M. T. LAMEY, Ed. and Pub BARRINGTON, -ILLINOIS

Moderation in everything is the secret of joy.

It will be time enough to boast when to-morrow is past.

Australia is arranging to establish a two-cent rate of postage on letters not only throughout Australia but with all parts of the Birtish empire and all foreign countries that will deliver two-cent letters from Australia. The time is coming when two-cent ocean postage will be the universal rule.

Barrington Review. MERELY THEORIZING

REFORMERS WHO ARGUE FRO

contending for the Abolition of a l tective Tariff They Exhibit Con plete Ignorance of Facts and Conditions Relating to American Industry.

American policy.

American policy.

Neither Long Nor Loud.

The call for tariff revision at this all parts of the British empire and all foreign countries that will deliver two cent letters from Australia. The time is neither long nor loud. The call for tariff revision at this time is neither long nor loud. The centeres from Australia. The time is neither long nor loud. The centeres from Australia. The time is oming when two-cent ocean posts of the majority in congress is to let well content in the country and the party of the majority in congress is to let well content in the country and the party of the majority in congress is to let well college president and a few college president and professional all sorts of business prospering—the observations he has made in this country. An Austrian artist, for whom, President Roosevelt "ant," declined the cent duty on hide—tit is evident that the country at large is not in issue the country. The country is the country is the country is the country in the country is the country in the country is the country in the country is the country. The country is the country in the country is the country in the country is the country in the country is the country. The country is th

BETTER AVOID THE RISK.

There are a few persons who sin-There are a few persons who sin-crerly believe that a number of Amer-ican industries are seriously hampered because the protective tariff now in operation increases the cost of the "raw material" essential to prosperous prosecution. Among these industries is is that of shoe manufacturing. As nearly-everybody knows, the shoe in-dustry has made wonderful advances dustry has made wonderful advances of things, when boots and shoes were turned out mininty by the village cob-

in this country. Prom the old order in this country. Prom the old order current out mind by the village cobbler and the finer quality of leather scods in this line was practically unknown, we have progressed until Americas shoes are made in enormous numbers in great establishments scattered all over the country, and the product is unmatched for beauty of appearance, durability and cheapness. The excellence of the American shoe is conceded the world over.

The total output of American shoes may not be ascertained precisely, but there is one feature of the business that must command thoughtful atteption. American shoe manufacturers command absolutely the American shoes that must command thoughtful atteption. American shoes are shiply by ocasional wealthy patrons of Paris outflitters or when shoes are bright the production of foreign shoes, except possibly by ocasional wealthy patrons of Paris outflitters or when shoes are bright the production of the pro

the tariff prevents other countries from patromiting us. And it is more than that, as a little further inquiry will show.

The United States is not only selling shoes, the manufacture of which is well protected, but it is buying enormously of the material of which shows are made. The imports of hides and skins to be turned into the leather from which those shoes are made in 1966 were \$\$3,000,000, and it is doubtful if they would have been much greater had the skins come in free Under protection our home market had developed the shoes are made in 1966 were \$\$3,000,000, and it is doubtful if they would have been much greater had the skins come in free Under protection our home market had developed in the skins come in free Under protection our home market had developed upon the shoes has been on a tremendous scale because our people have been prosperous, have had the money to buy and to pay for shoes, and have in that way helped to keep the shoe manufactories busy, while we have had a considerable surplus stock to ship abroad, as has been seen. The fault finders urge that the skins should come in free. Then why not admit all other 'raw materials' rec, and when that is done notify the American wage carrier that he must accept the foreign scale of pay, for that is what the should come in free. Then why not admit all other 'raw materials' reci, and when that is done notify the American wage carrier that for the home of the should be a shou

Ing they have not forgotten how—Troy Times.

Reason to Be Thankful.

We find in the New York Journal of Commerce, a free trade newspaper, this refreshing bit of candor:

"Railroads are having the same difficulty that others are having to raise new capital or borrow money on easy terms. Capital has been so absorbed in the last few years in expanding enterprises and growing industries, in active business whose requirements are increased by advancing wages and prices, and in the borrowings of numicipal and other corporations, that the available surplus to meet multiplying demands is not to be had. It has to be hid for at hish rates and goes to those who can bid highwast that the available surplus to meet multiplying demands is not to be had. It has to be hid for at hish rates and goes to those who can bid highwast had been also that the part of absorption of capital by the enormous industrial expansion of the past ten years of adequate protection with the oft-repeated assertion that protection is a clog upon all business enterprise, we shall not attempt to figure out. It is enough to know that this very employment of capital in industrial production and in the payment of advancing wages to several millions of wage earners is a safety anchor in the recent Wall street collapse of inflated stock values. The fact that billions of dollars are profitably engaged in production and wage paying operates as a rock of defense against what would otherwise prove to be one of the most disastrous money panice in our history. For this let us thank the Dingley tarif.

