A QUICK RECOVERY.

A Prominent Topeka Rebecca Officer Writes to Thank Doan's Kidney Pills for It.

Mrs. C. E. Bumgardner, a local officer of the Rebeccas, of Topeka, Kans., Room 10, 812 Kansas Ave., writes: "I used Doan's Kidney Pills during the past year for kidney trouble and kindred ailments. I was suffering from pains in the back and headaches, but found after the use of one box of the remedy that the troubles gradually disappeared, so that before I had finished a second package I was well. I therefore heartily endorse your remedy."

(Signed) Mrs. C. E. Bumgardner.

A FREE TRIAL—Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cents.

Courtesy of Great Jurist.

A young woman, says a correspondent, who was passing the evening with the family of Lord Coleridge, the eminent English jurist, was about to start for her home at 10 o'clock when he offered to accompany her. She, with the respect due to his age and with the fearlessness of youth, due to ignorance of the dangers surrounding young women, said: "I thank you, sir, but I do not want to trouble you. Cannot the maid accompany me?" His answer showed the respect in which he held all women. He said: "My dear, the maid is a woman also." If all men were so truly courteous there would be no complaint on the part of women that they do not receive the treatment they should receive from the opposite sex.

Identifying British Cordage.

"Every rope used in the British naval service, from heaving line to hawser, and wherever it may be used, on shipboard or in the dock yard," said a cordage manufacturer, "has woven into one of its strands for purposes of identification a red thread. The presumption is that any rope with the red thread found outside of such uses is in improper hands. This custom in the British navy has prevailed since the days of Nelson, or since long before that, for aught I know. A like means of identifying rope is employed in this country to some extent commercially. Some railroads have their rope marked in this way, and this method is sometimes employed for marking rope used for the transmission of power in operating machinery and on lighters, where it might be exposed to depredation."

Fifty Years Without Vacation.

Joseph J. Little, the publisher, ex-congressman, twice president of the New York board of education, and now president of the General Society of Mechanics and Tradesmen, has started for his first vacation in half a century. Except for three years at the front during the civil war and for a short business trip to Europe, Mr. Little has never been away from his work for ten consecutive days. The holiday on which he now has started is planned for two months. Fifty years ago, when he was 13 years old, Mr. Little began his three years' apprenticeship at the printing trade. He received $25 for the first year, $35 for the second and $45 for the third, which nearly paid for his clothes. He lived with his employer above the office of the little country newspaper office and three years later went to New York.

THE SIMPLE LIFE.

Ways That Are Pleasant and Paths That Are Peace.

It is the simple life that gives length of days, serenity of mind and body and tranquillity of soul.

Simple hopes and ambitions, bounded by the desire to do good to one's neighbors, simple pleasures, habits, food and drink.

Men die long before their time because they try to crowd too much into their experience—they climb too high and fall too hard. A wise woman writes of the good that a simple diet has done her:

"I have been using Grape-Nuts for about six months. I began rather sparingly, until I acquired such a liking for it that for the last three months I have depended upon it almost entirely for my diet, eating nothing else whatever, but Grape-Nuts for break fast and supper, and I believe I could eat it for dinner with fruit and be satisfied without other food, and feel much better and have more strength to do my housework.

"When I began the use of Grape-Nuts I was thin and weak, my muscles were so soft that I was not able to do any work. I weighed only 108 pounds. Nothing that I ate did me any good. I was going down hill rapidly, was nervous and miserable, with no ambition for anything. My condition improved rapidly after I began to eat Grape-Nuts food. It made me feel like a new woman; my muscles got solid, my figure rounded out, my weight increased to 126 pounds in a few weeks, my nerves grew steady and my mind better and clearer. My friends tell me they haven't seen me look so well for years.

"I consider Grape-Nuts the best food on the market, and shall never go back to meats and white bread again." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Look in each pkg. for the little book, "The Road to Wellville."

WINTER WHEAT DOING NICELY

Late Sown Crop Is Backward, Being In Need of Plenty of Moisture.

