

# BARRINGTON LIFESTYLES<sup>T.M.</sup>

The News Magazine for the Greater  
Barrington and Surrounding Areas

\$1/News Stand Price

February, 1996

"A CELEBRATION OF LOVE"  
focuses on Brides and Sweethearts

BYS's Spring Gala  
Has Olympic Theme

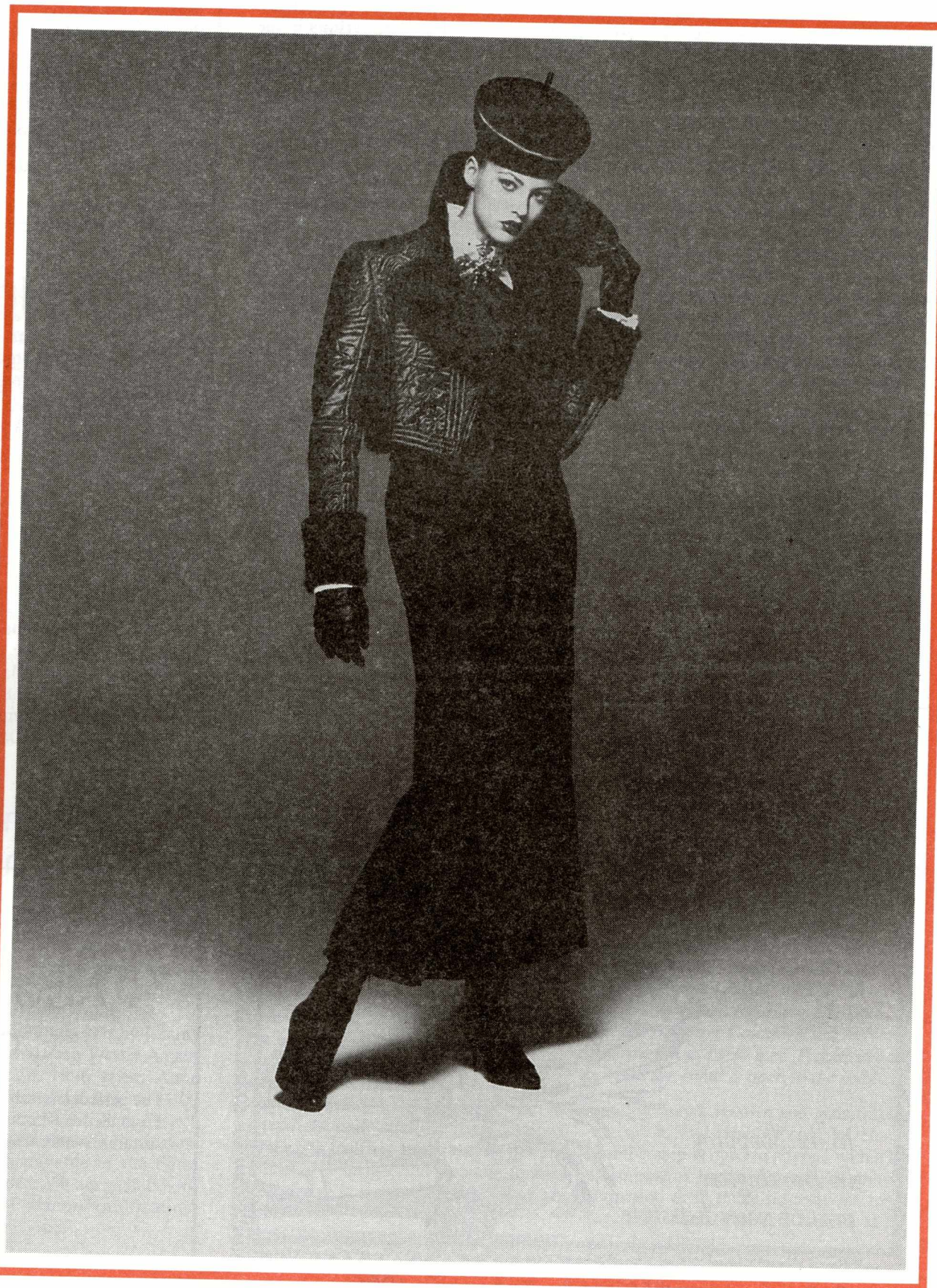
"Barrington Arts In  
Motion" To Feature  
Two Spring Events

Biltmore Neighbors  
Hold Mystery Night  
To Fund Good Cause

Bulk Rate  
U.S. POSTAGE  
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Medically approved, the newest shortwave  
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## Electrolysis Is The Answer

Anyone who is interested in good grooming and an attractive appearance is likely to read about electrolysis. It is the *only method* which will remove your unwanted hair permanently, and it is not a new technique. Successful results have been reported and discussed favorably in the medical journals since 1875, more than a century ago.

Nowadays thousands of women make appointments every week with their electrologists, but very few openly tell their friends or relatives about the positive results. Most people are too embarrassed to mention facial or body hairs, and so the facts about permanent removal must often be learned from responsible beauty editors or medical columnists.

Fortunately, there is a skilled electrologist at **Clear Reflections** in the Barrington Commons who can remove those telltale hairs quickly and conveniently in the privacy of a professional office.

Now past its 100th anniversary, electrolysis is a boon to mankind which goes on making converts every day. The reason is obvious—success and permanence make an unbeatable combination.

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in Barrington  
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# BARRINGTON LIFESTYLES<sup>T.M.</sup>

The News Magazine for  
the Greater Barrington Area

Published by  
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## Editor's Ink

February, 1996

Dear Reader,

You are "seeing red" this month in *Lifestyles* to feature "A Celebration of Love" which focuses on brides and sweethearts... a romantic tribute that I always enjoy working on.

Can spring be far behind? (About 45 days away, but who is counting?) Fun events are slated. Mark your calendars for April and save April 17th for the BAAC's First Annual Wearable Arts Fashion Show and Luncheon. One-of-a-kind artistically produced clothing, hats and jewelry will be featured. On April 19th BAAC's Progressive Arts/Dinner and Home Tour will be held. Three exquisite Barrington Hills residences will feature a media of art (i.e. music, art exhibits, etc.). Members can look for their invitations in the mail.

Looking ahead to May 10th, Barrington Hills Country Club will be the location of the Barrington Youth Service's dinner-dance. Their "Olympic" theme will coincide with the 1996 Summer Games in Atlanta.

Happy Valentine's Day... until next time, may all your thoughts be sunny.

With warm regards,  
Glenn McMonigal  
Editor, *Lifestyles Magazines*



## About Our Cover

The perfect ensemble for so many occasions.  
From the Jean-Louis Scherrer Haute-Couture  
Autumn Winter Collection, Paris.





## "Barrington Arts In Motion"



L to R: Progressive Arts Dinner and Home Tour Co-Chairs Sara Burgett and Mary Smithe with Fashion Show Co-Chairs Kathy Tipper and Bette-Jane Austin.

Mark you calendars for April and "save the dates" for this year's Barrington Area Arts Council Fundraiser, "Barrington Arts in Motion."

The fundraising committee for the 1996 benefit began brainstorming early last fall and has come up with two great events that will surely please every fan of the arts. In prior years, the onetime gala event took place in February. This year the fun must wait until April! In honor of the Barrington Area Arts Council gallery April exhibit on wearable art, the committee has opted to host the First Annual Wearable Arts Fashion Show and Luncheon on Wednesday April 17th beginning at 11:00 a.m. at the Barrington Hills Country Club. Besides admiring the one-of-a-kind, artistically produced clothing, hats and jewelry, guests will also have the opportunity to peruse the silent auction tables and bid on fashions, home and outdoor accessories, restaurant certificates, and more, plus win some exciting prizes.

Stay tuned... later on in the week, on Friday evening April 19th, the fun resumes in three exquisite Barrington Hills residences for the Progressive Arts/Dinner and Home Tour. Each home will feature a media of the art (ie: music, art exhibits, etc.) as well as a course of the dinner. The last home will also feature a live auction and prizes. For those with extensive exterior decorating

plans for the future, make a note of one of the more interesting items on the auction block this year: a \$2500 gift certificate from Klaus Schmechtig Landscaping which includes a custom plan and drawings with one of their expert landscape designers, plus the installation of your choice of tree (\$500 value).

These two events are open to the public, although invitations will be mailed to BAAC membership holders. A limited number of guests will be admitted to each, and it is not necessary to reserve for both events. Invitations will be mailed the first week of March and reservations will be held on a first come-first served basis.

BAAC's mission is to promote, support and sustain, locally, the presentation of programs and activities in the performing, literary and visual arts. Annually, over 45 programs and workshops in art, dance, music, theater, writing and special events are produced and sponsored by BAAC. Each year, BAAC publishes an award-winning literary magazine, *Whetstone*, as well as regants over \$11,000 to not-for-profits to encourage arts related projects, and distributes over \$5,000 in scholarships and awards.

For more information on the benefits, as well as membership at the Arts Council, please call the gallery at 382-5626, or stop in, 207 Park Avenue, Barrington.

## St. Anne 1996 Winter Gathering To Feature Best-Selling Author Joan Wester Anderson

Angels are everywhere! You have only to look around at all the angel pins, cards, mugs and even T-shirts to know this is true. But according to Joan Wester Anderson, world-renowned author, it's more than that. Joan Wester Anderson has written several books filled with inspiring stories of actual encounters with angels.

On Thursday, February 22, 1996 Joan Wester Anderson will bring to life many of these stories of angel intervention with her program, *A Morning with Angels*. Hosted by St. Anne Catholic Community A.M. Awakenings, Joan Wester Anderson will

share the experience with the miracle rescue of her son and several angel experiences from the book, *Where Angels Walk, True Stories of Heavenly Visitors*.

Allow an angel to touch you by joining A.M. Awakenings and Joan Wester Anderson on February 22, 1996 at St. Anne Catholic Church from 9:00 a.m. to 11:00 a.m. in the Lower Church. St. Anne Church is located at 120 N. Ela Street in Barrington. A fee of \$5.00 is payable at the door. Childcare is provided. We ask a \$3.00 donation per child. For more information, please call (847) 382-9687.

## BYS's Spring Dinner Dance



The 1995-1996 Barrington Youth Services Auxiliary

On Friday, May 10, 1996, Barrington Hills Country Club will once again be the location for the Barrington Youth Services annual spring fund-raising event. This year's dinner-dance and silent auction will have an "Olympic" theme to coincide with the 1996 Summer Games in Atlanta. For the past several years, this event has been an early sellout, making it one of the hottest tickets in Barrington. Invitations will be mailed out six weeks prior to the event with reservations being held only with receipt of checks.

Last year's silent auction was a huge success, raising over \$80,000 dollars. These funds greatly assisted the Barrington Youth Services with their move to the new location at 110 South Hager Avenue. Barrington Youth Services assists families in all areas of the Community 220 School District. BYS not only counsels individuals and families, but also conducts several programs in the schools of District 220. These programs include; the Rainbows program

for grade school children, the Images program for the middle school children, as well as crisis intervention and deferred prosecution programs.

The BYS Auxiliary is a group whose sole purpose is to raise funds through the spring event. The Chairperson for the 1996 "Olympic" Fund-raiser is Chris Pepper. Chris has been associated with Barrington Youth Services for several years as a Board Vice-President. The Auxiliary is already gathering items for the silent auction such as airline tickets, stays at vacation condos, as well as sports tickets, golf packages and hotel get-away packages. The 1995-96 BYS Auxiliary Officers are: Denise Vollman as President, Deanna Froman as Vice-President, Kari Frankenberg as Secretary and Jane Fitzgerald as Treasurer. Leigh Furda, who has chaired this event for the past several years will act as an advisor this year. For information concerning donations or reservations, please call 381-4191.

## Eleanor Roosevelt Comes To Barrington

Marilyn Darnall will present her dramatic portrayal of "Me, Eleanor" at the Barrington Area Branch of the American Association of Women (AAUW) Annual Winter Luncheon on Saturday, February 17, 1996, at the Biltmore Country Club in North Barrington at 11:30 a.m. The cost of the luncheon is \$22 and is open to the public.

A resident of Oak Brook, Ms. Darnall graduated from the University of Illinois where she studied music and theater. Her acting experience includes numerous roles in community theater and summer stock, and she is an active member of the Theater of Western Springs. "Me, Eleanor," the first play Ms. Darnall has written, is the result of a year of research and writing. As she studied Eleanor Roosevelt's life and began to develop her characterizations, she became fascinated with this truly exceptional woman. "I feel her thoughts, words and feelings give insight and meaning to what is happening in the world today," says Ms. Darnall.


AAUW, founded in 1881, promotes



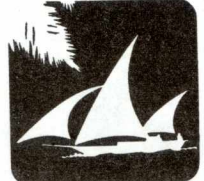
Marilyn Darnall brings to life the remarkable life of Eleanor Roosevelt in her dramatization of "Me, Eleanor" at the Annual Winter Luncheon of the Barrington Area Branch of AAUW on Saturday, February 17, 1996, at the Biltmore Country Club in North Barrington at 11:30 a.m. Tickets are \$22, and the event is open to the public.

equality for all women and girls, lifelong education, and positive societal change. Membership is open to anyone with a baccalaureate or higher degree. For more information or to make reservations for the luncheon, contact Bobbie Svacha at 381-3315 by February 10.





## Resort into Early Spring



See our wonderful collections  
of Leon Levin, Nino Wong, J.A. Resort,  
Santa Cruz, Edith Flagg and others.

# Betty's of Barrington

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(across from Jewel)

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**FREE TREATMENT!!**

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Expires 2/29/96

**H**eaded for the warmer climate where a game of golf will be the order of the day with dinner and dancing to follow?

Be sure to visit **Betty's of Barrington** to take along the perfect clothing from dawn to dusk. Available is the wonderful line, Leon Levin, the traditional resort wear line for the golf enthusiast, coordinating sportswear from Nino Wong (shown), dressy wear from J.A. Resort, Santa Cruz, and Edith Flagg, for the missy customer are all awaiting your selection.

Psst... while at **Betty's of Barrington** be sure to look over the wonderful bargains on fall/winter merchandise.

Located in downtown Barrington across from Jewel.



## Be Free Of Unwanted Hair Permanently

**Absolutely! Electrolysis Salon** provides safe, gentle, and effective permanent hair removal by a Registered Nurse. A nurse for the past 16 years, Debbie received specialized training in electrolysis and has taken the National Board Exam to become a Board-Certified Professional Electrologist (CPE). Advanced computerized equipment assures every client of a most comfortable treatment.

Electrolysis is the only safe, sensible, and permanent treatment for the removal of unwanted hair. It will free you from the limitations and frustrations of temporary remedies (tweezing, waxing, bleaching, or depilatories) which only result in the regrowth of coarser and more deeply rooted hair.

Electrolysis will lift your spirits and your

self confidence as the look you desire is achieved and the troublesome hair is gone forever!

Electrolysis in this office provided by a Registered Nurse, assures the client of a safe and effective treatment. Strict sterilization standards are adhered to as the requirements for sanitation and aseptic technique are strictly followed. These standards include the use of sterile, disposable probes, sterilization of instruments, hand washing, and the use of a fresh pair of examination gloves for each treatment.

**Absolutely! Electrolysis Salon** is located at 759 W. Main St. in Lake Zurich (S.W. corner of Rts. 12 & 22 in the courtyard between Just Oak and Pasta Makers). Call **Debbie Fritzshall R.N., C.P.E.** at 847-550-0100 for further information.

## Facial Plastic Surgery, Looking Your Best

*Dr. Churchill specializes in plastic and reconstructive surgery of the face and neck. He has an office and private surgical suite in Barrington, and is one of a handful of physicians in the country to complete extensive subspecialty training through a fellowship with the prestigious American Academy of Facial Plastic and Reconstructive Surgery. Dr. Churchill is board certified and on staff at a number of local hospitals and surgery centers. The following is an excerpt from an upcoming newsletter.*

### What Is a PCA Peel?

The PCA Peel is a blend of alphahydroxy acids (AHAs) and lighteners added to a standard Jessner's solution. This is a non-toxic light to medium range peel. This peel is particularly effective on sun-damaged skin and skin with uneven pigmentation. The goal of the treatment is to give the complexion a more even skin tone.

### What Does a PCA Peel Contain?

PCA Peels contain lactic acid and is well received by the body and is moisturizing. The use of alphahydroxy acids can be used together with the lactic acids. The alphahydroxy acid breaks the chemical bond of the glue that holds the dead skin layer together. They speed up the exfoliating process enabling the newer healthier cells to surface. The lighteners in the PCA Peel are kojic acid and hydroquinone. These do not actually "bleach" but inhibit the enzyme tyrosinase that encourages the melanocyte to create new melanin.

### What Are the Effects of the PCA Peel?

The effects of the peel are different on each individual. The PCA Peel can cause lightening in color of the skin. Also not everyone should expect to actually see their skin peeling. Occasionally, you may have light flaking in a few areas for a couple of days. Most patients who undergo this treatment have only a little redness for anywhere from one to twelve hours. It is recommended to not apply makeup the day of the treatment. It is ideal to allow the skin to stabilize and rest over night. Your skin will feel tight and "pulled." Apply moisturizer as frequently as you feel needed. Absolutely do not go to a tanning booth for a least 3 weeks before or after a treatment.

### Where and How is the Procedure Performed?

The first step in a PCA Peel is to come to the office for a consultation. In your consultation you will be asked a series of questions regarding your skin. This will help the technician understand better what is best for

(Please continue on page 38)



## Trust Your Face To A Facial Plastic Surgeon



**GARY S. CHURCHILL, M.D.**  
Board Certified  
Specializes exclusively in  
cosmetic and reconstructive  
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Barrington, IL 60010

**304-1000**



## Artist Robert Bateman Inspired By Simple Beauty

With a true passion for nature, world-famous artist Robert Bateman has limitless inspiration for his art. His newest release, *Winter Barnyard*, was inspired by the simple beauty of rustic simplicity in a white pine-planked barn with a fieldstone foundation, and the legendary tales of the barn building socials that brought friends and families together many years ago. Still alive with activity, the barn is a strong testament to the humanity behind it. Its essence is captured in this outstanding limited edition print now on display at **Woodland Art Gallery** in downtown Crystal Lake.

**Woodland Art Gallery**, the largest dealer of art by Robert Bateman in Illinois, boasts an outstanding collection of limited edition prints by today's most sought-after artists including a new release by Don Hatfield. Hatfield's latest is an original hand-pulled serigraph in over 100 colors produced at the renowned Morrosstudio in California. Entitled *Afternoon Chat*, it's Hatfield at his finest and is also now on display at the gallery.

**Woodland Art Gallery** owner and master framer Scott Teasdale is one of the area's most respected and knowledgeable sources for limited edition prints. He also specializes in locating sold-out works of art on the secondary market.

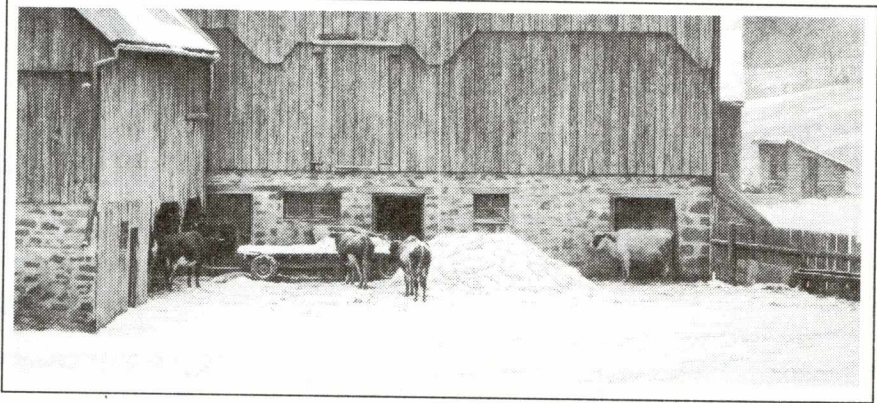


"Afternoon Chat" by Don Hatfield

And, of course, custom matting and framing by **Woodland Art Gallery** assures the integrity of your art for years to come.

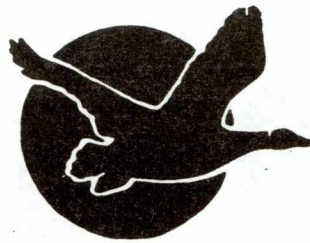
**Woodland Art Gallery** is located at 71-B East Woodstock Street in downtown Crystal Lake. Open Monday-Friday 9-5, Saturday 9-3. Phone (815) 459-0460. Visa and MasterCard are accepted and shipping is available anywhere. Visit the gallery soon and discover the art worth collecting.

## THE SIMPLE BEAUTY OF RUSTIC SIMPLICITY



© 1996 Robert Bateman

### Winter Barnyard A new release by Robert Bateman



**WOODLAND ART GALLERY  
and Frame Shoppe** Est. 1980  
71-B East Woodstock Street, Downtown Crystal Lake  
(815) 459-0460 Mon.-Fri. 9-5; Sat. 9-3

Limited Edition Prints • Museum Mounting • Custom Matting • Fine Framing  
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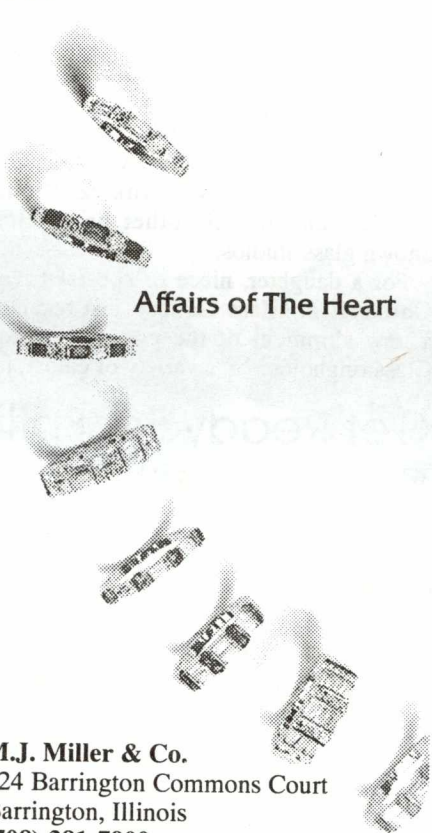
## A Special Gift For Her...

Select a special gift for that special someone in your life at **M.J. Miller & Co.**

Choose from our vast collection of gems and jewels or make a selection from our exclusive designs on display. In addition to our stylish contemporary jewelry, we are very enthusiastic about our lovely estate jewelry including pieces by David Webb, Cartier, Tiffany, Bulgari, and many others. We are the exclusive purveyor in North America of Gernot Schluifer's exquisite crystal sculptures and intricate engravings. Also available is the complete line of Swarovski crystal including their new design selections.

We are authorized agents for many fine watchmakers such as Movado, Krieger, Concord, Kelek, and Seiko. We also carry Hour Lavigne clocks—the finest desk clocks in the world—which are crafted from Baccarat crystal, elegant woods and gilding.

We will be happy to exchange your old jewelry for something new or create an exciting piece for you from your items. We also purchase gold, diamonds, as well as other estate jewelry. In addition, we have a complete in-house repair shop for your repair needs and a certified gemologist for appraisals.



Affairs of The Heart

**M.J. Miller & Co.**  
124 Barrington Commons Court  
Barrington, Illinois  
(708) 381-7900

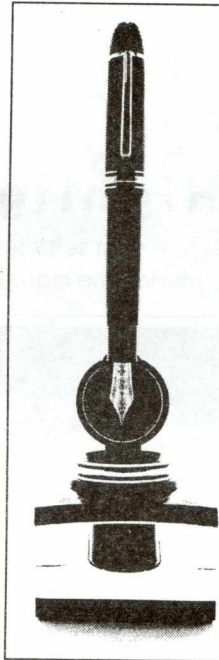
## Nursing Scholarships Offered

The Barrington area Nurses Organization is offering two \$700.00 scholarships to assist individuals who have been accepted and seated into an accredited school of nursing, students presently enrolled full time in a nursing program or any registered nurse pursuing a bachelor degree in nursing. Applications will be accepted from students residing within the primary Good Shepherd Hospital service area. This includes Bar-

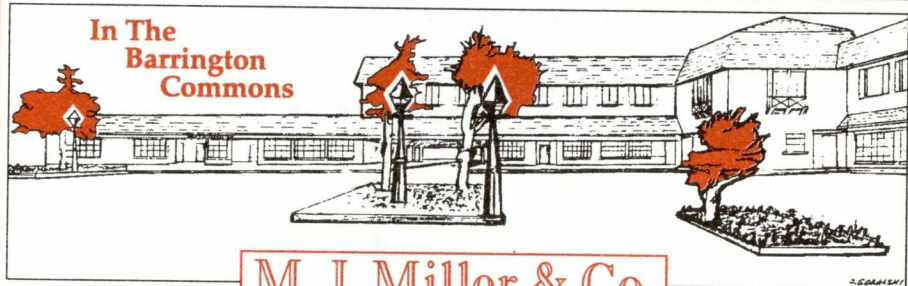
rington, Algonquin, Cary, Fox River Grove, Lake Zurich, Wauconda, Island Lake, Crystal Lake and the Palatine area with zip codes 60067/74. Money from these scholarships will be applied toward payment of tuition for the 1996-97 school year. Further information may be obtained by contacting Carol Alfieri R.N. at (847)381-6745, Virginia Nordlof R.N. at (847) 669-1739 or Nancy D'Angleo R.N. at (847) 381-9390.

And  
for  
Him...