Striking Example Related by the Late Dr. Field.

Dr. Field.

A Presbyterian clergyman was praising the late Dr. Henry Martin Field of Stockbridge, who for 44 years edited the Erangelist.

"Dr. Field did so much good," he said, "because he went about his work diplomatically, sensibly reasonably. I once heard him declare that reformers falled often because the moment they started a reform they dropped common sease. Common sease was swallowed up in seal. He said that a nerve cure faddist once entered a shop and leading the fire-prietor to one side whispered mysteriously: 'Ab, my friend, you can do the race untold good if you will only take the agency for our antitea preparation. It is warranted to cure in a, week the paost conlined, and nerve-racked test tippler. Never agent, 'You have made a mistake,' he said. (I can't take such an agency.)

"But the dealer langhed and drew away. You, have made a mistake, he said. I can't take such an agency as that. Don't you see that this is a teashop?"
"Oh, no mistake, said the reformer eagerly. It is because you run a teashop that I have sought you out. You come into constant contact with the very people we are trying to reach."

Gives Advice and Tells of Simple

At this time of year, says a well-known authority, the Kidneys become weak, clogged and inactive, failing to filter out the poisons and acids, which sour the blood, causing not only facial

sour the blood, causing not only factar and bodily emploises. But he had a bodily to a bod

in teaspoonful doses after your meals and a bediing and a bediing.

This simple home-made mixture will force the Kidneys to normal, healthy action, so they will filter and strain all uric acid and polsonous waste matter from the blood, and expel this in the urine, at the same time restoring the "full blood count"—that is, 55 per cent, red blood corpuscles—which is absolutely indispensable to perfect health.

Ten years ago a farmer put his initials on a dollar bill. The next day be went to the nearest town and spent it with a merchant. Before the year was out he got the dollar back. Four times in six years the dollar came back to him for produce and three times he heard of it in the pocket of his neighbors.

nim for produce and three times the heard of it in the pocket of his neighbors.

The last time he got it back four years and the ent it to a mail order and the last time he will be a mail to the last time he here has seen that dollar alace, and never will. That dollar bill will never pay any more school or road tax for him, will never build or brighten any of the homes of the community. He sent it entirely out of the circle of usefulness to himself and his neighbors.

Patronize your local merchant who helps you to pay your taxes, support your schools and churches, and lends a helping hand in times, of sickness and trouble.

and trouble.

No Offense.

First Stranger (on train)—Do you ever quarrel with your wife? Second Stranger—New Forth Stranger—Liave any trouble with the bireager—No me.

First Stranger—Don't your children worry you at times?

Second Stranger—No, indeed.

First Stranger—So, indeed.

First Stranger—So, indeed.

Light on a liar, but—

Second Stranger—Ob, that's all right. I'm a backelor.

APPENDICITIS.

APPENDICITIS.

Not at All Necessary to Operate in Many Cases.

Automobiles and Appendicitis scare some people before they are bit. Appendicitis is often caused by too much starch if the bowels. Starch is hard to digest and clogs up the digestive machinery—also tends to form cakes in the cecum. (That's the blind pouch at entrance to the appendix.) A N. H. girl had appendixifs, but lived on milk for awhile—then Grape-Nuts and got well without an operation.

She says: "Pive years ago while at school, I suffered terribly with constituation and indigestion." (Too much starch, while bread, potatoes, etc., which she did not digest.)
"Soon after I left school I had an attack of appendicitis and for thirteen weeks lived on milk and water. When I recovered enough to eat solid food there was nothing that would agree with me, until a friend recommended Grape-Nuts.

entirely and now I am like a new person."

(A little Grape-Nuts dissolved in hot
water or milk would have been much
better for this case than milk alone,
for the starchy part of the wheat and
barley is changed into a form of digestable sugar in making Grape-Nuts.)
Name given by Postum Co., Battle
Creek, Mich. Read the little book,
'The Road to Wellville," in pkga.
"There's a Reason."

wenty-five Bushels Wheat and Fort five Bushels Oats Per Acre Are in Western Canada.

Saticoati, Sask.,

Saticoati, Sask.,

Saticoati, Sask.,

Saticoati, Sask.,

Dear Sir.

I willingly give you the result of my four and a half years' experience in the District of Saticoats.