CONDITION IN VARIOUS STATES

Missouri Reports Fine Root Development, Ohio Vigorous Plants, While Illinois and Indiana Have No Complaint to Make.

St. Louis, Mo., dispatch: In its weekly crop report the Modern Miller shows that winter wheat generally is in good condition.

"Special inquiry regarding the condition of the growing winter wheat crop shows that little damage was done during the winter," says the paper, "and that prospects in general are favorable for this time of year. The plant as a rule wintered well. Late sown wheat is backward, but is healthy and beginning to grow, yet requires favorable weather, including plenty of moisture. The only complaint of Hessian fly is from Kansas, but only in isolated spots. Conditions are most promising in the southwestern and southeastern part of the winter wheat belt.

Wheat Condition Is Fine.

"Details of the reports follow: In Missouri the plant wintered well; crop backward on account of late seeding; condition fine, but plant small; early sown thin, top growth short, but fine root development; late sown not fully sprouted, some fields now sprouting which farmers had about concluded to plow up.

"Illinois—Crops went through winter better than ordinary; plant is small, but healthy and growing; alone furrows, shallow, flat and low places, where the drainage was poor, wheat suffered on account of water standing and freezing; much late sown wheat has not sprouted; the crop needs rain.

"In Ohio the crop got a late start in the fall, but was vigorous enough to go through the winter with little or no damage; plant small, but healthy and promising; early looks good, late needs favorable weather.

"Indiana—Prospects favorable on reduced acreage; crop wintered well; plant small, but has long roots and will make good growth with warm weather; late sown not thrifty on thin land.

Hessian Fly in Kansas.

"Kansas—Promising; Hessian fly only in isolated spots; growth backward on account of poor start in fall; covers ground well and is small, frail and would not withstand severe weather; much that failed to start last fall now beginning to grow; good rains would benefit crop.

"Oklahoma—Plant small, but doing nicely; crop starts well, but acreage small on account of fall drouth damage; some fields failed to germinate in fall and now show poorly.

"Indian territory—Crop better than at this season in a number of years; backward last fall, but winter rains and snow made it promising.

"Kentucky—Crop got late start and while plant is beginning to grow, it looks weak and small, yet has a chance to come out all right; smothered by ice in spots.

"Tennessee—Prospects good; came through winter in good shape; plant small, but thrifty; some poor hillsides and other poor spots winter killed, but this is not serious.

"Texas—Outlook uniformly good; crop two weeks late, but looks fine, is growing well and spreading rapidly; early sown looks better than the late."

PLUNGES OVER 125-FOOT CLIFF

Man Thought to Have Quarreled With Woman Before He Fell.

Paterson, N. J., dispatch: After a quarrel on the top of a cliff 125 feet high on the outskirts of this city, in which the voices of a man and a woman were heard in angry tones, the dead body of John Bennett, an insurance agent, was found at the foot of the cliff. His skull was fractured, his arm broken and there was a deep cut over one eye. Whether he was thrown over the cliff or fell by accident is unknown, but the county and city authorities are searching for an unknown woman whose voice was heard in argument with a man only a little while before the body was found. Bennett was last seen by his wife the day before, when she reproved him for drinking.

Stick to Stanford Verdict.

Honolulu cablegram: In reply to Prof. Jordan and Timothy Hopkins, who recently announced their conclusions that the death of Mrs. Stanford was due to natural causes, Edmund Shorey, chemist of the United States agricultural station, and Drs. Wood, Murray and Humphris have signed a statement in which they reiterate their finding that strychnine killed Mrs. Stanford.

Evades Deportation.

Janesville, Wis., dispatch: A Norwegian United States prisoner en route from Duluth to New York to be deported for evading the immigration laws escaped from the custody of the Minnesota marshal at Evansville.

Minnesota Exhibit Bill Passed.

St. Paul, Minn., special: The lower house of the Minnesota legislature passed a bill appropriating $25,000 for a Minnesota exhibit at the Lewis and Clarke exposition at Portland.