**MONT  
BLANC**  
THE ART OF WRITING



"To  
write  
is to  
write  
is to  
write  
is to  
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is  
to write is to write is  
to write is to write."  
Gertrude Stein



**M.J. Miller & Co.**

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Thurs. 9:30-8  
Sat. 9:00-5

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## Chesterfield Galleries

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*Remember Your Valentine  
with a Gift to Cherish*



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382-6677

Hours: Mon.-Sat. 9:30-5:30; Thu. 9:30-8:30; Sun. 12-4

## Get Ready For *Spring* FREE Haircut with any **Highlighting**

with selected stylists  
during the month of February



Ask about our  
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& Hair Style

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& I*

*Hair and Nail Salon*

**381-5043**

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Wed. & Thurs. Evenings  
200 Applebee  
The Ice House

# AT THE BARRINGTON ICE HOUSE

## Ile de France Now Open

Ann Crawford and Robert Benvensite are pleased to announce the opening of **Ile de France** of Barrington, located in the Ice House Mall. While we specialize in French antique furniture and accessories from classic to art deco, we offer a full line of international antiques. Since we personally buy directly from private parties in France, we are able to offer you the finest quality at the most competitive prices in the Chicago area. Besides the inventory in our store, access to our entire warehouse inventory will be at your fingertips shortly via our computerized video catalog.

In addition to our fine antique furniture and accessories, we offer complete resto-

ration, refinishing and repair services through **Ile de France Restoration Guild**, which the *Chicago Tribune* deemed the "Miracle Worker" of Chicago for furniture restoration and refinishing. Our expert staff, comprised of European and American craftsman and artisans, provides the following services: furniture repair and refinishing, including French polish and faux finishes; custom cabinetry; wood carving; hand-caning; metal work; antique lock, lamp and clock repair; gilding; glass, porcelain, marble and leather work; and restoration of paintings and other works of art. Adapting antique furniture for modern use is our specialty. We look forward to seeing you soon!

## Gifts To Cherish

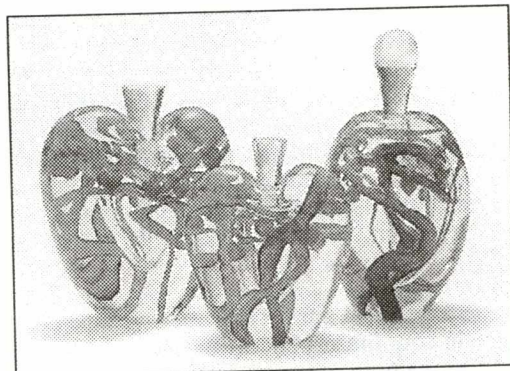
Is your Valentine so special that candy and flowers just don't express your affection? **Chesterfield Glass Gallery** in the Barrington Ice House has the perfect Valentine's Day gift in its new collection of perfume bottles and paperweights in every price range. She (or he) will always treasure a one-of-a-kind, hand-blown piece of art glass that is signed by the artist and comes with a certificate of authenticity.

In addition to perfume bottles and paperweights, some that are even heart-shaped, **Chesterfield Glass Gallery** also carries vases and sculptures by Lotton, Orient & Flume, Ed Nesteruk, Zellige, Glasner and over 30 other nationally-known glass studios.

For a daughter, niece or special friend **Chesterfield Glass Gallery** just received a new shipment of the popular Gibson Glass ringholders in a variety of colors, in-

cluding cobalt blue, light blue, teal, light pink, cranberry, red, green, black and multicolored. Each Hershey's kiss-shaped, functional glass object comes wrapped with special surprises for your Valentine.

**Chesterfield Glass Gallery** is located in the Barrington Ice House, 200 Applebee St., next to the Jewel Food Store. Hours are 9:30 a.m. to 5:30 p.m. Mon. through Sat., noon to 4 p.m. Sun. Call **382-6677**.



## Get Ready For Spring

Why not give your hair the healthy, radiant look of the sun? **She & I Hair and Nail Salon** is offering a free haircut when you get any highlighting during the month of February (with select stylists). Have glorious color and a terrific cut as we approach Spring.

Be sure to ask **She & I** about their special Valentine package which includes a manicure, pedicure and stunning new hair styling! Be your best from head to toe.

Do consider a Gift Certificate for that someone special—which could be applied toward cutting, coloring, perming, highlighting, styling, manicures, pedicures and paraffin treatments.

**She & I Salon** is located in the Barrington Ice House. Call **381-5043** for your next appointment.





# AT THE BARRINGTON ICE HOUSE

## Events At The Barrington Ice House

We invite you to shop and dine at the **Barrington Ice House Village Shops and Restaurant**. Bring that "someone special" to the Ice House to browse and shop our twenty boutique shops which offer something for everyone including men's, women's and children's apparel, accessories and jewelry, art, gifts, stationery and shoes, bath and gourmet foods. In addition we have our award winning Chessie's Restaurant and She & "I" Hair & Nail Salon.

You will want to be sure to visit our two newest stores at the **Ice House**. Ile de France carries lovely antique furniture and

accessories. They also offer furniture refinishing and restoration service.

The Jewel Tea Historical Foundation Gallery grand opening will take place in early February. This organization will carry such items as mugs, sweatshirts and calendars. In addition there will be an exhibit of old-time Jewel Tea products and packaging.

The **Ice House** is located in downtown Barrington on Applebee Street which is located one block west of the intersection of Route 59 (Hough Street) and Lake Cook (Main Street) where there is plenty of parking.

## A Message From Sundance

Pictured is our new Alegre Collection of cottons. These are the best! There are four new patterns and many new styles. These are perfect for your mid-winter get away.

New arrivals—Actionwear, Donna Jessica, Moray, Duffel, Crystal jackets and Canvasbacks plus much more.

We have added some new western lines that are unique and don't forget jeans—we can fit 4-18.

Need a sun hat? We have crushable straw hats that you can pack in a suitcase. One less item to carry, and they are sized!

With Valentine's Day right around the corner, we have brought in some stunning new Peyote Bird watches for you. They have a completely new look and would make a lovely gift for yourself or a loved one.

See you soon, Nanci.



**D**uring the long winter months, sometimes it feels that spring will never arrive. In the Ladies' Department at **Peter Daniel**, spring is already here! Daily we are receiving the newest collections of Ellen Tracy, Platinum, Kenar, Karen Kane, and Dana Buchman. Stop by to see the exquisite colors and fresh new styles.

This free-flowing, full-length jumpsuit from Joseph Ribkoff is styled with large buttons on a double-breasted top. The soft fabric is adorned with fine stripes making it a great choice for a casual patio party or lounging at home.

Let **Peter Daniel** be your "breath of fresh air" when the winter doldrums set in. See you soon!

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Purses.  
Choose from our wonderful selection or special orders accepted.

...get an early Jump on Spring!

White cotton cardigan sweater with sequined Bugs from Belle Pointe.

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Fabulous, fresh food for every taste. Warm, friendly service. Comfortable, casual ambience with a vintage railroad theme.

*Our large menu includes:*

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N.Y. Strip Steak, Filet Mignon, Mahi Mahi, Grilled Salmon, Shrimp Scampi, Chicken Piccata, Veal Pomodori. Premium wines by the glass.

**LUNCHEON:**  
Fettucine Alfredo, French Dip, Reuben Sandwich, our renowned Grilled Crab Sandwich, Caesar Salad, Fajita Pasta Salad, and much, much more.

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**APPETIZERS & DESSERTS:**  
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Reservations for five or more only.  
200 Applebee Street, Barrington, Illinois  
(At the Barrington Ice House Village Shops)



Bring your  
Valentine  
to Chessie's

## AT THE BARRINGTON ICE HOUSE

### Bring Your Valentine To Chessie's

For a nostalgic dining experience try **Chessie's Restaurant** at the Barrington Ice House Village Shops. Fabulous, fresh food for every taste, warm, friendly service and a comfortable, casual ambience with a vintage railroad theme await you.

Their large menu includes (for dinner) N.Y. strip steak, filet mignon, mahi-mahi, shrimp scampi, veal pomodori, chicken piccata, grilled salmon and more. Premium wines are available by the glass. For luncheon try their renowned grilled crab sandwich, caesar salad, fajita pasta salad, fettucine alfredo, French dip, Reuben sandwich and so much more! Sunday brunch offerings include eggs benedict, quiche de jour, huevos con chorizo, Aspen omelet,

strawberry waffles, chicken crepes divon, heavenly hash and fresh fruit.

Learn the latest fashions at **Chessie's Restaurant** by having luncheon there Wednesday and Friday. Beautiful clothing from the chic and trendy stores within the mall are presented between noon and 1:30 p.m. Call (708) 382-5020 for reservations for five or more only.



### Biltmore Neighbor's Association Mystery Night Party Benefits Fox River Grove-Cary Fund



L to R: Kimberly Haanpaa, Craig Haanpaa, Gayle Corcoran and Jim Corcoran.

In past years, the Biltmore area neighbors have met once a month for informal TGIF's.

The TGIF (almost always hosted on Friday) gave every one a chance to see old friends and meet the new neighbors. This year, the group started off the season in a slightly different way. The first get-together was a party that had the residents looking for clues throughout the Biltmore area and getting refreshments and food at several of the area homes. The event was held on November 4 and was a rousing success.

The planning group met in late August, chaired by the group's new "official" chairperson, Gaynor Talashek. They

drafted some rough ideas for how the 1995-96 TGIF season could be a bit different, benefit some local charities, and also provide the ongoing good times experienced at prior TGIF'S. The Murder Mystery Party idea was suggested by residents, Tom and Mary Hines. Having previously hosted a party with a similar concept, they provided the format and details necessary to get everyone excited about getting the Biltmore neighbors together for such an event. Various group members picked up on food, host homes, prizes, and decoration responsibilities, and then met once or twice a month to keep the process rolling and in touch

with each other. The planning group members are to be complimented and should be very proud of the results. Over seventy-five people attended the event.

Many of the party's participants came dressed as their favorite sleuths, criminals, and crime fighters. The best costume prize went to Jim Corcoran, who dressed as Columbo even with the authentic cigar. Mary and Mark Kolar came as the Black Widow and her confessor and left with the prize for the best couple costume, while Mike Beightol showed superior story-telling skills and was awarded the prize for the best presentation. Finally the group of Kolar, Lafferty, Dodd, and Hermann came closest to solving the crime, which had lo-

cal veterinarian, Gery Hermann, killed. Prizes were provided by D & J Bistro, Scotty's Foods, Lone Star Steakhouse, Max and Erma's Restaurant and Chessie's Restaurant.

The party was originally slated to benefit the anti-gang organization, C.R.I.B. This group works to get gang members off the street and keep them off by focusing on the values of caring, responsibility, involvement, and belonging. Shortly before the event our area experienced the Fox River Grove-Cary train tragedy. At the party, a vote was taken to change the beneficiaries to the Fox River Grove-Cary Fund. The group at the party voted unanimously to send over \$700 to the fund.



L to R: Mary Hines and Tom Hines.



## Think CLIX For Valentines and Spring



By  
Gal Friday

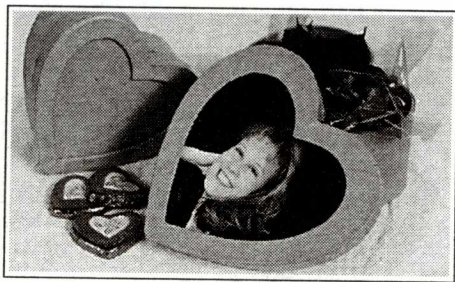
Hello, hello, hello! It's Valentine's Day already! Isn't this just your favorite holiday? It's amazing the variety of ways people think of to say "I love you."

Not that I'm really mushy and all, mind you. When we were dating, the first valentine my husband sent me had something about those "three little words" on the front and said "Scratch My Back" inside. I fell for the big lug then and there. Go figure!

Well, between the Boss and the other gals here at **CLIX Photographs & Savables**, there's some really clever ways for you to show that special someone how you feel. Like the inexpensive photo boxes you can use with your own photo, and fill with candy or a little gift.

Or our selection of neat paper frames and little cards you can personalize with your own photo. I thought about framing a photo of myself for my son at college with the words "clean your room" but my husband said that wasn't in the spirit of Valentine's Day. (He's really evolved from his "Scratch My Back" days.)

Or course, we have a great selection of gorgeous and unusual frames for the office desk or the bedroom table. Plus all the new



handmade journals and notecards! One fabulous new journal has pages made from watercolor paper. I'm getting that for my high school daughter. She's quite the artist.

Oh, and the new handmade leather journals and little address books from Florence, Italy. They just feel nice to pick up! You really have to stop by to see it all. You noticed the ad, I'm sure. I didn't need to write on this one, because they were pretty clear about the correct answer.

The **Spring Blitz at CLIX** is a great way to welcome in spring. It gives you a chance to get out your pretty frock and pretend the apple blossoms are out. Maybe it's time for a new shot of the kids? Or a nice photo of your sweetheart? And you'll have the wallets to send out to the relatives for Easter.

AH, Easter. I just can't wait till tulip time. I've been looking through all the garden catalogs. Did I tell you about my garden? Oops! I have to get this to Glenne at *Lifestyles*. We'll talk gardens next time. Better yet, stop in and see me at **CLIX**!

## For The Finest Quality And Workmanship

This season marks Bill Talidis' 41st year in the fur business and the 26th year at **The Mink Barn** in Union, Ill. The reason for our success—we don't sell just any mink—we sell the best. We raise our own mink for quality control, then design and make our garments and sell them directly to you. We can offer you the finest American made furs at the lowest possible price. You could shop Michigan Avenue and pay three times the price and get far less quality or you

could visit **The Mink Barn** for the greatest value.

Bill Talidis invites you to visit **The Mink Barn**. You'll enjoy browsing through our hundreds of ready made garments. We carry petites to plus sizes and we will also be happy to design a garment uniquely for you. We guarantee that whatever garment you choose from **The Mink Barn**, it will be the finest quality fur and workmanship at the lowest possible price.

## A Trip Through Renaissance Italy

"A Trip through Renaissance Italy" is as close as the Barrington Library when the Barrington Community Associates of the Art Institute presents this year's February Seminar Series. All three Thursday lectures were or will be given by Kathleen Gibbons, Director of Education at the University of Chicago's Smart Museum of Art. Coffee follows the 1 p.m. programs.

On February 1st, "Florence, Birthplace of the Renaissance" explored the ancestral home of the Medicis and the city that was the light of the world for a century.

On February 8th, "Rome, High Renaissance and Papal Art" illustrates that Rome contains much of the finest art and architecture in the world.

On February 15th, "Venice, Poetry of Color" shows the city of St. Mark's and the Doges' Palace in all its decorative charm.

Cost of a single program is \$8 for mem-

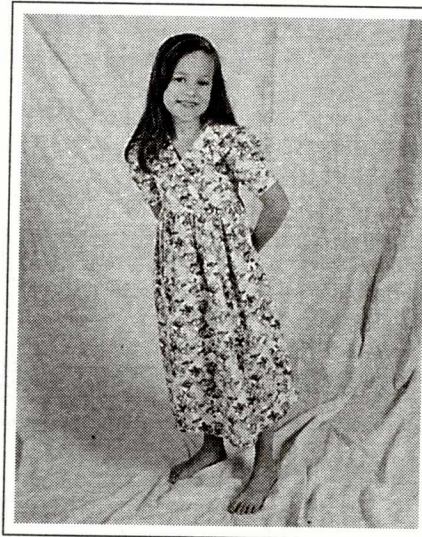


Michaelangelo, Saint Peter's Rome

bers and \$10 for non-members.

The Barrington Library is located at 505 N. Northwest Highway. For more information or reservations, please call (847) 304-4770.

## Q: What is the Spring Blitz?



Kristen, Age 6, of Crystal Lake.

- a.) What happens when 3 four-year-olds are left alone with an over-stuffed livingroom couch.
- b.) A biological thing that happens to Bambi in November.
- c.) What all Chicago quarterbacks are afraid of during the off season.
- d.) A tremendous special professional portrait offer for individuals or groups for **(2) 5 x 7 and 8 wallets for only \$22.50** (includes a donation of \$1.00 to the performing arts group of your choice).
- e.) **Occurring March 1, 2 & 4 at CLIX!** Prints ready before Easter. Stop in or call for appointment.
- f.) None of the above, I hate multiple choice tests.

**A:**  
1/2 credit for a.  
-1/2 if you picked c.  
Correct answer: d & e.

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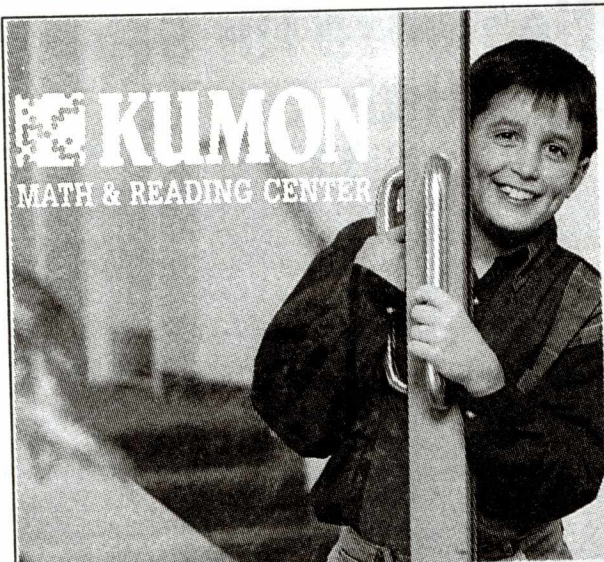
Infant  
Toddler  
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and 8-20  
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## Deadline for the March Issue is Thursday, February 15th

Please send your press release/  
advertising materials to:

Editor  
**Lifestyles Magazines**  
P.O. Box 293  
Crystal Lake, IL 60039-0293  
or call:  
(815) 459-4820



He can add  
3-digit  
numbers in  
his head...

He can  
calculate the  
pizza boy's  
tip before his  
dad can...

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**Once you learn how to learn,  
you never stop growing.**

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- ✓ Improved Math/Reading Skills
- ✓ Superior Study Habits
- ✓ Greater Concentration Skills
- ✓ Elimination of Math Anxiety
- ✓ Faster & More Accurate Work
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World's most popular after-school study  
program, offering individualized daily  
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**45 Area Locations  
To Choose From**

### OPPORTUNITY IS KNOCKING!

**FREE** Registration  
Diagnostic Testing  
9-Days Tuition\*

Enroll between 2/21-3/31 and \$30 registration is  
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of February Free! Save up to \$20! (Based on SRP)

**SAVE up to \$50**

**1-800-YES-MATH**

**KUMON**

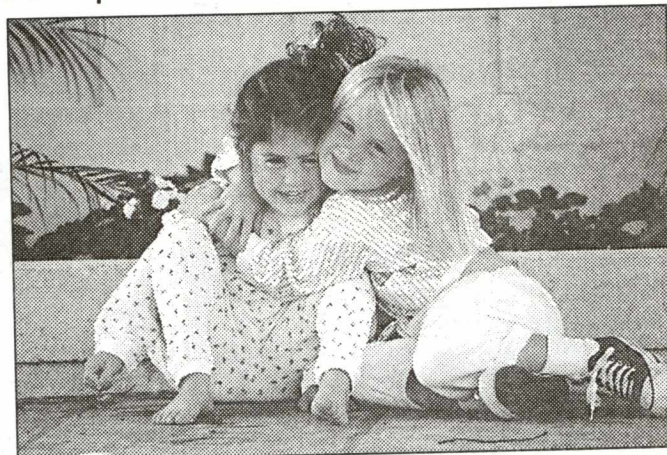
MATH & READING CENTERS  
**Learning How To Learn.**

## Spring Into Jump Street

Jump Street at 111 N. Cook in Barrington invites you to come in and take a look at the latest spring collections from Leggoons, J.M. Originals, Lily Wang and Malley & Co. Spring Break is right around the corner. Beautiful skating dresses and dance wear are now available at Jump Street.

We search for new and different lines. If you have any ideas, please stop in or call, let us know how we can serve you.

The Jump Street Toy Drive was a huge success! We collected over 100 new and used toys. They were delivered on Christmas morning to children at the Family Con-



ACT-N-UP KIDS, Spring 1996

nection Shelter in Chicago. We give a special Thank You to the families who participated. Your generosity was greatly appreciated by all the children. You are wonderful people.

Thank you, Kelly Domiano.

## Kumon Named One Of "Big Three"

*Good Housekeeping* magazine listed Kumon Math & Reading Programs among the "Big Three" learning centers available throughout the U.S. in its January 1996 issue. The comparisons between Kumon, Sylvan, and Huntington were made, indicating that Kumon had over 60% more Learning Centers in the U.S. than Sylvan, and was significantly less expensive at \$70 per month vs. a minimum of \$1,200 for a 4-month program at Sylvan. The *Good Housekeeping* article, titled "Does Your Child Need A Tutor?", offers advice and tips to Parents who are considering a Tutorial Program.

The Kumon Math & Reading Programs offer individualized study plans that provide children with daily challenges that ensure success and build upon the "basics," enabling all children to advance step-by-step to greater challenges. This method of study instills good study habits in the student, and builds confidence and skill by "mastering" the short 10-20 minute exercises by achieving 100% accuracy. This success is accomplished through close monitoring and analysis of each child's daily work by the Kumon Instructor. The Instructor assesses the progress each step of the way to ensure that the child is progressing while meeting the goals for "time and accuracy." While 100% are commonplace in Kumon, the key is to strive for accuracy within timed objectives, which helps to build mental math calculation ability and foster a sense of accomplishment as the child's daily worksheet assignments become more difficult, but none the less achievable.

In Kumon study, children never meet "brick walls," but rather are confronted with "paper walls" which can be easily penetrated. The design of the Kumon worksheets, developed and refined over the past 40 years, promote a child's independence by empowering him/her to learn from the examples and progressive design of the worksheets. The Instructor is "coach" who sees that the student can do the tasks "on their own," but guides them and advances them when the child is ready. This self-paced, self-teaching aspect of Kumon is the



Parents meet to discuss their child's progress with a Kumon Math/Reading Instructor.

key to the child's success, since things learned through the child's own achievement are therefore worthy of self-appreciation. This is what makes learning a "fun" experience, because it is through commitment and dedication to daily study on the part of the child (as well as the parent) that the value of disciplined study is appreciated. While a commitment to the discipline is required, it is not stressful nor overwhelming since the dose of daily study is merely 10-20 minutes, and the work is "just right" to foster success in the child.

The Kumon program is gaining wide acceptance, with over 2 million students currently enrolled worldwide and studying on a daily basis. There are no contracts, only results which keep families enrolled in the program. **Start classes on February 21st, and receive the remainder of February FREE.** There is no charge for diagnostic testing, and tuition includes daily Kumon study and twice-weekly Center visits. The registration fee of \$30 is waived for all students enrolling between February 21st and March 31st. Call 1-800-YES-MATH now for an information packet. There are over 45 Chicago Area Centers offering Math & Reading Programs, including Palatine, Crystal Lake, Cary, South Barrington, Buffalo Grove, and our newest location at Dundee and Arlington Heights Roads in the Plaza Verde Shopping Mall.



## Announcing The New Barrington Kindermusik And Piano Studio

The new **Barrington Kindermusik and Piano Studio**, under the direction of Bruce and Judith Meils, is opening February 1. Located at 22 N. 159 Pepper Rd., (the Hubschman Building) north of the Barrington Ice Arena. The studio is offering the full curriculum of kindermusik and keyboard and piano instruction for children and adults.

Bruce and Judith Meils have both had professional experience as musicians and entertainers and have many year's teaching experience and degrees. Guild auditions (American College of Musicians), parent-child duet programs, children's piano contests for trophy awards and recitals are offered. Adult classical and "pop" lessons, "chords," improvisation, and adult informal recitals will occur throughout the year.

Kindermusik is a series of classes for children from 18 months to 7 years of age. It covers music concepts: rhythm, movement, singing, playing instruments, classical and folk music literature and games.

These classes provide a joyful environment in which musical instincts are encouraged as fundamental skills begin to develop. Kindermusik gives the child a total music experience at a time when the developmental stage is set. Whether listening or moving, vocalizing or playing an instrument, creating or reading music, or enjoying an ensemble, the focus is on process, not performance. It fosters a life-long love of music, a joyful attitude toward learning and a loving bond between the child and the parent. These classes should have a positive effect on children who will later be learning piano or any musical instrument.

Kindermusik registration deadline is February 15. The spring class session (15 weeks) of Beginnings (ages 18 months to 3 years), Growings (ages 3½ to 5 years), and Young Child (ages 4½ to 7 years) begin the week of February 25.

For information regarding private instruction on piano/keyboard and Kindermusik classes please call Bruce or Judith Meils at (847) 382-8199.

## Feel Different!

"There's something about massage that makes all the difference."

Therese Maria Pol, nationally certified massage therapist and owner of **Massage Movement**, located at 202 S. Cook St. in downtown Barrington, hears this again and again from those who have discovered the wonderful and healthful benefits of massage therapy and bodywork.

Certainly the widely acknowledged short-term benefits of massage, such as the temporary stimulation of circulation and lower-

ing of blood pressure, contribute to the fact that massage therapy is one of the most sought-after forms of alternative health care.

There's another vital reason: massage therapy and bodywork coaxes the body into new feeling states. With repeated massage sessions, inhibiting muscular tensions give way to increased sensation and freer movement.

Ms. Pol invites you to experience her unique style of massage therapy at **Massage Movement**. Feel Different!



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Available at **Chuck Hines** on Main Street in downtown Barrington.

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THE PREMIER MUSIC PROGRAM  
FOR YOUNG CHILDREN.

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Their spring collection is available now, at:

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## Can We Afford People With Disabilities If Congress Passes The Balanced Budget?



(L to R) Frederick H. Prince, Trustee of Prince Charitable Trusts presents Hugh Gregory Gallagher with \$50,000 for being selected as the 1995 Betts Laureate. Dr. Henry B. Betts, president and CEO of the Rehabilitation Institute of Chicago and John D. Kemp, 1995 Betts Award jury chair and new executive director of Very Special Arts are also on hand for the presentation recently in the corporate headquarters of U.S.A. Today. Gallagher won the award for drafting the first civil rights legislation for people with disabilities and for his work as an author and disability rights activist. He raises serious questions concerning health-care of people with disabilities as Congress attempts to balance the budget. The \$50,000 annual award is named for Dr. Henry B. Betts. The Betts Award honors an individual for outstanding efforts to improve quality of life for people with physical disabilities. To obtain 1996 nomination forms call 312/335-1592.

