

March 1998

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NEWS MAGAZINE



IT'S TIME FOR
Spring Home
Improvements

"The Relay for Life"
Kickoff March 10

**Daughters of the
British Empire's
"Antiques on the Road"**

**The Bridge Helps
Banish Winter Blues**

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barrington LIFESTYLESTM NEWS MAGAZINE

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Editor's Ink

March, 1998

Dear Reader,

In March, we welcome spring happily! The new season will offer the Barrington area many exciting local happenings. Among them will be the kick off event to be held March 10 for the Relay for Life, sponsored by the American Cancer Society. Honorary Chairman in the Barrington Community will be Carol Beese, President of the Barrington Area Chamber of Commerce. Join Carol and others to "take up the fight" and help raise money for the fight against cancer.

To help you banish the winter blues, plan on attending "Bound for Bridge-town," a Caribbean Cruise-themed dinner/dance to be held March 14. The Bridge Youth and Family Services gala will be held at the Hyatt Regency, Woodfield. Barrington's own Mrs. Johnny (Kery) Morris is co-chair.

Have you ever wondered what that old painting your grandmother gave you is worth, or perhaps that old porcelain vase no one wanted, left in your aunt's attic? Plan on attending "Antiques on the Road" April 1 and get the answers to your antique questions. Sponsored by the Daughters of the British Empire, the event will be held at Watercress Banquets in Palatine.

Until next time, may all your thoughts be sunny.

With warm regards,
Glenn McMonigal
Editor, *Lifestyles Magazines*



About Our Cover

Yves Saint Laurent. Collection Haute Couture
Fall/Winter 1997-1998.



"Antiques on the Road"



Ruth Starling, Maureen Yates and Mary Larson discuss an interesting item called a Tantalus. This enabled the householder to lock up his hard liquor to prevent the servants from drinking it—the thought of teenagers springs to mind!

Time to go up into the attic—or down to the basement—to search out those antique treasures you have stored away. You may have inherited Grandma's Cameo brooch, or have bought yourself a nailhead glass vase in a garage sale. You need a valuation! Last year a guest was delighted to have her item valued at four figures. Appraisals are \$5 per item, maximum three items per guest.

Come join the Daughters of the British Empire on Wednesday, April 1, 1998 from 11.00 to 2.00 p.m. for the second annual fund-raiser "Antiques on the Road" at Watercrest Banquets, Northwest Highway in

Palatine. Stalls will also be available selling antiques, jewelry and other related items.

Tickets of \$25, which includes lunch and the show, can be purchased from: Mary Larson (chair) (847) 381-1855(W) or (847) 516-3839(H) of Cary; Cynthia Millar (847) 634-3156 of Buffalo Grove; Barbara Bond (847) 381-6117 of North Barrington; or Maureen Yates (847) 381-3475 or (847) 304-1037 of Fox Point. During lunch the appraisers will discuss interesting items brought in by guests.

Please call for further details and tickets.

The Bridge Helps Banish Winter Blues with a Fantasy Cruise



Bridge Executive Director, Peter Cunneen, his wife Darlene, Franz Benteler, and Kery and Johnny Morris of Barrington will lead the festivities on a fantasy "cruise" dinner dance set for March 14 at the Woodfield Hyatt.

Got those midwinter blues and blahs?

The Bridge Youth and Family Services has the cure—an evening getaway to "Bridgetown," a fanciful destination with a down-to-earth purpose.

"Bound for Bridgetown" is the Caribbean cruise-themed dinner-dance which will be the largest 1998 fund-raising event for the Palatine-based social services agency. The Bridge serves youth and their families in the northwest suburbs with in-

dividual and group counseling, and parenting and in-school programs designed to foster emotional and behavioral health.

Headlining the March 14 gala is the nationally recognized Franz Benteler Royal Strings orchestra.

The evening will include silent and live auctions. Among the auction items are a catered party for 40 at a lakefront condo with a panoramic view of Chicago's 1998

An Invitation to "Take Up the Fight" from Carol Beese

I am inviting everyone who lives and works in the Barrington area to commit now to the Relay for Life held on June 5 and 6 at Barrington High School! The Relay for Life, which is sponsored by the American Cancer Society and local businesses is the national signature fund-raising event of the American Cancer Society, and I am honored and humbled to be the Honorary Chairman of this eighteen-hour team event as it is held in our community for the first time.

To find out all the details about this event, please come to the official Relay for Life Kickoff Party on March 10 at 6:00 PM at the new G.E. Capital Building on Northwest Highway in Barrington. The party is open to the public but an RSVP is requested from our local American Cancer Society at 358-3965.

The Relay for Life is a community wide team event to raise money for the fight against cancer, to recognize and honor cancer survivors, to honor the memory of those lost to cancer, and to promote healthy lifestyles with educational programs. But additionally, the Relay for Life provides a meaningful way for people to volunteer in their community. Ten to fifteen member teams are being formed by businesses, families, churches, organizations, schools, neighborhoods, clubs or individuals. Each team member takes turns traveling the track during an eighteen-hour period and is asked to raise \$100 each. The first lap is walked by cancer survivors, the second lap by former smokers, and then each team is introduced. There will be a special luminary service at 10:00 PM to honor those who have fought cancer and to remember those who have lost the fight.



Carol Beese, Honorary Chairman of the 1998 Barrington Relay for Life.

The Relay for Life is a "celebration of life" with food, music and fun. Each team will have space reserved on the football field to set up their team headquarters. Our goal for our first year Relay for Life event is \$150,000 and participation by over 1,000 people.

Cancer strikes one in three Americans. This is your chance to join the fight against cancer! So start a team, volunteer to help on the committee or the day of the event, commit your company to become a sponsor, purchase a luminary candle or walk in the first lap! Call your local American Cancer Society office at 358-3965 for more information. Remember, there is no finish line until we find a cure!

I look forward to seeing you at the Kickoff Party on March 10!

Infant Welfare Luncheon

Mrs. Illinois International, Iolanda Goodfellow, recently modeled in a trunk show for Sansappelle on Oak Street. Sansappelle's new line of clothing will be the featured designer for the spring fashion show/luncheon, Day and Night/Night and Day, hosted by the Barrington Infant Welfare Society. The luncheon will include silent auction and prizes and will be held on Wednesday, April 22 at the Biltmore Country Club in North Barrington. For information or tickets please contact Penelope Knopik at 847-382-4648.



Venetian Nights summer celebration; a 7-day Caribbean cruise for two; and a golf vacation on Kiawah Island, NC.

"Once you step aboard and greet a few fellow 'passengers' you'll forget all about the chill outside," said Kery Morris of Barrington, who is co-chairing the event with Roland Marquis. "And, dancing to the music of the Franz Benteler Royal Strings will offer its own magic," she added.

"Bound for Bridgetown" will be held at the Hyatt Regency Woodfield hotel, 1800 E. Golf Road, Schaumburg. Cocktails and auction item viewing will begin at 6 p.m.

with dinner at 7:30 p.m., followed by dancing.

"For me, this event is the most exhilarating of our annual activities," said Peter D. Cunneen, who, as executive director of The Bridge, will "captain" the fantasy cruise. It's more than a benefit event—it's a celebration of the spirit of The Bridge, of the warmth and caring of our dedicated volunteers and staff."

Tickets for "Bound for Bridgetown" are \$100 per person. More information is available from The Bridge Youth and Family Services, (847) 359-7490.

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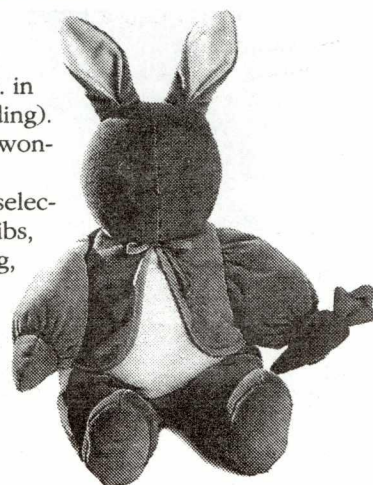
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Little Munchkins Has Moved to the Seigle Building

Little Munchkins has moved to 200 N. Hough St. in downtown Barrington (inside the old Seigle Building). This enables them to grow and offer even more wonderful selections to choose from.

Be sure to stop by soon to see their wonderful selection of children's clothing, christening gowns, cribs, bunk beds including twin size bunk beds, bedding, high chairs, strollers and unique gifts.

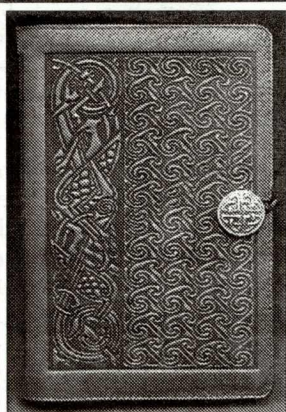
Until April 13, save on Easter Outfits, now **10% off!** Their hours are Monday through Friday from 10 AM to 5:30 PM, Saturday from 10 AM to 5 PM, and closed on Sunday.



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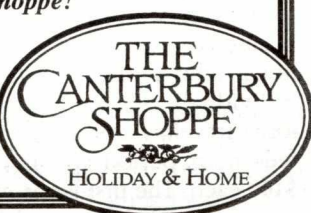
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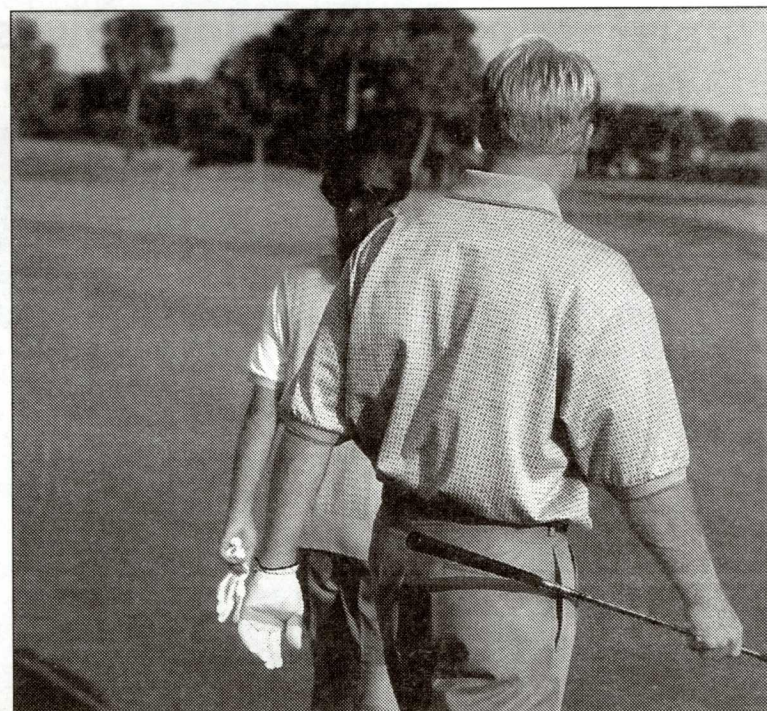
Shown here: navy/white mini check jacket, \$150.00, drawstring pant, \$80.00, sizes 4-16. Stretch rib tee, sizes s-xl, \$50.00. Also available in sage/white, at:

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Silver Label apparel is available at **Chuck Hines**, on Main Street, in downtown Barrington.

Pi Phi March Meeting

On Wednesday, March 11, 1998, the Arlington Heights Pi Beta Phi Alumnae Club will meet at a member's home. All Pi Phi's

are welcome to a fun and exciting evening with their sisters. Call Kelly at (847)394-8481 for more information.

The Remnants of Winter's Magic

Having grown up on a farm in north-west Connecticut, David Armstrong developed a profound relationship with the land at a formative age. Armstrong's work represents a true love and respect for what we feel to be our common heritage. The artist has frozen in time what is simple and pure and elevated it to a reverential state.

The work of David Armstrong has been in the print marketplace for twenty years and he has more than thirty sold-out editions. Here at **Woodland Art Gallery** we are proud to represent the works of this talented and sought-after artist and invite you to view his newest release, *Snowman*.

Snowman is a whimsical piece. Armstrong made the snowman himself and just happened to catch him at a fast melting state. In the larger picture, he represents the other remnants of winter's magic—the drifts and whiffs of snow, which Armstrong had so often watched disappear more rapidly than he could paint them.

Published from an original watercolor, *Snowman* is available signed and numbered in limited edition now at **Woodland Art Gallery**.

A myriad of works from other fine artists are also available at the gallery including many sold out and out-of-print pieces. From the collection of Don Hatfield, there's *Peaceful Cove*, taken from Hatfield's original oil on canvas,



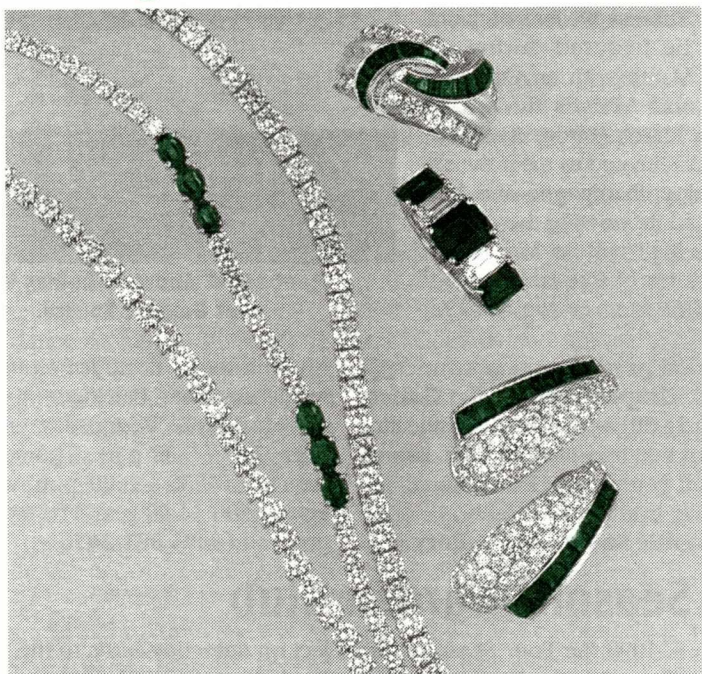
Peaceful Cove by Don Hatfield

this limited edition serigraph was hand-pulled with approximately 100 colors at Morosstudio of Southern California.

The gallery is wall-to-wall pleasure with the works of Robert Bateman, Carl Brenders, Terry Redlin, John Seerey-Lester, Bev Doolittle, Dean Morrissey, Bradley J. Parrish and many others. And there's no one more trusted than master framer and owner Scott Teasdale when it comes to fine framing. Specializing in museum mounting to protect the value of your art, the gallery takes pride in their remarkable talent for matting and framing. The gallery is also able to ship your art anywhere.

Visit **Woodland Art Gallery** soon and discover all the enjoyment art can bring to your life. The gallery is located at 71-B East Woodstock Street, across from the Crystal Lake train depot. Open Monday-Friday 9 a.m.-5 p.m., Saturday 8 a.m.-3 p.m. Phone (815) 459-0460. Visa and MasterCard accepted.

The Wearing of the Green...



Just in time for spring and St. Patrick's Day, **M.J. Miller & Co.** is putting out the green! Fabulous emeralds and diamonds, green tourmaline rings, exquisite tsavorites, and beautiful jade, all displayed for this season. With the finest collection of rings, neck-

laces, bracelets, earrings, pendants, charms, watches, crystal, humidors, cigar accessories, pens and more, your pieces of desire are always available. Visit our showroom today in Barrington commons, Barrington. Call for a free catalog (847) 381-7900.

ECC Presents *Oklahoma!*

Encore Musical Theatre and the Elgin Community College Institute for the Performing Arts will present the acclaimed musical *Oklahoma!* in Stage 1 of the Visual and Performing Arts Center on the ECC main campus, 1700 Spartan Drive, Elgin. Performance times are 8 p.m. Friday and Saturday, March 6 and 7 and 2

p.m. Sundays, March 1 and 8.

Tickets for *Oklahoma!* are \$15 and \$12 and are available at the ECC Ticket Office in the Visual and Performing Arts Center from 10 a.m. to 5 p.m. Monday through Friday and noon to 4 p.m. Saturday. Tickets also can be ordered by calling (847) 622-0300.

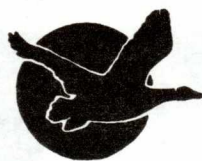
Winter Meltdown



©1998 David Armstrong

Snowman by David Armstrong

Just released. A limited edition print.



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With two years experience, **Basia** is expert in coloring, highlighting, perms, styling, haircuts, plus consultations.

During March receive a free haircut with any service for first time customers with Basia.

She & "I" Hair and Nail Salon is a state of the art salon which offers perms, color, facial waxing, manicures and pedicures. Walk-ins are always welcome or please call **381-5043** for your next appointment. **She & "I"** is open Monday through Saturday and Wednesday and Thursday evenings.

MARCH GALLERY EXHIBIT THE ESSENCE OF REALISM

featuring oil paintings by
Andrew Thomas Weiler



Bringing Home a Little Gem



Rebecca

Preview Opening and Artist's Reception Friday, March 6, 6-8 pm

Please join us for champagne and hors d'oeuvres in the Gallery and enjoy a free jazz concert sponsored by the shops at the Ice House Mall

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Graphic Source Gallery to Feature Andrew Thomas Weiler

Graphic Source Art Gallery cordially invites you to attend the opening of the **March Gallery Exhibit** entitled *The Essence of Realism* featuring oil paintings by Andrew Thomas Weiler. Having had no formal training, Mr. Weiler has mastered his medium through over 40 years of painting. The result is superb technique and a fresh eye for depicting images realistically. Andrew Weiler has been recognized in *American Artist Magazine* and *The Artist's Magazine*. His work is included in various public and private collections internationally.

Andrew Thomas Weiler's oil paintings will be featured during the month of March with an **Opening Preview and Artist's Reception** on Friday, March 6 from 6 - 8 pm. The public is invited to meet the artist and enjoy champagne and hors d'oeuvres while viewing the art. The Ice House Mall will be hosting the first in a series of free jazz concerts entitled *Hot Jazz in the Cool Ice House*.

In addition to representing a variety of fine artists, **Graphic Source Art Gallery** continuously offers an excellent selection of fine hand-crafted gifts and accessories for you and your home. Professional custom framing is always available.

The **Graphic Source Art Gallery** is lo-



Meet artist Andrew Thomas Weiler at Graphic Source.

cated in the Historic Ice House Mall, 200 Applebee Street, Barrington. Gallery hours are Monday - Wednesday and Saturday from 9:30 - 5:30 p.m., Thursday and Friday from 9:30 - 8:00 p.m. and Sunday from 12:00 - 4:00 p.m. For more information call **(847) 381-2476**.