SEEDING IN PROGRESS IN WESTERN CANADA.

Mild Weather Is Bringing Thousands of Settlers.

The splendid yields of wheat, oats and barley produced by the farmers of Western Canada and the excellent prices received for the same, have been the means of giving an increased interest throughout the United States. As a result the inquiries made of the Agents of the Canadian Government have nearly doubled over those of the same period last year. Railroad companies are putting on increased carrying capacity to meet the demand made upon them for carrying passengers and freight. Everything points to a most prosperous year. There is room for hundreds of thousands additional settlers, much new land having been opened up for settlement this year.

It is quite interesting to look through the letters received from the Americans who have settled in Western Canada during the past few years, and considering the large number it is surprising how few there are who have not succeeded. An extract from a letter written by Mr. Geo. M. Griswold of Red Deer, Alta., formerly of Grover, Montana, written on the 2nd of January is as follows:

"I am located 1½ miles from a beautiful lake 10 miles long, where there is church, school, 3 stores, creamery and two postoffices. The fine stock, both cattle (cows and steers) horses, hogs and sheep are rolling fat, grazing in pasture to-day, just a little snow, hardly enough for good sleighing, as we just had a Chinook which has melted the roads and laid bare the fields and pasture. There are fine wheat, oats, barley and flax raised here, also winter wheat and timothy hay for export to British Columbia. This is a mixed farming and dairy country. This is the right time to get a foothold in the Canadian West, as it was some years ago in the United States. We are free from wind gumbo and alkali here and have fine, clear soft well and spring water at a depth of from 5 to 25 feet, and lots of open overflowing springs."

Telegraphic advices from Medicine Hat say that seeding has commenced at Medicine Hat, Lethbridge and other points. At the former place the temperature moderated gradually until on the 19th the maximum was 45 and the minimum 26. Thermometer readings since then have been as follows: 20th, 47 and 28; 21st, 54 and 24; 22nd, 56 and 29; 23rd, 48 and 40; 24th, 48 and 26.

During the last few days in February considerable ploughing was done near Lethbridge. P. A. Pulley, a recent arrival from Montana, ploughed and harrowed fifteen acres, and E. Laliberty about the same amount. Rev. Coulter White has also been harrowing his farm. All report the ground frost free and in excellent condition. Bricklaying has also begun in town. At Hartney further east on the 25th February the sun was warm and bright, wheeled carriages were in use and the plowed fields look as if they are ready for the press drills. There is every appearance that spring has arrived, but farmers do not wish to be deceived by appearances and consequently have not commenced to use their bluestone and seed wheat.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in ¾-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12 oz. package i. is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Star-Gazing Profitable.

First Coed—Did you get much out of that astronomy course?

Second Ditto—I should say so! I got my fance!

Wanted—Representative in every community. Money-making home business. Any one can do it. Find out what it is. Send address. M. A. Donohue & Co., Chicago.

The difference between firmness and stubbornness is merely the difference between a man and a woman—at least, that is what the man thinks.

Storekeepers report that the extra quantity, together with the superior quality of Defiance Starch makes it next to impossible to sell any other brand.

Learning is pleasurable, but doing is the height of enjoyment.—Novalis.

TO CURE A COLD IN ONE DAY
Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Some people who seem to be sincere are only accomplished actors.

Robert Hunter's powerful book, "Poverty," is a definition of poverty and an estimate of its extent at the present time. Mr. Edwin Markham, in review of this much-discussed book calls it "the most impressive and important book of the year." Its statements as to the numbers who cannot possibly keep more than one remove from pauperism are of tremendous interest, as are its pictures drawn from first-hand knowledge of the conditions of children and of immigrants in our large cities. (The Macmillan Co., New York.)

Mr. Henry Wood, author of "The Political Economy of Humanism," states that "The general purpose of this volume is the outlining of a political economy which is natural and practical, rather than artificial and theoretical, its aim being to be usefully suggestive to the popular mind." Mr. Wood certainly possesses the rare gift of making an admittedly dry subject not only instructive, but positively entertaining. It is a work which should be read by every citizen of our country. (Lee & Shepard, Boston.)

