizza dough to their barbecue

Speaking of barbecue, try Barrington Gourmet if you want real fall-off-thebone tender, juicy barbecue. The owners feature their favorite dishes like ribs, pulled pork and beef brisket. Great barbecue is hard to find, and this is one of best rib joints around

Customers also visit for Barrington Gourmet's house specialty comfort foods. "Beef Stroganoff and Crabmeat Mac & Cheese are most often requested," says Rick.

Owners Rick and Colin are passionate about great food. Colin explains, "We know people like our food because the plates are coming back to the kitchen empty." They constantly get requests to box up the food for leftovers no matter how little is left. The customers do not want to let it go if they can't finish it in one sitting.

This place has some great deals too! Barrington Gourmet recently launched

Barrington Gourmet, located on 232 E. an Economy Menu, featuring six meals under \$5 with a soft drink. Not surprisingly, these were an instant favorite. Colin then took it a step further to make affordable family meals starting at \$19.99. They know their customers want a good value. "Customers can get complete meals to feed a group of co-workers or bring home to their family at a low price," Colin explains.

Barrington Gourmet offers a full bar. They have different drink specials and a new line of specialty mixed drinks every month. For March, kickoff the warm weather with a punch. They offer a Malibu cocktail with cran-raspberry juice, lime juice, club soda and Malibu rum.

The restaurant also features scrumptious gourmet desserts including favorites like minicheesecake, decadent brownies and ice cream profiteroles. Since the weather has gotten better, many have come in for an afternoon coffee and dessert.

Barrington Gourmet also offers catering for parties and events. They have a variety of platters and party trays to choose from, or they can help you customize your own menu.

If you haven't tried Barrington Gourmet yet, you are doing your taste buds an injustice!

Barrington Gourmet is open Monday through Saturday 11 a.m. to 8 p.m. Call 1-847-304-0708 for carry-out or delivery. Any questions or inquiries, please e-mail goodfood@barringtongourmet.com.

The Spring Forecast **Calls for Showers**

Plant the seed with an adorable invitation, sprinkle with lovely paper plates and napkins and watch your party grow into an unforgettable event!

Come see our fresh new spring look and new crop of gorgeous gifts!

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Cards and Roses Fundraiser A Success



Lines Elementary School "Cards and Roses" committee takes time out from the Feb. 6 event at the Barn of Barrington.

came out to their "Cards and Roses" fundraiser on Friday, Feb. 6 at The Barn of Barrington. The dress for the evening was RED HOT to get everyone in the mood for Valentine's Day! The evening consisted of dinner, cocktails (even a signature "Rose"tini) and a unique mix-and-mingle card game. The object was to win the most hands of cards and collect roses, which the ladies took home. It was a wonderful way to get parents to meet other parents at the school.

There was also a silent auction with over 150 items that included overnight stays, gift certificates, gift and themed baskets, art from each classroom in the school, unique experiences, and teacher donations. The live auction was fun with a group of "Lucky 7" items to go along with the "card" theme. M.J. Miller & Co.

Over 160 Lines Elementary School parents donated stunning silver heart earrings to honor the occasion. Funds raised at the event would benefit the school with the purchase of SMART Boards, teacher minigrants, and aid in paying for the numerous events and programs that Lines PTO hosts for families, students and teachers throughout each school year.

> Co-chairs for the event were Doreen Colletti-Muhs and Clarice Micheal. Their wonderful and hard-working committee included Stacy Smith, Ari Heick, Joann Robbins, Cindy Lenart, Cindy Matthews, Melissa Buckley, Amy Kenrich, Tracy Braun, Linda Ingram, Peggy Cleary, Lisa Sarnowski, Jen Garrels, Carrie Carr, Peg Holt, Rina Boundy, Kristin Small, Hillary Kaboski, Susan Stoga, Persephone Gavrilos, Kay Ann Blaszczyk, Amy Wierzbicki, Debbie Guagliardo and Kate Herzog.



Oil Painters of America Board to Exhibit at Lakeside Legacy Arts Park

From April 1 through 21st, the board of appreciation of representational art, realdirectors of Oil Painters of America (OPA), and invited artists, will exhibit their oil paintings at the Sage Gallery in the Lakeside Legacy Arts Park, 401 Country Club Road, Crystal Lake. A public reception will be held on Friday evening, April 3 from 5 to 7 p.m.

Oil Painters of America Representational is one of the most prestigious art organizations in the United States and Canada. The board of directors has been responsible for the leadership to champion the

izing an over 300-percent growth in membership over the past 10 years, and for creating an annual juried national exhibition for which over 2,400 entries are submitted. Acceptance into their shows provides a real boost to the careers of partici-

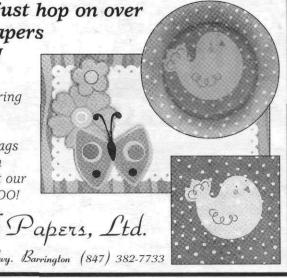
Members Thomas Trausch of Woodstock and Suzanne Massion of Hampshire have been invited to join the board for the exhibition.

No need to hunt-just hop on over to Little Shop of Papers for Spring goodies!

Little Shop of Papers has everything to make your Spring celebration joyous. Pick up charming paper plates and napkins and adorable gift bags just waiting to be filled with Easter treats. And check out our collection of Easter cards TOO!

Little Shop of Papers, Ltd.

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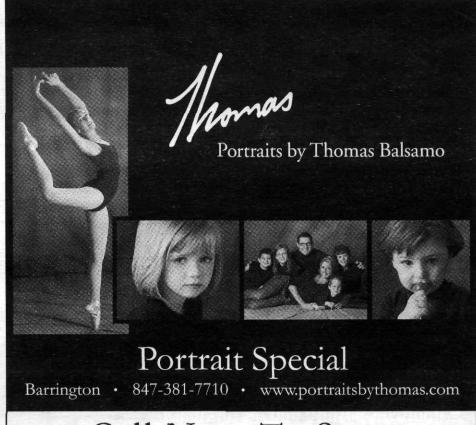






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McHenry County Singles Club is a group

of people, mainly in their 40s and 50s (any

age is welcome, however), who meet on

the weekends for fun and friendship. The

club has done a lot of interesting activi-

ties, including going out to dinner, con-

certs, movies, dancing, plays, shows and

more. Day trips have included going to

the Bristol Renaissance Faire, the Domes

of Milwaukee, Old World Wisconsin, the

Botanic Gardens, the House on the Rock,

Volo Bog, the Art Institute, the Field Mu-

For more information, call Doug at 1-

seum, the Shedd Aquarium and more.

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McHenry County Singles Club Events

March Events

· Sunday, March 8—A day trip to the Festival of the Sugar Maples in Marengo. Meet at 9 a.m. at the downtown Crystal Lake train station to car pool there. For more details, call Kathy at 1-847-658-3276.

· Saturday, March 14—An evening of playing pool. Meet at 6 p.m. at Main Street Billiards Cafe for some friendly competition. For more information, call Fran at 1-847-854-4563.

· Saturday, March 28—Dinner out at ZAZA's in Lake Barrington. Meet at 6 p.m. For additional details, call Kevin at 1-847-

Ice House Mall

dress shoes for spring including Easter and Communion shoes. Learning Express Toys has everything you need to fill those bunny baskets and also features the hottest trends in toys, crafts and more. Learning Express Toys is always happy to assist you in choosing the perfect Birthday or spring holiday gift. Free Gift-wrapping is available for your purchases. Girl Scout Express is your full-service Girl Scout store. The 111 Grille always features award-winning lunch and dinner specials, and now offers live entertainment. Travel House is a full-service travel agency that can assist you with your va- 381-6661.

offers the best in children's casual and cation plans and weekend getaways. Mall gift certificates are the perfect gift for any spring occasion.

(Continued from page 7)

The Ice House Mall & Village Shops is located in Downtown Barrington off of Lake Cook Road/Main Street at 200 Applebee Street (next to the Jewel Shopping Center). Mall Hours are Monday through Saturday, 9:30 a.m. to 5:30 p.m., Thursday, 9:30 a.m. to 7 p.m., and Sunday, noon to 4 p.m. For more information about our unique, one-of-a-kind shopping destination, including event listings and store coupons, please visit us on the Web at www.icehousemall.com or call 1-847-

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overwhelming. Perhaps you don't know where to start. At Wickham Interiors, they make the whole experience easy and enjoyable by personally walking you through, helping you make a wish list of all the special things you like, while guiding you to make it all work together.

Bridal registry at Wickham Interiors is a delightful experience you'll remember for a lifetime. Select dinnerware you can't wait to entertain with, whether for everyday or that special occasion. Choose bedding that's not only cozy but suits your style. What great fun it is to find everything you need: for your walls, beautiful artwork; for your living room, comfortable furniture and accessories you'll love; and for your bath, soft towels, and coordinating toothbrush holders and soap dishes!

Not only does Wickham Interiors have beautiful items in their store to suit any budget, but you have unlimited selec-

Sometimes bridal registry can seem tion possibilities because they can order just about anything you need. Wickham Interiors works with many vendors that are not shown anywhere else in the area. They offer irresistibly Italian dishes from Vietri, handmade Brilliante aluminum serving pieces from Mariposa, and sparkling picture frames with Swarovski crystals from Jay Strongwater-just some of the favorites loved by brides and grooms at Wickham Interiors.

> Customer service is so important to Wickham Interiors that they will do everything they can to make selecting a gift for you an enjoyable experience for your friends, family and guests. They even giftwrap for free!

> To experience the joy of bridal registry, call Wickham Interiors at 1-815-455-6202 to make an appointment today! You can visit them in historic downtown Crvstal Lake at 67 N. Williams St. or at www. wickhaminteriors.com

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Mother's Helpers has been providing quality sitters to parents in the Boston area since 1961. We expanded to Denver in 2005, and continue to provide the same quality service and peace of mind for parents in the Northwest Suburbs of Chicago.

We provide three levels of service:

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Whether you need a day off, a night out, and care for your children. This can include driving to and from activities, as well as light housekeeping.