Starting Annuals & Perennials from Seed

Spring is coming, believe it! Gardeners who wish to get a head-start on planting will gain a wealth of knowledge about starting annuals and perennials from seed by attending the March 19th meeting of the Garden Club of Inverness. The program will be presented by noted horticulturist, Glenn Grosch, who will lead an entertaining discussion regarding how to start many annuals and perennials from seed and how the practice can significantly add to the pleasure and satisfaction of gardening. Areas to be covered will include what to start from seed as well as seed sources. Details such as proper containers, soil mixes, watering, heat and light requirements, and disease

control will also be covered. How to successfully move seedlings to the garden will also be a part of the presentation.

Glenn Grosch has an in depth horticultural background including associate degrees from Harper College in Plant Science Technology and Parks and Grounds Management, and a B. S. in Agronomy from the University of Illinois. He is a Master Gardener certified by the Chicago Botanic Garden and a six year volunteer veteran at the Garden. Currently he is a guest lecturer at the Botanic Garden on a number of horticultural subjects as part of the Continuing Education Program. Glenn will be teaching an expanded version of this program at the Chicago Botanic Gar-

Four Seasons Garden Club

On March 3, 1998 the Four Seasons Garden Club will meet at the Barrington Area Library at 9:30 A.M. The topic will be "Is That a Canary on My Coreopsis?", a sub-

ject on attracting birds to the garden. Call Jan Kitz at (847)381-2841 for questions.

The April 7 meeting will deal with Topiary Construction.

den in Glencoe on March 14, 1998, for those who are interested. He is also an instructor at Harper College in their Continuing Education Program. Glenn's own home garden is extensive and he employs hands-on gardening in his orchard, large vegetable garden, and numerous annual and perennial presentations.

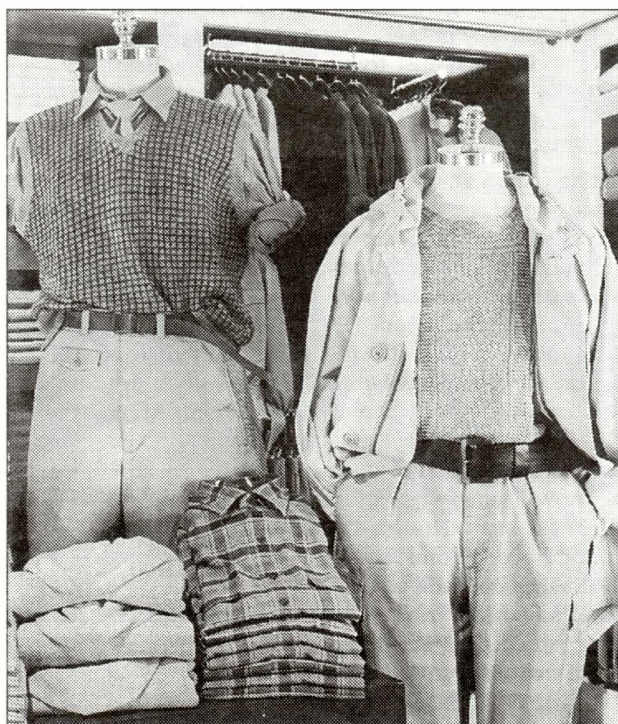
Join members of the Garden Club of Inverness for this interesting presentation on Thursday, March 19, 1998, at 9:30 A.M., at Holy Family Church, 2515 West Palatine Road, Inverness. Membership in the club is not necessary to attend and

guests are welcome. For more information, contact Membership Chair, Charlotte Dilillo (304-9856).

Recently, the Garden Club of Inverness made major financial donations to the Maggie Rogers Park for landscaping around the new park sign, and to the Harper College Scholarship Fund. In addition, the Garden Club of Illinois was another recipient of significant funds for their many worthwhile projects. Congratulations Garden Club of Inverness for your philanthropic contributions to the community and to the State.



Barrington ICE HOUSE MALL



Advance the corporate ladder with business casual attire from **Peter Daniel of Barrington**. You work smart... why not dress smart? At **Peter Daniel**, we're in the business of work casual. And now **Peter Daniel** is taking fashion to a new level with our much anticipated move. Watch for more details about this exciting renovation during the upcoming weeks. **Peter Daniel** is located on the second level of the Ice House and is open seven days a week for your shopping convenience...

Exciting Happenings at the Ice House Mall

Something exciting is happening at the **Ice House Mall** in Barrington! Not only is the mall going through an extensive renovation; but they are also planning lots of exciting events in 1998!

The first in a series of evening entertainment events will be a FREE Jazz Concert on Friday March 6 from 5:30-8:30 pm featuring Roy VomBrach and members of his dance orchestra "Pulse." This orchestra is well-known for its lively, heartfelt performances in a wide variety of styles, from smokey ballads to the hottest dance grooves. The members of the band will be playing as a trio at the **Ice House Mall** featuring a broad repertoire of the latest contemporary instrumentals, big-band scores and jazz classics.

Beverages and hors d'oeuvres will be served. "Hot Jazz at the Cool Ice House" will include a wine tasting at Jans of London, a shop filled with nautical treasures and English artifacts.

On this exciting evening there will also be a gallery opening at Graphic Source Art Gallery. This opening will feature the art of Andrew Thomas Weiler for everyone to enjoy. This exhibit of oil paintings is entitled "The Essence of Realism." In addition to representing a variety of fine artists, Graphic Source Art Gallery continuously offers an excellent selection of hand crafted gifts and accessories for your home.

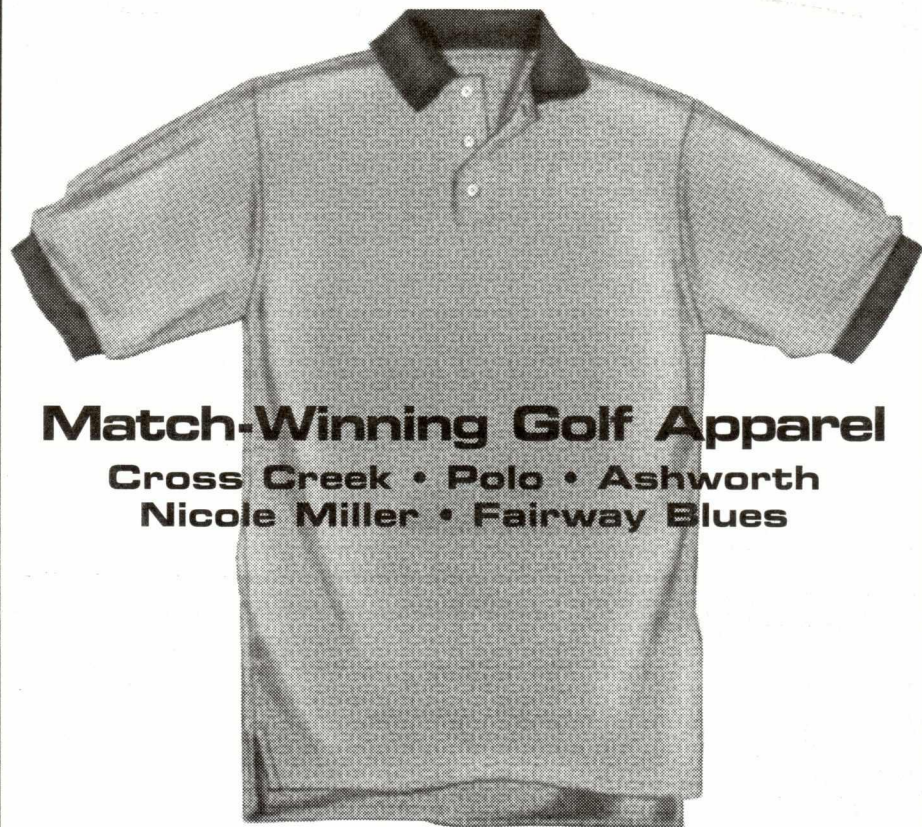
Chesterfield Glass Galleries will also be showing a new exhibit on the evening of the Jazz Festival. This display

of modern designs is entitled "Assemblage Plastiques" and features wall and table sculpture using actual objects of our culture that are preserved in full size and dimension. Some popular sculptures include a jelly bean table spill, a hole-in-one golf sculpture, and a sculpture resembling a spilled bag of Starbucks Coffee. These eye-catching sculptures are both unusual and unique and will be on display the evening of March 6 during the jazz concert.

Families are invited to come to the **Ice House Mall** and listen to the jazz concert while they visit the mall's 16 unique specialty shops including our newest store Lea Image Studio which provides exquisite cosmetics and ultimate skin care for men and women. Located within the Image Studio is Lea Modeling and Talent Consultants. This consulting firm provides customized personal service aimed at determining a client's marketability and helping them to succeed in modeling or acting by putting them in touch with the top photographers and agents in the industry.

The normal business hours of the Mall are Monday through Wednesday from 9:30 am to 5:30 pm. Thursday and Friday the mall is open from 9:30 am to 8:00 pm. On Saturday the hours are 9:30 am to 5:30 pm and on Sunday from 12:00 am to 4:00 pm.

Reservations are not required for the jazz concert, but for more information or directions to the **Barrington Ice House Mall**, you may call (847) 381-6661.



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village shops & restaurant
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Hot Jazz In The Cool Ice House!

featuring members of the Roy VomBrach Dance Orchestra.
Playing jazz classics, dance tunes, and taking requests.

Friday, March 6, 1998, 5:30 pm - 8:30 pm

Families are invited to come out and listen to the free jazz concert where they can enjoy complementary beverages and hors d'oeuvres while they visit the mall's 14 unique specialty shops.

Jazz Night at the Mall will include a wine tasting at Jan's of London and special gallery exhibits at Graphic Source Art Gallery and Chesterfield Glass Galleries.

Reservations are not required but for more information or directions to the mall, please call (847) 381-6661.

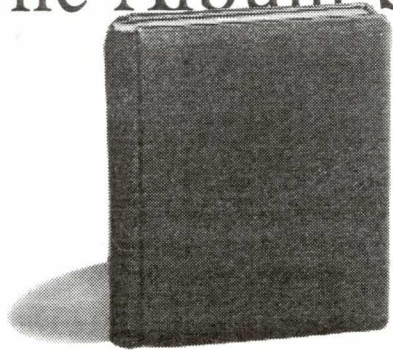
Deadline!

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March 12 through 21.
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It's the Big One! CLIX ANNUAL ALBUM SALE!



By Gal Friday

Hey, girlfriends. How's it going? I've been busy just trying to keep track of ole' Ed. He's got the ice fishing bug. What's

with that? Just sitting out on an ole' bucket in the middle of a pile of ice waiting for some half-frozen fish to get hung up on your hook. I tell you, that guy is desperate to get out of the house. I wonder why?

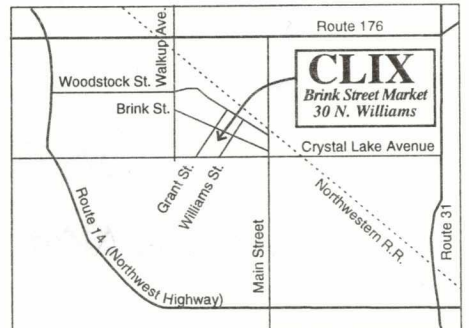
Well, anyway, it's that time again. Dig through the junk drawer, reshuffle the closets, and... and... organize the family photos. I'm sorry, sweetie, but it's a reality we have to face. It starts out as a harmless "click" here and "snap" there and before you know it you've got more pictures than there are stars. Honey, I've been through it and have I found the answer for you! **THE ALBUM SALE at CLIX photographs and savables, inc.**

Every album, small and large, in stock and custom ordered, mat pages, and refills, is on sale at 25% off! And this isn't just the stuff they couldn't unload at sidewalk sales. This is the real deal. You've got to see for yourself.

My sister is finally getting the wedding album she always wanted: real leather

cover, with gold-trimmed ivory pages and with each page custom designed with individual mats. My neighbor is going to pick up a few unique fabric-covered albums as graduation gifts. I have to pick up one of the albums with a silk cover and acid free pages for my custom memory pages. Of course **CLIX** has a ton of album choices for babies and other pets. They have everything from slip-the-photo-in types to those plain-paged ones for the truly creative people who like to stamp and cut out things and really gussy it up.

What can I say. The nice people at **CLIX** only do this once a year. Now's the time to stock up. Surprise yourself. Getting organized might not be as painful as you think.



**CLIX is located in
Downtown Crystal Lake.**

Spring Arrives at The Clothes Gallery

Sherree Rothstein, owner of **The Clothes Gallery** in Crystal Lake, is very excited as she begins her third year in business. "The response to our store has been wonderful, and we are meeting new customers everyday." "We are very proud to be a part of the resurgence of Historic Downtown Crystal Lake as a great place for shopping and dining."

This season the store is adding the collections of about 25 new designers to it's great selection of updated sportswear, dresses, shoes and accessories! *French Dressing* is a new line of great fitting jeans in denim and colors, all with a little stretch, and *Indigo Hand* features jeans in the new, soft Tencel fabric.

New to the store for this spring will be the relaxed sportswear collection from Caroline Rose, and wonderfully fun sweaters from *Norma & Hyla*. Both are local Chicago designers, and you may recognize the *Norma & Hyla* sweaters, as seen on *Friends*!

Another new line to look for is *Bet's*, a new collection from one of our favorite companies, *Canvasbacks*! Betsy Horsfield,

owner and designer of *Canvasbacks*, lends her name to this casual, easy to wear group of unconstructed sportswear and item jackets. A great *Canvasbacks* look for a little less money!

"And don't forget the accessories," says Sherree, "they are one of my favorite things to buy, and a great piece can really make an outfit!" "We have a wide selection to chose from, and we carry the complete line from *Brighton*... from belts to shoes."

Twice a year we have our "Ladies Night Out" ...a great reason to leave the husband and kids for an evening and have a little fun. We hope you can join us on Wednesday evening, March 25, from 7:00 to 9:00 p.m. for our first ever "LAS VEGAS NIGHT." Join us for fun and fashion, with an opportunity for some great prizes! Reservations required!

For reservations, more information, or to get on our mailing list, just give us a call at (815) 455-3307, or better yet, stop in and see us at 51 N. Williams St., in Historic Downtown Crystal Lake.

BARNO March Meeting

The Barrington Area Registered Nurses Organization and the McHenry County Professional Nurses Organization invite all RN's to a morning seminar on Menopause and Hormone Replacement Therapy on Saturday, March 7, 1998 from 8:00 a.m. to 12:00 noon at Good Shepherd Hospital 450 West Highway 22, Barrington, IL in the Gold Room. Featured speakers are Marga-

ret L. Phillips, M.D. and Aleksandra Sundberg, RPH. 4.0 Contact Hours pending from the Illinois Nurses Association. The cost is \$15 for members and \$25 for nonmembers. Continental breakfast will be served. For further information regarding this presentation, contact Kay Werner, RN at 847-381-3901 or Barbara Walt, RN at 847-381-0505.



BET'S by CANVASBACKS

A great new Canvasbacks look

Join us for
"Ladies Night Out"
Wednesday, March 25
7:00 - 9:00 pm
Fun! Fashion!
Prizes!
Reservations Required



The Clothes Gallery
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Historic Downtown Crystal Lake
(815) 455-3307

The FOUNDRY of BARRINGTON

Whatever the Forecast—Shower the Bride with Gifts from Little Shop of Papers



We have new lines of glassware that include Italian ceramic serving pieces, colorful glass votives and candleholders, and from Tracy Porter, unique majolica

accessory pieces. If you're looking for the perfect shower gift as well as beautiful bridal invitations, photo albums and guest books come to **Little Shop of Papers**.

Experience the New Spa Pedicure at L'Auberge

A new innovative Pedicure treatment—**Spa Pedicure**. Indulge yourself with only the best at **L'Auberge**. This month try our new Spa Pedicure. A five-step pedicure which enhances and rejuvenates the skin. A Sea Serum with Marine Alpha Hydroxy Acid helps remove those calluses fol-

lowed by the marine masque which hydrates the skin with sea extracts, mineral clay and soothing botanicals. A masque for your feet. It doesn't get any better then this.

Please phone our nail department **381-3552** and make your appointment now.

For a Fresh New Look Use a French Country Theme

Would you like to create a new look in your master bedroom or do you have a special house guest arriving this spring? **Les Tissus Colbert** can help you with a fresh new look. A French Country theme with beautiful soft toiles combined with matlasses for pillow shams and coverlets are just the beginning. Because our fabrics are 110 inches wide custom sheets are a breeze. What a unique opportunity—design your own

duvet cover and have the sheets and pillow cases made of the same fabric. Everything from bedding, upholstered headboards, drapery and even upholstered walls. The total look is charming and inviting. Our designers can help you achieve the look and our work rooms are fantastic. Please stop by and have a look at **Les Tissus Colbert's** new spring fabrics—they are all from France and are beautiful.

"Passport to Fashion"

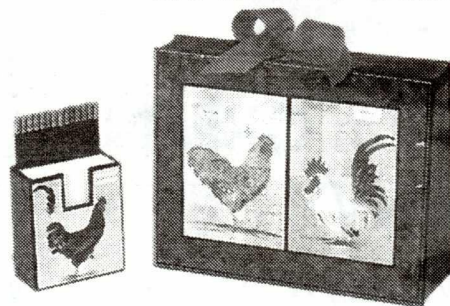


BJWC Fashion show members L to R: Janice Clarke, Fox Point; Janet Sheridan, Wyngate; Ann Moll and Karen Hamilton, Fox River Grove; Julie Culver, Barrington; and Sue Padula, Fox Point.

The countdown has turned from months to days for the Barrington Junior Women's Clubs "Passport to Fashion" spring lun-

cheon. The event is coming up on Saturday March 7, 1998, at the Wyndham Chicago Northwest and hopes to attract

Here's What's Cooking at Little Shop of Papers



Our rooster motif is just one of many patterns to choose from in cookbooks, recipe boxes and folders ready to hold all of grandma's specialties. You'll find new tableware, sure to tempt the palate, in sunny lime, lemon, orange and raspberry with matching candles that add to the glow.

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over 500 women ready to enjoy a fine lunch, sensational fashions, a silent auction (which raised over \$25,000 in '97), and a new live auction.