Buller's War Horse.

Gen. Buller has had brought from South Africa the horse that carried him through the Boer war, and it will spend the rest of its days at the general's home in Devonshire, England. It was shot in the neck in one of the battles.

Shake in Your Shoes.

Allen's Foot-Ease, a powder, cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

As to His Photograph.

He—Do you think a full-length picture would be better?

She—I think there's quite enough of it as it is.

Don't you know that Defiance Starch besides being absolutely superior to any other, is put up 16 ounces in package and sells at same price as 12-ounce packages of other kinds?

Cost of Thibetan Expedition.

The cost of the British expedition into Thibet was $4,062,750, all of which India will have to bear.

WHERE IS FARMING MOST PROFITABLE, where are the conditions most favorable for the general farmer, the stock raiser, fruit or truck grower, where are the greatest advantages for the Home-seeker? Government statistics show it to be the South, in the Southern Railway territory. We will tell you about it. Write Floyd Mallory, Agent, N. C. Richards, Land and Industrial Agent, Washington, D. C.

Miners Extend Aid.

In all, the Miners' Federation of Great Britain sent $36,000 to the striking coal miners of Germany.

Hundreds of dealers say the extra quantity and superior quality of Defiance Starch is fast taking place of all other brands. Others say they cannot sell any other starch.

Be slow in choosing a friend, but slower in exchanging him.—Emerson.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—Jonas F. Boyer, Trinity Springs, Ind., Feb. 15, 1903.

Advice has a value which brings its price when dealt in judiciously.

Orders Disobeyed.

The orders of General Health have been disobeyed, when you feel under the weather, weak, tired, irritable, and suffer from headache, constipation, biliousness, etc. The only sure, safe and permanent cure for this condition is Dr. Caldwell's (laxative) Syrup Pepsin. It has a gentle action all its own, superior to that of pills, powders, and cathartic waters. Try it. Sold by all druggists at 50c and $1.00. Money back if it fails.

A straight line is the shortest in morals as in mathematics.—Edgeworth.

In "Tommy Carteret," which Doubleday, Page & Company brought out early in March, Justus Miles Forman has written his most ambitious book so far. It is more serious than his first success, "Journey's End," and deals with the extraordinary career of a man, who while engaged to a beautiful young girl, becomes possessed by a vision which becomes shockingly real and which makes possible a story of startling incident.

Cultivation is as necessary to the mind as food is to the body.—Cicero.

WOMEN NOT TRUTHFUL

This Statement Has Been Unjustly Made, Because Modest Women Evade Questions Asked By Male Physicians.

An eminent physician says that "Women are not truthful; they will lie to their physician." This statement should be qualified; women do tell the truth, but not the whole truth, to a male physician, but this is only in regard to those painful and troublesome disorders peculiar to their sex.

There can be no more terrible ordeal to a delicate, sensitive, refined woman than to be obliged to answer certain questions when those questions are asked, even by her family physician. This is especially the case with unmarried women.

Is it any wonder, then, that women continue to suffer and that doctors fail to cure female diseases when they cannot get the proper information to work on?

This is the reason why thousands and thousands of women are now corresponding with Mrs. Pinkham. To her they can and do give every symptom, so that she really knows more about the true condition of her patients, through her correspondence with them than the physician who personally questions them.

If you suffer from any form of trouble peculiar to women, write at once to Mrs. Pinkham, Lynn, Mass., and she will advise you free of charge.

The fact that this great boon, which is extended freely to women by Mrs. Pinkham, is appreciated, the thousands of letters received by her prove. Many such grateful letters as the following are constantly pouring in.

Mrs. Ella Lee, Frankford, Ind., writes: Dear Mrs. Pinkham:—

"I want to thank you for what your medicine has done for me.