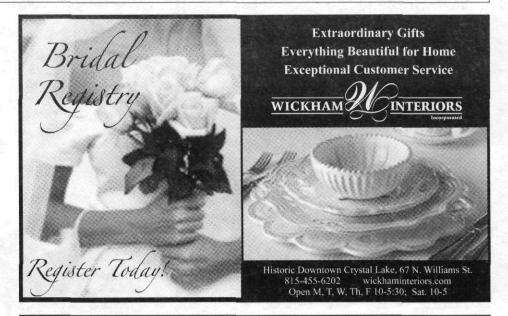
Your children's care is our first concern. We only recruit sitters whom we would trust to care for our own children. Our sitters are at least 18 years old, experienced with children, and responsible. Our screening process includes a personal interview, criminal background check, DMV check, and references check. Our sitters are carefully screened, engaging adults who provide their own transportation to and from your home.

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"A LIGHT exists in spring Not present on the year At any other period. When March is scarcely here"

-Emily Dickinson (1830–1886) Part Two: Nature, LXXXV



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Happenings! in the area

Celebrating World Day of Prayer

Church Women United (CWU) of the Barrington area will celebrate World Day of Prayer on Friday, March 6 at First Church of Christ, Scientist, 421 E. Main St., Barrington. Worship will begin at 1 p.m.

World Day of Prayer is an international movement in 170 countries and regions whose prayers follow the sun across the globe on the day of the celebration. Prayer and action are inseparable and both have immeasurable influences in the world.

The women of Papua New Guinea have written the World Day of Prayer 2009 service around the theme "In Christ, there are many members, yet one body." They invite you to join them in celebrating their unity in Christ, where diverse communities are of one heart and soul, and where women have faced the violence in their societies with courage and solidarity.

The guest speaker for this service is the Rev. Zina Jacque, senior pastor at the Community Church of Barrington. Previously, Jacque has served on the staffs of multicultural, urban, and suburban churches and has done extensive work in the areas of education, counseling and support programs. This has included serving as the executive director and founder of the Pastoral Counseling Center of Trinity Church in Boston. In this role, she implemented training on mental health issues for local pastors and led the center in the delivery of over 2,400 annual direct service hours. She has also served as the interim director of Christian education at the Melrose Church in Massachusetts, the



The Rev. Zina Jacque, senior pastor at Community Church of Barrington, will speak at World Day of Prayer, March 6.

Protestant Chaplin at Bentley College, and as the executive director of the Boston Ten Point Coalition, where she served as a key member of the Boston program of violence reduction-Operation Ceasefire. Jacque holds a doctorate in theology and a Master of Divinity degree from Boston University, a Master of Arts degree from Columbia University, and a Bachelor of Arts degree from Northwestern University.

All are welcome to attend the service. Participants are invited to donate new baby/toddler board books for use in the Prison Ministry Storybook Project of Lutheran Social Services of Illinois. For more information, call Linda Osikowicz at 1-847-540-5634.

Church Women United is an ecumenical movement that brings together Christian women of many denominations to work for a just, caring and peaceful society.

Countryside PTO Plans Fundraiser

With a goal towards enhancing the educational environment of all children that attend Countryside School, the Countryside PTO is hosting an exciting event on Friday, April 3 at The Stonegate Banquet & Conference Centre in Hoffman Estates. This annual fundraising dinner and auction will celebrate the people that make our dreams possible.

Our success relies on the generosity of families and businesses. The proceeds of this nonprofit event provide opportunities for Countryside School students and staff to excel in a competitive educational environment. We are currently trying to get Smart Boards for each class at our school, one of the many-goals of our PTO.

Our committees are working hard to ensure a night to remember for the Barrington community. Tom Dreesen has confirmed he will entertain that evening, sure to make you laugh he has in over 500 appearances on TV as a stand-up comedian, including over 60 on The Tonight Show. He is a frequent and favorite guest of David Letterman and has hosted the show in Letterman's absence.

This event welcomes everyone including the Barrington Hills community and alumni of Countryside School. It will be a wonderful night of friends, amazing enter- community be a better place for all!

tainment, auctions, dinner, and a Vacation to Disney door prize (contact the PTO for details). Auction items include golf trips to Oakmont (ranked #1 in the U.S.), Isleworth (Tiger Woods' community), and Caves Valley; vacation trips, sporting event tickets; spa days; and diamond jewelry; and are just a few of the highlights.

Tom Dreesen

The cost is \$85 per ticket. For information on tickets, donations or volunteering, please e-mail wefindit4u@aol.com or call Diana or Frank Feraco at 1-847-687-8220. Your generosity is appreciated.

Love your community by helping your

Alpha Gams and P.A.T.H.S. Present the 37th Spring Showcase of Arts & Crafts

Everyone is cordially invited to come to the Samuel A. Kirk School, 520 S. Plum Grove Road, in Palatine, on Saturday, March 7 from 10 a.m. to 4 p.m. or Sunday, March 8 from 10:30 a.m. to 4 p.m. to shop for originally designed handcrafted items made by more than 90 exhibitors. Favorite returning artists will be present along with new crafters. Listen to the keyboard



Pushing a cart filled with homemade baked items are Chervl Wickstrom and Sarah Hartness. These girls are part of the "Squirrel Squad"—children who visit each exhibitor with menus and take orders for food and beverages so that the artist does not have travel to the Cafe during the show.



Each year during the Spring Showcase, Lee Bassett of Long Grove entertains everyone with delightful keyboard music in the hallways of the Kirk School.

music presented by Lee Bassett. Enjoy gourmet sandwiches, hot soup, and other snacks and beverages in the cafe. The alumnae moms will be baking pies again and other members will be bringing in homemade treats for the bake sale. Parking is free. A donation of \$3 is requested at the door. No strollers, please. Please support this local volunteer event.

Proceeds provide educational materials for physically and mentally handicapped students, funds for diabetes research, and scholarships

It's Never Too Late to Learn Something New

Harper College and The Garlands Present New Lifelong Learning Series

A variety of classes that explore European that show unusual timepieces. You are gardens, antique clocks and jazz are being offered this spring for adult learners age 55 and older as part of Harper College's Lifelong Learning Series at The Garlands of Barrington, 1000 Garlands Lane, Barrington. To register for any of the following classes, please call 1-847-756-3000.

· Country Houses of England and Ireland, Friday, March 6, 10 a.m. to noon-England and Ireland boast some of the most beautiful gardens in the world. These island nations are ablaze with blooms surrounding stately homes that are filled with antiques and history. Claire Copping-Cross will take you on a virtual tour of mansions, castles, abbeys and their adjacent gardens. In England, you'll see Ham House, Malmesbury Abbey and Sissinghurst Gardens. Ireland's views will include Glin Castel and Powerscourt Estate. Class will be held in the Surround Sound Theater. The cost is \$10 per person.

· Antique Clock Connection, Thursday, April 23, 10 to 11 a.m.-Jim Denno, master clockmaker, was trained by two masters from the Black Forest of Germany. Starting at a young age, he apprenticed with them for 12 years. He has owned and operated Tick-Tock Clock Repairs for over 30 years. His presentation on the history and preservation of clocks is illuminating and will include a slide presentation of many old clocks and places to visit

invited to bring along a clock or two for show-and-tell. Besides some unusual clocks, Denno will show some of his repair materials to demonstrate the Old World methods he uses to repair all clocks. If you own a clock, you will enjoy the machination. The class will be in the Surround Sound Theater. The cost is \$10

· American Jazz in Paris, Friday, May 22, 1 to 3 p.m.-European critics embraced jazz before anyone in the U.S. wrote anything complimentary about the music. The reasoning is wrapped up in the cultures of both France and the United States: Scott Cashman will discuss the cultural and historical implications of jazz in both the United States and France while listening to music from the earliest period to the present as it has been played in the City of Light. Cashman earned a doctorate in anthropology by studying the economics of being a jazz musician in Paris. The class will be held in the Surround Sound Theater. The cost is \$10 per person.

The Garlands, located near the heart of Barrington, is a unique community for people ages 55 and older, offering residents an uncompromising lifestyle in a resort setting. The Garlands of Barrington combines elegant residences with unprecedented amenities and services. Come and experience The Garlands at one of these Lifelong Learning classes.

Introducing a home that is a reflection of your values. A statement of your character. A testimony to your accomplishments.



INTRODUCING

THE NEW PHASE II RESIDENCES

THE GARLANDS OF BARRINGTON



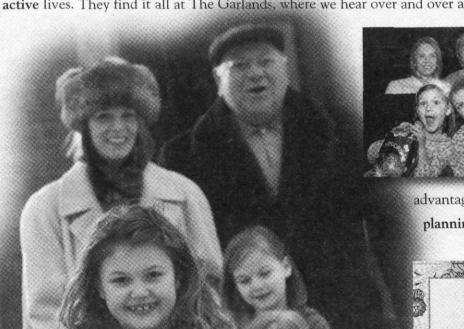
Currently under construction for 2010 occupancy.



Built in the handcrafted tradition of the artisans of the Arts and Crafts era, these new luxury apartment homes offer superb construction, thoughtful interior design and the quality you've come to expect from The Garlands.

Senior living has never felt so young!®

People come to Barrington from near and far in search of larger residences . . . higher standards . . . and an environment that is suited for their active lives. They find it all at The Garlands, where we hear over and over again, "It just doesn't feel like a retirement community."



More than 200 people like the Karlins have happily chosen The Garlands lifestyle as their own. So many so that our first phase of development is nearly sold out. Phase II membership will be extended to only a select few. Act now to take

advantage of pre-construction options, and then relax and start planning now for your custom-made Garlands lifestyle.



for best views, pre-construction pricing and options to personalize premium cabinetry, appliance and flooring selections.

Where Senior Living Comes of Age!

Meet Gary and Cheryl Karlin who, upon their daughter's suggestion, stopped by The Garlands while visiting her one day. They chose to relocate to The Garlands from North Carolina and are now happily adjusted to their new life in Barrington.

Cheryl, a talented interior designer, appreciates The Garlands architectural integrity and detail. Gary, a retired financial planning executive, believes that moving to The Garlands was a smart financial decision that offered predictable costs and a guaranteed rate of return.

