THINK OF IT!

This Pretty Matron Had Headache and Backache and Her Condition Was Serious.

PE-RU-NA CURED

MRS. M. BRICKNER

99 Eleventh Street, Milwaukee, Wis.

"A short time ago I found my condition very serious. I had headaches, pains in the back, and frequent dizzy spells which grew worse every month. I tried two remedies before Peruna, and was discouraged when I took the first dose, but my courage soon returned. In less than two months my health was restored."—Mrs. M. Brickner.

The reason of so many failures to cure cases similar to the above is the fact that diseases peculiar to the female sex are not commonly recognized as being caused by catarrh.

FEMALE TROUBLE NOT RECOGNIZED AS CATARRH.

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Peruna cures these cases simply because it cures the catarrh.

If you have catarrh write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Too Careful by Half.

With "Carefulness" as his motto there is a West Philadelphia physician who never misses a chance to impress on others the necessity of this quality. Since an incident which occurred last week, however, he will probably curb his demonstrative policy. His wife is the reverse of the physician in this respect, and he has constantly warned her regarding her carelessness with jewelry. Going to the bathroom, he found her diamond rings lying on the wash stand alongside a box of jeweler's sawdust with which she had been cleaning them. Placing the rings in his pocket and strewing the sawdust to make it seem the rings had gone down the pipe, he left the house. When he returned that evening the house was in an uproar. The bathroom had been dismantled and all the pipes taken out. Hysterically the wife told of her loss and also that she had summoned a plumber to explore the pipes. Conscience-smitten, he returned the rings, and his feelings have not been smothered by the receipt of a plumber's bill for $22.50.—Philadelphia Record.

Poor Reward for Social Mentor.

"That is the last time I shall ever act social mentor," said the nervous woman. "When Mazie was married she came to me for advice. I ordered her wedding announcements, gave her tips about her trousseau, told her what she was expected to provide and what the bridegroom paid for, and did all those little things.

"I went to the wedding, and I must say that I could not see the effects of my careful coaching. Now that she was married I knew she would want to drop a lot of what she called her 'table d'hote' best boys, who used to take her out to supper Sunday evenings.

"'Remember, Mazie,' I warned as I was leaving. 'When you come back from your trip, send cards to all those whom you wish to have call. But if there are any whom you want to drop just forget to send them a card and that is all.'

"'Well?' asked the friend.

"'I received no card,' was the wail. 'I had taught her how to cut me.'"

Never judge a man's worth by what a woman values him at in a breach of promise suit.

HIS MONEY SPOKE FOR HIM

Aphasia-Stricken Person Had Proof He Was Somebody.

"Aphasia is a curious thing, and is no respecter of persons," said Dr. William J. Morton, in commenting on the number of absentminded persons suffering from the strain and stress of modern life. "Frequently it has a tragic ending, but a case in which the comic was strongly blended came to my attention a few days ago," he continued.

"The victim, in this instance, was subsequently identified as an up-State merchant who had come to New York and had completely forgotten his name and address. I saw him a few minutes after he arrived, by a roundabout way, at a private sanitarium. He was cheerful, even humorous, in fact, that when asked his name he searched through his pockets and produced an expansive roll of bills, but nothing to identify himself.

"'Doctor,' he at length said, 'I've completely forgotten my name and where I live, but, by jimminy, I must be somebody somewhere to be carrying as much money as this around.'"—New York Times.

In Record Time.

Piney Flats, Tenn., May 29th.—(Special)—Cured in two days of Rheumatism that had made his life a torture for two years, D. S. Hilton of this place naturally wants every other sufferer from rheumatism to know what cured him. It was Dodd's Kidney Pills.

"Dodd's Kidney Pills are the grandest pill on earth" says Mr. Hilton. "I would not take any sum of money for what they did for me. For two years I had what the doctors called rheumatism. I could hardly walk around the house. It seemed to be in my back and hip and legs. I tried everything but nothing helped me till I got Dodd's Kidney Pills."

"Two days after I took the first dose all pain left me and it has never come back since. I can't praise Dodd's Kidney Pills too much."

Rheumatism is caused by uric acid in the blood. Healthy kidneys take all the Uric Acid out of the blood. Dodds' Kidney Pills make healthy kidneys.

A Force for Good.

In the last week of March the Salvation Army celebrated the twenty-fifth anniversary of its establishment. It has outlived most or much of the prejudice originally felt against it, says Everybody's Magazine. "By their fruits ye shall know them." The success of its American farm colonies has brought Mr. Rider Haggard to the United States to study its methods. It provides 3,000,000 beds a year for the poor. In the cities it reaches and relieves portions of the population that hardly anybody else seems to be able to deal with. It inculcates self-support, self-control, and hopefulness, physical and moral cleanliness. It "gets right hold" of people and tries to lift them up. The suspicion or contempt with which it was looked upon has passed away. The work of its more than 3,000 workers speaks for itself. People know it is no humbug. Its success is something that all of us without distinction of religion or irreligion ought to be glad of.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by Druggists, price 75c.