"Three years ago I had inflammation of the ovaries and ulcers on my womb. I was under the doctor's care for about three months, and the only time I was not in pain was when under the influence of morphine. The doctor finally said I never would be better, and would be an invalid the rest of my life. I had given up in despair, but one evening I came across one of your advertisements and decided to write you for advice. I did so and commenced to take Lydia E. Pinkham's Vegetable Compound. I began to improve at once, and to-day I am a well woman, and I know it is all due to your advice and medicine.

Mrs. J. H. Farmer of 2809 Elliott Avenue, St. Louis, Mo., writes:

Dear Mrs. Pinkham:—

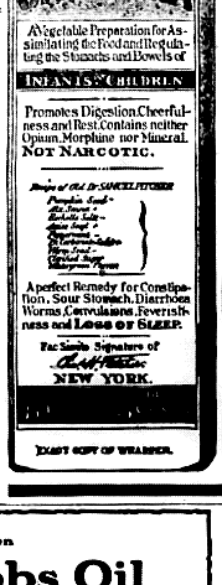
"I cannot thank you enough for what your advice and medicine have done for me. They have done me more good than all the doctors I ever had.

"For the last eight years I have suffered with female troubles; was very weak; had nervous prostration, and could not do my work; but I am happy to say Lydia E. Pinkham's Vegetable Compound has made a different woman of me. I am in perfect health and have gained in weight from 98 pounds to 152 pounds."

No other medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record for actual cures of female ills as has Lydia E. Pinkham's Vegetable Compound.

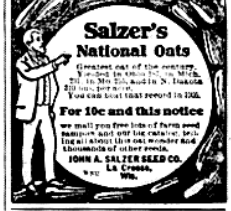
Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Ask Mrs. Pinkham's Advice—A Woman Best Understands A Woman's Ills.



CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

VERY FEW, IF ANY, CIGARS SOLD AT 5 CENTS, COST AS MUCH TO MANUFACTURE, OR COST THE DEALER AS MUCH AS
"CREMO"
IF THE DEALER TRIES TO SELL YOU SOME OTHER
ASK YOURSELF WHY?



FARMS IN WESTERN CANADA FREE
EXCURSIONS TO THE Free Grant Lands OF Western Canada.
During the months of March and April, there will be excursions on the various lines of railway to the Canadian West.
Hundreds of thousands of acres of the best Wheat and Grazing Lands on the Continent to be had free.
Adjoining lands may be purchased from railway and land companies at reasonable prices.
For information as to route, cost of transportation etc., apply to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agent—C. J. Broughton, Room 490 Quincy Bldg., Chicago, Ill.; W. H. Rogers, third floor, Traction Terminal Bldg., Indianapolis, Ind.; T. O. Currie, Room 15, Milwaukee Block, Milwaukee, Wis.

When
St. Jacobs Oil
The old monk cure, strong, straight, sure, tackles
Hurts, Sprains, Bruises
The muscles flex, the kinks untwist, the soreness dies out. Price 25c. and 50c.

REAL ESTATE.

TEXAS LANDS—For a limited time I can sell a few choice sections of Panhandle lands near Amarillo at remarkably low figures, considering prices of improved adjoining lands. All level, prairie, near three railroads. Some for cash, some on time. Healthy climate, fine soil, good water. Mercury never goes once this winter. Why freeze in the North? Investigate purchaser's guide and message free and descriptive matter. R. B. Newsome, Amarillo, Tex.

FOR SALE One of the best producing 120-acre farms in Southern Michigan, situated 3 miles northwest of Kalamazoo. Good buildings and well fenced and with right kind. Terms small cash payment, balance time. Enquire Wm. McGREGOR, Maston, Mich., Wexford Co.

Beautiful level 10-acre farm $50 per acre at Ashtabula, Ohio. Good large nearly new buildings, strong soil, best markets near good fruit and water. Nearly all can be tilled except 10 acre wood lot. Liberal terms. Write owner, M. R. KNOX, Ashtabula, Ohio.

FARMS For Sale on crop payments. J. BULBALL, Sioux City, Iowa.

When Answering Advertisement Kindly Mention This Paper.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION