Barrington Review.

M. T. LAMEY, Ed. and Pub.
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The Ostler Fallacy.

Dr. Osler's fatal philosophy regarding the comparative uselessness of men after 40 years of age has been followed by a fearful wave of discouragement and depression among those who have reached middle life or later without gaining a competence or achieving anything like material success. The extent of the harm which Dr. Osler has done—innocently, I believe—can hardly be estimated, writes Orison Swett Marden, in Success Magazine. His words have come like a death sentence into thousands of homes! They have taken away hope and left despair in thousands of aching hearts. "What is the use of trying," these unfortunates say, "when one of the greatest authorities in the world has pronounced the verdict against us?" Gov. Allen, of Ohio, in commenting upon the edict of some of the railroad companies and other corporations that men over 35 should not be employed, said, "It is not how long a man has lived that counts, it is what's left in him." This is the secret of the whole thing. It depends altogether on how much is left in a man as to whether he is old or young, whether his fires have burned out or are still alive. What the employer wants is vitality, resourcefulness, alertness, freshness and openness of mind. It does not matter so much about the years. It is rather a question of energy, of reserve power. It is folish to fix an age at which men become comparatively useless. Some men are young at 70, others are old at 35. One of the worst delusions that ever crept into a middle-aged man's mind is the conviction that he has done his best work, that he is growing old and must soon give place to younger men. Do not be discouraged or allow yourself to be influenced by Dr. Osler's "fixed ideas," for he is himself, at 56, a direct contradiction of his own theory.

Carnivorous Diet.

Is meat going out of fashion? There has been a twofold conclusion in the results of the recent experiments made—that we eat too much meat, and that, generally speaking, we take too much food. The experimenters, led by Prof. Chittenden, of Yale university, for several months, and in some instances for more than a year, reduced their meat diet by one-half, and yet maintained as good or better health than before. The muscular power of the athletes was increased and mental activity undiminished. A banana and a cup of coffee was one bill of fare for breakfast. Strictly scientific experiments carried on in America, Germany and France have unanimously resulted in the conclusion that health and strength can be maintained with a much less proportion of nitrogenous food than meat eating peoples deem necessary. The distinct teaching of science is that, except the extremely poor, most people eat about twice as much as is needful, and that the superfluous amount is not merely waste but becomes the fruitful cause of disease and suffering. The rice eating Japanese and Chinese practically confirm the scientific doctrine.

Occasionally some foreign publications assert that there is such an unworthy thing as an "American language." Our slang phrases and our dialect stories worry them no little. So far as dialect is concerned, remarks, a wise contemporary, we have no advantage over our British brethren. They have novels written in a jargon which no one not initiated into the mysteries can understand. It is not denied that the United States have contributed many "Americanisms" to the language of John Bull. We are a resourceful people, much given to invention, and if we want a word that is not in the dictionary we do not hestitate to coin one. This may be in very bad taste, but we have a great country and are entitled to make occasional innovations.

Theoretically the promotion of universal peace through the medium of international agreements offers an ideal solution of differences arising between nations. The practical results have not been such as to arouse any vast degree of enthusiasm, however. As The Hague convention England's objection to the Transvaal being given a voice in the deliberations was sustained. The provisions relating to arbitration proved distasteful to several of the powers represented and it was only on the broader proposals that the signatures of those present were obtained.

Dr. Robert E. Minahan, mayor of Green Bay, Wis., has declared war on the street masher, or "the ahem man," as he calls that pest. His honor has observed that it is unsafe for an unescorted woman to be about the streets after dark, so he makes this public declaration: "I am going to get rid of the ahem man in Green Bay. They say it can't be done. I do not know positively that the evil can be eradicated. But I know this much—I am going to give that fellow the best run for his money he ever had."

CAUGHT IN THE ACT!

FAST TRAINS IN COLLISION

TEN PERSONS ARE KILLED AND TWENTY ARE INJURED.

Accident Appears to Have Been Due to Misunderstanding of Orders by Trainmen.

Altoona, Pa., — The most disastrous accident on the Pennsylvania railroad since the disaster east of Harrisburg nearly a year ago, when about 20 persons were killed, occurred Friday night about ten o'clock on the Petersburg branch, about 500 yards east of Clover Creek Junction.

The Chicago mail, bound east, and the Chicago and St. Louis express, bound west, two of the fastest trains on the system, going at full speed, met head-on. Ten persons were killed and 20 injured. Seven cars were wrecked and both engines badly damaged.

The disaster was indirectly due to a freight wreck on the middle division at 8:24 o'clock, when 27 loaded cars of an east-bound freight train were wrecked at Union furnace, about 20 miles south of here, blocking all tracks. The cause of the accident is attributed to the bursting of an air brake hose. In order to avoid detention of trains, passenger traffic was sent over the Petersburg branch, The Pennsylvania special, the 18-hour flyer, west-bound, was the first train to pass around and make the trip in safety. No. 21, the St. Louis and Chicago express, was the next train to be sent west-bound over the branch. It collided with No. 18, the Chicago mail, going in an opposite direction, on a single track near Clover Creek Junction.

Both locomotives were wrecked. Six cars on No. 18—five mail cars and a coach—were caught in the smash-up. The dead and injured were passengers on the coach.

Altoona, Pa.—The official report of the collision Friday night between the east-bound Chicago mail train and the west-bound Chicago and St. Louis express on the Petersburg cutoff of the Pennsylvania railroad which caused the death of ten persons and the injury of many others, lays the blame on Engineer J. T. Dougherty, who was hauling the west-bound train. He was given orders to wait at the end of the double track at Carlin to permit the east-bound train to pass, but he misunderstood them and continued out on the single track. Engineer Dougherty, the report says, did not deny that he had made a mistake when before the officials for examination.

Chicago Banker Bound Over.

Chicago.—John R. Walsh, former railroad owner and president of the Chicago National bank, waived a hearing before United States Commissioner Mark A. Foote Thursday and was bound over to the federal grand jury under $50,000 bonds. He must answer the charge of making a false report to the comptroller of the currency.

Pardon for Midshipmen.

Washington. — Three midshipmen, dismissed from the naval academy for hazing, have been recommended by the president for restoration to the academy with a loss of one year. The midshipmen are Worth W. Foster, a member of the first class, and George H. Melvin and Richard L. Desaussure, members of the third class.

Honor to Postal Delegates.

Rome.—King Victor Emmanuel and Queen Helena Sunday night gave a dinner in honor of the delegates to the International Postal congress. After the dinner their majesties conversed with the delegates.

Mark Twain Is Ill.

New York.—Mark Twain, who had planned to leave Saturday for Dublin, N. H., where he was to spend the summer, has been compelled to postpone his departure, owing to an attack of bronchitis.

TO CONTINUE AWARD.

Miners Will Work for Three Years More Under Terms of Anthracite Agreement.

New York.—After carrying on negotiations for nearly three months, the subcommittee representing the anthracite mine workers and operators of eastern Pennsylvania Monday agreed to continue the award of the strike commission for another three years and the men will return to work as soon as practicable, probably Monday.

All miners who have not committed violence against persons or property will be reemployed and no one will be discriminated against because of any activity he may have taken in the strike movement.

The outcome of a dispute, which threatened to develop into a long, bitter struggle and paralyze a great industry, was looked upon with considerable satisfaction by the coal road presidents, as the agreement entered into is their first proposition made early in March in reply to the mine workers' original demands.

The miners had little to say regarding the agreement, except that it was the best they could do. They pointed out, however, that the agreement entered into is the first general agreement that has ever been signed between the operators and miners, and they look upon it as a step forward in their efforts to have regular agreements with their employers.

JOE CANNON IS BORN AGAIN

Speaker Reaches Seventieth Mile Post and Starts to Fill Out Second Cycle.

Washington.—Speaker Cannon was the guest at a reception given him Monday night at the Arlington hotel by his colleagues in the house of representatives in honor of his seventieth birthday.

It was a notable occasion, made so by the presence of President Roosevelt and almost every official of note in Washington, and others from outside cities who called to extend their congratulations.

As Speaker Cannon knew every one who called to congratulate him introductions were unnecessary. He gave a cordial welcome to all his friends and heartily responded to the good wishes. The reception lasted from nine to 12 o'clock and was attended by probably 1,200 persons. There were no ladies present.

Road Must Pay Taxes.

Springfield, Ill., May 8.—According to an opinion rendered Monday by Attorney General Stead to the auditor of public accounts, in answer to an inquiry from the auditor as to how he should value the property of the Illinois Central railway for taxation, the Illinois Central must pay taxes on some $80,000,000 in stock and $25,000,000 of bonds on which the railway company has claimed exemption on the ground that the stocks are debits and should be deducted from the credits of the road.