The auction committee has had great luck with several famed media personalities. Rosie O'Donnell has donated a full color 8x10 autographed photo, and Oprah Winfrey has donated four tickets to her program plus an autographed photo. Local area resident and WGN-radio personality Larry Schreiner has donated a tour of the station, and also a crime tour of the Chicagoland area. NBC has donated breakfast or lunch with a channel 5 anchor plus a studio tour. The entire '97-'98 Bulls team has signed a Bulls pennant, plus autographed Bears and Blackhawks memorabilia will be available as well. Also, there will be an

autographed baseball cap and cookbook by Spike O'Dell.

The fashion show itself will feature numerous vacation destinations including Italy, Chicago, New York, Florida, and Walt Disney World. The show is being professionally produced by Creative Impact of Deerfield who was used for '97's "Diamonds are Forever" fashion show. Among the local merchants having their clothing styles featured in the show will be Peter Daniels.

Proceeds from the live auction will go to the Women's Diagnostic Center, and the silent auction proceeds go to PADS, DARE, Home of the Sparrow, Safety Town, and BAAC to name a few. If you are interested in this fun day and a great opportunity to help your community, call (847) 734-5076.

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Volunteer Center of Greater Barrington Becoming a Reality

For the past eighteen months a number of community activists, both volunteers and professionals, have been working as a task force to develop a "volunteer center" for the Barrington area.

Successfully operating in many cities across the country, volunteer centers are helping explode the myth of the typical volunteer as a "the forty year old housewife from Dayton, Ohio," as the *Christian Science Monitor* recently suggested. Today, the age range of volunteers has stretched in both directions. Men, senior citizens, and young people are now joining what was previously a female-dominated force. And what a force it is! In 1993 nearly 90 million adults volunteered and average of 4.2 hours per week. That calculates to 19.5 billion hours—the equivalent of 8.8 million full-time employees, representing a dollar value of some \$182 billion according to a *Monitor* article recognizing National Volunteer Week last April. Throughout the Chicagoland area volunteer centers are working to mobilize people whose busy schedules requires them to be more selective in their volunteer efforts. Volunteer centers are also assisting not-for-profits in how to more effectively use their volunteer pools in light of the growing demands being placed on them.

The need for a clearinghouse to centralize, coordinate, and promote volunteerism in the Barrington community was first sur-

faced in 1994 by the Barrington Area Senior Coalition. Since then, support for such an effort has been resounded by the Healthier Communities Initiative, the Barrington Area Development Council, and the Barrington Area United Way. A survey was done by BAUW in 1996 which resulted in the formation of the task force which defined the mission and established the goals for our Barrington-based volunteer center.

This past week Barrington residents received a packet in the mail which details the progress of that Volunteer Center Task Force. What a long way this hard-working group has come! Their vision and dedication are making the Volunteer Center of Greater Barrington a reality...

- a Board of Directors has been named, with Barrington residents, Cindy Parker, as President, Jeanne Hanson, as Vice President, Mary E. Anderson, as Secretary, and Todd Sholeen, as Treasurer;

- Articles of Incorporation filed and a not-for-profit certificate [501(c)3] applied for;

- office space secured in space donated by the Barrington Area United Way in their office on the second floor of the Harris Bank Building at 325 N. Hough Street; computers, phones, and a fax installed; a search for a full-time Executive Director initiated;

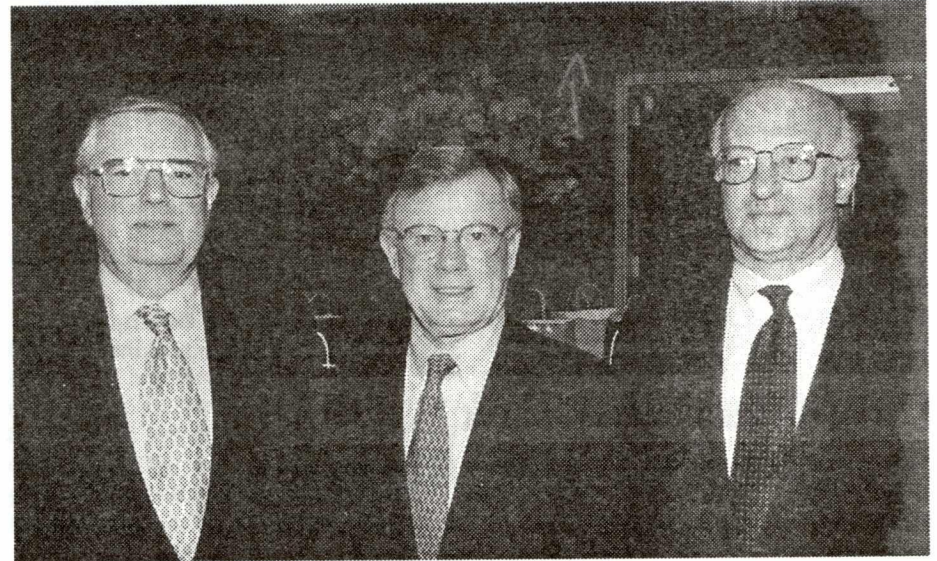
- a three-year budget developed; and a strategic plan started.

Key to the development of the Volunteer

Alexian Brothers Medical Center Foundation Plans 12th Annual Garden Ball with a New "Dimension"



(L to R) 1998 Garden Ball co-chairs Sue Gilfillan of Arlington Heights and Genny Catrambone of Inverness, and Jan Edgar of Glen Ellyn, executive director, ABMCF.



Honorary chairperson for the 1998 Garden Ball is Charles W. Denny of Barrington Hills (center). On the left is Richard Brennan of Oak Park, chairman, ABMCF board of directors. On the right is Michael J. Schwartz of Schaumburg, ABMCF president/CEO.

The 12th annual Garden Ball sponsored by the Alexian Brothers Medical Center Foundation (ABMCF) got off to an early start this year with the traditional Kickoff Party and Dinner. It was the official unveiling of the "who's who" and "what's what" for this premier social charitable

event of the year on May 16, 1998.

It was announced at this time that The 5th Dimension will be the headline entertainment. Proceeds from this event go to the "Community Cares" internal grant application process—benefiting a variety of community health programs.

Center of Greater Barrington are two beliefs—first, that more people will volunteer if they know where and how to use their time and talents and, secondly, that volunteering benefits everyone involved. In addition to facilitating and promoting volunteerism, the Center will provide leadership and support for all volunteer efforts in the community, provide access to volunteer training, and encourage volunteer recognition.

In the weeks prior to the Grand Opening of its office on April 1, and a Community Kick-Off on April 18, the Volunteer Center's Board will be focusing their energies on educating individuals and organizations about the mission and goals of the Center and asking for their support with financial and in-kind donations. The Board has been thus far encouraged by generous initial gifts from First Chicago

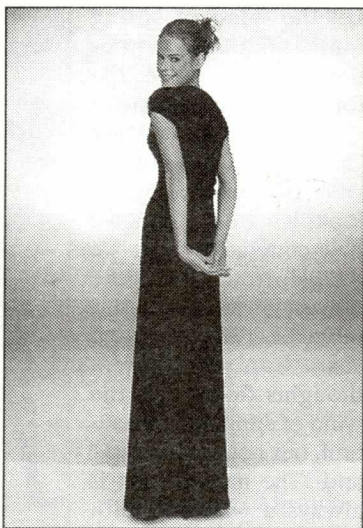
Bank and Good Shepherd Hospital, and hopes to raise the balance of its \$65,000 first year budget from a broad base of area residents and businesses. Information regarding the various donation options is found in the aforementioned mailing. Pending receipt of our 501(c)3 certification, all contributions to the Volunteer Center of Greater Barrington need to be made payable to the Barrington Area Development Council (BADC). Donations may be mailed to The Volunteer Center, P.O. Box 450, Barrington, Illinois 60011.

Healthy communities are maintained by their volunteer base. The ability to develop and sustain this tremendous resource will be a measure of Barrington's health. Please join in the effort to build a strong and caring community. Support the Volunteer Center of Greater Barrington!

Fabulous new spring fashions and accessories have arrived and **A L'Amour** is planning two very special events.

A Prom '98 "Fashion Event" will be held March 23 through April 4. **A L'Amour** will be showcasing beautiful gowns by top designers Nicole Miller, Vera Wang, Kay Unger, Victor Costa and Jessica McClintock as well as the "in" labels of Laundry, ABS and Stone Ferris. **A L'Amour** will also feature the newest accessories to compliment your look including shoes by Nina and Kenneth Cole. Special savings will be available during this two week event and **A L'Amour's** popular Dress Registry will Guarantee only one of a kind to each school.

On March 29, **A L'Amour** will host a mothers of the wedding fashion show featuring informal and formal selections ranging from size 4 to 24. Call ahead at **847-381-5858** to assure your reserved seat at this popular show.



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Prom Fashion Event March 28 to April 4

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Mon. & Thu. 10-8

Tue., Wed., Fri., & Sat. 10-5

Bridal by Appointment

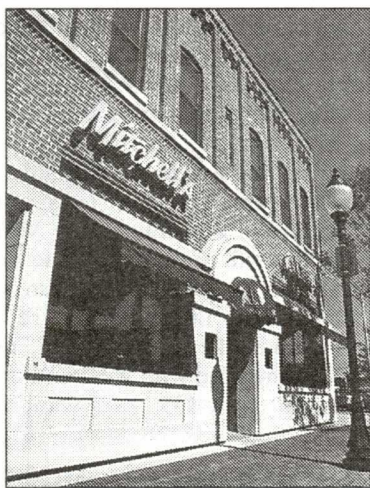
Anniversary Sale at Mitchell's Jewelers

During March **Mitchell's Jewelers** is having a store wide **Anniversary Sale**, offering **20% OFF** on almost all items in the store.

Mitchell's Jewelers was started in 1969 and has been at its present location in downtown Arlington Heights since 1984. During this time we have become one of the largest jewelers in the area. We do much of our own manufacturing on premises and also do jewelry repair, stone setting and custom hand-wrought jewelry.

Mitchell's Jewelers, as always, will take the time to educate you in what to look for in quality merchandise. We stand on our 29-year reputation of serving the community with honesty, integrity and fair pricing.

So I would like to invite you to visit **Mitchell's Jewelers**, where old world craftsmanship and honesty are our only



policy. A great time to visit would be during our **29th Anniversary Sale**.

Douglas A. Mitchell, Co-Owner
Recipient: GIA Diamond
Grading Certificate

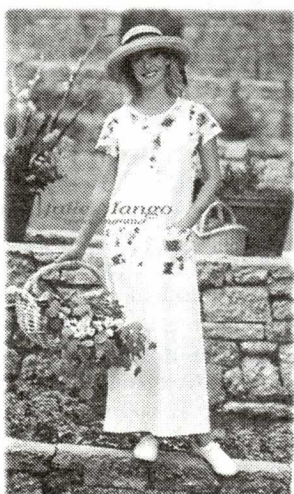
Lucy & Ethel's Celebrates the Oscars!

Beginning March 1, **Lucy & Ethel's** in Long Grove will celebrate the academy awards with a customer participation event.

Shoppers will be able to cast their votes for this year's nominees, and those correct ballots will be eligible for the drawing of eight life-size Hollywood images on March 24.

The balcony is open with daily running of movies and popcorn to snack on while you browse the new spring and cruise wear collections which could be nominated for the best in costume design. Lucy's vote goes to the **Julie Mango** collection for style and comfort.

See you at the movies in Long Grove.




You Can Also Be a Winner

"Shower the Shelter" Luncheon-Fashion Show March 5

As guests enter Inverness Golf Club on March 5, they'll bring a colorful array of shower gifts: mops, hammers, diapers, pillows, quick packaged meals and much more. It's not a conventional shower, but one that will help to fill the cupboards at the Home of the Sparrow in Palatine. It's a transitional home for homeless women and their children.

Whether you're a volunteer or are new

to the Home of the Sparrow, you're welcome to join us. Rev. Phyllis Mueller will be on hand to answer questions as well as Advisory Committee members Gail Brownstein, Rita Canning, Barbara Richter, Debbie Luna, Pam Smith and Diane Pelletiere. Rev. Mueller has founded all of the Home of the Sparrow residences, starting with the first one in McHenry in 1986.

The Doorway  to Elegance

Anniversary Sale

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Best Costume Design
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for Spring & Summer
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Welcome Wagon Coffee

On March 10, 1998, from 9:30 to 11:30 A.M., the Welcome Wagon of Barrington will hold their monthly coffee. Sandy Ramas, owner of Breath Works, will display one of a kind

swags, centerpieces and wreaths consisting of dried flowers, mosses, pods and berries. For information and directions call Lois at 540-6373.

Highlighting this year's affair will be a fashion show.

This is the second annual "Shower the Shelter." It's a good way to gather linens, papergoods and other much-needed items for the transitional residence. Some supplies will end up in the hands of women who have been through the shelter's program as they move out into their own apartments. This year the home is registered at Target for shower gifts.

"Shower the Shelter" begins at 11:30

AM, March 5 at Inverness Golf Club on Roselle Road in Inverness. Tickets are \$20 and guests are also asked to bring an unwrapped shower gift. To make a reservation, please send your check (payable to Home of the Sparrow) to: Deb Luna, 311 South Plum Grove Road, Palatine, IL 60067. A "Wish List" of shower suggestions is also available.

If you have any questions or must arrange a special meal, please call 847-202-5662 or 847-358-2587.

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New Creations for Spring

Let the wind of spring tousle your hair! Now is the time to discover the touch of spring magic at **Claude Thomas Hair Design and Spa**. If you wish for the windblown look, we are the creative hair cutters for you. We keep in touch with the newest style trends and have exciting ideas to share with you. Current thoughts floating in the wind of spring are "Beautiful, but not dressed up," and "The natural look is always a winner." With spring in the air, our creative stylists at **Claude Thomas Hair Design and Spa** will tell you that the charms of the new creations for Spring, 1998, are based upon the individual cut, color and perm—"Face Framing Highlights" (6-8 foils) special for \$25. We want to provide that perfect look for YOU by giving YOU that perfect cut. We love to hear you say the words, "Just do it!"

Everyone celebrates the "Luck of the Irish" at **Claude Thomas Salon**. Winter seems as if it will never end. Time to go on vacation! Get ready for the sun with our "Back to the Beach" manicure and pedicure special, regularly \$44, now \$39. Add some flare with weekend nails, regularly \$40, now \$35. Ever want nails



like the hand models? A full set of long, lovely acrylics can be yours. A full set regularly \$50 is now only \$30 with booking of 1st fill. Remember, **Claude Thomas** has not and will not ever use dental acrylic!

Showing any skin on the beach? Don't forget about waxing. With a bikini wax, get a lip or eye wax **FREE!**

Beware of sun damage! Come in for a free consultation with our European trained esthetician for a relaxing facial to help all skin types.

Whether you're escaping on vacation or struggling through winter here, **Claude Thomas** is sure to help you make it until spring.

IRAs—A Renewed Interest for Investment

by Sharon L. Keller, J.D., LLM

One way to save money for retirement is to contribute as much as you can to an individual retirement account (IRA), a 401(k) Plan, a Keogh Plan or a Simplified Employee Pension Plan. These retirement plans allow you to contribute before-tax funds to an account and receive tax-deferred accumulation of the funds, which will not be taxed until the funds are withdrawn.

The Taxpayer Relief Act of 1997 expanded the opportunity for you to use IRAs. An IRA is a personal savings plan that lets you set aside funds for your retirement. Subject to some limitations, you may be allowed to make and deduct from your gross income on your tax return a cash contribution to an IRA.

The annual IRA contribution is limited to the lesser of \$2,000 or 100% of your compensation. Alimony is treated as compensation. Earnings in your IRA are not taxable until they are distributed to you. Beginning in 1997, deductible IRA contributions of up to \$2,000 can be made for each spouse. In order to receive the deduction, the combined compensation of both spouses must be equal to or greater than the contributed amount. If you are a homemaker and do not work outside the home, the amount you can deduct for contributing to an IRA increased from \$250 to \$2,000.

In addition, the Taxpayer Relief Act removed the restriction that prevented an individual who is not an active participant in an employer-sponsored retirement plan from making a deductible IRA contribu-



tion if his or her spouse is an active participant, provided their joint income is less than \$150,000. This provision applies to taxable years beginning after December 31, 1997.

Roth IRA

The Roth IRA is funded solely with after-tax (nondeductible) contributions; but, unlike current nondeductible IRAs, it exists as a separate account and offers the possibility of tax-free earnings. The principal features of the Roth IRA are as follows:

- No tax deductions are allowed for contributions
- Income accumulates tax-free in the account

(Please continue on page 46)

Green Thumbs Meet March 16

Most suburban Gardens have a peak bloom time of two or three weeks when the flowers are all in full bloom and the garden couldn't be lovelier. But for the rest of the growing season, the plants are predominantly green. Extending color throughout the season is a challenge to most gardeners, even the most experienced. Candy Cleveland, owner of Candy Cleveland Garden Designs, will show the Green Thumbs Garden Club a season by season slide presentation of her own garden where she has created extended color

interest by carefully integrating bulbs, perennials, and annuals. Ms. Cleveland will also give the garden club some helpful suggestions on how to achieve the maximum length of bloom from each of the plants.

The meeting will be held at the Barrington Area Library, 505 Northwest Highway on Monday, March 16 at 12:30 PM and will include a business meeting before the program. Guests interested in membership in the Green Thumbs Garden Club are welcome. For more information, call 847-381-5358.

Spring Wreaths

Now, as the cusp of spring approaches, choosing your favorite season is no longer an issue. Invite a breath of spring into your home with a vibrant floral wreath. At **Silk 'n Things** in Barrington, you can select a ready made wreath or have one designed for you at 20% off.

See the innovative designs using grape vine combined with flowers and greens as a valance, swag or a mantel-scape. If it is a question of color, bring a swatch of your draperies or a paint color sample. The design staff will be delighted to work with you. The selection of



silk flowers is spectacular. Abundant choices include lily of the valley, daisies, pansies, hydrangeas, daffodils, tulips, apple blossoms, snowballs, queen Anne's lace and more. Select vivid hues or sorbet colors.

Bring in that collectible or heirloom and let the designers work their magic.

Silk 'n Things has a good selection of Easter bunnies (stuffed and whimsically outfitted), ceramic bunnies and eggs of all shapes and sizes to decorate your Easter tree. This year they have some exquisitely hand painted eggs. Ask about the April floral design classes.

Good Shepherd Hospital Receives Award of Merit



L to R: retiring Chamber of Commerce Chair, Shirley Gross-Moore; Russell Feurer, Chief Executive, Good Shepherd Hospital (recipient of Award of Merit); and James Dugan, incoming chair.