"I tremble for my country," said Hugh Gregory Gallagher in acceptance remarks after receiving the \$50,000 Henry B. Betts Award. Gallagher, in making the remarks,

## Ben E. Salon Celebration

Join in the celebration of the opening of the **Spa Addition** at **Ben E. Salon**. Throughout the month of February there will be weekly giveaways for one of the new services available. No purchase necessary. They will include full body massage, nail services including pedicures. New services to our Facial Menu include body polishes to sea weed wraps. There is a hydrotherapy shower available for clients and as always strict sanitation standards are in place. Our month long celebration includes many specials. Receive a gift just for stopping by for a tour of the new spa.

Owners, Ben and Elizabeth Koerten are celebrating their 15th year as Salon Owners. Their commitment to being an outstanding salon is evident. "We've created an environment of customer care... from the moment you enter our salon until your look is completed." "Our Salon Staff is dedicated to professionalism and education." We invite you to experience **Ben E. Salon Spa**. We are an **AVEDA** Concept Salon and feature only **AVEDA** products. We are located at the intersections of 14 and 59 and are open evenings for your convenience.

## BWC's "Shoe Box To Showcase"

A Barrington Woman's Club General Meeting and Program will be held Wednesday, February 21 at The Barn of Barrington, 1415 S. Barrington Road. Cocktails begin at 11:30, Lunch at Noon and a 1:00 P.M. Program start.

"Shoe box to Showcase," Creating Family Memories, will be the program presented by Beth Lloyd (Creative Memories Consultant).

They're worth a thousand words. They're the first possession you would save from a fire. They're one of the few legacies you have to pass on. Yet for all their importance, we shove them in drawers, abandon them to basements and attics, or worse, store them in albums that chemically destroy the very images they were

meant to protect.

Photo albums preserve your memories and your family history, provide a strong sense of belonging and self-worth no matter what your age; inspire hope for the future, connecting generations; make good economic sense, protecting your investment in cameras, film and processing.

Come and learn how to organize and responsibly store your photos and memorabilia. You will learn techniques for organizing, cropping, layout, mounting, journaling and much more.

Please send check for \$20.00, made out to Barrington Woman's Club to Marie Shaw, 23575 Juniper Lane, Barrington, IL 60010. The reservation deadline is February 14.



was referring to the current Congressional attempts to balance the budget, provide a major tax cut for the wealthy and "in delicious irony" strengthen family values. Gallagher is an author, scholar, disability rights activist and post-polio quadriplegic. He offers a unique perspective on the current health care debate in Congress and the nation concerning budget cuts in health care programs. Other thoughts from Gallagher on this issue are:

- "Our nation is the wealthiest in the entire history of mankind. Our national debt is lower than the debt of most industrialized nations. Our overall tax rates are lower than any of the Common Market countries except Turkey. We are the only country in the industrialized world that *does not have some form of universal health coverage*. Yet we are now in a process of dismantling what coverage we have—the 'safety net' of Medicare/Medicaid."
- "The Congress plans to turn Medicare/Medicaid over to profit-driven Health Maintenance Organizations whose policies deny disabled people the rehabilitation they need to become productive citizens."
- "Low level HMO clerks—who know nothing of medicine and who have never seen the patient—make treatment decisions which rightly belong to the physician and his informed patient."
- "HMOs make profits by rationing health care. If we are going to ration health care, it should be done equitably and honestly, as we rationed in World War II—not by some company out to make a fast buck."
- "Health care profiteers are no better than war profiteers."

His articulate opinions and thoughts are based on years of research, experience in the White House and on Capitol Hill; and living as an independent person with disabilities. Gallagher was recently named the \$50,000 1995 Henry B. Betts laureate for his work on behalf of quality of life for people with disabilities. It was Gallagher who first described to the world the disabled President Franklin D. Roosevelt in the book, *FDR's Splendid Deception*. Roosevelt and everyone who surrounded him denied the fact that he couldn't walk alone. Gallagher's book somehow made it OK for the leader of the Free World to be disabled. Senator Bob Dole, in a congratulatory letter to Gallagher on winning the Betts Award, speculated that because of "the hard work... of disability advocates such as Hugh, I trust that today Americans would have no problem in electing as president a man or woman with a disability."

Gallagher's latest book, *By Trust Betrayed, License to Kill in the Third Reich*, describes the methods used by the government and medical professionals in Nazi-controlled Germany. Physicians "selected" people with disabilities for various experiments and "final treatment" procedures. While the US health care system is far from the Third Reich, Gallagher warns that economic necessity to keep health care costs down may imperil the poor, the infirm and people with disabilities. He finds the current discussions regarding health care reform eerily familiar and feels compelled to "fan the flames" of controversy on behalf of the rights of all people with disabilities.





# A Celebration of Love

## Lifestyles' Special Focus on Brides and Sweethearts

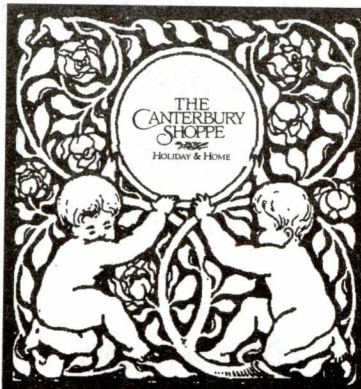


### A Gift That Endures... Rochard Limoges

Looking for a Valentine's Gift that will last? For hundreds of years, the exquisite beauty of French Limoges porcelain has been cherished by generations the world over. The variety, artistry and intricate painting of these miniature pieces are what keeps these collections from ever going out of style! Starting under \$100 our spring collection is filled with miniature clocks, playful cats, over-stuffed chairs, classic sewing machines, beautiful cherubs, hearts, purses, cheese domes and fruit... and more (especially for music lovers!). The distinctive quality of Rochard is undersigned on each piece in the collection.

**Special Valentines Offer:** With each Limoges piece purchased for Valentine's Day, our complimentary gorgeous wrap will also include a delicious gift of gourmet Jerbeau Chocolate! Special request orders available... only at **The Canterbury Shoppe, (847) 304-9627!**

**The Canterbury Shoppe** is located one block south of Main St., on Station St. between Rte. 59 and Cook Street. Our February hours are Tuesday through Friday 10-5:30, and Saturday 10-4. *We will be open Sunday, February 11th, 10-4 p.m. and Monday, February 12th, 10-5:30 p.m. during Valentine's week.*



### A Gift That Endures... Rochard Limoges

Our Spring collection is in! Exquisite miniature clocks, playful cats, overstuffed chairs, classic sewing machines, beautiful cherubs & hearts, cheese domes & fruit... Only at the **CANTERBURY SHOPPE.**

117 East Station Street • Barrington, IL 60010  
(847) 304-9627

February Hours: Tues.-Fri. 10-5:30, Sat. 10-4, Open Sunday-Monday Of Valentines Week.

### Syd Simons Cosmetics, Exclusive Products And Professional Services

#### Makeup Services

**Three-Lesson Makeup Course:** This is our famous comprehensive makeup course in how to apply makeup for both day and evening.

One of our professional makeup artists will privately instruct you on how to achieve your own individual best look with makeup.

You learn what skin care products you need and when and how to use them; the right foundation and how to blend it; highlighting and shadowing to contour the face; how to get the most out of your cheek colors, eyeshadows and lipsticks to complement your wardrobe and your lifestyle. Each step is charted and diagrammed for you.

You learn what products to use and not to use so that everything you buy, you use. After you have completed the makeup course you become a makeup artist on your own face and meet each day with confidence that you look your best.

**Makeup Application:** For that special occasion or for when you want to feel and look your best, let one of our professional makeup artists perform a corrective eyebrow shaping and apply your makeup while coordinating it with the colors of your dress. **Teen Makeup Lesson:** An excellent beginning for the young lady starting to wear makeup.

You learn *proper* skin care for your individual needs—a fundamental first step to wearing makeup! You also learn how to apply and blend face, eye and lip makeup while coordinating makeup colors with your wardrobe to achieve a soft, natural

everyday look.

Your lesson is diagrammed so that you always have a chart to guide you.

#### Skin Care Services

**Deep Pore Cleansing Facials:** Scientifically designed and performed by **Syd Simons'** professionally trained and certified estheticians. Generally, facials cleanse, unclog pores and remove dead cells but at **Syd Simons** we practice perfected European based treatments using advanced equipment and specific techniques to help improve every skin type to stimulate the deepest layers of tissue to refresh and invigorate your skin. Our estheticians analyze each face before they begin. Because every skin is different, each client receives an individual treatment to satisfy their skin's needs.

For dry or aging skins, a facial moisturizes, lubricates and oxygenates. In troubled skins, a facial reduces oiliness, congestion and blemishes.

Facials additionally firm facial muscles, tighten lazy pores, erase tiny lines, eliminate blackheads, speed up sloughing off of dry, dead cells, refine texture, improve color and soothe sensitive skin... and much, much more.

And we don't stop there! We provide you with a carefully plotted homecare program to meet your specific needs. Amazing results have been achieved within thirty days when regular facials were combined with consistent home care.

Everyone can benefit from scientific face care. Ask us how we can help resolve your skin's problems.

Plus, the exclusive **Syd Simons'** line of fine cosmetics and treatment products.

### Give Your Sweetheart a Gift Certificate from Syd Simons

- Makeup Applications
- Spa Facials
- Manicures & Pedicures
- Body Wraps
- Body Massages
- Therafin Hand & Feet Treatment
- Hair Removal Waxings
- Teen Lessons

**Dr. Murad's Products  
and Treatments**



For your private appointment,  
call us at 381-8727.  
Visa and MasterCard accepted.

### VALENTINE SPECIAL during the month of February

With a Private Makeup Lesson receive a **FREE Lipstick.**

*Syd Simons*  
**STUDIO**  
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Barrington

"Where Makeup is an Art... and Skin Care is a Science"





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*On Valentine's Day,  
Remember your "coffee lover"  
with a gift from Caffé Espresso!*

**Everything for the Coffee or Tea Lover**

**We Now Feature Health-Conscious Items**

- **Sugar Free** – Flavoring Syrups
- **Sugar Free** – Candies & Cookies
- **Fat Free** – Muffins
- **Fat Free** – Biscotti
- **Cholesterol Free** – Puff Pastry
- **Salt Free** – Gourmet Seasonings
- **Organically Grown** – Coffees & Teas
- **Decaffeinated** – Coffees & Teas
- **Weightless Teas** – For Dieting

## New Health-Conscious Items At Caffé Espresso

When you stop in at **Caffé Espresso** to enjoy your favorite coffee or tea, you often order a pastry, muffin or scone. Now you can order health-conscious items such as fat-free muffins or fat-free biscotti which are great for coffee dipping. Sugar-free cookies and candies are now offered. Or, try a cholesterol-free puff pastry.

If you prefer organically grown coffee or tea, **Caffé Espresso** now has a wide selection for your consideration. And of course, many varieties of decaf coffee are available too. Do you like a flavored coffee? Try one of the new sugar-free flavoring syrups.

**Caffé Espresso** stocks an assortment of scone and soda bread mixes, dry soup mixes, and a wide variety of seasonings and flavorings. Now you can choose salt-free seasonings which are great for flavoring soups, salads or burgers.

This Valentine's Day treat your "coffee or tea lover" to a gift and card from **Caffé Espresso**. You'll find all the fine coffees from around the world and many teas too—all together over 100 different varieties. **Caffé Espresso** also has a wide selection of coffee and tea related items which would make very lovely Valentine's gifts or gifts for any occasion. How about a "Romeo and Juliet" tea pot with matching cups for a nice romantic gift idea? Other gift items might include lovely bone china coffee and tea sets, serving trays or possibly a professional mug or a decorative mug—in all shapes, colors and designs including some with humorous messages.

Gift wrap, bows and decorative gift bags are also available at **Caffé Espresso**.

Come in soon and see all the wonderful things **Caffé Espresso** offers.

## 3Chefs... Serving All Your Celebrations!

Your guests will rave about the bite size wedges of dilled ricotta torte, scallops wrapped in sizzling bacon and the many assorted freshly prepared hors d'oeuvres served by uniformed wait staff. A plate service or buffet meal follows with a crispy garden salad splashed with balsamic dressing, beef, so tender it is cutable with a fork, roasted baby red parmesan potatoes, complemented by petite vegetables in an herb butter sauce. Then the grand entrance with platters of miniature white chocolate brownies, crystallized violets garnishing lemon tarts, chocolate cups with Kahlua mousse or perhaps, one of **3Chefs** fabulous tiered wedding cakes made of romantic rose batter, layered with raspberry cream in a basket weave design cascading with fresh flowers and ivy.

This highly memorable cuisine was specially planned and prepared by chefs Gery and Dyan Cuprisin of **3Chefs Catering Services**. This year Chef Cuprisin celebrates his 26th year of professional catering. Along with their staff at **3Chefs Catering**, all your entertaining needs are just a phone call away. **3Chefs Catering Services** specializes in corporate events and wedding receptions and can assist you with all of the many important details that are part of these events. The wedding policy of **3Chefs** is one that combines careful consultation and menu planning. **3Chefs Catering** spends the time you need on all the



necessary details to plan your perfect wedding reception. Depend on **3Chefs** to bring every detail of great food and service to your door step as showers, rehearsal dinners and grand receptions become part of your 1996 plans. In all cases, their trained and professional staff eagerly await to present mouth-watering hors d'oeuvres as their chefs prepare to serve an outstanding meal. Clients can select courses or combinations of courses from preset menus or create their own menu to suit their individual desire, whim or craving. **3Chefs Catering Services** welcomes the opportunity to meet all your entertaining needs from family style to gourmet feasts, at home gatherings or banquets to the finest in wedding services. Call **847-516-2433** for assistance.

## Program On Antique Music Boxes

The Collectors department of Barrington Woman's Club will be presenting this program at the Barrington Library on Friday, February 9. Dessert and coffee will be served at 12:30 P.M. and the program will start at 1:00 P.M.

Eugene B. Lehman is an author and lecturer and has received various honors, including ATM designation by Toastmasters

International. He has won numerous Speech contests in Toastmasters competitions. He is also a graduate of the Newspaper Institute and is a free-lance writer.

"Antique Music Boxes" also includes a display of museum and novelty pieces.

For further information and reservations, call Lois Hoppe, 381-9288 before Wednesday February 7.

708/870-0560.

For information on the Mardi Gras Celebration or Catholic Charities Northwest

Suburban Services and how they may help you or someone who needs help, please phone Sr. Jenny at 708/870-0560.



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## Let's All Go To The Mardi Gras!

To work magic for The Catholic Charities Northwest Suburban Services, the Mardi Gras Celebration, a unique American tradition and a marvelous excuse for a wonderful party, is coming to the Cotillion in Palatine (Route 14 west of 53) on Sunday, February 11th—and you are invited!

Sharing the spirit and joining in the fun with Mr. Richard L. Duchossois, honorary chairman, will be Bishop Edwin M. Conway, D. D., guest of honor. Mr. Maury Buford, member of the '85 Chicago Bears Super Bowl team, will serve as master of ceremonies.

A Mardi Gras Celebration, the theme chosen for the seventh annual *Hearts for the Homeless* benefit for families in transition, will come alive promptly at 4:30 p.m. as guests are welcomed to a social review of the many splendid 'parade of prizes' and silent auction items.

Under the baton of band director Colonel Kelleher, triumphant sounds of the St. John's and Northwestern Military Academies' *Herald Trumpets* choir from Delafield, Wisconsin, will signify that the 6:00 p.m. dinner hour has arrived.

As dinner concludes and the king cakes are passed, auctioneer extra-ordinaire Harlan Dam will gear up his vocal cords and electrify the crowd enticing bids on extravagant items and opportunities; such as Dinner with the Bishop for twenty people most graciously prepared and served by Dr. and Mrs. James Nuzzo of South Barrington. The special evening will include a sophisticated magic show by Dr. Nuzzo, one of the world's top ten slight-of-hand magicians.



*The Most Reverend Edwin M. Conway, D.D., Auxiliary Bishop of Chicago, Archdiocese of Chicago, will be the Honored Guest for a Mardi Gras Celebration, the seventh annual "Hearts for the Homeless" (families in transition) benefit.*

cians.

The cost for this afternoon for charity is \$50 per person (\$30 is tax deductible). Costume or Sunday attire is appropriate (masks provided). In the spirit of Mardi Gras, mock-royalty tables of ten are available: The Captain's at \$2,000, the King's at \$1,000, and the Queen's at \$500. Entree selections include broiled Orange Roughy Royale, Majestic Roast Loin of Pork and Le Jardin Vegetarian Platter. Please respond to The Catholic Charities, 1911 Rohlwing Road, Suite E, Rolling Meadows, IL 60008.

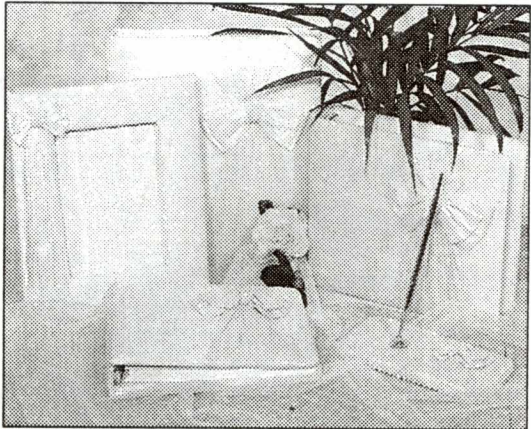


## Engaged? Then It's Time To Select Wedding Invitations

If he popped the question over Christmas, then it's time to pop over to **Little Shop of Papers** to choose wedding invitations. With so many gorgeous albums to choose from and a helpful, experienced staff to guide you, your only dilemma will be deciding.

In addition to outstanding wedding invitations, **Little Shop of Papers** has elegant bridal guest books, photo albums and picture frames. You'll also receive **50 FREE** personalized thank you notes with every order of wedding invitations.

**Little Shop of Papers** is located in The Foundry on the corner of Hart Rd. and Northwest Hwy. in Barrington.



Brides-to-be, clip this ad for your wedding file. (It's where you'll want to shop!)

## Special Events At A'L'Amour

**A'L'Amour's** special event schedule for spring provides countless opportunities for personal assistance and advice in planning the special events in your life from finding the "perfect" dress for 1st communion, 8th grade graduation or Prom, to planning the ultimate day in your life—your wedding.

Sunday, February 4, **A'L'Amour** presents fashions in "The Wedding Show" at the Chicago Hilton and Towers, presented by Gingiss Formal Wear.

Sunday, February 11, **A'L'Amour** presents a "Bridal and Bridesmaid Fashion Show" showcasing the newest colors and designs for '96 as well as informative tips on their selection.

The first of two "Mothers of the Wedding Fashion Shows" will be presented on February 25—the second on March 24. Dresses, suits and gowns for mothers and grandmothers, sizes 4 to 24 will be shown.

On Sunday, April 21, **A'L'Amour** presents "Hairstyles and Headpieces" and a



trunk show featuring Regalia Headpieces. All events are free, however seating is limited. Call and make reservations now at (847) 381-5858.

## At Michal's, We Tell You What You Need To Know When You Buy Your Diamond

There is a lot of room for deception when you buy a diamond, and very subtle differences in diamond quality can make big differences in value. In many cases, what may seem to be a bargain is actually overpriced.

If you're going to buy a diamond, buy quality. And know what you're getting. Whenever you buy a diamond, insist—and we mean insist—on certification by an independent laboratory.

There are three laboratories that are internationally recognized and accepted: The Gemological Institute of America's Gem Trade Laboratory; the International Gemological Institute; and the European Gemological Laboratory.

### A Word About Prices

At Michal's, you get what you pay for. You also get more of that not-so-invisible item: quality. We do not sell chemically treated or fracture filled diamonds.

Our mountings are wonderful, and we manufacture them ourselves. Not only do we maintain absolute quality control, but, by eliminating any wholesaler, we offer this fine quality to our customers at the best possible price.



Very important. There is no need to wait until you have a large accumulation of cash on hand to buy a Michal's quality diamond. Diamond ring prices begin at about one thousand dollars, and you may divide payments over twelve or more months if you wish.

To learn more about how diamonds are graded and priced, visit our store and ask for a free copy of our Diamond Book. We want to be your jeweler by earning your trust.

## VALENTINES! VALENTINES! VALENTINES!

### For Everyone

Children Will LOVE  
Our Valentine Packages  
...Perfect for School  
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Lots of Nifty Gifts  
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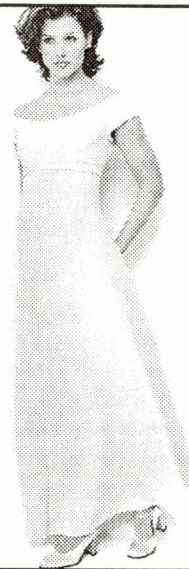
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Bridal By  
Appointment

Mon.-Thurs. 10-8  
Fri. & Sat. 10-5  
Sun. By Appt.



## Get Your Sweetheart A Rolex



### Pre-Owned Rolexes

### Retail

### Michal's Sale Price

Rolex Gold Mariner	\$20,500	\$13,900
Rolex President (Gents)	\$15,900	\$7,950
Rolex President (Ladies)	\$12,400	\$7,950
Rolex Thunderbird (Gents) 18K Gold & Stainless	\$5,100	\$3,650
Rolex Two Tone (Gents) As New	\$5,100	\$3,850
Rolex Air King (Gents) As New	\$2,250	\$1,500
<b>Special:</b> Gent's Audemar 18K Gold Quartz	\$14,900	\$8,500

Not an authorized Rolex Dealer.

## Michal's Jewelry

381-7790 • 381-8005 • 105 E. Main Street • Barrington  
by Nathan Casement and Associates



# Happenings In The Area

## Barrington Lyric's: "It's All Just Pretending"

The Barrington Area Arts Council will be the setting for the Friday, February 9, program to educate and entertain members and guests of the Barrington Chapter of Lyric Opera of Chicago. Promptly at 8:00 p.m., Dr. Frank Little will begin his program entitled "It's All Just Pretending." Drawing from his extensive operatic and concert background, some of his high spirited topics will include the "Dangers of the Business," "Tedious Audition Processes" and the "Larger than Life-ness" of the opera. Dr. Little, lecturer, is the Director of the North Shore Music Center.

A luscious sweet table replete with hot beverages will be presented. Hostess Tressa Borkon from Lake Barrington, will be assisted by Dorothy Gabbei from Inverness and Laverne Jones from Palatine.

\$10 members. \$15 guests. Reservations are limited. Make checks payable to Barrington Lyric c/o Heather and Todd Sholeen, 437 Washington St., Barrington IL 60010. For information, call (708) 304-0208. The Barrington Area Arts Council is located at 207 Park Avenue in Barrington. Additional parking is on Station Street and at the Harris Bank.

Your inquiries on Barrington Lyric membership (224 members and growing), pro-



**Dr. Frank Little**

grams and downtown privileges are always welcome! Phone Jim Steed at 708-843-0344. For information on the Barrington Area Arts Council, please phone Executive Director Sarah Ware at (708) 382-5626.

## The Friends Of Clearbrook Present "An Evening With Friends"

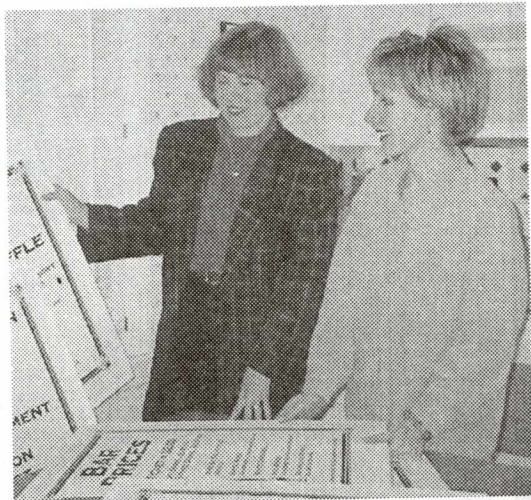
The Friends of Clearbrook are busy planning, once again, for their annual dinner dance/auction entitled, "An Evening With Friends" to be held on Saturday, February 24th at the Westin O'Hare in Rosemont.

More than 400 people are expected to attend "An Evening With Friends" which will feature a gourmet dinner, an incredible silent and live auction, great prizes and dancing to the sounds of the Ron Bedel Orchestra. Guests will have the opportunity to bid on such items as trips to Steamboat Springs, Colorado; Tucson, Arizona; fine art and jewelry; weekend get-a-ways and much more.

The Friends of Clearbrook hope to raise \$45,000 for Clearbrook's Vocational Training and Services programs. "The Vocational Training and Services programs are critical to the independence of the people Clearbrook serves," comments Chris Kelly, chairperson of this year's dinner dance. "The Friends are honored to support such important programs."

Tickets to An Evening With Friends are \$75. For tickets or more information, please call Linda Weber at (708) 870-2233, Ext. 252.

The Friends of Clearbrook is a 33-year-old group who have devoted themselves to raising funds for Clearbrook Center. The



*(L to R) Arlington Heights residents, Chris Kelly, 1996 Chairperson, and Janet Lattof, President of the Friends of Clearbrook, sort through signs for their upcoming fundraiser entitled "An Evening With Friends" to be held on Saturday, February 24th at the Westin O'Hare in Rosemont. All proceeds benefit Clearbrook Center in Rolling Meadows.*

group is made up of about 18 women from the Arlington Heights area.