British Kill Sixty Zulus.

Durban, Natal.—Col. Mansell's column, which is pursuing the Zulu rebels under Chief Bambaata, was attacked Sunday by 200 Zulus while descending a precipitous hill near the grave of Chief Cetliwayo. Sixty rebels were killed. Col. Mansell had three men wounded.

Police Kill Workmen.

Vienna.—Serious rioting occurred Monday at Lemberg, Galicia, arising out of political animosity. In the conflict between the police and a mob several workmen were killed and several were injured on both sides.

Russian Socialists to Unite.

Berlin.—The Vorwaerts says that the fourth congress of the Russian social democratic party is now holding a secret session, and that a union of all the most important socialist parties of Russia will occur.

THE WHITE PARTS OF THE WHITE HOUSE.

The White House at Washington, which has been the "Kings Palace" of the American People since it was first occupied by President Madison in 1809, has recently undergone a thorough course of remodelling, renovation and repair. Every American citizen is owner of an undivided eighty or eighty-five millionth part of the White House, as well as of the other Public Buildings and Monuments in the Capitol City. An item in the renovation of the remodelled White House was repainting. Every visitor to Washington knows why the White House is so called—because it is literally a "white house". The exterior paint must therefore be white. Now while the pure white surfaces and simple lines of the White House, set in the midst of green lawns and beautiful trees, produce a very satisfying effect of dignified simplicity, white paint from a practical point of view, is about the most unsatisfactory kind of paint that could have been selected by the original designers. First, because any white paint is easily discolored by smoke and dust, and second, because ordinary white paint itself gradually turns gray or brownish yellow from exposure.

But white the White House is and white it must remain or it would no longer be the "White House". So the renovators, making the best of a discouraging situation, sought for the best kind of white paint procurable. The average citizen if asked to guess what kind of paint they finally decided on would probably answer—"white lead and oil," but he would guess wrongly. The paint selected as the best obtainable was a ready mixed paint, such as can be bought in any well furnished village store, such as is used by more than half of the eighty or eighty-five million owners of the White House on their own homes. That one brand of mixed paint was used instead of another is a mere accidental detail—there are fifty or a hundred brands on the market that might have been selected in other circumstances, and in fact, a different brand was used in painting the Capitol.

Every property owner, therefore, who paints his house with a high grade ready-mixed paint is following the example set by the Government Authorities at Washington, who used ready-mixed paint, because they could find nothing else as good.

PERSONAL PARTICULARS.

Rev. Edward Everett Hale, of Boston, attributes his excellent health at the age of 84 to the serenity with which he takes life. He sleeps nine hours every night.

John D. Rockefeller is to live for two months of the year at Pasadena, Cal. He purchased Carmelita, the magnificent home where Helen Hunt Jackson wrote "Ramona."

Mrs. Virginia E. Bland, widow of "Silver Dick" Bland, has become one of the most successful agriculturists and horticulturists in the country at her place in Lebanon, Mo.

Theodore A. Cook, brother of Dr. Frederick A. Cook, of Brooklyn, is building three motor cars at his home in Callicoon, N. Y., for the use of the south pole expedition, which is to start in 1907.

Miss Esther Whitman, the strongest woman in New York, has married Herman Hyams, a Harlem real estate man, whom she rescued from drowning three years ago. She is an expert swimmer, and can lift a dead weight of 600 pounds.

Dr. Fridjof Nansen, the arctic explorer who has been appointed Norwegian ambassador to Great Britain, is a firm believer in woman's rights. He and his wife are almost equally proficient in all that relates to athletics and the strenuous life. Apart from his fame as an explorer, Dr. Nansen is well known as a writer on scientific topics.

Miss Nora Stanton Blatch has been elected to membership in the American Society of Civil Engineers, the first woman so distinguished. She is a granddaughter of the famous Elizabeth Cady Stanton and the first woman to win the degree of civil engineer in Cornell university. Miss Blatch has under consideration an offer from the Chinese government to undertake some important work in the interior of the eastern empire.

REPAIRING BRAIN

A Certain Way by Food.

Every minister, lawyer, journalist, physician, author or business man is forced under pressure of modern conditions to the active and sometimes excessive use of the brain.

Analysis of the excreta thrown out by the pores shows that brain work breaks down the phosphate of potash, separating it from its heavier companion, albumen, and plain common sense teaches that this elemental principle must be introduced into the body anew each day, if we would replace the loss and rebuild the brain tissue.

We know that the phosphate of potash, as presented in certain field grains, has an affinity for albumen and that is the only way gray matter in the brain can be built. It will not answer to take the crude phosphate of potash of the drug shop, for nature rejects it. The elemental mineral must be presented through food directly from nature's laboratory.

These facts have been made use of in the manufacture of Grape-Nuts, and any brain worker can prove the value of the proper selection of food by making free use of Grape-Nuts for ten days or two weeks. Sold by grocers everywhere (and in immense quantities). Manufactured by the Postum Co., Battle Creek, Mich.

MITCHELL'S ADVICE TO MEN

URGES MINE WORKERS TO MAINTAIN ORGANIZATION.

Pleads for Union in What Is Probably His Last Address to Anthracite Miners.

Scranton, Pa.—Work will be resumed by the mine workers throughout the anthracite field Thursday morning. The repair men and any others necessary to prepare the collieries for general operations will report for work at once. This was decided upon at the closing session of the convention held Tuesday afternoon. At the morning session the agreement entered into on Monday in New York between the operators and the sub-scale committee were formally ratified.

President Mitchell was not present during the earlier proceedings of the convention. When he entered the hall he was vociferously applauded and was called upon for a speech. He said:

"This will probably be the last time that I shall address you, and it might be well for me to say one or two things. Some are inclined to believe that because we have not secured an advance in wages or any improvement in the conditions of employment that we have not accomplished anything. I want to say that I believe you have taken the most advanced step in the history of this movement.

"You have secured what you have never before secured—a signed agreement with the operators. It is an agreement which is not entered into with the United Mine Workers, but with the officers of that organization, but they have signed an agreement with your national president and with your district officers.

"I am convinced that if the United Mine Workers maintain the strength and solidarity of their organization that three years hence the railroad presidents will ask you to make an agreement with them, rather than that you should be forced to ask them to make an agreement with you."

MUST KEEP UP FRISCO AID

Secretary Metcalf Says Reports of Devastation in Stricken City Are Not Exaggerated.

Washington.—Secretary Metcalf explained to the president and cabinet that the reports of the devastation wrought by the earthquake and fire were not exaggerated, and that the work of relief necessarily must continue for some time. He praised the army for its efficient work and said that Dr. Devine, representing the Red Cross, and the citizens' relief committee, had done and were doing everything possible. He was emphatic in his commendation of E. H. Harriman, of the Southern Pacific, who, he said, personally was on the ground and in addition to affording the facilities of his road, had given largely of his personal funds and assisted otherwise in the work of relief.

CHINESE BOYCOTT WANING

Surprise at Peking Over Apprehension in America Anent Trade with the Orient.

Peking.—The statements to the effect that there is apprehension in the United States that the boycott of American goods is growing have caused surprise here. All the information obtainable shows that the movement is waning.

The Chinese customs report for 1906 just issued, shows that the American imports were 77,000,000 taels, compared with 29,000,000 in 190.

It appears that the importers made enormous speculative purchases early in the year, chiefly in anticipation of war demands and a decrease in imports would be natural under any circumstances until these stocks are distributed.

BOARD TO RULE ZION CITY

Dowie and Voliva to Select Representatives, with Court Holding Balance of Power.

Belvidere, Ill.—The Zion City affairs shall be ruled by a committee of three, one chosen by Voliva, one by Dowie, and one by the circuit court judges hearing the case, they to have charge until the injunction matter is finally disposed of, is the temporary settlement of the legal battle between the Zion City factions, provided Dowie agrees to the proposal. His attorneys will report his wishes to Judge Wright in Chicago.

It was announced that the attorneys in the case had agreed to a proposition of the court for a temporary settlement of the troubles.

Friend to America Dead.

San Juan, Porto Rico.—Felipe Cuebas, collector of customs at this port, was drowned in Mayaguez harbor. He suffered persecutions in Spanish times on account of his advocacy of American institutions.

Vesuvius Again Active.

Naples.—Vesuvius is again showing considerable activity. Tuesday a dense column of smoke arose from the crater, spreading like an umbrella accompanied by loud detonations and electrical discharges. The main crater is discharging sand and cinders.

Assassination Story Untrue.

St. Petersburg.—There is no foundation in fact for the report telegraphed from Kieff that General Count Alexis Pavolich Ignatieff is in St. Petersburg and not in Kieff.

WORST CASE OF ECZEMA.

Spread Rapidly Over Body—Limbs and Arms Had to Be Bandaged—Marvelous Cure by Cuticura.

"My son, who is now twenty-two years of age, when he was four months old began to have eczema on his face, spreading quite rapidly until he was nearly covered. We had all the doctors around us, and some from larger places, but no one helped him a particle. The eczema was something terrible, and the doctors said it was the worst case they ever saw. At times his whole body and face were covered, all but his feet. I had to bandage his limbs and arms; his scalp was just dreadful.

A friend teased me to try Cuticura, and I began to use all three of the Cuticura Remedies. He was better in two months; and in six months he was well. Mrs. R. L. Risley, Piermont, N. H., Oct. 24, 1905."

CAME WELL RECOMMENDED

He Was Not Like Some New and Untried "Feller" Among the Girls.

The buxom maid had been hinting that she did not think much of working out, and this in conjunction with the nightly apearance of a rather sheepish young man caused her mistress much apprehension, relates Everybody's Magazine.

"Martha, is it possible that you are thinking of getting married?"

"Yes'm," admitted Martha, blushing.

"Not that young fellow who has been calling on you lately?"

"Yes'm, he's the one."

"But you have known him only a few days."

"Three weeks come Thursday," corrected Martha.

"Do you think that is long enough to know a man before taking such an important step?"

"Why," answered Martha with spirit, "I'd ain't 's if he was some new feller. He's well recommended; a perfectly lovely girl I know was engaged to him for a long while."

A personally conducted party in a special train of Pullman sleepers will leave Chicago, July 16th, for a tour of the East, covering Detroit, Toronto, Niagara Falls, St. Lawrence River, Thousand Islands, Montreal, Ottawa, Quebec, White Mountains, Portland, Me., Old Orchard, Portsmouth, Plymouth, Boston, New York, Philadelphia, Baltimore, Washington. For complete itinerary with rates and other details, address A. G. Shaw, Gen. Agent, Canadian Pacific Railway, Chicago, Ill.

The Effect.

"I think that my speech on this question will have some effect."

"It has already had an effect," answered Senator Sorghum. "You have caused two or more questions to grow where there was but one before."—Washington Star.

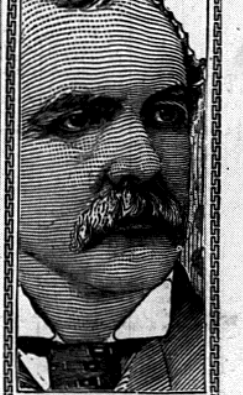
Lewis' Single Binder straight 5c. You pay 10c for cigars not so good. Your dealer or Lewis' Factory, Peoria, Ill.

Some people seem to take dismal delight in always being on the wrong side.

Try Garfield Tea! It purifies the blood, cleanses the system, brings good health.

The trouble with the dead beat is that he is so very much alive.

UNITED STATES SENATOR FROM SOUTH CAROLINA PRAISES PE-RU-NA



Ex-Senator M. C. Butler.

Dyspepsia Is Often Caused By Catarrh of the Stomach—Peruna Relieves Catarrh of the Stomach and Is Therefore a Remedy For Dyspepsia.

Hon. M. C. Butler, Ex-U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co., as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

CATARRH of the stomach is the correct name for most cases of dyspepsia. In order to cure catarrh of the stomach the catarrh must be eradicated.

Only an internal catarrh remedy, such as Peruna, is available.

Peruna exactly meets the indications.

Revised Formula.

"For a number of years requests have come to me from a multitude of grateful friends, urging that Peruna be given a slight laxative quality. I have been experimenting with a laxative addition for quite a length of time, and now feel gratified to announce to the friends of Peruna that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known beneficial character.

"S. B. HARTMAN, M. D."

FOR SALE My six acre farm and stock farm located in Osceola County, Iowa, finely improved, must be seen to be appreciated, worth $75.00 per acre, will close it out at only $6.00. W. D. CREGLOW, Remsen, Iowa.