The Barrington Area Chamber of Commerce's highest honor, the Award of Merit, was given to Good Shepherd Hospital-Advocate for its nineteen years of community service and contributions to the Barrington Area. Most recently the hospital served as a sponsor of the Healthier Community Project of the Barrington Area whose mission is to bring together individuals and groups whose

work will enhance the quality of life within the community. The Chamber of Commerce has been a supporter of this effort.

Also honored at the annual presentation dinner, held in January, were retiring Chamber of Commerce chair Shirley Gross-Moore (Barrington Dodge) and Richard Hammes (Hammes and Associates), who was named 1997 Ambassador of the Year.

Barrington Suzuki Concert

The Barrington Suzuki Strings Young Performers Concert will be held on Sunday, March 15th at the Barrington Library at 3:00 P.M.. This concert will feature soloists

and small groups of musicians performing classical music on various instruments. For more information about this free concert contact the Suzuki School at 847-382-7517.

Portraits By

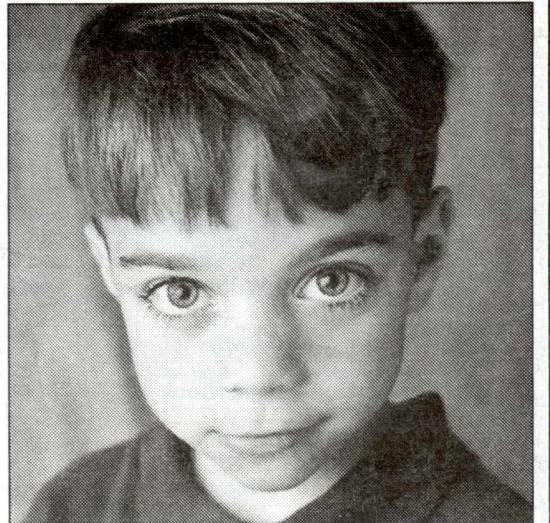
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Winter Children's Special

Save \$50 off our regular creation fee.
Limited sessions available through March 31st

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Enjoy a
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for \$30
(reg. \$35)**

Aveda pure plant products and services for hair, skin, body and lifestyle. A complete collection of personal care products with the benefits of pure flower and plant essences. A unique approach to personal style that celebrates the individual. An innovative way of looking at beauty. That's Aveda—pure and effective.

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photography ◆ antique cars & planes ◆ rare collectables

O'Connell's International Art Team Expands

A raging river surges over its banks and an art storage warehouse is invaded by mud, debris and floodwaters. A museum print disappears into thin air. Vandals damage a one-of-a-kind outdoor artwork on a private estate. An experienced American collector thinks he's come across a rare European masterpiece, but really needs to confirm its authenticity before spending millions.

These are the typical calls for help fielded by **O'Connell International Arts (OIA)** as the appetite for public and private collecting increases. To meet the demand for expert help in handling the careful documentation and patient management of each case, **O'Connell** has just added to his professional staff.

Kris G. Hitchens, a multi-line adjuster, has been with **O'Connell** for the past three years. Her experience has taken her across the U.S. and to England and France, submitting case studies on the lucrative sale of fine art salvage and on intricacies of settlement issues that relate to private collectors, corporations, estates, museums and the insurance industry. She came to **O'Connell** from The Chubb Group, a leading insurer of fine arts. Hitchens worked to adjust the consequences of Hurricane Andrew, Atlanta ice storms, the Northridge Earthquake and several major Midwestern floods. With experience on hundreds of claims



Robert O'Connell III, founder and CEO of OIA, looks for hairline seams on an ancient architectural detail. The piece was once a small heap of fragments, but now can be returned as an intriguing art object to the collector. L to R, O'Connell with Candace Fehrenbacher, administrator of OIA; Caelan Mys and Milton Boepe, fine arts adjusters.

handled by a "Catastrophe Team," Hitchens is also expert at the evaluation of private and commercial collections for their security status and insurance value.

Caelan Mys is a fine arts adjuster, now working at **OIA** in claims administration and loss control. She assists in research specific to provenance, authenticity and theft. In addition, Mys is working toward her Ph.D. in art history. She will present her paper on "Revelry and Rivalry: Saintry Competition in 13th Century English Manuscripts" at the 33rd International Medieval Congress in May. She is a member of the Historians of British Art, with five

First Marking Period—a Time for Reflection

The end of the first marking period is the perfect time for parent and child alike to take stock of academic performance for the new school year.

The past nine weeks have been a time of tremendous change and adjustment for your child. Summer vacation is over. The days are getting shorter. It is a time of new faces, new classes and new challenges.

For many students, the challenges of the new school year can be overwhelming. This is often reflected in the first report card of the new year. If you are unhappy with your child's report card, Dr. Raymond J. Huntington, founder and president of **Huntington Learning Center**, offers the following suggestions:

- 1) "Help your child get back in a *school mindset*. Make sure there is a set time for homework each night and a quiet place to study."
- 2) "Communicate your expectations to your child. Let your child know that you care about his or her schoolwork and you expect an effort to be made."
- 3) "Be sure to attend back to school nights. Meet your child's teachers and

learn firsthand the subject matter, upcoming assignments and their assessments of your child's work."

For some students, the problems of the new school year are a continuation of last year's problem. In this case, says Dr. Huntington, "Don't get mad, get help."

A tutoring program, such as **The Huntington Learning Center**, can help turn your child's grades around.

The Huntington Learning Center is a nationally recognized leader in the field of education, having helped hundreds of thousands of children improve their basic skills through remedial and enrichment programs. A thorough diagnostic evaluation can pinpoint a student's strengths and weaknesses. Education professionals at **The Huntington Learning Center** will develop an individualized program tailored to your child's needs.

Parents, who would like additional information, or who are concerned about a specific aspect of their child's academic performance, are encouraged to call **The Huntington Learning Center** in Barrington at (847) 382-3655.

New Officers Installed to Lead BACC



The installation of new officers highlighted an evening gathering at Watercress Banquets January 27 that brought together 170 Barrington Area Chamber of Commerce members for the annual Awards Night and Installation Dinner.

New officers are (left to right): James Dugan (State Farm Insurance) who will

serve as chairman; Tom Werner (Harris Bank Barrington) (not shown) and Kathleen Madden (Strategic Partnerships, Inc.) who will serve as vice chairs; Lawrence Irwin (The Burton Group) who will serve as treasurer. Carol Beese will continue as president of the organization.

years of museum experience, working with curators of Ancient, Renaissance, Baroque, 19th Century and Modern Art. She understands museum standards of art handling, storage and condition reporting, as well as the dialog that must exist between museums and their publics. Mys has studied and lived in Western Ireland, researched in the Lincolnshire area of the United Kingdom and traveled throughout Europe.

Milton Boepe is also a fine arts adjuster, responsible for West Coast and Midwest contacts, and assisting artists, collectors, galleries and museums on a national and international basis. Milton has gallery experience that exposed him to the endless variety of artworks and the wide range of problem areas that can affect or destroy

collections. Multi-media forms of sculpture, painting, photography, works on paper, and electronics all are at risk during installation, packing, shipping, transportation, and unpacking. Boepe helped create a permanent sculpture garden on the West Coast, and experienced fundraising, insurance and maintenance issues related to the semi-public site. Boepe has traveled to the Middle East and Mexico, is studying German as a second language and often relies on his family background, which includes generations of artists.

O'Connell International Arts, Inc. is located in the heart of Chicago's Gallery District at 445 West Erie Street, Suite 207. For more information, call 312-573-9000.

Gift Box Boutique Extravaganza Mar. 12

February is now behind us and we optimists are looking for the coming of spring. Well, your search is over because on March 12, you will find every sign of spring at **Gift Box Boutique**.

The excitement of the season will arrive in Palatine on Thursday, March 12. From 10 AM to 8 PM, the crystal room of the Watercress Banquets, 1200 W. Northwest Highway, will be transformed into a springtime shopping extravaganza.

Gift Box Boutique will be a treasure trove of exceptional hand-crafted original designs that you will love. There will be flowers of all sorts, dried and silk arrange-

ments, wreaths and even flowers made into lamps.

Even more tempting will be a collection of soups, salsa, fireside coffee, handmade English toffee and molded chocolate bunnies.

Of course, we will have our favorites; a children's section including American girl doll clothes and accessories; hairbows, jewelry and vests for women; personalized hand-painted note cards and beautiful quilled pictures.

It's all just around the corner, St. Patrick's Day, Easter and spring. Remember spring at **Gift Box Boutique** on March 12.

A Special Sewing Event

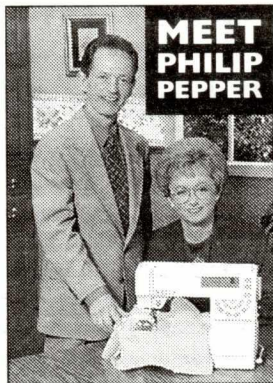
You've seen him on TV. You've read his column. Now **LINDA Z's**, 1030 E. Central Road in Arlington Heights, is proud to present innovative sewing expert Philip Pepper in person, demonstrating specialty sewing techniques that can be done on almost any sewing machine. No matter what make or model sewing machine you own, you can learn how to do cut work, twin needle work, freehand machine quilting, wing needle work, bobbin work and "sew" much more.

On Thursday, March 26, 1998, there will be a Lecture and Demonstration from 1 to 4 P.M. and again from 6 to 9 P.M.

On Friday, March 27, and Saturday, March 28, from 9 A.M. to 4 P.M. there will be Hands on Seminars.

The fee of \$75 entitles you to attend one of the Lecture Demonstrations and one of the Hands-on Seminars. Please register early as space is limited.

Come on in to **LINDA Z's** and be a part



Creative Sewing Specialist Philip Pepper and Consultant Linnette Whicker from LINDA Z's introduce you to a whole new world of creative possibilities on the PFAFF Creative 7570.

of this great event! Learn to **use** and **love** all the simple, fun extras of sewing! Call **847-394-4590** to register today!

Kelly Services as Your 1st Choice Employer

One of the surprising labor market developments of the past few years has been the rising number of workers who pick **Kelly Services**, as well as other high quality temporary staffing companies, as their employer of choice. While the reasons for this development vary, they can be classified into three main categories:

Flexibility

The National Association of Temporary and Staffing Services notes that more than 76 percent of those surveyed with part-time jobs DO NOT want full-time work. Many part-time workers, including college students, "empty nesters," working spouses, and some retirees, need and/or enjoy the additional free time for classes, studying, time spent with families, or for travel.

The desire for workplace flexibility also attracts people to "temporary" employment. Our research at **Kelly Services** suggests that roughly 40 percent of our regular Kelly workforce prefer the flexibility associated with "temp" work. Their reasons for wanting flexibility are similar to those of part-time workers.

Variety

Many people who make "temp" employment their "1st choice" do so because they enjoy the opportunities and excitement of regularly facing new employment situations. They enjoy meeting and interacting with new people, taking on fresh challenges, and having the opportunity to excel in different working environments.

Experience

A rising number of college graduates are increasingly looking to **Kelly Services** as their "1st choice" employer. Many of these graduates are somewhat "clueless" as to what is actually done by different types of employers. Many graduates are also unclear as to what they themselves really want to accomplish in the workplace. Temporary jobs can provide experience in a variety of employment sectors, allowing individuals to sort out what jobs, or fields, are... and are not... attractive to them. Not surprisingly, many of these graduates eventually get hired permanently by their "temporary" employers.

In Addition

Tight labor markets experienced during the past few years in the U.S. have increased the opportunities for working people who prefer "temp" or part-time employment. With the nation's unemployment rate at or near a 24-year low of 4.8% in recent months, working people generally have more bargaining clout than in prior years. For example, the current severe shortage of skilled laborers gives many workers more leeway to voice their employment preferences. This can mean greater "temp" and part-time employment flexibility for many people, a new reality not likely to change any time soon.

To inquire about immediate opportunities with **Kelly Services** please call **(847) 402-3446**.

GIFT BOX BOUTIQUE



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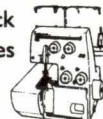
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Last Chance!

There are still a few slots open for this year's
"Cute Kid Portrait Contest"



March 2-April 14th
Three Age Categories
3-6 7-10 11-14

"Great deals come
and go, and this
one's almost gone!"

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"Pearls On Velvet" Theme for BCLO Celebration

"Pearls On Velvet" will be the theme for Barrington Chapter of Lyric Opera of Chicago's 30th anniversary celebration to be held at Medinah Country Club on Saturday, May 30. The elegant evening to benefit Lyric Opera Center for American Artists will include silent and live auctions, dinner, dancing and entertainment by the Lyric Opera Center for American Artists. For information, please phone 847-359-1678.

Pictured are gala committee member Ruth Kern and Frank Kopesdy, Barrington. Mr. Kopesdy, owner of F. K. Jewelers located in the Foundry in Barrington, is very generously donating beautiful pearl jewelry for the live auction to benefit Lyric Opera of Chicago.



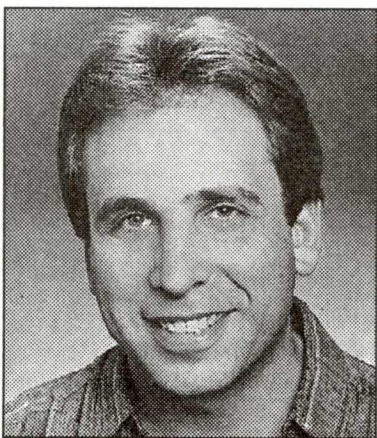
Look for more information in next month's *Lifestyles*.

BWC Luncheon March 18

The Barrington Woman's Club luncheon and general meeting will be held Wednesday, March 18, at the Inverness Country Club on Roselle Road. Stage performer, singer and cantor, Stewart Figa will present his "Vignette of Yiddish Music and Theater."

Stewart Figa grew up in Skokie, was graduated from Northwestern University's Theater Department and has performed locally at the Goodman, Wisdom Bridge, Marriott's Lincolnshire Theaters and at Woodstock Opera House, as well as toured in the U.S. His multifaceted performance will present and interpret a wide variety of Yiddish songs popular between the world wars, a time Figa celebrates as the "golden era." Figa claims, "The music is so rich and so wonderful, so full."

A social hour begins at 11:00 a.m. with music by Lee Bassett. Members are re-



Stewart Figa will entertain
at the BWC Luncheon.

quested to make reservations by calling Judy Pasas at 381-4087 by March 13.

Art Auction Benefit

The Hawthorn Woods Womens' Club invites the community to its annual Art Exhibition and Fund Raising Auction conducted by the Regency fine Art of Atlanta, on Saturday March 7, 1998 at 7:30 PM. The event is held at the Hawthorn Woods Barn, 2 Lagoon Drive, Hawthorn Woods. The cost is \$5 per person at the door. Fine wine, cham-

pagne and beer will be available for purchase. Complimentary gourmet desserts and complete espresso bar will be offered during the auction. Art work in all media and price ranges will be offered. The artwork is unconditionally guaranteed and carries a 15-year exchange privilege. All proceeds will be donated to Lake County Charities



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It's a legitimate question when people ask how we're different from the rest of the many portrait studios. Of course, that is best explained by simply visiting us sometime. But shy of doing that, our studio has really kept up with the demands of the marketplace, yet keeping our work timeless and classic. Do you want something really different? How about a beautiful black and white portrait with a touch of hand-colorizing... or how about a black and white portrait actually printed on expensive linen fabric? Wait till you see some of the one-of-a-kind new backgrounds that were recently hand painted,

or some of the new wardrobes we've had created just for children. You still have a chance to take advantage of our **once-a-year children's special. But call now!** There are a limited amount of time slots left. Take advantage of our **"Better Than Money Back Guarantee."** If you don't love your portraits, you get **your money back plus \$5 bucks.**

"The portraits of my girls are so artistic that people think they might be paintings. As we enjoy them through the years, we know they will truly appreciate in value. To merely say thank you seems inadequate." Mark & Marcia Doherty

BAAC Awards 1998 Arts Boost Grants

The Barrington Area Arts Council (BAAC) and the Illinois Arts Council, a state agency, are pleased to announce the recipients of the 1998 Art Boost Grants. This year BAAC matched a \$7,290 Arts Development from the Illinois Arts Council with \$4,410 to award Art Boost Grants totaling \$11,700. Eligible applicants are nonprofit organizations proposing arts related projects located in Barrington and its seven villages as well as East and West Dundee and all of McHenry County. A "project" is defined as an arts activity, program, artist in residence, event or series of events. Sixteen groups submitted grant applications and collectively requested funds totaling \$25,861. A qualified panel of professionals associated with the arts reviewed and evaluated each grant application under the criteria established by Arts Boost guidelines.

Thirteen grants were awarded to the following institutions and organizations: 1) Adult & Child Rehabilitation Center for McHenry County, "Summer Program Spectacular," Ages 5-15, \$870; 2) Barrington High School Fine Arts Department, Artistic & historical presentation by the Madrigal Choir, \$1,500; 3) Cary Community Theatre, Dinner Theatre production of "A Celebration" & other major theatre productions; \$850; 4) Community Action Agency of McHenry County, "Music and Me" program which provides music therapy, \$600; 5) Countryside PTO, Zephyr Dance Ensemble performance & workshop, \$640; 6) Illinois Storytelling

Festival, Storytelling Teams brought into schools (Woodstock, Harvard, & McHenry) to create stories of children with grandparents; \$930; 7) McHenry County Youth Orchestra & Community Arts Center, Introduce MYCO and Children's Choir to new audiences; \$930; 8) Northern Illinois Special Recreation Association (NISRA), Funding for "Art for All," an art program for teens with disabilities and who are at risk, \$1,350; 9) Northwest Area Arts Council, Coordination of education portion of the "Vivaldi Project" for grades 6-8 in McHenry County Schools (partnership), \$890; 10) Pioneer Center of McHenry County, Pioneer Community Players performance of "A Talent Show" for the general public, \$700; 11) Pioneer Center of McHenry County, Art field trips to introduce participants to artistic culture and diversity - (local & Chicago), \$1,000; 12) Pioneer Center of McHenry County, Redevelopment or development of musical talent for people challenged with mental illness, \$660; and 13) Tom Thumb Community Child Care Center, Expand music curriculum with children, parents and community via instruction, concert and choir, \$780.

Arts Boost (an arts development program established by the Barrington Area Arts Council in 1984 to encourage nonprofit organizations to be creative in planning their projects and broaden community access to arts activities) is dedicated to funding innovative arts related projects that reach new and underserved audiences.

"Start Smart—How to Fix Your Soil"

Field & Flower Garden Club welcomes the public to a presentation on soils in the garden, March 4, 1998. Making a world of difference in your garden by creating the correct soil mixture will be presented by Jeanette Muench, the garden club's President. Jeanette is the GCI Life membership chair on the Landscape Design Critics Council and an experienced Environmen-

tal Consultant. The program promises to make all who attend knowledgeable in preparing their soil for various garden plantings. A slide show of members' gardens will accompany the presentation. This program is open to the public. We'd love to see you there. It will be hosted at the Barrington Area Library, 505 Northwest Highway, March 4, 1998 at 7:30 PM.

Lenten Services

Lenten Services offered by Lutheran Church of the Atonement are as follows: March 4, "Love, The Greatest of These"; March 11, "Joy, More than Happiness"; March 18, "Peace, The Blessing of Well-Being"; March 25, "Patience, the

Generosity of Grace"; April 1, "Kindness, The Fruit of Love."

All services will be held at Lutheran Church of the Atonement, 909 E. Main St., Barrington at 7:15 PM. Call 381-0243 for more information.

Chers Amis ...

March is a very special month for us at **D & J Bistro**... this is when we prepare our annual "Couscous Buffet Dinner." It is special because we are the only ones in the whole Chicago area to prepare a true North African "couscous!" For the many of our readers who aren't familiar with "couscous" (the dish), here I go... Originally only to be found in the North African countries, this non-fat, no-starch staple has made its way to France through the channels of colonization. As the "colonized" countries became independent, numerous French "settlers" came back to France bringing along parts of the culinary culture with them. "Couscous" (this dish) consists of lamb, beef, chicken, merguezes (small lamb/beef sausages),

cooked separately in a vegetable cummin broth and accompanied by 10 different vegetables, chix peas and of course... "Couscous" (the grain that gave its name to the dish). It is nowadays very popular throughout France and rightly so. It is remarkably delicious. Here at **D & J Bistro**, we will first bring to your table an appetizer of seafood salade Mediterranean style... then you'll walk up to the buffet where we will "build-up" your plate as many times as you wish—and, at last, we will serve you dessert (individual assortment) at your table. So please don't settle for the known and usual; make Sunday, March 8, the day you ventured into **D & J Bistro's** culinary exploits...! Call **847-438-8001** for more info and reservations.

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ergies to our clients and taking pride in all we do, to take the work and worry out of your service needs.

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What's for Dinner...

Okay, so Oprah has her own personal chef, Rosie, and you wish you had one, too? Now, YOU CAN! Meet **Klaudia Crawford**, owner and executive chef of **Culinary Creations, Inc.**, a new personal chef service for you and your family.

Once a luxury afforded only to celebrities and business tycoons, **Culinary Creations** is an affordable personalized chef service for families of many income levels. A personal chef is a combination of fairy Godmother and Cinderella. Chef

Klaudia will visit with you and design a menu, according to your needs. She comes to your home in one afternoon to prepare the meals, packages them for the refrigerator or freezer and magically CLEANS UP your kitchen, leaving it as spotless as when she arrived.

How's that for a great way to free up some time for you and your family? Klaudia would love to talk with you about a special introductory offer. Just call **847/210-4053**. *Bon appetit!*

Barrington Lyric's Chapter Chorus Takes the Fifth



Practicing for the Barrington Chapter Chorus performance to be presented at 7 PM on Friday, March 6 at the Presbyterian Church of Barrington are, from left Anne Gross, Inverness; Bonnie Westphal, Hoffman Estates; Dorothy Gabbei, Arlington Hgts.; and Kaye Verner, Barrington.


For the fifth year the Barrington Chapter of Lyric Opera of Chicago members and other voices from the greater Barrington area will perform at 7:00 p.m. on Friday, March 6 at the Presbyterian Church of Barrington in Barrington Hills. Under the direction of Jim Gibson, Buffalo Grove, the repertoire will include choruses from operas of the current season, as well as

some Broadway tunes. Some of the selections will be from *The Pearl Fishers*, *La Boheme*, and *Nabucco*. Cole Porter melodies will include 'Brush Up Your Shakespeare' and 'Did you Eveh?' The program will conclude with an audience sing-a-long of Frank Sinatra favorites.

Following the program, a lavish sweet table will be presented by hostesses Bar-



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***Sunday, March 22**
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D.A.R. to Meet March 17

Signal Hill Chapter, National Society Daughters of the American Revolution will meet March 17 at the Barrington Area Library, Meeting Room B, 1st floor at 12:30 P.M.

The program "Relatively Speaking" will be presented by our own Chapter members. All members are requested to give a brief highlight of a favorite ancestor or share an interesting experience from their

family genealogy.

Refreshments will be served by Kay Jones, Henrietta Hooker, Ann Merrill and Mila Tomcyk. Any woman is eligible for membership who is not less than 18 years of age and is descended from a man or woman who served or gave material aid to the cause of American independence. For membership information, please call Susan Wachter, 847-639-4021.

bara Keegan, Schaumburg, and Bonnie Westphal, Hoffman Estates. Assisting Barbara and Bonnie are Nancy Hozian and Jean Watson, Kildeer.

The program is free. Please phone reservations to Jocelyn Murray (847)

359-1678.

For inquiries on the Barrington Chapter (228 members and still growing), please phone Maribeth Totten (847) 202-1753. To share rides, call Evelyn Hammond (847) 359-3545.

Happenings!

in the area

BAAC Gallery Exhibit "Emerging Artists"

The Barrington Area Arts Council (BAAC) announces the opening of the BAAC Gallery March Exhibit, "Emerging Artists," on March 6, 1998. The exhibit features original two- and three-dimensional work by five artists from the Chicago-land area. The theme of the show revolves around "developing artists who are breaking out of anonymity and standing on the edge of discovery."

Chris Eichenseer, a resident of Chicago, IL is a graduate of the University of Illinois, Urbana campus, with a Bachelor of Fine Arts in Photography. At present he is a free-lance assistant photographer.

Eichenseer's recent work, photographs/box constructions, attempts to revive one of history's lesser-known heroes, Floyd Apollo Emerson, a descendant from six generations of European mapmakers. Mr. Emerson grew up understanding that mapmakers were no longer needed simply because there was no place left to go.

Jessica Brown, Tyrone Nelson, Paige Spangler and Brian Wane are graduates of Barrington High School, classes of 1992 and 1993.

Jessica Brown resides in Park Ridge, IL and received a Bachelor of Fine Arts from the University of Wisconsin in Madison, WI Ms. Brown was the recipient of the BAAC/Fuerstein Scholarship in 1993. This award is presented to the Barrington High School graduating senior who excels in the visual arts. Ms. Brown will be exhibiting mixed media figurative drawings rendered in an abstract expressionistic style. "Experimenting with a new style of abstract expression is a departure from my traditional realistic style in the past," states Ms. Brown.

Tyrone Nelson, a resident of Chicago, IL is working on a Bachelor of Fine Arts at The School of the Art Institute, Chicago, IL. Mr. Nelson's constructed sculptures of steel and clay reflect his experiences growing up and his work repairing water towers. "I was born in Chicago and raised



Horizon by Brian Wane

on the industrial south side. As a child I was always making mud pies, finding objects... I've always been fond of using my hands and exploring materials."

Paige Spangler received a Bachelor of Fine Arts from the Maryland Institute, College of Art. She now resides in Barrington, IL. Ms. Spangler's art skills are varied from bookbinding to sculpture. This versatility of media in Ms. Spangler's work is displayed in the multiple exposure photographs, mixed media collages and handmade paper/mixed media books on exhibit.

Brian Wane, a graduate of the Maryland Institute, College of Art now resides in New York City and is working on a graduate degree at Parsons School of Design. Mr. Wane has worked in a variety of media including interactive design. The body of work which he will exhibit is impressionistic in style and features large figurative oils on canvas. "My paintings revolve thematically around looking at relationships directly and indirectly after they have ceased to be healthy." The works "are about isolation, voyeurism and intimacy."

The Barrington Area Arts Council invites the public to attend a Preview Opening and Artists Reception on Friday evening, March 6 from 7 to 9 p.m. at the BAAC Gallery, 207 Park Avenue, Barrington, IL.

"Artist Within" Focus for Luncheon

An "Artist Within" luncheon is being planned by the Northwest Suburban Christian Women's Club. Everyone is invited to the luncheon on March 12, 1998. Jan Busse, an award winning artist, teacher and design consultant will show us samples of what you can create at the Renaissance Fine Arts Center located in Lake Zurich.

Special music will be performed by talented Carolyn Mathewson.

Donna Heinbaugh will talk about her

victory over fear and living with ongoing problems.

The luncheon will be held on Thursday, March 12, 1998 from 12:00-2:00 P.M. at Concorde Banquets on Rand Rd. (just north of Quentin) in Kildeer. The cost is \$10 and there is free baby-sitting for preschoolers. Please call for directions.

Please call Gail 847-438-8197 or Diane 705-9338 no later than March 9 for reservations.

Women's Club of Inverness to Host Spring Fashion Show



Making plans for the annual Women's Club of Inverness Spring Fashion Show to be held on April 17, 1998 at the Hyatt Woodfield are (L to R) Joy Jelinek, President of Women's Club of Inverness; Denise Long, Chairwoman of the Spring Fashion Show; Raisa Bratkiv, Co-chair of the Fashion Show; and Carol Parke, Chairwoman of Ad Book for Fashion Show.

"Helping Wishes Come True" will be the theme of the Women's Club of Inverness Spring Fashion Show and Luncheon, held at the Hyatt Regency Woodfield, 1800 E. Golf Road, Schaumburg, on April 17, 1998. This annual spring event begins with a gift boutique at 11:00 A.M., luncheon begins at 12:30 P.M., and the fashion show at 1:30 P.M. The fabulous fashions are once again provided by Saks of Oak Brook. Tickets are \$45 per person and are available by calling 847-991-3136.

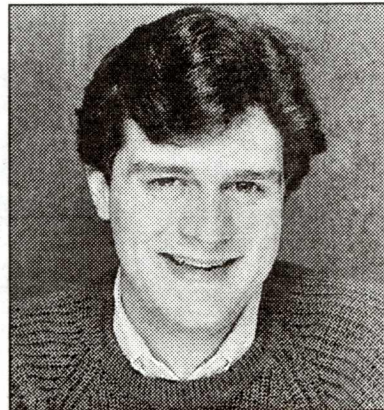
This spring social event is the principal fundraiser for the Women's Club of Inverness.

Proceeds from the show benefit many local philanthropies, such as Girls Hope, Shelter, Children's Advocacy Center, and the Palatine Township Needy Family Fund, as well as providing for college scholarships for area students. Denise Long, Chairwoman, and Raisa Bratkiv, Co-chair, will spend many hours in preparation for this annual benefit. The Women's Club of Inverness invites you to join us for this truly enjoyable afternoon while helping to raise money for these worthy causes in our community, Friday, April 17, 1998 at the Woodfield Hyatt.

Opera in the Making

At 2:00 p.m. on Friday, April 3, in a lovely North Barrington residence, Philip Seward, coordinator of events and publications for the education department at Lyric Opera of Chicago, will present an inside view of *Opera in the Making* from the composer's view point. Accompanied on the piano by Mr. Seward, soprano Pat Steed, Schaumburg, will sing selected songs from operas written by Seward. Some of these will be from 'Spreading the News' and 'High Fidelity'. The highlight of the afternoon will feature Patricia who will sing 'Psalm No. 8'. The 8th Psalm was the favorite Psalm of Miss Ardis Krainik, former general director of Lyric Opera of Chicago, who died last year. The Lyric Opera Chapters' Executive Board commissioned Mr. Seward to compose the music for this Psalm. It was first performed at last spring's all-chapters' luncheon at the Ritz Carlton in Chicago. Barrington Lyric is privileged to perform this work.

Following the program, the new board of directors will be introduced and a lavish sweet table will be presented by hostesses Barbara Keegan, Schaumburg,



Philip Seward will provide an inside view of *Opera in the Making*.

and Bonnie Westphal, Hoffman Estates.

Members \$10. Guest \$15. Please phone reservations by March 27 to Jocelyn Murray (847) 359-1678.

For inquiries on the Barrington Chapter (228 members and still growing), please phone Maribeth Totten (847) 202-1753. To share rides, Evelyn Hammond (847) 359-3545.

Murder Mystery Dinner Party

On Saturday, April 4, **Fritzl's Country Inn Restaurant and Bar** in Lake Zurich will be hosting a great night of fun and wonderful food.

The Tschurtz Family is planning an evening of hilarity, when murder occurs during dinner and the guests are called upon to solve the crime.

Lt. Frank Clodumbo and his beautiful assistant Sylka Stalker supplied by *A Party to Murder Productions* will be quizzing the guests to unravel the mystery.

Guests will enjoy a cash bar, a complete dinner of rolls, soup, salad and all you can eat baked chicken, roast sirloin of pork, sauerbraten, spaetzle, red cabbage and seasonal mixed polonaise vegetables. Topping off the meal will be Colombian

coffee and warm apple strudel. Cocktails at 6:30 p.m.; dinner at 7:00 p.m. All seating is non-smoking.

Cost for dinner and show is \$39.95 per person. Tickets must be purchased in advance. Call **Fritzl's** at (847) 540-8844 for your reservations.

It's not too early to call for reservations for Easter Sunday.

Regular Dinner hours at **Fritzl's**: Tuesday-Saturday 4-10 p.m.; Sunday Noon-9 p.m.

And remember, **Fritzl's** elegant banquet facilities accommodate up to 150 people.

The facilities are perfect for weddings, rehearsal dinners, wedding showers, and anniversaries.

Fritzl's has the friendliest staff in town!

New Sunday Brunch at The Ocean Ranch

The Ocean Ranch is now offering Sunday Brunch from 10:30 - 2:30 PM. Enjoy all your favorite Brunch dishes. Join us and enjoy our nightly specials! *Tuesday*—Prime Rib—\$12.95, *Wednesday*—All You Can Eat! Fried Chicken—\$7.95, *Thursday*—All You Can Eat! BBQ Ribs—\$13.95, and *Friday*—All You Can Eat! Fish Fry—\$9.95. Children's Menu is available. We are participants in Entertainment Book '98.

The Ocean Ranch is the perfect place for your wedding rehearsal, corporate or association meetings, bridal/baby showers, or for lunch or dinner. Our Private Dining Rooms are available for groups of 25 to as many as 80. Choose any of our enticing and delicious entrees such as our house specialty, Prime Rib (all steaks cut daily) or any of our fresh seafood, veal, chicken or pasta items from our restaurant menu. Call us for more



information about reserving your Private Dining Room.

(Please continue on page 44)

Weddings Bar and Bat Mitzvahs Showers Anniversaries



For those special times in your life, whatever the occasion, the **Rosewood** will give your celebration that special touch and a memory that lasts forever.

Our richly decorated banquet rooms can accommodate intimate rehearsal dinners or bridal showers for 50, or a more lavish reception for 300.

We work hard to provide an elegant, comfortable atmosphere, where unforgettable memories are created, enticing entrees are offered and excellent service

is provided.

Choose delicious prime steak, fresh seafood, veal or pasta from our restaurant menu.

Let our professional staff make your dreams come true.

One of our professional banquet coordinators is present at all times, so you can be a guest at your own party.

Our convenient location near all major expressways makes the **Rosewood** an excellent choice for any upcoming special occasion.

MURDER MYSTERY DINNER PARTY

Help Lt. Frank Clodumbo and his beautiful assistant Sylka Stalker solve the crime!

Sat., April 4th

Cocktails 6:30; Dinner 7:00

An evening of hilarity, when murder occurs during dinner. Guests are called upon to solve the crime.

Great Food! Great Fun!

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Hours: Tue., Wed., Fri., Sat. 10-5; Thu. 10-7; Closed Sun. & Mon.

Vera Trunk Show... Just in Time for Easter!

No event is more popular than the Vera Bradley Trunk Show held each spring at **Cheryl's Victorian Closet**.

This special event will present all of the new styles in fashionable luggage, handbags, and accessories. Of course, the latest in Vera Bradley fashions for women and children will also be premiered at this event, along with special discounts on all Vera Bradley items.

Cheryl's Victorian Closet has one of the most extensive collections of Vera Bradley in the area. And now, you and your friends can take part in this exclusive program and meet first hand with a representative of Vera Bradley. Our beautiful Victorian sweet table will be another highlight of the day.

Interested in seeing the new styles? Looking for a discontinued item? Whatever your reason, mark your calendar now for March 9, noon - 4pm, for an afternoon of fun filled specials.



Cheryl's Victorian Closet is located just one block off Main Street on High Road in downtown Cary. Hours are: Tuesday, Wednesday, Friday, and Saturday from 10am to 5pm and Thursday from 10am to 7pm. **Cheryl's Victorian Closet**, the best women's fashion has to offer at reasonable prices.

Health



Advocate

Health & Wellness Programs • March

Diabetes Management in the '90s

Saturday, March 14, 10 a.m. to 12 p.m.—FREE

Join Fred Berlinger, M.D., an endocrinologist on Good Shepherd's Medical Staff for a discussion of "What's in, What's Out, and What's New?" in the management of diabetes.

Tai Chi

Wednesdays, March 25 - May 20, 7 to 8:30 p.m.—\$100

This ancient form of Chinese exercise features a formalized series of movements designed to elicit a relaxed, mindful state.

CPR

Saturday, March 5, 6 to 10 p.m.—\$25

This one-session class utilizes the American Heart Association's basic CPR life-support techniques.

Infant/Child CPR & Safety

Saturday, March 14 or 28, 8 a.m. to 12 p.m.—\$25

Individuals who complete this four-hour course will be certified in infant and child CPR. Taught by certified American Heart Association instructors, the course includes CPR practice techniques and a discussion of infant and child safety.

Safe Sitter Baby-sitting Class

Saturday & Sunday, March 28 & 29, 9 a.m. to 3 p.m.—\$50

This nationally recognized two-day course is offered to children ages 11 to 13. Course content includes the business of baby-sitting, child development, handling emergencies and rescue breathing.

Coming in April...

Freedom from Smoking Class, Diabetes Medications Class, Managing Stress, Anger and Anxiety Workshops, Depression Workshop, Senior Yoga and more! Call for dates and times.

To register for any of Good Shepherd's Health & Wellness Programs, call HealthAdvisor at 1-800-323-8622.

Good Shepherd Hospital

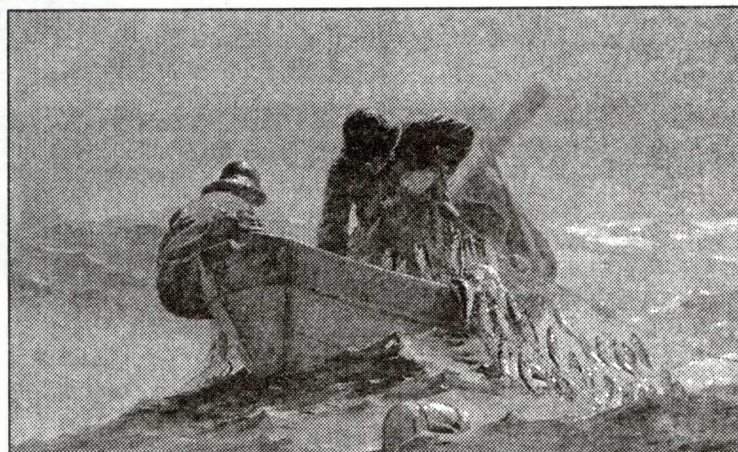


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Winslow Homer's Work Subject of Lecture



Winslow Homer, *The Herring Net*. 1885. The Art Institute of Chicago.

"Sea Breezes" is the title of Art Institute Lecturer Mary Sue Glosser's presentation for the Barrington Community Associates' Chicago trip on Thursday, April 2. The highly rated slide lecture defines artist Winslow Homer's work.

Homer (1836-1910) was born in Boston and died in Prout's Neck, Maine, having spent two years living in Tynemouth, a little fishing port in England. His most famous paintings and watercolors are tumultuous, realistic scenes of seascapes evoking the life of sailors. His compositions

had a certain degree of pathos, often presenting man's fight against the elements.

Another subject for Homer was rural genre scenes. He had the skill of capturing the movement and luminosity of the sky in Maine. His works show the influence of Japanese prints.

After the lecture, participants will be bussed to the Fairmont Hotel for lunch.

The cost of the day is \$45 for members and \$55 for nonmembers. Reservations are due March 15. Please phone Genny Ellefson at (847) 381-5228.

BAAC Theatre Presents *The Fourth Wall*

The Barrington Area Arts Council (BAAC) invites everyone to attend Theatre at the Gallery's production of A. R. Gurney's *The Fourth Wall*, a comedy about a woman who centers her whole life around the idea of the theatrical "fourth wall."

The play is directed by Amy Burkinshaw of Carpentersville, IL. The talented cast includes; Rich Burkinshaw, Carpentersville, IL, as Roger; Francine Locke of Arlington Heights, IL, as Julie; Jeffrey Hoyt of Gelndale Heights, IL, as Floyd and Eileen Smith of Barrington, IL, as Peggy.

BAAC's Theatre program is coordinated by Susan Schaefer. "*The Fourth Wall* was selected," comments Ms. Schaefer, "because I like A. R. Gurney's work. When I

read the synopsis, being from a theatre background, it seemed to be the perfect choice. I wanted to do a comedy. It's very funny! With the space limitation of the gallery, it seemed a perfect fit. After sitting in on auditions and a rehearsal, its very witty, fast paced and well-written."

The play will be presented on Friday, March 13 and Saturday, March 14 at 7:30 p.m. and Sunday, March 15 at 2:00 p.m. Performances will be at the BAAC Gallery, 207 Park Avenue in Barrington.

Tickets are on sale at the BAAC Gallery or by phone 847-382-5626. Tickets are \$8 for BAAC members and \$12 for nonmembers. Visa and Mastercard are accepted. Seating is limited and it is recommended that tickets be purchased in advance.

Spring Fever

Just as frost warms to dew, and trees fill with buds, you can bring new life indoors with a burst of brilliant color or soft delicate hues to create a "fresh look for spring."

Whether you need accessories, great

window treatments or total room design, let Holly Hagen and Sharon DeFrancesco, owners of **For Your Interiors**, help you achieve the home of your dreams. Call **847-382-2584** or **815-338-7043**.

Start Young, Stay Young

By having earlier plastic surgery, large costly procedures can be minimized in later years. Women in their 30's and 40's are undergoing alpha hydroxy peels which are non-invasive. No recovery period is required and a series of treatments can eliminate irregularities of the skin, blotchiness and uneven pigmentation, and result in dramatic smoothing of fine wrinkles caused by extensive sun exposure. This technique can accentuate facial shape, coloration and bone structure, and improve skin texture.

Should further or more aggressive techniques be necessary, the physicians at **Valley Plastic Surgery Center** are skilled in all types of advanced chemical peels and CO² laser resurfacing of the skin. In addition, simple surgical techniques of facial rejuvenation, including upper and lower eyelid lifts (which remove skin and excess fat from the areas around the eyelids), mini-facelifts and/or liposuction of the chin, jaw and neck area can all be utilized to eliminate signs of aging without the need for extensive and costly facelift surgery.

Should a facelift be required, however, the physicians at **Valley Plastic Surgery Center** are skilled in the many techniques of facelift surgery. These include both endoscopic techniques as well as complex facial lifts which correct the effects of gravity-produced sagging skin and muscle. This surgery repositions the cheek fullness in addition to restoring a more youthful facial appearance. Lip enhancement surgery is also frequently performed.

Valley Plastic Surgery Center has created a facility in which to do extensive

cosmetic surgery in a safe and pleasant environment. It has been accredited by The Joint Commission for the Accreditation of Healthcare Organizations (JCABO), the same organization that accredits your hospital. Located on Route 31 in West Dundee, VPSC has state of the art equipment for everything from breast surgery, liposuction, endoscopic facial rejuvenation and laser resurfacing. An accredited surgical center allows a pleasant environment away from the hectic impersonal hospital setting. Convenience, cost control and lower fees can be determined before the operations are performed.

Our new physician at **Valley Plastic Surgery Center** is Dr. Patricia DePoli, who graduated from the University of Michigan. She has completed both general surgery and plastic surgery residencies. Dr. DePoli has recently finished a one-year fellowship in microvascular and breast reconstructive surgery. She brings a woman's perspective to the fine art of breast and cosmetic surgery and has been a strong asset since joining the staff last summer.

The physicians at **Valley Plastic Surgery Center** have more than 60 years of combined experience in the field. The interaction among the physician staff helps solve some of the more difficult patient problems. We are confident that the quality, value, expertise and comfort that we offer makes **Valley Plastic Surgery Center** your choice to meet your personal aesthetic goals. Do not compromise your high standards. Call to make an appointment to visit the doctors at **Valley Plastic Surgery Center** at (847) 836-3200.

"A Touch of the Arts"—Wearable Art Fashion Show and Luncheon

Mark your calendars for Thursday, April 23, 1998, for the Barrington Area Arts Council (BAAC) and the Friends of BAAC's 3rd annual wearable arts fashion show and luncheon entitled "A Touch of the Arts." This year's spring benefit, which includes a silent auction, will begin at 11:00 a.m. at the Barrington Hills Country Club.

Barrington Hills resident, Dede Wamberg, will chair the event assisted by a committee from the Friends of BAAC. Locally and nationally acclaimed artists will provide the fashions for the event. The one-of-kind fiber art, textiles and jewelry will be coordinated from the BAAC Gallery April exhibit "The Feel of Fiber" and from local retailers.

Last year's event was a sellout. Invitations designed by Dena Bellows will be mailed in early March. Respond quickly! You won't want to miss this unique fundraising event and celebration of the arts. For more information or to be placed on the mailing list, phone the BAAC Gallery, (847) 382-5626.



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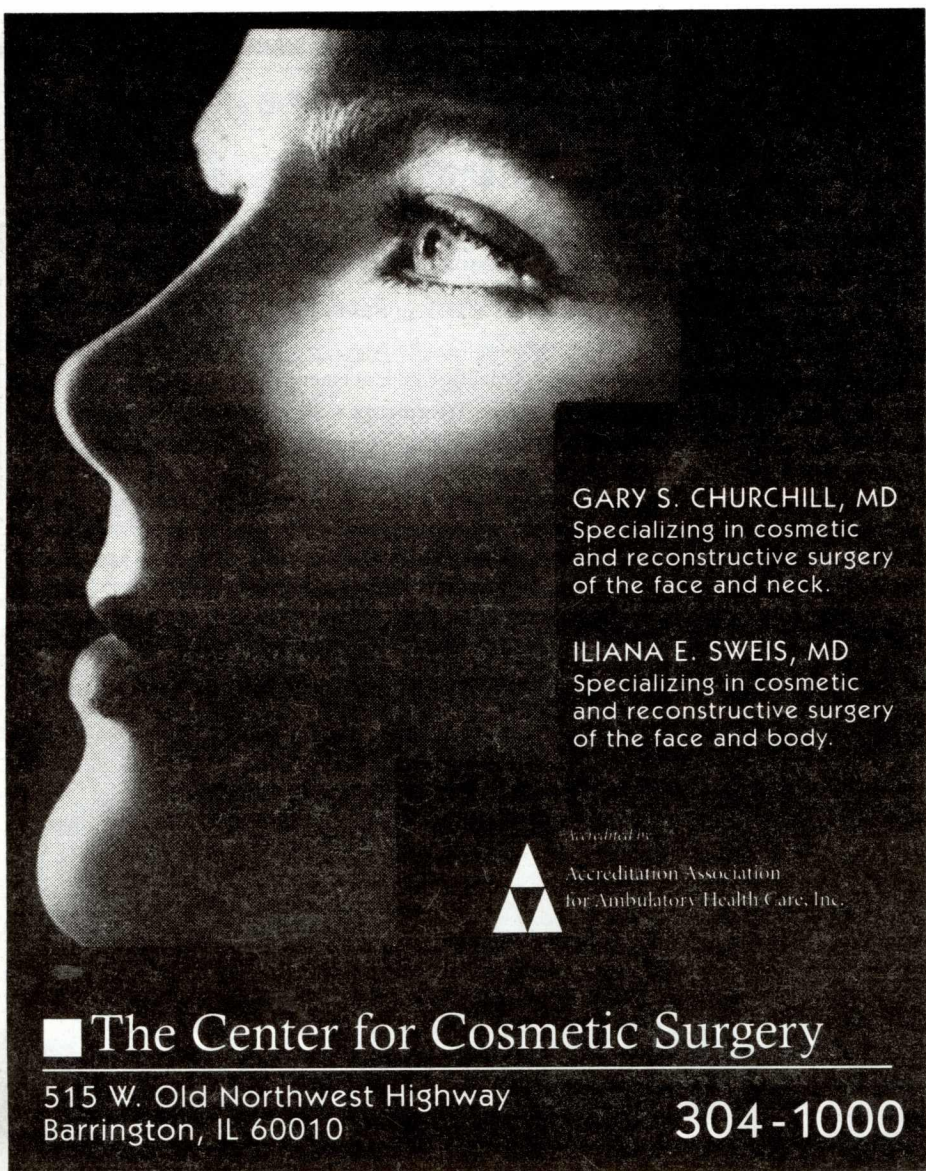
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Eyelid Surgery

Eyelid surgery, also known as **blepharoplasty**, is one of the most common procedures performed in facial rejuvenation. Redundant or puffy eyelids can make people appear older or tired. The redundancy of the eyelid skin is usually due to relaxation of the skin, whereas the puffiness is usually due to the underlying fat pockets located within the upper and lower eyelids. A blepharoplasty removes the excess fat, muscle and skin from the upper and lower lids. This allows tightening of the eye area thereby providing a more refreshed and youthful appearance. Sometimes eyelid surgery is combined with a forehead lift to correct a drooping or low brow and provide a smoother forehead. Also, laser resurfacing may be used to improve the wrinkles within the eyelid skin.

Upper Eyelid Surgery

In surgery of the upper eyelid, an incision is made within the natural fold of the eyelid in order to minimize any scarring. The excess skin, a strip of muscle, and any excess fat are removed to better sculpt the upper lid. Fine sutures are then used to close the incision. These are removed within the first five days after surgery.

Lower Eyelid Surgery

Lower eyelid surgery may be performed in one of two ways. Some patients have simple eyelid puffiness caused by excess or herniated fat without excess skin. This may be corrected by a procedure called **transconjunctival blepharoplasty**. In this procedure, the incision is made inside the lower eyelid and the excess fat is re-

by Gary S. Churchill, MD



Gary Churchill, MD



Ilana Sweis, MD

moved. This eliminates any visible incision. Frequently this procedure is combined with **laser resurfacing** of the lower eyelids in an effort to tighten the skin. If the lower eyelid has more wrinkles than the laser can remove, an inconspicuous incision is made along the lash line of the lower eyelid. Through that incision any excess fat, muscle and skin are removed and the incision is closed with fine sutures. If the lower eyelid itself is too loose, additional procedures may be done to tighten and improve its contour. The lower eyelid sutures either dissolve or are removed within the first three to five days after surgery.

Browlift

Patients sometimes come in for consultation thinking they need eyelid surgery to reduce the fullness of the upper eyelid, but actually only need elevation of the brow. Elevation of the brow may be performed by itself or in conjunction with eyelid surgery in order to provide a more youthful appearance to the eye region.

(Please continue on page 46)

Country Collections—a Preview of Spring

The gray skies of winter seem to linger far too long when we're all thirsting for the first smell of spring. The bright lights and vivid color of Christmas are far behind, and flower gardens still wait for that warming sunshine to begin sending up shoots. But a trip to Harper College for the **Country Collections** traditional craft and folk art faire can help you shake off those gray sky blues and bring some sunshine into your home.

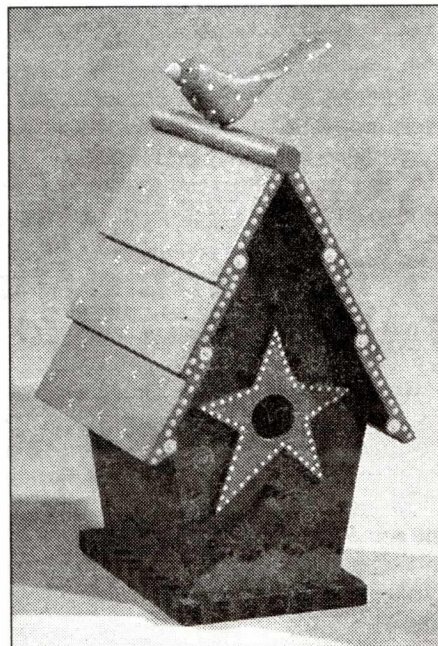
On April 3, 4 and 5, 100 quality country craftspeople and folk artists from 10 states will arrive at Harper College with some reminders of why we crave the springtime.

Try hanging a delicate pastel-colored stained glass piece from Alison Fox in your window to color that gray sky pink or lavender; or a watercolor still life from Sara Metz-Wood of brightly colored springtime flowers hung on your wall to hint that real flowers can't be too far behind.

If it's color you're after, check out Tammi Floyd's newest birdhouse designs in the most vibrant of current colors. The sign in her booth reads "Folk, Funk and Whimsy," and she has successfully combined all three in these dazzling decorating treats.

Jim Smith and Kerry Sweeting of Heartfelt Farm are sure to bring just-made pussy willow wreaths, fresh from their Michigan fields, while garden accessories, from picket fences to garden angels, will be found up most any aisle.

So don't let those gray skies get you



Shown is the work of Tammi Floyd of Pin's-N-Things from Racine, WI. Her current work combines the latest vibrant colors in a mix of "folk, funk and whimsy."

down. Visit Harper College at Algonquin and Roselle Roads in Palatine, Illinois for the **Country Collections** traditional craft and folk art faire on April 3, 4 and 5, and bring home some reminders of springtime.

Show times are Friday 3 to 9 PM, Saturday 10 to 5 PM and Sunday 11 to 4 PM. Admission is \$5 and children 12 and under are admitted free.

Country Collections

Traditional Craft and Folk Art Faire

April 3rd, 4th, 5th

Friday 3-9pm * Saturday 10-5pm
Sunday 11-4pm

HARPER COLLEGE * PALATINE, ILLINOIS
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Quilts * Dolls * Bears * Santas * Lamps * Miniatures * Toys
Clothing * Pottery * Floorcloths * Original Fine Art * Fish Carvings
Stained Glass * Weaving * Furniture * Wood Working * Baskets
Signs * Wooden Primitives * Seasonal Decor

ADMISSION: ADULTS \$5.00 * CHILDREN UNDER 12 FREE
For More Information: (630) 268-8067

Suddenly Single at Midlife by Judy Kaplan, MS

Unfortunately, 65% of first marriages fail in the 90's. This is an alarmingly high statistic for the generation that grew up believing that marriage is for the "long haul," "for keeps," and "forever." People in their forties and fifties are entering the single world in record numbers, precipitating a variety of unanticipated midlife problems. Self-help products, books, seminars, the media, religious institutions and therapists are focusing on the effects that divorce have on people, families, communities, friendships and finances among other things. The research on this social epidemic is continually evolving and providing help and guidelines for men and women to navigate through this difficult stage in life.

My experience in life and in my practice is that there are very specific stages that one can expect to go through when becoming "suddenly single at midlife." Understanding what to expect, hearing the experiences of others who have gone through it, and getting the support that is necessary for emotional well being are crucial to moving through the process

"successfully."

After all, when one shares all aspects of their life with another for a period of years, the loss of that person in the daily routine is usually devastatingly painful—no matter who initiates the divorce. Life as one knows it becomes elusive. Often, people struggle for incredibly long periods of time just trying to decide whether or not to divorce. Ambivalence can be very upsetting to anyone who generally is decisive about other matters. This effects confidence and can frequently make one feel as though they are "driving themselves crazy." The trauma of separation can produce incredible mood swings, feelings of being overwhelmed with the magnitude of decisions to be made and the responsibilities to be fulfilled and fear about the "unknown" future that lies ahead.

Divorce is painful, traumatic, devastating and time consuming. It is a process and there are few shortcuts BUT it is not the end of the world. Life does go on and there are ways to cope that are productive and constructive. Call me for further information at **847-842-8365**.

Painless Dentistry on Television!

by Drs. Raymond Kotz & Stephanie Skopek

Each year in conjunction with Chicago's Midwinter Dental meeting, the dental equipment manufacturers promote their products on television. Dentists promoting these products, as well as their own practices, are seen demonstrating or reviewing the newest dental devices.

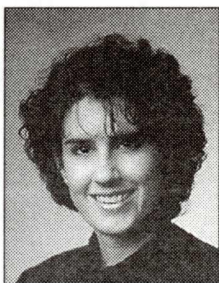
One of the older "new" products is the Dental Laser. It has actually been in use in Europe since 1989 and in the United States since 1992. Although flashy, it is not yet really practical. The laser is usually painless, but the hole it makes in your tooth is not adequately shaped to accept the stronger, long lasting dental materials. Further shaping of the cavity under anesthesia is still necessary anyway.

Another innovation is Electronic Anesthesia. We have tried this in one form or another with very poor success. It does not require a needle, but it involves passing an electric current through the bone that houses the root of your tooth. The idea of electricity in your mouth terrifies most adults, and children don't particularly like it either. Besides, it only occasionally works. It was tried on me. It hurt!

The latest painless dental device is called "The Wand". With this instrument, regular anesthesia is placed near your



Dr. Raymond Kotz



Dr. Stephanie Skopek

tooth. A computer is used to deliver anesthetic at a controlled and supposedly painless rate.

On the day of this writing, "The Wand" had just been approved by the FDA and we received one of the first available units via UPS. I wanted to immediately try it on Dr. Skopek but she promptly left town to visit her family in Canada for the week.

I don't know who will be the first subject in our office to have "The Wand" used on them (probably me), but we will let you know how it works.

Dr. Raymond P. Kotz

Dr. Stephanie Skopek (inabsentia)

For a thorough diagnosis and preventive effort, call **Dr. Kotz** and **Dr. Skopek** in Barrington at **847-381-4040**.

Thinking Spring

After the snow melts and you head out for a hike, think about this: Every extra pound of body weight adds four pounds of pressure to the kneecap. When running or doing high-impact aerobics, that same pound creates nearly 25 pounds of stress on each knee. Ouch!

Don't let these facts discourage you. It simply means your body needs a strong foundation before adding to your present exercise routine—otherwise everything

will crumble, so to speak.

At **Personalized Fitness**, our trainers will create an exercise program, specific to your body and unique to your style. In our private studio or in your home, you can enjoy an individualized workout with a trainer to walk you through, every step of the way.

So before that snow melts, gear up for spring at **Personalized Fitness**, 395 W. Northwest Highway, Palatine. For further information, call **(847) 358-5688**.

Judy Kaplan, MS

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|---|---|
| <input checked="" type="checkbox"/> assessing the problem | <input checked="" type="checkbox"/> collaborating on solutions |
| <input checked="" type="checkbox"/> lending clarity to the problem | <input checked="" type="checkbox"/> establishing goals |
| <input checked="" type="checkbox"/> providing education & awareness | <input checked="" type="checkbox"/> providing feedback |
| <input checked="" type="checkbox"/> offering support & objectivity | <input checked="" type="checkbox"/> consulting with schools or others |

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Long-Term Care Options for Seniors Series

The Barrington Area Council on Aging, Inc. would like to announce a Tuesday evening series of programming on Long-Term Care Options at the Barrington Area Library from 7 to 9 p.m.

**Tuesday, March 24, 7 to 9 p.m.
in the Zimmerman Room**

**"Stress Management: Taking Care
of Yourself While Caring for Others"**

Topics of discussion will include natural ways to achieve balance and relieve stress through the use of guided imagery, meditation/self hypnosis and breathing techniques. The speaker will be Molly Bey, a clinical psychologist who has been

in practice since 1978.

**Tuesday, April 28, 7 to 9 p.m.
in the first floor Meeting Room
"Hiring an In-Home Caregiver"**

Topics of discussion include comparing agency and privately hired caregivers in terms of care delivery, IRS issues, and continuity of care. The speaker will be Cynthia Parker, RNC, BSN, and director of Great Care, a geriatric consulting and care management agency.

For more information, please call the Barrington Area Council on Aging, Inc. at (847) 381-5030.

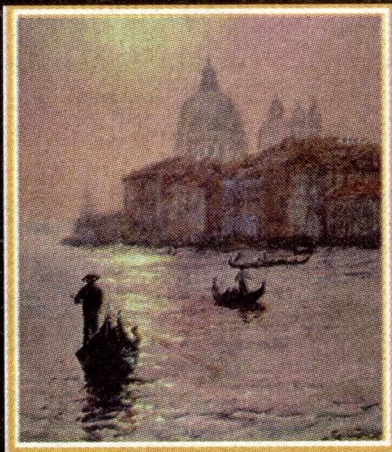




Eric Michaels
*Afternoon
at Langlave*
30 x 40



Zhiwei Tu
Before Class
48 x 24



Alan Wolton
Gondola's Venice
36 x 32



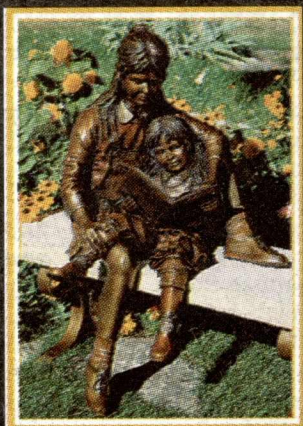
Roy Fairchild-Woodward
Sound of Moon
41 x 58



Sheri Meketa
Emerald Path
36 x 48



Jürgen Görg
Libra
20.5 x 27.75



Mark Lundeen
Secret Garden
Life-size Bronze

THE *Studio* OF LONG GROVE

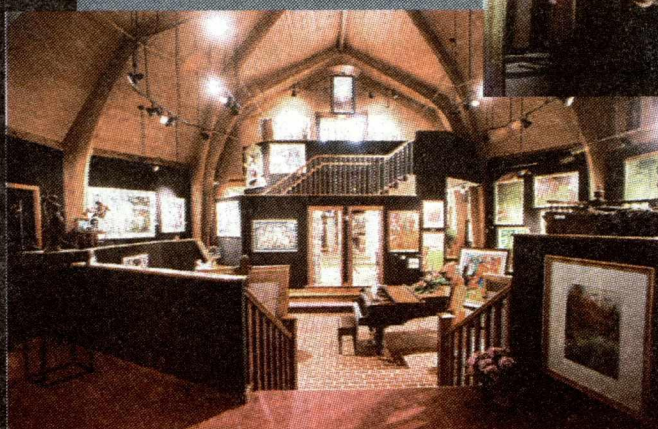
galleries of fine art feature paintings, first edition prints, sculpture and other artforms by leading artists from around the world. Each month a different artist is featured in the main gallery at an opening reception to provide an opportunity for you to meet the artists and gain a better understanding of their artistic style.

You can be assisted by talented professionals. Final decisions on artwork can be made more easily in the actual setting. For that reason, the Studio staff is delighted to bring a number of pieces to your home or office for viewing.

If you need help finding the perfect frame for any artwork, the Studio staff will be happy to show you samples from their extensive collection, perhaps the largest framing collection in the Midwest.

The Studio, noted for its award winning architectural design, is located in the charming historic shopping village of Long Grove.

Gallery Director,
Tom Hilligoss (left)
and Artist, Alan Wolton

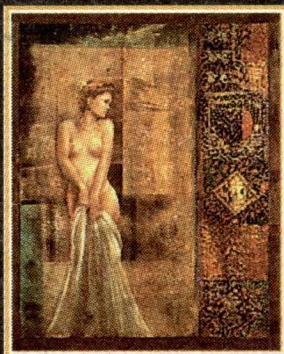


March 28th, 2 - 5 pm

Csaba Markus

at *The Studio...*

This talented artist will again delight collectors with another wonderful exhibit of his latest works. His classical renaissance styling has been a favorite of Studio art buyers during three previous shows. Call for special information on the show schedule.



*See Titles Below

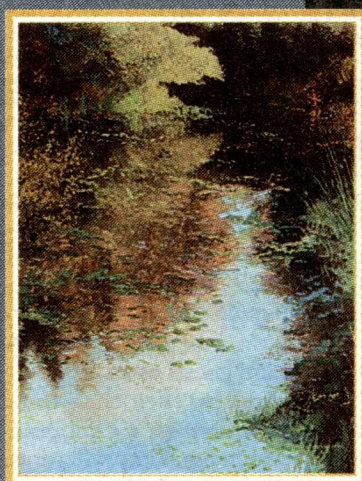


THE Studio

OF LONG GROVE
GALLERIES OF FINE ART

*Above Right
(Clockwise from Top)

- Csaba Markus
Equus I
31.5 x 41
- Csaba Markus
Cressida
21 x 38
- Csaba Markus
Lucia
32 x 12
- Csaba Markus
Venice Rudica
31.5 x 25



Thomas Dedecker
Pond Reflections
44 x 33



Rosalind Cook
Windy
Life-size Bronze

Joan Colomer
Evening Reflections
40 x 72



The Studio of Long Grove
360 Historical Lane, Long Grove, IL 60047
847.634.4244 Located behind Red Oaks



Michael Gerry
White Peony with Red
36 x 36

Rosie Sandifer
Walking the Kids
14 x 20 x 10
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David P. Van Dam, M.D. Amy Forman Taub, M.D. Jerome D. Fallon, M.D.
183 Heritage Drive • Crystal Lake IL 60014
815 455-4434

Give Your Image a Thrill During the Winter Chill

The winter months present an ideal opportunity to act on ideas of self improvement you may have been considering. Body contouring with tumescent liposuction and facial rejuvenation with laser resurfacing are two of the more significant aesthetic procedures we perform in our offices. Their impact on a person's self image is predictably gratifying. However, if you are not quite ready to take one of these "big steps" there are a number of less dramatic treatments and procedures you might find appealing.

BOTOX™ offers an ingenious medical strategy for enhancing facial features. Following injection of **BOTOX™**, unwanted vertical forehead furrows, horizontal forehead lines, and crow's feet around the eyes disappear for three to five months.

BOTOX™ is an injectable biologic material which immobilizes muscles. Injection of **BOTOX™** into muscles of expression takes only a few minutes and is nearly painless. After two or three days unwanted lines fade. The result of this safe and effective procedure can be quite dramatic, yielding a natural, relaxed, and more youthful facial expression.

New **Beta-Lift™** peels allow application of beta-hydroxy acid for a safe and predictable superficial skin exfoliation. **Beta-Lift™** peels impart a smoother skin texture with a more uniform color and a healthy-looking glow. In addition, **Beta-Lift™** peels aid in acne therapy by opening plugged pores, dislodging blackheads, whiteheads, and pimples. The **Beta-Lift™** peel is very tolerable and healing is complete within just a few days.



David P. Van Dam, MD

Age spots or other discolorations on your face or hands respond well to measures that we dermatologists use routinely every day. Liquid nitrogen, often used to treat warts and other growths, is also one of the best ways to eliminate unwanted pigmentation. It takes only a one or two second frosting with this supercold liquid to permanently remove most facial age spots.

Revova™ and **Afirm™** are the latest Vitamin A-related products for eliminating fine lines and improving skin tone and color. Vitamin C is a powerful antioxidant. Patented **SkinCeuticals™** topical Vitamin C formulas place 40 times more active vitamin C in the skin than can be achieved with oral Vitamin C. Research shows that active Vitamin C can increase collagen production and reduce sun damage.

To learn more about these and the many other aesthetic services and products available from **Dermatology Associates** call **847/382-5111** or **815/455-4434**. For your life... for your skin!

Julio's Latin Cafe Celebrates Spring and All That Jazz

It's just about time for all of the spring flowers to start poking their head through the thawed landscape giving us the signal that **SPRING** is here—and **Julio's Latin Cafe** is celebrating with food and music!

Julio's Latin Cafe is the perfect place to treat your family and guests to an "eggstraordinary" **Easter Brunch**. Their chefs have created a special menu with a Caribbean theme for your enjoyment. They will serve brunch from 11:00 a.m. to 3:00 p.m.

Julio's Latin Cafe is well known for their selection of excellently prepared dishes from countries throughout South America including Mexico, Cuba, Brazil, Argentina, Chile and the Caribbean. They have also gained popularity with their live entertainment on the weekends. Don't miss the upcoming events at **Julio's Latin Cafe**.

Secretary's Day is April 22. Tell your

boss to make reservations early for a special lunch.

Cinco De Mayo will be celebrated in true Mexican style on Tuesday, May 5, starting at 5:00 p.m. A specially prepared four-course menu will be offered, along with Mexican entertainment.

Don't forget about **Julio's** on Mother's Day. They are hosting a **Champagne-Jazz Lunch** from 11:00 a.m. to 3:00 p.m.

Julio's Latin Cafe, located at 99 South Rand Road in Lake Zurich is open for lunch Monday through Friday and for dinner Monday through Saturday. On Friday evenings, the Dan McIntyre Duo entertains diners with their smooth jazz sounds and on Saturday, Paulinho Garcia, a Brazilian Guitarist, sets a romantic tone with his Latin sounds.

Just call **Julio's** at **847-438-3484** for reservations, which are always recommended.

Quilt Guild Meeting March 19

The Northwest Suburban Quilters Guild (NSQG) will meet Thursday, March 19 at 7:30 pm at Concorde Banquets, 20922 N. Rand Road, Kildeer, Illinois. The featured speaker is Gail Valentine from Austin, TX. She is the author of *Mirror Manipulations*. There will be two workshops, held at the Elk Grove Library

from 9 am to 3:30 pm on Friday, March 20 (Mirror Manipulations-creating kaleidoscopic images) and Saturday, March 21 (Crazy Critters Quilt). New members are always welcome. For further information on the guild meetings or the workshops, contact program director Judy Gould at 847-882-9162

Julio's Latin Cafe

CELEBRATES THE EXCITEMENT OF SPRING

Easter April 12

BRING THE FAMILY AND CELEBRATE EASTER WITH OUR CARIBBEAN THEME BUFFET, 11:00 A.M. TO 3:00 P.M.

April 22 SECRETARY'S DAY

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May 5

A SPECIALLY PREPARED FOUR-COURSE MENU WILL BE OFFERED STARTING AT 5:00 P.M. ENJOY MEXICAN ENTERTAINMENT AND MEET THE "TEQUILA BANDIDO." CALL FOR DETAILS AND RESERVATIONS.

May 10

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Losing Weight is Easy!

Losing weight is easy. All you have to do is burn more calories than you eat. To accomplish this simple task, all you have to do is eat less and exercise more. The hard part is eating less and exercising more.

If you're having trouble getting motivated to exercise on a regular basis, you may find that *hypnosis* provides the needed internal push. You'll feel like exercising, so you'll make the time for it.

Eating less seems even harder for people than exercising more. Those who eat too much do so for a number of reasons. These reasons usually include emotions. And, more often than not, negative emotions. We eat too much, too frequently, and we eat the wrong foods. When we're doing this, we're too often *eating our feelings*. Because it seems as if

that's the only way to get rid of them and feel better.

Martin Nathan at the **Northwest Institute for Rational Counseling** offers *hypnosis* for weight loss. *Hypnosis* provides motivation, calms the feelings of hunger and calms the feelings that promote the feeling to eat inappropriately. These include anger, depression, anxiety, resentment, frustration and loneliness. *Hypnosis* also helps to alter the feelings of desire for various foods, bringing about a shift towards healthier foods.

Hypnosis is easy, pleasant and effective. Try it and you'll be surprised at the changes you're able to make and the control you have.

For information and appointments, call **Martin Nathan** at (847) 934-6555.

When Should My Child Stop Thumb Sucking?

by Drs. Michael Hayward & Robert Skopek

Thumb or finger sucking is common among children, and seldom becomes a serious problem. However, if this habit persists longer than it should, some significant problems may arise. Constant pressure by the thumb or fingers can cause a narrow upper dental arch, abnormal swallowing patterns, improper tongue position and premature loss of baby teeth. Each of these conditions may subsequently lead to more advanced dental problems in your child's future, including a bad bite, poor alignment of teeth and speech difficulties.

It is best for children to break the sucking habit before their permanent teeth erupt, which is usually around age five. There are several methods which have proven successful to discourage the sucking habit. Usually a simple, comfortable orthodontic appliance fastened to the upper teeth is sufficient to remind your child that their thumb should not be in their mouth. Over time, they will stop



Dr. Michael Hayward



Dr. Robert Skopek

thumb sucking.

Once the habit is gone, your child gains many benefits. They enjoy an improved appearance, greater self-esteem, an ability to speak more clearly and better dental health. **Drs. Michael Hayward** and **Robert Skopek** are specialists in orthodontics and can answer any further questions you may have. Their offices are in Barrington, 847-382-5588, and Palatine, 847-359-7980.

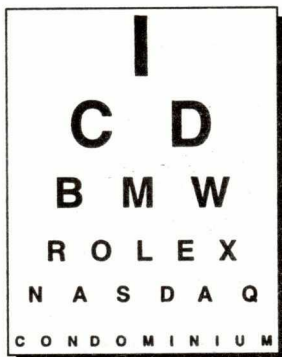
Another Choice—Palmer-Lorenz Optical

Today the consumer is inundated with claims of low cost and fast service when shopping for eyeglasses. Independent doctors may not have the selection. Retail chains may not have the experienced staff to take care of your family's eyecare needs. Luckily we in the northwest suburbs have an alternative.

Palmer-Lorenz is a frame and lens wholesaler that sells eyeglasses to doctors and retailers. Now they are expanding their retail services to the public. With over seventy years of experience, eyeglasses are their only business. They're specialists.

At **Palmer-Lorenz Optical**, Dr. Rick Sofinski can diagnose and treat eye diseases as well as perform regular family eye examination. He has practiced General Optometry for 10 years with an emphasis on contact lenses and work-related vision problems.

Is it bifocal time for you? Progressive no-line bifocals, wide reading area bifocal lenses and even bifocal contact lenses



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are now available. **Palmer-Lorenz Optical's** opticianary staff can help select and measure the proper spectacle system for you.

Palmer-Lorenz is located on Rand Rd. one-half mile north of Dundee in Palatine. Store hours are Monday, 8:30 a.m. to 7:30 p.m., Tuesday through Friday, 8:30 a.m. to 5:30 p.m., and Saturday, 9:00 a.m. to 1:00 p.m. Call (847) 358-8123.

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Scholarships Offered by Rotary Club

The Barrington Rotary Club (Noon) is seeking 1998 graduates or post-high school young men and women from the Barrington area who are preparing for careers which require less than a four-year baccalaureate degree (an Associate Degree, Diploma or Certificate) to apply for two \$1,000 vocational scholarships which the Club will award for the 1998-99 school year.

High School graduates, or those with a GED, who are permanent residents of the Barrington area and who are accepted (or anticipate acceptance) in such a program of study, may apply to the Barrington Rotary Club for these vocational scholarship awards.