Clearbrook Center is a private not-for-profit agency serving more than 650 children and adults with developmental disabilities including mental retardation, cerebral palsy, autism, epilepsy and other neurological disorders. Clearbrook operates 23 facilities throughout the northwest suburban area of Chicago.

## HWWC Annual Art Auction



The Hawthorn Woods Women's Club is once again set to host an Art Auction on March 9, 1996 at the Hawthorn Woods Village Barn, 2 Lagoon Drive. The preview begins at 7:00 p.m., the auction will begin promptly at 8:00 p.m. A \$5.00 donation is requested at the door. Once inside, complimentary cocktails, hors d'oeuvres and desserts will be available for your enjoyment.

A stand-up sale will be held at the same location on Sunday, March 10th from 11:00 a.m. until 2:00 p.m. Admission on Sunday

is free.

The event will be hosted by "Regency Fine Art" of Atlanta, Georgia and offers premium artwork in all price ranges—from \$35.00 to several thousand dollars. All mediums will be offered. The art is unconditionally guaranteed and carries a 15 year exchange privilege.

Special requests will be accepted prior to the auction date, based upon availability, by contacting the event planner, Mary Wolff at 438-0287.

## "Honest Abe" To Visit DAR

Regent Linda Wichman of Signal Hill Chapter, National Society Daughters of the American Revolution, will welcome "Honest Abe Lincoln" appearing in person as portrayed by Senior Pastor Dick Anderson of the First Presbyterian Church in Aurora, at the annual youth awards meeting. This special event is scheduled the third Sunday, February 18th, from 2:00 pm-4:00 pm at the Barrington Area Library, meeting rooms "A" and "B."

Rev. Richard W. Anderson received degrees in divinity and music simultaneously from Yale University in 1970. He sang with the Hamburg State Opera Company, and was Chairman of the Music Department at the International School of Hamburg, performed on the Ed Sullivan Show, and in New York's Carnegie Hall.

Awards for the American History Contest winners in grades "5" through "8" will be presented by Chairman Mary Ostrom.

Former Regent and Chairman of the Good Citizen's Contest, Debi Jung, will also present Good Citizen's Awards to the winning High School students in the area. Parents, teachers, and friends of the winners are invited to attend this special event.



**"Honest Abe Lincoln,"  
Rev. Richard W. Anderson**

Dessert will be served by the following hostesses: Debi Jung from Lake Zurich, Linda Brown from Bartlett, Bettye Splittorff from Arlington Heights, and Julia Rock from Barrington.

## "Beat The Blues" Luncheon

TOCOS (Town and Countryites) invites you to come "Beat the Blues and Blahs" at its luncheon on Sunday, February 11, from Noon to 3:00 p.m. Entertainment provided by Random Ringers, an English handbell choir. This social event is open to TOCOS, friends, Newcomers and new residents in the area. Come alone or bring a spouse or other guest to Fritzl's Country Inn at Route

12 and Ravine Drive, Lake Zurich.

Reservations required. Call Carol Kuskowski, 526-1118. Cost \$17 per person.

TOCOS is a social organization which promotes activities of interest to its members and encourages new residents to take part. For information about ongoing bridge groups, a book discussion group, "ladies nights out," and golf, call 381-2094.



## Winter Happenings At 1776

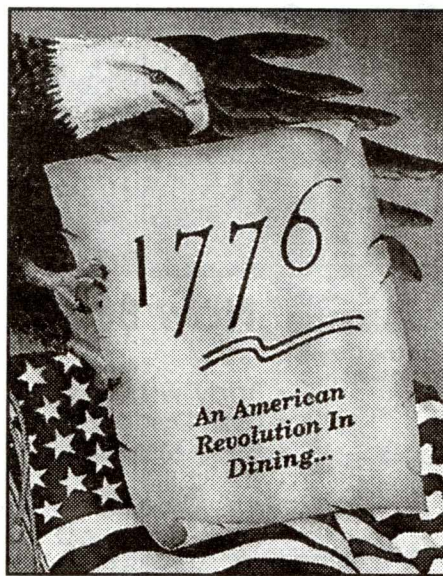
**1776 Restaurant** in Crystal Lake is hosting a wine dinner on Tuesday, February 6. Join Andy and Terrie and the owner of Rabbit Ridge Winery in a six course gourmet meal. Five different wines will be served with the dinner. Chef Rob Macy has orchestrated a wonderful dinner to complement each wine. The cost of dinner and the wines is \$39.00.

The following Sunday, February 11, **1776** will be open for its third annual "Sweetheart Sunday." The ladies of the Crystal Lake Service League will be your waitresses and all tips will go toward charity. The Crystal Lake Service League was founded in 1920 and has helped the needy in and around Crystal Lake for 75 years.



Doors open at 2:00. Early Bird Specials will be available from 2:00 until 5:00. Dinner will be served until 8:00.

One final note. Valentine's Day falls on a Wednesday this year. **1776** will be offering its special Valentine's Day menu from February 14 through February 17. Enjoy!



## Winter Happenings

**Rabbit Ridge Wine Dinner**  
from Sonoma Valley  
with Eric Russell, Wine Maker  
Tuesday, February 6 • \$39

**Sweetheart Sunday**  
with the Crystal Lake Service League Waitresses  
Sunday, February 11,  
from 3:00 until 8:00  
All Tips Go Towards Charity  
Please call for reservations.

397 Virginia Street • (Route 14)  
Crystal Lake, IL  
**815-356-1776**

Open Mondays - Saturdays  
Open For Private Parties on Sundays

## Café Salsa Sets The Mood This Valentine's Day

Valentine's Day will be celebrated at this dramatic eatery with a lavish menu prepared by Chef Luppo. Romantic dinners for two as well as special featured courses, including champagne, will be featured for an extra special Valentine's Day experience. If your rendezvous consists of a very special lunch or dinner experience, please call for reservations.

The mood is set in a contemporary southwestern decor with cozy booths and tables aside an adobe fireplace that will warm anyone's spirit. A vast bar offers tropical quenchers, micro-brewed beers and a user-friendly wine list. The main dining room is an art deco inspired area with palm trees, and neon lit glass block only to begin your experience there.

An innovative new menu will be introduced to enhance an array of fresh and vibrant flavors that encompass the Southwest, Caribbean and Mediterranean. Diners may begin with such appetizers as crabcakes, accompanied with lemongrass bernaïse atop wilted greens, pheasant and duck sausage with sweet potato salad and a creamy

mustard vinaigrette, or succulent ostrich with creamy mashed potatoes and roasted garlic sauce. Entrees will delight anyone's palate; macadamia encrusted grouper with mango lychee salsa, jumbo sea scallops with avocado an corn salsa or whole sonoran spiced grilled snapper. Although fresh fish is our forte, dishes with chicken, lamb and beef shouldn't be overlooked. Pasta dishes are light and lively. Specialty pizzas are a hit such as chorizo and wild mushrooms or grilled shrimp and tasso ham. Health conscious diners may have custom dishes prepared, preferably requested when making one's reservations.

As service here is exceptional, one is sure to have a unique dining experience with these eye catching arrangements.

To top off your evening extravaganza, an after dinner drink or cappuccino and espresso are available. Private functions and catering are also available. Open Tuesday-Saturday, 11:30 a.m.-10:00 p.m. Reservations recommended. (847) 516-4441. 412 N.W. Hwy. (Rt. 14) Fox River Grove.



**Fine Southwest Culinary Creations  
Touched by the Exotic  
Flavor of the Caribbean**

**(708) 516-4441**  
412 N.W. Hwy.  
Fox River Grove, IL  
(across from train station)

♥ **Make Your VALENTINE'S DAY** ♥  
Reservations NOW  
♥ **Romantic Menu Planned** ♥  
Call for Details

Hours: Tuesday-Saturday 11:30-10:00  
Banquet & Catering Available

## An Elegant Atmosphere In Downtown Barrington

**Jovan's Grill** has firmly established its reputation as the place to meet in downtown Barrington, offering casual dining in an elegant atmosphere.

The extensive menu, highlighting prime steak and seafood entrees as well as unique pasta dishes and a wide variety of daily specials, offers selections sure to please every diner's palate. Of course, the array of tempting appetizers and homemade desserts add just the right touches to round out the meal.

Don't forget the excellent values found in the Special of the Month offerings. For February, **Jovan's Grill** presents a 14oz. Sicilian Pork Chop, butterflied and sauteed with olive oil and garlic, topped with cheese and bread crumbs. It is served with pasta,

salad with house dressing, and coffee.

The atmosphere remains the same—elegant, candlelit tables overlooking downtown Barrington from the second floor dining room and the spacious, wood-trimmed bar on the main level. The bar has a homey, neighborhood atmosphere, making it the perfect place to meet after work or catch the latest sports event on the satellite TV.

**Jovan's Grill** serves lunch Monday-Friday, 11:30 am to 4:30 pm, and dinner Monday-Saturday, 4:30 pm-10:30 pm. Reservations are recommended, especially for weekends, by calling **847/381-4422**. For a quiet dinner for two to a large celebration, from attentive service to an extensive wine list, diners are sure to enjoy all that **Jovan's Grill** has to offer.



### Sicilian Pork Chop • 14oz.

Butterflied & Sauteed with Olive Oil & Garlic,  
Topped with Parmesan Cheese & Seasoned  
Bread Crumbs. Served with Pasta, Salad & Coffee.

**TREAT YOUR VALENTINE  
TO DINNER AT JOVAN'S!**

**DURING FEBRUARY \$14.95**

\* not valid with any other discounts or promotion \*

Lunch: Mon.-Fri. 11:30 a.m. - 4:30 p.m.  
Dinner: Mon.-Sat. 4:30-10:30 p.m.



**STEAK AND SEAFOOD RESTAURANT**  
105 South Cook • Barrington • (847) 381-4422

"The place in the NW suburbs for prime steaks, fresh seafood and unique daily specials"

## BAAC Gallery At The Library

The January/February exhibit is entitled "Outlook from the Outdoors" and features the watercolors of Eileen Balcom-Vetillo. Eileen majored in watercolor painting at Northern Illinois University, DeKalb and now resides in Earlville, Illinois. She has

been featured in seven one-woman shows in the SoHo Gallery District of New York. Her paintings offer a freshness and spontaneity that the viewer will find exciting. The exhibit is on view now through February 27 during regular library hours.

## Voices Needed For Barrington Chapter Chorus

Once again, the Barrington Chapter Chorus is booked to perform for our March 22, 1996 Program. We have had several successful seasons already and are looking forward to another one! Our repertoire this year will include famous Opera Choruses. The chorus will once again be directed by Jim Gibson who has done such a wonderful job for us as Maestro in past years.

In order to make this program a success, we need you! Please consider joining us as a chorus member. Bring your friends and relations as well. We will be rehearsing on Tuesdays evenings from 7:30 to 9:00 p.m.

on February 20 and 27th, and March 5, 12, 19, and 21st. The first five rehearsals will be at the home of Jan Semerad, 861 Cortbridge Road, Inverness (359-3148). The last rehearsal will be held at the Barrington Area Public Library which is also where the final performance will be on March 22 at 8:00 p.m.

Please think about joining our group of Merry Music Makers. It has proven to be lots of fun in past years and is destined to be so this year too.

For more information, please phone Heather and Todd Sholeen at 708/304-0208.



## The Total Look Cosmetic Studio

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- Facials
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Natural Foods Center  
Certified Nutritionist Available

Offer expires March 15, 1996

\* Produce, gift baskets & sale merchandise not included

## Certifying Your Backyard As A National Wildlife Habitat

Americans in increasing numbers are learning to enjoy and encourage the presence of wildlife in their own backyards. As authors Kit and George Harrison state in their book, "America's Favorite Backyard Wildlife," "According to the latest survey conducted by the U.S. Fish and Wildlife Service, we have become a nation of wildlife watchers as some 83 million people in this country have taken up the sport. That's one out of three!" Members of the Garden Club of Inverness will focus their attention on this subject at their next meeting on Thursday, February 15, 1996, at 9:30 a.m., at Holy Family Church, 2515 West Palatine Road. A slide program with ideas on the steps necessary to have the National Wildlife Federation certify our backyards as a habitat will be presented by Gary and Greg Wittstock, owners of Aquascapes Designs in Wheaton. Their company designs and builds water features in landscapes. They will discuss the right kind of trees and shrubs to plant to provide proper cover for wildlife, as well

as constructing feeding stations and watering areas to attract wildlife. The problems associated with an overabundance of deer and Canadian geese in our area will likely be addressed.

The Garden Club of Inverness, a member of District IX of Garden Clubs of Illinois, Inc., and the National Council of State Garden Clubs, Inc., meets monthly on the third Thursday of the month. After a short business meeting, refreshments and delicious baked goods are served, followed by the program. A new feature has been added to the agenda this year—a mini flower show whereby members can display results of their own gardens or an appropriate artistic arrangement. At the February meeting, the theme will be "To My Valentine" and will feature small arrangements for a breakfast tray. Membership in the club is not necessary to attend. Please join us and see what the Garden Club of Inverness is all about. For more information, please contact our Membership Chair, Joan Stearns, at 934-6522.

## Welcome Wagon Luncheon

The Welcome Wagon Club of Palatine will be having their February 13, 1996 monthly meeting at Mia Cucina Italian Trattoria, 56 West Wilson Street, Palatine, IL. Cocktails begin at 11:30 with the luncheon following at noon. Guests, members and prospective members may call Nancy at 991-8052 or Fran at 358-1946 for information or res-

ervations. The noted author, radio hostess, businesswoman and herb and plant specialist, Rosemary Dvorck, will be speaking on "The Cooking and Preservation of Herbs and Plants." Rosemary is the owner of Thyme and Rosemary in Lake Geneva. She is also the author and WMIR radio host of *How Does Your Garden Grow?*

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## Miracle Wrinkle Eraser

The hot topic at the American Academy of Dermatology's most recent conference was Vitamin C, an important antioxidant that contributes to healthy collagen production—a key factor in smooth, firm skin.

Research was done by Sheldon Pinnell, M.D., chief of Dermatology at Duke University Medical Center in Durham, North Carolina and showed that topical applications of Vitamin C have long-lasting anti-inflammatory effects and may protect against UVA/UVB radiation, the Reservoir Effect.

Topical Vitamin C becomes an inherent part of the skin. It cannot be washed off or rubbed off. Testing shows that it is fully protective as long as three days after application.



Should you use Cellex-C™? You decide.

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The Total Look  
120 Lageschulte, Suite 106  
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382-6646

## Which Stress Reliever Works For You?

Stress is one of the leading Public health problems in the United States today. That's why learning how to respond to the pressures in your life is so important.

All Ways Healthy in Lake Zurich has some suggestions for you.

### 1. Supplements-Herbs

Certain herbs can help to relax you, many people report that drinking teas made from herbs reduces stress, also B vitamins help support the nervous system.

### 2. Massage

Studies show that massage can lower certain stress hormones in the body, have a calming effect on the central nervous system, and soothe muscle. There are different kinds of massage. Shiatsu, deep muscle and Swedish.

### 3. Visualization

There are many ways to relax your mind.

- a) Close your eyes and picture a (sunset over the ocean).
- b) Concentrate on slowing your breathing down.
- c) Focus on a word or phrase always slows your breathing.

### 4. Hydrotherapy

Immerse your body in a warm water bath, whirlpool or hot tub, add oils for an extra treat. Your body becomes weightless and the warmth of the water soothes and calms.

### 5. Exercise and Yoga

Exercise 20-30 minutes at least three times a week (walking, swimming, dancing) or whatever you enjoy. This helps to release endorphins for a calming effect.

Yoga can help with mental fatigue, as well as increasing your flexibility.

### 6. Muscle Relaxation

This can be done any place, sitting or lying down. Start by making your exhaling breath last twice as long as inhaling breath. Then contract each muscle group, starting with the feet and working your way up to the head. Learn to recognize the difference between tension and relaxation.

### 7. Aromatherapy

seeks to induce relaxation, increase energy, reduce effects of stress and restore balance to mind and body through the use of essential oils. The oils can be applied to the body or simply put into water.

## Carol Beese Presented Outstanding Award

Carol Beese, President of the Barrington Area Chamber of Commerce, was presented the 1995 Distinguished Illinois Chamber Executive of the Year Award recently at the Illinois Association of Chamber of Commerce Executives annual meeting in Lincolnshire.

The award is named in honor of Lester W. Brann, Jr., past president of the Illinois Chamber and is the Association's highest honor.

Mrs. Beese was the first woman elected to serve as president of the state organization and has served on the Board of Directors of the Illinois Chamber, the advisory board of the United States Chamber of Commerce, and has been a member of the Board of Regents at Notre Dame University for the Institute of Organization Management.

Considered "a pioneer among women in the chamber of commerce profession," she has spent her entire career in the Barrington Area. Hired in 1968 by a group of local business leaders to grow a fledgling organization of 60 members, she has overseen the Barrington Area Chamber of Commerce's growth to an area covering 90 square miles,



Carol Beese, President of the Barrington Area Chamber of Commerce

eight communities with a population of 42,000 containing 950 businesses, 75 percent of which belong to the Barrington Area Chamber.



## Making A Difference

**Stonegate Tavern & Grill** has made a change! A change in ownership, a change in management, a new chef, and an enticing new menu. **Stonegate** has changed their menu to a more healthful and imaginative menu. **Stonegate's** menu has American specialties from around the country. Many menu items are familiar in name yet prepared with a distinctive new flair. Most items are prepared fresh in **Stonegate's** own kitchen. Steaks and Fish filets are hand cut, soups are prepared fresh daily (try **Stonegate's** delicious "Potato Corn Chowder" its their house soup). **Stonegate's** menu has something for all appetites.

A sampling of **Stonegate's** specialties—(Appetizers) Grilled Portabella Mushroom Quesadilla, Potato Crab Cakes, Warm Artichoke Dip, (Sandwiches) Grilled Pesto Chicken Sandwich, Cajun Poor Boy with Fresh Shrimp and Oysters, The Reuben on



Marble Rye, Grilled Fajita Chicken Sandwich, (Entrees) Grilled BBQ Shrimp Skewers, Pork Tenderloin, **Stonegate's** Famous Ribs, Pan Fried Chicken Topped with an Orange Sauce and Roasted Pecans, Smashed Chicken Pie, Grilled Meatloaf, (Salads) Steak & Potato, Cajun Popcorn Shrimp Caesar, **Stonegate's** Smoked Cobb, (Desserts) Griddle Apple Cake, Mint Chip Mud Pie, and Banana Roll-up. And that's only a sampling of the menu. Not a menu you can find just anywhere! So as we started to say, "come take a fresh look at an old favorite." **Stonegate Tavern & Grill** is located at 500 Ela Road, Lake Zurich, IL. For reservations phone 847-438-4900.

## Murder Mystery Dinner Party

On Saturday, March 2nd, **Fritzl's Country Inn Restaurant and Bar** in Lake Zurich will be hosting a great night of fun and wonderful food.

The Tschurtz Family is planning an evening of hilarity, when murder occurs during dinner and the guests are called upon to solve the crime.

Lt. Frank Clodumbo and his beautiful assistant Sylka Stalker supplied by *A Party to Murder Productions* will be quizzing the guests to unravel the mystery.

Guests will enjoy a cash bar, a complete dinner of rolls, soup, salad and all you can eat baked chicken, roast sirloin of beef, and roasted loin of pork. Fresh homemade mashed potatoes and Califor-

nia vegetables are included. Topping off the meal will be Colombian coffee and warm apple strudel. Complimentary wine with dinner. Cocktails at 6:30; dinner at 7:00.

Cost for dinner and show is \$39.95 per person. Tickets must be purchased in advance. Call **Fritzl's** at (708) 540-8844 for your reservations.

Regular Dinner hours at **Fritzl's**: Monday-Saturday 4-10 p.m.; Sunday Noon-9 p.m.

And remember, **Fritzl's** elegant banquet facilities accommodate up to 150 people.

The facilities are perfect for weddings, rehearsal dinners, wedding showers, and anniversaries.

## Captain Guido's Valentine's Day Treat

For an extra special Valentine's Day, take your sweetheart to **Captain Guido's Restaurant** at 476 W. Liberty St. (Rt. 176) in Wauconda.

The Valentine's Day menu begins with a choice of fried calamari or shrimp DeJongue appetizer, followed by cream of shrimp soup and Caesar salad. Diners may select from four entree's: 6 oz. filet mignon and shrimp, 10 oz. filet mignon, king cut prime rib, or 10 oz. grilled swordfish.

After the dessert of baked rice pudding, coffee or tea will be served. This elegant feast is topped off with a glass of champagne. The Valentine's special will be served from 4:00 p.m. until 10:00 p.m. The price for all is \$22.95 per person. The regular menu will also be served. A strolling violinist will entertain and we will be giving away a gift certificate for a deluxe room for two at the Schaumburg Marriot Hotel.

**Captain Guido's** is a treat for anytime of the year, there is nothing like it for the freshest in seafood—everything from blue point oysters to salmon. For those who can't decide, the fisherman's platter offers

shrimp, scallops, oysters and cod fillet. Shellfish lovers will also find a combination of lobster tail, medallion of sea scallops and shrimp. Many seafood entrees come with pasta. For landlubbers, **Captain Guido's** has a large selection of steak, veal and chicken as well as a large assortment of pasta entrees and sauces. Entrees are priced from \$7.95 to \$13.95 and include all-you-can-eat soup and salad with fresh baked bread, daily specials are offered as well. The dining room is spacious and yet cozy; candlelit tables and intimate booths are featured.

**Captain Guido's** is open for lunch Monday-Friday at 11:00 a.m.; the dining room is open until 9:00 p.m. during the week. Saturday 4:30 'til 10:00, and Sunday 12:00-9:00.

The spacious lounge features two big-screen TV's and dinner is also served in the lounge area. A private room is also available with special menu prices for up to 50-60 people. Carry outs are also available.

For Valentine's Day reservations or a special meal any day, call **Captain Guido's** at 526-0606.

ALL NEW STONEGATE!!  
Come take a Fresh Look  
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New Owners  
New Management  
New Menu

# STONEGATE

TAVERN & GRILL

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Our Dining Hours Are:  
Mon.-Thurs. 11:00am-10:00pm • Fri.-Sat. 11:00am-11:00pm • Sun. 4:00pm-9:00pm

### MURDER MYSTERY DINNER PARTY

*Help Lt. Frank Clodumbo and his beautiful assistant Sylka Stalker solve the crime!*

**Sat., March 2nd**  
Cocktails 6:30; Dinner 7:00

An evening of hilarity, when murder occurs during dinner. Guests are called upon to solve the crime.  
**Great Food! Great Fun!**

**540-8844** MAKE YOUR VALENTINE'S DAY RESERVATIONS NOW

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**Fritzl's**  
• COUNTRY INN •  
restaurant & bar  
European Specialties

Cash Bar  
Complete Dinner  
Complimentary Wine  
\$39.95 pers.  
Reservations a must!

900 Ravinia Terrace, Lake Zurich  
2nd Stop Light, N. of 22 on Rt. 12  
Dinners Mon.-Sat. 4-10 p.m.; Sun. Noon-9 p.m.

## Captain Guido's

*"Fine Dining with Great Atmosphere"*

Fresh Seafood and Pasta Seafood Combinations

**DAILY SPECIALS INCLUDE:**

Fresh Prime Rib AYCE \$13.95 ♦ Red Snapper & Crabmeat DeJongue  
Stuffed Shrimp ♦ Filet & Lobster ♦ 16oz. Lobster Tail  
Sundays: Crab Legs AYCE \$15.95

• Children's Menu Available •

**Spacious Lounge**  
with 2 Large-Screen TVs

Banquet Facilities for 50 People

**Liberty Plaza**  
476 Liberty St. (Rt. 176)

**847-526-0606**  
Wauconda

## "Poems And Pints"

### BAAC Transforms Into Welsh Pub

The Barrington Area Arts Council (BAAC) announces the return of "Poems and Pints." The gallery will be transformed into a Welsh Pub for a casual evening of conversation, music and readings of poetry and prose. Due to popular demand, this event returns on Saturday evening, February 24. The doors will open at 7:30 p.m. Attendees can find a comfortable spot at one of the small round tables and settle in with a pint of brew. Auditioned readers will begin per-

forming at 8:00 p.m. interpreting their own and other's work. Live music consisting of folk, blues and/or jazz will alternate with the readings.

Admission to this casual evening is \$8 for members and \$10 for nonmembers. This includes refreshments throughout the course of the evening. Seating is limited, so reservations are encouraged.

For more information or to purchase tickets, call the BAAC Gallery at (847) 382-5626.

Barrington LIFESTYLES – February, 1996 Page 19







## SEASONS OF LONG GROVE

314 Old McHenry Rd., Long Grove, IL 60047 • 847/634-9150 • Fax: 847/634-1154

### Valentine's Dinner

Saturday, Feb. 17, from 5:30 p.m. to 10:00 p.m.

Starting at \$24.95 per person

- Say, "I Love You" with complementary Hors d'oeuvres
- Unique Salad Buffet • Served Entree Selection
  - All Chocolate Sweet Table • Box of Chocolates and a rose for the ladies • Strolling live music • Dance floor & DJ

#### Additional February Special Events:

- Feb. 7, 8 — Gourmet Soups & Sandwiches Cooking Classes with Chef Carmen; 9:30 a.m. to 11:00 a.m.
- Feb. 11 — Children's Chocolate Cupid Brunch; 11:00 a.m. to 3:00 p.m.
- Feb. 12 — Why I Love Chocolate Essay Contest; due today
- Feb. 17 — Valentine's Dinner; 5:30 p.m. to 10:00 p.m.
- Feb. 18 — Mardi Gras Jazz Brunch; 11:00 a.m. to 3:00 p.m.  
Mardi Gras Jazz Dinner; 5:00 p.m. to 8:00 p.m.
- Feb. 25 — Wedding Fashion Tea at 3:00 p.m.

(All of the above events are held at Seasons of Long Grove Restaurant.)

For Reservations, please call: 847/634-9150

## A Feast Of Festivals At Seasons Of Long Grove Restaurant

Seasons of Long Grove Restaurant is keeping in the season with numerous special events throughout February.

**Gourmet souper soups and sandwiches cooking classes** are bursting with savory recipes. Inspired by TV Seinfeld's "Soup Nazi" episode, Chef Carmen will host gourmet soups and sandwiches cooking classes on Wednesday, February 7 and Thursday, February 8th. Classes are from 9:30 a.m.-11:00 a.m. The cost is \$15.00 and includes: class, samples, recipes, regular lunch buffet, coffee or soda, tax and gratuity. Note: Chef Carmen is a whole lot nicer than the "Soup Nazi."

**Children's Chocolate Cupid Brunch** is the perfect way to show your little darlings how much you love them. It will be presented on Sunday, February 11 from 11:00 a.m. to 3:00 p.m. There will be lots of heart shaped pancakes, red berry French toast, marshmallow salads, raspberry orange juice, a champagne toast (adults only) and lots and lots of chocolate. The cost for this lovable brunch is \$9.95 for children 3-12 years old and \$18.95 for adults.

**"Why I Love Chocolate" essay contest** deadline is Monday, February 12. The grand prize winner will receive his or her weight in chocolate. Call Seasons for rules and details.

**A very special Valentine's Day Dinner** will be held on Saturday, February 17 from 5:30 p.m.-10:00 p.m. starting at \$24.95 per person. Say "I love you" with complimentary Hor'doeuvres, a unique salad buffet, served entree selection, an all chocolate

sweet table, a rose and a box of chocolate for the lady, strolling live music and a dance floor with a D.J.

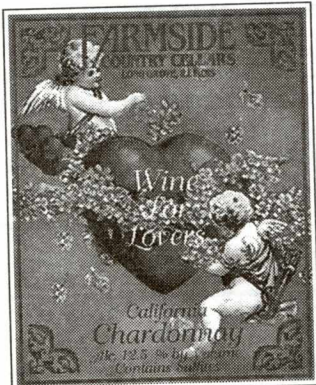
**Party Mardi at our Mardi Gras Jazz Brunch and Dinner** scheduled for Sunday, February 18. Brunch will be served from 11:00 a.m. to 3:00 p.m. with the cost of \$18.95 for adults and \$9.95 for children 3-12 years old. The brunch will feature crabmeat eggs benedict, bananas foster French toast and boiled shrimp and crawfish. In addition, a champagne toast and our famous chocolate sweet table featuring pralines, bread pudding and pecan pie will be included. To make this festival complete, the Doctors of Dixie, a four piece Dixie jazz band, will be entertaining you while our resident face painter will be entertaining your children.

To continue the festivities, an **Endless Cajun Buffet** will be served from 5:00 p.m. to 8:00 p.m. The cost is \$18.95 for adults and \$9.95 for children 3-12 years old. The fantastic buffet will include eight unique salads, shrimp, crawfish, oysters, voodoo chicken, crabmeat trout, blacken pork loin and a New Orleans style sweet table. The Doctors of Dixie will jazz you through this jamm'n feast.

**Season's Wedding Fashion Tea** will be presented on Sunday, February 25 at 3:00 p.m. Seasons will again team up with **Wedding Belles**, a very unique bridal resale boutique, to bring you this very special bridal show. The cost is \$12.95 and includes the show, afternoon tea and goodies service.

## FARMSIDE GROCERY & WINERY

LONG GROVE, ILLINOIS



**ROMANCE & WINE** • For Valentine's Day, share a bottle of wine with that special person! Choose from White Zinfandel or Chardonnay.

### WINE FOR LOVERS

- |  |   |
|--|---|
| • White Zinfandel<br>\$7.95 ea.                      | • Chardonnay<br>\$8.95 ea.                      |
| • White Zinfandel in<br>Wine Server Caddy<br>\$11.95 | • Chardonnay in<br>Wine Server Caddy<br>\$12.95 |

- White Zinfandel & Chardonnay, 2 pack in box—\$18.95
- Gift Packs available from \$18.95 and up.

**SPECIALTY WINES** • From Australia, Germany, Italy, Hungary; and from the U.S.; Michigan, California, Illinois and our very own private label of Farmside Country Cellars Wines of Long Grove, IL.

**BEER SAMPLER** • Give that special person a chance to try out different micro-brewery beers! A nice variety of 6 twelve oz. bottles packaged in a charming case. Beers from Colorado, Wisconsin, Florida, Arizona and New Hampshire. **\$14.95**



303 Old McHenry Rd., Long Grove, IL 60047  
At the intersection of Rts. #53 & #83. Phone: 847/913-9002

## Exclusive "Wine For Lovers" For Wine Lovers

**Farmside Country Store and Winery**, in historic Long Grove Village, is sure to have that unique gift for your loved one. Win the heart of your lover with our exclusive **"Wine for Lovers,"** a savory selection of wonderful wines for your wine lover. Farmside recommends a bottle of our luscious white Zinfandel at \$7.95 or a bottle of our palatable Chardonnay at \$8.95 to complement that romantic dinner you are planning for that special evening. Or if you are the guest, perhaps bringing an appetizing bottle of "Wine for Lovers" in a charming wine server caddy would be more appropriate.

With the season of love in the air, why not also show your families, friends and neighbors your sentiments with a **"Wine for Lovers"** adorable gift box or basket. Our bottles of "Wine for Lovers" are available in beautiful gift boxes starting at \$18.95. Our uncommon wines will also be available with luscious Long Grove Confectionery Chocolates at a variety of prices. Show that romantic side of you with one of our passionate "Pasta

for Two" gift baskets. With gourmet food, fine chocolates and superb wine, you are sure to warm the heart of your loved ones. Our delicious wine selections includes wines from Illinois, Michigan, California, Australia, Germany, Italy, Hungary and our very own private label of **Farmside Country Cellars** of Long Grove.

For your beer lover we recommend our assorted 6-packs of savory beer from around the world. These micro brewed beers, lagers and ales include such unusual selections as **Chili Beer, Old West, Young's, Ram Rod, and Rhino Chaser** to name a few. These handsome gift sampler 6-packs are available at \$14.95.

Whether it be fine wine, unusual beer or gourmet food, allow **Farmside's** talented staff to create that special gift for valentine's Day or any occasion. Our friendly, helpful staff is available seven days a week to assist you with unique ideas and suggestions to create that perfect gift with a personal touch. Call (847) 913-9002 for more information.

## Welcome Wagon Club Coffee

Come and enjoy coffee and goodies with the Welcome Wagon Club of Barrington at 9:30 A.M. on Thursday, February 22, 1996. Our own talented Joanne Good will present a program on interior decorating including ideas for stenciling. Joanne, in addition to

her decorating business, taught decorating for many years, has given courses on the Queen Elizabeth II, and has spoken nationwide. All Barrington area residents are welcome to attend. Please call Judy at 381-0516 for directions.



## Bonjour Mes Amis...

We are about halfway through the winter and it is time for us to pick our brain and think about ideas, events, recipes, etc.... not that I don't do that normally, but this weather is more conducive to sitting at a desk and also enjoy it! So I came up with a list of events and a couple ideas you may be (I hope) interested in knowing about.

**Wednesday, February 14... Valentine's Day.**

My advertising slogan for that day is: "The Affordable Romance."

**Sunday, March 10... Couscous Buffet.**

Our 9th annual; unique in the Chicago area. Don't miss it, 4:30 to 8:00 p.m.

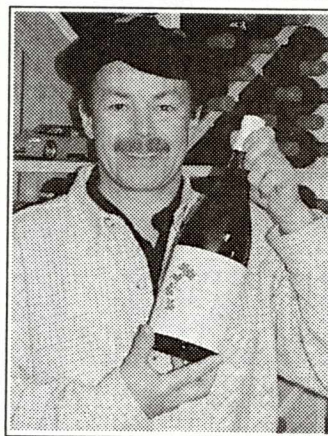
**Sunday, April 14, 5:00 p.m.... "Travel to Paris."**

Slides presentation, mini seminar and dinner. A new concept with guest speaker Melanie Joy Karsen, French teacher—francophile. Should be very enjoyable and useful for your next trip to France or simply for your own education.

**Cigar Friendly Days...**

Our new "Provence" room is equipped with a state of the art smoke eater; so when it is **not** booked for private parties, we will make it available to cigar smokers (Fridays only). One must reserve—regular menu, regular prices—cigars available, or bring your own!

More information about above mentioned events is available... Call Jacqueline, Stephane or Dominique at **D & J Bistro**.



**D & J Bistro**

**Lots of Events Coming Up...**

**D & J is where it's happening!**

S.E. Corner Rte. 12 & 22  
Lake Zurich, IL 60047

(708) 438-8001

## G. Whiz... For Fun On Valentine's Day

What's more fun for Valentine's Day, than jewelry you create and personalize? Our sterling block letters are the perfect gift for any age. From names to initials, the younger girls in your life will love our new enameled colored daisies and hearts. Moms and grandmas are going wild over our necklaces that use dangling birthstone boys and girls. Create a necklace showing off your family. We have lots of ideas for you and can help put together a necklace or bracelet that's sure to please!

Valentine's Day brings lots of hearts into our store. Wonderful magnets and frames for the love of your life's desk. Romantic CD music combined with a book of poems and stories. Chocolate hearts, tasty taffies, wonderful assorted chocolates and Valentine Jelly Bellies round out our gift giving selection. Add lots of new heart jewelry from your favorite artists, glass heart purse

perfumes under \$8.00 and a pair of warm socks covered with red hearts to complete the ensemble. We even have teeny, tiny sparkling heart earrings for those little ears. Plus bright, new bath products for spring featuring honey and sunflowers and a great line of aromatherapy products that will turn any bath into an experience!

Besides Valentine's Day hearts, we're sporting many new frames, birdhouses and our usual collection of unusual gifts. A great new selection of unique light switch plates that coordinate with lamps, frames and bookends. Great new additions to our baby gifts area and new items for the dog and cat lovers in your life.

If you haven't been by in awhile, make a point to stop in. We have a wonderful new selection of items for spring. You'll see, we're not just the average gift store!

Fashionable, elegant personalized jewelry.

Sterling silver or vermeil gold blocks with blackened debossed letters.

Hearts, daisies, stars...

even Greek letters!

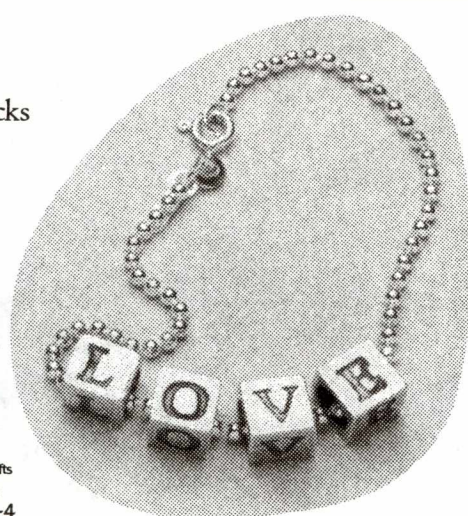
Dangling birthstone boys & girls.

Necklaces, earrings or bracelets.

A statement you personally create.

**G. Whiz**

a unique collection of artisan jewelry, wearable art & imaginative gifts  
724 W. Northwest Hwy., The Foundry, Barrington  
Hours: Mon-Sat 10-5:30 Thur 10-7 Sunday 12-4  
304-0255



## Art For A Song

Well, you are probably already aware that Valentine's Day is just around the corner and that it is a time to revitalize old friendships and make shameless displays of affection to those you love and cherish. Of course at **Fancy Art, N.F.P.**, we think the perfect gift for that special someone in your life is a framed work of art. It might be as simple as a photograph or as involved as a framed sports jersey, wedding invitation or other memorabilia; the important thing is that it is a gift from the heart and that it will be a constant reminder of your love for years to come.

However, I don't want to talk much more about **Fancy Art, N.F.P.**, at this time. After all, if you've been to our gallery, you already know that we have a wonderful selection of art and that we specialize in custom framing. Also, because we do the entire framing process in-house, we can do your job faster, better and at a lower cost than most frame shops.

Instead, I would like to devote the remainder of this space to tell you about a wonderful local organization that is in need of a little help. The Barrington Children's Choir has been in existence for nine years, during that time they have won national recognition and acclaim. For that reason, children from Barrington and many surrounding communities, some as far as forty miles away are eager to become a part of this group. The Barrington Children's Choir is privately funded and is extracurricular activity for the children. There are actually four choirs within the group, each at different age and accomplishment levels; their prestigious chamber choir has just received an extraordinary honor, which has



"Grandpa's Farm" by Kevin T. Daniel

lead to a problem.

Before I go much further, I would like you to take a moment and imagine that you applied for a position and when you went for your interview, you found out that there were twelve-hundred other, highly qualified people, applying for the same position. Obviously, to be picked for that position, you would either have to be very lucky or eminently qualified; perhaps a little of both. Well that's what happened to The Barrington Children's Choir. You see, several months ago, they were nominated by "The National Field Studies, of New York," to participate in a competition to appear at

(Please continue on page 38)

## Valentine's Day? ! ?

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For an oriental flavor choose a Ming or add a fresh sophisticated note with a lush and glossy Areca palm. The Ficus is always a favorite. Special orders require a week.



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## Jewel Tea Historical Foundation Gallery Located Within The Ice House Mall

The Ice House Mall will be an interim location for the Jewel Tea Historical Foundation. In this historic setting, the Foundation will have original documents, rare Jewel Tea premiums and artifacts on display from the 1920's and 1930's. There will be an Autumn Leaf China exhibit with selected collectibles and some pieces for sale.

The purpose of the Foundation is to collect, preserve and display the history of Jewel Tea and its related companies. The Foundation plans to conduct educational

programs highlighting the history of the Jewel Tea Company. During February and March, we will have special weekends focusing on the early history of Jewel Tea, and its early premiums, plus Autumn Leaf China which was produced exclusively for Jewel by Hall China.

Gallery Hours: Monday-Saturday 9:30 a.m. to 5:30 p.m., Thursday 9:30 a.m. to 8:30 p.m., and Sunday 12:00 p.m. to 4:00 p.m. For further information, call (847) 842-8706.

## Welcome Wagon Club To Meet At Lofty Gourmet

The Welcome Wagon Club of Barrington will meet at the Lofty Gourmet Cooking School (Upstairs in the Farmside Country Store, Long Grove) on Tuesday, February 13, 1996, promptly at 11:00 A.M. We will enjoy a cooking lesson and demonstration with a "loving Valentine

theme." There will be plentiful tasting and recipes for all. All Barrington area residents are welcome to attend. You need not be new to Barrington. Cost for this lovable event in \$21.00. Please call Maryellen at 381-6168 for reservations and directions.



and the expense is borne by means of taxes levied on the Austrian nation. Just to have rebuilt the Opera House after WWII

cost 260 million Austrian schillings, but to the Viennese, no cost if too high for their precious State Opera House.

## Famous Opera Houses Of Europe

This is the fourth in a series of five articles on famous opera houses of Europe which will be visited in connection with the Barrington Chapter of Lyric Opera's Operafest '96 tour September 23-October 7, 1996. For further travel information, please call Robyn Gulstrom, Travel House, Inc., 381-0600, or Wanda Hollensteiner, 381-1976.

### Vienna—Die Staatsoper

For a half century or more, Vienna was known as the leading opera house of the world because of its bold productions, good singers, orchestral quality and calibre of conductors. In 1857 the reigning court decreed that Vienna's medieval fortifications were to be razed, and an impressive boulevard, the Ringstrasse, was designed to be lined by such new building as the Parliament, the City Hall, the University and the Opera. The Opera building, in Neo-renaissance style, was begun in 1861 and completed in early 1869. Previously the Hofoper (Staatsoper) originated in the old Karnthortheater, which stood on the site behind the present opera house now occupied by the Hotel Sacher.

The Opera House managed to survive wars, financial depressions and political overthrow these past 127 years. In 1938 the Staatsoper, like every other public institution was subject to "Gleichgeschaltet" (Nazified) which meant that there would be no musicians of an unacceptable racial origin. However, knowing how the Viennese were attached to their opera, the Nazi authorities granted it exceptional status by declaring virtually all its artists unfit for military service.



On March 12, 1945, a month or so before the end of the war, the opera house received a direct hit during an Allied air raid. The entire building was destroyed except for its facade, the loggia and the great staircase. In its reconstruction, great care was taken to build a house that would match the style of the remaining parts. Today the Staatsoper stands more beautiful than ever, housing great art pieces in its statuary, paintings and tapestries. The new stage with a total of 16,225 square feet can be separated by iron curtains into sidestage, backstage and proscenium. Six stage elevators accomplish set changes, and a 46-ton rotating stage used in special effects can be folded up and stored in the back. The house seats 1,658 seats and 551 standing places.

The repertory comprises some 45 to 50 standard operas, and plays daily all year with the exception of July and August. The enormous budget of the Staatsoper, according to one source, is unequalled anywhere



## Show How Much You Care With A Gift Of Tranquility

February is the month of love. Let us at **Tranquility** help you show the one you love how much you care with a gift certificate. **Tranquility's** gift certificates allow your sweetheart to be indulged and pampered in many different ways. With the variety of services **Tranquility** offers, your Valentine can experience everything from our spa, a therapeutic massage, four layer

facial, manicure, hand facial for hands that are used and abused, worked and worn, or a pedicure to glamourize your feet! Then capture a whole new look with a haircut, coloring or perm from one of **Tranquility's** hair designers. Giving a gift certificate is just as fun as receiving one. Let us all remember the ones we love this February and give the gift of **Tranquility**.

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catered event. For a relaxing Sunday brunch, the ultimate affair for 200 guests or an intimate candlelight dinner for you, one of the many moods of **The Barn of Barrington** is sure to be perfect for your occasion.

Be sure to attend our "Open House" Saturday, March 23 from 10am-4pm. Call (847) 381-8585 for reservations.



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"22 On View"



By Kathryn Mary Staszak

The Contemporary Art Center of Arlington Inc. formerly the countryside art center, inc. was the former home for a group of dedicated and talented artists. But then one day, the Village of Arlington Heights decided that the building that housed the center would make a much better parking lot. Hence the group lost their exhibit and meeting space. During the month of February, the Barrington Area Arts Council is proud to exhibit in the BAAC Gallery the original work of the founding 22 artists plus 7 from February 2nd-23rd. Exhibiting are Barbara Albin, Joan Albin Beauprez, Sandra Blanc, Dorothy Burgess, Valerie

Burke, Ruth Cournoyer, Ellen Deutsch, Margaret Dolinsky, Mary Eriksen, Barbara Fuhr, Margot Gottfried, Beverly Hapke, Kathy Klein, Carole Komarek, Jeanne Kramer, Susan Mart, Irene McCartney, Mary Pionke-Andrus, Sharon Porter, Arline Kimbel Sadon, Midge Saidel, Barbara Schnell, Debra Sigel, Thelma Spain, Kathryn Staszak, Majorie Stull and Judith Sullivan. The contemporary works are 2- and 3-dimensional and are a mixture of media from watercolor to wood.

This exhibit is partially underwritten by a grant from the Illinois Arts Council, a state agency.

Page 24 Barrington LIFESTYLES - February, 1996

## How To Get Aerobic Exercise To Work For You

*What is aerobic exercise?* Aerobic exercise is considered an exercise that requires oxygen. This would include activities such as walking, jogging, biking, swimming, stepping, etc. *What are the benefits of aerobic exercise?* Aerobic exercise improves the cardiovascular system and burns fat. In order for the body to use fat as a fuel source it must have oxygen. Oxygen is carried through the body via the cardiovascular system or the heart and the lungs. By improving the ability to carry oxygen through aerobic exercise, a person improves their ability to burn fat. Eventually they can workout at higher levels and still burn fat. *How often should I exercise to see these benefits?* Results of any exercise program will vary. In order to see cardiovascular gains, a person may need to exercise 15-30 minutes per day for at least three days per week. In order to burn a substantial amount of fat, a person may need to exercise 30-40 minutes per day for 4-7 days per week. *How hard should I exercise?* Many people start an exercise program that is too hard. An activity needs to be performed at a level that can be sustained for a 15-40 minute period of time. The exact intensity of this activity will vary and depends on your fitness goals, your current fitness

level and your physical limitations. A good rule of thumb is that you should be able to carry on a conversation while exercising, but should not be able to give a speech. You should be a little out of breath. *Why shouldn't I exercise real hard to burn fat?* Fat is, like a couch potato. It is very comfortable tucked in its little pouch on your body. If it tries to perform all activity, it gets out of breath. Therefore, after a great deal of coaxing (15-20 minutes), it will react to light activity with an oxygen mask. If you move too fast, it will stay seated very comfortably on its couch and its counterpart, carbohydrate will be used instead.

It is important to check with your doctor before beginning any kind of exercise. Certain medications and physical conditions may require modifications in your program. The guidelines listed above are general guidelines. Each person may respond to exercise differently. It is recommended to start out slow and build up to these programs. Warming up, cooling down and stretching also need to be included to reduce the risk of injury.

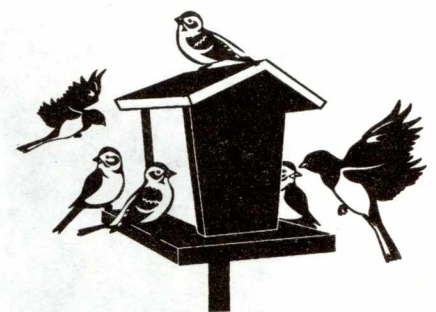
If you would like help with your fitness program or have any questions, please give Pro-Fit a call at (708) 261-1013.

## A Little Bird Told Me!

The Audubon Workshop is a Wild Bird Supply and Nature Shop, we carry a large variety of bird feeders and an assortment of bird seed and suet. We also carry gift and educational items for children and adults. Including T-shirts and sweatshirts with beautiful animal or nature pictures on them.

We've sold quite a few bat houses recently. Customers tell us they want to attract the bats to help keep the mosquito population down—a single bat can eat 3,000 to 7,000 mosquitoes a night. The bat houses we sell can hold 10-30 bats.

Last month we had a group of 17 kids come into our shop for a field trip. That was a lot of fun. They really seemed to enjoy talking about the birds and animals and we really enjoyed having them here. There is also another group of kids scheduled to come in February, we're looking forward



to that.

We really enjoy owning this shop. We meet the nicest people. I enjoy it when a customer comes in with a funny story about the birds or squirrels they feed. Animals can be so amusing at times.

If you're interested in nature, stop in and see the Audubon Workshop. We'd love to meet you. Have a great year!

Margaret and Kelly

## Seminar On 'What's Wrong—And Right—With Lawyers, Judges And Journalists' Set For Feb. 16th

"What's Wrong—and Right—with Lawyers, Judges and Journalists?" is the topic of a seminar co-sponsored by the Illinois State Bar Association (ISBA) and Chicago Headline Club on Friday, Feb. 16th, from 5 p.m. to 6:30 p.m., at the Loyola University Chicago School of Law, One East Pearson, in the Auditorium.

Former Illinois Appellate Court Judge William R. Quinlan, the ISBA judicial liaison, will be included in a panel of attorneys, judges and journalists. Other panel participants are William J. Bauer, senior judge, U.S. Court of Appeals; James C. Murray,

retired judge of the Illinois Appellate Court; and Circuit Court Judge Earl Strayhorn. Journalists who have confirmed their participation are Donna Gill, editor of the *Chicago Lawyer*; Eric Zorn, columnist, *Chicago Tribune*; Scott J. Fornek, political writer, *Chicago Sun-Times*; and Chris Berry, news director at WBBM-AM. Barbara Schleck of Cook County Court Watchers also will be a panelist.

There is no admission charge. A reception will follow the presentation. For further information, call the ISBA at 1-800-252-8908.



## Know Your Diamond Before You Buy

Buying a diamond can be confusing with all the different grading systems out there. In fact it is probably one of the most blind items you will ever buy. When you buy a house, you can have an inspector report its condition. When you buy a car or some other product, you can check with consumer reports. But when it comes to buying a diamond, not many customers walk around with a gemologist in their back pocket.

So when buying a diamond, you need to know more than just the four C's: *Carat, Color, Clarity, and Cut*—you need to know what these words mean. *I've always said that there is a fifth "C" and that is CONFIDENCE!* If you don't have confidence in the jeweler, then the other four C's don't mean a thing.



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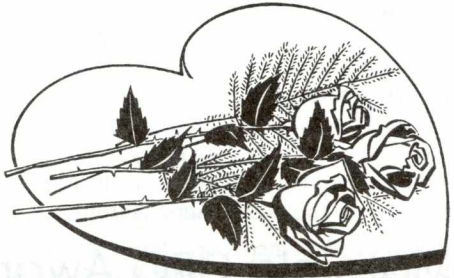
## Valentine's Day—Salon Specials

**Facials**—treat yourself or someone to a facial with Donna on a Wednesday or Saturday and get \$10.00 off a 1 hour facial. Regularly \$45.00. During the month of February.

**Manicures and Paraffin Dips Special.** For the month of February, our manicures and paraffin dips will be only \$15.00. Manicures will be \$2.00 off the regular price. First time clients only.

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Call for your appointment today. **Applause** is open seven days a week.

## How About Hawaii?

by Eleanor Nelson & Sally Hayward, Travel House

The Polynesians arrived in Hawaii fifteen hundred years ago to view the mist-shrouded volcanoes, dramatic skies, transparent waters, and tropical rain forests; an island thriving with more than ten thousand species of plants and animals found no where else on earth. Hawaii is that special place where one can abandon oneself to ride bikes, catch yellow fin tuna or marlin, scuba or windsurf, play golf, enjoy authentic Polynesian luaus, sunset catamaran cruises, whale watching or perhaps you enjoy just sitting around the pool and treating yourself to gourmet food and beautiful weather. I hope you can see that I love going to Hawaii, it's certainly one of my favorite places.