The Karlins take great pleasure in spending quality time with their granddaughters Avery and Lily who live nearby. From dancing at The Garlands Sugar Plum tea and swim parties in the aquatic center, to cultural excursions to the city and private movie nights in The Garlands Surround Sound Theater complete with fresh-popped popcorn, these girls love The Garlands almost as much as their grandparents do!



847-304-1996 • thegarlands.com 1000 Garlands Lane, Barrington

On Northwest Highway by the Barrington Library.

Early Bird Summer Tae Kwon Do & Karate Special

- Want to empower your daughter or son?
- Need to increase your child's focus and self-esteem?
- Want to improve your child's communication skills?
- Want your child to have an edge in life, school & sports?

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123 Barrington Commons Plaza • Barrington, IL 60010

Classes forming NOW! (847) 382-9599

www.barringtonmartialarts.net

Voted #1 School in the Northwest Suburbs

Our Summer Sale

2 Months of Classes plus a FREE Official Uniform, all for \$130* (\$375 value)

Students must be registered by May 15, 2009. Classes can be taken anytime in June, July or August.

*new students only

Testimonials:

"Wow! What a difference! I've slimmed down two pant sizes, I've gotten toned, and I am in the best shape since college." -Mary, 47-year-old Barrington mom "My 2 sons have only been here for just 2 weeks and they are starting to clean their room and starting to follow directions the 1st time I ask." —Pam, Hoffman mom

37 CLASSES FOR YOUTH - ADULTS - TEENS - FAMILIES - WOMEN - MEN - BEGINNERS - INTERMEDIATE - ADVANCED

YOUR HEALTH IS OUR PRIORITY

The Importance of Regularly Scheduled HYGIENE VISITS

Your gums are the very cornerstones for whole body health. It's true.

You know your gums hold your teeth in place, but did you know that gum disease affects your whole body? Periodontal disease and related infection can lead to all kinds of health problems including some cancers, heart disease, strokes, low birth weight babies, and can adversely affect people with diabetes.

That's why we emphasize the importance of your regularly scheduled hygiene visits. Without these visits, sticky plaque can turn into calculus or tartar, a hard mineralized layer that holds dangerous bacteria close to your gums that is a major contributor to gum disease.

Call today and see how regular hygiene and periodontal therapy can stop this disease in its tracks - 874.526.2831, or visit www. NorthWestDentalHealth.com.





224B BROWN ST · WAUCONDA

847.526.2831

CONSULTATION & NEW PATIENT EXAM!

WWW.NORTHWESTDENTALHEALTH.COM

Restore, Renew or Refresh Your Smile

FREE Consultation and Exam for New Patients!

Dr. Dan Follmer and Northwest Dental Health & Aesthetics welcomes you to their all-new office at 224B Brown St. in Wauconda. The dentist and staff you've come to trust now offers the newest technology and equipment for a more welcoming, expansive and innovative experience than ever before.

A Smile Makeover Can Change Your Life

You will feel more confident and have more self-esteem because you know you're looking great.

Smile Makeovers Aren't Extreme

They're comfortable procedures that can typically be completed in two to three easy visits!

Any Smile Can Be Enhanced

- Crooked, overlapped teeth can be straightened.
- Gaps can be closed.
- · "Gummy" smiles can be recontoured.
- · Stained, discolored teeth can be whitened.
- · Chipped, broken, teeth can be repaired.
- · Missing teeth can be replaced.

Dr. Follmer graduated from Northwestern University Dental School in 1975. He returned to the college to teach dentistry for two years, then returned to his hometown of Wauconda where he has practiced

Committed to both academic and clinical excellence, Dr. Follmer assigns top priority to continuing dental education. Over the past five years, he has studied extensively at the prestigious Las Vegas Institute for Advanced Dental Studies where he has completed over 300 hours of Continuing Education in the area of cosmetics and neuromuscular dentistry.

Call Northwest Dental Health & Aesthetics to-

The Barrington Antique & Garden Show at the Ice House Mall

The Ice House Mall & Village Shops will feature the Barrington Antique & Garden Show on Thursday, April 23 through Sunday, April 26, presented by Tivoli Garden Antiques.

The antique show will feature many local antique dealers with merchandise from unique furniture and accessories to outdoor furniture, garden iron benches, bird baths and houses to vintage jewelry and

On Friday, April 24, Fresh Flower Market will demonstrate unique garden-inspired gifts to celebrate spring and Mother's Day. There will be a free china and glass appraiser on hand from 11 a.m. to 1 p.m., noon to 7 p.m., Friday, April 24 from 10

DARRINGTON ANTIQUE SARDEN SHOW SALE

Saturday, April 25. Silver collector and appraiser Alicia Naleid will offer an appraisal on your silver items from 2 p.m. to 5 p.m. on Saturday, April 25.

The Barrington Antique & Garden Show will be open on Thursday, April 23 from

Alpha Omicron Pi Gears Up for March 8 Auction

The Northwest Suburban Chapter of Alpha Omicron Pi would like to invite the public to attend their annual Spring Auction at the home of a South Barrington member. A variety of quality jewelry, food, decoration, and gift items will be available for purchase. In addition, attendees may be the lucky winner of a basket filled with goodies. The themes of the baskets are "Take Me Out to the Ballgame," "Shop 'til

You Drop," "B-L-I-N-G," "Travel the Rhine" (wines) and "Pub Crawl." A delicious luncheon will be served to guests. The auction will begin at 12:30 p.m. on Sunday, March 8

Proceeds will benefit several charities including the Arthritis Foundation.

For more information, please call 1-847-870-7548 or visit the chapter Web site at www.nwchicagoaoiialumnae.com.

a.m. to 5 p.m., Saturday, April 25 from 10 a.m. to 5 p.m., and Sunday, noon to 4

The Ice House Mall & Village Shops is located at 200 Applebee Street in down-

town Barrington off of Lake Cook Road and Main Street, one block west of Route 59. For additional information, call the mall at 1-847-381-6661 or visit www. icehousemall.com.

16 Barrington LIFESTYLES March 2009



Lisa Gulcher M.D.

Dr. Lisa Gulcher specializes in Aesthetic Medicine with a M.D. from Northwestern Medical School in Internal Medicine is a member of the American Society of Laser Medicine & Surgery.

Top Reasons

why patients are choosing **Advanced Medical Aesthetics**

Dr. Lisa Gulcher's Mission: To only offer treatments that are safe and with proven results.

Free Consultations

Dr. Lisa Gulcher will consult with you about treatments that are right for you and answer all of your questions. You will find a relaxing and personable atmosphere in our state-of-the-art Medi Spa.



Experience

Dr. Lisa Gulcher has performed thousands of Botox® and Filler injections and is considered a leader in the field of non-surgical cosmetic facial enhancement. Her staff is also extensively trained in the area of laser and light-based aesthetic therapies.



Only \$9 per unit **New Clients**

or

First-Time Clients

Forehead lines Approx. \$108

Frown lines

Approx. \$180

Crows feet

Approx. \$162



Lowest Prices. . . On everything!

BOTOX®

ONLY \$9 per unit for new clients

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Only \$500 (reg.\$650)

OBAGI NuDerm Skin Care System Only \$400 (reg.\$600)



Supervision

Dr. Lisa Gulcher is on-site to personally supervise your laser treatments



Full Selection of Lasers

Dr. Lisa Gulcher understands that everyone has different skincare needs. To provide customized treatment, she offers the latest in laser and light-based therapies to treat facial wrinkles, sagging face & neck skin, sunspots, sun damage, rosacea, acne, facial & leg veins and permanent hair removal. Visit cutera.com for more info.



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Call our office today for a free consultation with Dr. Gulcher or to learn more about our services.

847.719.2200

Schedule your free consultation with Dr. Gulcher

advancedmedicalaesthetics.ws

CareCredit AVAILABLE



Chicago Master Singers to Celebrate 30 Years at Gala Benefit

Chicago Master Singers' (CMS) annual of the chorus's 30 continuous years of delighting audiences in the Chicago suburbs with their performances of beautiful choral masterpieces. The gala event will be on Saturday, March 14 at the Hyatt Deerfield, starting at 5:30 p.m. It will feature a silent and live auction, as well as live entertainment and Jim Kendros as emcee. There will be a three-course dinner and open bar. Tickets cost \$130 per person. Invitations can be requested by calling CMS at 1-877-825-5267.

The chorus of 130 auditioned singers benefit party will be a special celebration performs under the direction of Alan Heatherington at the Divine Word Chapel in Techny, Ill. They frequently perform in concert with the Ars Viva Symphony Orchestra and other professional orchestras and soloists. CMS singers live in almost 50 communities in the Chicago area.

The chorus will conclude its current season with performances of the Schubert Mass in A-Flat and Lauridsen's Lux Aeterna on April 17 and 19th. More information about Chicago Master Singers can be found at www.chicagomastersingers.org.

Beautiful Skin is Not Far Away...

Dermatology & Dermatologic Surgery, practice also features the latest technology Ltd. was founded six years ago by Drs. Jeffrey and Toula Berti, M.D. Many readers may recall Dr. Jeffrey Berti from veins, as well as Botox®, Restylane®, his highly regarded practice beginnings in Crystal Lake and Barrington. "It was time to take it to the next level," says Dr. Berti when asked about his contemporary dermatology practice. "Dermatologists meet many interesting people from all walks of life and the feelings and stories patients share often provide a significant factor in the health and well-being of their skin. A contemporary dermatologist should have the finesse to recognize these factors, as well as the latest technology and skills to provide honest and sincere dermatologic care for the whole family.'

Dermatology & Dermatologic Surgery, Ltd. provides comprehensive care for men, women and children, and for all skin disorders including acne, moles, skin cancer and eczema, as well as narrowband UVB phototherapy for psoriasis. The

in art-of-skin rejuvenation including laser treatment for rosacea, wrinkles and spider Sculptra®, varicose vein treatment and tumescent liposuction. In fact, Dermatology & Dermatologic Surgery, Ltd. has been a National Training Center for the Cutera Laser System, which is FDA approved for the treatment of rosacea, wrinkles and spider veins.