Previous to coming here I farmed in Baldwin, St. Croix County, Wisconsin, and as I have heard a great deal about the Canadian North-West, I decided to take a trip, there and use the country for mysaff. I was so impressed with the richness of the soil that I bought half a section of land about five miles from the town of Saltcoats. I moved on no the land the following June and that year broke 90 acres, which I cropped in 1994, and had 35 bushels wheat per acre. In 1906, with an acreage of 160 acres, I had 24 bushels wheat and 35 bushels of oats per acre. In 1906, with 115 acres under tunchels of oats per acre. In 1906, with 115 acres under tunchels of oats per acre. In 1906 with 115 acres under tunchels of oats per acre. In 190

Yours truly,
(Signed) O. B. OLSON.
Write to any Canadian Government
Agent for literature and full particu-

AGE TOLD BY THE PULSE.

From Birth to Death the Beats Have a Steady Decrease.

a Steady Decrease.

How old are you? Ask your pulse. The human pulse has a wide range, even in perfectly healthy persons. The female pulse always beats faster than the male, and from birth to death the pulse beats steadily decrease. It has been said by great authorities that the age and ser of a person could be ascertained by the rate of the pulse alone. Hables at birth have a pulse beat of 160 times a minute in case of a first steady of the pulse beats will have fall-on respectively to 110 and 100. Maldens' and youth' pulses average \$5 and \$9. Mature men and women average \$6 and 75. Elderly men and women have an average of 60 and 50. An old woman's pulse rarely, if ever, sinks below 50, but among men a pulse beat suite common. There are, however, great variations consistent with health. Napoleon's pulse is said to have beaten only 44 times a minute.

Tells a Story of Awful Suffering and Wonderful Relief.



Tells a Story of Awful Suffering and Wonderful Relief.

Mrs. J. D. Johnson, of 607 West Hickman St., Columbia, Mo. sayz:
"Following an apperation two years ago, dropay set in, and my left side was so swellen the dector said he would have to tap out the water. There was constant pain and a surgling sensation around my heart, and I could not make the sensation around my heart, and I could not too frequent. On the advice with the sense of the sen

Queen's Most Prized Decoration

Queen's Most Prized Decoration.

One of the decorations of which the queen of Portugal is proudest is the medial of the Birthie Humane society, which she was asked to accept after she had leaped into the harbor at Lisbon and saved a drowing man. On all great occasions this decoration is to be seen pinned on her dress. Her majesty, who is a sister of the Duchessed Aosta, recently visiting us, is another special favorite of the royal family, and, like her sister, was born at York House. Pieckenham. Queen Amelia was one of the very first women to qualify herself as an M. She laughtingly tells her friends that her most trying patient is King Carrios, whom for years she has tried to diet for "too soild flesh".—Tit-liits.

Back to the Club.

Back to the Club.

Back to the Club.

The honeymoon was on the ragged edge of the last chapter.

"My dear," said the ex-bachelor, "I believe I'll teach you to play carda.

"That will be just too lovely for anything darling," rejoined the young wife. What game will you teach will be promised to love hone, and pay the groceryman.

The exeguitve board of the Westey brotheyhood has referred to its general convention to be held in October, 1907, the resolutions from the Brotheyhood of St. Paul requesting the pointment of a comment of a comment of a comment of the will be a small project on the Brotheyhood of St. Paul requesting the pointment of a comment of a comment of a comment of the will be a small project on the Brotheyhood the will be small project with a similar the will be small project on the Brotheyhood to St. Paul requesting the unification of Methodist brotherhoods.

It's usually the man who has some-

HENS KNEW THEIR BUSINESS. Never Would They Lay Anything but the Freshest of Eggs.

There is a German dairyman and farmer, whose place is not far from Philadelphia, who greatly plumes him-self upon the absolute superiority of his products above all others in the

self upon the absolute superson, whis products above all others is the vicinity.

On one occasion he personally applied to a Germantown housekeeper for a transfer of her custom to himself. "I hears dot you haf a lot of drouble with dot dairyman of yours," he said. "Yust you gif me your gustom and der vill be no drouble." "Are your eggs always fresh!" asked the woman.

"Fresh!" repeated the German, in an indignant tone. "Let me dell you, madam, dot my hens nefer, nefer lay anything but fresh eggs!"

Aatoniahed the Professors.

Astonished the Professors.
At a recent examination a British
candidate in the London College of
Music defined a musical interval as
"a short pause for refreshments."

THIN, NERVOUS PEOPLE NEED

THE TONIC TREATMENT.

This Woman Took Dr. Williams' Pink
Pillis, Gained Thirty Pounds and
How The Tourney Would Ever Since.

How many women—and, recline in
health which the ordinary remedies
seem annable to check! How many hashands see their wives wasting away,
standily losing health and beauty, and
are powerless to Jalpi Consumption
debilitated systems easy przy, for the
lowered vitality is unequal to the task of
fighting off the infection of these diseases
to which most of us are almost daily exposed.

presentated systems easy prey, for the lowered vitality is menual to the task of tighting off the infection of these diseases to be a second of the system o



SMALL PILL. SMALL DOSE. SMALL PRICE