There are nine Hawaiian Islands with the Island of Hawaii being known as "The Big Island." This island is special because of the variety of the terrain, the splendor of the Kona coast, the two volcanoes; Mauna Kea and Mauna Loa, the beautiful black sand beaches and fiery eruptions of the Volcanoes National Park. This island is truly different then the other islands, one which must be seen.

Oahu is the island which started this vacation craze, one where you will see people of every type, from honeymooners to off duty Marines, as well as many world famous celebrities. World-Class shopping, top flight restaurants, entertainment clubs, and great people watching. Oahu's coast re-



mains to overwhelm our senses—a long beach that vanishes into the distance and them explodes into the heights of Diamond Head.

Maui is truly the island of tropical breezes, gently rolling breakers and blue endless seas (my personal favorite). The ideal vacation would be to lie gently on a stretch of beach, swim the sea caverns and gaze the awe inspiring sight of a breaching whale. Acres and acres of lush golf courses for those of us who play golf, and the charming town of Lahaina where one can shop, visit and eat. Maui's

(Please continue on page 38)

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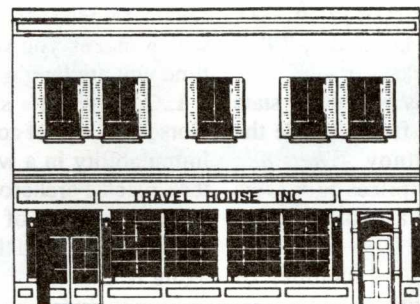
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## Tony Romano Wins 1995 Whetstone Prize

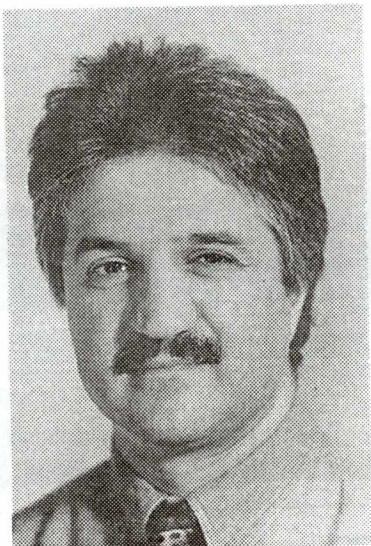
*Whetstone*, the literary publication of the Barrington Area Arts Council, awards its 1995 Whetstone Prize to Tony Romano, Glen Ellyn, Ill., for his short story, "Treading Water," and to Jim Finley, Texas, for his short story, "Keeper of the Downs." Volume 12 is available for purchase for \$6 at the BAAC office (708-382-5626), the Writers Alley, or Village Hallmark, all in Barrington and from Border's, Oakbrook and Prairie Moon, Arlington Heights. This year's Whetstone Prize is underwritten by John W. Loomis.

*Whetstone* editors Sandra Berris, Juliann Fleenor, Marsha Portnoy, and Jean Tolle also announce that L.G. Bateson, Redmond, WA, receives the 1995 John Patrick McGrath Memorial Prize given to a writer of promise for his short story, "Walter Benoit's Horses." He was awarded \$250. Underwritten by Adrienne and Mary Anne McGrath, the prize is administered by the Barrington Writers Workshop and the recipient named by the editors of *Whetstone*. John Patrick McGrath, who died in 1994, was a member of the Workshop.

"Manuscripts come to us from every state in the country and a few from outside the country," explained Portnoy. *Whetstone* publishes and awards its prizes to writers outside of Illinois as well as those who reside in the state.

Tony Romano, a faculty member of Fremd High School, Palatine, is a two-time winner of a PEN Syndicated Fiction Project award, with both stories being produced on National Public Radio's "The Sound of Writing" and syndicated to newspapers nationwide. His fiction has appeared in *VIA: Voices in Italian Americana* (Purdue University), *Sou'wester*, and the *Chicago Tribune*. Romano's "Treading Water" could be described as a story of a woman who is always waiting for the morning alarm to go off. Tolle noted, "Romano sustains the woman's point of view and creates a taut narrative of a young mother whose life is balanced between her three children, a bird in the dryer vent, and four televisions, all which are constantly blaring white noise."

Jim Finley has been published in *Best of the West 2*, *Other Voices*, *Farmer's Market*, *New Texas*, and *Oxford Magazine*. In "Keeper of the Downs," Finley tells the story of Charlie Fly and Bronco Bill, the boy "born blue as winter weather—his little body robbed of breath by the cord circling his neck." The narrative ends with a sad and



**Tony Romano,  
1995 Whetstone Prize Winner**

yet funny scene with Bronco Bill riding a casket rather than a horse. "It is a story which makes you want to cry at the same time you are laughing," Berris remarked.

L.G. Bateson's story, "Walter Benoit's Horses," is one of connection, tradition, and immutability in a world bounded by eighteen black Percherons and mutability. It is a haunting story of meaning, where white noise is eliminated through the care of these aging beasts.

Also included in the volume is a poem, "Stroke," by Cary, Ill., resident Jim Littwin, who teaches at Barrington High School. Littwin writes movingly of a father who cannot write or speak, of a father "who dreams of riverbirds," and how "we catch his winter's sleep... [and] listen for the cries of geese..."

Editor Sandra Berris pointed out that Chicagoan Jennifer Boede's first published story, "When the Dam Breaks," uses second-person point of view to create the edgy voice of a young woman indifferent to the attempts of her teacher to reach her through poetry. As Boeder's character puts it, "When you voice an opinion in class, it is that obscure poets and their poetry are usually obscure for good reasons, when it comes to the road less traveled, you really couldn't care less."

Barrington resident Vince Lombardo has two pieces in Volume 12, "Knock Down," and "A Basket of Oranges." The former is a memoir of Vince's grandmother, Mama Rosa, and her war with Zia Lucia. Fleenor

## In-Home Fitness For February

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## Motorola CEO Award For Volunteerism

Leslie Behnke Hall of Barrington recently received one of Motorola Inc.'s 1995 CEO Award for Volunteerism. The awards were presented by Gary Tooker, Motorola's CEO, at a ceremony recognizing company volunteers from around the world.

Behnke Hall, a director of quality & training for Motorola's International Networks Division was recognized for her work over the past eight years with Adoptive Families Today (AFT). The northwest suburban group distributes information concerning adoption, as well as providing support to families involved in the adoption process.

The award included a \$2,500 grant. Behnke Hall donated \$1,500 of the grant to AFT, and the remaining \$1,000 to Children of Eastern European Regions.

Behnke Hall, a parent of two adopted children, was instrumental in coordinating AFT's Adoption Conference this past November. The conference provided timely information on adoption to 250 attendees. Given the overwhelming success of this conference, AFT will conduct their fourth conference on November 3, 1996 at the Galvin Training Center at Motorola University.



Annually, employees from Motorola's operations around the world are asked to nominate worthy candidates for the company's Volunteer of the Year program. Winners have come from Japan, Puerto Rico, Costa Rica, the United States, and other countries.

noted that the short story, "A Basket of Oranges," is a one "told only as a Sicilian can tell it, with honor and revenge paramount in a village ruled by outsiders but really never ruled by outsiders."

Poet Richard Zabransky, River Forest, Ill., describes Nefertiti in "How Men Love." "She wants to reveal something that could change your afterlife..." He ends, "Call her beauty, our oldest amulet—the lie that transcends." His "Charlotte Cushman" recreates the moment when Romeo was played by a woman, and "your murmur was a sad wind/through the plum trees."

Edith Pearlman's tale, "Henriette," is of a romantic yet practical shop girl swimming through turn-of-the-century political maneuvering; Bill Roobach's "Muse" creates a story of self-deception; and Cezarija Abartis chronicles the coming of age ro-

mances of two teenaged girls in the 1970s.

Poetry by Brent Goodman, Mary Gardner, Gordon Grice, Pearl Karrer, Jeff Gundy, Mary Makofske, Alison Luteran, Louis Phillips, Mary K. Stillwell, Shulamith Wechter Caine, Ted Taylor, and Anna Stoessinger round out the volume. Tolle characterized the poetry as "a revelation of a particular moment. In some, nature or objects illuminate these moments past or present. It is in these particular moments in which *Whetstone's* poetry resides."

Cover photograph is by Gerard M. Bauer, Lake County. The editors have nominated a number of works for the Pushcart Prize and publication in the Pushcart Press annual anthology. All fiction will be considered for the *O. Henry Anthology* and *Best American Short Stories of 1995* and poetry for *Best American Poems of 1995*.



## Traveling . . . with Carlson Wagonlit Travel

### Best Deals of 1996

A major consumer reporting organization has come up with its best travel deals of 1996 and among them you'll find some old friends. First on the list is the old-fashioned basic package tour which the organization says, "can often give you a decent combined rate and a tour packager may still have low priced seats and rooms after the airlines and hotels say they have nothing left but expensive options." Also on the list: a good travel agency which "can get you any deal you cannot ferret out yourself." Even if an agency charges a fee, it's a "small fraction of the value of the time you save by not chasing the deals personally." The consumer agency also liked the new Eurostar train between London and Paris which has "taken the misery out of what used to be one of Europe's most tedious itineraries."

### The New Year in Travel

What else will the new year bring in, travel-wise? Some observers expect that airlines will follow British Airways' lead and change frequent flyer programs so that full-fare and first-class passengers get more miles than those flying on discount tickets. One industry-watcher thinks that frequent flyer programs will send statements and announcements by electronic mail in two or three years. Prices will continue to rise, experts predict, with hikes of up to 4 percent in full fare air tickets and up to 6 percent in hotel rates.

### Viva Las Vegas

Experience two night of excitement in Las Vegas from just \$34 per person. This value-

packed vacation includes two nights' hotel accommodations at the elegant Golden Nugget, free one-day car rental and a discount coupon book.

### 5,000 Bonus Miles with Radisson

Radisson Hotels have joined the American Airlines' AAdvantage frequent flyer program. AAdvantage members will earn 500 miles each time they stay. Even better, though, members can earn a onetime 5,000 mile bonus for three stays at any Radisson between February 1 and April 30, 1996.

### Rental Car Rates to Go Even Higher

Look for rental car rates to increase yet again this year. According to one source, average prices for a one-day rental rose to \$46 in the third quarter last year, or 12% higher than the year earlier. In addition, rental companies are adjusting pricing just like the airlines do: the same car might cost \$300 during a peak week in Florida, but \$120 the following week.

### Best Places for Apres-Ski

Many people like to ski, but even nonskiers can join in the apres-ski fun. Readers of Snow Country magazine were asked what their favorite ski-town bars were, and the 9,000 respondents named the following institutions: Mangy Moose Saloon, Jackson Hole, Wyoming; Wobbly Bar and Pickle Barrel in Killington, Vermont; Little Nell, Aspen, Colorado; Red Lion and Pepi's Bar in Vail, Colo.; Breckenridge Brewery, Breckenridge, Colo.; Sunday River Brewing, Bethel, Maine; Longhorn, Whistler/Blackcomb, British Columbia; Hotel St. Bernard, Taos, N.M.

## Golden Orchids For M'Lady

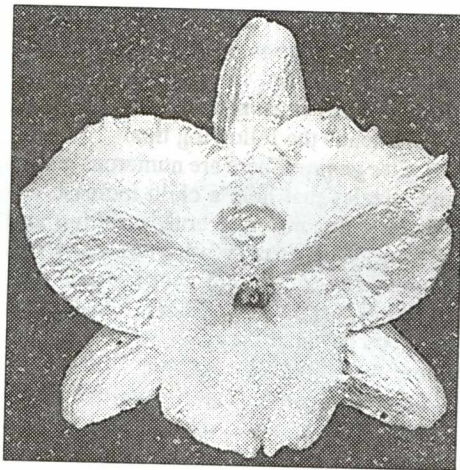
Why not give your Valentine the ultimate gift... a Golden Orchid! This beautiful product was originated by Isaac Kornhauser, owner of I.K. Design.

Isaac has a passion for growing orchids. He grows a variety of Paphiopedilums and African violets. Isaac is also a renowned jewelry designer. He has combined his two loves and produced exquisite, fragile looking and unique pieces of jewelry.

Isaac begins by carefully snipping off a beautiful flower from a chosen plant. He then casts the flower in gold or silver and lets the metal capture each minute detail. He then cleans, tumbles (or sandblasts) the flower and converts it into this lovely creation... a verbatim reproduction of the orchid.

Each jewelry piece is truly a labor of love, taking an average of two hours on a flower.

Silver, while being the more difficult to work with, is decidedly less expensive. Depending on the size of the flower and the metal used, these exquisite floral creations range in price from \$100 to \$1,200. The flowers are cast to make pendants, earrings,



brooches, napkin rings and table ornaments.

Be sure to visit Isaac and his wife Ellen and see this truly beautiful line. In addition to floral creations, I.K. Design offers many other unique things, designed for you alone.

I.K. Design is located at 141 S. Northwest Hwy. in Barrington. Hours: Tuesday—Saturday 9—6, Thursday 'til 8, Saturday 'til 4. Closed Sunday and Monday.

## PACES To Meet Feb. 15

Ever wonder why you married the person you did? The northwest region of PACES (Parent and Child Education Society) hosts Dr. Michael Maniaci, Psy.D., who will present an amusing and thought-provoking look into the many reasons behind our selection of a mate. The meeting will be held on Thursday, February 15, at 7:00 p.m. at

Prince of Peace Church, 930 Higgins Road, Schaumburg. A \$2.00 donation is requested of nonmembers.

PACES is a not-for-profit, all-volunteer organization offering support, education and fellowship to parents of young children. For more information about PACES activities, contact Lynn at 487-1613.

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- FREE one 35 mm single use camera

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**\$2599**

Air add-ons range from \$129-\$689 per person

Prices based on category M. Other categories are also discounted. Prices are per person and in U.S. dollars if booked and deposited by February 14, 1996, based on double occupancy; cruise tour only. All prices are based on availability and are subject to change. Standard Princess terms and conditions apply; other restrictions may apply.

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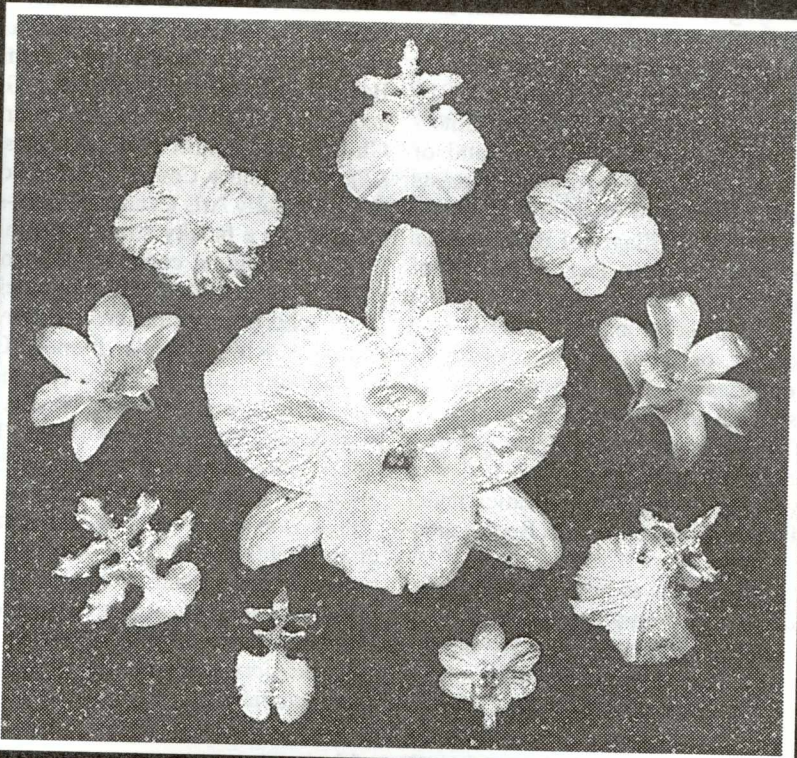
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## 1996 Arts Boost Grants Awarded

The Barrington Area Arts Council and Grants Director Gail Collier are pleased to announce the recipients of 1996 Arts Boost Grants. This year BAAC matched a \$7010 Arts Development Grant from the Illinois Arts Council with \$3505 for a total of \$10,015 to award. Thirteen grant requests were submitted from nonprofit organizations in the seven villages of Barrington as well as East and West Dundee and all of McHenry County for proposed arts related projects. A "project" may be defined as an arts activity, program, artist-in-residence, event or series of events. The applicants requests came to a combined amount of \$21,300. A qualified review panel of professionals associated with the arts reviewed and evaluated each grant application under the criteria established by Arts Boost guidelines.

Nine grants were awarded to the following groups and programs: Adult Child & Rehabilitation Center for McHenry County, "Summer Program Spectacular"; Cary Community Theatre, Original Play Compe-

tition and Production; Community Action Agency for McHenry County, Expressions of Quilting; Crystal Lake Community Band, a Band Festival featuring a German accordion band; Crystal Lake Community Choir, performance of Mendelssohn's *Elijah*; McHenry County Youth Orchestra & Community Arts Center, eight in-school concerts by a faculty string ensemble featuring an original composition; Northern Illinois Special Recreation Association, three school performances by Cleveland Ballet Dancing Wheels; Pioneer Center, performance of "the New Rhythms of Broadway" by the Pioneer Players at the Woodstock Opera House; and Tom Thumb Community Child Care Center, staff training in music therapy for children at risk.

Arts Boost is an arts development program established to encourage non-profits to be creative in planning their projects and broaden community access to arts activities. It is dedicated to funding innovative arts related projects which reach new and underserved audiences.

## Welcome Wagon Coffee

The Welcome Wagon Club of Palatine and surrounding suburbs is a social and philanthropic organization of women who are new to the community or who have had a lifestyle change. The organization has monthly luncheons, coffees and numerous interest groups. The club offers activities for singles and couples with day and evening meeting times. Monthly membership

coffees are held in various member's homes on the third Tuesday of each month from 10:30 a.m. until 12:30 p.m. The next perspective member coffee is February 20. For information, directions or a ride, please call Nancy at 705-5322, Fran at 358-1946, or Candace at 934-1928. The Welcome Wagon Club's philosophy is a friend is someone, we just haven't met yet. Do call!

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## Your Diet And Your Teeth

by Dr. Raymond Kotz



It is not so much what you eat as how often you eat that effects your teeth!

Almost everyone has some remaining plaque on their teeth even after brushing and flossing. This plaque contains bacteria which utilizes sugar and starch to form acids that break down tooth enamel resulting in cavities. This "cavity activity" continues for approximately twenty minutes, after you finish eating.

The average person spends about one hour a day eating breakfast, lunch, and dinner. Since the bacteria produces cavity causing acids for twenty minutes after each meal, the end result is two hours of cavity activity.

Any snack, even cavity activity if consumed rapidly, adds at least twenty minutes to the total. So called healthy snacks such as milk, vegetables and fruits contain sugar and starch so it is hard to win the battle against tooth decay.

Your best bet is to try to eat your "sweets" along with meals and remember

to avoid sticky snacks which remain in your mouth for long periods of time. Of course proper oral hygiene, fluoride and regular dental recare appointments are essential.

For further evaluation contact **Dr. Raymond P. Kotz**, Barrington, IL, 847-381-4040.

## Teach Your Child To Be A Better Writer

Writing skills are valuable tools that your child will use throughout school and throughout life. Writing is the final stage in a complex process that begins with thinking.

Writing skills also encourage clear thinking. The process of creating a story, relating a series of events, or even expressing thoughts and feelings focuses the writer's attention on organizing the information and presenting it clearly.

Remember that in helping your child to learn to write well, your goal is to make writing easier and more enjoyable for them. How can you promote these skills in your child? Dr. Huntington, founder and president of **Huntington Learning Centers**, recommends the following tips:

1. *Use games.* There are numerous games and puzzles that help a child increase vocabulary and improve both speaking and writing. Try crossword puzzles, word games, anagrams and cryptograms designed especially for children. Flash cards are good too, and they are easy to make at home.

2. *Write together.* Have your child help you with letters, even routine ones such as ordering items from an advertisement or writing to a business. A child needs meaningful, not artificial, writing tasks. This helps the child see first hand that writing is important and truly useful in everyday life. Your child will also learn that different types of communication require different styles of writing.

3. *Encourage your child to write* to relatives and friends. Perhaps your child would enjoy corresponding with a pen pal. Encourage your child to take notes on trips or outings and to describe what he or she saw.

Encourage keeping a journal. This is excellent writing practice as well as a good outlet for venting feelings. Encourage your child to write about things that happen at home and school, about people he or she likes or dislikes and why, things to remember or things the child wants to do. Especially encourage your child to write about personal feelings—pleasures as well as disappointments.

4. *Praise.* Take a positive approach and say something good about your child's writing. Is it accurate? Descriptive? Thoughtful? Interesting? Does it say something?

5. *Brainstorm.* Talk with your child as much as possible about his or her impressions and encourage the child to describe people and events to you.

6. *Making lists.* Most children like to make lists, just as they like to count. Making lists is good practice and helps a child become more organized. It's good practice to make lists of things to do, schoolwork and test deadlines, social events and other reminders. Your weekly shopping list is an excellent opportunity for practice.

It is important to remember that all students do not have the basic writing skills to respond to these suggestions.

At the **Huntington Learning Center**, individualized programs are offered in reading, writing, math and related areas. With centers nationwide, **Huntington** is a recognized leader in the field of supplemental education.

Parents who have questions, or who wish to discuss a specific problem, may contact the **Huntington Learning Center** in Barrington at 382-3655 or in Buffalo Grove at 459-5939.

## AAUW's New Investment Club

The new Evening Investment Club of the Barrington Area Branch of the American Association of University Women (AAUW) has set its meeting schedule for the third Wednesday of each month from 7 to 9 p.m. at the Barrington Area Library Program Room. The club's next meeting

is set for February 21, 1996. As a member of the National Association of Investors Corporation (NAIC), the club focuses on investment education and still has some openings for new members. For more information, contact Daisy Nixon at 708-381-6073.



## Portraits By Thomas Children's Portrait Special



Through the month of March, take advantage of **Portraits by Thomas'** annual Children's Special. We're offering to take your children's portrait **FREE** of charge! (No session fee).

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—The Evans Family

## Steps To Lessen Tax Burden For 1995

by Sharon L. Keller, J.D.

Although we have entered into a new year, there are still steps we can take to lessen our tax burden for 1995. This issue will focus on planning for the infamous date: April 15. Each year is a new adventure as a result of the ever changing tax laws.

Up until you file your 1995 income tax return, you can establish an IRA (individual retirement account). If you are married, this will give you a \$2,250.00 deduction provided you and your spouse together do not earn over \$45,000.00. If you are single, you can deduct \$2,000.00 if you don't earn more than \$25,000.00.

If you are an employer with 25 or fewer employees, you can establish a SEP (simplified employer pension) IRA for yourself and your employees. This would allow you to reduce your taxable income by 15% of your income, or \$9,240.00, whichever is less. You have until April 15 to establish a SEP for 1995.

One change as of October 1, 1995 concerns travel and entertainment expenses. Prior to the last three months of 1995, you could deduct travel and entertainment expenses of \$25.00 or more. However, for any expenses incurred on or after October 1, 1995, the amount was increased to \$75.00. You will have to be aware of this change in compiling your documents for your tax preparation.

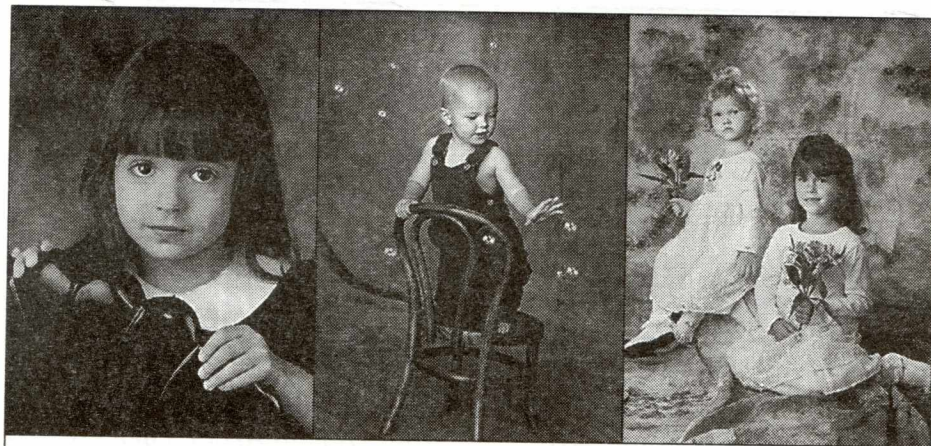
Some of the various information you need to adequately prepare your taxes con-



sists of all sources of income and earnings. Also, put together a list of tax deductible items such as business expenses, interest payments, paid taxes, medical expenses and charitable contributions. Remember that for any charitable contribution in excess of \$250.00 you need to supply the IRS with a formal written statement concerning the donation from the charity, describing the charitable contribution and the value of the donation.

Finally, in preparing your documents for your tax preparation, your checklist should

*(Please continue on page 31)*



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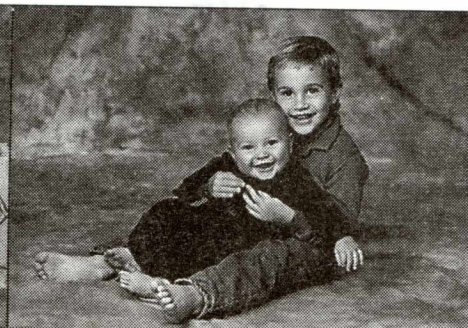
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- 3 neglected retirement planning steps.
- plus 5 more potential planning problems.

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**Anthony Vicardo**  
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## Keeping Warm In Winter Can Be A Challenge For Older Adults

Elderly individuals have special needs for clothing that is both comfortable and warm in the winter, according to Amy Griswold, University of Illinois Extension educator, consumer and family economics.

The elderly are much more susceptible to hypothermia. Even healthy elderly people can become ill from prolonged exposure to mildly cool temperatures of 65 degrees, or from sudden drops in temperature, Griswold said.

As people age, physiological changes can affect the body's temperature control system. Temperatures that feel quite warm to a younger person may feel chilly to an aging adult.

"For these reasons, the types of fabrics available, garment construction and clothing design and fit are especially important considerations for the population of older adults who have difficulty keeping warm in winter," Griswold said.

The most comfortable fabrics keep body heat from dissipating, yet allow moisture to evaporate. Wool fabrics can provide warmth, but they are not as easy to care for as some other fabrics. Acrylic fibers used in sweaters, for example, are soft, lightweight and are considered easy-care fibers. When shopping for warm clothing, look for fabrics made from loosely twisted yarns that are thick and absorbent. The thicker the fabric, the warmer it will be because there will be more dead-air space among the fibers to provide insulation.

Don't confuse thickness with heaviness,

warned Griswold. Some fabrics can be thick, yet very lightweight due to texturizing processes that make man-made fibers comfortable and breathable.

Good examples of warm fabrics include velveteen and corduroy, quilted fabrics, sweat-suit fleece fabrics—especially acrylic fabrics—and thermal knits.

Comfort and warmth are key concerns when selecting among clothing designs. Clothing that fits closely, especially at the neck, wrists, and ankles, helps hold in body heat. Yet clothing that is too tight can inhibit circulation.

As people age, it is common for the neck to become fuller and the head to tilt forward. So a garment with a high neckline, such as a turtleneck, may be uncomfortable. A lower neckline or a V neckline may be a better choice, even though a well-fitted higher neckline would hold in heat better.

Griswold suggested that the elderly choose well-fitting straight-legged trousers, long skirts, long, fitted sleeves, vests, and ski-type pajamas. Also, leotards, pantyhose, opaque hose, thick socks and head coverings help retain body heat.

Remember, too, that layering of clothing such as blouses and sweaters will provide warmth.

For more information about clothing selection for older adults, contact the local Cooperative Extension unit office. The "Senior Series" fact sheets discuss clothing needs and concerns of the elderly.

## What's Your Investment Style?

When you invest, do you tend to "swim against the tide," always taking a point of view that is opposite from your counterparts? If so, you may be a *contrarian investor*. Conversely, do you always check the asset value or book value of a stock to determine if it is attractively valued? That could mean you're a *value investor*. Consider the following investment styles. Which is closest to yours?

• **Contrarian.** The contrarian buys stocks that others shun. Such stocks often have low price/earnings ratios, are usually in an out-of-favor industry, trade close to book value, and have small institutional ownership. According to contrarian opinion, when people say the market is going up, it means they are fully invested and have no additional purchasing power. To the contrarian, this means the market is at its peak. When people are predicting a decline, the contrarian believes that they have already sold out and thus the market will go up.

• **Cyclical Investor.** A cyclical investor buys stock in companies that will benefit from a change in the economic cycle. Earnings of these companies go up and down with changes in the business cycle and so these stocks are often valued on "peak" earnings—or the amount the company can be expected to earn at the peak of the business cycle. Examples of cyclical industries are housing, automobiles, and paper.

• **Growth Investor.** This individual chooses stocks that have potential for above-average earnings growth in the future or that have long histories of above-average growth. Over time, growth stocks tend to outperform slower-growing companies. However, such companies tend to reinvest earnings into the company and thus

pay little or no dividends.

• **Income Investor.** Stocks that have moderate dividend yields and prospects for dividend growth appeal to this investor. A steadily growing dividend reinvested into additional shares of a high-quality stock can compound returns nicely.

• **Value Investor.** Seeking value, this individual buys stocks that appear inexpensive based on the assets the company has today. This investor's theory is that if a company can earn just average profits on its net assets, then its share price should rise closer to its net assets per share. When the stock market is at high valuations, value investors often become contrarians.

### Which Style is Yours?

Possibly your investment philosophy reflects a mix of styles. The more you know about yourself, the better prepared you are to set financial goals and work toward them. Your financial advisor can help you determine what investments may be suitable for your style, investment objectives and risk tolerance.

If you would like more information or are interested in attending a Dean Witter Seminar, please contact **Anthony Vicardo** at **Dean Witter-Barrington**, 330 E. Main Street, Barrington, IL 60010, and Call **708-842-1550**.

Information and data in this report were obtained from sources considered reliable. Their accuracy or completeness is not guaranteed and the giving of the same is not to be deemed a solicitation on Dean Witter's part with respect to the purchase or sale of securities or commodities.

**Submitted By: Anthony Vicardo**  
**Dean Witter-Barrington**  
**(708-842-1550)**

## Panhellenic Association To Meet Feb. 27

The Chicago Northwest Suburban Panhellenic Association meets the fourth Tuesday of each month in a member's home. The organization is open to delegates from the 26 national sororities that are members of the National Panhellenic Conference. Alumni guests from these sororities are encouraged to attend. The association raises money to fund scholarships for college freshman attending colleges and universities that have NPC sororities. Ap-

plications are available in the high school guidance offices of District 211, District 214, and St. Viators. The organization tries to educate parents and high school seniors about sorority life. The organization also is available to write sorority letters of information for college bound students for the sororities that have local delegates to the Chicago Northwest Suburban Panhellenic. For information please call Judy at 303-6716 or Linda at 359-1634.

## Holy Family Women's Board Hosts 35th Anniversary Gala

Tickets are selling fast for Holy Family Medical Center's 35th Anniversary Gala, Saturday, February 17 at the Donald E. Stephens Ballroom Rosemont Convention Center in Rosemont.

35th Anniversary Gala, an elegant evening of dinner and dancing sponsored by the Women's Board at Holy Family, will feature the "Spontaneity" Performance

Troupe and music by Orchestra 33. Tickets for the 35th Anniversary Gala are \$225 per person. Cocktails and Festivities begin at 6 p.m.

Proceeds from this year's Gala will be used to renovate Holy Family's Cafeteria. For more information or to purchase tickets, call Holy Family's Development Office at (847) 297-1800, ext. 1118.

## BWC Welcomes New Members

Barrington Woman's Club would like to welcome the following new members: Mimi Saltz, Ruth Johnson, Ann Duerr, Sharon McKenna, and Shirley Nelson.

Barrington Woman's Club welcomes new members throughout the year. The object of this Club is to promote cultural, recre-

ational and educational activities in the community; and to support various charitable and philanthropic organizations. If you are interested in joining please contact president June Dienes, 382-4281 or membership chairwoman, Linda Martin, 382-3368.





# LIFESTYLES

## Homes & Interior Designs Section

### Antique Treasures For Your Home

From what we heard, Jeff Woodall of **L&W Lamps** just happened to stumble across a virtual treasure trove of antique lamps a little while ago... ornate floor lamps in solid brass, chandeliers and more... all tarnished and blackened by time. "Some of these pieces date back to the 1920s," says Jeff, "they are an antique hunter's dream come true. We'll refinish, polish, and restyle them—they are going to be absolutely gorgeous!"

And unique. These are lamps you won't find in any showroom or catalog. They are one-of-a-kind treasures, examples of the masterful craftsmanship of a bygone era.

For the best selection and your choice of finishes, go to **L&W** soon. This is an opportunity no true antiques aficionado would want to miss.

**L&W Lamps** is open Monday through Friday from 9 am to 5 pm, Thursdays from 9 am to 7 pm. Phone: **847-382-3195**.

### Barrington Homeworks Offers Dutch Mills Cabinetry

**Barrington Homeworks Kitchen Center**, 301 East Main Street, Barrington, recently announced the addition of Dutch Mills to their list of custom cabinet makers. In announcing the exclusive representation of Dutch Mills cabinetry, **Barrington Homeworks** partner James R. Walker said, "We're pleased to be able to offer our Barrington area clients the high quality craftsmanship of this custom-made product at such attractive price levels." Walker went on to say that shoppers who have seen the many styles, woods, and finishes of Dutch Mills are often surprised at how low his price quotes are.

Dutch Mills, a small hands-on manufacturer, has been located in the heart of Indiana's Amish/Mennonite country for twenty years. Staffed by people with a long tradition of woodworking skill and attention to detail, they have steadily built their

reputation among designers, architects, and homeowners who appreciate furniture-quality workmanship.

Dutch Mills, with over sixty cabinet door styles, dozens of paint or stain finishes, and a wide range of decorative hardware, is an ideal choice to solve many design and decorating problems. Mr. Walker, a Certified Kitchen Designer with over twenty years of experience designing kitchens, says, "Creating a beautiful workable kitchen on paper is only part of the job. I need to rely on good people to build the cabinets and bring the design to life. That's why we're so happy to be working with Dutch Mills."

**Barrington Homeworks Kitchen Center** is located in downtown Barrington with showroom hours of 9:00 a.m. to 5:00 p.m. Monday through Friday, Saturday 9:00 a.m. to 2:00 p.m. and evenings arranged by appointment.

### Steps To Lessen Tax Burden For 1995

(Continued from page 29)

include the following:

**Income:** Earnings, pension or annuity payments, unemployment compensation, interest income, stock dividends, trust income and rental income.

**Expenses:** Business expenses, taxes, medical expenses, interest payments, theft or casualty losses, and charitable contributions.

**Other:** Compile information on the sale of any real estate, compile information on any retirement contributions, compile a

concise list of all securities purchased or sold, alimony payments, child care expenses, state and local taxes, and tax refunds.

No one likes to compile the information, documentation and receipts that are necessary to insure the proper tax preparation. Hopefully, the checklist will assist you in putting together the important materials. Until next month, Happy Valentine's Day and have a healthy and prosperous February.



*The splendor of yesteryear...*

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Our New Showroom is located at 20066 N. Rand Road Suite C in Palatine (Next to Northshore Refrigeration at the corner of Route 12 and Lake Cook Roads).

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## Ask Our Designer—Neil McDuffie

Senior Designer at Barrington Kitchen and Bath Studio

1. *We have a kitchen and bathroom we want to remodel, where do we start?* "A trip to the showroom is a good start. It serves two purposes. First, it gives you the chance to see what is available. It may surprise you to find many new finishes and styles in cabinetry and countertops. Second, you can meet and talk to a "professional designer." It is very important that you find an experienced designer to work with. Remember, he or she, will be helping you with a very important investment in your home that can bring a handsome return if it is designed and done properly."

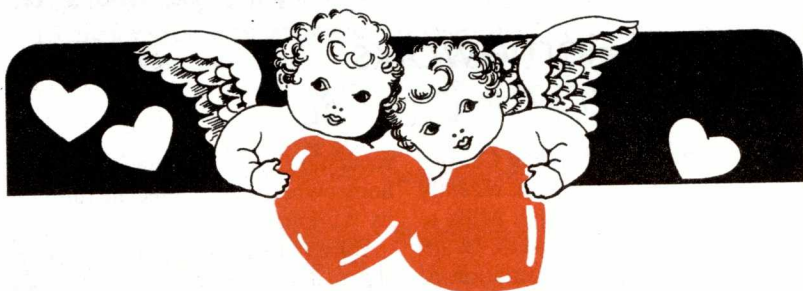
2. *What are your qualifications?* "Twenty-four years ago, I started in the building trades as a carpenter. This experience has proven invaluable over my last fourteen years as a Kitchen Bath Designer. My experience in the field gives me an edge over my competition in fundamental knowledge and understanding of intricate construction projects."

3. *What is one of the most important considerations when designing a kitchen?* "There actually are many, it really depends on the individual or your family needs. The

questions that follow are some of the most important to ask yourself. Are you working professionals or part of a family? If part of a family, what size is it? How often and what types of cooking do you do? Are you a gourmet cook or is cooking just an essential part of every day life? What amount of entertaining do you do? Would you like to entertain more and have a kitchen designed for that purpose? What is the present decor of your home? Do you want to change it with the remodeling project or add to your present decor? There are so many choices and only an experienced designer can help you with these choices."

*This article will be continued in the March issue of Lifestyles.*

We invite you to meet senior staff designer, Neil McDuffie, at our showroom located at Route 12 and Lake Cook Road (next to Northshore Refrigeration) at 20066 N. Rand Rd., Suite C, Palatine, IL. Showrooms hours are Monday through Friday 10:00 A.M. to 6:00 P.M.; Saturday 10:00 A.M. to 4:00 P.M. Appointments are suggested for design and planning consultations.



## What To Expect When You Work With Experts:

Why do so many homeowners find the process of remodeling or adding on to their homes so intimidating? "Too much information from conflicting sources," says Mark Zurek, president of **Delta Renovations, Inc.** "The whole process is, by nature, an emotional one because it involves entrusting others with not only money, but with the comfort and security of home and family."

**Delta Renovations, Inc.** has built its business by analyzing the needs of its clients and finding the best way to meet those needs. Every project presents a unique situation and requires services tailored specifically to that situation.

"One of the best ways I've found to help people through the process is to explain in detail what to expect before construction begins," states Mark Zurek.

If your project is quite involved, you might seriously think about moving out until completed, or plan a vacation for part of the time. If you're planning to live on the premises, here are some tips to help things go more smoothly.

Top priority is good communication! It's the key to preventing most problems. **Delta Renovations, Inc.** makes sure you are kept informed on the progress of the job during

all phases. They encourage you to share your concerns as they arise. Be prepared to expect the project to feel like it's taking too long. There are times when it seems like there is no progress.

Coordinating all the necessary trades is an art; scheduling is approximate.

If you discover what seems to be a major problem, don't panic. Take the time to get all the facts and then call. All remodelers know there will be problems, but a good remodeler knows how to solve them.

**Delta Renovations, Inc.** does everything they can to answer your questions. "If we don't get back to you right away, we're not ignoring you," says Mark Zurek. "Some answers need a little research or phone calls for clarification." Have your questions down on paper so they can be addressed at a predetermined time with the supervisor or general contractor. This saves everybody time.

As the job comes to completion, write down items that need to be finished. This is known as a punch list. Be sure to put some time and thought into this list, as it will help bring the job to a smooth conclusion.

Now that the job is completed, relax and enjoy your new surroundings!



## AAUW Book Discussions

The Daytime Book Group of the Barrington Area Branch of the American Association of University Women (AAUW) will be discussing *The Stone Diaries* by Carol Shields on February 14, 1996, from 1 to 3 p.m. at Iveta Espresso Bar and Cafe in Barrington. AAUW's Evening Book Group will be reviewing *The Lost Diaries of Franz Hals* by Michael Kernan at a member's home from 7:30 to 9:30 p.m. on February 27, 1996.

AAUW is a national organization committed to educational equity for women and girls. The Barrington Area Branch sponsors monthly programs, hosts social activities, and is active in the Barrington community. In addition to the Book Groups, the Branch's study groups include Investment Club, Computer Club, and Great Decisions. For more information, call Arlene Martin, President of the Barrington Area Branch, at 847-381-2590.

## Young Writers Workshop

The Barrington Area Arts Council (BAAC) announces the Young Writers Workshop entitled "Character Creation" on Saturday, February 24 for grades 3-8. Carol Scott, author of many magazine articles and *Kentucky Girl*, a young adult novel published by Houghton-Mifflin, will conduct the workshops. Carol is a graduate of William & Mary College with a Ph.D. from the University of Louisville and

has taught literature and writing at Iowa State University and at the high school level. There will be three workshops for grades 3-4 (waiting list only), grades 5-6, and grades 7-8. The workshops will focus on creating and developing characters for fiction and nonfiction.

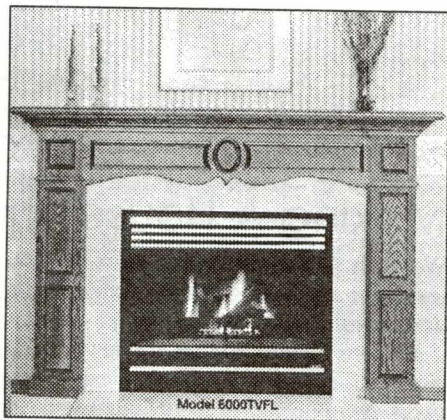
For more information or to register for the workshop, call the BAAC Gallery at (708) 382-5626.

## Create The Fireplace Of Your Dreams

Heat-N-Glo Fireplace Products, the company that introduced and patented the industry's first direct-vent fireplace, now brings to homeowners the most realistic looking fireplace on the market today and is available at **House of Fireplaces**, 824 Chicago Street, Rt. 19, Elgin.

CrossFyre Technology is the brilliant combination of their proprietary burner system and ceramic fiber logs. This combination creates logs with a spectacular glow. The glowing logs, together with yellow flames and burning embers, delivers an amazing duplication of a woodburning fire.

In addition to the great new look inside the fireplace, Heat-N-Glo also offers great looks for the front of the fireplace. Several decorative fronts are available to suit the



decor of any home. For those wanting the beauty of a wood fire with the warmth, efficiency and convenience of gas, Heat-N-Glo is the smart choice.

## New Paint And Fresh New Colors



Bill Schafer—President



Joe Schafer—Vice President

Get a head start on spring by brightening your home with a fresh, new interior paint scheme. Even though interior painting is a project that almost any homeowner can do, there are many reasons why sometimes it makes more sense to hire the job out. Maybe it's the time factor. With both you and your spouse working and your children's games to attend, there aren't enough hours in the day to even consider picking paint colors, taping windows and doors, and covering the floor. That's when a call to **Schafer Builders, Inc.** will take care of all your problems.

When choosing color for your home, keep in mind that color can influence the perception of a room. Think of a deep hunter green for a cozy library. Or maybe a light color in a small room to visually expand the space. An all-white kitchen

with maybe an accent of blue will give the room a fresh and clean appearance. The old rules of red for warmth and excitement, and blues for cool and calmness still apply. As the years pass, new trends emerge and influence the paint colors that we see on the shelf. For example, ecological colors are being promoted this year. Manufacturers are bringing out vine greens, blues, corals, and neutrals with a subtle hint of color.

With all the choices you have to make when you decide that your home needs painting, it makes sense to call **Schafer Builders, Inc.** at 815-459-1333. Better yet, visit their award-winning office at 12 E. Crystal Lake Avenue in Crystal Lake, look over the thousands of photos of completed projects, and see for yourself the quality of their work.

## Multicultural Celebration

The Third Annual Multicultural Celebration will be held on Sunday, February 25, 1996 at the Forest View Educational Center, 2121 Goebbert Road, Arlington Heights, IL, from 12-5 PM. The Celebration consists of continuous ethnic entertainment, including professional entertainers, such as: the Muntu Dance Theater of Chicago, Nelso Sosa performing Latin American folk music, Natyaklalayam Dance Company performing classical dance of India, Manteca Colora Flamenco Dancers, Olympian Dance Troupe performing Greek dances and Alegría Mexicana, a children's dance group. Also, entertainment will be provided by various 214 high school stu-

dents.

In addition to the entertainment there will be an Ethnic Craft Fair in the cafeteria, as well as demonstrations in Ethnic Doll Making and Origami. Clowns will entertain the children with balloon animals and face painting.

Two local restaurants will be selling food in the cafeteria, Home Run Inn and Morelos Mexican Food. We will also have Oergels Bakery on hand for those of you with a sweet tooth.

There will a \$3.00 admission fee for Adults and \$2.00 for seniors and students. Children under 5 are free. Come and join in the fun!

## Now You Can Install a Fireplace Virtually Anywhere in Your Home

Whether you want the charm of a traditional setting or something original such as in a corner entertainment center, or under a window, the Heat-N-Glo Golden Flame direct-vent fireplace is the one for you.

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## Make-A-Wish® Brings Mardi Gras Madness To Chicago

The Make-A-Wish Foundation of Northern Illinois is bringing Mardi Gras Madness to Chicago on Thursday, February 15, 1996 at Brother Jimmy's, 2909 N. Sheffield in Chicago.

Guests will be greeted at the door by the true bayou sound of the popular Delta Rhythm Kings. In between dances you can enjoy a New Orleans' style buffet. One terrific prize will send two lucky individuals to New Orleans for Mardi Gras '97. And if all this isn't enough, you will have the opportunity to bid on some terrific items during the event's silent auction.

All proceeds will benefit the Make-A-

Wish Foundation of Northern Illinois, a not-for-profit organization. For more information, please call (312) 943-8710 ext. 4.

The Make-A-Wish Foundation® is dedicated to the happiness of children who must bear the burden of illness just when they begin to dream. Make-A-Wish fulfills the favorite wishes of children between the ages of 2½ and 18 who suffer from life-threatening illnesses. Celebrating its ten year anniversary, the Northern Illinois chapter has fulfilled the special wishes of more than 1,500 children. The foundation strives to limit children's dreams only to their own imaginations.

## BJWC To Honor Associate Members

Past BJWC members who are now associate members of the club will be honored at the February 6 monthly meeting at the Barrington Park District. Interested new members are also welcome this evening or at any monthly meeting held the first Tuesday of the month.

Appetizers and desserts will be served starting at 7:00 p.m., and the meeting kicks-off the Spring Fashion Show to be held on April 20. Individual and table sales for BJWC members will begin and details announced. The show has been a traditional sellout, and members are encouraged to buy

their tickets early.

The Barrington Junior Women's Club, now in its 59th year, now includes 183 active members and 50 associates. Two associate members Ruth Munsen and Deloris Homuth are also charter members of the club, which began in 1936-37.

Associates are encouraged to attend this evening to renew friendships, meet new members, and hear about the many philanthropic endeavors of the club. For more information, contact Laurie Gray, (847) 382-2825.

## Master Dance Class Series

Laurie Merriman will conduct a master class in modern dance technique on Saturday, February 10, 1996 from 10 am to 12 pm at Barrington High School. Laurie Merriman is the Dance Program Director at Illinois State University. She has taught within the dance and opera departments at University of Illinois-Urbana/Champaign and has been a member of the dance faculty for Illinois Summer School for the Arts since 1991. She received her MFA in performance and choreography from University of Illinois and has studied at the Ameri-

can Ballet Center, the Martha Graham School of Contemporary Dance, the Paul Taylor Dance Company and School all in New York City. Her critically acclaimed work has been presented at the University of Illinois, Illinois State University, the Southwest Regional Ballet Festival and several regional American College Dance Festivals.

Single class fee is \$15. For more information and registration, please contact Julie Salk at Barrington High School, 708-842-3253.

## Making A House Your Home

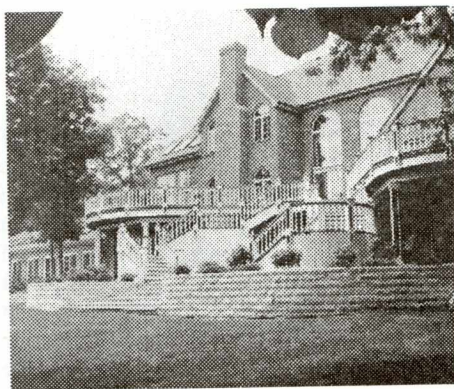
We do it all! Helping you to make your residence everything you want it to be and uniquely yours.

Barbara Schuld Adams, owner and designer of **Interior Concept Design Ltd.** gives every project personal attention. She is also a member of ASID and a licensed interior designer in the state of Illinois. Armed with this background and experi-

ence, there is no problem we can't solve beautifully!

**Interior Concept Design**, with locations in Barrington, Chicago and Lake Geneva, has one philosophy: creating a beautiful environment for gracious hospitality, comfort and everyday life. Please call for a complimentary consultation at: **847-304-1373, 312-939-1378, or 414-245-1498.**

## Now Is The Time To Plan For That Deck



"It's not just a deck," says Larry Kirchner, chief designer and president of **Deck-A-Roo Decks**. "A deck is a pleasant addition to any home and a necessity."

Decks are great investments. If properly built, a deck will give the owner years and years of wonderful use as well as add more to the value of the home than the initial cost. However, an improperly built deck will soon become an eyesore as well as a financial burden on the owner.


At **Deck-A-Roo Decks** every aspect of the deck design is considered: what style will best fit the house; what are the size and design needs of the client; what materials best suit the location and design of the deck; how the design affects price both now and over the lifetime of the deck; and how maintenance will be affected by the design.

In addition to a proper design, the actual construction of the deck and the follow through of the builder are very important. Questions you should ask: Who actually will perform the work? What quality of material will be used? What construction practices will be used? And, who will service the deck if needed? Larry's favorite phrase, "You get what you pay for, if you're lucky!"

**Deck-A-Roo Decks** is a full service builder, working with the home owner from the beginning of the design to the final completion of the deck. No subcontractors are used. All employees have been trained to a high level of quality and given the amount of time needed to complete the job properly. Only high quality materials are used by **Deck-A-Roo** as well as new environmentally friendly products. Every deck is serviced promptly as well as courteously.

A special note from Larry: "Now is the time to plan having your deck built. It's important to give yourself as much lead time as possible if you are planning a party or event that the deck will be used for. Spring is approaching and we have a tendency to fill our April and May schedules early. So please call now."

For more information or an in-home consultation, please call us at **(847) 381-3325**. Thank you.



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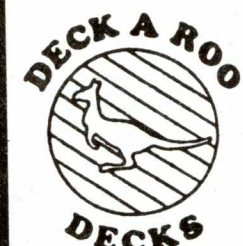
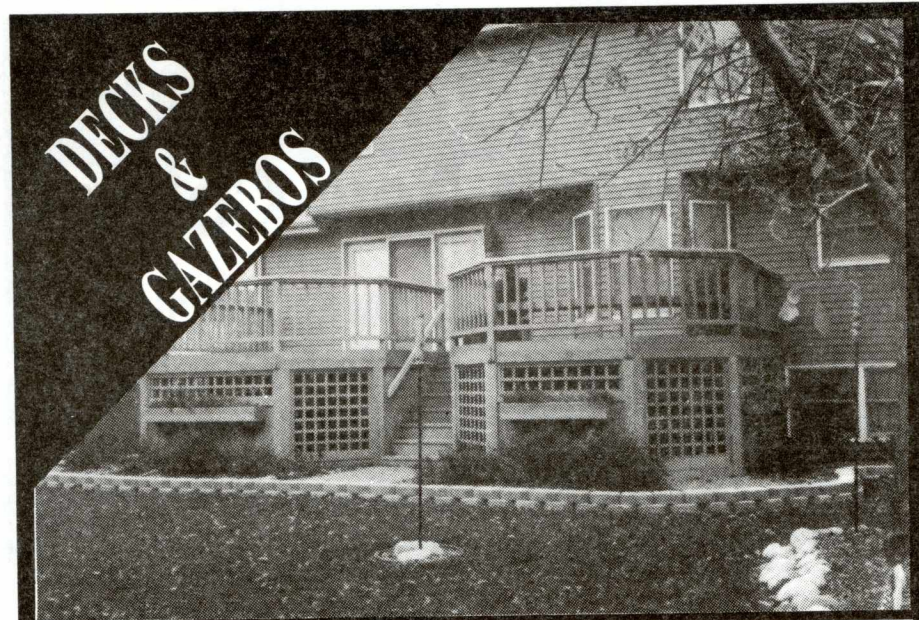
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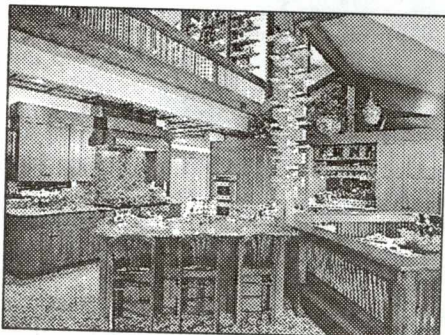
(847) 381-3325



# Picture This— A Gallery Of Recent Projects From R. K. Tech

We've been taking lots of pictures lately, and this seems like a good opportunity to share them with you. Here you'll see some of our favorite recent projects that have not yet been published elsewhere.

The two photographs at top left are of a kitchen at a horse farm in rural Illinois designed by Pat Erickson with cabinet design and detailing from **R. K. Tech**. Pat worked on the design with her husband, Don Erickson, a Barrington architect who apprenticed with Frank Lloyd Wright and has been much influenced by the architecture of the far east. We often work with architects and designers who bring us their plans and let us engineer and provide the cabinetry. Our experience designing and installing kitchens can really help to de-



by Ed and Lisa McCauley

velop a plan that not only looks great but functions great as well. Here we also provided the dark stained hickory cabinets to Pat's specifications.

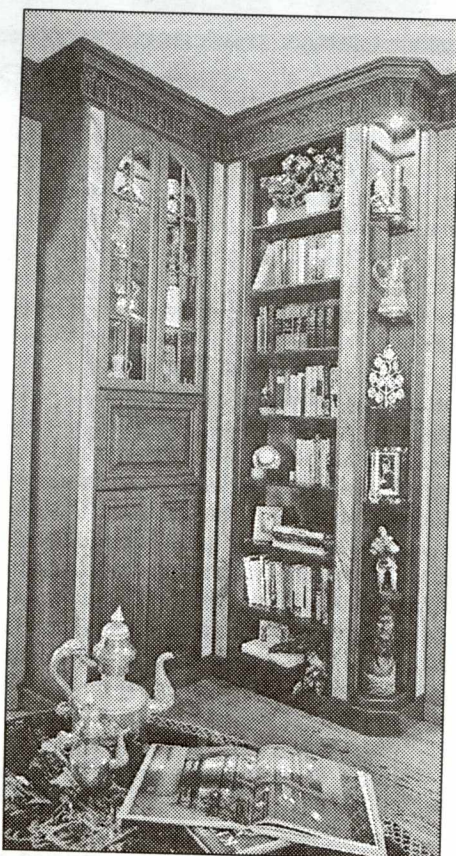
The next two pictures (left and below left) are of a Barrington village kitchen less than a block from our office. Comfortable, country and "unfitted"—all in less than 150 square feet. This project demonstrates that a kitchen need not be large in order to make a stunning visual impact. We only wish you could see the colors—rich painted finishes contrasting with stained wood, stainless steel. In our office last Christmas, the client said, "I can't believe I'm living in something this beautiful."

Below is a reminder that **R. K. Tech** does a lot more than kitchens. Some of our best work can be seen in libraries like the South Barrington beauty pictured here. Libraries call for tremendous amounts of detail, like the multiple miters and granite inserts in the bookcase shown. We engineered a hidden light channel into the sides of the bookcases so that the titles are subtly illuminated.

Stop by our showroom across from Iveta in Barrington, and we'll show you the picture gallery in its full glory. Who knows—our next picture opportunity might be your kitchen.

And if you're in the bookstore, look for the latest issue of *Kitchens By Professional Designers*. This glossy annual, just out, features plenty of work by great designers around the country, including a full page, full color spread of an **R. K. Tech** kitchen in Palos Hills.


**R. K. Tech** is located at 220 S. Cook Street, Suite 201, in Barrington, one block east of Hough Street (Route 59) and two blocks south of Main Street (Lake Cook Road). Call 381-2742.




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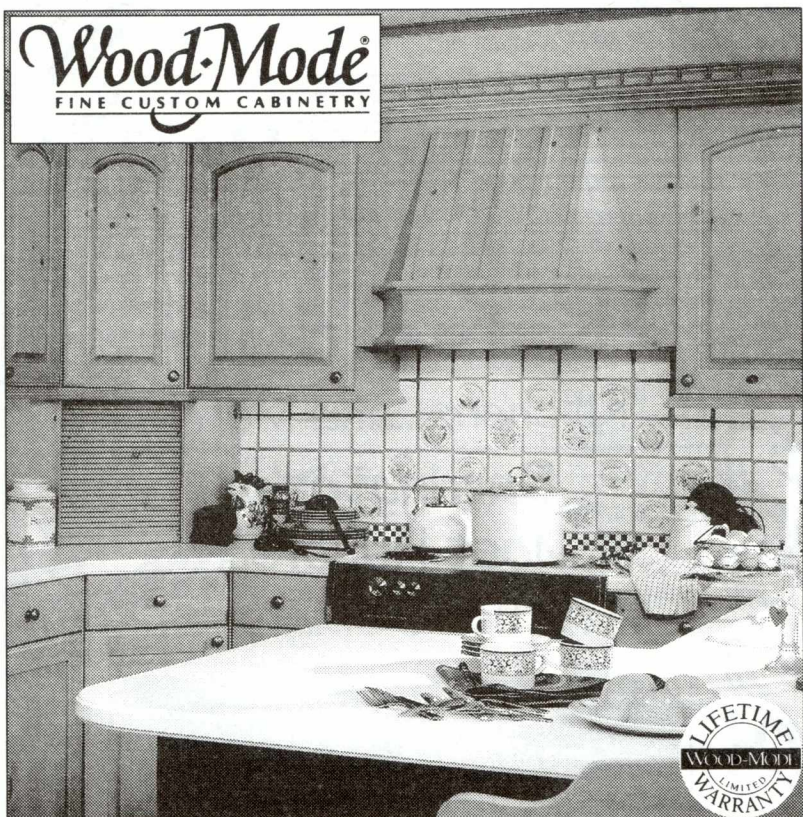


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(847) 526-7822 Monday-Friday 9:30-5, Saturday by Appointment

## Seller smarts. 1996

It's not easy out there. Homebuyers are more insistent than ever on good value for money. And now they have their own agents to help them sift through competitive homes on the market. (No more do all agents who show your home owe their allegiance to you—per Illinois law, 1995.) What to do? Meet the challenge with your own smart Realtor. One who's savvy, forthright, a creative marketer, and keeps in close touch (as opposed to becoming invisible once the listing is signed.) Hard to find? Not here. We're breathing fire. Just call.

We're the real estate professionals with the business expertise.

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## Journey Back To A Gentler Time



Many homeowners seek to recreate the comforts and peace of this vanished time in the decor of their modern kitchens.

Wood-Mode gives you everything you want. Country. Traditional. Contemporary. Classic. Innovative. Casual. Elegant. Wood-Mode can help design a kitchen just for you. Choose from many styles, laminates,

hand-rubbed wood finishes, customized convenience features, and more. From Wood-Mode, America's best-selling line of custom-built cabinetry.

Visit the **Distinctive Kitchen Design, Inc.** showroom soon. One of our certified kitchen designers will be happy to talk to you about planning a kitchen.



### Tips from the Top of The Rock™

Margaret R. Semrad  
Broker/Manager  
Barrington Office

The Prudential  
Preferred Properties

## 1996... The Year Of Reality

During the past year, real estate buying and selling has become more complex. Buyers and sellers have been bombarded by information in the press on "better home selling" and "what to do when you buy real estate," etc., etc., etc. There are so many messages it is hard to know what is myth and what is reality.

Is it a reality to sell a home for a 30% profit when it was purchased only a year and a half ago? Nooo... that is not reality. Reality is: buyers will have agents (buyers agent) who will do an analysis of the neighborhood and homes in that area to determine the value of the property and to advise the buyers on purchase price. Most buyers will not overpay!

Reality is: there are more homes for sale than there are buyers for them. This is due in part to our current economy and the insecurity about employment prospects. Housing competition is getting tougher.

Today's value-driven market demands that the home for sale must be the best *looking...* in the best *location*, at the best *price*. Buyers are price sensitive. Overpricing a

home chases buyers away.

Gone are the days of the big spenders. Every buyer is looking for value at the lowest price and every seller is focused on selling at the highest price. Good real estate investing: buy low and sell high. But the gap is smaller, that is reality in today's market.

I recently came across an article which I believe brings me to the next reality.

"There is hardly anything in the world that some man cannot make a little worse and sell a little cheaper, and the people who consider price only are this man's lawful prey. It's unwise to pay too little. When you pay too much, you lose a little money—that is all. When you pay too little, you sometimes lose everything, because the thing you bought was incapable of doing the thing it was bought to do. The common law of business balance prohibits paying a little and getting a lot — it can't be done. If you deal with the lowest

(Please continue on page 38)



## How To Improve Your Life

You could build something gorgeous just off the golf course for under \$800,000 (depending on your wish list). Besides the sheer joy of golfing more often (a few holes before dinner? before breakfast?), you would have the comfort of living in a gated and guarded community—and in a dream-like setting of woods and streams.

If building doesn't suit your time frame, don't give up. There are homes available right now for \$500,000 and up.

A little farther from Barrington, there are other golf course communities—also beautiful, also superbly designed—with single family homes that are also luxurious, but less costly.

If you're ready for the freedom-from-care

that townhome living offers, you have other Barrington opportunities. A wide variety of floor plans on an excellent course (or just a chip shot away) with resort amenities you can enjoy every day without flying anywhere. These in the \$200,000 to \$400,000 range.

You could be in your new "digs" when the golf season opens if you explore your options now.

For information and a private showing of golf course properties in or out of Barrington, call **Arlene Cullen of The Prudential Preferred Properties**. Her private lines are 847/991-3345 and 847/465-2261. Arlene is a national award-winning Realtor and a Certified Homefinding Specialist.

## The Holidays Are Over— So Can Spring Be Far Behind?

Now is the time to decorate before the spring rush! Are you in need of wallpapering, painting, staining, or faux finishing?

Maybe you need a whole new different look with wallpaper, or perhaps you just need to have the walls and woodwork cleaned in your home. Whatever your need is, we have 33 years experi-

ence of working with homeowners and designers. We have the latest equipment and the skills to handle any job, LARGE or small!

We are a fully insured company. For a free in-home estimate call us now. "Beat the rush—use our brush". **Ralph's Papering Service Inc. 847-658-5562.**

## Insignia Creates The Perfect Setting For Your Hospitality



There have been some interesting developments in kitchen design. The idea that all cabinets have to be the same design or finish has changed. Kitchens now can have the timeworn look and patina of graceful aging. Picture Grandmother's pie safely nestled between other cabinetry. This makes your kitchen look as if family treasures have been

incorporated into the warm lovely setting of a much-used family kitchen. The finishes also have a number of antiqued colors that are distressed to give the appearance of time and use. Many of our clients feel that their guests seem to congregate in the kitchen. **Insignia's** designers are then creating a setting for YOUR hospitality.



## How to improve your golf game.



Come live on a golf course—in any one of the area's beautiful, scenic golf course communities.

If you've saved your pennies, you might build your dream of an English country home on a high, commanding site in Barrington's most prestigious golf community—for in the neighborhood of \$1,500,000. But there are other "neighborhoods." (Please read at left.)

Call **Arlene Cullen** Prvt. Lines 465-2261 or 991-3345

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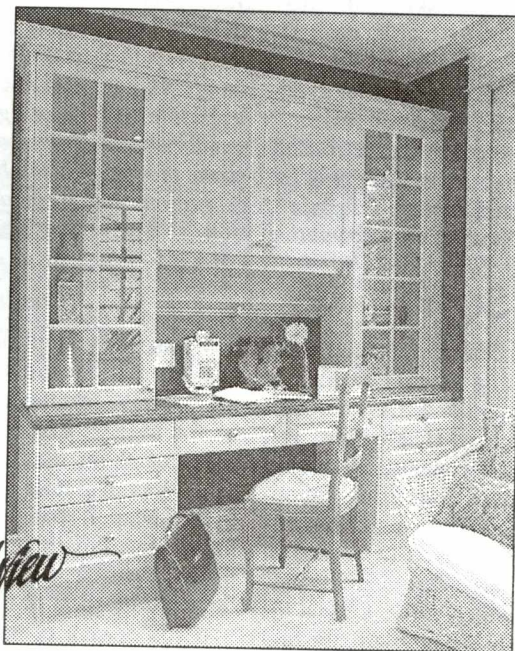
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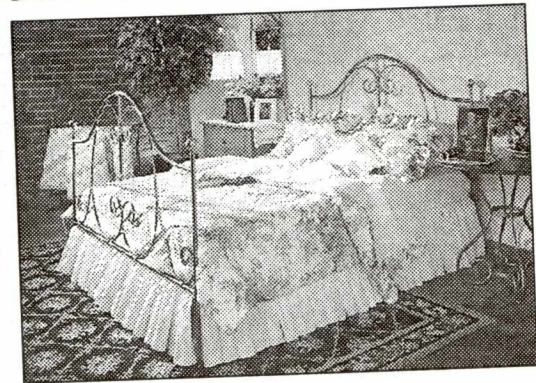


## Wrought Iron Sweetheart Sale

For the month of February, **Decorating Connections** is having a "Sweetheart of a Sale." They are featuring beautiful wrought iron furniture from Charleston Forge at **30% OFF**. Wrought iron is now found in every room of the house. Custom furniture items include beds, dining sets, bakers racks, bar stools, wine racks, coffee tables, many styles of shelves and much more.


Let Catherine Michiels and her experienced staff assist you in selecting the right pieces for your home. Whether you need a special room accent piece or several rooms completely decorated, they are the professionals who can help.


You'll find many beautiful accessories,



furniture items and decorating ideas in their large showroom.

**Decorating Connections** is located in The Marketplace shopping plaza on Route 59 and Kelsey Road.



  
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## Start Your Planning Now!

Now that the holidays are over, most people begin to "Think Spring." And if those thoughts are directed towards improving your home or even building a new one, then, these next few months are an ideal time to get started. Most people think that in March or April, they will call an architect to get some ideas on remodeling or building a new home. Unfortunately, most design firms, at this time, are deluged with these types of requests from homeowners and builders. By the time the plans are finalized, permits pulled and contractors scheduled, construction is pushed back to July.

We suggest that you schedule to talk with us about your plans as soon as possible. We would then be able to get your plans done, construction bids in and permits pulled by March or early April. You would then be able to enjoy your new space for the majority of this new year and not have your Summer "under construction."

Our firm is dedicated to the intricacies of residential architecture. We specialize in the designing of spaces that meet our client's desires as well as their budget. There is no obligation to have us meet with you to discuss your projects or to help you select your



building lot. Please feel free to contact John C. Cazzetta to arrange an appointment and to preview our extensive residential portfolio.

## Facial Plastic Surgery, Looking Your Best

(Continued from page 4)

your individual skin. Your skin is then examined through a Wood's Lamp. The violet rays of the lamp enable you to "see" into the deeper layers of the skin in order to determine appropriate skin condition and thus, proper treatment protocol. After the consultation, if you feel that the PCA Peel is for you, the procedure may then be scheduled.

**Facial Surgery News** is an informative

quarterly newsletter written by Dr. Churchill and his office staff. It covers various procedures and the newest advances in facial plastic surgery. The newsletter is available without obligation on a complimentary basis. If you would like to be added to the mailing list or obtain any further information, simply contact the office at (847) 304-1000.

## Art For A Song

(Continued from page 21)

Carnegie Hall. The chamber choir taped a performance, meeting several stringent prerequisites and submitted it to the committee for their review. That's right, you guessed it! To their amazement, out of over twelve-hundred groups competing nationally, The Barrington Children's Choir was one of only eleven chosen to appear at Carnegie Hall. The appearance is scheduled to be on April 28, which is just around the corner. But that is not the problem; the biggest problem is in order to make the trip, it is estimated they will need about \$50,000 and they just don't have that much in their cookie jar. The kids as well as their parents are all working hard on fund raising projects, but this is a formidable and overwhelming task.

For this reason, **Fancy Art, N.F.P.**, will contribute a portion of the proceeds from every sale during the month of February to The Barrington Children's Choir. We hope that other local businesses will, in a similar fashion, support The Barrington Children's Choir.

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It was Andy Warhol who said: "everyone has fifteen minutes of fame in their life." Well! For these children, this could be the biggest event in their lives or for some of them it could inspire them to achieve even greater heights in their future. In any event, it would be a shame after surmounting so many hurdles, that they were denied their day of triumph, because they were a little short of money.

If you or your company are in a position to contribute or would like to help in some other way, let us know and we will have someone from The Barrington Children's Choir get in touch with you. Our phone number is: 847/304-4045 or 1-800/Fancy Art.

Meanwhile, remember that **Fancy Art, N.F.P.** has some wonderful gift ideas for that special someone. By the way, the N.F.P. in our name stands for **Not Fancy Prices**, and although you can't get a work of art for a song—you will definitely save money and get something beautiful for your home, as well as help some wonderful kids who have a big dream to fulfill.

## How About Hawaii?

(Continued from page 25)

appeal is a wealth of top-notch hotels and condominiums offering every possible amenity.

Kauai, Lanai, and Molokai are islands we will discuss at a later time but perhaps you

can't wait and would like to find out more about these islands. I love talking about Hawaii, try to visit it each year, and would love to sit and trade stories with you. Stop by any time.

## 1996... The Year Of Reality

(Continued from page 36)

bidder, it is well to add something for the risk you run. And if you do that, you will have enough to pay for something better."

—John Ruskin

It is a myth that competent professional Realtors can give all (time, value, and service excellence) with deep price cutting. Reality: deep price cutting = "no frills," which means little service, little Realtor time and minimum value to the client.

When choosing a Realtor, weigh any discount against the services you don't receive.

Look to total value. Look at the benefits and costs... tangible and intangible. Which real estate company will enable you to obtain the best value from the buy/sell transaction within a reasonable amount of time. If you sell for less or it takes an "extra" six months to complete the transaction, what has it cost you?

Please call **The Prudential Preferred Properties** and let one of our Realtor's explain to you about their uniqueness and what services you can expect as a client. We are The Dream House Headquarters where we make dreams reality.



## Crazy Quilt Jacket Class At LINDA Z's

LINDA Z's Sewing Center in Arlington Heights has scheduled Mary Jo Martin, national quilt lecturer and seminar instructor, to teach hands-on classes in its classrooms on Thursday, February 15th, 1-4pm or 6-9pm. Mary Jo is modeling the jacket that will be constructed in class. No prior quilting experience is needed to sign-up for this class. Bernina Sewing Machines will be provided for all students to insure a successful project. Class size is limited. Class calendars are available at the beginning of each month for all current events. Other guest lecturers scheduled for future dates are Philip Pepper—Creative Designer, Judith Kurth—Machine Silk Ribbon Embroidery, Marge Knoll—Hands-on Quilting Seminar, and Sarah Armstrong—Bernina Foot Techniques. These are a few of the many professionals coming to LINDA Z's throughout the coming year. To receive a



monthly class calendar and to register call: 847-394-4590.

## From A Woman's Point Of View

by Gail Wickstrom, Wickstrom Ford

We have a few new salespeople that have started training with us this week. Part of their training is role playing with other salespeople on how to deliver a vehicle properly. Most of the vehicles we have anymore have wonderful 'bells and whistles' on them, but the new owner needs to know how they all function to really enjoy their new vehicle.

I'm guilty of not acquainting myself properly with vehicles before I drive them. Tim and I were at a party right after Christmas and there was a beautiful snow falling the entire time we were there. Some of the party-goers who left before us ended up putting their nice expensive German car in the ditch. Our friend, George, borrowed our Explorer and pulled them out.

On the way home Tim and I could not get it out of 4 wheel drive. I put it in park, I backed it up and still it wouldn't budge from 4 wheel drive, so we thought it was broken. The next morning we were telling our son, Colin, it was broken and he told me I needed to put it into neutral. He was right, I am so glad I didn't pull it into Service on Monday and tell them it was broken and look like an idiot. I'd used up my quota of dumb moves for the month already. When I first started driving this particular Explorer, it wouldn't accelerate very well and I pulled into service and told them so. Well, my floor mats were upside-down so I wouldn't get them dirty (don't ask

me why) and the plastic spokes on the bottom side that was face up didn't allow the accelerator to be fully depressed. Lee, our Service Manager, told me not to feel bad. A customer had done the same thing the week before. Well, I knew just how that customer felt!

My favorite story is about a very good friend who shall remain nameless, who bought a beautiful Limited Explorer from us. She loved it, except for a very annoying rattle. Everyone who got in her Explorer was asked to help locate the rattle. Her 5-year-old granddaughter opened up her center console and handed her the cigarette lighter she had pulled out and stuck in there!

## Scotty's—Groceries On Wheels

Just don't have time to get to the grocery store? Hate those long, frustrating lines? Difficult taking the kids? **Scotty's Home Delivery** can help. We have been in business for over four years now, servicing the grocery needs of people just like you. We service 45 north and northwest suburban communities, with a customer base nearing 2,000 clients. Best of all, you pay grocery store prices, with only a nominal delivery fee to have them brought to your front door! Our average delivery fee is only around \$3.00!

All of our customers receive a price book with the nearly 5,000 items that we carry. It includes all of your favorite name brand

suppliers, and an assortment of specialty items that you won't find at the grocery store, such as fresh butcher meat and seafood, whole grain breads from the Barnaby Smythe's Stone Ground Bread Company, fresh baked goods from a local bakery, and the finest of fresh produce we receive in daily.

Ordering is very simple. You can either call in or fax in your order, just indicating the item numbers you would like to have delivered. We will give you a total due for your delivery, and you can pay us by check or credit card. The great thing is that you don't even have to be home to accept delivery (around 50% of our customers are

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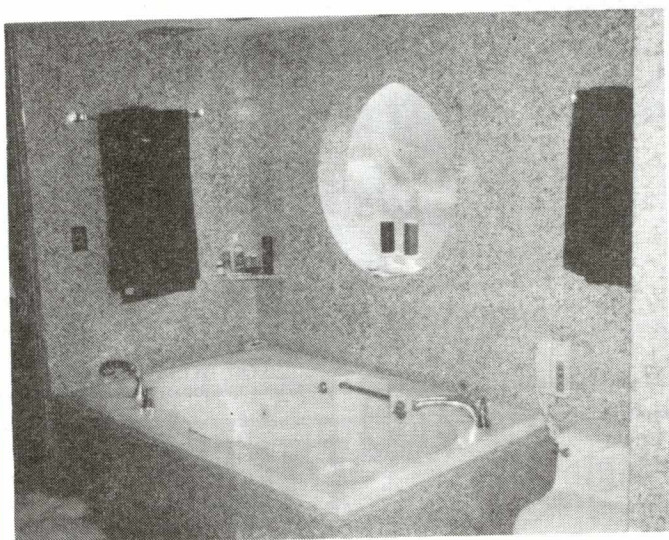
not). We can do this because we deliver all of our refrigerated and frozen items in Igloo coolers with ice packs, so even ice cream stays frozen while your groceries await you. The dry products are delivered in waterproof boxes with lids on them. We will work out a convenient place with you to leave your groceries if you are not going to be home, and they will be waiting there fresh when you arrive. If you are going to be home we will unload them on your counter for you. It's that simple!

This is not a club of any kind, we are

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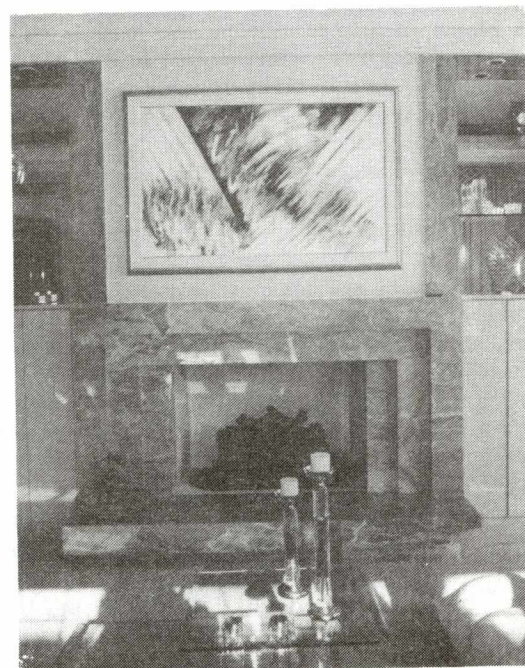


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