Take Hall's Family Pills for constipation.

Might Be All Right.

"Do you believe in transmigration of souls?" inquired the man with metaphysical tendencies.

"Why," answered Mrs. Cumrox, doubtfully, "not as a rule, although I have no doubt it would be all right under some circumstances."

Many Children Are Sickly.

Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, Cure Feverishness, Headache, Stomach Troubles, Teething Disorders, Break up Colds and Destroy Worms. At all Druggists, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

The Monomaniac.

Dan—I wonder if the Koh-i-noor is still the biggest diamond there is?

Fan—I dope where that place Koh-i-noor is, but if th' diamond's any more'n ninety feet each way it ain't regulation an' ought'n to be recognized.

Quite Natural.

"I think I'm in love. They say it makes a fellow so idiotic."

"Don't know that I notice anything unusual about you."

Defiance Starch

should be in every household, none so good, besides 4 ozs. more for 10 cents than any other brand of cold water starch.

A tableful of welcome makes scarce one dainty dish.—Shakespeare.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 15, 1900.

Work hard, play hard, but let it be fair play and honest work.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Excess of wealth is cause of covetousness.—Marlowe.

"I Went Home to Die from Gravel Troubles. Doctors failed. Dr. David Kennedy's Favorite Remedy cured me." Mrs. Sarah Bowers, Fairmount, N. Y.

Never judge a woman's appearance by her looks.

FIXING RAILROAD RATES.

Making railroad rates is like playing a game of checkers or chess. Communities to be benefitted, producers, manufacturers or shippers to be aided represent the pieces used. Every possible move is studied for its effect on the general result by skilled traffic managers. A false move in the making of freight rates may mean the ruin of a city, of a great manufacturing interest, of an agricultural community. Railroads strive to build up all these so that each may have an equal chance in the sharp competition of business. So sensitive to this rivalry are the railroads that in order to build up business along their lines they frequently allow the shipper to practically dictate rates. Rate making has been a matter of development; of mutual concessions for mutual benefit. That is why the railroads of the United States have voluntarily made freight rates so much lower in this country than they are on the government-owned and operated railways of Europe and Australia that they are now the lowest transportation rates in the world.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in ¾-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Quite Proper.

"Look here!" complained Mrs Good art, "I gave you that quarter because you said you wanted to buy food."

"Yes, ma'am," replied the polite hobo.

"Well, you went right off and bought whisky with it."

"Well, ma'am, several scientists have declared that alcohol is food."

We Do Not Understand This Jest.

"Papa, do you think kings and queens are happy in their home life?" asked Jimmie.

"Well," replied his father, slowly, "I presume they are if they have a full house."

Genius is not essential to good preaching, but a live man is.—A. Phelps.

Backache, "The Blues"

Both Symptoms of Organic Derangement in Women—Thousands of Sufferers Find Relief.

How often do we hear women say: "It seems as though my back would break," or "Don't speak to me, I am all out of sorts?" These significant remarks prove that the system requires attention.

Backache and "the blues" are direct symptoms of an inward trouble which will sooner or later declare itself. It may be caused by diseased kidneys or some uterine derangement. Nature requires assistance and at once, and Lydia E. Pinkham's Vegetable Compound instantly asserts its curative powers in all those peculiar ailments of women. It has been the standby of intelligent American women for twenty years, and the ablest specialists agree that it is the most universally successful remedy for woman's ills known to medicine.

The following letters from Mrs. Holmes and Mrs. Cotrely are among the many thousands which Mrs. Pinkham has received this year from those whom she has relieved.

Surely such testimony is convincing

Mrs. J. G. Holmes, of Larimore, North Dakota, writes:

Dear Mrs. Pinkham:—

"I have suffered everything with backache and womb trouble. I let the trouble run on until my system was in such a condition that I was unable to be about, and then it was I commenced to use Lydia E. Pinkham's Vegetable Compound. If I had only known how much suffering I would have saved, I should have taken it months sooner—for a few weeks' treatment made me well and strong. My backaches and headaches are all gone and I suffer no pain at my menstrual periods, whereas before I took Lydia E. Pinkham's Vegetable Compound I suffered intense pain."

Mrs. Emma Cotrely, 109 East 12th Street, New York City, writes:

Dear Mrs. Pinkham:—

"I feel it my duty to tell all suffering women of the relief I have found in Lydia E. Pinkham's Vegetable Compound. When I commenced taking the Compound I suffered everything with backaches, headaches, menstrual and ovarian troubles. I am completely cured and enjoy the best of health, and I owe it all to you."

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all gone" and "want to be left alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound at once removes such troubles.

No other medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any substitute.

FREE ADVICE TO WOMEN.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice and medicine have restored to health more than one hundred thousand women.