The physicians of Dermatology & Dermatologic Surgery, Ltd. participate in all of the top PPO insurance plans in Illinois including Blue Cross and Blue Shield, Cigna, Aetna, Humana, PHCS, Unicare, United Healthcare and Medicare. The practice has weekday and weekend appointments available.

For additional information, visit the Web site www. jbderm.com, or call the office to schedule an appointment at 1-847-304-

Planting Baskets of Spring Flowers

Now that we are out of the deep freeze, it's time to get out and see the world again. The members of the Green Thumbs of Barrington Garden Club will welcome early spring by taking a field trip to the Atrium Garden Center in Lake Zurich. They will meet at the Barrington Area Library at 12:30 p.m. on Monday, March 16 to car pool from there to the center at the corner of Rand and Cuba roads.

847-438-2454

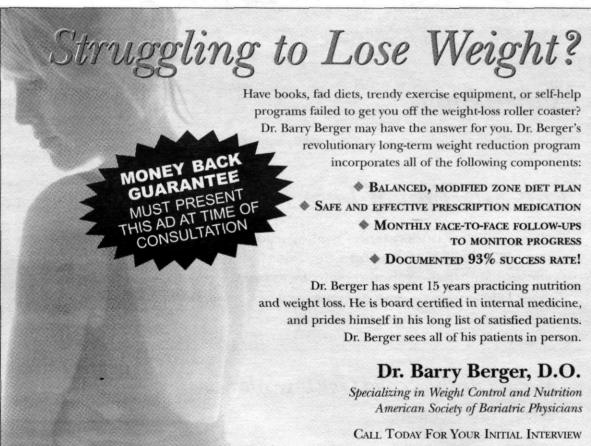
847-291-0772

290 N. Rand Rd. • Lake Zurich

1535 Lake Cook Rd., Ste. 401 • Northbrook

Staff members of the Atrium will expound on and demonstrate their ideas about "Planting Baskets of Spring Flowers." Baskets of color are wonderful for lifting our spirits. And they are great because they are portable.

The business meeting will be held right there at the Atrium following the delightful program. For further information, call Vicki at 1-847-526-5998.



Lose the Weight... and Keep It Off!



New Weight Loss Program Shows Dramatic Results

Dr. Barry Berger, a Board Certified Internist practicing in Lake Zurich for the past 15 years, introduces a new weight loss program. This program is based on the 40/30/ 30 nutrition plan which consists of 40% carbohydrates, 30% protein and 30% fat. By increasing protein while decreasing



fat and carbohydrates, weight loss success increases. University studies using this diet method along with the latest advances in prescription medication have shown safe and effective weight loss results.

Unlike other programs for which you need to buy food or count calories, this method offers the most freedom and achieves the best long lasting results available today. Fat comes off and stays off! Dr. Berger custom designs a program for each patient and discusses proper exercise, nutrition and overall weight status while considering your current lifestyle, exercise

Dr. Berger has thousands of satisfied patients. Insurance usually pays for some or most charges, (sorry, no HMOs).

To begin a weight loss program that really works for you, call 1-847-438-2454 in Lake Zurich or 1-847-291-0772 in Northbrook to make an appointment for your consultation today.

Fritzl's Country Inn... So Many Delicious Possibilities

Dinner? Why not make reservations at Fritzl's! They will be open at NOON Easter Sunday, April 12. They'll be featuring Easter ham, leg of lamb, fresh seafood, and their regular menu at regular prices

Fritzl's traditional European menu is something to experience too! Hearty schnitzels, potato pancakes and Hungarian goulash, veal Geshnetzeltes from Switzerland, Kassler ribs from Germany, incomparable sauerbraten, steak tartare, roast duck and Viennese pastries. Fritzl's specializes in Austrian, German and Swiss dishes, plus steaks and fresh seafood.

Don't forget about Fritzl's Casual Fri-

Is the family getting together for Easter day lunches starting at 11:30 a.m. Ten items under \$10 are offered!

> There are banquet facilities available for groups of 20 to 150 people, perfect for weddings, anniversaries and rehearsal dinners. The meals are lovingly prepared from scratch and made to order just prior to serving. They are then served hot, fresh and delicious. If you are tired of those stuffy "foreign" waiters, try Fritzl's restaurant and pub. They have the friendliest staff in town.

> Fritzl's is open Wednesday through Saturday, 4 to 10 p.m., and Sunday, 3 to 9 p.m.

> Fritzl's is open for St. Patrick's Day -Tuesday, March 17! Enjoy traditional corned beef and cabbage.

Event Catering!

Spring is coming! That usually comes with thoughts of parties-casual backyard affairs or elaborately planned weddings at your estate. As many of you know, that's where we come in: our foods and service are awesome and hosting your event should always include MEMORABLE food and personal service!

A very recent event for 150 included hearty hors d'oeuvres, wine and cocktails, served in a beautiful atmosphere. The handmade mini buttermilk biscuits with pulled pork and rumakis with dates and savory apricot sauce were especially tasty,

and followed by raspberry ganache tarts and buttery rosemary shortbread cookies. You see-that could be your party! Don't you want the bragging rights?

Please call us and check out our Web site-www.davespecialtyfoods.com. I love my job, it shows, and I look forward to cooking for you!

> Dave's Specialty Foods 105 W. Prospect Ave. **Mount Prospect** 1-847-259-9510

COME ONE, COME ALL! Our First-Ever Purse Sale!!

All Seasons! All Sizes! All Styles! 25% OFF at Norton's U.S.A. March 10 through 14th

While you are shopping the sale, please enjoy all of our other wonderful Americanmade products

We will have daily tastings of many of our delicious food products and there will be balloons for the kids!

Shop Norton's U.S.A. and feel good about yourself!

Hours are Tuesday, Wednesday, Friday and Saturday 10 a.m. to 5 p.m., and Thursday 11 a.m. to 7 p.m.

Northon's U.S.A.—The fun place where everything you buy is made in the United

BACOA Health Program for Over-60 Adults Takes a Proactive Approach

The Barrington Area Council on Aging (BACOA), in partnership with AgeOptions and Advocate Good Shepherd Hospital, will offer "Take Charge of Your Health!," a health education class for adults 60 and

The six-week class will be held Fridays, April 17 through May 8, from 10 a.m. to 12:30 p.m., and Fridays, May 15 through May 22, from 9 to 11:30 a.m. All classes will be held in the Private Dining Room at Advocate Good Shepherd Hospital, 450 W. Highway 22, Barrington.

The program is based on Stanford University's Chronic Disease Self-Management Program, which has proved effective in improving participants' health outcomes.

Topics covered in the six-part course

will include:

· Coping with fatigue, frustration, pain and isolation that may be related to ongoing health conditions

· Exercising to maintain and improve strength, flexibility and endurance

Using medications

· Communicating with family, friends and health professionals

Practicing good nutrition

Evaluating new treatment options

This program is made possible through a grant from the U.S. Administration on Aging via the Illinois Department of Public Health.

The program is free. For more information or to register, call Penny or Diane in Social Services at BACOA, 1-847-381-5030.



STEAKHOUSE

Join Us for Easter Dining! Open at Noon featuring Easter Ham, Leg of Lamb, Fresh Seafood

Regular Menu at Regular Prices!

Fritzl's Casual Fridays! LUNCHES STARTING AT 11:30AM 10 ITEMS UNDER \$10!

open st. patrick's oay! Tuesday, March 17 - Corned Beef & Cabbage

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Banquet Facilities for 20-150 People

Perfect for Your

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Wedding, Rehearsal,

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Dinners Wed.-Sat. 4-10 p.m.; Sun. 3-9 p.m. • www.fritzl.com

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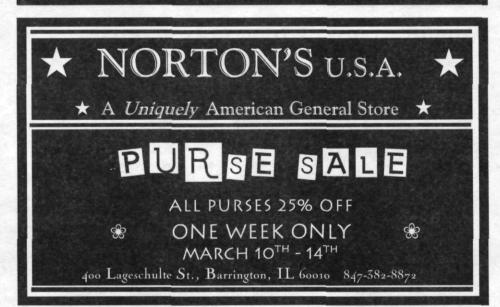
That's what you get when Dave caters your party!

My 25 years of experience in the gourmet reastaurant scene means top quality foods & service for you! Call now to discuss your special event menu.

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Apples, Almonds and All of Us **Need Pollinators**

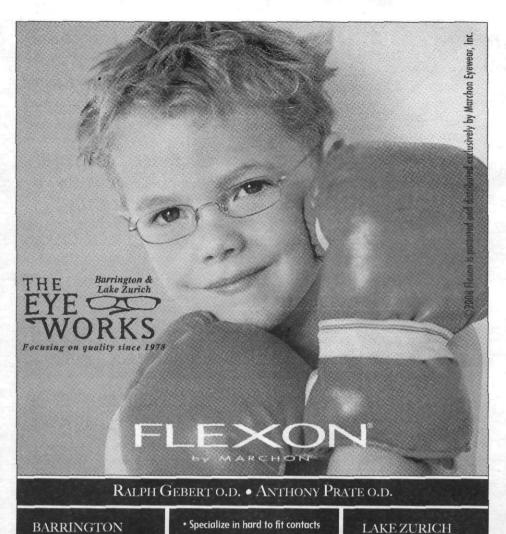
When we think of butterflies, we often think of vibrant colors and graceful fluttering. We don't always think about the important role that butterflies have as pollinators. Bees, birds, bats and insects (including butterflies) help pollinate the plants that produce more than 75 percent of the world's food crops. Without pollinators, most plants cannot produce fruits and seeds.

Cyndi Duda, environmental education specialist for the U.S. Fish and Wildlife Service, will present a talk called, "Bees, Beetles, and Birds...Why Should We Care

about Pollinators?" on Saturday, March 21, at the Barrington Area Library. Citizens for Conservation is sponsoring the program without charge and will include handouts to help local residents get started protecting pollinators in the Barrington area.

This is the third in a series of community education programs for 2009. The last program on April 11 will be about deer.

The pollinator talk will begin at 9:30 a.m. but guests are invited to come for coffee at 9 a.m. Donations to cover expenses will be accepted at the door. Please RSVP to the CFC office at 1-847-382-7283.



Women's Club of Inverness Annual **Spring Fashion Show and Luncheon**

Lasik consultants

Diagnosis & treatment for eye diseases and emergencies

· Lastest technology in eyewear



Each year, the Women's Club of Inverness Lenore Lawrence, (sitting) event chairs, (WCI) holds two major fundraisers, one in the fall and one in the spring. These fund raisers enable the WCI to award scholarships to local students and contribute to worthwhile organizations located in the area. The Women's Club of Inverness embodies the strength of women dedicated to supporting various philanthropic endeavors and promoting cultural and educational activities in the community.

847. 381. 0391

Cook Rd.)

126 West Main Street

(near Jewel on Lake

Each event requires significant planning and coordination. The planning committee for the spring event met Jan. 26 to continue their preparations for spring's event. They are pictured (from left, standing) Sandy Herweg, Marianne Lovett, Jay Kist, Kathy Anderson, Carol Bass, Karen Kallman, Denise Wright, Pam Frayn, Denise Pepper, Raisa Bratkiv, Kathy Hickey, erness at this entertaining event that en-

Joan Fedota and Lori Quinn, Not pictured are Pam Loden, Eileen Newton, Susan Slapke and Pat Kubera.

847 540 1144

(Rt. 12 & Rt. 22,

near Dominick's)

820 West Main Street

This year's spring event is entitled "Celebrating Friendship in Style" and is certain to be a rousing success. It will be held on Friday, April 17 from 9 a.m. to 3 p.m. at the Stonegate Conference & Banquet Centre in Hoffman Estates. There will be a silent auction, numerous boutiques participating and sensational prize baskets. The fashion show will be presented by ZZAZZ Productions. Following the shopping, a delicious luncheon will be served.

All are welcome, but reservations are required for the luncheon. Call Karen at

Please join the Women's Club of Inv-

The Aging Eye—Part I

In 2000, studies conducted by the Harvard Medical School found that more than one million Americans over the age of 40 are legally blind (Harvard Medical, The Aging Eve. 2000). The statistics are even more startling when one considers that while individuals age 80 and over only comprise about 8% of the population in the U.S., they make up more than 69% of the blind population. Fortunately, through regular annual eye exams many age-related problems can be prevented through early detection, or be treated to reduce further complications and vision loss.

The most common visual problems after age 40 that can be detected and monitored simply during an annual visit to your eye doctor includes diabetic retinopathy, glaucoma, cataract, and age-related macular degeneration. Diabetic retinopathy can lead to vision loss by leading to the growth of fragile blood vessels or damaging existing ones, causing them to break and leak into the parts of the eye's used for vision. It is the leading cause of vision loss today amongst Americans in part because of its ability to develop in its early stages with no symptoms and no pain (National Eye Institute, Diabetic Retinopathy). During the comprehensive eye exam, optometrists at The Eve Works, Ltd. are able to diagnose diabetic retinopathy which all diabetics, both type 1 and type 2, are at risk of.

Glaucoma can also lead to total or gradual vision loss by damaging the optic nerve, which is responsible for delivering images from the eyes to the brain. Like diabetic retinopathy, glaucoma often develops in its earliest stages with no apparent symptoms. Although there is currently no known cure for the disease, by detecting it early on, doctors can often slow the characteristic vision loss through various treatment methods. Although everyone is at risk for developing glaucoma,



studies show that certain groups, such as individuals who have family members with glaucoma, or individuals over the age of 60 are at a higher risk than others. The importance of regular visits to your eve care professional becomes apparent when considering that more than 50 percent of individuals with glaucoma are not even aware that they have it (Glaucoma Research Foundation, What is Glauco-

Annual eye exams help improve one's vision not only through prescribed glasses and contacts, but also by safeguarding one's eyes from vision loss to these very common diseases. The optometrists at The Eye Works, Ltd., Dr. Ralph Gebert and Dr. Anthony Prate, specialize in diagnosing and treating the types of complications that many unsuspecting individuals lose their vision to each year. We have two locations-in Barrington and Lake Zurich, and we have been providing quality eye care to the community for 30 years.

To learn more about other age-related visual disorders, such as age-related macular degeneration and cataracts, or to simply protect the health of your eyes, contact The Eye Works, Ltd. today to schedule an appointment.

BWC Fundraiser Has Easter Theme

The Easter Bunny is coming to Biltmore Their extraordinary talent often takes Country Club in Barrington for an early jump start to the spring season. Members of the Barrington Woman's Club (BWC) and their guests will be hopping on down to this beautiful country setting for their annual fundraiser. Mark your calendar for Wednesday, March 18 at 11:30 a.m.

You will be treated to a delicious luncheon and an "egg-citing" and "hare-raising" fun time. A special Easter egg hunt designed by these creative women with surprises inside the eggs will take place. Or rest your peepers on the fine baskets for your bidding pleasure.

Following the luncheon, the music/theater students from Northwestern University will perform selections of Broadway show-stoppers from the last 40 years.

them directly to Broadway after graduation. This most enjoyable musical program promises to put a song in your heart and a spring in your step.

Proceeds of the event will support BWC's local philanthropic endeavors.

The cost for this delightful outing will be \$40 made payable to the Barrington Woman's Club. Send your check to: Evelyn Richer, 135 Mohawk Drive, Barrington, IL

Each year the Barrington Woman's Club provides support for many local philanthropic, cultural and civic projects. Membership is open to any woman residing in the greater Barrington area. For information, contact Judy Gentile, membership chairwoman, at 1-847-882-6450.

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ables help to be given to so many.

The Women's Club of Inverness Meets September through May. Most regular meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative school districts 211 and 220.

and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed to local community-based organizations and scholarship grants to graduating seniors and college students residing within

Is Your Child an Underachiever?

by Dr. Barbara Grace

Are you worried about your child's performance in school? **Low grades, incomplete homework assignments, argumentative behavior and boredom** may be indicators of an unidentified, underlying problem.

Children who are not performing up to their potential in various areas of their life frequently have undiagnosed problems such as attention deficit disorder, learning problems, depression, social anxiety, or some other psychological issue. These problems can be caused by a variety of things. Your child could have inherited a family genetic problem such as ADD or depression. They may have unresolved emotional issues. Or sometimes, parents don't know the correct strategies for getting children to cooperate, finish homework, go to bed on time or finish chores.

Dr. Grace, a clinical psychologist and nationally certified school psychologist, has been working with children and adolescent issues since 1979. She feels that "one of the most important aspects of helping a child with underachievement issues in any area of their life is an appropriate assessment process in order to carefully and properly identify the correct cause of the problem. After the assessment, a remediation program can be designed specifically for the child's unique set of circumstances.

If your child is not performing up to their potential, Dr. Grace will help you determine the cause and recommend a **remediation plan unique to your child's situation**. This program may consist of educational help, parent coaching, teacher consultation, or other methods. For information, call **1-847-382-3232**.

Continuing Education—The Key to Quality by James T. Gavrilos, DDS

New concepts, new techniques and new materials constantly challenge the dental profession. Sorting these out and selecting the best is an annual endeavor for dentists who maintain high standards.

Most of you are aware that dentists hold "conventions" with product booths where new materials and equipment may be examined. What you may not be aware of is the fact that the major thrust of these meetings is educational. At our Chicago Midwinter Meeting (held here in February) it is possible to attend shorter lectures and sample what the speakers have to offer. Then we often need to travel to the lecturer's hometown to attend an indepth course on their subject.

The real learning occurs at these outof-town courses. We select them from the choices offered to us at the conventions and through literature. The choice is made with the patient in mind. We want the dental experience to be as good as the dental work. Most of our staff attends



many of these meetings with us, since we believe in a team approach for maximum quality.

To help judge your dentist, or evaluate a prospective new dentist, don't be shy; ask them about continuing education. It is an essential step in providing the highest standard of oral health care for patients.

For a thorough examination and evaluation of your oral health, call **Dr. Jim Gavrilos** in Barrington at 1-847-381-4040

The International Kitchen Focus of Program

The March meeting of the Women's Club of Inverness (WCI) will be held Thursday, March 12 at the Inverness Golf Club. Tea and coffee will be served at 9 a.m., with the meeting at 9:30 a.m., followed by the March program.

This month's program is titled "The International Kitchen." You will be treated to an international culinary tour hosted by Karen Herbst. Herbst is the founder of "The International Kitchen"—The world's premier culinary tour company. The program is certain to be both informative and mouth watering. For information regarding the meeting and program, please contact Karen at 1-847-397-8955.

Don't forget that our spectacular annual spring luncheon and fashion show, "Celebrating Friendship in Style"—A Toast to Girlfriends, will be held on Friday, April 17

The Women's Club of Inverness Meets September through May. Most regular

meetings are held at 9 a.m. on the second Thursday of the month at the Inverness Country Club (with special exceptions in November, February and April). A brief meeting is followed by an informative and interesting program.

The Inverness Women's Club is a philanthropic 501(c)(3) organization. All proceeds from their activities are distributed to local community-based organizations and scholarship grants to graduating seniors and college students residing within the boundaries of school districts 211 and

The Shoe Box Express

The club is always looking for donations and names of servicemen and women stationed in Iraq and Afghanistan to send care packages to. If you would prefer to help with the shipping cost, a monetary donation payable to The Inverness Women's Club and marked "Shoe Box Express" will be specifically earmarked to be used

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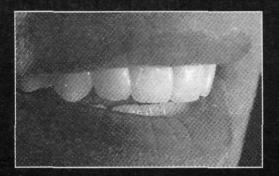
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Program Will Explore Modern Grandparenting

Today's grandparents are not your parents' grandparents—grandparenting has taken on a whole new meaning, and modern grandparents are developing new roles for themselves.

The Barrington Area Council on Aging, in partnership with Barrington Youth and Family Services and the Barrington Area Library, will present a two-part series to explore issues that concern grandparents of the 21st century. The two sessions will be held Tuesday, March 31 and Tuesday April 7 at 7 p.m. at the Barrington Area Li-

for postage to mail these packages. The list of items needed by soldiers changes

brary, 505 N. Northwest Highway, Barrington. There is no charge for the programs.

The first session, on Tuesday, March 31, will include information from the library on available resources for grandparents to engage, enrich and entertain their grand-children. For the April 7 session, BACOA and BYFS will facilitate an interactive program to discuss a variety of topics pertinent to the role of grandparenting.

For more information, contact the Barrington Area Council on Aging at 1-847-381-5030.

from month to month, so please call Kim at 1-847-934-1456 for more information.



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St. Anne Students Experience "Meeting the Lincolns"

The Home & School Cultural Arts Committee at St. Anne School in Barrington provided an entertaining and educational event for the students on Feb. 6 in commemoration of Abraham Lincoln's 200th birthday. President and Mrs. Lincoln visited the school and entertained the students' questions, giving them insight to what it was like during the Lincoln presidency.

The Lincoln's arrived at 7:45 a.m. and at 8:30 a.m. began the first of four presentations for the entire school dressed in period costumes. They engaged the students in lively conversation, thus providing a unique educational experience surrounding Lincoln's presidency. Many of the students attending felt like they were actually listening to Lincoln and his wife.

Michael Krebs and Debra Ann Miller portrayed President and Mrs. Lincoln in an assembly entitled

"Meeting the Lincolns." As producer of With Lincoln Productions, an artist en-Washington Library; Chicago's Department of Congress (loc.gov).



St. Anne principal Sister Ann Busch poses with Abraham Lincoln (Michael Krebs) and Mary Todd Lincoln (Debra Ann Miller) following a presentation of "Meet the Lincolns."

of Tourism; Indiana, Minnesota and Chicago historical societies; Gettysburg; and semble, Krebs has appeared at the Abra- an extended run in Chicago. He appears ham Lincoln Presidential Museum; New in Conspiracy? on the History Channel, Salem Historic Site; Hoover Presidential Lincoln-Douglas Debates on C-SPAN, and Library; Gerald Ford Museum; Harold Mr. Lincoln's Virtual Library at the Library

Camera Club Meeting

The Lake County Camera Club is having their monthly meeting on Thursday, March 5, 7 p.m. at The Lake County Center for Independent Living, 377 N. Seymour Ave., Mundelein. It will feature a competition of member photographs with the winner's photos proceeding to the Chicago Area Camera Club Association competition.

You are invited, whether digital, film or slide, hobbyist or professional photographer, to their meeting to observe, to share, to have fun, and better yet, to be part of

For more information, please visit their Web site at www.lakecountycameraclub. org or call 1-847-362-5945.

BACOA and Park District **Sponsor Mary Poppins Trip**

She sings. She dances. She flies.

The Barrington Area Council on Aging (BACOA) and the Barrington Park District are sponsoring a trip to see Mary Poppins at the Cadillac Palace Theatre in Chicago on Wednesday, April 1. The musical features the songs and the story from the P.L. Travers book and the 1964 Walt Disney movie, but also includes new songs and

scenes for this stage production.

A motor coach will leave the Barrington Park District at 10:45 a.m. and return to Barrington around 6:15 p.m. The cost is \$117, which includes transportation and a ticket to the show. Tickets are offered on a first-come, first-served basis. To register, please call the Barrington Park District at 1-847-381-0687.

Dear Friends...

We have all undertaken an amazing journey of friendship, understanding and love as we raised money for Meher. Someday when she is older, Meher will realize how she brought people together from different continents.

We raised \$923 from selling food at the Roslyn School Chess Tournament. In addition, we have another \$500 in cash donations from friends, and \$1,000 from the Hough Street Chess Club, so we will be able to begin her treatment when we travel to India. Plastic surgeon Dr. Khazanchi was inspired by our story and is donating his services for Meher. Your contributions will be used to pay Meher's hospital bills and to provide the intense postoperative care she will need.

We are grateful to: Grandmaster Shulman, who has enthusiastically supported our service and philanthropy projects; Brian Gruber, who will spend many hours preparing a documentary film on our project; teacher Maggie Gruber, who will travel to India with us to help raise standards of education for children who live in abject poverty; and Dr. and Mrs. Red-

field, who traveled from University of Chicago to personally congratulate our chess students for engaging in such a unique project and to make a contribution for Meher.

A special thanks to our supporters, including Aleyra Medispa, Bertacchi Builders, Checkmate Chess Supplies, Wool Street Grill, Hough Street Chess, and so many families and children who contributed food and hours of service to make this possible.

The documentary film we are creating about our work together will allow District 220 students to make a direct connection between their acts of service and the people they benefit. We would be honored to share it with you when it is completed.

Thank you for helping us to transform the life of Meher through your contribution and service. All contributions for Meher are tax-deductible through the Omprakesh Foundation.

> -Dr. Kiran Frey Chess Without Borders

MCC to Offer Day Tours this Spring

McHenry County College's (MCC) Sensational Trips and Tours office will offer several day trips this spring including Smuckers Stars on Ice, The Aztec World exhibit at the Field Museum and a "Ladies Day Out" to St. Charles. The Sensational Trips and Tours office provides cultural, educational and recreational opportunities via day tours and extended trips.

The following upcoming trips are avail-

- · Smuckers Stars on Ice-Bradley Center, Milwaukee. Featuring Sasha Cohen, Ilia Kulik, Todd Eldredge among many others, Smuckers Stars on Ice showcases the world's best skaters' elite athletic skills within an Emmy-Award-winning production. The trip is from 1 to 6:30 p.m. on day, May 5. The cost is \$61. Use course ID: Sunday, March 8. The cost is \$80 and includes a light snack. Use course ID: NST S04 001 when registering. No refunds.
- Aztec World Tour-Visit The Aztec World exhibit at The Field Museum. Enjoy lunch at Macy's with a cooking demonstration. Authentic Aztec menu consisting of green bean salad and salsa dressing, chicken with onions, carrots and jala- 8758. Trips fill quickly and early registrapeños, with a dessert of Mexican short-

bread cookies will be served. Also included is a Pilsen neighborhood tour to view the interesting and colorful murals. The trip is from 8 a.m. to 4:30 p.m. on Tuesday, March 24. The cost is \$89. Use course ID: NST S03 001 when registering. No refunds.

· Ladies' Day Out-Little Traveler, St. Charles. Enjoy a great day at the historic Little Traveler Shop. Merchandised all under one roof, this shop has spring home decorations, fashion, gourmet delicacies, and treasures from around the world. Take part in a series of seminars, learn the history of the shop, relax during lunch in the Atrium Café and enjoy a fashion show. The trip is from 9 a.m. to 5 p.m. on Tues-NST S05 001 when registering. No refunds after April 3.

To register for any day trip, please contact the MCC Registration Office at 1-815-455-8588 and use the course ID. For additional information about any day trips, please contact Gabriele Ertmann at 1-815-455-8782 or Wendy Lauen at 1-815-455tion is recommended.

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We are very proud of our showroom located in the 150-year-old Old Mill in McHenry. Please stop by or call us to set up an appointment to discuss your project today.

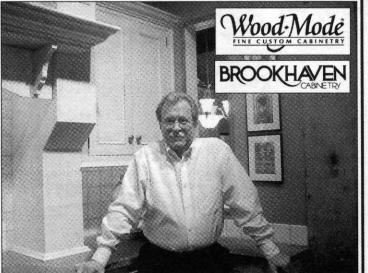


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Landscaping is Good for Your Mental Health

placed in its proper surroundings so as to bring out its full beauty. Therein lies the art of landscaping'

—Jens Jensen, landscape architect How are your outdoor surroundings? Looking a little shabby? As spring creeps back into our lives, your garden is probably not looking its best. So consider taking a "mental health day" and start planning your personal "vacation" spot right at home. Landscaping is an investment that doesn't lose value and will keep your spirits up even if the economy is down.

At SanFilippo Landscape, our job description is to be creator, coordinator and communicator of your project. Our goal is to tap into your vision and help you create a design that fits your needs.

So, how do you decide what company will offer the best results? Ask questions!

Q: What should a plan look like?

Every plan should be drawn to scale showing all buildings with property lines marked. It will also indicate plant type and location, existing and new, as well as size and spread of the plant. Drives, walks, walls, etc are also shown. This drawing will be accompanied by a materials list of materials indicating quantities and prices.

Q: What is the cost of a landscape project?

Cost is determined by needs and budget. At the first meeting, we ask a series of questions to determine what you're

"Every plant has fitness and must be looking for and how much you have budgeted. We then take this information, do a preliminary design and cost estimate. After this is presented, any changes will be made and the final plan will be created. Costs for plans depend on the scope of work and can range from \$250 to \$1,500.

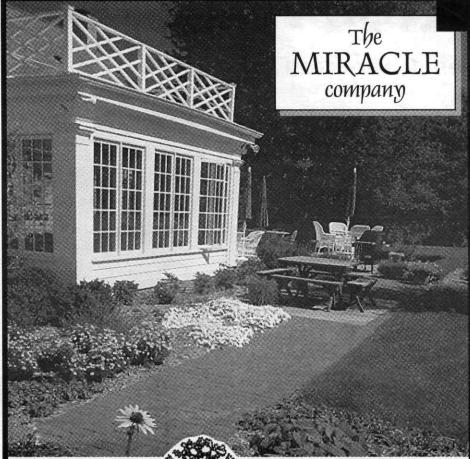
> Q: Where do your plants come from? We only buy from Northern Illinois/Wisconsin nurseries so plants are adapted to our climate. We don't use plants shipped in bulk with undersized root systems. Professional nursery stock offers a larger plant that is more pleasing during the first sea-

O: Are you a full-service contractor and what subcontractors do you use?

son before it's fully established.

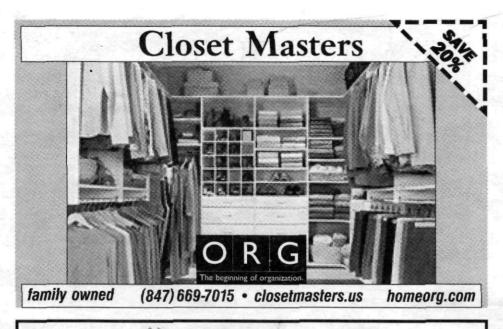
Full-service means we manage all aspects of exterior work. Our crews do planting, maintenance and stone work. Subcontractors are used for concrete, carpentry and pools. Full-service companies have a better handle on a job for three reasons: 1) TIME SAVINGS: We coordinate better, faster and smoother. Subs are used to working with us and give preferential treatment and a better time frame; 2) QUALITY: Good design has unique elements and shortcuts are not allowed. This results in a better job; 3) PRICE: As owner /operators we can be "leaner" than the much larger firms.

For other questions or to arrange a consultation, please call us at 1-847-426-



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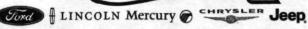
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Senior Services Fashion Show

Attention fashionistas! It is time once again for Senior Services Associates Inc. annual Spring Fashion Show. Mark your calendar for Sunday, March 29, 11 a.m., for an afternoon of "New York, New York" -themed fun and fashion at the Crystal Lake Holiday Inn.

This fabulous fundraiser is in its 17th year, and promises to be bigger and better than ever. The glamorous theme, "New York, New York," will be full of sparkle and glitz, with tables and tables of silent auction and basket items open for bid-

This year, six area stores have agreed to showcase their wares: A L' Amour, Dress Barn, J. Scott Menswear, JCPenney, Maurices, and the Trend Cellar. It will be an eclectic stylish presentation of men's, women's and children's clothing heralding the spring season.

It's always fun to see who will be donning these fashions. This year, State's Attorney Lou Bianchi will be putting his best foot forward. You never know who will be strutting their style down the runway, but they are guaranteed to look flawless

There will be a sumptuous three-course luncheon included with the price of the ticket, plus special door prizes.

Tickets for this fashion forward day are only \$36 for adults and \$14 for children 10 and under. Don't wait too long to pur- 1-800-339-3200.



McHenry County resident Chris desRochers tries on a dress from A L'Amour in Barrington.

chase your seat for this elegant eventtickets go fast. You can pick yours up at Senior Services Associates Inc., 3519 N. Richmond Road, McHenry, or at 110 W. Woodstock St., Crystal Lake. For more information and to reserve your place, call

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This is the year to really get serious about simplifying your life. At Closet Masters, we find that when you organize your everyday surroundings, it removes part of your stress by reducing the confusion and time it takes to find the items you need... that nice skirt, an unwrinkled shirt, the black shoes that match your outfit, that special spice in your loaded pantry. How about a nice home-office, a wall bed for that occasional guest. A compact, organized garage!



Since 1994, we at Closet Masters have been committed to creating, imaginative yet practical ORGanizing solutions. Our expanding line of products is designed with you in mind and offers flexibility for your ever-changing needs.

Call for a free in-home estimate at 1-847-669-7015 and let the joy begin!

From a Woman's Point of View

by Amy Wickstrom, Wickstrom Ford Lincoln Mercury

How do you define "being cool?" Is "coolness" determined by attitude, appearance, action or a combination of elusive qualities? For my 5-year-old son Josh, riding around for a day with his mom in a Jeep Wrangler is as cool as it gets.

When Richard took our girls to a father/ daughter dance in the city, Josh declared that I had to have "The Best Day Ever" with him. Over the course of "The Best Day Ever," we stopped at Learning Express for a Webkinz, visited both Chuck E. Cheese and McDonald's, saw a 3-D kids' movie that gave him nightmares for almost a week, and, between everything, drove around aimlessly in the Jeep listening to Radio Disney on XM satellite radio. While this might not be everyone's idea of "The Best Day Ever," Josh and I had a great time together, which is the important thing. Also, driving around on a sunny Saturday in the Jeep clued me into "the wave."

If you've ever owned a Corvette, Harley-Davidson, or any other "cool" vehicle, you probably know what I'm talking about. It's not a beauty queen wave. In fact, the hand never comes off the steering wheel or handlebar. When eye contact is made with someone driving the same type of "cool" vehicle that you are driving, you simply lift a couple fingers off the wheel /handlebar in acknowledgment of the



other driver. Often, a head nod or chin lift is thrown in as well. Richard told me that when he was a kid driving around with his dad in a 'vette, people did this all the time. Actually, we have a version of "the wave" back on the farm in Indiana, but it has more to do with just seeing another human being driving down the same road as you than coolness...

So, after driving around for a day in the Jeep, I've got the whole wave thing down pat. Obviously Josh's assessment of the Jeep Wrangler's coolness was right on target, and I got to be the cool mom for "The Best Day Ever." I do realize that a time is swiftly approaching when Josh's idea of a great day doesn't include any Mom time, but it will probably still include a Wran-

Until next month,

Memorial Concert to be Held April 19

Kenneth Christensen will perform a memorial concert to his grandmother and cousin, "A Victorian Easter-Divine Inspirations," at 3 p.m., Sunday, April 19 at Shepherd of the Hills Lutheran Church, 404 N. Green St. in McHenry. He will be joined by his soprano friend Pamela Curtis and their longtime accompanist, Sally Manktelow

All musical selections to be performed were created before World War I. These include selections by Adams, Bizet, Dvorak, Elgar, Faure, Franck, Gounod, Mozart, Mendelssohn, Niedermeyer, Saint-Saëns, Sibelius, Sir Arthur Sullivan and Verdi. Arias from Mendelssohn's oratorios and the requiems of Faure and Verdi will be performed along with selections from Dvorak's "Biblical Songs" and various Easter and church soloist favorites including The Holy City, The Palms, which have long since passed out of the repertoire win recording.

Christian recitalist and recording artist and deserve to be heard again. Christensen will conclude with a selection of favorite 19th-century American gospel and Scandinavian hynms. A free will offering will be taken in place of general admis-

> Christensen has served as the soloist to St. John's Lutheran Church in Algonquin and Shepherd of the Hills Lutheran Church in McHenry. He was a voice and violin teacher for Piano Trends, All That Music School and the Woodstock Music and Arts Center. He is a graduate of the Elmhurst College School of Music and has eight recordings to his credit, including classical, jazz standards, spirituals, and a collection of his favorite hymns.

> Pamela Curtis is a longtime member of the Townsquare Players and the Woodstock Musical Theatre Company. Together, Christensen and Curtis they have collaborated on their upcoming Crazy for Gersh

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Spring Fresh Floral Arrangements Focus of Garden Club

Spring fresh floral arrangements... doesn't many floral fundraising events throughout that seem like just what is needed to help forget the long, bleak winter? The members of the Garden Club of Inverness have been looking for ways to add some springtime, floral color to their homes.

So for the March 19 meeting, they have invited Glenn Egeland, owner of the Barrington Flower Shop, to use his special abilities to demonstrate colorful, seasonal floral displays. His talents and experience are extensive. Both Egeland's mother and uncle owned flower shops, and he has continued in that tradition for over 40 years. In addition, he has participated in

the local area. The meeting is at 9:30 a.m. on Thursday, March 19 at All Saints Lutheran Church, 630 S. Quentin Road, Pala-

Other activities for members are also being planned. The Scholarship Committee is reviewing applications for the annual scholarships awarded by the club. The Garden Therapy Committee is planning our annual visit to St. Joseph's Home in Palatine. In addition, the details for the Spring Luncheon for members and their guests are almost complete.

The club's membership chairperson is

Make Summer Plans Over a Tea-Time Chat Garlands to Host Last Afternoon Tea of the Season

On Saturday, April 18 at 1:30 p.m., the last sented—from the formal settings, to the cup of proper English tea for the season delectable selection of tea sandwiches, will be poured Saturday, April 18 at The Garlands of Barrington. Mothers, sisters and girlfriends can take this opportunity to celebrate spring and make summer plans while enjoying this tea-time tradition in the elegant Robie Lounge one more time before it is replaced by a casual glass of iced-tea served poolside. The basics of a proper English tea are faithfully pre-

to the tasty minipastries and, of course, scones and lemon curd. After a summer hiatus, the popular afternoon tea at The Garlands will return next winter. The Garland's Robie Lounge is at 1000 Garlands Lane, Barrington (off Northwest Highway near the Barrington-area Library). The cost is \$15.95 per person.

For reservations, call 1-847-304-1996.

leading a spring membership drive. Why not attend the March 19 meeting to see

to learn more about the activities scheduled for the club's members. For informa-Egeland's wonderful floral creations and tion, e-mail Carole at cjbass@comcast.net.

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A professionally landscaped home can benefit the homeowner in many ways. According to Money magazine, quality landscaping can bring a recovery value of 100% to 200% at selling time. If you believe you might sell your home in the future, creating an attractive landscape will significantly add to your home's value.

A well-planned landscaped home can double or triple the square footage of living space through the creation of outdoor rooms. By creating different areas for cooking, dining, recreation and relaxation, you have more living options than if you relied on the inside of your home alone.

Trees, when placed properly, can help you save up to 25% on heating and cooling costs by keeping your climate system running more efficiently. Trees provide shelter from the wind, rain and sun.

Professionally designed and installed landscaping will enhance the aesthetic quality of your home. A quality assortment of trees, shrubs and perennials will provide color, texture and seasonal interest, year-round. Beautiful landscaping creates an attractive home that reflects positively on its owner.

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Antiques and Collectibles Sight-Appraisal Program

The Long Grove Historical Society will hold its own version of the popular *Antiques Road Show* on Saturday, April 4, 1 to 3 p.m., at the Reed-Turner Nature Center, 3849 Old McHenry Road, Long Grove.

Frederic Dosé, a prominent North Shore and Northwest Suburban antiques and collectibles appraiser, will examine antique porcelain, silver, glass and wood articles, artwork, firearms and collectibles (no jewelry). The fee is \$10 per item. There is a limit of 50 items for appraisal.

Coffee, tea and sweets will be available. There is no admission charge for viewing the appraisal program.

You may send a check with your name and telephone number to reserve your spot to: The Long Grove Historical Society c/o Marie Borg, 4363 RFD, Long Grove, IL 60047.

For details, please contact Marie Borg at 949-5264.



Frederic Dosé, antiques and collectibles appraiser

1-847-438-7656 or Laurie Borawski 1-847-949-5264.