Criteria for selection include high school or college grades which are related to the applicant's chosen field. Employment experiences, volunteer work, and extra curricular activities, including leadership roles and honors, related to the chosen field will also be considered. At least two recommendations by counselors, teachers or other individuals relating to the applicant's character, skills, interests and special activities must be submitted with each application.

Interested Barrington area persons may call Carol Thompson at 847-382-7240 for application forms or other information. Applications must be submitted by April 15.



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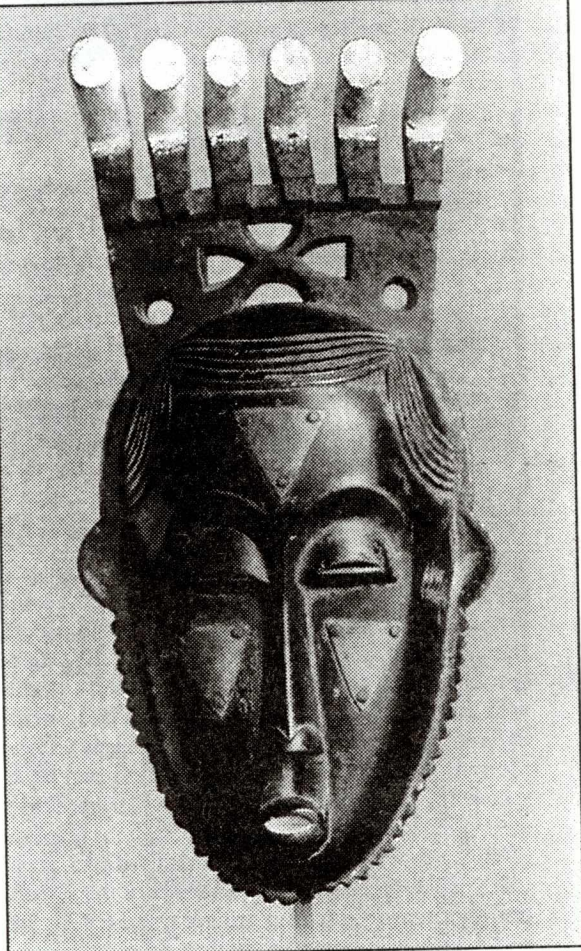
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ART FROM THE IVORY COAST

From elegant sculptures of "spirit spouses" and "wild spirits," to the life-size recreation of a masquerade frozen in time, to short videos of secular and sacred performances, the first major exhibition to focus on the art of the Baule people of the Ivory Coast is at The Art Institute of Chicago. *Baule: African Art/Western Eyes*, on view in the Regenstein Hall of The Daniel F. and Ada L. Rice Building, now through May 10, 1998, invites visitors to examine, glimpse, watch, or "observe with awe" more than 125 artworks in wood, gold, and other materials. Works include masks, statues, fly whisks, jewelry, and objects of daily use that are displayed to encourage consideration of cultural differences in approaching and viewing art.

The Baule (pronounced bough-lay) represent one of the largest ethnic groups in the west African country of the Ivory Coast (Republique de Côte d'Ivoire). Baule villages are traditionally built amid the forests of the central Ivory Coast, and the opposing force of village and wilderness provide central themes for Baule art. Of equal interest to the Baule are the opposing and complementary realms of men and women, as well as the com-



"Mbilo Portrait of Moya Yanso" by Owie Kimou (died 1948); Ivory Coast; Baule, circa 1913; wood and metal; Philippe Ancart Collection, Brussels. Photo by Jerry L. Thompson.

The Last Water Treatment System You Will Ever Need

Joseph Grover, owner of All American H2O, a RainSoft distributor in Schaumburg, says, "Your skin would be cleaner, your plumbing would last longer, your bathtub would clean easier, your drinking water would be safer, your water would heat faster, and your money would last longer by using a RainSoft Treatment System."

According to the Environmental Protection Agency (EPA) some 84% of Americans polled feel water pollution is a major

problem. Nearly 70% are concerned specifically about the quality of their drinking water. A recent Harris poll revealed that 84% believe their water supply at home is polluted.

Every home is different in how the use of water is dispersed, depending on the size of the family. By receiving a complimentary water analysis, you can determine what your water needs are for your family. Call 1-800-375-8898 now and receive a gift with a value up to \$500.

Ginkgo: Brain Food

by Carole Childers, C.N., L.N.C., All Ways Healthy

A powerful herb for the brain, ginkgo extract has been shown to help improve memory, as well as other brain functions, by enhancing blood flow to the brain.

The leaves of the Ginkgo Biloba Tree, which is the oldest living tree species, have also been used to treat hearing problems, ringing in the ears, impotence, dementia, circulatory problems and oxygen deprivation.

Studies show that the ginkgo is good for the brain because it fights the oxidation that can damage brain cell membranes. Oxidation is believed to be the primary cause of progressive aging of the brain and ginkgo appears to help rebuild the

membrane integrity.

No claims have been made to suggest that ginkgo can cure dementia or prevent Alzheimer's Disease. However, there are encouraging reports showing that if Alzheimer's is treated early enough, dementia may be postponed.

Memory lapses may also be caused by depression, malnutrition or some other conditions that don't respond to ginkgo. Not all ginkgo products are created equal. Many do not contain all the active ingredients necessary to help with brain functioning. To be sure if ginkgo is right for you, it's best to consult your physician or natural health care provider.



mon elements each gender share.

The exhibition is devoted to a different type of "looking," reflecting the Baule interpretation of artworks as spiritual containers rather than a late 20th-century notion of "art for art's sake." The isolated, totally visible object and the intense examination that we find in museums are very rare in Baule villages. "Art" cannot be described from a Baule point of view simply because their view does not include 'art' in the Western sense of the word," states Susan Vogel, organizing curator of the exhibition and former director of the Yale University Art Gallery.

Vogel explains that in Baule culture, art is usually not displayed or examined



"Mbilo Portrait Mask of a Woman" Ivory Coast; Baule, late 19th/early 20th century; wood, brass and copper; The Art Institute of Chicago; Ada Turnbull Hertle Endowment.

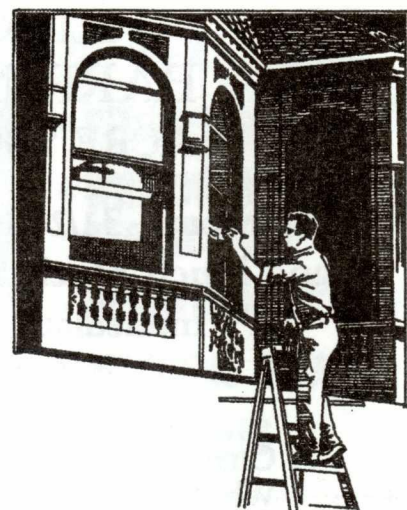
openly. Although the aesthetic qualities of masks and statues are greatly valued by the Baule, they are not discussed in public. Baule people do not embrace the Western ideas of "art" or "masterpiece," but esteem the visual power of their masks and sculptures and remember them in great detail even if they may only have glimpsed the objects once or twice in their lifetime. It is primarily the spiritual nature of objects that give them their value.

This belief is further explained by Baule consultant and research assistant Koffi Nguessan as he states: "We Baule live with art in the sense that statues are kept in our houses, but we don't do it in the way you do in America. We live with the spirits more than with the statues... that is the difference between us and you—and that is why you will never hear a Baule say, 'This is a beautiful sculpture.' We are aware that Baule art is beautiful, but the aspect that interests us most is the spiritual, religious side."

Though not on daily display, art plays an integral role in the lives of Baule people. Men and women have intimate relationships with their "spirit spouses"—figural sculpture that is kept in a private place and cared for on a regular basis. Diviners display interesting and unique objects during performances to enhance drama and impress audiences. Communities gather to participate in periodic masked performances that are both entertaining and educational.



it's time for SPRING HOME IMPROVEMENTS



What Makes a House a Home?

Mark and Joanna Bielick of **MJB Decorating** think they know. Though they've worked on some spectacular houses in Glencoe and Barrington Hills this past winter, it's their belief that with careful repairs, top-notch painting and decorating, and a little imagination, any home can be turned into a showplace.

In fact, the couple recently purchased their first house, a "handyman's special" in the northwest suburbs. "It's in a beautiful old neighborhood," says Mark. "Joanna and I are determined to transform this neglected structure into a little jewel

that will make the neighbors proud to live nearby."

The floors need some work, notes Joanna. "We'll restore them to their former loveliness, and we'll use only the best quality paint on the walls. We're hoping we'll be able to move in by summer."

Meanwhile, with spring fast approaching, everyone's thoughts seem to be turning to painting and fixing up. **MJB Decorating** urges you to make your decorating plans now. "Remember," says Mark, "we treat every house we work on as if it were our own."

How to Survive a Kitchen Remodeling Project



Are you planning a home remodeling project? While remodeling can be exciting, people often procrastinate remodeling a kitchen because of the mess and inconvenience.

Star Norini, CKD, owner of **Distinctive Kitchen Designs** in Wauconda says, "We try to make the remodeling as painless as possible. As soon as we have finalized the design and cabinets have been ordered for our clients, we begin to work out a realistic plan and schedule for remodeling. We can usually keep the 'mess' confined

to the area being remodeled, but what our clients find most inconvenient is being without the use of their kitchens.

Certainly going out to eat is an option. This option can be expensive and even the worst "Junk-food Junkie" will tire of eating fast food for three or four weeks. Instead, we will often suggest an area for a "temporary kitchen." We will move a refrigerator, microwave, and/or electric cooking appliance to an adjacent room. This enables the clients to prepare meals while the new kitchen is being installed. We also suggest that the client prepare meals weeks in advance and freeze individual servings in plastic bags that can be reheated in the microwave and served on disposable plates and cups. Clean up (which can be challenging without a sink) is, therefore, kept to a minimum.

Your friends and family can be a great help during the remodeling. Most clients find that once they announce plans for a kitchen project, dinner invitations follow quickly.

Lastly, Norini adds, I try to describe the remodeling process as realistically as possible. I let them know that it will probably be a difficult time for a few weeks. In that way, they have time to plan, prepare and look forward to their new kitchen.

Distinctive Kitchen Design is located at 201A South Main Street in Wauconda, (847) 526-7822.

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Directions: From Rte. 59, drive West on Lake-Cook Rd.
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lifestyle homes



East and West Coast Writers Receive Whetstone Awards

"Squaring Up," the story of a young farm couple fighting their own small war in the years after World War II, has won L.G. Batesman of Redmond, Washington, the \$500 Whetstone Prize for 1997 in Volume 14, the latest issue. The \$250 John Patrick McGrath Memorial Award went to New York writer Eric Rustad for his story, "The Office of Victim Services." The editors of Whetstone, an annual journal published by the Barrington Area Arts Council, give awards to stories and poems they deem "best of the best."

"Our fields rose slowly out of darkness, the long windows of wheat shocks looking like wandering columns of men," Batesman writes in his opening. "He has a talent for evocative detail, and his ability to tell this story through a woman's eyes is amazing," says editor Jean Tolle, who noted that the author won the McGrath Award for a story that appeared in Volume 12. "Previously he'd sent us some pieces that we rejected, but with encouragement. He's a fine writer, and someone to watch."

Rustad has also come to the editors' attention before submitting several stories before the one was accepted. "The Office of Victim Services" is a satire, during which the narrator is coerced into admitting, "My life had been one of privilege and, I sup-

pose, indolence, until I was attacked. The attack came as a shock to me. I volunteered that, in fact, I may have invited it."

Among the other fiction writers whose work appears in Volume 14 are Doug Rennie, Karen Sharp, Lorie Adair, Jacqueline Guidry, J.W. Major, Annabel Thomas, Larry Stazec and Story Quarterly editor Anne Brashler, whose "Secret Worlds" features a frustrated spouse who, when left alone too long, "liked to set fire to things: boxes, the daily newspaper, her hair."

Poet Ted May gives us a lush portrait of a season in all its glory in "November" ...Thanksgiving! Set the feast/for the flowers are starving/and will burn ferociously..." Alison Luterman retells the story of "The Man in the Dogtooth Leggings." Other Volume 14 poets are Vicki L. Vietti, Jon Tribble, Seamus O'Flannagain, Patricia Ellsworth, and Edward A. Dougherty.

Connecticut artist Liana Moonie's monotype, "Rumors," was selected for the cover. The monotype, which features three mysterious figures, "sets the stage for the reader to browse the tales within," says editor Sandra Berris.

Whetstone is available for \$7.25 ppd. through the Barrington Area Arts Council, P.O. Box 1266, Barrington, IL 60011.



Golden Key Award Winner Lifestyle Homes Builds 5-Bedroom Classic on Five Acres in Barrington Hills

A classic 5-bedroom, 3 1/2-bath all-brick home built by **Lifestyle Homes**, the winner of the prestigious "Gold Key Award for Excellence in Housing Design," is for sale in northwest suburban Barrington Hills.

The award, presented by the Home Builders Association of Greater Chicago, was given to John Howard, president of **Lifestyle Homes**, for "Outstanding Design of Special Homes Between 4,001 and 5,500 Square Feet."

The 5,000 square foot Barrington Hills home at 72 Otis Road sits on a five-acre lot. "It is a beautiful house built with quality materials and constructed in a structurally superior method," Howard says. "We have incorporated classical styling, today's high-tech materials and exceptional craftsmanship into a luxurious home."

"A buyer can view this home through the magic of our 'virtual reality' software," Howard adds. "Using a computer and software with a three-dimensional perspective, we take a buyer through the home and let him see the windows, the fireplace, the skylights and all our special extras. We bring the one-dimensional to the three-dimensional... and everyone loves it."

The home offers a two-story foyer, formal living and dining rooms, oak floors in major rooms, 9-foot ceilings on the first floor, and a cathedral ceiling family room with unique double windows. Off the family room is a library with built-in cherrywood cabinetry and cherrywood floors. Adjoining the family room is an oversized eating area and a warm and spacious country kitchen which opens to a cedar deck that runs the entire width of the home. Located off the kitchen is a utility room that provides convenient entry into a four-car garage.

Howard goes on to say that **Lifestyle Homes** has included every custom feature

that a buyer could want—state-of-the-art appliances, custom-built mission-style kitchen cabinets, Baldwin hardware on every door, custom vanities, and deep crown moldings and baseboards. "The door to the library is beveled glass, the dining room has wainscoting, raised panels and a chair rail. The first floor powder room showcases a custom hand-crafted turn-of-the-century-style vanity which is inset with a beautiful sink," Howard adds.

Door and window casings are an oversized 4 1/2 inches. Pediment caps decorate doorways and windows.

There is a rear stairway from the kitchen as well as a custom-built foyer stairway.

Upstairs, a master suite incorporates a generous bathroom with a Jacuzzi tub. Two children's bedrooms share a "Jack and Jill" bath. The guest room has its own private bathroom and would be ideal for a teenager's private space or for a live-in grandparent.

The second floor boasts an extremely large fifth bedroom which could alternatively be used as an in-home office, a computer room, a studio or even a second family room or playroom," Howard says.

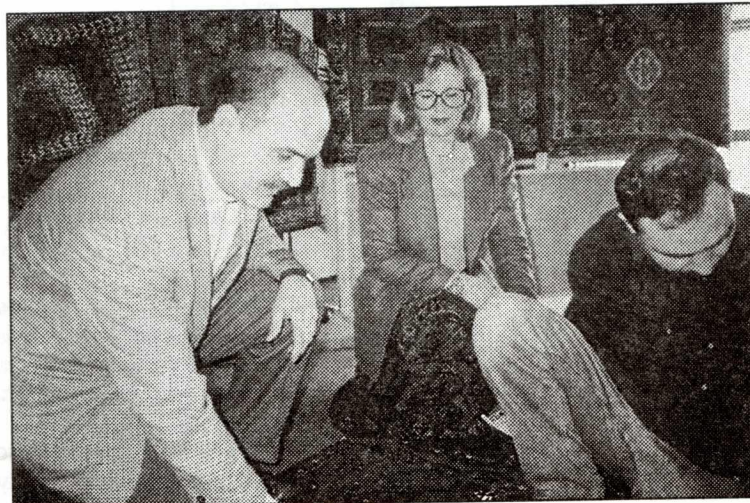
The walkout lower level has a fireplace as well as roughed-in plumbing for a future bathroom.

The home's heating and cooling system is dual zoned, gas-forced air, with built in air cleaners and a humidifier. Two 50 gallon hot water tanks are standard. Anderson thermal windows throughout the house have a tilt-design for easy cleaning.

The **Barrington Hills** home is for sale at \$993,000.

For an appointment to view this home, please call John Howard at **Lifestyle Homes**, 847-381-3339. Open House Sundays 1 to 4 p.m. or by appointment.

BWC Learn About Oriental Carpets

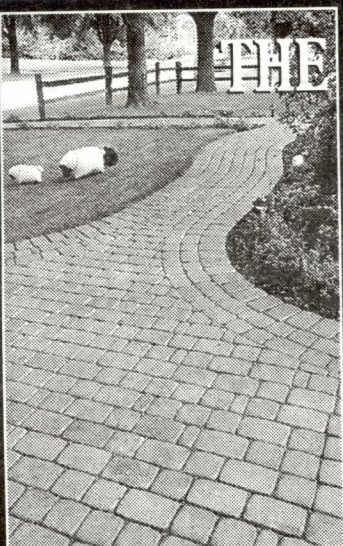


Reza Heidari and helper demonstrate the care and repair of an Oriental carpet to Barrington Woman's Club Collector's Group co-chairperson, Elizabeth Farmer at the group's January meeting.

Jazz Concert and Workshop

The Barrington High School Swing Choir will be treated to a vocal jazz concert and workshop by a local group known as Stretch. The workshop and concert will be held in the B.H.S.

Johnson Auditorium on March 18th from 11:30 to 12:30 P.M. Parents and other students are welcome to attend. For more information, call Pam Hanley at 842-3235.



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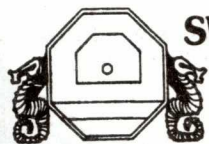
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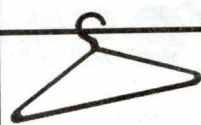
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Closet Masters organizes your life.

Income Tax Assistance for Seniors

BACOA will again be coordinating AARP Income Tax Assistance on Tuesdays currently and continuing every Tuesday through April 14. Appointments will be scheduled from 9 a.m. to 12 noon and held at the BACOA office, 301 East Main

Street, Suite 111, Barrington. If necessary, arrangements may be made for assistance to be provided in your home.

For more information or an appointment, please call BACOA at (847) 381-5030.