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

Virginia Farms

Best on earth for the Money. Free catalogue. R. B. CHAFFIN & CO., Inc., Richmond, Va.

W. N. U., CHICAGO, No. 22, 1905.

When Answering Advertisements Kindly Mention This Paper.

Do You Feel Chilly, Then Feverish and Ache all Over?

Feel Worn-out, Blue and Tired? Have You a Fresh Cold, With Frequent Hacking Cough? Sensation of Soreness in the Chest or Back?

Don't let your cold run into chronic bronchitis or pneumonia. The very best tonic alterative and body-builder at this time is Dr. Pierce's Golden Medical Discovery. Made without alcohol or dangerous drugs, and it contains that rare combination of roots and herbs that will allay a cough (iron it out, as it were), restore the circulation, assists the appetite and digestion, and consequently restores tone to the entire system. That is the reason people look happy once more after taking it—they feel like living, because their liver is active, the blood in their arteries is full of that life-giving quality—rich, red blood. The blood in turn feeds the nerves.

Nervousness and neuralgia are only the indication that the nerves are not fed on invigorating blood. This "Medical Discovery" of Dr. Pierce is nature's own restorer. It tones up the organism and stimulates its functions, furnishing to the body one of its necessary constituent principles of which it is in need.

This preparation is of pleasant taste, agrees perfectly with rebellious and sensitive stomachs, and is extremely effective in restoring tone and vigor to the entire system. It cures gastric troubles of the stomach and at the same time the blood-vessels are given a stimulation which throws off a cold. One very good reason why it restores the health of run-down, pale and emaciated people is because it first throws out the poisons from the liver and kidneys. It then begins its reconstructive work in building up flesh and making good, rich, red blood.

"I have been a sufferer from indigestion for some thirty years, at times," writes Mr. S. W. Mullenax, of Circleville, W. Va., "and have used medicine from several of our best physicians, which gave me only a little temporary relief. They said I could never be cured. Last winter I was stricken with the worst spell that I ever had. I suffered with such severe pains in the pit of my stomach that I could neither work nor sleep, and my weight went down from one hundred and ninety-five pounds to one hundred and sixty pounds in about two months' time. I then concluded that I would try Doctor Pierce's Golden Medical Discovery. By the time the first bottle was gone, I felt some relief from my severe suffering so continued until I had used four bottles of 'Golden Medical Discovery.' I am truly thankful for the great benefit which I have received from your medicine, and can cordially recommend it to others."

It Stands Alone not only in respect to its ingredients, but also as the only medicine for stomach, liver and blood disorders, which absolutely CONTAINS NO ALCOHOL.

It Stands Alone as the best alterative medicine, the makers of which take their patients fully into their confidence and tell them exactly what they are taking. This Dr. Pierce can afford to do, because his "GOLDEN MEDICAL DISCOVERY" is made of such ingredients and after a working formula that has hundreds of thousands of cures to its credit, placing its merits above criticism.

It Stands Alone as Nature's remedy for almost all chronic diseases because the earth supplies the ingredients, which are as follows:

Golden Seal (Hydrastis Canadensis),
Queen's root (*Stillingia Sylvatica*),
Stone root (*Collinsonia Canadensis*),
Cherry bark (*Prunus Virginiana*),
Bloodroot (*Sanguinaria Canadensis*),
Mandrake (*Podophyllum Peltatum*).

Constipation although a little ill, begets big ones if neglected. Dr. Pierce's Pleasant Pellets cures constipation.

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions

of housekeepers who have used LION COFFEE for **over a quarter of a century?**

Is there any *stronger proof of merit*, than the

Confidence of the People and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package.

Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

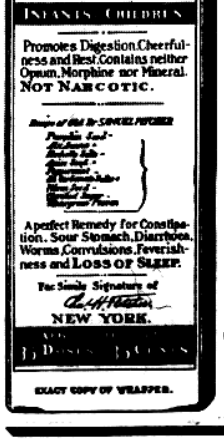
Do You Want to Become a Physician?

It couldn't you do it if you could work your way through one of the best medical colleges in the Country? With large hospital in connection where diplomas are fully recognized by the State? Do you know that nearly 50 students are doing this at the Dearborn Medical College and that our attendance will be doubled next term? Send for catalogue and information. Dearborn Medical College, Chicago.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Dorr, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. J. E. Waggoner, of Chicago, Ill., says: "I can most heartily recommend your Castoria to the public as a remedy for children's complaints. I have tried it and found it of great value."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have endlised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I must heartily endorse its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I am furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

Dr. F. H. Kyle, of St. Paul, Minn., says: "It affords me pleasure to add my name to the long list of those who have used and now endorse your Castoria. The fact of the ingredients being known through the printing of the formula on the wrapper is one good and sufficient reason for the recommendation of any physician. I know of its good qualities and recommend it cheerfully."

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY ST., NEW YORK CITY.