BACOA Senior Activity and Lunch Programs for March

The Barrington Area Council on Aging's (BACOA) Monday Senior Lunch and Activity Program is held at the Barrington Park District, 235 Lions Drive, Barrington. Doors open at 10:30 a.m.; games begin at 11 a.m.; lunch is served at noon.

The suggested donation for the Monday lunch program is \$3.50. However, if underwriting is unavailable for special programs, there may be an increase in the suggested donation. Preregistration is required; please call BACOA at 1-847-381-5030.

- Monday, March 2—Games and lunch. Dr. Hong Luo of Barrington from AcuCare will present a program on acupuncture and pain management. Luo has 24 years of clinical experience and has published scholarly articles in China and the United States
- Monday, March 9—Games and lunch. Dominick's Pharmacy of Palatine will pre-

sent a program on shingles vaccinations.

- Monday, March 16—Games and lunch. BACOA and the Barrington Park District will celebrate St. Patrick's Day with a traditional Irish feast—and you don't have to be Irish to celebrate the wearing o' the green. The festivities will include games and prizes and live music by The 45's. The cost is \$7 per person. To reserve your space by March 10, call Linda Avellon at BACOA, 1-847-852-3892.
- Monday, March 23—The BACOA Senior Activity and Lunch Program will be closed due to School District 220's spring break. We will resume our regular programs on Monday, March 30.
- Monday, March 30—Games and lunch. BACOA Executive Director Joyce Palmquist and Sarah Hoban, PR/marketing coordinator, will present a program on BACOA's services and programs. March birthdays will be celebrated.

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BARRINGTON HILLS

Set on five secluded acres on a private lane, this enchanting home features 4 BR, 3.1 BA, 4 fireplaces, cook's delight kitchen with fire-lit hearth room, dramatic great room with vaulted ceiling and romantic 1st floor master suite. The peaceful setting offers a sparkling pool, 4 stall barn with ample turnouts and outdoor sand arena.

OFFERED AT \$1,095,000



BARRINGTON HILLS

This stunning 12,500+ sq ft new construction residence is set on 5 acres on quiet private lane. Exquisite architectural design and detail are evidenced throughout its comfortably elegant interior. It offers 6 BR, 7.1 luxurious baths, 8 FPs, *Architectural Digest* quality kitchen with soaring 2-story beamed ceiling and 5-car garage.

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BARRINGTON HILLS

Incomparable Barrington Hills estate. Classic 1937 brick Colonial. 20 magnificent, rolling, wooded acres with a stocked pond and paths through the woods on a private lane. This enchanted retreat offers a breathtaking setting with newer "Lake House," sparkling pool. Dividable acreage in a most prime location.

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BARRINGTON HILLS

A long curving drive leads to this gracious 5 BR, 4.2 BA country manor, secluded on 20 acres in the heart of horse country. A tranquil pond, sparkling pool, 10 stall barn, garage parking for 5 vehicles and premier Brinker Road location enhance this special offering.

OFFERED AT \$3,599,000



BARRINGTON HILLS

A grand allée of trees leads to this gracious Barrington Hills estate. Set on 9.8 rolling & wooded acres, it features 5 BR, 5.1 BA, 3 fireplaces, generous public & private areas and lovely views from every window. The magnificient grounds offer a sparkling pool, tennis court, delightful 4-stall barn, dressage arena & caretaker's cottage.

OFFERED AT \$2,500,000



BARRINGTON HILLS

This charming Cape Cod home is set on 8 beautiful lakefront acres with 359 feet of shoreline on Hawley Lake. Originally a fishing lodge, the hand hewn beamed vaulted ceiling, stone fireplace and wide plank oak floors have been lovingly preserved. Enjoy idyllic views of the sweeping lawn, verdant woods, sandy beach and pier.

OFFERED AT \$1,750,000





KILDEER

This beautiful home is set on a magnificent 1.4 acre professionally landscaped lot in a prime neighborhood. It offers 4 BR, 2.1 BA, gourmet kit w/custom cabinetry, sunroom, great room and inviting FR. Surrounded by nature's beauty, the grounds feature a sparkling inground pool and pool house with bath and bar.

OFFERED AT \$599,000



BARRINGTON HILLS

Entertainer's dream! Spectacular idyllic sanctuary set on over 5 wooded scenic, prof landscaped acres w/ pond, beach, gazebo, terraced patios & pool. It offers a dramatic 4 BR, 4.1 BA home & awe-inspiring 1 BR guest house w/ gourmet kitchen, great room, loft, office & fabulous screening room. Truly a one-of-a-kind offering.

OFFERED AT \$2,350,000



BILTMORE

Classic Biltmore colonial. Well-maintained 4 BR 2.1 BA home with spacious kitchen and inviting family room with fireplace and beautiful views of the spectacular private, wooded lot with meandering stream and mature hardwoods. Enjoy all that this peaceful setting and fabulous neighborhood have to offer.

OFFERED AT \$399,000

BARRINGTON HILLS

Classic stone & cedar ranch is set on 5 verdant acres offering 4 BR & 5 BA, w/ 2 master suites. Large, eat-in kitchen with Poggenpohl cabinetry & top-of-the-line appliances. Delightful sunroom, cathedral ceilinged in family room, 4 fireplaces & 3 car garage. Includes tennis court & direct access to the extensive riding trails.

OFFERED AT \$1,349,000



BARRINGTON HILLS

Masterpiece on 14.5 acres with spectacular views of Goose Lake. This 7-BR, 8.4-BA home combines elegance with exquisite design and state-of-the-art technology. Beautiful architectural detailing, formal floor plan, home theatre, fin LL w/ wine cellar, rec room with bar, exercise room & billiard room, 8 FPs, 6-car gar & sparkling pool.

OFFERED AT \$17,000,000



BARRINGTON HILLS

Set on a private, wooded site, this enchanting 5 BR classic is the epitome of refined country living. Abundant in character & charm, and designed for personal comfort and festive gatherings, it features exquisite architectural detail, 5 fireplaces, exceptional gourmet kitchen, a sparkling pool, 4 car garage and magnificent grounds.

OFFERED AT \$1,499,000



BARRINGTON HILLS

This beautiful equestrian property offers 5 bedrooms, 5 baths, a dramatic 2-story family room with stone fireplace, gorgeous gourmet kitchen, finished walk-out lower level with theatre and kitchen, master suite with sitting room, 4-stall barn.

OFFERED AT \$1,349,000

303 E. Main St. Suite 100 Barrington

Meg Cleavenger 847-212-0917



Lawn Problems?

Turf Care Enterprises Inc. of Barrington has your solutions!

Turf Care Enterprises was founded in 1986 with the goal to provide a more personalized, knowledgeable, and environmentally friendly lawn care service to our area. Locally owned and operated in Barrington, their team of certified professionals knows what it takes to produce the most beautiful lawns around. "We continually research the latest products and techniques, utilizing only the finest for our programs," said Kevin Vogeler, the company's owner. The fertilizers they primarily use are natural and formulated based on local soil testing.

Turf Care Enterprises specializes in personalized, custom-tailored programs that meet the individual needs of each lawn. They do not use the approach common in the industry where a set program is used on all lawns. Instead each of their service vehicles are equipped with many different products and formulations, to ensure that each individual lawn gets exactly what it needs. This personalized approach helps create lawns that are the envy of the neighborhood.

Turf Care Enterprises' lawn care technicians are knowledgeable professionals, committed to providing you with the highest level of service and expertise. In fact, they have a higher ratio of personnel with certifications in turf grass management than any other company in this area. Vogeler commented "My company is dedi-



cated to improving the world we all share We love growing things and have made this our lives' work." When caring for plants they use a gentle, natural approach, selecting environmentally friendly products. "We use primarily natural mineral and organic materials. If problems develop and other products are needed, they are applied only as necessary." This has allowed Turf Care Enterprises to manage thousands of lawns using an average of only 3% pesticides annually.

Turf Care Enterprises also has a specialized Tree and Shrub division, with ISAcertified arborists. They offer a wide range of tree and shrub care services to enhance the beauty of your landscape. Some of the services they provide are liquid injected fertilization, insect/disease controls, medicated injections and inspection treatment programs. For more information, contact them at 1-847-304-4144



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- * ISA Certified Arborists
- * Tree & Shrub care

Free Estimates

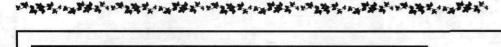




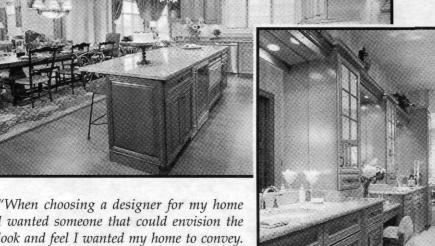
847-304-4144



www.turfcareonline.com



CJ Residential Design can make your renovation or new home project go smoothly



"When choosing a designer for my home I wanted someone that could envision the look and feel I wanted my home to convey. Celeste Jackson has that unique vision to turn a plain room into something truly amazing and completely my style."

Michele and Scott Barber, Inverness

Whether you are starting a renovation project, building a new home or updating an existing room, hiring an interior designer in the beginning phase is a smart decision. Although it can be exciting and fun to select some of the elements that will go into your new project, it can get overwhelming and tiresome further in. CJ Residential Design can fine tune your plans and narrow down the choices for you. Here are some of the ways we can make the process easier for you and add more character to your home.

Testimonials...

"Celeste has been our interior designer for over seven years, helping us design two homes during that time. She truly knows how to make a house feel like a home. She is able to incorporate our taste and needs into every detail of our home, making it a warm and inviting place to spend with family and friends."

-Paula and Dan Colbert, Barrington

"We have worked with Celeste for the past few years in all areas of our home. Every time we look at the spectacular and creative design ideas, we know it is because she thinks of everything." -Paul Gadbut & Shannon Kennedy, Hinsdale



CJ RESIDENTIAL DESIGN, Inc.

107 W. Hillside Ave., Barrington, IL 60010

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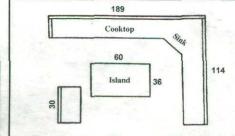
You Name It ... We Can Do It!



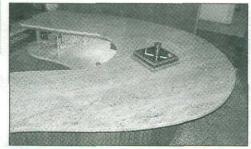
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